



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

Wrestling Spring Memo April 24, 2026

Good morning, Head Wrestling Coaches, Officials, AD's, & Asst. AD's –

1. IHSAA Wrestling Advisory Committee Meeting

This year's advisory committee meeting was held on April 8 where we discussed and reviewed everything from the 2025-26 season and the state of high school wrestling as a whole. This included but not limited to weight management, eligibility, coops, TrackWrestling, regular season operations, postseason (both dual team traditional tournaments), postseason expenses, etc. Four recommendations were made to our board and are as follows:

- Elimination of call ahead weigh ins to host sites for lower-level events. Schools must conduct weigh-ins on site and use that weigh-in only to build brackets and round robin matchups.
- Bump back IHSAA district wrestling start time to 11:00am, 9:00am weigh-in to accommodate travel.
- Approval of the [2027 Traditional State Wrestling Schedule](#) with adjustments made based on feedback from surveys, along with class rotation of sessions.
 - This will be year 2 of the 3-year schedule rotation
 - This schedule was implemented to preserve 24 qualifiers while addressing concerns brought to our office in past years with the full 4-day tournament.

There was also a motion made to adjust classification cut line for 1A and 2A but that is bigger conversation than just wrestling and will go to our classification committee for consideration.

2. NFHS Rules Change for 2026-27

The NFHS press release on rule changes can be view [HERE](#). Full list of rule changes can be found on the [NFHS wrestling page](#) of their website. These will all be broken down, in detail, within next year's rules meeting.

3. Recent Iowa Legislation

I have had several of you reach out regarding [housefile 513](#) that was attached to [HF2591](#), that will allow 8th graders to participate in high school athletics, if a school should choose to do so. This is yet to be signed by the Governor, and we will also be awaiting the DE to write specific legislation, guidance, and effective date for this so stay tuned and will have more details sent out as available.

As always, please do not hesitate to reach out anytime with questions, concerns, or clarification this offseason as everyone works to prepare for the 2026-27 wrestling season.

Sincerely,



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