

# 2023 IOWA CLASS 4A STATE QUALIFIER - IOWA CITY WEST MEET OFFICIALS

Iowa City, IA

Host: Iowa City West

Wednesday, October 18, 2023

**Meet Director:**

BJ Mayer

**Meet Referee:**

Bill Neal

**Timing:**

Matthew Shannon



OFFICIAL MEET REPORT

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**Race #1**  
**HS Girls 5K**

## Final Results

### RACE SUMMARY

#### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Ankeny Centennial	23	1-3-4-6-9(10)(14)	1:34:25	18:53	1:05.4
2 Waukee	44	2-5-7-13-17(18)(22)	1:36:44	19:21	1:21.9
3 Cedar Falls	84	8-12-15-24-25(26)(27)	1:39:41	19:57	1:11.9
4 Iowa City West	108	16-20-21-23-28(31)(33)	1:41:30	20:18	0:50.3
5 North Scott Eldridge	137	11-29-30-32-35(42)(43)	1:46:04	21:13	2:21.3
6 Muscatine	164	19-34-36-37-38(39)(40)	1:49:09	21:50	2:25.3
7 Cedar Rapids Jefferson	231	44-45-46-47-49(50)(54)	2:00:30	24:06	1:15.1
8 Burlington	245	41-48-51-52-53	2:04:47	24:58	4:28.6
DNP Waterloo East					

#### INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MOHRHAUSER, Anika	JR	Ankeny Centennial	1	18:12.32	---	5:51.6	3:38.5
2 MCCONKEY, Michelle	SO	Waukee	2	18:42.58	30.26	6:01.3	3:44.5
3 DENHARTOG, Cora	JR	Ankeny Centennial	3	18:50.25	37.93	6:03.8	3:46.1
4 HODGES, Bella	JR	Ankeny Centennial	4	18:58.07	45.75	6:06.3	3:47.6
5 BURRIER, Sydney	SO	Waukee	5	18:58.17	45.85	6:06.3	3:47.6
6 FLICK, Julia	JR	Ankeny Centennial	6	19:05.92	53.60	6:08.8	3:49.2
7 BEYER, Hayden	SO	Waukee	7	19:11.67	59.35	6:10.7	3:50.3
8 SIMONSON, Josee	JR	Cedar Falls	8	19:14.71	1:02.39	6:11.6	3:50.9
9 BLEVINS, Ellie	FR	Ankeny Centennial	9	19:17.71	1:05.39	6:12.6	3:51.5
10 HVEEM, Haley	JR	Ankeny Centennial	(10)	19:37.63	1:25.31	6:19.0	3:55.5
11 MADISON, Peyton	SR	North Scott Eldridge	11	19:40.63	1:28.31	6:20.0	3:56.1
12 BECKER, Anna	SR	Cedar Falls	12	19:45.80	1:33.48	6:21.7	3:57.2
13 WURTH, Mallory	JR	Waukee	13	19:46.47	1:34.15	6:21.9	3:57.3
14 ZINN, Kyra	JR	Ankeny Centennial	(14)	19:48.07	1:35.75	6:22.4	3:57.6
15 MEYER, Emily	JR	Cedar Falls	15	19:49.74	1:37.42	6:22.9	3:57.9
16 VAN WANING, Kate	SO	Iowa City West	16	19:58.30	1:45.98	6:25.7	3:59.7
17 BENNETT, Lydia	FR	Waukee	17	20:04.47	1:52.15	6:27.7	4:00.9
18 LEBLANC, Taylor	SR	Waukee	(18)	20:04.75	1:52.43	6:27.8	4:01.0
19 HALLETT, Kiara	SR	Muscatine	19	20:10.75	1:58.43	6:29.7	4:02.2
20 TITUS, Kalli	JR	Iowa City West	20	20:11.35	1:59.03	6:29.9	4:02.3
21 OLSON, Susanna	FR	Iowa City West	21	20:12.31	1:59.99	6:30.2	4:02.5
22 BERGER, Sydney	SR	Waukee	(22)	20:16.78	2:04.46	6:31.6	4:03.4
23 WANG, Cindy	SR	Iowa City West	23	20:18.63	2:06.31	6:32.2	4:03.7
24 ZYLSTRA, Zoe	JR	Cedar Falls	24	20:23.53	2:11.21	6:33.8	4:04.7
25 GALLAGHER, Maddie	SR	Cedar Falls	25	20:26.56	2:14.24	6:34.8	4:05.3
26 COUSIN, June	FR	Cedar Falls	(26)	20:35.30	2:22.98	6:37.6	4:07.1
27 FONLEY, Emersyn	FR	Cedar Falls	(27)	20:37.08	2:24.76	6:38.2	4:07.4
28 VARGA, Erinn	SR	Iowa City West	28	20:48.57	2:36.25	6:41.9	4:09.7
29 THIESSEN, Kennadi	JR	North Scott Eldridge	29	21:12.32	3:00.00	6:49.5	4:14.5
30 SCHNECKLOTH, Sophi	FR	North Scott Eldridge	30	21:25.69	3:13.37	6:53.8	4:17.1
31 MONIZA, Gabrielle	SR	Iowa City West	(31)	21:34.96	3:22.64	6:56.8	4:19.0

