# 2024 TENNIS RULES MEETING

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# **BOYS' Meet Limitations**

- The meet limitation for boys' tennis is 12 regular season dates. A school may schedule 12 varsity and 12 sub-varsity dates.
- Multiple duals held on ANY DAY count as ONLY ONE date.
- Each individual player may only participate on a MAXIMUM of 12 regular season dates TOTAL, regardless of the level of competition.
- Postseason competition is NOT included in this limitation.





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# **GIRLS' Meet Limitations**

- The meet limitation for girls' tennis is 12 regular season competition dates. A school may schedule 12 varsity and 12 sub-varsity meets.
- Multiple duals held on ANY DAY count as only ONE date.
- Girls may participate in 12 dates at EACH level of competition.
- Postseason competition is NOT included in this limitation.



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# Boys' & Girls' Participation Clarification Varsity competition is intended for varsity teams and players and sub-varsity competition is intended for sub-varsity teams or players may play in varsity competition in special circumstances when needed to complete brackets. The respective state office tennis administrator should be contacted before sub-varsity teams or players compete in varsity competition.



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# **Regular Season Lineups for Girls**

# and Boys

- Coaches will exchange singles line ups at the same time before singles play begins.
- The official doubles line up in team play is the one submitted, or reaffirmed, immediately before the doubles teams take the court.
- Ethics for coaches dictate that the doubles teams be listed in the position of strength with the best doubles team submitted <u>that day</u> playing #1, the second-best team playing #2, etc.





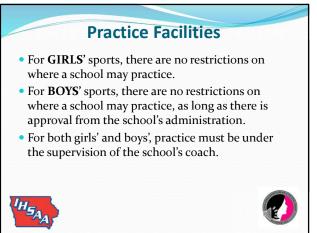
# Scrimmages

- In BOYS' tennis, each school is allowed ONE preseason scrimmage date and ONE scrimmage date to be used after the completion of district play and before the State Team Tournament.
- In **GIRLS**' tennis, each school is allowed **ONE scrimmage date** to be used after the first Friday in May and before the State Team Tournament.
- Complete rules on scrimmages can be found in the respective organization's tennis handbooks.

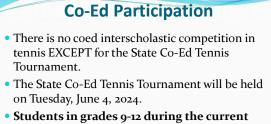




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 Students in grades 9-12 during the current school year are eligible to compete in State Co-Ed Tennis.





### Concussions

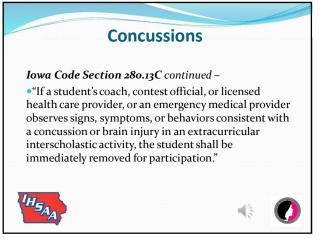
Iowa Code Section 280.13C states, in part,

•"... each school district and nonpublic school shall provide to the parent or guardian of each student in grades seven through twelve, a concussion and brain information sheet as provided by the Department of Public Health, Iowa High School Athletic Association and Iowa Girls High School Athletic Union.

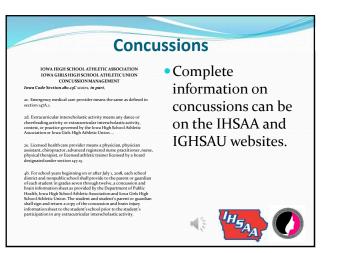
• The student and student's parent or guardian shall sign and return a copy of the concussion and brain injury information sheet to the student's school prior to the student's participation in any extracurricular interscholastic activity."

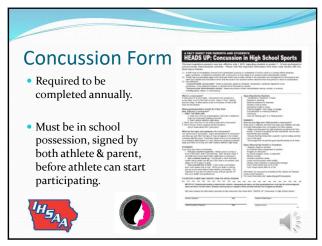


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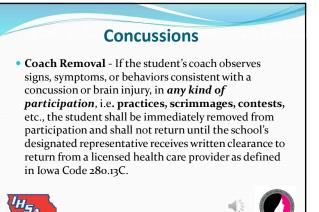


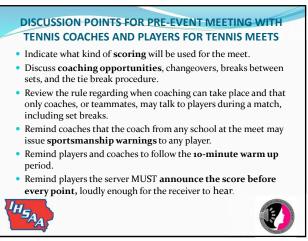
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#### DISCUSSION POINTS FOR PRE-EVENT MEETING WITH TENNIS COACHES AND PLAYERS FOR TENNIS MEETS

- Ask players to confirm the match score on every changeover and, if score cards are being used, to change the score cards on every changeover.
- Emphasize that players are calling their own lines and should not allow spectators to influence their calls. Once a player makes a call, it becomes history and everyone moves on.
- Remind players to avoid foot faults when serving.
- Ask players to leave the court when their match is over. They may watch any remaining matches with the other spectators.
- **Introduce respective coaching staffs** to each other prior to the start of the tournament/meet.



