

## Iowa Girls &amp; Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 8 Boys 100 Meter Dash 4A (24) Prelims

Thursday 5/20/2021 - 7:42 PM

State Record: 10.5h 1981 Treye Jackson, Newton

All-Time: 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Seed	Time
1	11	Dowling Catholic, WDM	11.06	1
2	12	Marshalltown	11.06	1
3	11	Davenport, West	11.07	1
4	12	Iowa City, City	11.07	1
5	12	Dubuque, Senior	11.10	2
6	12	Davenport, Central	11.13	2
7	12	Norwalk	11.19	1
8	10	Cedar Rapids, Washington	11.19	2
9	11	Burlington	11.20	3
10	11	Indianola	11.22	2
11	12	Fort Dodge	11.22	3
12	12	Ankeny Centennial	11.23	1
13	11	Southeast Polk	11.24	2
14	12	Ottumwa	11.25	3
15	11	North Scott, Eldridge	11.26	4
16	10	Cedar Rapids, Washington	11.31	3
17	11	Iowa City, West	11.31	4
18	12	Sioux City, West	11.34	2
19	11	Davenport, Central	11.46	5
20	12	Southeast Polk	11.49	3
21	11	Bettendorf	11.53	6
22	12	Des Moines, Hoover	11.55	4
23	11	Valley, West Des Moines	11.56	3
24	11	Des Moines, Lincoln	11.57	4

## Event 16 Boys 200 Meter Dash 4A (24) Prelims

Thursday 5/20/2021 - 5:40 PM

State Record: 21.16 5/21/2011 James Harrington, Cedar Falls

All-Time: 20.80 1994 Tim Dwight, Iowa City High

Name	Year	School	Seed	Time
1	12	Marshalltown	21.58	1
2	11	Dowling Catholic, WDM	21.67	1
3	12	Norwalk	22.15	1
4	12	Ottumwa	22.27	1
5	12	Des Moines, Roosevelt	22.32	1
6	11	Southeast Polk	22.34	2
7	11	Davenport, West	22.39	1
8	10	Waukee	22.48	2
9	11	Indianola	22.48	3
10	12	Cedar Rapids, Kennedy	22.53	2
11	10	Cedar Rapids, Washington	22.61	3
12	12	Dowling Catholic, WDM	22.61	2
13	12	Sioux City, West	22.62	3
14	12	Des Moines, Hoover	22.65	3
15	12	Iowa City, West	22.67	2
16	12	Davenport, Central	22.68	2

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## Event 16 ... (Boys 200 Meter Dash 4A (24) Prelims)

Name	Year	School	Seed Time	
17 Luke Meyers	11	Iowa City, Liberty	22.68	3
18 David Williams	12	Dubuque, Senior	22.73	4
19 Dane Treiber	11	North Scott, Eldridge	22.81	3
20 Brody Brecht	12	Ankeny	22.87	4
21 Logan Elston	10	Valley, West Des Moines	23.12	4
22 Caleb LeClair	12	Southeast Polk	23.26	4
23 Alain Denou	09	Davenport, North	23.45	4
24 Drew MacGregor	09	Johnston	23.45	5

## Event 24 Boys 400 Meter Dash 4A (24)

Thursday 5/20/2021 - 8:20 PM

State Record: 46.99 5/16/2019 Darien Porter, Bettendorf

All-Time: 46.99 5/17/2019 Darien Porter, Bettendorf

Name	Year	School	Seed Time	
1 TJ Tomlyanovich	12	Cedar Falls	48.26	1
2 Thomas Collins	12	Ankeny Centennial	49.38	1
3 Deylin Chandler	12	Urbandale	49.60	2
4 Mohamed Temsah	12	Des Moines, Hoover	49.64	3
5 Aaron Smith	12	Waukee	49.90	1
6 Traijan Sain	10	Cedar Rapids, Washington	49.94	2
7 Matthew Kruse	11	Dubuque, Senior	50.04	1
8 Tyrese Miller	11	Ankeny	50.05	2
9 Joel Burris	12	Cedar Falls	50.08	3
10 Derek Leicht	11	Dubuque, Hempstead	50.41	2
11 Jaiden Buchanan	12	Marshalltown	50.76	4
12 Logan Grover	12	Indianola	50.80	3
13 Addison Binnie	10	Clinton	51.44	1
14 Micah Green	12	Davenport, Central	51.49	2
15 Kenzie Reed	10	Cedar Rapids, Kennedy	51.63	5
16 Keegen Smith	12	Ankeny Centennial	51.67	4
17 Mohamed Bass	12	Des Moines North	51.80	4
18 Michael Duax	12	Sioux City, West	51.90	1
19 Matt Guckenberger	12	Prairie, Cedar Rapids	51.97	3
20 Joseph Martinez	12	Davenport, North	52.01	3
21 Ezeldin Farag	12	Des Moines, Roosevelt	52.12	5
22 Savion Coleman-Wilks	12	Ames	52.16	6
23 Landon Ruby	10	Prairie, Cedar Rapids	52.17	4
24 Joseph Reed	11	Dowling Catholic, WDM	52.93	2

