

2021 IHSAA
CROSS COUNTRY
Stat Book



***INCLUDES TEAM & INDIVIDUAL CHAMPIONS,
RUNNERS-UP & MEET RECORDS
THROUGH THE 2020 STATE CHAMPIONSHIPS***

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Notice to Coaches, Media & the Public: *This fall the IHSAA celebrated its 90th year of administering a State Cross Country Championship. Not counted in the first 88 years are the eight meets from 1922 through 1929 that were a “open” invitational administered by and held at the University of Iowa. The IHSAA State Championship is one of the nation’s longest continuous running state championship meet. This book, in part, pays tribute to the athletes, coaches and schools who have figured so prominently in that history.*

IHSAA MISSION & PURPOSE

MISSION

“The Iowa High School Athletic Association serves its member schools and students by providing leadership and support for education based interscholastic athletics that enrich the educational experience of the student athlete.”

PURPOSE

“To promote, develop, direct, protect, and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools and communities throughout the state.”

STATE CROSS COUNTRY MEET HAS A RICH HISTORY

Time Line

- 1922 University of Iowa hosts high school invitational meet inviting teams from surrounding states
- 1930 IHSAA conducts its own State Meet – it was an invitational meet; schools charged 25 cents per runner.
Teams could enter up to 4 athletes but only their top 3 were scored, Race distance was 1.9 miles.
- 1936 With growth and interest starting, the meet is divided into two classes based on enrollment
- 1937 State Meet conducted in three classes; teams could enter 3, 4, or 5 runners and counting their top 3 counting team scoring
- 1946 Teams could enter 4 or 5 runners with their top 3 counting in team scoring
- 1947 Excessive rain caused fewer teams and changed State Meet to individuals only – no team champions
- 1948 Four class meet begins
- 1951 Race distance is 1.8 miles
- 1957 Five class meet begins
- 1964 With increasing interest, the meet moves to six classes
- 1967 Race distance is increased to 2.0 miles
- 1969 Meet expands to a record seven classes
- 1970 Teams can run up to 5 runners with their top 4 counting toward the team's total
- 1976 District qualifying meets for the State begin for teams and individuals; four classes contested
- 1979 Inaugural Joint State Meet held with the Iowa Girls High School Athletic Union at Veenker Golf Course on the campus of Iowa State University.
- 1981 District and State Meets return to 3 classes for boys and girls; State Meet attracts over 6,000 fans
- 1987 Race distance moves to 5,000 meters
- 1988 Teams allowed to enter 5, 6 or 7 athletes with their top 5 finishers being scored for team honors
- 1993 Joint State Meet moved to Lakeside Golf Course in Kennedy Park north of Fort Dodge
- 2003 Four-class State Qualifying Meets inaugurated with 15 teams in each class qualifying for the State Meet
- 2007 Displaced team scoring started for State Qualifying and State Meets
- 2011 First in the nation Wheelchair competition added
Trophies awarded to top three teams in each class
- 2014 85th year for IHSAA Cross Country State Meet; 49th for the IGHSAU – both among the “oldest” in the US
Medal winners in each class increased to 15

Cross Country has enjoyed a prominent place in the history of the IHSAA. From a meager growth of 25-30 schools participating in an invitational state meet run by the University of Iowa from 1922-29. In the decades that followed steady interest and growth occurred.

From the early years through 1975 schools could enter the IHSAA State Meet by simply registering a team or an athlete by paying a fee (usually 25 cents per runner, maximum of \$1.50 per team). In 1966 the fee was dropped and schools only had to register in advance. In 1976, the IHSAA created a District Meet (now called State Qualifying Meet) format for schools to qualify teams and individuals to the State Championships.

It is a sport that has multiple measures of success – the stopwatch; weekly, season and personal improvement to name a few. The measures are valid for individuals and teams. It takes hard work and discipline to climb the ladder of success and because all on the team for the most part go through the same regime, it is a bonding sport that brings out the best in competitors. They won't all be champions or maybe varsity runners but they will personify a human characteristic that sometimes is lacking in society and that is contributing to a common cause.

SIGNIFICANT CHANGES

From stop watches and judges picking place performances to television monitoring (1979) for place disputes and computer chip timing and scoring in 2004, the State Meet now functions with few delays. Individual results and team scoring are posted to the IHSAA and IGHSAU websites minutes after the race is declared official. Displaced scoring for teams was started with the 2007 season replacing the traditional order of finish points of all runners.

The length of the individual race has varied over the years. The University of Iowa meets, 1922-29 and the first five IHSAA Championships, 1930-1934, were each 2 miles in length. From 1935 through 1950, the distance was 1.9 miles and from 1951 through 1966 the distance was 1.8 miles. In 1967, the two-mile course was set and it stayed at that length through 1986. Starting with the 1987 season and continuing to present day, the distance of the race has been 5,000 meters. Similarly, the girls had changes, with early meets - 1965 being 1.25 miles, increasing

to 1.8 in 1967 and 2 miles in 1970. In 2002 the distance was extended to 4,000 meters, and in 2015 they joined the boys at 5,000 meters.

STATE MEET VENUES

Several golf courses around the state as well as specialized cross country courses are used by the state's teams. Since facilities vary in terms of layout, the IHSAA does not keep a state record list of times, but does keep a list of the top times run in state competitions.

In the previous 86-year history of the State Meet, 22 member schools have hosted the event. Some of the challenging courses that included several hills were Waveland Golf Course in Des Moines; Marshalltown Legion Golf Course; and the "south" course at Veenker Golf Course in Ames.

Iowa schools and communities who have hosted the State Meet follow:

| | |
|--------------------|--|
| 1930-40 | University of Iowa, campus course |
| 1941-42 | Drake University, Waveland Golf Course |
| 1943-49 | University of Iowa, campus course |
| 1950-59 | Ames, Veenker Golf Course, "South Course" |
| 1960 | University of Iowa, South Finkbine Golf Course |
| 1961-64 | Drake University, Waveland Golf Course |
| 1965-66 | Des Moines, East, Grandview Golf Course |
| 1967-72 | Marshalltown, American Legion Golf Course |
| 1973 | Grinnell College, campus course |
| 1974 | Ames, Veenker Golf Course |
| 1975 | Cedar Falls, Pheasant Ridge Golf Course |
| 1976 | Waterloo, South Hills Golf Course |
| 1977-78 | Cedar Rapids, Noelridge Park |
| 1979-1992 | Ames, Veenker Golf Course, "North Course" |
| 1993-present | Fort Dodge, Lakeside Golf Course, Kennedy Park |

THE NUMBERS

Nearly 500 boys including 15 teams in each of four classes (and similar numbers for girls) now strive to become "The Legends of the Fall." Athletes from nearly 73 percent of the state's schools qualify for the Coed State Meet, complete with medal ceremonies. It has attracted over 6,000 fans since the early 1980s. It is generally considered the largest of its kind in America in terms of the number of competitors and fans.

Notable Boys' Teams, Individuals, Coaches

Because of the distances involved the sport generates a special breed of athlete. It is lonely work sometimes and the rewards are, for the most part, internal. Only one runner in the history of the sport – Mark Johnson of Mason City has won four State Titles (1969-72).

Eight other athletes won the State Meet three times and 45 won twice. To repeat is an honor worth savoring. The three-time State Champions follow and are listed chronologically.

Three-time champions: 1938-40 Ray (Berl) Edmundson, Thornburg; 1950-52 Garold Ryan, Underwood; 1954-56 Homer Lattimer, LeClaire; 1955-57 Deryl King, West Des Moines; 1957-59 John Raveling, Saydel; 1965-67 Doug Smith, Sioux City Central; 1967-69 Rick Rourke, Villisca; and 2005-07 Isaac Wendland, Charles City.

Fifteen schools led by Decorah's 15 championships have captured five or more team titles. Marion follows with 10, while Iowa City, City High has nine. Two schools with eight championships are now closed – Iowa City University High and Sioux City Central. Regina, Iowa City has won eight titles, all since 1993.

A total of 172 coaches have directed teams to State Championships with six of the top seven leaders being deceased or retired. The late Marion Coach Les Hipple direct nine teams to titles, while Waukon's Harlan Heidelbauer and Decorah's George Kjome each coached seven. Cascade's Robert Davidshofer has six and is only active coach among the top seven.

Since 1980, the IHSAA has printed this State Meet Stat Book for Cross Country. It is available each year on line by going to the IHSAA web site (www.iahsaa.org) and clicking on cross country and scrolling to the current Stat Book.

TEAM CHAMPIONS - YEAR-BY-YEAR

| Year | Champion | Places | Pts |
|-------------|----------------------------|---------------|------------|
| 1922 | Cedar Rapids | 5-7-8 | 20 |
| 1923 | Iowa City | 2-3-5 | 10 |
| 1924 | Shellsburg | 3-?-? | 21 |
| 1925 | (tie) Dubuque | 3-?-? | 28 |
| | Fort Madison | 4-?-? | 28 |
| 1926 | Fort Madison | 5-6-16 | 27 |
| 1927 | Iowa City, University High | 5-6-16 | 27 |
| 1928 | Keokuk | 1-4-11 | 16 |
| 1929 | Muscatine | 1-4-9 | 14 |

State Championships Conducted Under the Auspices of the IHSAA Started in 1930

| | | | | |
|---|---|----------------------------|----------|----|
| 1930 | | Muscatine | T-1-2-14 | 17 |
| 1931 | | Ottumwa | 4-6-13 | 23 |
| 1932 | | Ottumwa | 2-6-7 | 15 |
| 1933 | | Ottumwa | 2-13-18 | 33 |
| 1934 | | Muscatine | 3-4-5 | 12 |
| 1935 | | Oskaloosa | 2-3-4 | 9 |
| 1936 | A | Oskaloosa | 2-5-9 | 16 |
| | B | Iowa City, University High | 4-18-21 | 43 |
| 1937 | A | Des Moines, East | 1-5-12 | 18 |
| | B | Iowa City, University High | 2-4-8 | 14 |
| | C | Clarence | 2-3-9 | 14 |
| 1938 | A | Oskaloosa | 2-5-11 | 18 |
| | B | Iowa City, University High | 4-5-11 | 20 |
| | C | Thornburg | 1-5-10 | 16 |
| 1939 | A | Knoxville | 1-2-9 | 12 |
| | B | Williamsburg | 5-15-16 | 36 |
| | C | Martinsburg | 2-25-27 | 54 |
| 1940 | A | Ottumwa | 3-5-6 | 14 |
| | B | Iowa City, University High | 1-2-4 | 7 |
| | C | LeClaire | 2-3-4 | 9 |
| 1941 | A | Des Moines, East | 3-4-5 | 12 |
| | B | Iowa City, University High | 1-2-6 | 9 |
| | C | Minburn* | 3-5-7 | 15 |
| <i>Note: Classes B & C ran together and were scored together; University High was 1-2-4 among Class B; Minburn placed 1-2-3 among Class C</i> | | | | |
| 1942 | A | Des Moines, East | 1-4-5 | 10 |
| | B | Iowa City, University High | 1-2-4 | 7 |
| 1943 | A | Des Moines, East | 1-2-3 | 6 |
| | B | Iowa City, University High | 2-3-5 | 10 |
| | C | Mechanicsville | 1-2-3 | 6 |
| 1944 | A | Des Moines, North | 3-5-6 | 14 |
| | B | Iowa City, University High | 1-2-3 | 6 |
| | C | Mechanicsville | 1-3-4 | 8 |

| | | | | |
|------|---|--------------------------------------|--------|----|
| 1945 | A | Des Moines, North | 4-5-7 | 16 |
| | B | Marion | 2-3-4 | 9 |
| | C | Mechanicsville..... | 1-2-3 | 6 |
| 1946 | A | Des Moines, North | 3-5-15 | 23 |
| | B | Marion | 1-2-5 | 8 |
| | C | Mechanicsville..... | 2-3-4 | 9 |
| 1947 | Due to weather – One combined Individual Race was run but no team scoring was kept | | | |
| 1948 | AA | Council Bluffs, Abraham Lincoln..... | 1-3-5 | 9 |
| | A | Cedar Rapids, Roosevelt..... | 1-2-5 | 8 |
| | B | Marion | 2-3-5 | 10 |
| | C | Napier | 2-3-4 | 9 |
| 1949 | AA | Des Moines, East..... | 1-3-5 | 9 |
| | B | Marion | 1-2-3 | 6 |
| | C | Ollie..... | 1-2-4 | 7 |
| 1950 | AA | Des Moines, North | 3-6-7 | 16 |
| | A | Des Moines, Tech | 1-3-7 | 11 |
| | B | (Tie) Monroe | 1-3-10 | 14 |
| | | and Marion | 2-4-8 | 14 |
| C | Fremont..... | 3-4-5 | 12 | |
| 1951 | AA | Davenport | 6-7-8 | 21 |
| | A | (Tie) Cedar Rapids, Roosevelt | 3-4-5 | 12 |
| | | and Charles City | 1-2-9 | 12 |
| | B | Marion | 2-5-9 | 16 |
| C | Stanley | 1-4-8 | 13 | |
| 1952 | AA | Des Moines, North | 1-3-8 | 12 |
| | A | Marion | 1-4-5 | 10 |
| | B | Eldora..... | 1-2-4 | 7 |
| | C | Underwood..... | 1-4-8 | 13 |
| 1953 | AA | Des Moines, North | 1-6-10 | 17 |
| | A | Marion | 1-3-5 | 9 |
| | B | Eldora..... | 1-2-3 | 6 |
| | C | Underwood..... | 1-2-8 | 11 |
| 1954 | AA | Des Moines, Tech | 2-8-11 | 21 |
| | A | Marion | 1-3-6 | 10 |
| | B | Eldora..... | 2-3-5 | 10 |
| | C | Underwood..... | 2-3-6 | 11 |
| 1955 | AA | Des Moines, Tech | 1-9-15 | 25 |
| | A | Valley, West Des Moines..... | 1-3-5 | 9 |
| | B | LeClaire..... | 1-3-4 | 8 |
| | C | Elliott | 5-8-10 | 23 |
| 1956 | AA | Des Moines, Tech | 7-8-10 | 25 |
| | A | Clarinda..... | 2-3-4 | 9 |
| | B | LeClaire..... | 1-2-4 | 7 |
| | C | Sheffield | 1-5-9 | 15 |
| 1957 | AAA | Sioux City, Central | 1-5-6 | 12 |
| | AA | Oskaloosa | 1-6-7 | 14 |
| | A | Decorah | 2-3-10 | 15 |
| | B | Saydel | 1-9-12 | 22 |
| | C | Menlo | 1-5-8 | 14 |

| | | | | |
|-------------|-------------------------------|---|---------|----|
| 1958 | AAA | Sioux City, Central | 2-3-16 | 21 |
| | AA | Decorah | 1-2-8 | 11 |
| | A | Marion | 3-6-11 | 20 |
| | B | Sheffield | 3-4-7 | 14 |
| | C | LuVerne | 3-6-7 | 16 |
| 1959 | AAA | Des Moines, Tech | 2-3-6 | 11 |
| | AA | Decorah | 1-5-9 | 15 |
| | A | South Page, College Springs..... | 3-8-11 | 22 |
| | B | Underwood..... | 1-6-10 | 17 |
| | C | LuVerne | 1-2-5 | 8 |
| 1960 | AAA | Des Moines, Tech | 2-5-6 | 13 |
| | AA | Marshalltown | 3-5-11 | 19 |
| | A | Winterset..... | 1-4-7 | 12 |
| | B | South Page, College Springs..... | 1-6-11 | 18 |
| | C | LuVerne | 1-2-9 | 12 |
| 1961 | AAA | Sioux City, Central | 1-2-7 | 10 |
| | AA | Marshalltown | 1-3-5 | 9 |
| | A | West Sioux, Hawarden | 1-2-3 | 6 |
| | B | Odebolt-Arthur | 3-7-10 | 20 |
| | C | Klemme..... | 1-2-3 | 6 |
| 1962 | AAA | Des Moines, Tech | 1-3-4 | 8 |
| | AA | Valley, West Des Moines..... | 1-4-10 | 15 |
| | A | Clarinda..... | 2-8-12 | 22 |
| | B | (Tie) Odebolt-Arthur | 3-6-18 | 27 |
| | C | and Sheffield-Chapin | 7-8-12 | 27 |
| | | LuVerne | 1-4-7 | 12 |
| 1963 | AAA | Sioux City, Central | 1-7-8 | 16 |
| | AA | Grinnell-Newburg | 8-10-16 | 34 |
| | A | Clarinda..... | 2-3-5 | 10 |
| | B | Anita | 2-5-8 | 15 |
| | C | Sheffield-Chapin | 3-4-7 | 14 |
| 1964 | AAAA | Sioux City, Central | 1-2-3 | 6 |
| | AAA | Marshalltown | 1-4-5 | 10 |
| | AA | Decorah | 5-9-13 | 27 |
| | A | Odebolt-Arthur | 2-4-10 | 16 |
| | B | Anita | 1-2-12 | 15 |
| | C | Miles..... | 2-6-12 | 20 |
| 1965 | AAAA | Sioux City, Central | 1-2-3 | 6 |
| | AAA | Marshalltown | 1-2-3 | 6 |
| | AA | Red Oak..... | 1-8-13 | 22 |
| | A | Aquin, Cascade..... | 3-10-16 | 29 |
| | B | Madrid | 1-6-12 | 19 |
| | C | Charles City, Immaculate Conception | 1-9-11 | 21 |
| 1966 | AAAA | Sioux City, Central | 1-2-3 | 6 |
| | AAA | Marshalltown | 1-4-12 | 17 |
| | AA | (tie) Red Oak..... | 4-7-13 | 24 |
| | | and Decorah | 5-9-10 | 24 |
| | A | Aquin, Cascade..... | 1-4-14 | 19 |
| | B | Farragut | 1-12-19 | 32 |
| C | Lincoln Central, Gruver | 2-8-20 | 30 | |
| 1967 | AAAA | Sioux City, Central | 1-3-4 | 8 |
| | AAA | Ames..... | 2-3-10 | 15 |
| | AA | Red Oak..... | 1-2-4 | 7 |
| | A | Decorah | 2-4-26 | 32 |

| | | | | |
|-------------|------|--|-------------|----|
| | B | Pekin, Packwood | 2-7-8 | 17 |
| | C | (tie) North Winneshiek, Decorah..... | 6-10-14 | 30 |
| | | and Cedar Valley, Somers..... | 7-11-12 | 30 |
| 1968 | AAAA | Des Moines, Lincoln..... | 4-5-20 | 29 |
| | AAA | Ames | 2-3-6 | 11 |
| | AA | Urbandale | 1-3-9 | 13 |
| | A | Decorah | 1-2-5 | 8 |
| | B | Pekin, Packwood | 4-8-10 | 22 |
| | C | Miles..... | 1-3-6 | 10 |
| 1969 | AAAA | Cedar Falls..... | 4-9-26 | 39 |
| | AAA | Columbus Catholic, Waterloo | 1-3-12 | 16 |
| | AA | Ankeny | 2-6-11 | 19 |
| | A | Chariton | 6-7-18 | 31 |
| | B | Central Lyon, Rock Rapids | 3-7-9 | 19 |
| | C | Beaman-Conrad..... | 2-3-13 | 18 |
| | D | Miles..... | 2-3-12 | 17 |
| 1970 | AAAA | Waterloo, West | 3-7-8-28 | 46 |
| | AAA | Des Moines, Hoover | 3-9-10-15 | 37 |
| | AA | Urbandale | 5-8-9-11 | 33 |
| | A | Osage | 9-14-15-32 | 70 |
| | B | Aquinas, Fort Madison | 1-8-11-13 | 33 |
| | C | BGM, Brooklyn..... | 4-6-16-20 | 46 |
| | D | Garnavillo..... | 9-11-15-17 | 52 |
| 1971 | AAAA | Davenport, Central..... | 2-15-21-24 | 62 |
| | AAA | Columbus Catholic, Waterloo | 1-3-9-10 | 23 |
| | AA | Indianola | 6-9-10-14 | 39 |
| | A | Sheldon..... | 2-5-12-36 | 55 |
| | B | Aquinas, Fort Madison | 2-5-12-14 | 33 |
| | C | Johnston | 6-7-14-15 | 42 |
| | D | Notre Dame, Cresco | 6-8-9-14 | 37 |
| 1972 | AAAA | Mason City | 1-5-6-8 | 20 |
| | AAA | Columbus Catholic, Waterloo | 1-3-5-7 | 16 |
| | AA | Indianola | 1-2-9-10 | 22 |
| | A | Decorah | 4-9-12-16 | 41 |
| | B | Johnston | 7-8-10-31 | 56 |
| | C | Tri-County, Thornburg | 8-11-18-22 | 59 |
| | D | Garnavillo..... | 5-7-8-16 | 36 |
| 1973 | AAAA | Mason City | 7-11-13-23 | 54 |
| | AAA | Ames..... | 1-6-14-24 | 45 |
| | AA | Lewis Central | 1-7-13-17 | 38 |
| | A | Western Christian, Hull | 6-9-12-13 | 40 |
| | B | Johnston | 2-4-6-20 | 32 |
| | C | Milford | 10-16-19-21 | 66 |
| | D | (Tie) Garnavillo | 4-12-23-36 | 75 |
| | | and Dike..... | 15-16-18-26 | 75 |
| 1974 | AAAA | Marshalltown..... | 5-6-12-25 | 48 |
| | AAA | Dowling Catholic, West Des Moines..... | 4-9-10-16 | 39 |
| | AA | Assumption, Davenport | 2-3-24-27 | 56 |
| | A | Decorah | 3-11-12-32 | 58 |
| | B | Shenandoah..... | 2-7-13-24 | 46 |
| | C | Dike | 9-13-14-24 | 60 |
| | D | Sanborn | 4-5-13-40 | 62 |
| 1975 | AAAA | Marshalltown..... | 2-4-11-38 | 55 |
| | AAA | Ames..... | 2-3-8-20 | 33 |
| | AA | Waverly-Shell Rock..... | 5-9-10-13 | 37 |

| | | | | |
|---|----|---|----------------|-----|
| | A | Shenandoah..... | 1-7-14-21 | 43 |
| | B | Tipton | 1-2-8-15 | 26 |
| | C | Aquin, Cascade..... | 2-10-34-40 | 86 |
| | D | Odebolt-Arthur | 6-11-12-34 | 63 |
| 1976 | AA | Clinton..... | 4-5-22-29 | 60 |
| | A | Decorah | 8-10-16-19 | 53 |
| | B | Unity Christian, Orange City | 5-6-9-24 | 44 |
| | C | Bancroft, St. John's..... | 1-3-6-11 | 21 |
| 1977 | AA | Des Moines, Hoover | 1-15-16-36 | 68 |
| | A | Decorah | 2-8-23-34 | 67 |
| | B | Unity Christian, Orange City | 3-4-12-20 | 39 |
| | C | Bancroft, St. John's..... | 3-4-9-25 | 41 |
| 1978 | AA | Muscatine..... | 6-7-12-15 | 40 |
| | A | Decorah | 6-11-19-20 | 56 |
| | B | Aquinas, Fort Madison | 8-12-13-14 | 47 |
| | C | Garnavillo..... | 7-12-13-19 | 51 |
| Joint IHSA-IGHS AU State Championships Started in 1979 | | | | |
| 1979 | AA | Clinton..... | 2-8-14-24 | 48 |
| | A | Centerville | 19-25-27-32 | 103 |
| | B | Newman Catholic, Mason City..... | 2-8-16-20 | 46 |
| | C | Aquinas, Fort Madison | 3-5-6-25 | 39 |
| 1980 | AA | Waverly-Shell Rock..... | 8-12-23-51 | 94 |
| | A | Knoxville..... | 4-8-18-33 | 63 |
| | B | Kee, Lansing | 3-4-5-19 | 31 |
| | C | Cardinal Stritch, Keokuk | 2-4-15-41 | 62 |
| 1981 | 3A | Clinton..... | 1-21-27-39 | 88 |
| | 2A | Sheldon..... | 1-4-19-28 | 52 |
| | 1A | Kee, Lansing | 1-2-17-25 | 45 |
| 1982 | 3A | Clinton..... | 3-7-11-24 | 45 |
| | 2A | Western Christian, Hull | 1-5-15-48 | 69 |
| | 1A | Kee, Lansing | 4-12-14-22 | 52 |
| 1983 | 3A | Ames | 4-9-16-19 | 48 |
| | 2A | Cascade..... | 5-12-14-58 | 89 |
| | 1A | Unity Christian, Orange City | 13-16-22-24 | 75 |
| 1984 | 3A | Clinton..... | 4-13-15-16 | 48 |
| | 2A | Eagle Grove | 6-20-26-43 | 95 |
| | 1A | Northern University High, Cedar Falls | 1-7-17-35 | 60 |
| 1985 | 3A | Dowling Catholic, West Des Moines..... | 3-8-15-36 | 62 |
| | 2A | Cascade..... | 3-13-20-25 | 61 |
| | 1A | Northern University High, Cedar Falls | 3-7-40-48 | 98 |
| 1986 | 3A | Clinton..... | 1-10-16-19 | 46 |
| | 2A | Cascade..... | 9-10-14-18 | 51 |
| | 1A | Woodbine..... | 6-17-18-40 | 81 |
| 1987 | 3A | Dubuque, Senior..... | 13-14-16-21 | 64 |
| | 2A | Eagle Grove | 10-11-12-13 | 46 |
| | 1A | Woodbine..... | 5-9-22-31 | 62 |
| 1988 | 3A | Iowa City, West..... | 4-16-28-33-34 | 115 |
| | 2A | Shenandoah..... | 1-17-20-21-33 | 92 |
| | 1A | Kee, Lansing | 10-16-17-19-25 | 87 |

| | | | | |
|-------------|----|-------------------------------------|------------------|-----|
| 1989 | 3A | Ames | 4-6-10-27-53 | 100 |
| | 2A | Shenandoah..... | 3-6-7-9-26 | 51 |
| | 1A | Kee, Lansing | 3-12-15-16-19 | 65 |
| 1990 | 3A | Muscatine..... | 1-7-22-27-40 | 97 |
| | 2A | Decorah | 2-3-6-18-28 | 57 |
| | 1A | Jesup | 8-11-14-27-36 | 96 |
| 1991 | 3A | Iowa City, City High..... | 5-8-16-18-37 | 84 |
| | 2A | Shenandoah..... | 4-7-11-20-31 | 73 |
| | 1A | Williamsburg | 13-16-19-22-32 | 102 |
| 1992 | 3A | Iowa City, City High..... | 3-9-12-16-33 | 73 |
| | 2A | Decorah | 1-7-8-32-36 | 84 |
| | 1A | St. Albert, Council Bluffs | 2-8-12-14-20 | 56 |
| 1993 | 3A | Iowa City, City High..... | 5-6-9-12-13 | 45 |
| | 2A | Waukon..... | 4-5-14-17-19 | 59 |
| | 1A | Regina, Iowa City..... | 2-3-6-25-36 | 72 |
| 1994 | 3A | Iowa City, City High..... | 7-12-21-23-24 | 87 |
| | 2A | Humboldt..... | 2-3-6-38-44 | 93 |
| | 1A | Denver | 1-2-9-26-29 | 67 |
| 1995 | 3A | Dubuque, Senior | 1-2-3-20-28 | 54 |
| | 2A | Waukon..... | 2-4-12-17-20 | 55 |
| | 1A | Iowa Mennonite School, Kalona | 9-13-20-22-31 | 95 |
| 1996 | 3A | Iowa City, City High..... | 4-11-12-18-25 70 | |
| | 2A | Waukon..... | 2-3-5-9-10 | 29 |
| | 1A | Calamus-Wheatland | 1-8-26-34-39 | 108 |
| 1997 | 3A | Iowa City, City High..... | 11-16-19-20-23 | 89 |
| | 2A | Waukon..... | 6-9-14-17-28 | 74 |
| | 1A | Regina, Iowa City..... | 3-5-11-13-16 | 48 |
| 1998 | 3A | Dubuque, Senior | 11-15-16-18-33 | 93 |
| | 2A | Waukon..... | 3-10-14-32-39 | 98 |
| | 1A | Regina, Iowa City..... | 8-10-21-23-36 | 98 |
| 1999 | 3A | Iowa City, City | 11-12-13-15-18 | 69 |
| | 2A | Waukon..... | 7-14-24-39-40 | 124 |
| | 1A | West Sioux, Hawarden | 4-12-17-18-41 | 92 |
| 2000 | 3A | Iowa City, City | 7-15-19-23-26 | 90 |
| | 2A | Central Clinton, DeWitt | 4-10-15-19-21 | 69 |
| | 1A | Wapsie Valley, Fairbank | 12-14-19-26-36 | 107 |
| 2001 | 3A | Des Moines, Roosevelt..... | 2-5-14-34-47 | 102 |
| | 2A | Central Clinton, DeWitt | 4-8-11-41-47 | 111 |
| | 1A | Bennett-Durant..... | 18-21-22-24-26 | 111 |
| 2002 | 3A | Des Moines, Roosevelt..... | 4-6-7-13-21 | 51 |
| | 2A | Waukon..... | 3-4-11-28-78 | 124 |
| | 1A | Nodaway Valley | 13-16-26-31-38 | 124 |
| 2003 | 4A | Des Moines, Roosevelt..... | 1-2-4-16-22 | 45 |
| | 3A | Wahlert, Dubuque | 11-30-31-33-38 | 143 |
| | 2A | Western Christian, Hull | 4-13-20-22-26 | 85 |
| | 1A | Regina, Iowa City..... | 19-20-32-36-47 | 154 |

| | | | | |
|-------------|----|-------------------------------|----------------|-----|
| 2004 | 4A | Cedar Falls..... | 8-9-10-31-33 | 91 |
| | 3A | Wahlert, Dubuque..... | 1-10-19-20-22 | 72 |
| | 2A | Regina, Iowa City..... | 12-27-28-33-36 | 136 |
| | 1A | Wapsie Valley, Fairbank..... | 12-24-32-36-76 | 180 |
| 2005 | 4A | Cedar Falls..... | 6-8-12-34-39 | 99 |
| | 3A | Mount Vernon-Lisbon..... | 8-10-17-24-25 | 84 |
| | 2A | Western Christian, Hull..... | 2-20-25-54-78 | 179 |
| | 1A | Wapsie Valley, Fairbank..... | 10-11-15-20-48 | 104 |
| 2006 | 4A | Pleasant Valley..... | 2-7-15-18-32 | 74 |
| | 3A | Xavier, Cedar Rapids..... | 3-11-15-17-67 | 113 |
| | 2A | South Winneshiek, Calmar..... | 14-34-48-51-56 | 203 |
| | 1A | Regina, Iowa City..... | 7-20-34-45-65 | 171 |

Starting in 2007, displacement scoring was used for teams. The following totals are the displaced scores but not necessarily the overall finish of the runners in the meet.

