

IHSAA HANDBOOK

ARTICLES, BYLAWS & POLICIES

2022-2023 SCHOOL YEAR



Iowa High School Athletic Association
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TO SCHOOL ADMINISTRATORS AND COACHES

Dear Educators:

Thank you for your school's membership in the IHSAA and for your work with the young people of Iowa! We present this IHSAA Handbook as a reference to the rules, policies, and regulations of the Athletic Association and Department of Education. This handbook includes the IHSAA Articles of Incorporation and Bylaws as well as sports regulations and IHSAA/DE policies.

The IHSAA also posts this Handbook and all sports manuals on our website at www.iahhsaa.org. Because policies and regulations may change during the course of the year, the most current information is contained in the online publications. If you find an error in any Handbook or sports manual information, please contact us so we can correct it, update the information on the website, and notify member schools of the correction.

Best wishes throughout the school year. Don't hesitate to contact our office if you have questions.

Sincerely,
Tom Keating
Executive Director, IHSAA

IOWA HIGH SCHOOL ATHLETIC ASSOCIATION MISSION STATEMENT

"The Iowa High School Athletic Association serves its member schools and students by providing leadership and support for education-based interscholastic athletics that enrich the educational experience of the student athlete."

IHSAA CORE BELIEFS

- Extracurricular, interscholastic athletic programs enrich each student's total educational experience and positively impact academic achievement.
- The IHSAA is the recognized authority in Iowa regarding boys' interscholastic athletic programs and developing and interpreting rules that promote fair play and minimize risks for participating students.
- Extracurricular, interscholastic athletic participation develops ethical behavior, character development, and good sportsmanship.
- Participation in extracurricular, interscholastic athletic programs promotes student academic achievement.
- Participation in extracurricular, interscholastic athletic programs helps students develop healthy lifestyles.
- Extracurricular, interscholastic athletic programs contribute to positive school and community relationships.
- Conduct counts in all aspects of extracurricular and interscholastic athletics for participants, coaches, administrators, parents, and spectators.
- Properly trained administrators, coaches, and athletic directors promote the educational mission of extracurricular and interscholastic athletic programs.
- The IHSAA is committed to working cooperatively with other professionals and education-based organizations.
- Extracurricular, interscholastic athletic programs foster the involvement of a diverse population.
- Properly trained officials enhance extracurricular and interscholastic athletic programs.

IOWA HIGH SCHOOL ATHLETIC ASSOCIATION PURPOSE

To promote, develop, direct, protect, and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools, and communities throughout the state.

IOWA HIGH SCHOOL ATHLETIC ASSOCIATION BOARD OF CONTROL POLICIES

HEALTH AND WELLNESS POLICIES

IHSAA AND IGHSAU CONCUSSION MANAGEMENT

Iowa Code Section 280.13C states, in part:

1b. “Annually, each school district and nonpublic school shall provide to the parent or guardian of each student a concussion and brain information sheet, as provided by the Iowa High School Athletic Association and Iowa Girls High School Athletic Union. The student and student’s parent or guardian shall sign and return the concussion and brain injury information sheet to the student’s school prior to the student’s participation in any interscholastic activity for grades seven through twelve.

2. If a student’s coach, contest official, licensed health care provider, or an emergency medical care provider observes signs, symptoms, or behaviors consistent with a concussion or brain injury in an extracurricular interscholastic activity, the student shall be immediately removed from participation.

3a. A student who has been removed from participation shall not recommence such participation until the student has been evaluated by a licensed health care provider trained in the evaluation and management of concussions and other brain injuries and the student has received written clearance to return to participation from the health care provider.

3b. For the purposes of this section, a licensed health care provider means a physician, physician’s assistant, chiropractor, advanced registered nurse practitioner, nurse, physical therapist, or licensed athletic trainer licensed by a board designated under section 147.13.

3c. For the purposes of this section, an extracurricular interscholastic activity means any extracurricular interscholastic activity, contest, or practice, including sports, dance, and cheerleading.”

IHSAA/IGHSAU Recommended Protocol When a Student Has Sustained a Concussion or other Brain Injury, as Defined in Iowa Code Section 280.13C

1. No student should return to play/competition or practice (RTP) on the same day s/he sustained a concussion or brain injury, but a licensed health care provider as defined in Iowa Code Section 280.13C makes the final decision regarding (RTP).
2. A licensed health care provider as defined in Iowa Code Section 280.13C should evaluate a student suspected of having a concussion or brain injury on the same day the injury occurs.
3. After receiving medical clearance by a licensed health care provider as defined in Iowa Code Section 280.13C, RTP should follow a step-wise protocol with provisions for delayed RTP based upon the return

of any signs or symptoms.

4. Education of contest officials, school coaches, and other appropriate school personnel, contestants, parents, and licensed health care providers.
 - The Iowa High School Athletic Association and Iowa Girls High School Athletic Union will provide educational materials related to concussions and brain injuries developed by the CDC and other organizations knowledgeable about concussions.
5. Removing students who exhibit signs, symptoms, & behaviors of a concussion or brain injury from participation, and their return to participation.
 - Coach Removal - If the student's coach observes signs, symptoms, or behaviors consistent with a concussion or brain injury, during any kind of participation, i.e. practices, scrimmages, contests, etc., the student shall be immediately removed from participation and shall not return until the school's designated representative receives written clearance to return from a licensed health care provider as defined in Iowa Code 280.13C.
 - Contest Official, Licensed Health Care Provider, Emergency Medical Care Provider Removal - If a contest official, licensed health care provider, or emergency medical care provider observes signs, symptoms, or behaviors consistent with a concussion or brain injury, during scrimmages, contests, etc., the student shall be immediately removed from participation and a designated contest official at the contest/event must receive the written clearance to return from a licensed health care provider as defined in Iowa Code 280.13C before the student can return to participation in that contest/event, including an event that takes place over multiple days.
 - Before allowing a student who has been exhibiting signs, symptoms, & behaviors of a concussion to return to participation (practice and/or competition), licensed health care providers as defined in Iowa Code 280.13C should follow the return to participation protocol from "Suggested Guidelines for Management of Concussion in Sports," NFHS Sports Medicine Advisory Committee 2013 and "Consensus Statement on Concussion in Sport 4th International Conference in Sport Held in Zurich, November 2012," British Journal of Sports Medicine, 2013; 47:250-258.
6. At events where the Iowa High School Athletic Association or Iowa Girls High School Athletic Union have provided licensed health care providers as defined in Iowa Code 280.13C, those licensed health care providers have final authority regarding RTP when a student has exhibited signs, symptoms, and behaviors consistent with a concussion.

RETURN TO PARTICIPATION PROTOCOL FOLLOWING A CONCUSSION (GUIDELINES FOR LICENSED HEALTH CARE PROVIDERS)

Return to participation following a concussion is a medical decision made on an individual basis by licensed healthcare providers. Medical experts in concussion believe a concussed student should meet ALL of the following criteria in order to progress to return to participation. These criteria are required by Iowa Code Section 280.13C when licensed health care providers determine a student's return to participation.

- Asymptomatic at rest, and with exertion (including mental exertion in school), AND have written clearance from a physician, physician's assistant, chiropractor, advanced registered nurse practitioner, nurse, physical therapist, or licensed athletic trainer. *Written clearance to return by one of these licensed health care providers is REQUIRED by Iowa Code Section 280.13C!
- Once the criteria above are met, the student should progress back to full activity following the step-wise process detailed below. A licensed health care provider as defined in Iowa Code Section 280.13C, or their designee, should closely supervise this progression.
- Progression to return is individualized and should be determined on a case-by-case basis. Factors that may affect the rate of progression include: the previous history of concussion, duration and type

of symptoms, age of the student, and sport/activity in which the student participates. A student with a history of concussion, one who has had an extended duration of symptoms, or one who is participating in a collision or contact sport may progress more slowly as determined by a licensed health care provider as defined in Iowa Code Section 280.13C, or their designee.

Step 1. Complete physical and cognitive rest.

No exertional activity until asymptomatic. This may include staying home from school or limiting school hours (and studying) for several days. Activities requiring concentration and attention may worsen symptoms and delay recovery.

Step 2. Return to school full-time /normal cognitive daily activities or normal cognitive functions.

Step 3. Low impact, light aerobic exercise.

This step should not begin until the student is no longer having concussion symptoms and is cleared by the treating licensed health care provider. At this point, the student may begin brisk walking, light jogging, swimming, or riding an exercise bike at less than 70% maximum performance heart rate. No weight or resistance training.

Step 4. Basic exercise, such as running in the gym or on the field. No helmet or other equipment.

Step 5. Non-contact, sport-specific training drills (dribbling, ball handling, batting, fielding, running drills, etc.) in full equipment.
Weight training can begin.

Step 6. Following medical clearance*, full-contact practice or training.

Step 7. Normal competition in a contest.

NOTE: Generally, each step should take a minimum of 24 hours. If post-concussion symptoms occur at ANY step, the student must stop the activity and their licensed health care provider as defined in Iowa Code Section 280.13C should be contacted. If any post-concussion symptoms occur during this process, the student should drop back to the previous asymptomatic level and begin the progression again after an additional 24-hour period of rest has taken place.

References: "Suggested Guidelines for Management of Concussion in Sports," NFHS Sports Medicine Advisory Committee 2009; "Consensus Statement on Concussion in Sport 4th International Conference in Sport Held in Zurich, November 2012," British Journal of Sports Medicine, 2013; 47:250-258.

HEADS UP: CONCUSSIONS IN HIGH SCHOOL SPORTS

Facts for parents and students

Please note this important information based on Iowa Code Section 280.13C, Brain Injury Policies:

- (1) A student participating in extracurricular interscholastic activities, in grades seven through twelve, must be immediately removed from participation if the coach, contest official, licensed healthcare provider or emergency medical care providers believe the student has a concussion based on observed signs, symptoms, or behaviors.
- (2) Once removed from participation for a suspected concussion, the student cannot return to participation until written medical clearance has been provided by a licensed health care provider.
- (3) A student cannot return to participation until s/he is free from concussion symptoms at home and at school.
- (4) Definitions: "Contest official" means a referee, umpire, judge, or other officials in an athletic contest who is registered with the Iowa High School Athletic Association or the Iowa Girls High School Athletic Union.
"Licensed health care provider" means a physician, physician assistant, chiropractor, advanced registered nurse practitioner, nurse, physical therapist, or athletic trainer licensed by a board.
"Extracurricular interscholastic activity" means any extracurricular interscholastic activity means any

dance or cheerleading activity or extracurricular interscholastic activity, contest, or practice governed by the Iowa High School Athletic Association or the Iowa Girls High School Athletic Union that is a contact or limited contact activity as identified by the American Academy of Pediatrics. "Medical clearance" means written clearance from a licensed health care provider releasing the student following a concussion or other brain injury to return to or commence participation in any extracurricular interscholastic activity.

What is a concussion?

Concussions are a type of brain injury that disrupts the way the brain normally works. Concussions can occur in any sport or recreational activity and can result from a fall or from players colliding with each other, the ground, or obstacles. Concussions can occur with or without loss of consciousness, but most concussions occur without loss of consciousness.

What parents/guardians should do if they think their child has a concussion?

1. Teach your child that it's not smart to play with a concussion.
2. OBEY THE LAW.
 - a. Seek medical attention right away.
 - b. Keep your child out of participation until s/he is cleared to return by a licensed healthcare provider.
3. Tell all of your child's coaches, teachers, and school nurses about ANY concussion.

What are the signs and symptoms of a concussion?

Signs and symptoms of concussion can show up right after the injury or may not be noticed until days after the injury. If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be removed from play immediately. The athlete should only return to play with permission from a health care provider and after s/he is symptom-free at home and at school.

Signs Observed by Parents or Coaches:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Symptoms Reported by Student-Athlete:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

STUDENTS, If you think you have a concussion:

- **Tell your coaches & parents** – Never ignore a bump or blow to the head, even if you feel fine. Also, tell your coach if you think one of your teammates might have a concussion.
- **Get a medical check-up** – A physician or other licensed health care provider can tell you if you have a concussion, and when it is OK to return to play.
- **Give yourself time to heal** – If you have a concussion, your brain needs time to heal. While your brain is healing, you are much more likely to have another concussion. It is important to rest and not return to play until you get the OK from your health care professional.

PARENTS/GUARDIANS, You can help your child prevent a concussion:

- Make sure they wear the right protective equipment for their activity. It should fit properly, be well maintained, and be worn consistently and correctly.
- Ensure that they follow their coaches' rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.

For more information visit: www.cdc.gov/Concussion

CONCUSSION MANAGEMENT COACHES EDUCATION REQUIREMENT

As per Iowa Code, all coaches are required to view the NFHS course: "Concussion in Sports" before the first regulated practice date of their respective sports season.

SPORTSMANSHIP POLICIES

COACH EJECTION POLICY

Any coach at any level, grades 9-12 who is ejected from an IHSAA sanctioned sport is required to take the NFHS Fundamentals of Coaching elective course entitled "Teaching and Modeling Behavior." This course must be viewed prior to being able to return and coach an interscholastic contest and the certificate of completion must be sent to the IHSAA office. The cost of the course will be the responsibility of the individual coach. This mandate is in addition to missing the next playing date at the level of competition he/she was ejected from all games in the interim.

STUDENT-ATHLETE EJECTION POLICY

Additional Penalty: Any student-athlete at any level grades 7-12 who is ejected from an IHSAA sanctioned sport will be required to take the NFHS Coach Education/Certification Program elective course "Sportsmanship- It's Up to You." The course must be viewed prior to being able to return and participate in an interscholastic contest and the certificate of course completion must be sent to the IHSAA office. There is no cost for this course. This mandate is in addition to missing the next regularly scheduled game/meet which is defined as the next scheduled, rescheduled, or contracted date.

IHSAA AWARDS PRESENTATION POLICY

It is the goal of the IHSAA is to protect the safety and well-being of all participants, spectators, coaches, officials, and tournament staff as well as demonstrate the sportsmanship philosophy of the IHSAA and its member schools with regard to respect for the opponent during all IHSAA award presentations. In furtherance of this goal and the requirement that member schools should ensure that their contestants, coaches & spectators practice the highest principles of sportsmanship and ethics of competition, the following policy has been adopted by the Board of Control:

No team(s) student body/spectators are allowed on the playing surface at the conclusion of an IHSAA

postseason event without the express permission of the tournament manager.

Penalty: Team or individual awards will not be presented to the participant(s) immediately following the competition and said award(s) will be provided to the school administration of the respective teams at the IHSAA office at a time to be determined by the Executive Director or designee of the IHSAA.

Should a team refuse to accept an award at the time it is presented, said award will be provided to the school administration of the respective teams at the IHSAA office at a time to be determined by the Executive Director or designee of the IHSAA

This penalty is in addition to any other penalty or sanction which may be imposed by the Board of Control, its Executive Director, or designee as a result of a violation of any other policy, rule, bylaw, or regulation of the IHSAA.

The policy shall be enforced at all IHSAA-sponsored tournaments that have an awards presentation following the completion of the event. The enforcement of this policy will be at the discretion and judgment of the specific tournament manager.

The Board of Control also requests school administrators be present and visible when their respective teams are playing and assist in making sure spectators do not come onto the playing surface at the conclusion of the event until such time it is permissible following awards and recognition presentations.

HOSTING EVENTS POLICIES

IHSAA-IGHSAU SPONSORED EVENT TICKET POLICY

The Board of the Iowa High School Athletic Association requires that proper accounting procedures are used by member schools during IHSAA-sponsored tournament events.

The IHSAA has partnered with Hometown Ticketing as a digital ticket solution and requires host schools to use Hometown Ticketing as its method of collecting admission for all IHSAA post-season events which charge admission.

The Board of the IHSAA has instructed the administration of the organization to notify schools that if they do not desire to use Hometown Ticketing, they should not accept tournament invitations.

HAZARDOUS WEATHER GUIDELINES

The primary concern, when signs of hazardous weather are present, is the safety of participants and spectators. Have a safety plan for any type of hazardous weather that may occur. Practice and follow the plan. Know where people will go for safety and know how much time it will take for them to get there. Have specific guidelines for suspending the event so everyone has time to reach a place of safety before the threat becomes significant.

Lightning Safety

The safety of the players and spectators is always more important than the game! Communication between game management, officials & coaches is essential for the safety of everyone.

Lightning only takes an instant to strike. You are in danger from lightning if you can hear thunder.

All thunderstorms produce lightning and are dangerous. Lightning often strikes as far as 10 miles away from rainfall. Don't wait until the last minute to seek shelter.

If thunder is heard, or lightning is seen, immediately suspend the event and instruct everyone to take shelter in a safe structure.

Have a lightning safety plan in place. Know where teams and spectators will go for safety and know how much time it will take them to get to safety. A "safe structure" is a completely enclosed building that is normally occupied or frequently used by people. The building should have plumbing and electrical wiring to help ground it from lightning. If there is no such structure available, an enclosed vehicle with a metal roof and sides is a reasonable second choice.

When a contest is suspended due to lightning, wait at least 30 minutes after hearing the last thunder before leaving safe shelter and resuming activity.

Lightning detectors are a great tool to draw one's attention to the fact that lightning is in the vicinity. Remember, even with lightning detectors, the weather should be monitored closely for lightning or thunder.

Severe Weather Conditions

- I. A severe weather watch (flood, thunderstorm, tornado, etc.) is issued when conditions are favorable for severe weather to develop.
 - A. Host management should be prepared for an abrupt suspension of the contest and for informing all participants and spectators to move to a place of safety.
 - B. Consideration should be given to the length of time it will take to clear the contest area and for all participants and spectators to move to a place of safety.
- II. A severe weather warning is issued when severe weather is imminent.
 - A. Host management should suspend the contest when there is a significant threat of severe weather and inform all participants and spectators to move to a place of safety.
 - B. Follow the safety plan that your school has developed.

SUSPENSION OR POSTPONEMENT OF CONTESTS

Prior to the contest officials' assuming authority:

- I. The home school's management shall determine whether a contest should be suspended or postponed due to severe weather.
 - A. In making the decision whether or not to suspend or postpone a contest, the host management should first take into consideration the safety of the participants and spectators.
 - B. Playing surface conditions should be considered and what continued use may do to the surface.
 - C. If the decision is made by the host management to postpone the contest, administrators from both schools should mutually agree if, and when, to reschedule.

II. Once the officials' authority begins.

- A. Refer to NFHS playing rules, or IHSAA postseason rules, for the exact rules in each sport regarding contest officials' authority to suspend the contest.

III. Postponing the contest.

- A. Wait a sufficient amount of time to see if the severe weather will subside.
- B. Home management and/or contest officials shall decide whether to postpone or resume the

contest.

C. Playing surface conditions should be considered when making this decision.

IV. If the contest resumes.

A. Adequate time should be given for contestants to warm up prior to continuing play.

V. If the contest cannot be resumed after a severe weather delay.

A. Administrators from both schools need to come to an agreement. The contest may be considered complete with the existing score becoming the final score, or the contest may be postponed and continued from the point of interruption, at a time mutually agreed to by both schools.

PETS PROHIBITED AT IHSAA SANCTIONED EVENTS

No pets are permitted at events sanctioned nor sponsored by the IHSAA/IGHSAU. Any person found with a pet will be asked to remove the pet from the premises immediately. Failure to comply will result in the person being asked to leave the premises.

In accordance with Iowa Code Chapter 216C.11, a person with a disability, a person assisting a person with a disability by controlling a service dog or an assistive animal, or a person training a service dog or an assistive animal will be admitted to events sanctioned or sponsored by the IHSAA/IGHSAU without being required to make additional payment for the service dog or assistive animal. The person accompanying the service dog or assistive animal is liable for damage done to any premises or facility by a service dog or assistive animal.

SHIRT & SHOE POLICY

The Board of Control of the Iowa High School Athletic Association has a policy that shirts and shoes are required attire for all in attendance at any indoor IHSAA-sponsored athletic events. In the sport of football, this rule also applies to games in the UNI-Dome in Cedar Falls.

NO ALCOHOL POLICY

No alcohol or tobacco is to be sold or consumed on the grounds of any state tournament venue leased or provided to the IHSAA for the purpose of conducting a State Championship.

Section 123.46 of the Iowa State Code states: "A person shall not possess or consume alcoholic liquors, wine or beer on public school property or while attending a public or private school-related function. A person shall not be intoxicated or simulate intoxication in a public place. A person violating this subsection is guilty of a simple misdemeanor.

NO SMOKING, CHEWING, OR VAPING REGULATION

The no-smoking regulation is to be observed on the playing grounds by the officials in charge, coaches, faculty representatives, team trainers, players, and player bench occupants. There should be no use of tobacco (including vaping and smokeless) by players or coaches in all sports programs. Disqualification will be the result for the participant, and if the coach uses tobacco, a written report will be submitted to the IHSAA Office as a means of follow-up to the school, and said individual will not coach in postseason competition.

JAMBOREES, SCRIMMAGES & PRACTICES

JAMBOREES

The Athletic Association's philosophy regarding jamborees is that a jamboree allows teams to compete in a partial contest and allows the host school, or organization, to use the event as a fundraiser. Jamborees are permitted in the sports of basketball and soccer with the following guidelines:

- Only one Jamboree is permitted and must take place after the first legal practice date.
- Only varsity teams may participate.
- A maximum of 8 schools may be involved, unless it is a conference Jamboree and there are more than 8 schools in the conference. Then all schools may participate.
- No team may participate in more than two, 8-minute quarters (basketball) or more than one-half of play (soccer).
- No school time may be used to travel or participate in a Jamboree.
- Hosts may charge admission, sell programs, and/or concessions
- Score may be kept.

SCRIMMAGES

The Athletic Association's philosophy regarding scrimmages is that a scrimmage is used to test a team's offensive and/or defense against another team's offense and/or defense in a game-like situation. Scrimmages in wrestling are permitted because teams do not always have wrestlers in similar weight classes therefore, those wrestlers do not have the opportunity to practice offensive and defensive moves against a wrestler of similar ability and weight. Scrimmages in tennis are allowed after the district tournaments because schools may have difficulty finding quality players for their state qualifiers, or team, to practice against as non-qualifying players often move on to play baseball.

Sport	Scrimmages Allowed	Requirements	Max. # of Schools
Baseball	*3, after the first legal practice date	*No PA used, no admission charged, no score kept *No school time may be used to travel or participate *Held at one of the school's regular practice facilities	*A maximum of four (4) schools may participate
Basketball	*3, after the first legal practice date	*No PA used, no admission charged, no score kept unless Hall of Pride Scrimmage *No school time may be used to travel or participate *Held at one of the school's regular practice facilities *Achieve Scrimmages may use PA, charge admission, and keep score.	*A maximum of four (4) schools may participate
Cross Country	*1, after the first legal practice date	*No PA used, no admission charged, no score kept *No school time may be used to travel or participate *Held at one of the school's regular practice facilities	*A maximum of four (4) schools may participate

Golf	*1, after first legal practice date	*No team scores kept; no individual scores shared, no admission charged *No school time may be used to travel or participate *Held at one of the school's regular practice facilities	*A maximum of four (4) schools may participate
Football	*1, after 10 days of practice	*No PA used, no admission charged, no score kept *No school time may be used to travel or participate *Held at one of the school's regular practice facilities	*A maximum of four (4) schools may participate
Soccer	*2, after the first legal practice date	*No PA used, no admission charged, no score kept *No school time may be used to travel or participate *Held at one of the school's regular practice facilities	*A maximum of four (4) schools may participate
Swimming	*1, after the first legal practice date	*No PA used, no admission charged, no score kept *No school time may be used to travel or participate *Held at one of the school's regular practice facilities	*A maximum of four (4) schools may participate
Tennis	*2, after first legal practice date and during postseason	*No PA used, no admission charged, no team score kept *No school time may be used to travel or participate *Held at one of the school's regular practice facilities	*Number of schools participating is limited only by the number of courts available
Track and Field	*1, after the first legal practice date	*No PA used, no admission charged, no team score kept *No school time may be used to travel or participate Held at one of the school's regular practice facilities	*A maximum of four (4) schools may participate
Wrestling	*3, after the first legal practice date *Only 1 may be held before first legal <i>competition</i> date *Unlimited scrimmages may be held for 1A/2A district qualifiers and 3A district winners	*No PA used, no admission charged, no team score kept *No school time may be used to travel or participate *Held at one of the school's regular practice facilities	*A maximum of four (4) schools may participate

PRACTICE FACILITY POLICY

Iowa High School Athletic Association member schools may use practice facilities, other than their

regular school facilities, with no prior approval from the IHSAA as long as the following criteria are met:

- A. Member schools holding practice at a practice facility other than their regular school practice facility, one time per week or more, must have a written agreement between the member school and the member school where the practice will be held or the organization operating the practice facility.
- B. Member schools holding practice at a practice facility other than their regular practice facility, on an occasional or emergency basis, must have local school administration approval before each practice session.
- C. Only a school's bona fide coaches may provide instruction during practice regardless of where practice takes place. Member schools may not practice with another member school except in scrimmage situations. [Note the scrimmage rule for each sport as posted in the regular season handbook.

No school practice shall take place at an IHSAA state tournament venue unless otherwise indicated in that sport's specific postseason manual.

Schools traveling to a state tournament or not returning home between rounds of the state tournament may NOT practice at the site where the state tournament is being held unless the IHSAA has arranged for practice times for all schools involved. (Please refer to the fall and spring postseason manuals for information on golf as it pertains to practice rounds at the sectional, district and state meet sites.

