



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

RECORD BOOK



CROSS COUNTRY 2021 Complete Edition

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The Record Book

The Record Book is the latest attempt by the IHSAA to preserve the history of Iowa high school boys' sports. Previously referred to as the Stat Book or the Dope Book, this printed and digital document highlights various accomplishments – championships, postseasons, statistical records and milestones – that belong to Iowa's outstanding member schools, teams, coaches, and student-athletes.

Acknowledgements

This information has been maintained and made publicly available through the vision and effort of two key former IHSAA staffers: information director Bud Legg, and publications director Mo Kelley. Countless coaches, historians, and journalists have supplied essential records and notes. More IHSAA staff members, most recently Elisa Kahler, Tim Latta, and Lauren Ratliff have assisted with edits and archive management.

A sincere "Thank You" goes to all who have contributed.

Updates & Edits

The IHSAA strives to make each sport's Record Book a comprehensive and accurate resource. Annual updates will be completed following each season. Records should be submitted by coaches or administrators. Assistance is welcome with incomplete categories or data sets.

Standards have been applied to available statistical lists. Benchmarks are indicated as necessary. This may alter previous lists, including "All-Time Bests" lists, and is to allow for accurate and equitable record-keeping.

Have an update or edit to pass along?

Please email communications director Chris Cuellar: ccuellar@iahsaa.org.

References & Style

The IHSAA uses naming conventions as supplied by the Iowa Department of Education for active member schools. Inactive, consolidated, or cooperative programs are listed as names have been made available. Certain names have been adjusted for space in select categories, including: city names (D.M. for Des Moines, C.R. for Cedar Rapids, etc.), parochial titles (Kuemper, Carroll for Kuemper Catholic, Carroll, etc.), working acronyms (GTRA for Graettinger-Terril/Ruthven-Ayrshire), and schools' city identifiers (West Lyon for West Lyon, Inwood). Statistics are cited as applied in high school (NFHS) sports rules.

About the IHSAA

The Iowa High School Athletic Association has worked to coordinate, develop, direct, oversee, and promote boys' high school and junior high sports and activities across the state of Iowa since 1904. The IHSAA is a 501(c)(3) nonprofit organization that offers free membership to all high schools in Iowa that are recognized by the Department of Education.

For more information, please visit our website:

www.iahsaa.org

CHAMPIONSHIPS

Team Champions By Year

Year	Class	Team	Score	Places	Year	Class	Team	Score	Places
1922		Cedar Rapids	20	5-7-8	1949	AA	Des Moines, East	9	1-3-5
1923		Iowa City	10	2-3-5		A	Fairfield		
1924		Shellsburg	21	3-?-?		B	Marion	6	1-2-3
1925	(tie)	Dubuque	28	3-?-?		C	Ollie	7	1-2-4
	(tie)	Fort Madison	28	4-?-?	1950	AA	Des Moines, North	16	3-6-7
1926		Fort Madison	27	5-6-16		A	Des Moines, Tech	11	1-3-7
1927		Iowa City, University High	27	5-6-16		B (tie)	Monroe	14	1-3-10
1928		Keokuk	16	1-4-11		B (tie)	Marion	14	2-4-8
1929		Muscatine	14	1-4-9		C	Fremont	12	3-4-5
1930		Muscatine	17	1-4-9	1951	AA	Davenport	21	6-7-8
1931		Ottumwa	23	T-1-2-14		A (tie)	Cedar Rapids, Roosevelt	12	3-4-5
1932		Ottumwa	15	2-6-7		A (tie)	Charles City	12	1-2-9
1933		Ottumwa	33	2-13-18		B	Marion	16	2-5-9
1934		Muscatine	12	3-4-5		C	Stanley	13	1-4-8
1935		Oskaloosa	9	2-3-4	1952	AA	Des Moines, North	12	1-3-8
1936	A	Oskaloosa	16	2-5-9		A	Marion	10	1-4-5
	B	Iowa City, University High	43	4-18-21		B	Eldora	7	1-2-4
1937	A	Des Moines, East	18	1-5-12		C	Underwood	13	1-4-8
	B	Iowa City, University High	14	2-4-8	1953	AA	Des Moines, North	17	1-6-10
	C	Clarence	14	2-3-9		A	Marion	9	1-3-5
1938	A	Oskaloosa	18	2-5-11		B	Eldora	6	1-2-3
	B	Iowa City, University High	20	4-5-11		C	Underwood	11	1-2-8
	C	Thornburg	16	1-5-10	1954	AA	Des Moines, Tech	21	2-8-11
1939	A	Knoxville	12	1-2-9		A	Marion	10	1-3-6
	B	Williamsburg	36	5-15-16		B	Eldora	10	2-3-5
	C	Martinsburg	54	2-25-27		C	Underwood	11	2-3-6
1940	A	Ottumwa	14	3-5-6	1955	AA	Des Moines, Tech	25	1-9-15
	B	Iowa City, University High	7	1-2-4		A	Valley, West Des Moines	9	1-3-5
	C	LeClaire	9	2-3-4		B	LeClaire	8	1-3-4
1941	A	Des Moines, East	12	3-4-5		C	Elliott	23	5-8-10
	B	Iowa City, University High	9	1-2-6	1956	AA	Des Moines, Tech	25	7-8-10
	C	Minburn	15	3-5-7		A	Clarinda	9	2-3-4
1942	A	Des Moines, East	10	1-4-5		B	LeClaire	7	1-2-4
	B	Iowa City, University High	7	1-2-4		C	Sheffield	15	1-5-9
1943	A	Des Moines, East	6	1-2-3	1957	AAA	Sioux City, Central	12	1-5-6
1943	B	Iowa City, University High	10	2-3-5		AA	Oskaloosa	14	1-6-7
	C	Mechanicsville	6	1-2-3		A	Decorah	15	2-3-10
1944	A	Des Moines, North	14	3-5-6		B	Saydel	22	1-9-12
	B	Iowa City, University High	6	1-2-3		C	Menlo	14	1-5-8
	C	Mechanicsville	8	1-3-4	1958	AAA	Sioux City, Central	21	2-3-16
1945	A	Des Moines, North	16	4-5-7		AA	Decorah	11	1-2-8
	B	Marion	9	2-3-4		A	Marion	20	3-6-11
	C	Mechanicsville	6	1-2-3		B	Sheffield	14	3-4-7
1946	A	Des Moines, North	23	3-5-15		C	LuVerne	16	3-6-7
	B	Marion	8	1-2-5	1959	AAA	Des Moines, Tech	11	2-3-6
	C	Mechanicsville	9	2-3-4		AA	Decorah	15	1-5-9
1947	Due to weather, no team scoring was kept					A	South Page, College Springs	22	3-8-11
1948	AA	Council Bluffs, Abraham Lincoln	9	1-3-5		B	Underwood	17	1-6-10
	A	Cedar Rapids, Roosevelt	8	1-2-5		C	LuVerne	8	1-2-5
	B	Marion	10	2-3-5					
	C	Napier	9	2-3-4					

Team Champions - By Year

Year	Class	Team	Score	Places	Year	Class	Team	Score	Places
1960	AAA	Des Moines, Tech	13	2-5-6	1969	AAAA	Cedar Falls	39	4-9-26
	AA	Marshalltown	19	3-5-11		AAA	Columbus Catholic, Waterloo	16	1-3-12
	A	Winterset	12	1-4-7		AA	Ankeny	19	2-6-11
	B	South Page, College Springs	18	1-6-11		A	Chariton	31	6-7-18
	C	LuVerne	12	1-2-9		B	Central Lyon, Rock Rapids	19	3-7-9
1961	AAA	Sioux City, Central	10	1-2-7	1970	C	Beaman-Conrad	18	2-3-13
	AA	Marshalltown	9	1-3-5		D	Miles	17	2-3-12
	A	West Sioux, Hawarden	6	1-2-3		AAAA	Waterloo, West	46	3-7-8-28
	B	Odebolt-Arthur	20	3-7-10		AAA	Des Moines, Hoover	37	3-9-10-15
	C	Klemme	6	1-2-3		AA	Urbandale	33	5-8-9-11
1962	AAA	Des Moines, Tech	8	1-3-4	1971	A	Osage	70	9-14-15-32
	AA	Valley, West Des Moines	15	1-4-10		B	Aquinas, Fort Madison	33	1-8-11-13
	A	Clarinda	22	2-8-12		C	BGM, Brooklyn	46	4-6-16-20
	B (tie)	Odebolt-Arthur	27	3-6-18		D	Garnavillo	52	9-11-15-17
	B (tie)	Sheffield	27	7-8-12		AAAA	Davenport, Central	62	2-15-21-24
1963	C	LuVerne	12	1-4-7	1972	AAA	Columbus Catholic, Waterloo	23	1-3-9-10
	AAA	Sioux City, Central	16	1-7-8		AA	Indianola	39	6-9-10-14
	AA	Grinnell-Newburg	34	8-10-16		A	Sheldon	55	2-5-12-36
	A	Clarinda	10	2-3-5		B	Aquinas, Fort Madison	33	2-5-12-14
	B	Anita	15	2-5-8		C	Johnston	42	6-7-14-15
1964	C	Sheffield-Chapin	14	3-4-7	1973	D	Notre Dame, Cresco	37	6-8-9-14
	AAAA	Sioux City, Central	6	1-2-3		AAAA	Mason City	20	1-5-6-8
	AAA	Marshalltown	10	1-4-5		AAA	Columbus Catholic, Waterloo	16	1-3-5-7
	AA	Decorah	27	5-9-13		AA	Indianola	22	1-2-9-10
	A	Odebolt-Arthur	16	2-4-10		A	Decorah	41	4-9-12-16
1965	B	Anita	15	1-2-12	1974	B	Johnston	56	7-8-10-31
	C	Miles	20	2-6-12		C	Tri-County, Thornburg	59	8-11-18-22
	AAAA	Sioux City, Central	6	1-2-3		D	Garnavillo	36	5-7-8-16
	AAA	Marshalltown	6	1-2-3		AAAA	Mason City	54	7-11-13-23
	AA	Red Oak	22	1-8-13		AAA	Ames	45	1-6-14-24
1966	A	Aquin, Cascade	29	3-10-16	1975	AA	Lewis Central	38	1-7-13-17
	B	Madrid	19	1-6-12		A	Western Christian, Hull	40	6-9-12-13
	C	Charles City, Immaculate Conception	21	1-9-11		B	Johnston	32	2-4-6-20
	AAAA	Sioux City, Central	6	1-2-3		C	Milford	66	10-16-19-21
	AAA	Marshalltown	17	1-4-12		D (tie)	Garnavillo	75	4-12-23-36
1967	AA	Red Oak	4	4-7-13	1976	D (tie)	Dike	75	15-16-18-26
	AA	Decorah	24	5-9-10		AAAA	Marshalltown	48	5-6-12-25
	A	Aquin, Cascade	19	1-4-14		AAA	Dowling Catholic, W.D.M.	39	4-9-10-16
	B	Farragut	32	1-12-19		AA	Assumption, Davenport	56	2-3-24-27
	C	Lincoln Central, Gruver	30	2-8-20		A	Decorah	58	3-11-12-32
1968	AAAA	Sioux City, Central	8	1-3-4	1977	B	Shenandoah	46	2-7-13-24
	AAA	Ames	15	2-3-10		C	Dike	60	9-13-14-24
	AA	Red Oak	7	1-2-4		D	Sanborn	62	4-5-13-40
	A	Decorah	32	2-4-6		AAAA	Marshalltown	55	2-4-11-38
	B	Pekin, Packwood	17	2-7-8		AAA	Ames	33	2-3-8-20
1969	C (tie)	North Winneshiek, Decorah	30	6-10-14	1978	AA	Waverly-Shell Rock	37	5-9-10-13
	C (tie)	Cedar Valley, Somers	30	7-11-12		A	Shenandoah	43	1-7-14-21
	AAAA	Des Moines, Lincoln	29	4-5-20		B	Tipton	26	1-2-8-15
	AAA	Ames	11	2-3-6		C	Aquin, Cascade	86	2-10-34-40
	AA	Urbandale	13	1-3-9		D	Odebolt-Arthur	63	6-11-12-34
1970	A	Decorah	8	1-2-5	1979	AA	Clinton	60	4-5-22-29
	B	Pekin, Packwood	22	4-8-10		A	Decorah	53	8-10-16-19
	C	Miles	10	1-3-6		B	Unity Christian, Orange City	44	3-4-12-20
						C	Bancroft, St. John's	21	3-4-9-25

Team Champions - By Year

Year	Class	Team	Score	Places	Year	Class	Team	Score	Places
1977	AA	Des Moines, Hoover	68	1-15-16-36	1994	3A	Iowa City, City High	87	7-12-21-23-24
	A	Decorah	67	2-8-23-34		2A	Humboldt	93	2-3-6-38-44
	B	Unity Christian, Orange City	39	3-4-12-20		1A	Denver	67	1-2-9-26-29
	C	Bancroft, St. John's	41	3-4-9-25	1995	3A	Dubuque, Senior	54	1-2-3-20-28
1978	AA	Muscatine	40	6-7-12-15		2A	Waukon	55	2-4-12-17-20
	A	Decorah	56	6-11-19-20		1A	Iowa Mennonite School, Kalona	95	9-13-20-22-31
	B	Aquinas, Fort Madison	47	8-12-13-14	1996	3A	Iowa City, City High	70	4-11-12-18-25
	C	Garnavillo	51	7-12-13-19		2A	Waukon	29	2-3-5-9-10
1979	AA	Clinton	48	2-8-14-24		1A	Calamus-Wheatland	108	1-8-26-34-39
	A	Centerville	103	19-25-27-32	1997	3A	Iowa City, City High	89	11-16-19-20-23
	B	Newman Catholic, Mason City	46	2-8-16-20		2A	Waukon	74	6-9-14-17-28
	C	Aquinas, Fort Madison	39	3-5-6-25		1A	Regina, Iowa City	48	3-5-11-13-16
1980	AA	Waverly-Shell Rock	94	8-12-23-51	1998	3A	Dubuque, Senior	93	11-15-16-18-33
	A	Knoxville	63	4-8-18-33		2A	Waukon	98	3-10-14-32-39
	B	Kee, Lansing	31	3-4-5-19		1A	Regina, Iowa City	98	8-10-21-23-36
	C	Cardinal Stritch, Keokuk	62	2-4-15-41	1999	3A	Iowa City, City High	69	11-12-13-15-18
1981	3A	Clinton	88	1-21-27-39		2A	Waukon	124	7-14-24-39-40
	2A	Sheldon	52	1-4-19-28		1A	West Sioux, Hawarden	92	4-12-17-18-41
	1A	Kee, Lansing	45	1-2-17-25	2000	3A	Iowa City, City High	90	7-15-19-23-26
1982	3A	Clinton	45	3-7-11-24		2A	Central Clinton, DeWitt	69	4-10-15-19-21
	2A	Western Christian, Hull	69	1-5-15-48		1A	Wapsie Valley, Fairbank	107	12-14-19-26-36
	1A	Kee, Lansing	52	4-12-14-22	2001	3A	Des Moines, Roosevelt	102	2-5-14-34-47
1983	3A	Ames	48	4-9-16-19		2A	Central Clinton, DeWitt	111	4-8-11-41-47
	2A	Cascade	89	5-12-14-58		1A	Bennett-Durant	111	18-21-22-24-26
	1A	Unity Christian, Orange City	75	13-16-22-24	2002	3A	Des Moines, Roosevelt	51	4-6-7-13-21
1984	3A	Clinton	48	4-13-15-16		2A	Waukon	124	3-4-11-28-78
	2A	Eagle Grove	95	6-20-26-43		1A	Nodaway Valley	124	13-16-26-31-38
	1A	Northern University High, Cedar Falls	60	1-7-17-35	2003	4A	Des Moines, Roosevelt	45	1-2-4-16-22
1985	3A	Dowling Catholic, W.D.M.	62	3-8-15-36		3A	Wahlert, Dubuque	143	11-30-31-33-38
	2A	Cascade	61	3-13-20-25		2A	Western Christian, Hull	85	4-13-20-22-26
	1A	Northern University High, Cedar Falls	98	3-7-40-48		1A	Regina, Iowa City	154	19-20-32-36-47
1986	3A	Clinton	46	1-10-16-19	2004	4A	Cedar Falls	91	8-9-10-31-33
	2A	Cascade	51	9-10-14-18		3A	Wahlert, Dubuque	72	1-10-19-20-22
	1A	Woodbine	81	6-17-18-40		2A	Regina, Iowa City	136	12-27-28-33-36
1987	3A	Dubuque, Senior	64	13-14-16-21		1A	Wapsie Valley, Fairbank	180	12-24-32-36-76
	2A	Eagle Grove	46	10-11-12-13	2005	4A	Cedar Falls	99	6-8-12-34-39
	1A	Woodbine	62	5-9-22-31		3A	Mount Vernon-Lisbon	84	8-10-12-34-39
1988	3A	Iowa City, West	115	4-16-28-33-34		2A	Western Christian, Hull	179	2-20-25-54-78
	2A	Shenandoah	92	1-17-20-21-33		1A	Wapsie Valley, Fairbank	104	10-11-15-20-48
	1A	Kee, Lansing	87	10-16-17-19-25	2006	4A	Pleasant Valley	74	2-7-15-18-32
1989	3A	Ames	100	4-6-10-27-53		3A	Xavier, Cedar Rapids	113	3-11-15-17-67
	2A	Shenandoah	51	3-6-7-9-26		2A	South Winneshiek, Calmar	203	14-34-48-51-56
	1A	Kee, Lansing	65	3-12-15-16-19		1A	Regina, Iowa City	171	7-20-34-45-65
1990	3A	Muscatine	97	1-7-22-27-40	2007	4A	Pleasant Valley	83	1-5-9-26-42
	2A	Decorah	57	2-3-6-18-28		3A	Xavier, Cedar Rapids	69	2-4-14-21-28
	1A	Jesup	96	8-11-14-27-36		2A	Monticello	100	1-14-21-31-33
1991	3A	Iowa City, West	84	5-8-16-18-37		1A	Regina, Iowa City	55	3-6-9-16-21
	2A	Shenandoah	73	4-7-11-20-31	2008	4A	Pleasant Valley	76	4-6-12-23-31
	1A	Williamsburg	102	13-16-19-22-32		3A	Algona	88	2-3-24-28-31
1992	3A	Iowa City, City High	73	3-9-12-16-33		2A	Spirit Lake	55	3-8-11-13-20
	2A	Decorah	84	1-7-8-32-36		1A	South Winneshiek, Calmar	103	4-11-14-33-41
	1A	St. Albert, Council Bluffs	56	2-8-12-14-20	2009	4A	Burlington	106	1-6-22-23-54
1993	3A	Iowa City, City High	45	5-6-9-12-13		3A	Pella	95	6-11-12-16-50
	2A	Waukon	59	4-5-14-17-19		2A	Spirit Lake	60	2-6-8-18-26
	1A	Regina, Iowa City	72	2-3-6-25-36		1A	Iowa Mennonite School, Kalona	71	1-4-20-22-24

