

2021-22 SWIMMING



STAT BOOK

Includes State Meet Results, 1937 – 2021
Team and Individual Champions
State Meet Records
All-Time State Meet
Event Best Performances

Updated:
December 7, 2021



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IHSAA MISSION & PURPOSE

MISSION

“The Iowa High School Athletic Association serves its member schools and students by providing leadership and support for education based interscholastic athletics that enrich the educational experience of the student athlete.”

PURPOSE

“To promote, develop, direct, protect, and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools, and communities throughout the state.”

CURRENT STATE SWIM MEET RECORDS (IHSAA)

200-YARD MEDLEY RELAY

IOWA CITY, CITY HIGH (Caleb Coons, Forrest Frazier, Isaac Weigel, Bryce Edens), 2020.... 1:31.58

200-YARD FREESTYLE

TRENT FRANDSON, Ankeny, 2020..... 1:35.68

200-YARD INDIVIDUAL MEDLEY

FORREST FRAZIER, Iowa City, City High, 2020 1:45.96

50-YARD FREESTYLE

CHARLIE BUNN, Bettendorf, 2020 :20.18

100-YARD BUTTERFLY

RJ HEMMINGSEN, Lewis Central, 2014 :47.84

100-YARD FREESTYLE

MARK MCGLAUGHLIN, Iowa City, West, 2016 :43.64

500-YARD FREESTYLE

TRENT FRANDSON, Ankeny, 2019.....4:23.46

200-YARD FREESTYLE RELAY

IOWA CITY, WEST (Mark McGlaughlin, Aidan Keen, Oliver Martin, Will Scott), 2016..... 1:22.55

100-YARD BACKSTROKE

ANDREW VANMETER, Ames, 2003..... :48.83

100-YARD BREASTSTROKE

FORREST FRAZIER, IOWA CITY, CITY HIGH, 2020..... :53.15

400-YARD FREESTYLE RELAY

BETTENDORF (Sam Mitvalsky, Noah Mitvalsky, Alex Stone, Charlie Bunn), 2020..... 3:02.38

CURRENT NATIONAL SWIM RECORDS (NFHS)

200-YARD MEDLEY RELAY

The Baylor School, Chattanooga, TN, 2014 (Kaliszak, Tynes, McHugh, Selby) 1:27.74

200-YARD FREESTYLE

Grant Shoults, Rancho Santa Margarita Catholic, CA, 2016 1:33.26

200-YARD INDIVIDUAL MEDLEY

David Nolan, Hershey, PA, 2011..... 1:41.39

50-YARD FREESTYLE

Aiden Hayes, Norman North, OK, 2021..... :19.20

100-YARD BUTTERFLY

Aiden Hayes, Norman North, OK, 2021..... :45.47

100-YARD FREESTYLE

David Nolan, Hershey, PA, 2011..... :42.34

500-YARD FREESTYLE

Grant Shoults, Rancho Santa Margarita Catholic, CA, 2016 4:12.87

200-YARD FREESTYLE RELAY

Jacksonville Bolles, FL, 2012 (Murphy, Schooling, Condorelli, Goossen)..... 1:19.27

100-YARD BACKSTROKE

Ryan Murphy, Jacksonville Bolles, FL at Orlando, FL, 2013..... :45.34

100-YARD BREASTSTROKE

Joshua Matheny, Pittsburgh Upper St. Clair, PA, 2021 :51.84

400-YARD FREESTYLE RELAY

North Allegheny, PA, 2018 (Gonzalez, Zhang, Wright, Mihm)2:53.81

IHSAA TEAM CHAMPIONS THROUGH THE YEARS

<u>Year</u>	<u>Champion (Points)</u>	<u>Coach</u>	<u>Site</u>
1937	First Meet - No Teams Scores		Des Moines, North
1938	Des Moines, North (44)	Jack McGuire	Des Moines, North
1939	Des Moines, Roosevelt (52)	Clark Munger	Ames, Iowa State
1940	Des Moines, Roosevelt (67)	Clark Munger	Ames, Iowa State
1941	Clinton (44)	Howard Judd	Boone High School
1942	Des Moines, North (38)	Francis Cretzmeyer	Ames, Iowa State
1943	Des Moines, Roosevelt (66)	Clark Munger	Ames, Iowa State
1944	Des Moines, Roosevelt (58)	Clark Munger	Ames, Iowa State
1945	Des Moines, Roosevelt (60)	Clark Munger	Des Moines, Roosevelt
1946	Clinton (60)	Howard Judd	Iowa City, U of I Fieldhouse
1947	Clinton (65)	Howard Judd	Iowa City, U of I Fieldhouse
1948	Des Moines, Roosevelt (69)	Clark Munger	Ames, Iowa State
1949	Clinton (64)	Howard Judd	Iowa City, U of I Fieldhouse
1950	Des Moines, Roosevelt (69)	Clark Munger	Des Moines, Roosevelt
1951	(Tie) Clinton & DM, Roosevelt (71)	Howard Judd/Clark Munger	Iowa City, U of I Fieldhouse
1952	Des Moines, Roosevelt (68)	Clark Munger	Ames, Iowa State
1953	Des Moines, Roosevelt (67)	Clark Munger	Ames, Iowa State
1954	Clinton (82)	Howard Judd	Iowa City, U of I Fieldhouse
1955	Clinton (90)	Howard Judd	Iowa City, U of I Fieldhouse
1956	Clinton (65)	Howard Judd	Des Moines, Roosevelt
1957	Clinton (55)	Howard Judd	Des Moines, Roosevelt
1958	Clinton (57)	Howard Judd	Des Moines, Roosevelt
1959	Des Moines, Roosevelt (59)	Clark Munger	Cedar Rapids, Jefferson
1960	Muscatine (56)	Jack Janousek	Des Moines, Roosevelt
1961	Cedar Rapids, Washington (65)	Hal Krizan	Cedar Rapids, Jefferson
1962	Clinton (66)	Howard Judd	Des Moines, East
1963	Des Moines, Roosevelt (56)	Clark Munger	Iowa City, U of I Fieldhouse
1964	Cedar Rapids, Washington (68)	Hal Krizan	Iowa City, U of I Fieldhouse
1965	Cedar Rapids, Washington (82)	Hal Krizan	Iowa City, U of I Fieldhouse
1966	Cedar Rapids, Washington (260.5)	Hal Krizan	Ames, Iowa State-Beyer Hall
1967	Cedar Rapids, Washington (235.5)	Hal Krizan	Ames, Iowa State-Beyer Hall
1968	Cedar Rapids, Washington (238.5)	Hal Krizan	Ames, Iowa State-Beyer Hall
1969	Cedar Rapids, Washington (216)	Hal Krizan	Ames, Iowa State-Beyer Hall
1970	Cedar Rapids, Washington (238.5)	Hal Krizan	Ames, Iowa State-Beyer Hall
1971	Cedar Rapids, Washington (201)	Hal Krizan	Ames, Iowa State-Beyer Hall
1972	Cedar Rapids, Washington (183)	Hal Krizan	Ames, Iowa State-Beyer Hall
1973	Cedar Rapids, Washington (201)	Hal Krizan	Ames, Iowa State-Beyer Hall
1974	Cedar Rapids, Washington (194)	Jim Voss	Ames, Iowa State-Beyer Hall
1975	Mason City (132)	Willis Colville	Ames, Iowa State-Beyer Hall
1976	Cedar Rapids, Washington (202)	Jim Voss	Ames, Iowa State-Beyer Hall
1977	Cedar Rapids, Washington (179)	Jim Voss	Ames, Iowa State-Beyer Hall
1978	Bettendorf (174)	Wayne Fatchett	Ames, Iowa State-Beyer Hall
1979	Mason City (140)	Willis Colville	Ames, Iowa State-Beyer Hall
1980	Cedar Rapids, Washington (164)	Jim Voss	Ames, Iowa State-Beyer Hall
1981	Cedar Rapids, Kennedy (149)	Mark Onstott	Ames, Iowa State-Beyer Hall
1982	Ames (179)	Mike Wittmer	Fort Dodge
1983	Cedar Rapids, Washington (250)	Jim Voss	Iowa City, U of I Fieldhouse
1984	Valley, West Des Moines (243)	Mark Wagner	Ames, Iowa State-Beyer Hall
1985	Cedar Rapids, Washington (241)	Jim Voss	Fort Dodge High School
1986	Bettendorf (277.5)	Wayne Fatchett	Iowa City, U of I Fieldhouse
1987	Cedar Rapids, Washington (234)	Jim Voss	Iowa City, U of I Fieldhouse
1988	Cedar Rapids, Washington (216)	Jim Voss	Iowa City, U of I Fieldhouse
1989	Cedar Rapids, Washington (268)	Jim Voss	Iowa City, U of I Fieldhouse
1990	Cedar Rapids, Washington (179)	Jim Voss	Iowa City, U of I Fieldhouse
1991	Mason City (163.5)	Steve Hugo	Iowa City, U of I Fieldhouse
1992	Cedar Rapids, Washington (173)	Jim Voss	Iowa City, U of I Fieldhouse

1993	Cedar Falls (164)	Richard Marcussen	Iowa City, U of I Fieldhouse
1994	Cedar Rapids, Washington (137.5)	Jim Voss	Iowa City, U of I Fieldhouse
1995	Cedar Rapids, Washington (175)	Jim Voss	Iowa City, U of I Fieldhouse
1996	Cedar Rapids, Washington (212)	Jim Voss	Iowa City, U of I Fieldhouse
1997	Cedar Rapids, Washington (189.5)	Jim Voss	Iowa City, U of I Fieldhouse
1998	Cedar Falls (149)	Richard Marcussen	Iowa City, U of I Fieldhouse
1999	Bettendorf (208)	Mike Ahrens	Iowa City, U of I Fieldhouse
2000	Dowling Catholic, W.D.M. (194)	Mark Crouch	Iowa City, U of I Fieldhouse
2001	Dowling Catholic, W.D.M. (173)	Mark Crouch	Iowa City, U of I Fieldhouse
2002	Dowling Catholic, W.D.M. (197.5)	Mark Crouch	Iowa City, U of I Fieldhouse
2003	Dowling Catholic, W.D.M. (192)	Mark Crouch	Iowa City, U of I Fieldhouse
2004	Cedar Falls (214)	Richard Marcussen	Iowa City, U of I Fieldhouse
2005	Cedar Falls (209)	Richard Marcussen	Marshalltown YMCA-YWCA
2006	Cedar Falls (257.5)	Dana Peiffer	Marshalltown YMCA-YWCA
2007	Bettendorf (184)	Mike Ahrens	Marshalltown YMCA-YWCA
2008	Cedar Rapids, Washington (171)	Chris Cruise	Marshalltown YMCA-YWCA
2009	Dubuque, Senior (152)	Dan Duclos	Marshalltown YMCA-YWCA
2010	Valley, West Des Moines (173)	Shawn DeBoef	Marshalltown YMCA-YWCA
2011	Muscatine (187.50)	Judd Anderson	Marshalltown YMCA-YWCA
2012	Muscatine (177.50)	Judd Anderson	Marshalltown YMCA-YWCA
2013	Muscatine (180)	Judd Anderson	Marshalltown YMCA-YWCA
2014	Iowa City, West (205)	Rob Miecznikowski	Marshalltown YMCA-YWCA
2015	Iowa City, West (189)	Rob Miecznikowski	Marshalltown YMCA-YWCA
2016	Waukee (244) [first year for 16-place scoring]	Dan Briggs	Marshalltown YMCA-YWCA
2017	Waukee (259)	Dan Briggs	Marshalltown YMCA-YWCA
2018	Ames (221)	Dan Flannery	University of Iowa, CRWC
2019	Ankeny (226)	Justin Crouch	University of Iowa, CRWC
2020	Iowa City, West (262.5)	Byron Butler	University of Iowa, CRWC
2021	Waukee (268.5)	Dan Briggs	Marion, Linn-Mar Aquatic Center

TEAM CHAMPIONSHIPS

Cedar Rapids, Washington	27	1961, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 76, 77, 80, 83, 85, 87, 88, 89, 90, 92, 94, 95, 96, 97, 2008
Des Moines, Roosevelt	12	1939, 40, 43, 44, 45, 48, 50, 51-tie, 52, 53, 59, 63
Clinton	11	1941, 46, 47, 49, 51-tie, 54, 55, 56, 57, 58, 62
Cedar Falls	5	1993, 98, 2004, 05, 06
Dowling Catholic, W.D.M.	4	2000, 01, 02, 03
Bettendorf	4	1978, 86, 99, 2007
Muscatine	4	1960, 2011, 12, 13
Iowa City, West	3	2014, 15, 20
Mason City	3	1975, 79, 91
Waukee	3	2016, 17, 21
Ames	2	1982, 2018
Des Moines, North	2	1938, 42
Valley, West Des Moines	2	1984, 2010

One each

Cedar Rapids, Kennedy 1981 Dubuque, Senior, 2009 Ankeny 2019

STATE CHAMPIONSHIP COACHES

Ahrens, Mike (2)	Bettendorf 1999, 2007
Anderson, Judd (3)	Muscatine 2011, 12, 13
Briggs, Dan (3)	Waukee 2016, 17, 21
Butler, Byron	Iowa City, West 2020
Colville, Willis (2)	Mason City 1975, 79
Cretzmeyer, Francis	Des Moines, North 1942
Crouch, Justin	Ankeny 2019

Crouch, Mark (4).....	Dowling Catholic, W.D.M. 2000, 01, 02, 03
Cruise, Chris.....	Cedar Rapids, Washington 2008
DeBoef, Shawn.....	Valley, West Des Moines 2009
Duclos, Dan.....	Dubuque, Senior 2009
Fatchett, Wayne (2).....	Bettendorf 1978, 86
Flannery, Dan.....	Ames 2018
Hugo, Steve.....	Mason City 1991
Janousek, Jack.....	Muscatine 1960
Judd, Howard (11).....	Clinton 1941, 46, 47, 49, 51-tied, 54, 55, 56, 57, 58, 62
Krizan, Hal (11).....	Cedar Rapids, Washington 1961, 64, 65, 66, 67, 68, 69, 70 71, 72, 73
Marcussen, Richard (4).....	Cedar Falls 1993, 98, 2004, 05
McGuire, Jack.....	Des Moines, North 1938
Rob Miecznikowski (2).....	Iowa City, West 2014, 15
Munger, Clark (12).....	Des Moines, Roosevelt 1939, 40, 43, 44, 45, 48, 50, 51-tied, 52, 53, 59, 63
Onstott, Mark.....	Cedar Rapids, Kennedy 1981
Peiffer, Dana.....	Cedar Falls 2006
Voss, Jim (15).....	Cedar Rapids, Washington 1974, 76, 77, 80, 83, 85, 87, 88, 89, 90, 92, 94, 95, 96, 97
Wagner, Mark.....	Valley, West Des Moines 1984
Wittmer, Mike.....	Ames 1982

TEAM RUNNER-UP FINISHES

Clinton.....	15.....	1938, 40, 42, 43, 45, 48, 50, 52, 53, 61, 63-tie, 64, 65, 67, 68
Cedar Rapids, Washington.....	10.....	1963-tie, 79, 82, 86, 91, 98, 2006, 07, 14, 15
Des Moines, Roosevelt.....	9.....	1946, 47, 54, 55, 56, 57, 58, 62, 66
Bettendorf.....	8.....	1977, 81, 83, 84, 85, 97, 2000, 08
Ames.....	8.....	1972, 74, 75, 95, 2001, 02, 03, 09
Dowling Catholic, W.D.M.....	6.....	1993, 94, 96, 99, 2010, 12
Des Moines, North.....	5.....	1939, 41, 44, 49, 51
Valley, West Des Moines.....	5.....	1980, 87, 88, 2005, 2018
Mason City.....	4.....	1976, 78, 89, 90
Ankeny.....	2.....	2020, 21
Davenport, West.....	2.....	1969, 73
Sioux City, Central.....	2.....	1959, 60
Waukeee.....	2.....	2018, 19

One each:

Cedar Falls 1992; Cedar Rapids, Kennedy 1970; Des Moines, Hoover, 1971; Dubuque, Senior 2013; Iowa City, West 2016; Johnston 2017

COMBINED FINISHES

	<u>Titles</u>	<u>Runner-up</u>	<u>Total</u>
Cedar Rapids, Washington.....	27	10	37
Clinton.....	11	15	26
Des Moines, Roosevelt.....	12	9	21
Bettendorf.....	4	8	12
Dowling Catholic, W.D.M.....	4	6	10
Ames.....	2	8	10
Des Moines, North.....	2	5	7
Mason City.....	3	4	7
Valley, West Des Moines.....	2	5	7
Cedar Falls.....	5	1	6

STATE MEET RECORD SECTION, 1937-2021

INDIVIDUALS OR RELAY TEAMS WHO HAVE BEEN STATE CHAMPIONS 3 OR MORE YEARS - SAME EVENT

EIGHT CONSECUTIVE YEARS

Cedar Rapids, Washington	200-Medley Relay	1964, 65, 66, 67, 68, 69, 70, 71
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SIX CONSECUTIVE YEARS

Clinton	160-Free Relay	1946, 47, 48, 49, 50, 51
Cedar Rapids, Washington	Diving	1976, 77, 78, 79, 80, 81

FIVE CONSECUTIVE YEARS

Des Moines, Roosevelt	160-Free Relay	1938, 39, 40, 41, 42
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FOUR CONSECUTIVE YEARS

Individual Events

Doug Felton, Muscatine	100-Freestyle	1960, 61, 62, 63
Kent Ferguson, Cedar Rapids, Washington	Diving	1978, 79, 80, 81
Ian Renner-Arjes, Bettendorf	200-Freestyle	1996, 97, 98, 99
Andrew VanMeter, Ames	100-Backstroke	2000, 01, 02, 03
Andrew VanMeter, Ames	100-Butterfly	2000, 01, 02, 03
Nick Cordes, Cedar Falls	100-Backstroke	2004, 05, 06, 07

Relay Events

Des Moines, Roosevelt	160 Freestyle Relay	1939, 40, 41, 42
Des Moines, Roosevelt	160-Freestyle Relay	1952, 53, 54, 55
Cedar Rapids, Washington	200-Medley Relay	1994, 95, 96, 97
Cedar Rapids, Washington	200-Freestyle Relay	1994, 95, 96, 97
Dowling Catholic, W.D.M.	400-Freestyle Relay	2000, 01, 02, 03

THREE CONSECUTIVE YEARS

Individual Events

Garrett Maris, Des Moines, Roosevelt	50-Freestyle	1957, 58, 59
Robbie Cook, Cedar Rapids, Washington	100-Freestyle	1966, 67, 68
Steve Spikes, DM, Roosevelt (67); DM, Hoover	Diving	1967, 68, 69
Chris Eckerman, Dowling Catholic, W.D.M.	100-Freestyle	1991, 92, 93
Maurice LeVois, Iowa City, University	400-Freestyle	1962, 63, 64
Dave Everett, Des Moines, Roosevelt	500-Freestyle	1975, 76, 77
Tom Evers, Des Moines, Hoover	500-Freestyle	1985, 86, 87
Jason Lathrum, Indianola	500-Freestyle	1995, 96, 97
Jason Snider, Valley, W.D.M.	500-Freestyle	1998, 99, 00
Bill Freeman, Des Moines, Roosevelt	100-Breaststroke	1939, 40, 41
Ralph Bextine, Cedar Rapids, Washington	100-Breaststroke	1960, 61, 62
Bob Vanderloo, Dubuque, Senior	100-Breaststroke	1972, 73, 74
Paul Graettinger, Muscatine	100-Breaststroke	1980, 81, 82
Ben Litton, Cedar Falls	100-Breaststroke	1996, 97, 98
Doug Walrod, Davenport, Central	100-Backstroke	1968, 69, 70
Bob Reinbold, Ames	100-Backstroke	1971, 72, 73
Tom Roemer, Bettendorf	100-Backstroke	1977, 78, 79
Zach Ferguson, Dowling Catholic, W.D.M.	100-Backstroke	1997, 98, 99
Gary Longstreth, Muscatine	100-Butterfly	1958, 59, 60
Jim Halpin, Cedar Rapids, Washington	100-Butterfly	1964, 65, 66
Ben Taylor, Cedar Rapids, Washington	100-Butterfly	1971, 72, 73
Mike Johnson, Ankeny	100-Butterfly	1986, 87, 88
Justin Clossen, Linn-Mar, Marion	100-Butterfly	1992, 93, 94
Jason Lathrum, Indianola	200-Ind. Medley	1995, 96, 97
Kiel Huston, Ankeny	100-Breaststroke	2000, 01, 02
Charlie Cunnick, Davenport, Central	500-Freestyle	2002, 03, 04

Nick Cordes, Cedar Falls	50-Freestyle	2005, 06, 07
Steven Brus, Davenport, North	500-Freestyle	2005, 06, 07
Zack Bartolomew, Pleasant Valley	100-Butterfly	2006, 07, 08
Jordan Huff, Dubuque, Senior	100-Freestyle	2007, 08, 09
Jordan Huff, Dubuque, Senior	200-Freestyle	2007, 08, 09
Cameron Herting, Iowa City, City High	500-Freestyle	2009, 10, 11
Travis Greenwald, Muscatine	100-Breaststroke	2011, 12, 13
Alex Walton, Muscatine	100-Backstroke	2013, 14, 15
Mark McGlaughlin, Iowa City, West	100-Freesstyle	2014, 15, 16
Forrest Frazier, Iowa City, City High	100-Breaststroke	2018, 19, 20
Trent Frandson, Ankeny	200-Freestyle	2019, 20, 21
Trent Frandson, Ankeny	500-Freestyle	2019, 20, 21

Relay Events

Clinton	180-Medley Relay	1940, 41, 42
Des Moines, Roosevelt	200-Freestyle Relay	1956, 57, 58
Cedar Rapids, Washington	200-Medley Relay	1988, 89, 90
Cedar Falls	400-Freestyle Relay	2004, 05, 06
Muscatine	200 Medley Relay	2011, 12, 13
Iowa City, West	200-Freestyle Relay	2014, 15, 16
Iowa City, West	400-Freestyle Relay	2014, 15, 16
Bettendorf	200-Freestyle Relay	2018, 19, 20

SCHOOLS WINNING TOP THREE PLACES IN AN INDIVIDUAL STATE MEET EVENT

- 1948 - Des Moines, Roosevelt - Diving (Jim Huddelson-Jim Brown-Jack Tholl)
- 1950 - Des Moines, Roosevelt - 100 Backstroke (Carl Stonecipher, Ed Mullhay, Rod Ryan)
- 1976 - Mason City - 100 Breaststroke (Steve Hugo, Dean Neff, John Hugo)
- 1981 - Cedar Rapids, Washington - Diving (Kent Ferguson, Craig Stamp, Rich Hanson)
- 2013 - Muscatine - 200 Individual Medley (Haden Calegan, Travis Greenwald, Alex Walton)

SCHOOLS WHICH HAVE WON INDIVIDUAL STATE SWIM CHAMPIONSHIP EVENTS

Ames	37	Indianola	6
Ankeny	19	Iowa City, City	10
Bettendorf.....	42	Iowa City, University.....	4
Boone	7	Iowa City, West	20
Cedar Falls.....	27	Johnston.....	3
Cedar Rapids, Jefferson	4	Lewis Central	5
Cedar Rapids, Kennedy.....	13	Linn-Mar, Marion	5
Cedar Rapids, Roosevelt.....	2	Marshalltown	2
Cedar Rapids, Washington (includes Cedar Rapids) .	72	Mason City	13
Charles City.....	2	Muscatine	38
Clinton	56	Newton; Newton-Pella.....	1-1
Davenport, North.....	6	NUH, Cedar Falls	2
Davenport, West	5	Ottumwa	9
Davenport & Davenport, Central.....	13	Pleasant Valley	4
Decorah.....	3	Sioux City, Central	6
Des Moines, East.....	1	Sioux City, East	2
Des Moines, Hoover	6	Sioux City, North	3
Des Moines, Lincoln.....	9	Sioux City Metro.....	1
Des Moines, North	17	Southeast Polk	1
Des Moines, Roosevelt	60	Urbandale.....	1
Dowling Catholic, West Des Moines.....	28	Valley, West Des Moines	15
Dubuque, Hempstead	6	Waterloo, East.....	1
Dubuque, Senior	15	Waterloo, West.....	3
Fort Dodge	3	Waukee	8
Grinnell.....	1	Waverly-Shell Rock	2

SCHOOLS BOASTING RELAY TEAMS THAT HAVE WON STATE CHAMPIONSHIPS

Ames	10	Dowling Catholic, West Des Moines	8
Ankeny	2	Dubuque, Senior	7
Bettendorf.....	18	Iowa City, City High.....	2
Boone	1	Iowa City, West	9
Cedar Falls.....	13	Johnston.....	2
Cedar Rapids, Kennedy.....	1	Mason City	8
Cedar Rapids, Washington	38	Muscatine	8
Clinton	21	Pleasant Valley	2
Davenport, West	3	Sioux City, Central	2
Des Moines, Lincoln.....	1	Urbandale.....	1
Des Moines, North	3	Valley, West Des Moines	12
Des Moines, Roosevelt.....	27	Waterloo, West.....	1

SCHOOLS WHICH HAVE WON STATE CHAMPIONSHIP DIVING TITLE

Ames	3	Des Moines, Roosevelt	10
Cedar Rapids, Jefferson	2	Des Moines, Tech	1
Cedar Rapids, Kennedy.....	2	Dubuque, Senior	1
Cedar Rapids, Washington	10	Dubuque, Wahlert	1
Clinton	8	Iowa City, City High.....	2
Davenport, West	2	Iowa City, University.....	1
Des Moines, Hoover	4	Marshalltown	2
Des Moines, Lincoln.....	2	Sioux City, Central	1
Des Moines, North	2	Southeast Polk	1

TEAM & INDIVIDUAL STATE MEET RECORDS

Most Consecutive Team Championships..... 11 by Cedar Rapids, Washington, 1964-74

Most Points Scored by a Championship Team.....277.5 by Bettendorf, 1986

Most Event Champions by Championship Team..... 8 by Cedar Rapids, Washington, 1966
7 by Bettendorf 1978; Iowa City, West 2014, 2015; 6 by Cedar Falls, 2006; Cedar Rapids, Washington 1967,
1968, 1970, 1978, and 1989; Clinton, 1947 and 1954; Des Moines, Roosevelt 1952 and 1953

Fewest Event Champions by Championship Team..... 0 by Cedar Rapids, Washington, 1987

Most Gold Medals by Individual in Single State Meet..... **4 by Ian Renner-Arjes, Bettendorf 1999** (100 Freestyle, 200 Freestyle, 400 Freestyle Relay, 200 Freestyle Relay); **Jason Snider, Valley, W.D.M., 2000** (500 Freestyle, 200 Individual Medley, 200 Medley Relay, 200 Freestyle Relay); **Mariusz Siembida, Cedar Rapids Washington 1992** (100 Backstroke, 200 Individual Medley, 200 Medley Relay, 400 Freestyle Relay); **Nick Cordes, Cedar Falls 2006** (50 freestyle, 100 backstroke, 200 Medley Relay, 200 Freestyle Relay); **Mark McGlaughlin, Iowa City West, (3 times): 2014** (200 Medley Relay, 50 Freestyle; 100 Freestyle; 400 Freestyle Relay); **2015** (200 Medley Relay, 50 Freestyle, 100 Freestyle, 400 Freestyle Relay); and (200 Individual Medley, 100 Freestyle, 200 Freestyle Relay, 400 Freestyle Relay) **Aidan Keen, Iowa City, West, 2014** (200 Freestyle, 500 Freestyle, 200 Freestyle Relay, 400 Freestyle Relay); **& 2015** (200 Freestyle, 500 Freestyle, 200 Freestyle Relay, 400 Freestyle Relay); **Charlie Bunn, Bettendorf, 2019** (50 Freestyle, 100 Freestyle, 200 Freestyle Relay, 400 Freestyle Relay) **& 2020** (50 Freestyle, 100 Freestyle, 200 Freestyle Relay, 400 Freestyle Relay); **Trent Franson, Ankeny, 2021** (200 Freestyle, 500 Freestyle, 200 Freestyle Relay, 400 Freestyle Relay).

