

# 2003 IOWA BOYS' STATE

Drake University, Des Moines, Iowa

MAY 30-31

## CLASS 4A RESULTS

FRIDAY WEATHER: MORNING - Meet started with 80 degree temperatures and 50% humidity. Wins from South at 10-12 mph.  
FRIDAY AFTERNOON WEATHER- Temp of 92 degrees at 3 p.m. which is the warmest day of 2003. Strong gusting winds from 20-35 degrees. Sunny skies.

SATURDAY WEATHER: MORNING - Cool temperature of 60 degrees with strong winds from from North at 13-18 mph. Cloudy skies. SATURDAY WEATHER - Warmed up to 73 degrees and winds calmed to 8-10 mph from Northeast. Mostly sunny skies.

Software by Track-on-a-Mac...1-707-538-5614

5/31@5:24 PM

### Class 4A 100 Meter Dash Finals

Wind:

1	Andy Brodell, Ankeny	10.73
2	Terry Gantt, Cedar Rapids Washington	10.88
3	Araf Evans, Cedar Rapids Jefferson	10.98
4	London Hayes, Des Moines East	10.99
5	Quincy Christie, Sioux City West	11.04
6	James Smith, CB	11.25
7	Ed Gregory, Council Bluffs Abraham Lincoln	11.26
8	Dorian Clark, Waterloo West	11.31

### Preliminary Heat 1

Wind:

1	Terry Gantt (JR), Cedar Rapids Washington	10.91
2	London Hayes (JR), Des Moines East	11.08
3	Ed Gregory (JR), Council Bluffs Abraham Lincoln	11.29
4	Cody Jaminet (SR), Sioux City East	11.38
5	Casey Dean (JR), North Scott Eldridge	11.54
6	Reggie Carter (SO), Cedar Rapids Kennedy	11.66
	Ashton Winchel (JR), Iowa City West	DNS
	Micah Washington (SR), Burlington	DNS

### Preliminary Heat 2

Wind :

1	Andy Brodell (JR), Ankeny	10.93
2	Quincy Christie (FR), Sioux City West	11.13
3	Ashland Grady (JR), Dowling West Des Moines	11.32
4	Landon Moss (SO), Boone	11.47
5	Tony Sturgell (JR), Iowa City City	11.75
	Jason Scales (JR), Valley West Des Moines	DNS
	Robert Thompson (SO), Des Moines East	DNS
	Terrance Reid (JR), Davenport Central	DNS

### Preliminary Heat 3

Wind :

1	Araf Evans (SR), Cedar Rapids Jefferson	11.10
2	Dorian Clark (SR), Waterloo West	11.20
3	James Smith (SO), Council Bluffs Thomas Jefferson	11.22
4	Jordan Davidson (SR), Davenport North	11.47

	Jerrold Gaskill (SO), Valley West Des Moines	DNS
	Aaron Cawthorn (SR), Des Moines Roosevelt	DNS
	Rob Duwa (SR), Iowa City City	DNS
	Todd Blythe (SR), Indianola	DNS

### Class 4A 200 Meter Dash Finals

Wind:

1	Andy Brodell (JR), Ankeny	21.58
2	Terry Gantt (JR), Cedar Rapids Washington	21.99
3	Araf Evans (SR), Cedar Rapids Jefferson	22.30
4	Isaac Dickson (SR), Prairie Cedar Rapids	22.31
5	Todd Blythe (SR), Indianola	22.38
6	Terrance Reid (JR), Davenport Central	22.52
7	Shavar Lee (JR), Des Moines East	23.36
	Quincy Christie (FR), Sioux City West	DQ

### Preliminary Heat 1

Wind:

1	Andy Brodell (JR), Ankeny	21.66
2	Terry Gantt (JR), Cedar Rapids Washington	21.95
3	James Johnson (SR), Waterloo West	22.80
4	Victor Hall (FR), Iowa City West	23.05
	Yawusa Kinda (JR), Des Moines Roosevelt	DNS
	Ryan Grenko (JR), Iowa City City	DNS
	Ben Lueth (SO), Ames	DNS
	Casey Dean (JR), North Scott Eldridge	DNS

### Preliminary Heat 2

Wind :

1	Isaac Dickson (SR), Prairie Cedar Rapids	22.03
2	Terrance Reid (JR), Davenport Central	22.23
3	Araf Evans (SR), Cedar Rapids Jefferson	22.24
4	Shavar Lee (JR), Des Moines East	22.58
5	Luke Shaw (SR), North Scott Eldridge	22.69
6	Aaron Johnson (SR), Des Moines Lincoln	22.89
7	Micah Washington (SR), Burlington	24.58
	Jason Scales (JR), Valley West Des Moines	DNS

### Preliminary Heat 3

Wind :

1	Quincy Christie (FR), Sioux City West	21.94
2	Todd Blythe (SR), Indianola	22.34
3	Chris Gee (SR), Clinton	22.70
4	Raph Montag (JR), Boone	22.81
5	Ashton Winchel (JR), Iowa City West	22.96
6	Mike Smith (FR), Sioux City North	23.02
	Jerrod Gaskill (SO), Valley West Des Moines	DNS
	Charles Shook (SO), Des Moines Lincoln	DNS

