



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

Baseball Memo #5

May 15, 2026

1. Sportsmanship

As we officially start games, please keep sportsmanship as a main point of emphasis in your program, and work to ensure bench decorum, player conduct, coach conduct, and spectator behavior remain positive and do not take away from the action between the lines. Iowa High School Baseball provides an opportunity to teach lessons beyond the game, and we ask all coaches to lead by example by promoting respect, integrity, self-control, teamwork, and pride in representing their school and community.

2. Suspended Contest Data Entry

It would not be the start of the baseball season without Mother Nature potentially throwing a curveball at us right away in week one. If a contest is suspended, stats and pitch counts will still need to be entered into Bound, and the days of rest associated with those pitch counts will still apply; please follow the instructions included [HERE](#) to enter pitch counts and other game stats when a contest is suspended due to weather.

3. Playing Dates

With this being year two of the 24 playing date limitation to play 40 games, I wanted to clarify a few questions that have come up:

- A) If a team is playing in a 2 consecutive day tournament, it shall count as one playing date, which would be aligned with other sports that have a playing dates limitation.
- B) If play is suspended due to the weather and rescheduled, it would not be an additional date to reschedule. Even if 1 of the 2 games of the DH was completed.
- C) If a game is completed and game two of the DH is not rescheduled it would still count as a playing date since one contest was played to completion.
- D) If play is suspended, no game is completed, and it is not rescheduled, it would not count as one of the 24 playing dates
- E) We will not grant a “waiver” for teams to exceed the 24 playing date limitation. **If your school reaches the end of the regular season and has played over their date/game limitation; they risk the possibility of not being included in our post-season tournament series.**

4. Classifications

Final baseball classifications are now posted [HERE](#). No added or discontinued sharing agreements will be accepted at this point unless it does not alter these final classifications.

5. Pitch Count

Coaches are responsible for monitoring pitch count limits throughout the 2026 season: grades 10-12 are limited to 180 pitches per week during the first three weeks, and grades 8-9 are limited to 150 pitches per week all season. Resources are on the [Baseball Page](#) of our website as well to avoid violations. All daily limitations are clearly laid out in our [Manual: Baseball \(ihsaa.org\).Pitch Count Form](#) available to use on our website as well as Pitch Count Spreadsheet [Pitch Count Spreadsheet](#)

- o Forms are view only but by downloading a copy, you will be able to edit.
- o Contact our office with any questions or clarifications on this.