

# IOWA STATE QUALIFIER 1A - CENTRAL SPRINGS

Manly, IA  
Pioneer Town & Country Club  
Thursday, October 24, 2024

## MEET OFFICIALS

Timing:  
Wayzata Results, LLC



OFFICIAL MEET REPORT  
printed: 10/24/2024 7:31 PM

**Race #1**  
**Girls 5000M**

# Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 MadridT	37	1-3-4-13-16(22)(32)	1:43:23	20:41
2 Wapsie Valley Fairba	72	5-14-15-18-20(26)(34)	1:49:57	22:00
3 St. Edmond Fort Dod	99*	8-10-25-27-29(33)(41)	1:53:25	22:41
4 Newman Catholic Ma	99*	7-11-12-24-45	1:57:10	23:26
5 Saint Ansgar	107	6-17-23-30-31(37)(44)	1:53:55	22:47
6 West Hancock Britt	112	9-19-21-28-35(36)(39)	1:55:26	23:06
7 Nashua-Plainfield	165	2-38-40-42-43(46)	2:03:14	24:39

#### \*Tiebreakers

St. Edmond Fort Dodge	8	10	25	27	29	33
Newman Catholic Mason City	7	11	12	24	45	

### INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Katelyn Brandhorst I	JR	8700	Madrid	1	19:11.3	---
2 Kadence Huck I	SR	8718	Nashua-Plainfie	2	19:12.5	1.2
3 Madelyn Grothus I	SO	8702	Madrid	3	19:33.4	22.1
4 Julia Swift I	FR	8656	Bishop Garriga	-	19:35.1	23.8
5 Claire Zweibohmer I	JR	8771	Riceville	-	19:38.6	27.3
6 Lauren Hillesland I	JR	8750	North Iowa Buff	-	19:59.5	48.2
7 Hannah Brandhorst I	SO	8699	Madrid	4	20:03.7	52.4
8 Adalynn Kane I	FR	8809	Wapsie Valley	5	20:08.2	56.9
9 Lila Powers I	JR	8784	Saint Ansgar	6	20:12.5	1:01.2
10 Tess Weiner I	SO	8730	Newman Cathol	7	20:35.6	1:24.3
11 Ellie Knox	SR	8795	St. Edmond For	8	21:05.3	1:54.0
12 Iselle Weiland	FR	8824	West Hancock	9	21:26.8	2:15.5
13 Jacey Welbig	SR	8758	North Union	-	21:35.3	2:24.0
14 Naomi Valles	FR	8799	St. Edmond For	10	21:41.7	2:30.4
15 Avery Kelly	SR	8726	Newman Cathol	11	21:41.7	2:30.4
16 Kate Knoll	SO	8727	Newman Cathol	12	22:02.3	2:51.0
17 Adelyn White T	SO	8705	Madrid	13	22:11.9	3:00.6
18 Maya Barnes T	JR	8807	Wapsie Valley	14	22:13.9	3:02.6
19 Jaylin May T	SR	8810	Wapsie Valley	15	22:20.2	3:08.9
20 Mila Grothus T	SR	8703	Madrid	16	22:22.9	3:11.6
21 Ella Horgen	FR	8781	Saint Ansgar	17	22:25.0	3:12.7
22 Macy Thorson	SR	8762	Northwood-Ken	-	22:27.0	3:14.7
23 Brinley Boehme T	FR	8808	Wapsie Valley	18	22:32.0	3:19.7
24 Alexis Cummins	SO	8756	North Union	-	22:36.8	3:25.5
25 Tara Marchand	JR	8822	West Hancock	19	22:40.0	3:27.7
26 Ava Meinders	JR	8751	North Iowa Buff	-	22:41.4	3:30.1
27 Ava Meyer T	SO	8811	Wapsie Valley	20	22:42.7	3:31.4
28 Whitney Davis	JR	8665	Central Springs	-	22:44.4	3:33.1
29 Vanessa Mendez	JR	8823	West Hancock	21	22:56.5	3:45.2
30 Addyson Main	JR	8668	Central Springs	-	22:57.2	3:45.9
31 Ari Mundy T	SO	8704	Madrid	(22)	22:58.6	3:47.3
32 Eve Jordan	FR	8671	Clarksville	-	23:03.0	3:50.7

### TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
33 Lanie Hanna	JR	8780	Saint Ansgar	23	23:10.9	3:59.6
34 Dayton Berman	SO	8664	Central Springs	-	23:12.6	4:01.3
35 Kara Renneker	SO	8689	Lake Mills	-	23:19.2	4:07.9
36 Maggie McMichael	JR	8728	Newman Cathol	24	23:23.0	4:10.7
37 Cora Barnett	SO	8738	North Butler Gr	-	23:23.5	4:12.2
38 Nina Smith	SO	8797	St. Edmond For	25	23:23.6	4:12.3
39 Adelynn Wierck T	JR	8813	Wapsie Valley	(26)	23:27.1	4:15.8
40 Lily Young	SO	8691	Lake Mills	-	23:31.4	4:20.1
41 Alex Leiting	SO	8796	St. Edmond For	27	23:34.2	4:22.9
42 Haylen Broshar	SO	8818	West Hancock	28	23:37.7	4:26.4
43 Lily Eslick	SO	8793	St. Edmond For	29	23:40.0	4:27.7
44 Maggie Heidemann	FR	8680	Janesville	-	23:48.4	4:37.1
45 Alyssa Welbig	SO	8757	North Union	-	23:50.1	4:38.8
46 Lakin Evans	SO	8779	Saint Ansgar	30	23:53.8	4:42.5
47 Mya Howes	JR	8666	Central Springs	-	24:07.7	4:56.4
48 Abbey Muller	SR	8782	Saint Ansgar	31	24:12.4	5:01.1
49 Ashlyn Burkhart T	FR	8701	Madrid	(32)	24:14.1	5:02.8
50 Betsy Gruver	FR	8794	St. Edmond For	(33)	24:14.9	5:03.6
51 Miriam Rulapaugh T	JR	8812	Wapsie Valley	(34)	24:18.1	5:06.8
52 Tori Koenigs	JR	8770	Riceville	-	24:31.6	5:20.3
53 Loni Johnson	FR	8769	Riceville	-	24:33.5	5:22.2
54 Brinley Hiscocks	JR	8820	West Hancock	35	24:44.4	5:33.1
55 Alexis Gray	SO	8749	North Iowa Buff	-	24:46.4	5:35.1
56 Eva Kohlhaas	SO	8655	Bishop Garriga	-	24:49.0	5:36.7
57 Elli Christensen	SR	8819	West Hancock	(36)	25:00.0	5:47.7
58 Claire Squire	FR	8785	Saint Ansgar	(37)	25:06.5	5:55.2
59 Emma Hinders	FR	8717	Nashua-Plainfie	38	25:13.5	6:02.2
60 Norah Blodgett	FR	8748	North Iowa Buff	-	25:22.7	6:11.4
61 Ava Keiper	SO	8821	West Hancock	(39)	25:32.3	6:21.0
62 Kelly Cerwinske	FR	8714	Nashua-Plainfie	40	25:39.8	6:28.5
63 Jennifer Carranza	SR	8755	North Union	-	25:50.9	6:39.6
64 Abby Tofilon	SO	8798	St. Edmond For	(41)	26:20.9	7:09.6
65 Kaylie Sylvara	SO	8690	Lake Mills	-	26:25.1	7:13.8
66 Amberley Gerholdt	SR	8716	Nashua-Plainfie	42	26:33.4	7:22.1
67 Adiley Gerholdt	FR	8715	Nashua-Plainfie	43	26:34.7	7:23.4
68 Addy Johnson	SR	8670	Clarksville	-	26:36.8	7:25.5
69 Chloe Echard	FR	8773	Rockford	-	26:56.3	7:45.0
70 Izzy Foelske	FR	8679	Janesville	-	27:08.9	7:57.6
71 Jazzmine Olson	JR	8783	Saint Ansgar	(44)	27:17.8	8:06.5
72 Veronica Spooner	SO	8729	Newman Cathol	45	29:27.4	10:16.
73 Hannah Wangsness	JR	8673	Clarksville	-	29:42.8	10:31.
74 Bailey Bond	SR	8713	Nashua-Plainfie	(46)	32:41.1	13:29.
75 Sydney Lovrien	JR	8672	Clarksville	-	34:38.5	15:27.

