2022 STATE TRACK AND FIELD MEET - GENERAL INFORMATION COACHES, PLEASE READ THIS INFORMATION

Enclosed in this packet should be all of the materials you need for the state meet. If you find anything missing from your packet, or have any questions, call Jared Chizek at the IHSAA office or Gary Ross at the IGHSAU office.

<u>SCORING</u> - We are scoring eight places. Relay and individual scoring is: 10-8-6-5-4-3-2-1. Wheelchair scoring is: 10-8-6-5-4-3-2-1. Results will be posted on the websites and on a board on the southwest corner of the stadium where they were posted for the Drake Relays.

<u>PARTICIPANT ADMISSION</u> - Please be reminded that the only way participants (including coaches and managers) will be admitted to the stadium will be wearing their wrist band. All spectator tickets must be purchased through Hometown Ticketing: https://www.iahsaa.org/tickets/ Administrators may use their IHSAA/IGHSAU passes to enter from the northwest gate only. Spectator gates open at 7:30 am each day.

<u>AWARDS</u> - Medals will be awarded for eight places. Medals can be picked up at the northeast building located right off the track. Coaches or athletes may pick up the medals at any time during the competition. Boy individual and relay champions will also receive a hat for their accomplishments. Only one hat per athlete for the entirety of the meet. Three trophies will be awarded in each class including both a boys and girls wheelchair trophy.

SPIKE CHECK - Drake University allows 1/4" or shorter pyramid spikes on all Drake Stadium surfaces. We will not be providing spikes to athletes. All running athletes must have their spikes checked near the northeast building before running their event. Athletes in the high jump and long jump will have their spikes checked at the venue. Coaches, you are responsible for your athlete's spikes. If a spike doesn't meet the required specifications, it is the athlete's responsibility to correct the issue and not our meet volunteers.

<u>CHECK IN</u> - Make sure that all of your competitors check in with the clerks or their event judge well in advance of competition. Remember the public address announcer will not make calls for the meet. Coaches and competitors need to monitor meet progress to make sure that everyone is reported.

<u>HIP NUMBERS</u> - All individual running competitors and relay anchors will wear a hip number. This number is used by the finish lynx system. In order to accommodate the use of hip numbers, jerseys must be tucked in and not covering the hip numbers.

RELAY SHEETS - A relay sheet is enclosed whether you qualified a relay or not. If a relay order has changed from the qualifying meet, please make the change on the sheet and bring the form to the south door of the press box. Changes from preliminary to final order must also be reported to south door of the press box. Please submit this sheet, it is used by the public address announcer to give proper recognition to your athletes as they compete.

RUNNING BLOCKS – Running blocks will be provided for the meet. Athletes cannot bring their own blocks to the meet.

<u>TRACK AND RUNWAY MARKS</u> – Competitors will be allowed to place a maximum of two marks on the running surface and approach runways and areas.

<u>IHSAA and IGHSAU FIELD HEADQUARTERS</u> - If you need to contact IHSAA or IGHSAU administrators, you can come to the large tent on the north concourse. If the person you need to speak to is not there, they will be able to be reached by radio or phone.

THROWING EVENTS - Throwers should report directly to their throwing areas. All implements will be weighed and inspected. Weather pending, the implement inspection station will be on the javelin runway.

<u>HIGH JUMP</u> - The opening height will be determined by the Games Committee after the state field is set. Opening heights will be posted on the IHSAA and IGHSAU web site. The state high jump competition will use five alive as long as fifteen jumpers are still remaining in the competition. Once the competition is below fifteen remaining participants, the competitors will go straight through the flight order. Also, if there are eight or fewer jumpers remaining at a height that began with fifteen or more jumpers, five alive will be abandoned and the remaining jumpers will go straight through the flight order. The bar is raised two-inches each time, until there are three or fewer competitors remaining. At that point, the bar will be raised at one-inch increments. As with other events at the state meet, athletes must have their spikes checked at the high jump venue prior to the start of competition.

MERCHANDISE – State track apparel can be purchased in the west and north concourse areas.

<u>STADIUM ACCESS</u> - Since you received your packets by UPS, you will have the wrist bands you need to be admitted to the stadium. You may enter through any stadium entrance. Athletes and coaches can enter the stadium 90 minutes prior to the start of their respective session.

FIELDHOUSE ACCESS – The fieldhouse will not be open for team camps during the state meet.

<u>RUNNING SURFACE ACCESS</u> - All access to the running surface is through the northeast gate of the stadium. Once competition begins, access to the running surface will only be for athletes in uniform and wearing a hip number. In an attempt to minimize the number of competitors in the warm-up area at a single time, athletes are asked not to come into the infield 30 minutes prior to the start of their race. In addition, relay alternates are asked not to come into the infield. Athletes will be responsible for their own sweat clothes and equipment. Items will <u>not</u> be boxed and taken to the northeast corner.

<u>RUNNING SURFACE WARMUP</u> - Athletes will be allowed to warm up on the running surface prior to competition beginning. Once competition begins, only athletes in uniform, wearing a hip number will have access to the running surface for warm up. The only exception will be relay runners in uniform who do not wear a hip number. Warm ups will only occur on the back stretch and will not be allowed south of the tunnel entrance. Once races begin, competitors will be asked to step off the track and will be allowed in the infield no farther west than the nearest (east side) hash marks. The only exception will be competitors concluding competition at the common finish line may transition back to the northeast corner by crossing the infield. There will be marshals assigned to the infield. Please comply with these restrictions.

COACHES ARE RESTRICTED TO THE BLEACHER AREAS - Coaches who come onto the running surface or enter the infield area for any reason, including, but not limited to, instructing or coaching their athletes may cause the athlete to be disqualified from that event. This is in accordance with Rule 4-6-5e. Don't be the coach who causes his/her student athlete to be disqualified because you are somewhere you do not belong. Coaches and fans may be in the shot and discus area, outside the marked off throwing area. At the time of this letter, there will be limited reserved seating for the coaches of high jump and long jump competitors in the bleachers by those venues.

<u>DISQUALIFICATIONS</u> - If a team has a disqualification, the coach will be called to the front row of the center section on the south curve to meet with the referee. Please report promptly to that area if called.