GENDER POLICIES

GIRLS PARTICIPATING IN BOYS' SPORTS PROGRAMS

The Iowa High School Athletic Association's position on girls participating in boys' sports programs is as follows:

1. If a like sports program is not offered for girls in a school district, the IHSAA recommends the school district give consideration for girls to participate on the boys' team if they request participation.
2. When a girl participates on a boys' team, the following guidelines are recommended:
 - a. A meeting with the principal, athletic director, coach of the sport involved, the girl, and her parent(s).
 - b. The girl and her parent(s) should be informed that once she becomes a member of the team, she will be treated like all other team members.
 - c. The coach should explain to the girl and her parent(s) exactly what will be expected in practice and games so the girl and her parent(s) will have an understanding of a typical practice/game situation as it pertains to that sport.
 - d. The girl and her parent(s) should be informed that she will be provided with proper supervision and she will have supervised dressing facilities.
3. If the student is planning on participating in football, she should be informed that football is an aggressive contact sport. She should be informed of the risk of injury while playing football. She should be informed football pads were not made to protect young ladies, as there is a great deal of contact on the front part of the body.
4. If the student is going to participate in wrestling, she should be informed of the various holds and maneuvers used in wrestling, notably:
 - a. Wrestling is a sport that teaches techniques that involve grasping to restrain a wrestler

through the crotch and across the chest.

b. Competition and practice are often aggressive and physically demanding.

5. The principal should have a prepared statement that indicates a meeting took place, the date, who was in attendance, a meeting outline, and have all parties sign the statement. This will serve as a record that a meeting did take place and what transpired.

TRANSGENDER STATEMENT

The Code of Iowa clearly delineates unfair practices and discriminatory acts in education. Section 216.9 Unfair or discriminatory practices – education reads:

1. It is an unfair or discriminatory practice for any educational institution to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, religion, or disability in any program or activity. Such discrimination practices shall include but not be limited to the following practices:
 - a. Exclusion of a person or persons from participation in, denial of the benefits of, or subjection to discrimination in any academic, extracurricular, research, occupational training, or other programs or activity except athletic programs;
 - b. Denial of comparable opportunity in intramural and interscholastic athletic programs;
 - c. Discrimination among persons in employment and the conditions of employment;
 - d. On the basis of sex, the application of any rule concerning the actual or potential parental, family, or marital status of a person, or the exclusion of any person from any program or activity or employment because of pregnancy or related conditions dependent upon the physician's diagnosis and certification.
2. For the purpose of **this section**, "educational institution" includes any preschool, elementary or secondary schools, community college, area education agency, or post-secondary college or university and their governing boards. **This section** does not prohibit an educational institution from maintaining separate toilet facilities, locker rooms, or living facilities for the different sexes so long as comparable facilities are provided. Nothing in **this section** shall be construed as prohibiting any bonafide religious institution from imposing qualifications based on religion, sexual orientation, or gender identity when such qualifications are related to a bonafide religious purpose or any institution from admitting students of only one sex.

The Code of Iowa clearly defines "Gender identity." Section 216.2 Definitions. Reads: "When used in this chapter, unless the context otherwise requires: "Gender identity" means a gender-related identity of a person, regardless of a person's assigned sex at birth."

Fully aware of the unfair and discriminatory practices and definition of "gender identity," the Iowa High School Athletic Association presents guidelines for the implementation of the Code of Iowa in regards to transgender students.

GUIDELINES FOR INCLUSION AND RESPECTFUL TREATMENT OF TRANSGENDER OR GENDER NEUTRAL STUDENT-ATHLETES

Communications and Publications: Pronouns and Name Changes

The preference for the use of masculine or gender-neutral pronouns should be the choice of the student-athlete. Coaches, administrators, and athletes should abide by a transgender student-athlete's name and pronoun preferences, demonstrating respect for the individual and validating the transgender student-athletes gender identity and expression.

Access to Locker Rooms and Bathrooms

Every student-athlete should have access to a locker room, bathroom, and shower facilities in a safe, comfortable and convenient environment.

When the transgender student-athlete uses a separate locker room space do not use the common locker room as a team meeting space or the only location where important team information is shared. Coaches and team members are strongly encouraged to identify other spaces to conduct team meetings.

When member schools are traveling, the student-athletes school representatives should identify safe spaces for transgender student-athletes to have their needs met with regard to changing spaces, restroom accommodations, and meeting spaces.

Overnight Accommodations

If a member school requires overnight accommodations, transgender student-athletes should be assigned rooming assignments based on their gender identity, with the recognition that the student who needs extra privacy should be accommodated whenever possible.

Apparel and Dress Codes

All team members should have access to uniforms that are appropriate for their sport. Participants are expected to be in compliance with the uniform regulations of the National Federation of State High School Associations.

In cases where the coaches of member schools set dress codes or expectations, coaches should set a gender-neutral dress code that is comfortable for all members of the team.

Confidentiality

The privacy of transgender student-athletes is a priority for member schools and the Iowa High School Athletic Association. All medical information must be kept confidential.

OTHER IHSAA BOARD POLICIES

MANDATORY HEAD COACHES RULES MEETING ATTENDANCE

Head coaches in all sports programs sponsored by the Iowa High School Athletic Association in which rules meetings are conducted are required to attend/view rules meeting in that sport annually. The penalty for a head coach not attending/viewing a rules meeting is: "If the head coach does not attend/view rules meeting in his/her given sport, the coach will not coach or attend any IHSAA-sponsored tournament/event in that sport during the school year."

POLICY STATEMENT DEALING WITH ANONYMOUS CALLS, E-MAILS, AND LETTERS PERTAINING TO MEMBER SCHOOLS

Anonymous letters sent to the IHSAA shall be forwarded to the school administrator of the school in question by the IHSAA Executive Director, with no further action to be taken unless a violation is reported by the member school. Anonymous callers shall be informed that the IHSAA staff has no authority to act upon anonymous calls, e-mails, or letters.

THIRD AMENDED AND RESTATED ARTICLES OF INCORPORATION (Constitution of Organization, Iowa Administrative Code 281-36.3) OF THE IOWA HIGH SCHOOL ATHLETIC ASSOCIATION TO THE SECRETARY OF STATE OF THE STATE OF IOWA

Pursuant to section 504.1006 of the Revised Iowa Nonprofit Corporation Act (the “Act”), the undersigned corporation, adopts the following Amended and Restated Articles of Incorporation (a/k/a the Constitution of the Association, which, pursuant to Iowa Administrative Code Section 281.36.3, the Iowa State Department of Education requires certain organizations, including the Association, to adopt, hereinafter the “Articles”):

1. The date these Articles were adopted is June 11, 2018.
2. These Articles were duly approved by the members of the Association in the manner required under the Act, the Articles of Incorporation of the Association, the Bylaws of the Association, and Iowa Administrative Code Chapter 281.
3. These Articles consolidate all amendments into a single document.

ARTICLE I

The name of the Association is the Iowa High School Athletic Association (the “Association”).

ARTICLE II

The Association shall have perpetual duration.

ARTICLE III

The purpose for which the Association is organized is for the purpose of promoting, developing, directing, protecting, and regulating amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools, and communities throughout the state. Notwithstanding the foregoing, however, the Association is organized exclusively for charitable, religious, educational, and scientific purposes, including, for such purposes, the making of distributions to organizations that qualify as exempt organizations under section 501(c)(3) of the Internal Revenue Code of 1986, as amended (or corresponding section of any future federal tax code).

ARTICLE IV

The Association is not organized for profit. No part of the net earnings of the Association shall inure to the benefit of, or be distributable to its members, trustees, officers, or other private persons. No substantial part of the activities of the Association shall be the carrying on of propaganda, or otherwise attempting, to influence legislation, and the Association shall not participate in, or intervene in (including the publishing or distribution of statements) any political campaign on behalf of or in

opposition to any candidate for public office. Notwithstanding any other provision of these articles, the Association shall not carry on any other activities not permitted to be carried on (a) by a corporation exempt from federal income tax under Section 501(c)(3) of the Internal Revenue Code, or corresponding section of any future federal tax code, or (b) by a corporation, contributions to which are deductible under section 170(c)(2) of the Internal Revenue Code (or corresponding section of any future federal tax code).

ARTICLE V

The street address of the initial registered office of the Association is 1605 South Story Street, P.O. Box 10, Boone, Iowa, 50036, located in the County of Boone, and the name of its initial registered agent at such address is Tom Keating.

ARTICLE VI

The name and address of the incorporator is:

**Tom Keating
1605 South Story Street
P.O. Box 10
Boone, Iowa 50036**

ARTICLE VII

Section 1. Members. The Association shall have members.

Section 2. Qualifications.

- a. Membership in the Association is open to all high schools in the state of Iowa that are approved by the State Department of Education. Schools may apply to the Board of Control (Board of Control has the same meaning as the board of directors under the Act, hereinafter the "Board") for membership or associate membership and upon the fulfillment of membership requirements, as designated by the Board, shall be admitted to membership.
- b. Any high school of the state becomes a member of the Association when notice has been given to the Association's Executive Director that the Articles and Bylaws have been read and accepted by the superintendent, or his/her designee, Schools failing to fulfill membership requirements by June 30 shall forfeit membership for the next school year, and reinstatement may be made only upon fulfillment of membership requirements.
- c. To qualify for membership in the Association, a school must:
 - i. Complete the IHSAA Membership & Entry Form for the upcoming school year, including affixing the electronic signature of the person completing the form and verifying the Articles and Bylaws have been read and accepted by the superintendent, or his/her designee.
 - ii. Employ coaches who meet the minimum requirements for licensure as approved and as established and determined by the State Department of Education.
 - iii. Complete IHSAA school directory information for the upcoming year.

Section 3. Compliance. Whenever a school system has a high school that becomes a member of the Association, all interscholastic athletic contests involving pupils enrolled in grades above sixth (6th) are automatically covered and controlled by the rules of the Association.

- a. Any other school system operating any single grade or combination of grades seven (7) and eight (8) may apply for junior membership under the condition that, if accepted, it shall comply

with all regulations of the Articles of this Association including the fulfillment of membership requirements.

- b. No member or associate member junior high school may participate against a nonmember junior high school in any interscholastic competition.

Section 4. Junior Memberships. Junior High school membership (hereafter referred to as “junior membership”) shall apply to and include grades seven (7) and eight (8) only. Such junior membership may be acquired upon proper application, subscriptions to the rules, and with the understanding that junior members shall not acquire any voting rights nor any vested interest in the assets of this Association.

Section 5. Classifications. The schools of this Association shall be classified as follows:

- a. The BEDS enrollment for grades nine (9), ten (10), and eleven (11) as provided to the IHSAA from the State Department of Education, and represents the students served by the member or associate member school. The previous year’s BEDS enrollment figures will be used in making this determination.
- b. There shall be two classes of high school membership. The 64 largest schools based upon their actual enrollment on the second Friday in September in their top three grades will be classified as “AA” schools. All the rest of the membership will be regarded as class “A” schools.

Section 6. Annual Meeting. The annual meeting of the members shall be held in June of each year at such place and date as the Board shall each year fix, or at such other place, time, and date as the Board shall fix, which date shall be within the earlier of the first six (6) months after the end of the Association’s fiscal year or fifteen (15) months after the members’ last annual meeting.

Section 7. Special Meetings. Special meetings of the members, for any purpose or purposes, unless otherwise prescribed by law (which for purposes of these Articles shall mean as required from time to time by the Act or these Articles), may be called by the Chairperson of the Board, or the Board, and shall be called by the Board upon the written demand, signed, dated, and delivered to the Vice-Chairperson of the Board, of the holders of at least ten percent of all the votes of members entitled to be cast on any issue proposed to be considered at the meeting. Such written demand shall state the purpose or purposes for which such meeting is to be called. The time, date and place of any special meeting shall be determined by the Board or by the Chairperson of the Board. Unless otherwise provided in these Articles, a written demand for a special meeting may be revoked by a writing to that effect received by the Association prior to the receipt by the Association of demands sufficient in number to require the holding of a special meeting.

Section 8. Notices and Reports to Members.

- a. Notice of the place, date, and time of all meetings of members and, in the case of a special meeting, the purpose or purposes for which the meeting is called, shall be communicated not fewer than ten (10) days nor more than sixty (60) days before the date of the meeting to each member entitled to vote at such meeting. The Board may establish a record date for the determination of members entitled to notice, as provided in Section 12 of this Article. Notice of adjourned meetings need only be given if required by law.
- b. If notice of proposed corporate action is required by law to be given to members not entitled to vote and the action is to be taken by consent of the voting members, the Association shall give all members written notice of the proposed action at least ten (10) days before the action is taken. The notice must contain or be accompanied by the same material that would have been required to be sent to members not entitled to vote in a notice of the meeting at which the proposed action would have been submitted to the members for action.
- c. Notice may be communicated in person, by mail, or other methods of delivery, or by

telephone, voice mail, or other electronic means. If these forms of personal notice are impracticable, notice may be communicated by a newspaper of general circulation in the area where published; or by radio, television, or other forms of public broadcast communication. Written notice by the Association to its members, if in a comprehensible form, is effective according to one of the following: (i) upon deposit in the United States mail, if mailed post-paid and correctly addressed to the member's address shown in the Association's current record of members; or (ii) when electronically transmitted to the member in a manner authorized by the member.

Section 9. Waiver of Notice.

- a. Any member may waive any notice required by law or these Articles if in writing and signed by any member entitled to such notice, whether before or after the date and time stated in such notice. Such a waiver shall be equivalent to notice to such member in due time as required by law or these Articles. Any such waiver shall be delivered to the Association for inclusion in the minutes or filing with the corporate records.
- b. A member's attendance at a meeting, in person or by proxy, waives (i) objection to lack of notice or defective notice of such meeting unless the member at the beginning of the meeting or promptly upon the member's arrival objects to holding the meeting or transacting business at the meeting, and (ii) objection to consideration of a particular matter at the meeting that is not within the purpose or purposes described in the meeting notice unless the member objects to considering the matter when it is presented.

Section 10. Record Date. The Board may fix, in advance, a date as the record date for any determination of members for any purpose, such date in every case to be not more than seventy (70) days prior to the date on which the particular action or meeting requiring such determination of members is to be taken or held. If no record date is so fixed for the determination of members, the close of business on the day before the date on which the first notice of a members' meeting is communicated to members shall be the record date for such determination of members. When a determination of members entitled to vote at any meeting of members has been made as provided in this Section, such determination shall apply to any adjournment thereof, unless the Board selects a new record date or unless a new record date is required by law.

Section 11. Members' List. After fixing a record date for a meeting, the Vice-Chairperson of the Board shall prepare an alphabetical list of the names of all members who are entitled to notice of a members' meeting. Subject to Article XV, Section 5, the members' list must be available for inspection by any member beginning two business days after notice of the meeting is given for which the list was prepared and continuing through the meeting, at the Association's principal office or at a place identified in the meeting notice in the city where the meeting will be held. A member, or a member's agent or attorney, is entitled on written demand to inspect and, subject to the requirements of the law, to copy the list, during regular business hours and at the person's expense, during the period it is available for inspection. The Association shall make the members' list available at the meeting, and any member, or a member's agent or attorney, is entitled to inspect the list at any time during the meeting or any adjournment.

Section 12. Organization.

- a. The Chairperson of the Association, or in the absence of the Chairperson, the Vice-Chairperson of the Association, or in the Vice-Chairperson's absence, such person as the Board may have designated, or, in the absence of such a person, such person as shall be designated by the holders of a majority of the votes present at the meeting, shall call meetings of the members to order and shall act as chairperson of such meetings.
- b. The Vice-Chairperson of the Association shall act as secretary at all meetings of the members, but in the absence of the Vice-Chairperson at any meeting of the members, the

Chairperson of the Association may appoint any person to act as secretary of the meeting.

Section 13. Conduct of Business. The chairperson of any meeting of members shall determine the order of business and procedure at the meeting, including such regulation of the matter of voting and the conduct of business as seem to him or her to be in order. The chairperson shall also announce at the meeting when the polls close.

ARTICLE VIII

Section 1. Board Members. The Board shall consist of nine (9) members. One (1) member shall be appointed by the State Department of Education and that person shall serve as a nonvoting member of the Board. One (1) member shall be appointed by the Iowa Association of School Boards. One (1) member who is a coordinator, or director of athletics shall be elected to the Board and that position shall be at-large. That person shall cease to be a member of the Board when the person ceases to be a coordinator or director of athletics at a member school. One (1) member shall be a class AA high school principal elected at large. That person shall cease to be a member of the Board when the person ceases to be a high school principal in a class "AA" school; however, if the person continues as an executive officer of a member school, that person shall retain membership on the Board until a successor is elected and qualified. The remaining five members of the Board shall represent the Association's Representative Council (as hereinafter defined) Districts (see Article XIV) in which he or she is either a superintendent or principal. One member shall be elected from each of the five (5) districts: Northwest District; Northeast District; Central District; Southwest District; and Southeast District. All five (5) of these positions shall be elected by a vote of the member schools in their respective districts for a five-year term. Any of the five (5) members who represent a given district, when they change positions from one district to a new district, shall cease to be a member of the Board. However, if that person continues as an executive officer of a member school, that person shall retain membership on the Board until a successor is elected and qualified. Any Board member who is elected to fill out a term of office for another Board member shall only be eligible to be elected once for a five-year period of time.

Section 2. Succession. A Board member shall be eligible to succeed him/herself but once.

Section 3. Voting. Only the superintendent or his/her delegated high school principal shall have the right to vote in the election of Board members.

Section 4. Elections. When an election is to take place, the Executive Director of the Association shall electronically send an official election ballot to each member school by the fourth Friday in September. The ballot will contain the incumbent's name (if an incumbent is eligible for re-election) and a drop-down list of all eligible candidates. This ballot shall be a secure electronic ballot and shall include a place on the ballot for the member submitting the ballot to key his/her name. This keyed name must be on the ballot for the ballot to count. The electronic ballot, when voted, shall be transmitted to a secure website accessible by a member of the Representative Council who has been designated by the Board as Chairperson of the Election Board and accessible by the Election Board and IDOE Representative (as defined below) when canvassing the ballots. This Election Board shall be composed of three (3) members of the Representative Council appointed by the Board. On the second Friday of October, the Election Board shall meet by telephone conference for the official canvass of the ballots. In addition, a representative of the Iowa Department of Education ("IDOE") that has been designated by the director of the IDOE ("IDOE Representative") shall be present at this teleconference and shall validate the election results. The electronic results database shall be reviewed by the Election Board and the IDOE Representative. After a review of the database, the individual receiving the highest number of votes shall be considered elected. In case of a tie, the

election shall be decided by lot by the candidates in the presence of the Board of Control. A list of schools voting shall be made from the returned electronic ballots and, together with the results of the election, be certified by the Election Board and validated by the IDOE Representative, and forwarded to the Board for publication in the next bulletin of the Association (the "Bulletin"). All people receiving five (5) or more votes shall be listed in the Bulletin.

Section 5. New Directors. Each newly-elected director becomes a member of the Board at the Board's first official meeting following the November Board meeting.

Section 6. Vacancies. A vacancy will occur whenever an elected member of the Board ceases to be an executive officer, coordinator, or director of athletics, of a member school or is an officer in a member school not in the area from which the Board member was elected. In case of a vacancy, the Board of Control shall conduct an election in the prescribed manner within two (2) weeks after the vacancy has occurred to fill and complete the unexpired term; provided, however, if there are fewer than 120 days remaining in the unexpired term, the Board of Control may, in its sole discretion, leave the vacancy unfilled until the next regularly scheduled election.

Section 7. Officers. During the November Board meeting, the Board shall elect a Chairperson, a Vice-Chairperson, and a Treasurer from its membership for a term of office for one (1) year.

- a. The Chairperson of the Board shall, in addition to his regular duties, preside at all meetings of the Representative Council.
- b. Four (4) members of the Board shall constitute a quorum for any meeting.
- c. No remuneration, salary, or remittance shall be made to any member of the governing board of the Association for his/her services thereon. He/she shall be paid travel and actual expenses from organizational funds only when on official business for the Association. Actual expenses shall be paid for travel within the state but not more than first-class air travel for transportation outside the state, along with other necessary (itemized and reasonable) expenses. Itemized accounting of the travel and business expenses of employees shall be furnished to the State Department of Education in an annual report.
- d. In the event the Chairperson resigns or is unable to complete his/her term, the Vice-Chairperson shall assume the office of Chairperson for the remainder of the unexpired term. In the event the Vice-Chairperson is unable to serve, the Board shall appoint a member of the Board to serve as Chairperson by a majority vote at the next regular meeting of the Board.

ARTICLE IX

Section 1. Powers and Duties. The Board shall have the following powers and duties:

- a. The Board of Control shall employ an Executive Director and such other assistants as they may deem advisable, subject to the approval of a majority vote of the Representative Council, for a term not to exceed three (3) years.
- b. It shall have general supervision over all athletic contests of schools of this Association.
- c. It shall interpret the Articles, Bylaws, and rules of the Association.
- d. It shall have the power to make investigations relative to the violation of the Articles, Bylaws, and rules of the Association. If charges are brought against any member school for such violation, or violation of the spirit of fair play and good sportsmanship, or violation of its contracts, the Board shall consider such charges and determine and assess penalties in case of conviction. Any school that is charged with such a violation shall be given an opportunity to be represented at the hearing of its case before the Board. Charges of such protests shall be made in writing to the Executive Director of the Association within four weeks after the alleged violation has taken place. The Executive Director will then give notice to the interested schools of the place and time of the hearing before the Board. Any investigation or hearing which involves the school with which any member of the Board is connected shall not be

heard in his/her presence nor shall he/she vote on the final consideration.

- e. It shall determine penalties for violations when they are not otherwise expressly provided. Any penalty for a member school may not be greater than "suspension" until the next regular meeting or special meeting of the Representative Council which must be held within thirty (30) days of the Board of Control meeting establishing such penalty. The affected member school shall be given an opportunity to be represented at the hearing of its case before the Representative Council. The decision of the Representative Council in the said matter is final.
- f. Notwithstanding anything in these Articles to the contrary, a member shall not be expelled or suspended, and membership or memberships in the Association shall not be terminated or suspended unless the member receives: (i) not less than fifteen (15) days prior written notice (by first-class or certified mail sent to the last address of the member shown on the Association's records) of the expulsion, suspension, or termination and the reasons therefore; and (ii) an opportunity to be heard, orally or in writing, not less than five (5) days before the effective date of the expulsion, suspension, or termination by the person or persons who have the authority to decide that the proposed expulsion, termination, or suspension not take place.
- g. Any member or associate member school aggrieved by any ruling or decision of the Association or its officers or employees may appeal there directing its superintendent of schools to state the basis of its objections in writing together with a request for an oral hearing addressed to the Executive Director of the Association. Within twenty (20) days, the Executive Director of the Association shall arrange for a special meeting before the Board at which time the member school shall be given an opportunity to be present and be heard. In the event that the member school is not satisfied with the decision of the Board, it may appeal from there by notifying the Executive Director of the Association in writing who in turn will present the said matter to the next scheduled meeting of the Representative Council. The member school will again be given an opportunity to be represented at such a Representative Council meeting. The decision of the Representative Council shall be final.
- h. It shall provide suitable awards for the winners of the contests conducted by the Association in accordance with 281 Iowa Administrative Code Section 36.14(3).
- i. It shall present to the State Department of Education the following items: Articles and Bylaws; current membership lists; organization policies; minutes of all meetings of organization governing bodies and executive boards thereof; proposed Article and Bylaw amendments or revisions; general bulletins; other information pertinent to clarifying organization administration. Full and detailed reports of salaries, expense accounts, and fringe benefits paid to employees of the Association shall be filed with the State Department of Education. All reports of expenditures and amounts paid to full-time or part-time employees of the Association shall be submitted annually to the State Board of Education.

The Board shall purchase a blanket fidelity bond from a corporate surety approved by it, conditioned upon the faithful performance of the duties of the Executive Director of the Association, the members of the Board, and all other employees of the Association. Such blanket bond shall be in a penal amount set by the Board and shall be the sum of 50% of the largest amount of monies on hand in any 30-day period during the preceding fiscal year, and 20 percent of the valuation of all assets of the activity organization as of the close of the last fiscal year, but such bond shall in no case be in an amount less than \$10,000.

Upon request, the Board shall make available to the State Department of Education or its delegated representative all records, data, written policies, books, accounts, and other materials relating to any or all aspects of their operations. At the request of the State Board of Education or its Executive Officer, members of the governing boards and employees of the Association shall appear before and give full accounting and details on the aforesaid matters to the State Board of Education. It shall submit to the State Board of Education for their approval, detailed eligibility requirements for students who participate in athletic activities.

Participation in events shall be by school teams only and no selected individuals, with the exception of individual sports events such as wrestling, track, golf, tennis, etc. Out-of-state participation shall be limited to regularly-scheduled interscholastic activities. Out-of-state participation for students or member schools in other activities must be approved by the Board. No financial subsidies shall be paid to any type of insurance company for participants in the Association.

- j. It shall have the power to adopt, modify, and rescind rules governing the athletic contests of this Association.
- k. The Board shall present a full report of all official business through the Bulletin distributed to all members of the Association. The Executive Director of the Association and Treasurer shall present a financial statement to the Association at the winter meeting of the Representative Council and these accounts shall be audited by a committee chosen by the Chairperson of the Board for this purpose. The results of this audit shall be published in the IHSA Annual Report.
- l. In furtherance of the purposes of the Association, the Board shall have the authority to do any and all things necessary, the same as natural persons might or could do under the Act, either as principals, agents, or any other representative capacity; and generally to carry on any other lawful activity which will directly or indirectly promote the interests and further the objects and purposes of the Association, including the holding of real or personal property by purchase, devise or gift only as permitted by the Act and by these Articles; and also to sell, assign, reinvest and otherwise deal with all the properties held by said Association only as permitted by the Act and by these Articles.
- m. In matters not herein determined, the Board shall have absolute authority until the regular semiannual meeting of the Representative Council.
- n. The Board may create and place at interest a sinking fund, which shall be used only to pay a deficit in the finances of the Association.

