

Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

Performance List

Event 6 Boys 100 Meter Dash 3A Prelims

Thursday 5/21/2026 - 6:53 PM

State Meet: 10.40 5/16/2024 Brevin Doll, ADM, Adel

All-Time: 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Seed	Time
1	Garbieno Weno	12 Storm Lake	10.74	1
2	William Weichert	12 Algona	10.83	2
3	Beckett Verros	11 SB-Luton	10.83	3
4	Justin Ehlers	10 SB-Luton	10.90	4
5	Ryan Bair	12 Keokuk	11.11	1
6	Kellan Harter	12 Grinnell	11.14	1
7	Keysean Wilson	10 W Delaware	11.17	1
8	Harrison Mullens	12 Pella	11.19	2
9	Dalton Koerselman	10 MOC-FV	11.21	5
10	Wyatt Swanson	12 Winterset	11.23	1
11	Ben Francis	12 Wahlert, Dub	11.24	2
12	Victor Ward	12 Charles City	11.25	1
13	AJ Maloney	12 CPU	11.26	1
14	Isaac Smith	12 Clear Lake	11.32	2
15	Tanner Twedt	11 Gilbert	11.33	2
16	Colton Neal	09 Marion	11.38	3
17	Tay Seals	11 Clear Crk-Amana	11.42	2
18	Jaxson Buum	10 Spencer	11.42	6
19	Kyler Gifford	12 Knoxville	11.44	3
20	Einar Stecher	12 Solon	11.45	3
21	Kurt Joy	10 Keokuk	11.46	4
22	Zane Johnson	10 ADM, Adel	11.54	1
23	Tristan Ludwig	12 Glenwood	11.59	2
24	Marquis Olson	12 Waverly-SR	11.63	2

Event 14 Boys 200 Meter Dash 3A Prelims

Thursday 5/21/2026 - 4:50 PM

State Meet: 21.10 5/16/2024 Brevin Doll, ADM, Adel

All-Time: 20.80 1994 Tim Dwight, Iowa City High

Name	Year	School	Seed	Time
1	Garbieno Weno	12 Storm Lake	21.33	1
2	Evan Allie	12 Algona	21.60	2
3	Kolby Hodnefield	12 Clear Lake	21.82	1
4	Tate Garman	12 Algona	21.87	3
5	Kellan Harter	12 Grinnell	21.92	1
6	Ryan Bair	12 Keokuk	22.07	1
7	Wyatt Swanson	12 Winterset	22.16	1
8	Rylan Peters	12 Waverly-SR	22.16	1
9	Hunter Pearson	12 SB-Luton	22.22	4
10	Alexander Brown	12 Central DeWitt	22.22	1
11	Harrison Mullens	12 Pella	22.27	2
12	Tanner Twedt	11 Gilbert	22.28	2
13	Paul Marpe	12 Gilbert	22.34	3
14	Beckham Simon	11 West Liberty	22.38	2
15	Zane Johnson	10 ADM, Adel	22.40	1
16	Dylan Timmer	12 Spencer	22.41	5

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Event 14 ... (Boys 200 Meter Dash 3A Prelims)

Name	Year	School	Seed Time	
17 Victor Ward	12	Charles City	22.43	2
18 Ethan McNeal	11	Atlantic	22.54	2
19 Matthew Danninger	12	Marion	22.56	2
20 Keshawn Wyldon	12	Burlington	22.60	2
21 Kashton Grimm	10	Vinton-Shellbrg	22.61	3
22 Eli Kampman	12	Solon	22.63	3
23 Beckham LaRue	11	Epworth, WD	22.71	3
24 Jackson Flaherty	12	Humboldt	22.74	3

Event 22 Boys 400 Meter Dash 3A

Thursday 5/21/2026 - 7:30 PM

State Meet: 47.88 5/22/2025 Nathan Miller, CPU
All-Time: 46.99 5/17/2019 Darien Porter, Bettendorf

Name	Year	School	Seed Time	
1 Kolby Hodnefield	12	Clear Lake	48.23	1
2 Quade Jensen	10	Clear Crk-Amana	48.92	1
3 Owen Von Ahsen	12	Benton Comm	49.42	1
4 Garbieno Weno	12	Storm Lake	49.46	1
5 Jace Ortner	11	Ballard	49.55	1
6 Mac Svalstad	09	Solon	49.64	2
7 Harrison Mullens	12	Pella	49.81	1
8 Victor Ward	12	Charles City	50.02	2
9 Dylan Bormann	11	North Polk	50.18	2
10 Parker Hook	11	ADM, Adel	50.28	1
11 Justin Callahan	12	Webster City	50.30	3
12 Tate VonEhwegen	11	Spencer	50.39	2
13 Cayle Estling	12	CPU	50.45	2
14 Cooper Grimm	12	CPU	50.62	3
15 Foxx Argotsinger	10	Harlan	50.86	2
16 Alexander Brown	12	Central DeWitt	50.93	1
17 Wesley Helle	10	W Delaware	51.03	2
18 Landon Hagen	10	Atlantic	51.16	3
19 Cooper Katt	12	MOC-FV	51.38	3
20 Ty Comito	09	Carlisle	51.46	2
21 Chayce Smith	12	Keokuk	51.73	3
22 Zander Kanis	09	Pella	51.97	3
23 Cody Mason	12	Xavier, CR	52.65	3
24 Will McKinney	09	Newton	52.84	4

Event 30 Boys 800 Meter Run 3A

Saturday 5/23/2026 - 11:20 AM

State Meet: 1:49.41 5/24/2025 Quentin Nauman, Epworth, WD
All-Time: 1:49.41 5/24/2025 Quentin Nauman, Western Dubuque

Name	Year	School	Seed Time	
1 Quentin Nauman	12	Epworth, WD	1:54.39	1
2 Canaan Dunham	12	Pella	1:56.17	1
3 Mac Svalstad	09	Solon	1:57.71	1
4 Mitchell Stemper	12	Decorah	1:58.63	1
5 Kyle Olson	11	Central DeWitt	1:58.65	2
6 Logan Bleich	11	Gilbert	1:58.81	1

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Event 30 ... (Boys 800 Meter Run 3A)

Name	Year	School	Seed Time		
7	Mason Gaulke	12	Pella	1:58.85	2
8	Dawson Scheil	12	Mt Vernon	1:58.91	1
9	John Murphy	12	Assumption	1:58.96	3
10	Jackson VanHorn	12	Clear Crk-Amana	1:58.97	2
11	Nolan Guzman	12	Fort Madison	1:59.13	3
12	Gavin Weber	12	Algona	1:59.25	1
13	Ty Landphair	12	ADM, Adel	1:59.34	1
14	Bennett Coppola	10	Decorah	1:59.36	2
15	Carson Squiers	12	Gilbert	1:59.75	2
16	Isaac Rankin	12	Knoxville	2:00.09	3
17	William Primrose	10	Vinton-Shellbrg	2:00.13	2
18	Jack Leistikow	10	ADM, Adel	2:00.76	2
19	Tyler Hess	11	Epworth, WD	2:00.84	4
20	Jaimyn Bevans	09	Solon	2:00.98	4
21	Reagan Maki	10	Newton	2:01.17	4
22	Chase Gordon	12	DSM, Hoover	2:01.41	3
23	Benjamin Brinkmann	09	Mt Vernon	2:01.48	3
24	Karson Work	11	Sioux Center	2:01.49	2

Event 38 Boys 1600 Meter Run 3A

Saturday 5/23/2026 - 3:22 PM

State Meet: 3:59.60 5/24/2025 Quentin Nauman, Epworth, WD

All-Time: 3:59.60 5/24/2025 Quentin Nauman, Western Dubuque

Name	Year	School	Seed Time		
1	Logan Bleich	11	Gilbert	4:20.34	1
2	Canaan Dunham	12	Pella	4:25.90	1
3	Alex Torres	12	Vinton-Shellbrg	4:26.49	1
4	Cadel Conner	12	South Tama	4:26.50	2
5	Isaac Rankin	12	Knoxville	4:27.73	2
6	Carson Meskimen	10	Clear Crk-Amana	4:27.80	1
7	Dawson Scheil	12	Mt Vernon	4:28.98	3
8	Gavin Weber	12	Algona	4:29.14	1
9	Jonah Ebersole	11	Pella	4:30.07	3
10	Quentin Nauman	12	Epworth, WD	4:30.66	1
11	Silas Hulett	11	Mt Pleasant	4:31.37	2
12	Kyle Olson	11	Central DeWitt	4:31.65	2
13	Andrew Rees	12	Washington	4:31.84	3
14	Cole Niemann	09	Central DeWitt	4:31.85	3
15	Ryler Hanson	10	Bond-Farrar	4:32.38	4
16	John Murphy	12	Assumption	4:32.58	4
17	Andrew Allen	10	Xavier, CR	4:34.16	5
18	Josiah Sisler	11	DSM Christian	4:34.23	1
19	Chasen Caskey	11	Mt Vernon	4:34.89	4
20	Garrett See	12	Decorah	4:35.27	1
21	Luke McCormick	09	DSM Christian	4:35.56	2
22	Carson Squiers	12	Gilbert	4:38.38	2
23	Isaac Hummel	11	MOC-FV	4:38.85	2
24	Clarence Nimrod	11	Decorah	4:40.70	2

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Event 46 Boys 3200 Meter Run 3A

