



# IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

## Football Memo #3

August 23, 2022

Good morning football coaches and athletic directors –

The preseason is over and it is officially game week. I just have a few reminders for all schools prior to this week's games.

### **1. Bound**

The vast majority of schools have entered their schedules and rosters into Bound prior to this memo, but for those who haven't, those two items need to be entered during the first part of this week. As in past years, we are asking coaches to input the position, height and weight of each of the students on your roster.

Shortly after your game ends each week, we need the scores to be entered into Bound. Both schools have a responsibility to have the score posted in a timely manner, so we cannot default this to a home team or winning team only task.

Finally, the stat entry requirement has not changed from years past. Stats need to be entered by 3:00 p.m. on the Tuesday following the third, sixth, eighth/ninth game of the season. For teams making the first round of the postseason and continuing to the conclusion of their season, stats must be entered by noon the next day after each contest.

### **2. Legal Equipment – Pants and Knee Pads**

I know in the past our office has received many emails and calls from coaches and officials regarding knee pads and pants, and that trend continued after last week's scrimmages and Week 0 contests. Current NFHS rules are clear when it comes athletes needing to wear knee pads and pants that completely cover the knee. Rule 1-5-1d2 states, "The following pads and protective equipment are required of all players: knee pads which are unaltered from the manufacturer's original design/production, which are worn over the knee and under the pants and shall be at least ½ inch thick or 3/8 inch thick if made of shock absorbing material." Rule 1-5-1e states, "Pants which completely cover the knees, thigh guards and knee pads and any portion of any knee brace that does not extend below the pants." Ultimately, this is about player safety, which both coaches and officials have a responsibility for on Friday nights. If this is addressed early in the season, then it doesn't become an issue later on in the year.

### **3. Fake Clap – Snap Cadence**

A fake clap is no different than a QB saying - "Hut, (pause, pause) Hut, Hut - than the snap. If they draw the defense across on the fake clap it is a penalty for encroachment. However, if the quarterback uses any other quick, jerky movement, such as a head bob, associated with the fake clap, officials may call a false start as an argument can be made that this addition movement was clearly intended to cause the defense to encroach.

Again, do not hesitate to reach out if you have any questions.

Jared