

2022 TRACK & FIELD

STATE MEET STAT BOOK

UP TO AND INCLUDING PERFORMANCES FROM THE
2021 STATE MEET

History, team champions, runner-up, event champions
and State Meet and Class Records 1906-2021



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
BOONE, IOWA



INTRODUCTION

This Stat Book represents the research and organization of many people who have been at the forefront and behind-the-scenes of Iowa prep track and field. Our deepest thanks go to Mo Kelley, former IHSAA Publications Director, for his efforts from 1970-2001 for launching this book.

While this book identifies mainly the past team and event champions, it also represents the IHSAA's admiration and respect for all the athletes, coaches, officials, and administrators who have nurtured our track and field program to the status it currently enjoys.

We hope that as you review the names of our champions, you will note past Olympians - including champions and medal winners, collegiate champions, All-Americans, American and world record holders, collegiate and professional athletes in other sports, and a countless number of successful individuals in all walks of life each who has breathed life into the IHSAA credo of Sportsmanship and Citizenship. To no one's surprise the same is true of the near champions, other place winners and participants who are not found on the following pages, but share in the tradition of greatness known as Iowa high school track and field. Each remains a hometown champion and hero because of his sacrifice and dedication. That is the legacy that in 2018 celebrates its 113th year and serves as a strong testimonial of the wonderful experience of being a high school athlete.

A THANK YOU TO ALL

We invite coaches and readers to review the information contained in this book and on the track page of our website. The archives contain an all-time best list of performances, with the first group being metric times and the second group being the all-time yardage bests. We welcome corrections and additions in that list. As we receive verification of performances we may have missed they are added. ***Times that appear in hundredths are fully-automatic as they are in this book. Other performances are rounded up to the nearest tenth in accordance with official track and field timing procedures. No + or - .24 performances are listed since that quantification is intended for seeding purposes only. The performances in this book are the actual ones recorded at the time.***

This Stat Book, like others we produce at the IHSAA, is updated annually and available in PDF format on our website. We try and improve the quality and accuracy of the information each year. A special thanks to track administrator Jared Chizek of our staff for his assistance. With over 8,500 names of athletes and schools plus performances, an error(s) in spelling, a typo or an inaccuracy can occur. If you discover any please contact Chris Cuellar at the IHSAA by e-mail at ccuellar@iahsaa.org.

Brief History of the IHSAA's Longest Sanctioned Sport

OVERVIEW: In May 1906 track and field was the very first competition for the fledgling Iowa High School Athletic Association approved for a State Meet. Now with the first century tucked away in history, Iowa preps target this spring tradition that has grown significantly in the number of participants and fans.

The information found in this book is the most updated information the IHSAA archives. It includes the team champions and runner-up for each year, and is revised annually. If you find a spelling error or an error in performance, please contact Chris Cuellar at the IHSAA (515-432-2011) or email <ccuellar@iahhsaa.org>. In addition, please contact us if you know the names of the runners of any relay state champions from 1906-1965.

To understand the context of record keeping please consider the following:

A State Meet Record (overall and by class) can be established only in the IHSAA State Meet and in running events that are contested in meters. Following are those records with the ones for comparable yardage events listed in italics.

Comparisons between the two are difficult because of the variables that come into play. We have listed both plus the best state meet and all-time performance as matter of legacy and respect. A more detailed all-time best list is located on the track page of the IHSAA website under "Archives." Effective in 2013, the yardage and metric all-time bests were separated so that the performance listed is what was run. There are no conversions nor is the plus/minus .24 calibration used. ***The all-time bests are performances recorded in any high school competition sanctioned by the IHSAA or the NFHS. It is not to be confused with the State Meet Record, which is set only in the State Meet. An all-time best, established outside of Iowa, is noted with the date and site followed by the best all-time performance in Iowa.***

Performances appearing in tenths of seconds are hand-timed and rounded up; those in hundredths are fully automatic. Starting in 2012, the IHSAA retired yardage events in the all-time best list and preserved them in a separate category rather than use standard conversions. The All Time Best List is the actual performance recorded at the time it was run in yards or meters. No plus or minus .24 has been applied to any of the times, since such a variable blurs the performance and that factor is intended for use only in seeding heats. Field event marks are listed per the reporting rules at the time they were achieved.

HISTORY: Prior to 1906 Grinnell College and the University of Iowa held "open state meets" in the 1890s and 1900s. The meets tended to be "regional" in nature and results are difficult to find. Even after the first IHSAA sanctioned state meet, the University of Iowa continued to hold their meet for several years. In addition, Grinnell College also hosted an Iowa State Championship Meet for high schools and colleges from 1895 through 1925. In previous editions of this book, some of those performances were erroneously in our "champions list", which has now been rectified. The information in this book records the team champion, runner-up and event champions **of the IHSAA State Meet**. From 1906 through 1925 the state meet was an "open meet." Starting in 1926 district competition was initiated to determine the state qualifiers in each event. From 1906-1947 the State Meet was contested in one class. Classification started with the 1948 meet.

May of the past 114 State Track Meets have been held at Drake University including the last 47 years thus giving Iowa athletes the opportunity to compete on one of the nation's premier venues.

A brief synopsis of the history of classification in IHSAA track follows: 1906-1947 – one class; 1948-52 – two classes (A; B); 1953-81 four classes (AA, A, B, C), and 1982 to the present four classes (4A, 3A, 2A, 1A). Since 1926, the smallest schools (Class 1A) have used the district meet as their state qualifying method. Starting in 1983, Class 4A voted to use season performances to determine their state qualifiers. The Class 3A and 2A schools voted for season performance qualifying in 1990. **Effective in 2004 all four classes used a district/state qualifying meet. In 2005 the State Meet went co-ed.**

Except for two events—the Discus and the 120 yd. High Hurdles—the contested events were unchanged until the meet went metric. From 1906 through 1938 the Discus was contested using the collegiate implement, weighing 4 lbs., 7 oz. In 1939, the 3 lbs., 9 oz. implement was made standard. Likewise, from 1906 through 1934 the high hurdles were contested over 42-inch barriers (college height). In 1935 the hurdles went to 39 inches to conform to the rules of the NFHS. State Meet scoring and medal winners have changed over the years. A summary of the changes follows.

Years	Places	Individual	Relays
1906-1909	3	5-3-1	5-3-1
1910-1927	4	5-3-2-1	5-3-2-1
1928-1934	5	5-4-3-2-1	5-4-3-2-1
1935-1970	5	6-4-3-2-1	8-6-4-2-1
1971-1976	6	6-5-4-3-2-1	10-8-6-4-2-1
1977-2002	6	7-5-4-3-2-1	10-8-6-4-2-1
2003-2004	8	8-7-6-5-4-3-2-1	10-8-6-5-4-3-2-1
2005-current	8	10-8-6-5-4-3-2-1	10-8-6-5-4-3-2-1

Iowa went metric in running events in 1978, the same year fully automatic timing (FAT) was used at meets in Drake Stadium. Some classes in 1985 and 1986 were not held at Drake and as a result hand-held times were used.

Given that there were times when the FAT at Drake malfunctioned and back up hand-held times (in tenths) was used.

The inclusive dates for comparable events ran in yards follows: 100 yd. dash, 220 yd., dash, 440 yd. dash, 880 yd. run, mile run, and 120 yd. high hurdles: 1906-1977 each; two-mile run – 1968-1977; 880 yd. relay and mile relay, 1906-1977; 440 yd. relay, mile medley relay, and two-mile relay, 1935-1977 each. The shot put, discus, long jump and high jump have been contested since 1906. The 400-meter hurdles started in 1979. Discontinued running and field events from state competitions are included in a special section that follows.

STATE MEET RECORD INFORMATION

Performances recorded in tenths or an "h" are hand-timed rounded to the next nearest tenth per timing regulations.

Those performances in hundredths are FAT, which began in 1978.

State Meet Records & Class Records are those established at the State Meet and only in meters.

An All-Time Best can be established in any sanctioned meet by the IHSAA or the NFHS

100 METER DASH

Iowa State Meet Record: 10.5h, Treye Jackson, Newton, 1981 prelims

Iowa All-time Best: 10.1h, Adam Haluska, Carroll, 2002; FAT - 10.53, Isaiah Trousil, West Burlington/Notre Dame, 2017

Class 4A Record: 10.5h, Treye Jackson, Newton, 1981 prelims

Class 3A Record: 10.74, Isaiah Trousil, West Burlington/Notre Dame, 2017

Class 2A Record: 10.58, Tanner Iske, West Liberty, 2018

Class 1A Record: 10.84, Jeff Adam, Cardinal, Eldon, 1996

200 METER DASH

Iowa State Meet Record: 21.16, James Harrington, Cedar Falls, 2011

Iowa All-time Best: 20.8h, Tim Dwight, Iowa City, City, 1994; FAT - 21.16, James Harrington, Cedar Falls, 2011

Class 4A Record: 21.16, James Harrington, Cedar Falls, 2011

Class 3A Record: 21.22, Isaiah Trousil, West Burlington/Notre Dame, 2017

Class 2A Record: 21.33, Isaiah Trousil, West Burlington/Notre Dame, 2016

Class 1A Record: 21.80, Lee Elbert, Bishop Garrigan, Algona, 2003

400 METER DASH

Iowa State Meet Record: 46.99, Darien Porter, Bettendorf, 2019

Iowa All-time Best: 46.99, Darien Porter, Bettendorf, 2019

Class 4A Record: 46.99, Darien Porter, Bettendorf, 2019

Class 3A Record: 48.11, Greg Offerman, Charles City, 2005

Class 2A Record: 47.43, Ryan Kedley, North Cedar, Stanwood, 2000

Class 1A Record: 48.32, Jordan Cornilsen, Preston-East Central, 2007

800 METER RUN

Iowa State Meet Record: 1:50.30, Ryan Schweizer, Dowling Catholic, WDM, 2016

Iowa All-time Best: 1:50.18, Aaron Stockstell, Mid-Prairie, 2007

Class 4A Record: 1:50.30, Ryan Schweizer, Dowling Catholic, WDM, 2016

Class 3A Record: 1:53.74, Isaac Wendland, Charles City, 2008

Class 2A Record: 1:51.17, Aaron Stockstell, Mid-Prairie, Wellman, 2008

Class 1A Record: 1:52.10, Riley Bauer, North Union, 2018

1,600 METER RUN

Iowa State Meet Record: 4:06.32, Josh Evans, Linn-Mar, Marion, 2014

Iowa All-time Best: 4:06.32, Josh Evans, Linn-Mar, Marion, 2014

Class 4A Record: 4:06.32, Josh Evans, Linn-Mar, Marion, 2014

Class 3A Record: 4:09.67, Thomas Pollard, Gilbert, 2015

Class 2A Record: 4:16.99, Lance Elliott, Montezuma, 1989

Class 1A Record: 4:13.78, Gable Sieperda, Central Lyon, 2018

3,200 METER RUN

Iowa State Meet Record: 8:50.43, Thomas Pollard, Gilbert, 2014

Iowa All-time Best: 8:50.43, Thomas Pollard, Gilbert, 2014

Class 4A Record: 9:00.97, Josh Evans, Linn-Mar, Marion, 2014

Class 3A Record: 8:50.43, Thomas Pollard, Gilbert, 2014

Class 2A Record: 9:11.30, Reece Smith, Garner-Hayfield-Ventura, 2019

Class 1A Record: 9:09.60, Gable Sieperda, Central Lyon, 2018

110-METER HIGH HURDLES

Iowa State Meet Record: 13.91, Joah Banks, Prairie, Cedar Rapids, 2017 (p)

Iowa All-time Best: 13.85, Riley Moss, Ankeny Centennial 2018; 13.8h by Bill Betterton, Carlisle, 1992; 13.6h (y) Randy

Elliott, Charles City, 1974

Class 4A Record: 13.91, Joah Banks Prairie, Cedar Rapids, 2017 (p)

Class 3A Record: 14.03, Connor Ham, Solon, 2014 (p) & 2015 (p)

Class 2A Record: 14.1h Matt Zuber, Iowa Valley, Marengo, 1985

Class 1A Record: 14.41, Cory Woods, Treynor, 1997

400-METER HURDLES

Iowa State Meet Record: 50.96, Dustin Avey, Ames, 1996

Iowa All-time Best: 50.96, Dustin Avey, Ames, 1996

Class 4A Record: 50.96, Dustin Avey, Ames, 1996 (low hurdle height)

Class 3A Record: 51.35, Greg Offerman, Charles City, 2005 (low hurdle height)

Class 2A Record: 51.62, Brent MacLagan, Jefferson-Scranton, 1995 (low hurdle height)

Class 1A Record: 52.85, Nick Efkamp, Madrid, 2011 (low hurdle height)

4 x 100 METER RELAY

Iowa State Meet Record: 41.68, Valley, West Des Moines (Creighton Mitchell, Matt Mahoney, Ryan Neu, Jon Shaner), 2019

Iowa All-time Best: 41.33, Iowa City, City (Dan McMahon, Jason Ringena, Mike Richards, Merrill Coleman), 6-16-96, Raleigh, NC

Class 4A Record: 41.68, Valley, West Des Moines (Creighton Mitchell, Matt Mahoney, Ryan Neu, Jon Shaner), 2019

Class 3A Record: 42.18, Xavier, Cedar Rapids (Derek Kramer, Derek Wollner, Corey Reed, Bryce Colston), 2008

Class 2A Record: 42.44, West Burlington/N Dame (Timmy Williams, Brant Wrede, Isaiah Trousil, Xavior Williams) 2015 (p)

Class 1A Record: 43.01, Lisbon (Marquis Stephens, Nick Dains, Matt Murphy, Derek Stephens), 2003 prelims

4 x 200 METER RELAY *(Chute start listed if faster)*

Iowa State Meet Record: 1:26.17, Valley, West Des Moines (Jon Shaner, JJ Gass, Ryan Neu, Jake Keller), 2019

Iowa All-time Best: 1:26.17, Valley, West Des Moines (Jon Shaner, JJ Gass, Ryan Neu, Jake Keller), 2019

Class 4A Record: 1:26.17, Valley, West Des Moines (Jon Shaner, JJ Gass, Ryan Neu, Jake Keller), 2019

Class 3A Record: 1:27.87, Sergeant Bluff-Luton (Matthew George, Ryley McGregor, Drew Girres, Brady Wall), 2016

Class 2A Record: 1:27.14, West Burlington/N. Dame (Xavior Williams, Jacob Smith, Spencer Ferguson, Isaiah Trousil) '16

Class 1A Record: 1:29.62, Panorama (Justin McDermott, Bob McFadden, Shaun Moylan, Travis Geopfert), 1997

4 x 400 METER RELAY

Iowa State Meet Record: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming) '06 (p)

Iowa All-time Best: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 (p)

Class 4A Record: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 (p)

Class 3A Record: 3:18.24, Bishop Heelan, Sioux City (Preston Ives, Michael Malloy, Nate Berger, Brendan Dougherty) 2009 (p)

Class 2A Record: 3:18.09, Albia (Tony Leshen, Kyle Sinnott, Jacob Clouse, Avery Moore), 2016

Class 1A Record: 3:22.13, North Linn, Troy Mills (Ty Sherman, T.D. Holub, Justin Waring, Seth Schuhmacher) 2006

4 x 800 METER RELAY

Iowa State Meet Record: 7:41.43, Ames (Lee Grim, Kuol Chol, Atem Akok, Daniel Chan), 2015

Iowa All-time Best: 7:41.43, Ames (Lee Grim, Kuol Chol, Atem Akok, Daniel Chan), 2015

Class 4A Record: 7:41.43, Ames (Lee Grim, Kuol Chol, Atem Akok, Daniel Chan), 2015

Class 3A Record: 7:49.07, Spirit Lake Park (Alec Baldwin, Keith Byers, Kayne Feldick, Will Norris), 2011

Class 2A Record: 7:50.39, Monticello (Jarrett Easton, Jordan Loes, Derek Manternach, Matt Manternach), 2015

Class 1A Record: 7:58.63, Pekin (Chandler Eckley, Sam Roth, Isaiah Wittrock, Ryan Millikin), 2017

1,600 METER MEDLEY RELAY

Iowa State Meet Record: 3:24.39. Linn-Mar, Marion (Austin Flieder, Tim Wolfe, Duggan Trenary, Josh Evans), 2014

Iowa All-time Best: 3:22.69, Iowa City, City (Sumaster Newell, Hakim Hill, Calvin Davis, Jeremy Mims), 2001 (June 13-01; Nike Invitational; Raleigh, NC)

Class 4A Record: 3:24.39. Linn-Mar, Marion (Austin Flieder, Tim Wolfe, Duggan Trenary, Josh Evans), 2014

Class 3A Record: 3:27.65, Assumption, Davenport (Ben Irmen, Joe Conklin, Mike Craddick, Brett Adams), 2004
Class 2A Record: 3:26.16, Mid-Prairie, Wellman (Tanner Miller, Cody Bontrager, Lance Silbaugh, Aaron Stockstell) 2008
Class 1A Record: 3:32.40, West Marshall (Brian Karsjens, Bob Kilker, Richard Affeldt, Brian Smith), 1994

4 x 110 METER SHUTTLE HURDLE RELAY (36" hurdles, new 2019)

Iowa State Meet Record: 57.18, Valley, W.D.M. (Parker Marschal, Urias Gbarjolo, Trajen Thornton, Jayden Williams) 2019
Iowa All-time Best: 57.18, Valley, W.D.M. (Parker Marschal, Urias Gbarjolo, Trajen Thornton, Jayden Williams) 2019
Class 4A Record: 57.18, Valley, W.D.M. (Parker Marschal, Urias Gbarjolo, Trajen Thornton, Jayden Williams) 2019
Class 3A Record: 59.47, Epworth, Western Dubuque (Mitchell Ashline, Tanner Nauman, Devin Neuhaus, Logan Brosius) 2021
Class 2A Record: 59.49, Dike-New Hartford (Cade Fuller, Grant Bixby, Ely Sohn, Seth Eden), 2019
Class 1A Record: 1:00.20, Lisbon (Cohen Kamaus, Luke Czarnecki, Bryce Clausen, Kole Becker) 2021

800 Sprint Medley Relay (new 2017)

Iowa State Meet Record: 1:30.92, Bettendorf (Austin Kalar, Carter Bell, Leo Desequeria, Darien Porter), 2019
Iowa All-time Best: 1:30.92, Bettendorf (Austin Kalar, Carter Bell, Leo Desequeria, Darien Porter), 2019
Class 4A Record: 1:30.92, Bettendorf (Austin Kalar, Carter Bell, Leo Desequeria, Darien Porter), 2019
Class 3A Record: 1:31.77, Sergeant Bluff-Luton (Zach Shultz, Sam DeMoss, Josh Stangel, Jorma Schwedler) 2019
Class 2A Record: 1:31.76, Unity Christian, Orange City (Tyler Wieringa, Clayton Bosma, Logan Franken, Tanner Schouten) 2021
Class 1A Record: 1:33.57, Wapsie Valley (Dawson Schmit, Ethan Oltrogge, Holten Robinson, Trevor Sauerbrei) 2021

DISCUS

Iowa State Meet Record: 197-05, Tom Yezek, Northwood-Kensett, 2016
Iowa All-time Best: 207-08, Scott Crowell, Mason City, 1978
Class 4A Record: 192-06, Nick Brayton, Iowa City West, 2007
Class 3A Record: 190-10, Tristan Wirfs, Mount Vernon, 2017
Class 2A Record: 186-02, Allan Walz, Bondurant-Farrar, 1991
Class 1A Record: 197-05, Tom Yezek, Northwood-Kensett, 2016

SHOT PUT

Iowa State Meet Record: 67-02, Nick Phelps, KP-WC, 2018
Iowa All-time Best: 70-11, Doug Lane, Cedar Rapids, Jefferson, 1968
Class 4A Record: 65-11.50, Doug Lane, Cedar Rapids, Jefferson, 1968
Class 3A Record: 64-07.75, Drew Clark, Marion, 2009
Class 2A Record: 67-02, Nick Phelps, KP-WC, 2018
Class 1A Record: 60-10.25, Bob Feuerbach, Preston, 1975

HIGH JUMP

Iowa State Meet Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981
Iowa All-time Best: 7-03.5, Brian Tietjens, North Central, Manly, 1981
Class 4A Record: 7-0, Andy Kohler, Ames, 1999
Class 3A Record: 6-11, Colten Kelly, Anamosa, 2008
Class 2A Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981
Class 1A Record: 6-11, Ehi Oamen, Hinton, 2006

LONG JUMP

Iowa State Meet Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985
Iowa All-time Best: 24-09.50, Chris Walker, Davenport, Central, 1984 (Golden West Invit'l; Sacramento, CA, 1984)
Class 4A Record: 24-01, Jerry Westerfield, Davenport, North, 2012 and Chris Walker, Davenport, Central, 1983
Class 3A Record: 23-04.25, Chandler Diercks, Clear Lake, 2014
Class 2A Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985
Class 1A Record: 23-02.50, Nick Efkamp, Madrid, 2011

STATE MEET WHEELCHAIR EVENT RECORDS

(Started in 1990 unless otherwise noted)

100

State Meet Record: 16.07, Evan Correll, Waukee, 2021

Iowa All-Time Best: 15.11, Evan Correll, Waukee, 2021

200

State Meet Record: 29.17, Evan Correll, Waukee, 2021

Iowa All-Time Best: 27.97, Evan Correll, Waukee, 2021

400 – Started in 2003

State Meet Record: 56.09, Evan Correll, Waukee, 2021

Iowa All-Time Best: 51.96, Evan Correll, Waukee, 2021

800 – 1990-2002, resume 2019

State Meet Record: 1:46.08, Evan Correll, Waukee, 2021

Iowa All-Time Best: 1:46.08, Evan Correll, Waukee, 2021

Shot Put

State Meet Record: 40-05.50, Alex Gudenkauf, Dubuque Senior, 2013

Iowa All-Time Best: 41-02, Alex Gudenkauf, Dubuque Senior, 2013

STATE MEET RECORDS of DISCONTINUED EVENTS

HAMMER THROW (1906-1910)

State Meet Record: 164-05, George Weis, 1909

Iowa All-Time Best: 164-05, George Weis, Marion, 1909

JAVELIN (1927-1941)

State Meet Record: 195-08.25, Bruce Erickson, Traer, 1939

Iowa All-Time Best: 195-08.25, Bruce Erickson, Traer, 1939

FOOTBALL THROW (1942-1963)

State Meet Record: (Point System) 350, Mickie Miller, Cherokee & Gerald Dawson, Sigourney, 1942 (Miller in throw-off)
(Distance Record) 259-05, Stanley Whitman, Iowa Falls, 1963

Iowa All-Time Best: 266-05, Gary Eggers, Audubon, 1963

Class 4A Record: 244-08, Steve Soesbe, Ames, 1963

Class 3A Record: 259-05, Stanley Whitman, Iowa Falls, 1963

Class 2A Record: 238-09.5, Glen Banks, Ainsworth, 1963

Class 1A Record: 248-00.5, Roger Larson, Underwood, 1963

POLE VAULT (1906-1989)

State Meet Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Iowa All-Time Best: 15-06.5, Preston Schmidt, Bettendorf, 1983 (Schmidt vaulted 16-06.5, indoors in 1984)

Class 4A Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Class 3A Record: 15-00.5, Tom Pratt, Cherokee, Washington, 1976

Class 2A Record: 14-02, Doug Atwood, Pekin, Packwood, 1984

Class 1A Record: 13-11.5, Darrell Crawford, Lamoni, 1976

100 YARD DASH (1906-77)

State Meet Record: 9.5, Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Iowa All-Time Best: 9.3 by Clyde Duncan, Des Moines North, 1964

Class 4A Record: 9.5, Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Class 3A Record: 9.9, Ron Davis, Perry, 1965; Jerry Lenz, Cherokee, 1966; Steve Wolpert, West Monona, 1970; Mike Shaw, Nevada, 1975 (p)

Class 2A Record: 9.9, Jack Bintz, Sutherland, 1964; Ron Miller, English Valleys, 1965; Warren Johnson, West Lyon, 1967; Dave Harskamp, Sioux Center, 1968

Class 1A Record: 9.7, Jim Cave, Dexfield, Redfield, 1964

220 YARD DASH (1906-1977 one turn)

State Meet Record: 21.4, James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971

Iowa All-Time Best: 20.9 Tom Jennings, Marshalltown, 1955

Class 4A Record: 21.4, James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971

Class 3A Record: 21.7, Mike Shaw, Nevada, 1976

Class 2A Record: 22.1, Steve Hodges, Laurens, 1966

Class 1A Record: 22.2, Bruce McDonald, Scranton, 1964; Vic Lochman, Alden, 1976

440 YARD DASH (1906-1977)

State Meet Record: 48.0, Roger Colglazier, Davenport, Central, 1967; Chuck Curtis, Clinton, 1970

Iowa All-Time Best: 47.9, Roger Colglazier, Davenport, Central, 1968

Class 4A Record: 48.0, Roger Colglazier, Davenport, Central, 1967; Chuck Curtis, Clinton, 1970

Class 3A Record: 49.0, Tom Dovel, Red Oak, 1973; Mike Norton, Anamosa, 1976

Class 2A Record: 49.0, Gary Hollingsworth, English Valleys, 1960

Class 1A Record: 49.7, John Pollock, Havelock-Plover, 1965

880 YARD RUN (1906-1977)

State Meet Record: 1:52.1, David Korir, Cedar Rapids, Washington, 1975

Iowa All-Time Best: 1:50.0, David Korir, Cedar Rapids, Washington, 1975

Class 4A Record: 1:52.1, David Korir, Cedar Rapids, Washington, 1975

Class 3A Record: 1:55.2, Jim McGuire, Centerville, 1976

Class 2A Record: 1:55.4, Mike Elliott, West Branch, 1977

Class 1A Record: 1:57.2, Tom Christensen, Ventura, 1975

MILE RUN (1906-1977)

State Meet Record: 4:13.8, Joe Burke, Columbus Catholic, Waterloo, 1975

Iowa All-Time Best: 4:04.38, Josh Evans, Linn-Mar, Marion, 2014

Class 4A Record: 4:13.8, Joe Burke, Columbus Catholic, Waterloo, 1975

Class 3A Record: 4:18.6, Dennis Modracek, Prairie, Cedar Rapids, 1967

Class 2A Record: 4:20.1, Dennis Reed, Anita, 1964; Rex Karamitros, Newman Catholic, Mason City, 1977

Class 1A Record: 4:21.0, Jerome Howe, Treynor, 1967

2 MILE RUN (1968-1977)

State Meet Record: 8:58.8, Jim Eicken, Davenport, Central, 1974

Iowa All-Time Best: 8:52.0, Jim Eicken, Davenport, Central, 1975

Class 4A Record: 8:58.8, Jim Eicken, Davenport, Central, 1974

Class 3A Record: 9:20.3, Mike Cregen, Clarinda, 1974

Class 2A Record: 9:36.3, Jim Hansen, Dike, 1976

Class 1A Record: 9:36.8, Mark Hughes, Delwood, Elwood, 1974

120-YARD HIGH HURDLES (1906-1977)

State Meet Record: 14.0, Greg Rumble, Urbandale, 1974

Iowa All-Time Best: 13.6, Randy Elliott, Charles City, 1977

Class 4A Record: 14.0, Greg Rumble, Urbandale, 1974

Class 3A Record: 14.2, Steve Casey, Cherokee, Washington 1971

Class 2A Record: 14.5, LeRoy McCuen, Corning, 1977

Class 1A Record: 14.5, Ross Thiedeman, Ar-We-Va, 1977

220-YARD LOW HURDLES (1906-1934)

State Meet Record: 24.1, Francis Layden, Davenport, 1931

Iowa All-Time Best: 24.1, Francis Layden, Davenport, 1931

200-YARD LOW HURDLES (1935-1950)

State Meet Record: 22.4, Bob Morris, Clarion, 1940
Iowa All-Time Best: 22.4, Bob Morris, Clarion, 1940
Class A Record: 22.7 Dean Duel, Cherokee, 1948
Class B Record: 23.6, Arden Heisdorffer, Keota, 1949

180-YARD LOW HURDLES (1951-1977 one turn)

State Meet Record: 19.4, Randy Elliott, Charles City, 1977
Iowa All-Time Best: 18.8, Dan Wiersen, Ames, 1972
Class 4A Record: 19.4, Randy Elliott, Charles City, 1977
Class 3A Record: 19.6, Chris Nady, Nevada, 1977
Class 2A Record: 19.6, LeRoy McCuen, Corning, 1977
Class 1A Record: 19.9, Ross Thiedeman, Ar-We-Va, Westside, 1977

165-METER LOW HURDLES (1978)

State Meet Record & Iowa All-Time Best: 20.3, Jon Hutch, Clinton, 1978

440-YARD RELAY (1935-1977)

State Meet Record: 42.2, Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo, Duncan), 1975 (p)
Iowa All-Time Best: 42.2, Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo, Duncan), 1975 (p)
Class 4A Record: 42.2, Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo, Duncan), 1975 (p)
Class 3A Record: 43.7, Glenwood (Dick Keith, Pando Markuly, Kent Asmussen, Kenny Hunter), 1966 (p); Storm Lake (Alan Bowles, Art Lande, Jim Jorgensen, Gene Lyster), 1967; West Monona (Bob Bisbee, Dave Brink, Steve Wolpert, Jack Comfort), 1969
Class 2A Record: 43.8, Maurice-Orange City (Darwin Vermaat, David Woodward, Garry Brumels, Dan DeKoter), 1973 (p)
Class 1A Record: 44.1, Terril (Dan Opoien, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 (p)

880-YARD RELAY (1906-1977)

State Meet Record: 1:27.9, Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977
Iowa All-Time Best: 1:27.9, Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977
Class 4A Record: 1:27.9, Cedar Rapids, Washington (Varrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977
Class 3A Record: 1:29.8, Eagle Grove (Gerald Page, Dave Stockdale, Mike Asche, Mike Koepke), 1973 (p); Nevada (Mike Leeper, Earl Stoeffler, Marc Andresen, Mike Shaw), 1975 (p)
Class 2A Record: 1:31.2, Maurice-Orange City (Gary Brumels, David Woodward, Doug DeHaan, Dan DeKoter), 1973 (p)
Class 1A Record: 1:31.1, Terril (Dan Opoien, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 (p)

MILE RELAY (1906-1977)

State Meet Record: 3:17.7, Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970
Iowa All-Time Best: 3:17.7, Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970
Class 4A Record: 3:17.7, Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970
Class 3A Record: 3:23.4, Cherokee, Washington (Byron Reed, Jon Hantsbarger, Tom Graves, Don Woods), 1967
Class 2A Record: 3:27.3, Manson (Tom Sigler, Del Rost, Jim Walstrom, John Walstrom), 1966
Class 1A Record: 3:27.2, Hamburg (Tom Arzana, Charles Dovel, Joe Livengood, Jeff Barrett), 1977

2-MILE RELAY (1935-1977)

State Meet Record: 7:47.0, Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn) 1977
Iowa All-Time Best: 7:47.0, Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn) 1977
Class 4A Record: 7:47.0, Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn) 1977
Class 3A Record: 8:01.4, Lewis Central (Andy Everson, Ed Croson, Don Woods, Boyd Nansel), 1974
Class 2A Record: 8:05.6, Britt (Dave Zrostilk, Dave Howlett, Jim Dummett, Doug Pooch), 1974
Class 1A Record: 8:09.9, Hamburg (Ray Aranza, Tom Alstrope, Mark Fletcher, Jay Kirby), 1973

MILE MEDLEY RELAY (1935-1977)

State Meet Record: 3:27.0, Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975
Iowa All-Time Best: 3:27.0, Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975
Class 4A Record: 3:27.0, Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975
Class 3A Record: 3:32.5, Anamosa (Bill Burhans, Tom Michels, Mike Norton, Kevin Burke), 1975
Class 2A Record: 3:34.0, Greene (Byron Davis, John Van Eschen, Rich Allison, Brian Frevert), 1975

Class 1A Record: 3:36.9, Meriden-Cleghorn (Brian Ruppi, Jerry Biezuns, Mike Hurd, Pete Stevenson), 1975

4 x 110 METER SHUTTLE HURDLE RELAY (30" hurdles – 2007, 2008)

Iowa State Meet Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Iowa All-time Best: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Class 4A Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Class 3A Record: 57.30, Atlantic (John Cord, JD Reason, Alex Schelling, Jordan Mullen), 2008

Class 2A Record: 57.09, Hudson (Matt Finn, Tanner Wright, Jeff Dunwald, Channing Puls), 2008

Class 1A Record: 58.15, WACO, Wayland (Doug McIntyre, Tad Morrow, Chase Roth, Austin McBeth), 2008

4 x 110 METER SHUTTLE HURDLE RELAY (33" hurdles in 2009; New Event in 2019 with 36" hurdles)

Iowa State Meet Record: 55.78, Waukee (Josh Brdicko, Kalen Renshaw, Scott Stanley, Jared Brdicko), 2014

Iowa All-time Best: 55.68, Linn-Mar, Marion (Daniel Gorsich, Nick House, Gavren Dochterman, Zeal Baker), 2016

Class 4A Record: 55.78, Waukee (Josh Brdicko, Kalen Renshaw, Scott Stanley, Jared Brdicko), 2014

Class 3A Record: 56.74, Waverly-Shell Rock (Cole Chestnut, Jackson Litterer, Blake Willson, Eric Larson), 2011

Class 2A Record: 56.99, Sioux Center (Christian Rozeboom, Alex Bakker, Derek Hooyer, Dylan Van't Hof), 2014 (p)

Class 1A Record: 58.48, Madrid (Nick Novotny, Tanner Adams, CJ Manthe, Jeremy Johnson), 2012 prelims

Wheelchair Discus (1990-2004)

State Meet Record: 85-10, Nick Lange, Wahlert Catholic, Dubuque, 2003

Iowa All-Time Best: 85-10, Nick Lange, Wahlert Catholic, Dubuque, 2003

STATE TEAM CHAMPIONS

<u>Year</u>	<u>Champion</u>	<u>Coach</u>	<u>Site</u>
1906	Ida Grove (43).....	John Williams & Charles Kiesell.....	Iowa City, Iowa Field
1907	Ida Grove (45).....	John Williams & Charles Kiesell.....	Iowa City, Iowa Field
1908	Des Moines, West (37)	Charles Chase.....	Des Moines-Haskin Stadium
1909	Des Moines, East (48)	John Van Liew	Des Moines-Haskin Stadium
1910	Des Moines, West (27)	Charles Chase.....	Des Moines-Haskin Stadium
1911	Des Moines, West (23)	Charles Chase.....	Des Moines-Haskin Stadium
1912	Des Moines, West (33)	Charles Chase.....	Des Moines-Drake Stadium
1913	Des Moines, West (31)	Charles Chase.....	Des Moines-Drake Stadium
1914	Des Moines, West (33)	Charles Chase.....	Des Moines-Drake Stadium
1915	Davenport (19).....	E. W. Nixon.....	Des Moines-Drake Stadium
1916	Des Moines, West (19.50)	Raymond Allen	Des Moines-Drake Stadium
1917	Des Moines, North (33).....	Harry Bell.....	Des Moines-Drake Stadium
1918	Mason City (34)	Charles A. West.....	Ames-Iowa State
1919	Davenport (19).....	E. W. Nixon.....	Ames-Iowa State
1920	Sioux City (30)	Charles Hoyt.....	Ames-Iowa State
1921	Cedar Rapids (29)	Leo Novak	Ames-Iowa State
1922	Cedar Rapids (31)	Leo Novak	Ames-Iowa State
1923	Cedar Rapids (25.50)	Leo Novak	Ames-Iowa State
1924	Cedar Rapids (41.50)	Leo Novak	Iowa City
1925	Cedar Rapids (22)	Leo Novak	Ames-Iowa State
1926	Des Moines, East (25)	Cress W. (Dad) Hoyt	Des Moines-Drake
1927	Carroll (16.75).....	Boyd Thompson	Ames-Iowa State
1928	Des Moines, East (17 ⁵ / ₆).....	Mike Augustine	Ames-Iowa State
1929	Mason City (19)	Clayton "Chick" Sutherland & Judge Grimsley.....	Ames-Iowa State
1930	Mason City (23)	Clayton "Chick" Sutherland & Judge Grimsley.....	Ames-Iowa State
1931	Davenport (21).....	Jesse Day.....	Ames-Iowa State
1932	Clinton (19)	Everett Scherich	Ames-Iowa State
1933	Clinton (21)	Everett Scherich	Ames-Iowa State
1934	Des Moines, North (25).....	R.H. Lynam.....	Grinnell-Ward Field
1935	Davenport (47.50).....	Jesse Day.....	Ames-Iowa State
1936	Des Moines, East (48)	Mike Augustine	Ames-Iowa State
1937	Dubuque (42).....	Wilbur Dalzell.....	Ames-Iowa State
1938	Des Moines, East (31.75)	Mike Augustine	Ames-Iowa State
1939	Des Moines, East (40)	Mike Augustine	Ames-Iowa State
1940	Des Moines, East (59.50)	Mike Augustine	Ames-Iowa State
1941	Ames (33)	Ken Wells	Ames-Iowa State-Clyde Williams
1942	Davenport (52).....	Jesse Day.....	Ames-Iowa State-Clyde Williams
1943	Des Moines, East (49.10)	Mike Augustine	Ames-Iowa State-Clyde Williams
1944	Des Moines, East (41)	Mike Augustine	Ames-Iowa State-Clyde Williams
1945	Sioux City, East (32)	Les Davis.....	Ames-Iowa State-Clyde Williams
1946	(Tie) Clinton; DM, Roosevelt (28.25)	Max Lynn; Archie Johnson	Ames-Iowa State-Clyde Williams
1947	Davenport (52).....	Jesse Day.....	Ames-Iowa State-Clyde Williams
1948	A Des Moines, North (39).....	Jim Lyle	Ames-Iowa State-Clyde Williams
	B Cedar Falls, Teachers (33)	Burl Berry	
1949	A Ames (42.33).....	Hi Covey	Ames-Iowa State-Clyde Williams
	B Nevada (41)	E. Wayne Cooley	
1950	A Des Moines, East (62.67).....	Mike Augustine	Ames-Iowa State-Clyde Williams
	B Nevada (43 ¹ / ₆).....	E. Wayne Cooley	
1951	A Des Moines, East (73).....	Mike Augustine	Ames-Iowa State-Clyde Williams
	B DeWitt (37)	Harold Birney	
1952	A Davenport (64)	Jesse Day	Ames-Iowa State-Clyde Williams
	B (Tie) Lake City; Lamoni (42).....	Doyle Filloon; William Robinson	

1953	AA Des Moines, North (59)	Jim Lyle	Des Moines-Drake
	A Red Oak (35)	Homer Weis	
	B DeWitt (29)	Harold Birney	Grinnell-Ward Field
	C Toledo Juvenile Home (39.20)	Fred Ekstrand	
1954	AA Des Moines, North (52.50)	Jim Lyle	Des Moines-Drake
	A Harlan (39)	Clem Marsden	
	B Lake City (38)	Don Cox	Ames-Iowa State-Clyde Williams
	C Elliott (31)	Carl McClure	
1955	AA Ames (56.50)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Valley, West Des Moines (33.50)	Tom Karpan	
	B Lake City (35.50)	John Jennett	
	C Iowa School for Deaf, Co. Bluffs (22)	Nate Lahn	
1956	AA Ames (46)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Clarinda (48)	Al Gray	
	B Anamosa (26.60)	Jack Fisk	
	C Primghar (27)	Charles Duhrkopf	
1957	AA Ames (57.50)	Hi Covey	Ames-Iowa State-Clyde Williams
	A DeWitt (33)	Harold Birney	
	B Carroll (23)	Cole Collinge	Des Moines-Drake
	C Farragut (35 ^{5/8})	L.C. Steinhoff	
1958	AA Ames (36)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Indianola (27)	Evo Sjeclocha	
	B Tabor (29)	Mike Miles	Des Moines-Williams Stadium
	C Wall Lake (26)	Carl McClure	Boone-Boone High School
1959	AA Des Moines, North (30)	Jim Lyle	Ames-Iowa State-Clyde Williams
	A Clarion (27.50)	Ron Bennett	
	B Clinton, St. Mary's (26.25)	Nate Walton	Des Moines-Williams Stadium
	C West Chester (41)	William Kephart	
1960	AA Ames (49.50)	Hi Covey	Des Moines-William Stadium
	A Belmond (41)	Richard Koolbeck	
	B English Valleys, North English (30)	Phil Ackerman	Ames-Lincoln Way Stadium
	C LuVerne (30)	Bryce Wickett	
1961	AA Des Moines Tech (38)	Chuck Silvey	Ames-Lincoln Way Stadium
	A Clarion (24.75)	Ron Bennett	
	B Maurice-Orange City (27.50)	James (Jim) Miller	
	C Sioux Rapids (25)	Bob Hooegeveen	
1962	AA Cedar Rapids, Jefferson (40)	John Ask	Iowa City-University of Iowa
	A Perry (34.75)	Graydon Lappe	
	B Paullina (31.20)	Bob Brooks	Des Moines-Williams Stadium
	C Merville (35)	Darrell Rapp	
1963	AA Ames (45.50)	Hi Covey	Iowa City-University of Iowa
	A Winterset (31)	Charles McGaffin	
	B George (21)	Harold Roberts	Des Moines-Williams Stadium
	C Dexfield, Redfield (37)	Dean Roe	
1964	AA Ames (46.50)	Hi Covey	Iowa City-University of Iowa
	A Eagle Grove (41.50)	Wally Hanson	
	B Seymour (29)	Fred Hanna	Des Moines-Drake
	C Dexfield, Redfield (33)	Dean Roe	

1965	AA Ames (30)	Cecil Spatcher	Des Moines-Drake
	A Eagle Grove (42)	Wally Hanson	
	B Farragut (25)	Joe Jack	
	C Pomeroy (24)	Bruce Strutzenberg	
1966	AA Sioux City, Central (47)	Mark McLarnan.....	Fort Dodge-Dodger Stadium
	A Cherokee, Washington (54)	Tom Beckham	Eagle Grove-Eagle Grove HS
	B Villisca (30).....	George McVicker.....	Des Moines – Drake
	C Treynor (25)	John Frost	
1967	AA Sioux City, Central (45)	Mark McLarnan.....	Fort Dodge-Dodger Stadium
	A Winterset (25).....	Charles McGaffin.....	Eagle Grove HS
	B Villisca (30).....	George McVicker.....	Cedar Falls-State College Iowa
	C Terril (25).....	Richard Lineweaver	
1968	AA Ames (34)	Harlan Millikin	Ames-Ames High Stadium
	A Spirit Lake (26).....	Robert Wells	
	B Prairie, Gowrie (44)	Don Lewis	Holstein-Holstein HS
	C Goldfield (20).....	Earl Mullins	Pocahontas – HS Stadium
1969	AA Clinton (30)	Bill Holsclaw & Max Lynn	Ames-Ames High Stadium
	A Ankeny (30).....	Warren Kinzel.....	Jefferson-Linduska Stadium
	B Belle Plaine (33).....	Mike Fitzgerald	Marion-Linn Mar HS
	C Miles (26).....	Arlen Kruger	Pocahontas – HS Stadium
1970	AA Clinton (34)	Bill Holsclaw	Ames-Ames High Stadium
	A Eagle Grove (37)	Wally Hanson	Jefferson-Linduska Stadium
	B (Tie) Boyden-Hull; West Harrison (31).....	Al Klemme; Charles Adair.....	Milford HS
	C Woodward-Granger (34)	Ray Wendel	Pocahontas – HS Stadium
1971	AA Ames (45)	John Sletten.....	Ames-Ames High Stadium
	A Eagle Grove (45).....	Wally Hanson	Marion-Linn-Mar HS
	B Belle Plaine (35).....	Roland Kitt	New Sharon-North Mahaska HS
	C Pocahontas (33.50).....	Duane Marcellus.....	Pocahontas – HS Stadium
1972	AA Ames (52)	John Sletten.....	Cedar Rapids-Kingston Stadium
	A Ankeny (34.50).....	Fred Smith	Jefferson-Linduska Stadium
	B Alta (25).....	Jerry Tryon	Des Moines-Drake
	C Central Webster, Burnside (35)	Roy Tallman	
1973	AA Davenport, Central (52).....	Ira Dunsworth	Des Moines-Drake
	A Red Oak (39).....	Dick Morrison	
	B Maurice-Orange City (36).....	Gordon McKinstrey	
	C Terril (29).....	Robert Strouse	
1974	AA Davenport, Central (74).....	Ira Dunsworth	Des Moines-Drake
	A (Tie) Anamosa; Iowa Falls (38).....	Ken Fearing; Chuck Corbin	
	B Britt (41).....	Bob Sanger	
	C Hamburg (29)	Robert Weber	
1975	AA Cedar Rapids, Washington (40)	Harold Wilkinson.....	Des Moines-Drake
	A Anamosa (44).....	Ken Fearing	
	B Corning (43)	Vince Hurley	
	C Hamburg (34)	Robert Weber	
1976	AA Davenport, Central (60).....	Ira Dunsworth	Des Moines-Drake
	A Nevada (45)	Gary Grimm	
	B Corning (39)	Vince Hurley	
	C Hamburg (31)	Robert Weber	

1977	AA Cedar Rapids, Washington (36)	Bill Calloway	Des Moines-Drake
	A Nevada (35)	Gary Grimm	
	B Corning (29.50)	Vince Hurley	
	C (Tie) Hamburg; Y-J-B, Jamaica (34)	Robert Weber; Eric Berthelsen	
1978	AA Davenport, Central (63.50)	Ira Dunsworth	Des Moines-Drake
	A Iowa Falls (44)	Gerry Lenguadoro	
	B Kingsley-Pierson (41)	Darwin DeVries	
	C Kanawha (41)	Rod Barkema	
1979	AA Waterloo, East (46)	Jim Miller	Des Moines-Drake
	A Iowa Falls (47.50)	Gerry Lenguadoro	
	B Pekin (34)	Davis Eidahl	
	C Kanawha (45)	Rod Barkema	
1980	AA Ames (40.50)	John Sletten	Des Moines-Drake
	A Davis County, Bloomfield (35)	Dennis Anderson	
	B Sioux Center (41)	Dale VanderWilt	
	C Treynor (25)	Ken Winkler	
1981	AA Waterloo, West (28)	Gordon Yuska	Des Moines-Drake
	A Davis County, Bloomfield (35)	Dennis Anderson	
	B NUH, Cedar Falls (48)	Iradge Ahrabi-Fard	
	C Paullina (38)	Charles Hughes	
1982	4A Davenport, Central (42)	Ira Dunsworth	Des Moines-Drake
	3A Sheldon (34)	Dale Clefisch	
	2A Sioux Center (37)	Dale VanderWilt	
	1A (Tie) New Hartford; BCLUW (30)	Larry Simons; Mark Trimble	
1983	4A Davenport, Central (63.50)	Ira Dunsworth	Des Moines-Drake
	3A Tipton (35)	Dave Vogelgesang	
	2A West Branch (40)	Jim Mays	
	1A Allison-Bristow (32)	Terry Christiansen	
1984	4A Davenport, Central (49)	Ira Dunsworth	Des Moines-Drake
	3A Tipton (45)	Dave Vogelgesang	
	2A West Branch (58)	Jim Mays	Ankeny-Ankeny High Stadium
	1A Sidney (35)	Jack Blazek	
1985	4A Marshalltown (51)	Richard Rozell	Des Moines-Drake
	3A Tipton (38)	Dave Vogelgesang	
	2A Iowa Valley, Marengo (45)	Scott Hardie	Ankeny-Ankeny High Stadium
	1A (Tie) Earlham; Lone Tree (32)	Jan Fletcher; Doug Hofmeister	
1986	4A Ames (42)	John Sletten	Des Moines-Drake
	3A Pella (34)	Fred Anthony	
	2A NUH, Cedar Falls (48)	Bob Lee	
	1A Paton-Churdan (36)	Jim Cox	
1987	4A Ames (46)	John Sletten	Des Moines-Drake
	3A (Tie) Turkey Valley; Storm Lake (28) ...	Jerry Shultz; Dean Nicholson	
	2A NUH, Cedar Falls (31)	Bob Lee	
	1A CAL, Latimer (33)	Steve Huling	
1988	4A Ames (48)	John Sletten	Des Moines-Drake
	3A Storm Lake (29)	Dean Nicholson	
	2A NUH, Cedar Falls (48)	Bob Lee	
	1A Sanborn (31)	Don Noll	

1989	4A Ames (39).....	John Sletten.....	Des Moines-Drake
	3A Glenwood (37).....	Jim Whitcomb	
	2A Gehlen Catholic, LeMars (32)	Dennis Muller	
	1A Woodbine (47).....	Phil Hummel	
1990	4A Ames (38).....	John Sletten.....	Des Moines-Drake
	3A Glenwood (31).....	Jim Whitcomb	
	2A NUH, Cedar Falls (34).....	Bob Lee	
	1A North Mahaska, New Sharon (47)	Steve Ehret	
1991	4A Ames (71).....	John Sletten.....	Des Moines-Drake
	3A Knoxville (40)	Mike Cunningham	
	2A NUH, Cedar Falls (42).....	Bob Lee	
	1A Lawton-Bronson (24).....	Stan Simpson	
1992	4A Iowa City, City High (62)	John Raffensperger	Des Moines-Drake
	3A Spirit Lake (38).....	Darwin Bears	
	2A West Hancock, Britt (35)	Bob Sanger	
	1A (Tie) Fredericksburg & Woodbine (27)...	Steve Staker; Phil Hummel	
1993	4A Iowa City, City High (60)	John Raffensperger	Des Moines-Drake
	3A Algona (36).....	Brad Heitland	
	2A St. Albert, Co. Bluffs (29)	Ken Mehsling	
	1A West Bend-Mallard (39)	Jerry VanderHorst	
1994	4A Iowa City, City High (57)	John Raffensperger	Des Moines-Drake
	3A Cherokee, Washington (41)	Lynn Jolly	
	2A Ballard, Huxley (39).....	Rich Strouse	
	1A West Bend-Mallard (28)	Jerry VanderHorst	
1995	4A Iowa City, City High (61.50)	John Raffensperger	Des Moines-Drake
	3A Humboldt (44)	Charles Bunn	
	2A Iowa Falls (40).....	Gerry Lenguadoro	
	1A Van Buren, Keosauqua (34)	Gary Loeffler	
1996	4A Iowa City, City High (78)	John Raffensperger	Des Moines-Drake
	3A Centerville (35).....	Jim McCord	
	2A Garner-Hayfield (41)	David Hildebrand	
	1A Gehlen Catholic, LeMars (33)	Dennis Muller	
1997	4A Iowa City, City High (71.50)	John Raffensperger	Des Moines-Drake
	3A Bishop Heelan, Sioux City (43)	David Fravel	
	2A (Tie) Beckman; Unity Christian (32).....	Pat Davis; Karl Kaemingk	
	1A Panorama, Panora (39).....	Ken Janvrin	
1998	4A Valley, West Des Moines (52).....	Jim Duea, Jr.	Des Moines-Drake
	3A Washington (45).....	Steve Roth	
	2A Monticello (33).....	Greg Williams	
	1A NUH, Cedar Falls (28).....	Bob Lee	
1999	4A (Tie) DM, Roosevelt; IC, City High (36) ...	Joe McQuerry; John Raffensperger	Des Moines-Drake
	3A Waverly-Shell Rock (44)	Dave Sage	
	2A Beckman, Dyersville (34)	Pat Davis	
	1A Iowa Mennonite, Kalona (38)	Marcus Hostetler	
2000	4A Iowa City, City (72).....	John Raffensperger	Des Moines-Drake
	3A Mount Pleasant (46).....	Denny White	
	2A (Tie) Unity Christian; West Lyon (32)...	Karl Kaemingk; Gary Kruse	
	1A East Buchanan, Winthrop (25).....	Lanny Buls	

2001	4A Iowa City, City High (71)	John Raffensperger	Des Moines-Drake
	3A Waverly-Shell Rock (48)	Dave Sage	
	2A Tri-Center, Neola (32)	Max Kozeal	
	1A Madrid (34)	Randy Hinkel	
2002	4A Iowa City, City High (49)	John Raffensperger	Des Moines-Drake
	3A Storm Lake (33)	Dean Nicholson	
	2A Williamsburg (38)	Greg Stolze	
	1A Madrid (36)	Randy Hinkel	
2003	4A Valley, WDM (58)	Dave Cochran.....	Des Moines-Drake
	3A Harlan Community (36)	Ken Carstens	
	2A Okoboji, Milford (50)	George Ashman	
	1A St. Albert, Co. Bluffs (36)	Drew Kruzich	
	WC Marshalltown (30)	Doug Bacon	
2004	4A Iowa City, City (61)	Tom Carey	Des Moines-Drake
	3A Decorah-North Winneshiek (59)	Joel Rollinger	
	2A Mount Vernon (43)	Jim Bellamy	
	1A Treynor (52)	Dave Mundt	
	WC English Valley (31)	Steve Hester	
2005	4A Davenport Central (81)	Randy Peters	Des Moines-Drake
	3A Charles City (68)	Bruce Eldridge	
	2A Starmont, Arlington (43)	Matt Lee	
	1A Griswold (51)	Gary Bergstrom	
	WC-Co-ed Aplington-Parkersburg (62)	Special Needs Sponsors	
2006	4A Valley, West Des Moines (77)	Dave Cochran.....	Des Moines-Drake
	3A Wahlert, Dubuque (62)	Tom Horton	
	2A North Fayette, West Union (53)	Robert Scott	
	1A BCLUW, Conrad (53)	Les Penick	
	WC-Coed Aplington-Parkersburg (62)	Special Needs Sponsors	
2007	4A Iowa City West (65)	Brian Martz	Des Moines-Drake
	3A Xavier, Cedar Rapids (64)	Russ Camacho	
	2A Monticello (67)	Greg Williams	
	1A West Hancock, Britt (54)	Bob Sanger	
	WC-Coed Aplington-Parkersburg (40)	Special Needs Sponsors	
2008	4A Pleasant Valley (77)	Erik Belby	Des Moines-Drake
	3A Xavier, Cedar Rapids (100.5)	Russ Camacho	
	2A Mid-Prairie, Wellman (69)	Steve Hollan	
	1A West Hancock, Britt (44)	Bob Sanger	
	WC-Co-ed Interstate 35, Truro	Tim McKinney	
2009	4A Cedar Rapids Washington (60)	Bill Pinckney	Des Moines-Drake
	3A Cental Clinton, DeWitt (54)	Jered Birt	
	2A St. Edmond, Fort Dodge (62)	Bill Kibby	
	1A Madrid (47.50)	Randy Hinkel	
	WC-Co-ed Interstate 35, Truro (26)	Tim McKinney	
2010	4A Cedar Rapids Washington (59)	Bill Pinckney	Des Moines-Drake
	3A Bishop Heelan Catholic, Sx City (51)	Don Oberle	
	2A Solon (63)	Mark Sovers	
	1A Madrid (57.50)	Randy Hinkel	
	WC Waterloo West (38)	Matt McKenzie	
2011	4A Cedar Falls (59)	Jeff Hartman	Des Moines-Drake

	3A Glenwood (78).....	Mark Starner	
	2A St. Edmond, Fort Dodge (66).....	Bill Kibby	
	1A Madrid (74).....	Randy Hinkel	
	WC Waterloo West (36).....	Matt McKenzie	
2012	4A Iowa City, West (75).....	Brian Martz	Des Moines-Drake
	3A Decorah (65)	Joel Rollinger	
	2A West Marshall (48)	Troy Clark	
	1A Manson-Northwest Webster (53)	Jeff Anliker	
	WC Linn-Mar, Marion (36)	Ken Hopkins	
2013	4A Linn-Mar (72).....	Ken Hopkins	Des Moines-Drake
	3A Pella (46).....	Brent Van Hauen	
	2A Monticello	Greg Williams	
	1A Manson Northwest Webster (69)	Jeff Anliker	
	WC Waterloo, West (35).....	Matt McKenzie	
2014	4A Waukee (80).....	Brent Heitland.....	Des Moines-Drake
	3A Solon (50).....	Mark Sovers	
	2A Monticello (92).....	Greg Williams	
	1A Mount Ayr (77)	Brad Elliott	
	WC Camanche (40).....	Mark Metzger	
2015	4A Waukee (83).....	Brent Heitland.....	Des Moines-Drake
	3A Center Point-Urbana (56).....	Amy Marshall	
	2A West Burlington/Notre Dame (107).....	Corey Lamm	
	1A Lisbon (42)	Casey Baxa	
	WC Woobine (38)	Ryan Coenen	
2016	4A Prairie, Cedar Rapids (87)	Bill Schwarz	Des Moines-Drake
	3A Pella (62).....	Brent Van Hauen	
	2A West Burlington/Notre Dame (79).....	Corey Lamm	
	1A Lisbon (52)	Casey Baxa	
	WC (T) Roland-Story; Independence (30)	Brian Petersen; Clint Hospodarsky	
2017	4A Valley, West Des Moines (73).....	Tom Trygstad	Des Moines-Drake
	3A Marion (69).....	Chad Zrudsky	
	2A (T) Madrid & KP-WC (61).....	Steve Perkins (M); Jarrod Schott (KP-WC)	
	1A Lisbon (89)	Casey Baxa	
	WC (T) Bondurant-Farrar & SE Polk (32)	Kyle Hammes (B-F); Jason Nolting (SEP)	
2018	4A Valley, West Des Moines (60).....	Tom Trygstad	Des Moines-Drake
	3A Marion (69).....	Chad Zrudsky	
	2A Pekin (72).....	Davis Eidahl	
	1A St. Albert, Co. Bluffs (64)	James Cairney	
	WC Waukee (36)	Brent Heitland	
2019	4A Valley, West Des Moines (89).....	Tom Trygstad	Des Moines-Drake
	3A Sergeant Bluff-Luton (86).....	Monte Larsen	
	2A Dike-New Hartford (60)	Will Reingardt	
	1A George-Little Rock (52).....	Curt Fiedler	
	WC Waukee (38)	Brent Heitland	
2020	Season canceled due to COVID-19.		
2021	4A Cedar Falls (87)	Dirk Homewood	Des Moines-Drake
	3A Pella (80.5).....	Brent Van Hauen	
	2A Underwood (66)	Tyler Ridder	
	1A Madrid (65.5).....	Steve Perkins	
	WC Waukee (40)	Brent Heitland	