Most Career Gold Medals in Individual Events..... **8 by Andrew VanMeter, Ames 2000-03**
by Nick Cordes, Cedar Falls 2004-07; & Ian Renner-Arjes, Bettendorf 1996-99; **6 by Trent Franson, Ankeny,**
2019-21; Mark McGlaughlin, Iowa City West, 2014-16; Jordan Huff, Dubuque, Senior 2007-09; Zach
Ferguson, Dowling Catholic, W.D.M. 1997-2000; Jason Lathrum, Indianola 1995-97; Mike Johnson, Ankeny

1986-88; Craig Oppel, Valley, W.D.M. 1983-85; Robbie Cook, Cedar Rapids, Washington 1966-68; Doug Felton, Muscatine, 1960-63; Gary Longstreth, Muscatine 1957-60.

Combined Career Gold Medals in State Meets.....**12** by Mark McGlaughlin, Iowa City, West, 2014-16 (6 individual, 6 relays); **11** by Nick Cordes, Cedar Falls 2004-07 (7 individual, 4 relays); **10** by Ian Renner-Arjes, Bettendorf 1996-99 (7 individual, 3 relays); Andrew VanMeter, Ames 2000-2003 (8 individual, 2 relays) & Aidan Keen, Iowa City, West (4 individual, 6 relays); **9** by Charlie Bunn, Bettendorf, 2018-20 (4 individual, 5 relays); **8** by Trent Frandson, Ankeny, 2019-21 (6 individual, 2 relay); Oliver Martin, Iowa City, West 2014-17 (1 individual, 7 relays); Will Scott, Iowa City, West, 2013-16 (1 individual, 7 relays); Jon Strother, Cedar Rapids Washington 1994-97 (8 relays); Tom Roemer, Bettendorf 1977-79 (5 individual, 3 relays); **7** by Alex Walton, Muscatine, 2012-15 (5 individual, 2 relays); Travis Greenwald, Muscatine (3 individual and 4 relays); Jordan Huff, Dubuque Senior 2007-09 (6 individual, 1 relay); Jimmer Dorweiler, Dowling Catholic, W.D.M. 2000-03 (2 individual, 5 relays); Jason Snider, Valley, W.D.M. 1998-2000 (5 individual, 2 relays); Zach Ferguson, Dowling Catholic, W.D.M. 1997-2000 (6 individual, 1 relay); Craig Oppel, Valley, W.D.M. 1983-85 (6 individual, 1 relay); Ben Taylor, Cedar Rapids, Washington 1971-73 (5 individual, 2 relays); & Doug Felton, Muscatine 1960-63 (6 individual, 1 relay); **6** by Jason Lathrum, Indianola, 1995-97 (6 individual); Mike Johnson, Ankeny, 1986-88 (6 individual); Robbie Cook, Cedar Rapids, Washington 1966-68 (6 individual); Gary Longstreth, Muscatine 1957-60 (6 individual); Chris Eckerman, Dowling Catholic, W.D.M. 1991-93 (5 individual, 1 relay); Jack Powell, Mason City 2000-02 (4 individual, 2 relays); Dan Ross, Cedar Falls 1990-93 (4 individual, 2 relays); Dave Everett, Des Moines, Roosevelt 1975-77 (4 individual, 2 relays); and Jim Halpin, Cedar Rapids, Washington 1964-66 (3 individual, 3 relays).

TOP SIX TEAMS YEAR-BY-YEAR

First meet in 1937 - no team scores kept

1938	DES MOINES, NORTH	44	Newton.....	7
	Clinton	24	(tie) Des Moines, Lincoln	6
	Fort Dodge	13	Traer	6
1939	DES MOINES, ROOSEVELT	52	Davenport	12
	Des Moines, North	49	(Tie) Des Moines, Lincoln & Clinton	9
	Fort Dodge	19		
1940	DES MOINES, ROOSEVELT	67	Fort Dodge	11
	Clinton	37	Des Moines, Lincoln	10
	Des Moines, North	25	Boone.....	4
1941	CLINTON	44	Fort Dodge	17
	Des Moines, North	36	Marshalltown.....	15.5
	Des Moines, Roosevelt.....	33.5	Des Moines, East.....	6
1942	DES MOINES, NORTH	38	Marshalltown.....	15
	Clinton	35	Fort Dodge	13
	Des Moines, Roosevelt.....	29	Cedar Rapids, Roosevelt.....	12
1943	DES MOINES, ROOSEVELT	66	Boone.....	13
	Clinton	33	Des Moines, Lincoln	8
	Des Moines, North	32	<i>No other scoring</i>	
1944	DES MOINES, ROOSEVELT	58	Des Moines, Lincoln	13
	Des Moines, North	40	Boone.....	12
	Clinton	29	<i>No other scoring</i>	
1945	DES MOINES, ROOSEVELT	60	Des Moines, Lincoln	21
	Clinton	36	Des Moines, East.....	6
	Des Moines, North	28	Cedar Falls.....	5

1946	CLINTON	60	Cedar Falls.....	9
	Des Moines, Roosevelt	39	Boone.....	8
	Des Moines, North	35	Des Moines, East.....	3
1947	CLINTON	65	Des Moines, North	16
	Des Moines, Roosevelt	43	Des Moines, Lincoln	8
	Boone	17	Des Moines, East.....	7
1948	DES MOINES, ROOSEVELT	58	Des Moines, North	20
	Clinton	42	Des Moines, Lincoln	6
	Boone	22	(Tie) Des Moines, East & Davenport.....	4
1949	CLINTON	64	Boone.....	4
	Des Moines, North	57	Des Moines, Lincoln	9
	Des Moines, Roosevelt	17	Davenport	6
1950	DES MOINES, ROOSEVELT	69	Boone.....	15
	Clinton	49	Des Moines, Lincoln	12
	Des Moines, North	31	<i>No other scoring</i>	
1951	(Tie) CLINTON	71	Des Moines, Lincoln	26
	DES MOINES, ROOSEVELT	71	Iowa City, University High.....	12
	Des Moines, North	47	Boone.....	5
1952	DES MOINES, ROOSEVELT	68	Des Moines, North	15
	Clinton	57	Davenport	6
	Des Moines, Lincoln.....	16	Ames.....	4
1953	DES MOINES, ROOSEVELT	67	Des Moines, Lincoln	16
	Clinton	48	(Tie) Iowa City.....	4
	Des Moines, North	18	Ames.....	4
1954	CLINTON	82	Des Moines, Lincoln	19
	Des Moines, Roosevelt	73	(Tie) Muscatine; Iowa City; Sioux City, Central; & Des Moines, East	6
	Des Moines, North	33		
1955	CLINTON	90	(Tie) Des Moines, North	14
	Des Moines, Roosevelt	63	Muscatine.....	14
	Ottumwa	16	Des Moines, Lincoln	14
1956	CLINTON	65	Des Moines, Lincoln	27
	Des Moines, Roosevelt	55.5	Ottumwa.....	21
	Des Moines, North	28	Burlington.....	11
1957	CLINTON	55	Des Moines, Lincoln	23
	Des Moines, Roosevelt	54	Burlington.....	20
	Muscatine	25	Sioux City, Central	18
1958	CLINTON	57	Cedar Rapids, Washington.....	29
	Des Moines, Roosevelt	53	Des Moines, Lincoln	23
	Sioux City, Central	32	Burlington.....	22
1959	DES MOINES, ROOSEVELT	59	Muscatine.....	31
	Sioux City, Central	53	Cedar Rapids, Washington.....	29.5
	Ottumwa	31	Fort Dodge	26
1960	MUSCATINE	56	Des Moines, Roosevelt.....	33
	Sioux City, Central	54	Clinton.....	28
	Cedar Rapids, Washington	34	Fort Dodge	19

1961	CEDAR RAPIDS, WASHINGTON 65	Sioux City, Central..... 30
	Clinton 44	(Tie) Muscatine 17
	Des Moines, Roosevelt 32	Marshalltown..... 17
1962	CLINTON 66	Cedar Rapids, Washington..... 23
	Des Moines, Roosevelt 56	Muscatine..... 21
	(Tie) Des Moines Lincoln & Sioux City Central. 29	
1963	DES MOINES, ROOSEVELT 56	Davenport, West 21.5
	(Tie) Clinton & 42	Muscatine..... 21
	Cedar Rapids, Washington 42	Sioux City, Central 18
1964	CEDAR RAPIDS, WASHINGTON 68	Cedar Rapids, Jefferson..... 37
	Clinton 66.5	(Tie) Iowa City, University High 20
	Des Moines, Roosevelt 38	Sioux City, Central 20
1965	CEDAR RAPIDS, WASHINGTON 82	Sioux City, Central..... 21
	Clinton 75	Cedar Rapids, Jefferson..... 19
	Des Moines, Roosevelt 31	Davenport, West 14
1966	CEDAR RAPIDS, WASHINGTON 260.5	Clinton..... 109
	Des Moines, Roosevelt 168.5	Davenport, West 81.5
	Sioux City, Central 117	Iowa City 65.5
1967	CEDAR RAPIDS, WASHINGTON 235.5	Iowa City, University High..... 100.5
	Clinton 200	Davenport, West 80.5
	Sioux City, Central 104	Des Moines, Roosevelt..... 75
1968	CEDAR RAPIDS, WASHINGTON 238.5	Davenport, Central..... 110
	Clinton 125	Cedar Rapids, Kennedy 86
	Davenport, West 122.5	Des Moines, Roosevelt..... 79
1969	CEDAR RAPIDS, WASHINGTON 216	Des Moines, Roosevelt..... 89.5
	Davenport, West 115	Clinton..... 65
	Cedar Rapids, Kennedy 107	Muscatine..... 64
1970	CEDAR RAPIDS, WASHINGTON 236	Davenport, West 76
	Cedar Rapids, Kennedy 113	Sioux City, Central 69
	Muscatine 97	Des Moines, Roosevelt..... 66
1971	CEDAR RAPIDS, WASHINGTON 201	Muscatine..... 96
	Des Moines, Hoover 134	Cedar Rapids, Kennedy 88
	Ames 98	Cedar Falls..... 75
1972	CEDAR RAPIDS, WASHINGTON 183	Des Moines, Roosevelt..... 117
	Ames 151	Des Moines, Hoover 105
	Davenport, West 126	Clinton..... 60
1973	CEDAR RAPIDS, WASHINGTON 201	Des Moines, Roosevelt..... 97
	Davenport, West 144	Davenport, Central..... 83
	Ames 125	Cedar Falls..... 74
1974	CEDAR RAPIDS, WASHINGTON 194	Muscatine..... 73
	Ames 128	Valley, West Des Moines..... 72
	Mason City 86	Davenport, Central..... 70
1975	MASON CITY 132	Des Moines, Roosevelt..... 114
	Ames 127	Davenport, Central..... 110
	Des Moines, Hoover 121	Cedar Rapids, Washington..... 90

1976	CEDAR RAPIDS, WASHINGTON	202	Ames	125
	Mason City	155	Bettendorf	99
	Des Moines, Roosevelt	134	Valley, West Des Moines	67
1977	CEDAR RAPIDS, WASHINGTON	179	Des Moines, Roosevelt	95
	Bettendorf	114	Mason City	92
	Ames	97	Muscatine	89
1978	BETTENDORF	174	Muscatine	105
	Mason City	162	Des Moines, Hoover	95
	Cedar Rapids, Washington	117	Fort Dodge	81
1979	MASON CITY	140	Cedar Rapids, Kennedy	98
	Cedar Rapids, Washington	134	Valley, West Des Moines	84
	Bettendorf	101	Ames	76
1980	CEDAR RAPIDS, WASHINGTON	164	Cedar Rapids, Kennedy	119
	Valley, West Des Moines	149.5	Bettendorf	107
	Ames	142.5	Fort Dodge	93
1981	CEDAR RAPIDS, KENNEDY	149	Ames	106
	Bettendorf	141	Valley, West Des Moines	96
	Cedar Rapids, Washington	138	Davenport, Central	92
1982	AMES	179	Valley, West Des Moines	87
	Cedar Rapids, Washington	158	Muscatine	64
	Bettendorf	116	Mason City	63
1983	CEDAR RAPIDS, WASHINGTON	250	Dubuque, Senior	163
	Bettendorf	220	Muscatine	141
	Valley, West Des Moines	188	Sioux City, East	125
1984	VALLEY, WEST DES MOINES	243	Cedar Rapids, Washington	167
	Bettendorf	214	Dubuque, Senior	153
	Muscatine	205	Cedar Rapids, Kennedy	129
1985	CEDAR RAPIDS, WASHINGTON	241	Burlington	145
	Bettendorf	229	Des Moines, Hoover	118
	Valley, West Des Moines	149	Dubuque, Senior	115
1986	BETTENDORF	277.5	Dubuque, Senior	108
	Cedar Rapids, Washington	204	Cedar Falls, NUH	94
	Des Moines, Hoover	166	Valley, West Des Moines	93
1987	CEDAR RAPIDS, WASHINGTON	234	Dubuque, Senior	131
	Valley, West Des Moines	220	Bettendorf	130
	Des Moines, Hoover	132	Mason City	108.5
1988	CEDAR RAPIDS, WASHINGTON	216	Ames	72
	Valley, West Des Moines	142	Dubuque, Senior	63
	Des Moines, Roosevelt	108	Muscatine	61
1989	CEDAR RAPIDS, WASHINGTON	268	Iowa City, West	77.5
	Mason City	130	Davenport, West	63
	Des Moines, Roosevelt	78	Dubuque, Senior	58
1990	CEDAR RAPIDS, WASHINGTON	179	(Tie) Cedar Falls &	100
	Mason City	113	Valley, West Des Moines	100
	Iowa City, City	111	Dowling Catholic, W.D.M.	76

1991	MASON CITY..... 163.5 Cedar Rapids, Washington 155 Valley, West Des Moines 124	Cedar Falls..... 118 Iowa City, City High 111 Fort Dodge 92
1992	CEDAR RAPIDS, WASHINGTON 173 Cedar Falls..... 125 Dowling Catholic, W.D.M. 112	Pleasant Valley 93 Dubuque, Senior..... 91.5 Iowa City, City High 89
1993	CEDAR FALLS 164 Dowling Catholic, W.D.M. 139 Iowa City, City High..... 104	Ames..... 99 Cedar Rapids, Washington..... 93 Waterloo, West 92
1994	CEDAR RAPIDS, WASHINGTON 137.5 Dowling Catholic, W.D.M. 131 Iowa City, City High..... 93.5	Waterloo, West 90.5 (Tie) Cedar Rapids, Kennedy & 82 Ames..... 82
1995	CEDAR RAPIDS, WASHINGTON 175 Ames 122 Dowling Catholic, W.D.M. 103.5	Cedar Rapids, Kennedy 76 Dubuque, Senior..... 69 Cedar Falls..... 66.5
1996	CEDAR RAPIDS, WASHINGTON 212 Dowling Catholic, W.D.M. 144 Ames 142	Bettendorf 109 Cedar Rapids, Kennedy 93 Dubuque, Senior..... 82
1997	CEDAR RAPIDS, WASHINGTON 189.5 Bettendorf..... 155 Dowling Catholic, W.D.M. 149.5	Mason City 89 Urbandale 84.5 Cedar Falls..... 84
1998	CEDAR FALLS 149 Cedar Rapids, Washington 145 Muscatine 140	Bettendorf 120 Dowling Catholic, W.D.M. 117 Ankeny 110.5
1999	BETTENDORF..... 208 Dowling Catholic, W.D.M. 150 Ankeny 144.5	Valley, West Des Moines..... 118 Ottumwa..... 88 Muscatine..... 85
2000	DOWLING CATHOLIC, W.D.M. 194 Bettendorf..... 189 Valley, West Des Moines 150	Ottumwa..... 122 Mason City 98 Ankeny 70
2001	DOWLING CATHOLIC, W.D.M. 173 Ames 168 Valley, West Des Moines 167	Bettendorf 153 Mason City 144 Ottumwa..... 92
2002	DOWLING CATHOLIC, W.D.M. 197.5 Ames 188.5 Ottumwa 164.5	Mason City 137 Valley, W.D.M. 130 Ankeny 90
2003	DOWLING CATHOLIC, W.D.M. 192 Ames 176 Valley, West Des Moines 137	Ottumwa..... 110 Cedar Falls..... 96 Ankeny 83
2004	CEDAR FALLS 214 Dowling Catholic, W.D.M. 159 Cedar Rapids, Washington 127	Valley, West Des Moines..... 99 Ames..... 93 Ankeny 90
2005	CEDAR FALLS 209 Valley, West Des Moines 137.50 Ames 136	Cedar Rapids, Washington..... 125 Ankeny 98 Waterloo, West 90.50

2006	CEDAR FALLS 257.5	Ames..... 117
	Cedar Rapids, Washington 164.5	Bettendorf 93.5
	Valley, West Des Moines 128	Pleasant Valley 87
2007	BETTENDORF 184	Valley, West Des Moines..... 110
	Cedar Rapids, Washington 151	Cedar Falls..... 103
	Muscatine 130	Pleasant Valley 90
2008	CEDAR RAPIDS, WASHINGTON 171	Pleasant Valley 116
	Bettendorf..... 144	Ames..... 110
	Cedar Falls 129	Dubuque, Senior..... 94.50
2009	DUBUQUE, SENIOR 152	Cedar Rapids, Washington..... 124
	Ames 147	Johnston 100
	Cedar Falls 133	Dubuque, Hempstead..... 92
2010	VALLEY, WEST DES MOINES 173	Muscatine..... 120
	Dowling Catholic, W.D.M. 138	Dubuque, Senior..... 107
	Cedar Falls 131	Cedar Rapids, Washington..... 104
2011	MUSCATINE 187.50	Cedar Rapids Washington..... 105.50
	Dubuque Senior 141	Ames..... 102
	Cedar Falls 135	Iowa City, City High 100
2012	MUSCATINE 177.50	Dubuque, Senior..... 127
	Dowling Catholic, W.D.M. 135	Valley, West Des Moines..... 125.50
	Johnston..... 127.50	Ankeny 119
2013	MUSCATINE 180	Johnston 125
	Dubuque, Senior 147	Valley, West Des Moines..... 112
	Dowling Catholic, W.D.M. 129	Cedar Rapids, Washington..... 111
2014	IOWA CITY, WEST 205	Dubuque Hempstead..... 111
	Cedar Rapids, Washington 136	Lewis Central 101
	Valley, West Des Moines 124	Johnston 87
2015	IOWA CITY, WEST 189	Dubuque, Senior..... 98
	Cedar Rapids, Washington 140	Dowling Catholic, W.D.M. 88.5
	Valley, West Des Moines 119.5	Dubuque, Hempstead..... 80
2016	WAUKEE 244	Cedar Rapids, Washington..... 195
	Iowa City, West 210	Johnston 182
	Bettendorf..... 198.5	Dubuque, Senior..... 126
2017	WAUKEE 259	Cedar Rapids, Washington..... 165.5
	Johnston..... 191	Dowling Catholic, W.D.M. 160
	Bettendorf..... 185	Ames..... 153
2018	AMES 221	Bettendorf (tie)..... 166.5
	Valley, West Des Moines 220	Waukee..... 153
	Ankeny (tie)..... 166.5	Dowling Catholic, W.D.M. 127
2019	ANKENY 226	Dowling Catholic, W.D.M. 195
	Waukee 210	Valley, West Des Moines..... 164
	Bettendorf..... 205.5	Linn-Mar, Marion..... 123
2020	IOWA CITY, WEST 262.5	Bettendorf 219
	Ankeny 236	Iowa City, City High 160
	Waukee 231	Dowling Catholic, W.D.M. 156

2021 WAUKEE	268.5	Valley, West Des Moines.....	168.5
Ankeny	238.5	Linn-Mar, Marion.....	155
Iowa City, West	208.5	Bettendorf	131

STATE CHAMPIONS BY EVENT

40-YARD FREESTYLE CHAMPIONS

1937	Walt Sieg, Davenport	:19.5
1938	Clarence Moore, Clinton	:20.1
1939	Richard Wunchel, Davenport.....	:20.4
1940	Sid Craiger, Des Moines, Roosevelt.....	:19.5
1941	Jim Piatt, Clinton	:19.7
1942	Ken Marsh, Cedar Rapids, Roosevelt	:19.4
1943	Jack Jowett, Clinton	:19.1
<i>Bob Anderson, Boone, set NATIONAL RECORD (:17.9) in prelims in 1943. In 1944, during regular season, Anderson tied his NATIONAL RECORD.</i>		
1944	Bob Anderson, Boone	:18.2
1945	Al Machael, Clinton	:19.7
1946	Bob Brown, Cedar Falls	:19.0
1947	Al Machael, Clinton	:18.8
1948	Wally Nicholson, Des Moines, Roosevelt.....	:19.3
1949	Paul Johnson, Des Moines, North	:19.6
1950	John Kruse, Des Moines, Roosevelt.....	:19.5
1951	John Kruse, Des Moines, Roosevelt.....	:19.1
1952	Gus Johnson, Des Moines, Roosevelt	:19.0
1953	Al Maris, Des Moines, Roosevelt.....	:19.9
1954	Al Maris, Des Moines, Roosevelt.....	:18.8
1955	Gary Morris, Clinton	:17.8

50-YARD FREESTYLE CHAMPIONS

1956	Bob Holleran, Clinton	:25.2
1957	Garrett Maris, Des Moines, Roosevelt.....	:24.0
1958	Garrett Maris, Des Moines, Roosevelt.....	:23.1
1959	Garrett Maris, Des Moines, Roosevelt.....	:22.8
1960	Dave Dismer, Davenport	:23.8
1961	Doug Felton, Muscatine	:23.5
1962	Ron Gabrielson, Sioux City, Central.....	:23.1
1963	Dave Strief, Des Moines, Roosevelt.....	:23.3
1964	(tie) Marty Morris, Clinton/Ron David, Cedar Rapids, Jefferson	:22.8
1965	Jim Nichols, Clinton.....	:23.1
1966	Robbie Cook, Cedar Rapids, Washington	:22.5
1967	Eric Holtze, Sioux City, Central.....	:22.8
1968	Tim Krizan, Cedar Rapids, Washington	:22.4
1969	Steve Hartkemeyer, Cedar Rapids, Kennedy.....	:22.4
1970	Terry Callahan, Des Moines, Lincoln.....	:22.41
1971	Rod Oberhaus, Muscatine	:22.72
1972	Ralph Mundt, Davenport, West	:22.56
1973	Jeff Jutte, Muscatine	:22.2
1974	Jeff Henry, Cedar Rapids, Washington	:22.47
1975	Rick Ver Huel, Cedar Falls.....	:22.43
1976	Kam Smith, Sioux City, North	:22.22
1977	Charlie Roberts, Bettendorf	:21.87
1978	Charlie Roberts, Bettendorf	:21.51
1979	Dan Bartlett, Des Moines, Roosevelt.....	:21.87

1980	Vince Dahl, Boone	:22.10
1981	Joe Ehlers, Davenport, Central	:21.63
1982	Vince Dahl, Boone	:21.58
1983	Evan Johnston, Des Moines, Lincoln.....	:21.70
1984	Craig Oppel, Valley, West Des Moines.....	:21.23
1985	Joe Barger, Cedar Rapids, Kennedy.....	:21.66
1986	Ken Atkinson, Bettendorf	:21.50
1987	Rob Strauch, Dubuque, Hempstead.....	:21.60
1988	Jeff Lovell, Waverly-Shell Rock	:21.02
1989	J.P. Bickel, Cedar Rapids, Washington	:21.60
1990	Eric Lemen, Davenport, West.....	:21.36
1991	Tory Hartwig, Bettendorf	:21.57
1992	Chris Eckerman, Dowling Catholic, W.D.M.	:20.70
1993	Chris Eckerman, Dowling Catholic, W.D.M.	:20.32
1994	Seth Shepard, Waterloo, West	:21.28
1995	Chris Pollock, Mason City	:21.57
1996	Andy Kyser, Davenport, North	:21.33
1997	John Lonergan, Bettendorf	:21.30
1998	Mike Hicklin, Urbandale	:20.88
1999	Ryan Fitzgerald, Dowling Catholic, W.D.M.....	:21.44
2000	Grant Parrish, Bettendorf.....	:21.14
2001	Jack Powell, Mason City	:21.42
2002	Jack Powell, Mason City	:21.58
2003	Michael Burke, Valley, West Des Moines	:21.51
2004	B. J. Kolsrud, Cedar Rapids, Washington	:20.90
2005	Nick Cordes, Cedar Falls.....	:20.73
2006	Nick Cordes, Cedar Falls.....	:20.62
2007	Nick Cordes, Cedar Falls.....	:20.56
2008	Ryan Phelan, Cedar Falls.....	:20.56
2009	Mitch Taylor, Johnston.....	:21.10
2010	Ben Loeffelholz, Dubuque, Hempstead.....	:21.28
2011	Ben Loeffelholz, Dubuque, Hempstead.....	:21.07
2012	Jonathan Fiepke, Dowling Catholic, W.D.M.	:21.02
2013	Josh Gill, Dubuque, Senior	:20.76
2014	Mark McGlaughlin, Iowa City, West.....	:20.67
2015	Mark McGlaughlin, Iowa City, West.....	:20.73
2016	Will Scott, Iowa City, West.....	:20.29
2017	Oliver Martin, Iowa City, West.....	:20.72
2018	Jacob Keller, Valley, West Des Moines.....	:20.75
2019	Charlie Bunn, Bettendorf.....	:20.42
2020	Charlie Bunn, Bettendorf.....	:20.18
2021	Alex Stone, Bettendorf.....	:20.67

100-YARD FREESTYLE CHAMPIONS

1937	Walt Sieg, Davenport	:55.2
1938	Clarence Moore, Clinton	:58.0
1939	Dick Misner, Des Moines, Roosevelt.....	:58.4
1940	Sid Craiger, Des Moines, Roosevelt.....	:55.5
1941	Jim Piatt, Clinton	:56.2
1942	Ken Marsh, Cedar Rapids, Roosevelt	:54.6
1943	Bob Anderson, Boone.....	:52.9
1944	Bob Anderson, Boone.....	:52.3

Anderson set a NATIONAL RECORD (:52.4) during season of 1943.

His championship time (:52.3) in 1944 was also a NATIONAL RECORD.