### Class 4A 400 Meter Dash Finals

Wind:

1	Yawusa Kinda (JR), Des Moines Roosevelt	47.96
2	Terrance Reid (JR), Davenport Central	48.80
3	Isaac Dickson (SR), Prairie Cedar Rapids	48.94
4	Ryan Grenko (JR), Iowa City City	49.46
5	Todd Blythe (SR), Indianola	49.94
6	Mike Zmuda (SR), Clinton	50.06
7	Joey Robinson (SR), Cedar Falls	50.53
8	Aaron Johnson (SR), Des Moines Lincoln	51.37

### Preliminary Heat 1

Wind:

1	Yawusa Kinda (JR), Des Moines Roosevelt	48.60
2	Andy Brodell (JR), Ankeny	50.63
3	Alvin Vesey (SR), Bettendorf	50.75
4	Michael Kies (SO), Wahlert Dubuque	53.02
	Phil McCullough (SR), Valley West Des Moines	DNS
	Ben Lueth (SO), Ames	DNS
	Carlton Reed (JR), Waterloo East	D
	Ryan Saunders (JR), Urbandale	DNS

### Preliminary Heat 2

Wind :

1	Isaac Dickson (SR), Prairie Cedar Rapids	48.89
2	Terrance Reid (JR), Davenport Central	49.42
3	Mike Zmuda (SR), Clinton	49.81
4	Chris Gardner (SR), Ankeny	50.98
5	Corey Hurst (JR), Dowling West Des Moines	51.99
6	James Johnson (SR), Waterloo West	54.21
	Andy Ewald (JR), Valley West Des Moines	DNS
	Steve Fink (JR), North Scott Eldridge	DNS

### Preliminary Heat 3

Wind :

1	Ryan Grenko (JR), Iowa City City	49.90
2	Aaron Johnson (SR), Des Moines Lincoln	49.94
3	Joey Robinson (SR), Cedar Falls	50.03
4	Todd Blythe (SR), Indianola	50.44
5	Zach Frazier (SR), Clinton	51.09
6	Jordan Bontrager (JR), Iowa City West	51.83
	Brent Dahlstrom (SR), Cedar Falls	DNS
	Charles Shook (SO), Des Moines Lincoln	DNS

### Class 4A 800 Meter Run Finals

Wind:

1	Zach Brower (JR), Valley West Des Moines	1:57.28
2	Jim Schwartz (SR), Des Moines Roosevelt	1:57.58

3	Tim Huegerich (JR), Ankeny	1:57.80
4	Bryan Groomes (JR), Des Moines Lincoln	1:57.93
5	Corbin Miller (FR), Marshalltown	1:59.06
6	Colin Swaney (JR), Iowa City City	1:59.14
7	Jack Ogden (JR), Cedar Rapids Washington	1:59.38
8	Tim Jordan (SR), Boone	1:59.49
9	Tyler Strand (SR), Ankeny	2:00.62
10	Kevin Oberfoell (JR), Dubuque Senior	2:00.76
11	Brian Abel (SR), Burlington	2:00.85
12	Kris Griffith (SO), Burlington	2:01.31
13	Ben White (SR), Urbandale	2:01.97
14	James Robinson (SO), Council Bluffs Abraham Lincoln	2:02.28
15	Jeremiah Yassin (JR), Des Moines East	2:02.59
16	Chad Czerwiec (SR), Muscatine	2:04.03
17	Andy Hodge (JR), Linn-Mar Marion	2:04.97
18	Peter McNamara (SR), Wahlert Dubuque	2:05.32
19	Mat Clark (SO), Ames	2:05.71
20	Jered Wells (JR), Southeast Polk Runnells	2:06.06
21	David Gott (JR), Linn-Mar Marion	2:06.68
22	Justin Paisley (SR), Clinton	2:08.40
23	Buddy Velasquez (SR), Cedar Falls	2:09.48
	Nick Shanahan (SR), Dubuque Senior	DNS

### Class 4A 1600 Meter Run Finals

Wind:

1	Andy Hodge (JR), Linn-Mar Marion	4:22.24
2	Jeremiah Yassin (JR), Des Moines East	4:22.62
3	Chris Lawson (SR), Ankeny	4:24.42
4	Kiel Uhl (SO), Des Moines Roosevelt	4:24.90
5	Austin Williamson (JR), Des Moines Roosevelt	4:26.39
6	Pete Christakos (SR), Johnston	4:28.47
7	Ryan McCurnin (JR), Mason City	4:29.61
8	Justin Vaught (SR), Valley West Des Moines	4:32.78
9	Bichok Deng (SR), Marshalltown	4:35.10
10	Jason Henderkott (SO), Bettendorf	4:35.52
11	John Crouthamel (SR), Boone	4:35.88
12	Levi Forrester (SO), Waterloo West	4:36.37
13	Danny Corken (SR), Wahlert Dubuque	4:37.69
14	Justin Paisley (SR), Clinton	4:37.69
15	Chad Czerwiec (SR), Muscatine	4:37.89
16	David Lantz (SR), Cedar Falls	4:39.94
17	Kirk Sykora (JR), Cedar Rapids Jefferson	4:42.65
18	Scott Cutler (SR), Valley West Des Moines	4:45.14
19	Jon Lamb (SR), Iowa City City	4:47.58
20	Jared Stanton (SR), Marshalltown	4:53.57
	Joe Morgan (JR), Clinton	DNF
	David Gott (JR), Linn-Mar Marion	DNS
	Kevin Oberfoell (JR), Dubuque Senior	DNS
	Joe Hejda (SR), Cedar Rapids Kennedy	DNS

