

Iowa Girls & Boys State Track Meet 2022 - 5/19/2022 to 5/21/2022

Des Moines, Iowa
Drake Stadium
Performance List

Event 6 Boys 100 Meter Dash 3A (24) Prelims

Thursday 5/19/2022 - 6:52 PM

Name	Year	School	Seed	Time
1	Will Neuharth	11	Harlan	10.81 1
2	Brevin Doll	10	ADM, Adel	10.88 1
3	Ryan Brosius	11	Wahlert, Dub	10.96 1
4	Dawson Forgy	12	Winterset	10.98 2
5	Aaron Kramer	12	CPU	10.98 2
6	Brock Sell	12	Glenwood	11.30 2
7	Tate Johnson	12	Fort Madison	11.38 1
8	Jack Riley	11	W Burlington	11.41 2
9	Brock Carpenter	10	Epworth, WD	11.43 3
10	Aidan McDermott	11	Xavier, CR	11.47 1
11	Alex Mota	11	Marion	11.48 2
12	Aiden Flora	10	ADM, Adel	11.50 3
13	Mario Hoefler	12	Charles City	11.50 4
14	Jacob Miller	12	Washington	11.52 3
15	Joey Chanthavisouk	12	Storm Lake	11.53 3
16	Nate Maki	12	Newton	11.53 1
17	Sam Wallace	11	Benton Comm	11.57 3
18	Caden Plasier	12	Sioux Center	11.57 1
19	Austin Chally	12	Saydel	11.57 4
20	Ryan Phillips	12	Clarke	11.59 5
21	Caeden DaSilva	12	Nevada	11.61 1
22	Noah Allen	12	Pella	11.62 2
23	Sean Schaefer	10	Bishop Heelan	11.65 2
24	Jaden Damiano	10	Ia Falls-Alden	11.77 2

Event 14 Boys 200 Meter Dash 3A (24) Prelims

Thursday 5/19/2022 - 4:50 PM

Name	Year	School	Seed	Time
1	Brevin Doll	10	ADM, Adel	22.03 1
2	Haywood Stowe	12	Decorah	22.04 1
3	Ryan Brosius	11	Wahlert, Dub	22.05 2
4	Tyler Hinsley	12	Lewis Central	22.27 1
5	Elijah Morris	11	Washington	22.43 1
6	Logan Fairchild	09	Winterset	22.48 2
7	Caden Plasier	12	Sioux Center	22.51 1
8	Will Davidson	11	Mt Pleasant	22.52 2
9	River Patterson	12	Fairfield	22.70 3
10	Will Neuharth	11	Harlan	22.71 2
11	Caeden DaSilva	12	Nevada	22.72 1
12	Sam Stanford	12	Sioux Center	22.76 2
13	Aaron Kramer	12	CPU	22.80 3
14	Sal Capaldo	12	North Polk	22.80 2
15	Nate Maki	12	Newton	22.85 1
16	Sam Wallace	11	Benton Comm	22.87 1
17	Gage Freeman	12	Clear Crk-Amana	22.88 4
18	Ryan Folkerts	12	Waverly-SR	22.89 4
19	Alex Mota	11	Marion	22.97 2
20	Quinn Gruver	11	Pella	23.04 2

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Event 14 ... (Boys 200 Meter Dash 3A (24) Prelims)

	Name	Year	School	Seed Time	
21	Alec McCormick	11	Carlisle	23.05	3
22	Eli Rouse	10	Ballard	23.11	3
23	Jacob Miller	12	Washington	23.12	5
24	Jacob Brecht	12	Benton Comm	23.17	3

Event 22 Boys 400 Meter Dash 3A (24)

Thursday 5/19/2022 - 7:30 PM

	Name	Year	School	Seed Time	
1	Daniel Onwuramaka	11	DC-Grimes	49.84	1
2	Eli Naumann	12	Epworth, WD	49.90	1
3	Jameson Witt	10	Ballard	50.35	2
4	Elijah Morris	11	Washington	50.48	1
5	Cael Kass	12	LeMars	50.71	1
6	Karl Miller	12	Pella	50.75	1
7	Vance Katzfey	12	Boy-Hul/Rock Val	50.82	2
8	Jacob Blattel	10	North Polk	50.84	1
9	Jeremy Bachus	11	Solon	50.89	1
10	Asa Newsom	11	Waverly-SR	50.90	2
11	Braedin Zondervan	10	Carlisle	50.93	2
12	Trenton Pitlik	12	Mt Vernon	51.06	2
13	River Patterson	12	Fairfield	51.07	2
14	Aiden Harris	12	Benton Comm	51.33	3
15	Austin McCloud	12	Boone	51.45	3
16	Eliot Sharp	12	Marion	51.70	4
17	Josh Osborne	12	Grinnell	51.83	3
18	Jevin Rexroth	11	Xavier, CR	52.15	5
19	Alec Ulin	10	Washington	52.17	3
20	Trusten Rosenberger	12	S Tama Cty	52.27	4
21	Andrew Haney	12	North Polk	52.36	2
22	Cole Werner	11	CPU	52.41	3
23	Zach Dirkx	12	Carroll	52.88	1
24	Karson Lea	11	Lewis Central	54.25	2

Event 30 Boys 800 Meter Run 3A (24)

Saturday 5/21/2022 - 11:30 AM

	Name	Year	School	Seed Time	
1	Eli Naumann	12	Epworth, WD	1:59.14	1
2	Jackson Mace-Maynard	12	Newton	1:59.16	1
3	Nick Kepford	12	Waverly-SR	1:59.47	2
4	Aidan Ramsey	12	DC-Grimes	1:59.73	1
5	Brenden Begle	12	Epworth, WD	1:59.94	3
6	Samuel May	12	MOC-FV	2:00.06	1
7	Tommy Tynismaa	10	S Tama Cty	2:00.10	2
8	Chase Lauman	11	Pella	2:00.82	3
9	Tyson Blom	12	MOC-FV	2:00.97	2
10	Tate McDermott	10	DC-Grimes	2:01.38	2
11	Carter Ritz	12	Bishop Heelan	2:02.16	3
12	Josiah Wittenberg	12	Pella	2:02.16	4
13	Alex Allen	10	LeMars	2:02.39	4
14	Lance Sobaski	12	Washington	2:02.74	1

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Event 30 ... (Boys 800 Meter Run 3A (24))

	Name	Year	School	Seed Time	
15	Blayze Havel	10	CPU	2:02.76	4
16	Treycen Garton	12	Newton	2:03.08	5
17	Hogan Smith	12	Decorah	2:03.16	5
18	Kaidyn Mickels	12	Fairfield	2:03.56	2
19	Trevor Jacobson	12	Humboldt	2:04.70	1
20	Michael Yeomans	10	Solon	2:05.57	1
21	Caden Weber	11	Algona	2:05.91	2
22	Andrew Smith	10	Glenwood	2:05.94	1
23	Carson Sansenbach	12	Mt Vernon	2:06.07	2
24	Leonardo Flores	11	Denison-Schlswg	2:06.47	2

Event 38 Boys 1600 Meter Run 3A (24)

Saturday 5/21/2022 - 2:30 PM

	Name	Year	School	Seed Time	
1	Eli Naumann	12	Epworth, WD	4:28.89	1
2	Nick Kepford	12	Waverly-SR	4:31.99	2
3	Jackson Mace-Maynard	12	Newton	4:32.24	1
4	Eli Larson	12	CPU	4:34.26	3
5	Owen Pries	12	DC-Grimes	4:34.80	1
6	Aidan Ramsey	12	DC-Grimes	4:34.86	2
7	Shane Erb	12	Marion	4:34.94	1
8	James Brant	10	S Tama Cty	4:35.10	2
9	Zach Spora	11	North Polk	4:36.18	1
10	Jedidiah Osgood	11	Marion	4:36.82	2
11	Mason Back	11	Winterset	4:37.05	3
12	Chase Lauman	11	Pella	4:37.11	3
13	Austin Stierman	11	North Polk	4:37.65	2
14	Josiah Wittenberg	12	Pella	4:38.05	4
15	William Wadsley	11	Gilbert	4:38.61	3
16	Jonas Conner	11	Grinnell	4:38.61	5
17	Isaiah Hammerand	11	Epworth, WD	4:38.95	4
18	Patrick DeRonde	12	Oskaloosa	4:39.11	6
19	Ethan Eichhorn	10	Lewis Central	4:39.32	1
20	Lance Sobaski	12	Washington	4:39.79	1
21	Bryant Keller	10	Glenwood	4:39.88	2
22	Samuel May	12	MOC-FV	4:40.82	1
23	Van Munson	10	Spencer	4:46.67	2
24	Micah Rees	10	Washington	4:51.86	2

