



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

EMERGENCY IHSAA WRESTLING WEIGHT EXCHANGE FORM **TO BE USED ONLY IN THE EVENT THE NWCA-OPC COMPUTER GENERATED WEIGH-IN FORM IS NOT AVAILABLE**

If this form is used, the coach using it must enter the information into the TrackWrestling-OPC the day after the meet and this form must be emailed to the IHSAA at aumthun@iahsaa.org the day after the meet.

Complete School Name _____

WEIGHT CLASS	NAME OF CONTESTANT	ACTUAL SCALE WEIGHT	GRADE
106			
113			
120			
126			
132			
138			
144			
150			
157			
165			
175			
190			
215			
285			

Signature of the Coach Using This Form: _____

Signature of Administrator Conducting Weigh Ins or Opposing Coach: _____

Meet Date: _____