Section 2. Resignation. Any director of the Association may resign at any time by delivering written notice to the Chairperson, the Board, or the Association. A resignation is effective when the notice is delivered unless the notice specifies a later effective date.

Section 3. Removal. A director shall be subject to removal, with or without cause, at a meeting of the members called for that purpose in the manner prescribed by law.

Section 4. Place of Meetings, etc. The Board may hold its meetings at such place or places within or without the State of Iowa, as the Board may from time to time determine. A director may participate in any meeting by any means of communication, including, but not limited to the telephone conference calls, by which all directors participating may simultaneously hear each other during the meeting. A director participating in a meeting by this means is deemed to be present in person at the meeting.

Section 5. Annual Meeting. The annual meeting of the Board shall be held in June of each year at such place and date as the Board shall each year fix, or at such other place, time, and date as the Board shall fix. Notice of such meeting need not be given. Such meeting may be held at any other time or place as shall be specified in a notice given as hereinafter provided for special meetings of the board of directors or in a consent and waiver of notice thereof signed by all the directors, at which meeting the same matters shall be acted upon as is above provided.

Section 6. Regular Meetings. Regular meetings of the Board shall be held at such place and at such times as the Board shall be the resolution fix and determine such from time to time. No notice shall be required for any such regular meeting of the Board.

Section 7. Special Meetings: Notice.

- a. Special meetings of the Board shall be held whenever called by direction of the Chairperson, the Vice-Chairperson, or one-third (1/3) of the directors at the time being in office.
- b. Notice of each such meeting shall be communicated to each director at least two days before the date on which the meeting is to be held. Each notice shall state the date, time, and place of the meeting. Unless otherwise stated in the notice thereof, any and all business may be transacted at a special meeting. At any meeting at which every director shall be present, even without notice, any business may be transacted.

Section 8. Waiver of Notice. A director may waive any notice required by law or these Articles if in writing and signed by a director entitled to such notice, whether before or after the date and time stated in such notice. Such a waiver shall be equivalent to notice in due time as required by these Articles. Attendance of a director at or participation in a meeting shall constitute a waiver of notice of such meeting unless the director at the beginning of the meeting or promptly upon arrival objects to holding the meeting or transacting business at the meeting and does not thereafter vote for or assent to action taken at the meeting.

Section 9. Director's Assent Presumed. A director of the Association who is present at a meeting of the Board at which action on any corporate matter is taken shall be presumed to have assented to the action taken unless the director's dissent shall be entered in the minutes of the meeting or unless the director shall file a written dissent to such action with the person acting as the secretary of the meeting before the adjournment thereof or shall forward such dissent by registered or certified mail to the Vice-Chairperson of the Association immediately after the adjournment of the meeting. Such right to dissent shall not apply to a director who voted in favor of such action.

Section 10. Action Without Meeting. Any action required or permitted by law to be taken at any meeting of the Board may be taken without a meeting if the action is taken by all members of the Board and if one or more consents in writing describing the action so taken shall be signed by each director then in office and included in the minutes or filed with the corporate records reflecting the action taken. Action taken under this section is effective when the last director signs the consent unless the consent specifies a different effective date. Written consents may be delivered to the Association by electronic transmission. A director's consent may be withdrawn by a revocation signed by the director and delivered to the Association prior to the delivery to the Association of unrevoked written consents signed by all of the directors.

Section 11. Loans. No loans shall be contracted on behalf of the Association and no evidence of indebtedness shall be issued in its name unless authorized by a resolution of the Board. Such authority may be general or confined to specific instances.

ARTICLE X

A director of the Association shall not be liable to the Association or its members for money damages for any action taken, or any failure to take any action, as a director, except liability for any of the following: (1) the amount of a financial benefit received by a director to which the director is not entitled; (2) intentional infliction of harm on the Association or the members; (3) a violation of the unlawful distribution provision of the Act; or (4) an intentional violation of criminal law. If the Act is hereafter amended to authorize the further elimination or limitation of the liability of directors, then the liability of a director of the Association, in addition to the limitation on personal liability provided herein, shall be eliminated or limited to the extent of such amendment, automatically and without any further action, to the fullest extent permitted by law. Any repeal or modification of this Article shall be prospective only and shall not adversely affect any limitation on the personal liability or any other right

or protection of a director of the Association with respect to any state of facts existing at or prior to the time of such repeal or modification.

ARTICLE XI

The Association shall indemnify a director for liability (as such term is defined in section 504.851(5) of the Act) to any person for any action taken, or any failure to take any action, as a director, except liability for any of the following: (1) receipt of a financial benefit by a director to which the director is not entitled; (2) intentional infliction of harm on the Association or the members; (3) a violation of the unlawful distribution provision of the Act; or (4) an intentional violation of criminal law. Without limiting the foregoing, the Association shall exercise all of its permissive powers as often as necessary to indemnify and advance expenses to its directors and officers to the fullest extent permitted by law. If the Act is hereafter amended to authorize broader indemnification, then the indemnification obligations of the Association shall be deemed amended automatically and without any further action to require indemnification and advancement of funds to pay for or reimburse expenses of its directors and officers to the fullest extent permitted by law. Any repeal or modification of this Article shall be prospective only and shall not adversely affect any indemnification obligations of the Association with respect to any state of facts existing at or prior to the time of such repeal or modification.

ARTICLE XII

The Association shall have all of the powers given to it by the laws of the State of Iowa; provided, however, only such powers shall be exercised as are in furtherance of the tax-exempt purposes of the Association and as may be exercised by an organization exempt under Section 501(c)(3) of the Internal Revenue Code of 1986, as amended (or the corresponding provision of any future United States Internal Revenue Law)

- a. The Association will distribute its income for each tax year at such time and in such manner so that it will not become subject to the tax on undistributed income imposed by Section 4942 of the Internal Revenue Code of 1986, as amended, or corresponding provisions of any later federal tax laws.
- b. The Association will not engage in any act of self-dealing as defined in Section 4941(d) of the Internal Revenue Code of 1986, as amended, or corresponding provisions of any later federal tax laws.
- c. The Association will not retain any excess business holdings as defined in Section 4943(c) of the Internal Revenue Code of 1986, as amended, or corresponding provisions of any later federal tax laws.
- d. The Association will not make any investments in a manner that would subject it to tax under Section 4944 of the Internal Revenue Code of 1986, as amended, or corresponding provisions of any later federal tax laws.
- e. The Association will not make any taxable expenditures as defined in Section 4945(d) of the Internal Revenue Code of 1986, as amended (or corresponding provisions of any future federal tax code).

ARTICLE XIII

Upon the dissolution of the Association, assets shall be distributed by the Board for one (1) or more exempt purposes within the meaning of section 501 (c)(3) of the Internal Revenue Code, or corresponding section of any future federal tax code, or shall be distributed to the federal government, or to a state or local government for a public purpose. Any such assets not so disposed of shall be disposed of by the District Court of the county in which the principal office of the Association is then located, exclusively for such purposes or to such organization or organizations, as said Court shall determine, which are organized and operated exclusively for such purposes.

ARTICLE XIV

Section 1. Representative Council. There is hereby created a Representative Council and, for the purpose of election and administration of said Representative Council, there shall be five (5) Association districts as at present provided and there shall hereby be created a Representative Council of five (5) members from each of these districts. (The districts as established at the time of the adoption of these Articles are as follows):

The Northwest District, comprises the following counties: Lyon, Osceola, Dickinson, Emmet, Kossuth, Sioux, O'Brien, Clay, Palo Alto, Plymouth, Cherokee, Buena Vista, Pocahontas, Woodbury, Ida, Sac, Calhoun, and Monona.

The Northeast District shall contain the following counties: Winnebago, Worth, Mitchell, Howard, Winneshiek, Allamakee, Hancock, Cerro Gordo, Floyd, Chickasaw, Fayette, Clayton, Bremer, Black Hawk, Buchanan, Delaware, Dubuque, Benton, Linn, Jones, and Jackson.

The Central District shall contain the following counties: Humboldt, Wright, Franklin, Butler, Webster, Hamilton, Hardin, Grundy, Boone, Story, Marshall, Tama, Dallas, Polk, Jasper, and Poweshiek.

The Southwest District shall contain the following counties: Crawford, Carroll, Greene, Harrison, Shelby, Audubon, Guthrie, Pottawattamie, Cass, Adair, Madison, Warren, Mills, Montgomery, Adams, Union, Clarke, Fremont, Page, Taylor, Ringgold, and Decatur.

The Southeast District shall contain the following counties: Iowa, Johnson, Cedar, Clinton, Scott, Marion, Mahaska, Keokuk, Washington, Muscatine, Davis, Van Buren, Lee, Louisa, Lucas, Monroe, Wapello, Jefferson, Henry, Des Moines, Wayne, and Appanoose.

Section 2. Representatives. The Class "A" schools in each district shall be entitled at all times to four (4) representatives each on the Representative Council. The Class "AA" schools in each district shall be entitled at all times to one (1) representative on the Representative Council.

Section 3. Terms and Vacancies. Members of the Representative Council shall be elected for a five-year term and each member shall succeed himself but once, the election is based on a numerical application of a five-year rotation plan with one (1) member from each district retiring each year.

Any office of the Representative Council shall become vacant if the incumbent ceases to be a principal or superintendent, by removal from the respective Association district or by withdrawals from the teaching profession; by resignation, suspension, expulsion, or lapse of membership of his school in the Association; by a change of classification within the district, except that a council member elected to represent a certain class high school, whose school changes from one class to another by reason of increase or decrease in enrollment, shall continue to serve his term as long as he remains in the original district.

In case of a vacancy, except during the summer, due to any cause, the Board of Control shall conduct an election in the prescribed manner and the elected member shall serve during the unexpired term. If the vacancy occurs during the summer, the new member will be elected the same as is stated in Sections 4 and 5 of this Article for a new member.

Section 4. Ballots. When an election is to take place, the Executive Director of the Association shall electronically send a ballot to each member school in the class in which the vacancy occurs by the third Friday in October. The ballot will contain the incumbent's name (if an incumbent is eligible for re-election) and a drop-down list of all eligible candidates. This ballot shall be a secure electronic ballot

and shall include a place for the member submitting the ballot to key his/her name. This keyed name must be on the ballot for the ballot to count. The electronic ballot, when voted, shall be transmitted to a secure website accessible to the Chairperson of the Board of Control. Any superintendent or principal, not a member of the Board of Control, from a high school in good standing of the Iowa High School Athletic Association, is eligible for election.

Section 5. Elections. The Chairperson of the Board of Control and the Executive Director of the Association shall meet by telephone conference to canvass the ballots on the first Friday in November. The individual receiving the highest number of votes shall be considered elected. In case of a tie, the election shall be decided by lot by the candidates in the presence of the Board of Control. A list of schools voting shall be made from the returned electronic ballots and, together with the results of the nomination and election, be certified by the Chairperson of the Board for publication in the next regular Bulletin.

Section 6. Right to Vote. Only the superintendent or his delegated high school principal shall have the right to vote in the nomination and election of Representative Council members.

Section 7. Meetings. The Representative Council shall meet at the time of the annual state basketball tournament upon call by the Chairman of the Board, or by petition of a majority of the members of the Representative Council.

Section 8. Quorum. A majority of the members of the Representative Council shall constitute a quorum for the transaction of business.

Section 9. The Executive Director of the Association shall serve as Secretary of the Representative Council and the Chairperson of the Board shall serve as Chairperson of the Representative Council.

Section 10. It shall be the duty of the Representative Council to formulate the aims and policies of the Association for the ensuing year and it shall have the power to initiate amendments and new rules for the Executive Director of the Association to submit to the electorate.

Section 11. A school may be expelled from the Association by a two-thirds (2/3) vote of the entire membership of the Representative Council when so voted at a regular semiannual meeting or a called meeting. When so expelled, it shall not be reinstated except by a two-thirds (2/3) vote of the Council at a regular semiannual meeting or a called meeting.

Section 12. No contract between the Board of Control and a candidate for the position of Executive Director of the Association shall be effective until the proposed contract shall have been read and explained to and approved by the Representative Council. The Representative Council may, by a vote of not less than seventeen of the twenty-five (25) members, terminate such a contract before its expiration date for incompetency, inattention to duty, partiality, influencing, or attempting to influence the nominations or elections of members of the Board of Control or the Representative Council, or for any other cause, after a full and fair investigation made at a meeting of the Representative Council held for that purpose at which time the Executive Director of the Association shall be permitted to present and make his/her defense allowing him/her a reasonable time, therefore. This action shall be written into and form a part of any contract for the employment of an Executive Director of the Association.

ARTICLE XV

Section 1. Facsimile and Electronic Signatures. In addition to the provisions for use of facsimile

signatures elsewhere specifically authorized in these Articles, facsimile and electronic signatures of any officer or officers of the Association may be used whenever and as authorized by the Board or a committee thereof. An “electronic signature” is any electronic symbol or process attached to or logically associated with a document sent by electronic transmission and executed or adopted by a person with the intent to sign such document. “Electronic signature” includes: (i) a unique password or unique identification assigned to a person by the Association; (ii) a person’s typed name attached to or part of an electronic transmission sent by or from a source authorized by such person such as an e-mail address provided by such person as that person’s e-mail address; (iii) a person’s facsimile signature; and (iv) any other form of electronic signature approved by the Board.

Section 2. Seal. The Association shall not adopt an official seal.

Section 3. Fiscal Year. The fiscal year of the Association shall be from the first day of July through the last day of June.

Section 4. Association Records. The books and records of the Association shall be kept (except that the member list must also be kept at the places described in Article VII, Section 13 of these Articles) at the principal office of the Association.

Section 5. Members’ Right to Information.

- a. A member of the Association is entitled to inspect and copy, during regular business hours at the Association’s principal office, any of the following records of the Association: (i) Articles or restated articles of incorporation and all amendments currently in effect; (ii) Bylaws or restated bylaws and all amendments currently in effect; (iii) minutes of all members’ meetings and records of all action taken by members without a meeting, for the past three (3) years; (iv) all written communications to members generally within the past three (3) years; including the financial statements furnished for the past three (3) years; (v) a list of the names and business addresses of the Association’s current directors and officers; and (vi) the Association’s most recent biennial report delivered to the Iowa Secretary of State, provided the member shall have given the Association written notice of the member’s demand at least (5) business days before the date on which the member wishes to inspect and copy.
- b. Subject to paragraphs I and (f) below, if a member makes a demand in good faith and for a proper purpose, the member describes with reasonable particularity the member’s purpose and the records the member desires to inspect, and the records requested, are directly connected with the member’s stated purpose, then the member shall be entitled to inspect and copy, during regular business hours at a reasonable location specified by the Association, any of the following records of the Association provided the member gives the Association written notice of the member’s demand at least ten (10) business days before the date on which the member wishes to inspect and copy any of the following; (i) excerpts from minutes of any meeting of the Board, records of any actions of a committee of the Board while acting in place of the Board on behalf of the Association, minutes of any meeting of the members, and records of action taken by the members of the Board without a meeting to the extent not subject to inspection under paragraph (a) above; (ii) accounting records of the Association; and (iii) the membership list of the Association.
- c. Upon written request from a member, the Association, at its expense, shall furnish to that member the annual financial statements of the Association, including a balance sheet and income statement and, if the annual financial statements are reported upon by a public accountant, that report must accompany them.
- d. The Association may impose a reasonable charge, covering the costs of labor and material, for copies of any documents provided to the member. The charge shall not exceed the estimated cost of production or reproduction of the records.
- e. Without the consent of the Board, no Association record may be obtained or used by any

person for any purpose unrelated to the member's interest as a member.

- f. The Association may, within ten (10) days after receiving a demand for the inspection of the membership list, deliver a written offer of an alternative method of achieving the purpose identified in the demand without providing access to or a copy of the membership list. A reasonable alternative may include a member-prepared communication mailed by the Association at the expense of the member.

Section 6. Director's Access to Records. A director is entitled to inspect and copy the books, records, and documents of the Association at any reasonable time to the extent reasonably related to the performance of the director's duties as a director, including any duties as a member of a committee, but not for any other purpose or in any manner that would violate any duty to the Association.

Section 7. Electronic Transmissions. "Electronic transmission" or "electronically transmitted" means any process of communication not directly involving the physical transfer of paper that is suitable for the retention, retrieval, and reproduction of information by the recipient. Notice by electronic transmission is written notice. Notices and written consents may be given by electronic transmission. Each written consent given by electronic transmission shall contain an electronic signature of the person giving such written consent.

ARTICLE XVI

The Bylaws of the Association shall be as stated in the Association Handbook, and can be found at: www.iahsaa.org

AMENDED AND RESTATED BYLAWS

ARTICLE I BYLAWS

STUDENT ELIGIBILITY, PART I, TITLE VI INTERSCHOLASTIC COMPETITION, Chapter 36
EXTRACURRICULAR INTERSCHOLASTIC COMPETITION [Prior to 9/7/88, see Public Instruction
Department (670) Ch 9]

281-36.1 (280) Definitions. Whenever the following terms are used, they shall refer to the following definitions:

"All-star" means, a secondary student from a high school interscholastic athletic team whose outstanding performance is the basis for the student's selection to compete individually in an all-star contest, or on an all-star high school team to compete with other all-stars from several other high school teams against another all-star team in a contest created for an all-star contest. An "all-star" shall not include a 12th-grade student whose interscholastic athletic season for the sport in question has concluded. **[NOTE]**, however, that Bylaw 14.6 of the National Collegiate Athletic Association (NCAA) (as revised 7/30/10 states that a "student-athlete shall be denied the first year of intercollegiate athletics competition if, following completion of high-school eligibility in the student-athlete's sport and prior to the student- athlete's high-school graduation, the student-athlete competes in more than two all-star football contests or two all-star basketball contests.]

"All-star contest" means, an event for which admission is charged at which all-stars compete during the school year against other all-stars, either individually or as all-star teams. "All-star contests" shall not include non-invitational events for which students audition or try out or the auditions [are] try-outs themselves.

“Associate member school” mean, a non-accredited nonpublic school that has been granted associate member status by any corporation, association, or organization registered with the state department of education pursuant to Iowa Code section 280.13, upon approval by the department based upon proof of compliance:

1. Iowa Code Section 279.19B, and rules adopted by the Department of Education related to the qualifications of the affected teaching staff, and
2. The student eligibility rules of this chapter.

Associate membership is subject to the requirements, dues, or other obligations established by the organization for which associate membership is sought.

“Coach” means, an individual, with coaching endorsement or authorization as required by Iowa law, employed by a school district under the provisions of an extracurricular athletic contract or employed by a nonpublic school in a position responsible for an extracurricular athletic activity. “Coach” also includes an individual who instructs, diagnoses, prescribes, evaluates, assists, or directs student learning of an interscholastic endeavor on a voluntary basis on behalf of a school or school district.

“Compete” means, participating in an interscholastic contest or competition, and includes dressing in full team uniform for the interscholastic contest or competition, as well as participating in pre-game warm-up exercises with team members. “Compete” does not include any managerial, record keeping, or other non-competitor functions performed by a student on behalf of a member or associate member school.

“Department” means, the State Department of Education.

“Dropout” means, a student who quit school because of extenuating circumstances over which the student had no control or who voluntarily withdrew from school. This does not include a student who has been expelled or one who was doing failing work when the student voluntarily dropped from school.

“Executive Board” means, the governing body authorized under a constitution or bylaws to establish policy for an organization registered under this chapter.

“Executive officer” means, the executive director or secretary of each governing organization.

“Member school,” for the purposes of this chapter means, a public school or accredited nonpublic school that has been granted such status by any corporation, association, or organization registered with the state department of education pursuant to Iowa Code section 280.13.

“Parent” means, the natural or adoptive parent having actual bonafide custody of a student.

“Student” means, a person under 20 years of age enrolled in grades 9 through 12. For the purposes of these rules, ninth grade begins with the summer immediately following eighth grade. The rules contained herein shall apply uniformly to all students.

“Superintendent” means, a superintendent of a local school or a duly authorized representative.

281-36.2(280) Registered organizations. Organizations registered with the department include the following:

36.2(1) Iowa High School Athletic Association (hereinafter Association).

- 36.2(2)** Iowa Girls High School Athletic Union (hereinafter Union).
- 36.2(3)** Iowa High School Music Association (hereinafter Music Association).
- 36.2(4)** Iowa High School Speech Association (hereinafter Speech Association).
- 36.2(5)** Unified Iowa High School Activities Federation (hereinafter Federation).

281-36.3(280) Filings by organizations. Each organization shall maintain a current file with the State Department of Education of the following items:

- 36.3(1)** Constitution and Bylaws which must have the approval of the State Board of Education.
- 36.3(2)** Current membership and associate membership lists.
- 36.3(3)** Organization policies.
- 36.3(4)** Minutes of all meetings of organization boards.
- 36.3(5)** Proposed Constitution and Bylaws amendments or revisions.
- 36.3(6)** Audit reports.
- 36.3(7)** General bulletins.
- 36.3(8)** Other information pertinent to clarifying organization administration.

281-36.4(280) Executive Board. Each organization shall have some representation from school administrators, teachers, and elective school officers on its Executive Board; provided, however, that the membership shall include the following:

- 36.4(1) School board member.** One member shall be a member of a school board in Iowa, appointed by the Iowa Association of School Boards to represent the lay public.
- 36.4(2) Activity member.** One member is either a coach, sponsor, or director of an activity sponsored by the organization to which the member is elected and who works directly with the students or the program. This member is to be elected by ballot of the member schools, and the vote to be cast by the school's designated representative of the organization involved.
- 36.4(3) Organization elections.** The election procedure for each organization shall be conducted as provided by the organization's constitution. All criteria for protecting the voter's anonymity and ensuring adequate notice of elections shall be maintained in the election procedures. In addition, there shall be one representative designated by the department director present at the counting of all ballots. That representative shall also validate election results.

281-36.5(280) Federation membership. The Federation, in addition to conforming to other requirements in this Section, shall have in its membership the Executive Board of the Association, Union, Music Association, Speech Association, and the school administrators of Iowa.

281-36.6(280) Salaries. No remuneration, salary, or remittance shall be made to any member of an Executive Board, Representative Council, or Advisory Committee of an organization for the member's service.

281-36.7(280) Expenses. Travel and actual expenses of Executive Board members, Representative Council members, Advisory Committee members, and officers shall be paid from organizational funds only when on official business for the organization. Actual expenses shall be paid for travel for transportation outside the state, along with necessary and reasonable expenses which shall be itemized. Itemized accounting of the travel and business expenses of employees shall be furnished to the Department in an annual report on a form prescribed by the Department.

281-36.8(280) Financial report. Full and detailed reports of all receipts and expenditures shall be filed annually with the Department of Education.

281-36.9(280) Bond. The Executive Board of each activity organization shall purchase a blanket fidelity bond from a corporate surety approved by it, conditioned upon the faithful performance of the duties of the executive officer, the members of the Executive Board, and all other employees of the activity organization. Such blanket bond shall be in a penal amount set by the Executive Board and

shall be the sum of 50% of the largest amount of money on hand in any 30-day period during the preceding fiscal year, and 20% of the net valuation of all assets of the activity organization as of the close of the last fiscal year, but such bond shall in no case be in an amount less than \$10,000.

281-36.10(280) Audit. The financial condition and transaction of all organizations shall be examined once each year, or more often if directed by the Director of Education, by either a certified public accountant chosen by the organization or by a committee chosen by the Organization and approved by the Director of Education.

281-36.11(280) Examinations by auditors. Auditors shall have the right while making the examination to examine all organization papers, books, records, tickets, and documents of any of the officers and employees of the organizations, and shall have the right in the presence of the custodian or deputy, to have access to the cash drawers and cash in the official custody of the officer and to the records of any depository which has funds of the organization in its custody.

281-36.12(280) Access to records. Upon request, organizations shall make available to the State Department of Education or its delegated representative all records, data, written policies, books, accounts, and other materials relating to any or all aspects of their operations.

281-36.13(280) Appearance before State Board. At the request of the State Board of Education or its executive officer, members of the governing boards and employees of the organizations shall appear before and give full accounting and details on the aforesaid matters to the State Board of Education.

281-36.14(280) Interscholastic athletics. In addition to the requirements of Rule 36.15(280), organizations shall prescribe and implement the rules described below for participants in interscholastic athletic competitions.

36.14(1) Physical examination. Every year each student shall present to the student's superintendent a certificate signed by a licensed physician and surgeon, osteopathic physician and surgeon, osteopath, qualified doctor of chiropractic, licensed physician's assistant, or advanced registered nurse practitioner, to the effect that the student has been examined and may safely engage in athletic competition. Each doctor of chiropractic licensed as of July 1, 1974, shall affirm on each certificate of a physical examination completed that the affidavit required by Iowa Code Section 151.8 is on file with the Iowa Board of Chiropractic Examiners. The certificate of physical examination is valid for the purpose of this rule for one calendar year. A grace period not to exceed 30 calendar days is allowed for expired physical certifications.

36.14(2) Sportsmanship. It is the clear obligation of member and associate member schools to ensure that their contestants, coaches, and spectators in all interscholastic competitions to practice the highest principles of sportsmanship and ethics of competition. The governing organization shall have the authority to penalize any member school, associate member school, contestant, or coach in violation of this obligation.

36.14(3) Awards.