Team Champions - By Year

<u>Year</u>	<u>Class</u>	<u>Team</u>	<u>Score</u>	<u>Places</u>	<u>Year</u>	<u>Class</u>	<u>Team</u>	<u>Score</u>	<u>Places</u>
2010	4A	Prairie, Cedar Rapids	65	5-6-16-17-21	2016	4A	Dowling Catholic, W.D.M.	100	3-8-13-23-53
	3A	Wahlert, Dubuque	118	4-15-32-33-34		3A	Mount Vernon-Lisbon	86	7-16-17-21-25
	2A	Regina, Iowa City	106	8-16-23-27-32		2A	Mid-Prairie, Wellman	98	11-12-14-26-35
	1A	Northern University High, Cedar Falls	107	11-12-21-30-33		1A	Nodaway Valley	36	1-5-8-9-13
2011	4A	Dowling Catholic, W.D.M.	70	3-6-12-18-31	2017	4A	Pleasant Valley	61	3-9-11-18-20
	3A	Pella	85	1-11-17-26-30		3A	Gilbert	75	6-9-16-19-25
	2A	Monticello	73	5-12-15-17-24		2A	George-Little Rock/Central Lyon	79	1-3-4-22-49
	1A	St. Albert, Council Bluffs	78	4-11-15-23-25		1A	Nodaway Valley	56	2-5-8-9-32
2012	4A	Dowling Catholic, W.D.M.	60	1-6-8-18-27	2018	4A	Dowling Catholic, W.D.M.	72	4-7-15-17-29
	3A	Decorah	62	5-10-11-12-24		3A	Gilbert	64	2-3-14-16-29
	2A	Monticello	52	3-8-10-13-18		2A	Tipton	72	2-5-12-22-31
	1A	St. Albert, Council Bluffs	68	1-5-9-25-28		1A	Madrid	63	1-5-10-18-29
2013	4A	Prairie, Cedar Rapids	81	4-7-8-11-51	2019	4A	Dowling Catholic, W.D.M.	87	2-14-16-17-38
	3A	Boone	69	1-2-16-18-32		3A	Dallas Center-Grimes	109	4-6-8-38-53
	2A	Monticello	63	1-5-8-10-39		2A	Tipton	78	2-8-10-24-34
	1A	Denver	89	1-10-15-22-41		1A	Madrid	74	2-11-13-14-34
2014	4A	Linn-Mar, Marion	85	6-8-10-18-43	2020	4A	Sioux City, North	75	1-4-19-24-27
	3A	Gilbert	73	1-4-6-24-38		3A	Dallas Center-Grimes	87	2-11-21-23-30
	2A	East Marshall, LeGrand	84	4-11-14-17-38		2A	Danville/New London	64	2-3-13-16-30
	1A	Bellevue	80	2-7-16-17-38		1A	Madrid	58	2-6-8-15-27
2015	4A	Dowling Catholic, W.D.M.	69	1-9-13-17-29					
	3A	Mount Vernon-Lisbon	50	2-9-10-14-15					
	2A	Garner-Hayfield-Ventura	59	2-4-10-20-23					
	1A	Nodaway Valley	61	3-12-13-16-17					

**Team Champions
By Class**

CLASS 4A

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
2003	Des Moines, Roosevelt	45	2011	Dowling Catholic, W.D.M.	70	2019	Dowling Catholic, W.D.M.	87
2004	Cedar Falls	91	2012	Dowling Catholic, W.D.M.	60	2020	Sioux City, North	75
2005	Cedar Falls	99	2013	Prairie, Cedar Rapids	81			
2006	Pleasant Valley	74	2014	Linn-Mar, Marion	85			
2007	Pleasant Valley	83	2015	Dowling Catholic, W.D.M.	69			
2008	Pleasant Valley	76	2016	Dowling Catholic, W.D.M.	100			
2009	Burlington	106	2017	Pleasant Valley	61			
2010	Prairie, Cedar Rapids	65	2018	Dowling Catholic, W.D.M.	72			

CLASS 3A

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1981	Clinton	88	1997	Iowa City, City High	89	2013	Boone	69
1982	Clinton	45	1998	Dubuque, Senior	93	2014	Gilbert	73
1983	Ames	48	1999	Iowa City, City High	69	2015	Mount Vernon-Lisbon	50
1984	Clinton	48	2000	Iowa City, City High	90	2016	Mount Vernon-Lisbon	86
1985	Dowling Catholic, W.D.M.	62	2001	Des Moines, Roosevelt	102	2017	Gilbert	75
1986	Clinton	46	2002	Des Moines, Roosevelt	51	2018	Gilbert	64
1987	Dubuque, Senior	64	2003	Wahlert, Dubuque	143	2019	Dallas Center-Grimes	109
1988	Iowa City, West	115	2004	Wahlert, Dubuque	72	2020	Dallas Center-Grimes	87
1989	Ames	100	2005	Mount Vernon-Lisbon	84			
1990	Muscatine	97	2006	Xavier, Cedar Rapids	113			
1991	Iowa City, West	84	2007	Xavier, Cedar Rapids	69			
1992	Iowa City, City High	73	2008	Algona	88			
1993	Iowa City, City High	45	2009	Pella	95			
1994	Iowa City, City High	87	2010	Wahlert, Dubuque	118			
1995	Dubuque, Senior	54	2011	Pella	85			
1996	Iowa City, City High	70	2012	Decorah	62			

CLASS 2A

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1981	Sheldon	52	1997	Waukon	74	2013	Monticello	63
1982	Western Christian, Hull	69	1998	Waukon	98	2014	East Marshall, LeGrand	84
1983	Cascade	89	1999	Waukon	124	2015	Garner-Hayfield-Ventura	59
1984	Eagle Grove	95	2000	Central Clinton, DeWitt	69	2016	Mid-Prairie, Wellman	98
1985	Cascade	61	2001	Central Clinton, DeWitt	111	2017	George-Little Rock/Central Lyon	79
1986	Cascade	51	2002	Waukon	124	2018	Tipton	72
1987	Eagle Grove	46	2003	Western Christian, Hull	85	2019	Tipton	78
1988	Shenandoah	92	2004	Regina, Iowa City	136	2020	Danville/New London	64
1989	Shenandoah	51	2005	Western Christian, Hull	179			
1990	2A Decorah	57	2006	South Winneshiek, Calmar	203			
1991	Shenandoah	73	2007	Monticello	100			
1992	Decorah	84	2008	Spirit Lake	55			
1993	Waukon	59	2009	Spirit Lake	60			
1994	Humboldt	93	2010	Regina, Iowa City	106			
1995	Waukon	55	2011	Monticello	73			
1996	Waukon	29	2012	Monticello	52			

Team Champions - By Class

CLASS 1A

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1981	Kee, Lansing	45	1996	Calamus-Wheatland	108	2011	St. Albert, Council Bluffs	78
1982	Kee, Lansing	52	1997	Regina, Iowa City	48	2012	St. Albert, Council Bluffs	68
1983	Unity Christian, Orange City	75	1998	Regina, Iowa City	98	2013	Denver	89
1984	Northern University High, Cedar Falls	60	1999	West Sioux, Hawarden	92	2014	Bellevue	80
1985	Northern University High, Cedar Falls	98	2000	Wapsie Valley, Fairbank	107	2015	Nodaway Valley	61
1986	Woodbine	81	2001	Bennett-Durant	111	2016	Nodaway Valley	36
1987	Woodbine	62	2002	Nodaway Valley	124	2017	Nodaway Valley	56
1988	Kee, Lansing	87	2003	Regina, Iowa City	154	2018	Madrid	63
1989	Kee, Lansing	65	2004	Wapsie Valley, Fairbank	180	2019	Madrid	74
1990	Jesup	96	2005	Wapsie Valley, Fairbank	104	2020	Madrid	58
1991	Williamsburg	102	2006	Regina, Iowa City	171			
1992	St. Albert, Council Bluffs	56	2007	Regina, Iowa City	55			
1993	Regina, Iowa City	72	2008	South Winneshiek, Calmar	103			
1994	Denver	67	2009	Iowa Mennonite School, Kalona	71			
1995	Iowa Mennonite School, Kalona	95	2010	Northern University High, Cedar Falls	107			

CLASS A (1936-1980)

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1936	Oskaloosa	16	1951	Charles City	12	1966	Aquin, Cascade	19
1937	Des Moines, East	18	1952	Marion	10	1967	Decorah	32
1938	Oskaloosa	18	1953	Marion	9	1968	Decorah	8
1939	Knoxville	12	1954	Marion	10	1969	Chariton	31
1940	Ottumwa	14	1955	Valley, West Des Moines	9	1970	Osage	70
1941	Des Moines, East	12	1956	Clarinda	9	1971	Sheldon	55
1942	Des Moines, East	10	1957	Decorah	15	1972	Decorah	41
1943	Des Moines, East	6	1958	Marion	20	1973	Western Christian, Hull	40
1944	Des Moines, North	14	1959	South Page, College Springs	22	1974	Decorah	58
1945	Des Moines, North	16	1960	Winterset	12	1975	Shenandoah	43
1946	Des Moines, North	23	1961	West Sioux, Hawarden	6	1976	Decorah	53
1948	Cedar Rapids, Roosevelt	8	1962	Clarinda	22	1977	Decorah	67
1949	Fairfield		1963	Clarinda	10	1978	Decorah	56
1950	Des Moines, Tech	11	1964	Odebolt-Arthur	16	1979	Centerville	103
1951	Cedar Rapids, Roosevelt	12	1965	Aquin, Cascade	29	1980	Knoxville	63

CLASS AA (1948-1980)

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1948	Council Bluffs, Abraham Lincoln	9	1960	Marshalltown	19	1971	Indianola	39
1949	Des Moines, East	9	1961	Marshalltown	9	1972	Indianola	22
1950	Des Moines, North	16	1962	Valley, West Des Moines	15	1973	Lewis Central	38
1951	Davenport	21	1963	Grinnell-Newburg	34	1974	Assumption, Davenport	56
1952	Des Moines, North	12	1964	Decorah	27	1975	Waverly-Shell Rock	37
1953	Des Moines, North	17	1965	Red Oak	22	1976	Clinton	60
1954	Des Moines, Tech	21	1966	Red Oak	4	1977	Des Moines, Hoover	68
1955	Des Moines, Tech	25	1966	Decorah	24	1978	Muscatine	40
1956	Des Moines, Tech	25	1967	Red Oak	7	1979	Clinton	48
1957	Oskaloosa	14	1968	Urbandale	13	1980	Waverly-Shell Rock	94
1958	Decorah	11	1969	Ankeny	19			
1959	Decorah	15	1970	Urbandale	33			

CLASS AAA (1957-1975)

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1957	Sioux City, Central	12	1964	Marshalltown	10	1971	Columbus Catholic, Waterloo	23
1958	Sioux City, Central	21	1965	Marshalltown	6	1972	Columbus Catholic, Waterloo	16
1959	Des Moines, Tech	11	1966	Marshalltown	17	1973	Ames	45
1960	Des Moines, Tech	13	1967	Ames	15	1974	Dowling Catholic, W.D.M.	39
1961	Sioux City, Central	10	1968	Ames	11	1975	Ames	33
1962	Des Moines, Tech	8	1969	Columbus Catholic, Waterloo	16			
1963	Sioux City, Central	16	1970	Des Moines, Hoover	37			

Team Champions - By Class

CLASS AAAA (1964-1975)

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1964	Sioux City, Central	6	1968	Des Moines, Lincoln	29	1972	Mason City	20
1965	Sioux City, Central	6	1969	Cedar Falls	39	1973	Mason City	54
1966	Sioux City, Central	6	1970	Waterloo, West	46	1974	Marshalltown	48
1967	Sioux City, Central	8	1971	Davenport, Central	62	1975	Marshalltown	55

CLASS B (1936-1980)

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1936	Iowa City, University High	43	1952	Eldora	7	1967	Pekin, Packwood	17
1937	Iowa City, University High	14	1953	Eldora	6	1968	Pekin, Packwood	22
1938	Iowa City, University High	20	1954	Eldora	10	1969	Central Lyon, Rock Rapids	19
1939	Williamsburg	36	1955	LeClaire	8	1970	Aquinas, Fort Madison	33
1940	Iowa City, University High	7	1956	LeClaire	7	1971	Aquinas, Fort Madison	33
1941	Iowa City, University High	9	1957	Saydel	22	1972	Johnston	56
1942	Iowa City, University High	7	1958	Sheffield	14	1973	Johnston	32
1943	Iowa City, University High	10	1959	Underwood	17	1974	Shenandoah	46
1944	Iowa City, University High	6	1960	South Page, College Springs	18	1975	Tipton	26
1945	Marion	9	1961	Odebolt-Arthur	20	1976	Unity Christian, Orange City	44
1946	Marion	8	1962	Odebolt-Arthur	27	1977	Unity Christian, Orange City	39
1948	Marion	10	1962	Sheffield	27	1978	Aquinas, Fort Madison	47
1949	Marion	6	1963	Anita	15	1979	Newman Catholic, Mason City	46
1950	Monroe	14	1964	Anita	15	1980	Kee, Lansing	31
1950	Marion	14	1965	Madrid	19			
1951	Marion	16	1966	Farragut	32			

CLASS C (1937-1980)

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1937	Clarence	14	1954	Underwood	11	1968	Miles	10
1938	Thornburg	16	1955	Elliott	23	1969	Beaman-Conrad	18
1939	Martinsburg	54	1956	Sheffield	15	1970	BGM, Brooklyn	46
1940	LeClaire	9	1957	Menlo	14	1971	Johnston	42
1941	Minburn	15	1958	LuVerne	16	1972	Tri-County, Thornburg	59
1943	Mechanicsville	6	1959	LuVerne	8	1973	Milford	66
1944	Mechanicsville	8	1960	LuVerne	12	1974	Dike60	
1945	Mechanicsville	6	1961	Klemme	6	1975	Aquin, Cascade	86
1946	Mechanicsville	9	1963	LuVerne	12	1976	Bancroft, St. John's	21
1948	Napier	9	1963	Sheffield-Chapin	14	1977	Bancroft, St. John's	41
1949	Ollie7		1964	Miles	20	1978	Garnavillo	51
1950	Fremont	12	1965	Charles City, Immaculate Conception	21	1979	Aquinas, Fort Madison	39
1951	Stanley	13	1966	Lincoln Central, Gruver	30	1980	Cardinal Stritch, Keokuk	62
1952	Underwood	13	1967	North Winneshiek, Decorah	30			
1953	Underwood	11	1967	Cedar Valley, Somers	30			

CLASS D (1969-1975)

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1969	Miles	17	1972	Garnavillo	36	1974	Sanborn	62
1970	Garnavillo	52	1973	Garnavillo	75	1975	Odebolt-Arthur	63
1971	Notre Dame, Cresco	37	1973	Dike	75			

SINGLE CLASS (1922-1935)

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Year</u>	<u>Team</u>	<u>Score</u>
1922	Cedar Rapids	20	1927	Iowa City, University High	27	1933	Ottumwa	33
1923	Iowa City	10	1928	Keokuk	16	1934	Muscatine	12
1924	Shellsburg	21	1929	Muscatine	14	1935	Oskaloosa	9
1925	Dubuque	28	1930	Muscatine	17			
1925	Fort Madison	28	1931	Ottumwa	23			
1926	Fort Madison	27	1932	Ottumwa	15			

Championship Team Personnel

By Year

Year	Class	School	Team (Finish order, as available)
1930	Single Class	Muscatine	John Games, Bob McElroy, John Wilson
1931	Single Class	Ottumwa	John Schmidt, Richard Beebe, Harold Kisinger
1932	Single Class	Ottumwa	Richard Beebe, John Schmidt, Harold Kisinger
1933	Single Class	Ottumwa	John Schmidt, John Beebe, Clifford Gardner
1934	Single Class	Muscatine	Bernard Berger, Gerald Wyman, Clark Brown
1935	Single Class	Oskaloosa	Ray Davis, Glenn Lee, Eugene Henson
1936	A	Oskaloosa	Neal Hamilton, Wayne Allgood, Glenn Sparks
1936	B	Iowa City, University High	Edwin Myers, Charles Robbins, Donald Spencer
1937	A	Des Moines, East	Carl Gustafson, Ben Huckins, Walter Hansen
	B	Iowa City, University High	Donald Spencer, Don Welt, Berdell Hager
	C	Clarence	Dale Winey, Leroy Preuss, Ed Winey
1938	A	Oskaloosa	Stanley McCarger, Rex Lee, Warren McCaulley
	B	Iowa City, University High	Lynn Frazier, Don Welt, Van Martin
	C	Thornburg	Raymond (Berl), Edmundson, Kenneth Geyer, Richard Rogers
1939	A	Knoxville	Harold Goebel, Howard Goebel, Bill Hanna
	B	Williamsburg	Charles Fetzer, Robert Mahan, Owen Jones
	C	Martinsburg	Ralph Zepp, Willis Knaack, Gary Hollingsworth
1940	A	Ottumwa	Danny Smith, Charles Sedore, Joe Lord
	B	Iowa City, University High	Lynn Frazier, Fred Zollar, Frank Zollar
	C	LeClaire	Kenneth McFate, Lewis Randolph, Russell Jaynes
1941	A	Des Moines, East	Ben Mills, Charles Harban, Martine Grandquist
	B	Iowa City, University High	Fred Zollar, Frank Zollar, Ed Smith
	C	Minburn	Bill Jackson, Daryl Thompson, Gene Waters
1942	A	Des Moines, East	Martin Grandquist, William Chappel, Vance Walters
	B	Iowa City, University High	Edward Smith, Robert Hartsock, Richard Terrell
1943	A	Des Moines, East	Vance Walters, Harold Williams, Wesley Redhead
	B	Iowa City, University High	Richard Terrell, Robert Hartsock, Francis Harney
	C	Mechanicsville	Don Gemberling, Calvin Robinson, Casper Robinson
1944	A	Des Moines, North	Jack Copeland, Mac Baty, Elvin Kirkpatrick
	B	Iowa City, University High	Richard Terrell, Stanley Murray, Robert Hartsock
	C	Mechanicsville	Calvin Robinson, Don Gemberling, Casper Robinson
1945	A	Des Moines, North	Tom Moore, John Kemble, Mac Baty
	B	Marion	Russell Benedict, Raymond Peterson, Neil Woods
	C	Mechanicsville	Calvin Robinson, Casper Robinson, Len Svoboda
1946	A	Des Moines, North	Tom Moore, Leland Graves, Millard Lee Kerr
	B	Marion	Raymond Peterson, Eugene Hastings, Neil Woods
	C	Mechanicsville	Vernon Svoboda, Len Svoboda, Howard Nicoll
1947	Due to weather, one combined individual race was run but no team scoring was kept		
1948	AA	Council Bluffs, Abraham Lincoln	Charles Whitaker, Galen Hassen, Bernard Lainson
	A	Cedar Rapids, Roosevelt	Ocie Trimble, Stan Petrick, Richard Wise
	B	Marion	Allen Mally, Jack Edmunds, Don Dean
	C	Napier	Arthur Trumbower, Phillip Anderson, Darrell Erickson
1949	AA	Des Moines, East	Don Murray, Eugene Hart, Richard Larson
	A	Fairfield	Larry Manary, Wayne Davis, James Hilleary
	B	Marion	Richard Hotz, Allen Mally, Jack Edmunds
1950	C	Ollie	Neal Bottger, Eugene Kessell, Charles Searcy
	AA	Des Moines, North	Larry Graves, Jay LaVine, Dean Gates
	A	Des Moines, Tech	Tom Burch, Ben Prewitt, Jerry Greenwell
	B (tie)	Monroe	Dick Rupert, Harold Wagner, Harold Boyer
	B (tie)	Marion	Richard Hotz, Jack Edmunds, John Kassler
1951	C	Fremont	Paul Roquet, Paul Abernathy, Lawrence Schmitz
	AA	Davenport	Loren Wulf, Ira Dunsworth, Dick Kerr
	A (tie)	Cedar Rapids, Roosevelt	Eldon Hasley, George Johnson, Dave Anderson
	A (tie)	Charles City	Bill Fleuher, Roy Bever, Stanley Tolliver
	B	Marion	Gerald Walker, Ernie Gates, Eugene Gonsales
C	Stanley	Burton Moore, Tommy Doyle, Dewey Geary	

