

EXAM FORMAT

| Place | Question | Answer Choice 1 | Answer Choice 2 | Answer Choice 3 | Answer Choice 4 | Answer Choice 5 | Rule Reference | Mandatory |
|-------|---|---|---|---|---|-----------------|-------------------|-----------|
| 1 | The home team has nets that are striped green and white to match its school colors. What should the referee do? | Declare the game a forfeit and award the win to the visiting team. | Inform the coach that colored nets are illegal and must be correct by the next game, then notify the state association. | Ask the visiting coach if the coach wishes to play the game as scheduled with the striped nets. | Colored and/or striped nets are legal. Play the game. | | 1-4-2 | |
| 2 | Student spectators have gathered behind the goal, standing on the ground and cheering their team during penalty kicks. | This is okay. | This is okay, as long as the fans are 10 feet behind the goal. | This is okay, as long as both team's fans are allowed to stay, and they remain 10 feet behind the goal. | No one is permitted directly behind the goal, unless they are in bleachers. Home team management should remove the fans from behind the goal. | | 1-6 | |
| 3 | Who decides whether a field is safe for play to begin? | The head referee decides if the field is playable prior to the game beginning, but the home team athletic director makes the decision once the game begins and until it ends. | The home team athletic director decides if the field is playable prior to the game beginning, but the head referee makes the decision once the game begins and until it ends. | The head referee decides if the field is playable both prior to the game beginning and during the game. | The home team athletic director decides if the field is playable both prior to the game beginning and during the game. | | 1-7 | |
| 4 | Prior to the game, an official notices that there are no marked team areas. The official shall: | suspend the game. | allow the game to take place and notify the respect state association. | refuse to begin the game until the team areas are properly marked. | caution the home team coach. | | 1-5 | |
| 5 | B10 is apparently injured. The referee has stopped play and summoned the Team B trainer onto the field of play. | Neither coach may give coaching instruction to the players during the injury stoppage. | The Team A coach may give instruction to the Team A players, but the Team B coach must only attend to the injured player. | The Team B coach may only give instructions to the substitute for B10. | Both coaches may give their teams coaching instructions. | | 3-3-3 SITUATION H | |
| 6 | A player is being replaced. Where can the player exit the field? | On the bench side of the field. If benches are on opposite sides, the player must exit toward their own bench. | At the closest boundary line to expediate the substitution. | At any point on the field. | At the goal line. | | 3-4-1e | |
| 7 | Before the game, the Team A head coach informs the referee that A15 will be wearing a hockey-style mask, due to an injury A15 received in a game the previous week. | This is not permitted. | This is not permitted unless A15 can show the referee a doctor's permission slip. | This is permitted. | This is permitted unless the mask as been painted in an objectionable manner. | | 4-2-8; 4-3-1 | |
| 8 | Goalkeepers shall wear socks that: | are the same color as their teammates. | must be different than the color of all other field players. | must differ in color of opposing field players. | must differ in color of opposing goalkeeper. | | 4-1-4f | |

