

IOWA HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Fort Dodge, IA

Lakeside Golf Course

10/29/2021 - 10/30/2021



OFFICIAL MEET REPORT

printed: 10/21/2021 11:23 AM

EVENT ENTRIES

#1 Class 4A Girls 5000M

#	Name	Yr	Team
1	Nyadio Chan	SR	Ames
2	Claire Helmers	FR	Ames
3	Lauren Risdal	FR	Ames
4	Payton Stewart	JR	Ames
5	Kiah Synder	SR	Ames
6	Marley Turk	FR	Ames
7	Sydney Turk	JR	Ames
8	Drew Beason	FR	Ankeny
9	Talia Dosh	SR	Ankeny
10	Savannah Gage	FR	Ankeny
11	Sophia Graber	FR	Ankeny
12	Lauren Jackson	FR	Ankeny
13	Paige Jacobsen	JR	Ankeny
14	Alli Macke	FR	Ankeny
15	Julia Flick	FR	Ankeny Centennial
16	Bella Hodges	FR	Ankeny Centennial
17	Kendall Jorgensen	SR	Ankeny Centennial
18	Anika Mohrhauser	FR	Ankeny Centennial
19	Anja Peck	SO	Ankeny Centennial
20	Rondi Quass	JR	Ankeny Centennial
21	Tillie Smith	FR	Ankeny Centennial
22	Hannah Beintema	SR	Bettendorf
23	Emily See	SO	Bettendorf
24	Rachel Mandt	JR	Cedar Falls
25	Zoe Zylstra	FR	Cedar Falls
26	Bethany Smeed	SR	Cedar Rapids Kennedy
27	Camryn Sattler	SO	Clinton
28	Lois Blackman	SR	Davenport Central
29	Adrienne Buettner-Cabl	JR	Des Moines Roosevelt
30	Elena Gentry	SO	Des Moines Roosevelt
31	Elle Green	SR	Des Moines Roosevelt
32	Abi Hahn	JR	Des Moines Roosevelt
33	Arianna Jackson	JR	Des Moines Roosevelt
34	Prosperi Mia	SR	Des Moines Roosevelt
35	Ava Scott	SO	Des Moines Roosevelt
36	Lauryn Frerichs	JR	Dowling Catholic West
37	Sally Gaskell	JR	Dowling Catholic West
38	Liv Hall	SO	Dowling Catholic West
39	Maddy Hall	SR	Dowling Catholic West
40	Avery Muller	SO	Dowling Catholic West
41	Molly O'Halloran	FR	Dowling Catholic West
42	Megan Wainright	SR	Dowling Catholic West
43	Maddie Digman	JR	Dubuque Hempstead
44	Julia Gehl	SO	Dubuque Hempstead
45	Evie Henneberry	FR	Dubuque Hempstead
46	Ellie Hermiston	SO	Dubuque Hempstead

#1 Class 4A Girls 5000M (cont'd)

#	Name	Yr	Team
47	Keelee Leitzen	SO	Dubuque Hempstead
48	Brooke O'Brien	JR	Dubuque Hempstead
49	Natalie Schlichte	JR	Dubuque Hempstead
50	Emma Chambers	SR	Dubuque Senior
51	Jayda Gooch	SR	Dubuque Senior
52	Emily Gorton	FR	Dubuque Senior
53	Georgia Harms	JR	Dubuque Senior
54	Claire Hoyer	FR	Dubuque Senior
55	Leah Klapatauskas	SO	Dubuque Senior
56	Kaitlyn Miller	SO	Dubuque Senior
57	Jordyn Brown	FR	Indianola
58	Gracie Foster	SO	Indianola
59	Taylor Hoger	FR	Indianola
60	Emily Naughton	JR	Indianola
61	Remy Sivertsen	SO	Indianola
62	Bree Tenges	JR	Indianola
63	Joey Werling	SR	Indianola
64	Rowan Boulter	SR	Iowa City City High
65	Lucy Corbin	SR	Iowa City City High
66	Tatum Frazier	SR	Iowa City City High
67	Nina Kuhlmann	FR	Iowa City City High
68	Eva Reynolds	JR	Iowa City City High
69	Ani Wedemeyer	FR	Iowa City City High
70	Iris Wedemeyer	JR	Iowa City City High
71	Ashlyn Keeney	SR	Iowa City Liberty
72	Cindy Wang	SO	Iowa City West
73	Lauryn Johannsen	SR	Johnston
74	Marissa Pewe	FR	Johnston
75	Krissy Spear	SO	Johnston
76	Aleah Tenpas	SR	Johnston
77	Bailey Vaughan	SR	Johnston
78	Olivia Verde	SO	Johnston
79	Abigail Wharton	SO	Johnston
80	Rachel Adamson	JR	Linn-Mar Marion
81	Jordyn Beck	JR	Linn-Mar Marion
82	Ally Buck	SO	Linn-Mar Marion
83	Ella Dorman	JR	Linn-Mar Marion
84	Gabby Mauren	FR	Linn-Mar Marion
85	Elly Shipley	SO	Linn-Mar Marion
86	Abbey Vezina	JR	Linn-Mar Marion
87	Janae Hansen	FR	Mason City
88	Bailey Boddicker	JR	North Scott Eldridge
89	Faith Nead	SR	North Scott Eldridge
90	Breelie Mauro	JR	Norwalk Community
91	Grace Boleyn	FR	Pleasant Valley
92	Josie Case	SO	Pleasant Valley