Event 46 Boys 3200 Meter Run 3A (24)

Thursday 5/19/2022 - 4:05 PM

	Name	Year	School	Seed Time	
1	Ben Every	10	DC-Grimes	10:01.77	1
2	Aidan Ramsey	12	DC-Grimes	10:02.61	2
3	Eli Larson	12	CPU	10:07.48	1
4	Nathan Vander Waal	10	Pella	10:07.94	1
5	Jackson Mace-Maynard	12	Newton	10:09.02	2
6	Patrick DeRonde	12	Oskaloosa	10:09.93	3
7	Nick Kepford	12	Waverly-SR	10:10.69	2
8	Carter Hancock	12	Wahlert, Dub	10:13.38	3

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Event 46 ... (Boys 3200 Meter Run 3A (24))

	Name	Year	School	Seed Time	
9	Cooper Greenslade	12	ADM, Adel	10:15.76	3
10	Ethan Eichhorn	10	Lewis Central	10:19.21	1
11	Bryant Keller	10	Glenwood	10:21.89	2
12	Trevor Mirande	09	MOC-FV	10:24.44	1
13	Isaiah Hammerand	11	Epworth, WD	10:29.39	4
14	Easton Van Den Berg	11	Sioux Center	10:30.06	2
15	Zach Spora	11	North Polk	10:34.93	1
16	Lance Sobaski	12	Washington	10:35.25	1
17	William Wadsley	11	Gilbert	10:36.09	2
18	Torin Timmerman	09	ADM, Adel	10:37.99	4
19	Shane Erb	12	Marion	10:38.98	1
20	Jedidiah Osgood	11	Marion	10:39.04	2
21	Micah De Young	11	MOC-FV	10:41.44	3
22	Zack Neumann	11	Pella	10:44.85	4
23	Jonas Conner	11	Grinnell	10:49.61	5
24	Micah Rees	10	Washington	10:50.12	2

Event 54 Boys 110 Meter Hurdles 3A (24) Prelims

Friday 5/20/2022 - 3:30 PM

	Name	Year	School	Seed Time	
1	Harrison Rosenberg	12	Clear Crk-Amana	14.82	1
2	Gage Huyser	12	Pella	14.94	1
3	Jaden Damiano	10	Ia Falls-Alden	15.04	1
4	Grayson Hartman	11	Xavier, CR	15.05	1
5	Nolan Clayberg	12	Pella	15.11	2
6	Will Davidson	11	Mt Pleasant	15.18	2
7	Archer Ogbourne	12	Carlisle	15.25	3
8	Tyler Boldra	12	Glenwood	15.30	1
9	Anthony Driscoll-Lee	11	Glenwood	15.32	2
10	Sal Capaldo	12	North Polk	15.45	2
11	Tatum Westercamp	11	Oskaloosa	15.47	4
12	Reece Spieler	12	LeMars	15.57	1
13	Blake Bellamy	12	Winterset	15.58	1
14	Brady Mullen	12	Solon	15.59	2
15	Colin Buch	12	Benton Comm	15.65	3
16	Austin Wilkins	12	Decorah	15.67	2
17	Brady Kohrs	11	Independence	15.67	1
18	Samuel Roose	11	Waverly-SR	15.69	3
19	AJ Bomgaars	12	MOC-FV	15.69	2
20	Nolan Meyer	12	Bond-Farrar	15.72	5
21	Aidan DeJager	11	Sioux Center	15.74	3
22	Skyler Nolte	12	DC-Grimes	15.94	2
23	Jackson McLaren	11	Atlantic	15.96	3
24	Tristan Rheingans	10	Central DeWitt	15.97	4

Event 63 Boys 400 Meter Hurdles 3A (24)

Friday 5/20/2022 - 5:10 PM

	Name	Year	School	Seed Time	
1	Jaden Damiano	10	Ia Falls-Alden	55.19	1
2	Tristan Rheingans	10	Central DeWitt	55.73	1

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Event 63 ... (Boys 400 Meter Hurdles 3A (24))

Name	Year	School	Seed Time	
3	Reece Thoreson	12 Pella	55.88	1
4	Jacob Piphio	12 Decorah	55.98	1
5	Gavin Zillyette	12 Clear Crk-Amana	56.06	1
6	Wesley Spears	12 Waverly-SR	56.49	2
7	Asa Newsom	11 Waverly-SR	56.54	3
8	Gage Huyser	12 Pella	56.56	2
9	Keyan Gisleson	12 Clear Crk-Amana	56.89	2
10	Konnor Calhoun	12 LeMars	57.29	1
11	Trusten Rosenberger	12 S Tama Cty	57.50	3
12	Braylon Kammrad	11 Lewis Central	57.51	1
13	Colton Manock	10 North Polk	57.63	2
14	Preston Pitts	09 Spencer	57.69	2
15	Nathan Feldman	09 North Polk	57.71	3
16	Colin Buch	12 Benton Comm	57.82	2
17	Ashton Hogrefe	10 Epworth, WD	57.99	4
18	Quinn Wubbena	12 Washington	58.22	3
19	Tyler Boldra	12 Glenwood	58.30	2
20	Jake Fink	10 Denison-Schlswg	58.34	3
21	Vinny Hayes	11 Boone	58.49	1
22	Waylon Bolibaugh	11 Oskaloosa	58.74	4
23	Quinn Olson	10 Bishop Heelan	58.78	3
24	Ethan Domina	12 Clarke	59.39	2

Event 75 Boys 4x100 Meter Relay 3A (24) Prelims

Friday 5/20/2022 - 6:50 PM

Team	Relay	Seed Time	
1	Bishop Heelan 1) Ricky Feauto 10 5) Kannon Bork 10	1 2) Aiden Kuehl 12 6) Sir Brandon Watts 10	42.74 1 3) Liam Cleary 12 4) Sean Schaefer 10
2	LeMars 1) Ryan Sadoski 11 5) Matt Vondrak 11	1 2) Sione Fifita 11 6) Beau Wadle 10	43.01 2 3) David Leusink 12 4) Cael Kass 12
3	ADM, Adel 1) Aiden Flora 10 5) Tyler Gelhaar 10	1 2) Brevin Doll 10 6) Talan Guile 10	43.05 1 3) Cade Morse 11 4) Owen Higgins 12
4	Lewis Central 1) Luciano Fidone 11 5) Aidan Bergman 10	1 2) Tyler Hinsley 12 6) Karson Lea 11	43.06 1 3) Jonathan Humpal 11 4) Lual Maker 10
5	Carlisle 1) Devonte Link 11 5) Alec McCormick 11	1 2) Jonathan Dunn 12 6) Wyatt Sobieszkoda 11	43.06 1 3) Liam Smith 12 4) Archer Ogbourne 12
6	Xavier, CR 1) Luke Efting 12 5) Joseph Casey 10	1 2) Grayson Hartman 11 6) Kaleb Wilgenbusch 09	43.38 1 3) Michael Cunningham 11 4) Aidan McDermott 11
7	Spencer 1) Keaton Stanzel 10 5) Campbell Wessels 11	1 2) Miles Robbins 09 6) Adrian Carrillo 10	43.40 3 3) Gavin Timmer 11 4) Taron Green 12
8	Fort Madison 1) Julian Dear 09 5) Nik Fullenkamp 11	1 2) Tate Settles 11 6) Adam Sobczak 09	43.44 1 3) Hayden Segoviano 10 4) Tate Johnson 12