Thursday 5/21/2026 - 4:05 PM

State Meet: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

All-Time: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

Name	Year	School	Seed Time	
1	Quentin Nauman	12 Epworth, WD	9:47.72	1
2	Adam Wilke	12 Central DeWitt	9:48.97	2
3	Jayden Brookins	12 Wahlert, Dub	9:51.95	3
4	Canaan Dunham	12 Pella	9:52.03	1
5	Cadel Conner	12 South Tama	9:53.84	1
6	Alex Torres	12 Vinton-Shellbrg	9:55.59	2
7	Josiah Sisler	11 DSM Christian	9:56.24	1
8	Andrew Allen	10 Xavier, CR	9:56.47	4
9	Luke McCormick	09 DSM Christian	9:59.86	2
10	Barrett Jesina	12 South Tama	9:59.99	3
11	Carson Meskimen	10 Clear Crk-Amana	10:00.74	1
12	Logan Bleich	11 Gilbert	10:01.71	1
13	Jacob Tallman	11 Gilbert	10:02.99	2
14	Isaac Rankin	12 Knoxville	10:04.05	2
15	Richard Knox	09 Assumption	10:05.43	5
16	Lance Zaabel	12 Newton	10:08.68	3
17	Leo Tharp	12 Mt Vernon	10:11.30	4
18	Clark Bennett	10 Bond-Farrar	10:12.58	4
19	Matthew Hommowun	10 Waverly-SR	10:13.47	5
20	Silas Hulett	11 Mt Pleasant	10:14.74	2
21	Clarence Nimrod	11 Decorah	10:17.64	1
22	Derek Hrdlicka	10 Decorah	10:19.09	2
23	Joel Ramirez-Parra	12 Storm Lake	10:37.40	1
24	Alexander Ortega	12 Storm Lake	10:43.69	2

Event 54 Boys 110 Meter Hurdles 3A Prelims

Friday 5/22/2026 - 4:30 PM

State Meet: 13.58 5/24/2025 Tay Seals, Clear Crk-Am

All-Time: 13.55 2025 Quinton Alexander, Prairie, Cedar Rapids

Name	Year	School	Seed Time	
1	Tay Seals	11 Clear Crk-Amana	14.19	1
2	Conner Vander Ploeg	12 MOC-FV	14.58	1
3	Aidan Rash	12 Gilbert	14.60	1
4	Drew Farver	12 Bond-Farrar	14.77	1
5	Caiden Johnson	12 Pella	14.79	2
6	Stetson Kane	12 Ballard	14.85	2
7	Jace Bellamy	12 Winterset	14.88	3
8	Lual Tharjiath	12 Carroll	14.95	1
9	Jameson Gregoire	11 Central DeWitt	14.96	1
10	Jivahny Lovan	12 Spencer	14.98	2
11	Dylan Maasdam	12 MOC-FV	15.07	3
12	Parker Smit	10 Sioux Center	15.08	4
13	Logan VanDenBroek	11 Pella	15.08	3
14	Nolan Johnson	11 Waverly-SR	15.18	1
15	Keeton Jeppeson	11 Clear Lake	15.21	1
16	Beck Maricle	11 Central DeWitt	15.24	2

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Event 54 ... (Boys 110 Meter Hurdles 3A Prelims)

Name	Year	School	Seed Time	
17 Zander Killion	10	Atlantic	15.26	2
18 Jaxon Griffith	12	Webster City	15.37	2
19 Aaden Lopez	12	Glenwood	15.40	3
20 Tegan Bogh	12	LeMars	15.44	5
21 Nicholas Miller	10	CPU	15.44	2
22 Tate Fever	12	Clear Lake	15.49	3
23 Marquis Olson	12	Waverly-SR	15.61	3
24 Spencer McCready	12	Fairfield	15.64	2

Event 63 Boys 400 Meter Hurdles 3A

Friday 5/22/2026 - 6:10 PM

State Meet: 51.04 5/23/2025 Nathan Miller, CPU
All-Time: 50.96 1996 Dustin Avey, Ames

Name	Year	School	Seed Time	
1 Owen Von Ahsen	12	Benton Comm	53.59	1
2 Tate Fever	12	Clear Lake	53.65	1
3 Jayden Stephens	10	Waverly-SR	54.00	2
4 Justin Callahan	12	Webster City	54.13	2
5 Carter Bormann	11	North Polk	54.33	1
6 Christopher Meyer	12	Independence	54.62	3
7 Ian McCollum	11	Assumption	54.76	1
8 Ashton Saltou	12	Decorah	54.95	4
9 Liam Smith	10	Clear Lake	55.10	5
10 Cole Frese	11	Bishop Heelan	55.19	1
11 Nolan Hemann	09	W Delaware	55.22	2
12 Drew Bauer	11	Newton	55.56	1
13 Max Plasier	11	Sioux Center	55.95	2
14 Elliott Zrudsky	12	Marion	56.00	3
15 Nicholas Miller	10	CPU	56.10	3
16 Benjamin O'Halloran	11	Pella	56.12	2
17 Lincoln Wray	11	Keokuk	56.26	1
18 Will Brandt	12	Solon	56.40	2
19 Brock Corrigan	11	Benton Comm	56.41	4
20 Caleb Lee	11	Wahlert, Dub	56.46	4
21 Dylan Powles	10	Glenwood	56.51	1
22 Carson Tedrow	12	Carroll	56.62	2
23 Liam Enger	10	Burlington	56.65	3
24 Jace Bellamy	12	Winterset	57.21	2

Event 75 Boys 4x100 Meter Relay 3A Prelims

Friday 5/22/2026 - 6:50 PM

State Meet: 41.33 5/17/2024 ADM, Adel, ADM, Adel
A Flora, T Gelhaar, M Vanorny, B Doll
All-Time: 41.18 5/24/2025 Ankeny Centennial, Ankeny Cent
Ross, McGhee, Reed, Jackson

Team	Relay	Seed Time	
1 Clear Lake	1	41.47	1
1) Isaac Smith 12	2) Kolby Hodnefield 12	3) Sam Dodge 12	4) Maddon McIntire 09
5) Bradyn Watkins 11	6) Drayce Dohlman 11	7) Liam Smith 10	8) Isaac Brownlee 11

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Event 75 ... (Boys 4x100 Meter Relay 3A Prelims)

Event	Team	Relay	Seed Time
2	SB-Luton	1	42.02 1
	1) Beckett Verros 11	2) Justin Ehlers 10	3) Gavin Warren 12
	5) Blake Harsma 12	6) Ryan Husen 11	4) Joe Hardy 12
		7) Hunter Pearson 12	8) Jacobi Cofield 09
3	Epworth, WD	1	42.24 1
	1) John FitzPatrick 11	2) Willie Williams Jr. 11	3) Ben Wernimont 12
	5) Will Steffen 10	6) Deshone Dodson 12	4) Drew Bergfeld 11
		7) Will Wernimont 10	8) Bradley Brosius 12
4	Waverly-SR	1	42.35 1
	1) Marquis Olson 12	2) Nolan Johnson 11	3) Jayden Stephens 10
	5) Grady Harris 11	6) Gael Portillo 12	4) Rylan Peters 12
		7) Colin Bridges 11	8) Brady Bodensteiner 12
5	Grinnell	1	42.39 1
	1) Diallo Perkins 10	2) Josh Ringler 11	3) Elijah Mahoney 11
	5) Beni Kiphanzu 11	6) Jackson Graff 09	4) Kellan Harter 12
		7) Miles Harseim 09	8) Keaton Iverson 12
6	Gilbert	1	42.51 1
	1) Aidan Rash 12	2) Paul Marpe 12	3) Gabe Fierce 12
	5) Reggie Chittenden 10	6) Blake Jens 09	4) Tanner Twedt 11
		7) Ethan Rash 12	8) Ean Eldred 12
7	Glenwood	1	42.63 1
	1) Chase Razor 11	2) Tristan Ludwig 12	3) Shain Pratt 12
	5) Haze Stephens 10	6) Aaden Lopez 12	4) Kaden Crouch 12
		7) Ethan Eiseman 11	8) Nolan Cook 09
8	Wahlert, Dub	1	42.78 2
	1) Henry Thier 10	2) Matthew Winter 11	3) Josh Oelke 12
	5) Liam Hannan 10	6) Anderson Herbst 12	4) Ben Francis 12
		7) Evan Klousia 10	8) Brody Zeal 10
9	Algona	1	42.82 2
	1) William Weichert 12	2) Tate Garman 12	3) Levi Walker 12
	5) Dawson Elsbecker 11	6) Owen Moe 11	4) Evan Allie 12
10	MOC-FV	1	42.85 3
	1) Dylan Maasdam 12	2) Dalton Koerselman 10	3) Hudson Kleinhesselink 10
	5) Grantley Samuels 09	6) Nolan Schmidt 10	4) Conner Vander Ploeg 12
		7) Paxton Jager 10	8) Albear Van Zee 11
11	North Polk	1	42.87 2
	1) Parker Chrisco 10	2) Connor Blake 11	3) Dylan Twedt 12
	5) Davis Caves 09	6) Calvin Heitzman 11	4) Aidan Rademacher 12
		7) Charlie Spurgeon 12	8) Quinlan Teply 11
12	ADM, Adel	1	42.90 2
	1) Brayden Davison 11	2) Owen Rychnovsky 11	3) Hudson Shull 12
	5) Andre Taborga 12	6) Zane Johnson 10	4) Jackson Pitzen 12
		7) Leyton Gerleman 12	8) Parker Hook 11
13	DSM Christian	1	42.91 3
	1) Davis Tokheim 11	2) Oliver Grice 10	3) Braden Williams 12
	5) Jaka Newton 10	6) Gavin Williams 10	4) Colin Gibson 11
		7) Tate Olsen 11	8) Malachi Osborne 11
14	Keokuk	1	43.00 1
	1) Kurt Joy 10	2) Jackson Bair 09	3) Antonio Crockett 10
	5) Jadya Burton 10	6) Braxton Hayner 12	4) Ryan Bair 12
		7) Travarius Smith 11	8) Chayce Smith 12
15	Marion	1	43.04 3
	1) Gideon Hansen 12	2) Colton Neal 09	3) Noah Meyers 11
	5) Nathan Usher 12	6) Tyler Pierce 10	4) Matthew Danninger 12
		7) Brandon Hatfield 12	8) Brock Austin 10
16	Decorah	1	43.07 2
	1) Grant Knutson 09	2) Davis Walter 10	3) Landon Quandahl 12
	5) Trevor Kuennen 12	6) Guston Pole 09	4) Peyton Webb 12
		7) Gavin Knutson 11	8) Ashton Saltou 12
17	Carlisle	1	43.10 2
	1) Jakson Hoversten 11	2) CJ Haug 11	3) Isaac Burk 11
	5) Orion Cavan 10	6) Treyce Henry 11	4) Hayden Schulte 11
		7) Uriah Israel 10	8) Zane Moyer 11
18	Benton Comm	1	43.10 2
	1) Evan Martin 12	2) Sawyer Rudie 10	3) Brody Timmerman 12
	5) Jordan Guldner 12	6) Owen Von Ahsen 12	4) Carson Nolan 12
		7) Will Schanbacher 12	8) Jayce Plummer 11