1945	Larry Larimore, Des Moines, Roosevelt	:53.6
1946	Roger Watts, Des Moines, North	:54.3
1947	Al Machael, Clinton	:54.2
1948	Nicholson, Des Moines, Roosevelt.....	:54.7

1949	Bob Jorgensen, Clinton.....	:56.9
1950	John Kruse, Des Moines, Roosevelt.....	:57.2
1951	Maurie McCullen, Clinton.....	:54.5
1952	Maurie McCullen, Clinton.....	:56.3
1953	Pete Janss, Des Moines, Roosevelt.....	:54.8
1954	Gary Morris, Clinton.....	:53.2
1955	Gary Morris, Clinton.....	:49.8
1956	Keith Zastrow, Clinton.....	:56.4
1957	Ronald McDevitt, Clinton.....	:54.5
1958	Ronald McDevitt, Clinton.....	:51.9
1959	Joe Weir, Sioux City, Central.....	:53.5
1960	Doug Felton, Muscatine.....	:53.5
1961	Doug Felton, Muscatine.....	:51.3
1962	Doug Felton, Muscatine.....	:50.8
1963	Doug Felton, Muscatine.....	:50.7
1964	Ray "Bud" Kearney, Clinton.....	:50.3
1965	Jim Nichols, Clinton.....	:51.2
1966	Robbie Cook, Cedar Rapids, Washington.....	:49.6
1967	Robbie Cook, Cedar Rapids, Washington.....	:49.4
1968	Robbie Cook, Cedar Rapids, Washington.....	:48.0
1969	Steve Hartkemeyer Cedar Rapids, Kennedy.....	:49.5
1970	Dave Carrithers, Cedar Rapids, Washington.....	:48.54
1971	Rod Oberhaus, Muscatine.....	:48.96
1972	Dexter MacBride, Ames.....	:48.96
1973	Dexter MacBride, Ames.....	:48.3
1974	Mark Barnett, Ames.....	:48.95
1975	Maury Johnson, Ames.....	:48.95
1976	Eric Johnson, Ames.....	:47.70
1977	Jeff Henry, Cedar Rapids, Washington.....	:48.67
1978	Mark Stanley, Fort Dodge.....	:47.51
1979	Chris Williams, Cedar Rapids, Washington.....	:47.35
1980	Vince Dahl, Boone.....	:48.10
1981	Joe Ehlers, Davenport, Central.....	:47.86
1982	Scott McCadam, Waterloo, West.....	:47.66
1983	Chris Richard, Ames.....	:45.89
1984	Craig Oppel, Valley, West Des Moines.....	:45.62
1985	Chris Reedy, Sioux City, North.....	:46.50
1986	Ken Atkinson, Bettendorf.....	:46.98
1987	Todd Trappe, Mason City.....	:47.69
1988	Jeff Lovell, Waverly-Shell Rock.....	:46.91
1989	Rich Mitvalsky, Cedar Rapids, Washington.....	:46.79
1990	Eric Lemen, Davenport, West.....	:46.15
1991	Chris Eckerman, Dowling Catholic, W.D.M.....	:46.48
1992	Chris Eckerman, Dowling Catholic, W.D.M.....	:44.43
1993	Chris Eckerman, Dowling Catholic, W.D.M.....	:44.17
1994	Seth Shepard, Waterloo, West.....	:46.49
1995	Joe Fisher, Ames.....	:46.35
1996	Thad Hackney, Cedar Rapids, Kennedy.....	:45.47
1997	John Lonergan, Bettendorf.....	:46.22
1998	Zach Ferguson, Dowling Catholic, W.D.M.....	:46.66
1999	Ian Renner-Arjes, Bettendorf.....	:46.06
2000	Zach Ferguson, Dowling Catholic, W.D.M.....	:45.79
2001	Jack Powell, Mason City.....	:46.52
2002	Jack Powell, Mason City.....	:46.75
2003	Jeff Bratten, Ottumwa.....	:46.20
2004	Jimmy Sourbeer, Dowling Catholic, W.D.M.....	:46.87
2005	Matt Dahlke, Marshalltown.....	:46.95
2006	Joe Wiedemeier, Ames.....	:46.57
2007	Jordan Huff, Dubuque, Senior.....	:45.97

2008	Jordan Huff, Dubuque, Senior	:45.28
2009	Jordan Huff, Dubuque, Senior	:45.07
2010	Austin Abbas, Cedar Falls	:47.10
2011	Ben Loeffelholz, Dubuque, Hempstead	:46.22
2012	Jonathan Fiepke, Dowling Catholic, W.D.M.	:45.49
2013	Jonathan Fiepke, Dowling Catholic, W.D.M.	:44.76
2014	Mark McGlaughlin, Iowa City, West	:45.00
2015	Mark McGlaughlin, Iowa City, West	:44.76
2016	Mark McGlaughlin, Iowa City, West	:43.64
2017	Zach Linder, Waukee	:45.81
2018	Jackson Allmon, Lewis Central	:45.61
2019	Charlie Bunn, Bettendorf	:44.94
2020	Charlie Bunn, Bettendorf	:44.41
2021	Alex Stone, Bettendorf	:45.17

220-YARD FREESTYLE CHAMPIONS

1937	Macielewski, Cedar Rapids	2:30.6
1938	Carl Ahlgren, Des Moines, North	2:25.9
1939	Dean Darby, Des Moines, Roosevelt	2:25.6
1940	Hubert Norman, Clinton	2:25.1
1941	Floyd Hartzler, Des Moines, East	2:26.6
1942	Jim Piatt, Clinton	2:24.3
1943	Larry Larimore, Des Moines, Roosevelt	2:25.1
1944	Bill Crispin, Des Moines, Roosevelt	2:28.7
1945	Roger Watts, Des Moines, North	2:24.3
1946	Roger Watts, Des Moines, North	2:38.0
1947	Bert Doyne, Clinton	2:26.5
1948	Jim Watkins, Des Moines, Roosevelt	2:28.7

200-YARD FREESTYLE CHAMPIONS

1949	Paul Slack, Des Moines, North	2:10.0
1950	Loren Braught, Des Moines, Roosevelt	2:06.2
1951	Loren Braught, Des Moines, Roosevelt	2:04.6
1952	Pete Janss, Des Moines, Roosevelt	2:03.8
1953	Pete Janss, Des Moines, Roosevelt	2:03.5

Established a NATIONAL RECORD (1:58.5) during regular season.

1954	Gary Morris, Clinton	2:00.1
1955	Keith Zastrow, Clinton	2:06.3
1956	Keith Zastrow, Clinton	2:11.1
1957	Tom Hickerson, Des Moines, Roosevelt	2:02.0
1958	Clark Raney, Ottumwa	2:06.1
1959	Bruce Nelson, Fort Dodge	2:01.2
1960	Dave McGregor, Ottumwa	2:04.9
1961	Wylie Griffith, Clinton	1:58.7
1962	Brian Percival, Des Moines, Lincoln	2:00.1
1963	Doug Felton, Muscatine	1:56.8
1964	Ray "Bud" Kearney, Clinton	1:54.8
1965	Rick Carter, Cedar Rapids, Washington	1:55.7
1966	Jeff Smith, Cedar Rapids, Washington	1:52.3
1967	Robbie Cook, Cedar Rapids, Washington	1:50.4
1968	Don Torrey, Clinton	1:53.1
1969	Dave Carrithers, Cedar Rapids, Washington	1:47.3
1970	Dave Carrithers, Cedar Rapids, Washington	1:47.87
1971	Bill Fowler, Cedar Rapids, Kennedy	1:49.38
1972	John Little, Cedar Rapids, Washington	1:49.53
1973	Dexter MacBride, Ames	1:44.7
1974	Dexter MacBride, Ames	1:46.45

1975	Eric Johnson, Ames	1:47.53
1976	Eric Johnson, Ames	1:44.52
1977	David Everett, Des Moines, Roosevelt	1:42.25
1978	Chris Williams, Cedar Rapids, Washington	1:44.30
1979	Chris Williams, Cedar Rapids, Washington	1:43.62
1980	Dave Symons, Ames	1:42.70
1981	Kurt Benson, Cedar Rapids, Washington	1:44.62
1982	Chris Richard, Ames	1:42.31
1983	Craig Oppel, Valley, West Des Moines	1:40.03
1984	John Sayles, Muscatine	1:44.86
1985	Craig Oppel, Valley, West Des Moines *NATIONAL RECORD*	1:36.36
1986	Mike Johnson, Ankeny	1:41.53
1987	Tom Evers, Des Moines, Hoover	1:42.58
1988	Mike Johnson, Ankeny	1:38.20
1989	Scott Paulson, Des Moines, Roosevelt	1:42.00
1990	Dan Ross, Cedar Falls	1:43.10
1991	Chris Meyer, Valley, West Des Moines	1:42.25
1992	Chris Meyer, Valley, West Des Moines	1:43.20
1993	Andy Eckerman, Dowling Catholic, W.D.M.	1:42.71
1994	Andy Eckerman, Dowling Catholic, W.D.M.	1:41.60
1995	Joe Fisher, Ames	1:41.58
1996	Ian Renner-Arjes, Bettendorf	1:39.82
1997	Ian Renner-Arjes, Bettendorf	1:39.01
1998	Ian Renner-Arjes, Bettendorf	1:40.29
1999	Ian Renner-Arjes, Bettendorf	1:39.75
2000	Zach Ferguson, Dowling Catholic, W.D.M.	1:41.05
2001	Jimmer Dorweiler, Dowling Catholic, W.D.M.	1:43.36
2002	Jimmer Dorweiler, Dowling Catholic, W.D.M.	1:40.30
2003	Jeff Bratten, Ottumwa	1:40.35
2004	Jimmy Sourbeer, Dowling Catholic, W.D.M.	1:41.44
2005	Steven Brus, Davenport, North	1:42.15
2006	Steven Brus, Davenport, North	1:41.63
2007	Jordan Huff, Dubuque, Senior	1:39.83
2008	Jordan Huff, Dubuque, Senior	1:39.66
2009	Jordan Huff, Dubuque, Senior	1:40.74
2010	Garrett Moses, Cedar Falls	1:41.31
2011	Colin McAllister, Iowa City, City High	1:42.57
2012	Trent Jackson, Muscatine	1:40.75
2013	Ben Severino, Dowling Catholic, W.D.M.	1:42.08
2014	Aidan Keen, Iowa City, West	1:40.91
2015	Aidan Keen, Iowa City, West	1:40.32
2016	Cameron Kelley, Cedar Rapids, Washington	1:39.50
2017	Zach Linder, Waukee	1:40.72
2018	Jackson Allmon, Lewis Central	1:39.11
2019	Trent Frandson, Ankeny	1:37.75
2020	Trent Frandson, Ankeny	1:35.68
2021	Trent Frandson, Ankeny	1:36.46

400-YARD FREESTYLE CHAMPIONS

1958	Glover Wadington, Cedar Rapids, Washington	4:19.4
1959	Clark Raney, Ottumwa	4:31.6
1960	Ed Longstreth, Muscatine	4:37.5
1961	Rich Collins, Des Moines, Roosevelt	4:30.7
1962	Maurice LeVois, Iowa City, University	4:18.9
1963	Maurice LeVois, Iowa City, University	4:14.1
1964	Maurice LeVois, Iowa City, University	4:19.0
1965	Ken Smith, Clinton	4:15.0
1966	Jeff Smith, Cedar Rapids, Washington	4:12.5

1967	Doug Herman, Clinton	4:13.2
1968	Harvey Birky, Cedar Rapids, Washington	4:06.0
1969	Dave Carrithers, Cedar Rapids, Washington	3:54.9
1970	Bill Fowler, Cedar Rapids, Kennedy	4:02.70
1971	Bill Fowler, Cedar Rapids, Kennedy	3:58.27
1972	Rick Adrianse, Des Moines, Roosevelt	3:58.23
1973	John Huston, Cedar Rapids, Washington	3:50.4

500-YARD FREESTYLE CHAMPIONS

1974	John Huston, Cedar Rapids, Washington	4:50.25
1975	Dave Everett, Des Moines, Roosevelt	4:50.94
1976	Dave Everett, Des Moines, Roosevelt	4:47.37
1977	Dave Everett, Des Moines, Roosevelt	4:41.11
1978	Scott Wisner, Bettendorf	4:44.53
1979	David Symons, Ames	4:43.76
1980	David Symons, Ames	4:46.99
1981	Rick Gilbertson, Cedar Rapids, Kennedy	4:36.93
1982	Chris Richard, Ames	4:38.64
1983	Craig Oppel, Valley, West Des Moines	4:34.23
1984	Chris Reedy, Sioux City, North	4:45.28
1985	Tom Evers, Des Moines, Hoover	4:42.22
1986	Tom Evers, Des Moines, Hoover	4:41.35
1987	Tom Evers, Des Moines, Hoover	4:40.34
1988	Scott Paulson, Des Moines, Roosevelt	4:40.30
1989	Scott Paulson, Des Moines, Roosevelt	4:38.91
1990	Dan Ross, Cedar Falls	4:40.60
1991	Chris Meyer, Valley, West Des Moines	4:37.21
1992	Dan Ross, Cedar Falls	4:33.74
1993	Dan Ross, Cedar Falls	4:33.16
1994	Andy Eckerman, Dowling Catholic, W.D.M.	4:31.28
1995	Jason Lathrum, Indianola	4:32.94
1996	Jason Lathrum, Indianola	4:30.62
1997	Jason Lathrum, Indianola	4:31.32
1998	Jason Snider, Valley, West Des Moines	4:39.21
1999	Jason Snider, Valley, West Des Moines	4:40.53
2000	Jason Snider, Valley, West Des Moines	4:40.78
2001	Adam Lehenbauer, Bettendorf	4:43.04
2002	Charlie Cunnick, Davenport, Central	4:35.90
2003	Charlie Cunnick, Davenport Central	4:33.66
2004	Charlie Cunnick, Davenport Central	4:31.02
2005	Steven Brus, Davenport North	4:35.89
2006	Steven Brus, Davenport North	4:34.00
2007	Steve Brus, Davenport North	4:35.22
2008	Brian Verink, Cedar Falls	4:39.92
2009	Cameron Herting, Iowa City, City High	4:40.79
2010	Cameron Herting, Iowa City, City High	4:35.42
2011	Cameron Herting, Iowa City, City High	4:36.03
2012	Trent Jackson, Muscatine	4:38.63
2013	Josh Hughes, Cedar Rapids, Washington	4:41.46
2014	Aidan Keen, Iowa City, West	4:37.48
2015	Aidan Keen, Iowa City, West	4:33.69
2016	Cameron Kelley, Cedar Rapids, Washington	4:29.96
2017	Dylan Moffat, Cedar Falls	4:32.24
2018	Dylan Moffatt, Cedar Falls	4:27.77
2019	Trent Frandson, Ankeny	4:23.46
2020	Trent Frandson, Ankeny	4:26.27
2021	Trent Frandson, Ankeny	4:25.71

100-YARD BREASTSTROKE CHAMPIONS

1937	Walt Sieg, Davenport	1:05.6
1938	Dwight Johnson, Des Moines, North	1:15.9
1939	Bill Freeman, Des Moines, Roosevelt.....	1:09.2
1940	Bill Freeman, Des Moines, Roosevelt.....	1:06.6
1941	Bill Freeman, Des Moines, Roosevelt.....	1:06.7
1942	Delmer Norman, Clinton	1:05.4
<i>Norman set NATIONAL RECORD (1:03.8) during regular season.</i>		
1943	Dick Maine, Des Moines, Roosevelt.....	1:05.7
1944	Dick Keith, Des Moines, North.....	1:05.0
1945	Larry Larimore, Des Moines, Roosevelt *NATIONAL RECORD*	1:01.9
1946	Dick Lake, Clinton	1:03.1
1947	Chuck Cownie, Des Moines, Roosevelt.....	1:04.8
1948	Eldon Dahl, Boone	1:08.7
1949	Paul Bosley, Des Moines, North	1:07.1
1950	(Tie) Bud Higgins, Clinton & Mike LaMair, Des Moines, Roosevelt	1:04.6
1951	Bob Sharp, Des Moines, North	1:03.2
1952	Tom Hoffman, Des Moines, Roosevelt	1:07.8
1953	Ed Brown, Clinton	1:07.9
1954	John Fenlon, Clinton	1:05.8
1955	Charles Mitchell, Ottumwa	1:05.5
1956	Charles Mitchell, Ottumwa	1:03.1
<i>Mitchell set a NATIONAL RECORD (1:00.3) during regular season.</i>		
1957	Gary Longstreth, Muscatine.....	1:03.2
1958	Dave Sever, Des Moines, Lincoln.....	1:12.3
1959	Scott Reichardt, Des Moines, Roosevelt	1:11.6
1960	Ralph Bextine, Cedar Rapids, Washington	1:10.7
1961	Ralph Bextine, Cedar Rapids, Washington	1:07.2
1962	Ralph Bextine, Cedar Rapids, Washington	1:05.5
1963	Dennis Shippey, Davenport, West.....	1:04.8
1964	Bob Synhorst, Des Moines, Roosevelt	1:05.3
1965	Larry Stover, Clinton	1:03.1
1966	Frank Cownie, Des Moines, Roosevelt	1:07.0
1967	Bill Bergman, Cedar Rapids, Washington	1:04.6
1968	Dirk Hanson, Des Moines, Lincoln.....	1:03.8
1969	Dirk Hanson, Des Moines, Lincoln.....	1:01.90
1970	Chris Wilson, Cedar Rapids, Washington	1:01.90
1971	Steve Davis, Des Moines, Roosevelt.....	1:04.43
1972	Bob Vanderloo, Dubuque, Senior	1:03.67
1973	Bob Vanderloo, Dubuque, Senior	1:02.60
1974	Bob Vanderloo, Dubuque, Senior	1:02.21
1975	Steve Hugo, Mason City	1:00.34
1976	Steve Hugo, Mason City	1:00.44
1977	Dean Neff, Mason City.....	1:01.63
1978	Rich Rodenbeck, Bettendorf.....	1:02.55
1979	Rick Gilbertson, Cedar Rapids, Kennedy	1:00.94
1980	Paul Graettinger, Muscatine	:59.38
1981	Paul Graettinger, Muscatine	:59.26
1982	Paul Graettinger, Muscatine	:58.96
1983	Kurt Benson, Cedar Rapids, Washington	:58.69
1984	Tom Castro, Bettendorf.....	1:00.65
1985	Mike Lin, Iowa City, West.....	:59.82
1986	Mike Lin, Iowa City, West.....	:59.28
1987	Rick Hoffman, Dubuque, Senior	1:01.07
1988	Chris Cruise, Cedar Rapids, Washington	1:00.02
1989	Chris Cruise, Cedar Rapids, Washington	:57.26
1990	Tim Teeter, Charles City	1:01.21
1991	Tim Teeter, Charles City	:59.12

1992	Jeremy Meyer, Grinnell.....	1:00.34
1993	Tim Hansen, Des Moines, Hoover.....	:59.28
1994	Colin Luth, Lewis Central.....	:58.76
1995	Matt Hamer, Iowa City, City High.....	:59.59
1996	Ben Litton, Cedar Falls.....	:57.75
1997	Ben Litton, Cedar Falls.....	:58.28
1998	Ben Litton, Cedar Falls.....	:56.38
1999	Jon Koenig, Dubuque, Senior.....	:58.38
2000	Kiel Huston, Ankeny.....	:56.82
2001	Kiel Huston, Ankeny.....	:56.03
2002	Kiel Huston, Ankeny.....	:56.16
2003	Sean Osborne, Cedar Falls.....	:55.69
2004	Dan Harty, Ankeny.....	:58.36
2005	Dan Harty, Ankeny.....	:58.66
2006	Logan Frederick, Marshalltown.....	:59.31
2007	Alex Dragon, Muscatine.....	:57.86
2008	Andy White, Bettendorf.....	:58.83
2009	Joseph Gallet, Cedar Rapids, Washington.....	:59.05
2010	Colby Kubat, Dowling Catholic, W.D.M.....	:58.86
2011	Travis Greenwald, Muscatine.....	:58.55
2012	Travis Greenwald, Muscatine.....	:57.35
2013	Travis Greenwald, Muscatine.....	:56.46
2014	Justin Winnett, Johnston.....	:56.38
2015	Nick Staver, Pleasant Valley.....	:56.74
2016	Isaak Webb, Newton-Pella.....	:56.45
2017	Dalton Lillibridge, Ames.....	:57.87
2018	Forrest Frazier, Iowa City, City High.....	:54.16
2019	Forrest Frazier, Iowa City, City High.....	:55.17
2020	Forrest Frazier, Iowa City, City High.....	53.15
2021	Kohen Rankin, Sioux City Metro.....	:55.03

100-YARD BACKSTROKE CHAMPIONS

1937	Dick Westerfield, Cedar Rapids.....	1:02.1
1938	Jack Nichols, Newton.....	1:15.9
1939	Bob Newborn, Des Moines, North.....	1:09.4
1940	Bob Brumer, Clinton.....	1:06.9
1941	Doug Robison, Des Moines, North.....	1:06.2
1942	Doug Robison, Des Moines, North.....	1:05.0
1943	Al Stanley, Clinton.....	1:03.7
1944	Dick Maine, Des Moines, Roosevelt.....	1:04.9
1945	Dick Maine, Des Moines, Roosevelt.....	1:00.4
1946	Al Machael, Clinton.....	1:15.9
1947	Pat Cormick, Clinton.....	1:06.4
1948	Charles Hein, Clinton.....	1:07.9
1949	Dan Reece, Des Moines, North.....	1:05.2
1950	Carl Stonecipher, Des Moines, Roosevelt.....	1:08.3
1951	Ed Mullahey, Des Moines, Roosevelt.....	1:04.5
1952	Loren Braught, Des Moines, Roosevelt.....	1:02.6
1953	Bob Goodwin, Des Moines, Roosevelt.....	1:03.0
1954	Bob Goodwin, Des Moines, Roosevelt.....	1:01.0
1955	Herman Dierks, Clinton.....	1:04.8
1956	Herman Dierks, Clinton.....	1:06.3
1957	Homer Saltz, Muscatine.....	1:06.1
1958	Bill Lanning, Clinton.....	1:01.8
1959	Jeff Amsler, Sioux City, Central.....	1:02.2
1960	Cremin Benson, Sioux City, Central.....	1:01.0
1961	Joe Weir, Sioux City, Central.....	1:03.5
1962	Tom Throckmorton, Des Moines, Roosevelt.....	1:01.6

1963	Skip Jensen, Iowa City, University.....	:59.3
1964	Fred Hahn, Cedar Rapids, Washington.....	:58.4
1965	Steve Strauss, Cedar Rapids, Jefferson	:57.5
1966	Tom Proctor, Cedar Rapids, Washington.....	1:00.7
1967	Bob Morrison, Clinton	:58.5
1968	Doug Walrod, Davenport, Central.....	:58.9
1969	Doug Walrod, Davenport, Central.....	:57.2
1970	Doug Walrod, Davenport, Central.....	:56.74
1971	Bob Reinbold, Ames	:56.66
1972	Bob Reinbold, Ames	:55.54
1973	Bob Reinbold, Ames	:56.0
1974	Tom Lucas, Cedar Rapids, Washington.....	:57.60
1975	Doug Bovard, Mason City	:57.07
1976	Ron Perrington, Des Moines, Hoover.....	:57.24
1977	Tom Roemer, Bettendorf	:55.19
1978	Tom Roemer, Bettendorf	:52.75
1979	Tom Roemer, Bettendorf	:51.85
1980	Dave Ross, Waterloo, East.....	:54.40
1981	Scott Etnyre, Cedar Rapids, Kennedy.....	:54.23
1982	John Kimber, Cedar Rapids, Washington	:54.48
1983	Mark Stori, Bettendorf.....	:54.91
1984	Eric Hansen, Sioux City, East.....	:54.16
1985	Peter Gruben, Dubuque, Senior	:53.10
1986	Peter Gruben, Dubuque, Senior	:53.32
1987	Mike Johnson, Ankeny.....	:53.47
1988	Chip Reed, Dubuque, Hempstead.....	:54.59
1989	Tim De Boom, Cedar Rapids, Washington.....	:55.28
1990	Mark McDermott, Cedar Rapids, Washington	:54.50
1991	Jory Blauer, Decorah	:52.70
1992	Mariusz Siembida, Cedar Rapids, Washington	:51.60
1993	Jory Blauer, Decorah	:51.11
1994	Justin Clossen, Linn-Mar, Marion	:51.33
1995	Tyler Lucht, Dowling, West Des Moines.....	:54.47
1996	Cody Dakan, Ames	:53.63
1997	Zach Ferguson, Dowling Catholic, W.D.M.....	:53.39
1998	Zach Ferguson, Dowling Catholic, W.D.M.....	:51.47
1999	Zach Ferguson, Dowling Catholic, W.D.M.....	:50.65
2000	Andrew VanMeter, Ames	:50.78
2001	Andrew VanMeter, Ames	:49.71
2002	Andrew VanMeter, Ames	:49.18
2003	Andrew VanMeter, Ames	:48.83
2004	Nick Cordes, Cedar Falls.....	:52.60
2005	Nick Cordes, Cedar Falls.....	:51.29
2006	Nick Cordes, Cedar Falls.....	:50.28
2007	Nick Cordes, Cedar Falls	:49.90
2008	John Gayton, Bettendorf.....	:53.25
2009	Ben Utesch, Ames	:51.11
2010	Dustin Rhoads, Ames	:49.63
2011	Austin Abbas, Cedar Falls	:51.35
2012	Matt Boyd, Clinton.....	:51.06
2013	Alex Walton, Muscatine	:50.34
2014	Alex Walton, Muscatine	:50.59
2015	Alex Walton, Muscatine	:49.18
2016	Nick Saulnier, Cedar Rapids, Washington	:49.54
2017	Caleb Aman, Bettendorf.....	: 50.89
2018	Nick Chase, Dowling Catholic, W.D.M.....	:49.48
2019	Nick Chase, Dowling Catholic, W.D.M.....	50.10
2020	James Pinter, Iowa City, West.....	50.01
2021	Aiden Carstensen, Linn-Mar, Marion.....	49.83