SCHOOLS THAT HAVE WON THE MOST STATE TEAM CHAMPIONSHIPS

Ames	20	1941, 49, 55, 56, 57, 58, 60, 63, 64, 65, 68, 71, 72, 80, 86, 87, 88, 89, 90, 91
Davenport; Davenport, Central	15	1915, 19, 31, 35, 42, 47, 52, 73, 74, 76, 78, 82, 83, 84, 2005
Des Moines, East	11	1909, 26, 28, 36, 38, 39, 40, 43, 44, 50, 51
Iowa City, City High	11	1992, 93, 94, 95, 96, 97, 99-tied, 2000, 01, 02, 04
NUH, Cedar Falls; Teachers High, Cedar Falls	8	1948, 81, 86, 87, 88, 90, 91, 98
Des Moines, West	7	1908, 10, 11, 12, 13, 14, 16
Madrid	7	2001, 02, 09, 10, 11, 17 (T), 21
Valley, West Des Moines	7	1955, 98, 2003, 06, 17, 18, 19
Des Moines, North	6	1917, 34, 48, 53, 54, 59
Cedar Rapids	5	1921, 22, 23, 24, 25
Clinton	5	1932, 33, 46-tied, 69, 70
Britt; & West Hancock, Britt	4	1974, 92, 2007, 08
Cedar Rapids, Washington	4	1975, 77, 2009, 10
Central Clinton, DeWitt	4	1951, 53, 57, 2009
Eagle Grove	4	1964, 65, 70, 71
Hamburg	4	1974, 75, 76, 77-tied
Iowa Falls	4	1974-tied, 78, 79, 95
Monticello	4	1998, 2007, 2013, 2014
Nevada	4	1949, 50, 76, 77
Pella	4	1986, 2013, 16, 21
Anamosa	3	1956, 74-tied, 75
Corning	3	1975, 76, 77
Glenwood	3	1989, 90, 2011
Lake City	3	1952-tied, 54, 55
Lisbon	3	2015, 16, 17
Mason City	3	1918, 29, 30
St. Albert, Council Bluffs	3	1993, 2003, 2018
Sioux City, Central	3	1920, 66, 67
Storm Lake	3	1987-Tied, 88, 2002
Tipton	3	1983, 84, 85
Treynor	3	1966, 80, 2004

STATE TEAM RUNNERS-UP

** at the time, the runner-up named was because of first place ties – changed by BOC in 1976*

1906	Des Moines, West (40)	1952	A.....	Clinton (33)
1907	Des Moines, West (39.50)		B.....	* DeWitt (31)
1908	Des Moines, North (25)	1953	AA.....	Des Moines, East (45)
1909	Des Moines, West (24)		A	Estherville (23)
1910	Iowa City (17)		B	(Tie) Albert City & Lake City (28)
1911	Iowa City (18)		C	Iowa School for Deaf (35.20)
1912	Greenfield (15)	1954	AA.....	Des Moines, East (48)
1913	Des Moines, East (16)		A	Valley, West Des Moines (28)
1914	Davenport (17)		B	Onawa (26)
1915	Marshalltown (14)		C	College Springs (29.50)
1916	Webster City (13)	1955	AA.....	Des Moines, Roosevelt (44.50)
1917	Des Moines, West (21)		A	Hampton (24)
1918	Des Moines, North (25)		B	DeWitt (29)
1919	Mason City (17.50)		C	(Tie) Galva & Elliott (21)
1920	Cedar Rapids (15)	1956	AA.....	Des Moines, North (32)
1921	Des Moines, West (18.50)		A	DeWitt (33.50)
1922	Des Moines, East (21)		B	Aurelia (23)
1923	Fort Madison (20)		C	Farragut (26.50)
1924	Colfax (17)	1957	AA.....	Des Moines, Tech (26)
1925	Mason City (18)		A	Indianola (29)
1926	Des Moines, Roosevelt (23)		B	Rock Rapids (22)
1927	Clarinda (12.50)		C	(Tie) Tabor; Schleswig, Terril & Hedrick (17)
1928	Davenport (15.33)	1958	AA.....	Davenport (23)
1929	Newton (18)		A	Cherokee (23.50)
1930	Perry (17.50)		B	Tripoli (25)
1931	Eldora Training School (20.20)		C	Menlo (23)
1932	Fort Dodge (13)	1959	AA.....	Cedar Rapids, Jefferson (29)
1933	Lamoni (18)		A	(Tie) Winterset & Hampton (23)
1934	Cedar Rapids, Washington (21.20)		B	English Valleys, North English (21)
1935	Des Moines, North (31)		C	College Springs (24)
1936	Des Moines, North (28)	1960	AA.....	Mason City (25)
1937	Des Moines, East (40.50)		A	Clarion (26e)
1938	Fort Madison (25.50)		B	Dallas Center (23)
1939	Clinton (29)		C	Bayard (28)
1940	Davenport (28)	1961	AA.....	Des Moines, North (27)
1941	Des Moines, Roosevelt (30)		A	Cherokee, Washington (22)
1942	Des Moines, East (37.50)		B	Lake View-Auburn (25)
1943	Perry (28)		C	(Tie) Fayette & Bayard (23)
1944	Clinton (38)	1962	AA.....	Winterset (32)
1945	Des Moines, North (31)		A	(Tie) Ankeny & Cherokee (21.50)
1946	* Des Moines, North (26)		B	Aurelia (17.50)
1947	Des Moines, East (42)		C	Prairie City (29)
1948	A.... (Tie) Des Moines, East & Davenport (35.50)			
	B.....			
	DeWitt (29)			
1949	A.....			
	Des Moines, East (39.20)			
	B.....			
	Rockwell City (30)			
1950	A.....			
	Ames (31.50)			
	B.....			
	Rockwell City (40.33)			
1951	A.....			
	Davenport (45.50)			
	B.....			
	Lamoni (29.50)			

1963	AA Des Moines, North (32) A Clarinda (24) B (Tie) Emmetsburg & Underwood (20) C Prairie City (19)	1975	AA Ames (38) A Sioux Center (43) B Columbus, Columbus Jct (30) C Dike (33)
1964	AA Des Moines North (29.50) A Mount Ayr (29) B English Valleys, North English (25) C Scranton (32)	1976	AA Ames (44) A Spencer (41) B Sioux Center (29.50) C Panora-Linden (30)
1965	AA (Tie) Des Moines North & Mason City (27) A Anamosa (29) B English Valleys, North English (21) C Irwin (19)	1977	AA Davenport, Central (30) A (Tie) Lewis Central & Eagle Grove (32) B Britt (26) C * Greene (25.50)
1966	AA Cedar Rapids, Washington (25) A Glenwood (32) B Aurelia (24.50) C Terril (20)	1978	AA Marshalltown (35) A Nevada (38) B Gehlen Catholic, LeMars (38) C Hamburg (36)
1967	AA Cedar Rapids, Jefferson (29) A Storm Lake (24) B (Tie) Akron; Prairie, Gowrie (18) C Treynor (20)	1979	AA Davenport, Central (40) A Shenandoah (33) B Britt (28.50) C Twin Rivers, Bode (21)
1968	AA Davenport, Central (28) A Cherokee, Washington (21) B West Harrison, Mondamin (19) C Panora-Linden (19)	1980	AA Davenport, Central (35.50) A Clarion (29) B Sac City (32) C Wellsburg (21)
1969	AA Fort Dodge (25.50) A St. Albert, CB (24) B Carroll (19) C Dike (20)	1981	AA (Tie) DM, East & CR, Washington (25) A South Tama County, Tama (29) B Sac City (41) C Titonka (28)
1970	AA Columbus, Waterloo (24) A Humboldt (27) B * Guthrie Center (20) C Elk Horn-Kimballton (19)	1982	4A Des Moines, East (37) 3A Mount Vernon (26) 2A NUH, Cedar Falls (31) 1A * (Tie) Aurelia & Dunlap (20)
1971	AA Indianola (30) A West Monona, Onawa (29) B Sioux Center (29) C New London (31)	1983	4A Ames (47) 3A St. Albert, Co. Bluffs (26) 2A Ida Grove (31) 1A Sutherland (29.50)
1972	AA Davenport, Central (50) A Corning (31) B .. (Tie) Maurice-Orange City & Montezuma (24) C Sutherland (30)	1984	4A Marshalltown (48) 3A (Tie) Camanche & St. Albert, CB (24) 2A NUH, Cedar Falls (38.50) 1A (Tie) Earlham & Paullina (26)
1973	AA Ames (29) A Eagle Grove (35.50) B Britt (28) C Preston (27)	1985	4A (Tie) Bettendorf & DM, Roosevelt (32) 3A Mount Pleasant (22) 2A Manson (31.50) 1A *(Tie) Paullina & Sutherland (25)
1974	AA Cedar Rapids, Washington (29) A Red Oak (35) B Mount Vernon (24.50) C Ruthven (27)	1986	4A Valley, West Des Moines (40) 3A Storm Lake (24) 2A Dallas Center-Grimes (33) 1A (Tie) Baxter & Schaller (22)

1987	4A Davenport, West (30)	1999	4A *(Tie) Marshalltown & Valley, WDM (33)
	3A * Knoxville (24)		3A Mount Pleasant (37)
	2A (Tie) Garner-Hayfield & Montezuma (25)		2A (Tie) Dike-New Hartford; East Marshall, LeGrand; Sioux Center (23)
	1A Paton-Churdan (23)		1A St. Mary's, Remsen (20)
1988	4A Burlington (36)	2000	4A Iowa City, West (45)
	3A South Tama County (25)		3A Waverly-Shell Rock (37.50)
	2A Dike (34)		2A * Beckman, Dyersville (23)
	1A (Tie) CAL-Dows & Gehlen, LeMars (26)		1A Panorama, Panora (24)
1989	4A (Tie) Clinton & Waterloo, West (27)	2001	4A Ames (33.25)
	3A Storm Lake (33)		3A Mount Pleasant (33)
	2A Alta (29)		2A Tipton (26)
	1A North Mahaska, New Sharon (39)		1A Clarksville (23)
1990	4A Waterloo, West (35)	2002	4A Valley, WDM (44)
	3A Alta-Aurelia (30)		3A Carroll (30)
	2A (Tie) Madrid & New London (22)		2A Tipton (36)
	1A Clarence-Lowden (26)		1A Turkey Valley, Jackson Jct (29)
1991	4A Iowa City, City (63)	2003	4A Ankeny (57)
	3A Cherokee, Washington (27.50)		3A Xavier, Cedar Rapids (29)
	2A Alta-Aurelia (30)		2A Williamsburg (40)
	1A North Mahaska, New Sharon (21)		1A (Tie) Bishop Garrigan, Algona & Turkey Valley, Jackson Jct. (28)
1992	4A Davenport, Central (41)		WC English Valleys, North English (27)
	3A Cherokee, Washington (29)	2004	4A Ankeny (56)
	2A Belmond-Klemme (32)		3A Bishop Heelan, Sioux City (44.50)
	1A *Malvern (23)		2A North Fayette, West Union (41)
1993	4A Davenport, Central (53)		1A Turkey Valley, Jackson Jct. (35)
	3A Mount Pleasant (30)		WC Wahlert, Dubuque (16)
	2A Alta-Aurelia (26)	2005	4A Iowa City, City (55)
	1A CWL, Corwith (25)		3A Wahlert, Dubuque (64)
1994	4A Ames (52)		2A Roland-Story (39)
	3A Mount Pleasant (40)		1A Kingsley-Pierson (38)
	2A St. Edmond, Fort Dodge (31)		WC English Valleys, North English (36)
	1A Gehlen Catholic, LeMars (25)	2006	4A Marshalltown (61)
1995	4A Ames (34)		3A Williamsburg (55)
	3A Waverly-Shell Rock (39)		2A St. Edmond, Fort Dodge (48)
	2A West Hancock, Britt (38)		1A Griswold (44)
	1A Gehlen Catholic, LeMars (25)		WC Boone (30)
1996	4A Dubuque, Senior (39)	2007	4A Valley, WDM (54)
	3A Nevada (33)		3A Mount Pleasant (49)
	2A Beckman, Dyersville (34)		2A ..(Tie) North Fayette & Regina, Iowa City (51)
	1A Madrid (26)		1A BCLUW, Conrad (36)
1997	4A Ankeny (34)		WC Boone (30)
	3A Centerville (36)		
	2A * Eldora-New Providence (24)		
	1A Gehlen Catholic, LeMars (33)		
1998	4A Ames (45)		
	3A Bishop Heelan, Sioux City (43)		
	2A West Lyon, Inwood (29)		
	1A (Tie) Madrid & Woodbine (26)		

2008	4A Iowa City West (74)	2009	4AIowa City West (56)
	3A Charles City (52)		3A Algona (51)
	2A Monticello (47)		2A Dike-New Hartford (46)
	1A West Lyon, Inwood (40)		1A West Lyon (40)
	WC Southeast Polk (20)		WC (T) . Bond'nt-Farrar; Ankeny Centennial (26)
2010	4A (Tie) Indianola & Pleasant Valley (42)	2016	4A Cedar Falls (78)
	3A Central Clinton, DeWitt (48)		3A Vinton-Shellsburg (56)
	2A West Marshall, State Center (59)		2A Monticello (64.50)
	1A Belmond-Klemme (36)		1A Jesup (40)
	WC Southeast Polk (18)		WC Tie for First
2011	4A Valley, West Des Moines (51)	2017	4A Waukee (69)
	3A Central Clinton, DeWitt (67)		3A Mount Vernon (58)
	2A Monticello (51)		2A Tie for first
	1A Manson-Northwest Webster (53)		1A Pekin (45)
	WC Linn-Mar, Marion (28)		WC Tie for First
2012	4A Cedar Falls (49.50)	2018	4A Iowa City, West (57)
	3A Webster City (48.33)		3A Atlantic (63)
	2A (T) St. Edmond, FD; Mount Vernon (38)		2A Mid-Prairie, Wellman (44)
	1A Earlham 41)		1A Hudson (56)
	WC Camanche (29)		
2013	4A Iowa City, West (57)	2019	4A Ames (63)
	3A Knoxville (45)		3A Wahlert, Dubuque (52)
	2A OA-BCIG (49)		2A Williamsburg (51)
	1A Wapsie Valley, Fairbank (58)		1A St. Albert, Council Bluffs (42)
	WC (T) Camanche & Linn-Mar (26)		WC Northwood-Kensett (34)
2014	4A Linn-Mar (68)	2020	Season canceled due to COVID-19.
	3A Center Point-Urbana (42.25)	2021	4A Dowling Catholic, W.D.M. (77)
	2A West Burlington/Notre Dame (45)		3A ADM, Adel (75)
	1A Madrid (58)		2A Treynor (60)
	WC Ankeny Centennial (24)		1A Lisbon (57)
2015	4A Linn-Mar, Marion (53)		WC Northwood-Kensett (32)
	3A Mount Pleasant (54)		
	2A Kingsley-Pierson/Woodbury Central (58)		
	1A Alta-Aurelia (36)		

STATE RUNNER-UP FINISHES – TOTAL BY SCHOOL

Davenport & Davenport, Central	13	1914, 28, 40, 48-tied, 51, 58, 68, 72, 77, 79, 80, 92, 93
Des Moines, East	11	1913, 22, 37, 42, 47, 48-tied, 49, 53, 54, 81-tied, 82
Des Moines, North	11	1908, 18, 35, 36, 45, 46, 56, 61, 63, 64, 65-tied
Ames	10	1950, 73, 75, 76, 83, 94, 95, 98, 2001, 19
Alta (1), Aurelia (4), Alta-Aurelia (4)	9	1956, 62, 66, 82-tied, 89, 90, 91, 93, 2015
Mount Pleasant	7	1985, 93, 94, 99, 2001, 2008, 2015
Cherokee	6	1958, 61, 62-tied, 68, 91, 92
DeWitt	6	1948, 52, 55, 56
Central Clinton, De Witt		2010, 11
Valley, West Des Moines	6	1954, 86, 99-tied, 2002, 2007, 2011
Cedar Rapids, Washington	5	1920, 34, 66, 74, 81-tied
Dike-New Hartford	5	1969, 75, 88, 99-tied, 2009
Iowa City, West	5	2000, 08, 09, 2013, 2018

Marshalltown	5	1915, 78, 84, 99-tied, 2006
Ankeny	4	1962-tied, 97, 2003, 04
Britt & West Hancock, Britt	4	1973, 77, 79, 95
Clinton	4	1939, 44, 52, 89
Des Moines, Roosevelt	4	1926, 41, 55, 85-tied
Des Moines, West	4	1906, 07, 09, 21
Gehlen Catholic, LeMars	4	1978, 88-tied, 95, 97
Iowa City, City	4	1910, 11, 91, 2005
Madrid	4	1990-tied, 96, 98, 2014
Mason City	4	1919, 25, 60, 65-tied
Mount Vernon	4	1974, 82, 2012-tied, 17
Sioux Center	4	1971, 75, 76, 99-tied
St. Albert, Council Bluffs	4	1969, 83, 84-tied, 2019
English Valleys, North English	3	1959, 64, 65
Indianola	3	1957, 71, 2010 (T)
Monticello	3	2008, 11, 16
Panorama, Panora & Panora-Linden	3	1968, 76, 00
St. Edmond, Fort Dodge	3	1994, 2006, 2012-tied
Storm Lake	3	1967, 86, 89
Sutherland	3	1972, 83, 85-tied
Turkey Valley, Jackson Jct.	3	2002, 03-tied, 04
West Lyon, Inwood	3	1998, 2008, 09
Williamsburg	3	2003, 06, 19
Bayard	2	1960, 61-tied
Beckman, Dyersville	2	1996, 00
Belmond-Klemme	2	1992, 2010
Bishop Heelan, Sioux City	2	1997, 2004
Cedar Falls	2	2012, 16
Cedar Rapids, Jefferson	2	1959, 67
Carroll	2	1969, 2002
Clarinda	2	1927, 63
Clarion	2	1960, 80
College Springs	2	1954, 59
Dallas Center-Grimes	2	1960, 86
Eagle Grove	2	1973, 77-tied
Earlham	2	1984-tied, 2012
Fort Dodge	2	1932, 69
Fort Madison	2	1923, 38
Hampton	2	1955, 59-tied
Kingsley-Pierson	2	2005
K-P/Woodbury Central	2	2015
Knoxville	2	1987, 2013
Lamoni	2	1933, 51
Linn-Mar, Marion	2	2014, 15
Manson & Manson-Northwest Webster	2	1985, 2011
Montezuma	2	1972-tied, 1987-tied
Nevada	2	1978, 96
New London	2	1971, 90-tied
North Fayette, West Union	2	2004, 07-tied
North Mahaska, New Sharon	2	1989, 91
NUH, Cedar Falls	2	1982, 84
Paullina	2	1984-tied, 1985-tied
Perry	2	1930, 43
Prairie City	2	1962, 63
Rockwell City	2	1949, 50
Sac City	2	1980, 81
South Tama County	2	1981, 88
Storm Lake	2	1967, 86

Terril	2	1957-tied, 66
Tipton	2	2001, 02
Treynor	2	1967, 2021
Wahlert, Dubuque	2	2005, 19
Waterloo, West.....	2	1989, 90
Waverly-Shell Rock.....	2	1995, 00
Webster City.....	2	1916, 2012
West Monona, Onawa.....	2	1954, 71
Winterset	2	1959-tied, 62

One each: ADM, Adel 2021; Akron 1967-tied; Albert City 1953-tied; Algona 2009; Anamosa 1965; Atlantic 2018; Baxter 1986-tied; BCLUW, Conrad 2007; Bettendorf 1985-tied; Bishop Garrigan, Algona 2003-tied; Burlington 1988; CAL-Dows 1988; Camanche 1984-tied; Center Point-Urbana 2014; Centerville 1997; Charles City 2008; Clarence-Lowden 1990; Clarksville 2001; Colfax 1924; Columbus, Waterloo 1970; Corning 1972; CWL, Corwith 1993; Davenport, West 1987; Denison 1942; Des Moines, Tech 1957; Dowling Catholic, W.D.M. 2021; Dubuque, Senior 1996; Dunlap 1982-tied; East Marshall, LeGrand 1999-tied; Eldora-New Providence 1997; Eldora Training 1931; Elk Horn-Kimballton 1970; Emmetsburg 1963-tied; Estherville 1953; Farragut 1956; Fayette 1961-tied; Galva 1955; Garner-Hayfield 1987-tied; Gehlen Catholic, LeMars 1994; Glenwood 1966; Greene 1977; Greenfield 1912; Griswold 2006; Guthrie Center 1970; Hamburg 1978; Hedrick 1957 (tie); Hudson 2018; Humboldt, 1970; Ida Grove 1983; Iowa School for Deaf, Council Bluffs 1953; Irwin 1965; Jesup 2016; Lake City 1953-tied; Lake View-Auburn 1961; Lewis Central 1977-tied; Lisbon 2021; Malvern 1992; Maurice-Orange City 1972-tied; Menlo 1958; Mid-Prairie, Wellman 2018; Mount Ayr 1964; Newton 1929; Northwood-Kensett 2019; OA-BCIG 2013; Paton-Churdan, 1987; Pekin 2017; Pleasant Valley 2010 (T); Prairie, Gowrie 1967-tied; Preston 1973; Red Oak 1974; Regina, Iowa City tie-2007; Rock Rapids 1957; Roland-Story 2005; Ruthven 1974; Schleswig 1957-tied; Scranton 1964; Shenandoah 1979; Spencer 1976; Schaller 1986-tied; St Mary's, Remsen 1999; Tabor 1957-tied; Titonka 1981; Tripoli 1958; Twin Rivers, Bode 1979; Underwood 1963; Vinton-Shellsburg 2016; Wapsie Valley, Fairbank 2013; Waukee 2017; Wellsburg 1980; West Burlington/Notre Dame 2014; West Harrison, Mondamin 1968; West Marshall 2010; Woodbine 1998; and Xavier, Cedar Rapids 2003.

STATE CHAMPIONSHIP COACHES

Ackerman, Phil		English Valleys, North English 1960
Adair, Charles.....		West Harrison, Mondamin 1970-tied
Ahrabi-Fard, Iradge		NUH, Cedar Falls 1981
Anderson, Dennis.....	2	Davis County, Bloomfield 1980, 81
Anliker, Jeff.....	2	Manson-Northwest Webster 2012, 13
Anthony, Fred.....		Pella 1986
Ashman, George		Okoboji, Milford 2003
Ask, John.....		Cedar Rapids, Jefferson 1962
Augustine, Mike.....	9	DM, East 1928, 36, 38, 39, 40, 43, 44, 50, 51
Barkema, Rod	2	Kanawha 1978, 79
Baxa, Casey.....	3	Lisbon 2015, 16, 17
Bears, Darwin.....		Spirit Lake Park 1992
Beckham, Tom		Cherokee, Washington 1966
Belby, Erik		Pleasant Valley 2008
Bell, Harry.....		Des Moines, North 1917
Bellamy, Jim		Mount Vernon 2004
Bergstrom, Gary		Griswold 2005
Berry, Burl		Cedar Falls, Teachers High 1948
Berthelsen, Eric.....		Jamaica, YJB 1977-tied
Birney, Harold.....	3	DeWitt 1951, 53, 57
Birt, Jered		Central Clinton, De Witt 2009
Blazek, Jack		Sidney 1984
Brooks, Bob.....		Paullina 1962
Buls, Lanny.....		East Buchanan Winthrop 2000
Bunn, Charles.....		Humboldt 1995
Cairney, James		St. Albert, Council Bluffs 2018

Calloway, Bill		Cedar Rapids, Washington 1977
Camacho, Russ		Xavier, Cedar Rapids 2007, 08
Carstens, Ken		Harlan 2003
Chase, Charles	7	Des Moines West 1908, 10, 11, 12, 13, 14, 16
Christiansen, Terry		Allison-Bristow 1983
Clark, Troy		West Marshall, State Center 2012
Clefisch, Dale		Sheldon 1982
Cochran, Dave	2	Valley, WDM 2003, 06
Collinge, Cole		Carroll 1957
Cooley, E. Wayne	2	Nevada 1949, 50
Corbin, Chuck		Iowa Falls 1974-tied
Covey, Hi	8	Ames 1949, 55, 56, 57, 58, 60, 63, 64
Cox, Don		Lake City 1954
Cox, Jim		Paton-Churdan 1986
Cunningham, Mike		Knoxville 1991
Dalzell, Wilbur		Dubuque 1937
Davis, Les		Sioux City, East 1945
Davis, Pat	2	Beckman, Dyersville 1997-tied, 99
Day, Jesse	5	Davenport 1931, 35, 42, 47, 52
DeVries, Darwin		Kingsley-Pierson 1978
Duea Jr., Jim		Valley, West Des Moines 1998
Duhrkopf, Charles		Primghar 1956
Dunsworth, Ira	7	Davenport 1973, 74, 76, 78, 82, 83, 84
Ehret, Steve		North Mahaska, New Sharon 1990
Eidahl, Davis	2	Pekin 1979, 2018
Ekstrand, Fred		Toledo Juvenile Home 1953
Eldridge, Bruce		Charles City 2005
Elliott, Brad		Mount Ayr 2014
Fearing, Ken	2	Anamosa 1974-tied, 75
Fiedler, Curt		George-Little Rock 2019
Filloon, Doyle		Lake City 1952-tied
Fisk, Jack		Anamosa 1956
Fitzgerald, Mike		Belle Plaine 1969
Fletcher, Jan		Earlham 1985-tied
Fravel, David		Bishop Heelan, Sioux City 1997
Frost, John		Treynor 1966
Gray, Al		Clarinda 1956
Grimm, Gary	2	Nevada 1976, 77
Grimsley, J.A. (Judge)	2	Mason City 1929, 30
Hanna, Fred		Seymour 1964
Hanson, Wally	4	Eagle Grove 1964, 65, 70, 71
Hardie, Scott		Iowa Valley, Marengo 1985
Hartman, Jeff		Cedar Falls, 2011
Heitland, Brad		Algona 1993
Heitland, Brent	2	Waukee 2014, 15
Hildebrand, David		Garner-Hayfield 1996
Hinkel, Randy	5	Madrid 2001, 02, 09, 10, 11
Hofmeister, Doug		Lone Tree 1985-tied
Hollan, Steve		Mid-Prairie, Wellman 2008
Holsclaw, Bill	2	Clinton 1969, 70
Homewood, Dirk		Cedar Falls 2021
Hoogeveen, Bob		Sioux Rapids 1961
Hopkins, Ken		Linn-Mar, Marion 2013
Horton, Tom		Wahlert, Dubuque 2006
Hostetler, Marcus		Iowa Mennonite, Kalona 1999

Hoyt, Charles.....
Hoyt, Cress W. (Dad)
Hughes, Charles
Huling, Steve
Hummel, Phil2
Hurley, Vince3

Jack, Joe
Janvrin, Ken
Jennett, John.....
Johnson, Archie
Jolly, Lynn

Kaemingk, Karl.....2
Karpan, Tom.....
Kephart, William
Kibby, Bill.....2
Kiesel, Charles2
Kinzel, Warren.....
Kitt, Roland.....
Klemme, Al
Koolbeck, Richard
Korver, Lawrence
Kozeal, Mark
Kruger, Arlen
Kruse, Gary
Kruzich, Drew.....

Lahn, Nate.....
Lamm, Corey.....2
Lappe, Graydon
Larsen, Monte
Lee, Matt
Lee, Robert E6
Lenguadoro, Gerry3
Lewis, Don.....
Lineweaver, Richard
Loeffler, Gary.....
Lyle, Jim4
Lynam, R.H
Lynn, Max.....2

Marcellus, Duane
Marsden, Clem.....
Marshall, Amy.....
Martz, Brian2
Mays, Jim2
McClure, Carl2
McCord, Jim
McGaffin, Charles2
McKinstrey, Gordon
McLarnan, Mark2
McQuerry, Joe.....
McVicker, George2
Mehsling, Ken.....
Miles, Mike
Miller, Jim
Milliken, Harlan.....
Morrison, Dick
Muller, Dennis2

Sioux City 1920
Des Moines, East 1926
Paullina 1981
CAL-Dows, Latimer 1987
Woodbine 1989, 1992-tied
Corning 1975, 76, 77

Farragut 1965
Panorama, Panora 1997
Lake City 1955
Des Moines, Roosevelt 1946-tied
Cherokee, Washington 1994

Unity Christian, Orange C. 1997-tied, 2000-tied
Valley, West Des Moines 1955
West Chester 1959
St. Edmond, Fort Dodge 2009, 11
Ida Grove (co-coach) 1906, 07
Ankeny 1969
Belle Plaine 1971
Boyden-Hull 1970-tied
Belmond 1960
Orange City, Maurice-OC 1961
Tri-Center, Neola 2001
Miles 1969
West Lyon, Inwood 2000-tied
St. Albert, Council Bluffs 2003

Iowa School for Deaf, Council Bluffs 1955
West Burlington/Notre Dame 2015, 16
Perry 1962
Sergeant Bluff-Luton 2019
Starmont, Arlington 2005
NUH, Cedar Falls 1986, 87, 88, 90, 91, 98
Iowa Falls 1978, 79, 95
Prairie Valley, Gowrie 1968
Terril 1967
Van Buren, Keosauqua 1995
Des Moines, North 1948, 53, 54, 59
Des Moines, North 1934
Clinton 1946-tied, 69

Pocahontas 1971
Harlan 1954
Center Point-Urbana 2015
Iowa City West 2007, 12
West Branch 1983, 84
Elliott 1954; Wall Lake 1958
Centerville 1996
Winterset 1963, 67
Maurice-Orange City, 1973
Sioux City, Central 1966, 67
Des Moines, Roosevelt 1999-tied
Villisca 1966, 67
Council Bluffs, Abraham Lincoln 1993
Tabor 1958
Waterloo, East 1979
Ames 1968
Red Oak 1973
Gehlen Catholic, LeMars 1989, 96

Mullins, Earl.....	Goldfield 1968
Mundt, Dave.....	Treynor 2004
Nelson, W.C.....	Des Moines North 1919
Nicholson, Dean.....3	Storm Lake 1987-tied, 88, 2002
Nixon, E. W.....	Davenport 1915
Noll, Don.....	Sanborn 1988
Novak, Leo.....5	Cedar Rapids, 1921, 22, 23, 24, 25
Oberle, Don.....	Bishop Heelan Catholic, Sioux City 2010
Penick, Les.....	BCLUW, Conrad 2006
Perkins, Steve.....2	Madrid 2017 (T), 21
Peters, Randy.....	Davenport Central 2005
Pinckney, Bill.....2	Cedar Rapids Washington 2009, 10
Raffensperger, John.....10	IC, City High 1992, 93, 94, 95, 96, 97, 99-tied, 2000, 01, 02
Rapp, Darrell.....	Moville 1962
Reingardt, Will.....	Dike-New Hartford 2019
Ridder, Tyler.....	Underwood 2021
Roberts, Harold.....	George 1963
Robinson, William.....	Lamoni 1952-tied
Roe, Dean.....2	Redfield, Dexfield 1963, 64
Rollinger, Joel.....2	Decorah-North Winneshiek 2004; Decorah 2012
Roth, Steve.....	Washington 1998
Rozell, Richard.....	Marshalltown 1985
Sage, Dave.....2	Waverly-Shell Rock 1999, 2001
Sanger, Bob.....4	Britt 1974; West Hancock, Britt 1992, 2007, 08
Scherich, Everett.....2	Clinton 1932, 33
Schott, Jarrod.....	KP-WC 2017 (T)
Schwarz, Bill.....	Prairie, Cedar Rapids 2016
Scott, Robert.....	North Fayette, West Union 2006
Shultz, Jerry.....	Turkey Valley, Jackson Junction 1987-tied
Silvey, Chuck.....	Des Moines, Tech 1961
Simons, Larry.....	New Hartford 1982
Simpson, Stan.....	Lawton-Bronson 1991
Sjeclocha, Evo.....	Indianola 1958
Sletten, John.....9	Ames 1971, 72, 80, 86, 87, 88, 89, 90, 91
Smith, Fred.....	Ankeny 1972
Sovers, Mark.....2	Solon 2010, 2014
Spatcher, Cecil.....	Ames 1965
Staker, Steve.....	Fredericksburg 1992-tied
Starner, Mark.....	Glenwood 2011
Steinhoff, L.C.....	Farragut 1957
Stolze, Greg.....	Williamsburg 2002
Strouse, Richard.....	Ballard, Huxley 1994
Strouse, Robert.....	Terril 1973
Strutzenberg, Bruce.....	Pomeroy 1965
Sutherland, Clayton "Chick".....2	Mason City 1929, 30
Tallman, Roy.....	Burnside, Central Webster 1972
Thompson, Boyd.....	Carroll 1927
Trimble, Mark.....	Conrad, BCL 1982
Trygstad, Tom.....3	Valley, West Des Moines 2017, 2018, 2019
Tryon, Jerry.....	Alta 1972
Van Hauen, Brent.....3	Pella 2013, 16, 21
Van Liew, John.....3	Des Moines East 1909, 1915, 1917
Vanderhorst, Jerry.....2	West Bend-Mallard 1993, 94

VanderWilt, Dale	2	Sioux Center 1980, 82
Vogelgesang, Dave	3	Tipton 1983, 84, 85
Walton, Nat.....		Clinton, St Marys 1959
Weber, Robert.....	4	Hamburg 1974, 75, 76, 77-tied
Weis, Homer.....		Red Oak 1953
Wells, Ken		Ames 1941
Wells, Robert.....		Spirit Lake 1968
Wendel, Ray.....		Woodward-Granger 1970
West, Charles A		Mason City 1918
Whitcomb, Jim.....	2	Glenwood 1989, 90
White, Denny.....		Mount Pleasant 2000
Wickett, Bryce		LuVerne 1960
Wilkinson, Harold		Cedar Rapids, Washington 1975
Williams, Greg	4	Monticello 1998, 2008, 2013, 2014
Williams, John	2	Ida Grove (co-coach) 1906, 07
Winkler, Ken		Treynor 1980
Yuska, Gordon		Waterloo, West 1981
Zrudsky, Chad	2	Marion 2017, 2018



STATE MEET CHAMPIONS

100-YARD DASH

06	Earl Perry, Marshalltown	10.6	54	AA-Lee Jones, Co. Bluffs Thomas Jefferson	10.0
07	Carl Harris, Des Moines, West	10.8		A-Gaylord Rasmussen, Harlan	10.3
08	Harold Moorehead, Ida Grove	10.4		B-Tom Burrows, Belle Plaine	10.7
09	Louis Gates, Des Moines East	10.6		C-Ted Harvey, Toledo Juvenile	10.3
10	Ronald Reed, Des Moines West	10.4	55	AA-Bill Woodhouse, Mason City	10.1
11	Charles Hoyt, Greenfield	10.2		A-Larry Eischen, Valley, WDM	10.3
12	Charles Hoyt, Greenfield	10.2		B-Tom Burrows, Belle Plaine	10.4
13	Charles Hoyt, Greenfield	10.0		C-Duane Miller, New Sharon	10.3
14	George Jarvis, Des Moines East	10.4	56	AA-Dennis O'Brien, Des Moines, Roosevelt	10.0
15	George Rausch, Waterloo, West	10.6		A-Bob Brandt, Denison	10.1
16	George Rausch, Waterloo West	10.2		B-Bill Blount, Aurelia	10.4
17	Charles Colby, Des Moines, North	10.2		C-Dick White, Kellogg	10.3
18	Cecil Brewton, Mason City	10.6	57	AA-Dave Arends, Cedar Rapids Roosevelt	10.2
19	Glenn "Doc" Miller, Waterloo Wes	10.6		A-Jim Merrick, Maquoketa	10.3
20	Harold Rocho, Des Moines East	10.8		B-Elmer Menage, Rock Rapids	10.1
21	Chan Coulter, Iowa City	10.4		C-Jerry Ehwegen, Terril	10.5
22	Ted Larson, Des Moines East	10.4	58	AA-Bill Cunningham, Bishop Heelan, SC	10.0
23	George Harper, Fort Madison	10.2		A-Don Robertson, Washington	10.3
24	Frank Cuhel, Cedar Rapids	10.0		B-Terry Ross, Glenwood	10.4
25	Herbert Schell, Perry	10.1		C-Paul Miller, Menlo	10.4
26	Vane Snorf, Des Moines, Roosevelt	10.1	59	AA-Al Collier, Des Moines, North	9.8
27	David Davis, Carroll	10.0		A-Wayne Johnson, Algona	10.2
28	Raymond Burns, Webster City	10.3		B-Gary Steele, Eddyville	10.5
29	Rich Proctor, Cedar Rapids, Washington	10.3		C-Brad Bonyng, West Lyon	10.7
30	Joe Rogers, Jefferson	10.1	60	AA-Charles Taylor, Des Moines, Tech	9.8
31	Cecil Garrison, Burlington	9.8		A-Gary Richard, Corning	10.0
32	Carl Nelson, Clinton	9.9		B-Gary Hollingsworth, English Valleys	10.2
33	Carl Nelson, Clinton	9.7		C-Brad Bonyng, West Lyon	10.5
34	George Robinson, Des Moines, North	10.0	61	AA-Charles Taylor, Des Moines, Tech	10.2
35	Bob Cowan, Waterloo, West	10.1		A-John Pletcher, Clarion	10.4
36	Bob Cowan, Waterloo, West	9.9		B-Save Kettering, Lake View-Auburn	10.1
37	Wilson Saunders, Dubuque	10.0		C-Dan Travaille, Ocheyedon	10.1
38	Billy Green, Newton	10.0	62	AA-Clyde Duncan, Des Moines, North	10.0
39	Bill Garrett, Davenport	10.2		A-Ron Beasley, Perry	10.5
40	Bill Mash, Des Moines, East	9.8		B-Doug Skinner, Paullina	10.4
41	Jack Colman, Cedar Rapids, Franklin	10.4		C-Deryl Peterson, Moville	10.8
42	Wallace Peterson, Davenport	10.3	63	AA-Clyde Duncan, Des Moines, North	9.7
43	Bob McLaughlin, Perry	10.4		A-Harry Alley, Winterset	9.7
44	Jack Simpson, Sac City	10.4		B-Ron Graves, Rockwell-Swaledale	10.0
45	James Burlingame, Clinton	10.5		C-Doug Skinner, Paullina	9.9
46	Dick Atkins, Des Moines, East	10.1	64	AA-Clyde Duncan, Des Moines, North	9.5
47	Dick Atkins, Des Moines, East	10.1		A-Gene Ricker, Mount Ayr	10.2
48	A-Ralph Richman, Dubuque	10.0		B-Jack Bintz, Sutherland	9.9
	B-Bob Willadsen, Storm Lake	10.3		C-Jim Cave, Dexfield, Redfield	9.7
49	A-Gary Scott, Des Moines, North	10.0	65	AA-Mike Lunn, Des Moines, North	10.0
	B-Bob Jones, Milford	10.2		A-Ron Davis, Perry	9.9
50	A-John Gibbons, CB, Thomas Jefferson	10.3		B-Ron Miller, English Valleys	9.9
	B-Werner Berg, Rock Rapids	10.4		C-Roger Dotson, Terril	9.9
51	A-Fred Lucas, Des Moines, East	9.9	66	AA-Jim Kirby, Des Moines, North	10.0
	B-Ray Long, Afton	10.1		A-Jerry Lenz, Cherokee, Washington	9.9
52	A-Fred Lucas, Des Moines, East	9.9		B-Save Hodges, Laurens	10.0
	B-Don White, Lamoni	10.3		C-Lloyd Wiese, Baxter	9.9
53	AA-Larry Perry, Marshalltown	10.0	67	AA-Jim Kirby, Des Moines, North	9.5
	A-Wayne Brown, Estherville	10.5		A-Mike Lint, Anamosa	10.0
	B-Bob Stangel, Onawa	10.4		B-Warren Johnson, West Lyon, Inwood	9.9
	C-Ted Harvey, Toledo Juvenile	10.4		C-Keith Bell, Norwalk	10.1

68	AA-Larry Miller, Des Moines, Roosevelt	9.9
	A-Jack Comfort, West Monona, Onawa	10.0
	B-Dave Harskamp, Sioux Center	9.9
	C-Keith Bell, Norwalk	10.3
69	AA-Greg Lintz, Ottumwa	9.9
	A-Jack Comfort, West Monona, Onawa	10.0
	B-Galen Morris, Interstate 35, Truro	10.4
	C-Mark Bigler, Dumont	10.0
70	AA-Jim Henderson, Waterloo, East	9.6
	A-Steve Wolpert, West Monona, Onawa	10.1
	B-Garry Frandson, Roland-Story	10.4
	C-Steve Crouse, Woodward-Granger	10.0
71	AA-Dick Eisenlauer, Des Moines, East	9.8
	A-Steve Wolpert, West Monona, Onawa	10.0
	B-Garry Frandson, Roland-Story	10.4
	C-Rick Freeburg, Pocahontas	9.9
72	AA-Gene Mollett, Bishop Heelan, SC	10.0
	A-Tom Miller, Storm Lake	10.1
	B-Gary DeBruin, Rock Valley	10.4
	C-Steve Olson, Terril	10.3

73	AA-Albert Morgan, Burlington	10.1
	A-Pat Eisenmenger, Cherokee	10.4
	B-Dave Guy, Norwalk	10.4
	C-Steve Olson, Terril	10.3
74	AA-Bob Bostic, Davenport, Central	9.9
	A-Larry Abernathy, Vinton, Washington	10.2
	B-Jim Brewer, NUH, Cedar Falls	10.4
	C-Craig Ohden, Wall Lake	10.4
75	AA-Greg Mick, Cedar Rapids, Kennedy	10.0
	A-Mike Shaw, Nevada	10.1
	B-Doug Hanson, Ida Grove	10.1
	C-Craig Ohden, Wall Lake	10.2
76	AA-Greg Mick, Cedar Rapids, Kennedy	9.8
	A-Mike Shaw, Nevada	10.0
	B-John Taylor, Eddyville	10.2
	C- Vic Lochman, Alden	10.2
77	AA-Owen Buckley, Sioux City, North	9.9
	A-Loren Velgersdyke, Western Christian	10.3
	B-Rick Van Pelt, Panora-Linden	10.2
	C-Dale Meleynek, Y-J-B, Jamaica	10.2

100-METER DASH

78	AA-Owen Buckley, Sioux City, North	11.1
	A-Jody Wilson, Mount Pleasant	11.0
	B-Jeff Nielsen, Britt	11.1
	C-Randy Willer, Schaller	11.4
79	AA-Cordell Smith, Waterloo, East	10.9
	A-Keith Willey, Osage	11.3
	B-Jeff Nielsen, Britt	10.8
	C-Bob Frederick, Ayrshire	11.1
80	AA-Treye Jackson, Newton	11.02
	A-Dave Donavan, Humboldt	11.43
	B-Jeff Nielsen, Britt	10.84
	C-Scott Harms, Wellsburg	11.47
81	AA-Treye Jackson, Newton (ran 10.5 in prelims) ..	10.80
	A-Keith Willey, Osage	11.30
	B-Mike Fischer, Sac City	11.19
	C-Mike Dubberke, Hubbard	11.44
82	4A-Richard Rumley, Des Moines, Roosevelt	11.03
	3A-Jeff Peterson, Clear Lake	11.22
	2A-Kevin Goodrich, Iowa Valley	11.25
	1A-Kevin Fouts, Dunlap	11.29
83	4A-Booker Scott, Davenport Central	11.02
	3A-Mike Tice, Perry	11.29
	2A-Bryon Hubbard, Prairie, Gowrie	10.90
	1A-Dan Hicks, Sutherland	11.41
84	4A-Gary Couch, Davenport, Central	10.94
	3A-Todd Cleverly, Jefferson	11.23
	2A-Rod Storch, West Burlington	11.4
	1A-Joe Bricker, United Community, Boone	11.3
85	4A-Rod Edwards, Des Moines, Roosevelt	11.14
	3A-Todd Cleverly, Jefferson	11.42
	2A-Dan Wallace, Clear Creek	11.1
	1A-Phil Forbes, Lone Tree	11.1
86	4A-Kevin Little, Ankeny	10.90
	3A-Scott Jenkins, Waukon	11.20
	2A-Dave Stein, Milford	11.31
	1A-Jeff Albright, Iowa School for Deaf, CB	11.31
87	4A-Kevin Monroe, Muscatine	11.03
	3A-Rob Wise, West Liberty	11.37

2A-Jeff Wallerich, Sigourney	11.34
1A-Paul Korsness, North Winneshiek	11.39
88 4A-Bryant Williams, Waterloo, West	10.96
3A-David Linkletter, Shenandoah	11.44
2A-Dave Ellingson, Colo-NESCO	11.32
1A-Dallas Sudmann, Treynor	11.74
89 4A-Joe James, Des Moines, East	11.03
3A-Cole Honeck, Hampton-Dumont	11.27
2A-Ryan Santi, Madrid	11.2
1A-Kevin Roths, Olds, WACO	11.25
90 4A-Dwayne Wright, Waterloo, West	10.92
3A-Jamie Leonard, Dallas Center-Grimes	11.19
2A-Brad Bailey, New London	11.27
1A-Dave Titler, Clay Central	11.39
91 4A-Curtis Hawkins, Ames	11.17
3A-Toby Bengfort, Denison	11.39
2A-Nate Smith, West Hancock, Britt	11.20
1A-Randy Thompson, CWL, Corwith	11.45
92 4A-Curtis Hawkins, Ames	10.97
3A-Toby Bengfort, Denison	11.13
2A-Nate Smith, West Hancock, Britt	11.14
1A-Randy Thompson, CWL, Corwith	11.11
93 4A-Antwun Taylor, Davenport, Central	11.08
3A-Doug Miller, Mount Pleasant	10.99
2A-Nate Smith, West Hancock, Britt	11.03
1A-Randy Thompson, CWL, Corwith	11.00
94 4A-Adam Cook, Cedar Rapids, Washington	11.33
3A-Doug Miller, Mount Pleasant	11.26
2A-Nate Smith, West Hancock, Britt	11.18
1A-Randy Thompson, CWL, Corwith	11.01
95 4A-Dan McMahon, Iowa City, City	11.45
3A-Tim Lambertsen, Anamosa	11.14
2A-Phil Wagner, North Fayette	11.10
1A-Jeff Adam, Cardinal, Eldon	11.33
96 4A-Dan McMahon, Iowa City, City	10.95
3A-Matt Stockdale, Iowa Falls	11.11
2A-Phil Wagner, North Fayette	11.18
1A-Jeff Adam, Cardinal, Eldon	10.84

97	4A-Aaron Greving, Ames	10.82	3A-Logan Danko, Centerville.....	10.91
	3A-Bryan Gilbreath, Waverly-Shell Rock.....	11.06	2A-Brad Vogel, Central Lee, Donnellson	11.10
	2A-Tom Green, Westwood, Sloan.....	11.06	1A-Jesse Selgeby, West Lyon (<i>ran 11.05 in prlm</i>)	11.13
	1A-Evan Bru, Montezuma	11.10	10 4A-Austin Ebertowski, CB Abraham Lincoln	10.99
98	4A-Aaron Greving, Ames	11.23	3A-Brett Bogard, Pella.....	11.28
	3A-Kevin Collins, Assumption, Davenport	11.45	2A-Aaron Arment, West Marshall	11.09
	2A-Mike Pope, West Burlington	11.40	1A-Tyler Tonderum, Armstrong-Ringsted	11.12
	1A-Clint Daisy, Southern Cal.....	11.39	11 4A-James Harrington, Cedar Falls	10.86
99	4A-Marques Simmons, Davenport, North	11.06	3A-Riley McCarron, Wahlert, Dubuque	11.36
	3A-Chris Jarvis, Washington	11.27	2A-Aaron Arment, West Marshall	11.40
	2A-Lane Danielson, Dike-New Hartford	11.53	1A-Nick Efkamp, Madrid.....	11.41
	1A-Anthony Durnan, Earlham	11.49	12 4A-James Harrington, Cedar Falls	11.13
00	4A-Hakim Hill, Iowa City, City.....	10.88	3A-Keagan Parks, Webster City.....	11.40
	3A-Cole Boatright, Fairfield	11.26	2A-Jake Floen, Unity Christian, Orange City.....	11.40
	2A-Mike Fiech, West Lyon, Inwood.....	11.08	1A-Nick Pittmon, East Mills	11.39
	1A-Jonathan Wallerich, Sigourney	11.20	13 4A-Anthony Dreeszen, Sioux City, East.....	11.11
01	4A-Marques Simmons, Davenport North	10.63	3A-Brandon Norman, Iowa Falls-Alden.....	11.15
	3A-Adam Haluska, Carroll	10.84	2A-Trever Ryan, OA-BCIG	11.25
	2A-Jason Nolting, Preston-East Central	11.13	1A- Nick Pittmon, East Mills	11.24
	1A-Jared Vickroy, Southeast Warren	11.14	14 4A-Rico Gafford, Dowling Catholic, WDM.....	11:07
02	4A-Calvin Davis, Iowa City, City.....	10.73	<i>Gafford ran an all-time best FAT 10.61 in the prelims</i>	
	3A-Adam Haluska, Carroll (<i>10.78 prelim</i>).....	10.91	3A-Tanner Dunkin, Knoxville	11.03
	2A-Jared Graham, Tri-Center, Neola	11.05	2A-Derek Harksen, Camanche.....	11.20
	1A-Jace Dennison, Tri-County, Thornburg	11.09	1A-Meliek Meyer, Lynnville-Sully	11.13
03	4A-Andy Brodell, Ankeny	10.73	15 4A-Cray Washington, Fort Dodge	11.24
	3A-Paul Brown, LeMars	10.98	3A-Tanner Dunkin, Knoxville	11.31
	2A-Zac Bailey, Okoboji, Milford	10.91	2A-Isaiah Trousil, West Burlington/N. Dame.....	11.10
	1A-Mike Wiederholt, St. Mary's, Remsen.....	11.12	1A-Korby Sander, Belmond-Klemme	11.48
04	4A-Robert Thompson, Des Moines East.....	10.82	16 4A-Jalen Rima, Prairie, Cedar Rapids	10:86
	3A-Chris Rowedder, Carroll	11.20	3A-Eli Hicks, Boone.....	11:02
	2A-David Wall, West Burlington	11.19	2A-Isaiah Trousil, West Burlington/N. Dame.....	10.69
	1A-Lincoln Cavanagh, Northeast Hamilton	11.21	1A-Korby Sander, Belmond-Klemme	11.30
05	4A-Robert Thompson, Des Moines East.....	10.93	17 4A-Dan Blocker, Waukee	11.12
	3A-Justin Greiner, Washington	11.62	3A-Isaiah Trousil, West Burlington/N. Dame.....	10.74
	2A-Travis Drahozal, Solon	11.30	2A-Michael Santi, Madrid	10.91
	1A-Nick Kuchel, Kingsley-Pierson.....	11.42	1A-Derek Bova, Lisbon.....	11.23
06	4A- Bryan Collins, Valley, WDM.....	11.00	18 4A-Bernard Bell, Jr, Ames	10.60
	3A- Justin Greiner, Washington	11.25	3A-Rancy Freeman, Dallas Center-Grimes.....	10.88
	2A- Travis Drahozal, Solon	11.08	2A-Tanner Iske, West Liberty	10.58
	1A- Marquis Stephens, Lisbon	11.16	1A-Rodney Schwartzhoff, South Winneshiek....	10.95
07	4A-Jarred Herring, Burlington.....	11.15	19 4A-Bernard Bell Jr., Ames	10.92
	3A-Wilmot Wellington, Fairfield	11.54	3A-Jorma Schwedler, Sergeant Bluff-Luton	11.20
	2A-Kenneth Jackson, Pleasantville	11.29	2A-Joe Stein, Spirit Lake	11.10
	1A-Billy Veach, Andrew	11.46	1A-Drake Partridge, AHSTW, Avoca.....	11.32
08	4A-Jarred Herring, Burlington.....	10.76	20 Season canceled due to COVID-19.	
	3A-Derek Kramer, Xavier, Cedar Rapids	11.00	21 4A-Mikey McClain, Dowling Catholic.....	10.79
	2A-Kyle Schuett, Cherokee	11.08	3A-Ryan Brosius, Wahlert, Dubuque	11.22
	1A- Alex Feilmeier, Glidden-Ralston	11.34	2A-Cooper DeJean, OABCIG.....	11.16
09	4A-Patrick Lewis, Xavier, Cedar Rapids	10.62	1A-Beau Flander, English Valleys.....	11.12

220-YARD DASH

06	E. Turner, Grinnell	22.8	15	George Tomson, Davenport.....	23.4
07	Carl Harris, Des Moines West	23.6	16	George Rausch, Waterloo West.....	23.0
08	Elmer Ward, Ida Grove	23.2	17	Charles Colby, Des Moines North	22.6
09	Rollo Baird, Des Moines, East.....	24.0	18	Sam Cohen, Des Moines North	23.4
10	Monroe, Cedar Rapids.....	23.4	19	Glenn "Doc" Miller, Waterloo West	22.8
11	Charles Hoyt, Greenfield	22.8	20	Harold Rocho, Des Moines East	22.8
12	Charles Hoyt, Greenfield	22.4	21	William Buirge, Mason City.....	22.9
13	Charles Hoyt, Greenfield	22.6	22	John "Tissy" Moore, Sioux City Central	22.8
14	George Tomson, Davenport.....	23.2	23	John Everingham, Fort Madison.....	22.4

24	Roy Wise, Winfield.....	22.3	B-Dave Hoover, Dallas Center	23.2
25	Herbert Schell, Perry	22.4	C-Brad Bonyng, West Lyon	23.6
26	Gordon Lagerquist, Des Moines, East.....	22.7	60 AA-John Cota, Mason City	22.1
27	Anton Frahm, Denison.....	22.5	A-Dave Suntken, Belmond	23.0
28	Raymond Burns, Mason City.....	22.0	B-Dave Hoover, Dallas Center	23.0
29	Frank Smith, Emmetsburg	22.8	C-Brad Bonyng, West Lyon	23.4
30	Joe Rogers, Jefferson.....	22.5	61 AA-Dennis Obregon, Des Moines, Tech	22.3
31	Bernard Pull, Marshalltown.....	22.1	A-Dennis Wunsch, Greene.....	23.7
32	Carl Nelson, Clinton.....	21.9	B-Steve Kettering, Lake View-Auburn	22.5
33	Carl Nelson, Clinton.....	21.3	C-Dan Travaille, Ocheyedan	23.3
34	George Robinson, Des Moines, North.....	22.1	62 AA-Clyde Duncan, Des Moines, North	22.3
35	Robert Brown, Clinton.....	22.8	A-Paul Readhead, Corning.....	23.5
36	Bob Cowan, Waterloo, West	22.1	B-Warren Pierce, West Branch	23.5
37	Wilson Saunders, Dubuque.....	21.7	C-Bruce McDonald, Scranton	24.1
38	Jewell Thompson, Oskaloosa.....	22.1	63 AA-Clyde Duncan, Des Moines, North	21.7
39	Frank Kaiser, Des Moines, East	22.1	A-Harry Alley, Winterset	22.9
40	Bill Garrett, Davenport	22.0	B-Jon Reimer, George.....	22.4
41	Junior Franck, Davenport	23.0	C-Bruce McDonald, Scranton	22.5
42	Harry Covey, Des Moines, Roosevelt.....	22.4	64 AA-Clyde Duncan, Des Moines, North	21.6
43	Harold Lewis, Centerville	22.9	A-Tom Busch, Garner-Hayfield	22.7
44	Bob Ryan, Waterloo, East	22.3	B-Jack Bintz, Sutherland	22.3
45	Bob Ryan, Waterloo, East	22.9	C-Bruce McDonald, Scranton	22.2
46	Bob Weissinger, Des Moines, Roosevelt	21.9	65 AA-Jim Kirby, Des Moines, North.....	22.3
47	Dick Atkins, Des Moines, East.....	22.0	A-Ron Davis, Perry.....	22.1
48	A-George Nichols, Des Moines, North	22.0	B-Joe Buckwalter, Iowa City, University High	22.6
	B-Willie Hunt, Guthrie Center	22.6	C-Ed Long, Irwin	22.9
49	A-Gary Scott, Des Moines, North	21.3	66 AA-Jim Kirby, Des Moines, North.....	21.4
	B-Jim Harvey, Britt.....	22.4	A-Jerry Lenz, Cherokee, Washington	22.2
50	A-John Gibbons, Co Bluffs Thomas Jefferson	22.9	B-Steve Hodges, Laurens	22.1
	B-Werner Berg, Rock Rapids	23.2	C-Lloyd Wiese, Baxter	22.9
51	A-Bob Zust, Des Moines, East	22.1	67 AA-Jim Kirby, Des Moines, North.....	21.5
	B-Ray Long, Afton	21.7	A-Mike Lint, Anamosa	22.4
52	A-Les Allen, Indianola.....	22.4	B-Gary Sanow, Marcus	21.8
	B-Doug Baldwin, Jesup	22.7	C-Fran Long, Irwin	22.0
53	AA-Tom Jennings, Marshalltown	22.4	68 AA-Roger Colglazier, Davenport Central	21.7
	A-Bob Ash, Oelwein	23.3	A-Bill Eich, Spirit Lake	22.8
	B-Del Kloewer, Manilla	22.8	B-Dave Harskamp, Sioux Center	22.2
	C-Carl Seegar, Tabor	23.3	C-Keith Bell, Norwalk.....	22.4
54	AA-Sam Bradley, Des Moines, East	22.2	69 AA-Bill Hansen, Clinton	21.7
	A-Del Mourer, Oelwein	23.1	A-Mark Pilcher, Anamosa.....	22.1
	B-Tom Burrows, Belle Plaine	23.0	B-John Dobler, Manning.....	22.9
	C-Jim Merry, Primghar.....	23.5	C-Thierry Boucqey, Swea City	22.1
55	AA-Bill Woodhouse, Mason City	22.1	70 AA-Chuck Curtis, Clinton.....	21.9
	A-Larry Eischen, Valley, WDM	22.8	A- Vince Leber, St Albert, Co. Bluff	22.5
	B-Tom Burrows, Belle Plaine	23.2	B-Jim Laughery, Guthrie Center.....	22.8
	C-Pete Valentine, Hull	23.2	C-Rick Freeburg, Pocahontas	22.3
56	AA-Dennis O'Brien, Des Moines, Roosevelt.....	21.8	71 AA-Dick Eisenlauer, Des Moines, East.....	21.4
	A-Bob Brandt, Denison.....	22.5	A-Dan Kubik, North Tama, Traer.....	23.2
	B-John States, Traer	22.1	B-Danny Andersen, Manning	23.1
	C-Terry Hutt, Woodward.....	22.6	C-Rick Freeburg, Pocahontas	22.4
57	AA-Jim Hutchinson, Des Moines, Tech.....	22.6	72 AA-Gene Mollett, Bishop Heelan, Sioux City	22.4
	A-Jim Merrick, Maquoketa.....	22.8	A-Tom Dovel, Red Oak	23.0
	B-Tom Whitney, Aurelia	22.7	B-Danny Andersen, Manning	22.8
	C-Dennis Wernimont, Iowa School for Deaf, CB..	23.3	C-Paul Van Briessen, George	23.1
58	AA-Jim Hutchinson, Des Moines, Tech.....	22.1	73 AA-Fred Parks, Davenport, Central	22.0
	A-Wayne Johnson, Algona.....	22.7	A-Pat Eisenmenger, Cherokee, Washington.....	23.3
	B-Dean Hartman, Anamosa	23.5	B-Chris Thompson, NUH, Cedar Falls	22.5
	C-Paul Miller, Menlo	23.0	C-Randy Yuska, LDF, LeGrand.....	23.6
59	AA-Bob Kreamer, Des Moines, Roosevelt.....	21.7	74 AA-Fred Parks, Davenport, Central	22.2
	A-Wayne Johnson, Algona.....	22.1	A-Greg Younger, Atlantic.....	23.5