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Event 75 ... (Boys 4x100 Meter Relay 3A Prelims)

Event	Team	Relay	Seed Time
19	CPU	1	43.13 3
	1) Garrett Lnenicka 11	2) Cayle Estling 12	3) AJ Maloney 12
	5) Karter Duffy 11	6) Evan Ranbarger 11	4) Donovan Crouchet 11
20	Carroll	1	43.16 4
	1) Treyvin Childress 11	2) Camden King 11	3) Landon Mrla 12
	5) Adam Malik 11	6) Chase Schable 11	7) Michael Rowedder 12
			8) Carson Tedrow 12
21	Clear Crk-Amana	1	43.22 2
	1) Brady Hilsman 11	2) Colter Austin 12	3) Adam zeman 12
	5) Riley Colvin 12	6) Jack Timmerman 10	7) Cade Overman 12
			8) Landon Hoffman 09
22	Pella	1	43.24 3
	1) Tyson Roose 10	2) Logan VanDenBroek 11	3) Harry Tallman 12
	5) Owen Kettler 11	6) Landen Pleima 12	7) Nate Warner 12
			8) Grant Finken 10
23	Newton	1	43.25 4
	1) Nick Thomason 12	2) Dro Felten 09	3) Ali Yahia 12
	5) Isaiah Hansen 11	6) Dawson Maki 12	7) Nick Milburn 11
			8) Kyler Swarts 09
24	Central DeWitt	1	43.47 4
	1) Sam Pfeifle 11	2) Michael Palmer 12	3) Jonathan Garrison 11
	5) Alexander Brown 12	6) Robert Knutsen 10	7) Cooper Small 11
			8) Will Dinh 10

Event 83 Boys 4x200 Meter Relay 3A

Friday 5/22/2026 - 5:25 PM

State Meet: 1:25.55 5/17/2024 ADM, Adel, ADM, Adel
 A Flora, G Rychnovsky, Z Lohmann, B Doll
 All-Time: 1:25.55 5/17/2024 ADM, ADM
 Flora, Rychnovsky, Lohmann, Doll

Event	Team	Relay	Seed Time
1	Clear Lake	1	1:28.09 1
	1) Isaac Smith 12	2) Sam Dodge 12	3) Isaac Brownlee 11
	5) Kolby Hodnefield 12	6) Liam Smith 10	7) Bradyn Watkins 11
			8) Drayce Dohlman 11
2	Gilbert	1	1:28.46 1
	1) Reggie Chittenden 10	2) Paul Marpe 12	3) Gabe Fierce 12
	5) Ean Eldred 12	6) Aidan Rash 12	7) Ethan Rash 12
			8) Cole Marpe 09
3	Grinnell	1	1:28.96 1
	1) Diallo Perkins 10	2) Josh Ringler 11	3) Elijah Mahoney 11
	5) Daniel Earnest 12	6) Jackson Graff 09	7) Miles Harseim 09
			8) Jack Gallagher 12
4	North Polk	1	1:29.06 2
	1) Parker Chrisco 10	2) Mason Ackerman 11	3) Aidan Rademacher 12
	5) Carter Bormann 11	6) Dylan Bormann 11	7) Micah Sands 12
			8) Charlie Spurgeon 12
5	Epworth, WD	1	1:29.17 1
	1) John FitzPatrick 11	2) Dilan Lopez 10	3) Will Steffen 10
	5) Beckham LaRue 11	6) Cameron Steffen 11	7) Willie Williams Jr. 11
			8) Dace Murray 09
6	MOC-FV	1	1:29.20 1
	1) Dalton Koerselman 10	2) Hudson Kleinhesselink 10	3) Logan Van Ravenhorst 10
	5) Cooper Katt 12	6) Grantley Samuels 09	7) Maximus Foreman 11
			8) Paxton Jager 10
7	Decorah	1	1:29.21 2
	1) Landon Quandahl 12	2) Peyton Webb 12	3) Trevor Kuennen 12
	5) Grant Knutson 09	6) Guston Pole 09	7) Gavin Knutson 11
			8) Griffin Brauer 11
8	ADM, Adel	1	1:29.22 1
	1) Brayden Davison 11	2) Owen Rychnovsky 11	3) Hudson Shull 12
	5) Zane Johnson 10	6) Parker Hook 11	7) Leyton Gerleman 12
			8) Mason Entriken 10

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Event 83 ... (Boys 4x200 Meter Relay 3A)

Event	Team	Relay	Seed Time
9	SB-Luton	1	1:29.65 2
	1) Hunter Pearson 12	2) Gavin Warren 12	3) Beckett Verros 11
	5) Joe Hardy 12	6) Jacobi Cofield 09	7) Ryan Husen 11
			8) Daniel Delarosa 12
10	Perry	1	1:29.66 3
	1) Rylan Modlin 11	2) Bryan Chavez 10	3) Xavier Leake 09
	5) Nadir Ouahbi 11	6) Connor Kautzky 10	7) Brody Booth 12
			8) Michael Bahtagic 10
11	Glenwood	1	1:29.79 2
	1) Shain Pratt 12	2) Dylan Powles 10	3) Haze Stephens 10
	5) Tristan Ludwig 12	6) Dylan Pitzen 11	7) Nolan Cook 09
			8) Chase Razor 11
12	Carlisle	1	1:29.90 2
	1) Jakson Hoversten 11	2) CJ Haug 11	3) Isaac Burk 11
	5) Orion Cavan 10	6) Ty Comito 09	7) Treyce Henry 11
			8) Uriah Israel 10
13	Knoxville	1	1:29.95 3
	1) Emmitt Hyatt 10	2) Jackson Reed 11	3) Jaron Davis 10
	5) Jackson Clarke 11	6) Karsen Caster 11	7) Dravon Chapman 11
			8) Grant DeMoss 11
14	Benton Comm	1	1:30.02 1
	1) Carson Nolan 12	2) Brody Timmerman 12	3) Evan Martin 12
	5) Owen Von Ahsen 12	6) Gabe Pugh 11	7) Graedy Perkins 11
			8) Sawyer Rudie 10
15	Harlan	1	1:30.03 3
	1) Sam Shields 11	2) Landon Nihsen 11	3) Cade Nelson 11
	5) Jackson Ahrenholtz 10	6) Ayden Redmon-Stephenson 12	7) Joshua Erlemeier 10
			8) Kreed Boggess 10
16	Solon	1	1:30.10 1
	1) Channing Wildrick 09	2) Jackson Burk 11	3) Paxton Holtkamp 10
	5) Einar Stecher 12	6) Sawyer Hancox 10	7) Jacob Donnenwerth 11
			8) Kaden Hoeper 11
17	DSM Christian	1	1:30.19 4
	1) Davis Tokheim 11	2) Oliver Grice 10	3) Colin Gibson 11
	5) Malachi Osborne 11	6) Gavin Williams 10	7) Jaka Newton 10
			8) Tate Olsen 11
18	Williamsburg	1	1:30.50 2
	1) Dallin Sullivan 11	2) Bowen Stratton 12	3) Grady Wetjen 12
	5) Noah Banos 11	6) Zakk DeWeese 10	7) Charley Hoffman 10
			8) Zane Batey 10
19	Central DeWitt	1	1:30.64 2
	1) Michael Palmer 12	2) Jonathan Garrison 11	3) Cooper Small 11
	5) Alexander Brown 12	6) Keaton Birt 10	7) Beck Maricle 11
			8) Jameson Gregoire 11
20	Clear Crk-Amana	1	1:30.82 2
	1) Brady Hilsman 11	2) Adam zeman 12	3) Cade Overman 12
	5) Tay Seals 11	6) Jack Timmerman 10	7) Quade Jensen 10
			8) Colter Austin 12
21	Bishop Heelan	1	1:30.90 3
	1) Israel Beltran 12	2) Grant Whitcomb 11	3) Talon Sexton 12
	5) Dylan Knapp 10	6) Hayden Dieger 10	7) Caden Lester 12
			8) Covan Fetterman 11
22	Winterset	1	1:31.20 4
	1) Coen Binns 11	2) Nathan Rivera 12	3) Jude Gurwell 12
	5) Jace Bellamy 12	6) Nate Gondek 11	7) Jud Hensley 10
			8) Trevor Banning 10
23	Wahlert, Dub	1	1:31.24 3
	1) Lincoln Oberfoell 12	2) Josh Oelke 12	3) Ben Francis 12
	5) Anderson Herbst 12	6) Henry Thier 10	7) Matthew Winter 11
			8) Truman Oberfoell 09
24	Fairfield	1	1:31.41 3
	1) Eli Hoffman 12	2) Voss Richardson 11	3) Dayson Workman 12
	5) Spencer McCready 12	6) Tucker Robertson 10	7) Blake Burnett 11
			8) Jacob Crew 12