- a. Awards from a secondary school or registered organization. A student will be permitted to receive from the student's school, another secondary school, a registered organization, or the host of an event sanctioned by a registered organization, for participation in an interscholastic athletic program, an award whose value cannot exceed \$50.
- b. Awards for participation in school programs from an individual or organization other than a secondary school or registered organization. No student shall receive any award from an individual or outside the organization, for high school participation while enrolled in high school, except that nothing in this sub-rule shall preclude the giving of a complimentary dinner by local individuals, organizations, or groups, with approval of the superintendent, to members of the local high school athletic squad. No student shall accept any trip or

excursion of any kind by any individual, organization, or group outside the student's own school or the governing organization, with the exception of bonafide recruiting trips that meet NCAA requirements. Nothing in this sub-rule shall preclude or prevent the awarding and the acceptance of an inexpensive, unmounted, unframed paper certificate of recognition as an award, or an inexpensive table favor that is given to everyone attending a banquet.

- c. **Awards for participation in non-school programs.** If a student participates in an outside school activity, the student may receive any award provided that the award does not violate the amateur award rule of the amateur sanctioning body for that sport. In the absence of an applicable amateur award rule, the student may not receive any award the value of which exceeds \$50.
- d. **Absolute prohibition on cash.** At no time may any student accept an award of cash.
- e. **Compliance.** The superintendent or designee shall be held responsible for compliance with this subrule. Questions or interpretations regarding medals or awards shall be referred to the executive board.

36.14(4) Interstate competition. Every student participating in the interstate athletic competition on behalf of the student's school must meet the eligibility rules.

36.14(5) Competition seasons. The length of training periods and competition seasons shall be determined solely by the governing organization.

36.14(6) Tournaments. The number and type of state tournaments for the various sports shall be determined by the organization. In scheduling and conducting these tournaments, the organization shall have the final authority for determining the tournament eligibility of all participants. Organization bylaws shall provide for a timely method of seeking an internal review of initial decisions regarding tournament eligibility.

36.14(7) Ineligible player participation. Member or associate member schools that permit or allow participation in any event by a person in violation of the eligibility rules or by a student who has been suspended shall be subject to sanctions the Executive Board may, in the best interests of interscholastic competition, impose, including forfeiture of contests. The sanctions may include but are not limited to, the following: forfeiture of contests or events or both, involving any ineligible student(s); adjustment or relinquishment of conference/district/tournament standings; and return of team awards or individual awards or both.

If a student who has been declared ineligible or who has been suspended is permitted to participate in an interscholastic competition because of a current restraining order or injunction against the school, registered organization, or department of education, and if such restraining order or injunction subsequently is voluntarily vacated, stayed, reversed, or finally determined by the courts not to justify injunctive relief, the sanctions listed above may be imposed.

This rule is intended to implement Iowa Code section 280.13.

281-36.15(280) Eligibility requirements.

36.15(1) Local eligibility and student conduct rules. Local boards of education may impose additional eligibility requirements, not in conflict with these rules. Nothing herein shall be construed to prevent a local school board from declaring a student ineligible to participate in the interscholastic competition by reason of the student's violation of rules adopted by the school pursuant to Iowa Code Sections 279.8 and 279.9. A member or associate member school shall not allow any student, including any transfer student, to compete until such time as the school has reasonably reliable proof that the student is eligible to compete for the member or associate member school under these rules.

36.15(2) Scholarship rules.

- a. All contestants must be enrolled and in good standing in a school that is a member or associate member in good standing of the organization sponsoring the event.

- b. All contestants must be under 20 years of age.
- c. All contestants shall be enrolled students of the school in good standing. They shall receive credit in at least four subjects, each of one period or “hour” or the equivalent thereof, at all times. To qualify under this rule, a “subject” must meet the requirements of 281—Chapter 12. Coursework taken from a post-secondary institution and for which a school district or accredited nonpublic school grants academic credit toward high school graduation shall be used in determining eligibility. No student shall be denied eligibility if the student’s school program deviates from the traditional two-semester school year.
 - (1) Each contestant shall be passing all coursework for which credit is given and shall be making adequate progress toward graduation requirements at the end of each grading period. The grading period, graduation requirements, and any interim periods of ineligibility are determined by local policy. For purposes of this subrule, “grading period” shall mean the period of time at the end of which a student in grades 9 through 12 receives a final grade and course credit is awarded for passing grades.
 - (2) If at the end of any grading period a contestant is given a failing grade in any course for which credit is awarded, the contestant is ineligible to dress for and compete in the next occurring interscholastic athletic contests and competitions in which the contestant is a contestant for 30 consecutive calendar days unless the student has already served a period of ineligibility for 30 consecutive calendar days in another school-sponsored activity. A student shall not serve multiple periods of ineligibility because of a failing grade.
- d. A student with a disability who has an individualized education program shall not be denied eligibility on the basis of scholarship if the student is making adequate progress, as determined by school officials, towards the goals and objectives of the student’s individualized education program.
- e. A student who meets all other qualifications may be eligible to participate in interscholastic athletics for a maximum of eight consecutive semesters upon entering the ninth grade for the first time. However, a student who engages in athletics during the summer following eighth grade is also eligible to compete during the summer following twelfth grade. Extenuating circumstances, such as health, may be the basis for an appeal to the executive board which may extend the eligibility of a student when the executive board finds that the interests of the student and interscholastic athletics will be benefited.
- f. All member schools shall provide appropriate interventions and necessary academic support for students who fail or who are at risk to fail and shall report to the department regarding those interventions on the comprehensive school improvement plan.
- g. A student is academically eligible upon entering the ninth grade.
- h. A student is not eligible to participate in an interscholastic sport if the student has, in that same sport, participated in a contest with or against, or trained with, a National Collegiate Athletic Association (NCAA), National Junior College Athletic Association (NJCAA), National Association of Intercollegiate Athletics (NAIA), or other collegiate governing organization’s sanctioned team. A student may not participate with or against high school graduates if the graduates represent a collegiate institution or if the event is sanctioned or sponsored by a collegiate institution. Nothing in this subrule shall preclude a student from participating in a one-time tryout with or against members of a college team with permission from the member school’s administration and the respective collegiate institution’s athletic administration.
- i. No student shall be eligible to participate in any given interscholastic athletic sport if the student has engaged in that sport professionally.
- j. The local superintendent of schools, with the approval of the local board of education, may give permission to a dropout student to participate in athletics upon return to school if the student is otherwise eligible under these rules.
- k. Remediation of a failing grade by way of summer school or other means shall not affect the

student's ineligibility. All failing grades shall be reported to any school to which the student transfers.

36.15(3) General transfer rule. A student who transfers from a school in another state or country or from one member or associate member school to another member or associate member school shall be ineligible to compete in interscholastic athletics for a period of 90 consecutive school days, as defined in 281-Subrule 12.1(256), exclusive of summer enrollment unless one of the exceptions listed in paragraph 36.15(3) "a" applies. The period of ineligibility applies only to varsity-level contests and competitions. ("Varsity" means the highest level of competition offered by one school or school district against the highest level of competition offered by an opposing school or school district.) The student will become eligible at 4:00 PM on the 90th day. In ruling upon the eligibility of transfer students, the executive board shall consider the factors motivating student changes in residency. Unless otherwise provided in these rules, a student intending to establish residency must show that the student is physically present in the district for the purpose of making a home and **not solely for school or athletic purposes.**

a. **EXCEPTIONS.** The Executive Officer or Executive Board shall consider and apply the following exceptions in formally or informally ruling upon the eligibility of a transfer student and may make eligibility contingent upon proof that the student has been in attendance in the new school for at least ten school days:

- (1) Upon a contemporaneous change in parental residence, a student is immediately eligible if the student transfers to the new district of residence or to an accredited nonpublic member or associate member school located in the new school district of residence. In addition, if with a contemporaneous change in parental residence, the student had attended an accredited nonpublic member or associate member school immediately prior to the change in parental residence, the student may have immediate eligibility if the student transfers to another accredited nonpublic member or associate member school.
- (2) If the student is attending in a school district as a result of a whole-grade sharing agreement between the student's resident district and the new school district of attendance, the student is immediately eligible.
- (3) A student who has attended high school in a district other than where the student's parent(s) resides, and who subsequently returns to live with the student's parent(s) becomes immediately eligible in the parent's resident district.
- (4) Pursuant to Iowa Code Section 256.46, a student whose residence changes due to any of the following circumstances is immediately eligible provided the student meets all other eligibility requirements in these rules and those set by the school of attendance:
 1. Adoption.
 2. Placement in foster or shelter care.
 3. Participation in a foreign exchange program recognized by the school of attendance.
 4. Placement in a juvenile correction facility.
 5. Participation in a substance abuse program.
 6. Participation in a mental health program.
 7. Court decree that the student is a ward of the state or of the court.
 8. The child is living with one of the child's parents as a result of divorce, separation, death, or other change in the child's parent's marital relationship, or pursuant to other court-ordered decree or order of custody.
- (5) A transfer student who attends a member or associate member school or school that is a party to a cooperative student participation agreement, as defined in rule 36.20(280), with the member or associate member school the student previously attended is immediately eligible in the new district to compete in those interscholastic athletic activities covered by the cooperative agreement.

- (6) Any student whose parents change district of residence but who remains in the original district without interruption in attendance continues to be eligible in the member or associate member school of attendance.
 - (7) A special education student whose attendance center changes due to a change in placement agreed to by the district of residence is eligible in either the resident district or the district of attendance, but not both.
 - (8) A student who is found by the attending district to be a homeless child or youth as defined in rule 281-33.2(256).
 - (9) In any transfer situation not provided for elsewhere in this chapter, the Executive Board shall exercise its administrative authority to make any eligibility ruling that it deems to be fair and reasonable. The Executive Board shall consider the motivating factors for the student transfer. The determination shall be made in writing with the reasons for the determination clearly delineated.
- b. In ruling upon the transfer of students who have been emancipated by marriage or have reached the age of majority, the Executive Board shall consider all circumstances with regard to the transfer to determine if it is principally for school or athletic purposes, in which case participation shall not be approved.
 - c. A student who participates in the name of a member or associate member school during the summer following eighth grade is ineligible to participate in the name of another member or associate member school in the first 90 consecutive school days of ninth grade unless a change of residence has occurred after the student began participating in the summer.
 - d. A school district that has more than one high school in its district shall set its own eligibility policies regarding intra-district transfers.

256.46 Ineligible Transfer Students. The state board shall adopt rules that permit a child who does not meet the residence requirements for participation in extracurricular interscholastic contests or competitions sponsored or administered by an organization as defined in Section 280.13 to participate in the contests or competitions immediately if the child is duly enrolled in a school, is otherwise eligible to participate, and meets one of the following circumstances or similar circumstance: the child has been adopted; the child is placed under foster or shelter care; the child is living with one of the child's parents as a result of divorce, separation, death, or other change in the child's parents' marital relationship, or pursuant to other court-ordered decree or order of custody; the child is a foreign exchange student, unless undue influence was exerted to place the child for primarily athletic purposes; the child has been placed in a juvenile correctional facility; the child is a ward of the court or the state; the child is a participant in a substance abuse or mental health program; or the child is enrolled in an accredited nonpublic high school because the child's district of residence has entered into a whole grade sharing agreement for the pupil's grade with another district. The rules shall permit a child who is otherwise eligible to participate, but who does not meet one of the foregoing or similar circumstances relating to residence requirements, to participate at any level of competition other than the varsity level. For purposes of this section and section 282.18, "varsity" means the highest level of the competition offered by one school or school district against the highest level of competition offered by an opposing school or school district.

36.15(4) Open enrollment transfer rule. A student in grades 9 through 12 whose transfer of schools had occurred due to a request for open enrollment by the student's parent or guardian is ineligible to compete in interscholastic athletics, during the first 90 school days of the transfer except that a student may participate immediately if the student is entering grade 9 for the first time and did not participate in an interscholastic athletic competition for another school during the summer immediately following eighth grade. The period of ineligibility applies only to varsity-level contests and competitions. ("Varsity" means the highest level of competition offered by one school or school district against the highest level of competition offered by an opposing school or school

district.) If a pupil is declared ineligible for interscholastic athletic contests and athletic competitions in the pupil's district of residence due to the pupil's academic performance, upon participating in open enrollment, in addition to any other period of ineligibility under this rule, the pupil shall be ineligible in the receiving district for the remaining period of ineligibility declared by the district of residence. The student will become eligible at 4:00 PM on the 90th day. This period of ineligibility does not apply if the student:

- a. Participates in an athletic activity in the receiving district that is not available in the district of residence; or
- b. Participates in an athletic activity for which the resident and receiving districts have a cooperative student participation agreement pursuant to Rule 36.20(280); or
- c. Has paid tuition for one or more years to the receiving school district prior to making an application for and being granted open enrollment; or
- d. Has attended in the receiving district for one or more years prior to making an application for and being granted open enrollment under a sharing or mutual agreement between the resident and receiving districts; or
- e. Has been participating in open enrollment and whose parents/guardians move out of their district of residence but exercise either the option of remaining in the original open enrollment district or enrolling in the new district of residence. If the ~~pupil~~ student has established athletic eligibility under open enrollment, it is continued despite the parent's or guardian's change in residence; or
- f. Has not been participating in open enrollment but utilizes open enrollment to remain in the original district of residence following a change of residence of the student's parent(s). If the ~~pupil~~ student has established athletic eligibility, it is continued despite the parent's or guardian's change in residence; or
- g. Obtains open enrollment due to the dissolution and merger of the former district of residence under Iowa Code Subsection 256.11(12); or
- h. Obtains open enrollment due to the ~~pupil's~~ student's district of residence entering into a whole-grade sharing agreement on or after July 1, 1990, including the grade in which the ~~pupil~~ student would be enrolled at the start of the whole-grade sharing agreement; or
- i. Participates in open enrollment and the parent/guardian is an active member of the armed forces and resides in permanent housing on government property provided by a branch of the armed services.
- j. Enrolls from a district of residence that has determined that the student was previously subject to a founded incident of harassment or bullying as defined in section 280.28 while attending school in the district of residence.
- k. The student participates in open enrollment because of circumstances that meet the definition of "good cause" under Iowa Code section 282.18(4)"b"; or
- l. The board of directors or superintendent of the district of residence issues or implements a decision that results in the discontinuance or suspension of varsity interscholastic sports activities in the district of residence; or
- m. The board of directors of the district of residence and the board of directors of the receiving district both agree to waive the ineligibility period; or
- n. [For open enrollment applications approved for the school year beginning July 1, 2021, the student's district of residence had a voluntary diversity plan in effect on January 1, 2021, and applicable to the school year beginning July 1, 2021.]

282.18(13) Open Enrollment. A pupil who participates in open enrollment for purposes of attending a grade in grades nine through twelve in a school district other than the district of residence is ineligible to participate in varsity interscholastic athletic contests and athletic competitions during the pupil's first ninety school days of enrollment in the district except that the pupil may participate immediately in a varsity interscholastic sport if the pupil is entering the grade nine for the first time and did not participate in an interscholastic athletic competition for another school or school district during the

summer immediately following eighth grade, if the district of residence and the other school district jointly participate in the sport, if the sport in which the pupil wishes to participate is not offered in the district of residence, if the pupil chooses to use open enrollment to attend school in another school district because the district in which the student previously attended school was dissolved and merged with one or more contiguous school districts under section 265.11 subsection 12, if the pupil participates in open enrollment because the pupil's district of residence has entered into a whole grade sharing agreement with another district for the pupil's grade, or if the parent or guardian of the pupil participating in open enrollment is an active member of the armed forces and resides in permanent housing on government property provided by a branch of the armed services. A pupil who has paid tuition and attended school, or has attended school pursuant to a mutual agreement between the two districts, in a district other than the pupil's district of residence for at least one school year prior to March 10, 1989, is also eligible to participate immediately in interscholastic athletic contests and athletic competitions under this section but only as a member of a team from the district that pupil attended. For purposes of this subsection, "school days of enrollment" does not include enrollment in summer school. For purposes of this subsection, "varsity" means the same as defined in section **256.46**.

36.15(5) Eligibility for other enrollment options.

- a. **Shared-time students.** A nonpublic school student who is enrolled only part-time in the public school district of the student's residence under a "shared-time" provision or for driver education is not eligible to compete in interscholastic athletics in the public school district.
- b. **Dual enrollment.** A student who receives competent private instruction, not in an accredited nonpublic or public school, may seek dual enrollment in the public school of the student's resident district and is eligible to compete in interscholastic athletic competition in the resident school district provided the student meets the eligibility requirements of these rules and those set by the public school of attendance. If a student seeking such dual enrollment is enrolled in an associate member school of the Iowa Girls' High School Athletic Union or Iowa High School Athletic Association, the student is eligible for and may participate in interscholastic athletic competition only for the associate member school or a school with which the associate member school is in a cooperative sharing agreement. (Eligibility in such case is governed by 281 IAC 36.1(280).) Any ineligibility imposed under this chapter shall begin with the first day of participation under dual enrollment. Any period of ineligibility applies only to varsity level contests and competitions. ("Varsity" means the highest level of competition offered by one school or school district against the highest level of competition offered by an opposing school or school district.)
- c. **Competent private instruction.** A student who receives competent private instruction and is not dual-enrolled in a public school, may participate in and be eligible for interscholastic athletics at an accredited nonpublic school if the student is accepted by that school and the student meets the eligibility requirements of this chapter and those set by the accredited nonpublic school where the student participates. The application shall be made to the accredited nonpublic school on a form provided by the Department of Education.

If a student seeking such participation is enrolled in an associate member school of the Iowa Girls' High School Athletic Union or Iowa High School Athletic Association, the student is eligible for and may participate in interscholastic athletic competition only for the associate member school or a school with which the associate member school is in a cooperative sharing agreement. (Eligibility in such case is governed by 281 IAC 36.1(280).)

Any ineligibility imposed under this chapter shall begin with the first day of participation with the accredited nonpublic school. Any period of ineligibility applies only to varsity level contests and competitions. ("Varsity" means the highest level of competition offered by one school or school district against the highest level of competition offered by an opposing school or school district.

Camp, Clinic & Non-School Coaching & Student Participation Regulations. It is strongly recommended athletic directors have a preseason meeting with all coaches to clarify these rules. The coaches should then have a preseason meeting with players to explain the limitations under the rules.

281-36.15(6) Summer camps and clinics and coaching contacts out of season. School personnel, whether employed or volunteers, of a member or associate member school, shall not coach that school's student-athletes during the school year in a sport for which the school personnel are currently under contract or are volunteers, outside the period from the official first day of practice through the finals of tournament play. Provided, however, school personnel may coach a senior student from the coach's school in an all-star contest once the senior student's interscholastic athletic season for that sport has concluded. In addition, volunteer or compensated coaching personnel shall not require students to participate in any activities outside the season of that coach's sport as a condition of participation in the coach's sport during its season. *The IHSAA and IGHSAA have established a "family week" from Sunday of Week 4 (as per NFHS organizational calendar) through the Sunday of Week 5. During this period, coaches are prohibited from having any contact of any kind with students.*

- A summer team or individual camp or clinic held at a member or associate member school facility shall not conflict with sports in season. Coaching activities between June 1 and the first day of fall sports practices shall not conflict with sports in season. The associations at their discretion may establish a dead period up to 14 calendar days in length. During a dead period, coaches will not be allowed to have contact with students.
- **PENALTY.** A school whose volunteer or compensated coaching personnel violate this rule is ineligible to participate in a governing organization-sponsored event in that sport for one year with the violator(s) coaching.

36.15(7) Non-school team participation. The local school board shall by policy determine whether or not participation in non-school athletic events during the same season is permitted and provide penalties for students who may be in violation of the board's policy.

***This rule** is intended to implement Iowa Code sections 256.46, 280.13, and 282.18.

36.16(280) Executive Board Review. A student, parent of a minor student, or school contesting the ruling of a student's eligibility based on these rules, other than subrule 36.15(1), or paragraphs 36.15(2) "c", "d", "f", and "k", or a school contesting a penalty imposed under subrule 36.15(6), paragraph "b," shall be required to state the basis of the objections in writing, and may also request an oral hearing, addressed to the executive officer of the board of the governing organization. The executive officer shall schedule a hearing before the executive board on or before the next regularly scheduled meeting of the Executive Board, but not later than 20 calendar days following the receipt of the objections unless a later time is mutually agreeable. The executive board shall give at least 5 business days written notice of the hearing. The Executive Board shall consider the evidence presented and issue findings and conclusions in a written decision within 5 business days of the hearing, mailing a copy to the appellant.

36.17(280) Appeals to Director. If the claimant is still dissatisfied, an appeal may be made in writing to the Director of Education by giving written notice of the appeal to the State Director of Education with a copy by registered mail to the Executive Officer of the governing organization. An appeal shall be in the form of an affidavit and shall be filed within 10 business days after the date of mailing of the decision of the governing organization. The Director of Education shall establish a date for hearing within 20 calendar days of receipt of written notice of appeal by giving at least 5 business days of written notice of hearing to the appellant unless another time is mutually agreeable. The procedures for hearing adopted by the State Board of Education and found at 281-Chapter 6 shall be applicable, except that the decision of the Director is final. Appeals to the Executive Board and the State Director are not contested cases under Iowa Code Subsection 17A.2(2).

281-36.18(280) Organization policies. The constitution or bylaws of organizations sponsoring contests for participation by member schools shall reflect the following policies:

36.18(1) Expenditure policy. It shall be the expenditure policy of each organization, after payment of costs incurred in 36.6(280) to 36.9(280) and legitimate expenses for housing, equipment, and supplies including by agreement with other organizations having a mutual interest in interscholastic activities, to use all receipts to promote and fiscally sponsor those extracurricular interscholastic contests and competitions deemed by it to be most beneficial to all eligible students enrolled in member schools. Organizations with large revenues may provide assistance in staff, space, equipment, and the transfer of funds to other organizations whose contests or competitions do not generate sufficient money to carry out an adequate program in their areas of service. Each organization shall make an annual payment to the Federation to cover the necessary expenditures of the Federation. The amount of this payment shall be determined by the Federation.

36.18(2) Federation survey. A survey shall be made at least biennially, using a sampling procedure selected by the Executive Committee of the Federation to determine in what extracurricular interscholastic contests or competitions students of member secondary schools would like to participate. The organizations shall put a high priority on the findings of the survey in the determination of what interscholastic activities are to be sponsored.

36.18(3) Calendar of events. The Federation shall establish yearly advance a calendar of events for the interscholastic contests and competitions sponsored by the organizations.

36.18(4) Information to local member schools. The Federation shall distribute to member schools the yearly calendar of events and other information believed by officers of the Federation to be helpful to local school officials in providing a comprehensive program of extracurricular interscholastic contests or competitions.

36.18(5) "All-star" contests. A student enrolled in a member or associate member school will be ineligible for 12 calendar months in the sport in which the violation occurred if the student participates in an all-star contest.

36.18(6) Team participation. Participation in interscholastic contests or competitions shall be by school teams only and not selected individuals, with the exception of individual sports events such as wrestling, track, cross country, golf, tennis, and music, and speech activities.

36.18(7) Contests outside Iowa. Out-of-state contest participation by a member school shall be limited to regularly scheduled interscholastic activities.

36.18(8) Promoting interstate contests. No activity organization shall sponsor interstate contests or competitions between individuals, teams, or groups.

36.18(9) Chaperones. It is the responsibility of all school districts to see that all teams or contestants are properly chaperoned when engaged in interscholastic activities.

36.18(10) Membership. Membership in an organization shall be limited to schools accredited by the Department or approved by the Department solely for purposes of associate membership in a registered organization.

281-36.19(280) Eligibility. In situations of district organization change. Notwithstanding any other provision of this chapter, in the event eligibility of one or more students is jeopardized or in question as a result of actions beyond their control due to the pending reorganization of school districts approved by the voters under Iowa Code Chapter 275; the action of the district boards of directors under Iowa Code Section 274.37; or the joint employment of personnel and sharing of facilities under Iowa Code Section 280.15 and the result is a complete discontinuance of the high school grades, or discontinuance of the high school grades pursuant to Iowa Code Section 282.7, first paragraph, the boards of directors of the school districts involved may, by a written agreement, determine the eligibility of students for the time the district of residence does not provide an activity program governed by this chapter. When the respective boards have not provided by written agreement for the eligibility of students whose eligibility is jeopardized or questioned four weeks prior to the normal established time for beginning the activity, students or parents of students involved may request a

determination of eligibility from the governing body of the organization involved. All parties directly interested shall be given an opportunity to present their views to the governing board.

- A determination of eligibility by the governing board shall be based upon fairness and the best interests of the students.
- In the event that one or more parties involved in the request for determination before the governing board are dissatisfied with the decision of the governing board, an appeal may be made by the dissatisfied party to the Director of the Department under the provisions of 36.17(280). A decision of the Director in the matter shall be final.
- The above provisions shall apply insofar as applicable to changes of organization entered into between two or more nonpublic schools.

*This rule is intended to implement Iowa Code Section 280.13.

281-36.20(280)* Cooperative student participation. Notwithstanding any other provision of this chapter, in the event a member or associate member school does not directly make participation in an interscholastic activity available to its students, the governing board of the member or associate member school may, by formally adopted policy if among its own attendance centers, or by written agreement with the governing board of another member or associate member school, provide for the eligibility of its students in interscholastic activities provided by another member or associate member school. The eligibility of students under a policy, insofar as applicable, or a written agreement is conditioned upon the following:

36.20(1) All terms and conditions of the agreement are in writing;

36.20(2) The attendance boundary of each school that is a party to the agreement is contiguous to or contained within the attendance boundary of one of the other schools unless the activity is not offered at any school contiguous to the party district, or all schools that are contiguous refuse to negotiate an agreement with the party district, in which case the contiguous requirement may be waived by the applicable governing organization. For the purposes of this rule, a nonpublic school member will utilize the attendance boundaries of the public school in which its attendance center is located;

36.20(3) Any interscholastic activity not available to students of the schools participating in the agreement may be included in the agreement. A school's students may be engaged in cooperative activities under the terms of only one agreement;

However, if several schools are in a consortia cooperative agreement for a specific activity, they are not precluded from having a separate agreement with one or more of the same schools for a different activity as long as all schools of the consortia agree to such a separate agreement.