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**Race #2**  
**Boys 5000M**

# Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 Lake MillsT	34	2-4-5-8-15(20)(33)	1:26:01	17:13
2 St. Edmond Fort Dod	80	3-6-9-26-36(46)(53)	1:29:02	17:49
3 North Butler Greene	95	10-14-19-21-31(34)	1:31:23	18:17
4 Newman Catholic Ma	110	17-18-23-25-27(29)(37)	1:32:29	18:30
5 North Iowa Buffalo C	121	1-11-22-42-45(56)(59)	1:31:25	18:17
6 Madrid	153	13-30-32-35-43(49)(69)	1:34:37	18:56
7 Central Springs	173	12-16-44-50-51(62)(70)	1:36:59	19:24
8 Wapsie Valley Fairba	200	7-38-48-52-55(61)(66)	1:38:47	19:46
9 Nashua-Plainfield	205	24-39-41-47-54(65)(67)	1:37:48	19:34
10 Riceville	283	28-57-58-68-72	1:49:19	21:52
11 Saint Ansgar	298	40-60-63-64-71	1:49:33	21:55

### TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
34 Brody Buck	SR	8693	Madrid	32	19:05.2	2:53.2
35 Joseph Charlson T	SO	8682	Lake Mills	(33)	19:06.5	2:54.5
36 William Nielsen	SO	8734	North Butler Gr	(34)	19:07.3	2:55.3
37 Cavin Pehl	JR	8696	Madrid	35	19:08.3	2:56.3
38 Erik Larson T	SO	8788	St. Edmond For	36	19:10.0	2:57.0
39 Adam Henrich	SR	8720	Newman Cathol	(37)	19:10.1	2:58.1
40 Marshall Weepie	JR	8806	Wapsie Valley	38	19:11.8	2:59.8
41 Luke Paplow	SR	8709	Nashua-Plainfie	39	19:13.2	3:01.2
42 Lucan Knutson	SR	8775	Saint Ansgar	40	19:22.0	3:09.0
43 Brexton Bird	JR	8706	Nashua-Plainfie	41	19:25.6	3:13.6
44 Jasper Wirth	SO	8747	North Iowa Buff	42	19:26.5	3:14.5
45 Kris Petersen	FR	8697	Madrid	43	19:28.0	3:15.0
46 Breck Lutz	FR	8659	Central Springs	44	19:33.1	3:21.1
47 Jackson Potter	SR	8746	North Iowa Buff	45	19:34.3	3:22.3
48 Drake Yurkovac T	SO	8792	St. Edmond For	(46)	19:37.5	3:25.5
49 Caleb Sinnwell	SR	8711	Nashua-Plainfie	47	19:39.5	3:27.5
50 Aiden Bauer	JR	8752	North Union	-	19:42.1	3:30.1
51 Landon Manwarren	JR	8754	North Union	-	19:47.6	3:35.6
52 Trey Stevens	SO	8772	Rockford	-	20:09.9	3:57.9
53 Finn Schaefer	JR	8803	Wapsie Valley	48	20:14.4	4:02.4
54 Tate Lawson	SR	8695	Madrid	(49)	20:20.7	4:08.7
55 Jack Pruin	SR	8660	Central Springs	50	20:34.7	4:22.7
56 Zach Heiken	JR	8759	Northwood-Ken	-	20:41.1	4:29.1
57 Thomas Haas	SR	8658	Central Springs	51	20:44.1	4:32.1
58 Cayden Callison	FR	8674	Clear Lake Clas	-	20:49.4	4:37.4
59 Elijah Eike	JR	8801	Wapsie Valley	52	20:54.1	4:42.1
60 Thomas Knobbe T	JR	8787	St. Edmond For	(53)	20:56.1	4:44.1
61 Connor Sullivan	SO	8712	Nashua-Plainfie	54	20:57.8	4:45.8
62 Oliver Tiedt	FR	8805	Wapsie Valley	55	21:01.0	4:48.0
63 Myles Henn	SO	8744	North Iowa Buff	(56)	21:01.4	4:49.4
64 Carson Fox	SO	8816	West Hancock	-	21:01.8	4:49.8
65 Kyle Vance	JR	8768	Riceville	57	21:02.4	4:50.4
66 Elijah Dwine	JR	8764	Riceville	58	21:09.5	4:57.5
67 Noah Hanson	SR	8743	North Iowa Buff	(59)	21:16.5	5:04.5
68 Ashton Krebsbach	FR	8776	Saint Ansgar	60	21:18.9	5:06.9
69 Corbin Darling	SO	8654	Bishop Garriga	-	21:22.1	5:10.1
70 Cameron Szurley	JR	8804	Wapsie Valley	(61)	21:26.2	5:14.2
71 Tate Wymore	SO	8663	Central Springs	(62)	21:33.7	5:21.7
72 Noah Gansen	FR	8675	Janesville	-	21:37.5	5:25.5
73 Anthony Schnable	FR	8778	Saint Ansgar	63	21:48.2	5:36.2
74 Brian Nunez	SR	8777	Saint Ansgar	64	21:52.4	5:40.4
75 Carson Mundorf	SO	8708	Nashua-Plainfie	(65)	21:59.2	5:47.2
76 Jason Westendorf	SO	8678	Janesville	-	22:03.0	5:50.0
77 Jace Heasley-Eike	FR	8802	Wapsie Valley	(66)	22:03.2	5:51.2
78 Benjamin Percy	JR	8710	Nashua-Plainfie	(67)	22:07.5	5:55.5
79 Marshall Christensen	JR	8763	Riceville	68	22:08.0	5:55.0

### INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Gavin Grunhovd I	SR	8741	North Iowa Buff	1	16:13.0	---
2 Hayden Thompson I	JR	8686	Lake Mills	2	16:30.7	18.7
3 Anthony Valles I	JR	8791	St. Edmond For	3	16:34.2	22.2
4 Knute Rogne I	JR	8684	Lake Mills	4	16:53.2	41.2
5 Kade Van Roekel I	SR	8687	Lake Mills	5	17:04.9	52.9
6 Liam Shannon I	SR	8790	St. Edmond For	6	17:06.6	54.6
7 Aidan Brady I	JR	8800	Wapsie Valley	7	17:25.9	1:13.9
8 Stephen Brandenburg I	JR	8681	Lake Mills	8	17:29.1	1:17.1
9 Levi Oder-Westrum I	SR	8789	St. Edmond For	9	17:30.1	1:18.1
10 Ezra Almelen I	SO	8732	North Butler Gr	10	17:42.0	1:29.0
11 Jayden Grunhovd	FR	8742	North Iowa Buff	11	17:47.8	1:35.8
12 Gavin Ryner	SR	8661	Central Springs	12	17:57.9	1:45.9
13 Blake Renze	SR	8698	Madrid	13	17:58.5	1:46.5
14 Brady Henning	JR	8733	North Butler Gr	14	18:01.7	1:49.7
15 Lane Rygh T	SO	8685	Lake Mills	15	18:03.2	1:51.2
16 Kade Tabbert	FR	8662	Central Springs	16	18:08.4	1:56.4
17 Noah Ruiz	SR	8723	Newman Cathol	17	18:15.0	2:02.0
18 Noah O'Connell	SR	8721	Newman Cathol	18	18:15.6	2:03.6
19 Alex Almelen	SR	8731	North Butler Gr	19	18:18.0	2:05.0
20 Royce Peterson T	JR	8683	Lake Mills	(20)	18:19.9	2:07.9
21 Trager Pecha	JR	8735	North Butler Gr	21	18:20.2	2:08.2
22 Isaiah Collins	JR	8814	West Hancock	-	18:22.3	2:10.3
23 Skylar Lopez	SO	8745	North Iowa Buff	22	18:23.2	2:11.2
24 Dan Spooner	JR	8724	Newman Cathol	23	18:31.5	2:19.5
25 Jase Hansen	JR	8707	Nashua-Plainfie	24	18:31.6	2:19.6
26 Tyler Petree	JR	8722	Newman Cathol	25	18:36.7	2:24.7
27 Riley Gauden	SO	8817	West Hancock	-	18:38.8	2:26.8
28 Jonah Carlson T	JR	8786	St. Edmond For	26	18:40.9	2:28.9
29 Elias Carlsson	JR	8719	Newman Cathol	27	18:49.4	2:37.4
30 Cody Hart	JR	8765	Riceville	28	18:49.6	2:37.6
31 Sam Steidl	SR	8725	Newman Cathol	(29)	18:52.1	2:40.1
32 Caleb Berberich	SO	8692	Madrid	30	18:57.0	2:44.0
33 Carl Shew	SO	8736	North Butler Gr	31	19:00.7	2:48.7

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**Race #2**  
**Boys 5000M**

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
80 Aspen Englund	SR	8694	Madrid	(69)	22:11.5	5:59.5
81 Kade Madden	JR	8753	North Union	-	22:15.8	6:03.8
82 Bryce Barker	SO	8657	Central Springs	(70)	23:39.1	7:27.1
83 Griffin Brumm	SO	8774	Saint Ansgar	71	25:11.7	8:59.7
84 Matthew Pridgen	JR	8767	Riceville	72	26:09.5	9:57.5
85 Ronan Penfold	SO	8760	Northwood-Ken	-	27:12.7	11:00.
86 Aidan Little	SO	8676	Janesville	-	31:30.4	15:18.