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Event 91 Boys 4x400 Meter Relay 3A Prelims

Friday 5/22/2026 - 8:00 PM

State Meet: 3:17.61 5/24/2025 CPU, CPU

A Maloney, D Crouchet, C Grimm, N Miller

All-Time: 3:13.53 4/25/2026 Prairie, CR, Prairie

Erickson, Stumpff, Krambeer, Bennis

Team	Relay	Seed Time
1 Clear Lake	1	3:20.42 1
1) Isaac Brownlee 11	2) Maddon McIntire 09	3) Keeton Jeppeson 11
5) Liam Smith 10	6) Jaxson McIntire 11	7) Tate Fever 12
4) Kolby Hodnefield 12	8) Bradyn Watkins 11	
2 Decorah	1	3:22.72 2
1) Max Grimstad 12	2) Trevor Kuennen 12	3) Bennett Coppola 10
5) Davis Walter 10	6) Garrett See 12	7) Ashton Saltou 12
4) Mitchell Stemper 12	8) Kyle Pattison 12	
3 Solon	1	3:22.79 1
1) Paxton Holtkamp 10	2) Eli Kampman 12	3) Jackson Burk 11
5) Jaimyn Bevans 09	6) Greyson Burg 09	7) Colton Kolar 09
4) Mac Svalstad 09	8) Will Brandt 12	
4 Bond-Farrar	1	3:23.35 1
1) Drew Farver 12	2) Austin Muller 11	3) Blake Guthrie 12
5) Jeremiah Nyeswah 10	6) Blake Wonderlin 10	7) Abraham Zohn 11
4) Andrew Kurtz 11	8) Adrian Harper 09	
5 Pella	1	3:23.66 2
1) Rex Rhamy 12	2) Mason Gaulke 12	3) Cruz Van Hauen 11
5) William Schuknecht 10	6) Dane Paulsen 12	7) Zander Kanis 09
4) Canaan Dunham 12	8) Harrison Mullens 12	
6 Benton Comm	1	3:24.01 1
1) Will Schanbacher 12	2) Jack Lange 11	3) Eli Patterson 12
5) Elias Bieschke 12	6) Carson Nolan 12	7) Brock Corrigan 11
4) Owen Von Ahsen 12	8) Gabe Pugh 11	
7 North Polk	1	3:24.28 1
1) Dylan Bormann 11	2) Logan Morrison 11	3) Gus Schaffer 10
5) Carter Bormann 11	6) Davis Caves 09	7) Abe Pederson 10
4) Mason Ackerman 11	8) Nathan Harrington 12	
8 Ballard	1	3:24.32 2
1) Tate Leland 10	2) Axton Campbell 10	3) Graden Hermann 11
5) Jude Jones 11	6) Chase Ihle 12	7) Dylan Kruger 09
4) Jace Ortner 11	8) Declan O'Brien 09	
9 Webster City	1	3:25.27 3
1) Rylan Stroner 10	2) Daniel Murillo 10	3) Kaleb Hansen 11
5) Dane Hansen 10	6) Aiden Hrnicek 12	7) Jack Barner 12
4) Justin Callahan 12	8) Jaxon Griffith 12	
10 MOC-FV	1	3:25.43 1
1) Hudson Kleinhesselink 10	2) Albear Van Zee 11	3) Logan Van Ravenhorst 10
5) Isaiah Moeller 10	6) Ryan Boone 10	7) Grantley Samuels 09
4) Cooper Katt 12	8) Thatcher Doughan 12	
11 Epworth, WD	1	3:25.56 1
1) John FitzPatrick 11	2) Owen Habel 12	3) Grey Knepper 11
5) Dilan Lopez 10	6) Symon McDermott 12	7) Carson Klein 10
4) Drew Bergfeld 11	8) Quentin Nauman 12	
12 Spencer	1	3:25.66 2
1) Angelo Rasmussen 10	2) Dylan Timmer 12	3) Reno Anderson 12
5) Rylei Koppie 12	6) Angel Hernandez-Cole 09	7) Nolan Kelley 09
4) Tate VonEhwegen 11		
13 ADM, Adel	1	3:25.93 1
1) Parker Hook 11	2) Brayden Davison 11	3) Christian Paul 11
5) Ty Landphair 12	6) Zane Johnson 10	7) Karson Coleman 09
4) Hudson Shull 12	8) Carson Waddingham 09	
14 Sioux Center	1	3:26.36 3
1) Karson Work 11	2) Lane Waddle 12	3) Cohen Verhoef 11
5) Max Plasier 11	6) Drew Cundy 09	7) Jacoby Vermeer 11
4) Caden Kooiker 11	8) Austin Fink 12	
15 W Delaware	1	3:26.39 2
1) Wesley Helle 10	2) Emerson Smith 09	3) Clayton Schnieders 09
5) Henry Carbone 09	6) Josh Slepser 10	7) Jarrett Engel 11
4) Nolan Hemann 09	8) Brett Uribe 09	

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Event 91 ... (Boys 4x400 Meter Relay 3A Prelims)

	Team	Relay	Seed Time	
16	Clear Crk-Amana	1	3:26.44	2
	1) Cade Overman 12	2) Riley Colvin 12	3) Jack Timmerman 10	4) Quade Jensen 10
	5) Jackson VanHorn 12	6) Carson Meskimen 10	7) Beckett Boeset 11	8) Caden Burkle 12
17	Wahlert, Dub	1	3:26.82	3
	1) Truman Oberfoell 09	2) Lincoln Oberfoell 12	3) Anderson Herbst 12	4) Josh Oelke 12
	5) Caleb Lee 11	6) Ben Francis 12	7) Cole Marshall 11	8) Liam Cearlock 09
18	Atlantic	1	3:27.82	2
	1) Ethan McNeal 11	2) Holden DeVore 09	3) Landon Hagen 10	4) Colin Rudy 12
	5) Mason Betts 10	6) Skyler Burcham 09	7) Sawyer Tarrell 12	8) Grant Petty 11
19	Newton	1	3:28.29	3
	1) Dawson Maki 12	2) Reagan Maki 10	3) Ali Yahia 12	4) Cooper Christy 11
	5) Will McKinney 09	6) Josh Lampe 10	7) Drew Bauer 11	8) Nick Thomason 12
20	Bishop Heelan	1	3:28.41	4
	1) Israel Beltran 12	2) Dylan Knapp 10	3) Covan Fetterman 11	4) Talon Sexton 12
	5) Tommy Pattee 12	6) Cole Frese 11	7) Will Bertrand 12	8) Ethan Barber 12
21	Williamsburg	1	3:28.48	2
	1) Cash Brown 10	2) Noah Banos 11	3) Finn Brummel 12	4) Charley Hoffman 10
	5) Eliyas Wetjen 09	6) Zakk DeWeese 10	7) Marcus Pirkl 09	8) Grady Wetjen 12
22	SB-Luton	1	3:28.49	5
	1) Blake Harsma 12	2) Andrew Lincoln 11	3) Hudson Ter Wee 10	4) Daniel Delarosa 12
	5) Callen Leigh 09	6) Emmet Kneifl 11	7) Brody Wegher 09	8) David McCormick 10
23	Carlisle	1	3:28.95	4
	1) Ty Comito 09	2) CJ Haug 11	3) Korben Fritz 11	4) Jakson Hoversten 11
	5) Isaac Burk 11	6) Orion Cavan 10	7) Treyce Henry 11	8) Uriah Israel 10
24	CPU	1	3:29.05	3
	1) AJ Maloney 12	2) Donovan Crouchet 11	3) Cayle Estling 12	4) Cooper Grimm 12
	5) AJ Ditch 10	6) Nicholas Miller 10		

Event 99 Boys 4x800 Meter Relay 3A**Thursday 5/21/2026 - 6:10 PM**

State Meet: 7:49.07 5/19/2011 Spirit Lake Park, Spirit Lake
A Baldwin, K Byers, K Feldick, W Norris
All-Time: 7:36.69 2023 Iowa City, City, Iowa City, City
A Smith, A Noreldaim, F Washburn, T Thompson

	Team	Relay	Seed Time	
1	Washington	1	8:03.50	1
	1) Ethan Hotchkiss 11	2) Sawyer Tschantz 12	3) Parker Tschantz 10	4) Andrew Rees 12
	5) Caden Greiner 12	6) Teag Miller 10	7) Jack Shepherd 09	8) Carson Ryan 12
2	Pella	1	8:04.87	1
	1) Dane Paulsen 12	2) Jonah Ebersole 11	3) Zander Kanis 09	4) Mason Gaulke 12
	5) Canaan Dunham 12	6) Asher Schiebout 12	7) Noah Schuknecht 12	8) Brant VandeVoort 09
3	Fort Madison	1	8:05.49	2
	1) Mason McLey 12	2) Riley Tripp 12	3) Henry Ireland 10	4) Nolan Guzman 12
	5) Noah Krogmeier 12	6) Reid Zeh 09	7) Colton Tripp 09	8) Zackary Hermes 09
4	Mt Vernon	1	8:06.58	1
	1) Chasen Caskey 11	2) Benjamin Brinkmann 09	3) Logan Ericson 11	4) Dawson Scheil 12
	5) Holden Hlavacek 10	6) Mason Cossolotto 12	7) Jayden Scieszinski 12	
5	Newton	1	8:07.96	2
	1) Brody Wobschall 11	2) Reagan Maki 10	3) Dawson Maki 12	4) Cooper Christy 11
	5) Benjamin Magana 12	6) Will McKinney 09	7) Lance Zaabel 12	8) Levi Zaabel 12

