

## **SECTIONAL WRESTLING AND STATE SPEECH WEIGH-IN OPTIONS**

Occasionally, schools have wrestlers who want to compete in the state speech contest and the sectional wrestling tournament on the same day. The Iowa High School Speech Association has done an excellent job of accommodating them by scheduling their state speech competition early in the day. Below, are the weigh-in options the Athletic Association has established for these wrestlers. The Athletic Association believes these options are flexible enough to allow a wrestler to compete in both state activity-association sanctioned events while maintaining the integrity of the weigh-in process.

- A. Wrestlers weigh in at their home school before leaving for state speech and the athletic director verifies with the sectional tournament manager the wrestlers' actual weight. This allows the wrestlers to be considered for seed, with the stipulation that the wrestlers must make weight upon arrival at the sectional tournament site. Upon arrival at the sectional site, the wrestlers weigh in again on the same scales used by the other wrestlers. If a wrestler does not make weight at the sectional site, he is not eligible for that weight class.
  
- B. Wrestlers weigh in at another sectional wrestling site at 10:00am with the wrestlers from that sectional tournament. The sectional tournament manager then faxes the weigh-in information to the sectional tournament manager where the wrestlers will actually compete.
  
- C. Wrestlers weigh-in at the state speech site, at, or after, 10:00am, and before leaving for the sectional wrestling tournament where the wrestlers are assigned to compete. The administrator at the state speech site then faxes the weigh-in information to the sectional wrestling tournament manager.
  
- D. Wrestlers arrive at their sectional wrestling tournament site after 10:00am and weigh in at the site on the same scales used by the other wrestlers.

**Note:** In all of the above scenarios, the athletic director from the wrestler's home school must communicate with the sectional tournament manager so a mutual decision can be made regarding which weigh-in option will be used.