Championship Team Personnel - By Year

Year	Class	School	Team (Finish order, as available)
1952	AA	Des Moines, North	Caesar Smith, Dan Marin, Oscar Maldonado
	A	Marion	Gerald Walker, Leo Corporon, Eugene Gonsales
	B	Eldora	Jerry Crosser, Clyde Callahan, Jerry Cleveland
	C	Underwood	Garold Ryan, George Lee, Paul Ryan
1953	AA	Des Moines, North	Caesar Smith, Oscar Maldonado, Jerry Hawkins
	A	Marion	Gerald Walker, Leo Corporan, Bob Fernow
	B	Eldora	Dan Munson, Kenny Brock, Art Berg
1954	C	Underwood	Paul Ryan, George Lee, Ed Turk
	AA	Des Moines, Tech	Brian Travis, Jim Black, Jim Jones
	A	Marion	Dick Jacobs, Ron Franklin, Vince Holt
	B	Eldora	Ken Brock, Art Berg, Dan Munson
1955	C	Underwood	George Lee, Paul Ryan, Bob Hough
	AA	Des Moines, Tech	Brian Travis, Fred Keller, Dale McDaniel
	A	Valley, West Des Moines	Deryl King, Gary Crow, Jon Ingraham
1956	B	LeClaire	Homer Lattimer, Tom Tilton, Jimmy Bremmer
	C	Ellott	Lyle Shires, Dale Elwood, Jerry Thompson
	AA	Des Moines, Tech	Fred Keller, Jim Bell, Dave Murray
	A	Clarinda	John Woolson, Ken Hughes, Jerry Carlson
1957	B	LeClaire	Homer Lattimer, Tom Tilton, Jim Bremmer
	C	Sheffield	Bill Eno, Don Wearda, Marv Corporon
	AAA	Sioux City, Central	Tom Rivers, Dave Pettit, Bob Carley
	AA	Oskaloosa	Konrad Billhardt, Ivan Ancell, John Quarton
	A	Decorah	Ron Olson, Wayne Benzing, Paul Estrem
1958	B	Saydel	John Raveling, Bob Lowe, Jack Kyle
	C	Menlo	Raymond Miller, Brian Stemm, Tom Adamson
	AAA	Sioux City, Central	Eugene Rave, Dave Pettit, John Peters
	AA	Decorah	Ron Olson, Wayne Benzing, Don Roney
	A	Marion	Dick Stickney, Don Grant, Robert McDowell
1959	B	Sheffield	Bill Taylor, Marvin Corporon, Dennis Blankenship
	C	LuVerne	Earl Hanselman, Kenny Wilhelm, Charles Weber
	AAA	Des Moines, Tech	David Brown, Gregory Leaper, Richard Helm
	AA	Decorah	Ron Olson, Don Roney, Gary Hall
	A	South Page, College Springs	Joe Henderson, Norman Johnston, Jim Ripley
1960	B	Underwood	Ron Hough, Kenneth Cahrs, Larry Barganquast
	C	LuVerne	Earl Hanselman, Paul Gilligan, John Schade
	AAA	Des Moines, Tech	(Richard Helm, David Lee, Bruce Adair
	AA	Marshalltown	John Readout, Bill Perry, George Bell)
	A	Winterset	Tom Good, Dennis Cline, Steven Cline
1961	B	South Page, College Springs	Joe Henderson, Roger Hamm, Dennis McMillen
	C	LuVerne	John Schade, Paul Gilligan, Bernard Schade
	AAA	Sioux City, Central	Don Rivers, Jim Wilson, Dennis Thomsen)
	AA	Marshalltown	John Readout, Steve Brintnall, Merrill Moore
	A	West Sioux, Hawarden	Ed Eneboe, Tim White, Rodney Vellinga
1962	B	Odebolt, Arthur	Dennis Anderson, Larry Johnson, Dennis Dinges
	C	Klemme	Art Hoffman, Jerry Murray, Bill McCollaugh
	AAA	Des Moines, Tech	David Lee, Darryl Green, Bruce Adair
	AA	Valley, West Des Moines	Ron Griffith, Roger Hansen, Pat Redden
	A	Clarinda	Merlin Lewis, Curtis Meier, Ronald Taylor
1963	B	Odebolt, Arthur	(Dennis Dinges, Larry Johnson, Ben Buehler
	B	Sheffield	Lester Corporon, Ron Zickefoose, John LaRoque
	C	LuVerne	Bernard Schade, George Hanselman, Ray Welter
	AAA	Sioux City, Central	(Dave Compton, Steve Gerkin, Ed Jensen
	AA	Grinnell-Newburg	Ed Humphrey, Gary Lawson, Dennis Palmer
	A	Clarinda	Ronald Taylor, Galen Lininger, John Scrivner
	B	Anita	Dennis Reed, Tom Denny, Larry Ruggles
C	Sheffield-Chapin	Charles Schmalbeck, Bill Loeffelhardt, Les Corporon	

Championship Team Personnel- By Year

Year	Class	School	Team (Finish order, as available)
1964	AAAA	Sioux City, Central	Dave Compton, Steve Gerkin, Doug Smith
	AAA	Marshalltown	Ken Gallagher, Ted Fulk, Jack Koerber
	AA	Decorah	Greg Gilbertson, John Sheridan, Tom Sheridan)
	A	Odebolt, Arthur	Tom Halboth, Steve Thayer, Don Anderson
	B	Anita	Tom Denny, Larry Ruggles, Brad Reed
	C	Miles	Gorden Hansen, Charles Bales, George Ackerman
	1965	AAAA	Sioux City, Central
AAA		Marshalltown	Joe Rohach, Ted Fulk, Duane Berger
AA		Red Oak	Paul Fish, Don Jenkins, Steve Bowman
A		Aquin, Cascade	Calvin Coohy, Daniel Manternach, Mark Ressler
B		Madrid	Dick Jensen, Danny Woodlund, Kenny Woodlund
C		Charles City, Immaculate Conception	Joseph Byrne, Pat Regan, Steve Kuhn
1966		AAAA	Sioux City, Central
	AAA	Marshalltown	Joe Rohach, Ted Fulk, Steve Beatty
	AA (tie)	Red Oak	Bob Wilson, Paul Werts, Lynn Ellis
	AA (tie)	Decorah	Mark Aschim, David Morstad, Arvi Rebasso
	A	Aquin, Cascade	Calvin Coohy, Dan Manternach, John Althoff
	B	Farragut	Bernie Hughes, George Hughes, Tom Shull
	C	Lincoln Central, Gruver	Mike Origer, Mike Nichols, Torval Eide
1967	AAAA	Sioux City, Central	Doug Smith, Rich Wilson, Steve Koson
	AAA	Ames	Greg Dengler, Dave Powell, Chuck Maurer
	AA	Red Oak	Bob Wilson, Lynn Ellis, Paul Werts
	A	Decorah	Mark Aschim, Dennis Ellingson, Arvi Rebasso
	B	Pekin, Packwood	Larry Greiner, Vern Wonderlich, Randy Lowenberg
	C (tie)	North Winneshiek, Decorah	Mark Quandahl, Norbert Lovstuen, Harold Rosendahl
	C (tie)	Cedar Valley, Somers	John Turner, Bob Carlson, Paul Welter
1968	AAAA	Des Moines, Lincoln	John McDonald, Steve Nordenson, Phil Valgarino
	AAA	Ames	Dave Powell, Hugh Collins, Tom Montag
	AA	Urbandale	Tom Kielty, Ron Keller, Dave Meshek
	A	Decorah	Mark Aschim, Dennis Ellingson, Jim Ziegelmaier
	B	Pekin, Packwood	Randy Lowenberg, Joe Adam, Vern Wonderlich
	C	Miles	Mike Cassaday, Steve Seamer, Pat Cassaday
	1969	AAAA	Cedar Falls
AAA		Columbus Catholic, Waterloo	Dave Krantz, Mark Borich, Mike Burke
AA		Ankeny	Lee Schreurs, Mark Trusty, Dan Marquardt
A		Chariton	Gary Mason, Greg Lewis, Mike Patterson
B		Central Lyon, Rock Rapids	Stan Timmer, Roy Lubbers, Doug Dunn
C		Beaman-Conrad	Bob Schleisman, Brad Stevens, David Juchems
D		Miles	Steve Seamer, Pat Cassady, Gary Wilcke
1970	AAAA	Waterloo, West	Ron Peters, Larry Carter, Chip Meier, Dave Narveson
	AAA	Des Moines, Hoover	Bob Hughes, Frank Willborne, Rich Hall, Tom Howland
	AA	Urbandale	Mark Davis, Dave Steffen, Larry Moore, Bruce Bornman
	A	Osage	Lawrence Indra, Loran Erdman, Pete Indra, Kevin Hanson
	B	Aquinas, Fort Madison	Charley Rump, Bill Wagner, Randy Bohl, Kurt Rump
	C	BGM, Brooklyn	Ron Longnecker, Dave Bazyn, Garland Roth, Don Longnecker
	D	Garnavillo	Gary Werger, Alan Werger, Rick Allyn, Russ Tindell
1971	AAAA	Davenport, Central	Gregg Newell, Frosty Borland, Tim Cornish, Mark Olson
	AAA	Columbus Catholic, Waterloo	Bob Connell, Mike Powers, Dave Riley, Dale Hansen
	AA	Indianola	Mike Burns, Jeff Allsup, Sean McGuire, John Essick
	A	Sheldon	Rex Madsen, Dan Castle, Jeff Hesebeck, Pat Cappes
	B	Aquinas, Fort Madison	Charles Rump, Bill Wagner, Dennis Beach, Mike Huffman
	C	Johnston	John Trier, Darrell Cox, Ron Gomis, Dan Heithoff
	D	Notre Dame, Cresco	Jeff Fraser, Stan Potter, Bill Ferrie, Mark Montague

Championship Team Personnel - By Year

<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Team (Finish order, as available)</u>
1972	AAAA	Mason City	Mark Johnson, Dave Runge, John Dunn, Barry Brandt
	AAA	Columbus Catholic, Waterloo	Dale Hansen, Mike Duncan, Phil Schaffer, Dave Schmidt
	AA	Indianola	Mark Bishop, Mike Burns, Shawn McGuire, Jeff Allsup
	A	Decorah	Mike Nelson, Jeff Seim, Fred Schultz, Mike Sloan
	B	Johnston	John Trier, Ron Gomis, Darrell Cox, Steve Wickner
	C	Tri, County, Thornburg	Dave Briggs, Chuck Moore, Den Green, Jeff Goldsmith
	D	Garnavillo	Gary Werger, Bob Rodenberg, Lon Kuehl, Russ Tindell
1973	AAAA	Mason City	Barry Brandt, John Dunn, Mike Jones, Mark Young
	AAA	Ames	Mark Grover, Greg Prestemon, Dick Bailey, Dean Dass
	AA	Lewis Central	Boyd Nansel, Ed Croson, Don Wood, Andy Everson
	A	Western Christian, Hull	Randy Grevengoed, Bernie Haan, Carl DeJong, Evan Blom
	B	Johnston	Ron Gomis, Darrell Cox, John Trier, Steve Wilener
	C	Milford	Rod Stevenson, Bob Fitzpatrick, Don Bonney, Bruce Boles
	D (tie) D (tie)	Garnavillo Dike	Lon Kuehl, Bob Rodenberg, Jeff Portwine, Neil Davis Steve Bernhardt, Dan Nagel, Tim Nagel, Pat Murphy
1974	AAAA	Marshalltown	John Mulvihill, Mike Mattox, Jamie Hutcheson, William Chizek
	AAA	Dowling Catholic, W.D.M.	Tom Farrell, John McMichael, Paul Pappas, Marty Scaglione
	AA	Assumption, Davenport	Gene McGivern, Dave Nix, Tony Valainis, Steve High
	A	Decorah	Keith Ellingson, Jon Nelson, Randy Fitzgerald, Mark Williams
	B	Shenandoah	Blair Renfro, Ray Shaw, Tom Fichter, Bob Warnemunde
	C	Dike	Pat Murphy, Steve Bernhardt, Jim Hansen, Tim Nagel
	D	Sanborn	Dwayne Camarigg, Alan Camarigg, Mark Remme, Jeff Lymer
1975	AAAA	Marshalltown	Jamie Hutcheson, Mike Mattox, Matt McCright, Kelley Lacina
	AAA	Ames	Jon Mathiason, Chuck Gratto, John Aurand, Mitch Delaney
	AA	Waverly, Shell Rock	Paul Franken, Tim Smith, Dennis Huston, Jim Thompson
	A	Shenandoah	Blair Renfro, Wally Duffy, Tom Fichter, Dennis Scharp
	B	Tipton	Brett Eggert, Joe Pelzer, Tom Weih, Ed Pelsler
	C	Aquin, Cascade	Pat Hayes, Jerry Decker, Phil Kauder, Jim Trumm
	D	Odebolt-Arthur	Nate Kitterman, Randy Lundberg, Brad Gehrke, John Simpson
1976	AA	Clinton	Paul Rickerl, Mike Schall, Mike Holle, Bob Emmons
	A	Decorah	Dave Averill, Lyle Klotzbach, Derek Loeb, Randy Fitzgerald
	B	Unity Christian, Orange City	Greg Kuiper, Stanton Visser, Dan Kroeze, Dan Kuiper
	C	Bancroft, St. John's	Larry Hellman, Al Brandenburg, Tony Marlow, Ron Studer
1977	AA	Des Moines, Hoover	Mike Diment, Marty Wiedemann, Dale Jankovitz, Tim Hall
	A	Decorah	Randy Fitzgerald, Lyle Klotzbach, Tom Hasvold, Eric Henrikson
	B	Unity Christian, Orange City	Stanton Visser, Dan Kroege, Mark Pluim, Dan Kuiper
1978	C	Bancroft, St. John's	Larry Hellman, Al Brandenburg, Ron Studer, Mark Bradley
	AA	Muscatine	Jeff Fick, Chris Ales, Tony Shellabarger, Mike Allbee
	A	Decorah	Dave Averill, Brian Tjelta, Jon Estren, Tom Hasvold
	B	Aquinas, Fort Madison	Jim McGee, Steve Welding, Randy Biemhorst, Bob McGee
1979	C	Garnavillo	Brian Brase, Tom Berns, Art Gomez, Tracy Werges
	AA	Clinton	Jeff Jacobs, Shawn Spooner, Lorne Burgess, Rob Ebensberger
	A	Centerville	Henry Moritz, Randy Felkner, Dwayne Johnson, Bill Weideman
	B	Newman Catholic, Mason City	Mike Karamitros, John Cahalan, Chuck Knapp, Dan Cahalan
1980	C	Aquinas, Fort Madison	Jim McGee, Bob McGee, Glenn Steffensmeier, Steve Welding
	AA	Waverly, Shell Rock	Tom Cornish, Dan Huston, Joel Alexander, Mike Zrostlik
	A	Knoxville	T.K. Wignall, Rick Kaster, Stacy Washington, Mike Ritter
	B	Kee, Lansing	Mike Hawes, Brian Hawes, Shawn Connor, Keith Moore
1981	C	Cardinal Stritch, Keokuk	Dan Schreck, Andrew Harsch, Jeff Bohnet, Mark Inman
	3A	Clinton	Jeff Jacobs, Jon Menges, Loran Storts, Tom Bentley
	2A	Sheldon	Bill Kerkeart, Steve Drenkow, Steve Tolk, Scott Engelhart
1982	1A	Kee, Lansing	Brian Hawes, Shawn Connor, Dave Gruber, Keith Moore
	3A	Clinton	Loran Storts, Mike Asmus, Jon Menges, Jim Jungjohann
	2A	Western Christian, Hull	Mike Grevengoed, Mike Kooistra, Greg Vandekamp, Morry Horstmann
	1A	Kee, Lansing	Brian Hawes, Shawn Connor, Dave Gruber, Bill Wilkins

Championship Team Personnel - By Year

<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Team (Finish order, as available)</u>
1983	3A	Ames	Jeff Burris, Dave Voss, Jim Thomas, Scott Whigham
	2A	Cascade	Kyle Kauder, Phil Decker, Brian Annis, Dave Hoffmann
	1A	Unity Christian, Orange City	Henry Byl, Dennis Dokter, Randy Rowenhorst, Marlin Schoenhoven
1984	3A	Clinton	Jim Jungjohann, Mike Walker, Brad Wall, Russell Johnson
	2A	Eagle Grove	Tim Coltvet, Mark Sampson, Jeff Pickering, Rick Coltvet
	1A	Northern University High, Cedar Falls	Trent Timson, Steve Budlong, Kyle Christianson, Per Ove Berg
1985	3A	Dowling Catholic, W.D.M.	John Schuster, Steve Schweizer, Kev Miller, Doug Biorger
	2A	Cascade	Doug Hunt, Phil Lindauer, Kevin Kearney, Matt Nauman
	1A	Northern University High, Cedar Falls	Trent Timson, Kyle Christianson, Jon Klinkowitz, Jackson Lounsberry
1986	3A	Clinton	Brad Wall, Dave Ladehoff, Craig Andresen, Brian Wall
	2A	Cascade	Steve Kremer, Doug Hunt, Kevin Kearney, Pat Henneberry
	1A	Woodbine	Rich Barry, Rex Baxter, Jason Barry, Bill Stephany
1987	3A	Dubuque, Senior	Tory Tepp, Eric Walsh, Greg Hughes, Joe Marshall)
	2A	Eagle Grove	Mark Sampson, Chris Tofteberg, Pat Wieth, Rick Coltvet
	1A	Woodbine	Jason Barry, Rex Baxter, Scott Tucker, Bill Stephany
1988	3A	Iowa City, West	Dean Colony, Brian Mildenstein, Sean Boyle, Damian Savarino, Todd Lane
	2A	Shenandoah	Brian Hornbuckle, Mike Falk, Jason Armstrong, Andy Campbell, Pat McDermott
	1A	Kee, Lansing	Max Flack, Jesse Delaney, Mike Mitchell, Andy Wagner, Paul Manning
1989	3A	Ames	Damon Hawn, Brian Campbell, Guy Willey, Steve Beaudry, Jon Ramsey
	2A	Shenandoah	Chris Willeman, Jason Armstrong, Pat McDermott, Andy Campbell, Brian Hornbuckle
	1A	Kee, Lansing	Jesse Delaney, Andy Wagner, Max Flack, Paul Manning, Eric Van Brocklin
1990	3A	Muscatine	Jonathan Estabrook, Ryan Willits, Ahren Gross, Chad Hanna, Steve Leach
	2A	Decorah	Brent McGrew, Chris Olson, Niels Anderson, Tobin Laursen, David Tollefson
	1A	Jesup	Chad Weber, Darin Kite, Matt Jones, Clint Even, Matt Erpelding
1991	3A	Iowa City, West	Dave Novotny, Erik Frank, Steve Kurth, Josh Briggs, Mike Robinson
	2A	Shenandoah	Chris Willeman, Aaron Widger, Neil Shull, Brian Lee, Mick Sederburg
	1A	Williamsburg	Brad Dubbels, Shane Sandersfeld, Tony Folkmann, Brian Fetzer, Tyson Greiner
1992	3A	Iowa City, City High	Erik Frank, Steve Kurth, Jason Keese, Nile Heefner, Sam Argall)
	2A	Decorah	Brent McGrew, Lynnferd Begay, Greg Suhr, Matt Svenson, Terry Hageman
	1A	St. Albert, Council Bluffs	Corey Stock, Phil Hasenkamp, Shawn Jones, Danny Stock, Jason Smith
1993	3A	Iowa City, City High	Steve Kurth, Mike Robinson, Sam Argall, Ryan Slebos, A.J. Johnson
	2A	Waukon	Adam Kolsrud, Mike Cunningham, Kevin Egan, Chris Hoisington, Joey Zimmerli
	1A	Regina, Iowa City	T.J. Craig, Brett Jondle, Brian Donohoe, Marty Mozena, Matt Bielicke
1994	3A	Iowa City, City High	Ross Conklin, Jesse Ammerman, Ryan Slebos, Tim Ocheltree, John McMurray
	2A	Humboldt	Jon Lindaman, Chris Taylor, Mike Staver, Michael Carlson, Trent Biederman
	1A	Denver	Josh Illian, Clint Coberly, Aaron Homan, Jeff Brettman, Dave Hansen
1995	3A	Dubuque, Senior	Rob Brock, Trent Corey, David Repass, Nate Smith, Christian Borgwardt
	2A	Waukon	Nick Nordheim, Chris Hoisington, Mike Cunningham, Abe Regan, Brad Peter
	1A	Iowa Mennonite School, Kalona	J.J. Roetlin, Brian Miller, Randy Ho, Joel Beachy, David Huerta
1996	3A	Iowa City, City High	Mark McPherson, John Hensley, T.J. Elbert, Luke Young, Jacob Smith
	2A	Waukon	Nick Nordheim, Mike Cunningham, Chris Hoisington, Brad Peter, Abe Regan
	1A	Calamus-Wheatland	Tait Steines, Josh Maxwell, Kerry Burzlaff, Camden Boussetlot, Jeff Leinen
1997	3A	Iowa City, City High	Bob Moreno, John Farlinger, David Rogers, John Hensley, Eric Mittman
	2A	Waukon	Justin Larson, Eddie Frick, Steve Winters, Joe Johnson, Chris Beardmore
	1A	Regina, Iowa City	Justin Kron, Cam Messier, Tony Bothell, Matt McCue, Jason Figg
1998	3A	Dubuque, Senior	Tim Orris, Christian Borgwardt, Jim Rang, Chris Coffey, Tyler Borgwardt
	2A	Waukon	Eddie Frick, Cody Kammeyer, Kirk Deal, Ben Stamper, Josh Tweedy
	1A	Regina, Iowa City	Cam Messier, Tony Bothell, Masashi Shiokawa, Matt McCue, Spencer Kathol
1999	3A	Iowa City, City High	Eric Mittman, Bob Moreno, Paul Kresowik, Quincy Ely, Cate, Jeff Spence
	2A	Waukon	Eddie Frick, Kirk Deal, Ben Stamper, Cody Kammeyer, Justin Lyons
	1A	West Sioux, Hawarden	Jerod Bruget, Dan Huitink, Ryan Koopmans, Derek Bockelman, Greg Schouten
2000	3A	Iowa City, City High	Jeremy Mims, Jon Lamb, Quincy Ely, Cate, Mark Kresowik, Bo Rydze
	2A	Central Clinton, DeWitt	Matt Niemann, Shawn Dunnegan, Kevin Hansen, Tyler Mueller, Mitch Hansen
	1A	Wapsie Valley, Fairbank	Andrew Westendorf, Ryan Cox, Josh Moen, Keith Brunscheon, Mike Leehey
2001	3A	Des Moines, Roosevelt	Andy Johnson, Austin Williamson, Dave Deng, Thom Waters, Pat Tonka
	2A	Central Clinton, DeWitt	Tyler Mueller, Shawn Dunnegan, Mitch Hanson, Zach Betz, Ben Hall
	1A	Bennett-Durant	Justin Buesing, Kaylon Spengler, Chad August, Adam Price, Jack Flack