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Event 75 ... (Boys 4x100 Meter Relay 3A (24) Prelims)

Event	Team	Relay	Seed Time
9	Sioux Center	1	43.47 4
	1) Blake Bandstra 11	2) Sam Stanford 12	3) Zachary Rozeboom 12
	5) Connor Kamerman 10	6) Ethan Fink 11	4) Caden Plasier 12
10	W Burlington	1	43.49 2
	1) Jace Figuereo 11	2) Grant Boal 11	3) Owen Gulick 11
	5) Kenyon Baker 12	6) Colby Booton 09	4) Jack Riley 11
11	Wahlert, Dub	1	43.53 1
	1) Charlie Irwin 12	2) Carson Cummer 12	3) Bryce Rudiger 11
	5) Matthew Nachtman 11	6) Kaiden Knockel 12	4) Ryan Brosius 11
12	Clear Crk-Amana	1	43.57 3
	1) Harrison Rosenberg 12	2) Ben Swails 12	3) Nick Johnson 11
	5) Jayson Bakken 12	6) Ethan Pegump 12	4) Gage Freeman 12
13	DC-Grimes	1	43.61 2
	1) Kieran Shawhan 12	2) Keaton Jackson 12	3) Zach Smid 10
	5) Jimmy Seeman 10	6) Mason Jackson 11	4) Gavin Todd 12
14	Mt Vernon	1	43.72 2
	1) Jackson Rhomberg 11	2) Leo Appleton 12	3) Caden Stimmel 11
	5) Tyler Panos 11	6) Brody Ulch 12	4) Trenton Pitlik 12
15	Winterset	1	43.76 3
	1) Blake Bellamy 12	2) Logan Fairchild 09	3) Caden Kleemeier 12
	5) Hagan Hanselman 11	6) Tate Thompson 10	4) Dawson Forgy 12
16	Charles City	1	43.85 2
	1) Jakob Sindlinger 12	2) Jalil Jones 12	3) Josiah Cunnings 10
	5) Tino Tamayo 12	6) Xavier Scott 09	4) Mario Hoefer 12
17	North Polk	1	43.86 1
	1) Brady Miller 11	2) Sal Capaldo 12	3) Tyler Sullivan 11
	5) Nick Cox 11	6) Shawn Wokittle 11	4) Kaden Halterman 11
18	Grinnell	1	43.87 2
	1) Evan Mahoney 10	2) Rhett Nagel 12	3) Calvin Jaworski 12
	5) Will Doty 12	6) Grace Kiphanzu 11	4) Josh Osborne 12
19	Pella	1	43.87 3
	1) Noah Allen 12	2) Jacob Byers 12	3) CJ Shetterly 11
	5) Caleb Briggs 12	6) Nolan Clayberg 12	4) Blake Meyer 12
20	Hampton-Dumont-CAL	1	43.96 2
	1) Tate Murray 10	2) Tate Schmitt 12	3) Gavin Meader 10
	5) Jack Drier 11	6) Logan Pfeffer 12	4) Tony Valenzuela 11
21	Maquoketa	1	44.10 3
	1) Carter Meyer 10	2) Isaac Koppang 12	3) Keelan Hoover 11
	5) Tate Martin 09	6) Jayden Koos 11	4) Tye Hardin 10
22	Assumption	1	44.19 4
	1) Cale Preston 11	2) Derrick Bass 11	3) Mason McConnell 10
	5) Lane Gerard 10	6) Johnny Argo 12	4) Angelo Jackson 10
23	Epworth, WD	1	44.24 3
	1) Carson Burger 11	2) Tyler Horstman 10	3) Ian Fagan 11
	5) Dillon Aulwes 10	6) Eric Deutmeyer 11	4) Brock Carpenter 10
24	Glenwood	1	44.61 2
	1) Anthony Driscoll-Lee 11	2) Jackson Mulkins 09	3) Colby Frye 11
	5) Austin Patton 12	6) Chase Darden 12	4) Brock Sell 12

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Event 83 Boys 4x200 Meter Relay 3A (24)

Friday 5/20/2022 - 4:15 PM

	Team	Relay	Seed Time	
1	ADM, Adel	1	1:29.39	1
	1) Aiden Flora 10	2) Brevin Doll 10	3) Cade Morse 11	4) Owen Higgins 12
	5) Tyler Gelhaar 10	6) Zach Lohmann 10		
2	Lewis Central	1	1:29.90	1
	1) Luciano Fidone 11	2) Tyler Hinsley 12	3) Braylon Kammrad 11	4) Jonathan Humpal 11
	5) Aidan Bergman 10	6) Lual Maker 10		
3	Decorah	1	1:29.92	1
	1) Addae Whitsitt 12	2) Ben Wymer 11	3) Kelley Gates 10	4) Haywood Stowe 12
	5) Jacob Piphio 12	6) Gavin Groux 09		
4	Spencer	1	1:30.45	1
	1) Miles Robbins 09	2) Campbell Wessels 11	3) Gavin Timmer 11	4) Taron Green 12
	5) Adrian Carrillo 10	6) Keaton Stanzel 10		
5	Pella	1	1:30.62	1
	1) Kenson Fuller 11	2) Quinn Gruver 11	3) Caleb Briggs 12	4) CJ Shetterly 11
	5) Nolan Clayberg 12	6) Blake Meyer 12		
6	DC-Grimes	1	1:30.71	2
	1) Kieran Shawhan 12	2) Keaton Jackson 12	3) Zach Smid 10	4) Gavin Todd 12
	5) Jimmy Seeman 10	6) Daniel Onwurah 11		
7	Winterset	1	1:30.77	3
	1) Blake Bellamy 12	2) Dawson Forgy 12	3) Hagan Hanselman 11	4) Logan Fairchild 09
	5) Caden Kleemeier 12	6) Gavin Binns 12		
8	Sioux Center	1	1:31.36	2
	1) Blake Bandstra 11	2) Sam Stanford 12	3) Connor Kamerman 10	4) Caden Plasier 12
	5) Ethan Fink 11	6) Zachary Rozeboom 12		
9	Benton Comm	1	1:31.61	1
	1) Sam Wallace 11	2) Carson Bruns 10	3) Bjorn Sunesen 12	4) Jacob Brecht 12
	5) Aiden Harris 12	6) Aidan Thompson 12		
10	Wahlert, Dub	1	1:31.66	2
	1) Charlie Irwin 12	2) Carson Cumber 12	3) Matthew Nachtman 11	4) Ryan Brosius 11
	5) Bryce Rudiger 11	6) Drew Reilly 09		
11	Bishop Heelan	1	1:31.78	3
	1) Ricky Feauto 10	2) Liam Cleary 12	3) Aiden Kuehl 12	4) Sean Schaefer 10
	5) Kannon Bork 10	6) Sir Brandon Watts 10		
12	Hampton-Dumont-CAL	1	1:31.84	1
	1) Tate Murray 10	2) Tate Schmitt 12	3) Gavin Meader 10	4) Tony Valenzuela 11
	5) Jack Drier 11	6) Logan Pfeffer 12		
13	Fort Madison	1	1:31.90	1
	1) Julian Dear 09	2) Tate Settles 11	3) Hayden Segoviano 10	4) Tate Johnson 12
	5) Teague Smith 10	6) Nik Fullenkamp 11		
14	Maquoketa	1	1:32.16	2
	1) Carter Meyer 10	2) Isaac Koppang 12	3) Keelan Hoover 11	4) Tye Hardin 10
	5) Jayden Koos 11	6) Johnny Burns 11		
15	Webster City	1	1:32.19	2
	1) Jaxon Cherry 10	2) Keegan Hisler 10	3) Charlie Stansfield 12	4) CJ Hisler 11
	5) Riley LaSourd 10	6) Skyler Scott 11		
16	Newton	1	1:32.20	2
	1) Nate Maki 12	2) Curtis Payne 10	3) Reilly Trease 09	4) Derek Beiner 12
	5) Christian Ergenbright 09	6) Colin Sharp 12		
17	W Burlington	1	1:32.22	2
	1) Jace Figueroa 11	2) Grant Boal 11	3) Owen Gulick 11	4) Jack Riley 11
	5) Kenyon Baker 12	6) Gedyon Boal 10		