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#	Name	Yr	Team
93	Gretchen Highberger	JR	Pleasant Valley
94	Bria Martell	FR	Pleasant Valley
95	Lizzie McVey	SR	Pleasant Valley
96	Lexi Minard	SO	Pleasant Valley
97	Lydia Sommor	JR	Pleasant Valley
98	Bridget Canton	SO	Prairie Cedar Rapids
99	Gabrielle Cortez	SR	Prairie Cedar Rapids
100	Karlee Hamilton	SO	Prairie Cedar Rapids
101	Keirra Hess	SO	Prairie Cedar Rapids
102	Lily Johannes	SR	Prairie Cedar Rapids
103	Alyza Koppes	SR	Prairie Cedar Rapids
104	Lourdes Mason	JR	Prairie Cedar Rapids
105	Kaia Downs	SR	Sioux City East
106	Ivy Mehlhaff	SO	Sioux City East
107	Elizabeth Jordan	JR	Sioux City North
108	Jenna Francois	JR	Southeast Polk
109	Jacie Mitchell	JR	Southeast Polk
110	Megan Carmell	JR	Urbandale
111	Sophia Huber	JR	Urbandale
112	Alex Mackie	SO	Urbandale
113	Julia Martinez-Lohf	SR	Urbandale
114	Crystal Ruden	SR	Urbandale
115	Norah Seeley	SO	Urbandale
116	Sarah Webster	FR	Urbandale
117	Emily Bright	SR	Valley West Des Moines
118	Addison Dorenkamp	SO	Valley West Des Moines
119	Kamryn Ensley	SR	Valley West Des Moines
120	Ava Hall	FR	Valley West Des Moines
121	Madeline Hollander	SR	Valley West Des Moines
122	Cohen Kooker	SO	Valley West Des Moines
123	Amanda Overton	JR	Valley West Des Moines
124	Emma Baumgart	JR	Waukee
125	Mallory Wurth	FR	Waukee

#5 Class 2A Girls 5000M

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EVENT ENTRIES**#3 Class 3A Girls 5000M**

#	Name	Yr	Team
250	Geneva Timmerman	JR	ADM Adel
251	Moriah Knapp	JR	Algona
252	Nicole Carmona	SR	Assumption Davenport
253	Morgan Jennings	SR	Assumption Davenport
254	Claire Pellett	SO	Atlantic
255	Ava Rush	JR	Atlantic
256	Kate Huisinga	SR	Ballard
257	Annika Larson	FR	Ballard
258	Brooke Loewe	SR	Ballard
259	Raegan Loewe	FR	Ballard
260	Paityn Noe	JR	Ballard
261	Ava Richardson	FR	Ballard
262	Ava Vance	SO	Ballard
263	Delaney Saulsbury	FR	Bishop Heelan Catholic
264	Brooklyn Stanley	SO	Bishop Heelan Catholic
265	Maya Bergstrom	SO	Carlisle
266	Marie Daggett	SO	Carlisle
267	Laura Downs	JR	Carlisle
268	Ainsley Erzen	SR	Carlisle
269	Tessa Erzen	JR	Carlisle
270	Hannah McGraw	JR	Carlisle
271	Riley Sievers	JR	Carlisle
272	Madison Bockenstedt	FR	Center Point-Urbana
273	Emily Bowe	FR	Center Point-Urbana
274	Kora Katcher	SR	Center Point-Urbana
275	Sydney McCormick	FR	Center Point-Urbana
276	Avery Sweeney	FR	Center Point-Urbana
277	Leah Taylor	SR	Center Point-Urbana
278	Emma Wilkerson	SO	Center Point-Urbana
279	Lydia Staudt	SR	Charles City
280	Haidyn Barker	JR	Clear Creek-Amana
281	Kira Barker	FR	Clear Creek-Amana
282	Kalin Rotzoll	SR	Clear Creek-Amana
283	Riley DeGonia	JR	Creston
284	Kinze Shea	SO	Crestwood Cresco
285	Kendel Slavin	SR	Crestwood Cresco
286	Abbey Angus	SO	Dallas Center-Grimes
287	Vanessa Bickford	SO	Dallas Center-Grimes
288	Skyler Blessman	SR	Dallas Center-Grimes
289	Hannah Little	SR	Dallas Center-Grimes
290	Meredith McDermott	JR	Dallas Center-Grimes
291	Maddie Schmitz	FR	Dallas Center-Grimes
292	Maddy Stevens	FR	Dallas Center-Grimes
293	Rebecca Anderson	JR	Decorah
294	Mendlik Lola	FR	Denison-Schleswig
295	Audrey Biermann	SR	Epworth Western Dubu