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| 9 | Player A enters the game with beads in their hair that are secured to the head in a bun. The referee should: | allow play to continue as there is no rule infraction. | caution Player A and ask Player A to leave the field. | remove Player A and caution the head coach for an illegally equipped player. | do not caution the player or coach but ask Player A to leave the field and remove the beads. | | 4-2-3 | |
| 10 | The visiting team arrives at the game wearing solid white jerseys and black shorts. The official shall: | require the visiting team to change to light colored shorts before the start of the game. | tell the visiting team coach that the uniform is illegal, allow the game to be played and notify the state association. | ensure that the visiting team's socks are the same color as their shorts. | allow the game to be played as this is a legal visiting uniform. | | 4-1-2; 4-1-3 | |
| 11 | Team A players are wearing electronic performance and tracking clips on their shoes. | Caution the coach for illegal equipment and require Team A to remove the clips. | Wearable technology is allowed but cannot be visible. Require Team A to move the clips so they are under their uniforms and not visible. | Wearable technology is allowed and may be worn on the shoes. Allow the game to proceed as the clips are legal. | Do not allow Team A to wear the clips unless the opposing team also has similar clips. | | 4-2-11 | |
| 12 | In the second half of a game, the stadium clock/scoreboard malfunctions and is no longer functioning. How will the time and the score be kept? | The official timer will regularly announce the time over the PA until the end of the game. | The assistant referee and official timer will maintain time and score. | The head referee will keep the time and score as no other means are available. | The game shall be suspended until a replacement clock and scoreboard can be found. | | 5-3-2f | |
| 13 | When does an official's jurisdiction over a game end? | When the second half or overtime is complete. | When the officials leave the field of play and its immediate surroundings. | When the official completes the game report. | When the officials are on their way home. | | 5-1-2 | |
| 14 | A defender, standing in front of the defender's goal, extends his own arm away from the body and prevents the shot from entering the goal. What is the correct decision the referee needs to make? | Penalty kick and caution (yellow card) the defender. | Allow play to continue as there has been no violation. | Penalty kick and disqualify (red card) the defender for denying an obvious goal-scoring opportunity. | Penalty kick. | | 12-9-2d(2) | |
| 15 | When a defender commits a foul against an attacker in their own penalty area which denies an opponent an obvious goal-scoring opportunity by pulling, pushing or holding, what is the correct decision? | Penalty kick. | Penalty kick and caution (yellow card) the defender. | Indirect free kick for a dangerous play. | Penalty kick and disqualify (red card) the defender. | | 12-9-2d(4) | |

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| 16 | B14 takes a shot on goal, with goalkeeper A1 out of position. A3, however, extends the arm into the path of the ball, deflecting it to B9. B9 shoots and the ball enters the goal. | The referee should award Team B a penalty kick and caution A3 for unsporting conduct. | The referee should award Team B a penalty kick and disqualify A3 for serious foul play. | The referee should allow the goal and caution A3 for unsporting conduct. | The referee should allow the goal and disqualify A3 for serious foul play. | | 12-9-1f | |
| 17 | Player A touches the ball forward with a portion of the arm above the armpit. The referee should: | allow play to continue. | award a direct free kick to the opposing team for handling. | award an indirect free kick to the opposing team for handling. | award a direct free kick to the opposing team and caution Player A. | | 12-3-1 | |
| 18 | B7, in the opponent's penalty area, is dribbling the ball toward the goal. A3 trips B7 while attempting to play the ball, ending a goal-scoring opportunity for B7. The referee should: | Disqualify A3 and restart play with a penalty kick for B7's team. | Stop the clock and disqualify A3 for the tripping foul, restart with a penalty kick for B7's team. | Stop the clock and display the yellow card to A3 and restart with a penalty kick for B7's team. | Allow play to continue as the foul occurred while A3 was playing the ball and the trip was inadvertent. | | 12-9-1(f)15 | |
| 19 | A player on Team B, not the goalkeeper, deliberately handles the ball while trying to stop a shot by Team A and the ball still goes in the goal. The correct ruling is: | The player on Team B is disqualified (red card) and Team A is given a penalty kick. | The player on Team B is cautioned (yellow card) and the goal is allowed to stand. | The player on Team B is cautioned (yellow card) and Team A is given a penalty kick. | The player on Team B is disqualified (red card) and the goal is allowed to stand. | | 12-9-1 | |
| 20 | A player on Team A is disqualified (red card) for receiving a second yellow card of the game. While this player is walking off the field, a player from Team B approaches the player and claps in Team A player's face and tells the player to get off the field. The official should: | Ask the player from Team B to stop and send the Team B player back to the player's position. | Caution the player from Team B for taunting and allow a substitute for that player. | Disqualify the player from Team B for taunting and not permit a substitute. | Do nothing. | | 12-9-2c | |
| 21 | A player on Team B, not the goalkeeper, deliberately handles the ball while trying to stop a shot by Team A and the ball does not go in the goal. The correct ruling is: | The player on Team B is disqualified (red card) and Team A is given a penalty kick. | The player on Team B is cautioned (yellow card) and the goal is allowed to stand. | The player on Team B is cautioned (yellow card) and Team A is given a penalty kick. | The player on Team B is disqualified (red card) and the goal is allowed to stand. | | 12-9-1f(16) | |
| 22 | Player A2 is on a breakaway. Player B2 approaches A2 just as A2 moves the ball forward and past B2. The moves out of reach of both players and B2 moves between A2 and the ball. The referee shall: | Rule Player B2 guilty of obstruction and award an indirect free kick to Team A at the spot of the foul. | Stop play and warn both players about dangerous play. Restart with a drop ball at the spot of the infraction. | No infraction has occurred. Play shall continue. | Stop play and caution B2 before awarding a direct free kick to Team A at the spot of the foul. | | 12-6-1 | |