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Event 83 ... (Boys 4x200 Meter Relay 3A (24))

Team	Relay	Seed Time
18 Assumption	1	1:32.24 3
1) Cale Preston 11	2) Derrick Bass 11	3) Lane Gerard 10
5) Mason McConnell 10	6) Adam Votroubek 11	4) Angelo Jackson 10
19 Mt Vernon	1	1:32.31 3
1) Jackson Rhomberg 11	2) Jensen Meecker 11	3) Caden Stimmel 11
5) Trenton Pitlik 12	6) Brody Ulch 12	4) Owen Brase 12
20 Nevada	1	1:32.35 3
1) Billy Gibbons 11	2) Karter Beving 11	3) Caleb Kooiker 12
5) Carter Holland 10	6) James Edwards 12	4) Caeden DaSilva 12
21 North Polk	1	1:32.43 4
1) Brady Miller 11	2) Carson Brimmer 12	3) Shawn Wokittle 11
5) Sal Capaldo 12	6) Jacob Blattel 10	4) Kaden Halterman 11
22 LeMars	1	1:32.63 4
1) Ryan Sadoski 11	2) Sione Fifita 11	3) David Leusink 12
5) Cael Kass 12	6) Reece Spieler 12	4) Beau Wadle 10
23 Epworth, WD	1	1:32.63 3
1) Dillon Aulwes 10	2) Tyler Horstman 10	3) Grant Glausser 10
5) Caleb Klein 11	6) Drew Burds 09	4) Ian Fagan 11
24 Glenwood	1	1:33.30 2
1) Cody Krause 11	2) Payton Longmeyer 10	3) Colby Frye 11
5) Austin Patton 12	6) Tyler Boldra 12	4) Brock Sell 12

Event 91 Boys 4x400 Meter Relay 3A (24) Prelims

Friday 5/20/2022 - 8:00 PM

Team	Relay	Seed Time
1 Pella	1	3:24.75 1
1) Jake Van Hemert 12	2) Kenson Fuller 11	3) Reece Thoreson 12
5) Josiah Wittenberg 12	6) Romon Hugan 10	4) Karl Miller 12
2 Mt Vernon	1	3:25.25 1
1) Jensen Meecker 11	2) Zach Fall 11	3) Brady Erickson 11
5) Trenton Pitlik 12	6) Carson Sansenbach 12	4) Owen Brase 12
3 DC-Grimes	1	3:26.36 1
1) Daniel Onwuramaka 11	2) AJ Angus 10	3) Bo Huston 12
5) Keaton Jackson 12	6) John Kitenge 10	4) Ty Mikkelsen 10
4 Charles City	1	3:26.54 1
1) Malcolm Lopez 12	2) Jacob Vais 12	3) Griffin Franksain 12
5) Reed Peters 11	6) Ethan Peterson 11	4) Ian Collins 12
5 Benton Comm	1	3:27.14 2
1) Bjorn Sunesen 12	2) Sam Wallace 11	3) Jacob Brecht 12
5) Easton Pffnner 10	6) Ryan Lange 12	4) Aiden Harris 12
6 Epworth, WD	1	3:27.33 2
1) Nathan Williams 11	2) Timmy Horsfall 12	3) Caleb Klein 11
5) Ryan Digmann 10	6) Daviyon Gaston 11	4) Dylan Schroeder 12
7 Newton	1	3:27.83 2
1) Cody Klein 10	2) Treycen Garton 12	3) Jared Smith 11
5) Nathan Milburn 10	6) Cole Walter 10	4) Derek Beiner 12
8 SB-Luton	1	3:28.12 1
1) Gannon Aymar 11	2) Nick Hinkel 11	3) Easton Wheeler 11
5) Kellan Benson 09	6) Kaden Smith 12	4) Scott Kroll 11
9 Boy-Hul/Rock Val	1	3:28.20 2
1) Evan Janzen 11	2) Rilan Tiedeman 11	3) Landyn Van Kekerix 12
5) Eric Nilles 10	6) Jace Van Meeteren 10	4) Vance Katzfey 12

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Event 91 ... (Boys 4x400 Meter Relay 3A (24) Prelims)

Event	Team	Relay	Seed Time
10	LeMars	1	3:28.45 3
	1) Reece Spieler 12	2) Alex Allen 10	3) Teagen Kasel 10
	5) Konnor Calhoun 12	6) Beau Wadle 10	4) Cael Kass 12
11	North Polk	1	3:28.74 1
	1) Jacob Blomquist 12	2) Jacob Blattel 10	3) Jevin Sullivan 12
	5) Colton Manock 10	6) Ross Muhlbauer 11	4) Andrew Haney 12
12	Central DeWitt	1	3:29.78 3
	1) Will Ginter 10	2) Lucas Burmeister 12	3) Alex Fuller 11
	5) Tristan Rheingans 10	6) Carter Donovan 12	4) Hunter Blankenship 12
13	MOC-FV	1	3:30.25 4
	1) Luke Jeltema 12	2) Ayden Klein 11	3) Tyson Blom 12
	5) Reese Van Zee 12	6) Carter Aalbers 12	4) AJ Bomgaars 12
14	Ia Falls-Alden	1	3:30.51 2
	1) Jaden Damiano 10	2) Dartanian Morin 12	3) Nathan Schmitz 11
	5) Will Henle 11	6) Aidan Richards 10	4) Andrew Bicknese 11
15	Gilbert	1	3:30.73 3
	1) Bo Gidel 12	2) Nolan Weber 11	3) Jonathan Stoker 10
	5) Isaac Ryan 12	6) Bowen Kruse 09	4) Carson Ragaller 11
16	Washington	1	3:31.38 1
	1) Logan McDole 09	2) Alec Ulin 10	3) Evan Miller 12
	5) Cameron Vongpanya 11	6) Jack Kleese 11	4) Elijah Morris 11
17	Clear Crk-Amana	1	3:32.18 2
	1) Keyan Gisleson 12	2) Cash Jensen 11	3) Cale Berry 09
	5) Isaac Sorensen 09	6) Cameron Kimm 11	4) Gavin Zillyette 12
18	ADM, Adel	1	3:32.21 2
	1) Brayden Rynearson 09	2) Cade Morse 11	3) Gabe Heitz 12
	5) Brevin Doll 10	6) Zach Lohmann 10	4) Caleb Crystal 12
19	Waverly-SR	1	3:32.47 3
	1) Austin Dewey 12	2) Wesley Spears 12	3) Jack Wilson 11
	5) Samuel Roose 11	6) Nolan Foster 09	4) Asa Newsom 11
20	Solon	1	3:32.55 4
	1) Austin Knight 10	2) Rhett Mesch 10	3) Jacob Timmons 12
	5) Michael Yeomans 10	6) Ty Becicka 12	4) Jeremy Bachus 11
21	Assumption	1	3:32.67 3
	1) Angelo Jackson 10	2) Lane Gerard 10	3) Colton Pilgrim 11
	5) KC Schaefer 12	6) Mason McConnell 10	4) Derrick Bass 11
22	CPU	1	3:32.72 4
	1) Brecken Andersen 09	2) Jack Witte 10	3) Peyton Stowers 10
	5) Nathan Miller 09	6) Joe Dufoe 12	4) Blayze Havel 10
23	Lewis Central	1	3:33.55 1
	1) Ethen Fishell 12	2) Gabriel Watson 11	3) Luke Woltmann 10
	5) Tyler Hinsley 12	6) Jonathan Humpal 11	4) Luciano Fidone 11
24	Atlantic	1	3:35.90 2
	1) Carter Pellett 11	2) Gannon O'Hara 12	3) Tyson O'Brien 09
	5) Caden Andersen 11	6) Colton Rasmussen 10	4) Bennett Whetstone 10

