

IOWA HIGH SCHOOL - UNIFIED ACTIVITIES CALENDAR - 2021-22

Approved April 12, 2021

<u>NFHS</u>	<u>Month</u>	<u>Date</u>	<u>2021 Event</u>
3/4	July/Aug	25-1	Unified Iowa High School Activities Federation Non-Contact Period
6	August	9	Fall Sports Practice Starts
		11	IHSAA/IGHSAU New Athletic Directors Workshop
		14	IHSSA Judges/Coaches Workshop
10	September	6	Labor Day
12		25	State Debate Clinic
14	October	5	Boys Fall District Golf Meets
		8,9	Boys Fall State Golf Meet
		9	State Marching Band Festival: North
15		15,16	IHSSA Coaches Convention
		16	State Marching Band Festival: South
16		18,20	Girls Regional Volleyball Tournament, 1A,2A,3A
		19,21	Girls Regional Volleyball Tournament, 4A,5A
		20	Piano Auditions: All State Music Festival
		20	Joint Girls and Boys State Qualifying Cross Country Meets, 3A/4A
		21	Joint Girls and Boys State Qualifying Cross Country Meets, 1A/2A
		22	First Round State Football Playoffs, 8P, A, 1A, 2A
		23	District Auditions: All-State Music Festival
17		25,27	Girls Regional Volleyball Tournament, 1A,2A
		26	Girls Regional Volleyball Tournament, 3A,4A,5A
		29	First Round State Football Playoffs, Classes 3A, 4A, 5A
		29	Second Round State Football Playoffs, 8P, A, 1A, 2A
		29	Joint Girls/Boys State Cross Country Meet, 3A/4A
		30	Joint Girls/Boys State Cross Country Meet, 1A/2A
18	November	1-4	Girls State Volleyball Tournament, All Classes
		4	Girls Regional Diving Meet
		4	Quarterfinal Round State Football Playoffs, 8P
		5	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		6	Girls Regional Swimming Meet
19		8	Girls Basketball, G/B Bowling, Boys Swimming Practice Starts
		8	IHSAA/IGHSAU New Athletic Directors Workshop, Part 2
		10	Semifinal Round State Football Playoffs, 8P
		11	Semifinal Round State Football Playoffs, A, 4A
		12	Semifinal Round State Football Playoffs, 1A, 5A
		12,13	Girls State Swimming & Diving Meet
		13	Semifinal Round State Football Playoffs, 2A, 3A
20		15	Boys Basketball and Wrestling Practice Starts
		18,19	Final Round State Football Playoffs, All Classes
		18-20	All-State Music Festival
21		25	Thanksgiving Day
			2022
<u>NFHS</u>	<u>Month</u>	<u>Date</u>	<u>Event</u>
27	January	7,8	State Debate Tournament
29		22	District Speech Contest, Large Group
30		24	Jazz Band State Festival, North, All Classes
		25	Jazz Band State Festival, South, All Classes
31		31	State Show Choir Festival, All Classes
	February	5	State Speech Contest, Large Group
		5	Sectional Wrestling Meets, 1A, 2A
		5	Boys District Swimming Meets
32		7	State Jazz Choir Festival, All Classes
		8	Regional Dual Team Wrestling Meet, 1A, 2A
		9	Regional Dual Team Wrestling Meet, 3A
		10	Girls Regional Basketball Tournament, 1A
		11	Boys District Basketball Tournament, 1A
		11-12	Boys State Swimming Meet
		12	Girls Regional Basketball Tournament, 2A, 3A
		12	District Wrestling Meets, All Classes
33		14,17	Boys District Basketball Tournament, 1A, 2A
		15	Joint Girls and Boys State Qualifying Bowling Tournaments, All Classes