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| 23 | The referee disqualifies a coach for leaving the team area, entering the field of play and arguing a call. | The coach shall be allowed to remain in the team area but may not actively coach the rest of the contest. | The coach must leave the team area but is allowed to move to the fan/patron side of the field to watch the remainder of the contest. | The coach must leave the team area but is allowed to stand outside the team area (near the corner of the field or on the goal of the field) to watch the remainder of the contest as long as he provides no coaching instructions. | The coach must leave the vicinity of the playing area. Refusal to comply shall result in termination of the game. | | 12-9-3c | |
| 24 | Which one of the following considerations are not part of Denying an Obvious Goal Scoring Opportunity (DOGSO)? | General direction of play. | Distance between the offense and the goal. | Serious foul play. | Likelihood of keeping or gaining control of the ball. | | 12-9-4a | |
| 25 | During the taking of a penalty kick, A16 uses a stutter-stepping approach with continuous movement toward the ball and the ball enters the goal. The referee should: | Disallow the goal and retake the kick. | Allow the goal and restart with a kickoff by the defending team. | Disallow the goal and restart with an indirect kick by Team B. | Disallow the goal, caution player A16 for unsporting play and restart with an indirect kick by Team B. | | 14-1-4 | |
| 26 | During the taking of a penalty kick, the kick rebounds off the goalkeeper's back to an attacking player who entered the penalty area before the kick was taken. What is the result? | Retake the penalty kick. | Play continues. | Indirect free kick. | Goal kick. | | 14-1-6 | |
| 27 | A1, an offensive player, steps off the field to avoid being called offside. What is the ruling? | Illegal. Offside should be called on A1. | Illegal. A1 should be cautioned for the action. | Legal. A1 can leave the field if for the sole purpose of not being offside. | Illegal. Team A's head coach should be cautioned. | | 11-1-2 | |
| 28 | A10 in an offside position, receives a header from B10. What is the ruling? | Illegal. Offside should be called on A1. | Legal. A10 should be allowed to play the ball as it was last played by an opponent. | Legal, but A10 cannot score from the succeeding play on the ball. | Illegal. A10 did not receive the ball from a deliberate play. | | 11-1-4 | |
| 29 | A4 is in an offside position on the opponent's half of the field. A5 passes the ball to A4 who returns to A4's own half of the field and receives the ball. | Legal. A4 is no longer offside upon return to A4's own half of the field. | Legal A4 negates the offside by returning to A4's half of the field. | Illegal. A4 is still defined as offside. | Illegal. A4 should be cautioned for unsporting conduct. | | 11-1-4 | |

