

2024 TENNIS RULES MEETING

ANDY UMTHUN
IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
ASSISTANT DIRECTOR

ERIN GERLICH
IOWA GIRLS HIGH SCHOOL ATHLETIC UNION
ASSOCIATE DIRECTOR




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THIS POWERPOINT PRESENTATION WAS COMPILED
JOINTLY BY THE IOWA HIGH SCHOOL ATHLETIC
ASSOCIATION AND THE IOWA GIRLS HIGH SCHOOL
ATHLETIC UNION

TENNIS ADMINISTRATORS

BOYS: ANDY UMTHUN
515-432-2011 ext. 237 aumthun@iahsaa.org



GIRLS: ERIN GERLICH
515-401-1830 erin@ighsau.org




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Tennis Advisory Committees

BOYS' Advisory Committee	GIRLS' Advisory Committee
• Travis Carpenter, Dav. Central	• Cindy Rasche, Clinton
• TJ Cox, Valley, W.D.M.	• Danielle Stubbs, Pella Christian
• Patrick Kruger, Mason City	• Mitzi Hetheron, Johnston
• Aaron Ratliff, Denison-Schleswig	• Brian Daooust, Shenandoah
• Dan Taylor, Spirit Lake	• David Will, Columbus Catholic
• Ryan Isgrig, Marshalltown (AD)	• Official: Shawn Petersen, Atlantic
	• Adam Riley, Decorah(AD)




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First Practice & Competition Dates

FIRST PRACTICE DATE FOR BOYS AND GIRLS TENNIS

- Monday, March 11

FIRST COMPETITION DATE FOR BOYS AND GIRLS



- Monday, March 25
 - Students ineligible under the Scholarship Rule begin their ineligibility on the first competition date and are ineligible for 30-consecutive calendar days.
 - Eligibility is regained on the 31st day - April 24 for girls and boys.

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BOYS' Meet Limitations


- The meet limitation for boys' tennis is 12 regular season dates. A school may schedule 12 varsity and 12 sub-varsity dates.
- Multiple duals held on ANY DAY count as ONLY ONE date.
- Each individual player may only participate on a MAXIMUM of 12 regular season dates TOTAL, regardless of the level of competition.
- Postseason competition is NOT included in this limitation.

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GIRLS' Meet Limitations

- The meet limitation for girls' tennis is 12 regular season competition dates. A school may schedule 12 varsity and 12 sub-varsity meets.
- Multiple duals held on ANY DAY count as only ONE date.
- Girls may participate in 12 dates at EACH level of competition.
- Postseason competition is NOT included in this limitation.



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Boys' & Girls' Participation Clarification

- Varsity competition is intended for varsity teams and players and sub-varsity competition is intended for sub-varsity teams and players.
- Sub-varsity teams or players may play in varsity competition in special circumstances when needed to complete brackets.
- The respective state office tennis administrator should be contacted before sub-varsity teams or players compete in varsity competition.



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Regular Season Lineups for Girls and Boys

- Coaches will exchange singles line ups at the same time before singles play begins.
- The official doubles line up in team play is the one submitted, or reaffirmed, immediately before the doubles teams take the court.
- Ethics for coaches dictate that the doubles teams be listed in the position of strength with the best doubles team submitted **that day** playing #1, the second-best team playing #2, etc.



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Scrimmages

- In **BOYS'** tennis, each school is allowed **ONE preseason scrimmage date** and **ONE scrimmage date** to be used after the completion of district play and before the State Team Tournament.
- In **GIRLS'** tennis, each school is allowed **ONE scrimmage date** to be used after the first Friday in May and before the State Team Tournament.
- Complete rules on scrimmages can be found in the respective organization's tennis handbooks.



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Practice Facilities

- For **GIRLS'** sports, there are no restrictions on where a school may practice.
- For **BOYS'** sports, there are no restrictions on where a school may practice, as long as there is approval from the school's administration.
- For both girls' and boys', practice must be under the supervision of the school's coach.



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Co-Ed Participation

- There is no coed interscholastic competition in tennis EXCEPT for the State Co-Ed Tennis Tournament.
- The State Co-Ed Tennis Tournament will be held on Tuesday, June 4, 2024.
- Students in grades 9-12 during the current school year are eligible to compete in State Co-Ed Tennis.