		16	State Dual Team Wrestling Meet, All Classes
		15,18	Girls Regional Basketball Tournament, 1A,2A
		17-19	State Individual Wrestling Meet, All Classes
		16,19	Girls Regional Basketball Tournament, 3A,4A,5A
		19	IHSSA All-State Festival, Large Group
34		21,24,28	Boys Substate Basketball Tournament, 3A
		21,25	Boys Substate Basketball Tournament, 4A
		21-23	State Co-Ed Bowling Tournament, All Classes
		21	Girls/Boys Track Practice Starts
		22	Girls Regional Basketball Tournament, 4A,5A
		22	Boys District Basketball Tournament, 1A,2A
		23	Girls Regional Basketball Tournament, 1A,2A
		26	Boys Substate Basketball Tournament, 1A,2A
		26	District Speech Contest, Individual Events
35	Feb/March	28-5	Girls State Basketball Tournament, All Classes
	March	1	Boys Substate Basketball Tournament, 4A
36		7-11	Boys State Basketball Tournament, All Classes
		11,12	State Speech Contest, Individual Events
37		14	Girls Spring Sports Practice Starts, Golf, Tennis, Soccer
		14	Boys Spring Sports Practice Starts: Soccer, Tennis, Spring Golf
38		26	State Music Festival, Solos and Ensembles, 3A
39		28	IHSSA Individual Events All-State Festival
	April	2	State Music Festival, Solos and Ensembles, 2A
41		9	State Music Festival, Solos and Ensembles, 1A,4A
44	May	2	Boys Baseball Practice Starts
		2	Girls Softball Practice Starts
		6	State Music Festival, Large Group, 2A,4A Orchestra-Quad Cities Area Only
		6	State Music Festival, Large Group, 1A,3A
		7	State Music Festival, Large Group, 2A,4A
45		9	Boys District Individual Tennis Meets, All Classes
		11	Boys Sectional Golf Meets, All Classes
		11	Girls Regional Individual Tennis Meets, All Classes
		12	Joint Girls and Boys State Qualifying Track Meets, All Classes
		13	Girls Regional Golf Meets, 1A,2A,3A
		13	Boys Substate Team Tennis Meets, All Classes
		14	Girls Regional Team Tennis Meets, All Classes
46		16	Boys District Golf Meets , All Classes
		17	Girls Regional Team Tennis Meets, All Classes
		18	Girls Regional Soccer Tournament, 1A
		18	Girls Regional Golf Meets, All Classes
		18	Boys Substate Team Tennis Meets, All Classes
		19-21	State Co-Ed Track Meet, All Classes
		19	Boys Substate Soccer Meets, All Classes
		20	Girls Regional Soccer Tournament, 2A,3A
		21	Girls 1st Round State Team/Regional Team Tennis Meets, All Classes
47		23	Girls 1st Round State Team Tennis, 1A if needed
		23,24	Boys State Golf Meet, All Classes
		23,25	Boys Substate Soccer Meets, All Classes
		24	Girls Regional Soccer Tournament, All Classes
		24,25	Boys State Tennis Meet, All Classes
		26	Girls Regional Soccer Tournament, All Classes
		26,27	Girls State Golf Meet, All Classes
		27,28	Girls State Individual Tennis Meet, All Classes
48		30	Memorial Day
	May/June	31,2,4	Girls State Soccer Tournament, All Classes
		31	Boys State Team Tennis Meet, All Classes
	June	1,3,4	Boys State Soccer Tournament, All Classes
		1	Girls State Team Tennis Meet, All Classes
49		7	State Co-Ed Golf Meet
		7	State Co-Ed Tennis Meet
		30	Boys District Baseball Tournament,1A
	July	1	Girls Regional Softball Tournament, 1A,2A
52		2	Boys District Baseball Tournament,1A,2A
		5	Boys District Baseball Tournament, 1A,2A
1		6	Girls Regional Softball Tournament, 1A,2A,3A
		7	Boys District Baseball Tournament, 1A,2A

	7	Girls Regional Softball Tournament, 4A,5A
	8	Girls Regional Softball Tournament, 1A,2A
	8	Boys District Baseball Tournament, 3A
	8	Boys Substate Baseball Tournament, 4A
	9	Boys Substate Baseball Tournament,1A
	9	Girls Regional Softball Tournament, 3A,4A,5A
2	11	Boys Substate Baseball Tournament,4A
	11	Boys District Baseball Tournament, 3A
	11	Girls Regional Softball Tournament, 1A,2A
	12	Boys Substate Baseball Tournament,2A
	12	Girls Regional Softball Tournament, 3A,4A,5A
	13	Boys Substate Baseball Tournament,3A,4A
3	18-22	Boys State Baseball Tournament, All Classes
3	18-22	Girls State Softball Tournament, All Classes
3/4	24-31	Unified Iowa High School Activities Federation Non-Contact Period

IOWA HIGH SCHOOL - UNIFIED ACTIVITIES CALENDAR - 2022-23

Tentative April 12, 2021

<u>NFHS</u>	<u>Month</u>	<u>Date</u>	<u>2022</u> <u>Event</u>
3/4	July	24-31	Unified Iowa High School Activities Federation Non-Contact Period
6	August	8	Fall Sports Practice Starts
		10	IHSAA/IGHSAU New Athletic Directors Workshop
		13	IHSSA Judges/Coaches Workshop
10	September	5	Labor Day
12		24	State Debate Clinic
14	October	4	Boys Fall District Golf Meets
		7,8	Boys Fall State Golf Meet
		8	State Marching Band Festival: North
15		14,15	IHSSA Coaches Convention
		15	State Marching Band Festival: South
16		17,19	Girls Regional Volleyball Tournament, 1A,2A,3A
		18,20	Girls Regional Volleyball Tournament, 4A,5A
		19	Piano Auditions: All State Music Festival
		19	Joint Girls and Boys State Qualifying Cross Country Meets, 3A/4A
		20	Joint Girls and Boys State Qualifying Cross Country Meets, 1A/2A
		21	First Round State Football Playoffs, 8P, A, 1A, 2A
		22	District Auditions: All-State Music Festival
17		24,26	Girls Regional Volleyball Tournament, 1A,2A
		25	Girls Regional Volleyball Tournament, 3A,4A,5A
		28	First Round State Football Playoffs, Classes 3A, 4A, 5A
		28	Second Round State Football Playoffs, 8P, A, 1A, 2A
		28	Joint Girls/Boys State Cross Country Meet, 3A/4A
		29	Joint Girls/Boys State Cross Country Meet, 1A/2A
18	Oct./Nov.	31-3	Girls State Volleyball Tournament, All Classes
		3	Girls Regional Diving Meet
		3	Quarterfinal Round State Football Playoffs, 8P
		4	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		5	Girls Regional Swimming Meet
19		7	Girls Basketball, G/B Bowling, Boys Swimming Practice Starts
		7	IHSAA/IGHSAU New Athletic Directors Workshop, Part 2
		9	Semifinal Round State Football Playoffs, 8P
		10	Semifinal Round State Football Playoffs, A, 4A
		11	Semifinal Round State Football Playoffs, 1A, 5A
		11,12	Girls State Swimming & Diving Meet
		12	Semifinal Round State Football Playoffs, 2A, 3A
20		14	Boys Basketball and Wrestling Practice Starts
		17,18	Final Round State Football Playoffs, All Classes
		17-19	All-State Music Festival
21		24	Thanksgiving Day