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| 30 | B19 is standing in an offside position. B12 kicks the ball forward but the ball deflects off A11 to B19. B19 should be: | Allowed to continue with play as long as B19 passes the ball to B12. | Allowed to continue to play. | Penalized for being offside. | Issued a caution for being offside. | | 11-1-4b | |
| 31 | Team A is awarded a direct free kick and asks the referee to enforce the 10 yards. Team B places two players in a defensive wall and are properly positioned by the referee. Player A1 stands next to Team B's wall. Is A1's position legal? | No, attackers must remain at least 1 yard away from any defensive wall. | No, attackers must remain at least 5 yards away from any defensive wall. | No, attackers must remain at least 1 yard away from a defensive wall of two or more defenders. | Yes, because the defensive wall has fewer than three defenders. | | 13-3-1 | |
| 32 | The referee shall signal an indirect free kick by raising an arm above their head. How long is this signal to be maintained after the ball is kicked? | Until the ball clearly moves. | Until the ball touches another player. | Until the ball goes out of bounds. | B or C. | | 13-3-4 | |
| 33 | Attacker A4 is in an offside position when teammate A8 delivers the ball to A4 with a throw-in. A4 collects the ball and kicks it into the goal. The referee should: | Award an indirect free kick to Team B. | Award a goal to Team A. | Award a goal kick to Team B. | Award a re-take to Team A. | | 11-1-2 | |
| 34 | Attacker A10, who is in an offside position, receives the ball from a goal kick by A2. What should happen next? | The assistant referee waves the flag to indicate an offside violation. | The referee stops play and awards an indirect free kick to Team B. | Play is allowed to continue because there is no offside violation. | The referee stops play and orders the goal kick to be retaken. | | 11-1-2 | |
| 35 | The referee has awarded Team B a penalty kick. As B4 runs toward the ball to take the kick, A5 enters the penalty area before B4 kicks the ball. The referee should: | Blow the whistle as soon as A5 enters the penalty area. | Allow the play to continue and award a goal if the kick by B4 enters the goal. If the goal is not scored, it is retaken. | Allow the play to continue and award a goal kick if the kick by B4 goes untouched over the goal. | Allow the play to continue and award a corner kick if the kick by B4 is played by the goalkeeper who pushes the ball over the goal line outside of the goal. | | 14-1-2 PENALTY | |
| 36 | The referee observes Player A1 wearing socks with the foot cut off. | This is illegal. Cut socks cannot be worn. | This is illegal. The color of the foot of the sock must match the body of the sock. | This is legal as long as the visible material under the sock (and above the ankle) is similar in color to the predominant color of the sock. | This is legal. The color of the visible material under the sock does not matter. | | 4-1-1 | |
| 37 | Team A is in the lead during the last five minutes of the game. Team B has a substitute who has reported to the official area and is ready to substitute. Team A then sends a player to report to the official area and is ready to substitute. The ball goes out of play and Team B is awarded a throw-in. The official shall: | Not stop the clock if both teams are substituting. | Allow the Team B only to substitute and not stop the clock | Stop the clock for the substitutions. | Caution the Team A coach for unsporting conduct. | | 3-4-3 | |

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| 38 | Each team shall submit a team roster prior to the game. Which of the following is not permitted once the game starts? | Add players to the roster. | Change uniform numbers on the roster. | Add bench personnel to the roster. | None of the above are prohibited and can happen at any time. | | 3-1-3 | |
| 39 | During play, player A1 appears injured. The referee whistles to stop play. When is the player required to leave the field? | The player must leave the field because play was stopped for an injury. | The player must leave the field once the referee stops the clock. | The player must leave the field once the referee stops the clock and beckons on the coach or appropriate health-care professional. | The player must leave the field once the player has been deemed injured by the coach or appropriate health-care professional. | | 3-3-2b | |
| 40 | A second whistle is required to restart play for all of the following except: | A penalty kick. | A direct free kick. | After a substitution. | After a caution or disqualification. | | 9-1-3 | |
| 41 | The home team and the visiting team are both wearing white shorts. | The referee should not begin the game until the home team is wearing dark shorts. | This is permitted. | The referee should not begin the game until the home team is wearing shorts of a different color than the visiting team. | The home team should change to dark shorts. If unable to correct, the game shall be played and the referee must notify the state association following the game. | | 4-1-3 | |
| 42 | The visiting team arrives at the game site and the goalkeeper's jersey does not have a number. | The visiting team should change to a legal goalkeeper jersey. If unable to correct, the game shall be played and the | The game should not start until corrected. | The officials should allow the game to start, but caution the head coach before kickoff. | The officials should allow the game to begin but caution the head coach at the first stoppage. | | 4-1-2 | |
| 43 | A player enters the game wearing beads in their hair that are securely wrapped in a bun and secured to the head. The official shall: | Require the player to leave the game. | Issue a caution to the player and at the next stoppage of play have the player replaced or rectify the issue. | Take no action and allow the player to enter. The hair adornment is legal. | Card the head coach and replace the player. | | 4-2-3 | |
| 44 | Player A1 passes the ball to A3 using the shoulder area above the armpit. The referee should: | Blow the whistle and award a direct free kick to a player from Team B for handling. | Blow the whistle and award an indirect free kick to a player from Team B for an accidental handling. | Allow play to continue. | Blow the whistle and award an indirect free kick to a player from Team A for an unintentional handling. | | 12-3-1 | |
| 45 | The goalkeeper for Team A is wearing light blue socks. The goalkeeper's teammates are wearing black socks. | Legal as long as Team B is not wearing light blue socks. | The official must remove the goalkeeper from the field until a change is made to black socks to match teammates | Legal even if the opposing team is also wearing light blue socks. | Legal as long as the socks match the goalkeeper's jersey. | | 4-1-4f | |