100-YARD BUTTERFLY CHAMPIONS

1958	Gary Longstreth, Muscatine.....	1:02.2
1959	Gary Longstreth, Muscatine.....	:59.5
1960	Gary Longstreth, Muscatine.....	:57.7
1961	Ed Burkhalter, Cedar Rapids, Washington.....	:59.4
1962	Dan Jeffries, Clinton.....	:58.3
1963	Phil Schrader, Des Moines, Roosevelt.....	:58.8
1964	Jim Halpin, Cedar Rapids, Washington.....	:57.0
1965	Jim Halpin, Cedar Rapids, Washington.....	:53.6
1966	Jim Halpin, Cedar Rapids, Washington.....	:53.5
1967	Jim Vining, Clinton.....	:54.5
1968	Dave Carrithers, Cedar Rapids, Washington.....	:55.7
1969	Jim Bell, Cedar Rapids, Washington.....	:54.3
1970	Jim Bell, Cedar Rapids, Washington.....	:52.58
1971	Ben Taylor, Cedar Rapids, Washington.....	:53.40
1972	Ben Taylor, Cedar Rapids, Washington.....	:52.63
1973	Ben Taylor, Cedar Rapids, Washington.....	:53.0
1974	Drew Walden, Cedar Falls, Northern University High.....	:53.04
1975	Drew Walden, Cedar Falls, Northern University High.....	:51.81
1976	Phil Lenzen, Cedar Rapids, Washington.....	:52.94
1977	Charlie Roberts, Bettendorf.....	:52.49
1978	Charlie Roberts, Bettendorf.....	:51.40
1979	Gary Peterson Mason City.....	:52.67
1980	John Kimber, Cedar Rapids, Washington.....	:52.92
1981	Scott Etnyre, Cedar Rapids, Kennedy.....	:52.34
1982	John Kimber, Cedar Rapids, Washington.....	:50.92
1983	Kim Patrick, Dubuque, Senior.....	:52.00
1984	Tad Calkins, Valley, West Des Moines.....	:51.74
1985	Craig Oppel, Valley, West Des Moines.....	:49.13
1986	Mike Johnson, Ankeny.....	:51.26
1987	Mike Johnson, Ankeny.....	:50.40
1988	Mike Johnson, Ankeny.....	:49.63
1989	Boris Bachmann, Ames.....	:50.89
1990	Jim Lin, Iowa City, West.....	:52.36
1991	Tory Hartwig, Bettendorf.....	:52.31
1992	Justin Clossen, Linn-Mar, Marion.....	:51.92
1993	Justin Clossen, Linn-Mar, Marion.....	:50.82
1994	Justin Clossen, Linn-Mar, Marion.....	:50.72
1995	Matt Hudson, Davenport, West.....	:51.97
1996	Lovrenco Franicevic, Ames.....	:51.64
1997	Ian Renner-Arjes, Bettendorf.....	:50.29
1998	Ian Renner-Arjes, Bettendorf.....	:51.09
1999	Nate Billups, Bettendorf.....	:51.26
2000	Andrew VanMeter, Ames.....	:50.11
2001	Andrew VanMeter, Ames.....	:48.83
2002	Andrew VanMeter, Ames.....	:49.00
2003	Andrew VanMeter, Ames.....	:48.58
2004	Charlie Cunnick, Davenport Central.....	:48.96
2005	James Dragon, Muscatine.....	:50.63
2006	Zack Bartholomew, Pleasant Valley.....	:50.23
2007	Zack Bartholomew, Pleasant Valley.....	:49.78
2008	Zack Bartholomew, Pleasant Valley.....	:49.72
2009	Mitch Taylor, Johnston.....	:50.67
2010	Dustin Rhoads, Ames.....	:49.73
2011	Tyler Calegan, Muscatine.....	:50.50
2012	Max Ward, Des Moines, Roosevelt.....	:50.75
2013	RJ Hemmingsen, Lewis Central.....	:50.25
2014	RJ Hemmingsen, Lewis Central.....	:47.84

2015	Jared Thorson, Cedar Rapids, Washington	:50.56
2016	Josh Waltman, Waukee	:50.01
2017	Jackson Kuhlers, Waukee	:50.11
2018	Forrest Frazier, Iowa City, City High	:49.10
2019	Izaak Hajek, Iowa City, West	:49.45
2020	Andrew Reiter, Waukee	:48.93
2021	Andrew Reiter, Waukee	:48.68

120-YARD INDIVIDUAL MEDLEY CHAMPIONS

1949	Paul Slack, Des Moines, North	1:19.2
1950	Paul Slack, Des Moines, North	1:16.4
<i>Slack set a NATIONAL RECORD of 1:15.8 during the regular season.</i>		
1951	Dale Lucas, Des Moines, North	1:17.1
1952	Loren Braught, Des Moines, Roosevelt	1:15.3
1953	Ed Brown, Clinton	1:18.7
1954	Ed Brown, Clinton	1:14.3
1955	Charles Mitchell, Ottumwa	1:15.8

150-YARD INDIVIDUAL MEDLEY CHAMPIONS

1956	Charles Mitchell, Ottumwa	1:37.9
1957	Ronald McDevitt, Clinton	1:38.0
1958	Ronald McDevitt, Clinton	1:33.4
1959	Gary Longstreth, Muscatine	1:34.8

200-YARD INDIVIDUAL MEDLEY CHAMPIONS

1960	Gary Longstreth, Muscatine	2:17.1
1961	Ralph Bextine, Cedar Rapids, Washington	2:16.4
1962	Brian Percival, Des Moines, Lincoln	2:13.4
1963	Brian Percival, Des Moines, Lincoln	2:13.6
1964	Steve Strauss, Cedar Rapids, Jefferson	2:09.0
1965	Steve Strauss, Cedar Rapids, Jefferson	2:11.3
1966	Marty Strasburger, Cedar Rapids, Washington	2:11.1
1967	Mike Sandy, Cedar Rapids, Washington	2:09.7
1968	Robbie Cook, Cedar Rapids, Washington	2:05.3
1969	Dirk Hanson, Des Moines, Lincoln	2:03.8
1970	Chris Wilson, Cedar Rapids, Washington	2:03.91
1971	Ben Taylor, Cedar Rapids, Washington	2:05.26
1972	Ben Taylor, Cedar Rapids, Washington	2:02.69
1973	Bob Reinbold, Ames	2:00.6
1974	Dan Schmidt, Davenport, Central	2:10.44
1975	Dan Schmidt, Davenport, Central	2:03.86
1976	Steve Hugo, Mason City	2:00.90
1977	Tom LeBuhn, Cedar Rapids, Washington	2:01.43
1978	Tom Roemer, Bettendorf	1:53.85
1979	Tom Roemer, Bettendorf	1:52.92
1980	Rick Gilbertson, Cedar Rapids, Kennedy	1:55.49
1981	Rick Gilbertson, Cedar Rapids, Kennedy	1:54.18
1982	Dan Carlson, Mason City	1:56.68
1983	Kurt Benson, Cedar Rapids, Washington	1:54.78
1984	Tad Calkins, Valley, West Des Moines	1:54.59
1985	Brad Axel, Muscatine	1:56.38
1986	Mike Lin, Iowa City, West	1:54.61
1987	Chris Beckwith, Bettendorf	1:55.80
1988	Scott Paulson, Des Moines, Roosevelt	1:57.16
1989	Brad Gaeth, Southeast Polk	1:57.05

1990	Jim Lin, Iowa City, West.....	1:57.58
1991	Matt Brown, Fort Dodge.....	1:55.76
1992	Mariusz Siembida, Cedar Rapids, Washington.....	1:55.23
1993	Jory Blauer, Decorah.....	1:53.62
1994	Mike Zimmerman, Iowa City, West.....	1:53.96
1995	Jason Lathrum, Indianola.....	1:54.78
1996	Jason Lathrum, Indianola.....	1:52.35
1997	Jason Lathrum, Indianola.....	1:51.35
1998	Dan Patee, Sioux City, East.....	1:53.73
1999	Jason Snider, Valley, West Des Moines.....	1:51.43
2000	Jason Snider, Valley, West Des Moines.....	1:50.84
2001	Kiel Huston, Ankeny.....	1:52.86
2002	Kiel Huston, Ankeny.....	1:52.33
2003	Sean Osborne, Cedar Falls.....	1:50.29
2004	Seth Wessels, Cedar Falls.....	1:53.73
2005	James Dragon, Muscatine.....	1:53.85
2006	Seth Wessels, Cedar Falls.....	1:52.80
2007	Alex Dragon, Muscatine.....	1:53.22
2008	John Gayton, Bettendorf.....	1:56.93
2009	Donny Warren, Dubuque, Hempstead.....	1:53.94
2010	Colby Kubat, Dowling Catholic, W.D.M.....	1:54.02
2011	Haden Calegan, Muscatine.....	1:53.06
2012	Matt Boyd, Clinton.....	1:53.50
2013	Haden Calegan, Muscatine.....	1:51.48
2014	Alex Walton, Muscatine.....	1:53.47
2015	Alex Walton, Muscatine.....	1:49.20
2016	Mark McGlaughlin, Iowa City, West.....	1:46.91
2017	Caleb Aman, Bettendorf.....	1:49.43
2018	Caleb Aman, Bettendorf.....	1:50.49
2019	Cameron Linder, Waukee.....	1:51.11
2020	Forrest Frazier, Iowa City, City High.....	1:45.96
2021	Andrew Reiter, Waukee.....	1:47.79

160-YARD FREESTYLE RELAY CHAMPIONS

1937	Event not contested	
1938	DM North (swimmer's names not reported).....	1:24.6
1939	DM Roosevelt (Fred Gilbert-Bill Widdup-Sid Craiger-Dick Misner).....	1:22.0
1940	DM Roosevelt (Elmer Younger-Jack Baker-Al Rawson-Ray Mulhern).....	1:20.3
1941	DM Roosevelt (Jack Baker-Al Rawson-Dutton-McCoy).....	1:21.3
1942	DM Roosevelt (Jack Wooden-Jim Alexander-Ralph Katz-Ed Hunter).....	1:22.9
1943	Clinton (Chester Cole-Russ McCreery-Wayne Cady-William Olson).....	1:20.2
1944	DM Roosevelt (Ralph Katz-Wayne Humphrey-Bruce Bennett-Jim Dickerson).....	1:17.0
	<i>Set a NATIONAL RECORD (1:15.0) during regular season.</i>	
1945	DM Roosevelt (Bob Coffman-Harold Stevens-Bill Hornaday-Tom Moore).....	1:21.4
1946	Clinton (Pat Cormick-Gene Hood-Ken Lahm-Paul Brieske).....	1:20.0
1947	Clinton (Gene Hood-Paul Brieske-Pat Cormick-Ken Lahm).....	1:19.6
1948	Clinton (Bert Doyne-Gene Hood-Dave Holleran-Robert Jorgensen).....	1:20.1
1949	Clinton (Dave Holleran-James McComb-Maurie McCullen-Bob Purcell).....	1:19.7
1950	Clinton (Dave Holleran-Maurie McCullen-Bert Winterbottem-Bud Higgins).....	1:20.1
1951	Clinton (Bob Hollowell-Maurie McCullen-Bill Bugbee-Bert Winterbottem).....	1:19.3
1952	Des Moines, Roosevelt (Alan Maris-McConachie-Johnson-Berry).....	1:18.1
1953	Des Moines, Roosevelt (Bob Mercer-John Bridgeman-Scott Smith-Alan Maris).....	1:21.2
1954	Des Moines, Roosevelt (John Bridgeman-Scott Smith-Jim Schnell-Harrie Shearer).....	1:19.2
1955	Des Moines, Roosevelt (Fred Bookey-Bill Niemann-Tom Lucan-Jim Ballou).....	1:17.2

200-YARD FREESTYLE RELAY CHAMPIONS

1956	(Tie) Des Moines, Lincoln (Bob Lozier-Pete Abbott-Don Freeman-Charles Abbott) & Des Moines, Roosevelt (Dick Shepler-Hopkins-Mort Bookey-Jim Ballou).....	1:42.6
1957	Des Moines, Roosevelt (Dave Dwyer-Dick Shepler-Tom Hickerson-Garrett Maris).....	1:40.6
1958	Des Moines, Roosevelt (John Galloway-Dave Dwyer-Dick Shepler-Tom Hickerson).....	1:39.1
1959	Sioux City, Central (Neal Hyink-Larry Boe-Cremin Benson-Joe Weir)	1:36.7
1960	Muscatine (Dave Glidden-Homer Saltz-Doug Felton-Ron Schmarje).....	1:37.1
1961	Sioux City, Central (Ron Wayman-Randy Bricker-Joe Weir-Ron Gabrielson).....	1:35.3
1962	Clinton (Myron Sander-Doug Dawson-Ed Kearney-Charles Lentz).....	1:35.8
1963	Clinton (Marty Morris-Trainor Critz-Tom Meyer-Charles Lentz).....	1:33.3
1964	Cedar Rapids, Washington (Ken Krizan-Tom Sage-Marty Strasburger-Greg Sieh).....	1:32.1
1965	Cedar Rapids, Washington (Ken Krizan-Al Carr-Jim Halpin-Marty Strassburger).....	1:30.4
1966-90	Event Not Contested	
1991	Mason City (Bill Toelke-Erik Harris-Gus Skarlis-Matthew Root)	1:27.94
1992	Pleasant Valley (Shawn Dassie-Justin Lane-Kirk Moeller-Mike Griggs).....	1:26.81
1993	Dowling Catholic, W.D.M. (Billy Roth-Andy Eckerman-Marc Willis-Chris Eckerman)	1:28.17
1994	Cedar Rapids, Washington (Brian Aiels-Jon Strother-Brennan Cleveland-Ryan Strauss).....	1:28.29
1995	Cedar Rapids, Washington (Jon Strother-Brian Aiels-Luke Grafft-Ryan Strauss).....	1:27.65
1996	Cedar Rapids, Washington (Jon Strother-Brent Morgan-Luke Grafft-Allyn Secor)	1:26.06
1997	Cedar Rapids, Washington (Allyn Secor-Colin Hanrahan-Mack Jilek-Jon Strother)	1:25.29
1998	Urbandale (Doug Owen-Jared Jablonski-Matt Kroeger-Mike Hicklin).....	1:26.87
1999	Bettendorf (Grant Parrish-Ryan McAnally-Martin Stonebreaker-Ian Renner-Arjes)	1:26.87
2000	Valley, West Des Moines (Jason Snider-Bryan Rowland-Richard Wolf-Nate Zittergruen).....	1:25.51
2001	Valley, West Des Moines (Bryan Rowland-Nate Welling-Peter Mercuris-Richard Wolf).....	1:25.67
2002	Mason City (Tom Hardy-Derek-Duffy-Mark-Guetzko-Jack-Powell)	1:25.53
2003	Dowling Catholic, W.D.M. (Jimmy Sourbeer-Ted Riesenberger-Jeff Kubat-Jimmer Dorweiler)....	1:27.23
2004	Cedar Falls (Nick Cordes-Alex Stone-Sam Backstrom-Jordan Wessels).....	1:26.17
2005	Cedar Falls (Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels)	1:26.03
2006	Cedar Falls (Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels).....	1:24.58
2007	Bettendorf (Alex Clark-John Alves-Jacob Hemberger-Kyle Green)	1:26.32
2008	Cedar Rapids, Washington (Christopher Emery-Banning Young-John Sevier-Ryan Phelan) ...	1:26.47
2009	Cedar Rapids, Washington (John Sevier-Joseph Gallet-Will McCartan-Banning Young).....	1:25.90
2010	Cedar Falls (Jon Baker-Garrett Moses-Josh Sund-Austin Abbas).....	1:26.47
2011	Dubuque, Senior (Josh-Gill-Alex Duster-Connor Huff-Tate Forsyth).....	1:25.35
2012	Muscatine (Travis Greenwald-Kris Treiber-Trent Jackson-Tate-Jackson).....	1:26.45
2013	Dubuque, Senior (Josh Gill-Alex Duster-James Daughters-Justin Yuan).....	1:23.99
2014	Iowa City, West (Oliver Martin-Will Scott-Carson Miller-Aidan Keen).....	1:25.46
2015	Iowa City, West (Will Scott-Matt Anderson-Oliver Martin-Aidan Keen).....	1:24.75
2016	Iowa City, West (Mark McGlaughlin-Aidan Keen-Oliver-Martin-Will Scott).....	1:22.55
2017	Johnston (Alex Overton, Scott Lair, Grant Lair, Grant Fuhr).....	1:25.41
2018	Bettendorf (Charlie Bunn-Luke Nickles-Andrew Ottavianelli-Caleb Aman)	1:24.82
2019	Bettendorf (Andrew Ottavianelli-Luke Nickles-Sam Mitvalsky-Charlie Bunn).....	1:23.56
2020	Bettendorf (Sam Mitvalsky, Noah Mitvalsky, Alex Stone, Charlie Bunn)	1:23.18
2021	Ankeny (Trent Frandson, Will Bennett, Owen Schwebach, Lance Swanepoel).....	1:24.11

400-YARD FREESTYLE RELAY CHAMPIONS

1966	Clinton (Steve Joens-Matt Wolfe-Jim Vining-Dave Dean).....	3:26.4
1967	Cedar Rapids, Washington (John Beusch-Doug Barr-Mike Sandy-Tim Krizan).....	3:27.0
1968	Davenport, West (Blaine Kock-Dan Matheson-John Rogers-Ken Martens).....	3:31.5
1969	Davenport, West (Warren Wilson-John Rogers-Blaine Kock-Ken Martens).....	3:26.2
1970	Muscatine (Dave Reusswig-Brad Titus-Chuck Havemann-Den Blackwood).....	3:26.11
1971	Cedar Falls (Jeff Eaton-Steve Rowe-Jeff Webb-Jon Mixdorf)	3:25.08
1972	Cedar Rapids, Washington (John Koch-Stu Lenzen-John Little-Ben Taylor).....	3:19.77
1973	Cedar Rapids, Washington (Stu Lenzen-Steve Shean-Jon Huston-Ben Taylor)	3:19.40
1974	Ames (Mark Barnett-Steve Pier-Maury Johnson-Dexter MacBride)	3:19.38
1975	Ames (Maury Johnson-Mike Stoops-Randy Fitzgerald-Eric Johnson)	3:17.49
1976	Des Moines, Roosevelt (Tim Hoffman-Dan McBride-David Lynch-Dave Everett).....	3:15.58
1977	Des Moines, Roosevelt (Tim Hoffman-Tom Barr-Dan Bartlett-Dave Everett).....	3:15.58
1978	Mason City (Bob Peterson-Dave Weber-Charlie Hugo-Mike Brown).....	3:18.06

1979	Bettendorf (Steve Rodenbeck-Warren Tunwall-Eric Syverud-Tom Roemer)	3:17.60
1980	Bettendorf (Steve Rodenbeck-Joe Picchiotti-Eric Syverud-Scott Allen)	3:16.35
1981	Cedar Rapids, Kennedy (Scott Etnyre-Scott Irish-Ritch Madlom-Rick Gilbertson).....	3:13.26
1982	Ames (Scott Robinson-Robert Burger-Brad Danofsky-Chris Richard)	3:12.83
1983	Muscatine (Brad Axel-Fred Colony-Alan McKillip-John Sayles)	3:14.16
1984	Muscatine (Fred Colony-Ward Massey-Alan McKillip-John Sayles).....	3:13.57
1985	Valley, West Des Moines (Steve Nelson-Tom Delay-Jeb Barmish-Craig Oppel).....	3:15.49
1986	Bettendorf (Chris Beckwith-Mark Amyette-Mike Gottlieb-Ken Atkinson)	3:13.84
1987	Valley, West Des Moines (Steve Nelson-Steve Smits-Drew Smith-Mike Harris)	3:13.78
1988	Valley, West Des Moines (John Weber-Steve Smits-Drew Smith-Mike Harris).....	3:11.87
1989	Cedar Rapids, Washington (J.P. Bickel-Anthony Johnson-Jemahl Roland-Rich Mitvalsky)	3:11.36
1990	Mason City (Matt Johnson-Gus Skarlis-Bill Toelke-Matt Root)	3:13.83
1991	Cedar Falls (David Mason-Joe Mason-Jeff Whitt-Dan Ross)	3:16.85
1992	Cedar Rapids, Washington (Karl Lippisch-Tomasz Piotrowski-John Olinger-Mariusz Siembida)...	3:14.55
1993	Cedar Falls (Joe Mason-Jed Fogdall-Dan Ross-Chris Courts).....	3:12.50
1994	Iowa City, City (Kamden Draper-John Herr-Victor Sosa-Jacob Everhart)	3:13.38
1995	Ames (Joe Fisher-Cody Dakan-Nathan Terry-Jeff Fisher).....	3:12.54
1996	Ames (Nathan Terry-Cody Dakan-Jeff Fisher-Lovrenco Franicevic)	3:11.54
1997	Bettendorf (Ian Renner-Arjes-Josh Morehouse-Osmar Godoi-John Lonergan)	3:10.17
1998	Muscatine (Travis Lee-Josh Havemann-Brian Radtke-Pat Fuller).....	3:10.58
1999	Bettendorf (Mike Lonergan-Nate Billups-Martin Stonebreaker-Ian Renner-Arjes)	3:10.47
2000	Dowling Catholic, W.D.M. (Josh Otis-Jimmer Dorweiler-Johnny Sourbeer-Zach Ferguson)	3:09.56
2001	Dowling Catholic, W.D.M. (Matt Bzdega-Jimmer Dorweiler-Adam Mitchell-Josh Otis)	3:08.11
2002	Dowling Catholic, W.D.M. (Adam Mitchell-Jimmer-Dorweiler-Johnny Sourbeer-Josh Otis).....	3:05.87
2003	Dowling Catholic, W.D.M. (Jimmy Sourbeer-Fred Nesbit-Jeff Kubat-Jimmer Dorweiler)	3:09.13
2004	Cedar Falls (Seth Wessels-Sam Backstrom-Raymond Holz-Jordan Wessels).....	3:12.29
2005	Cedar Falls (Seth Wessels-Aaron Zander-Raymond Holz-Jordan Wessels)	3:13.19
2006	Cedar Falls (Seth Wessels-Tyler Verink-Aaron Zander-Alex Stone)	3:11.38
2007	Bettendorf (Alex Clark-James Barber-John Gayton-Kyle Green)	3:12.49
2008	Pleasant Valley (Will Horvat-John Beck-Jared Damman-Zack Bartholomew).....	3:11.98
2009	Dubuque, Senior (Andrew Peter-Eric Ferring-Mark-Ross-Jordan Huff).....	3:08.44
2010	Valley, West Des Moines (Jim Skoumal-Nate Harris-Charlie Hogan-Ian Conte)	3:09.27
2011	Cedar Falls (Austin Abbas-Jon Baker-Gabe Langner-Josh Sund)	3:09.85
2012	Dowling Catholic, W.D.M. (Ben Severino-Nate Tystahl-Alek Martin-Jonathan Fiepke).....	3:09.04
2013	Dowling Catholic, W.D.M. (Ben Severino-Spencer Clark-John Carmody-Jonathan Fiepke)	3:09.44
2014	Iowa City, West (Aidan Keen-Will Scott-Matt Anderson-Mark McGlaughlin).....	3:08.43
2015	Iowa City, West (Mark McGlaughlin-Oliver Martin-Will Scott-Aidan Keen)	3:02.98
2016	Iowa City, West (Mark McGlaughlin-Aidan Keen-Oliver Martin-Will Scott)	3:03.18
2017	Johnston (Grant Fuhr, Scott Lair, Grant Lair, Alex Overton).....	3:07.62
2018	Valley, West Des Moines (Gregg Lichinsky-Evan Porter-Casey Bach-Jacob Keller).....	3:06.87
2019	Bettendorf (Andrew Ottavianelli-Luke Nickles-Alex Stone-Charlie Bunn).....	3:05.10
2020	Bettendorf (Sam Mitvalsky, Noah Mitvalsky, Alex Stone, Charlie Bunn)	3:02.38
2021	Ankeny (Trent Frandson, Will Bennett, Brek Stukerjurgan, Lance Swanepoel)	3:04.22

180-YARD MEDLEY RELAY CHAMPIONS

1937	Cedar Rapids (names of swimmers not available).....	1:48.3
1938	Des Moines, North (names of swimmers not available).....	1:48.3
1939	Des Moines Roosevelt (Tom O'Connor-Bill Freeman-Dick Darby)	1:48.5
1940	Clinton (Bob Brumer-Hubert Norman-Jim Piatt)	1:44.8
1941	Clinton (Bob Brumer-Hubert Norman-Del Norman)	1:46.3
	Same trio established a NATIONAL RECORD (1:40.7) during regular season.	
1942	Clinton (Al Stanley-Del Norman-Jim Piatt)	1:43.4
1943	Des Moines, Roosevelt (names of swimmers not available).....	1:45.0
1944	Des Moines, North (Don Paul-Dick Keith-Dick Bloomberg)	1:42.3
1945	Des Moines, Roosevelt (Bob Wyant-Chuck Cownie-Terry Williams).....	1:46.8
	Same trio established a NATIONAL RECORD (1:37.3) during regular season.	
1946	Clinton (Albert Machael-Richard Lake-Ken Lahm).....	1:47.3
1947	Des Moines, Roosevelt (names of swimmers not available).....	1:48.4

1948	Clinton (Robert Niebuhr-Charles Hein-Willard Foster).....	1:49.0
1949	Clinton (Richard Coe-Merle Ruch-Norbert Jorgensen).....	1:45.7
1950	Boone (Jerry Smith-Bob Dahl-Bob Jensen).....	1:45.9
1951	Des Moines, North (Don Werner-Bob Sharp-Dale Lucas).....	1:44.0
1952	Clinton (Gene Guidebeck-Howard Judd-Bill Bugbee).....	1:44.9
1953	Des Moines, Roosevelt (Jay Ryan-Tom Hoffman-Dave White).....	1:43.7
1954	Clinton (Gene Guidebeck-John Fenlon-Dave Zentner).....	1:42.6
1955	Clinton (Herman Dierks-Bill Limbrecht-Bob Holleran).....	1:46.7

200-YARD MEDLEY RELAY CHAMPIONS

1956	Des Moines, Roosevelt (Dean Ellis-Mike Graham-Tyler Marshall-Tom Thayer).....	1:55.5
1957	Des Moines, Roosevelt (Mike McBride-Tyler Marshall-Tom Thayer-Bill White).....	1:54.0
1958	Clinton (Bill Lanning-Bill Limbrecht-Bill Gorman-Jack Miller).....	1:52.9
1959	Des Moines, Roosevelt (John Brown-Scott Reichardt-Chuck Corwin-Garritt Maris).....	1:51.0
1960	Cedar Rapids, Washington (Dave Topinka-Bob Gates-Ed Burkhalter-John Ruml).....	1:52.5
1961	Cedar Rapids, Washington (Jim Peterson-Dennis Krizan-Ed Burkhalter-John Ruml).....	1:51.9
1962	(tie) Des Moines, Roosevelt (Tom Throckmorton-Don Tesdell-Jeff Gallagher-Ken Hickerson) & Clinton (John Hamstra-Mike Eckman-Trainor Critz-Ron Huelse).....	1:50.0
1963	Des Moines, Roosevelt (Tom Throckmorton-Bob Synhorst-Bill Schroeder-Dave Scott).....	1:46.8
1964	Cedar Rapids, Washington (Fred Hahn-Tom Owens-Jim Halpin-Greg Sieh).....	1:44.5
1965	Cedar Rapids, Washington (Fred Hahn-Tom Owens-Ted Welch-Al Carr).....	1:42.4
1966	Cedar Rapids, Washington (Tom Proctor-Bill Bergman-Jim Halpin-Tim Krizan).....	1:43.4
1967	Cedar Rapids, Washington (Tom Proctor-Bill Bergman-Scott Thompson-Doug Barr).....	1:43.9
1968	Cedar Rapids, Washington (Tom Proctor-Jim Bell-Chris Wilson-Bruce Dixon).....	1:43.2
1969	Cedar Rapids, Washington (Robbie McKay-Steve Reeder-Jim Bell-Nick Gearhart).....	1:45.0
1970	Cedar Rapids, Washington (Robbie McKay-Steve Reeder-Jim Bell-Kevin Spratt).....	1:42.92
1971	Cedar Rapids, Washington (Robbie McKay-Warren Smith-Mike Stodola-John Hunting).....	1:44.62
1972	Davenport, West (Brad Porter-Joe Burbridge-Ralph Mundt-Mark Christensen).....	1:43.11
1973	Des Moines, Roosevelt (Randy Atess-Ward Klein-Randy Jones-Jim Crispon).....	1:43.0
1974	Cedar Rapids, Washington (Dave Crites-Brian Mykleby-Jim Williams-Jeff Henry).....	1:44.18
1975	Mason City (Doug Bovard-Scott Bovard-Dean Neff-Don Wilson).....	1:42.82
1976	Mason City (Gary Peterson-Dean Neff-Steve Bovard-Don Wilson).....	1:42.50
1977	Bettendorf (Tom Roemer-Rich Rodenbeck-Charlie Roberts-Tom Waterman).....	1:40.54

