

REGIONAL AND STATE DUAL TEAM WRESTLING MANUAL, 2022

Eight teams will qualify for the state dual team tournament in each of the three classes, 1A, 2A, and 3A. The sixteen Class 1A and 2A sectional team champions and eight additional teams ranked highest by the final IWCOA Dual Team Rankings qualify for eight regional dual team meets held on the Tuesday before district competition at eight pre-determined sites. Regional dual team sites are determined using the final January IWCOA dual team rankings, with 8 of the top 16 ranked schools in each class hosting, if possible and practical within geographic areas. The regional semifinal pairings will place the highest ranked team at a regional dual team site with a first-round bye and the second highest ranked team against the lowest ranked team, according to the final IWCOA Dual Team Rankings. If there is a tie in the rankings the higher seed goes to the team with the best win-loss percentage. The team winning in the first round of the regional double dual will compete in the finals, with the winning team qualifying for the state dual team tournament at Wells Fargo Arena in Des Moines. The regional dual pairings will be posted Saturday night after the conclusion of the sectional meets.

The top twenty-four ranked class 3A schools, according to the final IWCOA rankings, will compete in eight regional dual team meets held on the Wednesday before district competition with the highest ranked teams hosting, if possible. The top ranked team at each site will receive a bye during the first round. If there is a tie in the rankings the higher seed goes to the team with the best win-loss percentage. The winner of the first-round dual will wrestle the top ranked team in the finals, with the winning team qualifying for the state dual team tournament at Wells Fargo Arena in Des Moines.

COMPETITORS FOR THE DUAL TEAM TOURNAMENT SERIES **(REGIONAL AND STATE)**

While it is not always possible for teams to fill every weight class during the state dual team wrestling tournament series, it is expected teams will not forfeit an excessive number of weight classes, or wrestle JV wrestlers, when they have varsity wrestlers capable of wrestling at those weight classes. The regular varsity wrestlers, including district tournament qualifiers for classes 1A & 2A, and district entries for class 3A, are expected to weigh-in and wrestle during the tournament series except in the case of injury, illness, or ineligibility declarations. It is understood, there may be times when varsity wrestlers have weighed in for a particular weight class only to have the coach decide to forfeit certain matches due to injury, illness, or make strategic shifts in their line-up during the meet.

SPORTSMANSHIP

Good sportsmanship is an expectation in the dual team tournament series. Athletic Directors and Head Coaches should be sure to visit with their assistant coaches and wrestlers about sportsmanship at the tournament.

ANY WRESTLER OR COACH EJECTED FROM THE REGIONAL DUAL TEAM TOURNAMENT SHALL NOT PARTICIPATE IN DISTRICT COMPETITION AND ANYONE EJECTED FROM THE STATE DUAL TEAM TOURNAMENT SHALL NOT PARTICIPATE IN THE STATE INDIVIDUAL TOURNAMENT.

SCHEDULE FOR DUAL TEAM TOURNAMENT SERIES

Regional Tournaments: Classes 1A & 2A – Tuesday, February 8, 2022 – 6:00 PM

Regional Tournaments: Class 3A – Wednesday, February 9, 2022 – 6:00 PM

State Dual Team Tournament: Wells Fargo Arena, Wednesday, February 16, 2022

[2022 Wrestling State Duals Schedule](#)

ADMISSION

Regional Dual Team (All Classes): General Admission \$6.00

State Dual Team: General Seat Admission \$10.00

Regional Dual Team tickets will be available in advance through HomeTown Ticketing.

State Dual Team tickets will be made available for purchase to qualifying schools following the Regional Duals.

There are no ‘pass outs’ for IHSAA events. Anyone leaving the Arena must purchase another ticket to return.

COMPLIMENTARY ADMISSION TO THE DUAL TEAM TOURNAMENT SERIES

Regional Dual Team Tournaments:

The following people receive complimentary admission to regional dual team wrestling tournaments:

1. All **VARSITY squad members** and coaches are permitted complimentary admission to the regional dual team meet. - See “Wrestling Expense Allowance” for reimbursement information.
2. A maximum of six cheerleaders per school, if in uniform, and one coach/sponsor.
3. Any school administrator with a school administrator pass and ONE guest.
4. Any current, or former, IHSAA Board of Control member presenting a lifetime pass, and their respective spouse.
5. Members of the host school’s Board of Education and spouse.
6. Bona-fide members of the press, radio, and television media attending in the capacity of reporter and/or photographer. **(This does not include a representative of a school paper, yearbook, etc.)**
7. One team bus driver for each participating school.