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# **IHSAA/IGHSAU** Coaching Opportunities

- Only school-approved coaches may coach their players from the time the players take the court to warm up for their match until the match is over.
- Coaching opportunities exist during 90-second changeovers and during set breaks. The clock starts on changeovers and set breaks when the last point is scored. There is no need to wait for the opposing coach.
- At the end of game #1, and during any tie-break, there is no delay when changing ends, so no coaching opportunities exist during those times.



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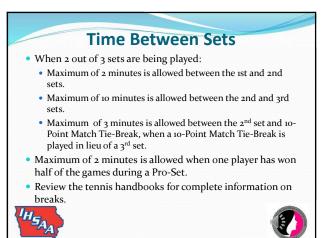
# Time Between Singles & Doubles A maximum of thirty minutes is allowed between a player's singles and doubles matches, unless the coaches mutually agree to shorten the break. Review the tennis handbooks for complete information on breaks.

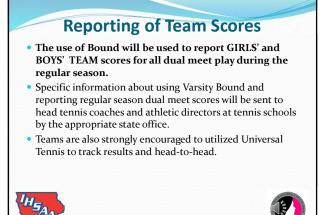


# DISCUSSION POINTS FOR PRE-EVENT MEETING WITH TENNIS COACHES AND PLAYERS FOR TENNIS MEETS In the event inclement weather causes play to stop during the regular season the following procedure should be used: The head coaches from each participating school will jointly decide when to suspend play due to inclement weather, with the athletic director or head coach from the host school having the final authority.

- Players are responsible for game score, match score, who was serving at the time of suspension and from what court.
- Coaches are responsible for notifying their respective athletic directors about the suspension of play so the athletic directors can discuss completing the suspended contest.

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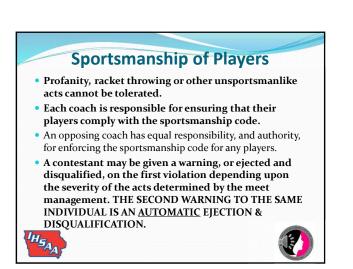


# **Universal Tennis Ratings (UTR)**

- New for 2024 Girl's Season:
- <u>IGHSAU</u> is requiring all schools to activate their team, add rosters, and report scores on UTR Sports for this Spring season. UTR will be used as a factor for the postseason. UTR High School is free of charge for all IGHSAU schools, coaches, parents, and players.
- Detailed information for season set-up and utilization can be found on the IGHSAU.org website



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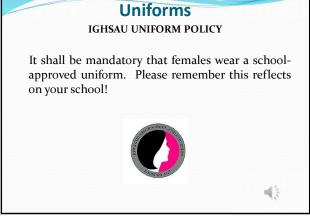


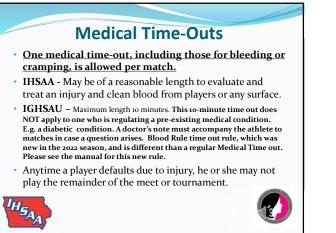
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#### Uniforms IHSAA UNIFORM POLICY • Only school-issued/approved uniforms are acceptable for boys' tennis. • Football jerseys & tanks tops are NOT acceptable. • If a team does not have a school-issued uniform, a plain T-

- If a team does not have a school-issued uniform, a plain Tshirt of a single color with no design, exclusive of the manufacturer's logo, or a high school tennis tournament Tshirt, is acceptable.
- Tennis shorts shall be worn. Players are NOT permitted to wear an undergarment, or tights, which extend below the tennis shorts, except through a medically authorized waiver.





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# **Time-Outs for Muscle Cramping**

- Note 1: After each individual cramping occurrence, play must continue or the player, or doubles team, must injury default. Note 2: ONLY ONE medical time-out may be taken in a match for the same injury or condition, i.e. cramping even if the cramping is in different areas of the body.
- Is in different areas of the body. Note 3: The cramping penalty system is sequential and does not start over with each set. It carries over throughout the entire match. Example: If a player, or doubles team, has already been assessed a one match point cramping penalty in the second set any muscle cramps occurring again in the 3<sup>rd</sup> set, to an individual player or either member of the doubles team, shall result in a one-game cramping penalty being assessed.
- Note 4: Singles and doubles competition are considered separate However, anytime a player defaults due to injury, he or she may not play the remainder of the meet/tournament.