## Event 32 Boys 800 Meter Run 4A (24)

Saturday 5/22/2021 - 3:10 PM

State Record: 1:50.30 5/21/2016 Ryan Schweizer, Dowling C, W

All-Time: 1:50.18 2007 Aaron Stockstell, Mid-Prairie

Name	Year	School	Seed Time	
1 Aniey Akok	12	Ames	1:56.62	1
2 Ammon Smith	10	Iowa City, City	1:57.48	1
3 Derek Leicht	11	Dubuque, Hempstead	1:57.50	2
4 Yemane Kifle	11	Sioux City, North	1:57.70	1
5 Nick Moore	12	Bettendorf	1:58.00	1
6 Grant Tebbe	12	Pleasant Valley	1:58.61	2

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## Event 32 ... (Boys 800 Meter Run 4A (24))

	Name	Year	School	Seed Time	
7	Nathan Sell	12	Lewis Central	1:59.26	2
8	Chase Bartlett	12	Southeast Polk	1:59.28	2
9	Cade Muller	12	Dowling Catholic, WDM	1:59.38	3
10	Truman Thompson	10	Iowa City, City	1:59.48	3
11	Gavin Keeney	11	Iowa City, Liberty	1:59.63	4
12	Caden Noeller	11	Iowa City, West	1:59.67	5
13	Kon Dut	11	Ames	1:59.78	3
14	Ty Costigan	12	Prairie, Cedar Rapids	1:59.87	6
15	Owen West	12	North Scott, Eldridge	2:00.01	3
16	Connor Cunningham	12	Ankeny Centennial	2:00.03	4
17	Bruce Johnson	09	Southeast Polk	2:00.53	5
18	Carson Lane	10	Des Moines, Roosevelt	2:00.56	6
19	Caleb Schillinger	12	Iowa City, Liberty	2:00.86	7
20	Jack Jorgensen	12	Cedar Falls	2:00.87	1
21	Layton Pribyl	12	Bettendorf	2:01.15	4
22	Derek Webster	12	Norwalk	2:01.36	1
23	Ben Hanson	10	Norwalk	2:01.38	2
24	TJ Tomlyanovich	12	Cedar Falls	2:01.39	2

## Event 40 Boys 1600 Meter Run 4A (24)

Saturday 5/22/2021 - 4:57 PM

State Record: 4:06.32 5/24/2014 Josh Evans, Linn-Mar  
 All-Time: 4:05.83 2016 Ryan Schweizer, Dowling Catholic

	Name	Year	School	Seed Time	
1	Bo Gryp	12	Iowa City, Liberty	4:21.16	1
2	Owen Maloney	12	Dubuque, Hempstead	4:21.42	2
3	Andrew Bickford	12	Prairie, Cedar Rapids	4:21.78	3
4	Ford Washburn	10	Iowa City, City	4:23.49	4
5	Jack Kinzer	12	Iowa City, Liberty	4:23.79	5
6	Jackson Heidesch	10	Dowling Catholic, WDM	4:24.19	1
7	Ryan Winger	12	Dubuque, Hempstead	4:25.05	6
8	Gabe Nash	10	Sioux City, North	4:26.22	2
9	William Lohr	11	Sioux City, North	4:26.59	3
10	Kole Sommer	12	Pleasant Valley	4:26.98	1
11	Alex McKane	11	Iowa City, West	4:27.44	7
12	Will Ryan	11	Dowling Catholic, WDM	4:28.24	4
13	Yohana Yual	12	Johnston	4:31.80	1
14	Brayden Burnett	11	Cedar Falls	4:32.40	1
15	Carter Eckhoff	11	Johnston	4:32.68	2
16	Hayden Kuhn	11	Linn-Mar, Marion	4:33.46	2
17	Anthony Lee	11	Prairie, Cedar Rapids	4:33.61	8
18	Curtis Johnson	11	Indianola	4:34.35	3
19	Vincent Hodges	12	Waukee	4:34.43	4
20	Jackson Bergman	09	Valley, West Des Moines	4:35.89	5
21	Ethan Eichhorn	09	Lewis Central	4:37.17	6
22	Will Dowda	12	North Scott, Eldridge	4:38.76	2
23	Anthony Moran	12	Urbandale	4:39.66	1
24	Akol Atask	12	Ames	4:40.41	2

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## Event 48 Boys 3200 Meter Run 4A (24)