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MANDATORY CONCUSSION COURSE FOR ALL 7-12 COACHES



Concussion in Sports
Elective Course

Student Coach Parent Administrator Official

Free! Completions: 161023 +

ALL 7-12 coaches (paid or volunteer) are required to view the NFHS course, "Concussion in Sports" before the beginning of their respective sport season. Information regarding accessing this course has been sent to your school administrator.



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Concussions

Iowa Code Section 280.13C states, in part,

- "... each school district and nonpublic school shall provide to the parent or guardian of each student in grades seven through twelve, a concussion and brain information sheet as provided by the Department of Public Health, Iowa High School Athletic Association and Iowa Girls High School Athletic Union.
- The student and student's parent or guardian shall sign and return a copy of the concussion and brain injury information sheet to the student's school prior to the student's participation in any extracurricular interscholastic activity."



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Concussion Form

- Required to be completed annually.
- Must be in school possession, signed by both athlete & parent, before athlete can start participating.



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Concussions

Iowa Code Section 280.13C continued –

- "If a student's coach, contest official, or licensed health care provider, or an emergency medical provider observes signs, symptoms, or behaviors consistent with a concussion or brain injury in an extracurricular interscholastic activity, the student shall be immediately removed for participation."



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Concussions

- **Coach Removal** - If the student's coach observes signs, symptoms, or behaviors consistent with a concussion or brain injury, in **any kind of participation**, i.e. **practices, scrimmages, contests**, etc., the student shall be immediately removed from participation and shall not return until the school's designated representative receives written clearance to return from a licensed health care provider as defined in Iowa Code 280.13C.



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Concussions

IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
IOWA GIRLS HIGH SCHOOL ATHLETIC UNION
CONCUSSION MANAGEMENT

Iowa Code Section 280.13C states, in part,

2c. Emergency medical care provider means the same as defined in section 147A.1.

2d. Extracurricular interscholastic activity means any dance or cheerleading activity or extracurricular interscholastic activity, contest, or practice governed by the Iowa High School Athletic Association or Iowa Girls High School Athletic Union ...

2e. Licensed health care provider means a physician, physician assistant, chiropractor, advanced registered nurse practitioner, nurse, physical therapist, or licensed athletic trainer licensed by a board designated under section 147.25.

4b. For school years beginning on or after July 1, 2008, each school district and nonpublic school shall provide to the parent or guardian of each student in grades seven through twelve, a concussion and brain information sheet as provided by the Department of Public Health, Iowa High School Athletic Association and Iowa Girls High School Athletic Union. The student and student's parent or guardian shall sign and return a copy of the concussion and brain injury information sheet to the student's school prior to the student's participation in any extracurricular interscholastic activity.

- Complete information on concussions can be on the IHSAA and IGHSAA websites.



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DISCUSSION POINTS FOR PRE-EVENT MEETING WITH TENNIS COACHES AND PLAYERS FOR TENNIS MEETS

- Indicate what kind of **scoring** will be used for the meet.
- Discuss **coaching opportunities**, changeovers, breaks between sets, and the tie break procedure.
- Review the rule regarding when coaching can take place and that only coaches, or teammates, may talk to players during a match, including set breaks.
- Remind coaches that the coach from any school at the meet may issue **sportsmanship warnings** to any player.
- Remind players and coaches to follow the **10-minute warm up** period.
- Remind players the server **MUST announce the score before every point**, loudly enough for the receiver to hear.



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DISCUSSION POINTS FOR PRE-EVENT MEETING WITH TENNIS COACHES AND PLAYERS FOR TENNIS MEETS

- Ask players to **confirm the match score on every changeover** and, if score cards are being used, to **change the score cards on every changeover**.
- Emphasize that **players are calling their own lines** and should not allow spectators to influence their calls. Once a player makes a call, it becomes history and everyone moves on.
- Remind players to **avoid foot faults** when serving.
- Ask players to **leave the court when their match is over**. They may watch any remaining matches with the other spectators.
- **Introduce respective coaching staffs** to each other prior to the start of the tournament/meet.



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DISCUSSION POINTS FOR PRE-EVENT MEETING WITH TENNIS COACHES AND PLAYERS FOR TENNIS MEETS

- **In the event inclement weather causes play to stop** during the regular season the following procedure should be used:
 - The head coaches from each participating school will jointly decide when to suspend play due to inclement weather, with the athletic director or head coach from the **host school having the final authority**.
 - Players are responsible for game score, match score, who was serving at the time of suspension and from what court.
 - **Coaches are responsible for notifying their respective athletic directors about the suspension** of play so the athletic directors can discuss completing the suspended contest.



