



November 8, 2021

Dear Swimming Coaches, Athletic Directors and Officials:

As we start the boys swim season, we want to highlight information that was shared in the rules meeting and the IHSAA Winter Sports Manual.

### **2022 State Meet**

I've received a number of questions regarding the 2022 state swim meet. At the current time, we do plan on swimming at the University of Iowa for the 2022 state meet. We are planning on a prelim-final format with preliminaries on Friday, February 11 and the finals on Saturday, February 12. 32 individuals will participate in the preliminaries on Friday with 16 making Saturday's final, while all 24 relay teams will swim Saturday. All qualifying will still take place via the district meet on Saturday, February 5. More information related to the state meet will be shared later this winter.

### **2021-22 Rules Books**

Each swimming school and official received a new 2020-21 rules book last fall and were asked to keep those rule books through the 2021-22 boys swim season.

### **2021-2022 Swimming Rules Meeting**

The 2021-22 Swimming and Diving Rules Meeting is active through Varsity Bound for coaches and through DragonFly for officials. Head coaches are required to view the rules meeting by Monday, November 29 in order to coach in postseason competition. Officials are required to view the rules meeting and pass the swimming examination in order to become registered and work any high school meet. Our rules meeting is the same as the girls' meeting, so if you watched the meeting earlier this fall, you have met the requirement for the year.

### **Concussion in Sports: What You Need to Know Course**

All 7-12 coaches (head, assistant, paid, volunteer) are required to view the online concussion course before the first day of practice. This requirement is through legislative action and is being administered by the IHSAA. Your school has been receiving reminders for all coaches who have not completed this requirement. Coaches who do not view this course risk losing their coaching authorization/endorsement.

### **Varsity Bound**

Varsity Bound is now open and ready for schools to enter their rosters and schedules. Each school's roster should have rolled over and the grade of the athletes has advanced by one grade. Again, there will be 3 checkpoints throughout the regular season: Tuesday, December 7; Tuesday, January 11; and Tuesday, February 1. All meets completed through the previous Saturday of each reporting date need to be

entered by the check date. Meet results must also be entered by the Tuesday after both the district and state meet. The penalty for failure to report on time is:

**First Offense:** a letter/e-mail to the head coach and athletic director from the IHSAA sport administrator giving 3 days to comply.

**Second Offense:** a letter to the athletic director with a copy to the principal and superintendent from the IHSAA executive director, giving 3 days to comply.

**Third Offense:** IHSAA member school's expense allowances will be withheld by the IHSAA in the sport in which the third offense occurred.

### **2021-22 Rules & Editorial Changes**

Here is a link to the NFHS rule and editorial changes for the current season:

<https://nfhs.org/sports-resource-content/swimming-and-diving-rules-changes-2021-22/>.

For exact wording of each rule change, please look at the PDF version of the rules meeting: [https://www.iahsaa.org/wp-content/uploads/2021/11/21-](https://www.iahsaa.org/wp-content/uploads/2021/11/21-22_IHSAA_IGHSAU_Swimming_and_Diving_Rules_Meeting.pdf)

[22\\_IHSAA\\_IGHSAU\\_Swimming\\_and\\_Diving\\_Rules\\_Meeting.pdf](https://www.iahsaa.org/wp-content/uploads/2021/11/21-22_IHSAA_IGHSAU_Swimming_and_Diving_Rules_Meeting.pdf).

**Proper Supervision of Swimmers** - Section 641-15.4(4)"d"(4) of the Iowa Code states, "For a structured swimming program, such as lap swim, competitive swimming, water exercise classes, swim lessons, and physical education classes a life guard is not required provided the program is supervised by an instructor, teacher, or **coach who is a lifeguard or has current certification from the American Red Cross in basic water rescue, first aid, and infant, child and adult CPR**; or equivalent training approved by the Department of Health. **"An instructor, teacher, or coach may be responsible for a MAXIMUM of 30 persons within a structured activity. If more than 30 persons are involved (*in or out of the water*) in a structured activity, a second qualified supervisor **MUST** be present."**

### **Iowa High School Swim Coaches Association**

Coaches are reminded of the networking and leadership opportunities and student-athlete awards that are available to members of the Iowa High School Swim Coaches Association. Please contact Shawn DeBoef at Valley High School ([deboefs@wdmcs.org](mailto:deboefs@wdmcs.org)) for additional information.

We hope you have a great start to the season. Again, don't hesitate to contact me with any concerns throughout the season.

Sincerely,

Jared Chizek  
Assistant Director