| | | | | |
|-------------|----|--|----------------|-----|
| 2007 | 4A | Pleasant Valley..... | 1-5-9-26-42 | 83 |
| | 3A | Xavier, Cedar Rapids..... | 2-4-14-21-28 | 69 |
| | 2A | Monticello..... | 1-14-21-31-33 | 100 |
| | 1A | Regina, Iowa City..... | 3-6-9-16-21 | 55 |
| 2008 | 4A | Pleasant Valley..... | 4-6-12-23-31 | 76 |
| | 3A | Algona..... | 2-3-24-28-31 | 88 |
| | 2A | Spirit Lake..... | 3-8-11-13-20 | 55 |
| | 1A | South Winneshiek, Calmar..... | 4-11-14-33-41 | 103 |
| 2009 | 4A | Burlington..... | 1-6-22-23-54 | 106 |
| | 3A | Pella..... | 6-11-12-16-50 | 95 |
| | 2A | Spirit Lake..... | 2-6-8-18-26 | 60 |
| | 1A | Iowa Mennonite School, Kalona..... | 1-4-20-22-24 | 71 |
| 2010 | 4A | Prairie, Cedar Rapids..... | 5-6-16-17-21 | 65 |
| | 3A | Wahlert, Dubuque..... | 4-15-32-33-34 | 118 |
| | 2A | Regina, Iowa City..... | 8-16-23-27-32 | 106 |
| | 1A | Northern University High, Cedar Falls..... | 11-12-21-30-33 | 107 |
| 2011 | 4A | Dowling Catholic, WDM..... | 3-6-12-18-31 | 70 |
| | 3A | Pella..... | 1-11-17-26-30 | 85 |
| | 2A | Monticello..... | 5-12-15-17-24 | 73 |
| | 1A | St. Albert, Council Bluffs..... | 4-11-15-23-25 | 78 |
| 2012 | 4A | Dowling Catholic, WDM..... | 1-6-8-18-27 | 60 |
| | 3A | Decorah..... | 5-10-11-12-24 | 62 |
| | 2A | Monticello..... | 3-8-10-13-18 | 52 |
| | 1A | St. Albert, Council Bluffs..... | 1-5-9-25-28 | 68 |
| 2013 | 4A | Prairie, Cedar Rapids..... | 4-7-8-11-51 | 81 |
| | 3A | Boone..... | 1-2-16-18-32 | 69 |
| | 2A | Monticello..... | 1-5-8-10-39 | 63 |
| | 1A | Denver..... | 1-10-15-22-41 | 89 |
| 2014 | 4A | Linn-Mar, Marion..... | 6-8-10-18-43 | 85 |
| | 3A | Gilbert..... | 1-4-6-24-38 | 73 |
| | 2A | East Marshall, LeGrand..... | 4-11-14-17-38 | 84 |
| | 1A | Bellevue..... | 2-7-16-17-38 | 80 |
| 2015 | 4A | Dowling Catholic..... | 1-9-13-17-29 | 69 |
| | 3A | Mount Vernon-Lisbon..... | 2-9-10-14-15 | 50 |
| | 2A | Garner-Hayfield-Ventura..... | 2-4-10-20-23 | 59 |
| | 1A | Nodaway Valley..... | 3-12-13-16-17 | 61 |

| | | | | |
|-------------|----|---------------------------------------|----------------|-----|
| 2016 | 4A | Dowling Catholic, WDM | 3-8-13-23-53 | 100 |
| | 3A | Mount Vernon-Lisbon | 7-16-17-21-25 | 86 |
| | 2A | Mid-Prairie, Wellman..... | 11-12-14-26-35 | 98 |
| | 1A | Nodaway Valley | 1-5-8-9-13 | 36 |
| 2017 | 4A | Pleasant Valley | 3-9-11-18-20 | 61 |
| | 3A | Gilbert | 6-9-16-19-25 | 75 |
| | 2A | George-Little Rock/Central Lyon | 1-3-4-22-49 | 79 |
| | 1A | Nodaway Valley | 2-5-8-9-32 | 56 |
| 2018 | 4A | Dowling Catholic, WDM | 4-7-15-17-29 | 72 |
| | 3A | Gilbert | 2-3-14-16-29 | 64 |
| | 2A | Tipton | 2-5-12-22-31 | 72 |
| | 1A | Madrid | 1-5-10-18-29 | 63 |
| 2019 | 4A | Dowling Catholic, WDM | 2-14-16-17-38 | 87 |
| | 3A | Dallas Center-Grimes | 4-6-8-38-53 | 109 |
| | 2A | Tipton | 2-8-10-24-34 | 78 |
| | 1A | Madrid | 2-11-13-14-34 | 74 |
| 2020 | 4A | Sioux City, North | 1-4-19-24-27 | 75 |
| | 3A | Dallas Center-Grimes | 2-11-21-23-30 | 87 |
| | 2A | Danville/New London | 2-3-13-16-30 | 64 |
| | 1A | Madrid | 2-6-8-15-27 | 58 |

IHSAA STATE CHAMPIONSHIP TEAMS - Alphabetical

| | | |
|---|--------------------------------|---|
| Algona | 2008 | 1 |
| Ames | 1967, 68, 73, 75, 83, 89 | 6 |
| Anita | 1963, 64 | 2 |
| Ankeny | 1969 | 1 |
| Aquin, Cascade | 1965, 66, 75 | 3 |
| Aquinas, Fort Madison | 1970, 71, 78, 79 | 4 |
| Assumption, Davenport..... | 1974 | 1 |
| | | |
| Bancroft, St. John's..... | 1976, 77 | 2 |
| Beaman-Conrad..... | 1969 | 1 |
| Bellevue | 2014 | 1 |
| Bennett-Durant..... | 2001 | 1 |
| BGM, Brooklyn | 1970 | 1 |
| Boone | 2013 | 1 |
| Burlington..... | 2009 | 1 |
| | | |
| Calamus-Wheatland | 1996 | 1 |
| Cardinal Stritch, Keokuk | 1980 | 1 |
| Cascade | 1983, 85, 86 | 3 |
| Cedar Falls..... | 1969, 2004, 05 | 3 |
| Cedar Rapids, Roosevelt | 1948, 51 | 2 |
| Cedar Valley, Somers | 1967 | 1 |
| Centerville | 1979 | 1 |
| Central Clinton, DeWitt | 2000, 2001 | 2 |
| Central Lyon, Rock Rapids | 1969 | 1 |
| Chariton..... | 1969 | 1 |
| Charles City, Immaculate Conception | 1965 | 1 |
| Clarence..... | 1937 | 1 |
| Clarinda..... | 1956, 62, 63 | 3 |
| Clinton | 1976, 79, 81, 82, 84, 86 | 6 |
| Columbus Catholic, Waterloo | 1969, 71, 72 | 3 |
| Council Bluffs, Abraham Lincoln | 1948 | 1 |

| | | |
|---|---|----|
| Dallas Center-Grimes | 2019, 20 | 2 |
| Danville/New London | 2020 | 1 |
| Davenport, Central | 1951, 71 | 2 |
| Decorah..... | 1957, 58, 59, 64, 66, 67, 68, 72, 74, 76, 77, 78, 90, 92, 2012..... | 15 |
| Denver..... | 1994, 2013 | 2 |
| Des Moines, East..... | 1937, 41, 42, 43, 49 | 5 |
| Des Moines, Hoover | 1970, 77 | 2 |
| Des Moines, Lincoln..... | 1968 | 1 |
| Des Moines, North | 1944, 45, 46, 50, 52, 53 | 6 |
| Des Moines, Roosevelt | 2001, 02, 03 | 3 |
| Des Moines, Tech | 1950, 54, 55, 56, 59, 60, 62 | 7 |
| Dike | 1973, 74 | 2 |
| Dowling Catholic, West Des Moines | 1974, 85, 2011, 12, 15, 16, 18, 19 | 8 |
| Dubuque, Senior | 1987, 95, 98 | 3 |
| Eagle Grove | 1984, 87 | 2 |
| East Marshall, LeGrand | 2014 | 1 |
| Eldora | 1952, 53, 54 | 3 |
| Elliott | 1955 | 1 |
| Fairfield | 1949 | 1 |
| Farragut..... | 1966 | 1 |
| Fremont..... | 1950 | 1 |
| Garnavillo..... | 1970, 72, 73, 78 | 4 |
| Garner-Hayfield-Ventura | 2015 | 1 |
| George-Little Rock/Central Lyon | 2017 | 1 |
| Gilbert..... | 2014, 17, 18 | 3 |
| Grinnell..... | 1963 | 1 |
| Humboldt..... | 1994 | 1 |
| Indianola..... | 1971, 72 | 2 |
| Iowa City, City High..... | 1923, 1991, 92, 93, 94, 96, 97, 99, 2000 | 9 |
| Iowa City, University High | 1936, 37, 38, 40, 41, 42, 43, 44 | 8 |
| Iowa City, West | 1988 | 1 |
| Iowa Mennonite School, Kalona | 1995, 2009 | 2 |
| Jesup..... | 1990 | 1 |
| Johnston..... | 1971, 72, 73 | 3 |
| Kee, Lansing | 1980, 81, 82, 88, 89 | 5 |
| Klemme | 1961 | 1 |
| Knoxville..... | 1939, 80 | 2 |
| LeClaire..... | 1940, 55, 56 | 3 |
| Lewis Central | 1973 | 1 |
| Lincoln Central, Gruver | 1966 | 1 |
| Linn-Mar, Marion..... | 2014 | 1 |
| LuVerne..... | 1958, 59, 60, 62 | 4 |
| Madrid | 1965, 2018, 19, 20 | 4 |
| Marion | 1945, 46, 48, 49, 50, 51, 52, 53, 54, 58 | 10 |
| Marshalltown | 1960, 61, 64, 65, 66, 74, 75 | 7 |
| Martinsburg | 1939 | 1 |
| Mason City | 1972, 73 | 2 |
| Mechanicsville..... | 1943, 44, 45, 46 | 4 |
| Menlo | 1957 | 1 |
| Mid-Prairie, Wellman..... | 2016 | 1 |

| | | |
|---|--|---|
| Miles | 1964, 68, 69 | 3 |
| Milford | 1973 | 1 |
| Minburn | 1941 | 1 |
| Monroe | 1950 | 1 |
| Monticello | 2007, 11, 12, 13 | 4 |
| Mount Vernon-Lisbon | 2005, 15, 16 | 3 |
| Muscatine | 1930, 34, 78, 90 | 4 |
| | | |
| Napier | 1948 | 1 |
| Newman Catholic, Mason City | 1979 | 1 |
| Nodaway Valley | 2002, 15, 16, 17 | 4 |
| | | |
| North Winneshiek, Decorah | 1967 | 1 |
| Northern University High, Cedar Falls | 1984, 85, 2010 | 3 |
| Notre Dame, Cresco | 1971 | 1 |
| | | |
| Odebolt-Arthur | 1961, 62, 64, 75 | 4 |
| Ollie | 1949 | 1 |
| Osage | 1970 | 1 |
| Oskaloosa | 1935, 36, 38, 57 | 4 |
| Ottumwa | 1931, 32, 33, 40 | 4 |
| | | |
| Pekin, Packwood | 1967, 68 | 2 |
| Pella | 2009, 11 | 2 |
| Pleasant Valley | 2006, 07, 08, 17 | 4 |
| Prairie, Cedar Rapids | 2010, 13 | 2 |
| | | |
| Red Oak | 1965, 66, 67 | 3 |
| Regina, Iowa City | 1993, 97, 98, 2003, 04, 06, 07, 10 | 8 |
| | | |
| Sanborn | 1974 | 1 |
| Saydel | 1957 | 1 |
| Sheffield-Chapin | 1956, 58, 62, 63 | 4 |
| Sheldon | 1971, 81 | 2 |
| Shenandoah | 1974, 75, 88, 89, 91 | 5 |
| Sioux City, Central | 1957, 58, 61, 63, 64, 65, 66, 67 | 8 |
| Sioux City, North | 2020 | 1 |
| South Page, College Springs | 1959, 60 | 2 |
| South Winneshiek, Calmar | 2006, 08 | 2 |
| Spirit Lake | 2008, 09 | 2 |
| St. Albert, Council Bluffs | 1992, 2011, 12 | 3 |
| Stanley | 1951 | 1 |
| | | |
| Tipton | 1975, 2018, 19 | 3 |
| | | |
| Tri-County, Thornburg | 1938, 72 | 2 |
| Underwood | 1952, 53, 54, 59 | 4 |
| Unity Christian, Orange City | 1976, 77, 83 | 3 |
| Urbandale | 1968, 70 | 2 |
| | | |
| Valley, West Des Moines | 1955, 62 | 2 |
| | | |
| Wahlert, Dubuque | 2003, 04, 10 | 3 |
| Wapsie Valley, Fairbank | 2000, 04, 05 | 3 |
| Waterloo, West | 1970 | 1 |
| Waukon | 1993, 95, 96, 97, 98, 99, 2002 | 7 |
| Waverly-Shell Rock | 1975, 80 | 2 |
| West Sioux, Hawarden | 1961, 99 | 2 |
| Western Christian, Hull | 1973, 82, 2003, 05 | 4 |

| | | |
|---------------------------|----------------|---|
| Williamsburg..... | 1939, 91 | 2 |
| Winterset..... | 1960 | 1 |
| Woodbine..... | 1986, 87 | 2 |
| Xavier, Cedar Rapids..... | 2006, 07 | 2 |

CHAMPIONSHIP TEAM RUNNERS IN IHSAA STATE MEET

(Runners who scored for champions listed in order of finish)

Note: Information listed by year is the actual year the meet was run. Example 1931 is the date of the meet run in the 1931-32 school year.

- 1930** Muscatine (John Games-Bob McElroy-John Wilson)
- 1931** Ottumwa (John Schmidt-Richard Beebe-Harold Kisinger)
- 1932** Ottumwa (Richard Beebe-John Schmidt-Harold Kisinger)
- 1933** Ottumwa (John Schmidt-John Beebe-Clifford Gardner)
- 1934** Muscatine (Bernard Berger-Gerald Wyman-Clark Brown)
- 1935** Oskaloosa (Ray Davis-Glenn Lee-Eugene Henson)
- 1936** A Oskaloosa (Neal Hamilton-Wayne Allgood-Glenn Sparks)
B Iowa City, University High (Edwin Myers-Charles Robbins-Donald Spencer)
- 1937** A Des Moines, East (Carl Gustafson-Ben Huckins-Walter Hansen)
B Iowa City, University High (Donald Spencer-Don Welt-Berdell Hager)
C Clarence (Dale Winey-Leroy Preuss-Ed Winey)
- 1938** A Oskaloosa (Stanley McCarger-Rex Lee-Warren McCaulley)
B Iowa City, University High (Lynn Frazier- Don Welt-Van Martin)
C Thornburg (Raymond (Berl) Edmundson-Kenneth Geyer-Richard Rogers)
- 1939** A Knoxville (Harold Goebel-Howard Goebel-Bill Hanna)
B Williamsburg (Charles Fetzer-Robert Mahan-Owen Jones)
C Martinsburg (Ralph Zepp-Willis Knaack-Gary Hollingsworth)
- 1940** A Ottumwa (Danny Smith-Charles Sedore-Joe Lord)
B Iowa City, University High (Lynn Frazier-Fred Zollar-Frank Zollar)
C LeClaire (Kenneth McFate-Lewis Randolph-Russell Jaynes)
- 1941** A Des Moines, East (Ben Mills-Charles Harban-Martin Grandquist)
B Iowa City, University High (Fred Zollar-Frank Zollar-Ed Smith)
C Minburn (Bill Jackson-Daryl Thompson-Gene Waters)
- 1942** A Des Moines, East (Martin Grandquist-William Chappell-Vance Walters)
B Iowa City, University High (Edward Smith-Robert Hartsock-Richard Terrell)
- 1943** A Des Moines, East (Vance Walters-Harold Williams-Wesley Redhead)
B Iowa City, University High (Richard Terrell-Robert Hartsock-Francis Harney)
C Mechanicsville (Don Gemberling-Calvin-Robinson-Casper Robinson)
- 1944** A Des Moines, North (Jack Copeland-Mac Baty-Elvin Kirkpatrick)
B Iowa City, University High (Richard Terrell-Stanley Murray-Robert Hartsock)
C Mechanicsville (Calvin Robinson-Don Gemberling-Casper Robinson)
- 1945** A Des Moines, North (Tom Moore-John Kemble-Mac Baty)
B Marion (Russell Benedict-Raymond Peterson-Neil Woods)
C Mechanicsville (Calvin Robinson-Casper Robinson-Len Svoboda)
- 1946** A Des Moines, North (Tom Moore-Leland Graves-Millard Lee Kerr)
B Marion (Raymond Petersen-Eugene Hastings-Neil Woods)
C Mechanicsville (Vernon Svoboda-Len Svoboda-Howard Nicoll)

1947 *In lieu of inclement weather, one combined individual race was run but no team scores in classes were kept*

1948 AA Council Bluffs, Abraham Lincoln (Charles Whitaker-Galen Hassen-Bernard Lainson)
A Cedar Rapids, Roosevelt (Ocie Trimble-Stan Petrick-Richard Wise)
B Marion (Allen Mally-Jack Edmunds-Don Dean)
C Napier (Arthur Trumbower-Phillip Anderson-Darrell Erickson)

1949 AA Des Moines, East (Don Murray-Eugene Hart-Richard Larson)
A Fairfield (Larry Manary-Wayne Davis-James Hilleary)
B Marion (Richard Hotz-Allen Mally-Jack Edmunds)
C Ollie (Neal Bottger-Eugene Kessell-Charles Searcy)

1950 AA Des Moines, North (Larry Graves-Jay LaVine-Dean Gates)
A Des Moines, Tech (Tom Burch-Ben Prewitt-Jerry Greenwell)
B TIE - Monroe (Dick Rupert-Harold Wagner-Harold Boyer) and
Marion (Richard Hotz-Jack Edmunds-John Kassler)
C Fremont (Paul Roquet-Paul Abernathy-Lawrence Schmitz)

1951 AA Davenport (Loren Wulf-Ira Dunsworth-Dick Kerr)
A TIE - Cedar Rapids, Roosevelt (Eldon Hasley-George Johnson-Dave Anderson) and
Charles City (Bill Fleuher-Roy Bever-Stanley Tolliver)
B Marion (Gerald Walker-Ernie Gates-Eugene Gonsales)
C Stanley (Burton Moore-Tommy Doyle-Dewey Geary)

1952 AA Des Moines, North (Caesar Smith-Dan Marin-Oscar Maldonado)
A Marion (Gerald Walker-Leo Corporon-Eugene Gonsales)
B Eldora (Jerry Crosser-Clyde Callahan-Jerry Cleveland)
C Underwood (Garold Ryan-George Lee-Paul Ryan)

1953 AA Des Moines, North (Caesar Smith-Oscar Maldonado-Jerry Hawkins)
A Marion (Gerald Walker-Leo Corporan-Bob Fernow)
B Eldora (Dan Munson-Kenny Brock-Art Berg)
C Underwood (Paul Ryan-George Lee-Ed Turk)

1954 AA Des Moines, Tech (Brian Travis-Jim Black-Jim Jones)
A Marion (Dick Jacobs-Ron Franklin-Vince Holt)
B Eldora (Ken Brock-Art Berg-Dan Munson)
C Underwood (George Lee-Paul Ryan-Bob Hough)

1955 AA Des Moines, Tech (Brian Travis-Fred Keller-Dale McDaniel)
A Valley, WDM (Deryl King-Gary Crow-Jon Ingraham)
B LeClaire (Homer Lattimer-Tom Tilton-Jimmy Bremmer)
C Elliott (Lyle Shires-Dale Elwood-Jerry Thompson)

1956 AA Des Moines, Tech (Fred Keller-Jim Bell-Dave Murray)
A Clarinda (John Woolson-Ken Hughes-Jerry Carlson)
B LeClaire (Homer Lattimer-Tom Tilton-Jim Bremmer)
C Sheffield (Bill Eno-Don Wearda-Marv Corporon)

1957 AAA Sioux City, Central (Tom Rivers-Dave Pettit-Bob Carley)
AA Oskaloosa (Konrad Billhardt-Ivan Ancell-John Quarton)
A Decorah (Ron Olson-Wayne Benzing-Paul Estrem)
B Saydel (John Raveling-Bob Lowe-Jack Kyle)
C Menlo (Raymond Miller-Brian Stemm-Tom Adamson)

1958 AAA Sioux City, Central (Eugene Rave-Dave Pettit-John Peters)
AA Decorah (Ron Olson-Wayne Benzing-Don Roney)
A Marion (Dick Stickney-Don Grant-Robert McDowell)
B Sheffield (Bill Taylor-Marvin Corporon-Dennis Blankenship)
C LuVerne (Earl Hanselman-Kenny Wilhelm-Charles Weber)

- 1959** AAA Des Moines, Tech (David Brown-Gregary Leaper-Richard Helm)
AA Decorah (Ron Olson-Don Roney-Gary Hall)
A South Page, College Springs (Joe Henderson-Norman Johnston-Jim Ripley)
B Underwood (Ron Hough-Kenneth Cahrs-Larry Barganquast)
C LuVerne (Earl Hanselman-Paul Gilligan-John Schade)
- 1960** AAA Des Moines, Tech (Richard Helm-David Lee-Bruce Adair)
AA Marshalltown (John Readout-Bill Perry-George Bell)
A Winterset (Tom Good-Dennis Cline-Steven Cline)
B South Page, College Springs (Joe Henderson-Roger Hamm-Dennis McMillen)
C LuVerne (John Schade-Paul Gilligan-Bernard Schade)
- 1961** AAA Sioux City, Central (Don Rivers-Jim Wilson-Dennis Thomsen)
AA Marshalltown (John Readout-Steve Brintnall-Merrill Moore)
A West Sioux, Hawarden (Ed Eneboe-Tim White-Rodney Vellinga)
B Odebolt-Arthur (Dennis Anderson-Larry Johnson-Dennis Dinges)
C Klemme (Art Hoffman-Jerry Murray-Bill McCollaugh)
- 1962** AAA Des Moines, Tech (David Lee-Darryl Green-Bruce Adair)
AA Valley, West Des Moines (Ron Griffith-Roger Hansen-Pat Redden)
A Clarinda (Merlin Lewis-Curtis Meier-Ronald Taylor)
B (TIE) Odebolt-Arthur (Dennis Dinges-Larry Johnson-Ben Buehler) and
Sheffield-Chapin (Lester Corporon-Ron Zickefoose-John LaRoque)
C LuVerne (Bernard Schade-George Hanselman-Ray Welter)
- 1963** AAA Sioux City, Central (Dave Compton-Steve Gerkin-Ed Jensen)
AA Grinnell-Newburg (Ed Humphrey-Gary Lawson-Dennis Palmer)
A Clarinda (Ronald Taylor-Galen Lininger-John Scrivner)
B Anita (Dennis Reed-Tom Denny-Larry Ruggles)
C Sheffield-Chapin (Charles Schmalbeck-Bill Loeffelhardt-Les Corporon)
- 1964** AAAA Sioux City, Central (Dave Compton-Steve Gerkin-Doug Smith)
AAA Marshalltown (Ken Gallagher-Ted Fulk-Jack Koerber)
AA Decorah (Greg Gilbertson-John Sheridan-Tom Sheridan)
A Odebolt-Arthur (Tom Halboth-Steve Thayer-Don Anderson)
B Anita (Tom Denny-Larry Ruggles-Brad Reed)
C Miles (Gorden Hansen-Charles Bales-George Ackerman)
- 1965** AAAA Sioux City, Central (Doug Smith-Steve Gerkin-John Samore)
AAA Marshalltown (Joe Rohach-Ted Fulk-Duane Berger)
AA Red Oak (Paul Fish-Don Jenkins-Steve Bowman)
A Aquin, Cascade (Calvin Coohy-Daniel Manternach-Mark Ressler)
B Madrid (Dick Jensen-Danny Woodlund-Kenny Woodlund)
C Charles City, Immaculate Conception (Joseph Byrne-Pat Regan-Steve Kuhn)
- 1966** AAAA Sioux City, Central (Doug Smith-Greg Coons-Ken Bern)
AAA Marshalltown (Joe Rohach-Ted Fulk-Steve Beatty)
AA (TIE) Red Oak (Bob Wilson-Paul Werts-Lynn Ellis) and
Decorah (Mark Aschim-David Morstad-Arvi Rebasso)
A Cascade, Aquin (Calvin Coohy-Dan Manternach-John Althoff)
B Farragut (Bernie Hughes-George Hughes-Tom Shull)
C Lincoln Central, Gruver (Mike Origer-Mike Nichols-Torval Eide)
- 1967** AAAA Sioux City, Central (Doug Smith-Rich Wilson-Steve Koson)
AAA Ames (Greg Dengler-Dave Powell-Chuck Maurer)
AA Red Oak (Bob Wilson-Lynn Ellis-Paul Werts)
A Decorah (Mark Aschim-Dennis Ellingson-Arvi Rebasso)
B Pekin, Packwood (Larry Greiner-Vern Wonderlich-Randy Lowenberg)
C (TIE) North Winneshiek (Mark Quandahl-Norbert Lovstuen-Harold Rosendahl)
Cedar Valley, Somers (John Turner-Bob Carlson-Paul Welter)

- 1968** AAAA Des Moines, Lincoln (John McDonald-Steve Nordenson-Phil Valgarino)
AAA Ames (Dave Powell-Hugh Collins-Tom Montag)
AA Urbandale (Tom Kielty-Ron Keller-Dave Meshek)
A Decorah (Mark Aschim-Dennis Ellingson-Jim Ziegelmaier)
B Pekin, Packwood (Randy Lowenberg-Joe Adam-Vern Wonderlich)
C Miles (Mike Cassaday-Steve Seamer-Pat Cassaday)
- 1969** AAAA Cedar Falls (Dan Alderman-Mike Wilson-Mike Hankins)
AAA Columbus Catholic, Waterloo (Dave Krantz-Mark Borich-Mike Burke)
AA Ankeny (Lee Schreurs-Mark Trusty-Dan Marquardt)
A Chariton (Gary Mason-Greg Lewis-Mike Patterson)
B Central Lyon, Rock Rapids (Stan Timmer-Roy Lubbers-Doug Dunn)
C Beaman-Conrad (Bob Schleisman-Brad Stevens-David Juchems)
D Miles (Steve Seamer-Pat Cassady-Gary Wilcke)
- 1970** AAAA Waterloo, West (Ron Peters-Larry Carter-Chip Meier-Dave Narveson)
AAA Des Moines, Hoover (Bob Hughes-Frank Willborne-Rich Hall-Tom Howland)
AA Urbandale (Mark Davis-Dave Steffen-Larry Moore-Bruce Bornman)
A Osage (Lawrence Indra-Loran Erdman-Pete Indra-Kevin Hanson)
B Aquinas, Fort Madison (Charley Rump-Bill Wagner-Randy Bohl-Kurt Rump)
C BGM, Brooklyn (Ron Longnecker-Dave Bazyn-Garland Roth-Don Longnecker)
D Garnavillo (Gary Werger-Alan Werger-Rick Allyn-Russ Tindell)
- 1971** AAAA Davenport, Central (Gregg Newell-Frosty Borland-Tim Cornish-Mark Olson)
AAA Columbus Catholic, Waterloo (Bob Connell-Mike Powers-Dave Riley-Dale Hansen)
AA Indianola (Mike Burns-Jeff Allsup-Sean McGuire-John Essick)
A Sheldon (Rex Madsen-Dan Castle-Jeff Hesebeck-Pat Cappes)
B Aquinas, Fort Madison (Charles Rump-Bill Wagner-Dennis Beach-Mike Huffman)
C Johnston (John Trier-Darrell Cox-Ron Gomis-Dan Heithoff)
D Notre Dame, Cresco (Jeff Fraser-Stan Potter-Bill Ferrie-Mark Montague)
- 1972** AAAA Mason City (Mark Johnson-Dave Runge-John Dunn-Barry Brandt)
AAA Columbus Catholic, Waterloo (Dale Hansen-Mike Duncan-Phil Schaffer-Dave Schmidt)
AA Indianola (Mark Bishop-Mike Burns-Shawn McGuire-Jeff Allsup)
A Decorah (Mike Nelson-Jeff Seim-Fred Schultz-Mike Sloan)
B Johnston (John Trier-Ron Gomis-Darrell Cox-Steve Wickner)
C Tri-County, Thornburg (Dave Briggs-Chuck Moore-Den Green-Jeff Goldsmith)
D Garnavillo (Gary Werger-Bob Rodenberg-Lon Kuehl-Russ Tindell)
- 1973** AAAA Mason City (Barry Brandt-John Dunn-Mike Jones-Mark Young)
AAA Ames (Mark Grover-Greg Prestemon-Dick Bailey-Dean Dass)
AA Lewis Central (Boyd Nansel-Ed Croson-Don Wood-Andy Everson)
A Western Christian, Hull (Randy Grevengeod-Bernie Haan-Carl DeJong-Evan Blom)
B Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener)
C Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles)
D (TIE) Garnavillo (Lon Kuehl-Bob Rodenberg-Jeff Portwine-Neil Davis) and
Dike (Steve Bernhardt-Dan Nagel-Tim Nagel-Pat Murphy)
- 1974** AAAA Marshalltown (John Mulvihill-Mike Mattox-Jamie Hutcheson-William Chizek)
AAA Dowling Catholic, WDM (Tom Farrell-John McMichael-Paul Pappas-Marty Scaglione)
AA Assumption, Davenport (Gene McGivern-Dave Nix-Tony Valainis-Steve High)
A Decorah (Keith Ellingson-Jon Nelson-Randy Fitzgerald-Mark Williams)
B Shenandoah (Blair Renfro-Ray Shaw-Tom Fichter-Bob Wamemunde)
C Dike (Pat Murphy-Steve Bernhardt-Jim Hansen-Tim Nagel)
D Sanborn (Dwayne Camarigg-Alan Camarigg-Mark Remme-Jeff Lymer)
- 1975** AAAA Marshalltown (Jamie Hutcheson-Mike Mattox-Matt McCright-Kelley Lacina)
AAA Ames (Jon Mathiason-Chuck Gratto-John Aurand-Mitch Delaney)
AA Waverly-Shell Rock (Paul Franken-Tim Smith-Dennis Huston-Jim Thompson)
A Shenandoah (Blair Renfro-Wally Duffy-Tom Fichter-Dennis Scharp)

- B Tipton (Brett Eggert-Joe Pelzer-Tom Weih-Ed Pelser)
 C Aquin, Cascade (Pat Hayes-Jerry Decker-Phil Kauder-Jim Trumm)
 D Odebolt-Arthur (Nate Kitterman-Randy Lundberg-Brad Gehrke-John Simpson)
- 1976** AA Clinton (Paul Rickerl-Mike Schall-Mike Holle-Bob Emmons)
 A Decorah (Dave Averill-Lyle Klotzbach-Derek Loeb-Randy Fitzgerald)
 B Unity Christian, Orange City (Greg Kuiper-Stanton Visser-Dan Kroeze-Dan Kuiper)
 C Bancroft, St John's (Larry Hellman-Al Brandenburg-Tony Marlow-Ron Studer)
- 1977** AA Des Moines, Hoover (Mike Diment-Marty Wiedemann-Dale Jankovitz-Tim Hall)
 A Decorah (Randy Fitzgerald-Lyle Klotzbach-Tom Hasvold-Eric Henrikson)
 B Unity Christian, Orange City (Stanton Visser-Dan Kroege-Mark Pluim-Dan Kuiper)
 C Bancroft, St John's (Larry Hellman-Al Brandenburg-Ron Studer-Mark Bradley)
- 1978** AA Muscatine (Jeff Fick-Chris Ales-Tony Shellabarger-Mike Allbee)
 A Decorah (Dave Averill-Brian Tjelta-Jon Estren-Tom Hasvold)
 B Aquinas, Fort Madison (Jim McGee-Steve Welding-Randy Biemhorst-Bob McGee)
 C Garnavillo (Brian Brase-Tom Berns-Art Gomez-Tracy Werges)
- 1979** AA Clinton (Jeff Jacobs-Shawn Spooner-Lorne Burgess-Rob Ebensberger)
 A Centerville (Henry Moritz-Randy Felkner-Dwayne Johnson-Bill Weideman)
 B Newman Catholic, Mason City (Mike Karamitros-John Cahalan-Chuck Knapp-Dan Cahalan)
 C Aquinas, Fort Madison (Jim McGee-Bob McGee-Glenn Steffensmeier-Steve Welding)
- 1980** AA Waverly-Shell Rock (Tom Cornish-Dan Huston-Joel Alexander-Mike Zrostlik)
 A Knoxville (T.K. Wignall-Rick Kaster-Stacy Washington-Mike Ritter)
 B Kee, Lansing (Mike Hawes-Brian Hawes-Shawn Connor-Keith Moore)
 C Cardinal Stritch, Keokuk (Dan Schreck-Andrew Harsch-Jeff Bohnet-Mark Inman)
- 1981** 3A Clinton (Jeff Jacobs-Jon Menges-Loran Storts-Tom Bentley)
 2A Sheldon (Bill Kerkeart-Steve Drenkow-Steve Tolk-Scott Engelhart)
 1A Kee, Lansing (Brian Hawes-Shawn Connor-Dave Gruber-Keith Moore)
- 1982** 3A Clinton (Loran Storts-Mike Asmus-Jon Menges-Jim Jungjohann)
 2A Western Christian (Mike Grevengoed-Mike Kooistra-Greg Vandekamp-Morry Horstmann)
 1A Kee, Lansing (Brian Hawes-Shawn Connor-Dave Gruber-Bill Wilkins)
- 1983** 3A Ames (Jeff Burris-Dave Voss-Jim Thomas-Scott Whigham)
 2A Cascade (Kyle Kauder-Phil Decker-Brian Annis-Dave Hoffmann)
 1A Unity Christian, Orange City (Henry Byl-Dennis Dokter-Randy Rowenhorst-Marlin Schoenhoven)
- 1984** 3A Clinton (Jim Jungjohann-Mike Walker-Brad Wall-Russell Johnson)
 2A Eagle Grove (Tim Coltvvet-Mark Sampson-Jeff Pickering-Rick Coltvvet)
 1A Northern Univ. High, Cedar Falls (Trent Timson-Steve Budlong-Kyle Christianson-Per Ove Berg)
- 1985** 3A Dowling Catholic, WDM (John Schuster-Steve Schweizer-Kev Miller-Doug Biorger)
 2A Cascade (Doug Hunt-Phil Lindauer-Kevin Kearney-Matt Nauman)
 1A No. Univ. High, Cedar Falls Trent Timson-Kyle Christianson-Jon Klinkowitz-Jackson Lounsberry)
- 1986** 3A Clinton (Brad Wall-Dave Ladehoff-Craig Andresen-Brian Wall)
 2A Cascade (Steve Kremer-Doug Hunt-Kevin Kearney-Pat Henneberry)
 1A Woodbine (Rich Barry-Rex Baxter-Jason Barry-Bill Stephany)
- 1987** 3A Dubuque, Senior (Tory Tepp-Eric Walsh-Greg Hughes-Joe Marshall)
 2A Eagle Grove (Mark Sampson-Chris Tofteberg-Pat Wieth-Rick Coltvvet)
 1A Woodbine (Jason Barry-Rex Baxter-Scott Tucker-Bill Stephany)
- 1988** 3A Iowa City, West (Dean Colony-Brian Mildenstein-Sean Boyle-Damian Savarino-Todd Lane)
 2A Shenandoah (Brian Hornbuckle-Mike Falk-Jason Armstrong-Andy Campbell-Pat McDermott)
 1A Kee, Lansing (Max Flack-Jesse Delaney-Mike Mitchell-Andy Wagner-Paul Manning)