<u>NFHS</u>	<u>Month</u>	<u>Date</u>	<u>2023</u> <u>Event</u>
27	January	6,7	State Debate Tournament
29		21	District Speech Contest, Large Group
30		23	Jazz Band State Festival, North, All Classes
		24	Jazz Band State Festival, South, All Classes
31		30	State Show Choir Festival, All Classes
	February	4	State Speech Contest, Large Group
		4	Sectional Wrestling Meets, 1A, 2A
		4	Boys District Swimming Meets
32		6	State Jazz Choir Festival, All Classes
		7	Regional Dual Team Wrestling Meet, 1A, 2A
		7	Regional Dual Team Wrestling Meet, 3A
		9	Girls Regional Basketball Tournament, 1A
		10	Boys District Basketball Tournament, 1A
		11	Girls Regional Basketball Tournament, 2A, 3A
		10,11	Boys State Swimming Meet
		11	District Wrestling Meets, All Classes
33		13,16	Boys District Basketball Tournament, 1A, 2A

		14	Joint Girls and Boys State Qualifying Bowling Tournaments, All Classes
		15	State Dual Team Wrestling Meet, All Classes
		14,17	Girls Regional Basketball Tournament, 1A,2A
		16-18	State Individual Wrestling Meet, All Classes
		15,18	Girls Regional Basketball Tournament, 3A,4A,5A
		18	IHSSA All-State Festival, Large Group
34		20,23,27	Boys Substate Basketball Tournament, 3A
		20,24,28	Boys Substate Basketball Tournament, 4A
		20-22	State Co-Ed Bowling Tournament, All Classes
		20	Girls/Boys Track Practice Starts
		21	Girls Regional Basketball Tournament, 4A,5A
		21	Boys District Basketball Tournament, 1A,2A
		22	Girls Regional Basketball Tournament, 1A,2A
		23	Boys Substate Basketball Tournament,3A
		25	Boys Substate Basketball Tournament, 1A,2A
		25	District Speech Contest, Individual Events
35	Feb/March	27-4	Girls State Basketball Tournament, All Classes
36		6-10	Boys State Basketball Tournament, All Classes
		10,11	State Speech Contest, Individual Events
37		13	Girls Spring Sports Practice Starts, Golf, Tennis, Soccer
		13	Boys Spring Sports Practice Starts: Soccer, Tennis, Spring Golf
38		25	State Music Festival, Solos and Ensembles, 3A
39		27	IHSSA Individual Events All-State Festival
	April	1	State Music Festival, Solos and Ensembles, 2A
42		15	State Music Festival, Solos and Ensembles, 1A,4A
44	May	1	Boys Baseball Practice Starts
		1	Girls Softball Practice Starts
		5	State Music Festival, Large Group, 2A,4A Orchestra-Quad Cities Area Only
		5	State Music Festival, Large Group, 1A,3A
		6	State Music Festival, Large Group,2A,4A
45		8	Boys District Individual Tennis Meets, All Classes
		10	Boys Sectional Golf Meets, All Classes
		10	Girls Regional Individual Tennis Meets, All Classes
		11	Joint Girls and Boys State Qualifying Track Meets, All Classes
		12	Girls Regional Golf Meets, 1A,2A
		12	Boys Substate Team Tennis Meets, All Classes
		13	Girls Regional Team Tennis Meets, All Classes
46		15	Boys District Golf Meets , All Classes
		16	Girls Regional Team Tennis Meets, All Classes
		17	Girls Regional Soccer Tournament, 1A
		17	Girls Regional Golf Meets, All Classes
		17	Boys Substate Team Tennis Meets, All Classes
		18-20	State Co-Ed Track Meet, All Classes
		18	Boys Substate Soccer Meets, All Classes
		19	Girls Regional Soccer Tournament, 2A,3A
		20	Girls 1st Round State Team/Regional Team Tennis Meets, All Classes
47		22	Girls 1st Round State Team Tennis, 1A if needed
		22,23	Boys State Golf Meet, All Classes
		22,24	Boys Substate Soccer Meets, All Classes
		23	Girls Regional Soccer Tournament, All Classes
		23,24	Boys State Tennis Meet, All Classes
		25	Girls Regional Soccer Tournament, All Classes
		25,26	Girls State Golf Meet, All Classes
		26,27	Girls State Individual Tennis Meet, All Classes
48		29	Memorial Day
		30	Boys State Team Tennis Meet, All Classes
	May/June	30,1,3	Girls State Soccer Tournament, All Classes
		31	Girls State Team Tennis Meet, All Classes
	May/June	31,2,3	Boys State Soccer Tournament, All Classes
49	June	6	State Co-Ed Golf Meet
		6	State Co-Ed Tennis Meet
52		29	Boys District Baseball Tournament,1A
		30	Girls Regional Softball Tournament, 1A,2A
	July	1	Boys District Baseball Tournament,1A,2A
1		3	Boys District Baseball Tournament,1A,2A