### Class 4A 3200 Meter Run Finals

Wind:

1	Kiel Uhl (SO), Des Moines Roosevelt	09:26.32
2	Chris Lawson (SR), Ankeny	09:32.39
3	Bichok Deng (SR), Marshalltown	09:36.42
4	Austin Williamson (JR), Des Moines Roosevelt	09:39.84
5	Pete Christakos (SR), Johnston	09:44.60
6	Danny Corken (SR), Wahlert Dubuque	09:46.07

7	Justin Vaught (SR), Valley West Des Moines	09:50.92
8	Ryan McCurnin (JR), Mason City	09:51.23
9	Simon Thor (FR), Des Moines Lincoln	09:59.56
10	Jeff Craig (JR), Dowling West Des Moines	09:59.78
11	Skyler Nesheim (SR), Southeast Polk Runnells	10:03.05
12	Kenny Slocum (SO), Pleasant Valley	10:04.27
13	Evan Wood (SO), Bettendorf	10:05.40
14	David Lantz (SR), Cedar Falls	10:05.88
15	Joe Morgan (JR), Clinton	10:10.26
16	Levi Forrester (SO), Waterloo West	10:11.60
17	Brett Carter (FR), Indianola	10:16.83
18	Chad Czerwiec (SR), Muscatine	10:21.95
19	David Gott (JR), Linn-Mar Marion	10:27.92
20	Paul Barrett (SR), Marshalltown	10:33.88
	Dan Groepper (SR), Iowa City City	DNS
	Andy Hodge (JR), Linn-Mar Marion	DNS
	Chris Feller (SR), Dubuque Senior	DNS
	Kevin Oberfoell (JR), Dubuque Senior	DNS

### Class 4A 110 Meter Hurdles Finals

Wind:

1	Jordan Crosby (SR), Fort Dodge	14.35
2	Kennon Christian (SR), Davenport North	14.68
3	Lyle Wickham (SR), Dubuque Senior	15.06
4	Enye King (SR), Waterloo West	15.25
5	Eric Bokhoven (JR), Ames	15.40
6	Nick Nelson (JR), Cedar Falls	15.55
7	Joe Hunt (JR), Indianola	15.60
8	Phil McCullough (SR), Valley West Des Moines	16.01

### Preliminary Heat 1

Wind:

1	Jordan Crosby (SR), Fort Dodge	14.75
2	Joe Hunt (JR), Indianola	15.23
3	Eric Bokhoven (JR), Ames	15.52
4	Matt Weber (SR), Ames	15.67
5	Aaron McFarland (SR), Council Bluffs Thomas Jefferson	15.70
6	Brett Esbaum (SR), North Scott Eldridge	15.91
7	Curtis Meier (JR), Cedar Rapids Kennedy	16.33
	Tyler Sirovy (SR), Oskaloosa	DNF

### Preliminary Heat 2

Wind :

1	Kennon Christian (SR), Davenport North	14.78
2	Phil McCullough (SR), Valley West Des Moines	15.53
3	Larry Trimble (JR), Dowling West Des Moines	15.83
4	Jason Fariss (JR), Burlington	16.02
5	Jason Feipel (JR), Davenport West	16.03
6	Chad Little (JR), Marshalltown	16.31
7	Chris Cook (SR), Bettendorf	16.49
	Jason Brenny (SR), Ankeny	DNS

### Preliminary Heat 3

Wind :

1	Lyle Wickham (SR), Dubuque Senior	15.07
2	Nick Nelson (JR), Cedar Falls	15.30

3	Enye King (SR), Waterloo West	15.31
4	Shawn Olorundami (JR), Sioux City West	15.56
5	Milan Moses (SR), Waterloo East	15.62
6	Matt Metcalf (SR), Clinton	16.16
7	Todd Thieschafer (JR), Lewis Central	16.18
8	Grant McCracken (JR), Ankeny	16.42

### Class 4A 400 Meter Hurdles Finals

Wind:

1	Jordan Crosby (SR), Fort Dodge	52.77
2	Steve Fink (JR), North Scott Eldridge	53.51
3	Phil McCullough (SR), Valley West Des Moines	55.12
4	Lyle Wickham (SR), Dubuque Senior	55.13
5	Sean Bennett (JR), Clinton	56.33
6	Eric Bokhoven (JR), Ames	56.48
7	Grant Nixon (JR), Ankeny	57.43
	Kennon Christian (SR), Davenport North	DQ

### Preliminary Heat 1

Wind:

1	Jordan Crosby (SR), Fort Dodge	53.90
2	Nick Nelson (JR), Cedar Falls	56.38
3	Royce Mahoney (JR), Linn-Mar Marion	57.16
4	Jon Humston , Iowa City City	57.41
5	Barry Vaxter (JR), Iowa City West	58.07
6	Brian Hadden (SR), Oskaloosa	58.15
7	Craig Showers (SO), Council Bluffs Abraham Lincoln	59.90
	Raph Montag (JR), Boone	DNS

### Preliminary Heat 2

Wind :

1	Steve Fink (JR), North Scott Eldridge	53.83
2	Phil McCullough (SR), Valley West Des Moines	55.33
3	Lyle Wickham (SR), Dubuque Senior	56.06
4	Eric Bokhoven (JR), Ames	56.21
5	Brent Trevillyan (SR), Ames	56.76
6	Michael Kinney (SR), Mason City	58.17
7	Brett Esbaum (SR), North Scott Eldridge	58.20
	David Deng (SR), Des Moines Roosevelt	Dis

### Preliminary Heat 3

Wind :

1	Kennon Christian (SR), Davenport North	54.81
2	Sean Bennett (JR), Clinton	55.85
3	Grant Nixon (JR), Ankeny	56.09
4	Luke Miller (SO), Clinton	56.93
5	Jarod Johnson (SO), Iowa City West	57.51
6	Dennis Hammel (SO), Davenport Central	57.78
7	Tyler Sirovy (SR), Oskaloosa	58.76
8	Todd Thieschafer (JR), Lewis Central	59.03

### Class 4A 4x100 Meter Relay Finals

Wind:

1	DES MOINES EAST Scott Phaydavong, London Hayes Marque Glenn, Shavar Lee	0:42.91
2	VALLEY WEST DES MOINES Jerrod Gaskill, Aaron Chrenen Jeff Ledbetter, Jason Scales	0:43.01

3	DAVENPORT CENTRAL Ray Robinson, Elliot Ewing Lynnford Hughes, Terrance Reid	0:43.01
4	DES MOINES ROOSEVELT Troy Jones , Chris Wiemann Steve Clark , Yawusa Kinda	0:43.31
5	CEDAR RAPIDS WASHINGTON Carl Protsch, Poul Collins James Barron, Adrian Arrington	0:43.36
6	NORTH SCOTT ELDRIDGE Josh Lacey, Luke Shaw Joe Youngbauer, Casey Dean	0:43.77
7	WATERLOO EAST Terrell Gray, Dalane Morehead Roderick Bruce, Milan Moses	0:44.13
8	AMES Katintha Mwanza, Luke Chittenden Rickey Thompson, Matt Schuldies	1:00.18

### Preliminary Heat 1

Wind:

1	DES MOINES EAST Scott Phaydavong , London Hayes Marque Glenn , Shavar Lee	42.57
2	AMES Katintha Mwanza , Luke Chittenden Rickey Thompson , Matt Schuldies	42.94
3	DAVENPORT CENTRAL Ray Robinson , Elliot Ewing Lynnford Hughes , Terrance Reid	43.29
4	IOWA CITY CITY Tony Sturgell , Andrew Taylor Aaron Grove , Rob Duwa	43.71
5	IOWA CITY WEST Ross Miller , Matt Cismar Aaron Johnson , Mark Schaapveld	44.18
6	WATERLOO WEST Dorian Clark , D. J. Jackson Ryan Gerst , Enye King	44.40
7	NEWTON David Slykhuis , James Samson Justin Deegan , Jon Isgrig	44.42
8	ANKENY Jason Brenny , Matt Danner Aaron Jarosh , Justin Funk	45.40

### Preliminary Heat 2

Wind :

1	DES MOINES ROOSEVELT Aaron Cawthorn , Troy Jones Steve Clark , Yawusa Kinda	43.00
2	CEDAR RAPIDS WASHINGTON Carl Protsch , Poul Collins James Barron , Adrian Arrington	43.28
3	NORTH SCOTT ELDRIDGE Josh Lacey , Luke Shaw Joe Youngbauer , Casey Dean	43.29
4	DOWLING WEST DES MOINES Ashland Grady , Thomas Sherzan Toni Tursi , Darryl Hunter	43.57
5	INDIANOLA Tyler Mark , Keith Butler Breck Westerly , Todd Blythe	43.73
6	SIOUX CITY NORTH Mike Smith , Dillon Allen Tadashi Abe , Deric Manrique	44.22

7	BOONE Landon Moss , Tony Condon Erik Tripp , Raph Montag	44.43
8	JOHNSTON Ben Bjorholm , Andrew Doudna Jon Evans , Joel Quick	45.05

### Preliminary Heat 3

Wind :

1	VALLEY WEST DES MOINES Jerrod Gaskill , Aaron Chrenen Jeff Ledbetter , Jason Scales	43.11
2	WATERLOO EAST Terrell Gray , Dalane Morehead Roderick Bruce , Milan Moses	43.53
3	CEDAR FALLS Darnell Caston , Kyle Duchman Chris Olsen , Jonathon Zanders	44.00
4	COUNCIL BLUFFS THOMAS JEFFERSON Blake Behrens , Jason Caton Kyle Webster , James Smith	44.36
5	DAVENPORT NORTH Nick Rashall , Kennon Christian Marquail Houston , Jordan Davidson	44.48
6	SOUTHEAST POLK RUNNELLS David Brunk , Chris Brubaker Chris Hyler , Justin Colbert	44.64
7	CEDAR RAPIDS JEFFERSON Tyler Born , Mike Tierney Ashton Northern , Eric LeClere	45.45
8	PRAIRIE CEDAR RAPIDS Spencer Stumpff , Jason Kohl Glen Fox , T. J. Collins	46.27

