

## 2026 STATE TRACK AND FIELD MEET - GENERAL INFORMATION COACHES, PLEASE READ THIS INFORMATION

Enclosed in this packet should be all of the materials you need for the state meet. If you find anything missing from your packet, or have any questions, call Jared Chizek at the IHSAA office or Jim Duea at the IGHSAU office.

**SCORING** - We are scoring eight places. **Relay and individual scoring is: 10-8-6-5-4-3-2-1. Ambulatory scoring is: 10-8-6-5-4-3-2-1. Results will be posted on the websites and on a board on the southwest corner of the stadium where they were posted for the Drake Relays.**

**PARTICIPANT ADMISSION** - Please be reminded that the only way participants (including coaches and managers) will be admitted to the stadium will be wearing their wristband. All spectator tickets must be purchased through Hometown Ticketing: <https://www.iahssa.org/tickets/> **Administrators may use their IHSAA/IGHSAU passes to enter from the northwest gate only. Spectator gates open at 7:30 am each day.**

**AWARDS** - Medals will be awarded for eight places for both boys and girls. The IGHSAU will also award qualifier medals for participants. Medals can be picked up at the northeast building located right off the track. Coaches or athletes may pick up the medals at any time during the competition. **The top three finishers in each event will be recognized in the infield shortly after the conclusion of the event.** Individual and relay champions will also receive a hat and flag for their accomplishments. Only one hat per athlete for the entirety of the meet. At-large girl qualifiers are asked to stop at the northeast building to pick up their ticket punched sign. Three trophies will be awarded in each class including both a boys and girls para-division championship trophy.

**SPIKE CHECK** - Drake University allows 1/4" or shorter pyramid spikes on all Drake Stadium surfaces. We will not be providing spikes to athletes. Running athletes may have their spikes checked when getting their hip numbers. Athletes in the high jump and long jump will have their spikes checked at the venue. Coaches, you are responsible for your athlete's spikes. If a spike doesn't meet the required specifications, it is the athlete's responsibility to correct the issue and not our meet volunteers.

**CHECK IN** - Make sure that all of your competitors check in with the clerks or their event judge well in advance of competition. The public address announcer will not make calls for the meet. Coaches and competitors need to monitor meet progress to make sure that everyone is reported.

**RELAY SHEETS** - A relay sheet is enclosed whether you qualified a relay or not. If a relay order has changed from the qualifying meet, please make the change on the sheet and bring the form to the south door of the press box. Changes from preliminary to final order must also be reported to south door of the press box.

**TRACK AND RUNWAY MARKS** – Competitors will be allowed to place a maximum of two marks on the running surface and approach runways and areas. Marks must be flat (tape, rubber strips, tongue depressors); no tennis balls or anything with an elevated surface may be used in these situations.

**IHSAA AND IGHSAU FIELD HEADQUARTERS** - If you need to contact IHSAA or IGHSAU administrators, you can come to the large tent on the north concourse. If the person you need to speak to is not there, they will be able to be reached by radio or phone.

**RUNNING BLOCKS** – Running blocks will be provided for the meet. Athletes cannot use their own blocks.

**THROWING EVENTS** – Shot will be contested inside the stadium while the discus will be contested in the north field. All implements will be weighed and inspected at their respective event site.

**STADIUM ACCESS** - Since you received your packets by UPS, you will have the wristbands you need to be admitted to the stadium. It is preferred athletes enter through the northeast stadium entrance. Athletes and coaches can enter the stadium 90 minutes prior to the start of the session. Please contact the appropriate office if

there is an issue with your wristbands.

**FIELDHOUSE ACCESS** – The fieldhouse will be open for warmups during the state meet. Teams are not to set up camp inside the fieldhouse. Restrooms are not available in the Fieldhouse. Team camps may be set up in the grass lot to the east of the Tennis Center. For those wanting to set up or drop off their tents on Wednesday, the area will be unlocked from 8 am to 8 pm on that day. After this time you will have to walk your tent in as the lot will be restricted to parking passes only.

**ATHLETE WARMUP AREA**- All access to the running surface is through the northeast gate of the stadium. Athletes will be allowed to warm up on the running surface prior to competition beginning each morning. Once competition begins, only athletes in uniform, wearing a hip number will have access to the running surface and infield for warm up. The only exception will be relay runners in uniform who do not wear a hip number. Alternates are not permitted on the infield area. This is an active warm up area. Warmups will only occur on the back stretch and will not be allowed south of the tunnel entrance. **Once races begin, competitors will be asked to step off the track and will be allowed in the infield no farther west than the nearest (east side) hash marks.** The only exception will be competitors concluding competition at the common finish line may transition back to the northeast corner by crossing the infield. Athletes will be responsible for their own sweat clothes and equipment. Items will **not** be boxed and taken to the northeast corner. There will be marshals assigned to the infield. After 11 am on Friday, Mediacom Stadium will be available as an additional warm-up location for the remainder of the meet. Please have your athletes keep the warm-up area, fieldhouse and Mediacom Stadium free of litter and garbage.

**FIELD EVENT COACHING BOXES** – Coaches with athletes in the shot put, long jump and high jump will have access to a coaching box at the venue site inside the stadium. Each team will receive one wristband per event (i.e. one coach for one or two athletes). Coaches in the discus will continue to have access outside of the throwing area in the north field.

**COACHES ARE RESTRICTED TO THE BLEACHER AREAS** – With the exception of coaches with athletes in the shot put, long jump and high jump, coaches who come onto the running surface or enter the infield area for any reason, including, but not limited to, instructing or coaching their athletes may cause the athlete to be disqualified from that event. This is in accordance with Rule 4-6-5e. Don't be the coach who causes his/her student athlete to be disqualified because you are somewhere you do not belong. If you have a concern regarding a race, please report to the meet referee on the south curve of the stadium.

**DISQUALIFICATIONS** - If a team has a disqualification, the coach will first be called by the meet referee via phone. If the meet referee cannot get a hold of the coach via phone, the public address announcer will call the coach to the rail in Section O. Please report promptly to that area if called.

**FIELD EVENT FLIGHTS** - All entries will be ranked from first to last in each event according to state qualifying meet performances. Coaches may request a change to a different flight in the field events of shot put, discus, and long jump if there is a scheduled conflict in the field event with a running event. This request must be communicated to the IGHSU/IHSAA by Sunday at 5:00 pm following the state qualifying meet.

**EXCUSED COMPETITORS** – Unless a special circumstance, field event competitors may be excused for up to 15 minutes to compete in a running event.