(Swam a then-record 1:39.90 in prelims)

1978	Bettendorf (Tom Roemer-Rich Rodenbeck-Scott White-Tony Scott).....	1:40.83
1979	Mason City (Troy Blodgett-Stu Nelson-Gary Peterson-Mike Clough).....	1:41.22
1980	Valley, W.D.M. (Feisal Sayeed-Paul Hibbs-Todd Rogers-Brian Clark).....	1:41.17
1981	Bettendorf (Kelly Allen-Steve Castro-Jim Waterman-Eric Evans).....	1:40.23
1982	Cedar Rapids, Washington (George Purdie-Kurt Benson-John Kimber-Steve Fleischer).....	1:38.69
1983	Cedar Rapids, Washington (Bruce LeBuhn-Kurt Benson-John Fogarty-Brad Danielson).....	1:37.72
1984	Dubuque, Senior (Peter Gruben-Doug Christiansen-Den Bennett-Brian Hanner).....	1:38.45
1985	Cedar Rapids, Washington (Bruce LeBuhn-Sean McGowan-David Murray-David Glandon)....	1:40.09
1986	Cedar Rapids, Washington (Tony DeBoom-Sean McGowan-David Murray-Andy McIntosh)....	1:37.65
1987	Dubuque, Senior (Mike Moes-Rick Hoffman-Ryan Gill-Tom Forsyth).....	1:38.64
1988	Cedar Rapids, Washington (Mark McDermott-Chris Cruise-Jemahl Roland-Anthony Johnson)..	1:37.60
1989	Cedar Rapids, Washington (Tim DeBoom-Chris Cruise-Jemahl Roland-Rich Mitvalsky).....	1:34.57
1990	Cedar Rapids, Washington (Mark McDermott-Carter Meredith-Robb Rudd-Eric Brown).....	1:39.38
1991	Mason City (Erik Harris-Ben Buren-Matthew Root-Jim Skarlis).....	1:40.51
1992	Cedar Rapids, Washington (Mariusz Siembida-Karl Lippisch-Darin Harden-Mark Aiels).....	1:38.31
1993	Waterloo, West (Seth Shepard-Ian River-Marc River-Michael Dierks).....	1:38.15
1994	Cedar Rapids, Washington (Ty Olson-Luke Grafft-Jon Strother-Ryan Strauss).....	1:37.98
1995	Cedar Rapids, Washington (Mack Jilek-Luke Grafft-Jon Strother-Ryan Strauss).....	1:37.25
1996	Cedar Rapids, Washington (Mack Jilek-Luke Grafft-Jon Strother-Allyn Secor).....	1:36.36
1997	Cedar Rapids, Washington (Mack Jilek-Clay Grafft-Jon Strother-Colin Hanrahan).....	1:35.97
1998	Cedar Falls (Seth Bockes-Adam Noelting-Ben Litton-Nick Jorgensen).....	1:34.62
1999	Dubuque, Senior (Chris Oberhoffer-Luke Johnson-Jon Koenig-Ryan Gavin).....	1:36.23
2000	Valley, West Des Moines (Jason Snider-Nathan Welling-Mike Mosher-Nate Zittergruen).....	1:36.55

2001	Mason City (Derek Duffy-Paul Murray-Jack Powell-Tom Hardy)	1:36.21
2002	Ames (Andrew VanMeter-Michael Eggert-Michael Peterson-Tony Borich)	1:34.68
2003	Ames (Andrew VanMeter-Bobby Sundvold-Michael Eggert-Tommy Strehlow).....	1:35.44
2004	Cedar Rapids, Washington (Nick Basile-B.J. Kolsrud-Joe Taylor-Andrew Visser).....	1:36.24
2005	Ames (Bobby Sundvold-Josh Peterson-Joe Wiedemeier-Tommy Strehlow).....	1:36.01
2006	Cedar Falls (Nick Cordes-Jordan Wessels-Seth Wessels-Alex Stone)	1:33.56
2007	Muscatine (Max Dittmer-Alex Dragon-David Mead-Bart Howard)	1:35.04
2008	Bettendorf (John Gayton-Jon Alves-Andy White-Jake Hemberger).....	1:36.60
2009	Cedar Rapids, Washington (Ian Ford-Joseph Gallet-Will McCartan-John Sevier)	1:35.65
2010	Ames (Dustin Rhoads-Taylor Kutchen-John Hagen-Sam Wiedemeier)	1:34.33
2011	Muscatine (Haden Calegan-Travis Greenwald-Tyler Calegan-Paul Jindrich)	1:35.17
2012	Muscatine (Alex Walton-Travis Greenwald-Tate Jackson-Kris Treiber)	1:35.26
2013	Muscatine (Alex Walton-Michael Sovers-Travis Greenwald-Matt Krueger).....	1:35.24
2014	Iowa City, West (Mark McGlaughlin-Matt Anderson-Carson Miller-Oliver Martin).....	1:35.94
2015	Iowa City, West (Mark McGlaughlin-Matt Anderson-Oliver Martin-Will Scott)	1:33.39
2016	Dubuque, Senior (John Colin-Andrew Breitfelder-Jacob Hansen-Brandon Sindt)	1:34.03
2017	Bettendorf (Caleb Aman, Ryan Schade, Ben Luppen, Zach Bunn).....	1:34.08
2018	Ames (Ethan Johnson-Dalton Lillibridge-Misho Mahrous-Nick Matthews)	1:33.83
2019	Dowling Catholic, W.D.M. (Nick Chase-Jerry Xu-Gage Agnew-John Culver)	1:32.67
2020	Iowa City, City High (Caleb Coons, Forrest Frazier, Issac Weigel, Bryce Edens).....	1:31.58
2021	Iowa City, West (Boyd Skelley, Jordan Christensen, Holden Carter, Luke Nichols)	1:32.24

STATE MEET EVENT CHAMPIONS SUMMARY SINCE 1937

Ten Iowa high schools gathered in fall of 1936 for an informal "state competition." It was then decided that the first IHSAA sponsored State Meet was to be September 18, 1937 with no team scores being kept. Following the competition, it was decided to hold the State Meet during the winter months rather than the fall. Thus, the next IHSAA sponsored State Meet and first team scored State Meet was held in February 1938.

1937	NO TEAM SCORING WAS KEPT	
40-Freestyle	Walt Sieg, Davenport	:19.5
100-Freestyle	Walt Sieg, Davenport	:55.2
220-Freestyle	Macielewski, Cedar Rapids	2:30.6
100-Breaststroke	Walt Sieg, Davenport	1:05.6
100-Backstroke	Dick Westerfield, Cedar Rapids	1:02.1
180-Medley Relay	Cedar Rapids (names not available).....	1:49.8
1938	DES MOINES, NORTH – 44	Coach Jack McGuire
40-Freestyle	Clarence Moore, Clinton	:20.1
100-Freestyle	Clarence Moore, Clinton	:58.0
220-Freestyle	Carl Ahlgren, Des Moines, North	2:25.9
100-Breaststroke	Dwight Johnson, Des Moines, North.....	1:15.9
100-Backstroke	Jack Nichols, Newton	1:15.9
Diving	Bob Tuthill, Clinton	67.05
180-Medley Relay	Des Moines, North (names not available).....	1:48.3
160-Freestyle Relay	Des Moines, Roosevelt (names not available)	1:24.6
1939	DES MOINES, ROOSEVELT – 52	Coach Clark Munger
40-Freestyle	Richard Wunchel, Davenport	:20.4
100-Freestyle	Dick Misner, Des Moines, Roosevelt	:58.4
220-Freestyle	Dean Darby, Des Moines, Roosevelt.....	2:25.6
100-Breaststroke	Bill Freeman, Des Moines, Roosevelt.....	1:09.2
100-Backstroke	Bob Newborn, Des Moines, North	1:09.4
Diving	John Shiffler, Des Moines, North	76.60
180-Medley Relay	Des Moines, Roosevelt (Tom O'Connor-Bill Freeman-Dick Darby) ...	1:48.5
160-Freestyle Relay	Des Moines, Roosevelt (Fred Gilbert-Bill Widdup-Sid Craiger-Dick Misner)	1:22.0

1940	DES MOINES, ROOSEVELT – 67	Coach Clark Munger
40-Freestyle.....	Sid Craiger, Des Moines, Roosevelt.....	:19.5
100-Freestyle.....	Sid Craiger, Des Moines, Roosevelt.....	:55.5
220-Freestyle.....	*Hubert Norman, Clinton.....	2:25.1
100-Breaststroke.....	Bill Freeman, Des Moines, Roosevelt.....	1:06.6
100-Backstroke.....	Bob Brumer, Clinton.....	1:06.9
Diving.....	Max Munger, Des Moines, Lincoln.....	77.93
180-Medley Relay.....	Clinton (<i>Bob Brumer-*Hubert Norman-Jim Piatt</i>).....	1:44.8
160-Freestyle Relay.....	Des Moines, Roosevelt (<i>Elmer Younger-Jack Baker-Al Rawson-Ray Mulhern</i>).....	1:20.3

1941	CLINTON – 44	Coach Howard Judd
40-Freestyle.....	Jim Piatt, Clinton.....	:19.7
100-Freestyle.....	Jim Piatt, Clinton.....	:56.2
220-Freestyle.....	Floyd Hartzler, Des Moines, East.....	2:26.6
100-Breaststroke.....	Bill Freeman, Des Moines, Roosevelt.....	1:06.7
100-Backstroke.....	Doug Robison, Des Moines, North.....	1:06.2
Diving.....	David Brockway, Marshalltown.....	227.2
180-Medley Relay.....	Clinton (<i>Bob Brumer-*Hubert Norman-Del Norman</i>).....	1:46.3
160-Freestyle Relay.....	Des Moines, Roosevelt (<i>Jack Baker-Al Rawson-Dutton-McCoy</i>).....	1:21.3
* Mr. Norman had only one leg in achieving his three State Meet gold medals in 1940 and 1941		

1942	DES MOINES, NORTH – 38	Coach Francis Cretzmeyer
40-Freestyle.....	Ken Marsh, Cedar Rapids, Roosevelt.....	:19.4
100-Freestyle.....	Ken Marsh, Cedar Rapids, Roosevelt.....	:54.6
220-Freestyle.....	Jim Piatt, Clinton.....	2:24.3
100-Breaststroke.....	Delmer Norman, Clinton.....	1:05.4
100-Backstroke.....	Doug Robison, Des Moines, North.....	1:05.0
Diving.....	David Brockway, Marshalltown.....	
180-Medley Relay.....	Clinton (<i>Al Stanley-Del Norman-Jim Piatt</i>).....	1:43.4
160-Freestyle Relay.....	Des Moines, Roosevelt (<i>Jack Wooden-Jim Alexander-Ralph Katz-Ed Hunter</i>).....	1:22.9

1943	DES MOINES, ROOSEVELT – 66	Coach Clark Munger
40-Freestyle.....	Jack Jowett, Clinton.....	:19.1
Bob Anderson, Boone, set *NATIONAL RECORD* (:17.9) in prelims.		
100-Freestyle.....	Bob Anderson, Boone.....	:52.9
220-Freestyle.....	Larry Larimore, Des Moines, Roosevelt.....	2:25.1
100-Breaststroke.....	Dick Maine, Des Moines, Roosevelt.....	1:05.7
100-Backstroke.....	Al Stanley, Clinton.....	1:03.7
Diving.....	Jack Wickman, Des Moines, North.....	
180-Medley Relay.....	Des Moines, Roosevelt (<i>names not available</i>).....	1:45.0
160-Freestyle Relay.....	Clinton (<i>Chester Cole-Russell McCreevy-Wayne Cady-William Olson</i>).....	1:20.2

1944	DES MOINES, ROOSEVELT – 58	Coach Clark Munger
40-Freestyle.....	Bob Anderson, Boone.....	:18.2
100-Freestyle.....	Bob Anderson, Boone *NATIONAL RECORD*	:52.3
220-Freestyle.....	Bill Crispin, Des Moines, Roosevelt.....	2:28.7
100-Breaststroke.....	Dick Keith, Des Moines, North.....	1:05.0
100-Backstroke.....	Dick Maine, Des Moines, Roosevelt.....	1:04.9
Diving.....	Dick Maine, Des Moines, Roosevelt.....	222.60
180-Medley Relay.....	Des Moines, North (<i>Don Paul-Dick Keith-Dick Bloomburg</i>).....	1:42.3
160-Freestyle Relay.....	Des Moines, Roosevelt (<i>Ralph Katz-Wayne Humphrey-Bryce Bennett-Jim Dickerson</i>).....	1:17.0

1945	DES MOINES, ROOSEVELT – 60	Coach Clark Munger
40-Freestyle.....	Al Machael, Clinton.....	:19.7

100-Freestyle.....	Larry Larimore, Des Moines, Roosevelt.....	:53.6
220-Freestyle.....	Roger Watts, Des Moines, North.....	2:24.3
100-Breaststroke.....	Larry Larimore, DM, Roosevelt *NATIONAL RECORD*	1:01.9
100-Backstroke.....	Dick Maine, Des Moines, Roosevelt.....	1:00.3
Diving.....	Dick Maine, Des Moines, Roosevelt.....	277.00
180-Medley Relay.....	Des Moines, Roosevelt (<i>Bob Wyant-Chuck Cownie-Terry Williams</i>).....	1:46.8
160-Freestyle Relay.....	Clinton (<i>Pat Cormick-Gene Hood-Ken Lahm-Paul Brieske</i>).....	120.0

1946..... CLINTON – 60 Coach Howard Judd

40-Freestyle.....	Bob Brown, Cedar Falls.....	:19.0
100-Freestyle.....	Roger Watts, Des Moines, North.....	:54.3
220-Freestyle.....	Roger Watts, Des Moines, North.....	2:38.0
100-Breaststroke.....	Dick Lake, Clinton.....	1:03.1
100-Backstroke.....	Al Machael, Clinton.....	1:15.9
Diving.....	Jim Huddelson, Des Moines, Roosevelt.....	386.70
180-Medley Relay.....	Clinton (<i>Albert Machael-Dick Lake-Ken Lahm</i>).....	1:47.3
160-Freestyle Relay.....	Clinton (<i>Pat Cormick-Gene Hood-Ken Lahm-Paul Brieske</i>).....	1:20.0

1947..... CLINTON – 65 Coach Howard Judd

40-Freestyle.....	Al Machael, Clinton.....	:18.8
100-Freestyle.....	Al Machael, Clinton.....	:54.2
220-Freestyle.....	Bert Doyne, Clinton.....	2:26.5
100-Breaststroke.....	Chuck Cownie, Des Moines, Roosevelt.....	1:04.8
100-Backstroke.....	Pat Cormick, Clinton.....	1:06.4
Diving.....	Dave Bonebrake, Clinton.....	136.06
180-Medley Relay.....	Des Moines, Roosevelt (names not available).....	1:48.4
160-Freestyle Relay.....	Clinton (<i>Gene Hood-Paul Brieske-Pat Cormick-Ken Lahm</i>).....	1:19.6

1948..... DES MOINES, ROOSEVELT – 58 Coach Clark Munger

40-Freestyle.....	Wally Nicholson, Des Moines, Roosevelt.....	:19.3
100-Freestyle.....	Wally Nicholson, Des Moines, Roosevelt.....	:54.7
220-Freestyle.....	Jim Watkins, Des Moines, Roosevelt.....	2:28.7
100-Breaststroke.....	Eldon Dahl, Boone.....	1:08.7
100-Backstroke.....	Charles Hein, Clinton.....	1:07.9
Diving.....	Jim Huddelson, Des Moines, Roosevelt.....	139.53
180-Medley Relay.....	Clinton (<i>Robert Niebuhr-Charles Hein-Willard Foster</i>).....	1:49.0
160-Freestyle Relay.....	Clinton (<i>Bert Doyne-Gene Hood-Dave Holleran-Robert Jorgensen</i>).....	1:20.1

1949..... CLINTON – 64 Coach Howard Judd

40-Freestyle.....	Paul Johnson, Des Moines, North.....	:19.6
100-Freestyle.....	Bob Jorgensen, Clinton.....	:56.9
200-Freestyle.....	Paul Slack, Des Moines, North.....	2:10.0
100-Breaststroke.....	Paul Bosley, Des Moines, North.....	1:07.1
100-Backstroke.....	Dan Reece, Des Moines, North.....	1:05.2
120-Individual Medley.....	Paul Slack, Des Moines, North.....	1:19.2
Diving.....	Jake Quick, Clinton.....	195.20
180-Medley Relay.....	Clinton (<i>Richard Coe-Merle Ruch-Norbert Jorgensen</i>).....	1:45.7
160-Freestyle Relay.....	Clinton (<i>Dave Holleran-James McComb-Maurie McCullen-Bob Purcell</i>).....	1:19.7

1950..... DES MOINES, ROOSEVELT – 69 Coach Clark Munger

40-Freestyle.....	John Kruse, Des Moines, Roosevelt.....	:19.5
100-Freestyle.....	John Kruse, Des Moines, Roosevelt.....	:57.2
200-Freestyle.....	Loren Braught, Des Moines, Roosevelt.....	2:06.2
100-Breaststroke.....	(Tie) Bud Higgins, Clinton; Mike LaMair, Des Moines, Roosevelt.....	1:04.6
100-Backstroke.....	Carl Stonecipher, Des Moines, Roosevelt.....	1:08.3
120-Individual Medley.....	Paul Slack, Des Moines, North.....	1:16.4
Diving.....	Jake Quick, Clinton.....	253.60
180-Medley Relay.....	Boone (<i>Jerry Smith-Bob Dahl-Bob Jensen</i>).....	1:45.9

160-Freestyle Relay	Clinton (<i>Dave Holleran-Maurie McCullen-Bert Winterbottem-Bud Higgins</i>) ...	1:20.1
1951	(Tie) CLINTON – 71	Coach Howard Judd
	DES MOINES, ROOSEVELT – 71	Coach Clark Munger
40-Freestyle	John Kruse, Des Moines, Roosevelt	:19.1
100-Freestyle	Maurie McCullen, Clinton	:54.5
200-Freestyle	Loren Braught, Des Moines, Roosevelt	2:04.6
100-Breaststroke	Bob Sharp, Des Moines, North	1:03.2
100-Backstroke	Ed Mullahey, Des Moines, Roosevelt	1:04.5
120-Individual Medley	Dale Lucas, Des Moines, North	1:17.1
Diving	Bob Warford, Des Moines, Roosevelt	196.0
180-Medley Relay	Des Moines, North (<i>Don Werner-Bob Sharp-Dale Lucas</i>)	1:44.0
160-Freestyle Relay	Clinton (<i>Bob Hollowell-Maurie McCullen-Bill Bugbee-Bert Winterbottem</i>)	1:19.3
1952	DES MOINES, ROOSEVELT – 68	Coach Clark Munger
40-Freestyle	Gus Johnson, Des Moines, Roosevelt	:19.0
100-Freestyle	Maurie McCullen, Clinton	:56.3
200-Freestyle	Pete Janss, Des Moines, Roosevelt	2:03.8
100-Breaststroke	Tom Hoffman, Des Moines, Roosevelt	1:07.8
100-Backstroke	Loren Braught, Des Moines, Roosevelt	1:02.6
120-Individual Medley	Loren Braught, Des Moines, Roosevelt	1:15.3
Diving	Jim McCullough, Clinton	202.10
180-Medley Relay	Clinton (<i>Gene Guidebeck-Howard Judd-Bill Bugbee</i>)	1:44.9
160-Freestyle Relay	Des Moines, Roosevelt (<i>Al Maris-Gus McConachie-Johnson-Berry</i>)	1:18.1
1953	DES MOINES, ROOSEVELT – 67	Coach Clark Munger
40-Freestyle	Al Maris, Des Moines, Roosevelt	:19.9
100-Freestyle	Pete Janss, Des Moines, Roosevelt	:54.8
200-Freestyle	Pete Janss, Des Moines, Roosevelt	2:03.5
100-Breaststroke	Ed Brown, Clinton	1:07.9
100-Backstroke	Bob Goodwin, Des Moines, Roosevelt	1:03.0
120-Individual Medley	Ed Brown, Clinton	1:18.7
Diving	Ken Miner, Clinton	370.15
180-Medley Relay	Des Moines, Roosevelt (<i>Jay Ryan-Tom Hoffman-Dave White</i>)	1:43.7
160-Freestyle Relay	Des Moines, Roosevelt (<i>Bob Mercer-John Bridgeman-Scott Smith-Alan Maris</i>)	1:21.2
1954	CLINTON – 82	Coach Howard Judd
40-Freestyle	Al Maris, Des Moines, Roosevelt	:18.8
100-Freestyle	Gary Morris, Clinton	:53.2
200-Freestyle	Gary Morris, Clinton	2:00.1
100-Breaststroke	John Fenlon, Clinton	1:05.8
100-Backstroke	Bob Goodwin, Des Moines, Roosevelt	1:01.0
120-Individual Medley	Ed Brown, Clinton	1:14.3
Diving	Ken Miner, Clinton	209.60
180-Medley Relay	Clinton (<i>Gene Guidebeck-John Fenlon-Dave Zentner</i>)	1:42.6
160-Freestyle Relay	Des Moines, Roosevelt (<i>John Bridgeman-Scott Smith-Jim Schnell-Harrie Shearer</i>)	1:19.2
1955	CLINTON – 90	Coach Howard Judd
40-Freestyle	Gary Morris, Clinton	:17.8
100-Freestyle	Gary Morris, Clinton	:49.8
200-Freestyle	Keith Zastrow, Clinton	2:06.3
100-Breaststroke	Charles Mitchell, Ottumwa	1:05.5
100-Backstroke	Herman Dierks, Clinton	1:04.8
120-Individual Medley	Charles Mitchell, Ottumwa	1:15.8

Diving	John Bridgeman, Des Moines, Roosevelt.....	187.00
180-Medley Relay.....	Clinton (<i>Herman Dierks-Bill Limbrecht-Bob Holleran</i>)	1:46.7
160-Freestyle Relay	Des Moines, Roosevelt (<i>Fred Bookey-Bill Niemann-Tom Lucas-Jim Ballou</i>).....	1:17.2

1956..... CLINTON – 65 Coach Howard Judd

50-Freestyle	Bob Holleran, Clinton	:25.2
100-Freestyle	Keith Zastrow, Clinton	:56.4
200-Freestyle	Keith Zastrow, Clinton	2:11.1
100-Breaststroke	Charles Mitchell, Ottumwa	1:03.1
100-Backstroke.....	Herman Dierks, Clinton	1:06.3
150-Individual Medley.....	Charles Mitchell, Ottumwa	1:37.9
Diving	Fritz Fisher, Cedar Rapids, Washington	193.95
200-Medley Relay.....	Des Moines, Roosevelt (<i>Dean Ellis-Mike Graham-Tyler Marshall-Tom Thayer</i>)	1:55.5
200-Freestyle Relay	(Tie) Des Moines, Lincoln (<i>Bob Lozier-Pete Abbott-Don Freeman-Charles Abbott</i>) & Des Moines, Roosevelt (<i>Dick Shepler-Hopkins-Mort Bookey-Jim Ballou</i>).....	1:42.6

1957..... CLINTON – 55 Coach Howard Judd

50-Freestyle	Garrett Maris, Des Moines, Roosevelt	:24.0
100-Freestyle	Ronald McDevitt, Clinton.....	:54.5
200-Freestyle.....	Tom Hickerson, Des Moines, Roosevelt.....	2:02.0
100-Breaststroke	Gary Longstreth, Muscatine	1:03.2
100-Backstroke.....	Homer Saltz, Muscatine	1:06.1
150-Individual Medley.....	Ronald McDevitt, Clinton.....	1:38.0
Diving	Bill Nessen, Des Moines, Lincoln.....	188.10
200-Medley Relay.....	Des Moines, Roosevelt (<i>Mike McBride-Tyler Marshall-Tom Thayer-Bill White</i>).....	1:54.0
200-Freestyle Relay	Des Moines, Roosevelt (<i>Dave Dwyer-Dick Shepler-Tom Hickerson-Garrett Maris</i>)	1:40.6

1958..... CLINTON – 57 Coach Howard Judd

50-Freestyle	Garrett Maris, Des Moines, Roosevelt	:23.1
100-Freestyle	Ron McDevitt, Clinton.....	:51.9
200-Freestyle.....	Clark Raney, Ottumwa	2:06.1
400-Freestyle.....	Glover Wadington, Cedar Rapids, Washington	4:19.4
100-Breaststroke	Dave Sever, Des Moines, Lincoln	1:12.3
100-Backstroke.....	Bill Lanning, Clinton.....	1:01.8
100-Butterfly	Gary Longstreth, Muscatine	1:02.2
150-Individual Medley.....	Ron McDevitt, Clinton.....	1:33.4
Diving	Fritz Fisher, Cedar Rapids, Washington	209.40
200-Medley Relay.....	Clinton (<i>Bill Gorman-Bill Limbrecht-Jack Miller-Bill Lanning</i>)	1:52.9
200-Freestyle Relay	Des Moines, Roosevelt (<i>John Galloway-Dave Dwyer-Dick Shepler-Tom Hickerson</i>)	

1959..... DES MOINES, ROOSEVELT – 59 Coach Clark Munger

50-Freestyle	Garrett Maris, Des Moines, Roosevelt	:22.8
100-Freestyle	Joe Weir, Sioux City, Central	:53.5
200-Freestyle.....	Bruce Nelson, Fort Dodge.....	2:01.2
400-Freestyle.....	Clark Raney, Ottumwa	4:31.6
100-Breaststroke	Scott Reichardt, Des Moines, Roosevelt	1:11.9
100-Backstroke.....	Jeff Amsler, Sioux City, Central	1:02.2
100-Butterfly	Gary Longstreth, Muscatine	:59.5
150-Individual Medley.....	Gary Longstreth, Muscatine	1:34.8
Diving	Dan Suits, Cedar Rapids, Jefferson.....	355.40
200-Medley Relay.....	Des Moines, Roosevelt (<i>John Brown-Scott Reichardt-Chuck Corwin-Garrett Maris</i>).....	1:51.0