	B-Tom Specketer, Alta	23.2
	C-Phil Buffington, Titonka	22.8
75	AA-Dan Courtney, Ottumwa	21.9
	A-Mike Shaw, Nevada	22.0
	B-Greg Willey, West Monona, Onawa	23.2
	C-Craig Ohden, Wall Lake	22.5
76	AA-Greg Mick, Cedar Rapids, Kennedy	21.5

	A-Mike Shaw, Nevada	21.7
	B-John Taylor, Eddyville	22.2
	C-Vic Lochman, Alden	22.2
77	AA-Mike Jorgensen, Marshalltown	22.0
	A-Bill Tanner, Eagle Grove	22.0
	B-Rich Van Pelt, Panorama	22.6
	C-Harry Steele, Iowa School for Deaf, Co. Bluffs	22.9

200-METER DASH

78	AA-Owen Buckley, Sioux City, North	22.19
	A-Jody Wilson, Mount Pleasant	22.69
	B-Steve Arnes, Gehlen Catholic, LeMars	22.70
	C-Rick Gienau, Janesville	22.99
79	AA-Jeff Flynn, Wahlert Catholic, Dubuque	22.28
	A-David Thumm, Mount Vernon	22.17
	B-Jeff Nielsen, Britt	22.00
	C-Scott Harms, Wellsburg	22.56
80	AA-Trey Jackson, Newton	21.90
	A-Kent Lester, Clarion	22.43
	B-Jeff Nielsen, Britt	21.78
	C-Scott Harms, Wellsburg	22.79
81	AA-Trey Jackson, Newton	21.64
	A-Keith Willey, Osage	22.34
	B-Mike Fischer, Sac City	22.42
	C-Darren Ennis, Terril	22.54
82	4A-Alvin Myles, Des Moines, Roosevelt	21.87
	3A-Mike Tice, Perry	22.54
	2A-Kevin Goodrich, Iowa Valley, Marengo	22.53
	1A-Kevin Fouts, Dunlap	22.55
83	4A-David Palmer, Waterloo, Central	21.78
	3A-Brooks Glasnapp, Roland-Story	22.18
	2A-Kevin Goodrich, Iowa Valley, Marengo	22.44
	1A-Rick Brown, Ar-We-Va, Westside	22.68
84	4A-Gary Couch, Davenport, Central	21.98
	3A-Mike Tice, Perry	22.4
	2A-Kendall Swanson, Clarion	22.9
	1A-Lonnie MacPeck, Gilmore City-Bradgate	22.90
85	4A-Kevin Little, Ankeny	22.30
	3A-Todd Cleverly, Jefferson	22.70
	2A-Jeff Wallerich, Sigourney	22.6
	1A-Dorne Wiese, Baxter	22.4
86	4A-Kevin Little, Ankeny	21.50
	3A-Rob Wise, West Liberty	22.72
	2A-Scott Bailey, Pocahontas	22.38
	1A-John Kaspers, Meservey-Thornton	22.39
87	4A-Willie Lacy, Davenport, West	21.51
	3A-Rob Wise, West Liberty	22.38
	2A-Scott Bailey, Pocahontas	22.61
	1A-Brian Hovenga, Aplington	22.69
88	4A-Kevin Monroe, Muscatine	21.81
	3A-David Linkletter, Shenandoah	23.23
	2A-Dave Ellingson, Colo-Nesco	22.40
	1A-Greg Nelson, Aurelia	23.10
89	4A-Kenny Shedd, Davenport, West	21.56
	3A-Jamie Leonard, Dallas Center-Grimes	22.05
	2A-Bryan Kueny, Alta	22.19
	1A-Kevin Roth, WACO, Olds	22.49
90	4A-Sly Brown, Davenport, Central	21.96
	3A-Jamie Leonard, Dallas Center-Grimes	21.98
	2A-Brad Bailey, New London	22.32

	1A-Rob Noland, Adair-Casey	22.91
91	4A-Tim Dwight, Iowa City, City	22.39
	3A-Scott Van Wyngarden, Knoxville	22.42
	2A-Enrique Flores, Wapello	22.38
	1A-Andy Plumb, IKM, Manilla	23.00
92	4A-Tim Dwight, Iowa City, City	21.59
	3A-Toby Bengfort, Denison	22.33
	2A-Aaron Egbert, Mediapolis	22.68
	1A-Randy Thompson, CWL, Corwith	22.09
93	4A-Tim Dwight, Iowa City, City	21.63
	3A-Doug Miller, Mount Pleasant	22.34
	2A-Kirk Luense, St Ansgar	22.64
	1A-Randy Thompson, CWL, Corwith	22.13
94	4A-Tim Dwight, Iowa City, City	21.90
	3A-Doug Miller, Mount Pleasant	22.57
	2A-Aaron Egbert, Mediapolis	22.59
	1A-Todd Puck, Manning	22.39
95	4A-Chad Heying, Bishop Heelan, Sioux City	22.18
	3A-Jarrold Heinz, Humboldt	22.15
	2A-Phil Wagner, North Fayette, West Union	22.78
	1A-Todd Mundt, Treynor	22.28
96	4A-Marshall Frazier, Bettendorf	22.12
	3A-Dustin Smith, Oelwein	22.35
	2A-Phil Wagner, North Fayette, West Union	22.53
	1A-Jeff Adam, Cardinal, Eldon	21.89
97	4A-Jason Ringena, Iowa City, City	21.57
	3A-Josh Roose, Pella	22.25
	2A-Tom Green, Westwood, Sloan	22.20
	1A-Tim Dodge, Rockwell-Swaledale	21.93
98	4A-Quennel McCaleb, Fort Dodge	21.88
	3A-Mike Mansour, Creston	22.33
	2A-Mike Pope, West Burlington	22.54
	1A-Chris McCullough, Pleasantville	22.42
99	4A-Marques Simmons, Davenport, North	22.19
	3A-Jerod Torrey, Centerville	22.16
	2A-Ryan Kedley, North Cedar, Stanwood	22.93
	1A-Zach Grimm, Iowa Mennonite School, Kalona	22.48
00	4A-Nik Moser, Fort Dodge	21.88
	3A-Matt Jens, Glenwood	22.47
	2A-Mike Pope, West Burlington	22.18
	1A-Micky Roseberry, Alburnett	22.48
01	4A-Nik Moser, Fort Dodge	21.33
	3A-Adam Haluska, Carroll	21.67
	2A-Jason Nolting, Preston-East Central	21.81
	1A-Jared Vickroy, Southeast Warren	22.18
02	4A-Calvin Davis, Iowa City, City	21.37
	3A-Adam Haluska, Carroll	21.56
	2A-Cody Eichmeier, AGWSR, Ackley	22.09
	1A-Jace Dennison, Tri-County, Thornburg	22.17
03	4A-Andy Brodell, Ankeny	21.58
	3A-Greg Offerman, Charles City	22.41

	2A-Jared Van Wyk, Pella Christian	22.05		2A-Jake Floen, Unity Christian, Orange City.....	22.06
	1A-Lee Elbert, Bishop Garrigan, Algona	21.80		1A-Brice Sines, Pekin.....	22.78
04	4A-Andy Brodell, Ankeny	21.62	13	4A-Tavian Smith, Iowa City, West.....	21.84
	3A-Greg Offerman, Charles City	22.52		3A-Jared Ganschow, Clear Creek-Amana	22.18
	2A-David Wall, West Burlington	22.36		2A-Trever Ryan, OA-BCIG	22.17
	1A-Derek Stephens, Lisbon	22.46		1A-Nick Pittmon, East Mills	22.44
05	4A-Josh Webb, Cedar Falls	21.79	14	4A-Rico Gafford, Dowling Catholic, WDM.....	21.93
	3A-Greg Offerman, Charles City	22.07		3A-Connor Ham, Solon	22.14
	2A-Justin Bauer, Kuemper Catholic, Carroll	22.39		2A-Derek Harksen, Camanche.....	22.40
	1A-Nick Kuchel, Kingsley-Pierson	22.04		1A-Kyle Groeneweg, West Lyon, Inwood.....	22.10
06	4A-Bryan Collins, Valley, WDM.....	22.21	15	4A-Jalen Rima, Prairie, Cedar Rapids	22.03
	3A-Cody Baethke, Williamsburg.....	22.54		3A-Connor Ham, Solon	22.35
	2A-Eli Brus, Camanche (22.28 in prelims)	22.37		2A-Isaiah Trousil, West Burlington/N. Dame.....	21.90
	1A-Nick Kuchel, Kingsley-Pierson (22.14 in prelims)	22.48		(Trousil ran 21.76 in the prelims)	
07	4A-Jarred Herring, Burlington.....	22.21		1A-Korby Sander, Belmond-Klemme	22.42
	3A-Bryce Colston, Xavier, Cedar Rapids	22.58	16	4A-Jalen Rima, Prairie, Cedar Rapids	21.40
	2A-Kenneth Jackson, Pleasantville	22.86		3A-Eli Hicks, Boone.....	21.68
	1A-Ronnie Henderson, Woodward Academy	22.69		2A-Isaiah Trousil, West Burlington/N. Dame.....	21.33
08	4A-Jarred Herring, Burlington (21.78 in prelims) ..	21.79		1A-Bryce Achen, WACO, Wayland	22.45
	3A-Bryce Colston, Xavier, Cedar Rapids	22.68	17	4A-Tayshaun Cooper, Waterloo, West.....	21.72
	2A-Aaron Stockstell, Mid-Prairie, Wellman	21.96		3A-Isaiah Trousil, West Burlington/N. Dame.....	21.22
	1A-Alex Feilmeier, Glidden-Ralston	22.63		2A-Gage Clay, AHSTW	21.98
09	4A-Patrick Lewis, Xavier, Cedar Rapids	21.43		1A-Jack Butteris, Lisbon.....	22.32
	3A-Logan Danko, Centerville	21.95	18	4A-Bernard Bell, Jr., Ames	21.64
	2A-Brian Sandvig, St. Edmond, Fort Dodge	22.41		3A-Jorma Schwedler, Sergeant Bluff-Luton	21.72
	1A-Kyle Thoreson, Alburnett	22.33		2A-Noah Anderson, PCM, Monroe.....	21.79
10	4A-James Harrington, Cedar Falls	21.98		1A-Rodney Schwartzhoff, South Winneshiek.....	22.14
	3A-Brandon Jasper, Central Clinton, DeWitt.....	22.86	19	4A-Darien Porter, Bettendorf.....	21.76
	2A-Aaron Arment, West Marshall.....	22.60		3A-Jorma Schwedler, Sergeant Bluff-Luton	22.16
	1A-Tyler Tonderum, Armstrong-Ringsted	22.65		2A-Joe Stein, Spirit Lake	22.41
11	4A-James Harrington, Cedar Falls	21.16		1A-Drake Partridge, AHSTW, Avoca.....	22.34
	3A-Brandon Jasper, Central Clinton.....	22.03	20	Season canceled due to COVID-19.	
	2A-Aaron Arment, West Marshall.....	22.69	21	4A-Mikey McClain, Dowling Catholic.....	21.59
	1A-Bryce Maschino, Laurens-Marathon.....	22.77		3A-Brevin Doll, ADM, Adel	22.19
12	4A-James Harrington, Cedar Falls	21.52		2A-Brayden Wollan, Underwood	21.86
	3A-Keagan Parks, Webster City.....	22.73		1A-Kase Baker, St. Edmond, Fort Dodge	22.31

440-YARD DASH

06	Carl Harris, Des Moines West	54.6	24	Leo Loftus, Cedar Rapids	50.4
07	Carl Harris, Des Moines West	54.4	25	George Baird, Mason City	51.3
08	Elmer Ward, Ida Grove	52.6	26	Gordon Laquerquist, Des Moines, East.....	51.4
09	Walter Fairall, Oskaloosa	54.8	27	Anton Frahm, Denison	50.5
10	Charles Parsons, Iowa City	53.8	28	Kenneth Albee, Muscatine	51.0
11	Charles Parsons, Iowa City	52.8	29	Sidney Dean, Traer.....	50.5
12	Archie Mellor, Des Moines West	52.8	30	Bernie Page, Newton.....	50.5
13	Archie Mellor, Des Moines West	51.4	31	Wallace Brown, Paullina	50.5
14	Elliott Purmort, Des Moines West.....	51.8	32	Chester Pence, Keota	49.9
15	Mac Byers, Des Moines East	53.0	33	Van Phillips, Iowa City, University High.....	50.4
16	George Kelley, Newton.....	51.8	34	Max Howie, Creston	49.9
17	Walter Yarn, Des Moines, East	53.4	35	Carl Teufel, Davenport.....	51.0
18	Lester Beck, Des Moines West	53.0	36	Bill Hermann, Des Moines, East.....	51.1
19	Arthur Higbee, Boone	54.0	37	Charles Swink, Valley Jct.	49.3
20	Charles Brookins, Oskaloosa	52.4	38	Melbert Beiber, Vinton	50.8
21	Chan Coulter, Iowa City.....	51.4	39	Robert Nicholson, Cedar Rapids, Franklin	51.6
22	Leland O'Dell, Des Moines East.....	52.2	40	Lawrence LaBarge, Anamosa	51.0
23	John "Tissy" Moore, Sioux City Central.....	51.2	41	Pete Eckhoff, Waterloo, East.....	50.8

42	Harry Covey, Des Moines, Roosevelt.....	50.0	B-Lloyd Kolker, Gehlen Catholic, LeMars	52.5
43	Walt Freitag, Charles City.....	52.0	C-Steve Moore, Morning Sun	50.9
44	Eric Wilson Jr., Iowa City, University	52.1	64 AA-Clyde Duncan, Des Moines, North.....	50.0
45	Phil Wright, Des Moines, Roosevelt	50.6	A-Gene Ricker, Mount Ayr.....	51.5
46	Dick Overton, Mount Pleasant.....	50.5	B-Joe Buckwalter, Iowa City, University High	51.5
47	Willie Hunt, Guthrie Center	51.1	C-Kerry Conard, Winfield-Mount Union	50.7
48	A-Bruce Florence, Davenport.....	51.8	65 AA-Brent Slay, Oskaloosa	50.5
	B-Willie Hunt, Guthrie Center	49.9	A-Pando Marluky, Glenwood.....	52.2
49	A-Gary Scott, Des Moines, North	49.3	B-Joe Buckwalter, Iowa City, University High	50.2
	B-Jack Smallridge, Nevada	52.5	C-John Pollock, Havelock-Plover	49.7
50	A-Bob Wilbur, Des Moines, North	50.1	66 AA-Jim Kirby, Des Moines, North.....	48.3
	B-Gene Mumm, DeWitt	53.3	A-Jerry Lenz, Cherokee, Washington	50.8
51	A-Bob Clark, Oelwein	49.5	B-Bill Mateer, Sheffield-Chapin	51.0
	B-Dan Hansen, Odebolt	52.3	C-Robby O'Clair, Clay Central.....	50.5
52	A-John Stodgell, Ottumwa.....	51.4	67 AA-Roger Colglazier, Davenport, Central	48.0
	B-Dan Hansen, Odebolt	51.5	A-Paul Rogers, Central Lyon, Rock Rapids	49.9
53	AA-Caesar Smith, Des Moines, North.....	50.7	B-Warren Johnson, West Lyon, Inwood.....	50.1
	A-Bob Ash, Oelwein	51.7	C-Fran Long, Irwin	50.8
	B-Francis Brownmiller, Aurelia	52.7	68 AA-Roger Colglazier, Davenport Central	48.4
	C-Dick Bozman, Morning Sun	52.9	A-Dave Nauman, Crestwood, Cresco	51.0
54	AA-Sam Bradley, Des Moines, East	49.7	B-Mike Della Penna, Louisa-Muscatine	52.8
	A-Del Mourer, Oelwein	52.1	C-Larry Armstrong, Clarence.....	53.5
	B-Tom Burrows, Belle Plaine	52.8	69 AA-Mike Ross, Bishop Heelan, Sioux City.....	49.0
	C-Bill Sharp, Allerton	53.8	A-Steve Ryan, Ankeny	50.6
55	AA-Jerry Spencer, Des Moines, North	51.6	B-Bill Sindlinger, NUH, Cedar Falls	50.3
	A-Dick Recknor, Creston.....	52.6	C-Don Bristow, LuVerne	51.8
	B-Tom Burrows, Belle Plaine	52.2	70 AA-Chuck Curtis, Clinton.....	48.0
	C-Ned Miller, Kalona.....	51.3	A-Ed Defenbaugh, Mount Ayr.....	49.7
56	AA-Bob Covey, Ames.....	49.8	B-Jim Laughery, Guthrie Center.....	49.7
	A-Junior Soper, Hampton	51.0	C-Don Aanonson, Lincoln Central, Gruver	51.3
	B-John States, Traer	51.4	71 AA-Dennis Roloff, Cedar Rapids, Jefferson	48.6
	C-Bill Jasper, Agency	52.2	A-Mike Malloy, Williamsburg	50.8
57	AA-Bob Covey, Ames.....	49.4	B-John Specker, Keota.....	52.1
	A-Chuck Runge, DeWitt	51.1	C-Paul Laipple, New London.....	50.5
	B-Larry Leinbaugh, Holstein.....	52.3	72 AA-Don Adams, Washington.....	49.3
	C-Dennis Wernimont, Iowa School for Deaf	52.6	A-Tom Dovel, Red Oak	50.0
58	AA-Stan Scholl, Ames	50.3	B-Danny Andersen, Manning	50.4
	A-Jon Sheltgren, Indianola	51.3	C-Larry Hulsing, New Hartford.....	50.2
	B-Ron Henninger, Tripoli.....	52.3	73 AA-Jerome Culps, Davenport, Central.....	50.0
	C-Marvin Emswiler, Dunlap	52.6	A-Tom Dovel, Red Oak	49.0
59	AA-Carl VanderWilt, Ottumwa.....	50.0	B-Tom Clary, Eldora	50.3
	A-Gary Richards, Corning	52.2	C-Dave Seieroe, Charter Oak-Ute.....	51.1
	B-Bob Jackson, Clinton, St Marys.....	51.4	74 AA-Chris Bryant, Davenport, Central	49.9
	C-Jack Rohrs, Sanborn	52.4	A-Tom Dovel, Red Oak	49.2
60	AA-Pat Hansel, Sioux City, East	49.7	B-Tom Clary, Eldora	49.9
	A-Gary Richards, Corning	51.6	C-Darryl Triplett, Sutherland	51.3
	B-Gary Hollingsworth, English Valleys	49.0	75 AA-Roy Wigen, Spencer	49.1
	C-Bill Knierim, Dow City.....	52.8	A-Tony Nielsen, Humboldt.....	49.4
61	AA-Creighton Fleming, Bishop Heelan, SC	49.1	B-John Thomas, Eldora.....	50.3
	A-Larry Arndt, Sac City.....	51.8	C-Brad Groosbeck, Klemme.....	50.7
	B-Ted Beesley, Monroe.....	52.5	76 AA-Andy Jensen, Davenport, Central	49.2
	C-Craig Okerberg, Marathon	50.9	A-Mike Norton, Anamosa	49.0
62	AA-Clyde Duncan, Des Moines, North.....	50.2	B-Steve Cronbaugh, Iowa Valley, Marengo	50.5
	A-Terry Carsten, North Scott.....	50.9	C-Rich Van Pelt, Panorama, Panora	49.8
	B-Dennis Wolrab, Mount Vernon.....	52.4	77 AA-Jay Bradley, Cedar Falls	48.9
	C-Dale Weedman, Clarksville.....	51.9	A-Doug Lang, Creston.....	50.1
63	AA-Clyde Duncan, Des Moines, North.....	49.0	B-Rich Van Pelt, Panorama, Panora	49.4
	A-Harry Alley, Winterset	51.0	C-Tony Morris, Kanawha	49.8

400-METER DASH

78	AA-Mike Jorgensen, Marshalltown.....	49.72	93	4A-Jason Keese, Iowa City, City	49.61
	A-Doug Lang, Creston.....	50.34		3A-Jason Bradley, Algona	49.48
	B-Kevin Kuchel, Kingsley-Pierson.....	48.10		2A-Aaron Egbert, Mediapolis.....	49.61
	C-Randy Willer, Schaller	51.03		1A-Randy Thompson, CWL, Corwith	49.93
79	AA-Kim Sykes, Waterloo, East.....	47.5	94	4A-Nathan Hurt, Davenport, Central	49.08
	A-David Thumm, Mount Vernon.....	49.5		3A-Tony Collins, Assumption, Davenport.....	49.59
	B-Kit Ryan, Nora Springs-Rock Falls	49.0		2A-Aaron Egbert, Mediapolis.....	48.78
	C-Scott Harms, Wellsburg	50.2		1A-Jon Judisch, Tripoli	48.54
80	AA-Jeff Beelman, Fort Madison	48.37	95	4A-Chad Heying, Bishop Heelan, Sioux City	48.91
	A-Kent Anderson, Davis County, Bloomfield.....	50.11		3A-Jesse Petersen, Grinnell.....	49.04
	B-Todd Holm, Tripoli.....	48.47		2A-Joe Kubicek, Beckman, Dyersville.....	50.11
	C-Scott Harms, Wellsburg	49.61		1A-Todd Mundt, Treynor	49.10
81	AA-Trey Jackson, Newton.....	48.50	96	4A-Jason Ringena, Iowa City, City	48.63
	A-Keith Willey, Osage.....	49.56		3A-Ryan Armstrong, Cherokee, Washington	49.88
	B-Marc Kerscher, Central City.....	49.58		2A-Jason Katt, MOC-Floyd Valley.....	50.36
	C-Darren Ennis, Terril.....	49.37		1A-Greg Betts, Guthrie Center	49.72
82	4A-Scott Owens, Cedar Rapids, Kennedy	49.50	97	4A-Jason Ringena, Iowa City, City	48.73
	3A-Brooks Glasnapp, Roland-Story	49.18		3A-Mike Mansour, Creston.....	49.98
	2A-Brad Bartelt, West Branch	49.68		2A-Mark Boender, Pella Christian	50.39
	1A-Barry Jacobsen, Elk Horn-Kimballton	51.11		1A-Greg Betts, Guthrie Center	49.72
83	4A-David Palmer, Waterloo, Central	48.26	98	4A-Aaron Foreman, CR, Washington.....	48.27
	3A-Brooks Glasnapp, Roland-Story	48.67		3A-Mike Mansour, Creston.....	48.63
	2A-Brad Bartelt, West Branch	49.86		2A-Mike Pope, West Burlington.....	49.86
	1A-Barry Jacobsen, Elk Horn-Kimballton	49.94		1A-Chris McCullough, Pleasantville	48.50
84	4A-Allen Burns, Sioux City, East.....	48.70	99	4A-Andre Mitchell, Des Moines, Hoover	49.18
	3A-Mark Mehlberger, Marion.....	49.50		3A-Jerod Torrey, Centerville.....	49.58
	2A-Brad Bartelt, West Branch	50.3		2A-Ryan Kedley, North Cedar, Stanwood	49.88
	1A-Lonnie MacPeck, Gilmore City-Bradgate	50.1		1A-Dustin Olson, Iowa Valley, Marengo.....	49.50
85	4A-Allen Burns, Sioux City, East.....	48.43	00	4A-Scott Vermulm, Johnston.....	48.76
	3A-Pat Dankof, Shenandoah.....	51.15		3A-Jeff Fedler, Mount Pleasant.....	48.91
	2A-John Weiland, Britt.....	50.0		2A-Ryan Kedley, North Cedar, Stanwood	47.43
	1A-Dorne Wiese, Baxter.....	49.4		1A-Jake Nelson, Des Moines Christian	48.88
86	4A-Jim Turner, Marshalltown	48.11	01	4A-Robby Worrels, Clinton	48.78
	3A-Steve Robinson, Sumner.....	49.86		3A-Jeff Fedler, Mount Pleasant.....	48.36
	2A-Kyle Christianson, NUH, Cedar Falls.....	49.49		2A-Jason Nolting, Preston-East Central.....	48.86
	1A-Brian Hovenga, Aplington	49.30		1A-Jake Nelson, Des Moines Christian	48.91
87	4A- Willie Lacy, Davenport, West.....	47.74	02	4A-Josh Leonard, Ankeny	48.30
	3A-Rob Wise, West Liberty	49.42		3A-Adam Haluska, Carroll	48.48
	2A-Kyle Christianson, NUH, Cedar Falls.....	49.70		2A-Jared Van Wyk, Pella Christian	48.72
	1A-Brian Hovenga, Aplington	49.86		1A-Aaron Rustad, Saint Ansgar	48.91
88	4A-Dave Knight, Ames	48.35	03	4A-Yawusa Kinda, Des Moines, Roosevelt.....	47.96
	3A-Ben Alderton, Storm Lake.....	49.06		3A-Jason Crosser, Independence	49.60
	2A-Bryan Kueny, Alta	48.92		2A-Jared Van Wyk, Pella Christian	49.23
	1A-Greg Nelson, Aurelia	49.96		1A-Dustin Rasmussen, Sidney.....	49.60
89	4A-Dave Knight, Ames	47.53	04	4A-Yawaus Kinda, Des Moines, Roosevelt.....	47.33
	3A-Darren Young, Johnston	50.07		3A-Billy Mousel, Bishop Heelan, Sioux City	49.18
	2A-Bryan Kueny, Alta	49.07		2A-Derek Schroeder, Durant-Bennett	49.18
	1A-Jason Barry, Woodbine	50.13		1A-Brad Schmitt, Turkey Valley, Jackson Jct....	50.59
90	4A-Dan Bell, Ottumwa.....	49.62	05	4A- Victor Hall, Iowa City, West	48.91
	3A-Lonnie Balmer, Knoxville	48.88		3A-Greg Offerman, Charles City	48.11
	2A-Bruce Wall, Maquoketa Valley, Delhi.....	49.97			
	1A-Matt Dull, Gehlen Catholic, LeMars	50.54		2A-Cory Goos, West Liberty.....	49.59
91	4A-John Barnett, Ames	48.30		1A-Gabe Kimpson, Griswold	49.56
	3A-Bill Betterton, Carlisle	49.60	06	4A-Zac Sandvig, Valley, WDM	48.41
	2A-Craig Heinle, LDF-SEMCO.....	49.40		3A-Cody Baethke, Williamsburg.....	49.07
	1A-Randy Richardson, Riceville.....	49.90		2A-Aaron Stockstell, Mid-Prairie, Wellman	48.54
92	4A-Jason Keese, Iowa City, City	49.11		1A-Nick Kuchel, Kingsley-Pierson	48.87
	3A-Chris Roenfeld, Glenwood.....	49.51	07	4A-Bryan Collins, Valley, WDM.....	48.46
	2A-Aaron Egbert, Mediapolis	49.72		3A-Tyler Nielsen, Humboldt.....	49.94
	1A-Andy Hauskins, North Kossuth, Swea City..	51.10		2A-Aaron Stockstell, Mid-Prairie, Wellman	48.30

	1A-Jordan Cornilsen, Preston-East Central	48.32
08	4A-Kevin Dibbern, Iowa City, City	47.77
	3A-Chad Rutledge, Algona	49.54
	2A-Aaron Stockstell, Mid-Prairie, Wellman	47.67
	1A-Trevor Tiefenthaler, Sioux Central	49.94
09	4A-Kevin Dibbern, Iowa City, City	47.77
	3A-Trevor Voelker, Dallas Center-Grimes	48.71
	2A-Brian Sandvig, St. Edmond, Fort Dodge	48.30
	1A-John Harris, Galva-Holstein	49.87
10	4A-Kyle Dunn, Linn-Mar	48.33
	3A-Trevor Voelker, Callas Center-Grimes	48.41
	2A-Ty Nortman, West Liberty	49.04
	1A-Dominique Fagan, NUH, Cedar Falls	49.95
11	4A-Kyle Dunn, Linn-Mar	47.56
	3A-Michael Malloy, Bishop Heelan, SC	48.34
	2A-Neil Flattery, St. Edmond, Fort Dodge	49.47
	1A-Joe Roden, West Harrison	48.46
12	4A-James Harington, Cedar Falls	48.27
	3A-Trey Achterhoff, MOC-Floyd Valley	49.06
	2A-Will Teubel, Mount Vernon	48.82
	1A-Brody Eischeid, Manson Northwest Webster	49.98
13	4A-Deshond Robinson, Clinton	48.71
	3A-Jared Ganschow, Clear Creek-Amana	48.57
	2A-Marc Huseman, Cherokee, Washington	49.04
	1A-Brody Eischeid, Manson Northwest Webster	48.33
14	4A-Deshond Robinson, Clinton	48.66
	3A-Jeremy Maldonado, Fort Madison	49.28

	2A-Derek Harksen, Camanche	48.61
	1A-Austin Heitland, AGWSR, Ackley	49.36
15	4A-Jalen Rima, Prairie, Cedar Rapids	48.85
	3A-Will Ontiveros, Assumption, Davenport	48.82
	2A-Hunter Weldon, Albia	48.61
	1A-Brett Prenger, Lawton-Bronson	48.47
16	4A-Jalen Rima, Prairie, Cedar Rapids	48.55
	3A-JoJo Frost, Center Point-Urbana	49.02
	2A-Will Seeser, Camanche	49.36
	1A-Ethan Wyant, Jesup	49.56
17	4A-Darien Porter, Bettendorf	48.24
	3A-JoJo Frost, Center Point-Urbana	49.07
	2A-Kyle Sinnott, Albia	49.32
	1A-Avery Moore, Sigourney	49.19
18	4A-Austin West, Iowa City, West	47.94
	3A-Nate Kennedy, Glenwood	48.28
	2A-Isaiah Wittrock, Pekin	48.93
	1A-Tyler Blaha, St. Albert, Co. Bluffs	50.33
19	4A-Darien Porter, Bettendorf	46.99
	3A-Jorma Schwedler, Sergeant Bluff-Luton	48.74
	2A-Jagger Gourley, Mediapolis	48.75
	1A-Tyson Vander Linden, Lynnville-Sully	49.66
20	Season canceled due to COVID-19.	
21	4A-TJ Tomlyanovich, Cedar Falls	47.54
	3A-Elijah Morris, Washington	49.53
	2A-Brayden Wollan, Underwood	47.73
	1A-Trevor Sauerbrei, Wapsie Valley	50.10

880-YARD RUN

06	George Bresnahan, Ida Grove	2:07.0
07	George Bresnahan, Ida Grove	2:04.8
08	Plato Redfern, Council Bluffs	2:04.2
09	Carl Leibsle, Des Moines East	2:03.4
10	Plato Redfern, Des Moines West	2:02.8
11	Volney Diltz, Des Moines North	2:04.2
12	(tie) Eugene Lighter, Rolfe & Ethan Scroggie, Des Moines West	2:04.8
13	Glenn Tenny, Des Moines West	2:02.4
14	Glenn Tenny, Des Moines West	2:03.0
15	Carl Hampton, Ottumwa	2:03.6
16	Carl Hampton, Ottumwa	2:00.0
17	Royce Harp, Newton	2:04.4
18	Junior Woods, Des Moines North	2:04.0
19	Harrison Barnes, Cedar Rapids	2:04.2
20	Harrison Barnes, Cedar Rapids	2:06.0
21	Harrison Barnes, Cedar Rapids	2:02.4
22	Roy Adkins, Grinnell	2:02.0
23	Don Yeisley, Cedar Rapids	2:01.8
24	Delano Raymond, Waterloo, East	2:01.3
25	Paul Hagedorn, Colfax	2:03.9
26	Gordon Baird, Greenfield	2:03.1
27	Lewis Nelson, Harlan	2:05.0
28	Darwin Fletcher, Alleman	2:03.2
29	Bernie Page, Newton	2:02.2
30	Thomas Thompson, Des Moines, East	1:59.7

31	Richard Bott, Keota	2:03.2
32	John Graves, Cherokee	2:00.3
33	John Graves, Cherokee	1:56.5
34	John Graves, Cherokee	1:58.4
35	Howard Oldenburg, Waterloo, West	2:02.6
36	Jack Mayer, Clinton, Lyons	2:02.2
37	Bud Bonwell, Shenandoah	2:01.2
38	Leslie Garland, Winterset	2:01.1
39	Ted Thompson, Sioux Central, Central	2:00.3
40	David Hazleton, Carroll	2:02.1
41	Lynn Frazier, Iowa City, University High	2:03.4
42	John Frye, Burlington	2:00.6
43	Charles Hopkins, Cedar Rapids, Franklin	2:01.2
44	Steve Dobbins, Cherokee, Washington	2:02.3
45	Wade Chard, Audubon	2:01.8
46	Roger Watts, Des Moines, North	2:01.8
47	Bill Conrardy, Dubuque, Loras	1:58.8
48	A-Leland Crew, Fairfield	2:01.1
	B-Gunther Schnack, DeWitt	2:02.6
49	A-(Tie) Virgil Byerly, Boone & Dennis Hunt, Sibley	2:03.1
	B-Bob Hansen, Odebolt	2:05.9
50	A-Bill Honnold, Winterset	2:03.0
	B-Duane Grismore, Corydon	2:06.4
51	A-Ray Ball, New Hampton	2:02.5
	B-Ray McConnell, Nevada	2:03.8

52	A -Bob Ash, Oelwein	2:01.4
	B -Jim Hyde, Clinton, St. Mary's.....	2:06.8
53	AA -Charles Hancock, Boone	2:03.6
	A -Bob Ash, Oelwein	2:02.0
	B -Norman Poppe, DeWitt.....	2:06.9
	C -Bob Ellwood, Elliott	2:06.0
54	AA -Harry Frazier, Des Moines, East.....	2:01.9
	A -Jerry Walker, Marion.....	2:03.1
	B -Allan Meyer, Sac City	2:05.5
	C -Charles Van Fosson, College Springs.....	2:04.4
55	AA -Pete Errington, Ames	2:04.5
	A -Don Pierce, Osceola	2:05.8
	B -Alex Greiner, Keota.....	2:03.0
	C -Dick Wyatt, Allerton.....	2:04.3
56	AA -Harry Olson, Decorah	1:59.4
	A -Gary Grow, Valley, WDM.....	2:02.3
	B -Gary Haltmeyer, Postville	2:01.2
	C -John Little, West Branch.....	2:03.8
57	AA -Harry Olson, Decorah	2:00.0
	A -John Woolson, Clarinda.....	1:58.8
	B -Tom Ransford, Spirit Lake	2:00.9
	C -Greg Dotseth, Clarence	2:05.8
58	AA -Robert Rettenmaier, Kuemper Catholic	2:00.1
	A -Deryl King, Valley, WDM	1:57.7
	B -James Walker, Emmetsburg.....	2:02.3
	C -Richard Beaver, Cedar	2:05.5
59	AA -Bill Kenny, Waterloo, West.....	1:57.8
	A -Bill Frazier, North Scott.....	2:00.4
	B -Mick Costigan, Buffalo Center	2:05.2
	C -Bob Forde, Magnolia	2:02.1
60	AA -Pat Hansel, Sioux City, East	2:01.2
	A -Bruce Stumbaugh, Monticello.....	2:06.5
	B -Jim Thomas, Glenwood	2:03.7
	C -Dennis Heussner, Fredericksburg	2:05.2
61	AA -Larry Schlotterbeck, Charles City.....	1:59.2
	A -Tom Hale, Iowa Falls	2:03.8
	B -Joe Henderson, South Page, College Springs.....	2:00.7
	C -Dave Gauger, Crestland, Early.....	2:03.0
62	AA -Bill Jackson, Ames	1:57.0
	A -Ed Whitchelo, Maquoketa.....	2:01.1
	B -Gene Morenz, Lake View-Auburn.....	2:00.3
	C -Randy Van Bogart, Fayette	2:02.6
63	AA -Gus Walker, Davis County, Bloomfield	1:57.0
	A -Ken Koester, North Fayette, West Union	1:59.7
	B -Bill Wells, Seymour	2:02.6
	C -Don Rinderknecht, Linn-Mar.....	2:04.1
64	AA -Ron Griffith, Valley, WDM	1:59.0
	A -Joel Wagoner, Clarinda	2:02.6
	B -Rich Snook, Seymour	2:00.5
	C -Keith Crandall, Pomeroy.....	2:01.2
65	AA -Steve Gerkin, Sioux City, Central.....	1:58.3

	A -Carl Frazier, North Scott	2:01.5
	B -Jerry O'Chesky, North Polk.....	2:02.7
	C -Larry Sellers, Russell	2:00.8
66	AA -Steve Gerkin, Sioux City, Central.....	1:55.3
	A -Mick Maddox, Cherokee, Washington	2:00.5
	B -Warren Bush, Harris-Lake Park	1:59.8
	C -Robert Priborsky, Hinton.....	2:02.7
67	AA -Dave Nauman, Crestwood, Cresco.....	1:56.5
	A -Dan Sanders, Humboldt.....	1:59.6
	B -Bob Berggren, North Polk	2:01.5
	C -Kevin Remillard, Sioux Rapids	2:02.1
68	AA -Jim McCord, Centerville	1:56.8
	A -Pete Pettengill, Central Lyon, Rock Rapids ..	1:59.9
	B -Dennis McCabe, Garner-Hayfield	2:03.1
	C -Curtis Hoegh, Elk Horn-Kimballton	2:06.2
69	AA -Fred Schafer, Clinton	1:57.2
	A -Lee Schreurs, Ankeny.....	1:58.0
	B -Dennis McCabe, Garner-Hayfield	2:00.7
	C -Jim Dayton, Gilmore City-Bradgate	2:02.1
70	AA -Dennis Schultz, West Delaware	1:55.2
	A -Lee Schreurs, Ankeny.....	2:03.1
	B -Jeff Ocheltree, Guthrie Center	2:00.1
	C -Dennis Mennen, Dumont	1:59.1
71	AA -Boak Desmond, Webster City	1:56.8
	A -Larry Weidman, St. Albert, Co. Bluffs	2:01.3
	B -Randy Arnold, Harris-Lake Park	1:59.8
	C -David Baum, Union-Whitten.....	2:01.9
72	AA -Bob Connell, Columbus Catholic	1:56.6
	A -Duane Nelson, Humboldt.....	1:59.4
	B -Gary Vetter, Hartley	1:57.7
	C -Bob Larson, Irwin	1:58.0
73	AA -Bob Prince, Sioux City, East	1:54.8
	A -Ron Evans, Decorah.....	1:59.7
	B -Brian Frevert, Greene	1:59.4
	C -Dan Hanson, Titonka	2:02.8
74	AA -Dave Korir, Cedar Rapids, Washington	1:53.9
	A -Ron Evans, Decorah.....	1:57.0
	B -Doug Pooch, Britt.....	1:55.9
	C -Steve Bagnall, Melcher-Dallas.....	1:59.6
75	AA -Dave Korir, Cedar Rapids, Washington	1:52.1
	A -Brian Darrow, Anamosa	1:57.1
	B -Brian Frevert, Greene	1:55.5
	C -Tom Christensen, Ventura	1:57.2
76	AA -Scott Gwin, Davenport, Central.....	1:53.9
	A -Jim McGuire, Centerville.....	1:55.2
	B -Rob Barnes, Eldora.....	1:56.1
	C -Dwayne Camarigg, Sanborn.....	1:59.2
77	AA -Scott Gwin, Davenport, Central.....	1:53.6
	A -Mike Shirer, Belmond.....	1:56.1
	B -Mike Elliott, West Branch	1:55.4
	C -John Zanker, Hamburg	1:58.8

800-METER RUN

78	AA -Ken Rose, Mason City	1:56.78
	A -Marty Kauzlarich, Centerville	1:59.01
	B -Steve Greiner, Pekin.....	1:57.93
	C -(Tie) Mitch Anderson, Meriden-Cleghorn & Charlie Dovel, Hamburg	1:59.99
79	AA -Galen Gunnink, Sioux City, North	1:54.36

	A -Bryan Meyer, Iowa Falls	1:56.39
	B -Rick Dunkerson, Woodbine	1:56.4
	C -Brad Schulze, Gladbrook	1:59.68
80	AA -Randy Barrick, Spencer	1:53.93
	A -Karl Goeken, Atlantic	1:56.80
	B -Craig Friederich, Postville	1:56.29

	C-Dan Mortensen, Radcliffe	1:58.18		1A-Nic Mercer, Van Buren, Keosauqua	1:57.94
81	AA-Randy Barrick, Spencer	1:54.08	96	4A-Tom Caughlan, Mason City	1:56.35
	A-Tim Wilson, Clarke, Osceola	1:56.20		3A-Troy Trygstad, Forest City	1:55.49
	B-Dan Yegge, Buffalo Center-Rake	1:58.24		2A-Jacob Overman, Mount Vernon	1:57.33
	C-Pat Sweet, Coon Rapids	1:59.08		1A-Nic Mercer, Van Buren, Keosauqua	1:58.20
82	4A-Caesar Smith, DM, East	1:52.02	97	4A-Rob Brock, Dubuque, Senior	1:56.09
	3A-Paul Groteluschen, Audubon	1:56.95		3A-Brian Oltman, Nevada	1:56.93
	2A-Mark Hudson, Britt	1:56.80		2A-Ryan Pence, Eldora-New Providence	1:57.50
	1A-Jeff Sorenson, Terril	1:58.59		1A-Ben Schlicher, Newman Catholic, MC	1:57.23
83	4A-Bobby Soule, Bishop Heelan, SC	1:56.22	98	4A-Willis Humphrey, DM, Roosevelt	1:55.39
	3A-Steve Tolk, Sheldon	1:57.74		3A-Josh Aldag, Denison-Schleswig	1:59.03
	2A-Mark Heid, West Branch	1:56.19		2A-Ryan Pence, Eldora-New Providence	1:57.41
	1A-Barry Jacobsen, Elk Horn-Kimballton	1:56.84		1A-Jarid Myers, Van Buren, Keosauqua	1:59.40
84	4A-Scott Brooks, Bettendorf	1:56.86	99	4A-Bobby Atkins, Des Moines, Roosevelt	1:56.97
	3A-John Heyer, Estherville	1:56.92		3A-Dave Paulsen, Waverly-Shell Rock	1:55.91
	2A-Mark Heid, West Branch	1:56.6		2A-Kyle Keraus, Garner-Hayfield	1:56.95
	1A-Jeff Sorenson, Terril	1:57.3		1A-Dan Schuknecht, Greene	1:58.33
85	4A-Jeff Burris, Ames	1:54.82	00	4A-Craig Cartier, Marshalltown	1:54.31
	3A-Mike Irving, Regina, Iowa City	1:57.46		3A-Leif Kennedy, Clear Lake	1:53.80
	2A-John Weiland, Britt	1:58.4		2A-Brad Elliott, Mount Ayr	1:57.27
	1A-Keith Rose, Meriden-Cleghorn	1:59.4		1A-Kevin Incorvia, Maharishi, Fairfield	1:55.04
86	4A-Brett Carney, Ames	1:55.41	01	4A-Jeremy Mims, Iowa City, City	1:56.21
	3A-Jim Mayrose, LeMars	1:56.55		3A-Adam Hinders, Waverly-Shell Rock	1:58.33
	2A-Robert Cook, Regina, Iowa City	1:59.40		2A-Tedd Allen, East Marshall, LeGrand	1:54.83
	1A-Paul Barnhart, Gehlen Catholic, LeMars	1:58.10		1A-Sean Shatava, Kingsley-Pierson	1:56.28
87	4A-Brett Carney, Ames	1:52.9	02	4A-Eric Dasso, Dubuque, Hempstead	1:57.24
	3A-Mark Negley, Clarinda	1:55.85		3A-Matt Niemann, Central Clinton, De Witt	1:55.41
	2A-Tim Hanson, Montezuma	1:55.21		2A-Dave Rahe, Beckman, Dyersville	1:57.77
	1A-Brian Dahloff, Olin	2:00.06		1A-Brett Van Hove, North Tama, Traer	1:58.33
88	4A-Mark DouBrava, Urbandale	1:55.57	03	4A-Zach Brower, Valley, WDM	1:57.28
	3A-Troy Wilkins, Sheldon	1:58.57		3A-Dylan Davis, ADM, Adel	1:55.48
	2A-Travis Simpson, Dike	1:58.8		2A-Dan Peoples, Woodward-Granger	1:58.31
	1A-Dale Tokheim, Schaller-Crestland	1:59.83		1A-Ross Koopmans, West Sioux, Hawarden	1:58.20
89	4A-Bill Sattler, Clinton	1:55.30	04	4A-Corbin Miller, Marshalltown	1:54.16
	3A-Kevin Hackert, Pella	1:57.61		3A-Brett Adams, Assumption, Davenport	1:54.41
	2A-Lance Elliott, Montezuma	1:55.90		2A-Jake Berns, MFL, MarMac	1:55.46
	1A-Andy Stanislav, Woodbine	1:59.42		1A-Grant Tysdahl, Hubbard-Radcliffe	2:00.47
90	4A-Joseph Kiptanui, Indianola	1:50.97	05	4A-Logan Gonzales, Boone	1:54.71
	3A-Bill Myers, Sheffield-Chapin	2:00.71		3A-Mike Craddick, Assumption, Davenport	1:54.26
	2A-Bruce Wall, Maquoketa Valley, Delhi	1:55.89		2A-Tyler Mulder, Unity Christian	1:54.79
	1A-Josh Nelsen, Elk Horn-Kimballton	1:59.49		1A-Tyler Anderson, North Iowa, Buffalo Ctr	1:56.26
91	4A-Shane Leach, Muscatine	1:57.63	06	4A-Corbin Miller, Marshalltown	1:52.35
	3A-Pat McDermott, Shenandoah	1:58.28		3A-Isaac Wendland, Charles City	1:55.44
	2A-Ryan Fagan, Gladbrook-Reinbeck	1:57.60		2A-Aaron Stockstell, Mid-Prairie, Wellman	1:55.95
	1A-Tony Einertson, North Central	1:58.69		1A-Beau Dielschneider, BCLUW, Conrad	1:56.49
92	4A-Darin Astor, Fort Dodge	1:54.67	07	4A-Blake Irwin, Pleasant Valley	1:52.96
	3A-Nate Wall, Adel-DeSoto	1:55.42		3A-Isaac Wendland, Charles City	1:54.64
	2A-Phil Hasenkamp, St. Albert, Co. Bluffs	1:58.72		2A-Aaron Stockstell, Mid-Prairie, Wellman	1:52.58
	1A-Matt Mullenix, Woodbine	1:55.56		1A-Beau Dielschneider, BCLUW, Conrad	1:54.04
93	4A-Josh Lohmeier, Southeast Polk	1:58.31	08	4A-Blake Irwin, Pleasant Valley	1:52.69
	3A-Nate Wall, Adel-DeSoto	1:54.58		3A-Isaac Wendland, Charles City	1:53.74
	2A-Levi Van Oort, Colfax-Mingo	1:56.10		2A-Aaron Stockstell, Mid-Prairie, Wellman	1:51.17
	1A-Bryant Englemann, Albert City-Truesdale	1:57.52		1A-Ryan Krogmann, Northeast, Goose Lake	1:56.46
94	4A-D.J. Roettger, Valley, WDM	1:57.76	09	4A-Kyle Slaymaker, CR, Kennedy	1:54.34
	3A-Mike Stults, Knoxville	1:58.03		3A-Chad Rutledge, Algona	1:54.31
	2A-Matt Jenkins, St. Edmond, Fort Dodge	1:58.60		2A-Ryan Krogmann, Northeast, Goose Lake	1:54.62
	1A-Mark Holtkamp, Aquinas Fort Madison	1:57.90		1A-Anthony Lyne, Earlham	1:57.95
95	4A-Justin Kinard, Cedar Falls	1:55.68	10	4A-Brennan Davey, Indianola	1:52.17
	3A-Jesse Sand, Cedar Rapids, Regis	1:55.02		3A-Chad Rutledge, Algona	1:56.05
	2A-Clint Coberly, Denver	1:58.77		2A-Noah Williams, Monticello	1:56.18

	1A-Justin Meyer, Belmond-Klemme.....	1:58.00	16	4A-Ryan Schweizer, Dowling Catholic, WDM	1:50.30
11	4A-Larry Lipscomb, Johnston.....	1:55.43		3A-Wayatt Gastrost, Center Point-Urbana	1:56.27
	3A-Alex Baldwin, Spirit Lake Park.....	1:55.34		2A-Matt Manternach, Monticello.....	1:52.77
	2A-Neil Flattery, St. Edmond, Fort Dodge.....	1:55.33		1A-Kyle Dolecheck, Mount Ayr.....	1:57.15
	1A-Taylor Huseman, Manson NW Webster ...	1:57.16	17	4A-Josh Andrews, Waukee	1:54.31
12	4A-Tyler Krpan, Indianola.....	1:55.31		3A-Landon Boomsma, Iowa Falls-Alden	1:55.96
	3A-Payton Busch, Centerville.....	1:55.50		2A-Alec Still, KP-WC	1:56.53
	2A-Will Tuebel, Mount Vernon	1:53.35		1A-Gable Sieperda, Central Lyon	1:55.12
	1A-Cade Cleaveland, Riverside, Oakland.....	1:56.56	18	4A-Grant Lair, Johnston	1:53.54
13	4A-Timauntay Jones, CR, Jefferson	1:52.75		3A-Chase Mullenix, Atlantic.....	1:55.38
	3A-Payton Busch, Centerville.....	1:55.43		2A-Isaiah Wittrock, Pekin	1:55.94
	2A-Ben Ahlrichs, Monticello	1:56.68		1A-Riley Bauer, North Union	1:52.10
	1A-Beau Freeborn, North Mahaska	1:55.68	19	4A-Joe Schaefer, Johnston	1:52.96
14	4A-Josh Evans, Linn-Mar, Marion	1:50.98		3A-Billy Rankin, Boyden-Hull/Rock Valley	1:55.12
	3A-Jay Wolfe, Creston.....	1:53.79		2A-Chase McAlister, South Central Calhoun ..	1:55.67
	2A-Michael Melchert, Monticello	1:54.87		1A-Payton Maudlin, George-Little Rock	1:58.96
	1A-Kyle Dolecheck, Mount Ayr.....	1:59.28	20	Season canceled due to COVID-19.	
15	4A-Ryan Schweizer, Dowling Catholic, WDM	1:53.14	21	4A-Aniey Akok, Ames.....	1:52.95
	3A-Jay Wolfe, Creston.....	1:55.18		3A-Nate Mueller, ADM, Adel	1:54.83
	2A-Nick Scheelhaase, KP/WC	1:53.32		2A-Brady Griebel, Bellevue	1:56.05
	1A-Kyle Dolecheck, Mount Ayr.....	1:59.23		1A-Jason Renze, Madrid	1:56.57

ONE MILE RUN

06	Claude Clemmer, Council Bluffs.....	4:49.6	40	Ray Dilley, Des Moines, East	4:35.4
07	Carl Heidt, Des Moines West	4:47.0	41	John Baxter, Davenport	4:34.5
08	Plato Redfern, Council Bluffs.....	4:41.4	42	John Baxter, Davenport	4:32.0
09	Plato Redfern, Des Moines West	4:44.2	43	Bill Chappell, Des Moines, East	4:35.9
10	Plato Redfern, Des Moines West	4:40.0	44	Ernie Hill, Davenport.....	4:30.8
11	Karl Clapper, Ames.....	4:41.4	45	Paul Sloan, Des Moines, East	4:32.3
12	Glenn Tenny, Des Moines, West.....	4:40.0	46	Bill Bye, Odebolt.	4:33.2
13	Glenn Tenny, Des Moines, West.....	4:31.8	47	Dean Pieper, Clinton.....	4:21.8
14	Glenn Tenny, Des Moines, West.....	4:31.4	48	A-Ocie Trimble, Cedar Rapids, Roosevelt	4:28.5
15	Courtney Kimler, Burlington.....	4:41.4		B-Ken Beeghley, Aurelia	4:32.0
16	John Porter, Webster City	4:35.8	49	A-Ocie Trimble, Cedar Rapids, Roosevelt	4:33.9
17	Ken Hicks, Iowa City.....	4:38.6		B-Ken Beeghley, Aurelia	4:37.9
18	John Monk, Fort Dodge	4:36.6	50	A-John Williams, Cedar Rapids, Franklin	4:37.6
19	Hoyer Jensen, Cedar Rapids	4:45.4		B-Ray McConnell, Nevada	4:39.5
20	Hoyer Jensen, Cedar Rapids	4:52.6	51	A-Lee Kane, Fairfield.....	4:39.2
21	Hoyer Jensen, Cedar Rapids	4:39.0		B-Ray McConnell, Nevada	4:40.2
22	Basil Irwin, Cedar Rapids	4:36.4	52	A-Ron Jackson, CB, Abraham Lincoln	4:35.7
23	Phillip Platt, Eagle Grove.....	4:34.8		B-Wayne Everman, Postville	4:39.0
24	Wallace Elliott, Iowa City	4:38.5	53	AA-Tom Miller, Sioux City, East	4:35.8
25	Irwin Richardson, Greenfield	4:42.5		A-Jerry Walker, Marion.....	4:32.0
26	Ed Stevens, Eagle Grove	4:35.1		B-Wayne Everman, Postville	4:35.7
27	Byron Turner, Anita.....	4:29.4		C-Bob Elwood, Elliott.....	4:36.7
28	Harrison Kohl, Mason City.....	4:39.9	54	AA-Cliff Cushman, Ames.....	4:27.5
29	Clifford Douglas, Waterloo, East	4:34.2		A-Jerry Walker, Marion.....	4:30.1
30	Hugh Smith, Hawarden	4:35.6		B-Ken Bales, Sigourney	4:33.9
31	Herschel Morris, Kanawha	4:38.4		C-Bob Elwood, Elliott.....	4:32.7
32	Mathew Bolsem, Oskaloosa	4:32.9	55	AA-John Darby, Des Moines, Roosevelt.....	4:46.4
33	John Green, Algona.....	4:31.8		A-Marvin Hite, Vinton.....	4:49.7
34	Jim Lyle, Des Moines, North.....	4:34.0		B-Gary Haltmeyer, Postville	4:33.7
35	Dick Anderson, Co. Bluffs, Abraham Lincoln ...	4:36.2		C-Lyle Shires, Elliott	4:32.0
36	Donald Krahmer, Estherville.....	4:37.0	56	AA-Jack Hill, Davenport	4:25.6
37	Wallace Gates, Waterloo, West.....	4:35.1		A-Dave Drew, DeWitt	4:29.3
38	Dean Rasmus, Garner.....	4:30.5		B-Al Harberts, Grundy Center	4:35.1
39	Wilbur Rainsburger, Marshalltown.....	4:31.2		C-Lyle Shires, Elliott	4:34.5

57	AA-Harry Olson, Decorah	4:30.0	B-Darrell Patterson, Sioux City, Trinity	4:31.9
	A-Deryl King, Valley, WDM	4:40.3	C-Jerome Howe, Treynor	4:21.0
	B-Ken Fearing, Wapello	4:34.3	68 AA-Doug Smith, Sioux City, Central.....	4:22.6
	C-Harlan Milliken, Hedrick	4:33.1	A-Dan Sanders, Humboldt.....	4:23.2
58	AA-Ralph Trimble, Cedar Rapids, Jefferson	4:25.0	B-Dennis McCabe, Garner-Hayfield	4:41.0
	A-Deryl King, Valley, WDM	4:28.1	C-Jerome Howe, Treynor	4:40.1
	B-Chris Youngbear, Tama.....	4:36.3	69 AA-Dave Krantz, Columbus Catholic	4:22.9
	C-Kenneth Merry, Primghar.....	4:35.0	A-Mark Aschin, Decorah.....	4:24.9
59	AA-Ralph Trimble, Cedar Rapids, Jefferson	4:21.1	B-Dennis McCabe, Garner-Hayfield	4:25.0
	A-Larry Kramer, Belmond.....	4:27.6	C-Mike Cassaday, Miles	4:26.5
	B-Gary Fischer, Miles	4:37.2	70 AA-Dave Krantz, Columbus Cath., Waterloo ...	4:18.0
	C-Ray Miller, Menlo	4:35.9	A-Chuck Cassel, Bishop Garrigan, Algona	4:21.8
60	AA-Blaine Zenor, Ames.....	4:30.2	B-John Schall, Clinton St. Mary's	4:26.7
	A-Larry Kramer, Belmond.....	4:29.6	C-Curt Hoegh, Elk Horn-Kimballton.....	4:35.2
	B-Joe Henderson, South Page, College Springs ...	4:32.0	71 AA-Mike Burke, Columbus Cath., Waterloo	4:22.3
	C-Earl Hanselmann, LuVerne.....	4:42.1	A-Chuck Cassel, Bishop Garrigan, Algona	4:22.9
61	AA-Steve Miller, Marion	4:29.2	B-Larry Irvin, Riceville.....	4:30.4
	A-Dick Rohlf, North Scott.....	4:37.8	C-Dave Cummins, Ringsted	4:33.5
	B-Joe Henderson, South Page, College Springs ...	4:22.2	72 AA-Gregg Newell, Davenport, Central	4:16.4
	C-Bruce Calder, Bayard	4:35.2	A-Duane Nelson, Humboldt.....	4:31.8
62	AA-Bill Jackson, Ames	4:25.2	B-Terry Hiebert, Central City	4:29.5
	A-Ed Eneboe, West Sioux, Hawarden	4:31.9	C-Rod Rieken, Central Webster	4:24.7
	B-Brian Kuhlman, Charter Oak-Ute.....	4:31.6	73 AA-Jeff Myers, Davenport West.....	4:23.5
	C-Tom Tiernan, Allison-Bristow	4:40.6	A-Randy Wilson, Knoxville	4:22.6
63	AA-Bob Rowell, Ames.....	4:22.3	B-Mike Hildreth, Rockwell City	4:33.4
	A-Ken Koester, North Fayette, West Union	4:31.0	C-Rod Rieken, Central Webster	4:27.7
	B-Bill Wells, Seymour	4:31.6	74 AA-Jeff Myers, Davenport West.....	4:20.0
	C-Tom Tiernan, Allison-Bristow	4:40.5	A-Joel Moeller, Central Clinton, DeWitt.....	4:19.2
64	AA-Rollie Kitt, Kuemper Catholic, Carroll.....	4:27.0	B-Keith Whitham, Holstein.....	4:25.4
	A-Ron Jones, Red Oak	4:36.8	C-Dan Nagel, Dike	4:29.7
	B-Dennis Reed, Anita	4:20.1	75 AA-Joe Burke, Columbus Catholic.....	4:13.8
	C-Tom Tiernan, Allison-Bristow	4:24.9	A-Rick McKean, Missouri Valley.....	4:24.8
65	AA-Dave Compton, Sioux City, Central	4:23.2	B-Joe Strohmman, English Valleys	4:25.7
	A-Steve Cornelius, Independence.....	4:40.1	C-Pete Stevenson, Meriden-Cleghorn.....	4:25.9
	B-Tom Denny, Anita	4:32.1	76 AA-Ed DeLashmutt, Fort Madison	4:14.5
	C-Larry Sellers, Russell.....	4:22.7	A-Rick McKean, Missouri Valley.....	4:23.9
66	AA-Doug Smith, Sioux City, Central.....	4:18.7	B-Greg Glass, Sac City	4:21.2
	A-Steve Mandaville, Cherokee.....	4:29.6	C-Dwayne Camarigg, Sanborn.....	4:27.9
	B- Warren Bush, Harris-Lake Park.....	4:25.2	77 AA-Jon Mathiason, Fort Madison	4:15.1
	C-Jerome Howe, Treynor	4:31.8	A-Rick McKean, Missouri Valley.....	4:21.4
67	AA-Doug Smith, Sioux City, Central.....	4:14.5	B-Rex Karamitros, Newman Catholic.....	4:20.1
	A-Dennis Modracek, Prairie, Cedar Rapids	4:18.6	C-Tim Henrickson, Lincoln Central, Gruver.....	4:31.2