Thursday 5/20/2021 - 4:55 PM

State Record: 9:00.97 5/22/2014 Josh Evans, Linn-Mar  
All-Time: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

Name	Year	School	Seed Time	
1	Ryan Winger	12 Dubuque, Hempstead	9:32.76	1
2	William Lohr	11 Sioux City, North	9:35.53	1
3	Jackson Heidesch	10 Dowling Catholic, WDM	9:37.54	2
4	Will Ryan	11 Dowling Catholic, WDM	9:40.59	3
5	Alex McKane	11 Iowa City, West	9:40.74	2
6	Andrew Bickford	12 Prairie, Cedar Rapids	9:42.45	3
7	Hunter Kalous	12 Prairie, Cedar Rapids	9:43.58	4
8	Eli Smith	12 Cedar Falls	9:46.74	1
9	Yohana Yual	12 Johnston	9:47.45	1
10	Jaysen Bouwers	12 Sioux City, North	9:48.04	4
11	Curtis Johnson	11 Indianola	9:48.27	2
12	Josh Davis	12 Dubuque, Hempstead	9:52.39	5
13	Nicholas Grandgenett	12 Ames	9:52.57	1
14	Aidan Decker	09 Iowa City, Liberty	9:53.19	6
15	Adam Ibrahim	12 Des Moines, Hoover	9:54.00	2
16	Hayden Kuhn	11 Linn-Mar, Marion	9:54.38	2
17	Jackson Bergman	09 Valley, West Des Moines	9:55.70	5
18	Jonah Christensen	12 Waukee	9:56.09	3
19	Jacob Christensen	12 Waukee	9:58.98	4
20	Carson Owens	10 Southeast Polk	10:01.54	3
21	Seth Cheney	10 Iowa City, West	10:01.80	7
22	Conner Smith	11 Marshalltown	10:01.98	3
23	Kole Sommer	12 Pleasant Valley	10:30.26	1
24	Tarun Vedula	11 Pleasant Valley	10:31.23	2

## Event 56 Boys 110 Meter Hurdles 4A (24) Prelims

Friday 5/21/2021 - 4:20 PM

State Record: 13.91 2017 Joah Banks, Prairie, CR  
All-Time: 13.85 2018 Riley Moss, Ankeny Cent

Name	Year	School	Seed Time	
1	Ceondae Adams	12 Prairie, Cedar Rapids	14.62	1
2	Mason Thompson	12 Ankeny	14.92	1
3	Tyler Johnson	12 Ankeny Centennial	14.96	1
4	Koah Thompson	12 Dowling Catholic, WDM	14.97	1
5	Jason Lu	12 Iowa City, West	15.00	2
6	Adam Wright	11 Dowling Catholic, WDM	15.08	2
7	Dominick Berry	11 Ankeny Centennial	15.19	2
8	Will Kruse	12 North Scott, Eldridge	15.21	1
9	Geramie Hardaway	11 Prairie, Cedar Rapids	15.25	3
10	Grant Miller	11 Norwalk	15.25	2
11	Zak Kubitz	12 Dubuque, Senior	15.27	4
12	Carter Accola	10 Ankeny	15.47	3
13	Eric Lucas	10 Cedar Falls	15.51	1
14	Jack Block	12 Cedar Falls	15.53	2
15	Nicholas Gorsich	10 Linn-Mar, Marion	15.54	3
16	Kale Hobart	10 Mason City	15.58	3

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## Event 56 ... (Boys 110 Meter Hurdles 4A (24) Prelims)

Name	Year	School	Seed Time	
17 Isaac Eaton	12	Ottumwa	15.61	5
18 Dwight Joar	12	Marshalltown	15.66	4
19 Caleb Hoyt	12	Urbandale	15.68	4
20 Garrett Morris	12	Waukee	15.79	4
21 Mark Pepper	12	Indianola	15.86	5
22 Austin Rindels	10	Iowa City, City	16.07	6
23 Dante Arndt-Sublett	12	Mason City	16.17	5
24 Max Doran	10	Pleasant Valley	16.25	2