36.20(4) Agreements shall be for a minimum of one school year. Amendments may be made to agreements, including allowing additional member schools to join an existing agreement, without necessarily extending the time of existence of the agreement.

36.20(5) All students participating under the agreement are enrolled in one of the schools, are in good standing, and meet all other eligibility requirements of these rules;

36.20(6) A copy of the written agreement between the governing boards of the particular schools involved, and all amendments to the agreement, shall be filed with the appropriate governing organization(s) no later than April 30 for the subsequent year, unless exception is granted by the organization for good cause shown. The agreements and amendments shall be deemed approved unless denied by the governing organization(s) within ten calendar days.

36.20(7) It is the purpose of this rule to allow individual students' participation in interscholastic competition in activities not available to them at the school they attend, through local policy or arrangements made between the governing boards of the schools involved, so long as the interscholastic activities of other schools are not substantially prejudiced. Substantial prejudice shall include, but not necessarily be limited to, situations where a cooperative sharing effort may result in unfair domination of activity or substantial disruption of activity classifications and management. In the event an activity organization determines, after investigation, that an agreement between schools developed under the terms of these sub-rules results in substantial

prejudice to other schools engaged in the activity, or the terms of the agreement are not in conformity with the purpose and terms of this rule, the activity organization may give timely notice to the schools involved that the local policy or agreement between them is null and void for the purposes of this rule, insofar as cooperative student participation is concerned with a particular activity. Determinations are appealable to the Director of Education under the applicable terms of 36.17(20). For notice to be timely, it must be given at least 45 calendar days prior to the beginning of the activity season.

***This rule** became effective on January 8, 1986. However, prior written agreements in existence at the time of this rule's adoption shall continue in force and effect until terminated by the parties or by the terms of the existing agreement.

***This rule** is intended to implement Iowa Code section 280.13.

CHAPTER 17

OPEN ENROLLMENT

Open enrollment transfers are addressed in 281 IAC 36.15(4). In the event there is a question or concern that arises in reference to the eligibility status of a student athlete due to open enrollment, kindly refer your questions to the Iowa High School Athletic Association. The complete text of Open Enrollment is contained in Chapter 17; however, for student eligibility purposes, applicable portions are mirrored in 36.15(4).

CHAPTER 37

EXTRACURRICULAR ATHLETIC ACTIVITY CONFERENCE FOR MEMBER SCHOOLS

281-37.1(280) Policy and purpose. It is the purpose of this chapter to provide a procedure ensuring that a school desiring to be a member of a conference providing extracurricular athletic contests and competitions for students is granted this opportunity. Membership shall be with other schools of comparable size and within reasonable geographic proximity. For purposes of this chapter, member school means a school or school district granted such status by any corporation, association, or organization registered with the state department of education pursuant to Iowa Code section 280.13, and includes associate members.

37.2(280) Initial responsibility. The initial authority and responsibility for conference development, membership, and alignment rest with the Board of Directors of each public school district and the authorities in charge of each nonpublic school.

37.3(280) Complaint to the Director, Department of Education. A member school that believes it has been unfairly excluded or prevented from obtaining membership in an athletic activity conference that would provide the opportunity for participation of its students in athletic events or contests with students from other member schools of comparable size and within reasonable geographic proximity may file a complaint stating this concern with the Director of the Department of Education. The complaint shall set forth in a plain and concise manner the reasons the member school believes the Director should intervene in conference alignment decisions and the specific relief requested by the member school. The complaint shall be signed by the President of the Board of Directors of a public school district or a representative of the officials in charge of an accredited nonpublic school. The Director or the director's designee shall, within 10 days, acknowledge to the member school receipt of the complaint in writing.

37.4(280) Mediation. The Director of the Department of Education shall require that the Executive Director of the Iowa High School Athletic Association (hereinafter Association) and the Executive Secretary of the Iowa Girls High School Athletic Union (hereinafter Union) organizations recognized in 281-Chapter 36, or their designees, form a mediation team to meet with the

complainant and representatives of other affected member schools. If the complaint involves conference alignment for athletic activities represented by only one of the organizations, only that organization shall be involved in the mediation. A copy of all materials filed with the Director by the complainant member school shall be provided to the mediation team.

The mediation team shall meet with administrators or board members of schools potentially affected by changes in conference alignment related to the complaint. Schools shall send representatives who have knowledge of the impact of a conference realignment and full authority to respond on behalf of their member school. Factors to be weighed in reaching resolution will include, but not be limited to, school enrollment figures (current and projected), travel distances, comparability of instructional programs, traditional rivalries, number of existing and proposed schools in the conference, and comparability of athletic programs and other school-sponsored programs.

37.5(280) Resolution or recommendation of the mediation team. If mediation results in the resolution of the complaint, no further action shall be necessary on the part of the Director, and the implementation of the mediation agreement shall be left with the boards of directors of school districts and the authorities in charge of nonpublic schools. If no resolution is reached within 50 days of the start of the mediation process, the mediation team shall make a recommendation to the Director as to the best resolution of the complaint. Copies of this recommendation shall be given to all affected member schools. The Director shall establish a time for a hearing on this recommendation within 45 days of the receipt of the mediation team's recommendation. The Director or director's designee shall conduct the hearing at which time all affected parties shall be given the opportunity to provide oral or written testimony or submit other evidence. The Director or director's designee shall reserve the right to establish time limits on appearances at the hearing.

37.6(280) Decision. In reaching a decision on the complaint, the Director shall consider information gathered by the mediation team and its recommendation as well as the written and oral testimony from the hearing. In addition, the Director or director's designee may consult with other individuals, organizations, or conference representatives able to provide input on a decision. If a designee of the Director conducts the hearing and review process, the findings of the designee shall be reviewed by the Director. A final decision on the complaint shall be made by the Director. The decision may affect conference realignment or direct other appropriate relief to remedy the complaint. The Director shall make a decision within 60 days of the hearing, and copies of the decision shall be provided to all affected parties.

37.7(280) Effective date of the decision. If the decision requires conference realignment, the date of this change shall be made with deference given to existing contracts and commitments. Alignment changes shall be made for 4-year periods with automatic review by the Director after 2 years so that further necessary changes take effect at the conclusion of the 4-year period unless an agreement exists that implementation of the changes can occur at an earlier date.

UNIFORM SCHOOL REQUIREMENTS | SECTION 280.13

280.13 Requirements for interscholastic contests and competitions. A public school shall not participate in or allow students representing a public school to participate in any extracurricular interscholastic contest or competition which is sponsored or administered by an organization as defined in the section unless the organization is registered with the Department of Education, files financial statements with the Department in the form and at the intervals prescribed by the Director of the Department of Education and is in compliance with rules which the State Board of Education adopts for the proper administration, supervision, operation, adoption of eligibility requirements, and scheduling of extracurricular interscholastic contests and competitions and the organizations. For the purposes of this section "*organization*" means a corporation, association, or organization that has as one of its primary purposes the sponsoring or administration of extracurricular interscholastic contests or competitions, but does not include an agency of this state, a public or private school or school board, or an athletic conference or other association whose interscholastic contests or competitions

do not include more than twenty schools.

280.13A Sharing Interscholastic Activities. If a school district does not provide an interscholastic activity for its students, the Board of Directors of that school district may complete an agreement with another school district to provide for the eligibility of its students in interscholastic activities provided by that other school district. A copy of each agreement completed under this section shall be filed with the appropriate organization, as an organization is defined in Section 280.13, not later than April 30 of the school year preceding the school year in which the agreement takes effect unless an exception is granted by the organization for a good cause. An agreement completed under this section shall be deemed approved unless denied by the governing organization within ten days after its receipt. A governing organization shall determine whether an agreement would substantially prejudice the interscholastic activities of other schools. An agreement denied by a governing board under this section may be appealed to the State Board of Education under Chapter 290.

For the purpose of this section, substantial prejudice includes, but is not limited to, situations where shared interscholastic activities may result in unfair domination of an interscholastic activity or substantial disruption of activity classifications and management.

It is not necessary that school districts that are parties to an agreement under this section must be engaged in sharing academic programming and receiving supplementary weighting under Section 442.39.

INTERNAL REVIEW OF INITIAL DECISION OF ELIGIBILITY OF TOURNAMENT PARTICIPANTS

This procedure complies with 281 IAC 36.14(6).

1. Any school or participant who objects to any initial decision of eligibility of continued participation of any participant in an IHSAA-sponsored tournament contest shall immediately, and no more than one hour thereafter, present to the designated tournament contest manager a statement in writing setting forth said objections.
2. If the initial decision of eligibility has been determined by any local tournament manager without consultation with the Executive Director, the final decision of eligibility shall then be vested in the Executive Director of the Association or his designated Assistant Executive Director.
3. If the initial decision of eligibility has been made by the Executive Director or his Assistant, the final decision shall be made by three or more Board of Control members present at the site of the tournament. If such a number of Board of Control members are not present at the tournament site, at least three members of the Board appointed by the President or Vice-President of the Board shall be engaged in a telephone conference to hear and decide such eligibility objection.
4. The appeal decision made under either paragraph 2 or 3 above shall be based upon the written objections and the facts related by the tournament manager.

ARTICLE II

BYLAWS PART II - STUDENT ELIGIBILITY

Section 15: Every student participating in athletic contests, whether held in or out of the state, must qualify for each participant under the Rules and Regulations of Iowa High School Athletic Association without regard to any other requirement.

Section 16: The use of undue influence by any person or entity directly or indirectly associated with any member school to secure or encourage the enrollment of a student, or the residency of a student's parent(s) or guardian(s) within the district of a member school, shall result in the imposition

of a sanction by this Association upon said member school. The determination of said sanction shall be made by the Board of Control, but shall in no event be more severe than the denial of the member school's participation in Iowa High School Athletic Association-sponsored tournament competition for a period of one year.

“Undue influence” shall be deemed to include, but not be limited to, offer(s) or acceptance of financial aid reduced or waived tuition fees, or any special privilege or recruiting procedure not generally available to all students upon the same terms and conditions; transportation allowances; preference or assistance in the acquisition of employment; and room, board, or clothing.

Section 17: It is the clear obligation of contestants, coaches, faculty members, principals, superintendents, boards of education, and all official representatives of member schools in all interscholastic relationships to practice the highest principles of sportsmanship and the ethics of competition. The Board of Control shall have full authority to penalize any member school whose representatives may be, in the opinion of the Board of Control, guilty of the violation of this obligation.

Section 18: There shall be no “all-star” contests. Participation by member schools, by their school officials, by their teachers or coaches, directly or indirectly in the officiating, management, organization, supervision, player selection, coaching, or promotion of “all-star” high school teams, high school championship teams, or similar teams in contests or exhibitions in any sport, shall be a violation of the rules of the IHSA. Violation of the rule by a school official, a teacher, or coach shall cause that school where said school official, teacher, or coach is employed, to be suspended from membership of IHSA. Approved officials shall be suspended for promoting or officiating such contests. Any student participating in an unsanctioned contest mentioned in this rule automatically becomes ineligible for contests under the rules of this Association. [Note: School personnel may coach a senior student from the coach’s school in an all-star contest once the senior student’s interscholastic athletic season for that sport has concluded.]

Section 19: Whenever the superintendent makes local rules supplementary to, but not inconsistent with the rules of this Association, the superintendent has the authority to exclude a contestant from participation in contests for violation of the local rules. The power of the superintendent to exclude in such case is absolute, and such cases shall not be reviewed by the Board of Control.

ARTICLE III

BYLAWS ANNUAL MEETING

Section 1. Members’ Annual Meeting. The annual meeting of the members shall be held on the second Monday in June of each year at such place as the Board shall each year fix, or at such other place, time and date as the Board shall fix, which date shall be within the earlier of the first six (6) months after the end of the Association’s fiscal year or fifteen (15) months after the members’ last annual meeting.

Section 2. Board’s Annual Meeting. The annual meeting of the Board shall be held on the second Monday in June of each year at such place as the Board shall each year fix, or at such other place, time, and date as the Board shall fix. Notice of such meeting need not be given. Such meeting may be held at any other time or place as shall be specified in a notice given as hereinafter provided for special meetings of the board of directors or in a consent and waiver of notice thereof signed by all the directors, at which meeting the same matters shall be acted upon as is above provided.

ARTICLE IV

BYLAWS DUTIES OF ADMINISTRATORS

Section 20: The rules of the National Federation of State High School Associations shall govern the athletic contests of this Association unless the Board of Control adopts other rules or modifies the National Federation rules. The Board of Control has final authority for the playing rules of this Association.

Section 21: No contest shall be held with any school not a member in good standing of this Association or an Association member of the National Federation of State High School Associations.

Section 22: IHSAA Guidelines for **INTRASTATE/INTERSTATE** Competition

****The following guidelines will be adhered to for INTRASTATE events requiring a sanction.**

1. Any event in which more than two member schools participate and is not sponsored, organized, or managed by a member school shall require an intrastate sanction.
2. No same sports events will be sanctioned on the date of state governing organizations sponsored events.
3. All rules, regulations, and playing rules of the IHSAA shall apply.

Schools choosing to participate in intrastate events not sponsored, organized, or managed by a member school are responsible for making certain the event is properly sanctioned by the IHSAA. Sanctioning forms are available for intrastate events not sponsored, organized, or managed by a member school by contacting either the IHSAA.

****The following guidelines must be adhered to for competition in INTERSTATE contests:**

1. When competing against a school outside of Iowa, you must adhere to whichever state association rules are more restrictive.
2. Competition is allowed in states contiguous to Iowa and in the state of Kansas. Participating schools for events held in Iowa must be from a state contiguous to Iowa or in the state of Kansas. Loss of school time decisions shall be made by the administration of the participating schools. No sanction form is required (unless required by another state).
3. No out-of-state competition is allowed on the date(s) of state association-sponsored events. The IHSAA will not allow any contest at a time when a state association-sponsored contest is on the same day.

Section 23: The superintendent of schools or his/her delegated high school principals shall be responsible for the athletic policy of the school and no contest shall be arranged with any team without his/her sanction. The superintendent or his/her authorized faculty representative shall accompany teams on trips away from home.

Section 24: Official contracts furnished by the Board of Control must be used for all contests between schools. Any school violating the contract may be suspended from membership for one year. No school suspended shall be reinstated until the superintendent shall make personal or written application to the Board of Control.

Section 25: Expenses shall be arranged mutually between the participating school authorities for all games or contests between members of this Association.

Section 26: Any coach of an athletic team or teams must hold a valid Iowa teacher's certificate or practitioner license and coaching endorsement. (See Article III, Section 3)

Section 27: Neither coaches nor anyone else connected with the competing schools shall officiate in any contests. All officials used in interscholastic contests must be on the approved list of the Iowa High School Athletic Association.

Note: Interpretation found under “Registered Officials” in the Supplement.

Section 28: Contestants shall not be trained by member schools prior to the legal starting date or after the completion of their sport season. Any violation of these rules shall cause the student to lose eligibility for all interscholastic athletics. (Legal starting dates can be found in the Supplement section of this Handbook.)

ARTICLE V

BYLAWS (AMENDMENTS)

Section 1: Amendments to the Articles of Incorporation and rules shall be adopted by a referendum vote of member schools by electronic ballot in which the executive head of the school shall cast and electronically sign the vote of the school.

An amendment or rule may be initiated by (1) the Board of Control; (2) a petition signed by a minimum of 100 member schools; (3) a majority vote of the Representative Council.

The amendments to the Constitution and rules adopted by any referendum shall be made when voted for by a majority of the membership on the day the ballots are electronically sent from the office of the Executive Director or by a 60% vote of the ballots received.

SUPPLEMENT

OFFICIAL BOARD OF CONTROL INTERPRETATION OF THE ARTICLES OF INCORPORATION AND BYLAWS OF THE IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

The Board of Control is providing the following interpretations and clarifications with questions and answers on various phases of the Constitution and Bylaws. If you do not find the answer to your exact situation, then you are requested to contact the Association Office for an official ruling.

HIGH SCHOOL GRADUATES NOT PERMITTED TO PRACTICE OR PARTICIPATE WITH OR AGAINST HIGH SCHOOL STUDENT-ATHLETES

High school graduates cannot practice with or against a high school team, or a student representing his/her high school team, during the given sports season. Only coaches, students in good standing at the school, or students from another school participating through an enrollment option provided for within the rules can participate in a school's practice sessions. This rule does not prohibit high school students from participating with or against high school graduates through the Non-school Team Participation Rule (36.15(7)).

This rule does not prohibit the local school district from allowing high school graduates to use their facilities for practice purposes, but not for the purpose of practicing with or against a high school team, or a member of a high school team, during the given sports season. Scholarship Rule 36.15(2)h prohibits high school students from participating, and/or training, with or against college athletes who are representing their collegiate institution or as part of an event sanctioned or sponsored by a collegiate institution. Nothing in the rules prohibits a high school student from participating in a one-time tryout with or against members of a college team with permission from the member school's administration and the respective collegiate institution's athletic administration.

STUDENT CONDUCT

The local boards of education can make rules and regulations on good conduct. They can make rules and regulations with regard to alcoholic beverages and dangerous drugs. Most school boards across the state have adopted a good conduct rule. These rules apply to those students involved in extracurricular activities, most typically athletics. They set up the disciplinary procedures which will be applied with regard to the students' extracurricular activity in the event of poor conduct. In order for a good conduct rule to be in force and effect, an individual school board must adopt its own good conduct rule.

RECOMMENDED: BOARD OF EDUCATION POLICY WHICH WOULD PREVENT A STUDENT FROM TRANSFERRING INTO THEIR SCHOOL DISTRICT AND BECOMING ELIGIBLE IMMEDIATELY IN ORDER TO CIRCUMVENT ANOTHER SCHOOL'S GOOD CONDUCT RULE

The Athletic Association recommends Boards of Education consider having a policy that would prevent a student transferring into their school district and becoming eligible immediately in order to circumvent another school's good conduct rule. The Athletic Association, the Iowa Association of School Boards, and their legal counsels have agreed that the following wording could be used for those Boards of Education who desire to have such a policy:

"Any student declared ineligible under the prior school district's Good Conduct Rule and then, without having completed the full period of ineligibility at that school, transfers to _____ High School, will not be eligible for interscholastic competition at _____ High School until the full period of ineligibility has been completed. Once that time period of ineligibility has been completed, the student is then immediately eligible for interscholastic competition at _____ High School as far as any Good Conduct Rule is concerned."

***Please remember the above is only a recommendation for Boards of Education to consider, and not mandatory.**

INELIGIBILITY FOR USE OF ANABOLIC STEROIDS

- A. Steroid use is unsportsmanlike conduct in that it can give an unfair athletic advantage to the user.
- B. Any athlete who uses anabolic steroids is subject to a ONE CALENDAR YEAR period of ineligibility from ALL high school athletics.
- C. The only exception to an athlete who uses anabolic steroids being declared ineligible for one calendar year will be if a medical doctor signs an affidavit that they have prescribed anabolic steroids for the student-athlete. Information regarding such usage must be filed with the high school principal or athletic director prior to the athlete taking part in high school athletics.

SCHOOLS DESIRING TO PLAY UP IN CLASSIFICATION

The Board of Control will grant permission to any school to participate in a higher classification than their enrollment places them in a sport with classifications. If a school requests and is granted permission, it will remain in the higher classification for a two-year period. At the end of the two years, they could exercise their option again if they so desire.

A school may play in a higher class in one sport and stay in their regular class in other sports. Each sport is treated individually. Each sport will be classified based on BEDS enrollment. After the classes have been determined, any school requesting to play in a higher classification will be ADDED to that

class.

EXAMPLE: Class 4A has 48 schools; Class 3A has 64 schools; if a 3A school desires to play in the 4A class, that school will be added to the 48 making the 4A class 49 schools. The 3A class will then become 63 schools. When this policy is used it will only affect the school desiring to change classification.

STARTING NEW SPORTS

The Board of Control will not consider starting a new sport until at least 15% of the IHSAA's members participate in that sport and, at that time, the Board of Control will determine whether a tournament series will be sponsored by the IHSAA in that sport.

LATE SCHEDULING OF GAMES

No football game may be scheduled after the start of the season without the approval of the Board of Control. Member schools desiring to add games to their schedule should write to the IHSAA to request such permission. The Board of Control will determine whether or not such games may be scheduled.

NON-VARSITY TEAMS PLAYING VARSITY TEAMS IN VARSITY COMPETITION

The following clarifies permissible interscholastic competition between varsity and non-varsity teams. Varsity teams represent the highest level of competition offered by a school. Varsity teams may compete only against other varsity teams in the following sports: football; basketball; and baseball; unless permission is granted by the IHSAA. When permission is granted to permit varsity teams in football, basketball, or baseball to play non-varsity teams, the IHSAA individual athlete participation rules apply. (Example: basketball has a 21-game limitation. A school may have 21 varsity games, 21 junior varsity games, 21 sophomore games, and 21 freshmen games, however, a student cannot participate in more than 21 games combined.)

A student who is ineligible to compete in a varsity sport(s) for a period of 90 school days as a result of his/her transfer between member schools is eligible to compete in non-varsity sports. However, if a non-varsity team is competing against a varsity team, the competition shall be considered a varsity competition for the purposes of the transfer rule eligibility. As a result, a student who is ineligible to compete in varsity sports cannot compete against another school's varsity team in addition to the prohibition of competition for his/her own school's varsity team.

Varsity teams may compete against non-varsity teams in the following sports without permission of the IHSAA: cross country; bowling; swimming; track and field; soccer; tennis; golf; and wrestling.

PUBLIC ADDRESS ANNOUNCEMENT POLICY

The public address system at an IHSAA postseason event is not to be used as an open public forum for the expression of views by individuals or organizations concerning political, philosophical, religious, or other matters unrelated to the conduct of the event, or the management and safe use of the event site. For example, conducting a prayer over the public address system is prohibited at IHSAA postseason or sponsored events.

ACADEMIC ACHIEVEMENT AWARD FOR ATHLETIC TEAMS AND CHEERLEADING SQUADS

The Iowa High School Athletic Association has a recognition program for academic achievement by athletic teams and cheerleading squads. We recognize those teams/squads which collectively have

excelled in the classroom.

There are **two awards**: (1) Excellence in Academic Achievement. This award is given to the teams/squads who achieve a combined grade point average of 3.00-3.24. (2) Distinguished Academic Achievement. This award is given to the teams/squads who achieve a combined grade point average of 3.25-4.00.

The “**team/squad**” is made up of all team/squad members, grades 10-12, or if your school has ninth-grade students who are part of the high school team/squad, their grades will be included with the team/squad average. The team/squad average is computed at the conclusion of a competition season. Managers are included as team members.

We ask that your grade point average be figured on the 4.00 system: A = 4.00; B = 3.00; C = 2.00; D = 1.00. The following is the suggestion of grading periods to be used in each sport in making teams/squads eligible for academic awards:

First Quarter: Boys - cross country; football; fall golf.

Third Quarter: Boys - basketball; bowling; wrestling; swimming.

Fourth Quarter: Boys - golf; tennis; track; baseball.

If you are not on the quarter grading system or the school administrator desires to use the semester grades, the school may adjust accordingly.

Awarded schools will receive a certificate for each team/squad recognized. Each team/squad member will also receive a certificate of recognition. Please indicate on the application form the total number of team/squad members. Cheerleading squads will be awarded for each sports season.

Special Education Students: Special education students will not be included in grade averages, but will be award recipients. Special education students must be verified as progressing in their individual programs at the expected rate.

Teams/Squads: Team/squad includes all team members in grades 10 through 12 and any 9th-grade student included as part of the high school team at the conclusion of the season in that interscholastic sport.

EXAMPLE: There is one high school basketball team, not a JV team, not a sophomore team, not a freshman team, but all students out for high school basketball are on the *high school* team.

REQUIREMENTS FOR THE COACHING AUTHORIZATION

Applicants for the coaching authorization should refer to the Department of Education’s guidelines. These may be found on the Board of Educational Examiners website at www.boee.iowa.gov.

DEFINITIONS: (as per Department of Education memorandum--April 12, 2004)

- . A “**coach**” is a person who holds a coaching authorization or coaching endorsement from the Iowa Board of Educational Examiners, and who diagnoses, prescribes, evaluates, assists, or directs student learning of an interscholastic athletic endeavor at a practice session or on the field of competition.
- . A “**volunteer coach**” is a person who holds a coaching authorization or coaching endorsement from the Iowa Board of Educational Examiners, and who diagnoses, prescribes, evaluates, assists, or directs student learning of an interscholastic athletic endeavor at a practice session or on the field of competition, but does not receive compensation from a school or school district for his or her efforts.

- An “**aide**” is a person who performs managerial duties (such as timing students, retrieving equipment, recording statistical information, etc.), but does not instruct, diagnose, prescribe, evaluate, assist, or direct student learning of an interscholastic athletic endeavor at a practice session or on the field of competition. An aide does not hold a coaching authorization or coaching endorsement from the Iowa Board of Educational Examiners.

Whether a person is an aide or a coach is dependent solely on the duties assumed by that person and not on the person’s title or pay or whether the person is under contract to the school or school district. The duty about which there exists the most concern is *supervision*.

An aide may supervise solely in the sense of passively observing students to ensure, for instance, that no injuries are sustained. An aide may not supervise with a critical eye as students run through drills for the purpose of evaluating their skills. After a coach has demonstrated a given technique, an aide may not observe for the purpose of ensuring that the students are following the coach’s instructions correctly. To do so crosses the line from acting as an aide to performing as a coach.