	5	Boys District Baseball Tournament, 1A,2A
	5	Girls Regional Softball Tournament, 1A,2A,3A
	6	Boys District Baseball Tournament, 1A,2A
	6	Girls Regional Softball Tournament, 4A,5A
	7	Girls Regional Softball Tournament, 1A,2A
	7	Boys District Baseball Tournament, 3A
	7	Boys Substate Baseball Tournament, 4A
	8	Boys Substate Baseball Tournament,1A
	8	Girls Regional Softball Tournament, 3A,4A,5A
2	10	Boys Substate Baseball Tournament,4A
	10	Boys District Baseball Tournament, 3A
	10	Girls Regional Softball Tournament, 1A,2A
	11	Boys Substate Baseball Tournament,2A
	11	Girls Regional Softball Tournament, 3A,4A,5A
	12	Boys Substate Baseball Tournament,3A,4A
3	17-21	Boys State Baseball Tournament, All Classes
3	17-21	Girls State Softball Tournament, All Classes
4/5	23-30	Unified Iowa High School Activities Federation Non-Contact Period

IOWA HIGH SCHOOL - UNIFIED ACTIVITIES CALENDAR - 2023-24

Tentative April 12, 2021

<u>NFHS</u>	<u>Month</u>	<u>Date</u>	<u>2023</u> <u>Event</u>
4/5	July	23-30	Unified Iowa High School Activities Federation Non-Contact Period
6	August	7	Fall Sports Practice Starts
		9	IHSAA/IGHSAU New Athletic Directors Workshop
		12	IHSSA Judges/Coaches Workshop
10	September	4	Labor Day
12		23	State Debate Clinic
14	October	3	Boys Fall District Golf Meets
		6,7	Boys Fall State Golf Meet
		7	State Marching Band Festival: North
15		13,14	IHSSA Coaches Convention
		14	State Marching Band Festival: South
16		16,18	Girls Regional Volleyball Tournament, 1A,2A,3A
		17,19	Girls Regional Volleyball Tournament, 4A,5A
		18	Piano Auditions: All State Music Festival
		18	Joint Girls and Boys State Qualifying Cross Country Meets, 3A/4A
		19	Joint Girls and Boys State Qualifying Cross Country Meets, 1A/2A
		20	First Round State Football Playoffs, 8P, A, 1A, 2A
		21	District Auditions: All-State Music Festival
17		23,25	Girls Regional Volleyball Tournament, 1A,2A
		24	Girls Regional Volleyball Tournament, 3A,4A,5A
		27	First Round State Football Playoffs, Classes 3A, 4A, 5A
		27	Second Round State Football Playoffs, 8P, A, 1A, 2A
		27	Joint Girls/Boys State Cross Country Meet, 3A/4A
		28	Joint Girls/Boys State Cross Country Meet, 1A/2A
18	Oct./Nov.	30-2	Girls State Volleyball Tournament, All Classes
		2	Girls Regional Diving Meet
		2	Quarterfinal Round State Football Playoffs, 8P
		3	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		4	Girls Regional Swimming Meet
19		6	Girls Basketball, G/B Bowling, Boys Swimming Practice Starts
		6	IHSAA/IGHSAU New Athletic Directors Workshop, Part 2
		8	Semifinal Round State Football Playoffs, 8P
		9	Semifinal Round State Football Playoffs, A, 4A
		10	Semifinal Round State Football Playoffs, 1A, 5A
		10,11	Girls State Swimming & Diving Meet
		11	Semifinal Round State Football Playoffs, 2A, 3A
20		13	Boys Basketball and Wrestling Practice Starts
		16,17	Final Round State Football Playoffs, All Classes
		16-18	All-State Music Festival
21		23	Thanksgiving Day

<u>NFHS</u>	<u>Month</u>	<u>Date</u>	<u>2024</u> <u>Event</u>
27	January	5,6	State Debate Tournament
29		20	District Speech Contest, Large Group
30		22	Jazz Band State Festival, North, All Classes
		23	Jazz Band State Festival, South, All Classes
31		29	State Show Choir Festival, All Classes
	February	3	State Speech Contest, Large Group
		3	Sectional Wrestling Meets, 1A, 2A
		3	Boys District Swimming Meets
32		5	State Jazz Choir Festival, All Classes
		6	Regional Dual Team Wrestling Meet, 1A, 2A
		7	Regional Dual Team Wrestling Meet, 3A
		8	Girls Regional Basketball Tournament, 1A
		9	Boys District Basketball Tournament, 1A
		10	Girls Regional Basketball Tournament, 2A, 3A
		9,10	Boys State Swimming Meet
		10	District Wrestling Meets, All Classes
33		12,15	Boys District Basketball Tournament, 1A, 2A