- 1989** 3A Ames (Damon Hawn-Brian Campbell-Guy Willey-Steve Beaudry-Jon Ramsey)
2A Shenandoah (Chris Willeman-Jason Armstrong-Pat McDermott-Andy Campbell-Brian Hornbuckle)
1A Kee, Lansing (Jesse Delaney-Andy Wagner-Max Flack-Paul Manning-Eric Van Brocklin)
- 1990** 3A Muscatine (Jonathan Estabrook-Ryan Willits-Ahren Gross-Chad Hanna-Steve Leach)
2A Decorah (Brent McGrew-Chris Olson-Niels Anderson-Tobin Laursen-David Tollefson)
1A Jesup (Chad Weber-Darin Kite-Matt Jones-Clint Even-Matt Erpelding}
- 1991** 3A Iowa City, City High (Dave Novotny-Erik Frank-Steve Kurth-Josh Briggs-Mike Robinson)
2A Shenandoah-Essex (Chris Willeman-Aaron Widger-Neil Shull-Brian Lee-Mick Sederburg)
1A Williamsburg (Brad Dubbels-Shane Sandersfeld-Tony Folkmann-Brian Fetzer-Tyson Greiner)
- 1992** 3A Iowa City, City High (Erik Frank-Steve Kurth-Jason Keese-Nile Heefner-Sam Argall)
2A Decorah (Brent McGrew-Lynnferd Begay-Greg Suhr-Matt Svenson-Terry Hageman)
1A St. Albert, Council Bluffs (Corey Stock-Phil Hasenkamp-Shawn Jones-Danny Stock-Jason Smith)
- 1993** 3A Iowa City, City High (Steve Kurth-Mike Robinson-Sam Argall-Ryan Slebos-A.J. Johnson)
2A Waukon (Adam Kolsrud-Mike Cunningham-Kevin Egan-Chris Hoisington-Joey Zimmerli)
1A Regina, Iowa City (T.J. Craig-Brett Jondle-Brian Donohoe-Marty Mozena-Matt Bielicke)
- 1994** 3A Iowa City, City High (Ross Conklin-Jesse Ammerman-Ryan Slebos-Tim Ocheltree-John McMurray)
2A Humboldt (Jon Lindaman-Chris Taylor-Mike Staver-Michael Carlson-Trent Biederman)
1A Denver (Josh Illian-Clint Coberly-Aaron Homan-Jeff Brettman-Dave Hansen)
- 1995** 3A Dubuque, Senior (Rob Brock-Trent Corey-David Repass-Nate Smith-Christian Borgwardt)
2A Waukon (Nick Nordheim-Chris Hoisington-Mike Cunningham-Abe Regan-Brad Peter)
1A Iowa Mennonite School, Kalona (J.J. Roettlin-Brian Miller-Randy Ho-Joel Beachy-David Huerta)
- 1996** 3A Iowa City, City High (Mark McPherson-John Hensley-T.J. Elbert-Luke Young-Jacob Smith)
2A Waukon (Nick Nordheim-Mike Cunningham-Chris Hoisington-Brad Peter-Abe Regan)
1A Calamus-Wheatland (Tait Steines-Josh Maxwell-Kerry Burzlaff-Camden Boussetlot-Jeff Leinen)
- 1997** 3A Iowa City, City High (Bob Moreno-John Farlinger-David Rogers-John Hensley-Eric Mittman)
2A Waukon (Justin Larson-Eddie Frick-Steve Winters-Joe Johnson-Chris Beardmore)
1A Regina, Iowa City (Justin Kron-Cam Messier-Tony Bothell-Matt McCue-Jason Figg)
- 1998** 3A Dubuque, Senior (Tim Orris-Christian Borgwardt-Jim Rang-Chris Coffey-Tyler Borgwardt)
2A Waukon (Eddie Frick-Cody Kammeyer-Kirk Deal-Ben Stamper-Josh Tweedy)
1A Regina, Iowa City (Cam Messier-Tony Bothell-Masashi Shiokawa-Matt McCue-Spencer Kathol)
- 1999** 3A Iowa City, City High (Eric Mittman-Bob Moreno-Paul Kresowik-Quincy Ely-Cate-Jeff Spence)
2A Waukon (Eddie Frick-Kirk Deal-Ben Stamper-Cody Kammeyer-Justin Lyons)
1A West Sioux, Hawarden (Jerod Bruget-Dan Huitink-Ryan Koopmans-Derek Bockelman-Greg Schouten)
- 2000** 3A Iowa City, City High (Jeremy Mims-Jon Lamb-Quincy Ely-Cate-Mark Kresowik-Bo Rydze)
2A Central Clinton (Matt Niemann-Shawn Dunnegan-Kevin Hansen-Tyler Mueller-Mitch Hansen)
1A Wapsie Valley (Andrew Westendorf-Ryan Cox-Josh Moen-Keith Brunscheon-Mike Leehey)
- 2001** 3A Des Moines, Roosevelt (Andy Johnson-Austin Williamson-Dave Deng-Thom Waters-Pat Tonka)
2A Central Clinton, DeWitt (Tyler Mueller-Shawn Dunnegan-Mitch Hanson-Zach Betz-Ben Hall)
1A Bennett-Durant (Justin Buesing-Kaylon Spengler-Chad August-Adam Price-Jack Flack)
- 2002** 3A Des Moines, Roosevelt (Austin Williamson-Kiel Uhl-Jon Thomas-Yawusa Kinda-Jeremiah Donga)
2A Waukon (Junior Swart-Andy Schon-Tom Cunningham-Eric Osterhaus-Corbett Grimstad)
1A Nodaway Valley (Mark Holan-Micah Holan-Heath Brown-Lance Queck-Alan Miller)
- 2003** 4A Des Moines, Roosevelt (Jon Thomas-Kiel Uhl-Austin Williamson-Thom Walters-Jeremiah Donga)
3A Wahlert, Dubuque (Ryan Dolan-John Page-Brian Koch-Matt Ross-Andrew Weber)
2A Western Christian, Hull (Brett Kroeze, Derek Kraayenbrink-Zach Van Ginkel-Aaron Teerink-Darin Keizer)
1A Regina, Iowa City (Tom Ries-Matt Larew-Michael Sinkey-John Dwyer-Chase Wombacher)

- 2004** 4A Cedar Falls (Brian Chenoweth-Steve Arntson-Dan Chenoweth-Jason Mitchell-Cyrus Moussavi)
3A Wahlerst, Dubuque (Ryan Dolan-Scott Breifelder-Jacob Bahl-Tyler Meyer-Brian Koch)
2A Regina, Iowa City (Robert Ingram-Michael Sinkey-John Dwyer-Jeff Ross-Tom Ries)
1A Wapsie Valley, Fairbank (Corey Happel-Chris Moen-Ethan Conner-Kory Heineman-Lee Schneider)
- 2005** 4A Cedar Falls (Steve Arntson-Jason Mitchell-Alex Mark-Patrick Davis-Jason Knox)
3A Mount Vernon-Lisbon (Jake Vozenilek-Eyasu Russell-Keegan Kuhn-Fitsum Russell-Aaron Schmidt)
2A Western Christian, Hull (Dalton Lems-Zach VanGinkel-Jon Bierma-Darin Keizer-Josh Van Grouw)
1A Wapsie Valley, Fairbank (Keith Ryan- Kory Heineman-Corey Happel-Ethan Conner-John Schmitz)
- 2006** 4A Pleasant Valley (Devin Allbaugh-Blake Irwin-Jordan Lang-Charlie Paul-Mike Hemming)
3A Xavier, Cedar Rapids (Aaron May-Bryan Washburn-Ryan Knapp-Dan McDermott-Phil Anton)
2A South Winneshiek, Calmar (Sam Hogenson-Ian Lienau-Adam Hageman-Brett Losen-Mike Schwan)
1A Regina, Iowa City (Bob Ingram-Jeff Ross-Nick Synan-Shawn Sexton-Bryan McGivern)
- 2007** 4A Pleasant Valley (Devin Allbaugh-Charlie Paul-Austin O'Brien-Blake Irwin-Jacob Barker)
3A Xavier, Cedar Rapids (Aaron May-Dan McDermott-Brennan McAllister-Austin Steil-Phil Anton)
2A Monticello (Nate Dotterweich-Jud Schneider-Tim Peters-Devin Spensley-Jamie Cooper)
1A Regina, Iowa City (Nick Synan-Jeff Ross-Shawn Sexton-Daniel Bonthius-Grant Luense)
- 2008** 4A Pleasant Valley (Austin O'Brien-Zach Bozman-Matt Rubins-Tyler Meseke-Cody Doughan)
3A Algona (Chad Rutledge-Ryan McMahon-Mitchell Davis-Kyle Walker-Alex Kenne)
2A Spirit Lake (Alec Baldwin-Keith Byers-Tyler Gustafson-Jesse Baldwin-Mitchell O'Neill)
1A South Winneshiek, Calmar (Brett Losen-John Ameling-Ian Lienau-Easton Kuboushek-Tim Baldwin)
- 2009** 4A Burlington (Marshall Moyer-JT McCarthy-Kaleb Sterler-Ben Witt-Josh Minard)
3A Pella (Zach Buchheit-Jon Klein-Zach Wittenberg-Nathan Buchheit-Jon Verhoef)
2A Spirit Lake (Alec Baldwin-Will Norris-Brandon Griffin-Mitchell O'Neill-Keith Byers)
1A Iowa Mennonite School, Kalona (Bill Spencer-Truman Shetler-Seth Miller-Ben Wyse-Drew Powell)
- 2010** 4A Prairie, Cedar Rapids (Matt Stocker-Kyle Stocker-Jordan Burns-Justin Burns-Jacob Aune)
3A Wahlerst, Dubuque (Brien Nugent-Mike Lieb-Peter Herber-Danny May-Buddy Franson)
2A Regina, Iowa City (Brennan Bogert-David Crompton-Liam Hartley-Matt Edeker-Alex Kumor)
1A No. Univ. High, Cedar Falls (Terry Nielsen-Trai O'Connell-Brandon Culmore-Riley Garcia-Tad Klenske)
- 2011** 4A Dowling Catholic, WDM (Cole Decker-Jason Thomas-Jeff DeRocher-Brian Wahlig-Spencer Clark)
3A Pella (Zach Buchheit-Evan Jones-Alex Ropes-Wade Pingel-Tukker Bogaard)
2A Monticello (Michael Melchert-Ben Ahlrichs-JJ Frawley-Tiler Streets-Dallas Lumpa)
1A St. Albert, Council Bluffs (Josh Sindelar-George Doll-Scott Theulen-Pat Martin-Gus Doll)
- 2012** 4A Dowling Catholic, WDM (Jason Thomas-Jeff DeRocher-Spencer Clark-Lukas Steffensmeier-Brian Wahlig)
3A Decorah (Kyle Hosting-Patrick Larson-Ethan Pankow-Thomas Knobbe-Isaac Marquardt)
2A Monticello (Michael Melchert-Nick Meyers-JJ Frawley-Dallas Lumpa-Tiler Streets)
1A St. Albert, Council Bluffs (Josh Sindelar-Scott Theulen-Evan Siegrist-Adam Christensen-Gus Doll)
- 2013** 4A Prairie, Cedar Rapids (Jake Moore, Isaiah Vlasek, Mitch Pritts, Tysen VanDraska, Zack Fiser)
3A Boone (Chandler Austin, Albert Meier, Jacob Running Horse, Killian Toro, Jordan Murray)
2A Monticello (Michael Melchert, Ben Ahlrichs, Jordon Loes, Matt Manternach, Anthony Kinley)
1A Denver (Kyle Kehoe, Tanner Johnson, Curren Matthias, Nick Sabelka, Greg Schneider)
- 2014** 4A Linn-Mar, Marion (Daniel Murphy, Michael Mather, Ryan Murphy, Bryan Fogarty, Jay Halverson)
3A Gilbert (Thomas Pollard, Wesley Greder, Bradley Richard, Owen Whitham, Will Greder)
2A East Marshall (Caleb Benzing, Sam Benzing, Josh Benzing, Nick Meling, Brady Fritz)
1A Bellevue (Andrew Meyer, Andrew Segalla, Aaron Beckley, Josh Sieverding, Jake Till)
- 2015** 4A Dowling Catholic, WDM (Ryan Schweizer, Matthew Carmody Matt Frazier, Jack Fink, Skyler Riesberg)
3A Mount Vernon-Lisbon (Reid Smock, Chase McLaughlin, Jack Young, Thatcher Krob, Liam Conroy)
2A Garner-Hayfield-Ventura (Chase Smith, Reece Smith, Logan Dalbeck, Ray Cataldo, Derek Brown)
1A Nodaway Valley (Shane Breheny, Brayten Funke, Brycen Wallace, Nathan Venteicher, Skyler Rawlings)

| | | |
|-------------|----|--|
| 2016 | 4A | Dowling Catholic, WDM (Matthew Carmody, Matt Fraizer, Jack Fink, Kevin Conner, Sam Hall) |
| | 3A | Mount Vernon-Lisbon (Thatcher Krob, Garrett Herring, Chase McLaughlin, Liam Conroy, Zach Krogmann) |
| | 2A | Mid-Prairie, Wellman (Peyton Miller, Zach Pettit, Floyd Evan, Marshall Teets, Quinn Schmidt) |
| | 1A | Nodaway Valley (Shane Breheny, Brycen Wallace, Brayten Funke, Skyler Rawlings, Tyler Breheny) |
| 2017 | 4A | Pleasant Valley (Konnor Sommer, Anthony Pena, Gavin Smith, Ian Kaffenberger, Parker Huhn) |
| | 3A | Gilbert (Rees Tyler, Nathan Patel, John Ockey, Zane Miller, Jason Taylor) |
| | 2A | George-Little Rock/Cent'l Lyon (Gable Sieperda, Joe Anderson, Blake Johnson, Josh Haken, Taeron Olson) |
| | 1A | Nodaway Valley (Brycen Wallace, Skyler Rawlings, Joshua Baudler, Tyler Breheny, Ben Breheny) |
| 2018 | 4A | Dowling Catholic (Sam Hall, Zach Fry, Kevin Conner, Cole Schroeder, Mike Gipple) |
| | 3A | Gilbert (Rees Tyler, Nathan Patel, John Ockey, Griffin Ruba, Ethan Mesenbrink) |
| | 2A | Tipton (Caleb Schumaker, Ben Ellis, Trent Pelzer, Landen Hill, Andrew Olseen) |
| | 1A | Madrid (Sean McDermott, Jason Renze, Gabe Soda, Clay Pehl, Landen Klatt) |
| 2019 | 4A | Dowling Catholic (Sam Hall, Zach Fry, Mike Gipple, Jordan Daniel, Cade Muller) |
| | 3A | Dallas Center-Grimes (Aidan Ramsey, Bradley Ramsey, Jacob Storey, Owen Pries, Jacob Ewers) |
| | 2A | Tipton (Caleb Schumaker, Jackson Edens, Andrew Olseen, Landan Hill, AJ Thumma) |
| | 1A | Madrid (Jason Renze, Clay Pehl, Rory McDermott, Gabe Soda, Matthew White) |
| 2020 | 4A | Sioux City, North (Jaysen Bouwers, Will Lohr, Yemane Kifle, Gabe Nash, Beshanena Gutema) |
| | 3A | Dallas Center-Grimes (Aidan Ramsey, Jacob Ewers, Jack Every, Tate McDermott, Jacob Storey) |
| | 2A | Danville/New London (Ty Carr, Alexander Julian, A.J. Bonnesen, Oliver Sowell, Seth Bailey) |
| | 1A | Madrid (Clay Pehl, Gabe Soda, Jason Renze, Ethan Loutzenheiser, Trevor Faltonson) |

INDIVIDUAL CHAMPIONS - YEAR-BY-YEAR

Notes: Some year's times and first names were not available. *Information listed by year is the actual year.*
Example 1931 is the date of the meet run in the 1931-32 school year

| | | <u>2 miles</u> |
|-------------|--|-----------------------|
| 1922 | Gerald Vincent, Ottumwa..... | NT |
| 1923 | Gerald Vincent, Ottumwa..... | NT |
| 1924 | Ralph Cozine, Iowa City, University High | NT |
| 1925 | Ralph Cozine, Iowa City, University High | NT |
| 1926 | Ralph Cozine, Iowa City, University High | NT |
| 1927 | Van Epps, Iowa City, University High | NT |
| 1928 | John Garnes, Muscatine | NT |
| 1929 | John Garnes, Muscatine | NT |

First Official IHSAA Meet in 1930

| | | <u>1.9 miles</u> |
|-------------|---|-------------------------|
| 1930 | (tie) John Garnes & Bob McElroy, Muscatine..... | 11:00.5 |
| 1931 | Warren King, Muscatine..... | 11:12.3 |
| 1932 | Matthew Bolsem, Oskaloosa | 10:40.6 |
| 1933 | Dale Wood, Mechanicsville..... | 10:55.7 |
| 1934 | John Beebe, Ottumwa | 10:44.4 |
| 1935 | Vernon (Mike) Evans, Des Moines, East..... | NT |
| 1936 | Vernon (Mike) Evans, Des Moines, East..... | 10:40.4 |
| 1937 | A Carl Gustafson, Des Moines, East..... | 10:51.5 |
| | B Marvin Davis, Lamont | NT |
| | C Paul Hammill, LeClaire | NT |
| 1938 | A Vernon Matsen, Ames | 11:19.3 |
| | B George Vacik, West Branch | 11:15.0 |
| | C Raymond (Berl) Edmundson, Thornburg..... | 12:07.4 |
| 1939 | A Harold Goebel, Knoxville | 10:29.8 |
| | B Richard Wilson, Adel..... | 10:20.6 |

| | | | |
|-------------|----|--|-------------------------|
| | C | Raymond (Berl) Edmundson, Thornburg..... | 10:34.3 |
| 1940 | A | Louis Loper, Council Bluffs, Abraham Lincoln..... | 10:35.2 |
| | B | Lynn Frazier, Iowa City, University High..... | 10:42.4 |
| | C | Raymond (Berl) Edmundson, Thornburg..... | 10:45.0 |
| 1941 | A | William McLennon, Dubuque..... | 11:17.2 |
| | B | Fred Zollar, Iowa City, University High..... | 11:37.6 |
| | C | William Jackson, Minburn..... | 12:06.7 |
| 1942 | A | Martin Grandquist, Des Moines, East..... | 11:33.2 |
| | B | Edward Smith, Iowa City, University High..... | 12:54.0 |
| | C | <i>No Race Contested</i> | |
| 1943 | A | Vance Walters, Des Moines, East..... | 11:13.5 |
| | B | John Oxley, Marion..... | 11:26.7 |
| | C | Don Gemberling, Mechanicsville..... | 11:38.4 |
| 1944 | A | Paul Sloan, Des Moines, East..... | 10:58.0 |
| | B | Richard Terrell, Iowa City, University High..... | 10:58.0 |
| | C | Calvin Robinson, Mechanicsville..... | 10:59.0 |
| 1945 | A | Paul Sloan, Des Moines, East..... | 10:26.4 |
| | B | Richard Terrell, Iowa City, University High..... | 11:19.5 |
| | C | Calvin Robinson, Mechanicsville..... | 11:29.8 |
| 1946 | A | Jack Davis, Iowa City..... | 10:32.7 |
| | B | Raymond Petersen, Marion..... | 10:57.5 |
| | C | Jack O'Meara, Delmar..... | 11:07.0 |
| 1947 | A | Jack Davis, Iowa City..... | NT |
| | B | Not contested due to weather | |
| | C | Not contested due to weather | |
| 1948 | AA | Charles Whitaker, Council Bluffs, Abraham Lincoln..... | 10:51.4 |
| | A | Ocie Trimble, Cedar Rapids, Roosevelt..... | 10:13.0 |
| | B | Dick McConnell, Nevada..... | 11:17.6 |
| | C | Bill Lamp, Charlotte..... | 12:06.8 |
| 1949 | AA | Don Murray, Des Moines, East..... | 10:44.0 |
| | A | Larry Manary, Fairfield..... | 11:14.6 |
| | B | Richard Hotz, Marion..... | 12:22.8 |
| | C | Neal Bottger, Ollie..... | 12:30.0 |
| 1950 | AA | Don Murray, Des Moines, East..... | 10:05.7 |
| | A | Tom Burch, Des Moines, Tech..... | 10:26.9 |
| | B | Dick Rupert, Monroe..... | 10:13.0 |
| | C | Garold Ryan, Underwood..... | 10:43.5 |
| | | | <u>1.8 miles</u> |
| 1951 | AA | John Aller, Dowling Catholic, Des Moines..... | 9:46.2 |
| | A | Bill Fleuher, Charles City..... | 10:39.6 |
| | B | Garold Ryan, Underwood..... | 9:50.1 |
| | C | Burton Moore, Stanley..... | 10:41.2 |
| 1952 | AA | Caesar Smith, Des Moines, North..... | 9:27.5 |
| | A | Jerry Walker, Marion..... | 10:04.0 |
| | B | Jerry Crosser, Eldora..... | 11:49.8 |
| | C | Garold Ryan, Underwood..... | 10:06.5 |
| 1953 | AA | Caesar Smith, Des Moines, North..... | 9:31.1 |

| | | | |
|-------------|------|--|---------|
| | A | Jerry Walker, Marion..... | 9:27.2 |
| | B | Dan Munson, Eldora..... | 10:29.6 |
| | C | Paul Ryan, Underwood..... | 10:16.7 |
| 1954 | AA | Bruce Trimble, Cedar Rapids, Roosevelt..... | 9:38.1 |
| | A | Dick Jacobs, Marion..... | 10:39.6 |
| | B | Homer Lattimer, LeClaire..... | 10:13.2 |
| | C | Delos Swanson, Sheffield..... | 9:56.9 |
| 1955 | AA | Brian Travis, Des Moines, Tech..... | 9:21.9 |
| | A | Deryl King, West Des Moines..... | 9:58.6 |
| | B | Homer Lattimer, LeClaire..... | 9:30.6 |
| | C | Bob Hough, Underwood..... | 10:02.2 |
| 1956 | AA | Harry Olson, Decorah..... | 9:13.7 |
| | A | Deryl King, West Des Moines..... | 9:48.2 |
| | B | Homer Lattimer, LeClaire..... | 9:35.5 |
| | C | Bill Eno, Sheffield..... | 10:10.9 |
| 1957 | AAA | Tom Rivers, Sioux City, Central..... | 9:10.3 |
| | AA | Jessie Fitch, Council Bluffs, Abraham Lincoln..... | 9:32.7 |
| | A | Deryl King, West Des Moines..... | 9:32.5 |
| | B | John Raveling, Saydel..... | 10:03.0 |
| | C | Richard Beaver, Cedar..... | 10:05.1 |
| 1958 | AAA | Ralph Trimble, Cedar Rapids, Jefferson..... | 9:06.7 |
| | AA | Ron Olson, Decorah..... | 9:14.6 |
| | A | John Raveling, Saydel..... | 9:29.1 |
| | B | Arvene Bradley, Hedrick..... | 9:48.9 |
| | C | Loren Jasper, Fremont..... | 9:49.1 |
| 1959 | AAA | Clark Betts, Des Moines, East..... | 9:17.5 |
| | AA | Ron Olson, Decorah..... | 9:25.3 |
| | A | John Raveling, Saydel..... | 9:29.5 |
| | B | Ron Hough, Underwood..... | 9:51.3 |
| | C | Earl Hanselman, LuVerne..... | 9:55.9 |
| 1960 | AAA | Don Rivers, Sioux City, Central..... | 9:10.0 |
| | AA | Larry Ancell, Oskaloosa..... | 9:06.5 |
| | A | Tom Good, Winterset..... | 9:44.5 |
| | B | Joe Henderson, South Page, College Springs..... | 9:08.6 |
| | C | John Schade, LuVerne..... | 10:41.5 |
| 1961 | AAA | Don Rivers, Sioux City, Central..... | 9:18.2 |
| | AA | John Readout, Marshalltown..... | 9:27.7 |
| | A | Ed Eneboe, West Sioux, Hawarden..... | 9:39.5 |
| | B | Obie Thompson, Lamoni..... | 9:40.7 |
| | C | Art Hoffman, Klemme..... | 10:13.9 |
| 1962 | AAA | David Lee, Des Moines, Tech..... | 9:02.5 |
| | AA | Ron Griffith, Valley, West Des Moines..... | 9:03.7 |
| | A | Curtis LaBond, Ankeny..... | 9:42.8 |
| | B | Dennis Reed, Anita..... | 9:40.1 |
| | C | Bernard Schade, LuVerne..... | 9:44.0 |
| 1963 | AAA | Dave Compton, Sioux City, Central..... | 9:11.1 |
| | AA | Ron Griffith, Valley, West Des Moines..... | 8:56.0 |
| | A | Curtis LaBond, Ankeny..... | 9:35.1 |
| | B | Dan Bolin, South Page, College Springs..... | 9:39.6 |
| | C | John Parker, Bayard..... | 9:46.1 |
| 1964 | AAAA | Dave Compton, Sioux City, Central..... | 9:10.7 |

| | | | |
|-------------|------|--|-----------------------|
| | AAA | Ken Gallagher, Marshalltown..... | 9:16.9 |
| | AA | James Bowerman, Sheldon..... | 9:39.3 |
| | A | Don Greiner, Pekin, Packwood..... | 9:33.3 |
| | B | Tom Denny, Anita..... | 9:16.4 |
| | C | Larry Sellers, Russell..... | 9:51.5 |
| 1965 | AAAA | Doug Smith, Sioux City, Central..... | 8:51.8 |
| | AAA | Joe Rohach, Marshalltown..... | 9:13.7 |
| | AA | Paul Fish, Red Oak..... | 9:25.1 |
| | A | Daryl Rockey, Urbandale..... | 9:31.1 |
| | B | Richard Jensen, Madrid..... | 9:33.1 |
| | C | Joseph Byrne, Charles City, Immaculate Conception..... | 9:56.2 |
| 1966 | AAAA | Doug Smith, Sioux City, Central..... | 9:02.2 |
| | AAA | Joe Rohach, Marshalltown..... | 9:13.6 |
| | AA | Dan Sanders, Humboldt..... | 9:05.3 |
| | A | Calvin Coohy, Aquin, Cascade..... | 9:43.2 |
| | B | Bernie Hughes, Farragut..... | 9:42.8 |
| | C | Doug Beck, Preston..... | 9:45.1 |
| | | | <u>2 miles</u> |
| 1967 | AAAA | Doug Smith, Sioux City, Central..... | 9:52.1 |
| | AAA | Chuck Schneider, Columbus Catholic, Waterloo..... | 10:07.4 |
| | AA | Bob Wilson, Red Oak..... | 10:30.0 |
| | A | Dan Sanders, Humboldt..... | 10:13.3 |
| | B | Rick O'Rourke, Villisca..... | 10:30.0 |
| | C | Mike Cassaday, Miles..... | 10:36.1 |
| 1968 | AAAA | Tom Carrizales, Des Moines, Tech..... | 10:04.5 |
| | AAA | Dave Krantz, Columbus Catholic, Waterloo..... | 9:58.6 |
| | AA | Tom Kielty, Urbandale..... | 10:16.7 |
| | A | Mark Aschim, Decorah..... | 10:05.3 |
| | B | Rick O'Rourke, Villisca..... | 10:15.4 |
| | C | Mike Cassaday, Miles..... | 10:18.6 |
| 1969 | AAAA | Mark Johnson, Mason City..... | 10:00.0 |
| | AAA | Dave Krantz, Columbus Catholic, Waterloo..... | 9:42.2 |
| | AA | Dennis Schultz, West Delaware, Manchester..... | 10:03.1 |
| | A | Chuck Cassell, Bishop Garrigan, Algona..... | 10:06.7 |
| | B | Steve Sundell, Odebolt-Arthur..... | 10:18.6 |
| | C | Rick O'Rourke, Villisca..... | 10:19.9 |
| | D | Curt Hoegh, Elk Horn-Kimballton..... | 10:13.6 |
| 1970 | AAAA | Mark Johnson, Mason City..... | 9:53.3 |
| | AAA | Tom Schoberg, Bishop Heelan, Sioux City..... | 9:56.0 |
| | AA | Paul Hanson, Indianola..... | 10:26.9 |
| | A | Dave Bell, Eagle Grove..... | 10:06.8 |
| | B | Charley Rump, Aquinas, Fort Madison..... | 10:25.3 |
| | C | Mark Skahill, Villisca..... | 10:18.3 |
| | D | Art Milliken, Hedrick..... | 10:55.2 |
| 1971 | AAAA | Mark Johnson, Mason City..... | 9:33.9 |
| | AAA | Bob Connell, Columbus, Waterloo..... | 9:40.1 |
| | AA | Larry Moore, Urbandale..... | 10:14.9 |
| | A | David Bell, Eagle Grove..... | 9:53.0 |
| | B | Steve MacTaggart, Starmont, Strawberry Point..... | 10:14.1 |
| | C | Mark Skahill, Villisca..... | 10:21.3 |
| | D | Phil Coppess, Oxford Junction..... | 10:19.4 |
| 1972 | AAAA | Mark Johnson, Mason City..... | 9:40.8 |
| | AAA | Dale Hansen, Columbus Catholic, Waterloo..... | 9:57.6 |

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|-------------|------|--|---------|
| | AA | Mark Bishop, Indianola | 10:10.2 |
| | A | Leo Meade, Mount Pleasant..... | 10:03.1 |
| | B | Steve MacTaggart, Starmont, Strawberry Point | 10:03.0 |
| | C | Brian Tindall, Pleasantville..... | 10:18.0 |
| | D | Mike Arey, Preston..... | 10:28.9 |
| 1973 | AAAA | Jim Eicken, Davenport, Central | 9:42.0 |
| | AAA | Mark Grover, Ames..... | 10:00.1 |
| | AA | Boyd Nansel, Lewis Central..... | 10:03.0 |
| | A | Randy Wilson, Knoxville | 9:59.5 |
| | B | Mike Cregeen, Clarinda | 10:25.0 |
| | C | Doug Grave, Boyden-Hull..... | 10:23.9 |
| | D | Mark Hughes, Delwood, Elwood..... | 10:17.9 |
| 1974 | AAAA | Jim Eicken, Davenport, Central | 9:28.0 |
| | AAA | Joe Burke, Columbus Catholic, Waterloo | 9:30.5 |
| | AA | Mark Bishop, Indianola | 9:46.1 |
| | A | Steve Ostwinkle, Algona | 9:55.7 |
| | B | Dan Owen, Adel-DeSoto | 10:04.0 |
| | C | Joe Strohman, English Valleys, North English | 10:09.5 |
| | D | Mark Hughes, Delwood, Elwood..... | 10:04.0 |
| 1975 | AAAA | Rich Fuller, Davenport, Central | 9:29.0 |
| | AAA | Randy Jackson, Iowa City, City High..... | 9:30.0 |
| | AA | Gene McGivern, Assumption, Davenport | 9:48.0 |
| | A | Blair Renfro, Shenandoah | 9:46.0 |
| | B | Brett Eggert, Tipton..... | 9:54.0 |
| | C | Jim Hansen, Dike..... | 9:52.0 |
| | D | Dwayne Camarigg, Sanborn..... | 10:13.0 |
| 1976 | AA | Jim McCauley, Bishop Heelan, Sioux City..... | 9:44.0 |
| | A | Rick McKean, Missouri Valley | 9:58.0 |
| | B | Jim Hansen, Dike..... | 10:01.0 |
| | C | Larry Hellman, Bancroft, St. John's | 10:38.0 |
| 1977 | AA | Mike Diment, Des Moines, Hoover | 10:05.2 |
| | A | Jim Zinnel, Algona | 10:10.6 |
| | B | Jon Betz, North Polk, Alleman | 10:16.3 |
| | C | Tom Peacher, Cardinal Stritch, Keokuk..... | 10:29.6 |
| 1978 | AA | Kirk Anderson, Mason City | 9:50.0 |
| | A | Wally Duffy, Shenandoah | 9:38.0 |
| | B | Steve Greiner, Pekin, Packwood..... | 9:57.0 |
| | C | Tom Peacher, Cardinal Stritch, Keokuk..... | 10:07.0 |