1600-METER RUN

78	AA -Mike Diment, Des Moines, Hoover.....	4:16.93	82	4A -Bobby Soule, Bishop Heelan, SC	4:21.44
	A -Tim Muetting, Denison	4:17.93		3A -Dan Waters, Albia	4:22.15
	B -Jon Betz, North Polk	4:17.09		2A -Jeff VanderBerg, Sioux Center	4:22.44
	C -Mike Ford, LDF, LeGrand	4:29.36		1A -Jim Boggess, Villisca	4:32.51
79	AA -Todd Peverill, Waterloo, East.....	4:13.65	83	4A -Bobby Soule, Bishop Heelan, SC	4:15.57
	A -Jim Zinnel, Algona	4:18.28		3A -John Enright, LeMars.....	4:22.67
	B -Steve Greiner, Pekin.....	4:24.98		2A -John Amalon, Clear Creek.....	4:30.32
	C -Mike Ford, Gilmore City-Bradgate	4:31.15		1A -Rick Zarkos, Woodbury Central, Merville.....	4:27.61
80	AA -John Riley, Cedar Rapids, Washington	4:18.72	84	4A -Jim Garrison, Indianola	4:19.55
	A -Kirk Woltman, Cherokee, Washington.....	4:21.34		3A -Mike Irving, Regina, Iowa City	4:20.86
	B -Mike Martin, Sac City	4:25.60		2A -Trent Timson, NUH, Cedar Falls	4:24.4
	C -Bob McGee, Aquinas, Fort Madison	4:32.67		1A -Randy Thein, Fredericksburg.....	4:27.5
81	AA -Doug O'Brien, Bishop Heelan, SC	4:17.79	85	4A -Jeff Koos, Bettendorf	4:17.30
	A -Tim Wilson, Clarke, Osceola	4:23.49		3A -Mike Irving, Regina, Iowa City	4:21.30
	B -Jeff VanderBerg, Sioux Center	4:23.78		2A -Jeff Hammons, Iowa Valley, Marengo	4:27.7
	C -Dave Groth, Green Mountain.....	4:30.47		1A -John McMurry, Seymour.....	4:33.7

86	4A-Mike Holms, Valley, WDM	4:15.88	01	4A-Chris Jones, Iowa City, West	4:20.03
	3A-Kent Koth, Perry	4:25.98		3A-Dylan Davis, ADM, Adel	4:24.19
	2A-Trent Timson, NUH, Cedar Falls	4:21.38		2A-Nic Gieselman, West Burlington	4:26.05
	1A-Paul Barnhart, Gehlen Catholic, LeMars ..	4:20.35		1A-Matt McCue, Regina, Iowa City	4:27.88
87	4A-Darrin Rippey, Des Moines, Lincoln	4:15.56	02	4A-Dan Taylor, Fort Dodge	4:16.72
	3A-Mark Brown, Grinnell	4:22.59		3A-Dylan Davis, ADM, Adel	4:21.54
	2A-Carl Schipfmann, Springville	4:19.57		2A-Aaron Hamilton, Eagle Grove	4:23.16
	1A-Kent Keith, Cedar Valley	4:28.98		1A-Jon Reis, Turkey Valley	4:29.77
88	4A-Glenn Lomenick, Iowa City, City	4:21.33	03	4A-Andy Hodge, Linn-Mar	4:22.24
	3A-Matt Lindaman, Humboldt	4:24.85		3A-Dylan Davis, ADM, Adel	4:18.49
	2A-Robert Cook, Regina, Iowa City	4:23.40		2A-Aaron Hamilton, Eagle Grove	4:23.96
	1A-Marty Green, Ruthven-Ayrshire	4:22.02		1A-Drew Wilson, Stanton	4:30.21
89	4A-Doug Koon, Des Moines, Hoover	4:17.97	04	4A-Colin Swaney, Iowa City, City	4:19.21
	3A-Chad Nedved, Garner-Hayfield	4:22.68		3A-Brett Adams, Assumption, Davenport	4:15.99
	2A-Lance Elliott, Montezuma	4:16.99		2A-Jake Berns, MFL, MarMac	4:23.68
	1A-Chad Flynn, Calamus-Wheatland	4:24.49		1A-Luke Yoder, Iowa Mennonite School	4:30.32
90	4A-Dean Colony, Iowa City, West	4:22.42	05	4A-Logan Gonzales, Boone	4:16.26
	3A-Andy Kauder, Cascade	4:25.46		3A-Isaac Wendland, Charles City	4:24.33
	2A-Denny Halligan, West Sioux, Hawarden ..	4:23.92		2A-Josh Bader, Monticello	4:30.87
	1A-Lance Mayfield, Clarence-Lowden	4:26.53		1A-Cody Dreyer, Central Elkader	4:29.19
91	4A-Pete Simons, Iowa City, City	4:25.51	06	4A- Stephen Dak, Marshalltown	4:17.92
	3A-Doug Michel, Cherokee, Washington	4:22.02		3A- Isaac Wendland, Charles City	4:25.33
	2A-Phil Hasenkamp, St. Albert, CB	4:24.86		2A- Dana Schmidt, Grundy Center	4:28.66
	1A-Tony Einertson, North Central, Manly	4:28.07		1A- Cody Dreyer, Central Elkader	4:28.70
92	4A-Roba Bati, Iowa City, West	4:20.08	07	4A-Stephen Dak, Marshalltown	4:16.92
	3A-Doug Michel, Cherokee, Washington	4:24.63		3A-Isaac Wendland, Charles City	4:27.00
	2A-Phil Hasenkamp, St. Albert, CB	4:28.18		2A-Dana Schmidt, Grundy Center	4:25.88
	1A-Matt Mullenix, Woodbine	4:24.99		1A-Nick Gallagher, Bedford	4:26.74
93	4A-Roba Bati, Iowa City, West	4:21.07	08	4A-Blake Irwin, Pleasant Valley	4:21.36
	3A-Mark Sundet, Algona	4:18.72		3A-Isaac Wendland, Charles City	4:22.06
	2A-Phil Hasenkamp, St. Albert, CB	4:25.80		2A-Nathan Dotterweich, Monticello	4:23.73
	1A-Bill Blay, Griswold	4:23.42		1A-David Nielsen, NUH, Cedar Falls	4:30.57
94	4A-Jeff Stiles, Ames	4:20.90	09	4A-Omet Kak, Des Moines North	4:14.43
	3A-Gary Flugum, Forest City	4:24.50		3A-Brett Egan, Waukon	4:17.42
	2A-Brent MacLagan, Jefferson-Scranton	4:28.10		2A-Eric Thein, Tipton	4:21.50
	1A-Marty Dalton, Tri-Center, Neola	4:27.35		1A-Conner Smock, Lisbon	4:30.65
95	4A-Nolan Speichinger, Sioux City, East	4:19.04	10	4A-Andrew Swanson, Pleasant Valley	4:23.23
	3A-Jon Lindaman, Humboldt	4:22.55		3A-Brogan Austin, Boone	4:20.77
	2A-Matt Gabrielson, Belmond-Klemme	4:26.67		2A-Sam Chaney, Columbus, Columbus Jct ..	4:30.30
	1A-Ryan Harms, Gladbrook-Reinbeck	4:26.01		1A-Conner Smock, Lisbon	4:26.82
96	4A-Rob Brock, Dubuque, Senior	4:16.50	11	4A-Kevin Lewis, Ottumwa	4:14.20
	3A-Troy Trygstad, Forest City	4:25.22		3A-Ryan McMahon, Algona	4:19.59
	2A-Matt Gabrielson, Belmond-Klemme	4:18.79		2A-Nate Kolacia, St. Edmond, Fort Dodge ..	4:26.31
	1A-Jake Munger, West Central, Maynard	4:27.41		1A-Taylor Huseman, Manson-NW Webster ..	4:22.97
97	4A-Tom Caughlan, Mason City	4:15.85	12	4A-Matt Butler, Bettendorf	4:18.92
	3A-Dan Reis, So. Winneshiek-Turkey Valley ..	4:25.46		3A-Lukas Mees, Marion	4:24.06
	2A-Ryan Pence, Eldora-New Providence	4:24.84		2A-Bennett Moser, Wapello	4:27.18
	1A-Jake Munger, West Central, Maynard	4:22.18		1A-Conner Smock, Lisbon	4:26.13
98	4A-Shaun Allen, Fort Madison	4:19.83	13	4A-Jason Thomas, Dowling Catholic, WDM ..	4:10.14
	3A-Blake Bolden, Clarke, Osceola	4:27.00		3A-Chandler Austin, Boone	4:15.65
	2A-Ryan Pence, Eldora-New Providence	4:21.49		2A-Michael Melchert, Monticello	4:26.32
	1A-Joel Sullivan, Woodbine	4:24.09		1A-Austin Springsteen, Lisbon	4:31.14
99	4A-Chris Francois, Davenport, North	4:16.68	14	4A-Josh Evans, Linn-Mar, Marion	4:06.32
	3A-Save Larson, Xavier, Cedar Rapids	4:21.76		3A-Chandler Austin, Boone	4:20.65
	2A-Adam Sundall, Bishop Garrigan, Algona ..	4:23.75		2A-Tim Rose, South Hardin	4:20.90
	1A-Brett Bacan, St Mary's, Remsen	4:26.07		1A-Noah Larsen, Mount Ayr	4:34.61
00	4A-Chris Jones, Iowa City, West	4:19.70	15	4A-Ryan Schweizer, Dowling Catholic, WDM	4:17.66
	3A-Ben Hauge, Forest City	4:20.85		3A-Thomas Pollard, Gilbert	4:15.65
	2A-Daniel Baumhover, Roland-Story	4:25.60		2A-Eric Lenz, Tipton	4:18.47
	1A-Toby Franks, Essex	4:22.45		1A-Ryan Izer, Turkey Valley	4:28.35

16	4A -Ryan Schweizer, Dowling Catholic, WDM	4:14.70
	3A -Myles Bach, Marion	4:29.89
	2A -Matt Manternach, Monticello	4:21.36
	1A -Riley Bauer, North Union	4:25.95
17	4A -Ryan Murphy, Linn-Mar, Marion	4:15.36
	3A -Myles Bach, Marion	4:25.12
	2A -Andrew Stumbo, Ogden	4:25.26
	1A -Riley Bauer, North Union	4:18.43
18	4A -Camden Cox, Ankeny Centennial	4:18.36
	3A -Jeremy Fopma, Marion	4:17.66
	2A -Logan Peters, South Hamilton	4:23.15

	1A -Gable Sieperda, Central Lyon	4:13.78
19	4A -Tim Sindt, Ankeny	4:20.95
	3A -Trey Engen, Algona	4:24.83
	2A -Reece Smith, Garner-Hayfield-Ventura	4:17.82
	1A -Joe Anderson, George-Little Rock	4:34.81
20	Season canceled due to COVID-19.	
21	4A -Bo Gryp, Iowa City, Liberty	4:19.02
	3A -Nate Mueller, ADM, Adel	4:16.70
	2A -Brady Griebel, Bellevue	4:22.57
	1A -Jason Renze, Madrid	4:24.40

TWO-MILE RUN

68	AA -Lynn Lee, Mason City	9:42.4
	A -Loren Moe, Tipton	9:57.7
	B -Rick O'Rourke, Villisca	10:34.7
	C -Gary Nedved, Pocahontas	10:22.3
69	AA -Steve Nordenson, Des Moines, Lincoln	9:41.9
	A -Dennis Ellingson, Decorah	9:59.5
	B -Rick O'Rourke, Villisca	10:05.0
	C -Steve Seamer, Miles	10:01.8
70	AA -Rich Twedt, Des Moines, Hoover	9:37.5
	A -Lowell Tesch, St. Ansgar	9:46.2
	B -Steve Sundell, Odebolt Arthur	10:01.0
	C -Steve Seamer, Miles	10:00.7
71	AA -Mark Johnson, Mason City	9:37.9
	A -Scott Larson, St. Edmond, Fort Dodge	10:03.2
	B -Mark Skahill, Villisca	10:01.8
	C -Phil Coppess, Oxford Jct	10:16.4
72	AA -Leo Meade, Mount Pleasant	9:41.2
	A -Ron Reding, Garrigan, Algona	10:03.0
	B -Mark Skahill, Villisca	9:52.8
	C -Phil Coppess, Oxford Jct	9:45.1

73	AA -Mark Johnson, Mason City	9:13.9
	A -Frank Richardson, Sac City	9:35.3
	B -Jack Wilkinson, NUH, Cedar Falls	9:46.9
	C -Mark Hughes, Delwood	9:45.9
74	AA -Jim Eicken, Davenport, Central	8:58.8
	A -Mike Cregeen, Clarinda	9:20.3
	B -Doug Graves, Boyden-Hull	9:43.0
	C -Mark Hughes, Delwood	9:36.8
75	AA -Jim Eicken, Davenport, Central	9:10.0
	A -Perry Stannard, Washington	9:40.7
	B -Doug Graves, Boyden-Hull	9:57.7
	C -Mark Hughes, Delwood	9:50.5
76	AA -Randy Jackson, Iowa City, City	9:00.2
	A -Tim Holton, Cherokee, Washington	9:37.2
	B -Jim Hansen, Dike	9:36.3
	C -Scott Maguire, Treynor	10:40.0
77	AA -Ken Buesing, Davenport, West	9:26.1
	A -Tim Holton, Cherokee, Washington	9:32.4
	B -Jim Hansen, Dike	9:38.0
	C -Scott Maguire, Treynor	9:47.4

3200-METER RUN

78	AA -Charlie Mosbrucker, Fort Dodge	9:30.43
	A -Wally Duffy, Shenandoah	9:20.10
	B -Shawn Cogley, Colfax	9:25.48
	C -Tom Peacher, Cardinal Stritch, Keokuk	9:56.74
79	AA -Curt Spears, Fort Madison	9:28.80
	A -Wally Duffy, Shenandoah	9:07.06
	B -Craig Harms, Laurens-Marathon	9:30.50
	C -Tom Peacher, Cardinal Stritch, Keokuk	9:56.60
80	AA -Geoff Griffiths, Ames	9:22.88
	A -Bill Kerkaert, Sheldon	9:22.88
	B -Brian Carter, Charter Oak-Ute	9:54.88
	C -Darwin Penning, LuVerne	10:04.30
81	AA -Jeff Jacobs, Clinton	9:10.34
	A -Tim Wilson, Clarke, Osceola	9:31.66
	B -Paul Muench, Belle Plaine	9:41.36
	C -Jeff Fee, Melcher-Dallas	9:46.46
82	4A -Justin Garcia, Dowling Catholic, WDM	9:29.53
	3A -Bill Kerkaert, Sheldon	9:27.84
	2A -Paul Muench, Belle Plaine	9:37.92
	1A -Jim Boggess, Villisca	9:50.00
83	4A -Michael Lee, CB, Abraham Lincoln	9:25.60

	3A -Tom Penningroth, Tipton	9:38.71
	2A -Lonnie Minor, BGM, Brooklyn	9:57.84
	1A -Jim Boggess, Villisca	9:50.12
84	4A -Steve Hunter, Bettendorf	9:30.98
	3A -Dan Hostager, Audubon	9:27.26
	2A -Trent Timson, NUH, Cedar Falls	9:32.3
	1A -Ron Wetrich, Earlham	9:41.3
85	4A -Mike Holms, Valley, WDM	9:20.78
	3A -Tom Penningroth, Tipton	9:22.21
	2A -Jeff Hammons, Iowa Valley, Marengo	9:33.2
	1A -John McMurry, Seymour	9:53.6
86	4A -Tony Proctor, Burlington	9:32.72
	3A -Dean Hemeseth, South Winneshiek	9:36.38
	2A -Trent Timson, NUH, Cedar Falls	9:26.44
	1A -Paul Barnhart, Gehlen Catholic	9:18.22
87	4A -Darrin Rippey, Des Moines, Lincoln	9:23.73
	3A -Greg Brower, Red Oak	9:46.91
	2A -Carl Schipfmann, Springville	9:37.6
	1A -Ed Rolling, Bancroft, St. John	9:43.9
88	4A -Jeff Short, Cedar Falls	9:24.78
	3A -Matt Lindaman, Humboldt	9:31.89

	2A-Mark Hammons, Iowa Valley, Marengo.....	9:37.27		2A-Kevin Balster, Monticello.....	9:42.28
	1A-Ed Rolling, Bancroft, Saint John	9:36.08		1A-Adam Wolf, Corning.....	9:52.94
89	4A-Doug Koon, Des Moines, Hoover	9:23.3	04	4A-Kiel Uhl, Des Moines Roosevelt	9:24.42
	3A-Troy Hollatz, Clear Lake	9:32.09		3A-Ben Grant, Epworth, Western Dubuque ..	9:34.93
	2A-Mark Hammons, Iowa Valley, Marengo.....	9:20.42		2A-Jake Berns, MFL, MarMac.....	9:32.49
	1A-Chad Flynn, Calamus-Wheatland.....	9:46.37		1A-Tim McKenna, NUH, Cedar Falls	9:56.31
90	4A-Pete Simons, Iowa City, City	9:30.77	05	4A-Kiel Uhl, Des Moines Roosevelt	9:13.20
	3A-Troy Hollatz, Clear Lake	9:28.56		3A-Tony Fischels, Webster City	9:39.43
	2A-Denny Halligan, West Sioux, Hawarden...	9:27.17		2A-Byron Manternach, Monticello	9:55.22
	1A-Travis Beyer, North Mahaska	9:46.41		1A-Tim McKenna, NUH, Cedar Falls	9:47.36
91	4A-Jonathan Estabrook, Muscatine	9:33.40	06	4A-Devin Albaugh, Pleasant Valley.....	9:21.32
	3A-Todd Henecke, Prairie, Cedar Rapids	9:31.70		3A-Tyler Meyer, Wahlert, Dubuque	9:32.64
	2A-Chet Reinking, West Sioux, Hawarden ...	9:41.50		2A-Dan Meyer, West Central Valley, Stuart...	9:48.78
	1A-Greg Sitzmann, Gehlen Catholic	9:55.90		1A-Cody Dreyer, Central Elkader	9:50.34
92	4A-Roba Bati, Iowa City, West.....	9:30.88	07	4A-Stephen Dak, Marshalltown.....	9:07.34
	3A-Kyle Kepler, Webster City.....	9:39.00		3A-Anthony Oberle, Bishop Heelan, SC	9:26.44
	2A-Bill Blay, Griswold	9:33.29		2A-Dana Schmidt, Grundy Center.....	9:36.44
	1A-Dion Braet, Calamus-Wheatland	9:50.56		1A-Nick Gallagher, Bedford.....	9:30.45
93	4A-Roba Bati, Iowa City, West.....	9:25.02	08	4A-Devin Albaugh, Pleasant Valley.....	9:20.88
	3A-Kyle Kepler, Webster City.....	9:31.44		3A-Evan Selsor, Winterset	9:34.75
	2A-Marty Dalton, Tri-Center, Neola.....	9:34.46		2A-Nathan Dotterweich, Monticello	9:29.42
	1A-Bill Blay, Griswold	9:32.60		1A-Nathan Gaunt, Griswold.....	9:52.02
94	4A-Rob Brock, Dubuque, Senior	9:22.10	09	4A-Omet Kak, Des Moines North	9:14.64
	3A-Gary Flugum, Forest City.....	9:36.33		3A-Evan Selsor, Winterset	9:23.22
	2A-Zach Miller, Gilbert.....	9:46.15		2A-Eric Thien, Tipton.....	9:33.34
	1A-Marty Dalton, Tri-Center, Neola.....	9:39.54		1A-Conner Smock, Lisbon.....	9:47.25
95	4A-Rob Brock, Dubuque, Senior	9:17.90	10	4A-Andrew Swanson, Pleasant Valley	9:20.58
	3A-Jon Lindaman, Humboldt.....	9:39.57		3A-Brogan Austin,	9:21.42
	2A-Chris Schaefer, Stanwood	9:39.30		2A-Garret Ehlers, OA-BCIG	9:37.78
	1A-Tavis Cummings, Van Buren, Keosauqua ..	9:31.70		1A-Conner Smock, Lisbon.....	9:30.64
96	4A-Rob Brock, Dubuque, Senior	9:19.08	11	4A-Kevin Lewis, Ottumwa	9:05.25
	3A-Dan Reis, South Winneshiek, Calmar	9:38.37		3A-Johnny Fuller, Glenwood	9:16.90
	2A-Matt Gabrielson, Belmond-Klemme.....	9:37.07		2A-Mason Powers, Gilbert.....	9:51.58
	1A-Mark Scharnberg, Hartley.....	9:43.33		1A-Conner Smock, Lisbon.....	9:36.19
97	4A-Rob Brock, Dubuque, Senior	9:09.17	12	4A-Cole Decker, Dowling Catholic, WDM	9:17.65
	3A-Dan Reis, South Winneshiek, Calmar	9:33.70		3A-Zach Buchheit, Pella	9:26.03
	2A-Joe Kuehl, St. Albert, Co. Bluffs	9:37.85		2A-Bennett Moser, Wapello.....	9:21.23
	1A-Tait Steines, Calamus-Wheatland	9:35.79		1A-Conner Smock, Lisbon.....	9:37.06
98	4A-Shaun Allen, Fort Madison	9:35.29	13	4A-Josh Evans, Linn-Mar, Marion	9:13.34
	3A-Steve Larson, CR, Regis/LaSalle	9:37.98		3A-Albert Meier, Boone	9:18.93
	2A-Matt Cook, Monticello	9:43.91		2A-Michael Melchert, Monticello.....	9:38.93
	1A-Toby Franks, Essex	9:44.02		1A-Isaac Montes, AGWSR, Ackley	9:46.13
99	4A-Grant Shadden, Marshalltown	9:26.61	14	4A-Josh Evans, Linn-Mar, Marion	9:00.97
	3A-Steve Larson, Xavier, Cedar Rapids	9:38.96		3A-Thomas Pollard, Gilbert	8:50.43
	2A-Adam Sundall, Bishop Garrigan, Algona ..	9:40.94		2A-Michael Melchert, Monticello.....	9:17.69
	1A-Brett Bacan, St. Marys, Remsen	9:39.20		1A-Noah Larsen, Mount Ayr.....	9:43.50
00	4A-Trent Graham, Des Moines, Roosevelt	9:13.87	15	4A-Ryan Schweizer, Dowling Catholic, WDM	9:17.53
	3A-Robby Weber, Perry	9:38.10		3A-Thomas Pollard, Gilbert	9:07.41
	2A-Dan Van Engen, Unity Christian	9:46.16		2A-Eric Lenz, Tipton	9:25.91
	1A-Toby Franks, Essex	9:40.21		1A-Gable Sieperda, Central Lyon	9:59.90
01	4A-Ben Glaser, Dowling Catholic, WDM.....	9:26.70	16	4A-Ryan Schweizer, Dowling Catholic, WDM	9:16.85
	3A-Dylan Davis, ADM, Adel	9:46.95		3A-Myles Bach, Marion	9:38.36
	2A-Dan Van Engen, Unity, Christian	9:40.22		2A-C.J. May, Aplington-Parkersburg.....	9:39.94
	1A-Matt McCue, Regina, Iowa City	9:43.73		1A-Keiffer Sexton, Highland, Riverside	9:45.96
02	4A-Dan Taylor, Fort Dodge	9:19.48	17	4A-Ryan Murphy, Linn-Mar, Marion	9:09.28
	3A-Dylan Davis, ADM, Adel	9:35.86		3A-Myles Bach, Marion	9:28.56
	2A-Aaron Hamilton, Eagle Grove	9:28.60		2A-Andrew Stumbo, Ogden.....	9:28.37
	1A-Jon Reis, Turkey Valley	9:49.47		1A-Gable Sieperda, Central Lyon	9:15.30
03	4A-Kiel Uhl, Des Moines Roosevelt	9:26.32	18	4A-Konnor Sommer, Pleasant Valley.....	9:15.79
	3A-Dylan Davis, ADM, Adel	9:29.60		3A-Myles Bach, Center Point-Urbana	9:28.90

2A -Floyd Evans, Mid-Prairie, Wellman.....	9:42.34
1A -Gable Sieperda, Central Lyon	9:09.60
19 4A -Tim Sindt, Ankeny	9:28.90
3A - Trey Engen, Algona	9:34.96
2A -Reece Smith, Garner-Hayfield-Ventura	9:11.33
1A -Will Roder, Gehlen Catholic, LeMars*	NT

*-no official times given, 7 lap race

20 Season canceled due to COVID-19.

21 4A -Jackson Heidesch, Dowling Catholic	9:18.32
3A -Nate Mueller, ADM, Adel	9:13.84
2A -Brady Griebel, Bellevue	9:22.83
1A -Jason Renze, Madrid	9:26.34

120-YARD HIGH HURDLES (42 inches)

06 Dan Simmons, Ida Grove	16.6	21 Morgan Taylor, Sioux City Central.....	16.0
07 Henry Kinzer, Ida Grove	16.8	22 Edwin Beebee, Hampton	16.2
08 Andrew Hammitt, Des Moines West.....	17.2	23 Wayne Ferris, Hampton	16.2
09 Alvin Hammitt, Des Moines, West	16.8	24 Frank Cuhel, Cedar Rapids	15.3
10 Paul Hoerlien, Iowa City	17.0	25 Werner Taylor, Sioux City.....	15.5
11 Harry McHenry, Des Moines West	16.4	26 Vane Snorf, Des Moines, Roosevelt.....	15.6
12 Charles Hoyt, Greenfield	16.2	27 John Beckner, Clarinda	16.1
13 Marcus Dubel, Sioux City	16.4	28 Graham Moulton, CB, Abraham Lincoln.....	16.1
14 Theodore Packer, Marshalltown.....	16.2	29 Graham Moulton, CB, Abraham Lincoln.....	15.8
15 Theodore Packer, Marshalltown.....	16.4	30 Leonard Kenney, Mason City	15.6
16 Theodore Packer, Marshalltown.....	16.2	31 Mike Layden, Davenport.....	15.4
17 Harold Crawford, Hampton	16.8	32 Dick Crayne, Fairfield	16.0
18 Lester Belding, Mason City.....	16.4	33 Jack Parker, Lamoni	15.7
19 Harold Crawford, Mason City	16.2	34 Bushnell Lamb, Newton.....	15.8
20 Charles Brookins, Oskaloosa	16.4		

120-YARD HIGH HURDLES (39 inches)

35 Russ Parsons, Davenport.....	15.7	B -Gordon Rolph, Onawa	15.5
36 Albert Munsell, Des Moines, East.....	14.9	C - Walt Pohl, Bayard	16.3
37 Henry Vollenweider, Dubuque	15.2	56 AA -Bill Orris, Des Moines, East	14.7
38 Jack Hamilton, Sac City.....	15.2	A -Jim Jacobs, Harlan	15.7
39 Norman Pullman, Sidney.....	15.4	B -George Phelps, Kingsley	15.0
40 Russ Ferguson, Cedar Rapids, McKinley.....	14.8	C -Kent Kerns, Rolfe	15.6
41 Romaine Woodward, Ames	15.3	57 AA -Bob Okerstrom, Mason City	15.0
42 Fred Eno, Villisca.....	14.9	A -Jim Duffas, Pella	16.0
43 Fred Eno, Villisca.....	14.8	B -Bob Clark, Coon Rapids	15.9
44 Jack Nygaard, Atlantic.....	15.2	C -Ron Walter, Farragut	15.8
45 Wallace Grant, Decorah	15.8	58 AA -Jim Streeby, Ottumwa	14.5
46 Bob Brown, Fort Dodge	15.4	A -Darrell Morehouse, Clear Lake	15.1
47 Bob Brown, Fort Dodge	15.2	B -Allen Youngbear, Tama	15.9
48 A -Jerry Moorehead, Des Moines, Roosevelt	14.8	C -Bill Maas, Sutherland	16.4
B -Don Swartzendruber, Wellman.....	15.1	59 AA -John Haberle, Cedar Rapids, Jefferson	14.9
49 A -Ted Graves, Cherokee	14.9	A -Frank Bindel, Winterset.....	15.2
B -Don Swartzendruber, Wellman.....	16.4	B -Bob Pingel, Aurelia	15.2
50 A -Ray Kaiser, Des Moines, East.....	15.0	C -Norm Johnson, Coin	15.9
B -Tom Reynolds, Odebolt	15.9	60 AA -Eliger Robinson, Waterloo, East	14.3
51 A -Bob Hansen, Clinton	14.7	A -Jack Henderson, Perry	15.4
B -Les Stevens, Lovilia	15.4	B -Fred Cooper, Iowa City, University High.....	15.2
52 A -Jim Canine, Des Moines, Roosevelt.....	15.1	C -Bob Ackles, Allerton	16.6
B -Les Stevens, Lovilia	15.1	61 AA -Norm Taylor, Des Moines, Tech	14.9
53 AA -Ken Ploen, Clinton.....	15.0	A -John Fletcher, Clarion.....	15.2
A -Tom Ecker, Waverly.....	15.0	B -Gene Zmolek, Traer.....	15.7
B -Boyd Mayberry, Sac City	15.4	C -Larry Lenz, Ar-We-Va, Westside	15.3
C -Ted Harvey, Toledo Juvenile Home	15.8	62 AA -Gary Osborn, Winterset.....	14.6
54 AA -Harry Lockman, Fort Dodge.....	15.1	A -John Adams, Missouri Valley.....	14.9
A -Harry Barr, Clarinda	15.5	B -Rolland Heim, BCLUW, Conrad	15.7
B -Jerry Willey, Osage.....	16.1	C -Larry Leonard, Solon	15.6
C -Ted Harvey, Toledo Juvenile	15.6	63 AA -Jack Carter, Des Moines, North	14.6
55 AA -Bill Orris, Des Moines, East	15.6	A -John Adams, Missouri Valley.....	14.6
A -Larry Sabus, Carroll.....	16.7	B -Jon Reimer, George.....	15.2

	C-Duane VanWyk, Prairie City	15.6
64	AA-John Dvorak, Cedar Rapids, Washington	14.4
	A-Rick Defenbaugh, Mount Ayr	14.9
	B-Larry Driscoll, Emmetsburg	15.3
	C-Bruce Abrams, Meservey-Thornton	15.4
65	AA-John Dvorak, Cedar Rapids, Washington	14.2
	A-Ken Tilton, Humboldt	15.3
	B-Dennis Fertig, Woodbury Central, Merville	15.5
	C-Bruce Abrams, Meservey-Thornton	15.2
66	AA-Jim Klindt, Davenport, West	14.6
	A-Tom Graves, Cherokee	14.6
	B-Dennis Fertig, Woodbury Central, Merville	15.4
	C-Larry Pretz, Miles	16.3
67	AA-Jock Johnson, Des Moines, East	14.2
	A-Tom Graves, Cherokee	14.5
	B-Bill Michael, Akron	14.6
	C-Eugene Zoske, Hubbard	14.9
68	AA-Dave McCurry, Grinnell	14.8
	A-Dan Roe, Mount Ayr	14.9
	B-Mike Brannaman, Mount Vernon	15.1
	C-Bob Nevitt, Earlham	15.2
69	AA-Dave McCurry, Grinnell	14.3
	A-John Bell, Spirit Lake	14.5
	B-Mark Brannaman, Mount Vernon	15.0
	C-Jim Lawler, Wall Lake	15.3
70	AA-Kent Wessely, Waterloo, West	14.2
	A-Steve Casey, Cherokee, Washington	14.8
	B-Robbie Bolks, Boyden-Hull	15.3
	C-Ed McDaniel, Woodward-Granger	14.8

71	AA-Scott Hamilton, Clinton	14.2
	A-Steve Casey, Cherokee, Washington	14.2
	B-Blaine Kuchel, Kingsley-Pierson	15.1
	C-Ed McDaniel, Woodward-Granger	14.7
72	AA-Jim Jensen, Davenport, Central	14.6
	A-Jerry Elliott, Centerville	15.2
	B-Dan Taylor, Eddyville	14.6
	C-Kyle Chown, Lone Tree	15.4
73	AA-Ron Heaton, Sioux City, West	14.6
	A-Tom Meade, Williamsburg	15.1
	B-Dan Taylor, Eddyville	14.8
	C-Kyle Chown, Lone Tree	15.8
74	AA-Greg Rumble, Urbandale	14.0
	A-Randy Wilson, Knoxville	15.0
	B-Tom Egli, Manson	15.4
	C-Greg Capell, Fayette	15.2
75	AA-Dave Stoermer, Burlington	14.5
	A-Steve Ulrich, Sheldon	15.0
	B-Mike Bruns, Adair-Casey	15.0
	C-Alan Sievers, Albert City-Truesdale	15.6
76	AA-Randy Elliott, Charles City	14.3
	A-Roy Wigen, Spencer	14.5
	B-Leroy McCuen, Corning	14.8
	C-Ross Thiedeman, Ar-We-Va, Westside	15.0
77	AA-Randy Elliott, Charles City	14.1
	A-Craig Nordlie, Nevada	14.3
	B-Leroy McCuen, Corning	14.5
	C-Ross Thiedeman, Ar-We-Va, Westside	14.5

110-METER HIGH HURDLES

78	AA-Alonzo Moore, Des Moines, Tech	14.85
	A-Craig Nordlie, Nevada	14.46
	B-Randy Griffith, Kingsley-Pierson	14.95
	C-Ed Blackburn, Malvern	14.99
79	AA-Dean Fogarty, Marshalltown	14.33
	A-Randy Booth, Grinnell	14.52
	B-Kevin Rohlf, Boyden-Hull	14.6
	C-Larry Johnk, Walnut	15.01
80	AA-Jeff Herrera, Mason City	14.66
	A-Dan Cleveland, Belmond	14.82
	B-Jay Conner, Nashua	15.23
	C-Larry Johnk, Walnut	15.13
81	AA-Jay Conyers, CB, Thomas Jefferson	14.92
	A-Bill Gutz, Storm Lake	14.76
	B-Dan Cleveland, Belmond	15.01
	C-Kirk Muhlenbruch, CAL, Latimer	15.46
82	4A-Scott Thoms, Clinton	14.65
	3A-John Enyart, Decorah	14.97
	2A-Gerry Kock, Ar-We-Va	15.11
	1A-Dave Tucker, Paton-Churdan	14.97
83	4A-Eric White, Burlington	14.61
	3A-Pat Green, Mount Pleasant	15.09
	2A-Jeff Buseman, Belmond	15.05
	1A-Darin Blackburn, Malvern	15.41
84	4A-Vernon Johnson, Ames	14.87
	3A-Dave Hughes, Crestwood, Cresco	15.12
	2A-Jeff Buseman, Belmond	15.0
	1A-Tim Aberson, Floyd Valley	15.3
85	4A-Joel Van Roekel, Ottumwa	15.34

	3A-Brian A. Keeney, Carlisle	15.44
	2A-Matt Zuber, Iowa Valley, Marengo	14.1
	1A-Tony Johnson, Cumberland-Massena	15.2
86	4A-Brian Biggerstaff, Sioux City, West	14.99
	3A-Shane Kasner, Marion	14.99
	2A-Jon Filloon, Manson	14.81
	1A-Tim Criswell, Lynnville-Sully	15.26
87	4A-Brian Biggerstaff, Sioux City, West	14.85
	3A-Mike Godbout, Red Oak	15.07
	2A-Derek Stevenson, Belmond	14.84
	1A-John McMillen, Malvern	15.63
88	4A-Tom Rhomberg, Wahlert, Dubuque	14.89
	3A-John Hintz, Forest City	15.66
	2A-Darwin Vande Hoef, Rock Valley	15.42
	1A-Jay Solsma, Sanborn	15.59
89	4A-Brian Carroll, Newton	14.92
	3A-Craig Prindle, Glenwood	15.26
	2A-Darwin Vande Hoef, Rock Valley	14.7
	1A-Trent Jones, Malvern	15.56
90	4A-Jason McCleary, Newton	14.47
	3A-Erik Davisson, Adel	14.74
	2A-Bill Betterton, Pleasantville	14.60
	1A-Trent Jones, Malvern	15.13
91	4A-Eric Bickel, Burlington	14.92
	3A-Bill Betterton, Carlisle	14.49
	2A-Enrique Flores, Wapello	15.23
	1A-Brett Chambers, Treynor	15.52
92	4A-Ben Ringle, Bettendorf	14.78
	3A-Joe Estes, Spirit Lake-Park	14.96

	2A-Corey Scott, Solon	15.16	07	4A-Terrance Roberts, Waterloo West	15.00
	1A-Bren Chambers, Treynor	15.01		3A-Jordan Mullen, Atlantic.....	14.79
93	4A-Chris Wycoff, Ames	14.1		2A-Evan Thomsen, Regina, Iowa City	15.03
	3A-Nate Ludwig, Forest City	15.2		1A-Jordan Oulman, Riceville	15.44
	2A-Chris Shannon, Wapsie Valley	15.1	08	4A-Dan Davis, Iowa City West	14.47
	1A-Jason Woods, Treynor.....	15.3		3A-Jordan Mullen, Atlantic (ran 14.18 in prelims)...	14.29
94	4A-Chris Wycoff, Ames	14.10		2A-Channing Puls, Hudson (ran 14.40 in prelims) ..	14.67
	3A-Nate Ludwig, Forest City	15.15		1A-Austin McBeth, WACO, Wayland	14.89
	2A-Jamie Van Roekel, Waukee	15.08	09	4A-Ethan Holmes, Clinton	14.50
	1A-Jason Woods, Treynor.....	14.82		3A-Jordan Mullen, Atlantic.....	14.09
95	4A-Ramon Christopher, DM, Hoover	14.92		2A-Jacob Batterson, Eddyville-Blakesburg	14.46
	3A-Brian Dunn, Glenwood.....	15.01		1A-Will Hanson, Marcus-Meriden-Cleghorn.....	14.67
	2A-Josh Grau, Tipton	15.26	10	4A-Ryan Sander, Xavier, Cedar Rapids.....	15.17
	1A-Cam Appleman, Van Buren, Keosauqua.....	15.20		3A-Kyle Heidebrink, Spirit Lake Park	15.11
96	4A-Aaron Abram, Valley, WDM.....	14.54		2A-Jacob Batterson, Eddyville-Blakesburg	14.53
	3A-Matt Hempel, Fairfield.....	14.82		1A-Hunter Nelson, AHST, Avoca	15.09
	2A-Adam Gordon, Belmond-Klemme.....	14.89	11	4A-Kyle Dunn, Linn-Mar, Marion	14.93
	1A-Cory Woods, Treynor.....	15.44		3A-Brandon Moorman, Mount Pleasant	14.94
97	4A-Cyrus Nichols, Des Moines, Roosevelt.....	14.74		2A-Jacoby Firkins, Regina, Iowa City.....	15.21
	3A-Jonathan Korth, Forest City	15.27		1A-Nick Efkamp, Madrid.....	15.12
	2A-Chris Chantos, Bellevue	14.83	12	4A-Charlie Rogers, Iowa City, West.....	14.59
	1A-Cory Woods, Treynor.....	14.41		3A-Austin Hess, Harlan Community	14.74
98	4A-Cyrus Nichols, Des Moines, Roosevelt.....	15.06		2A-Josh Zeiser, Collins-Maxwell-Baxter.....	14.58
	3A-Jonathan Korth, Forest City	15.05		1A-Nathan Schamdeke, Grundy Center.....	15.22
	2A-Tony Leick, St. Albert, Co. Bluffs	14.90	13	4A-Jon Rus, North Scott.....	14.94
	1A-Scott Borchers, Woodbury Central	15.09		3A-Connor Ham, Solon	14.72
99	4A-Cyrus Nichols, Des Moines, Roosevelt.....	14.90		2A-Bryce Kemp, Collins-Maxwell-Baxter.....	14.96
	3A-Blake Flansche, New Hampton	15.28		1A-Adam Bachman, Wapsie Valley	15.18
	2A-Nate Sawvell, Wilton	14.84	14	4A-Sydne Davis, Des Moines, Roosevelt.....	14.21
	1A-Matt Strand, Alburnett.....	14.77		3A-Connor Ham, Solon	14.16
00	4A-Sean Johnson, Clinton.....	14.80		2A-Darius Scott, Woodward Academy	14.51
	3A-Blake Flansche, New Hampton	14.52		1A-Austin Konsor, Underwood	14.94
	2A-Scott Veldhuizen, Eddyville-Blakesburg	15.36	15	4A-Deonne Harris, Newton.....	14.63
	1A-Nate DeRocher, West Monona, Onawa	15.24		3A-Connor Ham, Solon	14.30
01	4A-Clete Younger, Ankeny	14.55		2A-Jacob Smith, West Burlington/Notre Dame ..	14.86
	3A-Mark Eaton, Perry	14.59		1A-Will Garber, BCLUW	14.91
	2A-Josh Strang, Aplington-Parkersburg.....	14.86	16	4A-Joah Wallace (Banks), Prairie, C. Rapids....	14.06
	1A-Jay Sieck, I-35, Truro.....	14.67		3A-Lantz Reed, Boone	14.42
02	4A-Michael Bell, Marshalltown	14.81		2A-Hunter Wargo, West Branch	14.46
	3A-Tyler Brown, Grinnell	15.06		1A-Mitchell Nelsen, Audubon	14.77
	2A-Derek Casey, Cherokee	14.56	17	4A-Joah Banks, Prairie, Cedar Rapids.....	13.98
	1A-Blake Haywood, BCLUW, Conrad	15.16		<i>Banks ran an all-time best of 13.91 in the prelims</i>	
03	4A-Jordan Crosby, Fort Dodge	14.35		3A-Lantz Reed, Boone.....	14.68
	3A-Jacob Hartman, Perry	14.88		2A-Michael Santi, Madrid.....	14.76
	2A-Alex Gabrielson, Belmond-Klemme.....	14.80		1A-Nolan Smith, Audubon	15.18
	1A-Jaron VanMaanen, Lynnville-Sully	14.83	18	4A-Riley Moss, Ankeny Centennial	14.02
04	4A-Shawn Olorundami, Sioux City West.....	14.85		3A-Gratt Reed, Atlantic.....	14.31
	3A-James Ruen, Decorah-North Winneshiek ...	14.84		2A-Grant Fjelstad, Lake Mills.....	14.71
	2A-Micah Ruroden, North Fayette.....	15.02		1A-Austin Larson, West Fork	14.45
	1A-Nick Kuchel, Kingsley-Pierson.....	14.87	19	4A-Trent Davis, Linn-Mar, Marion	14.52
05	4A-Scott Lynn, Ames.....	14.78		3A-Max Murphy, Sergeant Bluff-Luton	14.70
	3A-James Ruen, Decorah	14.89		2A-Avery Martensen, Monticello.....	15.07
	2A-Matt Wagaman, Wilton	15.19		1A-Jack Garber, BCLUW, Conrad	14.80
	1A-Nick Kuchel, Kingsley-Pierson.....	14.51	20	Season canceled due to COVID-19.	
06	4A-Scott Lynn, Ames.....	14.77	21	4A-Adam Wright, Dowling Catholic	14.51
	3A-Jacob Rhode, Mount Pleasant.....	14.80		3A-Hunter Manock, North Polk.....	15.07
	2A-Nick Batterson, Eddyville-Blakesburg.....	14.70		2A-Jack Latham, Spirit Lake.....	14.49
	1A-Nick Kuchel, Kingsley-Pierson.....	14.54		1A-Kole Becker, Lisbon	15.06

220-YARD LOW HURDLES

06	Charles McMartin, Des Moines West	27.4	21	Morgan Taylor, Sioux City Central.....	26.4
07	Fred Young, Ida Grove	27.4	22	Frank Cuhel, Cedar Rapids	25.7
08	George Baird, Des Moines West	28.2	23	Frank Cuhel, Cedar Rapids	25.0
09	Louis Gates, Des Moines East	27.4	24	Frank Cuhel, Cedar Rapids	24.3
10	George Hutchins, Sioux City	27.2	25	Monte Beauchamp, Winfield.....	25.7
11	Edward Hunter, Des Moines North.....	27.4	26	Vane Snorf, Des Moines, Roosevelt.....	25.9
12	Dow Byers, Des Moines East	27.2	27	John Beckner, Clarinda	26.0
13	Marcus Dubel, Sioux City	27.0	28	John Beckner, Clarinda	24.9
14	Theodore Packer, Marshalltown.....	26.2	29	Leonard Moulton, CB, Abraham Lincoln.....	25.4
15	Theodore Packer, Marshalltown.....	26.6	30	Leonard Kenney, Mason City	24.4
16	Thomas Rogers, Fort Dodge	26.0	31	Francis "Mike" Layden, Davenport	24.1
17	David Evans, Hampton	26.0	32	Dick Crayne, Fairfield	25.2
18	James Shearer, Mason City	26.6	33	Tom Neal, Sioux City, Central	24.8
19	Harold Crawford, Mason City	26.8	34	Bushnell Lamb, Newton.....	24.8
20	Morgan Taylor, Sioux City Central.....	27.2			

200-YARD LOW HURDLES

35	Albert Ruble, Ottumwa.....	23.2	45	Bob Struthers, Waterloo, West	23.4
36	Don Barnes, Grinnell	23.1	46	Dean Deuel, Cherokee	22.7
37	Paul Swanson, Clinton.....	22.6	47	Dean Deuel, Cherokee	22.7
38	Henry Vollenweider, Dubuque.....	23.2	48	A-Dean Deuel, Cherokee	22.7
39	Bob Odell, Sioux City, East	23.0		B-Don Swartzendruber, Wellman	23.7
40	Bob Morris, Clarion	22.4	49	A-(Tie) Earl Ault, Des Moines, East & Don Davis, Burlington	23.0
41	Junior Franck, Davenport	23.1		B-Arden Heisdorffer, Keota	23.6
42	Horace Peoples, Davenport	23.0	50	A-Ray Kaiser, DM, East.....	23.1
43	Fred Eno, Villisca.....	23.3		B-Tom Reynolds, Odebolt	24.3
44	Lee Hofacre, Clinton	22.8			

180-YARD LOW HURDLES

51	A-Dick Fowler, Ames	19.2		B-Bob Pingel, Aurelia	21.1
	B-Les Stevens, Lovilia	20.4		C-Jerry Davis, College Springs.....	21.7
52	A-Tom Ecker, Waverly.....	20.0	60	AA-Frank Bindel, Winterset.....	20.0
	B-Don White, Lamoni	19.8		A-John Pletcher, Clarion.....	20.9
53	AA-Glen Sjoka, Cedar Rapids, Wilson.....	20.8		B-Fred Cooper, Iowa City, University High.....	20.9
	A-Tom Ecker, Waverly.....	20.3		C-Jim Stebral, Solon.....	22.1
	B-John Walden, Lamoni	20.8	61	AA-Gary Osborn, Winterset.....	20.0
	C-John Rinehart, Iowa School for Deaf.....	22.1		A-John Fletcher, Clarion	20.3
54	AA-Berland Smith, Sioux City, Central.....	20.4		B-Mike Stubsten, Orange, Waterloo.....	20.0
	A-George Pitsche, Harlan	20.9		C-Larry Lenz, Ar-We-Va, Westside	20.0
	B-Ron Means, Villisca	20.8	62	AA-Gary Osborn, Winterset.....	20.7
	C-Duane Miller, New Sharon.....	21.6		A-John Adams, Missouri Valley.....	21.3
55	AA-Bill Orris, Des Moines, East	20.4		B-Jon Reimer, George.....	21.0
	A-Bob Brandt, Denison.....	20.9		C-Lloyd VanZee, Prairie City	20.8
	B-Gordon Rolph, Onawa	21.5	63	AA-Mike Langer, Cedar Rapids, Washington	19.7
	C-Duane Miller, New Sharon.....	20.3		A-John Adams, Missouri Valley.....	20.1
56	AA-Ron Altenberg, Marion	19.8		B-Jon Reimer, George.....	20.1
	A-Bob Brandt, Denison.....	19.7		C-Denny Wicker, Madrid.....	21.1
	B-George Phelps, Kingsley	20.5	64	AA-John Dvorak, Cedar Rapids, Washington	19.5
	C-Ron Walter, Farragut	21.0		A-Ron Davis, Perry.....	19.1
57	AA-Bob Okerstrom, Mason City	20.7		B-Ron Carrier, Odebolt-Arthur.....	20.5
	A-Jim VanWerden, Winterset	21.2		C-Lynn Bell, Lone Tree.....	21.0
	B-Tom Burns, Carroll.....	20.9	65	AA-John Dvorak, Cedar Rapids, Washington	19.7
	C-Ron Walter, Farragut	21.3		A-Ron Davis, Perry.....	20.2
58	AA-Jim Streeby, Ottumwa.....	19.4		B-Tom Quinn, Clinton, St. Marys.....	20.6
	A-Darrell Morehouse, Clear Lake	20.3		C-Save Chambers, Treynor.....	21.4
	B-Daryl Brown, New London	21.9	66	AA-Jim VanDine, Cedar Rapids, Washington.....	20.0
	C-Duane Burke, Merville.....	21.4		A-Scott Osborn, Winterset.....	20.0
59	AA-Dennis Paul, Marshalltown.....	19.9		B-Denny Slinker, BCLUW, Conrad.....	20.9
	A-Frank Bindel, Winterset	20.3		C-Jim Vandevanter, Panorama	21.1

67	AA -Rich Gauger, Charles City	19.6
	A -Tom Graves, Cherokee, Washington	20.1
	B -Bill Michael, Akron	19.9
	C -Bob Nevitt, Earlham	20.1
68	AA -Mark Votroubek, Cedar Rapids, Kennedy	19.1
	A -John Bell, Spirit Lake	19.6
	B -Jerry Hutchinson, West Harrison	19.9
	C -Jim Nevitt, Earlham	20.1
69	AA -Dave McCurry, Grinnell	19.2
	A -John Bell, Spirit Lake	19.7
	B -Mike Everett, Carroll	20.4
	C -Tom Baker, Dexfield, Redfield	19.9
70	AA -Mark Votroubek, Cedar Rapids, Kennedy	19.2
	A -Jerry Heston, Ankeny	19.6
	B -Robbie Bolks, Boyden-Hull	20.5
	C -Ed McDaniel, Woodward-Granger	19.9
71	AA -Denny Murphy, Assumption, Davenport	19.0
	A -Steve Casey, Cherokee	20.3
	B -Darwin Wissink, Sioux Center	21.4
	C -Ed McDaniel, Woodward-Granger	20.2
72	AA -Dan Wiersen, Ames	19.7
	A -Kevin Grooms, Nevada	20.5

	B -Dan Taylor, Eddyville	20.3
	C -Daryl Triplett, Sutherland	21.1
73	AA -Albert Morgan, Burlington	19.5
	A -Jerry Elliott, Centerville	20.5
	B -Dan Taylor, Eddyville	20.8
	C -Kyle Chown, Lone Tree	21.4
74	AA -Mike Hamsher, Muscatine	19.8
	A -Bob Merrill, Estherville	20.5
	B -Tom Egli, Manson	20.6
	C -Greg Capell, Fayette	20.5
75	AA -Jeff Dawson, Cedar Rapids, Washington	20.2
	A -Mike Leeper, Nevada	20.5
	B -Bob Brcka, Garner-Hayfield	20.7
	C -Mike Anderson, East Central, Miles	21.1
76	AA -Randy Elliott, Charles City	19.5
	B -Leroy McCuen, Corning	20.0
	C -Mike Masters, Graettinger	20.2
77	AA -Randy Elliott, Charles City	19.4
	A -Chris Nady, Nevada	19.6
	B -Leroy McCuen, Corning	19.6
	C -Ross Thiedeman, Ar-We-Va, Westside	19.9

165-METER LOW HURDLES

78	AA -Jon Hutch, Clinton	20.3
	A - Chris Nady, Nevada	20.4

B - Randy Griffith, Kingsley-Pierson	21.0
C - Ed Blackburn, Malvern	20.8

400-METER LOW HURDLES

79	AA -Dean Fogarty, Marshalltown	53.32
	A -Bret Younger, Atlantic	53.4
	B -Brad Van Roekel, Monroe	54.0
	C -Curt Carlson, South Clay, Gillett Grove	55.9
80	AA -Kevin Sorenson, Clinton	53.19
	A -Bret Younger, Atlantic	53.39
	B -Mark Muilenburg, Maurice-Orange City	54.39
	C -Kevin Skalla, Scranton	55.56
81	AA -Randy Moore, Cedar Rapids, Kennedy	52.73
	A -John Enyart, Decorah	54.11
	B -Dan Cleveland, Belmond	53.38
	C -Brad Cleaveland, Oakland	55.57
82	4A -Jay Williams, Waterloo, East	53.66
	3A -John Enyart, Decorah	53.48
	2A -Brad Parsons, Van Buren, Keosauqua	54.92
	1A -Dave Gibbs, New Hartford	54.20
83	4A -Pat Carnes, Cedar Rapids, Jefferson	53.83
	3A -Scott Stuhr, Tipton	54.33
	2A -Tracy Bainbridge, Ida Grove	53.38
	1A -Terry Graham, Sidney	54.60
84	4A - Vernon Johnson, Ames	53.19
	3A -Pat Dolan, Iowa Falls	54.77
	2A -Marv Cook, West Branch	55.2
	1A -Terry Graham, Sidney	54.3
85	4A -Joel Hartman, Cedar Rapids, Kennedy	53.50
	3A -Roy Moorman, Centerville	55.0
	2A -Matt Zuber, Iowa Valley, Marengo	53.9
	1A -Roger Grafft, Olin	55.61
86	4A -Brad Rohlf, Ankeny	54.04
	3A -Brent Holgorsen, Mount Pleasant	55.02
	2A -Jon Filloon, Manson	54.18
	1A -Terry Zwart, Greene	54.95

87	4A -Chris York, Dubuque, Senior	53.37
	3A -Brian Rickels, Monticello	54.00
	2A -Jon Filloon, Manson	54.24
	1A -Tom Alpers, Pomeroy	54.64
88	4A -Kevin Stuart, Ankeny	53.19
	3A -Jay Muller, Clarinda	55.37
	2A -Dan Wood, Dunlap	56.13
	1A -Tom Alpers, Pomeroy	54.44
89	4A -Jason Golliher, Fort Madison	53.07
	3A -Craig Prindle, Glenwood	53.76
	2A -Darwin Vande Hoef, Rock Valley	52.64
	1A -Troy Miller, Iowa Mennonite School	54.88
90	4A -Gregg Garn, Ames	52.45
	3A -Doug Dodd, Hampton-Dumont	54.30
	2A -Darwin Vande Hoef, Rock Valley	52.64
	2A -Terry Haskins, Woodbine	54.49
	1A -Scott Girard, Gehlen Catholic, LeMars	54.88
91	4A -Shaun Benefield, Mason City	52.46
	3A -Doug Dodd, Hampton-Dumont	53.66
	2A -Enrique Flores, Wapello	53.95
	1A -Travis Kuecker, Fredericksburg	55.25
92	4A -Tim Dwight, Iowa City, City	52.95
	3A -Loren Kool, Pella	53.65
	2A -Tony Milder, Columbus, Columbus Jct.	54.78
	1A -Travis Kuecker, Fredericksburg	55.13
93	4A -Eric Strim, Sioux City, West	53.22
	3A -Loren Kool, Pella	53.56
	2A -Brent MacLagan, Jefferson-Scranton	54.48
	1A -Max Ostby, NUH, Cedar Falls	54.45
94	4A -Eric Strim, Sioux City, West	51.4
	3A -Nic Weers, Anamosa	54.40
	2A -Brent MacLagan, Jefferson-Scranton	54.28