State Dual Team Tournament:

Each participating team shall consist of 28 members. The IHSAA will provide 28 complimentary team personnel security identification wristbands to each participating school. These security identification wristbands are for wrestlers, coaches, managers/statisticians/videographers, and sports medicine personnel. No additional wristbands will be sold to team personnel. 28 is the total number allowed for the sake of limiting crowdedness on the arena floor. If the coach wants 24 wrestlers at weigh-ins, then he is limited to 4 coaches/managers, etc. If the coach wants 7 coaches, then he only gets 21 others on the bench. **Use of team security identification wristbands by non-team personnel will result in the school forfeiting their expense allowance.**

THESE SECURITY IDENTIFICATION WRISTBANDS ARE FOR THE STATE DUAL TEAM TOURNAMENT ONLY. Qualifiers for the state individual wrestling tournament will receive different security identification wristbands when they pick up their information packets for the

individual tournament. See the State Individual Wrestling Tournament Manual for complete information.

Wrestlers and other team personnel must wear their security identification wristbands on their WRISTS to gain entrance to the secure areas in Hy-Vee Hall and Wells Fargo Arena. Damaged wristbands can be **exchanged** at the Head Table or at the desk in the locker room hallway near the elevators. After entering Wells Fargo Arena, security identification wristbands will not allow access to the spectator seating area.

1. Each participating school will receive six security identification wristbands for the six cheerleaders who may cheer and one for the coach/sponsor. These security wristbands will be used to enter through the "Worker/Wrestler Entrance." There will be no separate cheerleader entrance for state dual team wrestling. Cheerleaders will use the team entrance for state dual team wrestling.
2. Team bus driver(s) must purchase a ticket if they wish to attend the state duals.
3. School administrator passes will be allowed this year. Any school administrator attending the state duals will need to enter at the VIP entrance (NW corner).

AWARDS

Regional Dual Team: The regional team champion will receive 15 medals for 14 competing wrestlers and the head coach, as well a championship banner for the school. Additional medals may be purchased by contacting the IHSAA. The regional dual team champion will also receive a state qualifier banner for their school.

State Dual Team:

Participation trophies and medals: Each team participating in the state dual team tournament will receive a trophy for the school and 15 medals for 14 competing wrestlers and the head coach. Additional medals may be purchased by contacting the IHSAA.

Banners: The champion and runner-up teams in each class will receive a banner for their school.

Picture plaques: Teams who qualify for the State Dual Team Tournament will receive 15 picture plaques for the 14 competing wrestlers and the head coach. Additional plaques may be purchased by contacting the IHSAA. Picture plaques will be sent to participating schools approximately 6-8 weeks after the Tournament.

BANNERS, SIGNS, HOOPS, CONFETTI, ETC., PROHIBITED

The Board of Control of the IHSAA prohibits spectators from displaying any banners or signs, artificial noisemakers, as well as, the use of confetti, etc. Cheerleaders are prohibited from using a paper hoop designed for athletes to run through when coming onto the mat. (This regulation is in effect for the regional and state dual team tournaments.)

BLOOD BORNE PATHOGENS

Host schools are responsible for the necessary disposable supplies and personnel for cleaning blood from the mat or other areas of the facility. Participating schools are responsible for the cleaning of blood and other body fluids from their own athletes, and for using universal precautions when doing so.

BUS PARKING AT STATE DUALS

Busses will be allowed to park at Principal Park free-of-charge. Principal Park is about one mile directly south of WFA on 3rd Street. **Busses will be allowed to drop students off at the 3rd**

Street drop off lane near the Main Entrance to the Arena. After dropping students off, busses will be directed to Principal Park where pep busses ONLY can park free. NO VANS, SUBURBANS, OR CARS ALLOWED!

Transportation to and from Principal Park to Wells Fargo Arena: Once they have parked their bus at Principal Park, drivers should secure transportation to Wells Fargo Arena on their own accord. If walking, there is a skywalk entrance about 4 blocks from Principal Park at 2nd & Court streets. Please refer to the downtown Des Moines map below for skywalk and points of interest information. [Downtown Des Moines Map](#)

CHARITABLE CONTRIBUTIONS AND SOLICITATIONS

Tournament managers may be confronted with various requests pertaining to donations and contributions to organizations that rely upon this method or system of financing their programs. The Board of Control prohibits the passing of hats, receptacles, blankets, etc., inside the gymnasium at any IHSAA-sponsored tournament for the purpose of collecting any contributions to any group or organization. The Board of Control does not object to placing a receptacle in the vestibule or lobby of the gymnasium where the people may deposit their contributions, provided this arrangement meets with the approval of the local tournament manager.