Championship Team Personnel - By Year

<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Team (Finish order, as available)</u>
2002	3A	Des Moines, Roosevelt	Austin Williamson, Kiel Uhl, Jon Thomas, Yawusa Kinda, Jeremiah Donga
	2A	Waukon	Junior Swart, Andy Schon, Tom Cunningham, Eric Osterhaus, Corbett Grimstad
	1A	Nodaway Valley	Mark Holan, Micah Holan, Heath Brown, Lance Queck, Alan Miller
2003	4A	Des Moines, Roosevelt	Jon Thomas, Kiel Uhl, Austin Williamson, Thom Walters, Jeremiah Donga
	3A	Wahlert, Dubuque	Ryan Dolan, John Page, Brian Koch, Matt Ross, Andrew Weber
	2A	Western Christian, Hull	Brett Kroeze, Derek Kraayenbrink, Zach Van Ginkel, Aaron Teerink, Darin Keizer
2004	1A	Regina, Iowa City	Tom Ries, Matt Larew, Michael Sinkey, John Dwyer, Chase Wombacher
	4A	Cedar Falls	Brian Chenoweth, Steve Arntson, Dan Chenoweth, Jason Mitchell, Cyrus Moussavi
	3A	Wahlert, Dubuque	Ryan Dolan, Scott Breittfelder, Jacob Bahl, Tyler Meyer, Brian Koch
2005	2A	Regina, Iowa City	Robert Ingram, Michael Sinkey, John Dwyer, Jeff Ross, Tom Ries
	1A	Wapsie Valley, Fairbank	Corey Happel, Chris Moen, Ethan Conner, Kory Heineman, Lee Schneider
	4A	Cedar Falls	Steve Arntson, Jason Mitchell, Alex Mark, Patrick Davis, Jason Knox
2006	3A	Mount Vernon, Lisbon	Jake Vozenilek, Eyasu Russell, Keegan Kuhn, Fitsum Russell, Aaron Schmidt
	2A	Western Christian, Hull	Dalton Lems, Zach VanGinkel, Jon Bierma, Darin Keizer, Josh Van Grouw
	1A	Wapsie Valley, Fairbank	Keith Ryan, Kory Heineman, Corey Happel, Ethan Conner, John Schmitz
2007	4A	Pleasant Valley	Devin Allbaugh, Blake Irwin, Jordan Lang, Charlie Paul, Mike Hemming
	3A	Xavier, Cedar Rapids	Aaron May, Bryan Washburn, Ryan Knapp, Dan McDermott, Phil Anton
	2A	South Winneshiek, Calmar	Sam Hogenson, Ian Lienau, Adam Hageman, Brett Losen, Mike Schwan
2008	1A	Regina, Iowa City	Bob Ingram, Jeff Ross, Nick Synan, Shawn Sexton, Bryan McGivern
	4A	Pleasant Valley	Devin Allbaugh, Charlie Paul, Austin O'Brien, Blake Irwin, Jacob Barker
	3A	Xavier, Cedar Rapids	Aaron May, Dan McDermott, Brennan McAllister, Austin Steil, Phil Anton
2009	2A	Monticello	Nate Dotterweich, Jud Schneider, Tim Peters, Devin Spensley, Jamie Cooper
	1A	Regina, Iowa City	Nick Synan, Jeff Ross, Shawn Sexton, Daniel Bonthius, Grant Luense
	4A	Pleasant Valley	Austin O'Brien, Zach Bozman, Matt Rubins, Tyler Meseke, Cody Doughan
2010	3A	Algona	Chad Rutledge, Ryan McMahon, Mitchell Davis, Kyle Walker, Alex Kenne
	2A	Spirit Lake	Alec Baldwin, Keith Byers, Tyler Gustafson, Jesse Baldwin, Mitchell O'Neill
	1A	South Winneshiek, Calmar	Brett Losen, John Ameling, Ian Lienau, Easton Kuboushek, Tim Baldwin
2011	4A	Burlington	Marshall Moyer, JT McCarthy, Kaleb Sterler, Ben Witt, Josh Minard
	3A	Pella	Zach Buchheit, Jon Klein, Zach Wittenberg, Nathan Buchheit, Jon Verhoef
	2A	Spirit Lake	Alec Baldwin, Will Norris, Brandon Griffin, Mitchell O'Neill, Keith Byers
2012	1A	Iowa Mennonite School, Kalona	Bill Spencer, Truman Shetler, Seth Miller, Ben Wyse, Drew Powell
	4A	Prairie, Cedar Rapids	Matt Stocker, Kyle Stocker, Jordan Burns, Justin Burns, Jacob Aune
	3A	Wahlert, Dubuque	Brien Nugent, Mike Lieb, Peter Herber, Danny May, Buddy Franson
2013	2A	Regina, Iowa City	Brennan Bogert, David Crompton, Liam Hartley, Matt Edeker, Alex Kumor
	1A	Northern University High, Cedar Falls	Terry Nielsen, Trai O'Connell, Brandon Culmore, Riley Garcia, Tad Klenske
	4A	Dowling Catholic, W.D.M.	Cole Decker, Jason Thomas, Jeff DeRocher, Brian Wahlig, Spencer Clark
2014	3A	Pella	Zach Buchheit, Evan Jones, Alex Ropes, Wade Pingel, Tukker Bogaard
	2A	Monticello	Michael Melchert, Ben Ahlrichs, JJ Frawley, Tiler Streets, Dallas Lumpa
	1A	St. Albert, Council Bluffs	Josh Sindelar, George Doll, Scott Theulen, Pat Martin, Gus Doll
2015	4A	Dowling Catholic, W.D.M.	Jason Thomas, Jeff DeRocher, Spencer Clark, Lukas Steffensmeier, Brian Wahlig
	3A	Decorah	Kyle Hosting, Patrick Larson, Ethan Pankow, Thomas Knobbe, Isaac Marquardt
	2A	Monticello	Michael Melchert, Nick Meyers, JJ Frawley, Dallas Lumpa, Tiler Streets
2016	1A	St. Albert, Council Bluffs	Josh Sindelar, Scott Theulen, Evan Siegrist, Adam Christensen, Gus Doll
	4A	Prairie, Cedar Rapids	Jake Moore, Isaiah Vlasek, Mitch Pritts, Tysen VanDraska, Zack Fiser
	3A	Boone	Chandler Austin, Albert Meier, Jacob Running Horse, Killian Toro, Jordan Murray
2017	2A	Monticello	Michael Melchert, Ben Ahlrichs, Jordon Loes, Matt Manternach, Anthony Kinley
	1A	Denver	Kyle Kehoe, Tanner Johnson, Curren Matthias, Nick Sabelka, Greg Schneider
	4A	Linn-Mar, Marion	Daniel Murphy, Michael Mather, Ryan Murphy, Bryan Fogarty, Jay Halverson
2018	3A	Gilbert	Thomas Pollard, Wesley Greder, Bradley Richard, Owen Whitham, Will Greder
	2A	East Marshall, LeGrand	Caleb Benzing, Sam Benzing, Josh Benzing, Nick Meling, Brady Fritz
	1A	Bellevue	Andrew Meyer, Andrew Segalla, Aaron Beckley, Josh Sieverding, Jake Till
2019	4A	Dowling Catholic, W.D.M.	Ryan Schweizer, Matthew Carmody, Matt Frazier, Jack Fink, Skyler Riesberg
	3A	Mount Vernon-Lisbon	Reid Smock, Chase McLaughlin, Jack Young, Thatcher Krob, Liam Conroy
	2A	Garner-Hayfield-Ventura	Chase Smith, Reece Smith, Logan Dalbeck, Ray Cataldo, Derek Brown
2020	1A	Nodaway Valley	Shane Breheny, Brayten Funke, Brycen Wallace, Nathan Venteicher, Skyler Rawlings

Championship Team Personnel - By Year

<u>Year</u>	<u>Class</u>	<u>School</u>	<u>Team (Finish order, as available)</u>
2016	4A	Dowling Catholic, W.D.M.	Matthew Carmody, Matt Fraizer, Jack Fink, Kevin Conner, Sam Hall
	3A	Mount Vernon-Lisbon	Thatcher Krob, Garrett Herring, Chase McLaughlin, Liam Conroy, Zach Krogmann
	2A	Mid-Prairie, Wellman	Peyton Miller, Zach Pettit, Floyd Evan, Marshall Teets, Quinn Schmidt
	1A	Nodaway Valley	Shane Breheny, Brycen Wallace, Brayten Funke, Skyler Rawlings, Tyler Breheny
2017	4A	Pleasant Valley	Konnor Sommer, Anthony Pena, Gavin Smith, Ian Kaffenberger, Parker Huhn
	3A	Gilbert	Rees Tyler, Nathan Patel, John Ockey, Zane Miller, Jason Taylor
	2A	George-Little Rock/Central Lyon	Gable Sieperda, Joe Anderson, Blake Johnson, Josh Haken, Taeron Olson
	1A	Nodaway Valley	Brycen Wallace, Skyler Rawlings, Joshua Baudler, Tyler Breheny, Ben Breheny
2018	4A	Dowling Catholic, W.D.M.	Sam Hall, Zach Fry, Kevin Conner, Cole Schroeder, Mike Gipple
	3A	Gilbert	Rees Tyler, Nathan Patel, John Ockey, Griffin Ruba, Ethan Mesenbrink
	2A	Tipton	Caleb Schumaker, Ben Ellis, Trent Pelzer, Landen Hill, Andrew Olseen
	1A	Madrid	Sean McDermott, Jason Renze, Gabe Soda, Clay Pehl, Landen Klatt
2019	4A	Dowling Catholic, W.D.M.	Sam Hall, Zach Fry, Mike Gipple, Jordan Daniel, Cade Muller
	3A	Dallas Center-Grimes	Aidan Ramsey, Bradley Ramsey, Jacob Storey, Owen Pries, Jacob Ewers
	2A	Tipton	Caleb Schumaker, Jackson Edens, Andrew Olseen, Landan Hill, AJ Thumma
	1A	Madrid	Jason Renze, Clay Pehl, Rory McDermott, Gabe Soda, Matthew White
2020	4A	Sioux City, North	Jaysen Bouwers, Will Lohr, Yemane Kifle, Gabe Nash, Beshanena Gutema
	3A	Dallas Center-Grimes	Aidan Ramsey, Jacob Ewers, Jack Every, Tate McDermott, Jacob Storey
	2A	Danville/New London	Ty Carr, Alexander Julian, A.J. Bonnesen, Oliver Sowell, Seth Bailey
	1A	Madrid	Clay Pehl, Gabe Soda, Jason Renze, Ethan Loutzenheiser, Trevor Faltonson

Team Champions Alphabetical

<u>School</u>	<u>#</u>	<u>Years</u>	<u>School</u>	<u>#</u>	<u>Years</u>
Algona	1	2008	Garnavillo	4	1970, 72, 73, 78
Ames	6	1967, 68, 73, 75, 83, 89	Garner-Hayfield-Ventura	1	2015
Anita	2	1963, 64	George-Little Rock/Central Lyon	1	2017
Ankeny	1	1969	Gilbert	3	2014, 17, 18
Aquin, Cascade	3	1965, 66, 75	Grinnell	1	1963
Aquinas, Fort Madison	4	1970, 71, 78, 79	Humboldt	1	1994
Assumption, Davenport	1	1974	Indianola	2	1971, 72
Bancroft, St. John's	2	1976, 77	Iowa City, City High	9	1923, 91, 92, 93, 94, 96, 97, 99, 2000
Beaman-Conrad	1	1969	Iowa City, University High	8	1936, 37, 38, 40, 41, 42, 43, 44
Bellevue	1	2014	Iowa City, West	1	1988
Bennett-Durant	1	2001	Iowa Mennonite School, Kalona	2	1995, 2009
BGM, Brooklyn	1	1970	Jesup	1	1990
Boone	1	2013	Johnston	3	1971, 72, 73
Burlington	1	2009	Kee, Lansing	5	1980, 81, 82, 88, 89
Calamus-Wheatland	1	1996	Klemme	1	1961
Cardinal Stritch, Keokuk	1	1980	Knoxville	2	1939, 80
Cascade	3	1983, 85, 86	LeClaire	3	1940, 55, 56
Cedar Falls	3	1969, 2004, 05	Lewis Central	1	1973
Cedar Rapids, Roosevelt	2	1948, 51	Lincoln Central, Gruver	1	1966
Cedar Valley, Somers	1	1967	Linn-Mar, Marion	1	2014
Centerville	1	1979	LuVerne	4	1958, 59, 60, 62
Central Clinton, DeWitt	2	200, 01	Madrid	4	1965, 2018, 2019, 2020
Central Lyon, Rock Rapids	1	1969	Marion	10	1945, 46, 48, 49, 50, 51, 52, 53, 54, 58
Chariton	1	1959	Marshalltown	7	1960, 61, 64, 65, 66, 74, 75
Charles City, Immaculate Conception	1	1965	Martinsburg	1	1939
Clarence	1	1937	Mason City	2	1972, 73
Clarinda	3	1956, 62, 63	Mechanicsville	4	1943, 44, 45, 46
Clinton	6	1976, 79, 81, 82, 84, 86	Menlo	1	1957
Columbus Catholic, Waterloo	3	1969, 71, 72	Mid-Prairie, Wellman	1	2016
Council Bluffs, Abraham Lincoln	1	1948	Miles	3	1964, 68, 69
Dallas Center-Grimes	2	2019, 20	Milford	1	1973
Danville/New London	1	2020	Minburn	1	1941
Davenport, Central	2	1951, 71	Monroe	1	1950
Decorah	15	1957, 58, 59, 64, 66, 67, 68, 72, 74, 76, 77, 78, 90, 92, 2012	Monticello	4	2007, 11, 12, 13
Denver	2	1994, 2013	Mount Vernon-Lisbon	3	2005, 15, 16
Des Moines, East	5	1937, 41, 42, 43, 49	Muscatine	4	1930, 34, 78, 90
Des Moines, Hoover	2	1970, 77	Napier	1	1948
Des Moines, Lincoln	1	1968	Newman Catholic, Mason City	1	1979
Des Moines, North	6	1944, 45, 46, 50, 52, 53	Nodaway Valley	4	2002, 15, 16, 17
Des Moines, Roosevelt	3	2001, 02, 03	North Winneshiek, Decorah	1	1967
Des Moines, Tech	7	1950, 54, 55, 56, 59, 60, 52	Northern University High, Cedar Falls	3	1984, 85, 2010
Dike	2	1973, 74	Notre Dame, Cresco	1	1971
Dowling Catholic, W.D.M.	8	1974, 85, 2011, 12, 15, 16, 18, 19	Odebolt-Arthur	4	1961, 62, 64, 75
Dubuque, Senior	3	1987, 95, 98	Ollie	1	1949
Eagle Grove	2	1984, 87	Osage	1	1970
East Marshall, LeGrand	1	2014	Oskaloosa	4	1935, 36, 38, 57
Eldora	3	1952, 53, 54	Ottumwa	4	1931, 32, 33, 40
Elliott	1	1955	Pekin, Packwood	2	1967, 68
Fairfield	1	1949	Pella	2	2009, 11
Farragut	1	1966	Pleasant Valley	4	2006, 07, 08, 17
Fremont	1	1950	Prairie, Cedar Rapids	2	2010, 13
			Red Oak	3	1965, 66, 67
			Regina, Iowa City	8	1993, 97, 98, 2003, 04, 06, 07, 10

Team Champions - Alphabetical

<u>School</u>	<u>#</u>	<u>Years</u>	<u>School</u>	<u>#</u>	<u>Years</u>
Sanborn	1	1974	Valley, West Des Moines	2	1955, 62
Saydel	1	1957	Wahlert, Dubuque	3	2003, 04, 10
Sheffield-Chapin	4	1956, 58, 62, 63	Wapsie Valley, Fairbank	3	2000, 04, 05
Sheldon	2	1971, 81	Waterloo, West	1	1970
Shenandoah	5	1974, 75, 88, 89, 91	Waukon	7	1993, 95, 96, 97, 98, 99, 2002
Sioux City, Central	8	1957, 58, 61, 63, 64, 65, 66, 67	Waverly-Shell Rock	2	1975, 80
Sioux City, North	1	2020	West Sioux, Hawarden	2	1961, 99
South Page, College Springs	2	1959, 60	Western Christian, Hull	4	1973, 82, 2003, 05
South Winneshiek, Calmar	2	2006, 08	Williamsburg	2	1939, 91
Spirit Lake	2	2008, 09	Winterset	1	1960
St. Albert, Council Bluffs	3	1992, 2011, 12	Woodbine	2	1986, 87
Stanley	1	1951	Xavier, Cedar Rapids	2	2006, 07
Tipton	3	1975, 2018, 19			
Tri-County, Thornburg	2	1938, 72			
Underwood	4	1952, 53, 54, 59			
Unity Christian, Orange City	3	1976, 77, 83			
Urbandale	2	1968, 70			

Individual Champions By Year

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Time</u>
1930	Single	John Garnes	Muscatine	1.9 miles	11:00.5
		Bob McElroy	Muscatine	1.9 miles	11:00.5
1931	Single	Warren King	Muscatine	1.9 miles	11:12.3
1932	Single	Matthew Bolsem	Oskaloosa	1.9 miles	10:40.6
1933	Single	Dale Wood	Mechanicsville	1.9 miles	10:55.7
1934	Single	John Beebe	Ottumwa	1.9 miles	10:44.4
1935	Single	Vernon (Mike) Evans	Des Moines, East	1.9 miles	NT
1936	Single	Vernon (Mike) Evans	Des Moines, East	1.9 miles	10:40.4
1937	A	Carl Gustafson	Des Moines, East	1.9 miles	10:51.5
	B	Marvin Davis	Lamont	1.9 miles	NT
	C	Paul Hammill	LeClaire	1.9 miles	NT
1938	A	Vernon Matsen	Ames	1.9 miles	11:19.3
	B	George Vacik	West Branch	1.9 miles	11:15.0
	C	Raymond Edmundson	Thornburg	1.9 miles	12:07.4
1939	A	Harold Goebel	Knoxville	1.9 miles	10:29.8
	B	Richard Wilson	Adel	1.9 miles	10:20.6
	C	Raymond Edmundson	Thornburg	1.9 miles	10:34.3
1940	A	Louis Loper	Council Bluffs, Abraham Lincoln	1.9 miles	
	B	Lynn Frazier	Iowa City, University High	1.9 miles	10:42.4
	C	Raymond (Berl) Edmundson	Thornburg	1.9 miles	10:45.0
1941	A	William McLennon	Dubuque	1.9 miles	11:17.2
	B	Fred Zollar	Iowa City, University High	1.9 miles	11:37.6
	C	William Jackson	Minburn	1.9 miles	12:06.7
1942	A	Martin Grandquist	Des Moines, East	1.9 miles	11:33.2
	B	Edward Smith	Iowa City, University High	1.9 miles	12:54.0
	C	No race contested			
1943	A	Vance Walters	Des Moines, East	1.9 miles	11:13.5
	B	John Oxley	Marion	1.9 miles	11:26.7
	C	Don Gemberling	Mechanicsville	1.9 miles	11:38.4
1944	A	Paul Sloan	Des Moines, East	1.9 miles	10:58.0
	B	Richard Terrell	Iowa City, University High	1.9 miles	10:58.0
	C	Calvin Robinson	Mechanicsville	1.9 miles	10:59.0
1945	A	Paul Sloan	Des Moines, East	1.9 miles	10:26.4
	B	Richard Terrell	Iowa City, University High	1.9 miles	11:19.5
	C	Calvin Robinson	Mechanicsville	1.9 miles	11:29.8
1946	A	Jack Davis	Iowa City	1.9 miles	10:32.7
	B	Raymond Peterson	Marion	1.9 miles	10:57.5
	C	Jack O'Meara	Delmar	1.9 miles	11:07.0
1947	A	Jack Davis	Iowa City	1.9 miles	NT
	B	No race contested due to weather			
	C	No race contested due to weather			
1948	AA	Charles Whitaker	Council Bluffs, Abraham Lincoln	1.9 miles	10:51.4
	A	Ocie Trimble	Cedar Rapids, Roosevelt	1.9 miles	10:13.0
	B	Dick McConnell	Nevada	1.9 miles	11:17.6
	C	Bill Lamp	Charlotte	1.9 miles	12:06.8
1949	AA	Don Murrery	Des Moines, East	1.9 miles	10:44.0
	A	Larry Manary	Fairfield	1.9 miles	11:14.6
	B	Richard Hotz	Marion	1.9 miles	12:22.8
1950	C	Neal Bottger	Ollie	1.9 miles	12:30.0
	AA	Don Murrery	Des Moines, East	1.9 miles	10:05.7
	A	Tom Burch	Des Moines, Tech	1.9 miles	10:26.9
	B	Dick Rupert	Monroe	1.9 miles	10:13.0
1951	C	Garold Ryan	Underwood	1.9 miles	10:43.5
	AA	John Aller	Dowling Catholic	1.8 miles	09:46.2
	A	Bill Fleuher	Charles City	1.8 miles	10:39.6
	B	Garold Ryan	Underwood	1.8 miles	09:50.1
	C	Burton Moore	Stanley	1.8 miles	10:41.2

