



**STATE TRACK  
RELAY PARTICIPANT FORM**  
Iowa High School Athletic Association  
PO Box 10, Boone, Iowa 50036 - 515-432-2011



**IMPORTANT**

**Bring this sheet to the south door of the press box only if the running order has changed from the state qualifying meet. Changes made in running order between preliminaries and finals must also be reported to the south door of the press box.**

SCHOOL NAME \_\_\_\_\_ CLASS \_\_\_\_\_

COACH NAME \_\_\_\_\_

4 X 100 Meter Relay

GR

1. \_\_\_\_\_ ( )
2. \_\_\_\_\_ ( )
3. \_\_\_\_\_ ( )
4. \_\_\_\_\_ ( )

4 X 200 Meter Relay

GR

1. \_\_\_\_\_ ( )
2. \_\_\_\_\_ ( )
3. \_\_\_\_\_ ( )
4. \_\_\_\_\_ ( )

4 X 400 Meter Relay

GR

1. \_\_\_\_\_ ( )
2. \_\_\_\_\_ ( )
3. \_\_\_\_\_ ( )
4. \_\_\_\_\_ ( )

4 X 800 Meter Relay

GR

1. \_\_\_\_\_ ( )
2. \_\_\_\_\_ ( )
3. \_\_\_\_\_ ( )
4. \_\_\_\_\_ ( )

1600 Meter Distance Medley Relay

GR

1. \_\_\_\_\_ ( )
2. \_\_\_\_\_ ( )
3. \_\_\_\_\_ ( )
4. \_\_\_\_\_ ( )

800 Meter Sprint Medley Relay

GR

1. \_\_\_\_\_ ( )
2. \_\_\_\_\_ ( )
3. \_\_\_\_\_ ( )
4. \_\_\_\_\_ ( )

Shuttle Hurdle Relay

GR

1. \_\_\_\_\_ ( )
2. \_\_\_\_\_ ( )
3. \_\_\_\_\_ ( )
4. \_\_\_\_\_ ( )