	1A-Jason Woods, Treynor.....	53.90	08	4A-Ethan Holmes, Clinton	53.03
95	4A-Dustin Avey, Ames.....	51.99		3A-Jordan Cotton, Mount Pleasant	53.47
	3A-Bryan Featherstone, Epworth, WD	54.81		2A-Brad Mosinski, Pekin	53.44
	2A-Brent MacLagan, Jefferson-Scranton	51.62		1A-Brock Caves, Van Buren, Keosauqua	54.20
	1A-Jeff Miller, Paton-Churdan	54.05	09	4A-Kyle Dunn, Linn-Mar, Marion	52.70
96	4A-Dustin Avey, Ames.....	50.96		3A-Jordan Mullen, Atlantic.....	52.82
	3A-Nic Weers, Anamosa	53.85		2A-Tanner Miller, Mid-Prairie, Wellman	53.07
	2A-Matt Wheeler, West Branch.....	55.16		1A-Nick Efkamp, Madrid.....	55.24
	1A-Scott Olsen, Madrid	55.10	10	4A-Kyle Dunn, Linn-Mar, Marion	51.41
97	4A-Kyle Bolejack, Ankeny	53.29		3A-Ryan Fahn, Harlan Community	54.10
	3A-Brandon Meinders, Perry.....	53.83		2A-Tanner Miller, Mid-Prairie, Wellman	52.36
	2A-Chris Chantos, Bellevue	53.48		1A-Nick Efkamp, Madrid.....	53.66
	1A-Ryan Eichenberger, Fredericksburg	54.27	11	4A-Kyle Dunn, Linn-Mar, Marion	51.05
98	4A-Mat Weldon, Iowa City, West.....	53.55		3A-Jackson Litterer, Waverly-Shell Rock	53.35
	3A-Brian Stegall, Washington	53.57		2A-Jordan Van Roekel, PCM, Monroe	54.32
	2A-Tony Leick, St. Albert, Co. Bluffs	53.25		1A-Nick Efkamp, Madrid.....	52.85
	1A-Mike Claeys, HLV, Victor	54.07	12	4A-Charlie Rogers, Iowa City, West.....	53.43
99	4A-Cyrus Nichols, Des Moines, Roosevelt.....	54.12		3A-Raheem Black, Fort Madison	53.21
	3A-Brian Stegall, Washington	52.75		2A-Jordan Van Roekel, PCM, Monroe	52.26
	2A-Tony Leick, St. Albert, Co. Bluffs	53.25		1A-Jeremy Johnson, Madrid.....	53.91
	1A-Jeremy Keehn, CAL-Dows	54.51	13	4A-Sydne Davis, Des Moines, Roosevelt.....	53.42
00	4A-Nik Moser, Fort Dodge.....	53.20		3A-Raheem Black, Fort Madison	52.31
	3A-Ryan Boyington, Hampton-Dumont.....	53.73		2A-Tristan Twedt, South Hamilton	54.02
	2A-Matt Lockey, Okoboji, Milford	54.29		1A-Kevin Herrick, Fremont-Mills.....	55.17
	1A-David Calease, Clarksville	54.55	14	4A-Sydne Davis, Des Moines, Roosevelt.....	51.52
01	4A-Nik Moser, Fort Dodge.....	52.96		3A-Tommy Bates, Waverly-Shell Rock	53.73
	3A-Peter Avery, Waverly-Shell Rock.....	52.92		2A-Dylon Van't Hof, Sioux Center	53.50
	2A- Wes Terrill, Louisa-Muscatine	53.50		1A-Erik Stoakes, Gladbrook-Reinbeck	55.03
	1A-David Calease, Clarksville	54.85	15	4A-Pat Gray, Waukee.....	53.22
02	4A-Michael Bell, Marshalltown	52.51		3A-Cameron Crosser, Algona	53.35
	3A-Justin Koeppel, Storm Lake.....	53.21		2A-Jacob Smith, West Burlington/Notre Dame	52.64
	2A-Derek Casey, Cherokee	52.94		1A-Nick Engel, Hudson	54.29
	1A-Blake Hayward, BCLUW, Conrad	53.85	16	4A-Nathan Hoy, Cedar Falls.....	52.92
03	4A-Jordan Crosby, Fort Dodge	52.77		3A-JoJo Frost, Center Point-Urbana	53.06
	3A-Greg Offerman, Charles City	53.05		2A-Brett Daley, Treynor.....	53.17
	2A-Eric Heid, West Branch.....	54.70		1A-Christian Reischauer, Colo-NESCO	54.15
	1A-Kyle Fischer, Hinton.....	55.75	17	4A-Nathan Hoy, Cedar Falls.....	52.57
04	4A-Steve Ketels, Waterloo West	54.23		3A-DallasWright, Carlisle.....	53.20
	3A-Greg Offerman, Charles City	53.08		2A-Mark Brown, Beckman Catholic, D'ville	54.32
	<i>(Offerman ran 52.02 in the prelims)</i>			1A-Cole Willert, Saint Ansgar	53.61
	2A-Alex Gabrielson, Belmond-Klemme.....	53.36	18	4A-Austin West, Iowa City, West.....	52.23
	1A-Eric Parker, Northwood-Kensett	54.08		3A-Avery Van Zee, Pella	53.07
05	4A-Dennis Hammel, Davenport Central	52.89		2A-Mark Brown, Beckman Catholic, D'ville	54.89
	3A-Greg Offerman, Charles City	51.35		1A-Tyson Vander Linden, Lynnville-Sully.....	53.07
	2A-Brent Chamberlin, Eagle Grove.....	54.47	19	4A-Thai Thompson, Dowling Catholic, W.D.M.	53.05
	1A-Eric Parker, Northwood-Kensett	55.23		3A-Joven Nelson, Nevada	52.02
06	4A-Zach Milner, Co. Bluffs Abraham Lincoln	54.01		2A-Ethan Albright, Okoboji, Milford	54.52
	3A-Logan Masters, Storm Lake.....	54.20		1A-Tyson Vander Linden, Lynnville-Sully.....	53.60
	2A-Evan Thomsen, Regina, Iowa City	54.24	20	Season canceled due to COVID-19.	
	1A-Brant McCuen, Corning	53.69	21	4A-Drew Bartels, Cedar Rapids, Kennedy	52.49
07	4A-Kellyn Fogarty, Marshalltown.....	53.55		3A-Tegan Bock, Boone	53.38
	3A-Mat Rammelsberg, Benton, Van Horne.....	54.56		2A-Sid Schaaf, Treynor	54.30
	2A-Evan Thomsen, Regina, Iowa City	53.89		1A-Kole Becker, Lisbon	54.90
	1A-Andy Koehn, Tri-County, Thornburg.....	54.95			

INDIVIDUAL RUNNING EVENT STATE CHAMPIONS PER SCHOOL

Adair-Casey.....	2
A-D-M, Adel.....	14
Agency	1
AGWSR, Ackley	3
A-H-S-T, Avoca	1
AHSTW	3
Akron-Westfield.....	2
Albert City-Truesdale	2
Albia	3
Alburnett.....	3
Alden	2
Algona	14
Allerton	3
Allison-Bristow.....	3
Alta	4
Ames	37
Anamosa	10
Andrew	1
Anita	3
Ankeny	16
Ankeny Centennial	2
Aplington	3
Aplington-Parkersburg	2
Aquinas, Fort Madison	2
Armstrong-Ringsted	3
Ar-We-Va, Westside.....	7
Assumption, Davenport.....	5
Atlantic.....	11
Audubon	5
Aurelia	9
Bancroft, St. John.....	2
Baxter & Collins-Maxwell-Baxter.....	6
Bayard	2
BCL, Conrad.....	2
BCLUW, Conrad	6
Beckman, Dyersville.....	4
Bedford.....	2
Belle Plaine	8
Bellevue.....	3
Belmond-Klemme.....	20
Benton Community, Van Horne	1
Bettendorf.....	9
BGM, Brooklyn	1
Bishop Garrigan, Algona	6
Bishop Heelan, Sioux City.....	14
Boone	14
Boyden-Hull.....	6
Boyde-Hull/Rock Valley.....	1
Britt; West Hancock.....	14
Buffalo Center-Rake.....	2
Burlington	14
CAL Community; CAL-Dows, Latimer.....	2
Calamus-Wheatland.....	3
Camanche	5
Cardinal Stritch, Keokuk.....	2
Cardinal, Eldon.....	3
Carlisle	4
Carroll.....	11

Cascade, Western Dubuque.....	1
Cedar Falls.....	13
Cedar Rapids	15
Cedar Rapids, Franklin	4
Cedar Rapids, Jefferson	6
Cedar Rapids, Kennedy.....	10
Cedar Rapids, McKinley	1
Cedar Rapids, Regis.....	1
Cedar Rapids, Roosevelt.....	3
Cedar Rapids, Washington.....	12
Cedar Rapids, Wilson	1
Cedar Valley, Farnhamville.....	9
Cedar	1
Center Point-Urbana	4
Centerville	13
Central City	2
Central Clinton, DeWitt	9
Central Elkader	3
Central Lee, Donnellson	1
Central Lyon, Rock Rapids	10
Central Webster, Burnside.....	2
Charles City	17
Charter Oak-Ute.....	3
Cherokee-Washington	31
Clarence-Lowden.....	3
Clarinda.....	9
Clarion.....	7
Clarke, Osceola	4
Clarksville.....	3
Clay Central, Royal.....	2
Clear Creek & Clear Creek-Amana	4
Clear Lake.....	6
Clinton	27
Clinton, Lyons	1
Clinton, St. Marys; Mater Dei.....	4
Coin.....	1
Colfax-Mingo.....	3
Colo-NESCO.....	3
Columbus, Columbus Jct.	2
Columbus, Waterloo	5
Coon Rapids	2
Corning	10
Council Bluffs	3
Council Bluffs, Abraham Lincoln.....	8
Council Bluffs, Thomas Jefferson	4
Crestland, Early	2
Creston	6
Crestwood, Cresco	3
Cumberland-Massena	1
CWL, Corwith.....	7
Dallas Center-Grimes	8
Davenport, Davenport, Central	36
Davenport, North.....	3
Davenport, West	7
Davis County, Bloomfield.....	2
Decorah; Decorah-North Winneshiek	12
Delwood, Elwood	3
Denison-Schleswig	10

Denver	1
Des Moines, Christian	2
Des Moines, East	45
Des Moines, Hoover	6
Des Moines, Lincoln	3
Des Moines, North	38
Des Moines, Roosevelt	31
Des Moines, Tech	7
Des Moines, West	25
Dike-New Hartford	5
Dow City-Arion	1
Dowling Catholic, West Des Moines	17
Dubuque, Hempstead	1
Dubuque, Loras	1
Dubuque, Senior	10
Dumont	2
Dunlap	4
Durant-Bennett	1
Eagle Grove	7
Earlham	6
East Central, Miles (also see Preston-EC)	6
East Marshall, LeGrand	1
East Mills	3
East Union, Afton	2
Eddyville-Blakesburg	11
Eldora-New Providence	4
Elk Horn-Kimballton	6
Elliott	5
Emmetsburg	3
English Valleys, North English	5
Epworth, Western Dubuque	2
Essex	2
Estherville	4
Fairfield	3
Farragut	3
Fayette	3
Floyd Valley, Alton	1
Forest City	8
Fort Dodge	16
Fort Madison	10
Fredericksburg	4
Fremont Mills, Tabor	2
Galva-Holstein	4
Garner-Hayfield	9
Garner-Hayfield-Ventura	2
Gehlen Catholic, LeMars	9
George	5
George-Little Rock	2
Gilbert	5
Gilmore City-Bradgate	4
Gladbrook-Reinbeck	4
Glenwood	9
Glidden-Ralston	2
Graettinger	1
Green Mountain	1
Greene	5
Greenfield	9

Grinnell	9
Griswold	5
Grundy Center	5
Guthrie Center	7
Hamburg	2
Hampton	4
Hampton-Dumont	6
Harlan	6
Harris-Lake Park	3
Hartley-Melvin; Hartley, HMS	2
Havelock-Plover	1
Hedrick	1
Highland, Riverside	
Hinton	2
Hubbard	2
Hubbard-Radcliffe	1
Hudson	2
Humboldt	13
Hull	1
Ida Grove	9
Independence	2
Indianola	6
Interstate 35, Truro	2
Iowa City, University High	9
Iowa City; Iowa City, City High	26
Iowa City, Liberty	1
Iowa City, West	14
Iowa Falls & Iowa Falls-Alden	6
Iowa Mennonite School, Kalona	4
Iowa School for Deaf, Co. Bluffs	5
Iowa Valley, Marengo	11
Irwin-Kirkman	4
Janesville	5
Jefferson-Scranton	5
Jesup	1
Johnston	5
Kanawha	2
Kellogg	1
Keota	5
Kingsley-Pierson	14
Kingsley-Pierson/Woodbury Central (KP-WC)	2
Klemme	1
Knoxville	7
Kuemper, Carroll	3
Lake Mills	1
Lake View-Auburn	3
Lamoni	4
Laurens-Marathon	5
Lawton-Bronson	1
LDF-SEMCO, LeGrand	3
LeMars	3
Lincoln Central, Gruver	2
Linn-Mar, Marion	15
Lisbon	14
Logan-Magnolia	1

Lone Tree	5
Louisa-Muscatine	2
Lovilia	3
LuVerne	3
Lynnvile-Sully	6
Madrid	14
Maharishi, Fairfield	1
Malvern	6
Manilla; IKM	2
Manning.....	5
Manson; Mason-Northwest Webster.....	9
Maquoketa Valley, Delhi	2
Maquoketa.....	3
Marcus.....	1
Marcus-Meriden-Cleghorn	18
Marion	5
Marshalltown	24
Mason City	23
Maurice-Orange City; MOC-FV	3
Mediapolis	6
Melcher-Dallas	2
Menlo.....	3
Meriden-Cleghorn	3
Meservey-Thornton	3
MFL, MarMac	3
Mid-Prairie, Wellman	11
Missouri Valley	7
Monroe	2
Montezuma.....	3
Monticello	16
Morning Sun	2
Mount Ayr	11
Mount Pleasant	17
Mount Vernon.....	8
Muscatine	6
Nashua	1
Nevada	16
New Hampton.....	3
New Hartford	2
New London	4
Newman Catholic, Mason City	2
Newton	15
Nora Springs-Rock Falls	1
North Cedar Stanwood, Lincoln; Stanwood	4
North Central, Manly	2
North Fayette, West Union.....	7
North Iowa, Buffalo Center.....	1
North Kossuth, Swea City	2
North Mahaska, New Sharon	5
North Polk, Alleman	5
North Scott, Eldridge	5
North Tama, Traer.....	6
North Union	3
North Winneshiek, Decorah	1
Northeast Hamilton, Blairsburg	1
Northeast, Goose Lake	2
Northern University High, Cedar Falls	15
Northwood-Kensett	2

Norwalk	4
OABCIG	3
Oakland & Riverside, Oakland.....	2
Ocheyedan.....	2
Odebolt-Arthur	8
Oelwein	8
Ogden	2
Okoboji, Milford	5
Olin.....	2
Osage	5
Oskaloosa	6
Ottumwa.....	12
Oxford Junction.....	2
Panorama; Panora-Linden.....	5
Paton-Churdan.....	2
Paullina	3
PCM, Monroe.....	3
Prairie City	2
Pekin	6
Pella Christian	3
Pella	7
Perry	16
Pleasant Valley	8
Pleasantville.....	3
Pocahontas Catholic.....	1
Pocahontas	5
Pomeroy	3
Postville.....	5
Prairie, Cedar Rapids	9
Prairie, Gowrie; Prairie Valley	1
Preston-East Central	4
Primghar	2
Red Oak.....	7
Regina, Iowa City	11
Riceville.....	3
Rock Valley	3
Rockwell City	1
Rockwell-Swaledale.....	1
Roland-Story, Story City	6
Rolfe.....	2
Russell	2
Ruthven-Ayrshire	2
Sac City.....	10
St. Albert, Council Bluffs	8
Saint Ansgar	4
Sanborn	4
Schaller	2
Scranton.....	4
Sergeant Bluff-Luton	5
Seymour.....	5
Sheffield-Chapin	2
Sheldon	5
Shenandoah.....	7
Sibley	1
Sidney	4

Sigourney	5	Van Buren, Keosauqua	6
Sioux Center	6	Ventura	1
Sioux City	2	Villisca	11
Sioux City, Central	15	Vinton, Washington	3
Sioux City, East	9		
Sioux City, North	4	WACO	4
Sioux City, Trinity	1	Wahlert, Dubuque	5
Sioux City, West	6	Wall Lake	4
Sioux Rapids-Rembrandt	1	Walnut	2
Solon	10	Wapello	6
South Central Calhoun	1	Wapsie Valley, Fairbank	3
South Clay, Gillette Grove	1	Washington	7
South Hamilton, Jewell	2	Waterloo, Central	2
South Hardin	1	Waterloo, East	11
South Page, College Springs	5	Waterloo, Orange	1
South Tama County	2	Waterloo, West	17
South Winneshiek, Calmar	3	Waukee	4
South Winneshiek-Turkey Valley	1	Waukon	2
Southeast Polk, Runnells	1	Waverly-Shell Rock	8
Southeast Warren	2	Wayne Community, Corydon	1
Spencer	4	Webster City	7
Spirit Lake; Spirit Lake Park	11	Wellsburg	5
Springville	2	West Branch	13
St Marys, Remsen	3	West Burlington & West Burlington/Notre Dame	13
St. Edmond, Fort Dodge	6	West Central, Maynard	1
Stanton	1	West Delaware, Manchester	1
Storm Lake	6	West Harrison, Mondamin	2
Sumner	1	West Fork (see Sheffield-Chapin; Rockwell-Swaledale)	1
Sutherland	6	West Liberty	7
		West Lyon, Inwood	9
Terril	8	West Marshall	4
Tipton	9	West Monona, Onawa	9
Titonka	2	West Sioux, Hawarden	6
Toledo Juvenile Home	4	Western Christian, Hull	1
Treynor	17	Williamsburg	4
Tri-Center, Neola	4	Wilton	2
Tri-County, Thornburg	3	Winfield-Mount Union	3
Tripoli	3	Winterset	15
Turkey Valley, Jackson Jct.	4	Woodbine	6
		Woodbury Central, Merville	5
Underwood	3	Woodward Academy	2
Union-Whitten	1	Woodward-Granger	7
United Community, Boone	1		
Unity Christian, Orange City	5	Xavier, Cedar Rapids	10
Urbandale	2		
		Y-J-B, Jamaica	1
Valley Jct; Valley, West Des Moines	17		

SCHOOLS WITH MOST INDIVIDUAL RUNNING TITLES

Des Moines, East	45	Clinton	27
Des Moines, North	38	Iowa City, City High	26
Ames	37	Des Moines West	25
Davenport; Davenport, Central	36	Marshalltown	24
Cherokee, Washington	31	Mason City	23
Des Moines, Roosevelt	31		

FIELD EVENT CHAMPIONS

HIGH JUMP

06	(Tie) George Walker, DM West; Paul Clark, Oak Park; E.W. Moulden, Dubuque	5-04.05
07	Jesse Crawford, Des Moines, North	5-06
08	Arlo Wilson, Iowa City	5-06 7/8
09	Proctor Osborn, Des Moines, North	5-06
10	Foye Aldridge, Sioux City	5-07
11	Edwin Shrader, Iowa City	5-10
12	Clifford Barborka, Denison	5-06
13	Samuel Moore, Indianola	5-06
14	Ross Allen, Davenport	5-05
15	Clifford Baxter, Cedar Rapids	5-09.25
16	Ralph Pedersen, Des Moines West	5-05
17	Edward Rich, Maquoketa	5-08
18	Edward Rick, Cedar Rapids	5-05
19	Kenneth Young, Jr., Fort Madison	5-10
20	Fred Klindt, Mason City	5-06
21	Fred Klindt, Mason City	5-11
22	Jack Wightman, Perry	5-09.50
23	Robert Carle, Knoxville	5-09.50
24	Dick Zvacek, Cedar Rapids, Grant	5-09
25	Dick Zvacek, Cedar Rapids, Grant	5-10
26	John Robinson, Burlington	5-10.50
27	Ben Douglas, Cedar Rapids, Grant	5-10
28	William Walsmith, Davenport	5-08
29	(Tie) Ralph Mitchell, Bloomfield & Maurice Peterson, Harcourt	5-10
30	Orville Madsen, Ames	5-08.75
31	Orville Madsen, Ames	6-01 7/8
32	Orville Madsen, Ames	6-03.75
33	Maurice Kelly, Grinnell	5-11 3/8
34	Lawrence Redrick, Des Moines, East	5-11
35	Charles Ralston, West Chester	5-10.75
36	Floyd Aiken, Grundy Center	5-09.25
37	Jack Alderdice, Davenport	5-11.75
38	Cable Waldorf, Vinton	5-10.75
39	Bob Machael, Clinton	6-00.50
40	Larry Marxer, Iowa School for Deaf, CB	5-10 5/8
41	Romaine Woodward, Ames	5-10 11/16
42	Harold Fiala, Waterloo, West	5-10.25
43	Don Smith, Denison	5-10
44	Darwin Stover, Winterset	5-11 5/8
45	(Tie) John Wilson, Iowa City & Lynn King, Des Moines, Roosevelt	5-10.50
46	Lee Maddocks, Mason City	5-10.25
47	(Tie) Herb Belz, NUH, Cedar Falls; & Lloyd Core, Pleasantville	5-11.50
48	A -Gerald Cohn, Waterloo, West	5-11 3/8
	B -(Tie) Don Swartzendruber, Wellman & Bob Lange, Sac City	5-08.25
49	A -Jon Wardell, Davenport	6-00.25
	B -Don Swartzendruber, Wellman	5-08 3/8
50	A -Bob Miller, Waterloo, West	5-08
	B -Francis Ward, Adair	5-08
51	A -(Tie) Burt Kirkman, Clinton; Bill Bryant, Algona; Sam Marshall, Sibley; Al Haughey, Tama & Jim Canine, Des Moines, Roosevelt	5-08
	B -Les Stevens, Lovilia	5-11 5/8
52	A -Leonard Petsche, Harlan	5-10
	B -Les Stevens, Lovilia	6-00 3/8
53	AA -Don Nachtman, Dubuque	6-00.25
	A -Judd McDougal, LeMars	5-09.25
	B -Max Mochal, Tama	5-08.25
	C -(Tie) Al Betz, Johnston & Donald Straight, Newell	5-07
54	AA -(Tie) Mel Olson, Spencer; Max Mochal, CR, Roosevelt; Don Nachtman, Dubuque; Dave Stamp, Clinton & Jim McConnell, Des Moines, Roosevelt	5-10
	A -Hugh Allen, Harlan	6-01 1/8
	B -Dick Marsh, Postville	6-00 5/8
	C -Ted Harvey, Toledo Juvenile	5-09
55	AA -(Tie) Mel Olson, Spencer & Ted Harvey, Des Moines, East	6-01.75
	A -Bob Christy, Humboldt	5-09.75
	B -Laverne Zobel, Tama	5-11
	C -Bob Sweeney, Carlisle	5-10
56	AA -(Tie) Jim Hutchens, Waterloo, East & Lee Frandsen, Davenport	6-00 5/8
	A -(Tie) Doug Johnson, Sheldon; Bob Christy, Humboldt; Conrad Persels, Osceola & Larry Squires, Guthrie Center	5-09
	B -(Tie) Lowell Farland, Swea City; Larry Zerwas, Manning; Walt Johnson, Manilla; Don Norton, Anamosa	5-07 ¾
	C -Fred Olson, Newell	6-03 1/8
57	AA -(Tie) Kent Rogerson, Des Moines, East & Joe Bryant, Mason City	6-00 7/8
	A -Conrad Persels, Osceola	6-00 1/16
	B -(Tie) Larry Zerwas, Manning; Lonnie Lamberti, Ankeny; Paul Drefke, Emmetsburg; Dick Johnson, Villisca; Bill Kauffman, Belmond; Roy Mathews, Logan & Ron Morrison, Wilton Jct.	5-08
	C -Fred Olson, Newell	6-01 1/8
58	AA -(Tie) Al Robinette, Cedar Falls & Kent Rogerson, Des Moines, East	6-00
	A -(Tie) Harold Ferkinstad, Cresco; Lloyd Swanson, Cherokee & Bob Kentnor, Leon	5-10
	B -(Tie) Dick Shannon, Clinton St. Marys & Paul Drefke, Emmetsburg	5-10 3/8
	C -(Tie) Vern Graham, Agency & Bill Maas, Sutherland	5-10
59	AA -Emmitt Hoosman, Waterloo, East	6-02 1/8
	A -Gary Meyer, Clarion	5-10
	B -(Tie) Larry Oiler, Lamoni & Mike Reis, Woodbine	5-09.75
	C -Fred Schaffner, Salem	5-10.50
60	AA -Gayle Hopkins, Davenport Central	6-03.50
	A -Jim Anderson, Clarion	5-08.50
	B -Buster Lowery, Grundy Center	5-10
	C -Jerry Klett, Everly	5-09
61	AA -Phil Minnick, Iowa City, City	6-02
	A -Dave Awtry, Lake City	5-11.75
	B -Dave Korver, Maurice-Orange City	5-10.50
	C -Duane VanWyk, Prairie City	5-08
62	AA -Gary Gordon, Iowa City, City	6-00
	A -(Tie) Charles Streit, Algona; John Sellers, Cambria; John Spitzer, Iowa City, University High & Dwight Davis, Perry	5-08
	B -(Tie) Gordon Watkins, Eddyville & Wally Welander, Woodbine	5-08.25

	C-Duane VanWyk, Prairie City	5-08.25
63	AA-Don Timmerman, Davenport, West.....	6-00.25
	A-Ron Owen, Maquoketa	5-10.50
	B-Gordon Watkins, Eddyville.....	5-09
	C-Tom Knott, Coggon.....	5-10.50
64	AA-Don Timmerman, Davenport, West.....	6-02
	A-John Slutts, Cardinal, Eldon	6-02
	B-Lawrence Holley, Carroll.....	6-02.25
	C-Dave Jargo, Preston	5-10.25
65	AA-John Winkle, Sioux City, East	6-03.25
	A-Mike Morse, Jefferson	6-02
	B-Lloyd Thornburg, Pleasantville	6-02.50
	C-Dave Jargo, Preston	5-11
66	AA-Skip Anderson, Cedar Falls	6-03
	A-David Larsen, Harlan	6-02.50
	B-Lloyd Thornburg, Pleasantville	6-03.75
	C-Mike Hazelhoff, Swea City.....	6-00.25
67	AA-Bill Kirchwen, Clinton	6-03
	A-David Larsen, Harlan	6-02
	B-John Sehman, Dallas Center	6-00
	C-Bob Nevitt, Earlham.....	6-00
68	AA-Kent Magnuson, Fort Dodge	6-04
	A-Tim Newberry, St. Edmond, Fort Dodge	5-07.75
	B-Dave Krantz, Highland, Riverside.....	5-09
	C-Dennis Spencer, Panorama.....	5-10
69	AA-Greg Dana, Waverly-Shell Rock	6-04.50
	A-Tim Newberry, St. Edmond, Fort Dodge	6-02
	B-Keith Steva, MFL, Monona	6-00
	C-Dave Ricketts, Solon.....	6-02
70	AA-Blaine Koch, Davenport, West	6-05
	A-Steve Williams, Clarinda.....	6-02
	B-Carl Horstman, Paullina.....	5-10
	C-Scott Ruch, Ar-We-Va, Westside.....	6-02
71	AA-Tom Pantenberg, Ames	6-06
	A-Steve Williams, Clarinda.....	5-11.50
	B-Willie DeMan, Alta.....	6-00
	C-Tom Winchell, Treynor.....	6-04
72	AA-Greg Ferguson, Waterloo, East	6-05
	A-Colin Henderson, Starmont	6-00
	B-Todd Surber, Maurice-Orange City.....	6-03
	C-Bill Seely, CAL, Latimer	6-00
73	AA-Kevin O'Neill, Wahlert Catholic, Dubuque	6-06
	A-Steve Stepanek, Cedar Rapids, LaSalle	6-05
	B-Chris VanAuken, Columbus Jct.	6-06
	C-Pat Clarkson, Preston	6-01
74	AA-Dick Garland, Marshalltown	6-07.25
	A-Steve Stepanek, Cedar Rapids, LaSalle	6-06.25
	B-Greg Willey, West Monona, Onawa.....	6-04
	C-Bill Green, Dexfield, Redfield	6-02
75	AA-Steve Kuehl, Clinton.....	6-10.25
	A-Wes Schwarzenstein, Sumner.....	6-06
	B-Leroy McCuen, Corning.....	6-05
	C-Neal Gonnerman, Clay Central.....	6-01
76	AA-Brad Kuhn, Fort Dodge	6-04
	A-Keith Lauritzen, Audubon	6-04
	B-Leroy McCuen, Corning.....	6-06.50
	C-Jim Franzen, Fredericksburg	6-02
77	AA-Doug Smith, Newton	6-08
	A-Rod Smith, West Liberty	6-04
	B-Dan Meade, North Linn, Coggon/Troy M.....	6-07
	C-Mark Roberts, Sioux Valley, Linn Grove.....	6-04
78	AA-John Arnaud, Sioux City, North.....	6-06
	A-Calvin Rickles, Monticello	6-04
	B-Steve Arens, Gehlen Catholic, LeMars.....	6-04
	C-Doug Lockin, Aurelia.....	6-04
79	AA-Kirk Hobbs, Cedar Rapids, Washington.....	6-08
	A-Randy Booth, Grinnell.....	6-04
	B-Ray Storck, Iowa Valley, Marengo.....	6-04
	C-Mike LaFrenz, SEMCO, Gilman	6-02
80	AA-Paul Marchael, Iowa City, City	6-08
	A-Rick Bolsinger, Guttenberg	6-06
	B-Brian Tietjens, North Central, Manly	7-00.25
	C-Kelly Kain, Prairie City	6-02
81	AA-Mike Tigges, Dubuque, Senior.....	6-08
	A-Larry Harmon, Northeast, Goose Lake.....	6-06.50
	B-Brian Tietjens, North Central, Manly	7-03.50
	C-Daryl Schnoes, Paullina.....	6-04
82	4A-Curtis Morrow, Des Moines, East	6-09
	3A-Jim Lloyd, Iowa Falls.....	6-05
	2A-Airell Clark, Belmond	6-05
	1A-John Vaske, NESCO, Zearing	6-04
83	4A-Lance Eaton, Valley, WDM.....	6-06
	3A-Peter Hayes, Atlantic	6-09
	2A-Matt Kayser, Cardinal, Eldon	6-06
	1A-Marlin Bryant, Malvern.....	6-08
84	4A-K.P.Lansing, Linn-Mar	6-09
	3A-Pat Meade, North Linn, Coggon/Troy M	6-10
	2A-Steve Phyfe, Nashua	6-04
	1A-Marlin Bryant, Malvern.....	6-06
85	4A-Scott Anderson, Muscatine.....	6-08
	3A-Brent Wright, Ballard.....	6-10.50
	2A-Pat Conlon, Clarion.....	6-07
	1A-Cal Alexander, Hubbard.....	6-07
86	4A-Kevin Freeman, Spencer	6-06
	3A-Ken Fox, St. Albert, Co. Bluffs	6-04
	2A-Pat Conlon, Clarion.....	6-10
	1A-Cal Alexander, Hubbard.....	6-08.25
87	4A-Andy Jacobson, Spencer.....	6-09
	3A-Mike Bentley, Turkey Valley.....	6-08
	2A-Darwin Vande Hoef, Rock Valley.....	6-10
	1A-Steve Dinkla, Cumberland & Massena	6-06
88	4A-Steve Daugherty, Prairie, Cedar Rapids.....	6-09
	3A-Brad Goheen, Norwalk.....	6-06
	2A-Darwin Vande Hoef, Rock Valley.....	7-00
	1A-Rob Penningroth, Clarence-Lowden.....	6-05
89	4A-Steve Daugherty, Prairie, Cedar Rapids.....	6-09
	3A-Tom Dunham, West Marshall	6-06
	2A-Darwin Vande Hoef, Rock Valley.....	6-10
	1A-Ron Wiese, Manning.....	6-04
90	4A-Pete Herber, Dubuque, Senior	6-10
	3A-Andy Thompson, Johnston	6-06
	2A-Gary Arends, Nashua	6-09
	1A-Don Wolf, St. Mary, Storm Lake	6-04
91	4A-Scott Paulson, Indianola	6-09
	3A-Bill Betterton, Carlisle.....	6-04
	2A-Scott Hudek, Pocahontas	6-10
	1A-Steve Stahmer, Andrew	6-07
92	4A-Todd Johnston, Waterloo, West	6-08
	3A-Shawn Young, Saydel.....	6-08
	2A-Chris Greiner, Cardinal, Eldon	6-06

	1A-Zack Jones, Malvern.....	6-08.50	07	4A-Noah Kittelson, Indianola.....	6-06
93	4A-Terry Bensink, Dubuque, Hempstead	6-06		3A-Colten Kelly, Anamosa.....	6-07
	3A-Jon Oostra, Western Christian, Hull	6-04		2A-Nick Riesselman, Kuemper Catholic	6-06
	2A-Shawn Young, Saydel	6-07		1A-Luke Thompson, Montezuma	6-10
	1A-Brandon Wade, Rockwell City-Lytton	6-06	08	4A-TrayVonn Wright, Waterloo West	6-10
94	4A-Marcus Clark, Davenport, West.....	6-09		3A-Colten Kelly, Anamosa.....	6-11
	3A-Adam Almquist, Clarinda	6-05		2A-Jordan Sathoff, Pekin.....	6-10.50
	2A-Erik Donahue, Waukee	6-06		1A-Kody Gillaspie, Westwood, Sloan.....	6-08
	1A-Brandon Wade, Rockwell City-Lytton	6-06	09	4A-Noah Kittleson, Indianola.....	6-08
95	4A-Ed Berlin, Urbandale.....	6-07		3A-Weston Ketelsen, Central Clinton, DeWitt.....	6-06
	3A-Rich Wemer, Grinnell.....	6-05		2A-Matt Huseman, East Sac County.....	6-06
	2A-Cory Spencer, Colo-Nesco	6-07		1A-Kody Gillaspie, Westwood, Sloan.....	6-07
	1A-Sean Clark, Manning	6-06	10	4A-Noah Kittleson, Indianola.....	6-10
96	4A-Ed Berlin, Urbandale.....	6-06		3A-Stephen Meyer, Oelwein.....	6-04
	3A-Joey Brunkhorst, Iowa Falls.....	6-07		2A-Jerad Croghan, IKM-Manning.....	6-08
	2A-Court Lutgen, North Fayette, West Union	6-04		1A-Jordan Cress, Olin	6-07
	1A-Sean Clark, Manning	6-05	11	4A-Tyler Donels, Southeast Polk	6-08
97	4A-Dan Colony, CR, Washington.....	6-08.25		3A-Stephen Meyer, Oelwein.....	6-07
	3A-Jason Nekola, South Tama County	6-07		2A-Braydee Poore, Mount Ayr.....	6-04
	2A-Joey Brunkhorst, Iowa Falls.....	6-10		1A-Jordan Cress, Olin	6-09
	1A-Jesse Arnold, Martensdale-Saint Marys	6-07	12	4A-Justin Randall, Burlington	6-08
98	4A-Rory Howell, Linn-Mar	6-08		3A-Austin Krohn, Sergeant Bluff-Luton	6-06
	3A-Tom Schmidt, Atlantic.....	6-04		2A-Cody Jamison, Monticello	6-04
	2A-Jake Kingery, PCM, Monroe.....	6-08		1A-Jared Schoelerman, Clay Central-Everyly.....	6-07
	1A-Jesse Arnold, Martensdale-Saint Marys	6-02	13	4A-Justin Randall, Burlington	6-08
99	4A-Andy Kohler, Ames	7-00		3A-Daniel Schwartz, Fairfield	6-06
	3A-Aaron Pence, Fort Madison	6-04		2A-Jeff Giannettino, W Burlington-Notre Dame ..	6-09
	2A-Travis Wielenga, Sioux Center	6-06		1A-Josh Markert, Manson NW Webster.....	6-04
	1A-Josh Dubberke, Hubbard-Radcliffe.....	6-04	14	4A-Jared Seay, Johnston	6-07
00	4A-Andy Kohler, Ames	6-06		3A-Reese Iversen, Dallas Center-Grimes	6-05
	3A- Tyler Anderson, Carroll.....	6-04		2A-Jeff Giannettino, W Burlington/Notre Dame...	6-10
	2A-Matt Harken, Aplington-Parkersburg	6-10		1A-Mitchell Martin, Danville	6-07
	1A-Cale Van Genderen, Lynnvile-Sully	6-05	15	4A-Jared Seay, Johnston	6-09
01	4A-Andy Anderson, Boone	6-02		3A-Cal Zahn, Webster City.....	6-06
	3A-Jeff Witthoff, Washington.....	6-04		2A-Jeff Giannettino, West Burlington/N Dame ..	6-11
	2A-Kyle Klein, Okoboji, Milford.....	6-07		1A-Cole Moeller, Calamus-Wheatland	6-09
	1A-Cale Van Genderen, Lynnvile-Sully	6-07	16	4A-Suni Lane, Bettendorf	6-07
02	4A-Jason Bice, Bettendorf.....	6-04		3A-Cantrall Cameron, Spencer	6-08
	3A-Ben Honig, Glenwood	6-08		2A-Xavior Williams, West Burlingt'n/Notre Dame	7-00
	2A-Bill McConnaha, West Branch	6-07		1A-Cole Moeller, Calamus-Wheatland	6-10
	1A-Jaron Van Mannen, Lynnvile-Sully	6-06	17	4A-Chuol Chuol, Ames	6-05
03	4A-Steve Cantry, Cedar Rapids Kennedy.....	6-06		3A-Blair Brooks, Marion.....	6-07
	3A-Ben Honig, Glenwood	6-08		2A-Miles Rupiper, Kuemper Catholic	6-06
	2A-Ryan Rasmussen, Davis County	6-06		1A-Cole Moeller, Calamus-Wheatland	6-08
	1A-Eric Johnson, Newell-Fonda.....	6-08	18	4A-Jacee Clark, Waterloo, East	6-08
04	4A-Aaron Bentle, Mason City	6-06		3A-Keith Keahna, South Tama County	6-07
	3A-Ryan Rasmussen, Davis County	6-06		2A-Miles Rupiper, Kuemper Catholic	6-07
	2A-Luke Branderhorst, Pella Christian	6-06		1A-Cauy Spidle, Central Decatur	6-05
	1A-Jaron VanMaanen, Lynnvile-Sully	6-10	19	4A-Grant Kelchen, Epworth, Western Dubuque..	6-08
05	4A-Mat Clark, Ames	6-05		3A-Landon Kooiker, Fairfield.....	6-07
	3A-Marc Meierotto, Fort Madison	6-07		2A-Grant Brouwer, Sibley-Ocheyedan	6-09
	2A-Dan Rolling, Okoboji, Milford	6-09		1A-Elliott Hagebock, North Union.....	6-06
	1A-Ehi Oamen, Hinton.....	6-07	20	Season canceled due to COVID-19.	
06	4A-Kyle McCain, Southeast Polk	6-03	21	4A-Logan Flanagan, Dubuque, Senior.....	6-05
	3A-Marc Meierotto, Fort Madison	6-10		3A-Ian Collins, Charles City.....	6-09
	2A-Josh Bradley, St. Edmond, Fort Dodge	6-07		2A-Isaac Jones, Clarinda	6-06
	1A-Ehi Oamen, Hinton.....	6-11		1A-Gunner Meyer, Wapsie Valley	6-05

LONG JUMP

06	Charles McMartin, Des Moines West	20-06.50	B -Bill Warner, Woodbine	20-06.25
07	Carl Harris, Des Moines West	21-02	C -Bob Mister, Iowa School for Deaf	21-08.75
08	George Baird, Des Moines West	20-11.50	54 AA -Bob Warren, Centerville	21-07.25
09	Norman Guth, Des Moines East	20-07	A -Ross Pilkington, Red Oak	21-01.50
10	Raymond McBain, Des Moines West	21-09.50	B -John Whitehead, Greene	20-11.25
11	Raymond McBain, Des Moines West	21-03	C -Terry Stevens, Fayette	20-07 1/8
12	Lawrence Dutton, Anamosa	21-01	55 AA -Ted Harvey, Des Moines, East	22-10 1/8
13	Lawrence Dutton, Anamosa	21-02	A -Bob Brandt, Denison	21-03 1/8
14	Leo Nugent, Anamosa	20-00.50	B -Earl VanSteenhuysen, Wellsburg	20-08.50
15	Will Paige, Fort Dodge	20-09.25	C -Ralph Aasheim, Bode	20-00.50
16	(Tie) Robert Howard, Des Moines West & Paul Gates, Sioux City	20-11	56 AA -Ron Altenberg, Marion	21-04 5/8
17	Paul Gates, Sioux City	20-03	A -Bob Brandt, Denison	21-01.50
18	Cecil Brewton, Mason City	20-00.50	B -Kenneth Singer, Sac City	19-04.50
19	Eric Wilson, Iowa City	20-09	C -Bill Edgar, Grand Junction	19-10 3/8
20	Gerald Hass, Sioux City	19-07	57 AA -Bob Sojka, Cedar Rapids, Wilson	21-05
21	Morgan Taylor, Sioux City Central	20-06.50	A -Chuck Runge, DeWitt	22-00.50
22	John Everingham, Fort Madison	20-10	B -Danny Mairet, Keosauqua	19-10.75
23	John Everingham, Fort Madison	21-10	C -Larry Wink, Moville	19-02 5/8
24	Harold Morris, Colfax	22-04.25	58 AA -Gary Cleghorn, Spencer	21-10.75
25	Joe Lillard, Mason City	20-08.50	A -Jim VanWerden, Winterset	20-05.50
26	Vane Snorf, Des Moines, Roosevelt	20-03.25	B -Duane Petz, Williamsburg	21-05 5/8
27	Frank Baker, Cedar Rapids, Washington	21-07.75	C -Jerry Barrick, Blairsburg	19-06.75
28	Bob Chase, Des Moines, Roosevelt	21-05.50	59 AA -Gayle Hopkins, Davenport, Central	21-07.50
29	Harold England, Creston	21-10.50	A -Doug Cumming, Eagle Grove	19-05.75
30	Floy Gates, Des Moines, North	21-10.50	B -Lonnie Rogers, English Valleys	21-03.25
31	Richard Warren, Eldora Training School	23-03	C -Dick Umsted, Harcourt	20-08.75
32	Skeets Haltom, Creston	22-03 1/8	60 AA -Jim Piper, Ames	22-10.50
33	Jack Parker, Lamoni	22-07.50	A -Doug Cumming, Eagle Grove	21-02.50
34	Herbert Eaton, Sidney	21-05.50	B -Lonnie Rogers, English Valleys	22-01.25
35	Jack Phillips, Webster City	21-05.75	C -Dennis DeWitt, Elliott	20-05
36	John Davenport, Cedar Rapids, McKinley	21-10	61 AA -Lloyd Mathews, Sioux City, Central	22-08.50
37	Jack Wilson, Davenport	21-01.25	A -Lyle Wilke, Central Lyon, Rock Rapids	21-05.50
38	Billy Green, Newton	22-09.50	B -Dennis Sims, Anita	20-06.25
39	Wilbur Workman, Grinnell	22-05	C -Lloyd VanZee, Prairie City	19-04.75
40	Wilbur Workman, Grinnell	21-01.50	62 AA -Harry Alley, Winterset	22-09
41	Bill Draper, Co. Bluffs, Thomas Jefferson	21-04 3/8	A -John Wagner, Perry	21-11.25
42	John Thompson, Muscatine	22-05.25	B -Jack Cooper, Carlisle	20-04
43	Dick Muhl, Fort Dodge	21-05.25	C -Lloyd VanZee, Prairie City	21-02
44	Gordon Kastler, Des Moines, Lincoln	21-10	63 AA -Tom Landsberg, Ames	22-00.25
45	James Burlingame, Clinton	20-03.50	A -John Wagner, Perry	22-04.75
46	Al Ballard, Ames	22-00 7/8	B -Dennis Sims, Anita	21-07
47	Don Green, Ames	21-11	C -Charles Malm, Pocahontas Catholic	21-04.50
48	A -Carl Midcalf, Cedar Rapids, McKinley	20-05.25	64 AA -Tom Landsberg, Ames	23-03.75
	B -Dick Hoel, Lake Mills	19-10	A -Ken Brauman, Eagle Grove	22-01.50
49	A -Tom Shupe, Clarion	21-09	B -John Lounsbury, NUH, Cedar Falls	20-08.75
	B -Jim Kent, Mount Vernon	19-00.50	C -Charles Malm, Pocahontas Catholic	21-02
50	A -Tom Shupe, Clarion	21-06 1/8	65 AA -Skip Gooch, Mason City	22-01
	B -Jim Kent, Mount Vernon	21-00.25	A -Ken Brauman, Eagle Grove	21-10
51	A -Reggie Atkins, Des Moines, East	21-05	B -Craig Lewis, Emmetsburg	22-05.25
	B -Gary Beckley, Grundy Center	20-10	C -Steve Chambers, Treynor	21-04
52	A -Phil Leahy, Clinton	21-04	66 AA -Gregg Kohrs, CB, Thomas Jefferson	22-07.25
	B -Don White, Lamoni	21-03	A -Lenny Dunham, West Marshall	22-02.50
53	AA -Norval Lee, Cedar Rapids, Roosevelt	21-00	B -Rodney Nelson, Aurelia	22-09
	A -Tom Ecker, Waverly	21-08.75	C -Bob Vermett, NE Hamilton	22-00
			67 AA -Gregg Kohrs, CB, Thomas Jefferson	22-05.75

	A-Lenny Dunham, West Marshall.....	22-08		3A-Rich White, Creston	21-06.50
	B-Mike Junck, Woodbury Central.....	22-09.25		2A-Mark Zuber, Iowa Valley, Marengo	22-00.75
	C-Rex Bristow, LuVerne	21-01		1A-Dave Hawkins, Bennett.....	21-07.75
68	AA-Landy Waller, CR, Washington	22-11.50	83	4A-Chris Walker, Davenport, Central	24-01
	A-Jim Simpson, Marion	22-00.75		3A-Rod Suazo, North Fayette, West Union.	21-05.75
	B-Mike Maxted, West Harrison.....	21-05.25		2A-Tork Hook, Wayne, Corydon	22-02.25
	C-Neil Mandsager, Goldfield	22-00		1A-John McCombs, Sx Rapids-Rembrandt	21-11.75
69	AA- Walter Ewing, Davenport, Central.....	22-03.25	84	4A-Chris Walker, Davenport, Central	24-00.50
	A-Ted Leverenz, Ankeny	22-05.25		3A-Greg Rogers, Center Point	22-00.50
	B-Mike Everett, Carroll	20-05.75		2A-Matt Zuber, Iowa Valley, Marengo	21-10
	C-Don Bristow, LuVerne	20-10.25		1A-Phil Forbes, Lone Tree	20-08.25
70	AA-Mark Chardoulis, Fort Dodge	22-04.75	85	4A-Mike Anderson, Waterloo, East	22-06.75
	A-Dennis Thorson, Humboldt	22-02.50		3A-Sam Gout, Estherville	22-04
	B-Garry Hutchinson, West Harrison	21-00.25		2A-Matt Zuber, Iowa Valley	24-03
	C-Mark Swalley, Sanborn.....	21-03		1A-Phil Forbes, Lone Tree	21-05.75
71	AA-Ken Jackson, Waterloo, East	22-10.50	86	4A-Lyle Taylor, Indianola.....	22-02
	A-Randy Van Voorst, Western Christian	20-01.75		3A- Willie Barney, Mount Pleasant.....	22-09.75
	B-Mike Wehner, Schleswig	21-07.25		2A-Jeff Gavin, Regina, Iowa City	22-04
	C-Tom Schroeder, Preston.....	21-09.50		1A-Lant Doran, Paton-Churdan.....	21-08
72	AA-Ken Jackson, Waterloo, East	22-04	87	4A-Marvin Sims, Iowa City, West	22-08
	A-Steve Little, Jefferson	21-03		3A-Paul Blazek, Turkey Valley	22-00.75
	B-Craig Buhrow, Milford	21-01		2A-Lynn Van Beek, Sioux Center.....	21-10.25
	C-Dale Greimann, Sheffield-Chapin	21-03.50		1A-Steve Dinkla, Cumberland & Massena	21-00
73	AA-Dennis Green, Davenport, Central.....	23-04	88	4A-Darren Smith, North Scott.....	23-04.50
	A-Tom Meade, Williamsburg	21-01.75		3A-Mike Otting, Cascade.....	22-08.50
	B-Jim Marker, Northwood-Kensett	21-04.50		2A-Brian Tucker, Corning	22-06.25
	C-Brent Hoegh, Elk Horn-Kimballton.....	21-03.25		1A-Eric Pingel, Sutherland	22-00.25
74	AA-Jay Dana, Waverly-Shell Rock.....	22-06.25	89	4A-LaVance Banks, Bettendorf	22-11.50
	A-Doug Rempp, West Marshall.....	21-11		3A-Cole Honeck, Hampton-Dumont.....	22-00.75
	B-Randy Murray, Columbus Jct.	22-01.25		2A-Brian Tucker, Corning	23-01
	C-Greg Capell, Fayette.....	22-06.50		1A-Richard Harris, GMG, Garwin	21-08
75	AA-Dennis Green, Davenport, Central.....	23-04.50	90	4A-Todd Madsen, Webster City	23-08
	A-Jeff Wettach, Mount Pleasant.....	21-09.50		3A-Jamie Leonard, Dallas Center-Grimes	21-11
	B-Randy Murray, Columbus Jct.	22-06		2A-Jason Zoske, Hubbard.....	22-02
	C-Greg Van Pelt, Panora-Linden.....	21-04		1A-Chad Morton, CAL-Dows	21-07.50
76	AA-Tim Wiseman, Davenport, Central	23-01	91	4A-John Barnett, Ames	22-06.75
	A-Gary Crawford, Washington	22-08.75		3A-Scott VanWyngarden, Knoxville	22-06
	B-Leroy McCuen, Corning.....	21-01		2A-Rick Aalfs, BCL, Conrad	21-10.75
	C-Greg Van Pelt, Panora-Linden.....	20-08.50		1A-David Elser, South Clay, Gillett Grove ...	21-07.50
77	AA-Dave Minnick, Ames	22-10.25	92	4A-Tim Dwight, Iowa City, City	23-03.25
	A-John Dietrich, Emmetsburg	22-01.50		3A-Shawn Young, Saydel.....	22-08
	B-Leroy McCuen, Corning.....	22-04.50		2A-Deon Wingert, Bishop Garrigan	21-10.50
	C-Kent Krug, West Bend	21-07.25		1A-Mark Hall, Whiting.....	21-09
78	AA- Wayne Denton, Waterloo, West.....	23-02.50	93	4A-Tim Dwight, Iowa City, City	23-05.50
	A-Dave Showalter, Mid-Prairie	22-01.50		3A-Andrew Paulsen, Waverly-Shell Rock	21-08
	B-Dave Burris, NUH, Cedar Falls.....	21-11		2A-Jeff Buss, Denver.....	21-09.75
	C-Kurt Harle, Kanawha.....	22-00.75		1A-Matt Hall, Hinton	21-09
79	AA- Wade Harrington, Davenport Central....	23-06.25	94	4A-Tim Dwight, Iowa City, City	23-11
	A-Chuck Meyer, North Fayette.....	22-00		3A-Andrew Paulsen, Waverly-Shell Rock ...	22-08.50
	B-Dan Bloomquist, Cardinal	21-05.25		2A-Curt Accola, Ballard, Huxley	22-04
	C-Kurt Harle, Kanawha.....	21-11.25		1A-Matt Hall, Hinton	21-09.50
80	AA-Claude Perkins, Waterloo, Central.....	22-11.75	95	4A-Mark Norman, Waterloo, East	22-02
	A-Chuck Meyer, North Fayette.....	22-05.50		3A-Bryan Gilbreath, Waverly-Shell Rock.....	20-10
	B-Dave Groen, Sioux Center.....	21-05.50		2A-Curt Accola, Ballard, Huxley	21-8
	C-Geoff Rupe, Maxwell.....	22-04.50		1A-Kevin Wise, South Page, College Spr. ..	22-00.50
81	AA-Ron Foreman, Des Moines, East.....	22-11	96	4A-Jess Holland, Iowa City, City	23-01.50
	A-Eric Evans, Iowa Falls	21-07.75		3A-Troy Shulte, Bishop Heelan	21-05
	B-Brian Tietjens, North Central	22-08.75		2A-Josh Gondek, Mount Vernon	20-07.50
	C-Dave Hawkins, Bennett	22-00		1A-Kevin Wise, South Page, College Spr. ..	21-03.25
82	4A-Chris Walker, Davenport, Central	22-06.50	97	4A-Terry Reiners, Fort Dodge	22-06.50

	3A-Bryan Gilbreath, Waverly-Shell Rock.....	23-04	3A-Kyle Crossett, Knoxville	22-04.50
	2A-Josh Gondek, Mount Vernon	22-06	2A-Sid Hanson, Dike-New Hartford.....	22-02.25
	1A-Tim Dodge, Rockwell-Swaledale	23-01	1A-Mason Tompkins, Montezuma.....	22-03.75
98	4A-Adam Bengel, Ankeny	22-01	10 4A-Kenny Gilmore, Davenport, Central	22-03.75
	3A-Brad Witthoft, Washington	22-06	3A-Riley McCarron, Wahlert, Dubuque	22-04.50
	2A-Darin Naatjes, West Lyon, Inwood	22-01	2A-Justin Wohler, Hartley-Melvin-Sanborn	22-02.75
	1A-Chris McCullough, Pleasantville	22-02.25	1A-Zach Steinhoff, Manson NW Webster ...	21-11.50
99	4A-Kolby Jones, Dowling Catholic, WDM	23-00.50	11 4A-Kenny Gilmore, Davenport, Central	23-01.75
	3A-Ben Hall, Harlan.....	22-10.25	3A-Riley McCarron, Wahlert, Dubuque	22-05
	2A-Josh Hanson, North Fayette	21-09.25	2A-Caleb Freund, Durant	21-08.75
	1A-David Rhodes, Iowa Mennonite.....	22-00.25	1A-Nick Efkamp, Madrid.....	23-02.50
00	4A-Hakim Hill, Iowa City, City.....	22-06	12 4A-Jerry Westerfield, Davenport, North	24-01
	3A-Adam Haluska, Carroll.....	21-07.75	3A-Grant May, Glenwood	22-00
	2A-Matt Ditch, Center Point-Urbana.....	21-09.25	2A-Dalton Ferch, West Marshall.....	22-11.75
	1A-Lee Roden, West Harrison	21-00.50	1A-Josh Markert, Manson NW Webster.....	22-06.50
01	4A-Hakim Hill, Iowa City, City.....	22-11.50	13 4A-Derek Jacobus, CR, Kennedy	22-10.25
	3A-Adam Haluska, Carroll.....	22-01	3A-Chandler Diercks, Clear Lake	22-06.25
	2A-Bret VanWyk, Pella Christian.....	22-02.75	2A-Connor Hainer, Colfax-Mingo	22-10.50
	1A-Nick Bender, Madrid	21-02.75	1A-Josh Markert, Manson NW Webster.....	22-04.50
02	4A-Rumel Monk, Des Moines Lincoln	22-07.25	14 4A-Curtis McCrary, Linn-Mar, Marion.....	23-01
	3A-Adam Haluska, Carroll.....	22-05.25	3A-Chandler Diercks, Clear Lake	23-04.25
	2A-Cody Eichmeier, AGWSR, Ackley	22-11.50	2A-Haris Takes, Cascade.....	21-04.75
	1A-Nick Bender, Madrid	22-02.50	1A-Patrick Sheehey, Pleasantville	22-04.50
03	4A-Jordan Crosby, Fort Dodge	22-06.25	15 4A-DeAngelo Jackson, Dubuque, Senior....	22-08.25
	3A-Paul Aanonson, Ballard, Huxley	21-10	3A-Ty Cassult, West Delaware.....	21-11.50
	2A-Devan Moylan, Panorama	21-09.50	2A-Chandler Diercks, Clear Lake	23-03.25
	1A-Jaron VanMaanen, Lynnville-Sully	22-07.75	1A-Bryce Newcomb, GMG, Garwin.....	21-09.25
04	4A-Ben Evans, Iowa City, City	22-09.50	16 4A-DeAngelo Jackson, Dubuque, Sr.....	23-07
	3A-Mike Keller, Storm Lake.....	21-09	3A-Chase Van Sant, Pella	22-00.50
	2A-Dustin Baum, Eldora-New Providence	22-08.50	2A-Xavior Williams, W Burlington/N. Dame	23-08.25
	1A-Eric Parker, Northwood-Kensett	21-11	1A-Jovonte Squiers, Lone Tree.....	22-04.75
05	4A-Aaron Jarosh, Ankeny	22-07.50	17 4A-Kevin Kurth, Davenport, Central	22-03.50
	3A-Aaron Albus, LeMars	21-04	3A-Blair Brooks, Marion.....	22-07.50
	2A-Tristan Evans, Starmont, Arlington	22-00	2A-Miles Rupiper, Kuemper Catholic	21-11.25
	1A-Eric Smith, West Harrison, Mondamin....	21-06.50	1A-Jovonte Squiers, Lone Tree.....	21-07.75
06	4A-Matt Kleven, Mason City.....	22-04	18 4A-Terrell Jordan, Jr., CR Kennedy	22-05
	3A-DaMarcus Taylor, Carlisle	22-03.25	3A-Ajay Reed, Gilbert.....	23-00
	2A-Nick Pearson, South Hardin, Eldora	22-07.75	2A-Miles Rupiper, Kuemper Catholic	22-01
	1A-Steven George, Maharishi, Fairfield	22-10.75	1A-Ryan Miller, North Linn	22-03.75
07	4A-Matt Kleven, Mason City.....	22-08.25	19 4A-Damon Jaeger, Epworth, Western Dub. ...	22-7.75
	3A-Alex Spielman, Ballard.....	22-01.75	3A-Keyontre Clark, Bishop Heelan, S.C.....	21-7.25
	2A-Lucas Bostrom, North Fayette	21-05.50	2A-Parker Kiewiet, Dike-New Hartford	22-10.75
	1A-Josh Willert, West Hancock, Britt.....	21-04.75	1A-Josef Smith, West Hancock.....	21-10
08	4A-Derek Williams, Marshalltown.....	21-10.50	20 Season canceled due to COVID-19.	
	3A-Trevor Galbreath, Keokuk.....	21-06.50	21 4A-Drew Bartels, Cedar Rapids, Kennedy	23-06
	2A-Nick Pulscher, Sheldon.....	21-07.50	3A-Ian Collins, Charles City.....	23-00.75
	1A-Zach Bennington, Central Elkader.....	22-02.50	2A-Cooper DeJean, OABCIG.....	23-07.50
09	4A-Kenny Gilmore, Davenport, Central.....	22-02	1A-Kole Becker, Lisbon	22-04

SHOT PUT

06	Ray Murphy, Ida Grove	44-07	12	Kenneth C. Humble, Marion	42-05
07	Merle Alderman, Marion	45-03	13	Francis Heaney, Cedar Rapids	43-00
08	Donald Wagner, Des Moines West	40-07	14	Elliott Purmort, Des Moines West.....	41-11
09	C. Eugene Van Gent, Ottumwa	44-06	15	Frank Hargens, Davenport	45-07
10	Rudolph Hoper, Hartley	44-10	16	Harold McKowan, West Des Moines	44-04
11	Howard Aldrich, Sioux City	43-07.25	17	Everett Muir, Hampton.....	45-01

