

2021 TRACK & FIELD

STATE MEET STAT BOOK

UP TO AND INCLUDING PERFORMANCES FROM THE
2019 STATE MEET

History, team champions, runner-up, event champions
and State Meet and Class Records 1906-2020



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
BOONE, IOWA



INTRODUCTION

This Stat Book represents the research and organization of many people who have been at the forefront and behind-the-scenes of Iowa prep track and field. Our deepest thanks go to Mo Kelley, former IHSAA Publications Director, for his efforts from 1970-June 2001 for launching this book.

While this book identifies mainly the past team and event champions, it also represents the IHSAA's admiration and respect for all the athletes, coaches, officials, and administrators who have nurtured our track and field program to the status it currently enjoys.

We hope that as you review the names of our champions, you will note past Olympians - including champions and medal winners, collegiate champions, All-Americans, American and world record holders, collegiate and professional athletes in other sports, and a countless number of successful individuals in all walks of life each who has breathed life into the IHSAA credo of Sportsmanship and Citizenship. To no one's surprise the same is true of the near champions, other place winners and participants who are not found on the following pages, but share in the tradition of greatness known as Iowa high school track and field. Each remains a hometown champion and hero because of his sacrifice and dedication. That is the legacy that in 2018 celebrates its 113th year and serves as a strong testimonial of the wonderful experience of being a high school athlete.

A THANK YOU TO ALL

We invite coaches and readers to review the information contained in this book and on the track page of our website. The archives contain an all-time best list of performances, with the first group being metric times and the second group being the all-time yardage bests. We welcome corrections and additions in that list. As we receive verification of performances we may have missed they are added. ***Times that appear in hundredths are fully-automatic as they are in this book. Other performances are rounded up to the nearest tenth in accordance with official track and field timing procedures. No + or - .24 performances are listed since that quantification is intended for seeding purposes only. The performances in this book are the actual ones recorded at the time.***

This Stat Book, like others we produce at the IHSAA, is updated annually and available in PDF format on our website. We try and improve the quality and accuracy of the information each year. A special thanks to track administrator Jared Chizek of our staff for his assistance. With over 8,500 names of athletes and schools plus performances, an error(s) in spelling, a typo or an inaccuracy can occur. If you discover any please contact Chris Cuellar at the IHSAA by e-mail at ccuellar@ihsaa.org.

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Brief History of the IHSAA's Longest Sanctioned Sport

OVERVIEW: In May 1906 track and field was the very first competition for the fledgling Iowa High School Athletic Association approved for a State Meet. Now with the first century tucked away in history, Iowa preps target this spring tradition that has grown significantly in the number of participants and fans.

The information found in this book is the most updated information the IHSAA archives. It includes the team champions and runner-up for each year, and is revised annually. If you find a spelling error or an error in performance, please contact Chris Cuellar at the IHSAA (515-432-2011) or email <ccuellar@ihsaa.org>. In addition, please contact us if you know the names of the runners of any relay state champions from 1906-1965.

To understand the context of record keeping please consider the following:

A State Meet Record (overall and by class) can be established only in the IHSAA State Meet and in running events that are contested in meters. Following are those records with the ones for comparable yardage events listed in italics. Comparisons between the two are difficult because of the variables that come into play. We have listed both plus the best state meet and all-time performance as matter of legacy and respect. A more detailed all-time best list is located on the track page of the IHSAA website under "Archives." Effective in 2013, the yardage and metric all-time bests were separated so that the performance listed is what was run. There are no conversions nor is the plus/minus .24 calibration used. ***The all-time bests are performances recorded in any high school competition sanctioned by the IHSAA or the NFHS. It is not to be confused with the State Meet Record, which is set only in the State Meet. An all-time best, established outside of Iowa, is noted with the date and site followed by the best all-time performance in Iowa.***

Performances appearing in tenths of seconds are hand-timed and rounded up; those in hundredths are fully automatic. Starting in 2012, the IHSAA retired yardage events in the all-time best list and preserved them in a separate category rather than use standard conversions. The All Time Best List is the actual performance recorded at the time it was run in yards or meters. No plus or minus .24 has been applied to any of the times, since such a variable blurs the performance and that factor is intended for use only in seeding heats. Field event marks are listed per the reporting rules at the time they were achieved.

HISTORY: Prior to 1906 Grinnell College and the University of Iowa held "open state meets" in the 1890s and 1900s. The meets tended to be "regional" in nature and results are difficult to find. Even after the first IHSAA sanctioned state meet, the University of Iowa continued to hold their meet for several years. In addition, Grinnell College also hosted an Iowa State Championship Meet for high schools and colleges from 1895 through 1925. In previous editions of this book, some of those performances were erroneously in our "champions list", which has now been rectified. The information in this book records the team champion, runner-up and event champions **of the IHSAA State Meet**. From 1906 through 1925 the state meet was an "open meet." Starting in 1926 district competition was initiated to determine the state qualifiers in each event. From 1906-1947 the State Meet was contested in one class. Classification started with the 1948 meet.

May of the past 114 State Track Meets have been held at Drake University including the last 47 years thus giving Iowa athletes the opportunity to compete on one of the nation's premier venues.

A brief synopsis of the history of classification in IHSAA track follows: 1906-1947 – one class; 1948-52 – two classes (A; B); 1953-81 four classes (AA, A, B, C), and 1982 to the present four classes (4A, 3A, 2A, 1A). Since 1926, the smallest schools (Class 1A) have used the district meet as their state qualifying method. Starting in 1983, Class 4A voted to use season performances to determine their state qualifiers. The Class 3A and 2A schools voted for season performance qualifying in 1990. **Effective in 2004 all four classes used a district/state qualifying meet. In 2005 the State Meet went co-ed.**

Except for two events—the Discus and the 120 yd. High Hurdles—the contested events were unchanged until the meet went metric. From 1906 through 1938 the Discus was contested using the collegiate implement, weighing 4 lbs., 7 oz. In 1939, the 3 lbs., 9 oz. implement was made standard. Likewise, from 1906 through 1934 the high hurdles were contested over 42-inch barriers (college height). In 1935 the hurdles went to 39 inches to conform to the rules of the NFHS. State Meet scoring and medal winners have changed over the years. A summary of the changes follows.

Years	Places	Individual	Relays
1906-1909	3	5-3-1	5-3-1
1910-1927	4	5-3-2-1	5-3-2-1
1928-1934	5	5-4-3-2-1	5-4-3-2-1
1935-1970	5	6-4-3-2-1	8-6-4-2-1
1971-1976	6	6-5-4-3-2-1	10-8-6-4-2-1
1977-2002	6	7-5-4-3-2-1	10-8-6-4-2-1
2003-2004	8	8-7-6-5-4-3-2-1	10-8-6-5-4-3-2-1
2005-current	8	10-8-6-5-4-3-2-1	10-8-6-5-4-3-2-1

Iowa went metric in running events in 1978, the same year fully automatic timing (FAT) was used at meets in Drake Stadium. Some classes in 1985 and 1986 were not held at Drake and as a result hand-held times were used.

Given that there were times when the FAT at Drake malfunctioned and back up hand-held times (in tenths) was used.

The inclusive dates for comparable events ran in yards follows: 100 yd. dash, 220 yd., dash, 440 yd. dash, 880 yd. run, mile run, and 120 yd. high hurdles: 1906-1977 each; two-mile run – 1968-1977; 880 yd. relay and mile relay, 1906-1977; 440 yd. relay, mile medley relay, and two-mile relay, 1935-1977 each. The shot put, discus, long jump and high jump have been contested since 1906. The 400-meter hurdles started in 1979. Discontinued running and field events from state competitions are included in a special section that follows.

STATE MEET RECORD INFORMATION

Performances recorded in tenths or an "h" are hand-timed rounded to the next nearest tenth per timing regulations.

Those performances in hundredths are FAT, which began in 1978.

State Meet Records & Class Records are those established at the State Meet and only in meters.

An All-Time Best can be established in any sanctioned meet by the IHSAA or the NFHS

100 METER DASH

Iowa State Meet Record: 10.5h, Treye Jackson, Newton, 1981 prelims

Iowa All-time Best: 10.1h, Adam Haluska, Carroll, 2002; FAT - 10.53, Isaiah Trousil, West Burlington/Notre Dame, 2017

Class 4A Record: 10.5h, Treye Jackson, Newton, 1981 prelims

Class 3A Record: 10.74, Isaiah Trousil, West Burlington/Notre Dame, 2017

Class 2A Record: 10.58, Tanner Iske, West Liberty, 2018

Class 1A Record: 10.84, Jeff Adam, Cardinal, Eldon, 1996

200 METER DASH

Iowa State Meet Record: 21.16, James Harrington, Cedar Falls, 2011

Iowa All-time Best: 20.8h, Tim Dwight, Iowa City, City, 1994; FAT - 21.16, James Harrington, Cedar Falls, 2011

Class 4A Record: 21.16, James Harrington, Cedar Falls, 2011

Class 3A Record: 21.22, Isaiah Trousil, West Burlington/Notre Dame, 2017

Class 2A Record: 21.33, Isaiah Trousil, West Burlington/Notre Dame, 2016

Class 1A Record: 21.80, Lee Elbert, Bishop Garrigan, Algona, 2003

400 METER DASH

Iowa State Meet Record: 46.99, Darien Porter, Bettendorf, 2019

Iowa All-time Best: 46.99, Darien Porter, Bettendorf, 2019

Class 4A Record: 46.99, Darien Porter, Bettendorf, 2019

Class 3A Record: 48.11, Greg Offerman, Charles City, 2005

Class 2A Record: 47.43, Ryan Kedley, North Cedar, Stanwood, 2000

Class 1A Record: 48.32, Jordan Cornilsen, Preston-East Central, 2007

800 METER RUN

Iowa State Meet Record: 1:50.30, Ryan Schweizer, Dowling Catholic, WDM, 2016

Iowa All-time Best: 1:50.18, Aaron Stockstell, Mid-Prairie, 2007

Class 4A Record: 1:50.30, Ryan Schweizer, Dowling Catholic, WDM, 2016

Class 3A Record: 1:53.74, Isaac Wendland, Charles City, 2008

Class 2A Record: 1:51.17, Aaron Stockstell, Mid-Prairie, Wellman, 2008

Class 1A Record: 1:52.10, Riley Bauer, North Union, 2018

1,600 METER RUN

Iowa State Meet Record: 4:06.32, Josh Evans, Linn-Mar, Marion, 2014

Iowa All-time Best: 4:06.32, Josh Evans, Linn-Mar, Marion, 2014

Class 4A Record: 4:06.32, Josh Evans, Linn-Mar, Marion, 2014

Class 3A Record: 4:09.67, Thomas Pollard, Gilbert, 2015

Class 2A Record: 4:16.99, Lance Elliott, Montezuma, 1989

Class 1A Record: 4:13.78, Gable Sieperda, Central Lyon, 2018

3,200 METER RUN

Iowa State Meet Record: 8:50.43, Thomas Pollard, Gilbert, 2014

Iowa All-time Best: 8:50.43, Thomas Pollard, Gilbert, 2014

Class 4A Record: 9:00.97, Josh Evans, Linn-Mar, Marion 2014

Class 3A Record: 8:50.43, Thomas Pollard, Gilbert, 2014

Class 2A Record: 9:11.30, Reece Smith, Garner-Hayfield-Ventura, 2019

Class 1A Record: 9:09.60, Gable Sieperda, Central Lyon, 2018

110-METER HIGH HURDLES

Iowa State Meet Record: 13.91, Joah Banks, Prairie, Cedar Rapids, 2017 (p)

Iowa All-time Best: 13.85, Riley Moss, Ankeny Centennial 2018; 13.8h by Bill Betterton, Carlisle, 1992; 13.6h (y) Randy Elliott, Charles City, 1974

Class 4A Record: 13.91, Joah Banks Prairie, Cedar Rapids, 2017 (p)

Class 3A Record: 14.03, Connor Ham, Solon, 2014 (p) & 2015 (p)

Class 2A Record: 14.1h Matt Zuber, Iowa Valley, Marengo, 1985

Class 1A Record: 14.41, Cory Woods, Treynor, 1997

400-METER HURDLES

Iowa State Meet Record: 50.96, Dustin Avey, Ames, 1996

Iowa All-time Best: 50.96, Dustin Avey, Ames, 1996

Class 4A Record: 50.96, Dustin Avey, Ames, 1996 (low hurdle height)

Class 3A Record: 51.35, Greg Offerman, Charles City, 2005 (low hurdle height)

Class 2A Record: 51.62, Brent MacLagan, Jefferson-Scranton, 1995 (low hurdle height)

Class 1A Record: 52.85, Nick Efkamp, Madrid, 2011 (low hurdle height)

4 x 100 METER RELAY

Iowa State Meet Record: 41.68, Valley, West Des Moines (Creighton Mitchell, Matt Mahoney, Ryan Neu, Jon Shaner), 2019

Iowa All-time Best: 41.33, Iowa City, City (Dan McMahon, Jason Ringena, Mike Richards, Merrill Coleman), 6-16-96, Raleigh, NC

Class 4A Record: 41.68, Valley, West Des Moines (Creighton Mitchell, Matt Mahoney, Ryan Neu, Jon Shaner), 2019

Class 3A Record: 42.18, Xavier, Cedar Rapids (Derek Kramer, Derek Wollner, Corey Reed, Bryce Colston), 2008

Class 2A Record: 42.44, West Burlington/N Dame (Timmy Williams, Brant Wrede, Isaiah Trousil, Xavior Williams) 2015 (p)

Class 1A Record: 43.01, Lisbon (Marquis Stephens, Nick Dains, Matt Murphy, Derek Stephens), 2003 prelims

4 x 200 METER RELAY (*Chute start listed if faster*)

Iowa State Meet Record: 1:26.17, Valley, West Des Moines (Jon Shaner, JJ Gass, Ryan Neu, Jake Keller), 2019

Iowa All-time Best: 1:26.17, Valley, West Des Moines (Jon Shaner, JJ Gass, Ryan Neu, Jake Keller), 2019

Class 4A Record: 1:26.17, Valley, West Des Moines (Jon Shaner, JJ Gass, Ryan Neu, Jake Keller), 2019

Class 3A Record: 1:27.87, Sergeant Bluff-Luton (Matthew George, Ryley McGregor, Drew Girres, Brady Wall), 2016

Class 2A Record: 1:27.14, West Burlington/N. Dame (Xavior Williams, Jacob Smith, Spencer Ferguson, Isaiah Trousil) '16

Class 1A Record: 1:29.62, Panorama (Justin McDermott, Bob McFadden, Shaun Moylan, Travis Geopfert), 1997

4 x 400 METER RELAY

Iowa State Meet Record: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming) '06 (p)

Iowa All-time Best: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 (p)

Class 4A Record: 3:13.80, Valley, WDM (Bryan Collins, Zac Sandvig, Ryan Keairnes, Brandon McSkimming), 2006 (p)

Class 3A Record: 3:18.24, Bishop Heelan, Sioux City (Preston Ives, Michael Malloy, Nate Berger, Brendan Dougherty) 2009 (p)

Class 2A Record: 3:18.09, Albia (Tony Leshen, Kyle Sinnott, Jacob Clouse, Avery Moore), 2016

Class 1A Record: 3:22.13, North Linn, Troy Mills (Ty Sherman, T.D. Holub, Justin Waring, Seth Schuhmacher) 2006

4 x 800 METER RELAY

Iowa State Meet Record: 7:41.43, Ames (Lee Grim, Kuol Chol, Atem Akok, Daniel Chan), 2015

Iowa All-time Best: 7:41.43, Ames (Lee Grim, Kuol Chol, Atem Akok, Daniel Chan), 2015

Class 4A Record: 7:41.43, Ames (Lee Grim, Kuol Chol, Atem Akok, Daniel Chan), 2015

Class 3A Record: 7:49.07, Spirit Lake Park (Alec Baldwin, Keith Byers, Kayne Feldick, Will Norris), 2011

Class 2A Record: 7:50.39, Monticello (Jarrett Easton, Jordan Loes, Derek Manternach, Matt Manternach), 2015

Class 1A Record: 7:58.63, Pekin (Chandler Eckley, Sam Roth, Isaiah Wittrock, Ryan Millikin), 2017

1,600 METER MEDLEY RELAY

Iowa State Meet Record: 3:24.39. Linn-Mar, Marion (Austin Flieder, Tim Wolfe, Duggan Trenary, Josh Evans), 2014

Iowa All-time Best: 3:22.69, Iowa City, City (Sumaster Newell, Hakim Hill, Calvin Davis, Jeremy Mims), 2001 (June 13-01; Nike Invitational; Raleigh, NC)

Class 4A Record: 3:24.39. Linn-Mar, Marion (Austin Flieder, Tim Wolfe, Duggan Trenary, Josh Evans), 2014

Class 3A Record: 3:27.65, Assumption, Davenport (Ben Irmen, Joe Conklin, Mike Craddick, Brett Adams), 2004

Class 2A Record: 3:26.16, Mid-Prairie, Wellman (Tanner Miller, Cody Bontrager, Lance Silbaugh, Aaron Stockstell) 2008

Class 1A Record: 3:32.40, West Marshall (Brian Karsjens, Bob Kilker, Richard Affeldt, Brian Smith), 1994

4 x 110 METER SHUTTLE HURDLE RELAY (36" hurdles, new 2019)

Iowa State Meet Record: 57.18, Valley, W.D.M. (Parker Marschal, Urias Gbarjolo, Trajen Thornton, Jayden Williams) 2019

Iowa All-time Best: 57.18, Valley, W.D.M. (Parker Marschal, Urias Gbarjolo, Trajen Thornton, Jayden Williams) 2019

Class 4A Record: 57.18, Valley, W.D.M. (Parker Marschal, Urias Gbarjolo, Trajen Thornton, Jayden Williams) 2019

Class 3A Record: 59.63, Sergeant Bluff-Luton (Matthew Hansen, Nate Verros, Max Murphy, Austin Freiberg), 2019

Class 2A Record: 59.49, Dike-New Hartford (Cade Fuller, Grant Bixby, Ely Sohn, Seth Eden), 2019

Class 1A Record: 1:00.39, Central Decatur (Anthony Marks, Cauy Spidle, Dakota Reed, Cole Pedersen), 2019

800 Sprint Medley Relay (new 2017)

Iowa State Meet Record: 1:30.92, Bettendorf (Austin Kalar, Carter Bell, Leo Desequeria, Darien Porter), 2019

Iowa All-time Best: 1:30.92, Bettendorf (Austin Kalar, Carter Bell, Leo Desequeria, Darien Porter), 2019

Class 4A Record: 1:30.92, Bettendorf (Austin Kalar, Carter Bell, Leo Desequeria, Darien Porter), 2019

Class 3A Record: 1:31.77. Sergeant Bluff-Luton (Zach Shultz, Sam DeMoss, Josh Stangel, Jorma Schwedler) 2019

Class 2A Record: 1:33.69, Beckman Catholic, Dyersville (Riley Fangman, Joe Vaske, Mark Brown, Evan Wulfekuhle), 2018

Class 1A Record: 1:33.83, Lynnville-Sully (Sage Zylstra, Nate Stock, Corey McCoy, Tyson Vander Linden), 2018

DISCUS

Iowa State Meet Record: 197-05. Tom Yezek, Northwood-Kensett, 2016

Iowa All-time Best: 207-08, Scott Crowell, Mason City, 1978

Class 4A Record: 192-06, Nick Brayton, Iowa City West, 2007

Class 3A Record: 190-10, Tristan Wirfs, Mount Vernon, 2017

Class 2A Record: 186-02, Allan Walz, Bondurant-Farrar, 1991

Class 1A Record: 197-05. Tom Yezek, Northwood-Kensett, 2016

SHOT PUT

Iowa State Meet Record: 67-02, Nick Phelps, KP-WC, 2018

Iowa All-time Best: 70-11, Doug Lane, Cedar Rapids, Jefferson, 1968

Class 4A Record: 65-11.50, Doug Lane, Cedar Rapids, Jefferson, 1968

Class 3A Record: 64-07.75, Drew Clark, Marion, 2009

Class 2A Record: 67-02, Nick Phelps, KP-WC, 2018

Class 1A Record: 60-10.25, Bob Feuerbach, Preston, 1975

HIGH JUMP

Iowa State Meet Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Iowa All-time Best: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Class 4A Record: 7-0, Andy Kohler, Ames, 1999

Class 3A Record: 6-11, Colten Kelly, Anamosa, 2008

Class 2A Record: 7-03.5, Brian Tietjens, North Central, Manly, 1981

Class 1A Record: 6-11, Ehi Oamen, Hinton, 2006

LONG JUMP

Iowa State Meet Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985

Iowa All-time Best: 24-09.50, Chris Walker, Davenport, Central, 1984 (Golden West Invit'l; Sacramento, CA, 1984)

Class 4A Record: 24-01, Jerry Westerfield, Davenport, North, 2012 and Chris Walker, Davenport, Central, 1983

Class 3A Record: 23-04.25, Chandler Diercks, Clear Lake, 2014

Class 2A Record: 24-03, Matt Zuber, Iowa Valley, Marengo, 1985

Class 1A Record: 23-02.50, Nick Efkamp, Madrid, 2011

STATE MEET WHEELCHAIR EVENT RECORDS

(Started in 1990 unless otherwise noted)

100

State Meet Record: 17.70, Evan Correll, Waukee, 2019

Iowa All-Time Best: 17.11, Jon Litzkow, Waterloo, West, 2013

200

State Meet Record: 31.02, Jon Litzkow, Waterloo, West, 2013

Iowa All-Time Best: 30.52, Jon Litzkow, Waterloo, West, 2013

400 – Started in 2003

State Meet Record: 56.57, Jon Litzkow, Waterloo, West, 2013

Iowa All-Time Best: 56.57, Jon Litzkow, Waterloo, West, 2013

800 – 1990-2002, resume 2019

State Meet Record: 2:06.79, E.J. Runyan, Johnston, 1999

Iowa All-Time Best: 2:06.79, E.J. Runyan, Johnston, 1999

Shot Put

State Meet Record: 40-05.50, Alex Gudenkauf, Dubuque Senior, 2013

Iowa All-Time Best: 41-02, Alex Gudenkauf, Dubuque Senior, 2013

STATE MEET RECORDS of DISCONTINUED EVENTS

HAMMER THROW (1906-1910)

State Meet Record: 164-05, George Weis, 1909

Iowa All-Time Best: 164-05, George Weis, Marion, 1909

JAVELIN (1927-1941)

State Meet Record: 195-08.25, Bruce Erickson, Traer, 1939

Iowa All-Time Best: 195-08.25, Bruce Erickson, Traer, 1939

FOOTBALL THROW (1942-1963)

State Meet Record: (Point System) 350, Mickie Miller, Cherokee & Gerald Dawson, Sigourney, 1942 (Miller in throw-off)
(Distance Record) 259-05, Stanley Whitman, Iowa Falls, 1963

Iowa All-Time Best: 266-05, Gary Eggers, Audubon, 1963

Class 4A Record: 244-08, Steve Soesbe, Ames, 1963

Class 3A Record: 259-05, Stanley Whitman, Iowa Falls, 1963

Class 2A Record: 238-09.5, Glen Banks, Ainsworth, 1963

Class 1A Record: 248-00.5, Roger Larson, Underwood, 1963

POLE VAULT (1906-1989)

State Meet Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Iowa All-Time Best: 15-06.5, Preston Schmidt, Bettendorf, 1983 (Schmidt vaulted 16-06.5, indoors in 1984)

Class 4A Record: 15-06.5, Preston Schmidt, Bettendorf, 1983

Class 3A Record: 15-00.5, Tom Pratt, Cherokee, Washington, 1976

Class 2A Record: 14-02, Doug Atwood, Pekin, Packwood, 1984

Class 1A Record: 13-11.5, Darrell Crawford, Lamoni, 1976

100 YARD DASH (1906-77)

State Meet Record: 9.5, Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Iowa All-Time Best: 9.3 by Clyde Duncan, Des Moines North, 1964

Class 4A Record: 9.5, Clyde Duncan, Des Moines North, 1964; James Kirby, Des Moines, North, 1967

Class 3A Record: 9.9, Ron Davis, Perry, 1965; Jerry Lenz, Cherokee, 1966; Steve Wolpert, West Monona, 1970; Mike

Shaw, Nevada, 1975 (p)

Class 2A Record: 9.9, Jack Bintz, Sutherland, 1964; Ron Miller, English Valleys, 1965; Warren Johnson, West Lyon, 1967;
Dave Harskamp, Sioux Center, 1968

Class 1A Record: 9.7, Jim Cave, Dexfield, Redfield, 1964

220 YARD DASH (1906-1977 one turn)

State Meet Record: 21.4, James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971

Iowa All-Time Best: 20.9 Tom Jennings, Marshalltown, 1955

Class 4A Record: 21.4, James Kirby, Des Moines, North, 1966; Dick Eisenlauer, Des Moines, East, 1971

Class 3A Record: 21.7, Mike Shaw, Nevada, 1976

Class 2A Record: 22.1, Steve Hodges, Laurens, 1966

Class 1A Record: 22.2, Bruce McDonald, Scranton, 1964; Vic Lochman, Alden, 1976

440 YARD DASH (1906-1977)

State Meet Record: 48.0, Roger Colglazier, Davenport, Central, 1967; Chuck Curtis, Clinton, 1970

Iowa All-Time Best: 47.9, Roger Colglazier, Davenport, Central, 1968

Class 4A Record: 48.0, Roger Colglazier, Davenport, Central, 1967; Chuck Curtis, Clinton, 1970

Class 3A Record: 49.0, Tom Dovel, Red Oak, 1973; Mike Norton, Anamosa, 1976

Class 2A Record: 49.0, Gary Hollingsworth, English Valleys, 1960

Class 1A Record: 49.7, John Pollock, Havelock-Plover, 1965

880 YARD RUN (1906-1977)

State Meet Record: 1:52.1, David Korir, Cedar Rapids, Washington, 1975

Iowa All-Time Best: 1:50.0, David Korir, Cedar Rapids, Washington, 1975

Class 4A Record: 1:52.1, David Korir, Cedar Rapids, Washington, 1975

Class 3A Record: 1:55.2, Jim McGuire, Centerville, 1976

Class 2A Record: 1:55.4, Mike Elliott, West Branch, 1977

Class 1A Record: 1:57.2, Tom Christensen, Ventura, 1975

MILE RUN (1906-1977)

State Meet Record: 4:13.8, Joe Burke, Columbus Catholic, Waterloo, 1975

Iowa All-Time Best: 4:04.38, Josh Evans, Linn-Mar, Marion, 2014

Class 4A Record: 4:13.8, Joe Burke, Columbus Catholic, Waterloo, 1975

Class 3A Record: 4:18.6, Dennis Modracek, Prairie, Cedar Rapids, 1967

Class 2A Record: 4:20.1, Dennis Reed, Anita, 1964; Rex Karamitros, Newman Catholic, Mason City, 1977

Class 1A Record: 4:21.0, Jerome Howe, Treynor, 1967

2 MILE RUN (1968-1977)

State Meet Record: 8:58.8, Jim Eicken, Davenport, Central, 1974

Iowa All-Time Best: 8:52.0, Jim Eicken, Davenport, Central, 1975

Class 4A Record: 8:58.8, Jim Eicken, Davenport, Central, 1974

Class 3A Record: 9:20.3, Mike Cregen, Clarinda, 1974

Class 2A Record: 9:36.3, Jim Hansen, Dike, 1976

Class 1A Record: 9:36.8, Mark Hughes, Delwood, Elwood, 1974

120-YARD HIGH HURDLES (1906-1977)

State Meet Record: 14.0, Greg Rumble, Urbandale, 1974

Iowa All-Time Best: 13.6, Randy Elliott, Charles City, 1977

Class 4A Record: 14.0, Greg Rumble, Urbandale, 1974

Class 3A Record: 14.2, Steve Casey, Cherokee, Washington 1971

Class 2A Record: 14.5, LeRoy McCuen, Corning, 1977

Class 1A Record: 14.5, Ross Thiedeman, Ar-We-Va, 1977

220-YARD LOW HURDLES (1906-1934)

State Meet Record: 24.1, Francis Layden, Davenport, 1931

Iowa All-Time Best: 24.1, Francis Layden, Davenport, 1931

200-YARD LOW HURDLES (1935-1950)

State Meet Record: 22.4, Bob Morris, Clarion, 1940

Iowa All-Time Best: 22.4, Bob Morris, Clarion, 1940

Class A Record: 22.7 Dean Duel, Cherokee, 1948

Class B Record: 23.6, Arden Heisdorffer, Keota, 1949

180-YARD LOW HURDLES (1951-1977 one turn)

State Meet Record: 19.4, Randy Elliott, Charles City, 1977

Iowa All-Time Best: 18.8, Dan Wierson, Ames, 1972

Class 4A Record: 19.4, Randy Elliott, Charles City, 1977

Class 3A Record: 19.6, Chris Nady, Nevada, 1977

Class 2A Record: 19.6, LeRoy McCuen, Corning, 1977

Class 1A Record: 19.9, Ross Thiedeman, Ar-We-Va, Westside, 1977

165-METER LOW HURDLES (1978)

State Meet Record & Iowa All-Time Best: 20.3, Jon Hutch, Clinton, 1978

440-YARD RELAY (1935-1977)

State Meet Record: 42.2, Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo, Duncan), 1975 (p)

Iowa All-Time Best: 42.2, Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo, Duncan), 1975 (p)

Class 4A Record: 42.2, Des Moines, Tech (Mike Anderson, Nate Butts, Willis Humphry, Ricardo, Duncan), 1975 (p)

Class 3A Record: 43.7, Glenwood (Dick Keith, Pando Markuly, Kent Asmussen, Kenny Hunter), 1966 (p); Storm Lake (Alan Bowles, Art Lande, Jim Jorgensen, Gene Lyster), 1967; West Monona (Bob Bisbee, Dave Brink, Steve Wolpert, Jack Comfort), 1969

Class 2A Record: 43.8, Maurice-Orange City (Darwin Vermaat, David Woodward, Garry Brumels, Dan DeKoter), 1973 (p)

Class 1A Record: 44.1, Terril (Dan Opioen, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 (p)

880-YARD RELAY (1906-1977)

State Meet Record: 1:27.9, Cedar Rapids, Washington (Verrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977

Iowa All-Time Best: 1:27.9, Cedar Rapids, Washington (Verrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977

Class 4A Record: 1:27.9, Cedar Rapids, Washington (Verrick Wilson, David Facien, C.C. Moore, Vernon Brown), 1977

Class 3A Record: 1:29.8, Eagle Grove (Gerald Page, Dave Stockdale, Mike Asche, Mike Koepke), 1973 (p); Nevada (Mike Leeper, Earl Stoeffler, Marc Andresen, Mike Shaw), 1975 (p)

Class 2A Record: 1:31.2, Maurice-Orange City (Gary Brumels, David Woodward, Doug DeHaan, Dan DeKoter), 1973 (p)

Class 1A Record: 1:31.1, Terril (Dan Opioen, Bill Gerdeman, Mike Cranston, Steve Olson), 1973 (p)

MILE RELAY (1906-1977)

State Meet Record: 3:17.7, Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970

Iowa All-Time Best: 3:17.7, Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970

Class 4A Record: 3:17.7, Indianola (Dick Fromm, Steve Patrick, Jim Crawford, Phil Kuehl), 1970

Class 3A Record: 3:23.4, Cherokee, Washington (Byron Reed, Jon Hantsbarger, Tom Graves, Don Woods), 1967

Class 2A Record: 3:27.3, Manson (Tom Sigler, Del Rost, Jim Walstrom, John Walstrom), 1966

Class 1A Record: 3:27.2, Hamburg (Tom Arzana, Charles Dovel, Joe Livengood, Jeff Barrett), 1977

2-MILE RELAY (1935-1977)

State Meet Record: 7:47.0, Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn) 1977

Iowa All-Time Best: 7:47.0, Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn) 1977

Class 4A Record: 7:47.0, Davenport, West (Jeff Werthmann, Mike Oberhaus, Ken Buesing, Ricci Washburn) 1977

Class 3A Record: 8:01.4, Lewis Central (Andy Everson, Ed Croson, Don Woods, Boyd Nansel), 1974

Class 2A Record: 8:05.6, Britt (Dave Zrostik, Dave Howlett, Jim Dummett, Doug Pooch), 1974

Class 1A Record: 8:09.9, Hamburg (Ray Aranza, Tom Alstrope, Mark Fletcher, Jay Kirby), 1973

MILE MEDLEY RELAY (1935-1977)

State Meet Record: 3:27.0, Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975

Iowa All-Time Best: 3:27.0, Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975

Class 4A Record: 3:27.0, Cedar Rapids, Washington (Tim Lodwick, Jim Nissen, Ken Hopkins, David Korir), 1975

Class 3A Record: 3:32.5, Anamosa (Bill Burhans, Tom Michels, Mike Norton, Kevin Burke), 1975

Class 2A Record: 3:34.0, Greene (Byron Davis, John Van Eschen, Rich Allison, Brian Frevert), 1975

Class 1A Record: 3:36.9, Meriden-Cleghorn (Brian Ruppi, Jerry Biezuns, Mike Hurd, Pete Stevenson), 1975

4 x 110 METER SHUTTLE HURDLE RELAY (30" hurdles – 2007, 2008)

Iowa State Meet Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Iowa All-time Best: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Class 4A Record: 56.15, Iowa City West (Aaron Martin, Peter Dolan, Leonard Sula, Dan Davis), 2008

Class 3A Record: 57.30, Atlantic (John Cord, JD Reason, Alex Schelling, Jordan Mullen), 2008

Class 2A Record: 57.09, Hudson (Matt Finn, Tanner Wright, Jeff Dunwald, Channing Puls), 2008