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Event 99 ... (Boys 4x800 Meter Relay 3A)

Event	Team	Relay	Seed Time
6	Solon	1	8:08.02 3
	1) Kaden Recker 10	2) Owen Young 12	3) Spencer Michels 12
	5) Anders Holmes 10	6) Paxton Holtkamp 10	7) Brooks Kabela 09
			8) Mac Svalstad 09
7	Clear Crk-Amana	1	8:08.03 4
	1) Jackson VanHorn 12	2) Caden Burkle 12	3) Nic Schieltz 12
	5) Carson Meskimen 10	6) Drew Barker 09	7) Mason Miller 11
			8) Shane Jensen 12
8	Decorah	1	8:08.97 1
	1) Garrett See 12	2) Bennett Coppola 10	3) Bill Fullhart 11
	5) Clarence Nimrod 11	6) Derek Hrdlicka 10	7) Chester Kvamme 12
			4) Mitchell Stemper 12
9	Vinton-Shellbrg	1	8:09.25 2
	1) William Primrose 10	2) Zach Dickinson 12	3) Lincoln Lamont 10
	5) Carson Page 10	6) Tate Druschel 11	7) Ryelin Kearns 09
			4) Alex Torres 12
10	Assumption	1	8:09.27 1
	1) Ian McCollum 11	2) Drew Caldwell 11	3) Tim Bassier 11
	5) Ryan Bang 11	6) Leo Murphy 09	7) Richard Knox 09
			8) Malcolm McCollum 10
11	Central DeWitt	1	8:13.77 2
	1) Cole Niemann 09	2) Lucas Johnston 12	3) Kyle Olson 11
	5) Adam Wilke 12	6) Lane Johnston 09	4) James Garrison 09
12	Benton Comm	1	8:15.29 3
	1) Caleb Olson 12	2) Jayden Beck 11	3) Landon Furler 10
	5) Braden Mell 10	6) Elias Bieschke 12	4) Jack Lange 11
13	Williamsburg	1	8:16.26 4
	1) Charley Hoffman 10	2) Marcus Pirkl 09	3) Finn Brummel 12
	5) Hayes Arwine 12	6) Cash Brown 10	7) Eliyas Wetjen 09
			8) Weston Drahos 09
14	Bond-Farrar	1	8:17.12 3
	1) Brady Sanger 12	2) Grady Gibson 11	3) Jack Rieck 12
	5) Jaidan Bailey 11	6) Preston Francois 11	7) Clark Bennett 10
			8) Andrew Kurtz 11
15	Xavier, CR	1	8:20.19 3
	1) Lance Mueggenberg 10	2) Cody Mason 12	3) Augustus Martino 11
	5) Andrew Allen 10	6) Brady Cripe 11	7) Cole Seymour 10
			8) Dylan Lang 12
16	ADM, Adel	1	8:20.50 1
	1) Jack Leistikow 10	2) Robbie Hall 12	3) Casey Catron 10
	5) Max Marple 11	6) Ty Miller 11	7) Andrew Coller 09
			8) Jarrod Ellerbush 09
17	Epworth, WD	1	8:21.20 4
	1) Symon McDermott 12	2) Carson Klein 10	3) Tyler Hess 11
	5) Quentin Nauman 12	6) Gabe Jones 10	7) Ryan Kluesner 10
			8) Calvin Hosch 11
18	Wahlert, Dub	1	8:22.05 5
	1) Nolan Hayden 11	2) Truman Oberfoell 09	3) Sam Murphy 09
	5) Liam Cearlock 09	6) Clayton Lueken 09	7) Nile Connely 11
			8) Jayden Brookins 12
19	Gilbert	1	8:22.68 1
	1) Carson Squiers 12	2) Emrick Ryan 12	3) Landon Lucht 12
	5) Logan Bleich 11	6) Jacob Tallman 11	7) Kiernan Ryan 09
			8) Zachary Stevermer 09
20	Spencer	1	8:26.50 1
	1) Reno Anderson 12	2) Nathan Rodriguez 12	3) Rylei Koppie 12
	5) Angel Hernandez-Cole 09	6) Tate VonEhwegen 11	7) William Salton 11
			4) Isaiah Rustad 10
21	Ballard	1	8:28.14 2
	1) Austin Vance 10	2) Graden Hermann 11	3) Declan O'Brien 09
	5) Max Davidson 12	6) Drew Kruger 09	4) Axton Campbell 10
22	Creston	1	8:29.19 2
	1) Wyatt Goodenberger 11	2) Jameson Hanson 11	3) Matthew Warner 09
	5) Merrick Wieland 10	6) Johnathon Henry 11	7) Seth Gordon 12
			8) Jameson McDonald 12

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Event 99 ... (Boys 4x800 Meter Relay 3A)

Team	Relay	Seed Time
23 Sioux Center	1	8:29.27 2
1) Drew Cundy 09	2) Raymond Landegent 10	3) Jacoby Vermeer 11
4) Caden Kooiker 11	5) Karson Work 11	6) Kaiden Beukelman 10
7) Brock Lehman 10	8) Matthew Dahm 10	
24 Nevada	1	8:35.73 2
1) Henry Little 11	2) Gavin Egeland 12	3) John Nelson 12
4) Dawson Lemke 12	5) Caleb Biensen 12	6) Trevor Nusbaum 11
7) Jacob Condon 11	8) Bourne Hanson 12	

Event 103 Boys 100 Meter Dash Wheelchair Para

Saturday 5/23/2026 - 12:43 PM

State Meet: 16.07 5/22/2021 Evan Correll, Waukee

All-Time: 15.11 2021 Evan Correll, Waukee

Name	Year	School	Seed Time
1 Josh Anderson	12	Washington	21.08 1

Event 105 Boys 200 Meter Dash Wheelchair Para

Saturday 5/23/2026 - 2:13 PM

State Meet: 29.17 5/22/2021 Evan Correll, Waukee

All-Time: 27.97 2021 Evan Correll, Waukee

Name	Year	School	Seed Time
1 Josh Anderson	12	Washington	35.15

Event 107 Boys 400 Meter Dash Wheelchair Para

Saturday 5/23/2026 - 3:40 PM

State Meet: 56.09 5/22/2021 Evan Correll, Waukee

All-Time: 51.96 2021 Evan Correll, Waukee

Name	Year	School	Seed Time
1 Josh Anderson	12	Washington	1:08.98 1
2 Titus De Koster	09	MOC-FV	1:38.08 1

Event 113 Boys Distance Medley 3A

Friday 5/22/2026 - 3:40 PM

State Meet: 3:24.52 5/23/2025 Epworth, WD, Epworth, WD
B Wernimont, W Steffen, S McDermott, Q NaumanAll-Time: 3:22.69 2001 Iowa City High, Iowa City High
S Newell, H Hill, C Davis, J Mims

Team	Relay	Seed Time
1 Algona	1	3:30.92 1
1) Tate Garman 12	2) Levi Walker 12	3) Evan Allie 12
4) Gavin Weber 12	5) Cohen Thilges 11	6) Owen Moe 11
7) Dawson Elsbecker 11		
2 Epworth, WD	1	3:33.07 1
1) Beckhem LaRue 11	2) Cameron Steffen 11	3) Grey Knepper 11
4) Quentin Nauman 12	5) Drew Bergfeld 11	6) John FitzPatrick 11
7) Will Steffen 10	8) Tyler Hess 11	
3 Pella	1	3:33.08 1
1) William Schuknecht 10	2) Nate Warner 12	3) Cruz Van Hauen 11
4) Jonah Ebersole 11	5) Caiden Johnson 12	6) Logan VanDenBroek 11
7) Harrison Mullens 12	8) Mason Gaulke 12	
4 Mt Vernon	1	3:33.65 1
1) Toby Neal 12	2) Logan Stanerson 12	3) Holden Hlavacek 10
4) Dawson Scheil 12	5) Landon Johanningmeier 10	6) Chasen Caskey 11
7) Benjamin Brinkmann 09	8) Teddy Bonewald 10	
5 Assumption	1	3:35.22 2
1) Noah Williams 12	2) Andrew Wilson 12	3) Ian McCollum 11
4) John Murphy 12	5) Waylon Ashland 09	6) Sam Hughes 09
7) Richard Knox 09	8) Drew Caldwell 11	

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Event 113 ... (Boys Distance Medley 3A)