The First IHSAA-IGHSAU Joint State Championships Was in 1979

| | | | |
|-------------|----|---|---------|
| 1979 | AA | Bill Thiesen, Dowling Catholic, West Des Moines | 9:46.7 |
| | A | Tim Wilson, Osceola, Clarke | 9:36.0 |
| | B | Mike Martin, Sac City..... | 10:02.5 |
| | C | Dan Schreck, Cardinal Stritch, Keokuk..... | 10:11.2 |
| 1980 | AA | Bill Thiesen, Dowling, West Des Moines | 9:36.0 |
| | A | Tim Wilson, Clarke, Osceola | 9:40.0 |
| | B | Danny Bauer, English Valleys, North English | 10:09.6 |
| | C | Marty Gingerich, Iowa Mennonite School, Kalona..... | 9:33.0 |
| 1981 | 3A | Jeff Jacobs, Clinton..... | 9:33.0 |
| | 2A | Bill Kerkeart, Sheldon | 9:48.8 |
| | 1A | Brian Hawes, Kee, Lansing | 10:08.7 |
| 1982 | 3A | Bob Soule, Bishop Heelan, Sioux City..... | 9:40.8 |

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|-------------|----|---|----------------------------|
| | 2A | Mike Grevengoed, Western Christian, Hull..... | 9:57.6 |
| | 1A | David Juhl, Dike | 10:08.2 |
| 1983 | 3A | Jerry Anderson, Valley, West Des Moines | 9:42.6 |
| | 2A | Mike Kooistra, Western Christian, Hull | 9:48.7 |
| | 1A | Trent Timson, Northern University High, Cedar Falls | 9:52.6 |
| 1984 | 3A | Mike Holms, Valley, West Des Moines | 9:47.4 |
| | 2A | Paul Bunnell, Central Lee, Argyle | 10:04.2 |
| | 1A | Trent Timson, Northern University High, Cedar Falls | 9:54.6 |
| 1985 | 3A | Mike Holms, Valley, West Des Moines | 9:56.5 |
| | 2A | Dwaine Hepler, Sheldon | 10:15.1 |
| | 1A | Jeff Hammons, Iowa Valley, Marengo | 9:47.4 |
| 1986 | 3A | Brad Wall, Clinton | 9:57.2 |
| | 2A | Mark Brown, Grinnell | 10:13.1 |
| | 1A | Dan Krall, West Branch..... | 10:07.5 |
| | | | <u>5,000 meters</u> |
| 1987 | 3A | Dave Ladehoff, Clinton | 15:37.1 |
| | 2A | Greg Brower, Red Oak | 16:09.5 |
| | 1A | Dan Krall, West Branch..... | 16:06.3 |
| 1988 | 3A | Kurt Lightner, Des Moines, East | 15:59.8 |
| | 2A | Stacey Detar, Albia | 16:06.6 |
| | 1A | Mark Hammons, Iowa Valley, Marengo..... | 16:14.0 |
| 1989 | 3A | Dean Colony, Iowa City, West | 16:01.9 |
| | 2A | Jeremy Carter, Sheldon | 16:15.9 |
| | 1A | Denny Halligan, West Sioux, Hawarden..... | 16:18.3 |
| 1990 | 3A | Jonathan Estabrook, Muscatine | 16:26.0 |
| | 2A | Jeff Joiner, Waukon | 16:38.0 |
| | 1A | Andy Goodman, West Marshall, State Center..... | 16:46.0 |
| 1991 | 3A | Simeon Wright, Dubuque, Senior | 16:15.0 |
| | 2A | Brent McGrew, Decorah | 16:36.7 |
| | 1A | Bill Blay, Griswold | 16:35.6 |
| 1992 | 3A | Simeon Wright, Dubuque, Senior | 15:25.7 |
| | 2A | Brent McGrew, Decorah | 16:09.3 |
| | 1A | Bill Blay, Griswold | 16:16.2 |
| 1993 | 3A | Jason Carpenter, Dubuque, Senior | 15:29.0 |
| | 2A | Gary Flugum, Forest City..... | 15:56.1 |
| | 1A | Marty Dalton, Tri-Center, Neola..... | 15:57.2 |
| 1994 | 3A | Rob Brock, Dubuque, Senior | 15:34.8 |
| | 2A | Jesse Sand, Cedar Rapids, Regis..... | 15:55.2 |
| | 1A | Chris Schaefer, Lincoln, Stanwood/Clarence-Lowden | 15:56.9 |
| 1995 | 3A | Rob Brock, Dubuque, Senior | 15:36.0 |
| | 2A | Dan Reis, Turkey Valley, Jackson Junction | 15:53.0 |
| | 1A | Scott Stanley, Malvern | 16:10.0 |
| 1996 | 3A | Trent Corey, Dubuque, Senior | 15:14.0 |
| | 2A | Dan Reis, Turkey Valley, Jackson Junction | 15:45.0 |
| | 1A | Tait Steines, Calamus-Wheatland | 16:02.0 |
| 1997 | 3A | Chris Francois, Davenport, North | 15:05.0 |

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|-------------|----|---|---------|
| | 2A | Nick Herman, Ballard, Huxley | 15:43.0 |
| | 1A | Ryan Pence, Eldora-New Providence | 15:56.0 |
| 1998 | 3A | Chris Francois, Davenport, North | 15:31.0 |
| | 2A | Joe Hughes, South Tama County, Tama | 16:06.0 |
| | 1A | Adam Sundall, Bishop Garrigan, Algona | 15:58.0 |
| 1999 | 3A | Grant Shadden, Marshalltown | 15:05.0 |
| | 2A | Dan Van Engen, Unity Christian, Orange City | 15:39.0 |
| | 1A | Nick Rubel, Marquette, Bellevue | 16:13.0 |
| 2000 | 3A | Ben Glaser, Dowling Catholic, West Des Moines | 15:22.0 |
| | 2A | Aaron Hamilton, Eagle Grove | 16:04.0 |
| | 1A | Dan Van Engen, Unity Christian, Orange City | 15:46.0 |
| 2001 | 3A | Dan Taylor, Fort Dodge | 15:25.0 |
| | 2A | Dylan Davis, A-D-M, Adel | 15:49.0 |
| | 1A | Jon Ries, Turkey Valley, Jackson Junction | 15:57.0 |
| 2002 | 3A | Ryan McCurnin, Mason City | 15:21.0 |
| | 2A | Dylan Davis, A-D-M, Adel | 15:47.0 |
| | 1A | Aaron Hamilton, Eagle Grove | 16:05.0 |
| 2003 | 4A | Jon Thomas, Des Moines, Roosevelt | 15:18.0 |
| | 3A | Ben Grant, Epworth, Western Dubuque | 15:29.0 |
| | 2A | Jacob Berns, MFL, MarMac | 16:15.0 |
| | 1A | Eric Sink, Corning | 15:57.0 |
| 2004 | 4A | Kiel Uhl, Des Moines, Roosevelt | 15:26.0 |
| | 3A | Ryan Dolan, Wahlert, Dubuque | 16:16.0 |
| | 2A | Dan Mayer, West Central Valley, Stuart | 16:42.0 |
| | 1A | Tim McKenna, NUH, Cedar Falls | 16:50.0 |
| 2005 | 4A | Stephen Dak, Marshalltown | 15:32.0 |
| | 3A | Isaac Wendland, Charles City | 16:31.0 |
| | 2A | Dan Mayer, West Central Valley, Stuart | 16:31.0 |
| | 1A | Nathan Petesch, Marquette Catholic, Bellevue | 16:36.0 |
| 2006 | 4A | Stephen Dak, Marshalltown | 15:05.0 |
| | 3A | Isaac Wendland, Charles City | 16:06.0 |
| | 2A | Nate Dotterweich, Monticello | 16:22.0 |
| | 1A | Nick Gallagher, Bedford | 16:04.0 |
| 2007 | 4A | Devin Allbaugh, Pleasant Valley | 15:39.0 |
| | 3A | Isaac Wendland, Charles City | 15:47.0 |
| | 2A | Nate Dotterweich, Monticello | 15:43.0 |
| | 1A | Aaron Vosberg, Prairie Valley, Gowrie | 15:56.0 |
| 2008 | 4A | J.T. McCarthy, Burlington | 15:21.0 |
| | 3A | Evan Selsor, Winterset | 15:30.0 |
| | 2A | Eric Thien, Tipton | 16:17.0 |
| | 1A | Drew Sikkema, Prince of Peace, Clinton | 15:58.0 |
| 2009 | 4A | Marshall Moyer, Burlington | 15:48.0 |
| | 3A | Brogan Austin, Boone | 15:35.0 |
| | 2A | Garret Ehlers, OA-BCIG | 16:08.0 |
| | 1A | Bill Spencer, Iowa Mennonite School, Kalona | 16:26.0 |
| 2010 | 4A | Kevin Lewis, Ottumwa | 15:20.0 |
| | 3A | Johnny Fuller, Glenwood | 15:26.0 |
| | 2A | Alex Baldwin, Spirit Lake | 16:12.0 |

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|-------------|----|---|---------|
| | 1A | Bill Spencer, Iowa Mennonite School, Kalona | 15:54.0 |
| 2011 | 4A | Ben Anderson, Valley, West Des Moines | 15:02.0 |
| | 3A | Zach Buchheit, Pella | 15:09.9 |
| | 2A | Keith Byers, Spirit Lake..... | 15:36.0 |
| | 1A | Levi Storjohann, BCLUW, Conrad | 15:57.0 |
| | WC | Jordan Houdeshell, Linn-Mar, Marion..... | 17:04.0 |
| 2012 | 4A | Jason Thomas, Dowling Catholic, WDM | 15:02.0 |
| | 3A | Chandler Austin, Boone | 15:24.0 |
| | 2A | Will Norris, Spirit Lake..... | 15:25.0 |
| | 1A | Josh Sindelar, St. Albert, Council Bluff..... | 16:15.0 |
| | WC | Jordan Houdeshell, Linn-Mar, Marion..... | 18:26.0 |
| 2013 | 4A | Josh Evans, Linn-Mar, Marion | 15:19.4 |
| | 3A | Chandler Austin, Boone | 15:05.6 |
| | 2A | Michael Melchert, Monticello | 15:18.2 |
| | 1A | Kyle Kehoe, Denver | 16:17.4 |
| 2014 | 4A | Daniel Soto, Valley, West Des Moines | 15:24.2 |
| | 3A | Thomas Pollard, Gilbert | 15:04.5 |
| | 2A | Eric Lenz, Tipton | 16:09.2 |
| | 1A | Peyton Twedt, West Fork, Sheffield | 16:24.0 |
| 2015 | 4A | Ryan Schweizer, Dowling Catholic, WDM | 15:45.3 |
| | 3A | Logan Murray, Mount Pleasant..... | 16:17.2 |
| | 2A | C.J. May, Aplington-Parkersburg..... | 15:55.0 |
| | 1A | Andrew Stumbo, Ogden..... | 16:33.0 |
| 2016 | 4A | Patrick Bose, Johnston | 15:37.2 |
| | 3A | Jeremy Fopma, Marion | 16:02.6 |
| | 2A | Andrew Stumbo, Ogden..... | 15:53.6 |
| | 1A | Riley Bauer, North Union | 16:09.7 |
| 2017 | 4A | Tim Sindt, Ankeny..... | 15:23.7 |
| | 3A | Myles Bach, Center Point-Urbana | 15:49.1 |
| | 2A | Gable Sieperda, George-Little Rock/Central Lyon | 15:18.6 |
| | 1A | Riley Bauer, North Union | 16:14.2 |
| 2018 | 4A | Tim Sindt, Ankeny..... | 15:36.0 |
| | 3A | Cody Mertens, Mount Pleasant | 16:03.1 |
| | 2A | Reece Smith, Garner-Hayfield-Ventura | 16:00.7 |
| | 1A | Sean McDermott, Madrid | 16:16.4 |
| 2019 | 4A | Max Murphy, Pleasant Valley | 15:29.3 |
| | 3A | Nate Mueller, ADM, Adel | 15:45.7 |
| | 2A | Dylan Darsidan, Camanche | 16:02.0 |
| | 1A | Joshua Baudler, Nodaway Valley | 16:10.6 |
| 2020 | 4A | Jaysen Bouwers, Sioux City, North | 15:31.2 |
| | 3A | Nate Mueller, ADM, Adel | 15:28.7 |
| | 2A | Caleb Shumaker, Tipton | 16:13.2 |
| | 1A | Brady Griebel, Bellevue | 15:52.2 |

ALPHABETICAL LIST OF PAST INDIVIDUAL CHAMPIONS

| | |
|---------------------------|--|
| Allbaugh, Devin..... | Pleasant Valley 2007 |
| Aller, John..... | Dowling, Des Moines 1951 |
| Ancell, Larry..... | Oskaloosa 1960 |
| Anderson, Ben..... | Valley, West Des Moines 2011 |
| Anderson, Jerry..... | Valley, West Des Moines 1983 |
| Anderson, Kirk..... | Mason City 1978 |
| Arey, Mike..... | Preston 1972 |
| Aschim Mark..... | Decorah 1968 |
| Austin, Brogan..... | Boone 2009 |
| Austin, Chandler (2)..... | Boone 2012, 13 |
| | |
| Bach, Myles..... | Center Point-Urbana |
| Baldwin, Alec..... | Spirit Lake 2010 |
| Baudler, Joshua..... | Nodaway Valley, 2019 |
| Bauer, Danny..... | English Valleys, North English 1980 |
| Bauer, Riley (2)..... | North Union 2016, 17 |
| Beaver, Richard..... | Cedar 1957 |
| Beck, Doug..... | Preston 1966 |
| Beebe, John..... | Ottumwa 1934 |
| Bell, David (2)..... | Eagle Grove 1970, 71 |
| Berns, Jacob..... | MFL, MarMac 2003 |
| Betts, Clark..... | Des Moines, East 1959 |
| Betz, Jon..... | North Polk, Alleman 1977 |
| Bishop, Mark (2)..... | Indianola 1972, 74 |
| Blay, Bill (2)..... | Griswold 1991, 92 |
| Bolin, Dan..... | South Page, College Springs 1963 |
| Bolsem, Matthew..... | Oskaloosa 1932 |
| Bose, Patrick..... | Johnston 2016 |
| Bottger, Neal..... | Ollie 1949 |
| Bouwers, Jaysen..... | Sioux City, North 2020 |
| Bowerman, James..... | Sheldon 1964 |
| Bradley, Arvene..... | Hedrick 1958 |
| Brock, Rob (2)..... | Dubuque Senior 1994, 95 |
| Brower, Greg..... | Red Oak 1987 |
| Brown, Mark..... | Grinnell 1986 |
| Buchheit, Zach..... | Pella 2011 |
| Bunnell, Paul..... | Central Lee, Argyle 1984 |
| Burch, Tom..... | Des Moines, Tech 1950 |
| Burke, Joe..... | Columbus, Waterloo 1974 |
| Byers, Keith..... | Spirit Lake 2011 |
| Byrne, Joseph..... | Charles City, Immaculate Conception 1965 |
| | |
| Camarigg, Dwayne..... | Sanborn 1975 |
| Carpenter, Jason..... | Dubuque, Senior 1993 |
| Carrizales, Tom..... | Des Moines, Tech 1968 |
| Carter, Jeremy..... | Sheldon 1989 |
| Cassell, Chuck..... | Bishop Garrigan, Algona 1969 |
| Cassaday, Mike (2)..... | Miles 1967, 68 |
| Colony, Dean..... | Iowa City, West 1989 |
| Compton, Dave (2)..... | Sioux City, Central 1963, 64 |
| Connell, Bob..... | Columbus, Waterloo 1971 |
| Coohey, Calvin..... | Aquin, Cascade 1966 |
| Coppess, Phil..... | Oxford Junction 1971 |
| Corey, Trent..... | Dubuque, Senior 1996 |
| Cregeen, Mike..... | Clarinda 1973 |
| Crosser, Jerry..... | Eldora 1952 |
| | |
| Dak, Stephen (2)..... | Marshalltown 2005, 2006 |
| Dalton, Marty..... | Tri-Center, Neola 1993 |

| | |
|-------------------------------------|--|
| Darsidan, Dylan | Camanche, 2019 |
| Davis, Dylan (2) | A-D-M, Adel 2001, 02 |
| Davis, Jack (2) | Iowa City, University High 1946, 47 |
| Davis, Marvin | Lamont 1937 |
| Denny, Tom | Anita 1964 |
| Detar, Stacey | Albia 1988 |
| Diment, Mike | Des Moines, Hoover 1977 |
| Dolan, Ryan | Wahlert, Dubuque 2004 |
| Dotterweich, Nate (2) | Monticello 2006, 07 |
| Duffy, Wally | Shenandoah 1978 |
| Edmundson, Raymond (Berl) (3) | Thornburg 1938, 39, 40 |
| Eggert, Brett | Tipton 1975 |
| Ehlers, Garret | OA-BCIG 2009 |
| Eicken, Jim (2) | Davenport, Central 1973, 74 |
| Eneboe, Ed | West Sioux, Hawarden 1961 |
| Eno, Bill | Sheffield 1956 |
| Estabrook, Jonathan | Muscatine 1990 |
| Evans, Josh | Linn-Mar, Marion 2013 |
| Evans, Vernon (Mike) (2) | Des Moines, East 1935, 36 |
| Fish, Paul | Red Oak 1965 |
| Fitch, Jessie | Council Bluffs, Abraham Lincoln 1957 |
| Fleuher, Bill | Charles City 1951 |
| Flugum, Gary | Forest City 1993 |
| Fopma, Jeremy | Marion 2016 |
| Francois, Chris (2) | Davenport, North 1997, 98 |
| Frazier, Lynn | Iowa City, University High 1940 |
| Fuller, Johnny | Glenwood 2010 |
| Fuller, Rich | Davenport, Central 1975 |
| Gallagher, Ken | Marshalltown 1964 |
| Gallagher, Nick | Bedford 2006 |
| Garnes, John | Muscatine 1930 (tie with teammate Bob McElroy) |
| Gemberling, Don | Mechanicsville 1943 |
| Gingerich, Marty | Iowa Mennonite, Kalona 1980 |
| Glaser, Ben | Dowling Catholic, West Des Moines 2000 |
| Goebel, Harold | Knoxville 1939 |
| Good, Tom | Winterset 1960 |
| Goodman, Andy | West Marshall, State Center 1990 |
| Grandquist, Martin | Des Moines, East 1942 |
| Grant, Ben | Epworth, Western Dubuque 2003 |
| Grave, Doug | Boyden-Hull 1973 |
| Greiner, Don | Pekin, Packwood 1964 |
| Greiner, Steve | Pekin, Packwood 1978 |
| Grevengoed, Mike | Western Christian, Hull 1982 |
| Griebel, Brady | Bellevue 2020 |
| Griffith, Ron (2) | Valley, West Des Moines 1962, 63 |
| Grover, Mark | Ames 1973 |
| Gustafson, Carl | Des Moines, East 1937 |
| Halligan, Denny | West Sioux, Hawarden 1989 |
| Hamilton, Aaron (2) | Eagle Grove 2000, 2002 |
| Hammill, Paul | LeClaire 1937 |
| Hammons, Jeff | Iowa Valley, Marengo 1985 |
| Hammons, Mark | Iowa Valley, Marengo 1988 |
| Hansen, Dale | Columbus, Waterloo 1972 |
| Hanselman, Earl | LuVerne 1959 |
| Hansen, Jim (2) | Dike 1975, 76 |
| Hanson, Paul | Indianola 1970 |
| Hawes, Brian | Kee, Lansing 1981 |

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|------------------------------|--|
| Hellman, Larry..... | Bancroft, St John 1976 |
| Henderson, Joe..... | South Page, College Springs 1960 |
| Heppler, Dwaine | Sheldon 1985 |
| Herman, Nick | Ballard, Huxley 1997 |
| Hoegh, Curt..... | Elk Horn-Kimballton 1969 |
| Hoffman, Art..... | Klemme 1961 |
| Holms, Mike (2)..... | Valley, West Des Moines 1984, 85 |
| Hotz, Richard | Marion 1949 |
| Hough, Bob | Underwood 1955 |
| Hough, Ron | Underwood 1959 |
| Hughes, Bernie | Farragut 1966 |
| Hughes, Joe..... | South Tama County, Tama 1998 |
| Hughes, Mark (2) | Delwood, Elwood 1973, 74 |
| Jackson, William (Bill)..... | Minburn 1941 |
| Jackson, Randy | Iowa City, City High 1975 |
| Jacobs, Dick..... | Marion 1954 |
| Jacobs, Jeff..... | Clinton 1981 |
| Jasper, Loren | Fremont 1958 |
| Jensen, Richard..... | Madrid 1965 |
| Johnson, Mark (4)..... | Mason City 1969, 70, 71, 72 |
| Joiner, Jeff | Waukon 1990 |
| Juhl, David | Dike 1982 |
| Kehoe, Kyle..... | Denver 2013 |
| Kerkeart, Bill..... | Sheldon 1981 |
| Kielty, Tom | Urbandale 1969 |
| King, Warren | Muscatine 1931 |
| King, Deryl (3)..... | Valley, West Des Moines 1955, 56, 57 |
| Kooistra, Mike | Western Christian, Hull 1983 |
| Krall, Dan (2)..... | West Branch 1986, 87 |
| Krantz, Dave (2)..... | Columbus, Waterloo 1968, 69 |
| LaBond, Curtis (2)..... | Ankeny 1962, 63 |
| Ladehoff, Dave..... | Clinton 1987 |
| Lamp, Bill | Charlotte 1948 |
| Lattimer, Homer (3)..... | LeClaire 1954, 55, 56 |
| Lee, David | Des Moines, Tech 1962 |
| Lenz, Eric | Tipton 2014 |
| Lewis, Kevin | Ottumwa 2010 |
| Lightner, Kurt | Des Moines, East 1988 |
| Loper, Louis | Council Bluffs, Abraham Lincoln 1940 |
| Ludeen, John | Vinton 1936 |
| MacTaggart, Steve (2)..... | Starmont, Strawberry Point 1971, 72 |
| Manary, Larry..... | Fairfield 1949 |
| Martin, Mike | Sac City 1979 |
| Matsen, Vernon..... | Ames 1938 |
| May, C.J. | Aplington-Parkersburg 2015 |
| Mayer, Dan (2) | West Central Valley, Stuart 2004, 05 |
| McCarthy, J.T..... | Burlington 2008 |
| McCauley, Jim | Bishop Heelan, Sioux City 1976 |
| McConnell, Dick..... | Nevada 1948 |
| McCurnin, Ryan | Mason City 2002 |
| McDermott, Sean..... | Madrid 2018 |
| McElroy, Bob..... | Muscatine 1930 (tie with teammate John Garnes) |
| McGivern, Gene..... | Assumption, Davenport 1975 |
| McGrew, Brent (2)..... | Decorah 1991, 92 |
| McKean, Rick..... | Missouri Valley 1976 |
| McKenna, Tim..... | NUH, Cedar Falls 2004 |
| McLennon, William..... | Dubuque 1941 |

| | |
|----------------------------|--|
| Meade, Leo | Mount Pleasant 1972 |
| Melchert, Michael..... | Monticello 2013 |
| Mertens, Cody..... | Mount Pleasant, 2018 |
| Milliken, Art | Hedrick 1970 |
| Moore, Burton | Stanley 1951 |
| Moore, Larry..... | Urbandale 1971 |
| Moyer, Marshall | Burlington 2009 |
| Mueller, Nate (2) | ADM, Adel 2019, 20 |
| Munson, Dan..... | Eldora 1953 |
| Murphy, Max | Pleasant Valley 2019 |
| Murray, Don (2)..... | Des Moines, East 1949, 50 |
| Murray, Logan..... | Mount Pleasant 2015 |
| | |
| Nansel, Boyd..... | Lewis Central 1973 |
| Norris, Will..... | Spirit Lake 2012 |
| | |
| Olson, Harry..... | Decorah 1956 |
| Olson, Ron (2)..... | Decorah 1958, 59 |
| O'Meara, Jack..... | Delmar 1946 |
| Ostwinkle, Steve | Algona 1974 |
| O'Rourke, Rick (3) | Villisca 1967, 68, 69 |
| Owen, Dan | Adel-DeSoto 1974 |
| Oxley, John | Marion 1943 |
| | |
| Parker, John..... | Bayard 1963 |
| Peacher, Tom (2)..... | Cardinal Stritch, Keokuk 1977, 78 |
| Pence, Ryan | Eldora-New Providence 1997 |
| Petersen, Raymond | Marion 1946 |
| Petesich, Nathan | Marquette Catholic, Bellevue 2005 |
| Pollard, Thomas..... | Gilbert 2014 |
| | |
| Raveling, John (3)..... | Saydel 1957, 58, 59 |
| Readout, John..... | Marshalltown 1961 |
| Reed, Dennis | Anita 1962 |
| Reis, Dan (2)..... | Turkey Valley, Jackson Jct 1995, 96 |
| Reis, Jon | Turkey Valley, Jackson Jct. 2001 |
| Renfro, Blair | Shenandoah 1975 |
| Rivers, Don (2)..... | Sioux City, Central 1960, 61 |
| Rivers, Tom..... | Sioux City, Central 1957 |
| Robinson, Calvin (2) | Mechanicsville 1944, 45 |
| Rockey, Daryl..... | Urbandale 1965 |
| Rohach, Joe (2) | Marshalltown 1965, 66 |
| Rubel, Nick..... | Marquette, Bellevue 1999 |
| Rump, Charley | Aquinas, Fort Madison 1970 |
| Rupert, Dick | Monroe 1950 |
| Ryan, Garold (3) | Underwood 1950, 51, 52 |
| Ryan, Paul | Underwood 1953 |
| | |
| Sand, Jesse | Cedar Rapids, Regis 1994 |
| Sanders, Dan (2)..... | Humboldt 1966, 67 |
| Schade, Bernard..... | LuVerne 1962 |
| Schade, John | LuVerne 1960 |
| Schaefer, Chris | Lincoln, Stanwood/Clarence-Lowden 1994 |
| Schneider, Chuck..... | Columbus, Waterloo 1967 |
| Schoberg, Tom | Bishop Heelan. Sioux City 1970 |
| Schreck, Dave..... | Cardinal Stritch, Keokuk 1979 |
| Schultz, Dennis | West Delaware, Manchester 1969 |
| Schweizer, Ryan..... | Dowling Catholic, WDM 2015 |
| Sellers, Larry..... | Russell 1964 |
| Selsor, Evan..... | Winterset 2008 |
| Sieperda, Gable | George-Little Rock/Centr5al Lyon 2017 |

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|----------------------------------|--|
| Shadden, Grant..... | Marshalltown 1999 |
| Shumaker, Caleb | Tipton 2020 |
| Sikkema, Drew | Prince of Peace, Clinton 2008 |
| Sindelar, Josh | St. Albert, Council Bluffs 2012 |
| Sindt, Tim (2) | Ankeny 2017, 18 |
| Sink, Eric..... | Corning 2003 |
| Skahill, Mark (2)..... | Villisca 1970, 71 |
| Sloan, Paul (2) | Des Moines, East 1944, 45 |
| Smith, Edward..... | Iowa City, University High 1942 |
| Smith, Caesar (2)..... | Des Moines, North 1952, 53 |
| Smith, Doug (3)..... | Sioux City, Central 1965, 66, 67 |
| Smith, Reece | Garner-Hayfield-Ventura 2018 |
| Soto, Daniel | Valley, West Des Moines 2014 |
| Soule, Bob | Bishop Heelan, Sioux City 1982 |
| Spencer, Bill (2) | Iowa Mennonite School, Kalona 2009, 10 |
| Stanley, Scott..... | Malvern 1995 |
| Steines, Tait | Calamus-Wheatland 1996 |
| Storjohann, Levi..... | BCLUW, Conrad 2011 |
| Strohman, Joe..... | English Valleys, North English 1974 |
| Stumbo, Andrew (2)..... | Ogden 2015, 16 |
| Sundall, Adam..... | Bishop Garrigan, Algona 1998 |
| Sundell, Steve | Odebolt-Arthur 1969 |
| Swanson, Delos | Sheffield 1954 |
| | |
| Taylor, Dan | Fort Dodge 2001 |
| Terrell, Richard (2) | Iowa City, University High 1944, 45 |
| Thiesen, Bill (2) | Dowling Catholic, West Des Moines 1979, 80 |
| Thomas, Jason | Dowling Catholic, West Des Moines 2012 |
| Thomas, Jon | Des Moines Roosevelt 2003 |
| Thompson, Obie | Lamoni 1961 |
| Timson, Trent (2) | NUH, Cedar Falls 1983, 84 |
| Tindall, Brian | Pleasantville 1972 |
| Travis, Brian | Des Moines, Tech 1955 |
| Trimble, Bruce..... | Cedar Rapids, Roosevelt 1954 |
| Trimble, Ocie..... | Cedar Rapids, Roosevelt 1948 |
| Trimble, Ralph..... | Cedar Rapids, Jefferson 1958 |
| Twedt, Peyton | West Fork, Sheffield 2014 |
| | |
| Uhl, Kiel..... | Des Moines Roosevelt 2004 |
| | |
| Vacik, George | West Branch 1938 |
| Van Engen, Dan (2) | Unity Christian, Orange City 1999, 2000 |
| Vosberg, Aaron | Prairie Valley, Gowrie 2007 |
| | |
| Walker, Gerald (Jerry) (2) | Marion 1952, 53 |
| Wall, Brad..... | Clinton 1986 |
| Walters, Vance..... | Des Moines, East 1943 |
| Wendland, Isaac (3)..... | Charles City 2005, 2006, 2007 |
| Whitaker, Charles | Council Bluffs, Abraham Lincoln 1948 |
| Wilson, Bob..... | Red Oak 1967 |
| Wilson, Randy | Knoxville 1973 |
| Wilson, Richard..... | Adel 1939 |
| Wilson, Tim (2)..... | Clarke, Osceola 1979, 80 |
| Wood, Dale | Mechanicsville 1933 |
| Wright, Simeon (2)..... | Dubuque, Senior 1991, 92 |
| | |
| Zinnel, Jim..... | Algona 1977 |
| Zollar, Frank..... | Iowa City, University High 1941 |

INDIVIDUAL WHEELCHAIR CHAMPIONS

Jordan Houdeshell (2)..... Linn-Mar 2011, 12

Coaches of State Championship Teams

Achenbach, Gary Boone 2013
Altena, Alden..... Western Christian, Hull 1973
Altfillisch, John (2)..... Clarinda 1962, 63
Arens, Jerry..... Cresco, Notre Dame 1971
Augustine, Mike (5)..... Des Moines, East 1937, 41, 42, 43, 49

Becker, Jerry (2) Eagle Grove 1984, 87
Becker, Troy (2) Cedar Falls 2004, 05
Belby, Erik (4)..... Pleasant Valley 2006, 07, 08, 17
Bergan, Bill..... Columbus Catholic, Waterloo 1969
Bjorkgren, Paul (2)..... Underwood 1953, 54
Bottorff, Gary (5) Kee, Lansing 19809, 81, 82, 88, 89
Boughton, Jim (3)..... Dubuque, Senior 1987, 95, 98
Bouma, Glenn (2)..... Unity Christian, Orange City 1977, 83
Boyle, George (4)..... Aquinas, Fort Madison 1970, 71, 78, 79
Brechler, Paul..... Iowa City, University High 1942
Brown, Bob (5) Regina, Iowa City 1993, 97, 98, 2003, 04
Brown, David..... Lincoln Central, Gruver 1966
Brown, Steve (3) Des Moines, Roosevelt 2001, 02, 03
Brown, Victor..... Napier 1948
Buel, Ron Cardinal Stritch, Keokuk 1980
Burmeister, Darrell (4)..... Nodaway Valley 2002, 15, 16, 17