Class 1A Record: 58.15, WACO, Wayland (Doug McIntyre, Tad Morrow, Chase Roth, Austin McBeth), 2008

4 x 110 METER SHUTTLE HURDLE RELAY (33" hurdles in 2009; New Event in 2019 with 36" hurdles)

Iowa State Meet Record: 55.78, Waukee (Josh Brdicko, Kalen Renshaw, Scott Stanley, Jared Brdicko), 2014

Iowa All-time Best: 55.68, Linn-Mar, Marion (Daniel Gorsich, Nick House, Gavren Docherman, Zeal Baker), 2016

Class 4A Record: 55.78, Waukee (Josh Brdicko, Kalen Renshaw, Scott Stanley, Jared Brdicko), 2014

Class 3A Record: 56.74, Waverly-Shell Rock (Cole Chestnut, Jackson Litterer, Blake Willson, Eric Larson), 2011

Class 2A Record: 56.99, Sioux Center (Christian Rozeboom, Alex Bakker, Derek Hooyer, Dylon Van't Hof), 2014 (p)

Class 1A Record: 58.48, Madrid (Nick Novotny, Tanner Adams, CJ Manthe, Jeremy Johnson), 2012 prelims

Wheelchair Discus (1990-2004)

State Meet Record: 85-10, Nick Lange, Wahlert Catholic, Dubuque, 2003

Iowa All-Time Best: 85-10, Nick Lange, Wahlert Catholic, Dubuque, 2003

IHSAA STATE MEET BESTS

Most Team Championships Won by a School

20 – Ames

11 – Des Moines, East

15 – Davenport, Davenport, Central

11 – Iowa City, City

Most Team Championships Won by a Coach

10 – John Raffensperger, Iowa City, City

8 – Hi Covey, Ames

9 – John Sletten, Ames

7 – Ira Dunswoorth, Davenport; Davenport Central

9 – Mike Augustine, Des Moines, East

Most Consecutive Team Titles Won by A School

6 - Ames (1986-91); Iowa City, City (1992-97)

5 - Des Moines, West (1910-1914); Cedar Rapids (1921-25)

4 - Ames (1955-58); Hamburg (1974-77)

Most Team Points Scored by a Championship Team

Class 4A: 89 – Valley, West Des Moines, 2019

Class 2A: 107 – West Burlington/Notre Dame, 2015

Class 3A: 100.5 – Xavier, Cedar Rapids, 2008

Class 1A: 89 – Lisbon, 2017

School Winning Five Relays, Single Meet (6 max starting in 2007; 7 in 2017)

Davenport (1952) [440-880-Mile-2 Mile-Mile Medley]

Prairie, Gowrie (1968) [440-880-Mile-2 Mile-Mile Medley]

Iowa City, City High (2001) [4x100, 4x200, 4x400, 4x800, 1,600 Meter Medley]

School with Most Consecutive Relay Victories

10 – Iowa City, City (2000-2002)

Schools with the Most State Meet Event Champions

124 – Ames

114 – Davenport, Davenport Central

97 – Des Moines East

81 – Iowa City; Iowa City, City

School with Most Individual Running Event Champions

45 – Des Moines East

School with the Most Relay Champions

47 – Ames

School with the Most Field Event Champions

43 – Davenport, Davenport, Central

School Winning Same Event 6 or More Consecutive Years

6 years – Des Moines, North – 100-yard dash & 220-yard dash, 1962-67

School Winning Same Relay, 5 Consecutive Years

Lake City – Mile Relay (1950-51-52-53-54)

Hamburg – Mile Relay (1973-74-75-76-77)

Albia – 4 x 400 (2013-14-15-16-17)

Four Event Individual Champions, Single State Meet

1907 – Carl Harris, Des Moines West (100, 220, 440 and Long Jump)

1926 – Vane Snorf, Des Moines Roosevelt (100, High Hurdles, Low Hurdles, Long Jump)

1956 – Bob Brandt, Denison (100, 220, Low Hurdles, Long Jump)

1976 – LeRoy McCuen, Corning (High Hurdles, Low Hurdles, High Jump, Long Jump)

2002 – Adam Haluska, Carroll (100, 200, 400, Long Jump)

2011 – Nick Efkamp, Madrid (Long Jump, 400 hurdles, 110-Meter High Hurdles, 100 Meter Dash)

Wheelchair 4 Event Champions, Single State Meet

4 Years, 4 First Each Year

1997, 98, 99, 2000 each – E.J. Runyan, Johnston (100, 200, 800, Discus)

4 Event Wins, Same Year

1992 – Tom Rodruck, Winfield-Mt. Union (100, 200, 800, Discus)

1996 – Mark Hauschildt, Nodaway Valley, Greenfield (100, 200, 800, Discus)

2014 – Drake Sachsenmaier, Camanche (100-200-400-Shot Put)

Individuals, Schools Winning Same Event 4 Consecutive Years (does not include those who won 5)

Randy Thompson, Corwith-Wesley-LuVerne - (100 Meters Dash, 1991-92-93-94)

Nate Smith, West Hancock, Britt - (100 Meter Dash, 1991-92-93-94)

Tim Dwight, Iowa City, City - (200 Meter Dash, 1991-92-93-94)

Rob Brock, Dubuque Senior - (3,200 Meter Run, 1994-95-96-97)

Isaac Wendland, Charles City - (1,600 Meter Run, 2005, 06, 07, 08)

Conner Smock, Lisbon - (3,200 Meter Run, 2009, 10, 11, 12)

Albert City - (Mile Medley Relay, 1952-53-54-55)

Iowa City, City - (4 x 200 Meter Relay, 1994-95-96-97)

St. Edmond, Fort Dodge - (4 x 400 Meter Relay, 2007-08-09-10)

Madrid – (400 Hurdles, 2009-10-11-12)

West Burlington/Notre Dame – (High Jump, 2013-16)

Monticello – (4x800 Meter Relay, 2013-16)

Waukee – (Shuttle Hurdle Relay, 2013-16)

Cedar Falls – (4x400 Meter Relay, 2014-15-16-17)

Wheelchair Individuals Winning Same Event 4 Consecutive Years

E. J. Runyan, Johnston - (Wheelchair 100, 200, 800, & Discus: 1997-98-99-2000)

Schools Winning Four or More Relays in Same State Meet

Won Five Relays

**1952 - Davenport (440, 880, Mile, 1,600 Meter Medley, Two Mile)
1968 - Prairie, Gowrie (440, 880, Mile, 1,600 Meter Medley, Two Mile)
2001 - Iowa City, City High (4x100, 4x200, 4x400, 4x800, 1,600 Meter Medley)**

Won Four Relays

**1951 - Des Moines, East (440, 880, Mile, Two Mile)
1957 - Ames (440, 880, Mile, Two Mile)
1965 - Eagle Grove (880, Mile, Medley, Two Mile)
1966 - Glenwood (440, 880, Mile, Mile Medley)
1974 - Davenport, Central (440, 880, Mile, Mile Medley)
1981 - NUH, Cedar Falls (800, 1600, 1,600 Meter Medley, 3200)
1997 - Iowa City, City High (4x100, 4x200, 4x400, 4x800)
2000 - Iowa City, City High (4x100, 4x200, 4x400, 4x800)
2017 - Lisbon (4x200, 4x400, 1,600 Meter Medley, 800 Meter Sprint Medley)**

ATHLETES WHO WON THREE INDIVIDUAL EVENTS IN A SINGLE STATE MEET

1907	Merle Alderman, Marion	12 lbs Hammer Throw, Shot Put, Discus
1912	Charles Hoyt, Greenfield	100, 220, 120 High Hurdles
1921	Morgan Taylor, Sioux City	120 High Hurdles, 220 Low Hurdles, Long Jump
1924	Frank Cuhel, Cedar Rapids	100, 120 High Hurdles, 220 Lows
1949	Gary Scott, Des Moines, North	100, 220, 440
1951	Les Stevens, Lovilia	180 Lows, 120 High Hurdles, High Jump
1953	Tom Ecker, Waverly	180 Lows, 120 High Hurdles, Long Jump
1953	Bob Ash, Oelwein	220, 440, 880
1954	Tom Burrows, Belle Plaine	100, 220, 440
1954	Ted Harvey, Toledo Juvenile Home	100, 120 High Hurdles, High Jump
1955	Tom Burrows, Belle Plaine	100, 220, 440
1957	Ron Walter, Farragut	180 Lows, 120 High Hurdles, Shot
1961	John Pletcher, Clarion	100, 180 Lows, 120 High Hurdles
1962	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Clyde Duncan, Des Moines, North	100, 220, 440
1963	Harry Alley, Winterset	100, 220, 440
1963	Jon Reimer, George	220, 180 Lows, 120 High Hurdles
1964	Clyde Duncan, Des Moines, North	100, 220, 440
1965	Ron Davis, Perry	100, 220, LH
1966	Jim Kirby, Des Moines, North	100, 220, 440
1966	Jerry Lenz, Cherokee, Washington	100, 220, 440
1974	Greg Capell, Fayette	180 Lows, 120 High Hurdles, Long Jump
1977	Rich Van Pelt, Panorama, Panora	100, 220, 440
1977	LeRoy McCuen, Corning	180 Lows, 110m High Hurdles, Long Jump
1978	Owen Buckley, Sioux City, North	100m, 200m, Pole Vault
1980	Scott Harms, Wellsburg	100m, 200m, 400m
1981	Treye Jackson, Newton	100m, 200m, 400m
1981	Keith Willey, Osage	100m, 200m, 400m
1981	Tim Wilson, Clarke, Osceola	800m, 1600m, 3200m
1985	Matt Zuber, Iowa Valley, Marengo	400m Lows, 110m High Hurdles, Long Jump
1986	Paul Barnhart, Gehlen Catholic, LeMars	800m, 1600m, 3200m
1987	Rob Wise, West Liberty	100m, 200m, 400m
1989	Darwin VandeHoef, Rock Valley	400m Lows, 110m High Hurdles, High Jump
1990	Jamie Leonard, Dallas Center-Grimes	100m, 200m, Long Jump
1991	Bill Betterton, Carlisle	400m, 110m High Hurdles, High Jump

	<i>Enrique Flores, Wapello</i>	200m, 110m High Hurdles, Lows
1992	<i>Tim Dwight, Iowa City, City High</i>	200m, Lows, Long Jump
1993	<i>Randy Thompson, CWL, Corwith</i>	100m, 200m, 400m
1998	<i>Chris McCullough, Pleasantville</i>	200m, 400m, Long Jump
	<i>Mike Pope, West Burlington, Arnold</i>	100m, 200m, 400m
2001	<i>Jason Nolting, Preston-East Central</i>	100m, 200m, 400m
	<i>Adam Haluska, Carroll</i>	100m, 200m, Long Jump
2003	<i>Dylan Davis, ADM, Adel</i>	800m, 1600m, 3200m
	<i>Jordan Crosby, Fort Dodge</i>	110m High Hurdles, 400m Low Hurdles, Long Jump
2004	<i>Jake Berns, MFL, MarMac</i>	800m, 1600m, 3200m
2005	<i>Nick Kuchel, Kingsley-Pierson</i>	110m High Hurdles, 100m, 200m
	<i>Greg Offerman, Charles City</i>	200m, 400m, 400m Low Hurdles
2008	<i>Aaron Stockstell, Mid-Prairie, Wellman</i>	200m, 400m, 800m
2012	<i>James Harrington, Cedar Falls</i>	100m, 200m 400m
2014	<i>Josh Evans, Linn-Mar, Marion</i>	800m, 1600m, 3200m
	<i>Derek Harksen, Camanche</i>	100m, 200m, 400m
2015	<i>Ryan Schweizer, Dowling Catholic</i>	800m, 1600m, 3200m
2016	<i>Ryan Schweizer, Dowling Catholic</i>	800m, 1600m, 3200m
	<i>Jalen Rima, Prairie, Cedar Rapids</i>	100m, 200m, 400m
2019	<i>Jorma Schwedler, Sergeant Bluff-Luton</i>	100m, 200m, 400m

SCHOOLS THAT WON THREE RELAYS IN A SINGLE STATE MEET (4 and 5 above)

1940	<i>Des Moines, East</i>	440, 880, Mile
1948	<i>Des Moines, North</i>	440, 880, Mile
1955	<i>Des Moines, Roosevelt</i>	440, Mile, Mile Medley
1956	<i>Ames</i>	440, 880, Mile
1956	<i>Primghar</i>	880, Medley, Two Mile
1956	<i>Clarinda</i>	Mile, Medley, Two Mile
1959	<i>West Chester</i>	440, 880, Mile
1962	<i>Moville</i>	Mile, Medley, Two Mile
1963	<i>Dexfield, Redfield</i>	440, 880, Mile
1965	<i>Pomeroy</i>	880, Mile, Mile Medley
1966	<i>Sioux City, Central</i>	440, Medley, Two Mile
1966	<i>Manson</i>	440, 880, Mile
1967	<i>Villisca</i>	440, 880, Mile
1970	<i>Clear Lake</i>	440, 880, Mile
1974	<i>Iowa Falls</i>	440, 880, Mile
1974	<i>Britt</i>	440, 880, Two Mile
1975	<i>Hamburg</i>	880, Mile, Two Mile
1977	<i>Cedar Rapids, Washington</i>	440, 880, Mile
1979	<i>Kanawha</i>	4x100, 4x200, 4x400
1983	<i>Davenport, Central</i>	4x100, 4x200, 1,600 Meter Medley
1984	<i>Marshalltown</i>	4x200, 4x400, 1,600 Meter Medley
1986	<i>Maurice-Orange City</i>	4x100, 4x200, 4x400
1987	<i>Ames</i>	4x100, 4x800, 1600 Meter Medley
	<i>CAL-Dows</i>	4x400, 4x800, 1,600 Meter Medley
1989	<i>North Mahaska, New Sharon</i>	4x100, 4x200, 1,600 Meter Medley
1990	<i>North Mahaska, New Sharon</i>	4x100, 4x200, 1,600 Meter Medley
1991	<i>Ames</i>	4x400, 4x800, 1,600 Meter Medley
1994	<i>Iowa City, City High</i>	4x200, 4x400, 1,600 Meter Medley
	<i>Cherokee, Washington</i>	4x200, 4x400, 1,600 Meter Medley
1996	<i>Garner-Hayfield</i>	4x400, 4x800, 1,600 Meter Medley
1997	<i>Panorama, Panora</i>	4x100, 4x200, 4x400
1999	<i>Mount Pleasant</i>	4x200, 4x400, 1,600 Meter Medley
	<i>Beckman, Dyersville</i>	4x200, 4x400, 4x800
2004	<i>Treynor</i>	4x100, 4x200, 4x400
2005	<i>Wahlert, Dubuque</i>	4x200, 4x800, 1,600 Meter Medley
2007	<i>Beckman, Dyersville</i>	4x100, 4x200, Shuttle Hurdle

2009	St. Edmond, Fort Dodge	4x200, 4x400, 4x800
2010	Bishop Heelan Catholic, Sioux City	4x200, 4x400, 1,600 Meter Medley
2012	Manson Northwest Webster.....	4x100, 4x200, 4x400
2013	Manson Northwest Webster.....	4x100, 4x200, 4x400
2014	Mount Ayr.....	4x800, 1,600 Meter Medley, 4x400
	Waukeee	Shuttle Hurdle Relay, 4x100, 4x200
2015	Alta-Aurelia.....	4x400, 4x800, 1,600 Meter Medley
2017	Albia	4x100, 4x200, 4x400
2018	Pekin	4x100, 4x800, 1,600 Meter Medley
	Atlantic.....	4x400, 4x800, 1,600 Meter Medley
2019	Valley, West Des Moines	4x100, 4x200, Shuttle Hurdle
	Sergeant Bluff-Luton	4x800, 800 Sprint Medley, Shuttle Hurdle

3-Event Wheelchair Winners – Single State Meet

1990	Tony Ramirez, Bishop Heelan, Sioux City	100m, 800m, Discus
1993	John Jeter, Iowa City, West	100m, 200m, 800m
1995	Mark Hauschildt, Greenfield, Nodaway Valley	200m, shot, Discus
2001	Brian Wauters, Marshalltown	100m, 200m, 800m
2002	Brian Wauters, Marshalltown	100m, 200m, 800m
2003	Brian Wauters, Marshalltown	100m, 200m, 400m
2004	Nathan Redlinger, English Valleys	100m, 200m, 400m
2005	Nathan Redlinger, English Valleys	100m, 200m, 400m
2006	Cory Behrendt, Boone.....	100m, 200m, 400m
2007	Cory Behrendt, Boone.....	100m, 200m, 400m
2010	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2011	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2012	Jordan Houdehell, Linn-Mar.....	100m, 200m, 400m
2013	Jon Litzkow, Waterloo West.....	100m, 200m, 400m
2015	Jeromie Meyer, Woodbine	100m, 200m, 400m
2016	Noah Thomas, Roland-Story.....	100m, 200m, 400m
2019	Evan Correll, Waukeee	100m, 200m, 400m

Individuals & School Relay Teams Winning the Same State Event 3 Consecutive Years

Following individuals and schools do include those who won the same event four or five consecutive years

Individual Events

Plato Redfern, Council Bluffs & DM West.....	Mile Run	1908, 09, 10
Charles Hoyt, Greenfield.....	100 Yd. Dash.....	1911, 12, 13
	220 Yd. Dash.....	1911, 12, 13
Glenn Tenny, Des Moines West	Mile Run	1912, 13, 14
Theodore Packer, Marshalltown	120 High Hurdles.....	1914, 15, 16
Harrison Barnes, Cedar Rapids	880 Yd. Run.....	1919, 20, 21
Hoyer Jensen, Cedar Rapids	Mile Run	1919, 20, 21
Orville Madsen, Ames	High Jump	1930, 31, 32
John Graves, Cherokee	880-Yard Run	1932, 33, 34
Bruce Erickson, Traer	Javelin.....	1937, 38, 39
Joe Paulsen, Davenport.....	Football Throw.....	1945, 46, 47
Dean Deuel, Cherokee	Low Hurdles	1946, 47, 48
Larry Strickler, Sigourney	Discus	1959, 60, 61
Joel Harris, Carroll	Shot Put	1961, 62, 63
Clyde Duncan, Des Moines, North	100-Yard Dash	1962, 63, 64
	220-Yard Dash	1962, 63, 64
	440-Yard Dash	1962, 63, 64
Bruce McDonald, Scranton	220-Yard Dash	1962, 63, 64
Tom Tiernan, Allison-Bristow	One Mile Run	1962, 63, 64
Jim Kirby, Des Moines, North	220-Yard Dash	1965, 66, 67
Phil Wertman, Villisca	Pole Vault	1965, 66, 67
Jerome Howe, Treynor	One Mile Run	1966, 67, 68
Doug Lane, Cedar Rapids, Jefferson	Shot Put	1966, 67, 68
Doug Smith, Sioux City, Central	One Mile Run	1966, 67, 68

Tom Dovel, Red Oak	440-Yard Dash	1972, 73, 74
Brent Geringer, Mount Ayr	Shot Put	1972, 73, 74
Mark Hughes, Delwood, Elwood	Two Mile Run	1973, 74, 75
Jeff DeVilder, BGM, Brooklyn	Shot Put	1975, 76, 77
Chuck Locke, Davis County, Bloomfield	Shot Put	1975, 76, 77
Rick McKean, Missouri Valley	One Mile Run	1975, 76, 77
Darrell Crawford, Lamoni	Pole Vault	1976, 77, 78
Chris Nady, Nevada	Low Hurdles	1976, 77, 78
Jeff Nielsen, Britt	100-Meter Dash	1978, 79, 80
Brad Bartelt, West Branch	400-Meter Dash	1982, 83, 84
Chris Walker, Davenport, Central	Long Jump	1982, 83, 84
Darwin VandeHoef, Rock Valley	High Jump	1987, 88, 89
Nate Smith, Britt	100 Meters	1991, 92, 93
Phil Hasenkamp, Saint Albert, Co. Bluffs	1600-Meter Run	1991, 92, 93
Aaron Egbert, Mediapolis	400-Meter Run	1992, 93, 94
Tim Dwight, Iowa City, City	Long Jump	1992, 93, 94
Brent MacLagan, Jefferson-Scranton	400 Meter Low Hurdles	1993, 94, 95
Cyrus Nichols, Des Moines Roosevelt	110m High Hurdles	1997, 98, 99
Pat O'Hea, Wahlert, Dubuque	Wheelchair Shot Put	1998, 99, 2000
Adam Haluska, Carroll	Long Jump	2000, 01, 02
Dylan Davis, ADM, Adel	3,200 Meter Run	2001, 02, 03
1,600 Meter Run	2001, 02, 03	
Brian Wauters, Marshalltown	Wheelchair 100	2001, 02, 03
Brian Wauters, Marshalltown	Wheelchair 200	2001, 02, 03
Kiel Uhl, Des Moines Roosevelt	3,200 Meter Run	2003, 04, 05
Greg Offerman, Charles City	200 Meter Dash	2003, 04, 05
400 Meter Low Hurdles	2003, 04, 05	
Nick Lange, Wahlert, Dubuque	Wheelchair Shot Put	2003, 04, 05
Nick Kuchel, Kingsley-Pierson	110m High Hurdles	2004, 05, 06
Matt Banse, Starmont, Arlington	Shot Put	2005, 06, 07
Aaron Stockstell, Mid-Prairie, Wellman	400 Meter Dash	2006, 07, 08
	800 Meter Run	2006, 07, 08
Isaac Wendland, Charles City	800 Meter Run	2006, 07, 08
Jordan Mullen, Atlantic	110m High Hurdles	2007, 08, 09
Kenny Gilmore, Davenport Central	Long Jump	2009, 10, 11
Nick Efkamp, Madrid	400 Meter Hurdles	2009, 10, 11
Kyle Dunn, Linn-Mar, Marion	400 Meter Low Hurdles	2009, 10, 11
James Harrington, Cedar Falls	200 Meter Dash	2010, 11, 12
Alex Gudenkauf, Dubuque. Senior	Wheelchair Shot Put	2011, 12, 13
Jeff Giannettino, West Burlington/Notre Dame	High Jump	2013, 14, 15
Chandler Diercks, Clear Lake	Long Jump	2013, 14, 15
Connor Ham, Solon	110-Meter-High Hurdles	2013, 14, 15
Kyle Dolecheck, Mount Ayr	800 Meter Run	2014, 15, 16
Cole Moeller, Calamus-Wheatland	High Jump	2015, 16, 17
Isaiah Trousil, West Burlington/Notre	100 Meter Dash	2015, 16, 17
	200 Meter Dash	2015, 16, 17
Tristan Wirfs, Mount Vernon	Discus	2015, 16, 17
Myles Bach, Marion & Center Point-Urbana	3,200	2016, 17, 18
Nick Phelps	Discus	2016, 17, 18

Relay Events (does not include schools who won four or five straight)

Cedar Rapids	880-Yard	1921, 22, 23
Cedar Rapids	One Mile	1921, 22, 23
Des Moines, North	880-Yard	1934, 35, 36
Des Moines, East	880-Yard	1938, 39, 40
Des Moines, Roosevelt	One Mile	1944, 45, 46
Albert City	Two Mile	1952, 53, 54
Valley, West Des Moines	440-Yard	1953, 54, 55

Ames	880-Yard	1955, 56, 57
Ames	440-Yard	1956, 57, 58
Ames	One Mile	1956, 57, 58
Davenport, Central	One Mile	1966, 67, 68
Indianola.....	One Mile	1969, 70, 71
Eagle Grove	Mile Medley	1970, 71, 72
Hamburg	Two Mile	1973, 74, 75
NUH, Cedar Falls	800-Meter	1980, 81, 82
Saint Albert, Council Bluffs	400-Meter	1982, 83, 84
Woodbine	4 x 800	1988, 89, 90
North Mahaska, New Sharon	4 x 200.....	1989, 90, 91
Davenport, Central	4 x 100	1992, 93, 94
Mediapolis	4 x 100	1992, 93, 94
Gehlen Catholic, LeMars	4 x 200	1993, 94, 95
Beckman, Dyersville.....	4 x 200.....	1997, 98, 99
West Lyon, Inwood.....	4 x 100.....	1998, 99, 2000
Iowa City, City High.....	4 x 400.....	1999, 2000, 01
Iowa City, City High.....	4 x 200.....	2000, 01, 02
Tipton	4 x 800.....	2000, 01, 02
Ankeny	4 x400	2002, 03, 04
Beckman, Dyersville.....	4 x 200.....	2005, 06, 07
Valley, WDM.....	4 x 400.....	2005, 06, 07
Charles City.....	1,600 Meter Medley.....	2006, 07, 08
Mid-Prairie, Wellman	1,600 Meter Medley.....	2006, 07, 08
West Marshall.....	4 x 200.....	2010, 11, 12
Dowling Catholic	1,600 Meter Medley.....	2015, 16, 17
Central Decatur	Shuttle Hurdle	2017, 18, 19

Most Individual State Event Championships in a Career

9 – Clyde Duncan, Des Moines, North (1962-64)

(100, 220, 440 in 1962-63-64)

8 – Tim Dwight, Iowa City, City (1991-94)

(200 in 1991; 200, 400 H, LJ in 1992, 200, LJ in 1993; 200, LJ in 1994)

8 – LeRoy McCuen, Corning (1975-77)

(HJ in 1975; 120 HH, 180 LH, HJ, LJ in 1976; HH, LH, LJ in 1977)

8 – Adam Haluska, Carroll (2000-2002)

(LJ in 2000; 100, 200, LJ in 2001; 100, 200, 400, LJ in 2002)

7 – Conner Smock, Lisbon (2009-12)

(3,200 Meter Run, 2009, 10, 11, 12; 1,600 Meter Run 2009, 10, 12)

7 – Aaron Stockstell, Mid-Prairie, Wellman (2005-08)

(400 in 2006, 07, 08; 800 in 2006, 07, 08; 200 in 2008)

7 – Isaac Wendland, Charles City (2005-08)

(1,600 in 2005, 06, 07, 08; 800 in 2006, 07, 08)

7 – Nick Kuchel, Kingsley-Pierson (2004-06)

(110 M HH, 2004, 05, 06; 100m – 2004, 2005; 200m – 2005, 2006)

7 – Randy Thompson, Corwith-Wesley-LuVerne (1991-94)

(100 in 1991; 100, 200 in 1992; 100, 200, 400 in 1993; 100 in 1994)

7 – Greg Offerman, Charles City (2002-05)

(400H in 2003, 04, 05; 200 meters in 2003, 04, 05; 400 meters in 2005)

7 – Dylan Davis, ADM, Adel (2000-03)

(3,200 meters in 2001, 02, 03; 1,600 meters in 2001, 02, 03; 800 meters in 2003)

7 – Charles Hoyt, Greenfield (1911-13)

(100, 220 in 1911, 12, 13; 120 HH in 1912)

6 – Isaiah Trousil, West Burlington/Notre Dame (2015-17)

(100 Meter Dash, 2015-16-17; 200 Meter Dash, 2015-16-17)

6 – Ryan Schweizer, Dowling Catholic, WDM (2014-16)

(800 – 2015, 16; 1,600 – 2015, 16; 3,200 – 2015, 16)

6 – James Harrington, Cedar Falls (2010-12)

(100 in 2011, 12; 200 in 2010, 11, 12; 400 in 2012)

6 – Nick Efkamp, Madrid (2009-11)

(400 H in 2009, 10; 100, 110 M HH, 400 H, LJ in 2011)

6 – Tom Burrows, Belle Plaine (1953-55)

(100, 220, 440 – 1954; 100, 200, 440 - 1955)

6 – Bob Brandt, Denison (1954-56)

(180 LH, LJ in 1955; 100, 220, 180 LH, LJ in 1956)

6 – James Kirby, Des Moines, North (1965-67)

(100 – 1966, 1967; 220 in 1965, 66, 67; and 440 in 1966)

6 – Darwin Vande Hoef, Rock Valley (1987-89)

(HJ in 1987, 88, 89; 110 m High Hurdles 1988, 89; 400 m Hurdles in 1989)

6 – Rob Brock, Dubuque Senior (1994-97)

(1,600 meters in 1996; 800 meters in 1997; 3,200 meters in 1994-95-96-97)

Most State Event Championships in a Career

(8 or more; includes Relay Events)

12 – Tim Dwight, Iowa City, City (1991-94)

(200 – 1991, 92, 93, 94; LJ – 1992, 93, 94; 400 H – 1992; 4x200 – 1991, 94; 4x400 – 1993, 94)

11 – Aaron Stockstell, Mid-Prairie, Wellman (2005-08)

(400 in 2006, 07, 08; 800 in 2006, 07, 08; 200 in 2008; 1,600 M Medley Relay 2006, 2007, 2008; 4x400 Relay 2005)

11 – Isaac Wendland, Charles City (2005-08)

(1,600 in 2005, 06, 07, 08; 800 in 2006, 07, 08; 1,600 M Medley Relay 06, 07, 08; 4x400 Relay 05)

10 – Isaiah Trousil, West Burlington/Notre Dame (2015-17)

(100 – 2015, 16, 17; 200 – 2015, 16, 17; 4x100 Relay – 2015, 16; 4x200 Relay – 2015, 16)

9 – James Harrington, Cedar Falls (2010-12)

(100 in 2011, 12; 200 in 2010, 11, 12; 400 in 2012; 4x100 Relay 2011, 2012; 4x200 Relay 2011)

9 – Clyde Duncan, Des Moines, North (1962-64)

(100, 220, 440 in 1962-63-64)

8 – Ryan Schweizer, Dowling Catholic, WDM (2014-16)

(800 – 2015, 16; 1,600 – 2015, 16; 3200 – 2015, 16; 1,600 M Medley Relay – 2015, 16)

8 – Conner Smock, Lisbon (2009-12)

(3,200 Meter Run, 2009, 10, 11, 12; 1,600 Meter Run 2009, 10, 12; 1,600 M Medley Relay 2012)

8 – Greg Offerman, Charles City (2002-05)

(400H in 2003, 04, 05; 200 meters in 2003, 04, 05; 400 meters 2005; 4x400 Relay 2005)

8 – Adam Haluska, Carroll (2000-2002)

(LJ in 2000; 100, 200, LJ in 2001; 100, 200, 400, LJ in 2002)

8 – LeRoy McCuen, Corning (1975-77)

(HJ in 1975; 120 HH, 180 LH, HJ, LJ in 1976; HH, LH, LJ in 1977)

8 – James Kirby, Des Moines, North (1965-67)

(100 – 1966, 1967; 220 in 1965, 66, 67; and 440 in 1966; 880-Yard Relay 1965; Mile Relay 1965)

Most Career Individual Wheelchair State Event Championships

16 – E.J. Runyan, Johnston (1997-2000)

(100, 200, 800, Discus 1997-98-99-2000 each)

9 – Jon Litzkow, Waterloo West (2010-11)

(100, 200, 400 each in 2010, 2011, 2013)

9 – Brian Wauters, Marshalltown (2001-2003)

(100 meters and 200 meters, in 2001, 02, 03; 800 in 2001, 02; 400 meters in 2003)

7 – Mark Hauschmidt, Nodaway Valley, Greenfield (1994-96)

(SP, Discus, 200 in 1995; 100, 200, 800, Discus in 1996)

6 – Tom Rudruck, Winfield-Mt. Union (1991-92)

(Discus, 800 in 1991; 100, 200, 800, Discus in 1992)

6 – Nathan Redlinger, English Valleys, North English

(100-200-400 meters in 2004, 05)

6 – Cory Behrendt, Boone

(100-200-400 meters in 2006, 07)