	Team	Relay	Seed Time	
6	Webster City	1	3:36.07	1
	1) Jaxon Griffith 12	2) Kaleb Hansen 11	3) Rylan Stroner 10	4) Daniel Murillo 10
	5) Justin Callahan 12	6) Israel Torres 11	7) Aiden Hrnicek 12	8) Gabe Thumma 12
7	Newton	1	3:36.12	2
	1) Nick Thomason 12	2) Ali Yahia 12	3) Dawson Maki 12	4) Cooper Christy 11
	5) Austin Arauz 12	6) Josh Lampe 10	7) Drew Bauer 11	8) Reagan Maki 10
8	Vinton-Shellbrg	1	3:36.35	2
	1) Xzavier Greely 12	2) Kashton Grimm 10	3) William Primrose 10	4) Alex Torres 12
	5) Conner Bridgewater 11	6) Ben McGowan 12	7) Jacoby Johnson 12	8) Lincoln Lamont 10
9	Clear Crk-Amana	1	3:36.81	1
	1) Tay Seals 11	2) Jack Timmerman 10	3) Jackson VanHorn 12	4) Carson Meskimen 10
	5) Riley Colvin 12	6) Brady Hilsman 11	7) Quade Jensen 10	8) Cade Overman 12
10	Williamsburg	1	3:37.44	3
	1) Bowen Stratton 12	2) Cash Brown 10	3) Noah Banos 11	4) Charley Hoffman 10
	5) Grady Wetjen 12	6) Dallin Sullivan 11	7) Marcus Pirkl 09	8) Finn Brummel 12
11	Grinnell	1	3:37.51	3
	1) Josh Ringler 11	2) Elijah Mahoney 11	3) Jack Gallagher 12	4) Liam Crites 12
	5) Diallo Perkins 10	6) Daniel Earnest 12	7) Miles Harseim 09	8) Smith Skouson 12
12	Marion	1	3:37.54	3
	1) Colton Neal 09	2) Matthew Danninger 12	3) Brock Austin 10	4) Collin Cook 10
	5) Nathan Usher 12	6) Elliott Zrudsky 12	7) Gideon Hansen 12	8) Dredan Rauser 09
13	South Tama	1	3:37.61	4
	1) Ryan Brant 10	2) Nick Upah 12	3) Josiah Houghton 11	4) Cadel Conner 12
	5) Alfredo Villa 10	6) Ethan Page 10	7) Carver Cecak 12	8) Brady Jesina 10
14	Decorah	1	3:38.24	2
	1) Grant Knutson 09	2) Gavin Knutson 11	3) Max Grimstad 12	4) Bill Fullhart 11
	5) Davis Walter 10	6) Peyton Webb 12	7) Mitchell Stemper 12	8) Bennett Coppola 10
15	Sioux Center	1	3:38.34	2
	1) Braedon Perez-Hietbrink 11	2) Tate Swager 11	3) Caden Kooiker 11	4) Karson Work 11
	5) Raymond Landegent 10	6) Lane Waddle 12	7) Sawyer Hietbrink 11	8) Cohen Verhoef 11
16	Bond-Farrar	1	3:38.35	4
	1) Andrew Kurtz 11	2) Blake Guthrie 12	3) Jeremiah Nyeswah 10	4) Brady Sanger 12
	5) Austin Muller 11	6) Riley VanderLinden 10	7) Cody Landau 12	8) Jack Rieck 12
17	SB-Luton	1	3:38.89	3
	1) Gavin Warren 12	2) Joe Hardy 12	3) Daniel Delarosa 12	4) Hudson Ter Wee 10
	5) Beckett Verros 11	6) Blake Harsma 12	7) Andrew Lincoln 11	8) Ryan Husen 11
18	Humboldt	1	3:39.37	3
	1) Jackson Flaherty 12	2) Brayden Dahl 10	3) Valley Davis 12	4) Chase Flaherty 12
	5) Jacob Girres 12	6) Owen Stattelmann 09	7) Drake Pettit 09	8) Cash McIntire 11
19	Ballard	1	3:39.47	1
	1) Liam Hurst 12	2) Aidan Wilson 11	3) Tate Leland 10	4) Graden Hermann 11
	5) Jace Ortner 11	6) Nolan Fuller 09	7) Axton Campbell 10	8) Parker Ihle 09
20	Gilbert	1	3:40.36	2
	1) Blake Jens 09	2) Ethan Rash 12	3) Owen Van Der Linden 09	4) Jacob Tallman 11
	5) Gabe Fierce 12	6) Paul Marpe 12	7) Preston Stensland 12	8) Carson Squiers 12
21	Nevada	1	3:40.88	4
	1) Peter Ludwig 12	2) Simon Mills 12	3) Bourne Hanson 12	4) Caleb Biensen 12
		6) Carson Clem 12	7) Isaac Williams 12	8) Henry Little 11
22	Solon	1	3:41.21	2
	1) Sawyer Hancox 10	2) Jacob Donnenwerth 11	3) Greyson Burg 09	4) Jaimyn Bevans 09
	5) Jackson Burk 11	6) Eli Kampman 12	7) Paxton Holtkamp 10	8) Mac Svalstad 09

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Event 113 ... (Boys Distance Medley 3A)

Team	Relay	Seed Time
23 Glenwood	1	3:44.62 1
1) Chase Razor 11	2) Haze Stephens 10	3) Evan Stanislav 10
4) Bryce Keller 12	5) Tristan Ludwig 12	6) Dylan Pitzen 11
7) James Williams 09	8) Hudson Cook 09	
24 ADM, Adel	1	3:46.42 2
1) Andre Taborga 12	2) Will Schweiger 10	3) Christian Paul 11
4) Ty Landphair 12	5) Brayden Davison 11	6) Jackson Pitzen 12
7) Owen Rychnovsky 11	8) Jack Leistikow 10	

Event 121 Boys High Jump 3A

Thursday 5/21/2026 - 2:00 PM

State Meet: 6-11 2008 Colten Kelly, Anamosa
 All-Time: 7-03.50 1981 Brian Tietjens, North Central, Manly

Name	Year	School	Seed Mark
1 Eli Zillman	12	Fairfield	6-09.00 1
2 Kysen Lamb	11	Clear Lake	6-08.50 1
3 Oscar Duve	11	Epworth, WD	6-07.00 1
4 Nolan Guzman	12	Fort Madison	6-07.00 2
5 Reid Kluesner	11	ADM, Adel	6-04.00 1
6 Chase Razor	11	Glenwood	6-04.00 3
7 Eli Patterson	12	Benton Comm	6-04.00 1
8 Isaiah Hansen	11	Newton	6-04.00 1
9 Evan Stanislav	10	Glenwood	6-04.00 2
10 Donavan Cook	12	Maquoketa	6-04.00 2
11 Max Dougherty	10	Xavier, CR	6-03.00 3
12 Tate VonEhwegen	11	Spencer	6-02.00 1
13 Ajay Bakke	10	DSM Christian	6-02.00 5
14 Noahh Leach	09	Benton Comm	6-02.00 2
15 Kaden Hoepfer	11	Solon	6-02.00 3
16 Peyton Webb	12	Decorah	6-02.00 2
17 Lual Tharjiath	12	Carroll	6-02.00 4
18 Easton Shipley	09	Solon	6-01.00 4
19 Zach Beach	11	SB-Luton	6-01.00 2
20 Owen Jackson	11	W Delaware	6-01.00 4
21 Albert Bamrick	11	Williamsburg	6-01.00 3
22 Jack McGuire	12	Pella	5-10.00 2
23 Nathan Wagner	09	North Polk	5-10.00 1
24 Trevor Banning	10	Winterset	5-08.00 2

Event 129 Boys Long Jump 3A

Friday 5/22/2026 - 2:00 PM

State Meet: 23-04.25 5/23/2014 Chandler Diercks, Clear Lake
 All-Time: 24-10 2022 Abu Sama, Southeast Polk

Name	Year	School	Seed Mark
1 Albear Van Zee	11	MOC-FV	23-00.25 1
2 Rylan Peters	12	Waverly-SR	22-06.50 1
3 Jayden Stephens	10	Waverly-SR	22-06.00 2
4 Braedon Perez-Hietbrink	11	Sioux Center	22-05.00 2
5 Ethan McNeal	11	Atlantic	22-04.75 1
6 Brandon Harrell	11	DSM, Hoover	22-02.25 1
7 Spencer McCready	12	Fairfield	22-01.25 1
8 Brett McInnis	11	LeMars	22-00.50 3

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Event 129 ... (Boys Long Jump 3A)

	Name	Year	School	Seed	Mark
9	Owen Kettler	11	Pella	21-11.00	1
10	Dalton Koerselman	10	MOC-FV	21-09.25	4
11	Sam Dodge	12	Clear Lake	21-08.50	1
12	Brady Britt	11	Burlington	21-08.00	2
13	Eli Zillman	12	Fairfield	21-06.00	3
14	Kayle Brown	09	Mt Pleasant	21-04.50	4
15	Cameron Steffen	11	Epworth, WD	21-04.50	1
16	Cash Brown	10	Williamsburg	21-04.25	3
17	Nolan Ehlinger	12	Maquoketa	21-03.50	2
18	Dallin Sullivan	11	Williamsburg	21-02.75	4
19	Gabriel Villalva	09	Boone	21-02.25	2
20	Kurt Joy	10	Keokuk	21-02.25	5
21	Shain Pratt	12	Glenwood	21-02.00	2
22	Hoang Quang	11	Mt Pleasant	21-02.00	6
23	Aidan Kruempel	11	Pella	20-10.00	2
24	Dakota VanGundy	11	Decorah	20-09.00	2

Event 137 Boys Discus Throw 3A

Thursday 5/21/2026 - 4:30 PM

State Meet: 195-01 5/18/2023 Duke Faley, Wahlert, Dub
 All-Time: 207-08 1978 Scott Crowell, Mason City