Event 99 Boys 4x800 Meter Relay 3A (24)

Thursday 5/19/2022 - 6:10 PM

Event	Team	Relay	Seed Time
1	Pella	1	8:18.98 1
	1) Josiah Wittenberg 12	2) Trey Van Hauen 11	3) Karl Miller 12
	5) Nathan Vander Waal 10	6) Wyatt Van Dyke 10	4) Chase Lauman 11

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Event 99 ... (Boys 4x800 Meter Relay 3A (24))

Event	Team	Relay	Seed Time
2	Newton	1	8:19.55 2
	1) Derek Beiner 12	2) Cody Klein 10	3) Jared Smith 11
	5) Collin Buchli 11	6) Jackson Mace-Maynard 12	4) Treycen Garton 12
3	DC-Grimes	1	8:20.55 1
	1) Tate McDermott 10	2) Sam Mora 09	3) AJ Angus 10
	5) Jack Every 10	6) Alex Pries 10	4) Owen Pries 12
4	Epworth, WD	1	8:22.30 1
	1) Brenden Begle 12	2) Nathan Williams 11	3) Ryan Digmann 10
	5) Eli Naumann 12	6) Dylan Schroeder 12	4) Caden Coyle 12
5	Winterset	1	8:24.01 2
	1) Eli Cowman 10	2) Gavin Day 09	3) Mason Back 11
	5) Ben Strohhahn 09	6) Luke Heithoff 11	4) Blake Freese 12
6	Decorah	1	8:25.30 2
	1) Hogan Smith 12	2) Cade Olson 11	3) Thomas Hammel 09
	5) Brayden Hartl 10	6) Landan Folkedahl 12	4) Bennett Schutte 12
7	ADM, Adel	1	8:26.25 3
	1) Caleb Crystal 12	2) Shay Holdmeyer 09	3) Quinton Kimrey 12
	5) Cooper Greenslade 12	6) Ryan Entriiken 10	4) Clay Gustafson 12
8	S Tama Cty	1	8:27.46 3
	1) James Brant 10	2) Jonathan Meyer 12	3) Trusten Rosenberger 12
	5) Cade Rosenberger 10	6) Braxten Rohrs 10	4) Tommy Tynnismaa 10
9	MOC-FV	1	8:29.68 1
	1) Jack Huang 12	2) Tyson Blom 12	3) Thomas Tracy 12
	5) Micah De Young 11	6) Isaiah Hulsof 11	4) Samuel May 12
10	Mt Vernon	1	8:30.32 1
	1) Zach Fall 11	2) Alex Fencl 12	3) Ben Gilbert-Binder 12
	5) Carson Sansenbach 12	6) Ryne Moeller 11	4) Jensen Meeker 11
11	Fairfield	1	8:30.35 1
	1) Kaidyn Mickels 12	2) Ben Boatright 10	3) Dallen Rippey 11
	5) Dylan Adam 09	6) Riley Perkins 09	4) Gavin VanVeen 11
12	CPU	1	8:30.92 3
	1) Jack Witte 10	2) Peyton Stowers 10	3) Brecken Andersen 09
	5) Eli Larson 12	6) Robbie Dillon 12	4) Blayze Havel 10
13	Knoxville	1	8:31.14 4
	1) Kaden Curry 11	2) Tristin DeJong 11	3) Seth Walraven 12
	5) Hayden Willoughby 10	6) Chaz Graves 09	4) Kaden McGill 11
14	SB-Luton	1	8:31.24 2
	1) Easton Wheeler 11	2) Carter Eldridge 10	3) Gannon Aymar 11
	5) Scott Kroll 11	6) Jack Moreau 11	4) Carlos Rodriguez 12
15	Spencer	1	8:31.37 3
	1) Van Munson 10	2) Sergio Tello 09	3) Parker Halder 12
	5) Boston Day 10		4) Will Crane 12
16	Xavier, CR	1	8:31.76 2
	1) Marcus Camacho 10	2) Jevin Rexroth 11	3) Zack Pisney 11
	5) Gunnar Black 09	6) Lucas Frost 10	4) Josef Lemker 11
17	Mt Pleasant	1	8:34.70 2
	1) Jacob Richtman 11	2) Gabe Feldmann 11	3) Isaac Rynders 11
	5) Nathan McWilliams 12	6) Dylon Hagans 12	4) Isaiah Albright 12
18	Central DeWitt	1	8:36.52 3
	1) Carter Donovan 12	2) Will Ginter 10	3) Ben Zimmer 10
	5) Sam Bloom 11	6) Paul Kuehn 11	4) Caleb Olson 09

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Event 99 ... (Boys 4x800 Meter Relay 3A (24))

	Team	Relay	Seed Time
19	Denison-Schlswg	1	8:36.54 1
	1) Leonardo Flores 11	2) Ricky Ledesma 12	3) Brian Ibarra 11
	5) Esteban Castellanos 12	6) Jake Fink 10	4) Ethan Perrien 11
20	Humboldt	1	8:36.84 1
	1) Jackson Dodd 09	2) Mason Van Pelt 09	3) Jackson Chambers 12
	5) Mason Brown 10	6) Caden Matson 12	4) Trevor Jacobson 12
21	Atlantic	1	8:37.11 2
	1) Caden Andersen 11	2) Alex Sonntag 10	3) Jayden Proehl 11
	5) Zane Berg 12	6) Andrew Engler 12	4) Bennett Whetstone 10
22	Assumption	1	8:38.36 3
	1) Peyton Pilgrim 10	2) Colton Pilgrim 11	3) Connor Lerch 09
	5) David Lochner 11		4) Collin Duax 12
23	Glenwood	1	8:39.80 3
	1) Andrew Smith 10	2) Jake Shannon 10	3) Nolan Mount 10
	5) Preston Slayman 11	6) Bryant Keller 10	4) Andrew Williams 12
24	Nevada	1	8:40.99 2
	1) Carter Holland 10	2) Rhett Harter 10	3) Brian Rohde 09
	5) Frank Engstrom 10	6) Rowan Steele 10	4) Nick Frideres 11

Event 113 Boys Distance Medley 3A (24)

Friday 5/20/2022 - 6:00 PM

	Team	Relay	Seed Time
1	DC-Grimes	1	3:37.67 1
	1) Keaton Jackson 12	2) Gavin Todd 12	3) Bo Huston 12
	5) Daniel Onwuramaka 11	6) Tate McDermott 10	4) Aidan Ramsey 12
2	Washington	1	3:39.03 1
	1) Austin Rebling 11	2) Jacob Miller 12	3) Ethan Patterson 11
	5) Alec Ulin 10	6) Elijah Morris 11	4) Lance Sobaski 12
3	Waverly-SR	1	3:40.20 1
	1) Ryan Folkerts 12	2) Nolan Foster 09	3) Austin Dewey 12
	5) Jack Wilson 11	6) Caleb Hoins 11	4) Nick Kepford 12
4	Decorah	1	3:40.79 2
	1) Gavin Groux 09	2) Jacob Pipho 12	3) Kaiden Quandahl 10
	5) Addae Whitsitt 12	6) Cade Olson 11	4) Bennett Schutte 12
5	CPU	1	3:41.02 3
	1) Joe Dufoe 12	2) Aaron Kramer 12	3) Peyton Stowers 10
	5) Cole Werner 11	6) Jack Witte 10	4) Eli Larson 12
6	Clear Crk-Amana	1	3:41.34 2
	1) Ben Swails 12	2) Gage Freeman 12	3) Keyan Gisleson 12
	5) Cash Jensen 11	6) Cale Berry 09	4) Gavin Zillyette 12
7	Mt Vernon	1	3:41.88 1
	1) Jackson Rhomberg 11	2) Brady Erickson 11	3) Zach Fall 11
	5) Owen Brase 12	6) Trenton Pitlik 12	4) Carson Sansenbach 12
8	Newton	1	3:41.96 1
	1) Curtis Payne 10	2) Treycen Garton 12	3) Cody Klein 10
	5) Derek Beiner 12	6) Nate Maki 12	4) Jackson Mace-Maynard 12
9	Epworth, WD	1	3:43.63 4
	1) Eric Deutmeyer 11	2) Ian Fagan 11	3) Caleb Klein 11
	5) Tyler Horstman 10	6) Brenden Begle 12	4) Dylan Schroeder 12
10	Boy-Hul/Rock Val	1	3:43.68 1
	1) Dawson Van Beek 12	2) Landyn Van Kekerix 12	3) Rilan Tiedeman 11
	5) Treyton De Ruyter 12	6) Vance Katzfey 12	4) Evan Janzen 11