STATE TEAM CHAMPIONS

<u>Year</u>	<u>Champion</u>	<u>Coach</u>	<u>Site</u>
1906	Ida Grove (43).....	John Williams & Charles Kiesell.....	Iowa City, Iowa Field
1907	Ida Grove (45).....	John Williams & Charles Kiesell.....	Iowa City, Iowa Field
1908	Des Moines, West (37)	Charles Chase.....	Des Moines-Haskin Stadium
1909	Des Moines, East (48)	John Van Liew.....	Des Moines-Haskin Stadium
1910	Des Moines, West (27)	Charles Chase.....	Des Moines-Haskin Stadium
1911	Des Moines, West (23)	Charles Chase.....	Des Moines-Haskin Stadium
1912	Des Moines, West (33)	Charles Chase.....	Des Moines-Drake Stadium
1913	Des Moines, West (31)	Charles Chase.....	Des Moines-Drake Stadium
1914	Des Moines, West (33)	Charles Chase.....	Des Moines-Drake Stadium
1915	Davenport (19).....	E. W. Nixon.....	Des Moines-Drake Stadium
1916	Des Moines, West (19.50)	Raymond Allen.....	Des Moines-Drake Stadium
1917	Des Moines, North (33).....	Harry Bell.....	Des Moines-Drake Stadium
1918	Mason City (34)	Charles A. West.....	Ames-Iowa State
1919	Davenport (19).....	E. W. Nixon.....	Ames-Iowa State
1920	Sioux City (30)	Charles Hoyt.....	Ames-Iowa State
1921	Cedar Rapids (29)	Leo Novak	Ames-Iowa State
1922	Cedar Rapids (31)	Leo Novak	Ames-Iowa State
1923	Cedar Rapids (25.50)	Leo Novak	Ames-Iowa State
1924	Cedar Rapids (41.50)	Leo Novak	Iowa City
1925	Cedar Rapids (22)	Leo Novak	Ames-Iowa State
1926	Des Moines, East (25)	Cress W. (Dad) Hoyt	Des Moines-Drake
1927	Carroll (16.75).....	Boyd Thompson	Ames-Iowa State
1928	Des Moines, East (17 ⁵ / ₆).....	Mike Augustine	Ames-Iowa State
1929	Mason City (19)	Clayton "Chick" Sutherland & Judge Grimsley	Ames-Iowa State
1930	Mason City (23)	Clayton "Chick" Sutherland & Judge Grimsley	Ames-Iowa State
1931	Davenport (21).....	Jesse Day	Ames-Iowa State
1932	Clinton (19)	Everett Scherich	Ames-Iowa State
1933	Clinton (21)	Everett Scherich	Ames-Iowa State
1934	Des Moines, North (25).....	R.H. Lynam.....	Grinnell-Ward Field
1935	Davenport (47.50).....	Jesse Day	Ames-Iowa State
1936	Des Moines, East (48)	Mike Augustine	Ames-Iowa State
1937	Dubuque (42).....	Wilbur Dalzell.....	Ames-Iowa State
1938	Des Moines, East (31.75)	Mike Augustine	Ames-Iowa State
1939	Des Moines, East (40)	Mike Augustine	Ames-Iowa State
1940	Des Moines, East (59.50)	Mike Augustine	Ames-Iowa State
1941	Ames (33)	Ken Wells	Ames-Iowa State-Clyde Williams
1942	Davenport (52).....	Jesse Day	Ames-Iowa State-Clyde Williams
1943	Des Moines, East (49.10)	Mike Augustine	Ames-Iowa State-Clyde Williams
1944	Des Moines, East (41)	Mike Augustine	Ames-Iowa State-Clyde Williams
1945	Sioux City, East (32)	Les Davis	Ames-Iowa State-Clyde Williams
1946	(Tie) Clinton; DM, Roosevelt (28.25)	Max Lynn; Archie Johnson	Ames-Iowa State-Clyde Williams
1947	Davenport (52).....	Jesse Day	Ames-Iowa State-Clyde Williams
1948	A Des Moines, North (39).....	Jim Lyle	Ames-Iowa State-Clyde Williams
	B Cedar Falls, Teachers (33)	Burl Berry	
1949	A Ames (42.33).....	Hi Covey	Ames-Iowa State-Clyde Williams
	B Nevada (41)	E. Wayne Cooley	
1950	A Des Moines, East (62.67).....	Mike Augustine	Ames-Iowa State-Clyde Williams
	B Nevada (43 ¹ / ₆).....	E. Wayne Cooley	
1951	A Des Moines, East (73).....	Mike Augustine	Ames-Iowa State-Clyde Williams
	B DeWitt (37)	Harold Birney	
1952	A Davenport (64)	Jesse Day	Ames-Iowa State-Clyde Williams
	B (Tie) Lake City; Lamoni (42).....	Doyle Filloon; William Robinson	

1953	AA Des Moines, North (59)	Jim Lyle	Des Moines-Drake
	A Red Oak (35).....	Homer Weis	
	B DeWitt (29)	Harold Birney.....	Grinnell-Ward Field
	C Toledo Juvenile Home (39.20).....	Fred Ekstrand	
1954	AA Des Moines, North (52.50)	Jim Lyle	Des Moines-Drake
	A Harlan (39)	Clem Marsden	
	B Lake City (38).....	Don Cox.....	Ames-Iowa State-Clyde Williams
	C Elliott (31)	Carl McClure	
1955	AA Ames (56.50).....	Hi Covey	Ames-Iowa State-Clyde Williams
	A Valley, West Des Moines (33.50).....	Tom Karpan	
	B Lake City (35.50).....	John Jennett	
	C Iowa School for Deaf, Co. Bluffs (22)....	Nate Lahn	
1956	AA Ames (46)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Clarinda (48)	Al Gray	
	B Anamosa (26.60).....	Jack Fisk	
	C Primghar (27)	Charles Duhrkopf	
1957	AA Ames (57.50).....	Hi Covey	Ames-Iowa State-Clyde Williams
	A DeWitt (33)	Harold Birney	
	B Carroll (23)	Cole Collinge	Des Moines-Drake
	C Farragut (35 ^{5/8}).....	L.C. Steinhoff	
1958	AA Ames (36)	Hi Covey	Ames-Iowa State-Clyde Williams
	A Indianola (27)	Evo Sjeclocha	
	B Tabor (29).....	Mike Miles.....	Des Moines-Williams Stadium
	C Wall Lake (26).....	Carl McClure.....	Boone-Boone High School
1959	AA Des Moines, North (30)	Jim Lyle	Ames-Iowa State-Clyde Williams
	A Clarion (27.50)	Ron Bennett	
	B Clinton, St. Mary's (26.25).....	Nate Walton.....	Des Moines-Williams Stadium
	C West Chester (41)	William Kephart	
1960	AA Ames (49.50)	Hi Covey	Des Moines-William Stadium
	A Belmond (41).....	Richard Koolbeck	
	B English Valleys, North English (30).....	Phil Ackerman	Ames-Lincoln Way Stadium
	C LuVerne (30)	Bryce Wickett	
1961	AA Des Moines Tech (38)	Chuck Silvey.....	Ames-Lincoln Way Stadium
	A Clarion (24.75)	Ron Bennett	
	B Maurice-Orange City (27.50).....	James (Jim) Miller	
	C Sioux Rapids (25).....	Bob Hoogeveen	
1962	AA Cedar Rapids, Jefferson (40)	John Ask	Iowa City-University of Iowa
	A Perry (34.75)	Graydon Lappe	
	B Paullina (31.20)	Bob Brooks	Des Moines-Williams Stadium
	C Moville (35).....	Darrell Rapp	
1963	AA Ames (45.50)	Hi Covey	Iowa City-University of Iowa
	A Winterset (31).....	Charles McGaffin	
	B George (21)	Harold Roberts	Des Moines-Williams Stadium
	C Dexfield, Redfield (37).....	Dean Roe	
1964	AA Ames (46.50)	Hi Covey	Iowa City-University of Iowa
	A Eagle Grove (41.50).....	Wally Hanson	
	B Seymour (29)	Fred Hanna.....	Des Moines-Drake
	C Dexfield, Redfield (33).....	Dean Roe	

1965	AA Ames (30)	Cecil Spatcher	Des Moines-Drake
	A Eagle Grove (42).....	Wally Hanson	
	B Farragut (25)	Joe Jack	
	C Pomeroy (24)	Bruce Strutzenberg	
1966	AA Sioux City, Central (47)	Mark McLarnan.....	Fort Dodge-Dodger Stadium
	A Cherokee, Washington (54)	Tom Beckham	Eagle Grove-Eagle Grove HS
	B Villisca (30).....	George McVicker.....	Des Moines – Drake
	C Treynor (25)	John Frost	
1967	AA Sioux City, Central (45)	Mark McLarnan.....	Fort Dodge-Dodger Stadium
	A Winterset (25).....	Charles McGaffin.....	Eagle Grove HS
	B Villisca (30).....	George McVicker.....	Cedar Falls-State College Iowa
	C Terril (25).....	Richard Lineweaver	
1968	AA Ames (34)	Harlan Millikin	Ames-Ames High Stadium
	A Spirit Lake (26).....	Robert Wells	
	B Prairie, Gowrie (44)	Don Lewis	Holstein-Holstein HS
	C Goldfield (20).....	Earl Mullins	Pocahontas – HS Stadium
1969	AA Clinton (30)	Bill Holsclaw & Max Lynn	Ames-Ames High Stadium
	A Ankeny (30).....	Warren Kinzel	Jefferson-Linduska Stadium
	B Belle Plaine (33).....	Mike Fitzgerald	Marion-Linn Mar HS
	C Miles (26).....	Arlen Kruger	Pocahontas – HS Stadium
1970	AA Clinton (34)	Bill Holsclaw	Ames-Ames High Stadium
	A Eagle Grove (37).....	Wally Hanson	Jefferson-Linduska Stadium
	B (Tie) Boyden-Hull; West Harrison (31).....	Al Klemme; Charles Adair	Milford HS
	C Woodward-Granger (34)	Ray Wendel	Pocahontas – HS Stadium
1971	AA Ames (45)	John Sletten.....	Ames-Ames High Stadium
	A Eagle Grove (45).....	Wally Hanson	Marion-Linn-Mar HS
	B Belle Plaine (35).....	Roland Kitt	New Sharon-North Mahaska HS
	C Pocahontas (33.50).....	Duane Marcellus.....	Pocahontas – HS Stadium
1972	AA Ames (52)	John Sletten.....	Cedar Rapids-Kingston Stadium
	A Ankeny (34.50).....	Fred Smith	Jefferson-Linduska Stadium
	B Alta (25).....	Jerry Tryon	Des Moines-Drake
	C Central Webster, Burnside (35)	Roy Tallman	
1973	AA Davenport, Central (52)	Ira Dunsworth	Des Moines-Drake
	A Red Oak (39).....	Dick Morrison	
	B Maurice-Orange City (36).....	Gordon McKinstry	
	C Terril (29).....	Robert Strouse	
1974	AA Davenport, Central (74)	Ira Dunsworth	Des Moines-Drake
	A (Tie) Anamosa; Iowa Falls (38).....	Ken Fearing; Chuck Corbin	
	B Britt (41).....	Bob Sanger	
	C Hamburg (29)	Robert Weber	
1975	AA Cedar Rapids, Washington (40)	Harold Wilkinson.....	Des Moines-Drake
	A Anamosa (44).....	Ken Fearing	
	B Corning (43)	Vince Hurley	
	C Hamburg (34)	Robert Weber	
1976	AA Davenport, Central (60)	Ira Dunsworth	Des Moines-Drake
	A Nevada (45)	Gary Grimm	
	B Corning (39)	Vince Hurley	
	C Hamburg (31)	Robert Weber	

1977	AA Cedar Rapids, Washington (36)	Bill Calloway	Des Moines-Drake
	A Nevada (35)	Gary Grimm	
	B Corning (29.50)	Vince Hurley	
	C (Tie) Hamburg; Y-J-B, Jamaica (34)	Robert Weber; Eric Berthelsen	
1978	AA Davenport, Central (63.50)	Ira Dunsworth	Des Moines-Drake
	A Iowa Falls (44)	Gerry Lenguadoro	
	B Kingsley-Pierson (41)	Darwin DeVries	
	C Kanawha (41)	Rod Barkema	
1979	AA Waterloo, East (46)	Jim Miller	Des Moines-Drake
	A Iowa Falls (47.50)	Gerry Lenguadoro	
	B Pekin (34)	Davis Eidahl	
	C Kanawha (45)	Rod Barkema	
1980	AA Ames (40.50)	John Sletten	Des Moines-Drake
	A Davis County, Bloomfield (35)	Dennis Anderson	
	B Sioux Center (41)	Dale VanderWilt	
	C Treynor (25)	Ken Winkler	
1981	AA Waterloo, West (28)	Gordon Yuska	Des Moines-Drake
	A Davis County, Bloomfield (35)	Dennis Anderson	
	B NUH, Cedar Falls (48)	Iradge Ahrabi-Fard	
	C Paullina (38)	Charles Hughes	
1982	4A Davenport, Central (42)	Ira Dunsworth	Des Moines-Drake
	3A Sheldon (34)	Dale Clefisch	
	2A Sioux Center (37)	Dale VanderWilt	
	1A (Tie) New Hartford; BCLUW (30)	Larry Simons; Mark Trimble	
1983	4A Davenport, Central (63.50)	Ira Dunsworth	Des Moines-Drake
	3A Tipton (35)	Dave Vogelgesang	
	2A West Branch (40)	Jim Mays	
	1A Allison-Bristow (32)	Terry Christiansen	
1984	4A Davenport, Central (49)	Ira Dunsworth	Des Moines-Drake
	3A Tipton (45)	Dave Vogelgesang	
	2A West Branch (58)	Jim Mays	Ankeny-Ankeny High Stadium
	1A Sidney (35)	Jack Blazek	
1985	4A Marshalltown (51)	Richard Rozell	Des Moines-Drake
	3A Tipton (38)	Dave Vogelgesang	
	2A Iowa Valley, Marengo (45)	Scott Hardie	Ankeny-Ankeny High Stadium
	1A (Tie) Earlham; Lone Tree (32)	Jan Fletcher; Doug Hofmeister	
1986	4A Ames (42)	John Sletten	Des Moines-Drake
	3A Pella (34)	Fred Anthony	
	2A NUH, Cedar Falls (48)	Bob Lee	
	1A Paton-Churdan (36)	Jim Cox	
1987	4A Ames (46)	John Sletten	Des Moines-Drake
	3A (Tie) Turkey Valley; Storm Lake (28)	Jerry Shultz; Dean Nicholson	
	2A NUH, Cedar Falls (31)	Bob Lee	
	1A CAL, Latimer (33)	Steve Huling	
1988	4A Ames (48)	John Sletten	Des Moines-Drake
	3A Storm Lake (29)	Dean Nicholson	
	2A NUH, Cedar Falls (48)	Bob Lee	
	1A Sanborn (31)	Don Noll	

1989	4A Ames (39)..... John Sletten.....	Des Moines-Drake
	3A Glenwood (37)..... Jim Whitcomb	
	2A Gehlen Catholic, LeMars (32)..... Dennis Muller	
	1A Woodbine (47)..... Phil Hummel	
1990	4A Ames (38)..... John Sletten.....	Des Moines-Drake
	3A Glenwood (31)..... Jim Whitcomb	
	2A NUH, Cedar Falls (34)..... Bob Lee	
	1A North Mahaska, New Sharon (47) Steve Ehret	
1991	4A Ames (71)..... John Sletten.....	Des Moines-Drake
	3A Knoxville (40) Mike Cunningham	
	2A NUH, Cedar Falls (42)..... Bob Lee	
	1A Lawton-Bronson (24)..... Stan Simpson	
1992	4A Iowa City, City High (62) John Raffensperger	Des Moines-Drake
	3A Spirit Lake (38)..... Darwin Bears	
	2A West Hancock, Britt (35) Bob Sanger	
	1A (Tie) Fredericksburg & Woodbine (27)... Steve Staker; Phil Hummel	
1993	4A Iowa City, City High (60) John Raffensperger	Des Moines-Drake
	3A Algona (36)..... Brad Heitland	
	2A St. Albert, Co. Bluffs (29) Ken Mehsling	
	1A West Bend-Mallard (39) Jerry VanderHorst	
1994	4A Iowa City, City High (57) John Raffensperger	Des Moines-Drake
	3A Cherokee, Washington (41) Lynn Jolly	
	2A Ballard, Huxley (39)..... Rich Strouse	
	1A West Bend-Mallard (28) Jerry VanderHorst	
1995	4A Iowa City, City High (61.50) John Raffensperger	Des Moines-Drake
	3A Humboldt (44) Charles Bunn	
	2A Iowa Falls (40)..... Gerry Lenguadoro	
	1A Van Buren, Keosauqua (34) Gary Loeffler	
1996	4A Iowa City, City High (78) John Raffensperger	Des Moines-Drake
	3A Centerville (35)..... Jim McCord	
	2A Garner-Hayfield (41) David Hildebrand	
	1A Gehlen Catholic, LeMars (33) Dennis Muller	
1997	4A Iowa City, City High (71.50) John Raffensperger	Des Moines-Drake
	3A Bishop Heelan, Sioux City (43) David Fravel	
	2A (Tie) Beckman; Unity Christian (32).... Pat Davis; Karl Kaemingk	
	1A Panorama, Panora (39)..... Ken Janvrin	
1998	4A Valley, West Des Moines (52)..... Jim Duea, Jr.	Des Moines-Drake
	3A Washington (45)..... Steve Roth	
	2A Monticello (33)..... Greg Williams	
	1A NUH, Cedar Falls (28)..... Bob Lee	
1999	4A (Tie) DM, Roosevelt; IC, City High (36) ... Joe McQuerry; John Raffensperger	Des Moines-Drake
	3A Waverly-Shell Rock (44) Dave Sage	
	2A Beckman, Dyersville (34) Pat Davis	
	1A Iowa Mennonite, Kalona (38) Marcus Hostetler	
2000	4A Iowa City, City (72)..... John Raffensperger	Des Moines-Drake
	3A Mount Pleasant (46)..... Denny White	
	2A (Tie) Unity Christian; West Lyon (32)... Karl Kaemingk; Gary Kruse	
	1A East Buchanan, Winthrop (25)..... Lanny Buls	

2001	4A Iowa City, City High (71)	John Raffensperger	Des Moines-Drake
	3A Waverly-Shell Rock (48)	Dave Sage	
	2A Tri-Center, Neola (32)	Max Kozeal	
	1A Madrid (34).....	Randy Hinkel	
2002	4A Iowa City, City High (49)	John Raffensperger	Des Moines-Drake
	3A Storm Lake (33)	Dean Nicholson	
	2A Williamsburg (38)	Greg Stolze	
	1A Madrid (36).....	Randy Hinkel	
2003	4A Valley, WDM (58)	Dave Cochran.....	Des Moines-Drake
	3A Harlan Community (36)	Ken Carstens	
	2A Okoboji, Milford (50).....	George Ashman	
	1A St. Albert, Co. Bluffs (36)	Drew Kruzich	
	WC Marshalltown (30)	Doug Bacon	
2004	4A Iowa City, City (61).....	Tom Carey	Des Moines-Drake
	3A Decorah-North Winneshiek (59)	Joel Rollinger	
	2A Mount Vernon (43)	Jim Bellamy	
	1A Treynor (52)	Dave Mundt	
	WC English Valley (31).....	Steve Hester	
2005	4A Davenport Central (81).....	Randy Peters.....	Des Moines-Drake
	3A Charles City (68)	Bruce Eldridge	
	2A Starmont, Arlington (43).....	Matt Lee	
	1A Griswold (51)	Gary Bergstrom	
	WC-Co-ed Aplington-Parkersburg (62)	Special Needs Sponsors	
2006	4A Valley, West Des Moines (77).....	Dave Cochran.....	Des Moines-Drake
	3A Wahlert, Dubuque (62).....	Tom Horton	
	2A North Fayette, West Union (53)	Robert Scott	
	1A BCLUW, Conrad (53)	Les Penick	
	WC-Coed Aplington-Parkersburg (62)	Special Needs Sponsors	
2007	4A Iowa City West (65).....	Brian Martz	Des Moines-Drake
	3A Xavier, Cedar Rapids (64).....	Russ Camacho	
	2A Monticello (67).....	Greg Williams	
	1A West Hancock, Britt (54)	Bob Sanger	
	WC-Coed Aplington-Parkersburg (40)	Special Needs Sponsors	
2008	4A Pleasant Valley (77)	Erik Belby	Des Moines-Drake
	3A Xavier, Cedar Rapids (100.5)	Russ Camacho	
	2A Mid-Prairie, Wellman (69)	Steve Hollan	
	1A West Hancock, Britt (44)	Bob Sanger	
	WC-Co-ed Interstate 35, Truro.....	Tim McKinney	
2009	4A Cedar Rapids Washington (60).....	Bill Pinckney	Des Moines-Drake
	3A Cental Clinton, DeWitt (54)	Jered Birt	
	2A St. Edmond, Fort Dodge (62).....	Bill Kirby	
	1A Madrid (47.50).....	Randy Hinkel	
	WC-Co-ed Interstate 35, Truro (26)	Tim McKinney	
2010	4A Cedar Rapids Washington (59).....	Bill Pinckney	Des Moines-Drake
	3A Bishop Heelan Catholic, Sx City (51)...	Don Oberle	
	2A Solon (63).....	Mark Sovers	
	1A Madrid (57.50).....	Randy Hinkel	
	WC Waterloo West (38).....	Matt McKenzie	
2011	4A Cedar Falls (59)	Jeff Hartman	Des Moines-Drake
	3A Glenwood (78).....	Mark Starner	

	2A St. Edmond, Fort Dodge (66)	Bill Kibby	
	1A Madrid (74).....	Randy Hinkel	
	WC Waterloo West (36).....	Matt McKenzie	
2012	4A Iowa City, West (75).....	Brian Martz	Des Moines-Drake
	3A Decorah (65)	Joel Rollinger	
	2A West Marshall (48)	Troy Clark	
	1A Manson-Northwest Webster (53)	Jeff Anliker	
	WC Linn-Mar, Marion (36)	Ken Hopkins	
2013	4A Linn-Mar (72).....	Ken Hopkins	Des Moines-Drake
	3A Pella (46).....	Brent Van Hauen	
	2A Monticello	Greg Williams	
	1A Manson Northwest Webster (69)	Jeff Anliker	
	WC Waterloo, West (35).....	Matt McKenzie	
2014	4A Waukee (80).....	Brent Heitland.....	Des Moines-Drake
	3A Solon (50).....	Mark Sovers	
	2A Monticello (92).....	Greg Williams	
	1A Mount Ayr (77)	Brad Elliott	
	WC Camanche (40).....	Mark Metzger	
2015	4A Waukee (83).....	Brent Heitland.....	Des Moines-Drake
	3A Center Point-Urbana (56).....	Amy Marshall	
	2A West Burlington/Notre Dame (107).....	Corey Lamm	
	1A Lisbon (42)	Casey Baxa	
	WC Woobine (38).....	Ryan Coenen	
2016	4A Prairie, Cedar Rapids (87)	Bill Schwarz	Des Moines-Drake
	3A Pella (62).....	Brent Van Hauen	
	2A West Burlington/Notre Dame (79).....	Corey Lamm	
	1A Lisbon (52)	Casey Baxa	
	WC (T) Roland-Story; Independence (30)	Brian Petersen; Clint Hospodarsky	
2017	4A Valley, West Des Moines (73).....	Tom Trygstad	Des Moines-Drake
	3A Marion (69).....	Chad Zrudsky	
	2A (T) Madrid & KP-WC (61).....	Steve Perkins (M); Jarrod Schott (KP-WC)	
	1A Lisbon (89)	Casey Baxa	
	WC (T) Bondurant-Farrar & SE Polk (32).	Kyle Hammes (B-F); Jason Nolting (SEP)	
2018	4A Valley, West Des Moines (60).....	Tom Trygstad	Des Moines-Drake
	3A Marion (69).....	Chad Zrudsky	
	2A Pekin (72).....	Davis Eidahl	
	1A St. Albert, Co. Bluffs (64)	James Cairney	
	WC Waukee (36)	Brent Heitland	
2019	4A Valley, West Des Moines (89).....	Tom Trygstad	Des Moines-Drake
	3A Sergeant Bluff-Luton (86).....	Monte Larsen	
	2A Dike-New Hartford (60)	Will Reingardt	
	1A George-Little Rock (52).....	Curt Fiedler	
	WC Waukee (38)	Brent Heitland	
2020	Season canceled due to COVID-19.		

SCHOOLS THAT HAVE WON STATE TEAM CHAMPIONSHIPS

Ames	20	1941, 49, 55, 56, 57, 58, 60, 63, 64, 65, 68, 71, 72, 80, 86, 87, 88, 89, 90, 91
Davenport; Davenport, Central	15	1915, 19, 31, 35, 42, 47, 52, 73, 74, 76, 78, 82, 83, 84, 2005
Des Moines, East	11	1909, 26, 28, 36, 38, 39, 40, 43, 44, 50, 51
Iowa City, City High.....	11	1992, 93, 94, 95, 96, 97, 99-tied, 2000, 01, 02, 04
NUH, Cedar Falls; Teachers High, Cedar Falls	8	1948, 81, 86, 87, 88, 90, 91, 98
Des Moines, West	7	1908, 10, 11, 12, 13, 14, 16
Valley, West Des Moines	7	1955, 98, 2003, 06, 17, 18, 19
Des Moines, North	6	1917, 34, 48, 53, 54, 59
Madrid	6	2001, 02, 09, 10, 11, 17 (T)
Cedar Rapids	5	1921, 22, 23, 24, 25
Clinton	5	1932, 33, 46-tied, 69, 70
Britt; & West Hancock, Britt.....	4	1974, 92, 2007, 08
Cedar Rapids, Washington	4	1975, 77, 2009, 10
Central Clinton, DeWitt.....	4	1951, 53, 57, 2009
Eagle Grove	4	1964, 65, 70, 71
Hamburg.....	4	1974, 75, 76, 77-tied
Iowa Falls	4	1974-tied, 78, 79, 95
Monticello	4	1998, 2007, 2013, 2014
Nevada	4	1949, 50, 76, 77
Anamosa	3	1956, 74-tied, 75
Corning.....	3	1975, 76, 77
Glenwood	3	1989, 90, 2011
Lake City	3	1952-tied, 54, 55
Lisbon.....	3	2015, 16, 17
Mason City	3	1918, 29, 30
Pella	3	1986, 2013, 16
St. Albert, Council Bluffs	3	1993, 2003, 2018
Sioux City, Central	3	1920, 66, 67
Storm Lake	3	1987-Tied, 88, 2002
Tipton	3	1983, 84, 85
Treynor	3	1966, 80, 2004
Ankeny	2	1969, 72
BCL & BCLUW, Conrad	2	1982, 2006
Beckman, Dyersville.....	2	1997-tied, 99
Belle Plaine	2	1969, 71
Bishop Heelan Catholic, Sioux City	2	1997, 2010
Carroll.....	2	1927, 57
Cherokee, Washington.....	2	1966, 94
Clarion	2	1959, 61
Davis County, Bloomfield	2	1980, 81
Decorah; Decorah-North Winneshiek	2	2004, 12
Des Moines, Roosevelt	2	1946-tied, 99-tied
Dexfield, Redfield	2	1963, 64
Farragut.....	2	1957, 65
Gehlen Catholic, LeMars.....	2	1989, 96
George-Little Rock & George.....	2	1963, 2019
Harlan Community	2	1954, 2003
Ida Grove.....	2	1906, 07
Iowa City, West	2	2007, 12
Kanawha	2	1978, 79
Manson-Northwest Webster.....	2	2012, 13
Marion	2	2017, 18
Maurice-Orange City	2	1961, 73
Paullina.....	2	1962, 81
Pekin	2	1979, 2018

Red Oak	2	1953, 73
Sioux Center.....	2	1980, 82
Solon	2	2010, 2014
Spirit Lake; Spirit Lake Park.....	2	1968, 92
St. Edmond, Fort Dodge	2	2009, 11
Terril	2	1967, 73
Treynor	2	1966, 2004
Unity Christian, Orange City.....	2	1997-tied, 2000-tied
Villisca	2	1966, 67
Waukee	2	2014, 15
Waverly-Shell Rock.....	2	1999, 2001
West Bend-Mallard.....	2	1993, 94
West Branch.....	2	1983, 84
West Burlington/Notre Dame	2	2015, 16
Winterset	2	1963, 67
Woodbine	2	1989, 92-tied
Xavier, Cedar Rapids	2	2007, 08

One each: Algona 1993; Allison-Bristow 1983; Alta 1972; Ballard, Huxley 1994; Belmond 1960; Boyden-Hull 1970-tied; CAL-Dows, Latimer 1987; Cedar Falls 2011; Cedar Rapids, Jefferson 1962; Center Point-Urbana 2015; Centerville 1996; Central Webster, Burnside 1972; Charles City 2005; Clarinda 1956; Clinton, Saint Mary's 1959; Des Moines, Tech 1961; Dike-New Hartford 2019; Dubuque 1937; Earlham 1985-tied; East Buchanan, Winthrop 2000; Elliott 1954; Fredericksburg 1992-tied; Garner-Hayfield 1996; Griswold 2005; Goldfield 1968; Humboldt 1995; Indianola 1958; Iowa Mennonite, Kalona 1999; Iowa School for the Deaf, Council Bluffs 1955; Iowa Valley, Marengo 1985; Kingsley-Pierson 1978; KP-WC 2017; Knoxville 1991; Lamoni 1952-tied; Lawton-Bronson 1991; Linn-Mar, Marion 2013; Lone Tree 1985-tied; LuVerne 1960; Marshalltown 1985; Mid-Prairie, Wellman 2008; Miles 1969; Mount Ayr 2014; Mount Pleasant 2000; Mount Vernon 2004; Moville 1962; New Hartford 1982; North English, English Valleys 1960; North Fayette, West Union 2006; North Mahaska, New Sharon 1990; Okoboji, Milford 2003; Panora, Panorama 1997; Paton-Churdan 1986; Perry 1962; Pleasant Valley 2008; Pocahontas 1971; Pomeroy 1965; Prairie, Cedar Rapids 2016; Prairie, Gowrie 1968; Primghar 1956; Sanborn 1988; Sergeant Bluff-Luton 2019; Seymour 1964; Sheldon 1982; Sidney 1984; Sioux City, East 1945; Sioux Rapids 1961; Starmont, Arlington 2005; Tabor 1958; Toledo Juvenile Home 1953; Tri-Center, Neola 2001; Turkey Valley, Jackson Junction 1987-tied; Van Buren, Keosauqua 1995; Wahlert, Dubuque 2006; Wall Lake 1958; Washington 1998; Waterloo, East 1979; Waterloo, West 1981; West Chester 1959; West Harrison, Mondamin 1970-tied; West Lyon, Inwood 2000-tied; West Marshall, State Center 2012; Williamsburg 2002; Woodward-Granger 1970; Y-J-B, Jamaica 1977-tied.