**Individual Champions
By Year**

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Time</u>
1952	AA	Caesar Smith	Des Moines, North	1.8 miles	09:27.5
	A	Jerry Walker	Marion	1.8 miles	10:04.0
	B	Jerry Crosser	Eldora	1.8 miles	11:49.8
	C	Garold Ryan	Underwood	1.8 miles	10:06.5
1953	AA	Caesar Smith	Des Moines, North	1.8 miles	09:31.1
	A	Jerry Walker	Marion	1.8 miles	09:27.2
	B	Dan Munson	Eldora	1.8 miles	10:29.6
	C	Paul Ryan	Underwood	1.8 miles	10:16.7
1954	AA	Bruce Trimble	Cedar Rapids, Roosevelt	1.8 miles	09:38.1
	A	Dick Jacobs	Marion	1.8 miles	10:39.6
	B	Homer Lattimer	LeClaire	1.8 miles	10:13.2
	C	Delos Swamson	Sheffield	1.8 miles	09:56.9
1955	AA	Brian Travis	Des Moines, Tech	1.8 miles	09:21.9
	A	Deryl King	West Des Moines	1.8 miles	09:58.6
	B	Homer Lattimer	LeClaire	1.8 miles	09:30.6
	C	Bob Hough	Underwood	1.8 miles	10:02.2
1956	AA	Harry Olson	Decorah	1.8 miles	09:13.7
	A	Deryl King	West Des Moines	1.8 miles	09:48.2
	B	Homer Lattimer	LeClaire	1.8 miles	09:35.5
	C	Bill Eno	Sheffield	1.8 miles	10:10.9
1957	AAA	Tom Rivers	Sioux City, Central	1.8 miles	09:10.3
	AA	Jessie Fitch	Council Bluffs, Abraham Lincoln	1.8 miles	09:32.7
	A	Deryl King	West Des Moines	1.8 miles	09:32.5
	B	John Raveling	Saydel	1.8 miles	10:03.0
	C	Richard Beaver	Cedar	1.8 miles	10:05.1
1958	AAA	Ralph Trimble	Cedar Rapids, Jefferson	1.8 miles	09:06.7
	AA	Ron Olson	Decorah	1.8 miles	09:14.6
	A	John Raveling	Saydel	1.8 miles	09:29.1
	B	Arvene Bradley	Hedrick	1.8 miles	09:48.9
	C	Loren Jasper	Fremont	1.8 miles	09:49.1
1959	AAA	Clark Betts	Des Moines, East	1.8 miles	09:17.5
	AA	Ron Olson	Decorah	1.8 miles	09:25.3
	A	John Raveling	Saydel	1.8 miles	09:29.5
	B	Ron Hough	Underwood	1.8 miles	09:51.3
	C	Earl Hanselman	LuVerne	1.8 miles	09:55.9
1960	AAA	Don Rivers	Sioux City, Central	1.8 miles	09:10.0
	AA	Larry Ancell	Oskaloosa	1.8 miles	09:06.5
	A	Tom Good	Winterset	1.8 miles	09:44.5
	B	Joe Henderson	South Page, College Springs	1.8 miles	09:08.6
	C	John Schade	LuVerne	1.8 miles	10:41.5
1961	AAA	Don Rivers	Sioux City, Central	1.8 miles	09:18.2
	AA	John Readout	Marshalltown	1.8 miles	09:27.7
	A	Ed Eneboe	West Sioux, Hawarden	1.8 miles	09:39.5
	B	Obie Thompson	Lamoni	1.8 miles	09:40.7
	C	Art Hoffman	Klemme	1.8 miles	10:13.9
1962	AAA	David Lee	Des Moines, Tech	1.8 miles	09:02.5
	AA	Ron Griffith	Valley, West Des Moines	1.8 miles	09:03.7
	A	Curtis LaBond	Ankeny	1.8 miles	09:42.8
	B	Dennis Reed	South Page, College Springs	1.8 miles	09:40.1
	C	Bernard Schade	LuVerne	1.8 miles	09:44.0
1963	AAA	Dave Compton	Sioux City, Central	1.8 miles	09:11.1
	AA	Ron Griffith	Valley, West Des Moines	1.8 miles	08:56.0
	A	Curtis LaBond	Ankeny	1.8 miles	09:35.1
	B	Dan Bolin	South Page, College Springs	1.8 miles	09:39.6
	C	John Parker	Bayard	1.8 miles	09:46.1

**Individual Champions
By Year**

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Time</u>
1964	AAAA	Dave Compton	Sioux City, Central	1.8 miles	09:10.7
	AAA	Ken Gallagher	Marshalltown	1.8 miles	09:16.9
	AA	James Bowerman	Sheldon	1.8 miles	09:39.3
	A	Don Greiner	Pekin, Packwood	1.8 miles	09:33.3
	B	Tom Denny	Anita	1.8 miles	09:16.4
	C	Larry Sellers	Russell	1.8 miles	09:51.5
	1965	AAAA	Doug Smith	Sioux City, Central	1.8 miles
AAA		Joe Rohach	Marshalltown	1.8 miles	09:13.7
AA		Paul Fish	Red Oak	1.8 miles	09:25.1
A		Daryl Rockey	Urbandale	1.8 miles	09:31.1
B		Richard Jensen	Madrid	1.8 miles	09:33.1
C		Joseph Byrne	Charles City, Immaculate Conception	1.8 miles	09:56.2
1966	AAAA	Doug Smith	Sioux City, Central	1.8 miles	09:02.2
	AAA	Joe Rohach	Marshalltown	1.8 miles	09:13.6
	AA	Dan Sanders	Humboldt	1.8 miles	09:05.3
	A	Calvin Coohy	Aquin, Cascade	1.8 miles	09:43.2
	B	Bernie Hughes	Farragut	1.8 miles	09:42.8
	C	Doug Beck	Preston	1.8 miles	09:45.1
	1967	AAAA	Doug Smith	Sioux City, Central	2 miles
AAA		Chuck Schneider	Columbus Catholic, Waterloo	2 miles	10:07.4
AA		Bob Wilson	Red Oak	2 miles	10:30.0
A		Dan Sanders	Humboldt	2 miles	10:13.3
B		Rick O'Rourke	Villisca	2 miles	10:30.0
C		Mike Cassaday	Miles	2 miles	10:36.1
1968		AAAA	Tom Carrizales	Des Moines, Tech	2 miles
	AAA	Dave Krantz	Columbus Catholic, Waterloo	2 miles	09:58.6
	AA	Tom Kielty	Urbandale	2 miles	10:16.7
	A	Mark Aschim	Decorah	2 miles	10:05.3
	B	Rick O'Rourke	Villisca	2 miles	10:15.4
	C	Mike Cassaday	Miles	2 miles	10:18.6
	1969	AAAA	Mark Johnson	Mason City	2 miles
AAA		Dave Krantz	Columbus Catholic, Waterloo	2 miles	09:42.2
AA		Dennis Schultz	West Delaware, Manchester	2 miles	10:03.1
A		Chuck Cassell	Bishop Garrigan, Algona	2 miles	10:06.7
B		Steve Sundell	Odebolt-Arthur	2 miles	10:18.6
C		Rick O'Rourke	Villisca	2 miles	10:19.9
D		Curt Hoegh	Elk Horn-Kimballton	2 miles	10:13.6
1970		AAAA	Mark Johnson	Mason City	2 miles
	AAA	Tom Schoberg	Bishop Heelan, Sioux City	2 miles	09:56.0
	AA	Paul Hanson	Indianola	2 miles	10:26.9
	A	Dave Bell	Eagle Grove	2 miles	10:06.8
	B	Charley Rump	Aquinas, Fort Madison	2 miles	10:25.3
	C	Mark Skahill	Villisca	2 miles	10:18.3
	D	Art Milliken	Hedrick	2 miles	10:55.2
	1971	AAAA	Mark Johnson	Mason City	2 miles
AAA		Bob Connell	Columbus Catholic, Waterloo	2 miles	09:40.1
AA		Larry Moore	Urbandale	2 miles	10:14.9
A		David Bell	Eagle Grove	2 miles	09:53.0
B		Steve MacTaggart	Starmont, Strawberry Point	2 miles	10:14.1
C		Mark Skahill	Villisca	2 miles	10:21.3
D		Phil Coppess	Oxford Junction	2 miles	10:19.4

**Individual Champions
By Year**

<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Time</u>
1972	AAAA	Mark Johnson	Mason City	2 miles	09:40.8
	AAA	Dale Hansen	Columbus Catholic, Waterloo	2 miles	09:57.6
	AA	Mark Bishop	Indianola	2 miles	10:10.2
	A	Leo Meade	Mount Pleasant	2 miles	10:03.1
	B	Steve MacTaggart	Starmont, Strawberry Point	2 miles	10:03.0
	C	Brian Tindall	Pleasantville	2 miles	10:18.0
	D	Mike Arey	Preston	2 miles	10:28.9
1973	AAAA	Jim Eicken	Davenport, Central	2 miles	09:42.0
	AAA	Mark Grover	Ames	2 miles	10:00.1
	AA	Boyd Nansel	Lewis Central	2 miles	10:03.0
	A	Randy Wilson	Knoxville	2 miles	09:59.5
	B	Mike Cregeen	Clarinda	2 miles	10:25.0
	C	Doug Grave	Boyden-Hull	2 miles	10:23.9
	D	Mark Hughes	Delwood, Elwood	2 miles	10:17.9
1974	AAAA	Jim Eicken	Davenport, Central	2 miles	09:28.0
	AAA	Joe Burke	Columbus Catholic, Waterloo	2 miles	09:30.5
	AA	Mark Bishop	Indianola	2 miles	09:46.1
	A	Steve Ostwinkle	Algona	2 miles	09:55.7
	B	Dan Owen	Adel-DeSoto	2 miles	10:04.0
	C	Joe Strohman	English Valleys, North English	2 miles	10:09.5
	D	Mark Hughes	Elwood	2 miles	10:04.0
1975	AAAA	Rich Fuller	Davenport, Central	2 miles	09:29.0
	AAA	Randy Jackson	Iowa City, City High	2 miles	09:30.0
	AA	Gene McGivern	Assumption, Davenport	2 miles	09:48.0
	A	Blair Renfro	Shenandoah	2 miles	09:46.0
	B	Brett Eggert	Tipton	2 miles	09:54.0
	C	Jim Hansen	Dike	2 miles	09:52.0
	D	Dwayne Camarigg	Sanborn	2 miles	10:13.0
1976	AA	Jim McCauley	Bishop Heelan, Sioux City	2 miles	09:44.0
	A	Rick McKean	Missouri Valley	2 miles	05:58.0
	B	Jim Hansen	Dike	2 miles	10:01.0
	C	Larry Hellman	Bancroft, St. John's	2 miles	10:38.0
1977	AA	Mike Diment	Des Moines, Hoover	2 miles	10:05.2
	A	Jim Zinnel	Algona	2 miles	10:10.6
	B	Jon Betz	North Polk, Alleman	2 miles	10:16.3
	C	Tom Peacher	Cardinal Stritch, Keokuk	2 miles	10:29.6
1978	AA	Kirk Anderson	Mason City	2 miles	09:50.0
	A	Walley Duffy	Shenandoah	2 miles	09:38.0
	B	Steve Greiner	Pekin, Packwood	2 miles	09:57.0
	C	Tom Peacher	Cardinal Stritch, Keokuk	2 miles	10:07.0
1979	AA	Bill Thiesen	Dowling Catholic, W.D.M.	2 miles	09:46.7
	A	Tim Wilson	Clarke, Osceola	2 miles	09:36.0
	B	Mike Martin	Sac City	2 miles	10:02.5
	C	Dan Schreck	Cardinal Stritch, Keokuk	2 miles	10:11.2
1980	AA	Bill Thiesen	Dowling Catholic, W.D.M.	2 miles	09:36.0
	A	Tim Wilson	Clarke, Osceola	2 miles	09:40.0
	B	Danny Bauer	English Valleys, North English	2 miles	10:09.6
	C	Marty Gingerich	Iowa Mennonite School, Kalona	2 miles	09:33.0
1981	3A	Jeff Jacobs	Clinton	2 miles	09:33.0
	2A	Bill Kerkeart	Sheldon	2 miles	09:48.8
	1A	Brian Hawes	Kee, Lansing	2 miles	10:08.7
1982	3A	Bob Soule	Bishop Heelan, Sioux City	2 miles	09:40.8
	2A	Mike Grevengoed	Western Christian, Hull	2 miles	09:57.6
	1A	David Juhl	Dike	2 miles	10:08.2
1983	3A	Jerry Anderson	Valley, West Des Moines	2 miles	09:42.6
	2A	Mike Kooistra	Western Christian, Hull	2 miles	09:48.7
	1A	Trent Timson	Northern University High, Cedar Falls	2 miles	09:52.6

**Individual Champions
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<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Time</u>
1984	3A	Mike Holms	Valley, West Des Moines	2 miles	09:47.4
	2A	Paul Bunnell	Central Lee, Argyle	2 miles	10:04.2
	1A	Trent Timson	Northern University High, Cedar Falls	2 miles	09:54.6
1985	3A	Mike Holms	Valley, West Des Moines	2 miles	09:56.5
	2A	Dwaine Heppler	Sheldon	2 miles	10:15.1
	1A	Jeff Hammons	Iowa Valley, Marengo	2 miles	09:47.4
1986	3A	Brad Wall	Clinton	2 miles	09:57.2
	2A	Mark Brown	Grinnell	2 miles	10:13.1
	1A	Dan Krall	West Branch	2 miles	10:07.5
1987	3A	Dave Ladehoff	Clinton	5000 meters	15:37.1
	2A	Greg Brower	Red Oak	5000 meters	16:09.5
	1A	Dan Krall	West Branch	5000 meters	16:06.3
1988	3A	Kurt Lightner	Des Moines, East	5000 meters	15:59.8
	2A	Stacey Detar	Albia	5000 meters	16:06.6
	1A	Mark Hammons	Iowa Valley, Marengo	5000 meters	16:14.0
1989	3A	Dean Colony	Iowa City, West	5000 meters	16:01.9
	2A	Jeremy Carter	Sheldon	5000 meters	16:15.9
	1A	Denny Halligan	West Sioux, Hawarden	5000 meters	16:18.3
1990	3A	Jonathan Estabrook	Muscatine	5000 meters	16:26.0
	2A	Jeff Joiner	Waukon	5000 meters	16:38.0
	1A	Andy Goodman	West Marshall, State Center	5000 meters	16:46.0
1991	3A	Simeone Wright	Dubuque, Senior	5000 meters	16:15.0
	2A	Brent McGrew	Decorah	5000 meters	16:36.7
	1A	Bill Blay	Griswold	5000 meters	16:35.6
1992	3A	Simeone Wright	Dubuque, Senior	5000 meters	15:25.7
	2A	Brent McGrew	Decorah	5000 meters	0:16
	1A	Bill Blay	Griswold	5000 meters	16:16.2
1993	3A	Jason Carpenter	Dubuque, Senior	5000 meters	15:29.0
	2A	Gary Flugum	Forest City	5000 meters	15:56.1
	1A	Marty Dalton	Tri-Center, Neola	5000 meters	15:57.2
1994	3A	Rob Brock	Dubuque, Senior	5000 meters	15:34.8
	2A	Jesse Sand	Cedar Rapids, Regis	5000 meters	15:55.2
	1A	Chris Schaefer	Lincoln, Stanwood/Clarence-Lowden	5000 meters	15:56.9
1995	3A	Rob Brock	Dubuque, Senior	5000 meters	15:36.0
	2A	Dan Reis	Turkey Valley, Jackson Junction	5000 meters	15:53.0
	1A	Scott Stanley	Malvern	5000 meters	16:10.0
1996	3A	Trent Corey	Dubuque, Senior	5000 meters	15:14.0
	2A	Dan Reis	Turkey Valley, Jackson Junction	5000 meters	15:45.0
	1A	Tait Steines	Calamus-Wheatland	5000 meters	16:02.0
1997	3A	Chris Francois	Davenport, North	5000 meters	15:05.0
	2A	Nick Herman	Ballard, Huxley	5000 meters	15:43.0
	1A	Ryan Pence	Eldora-New Providence	5000 meters	15:56.0
1998	3A	Chris Francois	Davenport, North	5000 meters	15:31.0
	2A	Joe Hughes	South Tama County, Tama	5000 meters	16:06.0
	1A	Adam Sundall	Bishop Garrigan, Algona	5000 meters	15:58.0
1999	3A	Grant Shadden	Marshalltown	5000 meters	15:05.0
	2A	Dan Van Engen	Unity Christian, Orange City	5000 meters	15:39.0
	1A	Nick Rubel	Marquette, Bellevue	5000 meters	16:13.0
2000	3A	Ben Glasser	Dowling Catholic, W.D.M.	5000 meters	15:22.0
	2A	Aaron Hamilton	Eagle Grove	5000 meters	16:04.0
	1A	Dan Van Engen	Unity Christian, Orange City	5000 meters	15:46.0
2001	3A	Dan Taylor	Fort Dodge	5000 meters	15:25.0
	2A	Dylan Davis	ADM, Adel	5000 meters	15:49.0
	1A	Jon Ries	Turkey Valley, Jackson Junction	5000 meters	15:57.0
2002	3A	Ryan McCurnin	Mason City	5000 meters	15:21.0
	2A	Dylan Davis	ADM, Adel	5000 meters	15:47.0
	1A	Aaron Hamilton	Eagle Grove	5000 meters	16:05.0