		13	Joint Girls and Boys State Qualifying Bowling Tournaments, All Classes
		14	State Dual Team Wrestling Meet, All Classes
		13,16	Girls Regional Basketball Tournament, 1A,2A
		15-17	State Individual Wrestling Meet, All Classes
		14,17	Girls Regional Basketball Tournament, 3A,4A,5A
		17	IHSSA All-State Festival, Large Group
34		19,22,26	Boys Substate Basketball Tournament, 3A
		19,23,27	Boys Substate Basketball Tournament, 4A
		19-21	State Co-Ed Bowling Tournament, All Classes
		19	Girls/Boys Track Practice Starts
		20	Girls Regional Basketball Tournament, 4A,5A
		20	Boys District Basketball Tournament, 1A,2A
		21	Girls Regional Basketball Tournament, 1A,2A
		24	Boys Substate Basketball Tournament, 1A,2A
		24	District Speech Contest, Individual Events
35	Feb/March	26-2	Girls State Basketball Tournament, All Classes
36	March	4-8	Boys State Basketball Tournament, All Classes
		8,9	State Speech Contest, Individual Events
37		11	Girls Spring Sports Practice Starts, Golf, Tennis, Soccer
		11	Boys Spring Sports Practice Starts: Soccer, Tennis, Spring Golf
38		23	State Music Festival, Solos and Ensembles, 3A
39		25	IHSSA Individual Events All-State Festival
		30	State Music Festival, Solos and Ensembles, 2A
41	April	6	State Music Festival, Solos and Ensembles, 1A,4A
44		29	Boys Baseball Practice Starts
		29	Girls Softball Practice Starts
	May	3	State Music Festival, Large Group, 2A,4A Orchestra-Quad Cities Area Only
		3	State Music Festival, Large Group, 1A,3A
		4	State Music Festival, Large Group, 2A,4A
45		6	Boys District Individual Tennis Meets, All Classes
		8	Boys Sectional Golf Meets, All Classes
		8	Girls Regional Individual Tennis Meets, All Classes
		9	Joint Girls and Boys State Qualifying Track Meets, All Classes
		10	Girls Regional Golf Meets, 1A,2A
		10	Boys Substate Team Tennis Meets, All Classes
		11	Girls Regional Team Tennis Meets, All Classes
46		13	Boys District Golf Meets, All Classes
		14	Girls Regional Team Tennis Meets, All Classes
		15	Girls Regional Soccer Tournament, 1A
		15	Girls Regional Golf Meets, All Classes
		15	Boys Substate Team Tennis Meets, All Classes
		16-18	State Co-Ed Track Meet, All Classes
		16	Boys Substate Soccer Meets, All Classes
		17	Girls Regional Soccer Tournament, 2A,3A
		18	Girls 1st Round State Team/Regional Team Tennis Meets, All Classes
47		20	Girls 1st Round State Team Tennis, 1A if needed
		20,21	Boys State Golf Meet, All Classes
		20,22	Boys Substate Soccer Meets, All Classes
		21	Girls Regional Soccer Tournament, All Classes
		21,22	Boys State Tennis Meet, All Classes
		23	Girls Regional Soccer Tournament, All Classes
		23,24	Girls State Golf Meet, All Classes
		24,25	Girls State Individual Tennis Meet, All Classes
48		27	Memorial Day
		28	Girls State Team Tennis Meet, All Classes
	May/June	29,31,1	Girls State Soccer Tournament, All Classes
		31	Boys State Team Tennis Meet, All Classes
	May/June	28,30,1	Boys State Soccer Tournament, All Classes
49	June	4	State Co-Ed Golf Meet
		4	State Co-Ed Tennis Meet
0	July	3	Boys District Baseball Tournament, 1A
		6	Boys District Baseball Tournament, 1A,2A
1		9	Boys District Baseball Tournament, 1A,2A
		9	Girls Regional Softball Tournament, 1A,2A,3A
		10	Girls Regional Softball Tournament, 1A,2A

		11	Girls Regional Softball Tournament, 4A,5A
		12	Boys District Baseball Tournament, 3A
		12	Boys Substate Baseball Tournament, 4A
		12	Girls Regional Softball Tournament, 1A,2A,3A
		13	Boys District Baseball Tournament, 1A,2A
		13	Girls Regional Softball Tournament, 4A,5A
2		15	Boys District Baseball Tournament, 3A
		15	Boys Substate Baseball Tournament, 4A
		15	Girls Regional Softball Tournament, 1A,2A,3A
		16	Girls Regional Softball Tournament, 4A,5A
		17	Boys Substate Baseball Tournament, 1A, 2A
		18	Boys Substate Baseball Tournament, 3A, 4A
3		22-26	Boys State Baseball Tournament, All Classes
3		22-26	Girls State Softball Tournament, All Classes
4/5	July/Aug.	28-4	Unified Iowa High School Activities Federation Non-Contact Period