STATE TEAM RUNNERS-UP

** at the time, the runner-up named was because of first place ties – changed by BOC in 1976*

1906	Des Moines, West (40)	1952	A.....Clinton (33)
1907	Des Moines, West (39.50)		B.....* DeWitt (31)
1908	Des Moines, North (25)	1953	AA.....Des Moines, East (45)
1909	Des Moines, West (24)		A.....Estherville (23)
1910	Iowa City (17)		B.....(Tie) Albert City & Lake City (28)
1911	Iowa City (18)		C.....Iowa School for Deaf (35.20)
1912	Greenfield (15)	1954	AA.....Des Moines, East (48)
1913	Des Moines, East (16)		A.....Valley, West Des Moines (28)
1914	Davenport (17)		B.....Onawa (26)
1915	Marshalltown (14)		C.....College Springs (29.50)
1916	Webster City (13)	1955	AA.....Des Moines, Roosevelt (44.50)
1917	Des Moines, West (21)		A.....Hampton (24)
1918	Des Moines, North (25)		B.....DeWitt (29)
1919	Mason City (17.50)		C.....(Tie) Galva & Elliott (21)
1920	Cedar Rapids (15)	1956	AA.....Des Moines, North (32)
1921	Des Moines, West (18.50)		A.....DeWitt (33.50)
1922	Des Moines, East (21)		B.....Aurelia (23)
1923	Fort Madison (20)		C.....Farragut (26.50)
1924	Colfax (17)	1957	AA.....Des Moines, Tech (26)
1925	Mason City (18)		A.....Indianola (29)
1926	Des Moines, Roosevelt (23)		B.....Rock Rapids (22)
1927	Clarinda (12.50)		C....(Tie) Tabor; Schleswig, Terril & Hedrick (17)
1928	Davenport (15.33)	1958	AA.....Davenport (23)
1929	Newton (18)		A.....Cherokee (23.50)
1930	Perry (17.50)		B.....Tripoli (25)
1931	Eldora Training School (20.20)		C.....Menlo (23)
1932	Fort Dodge (13)	1959	AA.....Cedar Rapids, Jefferson (29)
1933	Lamoni (18)		A.....(Tie) Winterset & Hampton (23)
1934	Cedar Rapids, Washington (21.20)		
1935	Des Moines, North (31)		B.....English Valleys, North English (21)
1936	Des Moines, North (28)		C.....College Springs (24)
1937	Des Moines, East (40.50)	1960	AA.....Mason City (25)
1938	Fort Madison (25.50)		A.....Clarion (26e)
1939	Clinton (29)		B.....Dallas Center (23)
1940	Davenport (28)		C.....Bayard (28)
1941	Des Moines, Roosevelt (30)	1961	AA.....Des Moines, North (27)
1942	Des Moines, East (37.50)		A.....Cherokee, Washington (22)
1943	Perry (28)		B.....Lake View-Auburn (25)
1944	Clinton (38)		C.....(Tie) Fayette & Bayard (23)
1945	Des Moines, North (31)	1962	AA.....Winterset (32)
1946	* Des Moines, North (26)		A.....(Tie) Ankeny & Cherokee (21.50)
1947	Des Moines, East (42)		B.....Aurelia (17.50)
1948	A....(Tie) Des Moines, East & Davenport (35.50)		C.....Prairie City (29)
	B.....DeWitt (29)		
1949	A.....Des Moines, East (39.20)		
	B.....Rockwell City (30)		
1950	A.....Ames (31.50)		
	B.....Rockwell City (40.33)		
1951	A.....Davenport (45.50)		
	B.....Lamoni (29.50)		

1963	AA	Des Moines, North (32)	
	A.....	Clarinda (24)	
	B..... (Tie)	Emmetsburg & Underwood (20)	
	C.....	Prairie City (19)	
1964	AA	Des Moines North (29.50)	
	A.....	Mount Ayr (29)	
	B.....	English Valleys, North English (25)	
	C.....	Scranton (32)	
1965	AA (Tie)	Des Moines North & Mason City (27)	
	A.....	Anamosa (29)	
	B.....	English Valleys, North English (21)	
	C.....	Irwin (19)	
1966	AA	Cedar Rapids, Washington (25)	
	A.....	Glenwood (32)	
	B.....	Aurelia (24.50)	
	C.....	Terril (20)	
1967	AA	Cedar Rapids, Jefferson (29)	
	A.....	Storm Lake (24)	
	B.....(Tie)	Akron; Prairie, Gowrie (18)	
	C.....	Treynor (20)	
1968	AA	Davenport, Central (28)	
	A.....	Cherokee, Washington (21)	
	B.....	West Harrison, Mondamin (19)	
	C.....	Panora-Linden (19)	
1969	AA	Fort Dodge (25.50)	
	A.....	St. Albert, CB (24)	
	B.....	Carroll (19)	
	C.....	Dike (20)	
1970	AA	Columbus, Waterloo (24)	
	A.....	Humboldt (27)	
	B.....	* Guthrie Center (20)	
	C.....	Elk Horn-Kimballton (19)	
1971	AA	Indianola (30)	
	A.....	West Monona, Onawa (29)	
	B.....	Sioux Center (29)	
	C.....	New London (31)	
1972	AA	Davenport, Central (50)	
	A.....	Corning (31)	
	B..(Tie)	Maurice-Orange City & Montezuma (24)	
	C.....	Sutherland (30)	
1973	AA	Ames (29)	
	A.....	Eagle Grove (35.50)	
	B.....	Britt (28)	
	C.....	Preston (27)	
1974	AA	Cedar Rapids, Washington (29)	
	A.....	Red Oak (35)	
	B.....	Mount Vernon (24.50)	
	C.....	Ruthven (27)	
1975	AA	Ames (38)	
	A.....	Sioux Center (43)	
	B.....	Columbus, Columbus Jct (30)	
	C.....	Dike (33)	
1976	AA	Ames (44)	
	A.....	Spencer (41)	
	B.....	Sioux Center (29.50)	
	C.....	Panora-Linden (30)	
1977	AA	Davenport, Central (30)	
	A	(Tie) Lewis Central & Eagle Grove (32)	
	B.....	Britt (26)	
	C.....	* Greene (25.50)	
1978	AA	Marshalltown (35)	
	A.....	Nevada (38)	
	B.....	Gehlen Catholic, LeMars (38)	
	C.....	Hamburg (36)	
1979	AA	Davenport, Central (40)	
	A.....	Shenandoah (33)	
	B.....	Britt (28.50)	
	C.....	Twin Rivers, Bode (21)	
1980	AA	Davenport, Central (35.50)	
	A.....	Clarion (29)	
	B.....	Sac City (32)	
	C.....	Wellsburg (21)	
1981	AA	(Tie) DM, East & CR, Washington (25)	
	A.....	South Tama County, Tama (29)	
	B.....	Sac City (41)	
	C.....	Titonka (28)	
1982	4A	Des Moines, East (37)	
	3A	Mount Vernon (26)	
	2A	NUH, Cedar Falls (31)	
	1A	* (Tie) Aurelia & Dunlap (20)	
1983	4A	Ames (47)	
	3A	St. Albert, Co. Bluffs (26)	
	2A	Ida Grove (31)	
	1A	Sutherland (29.50)	
1984	4A	Marshalltown (48)	
	3A	(Tie) Camanche & St. Albert, CB (24)	
	2A	NUH, Cedar Falls (38.50)	
	1A	(Tie) Earlham & Paullina (26)	
1985	4A	(Tie) Bettendorf & DM, Roosevelt (32)	
	3A	Mount Pleasant (22)	
	2A	Manson (31.50)	
	1A	*(Tie) Paullina & Sutherland (25)	
1986	4A	Valley, West Des Moines (40)	
	3A	Storm Lake (24)	
	2A	Dallas Center-Grimes (33)	
	1A	(Tie) Baxter & Schaller (22)	

1987	4A Davenport, West (30) 3A * Knoxville (24) 2A (Tie) Garner-Hayfield & Montezuma (25) 2A Dike (34) 3A South Tama County (25) 1A (Tie) CAL-Dows & Gehlen, LeMars (26)	1988	1A Paton-Churdan (23) 4A Burlington (36)
1989	4A (Tie) Clinton & Waterloo, West (27) 3A Storm Lake (33) 2A Alta (29) 1A North Mahaska, New Sharon (39)	2000	2A (Tie) Dike-New Hartford; East Marshall, LeGrand; Sioux Center (23) 1A St. Mary's, Remsen (20)
1990	4A Waterloo, West (35) 3A Alta-Aurelia (30) 2A (Tie) Madrid & New London (22) 1A Clarence-Lowden (26)	2001	4A Iowa City, West (45) 3A Waverly-Shell Rock (37.50) 2A * Beckman, Dyersville (23) 1A Panorama, Panora (24)
1991	4A Iowa City, City (63) 3A Cherokee, Washington (27.50) 2A Alta-Aurelia (30) 1A North Mahaska, New Sharon (21)	2002	4A Ames (33.25) 3A Mount Pleasant (33) 2A Tipton (26) 1A Clarksville (23)
1992	4A Davenport, Central (41) 3A Cherokee, Washington (29) 2A Belmond-Klemme (32) 1A *Malvern (23)	2003	4A Valley, WDM (44) 3A Carroll (30) 2A Tipton (36) 1A Turkey Valley, Jackson Jct (29)
1993	4A Davenport, Central (53) 3A Mount Pleasant (30) 2A Alta-Aurelia (26) 1A CWL, Corwith (25)	2004	4A Ankeny (57) 3A Xavier, Cedar Rapids (29) 2A Williamsburg (40) 1A (Tie) Bishop Garrigan, Algona & Turkey Valley, Jackson Jct. (28) WC English Valleys, North English (27)
1994	4A Ames (52) 3A Mount Pleasant (40) 2A St. Edmond, Fort Dodge (31) 1A Gehlen Catholic, LeMars (25)	2005	4A Ankeny (56) 3A Bishop Heelan, Sioux City (44.50) 2A North Fayette, West Union (41) 1A Turkey Valley, Jackson Jct. (35) WC Wahlert, Dubuque (16)
1995	4A Ames (34) 3A Waverly-Shell Rock (39) 2A West Hancock, Britt (38) 1A Gehlen Catholic, LeMars (25)	2006	4A Iowa City, City (55) 3A Wahlert, Dubuque (64) 2A Roland-Story (39) 1A Kingsley-Pierson (38) WC English Valleys, North English (36)
1996	4A Dubuque, Senior (39) 3A Nevada (33) 2A Beckman, Dyersville (34) 1A Madrid (26)	2007	4A Marshalltown (61) 3A Williamsburg (55) 2A St. Edmond, Fort Dodge (48) 1A Griswold (44) WC Boone (30)
1997	4A Ankeny (34) 3A Centerville (36) 2A * Eldora-New Providence (24) 1A Gehlen Catholic, LeMars (33)	2008	4A Valley, WDM (54) 3A Mount Pleasant (49) 2A ..(Tie) North Fayette & Regina, Iowa City (51) 1A BCLUW, Conrad (36) WC Boone (30)
1998	4A Ames (45) 3A Bishop Heelan, Sioux City (43) 2A West Lyon, Inwood (29) 1A (Tie) Madrid & Woodbine (26)		
1999	4A *(Tie) Marshalltown & Valley, WDM (33) 3A Mount Pleasant (37)		
			4A Iowa City West (74) 3A Charles City (52) 2A Monticello (47) 1A West Lyon, Inwood (40) WC no team runner-up

2009	4A Iowa City West (56)	2A Dike-New Hartford (46)
	3A Algona (51)	1A West Lyon (40)
	WC Southeast Polk (20)	
2010	4A(Tie) Indianola & Pleasant Valley (42)	2015 4A Linn-Mar, Marion (53)
	3ACentral Clinton, DeWitt (48)	3A Mount Pleasant (54)
	2A West Marshall, State Center (59)	2A Kingsley-Pierson/Woodbury Central (58)
	1ABelmond-Klemme (36)	1A Alta-Aurelia (36)
	WC Southeast Polk (18)	WC (T) . Bond'nt-Farrar; Ankeny Centennial (26)
2011	4A Valley, West Des Moines (51)	2016 4A Cedar Falls (78)
	3A Central Clinton, DeWitt (67)	3A Vinton-Shellsburg (56)
	2A Monticello (51)	2A Monticello (64.50)
	1A Manson-Northwest Webster (53)	1A Jesup (40)
	WC Linn-Mar, Marion (28)	WC Tie for First
2012	4A Cedar Falls (49.50)	2017 4A Waukee (69)
	3A Webster City (48.33)	3A Mount Vernon (58)
	2A(T) St. Edmond, FD; Mount Vernon (38)	2A Tie for first
	1A Earlham 41)	1A Pekin (45)
	WC Camanche (29)	WC Tie for First
2013	4A Iowa City, West (57)	2018 4A Iowa City, West (57)
	3A Knoxville (45)	3A Atlantic (63)
	2A OA-BCIG (49)	2A Mid-Prairie, Wellman (44)
	1A Wapsie Valley, Fairbank (58)	1A Hudson (56)
	WC(T) Camanche & Linn-Mar (26)	
2014	4A Linn-Mar (68)	2019 4A Ames (63)
	3A Center Point-Urbana (42.25)	3A Wahlert, Dubuque (52)
	2A West Burlington/Notre Dame (45)	2A Williamsburg (51)
	1A Madrid (58)	1A St. Albert, Council Bluffs (42)
	WC Ankeny Centennial (24)	WC Northwood-Kensett (34)
		2020 Season canceled due to COVID-19.

STATE RUNNER-UP FINISHES – TOTAL BY SCHOOL

Davenport & Davenport, Central	13	1914, 28, 40, 48-tied, 51, 58, 68, 72, 77, 79, 80, 92, 93
Des Moines, East	11	1913, 22, 37, 42, 47, 48-tied, 49, 53, 54, 81-tied, 82
Des Moines, North	11	1908, 18, 35, 36, 45, 46, 56, 61, 63, 64, 65-tied
Ames	10	1950, 73, 75, 76, 83, 94, 95, 98, 2001, 19
Alta (1), Aurelia (4), Alta-Aurelia (4).....	9	1956, 62, 66, 82-tied, 89, 90, 91, 93, 2015
Mount Pleasant	7	1985, 93, 94, 99, 2001, 2008, 2015
Cherokee	6	1958, 61, 62-tied, 68, 91, 92
DeWitt.....	6	1948, 52, 55, 56
Central Clinton, De Witt.....		2010, 11
Valley, West Des Moines	6	1954, 86, 99-tied, 2002, 2007, 2011
Cedar Rapids, Washington	5	1920, 34, 66, 74, 81-tied
Dike-New Hartford.....	5	1969, 75, 88, 99-tied, 2009
Iowa City, West	5	2000, 08, 09, 2013, 2018
Marshalltown	5	1915, 78, 84, 99-tied, 2006
Ankeny	4	1962-tied, 97, 2003, 04
Britt & West Hancock, Britt.....	4	1973, 77, 79, 95
Clinton	4	1939, 44, 52, 89
Des Moines, Roosevelt	4	1926, 41, 55, 85-tied
Des Moines, West	4	1906, 07, 09, 21

Gehlen Catholic, LeMars.....	4	1978, 88-tied, 95, 97
Iowa City, City	4	1910, 11, 91, 2005
Madrid	4	1990-tied, 96, 98, 2014
Mason City	4	1919, 25, 60, 65-tied
Mount Vernon.....	4	1974, 82, 2012-tied, 17
Sioux Center.....	4	1971, 75, 76, 99-tied
St. Albert, Council Bluffs	4	1969, 83, 84-tied, 2019
English Valleys, North English	3	1959, 64, 65
Indianola.....	3	1957, 71, 2010 (T)
Monticello	3	2008, 11, 16
Panorama, Panora & Panora-Linden	3	1968, 76, 00
St. Edmond, Fort Dodge	3	1994, 2006, 2012-tied
Storm Lake	3	1967, 86, 89
Sutherland	3	1972, 83, 85-tied
Turkey Valley, Jackson Jct.....	3	2002, 03-tied, 04
West Lyon, Inwood.....	3	1998, 2008, 09
Williamsburg	3	2003, 06, 19
Bayard	2	1960, 61-tied
Beckman, Dyersville.....	2	1996, 00
Belmond-Klemme.....	2	1992, 2010
Bishop Heelan, Sioux City.....	2	1997, 2004
Cedar Falls	2	2012, 16
Cedar Rapids, Jefferson	2	1959, 67
Carroll	2	1969, 2002
Clarinda	2	1927, 63
Clarion	2	1960, 80
College Springs.....	2	1954, 59
Dallas Center-Grimes.....	2	1960, 86
Eagle Grove	2	1973, 77-tied
Earlham.....	2	1984-tied, 2012
Fort Dodge	2	1932, 69
Fort Madison	2	1923, 38
Hampton	2	1955, 59-tied
Kingsley-Pierson	2	2005
K-P/Woodbury Central	2015
Knoxville	2	1987, 2013
Lamoni.....	2	1933, 51
Linn-Mar, Marion	2	2014, 15
Manson & Manson-Northwest Webster	2	1985; 2011
Montezuma.....	2	1972-tied, 1987-tied
Nevada	2	1978, 96
New London	2	1971, 90-tied
North Fayette, West Union.....	2	2004, 07-tied
North Mahaska, New Sharon.....	2	1989, 91
NUH, Cedar Falls	2	1982, 84
Paullina.....	2	1984-tied, 1985-tied
Perry	2	1930, 43
Prairie City.....	2	1962, 63
Rockwell City.....	2	1949, 50
Sac City	2	1980, 81
South Tama County	2	1981, 88
Storm Lake	2	1967, 86
Terril	2	1957-tied, 66
Tipton	2	2001, 02
Wahlert, Dubuque	2	2005, 19
Waterloo, West.....	2	1989, 90
Waverly-Shell Rock.....	2	1995, 00
Webster City	2	1916, 2012

West Monona, Onawa.....	2	1954, 71
Winterset	2	1959-tied, 62

One each: Akron 1967-tied; Albert City 1953-tied; Algona 2009; Anamosa 1965; Atlantic 2018; Baxter 1986-tied; BCLUW, Conrad 2007; Bettendorf 1985-tied; Bishop Garrigan, Algona 2003-tied; Burlington 1988; CAL-Dows 1988; Camanche 1984-tied; Center Point-Urbana 2014; Centerville 1997; Charles City 2008; Clarence-Lowden 1990; Clarksville 2001; Colfax 1924; Columbus, Waterloo 1970; Corning 1972; CWL, Corwith 1993; Davenport, West 1987; Denison 1942; Des Moines, Tech 1957; Dubuque, Senior 1996; Dunlap 1982-tied; East Marshall, LeGrand 1999-tied; Eldora-New Providence 1997; Eldora Training 1931; Elk Horn-Kimballton 1970; Emmetsburg 1963-tied; Estherville 1953; Farragut 1956; Fayette 1961-tied; Galva 1955; Garner-Hayfield 1987-tied; Gehlen Catholic, LeMars 1994; Glenwood 1966; Greene 1977; Greenfield 1912; Griswold 2006; Guthrie Center 1970; Hamburg 1978; Hedrick 1957 (tie); Hudson 2018; Humboldt, 1970; Ida Grove 1983; Iowa School for Deaf, Council Bluffs 1953; Irwin 1965; Jesup 2016; Lake City 1953-tied; Lake View-Auburn 1961; Lewis Central 1977-tied; Malvern 1992; Maurice-Orange City 1972-tied; Menlo 1958; Mid-Prairie, Wellman 2018; Mount Ayr 1964; Newton 1929; Northwood-Kensett 2019; OA-BCIG 2013; Paton-Churdan, 1987; Pekin 2017; Pleasant Valley 2010 (T); Prairie, Gowrie 1967-tied; Preston 1973; Red Oak 1974; Regina, Iowa City tie-2007; Rock Rapids 1957; Roland-Story 2005; Ruthven 1974; Schleswig 1957-tied; Scranton 1964; Shenandoah 1979; Spencer 1976; Schaller 1986-tied; St Mary's, Remsen 1999; Tabor 1957-tied; Titonka 1981; Treynor 1967; Tripoli 1958; Twin Rivers, Bode 1979; Underwood 1963; Vinton-Shellsburg 2016; Wapsie Valley, Fairbank 2013; Waukee 2017; Wellsburg 1980; West Burlington/Notre Dame 2014; West Harrison, Mondamin 1968; West Marshall 2010; Woodbine 1998; and Xavier, Cedar Rapids 2003.

STATE CHAMPIONSHIP COACHES

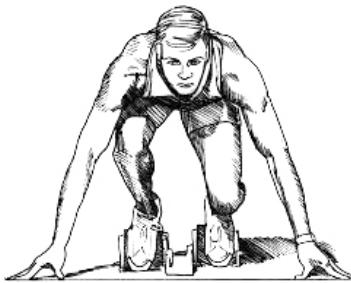
Ackerman, Phil		English Valleys, North English 1960
Adair, Charles.....		West Harrison, Mondamin 1970-tied
Ahrabi-Fard, Iradge		NUH, Cedar Falls 1981
Anderson, Dennis.....	2	Davis County, Bloomfield 1980, 81
Anliker, Jeff.....	2	Manson-Northwest Webster 2012, 13
Anthony, Fred.....		Pella 1986
Ashman, George		Okoboji, Milford 2003
Ask, John.....		Cedar Rapids, Jefferson 1962
Augustine, Mike.....	9	DM, East 1928, 36, 38, 39, 40, 43, 44, 50, 51
Barkema, Rod	2	Kanawha 1978, 79
Baxa, Casey	3	Lisbon 2015, 16, 17
Bears, Darwin.....		Spirit Lake Park 1992
Beckham, Tom		Cherokee, Washington 1966
Belby, Erik		Pleasant Valley 2008
Bell, Harry.....		Des Moines, North 1917
Bellamy, Jim		Mount Vernon 2004
Bergstrom, Gary		Griswold 2005
Berry, Burl		Cedar Falls, Teachers High 1948
Berthelsen, Eric		Jamaica, YJB 1977-tied
Birney, Harold.....	3	DeWitt 1951, 53, 57
Birt, Jered		Central Clinton, De Witt 2009
Blazek, Jack		Sidney 1984
Brooks, Bob.....		Paullina 1962
Buls, Lanny.....		East Buchanan Winthrop 2000
Bunn, Charles.....		Humboldt 1995
Cairney, James		St. Albert, Council Bluffs 2018
Calloway, Bill.....		Cedar Rapids, Washington 1977
Camacho, Russ.....		Xavier, Cedar Rapids 2007, 08
Carstens, Ken.....		Harlan 2003
Chase, Charles.....	7	Des Moines West 1908, 10, 11, 12, 13, 14, 16
Christiansen, Terry		Allison-Bristow 1983
Clark, Troy.....		West Marshall, State Center 2012
Clefisch, Dale		Sheldon 1982

Cochran, Dave	2	Valley, WDM 2003, 06
Collinge, Cole		Carroll 1957
Cooley, E. Wayne	2	Nevada 1949, 50
Corbin, Chuck		Iowa Falls 1974-tied
Covey, Hi	8	Ames 1949, 55, 56, 57, 58, 60, 63, 64
Cox, Don		Lake City 1954
Cox, Jim		Paton-Churdan 1986
Cunningham, Mike		Knoxville 1991
Dalzell, Wilbur		Dubuque 1937
Davis, Les		Sioux City, East 1945
Davis, Pat	2	Beckman, Dyersville 1997-tied, 99
Day, Jesse	5	Davenport 1931, 35, 42, 47, 52
DeVries, Darwin		Kingsley-Pierson 1978
Duea Jr., Jim		Valley, West Des Moines 1998
Duhrkopf, Charles		Primghar 1956
Dunsworth, Ira	7	Davenport 1973, 74, 76, 78, 82, 83, 84
Ehret, Steve		North Mahaska, New Sharon 1990
Eidahl, Davis	2	Pekin 1979, 2018
Ekstrand, Fred		Toledo Juvenile Home 1953
Eldridge, Bruce		Charles City 2005
Elliott, Brad		Mount Ayr 2014
Fearing, Ken	2	Anamosa 1974-tied, 75
Fiedler, Curt		George-Little Rock 2019
Filloon, Doyle		Lake City 1952-tied
Fisk, Jack		Anamosa 1956
Fitzgerald, Mike		Belle Plaine 1969
Fletcher, Jan		Earlham 1985-tied
Fravel, David		Bishop Heelan, Sioux City 1997
Frost, John		Treynor 1966
Gray, Al		Clarinda 1956
Grimm, Gary	2	Nevada 1976, 77
Grimsley, J.A. (Judge)	2	Mason City 1929, 30
Hanna, Fred		Seymour 1964
Hanson, Wally	4	Eagle Grove 1964, 65, 70, 71
Hardie, Scott		Iowa Valley, Marengo 1985
Hartman, Jeff		Cedar Falls, 2011
Heitland, Brad		Algona 1993
Heitland, Brent	2	Waukeee 2014, 15
Hildebrand, David		Garner-Hayfield 1996
Hinkel, Randy	5	Madrid 2001, 02, 09, 10, 11
Hofmeister, Doug		Lone Tree 1985-tied
Hollan, Steve		Mid-Prairie, Wellman 2008
Holsclaw, Bill	2	Clinton 1969, 70
Hoogeveen, Bob		Sioux Rapids 1961
Hopkins, Ken		Linn-Mar, Marion 2013
Horton, Tom		Wahlert, Dubuque 2006
Hostetler, Marcus		Iowa Mennonite, Kalona 1999
Hoyt, Charles		Sioux City 1920
Hoyt, Cress W. (Dad)		Des Moines, East 1926
Hughes, Charles		Paullina 1981
Huling, Steve		CAL-Dows, Latimer 1987
Hummel, Phil	2	Woodbine 1989, 1992-tied
Hurley, Vince	3	Corning 1975, 76, 77
Jack, Joe		Farragut 1965

Janvrin, Ken		Panorama, Panora 1997
Jennett, John.....		Lake City 1955
Johnson, Archie		Des Moines, Roosevelt 1946-tied
Jolly, Lynn		Cherokee, Washington 1994
Kaemingk, Karl.....	2	Unity Christian, Orange C. 1997-tied, 2000-tied
Karpan, Tom.....		Valley, West Des Moines 1955
Kephart, William		West Chester 1959
Kibby, Bill.....	2	St. Edmond, Fort Dodge 2009, 11
Kiesell, Charles	2	Ida Grove (co-coach) 1906, 07
Kinzel, Warren.....		Ankeny 1969
Kitt, Roland.....		Belle Plaine 1971
Klemme, Al.....		Boyden-Hull 1970-tied
Koolbeck, Richard		Belmond 1960
Korver, Lawrence		Orange City, Maurice-OC 1961
Kozeal, Mark		Tri-Center, Neola 2001
Kruger, Arlen		Miles 1969
Kruse, Gary		West Lyon, Inwood 2000-tied
Kruzich, Drew		St. Albert, Council Bluffs 2003
Lahn, Nate.....		Iowa School for Deaf, Council Bluffs 1955
Lamm, Corey.....	2	West Burlington/Notre Dame 2015, 16
Lappe, Graydon		Perry 1962
Larsen, Monte		Sergeant Bluff-Luton 2019
Lee, Matt		Starmont, Arlington 2005
Lee, Robert E	6	NUH, Cedar Falls 1986, 87, 88, 90, 91, 98
Lenguadoro, Gerry	3	Iowa Falls 1978, 79, 95
Lewis, Don.....		Prairie Valley, Gowrie 1968
Lineweaver, Richard		Terril 1967
Loeffler, Gary.....		Van Buren, Keosauqua 1995
Lyle, Jim	4	Des Moines, North 1948, 53, 54, 59
Lynam, R.H		Des Moines, North 1934
Lynn, Max.....	2	Clinton 1946-tied, 69
Marcellus, Duane		Pocahontas 1971
Marsden, Clem		Harlan 1954
Marshall, Amy.....		Center Point-Urbana 2015
Martz, Brian	2	Iowa City West 2007, 12
Mays, Jim	2	West Branch 1983, 84
McClure, Carl	2	Elliott 1954; Wall Lake 1958
McCord, Jim		Centerville 1996
McGaffin, Charles	2	Winterset 1963, 67
McKinstrey, Gordon		Maurice-Orange City, 1973
McLarnan, Mark	2	Sioux City, Central 1966, 67
McQuerry, Joe.....		Des Moines, Roosevelt 1999-tied
McVicker, George	2	Villisca 1966, 67
Mehsling, Ken.....		Council Bluffs, Abraham Lincoln 1993
Miles, Mike		Tabor 1958
Miller, Jim		Waterloo, East 1979
Milliken, Harlan.....		Ames 1968
Morrison, Dick		Red Oak 1973
Muller, Dennis	2	Gehlen Catholic, LeMars 1989, 96
Mullins, Earl.....		Goldfield 1968
Mundt, Dave		Treynor 2004
Nelson, W.C		Des Moines North 1919
Nicholson, Dean	3	Storm Lake 1987-tied, 88, 2002
Nixon, E. W		Davenport 1915
Noll, Don.....		Sanborn 1988
Novak, Leo	5	Cedar Rapids, 1921, 22, 23, 24, 25

Oberle, Don		Bishop Heelan Catholic, Sioux City 2010
Penick, Les		BCLUW, Conrad 2006
Perkins, Steve		Madrid 2017 (T)
Peters, Randy		Davenport Central 2005
Pinckney, Bill	2	Cedar Rapids Washington 2009, 10
Raffensperger, John	10	IC, City High 1992, 93, 94, 95, 96, 97, 99-tied, 2000, 01, 02
Rapp, Darrell		Moville 1962
Reingardt, Will		Dike-New Hartford 2019
Roberts, Harold		George 1963
Robinson, William		Lamoni 1952-tied
Roe, Dean	2	Redfield, Dexfield 1963, 64
Rollinger, Joel	2	Decorah-North Winneshiek 2004; Decorah 2012
Roth, Steve		Washington 1998
Rozell, Richard		Marshalltown 1985
Sage, Dave	2	Waverly-Shell Rock 1999, 2001
Sanger, Bob	4	Britt 1974; West Hancock, Britt 1992, 2007, 08
Scherich, Everett	2	Clinton 1932, 33
Schott, Jarrod		KP-WC 2017 (T)
Schwarz, Bill		Prairie, Cedar Rapids 2016
Scott, Robert		North Fayette, West Union 2006
Shultz, Jerry		Turkey Valley, Jackson Junction 1987-tied
Silvey, Chuck		Des Moines, Tech 1961
Simons, Larry		New Hartford 1982
Simpson, Stan		Lawton-Bronson 1991
Sjeclocha, Evo		Indianola 1958
Sletten, John	9	Ames 1971, 72, 80, 86, 87, 88, 89, 90, 91
Smith, Fred		Ankeny 1972
Sovers, Mark	2	Solon 2010, 2014
Spatcher, Cecil		Ames 1965
Staker, Steve		Fredericksburg 1992-tied
Starner, Mark		Glenwood 2011
Steinhoff, L.C.		Farragut 1957
Stolze, Greg		Williamsburg 2002
Strouse, Richard		Ballard, Huxley 1994
Strouse, Robert		Terril 1973
Strutzenberg, Bruce		Pomeroy 1965
Sutherland, Clayton "Chick"	2	Mason City 1929, 30
Tallman, Roy		Burnside, Central Webster 1972
Thompson, Boyd		Carroll 1927
Trimble, Mark		Conrad, BCL 1982
Trygstad, Tom	3	Valley, West Des Moines 2017, 2018, 2019
Tryon, Jerry		Alta 1972
Van Hauen, Brent	2	Pella 2013, 16
Van Liew, John	3	Des Moines East 1909, 1915, 1917
Vanderhorst, Jerry	2	West Bend-Mallard 1993, 94
VanderWilt, Dale	2	Sioux Center 1980, 82
Vogelgesang, Dave	3	Tipton 1983, 84, 85
Walton, Nat		Clinton, St Marys 1959
Weber, Robert	4	Hamburg 1974, 75, 76, 77-tied
Weis, Homer		Red Oak 1953
Wells, Ken		Ames 1941
Wells, Robert		Spirit Lake 1968
Wendel, Ray		Woodward-Granger 1970

West, Charles A		Mason City 1918
Whitcomb, Jim.....	2	Glenwood 1989, 90
White, Denny.....		Mount Pleasant 2000
Wickett, Bryce		LuVerne 1960
Wilkinson, Harold		Cedar Rapids, Washington 1975
Williams, Greg.....	4	Monticello 1998, 2008, 2013, 2014
Williams, John	2	Ida Grove (co-coach) 1906, 07
Winkler, Ken		Treynor 1980
Yuska, Gordon		Waterloo, West 1981
Zrudsky, Chad.....	2	Marion 2017, 2018



STATE MEET CHAMPIONS 100-YARD DASH

06	Earl Perry, Marshalltown	10.6	38	Billy Green, Newton	10.0
07	Carl Harris, Des Moines, West	10.8	39	Bill Garrett, Davenport	10.2
08	Harold Moorehead, Ida Grove	10.4	40	Bill Mash, Des Moines, East	9.8
09	Louis Gates, Des Moines East	10.6	41	Jack Colman, Cedar Rapids, Franklin	10.4
10	Ronald Reed, Des Moines West	10.4	42	Wallace Peterson, Davenport	10.3
11	Charles Hoyt, Greenfield	10.2	43	Bob McLaughlin, Perry	10.4
12	Charles Hoyt, Greenfield	10.2	44	Jack Simpson, Sac City	10.4
13	Charles Hoyt, Greenfield	10.0	45	James Burlingame, Clinton	10.5
14	George Jarvis, Des Moines East	10.4	46	Dick Atkins, Des Moines, East	10.1
15	George Rausch, Waterloo, West.....	10.6	47	Dick Atkins, Des Moines, East	10.1
16	George Rausch, Waterloo West.....	10.2	48	A-Ralph Richman, Dubuque	10.0
17	Charles Colby, Des Moines, North	10.2		B-Bob Willadsen, Storm Lake	10.3
18	Cecil Brewton, Mason City	10.6	49	A-Gary Scott, Des Moines, North	10.0
19	Glenn "Doc" Miller, Waterloo Wes	10.6		B-Bob Jones, Milford	10.2
20	Harold Rocho, Des Moines East	10.8	50	A-John Gibbons, CB, Thomas Jefferson	10.3
21	Chan Coulter, Iowa City.....	10.4		B-Werner Berg, Rock Rapids	10.4
22	Ted Larson, Des Moines East	10.4	51	A-Fred Lucas, Des Moines, East	9.9
23	George Harper, Fort Madison.....	10.2		B-Ray Long, Afton	10.1
24	Frank Cuhel, Cedar Rapids	10.0	52	A-Fred Lucas, Des Moines, East	9.9
25	Herbert Schell, Perry	10.1		B-Don White, Lamoni	10.3
26	Vane Snorf, Des Moines, Roosevelt.....	10.1	53	AA-Larry Perry, Marshalltown	10.0
27	David Davis, Carroll	10.0		A-Wayne Brown, Estherville	10.5
28	Raymond Burns, Webster City	10.3		B-Bob Stangel, Onawa	10.4
29	Rich Proctor, Cedar Rapids, Washington.....	10.3		C-Ted Harvey, Toledo Juvenile	10.4
30	Joe Rogers, Jefferson.....	10.1	54	AA-Lee Jones, Co. Bluffs Thomas Jefferson	10.0
31	Cecil Garrison, Burlington.....	9.8		A-Gaylord Rasmussen, Harlan	10.3
32	Carl Nelson, Clinton	9.9		B-Tom Burrows, Belle Plaine	10.7
33	Carl Nelson, Clinton	9.7		C-Ted Harvey, Toledo Juvenile	10.3
34	George Robinson, Des Moines, North.....	10.0	55	AA-Bill Woodhouse, Mason City	10.1
35	Bob Cowan, Waterloo, West	10.1		A-Larry Eischen, Valley, WDM	10.3
36	Bob Cowan, Waterloo, West	9.9		B-Tom Burrows, Belle Plaine	10.4
37	Wilson Saunders, Dubuque.....	10.0		C-Duane Miller, New Sharon	10.3