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IHSAA/IGHSAA Coaching Opportunities

- **Only school-approved coaches may coach their players** from the time the players take the court to warm up for their match until the match is over.
- **Coaching opportunities exist during 90-second changeovers and during set breaks**. The clock starts on changeovers and set breaks when the last point is scored. There is no need to wait for the opposing coach.
- At the end of game #1, and during any tie-break, there is no delay when changing ends, so no coaching opportunities exist during those times.



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Time Between Sets

- When 2 out of 3 sets are being played:
 - Maximum of 2 minutes is allowed between the 1st and 2nd sets.
 - Maximum of 10 minutes is allowed between the 2nd and 3rd sets.
 - Maximum of 3 minutes is allowed between the 2nd set and 10-Point Match Tie-Break, when a 10-Point Match Tie-Break is played in lieu of a 3rd set.
- Maximum of 2 minutes is allowed when one player has won half of the games during a Pro-Set.
- Review the tennis handbooks for complete information on breaks.



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Time Between Singles & Doubles

- A maximum of thirty minutes is allowed between a player's singles and doubles matches, unless the coaches mutually agree to shorten the break.
- Review the tennis handbooks for complete information on breaks.



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Reporting of Team Scores

- The use of Bound will be used to report **GIRLS' and BOYS' TEAM** scores for all dual meet play during the regular season.
- Specific information about using Varsity Bound and reporting regular season dual meet scores will be sent to head tennis coaches and athletic directors at tennis schools by the appropriate state office.
- Teams are also strongly encouraged to utilize Universal Tennis to track results and head-to-head.



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Universal Tennis Ratings (UTR)

- New for 2024 Girl's Season:
- IGHSAU is requiring all schools to activate their team, add rosters, and report scores on UTR Sports for this Spring season. UTR will be used as a factor for the postseason. UTR High School is free of charge for all IGHSAU schools, coaches, parents, and players.
- Detailed information for season set-up and utilization can be found on the IGHSAU.org website



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Sportsmanship of Players

- Profanity, racket throwing or other unsportsmanlike acts cannot be tolerated.
- Each coach is responsible for ensuring that their players comply with the sportsmanship code.
- An opposing coach has equal responsibility, and authority, for enforcing the sportsmanship code for any players.
- A contestant may be given a warning, or ejected and disqualified, on the first violation depending upon the severity of the acts determined by the meet management. THE SECOND WARNING TO THE SAME INDIVIDUAL IS AN AUTOMATIC EJECTION & DISQUALIFICATION.



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Sportsmanship of Players

- If a student-athlete is ejected & disqualified from a singles match, the ejection rule is enforced for that particular player in both singles and doubles.
- The player's doubles partner will not be penalized as a substitute may replace the ejected player in doubles play. This substitute player must be one who was not originally in the doubles line-up, and the doubles team positions cannot be realigned.
- *If either partner of a doubles team is ejected and disqualified for unsportsmanlike conduct during doubles competition, the doubles team forfeits the match.*



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Controversy on the Court

- Controversy on the court should be resolved by the players involved, whenever possible!
- Player discussions should be held at the net, not from the baselines!
- If players cannot resolve the issue, the coaches and players should meet at the net to discuss a resolution.
- If this meeting is not successful, meet administration should visit with the players and coaches at the net.
- An appeals judge can be appointed by meet management as a last resort. If an appeals judge is appointed, they make a ruling only when asked by one of the players, and the state office should be notified if an appeals judge is appointed.



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Uniforms

IHSAA UNIFORM POLICY

- Only school-issued/approved uniforms are acceptable for boys' tennis.
 - Football jerseys & tanks tops are NOT acceptable.
- If a team does not have a school-issued uniform, a plain T-shirt of a single color with no design, exclusive of the manufacturer's logo, or a high school tennis tournament T-shirt, is acceptable.
- Tennis shorts shall be worn. Players are NOT permitted to wear an undergarment, or tights, which extend below the tennis shorts, except through a medically authorized waiver.



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Uniforms

IGHSAU UNIFORM POLICY

It shall be mandatory that females wear a school-approved uniform. Please remember this reflects on your school!