CHEERLEADERS

Regional dual team cheerleader expectations – [Dual Team Cheer Wrestling Rules](#)
Six cheerleaders and one cheer coach will be permitted at both the Regional Duals and State Duals for each qualifying team.

COMMUNICABLE SKIN CONDITIONS AND SKIN CHECKS

Regional Dual Team Tournaments:

At regional dual team tournaments, the officials will conduct the skin checks. Any wrestlers with suspect skin conditions MUST present a current, completed Wrestling Skin Condition Report at the time of weigh-ins signed by a medical professional stating the condition is NOT communicable OR stating the wrestler had a communicable condition that is no longer communicable as of the date of the meet. If a designated on-site medical professional (Medical Doctor, Doctor of Osteopathic Medicine, Doctor of Chiropractic, Physician's Assistant, or Advanced Registered Nurse Practitioner) is present at the weigh-ins he or she has the authority to rule on any suspect communicable skin conditions. This medical professional has final authority to allow or deny participation regardless of what is indicated on the IHSAA Skin Condition Report Form presented by the coach.

State Dual Team Tournament:

Skin checks will be performed at weigh-ins. Any wrestlers with suspect skin conditions MUST present a current, completed Wrestling Skin Condition Report at the time of weigh-ins signed by a medical professional stating the condition is NOT communicable OR stating the wrestler had a communicable condition that is no longer communicable as of the state tournament. A tournament physician will be available when each class weighs in to rule on any suspect skin, or other health, conditions. The tournament physician has FINAL AUTHORITY to allow, or deny, participation regardless of what is indicated on the IHSAA Skin Condition Report Form presented by the coach.

FOOD & DRINK IN WELLS FARGO ARENA

Team personnel may bring outside food and drink into the backstage arena areas through the tunnel from the Hy-Vee Hall ONLY. It is NOT permissible to bring outside food and drink into the main arena areas, except for personal water and sports drink containers.

IOWA WRESTLING COACHES AND OFFICIALS ROOM

A room for IWCOA members is available in the Southwest corner of the 300 level of Wells Fargo Arena for members of the IWCOA to conduct any business they may have during the tournament.

LENGTH OF MATCHES

ALL matches in the state dual team tournament series will be **(3) two-minute periods (2-2-2)**, plus overtime, if needed.

LOCKER ROOMS

Locker rooms will be available for wrestlers. ALL wrestlers should plan to shower when they are finished wrestling for the day. This will help alleviate any concerns about wrestlers becoming ill or developing a communicable skin condition from not showering. **Soap & towels are NOT provided.**

MAPS OF WELLS FARGO ARENA AREA FOR STATE DUALS

Here is a link to the Wells Fargo Arena area maps: [Wells Fargo Arena](#)

MUSIC BEFORE MATCHES

Because this is an IHSAA event hosted by a member school there is no “run out” music for wrestlers before the start of a match. The atmosphere should be as neutral as possible for all schools.

PHOTOGRAPHY

Jolesch Photography is the official photography service for the State Wrestling Tournament. The website is at this link: [Jolesch Photography – IHSAA Events](#)

Coaches, managers, and wrestlers are **NOT** allowed to take pictures or video at mat-side.

Spectators may take pictures and video from their seats, but no external power is available. Taking pictures or videotaping in the aisles is strictly prohibited. Information about ordering state tournament photos will be available on the main concourse level throughout the tournament.

PUBLIC ADDRESS ANNOUNCEMENT POLICY

The public address system at an IHSAA post-season event is not to be used as an open public forum for the expression of views by individuals or organizations concerning political, philosophical, religious, or other matters unrelated to the conduct of the event, or the management and safe use of the event site. For example, conducting a prayer over the public address system is prohibited at IHSAA post-season or sponsored events.

SEATING FOR TEAM PERSONNEL AT STATE DUALS

Seating for 28 team personnel will be provided on the floor of Wells Fargo Arena while their team is competing.

SPORTS MEDICINE PERSONNEL AT STATE DUALS

The Athletic Association provides physicians and athletic trainers for the tournament.

CONCUSSIONS – While the IHSAA designated tournament physicians and athletic trainers will work with sports medicine professionals a school may bring with them, IHSAA designated tournament physicians and athletic trainers shall have final authority to determine if an athlete who is exhibiting signs, symptoms, and behaviors consistent with a concussion shall return to competition.