56	AA-Dennis O'Brien, Des Moines, Roosevelt	10.0
	A-Bob Brandt, Denison	10.1
	B-Bill Blount, Aurelia	10.4
	C-Dick White, Kellogg	10.3
57	AA-Dave Arends, Cedar Rapids Roosevelt	10.2
	A-Jim Merrick, Maquoketa	10.3
	B-Elmer Menage, Rock Rapids	10.1
	C-Jerry Ehwegen, Terril	10.5
58	AA-Bill Cunningham, Bishop Heelan, SC	10.0
	A-Don Robertson, Washington	10.3
	B-Terry Ross, Glenwood	10.4
	C-Paul Miller, Menlo	10.4
59	AA-Al Collier, Des Moines, North	9.8
	A-Wayne Johnson, Algona	10.2
	B-Gary Steele, Eddyville	10.5
	C-Brad Bonynge, West Lyon	10.7
60	AA-Charles Taylor, Des Moines, Tech	9.8
	A-Gary Richard, Corning	10.0
	B-Gary Hollingsworth, English Valleys	10.2
	C-Brad Bonynge, West Lyon	10.5
61	AA-Charles Taylor, Des Moines, Tech	10.2
	A-John Pletcher, Clarion	10.4
	B-Steve Kettering, Lake View-Auburn	10.1
	C-Dan Travaille, Ocheyedan	10.1
62	AA-Clyde Duncan, Des Moines, North	10.0
	A-Ron Beasley, Perry	10.5
	B-Doug Skinner, Paullina	10.4
	C-Deryl Peterson, Moville	10.8
63	AA-Clyde Duncan, Des Moines, North	9.7
	A-Harry Alley, Winterset	9.7
	B-Ron Graves, Rockwell-Swaledale	10.0
	C-Doug Skinner, Paullina	9.9
64	AA-Clyde Duncan, Des Moines, North	9.5
	A-Gene Ricker, Mount Ayr	10.2
	B-Jack Bintz, Sutherland	9.9
	C-Jim Cave, Dexfield, Redfield	9.7
65	AA-Mike Lunn, Des Moines, North	10.0
	A-Ron Davis, Perry	9.9
	B-Ron Miller, English Valleys	9.9
	C-Roger Dotson, Terril	9.9
66	AA-Jim Kirby, Des Moines, North	10.0
	A-Jerry Lenz, Cherokee, Washington	9.9
	B-Steve Hodges, Laurens	10.0
	C-Lloyd Wiese, Baxter	9.9
67	AA-Jim Kirby, Des Moines, North	9.5
	A-Mike Lint, Anamosa	10.0
	B-Warren Johnson, West Lyon, Inwood	9.9
	C-Keith Bell, Norwalk	10.1
68	AA-Larry Miller, Des Moines, Roosevelt	9.9
	A-Jack Comfort, West Monona, Onawa	10.0
	B-Dave Harskamp, Sioux Center	9.9
	C-Keith Bell, Norwalk	10.3
69	AA-Greg Lintz, Ottumwa	9.9
	A-Jack Comfort, West Monona, Onawa	10.0
	B-Galen Morris, Interstate 35, Truro	10.4
	C-Mark Bigler, Dumont	10.0
70	AA-Jim Henderson, Waterloo, East	9.6
	A-Steve Wolpert, West Monona, Onawa	10.1
	B-Garry Frandson, Roland-Story	10.4
	C-Steve Crouse, Woodward-Granger	10.0
71	AA-Dick Eisenlauer, Des Moines, East	9.8
	A-Steve Wolpert, West Monona, Onawa	10.0
	B-Garry Frandson, Roland-Story	10.4
	C-Rick Freeburg, Pocahontas	9.9
72	AA-Gene Mollett, Bishop Heelan, SC	10.0
	A-Tom Miller, Storm Lake	10.1
	B-Gary DeBruin, Rock Valley	10.4
	C-Steve Olson, Terril	10.3
73	AA-Albert Morgan, Burlington	10.1
	A-Pat Eisenmenger, Cherokee	10.4
	B-Dave Guy, Norwalk	10.4
	C-Steve Olson, Terril	10.3
74	AA-Bob Bostic, Davenport, Central	9.9
	A-Larry Abernathy, Vinton, Washington	10.2
	B-Jim Brewer, NUH, Cedar Falls	10.4
	C-Craig Ohden, Wall Lake	10.4
75	AA-Greg Mick, Cedar Rapids, Kennedy	10.0
	A-Mike Shaw, Nevada	10.1
	B-Doug Hanson, Ida Grove	10.1
	C-Craig Ohden, Wall Lake	10.2
76	AA-Greg Mick, Cedar Rapids, Kennedy	9.8
	A-Mike Shaw, Nevada	10.0
	B-John Taylor, Eddyville	10.2
	C-Vic Lochman, Alden	10.2
77	AA-Owen Buckley, Sioux City, North	9.9
	A-Loren Velgersdyke, Western Christian	10.3
	B-Rick Van Pelt, Panora-Linden	10.2
	C-Dale Meleynek, Y-J-B, Jamaica	10.2

100-METER DASH

78	AA-Owen Buckley, Sioux City, North	11.1
	A-Jody Wilson, Mount Pleasant	11.0
	B-Jeff Nielsen, Britt	11.1
	C-Randy Willer, Schaller	11.4
79	AA-Cordell Smith, Waterloo, East	10.9
	A-Keith Willey, Osage	11.3
	B-Jeff Nielsen, Britt	10.8
	C-Bob Frederick, Ayrshire	11.1
80	AA-Treye Jackson, Newton	11.02
	A-Dave Donavan, Humboldt	11.43
	B-Jeff Nielsen, Britt	10.84
	C-Scott Harms, Wellsburg	11.47
81	AA-Treye Jackson, Newton (ran 10.5 in prelims)	10.80
	A-Keith Willey, Osage	11.30
	B-Mike Fischer, Sac City	11.19
	C-Mike Dubberke, Hubbard	11.44
82	4A-Richard Rumley, Des Moines, Roosevelt	11.03
	3A-Jeff Peterson, Clear Lake	11.22
	2A-Kevin Goodrich, Iowa Valley	11.25
	1A-Kevin Fouts, Dunlap	11.29
83	4A-Booker Scott, Davenport Central	11.02
	3A-Mike Tice, Perry	11.29
	2A-Bryon Hubbard, Prairie, Gowrie	10.90
	1A-Dan Hicks, Sutherland	11.41
84	4A-Gary Couch, Davenport, Central	10.94
	3A-Todd Cleverly, Jefferson	11.23
	2A-Rod Storch, West Burlington	11.4
	1A-Joe Bricker, United Community, Boone	11.3

85	4A-Rod Edwards, Des Moines, Roosevelt	11.14
	3A-Todd Cleverly, Jefferson	11.42
	2A-Dan Wallace, Clear Creek	11.1
	1A-Phil Forbes, Lone Tree	11.1
86	4A-Kevin Little, Ankeny	10.90
	3A-Scott Jenkins, Waukon	11.20
	2A-Dave Stein, Milford	11.31
	1A-Jeff Albright, Iowa School for Deaf, CB	11.31
87	4A-Kevin Monroe, Muscatine	11.03
	3A-Rob Wise, West Liberty	11.37
	2A-Jeff Wallerich, Sigourney	11.34
	1A-Paul Korsness, North Winneshiek	11.39
88	4A-Bryant Williams, Waterloo, West	10.96
	3A-David Linkletter, Shenandoah	11.44
	2A-Dave Ellingson, Colo-NESCO	11.32
	1A-Dallas Sudmann, Treynor	11.74
89	4A-Joe James, Des Moines, East	11.03
	3A-Cole Honeck, Hampton-Dumont	11.27
	2A-Ryan Santi, Madrid	11.2
	1A-Kevin Roths, Olds, WACO	11.25
90	4A-Dwayne Wright, Waterloo, West	10.92
	3A-Jamie Leonard, Dallas Center-Grimes	11.19
	2A-Brad Bailey, New London	11.27
	1A-Dave Titler, Clay Central	11.39
91	4A-Curtis Hawkins, Ames	11.17
	3A-Toby Bengfort, Denison	11.39
	2A-Nate Smith, West Hancock, Britt	11.20
	1A-Randy Thompson, CWL, Corwith	11.45
92	4A-Curtis Hawkins, Ames	10.97
	3A-Toby Bengfort, Denison	11.13
	2A-Nate Smith, West Hancock, Britt	11.14
	1A-Randy Thompson, CWL, Corwith	11.11
93	4A-Antwun Taylor, Davenport, Central	11.08
	3A-Doug Miller, Mount Pleasant	10.99
	2A-Nate Smith, West Hancock, Britt	11.03
	1A-Randy Thompson, CWL, Corwith	11.00
94	4A-Adam Cook, Cedar Rapids, Washington	11.33
	3A-Doug Miller, Mount Pleasant	11.26
	2A-Nate Smith, West Hancock, Britt	11.18
	1A-Randy Thompson, CWL, Corwith	11.01
95	4A-Dan McMahon, Iowa City, City	11.45
	3A-Tim Lambertsen, Anamosa	11.14
	2A-Phil Wagner, North Fayette	11.10
	1A-Jeff Adam, Cardinal, Eldon	11.33
96	4A-Dan McMahon, Iowa City, City	10.95
	3A-Matt Stockdale, Iowa Falls	11.11
	2A-Phil Wagner, North Fayette	11.18
	1A-Jeff Adam, Cardinal, Eldon	10.84
97	4A-Aaron Greving, Ames	10.82
	3A-Bryan Gilbreath, Waverly-Shell Rock	11.06
	2A-Tom Green, Westwood, Sloan	11.06
	1A-Evan Bru, Montezuma	11.10
98	4A-Aaron Greving, Ames	11.23
	3A-Kevin Collins, Assumption, Davenport	11.45
	2A-Mike Pope, West Burlington	11.40
	1A-Clint Daisy, Southern Cal	11.39
99	4A-Marques Simmons, Davenport, North	11.06
	3A-Chris Jarvis, Washington	11.27
	2A-Lane Danielson, Dike-New Hartford	11.53
	1A-Anthony Durnan, Earlham	11.49
00	4A-Hakim Hill, Iowa City, City	10.88
	3A-Cole Boatright, Fairfield	11.26
	2A-Mike Fiech, West Lyon, Inwood	11.08
	1A-Jonathan Wallerich, Sigourney	11.20
01	4A-Marques Simmons, Davenport North	10.63
	3A-Adam Haluska, Carroll	10.84
	2A-Jason Nolting, Preston-East Central	11.13
	1A-Jared Vickroy, Southeast Warren	11.14
02	4A-Calvin Davis, Iowa City, City	10.73
	3A-Adam Haluska, Carroll (<i>10.78 prelim</i>)	10.91
	2A-Jared Graham, Tri-Center, Neola	11.05
	1A-Jace Dennison, Tri-County, Thornburg	11.09
03	4A-Andy Brodell, Ankeny	10.73
	3A-Paul Brown, LeMars	10.98
	2A-Zac Bailey, Okoboji, Milford	10.91
	1A-Mike Wiederholt, St. Mary's, Remsen	11.12
04	4A-Robert Thompson, Des Moines East	10.82
	3A-Chris Rowedder, Carroll	11.20
	2A-David Wall, West Burlington	11.19
	1A-Lincoln Cavanagh, Northeast Hamilton	11.21
05	4A-Robert Thompson, Des Moines East	10.93
	3A-Justin Greiner, Washington	11.62
	2A-Travis Drahozal, Solon	11.30
	1A-Nick Kuchel, Kingsley-Pierson	11.42
06	4A-Bryan Collins, Valley, WDM	11.00
	3A-Justin Greiner, Washington	11.25
	2A-Travis Drahozal, Solon	11.08
	1A-Marquis Stephens, Lisbon	11.16
07	4A-Jarred Herring, Burlington	11.15
	3A-Wilmot Wellington, Fairfield	11.54
	2A-Kenneth Jackson, Pleasantville	11.29
	1A-Billy Veach, Andrew	11.46
08	4A-Jarred Herring, Burlington	10.76
	3A-Derek Kramer, Xavier, Cedar Rapids	11.00
	2A-Kyle Schuett, Cherokee	11.08
	1A-Alex Feilmeier, Glidden-Ralston	11.34
09	4A-Patrick Lewis, Xavier, Cedar Rapids	10.62
	3A-Logan Danko, Centerville	10.91
	2A-Brad Vogel, Central Lee, Donnellson	11.10
	1A-Jesse Selgeby, West Lyon (<i>ran 11.05 in prlm</i>)	11.13
10	4A-Austin Ebertowski, CB Abraham Lincoln	10.99
	3A-Brett Bogard, Pella	11.28
	2A-Aaron Arment, West Marshall	11.09
	1A-Tyler Tonderum, Armstrong-Ringsted	11.12
11	4A-James Harrington, Cedar Falls	10.86
	3A-Riley McCarron, Wahlert, Dubuque	11.36
	2A-Aaron Arment, West Marshall	11.40
	1A-Nick Efkamp, Madrid	11.41
12	4A-James Harrington, Cedar Falls	11.13
	3A-Keagan Parks, Webster City	11.40
	2A-Jake Floen, Unity Christian, Orange City	11.40
	1A-Nick Pittmon, East Mills	11.39
13	4A-Anthony Dreeszen, Sioux City, East	11.11
	3A-Brandon Norman, Iowa Falls-Alden	11.15
	2A-Trever Ryan, OA-BCIG	11.25
	1A-Nick Pittmon, East Mills	11.24
14	4A-Rico Gafford, Dowling Catholic, WDM	11:07 <i>Gafford ran an all-time best FAT 10.61 in the prelims</i>
	3A-Tanner Dunkin, Knoxville	11.03
	2A-Derek Harken, Camanche	11.20

1A	Meliiek Meyer, Lynnville-Sully	11.13
15	4A-Cray Washington, Fort Dodge	11.24
3A	Tanner Dunkin, Knoxville	11.31
2A	Isaiah Trousil, West Burlington/N. Dame	11.10
1A	Korby Sander, Belmond-Klemme	11.48
16	4A-Jalen Rima, Prairie, Cedar Rapids	10:86
3A	Eli Hicks, Boone	11:02
2A	Isaiah Trousil, West Burlington/N. Dame	10.69
1A	Korby Sander, Belmond-Klemme	11.30
17	4A-Dan Blocker, Waukee	11.12
3A	Isaiah Trousil, West Burlington/N. Dame	10.74

2A	Michael Santi, Madrid	10.91
1A	Derek Bova, Lisbon	11.23
18	4A-Bernard Bell, Jr, Ames	10.60
3A	Rancy Freeman, Dallas Center-Grimes	10.88
2A	Tanner Iske, West Liberty	10.58
1A	Rodney Schwartzhoff, South Winneshiek	10.95
19	4A-Bernard Bell Jr., Ames	10.92
3A	Jorma Schwedler, Sergeant Bluff-Luton	11.20
2A	Joe Stein, Spirit Lake	11.10
1A	Drake Partridge, AHSTW, Avoca	11.32
20	Season canceled due to COVID-19.	

220-YARD DASH

06	E. Turner, Grinnell	22.8
07	Carl Harris, Des Moines West	23.6
08	Elmer Ward, Ida Grove	23.2
09	Rollo Baird, Des Moines, East	24.0
10	Monroe, Cedar Rapids	23.4
11	Charles Hoyt, Greenfield	22.8
12	Charles Hoyt, Greenfield	22.4
13	Charles Hoyt, Greenfield	22.6
14	George Tomson, Davenport	23.2
15	George Tomson, Davenport	23.4
16	George Rausch, Waterloo West	23.0
17	Charles Colby, Des Moines North	22.6
18	Sam Cohen, Des Moines North	23.4
19	Glenn "Doc" Miller, Waterloo West	22.8
20	Harold Rocho, Des Moines East	22.8
21	William Buirge, Mason City	22.9
22	John "Tissy" Moore, Sioux City Central	22.8
23	John Everingham, Fort Madison	22.4
24	Roy Wise, Winfield	22.3
25	Herbert Schell, Perry	22.4
26	Gordon Lagerquist, Des Moines, East	22.7
27	Anton Frahm, Denison	22.5
28	Raymond Burns, Mason City	22.0
29	Frank Smith, Emmetsburg	22.8
30	Joe Rogers, Jefferson	22.5
31	Bernard Pull, Marshalltown	22.1
32	Carl Nelson, Clinton	21.9
33	Carl Nelson, Clinton	21.3
34	George Robinson, Des Moines, North	22.1
35	Robert Brown, Clinton	22.8
36	Bob Cowan, Waterloo, West	22.1
37	Wilson Saunders, Dubuque	21.7
38	Jewell Thompson, Oskaloosa	22.1
39	Frank Kaiser, Des Moines, East	22.1
40	Bill Garrett, Davenport	22.0
41	Junior Franck, Davenport	23.0
42	Harry Covey, Des Moines, Roosevelt	22.4
43	Harold Lewis, Centerville	22.9
44	Bob Ryan, Waterloo, East	22.3
45	Bob Ryan, Waterloo, East	22.9
46	Bob Weissinger, Des Moines, Roosevelt	21.9
47	Dick Atkins, Des Moines, East	22.0
48	A-George Nichols, Des Moines, North	22.0
	B-Willie Hunt, Guthrie Center	22.6
49	A-Gary Scott, Des Moines, North	21.3
	B-Jim Harvey, Britt	22.4
50	A-John Gibbons, Co Bluffs Thomas Jefferson	22.9
	B-Werner Berg, Rock Rapids	23.2
51	A-Bob Zust, Des Moines, East	22.1
	B-Ray Long, Afton	21.7
52	A-Les Allen, Indianola	22.4
	B-Doug Baldwin, Jesup	22.7
53	AA-Tom Jennings, Marshalltown	22.4
	A-Bob Ash, Oelwein	23.3
	B-Del Kloewer, Manilla	22.8
	C-Carl Seegar, Tabor	23.3
54	AA-Sam Bradley, Des Moines, East	22.2
	A-Del Mourer, Oelwein	23.1
	B-Tom Burrows, Belle Plaine	23.0
	C-Jim Merry, Primghar	23.5
55	AA-Bill Woodhouse, Mason City	22.1
	A-Larry Eischen, Valley, WDM	22.8
	B-Tom Burrows, Belle Plaine	23.2
	C-Pete Valentine, Hull	23.2
56	AA-Dennis O'Brien, Des Moines, Roosevelt	21.8
	A-Bob Brandt, Denison	22.5
	B-John States, Traer	22.1
	C-Terry Hutt, Woodward	22.6
57	AA-Jim Hutchinson, Des Moines, Tech	22.6
	A-Jim Merrick, Maquoketa	22.8
	B-Tom Whitney, Aurelia	22.7
	C-Dennis Wernimont, Iowa School for Deaf, CB	23.3
58	AA-Jim Hutchinson, Des Moines, Tech	22.1
	A-Wayne Johnson, Algona	22.7
	B-Dean Hartman, Anamosa	23.5
	C-Paul Miller, Menlo	23.0
59	AA-Bob Kreamer, Des Moines, Roosevelt	21.7
	A-Wayne Johnson, Algona	22.1
	B-Dave Hoover, Dallas Center	23.2
	C-Brad Bonynge, West Lyon	23.6
60	AA-John Cota, Mason City	22.1
	A-Dave Suntken, Belmond	23.0
	B-Dave Hoover, Dallas Center	23.0
	C-Brad Bonynge, West Lyon	23.4
61	AA-Dennis Obregon, Des Moines, Tech	22.3
	A-Dennis Wunsch, Greene	23.7
	B-Steve Kettering, Lake View-Auburn	22.5
	C-Dan Travaille, Ocheyedan	23.3
62	AA-Clyde Duncan, Des Moines, North	22.3
	A-Paul Readhead, Corning	23.5
	B-Warren Pierce, West Branch	23.5
	C-Bruce McDonald, Scranton	24.1
63	AA-Clyde Duncan, Des Moines, North	21.7
	A-Harry Alley, Winterset	22.9

	B-Jon Reimer, George.....	22.4
	C-Bruce McDonald, Scranton.....	22.5
64	AA-Clyde Duncan, Des Moines, North.....	21.6
	A-Tom Busch, Garner-Hayfield	22.7
	B-Jack Bintz, Sutherland	22.3
	C-Bruce McDonald, Scranton.....	22.2
65	AA-Jim Kirby, Des Moines, North.....	22.3
	A-Ron Davis, Perry.....	22.1
	B-Joe Buckwalter, Iowa City, University High	22.6
	C-Ed Long, Irwin	22.9
66	AA-Jim Kirby, Des Moines, North.....	21.4
	A-Jerry Lenz, Cherokee, Washington	22.2
	B-Steve Hodges, Laurens	22.1
	C-Lloyd Wiese, Baxter	22.9
67	AA-Jim Kirby, Des Moines, North.....	21.5
	A-Mike Lint, Anamosa	22.4
	B-Gary Sanow, Marcus	21.8
	C-Fran Long, Irwin	22.0
68	AA-Roger Colglazier, Davenport Central	21.7
	A-Bill Eich, Spirit Lake	22.8
	B-Dave Harskamp, Sioux Center	22.2
	C-Keith Bell, Norwalk.....	22.4
69	AA-Bill Hansen, Clinton	21.7
	A-Mark Pilcher, Anamosa.....	22.1
	B-John Dobler, Manning.....	22.9
	C-Thierry Boucqey, Swea City	22.1
70	AA-Chuck Curtis, Clinton	21.9
	A-Vince Leber, St Albert, Co. Bluff.....	22.5
	B-Jim Laughery, Guthrie Center.....	22.8

200-METER DASH

78	AA-Owen Buckley, Sioux City, North	22.19
	A-Jody Wilson, Mount Pleasant	22.69
	B-Steve Arnes, Gehlen Catholic, LeMars	22.70
	C-Rick Gienau, Janesville	22.99
79	AA-Jeff Flynn, Wahlert Catholic, Dubuque	22.28
	A-David Thumm, Mount Vernon.....	22.17
	B-Jeff Nielsen, Britt.....	22.00
	C-Scott Harms, Wellsburg	22.56
80	AA-Treye Jackson, Newton.....	21.90
	A-Kent Lester, Clarion	22.43
	B-Jeff Nielsen, Britt.....	21.78
	C-Scott Harms, Wellsburg	22.79
81	AA-Treye Jackson, Newton.....	21.64
	A-Keith Willey, Osage.....	22.34
	B-Mike Fischer, Sac City	22.42
	C-Darren Ennis, Terril.....	22.54
82	4A-Alvin Myles, Des Moines, Roosevelt.....	21.87
	3A-Mike Tice, Perry	22.54
	2A-Kevin Goodrich, Iowa Valley, Marengo	22.53
	1A-Kevin Fouts, Dunlap	22.55
83	4A-David Palmer, Waterloo, Central	21.78
	3A-Brooks Glasnapp, Roland-Story	22.18
	2A-Kevin Goodrich, Iowa Valley, Marengo.....	22.44
	1A-Rick Brown, Ar-We-Va, Westside	22.68
84	4A-Gary Couch, Davenport, Central	21.98
	3A-Mike Tice, Perry	22.4
	2A-Kendall Swanson, Clarion.....	22.9
	1A-Lonnie MacPeek, Gilmore City-Bradgate	22.90
85	4A-Kevin Little, Ankeny	22.30

	C-Rick Freeburg, Pocahontas	22.3
71	AA-Dick Eisenlauer, Des Moines, East	21.4
	A-Dan Kubik, North Tama, Traer.....	23.2
	B-Danny Andersen, Manning	23.1
	C-Rick Freeburg, Pocahontas	22.4
72	AA-Gene Mollett, Bishop Heelan, Sioux City	22.4
	A-Tom Dovel, Red Oak	23.0
	B-Danny Andersen, Manning	22.8
	C-Paul Van Briessen, George	23.1
73	AA-Fred Parks, Davenport, Central	22.0
	A-Pat Eisenmenger, Cherokee, Washington.....	23.3
	B-Chris Thompson, NUH, Cedar Falls	22.5
	C-Randy Yuska, LDF, LeGrand.....	23.6
74	AA-Fred Parks, Davenport, Central	22.2
	A-Greg Younger, Atlantic.....	23.5
	B-Tom Specketer, Alta	23.2
	C-Phil Buffington, Titonka	22.8
75	AA-Dan Courtney, Ottumwa.....	21.9
	A-Mike Shaw, Nevada	22.0
	B-Greg Willey, West Monona, Onawa.....	23.2
	C-Craig Ohden, Wall Lake.....	22.5
76	AA-Greg Mick, Cedar Rapids, Kennedy.....	21.5
	A-Mike Shaw, Nevada	21.7
	B-John Taylor, Eddyville.....	22.2
	C-Vic Lochman, Alden	22.2
77	AA-Mike Jorgensen, Marshalltown.....	22.0
	A-Bill Tanner, Eagle Grove	22.0
	B-Rich Van Pelt, Panorama.....	22.6
	C-Harry Steele, Iowa School for Deaf, Co. Bluffs	22.9

	2A-Aaron Egbert, Mediapolis	22.68
	1A-Randy Thompson, CWL, Corwith	22.09
93	4A-Tim Dwight, Iowa City, City	21.63
	3A-Doug Miller, Mount Pleasant.....	22.34
	2A-Kirk Luense, St Ansgar	22.64
	1A-Randy Thompson, CWL, Corwith	22.13
94	4A-Tim Dwight, Iowa City, City	21.90
	3A-Doug Miller, Mount Pleasant.....	22.57
	2A-Aaron Egbert, Mediapolis	22.59
	1A-Todd Puck, Manning	22.39
95	4A-Chad Heying, Bishop Heelan, Sioux City	22.18
	3A-Jarrod Heinz, Humboldt	22.15
	2A-Phil Wagner, North Fayette, West Union....	22.78
	1A-Todd Mundt, Treynor	22.28
96	4A-Marshall Frazier, Bettendorf	22.12
	3A-Dustin Smith, Oelwein	22.35
	2A-Phil Wagner, North Fayette, West Union....	22.53
	1A-Jeff Adam, Cardinal, Eldon	21.89
97	4A-Jason Ringena, Iowa City, City	21.57
	3A-Josh Roose, Pella	22.25
	2A-Tom Green, Westwood, Sloan.....	22.20
	1A-Tim Dodge, Rockwell-Swaledale	21.93
98	4A-Quennel McCaleb, Fort Dodge	21.88
	3A-Mike Mansour, Creston.....	22.33
	2A-Mike Pope, West Burlington	22.54
	1A-Chris McCullough, Pleasantville	22.42
99	4A-Marques Simmons, Davenport, North	22.19
	3A-Jerod Torrey, Centerville	22.16
	2A-Ryan Kedley, North Cedar, Stanwood.....	22.93
	1A-Zach Grimm, Iowa Mennonite School, Kalona....	22.48
00	4A-Nik Moser, Fort Dodge.....	21.88
	3A-Matt Jens, Glenwood	22.47
	2A-Mike Pope, West Burlington	22.18
	1A-Micky Roseberry, Alburnett.....	22.48
01	4A-Nik Moser, Fort Dodge.....	21.33
	3A-Adam Haluska, Carroll	21.67
	2A-Jason Nolting, Preston-East Central	21.81
	1A-Jared Vickroy, Southeast Warren	22.18
02	4A-Calvin Davis, Iowa City, City.....	21.37
	3A-Adam Haluska, Carroll.....	21.56
	2A-Cody Eichmeier, AGWSR, Ackley	22.09
	1A-Jace Dennison, Tri-County, Thornburg	22.17
03	4A-Andy Brodell, Ankeny	21.58
	3A-Greg Offerman, Charles City	22.41
	2A-Jared Van Wyk, Pella Christian	22.05
	1A-Lee Elbert, Bishop Garrigan, Algona	21.80
04	4A-Andy Brodell, Ankeny	21.62
	3A-Greg Offerman, Charles City	22.52
	2A-David Wall, West Burlington	22.36
	1A-Derek Stephens, Lisbon	22.46
05	4A-Josh Webb, Cedar Falls	21.79
	3A-Greg Offerman, Charles City	22.07
	2A-Justin Bauer, Kuemper Catholic, Carroll	22.39
	1A-Nick Kuchel, Kingsley-Pierson.....	22.04
06	4A-Bryan Collins, Valley, WDM.....	22.21
	3A-Cody Baethke, Williamsburg.....	22.54
	2A-Eli Brus, Camanche (<i>22.28 in prelims</i>)	22.37
	1A-Nick Kuchel, Kingsley-Pierson (<i>22.14 in prelims</i>).	22.48
07	4A-Jarred Herring, Burlington.....	22.21
	3A-Bryce Colston, Xavier, Cedar Rapids	22.58
	2A-Kenneth Jackson, Pleasantville	22.86
	1A-Ronnie Henderson, Woodward Academy....	22.69
08	4A-Jarred Herring, Burlington (<i>21.78 in prelims</i>) ..	21.79
	3A-Bryce Colston, Xavier, Cedar Rapids	22.68
	2A-Aaron Stockstell, Mid-Prairie, Wellman	21.96
	1A-Alex Feilmeier, Glidden-Ralston	22.63
09	4A-Patrick Lewis, Xavier, Cedar Rapids	21.43
	3A-Logan Danko, Centerville.....	21.95
	2A-Brian Sandvig, St. Edmond, Fort Dodge.....	22.41
	1A-Kyle Thoreson, Alburnett	22.33
10	4A-James Harrington, Cedar Falls	21.98
	3A-Brandon Jasper, Central Clinton, DeWitt....	22.86
	2A-Aaron Arment, West Marshall.....	22.60
	1A-Tyler Tonderum, Armstrong-Ringsted	22.65
11	4A-James Harrington, Cedar Falls	21.16
	3A-Brandon Jasper, Central Clinton.....	22.03
	2A-Aaron Arment, West Marshall.....	22.69
	1A-Bryce Maschino, Laurens-Marathon.....	22.77
12	4A-James Harrington, Cedar Falls	21.52
	3A-Keagan Parks, Webster City.....	22.73
	2A-Jake Floen, Unity Christian, Orange City....	22.06
	1A-Brice Sines, Pekin.....	22.78
13	4A-Tavian Smith, Iowa City, West.....	21.84
	3A-Jared Ganschow, Clear Creek-Amana.....	22.18
	2A-Trever Ryan, OA-BCIG	22.17
	1A-Nick Pittmon, East Mills	22.44
14	4A-Rico Gafford, Dowling Catholic, WDM	21.93
	3A-Connor Ham, Solon	22.14
	2A-Derek Harksen, Camanche.....	22.40
	1A-Kyle Groeneweg, West Lyon, Inwood.....	22.10
15	4A-Jalen Rima, Prairie, Cedar Rapids	22.03
	3A-Connor Ham, Solon	22.35
	2A-Isaiah Trousil, West Burlington/N. Dame....	21.90
	<i>(Trousil ran 21.76 in the prelims)</i>	
	1A-Korby Sander, Belmond-Klemme	22.42
16	4A-Jalen Rima, Prairie, Cedar Rapids	21.40
	3A-Eli Hicks, Boone	21.68
	2A-Isaiah Trousil, West Burlington/N. Dame....	21.33
	1A-Bryce Achen, WACO, Wayland	22.45
17	4A-Tayshaun Cooper, Waterloo, West.....	21.72
	3A-Isaiah Trousil, West Burlington/N. Dame....	21.22
	2A-Gage Clay, AHSTW	21.98
	1A-Jack Butteris, Lisbon.....	22.32
18	4A-Bernard Bell, Jr., Ames	21.64
	3A-Jorma Schwedler, Sergeant Bluff-Luton	21.72
	2A-Noah Anderson, PCM, Monroe.....	21.79
	1A-Rodney Schwartzhoff, South Winneshiek...	22.14
19	4A-Darien Porter, Bettendorf	21.76
	3A-Jorma Schwedler, Sergeant Bluff-Luton	22.16
	2A-Joe Stein, Spirit Lake	22.41
	1A-Drake Partridge, AHSTW, Avoca.....	22.34
20	Season canceled due to COVID-19.	