**Individual Champions
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<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Time</u>
2003	4A	Jon Thomas	Des Moines, Roosevelt	5000 meters	15:18.0
	3A	Ben Grant	Epworth, Western Dubuque	5000 meters	15:29.0
	2A	Jacob Berns	MFL, MarMac	5000 meters	16:15.0
	1A	Eric Sink	Corning	5000 meters	15:57.0
2004	4A	Kiel Uhl	Des Moines, Roosevelt	5000 meters	15:26.0
	3A	Ryan Dolan	Wahlert, Dubuque	5000 meters	16:16.0
	2A	Dan Mayer	West Central Valley, Stuart	5000 meters	16:42.0
	1A	Tim McKenna	Northern University High, Cedar Falls	5000 meters	16:50.0
2005	4A	Stephan Dak	Marshalltown	5000 meters	15:32.0
	3A	Isaac Wendland	Charles City	5000 meters	16:31.0
	2A	Dan Meyer	West Central Valley, Stuart	5000 meters	16:31.0
	1A	Nathan Petesch	Marquette Catholic, Bellevue	5000 meters	16:36.0
2006	4A	Stephan Dak	Marshalltown	5000 meters	15:05.0
	3A	Isaac Wendland	Charles City	5000 meters	16:06.0
	2A	Nate Dotterweich	Monticello	5000 meters	16:22.0
	1A	Nick Gallagher	Bedford	5000 meters	16:04.0
2007	4A	Devin Allbaugh	Pleasant Valley	5000 meters	15:39.0
	3A	Issac Wendland	Charles City	5000 meters	15:47.0
	2A	Nate Dotterweich	Monticello	5000 meters	15:43.0
	1A	Aaron Vosberg	Prairie Valley, Gowrie	5000 meters	15:56.0
2008	4A	J.T. McCarthy	Burlington	5000 meters	15:21.0
	3A	Evan Selsor	Winterset	5000 meters	15:30.0
	2A	Eric Thien	Tipton	5000 meters	16:17.0
	1A	Drew Sikkema	Prince of Peace, Clinton	5000 meters	15:58.0
2009	4A	Marshall Moyer	Burlington	5000 meters	15:48.0
	3A	Brogan Austin	Boone	5000 meters	15:35.0
	2A	Garret Ehlers	OABCIG	5000 meters	16:08.0
	1A	Bill Spencer	Iowa Mennonite School, Kalona	5000 meters	16:26.0
2010	4A	Kevin Lewis	Ottumwa	5000 meters	15:20.0
	3A	Johnny Fuller	Glenwood	5000 meters	15:26.0
	2A	Alex Baldwin	Spirit Lake	5000 meters	16:12.0
	1A	Bill Spencer	Iowa Mennonite School, Kalona	5000 meters	15:54.0
2011	4A	Ben Anderson	Valley, West Des Moines	5000 meters	15:02.0
	3A	Zach Buchheit	Pella	5000 meters	15:09.0
	2A	Keith Beyers	Spirit Lake	5000 meters	15:36.0
	1A	Levi Storjohann	BLCUW, Conrad	5000 meters	15:57.0
2012	WC	Jordan Houdeshell	Linn-Mar, Marion	5000 meters	17:04.0
	4A	Jason Thomas	Dowling Catholic, W.D.M.	5000 meters	15:02.0
	3A	Chandler Austin	Boone	5000 meters	15:24.0
	2A	Will Norris	Spirit Lake	5000 meters	15:25.0
2013	1A	Josh Sindelar	St. Albert, Council Bluffs	5000 meters	16:15.0
	WC	Jordan Houdeshell	Linn-Mar, Marion	5000 meters	18:26.0
	4A	Josh Evans	Linn-Mar, Marion	5000 meters	15:19.4
	3A	Chandler Austin	Boone	5000 meters	15:05.6
2014	2A	Michael Melcher	Monticello	5000 meters	15:18.2
	1A	Kyle Kehoe	Denver	5000 meters	16:17.4
	4A	Daniel Soto	Valley, West Des Moines	5000 meters	15:24.2
	3A	Thomas Pollard	Gilbert	5000 meters	15:04.5
2015	2A	Eric Lenz	Tipton	5000 meters	16:09.2
	1A	Peyton Twedt	West Fork, Sheffield	5000 meters	16:24.0
	4A	Ryan Schweizer	Dowling Catholic, W.D.M.	5000 meters	15:45.3
	3A	Logan Murray	Mount Pleasant	5000 meters	16:17.2
2015	2A	C.J. May	Aplington-Parkersburg	5000 meters	15:55.0
	1A	Andrew Stumbo	Ogden	5000 meters	16:33.0

**Individual Champions
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<u>Year</u>	<u>Class</u>	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Time</u>
2016	4A	Patrick Bose	Johnston	5000 meters	15:37.2
	3A	Jeremy Fopma	Marion	5000 meters	16:02.6
	2A	Andrew Stumbo	Ogden	5000 meters	15:52.6
	1A	Riley Bauer	North Union	5000 meters	16:09.7
2017	4A	Tim Sindt	Ankeny	5000 meters	15:23.7
	3A	Myles Bach	Center Point-Urbana	5000 meters	15:49.1
	2A	Gable Sieperda	George-Little Rock/Central Lyon	5000 meters	15:18.6
2018	1A	Riley Bauer	North Union	5000 meters	16:14.2
	4A	Tim Sindt	Ankeny	5000 meters	15:36.0
	3A	Cody Mertens	Mount Pleasant	5000 meters	16:03.1
	2A	Reece Smith	Garner-Hayfield-Ventura	5000 meters	16:00.7
2019	1A	Sean McDermott	Madrid	5000 meters	16:16.4
	4A	Max Murphy	Pleasant Valley	5000 meters	15:29.3
	3A	Nate Mueller	ADM, Adel	5000 meters	15:45.7
	2A	Dylan Darsidan	Camanche	5000 meters	16:02.0
2020	1A	Josh Baudler	Nodaway Valley	5000 meters	16:10.6
	4A	Jaysen Bouwers	Sioux City, North	5000 meters	15:31.2
	3A	Nate Mueller	ADM, Adel	5000 meters	15:28.7
	2A	Caleb Shumaker	Tipton	5000 meters	16:13.2
	1A	Brady Griebel	Bellevue	5000 meters	15:52.2

**Schools With Individual Champions
Alphabetical**

<u>School</u>	<u>#</u>	<u>School</u>	<u>#</u>	<u>School</u>	<u>#</u>
ADM, Adel	5	Fairfield	1	Pleasant Valley	2
Albia	1	Farragut	1	Pleasantville	1
Algona	2	Forest City	1	Preston	1
Ames	2	Fremont	1	Prince of Peace, Clinton	1
Anita	2	Garner-Hayfield-Ventura	1	Red Oak	3
Ankeny	4	George-Little Rock/Central Lyon	1	Russell	1
Aplington-Parkersburg	1	Gilbert	1	Sac City	1
Aquin, Cascade	1	Glenwood	1	Sanborn	1
Aquinas, Fort Madison	1	Grinnell	1	Saydel	3
Assumption, Davenport	1	Griswold	2	Sheffield	2
Ballard, Huxley	1	Hedrick	2	Sheldon	4
Bayard	1	Humboldt	2	Shenandoah	2
BCLUW, Conrad	1	Immaculate Conception, Charles City	1	Sioux City, Central	8
Bedford	1	Indianola	3	Sioux City, North	1
Bellevue	1	Iowa City, City High	2	South Page, College Springs	2
Bishop Garrigan, Algona	2	Iowa City, West	1	South Tama County, Tama	1
Bishop Heelan, Sioux City	3	Iowa Mennonite School, Kalona	3	Spirit Lake	3
Boone	3	Iowa Valley, Marengo	1	Stanley	1
Boyden-Hull	1	Johnston	1	Stanwood, Lincoln/Clarence-Lowden	1
Burlington	2	Kee, Lansing	1	Starmont, Strawberry Point	2
Calamus-Wheatland	1	Klemme	1	St. Albert, Council Bluffs	1
Camanche	1	Knoxville	2	St. John's, Bancroft	1
Cardinal Stritch, Keokuk	3	Lamoni	1	Thornburg	3
Cedar Falls	1	Lamont	1	Tipton	4
Cedar Rapids, Jefferson	1	LeClaire	4	Tri-Center, Neola	1
Cedar Rapids, Regis	1	Lewis Central	1	Turkey Valley, Jackson Jct	2
Cedar Rapids, Roosevelt	2	Linn-Mar, Marion	1	Underwood	6
Center Point-Urbana	1	LuVerne	3	Unity Christian, Orange City	2
Central Lee, Argyle	1	Madrid	2	Urbandale	3
Cedar Valley, Somers	1	Malvern	1	Valley, West Des Moines	10
Charles City	3	Marion	6	Villisca	5
Charlotte	1	Marquette, Bellevue	2	Vinton	1
Clarke, Osceola	2	Marshalltown	7	West Branch	3
Clarinda	1	Mason City	6	West Central Valley, Stuart	2
Clinton	3	Mechanicsville	3	West Delaware, Manchester	1
Columbus Catholic, Waterloo	6	MFL, MarMac	1	West Fork, Sheffield	1
Corning	1	Miles	2	West Sioux, Hawarden	2
Council Bluffs, Abraham Lincoln	3	Minburn	1	Western Christian, Hull	2
Davenport, Central	3	Missouri Valley	1	Wahlert, Dubuque	1
Davenport, North	1	Monroe	1	Winterset	2
Decorah	6	Monticello	3		
Delmar	1	Mount Pleasant	3		
Delwood, Elwood	2	Muscatine	2		
Denver	1	Nevada	1		
Des Moines, East	11	Nodaway Valley	1		
Des Moines, Hoover	1	Northern University High, Cedar Falls	2		
Des Moines, North	2	North Polk, Alleman	1		
Des Moines Roosevelt	1	North Union	2		
Des Moines, Tech	4	OA-BCIG	1		
Dike	3	Odebolt-Arthur	1		
Dowling Catholic (D.M. & W.D.M.)	7	Ollie	1		
Dubuque, Senior	7	Ogden	2		
Eagle Grove	4	Oskaloosa	1		
Eldora	3	Ottumwa	2		
Elk Horn-Kimballton	1	Oxford Junction	1		
English Valleys, North English	2	Pekin	2		
Epworth, Western Dubuque	1	Pella	1		

STATE MEET

Teams Qualifying for State Meet Alphabetical

Notes: 1. The IHSAA began team qualifying out of district meets in 1976. Prior to that, the state meet was considered an "open" event; 2. Asterisk indicates school no longer competing via consolidation, reorganization, closure, or cooperative agreement.

<u>School</u>	<u>#</u>	<u>Years</u>
ACGC	3	2016, 17, 20
* Adel-DeSoto	3	1980, 81, 91
ADM, Adel	8	1996, 98, 99, 2001, 02, 06, 17, 20
Albia	7	2009, 12, 13, 14, 18, 19, 20
Algona	12	1976, 77, 79, 80, 90, 91, 92, 2007, 08, 09, 13, 14
* Alta	1	2004
Alta/Aurelia	4	2011, 12, 13, 14
Ames	37	1976, 77, 78, 79, 80, 81, 82, 83, 84, 86, 87, 88, 89, 90, 91, 92, 93, 95, 96, 97, 98, 99, 2001, 02, 03, 04, 06, 07, 08, 10, 11, 12, 13, 14, 17, 18, 19
Anamosa	2	1977, 78
* Andrew	3	1979, 90, 92
Ankeny	28	1982, 83, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 16, 17, 18
Ankeny Centennial	2	2015, 20
Aplington-Parkersburg	3	2015, 16, 17
* Aquinas, Fort Madison	11	1976, 77, 78, 79, 80, 81, 82, 83, 97, 98, 99
Ar-We-Va, Westside	2	2006, 07
Assumption, Davenport	13	1989, 90, 94, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 07
Atlantic	16	1977, 79, 80, 84, 94, 95, 96, 97, 98, 2002, 03, 05, 06, 07, 18, 19
Audubon	1	1988
* Audubon-Exira	1	1989
Ballard	11	1993, 88, 93, 94, 95, 96, 97, 2010, 11, 12, 14
* Bancroft St. John's	6	1976, 77, 78, 79, 80, 85
* Battle Creek-Ida Grove	1	2008
BCLUW, Conrad	10	2003, 04, 06, 07, 08, 09, 10, 11, 12, 18
Bellevue	7	2013, 14, 15, 16, 17, 18, 20
Belle Plaine	5	1980, 81, 82, 84, 2005
* Belmond	4	1983, 85, 88, 89
Belmond-Klemme	4	1990, 91, 93, 94
Benton Community	4	1981, 86, 2000, 06
Bettendorf	25	1978, 80, 83, 84, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 02, 03, 04, 05, 06, 07, 09, 13, 14
BGM, Brooklyn	17	1980, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97
Bishop Garrigan, Algona	4	1984, 2002, 03, 13
Bishop Heelan, Sioux City	19	1976, 79, 81, 82, 84, 88, 92, 93, 94, 98, 99, 2003, 05, 06, 2010, 11, 12, 14, 16
* Blakesburg	1	1980
Bondurant-Farrar	1	2017
Boone	8	1991, 2006, 08, 09, 10, 11, 12, 13
Boyer Valley	3	2013, 15, 16
Burlington	5	2008, 09, 10, 11, 12
Calamus-Wheatland	11	1991, 92, 94, 96, 97, 98, 99, 2016, 17, 18, 19
* CAL-Dows, Latimer	1	2002
Camanche	2	2018, 19
* Cardinal Stritch, Keokuk	5	1976, 77, 78, 79, 80
Cardinal, Eldon	2	1977, 80
Carlisle	6	1983, 2016, 17, 18, 19, 20
Cascade	15	1976, 77, 78, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 80, 2003
Cedar Falls	35	1983, 84, 85, 86, 87, 88, 90, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 18, 19, 20

State Meet Qualifiers - Alphabetical

School	#	Years
Cedar Rapids, Jefferson	4	1984, 85, 86, 2000
Cedar Rapids, Kennedy	15	1976, 79, 90, 91, 92, 95, 96, 2001, 03, 04, 05, 06, 17, 18, 19
* Cedar Rapids, LaSalle-Regis	1	1997
Cedar Rapids, Washington	14	1977, 81, 82, 87, 98, 2006, 07, 08, 09, 10, 11, 16, 17, 18
* Cedar Valley, Farnhamville	3	1980, 83, 84
Center Point-Urbana	6	2012, 13, 14, 17, 19, 20
Centerville	7	1976, 77, 78, 79, 84, 87, 88
Central, Elkader	9	2000, 02, 03, 04, 05, 09, 10, 12, 14
Central Decatur, Leon	1	2020
Central DeWitt	15	1982, 84, 92, 93, 97, 98, 99, 2000, 01, 03, 04, 07, 08, 09, 10
Central Springs	1	2020
Chariton	5	1985, 91, 92, 97, 2001, 03
Charles City	10	1982, 97, 2005, 06, 07, 09, 11, 12, 13, 14
Cherokee, Washington	4	1976, 1992, 2002, 03
Clarinda	8	1986, 1995, 2001, 02, 03, 04, 05, 06
Clarke, Osceola	4	1976, 77, 78, 80
Clear Creek-Amana	5	2013, 16, 17, 18, 19
Clear Lake	4	1986, 2015, 16, 17
Clinton	13	1976, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89
Council Bluffs, Abraham Lincoln	8	1981, 82, 86, 87, 88, 89, 90, 91
Council Bluffs, Thomas Jefferson	1	2002
Colfax-Mingo	1	1993
* Collins-Maxwell-Baxter	7	1997, 98, 2000, 01, 02, 07, 08
Colo-Nesco	1	1996
Columbus Community, Columbus Junction	5	1985, 2003, 04, 05, 20
Columbus Catholic, Waterloo	5	1976, 78, 79, 2002, 04
* Coon Rapids	1	1985
Coon Rapids-Bayard	2	1988, 89
* Corning	4	1997, 2001, 02, 03
Creston	5	1985, 86, 87, 88, 2013
Crestwood, Cresco	4	1976, 77, 82, 85
Dallas Center-Grimes	10	2009, 10, 13, 14, 15, 16, 17, 18, 19, 20
* Danville	5	1984, 86, 87, 94, 95
Danville/New London	5	2002, 03, 04, 19, 20
Davenport, Central	8	1981, 82, 89, 90, 93, 94, 98, 99
Davenport, West	3	1976, 77, 79
Davis County, Bloomfield	7	1981, 86, 2014, 15, 18, 19, 20
Decorah	37	1976, 77, 78, 79, 80, 81, 82, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97, 99, 2001, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
* Denison	8	1976, 77, 78, 79, 80, 81, 82, 86
Denison-Schleswig	4	1995, 96, 2000, 03
Denver	12	1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18, 19, 20
* Denver-Tripoli	2	2010, 11
Des Moines Christian	5	1998, 2017, 18, 19, 20
Des Moines, East	7	1977, 88, 89, 90, 91, 92, 97
Des Moines, Hoover	11	1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95
Des Moines, Lincoln	3	1978, 80, 2004
Des Moines, Roosevelt	13	1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13
* Des Moines, Technical	1	1979
* Dike	9	1977, 78, 79, 80, 82, 83, 84, 85, 86
Dike-New Hartford	12	1992, 93, 97, 98, 99, 2001, 02, 05, 08, 10, 11, 12
Don Bosco, Gilbertville	1	1982
Dowling Catholic, W.D.M.	29	1976, 77, 78, 79, 80, 81, 84, 85, 86, 87, 91, 95, 96, 97, 98, 99, 2000, 05, 09, 10, 11, 12, 14, 15, 16, 17, 18, 19, 20
Dubuque, Hempstead	14	1978, 79, 88, 89, 90, 93, 94, 2014, 15, 16, 17, 18, 19, 20
Dubuque, Senior	31	1980, 81, 82, 83, 85, 86, 87, 88, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 09, 11, 12, 13, 14, 15, 16, 17
Dunkerton	1	2015
Durant-Bennett	8	2000, 01, 03, 04, 05, 07, 08, 10

State Meet Qualifiers - Alphabetical

School	#	Years
Eagle Grove	29	1981, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13, 15, 16
Earlham	9	1983, 84, 85, 2011, 16, 17, 18, 19, 20
* East Central, Miles	2	1987, 95
East Marshall, LeGrand	12	1999, 2003, 04, 08, 09, 12, 13, 14, 15, 16, 17, 20
* Eldora	2	1978, 79
* Eldora-New Providence	12	1981, 82, 85, 86, 87, 88, 96, 97, 98, 99, 2000, 01
Emmetsburg	1	2014
Epworth, Western Dubuque	2	1988, 2007
* Estherville	5	1983, 91, 92, 93, 96
Fairfield	5	2000, 01, 02, 03, 04
Forest City	6	1998, 99, 2000, 01, 02, 03
Fort Dodge	8	1976, 77, 99, 2000, 01, 03, 05, 14
Fort Madison	14	1977, 79, 81, 82, 83, 84, 85, 86, 87, 88, 95, 96, 2011, 12
* Galva-Holstein	4	1992, 93, 94, 97
* Garnavillo	6	1976, 78, 79, 80, 81, 91
* Garnavillo-Central Elkader	1	1992
* Garner-Hayfield	3	2005, 08, 09
* Garner-Hayfield-Ventura/West Hancock	2	2010, 12
Garner-Hayfield-Ventura	4	2014, 15, 16, 17
Gehlen Catholic, LeMars	14	1977, 79, 80, 81, 83, 84, 94, 2000, 01, 02, 03, 04, 05, 19
* George	1	1987
George-Little Rock/Central Lyon	8	2005, 06, 10, 16, 17, 18, 19, 20
Gilbert	25	1981, 82, 83, 86, 87, 89, 92, 93, 94, 95, 96, 99, 2003, 05, 07, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19
* Gilbert-United	2	1990, 91
Gladbrook-Reinbeck	2	1989, 92
Glenwood	15	1978, 79, 89, 81, 82, 84, 85, 87, 2000, 08, 09, 10, 11, 18, 20
Glidden-Ralston	3	1996, 97, 99
* Grand Community, Boxholm	1	1976
Grinnell	22	1980, 83, 84, 85, 87, 89, 90, 93, 96, 2007, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19
Griswold	9	1985, 90, 91, 92, 93, 2005, 06, 07, 08
* Grundy Center	5	2004, 05, 06, 08, 09
Grundy Center/Gladbrook-Reinbeck	3	2018, 19, 20
Guthrie Center	1	2011
Hampton-Dumont	3	1978, 98, 2000
Harlan Community	5	1980, 83, 2013, 14, 15
* Hedrick	1	1979
Highland, Riverside	3	2011, 12, 13
HMS, Hartley	1	1988
Hudson	11	1982, 2006, 07, 09, 12, 13, 14, 15, 16, 17, 20
Humboldt	10	1986, 87, 93, 94, 95, 2004, 15, 16, 18, 19
Independence	1	1981
Indianola	23	1976, 83, 85, 86, 87, 88, 89, 90, 94, 95, 96, 97, 98, 2003, 05, 07, 08, 09, 10, 11, 12, 15, 16
Iowa City, City High	30	1984, 85, 86, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 07, 08, 09, 10, 11, 12, 13, 15, 16, 20
Iowa City, Liberty	2	2019, 20
Iowa City, West	22	1987, 88, 89, 90, 91, 92, 97, 2000, 01, 02, 06, 07, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
* Iowa Falls	4	1976, 77, 78, 84
Iowa Mennonite, Kalona	16	1977, 83, 88, 90, 91, 92, 93, 95, 96, 97, 2001, 04, 06, 08, 09, 10
Iowa Valley, Marengo	2	1976, 89
Jefferson	2	1981, 85
Jesup	9	1983, 84, 89, 90, 91, 94, 95, 96, 97
Johnston	17	1976, 97, 2002, 03, 04, 05, 06, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20