### Class 4A 4x200 Meter Relay Finals

Wind:

1	DES MOINES EAST Scott Phaydavong , London Hayes Shavar Lee , Marque Glenn	1:29.35
2	AMES Katintha Mwanza , Matt Schuldies Angelo Taylor , Ben Lueth	1:29.68
3	VALLEY WEST DES MOINES Jerrod Gaskill , Aaron Chrenen Jeff Ledbetter , Jason Scales	1:30.05
4	IOWA CITY WEST Ross Miller , Bobby Windauer Victor Hall , Ashton Winchel	1:31.79
5	CLINTON Chris Gee , Blake Raun Ryan Borgwardt , Zach Frazier	1:32.48
6	IOWA CITY CITY Rob Duwa , Aaron Grove Scott Knight , Tony Sturgell	1:33.25
	CEDAR RAPIDS WASHINGTON Poul Collins , Adrian Arrington James Barron , Terry Gantt	DQ
	CEDAR FALLS Chris Olsen , Kyle Duchman James Lyle , Jonathon Zanders	DNF

### Preliminary Heat 1

Wind:

1	DES MOINES EAST Scott Phaydavong , London Hayes Shavar Lee , Marque Glenn	1:30.38
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2	IOWA CITY WEST Ross Miller, Bobby Windauer Victor Hall, Ashton Winchel	1:31.08
3	IOWA CITY CITY Rob Duwa , Aaron Grove Tony Sturgell , Ryan Grenko	1:31.86
4	NORTH SCOTT ELDRIDGE Josh Lacey, Luke Shaw Joe Youngbauer, Casey Dean	1:33.02
5	DUBUQUE SENIOR Jayme Murphy, Joe Reichle Will Bohle, Cody Decker	1:33.37
6	DUBUQUE HEMPSTEAD Danny Rojab , Zach Dillon Jason Rice , B. J. Eiben	1:33.78
	DES MOINES ROOSEVELT Troy Jones , Chris Wiemann Steve Clark , Mike Brown	DIS
	BOONE Landon Moss, Tony Condon Erik Tripp, Raph Montag	DIS

### Preliminary Heat 2

Wind :

1	AMES Katintha Mwanza, Matt Schuldies Angelo Taylor, Ben Lueth	1:29.76
2	VALLEY WEST DES MOINES Jerrod Gaskill, Aaron Chrenen Jeff Ledbetter, Jason Scales	1:30.27
3	CEDAR FALLS Chris Olsen , Kyle Duchman James Lyle , Jonathon Zanders	1:31.42
4	DAVENPORT CENTRAL Marcus Heald, Elliot Ewing Lynnford Hughes, Ray Robinson	1:32.68
5	WATERLOO EAST Dalane Morehead, Roderick Bruce Everett Roberts, Carlton Reed	1:33.58
6	DES MOINES LINCOLN Bart Stockard, Robert Best Darrick Nelson, Bryan Groomes	1:35.56
7	BETTENDORF David Anderson , Justin Harris, Euseph Messiah, Alvin Vesey	1:36.10
	INDIANOLA Tyler Mark, Keith Butler John Williams, Breck Westerly	DIS

### Preliminary Heat 3

Wind :

1	CEDAR RAPIDS WASHINGTON Poul Collins, Adrian Arrington James Barron, Terry Gantt	1:29.21
2	CLINTON Chris Gee, Blake Raun Ryan Borgwardt, Zach Frazier	1:31.59
3	WATERLOO WEST Dorian Clark, James Johnson D. J. Jackson, Mano Bradfield	1:31.91
4	COUNCIL BLUFFS THOMAS JEFFERSON Jason Caton, Kyle Webster Blake Behrens, James Smith	1:32.77
5	FORT DODGE Kyle Messerly, Carson Ruge Chris Douglas, Luke Donney	1:32.77

6	ANKENY Jeff Lanning, Matt Danner Aaron Jarosh, Justin Funk	1:33.59
7	CEDAR RAPIDS JEFFERSON Justin Blietz , Eric LeClere John Gill , Mike Tierney	1:35.40
8	JOHNSTON Jon Evans , Ben Bjorholm Jason Ward , Pat Ryerson	1:36.69

### Class 4A 4x400 Meter Relay Finals

Wind:

1	ANKENY Chris Gardner , Grant Nixon Jeff Lanning , Andy Brodell	3:22.24
2	CLINTON Chris Gee, Blake Raun Zach Frazier, Mike Zmuda	3:23.26
3	VALLEY WEST DES MOINES Jeff Ledbetter, Dan Dickmeyer Phil McCullough, Andy Ewald	3:23.53
4	IOWA CITY WEST Jordan Bontrager, Bobby Windauer Victor Hall, Ashton Winchel	3:23.94
5	AMES Angelo Taylor, Josh Inyang Eric Bokhoven, Ben Lueth	3:24.54
6	CEDAR FALLS Nick Nelson , Zach Homewood Brent Dahlstrom , Joey Robinson	3:26.13
7	LINN-MAR MARION Paul Taylor, Cam Michels Matt Janechek, Royce Mahoney	3:30.05
8	DES MOINES EAST Gabe Hibben, Marque Glenn Kenny Phaydavong, Scott Phaydavong	3:34.50

### Preliminary Heat 1

Wind:

1	CEDAR FALLS Joey Robinson , Brent Dahlstrom Nick Nelson , Jonathon Zanders	3:25.81
2	IOWA CITY WEST Jordan Bontrager , Bobby Windauer Victor Hall , Ashton Winchel	3:26.08
3	VALLEY WEST DES MOINES Jeff Ledbetter , Dan Dickmeyer Phil McCullough , Andy Ewald	3:26.56
4	LINN-MAR MARION Paul Taylor , Cam Michels Matt Janechek , Royce Mahoney	3:27.85
5	DUBUQUE SENIOR Jayme Murphy , Joe Reichle Will Bohle , Cody Decker	3:31.27
6	JOHNSTON Jon Evans , Jason Ward Joel Quick , Adrian Loffler	3:31.31
7	CEDAR RAPIDS KENNEDY Andy Schueler , John Hairston Aaron Stephens , Steve Canty	3:34.74
	URBANDALE Steven Donnelly , Andrew Trentman Kevin Koorenga , Ryan Saunders	DIS

**Preliminary Heat 2**

Wind :

1	CLINTON	3:25.48	
	Chris Gee , Blake Raun Zach Frazier , Mike Zmuda		
2	DES MOINES EAST	3:26.22	
	Gabe Hibben , Marque Glenn Kenny Phaydavong , Scott Phaydavong		
3	BETTENDORF	3:30.64	
	Alvin Vesey , Zach Young Pat Conrad , Chris Ivory		
4	DES MOINES ROOSEVELT	3:33.44	
	Chris Wiemann , David Deng Joe Meja , Mike Brown		
5	DAVENPORT CENTRAL	3:34.97	
	Lynnford Hughes , Dennis Hammel Rodney Hudson , Ray Robinson		
6	NORTH SCOTT ELDRIDGE	3:37.18	
	Ben Dose , Shaun Logan Dave Kietzman , Dallas Cawiezell		
7	LEWIS CENTRAL	3:38.30	
	Adam Mauer , Jacob Cooney Todd Thieschafer , Aaron Jones		
	FORT DODGE		D
	Tyler Norine , Luke Donney Jamie Udeze , Jordan Crosby		

**Preliminary Heat 3**

Wind :

1	AMES	3:26.84	
	Angelo Taylor , Josh Inyang Eric Bokhoven , Ben Lueth		
2	ANKENY	3:29.28	
	Jeff Lanning , Tim Huegerich Tyler Strand , Chris Gardner		
3	PRAIRIE CEDAR RAPIDS	3:30.00	
	Jason Kohl , T. J. Collins Glen Fox , Isaac Dickson		
4	IOWA CITY CITY	3:30.49	
	Pat Barry , Jack Butler Jon Humston , Phil George		
5	DUBUQUE HEMPSTEAD	3:31.07	
	Jason Rice , Zach Dillon Brad Willenbring , B. J. Eiben		
6	COUNCIL BLUFFS THOMAS JEFFERSON	3:35.62	
	Jesse Toman , James Smith Mike Corrill , Josiah Volentine		
7	CEDAR RAPIDS JEFFERSON	3:36.69	
	Mike Tierney , Kyle Walker Josh Haines , Jeff Foster		
8	DES MOINES LINCOLN	3:47.90	
	Bart Stockard , Mark Davis Mike Adams , Bobong Puil		

**Class 4A 4x800 Meter Relay Finals**

Wind:

1	ANKENY	7:55.88	
	Chris Gardner , John Nannas Tyler Strand , Tim Huegerich		
2	IOWA CITY CITY	7:59.15	
	Pat Barry , Curt Steyers Corey Mims , Colin Swaney		
3	CEDAR FALLS	8:00.25	
	Joey Robinson , Nate Hinders Zach Homewood , Buddy Velasquez		

