

Wrestling memo – 1/4/24

Wrestling coaches, athletic directors, and officials,

Please read through the bullet points below for wrestling information and updates. Additional coach state tournament passes is included in this information below! I'd appreciate it if the schools could share this memo with all assistant coaches and junior high coaches, please!

- [Postseason Wrestling Manual](#) is on our website. Be sure to take time and review this document, as it summarizes the things you need to know regarding IHSAA postseason wrestling events.
- IWCOA dual team rankings will be utilized again this year. Be on the lookout for emails seeking your input – voting for your local teams and statewide teams – within your classification. These rankings will be utilized as the IHSAA determines Regional Dual Meet participants (top 24 in each class) and sites.
 - Researching dual team records is made easier using your TrackWrestling system. Simply login to your account, then
 - Select My Account in the blue section at the top.
 - Choose My Extras, then Dual Records.
 - Next, click on the Filter box
 - Choose Varsity as the Level
 - Choose Iowa – IHSAA Class 1A, 2A, or 3A as the League
 - The teams in that class appear alphabetically with their varsity records for dual meets appearing. You can click on Record and sort for most wins or click on Win % and sort that way.
 - Click on the blue link showing their record to see who they have competed in duals against and the result (no score)
 - Please do your best when submitting your votes to the IWCOA. The next planned voting deadline is Jan. 15, with one final ranking being submitted by Jan. 22. The January 22 date will serve as the final rankings from which qualifiers will be determined and sites and pairings will be made.
 - Regional Duals are set for Tuesday, January 30. For those schools who might anticipate possibly being a host (we try to go with Top 8, but that isn't always possible), please check now for facility availability. If you know that you cannot host, I'd appreciate a heads-up.
- [State Duals schedule for 2024](#)
- [State Individual schedule for 2024](#)
- State Finals Tickets
 - Reminder: reserved State Finals tickets will go on sale to schools on Jan. 9 (lower bowl) then again on Jan. 10 (upper bowl). General public reserved tickets go on sale January 16. Get prepared to place your order!

- An email from Jessica Morgan has been sent to Athletic Directors regarding the link to be used for ordering state finals tickets on Tuesday (and again on Wednesday).
- Additional wrestling coaches floor passes for the State Wrestling Tournament will be available for purchase by schools. Each school with a qualifier will receive three complimentary passes. Schools wanting to provide access to approved and BoEE authorized coaches will have the opportunity to purchase those credentials. Begin completing the form to order additional coaches passes by clicking on this link: [State Wrestling Championships – additional coach passes](#)
 - **Order forms are due to the IHSAA by Friday, Jan. 12.**
 - Reminder that each school qualifying a wrestler will receive 3 complimentary passes for coaches. The above referenced order form is for schools that want more than those 3 coaches passes.
 - Schools that qualify 3 wrestlers or more for the State Championships will receive one additional pass. This pass can be used at your discretion (new this year) for another coach, for another non-qualifying team member (warm-up partner), or for a manager.
 - We will be using identification badges rather than wristbands this year. This will be for coaches, wrestlers, and cheerleaders. Replacement badges for wrestlers and coaches will be at full cost, so keeping them secure will be imperative!
- [State Individual seeding criteria](#) (note Class 3A District place finish – criteria 6)
- Dual meet criteria – there has been some confusion in a few instances this year regarding Rule 9-2-2 regarding criteria when teams end with identical scores at the end of a dual meet. Criteria a, b, and c reference misconduct and unsportsmanlike conduct penalties, which is easily understood. Criteria d is a simple count of matches won, which is often a 7-7 or 6-6 tie, causing Criteria e to come into play. This criteria is where confusion has occurred. This is, simply put, an adding of the number of “6-point wins” accumulated by both teams. There is no order to follow – just the total number of 6-point wins accumulated by each team. Again, this is often the same, but you do not count number of falls only! If this is still a tie, move on to Criteria f and count number of forfeits – this rewards the team who can fill their lineup! As another reminder, the time limit allowed to correct the error is 30 minutes after completion of the dual meet!
- Growth allowance – this is a reminder for coaches to check each wrestler’s Minimum Weight Class. The only way for a wrestler to qualify for the 2-pound growth allowance is to have made weight at their listed MWC at least on time earlier in the season. Once that has been done, the wrestler can use that growth allowance at both of their two eligible weight classes.
 - Example: 120-pounder has made “scratch weight” earlier in the season. He can take his 2-pound growth allowance at both 120 and 126.
 - If the wrestler hasn’t made their MWC “scratch weight” then they should have a No listed in the Growth Allowance column of the Weigh In Report.