Carpenter, Dr. M.F. (3)..... Iowa City, University High 1940, 41, 43
Caviness, D.W. Clarinda 1956
Chew, Fee..... Council Bluffs, Abraham Lincoln 1948
Clefish, Dale Sheldon 1981
Coberly, Curt..... Denver 1994
Collinge, Cole..... Cedar Falls 1969
Conway, Scott (2) South Winneshiek, Calmar 2006, 08 (co-coach)
Cretzmeyer, F.X. (3) Des Moines, North 1944, 45, 46
Cutler, Douglas (2)..... Pella 2009, 11

Davidshofer, Robert (6)..... Aquin, Cascade 1965, 66, 75; Cascade 83, 85, 86
Day, Jesse Davenport 1951
Dean, Ken (5)..... Marshalltown 1960, 61, 64, 65, 66
Dennison, Steve..... Calamus-Wheatland 1996
DeVault, Dale (4) Eldora 1952, 53, 54; BCL, Conrad 1969
Dollar, Ambrose Underwood 1952
Dotson, Dick..... Waterloo, West 1970
Dunsworth, Ira..... Davenport, Central 1971

Eidahl, Davis (3)..... Anita 1963; Pekin, Packwood 1967, 68
Ehlinger, I.A..... Cedar Rapids, Roosevelt 1951
Eislager, Vern..... Mechanicsville 1945
Evelzizer, Dennis Decorah 2012
Exline, Dan..... Menlo 1957

Fiedler, Curt George-Little Rock/Central Lyon co-coach 2017
Fiedler, Lori George-Little Rock/Central Lyon co-coach 2017
Fiete, James..... Garnavillo 1970
Fitzgerald, Mike (5) Decorah 1972, 74, 76, 77, 78
Fitzpatrick, Jim Newman Catholic, Mason City 1979
Freeze, Jim Tri-County, Thornburg 1972

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|------------------------------|--|
| Geery, Henry..... | Saydel 1957 |
| Gemberling, D.C. (2)..... | Mechanicsville 1943, 44 |
| Gingerich, Marty..... | Iowa Mennonite School, Kalona 2009 |
| Goodell, Tom..... | Linn-Mar, Marion 2014 |
| Gourley, Lucas..... | Danville/New London 2020 |
| Graves, Ray (5)..... | Shenandoah 1974, 75, 88, 89, 91 |
| Grothus, Kelley (3)..... | Madrid 2018, 19, 20 |
| Halligan, Steve..... | West Sioux, Hawarden 1999 |
| Heidelbauer, Harlan (7)..... | Waukon 1993, 95, 96, 97, 98, 99, 2002 |
| Heinitz, Tim (2)..... | Spirit Lake 2008, 09 |
| Henningsen, Roger (3)..... | Odebolt-Arthur 1961, 62, 64 |
| Hetrick, Jim (2)..... | Central Clinton, DeWitt 2000, 2001 |
| Hipple, Les (9)..... | Marion 1945, 46, 48, 49, 50, 51, 52, 53, 54 |
| Hofman, Jim..... | Burlington 2009 |
| Holsclaw, Bill (6)..... | Clinton 1976, 79, 81, 82, 84, 86 |
| Horton, Tom (3)..... | Wahlert, Dubuque 2003, 04, 10 |
| Hospers, Eugene..... | Western Christian, Hull 1982 |
| Hostetler, Mark (2)..... | Iowa Mennonite, Kalona 1995; Mid-Prairie 2016 |
| Hummel, Phil (2)..... | Woodbine 1986, 87 |
| Hunn, Leonard..... | Muscatine 1930 |
| Hyke, Charles (2)..... | LeClaire 1955, 56 |
| Ives, Tim (6)..... | Dowling Catholic, WDM 2011, 12, 15, 16, 18, 19 |
| Jankovitz, Robert..... | Des Moines, Hoover 1977 |
| Jess, Scott..... | Bellevue 2015 |
| Johanson, Roger..... | Mount Vernon-Lisbon 2005 |
| Johnson, Doug..... | Anita 1964 |
| Joslin, Doug (2)..... | Marshalltown 1974, 75 |
| Juhl, Richard (2)..... | Dike 1973, 74 |
| Karpan, Tom (2)..... | Valley, West Des Moines 1955, 62 |
| Kauder, Andrew (2)..... | Xavier, Cedar Rapids 2006, 07 |
| Kearney, Kevin (2)..... | South Winneshiek, Calmar 2006, 08 (co-coach) |
| Kellenberger, Bill..... | Assumption, Davenport 1974 |
| Kjome, George (7)..... | Decorah 1957, 58, 59, 64, 66, 67, 68 |
| Koenigsfeld, Lou..... | Charles City, Immaculate Conception 1965 |
| Kroeze, Dan (2)..... | Western Christian, Hull 2003, 05 |
| Kruger, Arlen (2)..... | Miles 1968, 69 |
| Kruse, Bill..... | Sheldon 1971 |
| Kurth, E.A..... | LeClaire 1940 |
| Landas, Darryl (2)..... | Decorah 1990, 92 |
| Larsen, Buck..... | Chariton 1969 |
| Lee, Robert (5)..... | Garnavillo 1972, 73, 78; NUH, Cedar Falls 1984, 85 |
| Lindaman, Rich..... | Humboldt 1994 |
| Linder, Dave..... | Des Moines, Hoover 1970 |
| Long, Dave (4)..... | Sheffield-Chapin 1962, 63; Mason City 1972, 73 |
| Lyle, Jim (3)..... | Des Moines, North 1950, 52, 53 |
| Manship, Truman..... | Charles City 1951 |
| Maresh, Steve (2)..... | Iowa City, City High 1997, 99 |
| Marrero, Abdier..... | Sioux City, North 2020 |
| Masche, Robert..... | North Winneshiek, Decorah 1967 |
| Matthaidess, Troy..... | Wapsie Valley 2005 |
| McClure, Robert..... | Elliott 1955 |
| McCord, Jim..... | Centerville 1979 |
| McCormick, Eugene..... | Fremont 1950 |
| McGaffin, Charles..... | Winterset 1960 |
| McVicker, Doug..... | Farragut 1966 |

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|----------------------|--|
| Millikin, Harlan (2) | Ames 1967, 68 |
| Mitts, Ron (3) | Johnston 1971, 72, 73 |
| Morris, Mary | Bennett-Durant 2001 |
| Morrison, Dick | Red Oak 1966 |
| Mortimer, Randall | Minburn 1941 |
| Murtle, Rodney | Madrid 1965 |
| Neill, Craig | Lewis Central, Council Bluffs 1973 |
| Nelson, Irving | Mechanicsville 1946 |
| Newell, Don | Ottumwa 1940 |
| Niggemeyer, Eric | East Marshall, LeGrand 2014 |
| Noll, Don | Sanborn 1974 |
| Norris, Bill (2) | Ollie 1949; Oskaloosa 1957 |
| Obermiller, Ray (6) | Sioux City, Central 1957, 58, 61, 63, 64, 65 |
| Ormston, Bill | Ankeny 1969 |
| Palmer, Gayle (2) | Urbandale 1968, 70 |
| Peterson, Duane | West Sioux, Hawarden 1961 |
| Peterson, Roger | Odebolt-Arthur 1975 |
| Phelan, Steve (2) | Wapsie Valley, Fairbank 2000, 04 |
| Pollitt, Richard | BGM, Brooklyn 1970 |
| Pries, Matt (2) | Dallas Center-Grimes 2019, 20 |
| Provorse, Bob (2) | Sioux City, Central 1966, 67 |
| Prussman, Noel | Muscatine 1990 |
| Rannals, Al | Klemme 1961 |
| Ray, David | Miles 1964 |
| Reifenrath, Darrell | Central Lyon, Rock Rapids 1969 |
| Reingardt, Will | Northern University High, Cedar Falls 2010 |
| Reis, Mike | Red Oak 1967 |
| Rogers, Mel | Underwood 1959 |
| Sabelka, Sandy | Denver 2013 |
| Sage, Dave (2) | Waverly-Shell Rock 1975, 80 |
| Salberg, Chris | South Page, College Springs 1960 |
| Sauser, Dan (4) | Monticello 2007, 11, 12, 13 |
| Schafer, Roy | Fairfield 1949 |
| Schippers, John | Marion 1958 |
| Schroeder, Don | Muscatine 1978 |
| Schwarz, Bill (2) | Prairie, Cedar Rapids 2010, 13 |
| Schweizer, Frank (2) | Dowling, West Des Moines 1974, 85 |
| Shadle, Fred | Osage 1970 |
| Shaffer, Clayton (2) | Bancroft, St. John's 1976, 77 |
| Shorey, John | St. Albert, Council Bluffs 1992 |
| Short, Jeff | Garner-Hayfield 2015 |
| Silvey, Chuck (6) | Des Moines, Tech 1954, 55, 56, 59, 60, 62 |
| Sinram, Mike | Jesup 1990 |
| Skay, Jayme (3) | Iowa City High 1997, 99, 2000 |
| Sletten, John (4) | Ames 1973, 75, 83, 89 |
| Snell, Leland | Des Moines, Tech 1950 |
| Stanton, Walt (3) | South Page, College Springs 1959, 60; Red Oak 65 |
| Stidolph, Robert | Monroe 1950 |
| Stolze, Greg | Williamsburg 1991 |
| Stoppels, Paul | Grinnell 1963 |
| Stults, Greg | Knoxville 1980 |
| Swails, Sara | Iowa City, West 1988 |
| Swart, Kory (2) | Mount Vernon-Lisbon 2015, 16 |
| Swope, Chad (3) | Regina, Iowa City 2006, 07, 10 |
| Tassell, Dennis | Cedar Valley, Somers 1967 |

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|-------------------------------|---|
| Thomas, Aaron (3) | Gilbert 2014, 17, 18 |
| Tuttle, Vaughn..... | Stanley 1951 |
| VandenBerg, Rich..... | Unity Christian, Orange City 1976 |
| VanderLinden, Bob | Des Moines, Lincoln 1968 |
| Vogelgesang, Dave..... | Tipton 1975 |
| Walsh, Eric (2)..... | Tipton 2018, 19 |
| Wedemeyer, Ross | Iowa City, University High 1944 |
| Wehrkamp, Glen (2)..... | Sheffield-Chapin 1956, 58 |
| Weidman, Bob (2)..... | St. Albert, Council Bluffs 2011, 12 |
| Werling, Ron (2)..... | Indianola 1971, 72 |
| Wessels, Wayne (2)..... | Columbus, Waterloo 1971, 72 |
| Whitmore, Tom | Milford 1973 |
| Wickett, Bryce (4)..... | LuVerne 1958, 59, 60, 62 |
| Williams, A.L. (Bud) (5)..... | Iowa City, City High 1991, 92, 93, 94, 96 |
| Wolfe, Don | Cedar Rapids, Roosevelt 1948 |

SCHOOLS BOASTING IHSAA INDIVIDUAL STATE CHAMPIONS

| | | | |
|---|----|--|---|
| ADM, Adel..... | 5 | English Valleys, North English..... | 2 |
| Albia..... | 1 | Epworth, Western Dubuque..... | 1 |
| Algona..... | 2 | Fairfield..... | 1 |
| Ames..... | 2 | Farragut..... | 1 |
| Anita..... | 2 | Forest City..... | 1 |
| Ankeny..... | 4 | Fremont..... | 1 |
| Aplington-Parkersburg..... | 1 | | |
| Aquin, Cascade..... | 1 | Garner-Hayfield-Ventura..... | 1 |
| Aquinas, Fort Madison..... | 1 | George-Little Rock/Central Lyon..... | 1 |
| Assumption, Davenport..... | 1 | Gilbert..... | 1 |
| | | Glenwood..... | 1 |
| Ballard, Huxley..... | 1 | Grinnell..... | 1 |
| Bayard..... | 1 | Griswold..... | 2 |
| BCLUW, Conrad..... | 1 | | |
| Bedford..... | 1 | Hedrick..... | 2 |
| Bellevue..... | 1 | Humboldt..... | 2 |
| Bishop Garrigan, Algona..... | 2 | | |
| Bishop Heelan, Sioux City..... | 3 | Immaculate Conception, Charles City..... | 1 |
| Boone..... | 3 | Indianola..... | 3 |
| Boyden-Hull..... | 1 | Iowa City, City High..... | 2 |
| Burlington..... | 2 | Iowa City, West..... | 1 |
| | | Iowa Mennonite School, Kalona..... | 3 |
| Calamus-Wheatland..... | 1 | Iowa Valley, Marengo..... | 1 |
| Camanche..... | 1 | Johnston..... | 1 |
| Cardinal Stritch, Keokuk..... | 3 | | |
| Cedar Falls..... | 1 | Kee, Lansing..... | 1 |
| Cedar Rapids, Jefferson..... | 1 | Klemme..... | 1 |
| Cedar Rapids, Regis..... | 1 | Knoxville..... | 2 |
| Cedar Rapids, Roosevelt..... | 2 | | |
| Center Point-Urbana..... | 1 | Lamoni..... | 1 |
| Central Lee, Argyle..... | 1 | Lamont..... | 1 |
| Cedar Valley, Somers..... | 1 | LeClaire..... | 4 |
| Charles City..... | 3 | Lewis Central..... | 1 |
| Charlotte..... | 1 | Linn-Mar, Marion..... | 1 |
| Clarke, Osceola..... | 2 | LuVerne..... | 3 |
| Clarinda..... | 1 | | |
| Clinton..... | 3 | Madrid..... | 2 |
| Columbus Catholic, Waterloo..... | 6 | Malvern..... | 1 |
| Corning..... | 1 | Marion..... | 6 |
| Council Bluffs, Abraham Lincoln..... | 3 | Marquette, Bellevue..... | 2 |
| | | Marshalltown..... | 7 |
| Davenport, Central..... | 3 | Mason City..... | 6 |
| Davenport, North..... | 1 | Mechanicsville..... | 3 |
| Decorah..... | 6 | MFL, MarMac..... | 1 |
| Delmar..... | 1 | Miles..... | 2 |
| Delwood, Elwood..... | 2 | Minburn..... | 1 |
| Denver..... | 1 | Missouri Valley..... | 1 |
| Des Moines, East..... | 11 | Monroe..... | 1 |
| Des Moines, Hoover..... | 1 | Monticello..... | 3 |
| Des Moines, North..... | 2 | Mount Pleasant..... | 3 |
| Des Moines Roosevelt..... | 1 | Muscatine..... | 2 |
| Des Moines, Tech..... | 4 | | |
| Dike..... | 3 | Nevada..... | 1 |
| Dowling Catholic, DM/West Des Moines..... | 7 | Nodaway Valley..... | 1 |
| Dubuque, Senior..... | 7 | Northern University High, Cedar Falls..... | 2 |
| | | North Polk, Alleman..... | 1 |
| Eagle Grove..... | 4 | North Union..... | 2 |
| Eldora..... | 3 | | |
| Elk Horn-Kimballton..... | 1 | OA-BCIG..... | 1 |

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|-----------------------------------|---|---|----|
| Odebolt-Arthur | 1 | Stanley | 1 |
| Ollie | 1 | Stanwood, Lincoln/Clarence-Lowden | 1 |
| Ogden | 2 | Starmont, Strawberry Point | 2 |
| Oskaloosa | 1 | St. Albert, Council Bluffs | 1 |
| Ottumwa | 2 | St. John's, Bancroft | 1 |
| Oxford Junction | 1 | | |
| | | Thornburg | 3 |
| Pekin | 2 | Tipton | 4 |
| Pella | 1 | Tri-Center, Neola | 1 |
| Pleasant Valley | 2 | Turkey Valley, Jackson Jct. | 2 |
| Pleasantville | 1 | | |
| Preston | 1 | Underwood | 6 |
| Prince of Peace, Clinton | 1 | Unity Christian, Orange City | 2 |
| | | Urbandale | 3 |
| Red Oak | 3 | | |
| Russell | 1 | Valley, West Des Moines | 10 |
| | | Villisca | 5 |
| Sac City | 1 | Vinton | 1 |
| Sanborn | 1 | | |
| Saydel | 3 | West Branch | 3 |
| Sheffield | 2 | West Central Valley, Stuart | 2 |
| Sheldon | 4 | West Delaware, Manchester | 1 |
| Shenandoah | 2 | West Fork, Sheffield | 1 |
| Sioux City, Central | 8 | West Sioux, Hawarden | 2 |
| Sioux City, North | 1 | Western Christian, Hull | 2 |
| South Page, College Springs | 2 | Wahlert, Dubuque | 1 |
| South Tama County, Tama | 1 | Winterset | 2 |
| Spirit Lake | 3 | | |

TEAM RUNNER-UP YEAR BY YEAR

* Runner-up even though two teams tied for first

| | | | |
|---------------------------------------|---------------------------------|------|------------------------------|
| 1922 | Fort Dodge | 1939 | A Ottumwa |
| 1923 | Ottumwa | | B Adel |
| 1924 | Cedar Rapids, Washington | | C Thornburg |
| 1925 | Iowa City, University High | | |
| 1926 | Ottumwa | 1940 | A Fort Madison |
| 1927 | Knoxville | | B Williamsburg |
| 1928 | Muscatine | | C Thornburg |
| 1929 | Des Moines, East | | |
| First IHSAA State Meet in 1930 | | 1941 | A Knoxville |
| 1930 | Maquoketa | | B No Team |
| 1931 | Muscatine | | C No Team |
| 1932 | Muscatine | 1942 | A Cedar Rapids, Franklin |
| 1933 | Cedar Rapids, Grant | | B (Tie) Redfield; Iowa Falls |
| 1934 | (Tie) Ottumwa & Des Moines East | | |
| 1935 | Ottumwa | 1943 | A Keokuk |
| | | | B None |
| 1936 | A Ottumwa | | C None |
| | B Janesville (Finchford Cons.) | | |
| 1937 | A Ames | 1944 | A Des Moines, East |
| | B Vinton | | B Washington |
| | C LeClaire | | C Zearing |
| 1938 | A Ottumwa | 1945 | A Des Moines, East |
| | B Vinton | | B Iowa City, University High |
| | C Buffalo Center | | C Dayton |
| | | 1946 | A Iowa City |

| | | | |
|------|---------------------------------|------|---------------------------------------|
| | B Nevada | | AA Oskaloosa |
| | C Delmar | | A Clarinda |
| 1947 | No team scores kept in classes | | B Sheffield |
| 1948 | AA Des Moines, East | 1960 | C Agency |
| | A Iowa City | | AAA Sioux City, Central |
| | B Nevada | | AA Oskaloosa |
| | C Charlotte | | A West Des Moines |
| 1949 | AA Des Moines, North | | B Underwood |
| | A Cedar Rapids, Roosevelt | 1961 | C (T) Linn-Mar; So. Hamilton, Randall |
| | B *Iowa City, University High | | AAA Des Moines, Tech |
| | C None | | AA Decorah |
| 1950 | AA Des Moines, East | | A Clarinda |
| | A Cedar Rapids, Roosevelt | | B Linn-Mar, Marion |
| | B Iowa City, University | | C LuVerne |
| | C Ollie | 1962 | AAA Sioux City, Central |
| 1951 | AA (T) DM, Dowling; DM, North | | AA Marshalltown |
| | A *Cedar Rapids, McKinley | | A Grinnell |
| | B Grinnell | | B *Underwood |
| | C (T) Fremont; Oxford | 1963 | C Bayard |
| 1952 | AA Cedar Falls | | AAA Dubuque |
| | A Grinnell | | AA Oskaloosa |
| | B Garner | | A Red Oak |
| | C Stanley | | B Odebolt-Arthur |
| 1953 | AA Des Moines, East | | C Bayard |
| | A Grinnell | 1964 | AAAA Des Moines, Tech |
| | B Osage | | AAA Ames |
| | C Stanley | | AA Red Oak |
| 1954 | AA Des Moines, North | | A West Sioux, Hawarden |
| | A West Des Moines | | B Alta |
| | B LeClaire | | C Bayard |
| | C Sheffield | 1965 | AAAA Davenport, West |
| 1955 | AA Des Moines, Lincoln | | AAA Sioux City, East |
| | A Grinnell | | AA Grinnell |
| | B Mount Vernon | | A West Sioux, Hawarden |
| | C Gibson | | B Fredericksburg |
| 1956 | AA Des Moines, Lincoln | | C Elwood |
| | A West Des Moines | 1966 | AAAA Des Moines, Tech |
| | B Griswold | | AAA Ames |
| | C Grand Junction | | AA *Nevada |
| 1957 | AAA (T) DM, East; DM, Roosevelt | | B West Sioux, Hawarden |
| | AA Des Moines, North | | C Madrid |
| | A Cedar Falls | | D Bellevue |
| | B Sheffield | 1967 | AAAA Des Moines, Tech |
| | C South Page, College Springs | | AAA Columbus Catholic, Waterloo |
| 1958 | AAA Cedar Rapids, Jefferson | | AA Eagle Grove |
| | AA Cedar Falls | | A Aquin, Cascade |
| | A Odebolt-Arthur | | B Prairie, Gowrie |
| | B Eldon | | C *Miles |
| | C Gowrie | 1968 | AAAA Davenport, West |
| 1959 | AAA Sioux City, Central | | AAA Des Moines, Hoover |
| | | | AA Eagle Grove |
| | | | A Prairie, Cedar Rapids |
| | | | B Beaman-Conrad |

| | | | | | |
|------|------|---------------------------------------|------|----|----------------------------------|
| | | C Elk Horn-Kimballton | | | |
| 1969 | AAAA | Davenport, West | 1976 | 2A | Marshalltown |
| | AAA | Des Moines, Hoover | | 1A | (T) Centerville; Cherokee |
| | | | | B | Lake City |
| | | | | C | North Winneshiek, Decorah |
| | AA | West Delaware, Manchester | | | |
| | A | (T) Prairie, CR; Eagle Grove | 1977 | 2A | Muscatine |
| | B | Odebolt-Arthur | | 1A | Clarke, Osceola |
| | C | Montezuma | | B | Cascade |
| | D | Pocahontas Catholic | | C | Cardinal Stritch, Keokuk |
| 1970 | AAAA | Cedar Falls | 1978 | AA | Columbus Catholic, Waterloo |
| | AAA | Sioux City, East | | A | Cascade |
| | AA | Indianola | | B | Newman Catholic, Mason City |
| | AA | Indianola | | C | Bancroft, St. John's |
| | A | Vinton, Washington | | | |
| | B | Aquin, Cascade | 1979 | 2A | Muscatine |
| | C | Villisca | | 1A | Pella Christian |
| | D | Hedrick | | B | Kee, Lansing |
| | | | | C | Cardinal Stritch, Keokuk |
| 1971 | AAAA | (T) Mason City; Dowling Catholic, WDM | | | |
| | AAA | (T) Sioux City, East; | 1980 | 2A | (T) Clinton; Oelwein |
| | | Bishop Heelan, Sioux City | | 1A | Glenwood |
| | AA | Grinnell | | B | Belle Plaine |
| | A | Eagle Grove | | C | Cresco, Notre Dame |
| | B | North Fayette, West Union | | | |
| | C | Villisca | 1981 | 3A | Waverly-Shell Rock |
| | D | Garnavillo | | 2A | Knoxville |
| | | | | 1A | BGM, Brooklyn |
| 1972 | AAAA | Marshalltown | | | |
| | AAA | Ames | 1982 | 3A | Ames |
| | AA | Assumption, Davenport | | 2A | Sheldon |
| | A | Western Christian, Hull | | 1A | Gilbert |
| | B | Tipton | | | |
| | C | Aquinas, Fort Madison | 1983 | 3A | Clinton |
| | D | MarMac, McGregor | | 2A | Grinnell |
| | | | | 1A | No. University High, Cedar Falls |
| 1973 | AAAA | Davenport, West | | | |
| | AAA | (T) Columbus Catholic, Waterloo; | 1984 | 3A | Marshalltown |
| | | Dowling Catholic, WDM | | 2A | Glenwood |
| | AA | Marion | | 1A | Unity Christian, Orange City |
| | A | Knoxville | | | |
| | B | Tipton | 1985 | 3A | Clinton |
| | C | Thornburg | | 2A | Eagle Grove |
| | D | *MarMac, McGregor | | 1A | Unity Christian, Orange City |
| 1974 | AAAA | Davenport, Central | | | |
| | AAA | Ames | 1986 | 3A | Dubuque, Senior |
| | AA | Charles City | | 2A | Clear Lake |
| | A | Algona | | 1A | Brooklyn, BGM |
| | B | Tipton | | | |
| | C | Unity Christian, Orange City | 1987 | 3A | Indianola |
| | D | Goldfield | | 2A | Cascade |
| | | | | 1A | Eldora-New Providence |
| 1975 | AAAA | Waterloo, West | | | |
| | AAA | Dowling Catholic, WDM | 1988 | 3A | Clinton |
| | AA | Boone | | 2A | Centerville |
| | A | Decorah | | 1A | South Hamilton, Jewell |
| | B | West Sioux, Hawarden | | | |
| | C | Unity Christian, Orange City | 1989 | 3A | Muscatine |
| | D | Clinton, St. Mary's | | 2A | Waukon |
| | | | | 1A | Belmond |

| | | | |
|------|---|------|---|
| 1990 | 3A Des Moines, East 2A Waukon 1A No. University High, Cedar Falls | 2005 | 4A Cedar Rapids, Kennedy 3A Wahlert Catholic, Dubuque 2A Clarinda 1A Regina, Iowa City |
| 1991 | 3A Iowa City, West 2A St. Albert, Co. Bluffs 1A Clinton, Mater Dei | 2006 | 4A Marshalltown 3A Wahlert Catholic, Dubuque 2A Monticello 1A Griswold |
| 1992 | 3A Dubuque, Senior 2A Waukon 1A Calamus-Wheatland | 2007 | 4A Des Moines, Roosevelt 3A Pella 2A Wilton 1A South Winneshiek, Calmar |
| 1993 | 3A Dubuque, Senior 2A Western Christian, Hull 1A Gilbert | 2008 | 4A Iowa City, City High 3A Pella 2A PCM, Monroe 1A Iowa Mennonite School, Kalona |
| 1994 | 3A Wahlert, Dubuque 2A Waukon 1A Eagle Grove | 2009 | 4A Prairie, Cedar Rapids 3A Boone 2A South Winneshiek, Calmar 1A BCLUW, Conrad |
| 1995 | 3A Cedar Falls 2A Humboldt 1A Woodbine | 2010 | 4A Dowling Catholic, WDM 3A Knoxville 2A Spirit Lake 1A Central, Elkader |
| 1996 | 3A Cedar Falls 2A Nevada 1A Iowa Mennonite School, Kalona | 2011 | 4A Cedar Falls 3A Decorah 2A Gilbert 1A West Lyon |
| 1997 | 3A Dubuque, Senior 2A Unity Christian 1A Eldora-New Providence | 2012 | 4A Pleasant Valley 3A Pella 2A North Polk 1A Denver |
| 1998 | 3A Iowa City, City High 2A Webster City 1A Collins-Maxwell-Baxter | 2013 | 4A Johnston 3A Charles City 2A Gilbert 1A West Fork, Sheffield |
| 1999 | 3A Marshalltown 2A Unity Christian, Orange City 1A Dike-New Hartford | 2014 | 4A Prairie, Cedar Rapids 3A Mount Vernon-Lisbon 2A Monticello 1A West Fork, Sheffield |
| 2000 | 3A Des Moines, Roosevelt 2A Waukon 1A Regina, Iowa City | 2015 | 4A Cedar Falls 3A Grinnell 2A Unity Christian, Orange City 1A Pekin |
| 2001 | 3A Iowa City, City High 2A Mount Vernon-Lisbon 1A Wapsie Valley | 2016 | 4A Pleasant Valley 3A Grinnell 2A Unity Christian, Orange City 1A Pekin |
| 2002 | 3A Valley, West Des Moines 2A Monticello 1A Marquette Catholic, Bellevue | | |
| 2003 | 4A Iowa City, City High 3A Mount Vernon-Lisbon 2A Nodaway Valley 1A Midland, Wyoming | | |
| 2004 | 4A Des Moines, Roosevelt 3A Mount Vernon-Lisbon 2A Western Christian, Hull 1A Central, Elkader | | |

| | | |
|------|----|--------------------------|
| 2017 | 4A | Dubuque, Hempstead |
| | 3A | Dallas Center-Grimes |
| | 2A | Mid-Prairie, Wellman |
| | 1A | Bellevue |
| 2018 | 4A | Dubuque, Hempstead |
| | 3A | Clear Creek-Amana |
| | 2A | Bellevue |
| | 1A | Calamus-Wheatland |
| 2019 | 4A | Pleasant Valley |
| | 3A | Clear Creek-Amana |
| | 2A | Des Moines Christian |
| | 1A | Nodaway Valley |
| 2020 | 4A | Dowling Catholic, W.D.M. |
| | 3A | Solon |
| | 2A | Tipton |
| | 1A | Earlham |