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Medical Time-Outs

- **One medical time-out, including those for bleeding or cramping, is allowed per match.**
- IHSAA - May be of a reasonable length to evaluate and treat an injury and clean blood from players or any surface.
- IGHSAAU – Maximum length 10 minutes. **This 10-minute time out does NOT apply to one who is regulating a pre-existing medical condition.** E.g. a diabetic condition. A doctor's note must accompany the athlete to matches in case a question arises. Blood Rule time out rule, which was new in the 2022 season, and is different than a regular Medical Time out. Please see the manual for this new rule.
- Anytime a player defaults due to injury, he or she may not play the remainder of the meet or tournament.



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Time-Outs for Muscle Cramping

- A medical time-out may be taken for the 1st instance of muscle cramping.
- Subsequent occurrences of muscle cramping during the match, *even if the cramping is in different areas of the body*, are subject the point penalty system according to USTA rules.
 - The second time a player, or doubles team, must stop playing due to muscle cramps a match point is awarded to the opponent.
 - The third time a player, or doubles team, must stop playing due to muscle cramps one game is awarded to the opponent.
 - The fourth time a player, or doubles team, must stop play due to muscle cramps the player, or doubles team, must **INJURY DEFAULT**, for the entire meet or tournament.



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Time-Outs for Muscle Cramping

- **Note 1:** After each individual cramping occurrence, play must continue or the player, or doubles team, must injury default.
- **Note 2:** **ONLY ONE medical time-out may be taken in a match for the same injury or condition, i.e. cramping - even if the cramping is in different areas of the body.**
- **Note 3:** The cramping penalty system is sequential and does not start over with each set. It carries over throughout the entire match. **Example:** If a player, or doubles team, has already been assessed a one match point cramping penalty in the second set any muscle cramps occurring again in the 3rd set, to an individual player or either member of the doubles team, shall result in a one-game cramping penalty being assessed.
- **Note 4:** Singles and doubles competition are considered separate matches when applying the time out procedure for cramping. **However,** anytime a player defaults due to injury, he or she may not play the remainder of the meet/tournament.



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2024 Tournament Dates

BOYS' Tournament Dates

- District Singles & Doubles – **Wednesday, May 8**
 - Rain date – Thursday, May 9
- Preliminary Substate Team Meets – Saturday, May 11
- Substate Team Meets – Wednesday, May 15
- State S&D Meet – Tuesday & Wednesday, May 21-22
- State Team Tennis – Thursday & Friday May 30-31
- State Coed Meet – Tuesday, June 4



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Tournament Dates

GIRLS' Tournament Dates

- Regional Individual Tennis – Monday, May 6
- Regional Team Tennis – Friday, May 10
- Regional Team Tennis – Tuesday, May 14
- First Round Team State Tennis – Saturday / Monday May 18 & 20
- State Individual Meet – Friday / Saturday, May 24 & 25
- State Team Tennis – Wednesday, May 29
- State Coed Meet – Tuesday, June 4



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State Tournament Sites

BOYS' State Tournament Sites

- Class **1A Singles & Doubles** – Black Hawk Tennis Center, Waterloo
- Class **2A Singles & Doubles** – Hawkeye Tennis & Recreation Center, Iowa City
- Class **1A Team** – Hawkeye Tennis & Recreation Center, Iowa City
- Class **2A Team** – Waukee NW High School
- Class **1A Team & Coed Tennis** – Pella High School
- Class **2A Team & Coed Tennis** – Marshalltown HS



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State Tournament Sites

GIRLS' State Tournament Sites

- Class 1A State Singles & Doubles –Hawkeye Tennis & Recreation Center, Iowa City
- Class 2A State Singles & Doubles- Johnston HS Tennis Courts
- Class 1A Team – Black Hawk Tennis Center, Waterloo
- Class 2A Team – Waukee Northwest Tennis Courts
- Class 1A Coed Tennis – Pella High School
- Class 2A Coed Tennis – Marshalltown High School



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State Individual Meet Qualifying

BOYS' State Singles & Doubles Qualifying System

- Singles and doubles champions and runners up from each of 8 district meets determine the 16 singles & doubles qualifiers for state tennis in each class.
- Seeding is done at the state meet site the night before the start of the tournaments, with the coaches of the district champions voting. A Zoom meeting option will be used if a coach cannot attend in-person.
- All district champions are eligible to be seeded at the state tournament. **Coaches: By your request, district runners-up are eligible to be seeded in specific circumstances, which will be explained more completely in the postseason manual.**



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Seeding Boys' District Runners-up

- District runners-up are **ONLY** eligible to be seeded at the state tournament if:
- A district singles runner-up was a state individual tennis tournament singles champion or runner-up the previous year, in either class;
- **BOTH** players on the district doubles runner-up team were part of the same doubles team that was a state individual tennis tournament doubles champion or runner-up the previous year, in either class.