## Event 65 Boys 400 Meter Hurdles 4A (24)

Friday 5/21/2021 - 6:00 PM

State Record: 50.96 1996 Dustin Avey, Ames

All-Time: 50.96 1996 Dustin Avey, Ames

Name	Year	School	Seed Time	
1 Drew Bartels	12	Cedar Rapids, Kennedy	53.36	1
2 Matthew Kruse	11	Dubuque, Senior	54.19	1
3 Bill Mukhtar	12	Waukee	54.97	1
4 Isaac Eaton	12	Ottumwa	55.01	2
5 Austin Fountain	11	Ottumwa	55.07	3
6 Joel Burriss	12	Cedar Falls	55.49	2
7 Divion Ocheltree	12	Cedar Rapids, Kennedy	55.58	3
8 Christian Rodriguez	12	Mason City	55.80	1
9 Abass Kemokai	12	Linn-Mar, Marion	56.32	4
10 Logan Piper	10	Indianola	56.37	2
11 Matt Schaeckenbach	10	Iowa City, City	56.51	4
12 Michael Guckenberger	12	Prairie, Cedar Rapids	56.81	5
13 Cole Norris	11	Des Moines, Roosevelt	57.16	2
14 Blake DePhillips	12	Ankeny Centennial	57.28	3
15 Ian Lucas	11	Waterloo, East	57.29	5
16 Tucker Langenberg	12	Urbandale	57.33	4
17 Sam Gordon	11	Muscatine	57.50	6
18 Will Bussey	11	Dowling Catholic, WDM	57.54	1
19 Colin Driscoll	10	Waukee	57.60	3
20 Adam Longwell	12	Prairie, Cedar Rapids	57.61	7
21 Jason Lu	12	Iowa City, West	57.88	8
22 Parker Miller	11	Bettendorf	58.22	1
23 Owen Hoak	12	Sioux City, East	59.06	2
24 Ryan Sherman	11	Bettendorf	1:00.06	2

## Event 77 Boys 4x100 Meter Relay 4A (24) Prelims

Friday 5/21/2021 - 7:40 PM

State Record: 41.68 5/18/2019 Valley, WDM, Valley, WDM

C Mitchell, M Mahoney, R Neu, J Shaner

All-Time: 41.33 1996 Iowa City High, Iowa City High

Team	Relay	Seed Time	
1 Southeast Polk	1	42.33	1
2 Fort Dodge	1	42.47	1
3 Valley, West Des Moines	1	42.58	1
4 Ankeny Centennial	1	42.64	2
5 Cedar Falls	1	42.72	1

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## Event 77 ... (Boys 4x100 Meter Relay 4A (24) Prelims)

	Team	Relay	Seed Time	
6	Iowa City, City	1	42.94	1
7	Waukee	1	42.95	2
8	Marshalltown	1	42.99	2
9	Dowling Catholic, WDM	1	43.03	2
10	Ames	1	43.09	3
11	Indianola	1	43.13	3
12	Ankeny	1	43.13	4
13	Cedar Rapids, Jefferson	1	43.20	3
14	Prairie, Cedar Rapids	1	43.26	2
15	Iowa City, West	1	43.37	3
16	Iowa City, Liberty	1	43.44	4
17	Des Moines, Roosevelt	1	43.63	4
18	Urbandale	1	43.72	5
19	Cedar Rapids, Washington	1	43.97	4
20	Des Moines North	1	44.10	5
21	Cedar Rapids, Kennedy	1	44.12	5
22	North Scott, Eldridge	1	44.18	1
23	Linn-Mar, Marion	1	44.20	6
24	Pleasant Valley	1	44.24	2

## Event 85 Boys 4x200 Meter Relay 4A (24)

Friday 5/21/2021 - 5:05 PM

State Record: 1:26.17 5/17/2019 Valley, WDM, Valley, WDM  
 J Shaner, M Mahoney, R Neu, C Mitchell  
 All-Time: 1:26.17 5/17/2019 Valley, WDM, Valley, WDM  
 J Shaner, M Mahoney, R Neu, C Mitchell

	Team	Relay	Seed Time	
1	Valley, West Des Moines	1	1:27.86	1
2	Ankeny Centennial	1	1:27.93	1
3	Waukee	1	1:29.04	1
4	Prairie, Cedar Rapids	1	1:29.67	1
5	Cedar Rapids, Jefferson	1	1:30.06	1
6	Johnston	1	1:30.21	2
7	Indianola	1	1:30.61	3
8	Cedar Falls	1	1:30.71	2
9	Dowling Catholic, WDM	1	1:30.74	2
10	Ottumwa	1	1:30.79	2
11	Waterloo, West	1	1:31.02	3
12	Ankeny	1	1:31.14	4
13	Cedar Rapids, Kennedy	1	1:31.41	4
14	Lewis Central	1	1:31.45	3
15	Des Moines, Roosevelt	1	1:31.56	2
16	Iowa City, West	1	1:31.80	3
17	Muscatine	1	1:32.24	4
18	Davenport, North	1	1:32.40	1
19	North Scott, Eldridge	1	1:32.53	2
20	Des Moines, Hoover	1	1:32.67	3
21	Dubuque, Senior	1	1:32.85	5
22	Linn-Mar, Marion	1	1:33.05	5

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## Event 85 ... (Boys 4x200 Meter Relay 4A (24))

Team	Relay	Seed Time
23 Marshalltown	1	1:33.17 6
24 Cedar Rapids, Washington	1	1:33.86 7