IHSAA TEAM RUNNERS-UP – Alphabetical

| | | |
|---------------------------------|---|---|
| Adel | 1939 | 1 |
| Agency | 1959 | 1 |
| Algona | 1974 | 1 |
| Alta | 1964 | 1 |
| Ames | 1937, 64, 66, 72, 74, 82 | 6 |
| Aquin, Cascade | 1967, 70 | 2 |
| Aquinas, Fort Madison | 1972 | 1 |
| Assumption, Davenport | 1972 | 1 |
| Bancroft, St. John | 1978 | 1 |
| Bayard | 1962, 63, 64 | 3 |
| Beaman-Conrad | 1968 | 1 |
| BCLUW, Conrad | 2009 | 1 |
| Belle Plaine | 1980 | 1 |
| Bellevue | 1966, 2017, 18 | 3 |
| Belmond | 1989 | 1 |
| BGM, Brooklyn | 1981, 86 | 2 |
| Bishop Heelan, Sioux City | 1971 | 1 |
| Boone | 1975, 2009 | 2 |
| Buffalo Center | 1938 | 1 |
| Calamus-Wheatland | 1992, 2018 | 2 |
| Cardinal Stritch, Keokuk | 1977, 79 | 2 |
| Cascade | 1977, 78, 87 | 3 |
| Cedar Falls | 1952, 57, 58, 70, 95, 96, 2011, 15, | 8 |
| Cedar Rapids, Franklin | 1942 | 1 |
| Cedar Rapids, Grant | 193 | 1 |
| Cedar Rapids, Jefferson | 1958 | 1 |
| Cedar Rapids, Kennedy | 2005 | 1 |
| Cedar Rapids, McKinley | 1951 | 1 |
| Cedar Rapids, Roosevelt | 1949, 50 | 2 |
| Centerville | 1976, 88 | 2 |
| Central, Elkader | 2004, 10 | 2 |
| Charles City | 1974, 2013 | 2 |
| Charlotte | 1948 | 1 |

| | | |
|--|---|----|
| Cherokee, Washington | 1976 | 1 |
| Clarinda..... | 1959, 61, 2005 | 3 |
| Clarke, Osceola | 1977 | 1 |
| Clear Creek-Amana | 2018, 19 | 2 |
| Clear Lake..... | 1986 | 1 |
| Clinton | 1980, 83, 85, 88 | 4 |
| Clinton, St. Mary's; Mater Dei | 1975, 91 | 2 |
| CMB, Baxter..... | 1998 | 1 |
| Columbus Catholic, Waterloo | 1967, 73, 78 | 3 |
| Cresco, Notre Dame | 1980 | 1 |
| | | |
| Dallas Center-Grimes | 2017 | 1 |
| Davenport, Central..... | 1974 | 1 |
| Davenport, West | 1965, 68, 69, 73 | 4 |
| Dayton..... | 1945 | 1 |
| Decorah..... | 1961, 75, 2011 | 3 |
| Delmar..... | 1946 | 1 |
| Denver..... | 2012 | 1 |
| Des Moines Christian..... | 2019 | 1 |
| Des Moines, East..... | 1934, 44, 45, 48, 50, 53, 57, 90 | 8 |
| Des Moines, Hoover | 1968, 69 | 2 |
| Des Moines, Lincoln..... | 1955, 56 | 2 |
| Des Moines, North | 1949, 51, 54, 57 | 4 |
| Des Moines, Roosevelt..... | 1957, 2000, 04, 07 | 4 |
| Des Moines, Tech..... | 1961, 64, 66, 67 | 4 |
| Dike-New Hartford | 1999 | 1 |
| Dowling Catholic, West Des Moines..... | 1951, 71, 73, 75, 2010, 20 | 6 |
| Dubuque, Hempstead | 2017, 18 | 2 |
| Dubuque, Senior | 1963, 86, 92, 93, 97 | 5 |
| | | |
| Eagle Grove | 1967, 68, 69, 71, 85, 94 | 6 |
| Earlham..... | 2020 | 1 |
| Eldon | 1958 | 1 |
| Eldora-New Providence | 1987, 97 | 2 |
| Elk Horn-Kimballton | 1968 | 1 |
| Elwood | 1965 | 1 |
| | | |
| Fredericksburg | 1965 | 1 |
| Fremont..... | 1951 | 1 |
| Fort Madison | 1940 | 1 |
| | | |
| Garnavillo | 1971 | 1 |
| Garner | 1952 | 1 |
| Gibson..... | 1955 | 1 |
| Gilbert..... | 1982, 93, 2011, 13 | 4 |
| Glenwood..... | 1980, 84 | 2 |
| Goldfield | 1974 | 1 |
| Grand Junction..... | 1956 | 1 |
| Grinnell..... | 1951, 52, 53, 55, 62, 65, 71, 83, 2015, 16..... | 10 |
| Griswold | 1956, 2006 | 2 |
| | | |
| Hedrick | 1970 | 1 |
| Humboldt..... | 1995 | 1 |
| | | |
| Indianola..... | 1970, 87 | 2 |
| Iowa City; Iowa City, City High..... | 1946, 48, 98, 2001, 03, 08 | 5 |
| Iowa City, University High | 1945, 49, 50 | 3 |
| Iowa City, West | 1991 | 1 |
| Iowa Falls..... | 1942 | 1 |
| Iowa Mennonite, Kalona | 1996, 2008 | 2 |

| | | |
|--|---------------------------------|---|
| Janesville (Finchford Consolidated)..... | 1936 | 1 |
| Johnston..... | 2013 | 1 |
| Kee, Lansing | 1979 | 1 |
| Keokuk | 1943 | 1 |
| Knoxville..... | 1941, 73, 81, 2010 | 4 |
| Lake City | 1976 | 1 |
| LeClaire..... | 1937, 54 | 2 |
| Linn-Mar, Marion..... | 1960, 61 | 2 |
| LuVerne..... | 1961 | 1 |
| Madrid | 1966 | 1 |
| Maquoketa | 1930 | 1 |
| Marion | 1973, 2016 | 2 |
| Mar-Mac, McGregor..... | 1972, 73 | 2 |
| Marquette, Bellevue | 2002 | 1 |
| Marshalltown | 1962, 72, 76, 84, 99, 2006..... | 6 |
| Mason City | 1971 | 1 |
| Mid-Prairie, Wellman..... | 2017 | 1 |
| Midland, Wyoming | 2003 | 1 |
| Miles..... | 1967 | 1 |
| Montezuma | 1969 | 1 |
| Monticello..... | 2002, 06, 14 | 3 |
| Mount Vernon | 1955 | 1 |
| Mount Vernon-Lisbon..... | 2001, 03, 04, 14 | 4 |
| Muscatine..... | 1931, 32, 77, 79, 89 | 5 |
| Nevada..... | 1946, 48, 66, 96 | 4 |
| Newman Catholic, Mason City..... | 1978 | 1 |
| Nodaway Valley | 2003, 19 | 2 |
| North Fayette, West Union..... | 1971 | 1 |
| North Winneshiek, Decorah | 1976 | 1 |
| North Polk | 2012 | 1 |
| NUH, Cedar Falls..... | 1983, 90 | 2 |
| Odebolt-Arthur | 1958, 63, 69 | 3 |
| Oelwein | 1980 | 1 |
| Ollie | 1950 | 1 |
| Osage..... | 1953 | 1 |
| Oskaloosa | 1959, 60, 63 | 3 |
| Ottumwa..... | 1934, 35, 36, 38, 39 | 5 |
| Oxford | 1951 | 1 |
| PCM, Monroe | 2008 | 1 |
| Pekin | 2015, 16 | 2 |
| Pella | 2007, 08, 12 | 3 |
| Pella Christian..... | 1979 | 1 |
| Pleasant Valley | 2012, 16, 19 | 3 |
| Pocahontas Catholic..... | 1969 | 1 |
| Prairie, Cedar Rapids..... | 2009, 14 | 2 |
| Prairie, Gowrie | 1958, 67, 68, 69 | 4 |
| Red Oak | 1963, 64 | 2 |
| Redfield..... | 1942 | 1 |
| Regina, Iowa City..... | 2000, 05 | 2 |
| Sheffield | 1954, 57, 59 | 3 |
| Sheldon | 1982 | 1 |
| Sioux City, Central | 1959, 60, 62 | 3 |
| Sioux City, East..... | 1965, 70, 71 | 3 |

| | | |
|------------------------------------|--|---|
| Solon | 2020 | 1 |
| South Hamilton, Jewell | 1988 | 1 |
| South Hamilton, Randall | 1960 | 1 |
| South Page, College Springs | 1957 | 1 |
| South Winneshiek, Calmar | 2007, 2009 | 2 |
| Spirit Lake | 2010 | 1 |
| St. Albert, Council Bluffs | 1991 | 1 |
| Stanley | 1952, 53 | 2 |
| Thornburg | 1939, 40, 73 | 3 |
| Tipton | 1972, 73, 74, 2020 | 4 |
| Underwood | 1960, 62 | 2 |
| Unity Christian, Orange City | 1974, 75, 84, 85, 97, 99, 2015, 16 | 8 |
| Valley, West Des Moines | 1954, 56, 60, 2002 | 4 |
| Villisca | 1970, 71 | 2 |
| Vinton, Washington | 1937, 38, 70 | 3 |
| Wahlert, Dubuque | 1994, 2005, 06 | 3 |
| Wapsie Valley, Fairbank | 2001 | 1 |
| Washington | 1944 | 1 |
| Waterloo, West | 1975 | 1 |
| Waukon | 1989, 90, 92, 94, 2000 | 5 |
| Waverly-Shell Rock | 1981 | 1 |
| Webster City | 1998 | 1 |
| West Delaware, Manchester | 1969 | 1 |
| West Fork, Sheffield | 2013, 14 | 2 |
| West Lyon, Inwood | 2011 | 1 |
| West Sioux, Hawarden | 1964, 65, 66, 75 | 4 |
| Western Christian, Hull | 1972, 73, 2004 | 3 |
| Williamsburg | 1940 | 1 |
| Wilton | 2007 | 1 |
| Woodbine | 1995 | 1 |
| Zearing | 1944 | 1 |

INDIVIDUAL RUNNERS-UP - YEAR-BY-YEAR
Note: Some years only the winning time was recorded

2 Miles

| | | |
|-------------|--|---------|
| 1922 | Shipman, Fort Dodge | |
| 1923 | Wallace Elliott, Iowa City | |
| 1924 | McBaine, Fort Dodge | |
| 1925 | Smith, Cedar Rapids, Grant | |
| 1926 | Thomas Kelly, Parnell | |
| 1927 | Ralph Cozine, Iowa City, University High | |
| 1928 | Milo Wilson, Des Moines, East | |
| 1929 | George Holmes, Des Moines, East | |
| | (First Official IHSAA Meet, 1930) | |
| 1930 | John Garnes & Bob McElroy Muscatine (tied 1-2) | 11:00.5 |
| 1931 | Clarence Tesch, Grafton | NT |
| 1932 | Richard Beebe, Ottumwa | NT |
| 1933 | John Schmidt, Ottumwa | NT |
| 1934 | Frank Silver, Des Moines, East | NT |

1.9 Miles

| | | |
|-------------|--|----|
| 1935 | Ray Davis, Oskaloosa | NT |
| 1936 | A Neal Hamilton, Oskaloosa | NT |
| | B Edwin Meyers, Iowa City, University High | NT |

| | | | |
|------|----|---|-------------------------|
| 1937 | A | Laurence Inman, Oelwein | NT |
| | B | Donald Spencer, Iowa City, University High | NT |
| | C | Dale Winey, Clarence | NT |
| 1938 | A | Stanley McCargar, Oskaloosa | NT |
| | B | Charles Wright, Monticello | NT |
| | C | Walter Maytag, Laurel | NT |
| 1939 | A | Howard Goebel, Knoxville | NT |
| | B | Charles Fetzter, Williamsburg | NT |
| | C | Ralph Zepp, Martinsburg | NT |
| 1940 | A | Albert Slater, Fort Madison | NT |
| | B | Fred Zollar, Iowa City, University High | NT |
| | C | Kenneth McFate, LeClaire | NT |
| 1941 | A | Louis Loper, Council Bluffs, Abraham Lincoln | 11:19.4 |
| | B | Frank Zollar, Iowa City, University High | 11:58.5 |
| | C | Daryl Thompson, Minburn | NT |
| 1942 | A | Howard Cole, Cedar Rapids, Franklin | NT |
| | B | Bob Hartsock, Iowa City, University High | NT |
| 1943 | A | Harold Williams, Des Moines, East | NT |
| | B | Richard Terrell, Iowa City University High | NT |
| | C | Kelvin Robinson, Mechanicsville | NT |
| 1944 | A | Lawrence Smith, Ottumwa | 10:54.5 |
| | B | Stanley Murray, Iowa City, University High | 11:02.5 |
| | C | Smith Oakes, Zearing | 11:30.1 |
| 1945 | A | Keith Sanford, Cedar Rapids, Franklin | NT |
| | B | Russell Benedict, Marion | NT |
| | C | Casper Robinson, Mechanicsville | NT |
| 1946 | A | Bob Hoak, Des Moines, Roosevelt | NT |
| | B | Eugene Hastings, Marion | NT |
| | C | Vernon Svoboda, Mechanicsville | NT |
| 1947 | | One race run for all classes due to weather - no runner-up reported | |
| 1948 | AA | George Sullivan, Des Moines, East | NT |
| | A | Stan Petrick, Cedar Rapids, Roosevelt | NT |
| | B | Allen Mally, Marion | NT |
| | C | Arthur Trumbower, Napier | NT |
| 1949 | AA | John Williams, Cedar Rapids, Franklin | NT |
| | A | Donald Jones, Cedar Rapids, Roosevelt | NT |
| | B | Allen Mally, Marion | NT |
| | C | Eugene Kessell, Ollie | NT |
| 1950 | | | <u>2 Mile</u> |
| | AA | Galen Hassen, Council Bluffs, Abraham Lincoln | NT |
| | A | Charles Bauserman, Cedar Rapids, Roosevelt | NT |
| | B | Richard Hotz, Marion | NT |
| | C | Roger Runkle, Ollie | NT |
| 1951 | | | <u>1.8 Miles</u> |
| | AA | Carl Zimmerman, Waterloo, West | 9:48.4 |
| | A | Roy Bever, Charles City | 10:45.4 |
| | B | Gerald Walker, Marion | 10:11.1 |

| | | | |
|-------------|------|---|---------|
| | C | Harold Crowe, Fremont..... | 10:43.1 |
| 1952 | AA | John Aller, Dowling Catholic, DM | NT |
| | A | Charles DeLong, Grinnell | NT |
| | B | Clyde Callahan, Eldora | NT |
| | C | Ronny DeMuth, Stanley | NT |
| 1953 | AA | Ray Phares, Des Moines, Tech | NT |
| | A | Charles DeLong, Grinnell | NT |
| | B | Kenny Brack, Eldora | NT |
| | C | George Lee, Underwood | NT |
| 1954 | AA | Brian Travis, Des Moines, Tech..... | 9:41.5 |
| | A | Jim Hollis, West Des Moines | 10:44.2 |
| | B | Kenny Brock, Eldora | 10:37.3 |
| | C | George Lee, Underwood | 10:05.7 |
| 1955 | AA | Jim McFadden, Des Moines, North | 9:38.0 |
| | A | Laverne Latcham, Grinnell..... | 10:06.0 |
| | B | Gary Haltmeyer, Postville | 9:58.0 |
| | C | Tommy Sentman, Ollie | NT |
| 1956 | AA | Tom Rivers, Sioux City, Central..... | NT |
| | A | John Woolson, Clarinda..... | NT |
| | B | Tom Tilton, LeClaire..... | NT |
| | C | Tommy Sentman, Ollie | NT |
| 1957 | AAAA | Ralph Trimble, Cedar Rapids, Jefferson..... | 9:19.4 |
| | AA | Konrad Billhardt, Oskaloosa | 9:49.5 |
| | A | Ronnie Olson, Decorah..... | 9:34.7 |
| | B | Don Storjohann, Underwood | 10:19.0 |
| | C | Raymond Miller, Menlo | 10:33.0 |
| 1958 | AAA | Eugene Rave, Sioux City, Central | NT |
| | AA | Wayne Benzing, Decorah | NT |
| | A | Bill Lynn, West Des Moines | NT |
| | B | Jim Batterson, Eldon..... | NT |
| | C | Robert Powers, Norwalk | 10:36.5 |
| 1959 | AAA | David Brown, Des Moines, Tech | NT |
| | AA | Rich Corso, Iowa City High | NT |
| | A | Larry Kramer, Belmond..... | NT |
| | B | Bill Taylor, Sheffield-Chapin | NT |
| | C | Paul Gilligan, LuVerne | NT |
| 1960 | AAA | Richard Helm, Des Moines, Tech | NT |
| | AA | Don Bergan, Columbus Catholic, Waterloo | NT |
| | A | Roger McCay, Creston | NT |
| | B | Bill Taylor, Sheffield-Chapin | NT |
| | C | Paul Gilligan, LuVerne | NT |
| 1961 | AAA | Jim Wilson, Sioux City, Central..... | 9:19.7 |
| | AA | Don Bergan, Columbus Catholic, Waterloo | 9:30.0 |
| | A | Tim White, West Sioux, Hawarden | NT |
| | B | Danny Achenbach, Fremont-Mills, Tabor | NT |
| | C | Jerry Murray, Klemme..... | NT |
| 1962 | AAA | Kenny Messer, Des Moines, Roosevelt..... | NT |
| | AA | Don Bergan, Columbus Catholic, Waterloo | NT |
| | A | Merlin Lewis, Clarinda..... | NT |
| | B | Paul Wright, Iowa City, University High | NT |

| | | | |
|-------------|------|--|-----------------------|
| | C | Bob Coons, Linn-Mar, Marion | NT |
| 1963 | AAA | Ken Gallagher, Marshalltown..... | NT |
| | AA | Rollie Kitt, Kuemper Catholic, Carroll | NT |
| | A | Ronald Taylor, Clarinda | NT |
| | B | Dennis Reed, Anita | NT |
| | C | Bruce Penney, Preston..... | NT |
| 1964 | AAAA | Steve Gerkin, Sioux City, Central | 9:19.1 |
| | AAA | Rollie Kitt, Kuemper, Carroll | 9:23.0 |
| | AA | Galen Lininger, Clarinda | NT |
| | A | Tom Halboth, Odebolt-Arthur..... | NT |
| | B | Larry Ruggles, Anita | NT |
| | C | Gorden Hansen, Miles | NT |
| 1965 | AAAA | Steve Gerkin, Sioux City, Central | 9:02.0 |
| | AAA | Ted Fulk, Marshalltown..... | 9:15.0 |
| | AA | Stan Visser, Western Christian, Hull..... | 9:26.0 |
| | A | Keith Allen, Cardinal, Eldon | 9:31.2 |
| | B | Larry Ruggles, Anita | 9:39.0 |
| | C | Larry Sellers, Russell | 10:00.0 |
| 1966 | AAAA | Greg Coons, Sioux City, Central..... | 9:12.0 |
| | AAA | Denny McGuire, Columbus Catholic, Waterloo | 9:18.5 |
| | AA | Dean Twedt, Nevada | 9:11.9 |
| | A | Larry Bockelman, West Sioux, Hawarden | 9:46.5 |
| | B | Jerry Lundquist, Sutherland..... | 9:45.9 |
| | C | Mike Origer, Lincoln Central, Gruver | 9:47.8 |
| | | | <u>2 Miles</u> |
| 1967 | AAAA | Lynn Lee, Mason City | 10:09.5 |
| | AAA | Greg Dengler, Ames | 10:08.5 |
| | AA | Lynn Ellis, Red Oak | 10:34.2 |
| | A | Mark Aschim, Decorah..... | 10:19.8 |
| | B | Larry Greiner, Pekin, Packwood | 10:34.8 |
| | C | Greg Wood, Meservey-Thornton | 10:59.5 |
| 1968 | AAAA | Arnold DeAnda, Davenport, Central | 10:13.2 |
| | AAA | Dave Powell, Ames..... | 10:00.8 |
| | AA | Bob Stauffer, Eagle Grove..... | 10:19.0 |
| | A | Dennis Ellingson, Decorah | 10:15.9 |
| | B | Roger Villers, Montezuma | 10:29.6 |
| | C | Curt Hoegh, Elk Horn-Kimballton..... | 10:20.2 |
| 1969 | AAAA | Pat Yochum, Dowling Catholic, Des Moines | 10:04.9 |
| | AAA | Rich Twedt, Des Moines, Hoover | 9:48.9 |
| | AA | Lee Schreurs, Ankeny..... | 10:03.9 |
| | A | Bob Stauffer, Eagle Grove..... | 10:08.5 |
| | B | Tim Williamson, Grundy Center..... | 10:20.6 |
| | C | Bob Schlieseman, BCL, Conrad | 10:36.9 |
| | D | Steve Seamer, Miles..... | 10:14.2 |
| 1970 | AAAA | Gene Bluedorn, Davenport, West..... | 10:03.2 |
| | AAA | Don Akin, Sioux City, East..... | 10:05.1 |
| | AA | Dave Hanson, Grinnell..... | 10:27.8 |
| | A | Chuck Cassel, Bishop Garrigan, Algona | 10:26.5 |
| | B | Tim Williamson, Grundy Center | 10:29.3 |
| | C | Wayne Hammitt, Woodbine | 10:52.6 |
| | D | Dennis Capps, Hedrick | 10:55.2 |

| | | | |
|-------------|------|---|---------|
| 1971 | AAAA | Gregg Newell, Davenport, Central..... | 9:46.4 |
| | AAA | Tom Schoberg, Bishop Heelan, Sioux City..... | 9:44.2 |
| | AA | Dave Hanson, Grinnell..... | 10:21.7 |
| | A | Rex Madsen, Sheldon..... | 10:14.8 |
| | B | Charles Rump, Aquinas, Fort Madison..... | 10:15.4 |
| | C | Don Longnecker, BGM, Brooklyn..... | 10:29.1 |
| | D | Dan Gingerich, MarMac, McGregor..... | 10:42.4 |
| 1972 | AAAA | Jeff Myers, Davenport, West..... | 10:01.9 |
| | AAA | Shane Dooley, Des Moines, Hoover..... | 9:57.8 |
| | AA | Mike Burns, Indianola..... | 10:14.8 |
| | A | Craig Hoden, Linn-Mar, Marion..... | 10:03.7 |
| | B | Brian Kenyon, Bishop Garrigan, Algona..... | 10:12.6 |
| | C | Chuck Baker, Dike..... | 10:34.7 |
| | D | Mark Hughes, Elwood..... | 10:34.1 |
| 1973 | AAAA | Edward Moreno, Davenport, Central..... | 9:51.0 |
| | AAA | Ed Newell, Sioux City, North..... | 10:10.0 |
| | AA | Mark Bishop, Indianola..... | 10:17.0 |
| | A | Mark Adamson, Cherokee, Washington..... | 10:00.0 |
| | B | Ron Gomis, Johnston..... | 10:32.0 |
| | C | Dan Stice, Aquinas, Fort Madison..... | 10:42.0 |
| | D | Wade Pestka, Oxford Junction..... | 10:33.0 |
| 1974 | AAAA | David Korir, Cedar Rapids, Washington..... | 9:40.0 |
| | AAA | Mike Duncan, Columbus Catholic, Waterloo..... | 9:33.3 |
| | AA | Gene McGivern, Assumption, Davenport..... | 10:02.0 |
| | A | Tim Holton, Cherokee, Washington..... | 10:02.0 |
| | B | Blair Renfro, Shenandoah..... | 10:11.0 |
| | C | Pat Hayes, Aquin, Cascade..... | 10:17.0 |
| | D | Pete Stevenson, Meriden-Cleghorn..... | 10:05.0 |
| 1975 | AAAA | Jamie Hutcheson, Marshalltown..... | 9:44.0 |
| | AAA | Jon Mathiason, Ames..... | 9:35.0 |
| | AA | Ed Croson, Lewis Central..... | 9:51.0 |
| | A | Kevin Ubbelohde, Clear Lake..... | 10:01.0 |
| | B | Joe Pelsler, Tipton..... | 9:56.0 |
| | C | Pat Hayes, Aquin, Cascade..... | 9:55.0 |
| | D | Tom Ries, Clinton, St. Mary's..... | 10:27.0 |
| 1976 | AA | Jamie Hutcheson, Marshalltown..... | 9:45.0 |
| | A | Tim Holton, Cherokee, Washington..... | 9:59.0 |
| | B | Jon Betz, North Polk, Alleman..... | 10:02.0 |
| | C | Tom Peacher, Cardinal Stritch, Keokuk..... | 10:42.0 |
| 1977 | AA | Jim McCauley, Bishop Heelan, Sioux City..... | NT |
| | A | Randy Fitzgerald, Decorah..... | NT |
| | B | Steve Greiner, Pekin, Packwood..... | NT |
| | C | Tim Henricksen, Lincoln Central, Gruver..... | NT |
| 1978 | AA | Matt Trimble, Iowa City, City High..... | NT |
| | A | Tim Mueting, Denison..... | NT |
| | B | Dan Kroeze, Unity Christian, Orange City..... | NT |
| | C | Tim Henricksen, Lincoln Central, Gruver..... | NT |
| 1979 | AA | Jeff Jacobs, Clinton..... | 9:49.0 |
| | A | Bill Kerkaert, Sheldon..... | 9:46.0 |
| | B | Mike Karamitros, Newman Catholic, Mason City..... | 10:05.0 |
| | C | Roger Tiarks, Treynor..... | 10:20.0 |
| 1980 | AA | Jeff Jacobs, Clinton..... | 9:36.0 |

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|-------------|----|---|----------------------------|
| | A | Bill Kerkaert, Sheldon | 9:46.0 |
| | B | Randy Canaan, Maurice-Orange City..... | 10:18.0 |
| | C | Dan Schreck, Cardinal Stritch, Keokuk..... | 10:23.0 |
| 1981 | 3A | Mike Lee, Council Bluffs, Abraham Lincoln | 9:48.4 |
| | 2A | Mike Grevengoed, Western Christian, Hull..... | 9:51.8 |
| | 1A | Shawn Connor, Kee, Lansing | 10:15.3 |
| 1982 | 3A | Mike Lee, Council Bluffs, Abraham Lincoln | 9:46.4 |
| | 2A | Chris Shehan, Red Oak..... | 10:00.6 |
| | 1A | Lonnie Minor, BGM, Brooklyn..... | 10:11.4 |
| 1983 | 3A | Mark Block, Fort Dodge | 9:45.3 |
| | 2A | Tom Penningroth, Tipton | 9:50.7 |
| | 1A | Brian Hawes, Kee, Lansing | 9:53.8 |
| 1984 | 3A | Jeff Burris, Ames..... | 9:55.3 |
| | 2A | Dan Hostager, Audubon | 10:04.5 |
| | 1A | Paul Barnhart, Gehlen Catholic, LeMars | 10:11.5 |
| 1985 | 3A | Jason Maxson, Cedar Rapids, Washington..... | 10:04.1 |
| | 2A | Dave Halferty, Chariton..... | 10:16.5 |
| | 1A | Paul Barnhart, Gehlen Catholic, LeMars | 9:53.2 |
| 1986 | 3A | Tory Tepp, Dubuque, Senior | 9:59.6 |
| | 2A | Dwaine Heppler, Sheldon..... | 10:17.8 |
| | 1A | Kent Keith, Cedar Valley, Farnhamville | 10:32.1 |
| | | | <u>5,000 Meters</u> |
| 1987 | 3A | Jason Maxson, Cedar Rapids, Washington..... | 15:46.9 |
| | 2A | Matt Lindaman, Humboldt..... | 16:12.6 |
| | 1A | Shawn Lansing, Holy Cross, Leo..... | 16:12.0 |
| 1988 | 3A | Brian Runyan, Indianola | 16:06.4 |
| | 2A | Brian Hornbuckle, Shenandoah..... | 16:10.9 |
| | 1A | Lance Elliott, Montezuma | 16:15.0 |
| 1989 | 3A | Doug Birk, Sioux City, East..... | 16:20.1 |
| | 2A | Andy Kauder, Cascade, Western Dubuque..... | 16:28.3 |
| | 1A | Mike Penningroth, Tipton..... | 16:19.3 |
| 1990 | 3A | Albert Hayton, Clinton..... | 16:33.0 |
| | 2A | Brent McGrew, Decorah | 16:40.0 |
| | 1A | Nathan Smith, East Union, Afton | 16:52.0 |
| 1991 | 3A | Roba Bati, Iowa City, West | 16:18.8 |
| | 2A | Daron DeJong, MOC-Floyd Valley | 16:38.6 |
| | 1A | Chris Stone, Clinton, Mater Dei | 16:54.7 |
| 1992 | 3A | Ambo Bati, Iowa City, West | 15:33.0 |
| | 2A | Daron DeJong, MOC-Floyd Valley | 16:15.2 |
| | 1A | Corey Stock, St. Albert, Council Bluffs | 16:24.8 |
| 1993 | 3A | Sam Burkett, Urbandale..... | 15:36.9 |
| | 2A | Jesse Sand, Cedar Rapids, Regis..... | 16:08.9 |
| | 1A | Dan Reis, Turkey Valley, Jackson Junction | 16:19.7 |
| 1994 | 3A | Charley Kelly, Marshalltown | 15:48.6 |
| | 2A | Mike Stults, Knoxville | 15:55.4 |
| | 1A | Tavis Cummings, Van Buren, Keosauqua..... | 16:01.3 |

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|-------------|----|---|---------|
| 1995 | 3A | Trent Corey, Dubuque, Senior | 15:44.0 |
| | 2A | Peter Hollatz, Centerville | 16:01.0 |
| | 1A | Jason Probasco, Woodbine | 16:17.0 |
| 1996 | 3A | Shaun Allen, Fort Madison | 15:41.0 |
| | 2A | Peter Hollatz, Centerville | 15:50.0 |
| | 1A | David Baldwin, Jesup..... | 16:20.0 |
| 1997 | 3A | Shaun Allen, Fort Madison | 15:16.0 |
| | 2A | Matt Cook, Monticello | 15:45.0 |
| | 1A | Adam Sundall, Bishop Garrigan, Algona | 15:59.0 |
| 1998 | 3A | Grant Shadden, Marshalltown | 15:32.0 |
| | 2A | Dan Van Engen, Unity Christian, Orange City | 16:07.0 |
| | 1A | Tad Stolley, Woodbine..... | 16:07.0 |
| 1999 | 3A | Trent Graham, Des Moines, Roosevelt | 15:17.0 |
| | 2A | Robby Weber, Perry | 15:52.0 |
| | 1A | Justin Pieper, Aquinas, Fort Madison | 16:15.0 |
| 2000 | 3A | Chris Jones, Iowa City West..... | 15:39.0 |
| | 2A | Dylan Davis, ADM, Adel..... | 16:09.0 |
| | 1A | Jason Fogel, Marquette Catholic, Bellevue | 16:09.0 |
| 2001 | 3A | Andy Johnson, Des Moines, Roosevelt | 15:46.0 |
| | 2A | Chris Legore, Mount Vernon-Lisbon..... | 15:59.0 |
| | 1A | Adam Bohach, South Winneshiek, Calmar | 16:14.0 |
| 2002 | 3A | Joe Morgan, Clinton..... | 15:27.0 |
| | 2A | Brett Adams, Assumption, Davenport..... | 15:53.0 |
| | 1A | Dan Mayer, West Central Valley, Stuart..... | 16:16.0 |
| 2003 | 4A | Kiel Uhl, Des Moines, Roosevelt | 15:19.0 |
| | 3A | Nick Murphy, Bishop Heelan, Sioux City | 15:39.0 |
| | 2A | Dan Mayer, West Central Valley, Stuart..... | 16:26.0 |
| | 1A | Tim McKenna, Northern University High, Cedar Falls | 16:12.0 |
| 2004 | 4A | Jon Thomas, Des Moines, Roosevelt | 15:34.0 |
| | 3A | Tony Fischels, Webster City | 16:22.0 |
| | 2A | Danny Owens, Clarinda | 16:45.0 |
| | 1A | Nate Petesch, Marquette Catholic, Bellevue | 16:58.0 |
| 2005 | 4A | Jordan Anderson, Mason City | 15:58.0 |
| | 3A | Tyler Meyer, Wahlert, Dubuque..... | 16:32.0 |
| | 2A | Dalton Lems, Western Christian, Hull..... | 16:32.0 |
| | 1A | Cody Dreyer, Central, Elkader..... | 16:44.0 |
| 2006 | 4A | Devin Allbaugh, Pleasant Valley..... | 16:03.0 |
| | 3A | Brian Koch, Wahlert, Dubuque | 16:09.0 |
| | 2A | Brian Gesink, Sioux Center | 16:26.0 |
| | 1A | Dana Schmidt, Grundy Center..... | 16:26.0 |
| 2007 | 4A | Obsa Taddese, Iowa City, West | 15:40.0 |
| | 3A | Aaron May, Xavier, Cedar Rapids | 15:50.0 |
| | 2A | Casey Robertson, Columbus Community, Columbus Junction..... | 15:51.0 |
| | 1A | Josh Mellman, Rockwell-Swaledale/SCMT | 16:07.0 |
| 2008 | 4A | Marshall Moyer, Burlington | 15:27.0 |
| | 3A | Chad Rutledge, Algona..... | 15:46.0 |
| | 2A | Brett Castek, Osage..... | 16:18.0 |
| | 1A | Jamie Meek, Griswold..... | 16:02.0 |

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|-------------|----|---|---------|
| 2009 | 4A | Tyler Meseke, Pleasant Valley | 15:52.0 |
| | 3A | Conner Smock, Mount Vernon-Lisbon..... | 15:39.0 |
| | 2A | Alec Baldwin, Spirit Lake | 16:22.0 |
| | 1A | Dan McDonald, BCLUW, Conrad | 16:43.0 |
| 2010 | 4A | Marshall Moyer, Burlington | 15:25.0 |
| | 3A | Ryan McMahon, Algona..... | 15:31.0 |
| | 2A | Keith Byers, Spirit Lake..... | 16:15.0 |
| | 1A | Taylor Huseman, Manson Northwest Webster | 16:04.0 |
| 2011 | 4A | Josh Evans, Linn-Mar, Marion | 15:10.0 |
| | 3A | Conner Smock, Mount Vernon-Lisbon..... | 15:32.5 |
| | 2A | Will Norris, Spirit Lake..... | 15:48.0 |
| | 1A | Cade Cleaveland, Riverside, Oakland..... | 16:05.0 |
| 2012 | 4A | Dylan Eigenberger, Dubuque, Senior | 15:07.0 |
| | 3A | Albert Meier, Boone | 15:35.0 |
| | 2A | Thomas Pollard, Gilbert | 15:36.0 |
| | 1A | John Crew, Dike-New Hartford | 16:26.0 |
| 2013 | 4A | Spencer Clark, Dowling Catholic, WDM | 15:30.5 |
| | 3A | Albert Meier, Boone | 15:53.5 |
| | 2A | Thomas Pollard, Gilbert | 15:20.2 |
| | 1A | Peyton Twedt, West Fork, Sheffield | 16:37.0 |
| 2014 | 4A | Ryan Schweizer, Dowling Catholic, WDM..... | 15:27.1 |
| | 3A | Josh Yeager, Center Point-Urbana..... | 16:09.4 |
| | 2A | Chase Smith, Garner-Hayfield-Ventura | 16:18.7 |
| | 1A | Ryan Izer, Turkey Valley, Jackson Junction | 16:24.8 |
| 2015 | 4A | Tysen VanDraska, Prairie, Cedar Rapids..... | 15:49.9 |
| | 3A | J.J Orput, Carlisle | 16:18.0 |
| | 2A | Chase Smith, Garner-Hayfield-Ventura | 16:07.1 |
| | 1A | Andrew Meyer, Bellevue | 16:41.0 |
| 2016 | 4A | Sam Schillinger, Cedar Falls | 15:43.0 |
| | 3A | Myles Bach, Marion | 16:14.5 |
| | 2A | Reece Smith, Garner-Hayfield-Ventura | 16:02.2 |
| | 1A | Jerry Jorgenson, Treynor..... | 16:32.2 |
| 2017 | 4A | Matthew Carmody, Dowling Catholic, WDM..... | 15:24.6 |
| | 3A | Jeremy Fopma, Marion..... | 15:54.8 |
| | 2A | Reece Smith, Garner-Hayfield-Ventura | 16:03.9 |
| | 1A | Sean McDermott, Madrid | 16:20.6 |
| 2018 | 4A | Jack Pendergast, Prairie, Cedar Rapids..... | 15:41.7 |
| | 3A | Quinton Orr, Humboldt..... | 16:10.0 |
| | 2A | Joe Anderson, George-Little Rock/Central Lyon | 16:22.2 |
| | 1A | Joshua Baudler, Nodaway Valley | 16:19.8 |
| 2019 | 4A | Sam Hall, Dowling Catholic, W.D.M. | 15:29.5 |
| | 3A | Quinton Orr, Humboldt..... | 15:52.1 |
| | 2A | Brady Griebel, Bellevue | 16:02.8 |
| | 1A | Noah Jorgenson, Sidney | 16:24.1 |
| 2020 | 4A | Ryan Winger, Dubuque, Hempstead | 15:31.2 |
| | 3A | Quinton Orr, Humboldt..... | 15:48.0 |
| | 2A | Ty Carr, Danville/New London..... | 16:50.1 |
| | 1A | Clay Pehl, Madrid..... | 16:21.4 |

