



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

Baseball Memo #3

March 27, 2023

Good morning, Head Baseball Coaches & AD's –

We're just a little over a month from the start of practice for the 2023 Iowa high school baseball season. However, we have a few preseason updates below for baseball head coaches and ADs.

1. Online Rules Meetings

For those that were unable to attend our presentation at the IHSBCA coach's clinic in January, our required 2023 baseball rules meeting is now live and available online as of first thing this morning. All IHSAA rules meetings are hosted through our database at Bound (same as last season). All coaches should have accounts and access already. If you are new to your program or district, please have your AD create and assign an account for you.

After logging into Bound, you can find the rules meeting in two ways:

- Click on the "Activity" feed on your dashboard and select "2023 Baseball Rules Meeting Open"
- Click on the IHSAA logo on the left menu, then under Forms select "2023 Baseball Rules Meeting"

Having any Bound issues? Please use the green chat box in the lower right-hand side of your screen to communicate directly with the Varsity Bound staff at: <https://ia.varsitybound.com/>.

Coaches have until Thursday, April 27 to view and receive credit for completing this required rules meeting.

[Baseball Rule Changes - 2023](#)

2. Line-Up Cards

Not all schools utilize card stock line-up cards sent out annually. However, many do so if you would still like to receive these, please complete the order form [HERE](#). Deadline to order these is Friday, April 14th. This order form, as well as PDF of these line-up cards for programs to utilize, can be found on our [Baseball Page](#) as well.

3. Spring Batting Clarification

Some of you have reached out with questions regarding the 5 of the 15 dates opened up to work on all aspects of the game (fielding, base-running, situational, etc.). These 5 dates are designated for program practice ONLY. These cannot be utilized for scrimmages, spring ball, etc.

4. Official Baseball

As a reminder, we are no longer utilizing the Spalding baseball for postseason play. Rather, in conjunction with our baseball advisory committee, we have moved to the Diamond DI-Pro as our official baseball for postseason play. I know most of your programs are already utilizing this ball throughout the season so should be a simple, positive change.

5. Future Information Coming

Later you will see on our [Baseball Page](#) and/or receive emails on:

- Post Season Manual

Thanks, and do not hesitate to reach out if you've got further questions as we progress into spring and summer.



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