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**Race #1  
HS Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
32 NWATCHOCK, Natalie	SO	North Scott Eldridge	32	21:43.42	3:31.10	6:59.5	4:20.7
33 EVANS, Lydia	SO	Iowa City West	(33)	21:44.60	3:32.28	6:59.9	4:20.9
34 ACKER, Ava	JR	Muscatine	34	21:49.17	3:36.85	7:01.4	4:21.8
35 DUNCAN, Ava	SR	North Scott Eldridge	35	22:01.88	3:49.56	7:05.5	4:24.4
36 ESTABROOK, Whitney	SO	Muscatine	36	22:04.20	3:51.88	7:06.2	4:24.8
37 SCHLAWIN, Kate	SR	Muscatine	37	22:28.30	4:15.98	7:14.0	4:29.7
38 LUNA, Amelia	JR	Muscatine	38	22:36.02	4:23.70	7:16.4	4:31.2
39 KOPF, Isabella	FR	Muscatine	(39)	22:39.67	4:27.35	7:17.6	4:31.9
40 HOLLER, Kirsten	FR	Muscatine	(40)	22:39.72	4:27.40	7:17.6	4:31.9
41 DOWNEY, Eva	SR	Burlington	41	22:42.62	4:30.30	7:18.6	4:32.5
42 HAMILTON, Khloe	FR	North Scott Eldridge	(42)	23:01.75	4:49.43	7:24.7	4:36.4
43 RINIKER, Ella	SR	North Scott Eldridge	(43)	23:14.56	5:02.24	7:28.8	4:38.9
44 EGGER, Christina	SR	Cedar Rapids Jeffer	44	23:28.75	5:16.43	7:33.4	4:41.8
45 KUUNDU, Himidi	JR	Cedar Rapids Jeffer	45	23:55.47	5:43.15	7:42.0	4:47.1
46 ESQUEDA, Lizeth	JR	Cedar Rapids Jeffer	46	23:58.05	5:45.73	7:42.8	4:47.6
47 THOMPSON-WILLIAMS, Ch	JR	Cedar Rapids Jeffer	47	24:22.95	6:10.63	7:50.9	4:52.6
48 FISHBACK, Dresden	FR	Burlington	48	24:31.51	6:19.19	7:53.6	4:54.3
49 PETERSON, Thursday	JR	Cedar Rapids Jeffer	49	24:43.80	6:31.48	7:57.6	4:56.8
50 NICKELL, Ryah	JR	Cedar Rapids Jeffer	(50)	25:00.97	6:48.65	8:03.1	5:00.2
51 RINGOLD, Macy	SR	Burlington	51	25:07.68	6:55.36	8:05.3	5:01.5
52 KOBLISKA, Katelyn	JR	Burlington	52	25:13.22	7:00.90	8:07.0	5:02.6
53 ALLEN, Hailey	JR	Waterloo East	-	25:33.71	7:21.39	8:13.6	5:06.7
54 HAMILTON, Klairissa	SO	Burlington	53	27:11.14	8:58.82	8:45.0	5:26.2
55 LONG, Lydia	JR	Cedar Rapids Jeffer	(54)	28:21.11	10:08.7	9:07.5	5:40.2
56 ALVA-MARTINEZ, Vanesa	SO	Waterloo East	-	28:46.00	10:33.6	9:15.5	5:45.2
57 KIRCHMANN, Callie	SO	Waterloo East	-	28:51.22	10:38.9	9:17.2	5:46.2
58 HOFTENDER, Taylor	JR	Waterloo East	-	30:30.05	12:17.7	9:49.0	6:06.0