4	URBANDALE	8:02.43	
	Steven Donnelly , Guthrie Gaylord Kevin Kooienga , Ben White		
5	LINN-MAR MARION	8:06.05	
	Shawn Freese , David Gott Nick Lindsley , Jake Witte		
6	VALLEY WEST DES MOINES	8:07.24	
	Justin Vaught , Richard Elings Paul Wiemers , Zach Brower		
7	AMES	8:08.13	
	Josh Inyang , Luke Lowry Ben Cheney , Mat Clark		
8	NORTH SCOTT ELDRIDGE	8:10.17	
	Jeff Less , Adam Fink Kyle Kundel , Steve Fink		
9	WAHLERT DUBUQUE	8:10.85	
	Jeremy Esch , Ryan Dolan Brandon Botsford , Peter McNamara		
10	SOUTHEAST POLK RUNNELLS	8:12.47	
	Jon Aldrich , Jake Wilson Skyler Nesheim , Jered Wells		
11	CEDAR RAPIDS JEFFERSON	8:17.35	
	Kyle Walker , Jeff Foster Nick Lanz , Kirk Sykora		
12	CLINTON	8:18.72	
	Luke Miller , Bryan Petersen David Strom , Derek Cassady		
13	JOHNSTON	8:19.86	
	Adrian Loffler , Cody Fritz David Fella , Tommy Avaux		
14	DUBUQUE SENIOR	8:21.33	
	Kevin Oberfoell , Chris Feller Jim Kemp , Nick Shanahan		
15	MASON CITY	8:21.38	
	Tyler Hunt , Matt Knoop Brandon Millard , Jon Payer		
16	DOWLING WEST DES MOINES	8:23.06	
	Andrew Rand , David Lantz Evan Schwartz , Jeff Craig		
17	CEDAR RAPIDS KENNEDY	8:24.93	
	Karl Wagner , John Hairston Adam McCullough , Joe Hejda		
18	COUNCIL BLUFFS THOMAS JEFFERSON	8:25.35	
	Jesse Toman , James Russell Eric McComb , Josiah Volentine		
19	DUBUQUE HEMPSTEAD	8:30.70	
	Brad Willenbring , Zach Dillon Matt Splinter , Justin Potter		
20	MARSHALLTOWN	8:36.73	
	Corbin Miller , Bichok Deng T. J. Cruikshank , Brent Cartier		
21	OTTUMWA	8:41.44	
	Aaron Heffernan , Scott Riggs Blake Wallace , Tommy Kinsinger		
22	DES MOINES EAST	8:45.68	
	Gabe Hibben , Andrew Van Gundy Nick Lange , Bryan Johnson		
23	BOONE	8:50.19	
	Chris Gaskill , Jerimi Marr Jacob Klesel , Mike Meiborg		
	DES MOINES ROOSEVELT		DNF
	Joe Yassin , Thom Walkers Jeremiah Danga , Jim Schwartz		

**Class 4A Medley Relay Finals**

Wind:

1	VALLEY WEST DES MOINES Jerrod Gaskill , Jason Scales Andy Ewald , Zach Brower	3:31.18
2	DES MOINES ROOSEVELT Aaron Cawthorn , Chris Wiemann Yawusa Kinda , Jim Schwartz	3:31.74
3	IOWA CITY CITY Rob Duwa , Aaron Grove Ryan Grenko , Colin Swaney	3:31.77
4	AMES Katintha Mwanza , Matt Schuldies Ben Lueth , Mat Clark	3:34.30
5	DES MOINES EAST Kenny Phaydavong , Davion Daniels Gabe Hibben , Jeremiah Yassin	3:34.45
6	NORTH SCOTT ELDRIDGE Luke Shaw , Casey Dean Steve Fink , Jeff Less	3:35.58
7	BOONE Tony Condon , Raph Montag Landon Moss , Tim Jordan	3:36.38
8	WAHLERT DUBUQUE Peter Link , Ryan Cosgrove Tony Jarchow , Peter McNamara	3:36.49
9	CEDAR FALLS Chris Olsen , James Lyle Zach Homewood , Nate Hinders	3:36.55
10	CEDAR RAPIDS WASHINGTON Poul Collins , Adrian Arrington Warren Suess , Jack Ogden	3:36.78
11	DUBUQUE SENIOR Joe Reichle , Will Bohle Cody Decker , Kevin Oberfoell	3:37.01
12	URBANDALE Austin Allison , Levi Kanwischer Ryan Saunders , Ben White	3:37.12
13	JOHNSTON Ben Bjorholm , Jason Ward Jon Evans , Adrian Loffler	3:37.74
14	SIOUX CITY WEST Quincy Christie , James Johnnikin B. J. Steed , Jama Farah	3:38.66
15	COUNCIL BLUFFS THOMAS JEFFERSON Jason Caton , James Smith Jesse Toman , Eric McComb	3:41.12
16	PRAIRIE CEDAR RAPIDS Spencer Stumpff , T. J. Collins Glen Fox , John Haman	3:42.31
17	LINN-MAR MARION Matt Janecek , Andy Zeal Nick Lindsley , Rod Egel	3:42.36
18	CLINTON Blake Raun , Ryan Borgwardt Mike Zmuda , Justin Paisley	3:43.15
19	BURLINGTON James King , Ian Vickers Myron Porter , Brian Abel	3:43.53
20	INDIANOLA Tyler Mark , Breck Westerly Cory Till , Colin Donahue	3:44.44
21	IOWA CITY WEST Isaac Hinton , Weston Hodge Ian Winkler , Karl Sigwarth	3:44.67

22	DES MOINES LINCOLN Bart Stockard , Darrick Nelson Aaron Johnson , Bryan Groomes	3:46.46
	ANKENY Jeff Lanning , Justin Funk Chris Gardner , Tim Huegerich	DNF
	SIOUX CITY NORTH Mike Smith , Deric Manrique Dillon Allen , Chad Porsch	DQ