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State Individual Meet Qualifying

GIRLS' State Singles & Doubles Qualifying System

- Singles and doubles champions and runners up from each of 8 regional meets determine the 16 singles & doubles qualifiers for state tennis in each class.
- Scoring at the Regional play for all rounds up to the Semi-Finals will now be 2 out 3 no add with the 3rd set a 10 point tiebreak. The Semi-Finals and Finals at regional individuals will be played with traditional scoring with ad. Please see the manual for this change and other updates.
- All regional champions are eligible to be seeded at the state tournament. **Coaches: By your request, regional runners-up are eligible to be seeded in specific circumstances, which will be explained more completely in the post season manual.**
- No later than 9:00am Wednesday morning following regional individual play of the previous Wednesday, the coaches of regional singles and doubles champions will e-mail the qualifications of their champion to the State Office for seeding purposes. Please use the e-mail address (ering@ihsau.org). If no information is received, the coach of that champion will not be allowed to vote for seeding. E-mails can be sent any time after the regional individual play.
- Coaches of the regional champions will call in their votes at times listed in the manual.



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Seeding Regional Runners-up

- Regional runners-up are only eligible to be seeded at the state tournament if:
- A regional singles runner-up was a state individual tennis tournament singles champion or runner-up the previous year;
- **BOTH** players on the regional doubles runner-up team were part of the same doubles team that was a state individual tennis tournament champion or runner-up the previous year.



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State Team Qualifying

BOYS' TEAM Tennis Qualifying System

- Team postseason will include all eligible teams and take place over three sets of dates
- If you do not wish to participate in the team portion, must submit removal request in writing signed by head coach and AD.
 - Substate, 1st & 2nd Rounds, May 11
 - Substate, Final, May 15
- 8 Substates with up to 6 teams in 2A, 8 in 1A
 - 2 host sites for each Substate, 1st Rd., 1 host substate final
- Substate assignments posted week of April 22.
 - Seedings determined by coaches meeting, held on Friday, April 26 or Saturday, April 27
 - Substate pairings released week of April 29



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State Team Qualifying

GIRLS' TEAM Tennis Qualifying System

- All teams will be placed in brackets and all teams will play for the state tournament.
- All team line-ups must be emailed to the state office by 4:00pm the Thursday before the first round of team play. This is for all schools, including those with byes!
- The eight regional champions will play in the State Team Tournament.
- First round of State Team play will take place at sites across the state.
- The final four teams will play the semi-final and finals at the state tournament final location.



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Postseason Team Format

IHSAA & IGHS AU Postseason Team Format

- 6 singles and 3 doubles
- Match scoring is 2 out of 3 sets
- No-Ad scoring is used in ALL postseason TEAM play
 - *EXCEPTION:*
 - In all IGHS AU team tournament play all 3rd sets will be played as the match tie-break.
- Matches end when either team has won five points



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Postseason Team Substitutions

IHSAA & IGHS AU Team Substitution Rule

- In singles play, all players will move up in position with the substitute taking the #6 position.
- In doubles play, the substitute will take the place of the missing player already listed on the line up with no other realignment of players allowed.
- Once a substitution is made, the line up remains the same for the remainder of the day.



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Pets Prohibited at IHSAA/ IGHS AU-Sponsored Events

- Pets are prohibited from IHSAA & IGHS AU sponsored events, except service dogs or assistive animals. Pets are permitted in the parking areas, but not in the spectator areas.



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Alcohol & Tobacco Products Prohibited

- Iowa Code does not allow the use of tobacco or alcohol products on school grounds or at any venue leased by the Boys Athletic Association or Girls Athletic Union.
- This includes all post-season sites for boys and girls tennis.



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Online Information

- For complete information regarding boys and girls tennis please refer to the online manuals that are available.
- The IHSAA web site is <www.iahsaa.org>
 - Click on "Tennis"
- The IGHS AU web site is <www.ighsau.org>
 - Click on "Tennis"



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Thanks for Watching!

- Thank you for watching this online tennis rules meeting. If you have any questions, please contact the tennis administrator for either the Athletic Association or Girls Union.

- **BOYS: ANDY UMTHUN**

515-432-2011 aumthun@iahsaa.org

- **GIRLS: ERIN GERLICH**

515-401-1830 erin@ighsau.org



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- * One for your files
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- * One for your Coaching Authorization renewal



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