State Meet Qualifiers - Alphabetical

School	#	Years
Kee, Lansing	10	1977, 78, 79, 80, 81, 82, 83, 87, 88, 89
Knoxville	20	1976, 78, 79, 80, 81, 82, 83, 89, 90, 92, 93, 94, 95, 97, 2005, 06, 09, 10, 11, 12
Kuemper Catholic, Carroll	2	1976, 2009
* Lake City	8	1976, 77, 78, 79, 80, 82, 84, 85
* Laurens-Marathon	5	1980, 86, 87, 2008, 09
* Laurens-Marathon/AC-T	1	2001
LeMars	4	1989, 90, 2009, 20
Lenox	2	1988, 89
Lewis Central	3	1976, 84, 2002
* Lincoln, Stanwood	2	1983, 84
Linn-Mar, Marion	12	1979, 2001, 02, 03, 10, 11, 12, 13, 14, 15, 16, 17, 19
Logan-Magnolia	3	2008, 09, 12
Lone Tree	1	2009
* Lost Nation	2	1980, 81
Louisa-Muscataine	1	2014
Lynnville-Sully	2	1994, 95
Madrid	6	1987, 88, 2017, 18, 19, 20
Manson-Northwest Webster	3	1995, 2010, 15
Maple Valley-Anthon-Oto	1	2013
Maquoketa	2	1986, 99
Maquoketa Valley, Delhi	6	1993, 94, 95, 2018, 19, 20
Marion	14	1984, 85, 87, 2005, 09, 10, 11, 14, 15, 16, 17, 18, 19, 20
* MarMac, McGregor	1	1977
Marquette Catholic, Bellevue	13	1998, 99, 2000, 01, 02, 03, 04, 05, 06, 08, 11, 12, 14
Marshalltown	30	1976, 77, 78, 79, 80, 81, 82, 84, 86, 87, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 10
Mason City	13	1976, 77, 78, 79, 85, 86, 89, 97, 98, 99, 2001, 04, 05
* Mater Dei, Clinton	1	1991
*Maurice-Orange City	6	1980, 81, 82, 87, 88, 89
Mediapolis	1	2006
* Meriden-Cleghorn	1	1979
Mid-Prairie, Wellman	9	2007, 08, 09, 12, 13, 15, 16, 17, 20
Midland, Wyoming	3	1977, 2002, 03
* Milford	1	1979
Missouri Valley	6	1982, 83, 84, 91, 92, 2007
MOC-Floyd Valley	10	1990, 2007, 08, 10, 11, 13, 14, 15, 18, 20
* Monroe	1	1980
Montezuma	3	1985, 87, 88
Monticello	25	1984, 88, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19
Moulton-Udell	2	1986, 87
Mount Ayr	5	1988, 90, 91, 99, 2001
Mount Pleasant	5	1985, 99, 2006, 15, 16
Mount Vernon	3	1988, 89, 92
Mount Vernon-Lisbon	20	1999, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 11, 12, 13, 14, 15, 16, 17, 18, 20
Muscataine	15	1976, 77, 78, 79, 80, 82, 86, 89, 90, 91, 92, 93, 94, 2005, 06
Nashua-Plainfield	2	2009, 2011
Nevada	15	1980, 86, 89, 90, 91, 92, 94, 95, 96, 97, 2001, 02, 04, 08, 17
New Hampton	4	1984, 96, 97, 98
*New Hartford	1	1978
Newman Catholic, Mason City	9	1976, 77, 78, 79, 81, 2005, 18, 19, 20
Newton	2	1979, 81
Nodaway Valley	17	1997, 98, 99, 2000, 01, 02, 03, 04, 06, 10, 14, 15, 16, 17, 18, 19, 20
*North Fayette, West Union	5	1976, 79, 80, 84, 85
North Fayette Valley	2	2019, 20
North Iowa, Buffalo Center	1	2011
North Linn, Troy Mills	4	1983, 84, 86, 88

State Meet Qualifiers - Alphabetical

School	#	Years
North Polk, Alleman	8	2008, 10, 11, 12, 13, 15, 19, 20
North Scott, Eldridge	2	1988, 96
* North Winneshiek, Burr Oak	1	1976
Northeast, Goose Lake	6	1986, 91, 2010, 11, 13, 14
Norwalk	3	1993, 2019, 20
* Notre Dame, Cresco	2	1976, 80
* Northern University, Cedar Falls	17	1982, 83, 84, 85, 86, 87, 88, 89, 90, 91, 95, 96, 97, 98, 2001, 04, 10
OABCIG	4	2009, 10, 11, 13
Oelwein	3	1980, 91, 99
Ogden	8	1990, 2004, 05, 15, 16, 17, 19, 20
Okoboji, Milford	8	2000, 01, 03, 11, 12, 17, 18, 19
Orient-Macksburg	5	1998, 2000, 03, 04, 05
Osage	10	1980, 2005, 06, 07, 08, 09, 10, 12, 13, 14
Oskaloosa	1	1978
* Panorama-Linden	9	1979, 80, 81, 82, 83, 84, 86, 87, 89
Panorama, Panorama	2	2010, 16
PCM, Monroe	4	2005, 06, 07, 08
Pekin	27	1976, 78, 80, 82, 88, 89, 90, 91, 92, 95, 96, 97, 98, 2002, 04, 05, 06, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
Pella	22	1988, 91, 92, 93, 99, 2000, 01, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
Pella Christian	9	1979, 81, 82, 83, 86, 88, 2007, 09, 10
Perry	7	1985, 90, 98, 99, 2001, 03, 04
Pleasant Valley	22	1995, 98, 2000, 01, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
* Prairie Valley, Gowrie	2	1992, 2007
Prairie, Cedar Rapids	15	1983, 85, 2008, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
Prince of Peace, Clinton	5	2003, 06, 07, 08, 10
Red Oak	5	1981, 82, 87, 89, 2014
Regina, Iowa City	21	1993, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 15
Riverside, Oakland	3	2011, 12, 13
Roland-Story	6	1992, 99, 2001, 09, 16, 18
Saint Ansgar	1	2019
* Sanborn	1	1976
Saydel	3	1977, 93, 94
Sergeant Bluff-Luton	3	2016, 17, 18
Sheldon	18	1976, 77, 79, 80, 81, 82, 88, 89, 90, 91, 94, 95, 97, 98, 99, 2000, 04, 17
* Shellsburg	1	1985
Shenandoah	10	1976, 77, 78, 84, 87, 88, 89, 90, 2013, 14
* Shenandoah-Essex	13	1991, 93, 84, 95, 98, 99, 2000, 02, 03, 04, 05, 10, 12
Sibley-Ocheyedan	1	2018
Sigourney	1	1984
Sioux Center	5	2006, 07, 14, 17, 18
South Central Calhoun	3	2011, 12, 13
Sioux Central, Sioux Rapids	4	1997, 98, 99, 2005
Sioux City, East	13	1977, 79, 83, 84, 87, 88, 89, 92, 93, 94, 95, 97, 98
Sioux City, North	13	1977, 78, 82, 83, 85, 86, 87, 2002, 04, 17, 18, 19, 20
Sioux City, West	7	1978, 79, 80, 99, 2000, 01, 03
Siouxland Christian	1	2020
Solon	5	2006, 08, 09, 10, 20
* South Clay, Gillette Grove	1	1977
South Hamilton, Jewell	12	1986, 87, 88, 95, 96, 2004, 09, 10, 15, 16, 17, 18
South Hardin	3	2017, 18, 19
South O'Brien, Paullina	5	1999, 2002, 03, 07, 09
South Winneshiek, Calmar	16	2002, 03, 04, 05, 06, 07, 08, 09, 10, 11, 13, 16, 17, 19, 20
Southeast Polk	9	1976, 2000, 01, 02, 07, 08, 09, 18, 19
Southeast Valley	2	2014, 15

State Meet Qualifiers - Alphabetical

School	#	Years
* Spalding Catholic, Granville	5	1976, 77, 78, 79, 82
Spencer	9	1980, 81, 89, 92, 93, 2000, 06, 07, 12
Spirit Lake Park	6	2003, 04, 05, 06, 07
Spirit Lake	5	2008, 09, 10, 11, 12, 15
St. Albert, Council Bluffs	29	1981, 83, 86, 89, 90, 91, 92, 93, 94, 95, 96, 99, 2000, 01, 02, 03, 04, 06, 07, 08, 09, 10, 11, 12, 13, 14, 17, 18, 19
St. Edmond, Fort Dodge	16	1978, 79, 2000, 01, 03, 04, 06, 07, 09, 10, 11, 12, 13, 14, 15, 20
St. Mary's, Remsen	7	1976, 77, 78, 79, 80, 98, 2016
Starmont	5	1990, 98, 99; 2016, 17
Storm Lake	2	1987, 88
* Stratford	1	1978
* Stuart-Menlo	1	1982
Tipton	28	1976, 77, 78, 79, 80, 81, 87, 89, 93, 94, 99, 2000, 02, 03, 05, 06, 07, 08, 09, 11, 13, 15, 16, 17, 18, 19, 20
Treynor	3	1979, 2000, 2019
Trinity Christian, Hull	6	2011, 12, 13, 15, 16, 18
Tri-Center, Neola	6	1988, 98, 2014, 15, 17, 19
Turkey Valley, Jackson Junction	3	1995, 2007, 08
* Turkey Valley-South Winneshiek	1	1996
Underwood	3	1981, 84, 85
Union Community, LaPorte City	1	2002
Unity Christian, Orange City	34	1976, 77, 78, 79, 80, 81, 83, 84, 85, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 04, 05, 08, 09, 10, 11, 13, 14, 15, 16, 17, 18, 20
* Urbana	2	1978, 80
Urbandale	8	1994, 96, 2008, 09, 14, 15, 19, 20
Valley, West Des Moines	33	1976, 77, 78, 80, 83, 84, 85, 87, 88, 89, 90, 91, 92, 93, 2000, 01, 02, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 20
* Vinton	2	1979, 89
Vinton-Shellsburg	6	1990, 2007, 08, 12, 14, 15
Wahlert, Dubuque	27	1980, 81, 83, 84, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 08, 09, 10, 11, 13, 16, 18, 19, 20
Wapello	7	2004, 09, 10, 11, 13, 14, 15
Wapsie Valley, Fairbank	7	1999, 2000, 01, 03, 04, 05, 06
Washington	1	1998
Waterloo, West	9	1977, 82, 83, 92, 98, 99, 2000, 07, 12
Waukee	17	1979, 81, 83, 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
Waukon	25	1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16, 20
* Waverly	1	1976
Waverly-Shell Rock	6	1977, 80, 81, 82, 85, 19
Webster City	15	1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11
West Branch	2	1985, 86
West Central Valley, Stuart	2	1997, 98
West Delaware, Manchester	2	1985, 2020
West Fork, Sheffield	4	2013, 14, 16, 19
West Lyon, Inwood	4	1990, 2010, 11, 12
West Marshall, State Center	1	2014
West Sioux, Hawarden	18	1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06
Western Christian, Hull	31	1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12, 13, 14, 16, 19, 20
Williamsburg	26	1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 2000, 02, 03, 04, 11, 13, 15, 17, 18, 19, 20
Wilton	7	1984, 85, 2006, 07, 08, 09, 12
Winterset	8	1995, 96, 97, 98, 99, 2007, 08, 15
Woodbine	21	1982, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 2000, 04, 05, 06, 07, 08, 09
Woodward Academy	6	2006, 07, 12, 15, 17, 18
Xavier, Cedar Rapids	8	2005, 06, 07, 08, 12, 15, 16, 17

RECORDS

Most State Meet Appearances

<u>School</u>	<u>App.</u>	<u>School</u>	<u>App.</u>
Ames	37	Cascade	15
Decorah	37	Cedar Rapids, Kennedy	15
Cedar Falls	35	Central DeWitt	15
Unity Christian, Orange City	34	Glenwood	15
Valley, West Des Moines	33	Muscatine	15
Dubuque, Senior	31	Nevada	15
Western Christian, Hull	31	Prairie, Cedar Rapids	15
Iowa City, City High	30	Webster City	15
Marshalltown	30	Cedar Rapids, Washington	14
Dowling Catholic, W.D.M.	29	Dubuque, Hempstead	14
Eagle Grove	29	Fort Madison	14
St. Albert, Council Bluffs	29	Gehlen Catholic, LeMars	14
Ankeny	28	Marion	14
Tipton	28	Assumption, Davenport	13
Pekin	27	Clinton	13
Wahlert, Dubuque	27	Des Moines, Roosevelt	13
Williamsburg	26	Marquette Catholic, Bellevue	13
Bettendorf	25	Mason City	13
Gilbert	25	* Shenandoah-Essex	13
Monticello	25	Sioux City, East	13
Waukon	25	Sioux City, North	13
Indianola	23	Algona	12
Grinnell	22	Denver	12
Iowa City, West	22	Dike-New Hartford	12
Pella	22	East Marshall, LeGrand	12
Pleasant Valley	22	* Eldora-New Providence	12
Regina, Iowa City	21	Linn-Mar, Marion	12
Woodbine	21	South Hamilton, Jewell	12
Knoxville	20	* Aquinas, Fort Madison	11
Mount Vernon-Lisbon	20	Ballard	11
Bishop Heelan, Sioux City	19	Calamus-Wheatland	11
Sheldon	18	Des Moines, Hoover	11
West Sioux, Hawarden	18	Hudson	11
BGM, Brooklyn	17	BCLUW, Conrad	10
Johnston	17	Charles City	10
Nodaway Valley	17	Dallas Center-Grimes	10
* Northern University, Cedar Falls	17	Humboldt	10
Waukee	17	Kee, Lansing	10
Atlantic	16	MOC-Floyd Valley	10
Iowa Mennonite, Kalona	16	Osage	10
South Winneshiek, Calmar	16	Shenandoah	10
St. Edmond, Fort Dodge	16		

Most Consecutive State Meet Appearances

<u>School</u>	<u>App.</u>	<u>Years</u>	<u>School</u>	<u>App.</u>	<u>Years</u>
Cedar Falls	25	1992-2016	Waukon	17	1989-2005
Monticello	23	1997-2019	Decorah	17	2004-2019
Ankeny	22	1990-2011	BGM, Brooklyn	15	1993-2007
Regina, Iowa City	20	1993-2012	Eagle Grove	15	1993-2007
Marshalltown	18	1991-2008	Valley, West Des Moines	15	2004-2018
Pleasant Valley	18	2003-2019			
Iowa City, City High	17	1989-2005			

Most Team Championships

<u>School</u>	<u>#</u>	<u>School</u>	<u>#</u>
Decorah	15	Marshalltown	7
Marion	10	Waukon	7
Iowa City, City High	9	Ames	6
Dowling Catholic, W.D.M.	8	Clinton	6
Iowa City, University High	8	Des Moines, North	6
Regina, Iowa City	8	Des Moines, East	5
Sioux City, Central	8	Kee, Lansing	5
Des Moines, Tech	7	Shenandoah	5

Most Consecutive Team Championships

<u>School</u>	<u>#</u>	<u>Years</u>
Marion	9	1945, 46, 48, 49, 50, 51, 52, 53, 54
Iowa City, University High	5	1940, 41, 42, 43, 44
Sioux City, Central	5	1963, 64, 65, 66, 67
Waukon	5	1995, 96, 97, 98, 99
Mechanicsville	4	1943, 44, 45, 46
Iowa City, City High	4	1991, 92, 93, 94

Boys & Girls Teams Winning Team Title in the Same Year

<u>School</u>	<u>Year</u>	<u>School</u>	<u>Year</u>
Somers	1967	Iowa City, City High	1993
BGM, Brooklyn	1970	Waukon	1993
Decorah	1976	Iowa City, City High	1999
Cascade	1983	Xavier, Cedar Rapids	2006
Cascade	1985	Wahlert, Dubuque	2010
Iowa City, City High	1991	Dowling Catholic, W.D.M.	2011
Iowa City, City High	1992	Decorah	2012

Top Championship Team Point Totals

Scoring Five Runners

<u>School</u>	<u>Points</u>	<u>Year</u>
Waukon	29	1996
Nodaway Valley	36	2016
Des Moines, Roosevelt	45	2003
Iowa City, City High	45	1993
Regina, Iowa City	48	1997

Scoring Four Runners

<u>School</u>	<u>Points</u>	<u>Year</u>
Columbus Catholic, Waterloo	16	1972
Mason City	20	1972
Bancroft, St. John's	21	1976
Columbus Catholic, Waterloo	23	1971

Scoring Three Runners

<u>School</u>	<u>Points</u>	<u>Year</u>
Des Moines, East	6	1943
Mechanicsville	6	1943
Iowa City, University High	6	1944
Marion	6	1949
Eldora	6	1953
West Sioux, Hawarden	6	1961
Klemme	6	1961
Sioux City, Central	6	1964, 65, 66

Most Individual State Titles

<u>Name</u>	<u>School</u>	<u>Years</u>	<u>#</u>
Mark Johnson	Mason City	1969-72	4
Ray (Berl) Edmindson	Thornburg	1938-40	3
Deryl King	West Des Moines	1955-57	3
Homer Lattimer	LeClaire	1954-56	3
Rick O'Rourke	Villisca	1967-69	3
John Raveling	Saydel	1957-59	3
Garold Ryan	Underwood	1950-52	3
Doug Smith	Sioux City, Central	1965-67	3
Isaac Wendland	Charles City	2005-07	3
Vernon (Mike) Evans	Des Moines, East	1935-36	2
Calvin Robinson	Mechanicsville	1944-45	2
Paul Sloan	Des Moines, East	1944-45	2
Richard Terrell	Iowa City, University High	1944-45	2
Jack Davis	Iowa City, City High	1946-47	2
Don Murray	Des Moines, East	1949-50	2
Caesar Smith	Des Moines, North	1952-53	2
Jerry Walker	Marion	1952-53	2
Ron Olson	Decorah	1958-59	2
Don Rivers	Sioux City, Central	1960-61	2
Ron Griffith	West Des Moines	1962-63	2
Curtis LaBond	Ankeny	1962-63	2
Dave Compton	Sioux City, Central	1963-64	2
Joe Rohach	Marshalltown	1965-66	2
Dan Saners	Humboldt	1966-67	2
Mike Cassidy	Miles	1967-68	2
Dave Krantz	Columbus, Waterloo	1968-69	2
David Bell	Eagle Grove	1970-71	2
Mark Skahill	Villisca	1970-71	2
Steve McTaggart	Starmont	1971-72	2
Mark Bishop	Indianola	1972-74	2
Jim Eicken	Davenport Central	1973-74	2
Mark Hughes	Delwood, Elwood	1973-74	2
Jim Hansen	Dike	1975-76	2
Tom Peacher	Cardinal Stritch, Keokuk	1977-78	2
Bill Thiesen	Dowling Catholic, W.D.M.	1979-80	2
Tim Wilson	Clarke, Osceola	1979-80	2
Trent Timson	Northern University High, Cedar Falls	1983-84	2
Mike Holms	Valley, West Des Moines	1984-85	2
Dan Krall	West Branch	1986-87	2
Bill Blay	Griswold	1991-92	2
Brent McGrew	Decorah	1991-92	2
Simeon Wright	Dubuque, Senior	1991-92	2
Rob Brock	Dubuque, Senior	1994-95	2
Dan Reis	Turkey Valley, Jackson Junction	1995-96	2
Chris Fancois	Davenport, North	1997-98	2
Dan Van Engen	Unity Christian, Orange City	1999-2000	2
Dylan Davis	ADM, Adel	2001-02	2
Dan Mayer	West Central Valley, Stuart	2004-05	2
Stephen Dak	Marshalltown	2005-06	2
Nate Dotterweich	Monticello	2006-07	2
Bill Spencer	Iowa Mennonite School, Kalona	2009-10	2
Chandler Austin	Boone	2012-13	2
Andrew Stumbo	Ogden	2015-16	2
Riley Bauer	North Union	2016-17	2
Tim Sindt	Ankeny	2017-18	2
Nate Mueller	ADM, Adel	2019-20	2

Top 10 Recorded State Meet Times 5,000 Meters

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
Jason Thomas	Dowling Catholic	15:02.0	2012
Ben Anderson	Valley, West Des Moines	15:02.0	2011
Thomas Pollard	Gilbert	15:04.5	2014
Stephen Dak	Marshalltown	15:05.0	2006
Chris Francois	Davenport, North	15:05.0	1997
Grant Shadden	Marshalltown	15:05.0	1999
Chandler Austin	Boone	15:05.6	2013
Dylan Eigenberger	Dubuque, Senior	15:07.0	2012
Caleb Drake	Pleasant Valley	15:07.0	2012
Zach Buchheit	Pella	15:09.0	2011

