



# IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

## 2025 STATE CROSS COUNTRY STARTING ASSIGNMENTS – CLASS 4A BOYS

| <b><u>Box</u></b> | <b><u>Numbers</u></b> | <b><u>School or Individuals</u></b>             |
|-------------------|-----------------------|---|
| <b>1</b>          | 795                   | Kuma Gutema, 10, Sioux City North               |
|                   | 796                   | Ben Hames, 12, Sioux City North                 |
|                   | 797                   | Even Tesfaselassie, 12, Sioux City North        |
|                   | 769                   | Ethan Cheney, 12, Linn-Mar                      |
|                   | 770                   | Joshua Knapp, 12, Linn-Mar                      |
| <b>2</b>          | 730-736               | Dubuque Senior                                  |
| <b>3</b>          | 716-722               | Dowling Catholic, West Des Moines               |
| <b>4</b>          | 705                   | Adam Gray, 12, Cedar Rapids Kennedy             |
|                   | 704                   | Slade Buckheister, 12, Cedar Rapids Kennedy     |
|                   | 800                   | Jack Tryon, 10 Urbandale                        |
|                   | 799                   | Cayden Miller, 11 Urbandale                     |
|                   | 798                   | Ashton Hensley, 12 Urbandale                    |
| <b>5</b>          | 706-711               | Dallas Center-Grimes                            |
| <b>6</b>          | 781-787               | Pleasant Valley                                 |
| <b>7</b>          | 723-729               | Dubuque, Hempstead                              |
| <b>8</b>          | 801                   | Thomas Limback, 11, Valley, West Des Moines     |
|                   | 712                   | Emmett Revell-Beck, 10, Davenport, Central      |
|                   | 713                   | Zack Ryan, 12, Davenport, Central               |
|                   | 682                   | Ike Smith, 12, Ankeny                           |
|                   | 802                   | Ben Peterson, 11, Waukee                        |
| <b>9</b>          | 737-743               | Indianola                                       |
| <b>10</b>         | 751-757               | Iowa City Liberty                               |
| <b>11</b>         | 774-780               | Norwalk   |
| <b>12</b>         | 803-809               | Waukee Northwest                                |
| <b>13</b>         | 690-696               | Bettendorf                                      |
| <b>14</b>         | 760-766               | Johnston  |
| <b>15</b>         | 744-750               | Iowa City, City High                            |
| <b>16</b>         | 714                   | JC Nuci, 11, Davenport, North                   |
|                   | 758                   | Michael Hanna, 10, Iowa City, West              |
|                   | 759                   | Jake Weiler, 10, Iowa City, West                |
|                   | 771                   | Preston Johnson, 11, Marshalltown               |
|                   | 772                   | Carter Nunn, 12, Marshalltown                   |
| <b>17</b>         | 697-703               | Cedar Falls                                     |
| <b>18</b>         | 715                   | Marvin Mejicano-Barahona, 10, Des Moines, North |
|                   | 768                   | Evan Lillie, 10, Lewis Central                  |
|                   | 767                   | Kevin Coots, 12, Lewis Central                  |
|                   | 773                   | Henry Hansen, 11, Mason City                    |
|                   | 681                   | Caleb Bolles, 10, Ames                          |
| <b>19</b>         | 788-794               | Prairie, Cedar Rapids                           |



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|    |         |                   |
|----|---------|-------------------|
| 20 | 683-689 | Ankeny Centennial |
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