#3 Class 3A Girls 5000M (cont'd)

#	Name	Yr	Team
296	Lilly Boge	SR	Epworth Western Dubu
297	Leah Digmann	SR	Epworth Western Dubu
298	Isabella Graber	JR	Epworth Western Dubu
299	Alyssa Klein	SO	Epworth Western Dubu
300	Bella Meyers	FR	Epworth Western Dubu
301	Olivia Thul	JR	Epworth Western Dubu
302	Sophia Bleich	FR	Gilbert
303	Mia Kautman	FR	Gilbert
304	Abby McGuire	JR	Gilbert
305	Abby Patel	FR	Gilbert
306	Adi Siegel	SO	Gilbert
307	Clare Stahr	SO	Gilbert
308	Sophie Vanderpool	SR	Gilbert
309	Madelyn Berglund	FR	Glenwood
310	Emerson Griffin	JR	Glenwood
311	Kate Hughes	JR	Glenwood
312	Lauren Hughes	SO	Glenwood
313	Rachel Mullennax	SR	Glenwood
314	Breckyn Petersen	FR	Glenwood
315	Brooklyn Schultz	FR	Glenwood
316	Lydia Maas	SO	Hampton-Dumont-CAL
317	Kayla Anderson	FR	Harlan
318	Kaia Bieker	SR	Harlan
319	Taylor Bieker	SO	Harlan
320	Jenna Gessert	JR	Harlan
321	Ellie Gross	SR	Harlan
322	Emily Schechinger	SO	Harlan
323	Lindsey Sonderman	FR	Harlan
324	Abby Harding	JR	Iowa Falls-Alden/AGWS
325	Teah Miller	JR	Iowa Falls-Alden/AGWS
326	Sydney Andresen	SO	Marion
327	Kyra Cordes	FR	Marion
328	Natalie McAllister	SO	Marion
329	Audra Meyer	FR	Marion
330	Kendall Orozco	SO	Marion
331	Madison Prier	SR	Marion
332	Peyton Steffen	SR	Marion
333	Payge Bahrke	SO	Moc-Floyd Valley
334	Aryana Dokter	JR	Moc-Floyd Valley
335	Biyanca Dokter	JR	Moc-Floyd Valley
336	Kennedy Fernstrum	FR	Moc-Floyd Valley
337	Emily Haverdink	SR	Moc-Floyd Valley
338	Sarah May	FR	Moc-Floyd Valley
339	Elin Van Der Werff	FR	Moc-Floyd Valley
340	Anna Hoffman	SR	Mount Vernon-Lisbon
341	Kambree Hultquist	SR	Mount Vernon-Lisbon

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#	Name	Yr	Team
342	Emrie Johnson	FR	Mount Vernon-Lisbon
343	Abbie Moss	FR	Mount Vernon-Lisbon
344	Sierra Snyder	SO	Mount Vernon-Lisbon
345	Laura Swart	JR	Mount Vernon-Lisbon
346	Nadia Telecky	SR	Mount Vernon-Lisbon
347	Alyssa Shannon	SR	Newton
348	Abby Bell	SO	North Polk Alleman
349	Sophia Campbell	FR	North Polk Alleman
350	Aubrie Kiesling	JR	North Polk Alleman
351	Bailey Knights	SR	North Polk Alleman
352	Aleah McBee	SR	North Polk Alleman
353	Liza Schaffer	JR	North Polk Alleman
354	Hailey Volz	SR	North Polk Alleman
355	Hadley Augustine	SO	Notre Dame / West Burl
356	Hannah Fruehling	FR	Notre Dame / West Burl
357	Sage Adam	SR	Oskaloosa
358	Autumn Blink	SO	Pella
359	Raegan Snieder	FR	Pella
360	Emma Bock	SR	Solon
361	Mara Duster	JR	Solon
362	Gracie Federspiel	SO	Solon
363	Kaia Holtkamp	SR	Solon
364	Meghan O'Neill	SR	Solon
365	Anna Quillin	SO	Solon
366	Kayla Young	JR	Solon
367	Aliza Edwards	JR	Spencer
368	Brenna Fisher	SR	Spencer
369	Ivy Hamilton	JR	Spencer
370	Lexi Johnson	SR	Spencer
371	Emma Morey	JR	Spencer
372	Peyton Morey	FR	Spencer
373	Ana Olson	FR	Spencer
374	Katelyn Krieger	JR	Spirit Lake Park
375	Josie Belken	JR	Wahlert Dubuque
376	Laney Duggan	SR	Wahlert Dubuque
377	Ellie Kirby	SR	Wahlert Dubuque
378	Ellie Meyer	SR	Wahlert Dubuque
379	Steffen Rylee	JR	Wahlert Dubuque
380	Lilah Takes	JR	Wahlert Dubuque
381	Anna Van Otterloo	JR	Wahlert Dubuque
382	Sydney Bochmann	SO	Waverly-Shell Rock
383	Dyllan Kaufman	JR	Winterset

#7 Class 1A Girls 5000M