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Event 113 ... (Boys Distance Medley 3A (24))

Event	Team	Relay	Seed Time
11	Denison-Schlswg	1	3:43.75 1
	1) David Cardenas 11	2) Jake Fink 10	3) Luke Wiebers 10
	5) Anthony Arambula 09	6) Ethan Perrien 11	4) Leonardo Flores 11
12	MOC-FV	1	3:44.11 2
	1) Caiden Moss 11	2) Luke Jeltema 12	3) Ayden Klein 11
	5) Jack Huang 12	6) Reese Van Zee 12	4) Samuel May 12
13	SB-Luton	1	3:44.43 3
	1) Kaden Smith 12	2) Easton Wheeler 11	3) Scott Kroll 11
	5) Julian Wolfe 12	6) Gannon Aymar 11	4) Carlos Rodriguez 12
14	Pella	1	3:45.08 2
	1) Kenson Fuller 11	2) Quinn Gruver 11	3) Jake Van Hemert 12
	5) Josiah Wittenberg 12	6) Karl Miller 12	4) Chase Lauman 11
15	Marion	1	3:45.22 2
	1) Brayson Laube 11	2) Eliot Sharp 12	3) Alex Mota 11
	5) Elliott Dyrland 11	6) Blake Roling 12	4) Shane Erb 12
16	Lewis Central	1	3:45.70 2
	1) Curtis Witte 10	2) Aidan Bergman 10	3) Luke Woltmann 10
	5) Kade Diercks 10	6) Gabriel Watson 11	4) Ethen Fishell 12
17	Wahlert, Dub	1	3:46.12 5
	1) Isaac Pfeiffer 10	2) Seamus Crahan 11	3) Wilson Oberfoell 12
	5) Matthew Nachtman 11	6) Drew Reilly 09	4) Will Richardson 09
18	ADM, Adel	1	3:46.47 2
	1) Cade Morse 11	2) Owen Higgins 12	3) Caleb Crystal 12
	5) Zach Lohmann 10	6) Grant Engleman 09	4) Clay Gustafson 12
19	Solon	1	3:48.18 3
	1) Grant Gerdin 12	2) Jacob Timmons 12	3) Austin Knight 10
	5) Michael Yeomans 10	6) Parker Pentico 12	4) Ty Becicka 12
20	North Polk	1	3:48.23 1
	1) Tyler Sullivan 11	2) Jevin Sullivan 12	3) Jacob Blomquist 12
	5) Brady Miller 11	6) Kaden Halterman 11	4) Zach Spora 11
21	Oskaloosa	1	3:48.36 3
	1) Tatum Westercamp 11	2) Colin Snitker 12	3) Waylon Bolibaugh 11
	5) Jaden DeRonde 09	6) Aden Scott 12	4) Patrick DeRonde 12
22	Spencer	1	3:48.41 4
	1) Jack Berends 09	2) Adrian Carrillo 10	3) Ross Carlson 10
	5) Keaton Stanzel 10		4) Parker Halder 12
23	Creston	1	3:48.47 3
	1) Xander Drake 09	2) Payton Conley 11	3) Casen Dryden 09
	5) Austin Seaton 11	6) Austin Evans 10	4) Brandon Briley 10
24	Humboldt	1	3:49.40 2
	1) Corey Dettmann 10	2) Carson Berte 12	3) Caden Matson 12
	5) Ryder Wickett 12	6) Mason Van Pelt 09	4) Trevor Jacobson 12

Event 121 Boys High Jump 3A (24)

Thursday 5/19/2022 - 2:00 PM

Rank	Name	Year	School	Seed Mark
1	Ian Collins	12	Charles City	6-08.00 1
2	Nolan Meyer	12	Bond-Farrar	6-04.00 1
3	Jack Noble	12	North Polk	6-04.00 1
4	Keith Moko	12	Newton	6-03.00 2
5	Parker Elder	12	Pella	6-02.00 3
6	Vince Benetti	11	ADM, Adel	6-02.00 1

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Event 121 ... (Boys High Jump 3A (24))

	Name	Year	School	Seed	Mark
7	Tye Hardin	10	Maquoketa	6-02.00	1
8	Sione Fifita	11	LeMars	6-02.00	1
9	Cody Krause	11	Glenwood	6-02.00	1
10	Jesse Van Kalsbeek	10	MOC-FV	6-02.00	3
11	Jaron Bleeker	10	Bishop Heelan	6-02.00	2
12	Dallas Fairbanks	09	Vinton-Shellbrg	6-01.00	3
13	Trevor Turner	11	Storm Lake	6-01.00	4
14	Colton Rasmussen	10	Atlantic	6-01.00	2
15	Jayton Poole	12	Boone	6-01.00	2
16	Kord Ostrander	12	Glenwood	6-01.00	5
17	Jayden Proehl	11	Atlantic	6-01.00	3
18	Mikey DiPrima	12	Fort Madison	6-01.00	1
19	Brady Erickson	11	Mt Vernon	6-01.00	2
20	Kasen Bailey	12	Washington	6-00.00	2
21	Ethan Patterson	11	Washington	6-00.00	3
22	Josiah Cunnings	10	Charles City	6-00.00	2
23	Kaiden Quandahl	10	Decorah	6-00.00	3
24	Tate Schmitt	12	Hampton-Dumont-CAL	6-00.00	2

Event 129 Boys Long Jump 3A (24)

Friday 5/20/2022 - 2:05 PM

	Name	Year	School	Seed	Mark
1	Ian Collins	12	Charles City	22-09.00	1
2	Josiah Cunnings	10	Charles City	22-07.00	2
3	Haywood Stowe	12	Decorah	21-11.00	3
4	Keith Moko	12	Newton	21-10.50	1
5	Aiden Kuehl	12	Bishop Heelan	21-09.25	1
6	Anthony Glay	11	DC-Grimes	21-08.25	1
7	Archer Ogbourne	12	Carlisle	21-06.50	2
8	Taiten Den Besten	10	Boy-Hul/Rock Val	21-03.75	2
9	Parker Elder	12	Pella	21-03.00	3
10	Cody Krause	11	Glenwood	21-00.50	1
11	Ben Swails	12	Clear Crk-Amana	20-11.50	1
12	CJ Shetterly	11	Pella	20-09.75	4
13	Gavin Montalvo	11	Knoxville	20-09.00	5
14	Anthony Driscoll-Lee	11	Glenwood	20-08.50	2
15	Keelan Hoover	11	Maquoketa	20-08.25	1
16	Will Davidson	11	Mt Pleasant	20-07.00	2
17	Samuel Roose	11	Waverly-SR	20-06.50	4
18	Daviyon Gaston	11	Epworth, WD	20-03.50	5
19	Tyler Gelhaar	10	ADM, Adel	20-02.50	2
20	Juni McPhee	11	Carlisle	20-02.50	6
21	Coleton Beasler-Weber	10	Xavier, CR	20-02.50	2
22	Tristin DeJong	11	Knoxville	20-01.25	7
23	Jack Noble	12	North Polk	19-09.25	1
24	Jevin Sullivan	12	North Polk	19-04.25	2