	Name	Year	School	Seed	Mark
1	Max Nevitt	12	Algona	179-01	1
2	Charlie Erzen	12	Epworth, WD	177-04	1
3	Greyson Hartman	11	Washington	174-01	1
4	Cody Sandbulte	12	Sioux Center	173-06	2
5	Hunter Guthmiller	09	SB-Luton	167-03	3
6	Alex Gassman	12	Epworth, WD	167-00	2
7	Will Limbaugh	11	Algona	166-03	4
8	Byron Christianson	12	Vinton-Shellbrg	164-04	1
9	Tyler Miller	11	Xavier, CR	155-02	3
10	Urijah Brooks	11	Fort Madison	155-00	2
11	Todd Schmitt	11	Glenwood	153-10	1
12	Jimmy Topping	12	Wahlert, Dub	153-07	4
13	Nick Milburn	11	Newton	152-10	1
14	Zach Felten	12	Newton	152-04	2
15	Dylan Weisskopf	12	Williamsburg	152-01	2
16	Nick Subbert	12	ADM, Adel	151-09	2
17	Thomas Mikkelsen	11	Creston	150-11	3
18	Karl Westermann	12	Clear Crk-Amana	150-05	3
19	Reagan Anderson	11	Pella	149-06	3
20	Jonathan Panknen	12	Pella	149-01	4
21	Beau Morton	11	Hampton-Dumont-CAL	147-08	1
22	Riley Akers	11	Winterset	146-06	1
23	Dominick Hoefler	10	Charles City	141-00	2
24	Caden Sprecher	11	Boone	135-03	2

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Event 145 Boys Shot Put 3A

Friday 5/22/2026 - 4:30 PM

State Meet: 64-07.75 2009

Drew Clark, Marion

All-Time: 70-11 1968

Doug Lane, Cedar Rapids Jefferson

Name	Year	School	Seed	Mark
1	Greyson Hartman	11 Washington	63-04.25	1
2	Beau Morton	11 Hampton-Dumont-CAL	59-02.00	1
3	Max Nevitt	12 Algona	58-07.00	1
4	Jack Guy	12 Humboldt	55-10.00	2
5	Nick Milburn	11 Newton	55-09.50	1
6	Kasen Thomas	12 Bishop Heelan	55-06.00	2
7	Colson Chvala	11 Vinton-Shellbrg	55-05.50	1
8	Clayton Hogan	11 Epworth, WD	55-02.25	1
9	Lincoln Skarnulis	11 Glenwood	53-11.75	1
10	Thomas Mikkelsen	11 Creston	53-10.00	2
11	Lucas Sidles	11 Independence	53-08.00	3
12	Jimmy Topping	12 Wahlert, Dub	53-05.00	2
13	Palmer Hemming	12 Pella	52-00.00	2
14	Gavin Roth	11 Carlisle	51-11.75	3
15	Charlie Erzen	12 Epworth, WD	51-11.75	3
16	Dylan Weisskopf	12 Williamsburg	51-11.25	2
17	Gavin Holt	12 Carroll	51-07.75	3
18	Hunter Bacino	11 North Polk	51-03.00	1
19	Benjamin Griffith	12 Pella	51-02.00	4
20	Cameron Corey	12 Grinnell	51-00.50	5
21	Malachi Parker	10 Vinton-Shellbrg	51-00.50	3
22	Timothy Chandonia	12 South Tama	51-00.00	4
23	Kamden Jorgensen	12 Saydel	50-10.50	2
24	Carson Bromwell	12 Clear Crk-Amana	48-05.25	2

Event 147 Boys Shot Put 4A

Friday 5/22/2026 - 11:30 AM

State Meet: 65-11.50 1968

Doug Lane, CR Jefferson

All-Time: 70-11 1968

Doug Lane, Cedar Rapids Jefferson

Name	Year	School	Seed	Mark
1	Javin Smith-Williamson	10 Spencer	17-05.00	

Event 156 Boys 4x110 Meter Shuttle Hurdle 3A Prelims

Thursday 5/21/2026 - 3:00 PM

State Meet: 57.49 5/24/2025

Clear Crk-Amana, Clear Crk-Am

All-Time: 55.82 4/25/2026

O Rosenberg, L Higdon, E Mipata, T Seals

IC West, IC West

Smock, Ibrahim, Towler, Gorsh

Team	Relay	Seed	Time
1	Waverly-SR	1	58.27 1
	1) Nolan Johnson 11	2) Marquis Olson 12	3) Alexander Christensen 12 4) Jayden Stephens 10
	5) Ben Pirkl 09	6) Carter Pirkl 11	7) Rylan Johnson 09
2	Pella	1	58.64 1
	1) Logan VanDenBroek 11	2) Benjamin O'Halloran 11	3) Grant Finken 10 4) Caiden Johnson 12
	5) Aidan Kruempel 11	6) Max Stelpflug 11	7) Zane Redman 11 8) Henry Tjeerdsma 10

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Event 156 ... (Boys 4x110 Meter Shuttle Hurdle 3A Prelims)

Team	Relay	Seed Time
3 Epworth, WD	1	59.06 1
1) Nolan Urbain 10	2) Beau Jasper 12	3) Owen Habel 12
5) Aiden Hogrefe 09	6) Oscar Duve 11	4) Willie Williams Jr. 11
4 Benton Comm	1	59.30 2
1) Owen Von Ahsen 12	2) Will Schanbacher 12	3) Brock Corrigan 11
5) Evan Patterson 12	6) Owen Drahos 09	4) Eli Patterson 12
5 MOC-FV	1	59.34 1
1) Dylan Maasdam 12	2) Lucas Bundt 09	3) Albear Van Zee 11
5) Paxton Jager 10	6) Nolan Schmidt 10	4) Conner Vander Ploeg 12
6 Central DeWitt	1	59.34 2
1) Sam Pfeifle 11	2) Jacob Marvin 10	3) Beck Maricle 11
5) Zander Mallinger 09	6) Garrett Smith 11	4) Jameson Gregoire 11
7 Ballard	1	59.78 1
1) Chase Ihle 12	2) Aidan Wilson 11	3) Curtis Hinzman 11
5) Parker Ihle 09	6) Blakely Carlson 11	4) Stetson Kane 12
8 Atlantic	1	59.99 1
1) Grant Petty 11	2) Jaxon Hepler 10	3) Zander Killion 10
5) Benton McLaren 09	6) Sawyer Tarrell 12	4) Shelton Mualia 12
9 Clear Lake	1	1:00.40 1
1) Keeton Jeppeson 11	2) Gage Larson 12	3) Isaac Brownlee 11
5) Max Larson 12	6) Liam Smith 10	4) Tate Fever 12
10 North Polk	1	1:00.49 2
1) Eddie Hout 10	2) Dylan Twedt 12	3) Brady Cathcart 11
5) Carter Bormann 11	6) Tate Lippincott 09	4) Mason Ackerman 11
11 ADM, Adel	1	1:00.50 2
1) Jackson Pitzen 12	2) Isaac Schrock 10	3) Reid Kluesner 11
5) Dawson Foster 09	6) Kipton Reed 10	4) Lucas Seifert 09
12 Gilbert	1	1:00.59 3
1) Aidan Rash 12	2) Cael O'Brien 12	3) Reggie Chittenden 10
5) Nicholas Stupp 09	6) Kyler Grooters 12	4) Ethan Rash 12
13 Bond-Farrar	1	1:00.88 2
1) Carson Sirdoreus 10	2) Jasper Wilson 12	3) Jackson Halfhill 11
5) Ben Bieghler 09	6) Graedy Edwards 09	4) Drew Farver 12
14 Sioux Center	1	1:01.12 2
1) Parker Smit 10	2) Dylan Veltkamp 11	3) Max Plasier 11
5) Gavin Bruhn 09	6) Austin Fink 12	4) Elisha Los 11
15 Carroll	1	1:01.29 3
1) Landon Mrla 12	2) Lincoln Burke 11	3) Carson Tedrow 12
5) Michael Rowedder 12	6) Bode Kock 09	4) Lual Tharjiath 12
16 Humboldt	1	1:01.39 2
1) Brady Roth 10	2) Griffin Groat 11	3) Luke DeWinter 11
5) Noah Elman 09	6) Dane Clark 10	4) Valley Davis 12
17 CPU	1	1:01.75 3
1) Donovan Crouchet 11	2) Lucas Lopata 11	3) Noah Estling 12
5) Hayden Covington 10	6) Coltin Hildebrandt 11	4) Nicholas Miller 10
18 Mt Pleasant	1	1:01.91 1
1) Kayle Brown 09	2) Caleb Shepherd 10	3) Keegan Heaton 11
5) Cadin Beavers 12	6) Gavin Kerr 12	4) Kaden Schadt 10
19 Burlington	1	1:02.10 2
1) Zech Hart 11	2) Justin Hudley 09	3) Liam Enger 10
5) Jasiah Williams 09	6) Lomayiani Lotegeluaki 11	4) Cj Owens 11

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Event 156 ... (Boys 4x110 Meter Shuttle Hurdle 3A Prelims)

	Team	Relay	Seed Time
20	SB-Luton	1	1:02.10 3
	1) Xavier Jones 11	2) Emmet Kneifl 11	3) Andrew Lincoln 11
	5) Theo Tague 09	6) Krayton Krontz 09	7) Aden Konopasek 11
			8) Daniel Delarosa 12
21	West Liberty	1	1:02.14 4
	1) Lleyton Simon 11	2) Andre Nicholson 10	3) Beckham Simon 11
	5) Huxley Rock 10	6) Pierre Shield 09	4) Asher Simon 10
22	Newton	1	1:02.19 3
	1) Josh Lampe 10	2) Dro Felten 09	3) Austin Arauz 12
	5) Romell Cochran jr 11	6) Mason Mendez 11	7) Kreytein Wickliffe 11
			8) Brody Wobschall 11
23	DSM Christian	1	1:02.33 4
	1) Wyatt Odell 12	2) Gavin Williams 10	3) Jaka Newton 10
	5) Ajay Bakke 10	6) Max Town 12	7) Braden Williams 12
24	Solon	1	1:02.41 3
	1) Will Brandt 12	2) Jacob Donnenwerth 11	3) Michael Bigelow 10
	5) Justin Moore 12	6) Colton Sieverding 10	7) Kaden Hoepfer 11
			8) Graeme Gasser 09