All coaches, whether paid or volunteer, are subject to all coach-athlete contact rules, as prescribed by Coach-Athlete Contact guidelines under 36.15(6).

Board of Educational Examiners Statement Regarding Student-Teachers/Practicum Students: A student-teacher/practicum student from a college or university who does not have his/her respective coaching authorization/endorsement is not allowed to perform the duties of a coach. They can only provide the duties described and defined as an “aide.”

GIFT LAW ISSUES: WHAT COACHES AND A.D.S NEED TO KNOW

The Scenario: A clothing company contacts an activities director and coaching staff with a deal for their school. To get the AD and coaches to recommend the company to the superintendent and school board members, the company wants to give clothing to the AD and coaches.

The Reality: Iowa’s gift law (Iowa Code Chapter 68B) prohibits the above conduct. The law applies to all public employees, which includes administrators, teachers, and coaches at school districts. The gift law prohibits a public employee or that person’s immediate family member from accepting or receiving, directly or indirectly, any gift or series of gifts from a “restricted donor.”

A restricted donor is defined in the law as a person or company who is or is seeking to be a party to a sale, purchase, lease, or other types of contract with the employer of the public employee. Thus, in the above scenario, the clothing company and all of its representatives are restricted donors. They want a contract with the school district. They want to sell goods to the district.

There are some exceptions to the prohibitions in the gift law. The ones that would most commonly occur regarding school employees are as follows:

- Non-monetary items with a value of three dollars or less that are received from any one donor during one calendar year
- Informational material relevant to a public employee’s official functions, such as books, pamphlets, reports, documents, periodicals, or other information that is recorded in a written, audio, or visual format.
- Anything available or distributed free of charge to members of the general public without regard to the official status of the recipient.

The consequences for violating the gift law are severe. A person who knowingly and intentionally violates the gift law may be punished in ALL of the following three ways:

- Both donor and recipient are guilty of a serious misdemeanor. Serious misdemeanors are punishable by up to one year of incarceration and a fine between \$250 and \$1500, plus surcharge and court costs.
- The gift law specifically gives the public employer permission to fire the employee who takes a gift in violation of this law.
- Finally, violation of the gift law is a violation of the Board of Educational Examiner's Code of Ethics. Therefore, the public employee who is also licensed by the BOEE could lose his or her license.

JUNIOR HIGH MEMBERSHIP

All junior high schools in the state of Iowa are automatically members if a high school of the same school system subscribes to membership in the Association. These junior high schools will pay no dues and will be provided a ***Junior High Manual*** with rules and regulations which they must follow.

7th and/or 8th grades are referred to as junior high school. Even if the 9th grade is located in the same building as the 7th and 8th grades, the 7th and 8th-grade organization will now be referred to as junior high school, and the 9th-grade students are regarded as high school students. Students in grades 7 and 8 may not compete inter-scholastically against students in grade 9. For clarification of all junior high school regulations, please refer to the ***Junior High Sports Manual***, a separate publication mailed to each junior high school.

CLASSIFICATIONS

The Articles of Incorporation provide for two classifications of schools; the Class AA schools which comprise the 64 largest member schools, and the remaining member schools which are classified as Class A schools.

These classifications should not be confused with the various classifications which the Board of Control has established in various activities, such as Classes 4A 3A, 2A, and 1A.

FILING A PROTEST

Filing a protest against another member school involving an alleged violation of the Constitution and its provisions must be in writing to the Executive Director and the charges stipulated within four weeks after the alleged violation occurs. The Executive Director will then give notice to the interested schools as to the time and place of the hearing before the Board of Control.

Q1: What is the procedure to follow in filing a protest to the Board of Control?

A1: Article IX, Section 1, Item D states, "Charges of such protests shall be made in writing to the Executive Director within four weeks after the alleged violation has taken place. The Executive Director will then give notice to the interested schools of the place and time of the hearing before the Board of Control."

GAME PROTESTS NOT UPHOLD

The Board of Control will not uphold any protest by a member school arising from any interscholastic contest involving the question of rules interpretation by any of the contest officials. This provision should not be confused with that as provided in Article IX, Section 1 as outlined above, which does provide for protests by member schools when another member school might violate regulations such as the playing of ineligible athletes, failure to comply with contract agreements, questionable conduct on the part of players, coaches, administrators, and fans, etc.

REPRESENTATIVE COUNCIL

The legislative body of the Association is the Representative Council which is composed of 25 school administrators. The state of Iowa is divided into five districts and from each of these five districts, five school administrators are elected to serve on this governing body.

Q1: Where can we secure the names of the Representative Council members from our district?

A1: The heading of your activities wall calendar carries a list of Representative Council members of the various districts. Any change in the personnel of this Council as a result of the fall elections will be published in the November or December Bulletin of the Association and on our website.

Q2: How many terms may Representative Council members serve?

A2: Members of the Representative Council, according to Article XIV, Section 3, may succeed him/herself but once. If completing an unexpired term, a Council member may be elected to a five-year term.

GUIDELINES FOR EJECTION OF PLAYERS

Penalty: Any student disqualified from an interscholastic contest by game officials for flagrant, violent, or verbal misconduct will be ineligible for the *next regularly scheduled game/meet/date at that level of competition and all other games/meets/dates in the interim at any level including IHSA postseason tournaments in addition to any other penalties the IHSA or the school may assess.

The second violation carries a four *regularly scheduled game/meet/date ineligibility including IHSA postseason tournaments.

Subsequent violations will result in penalties determined by the local school district and the Iowa High School Athletic Association.

If penalties are imposed at the end of the sports season and no contest remains, the penalty is carried over in that particular sport until the next school year. The penalty is NOT imposed from one sports program to the next sports program.

Exception: If a senior (12th grade) athlete is ejected from the last contest of the season in a given sport, the penalty is carried over to the next sports program the athlete participates in.

If a student-athlete is ejected from a junior varsity contest and the next junior varsity game/meet/date is not scheduled within 10 days, contact the IHSA for a ruling regarding the length of supervision. Anytime a student-athlete is ejected from a game/meet, he/she does not participate the remainder of that day. The student is also suspended from the next scheduled, rescheduled, or contracted date at that level of competition and all games/meets in the interim at other levels of competition.

Any school that does not enforce this policy will be placed on probation and will not be permitted to participate in any IHSA-sponsored events for one calendar year. This policy is in effect in all interscholastic contests, grades 7-12.

***The “next regularly scheduled game/meet” is defined as the next scheduled, rescheduled, or contracted date.**

EXAMPLE: *“Player A is ejected from the first game of a doubleheader baseball game. What is the penalty?” Ruling: Player A must sit out the second game of the doubleheader and is suspended from the next scheduled date at that level of competition and all games in the*

interim at any level. This ruling would also apply to double-dual or dual team wrestling meets and junior varsity/varsity contests. The suspended player must adhere to the suspended/ineligible student/athlete policy.

Suspended/ineligible student-athlete. The suspended/ineligible player may not sit on the team bench, enter the locker room, or be affiliated with the team in traveling to or from, or during the contest from which he has been made ineligible. **NOTE:** A player ejected from a contest must remain under the supervision of a coaching staff member for the remainder of the contest from which he was ejected.

Additional Penalty: Any student-athlete at any level grades 7-12 who is ejected from an IHSAA sanctioned sport will be required to take the NFHS Coach Education/Certification Program elective course "Sportsmanship- It's Up to You." The course must be viewed prior to being able to return and participate in an interscholastic contest and the certificate of course completion must be sent to the IHSAA office. This mandate is in addition to missing the next regularly scheduled game/meet which is defined as the next scheduled, rescheduled, or contracted date. There is no cost for this course.

Reporting procedures. It will be the responsibility of the game/meet official to report any disqualifications to the IHSAA the day following the game/meet. If the game/meet is held Friday or Saturday, the report should be made the Monday following the game/meet.

It is the coach's responsibility to inform his/her administrator of any disqualification(s). The administrator will file an official report form with the IHSAA. These forms will be provided to each member school.

GUIDELINES FOR EJECTIONS OF COACHES

Penalty: Any coach disqualified from an interscholastic contest by game officials for flagrant, violent, or verbal misconduct will be ineligible for the *next regularly scheduled game/meet at that level of competition and all games/meets/dates in the interim at any level including IHSAA postseason tournaments in addition to any other penalties the IHSAA or the school may assess. If no person holding a valid coach's authorization is available to coach once the ejection occurs, the team whose coach has been ejected shall forfeit the contest.

The second violation carries a four *regularly scheduled game/meet/date ineligibility including IHSAA postseason tournaments.

Subsequent violations will result in penalties determined by the local school district and the Iowa High School Athletic Association.

If penalties are imposed at the end of the sport season and no contest remains, the penalty is carried over in that particular sport until the next school year. The penalty is NOT imposed from one sport program to the next sport program.

This policy is in effect in all interscholastic contests, grades 7-12.

Any school that does not enforce this policy will be placed on probation and will not be permitted to participate in any IHSAA-sponsored events for one calendar year.

Anytime a coach is ejected from a game/meet, s/he does not coach the remainder of that day. The coach is also suspended from the next scheduled, rescheduled, or contracted date at that level of competition and all games/meets in the interim at other levels of competition. The coach is NOT to be at the competition site while suspended.

The IHSAA does not determine whether the coach's salary is affected if he/she cannot coach. It is left to the discretion of the local school administration. Any contest in which a coach cannot perform his/her duties, he/she will not be permitted to attend the contest.

At the conclusion of each season, a list of the coaches ejected will be sent to all member schools. This list will be published in the next official IHSAA Bulletin. The name of the coach and his/her school will be reported.

***The "next regularly scheduled game/meet" is defined as the next scheduled, rescheduled, or contracted date.**

EXAMPLE: *"Coach A is ejected from the first game of a doubleheader baseball game. What is the penalty?"*

Ruling: *Coach A must sit out the second game of the doubleheader and is suspended from the next scheduled date at that level of competition and all games in the interim at any level. This ruling would also apply to double-dual or dual team wrestling meets and junior varsity/varsity contests.*

Additional Penalty: Any coach at any level, grades 9-12 who is ejected from an IHSAA sanctioned sport is required to take the NFHS Fundamentals of Coaching elective course entitled "Teaching and Modeling Behavior." This course must be viewed prior to being able to return and coach an interscholastic contest and the certificate of completion must be sent to the IHSAA office. This mandate is in addition to missing the next playing date at the level of competition he/she was ejected from all games in the interim. The cost of the course will be the responsibility of the individual coach.

TAUNTING

DEFINITION: taunting includes any actions or comments by coaches, players, or spectators which are intended to bait, anger, embarrass, ridicule, or demean others, whether or not the deeds or words are vulgar or racist. Included is conduct that berates, needles, intimidates, or threatens based on race, gender, ethnic origin, or background, and conduct that attacks religious beliefs, size, economic status, speech, family, special needs, or personal matters.

EXAMPLES: taunting that would lead to ejection includes, but is not limited to, 'trash talk'; physical intimidation outside the spirit of the game; reference to sexual orientation; 'in the face' confrontation by one player to another; standing over/straddling a tackled or fallen player.

All Sports: in all sports, officials are to consider taunting a flagrant unsportsmanlike foul that disqualifies the offending bench personnel or contestant from that contest/day of competition (and the next contest/day of competition).

All IHSAA Tournaments: at all IHSAA tournament venues, tournament management may give spectators one warning for taunting. Thereafter, spectators who taunt others are to be ejected by security.

In addition, it is recommended a policy/rule be established for when the athlete becomes involved in a fighting or bench-clearing incident.

BENCH AREA RESTRICTION RULE

Any player/athlete on the bench as a substitute or in uniform who is involved in the breaking up, participating in, or initiating a fighting incident will be automatically ejected from that contest and the **PENALTY** of the student-athlete ejection rules will be invoked.

GUIDANCE ON THE AWARDS RULE EXAMPLES

- 1) A group of students enters a basketball tournament after the season has been completed, the last day of the state tournament, which has cash prizes for the winning teams.
Ruling: First of all, the students need to check with their athletic director as to the local school district's board of education policy as it pertains to non-school team participation. Secondly, they could not receive any award of more than \$50 in value. The award might be a statuette trophy, cup, or plaque. Thirdly, if they accepted the cash prize, it would make each of them ineligible to compete in interscholastic basketball.
- 2) A student enters an amateur golf tournament and wins merchandise or merchandise gift certificate valued at \$150.
Ruling: If this is not in violation of the amateur award rule for golf, he could accept the award if:
 - a. In golf, from the first day of school to the last day of school, a student may accept an award of no more than \$50 in value.
 - b. During the summer months, after the last day of school to the first day of school, any student can enter a golf tournament, accept any prize any other amateur golfer can accept according to the Amateur Golf Association rules.
 - c. Money can never be accepted in amateur golf.

GUIDANCE ON NAME, IMAGE AND LIKENESS

The following is intended to offer guidance to students, parents and member schools regarding the use of Name, Image, and Likeness (NIL).

A student may earn compensation from the use of their Name, Image and Likeness (NIL) consistent with current IHSAA regulations and provided:

- The compensation is not contingent on specific athletic performance or achievement (e.g., financial incentives based on points scored).
- The compensation (or prospective compensation) is not provided as an inducement to attend a particular school ("undue influence") or to remain enrolled at a particular school.
- The compensation is not provided by the school or an agent of the school (e.g., booster club, foundation, etc.).

In seeking compensation for NIL:

- The student should not use the IHSAA or member school marks or logos in any NIL activity.
- The student should not wear apparel or equipment which includes the IHSAA logo or member school marks or logos for the purpose of any NIL activity.
- Student should not reference the IHSAA or member school name or mascot for the purpose of any NIL activity.
- The student should not use a member school's facilities for the purpose of NIL activity.

- The student should not promote activities nor products associated with the following: gaming/gambling; alcoholic beverages, tobacco, cannabis, or related products; banned or illegal substances; adult entertainment products or services; or weapons (e.g., firearms).
- The student and his/her family should seek guidance from his/her member school.
- The student and his/her family should seek their own legal counsel and tax advice when considering any NIL activity.
- The student and his/her family should contact the NCAA, NJCAA, and/or NAIA to ensure any NIL activity does not jeopardize collegiate eligibility.

NIL Questions

Q1: Our Booster Club is very anxious to award rings to the students who participated in the state basketball tournament. Is this a violation?

A1: Yes, this is a direct violation. The superintendent is held responsible to make certain that no organization or group outside the school makes an award to a member of your team, and that no member of the team accepts any award for his participation except the unattached letter or insignia of his school.

Q2: Our school desires to give each member of our championship basketball team a gold basketball appropriately engraved. Is this a violation?

A2: No, this is not a violation, provided the award does not exceed \$50 in value.

Q3: Our Booster Club desires to award a large plaque to the school in recognition of our basketball team's outstanding performance this year. Is this a violation?

A3: No, this is not a violation. The award is being given to the school and not the individual. It remains the property of the school.

Q4: A former coach of our school desires to give the school a large cup and each year have engraved upon the cup the name of the student who has the best record for free throws during the basketball season. Is this a violation?

A4: No, it would not be a violation for your school to accept the cup. The cup would remain the property of the school.

Q5: Our Booster Club wants to send our football team to a college football game in recognition of their outstanding performance in football this fall. Is this a violation?

A5: Yes. The offer of the service club is a violation; however, your school could accept money from the service club and sponsor and supervise such a project.

Q6: Can a local businessman, on behalf of his business or as an individual, give an Outstanding Wrestler of the Tournament Award or Outstanding Player of the Game Award during the week?

A6: Yes. However, the award would be limited to an unframed, unmounted paper certificate.

Q7: Can a host school award an outstanding wrestler award in a tournament or an outstanding player in an invitational basketball tournament?

A7: Yes, provided the award does not exceed \$50 in value.

GUIDANCE ON THE SCHOLARSHIP RULE

DEFINITIONS:

D-1. What is passing?

There is no statewide definition of passing; this is a locally controlled decision. In the absence of a local rule to address this, passing means any grade that is other than “F.” If a school has an option whereby students may take a course “pass or no pass,” a grade of “no pass” is a failing grade.

D-2. How about Incompletes? Withdrawals?

Again, this is left to local control. However, local control means taking affirmative action to clarify for students just what an “I” or “W” means. In the absence of a local rule to address this, an “I” or “W” will be considered a failure.

D-3. May an Incomplete be changed to a passing grade?

The answer depends on local policy. If a school has a policy that an “I” is a failure, the “I” may not be changed to a passing grade for purposes of avoiding ineligibility.

D-4. What is a grading period?

A “grading period” is the period of time at the end of which a student receives a *final grade* and course credit is awarded for passing grades. Each school determines its own grading periods.

D-5. What is a final grade?

A final grade is that grade that goes on the student’s transcript. If a school offers block scheduling, a final grade might occur at the end of nine weeks if the grade is recorded on the student’s transcript. A final grade is NOT the grade on the progress report that goes to students and their families.

D-6. What is credit coursework or a credit subject?

If the student’s transcript includes a letter grade (other than “F,” “I,” or “W”) for the subject or course, this is credit coursework. The most typical example of *non-credit coursework* is Driver Education. It is a local decision (to be made about the course as it applies to all students, and not to be made on an individual student basis) whether a certain subject or course is one for which credit is awarded.

D-7. Why is a definition of “compete” included in the rules?

There have been instances where member and associate member schools inadvertently played ineligible students, forcing the executive board to determine an appropriate penalty to impose against the school. Adding a definition of “compete” and including dressing in full uniform and taking part in pre-game warm-ups is meant to assist member and associate member schools to know what is and is not acceptable.

9TH GRADERS (FRESHMAN)

F-1. Is an incoming 9th grader affected by the rule if s/he did not pass all credit coursework on his/her final 8th-grade report card?

Not under the state rule. Unless the local policy states otherwise, all incoming 9th graders have immediate eligibility, at least under the scholarship rule.

F-2. What is the result for a 9th grader who did not play softball/baseball and does not pass all after the first grading period as a 9th grader?

The student is ineligible for the first 30 consecutive calendar days of competition of the next sport (or current sport if in season) in which s/he competes. This is the same result as for any other secondary student.

F-3. What is the result for a 9th grader who played softball/baseball immediately after 8th grade and does not pass all after the first grading period as a 9th grader?

Again, this is now the same result as for any other secondary student. The student is ineligible for the next 30 consecutive calendar days of competition of the next sport (or current sport if in season) in which s/he competes. If the student is participating in basketball at the time, s/he sits out the first 30 consecutive calendar days of basketball. If the student is not in basketball but goes out for track, the 30 consecutive calendar days apply to track. If the student competes solely in softball or baseball, that is the season affected, and the period of ineligibility is 30 consecutive calendar days.

F-4. If a 9th grader does not go out for any sports and does not pass all at the end of a final grading period during the student's freshman year, what is the period of ineligibility if that student wants to go out for one or more sports sophomore year? Junior or senior year?

The student is ineligible for the first 30 consecutive calendar days of the first sport s/he goes out for in the student's sophomore year. If the student passes all during sophomore year and does not compete in any athletics until the student's junior or senior year, the student may participate with no period of ineligibility (unless local rule provides some ineligibility). This is because the student will have satisfied the one full year "look back" period of time (having a full academic year of all passing grades during which time the student does not compete in any interscholastic athletics).

10TH - 12TH GRADE STUDENTS (UPPERCLASSMEN)

U-1. What is the result for a student who is competing in basketball and does not pass all after the first grading period?

The student is ineligible for the next 30 consecutive calendar days of competition in basketball. The period of ineligibility starts no sooner than the first day of the next grading period and the day after the athletic administrator has been notified that a student has received a failing grade. The school shall have up to three school days after the end of the grading period to notify the athletic administrator of the final grade for an eligible grading period. If at the end of the third school day the athletic administrator has received no notifications then it is the responsibility of the athletic administrator to find out what the grades are. In any case, the period of ineligibility starts no later than the fourth school day after the grading period. The administration has the responsibility to immediately notify the athletic administrator of a failing grade. Local school districts should, to the maximum extent possible, start the period of ineligibility on the same day for all of its students.

U-2. Same as above, but the student has a hunch that she failed a course, so she never picks up her report card.

The student cannot postpone her ineligibility. She is out for the next 30 consecutive calendar days of competition in basketball, whether or not she receives the report card. The same is true for report cards that get lost in the mail or destroyed without the student seeing them. The period of ineligibility starts no sooner than the first day of the next grading period and the day after the athletic administrator has been notified that a student has received a failing grade. The school shall have up to three school days after the end of the grading period to notify the athletic administrator of the final grade for an

eligible grading period. If at the end of the third school day the athletic administrator has received no notifications then it is the responsibility of the athletic administrator to find out what the grades are. In any case, the period of ineligibility starts no later than the fourth school day after the grading period. The administration has the responsibility to immediately notify the athletic administrator of a failing grade. Local school districts should, to the maximum extent possible, start the period of ineligibility on the same day for all of its students.

U-3. When there is no doubt that a student is going to receive an “F” as a final grade, can the school let the student know before the athletic administrator is notified of the failing grade so that the period of ineligibility starts sooner?

The school may let the student know about the failing grade, but the period of ineligibility starts no sooner than the first day of the next grading period and the day after the athletic administrator has been notified that the student has received a failing grade. In this instance if the school administration knows of the failing grade before the beginning of the new grading period and notifies the student of this grade, the school should also notify the athletic administrator of the grade. Thus, the period of ineligibility would start the first day of the next grading period. A school may not move up the period of ineligibility for a student by giving the student advance knowledge of the student’s final grades.

If a school has an ineligible student start his/her period of ineligibility earlier than the first day of the next grading period, the ineligibility will **NOT** end any sooner than the 31st day after the first day of the next grading period. Local school districts should, to the maximum extent possible, start the period of ineligibility on the same day for all of its students.

U-4. What is the result for a student whose only sport is wrestling (or any fall or winter sport) and he does not pass all after the final grading period (e.g., second semester)?

The student is ineligible for the first 30 consecutive calendar days of competition in wrestling the next year. However, if the student decides to go out for cross country (or any other sport) for the first time the next year, the student’s period of ineligibility will be applied to that sport.

U-5. What is the result for a student whose only sport is football (or any fall sport) and he does not pass all on his first semester report card but gets all “A”s on the second semester report card?

The student is ineligible for the first 30 consecutive calendar days of competition in football the next year.

U-6. What is the result for a student who competes in wrestling or boys swimming and he does not pass all on his first semester report card?

The student is ineligible for the next 30 consecutive calendar days of competition in his sport (wrestling or swimming). If the season ends before 30 consecutive calendar days expire, the extra days carry over to the next sport in which the student competes.

EXAMPLE: The first semester ends on a Friday. Second semester starts on the next Tuesday. A student has an “F” as a final grade. His ineligibility starts no sooner than the first day of the next grading period and the day after the athletic administrator has been notified that the student has received a failing grade, but no

later than the first Friday of the second semester. The season ends on the Saturday of the state tournament. If the season ends before 30 consecutive calendar days expire, the extra days carry over to the next sport in which the student competes.

U-7. What is the result for a student who competes in spring golf and does not pass all on the second semester report card?

The student is ineligible for the next 30 consecutive calendar days of competition in her sport (golf), and any “unexpired” days of ineligibility carry over to the next sport in which the student competes.

EXAMPLE: The second semester ends and a golfer does not pass all. She is ineligible in golf no sooner than the first day of the next grading period and the day after the athletic administrator has been notified that the student has received a failing grade. Because the school year is over, the ineligibility can start no later than four calendar days after the grading period ends through the state coed golf meet. The extra days carry over to the next sport in which the student competes.

U-8. What is the result for a senior whose only sport has been volleyball (or any fall sport that concludes before end of first semester) and she does not pass all on her first semester report card?

The student is ineligible for the first 30 consecutive calendar days of any interscholastic sport in which she competes. If the student does not compete in any interscholastic sport following the issuance of the failing grade, there is no season in which to apply the penalty.

U-9. If a student competes in two sports simultaneously (cross country and volleyball; golf and track; etc.) and becomes ineligible during or for the season, is the student ineligible for 30 consecutive calendar days for both sports?

Yes. The student is ineligible for all sports during the 30 consecutive calendar day period of ineligibility, but it is the same 30 consecutive calendar day period (i.e., a total of 30 consecutive calendar days, not 60).

U-10. If a student competed solely in track as a 9th grader, did not pass all coursework at the end of second semester, and decides not to compete in track again but to go out for golf, is the student eligible for golf?

No. The period of ineligibility applies to any interscholastic sport in which the student seeks to compete.

U-11. A student participates in both speech and track and did not pass all coursework at the end of first semester. The student served a 30 consecutive calendar day period of ineligibility in speech. Must the student also serve a 30 consecutive calendar day period of ineligibility in track?

No. A student shall not serve multiple periods of ineligibility because of a failing grade.

COLLEGE COURSEWORK, AP COURSES

C-1. If a student takes an Advanced Placement (AP) course and fails that course, but passes all other coursework, does the “F” in the AP course count under rule 36.15(2)?

Yes it does.

C-2. If a student takes a course under PSEO (post-secondary enrollment option), does this coursework count under rule 36.15(2)?

Yes it does. The rule provides that PSEO coursework shall be used to determine eligibility. Students are not allowed to audit PSEO coursework.

EXAMPLE: A student uses PSEO to take Advanced Astronomy at ISU. He also takes four other courses at his high school, all for credit. He fails the PSEO course, passes the other four courses, but the “F” in the PSEO course renders him ineligible under the rule.

C-3. If a student takes a concurrent enrollment course from a community college (contracted course for supplementary weighting), does this coursework count under rule 36.15(2)?

Yes. Any course taken for both secondary and post-secondary credit counts under rule 36.15(2).

C-4. If a student takes a college credit course on her own, and will receive no secondary credit for the course, does this coursework count under rule 36.15(2)?