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Event 137 Boys Discus Throw 3A (24)**Thursday 5/19/2022 - 4:30 PM**

	Name	Year	School	Seed	Mark
1	Brandon VanderSluis	12	LeMars	170-01	1
2	Duke Faley	11	Wahlert, Dub	161-06	1
3	Brandon Fischer	11	Pella	159-10	1
4	J.J. Moore	12	Webster City	157-02	1
5	Hunter Deyo	12	Lewis Central	156-07	1
6	Joseph Hjelle	12	Decorah	156-05	2
7	Brennen Blegen	10	Benton Comm	154-02	1
8	Jameson Bieker	12	Harlan	153-09	2
9	Aaron Campbell	12	Grinnell	152-02	2
10	Bryan Zylstra	12	Boy-Hul/Rock Val	151-09	2
11	Brayden Hartman	11	Washington	150-10	1
12	Dakota Hoffman	12	Epworth, WD	146-07	3
13	Caden Lafleur	12	Bishop Heelan	146-04	3
14	Josiah Bundt	12	MOC-FV	146-00	4
15	Tylar Lutgen	11	SB-Luton	145-00	5
16	Zach Sidles	10	Independence	143-07	4
17	Collin Grau	12	Maquoketa	143-05	2
18	Ty Hulshof	12	Sioux Center	142-06	6
19	Gunner Schmitz	11	Harlan	140-06	3
20	Cole White	10	Clarke	140-02	1
21	Lucas Annable	12	ADM, Adel	139-09	2
22	Jairus Davis	12	Clarke	139-06	3
23	Charlie Rhoads	11	North Polk	138-04	2
24	Kole Williams	12	Washington	135-00	2

Event 145 Boys Shot Put 3A (24)**Friday 5/20/2022 - 4:30 PM**

	Name	Year	School	Seed	Mark
1	Brandon VanderSluis	12	LeMars	60-07.25	1
2	Joseph Hjelle	12	Decorah	57-10.00	1
3	J.J. Moore	12	Webster City	56-08.75	1
4	Dakota Hoffman	12	Epworth, WD	56-06.50	2
5	Carter Boley	12	DC-Grimes	54-04.00	1
6	Jackson McNulty	11	North Polk	53-11.25	2
7	Vince Benetti	11	ADM, Adel	52-11.50	2
8	Brayden Hartman	11	Washington	51-05.50	1
9	Hunter Deyo	12	Lewis Central	51-03.50	1
10	Jaxon Woodyard	12	Algona	51-03.00	3
11	Brandon Fischer	11	Pella	50-11.25	1
12	Bryan Zylstra	12	Boy-Hul/Rock Val	50-09.25	2
13	Kahle Rattray	12	Carlisle	50-08.50	2
14	Tino Tamayo	12	Charles City	49-05.50	3
15	Josh Erzen	12	Epworth, WD	48-11.25	4
16	Parker Matiyow	11	Lewis Central	48-10.00	2
17	Keyan Fulton	12	Bishop Heelan	48-10.00	3
18	Isaac Jerrel	11	Mt Pleasant	48-09.50	2
19	Charlie Schettler	12	Carlisle	48-08.25	3
20	Beau Knobloch	11	Winterset	48-06.75	3

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Event 145 ... (Boys Shot Put 3A (24))

Name	Year	School	Seed	Mark
21 Ben Kuehnast	12	Humboldt	48-06.00	4
22 Donald Lamp	12	North Polk	48-03.25	5
23 Adam Smith	11	Solon	47-01.00	1
24 Kyler Mahan	12	Benton Comm	46-08.50	2

Event 156 Boys 4x110 Meter Shuttle Hurdle 3A (24) Prelims**Thursday 5/19/2022 - 3:00 PM**

Team	Relay	Seed	Time
1 Pella	1	1:00.28	1
1) Nolan Clayberg 12	2) Reece Thoreson 12	3) Luke Fairchild 11	4) Gage Huyser 12
5) Cor Huyser 10	6) Quinn Gruver 11		
2 Clear Crk-Amana	1	1:00.63	1
1) Ben Swails 12	2) Marcus Lang 11	3) Andrew Schlemme 11	4) Harrison Rosenberg 12
5) Cale Berry 09	6) Owen Rosenberg 09		
3 LeMars	1	1:01.69	1
1) Ryan Sadoski 11	2) Konnor Calhoun 12	3) David Leusink 12	4) Reece Spieler 12
5) Riley Sadoski 12	6) Wichheng Hosnyang 09		
4 Bond-Farrar	1	1:01.88	2
1) Zacharia Beeman 12	2) Elijah Larson 11	3) Nolan Meyer 12	4) Quentin Burt 11
5) Talon Hayworth 10	6) Landon Cory 09		
5 Humboldt	1	1:01.91	1
1) Jordan Coon 12	2) Corey Dettmann 10	3) Keegan Groat 09	4) Caden Matson 12
5) Coen Matson 09	6) Jackson Dodd 09		
6 Xavier, CR	1	1:01.96	1
1) Quinn Oleson 10	2) Will Hacke 11	3) Coleton Beasler-Weber 10	4) Grayson Hartman 11
5) Colin Stoltenberg 10	6) Liam Perreault 10		
7 Decorah	1	1:02.01	1
1) Austin Wilkins 12	2) Dakota Johnson 10	3) Gavin Groux 09	4) Jacob Piphoo 12
5) Joshua Adam 09	6) Cade Averhoff 10		
8 Carlisle	1	1:02.04	3
1) Austin Follis 11	2) Joe Goodhue 11	3) Mark Mast 11	4) Archer Ogbourne 12
5) Noah Noland 09	6) Dylan Egan 09		
9 Saydel	1	1:02.21	1
1) Dallas Wicks 12	2) AJ Ollin 09	3) Austin Chally 12	4) Trevor Lause 12
5) Caleb Hecker 12	6) Caleb Tylavsky 12		
10 Epworth, WD	1	1:02.26	2
1) Ashton Hogrefe 10	2) Tyler Horstman 10	3) Timmy Horsfall 12	4) Colin McDermott 10
5) Brandon Decker 10	6) Jaden Then 09		
11 DC-Grimes	1	1:02.26	2
1) Skyler Nolte 12	2) Kyle Snyder 12	3) Kieran Shawhan 12	4) Zach Smid 10
5) Jordan Kalk 09	6) Trevone King 09		
12 Independence	1	1:02.30	3
1) Keegan Schmitt 12	2) Isaac Wilcox 11	3) Carter Straw 11	4) Brady Kohrs 11
5) Josh Beatty 10	6) Robert Hansen 12		
13 Central DeWitt	1	1:02.61	2
1) Tristan Rheingans 10	2) Matthew Watters 11	3) Abram Krukow 09	4) Ryan Watters 09
5) Luke Schlimmer 12	6) Lucas Burmeister 12		
14 Glenwood	1	1:02.63	1
1) Tyler Boldra 12	2) Kaden Petersen 12	3) Grant VonEssen 12	4) Anthony Driscoll-Lee 11
5) Trey Darden 09	6) Aaron McPherson 10		

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Event 156 ... (Boys 4x110 Meter Shuttle Hurdle 3A (24) Prelims)