INDIVIDUAL IHSAA RUNNERS-UP – Alphabetically

| | |
|--------------------------|--------------------------------------|
| Achenbach, Danny..... | Fremont-Mills 1961 |
| Adams, Brett | Assumption, Davenport 2002 |
| Adamson, Mark | Cherokee, Washington 1973 |
| Akin, Don..... | Sioux City, East 1970 |
| Allbaugh, Devin | Pleasant Valley 2006 |
| Allen, Keith | Cardinal, Eldon 1965 |
| Allen, Shaun (2) | Fort Madison 1996, 97 |
| Aller, John | Dowling, Des Moines 1952 |
| Anderson, Jordan..... | Mason City 2005 |
| Anderson, Joe | George-Little Rock/Central Lyon 2018 |
| Aschim, Mark | Decorah 1967 |
| | |
| Bach, Myles..... | Marion 2016 |
| Baker, Chuck..... | Dike 1972 |
| Baldwin, Alec..... | Spirit Lake 2009 |
| Baldwin, David | Jesup 1996 |
| Barnhart, Paul (2)..... | Gehlen Catholic, LeMars 1984, 85 |
| Bati, Ambo..... | Iowa City, West 1992 |
| Bati, Roba | Iowa City, West 1991 |
| Batterson, Jim | Eldon 1958 |
| Baudler, Joshua | Nodaway Valley 2018 |
| Bauserman, Charles | Cedar Rapids, Roosevelt 1950 |
| Beebe, Richard | Ottumwa 1932 |
| Benedict, Russell | Marion 1945 |
| Benzing, Wayne | Decorah 1958 |
| Bergan, Don (3) | Columbus, Waterloo 1960, 61, 62 |
| Betz, Jon | North Polk, Alleman 1976 |
| Bever, Roy | Charles City 1951 |
| Billhardt, Konrad | Oskaloosa 1957 |
| Birk, Doug | Sioux City, East 1989 |
| Bishop, Mark | Indianola 1973 |
| Block, Mark | Fort Dodge 1983 |
| Bluedorn, Gene | Davenport, West 1970 |
| Bockelman, Larry | West Sioux, Hawarden 1966 |
| Bohach, Adam | South Winneshiek, Calmar 2001 |
| Brack, Kenny (2) | Eldora 1953, 54 |
| Brown, David..... | Des Moines, Tech 1959 |
| Burkett, Sam | Urbandale 1993 |
| Burns, Mike | Indianola 1972 |
| Burris, Jeff..... | Ames 1984 |
| Byers, Keith..... | Spirit Lake 2010 |
| | |
| Callahan, Clyde..... | Eldora 1952 |
| Canaan, Randy | Maurice-Orange City 1980 |
| Capps, Dennis | Hedrick 1970 |
| Carmody, Matthew | Dowling Catholic, WDM 2017 |
| Carr, Ty | Danville/New London 2020 |
| Cassell, Chuck | Bishop Garrigan, Algona 1970 |
| Castek, Brett | Osage 2008 |
| Clark, Spencer | Dowling Catholic, WDM 2013 |
| Cleaveland, Cade | Riverside, Oakland 2011 |
| Cole, Howard | Cedar Rapids, Franklin 1942 |
| Connor, Shawn | Kee, Lansing 1981 |
| Cook, Matt..... | Monticello 1997 |
| Coons, Bob | Linn-Mar, Marion 1962 |
| Coons, Greg..... | Sioux City, Central 1966 |
| Corey, Trent | Dubuque, Senior 1995 |
| Corso, Rich | Iowa City 1959 |

| | |
|---------------------------|--------------------------------------|
| Crew, John | Dike-New Hartford 2012 |
| Croson, Ed | Lewis Central 1975 |
| Crowe, Harold | Fremont 1951 |
| Cummings, Tavis | Van Buren, Keosauqua 1994 |
| Davis, Dylan | ADM, Adel 2000 |
| Davis, Ray | Oskaloosa 1935 |
| DeAnda, Arnold | Davenport, Central 1968 |
| DeJong, Daron (2) | MOC-Floyd Valley 1991, 92 |
| DeLong, Charles (2) | Grinnell 1952, 53 |
| DeMuth, Ronny | Stanley 1952 |
| Dengler, Greg | Ames 1967 |
| Dooley, Shane | Des Moines, Hoover 1972 |
| Dreyer, Cody | Central Elkader 2005 |
| Duncan, Mike | Columbus, Waterloo 1974 |
| Eigenberger, Dylan | Dubuque, Senior 2012 |
| Ellingson, Dennis | Decorah 1968 |
| Elliott, Lance | Montezuma 1988 |
| Ellis, Lynn | Red Oak 1967 |
| Evans, Josh | Linn-Mar, Marion 2011 |
| Fetzer, Charles | Williamsburg 1939 |
| Fischels, Tony | Webster City 2004 |
| Fitzgerald, Randy | Decorah 1977 |
| Flogel, Jason | Marquette Catholic, Bellevue 2000 |
| Fopma, Jeremy | Marion 2017 |
| Fulk, Ted | Marshalltown 1965 |
| Gallagher, Ken | Marshalltown 1963 |
| Gerkin, Steve (2) | Sioux City, Central 1964, 65 |
| Gesink, Brian | Sioux Center 2006 |
| Gilligan, Paul (2) | LuVerne 1959, 60 |
| Gingerich, Dan | Mar-Mac, McGregor 1971 |
| Goebel, Howard | Knoxville 1939 |
| Gomis, Ron | Johnston 1973 |
| Graham, Trent | Des Moines, Roosevelt 1999 |
| Greiner, Larry | Pekin, Packwood 1967 |
| Greiner, Steve | Pekin, Packwood 1977 |
| Grevengoed, Mike | Western Christian, Hull 1981 |
| Griebel, Brady | Bellevue 2019 |
| Halboth, Tom | Odebolt-Arthur 1964 |
| Halferty, Dave | Chariton 1985 |
| Hall, Sam | Dowling Catholic, W.D.M. 2019 |
| Haltmeyer, Gary | Postville 1955 |
| Hamilton, Neal | Oskaloosa 1936 |
| Hammitt, Wayne | Woodbine 1970 |
| Hansen, Gorden | Miles 1964 |
| Hanson, Dave (2) | Grinnell 1970,71 |
| Hartsock, Bob | Iowa City, University High 1942 |
| Hassen, Galen | Council Bluffs, Abraham Lincoln 1950 |
| Hastings, Eugene | Marion 1946 |
| Hawes, Brian | Kee, Lansing 1983 |
| Hayes, Pat (2) | Aquin, Cascade 1974, 75 |
| Hayton, Albert | Clinton 1990 |
| Helm, Richard | Des Moines, Tech 1960 |
| Henricksen, Tim (2) | Lincoln Central, Gruver 1977, 78 |
| Heppler, Dwaine | Sheldon 1986 |
| Hoak, Bob | Des Moines, Roosevelt 1946 |
| Hoden, Craig | Linn-Mar, Marion 1972 |

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|---------------------------|--|
| Hoegh, Curt..... | Elk Horn-Kimballton 1968 |
| Hollatz, Peter (2) | Centerville 1995, 96 |
| Hollis, Jim..... | West Des Moines 1954 |
| Holton, Tim (2) | Cherokee, Washington 1974, 76 |
| Hornbuckle, Brian | Shenandoah 1988 |
| Hostager, Dan | Audubon 1984 |
| Hotz, Richard | Marion 1950 |
| Hughes, Mark..... | Elwood 1972 |
| Huseman, Taylor..... | Manson Northwest Webster 2010 |
| Hutcheson, Jamie (2)..... | Marshalltown 1975, 76 |
| Inman, Laurence | Oelwein 1937 |
| Izer, Ryan..... | Turkey Valley, Jackson Junction 2014 |
| Jacobs, Jeff (2) | Clinton 1979, 80 |
| Johnson, Andy | Des Moines, Roosevelt 2001 |
| Jones, Chris | Iowa City, West 2000 |
| Jones, Donald | Cedar Rapids, Roosevelt 1949 |
| Jorgenson, Jerry | Treynor 2016 |
| Jorgenson, Noah..... | Sidney, 2019 |
| Karamitros, Mike | Newman Catholic, Mason City 1979 |
| Kauder, Andy | Cascade, Western Dubuque 1989 |
| Keith, Kent..... | Cedar Valley, Farnhamville 1986 |
| Kelly, Charley | Marshalltown 1994 |
| Kenyon, Brian | Bishop Garrigan, Algona 1972 |
| Kerkaert, Bill (2) | Sheldon 1979, 80 |
| Kessell, Eugene | Ollie 1949 |
| Kitt, Rollie (2)..... | Kuemper Catholic, Carroll 1963, 64 |
| Koch, Brian..... | Wahlert, Dubuque 2006 |
| Korir, David | Cedar Rapids, Washington 1974 |
| Kramer, Larry | Belmond 1959 |
| Kroeze, Dan | Unity Christian, Orange City 1978 |
| Lansing, Shawn | Holy Cross, Leo 1987 |
| Latcham, Laverne | Grinnell 1955 |
| Lee, George (2)..... | Underwood 1953, 54 |
| Lee, Lynn | Mason City 1967 |
| Lee, Mike (2) | Council Bluffs, Abraham Lincoln 1981, 82 |
| Legore, Chris..... | Mount Vernon-Lisbon 2001 |
| Lems, Dalton | Western Christian, Hull 2005 |
| Lewis, Merlin | Clarinda 1962 |
| Lindaman, Matt | Humboldt 1987 |
| Liningner, Galen..... | Clarinda 1964 |
| Longnecker, Don..... | BGM, Brooklyn 1971 |
| Loper, Louis | Council Bluffs, Abraham Lincoln 1941 |
| Lundquist, Jerry | Sutherland 1966 |
| Lynn, Bill..... | West Des Moines 1958 |
| Madsen, Rex..... | Sheldon 1971 |
| Mally, Allen (2) | Marion 1948, 49 |
| Mathiason, Jon..... | Ames 1975 |
| Maxson, Jason (2) | Cedar Rapids, Washington 1985, 87 |
| May, Aaron..... | Xavier, Cedar Rapids 2007 |
| Mayer, Dan (2) | West Central Valley, Stuart 2002, 03 |
| Maytag, Walter..... | Laurel 1938 |
| McCargar, Stanley | Oskaloosa 1938 |
| McCauley, Jim..... | Bishop Heelan, Sioux City 1977 |
| McCay, Roger | Creston 1960 |
| McDermott, Sean | Madrid 2017 |
| McDonald, Donald | BCLUW, Conrad 2009 |

| | |
|--------------------------|--|
| McFadden, Jim | Des Moines, North 1955 |
| McFate, Kenneth..... | LeClaire 1940 |
| McGivern, Gene..... | Assumption, Davenport 1974 |
| McGrew, Brent..... | Decorah 1990 |
| McGuire, Denny..... | Columbus, Waterloo 1966 |
| McKenna, Tim..... | Northern University High, Cedar Falls 2003 |
| McMahon, Ryan..... | Algona 2010 |
| Meek, Jaime..... | Griswold 2008 |
| Meier, Albert (2)..... | Boone 2012, 13 |
| Mellman, Josh..... | Rockwell-Swaledale/SCMT 2007 |
| Meseke, Taylor..... | Pleasant Valley 2009 |
| Messer, Kenny..... | Des Moines, Roosevelt 1962 |
| Meyer, Andrew..... | Bellevue 2015 |
| Meyer, Tyler..... | Wahlert, Dubuque 2005 |
| Miller, Raymond..... | Menlo 1957 |
| Minor, Lonnie..... | BGM, Brooklyn 1982 |
| Moreno, Edward..... | Davenport, Central 1973 |
| Morgan, Joe..... | Clinton 2002 |
| Moyer, Marshall (2)..... | Burlington 2008, 2010 |
| Mueting, Tim..... | Denison 1978 |
| Murphy, Nick..... | Bishop Heelan, Sioux City 2003 |
| Murray, Jerry..... | Klemme 1961 |
| Murray, Stanley..... | Iowa City, University High 1944 |
| Myers, Edwin..... | Iowa City, University High 1936 |
| Myers, Jeff..... | Davenport, West 1972 |
| | |
| Newell, Ed..... | Sioux City, North 1973 |
| Newell, Gregg..... | Davenport, Central 1971 |
| Norris, Will..... | Spirit Lake 2011 |
| | |
| Oakes, Smith..... | Zearing 1944 |
| Olson, Ronnie..... | Decorah 1957 |
| Origer, Mike..... | Lincoln Central, Gruver 1966 |
| Orput, J.J..... | Carlisle 2015 |
| Orr, Quinton (3)..... | Humboldt 2018, 19, 20 |
| Owens, Danny..... | Clarinda 2004 |
| | |
| Peacher, Tom..... | Cardinal Stritch, Keokuk 1976 |
| Pehl, Clay..... | Madrid 2020 |
| Pelzer, Joe..... | Tipton 1975 |
| Pendergast, Jack..... | Prairie, Cedar Rapids 2018 |
| Penney, Bruce..... | Preston 1963 |
| Pestka, Wade..... | Oxford Junction 1973 |
| Petesch, Nate..... | Marquette Catholic, Bellevue 2004 |
| Petrick, Stan..... | Cedar Rapids, Roosevelt 1948 |
| Penningroth, Mike..... | Tipton 1989 |
| Penningroth, Tom..... | Tipton 1983 |
| Phares, Ray..... | Des Moines, Tech 1953 |
| Pieper, Justin..... | Aquinas, Fort Madison 1999 |
| Pollard, Thomas (2)..... | Gilbert 2012, 13 |
| Powell, Dave..... | Ames 1968 |
| Powers, Robert..... | Norwalk 1958 |
| Probasco, Jason..... | Woodbine 1995 |
| | |
| Rave, Eugene..... | Sioux City, Central 1958 |
| Reed, Dennis..... | Anita 1963 |
| Reis, Dan..... | Turkey Valley, Jackson Junction 1993 |
| Renfro, Blair..... | Shenandoah 1974 |
| Ries, Tom..... | Clinton, St. Mary's 1975 |
| Rivers, Tom..... | Sioux City, Central 1956 |
| Robertson, Casey..... | Columbus Community, Columbus Jct. 2007 |

| | |
|--------------------------|----------------------------------|
| Robinson, Calvin | Mechanicsville 1943 |
| Robinson, Casper | Mechanicsville 1945 |
| Ruggles, Larry (2) | Anita 1964, 65 |
| Rump, Charles | Aquinas, Fort Madison 1971 |
| Runkle, Roger | Ollie 1950 |
| Runyan, Brian | Indianola 1988 |
| Rutledge, Chad | Algona 2008 |
| | |
| Sand, Jesse | Cedar Rapids, Regis 1993 |
| Sanford, Keith | Cedar Rapids, Franklin 1945 |
| Schillinger, Sam | Cedar Falls 2016 |
| Schliesman, Bob | BCL, Conrad 1969 |
| Schmidt, Dana | Grundy Center 2006 |
| Schmidt, John | Ottumwa 1933 |
| Schoberg, Tom | Bishop Heelan, Sioux City 1971 |
| Schreck, Dan..... | Cardinal Stritch, Keokuk 1980 |
| Schreurs, Lee..... | Ankeny 1969 |
| Schweizer, Ryan | Dowling Catholic, WDM 2014 |
| Seamer, Steve | Miles 1969 |
| Sellers, Larry | Russell 1965 |
| Sentman, Tommy (2) | Ollie 1955, 56 |
| Shadden, Grant..... | Marshalltown 1998 |
| Shehan, Chris | Red Oak 1982 |
| Silver, Frank | Des Moines, East 1934 |
| Slater, Albert | Fort Madison 1940 |
| Smith, Chase (2) | Garner-Hayfield-Ventura 2014, 15 |
| Smith, Reece (2) | Garner-Hayfield-Ventura 2016, 17 |
| Smith, Lawrence | Ottumwa 1944 |
| Smith, Nathan | East Union, Afton 1990 |
| Smock, Conner (2)..... | Mount Vernon-Lisbon 2009, 11 |
| Spencer, Donald | Iowa City, University High 1937 |
| Stauffer, Bob (2)..... | Eagle Grove 1968, 69 |
| Stevenson, Pete..... | Meriden-Cleghorn 1974 |
| Stice, Dan..... | Aquinas, Fort Madison 1973 |
| Stock, Corey..... | St. Albert, Council Bluffs 1992 |
| Stone, Chris | Clinton, Mater Dei 1991 |
| Stolley, Tad | Woodbine 1998 |
| Storjohann, Don | Underwood 1957 |
| Stults, Mike..... | Knoxville 1994 |
| Sullivan, George | Des Moines, East 1948 |
| Sundall, Adam..... | Bishop Garrigan, Algona 1997 |
| Svoboda, Vernon | Mechanicsville 1946 |
| | |
| Taddese, Obsa | Iowa City West 2007 |
| Taylor, Bill (2)..... | Sheffield-Chapin 1959, 60 |
| Taylor, Ronald..... | Clarinda 1963 |
| Tepp, Tory..... | Dubuque, Senior 1986 |
| Terrill, Richard..... | Iowa City, University 1943 |
| Tesch, Clarence..... | Grafton 1931 |
| Thomas, Jon | Des Moines, Roosevelt 2004 |
| Thompson, Daryl..... | Minburn, 1941 |
| Tiarks, Roger..... | Treynor 1979 |
| Tilton, Tom | LeClaire 1956 |
| Travis, Brian | Des Moines, Tech 1954 |
| Trimble, Matt | Iowa City, City High 1978 |
| Trimble, Ralph..... | Cedar Rapids, Jefferson 1957 |
| Trumbower, Arthur | Napier 1948 |
| Twedt, Dean..... | Nevada 1966 |
| Twedt, Peyton | West Fork, Sheffield 2013 |
| Twedt, Rich | Des Moines, Hoover 1969 |

| | |
|---------------------------|-----------------------------------|
| Ubbelohde, Kevin..... | Clear Lake 1975 |
| Uhl, Kiel..... | Des Moines, Roosevelt 2003 |
| VanDraska, Tysen | Prairie, Cedar Rapids 2015 |
| Van Engen, Dan..... | Unity Christian, Orange City 1998 |
| Villers, Roger..... | Montezuma 1968 |
| Visser, Stan..... | Western Christian, Hull 1965 |
| Walker, Gerald | Marion 1951 |
| Weber, Robby | Perry 1999 |
| White, Tim..... | West Sioux, Hawarden 1961 |
| Williams, Harold | Des Moines East 1943 |
| Williams, John | Cedar Rapids, Franklin 1949 |
| Williamson, Tim (2) | Grundy Center 1969, 70 |
| Wilson, Jim..... | Sioux City, Central 1961 |
| Winey, Dale..... | Clarence 1937 |
| Winger, Ryan | Dubuque, Hempstead 2020 |
| Wood, Greg..... | Meservey-Thornton 1967 |
| Woolson, John | Clarinda 1956 |
| Wright, Charles | Monticello 1938 |
| Wright, Paul..... | Iowa City, University High 1962 |
| Yeager, Josh..... | Center Point-Urbana 2014 |
| Yochum, Pat..... | Dowling Catholic, Des Moines 1969 |
| Zepp, Ralph..... | Martinsburg 1939 |
| Zimmerman, Carl | Waterloo, West 1951 |
| Zollar, Fred..... | Iowa City, University High 1940 |
| Zollar, Frank..... | Iowa City, University High 1941 |

SCHOOLS BOASTING IHSAA INDIVIDUAL RUNNER-UP

| | | | |
|---------------------------------|---|---------------------------------------|---|
| ADM, Adel..... | 1 | Cedar Rapids, Jefferson | 1 |
| Algona | 2 | Cedar Rapids, Regis | 1 |
| Ames | 4 | Cedar Rapids, Roosevelt | 3 |
| Anita | 3 | Cedar Rapids, Washington | 3 |
| Ankeny | 1 | Cedar Valley, Somers | 1 |
| Aquin, Cascade..... | 2 | Center Point-Urbana | 1 |
| Aquinas, Fort Madison | 3 | Centerville | 2 |
| Assumption, Davenport..... | 2 | Central Elkader | 1 |
| Audubon..... | 1 | Chariton..... | 1 |
| | | Charles City | 1 |
| BCL, Conrad | 1 | Cherokee..... | 3 |
| BCLUW, Conrad | 1 | Clarence | 1 |
| Bellevue | 2 | Clarinda | 3 |
| Belmond..... | 1 | Clear Lake..... | 1 |
| BGM, Brooklyn..... | 2 | Clinton | 4 |
| Bishop Garrigan, Algona..... | 3 | Clinton, St. Mary's; Mater Dei | 2 |
| Bishop Heelan, Sioux City | 3 | Columbus Community, Columbus Jct..... | 1 |
| Boone..... | 2 | Columbus, Waterloo..... | 5 |
| Burlington..... | 2 | Council Bluffs, Abraham Lincoln | 4 |
| | | Creston..... | 1 |
| Cardinal, Eldon | 1 | | |
| Cardinal Stritch, Keokuk | 2 | Danville/New London | 1 |
| Carlisle | 1 | Davenport, Central | 3 |
| Cascade (Western Dubuque) | 1 | Davenport, West | 2 |
| Cedar Falls..... | 1 | Decorah..... | 6 |
| Cedar Rapids, Franklin | 3 | Denison | 1 |

| | | | |
|---|---|--|---|
| Des Moines, East..... | 3 | Marquette Catholic, Bellevue | 1 |
| Des Moines, Hoover | 2 | Marshalltown | 6 |
| Des Moines, North | 1 | Martinsburg | 1 |
| Des Moines, Roosevelt | 5 | Mason City | 2 |
| Des Moines, Tech | 4 | Maurice-Orange City | 1 |
| Dike | 1 | Mechanicsville | 3 |
| Dike-New Hartford | 1 | Menlo..... | 1 |
| Dowling Catholic, Des Moines & WDM..... | 4 | Meriden-Cleghorn | 1 |
| Dubuque, Hempstead | 1 | Meservey-Thornton | 1 |
| Dubuque, Senior | 3 | Miles | 2 |
| Dowling Catholic, WDM | 2 | Minburn | 1 |
| | | MOC-Floyd Valley | 1 |
| Eagle Grove | 2 | Montezuma..... | 2 |
| East Union, Afton | 1 | Monticello | 2 |
| Eldon | 1 | Mount Vernon-Lisbon..... | 3 |
| Eldora | 3 | Muscatine | 1 |
| Elk Horn-Kimballton | 1 | | |
| Elwood | 1 | Napier..... | 1 |
| | | Nevada | 1 |
| Fort Dodge | 1 | Newman Catholic, Mason City | 1 |
| Fort Madison | 3 | Nodaway Valley | 1 |
| Fremont..... | 1 | North Polk, Alleman | 1 |
| Fremont-Mills, Tabor | 1 | Norwalk | 1 |
| | | NUH, Cedar Falls | 1 |
| Garner-Hayfield-Ventura | 4 | | |
| Gehlen Catholic, LeMars | 2 | Odebolt-Arthur | 1 |
| George-Little Rock/Central Lyon | 1 | Oelwein | 1 |
| Gilbert..... | 2 | Ollie | 4 |
| Grafton | 1 | Osage..... | 1 |
| Grinnell..... | 5 | Oskaloosa | 4 |
| Griswold | 1 | Ottumwa | 3 |
| Grundy Center | 3 | Oxford Junction | 1 |
| | | | |
| Hedrick | 1 | Pekin, Packwood..... | 2 |
| Holy Cross, Leo | 1 | Perry..... | 1 |
| Humboldt..... | 4 | Pleasant Valley | 2 |
| | | Postville | 1 |
| Indianola..... | 3 | Prairie, Cedar Rapids..... | 2 |
| Iowa City, City High..... | 2 | Preston | 1 |
| Iowa City, University High | 7 | Red Oak | 2 |
| Iowa City, West | 3 | Riverside, Oakland..... | 1 |
| | | Rockwell-Swaledale/SCMT (West Fork)..... | 1 |
| Jesup..... | 1 | Russell..... | 1 |
| Johnston..... | 1 | | |
| | | St. Albert, Council Bluffs | 1 |
| Kee, Lansing | 2 | Sheffield-Chapin..... | 2 |
| Klemme | 1 | Sheldon | 4 |
| Knoxville..... | 2 | Shenandoah..... | 2 |
| Kuemper, Carroll..... | 2 | Sidney | 1 |
| | | Sioux Center | 1 |
| Laurel | 1 | Sioux City, Central | 6 |
| LeClaire..... | 2 | Sioux City, East..... | 2 |
| Lewis Central | 1 | Sioux City, North | 1 |
| Lincoln Central, Gruver | 3 | South Winneshiek, Calmar..... | 1 |
| Linn-Mar, Marion..... | 3 | Spirit Lake | 3 |
| LuVerne..... | 2 | Stanley | 1 |
| | | Sutherland | 1 |
| Madrid | 2 | | |
| Manson Northwest Webster..... | 1 | Tipton | 3 |
| Marion | 8 | Treynor | 2 |
| MarMac, MacGregor | 1 | Turkey Valley, Jackson Junction..... | 2 |

| | | | |
|---|---|-------------------------------|---|
| Underwood..... | 3 | Western Christian, Hull | 3 |
| Unity Christian, Orange City | 2 | Williamsburg..... | 1 |
| Urbandale..... | 1 | Woodbine | 3 |
| Valley, WDM & West Des Moines | 2 | Xavier, Cedar Rapids | 1 |
| Van Buren, Keosauqua..... | 1 | Zearing | 1 |
| Wahlert, Dubuque | 2 | | |
| West Central Valley, Stuart..... | 2 | | |
| West Fork, Sheffield (see Rockwell-Swaledale-SCMT)..... | 1 | | |
| West Sioux, Hawarden | 2 | | |

Individuals Champions, Runner-up from Same School, Same Year

* Denotes won the team championship

| <u>Year</u> | <u>Class/Champion</u> | <u>Runner-up</u> | <u>School</u> |
|---|------------------------------|---------------------------|-----------------------------|
| 1926 | Van Epps | Ralph Cozine | Iowa City, University High |
| Start of Meets under the Auspices of the IHSAA | | | |
| 1930 | John Garnes & Bob McElroy | tied for first and second | Muscatine* |
| 1940 | B-Lynn Frazier | Fred Zollar | Iowa City, University High* |
| 1941 | B-Fred Zollar | Frank Zollar | Iowa City, University High* |
| | C-William (Bill) Jackson | Daryl Thompson | Minburn* |
| 1942 | B-Edward Smith | Bob Hartsock | Iowa City, University High* |
| 1943 | A-Vance Walters | Harold Williams | Des Moines, East* |
| | C-Don Gemberling | Kelvin Robinson | Mechanicsville* |
| 1944 | B-Richard Terrell | Stanley Murray | Iowa City, University High* |
| 1945 | C-Kelvin Robinson | Casper Robinson | Mechanicsville* |
| 1946 | B-Raymond Peterson | Eugene Hastings | Marion* |
| 1948 | A-Ocie Trimble | Stan Petrick | Cedar Rapids, Roosevelt* |
| 1949 | B-Richard Hotz | Allen Mally | Marion* |
| | C-Neal Bottger | Eugene Kessell | Ollie* |
| 1951 | A-Bill Fleuher | Roy Bever | Charles City* |
| 1952 | B-Jerry Crosser | Clyde Callahan | Eldora* |
| 1953 | B-Dan Munson | Kenny Brock | Eldora* |
| | C-Paul Ryan | George Lee | Underwood* |
| 1956 | B-Homer Lattimer | Tom Tilton | LeClaire* |
| 1958 | AA-Ron Olson | Wayne Benzing | Decorah* |
| 1959 | C-Earl Hanselman | Paul Gilligan | LuVerne* |
| 1960 | C-John Schade | Paul Gilligan | LuVerne* |
| 1961 | AAA-Don Rivers | Jim Wilson | Sioux City, Central* |
| | A-Ed Eneboe | Tim White | West Sioux, Hawarden* |
| | C-Art Hoffman | Jerry Murray | Klemme* |
| 1964 | AAAA-Dave Compton | Steve Gerkin | Sioux City, Central* |
| | B-Tom Denny | Larry Ruggles | Anita* |
| 1965 | AAAA-Doug Smith | Steve Gerkin | Sioux City, Central* |
| | AAA-Joe Rohach | Ted Fulk | Marshalltown* |
| 1966 | AAAA-Doug Smith | Greg Coons | Sioux City, Central* |
| 1967 | AA-Bob Wilson | Lynn Ellis | Red Oak* |
| 1968 | A-Mark Aschim | Dennis Ellingson | Decorah* |
| 1970 | D-Art Milliken | Dennis Capps | Hedrick |
| 1972 | AA-Mark Bishop | Mike Burns | Indianola* |
| 1973 | AAAA-Jim Eicken | Edward Moreno | Davenport, Central |

| | | | |
|------|--------------------|----------------|-----------------------------|
| 1974 | AAA-Joe Burke | Mike Duncan | Columbus Catholic, Waterloo |
| 1975 | B-Brett Eggert | John Pelsler | Tipton* |
| 1981 | 1A-Brian Hawes | Shawn Connor | Kee, Lansing* |
| 1995 | 3A-Rob Brock | Trent Corey | Dubuque, Senior* |
| 2003 | 4A-John Thomas | Kiel Uhl | Des Moines, Roosevelt* |
| 2004 | 4A-Kiel Uhl | John Thomas | Des Moines, Roosevelt |
| 2008 | 4A-J.T. McCarthy | Marshall Moyer | Burlington |
| 2010 | 2A-Alex Baldwin | Keith Byers | Spirit Lake |
| 2011 | 2A-Keith Byers | Will Norris | Spirit Lake |
| 2012 | 3A-Chandler Austin | Albert Meier | Boone |
| 2013 | 3A-Chandler Austin | Albert Meier | Boone* |
| 2016 | 3A-Jeremy Fopma | Myles Bach | Marion |

STATE MEET RECORDS & BEST PERFORMANCES

(Since 1930 sanctioning by the IHSAA)

SCHOOLS WITH THE MOST STATE CHAMPIONSHIP TEAMS

| | | | |
|-----------------------------------|----|------------------------|---|
| Decorah | 15 | Waukon..... | 7 |
| Marion..... | 10 | Ames..... | 6 |
| Iowa City, City High..... | 9 | Clinton..... | 6 |
| Dowling Catholic, W.D.M..... | 8 | Des Moines, North..... | 6 |
| Iowa City, University High* | 8 | Des Moines, East..... | 5 |
| Regina, Iowa City | 8 | Kee, Lansing..... | 5 |
| Sioux City, Central* | 8 | Shenandoah | 5 |
| Des Moines, Tech* | 7 | | |
| Marshalltown..... | 7 | | |

* School no longer in existence

SCHOOLS WITH THE MOST CONSECUTIVE STATE CHAMPIONSHIP TEAMS

| | |
|--------------------------------|---|
| Marion (9) | 1945, 46, 48, 49, 50, 51, 52, 53, 54 (Note - 1947 meet called off due to weather) |
| Iowa City, University (5)..... | 1940, 41, 42, 43, 44 |
| Sioux City, Central (5) | 1963, 64, 65, 66, 67 |
| Waukon (5) | 1995, 96, 97, 98, 99 |
| Mechanicsville (4)..... | 1943, 44, 45, 46 |
| Iowa City, City High (4)..... | 1991, 92, 93, 94 |