200-Freestyle Relay	Sioux City, Central (Neal Hyink-Larry Boe-Cremin Benson-Joe Weir).....	1:36.7
1960	MUSCATINE – 56	Coach Jack Janousek
50-Freestyle	Dave Dismer, Davenport	:23.8
100-Freestyle	Doug Felton, Muscatine	:53.5
200-Freestyle	Dave McGregor, Ottumwa	2:04.9
400-Freestyle	Ed Longstreth, Muscatine	4:37.5
100-Breaststroke	Ralph Bextine, Cedar Rapids, Washington	1:10.7
100-Backstroke	Cremin Benson, Sioux City, Central	1:01.0
100-Butterfly	Gary Longstreth, Muscatine	:57.7
200-Individual Medley	Gary Longstreth, Muscatine	2:17.1
Diving	Dennis Wuster, Sioux City, Central.....	329.50
200-Medley Relay	Cedar Rapids, Washington (Dave Topinka-Bob Gates-Ed Burkhalter-John Ruml)	1:52.5
200-Freestyle Relay	Muscatine (Dave Glidden-Homer Saltz-Doug Felton-Ron Schmarje).....	1:37.1
1961	CEDAR RAPIDS, WASHINGTON – 65.....	Coach Hal Krizan
50-Freestyle	Doug Felton, Muscatine	:23.5
100-Freestyle	Doug Felton, Muscatine	:51.3
200-Freestyle	Wylie Griffith, Clinton.....	1:58.7
400-Freestyle	Rich Collins, Des Moines, Roosevelt	4:30.7
100-Breaststroke	Ralph Bextine, Cedar Rapids, Washington	1:07.2
100-Backstroke	Joe Weir, Sioux City, Central	1:03.5
100-Butterfly	Ed Burkhalter, Cedar Rapids, Washington	:59.4
200-Individual Medley	Ralph Bextine, Cedar Rapids, Washington	2:16.4
Diving	Michael LeVois, Iowa City, University	354.90
200-Medley Relay	Cedar Rapids, Washington (Jim Peterson-Dennis Krizan-Ed Burkhalter-John Ruml)	1:51.9
200-Freestyle Relay	Sioux City, Central (Ron Wayman-Randy Bricker-Joe Weir-Ron Gabrielson)	1:35.3
1962	CLINTON – 66	Coach Howard Judd
50-Freestyle	Ron Gabrielson, Sioux City, Central	:23.1
100-Freestyle	Doug Felton, Muscatine	:50.8
200-Freestyle	Brian Percival, Des Moines, Lincoln	2:00.1
400-Freestyle	Maurice LeVois, Iowa City, University.....	4:18.9
100-Breaststroke	Ralph Bextine, Cedar Rapids, Washington	1:05.5
100-Backstroke	Tom Throckmorton, Des Moines, Roosevelt	1:01.6
100-Butterfly	Dan Jeffries, Clinton	:58.3
200-Individual Medley	Brian Percival, Des Moines, Lincoln	2:13.4
Diving	Randy Miller, Cedar Rapids, Jefferson	277.15
200-Medley Relay	(Tie) Des Moines, Roosevelt (Tom Throckmorton-Don Tesdell-Jeff Gallagher-Ken Hickerson) & Clinton (John Hamstra-Mike Eckman-Trainor Critz-Ron Huelse) ...	1:50.0
200-Freestyle Relay	Clinton (Mylon Sander-Doug Dawson-Ed Kearney-Charles Lentz) ...	1:35.8
1963	DES MOINES, ROOSEVELT – 56	Coach Clark Munger
50-Freestyle	Dave Strief, Des Moines, Roosevelt	:23.3
100-Freestyle	Doug Felton, Muscatine	:50.7
200-Freestyle	Doug Felton, Muscatine	1:56.8
400-Freestyle	Maurice LeVois, Iowa City, University.....	4:14.1
100-Breaststroke	Dennis Shippey, Davenport, West	1:04.8
100-Backstroke	Skip Jensen, Iowa City, University	:59.3
100-Butterfly	Phil Schrader, Des Moines, Roosevelt	:58.8
200-Individual Medley	Brian Percival, Des Moines, Lincoln	2:13.6
Diving	Bill Dean, Des Moines, Roosevelt.....	277.00
200-Medley Relay	Des Moines, Roosevelt	

	(Tom Throckmorton-Bob Synhorst-Bill Schroeder-Dave Scott)	1:46.8
200-Freestyle Relay	Clinton (Marty Morris-Trainor Critz-Tom Meyer-Chuck Lentz)	1:33.3
1964	CEDAR RAPIDS, WASHINGTON – 68	Coach Hal Krizan
50-Freestyle	(Tie) Marty Morris, Clinton & Ron David, Cedar Rapids, Jefferson	:22.8
100-Freestyle	Ray Kearney, Clinton	:50.3
200-Freestyle	Ray Kearney, Clinton	1:54.8
400-Freestyle	Maurice LeVois, Iowa City, University.....	4:19.0
100-Breaststroke	Bob Synhorst, Des Moines, Roosevelt	1:05.3
100-Backstroke	Fred Hahn, Cedar Rapids, Washington	:58.4
100-Butterfly	Jim Halpin, Cedar Rapids, Washington	:57.0
200-Individual Medley.....	Steve Strauss, Cedar Rapids, Jefferson.....	2:09.0
Diving	Dave Schafer, Clinton	274.50
	(Fred Hahn-Tom Owens-Jim Halpin-Greg Sieh)	1:44.5
200-Freestyle Relay	Cedar Rapids, Washington	
	(Ken Krizan-Tom Sage-Marty Strasburger-Greg Sieh)	1:32.1
1965	CEDAR RAPIDS, WASHINGTON – 82	Coach Hal Krizan
50-Freestyle	Jim Nichols, Clinton.....	:23.1
100-Freestyle	Jim Nichols, Clinton.....	:51.2
200-Freestyle	Rick Carter, Cedar Rapids, Washington	1:55.7
400-Freestyle	Ken Smith, Clinton.....	4:15.0
100-Breaststroke	Larry Stover, Clinton.....	1:03.1
100-Backstroke	Steve Strauss, Cedar Rapids, Jefferson.....	:57.5
100-Butterfly	Jim Halpin, Cedar Rapids, Washington	:53.6
200-Individual Medley.....	Steve Strauss, Cedar Rapids, Jefferson.....	2:11.3
Diving	Dave Schafer, Clinton	293.60
200-Medley Relay.....	Cedar Rapids, Washington	
	(Fred Hahn-Tom Owens-Ted Welch-Al Carr)	1:42.4
200-Freestyle Relay	Cedar Rapids, Washington	
	(Ken Krizan-Al Carr-Jim Halpin-Marty Strasburger)	1:30.4
1966	CEDAR RAPIDS, WASHINGTON - 260.5	Coach Hal Krizan
50-Freestyle	Robbie Cook, Cedar Rapids, Washington	:22.5
100-Freestyle	Robbie Cook, Cedar Rapids, Washington	:49.6
200-Freestyle	Jeff Smith, Cedar Rapids, Washington	1:52.3
400-Freestyle	Jeff Smith, Cedar Rapids, Washington	4:12.5
100-Breaststroke	Frank Cownie, Des Moines, Roosevelt.....	1:07.0
100-Backstroke	Tom Proctor, Cedar Rapids, Washington	1:00.7
100-Butterfly	Jim Halpin, Cedar Rapids, Washington	:53.5
200-Individual Medley.....	Marty Strasburger, Cedar Rapids, Washington	2:11.1
Diving	Jerry Logston, Des Moines, Tech	290.10
200-Medley Relay.....	Cedar Rapids, Washington	
	(Tom Proctor-Bill Bergman-Jim Halpin-Tim Krizan).....	1:43.4
400-Freestyle Relay	Clinton	
	(Steve Joens-Matt Wolfe-Jim Vining-Dave Dean)	3:26.4
1967	CEDAR RAPIDS, WASHINGTON - 235.5	Coach Hal Krizan
50-Freestyle	Eric Holtze, Sioux City, Central.....	:22.8
100-Freestyle	Robbie Cook, Cedar Rapids, Washington	:49.4
200-Freestyle	Robbie Cook, Cedar Rapids, Washington	1:50.4
400-Freestyle	Doug Herman, Clinton.....	4:13.2
100-Breaststroke	Bill Bergman, Cedar Rapids, Washington.....	1:04.6
100-Backstroke	Bob Morrison, Clinton.....	:58.5
100-Butterfly	Jim Vining, Clinton.....	:54.5
200-Individual Medley.....	Mike Sandy, Cedar Rapids, Washington	2:09.7
Diving	Steve Spikes, Des Moines, Roosevelt	306.40
200-Medley Relay.....	Cedar Rapids, Washington	
	(Tom Proctor-Bill Bergman-Scott Thompson-Doug Barr).....	1:43.9

400-Freestyle Relay	Cedar Rapids, Washington (<i>John Beusch-Doug Barr-Mike Sandy-Tim Krizan</i>).....	3:27.0
1968	CEDAR RAPIDS, WASHINGTON - 238.5	Coach Hal Krizan
50-Freestyle.....	Tim Krizan, Cedar Rapids, Washington.....	:22.4
100-Freestyle.....	Robbie Cook, Cedar Rapids, Washington	:48.0
200-Freestyle.....	Don Torrey, Clinton	1:53.1
400-Freestyle.....	Harvey Birky, Cedar Rapids, Washington.....	4:06.0
100-Breaststroke	Dirk Hanson, Des Moines, Lincoln.....	1:03.8
100-Backstroke.....	Doug Walrod, Davenport, Central.....	:58.9
100-Butterfly	Dave Carrithers, Cedar Rapids, Washington.....	:55.7
200-Individual Medley.....	Robbie Cook, Cedar Rapids, Washington	2:05.3
Diving.....	Steve Spikes, Des Moines, Hoover	362.95
200-Medley Relay.....	Cedar Rapids, Washington (<i>Tom Proctor-Jim Bell-Chris Wilson-Bruce Dixon</i>).....	1:43.2
400-Freestyle Relay	Davenport, West (<i>Blaine Koch-Dan Matheson-John Rogers-Ken Martens</i>)	3:31.5
1969	CEDAR RAPIDS, WASHINGTON – 216	Coach Hal Krizan
50-Freestyle.....	Steve Hartkemeyer, Cedar Rapids, Kennedy.....	:22.4
100-Freestyle.....	Steve Hartkemeyer, Cedar Rapids, Kennedy.....	:49.5
200-Freestyle.....	Dave Carrithers, Cedar Rapids, Washington.....	1:47.3
400-Freestyle.....	Dave Carrithers, Cedar Rapids, Washington.....	3:54.9
100-Breaststroke	Dirk Hanson, Des Moines, Lincoln.....	1:01.9
100-Backstroke.....	Doug Walrod, Davenport, Central.....	:57.2
100-Butterfly	Jim Bell, Cedar Rapids, Washington	:54.3
200-Individual Medley.....	Dirk Hanson, Des Moines, Lincoln.....	2:03.8
Diving.....	Steve Spikes, Des Moines, Hoover	413.80
200-Medley Relay.....	Cedar Rapids, Washington (<i>Robbie McKay-Steve Reeder-Jim Bell-Nick Gearhart</i>)	1:45.0
400-Freestyle Relay	Davenport, West (<i>Warren Wilson-John Rogers-Blaine Koch-Ken Martens</i>).....	3:26.2
1970	CEDAR RAPIDS, WASHINGTON - 238.5	Coach Hal Krizan
50-Freestyle.....	Terry Callahan, Des Moines, Lincoln	:22.41
100-Freestyle.....	Dave Carrithers, Cedar Rapids, Washington.....	:48.54
200-Freestyle.....	Dave Carrithers, Cedar Rapids, Washington.....	1:47.87
400-Freestyle.....	Bill Fowler, Cedar Rapids, Kennedy	4:02.70
100-Breaststroke	Chris Wilson, Cedar Rapids, Washington.....	1:03.43
100-Backstroke.....	Doug Walrod, Davenport, Central.....	:56.74
100-Butterfly	Jim Bell, Cedar Rapids, Washington	:52.58
200-Individual Medley.....	Chris Wilson, Cedar Rapids, Washington.....	2:03.91
Diving.....	Mark Johnson, Des Moines, Roosevelt	475.90
200-Medley Relay.....	Cedar Rapids, Washington (<i>Rob McKay-Steve Reeder-Jim Bell-Kevin Spratt</i>).....	1:42.92
400-Freestyle Relay	Muscatine (<i>Dave Reusswig-Brad Titus-Chuck Havemann-Dennis Blackwood</i>)..	3:26.11
1971	CEDAR RAPIDS, WASHINGTON – 201	Coach Hal Krizan
50-Freestyle.....	Rod Oberhaus, Muscatine	:22.72
100-Freestyle.....	Rod Oberhaus, Muscatine	:48.96
200-Freestyle.....	Bill Fowler, Cedar Rapids, Kennedy	1:49.38
400-Freestyle.....	Bill Fowler, Cedar Rapids, Kennedy	3:58.27
100-Breaststroke	Steve Davis, Des Moines, Roosevelt.....	1:04.43
100-Backstroke.....	Bob Reinbold, Ames.....	:56.66
100-Butterfly	Ben Taylor, Cedar Rapids, Washington.....	:53.40
200-Individual Medley.....	Ben Taylor, Cedar Rapids, Washington.....	2:05.26
Diving.....	Joe Watts, Des Moines, Hoover.....	388.45
200-Medley Relay.....	Cedar Rapids, Washington	

400-Freestyle Relay	(Rob McKay-Warren Smith-Mike Stodola-John Hunting).....	1:44.62
	Cedar Falls	
	(Jeff Eaton-Steve Rowe-Jeff Webb-Jon Mixdorf)	3:25.08
1972	CEDAR RAPIDS, WASHINGTON – 183	Coach Hal Krizan
50-Freestyle	Ralph Mundt, Davenport, West.....	:22.56
100-Freestyle	Dexter MacBride, Ames	:48.96
200-Freestyle	John Little, Cedar Rapids, Washington.....	1:49.53
400-Freestyle	Rick Adrianse, Des Moines, Roosevelt.....	3:58.23
100-Breaststroke	Bob Vanderloo, Dubuque, Senior	1:03.67
100-Backstroke	Bob Reinbold, Ames.....	:55.54
100-Butterfly	Ben Taylor, Cedar Rapids, Washington	:52.63
200-Individual Medley	Ben Taylor, Cedar Rapids, Washington.....	2:02.69
Diving	Stoney Turley, Cedar Rapids, Kennedy.....	416.10
200-Medley Relay	Davenport, West	
	(Brad Porter-Joe Burbridge-Ralph Mundt-Mark Christensen)	1:43.11
400-Freestyle Relay	Cedar Rapids, Washington	
	(John Koch-Stu Lenzen-John Little-Ben Taylor).....	3:19.77
1973	CEDAR RAPIDS, WASHINGTON – 201	Coach Hal Krizan
50-Freestyle	Jeff Jutte, Muscatine	:22.2
100-Freestyle	Dexter MacBride, Ames	:48.3
200-Freestyle	Dexter MacBride, Ames	1:44.7
400-Freestyle	John Huston, Cedar Rapids, Washington.....	3:50.4
100-Breaststroke	Bob Vanderloo, Dubuque, Senior	1:02.6
100-Backstroke	Bob Reinbold, Ames.....	:56.0
100-Butterfly	Ben Taylor, Cedar Rapids, Washington.....	:53.0
200-Individual Medley	Bob Reinbold, Ames.....	2:00.6
Diving	Rick Anglin, Dubuque, Wahlert	477.66
200-Medley Relay	Des Moines, Roosevelt	
	(Randy Ates-Ward Klein-Randy Jones-Jim Crispon).....	1:43.0
400-Freestyle Relay	Cedar Rapids, Washington	
	(Stu Lenzen-Steve Shean-John Huston-Ben Taylor)	3:19.4
1974	CEDAR RAPIDS, WASHINGTON – 194	Coach Jim Voss
50-Freestyle	Jeff Henry, Cedar Rapids, Washington.....	:22.47
100-Freestyle	Mark Barnett, Ames.....	:48.95
200-Freestyle	Dexter MacBride, Ames	1:46.45
500-Freestyle	John Huston, Cedar Rapids, Washington.....	4:50.25
100-Breaststroke	Bob Vanderloo, Dubuque, Senior	1:02.21
100-Backstroke	Tom Lucas, Cedar Rapids, Washington	:57.60
100-Butterfly	Drew Walden, Cedar Falls, Northern	:53.04
200-Individual Medley	Dan Schmidt, Davenport, Central	2:10.44
Diving	Doug Buchheister, Cedar Rapids, Washington	463.74
200-Medley Relay	Cedar Rapids, Washington	
	(Dave Crites-Brian Mykleby-Jim Williams-Jeff Henry).....	1:44.18
400-Freestyle Relay	Ames	
	(Mark Barnett-Steve Pier-Maury Johnson-Dexter MacBride).....	3:19.38
1975	MASON CITY – 132	Coach Bill Colville
50-Freestyle	Rick Ver Huel, Cedar Falls.....	:22.43
100-Freestyle	Maury Johnson, Ames	:48.95
200-Freestyle	Eric Johnson, Ames	1:47.53
500-Freestyle	Dave Everett, Des Moines, Roosevelt	4:50.94
100-Breaststroke	Steve Hugo, Mason City	1:00.34
100-Backstroke	Doug Bovard, Mason City	:57.07
100-Butterfly	Drew Walden, Cedar Falls, Northern	:51.81
200-Individual Medley	Dan Schmidt, Davenport, Central	2:03.86
Diving	Steve Gordon, Dubuque, Senior.....	475.32

200-Medley Relay.....	Mason City (Doug Bovard-Scott Bovard-Dean Neff-Don Wilson).....	1:42.82
400-Freestyle Relay	Ames (Maury Johnson-Mike Stoops-Randy Fitzgerald-Eric Johnson)	3:17.49
1976.....	CEDAR RAPIDS, WASHINGTON – 202.....	Coach Jim Voss
50-Freestyle.....	Kam Smith, Sioux City, North.....	:22.22
100-Freestyle.....	Eric Johnson, Ames.....	:47.70
200-Freestyle.....	Eric Johnson, Ames.....	1:44.52
500-Freestyle.....	David Everett, Des Moines, Roosevelt.....	4:47.37
100-Breaststroke.....	Steve Hugo, Mason City.....	1:00.44
100-Backstroke.....	Ron Perrington, Des Moines, Hoover.....	:57.24
100-Butterfly.....	Phil Lenzen, Cedar Rapids, Washington.....	:52.94
200-Individual Medley.....	Steve Hugo, Mason City.....	2:00.90
Diving.....	Randy Ableman, Cedar Rapids, Washington.....	476.38
200-Medley Relay.....	Mason City (Gary Peterson-Dean Neff-Steve Bovard-Don Wilson)	1:42.50
400-Freestyle Relay	Des Moines, Roosevelt (Tim Hoffman-Dan McBride-David Lynch-David Everett).....	3:15.58
1977.....	CEDAR RAPIDS, WASHINGTON – 179.....	Coach Jim Voss
50-Freestyle.....	Charlie Roberts, Bettendorf.....	:21.87
100-Freestyle.....	Jeff Henry, Cedar Rapids, Washington.....	:48.67
200-Freestyle.....	David Everett, Des Moines, Roosevelt.....	1:42.25
500-Freestyle.....	David Everett, Des Moines, Roosevelt.....	4:41.11
100-Breaststroke.....	Dean Neff, Mason City.....	1:01.63
100-Backstroke.....	Tom Roemer, Bettendorf.....	:55.19
100-Butterfly.....	Charlie Roberts, Bettendorf.....	:52.49
200-Individual Medley.....	Tom LeBuhn, Cedar Rapids, Washington.....	2:01.43
Diving.....	Randy Ableman, Cedar Rapids, Washington.....	470.34
200-Medley Relay.....	Bettendorf (Tom Roemer-Rich Rodenbeck-Charlie Roberts-Tom Waterman) ..	1:40.54
400-Freestyle Relay	Des Moines, Roosevelt (Tim Hoffman-Tom Barr-Dan Bartlett-David Everett).....	3:15.58
1978.....	BETTENDORF – 174.....	Coach Wayne Fatchett
50-Freestyle.....	Charlie Roberts, Bettendorf.....	:21.51
100-Freestyle.....	Mark Stanley, Fort Dodge.....	:47.51
200-Freestyle.....	Chris Williams, Cedar Rapids, Washington.....	1:44.30
500-Freestyle.....	Scott Wisner, Bettendorf.....	4:44.53
100-Breaststroke.....	Rich Rodenbeck, Bettendorf.....	1:02.55
100-Backstroke.....	Tom Roemer, Bettendorf.....	:52.75
100-Butterfly.....	Charlie Roberts, Bettendorf.....	:51.40
200-Individual Medley.....	Tom Roemer, Bettendorf.....	1:53.85
Diving.....	Kent Ferguson, Cedar Rapids, Washington.....	451.90
200-Medley Relay.....	Bettendorf (Tom Roemer-Rich Rodenbeck-Scott White-Tony Scott).....	1:40.83
400-Freestyle Relay	Mason City (Bob Peterson-Dave Weber-Charlie Hugo-Mike Brown).....	3:18.06
1979.....	MASON CITY – 140.....	Coach Willis Colville
50-Freestyle.....	Dan Bartlett, Des Moines, Roosevelt.....	:21.87
100-Freestyle.....	Chris Williams, Cedar Rapids, Washington.....	:47.35
200-Freestyle.....	Chris Williams, Cedar Rapids, Washington.....	1:43.62
500-Freestyle.....	David Symons, Ames.....	4:43.76
100-Breaststroke.....	Rick Gilbertson, Cedar Rapids, Kennedy.....	1:00.94
100-Backstroke.....	Tom Roemer, Bettendorf.....	:51.85
100-Butterfly.....	Gary Peterson, Mason City.....	:52.67
200-Individual Medley.....	Tom Roemer, Bettendorf.....	1:52.92

Diving	Kent Ferguson, Cedar Rapids, Washington	494.40
200-Medley Relay	Mason City (<i>Troy Blodgett-Stuart Nelson-Gary Peterson-Mike Clough</i>)	1:41.22
400-Freestyle Relay	Bettendorf (<i>Steve Rodenbeck-Warren Tunwall-Eric Syverud-Tom Roemer</i>)	3:17.60

1980..... CEDAR RAPIDS, WASHINGTON – 164..... Coach Jim Voss

50-Freestyle	Vince Dahl, Boone.....	:22.10
100-Freestyle	Vince Dahl, Boone.....	:48.10
200-Freestyle	Dave Symons, Ames.....	1:42.70
500-Freestyle	Dave Symons, Ames.....	4:46.99
100-Breaststroke	Paul Graettinger, Muscatine.....	:59.38
100-Backstroke	Dave Ross, Waterloo, East.....	:54.40
100-Butterfly	John Kimber, Cedar Rapids, Washington.....	:52.92
200-Individual Medley.....	Rick Gilbertson, Cedar Rapids, Kennedy	1:55.49
Diving	Kent Ferguson, Cedar Rapids, Washington	588.90
200-Medley Relay.....	Valley, West Des Moines (<i>Feisal Sayeed-Paul Hibbs-Todd Rogers-Brian Clark</i>).....	1:41.17
400-Freestyle Relay	Bettendorf (<i>Steve Rodenbeck-Joe Picchiotti-Eric Syverud-Scott Allen</i>)	3:16.35

1981..... CEDAR RAPIDS, KENNEDY – 149..... Coach Mark Onstott

50-Freestyle	Joe Ehlers, Davenport, Central.....	:21.63
100-Freestyle	Joe Ehlers, Davenport, Central.....	:47.86
200-Freestyle	Kurt Benson, Cedar Rapids, Washington	1:44.62
500-Freestyle	Rick Gilbertson, Cedar Rapids, Kennedy	4:36.93
100-Breaststroke	Paul Graettinger, Muscatine.....	:59.26
100-Backstroke	Scott Etnyre, Cedar Rapids, Kennedy	:54.23
100-Butterfly	Scott Etnyre, Cedar Rapids, Kennedy	:52.34
200-Individual Medley.....	Rick Gilbertson, Cedar Rapids, Kennedy	1:54.18
Diving	Kent Ferguson, Cedar Rapids, Washington	573.70
200-Medley Relay.....	Bettendorf (<i>Kelly Allen-Steve Castro-Jim Waterman-Eric Evans</i>).....	1:40.23
400-Freestyle Relay	Cedar Rapids, Kennedy (<i>Scott Etnyre-Scott Irish-Rotcj Madlom-Rick Gilbertson</i>).....	3:13.26

1982..... AMES – 179..... Coach Mike Wittmer

50-Freestyle	Vince Dahl, Boone.....	:21.58
100-Freestyle	Scott McCadam, Waterloo, West.....	:47.66
200-Freestyle	Chris Richard, Ames	1:42.31
500-Freestyle	Chris Richard, Ames	4:38.64
100-Breaststroke	Paul Graettinger, Muscatine.....	:58.96
100-Backstroke	John Kimber, Cedar Rapids, Washington.....	:54.48
100-Butterfly	John Kimber, Cedar Rapids, Washington.....	:50.92
200-Individual Medley.....	Dan Carlson, Mason City	1:56.68
Diving	Jeff Symons, Ames	594.85
200-Medley Relay.....	Cedar Rapids, Washington (<i>George Purdie-Kurt Benson-John Kimber-Steve Fleischer</i>)	1:38.69
400-Freestyle Relay	Ames (<i>Scott Robinson-Robert Burger-Brad Danofsky-Chris Richard</i>)	3:12.83

1983..... CEDAR RAPIDS, WASHINGTON – 250..... Coach Jim Voss

50-Freestyle	Evan Johnston, Des Moines, Lincoln.....	:21.70
100-Freestyle	Chris Richard, Ames	:45.89
200-Freestyle	Craig Oppel, Valley, West Des Moines.....	1:40.03
500-Freestyle	Craig Oppel, Valley, West Des Moines.....	4:34.23
100-Breaststroke	Kurt Benson, Cedar Rapids, Washington	:58.69
100-Backstroke	Mark Stori, Bettendorf	:54.91
100-Butterfly	Kim Patrick, Dubuque, Senior.....	:52.00

200-Individual Medley.....	Kurt Benson, Cedar Rapids, Washington	1:54.78
Diving.....	Jeff Johnson, Des Moines, Roosevelt.....	500.40
200-Medley Relay.....	Cedar Rapids, Washington (Bruce LeBuhn-Kurt Benson-John Fogarty-Brad Danielson)	1:37.72
400-Freestyle Relay	Muscatine (Brad Axel-Fred Colony-Alan McKillip-John Sayles)	3:14.16

1984..... WEST DES MOINES, VALLEY – 243..... Coach Mark Wagner

50-Freestyle.....	Craig Oppel, Valley, West Des Moines.....	:21.23
100-Freestyle.....	Craig Oppel, Valley, West Des Moines.....	:45.62
200-Freestyle.....	John Sayles, Muscatine	1:44.86
500-Freestyle.....	Chris Reedy, Sioux City, North	4:45.28
100-Breaststroke	Tom Castro, Bettendorf.....	1:00.65
100-Backstroke.....	Eric Hansen, Sioux City, East.....	:54.16
100-Butterfly	Tad Calkins, Valley, West Des Moines	:51.74
200-Individual Medley.....	Tad Calkins, Valley, West Des Moines	1:54.59
Diving.....	Pat Clark, Des Moines, Hoover.....	434.85
200-Medley Relay.....	Dubuque, Senior (Peter Gruben-Doug Christiansen-Dennis Bennett-Brian Hanner) ..	1:38.45
400-Freestyle Relay	Muscatine (Fred Colony-Ward Massey-Alan McKillip-John Sayles).....	3:13.57