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**Race #2**  
**HS Boys 5K**

## Final Results

### RACE SUMMARY

#### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Cedar Falls	25	1-4-5-7-8(9)(11)	1:19:30	15:54	1:06.5
2 Ankeny Centennial	60	2-10-12-15-21(23)(24)	1:22:10	16:26	1:31.7
3 Waukee	64	3-13-14-16-18(26)(27)	1:22:59	16:36	1:07.9
4 Iowa City West	84	6-17-19-20-22(28)(31)	1:23:41	16:45	0:55.4
5 Muscatine	175	25-32-37-40-41(42)(48)	1:29:17	17:52	1:16.4
6 Cedar Rapids Jefferson	188	29-35-36-39-49(52)(53)	1:31:14	18:15	2:00.7
7 North Scott Eldridge	201	30-33-45-46-47(50)(55)	1:32:21	18:29	1:44.0
8 Burlington	210	34-38-43-44-51(54)(57)	1:33:03	18:37	1:31.6
9 Waterloo East	294	56-58-59-60-61	1:52:28	22:30	3:01.6

#### INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 MERRICK, Jaden	SO	Cedar Falls	1	15:17.00	---	4:55.1	3:03.4
2 SCHERMERHORN, Aj	SR	Ankeny Centennial	2	15:23.02	6.02	4:57.1	3:04.6
3 LAWRY, Joseph	JR	Waukee	3	15:43.97	26.97	5:03.8	3:08.8
4 ALDAMAK, Ahmed	SR	Cedar Falls	4	15:47.90	30.90	5:05.1	3:09.6
5 HARTMAN, Luke	SR	Cedar Falls	5	15:49.32	32.32	5:05.5	3:09.9
6 TIEA, Moustafa	JR	Iowa City West	6	16:05.20	48.20	5:10.7	3:13.0
7 FERGUSON, John	JR	Cedar Falls	7	16:12.04	55.04	5:12.9	3:14.4
8 MARTIN, Connor	JR	Cedar Falls	8	16:23.41	1:06.41	5:16.5	3:16.7
9 WIERING, Charlie	SO	Cedar Falls	(9)	16:25.28	1:08.28	5:17.1	3:17.1
10 MOLL, Cohen	SO	Ankeny Centennial	10	16:25.82	1:08.82	5:17.3	3:17.2
11 DEGROOTE, Kieran	JR	Cedar Falls	(11)	16:28.36	1:11.36	5:18.1	3:17.7
12 VANDER WILT, Brayden	JR	Ankeny Centennial	12	16:36.30	1:19.30	5:20.7	3:19.3
13 COYIER, Dashiell	JR	Waukee	13	16:45.54	1:28.54	5:23.6	3:21.1
14 PETERSON, Ben	FR	Waukee	14	16:46.95	1:29.95	5:24.1	3:21.4
15 OWENS, Brendan	SR	Ankeny Centennial	15	16:49.89	1:32.89	5:25.0	3:22.0
16 VANDIS, Jonas	JR	Waukee	16	16:50.15	1:33.15	5:25.1	3:22.0
17 BENSON, Cade	SR	Iowa City West	17	16:50.82	1:33.82	5:25.3	3:22.2
18 TAHA, Jalen	SR	Waukee	18	16:51.80	1:34.80	5:25.7	3:22.4
19 WAHE, Brice	JR	Iowa City West	19	16:51.83	1:34.83	5:25.7	3:22.4
20 LEE, Michael	SR	Iowa City West	20	16:51.98	1:34.98	5:25.7	3:22.4
21 JOHNSON, Davis	SO	Ankeny Centennial	21	16:54.67	1:37.67	5:26.6	3:22.9
22 SHOWERS, Sam	JR	Iowa City West	22	17:00.58	1:43.58	5:28.5	3:24.1
23 THOMAS, Sean	JR	Ankeny Centennial	(23)	17:02.15	1:45.15	5:29.0	3:24.4
24 NELSON, Mark	JR	Ankeny Centennial	(24)	17:02.78	1:45.78	5:29.2	3:24.6
25 BECKER, Talan	SO	Muscatine	25	17:03.54	1:46.54	5:29.4	3:24.7
26 HOSKINS, Carter	FR	Waukee	(26)	17:03.94	1:46.94	5:29.6	3:24.8
27 ABBOTT, Harry	SO	Waukee	(27)	17:11.92	1:54.92	5:32.1	3:26.4
28 BRUSS, Maxwell	JR	Iowa City West	(28)	17:15.05	1:58.05	5:33.1	3:27.0
29 SANDERS, Curtis	SR	Cedar Rapids Jeffer	29	17:20.57	2:03.57	5:34.9	3:28.1
30 WIGGINS, Jaydon	SR	North Scott Eldridge	30	17:21.94	2:04.94	5:35.4	3:28.4
31 WEHRLE, Colin	FR	Iowa City West	(31)	17:24.01	2:07.01	5:36.0	3:28.8