440-YARD DASH

06	Carl Harris, Des Moines West	54.6	C-Bill Sharp, Allerton	53.8
07	Carl Harris, Des Moines West	54.4	55 AA-Jerry Spencer, Des Moines, North	51.6
08	Elmer Ward, Ida Grove	52.6	A-Dick Recknor, Creston	52.6
09	Walter Fairall, Oskaloosa	54.8	B-Tom Burrows, Belle Plaine	52.2
10	Charles Parsons, Iowa City	53.8	C-Ned Miller, Kalona	51.3
11	Charles Parsons, Iowa City	52.8	56 AA-Bob Covey, Ames	49.8
12	Archie Mellor, Des Moines West	52.8	A-Junior Soper, Hampton	51.0
13	Archie Mellor, Des Moines West	51.4	B-John States, Traer	51.4
14	Elliott Purmort, Des Moines West	51.8	C-Bill Jasper, Agency	52.2
15	Mac Byers, Des Moines East	53.0	57 AA-Bob Covey, Ames	49.4
16	George Kelley, Newton	51.8	A-Chuck Runge, DeWitt	51.1
17	Walter Yarn, Des Moines, East	53.4	B-Larry Leinbaugh, Holstein	52.3
18	Lester Beck, Des Moines West	53.0	C-Dennis Wernimont, Iowa School for Deaf	52.6
19	Arthur Higbee, Boone	54.0	58 AA-Stan Scholl, Ames	50.3
20	Charles Brookins, Oskaloosa	52.4	A-Jon Shergren, Indianola	51.3
21	Chan Coulter, Iowa City	51.4	B-Ron Henninger, Tripoli	52.3
22	Leland O'Dell, Des Moines East	52.2	C-Marvin Emswiler, Dunlap	52.6
23	John "Tissy" Moore, Sioux City Central	51.2	59 AA-Carl VanderWilt, Ottumwa	50.0
24	Leo Loftus, Cedar Rapids	50.4	A-Gary Richards, Corning	52.2
25	George Baird, Mason City	51.3	B-Bob Jackson, Clinton, St Marys	51.4
26	Gordon Laquerquist, Des Moines, East	51.4	C-Jack Rohrs, Sanborn	52.4
27	Anton Frahm, Denison	50.5	60 AA-Pat Hansel, Sioux City, East	49.7
28	Kenneth Albee, Muscatine	51.0	A-Gary Richards, Corning	51.6
29	Sidney Dean, Traer	50.5	B-Gary Hollingsworth, English Valleys	49.0
30	Bernie Page, Newton	50.5	C-Bill Knierim, Dow City	52.8
31	Wallace Brown, Paullina	50.5	61 AA-Creighton Fleming, Bishop Heelan, SC	49.1
32	Chester Pence, Keota	49.9	A-Larry Arndt, Sac City	51.8
33	Van Phillips, Iowa City, University High	50.4	B-Ted Beesley, Monroe	52.5
34	Max Howie, Creston	49.9	C-Craig Okerberg, Marathon	50.9
35	Carl Teufel, Davenport	51.0	62 AA-Clyde Duncan, Des Moines, North	50.2
36	Bill Hermann, Des Moines, East	51.1	A-Terry Carsten, North Scott	50.9
37	Charles Swink, Valley Jct.	49.3	B-Dennis Wolrab, Mount Vernon	52.4
38	Melbert Beiber, Vinton	50.8	C-Dale Weedman, Clarksville	51.9
39	Robert Nicholson, Cedar Rapids, Franklin	51.6	63 AA-Clyde Duncan, Des Moines, North	49.0
40	Lawrence LaBarge, Anamosa	51.0	A-Harry Alley, Winterset	51.0
41	Pete Eckhoff, Waterloo, East	50.8	B-Lloyd Kolker, Gehlen Catholic, LeMars	52.5
42	Harry Covey, Des Moines, Roosevelt	50.0	C-Steve Moore, Morning Sun	50.9
43	Walt Freitag, Charles City	52.0	64 AA-Clyde Duncan, Des Moines, North	50.0
44	Eric Wilson Jr., Iowa City, University	52.1	A-Gene Ricker, Mount Ayr	51.5
45	Phil Wright, Des Moines, Roosevelt	50.6	B-Joe Buckwalter, Iowa City, University High	51.5
46	Dick Overton, Mount Pleasant	50.5	C-Kerry Conard, Winfield-Mount Union	50.7
47	Willie Hunt, Guthrie Center	51.1	65 AA-Brent Slay, Oskaloosa	50.5
48	A-Bruce Florence, Davenport	51.8	A-Pando Marluky, Glenwood	52.2
	B-Willie Hunt, Guthrie Center	49.9	B-Joe Buckwalter, Iowa City, University High	50.2
49	A-Gary Scott, Des Moines, North	49.3	C-John Pollock, Havelock-Plover	49.7
	B-Jack Smallridge, Nevada	52.5	66 AA-Jim Kirby, Des Moines, North	48.3
50	A-Bob Wilbur, Des Moines, North	50.1	A-Jerry Lenz, Cherokee, Washington	50.8
	B-Gene Mumm, DeWitt	53.3	B-Bill Mateer, Sheffield-Chapin	51.0
51	A-Bob Clark, Oelwein	49.5	C-Robby O'Clair, Clay Central	50.5
	B-Dan Hansen, Odebolt	52.3	67 AA-Roger Colglazier, Davenport, Central	48.0
52	A-John Stodgell, Ottumwa	51.4	A-Paul Rogers, Central Lyon, Rock Rapids	49.9
	B-Dan Hansen, Odebolt	51.5	B-Warren Johnson, West Lyon, Inwood	50.1
53	AA-Caesar Smith, Des Moines, North	50.7	C-Fran Long, Irwin	50.8
	A-Bob Ash, Oelwein	51.7	68 AA-Roger Colglazier, Davenport Central	48.4
	B-Francis Brownmiller, Aurelia	52.7	A-Dave Nauman, Crestwood, Cresco	51.0
	C-Dick Bozman, Morning Sun	52.9	B-Mike Della Penna, Louisa-Muscatine	52.8
54	AA-Sam Bradley, Des Moines, East	49.7	C-Larry Armstrong, Clarence	53.5
	A-Del Mourer, Oelwein	52.1	69 AA-Mike Ross, Bishop Heelan, Sioux City	49.0
	B-Tom Burrows, Belle Plaine	52.8	A-Steve Ryan, Ankeny	50.6

	B -Bill Sindlinger, NUH, Cedar Falls.....	50.3
	C -Don Bristow, LuVerne.....	51.8
70	AA -Chuck Curtis, Clinton	48.0
	A -Ed Defenbaugh, Mount Ayr	49.7
	B -Jim Laughery, Guthrie Center.....	49.7
	C -Don Aanonson, Lincoln Central, Gruver.....	51.3
71	AA -Dennis Roloff, Cedar Rapids, Jefferson.....	48.6
	A -Mike Malloy, Williamsburg	50.8
	B -John Specker, Keota	52.1
	C -Paul Laipple, New London.....	50.5
72	AA -Don Adams, Washington	49.3
	A -Tom Dovel, Red Oak	50.0
	B -Danny Andersen, Manning	50.4
	C -Larry Hulsing, New Hartford	50.2
73	AA -Jerome Culps, Davenport, Central.....	50.0
	A -Tom Dovel, Red Oak	49.0
	B -Tom Clary, Eldora	50.3

400-METER DASH

78	AA -Mike Jorgensen, Marshalltown.....	49.72
	A -Doug Lang, Creston.....	50.34
	B -Kevin Kuchel, Kingsley-Pierson.....	48.10
	C -Randy Willer, Schaller	51.03
79	AA -Kim Sykes, Waterloo, East.....	47.5
	A -David Thumm, Mount Vernon	49.5
	B -Kit Ryan, Nora Springs-Rock Falls	49.0
	C -Scott Harms, Wellsburg	50.2
80	AA -Jeff Beelman, Fort Madison	48.37
	A -Kent Anderson, Davis County, Bloomfield....	50.11
	B -Todd Holm, Tripoli.....	48.47
	C -Scott Harms, Wellsburg	49.61
81	AA -Treye Jackson, Newton.....	48.50
	A -Keith Willey, Osage.....	49.56
	B -Marc Kerscher, Central City.....	49.58
	C -Darren Ennis, Terril.....	49.37
82	4A -Scott Owens, Cedar Rapids, Kennedy	49.50
	3A -Brooks Glasnapp, Roland-Story	49.18
	2A -Brad Bartelt, West Branch	49.68
	1A -Barry Jacobsen, Elk Horn-Kimballton	51.11
83	4A -David Palmer, Waterloo, Central	48.26
	3A -Brooks Glasnapp, Roland-Story	48.67
	2A -Brad Bartelt, West Branch	49.86
	1A -Barry Jacobsen, Elk Horn-Kimballton	49.94
84	4A -Allen Burns, Sioux City, East	48.70
	3A -Mark Mehlberger, Marion.....	49.50
	2A -Brad Bartelt, West Branch	50.3
	1A -Lonnie MacPeek, Gilmore City-Bradgate	50.1
85	4A -Allen Burns, Sioux City, East	48.43
	3A -Pat Dankof, Shenandoah.....	51.15
	2A -John Weiland, Britt.....	50.0
	1A -Dorne Wiese, Baxter.....	49.4
86	4A -Jim Turner, Marshalltown	48.11
	3A -Steve Robinson, Sumner	49.86
	2A -Kyle Christianson, NUH, Cedar Falls.....	49.49
	1A -Brian Hovenga, Aplington	49.30
87	4A -Willie Lacy, Davenport, West.....	47.74
	3A -Rob Wise, West Liberty	49.42
	2A -Kyle Christianson, NUH, Cedar Falls.....	49.70
	1A -Brian Hovenga, Aplington	49.86
88	4A -Dave Knight, Ames	48.35

	C -Dave Seieroe, Charter Oak-Ute.....	51.1
74	AA -Chris Bryant, Davenport, Central	49.9
	A -Tom Dovel, Red Oak	49.2
	B -Tom Clary, Eldora	49.9
	C -Darryl Triplett, Sutherland	51.3
75	AA -Roy Wigen, Spencer	49.1
	A -Tony Nielsen, Humboldt.....	49.4
	B -John Thomas, Eldora	50.3
	C -Brad Groosbeck, Klemme	50.7
76	AA -Andy Jensen, Davenport, Central	49.2
	A -Mike Norton, Anamosa	49.0
	B -Steve Cronbaugh, Iowa Valley, Marengo	50.5
	C -Rich Van Pelt, Panorama, Panora.....	49.8
77	AA -Jay Bradley, Cedar Falls	48.9
	A -Doug Lang, Creston.....	50.1
	B -Rich Van Pelt, Panorama, Panora.....	49.4
	C -Tony Morris, Kanawha	49.8

	2A-Mike Pope, West Burlington	49.86
	1A-Chris McCullough, Pleasantville	48.50
99	4A-Andre Mitchell, Des Moines, Hoover	49.18
	3A-Jerod Torrey, Centerville	49.58
	2A-Ryan Kedley, North Cedar, Stanwood.....	49.88
	1A-Dustin Olson, Iowa Valley, Marengo.....	49.50
00	4A-Scott Vermulm, Johnston.....	48.76
	3A-Jeff Fedler, Mount Pleasant.....	48.91
	2A-Ryan Kedley, North Cedar, Stanwood.....	47.43
	1A-Jake Nelson, Des Moines Christian.....	48.88
01	4A-Robby Worrels, Clinton	48.78
	3A-Jeff Fedler, Mount Pleasant.....	48.36
	2A-Jason Nolting, Preston-East Central	48.86
	1A-Jake Nelson, Des Moines Christian.....	48.91
02	4A-Josh Leonard, Ankeny	48.30
	3A-Adam Haluska, Carroll.....	48.48
	2A-Jared Van Wyk, Pella Christian	48.72
	1A-Aaron Rustad, Saint Ansgar	48.91
03	4A-Yawusa Kinda, Des Moines, Roosevelt.....	47.96
	3A-Jason Crosser, Independence	49.60
	2A-Jared Van Wyk, Pella Christian	49.23
	1A-Dustin Rasmussen, Sidney	49.60
04	4A-Yawaus Kinda, Des Moines, Roosevelt.....	47.33
	3A-Billy Mousel, Bishop Heelan, Sioux City.....	49.18
	2A-Derek Schroeder, Durant-Bennett	49.18
	1A-Brad Schmitt, Turkey Valley, Jackson Jct. ..	50.59
05	4A-Victor Hall, Iowa City, West	48.91
	3A-Greg Offerman, Charles City	48.11
	2A-Cory Goos, West Liberty	49.59
	1A-Gabe Kimpson, Griswold	49.56
06	4A-Zac Sandvig, Valley, WDM	48.41
	3A-Cody Baethke, Williamsburg.....	49.07
	2A-Aaron Stockstell, Mid-Prairie, Wellman	48.54
	1A-Nick Kuchel, Kingsley-Pierson	48.87
07	4A-Bryan Collins, Valley, WDM	48.46
	3A-Tyler Nielsen, Humboldt	49.94
	2A-Aaron Stockstell, Mid-Prairie, Wellman	48.30
	1A-Jordan Cornilsen, Preston-East Central	48.32
08	4A-Kevin Dibbern, Iowa City, City	47.77
	3A-Chad Rutledge, Algona.....	49.54
	2A-Aaron Stockstell, Mid-Prairie, Wellman	47.67
	1A-Trevor Tiefenthaler, Sioux Central.....	49.94
09	4A-Kevin Dibbern, Iowa City, City	47.77
	3A-Trevor Voelker, Dallas Center-Grimes.....	48.71

	2A-Brian Sandvig, St. Edmond, Fort Dodge.....	48.30
	1A-John Harris, Galva-Holstein	49.87
10	4A-Kyle Dunn, Linn-Mar	48.33
	3A-Trevor Voelker, Callas Center-Grimes.....	48.41
	2A-Ty Nortman, West Liberty	49.04
	1A-Dominique Fagan, NUH, Cedar Falls	49.95
11	4A-Kyle Dunn, Linn-Mar	47.56
	3A-Michael Malloy, Bishop Heelan, SC	48.34
	2A-Neil Flattery, St. Edmond, Fort Dodge	49.47
	1A-Joe Roden, West Harrison.....	48.46
12	4A-James Harington, Cedar Falls	48.27
	3A-Trey Achterhoff, MOC-Floyd Valley	49.06
	2A- Will Teubel, Mount Vernon.....	48.82
	1A-Brody Eischeid, Manson Northwest Webster...	49.98
13	4A-Deshond Robinson, Clinton	48.71
	3A-Jared Ganschow, Clear Creek-Amana	48.57
	2A-Marc Huseman, Cherokee, Washington.....	49.04
	1A-Brody Eischeid, Manson Northwest Webster...	48.33
14	4A-Deshond Robinson, Clinton	48.66
	3A-Jeremy Maldonado, Fort Madison	49.28
	2A-Derek Harksen, Camanche.....	48.61
	1A-Austin Heitland, AGWSR, Ackley	49.36
15	4A-Jalen Rima, Prairie, Cedar Rapids	48.85
	3A-Will Ontiveros, Assumption, Davenport	48.82
	2A-Hunter Weldon, Albia	48.61
	1A-Brett Prenger, Lawton-Bronson	48.47
16	4A-Jalen Rima, Prairie, Cedar Rapids	48.55
	3A-JoJo Frost, Center Point-Urbana	49.02
	2A-Will Seeser, Camanche	49.36
	1A- Ethan Wyant, Jesup	49.56
17	4A-Darien Porter, Bettendorf	48.24
	3A-JoJo Frost, Center Point-Urbana	49.07
	2A-Kyle Sinnott, Albia.....	49.32
	1A-Avery Moore, Sigourney.....	49.19
18	4A-Austin West, Iowa City, West.....	47.94
	3A-Nate Kennedy, Glenwood	48.28
	2A-Isaiah Witrock, Pekin	48.93
	1A-Tyler Blaha, St. Albert, Co. Bluffs	50.33
19	4A-Darien Porter, Bettendorf.....	46.99
	3A-Jorma Schwedler, Sergeant Bluff-Luton	48.74
	2A-Jagger Gourley, Mediapolis	48.75
	1A-Tyson Vander Linden, Lynnville-Sully.....	49.66
20	Season canceled due to COVID-19.	

880-YARD RUN

06	George Bresnahan, Ida Grove	2:07.0
07	George Bresnahan, Ida Grove	2:04.8
08	Plato Redfern, Council Bluffs.....	2:04.2
09	Carl Leibsle, Des Moines East	2:03.4
10	Plato Redfern, Des Moines West	2:02.8
11	Volney Diltz, Des Moines North.....	2:04.2
12	(tie) Eugene Lighter, Rolfe & Ethan Scroggie, Des Moines West.....	2:04.8
13	Glenn Tenny, Des Moines West.....	2:02.4
14	Glenn Tenny, Des Moines West.....	2:03.0

15	Carl Hampton, Ottumwa	2:03.6
16	Carl Hampton, Ottumwa	2:00.0
17	Royce Harp, Newton.....	2:04.4
18	Junior Woods, Des Moines North	2:04.0
19	Harrison Barnes, Cedar Rapids.....	2:04.2
20	Harrison Barnes, Cedar Rapids.....	2:06.0
21	Harrison Barnes, Cedar Rapids.....	2:02.4
22	Roy Adkins, Grinnell	2:02.0
23	Don Yeisley, Cedar Rapids.....	2:01.8
24	Delano Raymond, Waterloo, East	2:01.3

25	Paul Hagedorn, Colfax	2:03.9	B-Mick Costigan, Buffalo Center	2:05.2
26	Gordon Baird, Greenfield.....	2:03.1	C-Bob Forde, Magnolia.....	2:02.1
27	Lewis Nelson, Harlan.....	2:05.0	60 AA-Pat Hansel, Sioux City, East	2:01.2
28	Darwin Fletcher, Alleman	2:03.2	A-Bruce Stumbaugh, Monticello	2:06.5
29	Bernie Page, Newton	2:02.2	B-Jim Thomas, Glenwood	2:03.7
30	Thomas Thompson, Des Moines, East	1:59.7	C-Dennis Heussner, Fredericksburg	2:05.2
31	Richard Bott, Keota.....	2:03.2	61 AA-Larry Schlotterbeck, Charles City.....	1:59.2
32	John Graves, Cherokee.....	2:00.3	A-Tom Hale, Iowa Falls	2:03.8
33	John Graves, Cherokee.....	1:56.5	B-Joe Henderson, South Page, College Springs..	2:00.7
34	John Graves, Cherokee.....	1:58.4	C-Dave Gauger, Crestland, Early	2:03.0
35	Howard Oldenburg, Waterloo, West.....	2:02.6	62 AA-Bill Jackson, Ames	1:57.0
36	Jack Mayer, Clinton, Lyons	2:02.2	A-Ed Whitchelo, Maquoketa	2:01.1
37	Bud Bonwell, Shenandoah	2:01.2	B-Gene Morenz, Lake View-Auburn.....	2:00.3
38	Leslie Garland, Winterset	2:01.1	C-Randy Van Bogart, Fayette	2:02.6
39	Ted Thompson, Sioux Central, Central	2:00.3	63 AA-Gus Walker, Davis County, Bloomfield	1:57.0
40	David Hazleton, Carroll.....	2:02.1	A-Ken Koester, North Fayette, West Union.....	1:59.7
41	Lynn Frazier, Iowa City, University High.....	2:03.4	B-Bill Wells, Seymour	2:02.6
42	John Frye, Burlington.....	2:00.6	C-Don Rinderknecht, Linn-Mar	2:04.1
43	Charles Hopkins, Cedar Rapids, Franklin	2:01.2	64 AA-Ron Griffith, Valley, WDM	1:59.0
44	Steve Dobbins, Cherokee, Washington.....	2:02.3	A-Joel Wagoner, Clarinda	2:02.6
45	Wade Chard, Audubon	2:01.8	B-Rich Snook, Seymour	2:00.5
46	Roger Watts, Des Moines, North.....	2:01.8	C-Keith Crandall, Pomeroy	2:01.2
47	Bill Conrardy, Dubuque, Loras	1:58.8	65 AA-Steve Gerkin, Sioux City, Central.....	1:58.3
48	A-Leland Crew, Fairfield	2:01.1	A-Carl Frazier, North Scott	2:01.5
	B-Gunther Schnack, DeWitt	2:02.6	B-Jerry O'Chesky, North Polk.....	2:02.7
49	A-(Tie) Virgil Byerly, Boone &		C-Larry Sellers, Russell	2:00.8
	Dennis Hunt, Sibley	2:03.1	66 AA-Steve Gerkin, Sioux City, Central.....	1:55.3
	B-Bob Hansen, Odebolt	2:05.9	A-Mick Maddox, Cherokee, Washington	2:00.5
50	50 A-Bill Honnold, Winterset	2:03.0	B-Warren Bush, Harris-Lake Park	1:59.8
	B-Duane Grismore, Corydon	2:06.4	C-Robert Priborsky, Hinton	2:02.7
51	51 A-Ray Ball, New Hampton.....	2:02.5	67 AA-Dave Nauman, Crestwood, Cresco	1:56.5
	B-Ray McConnell, Nevada	2:03.8	A-Dan Sanders, Humboldt.....	1:59.6
52	52 A-Bob Ash, Oelwein	2:01.4	B-Bob Berggren, North Polk	2:01.5
	B-Jim Hyde, Clinton, St. Mary's.....	2:06.8	C-Kevin Remillard, Sioux Rapids	2:02.1
53	53 AA-Charles Hancock, Boone	2:03.6	68 AA-Jim McCord, Centerville	1:56.8
	A-Bob Ash, Oelwein	2:02.0	A-Pete Pettengill, Central Lyon, Rock Rapids ..	1:59.9
	B-Norman Poppe, DeWitt.....	2:06.9	B-Dennis McCabe, Garner-Hayfield	2:03.1
	C-Bob Ellwood, Elliott	2:06.0	C-Curtis Hoegh, Elk Horn-Kimballton	2:06.2
54	54 AA-Harry Frazier, Des Moines, East	2:01.9	69 AA-Fred Schafer, Clinton	1:57.2
	A-Jerry Walker, Marion.....	2:03.1	A-Lee Schreurs, Ankeny.....	1:58.0
	B-Allan Meyer, Sac City	2:05.5	B-Dennis McCabe, Garner-Hayfield	2:00.7
	C-Charles Van Fosson, College Springs.....	2:04.4	C-Jim Dayton, Gilmore City-Bradgate	2:02.1
55	55 AA-Pete Errington, Ames	2:04.5	70 AA-Dennis Schultz, West Delaware	1:55.2
	A-Don Pierce, Osceola	2:05.8	A-Lee Schreurs, Ankeny.....	2:03.1
	B-Alex Greiner, Keota.....	2:03.0	B-Jeff Ocheltree, Guthrie Center	2:00.1
	C-Dick Wyatt, Allerton.....	2:04.3	C-Dennis Mennen, Dumont	1:59.1
56	56 AA-Harry Olson, Decorah	1:59.4	71 AA-Boak Desmond, Webster City	1:56.8
	A-Gary Grow, Valley, WDM.....	2:02.3	A-Larry Weidman, St. Albert, Co. Bluffs	2:01.3
	B-Gary Halmeyer, Postville	2:01.2	B-Randy Arnold, Harris-Lake Park	1:59.8
	C-John Little, West Branch	2:03.8	C-David Baum, Union-Whitten	2:01.9
57	57 AA-Harry Olson, Decorah	2:00.0	72 AA-Bob Connell, Columbus Catholic	1:56.6
	A-John Woolson, Clarinda.....	1:58.8	A-Duane Nelson, Humboldt.....	1:59.4
	B-Tom Ransford, Spirit Lake	2:00.9	B-Gary Vetter, Hartley	1:57.7
	C-Greg Dotseth, Clarence	2:05.8	C-Bob Larson, Irwin	1:58.0
58	58 AA-Robert Rettenmaier, Kuemper Catholic	2:00.1	73 AA-Bob Prince, Sioux City, East	1:54.8
	A-Deryl King, Valley, WDM	1:57.7	A-Ron Evans, Decorah	1:59.7
	B-James Walker, Emmetsburg.....	2:02.3	B-Brian Frevert, Greene	1:59.4
	C-Richard Beaver, Cedar	2:05.5	C-Dan Hanson, Titonka	2:02.8
59	59 AA-Bill Kenny, Waterloo, West.....	1:57.8	74 AA-Dave Korir, Cedar Rapids, Washington	1:53.9
	A-Bill Frazier, North Scott	2:00.4	A-Ron Evans, Decorah	1:57.0

	B-Doug Pooch, Britt.....	1:55.9
	C-Steve Bagnall, Melcher-Dallas.....	1:59.6
75	AA-Dave Korir, Cedar Rapids, Washington	1:52.1
	A-Brian Darrow, Anamosa.....	1:57.1
	B-Brian Frevert, Greene	1:55.5
	C-Tom Christensen, Ventura.....	1:57.2
76	AA-Scott Gwin, Davenport, Central.....	1:53.9

	A-Jim McGuire, Centerville.....	1:55.2
	B-Rob Barnes, Eldora.....	1:56.1
	C-Dwayne Camarigg, Sanborn.....	1:59.2
77	AA-Scott Gwin, Davenport, Central.....	1:53.6
	A-Mike Shirer, Belmond.....	1:56.1
	B-Mike Elliott, West Branch.....	1:55.4
	C-John Zanker, Hamburg	1:58.8

800-METER RUN

78	AA-Ken Rose, Mason City	1:56.78
	A-Marty Kauzlarich, Centerville	1:59.01
	B-Steve Greiner, Pekin.....	1:57.93
	C-(Tie) Mitch Anderson, Meriden-Cleghorn & Charlie Dovel, Hamburg	1:59.99
79	AA-Galen Gunnink, Sioux City, North	1:54.36
	A-Bryan Meyer, Iowa Falls	1:56.39
	B-Rick Dunkerson, Woodbine	1:56.4
	C-Brad Schulze, Gladbrook	1:59.68
80	AA-Randy Barrick, Spencer	1:53.93
	A-Karl Goeken, Atlantic	1:56.80
	B-Craig Friederich, Postville	1:56.29
	C-Dan Mortensen, Radcliffe	1:58.18
81	AA-Randy Barrick, Spencer	1:54.08
	A-Tim Wilson, Clarke, Osceola	1:56.20
	B-Dan Yegge, Buffalo Center-Rake	1:58.24
	C-Pat Sweet, Coon Rapids.....	1:59.08
82	4A-Caesar Smith, DM, East	1:52.02
	3A-Paul Groteluschen, Audubon.....	1:56.95
	2A-Mark Hudson, Britt	1:56.80
	1A-Jeff Sorenson, Terril	1:58.59
83	4A-Bobby Soule, Bishop Heelan, SC	1:56.22
	3A-Steve Tolk, Sheldon.....	1:57.74
	2A-Mark Heid, West Branch	1:56.19
	1A-Barry Jacobsen, Elk Horn-Kimballton	1:56.84
84	4A-Scott Brooks, Bettendorf	1:56.86
	3A-John Heyer, Estherville	1:56.92
	2A-Mark Heid, West Branch	1:56.6
	1A-Jeff Sorenson, Terril	1:57.3
85	4A-Jeff Burris, Ames.....	1:54.82
	3A-Mike Irving, Regina, Iowa City	1:57.46
	2A-John Weiland, Britt.....	1:58.4
	1A-Keith Rose, Meriden-Cleghorn	1:59.4
86	4A-Brett Carney, Ames.....	1:55.41
	3A-Jim Mayrose, LeMars	1:56.55
	2A-Robert Cook, Regina, Iowa City	1:59.40
	1A-Paul Barnhart, Gehlen Catholic, LeMars ..	1:58.10
87	4A-Brett Carney, Ames.....	1:52.9
	3A-Mark Negley, Clarinda	1:55.85
	2A-Tim Hanson, Montezuma.....	1:55.21
	1A-Brian Dahlhoff, Olin.....	2:00.06
88	4A-Mark DouBrava, Urbandale	1:55.57
	3A-Troy Wilkins, Sheldon	1:58.57
	2A-Travis Simpson, Dike	1:58.8
	1A-Dale Tokheim, Schaller-Crestland	1:59.83
89	4A-Bill Sattler, Clinton.....	1:55.30
	3A-Kevin Hackert, Pella	1:57.61
	2A-Lance Elliott, Montezuma	1:55.90
	1A-Andy Stanislav, Woodbine	1:59.42
90	4A-Joseph Kiptanui, Indianola.....	1:50.97

	3A-Bill Myers, Sheffield-Chapin.....	2:00.71
	2A-Bruce Wall, Maquoketa Valley, Delhi.....	1:55.89
	1A-Josh Nelsen, Elk Horn-Kimballton	1:59.49
91	4A-Shane Leach, Muscatine	1:57.63
	3A-Pat McDermott, Shenandoah.	1:58.28
	2A-Ryan Fagan, Gladbrook-Reinbeck	1:57.60
	1A-Tony Einertson, North Central	1:58.69
92	4A-Darin Astor, Fort Dodge	1:54.67
	3A-Nate Wall, Adel-DeSoto	1:55.42
	2A-Phil Hasenkamp, St. Albert, Co. Bluffs	1:58.72
	1A-Matt Mullenix, Woodbine.....	1:55.56
93	4A-Josh Lohmeier, Southeast Polk	1:58.31
	3A-Nate Wall, Adel-DeSoto	1:54.58
	2A-Levi Van Oort, Colfax-Mingo.....	1:56.10
	1A-Bryant Englemann, Albert City-Truesdale ...	1:57.52
94	4A-D.J. Roettger, Valley, WDM	1:57.76
	3A-Mike Stults, Knoxville	1:58.03
	2A-Matt Jenkins, St. Edmond, Fort Dodge....	1:58.60
	1A-Mark Holtkamp, Aquinas Fort Madison....	1:57.90
95	4A-Justin Kinard, Cedar Falls.....	1:55.68
	3A-Jesse Sand, Cedar Rapids, Regis	1:55.02
	2A-Clint Coberly, Denver.....	1:58.77
	1A-Nic Mercer, Van Buren, Keosauqua	1:57.94
96	4A-Tom Caughlan, Mason City	1:56.35
	3A-Troy Trygstad, Forest City	1:55.49
	2A-Jacob Overman, Mount Vernon	1:57.33
	1A-Nic Mercer, Van Buren, Keosauqua	1:58.20
97	4A-Rob Brock, Dubuque, Senior	1:56.09
	3A-Brian Oltman, Nevada.....	1:56.93
	2A-Ryan Pence, Eldora-New Providence	1:57.50
	1A-Ben Schlicher, Newman Catholic, MC	1:57.23
98	4A-Willis Humphrey, DM, Roosevelt	1:55.39
	3A-Josh Aldag, Denison-Schleswig	1:59.03
	2A-Ryan Pence, Eldora-New Providence	1:57.41
	1A-Jarid Myers, Van Buren, Keosauqua	1:59.40
99	4A-Bobby Atkins, Des Moines, Roosevelt.....	1:56.97
	3A-Dave Paulsen, Waverly-Shell Rock	1:55.91
	2A-Kyle Keraus, Garner-Hayfield	1:56.95
	1A-Dan Schuknecht, Greene.....	1:58.33
00	4A-Craig Cartier, Marshalltown	1:54.31
	3A-Leif Kennedy, Clear Lake.....	1:53.80
	2A-Brad Elliott, Mount Ayr	1:57.27
	1A-Kevin Incoria, Maharishi, Fairfield	1:55.04
01	4A-Jeremy Mims, Iowa City, City	1:56.21
	3A-Adam Hinders, Waverly-Shell Rock.....	1:58.33
	2A-Tedd Allen, East Marshall, LeGrand.....	1:54.83
	1A-Sean Shatava, Kingsley-Pierson	1:56.28
02	4A-Eric Dasso, Dubuque, Hempstead	1:57.24
	3A-Matt Niemann, Central Clinton, De Witt....	1:55.41
	2A-Dave Rahe, Beckman, Dyersville	1:57.77

03	1A-Brett Van Hove, North Tama, Traer	1:58.33
04	4A-Zach Brower, Valley, WDM.....	1:57.28
	3A-Dylan Davis, ADM, Adel	1:55.48
	2A-Dan Peoples, Woodward-Granger.....	1:58.31
	1A-Ross Koopmans, West Sioux, Hawarden ..	1:58.20
04	4A-Corbin Miller, Marshalltown	1:54.16
	3A-Brett Adams, Assumption, Davenport	1:54.41
	2A-Jake Berns, MFL, MarMac.....	1:55.46
	1A-Grant Tysdahl, Hubbard-Radcliffe	2:00.47
05	4A-Logan Gonzales, Boone	1:54.71
	3A-Mike Craddick, Assumption, Davenport ...	1:54.26
	2A-Tyler Mulder, Unity Christian	1:54.79
	1A-Tyler Anderson, North Iowa, Buffalo Ctr...	1:56.26
06	4A-Corbin Miller, Marshalltown	1:52.35
	3A-Isaac Wendland, Charles City	1:55.44
	2A-Aaron Stockstell, Mid-Prairie, Wellman	1:55.95
	1A-Beau Dielschneider, BCLUW, Conrad.....	1:56.49
07	4A-Blake Irwin, Pleasant Valley	1:52.96
	3A-Isaac Wendland, Charles City	1:54.64
	2A-Aaron Stockstell, Mid-Prairie, Wellman	1:52.58
	1A-Beau Dielschneider, BCLUW, Conrad.....	1:54.04
08	4A-Blake Irwin, Pleasant Valley	1:52.69
	3A-Isaac Wendland, Charles City	1:53.74
	2A-Aaron Stockstell, Mid-Prairie, Wellman	1:51.17
	1A-Ryan Krogmann, Northeast, Goose Lake ...	1:56.46
09	4A-Kyle Slaymaker, CR, Kennedy	1:54.34
	3A-Chad Rutledge, Algona.....	1:54.31
	2A-Ryan Krogmann, Northeast, Goose Lake ...	1:54.62
	1A-Anthony Lyne, Earlham	1:57.95
10	4A-Brennan Davey, Indianola	1:52.17
	3A-Chad Rutledge, Algona.....	1:56.05
	2A-Noah Williams, Monticello.....	1:56.18
	1A-Justin Meyer, Belmond-Klemme.....	1:58.00
11	4A-Larry Lipscomb, Johnston.....	1:55.43
	3A-Alex Baldwin, Spirit Lake Park.....	1:55.34

12	2A-Neil Flattery, St. Edmond, Fort Dodge	1:55.33
13	1A-Taylor Huseman, Manson NW Webster ...	1:57.16
	4A-Tyler Krpan, Indianola.....	1:55.31
	3A-Payton Busch, Centerville	1:55.50
	2A-Will Tuebel, Mount Vernon.....	1:53.35
	1A-Cade Cleaveland, Riverside, Oakland.....	1:56.56
14	4A-Timauntay Jones, CR, Jefferson	1:52.75
	3A-Payton Busch, Centerville	1:55.43
	2A-Ben Ahlrichs, Monticello.....	1:56.68
	1A-Beau Freeborn, North Mahaska	1:55.68
15	4A-Josh Evans, Linn-Mar, Marion	1:50.98
	3A-Jay Wolfe, Creston.....	1:53.79
	2A-Michael Melchert, Monticello.....	1:54.87
	1A-Kyle Dolecheck, Mount Ayr.....	1:59.28
16	4A-Ryan Schweizer, Dowling Catholic, WDM 1:	53.14
	3A-Jay Wolfe, Creston.....	1:55.18
	2A-Nick Scheelhaase, KP/WC	1:53.32
	1A-Kyle Dolecheck, Mount Ayr.....	1:59.23
17	4A-Ryan Schweizer, Dowling Catholic, WDM 1:	50.30
	3A-Wayatt Gastrost, Center Point-Urbana	1:56.27
	2A-Matt Manternach, Monticello.....	1:52.77
	1A-Kyle Dolecheck, Mount Ayr.....	1:57.15
18	4A-Josh Andrews, Waukee	1:54.31
	3A-Landon Boomsma, Iowa Falls-Alden	1:55.96
	2A-Alec Still, KP-WC	1:56.53
	1A-Gable Sieperda, Central Lyon	1:55.12
19	4A-Grant Lair, Johnston	1:53.54
	3A-Chase Mullenix, Atlantic.....	1:55.38
	2A-Isaiah Wittrock, Pekin	1:55.94
	1A-Riley Bauer, North Union	1:52.10
20	4A-Joe Schaefer, Johnston	1:52.96
	3A-Billy Rankin, Boyden-Hull/Rock Valley	1:55.12
	2A-Chase McAlister, South Central Calhoun .1:	55.67
	1A-Payton Maudlin, George-Little Rock	1:58.96
	20 Season canceled due to COVID-19.	