**Class 4A High Jump Finals**

1	Steve Canty (SR), Cedar Rapids Kennedy	6'06" (1.98m)
2	Milan Moses (SR), Waterloo East	6'04" (1.93m)
2	Ryan Niver (SR), Mason City	6'04" (1.93m)
4	Jeremy Petsche (JR), Lewis Central	6'04" (1.93m)
5	Justin Meints (SR), Boone	6'04" (1.93m)
6	Jason Kohl (SR), Prairie Cedar Rapids	6'02" (1.88m)
6	Todd Blythe (SR), Indianola	6'02" (1.88m)
8	David Kummer (SR), Cedar Rapids Washington	6'02" (1.88m)
8	Mitch Bass (SR), Waterloo West	6'02" (1.88m)
10	Chris Gee (SR), Clinton	6'00" (1.83m)
11	Dallass Jones (SR), Southeast Polk Runnells	6'00" (1.83m)
12	Caleb Recker (SR), Iowa City City	6'00" (1.83m)
12	Shaun Logan (JR), North Scott Eldridge	6'00" (1.83m)
12	Chris Johnson (SO), Council Bluffs Abraham Lincoln	6'00" (1.83m)
12	Jason Bice (SR), Bettendorf Will Bohle (SR), Dubuque Senior	6'00" (1.83m)

**Class 4A Long Jump Finals**

1	Jordan Crosby (SR), Fort Dodge	22'06.25" (6.86m)
2	Ashton Winchel (JR), Iowa City West	22'06.00" (6.86m)
3	Deric Manrique (JR), Sioux City North	22'03.00" (6.78m)
4	Justin Deegan (SR), Newton	21'08.50" (6.62m)
5	Ryan Borgwardt (SR), Clinton	21'06.75" (6.57m)
6	Greg Deal (SR), Iowa City City	21'06.50" (6.57m)
7	Malcom Bevel (JR), Waterloo East	21'02.25" (6.46m)
8	Andy Schueler (JR), Cedar Rapids Kennedy	21'00.50" (6.41m)
9	Justin Funk (JR), Ankeny	21'00.00" (6.40m)
10	Jordan Davidson (SR), Davenport North	21'00.00" (6.40m)
11	Quincy Christie (FR), Sioux City West	20'10.25" (6.36m)
12	London Hayes (JR), Des Moines East	20'09.00" (6.32m)
13	Elliot Ewing (SR), Davenport Central	19'09.75" (6.04m)
14	Alvin Vesey (SR), Bettendorf Terrance Reid (JR), Davenport Central Charles Shook (SO), Des Moines Lincoln	19'06.75" (5.96m)

**Class 4A Shot Put Finals**

1	Darryl Hunter (SR), Dowling West Des Moines	58'09.5" (17.92m)
2	Alex Willcox (SR), Valley West Des Moines	56'01.75" (17.11m)
3	Chase Madison (JR), Newton	55'08.25" (16.97m)
4	Kenny Keith (SR), Ottumwa	55'00.75" (16.78m)
5	Brandon Franklin (SR), Des Moines Hoover	54'02" (16.51m)
6	Julian Vandervelde (FR), Davenport Central	52'06.75" (16.02m)
7	Lucas Cook (JR), Davenport West	52'01" (15.88m)

8	Jordan Pinckney (JR), Cedar Rapids Washington	51'02.50" (15.61m)
9	Matt Wood (SR), Ottumwa	49'00" (14.94m)
10	Marcus Brand (SR), Davenport West	48'05" (14.76m)
11	Cody Lees (SR), Burlington	47'05" (14.45m)
12	Nick Merrick (SR), Waterloo East	45'06" (13.87m)
13	Jeff McQuinn (SR), Lewis Central	44'03" (13.49m)
14	Mark Schaapveld (JR), Iowa City West	3
14	Munib Sana (SR), Sioux City North Nick Bessman (SR), Ames	3

**Class 4A Discus Finals**

1	Brandon Franklin (SR), Des Moines Hoover	180'01" (54.89m)
2	Chase Madison (JR), Newton	172'00" (52.43m)
3	Darryl Hunter (SR), Dowling West Des Moines	171'02" (52.17m)
4	Marcus Brand (SR), Davenport West	162'08" (49.58m)
5	Michael Sabers (JR), Iowa City City	157'11" (48.13m)
6	Austin Postler (JR), Iowa City West	157'05" (47.98m)
7	Joel Gilson (SO), Urbandale	155'05" (47.37m)
8	Mitch Jansen (SR), North Scott Eldridge	153'01" (46.66m)
9	Jared Modlin (SR), Newton	147'07" (44.98m)
10	Chad Rinehart (SR), Boone	146'11" (44.78m)
11	Dallas Cawiezell (JR), North Scott Eldridge	146'09" (44.73m)
12	Stewart Nelson (SR), Johnston	145'09" (44.42m)
13	Andy Payton (JR), Waterloo West	142'07" (43.46m)
14	Munib Sana (SR), Sioux City North	131'11" (40.21m)
15	Ben McCracken (SR), Iowa City City	131'05" (40.06m)
16	Jordan Pinckney (JR), Cedar Rapids Washington	128'01" (39.04m)