



# 2023 Iowa High School Cross Country State Qualifying Meet Assignments

**CLASS 4A**

**4 p.m., Wednesday, October 18**



## **AMES**

Ames  
Ankeny  
Council Bluffs, Abraham Lincoln  
Council Bluffs, Thomas Jefferson  
Dallas Center-Grimes  
Fort Dodge  
Iowa City, Liberty  
Sioux City, East  
Sioux City, North  
Sioux City, West

## **IOWA CITY, WEST**

Ankeny Centennial  
Burlington  
Cedar Falls  
Cedar Rapids, Jefferson  
Iowa City, West  
Muscatine  
North Scott, Eldridge  
Waterloo, East  
Waukee

## **MARSHALLTOWN**

Cedar Rapids, Washington  
Dubuque, Senior  
Linn-Mar, Marion  
Marshalltown  
Mason City  
Urbandale  
Valley, West Des Moines  
Waterloo, West  
Dowling Catholic, W.D.M.

## **PLEASANT VALLEY**

Bettendorf  
Cedar Rapids, Kennedy  
Clinton  
Davenport Central  
Davenport, North  
Davenport, West  
Dubuque, Hempstead  
Iowa City, City High  
Pleasant Valley  
Prairie, Cedar Rapids

## **SOUTHEAST POLK**

Des Moines, East  
Des Moines, Lincoln  
Des Moines, North  
Des Moines, Roosevelt  
Indianola  
Johnston  
Norwalk  
Ottumwa  
Southeast Polk  
Waukee Northwest