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| 46 | With 1 minute and 30 seconds left in the first half of play, Team A has a two-goal lead. When the ball goes out of play for a goal kick, Team A makes a substitution. The official timer should: | Notify the official of the substitution. | Notify the official of the substitution and stop the clock since the team in the lead is subbing. | Disallow the substitution and do not notify the official. | Notify the official of the substitution and stop the clock until the losing team also makes a substitution. | | 7-4-3 | |
| 47 | A10 is in an offside position. Defender B12 deliberately extends their leg to play the ball. The ball then inadvertently goes toward A10. The official shall: | Allow play to continue. | Penalize A10 for being offside and restart with an indirect free kick for Team B. | Penalize A10 for being offside and restart with a direct free kick for Team B. | Award a direct free kick to Team B. | | 11-1-5 | |
| 48 | Player A3 has hair beads at the end of a pony tail secured to their head with a bun. During play, the bun comes undone allowing the pony tail with beads to swing freely. At the next stoppage, what should the referee do? | Require A3 to immediately leave the field without caution. | Ask A3 to correct their equipment, and if not immediately correctable, ask A3 to leave the field without caution. | Require A3 to immediately leave the field and caution A3's head coach. | Ask A3 to correct their equipment, and if not immediately correctable, ask A3 to leave the field and caution A3's head coach. | | 4-2-3 | |
| 49 | If a goal kick is touched twice by the kicker before another player has touched the ball, what is the proper penalty? | The goal kick is taken again. | The kicker is cautioned and the kick is taken again. | Indirect kick from the spot of the infraction. | Direct kick taken from the closest position outside the penalty area. | | 16-1-1 | |
| 50 | A goal may NOT be scored directly from a: | Kickoff. | Direct kick. | Punt. | Goalkeeper's throw. | | 10-1-3c | |
| 51 | A14 receives a yellow card with 4 minutes left in the second overtime. Neither team scores and the match moves to goals from the mark to determine a winner. The coach from Team A is permitted to list A14 as a player to kick during the goals from the mark. | TRUE | FALSE | | | | Iowa Tie-breaking procedure | X |
| 52 | Team B scores a goal with 6 minutes left in the first overtime. The match is over. | TRUE | FALSE | | | | Iowa Tie-breaking procedure | X |
| 53 | A player on Team A gets their first caution in the 50th minute. | The player must sit out the next 5 minutes and cannot be replaced by another player. | The player must sit out the next 5 minutes and can be replaced by another player. | The player may return before the 5 minute time is up if the other team scores. | The player does not need to sit out. | | Iowa Adaptation | X |
| 54 | If a player has cut off the bottom of their blue socks and the color of the socks beneath the shin guards are blue, the referee shall: | Remove the player at the next stoppage of play and caution the coach for illegal equipment. | Remove the player at the next stoppage of play and have the player fix their improper equipment. | Allow the player to continue. | Stop the game, remove the player and give the other team an indirect free kick. | | 4.1.4 Situation A | |

