



# IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

## Football Memo #5

September 13, 2022

Good morning football coaches and athletic directors –

Week 3 is in the books and over 200 schools will be in district play this week. This week I have one rule item and a handful of administrative items to cover with each of you.

### 1. DPI and Face Guarding

We have received a few inquiries from both coaches and officials about defensive backs face guarding a receiver and whether or not face guarding is still allowed under NFHS rules. Yes, face guarding is allowed at the high school level. With that being said, in most cases, there will be a foul if contact occurs while not looking for the ball.

### 2. Bound Requirement

Coaches are reminded that the first Bound check date is today at 3 pm. Stats through Week 3 are required to be entered on the site at this time. Coaches are also reminded that the school's varsity roster with athlete's name, grade, height and weight are to be entered onto the site.

### 3. Playoff Game Ball – Wilson GST

In my previous memo, I asked coaches and athletic directors whether or not they have received their Wilson GST order. If you did not respond to the last memo request, please let me know if you still haven't received your Wilson GST footballs.

### 4. Quarter Limitation – All Levels of Football

All levels of football (7-12) have the same quarter limitation rule and exceptions. Students may participate in 5 quarters a day and 8 quarters a week. The special teams exception is also in place for the junior high level, so for example, a school's A team punter may play to entirety of the B game at wide receiver. Athletic directors, please pass this note onto your junior high coaches, so those individuals are aware of the policy.

### 5. Iowa Chapter - National Football Foundation Scholarship

As in years past, the IHSAA has been asked to share information regarding the Iowa Chapter of the National Football Foundation's scholarship opportunity for current high school seniors. Information regarding the scholarship can be found here: <https://www.iahsaa.org/wp-content/uploads/2022/09/NFF-Iowa-Chapter-Scholarship.pdf>

### 6. Audio Related to Game Film

I know video exchange guidelines run through the IFCA, but I ask schools to consider the following item for the remainder of the season. When setting up your cameras on Friday night, attempt to discover if whether or not the recording can be done without picking up the audio around the camera. While I understand that coaches and officials can mute their computer to not hear the audio, we believe some coaches/managers/etc. don't realize their voice is being recorded and as a result some inappropriate comments/language is making it onto the film describing their opponent or officiating crew from the previous Friday.

Just a heads up that the postseason manual and 2023/2024 redistricting information will be posted and sent out early next week. Have a great week of practice and let me know if you have any questions.

Jared