Top 10 Recorded State Meet Times Two Miles

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
Jim Eicken	Davenport, Central	9:28	1974
Rich Fuller	Davenport, Central	9:29	1975
Randy Jackson	Iowa City, City High	9:30	1975
Joe Burke	Columbus Catholic, Waterloo	9:30.5	1974
Jeff Jacobs	Clinton	9:33	1981
Mick Duncan	Columbus Catholic, Waterloo	9:33.3	1974
Mark Johnson	Mason City	9:33.9	1971
Jon Mathiason	Ames	9:35	1975
Tim Wilson	Clarke, Osceola	9:36	1979
Bill Thiesen	Dowling Catholic, W.D.M.	9:36	1980

Schools with the Most Individual Champions

<u>School</u>	<u>#</u>	<u>School</u>	<u>#</u>
Des Moines, East	11	Columbus Catholic, Waterloo	6
Sioux City, Central	8	Decorah	6
Dubuque, Senior	7	Marion	6
Mason City	6	Marshalltown	6
Underwood	6	Iowa City, University High	6
Valley	6	Villisca	6

Individuals on 3+ Championship Teams

<u>Name</u>	<u>School</u>	<u>Years</u>	<u>#</u>
Doug Smith	Sioux City, Central	1964-67	4
Richard Terrell	Iowa City, University High	1942-44	3
Casper Robinson	Mechanicsville	1943-45	3
Jack Edmunds	Marion	1948-50	3
Gerald Walker	Marion	1951-53	3
Ron Olson	Decorah	1957-59	3
Steve Gerkin	Sioux City, Central	1963-65	3
Ted Fulk	Marshalltown	1964-66	3
Mark Aschim	Decorah	1966-68	3
John Trier	Johnston	1971-73	3
Ron Gomis	Johnston	1971-73	3
Steve Kurth	Iowa City, City High	1991-93	3
Eddie Frick	Waukon	1997-99	3
Austin Williamson	Des Moines, Roosevelt	2001-03	3
Michael Melcher	Monticello	2011-13	3
Ben Ahlrichs	Monticello	2011-13	3
Brycen Wallace	Nodaway Valley	2015-17	3
Skyler Rawlings	Nodaway Valley	2015-17	3

COACHES

Coaches of State Champion Teams Alphabetical

Name	School	Year	#
Achenbach, Gary	Boone	2013	1
Altena, Alden	Western Christian, Hull	1973	1
Altfillisch, John	Clarinda	1962, 63	2
Arens, Jerry	Cresco, Notre Dame	1971	1
Augustine, Mike	Des Moines, East	1937, 41, 42, 43, 49	5
Becker, Jerry	Eagle Grove	1984, 87	2
Becker, Troy	Cedar Falls	2004, 05	2
Belby, Erik	Pleasant Valley	2006, 07, 08, 17	4
Bergan, Bill	Columbus Catholic, Waterloo	1969	1
Bjorkgren, Paul	Underwood	1953, 54	2
Bottorff, Gary	Kee, Lansing	1980, 81, 82, 88, 89	5
Boughton, Jim	Dubuque, Senior	1987, 95, 98	3
Bouma, Glenn	Unity Christian, Orange City	1977, 83	2
Boyle, George	Aqunas, Fort Madison	1970, 71, 78, 79	4
Brechler, Paul	Iowa City, University High	1942	1
Brown, Bob	Regina, Iowa City	1993, 97, 98, 2003, 04	5
Brown, David	Lincoln Central, Gruver	1966	1
Brown, Steve	Des Moines, Roosevelt	2001, 02, 03	3
Brown, Victor	Napier	1948	1
Buelt, Ron	Cardinal Stritch, Keokuk	1980	1
Burmeister, Darrell	Nodaway Valley	2002, 15, 16, 17	4
Carpenter, Dr. M.F.	Iowa City, University High	1940, 41, 43	3
Caviness, D.W.	Clarinda	1956	1
Chew, Fee	Council Bluffs, Abraham Lincoln	1948	1
Clefisch, Dale	Sheldon	1981	1
Coberly, Curt	Denver	1994	1
Collinge, Cole	Cedar Falls	1969	1
Conway, Scott (co-coach)	South Winneshiek	2006, 08	2
Cretzmeyer, F.X.	Des Moines, North	1944, 45, 46	3
Cutler, Douglas	Pella	2009, 11	2
Davidshofer, Robert	Aquin, Cascade / Cascade	1965, 66, 75; 1983, 85, 86	6
Day, Jesse	Davenport	1951	1
Dean, Ken	Marshalltown	1960, 61, 64, 65, 66	5
Dennison, Steve	Calamus Wheatland	1996	1
DeVault, Dale	Eldora; BLC, Conrad	1952, 53, 54; 1969	4
Dollar, Ambrose	Underwood	1952	1
Dotson, Dick	Waterloo, West	1970	1
Dunsworth, Ira	Davenport, Central	1971	1
Eidahl, Davis	Anita; Pekin, Packwood	1963; 1967, 68	3
Ehlinger, I.A.	Cedar Rapids, Roosevelt	1951	1
Elslager, Vern	Mechanicsville	1945	1
Evelzizer, Dennis	Decorah	2012	1
Exline, Dan	Menlo	1957	1
Fiedler, Curt (co-coach)	George-Little Rock/Central Lyon	2017	1
Fiedler, Lori (co-coach)	George-Little Rock/Central Lyon	2017	1
Fiete, James	Garnavillo	1970	1
Fitzgerald, Mike	Decorah	1972, 74, 76, 77, 78	1

Coaches of State Champion Teams - Alphabetical

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>#</u>
Fitzpatrick, Jim	Newman Catholic, Mason City	1979	1
Freeze, Jim	Tri-County, Thornburg	1972	1
Geery, Henry	Saydel	1957	1
Gemberling, D.C.	Mechanicsville	1943, 44	2
Gingerich, Marty	Iowa Mennonite School, Kalona	2009	1
Goodell, Tom	Linn-Mar, Marion	2014	1
Gourley, Lucas	Danville/New London	2020	1
Graves, Ray	Shenenandoah	1974, 75, 88, 89, 91	5
Grothus, Kelley	Madrid	2018, 19, 20	3
Halligan, Steve	West Sioux, Hawarden	1999	1
Heidelbauer, Harlan	Waukon	1993, 95, 96, 97, 98, 99, 2002	7
Heinitz, Tim	Spirit Lake	2008, 09	2
Henningsen, Roger	Odeboldt-Arthur	1961, 62, 64	3
Hetrick, Jim	Central Clinton, DeWitt	2000, 01	2
Hipple, Les	Marion	1945, 46, 48, 49, 50, 51, 52, 53, 54	9
Hofman, Jim	Burlington	2009	1
Holsclaw, Bill	Clinton	1976, 79, 81, 82, 84, 86	6
Horton, Tom	Wahlert, Dubuque	2003, 04, 10	3
Hospers, Eugene	Western Christian, Hull	1982	1
Hostetler, Mark	Iowa Mennonite School, Kalona; Mid-Prairie	1995; 2016	2
Hummel, Phil	Woodbine	1986, 87	2
Hunn, Leonard	Muscatine	1930	1
Hyke, Charles	LeClaire	1955, 56	2
Ives, Tim	Dowling Catholic, W.D.M.	2011, 12, 15, 16, 18, 19	6
Jankovitz, Robert	Des Moines, Hoover	1977	1
Jess, Scott	Bellevue	2015	1
Johanson, Roger	Mount Vernon-Lisbon	2005	
Johnson, Doug	Anita	1964	1
Joslin, Doug	Marshalltown	1974, 75	2
Juhl, Richard	Dike	1973, 74	2
Karpan, Tom	Valley, West Des Moines	1955, 62	2
Kauder, Andrew	Xavier, Cedar Rapids	2006, 07	2
Kearney, Kevin	South Winneshiek, Calmar	2006, 08	2
Kellenberger, Bill	Assumption, Davenport	1974	1
Kjome, George	Decorah	1957, 58, 59, 64, 66, 67, 68	7
Koenigsfeld, Lou	Charles City, Immaculate Conception	1965	1
Kroeze, Dan	Western Christian, Hull	2003, 05	2
Kruger, Arlen	Miles	1968, 69	2
Kruse, Bill	Sheldon	1971	1
Kurth, E.A.	LeClaire	1940	1
Landas, Darryl	Decorah	1990, 92	2
Larsen, Buck	Chariton	1969	1
Lee, Robert	Garnavillo; NUL, Cedar Falls	1972, 73; 1984, 85	5
Lindaman, Rich	Humboldt	1994	1
Linder, Dave	Des Moines, Hoover	1970	1
Long, Dave	Sheffield-Chapin; Mason City	1962, 63; 1972, 73	4
Lyle, Jim	Des Moines, North	1950, 52, 53	3
Manship, Truman	Charles City	1951	1
Maresh, Steve	Iowa City, City High	1997, 99	2
Marrero, Abdier	Sioux City, North	2020	1
Masche, Robert	North Winneshiek, Decorah	1967	2

Coaches of State Champion Teams - Alphabetical

Name	School	Year	#
Matthaidess, Troy	Wapsie Valley	2005	1
McClure, Robert	Elliott	1955	1
McCord, Jim	Centerville	1979	1
McCormick, Eugene	Fremont	1950	1
McGaffin, Charles	Winterset	1960	1
McVicker, Doug	Farragut	1966	1
Millikin, Harlan	Ames	1967, 68	2
Mitts, Ron	Johnston	1971, 72, 73	3
Morris, Mary	Bennett-Durant	2001	1
Morrison, Dick	Red Oak	1966	1
Mortimer, Randall	Midburn	1941	1
Murtle, Rodney	Madrid	1965	1
Neill, Craig	Lewis Central	1973	1
Nelson, Irving	Mechanicsville	1946	1
Newell, Don	Ottumwa	1940	1
Niggemeyer, Eric	East Marshall, LeGrand	2014	1
Noll, Don	Sanborn	1974	1
Norris, Bill	Ollie; Oskaloosa	1949; 1957	2
Obermiller, Ray	Sioux City, Central	1957, 58, 61, 63, 64, 65	6
Ormston, Bill	Ankeny	1969	1
Palmer, Gayle	Urbandale	1968, 70	2
Peterson, Duane	West Sioux, Hawarden	1961	1
Peterson, Roger	Odebolt-Arthur	1975	1
Phelan, Steve	Wapsie Valley, Fairbank	2000, 04	2
Pollitt, Richard	BGM, Brooklyn	1970	1
Pries, Matt	Dallas Center-Grimes	2019, 20	2
Provorse, Bob	Sioux City, Central	1966, 67	2
Prussman, Noel	Muscatine	1990	1
Rannals, Al	Klemme	1961	1
Ray, David	Miles	1964	1
Reifenrath, Darrell	Central Lyon, Rock Rapids	1969	1
Reingardt, Will	Northern University High, Cedar Falls	2010	1
Reis, Mike	Red Oak	1967	1
Rogers, Mel	Underwood	1959	1
Sabelka, Sandy	Denver	2013	1
Sage, Dave	Waverly-Shell Rock	1975, 80	2
Salberg, Chris	South Page, College Springs	1960	1
Sauser, Dan	Monticello	2007, 11, 12, 13	4
Schafer, Roy	Fairfield	1949	1
Schippers, John	Marion	1958	1
Schroeder, Don	Muscatine	1978	1
Schwarz, Bill	Prairie, Cedar Rapids	2010, 2013	2
Schweizer, Frank	Dowling Catholic, W.D.M.	1974, 85	2
Shadle, Fred	Osage	1970	1
Shaffer, Clayton	Bancroft, St. John's	1976, 77	2
Shorey, John	St. Albert, Council Bluffs	1992	1
Short, Jeff	Garner-Hayfield	2014	1
Silvey, Chuck	Des Moines, Tech	1954, 55, 56, 59, 60, 62	6
Sinram, Mike	Jesup	1990	1
Skay, Jayme	Iowa City, City High	1997, 99, 2000	3
Sletten, John	Ames	1973, 75, 83, 89	4
Snell, Leland	Des Moines, Tech	1950	1
Stanton, Walt	South Page, College Springs; Red Oak	1959, 60; Red Oak 1965	3

Coaches of State Champion Teams - Alphabetical

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>#</u>
Stidolph, Robert	Monroe	1950	1
Stolze, Greg	Williamsburg	1991	1
Stoppels, Paul	Grinnell	1963	1
Stults, Greg	Knoxville	1980	1
Swails, Sara	Iowa City, West	1988	1
Swart, Kory	Mount Vernon-Lisbon	2015, 16	2
Swope, Chad	Regina, Iowa City	2006, 07, 10	3
Tassell, Dennis	Cedar Valley, Somers	1967	1
Thomas, Aaron	Gilbert	2014, 17, 18	3
Tuttle, Vaughn	Stanley	1951	1
VandenBerg, Rich	Unity Christian, Orange City	1976	1
VanderLinden, Bob	Des Moines, Lincoln	1968	1
Vogelgesang, Dave	Tipton	1975	1
Walsh, Eric	Tipton	2018, 19	1
Wedemeyer, Ross	Iowa City, University High	1944	1
Wehrkamp, Glen	Sheffield-Chapin	1956, 58	2
Weidman, Bob	St. Albert, Council Bluffs	2011, 12	2
Werling, Ron	Indianola	1971, 72	2
Wessels, Wayne	Columbus Catholic, Waterloo	1971, 72	2
Whitmore, Tom	Milford	1973	1
Wickett, Bryce	LuVerne	1958, 59, 60, 62	4
Williams, A.L. (Bud)	Iowa City, City High	1991, 92, 93, 94, 96	5
Wolfe, Don	Cedar Rapids, Roosevelt	1948	1

Coaches with the Most Team Championships

<u>School</u>	<u>School</u>	<u>#</u>	<u>Years</u>
Hipple, Les	Marion	9	1945, 46, 48, 49, 50, 51, 52, 53, 54
Heidelbauer, Harlan	Waukon	7	1993, 95, 96, 97, 98, 99, 2002
Kjome, George	Decorah	7	1957, 58, 59, 64, 66, 67, 68
Davidshofer, Robert	Aquin, Cascade & Cascade	6	1965, 66, 75; 1983, 85, 86
Holsclaw, Bill	Clinton	6	1976, 79, 81, 82, 84, 86
Ives, Tim	Dowling Catholic, W.D.M.	6	2011, 12, 15, 16, 18, 19
Obermiller, Ray	Sioux City, Central	6	1957, 58, 61, 63, 64, 65
Silvey, Chuck	Des Moines, Tech	6	1954, 55, 56, 59, 60, 62
Augustine, Mike	Des Moines, East	5	1937, 41, 42, 43, 49
Bottorff, Gary	Kee, Lansing	5	1980, 81, 82, 88, 89
Brown, Bob	Regina, Iowa City	5	1993, 97, 98, 2003, 04
Dean, Ken	Marshalltown	5	1960, 61, 64, 65, 66
Graves, Ray	Shenandoah	5	1974, 75, 88, 89, 91
Lee, Robert	Garnavillo; NUH, Cedar Falls	5	1972, 73; 1984, 85
Williams, A.L. (Bud)	Iowa City, City High	5	1991, 92, 93, 94, 96
Belby, Erik	Pleasant Valley	4	2006, 07, 08, 17
Boyle, George	Aqunas, Fort Madison	4	1970, 71, 78, 79
Burmeister, Darrell	Nodaway Valley	4	2002, 15, 16, 17
DeVault, Dale	Eldora; BLC, Conrad	4	1952, 53, 54; 1969
Long, Dave	Sheffield-Chapin; Mason City	4	1962, 63; 1972, 73
Sauser, Dan	Monticello	4	2007, 11, 12, 13
Sletten, John	Ames	4	1973, 75, 83, 89
Wickett, Bryce	LuVerne	4	1958, 59, 60, 62

HISTORY & AWARDS

IHSAA Cross Country Timeline & Background

History and highlights as archived by the Iowa High School Athletic Association.

<u>Year</u>	<u>Notes</u>
1922	University of Iowa hosts high school invitational meet inviting teams from surrounding states.
1930	IHSAA conducts its own invitational State Meet, with schools charged 25 cents per runner. Teams could enter up to 4 athletes but only their top 3 were scored. Race distance was 1.9 miles.
1936	With growth and interest starting, the meet is divided into two classes based on enrollment.
1937	State Meet conducted in 3 classes; teams could enter 3, 4, or 5 runners, and counting their top 3 for team scoring.
1946	Teams could enter 4 or 5 runners with their top 3 counting in team scoring.
1947	Excessive rain caused fewer teams and changed the State Meet to a single race with individuals only. No team champions were named.
1948	Four-class meet begins.
1951	Race distance changed to 1.8 miles.
1957	Five class meet begins.
1964	With increasing interest, the meet moves to six classes.
1967	Race distance is increased to 2.0 miles.
1969	Meet expands to a record seven classes.
1970	Teams can now run up to 5 runners with their top 4 counting toward the team's total.
1976	District qualifying meets for the State Meet begin for teams and individuals. Down to four classes contested.
1979	Inaugural Joint State Meet held with the Iowa Girls High School Athletic Union at Veenker Golf Course on the campus of Iowa State University.
1981	District and State Meets return to 3 classes for boys and girls; State Meet attracts over 6,000 fans.
1987	Race distance increases to 5,000 meters.
1988	Teams allowed to enter 5, 6 or 7 athletes with their top 5 finishers being scored for team honors.
1993	Joint State Meet moved to Lakeside Golf Course in Kennedy Park, north of Fort Dodge.
2003	Four-class State Qualifying Meets inaugurated with 15 teams in each class qualifying for the State Meet.
2007	Displaced team scoring started for State Qualifying and State Meets.
2011	First in the nation Wheelchair competition added.
2015	IGHSAU matches boys and increases distance for girls' races to 5,000 meters.
2020	Meet separated into two days to limit crowds due to COVID-19. Competition split by class, with 4A and 3A running Friday, and 2A and 1A on Saturday.
2021	92nd year for IHSAA Cross Country State Meet, 56th for the IGHSAU – both among the oldest in the US.

State Meet Venues & Records

Since facilities and host sites vary in terms of layout and difficulty, the IHSAA does not keep a state record list of individual times, but does maintain list of the top times run in state meet competition. The list of schools and communities who have hosted the state meet and their years:

1930-40	University of Iowa, campus course
1941-42	Drake University, Waveland Golf Course
1943-49	University of Iowa, campus course
1950-59	Ames, Veenker Golf Course, south course
1960	University of Iowa, South Finkbine Golf Course
1961-64	Drake University, Waveland Golf Course
1965-66	Des Moines, East, Grandview Golf Course
1967-72	Marshalltown, American Legion Golf Course
1973	Grinnell College, campus course
1974	Ames, Veenker Golf Course
1975	Cedar Falls, Pheasant Ridge Golf Course
1976	Waterloo, South Hills Golf Course
1977-78	Cedar Rapids, Noelridge Park
1979-92	Ames, Veenker Golf Course, north course
1993-Present	Fort Dodge, Lakeside Golf Course, Kennedy Park

IHSAA Cross Country Participation

Boys, 1974-Present

Notes: 1. As reported by member schools to the Iowa High School Athletic Association, then archived by National Federation of State High School Associations (NFHS); 2. Survey methodology changed from NFHS and IHSAA over time, including participation estimates prior to 1981 and periodic reporting updates later. The data shown below is as it was recorded and made publicly available at that time. Anomalous data indicated with *.

<u>School Year</u>	<u>Schools</u>	<u>Participants</u>	<u>School Year</u>	<u>Schools</u>	<u>Participants</u>
1974-1975	216	5400	2001-2002	313	3943
1975-1976	228	5700	2002-2003	313	4171
1976-1977			2003-2004	308	4108
1977-1978	223	5575	2004-2005	308	4149
1978-1979	237	5925	2005-2006	309	4283
1979-1980	235	4700	2006-2007	309	4357
1980-1981	238	4780	2007-2008	312	4661
1981-1982	243	2900	2008-2009	314	4715
1982-1983	243	2900	2009-2010	316	4837
1983-1984	253	2755	2010-2011	315	5029
1984-1985	251	2755	2011-2012	316	5283
1985-1986	256	2755	2012-2013	319	5160
1986-1987	248	2600	2013-2014	319	5158
1987-1988	250	2943	2014-2015	329	5223
1988-1989	247	3110	2015-2016	314	5499
1989-1990	258	2995	2016-2017	319	5505
1990-1991	258	2866	2017-2018	323	5689
1991-1992	259	3149	2018-2019	326	5619
1992-1993	267	3086			
1993-1994	271	3024			
1994-1995	275	3085			
1995-1996	289	3658			
1996-1997	301	3696			
1997-1998	303	3769			
1998-1999	303	3788			
1999-2000	313	3996			
2000-2001	313	3977			