No. It counts neither for nor against the student.

EXAMPLE 1: A student enrolls in a culinary course at DMACC and attends the course at night. She receives only post-secondary credit for the course, no secondary credit. She gets an A. This course does not count as one of the four credited subjects she must take to be eligible under 36.15(2). Therefore, if she is enrolled in only three credit courses at her high school, she is not eligible.

EXAMPLE 2: A student enrolls in a culinary course at DMACC and attends the course at night. She receives only post-secondary credit for the course, no secondary credit. She gets an F in the DMACC course. She also takes and gets passing grades in four credit courses at her high school. She remains eligible.

SUMMER SCHOOL/SUMMER SPORTS

S-1. How is ineligibility imposed for students whose only sport is softball or baseball?

The period of ineligibility is 30 consecutive calendar days, starting no sooner than the first day after the grading period ends and the day after the athletic administrator has been notified that the student has received a failing grade. Because the school year is over, the ineligibility can start no later than four calendar days after the grading period ends. If the ineligibility was because of an earlier “F,” the time starts with the first allowable date of competition for softball or baseball.

EXAMPLE 1: A student competes in baseball and gets an “F” on his final report card for the year. His ineligibility starts no sooner than the first day after the grading period ends and the day after the athletic administrator has been notified that the student has received a failing grade and ends 30 consecutive calendar days later.

EXAMPLE 2: A student competes only in baseball. He received an “F” on his first semester report card. His ineligibility starts on the first legal playing date for baseball and ends 30 consecutive calendar days later.

EXAMPLE 3: A Student competes only in baseball. He received an “F” on his first

semester report card. He also received an “F” on his second semester report card. His ineligibility for the first semester “F” starts on the first legal playing date for baseball. His ineligibility for the second “F” starts no sooner than the first day after the grading period ends and the day after the athletic administrator has been notified that the student has received a failing grade. The two periods of ineligibility run concurrently with each other. The student does not have 60 consecutive calendar days of ineligibility. The days remaining from his first period of ineligibility run at the same time as his new 30 consecutive calendar day period.

S-2. How is ineligibility imposed for a senior who gets an “F” on his/her final report card?

The final grades for seniors are almost always issued several days, if not weeks, before final grades are issued for freshmen – juniors. However, the period of ineligibility is 30 consecutive calendar days, starting no sooner than the first day after the grading period ends and the day after the athletic administrator receives notification of grades for ALL students. By local policy, a school may choose to have the student sit out sooner, but the official 30 consecutive calendar day period imposed by the state rule will not start early. By having a senior start his/her ineligibility early, a school does not start the 30 consecutive calendar day clock any earlier.

S-3. May a student who received an “F” on his second semester report card re-take that class over the summer to change the grade?

Not for purposes of changing his eligibility. Students should always be encouraged to remediate subjects they did not master the first time around. If the school has a policy that it will change the student’s grade on his transcript if this occurs, that does not change the fact that the student is ineligible under rule 36.15(2). Also, note that schools are now required to report all original failing grades (even those remediated for purposes other than athletic eligibility) to any school to which the student transfers. So, if a student’s transcript does not reflect that an “F” was originally earned in a certain course (because the student remediated the grade to a passing mark), the school must still let the next secondary school know that the student originally failed the course.

S-4. When is the ineligibility period for a student who participate in football and baseball and who does not pass all coursework at the end of first semester but passes all at the end of second semester?

If the student goes out for baseball, his ineligibility will apply to this sport.

STUDENTS WITH DISABILITIES

SD-1. How does the rule affect a student with an IEP?

A student with an IEP (Individualized Education Program) is not subject to “pass all.” The student is not to be denied eligibility on the basis of grades if the student is making adequate progress, as determined by school officials, towards the goals and objectives on the student’s IEP.

SD-2. May a school set higher requirements for students with disabilities, such as by holding students with disabilities to the “pass all” rule applicable to students without disabilities?

No. So long as the student is making adequate progress toward goals, on the student’s IEP, as determined by school officials, the student “shall not be denied eligibility” based on scholarship. What constitutes adequate progress will vary based on the facts of each student’s case.

SD-3. Who determines “adequate progress” for a student with an IEP?

“School officials” make that determination, not the student’s IEP team and not the student’s parents.

SD-4. What happens after school officials determine what progress a student with disabilities is required to achieve to be eligible for competition?

Those officials must immediately communicate what “adequate progress” constitutes to the student and the student’s parents, teachers, and others who assign grades to or monitor the progress of the student.

SD-5. Are students with IEPs required to attain their goals to be eligible?

The rule requires adequate progress toward goals, not goal attainment. In some cases, a student may make adequate progress toward a goal without necessarily attaining it. In other cases, goal attainment might be the only outcome that would constitute “adequate progress.” Whether goal attainment constitutes the required “adequate progress” depends on the facts of each case.

SD-6. What if a student with an IEP fails a class for which there are no express IEP goals and no specially designed instruction?

Examine the relationship between the IEP goals and the failed course. If there is a close relationship between the IEP goal(s) and the failed course, and the student made adequate progress on the IEP’s goal(s), then the student is eligible. If there is a close relationship and the student did not make adequate progress toward an IEP goal, then the student is not eligible. If there is little or no relationship between an IEP goal and the course failed, the student is not eligible.

SD-7. What if a student with an IEP passes all classes yet does not make “adequate progress” on IEP goals?

In this extremely unlikely event, the competitor is eligible.

SD-8. What if an ineligible student’s IEP provides for “participation” in interscholastic activities?

An ineligible student may participate (e.g., practicing, serving as team manager) without competing. An IEP team has no authority to provide that a student with an IEP, who otherwise would be academically ineligible for competition, must be allowed to compete in interscholastic competition.

SD-9. What if a student is being currently evaluated for special education?

Until the evaluation is complete, the student must meet requirements applicable to students without IEPs. Once the evaluation is complete and an IEP is developed, apply this rule to determine the student’s eligibility.

SD-10. What happens if a student with a disability is not eligible under this rule?

As is true of non-disabled students, the student may practice, but may not participate in competition or dress for competition. A local district may provide, however, that ineligible competitors are not permitted to practice.

SD-11. Does the rule providing exceptions for students with disabilities (36.15(2)(d)) apply to students who only have Section 504 accommodation plans?

No. The purpose of a 504 accommodation plan is to put the student on equal footing with the student’s non- disabled peers, whereas an IEP is for students for whom a level

playing field is not the expected outcome.

SD-12. Does the rule providing exceptions for students with disabilities (36.15(2)(d)) apply to an ELL (English Language Learner) student who may have difficulty with school work because of lack of proficiency in English?

No. An ELL student is to be receiving services designed to make the student proficient in the English language including specialized instruction and assessments to provide equal access to content. An ELL student is not considered a student with a disability because of their ELL status.

MISCELLANEOUS

M-1. After the student has sat out her 30 consecutive calendar days of ineligibility, is there a requirement that her grades be re-checked before she may compete?

No. Absent local policy to the contrary, students are immediately eligible again after serving their full period of ineligibility.

M-2. What does it mean that a student “receive credit” in at least four subjects?

EXAMPLE: A student is enrolled in only four subjects. One is physical education and his school does not award credit for P.E. The student is not eligible to participate in interscholastic athletics until he is enrolled in and receiving credit for four subjects.

M-3. If a student audits a course (doesn’t receive a grade), how is the student affected by the rule?

This student is only affected if s/he otherwise is not enrolled in and receiving credit in four other courses.

EXAMPLE: A student audits a course and is enrolled in four other subjects. She gets no credit for the course she audits. To maintain eligibility, she must pass the other four subjects.

M-4. If a high school has a local policy that it will check grades every two weeks and impose five days’ ineligibility for not passing all courses at any checkpoint, if a student still has an “F” on the report card may the five days be subtracted from the 30 consecutive calendar days of ineligibility?

No. Local policy may only impose a more stringent rule. This would make the state rule less stringent. Ideally, if a school checks grades often and provides appropriate interventions (and if the parents cooperate with the school), a student’s exposure to failing at the end of a grading period should be greatly reduced.

M-5. Does the scholarship rule just apply to varsity sports?

It applies to students who compete at any level.

M-6. Does the scholarship rule just apply to sports? What about speech, music, drill team, etc.?

The State Board of Education, which adopts all the rules in chapter 36, only has authority from the Iowa Legislature to adopt eligibility rules for students who compete in interscholastic athletics. (See Iowa Code section 280.13.) The IHSSA (speech – www.ihssa.org) and IHSMA (music – www.ihsmo.org) set their own rules.

Competitive dance, drill teams, cheer squads, etc., are not “sports” sanctioned by either the IHSSA or the IGHSAA; therefore, local policy alone dictates the eligibility

requirements of participants in those activities.

M-7. Could a local requirement that a student must have a 2.0 GPA override or supersede the state rule?

Local policy may only impose a more stringent rule. A 2.0 GPA rule may not be more stringent in all cases. For instance, a 2.0 GPA could include 4 B's and 1 F, which is not as stringent. However, 5 D's is eligible under the state rule, but not under a 2.0 rule. Therefore, a local 2.0 requirement would have to work in combination with the state rule of "pass all." **A student must meet the stricter of the two rules to be eligible.**

M-8. When does the ineligibility period of 30 consecutive calendar days start for a student who is not presently in a sport when the student receives an "F?"

The period of ineligibility starts with the first legal playing date, not the first day of practice and not the first date on which the student's team has a competition.

M-9. If a fall sport student does not pass all coursework in the first grading period of a school year, but does not compete in any sports the rest of that school year and all next school year – and passes all coursework in all other grading periods – will the student be ineligible in his or her fall sport two years (or more later)?

No. The guidance here is that a student who has a full academic year in which the student did not fail any coursework is eligible. The "look back" period is one full academic year only.

EXAMPLE 1: A cross-country runner who competes in nothing else, fails a course first semester. He passes all his courses second semester. If he goes out for cross country again the next year, he is ineligible for the first 30 consecutive calendar days of competition in cross country.

EXAMPLE 2: A cross-country runner who competes in nothing else, fails a course first semester. He passes all of his courses second semester. He does not go out for any sports the next year, and he continues to pass all of his courses. If he goes out for cross country after taking a year off from the sport, he is immediately eligible.

M-10. Does the period of ineligibility include intra-squad scrimmages?

No. The period of ineligibility does not include an *intra-squad* scrimmage.

M-11. What is the penalty if a school allows an ineligible contestant to compete?

If a school permits or allows participation in any event by a person in violation of the eligibility rules, the penalties may include, but are not limited to, the following: forfeiture of contests or events or both, involving any ineligible student(s); adjustment or relinquishment of conference/district/tournament standings; and return of team awards or individual awards or both.

M-12. If a student's 30th consecutive calendar day is on Friday, may the student participate on Friday night? What if the 30th consecutive calendar day is a Saturday and there is a competition that day? That night?

Ineligibility under this rule terminates at 12:01 a.m. on the 31st consecutive calendar day, whether that day is or is not a school day. This interpretation is different from that given a transfer student who is sitting out 90 consecutive school days from varsity competition. The transfer student is eligible at the conclusion of the afternoon of the 90th consecutive school day because all transfer students are impacted equally. The

90th consecutive school day for transfer students is always a school day. However, because the period of ineligibility under the “pass all” rule is measured in calendar days, for some students the 30th consecutive calendar day is a school day and others not, it is necessary to wait until the next (31st) consecutive calendar day before the student is eligible. Therefore, if the 30th consecutive calendar day is a Friday, the student does NOT participate Friday night, but may participate the next day. If the 30th consecutive calendar day is a Saturday, the student does NOT participate at any time that Saturday but may participate the next day.

M-13. If a student is academically ineligible, but is injured and not cleared to participate when the season starts, when does the student’s 30 days start?

The student’s 30 consecutive calendar days start when he is medically cleared to participate.

M-14. Appeals – what may be appealed and to whom?

If a student wants to contest the validity of a failing grade, the student may do so only to the student’s local school, and not to the IHSAA or IGHS AU. On the other hand, if a student concedes the validity of the “F,” but wants to dispute some other aspect of the scholarship rule, the student may appeal to the executive director and then to the governing board of the IHSAA or IGHS AU

EXAMPLE 1: A student receives an “F,” but is sure that the grade is a mistake. He must appeal to his local school administrators and then to his local school board. Local administrators and board have authority to change a grade under any of the following circumstances:

- a. The grade was the result of a clerical, mathematical, or mechanical mistake.
- b. The grade was the result of incompetence by the teacher.
- c. The grade was the result of bad faith on the part of the teacher.
- d. The grade was the result of fraud on the part of the teacher.

EXAMPLE 2: A student fails French I, the successful completion of which is a prerequisite to taking French II. Her school allows her to enroll in French II, which she also fails. Her claim that she should not have been enrolled in French II must start with the local school, which may allow her to withdraw with no adverse consequences (assuming she received credit for four courses) if the school officials or board finds that the student indeed should not have been enrolled in French II.

EXAMPLE 3: A student must sit out 30 consecutive calendar days in golf because of an “F” that he admits is the correct grade. On day 15 of golf season, he breaks his left ankle, and is not physically able to finish the golf season. He goes out for cross country the next fall to strengthen the ankle and believes that he should not be ineligible for 15 consecutive calendar days for cross country because the broken ankle was outside of his control. The student’s appeal goes to the IHSAA or IGHS AU for initial ruling, then to the IHSAA Board of Control or IGHS AU Board of Directors, and finally to the Director of the Department of Education.

M-15. If a student transfers from another state or country how is their academic eligibility determined?

The student’s eligibility is determined by the final grades received from the last grading period (semester, trimester, block, etc.) before enrolling into an Iowa school. Any final, failing grades issued during that grading period by the prior school will result in the

student being ineligible according the Scholarship Rule 36.15(2). Failing grades received during grading periods prior to the final grading period will not be considered.

BOTH APPEAL PROCESS CAN TAKE 1-6 MONTHS

During an appeal, the ineligibility period is not delayed.

MAY AN INELIGIBLE ATHLETE PARTICIPATE IN PRACTICE SESSIONS?

Athletes of member schools may be ineligible for various reasons such as for failure in academic studies, being out of school the previous semester, having transferred to another school system without a like transfer of the parents, violation of good conduct regulations, etc. However, the Board of Control recommends that member schools permit such ineligible athletes to participate in regular practice sessions. There may be situations where local administrators and coaches would deny such opportunity to its ineligible athletes for the benefits of all concerned, but the local school may determine and permit such participation in its practice sessions.

EIGHT-SEMESTER RULE

A student who meets all other qualifications may be eligible to participate in interscholastic athletics for a maximum of eight consecutive semesters upon entering the 9th grade for the first time. Extenuating circumstances, such as health, may be the basis of an appeal to the Executive Board which may extend the eligibility of a student when it finds the interest of the student and interscholastic athletics will be benefited. When a student receives his diploma from high school, he is still considered an undergraduate until the subsequent semester starts. If a student attends high school at least 20 days or participates in an interscholastic contest, he is charged with a semester of interscholastic eligibility. Any student who is scholastically eligible at the end of a semester is scholastically eligible until the subsequent semester starts. When a student reaches 20 years of age, he is ineligible to compete in interscholastic competition. Likewise, no student below the 9th grade may compete in high school athletics. A student is not considered a high school athlete until he enters the 9th grade and carries at least 20 semester hours of work. (Exception: An 8th-grade student is eligible for summer baseball.)

In summary, once the student enters the 9th grade for the first time, he is permitted a maximum of eight consecutive semesters of eligibility. It really makes no difference whether he is in attendance or not. It is simply eight consecutive semesters of eligibility participation permitted from the time he first enters the 9th grade.

Q1: We have a student who, at the end of his 7th semester, had enough credits to graduate but chose to remain in school and take additional subjects during the second semester. He is not regarded by our school as doing postgraduate work but rather as a regular student in the 12th grade. He will graduate in June. Is he eligible for interscholastic competition during his 8th semester?

A1: The student is regarded as an undergraduate and is eligible for interscholastic athletics competition provided he is carrying 20 semester hours or the equivalent thereof.

Q2: We have a student who is past 20 years of age. He was forced to drop out of school during his junior year due to serious illness and hence was unable to finish with his regular class. He did not have the opportunity of playing four years of high school basketball because of his illness. Is there any way we can regard him as eligible during the present basketball season?

A2: No. The student is ineligible since he is 20 years old, however, the student could have his circumstances reviewed by the Board of Control.

Q3: We have a student who was not in school during his 5th semester; however, he re-entered at the beginning of his 6th semester. Does this semester (5th) he was not in school count toward his eligibility?

A3: Yes. The semester counts as one of the eight consecutive semesters of eligibility participation he is permitted. It really makes no difference whether he was in school or not. It is eight consecutive semesters of eligibility participation a student athlete is permitted after he first enters the 9th grade.

STUDENT GRADUATING AT MIDYEAR

Many students are on an accelerated program now and have sufficient credits to graduate at midyear. Students graduating at midyear then forfeit their eligibility for the subsequent semester including the remainder of the winter sports season, spring sports season and the summer baseball season. If a student wants to compete in spring activities, the student must be enrolled in four courses that they can receive credit in.

GENERAL TRANSFER RULE ATHLETIC ELIGIBILITY - IS THE STUDENT ELIGIBLE AS A RESULT OF A CHANGE IN RESIDENCE?

Iowa Administrative Code ("IAC" or "Code") Section 281-36.15(3), the general transfer rule (the "General Transfer Rule" or "Rule") provides that a student who transfers is ineligible for a period of 90 school days unless one of the listed exceptions applies. Subsection a(1) of this Code section provides for an exception to the General Transfer Rule in cases of contemporaneous change in parental residence. If this occurs, the student is immediately eligible.

The General Transfer Rule itself is concerned not just with the residence of the student, but a "change" in the residence. This contemplates that the residency will change from one to another district. The Iowa Code defines a "resident" for purposes of determining when a child is "physically present in a district, whose residence has not been established in another district." Again, this clearly implies that there can be only one residence. Interpreting the term "residence" to allow for multiple residences would render the General Transfer Rule meaningless and this is not permitted as a tenant of statutory construction. One cannot interpret a part of statute in such a manner so as to render another part, and certainly the statute as a whole, meaningless.

Even with these seemingly clear requirements, proving residency for purposes of eligibility is not so clear-cut. Because there can only be one residence, the IHSAA must determine that the family in fact has only one residence. Inquiry must be made as to what was the disposition or impending disposition of the former residence. Next, the Rule requires that the student be in the district for the purpose of "making a home." Again, this specific language should not be disregarded. The Code did not simply require the student to be living in the district. As such, the IHSAA must consider the various indicia of a residence being a home. These indicia should include, but not necessarily limited to: 1) voter registration; 2) driver's licenses; 3) homestead tax credit election; 4) nature of property rights in the district, lease versus ownership, long term lease or month to month; 5) removal of personal property to the new residence. Is the student physically present in the district for the purpose of making a home?

The General Transfer Rule also provides that in order to prove residency, the student must show that he or she is "physically present in the district for the purpose of making a home and not solely for school or athletic purposes." Again, under basic tenants of statutory construction, one must give meaning to all of the provisions, terms and words. Clearly, the phrase "not solely" indicates that school and athletics can be a factor in making the home within the district. However, "not solely" does require that there be another reason for changing the residence and becoming immediately eligible

for athletics.

Given these provisions and the language used, in order for a transfer to fall within the exception and become immediately eligible, the following must be determined:

1. Is the student physically present in the district for the purpose of making it his home? Is there evidence the student and his family are indeed physically present (e.g. rental agreement, purchase agreement, etc.)
2. Is this home a change in the parents' residence? (e.g., see above. Is there evidence the family has only one residence?)
3. Was the change in the residence for some purpose other than school or athletic purposes? (e.g. is there evidence indicating a reason for the change in residence other than school or athletic reasons?)

Bottom line--don't let a student participate solely because he lists an address in your district. Verify the information indicated above to ensure the student and his parents (or custodial parent in the case of a split family) have indeed completed a bonafide change in residence into your district before he is allowed to participate at the varsity level.

INTERPRETATION PERTAINING TO ESTABLISHING A RESIDENCY

The Board of Control approved an interpretation relative to one aspect of the transfer rule whereby the use of discretionary consideration be given to transfer cases where information is known to be factual and, without a doubt, the family is planning to make a bonafide move. The Board of Control will assert discretionary power to rule on transfer cases that are a result of a move on the part of the parents after all of the following items have been submitted and substantiated in writing to the Iowa High School Athletic Association Office:

1. A letter from the new renter or owner verifying the previous home is sold or rented.
2. A letter of verification of purchase/rental possession of new home.
3. A letter from new/previous employer verifying move.
4. A letter from the receiving school indicating, to the best of their ability, a bonafide move has transpired.
5. Notification of the date of transfer (move).

If the move is not planned within 45 days of the time the student(s) start school (classes), the Board of Control will not honor said request.

EXAMPLE: Superintendent from school X takes a new job in school Y. He is now working in school Y. He has sold his home in school X district. He bought a home in school Y district but cannot get possession until October 1. The children are going to school Y and they are driving back and forth from town X and Y each day. If the above items are confirmed and documented, there is no reason eligibility may be approved.

ELIGIBILITY FOR TRANSFERS

A transfer could involve either a student who has eligibility remaining for the next school year, or one who has completed his eligibility for consecutive semesters of participation. The principal or superintendent of the receiving school must assume all responsibilities in establishing eligibility of the incoming student, as described below. Before any consideration should be given, it must be certain that the parents have made a bonafide change of residence, meaning that all of their household goods have been removed from their previous residence and transferred to their new residence; that the parents actually reside day and night in their new home; that no attempts are made in any way to circumvent the meaning of the transfer rule.

For the high school student transferring, but who **has not completed** eight semesters of attendance, the principal or superintendent of the receiving school shall:

1. Secure a written transcript of all high school credits.
2. Make certain that the student is eligible in all other respects.
3. Complete his registration for the first semester of the next year.

For the high school student transferring who **has completed** his 8th semester of attendance and who may not have graduated, the principal or superintendent of the receiving school shall:

4. Comply with requirements a, b, and c above.

Any student involved in a transfer under the above conditions shall be ineligible in his new school district until all requirements have been fulfilled. If there is any doubt about a transfer complying with any phases of any requirement, the administrator is urged to contact your Association Office.

Q1: A student transfers to a school because his parents have moved to the community in which the school is located. His scholastic and athletic records are satisfactory. May such a student be allowed to participate?

A1: If the conditions in a, b, c, and d above have been met, the student is eligible at the close of his first day of attendance.

Q2a: We have a student this semester who attended school A last semester while his parents lived in school district

Q2b: During the summer, they moved into our school district. Is he eligible for interscholastic competition at our school this fall?

A2a/b: Yes, he is eligible.

Q3: We have a student enrolled this fall who last year attended school H. He lived with his parents on a farm three miles west of the town of H. During the summer, the parents moved into a house across the road from their former home and in the same school district. The student decided to come to our school this fall. Is he eligible for athletics at our school during the present semester?

A3: No, the student is ineligible at your school during the present semester.

Q4: We have a student who entered our school this fall who had been living in California with his mother and stepfather. The whereabouts of his father are unknown. The child and his stepfather were unable to agree and the stepfather has ordered the boy out of his home. He has come to live with an uncle in our school district. Is he eligible for interscholastic athletics immediately?

A4: The student is ineligible since there has not been a like change of residence. However, the Board of Control has the authority to rule a student eligible after considering factors as outlined in Eligibility Rule 36.15(3)"a"(8).

Q5: We have a student who entered our school this fall but who attended school last semester in a neighboring town. Previous to last semester, he had been a regular student at our school. About the first of January, the parents separated and he went to live with his mother who was employed in a neighboring town. The mother's work at the present time is such that it is impossible for her to maintain a home and supervision for the child. He has returned to our town to make his home with an older brother. Is he eligible immediately?

A5: Same as for question 4.

- Q6:** We have a student attending our school whose parents were divorced last year. In the divorce decree, the court ordered the child to live with his mother last year in the town of K and to live this year with his father in our town. He is to alternate each year until he finishes school. Is he eligible for athletics at our school?
- A6:** Yes, he is eligible for interscholastic athletics at your school during the current semester.
- Q7:** We have a student who lives in our school district with his parents. Each day he drives to a neighboring community and attends school in a different school district. He has decided that he would like to go to school in the district in which his parents are now living. Is he eligible?
- A7:** No, he is ineligible for 90 school days at the varsity level.
- Q8:** We have a student living in our school district who has been attending a private school in our district. He would now like to attend the public school in the district in which he and his parents live. Would he be eligible?
- A8:** No, he is ineligible for 90 school days at the varsity level.
- Q9:** We have a student who has attended our school for a period of three years. He is a senior this year and a good basketball player. During the past summer, his parents moved from our school district to the town of N. He has decided to stay here and live with friends and attend our school this year where he expects to graduate this spring. Is he eligible for interscholastic athletics at our school?
- A9:** Yes, he is eligible at your school.
- Q10:** We have a student who attended our school as a freshman. He attended school at the town of P during his sophomore and junior years. He made his home there with his grandparents. His parents have lived in our school district for the last 15 years and are still residents of this district. He has now decided to return to the home of his parents and he has entered our school this fall to complete his senior year. Is he eligible for interscholastic athletics?
- A10:** Yes, he is eligible. A student may always return to the home of his parents and be eligible immediately providing his parents live in your school district.
- Q11:** We have a student who entered our school this fall, having attended school in the town of T for the past two years. His parents lived on a farm two miles north of the town of T and in the T school district until March 1st last year, when they moved on a farm in our school district. He finished out the school year at T last year, making his home with friends in the town of T. This fall he has entered our school. Is he eligible?
- A11:** Yes, he is eligible at your school during the current semester.
- Q12:** We have a student who entered our school this fall having attended a school in the town of T for the past two years. His parents have not made a change of residence. He is 18 years old. Is he eligible for interscholastic athletics?
- A12:** No, he is not eligible for interscholastic athletics for a period of 90 school days at the varsity level.
- Q13:** We have a student who entered school this fall. The student's parents were killed in an automobile accident this summer and he has come to live with his grandfather who lives in our school district. His grandfather has been appointed his legal guardian by the courts. Is the student eligible for interscholastic athletics?
- A13:** Yes, the student is eligible.
- Q14:** We have a student attending our school this fall whose parents separated during the

summer. The student's uncle, who is a resident of our school district, was appointed his legal guardian by the courts. The student has come to live with his uncle and is attending our school. Is he eligible?