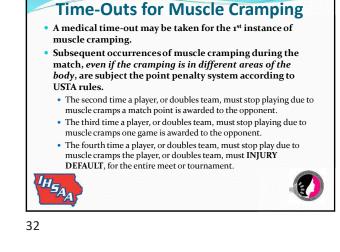


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# **Tournament Dates GIRLS'** Tournament Dates Regional Individual Tennis – Monday, May 6

- Regional Team Tennis Friday, May 10
- Regional Team Tennis Tuesday , May 14
- First Round Team State Tennis Saturday / Monday May 18 & 20
- State Individual Meet Friday / Saturday, May 24 & 25
- State Team Tennis Wednesday, May 29
- State Coed Meet Tuesday, June 4



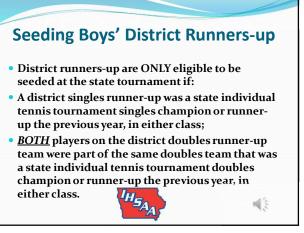






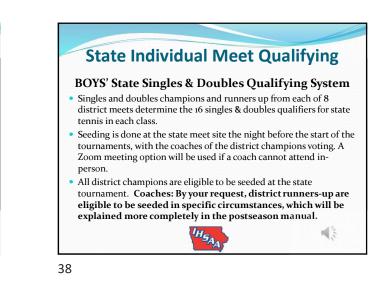
# **State Tournament Sites GIRLS' State Tournament Sites** • Class **1A State Singles & Doubles** -Hawkeye Tennis & Recreation Center, Iowa City • Class **2A State Singles & Doubles**- Johnston HS Tennis Courts • Class **1A Team** - Black Hawk Tennis Center, Waterloo • Class **2A Team** - Black Hawk Tennis Center, Waterloo • Class **2A Team** - Waukee Northwest Tennis Courts • Class **1A Coed Tennis** - Pella High School • Class **2A Coed Tennis** - Marshalltown High School

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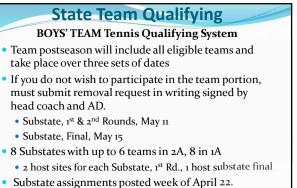


# **State Individual Meet Qualifying**

## GIRLS' State Singles & Doubles Qualifying System

- Singles and doubles champions and runners up from each of 8 regional meets determine the 16 singles & doubles qualifiers for state tennis in each class.
- Scoring at the Regional play for all rounds up to the Semi-Finals will now be 2 out 3 no add
  with the 3<sup>rd</sup> set a to point tiebreak. The Semi-Finals and Finals at regional individuals will
  be played with traditional scoring with ad. Please see the manual for this change and
  other updates.
- All regional champions are eligible to be seeded at the state tournament. Coaches: By your request, regional runners-up are eligible to be seeded in specific circumstances, which will be explained more completely in the post season manual.
- No later than 9:00am Wednesday morning following regional individual play of the
  previous Wednesday, the coaches of regional singles and doubles champions will e-mail
  the qualifications of their champion to the State Office for seeding purposes. Please use
  the e-mail address (erin@ighsau.org). If no information is received, the coach of that
  champion will not be allowed to vote for seeding. E-mails can be sent any time after the
  regional individual play.

Coaches of the regional champions will call in their votes at times listed in the manual.



- Seedings determined by coaches meeting, held on Friday, April 26 or Saturday, April 27
- Substate pairings released week of April 29

#### State Team Qualifying GIRLS' TEAM Tennis Qualifying System

- All teams will be placed in brackets and all teams will play for the state tournament.
- All team line-ups must be emailed to the state office by 4:00pm the Thursday before the first round of team play. This is for all schools, including those with byes!
- The eight regional champions will play in the State Team Tournament.
- First round of State Team play will take place at sites across the state.
- The final four teams will play the semi-final and finals at the state tournament final location.



# Postseason Team Format HSAA & IGHSAU Postseason Team Format 6 singles and 3 doubles Match scoring is 2 out of 3 sets No-Ad scoring is used in ALL postseason TEAM play *EXCEPTION*: In all IGHSAU team tournament play all 3<sup>rd</sup> sets will be played as the match tie-break. Matches end when either team has won five points

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# Postseason Team Substitutions

#### IHSAA & IGHSAU Team Substitution Rule

- In singles play, all players will move up in position with the substitute taking the #6 position.
- In doubles play, the substitute will take the place of the missing player already listed on the line up with no other realignment of players allowed.
- Once a substitution is made, the line up remains the same for the remainder of the day.



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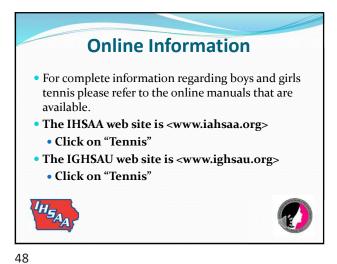
# Alcohol & Tobacco Products Prohibited

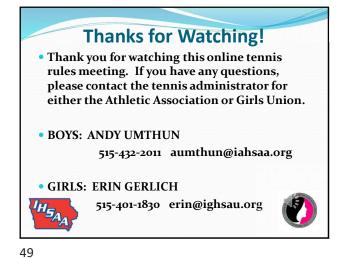
- Iowa Code does not allow the use of tobacco or alcohol products on school grounds or at any venue leased by the Boys Athletic Association or Girls Athletic Union.
- This includes all post-season sites for boys and girls tennis.











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