

**2018 CLASS 4A STATE QUALIFYING CROSS COUNTRY ASSIGNMENTS**

**CEDAR RAPIDS, KENNEDY**

**Mgr: Aaron Stecker, AD**  
Cedar Falls  
Cedar Rapids Jefferson  
Cedar Rapids Washington  
Cedar Rapids, Kennedy  
Clinton  
Dubuque, Senior  
Epworth, Western Dubuque  
Iowa City, City  
Linn-Mar, Marion  
Muscatine

**INDIANOLA**

**Mgr: Lee Nelson, AD**  
Ankeny  
Des Moines, Abraham Lincoln  
Des Moines, East  
Des Moines, Hoover  
Des Moines, North  
Des Moines, Roosevelt  
Dowling Catholic, West Des Moines  
Indianola  
Ottumwa  
Southeast Polk

**LEWIS CENTRAL**

**Mgr: Mike Hale, AD**  
Council Bluffs, Abraham Lincoln  
Council Bluffs, Thomas Jefferson  
Johnston  
Lewis Central  
Sioux City, East  
Sioux City, North  
Sioux City, West  
Urbandale  
Valley, West Des Moines

**MARSHALLTOWN**

**Mgr: Rollie Ackerman, AD**  
Ames  
Ankeny Centennial  
Fort Dodge  
Iowa City, West  
Marshalltown  
Mason City  
Newton  
Waterloo  
Waukee

**PLEASANT VALLEY**

**Mgr: D'Anne Kroemer, AD**  
Bettendorf  
Burlington  
Davenport, Central  
Davenport, North  
Davenport, West  
Dubuque, Hempstead  
Iowa City, Liberty  
North Scott, Eldridge  
Pleasant Valley  
Prairie, Cedar Rapids