ONE MILE RUN

06	Claude Clemmer, Council Bluffs.....	4:49.6
07	Carl Heidt, Des Moines West	4:47.0
08	Plato Redfern, Council Bluffs.....	4:41.4
09	Plato Redfern, Des Moines West	4:44.2
10	Plato Redfern, Des Moines West	4:40.0
11	Karl Clapper, Ames.....	4:41.4
12	Glenn Tenny, Des Moines, West.....	4:40.0
13	Glenn Tenny, Des Moines, West.....	4:31.8
14	Glenn Tenny, Des Moines, West.....	4:31.4
15	Courtney Kimler, Burlington.....	4:41.4
16	John Porter, Webster City	4:35.8
17	Ken Hicks, Iowa City.....	4:38.6
18	John Monk, Fort Dodge	4:36.6
19	Hoyer Jensen, Cedar Rapids	4:45.4
20	Hoyer Jensen, Cedar Rapids	4:52.6
21	Hoyer Jensen, Cedar Rapids	4:39.0
22	Basil Irwin, Cedar Rapids	4:36.4
23	Phillip Platt, Eagle Grove	4:34.8
24	Wallace Elliott, Iowa City	4:38.5
25	Irwin Richardson, Greenfield	4:42.5
26	Ed Stevens, Eagle Grove	4:35.1

27	Byron Turner, Anita.....	4:29.4
28	Harrison Kohl, Mason City	4:39.9
29	Clifford Douglas, Waterloo, East	4:34.2
30	Hugh Smith, Hawarden.....	4:35.6
31	Herschel Morris, Kanawha.....	4:38.4
32	Mathew Bolsem, Oskaloosa	4:32.9
33	John Green, Algona	4:31.8
34	Jim Lyle, Des Moines, North.....	4:34.0
35	Dick Anderson, Co. Bluffs, Abraham Lincoln....	4:36.2
36	Donald Krahmer, Estherville	4:37.0
37	Wallace Gates, Waterloo, West.....	4:35.1
38	Dean Rasmus, Garner.....	4:30.5
39	Wilbur Rainsburger, Marshalltown.....	4:31.2
40	Ray Dilley, Des Moines, East	4:35.4
41	John Baxter, Davenport	4:34.5
42	John Baxter, Davenport	4:32.0
43	Bill Chappell, Des Moines, East	4:35.9
44	Ernie Hill, Davenport	4:30.8
45	Paul Sloan, Des Moines, East	4:32.3
46	Bill Bye, Odebolt	4:33.2
47	Dean Pieper, Clinton.....	4:21.8

48	A-Ocie Trimble, Cedar Rapids, Roosevelt4:28.5	A-Ron Jones, Red Oak.....4:36.8
	B-Ken Beeghley, Aurelia4:32.0	B-Dennis Reed, Anita4:20.1
49	A-Ocie Trimble, Cedar Rapids, Roosevelt4:33.9	C-Tom Tiernan, Allison-Bristow4:24.9
	B-Ken Beeghley, Aurelia4:37.9	65 AA-Dave Compton, Sioux City, Central4:23.2
50	A-John Williams, Cedar Rapids, Franklin.....4:37.6	A-Steve Cornelius, Independence4:40.1
	B-Ray McConnell, Nevada4:39.5	B-Tom Denny, Anita4:32.1
51	A-Lee Kane, Fairfield.....4:39.2	C-Larry Sellers, Russell4:22.7
	B-Ray McConnell, Nevada4:40.2	66 AA-Doug Smith, Sioux City, Central.....4:18.7
52	A-Ron Jackson, CB, Abraham Lincoln4:35.7	A-Steve Mandaville, Cherokee4:29.6
	B-Wayne Everman, Postville4:39.0	B- Warren Bush, Harris-Lake Park.....4:25.2
53	AA-Tom Miller, Sioux City, East4:35.8	C-Jerome Howe, Treynor4:31.8
	A-Jerry Walker, Marion.....4:32.0	67 AA-Doug Smith, Sioux City, Central.....4:14.5
	B-Wayne Everman, Postville.....4:35.7	A-Dennis Modracek, Prairie, Cedar Rapids4:18.6
	C-Bob Elwood, Elliott.....4:36.7	B-Darrell Patterson, Sioux City, Trinity4:31.9
54	AA-Cliff Cushman, Ames4:27.5	C-Jerome Howe, Treynor4:21.0
	A-Jerry Walker, Marion.....4:30.1	68 AA-Doug Smith, Sioux City, Central.....4:22.6
	B-Ken Bales, Sigourney4:33.9	A-Dan Sanders, Humboldt.....4:23.2
	C-Bob Elwood, Elliott.....4:32.7	B-Dennis McCabe, Garner-Hayfield4:41.0
55	AA-John Darby, Des Moines, Roosevelt.....4:46.4	C-Jerome Howe, Treynor4:40.1
	A-Marvin Hite, Vinton.....4:49.7	69 AA-Dave Krantz, Columbus Catholic4:22.9
	B-Gary Halmeyer, Postville4:33.7	A-Mark Aschin, Decorah.....4:24.9
	C-Lyle Shires, Elliott4:32.0	B-Dennis McCabe, Garner-Hayfield4:25.0
56	AA-Jack Hill, Davenport4:25.6	C-Mike Cassaday, Miles4:26.5
	A-Dave Drew, DeWitt4:29.3	70 AA-Dave Krantz, Columbus Cath., Waterloo4:18.0
	B-Al Harberts, Grundy Center4:35.1	A-Chuck Cassel, Bishop Garrigan, Algona4:21.8
	C-Lyle Shires, Elliott4:34.5	B-John Schall, Clinton St. Mary's4:26.7
57	AA-Harry Olson, Decorah4:30.0	C-Curt Hoegh, Elk Horn-Kimballton.....4:35.2
	A-Deryl King, Valley, WDM4:40.3	71 AA-Mike Burke, Columbus Cath., Waterloo4:22.3
	B-Ken Fearing, Wapello4:34.3	A-Chuck Cassel, Bishop Garrigan, Algona4:22.9
	C-Harlan Milliken, Hedrick4:33.1	B-Larry Irvin, Riceville4:30.4
58	AA-Ralph Trimble, Cedar Rapids, Jefferson4:25.0	C-Dave Cummins, Ringsted4:33.5
	A-Deryl King, Valley, WDM4:28.1	72 AA-Gregg Newell, Davenport, Central4:16.4
	B-Chris Youngbear, Tama4:36.3	A-Duane Nelson, Humboldt.....4:31.8
	C-Kenneth Merry, Primghar4:35.0	B-Terry Hiebert, Central City4:29.5
59	AA-Ralph Trimble, Cedar Rapids, Jefferson4:21.1	C-Rod Rieken, Central Webster4:24.7
	A-Larry Kramer, Belmond4:27.6	73 AA-Jeff Myers, Davenport West4:23.5
	B-Gary Fischer, Miles4:37.2	A-Randy Wilson, Knoxville4:22.6
	C-Ray Miller, Menlo4:35.9	B-Mike Hildreth, Rockwell City4:33.4
60	AA-Blaine Zenor, Ames4:30.2	C-Rod Rieken, Central Webster4:27.7
	A-Larry Kramer, Belmond4:29.6	74 AA-Jeff Myers, Davenport West4:20.0
	B-Joe Henderson, South Page, College Springs4:32.0	A-Joel Moeller, Central Clinton, DeWitt4:19.2
	C-Earl Hanselmann, LuVerne4:42.1	B-Keith Whitham, Holstein4:25.4
61	AA-Steve Miller, Marion4:29.2	C-Dan Nagel, Dike4:29.7
	A-Dick Rohlfs, North Scott4:37.8	75 AA-Joe Burke, Columbus Catholic4:13.8
	B-Joe Henderson, South Page, College Springs4:22.2	A-Rick McKean, Missouri Valley4:24.8
	C-Bruce Calder, Bayard4:35.2	B-Joe Strohman, English Valleys4:25.7
62	AA-Bill Jackson, Ames4:25.2	C-Pete Stevenson, Meriden-Cleghorn4:25.9
	A-Ed Eneboe, West Sioux, Hawarden4:31.9	76 AA-Ed DeLashmutt, Fort Madison4:14.5
	B-Brian Kuhlman, Charter Oak-Ute4:31.6	A-Rick McKean, Missouri Valley4:23.9
	C-Tom Tiernan, Allison-Bristow4:40.6	B-Greg Glass, Sac City4:21.2
63	AA-Bob Rowell, Ames4:22.3	C-Dwayne Camarigg, Sanborn4:27.9
	A-Ken Koester, North Fayette, West Union4:31.0	77 AA-Jon Mathias, Fort Madison4:15.1
	B-Bill Wells, Seymour4:31.6	A-Rick McKean, Missouri Valley4:21.4
	C-Tom Tiernan, Allison-Bristow4:40.5	B-Rex Karamitros, Newman Catholic4:20.1
64	AA-Rollie Kitt, Kuemper Catholic, Carroll4:27.0	C-Tim Henrickson, Lincoln Central, Gruver4:31.2

1600-METER RUN

78	AA-Mike Diment, Des Moines, Hoover4:16.93	C-Mike Ford, LDF, LeGrand4:29.36
	A-Tim Muetting, Denison4:17.93	79 AA-Todd Peverill, Waterloo, East4:13.65
	B-Jon Betz, North Polk4:17.09	A-Jim Zinnel, Algona4:18.28

	B-Steve Greiner, Pekin.....	4:24.98
	C-Mike Ford, Gilmore City-Bradgate	4:31.15
80	AA-John Riley, Cedar Rapids, Washington ..	4:18.72
	A-Kirk Woltman, Cherokee, Washington.....	4:21.34
	B-Mike Martin, Sac City.....	4:25.60
	C-Bob McGee, Aquinas, Fort Madison	4:32.67
81	AA-Doug O'Brien, Bishop Heelan, SC	4:17.79
	A-Tim Wilson, Clarke, Osceola	4:23.49
	B-Jeff VanderBerg, Sioux Center	4:23.78
	C-Dave Groth, Green Mountain.....	4:30.47
82	4A-Bobby Soule, Bishop Heelan, SC	4:21.44
	3A-Dan Waters, Albia.....	4:22.15
	2A-Jeff VanderBerg, Sioux Center	4:22.44
	1A-Jim Boggess, Villisca	4:32.51
83	4A-Bobby Soule, Bishop Heelan, SC	4:15.57
	3A-John Enright, LeMars.....	4:22.67
	2A-John Amalon, Clear Creek.....	4:30.32
	1A-Rick Zarkos, Woodbury Central, Moville...	4:27.61
84	4A-Jim Garrison, Indianola	4:19.55
	3A-Mike Irving, Regina, Iowa City	4:20.86
	2A-Trent Timson, NUH, Cedar Falls	4:24.4
	1A-Randy Thein, Fredericksburg	4:27.5
85	4A-Jeff Koos, Bettendorf	4:17.30
	3A-Mike Irving, Regina, Iowa City	4:21.30
	2A-Jeff Hammons, Iowa Valley, Marengo	4:27.7
	1A-John McMurry, Seymour.....	4:33.7
86	4A-Mike Holms, Valley, WDM	4:15.88
	3A-Kent Koth, Perry.....	4:25.98
	2A-Trent Timson, NUH, Cedar Falls	4:21.38
	1A-Paul Barnhart, Gehlen Catholic, LeMars ..	4:20.35
87	4A-Darrin Rippey, Des Moines, Lincoln	4:15.56
	3A-Mark Brown, Grinnell	4:22.59
	2A-Carl Schipfmann, Springville.....	4:19.57
	1A-Kent Keith, Cedar Valley.....	4:28.98
88	4A-Glenn Lomenick, Iowa City, City	4:21.33
	3A-Matt Lindaman, Humboldt.....	4:24.85
	2A-Robert Cook, Regina, Iowa City	4:23.40
	1A-Marty Green, Ruthven-Ayrshire	4:22.02
89	4A-Doug Koon, Des Moines, Hoover	4:17.97
	3A-Chad Nedved, Garner-Hayfield	4:22.68
	2A-Lance Elliott, Montezuma	4:16.99
	1A-Chad Flynn, Calamus-Wheatland	4:24.49
90	4A-Dean Colony, Iowa City, West	4:22.42
	3A-Andy Kauder, Cascade	4:25.46
	2A-Denny Halligan, West Sioux, Hawarden...	4:23.92
	1A-Lance Mayfield, Clarence-Lowden	4:26.53
91	4A-Pete Simons, Iowa City, City	4:25.51
	3A-Doug Michel, Cherokee, Washington ..	4:22.02
	2A-Phil Hasenkamp, St. Albert, CB.....	4:24.86
	1A-Tony Einertson, North Central, Manly.....	4:28.07
92	4A-Roba Bati, Iowa City, West	4:20.08
	3A-Doug Michel, Cherokee, Washington ..	4:24.63
	2A-Phil Hasenkamp, St. Albert, CB.....	4:28.18
	1A-Matt Mullenix, Woodbine	4:24.99
93	4A-Roba Bati, Iowa City, West	4:21.07
	3A-Mark Sundet, Algona	4:18.72
	2A-Phil Hasenkamp, St. Albert, CB.....	4:25.80
	1A-Bill Blay, Griswold	4:23.42
94	4A-Jeff Stiles, Ames	4:20.90
	3A-Gary Flugum, Forest City.....	4:24.50
	2A-Brent MacLagan, Jefferson-Scranton	4:28.10
	1A-Marty Dalton, Tri-Center, Neola	4:27.35
95	4A-Nolan Speichinger, Sioux City, East	4:19.04
	3A-Jon Lindaman, Humboldt.....	4:22.55
	2A-Matt Gabrielson, Belmond-Klemme	4:26.67
	1A-Ryan Harms, Gladbrook-Reinbeck	4:26.01
96	4A-Rob Brock, Dubuque, Senior	4:16.50
	3A-Troy Trygstad, Forest City	4:25.22
	2A-Matt Gabrielson, Belmond-Klemme	4:18.79
	1A-Jake Munger, West Central, Maynard	4:27.41
97	4A-Tom Caughlan, Mason City	4:15.85
	3A-Dan Reis, So. Winneshiek-Turkey Valley ..	4:25.46
	2A-Ryan Pence, Eldora-New Providence	4:24.84
	1A-Jake Munger, West Central, Maynard	4:22.18
98	4A-Shaun Allen, Fort Madison.....	4:19.83
	3A-Blake Bolden, Clarke, Osceola	4:27.00
	2A-Ryan Pence, Eldora-New Providence	4:21.49
	1A-Joel Sullivan, Woodbine.....	4:24.09
99	4A-Chris Francois, Davenport, North	4:16.68
	3A-Steve Larson, Xavier, Cedar Rapids	4:21.76
	2A-Adam Sundall, Bishop Garrigan, Algona ...	4:23.75
	1A-Brett Bacan, St Mary's, Remsen.....	4:26.07
00	4A-Chris Jones, Iowa City, West.....	4:19.70
	3A-Ben Hauge, Forest City.....	4:20.85
	2A-Daniel Baumhover, Roland-Story	4:25.60
	1A-Toby Franks, Essex	4:22.45
01	4A-Chris Jones, Iowa City, West	4:20.03
	3A-Dylan Davis, ADM, Adel.....	4:24.19
	2A-Nic Gieselman, West Burlington	4:26.05
	1A-Matt McCue, Regina, Iowa City	4:27.88
02	4A-Dan Taylor, Fort Dodge	4:16.72
	3A-Dylan Davis, ADM, Adel.....	4:21.54
	2A-Aaron Hamilton, Eagle Grove	4:23.16
	1A-Jon Reis, Turkey Valley	4:29.77
03	4A-Andy Hodge, Linn-Mar	4:22.24
	3A-Dylan Davis, ADM, Adel.....	4:18.49
	2A-Aaron Hamilton, Eagle Grove	4:23.96
	1A-Drew Wilson, Stanton	4:30.21
04	4A-Colin Swaney, Iowa City, City	4:19.21
	3A-Brett Adams, Assumption, Davenport.....	4:15.99
	2A-Jake Berns, MFL, MarMac.....	4:23.68
	1A-Luke Yoder, Iowa Mennonite School	4:30.32
05	4A-Logan Gonzales, Boone	4:16.26
	3A-Isaac Wendland, Charles City	4:24.33
	2A-Josh Bader, Monticello.....	4:30.87
	1A-Cody Dreyer, Central Elkader	4:29.19
06	4A-Stephen Dak, Marshalltown	4:17.92
	3A- Isaac Wendland, Charles City	4:25.33
	2A- Dana Schmidt, Grundy Center.....	4:28.66
	1A- Cody Dreyer, Central Elkader	4:28.70
07	4A-Stephen Dak, Marshalltown	4:16.92
	3A- Isaac Wendland, Charles City	4:27.00
	2A- Dana Schmidt, Grundy Center.....	4:25.88
	1A- Nick Gallagher, Bedford	4:26.74
08	4A-Blake Irwin, Pleasant Valley.....	4:21.36
	3A- Isaac Wendland, Charles City	4:22.06
	2A- Nathan Dotterweich, Monticello	4:23.73
	1A- David Nielsen, NUH, Cedar Falls	4:30.57
09	4A-Omet Kak, Des Moines North	4:14.43
	3A- Brett Egan, Waukon	4:17.42

	2A-Eric Thein, Tipton.....	4:21.50
	1A-Conner Smock, Lisbon	4:30.65
10	4A-Andrew Swanson, Pleasant Valley	4:23.23
	3A-Brogan Austin, Boone	4:20.77
	2A-Sam Chaney, Columbus, Columbus Jct..	4:30.30
	1A-Conner Smock, Lisbon	4:26.82
11	4A-Kevin Lewis, Ottumwa	4:14.20
	3A-Ryan McMahon, Algona	4:19.59
	2A-Nate Kolacia, St. Edmond, Fort Dodge	4:26.31
	1A-Taylor Huseman, Manson-NW Webster	4:22.97
12	4A-Matt Butler, Bettendorf.....	4:18.92
	3A-Lukas Mees, Marion	4:24.06
	2A-Bennett Moser, Wapello	4:27.18
	1A-Conner Smock, Lisbon	4:26.13
13	4A-Jason Thomas, Dowling Catholic, WDM ..	4:10.14
	3A-Chandler Austin, Boone.....	4:15.65
	2A-Michael Melchert, Monticello	4:26.32
	1A-Austin Springsteen, Lisbon	4:31.14
14	4A-Josh Evans, Linn-Mar, Marion	4:06.32
	3A-Chandler Austin, Boone.....	4:20.65
	2A-Tim Rose, South Hardin	4:20.90
	1A-Noah Larsen, Mount Ayr.....	4:34.61

15	4A-Ryan Schweizer, Dowling Catholic, WDM	4:17.66
	3A-Thomas Pollard, Gilbert	4:15.65
	2A-Eric Lenz, Tipton	4:18.47
	1A-Ryan Izer, Turkey Valley	4:28.35
16	4A-Ryan Schweizer, Dowling Catholic, WDM	4:14.70
	3A-Myles Bach, Marion	4:29.89
	2A-Matt Manternach, Monticello.....	4:21.36
	1A-Riley Bauer, North Union	4:25.95
17	4A-Ryan Murphy, Linn-Mar, Marion	4:15.36
	3A-Myles Bach, Marion	4:25.12
	2A-Andrew Stumbo, Ogden.....	4:25.26
	1A-Riley Bauer, North Union	4:18.43
18	4A-Camden Cox, Ankeny Centennial.....	4:18.36
	3A-Jeremy Fopma, Marion	4:17.66
	2A-Logan Peters, South Hamilton	4:23.15
	1A-Gable Sieperda, Central Lyon	4:13.78
19	4A-Tim Sindt, Ankeny	4:20.95
	3A-Trey Engen, Algona	4:24.83
	2A-Reece Smith, Garner-Hayfield-Ventura	4:17.82
	1A-Joe Anderson, George-Little Rock	4:34.81
20	Season canceled due to COVID-19.	

TWO-MILE RUN

68	AA-Lynn Lee, Mason City	9:42.4
	A-Loren Moe, Tipton.....	9:57.7
	B-Rick O'Rourke, Villisca	10:34.7
	C-Gary Nedved, Pocahontas.....	10:22.3
69	AA-Steve Nordenson, Des Moines, Lincoln....	9:41.9
	A-Dennis Ellingson, Decorah	9:59.5
	B-Rick O'Rourke, Villisca	10:05.0
	C-Steve Seamer, Miles.....	10:01.8
70	AA-Rich Twedt, Des Moines, Hoover.....	9:37.5
	A-Lowell Tesch, St. Ansgar	9:46.2
	B-Steve Sundell, Odebolt Arthur	10:01.0
	C-Steve Seamer, Miles.....	10:00.7
71	AA-Mark Johnson, Mason City.....	9:37.9
	A-Scott Larson, St. Edmond, Fort Dodge.....	10:03.2
	B-Mark Skahill, Villisca	10:01.8
	C-Phil Coppess, Oxford Jct	10:16.4
72	AA-Leo Meade, Mount Pleasant	9:41.2
	A-Ron Reding, Garrigan, Algona.....	10:03.0
	B-Mark Skahill, Villisca	9:52.8
	C-Phil Coppess, Oxford Jct	9:45.1

3200-METER RUN

78	AA-Charlie Mosbrucker, Fort Dodge	9:30.43
	A-Wally Duffy, Shenandoah	9:20.10
	B-Shawn Cogley, Colfax	9:25.48
	C-Tom Peacher, Cardinal Stritch, Keokuk.....	9:56.74
79	AA-Curt Spears, Fort Madison	9:28.80
	A-Wally Duffy, Shenandoah	9:07.06
	B-Craig Harms, Laurens-Marathon	9:30.50
	C-Tom Peacher, Cardinal Stritch, Keokuk.....	9:56.60
80	AA-Geoff Griffiths, Ames	9:22.88
	A-Bill Kerkaert, Sheldon	9:22.88
	B-Brian Carter, Charter Oak-Ute	9:54.88
	C-Darwin Penning, LuVerne	10:04.30

73	AA-Mark Johnson, Mason City	9:13.9
	A-Frank Richardson, Sac City	9:35.3
	B-Jack Wilkinson, NUH, Cedar Falls	9:46.9
	C-Mark Hughes, Delwood.....	9:45.9
74	AA-Jim Eicken, Davenport, Central.....	8:58.8
	A-Mike Cregeen, Clarinda	9:20.3
	B-Doug Graves, Boyden-Hull	9:43.0
	C-Mark Hughes, Delwood.....	9:36.8
75	AA-Jim Eicken, Davenport, Central.....	9:10.0
	A-Perry Stannard, Washington.....	9:40.7
	B-Doug Graves, Boyden-Hull	9:57.7
	C-Mark Hughes, Delwood.....	9:50.5
76	AA-Randy Jackson, Iowa City, City.....	9:00.2
	A-Tim Holton, Cherokee, Washington	9:37.2
	B-Jim Hansen, Dike	9:36.3
	C-Scott Maguire, Treynor	10:40.0
77	AA-Ken Buesing, Davenport, West	9:26.1
	A-Tim Holton, Cherokee, Washington	9:32.4
	B-Jim Hansen, Dike	9:38.0
	C-Scott Maguire, Treynor	9:47.4

81	AA-Jeff Jacobs, Clinton	9:10.34
	A-Tim Wilson, Clarke, Osceola	9:31.66
	B-Paul Muench, Belle Plaine	9:41.36
	C-Jeff Fee, Melcher-Dallas	9:46.46
82	4A-Justin Garcia, Dowling Catholic, WDM	9:29.53
	3A-Bill Kerkaert, Sheldon	9:27.84
	2A-Paul Muench, Belle Plaine	9:37.92
	1A-Jim Boggess, Villisca	9:50.00
83	4A-Michael Lee, CB, Abraham Lincoln	9:25.60
	3A-Tom Penningroth, Tipton	9:38.71
	2A-Lonnie Minor, BGM, Brooklyn	9:57.84
	1A-Jim Boggess, Villisca	9:50.12

84	4A-Steve Hunter, Bettendorf	9:30.98
	3A-Dan Hostager, Audubon	9:27.26
	2A-Trent Timson, NUH, Cedar Falls	9:32.3
	1A-Ron Wetrich, Earlham	9:41.3
85	4A-Mike Holms, Valley, WDM	9:20.78
	3A- Tom Penningroth, Tipton	9:22.21
	2A-Jeff Hammons, Iowa Valley, Marengo	9:33.2
	1A-John McMurry, Seymour	9:53.6
86	4A-Tony Proctor, Burlington	9:32.72
	3A-Dean Hemeseth, South Winneshiek	9:36.38
	2A-Trent Timson, NUH, Cedar Falls	9:26.44
	1A-Paul Barnhart, Gehlen Catholic	9:18.22
87	4A-Darrin Rippey, Des Moines, Lincoln	9:23.73
	3A-Greg Brower, Red Oak	9:46.91
	2A-Carl Schipfmann, Springville	9:37.6
	1A-Ed Rolling, Bancroft, St. John	9:43.9
88	4A-Jeff Short, Cedar Falls	9:24.78
	3A-Matt Lindaman, Humboldt	9:31.89
	2A-Mark Hammons, Iowa Valley, Marengo	9:37.27
	1A-Ed Rolling, Bancroft, Saint John	9:36.08
89	4A-Doug Koon, Des Moines, Hoover	9:23.3
	3A-Troy Hollatz, Clear Lake	9:32.09
	2A-Mark Hammons, Iowa Valley, Marengo	9:20.42
	1A-Chad Flynn, Calamus-Wheatland	9:46.37
90	4A-Pete Simons, Iowa City, City	9:30.77
	3A-Troy Hollatz, Clear Lake	9:28.56
	2A-Denny Halligan, West Sioux, Hawarden	9:27.17
	1A-Travis Beyer, North Mahaska	9:46.41
91	4A-Jonathan Estabrook, Muscatine	9:33.40
	3A-Todd Henecke, Prairie, Cedar Rapids	9:31.70
	2A-Chet Reinking, West Sioux, Hawarden	9:41.50
	1A-Greg Sitzmann, Gehlen Catholic	9:55.90
92	4A-Roba Bati, Iowa City, West	9:30.88
	3A-Kyle Kepler, Webster City	9:39.00
	2A-Bill Blay, Griswold	9:33.29
	1A-Dion Braet, Calamus-Wheatland	9:50.56
93	4A-Roba Bati, Iowa City, West	9:25.02
	3A-Kyle Kepler, Webster City	9:31.44
	2A-Marty Dalton, Tri-Center, Neola	9:34.46
	1A-Bill Blay, Griswold	9:32.60
94	4A-Rob Brock, Dubuque, Senior	9:22.10
	3A-Gary Flugum, Forest City	9:36.33
	2A-Zach Miller, Gilbert	9:46.15
	1A-Marty Dalton, Tri-Center, Neola	9:39.54
95	4A-Rob Brock, Dubuque, Senior	9:17.90
	3A-Jon Lindaman, Humboldt	9:39.57
	2A-Chris Schaefer, Stanwood	9:39.30
	1A-Tavis Cummings, Van Buren, Keosauqua	9:31.70
96	4A-Rob Brock, Dubuque, Senior	9:19.08
	3A-Dan Reis, South Winneshiek, Calmar	9:38.37
	2A-Matt Gabrielson, Belmond-Klemme	9:37.07
	1A-Mark Scharnberg, Hartley	9:43.33
97	4A-Rob Brock, Dubuque, Senior	9:09.17
	3A-Dan Reis, South Winneshiek, Calmar	9:33.70
	2A-Joe Kuehl, St. Albert, Co. Bluffs	9:37.85
	1A-Tait Steines, Calamus-Wheatland	9:35.79
98	4A-Shaun Allen, Fort Madison	9:35.29
	3A-Steve Larson, CR, Regis/LaSalle	9:37.98
	2A-Matt Cook, Monticello	9:43.91
	1A-Toby Franks, Essex	9:44.02
99	4A-Grant Shadden, Marshalltown	9:26.61
	3A-Steve Larson, Xavier, Cedar Rapids	9:38.96
	2A-Adam Sundall, Bishop Garrigan, Algona	9:40.94
	1A-Brett Bacan, St. Marys, Remsen	9:39.20
00	4A-Trent Graham, Des Moines, Roosevelt	9:13.87
	3A-Robby Weber, Perry	9:38.10
	2A-Dan Van Engen, Unity Christian	9:46.16
	1A-Toby Franks, Essex	9:40.21
01	4A-Ben Glaser, Dowling Catholic, WDM	9:26.70
	3A-Dylan Davis, ADM, Adel	9:46.95
	2A-Dan Van Engen, Unity, Christian	9:40.22
	1A-Matt McCue, Regina, Iowa City	9:43.73
02	4A-Dan Taylor, Fort Dodge	9:19.48
	3A-Dylan Davis, ADM, Adel	9:35.86
	2A-Aaron Hamilton, Eagle Grove	9:28.60
	1A-Jon Reis, Turkey Valley	9:49.47
03	4A-Kiel Uhl, Des Moines Roosevelt	9:26.32
	3A-Dylan Davis, ADM, Adel	9:29.60
	2A-Kevin Balster, Monticello	9:42.28
	1A-Adam Wolf, Corning	9:52.94
04	4A-Kiel Uhl, Des Moines Roosevelt	9:24.42
	3A-Ben Grant, Epworth, Western Dubuque	9:34.93
	2A-Jake Berns, MFL, MarMac	9:32.49
	1A-Tim McKenna, NUH, Cedar Falls	9:56.31
05	4A-Kiel Uhl, Des Moines Roosevelt	9:13.20
	3A-Tony Fischels, Webster City	9:39.43
	2A-Byron Manternach, Monticello	9:55.22
	1A-Tim McKenna, NUH, Cedar Falls	9:47.36
06	4A-Devin Albaugh, Pleasant Valley	9:21.32
	3A-Tyler Meyer, Wahlert, Dubuque	9:32.64
	2A-Dan Meyer, West Central Valley, Stuart	9:48.78
	1A-Cody Dreyer, Central Elkader	9:50.34
07	4A-Stephen Dak, Marshalltown	9:07.34
	3A-Anthony Oberle, Bishop Heelan, SC	9:26.44
	2A-Dana Schmidt, Grundy Center	9:36.44
	1A-Nick Gallagher, Bedford	9:30.45
08	4A-Devin Albaugh, Pleasant Valley	9:20.88
	3A-Evan Selsor, Winterset	9:34.75
	2A-Nathan Dotterweich, Monticello	9:29.42
	1A-Nathan Gaunt, Griswold	9:52.02
09	4A-Omet Kak, Des Moines North	9:14.64
	3A-Evan Selsor, Winterset	9:23.22
	2A-Eric Thien, Tipton	9:33.34
	1A-Conner Smock, Lisbon	9:47.25
10	4A-Andrew Swanson, Pleasant Valley	9:20.58
	3A-Brogan Austin,	9:21.42
	2A-Garret Ehlers, OA-BCIG	9:37.78
	1A-Conner Smock, Lisbon	9:30.64
11	4A-Kevin Lewis, Ottumwa	9:05.25
	3A-Johnny Fuller, Glenwood	9:16.90
	2A-Mason Powers, Gilbert	9:51.58
	1A-Conner Smock, Lisbon	9:36.19
12	4A-Cole Decker, Dowling Catholic, WDM	9:17.65
	3A-Zach Buchheit, Pella	9:26.03
	2A-Bennett Moser, Wapello	9:21.23
	1A-Conner Smock, Lisbon	9:37.06
13	4A-Josh Evans, Linn-Mar, Marion	9:13.34
	3A-Albert Meier, Boone	9:18.93
	2A-Michael Melchert, Monticello	9:38.93
	1A-Isaac Montes, AGWSR, Ackley	9:46.13

14	4A-Josh Evans, Linn-Mar, Marion	9:00.97
	3A-Thomas Pollard, Gilbert	8:50.43
	2A-Michael Melchert, Monticello	9:17.69
	1A-Noah Larsen, Mount Ayr	9:43.50
15	4A-Ryan Schweizer, Dowling Catholic, WDM	9:17.53
	3A-Thomas Pollard, Gilbert	9:07.41
	2A-Eric Lenz, Tipton	9:25.91
	1A-Gable Sieperda, Central Lyon	9:59.90
16	4A-Ryan Schweizer, Dowling Catholic, WDM	9:16.85
	3A-Myles Bach, Marion	9:38.36
	2A-C.J. May, Aplington-Parkersburg	9:39.94
	1A-Keiffer Sexton, Highland, Riverside	9:45.96
17	4A-Ryan Murphy, Linn-Mar, Marion	9:09.28
	3A-Myles Bach, Marion	9:28.56

2A	Andrew Stumbo, Ogden	9:28.37
1A	Gable Sieperda, Central Lyon	9:15.30
18	4A-Konnor Sommer, Pleasant Valley	9:15.79
	3A-Myles Bach, Center Point-Urbana	9:28.90
	2A-Floyd Evans, Mid-Prairie, Wellman	9:42.34
	1A-Gable Sieperda, Central Lyon	9:09.60
19	4A-Tim Sindt, Ankeny	9:28.90
	3A-Trey Engen, Algona	9:34.96
	2A-Reece Smith, Garner-Hayfield-Ventura	9:11.33
	1A-Will Roder, Gehlen Catholic, LeMars*	NT

*-no official times given, 7 lap race

20 Season canceled due to COVID-19.

120-YARD HIGH HURDLES (42 inches)

06	Dan Simmons, Ida Grove	16.6
07	Henry Kinzer, Ida Grove	16.8
08	Andrew Hammitt, Des Moines West	17.2
09	Alvin Hammitt, Des Moines, West	16.8
10	Paul Hoerlien, Iowa City	17.0
11	Harry McHenry, Des Moines West	16.4
12	Charles Hoyt, Greenfield	16.2
13	Marcus Dubel, Sioux City	16.4
14	Theodore Packer, Marshalltown	16.2
15	Theodore Packer, Marshalltown	16.4
16	Theodore Packer, Marshalltown	16.2
17	Harold Crawford, Hampton	16.8
18	Lester Belding, Mason City	16.4
19	Harold Crawford, Mason City	16.2
20	Charles Brookins, Oskaloosa	16.4

21	Morgan Taylor, Sioux City Central	16.0
22	Edwin Beebee, Hampton	16.2
23	Wayne Ferris, Hampton	16.2
24	Frank Cuhel, Cedar Rapids	15.3
25	Werner Taylor, Sioux City	15.5
26	Vane Snorf, Des Moines, Roosevelt	15.6
27	John Beckner, Clarinda	16.1
28	Graham Moulton, CB, Abraham Lincoln	16.1
29	Graham Moulton, CB, Abraham Lincoln	15.8
30	Leonard Kenney, Mason City	15.6
31	Mike Layden, Davenport	15.4
32	Dick Crayne, Fairfield	16.0
33	Jack Parker, Lamoni	15.7
34	Bushnell Lamb, Newton	15.8