IOWA HIGH SCHOOL - UNIFIED ACTIVITIES CALENDAR - 2024-25

Tentative April 12, 2021

<u>NFHS</u>	<u>Month</u>	<u>Date</u>	2024 <u>Event</u>
4/5	July/Aug.	28-4	Unified Iowa High School Activities Federation Non-Contact Period
6	August	12	Fall Sports Practice Starts
		14	IHSAA/IGHSAU New Athletic Directors Workshop
		17	IHSSA Judges/Coaches Workshop
10	September	2	Labor Day
12		27	State Debate Clinic
14	October	7	Boys Fall District Golf Meets
		11,12	Boys Fall State Golf Meet
		11,12	IHSSA Coaches Convention
		12	State Marching Band Festival: North
15		19	State Marching Band Festival: South
16		21,23	Girls Regional Volleyball Tournament, 1A,2A,3A
		22,24	Girls Regional Volleyball Tournament, 4A,5A
		23	Piano Auditions: All State Music Festival
		23	Joint Girls and Boys State Qualifying Cross Country Meets, 3A/4A
		24	Joint Girls and Boys State Qualifying Cross Country Meets, 1A/2A
		25	First Round State Football Playoffs, 8P, A, 1A, 2A
		26	District Auditions: All-State Music Festival
17		28,30	Girls Regional Volleyball Tournament, 1A,2A
		29	Girls Regional Volleyball Tournament, 3A,4A,5A
	November	1	First Round State Football Playoffs, Classes 3A, 4A, 5A
		1	Second Round State Football Playoffs, 8P, A, 1A, 2A
		1	Joint Girls/Boys State Cross Country Meet, 3A/4A
		2	Joint Girls/Boys State Cross Country Meet, 1A/2A
18		4-7	Girls State Volleyball Tournament, All Classes
		7	Girls Regional Diving Meet
		7	Quarterfinal Round State Football Playoffs, 8P
		7	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		9	Girls Regional Swimming Meet
19		11	Girls Basketball, G/B Bowling, Boys Swimming Practice Starts
		11	IHSAA/IGHSAU New Athletic Directors Workshop, Part 2
		13	Semifinal Round State Football Playoffs, 8P
		14	Semifinal Round State Football Playoffs, A, 4A
		15	Semifinal Round State Football Playoffs, 1A, 5A
		15,16	Girls State Swimming & Diving Meet
		16	Semifinal Round State Football Playoffs, 2A, 3A
20		18	Boys Basketball and Wrestling Practice Starts
		21,22	Final Round State Football Playoffs, All Classes
		21-23	All-State Music Festival
21		28	Thanksgiving Day

<u>NFHS</u>	<u>Month</u>	<u>Date</u>	2025 <u>Event</u>
27	January	10,11	State Debate Tournament
29		25	District Speech Contest, Large Group
30		27	Jazz Band State Festival, North, All Classes
		28	Jazz Band State Festival, South, All Classes
31	February	3	State Show Choir Festival, All Classes
		8	State Speech Contest, Large Group
		8	Sectional Wrestling Meets, 1A, 2A
		7,8	Boys District Swimming Meets
32		10	State Jazz Choir Festival, All Classes
		11	Regional Dual Team Wrestling Meet, 1A, 2A
		12	Regional Dual Team Wrestling Meet, 3A
		13	Girls Regional Basketball Tournament, 1A
		14	Boys District Basketball Tournament, 1A
		15	Girls Regional Basketball Tournament, 2A, 3A
		15	Boys State Swimming Meet
		15	District Wrestling Meets, All Classes
33		17,20	Boys District Basketball Tournament, 1A, 2A

		18	Joint Girls and Boys State Qualifying Bowling Tournaments, All Classes
		19	State Dual Team Wrestling Meet, All Classes
		18,21	Girls Regional Basketball Tournament, 1A,2A
		20-22	State Individual Wrestling Meet, All Classes
		19,22	Girls Regional Basketball Tournament, 3A,4A,5A
		22	IHSSA All-State Festival, Large Group
34		24,27	Boys Substate Basketball Tournament, 3A
		24,28	Boys Substate Basketball Tournament, 4A
		24-26	State Co-Ed Bowling Tournament, All Classes
		24	Girls/Boys Track Practice Starts
		25	Girls Regional Basketball Tournament, 4A,5A
		25	Boys District Basketball Tournament, 1A,2A
		26	Girls Regional Basketball Tournament, 1A,2A
	March	1	Boys Substate Basketball Tournament, 1A,2A
		1	District Speech Contest, Individual Events
35		3-8	Girls State Basketball Tournament, All Classes
		3	Boys Substate Basketball Tournament, 3A
		4	Boys Substate Basketball Tournament, 4A
36		10-14	Boys State Basketball Tournament, All Classes
		14,15	State Speech Contest, Individual Events
37		17	Girls Spring Sports Practice Starts, Golf, Tennis, Soccer
		17	Boys Spring Sports Practice Starts: Soccer, Tennis, Spring Golf
38		29	State Music Festival, Solos and Ensembles, 3A
39		31	IHSSA Individual Events All-State Festival
	April	5	State Music Festival, Solos and Ensembles, 2A
41		12	State Music Festival, Solos and Ensembles, 1A,4A
44	May	5	Boys Baseball Practice Starts
		5	Girls Softball Practice Starts
		9	State Music Festival, Large Group, 2A,4A Orchestra-Quad Cities Area Only
		9	State Music Festival, Large Group, 1A,3A
		10	State Music Festival, Large Group,2A,4A
45		12	Boys District Individual Tennis Meets, All Classes
		14	Boys Sectional Golf Meets, All Classes
		14	Girls Regional Individual Tennis Meets, All Classes
		15	Joint Girls and Boys State Qualifying Track Meets, All Classes
		16	Girls Regional Golf Meets, 1A,2A
		16	Boys Substate Team Tennis Meets, All Classes
		17	Girls Regional Team Tennis Meets, All Classes
46		19	Boys District Golf Meets , All Classes
		20	Girls Regional Team Tennis Meets, All Classes
		21	Girls Regional Soccer Tournament, 1A
		21	Girls Regional Golf Meets, All Classes
		21	Boys Substate Team Tennis Meets, All Classes
		22-24	State Co-Ed Track Meet, All Classes
		22	Boys Substate Soccer Meets, All Classes
		23	Girls Regional Soccer Tournament, 2A,3A
		24	Girls 1st Round State Team/Regional Team Tennis Meets, All Classes
47		26	Memorial Day
		27	Girls 1st Round State Team Tennis, 1A if needed
		27,28	Boys State Golf Meet, All Classes
		27,29	Boys Substate Soccer Meets, All Classes
		27	Girls Regional Soccer Tournament, All Classes
		27,28	Boys State Tennis Meet, All Classes
		29	Girls Regional Soccer Tournament, All Classes
		29,30	Girls State Golf Meet, All Classes
		30,31	Girls State Individual Tennis Meet, All Classes
48	June	2,4,6	Boys State Soccer Tournament, All Classes
		2	Girls State Team Tennis Meet, All Classes
		3,5,7	Girls State Soccer Tournament, All Classes
		3	Boys State Team Tennis Meet, All Classes
49		10	State Co-Ed Golf Meet
		10	State Co-Ed Tennis Meet
52	July	3	Boys District Baseball Tournament, 1A
1		5	Boys District Baseball Tournament, 1A,2A
		8	Boys District Baseball Tournament, 1A,2A

