## Starting Dates, 2025-26

The first date listed after each sport is the first date on which competition is allowed (eligibility period starts). Eligibility resumes at 12:01 a.m. **on the 21**st **day**.

IHSAA Sports	1st competition date	Eligibility resumes at 12:01 a.m. on THIS Date:
Fall Golf	August 14	September 3
Football	August 21	September 10
Cross Country	August 25	September 14
Bowling	November 20	December 10
Swimming	November 24	December 14
Wrestling	December 1	December 21
Basketball	December 1	December 21
Track/Field	March 9	March 29
Spring Golf	March 30	April 19
Tennis	March 30	April 19
Soccer	March 30	April 19
Baseball	May 18	June 7
IGHSAU Sports	1st competition date	Eligibility resumes at 12:01 a.m. on THIS Date:
	August 6	August 26
Cross Country	August 25	September 14
Swimming/Diving	August 25	September 14
Volleyball	August 25	September 14
Bowling	November 10	November 30
Wrestling	November 17	December 7
Basketball	November 21	December 11
Track/Field	March 9	March 29
Golf	March 25	April 14
Soccer	April 6	April 26
Softball	May 25	June 14