18	Everett Muir, Hampton.....	45-10	58	AA -Dick Pilgrim, Davenport.....	56-08.75
19	Curtis Morton, Des Moines North	43-11		A -Mike Welch, Sac City	54-06
20	Lloyd Hills, Blanchard	41-10		B -Bob Zaehring, Clinton St. Mary's.....	50-10 3/8
21	Herb Boettger, Grinnell.....	45-02.50		C -Bill Reif, Kalona.....	50-02.50
22	Paul Little, Des Moines East.....	45-10	59	AA -Lee Carlson, Dubuque	60-00.50
23	Gordon Meeter, Hawarden	46-00.75		A -Jim Spooner, Storm Lake	52-04
24	Ray Cherry, West Chester.....	44-07 5/8		B -Dean Gerber, Holstein	51-03.75
25	Lawrence Coomer, Dayton.....	46-7		C -Gary Bintz, Sutherland.....	44-11.50
26	Charles Barge, Montezuma.....	47-09.75	60	AA -Bob Berry, Burlington	58-00
27	John Larson, Sergeant Bluff.....	45-05		A -Terry Carlson, Humboldt.....	49-04
28	Wayne Massey, Renwick	48-03 5/8		B -Gregg Harrison, Eldora	49-01
29	Edmund Cook, Keokuk.....	47-03.50		C -Bruce Petrich, Sanborn.....	46-10.25
30	John Smolar, Atlantic.....	47-05 3/8	61	AA -Wayne Thimmesch, Burlington	55-09.75
31	Bob Earl, Des Moines, North	48-10 7/8		A -Larry Strickler, Sigourney.....	50-11.75
32	John Whinnery, Fort Dodge.....	48-01.50		B -Joel Harris, Carroll	48-07
33	Floyd DeHeer, Oskaloosa	46-11.50		C -Andy Ness, Sioux Rapids	47-10.50
34	Floyd DeHeer, Oskaloosa	54-06	62	AA -Jim Miller, Des Moines, North	56-00.75
35	Allen Dillon, Des Moines, Roosevelt.....	48-00		A -Jim Bayse, Grundy Center.....	49-07.50
36	Allen Dillon, Des Moines, Roosevelt.....	53-02.25		B -Joel Harris, Carroll	50-05
37	Noble Ferren, Centerville.....	49-05		C -Andy Ness, Sioux Rapids	48-02
38	John Welchman, Davenport	48-03	63	AA -Tom Knutson, CR, Jefferson	58-02.75
39	Ira Lund, Clinton	50-01 1/8		A -Harold Sorenson, Bedford	54-09.50
40	Dick Bliss, Ames	53-09		B -Joel Harris, Carroll	52-07.50
41	Dick Hoerner, Dubuque	50-04 5/8		C -Doug Winter, Ocheyedan.....	49-03.75
42	Bob Hendren, Clarinda	49-07.50	64	AA -Terry Huff, Davenport, Central	55-08
43	Dave Williams, Ottumwa	46-08 1/8		A -Dennis McNulty, Belmond.....	51-05.50
44	Dave Williams, Ottumwa	48-08.50		B -Jim Norman, Adel	54-10.25
45	Bob Nelson, Des Moines, North	49-05.75		C -Ken Huelman, Schaller	54-07
46	Bob Nelson, Des Moines, North	49-10.50	65	AA -Jon Meskimen, CR, Jefferson	60-03.25
47	Joe Paulsen, Davenport	50-11		A -Mike Mulvaney, Independence	52-06.25
48	A -Jim Robertson, Ames	50-08 3/8		B -Ken Hamman, Farragut	51-03.50
	B -Marv Tuttle, Iowa School for Deaf, CB	49-09.25		C -Ken Huelman, Schaller	55-04.50
49	A -Jim Robertson, Ames	54-05.75	66	AA -Doug Lane, Cedar Rapids, Jefferson.....	60-11
	B -Marv Tuttle, Iowa School for Deaf, CB	49-11 3/8		A -James Rudd, Sac City	54-11.75
50	A -Bill Hood, Davenport.....	50-09 1/8		B -John Martin, NUH, Cedar Falls.....	49-11
	B -Ralph Yoder, Ollie.....	47-06.50		C -Al Feuerbach, Preston	57-07
51	A -Bill Hood, Davenport.....	54-02	67	AA -Doug Lane, CR, Jefferson.....	64-05.75
	B -Marlow Eckhoff, Rockwell City.....	47-00.75		A -Dave Mockridge, Central Clinton, DeWitt	55-05.25
52	A -Jim Freeman, Iowa City, City.....	52-02.25		B -Darrell Jansonius, Ackley-Geneva	52-00.75
	B -Don Kolsrud, DeWitt	47-11.50		C -Veryl Olson, LDF, LeGrand.....	53-09.75
53	AA -Jim Dabner, Fairfield	49-09	68	AA -Doug Lane, CR, Jefferson.....	65-11.50
	A -Stan Whelchel, Perry	49-02 5/8		A -Fred Beaver, Sac City.....	52-10.25
	B -Francis Boetel, Hartley	49-00.75		B -Chuck Asher, Carlisle	55-07
	C -Bill Ehrenfelt, Wellman.....	42-11.50		C -Leon Waltermann, Dike	52-05
54	AA -Jim Dabner, Fairfield	51-00.75	69	AA -Carl Hesse, Sioux City, East	60-02
	A -Charles Hackett, Bettendorf.....	51-02 1/8		A -Glenn Richardson, Urbandale	55-03.75
	B -Ken Collins, Eldora	50-07.50		B -Dan Miller, Belle Plaine.....	53-03.50
	C -Charles Quillin, New Sharon.....	45-00 5/8		C -Pat Bishop, Bondurant-Farrar	49-01
55	AA -Ed McDowell, Ames.....	56-03	70	AA -Bob Herman, CR, Jefferson	56-11.25
	A -Jim Donhowe, Hampton	50-10.50		A -Randy Omgig, Eagle Grove	55-07
	B -Gary Belgarde, Adel.....	49-03.75		B -Larry Hutchinson, West Harrison	55-03
	C -Jerry Dawley, New Sharon	43-06		C -Darrel Satern, Twin Rivers, Bode	51-09.75
56	AA -Roger Carlson, Dubuque	58-00.50	71	AA -John Patrick, Oskaloosa.....	55-03
	A -Scott Wagler, Bloomfield	53-10		A -Dan Hutchcroft, Mediapolis.....	55-11.25
	B -Alan Vieth, Oakland	48-11.25		B -Brad Storm, Belle Plaine.....	56-06
	C -Jerry Dawley, New Sharon	49-07.50		C -George Williamson, Battle Creek.....	52-11
57	AA -Bill Housel, Iowa City, City	55-11.25	72	AA -Brian Criswell, Grinnell	58-02
	A -Jack McDonald, Clear Lake.....	50-02.75		A -Brent Geringer, Mount Ayr.....	55-01.75
	B -Allan Vieth, Oakland	53-07 7/8		B -Dave Lanther, Midland, Wyoming.....	55-00.50
	C -Ron Walter, Farragut	48-05		C -George Williamson, Battle Creek.....	52-10

73	AA-Ken Stracener, Clinton	55-02.75	88	4A-Cory Faber, Dowling Catholic, WDM	56-11.25
	A-Brent Geringer, Mount Ayr	55-08.50		3A-Scott Davis, Glenwood	59-00.50
	B-Steve Scanlon, Villisca	51-02.50		2A-Greg Greiner, Sigourney	53-10.50
	C-Darrell Schumacher, Battle Creek	55-01		1A-Neal Warren, Madrid	52-06.50
74	AA-Ken Stracener, Clinton	56-07.25	89	4A-Chad Monson, Southeast Polk	56-02.25
	A-Brent Geringer, Mount Ayr	60-04		3A-Jon Pelzer, Atlantic	55-01
	B-John Birmingham, Nashua	52-11.25		2A-Brian Moretz, Northwood-Kensett	53-07.75
	C-Bob Feuerbach, Preston	58-04.75		1A-Ruel Kirstein, Lincoln, Stanwood	54-02.75
75	AA-Andy Michelson, Clinton	58-03.50	90	4A-Jason Matthews, Burlington	55-01
	A-Chuck Locke, Davis County	55-04.50		3A-John Martin, Mount Vernon	58-08.50
	B-Jeff DeVilder, BGM, Brooklyn	55-06.75		2A-Rick Whipple, West Hancock	53-07
	C-Bob Feuerbach, Preston	60-10.25		1A-Greg Barnett, Clarksville	55-07.50
76	AA-Derrick Barker, Marshalltown	57-03	91	4A-William Woods, Davenport, North	57-00
	A-Chuck Locke, Davis County	60-08.75		3A-Jeremy Truog, Estherville	53-06
	B-Jeff DeVilder, BGM, Brooklyn	59-02.75		2A-Steve Huberty, Emmetsburg	51-01
	C-Kirby Gilson, Bayard	53-08.50		1A-Josh Hagedorn, Clay Central-Everyly	56-07.25
77	AA-Jeff Hayek, Davenport, Central	58-00.25	92	4A-Jon LaFleur, Bishop Heelan	52-11.50
	A-Chuck Locke, Davis County	62-09.75		3A-Tim Wilson, Decorah	55-07.25
	B-Jeff DeVilder, BGM, Brooklyn	61-11.25		2A-Willy Stone, Pekin	51-10.50
	C-Jeff Tolly, Mormon Trail	52-02.25		1A-Josh Hagedorn, Clay Central-Everyly	56-11.50
78	AA-Phil O'Neil, CB, Thomas Jefferson	58-07.50	93	4A-Jon LaFleur, Bishop Heelan	56-04.75
	A-Steve Settle, Nevada	61-00.75		3A-Steve English, Mount Pleasant	53-07.50
	B-Shamus McDonough, Corning	56-02.75		2A-Scott Schaley, Camanche	59-07.75
	C-Brad Neuberger, Boone Valley	53-08.25		1A-Aaron Ruschy, Lincoln Central	53-09
79	AA-Jeff Steger, Davenport, Central	57-04	94	4A-Chris Rooney, Bishop Heelan	52-05.75
	A-Paul Hufford, Mount Vernon	57-00.25		3A-Steve English, Mount Pleasant	60-08.25
	B-Arnie Doden, Buffalo Center-Rake	53-01		2A-Jamie Beyer, PCM, Monroe	55-01.50
	C-Bob Jenson, Lincoln Central, Gruver	54-08.50		1A-Paul Schroeder, Gehlen Catholic	54-02.50
80	AA-Paul Deniston, Davenport, Central	56-11.50	95	4A-Erik Rogers, Davenport, West	50-09.75
	A-Joe Beadle, Anamosa	58-01.50		3A-Jim Leemon, Waverly-Shell Rock	53-02.50
	B-Tim Buenz, Charter Oak-Ute	54-09.75		2A-Jamie Beyer, PCM, Monroe	58-05.50
	C-Tim Hadden, Primghar	51-06.25		1A-Matt Voge, Galva-Holstein	53-04.25
81	AA-Norm Balke, Iowa City, City	58-01	96	4A-Cory Bern, Spencer	53-09.50
	A-Jim Strand, Glenwood	55-04.50		3A-Jason Cheever, Bishop Heelan	52-11.50
	B-Mike Goad, Iowa Valley	58-10		2A-Zech Schiebout, Pella Christian	53-00.75
	C-Barry Cuvelier, New Hartford	57-00.50		1A-Jay Jensen, Galva-Holstein	51-06
82	4A-Dave Juehring, Davenport, West	61-05	97	4A-Curt Lessman, SC, East	53-04.75
	3A-Jim Strand, Glenwood	56-06		3A-Jason Cheever, Bishop Heelan	55-01
	2A-Dave Siler, Denver	53-10.25		2A-Joel Ellis, Emmetsburg	54-10.75
	1A-Barry Cuvelier, New Hartford	57-06.75		1A-Matt Mai, Gehlen Catholic, LeMars	56-07
83	4A-Mike Flagg, Cedar Falls	57-02.25	98	4A-Trent Clemen, Wahlert, Dubuque	59-05
	3A-Rick Davidson, Davis County	54-02		3A-Robert Hamre, Davis County	56-02.25
	2A-Calvin Vande Hoef, Sibley	54-01.75		2A-Ryan Winters, Iowa Falls	56-01.25
	1A-Paul Slater, Arnolds Park	50-00.50		1A-Matt Mai, Gehlen Catholic, LeMars	54-11.75
84	4A-Ben Norby, Dubuque, Senior	56-07.25	99	4A-Ben Deike, Marshalltown	57-01.75
	3A-Stuart Stahl, Williamsburg	53-08		3A-Dennis Anderson, Glenwood	58-09
	2A-Calvin VandeHoef, Sibley	55-02.50		2A-Robby Beyer, PCM, Monroe	59-11
	1A-Paul Slater, Arnolds Park	51-01.50		1A-Chris Mohr, Coon Rapids-Bayard	50-08.50
85	4A-Hirsch Oliver, Davenport, West	55-11	00	4A-Jake Bowers, Sioux City, North	53-11.75
	3A-Andy Norland, Clarinda	59-00.50		3A-Scott Romans, Glenwood	56-10.25
	2A-Scott Phelps, Kingsley-Pierson	52-03.75		2A-John Reilly, East Marshall, LeGrand	56-03.50
	1A-Chuck Waggoner, Sutherland	53-02.50		1A-Phil Barnett, Clarksville	51-07.50
86	4A-Todd Eagen, Oskaloosa	56-09	01	4A-Ben Cronin, Ames	56-05
	3A-Andy Nordland, Clarinda	58-08.25		3A-Steve Wagner, Harlan	58-04.25
	2A-Matt Coleman, Dallas Center-Grimes	51-05.25		2A-Justin Heins, North Fayette	53-04.50
	1A-Scott Phelps, Kingsley-Pierson	54-07.50		1A-Phil Barnett, Clarksville	53-03.75
87	4A-Chris Hatcher, CB, Thomas Jefferson	54-10	02	4A-John Cochran, Valley, WDM	56-02.75
	3A-Scott Davis, Glenwood	56-10.75		3A-Shane Maier, Storm Lake	55-10.75
	2A-Greg Greiner, Sigourney	51-09.25		2A-Mitch Fields, Tipton	53-00.75
	1A-Dondi Culbertson, Paton-Churdan	52-01.25		1A-Lucas Schossow, Galva-Holstein	54-05.50

03	4A-Darryl Hunter, Dowling Catholic.....	58-09.50	12	4A-Chris LaMar, Ames	54-07.75
	3A-Shane Maier, Storm Lake	59-03.75		3A-Connor Melbus, Solon	57-11.75
	2A-Taylor Strube, Emmetsburg	55-10.25		2A-Avery Meyers, West Liberty	58-02.75
	1A- Wade Fegenbush, Whiting	52-10.25		1A-Grant Greenfield, Sibley-Ocheyedan	52-07.50
04	4A-Chase Madison, Newton.....	63-00	13	3A-Emmet Wester, Mount Pleasant	58-01.25
	3A-Jason Wagner, Grinnell	56-06		2A-Zach Samson, Collins-Maxwell-Baxter ..	53-00.75
	2A-Jason Williams, Mount Vernon	54-08		1A-Keegan Tritle, Lisbon	53-00.25
	1A-Ben Menary, Montezuma.....	51-04.50	14	4A-Jacob Barents, Lewis Central	57-04
05	4A-Julian Vandevelde, Davenport Central ..	56-03.75		3A-Dalton Ferguson, Solon	60-00.75
	3A-Sam Lambert, Webster City.....	59-09		2A-Zach Samson, Collins-Maxwell-Baxter ..	56-05.50
	2A-Matt Banse, Starmont, Arlington.....	55-06.75		1A-Keegan Tritle, Lisbon	56-03.50
	1A-Austin Steichen, St. Mary's, Remsen	56-08.50	15	4A-Tyler Johnson, Epworth, Western Dubqe	55-08
06	4A-Julian Vandervelde, Davenport Central ..	58-11.50		3A-Nathan Winters, Knoxville	58-01.25
	3A-Taylor Mansfield, Decorah	57-01.50		2A-Ryan Moser, Clayton Ridge	56-03.50
	2A-Matt Banse, Starmont, Arlington.....	60-03		1A-Keegan Tritle, Lisbon	57-02
	1A-Kyle Cheney, Guthrie Center	54-04	16	4A-Dalles Jacobus, Cedar Rapids, Kennedy	60-08
07	4A-Ryan Lamparek, Prairie, Cedar Rapids	59-06		3A-Tristan Wirfs, Mount Vernon	60-01.25
	3A-Cody Hundertmark, Humboldt	56-07		2A-Nick Phelps, KP-WC	61-01.75
	2A-Matt Banse, Starmont, Arlington.....	60-03.50		1A-Mason Scheidegger, Newell-Fonda.....	55-02.50
	1A-Zach Kotz, Lamoni.....	53-07	17	4A-William Blaser, Epworth, Western Dubq	61-09.25
08	4A-Thomas Reynolds, Iowa City, West.....	57-00		3A-Tristan Wirfs, Mount Vernon	63-05.50
	3A-Brandon Scherff, Denison-Schleswig	59-05.50		2A-Jared Brinkman, Regina, Iowa City	63-04
	2A-Ethan Tuftee, Assumption, Davenport.....	56-11.50		1A-Caleb Meinders. AGWSR, Ackley	55-03
	1A-Andrew Simons, West Lyon, Inwood	53-01.50	18	4A-Landis Green, Iowa City, West	58-05
09	4A-Nic Toben, Ames	58-04		3A-Dominick Etherington, Algona	61-00.75
	3A-Drew Clark, Marion	64-07.75		2A-Nick Phelps, KP-WC	67-02
	2A-Dan Samson, CMB, Baxter.....	56-05.50		1A-Dawson Ellingson, Hudson	59-05.75
	1A-Andrew Simons, West Lyon, Inwood	54-02	19	4A-Logan Jones, Lewis Central	60-02
10	4A-Jeremy Jacobson, Bettendorf.....	60-00.75		3A-Nick DeJong, Pella.....	57-11.5
	3A-Brandon Scherff, Denison-Schleswig	58-05.25		2A-Noah Fenske, New Hampton.....	60-0.25
	2A-Kyle Farmer, Estherville Lincoln Central ..	55-00.25		1A-Zach Verzani, Lawton-Bronson	54-3.25
	1A-Eric Simmons, Madrid.....	57-02.75	20	Season canceled due to COVID-19.	
11	4A-Chris LaMar, Ames	53-03.25	21	4A-Matt Kaputka, Waukee.....	60-06.25
	3A-Justin Baker, Bishop Heelan.....	59-04.75		3A-Kody Huisman, Pella.....	59-04.75
	2A-Ben Stutt, Monticello	56-06.25		2A-Carson Lienau, Jesup	55-00.50
	1A-Eric Simmons, Madrid.....	58-11		1A-Zach Verzani, Lawton-Bronson	58-11.25

DISCUS (4 lbs. 7 oz. implement)

06	Ray Murphy, Ida Grove	110-10	23	Foster Rinefort, Grinnell	133-04.75
07	Merle Alderman, Marion	121-07	24	Raymond Reeves, Winfield	117-00
08	Donald Wagner, Des Moines West	101-08.75	25	Fred Boettger, Grinnell	111-00
09	Ross Fife, Anamosa	108-05	26	Charles Barg, Montezuma.....	122-06.50
10	C. Eugene Van Gent, Ottumwa	108-06	27	Mike Wilkinson, Independence	113-05 5/8
11	Howard Aldrich, Sioux City	102-11.75	28	Gerry Foster, Davenport.....	124-09
12	Lawrence Dutton, Anamosa	121-01.50	29	Dee Osborn, Perry	129-02
13	Lawrence Dutton, Anamosa	124-08.50	30	Dee Osborn, Perry	128-08.50
14	Joe Van Ginkel, Des Moines North	107-10	31	Bob Santee, Iowa Falls	124-06.25
15	Glen Greenwood, Webster City.....	115-0	32	John Welbes, Dubuque	136-09
16	Glen Greenwood, Webster City.....	113-06	33	Lawrence Costigan, Buffalo Center	133-09.25
17	Garwin Lewis, Wellman	108-11.50	34	Floyd DeHeer, Oskaloosa	125-00
18	Adamson, Correctionville.....	110-01.50	35	Weldon Peter, Waterloo, East.....	128-01
19	Bogs, Goldfield	113-10	36	Allen Dillon, Des Moines, Roosevelt	128-00
20	James Hitch, Fort Madison	110-03	37	Ken Hagerty, Shenandoah	121-00 1/8
21	Glen Lytle, Nashua	119-03	38	Harold Hughes, Ida Grove.....	123-11
22	Herb Boettger, Grinnell	115-11			

DISCUS (3 lbs. 9 oz. implement)

39	Ralph Beardsley, Anamosa	136-08.75	A-Dave Moreland, Audubon	138-07.50
40	George Gast, Osage	145-01.25	B-John Sanden, Ogden	148-01
41	Jack Muckler, Grinnell	143-10.25	C-Dean Galloway, Union-Whitten	141-05
42	Bob Hendren, Clarinda	144-00	64 AA-Larry Thoms, Waverly-Shell Rock	153-01.50
43	Dave Williams, Ottumwa	146-09.75	A-Terry Reed, Iowa Falls	144-04.25
44	Dave Williams, Ottumwa	143-03.75	B-Ed Pundt, Iowa Valley, Marengo	153-3
45	Stan De La Hunt, Ames	149-09.25	C-Wade Winters, Bondurant-Farrar	140-11.50
46	James McKinstry, Waterloo, East	139-07	65 AA-Larry Thoms, Waverly-Shell Rock	165-08.50
47	Jay Mallas, Boone	152-08 5/8	A-Mike Mulvaney, Independence	150-11
48	A-Jim Robertson, Ames	156-07 5/8	B-Gary Hansen, Linn-Mar	153-07.75
	B-Victor Grothaus, Kingsley	141-02.50	C-Dean Troug, Mallard	144-10.75
49	A-Jim Robertson, Ames	160-05.75	66 AA-Ted Knutson, CR, Jefferson	163-08
	B-Jim Reinert, Earlham	137-02.50	A-Terry Smutzer, Central, Argyle	162-08
50	A-Larry Welchel, Perry	145-04 4/5	B-Steven Kramme, Calmar	143-08
	B-Ralph Yoder, Ollie	154-06. 3/5	C-Al Feuerbach, Preston	149-07.50
51	A-Larry Welchel, Perry	144-04.50	67 AA-(Tie) Jerry Senters, West Delaware, & Doug Lane, Cedar Rapids, Jefferson	168-05
	B-Marlow Eckhoff, Rock Valley	139-11.50	A-Dennis Meyer, Iowa Falls	153-04
52	A-Dick Walker, Waterloo, West	143-02	B-Bob Bahr, Belle Plaine	140-02
	B-Jim Willet, Manson	137-02.50	C-Save Maguire, Treynor	140-02
53	AA-Jim Young, Waterloo, West	140-03	68 AA-Doug Lane, Cedar Rapids, Jefferson	162-11
	A-Doug Brotherton, Creston	137-07.50	A-Don Handorf, Clarinda	151-00
	B-George McAndrews, Clinton, St. Marys	143-04	B-Dan McClanahan, West Harrison	161-07
	C-Jim Litwiller, Wellman	125-01	C-Michael Nessa, Hubbard	153-01
54	AA-Jim Young, Waterloo, West	146-07	69 AA-Don Presson, Bettendorf	157-11
	A-Rich Bourne, Iowa Falls	134-09.50	A-Ron Kennedy, Storm Lake	163-04
	B-Ed Roberts, West Liberty	137-01.75	B-Dave Bahr, Belle Plaine	149-04
	C-Leon McNeil, New London	128-05	C-John Busbee, Winfield-Mt Union	151-09
55	AA-Herb Marske, Clinton	147-01	70 AA-Phil Danowsky, CR, Washington	157-05
	A-Bob Garrett, Waverly	141-06 3/8	A-Randy Omgig, Eagle Grove	164-05
	B-Russ Spear, Tama	144-10.50	B-Larry Hutchinson, West Harrison	153-00
	C-Norman Offenbacher, Coin	130-03	C-Don Bergman, Rockwell-Swaledale	152-05
56	AA-Dave Henschen, Davenport	163-07 1/8	71 AA-Randy Lessman, Sioux City, East	170-08
	A-Scott Wagler, Davis County, Bloomfield	153-05	A-Ron Tanner, Eagle Grove	172-04
	B-Dick Root, Akron	138-09 3/8	B-David Lanpher, Midland, Wyoming	144-06
	C-Norman Offenbacher, Coin	145-09.50	C-John Smeltzer, Marcus-Meriden-Cleghorn	144-08
57	AA-Weldon Ward, Fort Madison	155-00	72 AA-Randy Lessman, Sioux City, East	174-08
	A-Jay Dockendorf, DeWitt	144-04.25	A-Mark Smith, Independence	166-11
	B-Dick Root, Akron	134-04	B-Jay DeZeeuw, Boyden-Hull	151-11
	C-Carroll Widen, Harcourt	136-11	C-George Williamson, Battle Creek	146-07
58	AA-Dick Pilgrim, Davenport	146-06.75	73 AA-Jeff Holcomb, Bettendorf	160-08
	A-David Turner, Sheldon	138-04.50	A-Brent Geringer, Mount Ayr	169-09
	B-Save Wedgebury, Ogden	149-00	B-Lyle Schwartz, Greenfield	149-05
	C-Carroll Widen, Harcourt	140-01.50	C-Darrell Schumacher, Battle Creek	153-03
59	AA-Lee Carlson, Dubuque	149-01	74 AA-Dan Mills, Wahlert, Dubuque	161-08
	A-Paul Elmegreen, DeWitt	141-01	A-Jeff Donley, Independence	168-07
	B-Larry Strickler, Sigourney	144-09	B-Jim Nicoletto, Madrid	153-07
	C-Doug Peterson, West Chester	141-11	C-Randy Koch, Charter Oak-Ute	156-00
60	AA-Mike Reilly, Dubuque	159-01	75 AA-Mike Thorp, Mason City	171-07
	A-Dick Ashland, Clear Lake	151-04	A-Pat Tuttle, Saydel	156-10
	B-Larry Strickler, Sigourney	153-07	B-Tom Briles, Corning	156-05
	C-Doug Peterson, West Chester	143-11.50	C-Bob Feuerbach, Preston	163-11
61	AA-Bill Rose, Clinton	158-11	76 AA-Tracy Nanke, Waterloo, West	170-04
	A-Larry Strickler, Sigourney	162-05	A-Chuck Locke, Davis County, Bloomfield	165-00
	B-Dave Korver, Maurice-Orange City	151-04	B-Jeff DeVilder, BGM, Brooklyn	166-09
	C-Curt Pefferman, Olds	139-06.50	C-Jeff Tolly, Mormon Trail	150-04
62	AA-Tom Knutson, CR, Jefferson	166-07.50	77 AA-Scott Crowell, Mason City	168-07
	A-Larry Leist, Rockwell City	145-06	A-Chuck Locke, Davis County, Bloomfield	178-03
	B-Dan Cipperly, Holstein	137-00	B-Jeff DeVilder, BGM, Brooklyn	168-04
	C-Dick Cushman, Lakota	134-01	C-Jeff Tolly, Mormon Trail	156-05
63	AA-Tom Knutson, CR, Jefferson	160-11		

78	AA-Scott Crowell, Mason City	182-07	93	4A-Chris Amos, Waterloo, East.....	157-00
	A-Steve Settle, Nevada	172-08		3A-Bob Small, Davis County, Bloomfield	167-02
	B-Brett Hennessey, Dysart-Geneseo	155-09		2A-Scott Schaley, Camanche.....	170-10
	C-Arnie Doden, Buffalo Center-Rake	155-09		1A-J.D.Radakovich, Earlham	156-06
79	AA-Dave Lamar, Assumption, Davenport	165-00	94	4A-Matt Manuel, Cedar Rapids, Kennedy	162-07
	A-Jim Holmes, Glenwood	165-10		3A-Tim Holmgren, Estherville.....	155-07
	B-Arnie Doden, Buffalo Center-Rake	166-09		2A-Travis Senters, Iowa Falls.....	154-01
	C-Bob Jenson, Lincoln Central, Gruver.....	160-09		1A-Kyle Corey, Griswold	148-01
80	AA-Glenn Klepsteen, Davenport, West.....	163-03	95	4A-Erik Rogers, Davenport, West	150-01
	A-Matt Haven, Independence.....	179-07		3A-Brad Travis, Spirit Lake.....	164-11
	B-Mike Goad, Iowa Valley, Marengo.....	156-00		2A-Travis Senters, Iowa Falls.....	158-00
	C-Tom Poppe, Plainfield.....	152-05		1A-Billy Nordyke, Winfield-Mt, Union	157-02
81	AA-Ross Brockshaus, Spencer	180-01	96	4A-Cory Bern, Spencer	168-11
	A-Gary Ewald, Rockford	156-06		3A-Dave Jennings, Nevada.....	171-07
	B-Mike Goad, Iowa Valley, Marengo.....	170-08		2A-Zach Schiebout, Pella Christian.....	167-11
	C-Don Schwabbauer, Iowa Mennonite.....	146-00		1A-Mike Mai, Gehlen Catholic, Le Mars.....	146-07
82	4A-Dave Juehring, Davenport, West.....	184-08	97	4A-Adam Judge, Des Moines, Lincoln	163-08
	3A-Wayne Schope, Atlantic.....	153-04		3A-Brad Travis, Spirit Lake.....	174-01
	2A-Arden Postma, Unity Christian, OC	155-01		2A-Dave Forbes, Columbus, Columbus Jct. ..	151-01
	1A-Steve DeZeeuw, Boyden-Hull.....	158-08		1A-Andy Smith, Montezuma.....	156-00
83	4A-John Kruse, Clinton	157-06	98	4A-Adam Judge, Des Moines, Lincoln	173-06
	3A-Kelly Tagtow, Wapsie Valley	170-09		3A-Ben LaFleur, Bishop Heelan, Sioux City...	165-07
	2A-Scott Hage, Nora Springs-Rock Falls	156-04		2A-Brad Daufeldt, West Liberty	159-06
	1A-Brad Alberts, Paullina	155-03		1A-Kyle Bergman, BCLUW, Conrad	149-11
84	4A-Troy Crouse, Fort Dodge	159-07	99	4A-Joe Illingworth, Newton.....	164-00
	3A-Clark Hopp, Glenwood.....	163-00		3A-Jason Kirschbaum, Spirit Lake Park.....	162-09
	2A-Bruce Swain, Northwood-Kensett.....	161-02		2A-Brad Daufeldt, West Liberty	174-03
	1A-Chuck Waggoner, Sutherland.....	155-04		1A-Jon Kadner, Eldora-New Providence.....	158-00
85	4A-Troy Crouse, Fort Dodge	166-04	00	4A-Michael Miller, Ames.....	166-09
	3A-Doug Koopman, Storm Lake	164-01		3A-Jason Kirschbaum, Spirit Lake Park.....	150-02
	2A-Scott Phelps, Kingsley-Pierson.....	168-08		2A-Andy Banse, Starmont, Arlington.....	148-00
	1A-Chuck Waggoner, Sutherland.....	157-02		1A-Gabe Koenigsfeld, Rockford	144-00
86	4A-Garry Howe, Spencer	165-11	01	4A-Michael Miller, Ames.....	157-04
	3A-Dan Larson, Cherokee.....	167-01		3A-Chris Hopkins, Denison-Schleswig.....	157-00
	2A-Matt Coleman, Dallas Center-Grimes.....	162-05		2A-Justin Heins, North Fayette, West Union..	168-08
	1A-Scott Phelps, Kingsley-Pierson.....	185-04		1A-John Gallery, East Buchanan, Winthrop...	154-06
87	4A-Shannon Neal, Davenport, Central.....	164-05	02	4A-Seth Zehr, Fort Dodge	174-11
	3A-Scott Davis, Glenwood	167-01		3A-Tom Schmeling, Atlantic	171-06
	2A-Lance Kooiker, Sioux Center	152-03		2A-Clint Huntrods, Collins-Maxwell-Baxter	169-09
	1A-Dondi Culbertson, Paton-Churdan.....	160-05		1A-Lucas Schossow, Galva-Holstein	155-04
88	4A-Kevin Dodd, Mason City	167-09	03	4A-Brandon Franklin, Des Moines Hoover.....	180-01
	3A-Todd Kinney, Central Clinton, De Witt.....	162-06		3A-Tom Schmeling, Atlantic	178-07
	2A-Gary Popkes, Central Lyon, Rock Rapids ..	157-00		2A-Jacob Spratt, Williamsburg	156-06
	1A-Brian Kahl, Manning	146-07		1A-John Cool, St. Albert, Co. Bluffs	153-06
89	4A-Jason Joens, Prairie, Cedar Rapids	169-10	04	4A-Chase Madison, Newton.....	190-11
	3A-Jon Pelzer, Atlantic	174-04		3A-Jason Wagner, Grinnell	171-02
	2A-Tom Schneckloth, Tri-Center.....	161-01		2A-Jason Williams, Mount Vernon	152-08
	1A-Tim Jensen, Olin	157-01		1A-Jason Fisher, Montezuma.....	157-06
90	4A-Jason Maloy, Linn-Mar	162-06	05	4A-Ryan Nidey, Iowa City West	171-06
	3A-John Martin, Mount Vernon	171-06		3A-Josh Scanlon, Mount Vernon.....	157-00
	2A-Allan Walz, Bondurant-Farrar	175-08		2A-Jesse Smith, North Fayette, West Union..	162-04
	1A-Doug Riese, Colo-Nesco	149-10		1A-Brian Fogelman, Manning.....	164-09
91	4A-Jason Maloy, Linn-Mar	165-11	06	4A-Robbie Utterback, Waukee.....	168-01
	3A-Eric Emsick, Lewis Central	164-06		3A-Wallace Carter, Centerville	156-05
	2A-Allan Walz, Bondurant-Farrar	186-02		2A-Kyle Haganman, Osage.....	163-11
	1A-Josh Hagedorn, Clay Central-Everly	152-08		1A-David English, West Branch	161-09
92	4A-Trevor Catron, Indianola	155-10	07	4A-Nick Brayton, Iowa City West	192-06
	3A-Bob Small, Davis County, Bloomfield	164-07		3A-Brad Kuxhausen, Glenwood	167-06
	2A-Brent Daufeldt, W Liberty.....	164-00		2A-Matt Banse, Starmont-Arlington.....	173-11
	1A-Craig Kirkpatrick, Madrid	171-01		1A-Tyler Banzun, Central Elkader.....	156-01

08	4A-Thomas Reynolds, Iowa City West.....	191-10	15	1A-Jake Goeller, Wapsie Valley	168-02	
	3A-Wallace Carter, Centerville	174-03		4A-Erik Nelson, Waukee	173-00	
	2A-Cody Bahrke, Tri-Center, Neola	172-05		3A-Nathan Winters, Knoxville.....	173-05	
	1A-Dominc Alvis, Logan-Magnolia	169-03		2A-Tristan Wirfs, Mount Vernon	167-03	
09	4A-Anthony Bell, Dowling Catholic, WDM.....	170-07	16	1A-Tom Yezek, Northwood-Kensett.....	172-04	
	3A-Drew Clark, Marion	161-01		4A-Jackson Corker, Cedar Rapids, Kennedy..	180-06	
	2A-Dominic Alvis, Logan-Magnolia	167-02		3A-Tristan Wirfs, Mount Vernon	185-09	
	1A-Cade Lambson, Mount Ayr	168-01		2A-Nick Phelps, WC-KP	176-02	
10	4A-Dom Howard, Ames.....	186-10	17	1A-Tom Yezek, Northwood-Kensett.....	197-05	
	3A-Mike Smithburg, Fairfield	172-00		4A-Jackson Coker, Cedar Rapids, Kennedy..	175-05	
	2A-Henry Ricklefs, Logan-Magnolia.....	162-10		3A-Tristan Wirfs, Mount Vernon	190-10	
	1A-Cade Lambson, Mount Ayr	174-07		2A-Nick Phelps, KP-WC	183-06	
11	4A-Sam Joens, Prairie, Cedar Rapids	184-06	18	1A-Nathan Karsjens, AGWSR, Ackley	169-11	
	3A-Justin Baker, Bishop Heelan.....	177-11		4A-Jonathan Gannon, Iowa City, West	178-06	
	2A-Avery Meyers, West Liberty	178-05		3A-Harrison Goebel, West Delaware	169-09	
	1A-Tim Nemechek, Central, Elkader	171-03		2A-Nick Phelps, KP-WC	185-09	
12	4A-Jacob Hayes, Bettendorf	170-07	19	1A-Dawson Ellingson, Hudson	179-02	
	3A-Tyler Hovey, Atlantic.....	187-09		4A-Logan Jones, Lewis Central	185-10	
	2A-Alex Goeller, Wapsie Valley	170-05		3A-Matt Vislisl, Mount Vernon	174-01	
	1A-Grant Greenfield, Sibley-Ocheyedan.....	172-04		2A-Noah Fenske, New Hampton.....	152-11	
13	4A-Joseph Weiner, Dubuque Hempstead.....	182-03	20	1A-Layne Pryor, Woodbine	155-03	
	3A-Ethan Kenkel, Storm Lake	176-04		Season canceled due to COVID-19.		
	2A-Devonte Merrill, Monticello	165-11		21	4A-McKade Jelinek, Linn-Mar, Marion	178-11
	1A-Andrew McCune, Woodward-Granger.....	160-04			3A-Brandon VanderSluis, LeMars	170-06
14	4A-Jacob Barents, Lewis Central	168-02			2A-Carson Lienau, Jesup	165-05
	3A-Seth Snitker, Waukon	175-06			1A-Layne Pryor, Woodbine	182-09
	2A-Isaac Holtz, Monticello	172-06				

DISCONTINUED STATE MEET FIELD EVENT CHAMPIONS

HAMMER THROW – 12 lbs. (1906-1910)

06	Locke Macomber, Des Moines West.....	140-03	09	George Weis, Marion.....	164-05
07	Merle Alderman, Marion	152-00	10	Rudolf Hoper, Hartley.....	144-06
08	Glenn Simons, Des Moines North	143-08			

JAVELIN (1927-1941)

27	Walter Miller, Marshalltown	171-08.75	35	Gail Davis, Perry	180-10.25
28	Elmo "Swede" Nelson, Clearfield.....	181-07.25	36	Raymond Murphy, Ida Grove	177-00.25
29	Gordon Baird, Greenfield.....	166-10.25	37	Bruce Erickson, Traer.....	169-03
30	Ralph Martin, Traer.....	164-03	38	Bruce Erickson, Traer.....	185-02.75
31	Dale Keisey, Washington	171-06.50	39	Bruce Erickson, Traer.....	195-08.25
32	Milton Sumner, Hawarden	172-01.75	40	Dick Hoerner, Dubuque.....	182-08.50
33	Ralph Bennett, Burlington	161-03.50	41	Paul Fagerlind, Waterloo East	184-11.50
34	Lamar Strah, Fort Madison	170-07.50			

POLE VAULT (1906-1989)

06	Charles Freaney, Ida Grove	10-02	13	Lawrence Dutton, Anamosa	9-11
07	Charles Freaney, Ida Grove	10-00	14	Arthur Beisell, Goldfield.....	10-06
08	George Trostle, Des Moines West	10-02.50	15	Arthur Beisell, Goldfield.....	10-11
09	Ross Fife, Anamosa	10-06	16	Kenneth Kobt, Des Moines West	10-01
10	(Tie) Robert Thom, Correctionville; Dow Byers, DM East; Arthur Harper, DM West	10-02	17	Percy Osborn, Iowa City.....	10-08
11	(Tie) Edwin Shrader, Iowa City; Watson Metcalfe, DM, East.....	10-02	18	Tracy, University High, Iowa City	10-05
12	Raymond Jones, Ames	10-01.50	19	Darwin Collins, Des Moines North	9-11
			20	Lawrence Brown, Des Moines West	10-02
			21	Xavier Boyles, Iowa City, City	10-11 1/8

66	AA-Clyde Hovick, Boone	13-06.75
	A-Terry Cory, Ankeny	13-00
	B-Phil Wertman, Villisca	14-01.25
	C-Steve Leonhardt, Emmetsburg Catholic	12-03
67	AA-Ron Pardekoooper, Des Moines Lincoln	13-06
	A-Duane Sullivan, Shenandoah	13-08
	B-Phil Wertman, Villisca	13-09
	C-Doug Logue, Twin Rivers, Bode	11-09
68	AA-John Tefer, Cedar Rapids Washington	13-04
	A-Ray Davis, Urbandale	13-00
	B-Lynn Oveson, Wilton, Wilton Jct.	12-06
	C-Kent Klinkefus, Panora-Linden	12-05
69	AA-Brian Myers, Marshalltown	14-04
	A-Dave Pierce, Cherokee Washington	13-04
	B-Ken Eggers, BCL, Conrad	10-10.50
	C-Dave Ramsey, Lincoln Central	11-06
70	AA-Craig Nelson, Sioux City East	13-07
	A-Terry Brannen, Shenandoah	13-03
	B-Bob Plagge, NUH, Cedar Falls	13-00.25
	C-Mike Scott, Dexfield, Redfield	12-03
71	AA-Ray Kidd, Waterloo East	13-11
	A-Daryl Hoogeveen, West Lyon	13-00
	B-Bob Plagge, NUH, Cedar Falls	12-06
	C-Mike Scott, Dexfield, Redfield	12-06
72	AA-Kent Anderson, Ames	14-06.25
	A-Daryl Hoogeveen, West Lyon, Inwood	13-06
	B-John Cretzmeyer, Iowa City, City	13-06
	C-Scott Duecker, Anthon-Oto	12-09.50
73	AA-Jeff Himes, Marshalltown	14-00.25
	A-Dave Hahn, Anamosa	13-06
	B-John Welch, Northwood-Kensett	13-00
	C-Brian Doty, Sidney	12-06
74	AA-Ted Burgmeier, Wahlert Catholic	15-00
	A-Gary Proctor, Davis County, Bloomfield	13-00
	B-Jim Hearn, Mount Vernon	12-02
	C-Randy Martin, Rolfe	12-00
75	AA-Rick Patterson, Keokuk	14-00
	A-Curt Broek, Sioux Center	14-06
	B-Frank Orth, Northwood-Kensett	12-06
	C-Brian Doty, Sidney	12-11
76	AA-Ron Bultje, Sioux City North	14-06
	A-Tom Pratt, Cherokee Washington	15-00.50
	B-Don Knop, Ida Grove	13-00
	C-Darrell Crawford, Lamoni	13-11.50
77	AA-Tim Jamerson, Columbus Catholic	14-06
	A-Dirk Downing, Anamosa	13-06
	B-Mark Tilson, Northwood-Kensett	13-03

	C-Darrell Crawford, Lamoni	13-06
78	AA-Owen Buckley, Sioux City North	15-00.50
	A-Dave Monahan, Humboldt	14-00
	B-Jim Hentges, Gehlen Catholic Le Mars	12-06
	C-Darrell Crawford, Lamoni	13-06
79	AA-Larry Hadley, Waterloo East	14-06
	A-Dave Monahan, Humboldt	14-00
	B-Al Baker, Pekin, Packwood	13-09
	C-Dennis Myleynek, Y-J-B, Bagley	13-06
80	AA-Tim Mooney, Assumption, Davenport	14-00
	A-Kelly Scott, North Fayette, West Union	13-00
	B-Russ Adams, Pocahontas	13-06
	C-Mike Hodges, Farragut	13-00
81	AA-Bill Beavers, Ames	14-06
	A-Mark Rosine, South Tama County	13-00
	B-Dwayne Blakely, Pekin, Packwood	13-00
	C-Bob Mundell, Hubbard	12-06
82	AA-Preston Schmidt, Bettendorf	15-00
	3A-Richard Stormer, Forest City	13-06
	2A-Joe McMullen, Corning	13-06
	1A-Matt Haynes, Lenox	13-06
83	4A-Preston Schmidt, Bettendorf	15-06
	3A-Jeff Bruch, Sumner	13-00
	2A-Dean Keiswetter, Manson	13-00
	1A-Eric Blumhagen, Allison-Bristow	13-00
84	4A-Paul Wagler, Burlington	14-00
	3A-Kevin Goff, Camanche	14-00
	2A-Doug Atwood, Pekin, Packwood	14-02
	1A-Kip Janvrin, Panora-Linden	13-03
85	4A-Tom Keating, Bettendorf	14-06
	3A-Brian A. Keeney, Carlisle	13-06
	2A-Dean Keiswetter, Manson	13-06
	1A-Ned Day, Sutherland	13-00
86	4A-Bob Edwards, Fort Dodge	14-08
	3A-Jim Bruxvoort, Pella	14-00
	2A-Chuck Ulin, Pekin, Packwood	13-00
	1A-Chad Paup, Paton-Churdan	13-07
87	4A-Bob Edwards, Fort Dodge	15-02
	3A-Randy Smith, Creston	12-00
	2A-Troy Huntley, NUH, Cedar Falls	13-06
	1A-Greg Hoing, George	12-00
88	4A-Ron Oberfoell, Wahlert Catholic	14-00
	3A-Chuck Gatewood, Eagle Grove	11-06
	2A-Jason Wessels, Regina, Iowa City	13-01
	1A-Mark Keiswetter, Manson	11-06
89	4A-Brian Ferry, Dubuque Senior	13-07.25
	3A-Mike Piercy, Humboldt	11-00
	2A-Aaron Nordyke, Pekin, Packwood	12-00
	1A-Travis Moore, Tri-County, Thornburg	10-0

FOOTBALL THROW (1942-1963)

42	(Tie) Mickie Miller, Cherokee & Gerald Dawson, Sigourney	350 pts
43	Dutch Goodvin, Corning	340 pts
44	Richard Price, Clinton	305 pts
45	Joe Paulsen, Davenport	335 pts
46	Joe Paulsen, Davenport	345 pts
47	Joe Paulsen, Davenport	345 pts
48	A-Vincent Domsalla, Clinton	330 pts
	B-(Tie) Dean Whitsell, Correctionville & Larry Runneals, Nevada	315 pts

49	A-Gary Gordy, Muscatine	285 pts
	B-Don Lewis, Toledo Juvenile Home	285 pts
50	A-(Tie) Ray Brown, Davenport & Jerry Davis, Ottumwa	300 pts
	B-Ken Moore, Mount Vernon	300 pts
51	A-(Tie) Sy Forester, Des Moines, North & Don Stamp, Clinton	275 pts
	B-Ken Moore, Mount Vernon	280 pts
52	A-Gordon Haack, Webster City	204-09.50
	B-Leroy Dunn, Manly	183-08

53	AA -Bill Houk, Ames	208-08
	A - Walt Gute, Carroll	196-07
	B - Marvin Sloan, Monroe.....	176-01.50
	C - Keith Ostenburg, Primghar	173-05
54	AA -Gene LaMaster, Ottumwa	215-07
	A -Merle Eberly, Clarinda	211-08.25
	B -Ed Roberts, West Liberty	204-00
	C -Jerry Ibach, Bayard.....	202-05
55	AA -Larry Swift, Keokuk	194-07
	A -Ray Thomas, Creston	179-09
	B -Paul Bonstead, Graettinger	209-05.50
	C -Mike McGuire, Garden Grove.....	187-02.25
56	AA -Roger Helm, Cedar Rapids, Franklin ..	212-11.50
	A -Ron Charlson, LeMars.....	214-04
	B -Paul Bonstead, Graettinger	201-00
	C -Dan Langloss, Allerton.....	189-00
57	AA -Dave Anderson, Ottumwa	206-04.50
	A -Ralph Honderd, Western Christian, Hull	208-11
	B -Bob Walker, Iowa Training School.....	195-00.50
	C -Don Wearda, Sheffield.....	170-00.25
58	AA -Gary Gardner, Davenport.....	217-09
	A -Don Sowers, Sumner.....	213-07

	B -Larry Manful, Traer	182-02.25
	C -Gene Young, Walnut	180-06
59	AA -Tom Hertz, Creston.....	209-00.50
	A -Ron TerHark, Clinton.....	191-04
	B -Ted Almquist, Albert City	203-03
	C -Don Relph, Russell	194-08.25
60	AA -Mike Reilly, Dubuque	242-00
	A -Bob Whipple, Belmond	206-07
	B -Pat Batten, Eldora	221-08.50
	C -Wayne Taylor, Central Dallas, Minburn..	208-07.50
61	AA -Gary Snook, Iowa City, City	237-05
	A -Gary Eggers, Audubon	217-02.50
	B -Dennis Pauling, Paullina.....	196-05.75
	C -Curtis Pefferman, Olds	219-01
62	AA -Gary Snook, Iowa City, City	228-09.50
	A -Gary Eggers, Audubon	226-00
	B -Ken Reynolds, Woodbine.....	216-05.75
	C -Ron Seddon, Melcher-Dallas	219-06.50
63	AA -Steve Soesbe, Ames	244-08
	A -Stanley-Whitman, Iowa Falls.....	259-05
	B -Glen Banks, Ainsworth	238-09.50
	C -Roger Larson, Underwood	248-00

STATE FIELD EVENTS CHAMPIONS PER SCHOOL

Ackley-Geneva	1
Adair-Casey.....	1
Adel; Adel-DeSoto.....	2
Agency	1
AGWSR, Ackley	3
Ainsworth.....	1
Akron	2
Albert City.....	1
Algona	3
Allerton	1
Allison-Bristow	1
Alta	2
Ames	42
Anamosa	14
Andrew	1
Anita	2
Ankeny	6
Anthon-Oto	1
Aplington-Parkersburg	1
Arnolds Park.....	2
Ar-We-Va, Westside.....	1
Assumption, Davenport.....	3
Atlantic.....	9
Audubon	4
Aurelia	3
Ballard, Huxley	2
Battle Creek.....	5
Bayard	2
BCL, Conrad; BCLUW, Conrad.....	3
Bedford	1
Belle Plaine	4
Belmond	4
Bennett.....	2

Bettendorf	11
BGM, Brooklyn	5
Bishop Garrigan, Algona.....	1
Bishop Heelan, Sioux City	11
Blanchard.....	2
Bondurant-Farrar	4
Boone.....	3
Boone Valley, Renwick	2
Boyden-Hull	2
Buffalo Center-Rake	4
Burlington.....	8
CAL, Latimer; CAL-Dows.....	2
Calamus-Wheatland	3
Calmar	1
Camanche.....	3
Cambria	1
Cardinal, Eldon	4
Carlisle	7
Carroll	14
Cascade.....	2
Cedar Falls.....	3
Cedar Rapids	3
Cedar Rapids, Franklin	1
Cedar Rapids, Grant.....	3
Cedar Rapids, Jefferson	11
Cedar Rapids, Kennedy.....	8
Cedar Rapids, LaSalle	2
Cedar Rapids, McKinley	2
Cedar Rapids, Roosevelt.....	3
Cedar Rapids, Washington	7
Cedar Rapids, Wilson	1
Center Point-Urbana	2
Centerville	5

Central Clinton, DeWitt.....	7
Central Dallas, Minburn.....	1
Central Decatur, Leon.....	2
Central Elkader.....	3
Central Lee, Argyle.....	1
Central Lyon, Rock Rapids.....	2
Charles City.....	2
Charter Oak-Ute.....	2
Cherokee, Washington.....	5
Clarence-Lowden.....	1
Clarinda.....	12
Clarion.....	9
Clarksville.....	3
Clayton Ridge, Guttenberg (<i>also see Guttenberg</i>).....	1
Clay Central, Royal.....	1
Clay Central-Everyly.....	5
Clear Lake.....	6
Clearfield.....	1
Clinton.....	17
Clinton, St. Mary's.....	4
Coin.....	2
Colfax & Colfax-Mingo.....	2
Collins-Maxwell-Baxter.....	2
Colo-Nesco.....	2
Columbus, Columbus Jct.	4
Columbus, Waterloo.....	1
Coon Rapids-Bayard.....	1
Correctionville.....	2
Corydon, Wayne Community.....	1
Council Bluffs, Abraham Lincoln.....	3
Council Bluffs, Thomas Jefferson.....	5
Corning.....	10
Cresco.....	2
Creston.....	7
Cumberland-Massena.....	2
Dallas Center-Grimes.....	5
Danville.....	1
Davenport; Davenport, Central.....	43
Davenport, North.....	2
Davenport, West.....	12
Davis County, Bloomfield.....	16
Dayton.....	1
Decorah.....	2
Denison.....	5
Denison-Schleswig.....	3
Denver.....	2
Des Moines, East.....	12
Des Moines, Hoover.....	1
Des Moines, Lincoln.....	5
Des Moines, North.....	10
Des Moines, Roosevelt.....	10
Des Moines, West.....	14
Dexfield, Redfield.....	5
Dike.....	1
Dike-New Hartford.....	2
Dowling Catholic, Des Moines; West Des Moines.....	3
Dubuque, Senior.....	17

Dubuque, Hempstead.....	2
Durant.....	1
Dysart-Geneseo.....	1
Eagle Grove.....	9
Earlham.....	3
East Greene, Grand Junction.....	1
East Buchanan, Winthrop.....	1
East Sac County.....	1
Eddyville.....	2
Eldora; & Eldora-New Providence (see South Hardin)...	5
Elk Horn.....	1
Elliott.....	1
Emmetsburg.....	6
Emmetsburg Catholic.....	1
English Valleys, North English.....	2
Epworth, Western Dubuque.....	4
Estherville-Lincoln Central.....	4
Fairfield.....	5
Farragut.....	5
Fayette.....	2
Forest City.....	1
Fort Dodge.....	13
Fort Madison.....	7
Fredericksburg.....	1
Galva-Holstein.....	2
Garden Grove.....	1
Gehlen Catholic, Le Mars.....	6
George.....	1
Gilbert.....	1
Gillett Grove, South Clay.....	1
Glenwood.....	13
GMG, Garwin.....	2
Goldfield.....	4
Gowrie.....	2
Graettinger.....	2
Greene.....	1
Greenfield.....	2
Grinnell.....	13
Griswold.....	1
Grundy Center.....	4
Guttenberg.....	1
Guthrie Center.....	2
Hampton.....	2
Hampton-Dumont.....	3
Harcourt.....	4
Harlan.....	6
Hartley; Hartley-Melvin-Sanborn.....	4
Hawarden (also see West Sioux).....	2
Hedrick.....	2
Highland, Riverside.....	1
Hinton.....	4
Holstein; Galva-Holstein.....	4
Hubbard-Radcliffe (see South Hardin).....	6
Hudson.....	2

Humboldt	8
Ida Grove	9
IKM-Manning	1
Independence	6
Indianola	8
Iowa City, City High	22
Iowa City, University High	5
Iowa City, West	8
Iowa Falls	12
Iowa School for Deaf, Council Bluffs	4
Iowa Mennonite School, Kalona	3
Iowa Training School, Iowa	2
Iowa Valley, Marengo	8
Jefferson	5
Jesup	2
Johnston	4
Kanawha	2
Keokuk	4
Kingsley-Pierson	6
KP-WC	5
Knoxville	3
Kuemper Catholic, Carroll	5
Lacona	1
Lake City	1
Lake Mills	1
Lakota	1
Lamoni	8
Lawton-Bronson	2
LDF, LeGrand	2
Le Mars	4
Lenox	1
Lewis Central	5
Lincoln, Stanwood	1
Lincoln Central, Gruver	4
Linn-Mar, Marion	7
Lisbon	4
Logan; Logan-Magnolia	3
Lone Tree	4
Louisa-Muscatine	1
Lovilia	2
LuVerne	2
Lynnvile-Sully	5
Madrid	8
Maharishi, Fairfield	1
Mallard	1
Malvern	3
Manilla	1
Manly	1
Manning	7
Manson; Manson Northwest Webster	8
Maquoketa	3
Marion	11
Marshalltown	7

Martensdale-St. Marys	2
Mason City	14
Maurice-Orange City	3
Maxwell	1
Mediapolis	1
Melcher-Dallas	1
Meriden-Cleghorn	2
MFL, Monona	1
Midland, Wyoming	2
Mid-Prairie, Wellman	5
Milford	1
Modale	1
Monroe	1
Montezuma	6
Monticello	5
Mormon Trail, Garden Grove	3
Mount Ayr	7
Mount Pleasant	5
Mount Vernon	19
Murray	1
Muscatine	3
Nashua	3
NESCO, Zearing	1
Nevada	4
New Hampton	2
New Hartford	2
New London	2
Newell-Fonda	2
Newell-Providence	3
Newton	7
Nora Springs-Rock Falls	1
North Central, Manly	3
North Fayette, West Union	10
North Kossuth, Swea City	2
North Linn, Coggon/Troy Mills	3
North Mahaska, New Sharon	3
North Scott, Eldridge	1
North Union	1
Northeast Community, Goose Lake	1
Northeast Hamilton	2
Northwood-Kensett	9
Norwalk	1
NUH, Cedar Falls	9
OABCIG	1
Oakland	2
Ocheyedan	1
Oelwein	2
Ogden	2
Okoboji, Milford	2
Olds	1
Olin	3
Ollie	2
Osage	2
Osceola, Clarke	2
Oskaloosa	7
Ottumwa	10

Panorama, Panora	6
Paton-Churdan	4
Paullina	4
PCM, Monroe	4
Pekin	7
Pella	4
Pella Christian	4
Perry	9
Plainfield	1
Pleasantville	5
Pocahontas; Pocahontas Area	3
Pocahontas Catholic	2
Postville	1
Prairie, Cedar Rapids	4
Prairie City	5
Preston	9
Primghar	1
Red Oak	1
Regina, Iowa City	2
Rockford	2
Rock Valley	3
Rockwell City-Lytton	5
Rockwell-Swaledale	2
Rolfe	1
Russell	1
Sac City	7
St. Albert, Council Bluffs	2
St. Edmond, Fort Dodge	3
St. Mary's, Remsen	1
St. Mary's, Storm Lake	1
Salem	1
Sanborn	2
Saydel	4
Schaller	2
Schleswig	1
SEMCO, Gilman	1
Sergeant Bluff-Luton	2
Sheffield; Sheffield-Chapin; SCMT	4
Sheldon	3
Shenandoah	5
Sibley	3
Sibley-Ocheyedan	1
Sidney	3
Sigourney	7
Sioux Center	5
Sioux City	4
Sioux City, Central	3
Sioux City, East	9
Sioux City, North	2
Sioux Rapids-Rembrandt	3
Sioux Valley, Linn Grove	1
Solon	4
South Hardin, Eldora	1
South Page, College Springs	6
South Tama County; & Tama	8
Southeast Polk	3

Spencer	10
Spirit Lake Park	4
Starmont, Strawberry Point, Arlington	5
Storm Lake	8
Sumner	3
Sutherland	8
Tabor	2
Tingley	2
Tipton	1
Tri-County, Thornburg	1
Toledo, Juvenile Home	2
Traer	7
Treynor	4
Tri-Center, Neola	2
Turkey Valley, Jackson Junction	2
Twin Rivers, Bode	3
Underwood	1
Union-Whitten	1
Unity Christian, Orange City	1
Urbandale	5
Valley Jct.; Valley, West Des Moines	5
Van Buren, Keosauqua	1
Ventura	1
Villisca	5
Vinton	1
Waco	1
Wahlert Catholic, Dubuque	7
Walnut	1
Wapsie Valley, Fairbank	4
Washington	5
Waterloo, Central	1
Waterloo, East	14
Waterloo, West	16
Waukee	4
Waukon	1
Waverly-Shell Rock	11
Webster City	6
Wellman	1
West Bend	1
West Branch	2
West Burlington-Notre Dame	5
West Chester	4
West Delaware, Manchester	3
West Hancock, Britt	3
West Harrison, Mondamin	7
West Liberty	10
West Lyon, Inwood	5
West Marshall, State Center	5
West Monona, Onawa	1
Western Christian, Hull	3
Westwood, Sloan	1
Whiting	2
Williamsburg	5
Wilton Junction	2

Winfield-Mount Union	3
Winterset	3
Woodbine	6
Woodbury Central, Moville	2

Woodward-Granger	1
YJB, Jamaica	1

SCHOOLS WITH MOST FIELD EVENT CHAMPIONS

Davenport; Davenport, Central	43
Ames	42
Iowa City, City	22
Mount Vernon	19

Clinton	17
Dubuque, Senior	17
Davis County, Bloomfield	16
Waterloo, West	16

STATE MEET WHEELCHAIR EVENT STATE CHAMPION

100-METER

90 Tony Ramirez, Bishop Heelan, Sioux City	20.02
91 Eric Pun, Fort Dodge	21.14
92 Tom Rodruck, Winfield-Mount Union	20.20
93 John Jeter, Iowa City, West	26.26
94 Russ Comandatore, Davenport North	21.53
95 Jim Jeter, Iowa City, West	26.26
96 Mark Hauschildt, Nodaway Valley	18.94
97 E.J. Runyan, Johnston	19.50
98 E.J. Runyan, Johnston	20.13
99 E.J. Runyan, Johnston	18.36
00 E.J. Runyan, Johnston	17.81
01 Brian Wauters, Marshalltown	18.27
02 Brian Wauters, Marshalltown	20.32
03 Brian Wauters, Marshalltown	18.29
04 Nathan Redlinger, English Valleys	19.41
05 Nathan Redlinger, English Valleys	20.41

06 Cory Behrendt, Boone	24.67
07 Corey Behrendt, Boone	25.72
08 Mitch Hutchinson, Interstate 35, Truro	24.69
09 Matthew Jessen, Southeast Polk	42.88
10 Jon Litzkow, Waterloo West	22.76
11 Jon Litzkow, Waterloo West	20.41
12 Jordan Houdeshell, Linn-Mar, Marion	20.82
13 Jon Litzkow, Waterloo, West	18.49
14 Drake Sachsenmaier, Camanche	19.14
15 Jeromie Meyer, Woodbine	21.75
16 Noah Thomas, Roland-Story	18.92
17 Jordan Razor, Bondurant-Farrar	21.22
18 Evan Correll, Waukee	18.23
19 Evan Correll, Waukee	17.70
20 Season canceled due to COVID-19.	
21 Evan Correll, Waukee	16.07