## Event 93 Boys 4x400 Meter Relay 4A (24) Prelims

Friday 5/21/2021 - 8:50 PM

State Record: 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley  
B Collins, Z Sandvig, R Keairnes, B McSkimming

All-Time: 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley  
B Collins, Z Sandvig, R Keairnes, B McSkimming

Team	Relay	Seed Time
1 Ankeny Centennial	1	3:21.66 1
2 Cedar Falls	1	3:22.91 1
3 Des Moines, Hoover	1	3:24.03 2
4 Urbandale	1	3:24.06 3
5 Ames	1	3:25.21 4
6 Dubuque, Senior	1	3:25.77 1
7 Valley, West Des Moines	1	3:25.90 1
8 Waterloo, West	1	3:25.91 2
9 Prairie, Cedar Rapids	1	3:25.95 2
10 Norwalk	1	3:26.62 1
11 Indianola	1	3:26.67 2
12 Dubuque, Hempstead	1	3:26.96 3
13 Cedar Rapids, Kennedy	1	3:27.46 3
14 Mason City	1	3:28.78 5
15 Waukee	1	3:28.84 3
16 Sioux City, North	1	3:29.26 2
17 Dowling Catholic, WDM	1	3:29.42 3
18 Iowa City, Liberty	1	3:29.76 4
19 Bettendorf	1	3:30.45 1
20 Linn-Mar, Marion	1	3:30.65 4
21 Ottumwa	1	3:30.82 5
22 Lewis Central	1	3:31.12 4
23 North Scott, Eldridge	1	3:31.48 2
24 Davenport, West	1	3:31.58 3

## Event 101 Boys 4x800 Meter Relay 4A (24)

Thursday 5/20/2021 - 7:00 PM

State Record: 7:41.43 5/21/2015 Ames, Ames  
L Grim, K Chol, A Akok, D Chan

All-Time: 7:41.43 5/21/2015 Ames, Ames  
L Grim, K Chol, A Akok, D Chan

Team	Relay	Seed Time
1 Ames	1	7:57.86 1 Conv
2 Southeast Polk	1	7:59.51 2 Conv
3 Iowa City, City	1	7:59.69 1
4 Iowa City, Liberty	1	7:59.77 2
5 Prairie, Cedar Rapids	1	8:03.70 3
6 Cedar Falls	1	8:09.53 1
7 Bettendorf	1	8:09.83 1
8 Norwalk	1	8:09.92 1

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## Event 101 ... (Boys 4x800 Meter Relay 4A (24))

	Team	Relay	Seed Time	
9	Pleasant Valley	1	8:11.24	2
10	Ankeny Centennial	1	8:12.58	3 Conv
11	Dubuque, Hempstead	1	8:13.20	4
12	Waukee	1	8:13.79	2
13	Sioux City, North	1	8:14.41	1
14	Urbandale	1	8:14.84	4 Conv
15	Iowa City, West	1	8:15.81	5
16	Lewis Central	1	8:16.57	2
17	Mason City	1	8:17.94	5 Conv
18	Muscatine	1	8:19.24	6
19	Dowling Catholic, WDM	1	8:21.01	3
20	Ankeny	1	8:22.00	3
21	Johnston	1	8:22.39	4
22	Dubuque, Senior	1	8:23.35	7
23	North Scott, Eldridge	1	8:24.07	3
24	Linn-Mar, Marion	1	8:26.56	2

## Event 103 Boys 100 Meter Run WC (4)

Saturday 5/22/2021 - 3:47 PM

State Record: 17.70 5/18/2019 Evan Correll, Waukee

All-Time: 16.67 2021 Evan Correll, Waukee

	Name	Year	School	Seed Time	
1	Evan Correll	12	Waukee	16.67	1
2	Koda Beland	11	Cedar Falls	24.66	1
3	Jordan Caperon	10	Iowa City, West	27.96	1
4	Joshua Unguec	09	Ames	29.14	1

## Event 105 Boys 200 Meter Run WC (4)

Saturday 5/22/2021 - 4:37 PM

State Record: 31.01 5/18/2013 Jon Litzkow, Waterloo, West

All-Time: 27.97 2021 Evan Correll, Waukee

	Name	Year	School	Seed Time	
1	Evan Correll	12	Waukee	29.47	1
2	Koda Beland	11	Cedar Falls	45.84	1
3	Joshua Unguec	09	Ames	56.21	1
4	Jordan Caperon	10	Iowa City, West	1:03.65	1

## Event 107 Boys 400 Meter Run WC (2)

Saturday 5/22/2021 - 5:22 PM

State Record: 56.57 5/18/2013 Jon Litzkow, Waterloo, West

All-Time: 51.96 2021 Evan Correll, Waukee

	Name	Year	School	Seed Time	
1	Evan Correll	12	Waukee	55.92	1
2	Koda Beland	11	Cedar Falls	1:33.55	1

