

CLASS 4A DISTRICT CROSS COUNTRY ASSIGNMENTS

Site: Cedar Falls
Manager: Gary Koenen

CEDAR FALLS
CEDAR RAPIDS, JEFFERSON
CEDAR RAPIDS, KENNEDY
CEDAR RAPIDS, WASHINGTON
DUBUQUE, HEMPSTEAD
DUBUQUE, SENIOR
LINN-MAR, MARION
PRAIRIE, CEDAR RAPIDS
WATERLOO, EAST
WATERLOO, WEST

Site: Indianola
Manager: Bernie Brueck

DES MOINES, HOOVER
DES MOINES, LINCOLN
DES MOINES, ROOSEVELT
DOWLING CATHOLIC, WDM
INDIANOLA
OTTUMWA
URBANDALE
VALLEY, WEST DES MOINES
WAUKEE

Site: Kuemper, Carroll
Manager: Bob Urwin

ANKENY
COUNCIL BLUFFS, ABRAHAM LINCOLN
COUNCIL BLUFFS, THOMAS JEFFERSON
FORT DODGE
JOHNSTON
KUEMPER CATHOLIC, CARROLL
LEWIS CENTRAL
SIOUX CITY, EAST
SIOUX CITY, NORTH
SIOUX CITY, WEST

Site: Marshalltown
Manager: Tim Bell

AMES
BOONE
DES MOINES, EAST
DES MOINES, NORTH
IOWA CITY, WEST
MARSHALLTOWN
MASON CITY
NEWTON
SOUTHEAST POLK, RUNNELLS

Site: Pleasant Valley
Manager: Randy Teymer

BETTENDORF
BURLINGTON
CLINTON
DAVENPORT, CENTRAL
DAVENPORT, NORTH
DAVENPORT, WEST
IOWA CITY, CITY HIGH
MUSCATINE
NORTH SCOTT, ELDRIDGE
PLEASANT VALLEY