1985..... CEDAR RAPIDS, WASHINGTON – 241..... Coach Jim Voss

50-Freestyle.....	Joe Barger, Cedar Rapids, Kennedy	:21.66
100-Freestyle.....	Chris Reedy, Sioux City, North	:46.50
200-Freestyle.....	Craig Oppel, Valley, W.D.M. *NATIONAL RECORD*	1:36.36
500-Freestyle.....	Tom Evers, Des Moines, Hoover	4:42.22
100-Breaststroke	Mike Lin, Iowa City, West.....	:59.82
100-Backstroke.....	Peter Gruben, Dubuque, Senior	:53.10
100-Butterfly	Craig Oppel, Valley, West Des Moines.....	:49.13
200-Individual Medley.....	Brad Axel, Muscatine	1:56.38
Diving.....	Phil Bishop, Ames	477.25
200-Medley Relay.....	Cedar Rapids, Washington (Bruce LeBuhn-Sean McGowan-David Murray-David Glandon).....	1:40.09
400-Freestyle Relay	Valley, West Des Moines (Steve Nelson-Tom Delay-Jeb Barmish-Craig Oppel).....	3:15.49

1986..... BETTENDORF - 277.5 Coach Wayne Fatchett

50-Freestyle.....	Ken Atkinson, Bettendorf	:21.50
100-Freestyle.....	Ken Atkinson, Bettendorf	:46.98
200-Freestyle.....	Mike Johnson, Ankeny	1:41.53
500-Freestyle.....	Tom Evers, Des Moines, Hoover	4:41.35
100-Breaststroke	Mike Lin, Iowa City, West.....	:59.28
100-Backstroke.....	Peter Gruben, Dubuque, Senior	:53.32
100-Butterfly	Mike Johnson, Ankeny	:51.26
200-Individual Medley.....	Mike Lin, Iowa City, West.....	1:54.61
Diving.....	Phil Bishop, Ames	494.15
200-Medley Relay.....	Cedar Rapids, Washington (Tony DeBoom-Sean McGowan-David Murray-Andy McIntosh).....	1:37.65
400-Freestyle Relay	Bettendorf (Chris Beckwith-Mark Amyette-Mike Gottlieb-Ken Atkinson)	3:13.84

1987..... CEDAR RAPIDS, WASHINGTON – 234..... Coach Jim Voss

50-Freestyle.....	Rob Strauch, Dubuque, Hempstead	:21.60
100-Freestyle.....	Todd Trappe, Mason City.....	:47.69
200-Freestyle.....	Tom Evers, Des Moines, Hoover	1:42.58
500-Freestyle.....	Tom Evers, Des Moines, Hoover	4:40.34
100-Breaststroke	Rick Hoffman, Dubuque, Senior	1:01.07
100-Backstroke.....	Mike Johnson, Ankeny	:53.47

100-Butterfly	Mike Johnson, Ankeny	:50.44
200-Individual Medley.....	Chris Beckwith, Bettendorf.....	1:55.80
Diving.....	Brad McNamee, Des Moines, Roosevelt.....	463.75
200-Medley Relay.....	Dubuque, Senior (Mike Moes-Rick Hoffman-Ryan Gill-Tom Forsyth).....	1:38.64
400-Freestyle Relay	Valley, West Des Moines (Steve Nelson-Steve Smits-Drew Smith-Mike Harris)	3:13.78

1988..... CEDAR RAPIDS, WASHINGTON – 216..... Coach Jim Voss

50-Freestyle.....	Jeff Lovell, Waverly-Shell Rock.....	:21.02
100-Freestyle.....	Jeff Lovell, Waverly-Shell Rock.....	:46.91
200-Freestyle.....	Mike Johnson, Ankeny	1:38.20
500-Freestyle.....	Scott Paulson, Des Moines, Roosevelt.....	4:40.30
100-Breaststroke	Chris Cruise, Cedar Rapids, Washington	1:00.02
100-Backstroke.....	Chip Reed, Dubuque, Hempstead	:54.59
100-Butterfly	Mike Johnson, Ankeny	:49.63
200-Individual Medley.....	Scott Paulson, Des Moines, Roosevelt.....	1:57.16
Diving.....	Donnie Bear, Cedar Rapids, Washington.....	447.00
200-Medley Relay.....	Cedar Rapids, Washington (Mark McDermott-Chris Cruise-Jamahl Roland-Anthony Johnson) .	1:37.60
400-Freestyle Relay	Valley, West Des Moines (John Weber-Steve Smits-Drew Smith-Mike Harris)	3:11.87

1989..... CEDAR RAPIDS, WASHINGTON – 268..... Coach Jim Voss

50-Freestyle.....	J.P. Bickel, Cedar Rapids, Washington	:21.60
100-Freestyle.....	Rich Mitvalsky, Cedar Rapids, Washington.....	:46.79
200-Freestyle.....	Scott Paulson, Des Moines, Roosevelt.....	1:42.00
500-Freestyle.....	Scott Paulson, Des Moines, Roosevelt.....	4:38.91
100-Breaststroke	Chris Cruise, Cedar Rapids, Washington	:57.26
100-Backstroke.....	Tim DeBoom, Cedar Rapids, Washington.....	:55.28
100-Butterfly	Boris Bachmann, Ames.....	:50.89
200-Individual Medley.....	Brad Gaeth, Southeast Polk, Runnells	1:57.05
Diving.....	Jeff Warrick, Davenport, West	433.40
200-Medley Relay.....	Cedar Rapids, Washington (Tim De Boom-Chris Cruise-Jamahl Roland-Rich Mitvalsky).....	1:34.57
400-Freestyle Relay	Cedar Rapids, Washington (J.P. Bickel-Anthony Johnson-Jamahl Roland-Rich Mitvalsky).....	3:11.36

1990..... CEDAR RAPIDS, WASHINGTON – 179..... Coach Jim Voss

50-Freestyle.....	Eric Lemen, Davenport, West	:21.36
100-Freestyle.....	Eric Lemen, Davenport, West	:46.15
200-Freestyle.....	Dan Ross, Cedar Falls	1:43.10
500-Freestyle.....	Dan Ross, Cedar Falls	4:40.60
100-Breaststroke	Tim Teeter, Charles City	1:01.21
100-Backstroke.....	Mark McDermott, Cedar Rapids, Washington	:54.50
100-Butterfly	Jim Lin, Iowa City, West.....	:52.36
200-Individual Medley.....	Jim Lin, Iowa City, West.....	1:57.58
Diving.....	Jose Hidalgo, Iowa City, City	510.40
200-Medley Relay.....	Cedar Rapids, Washington (Mark McDermott-Carter Meredith-Robb Rudd-Eric Brown)	1:39.38
400-Freestyle Relay	Mason City (Matt Johnson-Gus Skarlis-Bill Toelke-Matt Root).....	3:13.83

1991..... MASON CITY - 163.5..... Coach Steve Hugo

50-Freestyle.....	Tory Hartwig, Bettendorf	:21.57
100-Freestyle.....	Chrls Eckerman, Dowling Catholic, West Des Moines	:46.48
200-Freestyle.....	Chris Meyer, Valley West Des Moines.....	1:42.25
500-Freestyle.....	Chris Meyer, Valley, West Des Moines.....	4:37.21

100-Breaststroke	Tim Teeter, Charles City	:59.12
100-Backstroke	Jory Blauer, Decorah	:52.70
100-Butterfly	Tory Hartwig, Bettendorf	:52.31
200-Individual Medley	Matt Brown, Fort Dodge	1:55.76
Diving	Jose Hidalgo, Iowa City, City High	496.70
200-Medley Relay	Mason City (Erik Harris-Ben Buren-Matt Root-Jim Skarlis)	1:40.51
200-Freestyle Relay	Mason City (Bill Toelke-Erik Harris-Gus Skarlis-Matthew Root)	1:27.94
400-Freestyle Relay	Cedar Falls (David Mason-Joe Mason-Jeff Whitt-Dan Ross)	3:16.85

1992..... CEDAR RAPIDS, WASHINGTON – 173..... Coach Jim Voss

50-Freestyle	Chris Eckerman, Dowling Catholic, W.D.M.	:20.70
100-Freestyle	Chris Eckerman, Dowling Catholic, W.D.M.	:44.43
200-Freestyle	Chris Meyer, Valley, West Des Moines	1:43.20
500-Freestyle	Dan Ross, Cedar Falls	4:33.74
100-Breaststroke	Jeremy Meyer, Grinnell	1:00.34
100-Backstroke	Mariusz Siembida, Cedar Rapids, Washington	:51.60
100-Butterfly	Justin Clossen, Linn-Mar, Marion	:51.92
200-Individual Medley	Mariusz Siembida, Cedar Rapids, Washington	1:55.23
Diving	Jeff Stein, Davenport, West	462.75
200-Medley Relay	Cedar Rapids, Washington (Mariusz Siembida-Karl Lippisch-Darin Harden-Mark Aiels)	1:38.31
200-Freestyle Relay	Pleasant Valley (Shawn Dassie-Justin Lane-Kirk Moeller-Mike Griggs)	1:26.81
400-Freestyle Relay	Cedar Rapids, Washington (Karl Lippisch-Tomaz Piotrowski-John Olinger-Mariusz Siembida)....	3:14.55

1993..... CEDAR FALLS – 164..... Coach Richard Marcussen

50-Freestyle	Chris Eckerman, Dowling Catholic, W.D.M.	:20.32
100-Freestyle	Chris Eckerman, Dowling Catholic, W.D.M.	:44.17
200-Freestyle	Andy Eckerman, Dowling Catholic, W.D.M.	1:42.71
500-Freestyle	Dan Ross, Cedar Falls	4:33.16
100-Breaststroke	Tim Hansen, Des Moines, Hoover	:59.28
100-Backstroke	Jory Blauer, Decorah.....	:51.11
100-Butterfly	Justin Clossen, Linn-Mar, Marion	:50.82
200-Individual Medley	Jory Blauer, Decorah.....	1:53.62
Diving	Chad Gardemann, Cedar Rapids, Kennedy	406.50
200-Medley Relay	Waterloo, West (Seth Shepard-Ian River-Marc River-Michael Dierks)	1:38.15
200-Freestyle Relay	Dowling Catholic, West Des Moines (Billy Roth-Andy Eckerman-Marc Willis-Chris Eckerman)	1:28.17
400-Freestyle Relay	Cedar Falls (Joe Mason-Jed Fogdall-Dan Ross-Chris Courts)	3:12.50

1994..... CEDAR RAPIDS, WASHINGTON - 137.5 Coach Jim Voss

50-Freestyle	Seth Shepard, Waterloo, West.....	:21.28
100-Freestyle	Seth Shepard, Waterloo, West.....	:46.49
200-Freestyle	Andy Eckerman, Dowling Catholic, W.D.M.	1:41.60
500-Freestyle	Andy Eckerman, Dowling Catholic, W.D.M.	4:31.28
100-Breaststroke	Colin Luth, Lewis Central	:58.76
100-Backstroke	Justin Clossen, Linn-Mar, Marion	:51.33
100-Butterfly	Justin Clossen, Linn-Mar, Marion	:50.72
200-Individual Medley	Mike Zimmerman, Iowa City, West	1:53.96
Diving	Jaimey Shilling, Southeast Polk.....	424.50
200-Medley Relay	Cedar Rapids, Washington (Ty Olson-Luke Grafft-Jon Strother-Ryan Strauss)	1:37.98
200-Freestyle Relay	Cedar Rapids, Washington	

400-Freestyle Relay	(Brian Aiels-Jon Strother-Brennan Cleveland-Ryan Strauss).....	1:28.29
	Iowa City, City High	
	(Kamden Draper-John Herr-Victor Sosa-Jacob Everhart).....	3:13.38
1995	CEDAR RAPIDS, WASHINGTON – 175	Coach Jim Voss
50-Freestyle	Chris Pollock, Mason City	:21.57
100-Freestyle	Joe Fisher, Ames	:46.35
200-Freestyle	Joe Fisher, Ames	1:41.58
500-Freestyle	Jason Lathrum, Indianola	4:32.94
100-Breaststroke	Matt Hamer, Iowa City, City High	:59.59
100-Backstroke	Tyler Lucht, Dowling Catholic, W.D.M.	:54.47
100-Butterfly	Matt Hudson, Davenport, West	:51.97
200-Individual Medley	Jason Lathrum, Indianola	1:54.78
200-Medley Relay	Cedar Rapids, Washington	
	(Mack Jilek-Luke Grafft-Jon Strother-Ryan Strauss).....	1:37.25
200-Freestyle Relay	Cedar Rapids, Washington	
	(Jon Strother-Brian Aiels-Luke Grafft-Ryan Strauss).....	1:27.65
400-Freestyle Relay	Ames	
	(Joe Fisher-Cody Dakan-Nathan Terry-Jeff Fisher)	3:12.54
1996	CEDAR RAPIDS, WASHINGTON – 212	Coach Jim Voss
50-Freestyle	Andy Kyser, Davenport, North	:21.33
100-Freestyle	Thad Hackney, Cedar Rapids, Kennedy	:45.47
200-Freestyle	Ian Renner-Arjes, Bettendorf	1:39.82
500-Freestyle	Jason Lathrum, Indianola	4:30.62
100-Breaststroke	Ben Litton, Cedar Falls	:57.75
100-Backstroke	Cody Dakan, Ames	:53.63
100-Butterfly	Lovrenco Franicevic, Ames	:51.64
200-Individual Medley	Jason Lathrum, Indianola	1:52.35
200-Medley Relay	Cedar Rapids, Washington	
	(Mack Jilek-Luke Grafft-Jon Strother-Allyn Secor)	1:36.36
200-Freestyle Relay	Cedar Rapids, Washington	
	(Jon Strother-Brent Morgan-Luke Grafft-Allyn Secor)	1:26.06
400-Freestyle Relay	Ames	
	(Nathan Terry-Cody Dakan-Jeff Fisher-Lovrenco Franicevic).....	3:11.54
1997	CEDAR RAPIDS, WASHINGTON - 189.5	Coach Jim Voss
50-Freestyle	John Lonergan, Bettendorf	:21.30
100-Freestyle	John Lonergan, Bettendorf	:46.22
200-Freestyle	Ian Renner-Arjes, Bettendorf	1:39.01
500-Freestyle	Jason Lathrum, Indianola	4:31.32
100-Breaststroke	Ben Litton, Cedar Falls	:58.28
100-Backstroke	Zach Ferguson, Dowling Catholic, W.D.M.	:53.39
100-Butterfly	Ian Renner-Arjes, Bettendorf	:50.29
200-Individual Medley	Jason Lathrum, Indianola	1:51.35
200-Medley Relay	Cedar Rapids, Washington	
	(Mack Jilek-Clay Grafft-Jon Strother-Colin Hanrahan)	1:35.97
200-Freestyle Relay	Cedar Rapids, Washington	
	(Allyn Secor-Colin Hanrahan-Mack Jilek-Jon Strother)	1:25.29
400-Freestyle Relay	Bettendorf	
	(Ian Renner-Arjes-Josh Morehouse-Osmar Godoi-John Lonergan)	3:10.17
1998	CEDAR FALLS-149	Coach Richard Marcussen
50-Freestyle	Mike Hicklin, Urbandale	:20.88
100-Freestyle	Zach Ferguson, Dowling Catholic, W.D.M.	:46.66
200-Freestyle	Ian Renner-Arjes, Bettendorf	1:40.29
500-Freestyle	Jason Snider, Valley, West Des Moines	4:39.21
100-Breaststroke	Ben Litton, Cedar Falls	:56.38
100-Backstroke	Zach Ferguson, Dowling Catholic, W.D.M.	:51.47

100-Butterfly	Ian Renner-Arjes, Bettendorf	:51.09
200-Individual Medley.....	Dan Patee, Sioux City, East.....	1:53.73
200-Medley Relay.....	Cedar Falls (<i>Seth Bockes-Adam Noelting-Ben Litton-Nick Jorgensen</i>).....	1:34.62
200-Freestyle Relay	Urbandale (<i>Doug Owen-Jared Jablonski-Matt Kroeger-Mike Hicklin</i>).....	1:26.87
400-Freestyle Relay	Muscatine (<i>Travis Lee-Josh Havemann-Brian Radtke-Pat Fuller</i>).....	3:10.58

1999..... BETTENDORF-208..... Coach Mike Ahrens

50-Freestyle.....	Ryan Fitzgerald, Dowling Catholic, W.D.M.....	:21.44
100-Freestyle.....	Ian Renner-Arjes, Bettendorf	:46.06
200-Freestyle.....	Ian Renner-Arjes, Bettendorf	1:39.75
500-Freestyle.....	Jason Snider, Valley, W.D.M.	4:40.53
100-Breaststroke	Jon Koenig, Dubuque, Senior:58.38	
100-Backstroke.....	Zach Ferguson, Dowling Catholic, W.D.M.....	:50.65
100-Butterfly	Nate Billups, Bettendorf	:51.26
200-Individual Medley.....	Jason Snider, Valley, West Des Moines	1:51.43
200-Medley Relay.....	Dubuque, Senior (<i>Chris Oberhoffer-Luke Johnson-Jon Koenig-Ryan Gavin</i>).....	1:36.23
200-Freestyle Relay	Bettendorf (<i>Grant Parrish-Ryan McAnally-Martin Stonebraker-Ian Renner-Arjes</i>)... ..	1:26.87
400-Freestyle Relay	Bettendorf (<i>Mike Lonergan-Nate Billips-Martin Stonebraker-Ian Renner-Arjes</i>)	3:10.47

2000..... DOWLING CATHOLIC, W.D.M. – 194..... Coach Mark Crouch

50-Freestyle.....	Grant Parrish, Bettendorf	:21.14
100-Freestyle.....	Zach Ferguson, Dowling Catholic, W.D.M.....	:45.79
200-Freestyle.....	Zach Ferguson, Dowling Catholic, W.D.M.....	1:41.05
500-Freestyle.....	Jason Snider, Valley, West Des Moines	4:40.78
100-Breaststroke	Kiel Huston, Ankeny.....	:56.82
100-Backstroke.....	Andrew Van Meter, Ames	:50.78
100-Butterfly	Andrew Van Meter, Ames	:50.11
200-Individual Medley.....	Jason Snider, Valley, West Des Moines	1:50.84
200-Medley Relay.....	Valley, West Des Moines (<i>Jason Snider-Nathan Welling-Mike Mosher-Nate Zittergruen</i>)	1:36.55
200-Freestyle Relay	Valley, West Des Moines (<i>Jason Snider-Brad Rowland-Richard Wolf-Nate Zittergruen</i>)	1:25.51
400-Freestyle Relay	Dowling Catholic, West Des Moines (<i>Josh Otis-Jimmer Dorweiler-Johnny Sourbeer-Zach Ferguson</i>).....	3:09.56

2001..... DOWLING CATHOLIC, W.D.M.-173..... Coach Mark Crouch

50-Freestyle.....	Jack Powell, Mason City	:21.58
100-Freestyle.....	Jack Powell, Mason City	:46.75
200-Freestyle.....	Jimmer Dorweiler, Dowling Catholic, W.D.M.....	1:43.36
500-Freestyle.....	Adam Lehenbauer, Bettendorf.....	4:43.04
100-Breaststroke	Kiel Huston, Ankeny.....	:56.03
100-Backstroke.....	Andrew Van Meter, Ames	:49.71
100-Butterfly	Andrew Van Meter, Ames	:48.83
200-Individual Medley.....	Kiel Huston, Ankeny.....	1:52.86
200-Medley Relay.....	Mason City (<i>Derek Duffy-Paul Murray-Jack Powell-Tom Hardy</i>).....	1:36.21
200-Freestyle Relay	Valley, West Des Moines (<i>Bryan Rowland-Nate Welling-Peter Mercuris-Richard Wolf</i>).....	1:25.67
400-Freestyle Relay	Dowling Catholic, West Des Moines (<i>Matt Bzdega-Jimmer Dorweiler-Adam Mitchell-Josh Otis</i>).....	3:08.11

2002	DOWLING CATHOLIC, W.D.M.-197.5	Coach Mark Crouch
50-Freestyle.....	Jack Powell, Mason City	:21.42
100-Freestyle.....	Jack Powell, Mason City	:46.52
200-Freestyle.....	Jimmer Dorweiler, Dowling Catholic, W.D.M.	1:40.30
500-Freestyle.....	Charlie Cunnick, Davenport, Central	4:35.90
100-Breaststroke	Kiel Huston, Ankeny	:56.16
100-Backstroke.....	Andrew Van Meter, Ames	:49.18
100-Butterfly	Andrew Van Meter, Ames	:49.00
200-Individual Medley.....	Kiel Huston, Ankeny	1:52.33
200-Medley Relay.....	Ames (Andrew VanMeter-Michael Eggert-Michael Peterson-Tony Borich)	1:34.68
200-Free Relay	Mason City (Tom Hardy-Derek Duffy-Mark Guetzko-Jack Powell)	1:25.57
400-Free Relay	Dowling Catholic, W.D.M. (Adam Mitchell-Jimmer Dorweiler-Jimmy Sourbeer-Josh Otis).....	3:05.87
2003	DOWLING CATHOLIC, W.D.M.-192	Coach Mark Crouch
50-Freestyle.....	Michael Burke, Valley, West Des Moines	:21.51
100-Freestyle.....	Jeff Bratten, Ottumwa.....	:46.20
200-Freestyle.....	Jeff Bratten, Ottumwa.....	1:40.35
500-Freestyle.....	Charlie Cunnick, Davenport Central	4:33.66
100-Breaststroke	Sean Osborne, Cedar Falls.....	:55.69
100-Backstroke.....	Andrew Van Meter, Ames	:48.83
100-Butterfly	Andrew Van Meter, Ames	:48.58
200-Individual Medley.....	Sean Osborne, Cedar Falls.....	1:50.29
200-Medley Relay.....	Ames (Andrew VanMeter-Michael Eggert-Bobby Sundvold-Tommy Strehlow) ..	1:35.44
200-Free Relay	Dowling Catholic, West Des Moines (Jimmy Sourbeer-Jeff Kubat-Ted Riesenber-Jimmer Dorweiler) ...	1:27.23
400-Free Relay	Dowling Catholic, West Des Moines (Jimmy Sourbeer-Jeff Kubat-Fred Nesbit-Jimmer Dorweiler).....	3:09.56
2004	CEDAR FALLS – 214	Coach Richard Marcussen
50-Freestyle.....	B. J. Kolsrud, Cedar Falls	:20.90
100-Freestyle.....	Jimmy Sourbeer, Dowling Catholic, W.D.M.	:46.87
200-Freestyle.....	Jimmy Sourbeer, Dowling Catholic, W.D.M.	1:41.44
500-Freestyle.....	Charlie Cunnick, Davenport Central	4:31.02
100-Breaststroke	Dan Harty, Ankeny	:58.36
100-Backstroke.....	Nick Cordes, Cedar Falls	:52.60
100-Butterfly	Charlie Cunnick, Davenport Central	:48.96
200-Individual Medley.....	Seth Wessels, Cedar Falls.....	1:53.73
200-Medley Relay.....	Cedar Rapids Washington (Nick Basile-B.J. Kolsrud-Joe Taylor-Andrew Visser)	1:36.24
200-Free Relay	Cedar Falls (Nick Cordes-Alex Stone-Sam Backstrom-Jordan Wessels).....	1:26.17
400-Free Relay	Cedar Falls (Seth Wessels-Sam Backstrom-Raymond Holz-Jordan Wessels) ...	3:12.29
2005	CEDAR FALLS – 209	Coach Richard Marcussen
50-Freestyle.....	Nick Cordes, Cedar Falls	:20.73
100-Freestyle.....	Matt Dahlke, Marshalltown.....	:46.94
200-Freestyle.....	Steven Brus, Davenport, North	1:42.15
500-Freestyle.....	Steven Brus, Davenport, North	4:35.89
100-Breaststroke	Dan Harty, Ankeny	:58.66
100-Backstroke.....	Nick Cordes, Cedar Falls	:51.29
100-Butterfly	James Dragon, Muscatine	:50.63
200-Individual Medley.....	James Dragon, Muscatine	1:53.85
200-Medley Relay.....	Ames	

200-Freestyle Relay	(Bobby Sundvold-Josh Peterson-Joe Wiedemeier-Tommy Strehlow) ...	1:36.01
	Cedar Falls	
400-Freestyle Relay	(Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels)	1:26.03
	Cedar Falls	
	(Seth Wessels-Aaron Zander-Raymond Holz-Jordan Wessels)	3:13.19

2006..... CEDAR FALLS - 257.5..... Coach Dana Peiffer

50-Freestyle	Nick Cordes, Cedar Falls	:20.62
100-Freestyle	Joe Wiedemeier, Ames	:46.57
200-Freestyle	Steven Brus, Davenport, North	1:41.63
500-Freestyle	Steven Brus, Davenport, North	4:34.00
100-Breaststroke	Logan Frederick, Marshalltown	:59.31
100-Backstroke	Nick Cordes, Cedar Falls	:50.23
100-Butterfly	Zack Bartholomew, Pleasant Valley	:50.63
200-Individual Medley	Seth Wessels, Cedar Falls	1:52.80
200-Medley Relay	Cedar Falls	
	(Nick Cordes-Jordan Wessels-Seth Wessels-Alex Stone)	1:33.56
200-Freestyle Relay	Cedar Falls	
	(Nick Cordes-Alex Stone-Aaron Zander-Jordan Wessels)	1:24.58
400-Freestyle Relay	Cedar Falls	
	(Seth Wessels-Tyler Verink-Aaron Zander-Alex Stone)	3:11.38

2007..... BETTENDORF – 184..... Coach Mike Ahrens

50-Freestyle	Nick Cordes, Cedar Falls	:20.56
100-Freestyle	Jordan Huff, Dubuque, Senior	:45.97
200-Freestyle	Jordan Huff, Dubuque, Senior	1:39.83
500-Freestyle	Steven Brus, Davenport, North	4:35.22
100-Breaststroke	Alex Dragon, Muscatine	:57.86
100-Backstroke	Nick Cordes, Cedar Falls	:49.90
100-Butterfly	Zack Bartholomew, Pleasant Valley	:49.78
200-Individual Medley	Alex Dragon, Muscatine	1:53.22
200-Medley Relay	Muscatine	
	(Max Dittmer-Alex Dragon-David Mead-Bart Howard)	1:35.04
200-Freestyle Relay	Bettendorf	
	(Alex Clark-Jon Alves-Jacob Hemberger-Kyle Green)	1:26.32
400-Freestyle Relay	Bettendorf	
	(Alex Clark-James Barber-John Gayton-Kyle Green)	3:12.49

2008..... CEDAR RAPIDS, WASHINGTON – 171..... Coach Chris Cruise

50-Freestyle	Ryan Phelan, Cedar Rapids, Washington	:20.81
100-Freestyle	Jordan Huff, Dubuque, Senior	45.28
200-Freestyle	Jordan Huff, Dubuque, Senior	1:39.66
500-Freestyle	Brian Verink, Cedar Falls	4:39.92
100-Breaststroke	Andy White, Bettendorf	58.83
100-Backstroke	John Gayton, Bettendorf	53.25
100-Butterfly	Zack Bartholomew, Pleasant Valley	49.72
200 Individual Medley	John Gayton, Bettendorf	1:56.93
200 Medley Relay	Bettendorf	
	(John Gayton-Jon Alves-Andy White-Jake Hemberg)	1:36.60
200-Freestyle Relay	Cedar Rapids Washington	
	(Christopher Emery-Banning Young-John Sevier-Ryan Phelan)	1:26.47
400-Freestyle Relay	Pleasant Valley	
	(Will Horvet-John Beck-Jared Damman-Zack Bartholomew)	3:11.98