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## Event 115 Boys Distance Medley 4A (24)

Friday 5/21/2021 - 6:50 PM

State Record: 3:24.39 5/23/2014 Linn-Mar, Linn-Mar  
A Flieder, T Wolfe, D Trenary, J Evans

All-Time: 3:22.69 2001 Iowa City High, Iowa City High

Team	Relay	Seed Time
1 Ames	1	3:32.04 1
2 Urbandale	1	3:36.43 2
3 Ankeny Centennial	1	3:37.75 3
4 Cedar Falls	1	3:38.30 1
5 Norwalk	1	3:38.55 1
6 Valley, West Des Moines	1	3:38.94 1
7 Iowa City, City	1	3:39.18 1
8 Waukee	1	3:39.68 2
9 Johnston	1	3:40.15 3
10 Lewis Central	1	3:40.45 2
11 Pleasant Valley	1	3:41.03 1
12 Sioux City, East	1	3:41.30 3
13 Iowa City, Liberty	1	3:41.35 2
14 Southeast Polk	1	3:41.49 4
15 Dowling Catholic, WDM	1	3:41.73 4
16 Des Moines, Hoover	1	3:42.01 5
17 Prairie, Cedar Rapids	1	3:42.35 3
18 Sioux City, North	1	3:43.54 5
19 Council Bluffs, Thomas Jeffers	1	3:43.69 6
20 Dubuque, Hempstead	1	3:44.30 4
21 Linn-Mar, Marion	1	3:44.31 2
22 Clinton	1	3:45.35 2
23 Cedar Rapids, Kennedy	1	3:45.94 3
24 Indianola	1	3:47.93 4

## Event 123 Boys High Jump 4A (24)

Thursday 5/20/2021 - 2:00 PM

State Record: 7-00 1999 Andy Kohler, Ames  
All-Time: 7-03.50 1981 Brian Tietjens, North Central, Manly

Name	Year	School	Seed Mark
1 Joe Barnes	12	Waukee	6-06.00 1
2 Jacob Kieler	10	Cedar Falls	6-05.00 3
3 TJ Jackson	10	Linn-Mar, Marion	6-05.00 1
4 Brody Lovell	12	Cedar Rapids, Kennedy	6-05.00 2
5 Logan Flanagan	12	Dubuque, Senior	6-05.00 1
6 Sam Skarich	11	North Scott, Eldridge	6-05.00 1
7 Carlo Martinez-Hale	11	Burlington	6-04.00 2
8 Prosper Kapongo	12	Cedar Rapids, Jefferson	6-03.00 4
9 Tate Zalasky	12	Ames	6-02.00 1
10 Austin Fountain	11	Ottumwa	6-02.00 2
11 Ashton Urmie	10	Davenport, West	6-02.00 3
12 Dwight Joar	12	Marshalltown	6-02.00 5
13 Matt Schaeckenbach	10	Iowa City, City	6-02.00 3
14 Kale Hobart	10	Mason City	6-01.00 2
15 Noah Sandbothe	12	Council Bluffs, Abe Lincoln	6-01.00 2

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**Event 123 ... (Boys High Jump 4A (24))**

Name	Year	School	Seed	Mark
16	Owen Conn	12 Dowling Catholic, WDM	6-01.00	1
17	Bentor Neyail	11 Ankeny	6-01.00	2
18	Max Roquet	12 Johnston	6-01.00	3
19	Carter Reddel	12 Ankeny Centennial	6-00.00	3
20	Noah Pettinger	11 Dubuque, Hempstead	6-00.00	5
21	Zak Kubitz	12 Dubuque, Senior	6-00.00	4
22	Koah Thompson	12 Dowling Catholic, WDM	6-00.00	3
23	Jack Davis	12 Ankeny Centennial	6-00.00	3
24	Joseph DeWall	12 Indianola	6-00.00	4