	Team	Relay	Seed Time	
15	Lewis Central	1	1:02.79	2
	1) Braylon Kammrad 11	2) Aidan Bergman 10	3) JC Dermody 12	4) Lual Maker 10
	5) Julian Humpal 11	6) Chase Wallace 11		
16	Benton Comm	1	1:03.32	3
	1) Colin Buch 12	2) Noah Franck 11	3) Aidan Thompson 12	4) Easton Patterson 11
	5) Grant Lange 12	6) Brayden Suiter 09		
17	ADM, Adel	1	1:03.40	3
	1) Zach Lohmann 10	2) Luke Krantz 10	3) Matt Dufoe 12	4) Caleb Oberhoffer 09
	5) Keaton Kier 09	6) Jacob Kitzinger 11		
18	Waverly-SR	1	1:03.53	4
	1) Robert Poyner 10	2) Samuel Roose 11	3) Caleb Hoins 11	4) Wesley Spears 12
	5) Jameson Toma 09	6) Samuel Freese 10		
19	North Polk	1	1:03.79	2
	1) Caden Mart 11	2) Colton Manock 10	3) Kole Krings 11	4) Sal Capaldo 12
	5) Nathan Feldman 09	6) Brodie Figgins 10		
20	Atlantic	1	1:04.44	3
	1) Jackson McLaren 11	2) Colton Rasmussen 10	3) Alex Keiser 11	4) Dante Hedrington 10
	5) Dayton Templeton 12			
21	Washington	1	1:04.51	2
	1) Tayven Stuart 11	2) James Strabala 11	3) Mason Morgan 09	4) Austin Rebling 11
	5) Ethan Ziegrowsky 12	6) James Medrano 12		
22	Spencer	1	1:04.64	2
	1) Weston Johnson 10	2) Jerome Hollingsworth 09	3) Preston Pitts 09	4) Jack Berends 09
	5) Qam Ramirez 09			
23	Newton	1	1:04.71	4
	1) Curtis Payne 10	2) Reilly Trease 09	3) Reese Hammons 12	4) Cole Swank 12
	5) Brody Bauer 11	6) Christian Ergenbright 09		
24	Solon	1	1:05.03	4
	1) Nash Kotar 10	2) Charlie Brandt 10	3) Cole Carney 09	4) Brady Mullen 12
	5) Ben Duckett 10	6) Oaken Foster 11		

Event 160 Boys 800 Sprint Medley 3A (24)**Saturday 5/21/2022 - 10:10 AM**

	Team	Relay	Seed Time	
1	DC-Grimes	1	1:33.79	1
	1) Kieran Shawhan 12	2) Zach Smid 10	3) Gavin Todd 12	4) Daniel Onwuramaka 11
	5) Keaton Jackson 12	6) Mason Jackson 11		
2	Winterset	1	1:34.83	2
	1) Blake Bellamy 12	2) Caden Kleemeier 12	3) Dawson Forgy 12	4) Logan Fairchild 09
	5) Gavin Day 09	6) Hagan Hanselman 11		
3	Spencer	1	1:35.07	1
	1) Keaton Stanzel 10	2) Miles Robbins 09	3) Taron Green 12	4) Gavin Timmer 11
	5) Adrian Carrillo 10	6) Campbell Wessels 11		
4	Fairfield	1	1:35.11	1
	1) Connor Lyons 12	2) Tallon Bates 10	3) Aiden Lyons 11	4) River Patterson 12
	5) Hunter Cecchini 11	6) Dallen Rippey 11		
5	Benton Comm	1	1:35.20	1
	1) Colin Buch 12	2) Carson Bruns 10	3) Jacob Brecht 12	4) Aiden Harris 12
	5) Lawrence Wallace 12	6) Brady Osborn 12		
6	Pella	1	1:35.41	1
	1) Nolan Clayberg 12	2) Gage Huyser 12	3) Quinn Gruver 11	4) Jake Van Hemert 12
	5) Jacob Byers 12	6) Karl Miller 12		

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Event 160 ... (Boys 800 Sprint Medley 3A (24))

Event	Team	Relay	Seed Time	
7	LeMars	1	1:35.71	2
	1) Ryan Sadoski 11	2) Sione Fifita 11	3) Reece Spieler 12	4) Cael Kass 12
	5) Matt Vondrak 11	6) David Leusink 12		
8	Marion	1	1:35.87	2
	1) Brayson Laube 11	2) Jacob Wilkinson 12	3) Alex Mota 11	4) Eliot Sharp 12
	5) Luke Treca 12	6) Griffin Coates 11		
9	Boy-Hul/Rock Val	1	1:35.88	3
	1) Bryson Van Grootheest 12	2) Caleb Kats 12	3) Vance Katzfey 12	4) Evan Janzen 11
	5) Landyn Van Kekerix 12	6) Blake Bomgaars 11		
10	CPU	1	1:35.90	1
	1) Tyler Bark 10	2) Joe Dufoe 12	3) Aaron Kramer 12	4) Cole Werner 11
	5) Carter Andrews 09	6) Brecken Andersen 09		
11	Washington	1	1:36.08	2
	1) Ethan Patterson 11	2) Austin Rebling 11	3) Jacob Miller 12	4) Elijah Morris 11
	5) Alec Ulin 10	6) Lucas Kroll 12		
12	Ballard	1	1:36.33	3
	1) Jayden Swain 11	2) Blake Stover 12	3) Chance Lande 10	4) Jameson Witt 10
	5) Eric Sydnes 09	6) Jack Nelson 10		
13	SB-Luton	1	1:36.36	4
	1) Kaden Smith 12	2) Evan Spanel 09	3) Easton Wheeler 11	4) Scott Kroll 11
	5) Gannon Aymar 11	6) Jacob Hoffman 11		
14	Clear Crk-Amana	1	1:36.40	3
	1) Ethan Pegump 12	2) Harrison Rosenberg 12	3) Gage Freeman 12	4) Gavin Zillyette 12
	5) Keyan Gisleson 12	6) Eston McAlpin 11		
15	Central DeWitt	1	1:36.48	3
	1) Caden Ridgley 12	2) David Harper 11	3) Alex Fuller 11	4) Lucas Burmeister 12
	5) Will Ginter 10	6) Ben Pace 11		
16	MOC-FV	1	1:36.60	5
	1) Caiden Moss 11	2) Carter Aalbers 12	3) Luke Jeltema 12	4) AJ Bomgaars 12
	5) Reese Van Zee 12	6) Simeon Bundt 11		
17	Grinnell	1	1:36.61	2
	1) Evan Mahoney 10	2) Calvin Jaworski 12	3) Rhett Nagel 12	4) Josh Osborne 12
	5) Will Doty 12	6) Jonas Conner 11		
18	Epworth, WD	1	1:36.67	2
	1) Carson Burger 11	2) Brock Carpenter 10	3) Caleb Klein 11	4) Ian Fagan 11
	5) Dillon Aulwes 10	6) Dylan Schroeder 12		
19	ADM, Adel	1	1:36.68	4
	1) Aiden Flora 10	2) Tyler Gelhaar 10	3) Owen Higgins 12	4) Caleb Crystal 12
	5) Cade Morse 11	6) Brevin Doll 10		
20	Lewis Central	1	1:36.99	1
	1) Jonathan Humpal 11	2) Lual Maker 10	3) Tyler Hinsley 12	4) Luciano Fidone 11
	5) Luke Woltmann 10	6) Gabriel Watson 11		
21	Mt Vernon	1	1:37.00	4
	1) Caden Stimmel 11	2) Tyler Panos 11	3) Trenton Pitlik 12	4) Owen Brase 12
	5) Zach Fall 11	6) Jackson Rhomberg 11		
22	North Polk	1	1:38.00	1
	1) Brady Miller 11	2) Kaden Halterman 11	3) Jacob Blomquist 12	4) Andrew Haney 12
	5) Cooper Spurgeon 11	6) Andrew Wilcox 10		
23	Gilbert	1	1:38.93	2
	1) Nolan Weber 11	2) Isaac Baker 10	3) Bo Gidel 12	4) Carson Ragaller 11
	5) Jack Buss 12	6) Jonathan Stoker 10		

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Event 160 ... (Boys 800 Sprint Medley 3A (24))

	Team	Relay	Seed Time
24	Glenwood	1	1:39.03 2
	1) Colby Frye 11	2) Jackson Mulkins 09	3) Tyler Boldra 12
	5) Brock Sell 12	6) Cody Krause 11	4) Cooper DeLashmutt 09