

## 2023 STATE TRACK AND FIELD MEET - GENERAL INFORMATION COACHES, PLEASE READ THIS INFORMATION

Enclosed in this packet should be all of the materials you need for the state meet. If you find anything missing from your packet, or have any questions, call Jared Chizek at the IHSAA office or Madison Melchert at the IGHS AU office.

**SCORING** - We are scoring eight places. Relay and individual scoring is: 10-8-6-5-4-3-2-1. Wheelchair scoring is: 10-8-6-5-4-3-2-1. Results will be posted on the websites and on a board on the southwest corner of the stadium where they were posted for the Drake Relays.

**PARTICIPANT ADMISSION** - Please be reminded that the only way participants (including coaches and managers) will be admitted to the stadium will be wearing their wrist band. All spectator tickets must be purchased through Hometown Ticketing: <https://www.iah saa.org/tickets/> Administrators may use their IHSAA/IGHS AU passes to enter from the northwest gate only. Spectator gates open at 7:30 am each day.

**AWARDS** - Medals will be awarded for eight places. Medals can be picked up at the northeast building located right off the track. Coaches or athletes may pick up the medals at any time during the competition. **NEW FOR 2023: The top three finishers in each event will be recognized in the infield shortly after the conclusion of the event.** Boy individual and relay champions will also receive a hat for their accomplishments. Only one hat per athlete for the entirety of the meet. At-large girl qualifiers are asked to stop at the northeast building to pick up their ticket punched sign. Three trophies will be awarded in each class including both a boys and girls wheelchair championship trophy.

**SPIKE CHECK** - Drake University allows 1/4" or shorter pyramid spikes on all Drake Stadium surfaces. We will not be providing spikes to athletes. All running athletes must have their spikes checked near the northeast building before running their event. Athletes in the high jump and long jump will have their spikes checked at the venue. Coaches, you are responsible for your athlete's spikes. If a spike doesn't meet the required specifications, it is the athlete's responsibility to correct the issue and not our meet volunteers.

**CHECK IN** - Make sure that all of your competitors check in with the clerks or their event judge well in advance of competition. Remember the public address announcer will not make calls for the meet. Coaches and competitors need to monitor meet progress to make sure that everyone is reported.

**HIP NUMBERS** - All individual running competitors and relay anchors will wear a hip number. This number is used by the finish lynx system. In order to accommodate the use of hip numbers, jerseys must be tucked in and not covering the hip numbers.

**RELAY SHEETS** - A relay sheet is enclosed whether you qualified a relay or not. If a relay order has changed from the qualifying meet, please make the change on the sheet and bring the form to the south door of the press box. Changes from preliminary to final order must also be reported to south door of the press box. Please submit this sheet, it is used by the public address announcer to give proper recognition to your athletes as they compete.

**RUNNING BLOCKS** – Running blocks will be provided for the meet. Athletes cannot bring their own blocks to the meet.

**TRACK AND RUNWAY MARKS** – Competitors will be allowed to place a maximum of two marks on the running surface and approach runways and areas. Marks must be flat (tape, rubber strips, tongue depressors); no tennis balls or anything with an elevated surface may be used in these situations.

**IHSAA and IGHS AU FIELD HEADQUARTERS** - If you need to contact IHSAA or IGHS AU administrators, you can come to the large tent on the north concourse. If the person you need to speak to is not there, they will be able to be reached by radio or phone.

**THROWING EVENTS** – Discus will be contested in the North Field with the Shot Put being contested inside the stadium. Throwers should report directly to their throwing areas. All implements will be weighed and inspected. Implement inspection will be in the northeast building.

**HIGH JUMP** - The opening height will be determined by the Games Committee after the state field is set. Opening heights will be posted on the IHSAA and IGHS AU web site. The state high jump competition will use five alive as long as fifteen jumpers are still remaining in the competition. Once the competition is below fifteen remaining participants, the competitors will go straight through the flight order. Also, if there are eight or fewer jumpers remaining at a height that began with fifteen or more jumpers, five alive will be abandoned and the remaining jumpers will go straight through the flight order. The bar is raised two-inches each time, until there are three or fewer competitors remaining. At that point, the bar will be raised at one-inch increments.

**MERCHANDISE** – State track apparel can be purchased in the west and north concourse areas.

**STADIUM ACCESS** - Since you received your packets by UPS, you will have the wristbands you need to be admitted to the stadium. You may enter through any stadium entrance. Athletes and coaches can enter the stadium 90 minutes prior to the start of the session.

**FIELDHOUSE ACCESS** – The fieldhouse will be open for warmups during the state meet. Teams are not to set up camp inside the fieldhouse. Team camps may be set up in the grass lot to the east of the Tennis Center.

**ATHLETE WARMUP AREA**- All access to the running surface is through the northeast gate of the stadium. Athletes will be allowed to warm up on the running surface prior to competition each morning. Once competition begins, only athletes in uniform with the exception of the other three relay runners, wearing a hip number will have access to the running surface for warm up. Athletes are asked not to come onto the track until 30 minutes prior to the start of their race. Once races begin, competitors will be asked to use the backstretch (no hurdles) when available, the warm-up area in the North Field or the fieldhouse. **There is to be no running athlete warmup on the infield of the track.** Athletes will be responsible for their own sweat clothes and equipment. Items will **not** be boxed and taken to the northeast corner. There will be marshals assigned to the infield. Please comply with these restrictions.

**FIELD EVENT COACHING BOXES** – Coaches with athletes in the shot put, long jump and high jump will have access to a coaching box at the venue site inside the stadium. Each team will receive one wristband per event (i.e. one coach for one or two athletes). The red wristband will allow access into the coaching box on Thursday, and the yellow wristband will allow access into the coaching box on Friday. Coaches in the discus will continue to have access outside of the throwing area in the north field.

**COACHES ARE RESTRICTED TO THE BLEACHER AREAS** – With the exception of coaches with athletes in the shot put, long jump and high jump, coaches who come onto the running surface or enter the infield area for any reason, including, but not limited to, instructing or coaching their athletes may cause the athlete to be disqualified from that event. This is in accordance with Rule 4-6-5e. Don't be the coach who causes his/her student athlete to be disqualified because you are somewhere you do not belong. If you have a concern regarding a race, please report to the meet referee on the south curve of the stadium.

**DISQUALIFICATIONS** - If a team has a disqualification, the coach will be called to the front row of the center section on the south curve to meet with the referee. Please report promptly to that area if called.

**FIELD EVENT FLIGHTS** - All entries will be ranked from first to last in each event according to state qualifying meet performances. Coaches may request a change to a different flight in the field events of shot put, discus, and long jump if there is a scheduled conflict in the field event with a running event. This request must be communicated to the IGHS AU/IHSAA by Sunday at 5:00 pm following the state qualifying meet.