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| 55 | When a player is warming up outside the team's technical area, they are required to wear a penny different from the players on the field. | TRUE | FALSE | | | | 4-4-2 | |
| 56 | Who receives the first caution (yellow card) for a player that has illegal equipment? | Head Coach | Any coach on the roster. | Player. | No cards are given for illegal equipment. | | 4-1-2 | |
| 57 | A match that has been suspended due to lightning and a 30 minute clock starts. The match must be started in a maximum of 2 hours after the last reset of the 30 minute time frame. | TRUE | FALSE | | | | Guidelines for lightning and thunder disturbances | |
| 58 | Team A is awarded a free kick and multiple players from Team B line up for a wall at the appropriate distance from the spot per the official and then another Team B player lays down behind the wall. The referee should: | Allow the ball to start as this is not against the rules. | Caution the player from Team B laying on the ground for unsporting conduct. | Award an indirect kick to the attacking team at the spot where the player was laying down as this creates a dangerous situation. | Instruct the player from Team B to stand up. | | Case Book 12.7.1 Situation E | |
| 59 | Player A2 has the ball in Team B's penalty area. Team B's athletic trainer directs foul language at the referee. The referee should: | Ask the trainer not address the referee in this manner as the referee has no jurisdiction over trainers. | Caution the head coach. | Send off the head coach. | Send off the athletic trainer. | | Case Book 12.9.2 Situation D | |
| 60 | Player A3, in A3's own half of the field plays the ball to A5 who is in an offside position. A5 runs into A5's own half and plays the ball. Player A5 is declared offside. The restart is: | Indirect free kick from where A5 touched the ball. | Indirect free kick from where A5 started their run/movement. | Drop ball because this was an inadvertent whistle due to a misinterpretation of the rules. | Direct free kick from where A5 started their run/movement. | | Case Book 13.2.1 Situation A | |
| 61 | Team A is awarded a goal kick. After the ball is properly placed, player A2 takes the goal kick and kicks the ball directly into their own goal. What is the correct restart? | Kickoff for Team A. | Indirect free kick for Team B at the spot outside the goal area nearest to where the ball was when it was played. | Corner Kick for Team B. | Drop ball for Team B at the spot outside the goal area nearest to where the ball was when it was played. | | Case Book 16.1.1 | |
| 62 | To stop the clock the referee blows their whistle and makes an "X" with their arms extended above their head. | TRUE | FALSE | | | | Official Soccer Signals | X |

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| 63 | A player being substituted for should exit the field on the bench side unless the player is injured and unable to exit the field on the bench side. | TRUE | FALSE | | | | 3-4-1e | |
| 64 | If a player is wearing technology devices that do not present risk to themselves or others and are securely fastened, where can the technology NOT be worn. | On the shoe. | On the arm. | Under the uniform. | No restrictions on where it can be worn. | | 4-2-11 | X |
| 65 | Since the head coach is responsible for his entire bench(substitutes and bench personnel), they are the only person that can be sanctioned with a caution or send off. | TRUE | FALSE | | | | | |
| 66 | Which of the following is not considered inappropriate bench behavior? | Kicking or throwing objects in reaction to a decision. | Entering the field of play to argue a call or confront a player. | The head coach asking for a clarification of an immediate previous call. | Arguing calls consistency. | | 2023-24 Points of Emphasis | |
| 67 | A coach cannot be cautioned for engaging in a verbal or physical confrontation with the opposing coaching staff since the action was not directed at an official or a player. | TRUE | FALSE | | | | 2023-24 Points of Emphasis | |
| 68 | The referee's only action in dealing with poor bench decorum is a caution or send off. | TRUE | FALSE | | | | IRC Rules Meeting Guidance | |
| 69 | How long prior to kickoff should the officials be on the field in uniform. | Two hours | Ten minutes. | Fifteen minutes | One hour. | | 5-2-1 | |
| 70 | A throw in is taken by A4 and the ball does not enter the field of play. The correct restart is: | Throw in by Team A. | Throw in by Team B. | Throw in by Team A and caution A4. | Throw in by Team B and caution A4. | | 15-1-5 | |

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| 71 | The referee sees a player during warmups with shin guards six inches above the foot. The referee should: | Do nothing. | Verify that the shin guards are NOCSAE approved and allow the player to play. | Instruct the player to lower the shin guards to within two inches above the foot prior to entering the field for the start of play. | Caution the coach at the first stoppage. | | 3-4-3 | |
| 72 | The home team has video equipment to tape and replay the game action. The head coach plays video during halftime of the first half for coaching purposes. This is permitted. | TRUE | FALSE | | | | 5-1-2 | |
| 73 | While in his own penalty area, the Team A goalkeeper throws the ball into the opponent's goal. The referee should awarded a goal to Team A. | TRUE | FALSE | | | | 10-1-3 | |
| 74 | During a free kick A2 steps over the ball, and the A3 kicks the ball. This is legal. | TRUE | FALSE | | | | 13-1-5 | |
| 75 | A2 takes a corner kick, which hits the goal post and rebounds. A2 plays it again before it has been touched by another player and scores a goal. The referee disallows the goal. This is the proper ruling. | TRUE | FALSE | | | | 17-1-5 | |