- The MWC can be moved up by the coach on the Roster page. Across from the wrestler's name and under the MWC column, click on their blue number and update it to the higher weight. Once this is done the weight descent plan automatically changes. The coach cannot set the MWC to a lower weight, so be certain prior to changing.
- This is the time of the year where these types of weight management issues are discovered. If you need help, email me with your team name, names of wrestlers, and brief description of the problem. It will get fixed much quicker with a direct email to me rather than submitting a ticket for support from TrackWrestling. They have to get my approval anyway!

Challenge Questions (answers at the end of memo)

Q1 - If legal equipment becomes illegal or inoperative through use during a match, the referee shall:

- A. Declare a referee's time-out to correct the equipment.
- B. Penalize the offending wrestler for a technical violation.
- C. Forfeit the match.
- D. All of the above.

Q2 - The assistant referee can help the referee with all situations except when _____.

- A. calling a fall.
- B. at the end of the match to observe both wrestlers and coaches.
- C. on an out-of-bounds call.
- D. observing and calling a technical violation.

Q3 - The assistant referee may use which signal during a match:

- A. Locking hands or grasping of clothing.
- B. Out-of-bounds.
- C. Illegal hold.
- D. Potentially dangerous.

Q4 - At any time the use of _____ or other methods for quick weight reduction purposes is prohibited and shall disqualify an individual from competition.

- A. sweat boxes
- B. hot showers
- C. whirlpools
- D. All of the above.

Q5 - When awarding an escape how many supporting points are required to be in-bounds?

- A. One total.
- B. Two supporting points of either wrestler.
- C. One supporting point of each wrestler for a total of two.
- D. Both B & C.

Rules of concern, weigh-ins/weight management topics, and Challenge Questions

In an attempt to simplify any "edge of the mat in a pinning situation" confusion, as it relates to the bottom wrestler being out-of-bounds and determining if the top wrestler is still inbounds, please read Rule 5-15-2c which states:

c. Near-fall points or fall shall be earned only while the supporting points of either wrestler are inbounds. In a pinning situation, when all parts of the defensive wrestler's shoulders/scapula are

on the mat beyond the boundary line, if the feet including toes and heels of the offensive wrestler are the supporting points, the offensive wrestler's knee(s) must be inside the boundary, whether in contact with or above the mat.

Let's break this down

Supporting points include- (from 5-15-2a):

1. the knee(s); 2. the side of the thigh; 3. the buttocks; 4. the hand(s); 5. the head. 6. foot (feet).

So, when the defensive wrestler (bottom wrestler) is in a pinning situation and all parts of his shoulders/scapula are on the mat outside the boundary line, the offensive wrestler (top wrestler) needs to have two supporting points inbounds on the mat. If the feet (including toes and heels) are those two supporting points, then at least one knee of that top wrestler must also be inside the boundary line. That knee can be in contact with the mat or above the mat, but it must remain inside the boundary line!

In this pinning situation, if the top wrestler has his feet (including toes and heels) down inbounds, and both knees go outside of the boundary line, we blow the whistle and stop the action. They are out-of-bounds! The top wrestler does not get a chance to pull the bottom wrestler back inbounds. Stop the match and re-start in the referee's position.

Let's all have a great season and work together to make wrestling a memorable experience for the members of the wrestling teams. Conducting ourselves in a professional and courteous manner reflects not only on yourself, but also sends a positive message to these young athletes and team personnel. Be great at this!

Lewie Curtis, IHSAA
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Challenge Question answers

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| A1 - A | Declare a referee's time-out to correct the equipment. | Rule 3-1-6 |
| A2 - A | calling a fall. | Rule 3-2-2a,b,c,k |
| A3 - A | Locking hands or grasping of clothing. | Rule 3-2-2d |
| A4 - D | All of the above. | Rule 4-4-3 |
| A5 - D | Both B & C. | Rule 5-10 |