200-METER

90 Event not contested	
91 Sean Runyan, Dowling Catholic, WDM	45.40
92 Tom Rodruck, Winfield-Mount Union	39.40
93 John Jeter, Iowa City, West	52.68
94 Russ Comandatore, Davenport, North	41.80
95 Mark Hauschildt, Nodaway Valley	47.03
96 Mark Hauschildt, Nodaway Valley	36.27
97 E.J. Runyan, Johnston	36.90
98 E.J. Runyan, Johnston	35.58
99 E.J. Runyan, Johnston	32.12
00 E.J. Runyan, Johnston	32.82
01 Brian Wauters, Marshalltown	35.20
02 Brian Wauters, Marshalltown	33.26
03 Brian Wauters, Marshalltown	33.75
04 Nathan Redlinger, English Valleys	35.28
05 Nathan Redlinger, English Valleys	35.44

06 Cory Behrendt, Boone	48.43
07 Cory Behrendt, Boone	49.52
08 Mitch Hutchinson, Interstate 35, Truro	50.11
09 Mitch Hutchinson, Interstate 35, Truro	52.05
10 Jon Litzkow, Waterloo West	43.07
11 Jon Litzkow, Waterloo West	37.42
12 Jordan Houdeshell, Linn-Mar, Marion	37.94
13 Jon Litzkow, Waterloo, West	31.01
14 Drake Sachsenmaier, Camanche	36.33
15 Jeromie Meyer, Woodbine	39.53
16 Noah Thomas, Roland-Story	35.57
17 Noah Thomas, Roland-Story	37.55
18 Evan Correll, Waukee	36.53
19 Evan Correll, Waukee	31.54
20 Season canceled due to COVID-19.	
21 Evan Correll, Waukee	29.17

400-METER (started 2003)

03 Brian Wauters, Marshalltown	1:08.11
04 Nathan Redlinger, English Valleys	1:04.87

05 Nathan Redlinger, English Valleys	1:14.36
06 Cory Behrendt, Boone	1:40.63

07	Cory Behrendt, Boone	1:40.05
08	<i>No Participants entered</i>	
09	<i>No Participants entered</i>	
10	Jon Litzkow, Waterloo, West	1:26.20
11	Jon Litzkow, Waterloo, West	1:13.27
12	Jordan Houdeshell, Linn-Mar	1:13.65
13	Jon Litzkow, Waterloo, West	56.57
14	Drake Sachsenmaier, Camanche.....	1:09.05

15	Jeromie Meyer, Woodbine	1:19.70
16	Noah Thomas, Roland-Story	1:12.82
17	Matthew Schultz, Southeast Polk	1:14.01
18	Matthew Schultz, Southeast Polk	1:09.80
19	Evan Correll, Waukee	1:00.69
20	Season canceled due to COVID-19.	
21	Evan Correll, Waukee	56.09

SHOT PUT

90	Mike Schafer, Rock Valley	19-10
91	Tom Woodward, Pekin	19-05
92	Jason Leydens, Dubuque, Senior	15-06
93	Brian Davis, Oskaloosa	19-02.50
94	Brian Davis, Oskaloosa	19-11
95	Mark Hauschildt, Nodaway Valley	20-08.50
96	Dale Brincks, Denison	16-06
97	<i>No Participants entered</i>	
98	Pat O'Hea, Wahlert, Dubuque	16-09
99	Pat O'Hea, Wahlert, Dubuque	17-09.50
00	Pat O'Hea, Wahlert, Dubuque	17-07
01	Sean Eherenman, Waterloo West	18-00.75
02	Sean Eherenman, Waterloo, West	20-06.50
03	Nick Lange, Wahlert, Dubuque	22-05
04	Nick Lange, Wahlert, Dubuque	23-10
05	Nick Lange, Wahlert, Dubuque	25-03.75

06	Andrew Naylor, Lamoni	15-00
07	<i>No Participants entered</i>	
08	<i>No Participants entered</i>	
09	Matthew Jessen, Southeast Polk	15-06
10	Matthew Jessen, Southeast Polk	16-10.25
11	Alex Gudenkauf, Dubuque Senior	35-07
12	Alex Gudenkauf, Dubuque Senior	37-09.75
13	Alex Gudenkauf, Dubuque Senior	40-05.50
14	Drake Sachsenmaier, Camanche	18-07.25
15	Kennedy Feller, Underwood	23-02.25
16	Ryan Peyton, Independence	21-03
17	Matthew Schultz, Southeast Polk	20-08.50
18	Matthew Schultz, Southeast Polk	26-02.75
19	Matthew Schultz, Southeast Polk	25-05.75
20	Season canceled due to COVID-19.	
21	Sam Spore, Union, LaPorte City	17-01.50

800-METER (1990-2002, 2019-)

90	Tony Ramirez, Bishop Heelan, SC	2:43.01
91	Tom Rodruck, Winfield-Mount Union	3:02.31
92	Tom Rodruck, Winfield-Mount Union	2:54.60
93	John Jeter, Iowa City, West	3:59.41
94	Ryan Atkinson, Panorama	3:01.70
95	Jim Jeter, Iowa City, West	3:48.84
96	Mark Hauschildt, Nodaway Valley	2:44.91
97	E.J. Runyan, Johnston	2:32.32

98	E.J. Runyan, Johnston	2:29.46
99	E.J. Runyan, Johnston	2:06.79
00	E.J. Runyan, Johnston	2:11.61
01	Brian Wauters, Marshalltown	2:37.86
02	Brian Wauters, Marshalltown	2:19.00
19	Wyatt Willand, Northwood-Kensett	2:08.19
20	Season canceled due to COVID-19.	
21	Evan Correll, Waukee	1:46.08

DISCUS (1990-2004)

90	Tony Ramirez, Bishop Heelan, Sioux City	46-05
91	Tom Rodruck, Winfield-Mount Union	52-09.50
92	Tom Rodruck, Winfield-Mount Union	55-00
93	Brian Davis, Oskaloosa	50-08
94	Brian Davis, Oskaloosa	58-07
95	Mark Hauschildt, Nodaway Valley	61-10.25
96	Mark Hauschildt, Nodaway Valley	71-03
97	E.J. Runyan, Johnston	49-02

98	E.J. Runyan, Johnston	66-09
99	E.J. Runyan, Johnston	71-11
00	E.J. Runyan, Johnston	72-04
01	Sean Eherenman, Waterloo, West	55-00
02	Sean Eherenman, Waterloo, West	53-00
03	Nick Lange, Wahlert, Dubuque	85-10
04	Nick Lange, Wahlert, Dubuque	73-09

SCHOOLS WITH THE MOST CHAMPIONS

Johnston	16
Waterloo West	13
Marshalltown	9
Waukee	9

Wahlert, Dubuque	8
Nodaway Valley	7
Boone	6
English Valleys	6

TEAMS CHAMPIONS & RUNNER-UP

2003 – Marshalltown	30
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Coach: Doug Bacon

Runner-up: English Valleys, North English	27
2004 – English Valleys, North English	31
Coach: Steve Hester	
Runner-up: Wahlert, Dubuque.....	16
2005 – Aplington-Parkersburg (Co-ed)	62
Coach: Special Education Teachers	
Runner-up: English Valleys, North English	36
2006 – Aplington-Parkersburg (Co-ed)	64
Coach: Special Education Teachers	
Runner-up: Boone	30
2007 – Aplington-Parkersburg (Co-ed)	40
Coach: Special Education Teachers	
Runner-up: Boone	30
2008 – Interstate 35, Truro.....	20
Coach: Tim McKinney	
Runner-up: None	
2009 – Interstate 35, Truro.....	26
Coach: Tim McKinney	
Runner-up: Southeast Polk	20
2010 – Waterloo, West.....	38
Coach: Matt McKenzie	
Runner-up: Southeast Polk	18
2011 – Waterloo, West.....	36
Coach: Matt McKenzie	
Runner-up: Linn-Mar, Marion	26
2012 – Linn-Mar, Marion	36
Coach: Keith Hopkins	

Runner-up: Camanche	29
2013 – Waterloo, West.....	35
Coach: Matt McKenzie	
Runner-up: Linn-Mar & Camanche.....	26
2014 – Camanche	40
Coach: Mark Metzger	
Runner-up: Ankeny Centennial	24
2015 – Woodbine	38
Coach: Ryan Coenen	
Runner-up: Ankeny Centennial & Bondur'nt-Farrar.....	26
2016 – Roland-Story & Independence	30
Coach: Brian Petersen/Clint Hospodarsky	
Runner-up	None – tie for first
2017 – (Tie) Bondurant-Farrar & Southeast Polk	32
Coach: Kyle Hammes/Jason Nolting	
Runner-up	None – tie for first
2018 – Waukee	36
Coach: Brent Heitland	
Runner-up: Southeast Polk.....	32
2019 – Waukee	38
Coach: Brent Heitland	
Runner-up: Northwood-Kensett.....	34
2020.....	Season canceled due to COVID-19.
2021 – Waukee	40
Coach: Brent Heitland	
Runner-up: Northwood-Kensett.....	32

RELAY CHAMPIONS

440-YARD RELAY

35 Davenport	43.8
36 Des Moines, North	43.7
37 Des Moines, East.....	43.6
38 (Tie) Cedar Rapids, Franklin & Grinnell.....	44.1
39 Des Moines, East.....	44.0
40 Des Moines, East.....	43.7
41 Sioux City, Central.....	44.0
42 Davenport	43.8
43 Fort Madison	44.0
44 Clinton.....	44.3
45 Waterloo, East	44.5
46 Des Moines, North	44.0
47 Dubuque	43.4
48 A-Des Moines, North	42.3
B-Cedar Falls, Teachers	45.3
49 A-Ames	43.5
B-Milford	45.7
50 A-Des Moines, East.....	45.3
B-Primghar	47.4
51 A-Des Moines, East.....	43.5
B-Primghar	45.8
52 A-Davenport	43.8
B-Lake City	45.4
53 AA-Des Moines, North.....	44.4
A-West Des Moines.....	46.2

B-Onawa	44.8
C-Schaller.....	46.3
54 AA-Marshalltown	43.5
A-West Des Moines	45.1
B-Onawa	44.8
C-Elliott.....	46.5
55 AA-Des Moines, Roosevelt	44.4
A-West Des Moines	45.7
B-Manson	45.2
C-Wellman.....	46.4
56 AA-Ames	43.4
A-Jefferson	45.5
B-Aurelia.....	45.3
C-Wellman.....	46.2
57 AA-Ames	44.1
A-Maquoketa	45.8
B-Rock Rapids	45.4
C-Kalona.....	46.0
58 AA-Ames	44.0
A-Harlan	44.4
B-Hawarden	46.0
C-Farragut	46.1
59 AA-Des Moines, North	42.9
A-Hampton	45.2
B-Clinton, St. Mary's	45.5

	C-West Chester	45.5			
60	AA-Mason City	43.6	69	AA-Clinton	42.9
	A-Corning	45.7		A-West Monona, Onawa	43.7
	B-LaPorte City	45.2		B-Belle Plaine	44.7
	C-Wall Lake	45.9		C-Dike	45.4
61	AA-Des Moines, North	44.1	70	AA-Waterloo, West	42.9
	A-Corning	44.7		A-Clear Lake	44.5
	B-Aurelia	46.1		B-Carlisle	44.4
	C-Scranton	44.5		C-Woodward-Granger	45.2
62	AA-Winterset	44.1	71	AA-Ames	42.8
	A-Perry	45.3		A-West Monona, Onawa	43.8
	B-(Tie) Aurelia & Paullina	45.5		B-Carlisle	44.8
	C-Scranton	46.6		C-Woodward-Granger	45.1
63	AA-Newton	44.0	72	AA-Ames	42.5
	A-Storm Lake	43.9		A-Storm Lake	44.5
	B-Altoona	45.2		B-Alta	44.5
	C-Dexfield, Redfield	45.4		C-Terril	44.5
64	AA-Davenport, Central	43.7	73	AA-Des Moines, Hoover	43.7
	A-Perry	45.0		A-Eagle Grove	44.8
	B-English Valleys, North English	44.8		B-Maurice-Orange City	44.8
	C-Dexfield, Redfield	44.3		C-Terril	45.3
65	AA-Des Moines, East	43.6	74	AA-Davenport, Central	43.7
	A-Shenandoah	44.5		A-Iowa Falls	44.7
	B-Farragut	44.8		B-Britt	44.6
	C-Irwin	45.3		C-Kanawha	44.8
66	AA-Sioux City, Central	42.6	75	AA-Des Moines, Technical	42.5
	A-Glenwood	43.9		A-Mount Pleasant	44.0
	B-Manson	44.3		B-Hartley	44.4
	C-Gilmore City-Bradgate	45.1		C-Earlham	45.3
67	AA-Dubuque	42.9	76	AA-Ames	43.0
	A-Storm Lake	43.7		A-Cherokee, Washington	44.3
	B-Villisca	44.8		B-Garner-Hayfield	44.5
	C-Terril	44.9		C-Nishna Valley	45.0
68	AA-Ames	43.9	77	AA-Cedar Rapids, Washington	42.4
	A-Prairie, Cedar Rapids	44.7		A-Saydel	43.8
	B-Prairie, Gowrie	45.9		B-Britt	44.1
	C-Goldfield	46.5		C-YJB, Jamaica	44.8

4 X 100 METER RELAY

(Relay was called 400 Meter Relay, 1978-83)

78	AA-Waverly-Shell Rock	43.12	83	4A-Davenport, Central	42.48
	A-Central Lyon, Rock Rapids	44.75		3A-St Albert, Council Bluffs	44.86
	B-NUH, Cedar Falls	44.54		2A-Prairie, Gowrie	43.98
	C-Primghar	45.48		1A-Sutherland	44.35
79	AA-Cedar Rapids, Jefferson	42.31	84	4A-Valley, West Des Moines	42.96
	A-Shenandoah	44.04		3A-St. Albert, Council Bluffs	44.17
	B-Britt	45.11		2A-Lake Mills	45.2
	C-Kanawha	44.41		1A-Paullina	45.0
80	AA-Clinton	42.85	85	4A-Valley, West Des Moines	42.49
	A-Clarion	43.56		3A-Grinnell	44.22
	B-Sac City	44.17		2A-Maurice-Orange City	44.4
	C-Paullina	45.04		1A-Meservey-Thornton	45.4
81	AA-Cedar Rapids, Washington	42.73	86	4A-Waterloo, Central	42.21
	A-South Tama County, Tama	43.81		3A-Osage	44.04
	B-Sac City	43.98		2A-Maurice-Orange City	43.71
	C-Paullina	45.19		1A-Meservey-Thornton	44.35
82	4A-Des Moines, Roosevelt	42.78	87	4A-Ames	42.60
	3A-St. Albert, Council Bluffs	44.36		3A-Marion	44.08
	2A-Central Lyon, Rock Rapids	44.82		2A-NUH, Cedar Falls	44.43
	1A-BCLUW, Conrad	44.65		1A-Titonka	44.79

88	4A-Ames	42.98	03	4A-DM East (ran 42.57 in prelims)	42.91
	3A-South Tama County, Tama	44.43		3A-Central Lee (ran 42.87 in prelims)	43.25
	2A-NUH, Cedar Falls	43.71		2A-Okoboji (ran 44.16 in prelims)	44.40
	1A-CAL-Dows	44.51		1A-Bishop Garrigan, Algona	43.03
89	4A-Des Moines, East	42.19		(Lisbon ran 43.01 in 1A prelims)	
	3A-Dallas Center-Grimes	43.45	04	4A-Cedar Rapids Washington	42.26
	2A-New London	44.36		3A-Central Clinton, De Witt	43.86
	1A-North Mahaska, New Sharon	44.71		2A-Cherokee	43.29
90	4A-Burlington	43.08		1A-Treynor	43.8
	3A-Spirit Lake	43.96	05	4A-Iowa City, City	42.21
	2A-NUH, Cedar Falls	43.85		3A-Xavier, Cedar Rapids	43.18
	1A-North Mahaska, New Sharon	45.05		2A-Beckman, Dyersville (ran 42.82 in prelims) ..	42.88
91	4A-Pleasant Valley	43.01		1A-Griswold	43.59
	3A-Knoxville	43.90	06	4A-Valley, West Des Moines	42.04
	2A-West Hancock, Britt	44.00		3A-Washington	43.24
	1A-Madrid	44.99		2A-Regina, Iowa City	43.83
92	4A-Davenport, Central	42.82		1A-Griswold	44.13
	3A-Assumption, Davenport	43.52	07	4A-Des Moines East	41.88
	2A-Mediapolis	43.52		3A-Xavier, Cedar Rapids	42.78
	1A-Bedford	44.59		2A-Beckman, Dyersville	43.59
93	4A-Davenport, Central	42.78		1A-Central Lyon, Rock Rapids	44.22
	3A-Assumption, Davenport	43.32	08	4A-Burlingtonn (ran 42.68 in prelims)	42.86
	2A-Mediapolis	43.48		3A-Xavier, Cedar Rapids	42.18
	1A-North Mahaska, New Sharon	44.71		2A-Roland-Story	43.59
94	4A-Davenport, Central	43.13		1A-West Hancock, Britt	43.48
	3A-Mount Pleasant	43.45	09	4A-Iowa City West	42.21
	2A-Mediapolis	43.44		3A-Central Clinton, DeWitt	43.65
	1A-Panorama	44.17		2A-Roland-Story	43.45
95	4A-Sioux City, West	42.57		1A-Alburnett	43.68
	3A-Johnston	43.49	10	4A-Des Moines Roosevelt	42.23
	2A-Iowa Falls	43.99		3A-Iowa Falls-Alden	43.30
	1A-Clarinda Academy	44.67		2A-Solon	42.86
96	4A-Iowa City, City	42.32		1A-Madrid	43.48
	3A-Bishop Heelan, Sioux City	43.29	11	4A-Cedar Falls	42.07
	2A-Colo-Nesco	44.10		3A-Central Clinton, DeWitt	42.50
	1A-Panorama	43.56		2A-West Marshall	43.03
97	4A-Iowa City, City	42.42		1A-Wapsie Valley, Fairbank	44.18
	3A-Assumption, Davenport	43.26	12	4A-Cedar Falls	42.48
	2A-Beckman, Dyersville	44.01		3A-Webster City	43.29
	1A-Panorama	43.73		2A-Mediapolis	43.11
98	4A-Des Moines, Hoover	43.08		1A-Manson Northwest Webster	43.55
	3A-Assumption, Davenport	42.59	13	4A-Waterloo, West	41.84
	2A-West Lyon, Inwood	43.94		3A-South Tama County	42.18
	1A-Iowa Mennonite, Kalona	44.02		2A-OA-BCIG	43.82
99	4A-Dowling, WDM	42.46		1A-Manson Northwest Webster	43.30
	3A-Washington	43.08	14	4A-Waukee	42.03
	2A-West Lyon, Inwood	43.54		3A-Dallas Center-Grimes	43.23
	1A-Iowa Mennonite, Kalona	44.09		2A-Cascade, Western Dubuque	43.51
00	4A-Iowa City, City	42.17		1A-Lynnville-Sully	43.92
	3A-LeMars	42.76	15	4A-Cedar Falls	42.47
	2A-West Lyon, Inwood	43.03		3A-Williamsburg	43.03
	1A-Hubbard-Radcliffe	44.30		2A-West Burlington/Notre Dame	42.56
01	4A-Iowa City, City High	41.89		(WB/ND ran 42.44 in the prelims)	
	3A-Washington	43.26		1A-Pleasantville	44.57
	2A-Tri-Center, Neola	43.89	16	4A-Prairie, Cedar Rapids	42.01
	1A-Madrid	44.00		3A-Boone	42.67
02	4A-Des Moines, East	42.49		2A-West Burlington/Notre Dame	42.69
	3A-Webster City	43.79		1A-Lawton-Bronson	43.34
	2A-Eddyville-Blakesburg	43.69	17	4A-Epworth, Western Dubuque	42.13
	1A-Madrid	43.94		3A-Dallas Center-Grimes	42.65

2A-Albia	42.67
1A-B-G-M, Brooklyn	43.58
18 4A-Cedar Rapids, Jefferson	41.90
3A-Marion	42.96
2A-Beckman Catholic, Dyersville	43.00
1A-South Winneshiek, Calmar	43.92
19 4A-Valley, West Des Moines	41.68
3A-Wahlert, Dubuque	43.27

2A-Williamsburg	43.24
1A-St. Edmond, Fort Dodge	43.71
20 Season canceled due to COVID-19.	
21 4A-Southeast Polk	42.35
3A- Dallas Center-Grimes	42.48
2A- OABCIG	42.59
1A- Lisbon.....	44.60

880-YARD RELAY

06 Des Moines West	1:36.4
07 Ida Grove	1:36.8
08 Des Moines East.....	NT
<i>(DM, West won but was DQ; no time for second was recorded)</i>	
09 Des Moines East.....	1:39.0
10 Des Moines North	1:39.4
11 Des Moines West.....	1:36.6
12 Des Moines East.....	1:37.6
13 Des Moines West.....	1:33.0
14 Des Moines West.....	1:36.4
15 Le Mars	1:36.4
16 Des Moines East.....	1:36.0
17 Des Moines, North	1:34.1
18 Mason City	1:35.0
19 Fort Dodge.....	1:36.2
20 Sioux City.....	1:36.4
21 Cedar Rapids.....	1:35.6
22 Cedar Rapids.....	1:34.8
23 Cedar Rapids.....	1:34.0
24 Colfax.....	1:32.7
25 Perry	1:35.0
26 Mason City.....	1:34.6
27 (Tie) Des Moines Roosevelt & Cedar Rapids, Washington.....	1:35.6
28 Cedar Rapids, Washington	1:35.5
29 Mason City	1:33.3
30 Jefferson	1:31.7
31 Davenport	1:32.9
32 Clinton.....	1:32.0
33 Clinton.....	1:31.4
34 Des Moines, North	1:31.3
35 Des Moines, North	1:31.7
36 Des Moines, North	1:31.4
37 Dubuque	1:32.9
38 Des Moines, East.....	1:31.0
39 Des Moines, East.....	1:30.0
40 Des Moines, East.....	1:32.0
41 Sioux City, Central	1:31.5
42 Davenport	1:31.9
43 Fort Madison	1:33.3
44 Clinton.....	1:31.4
45 Sioux City, East	1:32.1
46 Des Moines, Roosevelt.....	1:32.1
47 Des Moines, North	1:29.2
48 A-Des Moines, North	1:27.6
B-De Witt	1:33.4
49 A-Ames	1:30.4
B-Rockwell City	1:34.3

50 A-Des Moines, East	1:32.3
B-Rockwell City	1:35.8
51 A-Des Moines, East	1:30.7
B-Primghar	1:35.7
52 A-Davenport	1:31.2
B-Lake City.....	1:34.2
53 AA-Des Moines, East.....	1:31.2
A-(Tie) Humboldt & Red Oak	1:36.0
B-Onawa	1:33.8
C-Toledo Juvenile	1:36.1
54 AA-Marshalltown	1:30.5
A-West Des Moines	1:33.2
B-Onawa	1:33.2
C-Sheffield.....	1:36.4
55 AA-Ames	1:32.6
A-Shenandoah	1:35.6
B-Manson	1:33.4
C-Iowa School for Deaf, Council Bluffs	1:35.6
56 AA-Ames	1:30.2
A-DeWitt.....	1:33.8
B-Aurelia.....	1:33.6
C-Primghar	1:35.7
57 AA-Ames	1:31.4
A-Indianola	1:34.7
B-Rock Rapids	1:34.6
C-Tabor	1:36.4
58 AA-Mason City	1:31.0
A-Algona.....	1:32.4
B-Glenwood	1:33.5
C-Cleghorn	1:35.8
59 AA-Des Moines, Technical.....	1:30.1
A-Hampton	1:31.8
B-Clinton St. Mary's	1:33.8
C-West Chester	1:36.5
60 AA-Mason City	1:30.3
A-Red Oak	1:34.8
B-Onawa	1:33.6
C-Wall Lake	1:35.4
61 AA-Des Moines, Technical.....	1:30.2
A-Onawa	1:33.0
B-Emmetsburg	1:34.0
C-Scranton	1:34.1
62 AA-Sioux City, Central	1:30.6
A-Perry	1:32.3
B-Paullina	1:33.6
C-Scranton	1:36.8
63 AA-Des Moines, Roosevelt	1:30.2
A-Storm Lake	1:31.7

	B-Emmetsburg.....	1:34.6
	C-Dexfield, Redfield.....	1:34.5
64	AA-Davenport, Central.....	1:30.4
	A-Perry.....	1:32.3
	B-English Valleys, North English.....	1:33.4
	C-Dexfield, Redfield.....	1:31.3
65	AA-Des Moines, North.....	1:30.2
	A-Eagle Grove.....	1:33.2
	B-English Valleys, North English.....	1:32.7
	C-Pomeroy.....	1:34.4
66	AA-Davenport, Central.....	1:28.6
	A-Glenwood.....	1:31.5
	B-Manson.....	1:33.2
	C-Terril.....	1:33.2
67	AA-Sioux City, Central.....	1:29.0
	A-Storm Lake.....	1:30.8
	B-Villisca.....	1:33.3
	C-Terril.....	1:32.4
68	AA-Ames.....	1:30.3
	A-Spirit Lake.....	1:32.1
	B-Prairie, Gowrie.....	1:32.3
	C-Wall Lake.....	1:36.8
69	AA-Fort Dodge.....	1:29.7
	A-Clarinda.....	1:31.4
	B-Oakland.....	1:32.7
	C-Titonka.....	1:35.1
70	AA-Waterloo, East.....	1:29.1
	A-Clear Lake.....	1:30.3
	B-Boyden-Hull.....	1:32.9

	C-Woodward-Granger.....	1:34.1
71	AA-Indianola.....	1:30.5
	A-West Monona, Onawa.....	1:31.3
	B-Manning.....	1:32.8
	C-Aplington.....	1:34.7
72	AA-Cedar Rapids, Washington.....	1:28.8
	A-Ankeny.....	1:32.1
	B-Sibley.....	1:32.1
	C-Terril.....	1:31.9
73	AA-Davenport, Central.....	1:29.5
	A-Red Oak.....	1:31.3
	B-Maurice-Orange City.....	1:32.9
	C-Terril.....	1:32.4
74	AA-Davenport, Central.....	1:29.6
	A-Iowa Falls.....	1:32.7
	B-Britt.....	1:32.7
	C-Ruthven.....	1:33.5
75	AA-Ottumwa.....	1:29.0
	A-Nevada.....	1:30.1
	B-Columbus, Columbus Junction.....	1:31.6
	C-Hamburg.....	1:32.6
76	AA-Ames.....	1:28.5
	A-Nevada.....	1:30.8
	B-Sioux Center.....	1:31.8
	C-Y-J-B, Jamaica.....	1:33.0
77	AA-Cedar Rapids, Washington.....	1:27.9
	A-Eagle Grove.....	1:30.4
	B-NUH, Cedar Falls.....	1:31.8
	C-Y-J-B, Jamaica.....	1:32.0

4 x 200 METER RELAY

(Relay was called 800 Meter Relay, 1978-83)

78	AA-Cedar Rapids, Jefferson.....	1:29.54
	A-Eagle Grove.....	1:31.35
	B-NUH, Cedar Falls.....	1:31.07
	C-Kanawha.....	1:31.25
79	AA-Waterloo, West.....	1:28.52
	A-Shenandoah.....	1:30.59
	B-Sergeant Bluff-Luton.....	1:32.07
	C-Kanawha.....	1:31.02
80	AA-Ames.....	1:28.66
	A-Clarion.....	1:30.08
	B-NUH, Cedar Falls.....	1:31.86
	C-Twin Rivers, Bode.....	1:33.32
81	AA-Waterloo, West.....	1:28.88
	A-South Tama County, Tama.....	1:30.90
	B-NUH, Cedar Falls.....	1:30.62
	C-Iowa School for Deaf, Council Bluffs.....	1:33.37
82	4A-Davenport, Central.....	1:29.06
	3A-St. Albert, Council Bluffs.....	1:31.89
	2A-NUH, Cedar Falls.....	1:31.43
	1A-BCLUW, Conrad.....	1:33.59
83	4A-Davenport, Central.....	1:29.42
	3A-St Albert, Council Bluffs.....	1:32.54
	2A-Ida Grove.....	1:31.52
	1A-Sutherland.....	1:32.14
84	4A-Marshalltown.....	1:29.09

	3A-Mount Pleasant.....	1:31.54
	2A-Lake Mills.....	1:32.7
	1A-Sidney.....	1:32.2
85	4A-Ottumwa.....	1:29.49
	3A-Washington.....	1:31.43
	2A-AvoHa, Avoca.....	1:32.6
	1A-Paullina.....	1:33.8
86	4A-Valley, West Des Moines.....	1:28.14
	3A-Storm Lake.....	1:31.15
	2A-Maurice-Orange City.....	1:30.15
	1A-New Hartford.....	1:31.80
87	4A-Waterloo, Central.....	1:28.48
	3A-Storm Lake.....	1:30.89
	2A-Monroe.....	1:32.50
	1A-Ventura.....	1:31.60
88	4A-Davenport, Central.....	1:27.87
	3A-South Tama County, Tama.....	1:30.93
	2A-NUH, Cedar Falls.....	1:30.38
	1A-CAL-Dows.....	1:31.79
89	4A-Waterloo, East.....	1:27.80
	3A-Dallas Center-Grimes.....	1:30.57
	2A-New London.....	1:31.86
	1A-North Mahaska, New Sharon.....	1:33.08
90	4A-Waterloo, West.....	1:28.70
	3A-Alta-Aurelia.....	1:31.02

	2A-NUH, Cedar Falls	1:31.35		2A-Beckman, Dyersville	1:29.26
	1A-North Mahaska, New Sharon	1:33.17		1A-Griswold	1:30.11
91	4A-Iowa City, City High	1:28.23	06	4A-Iowa City, West	1:28.03
	3A-Spirit Lake-Park	1:30.24		3A-Mount Pleasant	1:29.87
	2A-Alta-Aurelia	1:29.81		2A-Beckman, Dyersville	1:29.96
	1A-North Mahaska, New Sharon	1:32.69		1A-Griswold	1:30.88
92	4A-Davenport, Central	1:27.42	07	4A-Des Moines East	1:28.60
	3A-Spirit Lake-Park	1:29.96		3A-Xavier, Cedar Rapids	1:29.49
	2A-West Hancock, Britt	1:30.18		2A-Beckman, Dyersville	1:31.03
	1A-Fredericksburg	1:32.37		1A-Alta	1:32.07
93	4A-Davenport, Central	1:28.80	08	4A-Cedar Rapids Washington	1:28.86
	3A-Assumption, Davenport	1:30.07		3A-Xavier, Cedar Rapids	1:29.08
	2A-Alta-Aurelia	1:30.54		2A-St. Edmond, Fort Dodge	1:31.22
	1A-Gehlen Catholic, LeMars	1:32.05		1A-Alta	1:31.03
94	4A-Iowa City, City High	1:28.00	09	4A-Cedar Rapids Washington	1:27.64
	3A-Cherokee, Washington	1:30.17		3A-Boone	1:30.11
	2A-Ballard, Huxley	1:30.54		2A-St. Edmond, Fort Dodge	1:30.08
	1A-Gehlen Catholic, LeMars	1:31.67		1A-Pleasantville	1:30.73
95	4A-Iowa City, City High	1:29.61	10	4A-Burlington	1:27.62
	3A-Waverly-Shell Rock	1:30.58		3A-Bishop Heelan Catholic, Sioux City	1:28.41
	2A-West Hancock, Britt	1:31.58		2A-West Marshall	1:28.43
	1A-Gehlen Catholic, Le Mars	1:31.54		1A-Northwood-Kensett	1:31.76
96	4A-Iowa City, City High	1:27.96	11	4A-Cedar Falls	1:27.12
	3A-Johnston	1:30.43		3A-Central, Clinton, DeWitt	1:28.40
	2A-Wapsie Valley, Fairbank	1:31.42		2A-West Marshall	1:28.65
	1A-Panorama	1:30.55		1A-Tri-County, Thornburg	1:32.17
97	4A-Iowa City, City High	1:27.67	12	4A-Iowa City, West	1:27.67
	3A-Bishop Heelan, Sioux City	1:30.56		3A-Marion	1:29.59
	2A-Beckman, Dyersville	1:31.87		2A-West Marshall	1:29.05
	1A-Panorama, Panora	1:29.62		1A-Manson Northwest Webster	1:31.96
98	4A-Valley, West Des Moines	1:28.10	13	4A-Linn-Mar, Marion	1:27.52
	3A-Washington	1:29.87		3A-LeMars	1:29.52
	2A-Beckman, Dyersville	1:29.91		2A-OA-BCIG	1:30.00
	1A-Madrid	1:31.35		1A-Manson Northwest Webster	1:29.92
99	4A-Valley, WDM	1:28.88	14	4A-Waukee	1:27.83
	3A-Mount Pleasant	1:29.54		3A-Bishop Heelan Catholic, Sioux City	1:30.06
	2A-Beckman, Dyersville	1:30.06		2A-Albia	1:29.62
	1A-Iowa Mennonite, Kalona	1:31.87		1A-Madrid	1:31.61
00	4A-Iowa City, City	1:27.83	15	4A-Linn-Mar, Marion	1:29.13
	3A-Waverly-Shell Rock	1:29.40		3A-Spirit Lake	1:29.52
	2A-West Lyon, Inwood	1:30.27		2A-West Burlington/Notre Dame	1:27.51
	1A-East Buchanan, Winthrop	1:31.03		1A-Pekin	1:31.04
01	4A-Iowa City, City	1:27.69	16	4A-Sioux City, East	1:28.28
	3A-West Delaware, Manchester	1:31.32		3A-Sergeant Bluff-Luton	1:27.87
	2A-Tri-Center, Neola	1:30.71		2A-West Burlington/Notre Dame	1:27.14
	1A-Madrid	1:32.07		1A-Lawton-Bronson	1:31.38
02	4A-Iowa City, City	1:28.14	17	4A-Waterloo, West	1:27.48
	3A-Waukee	1:30.89		3A-Dallas Center-Grimes	1:29.82
	2A-Williamsburg	1:29.71		2A-Albia	1:28.14
	1A-Madrid	1:30.84		1A-Lisbon	1:30.35
03	4A-Des Moines East	1:29.35	18	4A-Ankeny Centennial	1:27.99
	3A-Central Lee, Donnellson	1:29.75		3A-Nevada	1:29.66
	2A-Okoboji (ran 1:31.31 in prelims)	1:31.50		2A-AHSTW	1:29.97
	1A-Bishop Garrigan, Algona	1:30.57		1A-St. Albert, Council Bluffs	1:31.26
04	4A-Des Moines East	1:27.02	19	4A-Valley, West Des Moines	1:26.17
	3A-Fairfield	1:29.66		3A-Wahlert, Dubuque	1:29.09
	2A-North Fayette, West Union	1:29.33		2A-Williamsburg	1:29.71
	1A-Treynor	1:30.56		1A-St. Albert, Council Bluffs	1:31.47
05	4A-Iowa City, City	1:28.36	20	Season canceled due to COVID-19.	
	3A-Wahlert, Dubuque	1:30.07	21	4A-Valley, West Des Moines	1:27.06

3A -Carlisle	1:30.56
2A - Unity Christian, Orange City	1:28.58

1A - Gehlen Catholic, LeMars	1:31.31
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ONE-MILE RELAY

06 Ida Grove	3:48.2
07 Ida Grove	3:45.6
08 Des Moines, North	3:42.0
09 Des Moines, West.....	3:45.8
10 Cedar Rapids.....	3:40.6
11 Cedar Rapids.....	3:37.4
12 Des Moines, West.....	3:37.4
13 Des Moines, West.....	3:35.4
14 Des Moines West.....	3:38.8
15 Des Moines, East.....	3:36.6
16 Des Moines, East.....	3:33.6
17 Des Moines, West.....	3:35.2
18 Des Moines, North.....	3:36.0
19 Des Moines, West.....	3:36.0
20 Sioux City.....	3:30.0
21 Cedar Rapids.....	3:31.4
22 Cedar Rapids.....	3:36.4
23 Cedar Rapids.....	3:34.2
24 Mason City.....	3:29.9
25 Mason City.....	3:37.3
26 Carroll	3:31.9
27 Carroll	3:37.0
28 Oskaloosa.....	3:35.9
29 Newton.....	3:32.6
30 Newton.....	3:32.0
31 Grinnell	3:31.5
32 Grinnell	3:30.0
33 Des Moines, North.....	3:32.6
34 Ottumwa	3:29.9
35 Davenport	3:28.0
36 Clinton.....	3:29.3
37 Valley Junction.....	3:29.8
38 Fort Madison.....	3:28.8
39 Sioux City, East	3:31.3
40 Des Moines, East.....	3:31.2
41 Cedar Rapids, Franklin.....	3:26.8
42 Sioux City, Central.....	3:30.3
43 Des Moines, East.....	3:32.7
44 Des Moines, Roosevelt.....	3:27.5
45 Des Moines, Roosevelt.....	3:29.7
46 Des Moines, Roosevelt.....	3:30.6
47 Ames.....	3:29.8
48 A-Des Moines, North	3:27.7
B-Albert City	3:35.8
49 A-Des Moines, East.....	3:31.4
B-Nevada.....	3:35.2
50 A-Mason City	3:35.5
B-Lake City	3:45.3
51 A-Des Moines, East.....	3:28.2
B-Lake City	3:45.6
52 A-Davenport	3:30.0
B-Lake City	3:35.8
53 AA-Des Moines, North.....	3:29.4

A-Creston	3:38.2
B-Lake City.....	3:37.8
C-Fayette.....	3:39.0
54 AA-Des Moines, North	3:23.3
A-Denison	3:33.6
B-Lake City.....	3:32.6
C-Castana	3:39.4
55 AA-Des Moines, Roosevelt	3:32.8
A-Hampton	3:40.2
B-Albert City	3:31.1
C-Iowa School for Deaf, Council Bluffs	3:38.0
56 AA-Ames	3:24.7
A-Clarinda	3:29.9
B-Traer	3:34.0
C-Terril.....	3:37.8
57 AA-Ames	3:26.6
A-Indianola	3:36.3
B-Marengo	3:32.4
C-Terril.....	3:34.9
58 AA-Ames	3:28.5
A-Indianola	3:31.1
B-Tripoli.....	3:36.5
C-Wall Lake	3:36.5
59 AA-Des Moines, East.....	3:26.0
A-Jefferson	3:31.0
B-Moville.....	3:33.3
C-West Chester.....	3:39.7
60 AA-Des Moines, Tech	3:26.7
A-Belmond	3:33.3
B-English Valleys, North English	3:28.8
C-LuVerne	3:36.2
61 AA-Des Moines, Tech	3:27.6
A-Central Lyon, Rock Rapids.....	3:33.2
B-Maurice-Orange City	3:35.1
C-Sioux Rapids	3:35.7
62 AA-Cedar Rapids, Jefferson	3:23.7
A-North Scott, Eldridge	3:30.7
B-Sioux Center.....	3:37.2
C-Moville.....	3:37.5
63 AA-Des Moines, Roosevelt	3:19.4
A-Ankeny.....	3:29.5
B-Lake View-Auburn	3:35.6
C-Dexfield, Redfield	3:37.2
64 AA-Des Moines, North	3:25.8
A-Hampton	3:33.1
B-Seymour	3:31.3
C-Scranton	3:34.5
65 AA-Mason City	3:26.7
A-Eagle Grove.....	3:29.9
B-Lynnville-Sully.....	3:29.8
C-Pomeroy	3:33.2
66 AA-Davenport, Central.....	3:22.8
A-Cherokee, Washington	3:32.0

	B-Manson	3:27.3
	C-Treynor	3:34.1
67	AA-Davenport, Central	3:18.0
	A-Cherokee, Washington	3:23.4
	B-Villisca	3:29.9
	C-Clay Central, Royal	3:34.0
68	AA-Davenport, Central	3:23.0
	A-Storm Lake	3:30.2
	B-Prairie, Gowrie	3:37.0
	C-Clay Central, Royal	3:39.0
69	AA-Indianola	3:20.3
	A-Jefferson	3:27.0
	B-Aurelia	3:29.3
	C-Bayard	3:33.0
70	AA-Indianola	3:17.7
	A-Clear Lake	3:30.0
	B-Aurelia	3:31.5
	C-Glidden-Ralston	3:34.1
71	AA-Indianola	3:24.5
	A-Eagle Grove	3:26.9
	B-Belle Plaine	3:30.6
	C-Crestland, Early	3:34.4
72	AA-Davenport, Central	3:23.8

	A-Ankeny	3:29.4
	B-Pocahontas	3:29.0
	C-New Hartford	3:30.2
73	AA-Sioux City, East	3:22.2
	A-Red Oak	3:29.3
	B-Louisa-Muscatine	3:34.2
	C-Hamburg	3:33.3
74	AA-Davenport, Central	3:24.2
	A-Iowa Falls	3:26.6
	B-Northwood-Kensett	3:30.2
	C-Hamburg	3:30.5
75	AA-Ottumwa	3:19.6
	A-Sioux Center	3:23.9
	B-La Porte City	3:27.4
	C-Hamburg	3:29.5
76	AA-Davenport, Central	3:21.2
	A-Spencer	3:26.5
	B-Unity Christian, Orange City	3:28.4
	C-Hamburg	3:30.6
77	AA-Cedar Rapids, Washington	3:19.7
	A-Eagle Grove	3:25.5
	B-Sioux Center	3:30.5
	C-Hamburg	3:27.2

4 x 400 METER RELAY

(Relay was called 1600 Meter Relay, 1978-83)

78	AA-Marshalltown	3:23.19
	A-Iowa Falls	3:29.78
	B-Kingsley-Pierson	3:24.18
	C-Reinbeck	3:31.26
79	AA-Waterloo, East	3:18.76
	A-Iowa Falls	3:24.1
	B-Sioux Center	3:26.05
	C-Kanawha	3:28.72
80	AA-North Scott, Eldridge	3:19.94
	A-Davis County, Bloomfield	3:24.04
	B-Britt	3:25.69
	C-Terril	3:29.33
81	AA-Waterloo, West	3:19.78
	A-Davis County, Bloomfield	3:24.64
	B-NUH, Cedar Falls	3:25.72
	C-Titonka	3:28.27
82	4A-North Scott, Eldridge	3:21.27
	3A-Pella	3:25.90
	2A-NUH, Cedar Falls	3:25.99
	1A-New Hartford	3:29.70
83	4A-Sioux City, East	3:19.04
	3A-Eagle Grove	3:24.54
	2A-West Branch	3:25.50
	1A-Allison-Bristow	3:29.44
84	4A-Marshalltown	3:20.16
	3A-St Albert, Council Bluffs	3:25.74
	2A-West Branch	3:27.6
	1A-Sidney	3:27.8
85	4A-Marshalltown	3:20.83
	3A-Mount Pleasant	3:28.41
	2A-Maurice-Orange City	3:28.7
	1A-Galva-Holstein	3:30.4
86	4A-Iowa City, West	3:20.95

	3A-Pella	3:25.69
	2A-Maurice-Orange City	3:24.20
	1A-Schaller	3:30.36
87	4A-Davenport, West	3:20.20
	3A-Storm Lake	3:25.54
	2A-NUH, Cedar Falls	3:27.88
	1A-CAL-Dows	3:25.68
88	4A-Ames	3:21.58
	3A-Storm Lake	3:23.19
	2A-Alta	3:23.57
	1A-Aurelia	3:24.51
89	4A-Ames	3:20.69
	3A-Hampton-Dumont	3:22.45
	2A-Alta	3:26.34
	1A-Woodbine	3:30.15
90	4A-Waterloo, West	3:22.43
	3A-Glenwood	3:24.21
	2A-Madrid	3:28.00
	1A-Janesville	3:26.19
91	4A-Ames	3:18.39
	3A-Clear Lake	3:24.09
	2A-NUH, Cedar Falls	3:22.56
	1A-CAL-Dows	3:30.19
92	4A-Fort Dodge	3:20.19
	3A-Glenwood	3:23.54
	2A-West Branch	3:24.59
	1A-Essex	3:28.47
93	4A-Iowa City, City High	3:20.79
	3A-Algona	3:23.95
	2A-Monticello	3:25.15
	1A-Lynnville-Sully	3:26.91
94	4A-Iowa City, City High	3:19.60
	3A-Cherokee, Washington	3:25.30

	2A-Louisa-Muscatine	3:24.99	08	4A-Cedar Falls (ran 3:20.25 in prelims)	3:21.71
	1A-West Marshall	3:26.99		3A-Washington	3:21.94
95	4A-Ames	3:18.93		2A-St. Edmond, Fort Dodge	3:23.42
	3A-Humboldt	3:23.35		1A-Lake Mills	3:28.99
	2A-Ballard, Huxley	3:25.78	09	4A-Ottumwa	3:18.07
	1A-West Marshall	3:23.19		3A-Bishop Heelan, Sioux City	3:18.24
96	4A-Ames	3:19.64		2A-St. Edmond, Fort Dodge	3:20.32
	3A-Centerville	3:25.91		1A-Pleasantville	3:27.34
	2A-Garner-Hayfield	3:26.35	10	4A-Indianola	3:20.40
	1A-BCLUW, Conrad	3:26.36		3A-Bishop Heelan Catholic, Sioux City	3:20.00
97	4A-Iowa City, City High	3:20.70		2A-St. Edmond, Fort Dodge	3:22.09
	3A-Decorah	3:22.70		1A-Griswold	3:28.26
	2A-Unity Christian, Orange City	3:25.13	11	4A-Valley, West Des Moines	3:18.70
	1A-Panorama	3:24.74		3A-Clear Creek-Amana	3:21.77
98	4A-Des Moines, Hoover	3:19.06		2A-South Central Calhoun	3:21.35
	3A-Bishop Heelan, Sioux City	3:21.48		1A-West Harrison, Mondamin	3:27.66
	2A-Beckman, Dyersville	3:26.02	12	4A-Valley, West Des Moines	2:20.25
	1A-NUH, Cedar Falls	3:26.83		3A-Decorah	3:22.63
99	4A-Iowa City, City High	3:22.25		2A-Kingsley-Pierson/Woodbury Central	3:21.91
	3A-Mount Pleasant	3:22.28		1A-Manson Northwest Webster	3:27.04
	2A-Beckman, Dyersville	3:26.28	13	4A-Waukee	3:19.04
	1A-West Marshall	3:24.19		3A-Knoxville	3:21.68
00	4A-Iowa City, City	3:18.01		2A-Albia	3:21.21
	3A-Mount Pleasant	3:21.37		1A-Manson Northwest Webster	3:23.74
	2A-Unity Christian, Orange City	3:23.05	14	4A-Cedar Falls	3:18.30
	1A-Central Lyon, Rock Rapids	3:27.65		3A-Center Point-Urbana	3:23.79
01	4A-Iowa City, City	3:19.68		2A-Albia	3:21.37
	3A-Waverly-Shell Rock	3:22.96		1A-Mount Ayr	3:26.03
	2A-Monticello	3:23.61	15	4A-Cedar Falls	3:18.02
	1A-West Branch	3:26.95		3A-Center Point-Urbana	3:21.19
02	4A-Ankeny	3:22.00		2A-Albia	3:20.74
	3A-Fairfield	3:23.84		1A-Alta-Aurelia	3:25.86
	2A-Tipton	3:24.45	16	4A-Cedar Falls	3:16.85
	1A-Saint Ansgar	3:25.50		3A-Sergeant Bluff-Luton	3:20.67
03	4A-Ankeny	3:22.24		2A-Albia	3:18.09
	3A-Harlan	3:23.30		1A-Jesup	3:26.23
	2A-West Branch	3:25.67	17	4A-Cedar Falls	3:17.88
	1A-Sac City	3:26.60		3A-Dallas Center-Grimes	1:29.82
04	4A-Ankeny	3:21.25		2A-Albia	1:28.14
	3A-Bishop Heelan, Sioux City	3:20.38		1A-Lisbon	3:22.85
	2A-Tipton	3:26.18	18	4A-Valley, West Des Moines	3:16.55
	1A-Treynor	3:27.40		3A-Atlantic	3:20.96
05	4A-Valley, West Des Moines	3:18.54		2A-Pekin	3:21.76
	3A-Charles City	3:21.44		1A-St. Albert, Council Bluffs	3:24.81
	2A-Roland-Story	3:23.13	19	4A-Waukee	3:14.81
	1A-Treynor	3:24.94		3A-Atlantic	3:21.11
06	4A-Valley, WDM (3:13.80 in prelims)	3:14.61		2A-Dike-New Hartford	3:22.70
	3A-Williamsburg	3:23.47		1A-St. Edmond, Fort Dodge	3:25.73
	2A-Mid-Prairie, Wellman	3:21.90	20	Season canceled due to COVID-19.	
	1A-North Linn, Troy Mills	3:22.13	21	4A-Cedar Falls	3:15.85
07	4A-Valley, WDM	3:19.62		3A-Pella	3:22.29
	3A-Humboldt	3:22.61		2A-Underwood	3:25.42
	2A-St. Edmond, Fort Dodge	3:24.28		1A-Danville	3:28.68
	1A-BCLUW, Conrad	3:27.73			

TWO-MILE RELAY

35	Council. Bluffs, Abraham Lincoln	8:30.7	37	Dubuque	8:23.1
36	Oskaloosa	8:24.1	38	Des Moines, Roosevelt	8:05.5

39	Clinton.....	8:17.7	A-West Monona, Onawa.....	8:09.9
40	Des Moines, Lincoln.....	8:13.2	B-Sheffield-Chapin.....	8:21.8
41	Des Moines, East.....	8:17.9	C-Prairie City.....	8:39.0
42	Des Moines, East.....	8:18.4	64 AA-Ames.....	8:05.9
43	Cedar Rapids, Franklin.....	8:18.5	A-Eagle Grove.....	8:16.9
44	Sioux City, Central.....	8:18.5	B-Woodbine.....	8:15.4
45	Sioux City, East.....	8:22.7	C-Fredericksburg.....	8:19.8
46	Cedar Rapids, Franklin.....	8:14.2	65 AA-Ames.....	8:02.2
47	Davenport.....	8:12.6	A-Eagle Grove.....	8:13.1
48	A-Des Moines, East.....	8:13.8	B-Woodbine.....	8:18.7
	B-Aurelia.....	8:32.3	C-Pocahontas.....	8:30.9
49	A-Iowa City, City.....	8:21.7	66 AA-Sioux City, Central.....	7:47.4
	B-Nevada.....	8:26.0	A-Shenandoah.....	8:08.5
50	A-Ames.....	8:17.8	B-Carlisle.....	8:13.4
	B-Nevada.....	8:34.5	C-Schaller.....	8:23.3
51	A-Des Moines, East.....	8:27.5	67 AA-Des Moines, Roosevelt.....	8:05.0
	B-Postville.....	8:41.4	A-Westwood, Sloan.....	8:09.6
52	A-Davenport.....	8:17.3	B-Prairie, Gowrie.....	8:13.4
	B-Albert City.....	8:37.9	C-Lincoln Central, Gruver.....	8:19.7
53	AA-Des Moines, East.....	8:17.6	68 AA-Sioux City, Central.....	8:01.7
	A-Clarinda.....	8:21.6	A-Westwood, Sloan.....	8:07.4
	B-Albert City.....	8:29.9	B-Prairie, Gowrie.....	8:18.6
	C-College Springs.....	8:44.5	C-Graettinger.....	8:52.4
54	AA-Des Moines, North.....	8:16.3	69 AA-Des Moines, North.....	7:51.6
	A-Audubon.....	8:23.5	A-Emmetsburg.....	8:08.4
	B-Albert City.....	8:23.0	B-Rockwell City.....	8:16.4
	C-College Springs.....	8:30.7	C-Lincoln Central, Gruver.....	8:28.4
55	AA-Ames.....	8:18.2	70 AA-Clinton.....	7:49.3
	A-Humboldt.....	8:49.5	A-Prairie, Cedar Rapids.....	8:08.7
	B-Lake City.....	8:19.6	B-Grundy Center.....	8:12.0
	C-Quimby.....	8:24.0	C-Pocahontas, Catholic.....	8:36.7
56	AA-Des Moines, North.....	8:03.9	71 AA-Clinton.....	7:56.0
	A-Clarinda.....	8:09.8	A-Chariton.....	8:12.7
	B-Manning.....	8:28.0	B-Carlisle.....	8:17.6
	C-Primghar.....	8:23.3	C-Central Webster, Burnside.....	8:22.9
57	AA-Ames.....	8:25.5	72 AA-Sioux City, East.....	7:56.3
	A-Eagle Grove.....	8:32.9	A-Forest City.....	8:18.5
	B-Manning.....	8:22.1	B-Montezuma.....	8:13.4
	C-Schleswig.....	8:29.1	C-Central Webster, Burnside.....	8:11.2
58	AA-Sioux City, Central.....	8:13.8	73 AA-Ames.....	7:53.4
	A-Cherokee, Washington.....	8:16.6	A-Mount Pleasant.....	8:07.9
	B-Tripoli.....	8:23.1	B-Mount Vernon.....	8:07.8
	C-Menlo.....	8:36.4	C-Hamburg.....	8:09.9
59	AA-Des Moines, Tech.....	8:09.6	74 AA-Cedar Falls.....	7:49.7
	A-Cherokee, Washington.....	8:23.8	A-Lewis Central.....	8:01.4
	B-Johnston.....	8:27.4	B-Britt.....	8:05.6
	C-College Springs.....	8:44.3	C-Hamburg.....	8:12.0
60	AA-Ames.....	8:15.9	75 AA-Cedar Rapids, Washington.....	7:55.9
	A-North Scott, Eldridge.....	8:34.4	A-St. Albert, Council Bluffs.....	8:03.4
	B-Glenwood.....	8:22.6	B-Maurice-Orange City.....	8:18.1
	C-Sioux Rapids.....	8:34.1	C-Hamburg.....	8:11.6
61	AA-Newton.....	8:11.5	76 AA-Davenport, West.....	7:55.8
	A-Cherokee, Washington.....	8:23.4	A-Davis County, Bloomfield.....	8:02.5
	B-Alta.....	8:35.5	B-Belmond.....	8:10.0
	C-Sioux Rapids.....	8:22.9	C-Wellsburg.....	8:16.0
62	AA-Valley, West Des Moines.....	7:59.6	77 AA-Davenport, West.....	7:47.0
	A-Prairie, Cedar Rapids.....	8:18.7	A-Davis County, Bloomfield.....	8:06.5
	B-Prairie, Gowrie.....	8:30.5	B-North Linn, Coggon.....	8:08.7
	C-Moville.....	8:25.5	C-Greene.....	8:13.3
63	AA-Davis County, Bloomfield.....	7:59.4		

4 x 800 METER RELAY*(Relay was called 3200 Meter Relay, 1978-83)*

78	AA-Davenport, Central	7:54.71	3A-Sheldon	7:57.73
	A-Iowa Falls	8:02.59	2A-Williamsburg	8:07.40
	B-Prairie, Gowrie	8:07.51	1A-Dike	8:08.63
	C-Bridgewater-Fontanelle	8:10.79	93 4A-Dubuque, Senior	7:57.96
79	AA-Muscatine	7:48.01	3A-Forest City	8:03.08
	A-Iowa Falls	7:55.87	2A-St. Albert, Co. Bluffs	8:00.80
	B-Woodbine	8:04.42	1A-West Bend-Mallard	8:14.18
	C-Treynor	8:15.31	94 4A-Dubuque, Senior	7:56.68
80	AA-Dowling Catholic, WDM	7:47.57	3A-Storm Lake	8:08.29
	A-Davis County, Bloomfield	7:55.1	2A-Belmond-Klemme	8:01.38
	B-Sioux Center	8:02.78	1A-West Bend-Mallard	8:04.87
	C-Treynor	8:03.13	95 4A-Iowa City, City High	8:00.17
81	AA-Muscatine	7:48.88	3A-Prairie, Cedar Rapids	8:02.70
	A-Tipton	7:57.20	2A-Gilbert	8:07.60
	B-NUH, Cedar Falls	8:01.17	1A-Riverside, Oakland	8:05.51
	C-Sidney	8:09.50	96 4A-Ankeny	7:52.16
82	4A-Spencer	7:52.31	3A-Centerville	7:59.79
	3A-Sheldon	7:56.15	2A-Garner-Hayfield	8:05.47
	2A-Sioux Center	7:55.45	1A-Woodbine	8:06.16
	1A-Aurelia	8:13.58	97 4A-Iowa City, City High	7:58.56
83	4A-Ames	7:49.89	3A-Centerville	8:00.42
	3A-Western Christian, Hull	8:00.60	2A-Unity Christian, Orange City	8:05.52
	2A-West Branch	8:04.89	1A-Collins-Maxwell-Baxter	8:07.90
	1A-Allison-Bristow	8:08.82	98 4A-Cedar Falls	7:55.75
84	4A-Cedar Rapids, Kennedy	7:51.4	3A-Cedar Rapids, Regis/LaSalle	7:56.31
	3A-Tipton	8:03.05	2A-Collins-Maxwell-Baxter	8:02.56
	2A-West Branch	8:06.0	1A-Madrid	8:09.34
	1A-Earlham	8:18.2	99 4A-Ames	7:57.20
85	4A-Marshalltown	7:46.52	3A-Waverly-Shell Rock	7:57.61
	3A-Tipton	8:02.36	2A-Beckman, Dyersville	8:01.84
	2A-Northwood-Kensett	8:06.8	1A-Calamus-Wheatland	8:11.28
	1A-Earlham	8:15.7	00 4A-Iowa City, City	7:52.85
86	4A-Marshalltown	7:47.66	3A-Waukon	7:55.61
	3A-Glenwood	8:01.45	2A-Tipton	7:53.67
	2A-Central, Elkader	8:03.49	1A-Lawton-Bronson	8:06.50
	1A-CAL, Latimer	8:06.72	01 4A-Iowa City, City High	8:00.12
87	4A-Ames	7:44.06	3A-Forest City	7:58.21
	3A-Clear Lake	7:57.86	2A-Tipton	8:08.57
	2A-Garner-Hayfield	8:01.91	1A-Greene	8:13.97
	1A-CAL, Latimer	8:03.59	02 4A-Valley, West Des Moines	7:50.81
88	4A-Dubuque, Senior	7:56.51	3A-Columbus Catholic, Waterloo	8:00.25
	3A-Sheldon	8:00.89	2A-Tipton	7:57.85
	2A-Woodbine	8:00.69	1A-Greene	8:06.37
	1A-Pomeroy	8:09.21	03 4A-Ankeny	7:55.88
89	4A-Spencer	7:50.7	3A-Benton, Van Horne	8:01.65
	3A-Storm Lake	8:01.23	2A-Roland-Story	8:08.50
	2A-Gehlen Catholic, LeMars	8:07.31	1A-Turkey Valley, Jackson Junction	8:11.04
	1A-Woodbine	8:06.5	04 4A-Linn-Mar	7:48.26
90	4A-Valley, West Des Moines	7:48.88	3A-Decorah-North Winneshiek	8:04.21
	3A-Sheldon	8:04.91	2A-West Liberty	8:06.83
	2A-Woodbine	8:10.53	1A-Turkey Valley, Jackson Junction	8:11.78
	1A-Greene	8:13.21	05 4A-Linn-Mar	7:48.55
91	4A-Ames	7:58.41	3A-Wahlert, Dubuque	8:03.02
	3A-Benton Community, Van Horne	8:05.50	2A-West Liberty	7:56.03
	2A-Belmond-Klemme	8:10.82	1A-Riverside, Oakland	8:10.00
	1A-Iowa Mennonite, Kalona	8:09.15	06 4A-Marshalltown	7:58.47
92	4A-Iowa City, City High	7:55.55	3A-Knoxville	8:05.86