INDIVIDUALS FINISHING FIRST OR SECOND FOUR CONSECUTIVE YEARS

Mark Johnson, Mason City (1969-72) 1st 1969, 70, 71, 72
 Dan Mayer, West Central Valley, Stuart (2002-05) 2nd 2002, 03; 1st 2004, 05
 Pre-IHSAA Meets: Ralph Cozine, Iowa City, University High First 1924, 1925, 1926; Second 1927

WINNERS OF THREE OR FOUR IHSAA INDIVIDUAL TITLES, 1930-2014

| | | | |
|---|---|--|---|
| Mark Johnson, Mason City (1969-72)..... | 4 | John Raveling, Saydel (1957-59)..... | 3 |
| Ray (Berl) Edmundson, Thornburg (1938-40) | 3 | Garold Ryan, Underwood (1950-52)..... | 3 |
| Deryl King, West Des Moines (1955-57)..... | 3 | Doug Smith, Sioux City, Central (1965-67)..... | 3 |
| Homer Lattimer, LeClaire (1954-56) | 3 | Isaac Wendland, Charles City (2005-07) | 3 |
| Rick O'Rourke, Villisca (1967-69) | 3 | | |

TWO-TIME IHSAA INDIVIDUAL CHAMPIONS

| | | | |
|--------------------------|--------------------------------------|-----------------------|---|
| Chandler Austin | Boone 2012, 13 | Steve McTaggart | Starmont 1971, 72 |
| Riley Bauer..... | North Union 2016, 17 | Nate Mueller..... | ADM, Adel 2019, 20 |
| David Bell..... | Eagle Grove 1970, 71 | Don Murray | Des Moines, East 1949, 50 |
| Mark Bishop..... | Indianola 1972, 74 | Ron Olson..... | Decorah 1958, 59 |
| Bill Blay..... | Griswold 1991, 92 | Tom Peacher..... | Cardinal Stritch, Keokuk 1977, 78 |
| Rob Brock..... | Dubuque, Senior 1994, 95 | Dan Reis..... | Turkey Valley, Jackson Jct. 1995, 96 |
| Mike Cassidy..... | Miles 1967, 68 | Don Rivers..... | Sioux City, Central 1960, 61 |
| Dave Compton..... | Sioux City, Central 1963, 64 | Calvin Robinson..... | Mechanicsville 1944, 45 |
| Stephen Dak..... | Marshalltown 2005, 06 | Joe Rohach..... | Marshalltown 1965, 66 |
| Dylan Davis..... | ADM, Adel 2001, 02 | Dan Sanders..... | Humboldt 1966, 67 |
| Jack Davis..... | Iowa City, City 1946, 47 | Tim Sindt..... | Ankeny 2017, 18 |
| Nate Dotterweich..... | Monticello 2006, 07 | Mark Skahill..... | Villisca 1970, 71 |
| Jim Eicken..... | Davenport Central 1973, 74 | Paul Sloan..... | Des Moines, East 1944, 45 |
| Vernon (Mike) Evans..... | Des Moines, East 1935, 36 | Caesar Smith..... | Des Moines, North 1952, 53 |
| Chris Francois..... | Davenport North 1997, 98 | Bill Spencer..... | Iowa Mennonite School, Kalona, 2009, 10 |
| Ron Griffith..... | West Des Moines 1962, 63 | Andrew Stumbo..... | Ogden 2015, 16 |
| Jim Hansen..... | Dike 1975, 76 | Richard Terrell..... | Iowa City, University 1944, 45 |
| Mike Holms..... | Valley, WDM 1984, 85 | Bill Thiesen..... | Dowling Catholic, WDM 1979, 80 |
| Mark Hughes..... | Delwood, Elwood 1973, 74 | Trent Timson..... | NUH, Cedar Falls 1983, 84 |
| Dan Krall..... | West Branch 1986, 87 | Dan Van Engen..... | Unity Christian, Org. City 1999, 2000 |
| Dave Krantz..... | Columbus, Waterloo 1968, 69 | Jerry Walker..... | Marion 1952, 53 |
| Curtis LaBond..... | Ankeny 1962, 63 | Tim Wilson..... | Clarke, Osceola 1979, 80 |
| Dan Mayer..... | West Central Valley, Stuart 2004, 05 | Simeon Wright..... | Dubuque, Senior 1991, 92 |
| Brent McGrew..... | Decorah 1991, 92 | | |

RUNNERS ON THREE OR FOUR STATE CHAMPION TEAMS, 1930-2017

| | | | |
|---|---------|--|---------|
| 4 - Doug Smith, Sioux City Central..... | 1964-67 | 3 - John Trier, Johnston..... | 1971-73 |
| 3 - Richard Terrell, Iowa City, Univ. High..... | 1942-44 | 3 - Ron Gomis, Johnston..... | 1971-73 |
| 3 - Casper Robinson, Mechanicsville..... | 1943-45 | 3 - Steve Kurth, Iowa City, City High..... | 1991-93 |
| 3 - Jack Edmunds, Marion..... | 1948-50 | 3 - Eddie Frick, Waukon..... | 1997-99 |
| 3 - Gerald Walker, Marion..... | 1951-53 | 3 - Austin Williamson, DM, Roosevelt..... | 2001-03 |
| 3 - Ron Olson, Decorah..... | 1957-59 | 3 - Michael Melcher, Monticello..... | 2011-13 |
| 3 - Steve Gerkin, Sioux City, Central..... | 1963-95 | 3 - Ben Ahlrichs, Monticello..... | 2011-13 |
| 3 - Ted Fulk, Marshalltown..... | 1964-66 | 3 - Brycen Wallace, Nodaway Valley..... | 2015-17 |
| 3 - Mark Aschim, Decorah..... | 1966-68 | 3 - Skyler Rawlings, Nodaway Valley..... | 2015-17 |

COACHES WHO HAVE WON THE MOST STATE TEAM TITLES

| | | | |
|--|---|---|---|
| Les Hipple, Marion..... | 9 | Mike Fitzgerald, Decorah..... | 5 |
| Harlan Heidelbauer, Waukon..... | 7 | Ray Graves, Shenandoah..... | 5 |
| George Kjome, Decorah..... | 7 | Robert Lee, Garnavillo; NUH, Cedar Falls..... | 5 |
| Robert Davidshofer, Aquin; Cascade..... | 6 | A.L.(Bud) Williams, Iowa City, City..... | 5 |
| Bill Holsclaw, Clinton..... | 6 | Erik Belby, Pleasant Valley..... | 4 |
| Tim Ives, Dowling Catholic..... | 6 | George Boyle, Aquinas, Ft. Madison..... | 4 |
| Ray Obermiller, Sioux City, Central..... | 6 | Darrell Burmeister, Nodaway Valley..... | 4 |
| Chuck Silvey, Des Moines, Tech..... | 6 | Dale DeVault, Eldora; BCL, Conrad..... | 4 |
| Mike Augustine, Des Moines, East..... | 5 | Dave Long, Sheffield-Chapin; Mason City..... | 4 |
| Gary Bottorff, Kee, Lansing..... | 5 | Dan Sauser, Monticello..... | 4 |
| Bob Brown, Regina, Iowa City..... | 5 | John Sletten, Ames..... | 4 |
| Ken Dean, Marshalltown..... | 5 | Bryce Wickett, LuVerne..... | 4 |

SCHOOLS WITH THE MOST INDIVIDUAL STATE CHAMPIONS

| | | | |
|------------------------------------|----|----------------------------------|---|
| Des Moines, East..... | 11 | Columbus Catholic, Waterloo..... | 6 |
| West Des Moines & Valley, WDM..... | 9 | Decorah..... | 6 |
| Sioux City, Central..... | 8 | Marion..... | 6 |
| Dubuque, Senior..... | 7 | Marshalltown..... | 6 |

| | | | |
|------------------|---|----------------------------------|---|
| Mason City | 6 | Iowa City, University High | 5 |
| Underwood | 6 | Villisca | 5 |

Top 15 State Meet Times Recorded Over 5,000 Meters (3.1 miles)

| | |
|---------------|---|
| 15:02.0 | Jason Thomas, Dowling Catholic, WDM, 2012 (15:28.0 in 2011) |
| 15:02.0 | Ben Anderson, Valley, WDM 2011(15:19.0 in 2012) |
| 15:04.5 | Thomas Pollard, Gilbert, 2014 (15:20.2 in 2013) |
| 15:05.0 | Stephen Dak, Marshalltown, 2006 (15:32.0 in 2005) |
| 15:05.0 | Chris Francois, Davenport, North 1997 (15:31.0 in 1998) |
| 15:05.0 | Grant Shadden, Marshalltown 1999 (15:32.0 in 1998) |
| 15:05.6 | Chandler Austin, Boone, 2013 (15:24.0 in 2012; 15:32.9 in 2011) |
| 15:07.0 | Dylan Eigenberger, Dubuque, Senior, 2012 |
| 15:07.0 | Caleb Drake, Pleasant Valley, 2012 (15:30.0 in 2011) |
| 15:09.9 | Zach Buchheit, Pella 2011 (15:34.0 in 2010) |
| 15:10.0 | Josh Evans, Linn-Mar, Marion 2011 (15:19.4, '13 & 15:22.0, '12) |
| 15:13.0 | Brook Price, Iowa City, City High, 2012 (15:28.0 in 2011) |
| 15:14.0 | Trent Corey, Dubuque, Senior 1996 |
| 15:16.0 | Shaun Allen, Fort Madison 1997 |
| 15:17.0 | Isaac Jensen, Iowa City, West 2012 (15:33.0 in 2011) |
| 15:17.0 | Trent Graham, Des Moines, Roosevelt, 1999 |

Top 10 State Meet Times Recorded Over the Two-Mile Distance

| | |
|--------------|--|
| 9:28.0 | Jim Eicken, Davenport, Central 1974 |
| 9:29.0 | Rich Fuller, Davenport, Central 1975 |
| 9:30.0 | Randy Jackson, Iowa City, City High 1975 |
| 9:30.5 | Joe Burke, Columbus, Waterloo 1974 |
| 9:33.0 | Jeff Jacobs, Clinton 1981 |
| 9:33.3 | Mike Duncan, Columbus, Waterloo 1974 |
| 9:33.9 | Mark Johnson, Mason City 1971 |
| 9:35.0 | Jon Mathiason, Ames 1975 |
| 9:36.0 | Tim Wilson, Clarke, Osceola 1979 |
| 9:36.0 | Bill Thiesen, Dowling Catholic, WDM 1980 |

TOP WINNING TEAM POINT TOTALS - SCORING 5 RUNNERS (15 is perfect)

| | |
|------|-----------------------------|
| 29 - | Waukon, 1996 |
| 36 - | Nodaway Valley, 2016 |
| 45 - | Des Moines, Roosevelt, 2003 |
| 45 - | Iowa City, City High 1993 |
| 48 - | Regina, Iowa City 1997 |

Top Winning Performance - Scoring 4 Runners (10 is perfect)

| | |
|------|---------------------------|
| 16 - | Columbus, Waterloo 1972 |
| 20 - | Mason City, 1972 |
| 21 - | Bancroft, St. John's 1976 |
| 23 - | Columbus, Waterloo 1971 |

Top Winning Performance - Scoring 3 Runners (6 is perfect)

| |
|--------------------------------------|
| Des Moines, East 1943 |
| Mechanicsville 1943 |
| Iowa City, University High 1944 |
| Marion 1945, 1949 |
| Eldora 1953 |
| West Sioux, Hawarden 1961 |
| Klemme 1961 |
| Sioux City, Central 1964, 1965, 1966 |

STATE QUALIFYING TEAMS FROM DISTRICT TO STATE MEET

(District qualifying started in 1976; State Meet was an "open" competition prior to 1976)

* school no longer open

| Team | Years Qualified for State |
|--|---|
| ACGC (3) | 2016, 17, 20 |
| Adel-DeSoto (3) | 1980, 81, 91 |
| ADM, Adel (8)..... | 1996, 98, 99, 2001, 02, 06, 17, 20 |
| Albia (7)..... | 2009, 12, 13, 14, 18, 19, 20 |
| Algona (12)..... | 1976, 77, 79, 80, 90, 91, 92, 2007, 08, 09, 13, 14 |
| Alta (1)..... | 2004 |
| Alta/Aurelia (4) | 2011, 12, 13, 14 |
| Ames (37)..... | 1976, 77, 78, 79, 80, 81, 82, 83, 84, 86, 87, 88, 89, 90, 91, 92, 93, 95, 96, 97, 98, 99, 2001, 02, 03, 04, 06, 07, 08, 10, 11, 12, 13, 14, 17, 18, 19 |
| Anamosa (2)..... | 1977, 78 |
| Andrew (3)..... | 1979, 90, 92 |
| Ankeny (28)..... | 1982, 83, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 16, 17, 18 |
| Ankeny Centennial (2) | 2015, 20 |
| Aplington-Parkersburg (3)..... | 2015, 16, 17 |
| * Aquinas, Fort Madison (11)..... | 1976, 77, 78, 79, 80, 81, 82, 83, 97, 98, 99 |
| Ar-We-Va, Westside (2) | 2006, 07 |
| Assumption, Davenport (13)..... | 1989, 90, 94, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 07 |
| Atlantic (16)..... | 1977, 79, 80, 84, 94, 95, 96, 97, 98, 2002, 03, 05, 06, 07, 18, 19 |
| Audubon (1) | 1988 |
| Audubon-Exira (1)..... | 1989 |
| Ballard (11)..... | 1993, 88, 93, 94, 95, 96, 97, 2010, 11, 12, 14 |
| * Bancroft St. John's (6)..... | 1976, 77, 78, 79, 80, 85 |
| * Battle Creek-Ida Grove (1) | 2008 |
| BCLUW, Conrad (10)..... | 2003, 04, 06, 07, 08, 09, 10, 11, 12, 18 |
| Bellevue (7)..... | 2013, 14, 15, 16, 17, 18, 20 |
| Belle Plaine (5)..... | 1980, 81, 82, 84, 2005 |
| Belmond (4)..... | 1983, 85, 88, 89 |
| Belmond-Klemme (4) | 1990, 91, 93, 94 |
| Benton Community (4)..... | 1981, 86, 2000, 06 |
| Bettendorf (25) | 1978, 80, 83, 84, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 02, 03, 04, 05, 06, 07, 09, 13, 14 |
| BGM, Brooklyn (17) | 1980, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97 |
| Bishop Garrigan, Algona (4) | 1984, 2002, 03, 13 |
| Bishop Heelan, Sx City (19)..... | 1976, 79, 81, 82, 84, 88, 92, 93, 94, 98, 99, 2003, 05, 06, 2010, 11, 12, 14, 16 |
| * Blakesburg (1) | 1980 |
| Bondurant-Farrar (1)..... | 2017 |
| Boone (8) | 1991, 2006, 08, 09, 10, 11, 12, 13 |
| Boyer Valley (3) | 2013, 15, 16 |
| Burlington (5)..... | 2008, 09, 10, 11, 12 |
| Calamus-Wheatland (11)..... | 1991, 92, 94, 96, 97, 98, 99, 2016, 17, 18, 19 |
| CAL-Dows, Latimer (1) | 2002 |
| Camanche (2) | 2018, 19 |
| * Cardinal Stritch, Keokuk (5)..... | 1976, 77, 78, 79, 80 |
| Cardinal, Eldon (2) | 1977, 80 |
| Carlisle (6)..... | 1983, 2016, 17, 18, 19, 20 |
| Cascade (15)..... | 1976, 77, 78, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 80, 2003 |
| Cedar Falls (35) | 1983, 84, 85, 86, 87, 88, 90, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 18, 19, 20 |
| Cedar Rapids, Jefferson (4)..... | 1984, 85, 86, 2000 |
| Cedar Rapids, Kennedy (15) | 1976, 79, 90, 91, 92, 95, 96, 2001, 03, 04, 05, 06, 17, 18, 19 |
| * Cedar Rapids, LaSalle-Regis (1)..... | 1997 |
| Cedar Rapids, Washington (14)..... | 1977, 81, 82, 87, 98, 2006, 07, 08, 09, 10, 11, 16, 17, 18 |

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|---|---|
| * Cedar Valley, Farnhamville (3)..... | 1980, 83, 84 |
| Center Point-Urbana (6) | 2012, 13, 14, 17, 19, 20 |
| Centerville (7)..... | 1976, 77, 78, 79, 84, 87, 88 |
| Central, Elkader (9)..... | 2000, 02, 03, 04, 05, 09, 10, 12, 14 |
| Central Decatur, Leon (1) | 2020 |
| Central DeWitt (15) | 1982, 84, 92, 93, 97, 98, 99, 2000, 01, 03, 04, 07, 08, 09, 10 |
| Central Springs (1)..... | 2020 |
| Chariton (6) | 1985, 91, 92, 97, 2001, 03 |
| Charles City (10)..... | 1982, 97, 2005, 06, 07, 09, 11, 12, 13, 14 |
| Cherokee, Washington (4)..... | 1976, 1992, 2002, 03 |
| Clarinda (8) | 1986, 1995, 2001, 02, 03, 04, 05, 06 |
| Clarke, Osceola (4)..... | 1976, 77, 78, 80 |
| Clear Creek-Amana (5)..... | 2013, 16, 17, 18, 19 |
| Clear Lake (4) | 1986, 2015, 16, 17 |
| Clinton (13)..... | 1976, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89 |
| Council Bluffs, Abraham Lincoln (8) | 1981, 82, 86, 87, 88, 89, 90, 91 |
| Council Bluffs, Thomas Jefferson (1)..... | 2002 |
| Colfax-Mingo (1) | 1993 |
| Collins-Maxwell-Baxter (7)..... | 1997, 98, 2000, 01, 02, 07, 08 |
| Colo-Nesco (1)..... | 1996 |
| Columbus, Columbus Jct (3)..... | 1985, 2003, 04, 05 |
| Columbus Catholic, Waterloo (6)..... | 1976, 78, 79, 2002, 04, 20 |
| Coon Rapids (1)..... | 1985 |
| Coon Rapids-Bayard (2) | 1988, 89 |
| Corning (4) | 1997, 2001, 02, 03 |
| Creston (5) | 1985, 86, 87, 88, 2013 |
| Crestwood, Cresco (4)..... | 1976, 77, 82, 85 |
| | |
| Dallas Center-Grimes (10)..... | 2009, 10, 13, 14, 15, 16, 17, 18, 19, 20 |
| Danville (5)..... | 1984, 86, 87, 94, 95 |
| Danville/New London (5)..... | 2002, 03, 04, 19, 20 |
| Davenport Central (8) | 1981, 82, 89, 90, 93, 94, 98, 99 |
| Davenport West (3)..... | 1976, 77, 79 |
| Davis County, Bloomfield (7) | 1981, 86, 2014, 15, 18, 19, 20 |
| Decorah (37) | 1976, 77, 78, 79, 80, 81, 82, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97, 99, 2001, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20 |
| Denison (8)..... | 1976, 77, 78, 79, 80, 81, 82, 86 |
| Denison-Schleswig (4)..... | 1995, 96, 2000, 03 |
| | |
| Denver (12) | 1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18, 19, 20 |
| Denver-Tripoli (2) | 2010, 11 |
| Des Moines Christian (5) | 1998, 2017, 18, 19, 20 |
| Des Moines, East (7) | 1977, 88, 89, 90, 91, 92, 97 |
| Des Moines, Hoover (11)..... | 1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95 |
| Des Moines, Lincoln (3)..... | 1978, 80, 2004 |
| Des Moines, Roosevelt (13)..... | 1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13 |
| * Des Moines, Technical (1)..... | 1979 |
| | |
| Dike (9)..... | 1977, 78, 79, 80, 82, 83, 84, 85, 86 |
| Dike-New Hartford (12)..... | 1992, 93, 97, 98, 99, 2001, 02, 05, 08, 10, 11, 12 |
| Don Bosco, Gilbertville (1) | 1982 |
| Dowling Catholic, W.D.M. (29)..... | 1976, 77, 78, 79, 80, 81, 84, 85, 86, 87, 91, 95, 96, 97, 98, 99, 2000, 05, 09, 10, 11, 12, 14, 15, 16, 17, 18, 19, 20 |
| Dubuque Hempstead (14)..... | 1978, 79, 88, 89, 90, 93, 94, 2014, 15, 16, 17, 18, 19, 20 |
| Dubuque Senior (31)..... | 1980, 81, 82, 83, 85, 86, 87, 88, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 09, 11, 12, 13, 14, 15, 16, 17 |
| Dunkerton..... | 2015 |
| Durant-Bennett (8) | 2000, 01, 03, 04, 05, 07, 08, 10 |
| | |
| Eagle Grove (29)..... | 1981, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13, 15, 16 |

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| Kee, Lansing (10)..... | 1977, 78, 79, 80, 81, 82, 83, 87, 88, 89 |
| Knoxville (20) | 1976, 78, 79, 80, 81, 82, 83, 89, 90, 92, 93, 94, 95, 97, 2005, 06, 09, 10, 11, 12 |
| Kuemper Catholic, Carroll (2) | 1976, 2009 |
| * Lake City (8) | 1976, 77, 78, 79, 80, 82, 84, 85 |
| Laurens-Marathon (5) | 1980, 86, 87, 2008, 09 |
| Laurens-Marathon/AC-T (1)..... | 2001 |
| LeMars (4)..... | 1989, 90, 2009, 20 |
| Lenox (2)..... | 1988, 89 |
| Lewis Central (3)..... | 1976, 84, 2002 |
| * Lincoln, Stanwood (2)..... | 1983, 84 |
| Linn-Mar, Marion (12) | 1979, 2001, 02, 03, 10, 11, 12, 13, 14, 15, 16, 17, 19 |
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| * Lost Nation (2)..... | 1980, 81 |
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| Lynnville-Sully (2)..... | 1994, 95 |
| Madrid (6)..... | 1987, 88, 2017, 18, 19, 20 |
| Manson-NW Webster (3)..... | 1995, 2010, 15 |
| Maple Valley-Anthon-Oto..... | 2013 |
| Maquoketa (2)..... | 1986, 99 |
| Maquoketa Valley, Delhi (6)..... | 1993, 94, 95, 2018, 19, 20 |
| Marion (14)..... | 1984, 85, 87, 2005, 09, 10, 11, 14, 15, 16, 17, 18, 19, 20 |
| * MarMac, McGregor (1) | 1977 |
| Marquette Catholic, Bellevue (13) | 1998, 99, 2000, 01, 02, 03, 04, 05, 06, 08, 11, 12, 14 |
| Marshalltown (30) | 1976, 77, 78, 79, 80, 81, 82, 84, 86, 87, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 10 |
| Mason City (13)..... | 1976, 77, 78, 79, 85, 86, 89, 97, 98, 99, 2001, 04, 05 |
| * Mater Dei, Clinton (1) | 1991 |
| *Maurice-Orange City (6)..... | 1980, 81, 82, 87, 88, 89 |
| Mediapolis (1)..... | 2006 |
| * Meriden-Cleghorn (1) | 1979 |
| Mid-Prairie, Wellman (9) | 2007, 08, 09, 12, 13, 15, 16, 17, 20 |
| Midland, Wyoming (3) | 1977, 2002, 03 |
| Milford (1)..... | 1979 |
| Missouri Valley (6) | 1982, 83, 84, 91, 92, 2007 |
| MOC-Floyd Valley (10) | 1990, 2007, 08, 10, 11, 13, 14, 15, 18, 20 |
| * Monroe (1) | 1980 |
| Montezuma (3)..... | 1985, 87, 88 |
| Monticello (25) | 1984, 88, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19 |
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| Mount Pleasant (5)..... | 1985, 99, 2006, 15, 16 |
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| Mount Vernon-Lisbon (20)..... | 1999, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 11, 12, 13, 14, 15, 16, 17, 18, 20 |
| Muscatine (15) | 1976, 77, 78, 79, 80, 82, 86, 89, 90, 91, 92, 93, 94, 2005, 06 |
| Nashua-Plainfield (2) | 2009, 2011 |
| Nevada (15) | 1980, 86, 89, 90, 91, 92, 94, 95, 96, 97, 2001, 02, 04, 08, 17 |
| New Hampton (4)..... | 1984, 96, 97, 98 |
| *New Hartford (1)..... | 1978 |
| Newman Catholic, Mason City (9) | 1976, 77, 78, 79, 81, 2005, 18, 19, 20 |
| Newton (2)..... | 1979, 81 |
| Nodaway Valley (17)..... | 1997, 98, 99, 2000, 01, 02, 03, 04, 06, 10, 14, 15, 16, 17, 18, 19, 20 |
| *North Fayette, West Union (5)..... | 1976, 79, 80, 84, 85 |

North Fayette Valley (2)..... 2019, 20
 North Iowa, Buffalo Center..... 2011
 North Linn, Troy Mills (4)..... 1983, 84, 86, 88
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 * Notre Dame, Cresco (2) 1976, 80
 * Northern University, Cedar Falls (17)... 1982, 83, 84, 85, 86, 87, 88, 89, 90, 91, 95, 96, 97, 98, 2001, 04, 10

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 Okoboji, Milford (8)..... 2000, 01, 03, 11, 12, 17, 18, 19
 Orient-Macksburg (5)..... 1998, 2000, 03, 04, 05
 Osage (10) 1980, 2005, 06, 07, 08, 09, 10, 12, 13, 14
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 PCM, Monroe (4) 2005, 06, 07, 08
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 15, 16, 17, 19, 20
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 Pleasant Valley (22)..... 1995, 98, 2000, 01, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15,
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 * Prairie Valley, Gowrie (2)..... 1992, 2007
 Prairie, Cedar Rapids (15)..... 1983, 85, 2008, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
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 Sioux City West (7) 1978, 79, 80, 99, 2000, 01, 03
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 * South Clay, Gillette Grove (1)..... 1977
 South Hamilton, Jewell (12)..... 1986, 87, 88, 95, 96, 2004, 09, 10, 15, 16, 17, 18
 South Hardin (3)..... 2017, 18, 19
 South O'Brien, Paullina (5) 1999, 2002, 03, 07, 09

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| South Winneshiek, Calmar (16) | 2002, 03, 04, 05, 06, 07, 08, 09, 10, 11, 13, 16, 17, 19, 20 |
| Southeast Polk (9) | 1976, 2000, 01, 02, 07, 08, 09, 18, 19 |
| Southeast Valley (2) | 2014, 15 |
| * Spalding Catholic, Granville (5) | 1976, 77, 78, 79, 82 |
| Spencer (9) | 1980, 81, 89, 92, 93, 2000, 06, 07, 12 |
| Spirit Lake Park (6) | 2003, 04, 05, 06, 07 |
| Spirit Lake (5) | 2008, 09, 10, 11, 12, 15 |
| St. Albert, Council Bluffs (29) | 1981, 83, 86, 89, 90, 91, 92, 93, 94, 95, 96, 99, 2000, 01, 02, 03, 04, 06, 07, 08, 09, 10, 11, 12, 13, 14, 17, 18, 19 |
| St. Edmond, Fort Dodge (16) | 1978, 79, 2000, 01, 03, 04, 06, 07, 09, 10, 11, 12, 13, 14, 15, 20 |
| St. Mary's, Remsen (7) | 1976, 77, 78, 79, 80, 98, 2016 |
| Starmont (5) | 1990, 98, 99, 2016, 17 |
| Storm Lake (2) | 1987, 88 |
| * Stratford (1) | 1978 |
| * Stuart-Menlo (1) | 1982 |
| Tipton (28) | 1976, 77, 78, 79, 80, 81, 87, 89, 93, 94, 99, 2000, 02, 03, 05, 06, 07, 08, 09, 11, 13, 15, 16, 17, 18, 19, 20 |
| Treynor (3) | 1979, 2000, 2019 |
| Trinity Christian, Hull (6) | 2011, 12, 13, 15, 16, 18 |
| Tri-Center, Neola (6) | 1988, 98, 2014, 15, 17, 19 |
| Turkey Valley, Jackson Junction (3) | 1995, 2007, 08 |
| Turkey Valley-South Winneshiek (1) | 1996 |
| Underwood (3) | 1981, 84, 85 |
| Union Community, LaPorte City (1) | 2002 |
| Unity Christian, Orange City (34) | 1976, 77, 78, 79, 80, 81, 83, 84, 85, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 04, 05, 08, 09, 10, 11, 13, 14, 15, 16, 17, 18, 20 |
| Urbana (2) | 1978, 80 |
| Urbandale (8) | 1994, 96, 2008, 09, 14, 15, 19, 20 |
| Valley, W.D.M. (33) | 1976, 77, 78, 80, 83, 84, 85, 87, 88, 89, 90, 91, 92, 93, 2000, 01, 02, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 20 |
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| Vinton-Shellsburg (6) | 1990, 2007, 08, 12, 14, 15 |
| Wahlert, Dubuque (27) | 1980, 81, 83, 84, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 08, 09, 10, 11, 13, 16, 18, 19, 20 |
| Wapello (7) | 2004, 09, 10, 11, 13, 14, 15 |
| Wapsie Valley, Fairbank (7) | 1999, 2000, 01, 03, 04, 05, 06 |
| Washington (1) | 1998 |
| Waterloo West (9) | 1977, 82, 83, 92, 98, 99, 2000, 07, 12 |
| Waukee (17) | 1979, 81, 83, 2006, 07, 08, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20 |
| Waukon (25) | 1979, 83, 87, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 08, 14, 15, 16, 20 |
| Waverly (1) | 1976 |
| Waverly-Shell Rock (6) | 1977, 80, 81, 82, 85, 19 |
| Webster City (15) | 1990, 91, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 11 |
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| West Fork, Sheffield (4) | 2013, 14, 16, 19 |
| West Lyon, Inwood (4) | 1990, 2010, 11, 12 |
| West Marshall (1) | 2014 |
| West Sioux, Hawarden (18) | 1976, 86, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 2000, 01, 02, 05, 06 |
| Western Christian, Hull (31) | 1977, 78, 79, 80, 81, 82, 83, 84, 85, 91, 92, 93, 95, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 12, 13, 14, 16, 19, 20 |
| Williamsburg (26) | 1976, 77, 78, 80, 82, 83, 86, 87, 90, 91, 92, 93, 94, 95, 96, 2000, 02, 03, 04, 11, 13, 15, 17, 18, 19, 20 |
| Wilton (7) | 1984, 85, 2006, 07, 08, 09, 12 |

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TEAM STATE QUALIFIERS FROM DISTRICT QUALIFYING MEETS SINCE 1976

Most State Qualifying Teams

| | | |
|------------------------------|---------------------------------|-----------------------------|
| Ames - 37 | Marshalltown – 30 | Pekin – 26 |
| Decorah - 37 | Eagle Grove - 29 | Bettendorf - 25 |
| Cedar Falls - 35 | Dowling Catholic, W.D.M. – 29 | Monticello – 25 |
| Unity Christian – 34 | St. Albert, Council Bluffs - 29 | Waukon - 25 |
| Valley, West Des Moines - 33 | Ankeny - 28 | Williamsburg – 25 |
| Dubuque Senior - 31 | Tipton - 28 | Indianola- 23 |
| Western Christian - 31 | Gilbert; Gilbert-United - 27 | Shenandoah; Shen/Essex - 23 |
| Iowa City, City High - 30 | Wahlert Catholic, Dubuque - 27 | |

Longest Consecutive State Qualifying Streaks (bold currently active)

| | |
|---------------------------------------|--|
| 25 - Cedar Falls (1992-2016) | 17 - Iowa City, City High (1989-2005) |
| 22 - Ankeny (1990-2011) | 17 - Waukon (1989-2005) |
| 23 - Monticello (1997-2019) | 17 - Decorah (2004-19) |
| 20 - Regina, Iowa City (1993-2012) | 15 - B-G-M, Brooklyn (1993-2007) |
| 18 - Marshalltown (1991-2008) | 15 - Eagle Grove (1993-2007) |
| 18 - Pleasant Valley (2003-19) | 15 - Valley, West Des Moines (2004-18) |

Boys & Girls Team Winning Team Titles in the Same Year

| | | |
|------------------------|-----------------------------|------------------------------|
| 1967 - Somers | 1991 - Iowa City, City High | 2006 - Xavier, Cedar Rapids |
| 1970 - B-G-M, Brooklyn | 1992 - Iowa City, City High | 2010 - Wahlert, Dubuque |
| 1976 - Decorah | 1993 - Iowa City, City High | 2011 - Dowling Catholic, WDM |
| 1983 - Cascade | 1993 - Waukon | 2012 - Decorah |
| 1985 - Cascade | 1999 - Iowa City, City High | |

Most: 4 by Iowa City, City High; 2 by Decorah; 2 by Cascade