2009..... DUBUQUE, SENIOR – 152..... Coach Dan Duclos

50-Freestyle	Mitch Taylor, Johnston	:21.10
100-Freestyle	Jordan Huff, Dubuque, Senior	:45.07
200-Freestyle	Jordan Huff, Dubuque, Senior	1:40.74
500-Freestyle	Cameron Herting, Iowa City, City High	4:40.79
100-Breaststroke	Joseph Gallet, Cedar Rapids, Washington	:59.05

100-Backstroke.....	Ben Utesch, Ames.....	:51.11
100-Butterfly.....	Mitch Taylor, Johnston.....	:50.67
200-Individual Medley.....	Donny Warren, Dubuque, Hempstead.....	1:53.94
200-Medley Relay.....	Cedar Rapids, Washington <i>(Ian-Ford-Joseph Gallet-Will McCartan-John Sevier)</i>	1:35.65
200-Freestyle Relay.....	Cedar Rapids, Washington <i>(John Sevier-Joseph Gallet-Will McCartan-Banning Young)</i>	1:25.90
400-Freestyle Relay.....	Dubuque, Senior <i>(Andrew Peter-Eric Ferring-Mark Ross-Jordan Huff)</i>	3:08.44

2010..... VALLEY, WEST DES MOINES – 173.....Coach Shawn DeBoef

50-Freestyle.....	Ben Loeffelholz, Dubuque, Hempstead.....	:21.28
100-Freestyle.....	Austin Abbas, Cedar Falls.....	:47.10
200-Freestyle.....	Garrett Moses, Cedar Falls.....	1:41.31
500-Freestyle.....	Cameron Herting, Iowa City, City High.....	4:40.79
100-Breaststroke.....	Colby Kubat, Dowling Catholic, W.D.M.....	:58.86
100-Backstroke.....	Dustin Rhoads, Ames.....	:49.63
100-Butterfly.....	Dustin Rhoads, Ames.....	:49.73
200-Individual Medley.....	Colby Kubat, Dowling Catholic, W.D.M.....	1:54.02
200 Medley Relay.....	Ames <i>(Dustin Rhoads-Taylor Kutchen-John Hagen-Sam Wiedemeier)</i>	1:34.33
200-Freestyle Relay.....	Cedar Falls <i>(Jon Baker-Garrett Moses-Josh Sund-Austin Abbas)</i>	1:26.47
400-Freestyle Relay.....	Valley, West Des Moines <i>(Jim Skoumal-Nate Harris-Charlie Hogan-Ian Conte)</i>	3:09.27

2011..... MUSCATINE - 187.50.....Coach Judd Anderson

50-Freestyle.....	Ben Loeffelholz, Dubuque, Hempstead.....	:21.07
100-Freestyle.....	Ben Loeffelholz, Dubuque, Hempstead.....	:46.22
200-Freestyle.....	Colin McAllister, Iowa City, City High.....	1:42.57
500-Freestyle.....	Cameron Herting, Iowa City, City High.....	4:36.03
100-Breaststroke.....	Travis Greenwald, Muscatine.....	:58.55
100-Backstroke.....	Austin Abbas, Cedar Falls.....	:51.35
100-Butterfly.....	Tyler Calegan, Muscatine.....	:50.50
200-Individual Medley.....	Haden Calegan, Muscatine.....	1:53.06
200-Medley Relay.....	Muscatine <i>(Haden Calegan-Travis Greenwald-Tyler Calegan-Paul Jindrich)</i> ...	1:35.17
200-Freestyle Relay.....	Dubuque, Senior <i>(Josh-Gill-Alex Duster-Connor Huff-Tate Forsyth)</i>	1:25.35
400-Freestyle Relay.....	Cedar Falls <i>(Austin Abbas-Jon Baker-Gabe Langner-Josh Sund)</i>	3:09.85

2012..... MUSCATINE - 177.50.....Coach Judd Anderson

50-Freestyle.....	Jonathan Fiepke, Dowling Catholic, W.D.M.	:21.02
100-Freestyle.....	Jonathan Fiepke, Dowling Catholic, W.D.M.	:45.49
200-Freestyle.....	Trent Jackson, Muscatine.....	1:40.75
500-Freestyle.....	Trent Jackson, Muscatine.....	4:38.63
100-Breaststroke.....	Travis Greenwald, Muscatine.....	:57.35
100-Backstroke.....	Matt Boyd, Clinton.....	:51.06
100-Butterfly.....	Max Ward, Des Moines, Roosevelt.....	:50.75
200-Individual Medley.....	Matt Boyd, Clinton.....	1:53.50
200-Medley Relay.....	Muscatine <i>(Alex Walton-Travis Greenwald-Tate Jackson-Kris Treiber)</i>	1:35.26
200-Freestyle Relay.....	Muscatine <i>(Travis Greenwald-Kris Treiber-Trent Jackson-Tate Jackson)</i>	1:26.45
400-Freestyle Relay.....	Dowling Catholic, W.D.M. <i>(Ben Severino-Nate Tystahl-Alek Martin-Jonathan Fiepke)</i>	3:09.04

2013..... MUSCATINE - 180.....Coach Judd Anderson

50-Freestyle.....	Josh Gill, Dubuque, Senior	:20.76
100-Freestyle.....	Jonathan Fiepke, Dowling Catholic, W.D.M.	:44.76
200-Freestyle.....	Ben Severino, Dowling Catholic, W.D.M.....	1:42.08
500-Freestyle.....	Josh Hughes, Cedar Rapids, Washington.....	4:41.46
100-Breaststroke	Travis Greenwald, Muscatine.....	:56.46
100-Backstroke.....	Alex Walton, Muscatine.....	:50.34
100-Butterfly	RJ Hemmingsen, Lewis Central	:50.25
200-Individual Medley.....	Haden Calegan, Muscatine.....	1:51.28
200-Medley Relay.....	Muscatine <i>(Alex Walton-Michael Sovers-Travis Greenwald-Matt Kruger).....</i>	1:35.24
200-Freestyle Relay	Dubuque, Senior <i>(Josh Gill-Alex Duster-James Daughters-Justin Yuan</i>	1:23.99
400-Freestyle Relay	Dowling Catholic, W.D.M. <i>(Ben Severino-Spencer Clark-John Carmody-Jonathan Fiepke).....</i>	3:09.44

2014..... IOWA CITY, WEST – 205..... Coach Rob Miecznikowski

50-Freestyle.....	Mark McGlaughlin, Iowa City, West	:20.67
100-Freestyle.....	Mark McGlaughlin, Iowa City, West	:45.00
200-Freestyle.....	Aidan Keen, Iowa City, West.....	1:40.91
500-Freestyle.....	Aidan Keen, Iowa City, West.....	4:37.48
100-Breaststroke	Justin Winnett, Johnston	:56.38
100-Backstroke.....	Alex Walton, Muscatine	:50.59
100-Butterfly	R.J. Hemmingsen, Lewis Central.....	:47.84
200-Individual Medley.....	Alex Walton, Muscatine.....	1:53.47
200-Medley Relay.....	Iowa City West <i>(Mark McGlaughlin-Matt Anderson-Carson Miller-Oliver Martin)</i>	1:35.94
200-Freestyle Relay	Iowa City, West <i>(Oliver Martin-Will Scott-Carson Miller-Aidan Keen)</i>	1:25.46
400-Freestyle Relay	Iowa City, West <i>(Aidan Keen-Will Scott-Matt Anderson-Mark McGlaughlin).....</i>	3:08.43

2015..... IOWA CITY, WEST – 189..... Coach Rob Miecznikowski

50-Freestyle.....	Mark McGlaughlin, Iowa City, West	:20.73
100-Freestyle.....	Mark McGlaughlin, Iowa City, West	:44.76
200-Freestyle.....	Aidan Keen, Iowa City, West.....	:1:40.32
500-Freestyle.....	Aidan Keen, Iowa City, West.....	4:33.69
100-Breaststroke	Nick Staver, Pleasant Valley	:56.74
100-Backstroke	Alex Walton, Muscatine.....	:49.18
100-Butterfly	Jared Thorson, Cedar Rapids, Washington.....	:50.56
200-Individual Medley	Alex Walton, Muscatine.....	1:49.20
200-Medley Relay.....	Iowa City, West <i>(Mark McGlaughlin-Matt Anderson-Oliver Martin-Will Scott).....</i>	1:33.39
200-Freestyle Relay	Iowa City, West <i>(Will Scott-Matt Anderson-Oliver Martin-Aidan Keen).....</i>	1:24.75
400-Freestyle Relay	Iowa City, West <i>(Mark McGlaughlin-Oliver Martin-Will Scott-Aidan Keen).....</i>	3:08.43

2016..... WAUKEE - 244..... Coach Dan Biggs

50-Freestyle.....	Will Scott, Iowa City, West	:20.29
100-Freestyle.....	Mark McGlaughlin, Iowa City, West	:43.64
200-Freestyle.....	Cameron Kelley, Cedar Rapids, Washington	1:39.50
500-Freestyle.....	Cameron Kelley, Cedar Rapids, Washington	4:29.96
100-Breaststroke	Isaak Webb, Newton-Pella.....	:56.45
100-Backstroke	Nick Saulnier, Cedar Rapids, Washington.....	:49.18
100-Butterfly	Jared Thorson, Cedar Rapids, Washington.....	:49.54
200-Individual Medley	Mark McGlaughlin, Iowa City, West	1:46.91
200-Medley Relay.....	Dubuque, Senior <i>(John Colin-Andrew Breiffelder-Jacob Hansen-Brandon Sindt).....</i>	1:34.03
200-Freestyle Relay	Iowa City, West	

400-Freestyle Relay	(Will Scott-Matt Anderson-Oliver Martin-Aidan Keen).....	1:24.75
	Iowa City, West	
	(Mark McLaughlin-Oliver Martin-Will Scott-Aidan Keen).....	3:08.43
2017	WAUKEE – 259	Coach Dan Biggs
50-Freestyle	Oliver Martin, Iowa City West	:20.72
100-Freestyle	Zach Linder, Waukee	:45.81
200-Freestyle	Zach Linder, Waukee	1:40.72
500-Freestyle	Dylan Moffatt, Cedar Falls	4:32.24
100-Breaststroke	Dalton Lillibridge, Ames	:57.87
100-Backstroke	Caleb Aman, Bettendorf	:50.89
100-Butterfly	Jackson Kuhlert, Waukee	:50.11
200-Individual Medley	Caleb Aman, Bettendorf	1:49.43
200-Medley Relay	Bettendorf	
	(Caleb Aman-Ryan Schade-Ben Luppen-Zach Bunn)	1:34.08
200-Freestyle Relay	Johnston	
	(Alex Overton-Scott Lair-Grant Lair-Grant Fuhr)	1:25.41
400-Freestyle Relay	Johnston	
	(Grant Fuhr-Scott Lair-Grant Lair-Alex Overton)	3:07.62
2018	AMES - 221	Coach Dan Flannery
50-Freestyle	Jacob Keller, Valley, West Des Moines	:20.75
100-Freestyle	Jackson Allmon, Lewis Central	:45.61
200-Freestyle	Jackson Allmon, Lewis Central	1:39.11
500-Freestyle	Dylan Moffatt, Cedar Falls	4:27.77
100-Breaststroke	Forrest Frazier, Iowa City, City High	:54.16
100-Backstroke	Nick Chase, Dowling Catholic, W.D.M.	:49.48
100-Butterfly	Forrest Frazier, Iowa City, City High	:49.10
200-Individual Medley	Caleb Aman, Bettendorf	1:40.49
200-Medley Relay	Ames	
	(Ethan Johnson-Dalton Lillibridge-Misho Mahrous-Nick Matthews)	1:33.83
200-Freestyle Relay	Bettendorf	
	(Charlie Bunn-Luke Nickles-Andrew Ottavianelli-Caleb Aman)	1:24.82
400-Freestyle Relay	Valley, West Des Moines	
	(Gregg Lichinsky-Evan Porter-Casey Bach-Jacob Keller)	3:06.87
2019	ANKENY 226	Coach Justin Crouch
50-Freestyle	Charlie Bunn, Bettendorf	:20.42
100-Freestyle	Charlie Bunn, Bettendorf	:44.94
200-Freestyle	Trent Frandson, Ankeny	1:37.75
500-Freestyle	Trent Frandson, Ankeny	4:23.46
100-Breaststroke	Forrest Frazier, Iowa City, City High	:55.17
100-Backstroke	Nick Chase, Dowling Catholic, W.D.M.	50.10
100-Butterfly	Izaak Hajek, Iowa City, West	:49.45
200-Individual Medley	Cameron Linder, Waukee	1:51.11
200-Medley Relay	Dowling Catholic, W.D.M.	
	(Nick Chase-Jerry Xu-Gage Agnew-John Culver)	1:32.67
200-Freestyle Relay	Bettendorf	
	(Andrew Ottavianelli-Luke Nickles-Sam Mitvalsky-Charlie Bunn)	1:23.56
400-Freestyle Relay	Bettendorf	
	(Andrew Ottavianelli-Luke Nickles-Alex Stone-Charlie Bunn)	3:05.10
2020	IOWA CITY, WEST 262.5	Coach Byron Butler
50-Freestyle	Charlie Bunn, Bettendorf	:20.18
100-Freestyle	Charlie Bunn, Bettendorf	:44.41
200-Freestyle	Trent Frandson, Ankeny	1:35.68

500-Freestyle.....	Trent Frandson, Ankeny.....	4:26.27
100-Breaststroke	Forrest Frazier, Iowa City, City High	:53.15
100-Backstroke.....	James Pinter, Iowa City, West	50.01
100-Butterfly	Andrew Reiter, Waukee	:48.93
200-Individual Medley.....	Forrest Frazier, Iowa City, City High	1:45.96
200-Medley Relay.....	Iowa City, City High (Caleb Coons, Forrest Frazier, Isaac Weigel, Bryce Edens)	1:31.58
200-Freestyle Relay	Bettendorf (Sam Mitvalsky, Noah Mitvalsky, Alex Stone, Charlie Bunn).....	1:23.18
400-Freestyle Relay	Bettendorf (Sam Mitvalsky, Noah Mitvalsky, Alex Stone, Charlie Bunn).....	3:02.38

2021 WAUKEE 268.5 Coach Dan Briggs

50-Freestyle.....	Alex Stone, Bettendorf	:20.67
100-Freestyle.....	Alex Stone, Bettendorf	:45.17
200-Freestyle.....	Trent Frandson, Ankeny.....	1:36.46
500-Freestyle.....	Trent Frandson, Ankeny.....	4:25.71
100-Breaststroke	Kohen Rankin, Sioux City Metro	:55.03
100-Backstroke.....	Aiden Carstensen, Linn-Mar, Marion	49.83
100-Butterfly	Andrew Reiter, Waukee	:48.68
200-Individual Medley.....	Andrew Reiter, Waukee	1:47.79
200-Medley Relay.....	Iowa City, West (Boyd Skelley, Jordan Christensen, Holden Carter, Luke Nichols).....	1:32.24
200-Freestyle Relay	Ankeny (Trent Frandson, Will Bennett, Brek Stukerjurgan, Lance Swanepoel).....	3:04.22
400-Freestyle Relay	Ankeny (Trent Frandson, Will Bennett, Owen Schwebach, Lance Swanepoel)	1:24.11

TOP 10 STATE MEET BESTS PRIOR TO 2022 SEASON

The following performances are only from the State Meet

200-Yard Medley Relay

1. Iowa City, City High <i>Caleb Coons, Forrest Frazier, Isaac Weigel, Bryce Edens</i>	2020	1:31.58
2. Iowa City, West <i>James Pinter, Jordan Christensen, Izaak Hajek, Michael Kimball</i>	2020	1:31.86
3. Iowa City, West <i>Boyd Skelley, Jordan Christensen, Holden Carter, Luke Nichols</i>	2021	1:32.24
4. Dowling Catholic, W.D.M. <i>Nick Chase, Jerry Xu, Gage Agnew, John Culver</i>	2019	1:32.67
5. Iowa City, West <i>Mark McGlaughlin-Matt Anderson-Oliver Martin-Will Scott</i>	2015	1:33.39
6. Cedar Falls <i>Nick Cordes-Jordan Wessels-Seth Wessels-Alex Stone</i>	2006	1:33.56
7. Waukee <i>Asher Havenhill, Cameron Linder, Andrew Reiter, Eli Waltman</i>	2020	1:33.61
8. Ames <i>Ethan Johnson-Dalton Lillibridge-Misho Mahrous-Nick Matthews</i>	2018	1:33.83
9. Cedar Rapids, Washington <i>Peter Visser-B.J. Kolsrud-Joe Tayler-Ryan Phelan</i>	2006	1:33.95
10. Dubuque, Senior <i>John Colin-Andrew Breitfelder-Jacob Hansen-Brandon Sindt</i>	2016	1:34.03

200-Yard Freestyle

1. Trent Frandson, Ankeny.....	2020	1:35.68
2. Craig Oppel, Valley, West Des Moines.....	1985	1:36.36
3. Trent Frandson, Ankeny.....	2021	1:36.46

4. Trent Frandson, Ankeny.....	2019.....	1:37.75
5. Mike Johnson, Ankeny.....	1988.....	1:38.20
6. James Pinter, Iowa City, West.....	2020.....	1:38.24
7. Ian Renner-Arjes, Bettendorf.....	1997.....	1:39.01
8. Jackson Allmon, Lewis Central.....	2018.....	1:39.11
9. Cameron Kelley, Cedar Rapids, Washington.....	2016.....	1:39.50
10. Cooper Callahan, Linn-Mar, Marion.....	2021.....	1:39.52

200-Yard Individual Medley

1. Forrest Frazier, Iowa City, City High.....	2020.....	1:45.96
2. Mark McGlaughlin, Iowa City, West.....	2016.....	1:46.91
3. Andrew Reiter, Waukee.....	2021.....	1:47.79
4. Andrew Reiter, Waukee.....	2020.....	1:48.29
5. Alex Walton, Muscatine.....	2015.....	1:49.20
6. Caleb Aman, Bettendorf.....	2017.....	1:49.43
7. Nick Saulnier, Cedar Rapids, Washington.....	2016.....	1:49.80
8. Sean Osborne, Cedar Falls.....	2003.....	1:50.29
9. Cameron Linder, Waukee.....	2020.....	1:50.47
10. Caleb Aman, Bettendorf.....	2018.....	1:50.49

50-Yard Freestyle

1. Charlie Bunn, Bettendorf.....	2020.....	20.18
2. Will Scott, Iowa City, West.....	2016.....	20.29
3. Chris Eckerman, Dowling Catholic, W.D.M.....	1993.....	20.32
4. Charlie Bunn, Bettendorf.....	2019.....	20.42
5. Nick Cordes, Cedar Falls.....	2007.....	20.56
6. Kevin Burke, Pleasant Valley.....	2019.....	20.61
7. Nick Cordes, Cedar Falls.....	2006.....	20.62
8. Jacob Keller, Valley, West Des Moines.....	2019.....	20.65
9. Mark McGlaughlin, Iowa City, West.....	2014.....	20.67
Diggory Dillingham, Iowa City, West.....	2020.....	20.67
Alex Stone, Bettendorf.....	2021.....	20.67

100-Yard Butterfly

1. RJ Hemmingsen, Lewis Central.....	2014.....	:47.84
2. Andrew Van Meter, Ames.....	2003.....	:48.58
3. Andrew Reiter, Waukee.....	2021.....	:48.68
4. Andrew VanMeter, Ames.....	2001.....	:48.83
5. Andrew Reiter, Waukee.....	2020.....	:48.93
6. Charlie Cunnick, Davenport, Central.....	2004.....	:48.96
7. Andrew VanMeter, Ames.....	2002.....	:49.00
8. Forrest Frazier, Iowa City, City High.....	2018.....	:49.10
9. Craig Opper, Valley, West Des Moines.....	1985.....	:49.13
10. Lance Swanepoel, Ankeny.....	2021.....	:49.34

100-Yard Freestyle

1. Mark McGlaughlin, Iowa City, West.....	2016.....	:43.64
2. Chris Eckerman, Dowling Catholic, W.D.M.....	1993.....	:44.17
3. Charlie Bunn, Bettendorf.....	2020.....	:44.41
4. Chris Eckerman, Dowling Catholic, W.D.M.....	1992.....	:44.43
5. Mark McGlaughlin, Iowa City, West (lead off leg in 400 Freestyle Relay).....	2016.....	:44.50
6. Jonathan Fiepke, Dowling Catholic, W.D.M.....	2013.....	:44.76
Mark McGlaughlin, Iowa City, West.....	2015.....	:44.76
8. Charlie Bunn, Bettendorf.....	2019.....	:44.94
9. Mark McGlaughlin, Iowa City, West.....	2014.....	:45.00
10. Jordan Huff, Dubuque, Senior.....	2009.....	45.07

500-Yard Freestyle

1.	Trent Frandson, Ankeny.....	2019	4:23.46
2.	Trent Frandson, Ankeny.....	2021	4:25.71
3.	Trent Frandson, Ankeny.....	2020	4:26.27
4.	Dylan Moffatt, Cedar Falls.....	2018	4:27.77
5.	Cameron Kelley, Cedar Rapids, Washington.....	2016	4:29.96
6.	Joey Hancock, Dowling Catholic, W.D.M.....	2021	4:30.40
7.	Aidan Keen, Iowa City, West.....	2016	4:30.49
8.	Jason Lathrum, Indianola.....	1996	4:30.62
9.	Cameron Linder, Waukee.....	2020	4:30.87
10.	Charlie Cunnick, Davenport, Central.....	2004	4:31.02

200-Yard Freestyle Relay

1.	Iowa City, West <i>Mark McGlaughlin-Aidan Keen-Oliver Martin-Will Scott.....</i>	2016	1:22.55
2.	Bettendorf <i>Sam Mitvalsky, Noah Mitvalsky, Alex Stone, Charlie Bunn.....</i>	2020	1:23.18
3.	Bettendorf <i>Andrew Ottavianelli, Luke Nickles, Sam Mitvalsky, Charlie Bunn.....</i>	2019	1:23.56
4.	Ankeny <i>Max Martin, Adam Vaske, Jae Swanepoel, Trent Frandson.....</i>	2019	1:23.68
5.	Ankeny <i>Max Martin, Weston Miner, Jae Swanepoel, Trent Frandson.....</i>	2020	1:23.83
6.	Dubuque, Senior <i>Josh-Gill-Alex Duster-James Daughters--Justin Yuan.....</i>	2013	1:23.99
7.	Iowa City, West <i>Diggory Dillingham, Kirk Brotherton, Luke Nichols, Michael Kimball.....</i>	2020	1:24.00
8.	Ankeny <i>Trent Frandson, Will Bennett, Owen Schwebach, Lance Swanepoel.....</i>	2021	1:24.11
9.	Muscatine <i>Travis Greenwald-Drake Kulick-Matt Krueger-Haden Calegan.....</i>	2013	1:24.29
10.	Valley, W.D.M. <i>Braedon Kirkpatrick, Casey Bach, Luke Johnson, Jacob Keller.....</i>	2019	1:24.47

100-Yard Backstroke

1.	Andrew VanMeter, Ames.....	2003	48.83
2.	Andrew VanMeter, Ames.....	2002	49.18
	Alex Walton, Muscatine.....	2015	49.18
4.	Nick Chase, Dowling Catholic, W.D.M.....	2018	49.48
5.	Nick Saulnier, Cedar Rapids, Washington.....	2016	49.54
6.	Dustin Rhoads, Ames.....	2010	49.63
7.	Andrew VanMeter, Ames.....	2001	49.71
8.	Aiden Carstensen, Linn-Mar, Marion.....	2021	49.83
9.	Nick Cordes, Cedar Falls.....	2007	49.90
10.	James Pinter.....	2020	50.01

100-Yard Breaststroke

1.	Forrest Frazier, Iowa City, City High.....	2020	53.15
2.	Forrest Frazier, Iowa City, City High.....	2018	54.16
3.	Kohen Rankin, Sioux City Metro.....	2021	55.03
4.	Forrest Frazier, Iowa City, City High.....	2019	55.17
5.	Sean Osborne, Cedar Falls.....	2003	55.69
6.	Kiel Huston, Ankeny.....	2001	56.03
7.	Kiel Huston, Ankeny.....	2002	56.16
8.	Justin Winnett, Johnston.....	2014	56.38
9.	Ben Litton, Cedar Falls.....	1998	56.38
10.	Jordan Christensen, Iowa City, West.....	2020	56.40

400-Yard Freestyle Relay

1.	Bettendorf <i>Sam Mitvalsky, Noah Mitvalsky, Alex Stone, Charlie Bunn</i>	2020	3:02.38
2.	Iowa City, West <i>Mark McGlaughlin-Oliver Martin-Will Scott-Aidan Keen</i>	2015	3:02.98
3.	Iowa City, West <i>Mark McGlaughlin-Aidan Keen-Oliver Martin-Will Scott</i>	2016	3:03.18
4.	Ankeny <i>Trent Frandson, Will Bennett, Brek Stukerjurgan, Lance Swanepoel</i>	2021	3:04.22
5.	Bettendorf <i>Andrew Ottavianelli, Luke Nickles, Alex Stone, Charlie Bunn</i>	2019	3:05.10
6.	Iowa City, West <i>Diggory Dillingham, Luke Nichols, Izaak Hajek, James Pinter</i>	2020	3:05.45
7.	Dowling Catholic, W.D.M. <i>Adam Mitchell-Jimmer Dorweiler-Jimmy Sourbeer-Josh Otis</i>	2002	3:05.87
8.	Ames <i>Joe Herridges-Michael Peterson-Jon Saxton-Andrew VanMeter</i>	2002	3:06.04
9.	Ankeny <i>Trent Frandson, Adam Vaske, Jae Swanepoel, Max Martin</i>	2019	3:06.13
10.	Waukeke <i>AJ Abram, Andrew Reiter, Asher Havenhill, Cameron Linder</i>	2020	3:06.30
10.	Ankeny <i>Trent Frandson, Jae Swanepoel, Lance Swanepoel, Brek Stukerjurgan</i>	2020	3:06.30

ONE METER DIVING

(discontinued after 1994 meet)

1.	Jeff Symons, Ames	1982	594.85
2.	Kent Ferguson, Cedar Rapids, Washington	1981	590.85
3.	Tom Moore, Southeast Polk	1980	553.90
4.	Jeff Symons, Ames	1981	538.00
5.	Pat Clark, Des Moines, Hoover.....	1984	535.35
6.	Tom Neunsinger, Des Moines, Hoover.....	1981	534.25
7.	Phil Bishop, Ames	1986	526.70
8.	Randy Ableman, Cedar Rapids, Washington	1976	517.10
9.	Jose Hidalgo, Iowa City, City High.....	1990	510.40
10.	Phil Bishop, Ames	1985	506.70