Event 160 Boys 800 Sprint Medley 3A

Saturday 5/23/2026 - 10:13 AM

State Meet: 1:30.53 5/24/2025 CPU, CPU
T Knight, C Andrews, A Maloney, N Miller
All-Time: 1:30.15 5/20/2023 Johnston, Johnston
T Fox, O Ellsworth, K Fox, J Anglo

	Team	Relay	Seed Time
1	Clear Lake	1	1:31.65 1
	1) Isaac Smith 12	2) Sam Dodge 12	3) Isaac Brownlee 11
	5) Kolby Hodnefield 12	6) Liam Smith 10	7) Bradyn Watkins 11
			8) Keeton Jeppeson 11
2	Webster City	1	1:32.28 2
	1) Jaxon Griffith 12	2) Kaleb Hansen 11	3) Rylan Stroner 10
	5) Israel Torres 11	6) Aiden Hrnicek 12	7) Dane Hansen 10
			8) Daniel Murillo 10
3	Keokuk	1	1:32.39 1
	1) Kurt Joy 10	2) Jadya Burton 10	3) Jackson Bair 09
	5) Travarius Smith 11	6) Antonio Crockett 10	7) Chayce Smith 12
			8) Braxton Hayner 12
4	Algona	1	1:32.62 1
	1) William Weichert 12	2) Levi Walker 12	3) Tate Garman 12
	5) Dawson Elsbecker 11	6) Owen Moe 11	4) Evan Allie 12
5	Clear Crk-Amana	1	1:32.68 2
	1) Brady Hilsman 11	2) Adam zeman 12	3) Riley Colvin 12
	5) Tay Seals 11	6) Cade Overman 12	7) Colter Austin 12
			8) Beckett Boeset 11
6	Pella	1	1:32.84 1
	1) Harry Tallman 12	2) Logan VanDenBroek 11	3) Caiden Johnson 12
	5) Landen Pleima 12	6) Cruz Van Hauen 11	7) Rex Rhamy 12
			8) Harrison Mullens 12
7	Waverly-SR	1	1:32.88 1
	1) Grady Harris 11	2) Gael Portillo 12	3) Rylan Peters 12
	5) Jayden Stephens 10	6) Colin Bridges 11	7) Brady Bodensteiner 12
			8) Nolan Johnson 11
8	Epworth, WD	1	1:33.17 1
	1) Ben Wernimont 12	2) Will Steffen 10	3) Drew Bergfeld 11
	5) Willie Williams Jr. 11	6) Dilan Lopez 10	7) Beckhem LaRue 11
			8) John FitzPatrick 11
9	CPU	1	1:33.21 2
	1) AJ Maloney 12	2) Donovan Crouchet 11	3) Cayle Estling 12
	5) Garrett Lnenicka 11	6) AJ Ditch 10	7) Evan Ranbarger 11
			8) Cooper Grimm 12
			8) Nicholas Miller 10

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Event 160 ... (Boys 800 Sprint Medley 3A)

Event	Team	Relay	Seed Time
10	Benton Comm	1	1:33.37 3
	1) Brody Timmerman 12	2) Evan Martin 12	3) Carson Nolan 12
	5) Owen Von Ahsen 12	6) Gabe Pugh 11	7) Jack Lange 11
			8) Jayce Plummer 11
11	Storm Lake	1	1:33.45 2
	1) Brandyn Azurdia 12	2) Sitah Chaiyawong 12	3) David William 11
	5) Joel Ramirez-Parra 12	6) Rylan Richardson 12	4) Garbieno Weno 12
12	SB-Luton	1	1:33.91 3
	1) Beckett Verros 11	2) Justin Ehlers 10	3) Hunter Pearson 12
	5) Joe Hardy 12	6) Daniel Delarosa 12	7) Ryan Husen 11
			8) Gavin Warren 12
13	ADM, Adel	1	1:33.93 1
	1) Brayden Davison 11	2) Owen Rychnovsky 11	3) Parker Hook 11
	5) Zane Johnson 10	6) Leyton Gerleman 12	7) Andre Taborga 12
			8) Jackson Pitzen 12
14	Humboldt	1	1:33.97 3
	1) Griffin Groat 11	2) Valley Davis 12	3) Jackson Flaherty 12
	5) Jacob Girres 12	6) Brayden Dahl 10	7) Drake Pettit 09
			8) Cash McIntire 11
15	Decorah	1	1:34.27 4
	1) Grant Knutson 09	2) Landon Quandahl 12	3) Peyton Webb 12
	5) Max Grimstad 12	6) Gavin Knutson 11	7) Trevor Kuennen 12
			8) Guston Pole 09
16	Central DeWitt	1	1:34.36 2
	1) Sam Pfeifle 11	2) Michael Palmer 12	3) Jonathan Garrison 11
	5) Cooper Small 11	6) Liam Watters 10	7) Jameson Gregoire 11
			8) Robert Knutsen 10
17	W Delaware	1	1:34.46 3
	1) Dylan Popp 12	2) Keysean Wilson 10	3) Emerson Smith 09
	5) Nolan Hemann 09	6) Jack Cantwell 12	7) Austin Schnieders 12
			8) Roman Reeder 10
18	Fairfield	1	1:34.58 3
	1) Dayson Workman 12	2) Voss Richardson 11	3) Eli Hoffman 12
	5) Spencer McCready 12	6) Jacob Crew 12	7) Blake Burnett 11
			8) Tucker Robertson 10
19	Bond-Farrar	1	1:34.66 2
	1) Blake Guthrie 12	2) Austin Muller 11	3) Drew Farver 12
	5) Carson Sirdoreus 10	6) Aidan Sunderman 11	7) Davin Butler 12
			8) Dylan Johnson 11
20	MOC-FV	1	1:34.79 4
	1) Dylan Maasdam 12	2) Hudson Kleinhesselink 10	3) Cooper Katt 12
	5) Dalton Koerselman 10	6) Nolan Schmidt 10	7) Conner Vander Ploeg 12
			8) Albear Van Zee 11
21	Mt Vernon	1	1:34.84 4
	1) Toby Neal 12	2) Teddy Bonewald 10	3) Logan Stanerson 12
	5) Landon Johannigmeier 10	6) Gabe Grafft 10	4) Holden Hlavacek 10
22	Ballard	1	1:35.60 1
	1) Liam Hurst 12	2) Aidan Wilson 11	3) Jace Ortner 11
	5) Tate Leland 10	6) Curtis Hinzman 11	7) Chase Ihle 12
			4) Axton Campbell 10
23	Harlan	1	1:35.83 2
	1) Jackson Ahrenholtz 10	2) Hagen Sorensen 12	3) Cade Nelson 11
	5) Ayden Redmon-Stephenson 12	6) Landon Nihsen 11	7) Alex McCulley 11
			8) Carson Baughman 10
24	Gilbert	1	1:35.90 2
	1) Aidan Rash 12	2) Gabe Fierce 12	3) Paul Marpe 12
	5) Owen Van Der Linden 09	6) Blake Jens 09	7) Preston Stensland 12
			8) Ethan Rash 12

Event 163 Boys 800 Meter Run Wheelchair Para

Friday 5/22/2026 - 2:25 PM

State Meet: 1:46.08 5/21/2021 Evan Correll, Waukee

All-Time: 1:46.08 2021 Evan Correll, Waukee

Name Year School

Seed Time

1	Josh Anderson	12	Washington	2:33.94
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Event 163 ... (Boys 800 Meter Run Wheelchair Para)

Name	Year	School	Seed Time
2 Titus De Koster	09	MOC-FV	3:45.05

Event 165 Boys 100 Meter Dash Ambulatory Para

Saturday 5/23/2026 - 12:50 PM

State Meet:	13.38	5/24/2025	John Reynolds, Siouxland Ch
All-Time:	13.23	2025	John Reynolds, Siouxland Christian

Name	Year	School	Seed Time
1 Kyle Simmons	12	Maquoketa	14.22

Event 167 Boys 200 Meter Dash Ambulatory Para

Saturday 5/23/2026 - 2:18 PM

State Meet:	28.12	5/24/2025	John Reynolds, Siouxland Ch
All-Time:	27.34	2025	John Reynolds, Siouxland Christ

Name	Year	School	Seed Time
1 Kyle Simmons	12	Maquoketa	29.56 1

Event 169 Boys 400 Meter Dash Ambulatory Para

Thursday 5/21/2026 - 2:01 PM

State Meet:	1:04.34	5/22/2025	John Reynolds, Siouxland Ch
All-Time:	1:05.74	2025	John Reynolds, Siouxland Christian

Name	Year	School	Seed Time
1 Kyle Simmons	12	Maquoketa	1:05.93

Event 171 Boys 800 Meter Run Ambulatory Para

Friday 5/22/2026 - 2:35 PM

State Meet:	2:51.90	5/23/2025	Cameron McGraw, Alburnett
All-Time:	2:43.88	2026	Cameron McGraw, Alburnett

Name	Year	School	Seed Time
1 Kyle Simmons	12	Maquoketa	2:32.70 1