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**Race #2  
HS Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
32 MASON, Dylon	SO	Muscatine	32	17:25.71	2:08.71	5:36.6	3:29.1
33 HAGEDORN, Yorty	JR	North Scott Eldridge	33	17:52.12	2:35.12	5:45.1	3:34.4
34 JOLIN, Joey	SR	Burlington	34	17:53.92	2:36.92	5:45.6	3:34.8
35 DAVIS, Caden	SR	Cedar Rapids Jeffer	35	18:07.01	2:50.01	5:49.9	3:37.4
36 TRAVAGIAKIS, Rexton	FR	Cedar Rapids Jeffer	36	18:07.23	2:50.23	5:49.9	3:37.4
37 KURRIGER, Drew	JR	Muscatine	37	18:07.24	2:50.24	5:49.9	3:37.4
38 MOREHEAD, Aaron	SO	Burlington	38	18:17.27	3:00.27	5:53.2	3:39.5
39 KRAMPITZ, Carl	JR	Cedar Rapids Jeffer	39	18:17.80	3:00.80	5:53.3	3:39.6
40 MCCLEARLY, Joe	JR	Muscatine	40	18:19.70	3:02.70	5:53.9	3:39.9
41 BROWN, Caden	SR	Muscatine	41	18:19.87	3:02.87	5:54.0	3:40.0
42 LUKKARINEN, Nate	SO	Muscatine	(42)	18:26.14	3:09.14	5:56.0	3:41.2
43 KOTLEBA, Sam	FR	Burlington	43	18:40.06	3:23.06	6:00.5	3:44.0
44 SHINN, Carter	FR	Burlington	44	18:45.66	3:28.66	6:02.3	3:45.1
45 SIMMONS, Matthew	JR	North Scott Eldridge	45	18:55.45	3:38.45	6:05.4	3:47.1
46 MCCARTHY, Jack	SO	North Scott Eldridge	46	19:04.68	3:47.68	6:08.4	3:48.9
47 STANLEY, Isaac	JR	North Scott Eldridge	47	19:05.91	3:48.91	6:08.8	3:49.2
48 BREWER, Kyle	FR	Muscatine	(48)	19:16.19	3:59.19	6:12.1	3:51.2
49 MITTELSTEADT, Jonathan	SO	Cedar Rapids Jeffer	49	19:21.24	4:04.24	6:13.7	3:52.2
50 CLAYTON, Ben	FR	North Scott Eldridge	(50)	19:22.76	4:05.76	6:14.2	3:52.6
51 CARPER, Chandler	JR	Burlington	51	19:25.48	4:08.48	6:15.1	3:53.1
52 ASCHENBRENNER, Alec	JR	Cedar Rapids Jeffer	(52)	19:27.25	4:10.25	6:15.7	3:53.5
53 ARMON, Malachi	SO	Cedar Rapids Jeffer	(53)	19:28.22	4:11.22	6:16.0	3:53.6
54 HANSEN, Hunter	SO	Burlington	(54)	19:28.47	4:11.47	6:16.1	3:53.7
55 REGAN, Tim	FR	North Scott Eldridge	(55)	20:05.09	4:48.09	6:27.9	4:01.0
56 TYLER, Georvon	JR	Waterloo East	56	20:54.38	5:37.38	6:43.7	4:10.9
57 FRITZ, Mason	SO	Burlington	(57)	21:01.15	5:44.15	6:45.9	4:12.2
58 HUNDLEY, Layne	FR	Waterloo East	58	22:15.33	6:58.33	7:09.8	4:27.1
59 SANCHEZ, Anthony	JR	Waterloo East	59	22:20.32	7:03.32	7:11.4	4:28.1
60 SEBER, Carter	JR	Waterloo East	60	23:01.48	7:44.48	7:24.6	4:36.3
61 NORTON, Mariyon	SO	Waterloo East	61	23:55.98	8:38.98	7:42.2	4:47.2