SEEDING INFORMATION FOR STATE DUALS

After the eight State Dual teams per class are determined, those coaches will have a chance to give criteria for their team via a conference call then will submit their own rankings to determine the seeds for the state dual tournament. Each coach will rank the top 8 schools from the qualifying teams. If a tie exists upon submission of these rankings the tie will be broken by the following criteria (1) Head to Head competition (2) Overall winning percentage (3) the school *FIRST* alphabetically will receive the higher seed in *ODD* years, and the school LAST alphabetically will receive the higher seed in EVEN years.

STARTING WEIGHT CLASS

As per NFHS rules, the starting weight class will be drawn immediately before weigh-ins at regional and state duals. The random draw will be the same for all three classes, 1A, 2A, and 3A at the state dual team tournament. Each round will begin one weight class beyond the previous round. A pre-meet disk toss will determine which teams' wrestlers have the choice of position at the start of the second period and which teams' wrestlers are to report to the scorer's table first for each weight class.

TEAM PERSONNEL ENTRANCE INTO THE IOWA EVENTS CENTER

Team personnel will use the Hy-Vee Hall North Lobby entrance, which is on 3rd Street just under the skywalk. Please refer to the online map for the specific location of this entrance. This entrance is posted as the "WRESTLER & WORKER ENTRANCE" and will open one hour before the first weigh-ins for the day are scheduled.

The team personnel entrance into Wells Fargo Arena is through the tunnel from the Hy-Vee Hall. This is the *ONLY* entrance team personnel will be admitted free-of-charge. Only team personnel wearing security identification bands will be admitted through this entrance.

TEAM PICTURES AT STATE DUALS

Team photos are yet to be determined and we will send further information about the photo plaques prior to the tournament. Jolesch Photography will be the official photographer.

TEAM TIES AT REGIONAL AND STATE DUAL TEAM COMPETITION

In the event a tie score exists in a dual meet at the regional or state dual team tournament, the criteria found in the NFHS Wrestling Rule Book will be used to break the tie.

VALUABLES

Never keep valuables in the weigh-in or warm-up areas or the locker rooms. Each school is responsible for keeping their valuables with them at all times.

VIDEO TAPING MATCHES

Videotaping of matches is permissible provided viewing of the videotape by team personnel does NOT take place until the entire meet is over. The host management is NOT expected to provide electrical power.

WEIGH-INS

All schools must present the proper TrackWrestling weigh-in forms at the time of weigh-in, listing the wrestlers eligible to compete at the Regional and State Dual Team Wrestling Tournament. Meet management will keep the original forms and make copies for coaches and table workers.

Regional Dual Team Tournaments:

For all regional dual team meets, weigh-ins will be conducted at the site one hour before competition is scheduled to begin, as per national rule. The only scale allowance given for regional duals is the 2-pound growth allowance, unless a weather-related allowance is granted by the IHSAA.

State Dual Team Tournament:

State dual team wrestling weigh-ins will take place in HyVee Hall rooms 107-108. Weigh ins will be conducted at 8:00 a.m. for the teams competing at 9:00 a.m.; and at 10:00 a.m. for the teams competing at 11:00 a.m. for the first time. The only scale allowance given for state duals is the 2-pound growth allowance, unless a weather-related allowance is granted by the IHSAA. Detailed information with reference to the weigh-in procedures for the state dual team tournament will be sent to the qualifying schools prior to the state dual team tournament.

WEIGHT CHECKS FOR STATE DUALS

Wrestlers will be allowed to check their weight on Tuesday evening from 6:00pm - 8:00pm in the weigh-in area in Hy-Vee Hall rooms 107-108. Entrance is through the Hy-Vee Hall North Lobby entrance, which is on 3rd Street just under the skywalk. The entrance is posted as the "WORKER/WRESTLER ENTRANCE."

WRESTLING EXPENSE ALLOWANCE

A prerequisite for receiving any expense allowance from the IHSAA is that your school must travel to another town for the tournament. Reimbursement for all rounds of dual team competition is based on a **maximum** traveling party of 28 people.

Regional Dual Team: \$1.20 per mile, one way.

State Dual Team:

Mileage = \$1.20 per mile, one way.

Travel <100 miles = mileage, plus \$10.00 per allotted member of the traveling party.

Travel >99 miles & NO lodging used = mileage, plus \$20.00 per allotted member of the traveling party.

Travel > 99 miles & lodging USED = mileage, plus \$40.00 per allotted member of the traveling party.

1/26/2022