



2025 Iowa High School Cross Country State Qualifying Meet Assignments



CLASS 4A

4 p.m., Wednesday, October 22

1. COUNCIL BLUFFS, ABRAHAM LINCOLN

Ankeny Centennial
Council Bluffs, Abraham Lincoln
Council Bluffs, Thomas Jefferson
Dallas Center-Grimes
Des Moines, Roosevelt
Lewis Central
Norwalk
Sioux City, East
Sioux City, North
Sioux City, West

2. IOWA CITY, CITY

Ames
Cedar Rapids, Jefferson
Cedar Rapids, Kennedy
Cedar Rapids, Washington
Dubuque, Senior
Iowa City, City High
Iowa City, Liberty
Iowa City, West
Ottumwa

3. JOHNSTON

Des Moines, East
Des Moines, Lincoln
Des Moines, North
Dowling Catholic, West Des Moines
Indianola
Johnston
Southeast Polk
Urbandale
Valley, West Des Moines

4. MARSHALLTOWN

Ankeny
Cedar Falls
Dubuque, Hempstead
Fort Dodge
Marshalltown
Mason City
Waterloo, East
Waterloo, West
Waukee
Waukee Northwest

5. PLEASANT VALLEY

Bettendorf
Clinton
Davenport, Central
Davenport, North
Davenport, West
Muscatine
Linn-Mar, Marion
North Scott
Pleasant Valley
Prairie, Cedar Rapids