

EMERGENCY IHSAA WRESTLING WEIGHT EXCHANGE FORM **TO BE USED ONLY IN THE EVENT THE NWCA-OPC COMPUTER GENERATED WEIGH-IN FORM IS NOT AVAILABLE**

If this form is used, the coach using it must enter the information into the TrackWrestling-OPC the day after the meet and this form must be emailed to the IHSAA at lcurtis@iahsaa.org the day after the meet.

Complete School Name _____

| WEIGHT CLASS | NAME OF CONTESTANT | ACTUAL SCALE WEIGHT | GRADE |
|-------------------------|---------------------------|--------------------------------|--------------|
| 106 | | | |
| 113 | | | |
| 120 | | | |
| 126 | | | |
| 132 | | | |
| 138 | | | |
| 144 | | | |
| 150 | | | |
| 157 | | | |
| 165 | | | |
| 175 | | | |
| 190 | | | |
| 215 | | | |
| 285 | | | |

Signature of the Coach Using This Form: _____

Signature of Administrator Conducting Weigh Ins or Opposing Coach: _____

Date of the Meet: _____