A14: The student is ineligible. The creation of legal guardianship does not answer the question as to why the student is not living with a parent.

Q15: We have a student attending our school this fall whose parents have been divorced for several years. The student has lived with his biological mother in our school district for many years. The student now wants to go live with his biological father in Town X and attend high school in Town X. Will he have immediate eligibility there?

A15: Unless there has been a change in the marital status of the student's biological mother, or a change in the divorce decree granting the biological father custody, the student will be ineligible for 90 school days at the varsity level at X High School.

FOREIGN EXCHANGE STUDENT ELIGIBILITY

The Executive Officer or Executive Board is empowered to consider and apply the following exception, formally or informally, in ruling the eligibility of a transfer student.

In ruling upon eligibility of foreign exchange students, the Executive Board is authorized to make any ruling regarding the student's eligibility deemed to be fair and reasonable.

In accordance with the Constitution and Bylaws of the Iowa High School Athletic Association, the Board of Control has established three (3) guidelines which they feel are fair and reasonable in helping to determine the eligibility of a foreign exchange student. The following three guidelines will aid the administrative staff and Board of Control in determining the eligibility status of the foreign exchange student.

GUIDELINES

1. A student who has not reached 20 years of age.
2. There is no evidence of recruiting or other improper conduct on the part of the school officials, employees, or community persons attempting to get this student in your school.
3. Athletic participation is not a major factor in the student's decision in becoming a foreign exchange student.

SUMMER CAMPS AND CLINICS, COACHING CONTACT OUT OF SEASON AND NON-SCHOOL TEAM PARTICIPATION

DEFINITIONS

1. Who is a "volunteer" as used in 36.15(6)?

A volunteer is an unpaid person who holds a coaching authorization or a coaching endorsement and who is acting under the direction of an employed coach and with the knowledge and approval of the school administration.

2. Who is a "coach" as used in 36.15(6)?

"Coach" means an individual, with coaching endorsement or authorization as required by Iowa law, employed by a school district under the provisions of an extracurricular athletic contract or employed by a nonpublic school in a position responsible for an extracurricular athletic activity. "Coach" also includes an individual who instructs, diagnoses, prescribes, evaluates, assists, or directs student learning of an interscholastic athletic endeavor on a voluntary basis on behalf of a school or school district.

3. What is covered by the term “coaching”?

Can a school’s coach have his/her spouse or friend serve as the “declared coach” of a non-school team while the school’s coach is providing instruction in the background?

A coach diagnoses, prescribes, evaluates and directs student learning and supervises assistant coaches and volunteers in the performance of coaching objectives. If a coach is “directing” student-athlete learning through another person, “prescribing” who should play, at what position, “evaluating” skills and determining who needs to work on certain skills, then the coach is coaching.

4. What does “conflict with sports in season” mean?

If a student-athlete has to make a choice between participating in a practice, game or other team activity for a sport in season or participating in an activity for a sport that is not in-season held at a member or associate member school facility, or supervised or sponsored by an out-of-season school coach, a conflict exists. The sport in season takes precedence. In cases of emergency or rescheduling, the priority is with the sport in season.

5. What is “summertime” as defined in 36.15(6)?

Summertime is defined as June 1 until the first day of fall sports practices.

6. What is “participating” as defined in 36.15(7)?

If a student is a member of the school team, she is “participating” in that sport. A student is “participating” on a non-school team when the team is involved in a competition. Practice with a non-school team does not constitute participation.

7. What is covered by the term “school facility”?

Any facility on campus or off-campus that represents a practice or competition site that is directly affiliated with a school-based activity.

GENERAL INTERPRETATIONS

Can a school impose stricter guidelines on its coaches and/or students than those imposed by these rules? Yes. Stricter policies than outlined by these rules are the prerogative of the local district.

Who is covered by these rules? Students in grades 9-12 and personnel under contract to coach or who serve as volunteer coaches of a school team involving students in grades 9-12. Students and coaches in seventh and eighth grade are NOT covered by the provisions of these rules. However, local school districts may choose to extend non-school participation rules to junior high school students.

9-12 COACHING CONTACT INTERPRETATIONS

1. Is a team meeting during the school year, outside the season legal?

Each coaching staff is allowed one preseason team meeting during the school year, outside the season.

2. If a player works as an instructor at a grade school camp run by their coach during the school year, outside the season, is the coach violating the coaching contact?

During the school year, outside the sport season, each student may work at a one-time, one-day clinic for elementary/middle school students run by their coach without their coach violating the coaching contact rule.

3. Can coaches officiate their athletes outside the sport season, during the school year or during the summer?

Yes. Officiating does not constitute coaching contact.

4. During the school year, outside the sport season, can a coach practice or compete with or against his/her students in the sport(s) he/she coaches?

No. Practicing or competing with or against students on a coach's team constitutes coaching.

5. During the softball season and after May 31, a softball player has enrolled in an off-campus basketball camp in which her basketball coach is a member of the camp staff. Can the softball player still attend the camp?

Yes. The student can participate in any camp, clinic, etc. s/he chooses. However, the student's basketball coach shall not require his/her students to participate in the camp.

6. Does transportation during the school year, outside the season count as contact?

No. The act of transporting students to non-school competitions, camps, clinics, etc. is permissible during the school year, outside the season as long as no coaching occurs. If school transportation is used it must be used subject to Iowa Code 285.10 (9) and (10).

7. Softball practice is scheduled from 1-3 p.m. A student is attending an on-campus camp that causes her to miss softball practice.

If a potential conflict exists when an on-campus summer camp, clinic, workout, or other team activity is scheduled at the same time as a baseball or softball practice or game, the student athlete shall go to the in-season sport activity, unless released by the in-season coach. The in-season sport has priority. Local school administration shall determine how to avoid conflicts.

8. The high school football coach has a film session for a group of football players who also play baseball on a day during the summertime. Baseball practice is also scheduled at this time. Is this a violation? Coaching activities between June 1 and the first day of fall sports practices shall not conflict with sports in season. If a potential conflict exists, the student athlete shall go to the in-season sport activity. The in-season sport always has priority. Local school administration shall determine guidelines on how to avoid conflicts.

9. Can the coach of the high school basketball team coach a club or AAU volleyball team during the school year outside the volleyball season?

Yes, as long as the high school basketball coach is not also serving as a high school volleyball coach (paid or volunteer) for his/her school.

10. Can the coach of the high school baseball team coach the high school softball players during the school year?

Yes, as long as the high school baseball coach is not also serving as a softball coach (paid or volunteer) for that school.

11. Can the coach of a high school basketball team coach an all-star team that includes a player from his own team?

Yes, as long as that player is a senior whose interscholastic athletic season for that sport has concluded.

12. Can the coach of a high school girls' or boys' team coach a junior high team or club team in that same sport during the school year, outside the season, if that team does not include any of his/her high school student-athletes?

Yes, the coaching contact rule is specific to 9-12 coaches and their 9-12 student-athletes.

- 13. During the school year, outside the season, can the coach of the high school girls swim team coach the youth girls swim club program practice (all students under the 9th grade) at the same time the high school girls' club program is practicing? The youth program practices in lanes 1-3 and the high school girls are practicing in lanes 4-6.**

No. This is a violation of the coaching contact rule and would apply to all sports where the same facility is being used at the same time for students in grades below the 9th grade and 9th grade and above.

- 14. During the summer can an out-of-season high school coach require attendance at any workouts, camps, clinics, or other activities?**

No, attendance at any out-of-season activities must be totally voluntary and cannot be required. Coaches cannot punish or reward student-athletes based on attendance at any out-of-season activities.

- 15. May a high school coach of an out-of-season sport require a player to attend an out-of-season camp in that sport during the school year?**

No. A high school coach may not require his/her students to attend a camp outside the high school season at any time.

- 16. During the school year outside the season, can a coach of a high school team coach his/her student athletes in a sport in which he/she is under contract (paid or volunteer) with the school district?**

No, during the school year outside the sport season, coaching contact is illegal. However, a coach may supervise a workout or open facility with approval of the local school administration. This is for supervision purposes only and no coaching can occur.

- 17. During the school year outside the baseball season, can the baseball coach supervise open facility with baseball players at the batting cage.**

Yes, the coach may supervise but may not coach his/her student athletes.

- 18. Can the high school basketball coach open and supervise the weight room for his/her basketball players for strength and conditioning during the school year?**

Yes, but the basketball coach shall not coach sport specific drills or techniques.

- 19. During the school year outside the season, can the coach of a high school team coach a non-school team if there are no members of his or her high school team on the non-school team, but they are competing against a non-school team comprised of members of the coach's high school team?**

Yes, because the coach is not coaching the student athletes from his/her high school team.

- 20. During the designated "Family Week," may a coach conduct "voluntary" workouts?**

No. Coaches are to have no contact with students during the "Family Week."

- 21. During the designated "Family Week," may a school's fitness center/weight room be available for use by students?**

No. This is considered a school sport activity.

- 22. During the designated "Family Week," may a coach conduct "leadership training" with students?**

No. Coaches are to have no contact with students during the "Family Week."

23. During the designated “Family Week,” may students assist at community events?

Yes, as long as it is not organized by the school or the coach and as long as the coach is not present.

NON-SCHOOL PARTICIPATION INTERPRETATIONS

1. What procedure must be followed if a student wishes to participate in a non-school event in the same sport during the school team season?

The local school board shall by policy determine whether or not participation in non-school athletic events during the same season is permitted and provide penalties for students who may be in violation of the board’s policy.

2. May the high school coach of a summer sport give a player permission to miss a practice, contest or team activity:

a. To attend an out-of-season camp on his/her own in a different sport?

Yes. No violation occurs because permission was given.

b. To attend a camp in an out-of-season sport in which the student’s out-of-season sport will have contact?

Yes, the in-season coach *may* give permission, but does not *have* to give permission.

3. May a high school coach of a sport not in season require a player to attend an out-of-season camp in that sport?

No. A high school coach may not require his/her students to attend a camp outside the high school season.

4. When does the school team season begin and end?

The first legal date of practice defines the start of the school team season, and the school season ends on the final day of the state tournament.

5. Do the non-school participation rules prohibit any participation in sports that are not currently in season?

No. The only non-school sports prohibited by this rule are those that are concurrent with the school team season.

FAMILY – COACH CONTACT

1. I’m a coach and my son or daughter plays basketball for me on the high school team. Is it permissible for me to have contact at any time of the school year or between June 1 and the first day of fall sports practices?

Yes. At no time is contact with a son or daughter a violation of any rule. However, during the school year outside the basketball season, if other members of the high school team are present, this becomes a violation.

2. A team’s head coach and assistant coach each have a daughter playing for the school’s volleyball team. May the head coach and the assistant coach be in the gym giving instruction to their respective daughters at the same time?

Yes. Coaches may work with their family members at any time without being assessed contact. If other members of the team are in the gym, contact occurs.

3. Some of his/her friends want to participate in a tournament. May I transport them to the

site of the tournament, but not coach them?

Yes, so long as your son or daughter is a participant in the tournament.

4. A team's head coach and assistant coach each have a child playing for the school's basketball team. May the head coach and the assistant coach be in the gym giving instruction to their respective children at the same time?

Yes. Coaches may work with their family members at any time without being assessed contact. If other members of the team are in the gym, contact occurs.

COLLEGE TRYOUTS

Scholarship Rule 36.15(2) h prohibits high school students from participating and/or training with or against college athletes who are representing their collegiate institution or as part of an event sanctioned or sponsored by a collegiate institution. Nothing in the rules prohibits a high school student from participating in a one-time tryout with or against members of a college team with permission from the member school's administration and the respective collegiate institution's athletic administration.

PERMIT SCHOOL-COMPENSATED PERSONNEL TO COACH AND/OR INSTRUCT 7TH & 8TH GRADE STUDENTS IN NONSCHOOL TEAM PARTICIPATION OUTSIDE THE SEASON

School-compensated personnel are permitted to coach or instruct any of their 7th and 8th-grade athletes outside the sport season during the school year. Please keep in mind the rule restricting school-compensated personnel coaching or instructing any of their high school athletes during the school year remains unchanged.

WHAT IS AN AMATEUR?

To determine whether or not a student is an amateur can be explained as follows: If a student were asked to play on the town baseball team and if the student accepted \$5 for playing in the game, this would make him a professional baseball player and he would lose his eligibility in high school baseball. Likewise, if he were asked to play on this team and he accepted money for expenses to provide for his transportation and meals, he would be ineligible for high school baseball because the acceptance of any money is a violation. If a student plays on a town team and the manager furnishes him transportation and purchases his meals, such student takes no money whatsoever and is considered an amateur, and thus he would not lose his eligibility in high school baseball.

UNDUE INFLUENCE

Q1: A local businessman is very interested in having our high school basketball team be successful. He has a very profitable business and employs many people. During the summer he went to a neighboring town and hired a man to work for him with the understanding that the man would move his family to our town and send his child to our school. The student has enrolled this fall and is an outstanding athlete. We do not approve of this practice and wonder if there is any rule in the Association that would make this student ineligible for interscholastic competition at our school during the present semester?

A1: No, the student has not violated the transfer rules.

Q2: The basketball coach was in Germany last summer as part of a basketball exchange program. Since his return to the states, our coach has received correspondence from a boy he made an acquaintance with while on the exchange program. The young man expressed a desire to enroll in our school and play basketball. What is the eligibility status of this young

man? Could he attend our school and play basketball?

A2: The student will be ineligible to play basketball at the varsity level for 90-school days.

Q3: Would the following be regarded as undue influence? School personnel (to include coaching staff members) entice a student to attend their high school because the chances of getting to the state tournament is better than where the student currently attends school.

A3: Yes, this undue influence.

Q4: School personnel encouraged a student athlete to attend their school, acknowledging the greater potential to be recruited and obtaining an athletic scholarship at the collegiate level.

A4: Yes, this is undue influence.

Q5: School personnel offers transportation, assistance in employment, or waive the cost of school related expenditures.

A5: Yes, this is undue influence.

Q6: School personnel offers certain favors to the student or student's family members in hopes the family will make the move to enroll their child in the given school district.

A6: Yes, this is undue influence. **COMMENT:** Coaches, if a student athlete or parent(s) of an athlete contacts you as to a possible transfer, refer them to the building administrator. This will help to eliminate any potential problems relative to recruitment or undue influence.

SPORTSMANSHIP OF SCHOOL PERSONNEL

Any person affiliated with a school involved in a contest is responsible to conduct their actions in such a manner as to represent the high ideals and principles of their school. The same is expected of the athletes, to demonstrate only the finest sportsmanship. The adherence to good sportsmanship and good conduct by all personnel is the responsibility of each member school. Any coach who cannot assume these responsibilities should not have the privilege and honor of coaching students in interscholastic athletics.

The coach has the responsibility of having the team appear for and complete the contest, and then return the team to its home school.

Penalty: For failure to appear or compete in a contracted game/meet, the school's athletic schedule for that sport will be automatically terminated at the end of the calendar week following the incident.

Q1: Our coach was very disturbed with the officiating of a basketball game and, therefore, took the team to the locker room and refused to play. I am wondering whether or not this is a violation of the Association rule.

A1: Yes, this is a violation and the Board of Control will not tolerate such action. This violation will be reported immediately to the Association by the school administrator. The school's administrative staff (superintendent, principal, or athletic director) may request a hearing on the matter at the Association Office, Boone, Iowa, within five days of the incident.

The purpose of the hearing is to provide the school with an opportunity to explain the circumstances involved and to satisfy the Association's administrative staff that the problem has been taken care of at the school level.

If the school is dissatisfied with the penalty provisions prescribed by the administrative staff of the IHSA, they may appeal the decision to the Board of Control of the IHSA in writing within 10 days of

the written decision of the administrative staff.

The appeal decision of the Board of Control will be final.

PUBLIC CONDUCT ON SCHOOL PREMISES

School sponsored or approved activities are an important part of the school program and offer students the opportunity to participate in a variety of activities not offered during the regular school day. School sponsored or approved activities are provided for the enjoyment and opportunity for involvement they afford the students.

Spectators will not be allowed to interfere with the enjoyment of the students participating, other spectators, or with the performance of employees and officials supervising the school sponsored or approved activity.

Upon recommendation of the superintendent, the board shall cause a notice of exclusion from sponsored or approved activities to be sent to the spectator involved. The notice shall advise the spectator of the school district's right to exclude the individual from school district activities and events and the duration of the exclusion. If the spectator disobeys the school official or district's order, law enforcement authorities may be contacted and asked to remove the spectator. If a spectator has been notified of exclusion and thereafter attends a sponsored or approved activity, the spectator shall be advised that his/her attendance will result in prosecution. The school district may obtain a court order for permanent exclusion from future school sponsored activities.

LOCAL RULES AND FORFEITURE OF CONTEST

Local Boards of Education may adopt regulations which are more restrictive than those of the IHSAA. The superintendent has the authority to exclude any athlete from participation in a contest for violation of such regulations. The superintendent's authority is absolute and the Board of Control shall not review such action. A school forfeiting a contest due to the use of an ineligible player may appeal to the Board of Control.

Q1: Regarding a forfeiture, does it make any difference if a student plays one minute or the entire game?

A1: It makes no difference. The situation will be reviewed by the Board of Control.

AFFILIATED ORGANIZATIONS

Q1: Are there any other athletic associations that have affiliated arrangements with the IHSAA?

A1: Yes. The state athletic associations of the various states belonging to the National Federation of State High School Associations are regarded as affiliated organizations and any school, being a member of a state athletic association, may engage in athletic activities with the member schools of the IHSAA.

CONTEST WITH OUT-OF-STATE SCHOOLS

Whenever a member school participates in a contest with a school outside the state of Iowa, that school must be a member in good standing of the state association of that particular state. When you participate against any school outside the state of Iowa, every student must be eligible in every respect. In other words, you could not use a student who was ineligible because of the IHSAA regulations yet might be eligible according to the regulations of another state association. If a student is not eligible to compete against another high school in Iowa, the student is also ineligible when you play an out-of-state opponent.

When you compete against a school outside Iowa, you must adhere to whichever state association's rules are more restrictive. Example: If you compete against a state having a rule that a student can only participate in 3 track events, one of which may be greater than 400 meters, you then would have to adhere to that state's regulation which would be more restrictive than your own association's regulations.

MULTIPLE MEETS OR TOURNAMENTS

Multiple meets involving only Iowa schools do not require a sanction unless the event is not sponsored, organized, or managed by a member school. The administration of the member school hosting the multiple meet shall be responsible for participating schools adhering to the rules and regulations of the IHSAA. The National Federation has regulations relative to sanctioning.

INTRASTATE ATHLETIC EVENT

IHSAA Guidelines for Intrastate Competition

The following guidelines will be adhered to for intrastate events requiring a sanction.

1. Any event in which more than two member schools participate and is not sponsored, organized, or managed by a member school shall require an intrastate sanction.
2. No same sport events will be sanctioned on the date of state governing organizations sponsored events..
3. All rules, regulations, and playing rules of the IHSAA shall apply.

Schools choosing to participate in intrastate events not sponsored, organized, or managed by a member school are responsible for making certain the event is properly sanctioned by the IHSAA. Sanctioning forms are available for intrastate events not sponsored, organized or managed by a member school by contacting either the IHSAA.

Q1: The McLeod Center at the University of Northern Iowa holds an eight-team basketball event. All participating schools are from Iowa. Each school only plays one game. Does this event require an intrastate sanction?

A1: Yes. The event is not organized by a member school.

Q2: Two member schools choose to play a regular season baseball game at Principal Park in Des Moines. Does this game require an intrastate sanction?

A2: No. The event does not involve more than two member schools.

Q3: A local civic organization sponsors an eight-team soccer tournament. The tournament is organized and managed by a member school. Does this tournament require an intrastate sanction?

A3: No. The event has a sponsor, however, the organization and management of the event is the responsibility of a member school.

Q4: A professional group put together an eight-team basketball event. Member schools are invited to move one of their regular season games to the event venue and be played as part of the event. Does this event require an intrastate sanction?

A4: Yes. The event is not organized and managed by a member school.

INTERSTATE ATHLETIC EVENT

IHSAA Guidelines for Interstate Competition

The following guidelines must be adhered to for competition in interstate contests:

1. When competing against a school outside of Iowa, you must adhere to whichever state association rules are more restrictive.
2. Competition is allowed in states contiguous to Iowa and in the state of Kansas. Participating schools for events held in Iowa must be from a state contiguous to Iowa or in the state of Kansas. Loss of school time decisions shall be made by the administration of the participating schools. No sanction form is required.
3. No out of state competition is allowed on the date(s) of state association sponsored events. The IHSAA will not allow any contest at a time when a state association sponsored contest is on the same day.

Q1: Our school attends a track meet held in a neighboring state. We have been notified individuals can compete in six events. Iowa's event limit is four. What limitations apply?

A1: Your athletes must adhere to the Iowa limitation. Even though the host school state limitation is more liberal than Iowa, you are restricted by the Iowa limitation.

Q2: Our school desires to attend a basketball tournament held at a Nebraska school located within 50 miles. Is it necessary that we secure permission before attending this tournament?

A2: No, but you must be certain the tournament has been approved by Nebraska. The approval process begins with the host school and is initiated through the host state association office.

Q3: An Arizona school wishes to participate in a sanctioned event in Iowa. Is this legal?

A3: No, only schools from states contiguous to Iowa and in the state of Kansas can participate in Iowa events.

Q4: An Iowa team wishes to attend a tournament in Minneapolis. The tournament has teams from North Dakota which is not contiguous to Iowa. Can the Iowa team participate?

A4: Yes, the tournament is allowed because Minnesota is contiguous to Iowa. The rule limits where Iowa teams can travel and limits where teams traveling to Iowa can be from.

# of Schools	# of State Associations	State Association Sanction Required?	National Federation Sanction Required?
Any Number	Iowa only	NO	NO
Any Number	Up to 8 (Contiguous states & Kansas)	NO	NO- unless Kansas is included

ATHLETIC POLICIES OF EACH MEMBER SCHOOL

The superintendent or his/her delegated high school principal shall be responsible for athletic policies governing the school. It is their responsibility to schedule all the contests and no contest can be played without the superintendent or principal approving the same. Any time a school's team is involved in an interscholastic contest, it must be chaperoned by an authorized member of the school's faculty. This authorization is solely the responsibility of the superintendent or his principal.

- Q1:** Is it necessary that I, as superintendent, accompany our teams on all out-of-town games?
- A1:** No. The team must be accompanied by a coach who holds a coaching endorsement or a coaching authorization.
- Q2:** Our golf team is participating in an invitational high school golf meet next Saturday. Our coach is taking Saturday classes at the University and will be unable to accompany the team. May the mother of one of the golfers accompany the team?
- A2:** No. The team must be accompanied by a coach who holds a coaching endorsement or a coaching authorization.

GAME CONTRACTS MUST BE USED FOR ALL INTERSCHOLASTIC COMPETITION

The Board of Control furnishes game contract blanks for all member schools. Whenever a member school is involved in a game or contest, there must be signed contracts. If it becomes necessary for two schools to resolve a contract issue and they cannot mutually agree, then the Board of Control shall act as a mediator and resolve the matter in a fair and equitable manner. If an administrator signs a game contract between two member schools and subsequently moves to another school or to another position, the new administrator must honor the contract signed by his predecessor.

- Q1:** My predecessor last year entered into a contract with a neighboring school for a basketball game to be played in our gym on January 13 of this year. None of the members of our school board, nor do I as the present superintendent, want to play this school in basketball. Are we bound by the contract signed by a man who is not now associated with this school?
- A1:** Yes, the contract which was made last year for a game this year is binding upon your school.
- Q2:** A conference wants to know if they can make a master contract for all games. Is this legal?
- A2:** Yes, as long as the minutes of your conference reflect approval by the school administrators.

REGISTERED OFFICIALS

When member schools participate in a contest, meet or tournament, registered officials must be used. If only one official is available who is registered by the IHSAA, then only the registered official should be used. Under no condition will the Association permit a contest to be played using officials who are not registered by the IHSAA. The use of non-registered (registered) IHSAA officials will result in sanctions which may include forfeiture of the contest. **EXCEPTION:** At the junior high school level (grades 7-8), only one licensed official is required. It is not the prerogative of any member school to agree to set aside this rule. Such schools would be in violation of the Constitution if they decided by mutual agreement to use officials not registered. Administrators should realize the liability a school must assume if non-registered officials are employed. It is very important for each school administrator and coach to read the game contract signed between member schools. In this contract is stated the method by which both schools agree to the selection of registered officials. Placement on the Approved List constitutes certification by the IHSAA that an official has passed the requisite exam, demonstrating knowledge in the official contest rules and proficiency in their application, and has participated in all required Rules Meetings. Certification constitutes no further reference or guarantee.

POLICY WHEN REGISTERED OFFICIALS FAIL TO APPEAR FOR A CONTEST

Options:

1. Play with one registered official. (Football: two)
2. Play with registered officials who are not quite as experienced as the original officials hired.
3. Reschedule the contest.