	2A-Monticello	8:04.55	14	4A-Prairie, Cedar Rapids	7:49.52
	1A-BCLUW, Conrad	8:03.06		3A-Center Point-Urbana	7:59.20
07	4A-Iowa City West	8:01.85		2A-Monticello	7:54.26
	3A-Knoxville	8:05.63		1A-Mount Ayr	8:14.23
	2A-Monticello	7:59.66	15	4A-Ames	7:41.43
	1A-BCLUW, Conrad	8:09.99		3A-Gilbert	7:56.68
08	4A-Waukee	7:53.52		2A-Monticello	7:50.38
	3A-Spirit Lake	8:00.56		1A-Alta-Aurelia	8:11.29
	2A-West Liberty	8:00.89	16	4A-Waukee	7:47.08
	1A-Northeast, Goose Lake	8:09.99		3A-Mount Vernon	8:00.01
09	4A-Waukee	7:53.88		2A-Monticello	7:51.24
	3A-Algona	8:01.05		1A-St. Edmond, Fort Dodge	8:12.14
	2A-St. Edmond, Fort Dodge	7:57.59	17	4A-Waukee	7:49.34
	1A-Belmond-Klemme	8:13.33		3A-Mount Vernon	7:58.92
10	4A-Cedar Rapids Washington	7:48.70		2A-Dike-New Hartford	8:01.33
	3A-Algona	7:55.65		1A-Pekin	7:58.63
	2A-Monticello	7:58.57	18	4A-Iowa City, City High	7:49.41
	1A-North Iowa, Buffalo Center	8:04.51		3A-Atlantic	8:01.05
11	4A-Prairie, Cedar Rapids	7:54.56		2A-Pekin	7:59.95
	3A-Spirit Lake Park	7:49.07		1A-Lisbon	8:06.24
	2A-St. Edmond, Fort Dodge	7:55.76	19	4A-Ames	7:51.95
	1A-BCLUW, Conrad	8:04.40		3A-Sergeant Bluff-Luton	7:58.68
12	4A-Waukee	7:49.79		2A-South Hamilton	8:01.23
	3A-Decorah	7:56.34		1A-Earlham	8:07.10
	2A-Mount Vernon	7:57.66	20	Season canceled due to COVID-19.	
	1A-St. Albert, Council Bluffs	8:13.46	21	4A-Iowa City, Liberty	7:49.45
13	4A-Iowa City, City	7:48.06		3A- Pella	7:55.14
	3A-Pella	7:58.79		2A- Northeast, Goose Lake	8:15.69
	2A-Monticello	7:53.46		1A- Earlham	8:04.37
	1A-AGWSR, Ackley	8:21.08			

ONE-MILE MEDLEY RELAY

35	Valley Junction.....	3:42.3	A-Jefferson	3:47.5
36	Valley Junction.....	3:42.4	B-Albert City	3:44.4
37	Fort Dodge.....	3:44.3	C-West Branch	3:51.6
38	Ames.....	3:35.6	54 AA-Des Moines, North	3:36.2
39	Iowa School for Deaf, Council Bluffs	3:44.5	A-Atlantic	3:46.0
40	(Tie) Ames & Iowa School for Deaf, CB	3:42.6	B-Albert City	3:45.0
41	Ames.....	3:41.7	C-Elliott	3:45.6
42	Des Moines, Lincoln	3:41.1	55 AA-Des Moines, Roosevelt	3:46.3
43	Des Moines, East.....	3:43.2	A-Hampton	3:50.9
44	Des Moines, East.....	3:41.7	B-Albert City	3:41.8
45	Sioux City, Trinity	3:40.8	C-Primghar	3:46.6
46	Cedar Rapids, Wilson	3:43.1	56 AA-Des Moines, North	3:38.0
47	Iowa City, City.....	3:39.9	A-Clarinda	3:45.1
48	A-Newton	3:39.2	B-Johnston	3:45.9
	B-De Witt	3:43.4	C-Primghar	3:43.7
49	A-Des Moines, East.....	3:42.0	57 AA-Des Moines, East.....	3:42.8
	B-Corydon	3:50.2	A-Hampton	3:44.5
50	A-Des Moines, Tech.....	3:48.1	B-Britt	3:47.1
	B-Nevada.....	3:52.1	C-Hedrick.....	3:49.2
51	A-Des Moines, North	3:41.5	58 AA-Cedar Rapids, Jefferson	3:38.1
	B-Rock Rapids.....	3:49.9	A-Eagle Grove.....	3:41.4
52	A-Davenport	3:40.3	B-Tabor	3:47.9
	B-Albert City	3:48.2	C-Primghar	3:47.7
53	AA-Decorah.....	3:44.2	59 AA-Cedar Rapids, Jefferson	3:31.5

	A-Eagle Grove	3:39.5
	B-Moville	3:44.0
	C-Primghar	3:46.7
60	AA-Iowa City	3:39.1
	A-Saydel	3:44.6
	B-Glidden-Ralston	3:40.1
	C-LuVerne	3:44.7
61	AA-Valley, West Des Moines	3:38.7
	A-Cherokee, Washington	3:47.9
	B-Carlisle	3:44.8
	C-Bayard	3:44.2
62	AA-Cedar Rapids, Jefferson	3:37.2
	A-Ankeny	3:42.8
	B-Charter Oak-Ute	3:45.3
	C-Moville	3:48.0
63	AA-Valley, West Des Moines	3:33.0
	A-Sheldon	3:41.2
	B-Anita	3:45.2
	C-Havelock-Plover	3:49.7
64	AA-Ames	3:42.7
	A-Eagle Grove	3:40.4
	B-Seymour	3:35.9
	C-Scranton	3:40.3
65	AA-Ames	3:37.6
	A-Eagle Grove	3:42.0
	B-Sutherland	3:44.5
	C-Pomeroy	3:42.5
66	AA-Sioux City, Central	3:34.9
	A-Glenwood	3:40.6
	B-Lynnville-Sully	3:40.3
	C-Treynor	3:47.5
67	AA-Sioux City, Central	3:32.6
	A-Prairie, Cedar Rapids	3:36.6
	B-Lynnville-Sully	3:41.0
	C-Treynor	3:40.8
68	AA-Des Moines, Tech	3:41.0
	A-Humboldt	3:42.0
	B-Prairie, Gowrie	3:43.4

	C-Armstrong	3:47.2
69	AA-Fort Dodge	3:30.3
	A-St. Albert, Co. Bluffs	3:38.3
	B-Manning	3:35.4
	C-Miles	3:42.7
70	AA-Indianola	3:30.2
	A-Eagle Grove	3:43.0
	B-Oakland	3:40.5
	C-Elk Horn-Kimballton	3:43.6
71	AA-Davenport, Central	3:36.7
	A-Eagle Grove	3:36.9
	B-Central Decatur, Leon	3:34.9
	C-Dexfield, Redfield	3:46.1
72	AA-Sioux City, East	3:33.3
	A-Eagle Grove	3:35.6
	B-Tripoli	3:41.7
	C-Central Webster, Burnside	3:37.8
73	AA-Valley, West Des Moines	3:34.3
	A-Central Clinton, DeWitt	3:39.3
	B-West Monona, Onawa	3:40.7
	C-Central Webster, Burnside	3:44.9
74	AA-Davenport, Central	3:30.8
	A-Central Clinton, DeWitt	3:33.9
	B-Columbus, Columbus Jct	3:39.0
	C-Titonka	3:37.1
75	AA-Cedar Rapids, Washington	3:27.0
	A-Anamosa	3:32.5
	B-Greene	3:34.0
	C-Meriden-Cleghorn	3:36.9
76	AA-Davenport, Central	3:29.1
	A-Anamosa	3:36.2
	B-Sac City	3:34.7
	C-West Harrison	3:37.9
77	AA-Columbus Catholic, Waterloo	3:28.4
	A-Central Clinton, De Witt	3:35.8
	B-Manson	3:38.8
	C-Hamburg	3:38.2

1600-METER DISTANCE MEDLEY RELAY

78	AA-Davenport, Central	3:31.13
	A-Centerville	3:34.23
	B-Maurice-Orange City	3:34.83
	C-Hamburg	3:33.95
79	AA-Clinton	3:27.2
	A-Algona	3:33.09
	B-Pekin	3:35.44
	C-Hamburg	3:40.28
80	AA-Cedar Rapids, Washington	3:29.65
	A-Sumner	3:32.65
	B-Sac City	3:36.35
	C-Treynor	3:38.76
81	AA-Des Moines, East	3:30.80
	A-Davis County, Bloomfield	3:34.02
	B-NUH, Cedar Falls	3:33.48
	C-Moravia	3:38.73
82	4A-Cedar Rapids, Washington	3:32.03
	3A-Sheldon	3:33.95
	2A-Sioux Center	3:36.99
	1A-Treynor	3:41.72

83	4A-Davenport, Central	3:31.46
	3A-Tipton	3:36.09
	2A-Northwood-Kensett	3:38.07
	1A-Boyden-Hull	3:39.27
84	4A-Marshalltown	3:30.40
	3A-Tipton	3:35.40
	2A-Northwood-Kensett	3:37.2
	1A-Fredericksburg	3:42.6
85	4A-Cedar Rapids, Kennedy	3:28.55
	3A-Central Lee, Argyle	3:36.39
	2A-Iowa Valley, Marengo	3:36.4
	1A-Earlham	3:40.6
86	4A-Marshalltown	3:29.47
	3A-Western Christian	3:35.46
	2A-NUH, Cedar Falls	3:37.91
	1A-Aplington	3:36.30
87	4A-Ames	3:27.66
	3A-Pella	3:35.38
	2A-Garner-Hayfield	3:37.47
	1A-CAL-Dows	3:36.70

88	4A-Burlington	3:31.94	03	4A-Valley, West Des Moines	3:31.18
	3A-Storm Lake	3:34.52		3A-Assumption, Davenport	3:29.38
	2A-Dike	3:36.19		2A-Panorama, Panora	3:33.82
	1A-Gehlen Catholic, LeMars	3:36.67		1A-Turkey Valley, Jackson Junction	3:38.03
89	4A-Clinton	3:31.58	04	4A-Iowa City, City	3:28.75
	3A-Centerville	3:37.12		3A-Assumption, Davenport	3:27.65
	2A-South Hamilton, Jewell	3:37.75		2A-Monticello	3:34.51
	1A-North Mahaska, New Sharon	3:39.12		1A-Turkey Valley, Jackson Junction	3:34.97
90	4A-Indianola	3:26.51	05	4A-Cedar Falls	3:28.71
	3A-Alta-Aurelia	3:35.85		3A-Wahlert, Dubuque	3:33.73
	2A-West Bend	3:34.87		2A-Unity Christian, Orange City	3:30.28
	1A-North Mahaska, New Sharon	3:38.68		1A-North Linn, Troy Mills	3:35.49
91	4A-Ames	3:31.00	06	4A-Marshalltown	3:27.75
	3A-Cherokee, Washington	3:33.90		3A-Charles City	3:32.28
	2A-LDF-Semco	3:34.70		2A-Mid-Prairie, Wellman	3:32.18
	1A-Lawton-Bronson	3:40.20		1A-BCLUW, Conrad	3:33.15
92	4A-Fort Dodge	3:31.16	07	4A-Pleasant Valley	3:27.95
	3A-Adel-DeSoto-Minburn	3:30.95		3A-Charles City	3:35.96
	2A-Belmond-Klemme	3:36.61		2A-Mid-Prairie, Wellman	3:32.97
	1A-Woodbine	3:34.40		1A-BGM, Brooklyn	3:37.60
93	4A-Iowa City, City High	3:30.70	08	4A-Pleasant Valley	3:26.51
	3A-Algona	3:31.60		3A-Charles City	3:30.87
	2A-St Albert, CB	3:35.22		2A-Mid-Prairie, Wellman	3:26.16
	1A-West Bend-Mallard	3:36.67		1A-BCLUW, Conrad	3:36.41
94	4A-Iowa City, City High	3:28.92	09	4A-Cedar Rapids Kennedy	3:28.08
	3A-Cherokee, Washington	3:33.47		3A-Algona	3:31.15
	2A-West Hancock, Britt	3:31.28		2A-Northeast, Goose Lake	3:32.58
	1A-West Marshall	3:32.40		1A-George-Little Rock	3:38.52
95	4A-Urbandale	3:31.20	10	4A-Marshalltown	3:29.72
	3A-Cedar Rapids, Regis	3:32.59		3A-Bishop Heelan Catholic, Sioux City	3:31.99
	2A-West Hancock, Britt	3:35.52		2A-Mid-Prairie, Wellman	3:33.05
	1A-West Marshall	3:32.58		1A-North Iowa, Buffalo Center	3:35.98
96	4A-Mason City	3:27.95	11	4A-Marshalltown	3:30.97
	3A-Humboldt	3:34.14		3A-Spirit Lake Park	3:30.25
	2A-Garner-Hayfield	3:35.92		2A-St. Edmond, Fort Dodge	3:34.08
	1A-Gehlen Catholic, LeMars	3:36.23		1A-Manson Northwest Webster	3:34.40
97	4A-Indianola	3:28.77	12	4A-Prairie, Cedar Rapids	3:28.88
	3A-Fairfield	3:32.91		3A-Centerville	3:30.33
	2A-Eldora-New Providence	3:34.02		2A-St. Edmond, Fort Dodge	3:31.19
	1A-Pleasantville	3:34.13		1A-Lisbon	3:35.48
98	4A-Valley, West Des Moines	3:30.88	13	4A-Linn-Mar, Marion	3:29.94
	3A-Decorah	3:31.15		3A-Centerville	3:31.38
	2A-Garner-Hayfield	3:33.87		2A-Monticello	3:32.32
	1A-Woodbine	3:34.58		1A-Hinton	3:39.03
99	4A-Dubuque, Senior	3:28.59	14	4A-Linn-Mar, Marion	3:24.39
	3A-Mount Pleasant	3:31.54		3A-Algona	3:30.65
	2A-Garner-Hayfield	3:34.26		2A-Monticello	3:31.06
	1A-Sioux Central, Sioux Rapids	3:36.62		1A-Mount Ayr	3:36.15
00	4A-Marshalltown	3:32.81	15	4A-Dowling Catholic, WDM	3:25.27
	3A-Mount Pleasant	3:34.82		3A-Algona	3:29.44
	2A-Beckman, Dyersville	3:37.94		2A-Kingsley-Pierson/Woodbury Central	3:30.04
	1A-Regina, Iowa City	3:43.58		1A-Alta-Aurelia	3:34.52
01	4A-Iowa City, City High	3:31.40	16	4A-Dowling Catholic, WDM	3:26.26
	3A-Waverly-Shell Rock	3:30.15		3A-Estherville-Lincoln Central	3:32.71
	2A-East Marshall, LeGrand	3:32.11		2A-Monticello	3:37.02
	1A-Pleasantville	3:36.33		1A-Mount Ayr	3:36.01
02	4A-Iowa City, City	3:31.58	17	4A-Dowling Catholic, WDM	3:27.74
	3A-Perry	3:31.45		3A-Central DeWitt	3:33.26
	2A-Preston-East Central	3:32.42		2A-Anamosa	3:33.00
	1A-Pleasantville	3:33.07		1A-Lisbon	3:34.85

18	4A-Urbandale	3:27.91
	3A-Atlantic	3:32.53
	2A-Pekin	3:31.49
	1A-Lisbon	3:32.87
19	4A-Johnston	3:27.19
	3A-Atlantic	3:31.13
	2A-South Central Calhoun	3:35.00

	1A-Calamus-Wheatland	3:34.47
20	Season canceled due to COVID-19.	
21	4A-Cedar Falls	3:25.84
	3A- Humboldt	3:30.11
	2A- Bellevue	3:36.00
	1A- Earlham	3:37.91

4x110-METER SHUTTLE HURDLE RELAY

(2007-2008 – 30 in. hurdles; 2009-2018 – 33 in. hurdle; 2019 – 36 in. hurdles)

07	4A-Valley, WDM	57.15
	3A-Mount Pleasant	57.37
	2A-Beckman, Dyersville	57.84
	1A-Riceville	59.26
08	4A-Iowa City West	56.15
	3A-Atlantic	57.30
	2A-Hudson	57.09
	1A-WACO, Wayland	58.15
09	4A-Cedar Rapids Kennedy	57.85
	3A-Clear Creek-Amana	59.37
	2A-Beckman, Dyersville	58.99
	1A-Southern Cal, Lake City	1:00.21
10	4A-Valley, WDM	56.66
	3A-Waverly-Shell Rock	57.99
	2A-Eddyville-Blakesburg	48.41
	1A-Belle Plaine	58.79
11	4A-Urbandale	56.74
	3A-Waverly-Shell Rock	56.74
	2A-Collins-Maxwell-Baxter	58.20
	1A-Madrid	59.45
12	4A-Iowa City, City High	56.78
	3A-Mount Pleasant	58.24
	2A-Beckman Catholic, Dyersville	58.47
	1A-Earlham	58.63
13	4A-Waukee	56.47
	3A-Mount Pleasant	57.55
	2A-Emmetsburg	56.82
	1A-Wapsie Valley	59.35
14	4A-Waukee	55.78

	3A-Waverly-Shell Rock	58.01
	2A-Sioux Center	57.80
	(Sioux Center ran 56.99 in the prelims)	
	1A- Madrid	58.56
15	4A-Waukee	56.02
	3A-Mount Pleasant	57.33
	2A-Camanche	57.49
	1A-Earlham	1:00.23
16	4A-Waukee	56.09
	3A-Carlisle	57.87
	2A-Clarinda	57.16
	1A-Audubon	59.22
17	4A-Ankeny Centennial	56.23
	3A-Carlisle	56.77
	2A-Central Decatur	59.22
	1A-Lake Mills	59.48
18	4A-Waukee	57.17
	3A-Carlisle	56.83
	2A-Albia	57.97
	1A-Central Decatur	58.50
19	4A-Valley, West Des Moines	57.18
	3A-Sergeant Bluff-Luton	59.63
	2A-Dike-New Hartford	59.49
	1A-Central Decatur	1:00.39
20	Season canceled due to COVID-19.	
21	4A- Prairie, Cedar Rapids	57.73
	3A- Epworth, Western Dubuque	59.47
	2A- Treynor	1:01.15
	1A- Lisbon	1:00.20

800-METER SPRINT MEDLEY RELAY

(Started 2017)

17	4A-Bettendorf	1:32.09
	3A-Glenwood	1:33.68
	2A-South Winneshiek, Calmar	1:35.44
	1A-Lisbon	1:33.84
18	4A-Dowling Catholic, WDM	1:31.30
	3A-Glenwood	1:33.11
	2A-Beckman Catholic, Dyersville	1:33.69
	1A-Lynnvile-Sully	1:33.83
19	4A-Bettendorf	1:30.92

	3A-Sergeant Bluff-Luton	1:31.77
	2A-North Fayette Valley	1:35.23
	1A-Lynnvile-Sully	1:35.67
20	Season canceled due to COVID-19.	
21	4A- Ankeny Centennial	1:31.72
	3A- ADM, Adel	1:34.05
	2A- Unity Christian, Orange City	1:31.76
	1A- Wapsie Valley, Fairbank	1:33.57

STATE RELAY EVENTS CHAMPIONS PER SCHOOL

ADM, Adel	2	Centerville	7
AGWSR, Ackley	1	Central Clinton, DeWitt/Central DeWitt	11
AHSTW	1	Central Decatur, Leon	4
Albert City-Truesdale	9	Central, Elkader	1
Albia	9	Central Lee, Argyle/Donnellson	3
Alburnett	1	Central Lyon, Rock Rapids	8
Algona	9	Central Webster, Burnside	4
Allison-Bristow	2	Chariton	1
Alta; Alta-Aurelia	22	Charles City	4
Altoona	1	Charter Oak-Ute	1
Ames	46	Cherokee, Washington	12
Anamosa	3	Clarinda Academy	1
Anita	1	Clarinda	6
Ankeny	9	Clarion	2
Ankeny Centennial	3	Clay Central, Royal	2
Aplington	2	Clear Creek-Amana	2
Armstrong	1	Clear Lake	5
Assumption, Davenport	7	Clinton	12
Atlantic	7	Clinton, St. Mary's	2
Audubon	2	Colfax	1
AvoHa, Avoca	1	College Springs	3
		Collins-Maxwell-Baxter	3
Ballard, Huxley	2	Colo-NESCO	1
Bayard	2	Columbus Junction, Columbus	2
BCL, Conrad; BCLUW, Conrad	9	Columbus, Waterloo	2
Beckman Catholic, Dyersville	18	Corning	2
Bedford	1	Corydon	1
Belle Plaine	3	Council Bluffs, Abraham Lincoln	1
Bellevue	1	Crestland, Early	1
Belmond-Klemme	6	Creston	1
Benton Community, Van Horne	2		
Bettendorf	2	Dallas Center-Grimes	6
B-G-M, Brooklyn	2	Danville	1
Bishop Garrigan, Algona	2	Davis County, Bloomfield	7
Bishop Heelan Catholic, Sioux City	9	Davenport; Davenport, Central	35
Bondurant-Farrar	1	Davenport, West	3
Boone	2	Decorah; Decorah-North Winneshiek	6
Boyden-Hull	2	Denison	1
Bridgewater-Fontanelle	1	Des Moines, East	40
Burlington	4	Des Moines, Hoover	3
		Des Moines, Lincoln	2
Calamus-Wheatland	2	Des Moines, North	28
CAL-Dows, Latimer	7	Des Moines, Roosevelt	14
Camanche	1	Des Moines, Tech	8
Carlisle	9	Des Moines, West	10
Carroll	2	Dexfield, Redfield	6
Cascade, Western Dubuque	1	Dike	3
Castana	1	Dike-New Hartford	3
Cedar Falls	3	Dowling Catholic, West Des Moines	6
Cedar Rapids	5	Dubuque, Senior	8
Cedar Rapids, Franklin	4		
Cedar Rapids, Jefferson	7	Eagle Grove	18
Cedar Rapids, Kennedy	4	Earlham	9
Cedar Rapids, Regis; Cedar Rapids, Regis/LaSalle	2	East Buchanan, Winthrop	1
Cedar Rapids, Washington	15	East Marshall, LeGrand	1
Cedar Rapids, Wilson	1	Eddyville-Blakesburg	2
Center Point-Urbana	3	Eldora-New Providence	1

Elk Horn-Kimballton	1
Elliott.....	2
Emmetsburg	4
English Valleys, North English	4
Epworth, Western Dubuque	2
Essex.....	1
Estherville-Lincoln Central	1
Fairfield.....	3
Farragut.....	2
Fayette	1
Forest City	3
Fort Dodge	6
Fort Madison	3
Fredericksburg	3
Galva-Holstein.....	1
Garner-Hayfield.....	8
Gehlen Catholic, LeMars.....	7
George-Little Rock	1
Gilbert.....	2
Gilmore City-Bradgate.....	1
Glenwood	10
Glidden-Ralston	2
Goldfield	1
Graettinger	1
Greene	5
Grinnell	4
Griswold	5
Grundy Center.....	1
Hamburg.....	12
Hampton-Dumont	7
Harlan.....	2
Hartley	1
Havelock-Plover	1
Hawarden	1
Hedrick	1
Hinton	1
Hubbard-Radcliffe	1
Hudson	1
Humboldt	7
Ida Grove.....	4
Indianola.....	11
Iowa City, City High.....	34
Iowa City, Liberty.....	1
Iowa City, West	6
Iowa Falls; Iowa Falls-Alden	9
Iowa Mennonite School, Kalona	4
Iowa School for Deaf, Council Bluffs.....	5
Iowa Valley, Marengo.....	2
Irwin.....	1
Janesville.....	1
Jefferson.....	5
Jesup.....	1
Johnston.....	5
Kalona	1

Kanawha	5
Kingsley-Pierson	1
Kingsley-Pierson/Woodbury Central.....	2
Knoxville.....	4
Lake City	8
Lake Mills	4
Lake View-Auburn.....	1
LaPorte City	2
Lawton-Bronson.....	4
LDF-SEMCO, LeGrand.....	1
LeMars	3
Lewis Central, Council Bluffs	1
Lincoln Central, Gruver	2
Linn-Mar, Marion.....	6
Lisbon	9
Louisa-Muscatine, Letts.....	2
LuVerne	2
Lynnvile-Sully	7
Madrid	12
Manning	4
Manson; Manson-Northwest Webster	11
Maquoketa	1
Marion	3
Marshalltown.....	15
Mason City.....	11
Maurice-Orange City.....	10
Mediapolis.....	4
Meriden-Cleghorn	2
Meservey-Thornton.....	2
Mid-Prairie, Wellman.....	7
Miles.....	1
Monroe	1
Montezuma	1
Monticello.....	11
Moravia	2
Mount Ayr.....	4
Mount Pleasant.....	15
Mount Vernon	3
Moville	5
Muscatine.....	2
Nevada.....	7
New Hartford.....	3
New London.....	2
Newton.....	5
Nishna Valley	1
North Fayette Valley	2
North Iowa, Buffalo Center	2
North Linn, Coggon.....	3
North Mahaska, New Sharon.....	8
North Scott, Eldridge.....	4
Northeast, Goose Lake	3
Northwood-Kensett	5
Northern University High & Teachers, Cedar Falls.....	20
OABCIG	3
Okoboji, Milford & Milford.....	2
Osage	1

Oskaloosa	2
Ottumwa	5
Panorama, Panora	7
Paullina	6
Pekin	6
Pella	5
Perry	7
Pleasant Valley	3
Pleasantville	6
Pocahontas Area	2
Pocahontas, Catholic	1
Pomeroy	4
Postville	1
Prairie City	1
Prairie, Cedar Rapids	10
Prairie, Gowrie	9
Preston-East Central	1
Primghar	10
Quimby	1
Red Oak	4
Regina, Iowa City	2
Reinbeck	1
Riceville	1
Riverside, Oakland	4
Rockwell City	3
Roland-Story	4
Ruthven	1
Sac City	5
Saint Ansgar	1
Saydel	2
Schaller	3
Schleswig	1
Scranton	6
Sergeant Bluff-Luton	7
Seymour	2
Sheffield-Chapin	2
Sheldon	6
Shenandoah	5
Sibley	1
Sidney	3
Sioux Center	9
Sioux City	2
Sioux City, Central	12
Sioux City, East	7
Sioux City, Trinity	1
Sioux City, West	1
Sioux Rapids; Sioux Central	4
Solon	1
South Central Calhoun	2
South Hamilton, Jewell	2
South Tama County	5
South Winneshiek, Calmar	2
Southeast Polk	1
Southern Cal, Lake City	1
Spencer	3
Spirit Lake; Spirit Lake-Park	8

St. Albert, Council Bluffs	14
St. Edmond, Fort Dodge	13
Storm Lake	13
Stuart-Menlo	1
Sumner	1
Sutherland	3
Tabor	2
Terril	10
Titonka	4
Tipton	10
Toledo Juvenile Home	1
Traer	1
Treynor	12
Tripoli	3
Tri-Center, Neola	2
Turkey Valley, Jackson Junction	4
Twin Rivers, Bode	1
Underwood	1
Unity Christian, Orange City	7
Urbandale	3
Valley, West Des Moines; Valley Junction	34
Ventura	1
Villisca	3
WACO, Wayland	1
Wahlert, Dubuque	5
Wall Lake	4
Wapsie Valley, Fairbank	4
Washington	6
Waterloo, Central	2
Waterloo, East	4
Waterloo, West	8
Waukee	14
Waukon	1
Waverly-Shell Rock	9
Webster City	2
Wellman	2
Wellsburg	1
West Bend-Mallard	4
West Burlington/Notre Dame	4
West Branch	8
West Chester	3
West Delaware, Manchester	1
West Hancock, Britt	13
West Harrison, Mondamin	2
West Liberty	2
West Lyon, Inwood	5
West Marshall, State Center	9
West Monona, Onawa	11
Westwood, Sloan	2
Western Christian, Hull	2
Williamsburg	6
Winterset	1
Woodbine	10
Woodward-Granger	3
Xavier, Cedar Rapids	5

YJB, Jamaica 3

SCHOOLS WITH THE MOST RELAY TITLES

Ames46
Des Moines, East40
Davenport; Davenport, Central35
Iowa City, City High34
Valley, West Des Moines34
Des Moines, North28
Alta; Alta/Aurelia22
Northern University High & Teachers, Cedar Falls20

IHSAA STATE MEET BESTS

Most Team Championships Won by a School

20 – Ames
15 – Davenport, Davenport, Central

11 – Des Moines, East
11 – Iowa City, City

Most Team Championships Won by a Coach

10 – John Raffensperger, Iowa City, City
9 – John Sletten, Ames
9 – Mike Augustine, Des Moines, East

8 – Hi Covey, Ames
7 – Ira Dunsworth, Davenport; Davenport Central

Most Consecutive Team Titles Won by A School

6 - Ames (1986-91); Iowa City, City (1992-97)
5 - Des Moines, West (1910-1914); Cedar Rapids (1921-25)
4 - Ames (1955-58); Hamburg (1974-77)

Most Team Points Scored by a Championship Team

Class 4A: 89 – Valley, West Des Moines, 2019
Class 3A: 100.5 – Xavier, Cedar Rapids, 2008

Class 2A: 107 – West Burlington/Notre Dame, 2015
Class 1A: 89 – Lisbon, 2017

School Winning Five Relays, Single Meet (6 max starting in 2007; 7 in 2017)

Davenport (1952) [440-880-Mile-2 Mile-Mile Medley]
Prairie, Gowrie (1968) [440-880-Mile-2 Mile-Mile Medley]
Iowa City, City High (2001) [4x100, 4x200, 4x400, 4x800, 1,600 Meter Medley]

School with Most Consecutive Relay Victories

10 – Iowa City, City (2000-2002)

Schools with the Most State Meet Event Champions

124 – Ames
114 – Davenport, Davenport Central

97 – Des Moines East
81 – Iowa City; Iowa City, City

School with Most Individual Running Event Champions

45 – Des Moines East

School with the Most Relay Champions

47 – Ames

School with the Most Field Event Champions

43 – Davenport, Davenport, Central

School Winning Same Event 6 or More Consecutive Years

6 years – Des Moines, North – 100-yard dash & 220-yard dash, 1962-67

School Winning Same Relay, 5 Consecutive Years

Lake City – Mile Relay (1950-51-52-53-54)

Hamburg – Mile Relay (1973-74-75-76-77)

Albia – 4 x 400 (2013-14-15-16-17)

Four Event Individual Champions, Single State Meet

1907 – Carl Harris, Des Moines West (100, 220, 440 and Long Jump)

1926 – Vane Snorf, Des Moines Roosevelt (100, High Hurdles, Low Hurdles, Long Jump)

1956 – Bob Brandt, Denison (100, 220, Low Hurdles, Long Jump)

1976 – LeRoy McCuen, Corning (High Hurdles, Low Hurdles, High Jump, Long Jump)

2002 – Adam Haluska, Carroll (100, 200, 400, Long Jump)

2011 – Nick Efkamp, Madrid (Long Jump, 400 hurdles, 110-Meter High Hurdles, 100 Meter Dash)

Wheelchair 4 Event Champions, Single State Meet

4 Years, 4 First Each Year

1997, 98, 99, 2000 each – E.J. Runyan, Johnston (100, 200, 800, Discus)

4 Event Wins, Same Year

1992 – Tom Rodruck, Winfield-Mt. Union (100, 200, 800, Discus)

1996 – Mark Hauschildt, Nodaway Valley, Greenfield (100, 200, 800, Discus)

2014 – Drake Sachsenmaier, Camanche (100-200-400-Shot Put)

2021 – Evan Correll, Waukee (100, 200, 400, 800)

Individuals, Schools Winning Same Event 4 Consecutive Years (does not include those who won 5)

Randy Thompson, Corwith-Wesley-LuVerne - (100 Meters Dash, 1991-92-93-94)

Nate Smith, West Hancock, Britt - (100 Meter Dash, 1991-92-93-94)

Tim Dwight, Iowa City, City - (200 Meter Dash, 1991-92-93-94)

Rob Brock, Dubuque Senior - (3,200 Meter Run, 1994-95-96-97)

Isaac Wendland, Charles City - (1,600 Meter Run, 2005, 06, 07, 08)

Conner Smock, Lisbon - (3,200 Meter Run, 2009, 10, 11, 12)

Albert City - (Mile Medley Relay, 1952-53-54-55)

Iowa City, City - (4 x 200 Meter Relay, 1994-95-96-97)

St. Edmond, Fort Dodge - (4 x 400 Meter Relay, 2007-08-09-10)

Madrid – (400 Hurdles, 2009-10-11-12)

West Burlington/Notre Dame – (High Jump, 2013-16)

Monticello – (4x800 Meter Relay, 2013-16)

Waukee – (Shuttle Hurdle Relay, 2013-16)

Cedar Falls – (4x400 Meter Relay, 2014-15-16-17)

Wheelchair Individuals Winning Same Event 4 Consecutive Years

E. J. Runyan, Johnston - (Wheelchair 100, 200, 800, & Discus: 1997-98-99-2000)

Schools Winning Four or More Relays in Same State Meet

Won Five Relays

1952 - Davenport (440, 880, Mile, 1,600 Meter Medley, Two Mile)

1968 - Prairie, Gowrie (440, 880, Mile, 1,600 Meter Medley, Two Mile)

2001 - Iowa City, City High (4x100, 4x200, 4x400, 4x800, 1,600 Meter Medley)

Won Four Relays

1951 - Des Moines, East (440, 880, Mile, Two Mile)

1957 - Ames (440, 880, Mile, Two Mile)

1965 - Eagle Grove (880, Mile, Medley, Two Mile)

1966 - Glenwood (440, 880, Mile, Mile Medley)

1974 - Davenport, Central (440, 880, Mile, Mile Medley)

1981 - NUH, Cedar Falls (800, 1600, 1,600 Meter Medley, 3200)

1997 - Iowa City, City High (4x100, 4x200, 4x400, 4x800)

2000 - Iowa City, City High (4x100, 4x200, 4x400, 4x800)

2017 - Lisbon (4x200, 4x400, 1,600 Meter Medley, 800 Meter Sprint Medley)

ATHLETES WHO WON THREE INDIVIDUAL EVENTS IN A SINGLE STATE MEET

1907	Merle Alderman, Marion	12 lbs Hammer Throw, Shot Put, Discus
1912	Charles Hoyt, Greenfield	100, 220, 120 High Hurdles
1921	Morgan Taylor, Sioux City	120 High Hurdles, 220 Low Hurdles, Long Jump
1924	Frank Cuhel, Cedar Rapids	100, 120 High Hurdles, 220 Lows
1949	Gary Scott, Des Moines, North	100, 220, 440
1951	Les Stevens, Lovilia	180 Lows, 120 High Hurdles, High Jump
1953	Tom Ecker, Waverly	180 Lows, 120 High Hurdles, Long Jump
1953	Bob Ash, Oelwein	220, 440, 880
1954	Tom Burrows, Belle Plaine	100, 220, 440
1954	Ted Harvey, Toledo Juvenile Home	100, 120 High Hurdles, High Jump
1955	Tom Burrows, Belle Plaine	100, 220, 440
1957	Ron Walter, Farragut	180 Lows, 120 High Hurdles, Shot
1961	John Pletcher, Clarion	100, 180 Lows, 120 High Hurdles
1962	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Harry Alley, Winterset	100, 220, 440
1963	Jon Reimer, George	220, 180 Lows, 120 High Hurdles
1964	Clyde Duncan, Des Moines, North	100, 220, 440
1965	Ron Davis, Perry	100, 220, LH
1966	Jim Kirby, Des Moines, North	100, 220, 440
1966	Jerry Lenz, Cherokee, Washington	100, 220, 440
1974	Greg Capell, Fayette	180 Lows, 120 High Hurdles, Long Jump
1977	Rich Van Pelt, Panorama, Panora	100, 220, 440
1977	LeRoy McCuen, Corning	180 Lows, 110m High Hurdles, Long Jump
1978	Owen Buckley, Sioux City, North	100m, 200m, Pole Vault
1980	Scott Harms, Wellsburg	100m, 200m, 400m
1981	Trey Jackson, Newton	100m, 200m, 400m
1981	Keith Willey, Osage	100m, 200m, 400m
1981	Tim Wilson, Clarke, Osceola	800m, 1600m, 3200m
1985	Matt Zuber, Iowa Valley, Marengo	400m Lows, 110m High Hurdles, Long Jump
1986	Paul Barnhart, Gehlen Catholic, LeMars	800m, 1600m, 3200m
1987	Rob Wise, West Liberty	100m, 200m, 400m
1989	Darwin VandeHoef, Rock Valley	400m Lows, 110m High Hurdles, High Jump
1990	Jamie Leonard, Dallas Center-Grimes	100m, 200m, Long Jump
1991	Bill Betterton, Carlisle	400m, 110m High Hurdles, High Jump
	Enrique Flores, Wapello	200m, 110m High Hurdles, Lows
1992	Tim Dwight, Iowa City, City High	200m, Lows, Long Jump
1993	Randy Thompson, CWL, Corwith	100m, 200m, 400m
1998	Chris McCullough, Pleasantville	200m, 400m, Long Jump
	Mike Pope, West Burlington, Arnold	100m, 200m, 400m
2001	Jason Nolting, Preston-East Central	100m, 200m, 400m
	Adam Haluska, Carroll	100m, 200m, Long Jump
2003	Dylan Davis, ADM, Adel	800m, 1600m, 3200m
	Jordan Crosby, Fort Dodge	110m High Hurdles, 400m Low Hurdles, Long Jump
2004	Jake Berns, MFL, MarMac	800m, 1600m, 3200m
2005	Nick Kuchel, Kingsley-Pierson	110m High Hurdles, 100m, 200m
	Greg Offerman, Charles City	200m, 400m, 400m Low Hurdles
2008	Aaron Stockstell, Mid-Prairie, Wellman	200m, 400m, 800m
2012	James Harrington, Cedar Falls	100m, 200m 400m
2014	Josh Evans, Linn-Mar, Marion	800m, 1600m, 3200m
	Derek Harsen, Camanche	100m, 200m, 400m
2015	Ryan Schweizer, Dowling Catholic	800m, 1600m, 3200m
2016	Ryan Schweizer, Dowling Catholic	800m, 1600m, 3200m
	Jalen Rima, Prairie, Cedar Rapids	100m, 200m, 400m

2019	Jorma Schwedler, Sergeant Bluff-Luton	100m, 200m, 400m
2021	Nate Mueller, ADM, Adel.....	800m, 1600m, 3200m
	Brady Griebel, Bellevue	800m, 1600m, 3200m
	Jason Renze, Madrid	800m, 1600m, 3200m
	Kole Becker, Lisbon	110m Hurdles, 400m Hurdles, Long Jump

SCHOOLS THAT WON THREE RELAYS IN A SINGLE STATE MEET (4 and 5 above)

1940	Des Moines, East	440, 880, Mile
1948	Des Moines, North	440, 880, Mile
1955	Des Moines, Roosevelt	440, Mile, Mile Medley
1956	Ames	440, 880, Mile
1956	Primghar	880, Medley, Two Mile
1956	Clarinda	Mile, Medley, Two Mile
1959	West Chester	440, 880, Mile
1962	Moville	Mile, Medley, Two Mile
1963	Dexfield, Redfield	440, 880, Mile
1965	Pomeroy	880, Mile, Mile Medley
1966	Sioux City, Central	440, Medley, Two Mile
1966	Manson	440, 880, Mile
1967	Villisca	440, 880, Mile
1970	Clear Lake	440, 880, Mile
1974	Iowa Falls	440, 880, Mile
1974	Britt	440, 880, Two Mile
1975	Hamburg.....	880, Mile, Two Mile
1977	Cedar Rapids, Washington	440, 880, Mile
1979	Kanawha	4x100, 4x200, 4x400
1983	Davenport, Central	4x100, 4x200, 1,600 Meter Medley
1984	Marshalltown	4x200, 4x400, 1,600 Meter Medley
1986	Maurice-Orange City	4x100, 4x200, 4x400
1987	Ames	4x100, 4x800, 1600 Meter Medley
	CAL-Dows	4x400, 4x800, 1,600 Meter Medley
1989	North Mahaska, New Sharon	4x100, 4x200, 1,600 Meter Medley
1990	North Mahaska, New Sharon	4x100, 4x200, 1,600 Meter Medley
1991	Ames	4x400, 4x800, 1,600 Meter Medley
1994	Iowa City, City High	4x200, 4x400, 1,600 Meter Medley
	Cherokee, Washington	4x200, 4x400, 1,600 Meter Medley
1996	Garner-Hayfield	4x400, 4x800, 1,600 Meter Medley
1997	Panorama, Panora	4x100, 4x200, 4x400
1999	Mount Pleasant	4x200, 4x400, 1,600 Meter Medley
	Beckman, Dyersville.....	4x200, 4x400, 4x800
2004	Treynor	4x100, 4x200, 4x400
2005	Wahlert, Dubuque	4x200, 4x800, 1,600 Meter Medley
2007	Beckman, Dyersville.....	4x100, 4x200, Shuttle Hurdle
2009	St. Edmond, Fort Dodge	4x200, 4x400, 4x800
2010	Bishop Heelan Catholic, Sioux City	4x200, 4x400, 1,600 Meter Medley
2012	Manson Northwest Webster.....	4x100, 4x200, 4x400
2013	Manson Northwest Webster.....	4x100, 4x200, 4x400
2014	Mount Ayr.....	4x800, 1,600 Meter Medley, 4x400
	Waukee	Shuttle Hurdle Relay, 4x100, 4x200
2015	Alta-Aurelia.....	4x400, 4x800, 1,600 Meter Medley
2017	Albia	4x100, 4x200, 4x400
2018	Pekin	4x100, 4x800, 1,600 Meter Medley
	Atlantic.....	4x400, 4x800, 1,600 Meter Medley
2019	Valley, West Des Moines	4x100, 4x200, Shuttle Hurdle
	Sergeant Bluff-Luton	4x800, 800 Sprint Medley, Shuttle Hurdle

Three-Event Wheelchair Winners – Single State Meet

1990	Tony Ramirez, Bishop Heelan, Sioux City	100m, 800m, Discus
1993	John Jeter, Iowa City, West	100m, 200m, 800m
1995	Mark Hauschildt, Greenfield, Nodaway Valley	200m, shot, Discus
2001	Brian Wauters, Marshalltown	100m, 200m, 800m
2002	Brian Wauters, Marshalltown	100m, 200m, 800m
2003	Brian Wauters, Marshalltown	100m, 200m, 400m
2004	Nathan Redlinger, English Valleys	100m, 200m, 400m
2005	Nathan Redlinger, English Valleys	100m, 200m, 400m
2006	Cory Behrendt, Boone.....	100m, 200m, 400m
2007	Cory Behrendt, Boone.....	100m, 200m, 400m
2010	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2011	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2012	Jordan Houdeshell, Linn-Mar.....	100m, 200m, 400m
2013	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2015	Jeromie Meyer, Woodbine	100m, 200m, 400m
2016	Noah Thomas, Roland-Story.....	100m, 200m, 400m
2019	Evan Correll, Waukee	100m, 200m, 400m
2021	*Evan Correll, Waukee	100m, 200m, 400m, 800m

Individuals & School Relay Teams Winning the Same State Event 3 Consecutive Years

Following individuals and schools do include those who won the same event four or five consecutive years

Individual Events

Plato Redfern, Council Bluffs & DM West.....	Mile Run	1908, 09, 10
Charles Hoyt, Greenfield.....	100 Yd. Dash.....	1911, 12, 13
	220 Yd. Dash.....	1911, 12, 13
Glenn Tenny, Des Moines West	Mile Run	1912, 13, 14
Theodore Packer, Marshalltown	120 High Hurdles.....	1914, 15, 16
Harrison Barnes, Cedar Rapids	880 Yd. Run.....	1919, 20, 21
Hoyer Jensen, Cedar Rapids.....	Mile Run	1919, 20, 21
Orville Madsen, Ames	High Jump	1930, 31, 32
John Graves, Cherokee	880-Yard Run	1932, 33, 34
Bruce Erickson, Traer	Javelin	1937, 38, 39
Joe Paulsen, Davenport.....	Football Throw.....	1945, 46, 47
Dean Deuel, Cherokee	Low Hurdles	1946, 47, 48
Larry Strickler, Sigourney	Discus	1959, 60, 61
Joel Harris, Carroll	Shot Put	1961, 62, 63
Clyde Duncan, Des Moines, North	100-Yard Dash	1962, 63, 64
	220-Yard Dash	1962, 63, 64
	440-Yard Dash	1962, 63, 64
Bruce McDonald, Scranton	220-Yard Dash	1962, 63, 64
Tom Tiernan, Allison-Bristow	One Mile Run	1962, 63, 64
Jim Kirby, Des Moines, North	220-Yard Dash	1965, 66, 67
Phil Wertman, Villisca	Pole Vault	1965, 66, 67
Jerome Howe, Treynor	One Mile Run	1966, 67, 68
Doug Lane, Cedar Rapids, Jefferson	Shot Put	1966, 67, 68
Doug Smith, Sioux City, Central	One Mile Run	1966, 67, 68
Tom Dovel, Red Oak	440-Yard Dash	1972, 73, 74
Brent Geringer, Mount Ayr	Shot Put	1972, 73, 74
Mark Hughes, Delwood, Elwood	Two Mile Run	1973, 74, 75
Jeff DeVilder, BGM, Brooklyn	Shot Put	1975, 76, 77
Chuck Locke, Davis County, Bloomfield	Shot Put	1975, 76, 77
Rick McKean, Missouri Valley	One Mile Run	1975, 76, 77
Darrell Crawford, Lamoni	Pole Vault	1976, 77, 78
Chris Nady, Nevada	Low Hurdles	1976, 77, 78
Jeff Nielsen, Britt	100-Meter Dash	1978, 79, 80
Brad Bartelt, West Branch	400-Meter Dash	1982, 83, 84
Chris Walker, Davenport, Central	Long Jump	1982, 83, 84
Darwin VandeHoef, Rock Valley	High Jump	1987, 88, 89

Nate Smith, Britt	100 Meters	1991, 92, 93
Phil Hasenkamp, Saint Albert, Co. Bluffs	1600-Meter Run	1991, 92, 93
Aaron Egbert, Mediapolis	400-Meter Run	1992, 93, 94
Tim Dwight, Iowa City, City	Long Jump	1992, 93, 94
Brent MacLagan, Jefferson-Scranton	400 Meter Low Hurdles	1993, 94, 95
Cyrus Nichols, Des Moines Roosevelt	110m High Hurdles	1997, 98, 99
Pat O'Hea, Wahlert, Dubuque	Wheelchair Shot Put	1998, 99, 2000
Adam Haluska, Carroll	Long Jump	2000, 01, 02
Dylan Davis, ADM, Adel	3,200 Meter Run	2001, 02, 03
1,600 Meter Run	2001, 02, 03	
Brian Wauters, Marshalltown	Wheelchair 100	2001, 02, 03
Brian Wauters, Marshalltown	Wheelchair 200	2001, 02, 03
Kiel Uhl, Des Moines Roosevelt	3,200 Meter Run	2003, 04, 05
Greg Offerman, Charles City	200 Meter Dash	2003, 04, 05
400 Meter Low Hurdles	2003, 04, 05	
Nick Lange, Wahlert, Dubuque	Wheelchair Shot Put	2003, 04, 05
Nick Kuchel, Kingsley-Pierson	110m High Hurdles	2004, 05, 06
Matt Banse, Starmont, Arlington	Shot Put	2005, 06, 07
Aaron Stockstell, Mid-Prairie, Wellman	400 Meter Dash	2006, 07, 08
800 Meter Run	2006, 07, 08	
Isaac Wendland, Charles City	800 Meter Run	2006, 07, 08
Jordan Mullen, Atlantic	110m High Hurdles	2007, 08, 09
Kenny Gilmore, Davenport Central	Long Jump	2009, 10, 11
Nick Efkamp, Madrid	400 Meter Hurdles	2009, 10, 11
Kyle Dunn, Linn-Mar, Marion	400 Meter Low Hurdles	2009, 10, 11
James Harrington, Cedar Falls	200 Meter Dash	2010, 11, 12
Alex Gudenkauf, Dubuque. Senior	Wheelchair Shot Put	2011, 12, 13
Jeff Giannettino, West Burlington/Notre Dame	High Jump	2013, 14, 15
Chandler Diercks, Clear Lake	Long Jump	2013, 14, 15
Connor Ham, Solon	110-Meter-High Hurdles	2013, 14, 15
Kyle Dolecheck, Mount Ayr	800 Meter Run	2014, 15, 16
Cole Moeller, Calamus-Wheatland	High Jump	2015, 16, 17
Isaiah Trousil, West Burlington/Notre	100 Meter Dash	2015, 16, 17
200 Meter Dash	2015, 16, 17	
Tristan Wirfs, Mount Vernon	Discus	2015, 16, 17
Myles Bach, Marion & Center Point-Urbana	3,200	2016, 17, 18
Nick Phelps	Discus	2016, 17, 18

Relay Events (does not include schools who won four or five straight)

Cedar Rapids	880-Yard	1921, 22, 23
Cedar Rapids	One Mile	1921, 22, 23
Des Moines, North	880-Yard	1934, 35, 36
Des Moines, East	880-Yard	1938, 39, 40
Des Moines, Roosevelt	One Mile	1944, 45, 46
Albert City	Two Mile	1952, 53, 54
Valley, West Des Moines	440-Yard	1953, 54, 55
Ames	880-Yard	1955, 56, 57
Ames	440-Yard	1956, 57, 58
Ames	One Mile	1956, 57, 58
Davenport, Central	One Mile	1966, 67, 68
Indianola	One Mile	1969, 70, 71
Eagle Grove	Mile Medley	1970, 71, 72
Hamburg	Two Mile	1973, 74, 75
NUH, Cedar Falls	800-Meter	1980, 81, 82
Saint Albert, Council Bluffs	400-Meter	1982, 83, 84
Woodbine	4 x 800	1988, 89, 90
North Mahaska, New Sharon	4 x 200	1989, 90, 91
Davenport, Central	4 x 100	1992, 93, 94

Mediapolis	4 x 100	1992, 93, 94
Gehlen Catholic, LeMars	4 x 200	1993, 94, 95
Beckman, Dyersville.....	4 x 200.....	1997, 98, 99
West Lyon, Inwood.....	4 x 100.....	1998, 99, 2000
Iowa City, City High.....	4 x 400.....	1999, 2000, 01
Iowa City, City High.....	4 x 200.....	2000, 01, 02
Tipton	4 x 800.....	2000, 01, 02
Ankeny	4 x400	2002, 03, 04
Beckman, Dyersville.....	4 x 200.....	2005, 06, 07
Valley, WDM.....	4 x 400.....	2005, 06, 07
Charles City.....	1,600 Meter Medley.....	2006, 07, 08
Mid-Prairie, Wellman.....	1,600 Meter Medley.....	2006, 07, 08
West Marshall.....	4 x 200.....	2010, 11, 12
Dowling Catholic	1,600 Meter Medley.....	2015, 16, 17
Central Decatur	Shuttle Hurdle	2017, 18, 19

Most Individual State Event Championships in a Career

9 – Clyde Duncan, Des Moines, North (1962-64)

(100, 220, 440 in 1962-63-64)

8 – Tim Dwight, Iowa City, City (1991-94)

(200 in 1991; 200, 400 H, LJ in 1992, 200, LJ in 1993; 200, LJ in 1994)

8 – LeRoy McCuen, Corning (1975-77)

(HJ in 1975; 120 HH, 180 LH, HJ, LJ in 1976; HH, LH, LJ in 1977)

8 – Adam Haluska, Carroll (2000-2002)

(LJ in 2000; 100, 200, LJ in 2001; 100, 200, 400, LJ in 2002)

7 – Conner Smock, Lisbon (2009-12)

(3,200 Meter Run, 2009, 10, 11, 12; 1,600 Meter Run 2009, 10, 12)

7 – Aaron Stockstell, Mid-Prairie, Wellman (2005-08)

(400 in 2006, 07, 08; 800 in 2006, 07, 08; 200 in 2008)

7 – Isaac Wendland, Charles City (2005-08)

(1,600 in 2005, 06, 07, 08; 800 in 2006, 07, 08)

7 – Nick Kuchel, Kingsley-Pierson (2004-06)

(110 M HH, 2004, 05, 06; 100m – 2004, 2005; 200m – 2005, 2006)

7 – Randy Thompson, Corwith-Wesley-LuVerne (1991-94)

(100 in 1991; 100, 200 in 1992; 100, 200, 400 in 1993; 100 in 1994)

7 – Greg Offerman, Charles City (2002-05)

(400H in 2003, 04, 05; 200 meters in 2003, 04, 05; 400 meters in 2005)

7 – Dylan Davis, ADM, Adel (2000-03)

(3,200 meters in 2001, 02, 03; 1,600 meters in 2001, 02, 03; 800 meters in 2003)

7 – Charles Hoyt, Greenfield (1911-13)

(100, 220 in 1911, 12, 13; 120 HH in 1912)

6 – Isaiah Trousil, West Burlington/Notre Dame (2015-17)

(100 Meter Dash, 2015-16-17; 200 Meter Dash, 2015-16-17)

6 – Ryan Schweizer, Dowling Catholic, WDM (2014-16)

(800 – 2015, 16; 1,600 – 2015, 16; 3,200 – 2015, 16)

6 – James Harrington, Cedar Falls (2010-12)

(100 in 2011, 12; 200 in 2010, 11, 12; 400 in 2012)

6 – Nick Efkamp, Madrid (2009-11)

(400 H in 2009, 10; 100, 110 M HH, 400 H, LJ in 2011)

6 – Tom Burrows, Belle Plaine (1953-55)

(100, 220, 440 – 1954; 100, 200, 440 - 1955)

6 – Bob Brandt, Denison (1954-56)

(180 LH, LJ in 1955; 100, 220, 180 LH, LJ in 1956)

6 – James Kirby, Des Moines, North (1965-67)

(100 – 1966, 1967; 220 in 1965, 66, 67; and 440 in 1966)

6 – Darwin Vande Hoef, Rock Valley (1987-89)

(HJ in 1987, 88, 89; 110 m High Hurdles 1988, 89; 400 m Hurdles in 1989)

6 – Rob Brock, Dubuque Senior (1994-97)

(1,600 meters in 1996; 800 meters in 1997; 3,200 meters in 1994-95-96-97)

Most State Event Championships in a Career

(8 or more; includes Relay Events)

12 – Tim Dwight, Iowa City, City (1991-94)

(200 – 1991, 92, 93, 94; LJ – 1992, 93, 94; 400 H – 1992; 4x200 – 1991, 94; 4x400 – 1993, 94)

11 – Aaron Stockstell, Mid-Prairie, Wellman (2005-08)

(400 in 2006, 07, 08; 800 in 2006, 07, 08; 200 in 2008; 1,600 M Medley Relay 2006, 2007, 2008; 4x400 Relay 2005)

11 – Isaac Wendland, Charles City (2005-08)

(1,600 in 2005, 06, 07, 08; 800 in 2006, 07, 08; 1,600 M Medley Relay 06, 07, 08; 4x400 Relay 05)

10 – Isaiah Trousil, West Burlington/Notre Dame (2015-17)

(100 – 2015, 16, 17; 200 – 2015, 16, 17; 4x100 Relay – 2015, 16; 4x200 Relay – 2015, 16)

9 – James Harrington, Cedar Falls (2010-12)

(100 in 2011, 12; 200 in 2010, 11, 12; 400 in 2012; 4x100 Relay 2011, 2012; 4x200 Relay 2011)

9 – Clyde Duncan, Des Moines, North (1962-64)

(100, 220, 440 in 1962-63-64)

8 – Ryan Schweizer, Dowling Catholic, WDM (2014-16)

(800 – 2015, 16; 1,600 – 2015, 16; 3200 – 2015, 16; 1,600 M Medley Relay – 2015, 16)

8 – Conner Smock, Lisbon (2009-12)

(3,200 Meter Run, 2009, 10, 11, 12; 1,600 Meter Run 2009, 10, 12; 1,600 M Medley Relay 2012)

8 – Greg Offerman, Charles City (2002-05)

(400H in 2003, 04, 05; 200 meters in 2003, 04, 05; 400 meters 2005; 4x400 Relay 2005)

8 – Adam Haluska, Carroll (2000-2002)

(LJ in 2000; 100, 200, LJ in 2001; 100, 200, 400, LJ in 2002)

8 – LeRoy McCuen, Corning (1975-77)

(HJ in 1975; 120 HH, 180 LH, HJ, LJ in 1976; HH, LH, LJ in 1977)

8 – James Kirby, Des Moines, North (1965-67)

(100 – 1966, 1967; 220 in 1965, 66, 67; and 440 in 1966; 880-Yard Relay 1965; Mile Relay 1965)

Most Career Individual Wheelchair State Event Championships

16 – E.J. Runyan, Johnston (1997-2000)

(100, 200, 800, Discus 1997-98-99-2000 each)

9 – Evan Correll, Waukee (2018-21)

(100, 200 in 2018, 2019, 2021; 400 in 2019, 2021; 800 in 2021)

9 – Jon Litzkow, Waterloo West (2010-11)

(100, 200, 400 each in 2010, 2011, 2013)

9 – Brian Wauters, Marshalltown (2001-2003)

(100 meters and 200 meters, in 2001, 02, 03; 800 in 2001, 02; 400 meters in 2003)

7 – Mark Hauschildt, Nodaway Valley, Greenfield (1994-96)

(SP, Discus, 200 in 1995; 100, 200, 800, Discus in 1996)

6 – Tom Rudruck, Winfield-Mt. Union (1991-92)

(Discus, 800 in 1991; 100, 200, 800, Discus in 1992)

6 – Nathan Redlinger, English Valleys, North English

(100-200-400 meters in 2004, 05)

6 – Cory Behrendt, Boone

(100-200-400 meters in 2006, 07)

** Listings are the national records kept by the NFHS unless the event is not one they sanction. States must submit marks for verification. To qualify the **performance must be set against high school** competition.*

Various groups that list high school records may include better performances but they were established in non-high school competition. #-denotes event not included in NFHS national record-keeping since it is not contested in all states or was achieved in a meet that was not limited to high school, but the events are run in Iowa.