



May 1, 2026

Dear Coach,

Congratulations to you and your athletes on a very successful season and qualifying to compete in the 2026 State Track & Field Meet. No doubt that this year has likely provided some extra weather-related challenges to get through, the extra work and dedication have been worth it as you get to end your season on the blue oval. The athletic trainers from Drake University and Iowa State University will be working with IHSAA & IGHSAU to provide athletic training services during the state meet.

We will provide Licensed Athletic Trainers throughout the meet to assist you and your athletes with getting ready for events and any necessary first aid or emergency care of any injuries that occur. Athletic Trainers and Athletic Training Students will be located at our medical tent on the northeast corner of the track, at the finish line, and walking/driving around the venue watching field events. If you have special needs or have athletes needing to receive a treatment, please notify us in advance and we will attempt to fulfill those needs during your time in Des Moines.

If you have a licensed athletic trainer or other healthcare provider who travels with your team, please forward our names and numbers to them so that we can make any necessary arrangements for treatments or other needs prior to the meet. If your teams does not travel with a licensed athletic trainer or other healthcare provider, in the event of an injury the hosting athletic trainer will have the medical authority to determine if it's safe for an athlete to return to play following injury (e.g, concussion, suspected fracture, ligament sprain, etc).

If you or a member of your team has any questions or requests of services prior to the state meet, please feel free to contact us at the phone number or email address below. We will do our best to accommodate your requests and look forward to meeting you during this event. Again, congratulations to your athletes on qualifying for the state meet and best of luck.

Sincerely,

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