		8	Girls Regional Softball Tournament, 1A,2A,3A
		9	Girls Regional Softball Tournament, 1A,2A
		10	Girls Regional Softball Tournament, 4A,5A
		11	Boys District Baseball Tournament, 3A
		11	Boys Substate Baseball Tournament, 4A
		11	Girls Regional Softball Tournament, 1A,2A,3A
		12	Boys District Baseball Tournament, 1A,2A
		12	Girls Regional Softball Tournament, 4A,5A
2		14	Boys District Baseball Tournament, 3A
		14	Boys Substate Baseball Tournament, 4A
		14	Girls Regional Softball Tournament, 1A,2A,3A
		15	Girls Regional Softball Tournament, 4A,5A
		16	Boys Substate Baseball Tournament, 1A, 2A
		17	Boys Substate Baseball Tournament, 3A, 4A
3	July	21-25	Boys State Baseball Tournament, All Classes
3	July	21-25	Girls State Softball Tournament, All Classes
4/5	July/Aug.	27-3	Unified Iowa High School Activities Federation Non-Contact Period

IOWA HIGH SCHOOL - UNIFIED ACTIVITIES CALENDAR - 2025-26

Tentative April 12, 2021

<u>NFHS</u>	<u>Month</u>	<u>Date</u>	2025 <u>Event</u>
4/5	July/Aug.	27-3	Unified Iowa High School Activities Federation Non-Contact Period
6	August	11	Fall Sports Practice Starts
		13	IHSAA/IGHSAU New Athletic Directors Workshop
		16	IHSSA Judges/Coaches Workshop
10	September	1	Labor Day
12		26	State Debate Clinic
14	October	6	Boys Fall District Golf Meets
		10,11	Boys Fall State Golf Meet
		10,11	IHSSA Coaches Convention
		11	State Marching Band Festival: North
15		18	State Marching Band Festival: South
16		20,22	Girls Regional Volleyball Tournament, 1A,2A,3A
		21,23	Girls Regional Volleyball Tournament, 4A,5A
		22	Piano Auditions: All State Music Festival
		22	Joint Girls and Boys State Qualifying Cross Country Meets, 3A/4A
		23	Joint Girls and Boys State Qualifying Cross Country Meets, 1A/2A
		24	First Round State Football Playoffs, 8P, A, 1A, 2A
		25	District Auditions: All-State Music Festival
17		27,29	Girls Regional Volleyball Tournament, 1A,2A
		28	Girls Regional Volleyball Tournament, 3A,4A,5A
		31	First Round State Football Playoffs, Classes 3A, 4A, 5A
		31	Second Round State Football Playoffs, 8P, A, 1A, 2A
		31	Joint Girls/Boys State Cross Country Meet, 3A/4A
18	November	1	Joint Girls/Boys State Cross Country Meet, 1A/2A
		3-6	Girls State Volleyball Tournament, All Classes
		6	Girls Regional Diving Meet
		6	Quarterfinal Round State Football Playoffs, 8P
		7	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		8	Girls Regional Swimming Meet
19		10	Girls Basketball, G/B Bowling, Boys Swimming Practice Starts
		10	IHSAA/IGHSAU New Athletic Directors Workshop, Part 2
		12	Semifinal Round State Football Playoffs, 8P
		13	Semifinal Round State Football Playoffs, A, 4A
		14	Semifinal Round State Football Playoffs, 1A, 5A
		14,15	Girls State Swimming & Diving Meet
		15	Semifinal Round State Football Playoffs, 2A, 3A
20		17	Boys Basketball and Wrestling Practice Starts
		20,21	Final Round State Football Playoffs, All Classes
		20-22	All-State Music Festival
21		27	Thanksgiving Day

<u>NFHS</u>	<u>Month</u>	<u>Date</u>	2026 <u>Event</u>
27	January	9,10	State Debate Tournament
29		24	District Speech Contest, Large Group
30		26	Jazz Band State Festival, North, All Classes
		30	Jazz Band State Festival, South, All Classes
31	February	2	State Show Choir Festival, All Classes
		7	State Speech Contest, Large Group
		7	Sectional Wrestling Meets, 1A, 2A
		6,7	Boys District Swimming Meets
32		9	State Jazz Choir Festival, All Classes
		10	Regional Dual Team Wrestling Meet, 1A, 2A
		11	Regional Dual Team Wrestling Meet, 3A
		12	Girls Regional Basketball Tournament, 1A
		13	Boys District Basketball Tournament, 1A
		14	Girls Regional Basketball Tournament, 2A, 3A
		14	Boys State Swimming Meet
		14	District Wrestling Meets, All Classes
33		16,19	Boys District Basketball Tournament, 1A, 2A