120-YARD HIGH HURDLES (39 inches)

35	Russ Parsons, Davenport	15.7
36	Albert Munsell, Des Moines, East	14.9
37	Henry Vollenweider, Dubuque	15.2
38	Jack Hamilton, Sac City	15.2
39	Norman Pullman, Sidney	15.4
40	Russ Ferguson, Cedar Rapids, McKinley	14.8
41	Romaine Woodward, Ames	15.3
42	Fred Eno, Villisca	14.9
43	Fred Eno, Villisca	14.8
44	Jack Nygaard, Atlantic	15.2
45	Wallace Grant, Decorah	15.8
46	Bob Brown, Fort Dodge	15.4
47	Bob Brown, Fort Dodge	15.2
48	A-Jerry Moorehead, Des Moines, Roosevelt	14.8
	B-Don Swartzendruber, Wellman	15.1
49	A-Ted Graves, Cherokee	14.9
	B-Don Swartzendruber, Wellman	16.4
50	A-Ray Kaiser, Des Moines, East	15.0
	B-Tom Reynolds, Odebolt	15.9
51	A-Bob Hansen, Clinton	14.7
	B-Les Stevens, Lovilia	15.4
52	A-Jim Canine, Des Moines, Roosevelt	15.1
	B-Les Stevens, Lovilia	15.1
53	AA-Ken Ploen, Clinton	15.0
	A-Tom Ecker, Waverly	15.0

B	Boyd Mayberry, Sac City	15.4
C	Ted Harvey, Toledo Juvenile Home	15.8
54	AA-Harry Lockman, Fort Dodge	15.1
	A-Harry Barr, Clarinda	15.5
	B-Jerry Willey, Osage	16.1
	C-Ted Harvey, Toledo Juvenile	15.6
55	AA-Bill Orris, Des Moines, East	15.6
	A-Larry Sabus, Carroll	16.7
	B-Gordon Rolph, Onawa	15.5
	C-Walt Pohl, Bayard	16.3
56	AA-Bill Orris, Des Moines, East	14.7
	A-Jim Jacobs, Harlan	15.7
	B-George Phelps, Kingsley	15.0
	C-Kent Kerns, Rolfe	15.6
57	AA-Bob Okerstrom, Mason City	15.0
	A-Jim Duffas, Pella	16.0
	B-Bob Clark, Coon Rapids	15.9
	C-Ron Walter, Farragut	15.8
58	AA-Jim Streeby, Ottumwa	14.5
	A-Darrell Morehouse, Clear Lake	15.1
	B-Allen Youngbear, Tama	15.9
	C-Bill Maas, Sutherland	16.4
59	AA-John Haberle, Cedar Rapids, Jefferson	14.9
	A-Frank Bindel, Winterset	15.2
	B-Bob Pingel, Aurelia	15.2

	C-Norm Johnson, Coin	15.9
60	AA-Eliger Robinson, Waterloo, East	14.3
	A-Jack Henderson, Perry	15.4
	B-Fred Cooper, Iowa City, University High.....	15.2
	C-Bob Ackles, Allerton.....	16.6
61	AA-Norm Taylor, Des Moines, Tech	14.9
	A-John Fletcher, Clarion.....	15.2
	B-Gene Zmolek, Traer.....	15.7
	C-Larry Lenz, Ar-We-Va, Westside	15.3
62	AA-Gary Osborn, Winterset	14.6
	A-John Adams, Missouri Valley.....	14.9
	B-Rolland Heim, BCLUW, Conrad	15.7
	C-Larry Leonard, Solon	15.6
63	AA-Jack Carter, Des Moines, North	14.6
	A-John Adams, Missouri Valley.....	14.6
	B-Jon Reimer, George.....	15.2
	C-Duane VanWyk, Prairie City	15.6
64	AA-John Dvorak, Cedar Rapids, Washington....	14.4
	A-Rick Defenbaugh, Mount Ayr.....	14.9
	B-Larry Driscoll, Emmetsburg	15.3
	C-Bruce Abrams, Meservey-Thornton	15.4
65	AA-John Dvorak, Cedar Rapids, Washington....	14.2
	A-Ken Tilton, Humboldt	15.3
	B-Dennis Fertig, Woodbury Central, Moville	15.5
	C-Bruce Abrams, Meservey-Thornton	15.2
66	AA-Jim Klindt, Davenport, West.....	14.6
	A-Tom Graves, Cherokee	14.6
	B-Dennis Fertig, Woodbury Central, Moville	15.4
	C-Larry Pretz, Miles	16.3
67	AA-Jock Johnson, Des Moines, East.....	14.2
	A-Tom Graves, Cherokee	14.5
	B-Bill Michael, Akron	14.6
	C-Eugene Zoske, Hubbard	14.9
68	AA-Dave McCurry, Grinnell.....	14.8
	A-Dan Roe, Mount Ayr	14.9
	B-Mike Brannaman, Mount Vernon	15.1
	C-Bob Nevitt, Earlham	15.2
69	AA-Dave McCurry, Grinnell.....	14.3
	A-John Bell, Spirit Lake	14.5
	B-Mark Brannaman, Mount Vernon.....	15.0
	C-Jim Lawler, Wall Lake	15.3
70	AA-Kent Wessely, Waterloo, West.....	14.2
	A-Steve Casey, Cherokee, Washington.....	14.8
	B-Robbie Bolks, Boyden-Hull	15.3
	C-Ed McDaniel, Woodward-Granger	14.8
71	AA-Scott Hamilton, Clinton	14.2
	A-Steve Casey, Cherokee, Washington.....	14.2
	B-Blaine Kuchel, Kingsley-Pierson	15.1
	C-Ed McDaniel, Woodward-Granger	14.7
72	AA-Jim Jensen, Davenport, Central	14.6
	A-Jerry Elliott, Centerville	15.2
	B-Dan Taylor, Eddyville	14.6
	C-Kyle Chown, Lone Tree	15.4
73	AA-Ron Heaton, Sioux City, West.....	14.6
	A-Tom Meade, Williamsburg	15.1
	B-Dan Taylor, Eddyville	14.8
	C-Kyle Chown, Lone Tree	15.8
74	AA-Greg Rumble, Urbandale	14.0
	A-Randy Wilson, Knoxville	15.0
	B-Tom Egli, Manson	15.4
	C-Greg Capell, Fayette	15.2
75	AA-Dave Stoermer, Burlington	14.5
	A-Steve Ulrich, Sheldon	15.0
	B-Mike Bruns, Adair-Casey	15.0
	C-Alan Sievers, Albert City-Truesdale	15.6
76	AA-Randy Elliott, Charles City	14.3
	A-Roy Wigen, Spencer	14.5
	B-Leroy McCuen, Corning	14.8
	C-Ross Thiedeman, Ar-We-Va, Westside	15.0
77	AA-Randy Elliott, Charles City	14.1
	A-Craig Nordlie, Nevada.....	14.3
	B-Leroy McCuen, Corning	14.5
	C-Ross Thiedeman, Ar-We-Va, Westside	14.5

110-METER HIGH HURDLES

78	AA-Alonzo Moore, Des Moines, Tech	14.85
	A-Craig Nordlie, Nevada	14.46
	B-Randy Griffith, Kingsley-Pierson	14.95
	C-Ed Blackburn, Malvern.....	14.99
79	AA-Dean Fogarty, Marshalltown	14.33
	A-Randy Booth, Grinnell.....	14.52
	B-Kevin Rohlfs, Boyden-Hull	14.6
	C-Larry Johnk, Walnut.....	15.01
80	AA-Jeff Herrera, Mason City	14.66
	A-Dan Cleveland, Belmond	14.82
	B-Jay Conner, Nashua	15.23
	C-Larry Johnk, Walnut.....	15.13
81	AA-Jay Conyers, CB, Thomas Jefferson	14.92
	A-Bill Gutz, Storm Lake	14.76
	B-Dan Cleveland, Belmond	15.01
	C-Kirk Muhlenbruch, CAL, Latimer.....	15.46
82	4A-Scott Thoms, Clinton	14.65
	3A-John Enyart, Decorah	14.97
	2A-Gerry Kock, Ar-We-Va	15.11
	1A-Dave Tucker, Paton-Churdan	14.97
83	4A-Eric White, Burlington	14.61
84	4A-Vernon Johnson, Ames	14.87
	3A-Dave Hughes, Crestwood, Cresco	15.12
	2A-Jeff Buseman, Belmond.....	15.0
	1A-Tim Aberson, Floyd Valley	15.3
85	4A-Joel Van Roekel, Ottumwa	15.34
	3A-Brian A. Keeney, Carlisle	15.44
	2A-Matt Zuber, Iowa Valley, Marengo	14.1
	1A-Tony Johnson, Cumberland-Massena	15.2
86	4A-Brian Biggerstaff, Sioux City, West.....	14.99
	3A-Shane Kasner, Marion	14.99
	2A-Jon Filloon, Manson	14.81
	1A-Tim Criswell, Lynnville-Sully	15.26
87	4A-Brian Biggerstaff, Sioux City, West.....	14.85
	3A-Mike Godbout, Red Oak	15.07
	2A-Derek Stevenson, Belmond	14.84
	1A-John McMillen, Malvern	15.63
88	4A-Tom Rhomberg, Wahlert, Dubuque	14.89
	3A-John Hintz, Forest City.....	15.66

	2A-Darwin Vande Hoef, Rock Valley.....	15.42
1A-Jay Solsma, Sanborn.....	15.59	
89 4A-Brian Carroll, Newton.....	14.92	
3A-Craig Prindle, Glenwood.....	15.26	
2A-Darwin Vande Hoef, Rock Valley.....	14.7	
1A-Trent Jones, Malvern	15.56	
90 4A-Jason McCleary, Newton.....	14.47	
3A-Erik Davisson, Adel.....	14.74	
2A-Bill Betterton, Pleasantville	14.60	
1A-Trent Jones, Malvern	15.13	
91 4A-Eric Bickel, Burlington.....	14.92	
3A-Bill Betterton, Carlisle	14.49	
2A-Enrique Flores, Wapello	15.23	
1A-Brett Chambers, Treynor	15.52	
92 4A-Ben Ringle, Bettendorf.....	14.78	
3A-Joe Estes, Spirit Lake-Park	14.96	
2A-Corey Scott, Solon.....	15.16	
1A-Bren Chambers, Treynor	15.01	
93 4A-Chris Wycoff, Ames	14.1	
3A-Nate Ludwig, Forest City	15.2	
2A-Chris Shannon, Wapsie Valley	15.1	
1A-Jason Woods, Treynor	15.3	
94 4A-Chris Wycoff, Ames	14.10	
3A-Nate Ludwig, Forest City	15.15	
2A-Jamie Van Roekel, Waukee	15.08	
1A-Jason Woods, Treynor	14.82	
95 4A-Ramon Christopher, DM, Hoover	14.92	
3A-Brian Dunn, Glenwood.....	15.01	
2A-Josh Grau, Tipton	15.26	
1A-Cam Appleman, Van Buren, Keosauqua....	15.20	
96 4A-Aaron Abram, Valley, WDM.....	14.54	
3A-Matt Hempel, Fairfield.....	14.82	
2A-Adam Gordon, Belmond-Klemme.....	14.89	
1A-Cory Woods, Treynor.....	15.44	
97 4A-Cyrus Nichols, Des Moines, Roosevelt.....	14.74	
3A-Jonathan Korth, Forest City	15.27	
2A-Chris Chantos, Bellevue	14.83	
1A-Cory Woods, Treynor.....	14.41	
98 4A-Cyrus Nichols, Des Moines, Roosevelt.....	15.06	
3A-Jonathan Korth, Forest City	15.05	
2A-Tony Leick, St. Albert, Co. Bluffs	14.90	
1A-Scott Borchers, Woodbury Central	15.09	
99 4A-Cyrus Nichols, Des Moines, Roosevelt.....	14.90	
3A-Blake Flansche, New Hampton	15.28	
2A-Nate Sawvell, Wilton	14.84	
1A-Matt Strand, Alburnett	14.77	
00 4A-Sean Johnson, Clinton.....	14.80	
3A-Blake Flansche, New Hampton	14.52	
2A-Scott Veldhuizen, Eddyville-Blakesburg	15.36	
1A-Nate DeRocher, West Monona, Onawa	15.24	
01 4A-Clete Younger, Ankeny	14.55	
3A-Mark Eaton, Perry	14.59	
2A-Josh Strang, Aplington-Parkersburg.....	14.86	
1A-Jay Sieck, I-35, Truro.....	14.67	
02 4A-Michael Bell, Marshalltown	14.81	
3A-Tyler Brown, Grinnell	15.06	
2A-Derek Casey, Cherokee	14.56	
1A-Blake Haywood, BCLUW, Conrad	15.16	
03 4A-Jordan Crosby, Fort Dodge	14.35	
3A-Jacob Hartman, Perry	14.88	
	2A-Alex Gabrielson, Belmond-Klemme	14.80
	1A-Jaron VanMaanen, Lynnville-Sully	14.83
04 4A-Shawn Olorundami, Sioux City West.....	14.85	
3A-James Ruen, Decorah-North Winneshiek ...	14.84	
2A-Micah Ruroden, North Fayette.....	15.02	
1A-Nick Kuchel, Kingsley-Pierson	14.87	
05 4A-Scott Lynn, Ames.....	14.78	
3A-James Ruen, Decorah	14.89	
2A-Matt Wagaman, Wilton.....	15.19	
1A-Nick Kuchel, Kingsley-Pierson	14.51	
06 4A-Scott Lynn, Ames.....	14.77	
3A-Jacob Rhode, Mount Pleasant.....	14.80	
2A-Nick Batterson, Eddyville-Blakesburg.....	14.70	
1A-Nick Kuchel, Kingsley-Pierson	14.54	
07 4A-Terrance Roberts, Waterloo West	15.00	
3A-Jordan Mullen, Atlantic.....	14.79	
2A-Evan Thomsen, Regina, Iowa City	15.03	
1A-Jordan Oulman, Riceville	15.44	
08 4A-Dan Davis, Iowa City West	14.47	
3A-Jordan Mullen, Atlantic (ran 14.18 in prelims)...	14.29	
2A-Channing Puls, Hudson (ran 14.40 in prelims) ..	14.67	
1A-Austin McBeth, WACO, Wayland	14.89	
09 4A-Ethan Holmes, Clinton	14.50	
3A-Jordan Mullen, Atlantic.....	14.09	
2A-Jacob Batterson, Eddyville-Blakesburg	14.46	
1A-Will Hanson, Marcus-Meriden-Cleghorn.....	14.67	
10 4A-Ryan Sander, Xavier, Cedar Rapids.....	15.17	
3A-Kyle Heidebrink, Spirit Lake Park	15.11	
2A-Jacob Batterson, Eddyville-Blakesburg	14.53	
1A-Hunter Nelson, AHST, Avoca	15.09	
11 4A-Kyle Dunn, Linn-Mar, Marion	14:93	
3A-Brandon Moorman, Mount Pleasant	14.94	
2A-Jacoby Firkins, Regina, Iowa City.....	15.21	
1A-Nick Efkkamp, Madrid.....	15.12	
12 4A-Charlie Rogers, Iowa City, West	14.59	
3A-Austin Hess, Harlan Community	14.74	
2A-Josh Zeiser, Collins-Maxwell-Baxter.....	14.58	
1A-Nathan Schamdeke, Grundy Center.....	15.22	
13 4A-Jon Rus, North Scott.....	14.94	
3A-Connor Ham, Solon	14.72	
2A-Bryce Kemp, Collins-Maxwell-Baxter.....	14.96	
1A-Adam Bachman, Wapsie Valley	15.18	
14 4A-Sydne Davis, Des Moines, Roosevelt.....	14.21	
3A-Connor Ham, Solon	14.16	
2A-Darius Scott, Woodward Academy	14.51	
1A-Austin Konsor, Underwood	14.94	
15 4A-Deonne Harris, Newton.....	14.63	
3A-Connor Ham, Solon	14.30	
2A-Jacob Smith, West Burlington/Notre Dame .	14.86	
1A-Will Garber, BCLUW	14.91	
16 4A-Joah Wallace (Banks), Prairie, C. Rapids....	14.06	
3A-Lantz Reed, Boone	14.42	
2A-Hunter Wargo, West Branch	14.46	
1A-Mitchell Nelsen, Audubon	14.77	
17 4A-Joah Banks, Prairie, Cedar Rapids.....	13.98	
<i>Banks ran an all-time best of 13.91 in the prelims</i>		
3A-Lantz Reed, Boone	14.68	
2A-Michael Santi, Madrid.....	14.76	
1A-Nolan Smith, Audubon	15.18	

18	4A-Riley Moss, Ankeny Centennial	14.02
3A	Gratt Reed, Atlantic.....	14.31
2A	Grant Fjelstad, Lake Mills.....	14.71
1A	Austin Larson, West Fork	14.45

19	4A-Trent Davis, Linn-Mar, Marion	14.52
3A	Max Murphy, Sergeant Bluff-Luton	14.70
2A	Avery Martensen, Monticello.....	15.07
1A	Jack Garber, BCLUW, Conrad	14.80
20	Season canceled due to COVID-19.	

220-YARD LOW HURDLES

06	Charles McMartin, Des Moines West	27.4
07	Fred Young, Ida Grove	27.4
08	George Baird, Des Moines West.....	28.2
09	Louis Gates, Des Moines East	27.4
10	George Hutchins, Sioux City	27.2
11	Edward Hunter, Des Moines North.....	27.4
12	Dow Byers, Des Moines East.....	27.2
13	Marcus Dubel, Sioux City	27.0
14	Theodore Packer, Marshalltown.....	26.2
15	Theodore Packer, Marshalltown.....	26.6
16	Thomas Rogers, Fort Dodge	26.0
17	David Evans, Hampton	26.0
18	James Shearer, Mason City	26.6
19	Harold Crawford, Mason City	26.8
20	Morgan Taylor, Sioux City Central.....	27.2

21	Morgan Taylor, Sioux City Central.....	26.4
22	Frank Cuhel, Cedar Rapids	25.7
23	Frank Cuhel, Cedar Rapids	25.0
24	Frank Cuhel, Cedar Rapids	24.3
25	Monte Beauchamp, Winfield.....	25.7
26	Vane Snorf, Des Moines, Roosevelt.....	25.9
27	John Beckner, Clarinda	26.0
28	John Beckner, Clarinda	24.9
29	Leonard Moulton, CB, Abraham Lincoln.....	25.4
30	Leonard Kenney, Mason City	24.4
31	Francis "Mike" Layden, Davenport	24.1
32	Dick Crayne, Fairfield	25.2
33	Tom Neal, Sioux City, Central	24.8
34	Bushnell Lamb, Newton.....	24.8

200-YARD LOW HURDLES

35	Albert Ruble, Ottumwa.....	23.2
36	Don Barnes, Grinnell	23.1
37	Paul Swanson, Clinton.....	22.6
38	Henry Vollenweider, Dubuque.....	23.2
39	Bob Odell, Sioux City, East	23.0
40	Bob Morris, Clarion	22.4
41	Junior Franck, Davenport	23.1
42	Horace Peoples, Davenport	23.0
43	Fred Eno, Villisca.....	23.3
44	Lee Hofacre, Clinton	22.8

45	Bob Struthers, Waterloo, West	23.4
46	Dean Deuel, Cherokee	22.7
47	Dean Deuel, Cherokee	22.7
48	A-Dean Deuel, Cherokee	22.7
	B-Don Swartzendruber, Wellman	23.7
49	A-(Tie) Earl Ault, Des Moines, East &	
	Don Davis, Burlington	23.0
	B-Arden Heisdorffer, Keota	23.6
50	A-Ray Kaiser, DM, East.....	23.1
	B-Tom Reynolds, Odebolt	24.3

180-YARD LOW HURDLES

51	A-Dick Fowler, Ames	19.2
	B-Les Stevens, Lovilia	20.4
52	A-Tom Ecker, Waverly	20.0
	B-Don White, Lamoni	19.8
53	AA-Glen Sjoka, Cedar Rapids, Wilson.....	20.8
	A-Tom Ecker, Waverly.....	20.3
	B-John Walden, Lamoni	20.8
	C-John Rinehart, Iowa School for Deaf	22.1
54	AA-Berland Smith, Sioux City, Central.....	20.4
	A-George Pitsche, Harlan	20.9
	B-Ron Means, Villisca	20.8
	C-Duane Miller, New Sharon	21.6
55	AA-Bill Orris, Des Moines, East	20.4
	A-Bob Brandt, Denison	20.9
	B-Gordon Rolph, Onawa	21.5
	C-Duane Miller, New Sharon	20.3
56	AA-Ron Altenberg, Marion	19.8
	A-Bob Brandt, Denison	19.7
	B-George Phelps, Kingsley	20.5
	C-Ron Walter, Farragut	21.0
57	AA-Bob Okerstrom, Mason City	20.7
	A-Jim VanWerden, Winterset	21.2

	B-Tom Burns, Carroll	20.9
	C-Ron Walter, Farragut	21.3
58	AA-Jim Streeby, Ottumwa	19.4
	A-Darrell Morehouse, Clear Lake	20.3
	B-Daryl Brown, New London	21.9
	C-Duane Burke, Moville	21.4
59	AA-Dennis Paul, Marshalltown	19.9
	A-Frank Bindel, Winterset	20.3
	B-Bob Pingel, Aurelia	21.1
	C-Jerry Davis, College Springs	21.7
60	AA-Frank Bindel, Winterset	20.0
	A-John Pletcher, Clarion	20.9
	B-Fred Cooper, Iowa City, University High	20.9
	C-Jim Stebral, Solon	22.1
61	AA-Gary Osborn, Winterset	20.0
	A-John Fletcher, Clarion	20.3
	B-Mike Stubsten, Orange, Waterloo	20.0
	C-Larry Lenz, Ar-We-Va, Westside	20.0
62	AA-Gary Osborn, Winterset	20.7
	A-John Adams, Missouri Valley	21.3
	B-Jon Reimer, George	21.0
	C-Lloyd VanZee, Prairie City	20.8

63	AA-Mike Langer, Cedar Rapids, Washington	19.7	B-Robbie Bolks, Boyden-Hull	20.5
	A-John Adams, Missouri Valley.....	20.1	C-Ed McDaniel, Woodward-Granger	19.9
	B-Jon Reimer, George.....	20.1	71 AA-Denny Murphy, Assumption, Davenport	19.0
	C-Denny Wicker, Madrid	21.1	A-Steve Casey, Cherokee	20.3
64	AA-John Dvorak, Cedar Rapids, Washington	19.5	B-Darwin Wissink, Sioux Center	21.4
	A-Ron Davis, Perry.....	19.1	C-Ed McDaniel, Woodward-Granger	20.2
	B-Ron Carrier, Odebolt-Arthur.....	20.5	72 AA-Dan Wierson, Ames	19.7
	C-Lynn Bell, Lone Tree.....	21.0	A-Kevin Grooms, Nevada	20.5
65	AA-John Dvorak, Cedar Rapids, Washington	19.7	B-Dan Taylor, Eddyville	20.3
	A-Ron Davis, Perry.....	20.2	C-Daryl Triplett, Sutherland	21.1
	B-Tom Quinn, Clinton, St. Marys.....	20.6	73 AA-Albert Morgan, Burlington	19.5
	C-Steve Chambers, Treynor.....	21.4	A-Jerry Elliott, Centerville	20.5
66	AA-Jim VanDine, Cedar Rapids, Washington....	20.0	B-Dan Taylor, Eddyville	20.8
	A-Scott Osborn, Winterset.....	20.0	C-Kyle Chown, Lone Tree	21.4
	B-Denny Slinker, BCLUW, Conrad.....	20.9	74 AA-Mike Hamsher, Muscatine.....	19.8
	C-Jim Vandevanter, Panorama	21.1	A-Bob Merrill, Estherville	20.5
67	AA-Rich Gauger, Charles City	19.6	B-Tom Egli, Manson	20.6
	A-Tom Graves, Cherokee, Washington	20.1	C-Greg Capell, Fayette	20.5
	B-Bill Michael, Akron	19.9	75 AA-Jeff Dawson, Cedar Rapids, Washington	20.2
	C-Bob Nevitt, Earlham	20.1	A-Mike Leeper, Nevada	20.5
68	AA-Mark Votroubek, Cedar Rapids, Kennedy	19.1	B-Bob Brcka, Garner-Hayfield	20.7
	A-John Bell, Spirit Lake	19.6	C-Mike Anderson, East Central, Miles	21.1
	B-Jerry Hutchinson, West Harrison	19.9	76 AA-Randy Elliott, Charles City	19.5
	C-Jim Nevitt, Earlham	20.1	B-Leroy McCuen, Corning	20.0
69	AA-Dave McCurry, Grinnell	19.2	C-Mike Masters, Graettinger.....	20.2
	A-John Bell, Spirit Lake	19.7	77 AA-Randy Elliott, Charles City	19.4
	B-Mike Everett, Carroll	20.4	A-Chris Nady, Nevada	19.6
	C-Tom Baker, Dexfield, Redfield	19.9	B-Leroy McCuen, Corning	19.6
70	AA-Mark Votroubek, Cedar Rapids, Kennedy	19.2	C-Ross Thiedeman, Ar-We-Va, Westside	19.9
	A-Jerry Heston, Ankeny	19.6		

165-METER LOW HURDLES

78	AA-Jon Hutch, Clinton	20.3	B- Randy Griffith, Kingsley-Pierson	21.0
	A- Chris Nady, Nevada	20.4	C- Ed Blackburn, Malvern	20.8

400-METER LOW HURDLES

79	AA-Dean Fogarty, Marshalltown	53.32	3A-Roy Moorman, Centerville	55.0
	A-Bret Younger, Atlantic	53.4	2A-Matt Zuber, Iowa Valley, Marengo	53.9
	B-Brad Van Roekel, Monroe	54.0	1A-Roger Grafft, Olin	55.61
	C-Curt Carlson, South Clay, Gillett Grove	55.9	86 4A-Brad Rohlfs, Ankeny	54.04
80	AA-Kevin Sorenson, Clinton	53.19	3A-Brent Holgorsen, Mount Pleasant	55.02
	A-Bret Younger, Atlantic	53.39	2A-Jon Filloon, Manson	54.18
	B-Mark Muilenburg, Maurice-Orange City	54.39	1A-Terry Zwart, Greene	54.95
	C-Kevin Skalla, Scranton	55.56	87 4A-Chris York, Dubuque, Senior	53.37
81	AA-Randy Moore, Cedar Rapids, Kennedy	52.73	3A-Brian Rickels, Monticello	54.00
	A-John Enyart, Decorah	54.11	2A-Jon Filloon, Manson	54.24
	B-Dan Cleveland, Belmond	53.38	1A-Tom Alpers, Pomeroy	54.64
	C-Brad Cleaveland, Oakland	55.57	88 4A-Kevin Stuart, Ankeny	53.19
82	4A-Jay Williams, Waterloo, East	53.66	3A-Jay Muller, Clarinda	55.37
	3A-John Enyart, Decorah	53.48	2A-Dan Wood, Dunlap	56.13
	2A-Brad Parsons, Van Buren, Keosauqua	54.92	1A-Tom Alpers, Pomeroy	54.44
	1A-Dave Gibbs, New Hartford	54.20	89 4A-Jason Golliher, Fort Madison	53.07
83	4A-Pat Carnes, Cedar Rapids, Jefferson	53.83	3A-Craig Prindle, Glenwood	53.76
	3A-Scott Stuhr, Tipton	54.33	2A-Darwin Vande Hoef, Rock Valley	52.64
	2A-Tracy Bainbridge, Ida Grove	53.38	1A-Troy Miller, Iowa Mennonite School	54.88
	1A-Terry Graham, Sidney	54.60	90 4A-Gregg Garn, Ames	52.45
84	4A-Vernon Johnson, Ames	53.19	3A-Doug Dodd, Hampton-Dumont	54.30
	3A-Pat Dolan, Iowa Falls	54.77	2A-Darwin Vande Hoef, Rock Valley	52.64
	2A-Marv Cook, West Branch	55.2	2A-Terry Haskins, Woodbine	54.49
	1A-Terry Graham, Sidney	54.3		

	1A-Scott Girard, Gehlen Catholic, LeMars	54.88
91	4A-Shaun Benefield, Mason City	52.46
	3A-Doug Dodd, Hampton-Dumont	53.66
	2A-Enrique Flores, Wapello	53.95
	1A-Travis Kuecker, Fredericksburg.....	55.25
92	4A-Tim Dwight, Iowa City, City.....	52.95
	3A-Loren Kool, Pella.....	53.65
	2A-Tony Milder, Columbus, Columbus Jct.	54.78
	1A-Travis Kuecker, Fredericksburg.....	55.13
93	4A-Eric Strim, Sioux City, West.....	53.22
	3A-Loren Kool, Pella.....	53.56
	2A-Brent MacLagan, Jefferson-Scranton.....	54.48
	1A-Max Ostby, NUH, Cedar Falls	54.45
94	4A-Eric Strim, Sioux City, West.....	51.4
	3A-Nic Weers, Anamosa	54.40
	2A-Brent MacLagan, Jefferson-Scranton.....	54.28
	1A-Jason Woods, Treynor.....	53.90
95	4A-Dustin Avey, Ames.....	51.99
	3A-Bryan Featherstone, Epworth, WD	54.81
	2A-Brent MacLagan, Jefferson-Scranton.....	51.62
	1A-Jeff Miller, Paton-Churdan	54.05
96	4A-Dustin Avey, Ames.....	50.96
	3A-Nic Weers, Anamosa	53.85
	2A-Matt Wheeler, West Branch.....	55.16
	1A-Scott Olsen, Madrid	55.10
97	4A-Kyle Bolejack, Ankeny	53.29
	3A-Brandon Meinders, Perry	53.83
	2A-Chris Chantos, Bellevue	53.48
	1A-Ryan Eichenberger, Fredericksburg.....	54.27
98	4A-Mat Weldon, Iowa City, West.....	53.55
	3A-Brian Stegall, Washington	53.57
	2A-Tony Leick, St. Albert, Co. Bluffs	53.25
	1A-Mike Claeys, HLV, Victor	54.07
99	4A-Cyrus Nichols, Des Moines, Roosevelt.....	54.12
	3A-Brian Stegall, Washington	52.75
	2A-Tony Leick, St. Albert, Co. Bluffs	53.25
	1A-Jeremy Keehn, CAL-Dows	54.51
00	4A-Nik Moser, Fort Dodge.....	53.20
	3A-Ryan Boyington, Hampton-Dumont	53.73
	2A-Matt Lockey, Okoboji, Milford	54.29
	1A-David Calease, Clarksville	54.55
01	4A-Nik Moser, Fort Dodge.....	52.96
	3A-Peter Avery, Waverly-Shell Rock.....	52.92
	2A- Wes Terrill, Louisa-Muscatine	53.50
	1A-David Calease, Clarksville	54.85
02	4A-Michael Bell, Marshalltown	52.51
	3A-Justin Koeppe, Storm Lake.....	53.21
	2A-Derek Casey, Cherokee	52.94
	1A-Blake Hayward, BCLUW, Conrad.....	53.85
03	4A-Jordan Crosby, Fort Dodge	52.77
	3A-Greg Offerman, Charles City	53.05
	2A-Eric Heid, West Branch.....	54.70
	1A-Kyle Fischer, Hinton.....	55.75
04	4A-Steve Ketels, Waterloo West	54.23
	3A-Greg Offerman, Charles City	53.08 <i>(Offerman ran 52.02 in the prelims)</i>
	2A-Alex Gabrielson, Belmond-Klemme	53.36
	1A-Eric Parker, Northwood-Kensett	54.08
05	4A-Dennis Hammel, Davenport Central	52.89
	3A-Greg Offerman, Charles City	51.35
	2A-Brent Chamberlin, Eagle Grove	54.47
	1A-Eric Parker, Northwood-Kensett	55.23
06	4A-Zach Milner, Co. Bluffs Abraham Lincoln ...	54.01
	3A-Logan Masters, Storm Lake.....	54.20
	2A-Evan Thomsen, Regina, Iowa City	54.24
	1A-Brant McCuen, Corning	53.69
07	4A-Kellyn Fogarty, Marshalltown.....	53.55
	3A-Mat Rammelsberg, Benton, Van Horne	54.56
	2A-Evan Thomsen, Regina, Iowa City	53.89
	1A-Andy Koehn, Tri-County, Thornburg	54.95
08	4A-Ethan Holmes, Clinton	53.03
	3A-Jordan Cotton, Mount Pleasant	53.47
	2A-Brad Mosinski, Pekin	53.44
	1A-Brock Caves, Van Buren, Keosauqua	54.20
09	4A-Kyle Dunn, Linn-Mar, Marion	52.70
	3A-Jordan Mullen, Atlantic.....	52.82
	2A-Tanner Miller, Mid-Prairie, Wellman	53.07
	1A-Nick Efkamp, Madrid.....	55.24
10	4A-Kyle Dunn, Linn-Mar, Marion	51.41
	3A-Ryan Fahn, Harlan Community	54.10
	2A-Tanner Miller, Mid-Prairie, Wellman	52.36
	1A-Nick Efkamp, Madrid.....	53.66
11	4A-Kyle Dunn, Linn-Mar, Marion	51.05
	3A-Jackson Litterer, Waverly-Shell Rock	53.35
	2A-Jordan Van Roekel, PCM, