# IOWA HIGH SCHOOL ATHLETIC ASSOCIATION



# **Baseball Memo #5**

May 12, 2025

Good morning, Head Baseball Coaches & AD's -

As we prepare for the first week of competition next week, I wanted to get a few reminders and some final information out as we go into mid-May and the start of June approaches.

# 1. Data Entry on Bound

Coaches, a reminder of your responsibility to enter game results and stats, including pitch count, into Bound. Automated notifications will be sent to admin teams of a school that fails to enter pitch count information into Bound by 9:00am the morning following a contest. Ensure we are all working to fulfill this requirement throughout the season.

#### 2. Classifications

Final baseball classifications are now posted <u>HERE</u>. No added or discontinued coops will be accepted at this point unless it does not alter these final classifications.

### 3. Pitch Count

I have had a few questions on pitch count so please make sure you know tiers for this, weekly limitations first three weeks for 10<sup>th</sup>-12<sup>th</sup> graders is 180, while 8<sup>th</sup>-9<sup>th</sup> graders limit of 150 pitches per week the entire season. Review for most.

- Pitch Count Form available to use on our website as well as Pitch Count Spreadsheet Pitch Count Spreadsheet
  - o Forms are view only but by downloading a copy, you will be able to edit.
  - o Contact our office with any questions or clarification on this.
- Full pitch count info can be found in our Baseball Regular Season Manual
- We had multiple games forfeited last due to pitch count errors so ensure we know cut offs and where your pitchers are at with their number of pitchers.

### 4. WBGT Reminders

As a reminder from the 2025 rules meeting, the Wet Bulb Globe Thermometer (WBGT) is an NFHS national recommendation that does replace the heat index that was previously used in navigating the heat. This is utilized for all sports and was implemented this 2024-25 school year this past fall. AD's are well-versed, but please ensure everyone is familiar with the <u>WBGT Guidance</u> and can also view the <u>WBGT Webinar</u> that was held this fall. Do not panic, the numbers in the activity guidelines are the WBGT reading, not the temperature. If you have any additional questions or concerns, please reach out to Richelle Williams at <u>richelle.williams@drake.edu</u>. She serves on our Sports Medicine Advisory Committee and will be happy to assist.

## 5. Postseason Manual

Ensure everyone is familiar with the IHSAA postseason procedures with assignments. <u>2025 Baseball Postseason Manual</u>. As always, all baseball materials, including past memos, can be found on our <u>Baseball Page</u>.

Thanks, and do not hesitate to reach out with any questions as we progress through the regular season.



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