

RECOMMENDED INDOOR ORDER OF EVENTS

The Track and Field Advisory Committee recommended and both the IHSAA and IGHS AU Boards have approved the following recommended indoor track and field order of events. As with the outdoor season, meet management can add an additional event if they see fit (i.e. medley relays, 200 meter dash). Again this is just a recommendation of the order of events our coaches would like to see offered in an indoor track and field meet.

All Field Events

High Jump (Girls First)
Shot (Girls First)
Shot Wheelchair
Long Jump (Boys First)

Running Events

4x55/60 Meter Shuttle Hurdle Relay
4x200 Meter Relay
4x800 Meter Relay
55/60 Meter Hurdles (P)
55/60 Meter Dash (P)
1500/1600 Meter Run
400 Meter Dash
55/60 Meter Hurdles (F)
55/60 Meter Dash (F)
800 Meter Run
3000/3200 Meter Run
4x400 Meter Relay