



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

Baseball Memo #1

March 3, 2025

Good afternoon, Head Baseball Coaches, AD's, & Asst. AD's –

1. Spring Batting Practice

Reminder that our 15 days allotted for **voluntary** spring batting practice does allow 5 of these 15 dates to be full voluntary practice to work on all aspects of the game (fielding, base-running, situational, etc.) in addition to BP. The start date for this is officially today, **Monday, March 3rd** and can be utilized anytime up to the 1st day of practice (May 5). AD's, be sure to know the dates your programs plan to utilize these 15 total dates. [Manual: Baseball \(iahsaa.org\)](http://iahsaa.org)

2. Rule Meeting

The 2025 rules meeting will be available for viewing and completion on Monday, March 31st (Week 39) for those unable to attend the in-person presentation at the IHSBCA coach's clinic in January. The NFHS, our national governing body, has rule updates/changes for the 2025 season, as well as points of emphasis, that you will want to be sure you are up to date on (covered, in detail in rules meeting):

- Proper use of one-way radio communication.
- Emphasis on Pace of Play, dugout decorum, pitching position, and others.
- [NFHS 2025 Baseball Rule Changes](#)

3. Bound Directory

AD's, please ensure your directory on Bound is up to date. I have many schools that do not have a baseball coach listed or do not have their contact information listed on here (email & cell). Please ensure they are getting communications coming as we are pulling contact information directly from Bound.

4. Lineup Cards

IHSAA will print lineup cards for schools by **REQUEST ONLY**. Below is a link to complete the order. All requests must be submitted by **3:00pm on Thursday, April 10**. Printable & fillable PDF's also available on website or on links below:

- [2025 Baseball Lineup Card - ORDER FORM](#)
- [Baseball Lineup Card - PRINTABLE](#)
- [Baseball Lineup Card - FILLABLE](#)

5. Future Information Coming

Later you will see on our [Baseball Page](#) and/or receive emails on:

- Preliminary Classifications with co-ops
- Post Season Manual

Thanks, and please do not hesitate to reach out if any questions arise as the 2025 season approaches.



Andy Umthun

aumthun@iahsaa.org

Assistant Director

Iowa High School Athletic Association
515-432-2011 ext. 237 | www.iahsaa.org
1605 S. Story Street, Boone, IA 50036