**Event 131 Boys Long Jump 4A (24)**

Friday 5/21/2021 - 2:00 PM

State Record: 24-01

All-Time: 24-09.50 1984

Walker/Westerfield, DavC/DavN

Chris Walker, Davenport Central

Name	Year	School	Seed	Mark
1	Drew Bartels	12 Cedar Rapids, Kennedy	23-05.25	1
2	Malik Allen	12 Waukee	22-09.00	1
3	Tay Norman	12 Waterloo, West	22-06.00	2
4	Sam Akins	11 Dubuque, Senior	22-05.25	1
5	Prosper Kapongo	12 Cedar Rapids, Jefferson	22-00.75	3
6	Aiden McGee	12 Waukee	21-07.50	2
7	Xavier Nwankpa	11 Southeast Polk	21-06.50	1
8	Deavin Hilson	12 Des Moines North	21-05.00	3
9	Gatlin Menninga	12 Ottumwa	21-04.00	2
10	Cooper Cox	12 Ankeny	21-02.00	4
11	Daqwan Sanders	12 Iowa City, Liberty	21-01.75	3
12	Malachi Holmes	10 Marshalltown	21-01.75	4
13	Jeremiah Feahn	11 Waterloo, West	21-01.00	5
14	Reid Pakkebieer	12 Cedar Rapids, Kennedy	20-10.50	6
15	Tamin Lipsey	11 Ames	20-09.75	2
16	Bricen White	12 Linn-Mar, Marion	20-09.50	7
17	Michael Duax	12 Sioux City, West	20-08.25	1
18	Cael Boyd	12 Ankeny	20-08.00	5
19	Abu Sama	10 Southeast Polk	20-08.00	3
20	Logan Mulholland	11 Clinton	20-07.50	1
21	Ryan Rohe	12 Lewis Central	20-05.75	2
22	Ronnie Major	10 Iowa City, City	20-04.25	4
23	Darnell Butler	11 North Scott, Eldridge	20-03.75	2
24	Caden Wilson	10 Johnston	20-02.50	6

**Event 139 Boys Discus Throw 4A (24)**

Thursday 5/20/2021 - 4:30 PM

State Record: 192-06 5/17/2007

All-Time: 207-08 1978

Nick Brayton, Iowa City We

Scott Crowell, Mason City

Name	Year	School	Seed	Mark
1	Walker Whalen	11 Indianola	177-02	1
2	Nolan Recker	11 Muscatine	177-01	1
3	Matt Kapustka	12 Waukee	170-05	2
4	Corey Phillips	11 Ames	169-08	1
5	Gabe Greenlee	12 Ames	161-09	2

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## Event 139 ... (Boys Discus Throw 4A (24))

	Name	Year	School	Seed	Mark
6	McKade Jelinek	11	Linn-Mar, Marion	160-09	1
7	Jesus Jaime	12	Ottumwa	160-04	2
8	Justice Miller	12	Ankeny	159-05	3
9	Joe Simpson	12	Clinton	158-00	1
10	Lucas Morrison	10	Waukee	155-11	4
11	Sam Braksiek	12	Prairie, Cedar Rapids	155-07	3
12	Braeden Edwards	12	Valley, West Des Moines	153-06	1
13	Russell Pearson	12	Dowling Catholic, WDM	149-06	2
14	Raphael Hamilton	12	Iowa City, City	147-07	4
15	Ben Moffitt	12	Indianola	146-02	5
16	Zach McMillian	09	North Scott, Eldridge	146-00	2
17	Reese Steele	12	Southeast Polk	145-03	3
18	Adam Teare	12	Waterloo, West	144-05	2
19	Jim Bonifas	12	Dubuque, Senior	142-06	5
20	Jon Astor	11	Fort Dodge	142-04	6
21	Jaxon Dailey	11	Southeast Polk	142-02	4
22	Brandt Williams	11	North Scott, Eldridge	141-06	3
23	CJ Coker	11	Cedar Rapids, Kennedy	140-06	3
24	Tate Joens	10	Prairie, Cedar Rapids	140-05	6

## Event 147 Boys Shot Put 4A (24)

Friday 5/21/2021 - 4:30 PM

State Record: 65-11.50 1968

Doug Lane, CR Jefferson

All-Time: 70-11 1968

Doug Lane, Cedar Rapids Jefferson

	Name	Year	School	Seed	Mark
1	Matt Kapustka	12	Waukee	55-09.75	1
2	Braeden Edwards	12	Valley, West Des Moines	54-08.00	1
3	Joe Simpson	12	Clinton	54-05.50	1
4	Jesus Jaime	12	Ottumwa	54-02.75	1
5	Raphael Hamilton	12	Iowa City, City	53-07.50	2
6	Carter Bunch	12	Norwalk	52-05.00	2
7	Capri Wilson	12	Cedar Falls	51-03.00	1
8	Nolan Recker	11	Muscatine	51-02.50	3
9	Jackson Stone	12	Cedar Rapids, Jefferson	51-02.00	2
10	Garrett Sperling	12	Waukee	51-01.75	3
11	Sawyer Springer	12	Fort Dodge	50-07.00	4
12	Drew Hoth	12	Cedar Falls	50-03.50	3
13	Chris Baker	12	Linn-Mar, Marion	49-11.00	4
14	Alex Moore	12	Davenport, Central	49-09.25	2
15	Russell Pearson	12	Dowling Catholic, WDM	49-09.00	2
16	Luke Gaffney	11	Linn-Mar, Marion	49-05.75	5
17	Finn Claypool	12	Des Moines, Roosevelt	49-03.00	1
18	Ryan Saddler	11	Pleasant Valley	49-02.00	3
19	Jim Bonifas	12	Dubuque, Senior	49-01.00	4
20	Hunter Deyo	11	Lewis Central	48-11.00	3
21	Mason Applegate	11	Iowa City, West	47-05.00	5
22	Jaylen Pettus-McMullen	11	Dowling Catholic, WDM	47-01.00	4
23	Nate Jones	12	Prairie, Cedar Rapids	46-05.00	6
24	Cade Borud	11	Southeast Polk	46-02.00	2

