



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

2023 STATE CROSS COUNTRY STARTING ASSIGNMENTS – CLASS 3A BOYS

| <u>Box</u> | <u>Numbers</u> | <u>School or Individuals</u> |
|------------|----------------|---|
| 1 | 1035 | Isaac Rankin, 10 Knoxville |
| | 1068 | Will Roach, 12 Oskaloosa |
| | 1076 | Yonas Andemichael, 11 Perry |
| | 1097 | Nolan McCusker, 10 Spencer |
| | 1098 | Luiz Martinez, 12 Storm Lake |
| | 1099 | Joel Ramirez-Parra, 10 Storm Lake |
| 2 | 1091-1096 | South Tama County |
| 3 | 1057-1063 | Mount Vernon-Lisbon |
| 4 | 1006 | Xander Graeser, 11 Charles City |
| | 1007 | Nick Williams, 11 Charles City |
| | 1032 | Noah Hinote, 11 Greene County |
| | 1036 | Jacob Greving, 12 Kuemper Catholic |
| | 1037 | Ryan North, 12 Kuemper Catholic |
| | 1064 | Brian Rohde, 11 Nevada |
| 5 | 1077-1083 | Sioux Center |
| 6 | 1018-1024 | Gilbert |
| 7 | 1101-1107 | Washington |
| 8 | 1015 | Grant Zilka, 11 Decorah |
| | 1033 | Cadel Conner, 10 Grinnell |
| | 1034 | Liam Crites, 10 Grinnell |
| | 1108 | Austin Soldwisch, 11 Waverly-Shell Rock |
| | 1109 | Jase Turnis, 11 West Delaware, Manchester |
| | 1110 | Zach Wenger, 12 West Delaware, Manchester |
| 9 | 1040-1046 | Lewis Central |
| 10 | 1008-1014 | Clear Creek Amana |
| 11 | 984-990 | ADM, Adel |
| 12 | 1084-1090 | Solon |
| 13 | 99-1005 | Central DeWitt |
| 14 | 1050-1056 | MOC-Floyd Valley |
| 15 | 992-998 | Carlisle |
| 16 | 991 | Bennett Whetstone, 12 Atlantic |
| | 1038 | Aaron Lee, 11 LeMars |
| | 1047 | Cooper Cook, 12 Marion |
| | 1048 | Jordan Fischer, 12 Marion |
| | 1049 | Bennett Kautz, 10 Marion |
| | 1039 | Trace Obbink, 12 LeMars |
| 17 | 1111-1117 | Winterset |
| 18 | 1016 | Quentin Nauman, 10 Epworth, Western Dubuque |
| | 1017 | Jacob Shottenkirk, 11 Fort Madison |
| | 1065 | Javin Doland, 11 Newton |
| | 1066 | Landon Menninga, 12 Newton |
| | 1067 | Alik Mcilravy, 12 North Polk |
| | 1100 | Jayden Brookins, 10 Wahlert, Dubuque |
| 19 | 1069-1075 | Pella |
| 20 | 1029-1031 | Glenwood |