		17	Joint Girls and Boys State Qualifying Bowling Tournaments, All Classes
		18	State Dual Team Wrestling Meet, All Classes
		17,20	Girls Regional Basketball Tournament, 1A,2A
		19-21	State Individual Wrestling Meet, All Classes
		18,21	Girls Regional Basketball Tournament, 3A,4A,5A
		21	IHSSA All-State Festival, Large Group
34		23,26	Boys Substate Basketball Tournament, 3A
		23,27	Boys Substate Basketball Tournament, 4A
		23-25	State Co-Ed Bowling Tournament, All Classes
		23	Girls/Boys Track Practice Starts
		24	Girls Regional Basketball Tournament, 4A,5A
		24	Boys District Basketball Tournament, 1A,2A
		25	Girls Regional Basketball Tournament, 1A,2A
		28	Boys Substate Basketball Tournament, 1A,2A
		28	District Speech Contest, Individual Events
	March	2	Boys Substate Basketball Tournament, 3A
35		2-7	Girls State Basketball Tournament, All Classes
		3	Boys Substate Basketball Tournament, 4A
36		9-13	Boys State Basketball Tournament, All Classes
		13,14	State Speech Contest, Individual Events
37		16	Girls Spring Sports Practice Starts, Golf, Tennis, Soccer
		16	Boys Spring Sports Practice Starts: Soccer, Tennis, Spring Golf
38		28	State Music Festival, Solos and Ensembles, 3A
39		30	IHSSA Individual Events All-State Festival
41	April	11	State Music Festival, Solos and Ensembles, 2A
42		18	State Music Festival, Solos and Ensembles, 1A,4A
44	May	4	Boys Baseball Practice Starts
		4	Girls Softball Practice Starts
		8	State Music Festival, Large Group, 2A,4A Orchestra-Quad Cities Area Only
		8	State Music Festival, Large Group, 1A,3A
		9	State Music Festival, Large Group,2A,4A
45		11	Boys District Individual Tennis Meets, All Classes
		13	Boys Sectional Golf Meets, All Classes
		13	Girls Regional Individual Tennis Meets, All Classes
		14	Joint Girls and Boys State Qualifying Track Meets, All Classes
		15	Girls Regional Golf Meets, 1A,2A
		15	Boys Substate Team Tennis Meets, All Classes
		16	Girls Regional Team Tennis Meets, All Classes
46		18	Boys District Golf Meets , All Classes
		19	Girls Regional Team Tennis Meets, All Classes
		20	Girls Regional Soccer Tournament, 1A
		20	Girls Regional Golf Meets, All Classes
		20	Boys Substate Team Tennis Meets, All Classes
		21-23	State Co-Ed Track Meet, All Classes
		21	Boys Substate Soccer Meets, All Classes
		22	Girls Regional Soccer Tournament, 2A,3A
		23	Girls 1st Round State Team/Regional Team Tennis Meets, All Classes
47		25	Memorial Day
		26	Girls 1st Round State Team Tennis, 1A if needed
		26,28	Boys State Golf Meet, All Classes
		26,28	Boys Substate Soccer Meets, All Classes
		26	Girls Regional Soccer Tournament, All Classes
		26,27	Boys State Tennis Meet, All Classes
		28	Girls Regional Soccer Tournament, All Classes
		28,29	Girls State Golf Meet, All Classes
		29,30	Girls State Individual Tennis Meet, All Classes
48	June	1,3,5	Girls State Soccer Tournament, All Classes
		1	Boys State Team Tennis Meet, All Classes
		2,4,6	Boys State Soccer Tournament, All Classes
		2	Girls State Team Tennis Meet, All Classes
49		9	State Co-Ed Golf Meet
		9	State Co-Ed Tennis Meet
52	July	1	Boys District Baseball Tournament, 1A
1		3	Boys District Baseball Tournament, 1A,2A
		7	Boys District Baseball Tournament, 1A,2A

		7	Girls Regional Softball Tournament, 1A,2A,3A
		8	Girls Regional Softball Tournament, 1A,2A
		9	Girls Regional Softball Tournament, 4A,5A
		10	Boys District Baseball Tournament, 3A
		10	Boys Substate Baseball Tournament, 4A
		10	Girls Regional Softball Tournament, 1A,2A,3A
		11	Boys District Baseball Tournament, 1A,2A
		11	Girls Regional Softball Tournament, 4A,5A
2		13	Boys District Baseball Tournament, 3A
		13	Boys Substate Baseball Tournament, 4A
		13	Girls Regional Softball Tournament, 1A,2A,3A
		14	Girls Regional Softball Tournament, 4A,5A
		15	Boys Substate Baseball Tournament, 1A, 2A
		16	Boys Substate Baseball Tournament, 3A, 4A
3	July	20-24	Boys State Baseball Tournament, All Classes
3	July	20-24	Girls State Softball Tournament, All Classes
4/5	July/Aug.	26-2	Unified Iowa High School Activities Federation Non-Contact Period