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## Event 153 Boys Shot Put WC (1)

Saturday 5/22/2021 - 2:00 PM

State Record: 40-05.50 5/18/2013 Alex Gudenkauf, Dubuque, Senior

All-Time: 40-05.50 5/18/2013 Alex Gudenkauf, DBQ Senior WC

Name	Year	School	Seed	Mark
1 Koda Beland	11	Cedar Falls	13-05.75	1

## Event 157 Boys 4x110 Meter Shuttle Hurdle 4A (24) Prelims

Thursday 5/20/2021 - 3:50 PM

State Record: 57.18 5/18/2019 Valley, West Des Moines, Valley, WDM

P Marschel, U Gbarjolo, T Thornton, J Williams

All-Time: 57.18 5/18/2019 Valley, WDM, Valley, WDM

P Marschel, U Gbarjolo, T Thornton, J Williams

Team	Relay	Seed	Time
1 Cedar Rapids, Kennedy	1	58.72	1
2 Dowling Catholic, WDM	1	58.98	1
3 Prairie, Cedar Rapids	1	59.17	1
4 Ankeny Centennial	1	1:00.56	1
5 Ankeny	1	1:00.61	1
6 Cedar Falls	1	1:00.69	2
7 Linn-Mar, Marion	1	1:00.96	3
8 North Scott, Eldridge	1	1:01.01	1
9 Urbandale	1	1:01.26	2
10 Iowa City, City	1	1:01.40	2
11 Iowa City, Liberty	1	1:01.49	3
12 Waukee	1	1:01.76	2
13 Mason City	1	1:02.01	3
14 Iowa City, West	1	1:02.32	4
15 Pleasant Valley	1	1:02.69	2
16 Dubuque, Senior	1	1:02.96	5
17 Ottumwa	1	1:03.41	6
18 Valley, West Des Moines	1	1:03.57	2
19 Norwalk	1	1:03.58	3
20 Bettendorf	1	1:03.77	3
21 Indianola	1	1:04.45	4
22 Fort Dodge	1	1:04.61	5
23 Johnston	1	1:05.08	6
24 Marshalltown	1	1:06.16	4

## Event 161 Boys 800 Sprint Medley 4A (24)

Saturday 5/22/2021 - 2:30 PM

State Record: 1:30.92 5/18/2019

Bettendorf, Bettendorf

A Kalar, C Bell, L Desequeira, D Porter

All-Time: 1:30.92 5/18/2019

Bettendorf, Bettendorf

A Kalar, C Bell, L Desequeira, D Porter

Team	Relay	Seed	Time
1 Cedar Falls	1	1:31.53	1
2 Ankeny Centennial	1	1:32.30	1
3 Waukee	1	1:32.76	1
4 Cedar Rapids, Washington	1	1:32.77	2
5 Urbandale	1	1:32.94	2

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## Event 161 ... (Boys 800 Sprint Medley 4A (24))

	Team	Relay	Seed Time	
6	Iowa City, City	1	1:33.11	1
7	Valley, West Des Moines	1	1:33.80	1
8	Marshalltown	1	1:33.83	3
9	Fort Dodge	1	1:34.03	2
10	Prairie, Cedar Rapids	1	1:34.04	2
11	Johnston	1	1:34.96	3
12	Waterloo, West	1	1:35.05	4
13	Norwalk	1	1:35.10	4
14	Cedar Rapids, Kennedy	1	1:35.14	5
15	Indianola	1	1:35.28	5
16	Des Moines, Hoover	1	1:35.51	3
17	Dubuque, Senior	1	1:35.64	3
18	Davenport, North	1	1:36.04	1
19	Davenport, Central	1	1:36.50	2
20	Muscatine	1	1:36.52	4
21	Iowa City, West	1	1:36.57	5
22	Linn-Mar, Marion	1	1:36.78	6
23	Dowling Catholic, WDM	1	1:36.83	2
24	Ottumwa	1	1:36.90	6

## Event 163 Boys 800 Meter Run WC (1)

Friday 5/21/2021 - 3:28 PM

State Record: 2:06.79 1999

EJ Runyan, Johnston

All-Time: 1:52.22 2021

Evan Correll, Waukee

	Name	Year	School	Seed Time
1	Evan Correll	12	Waukee	1:53.05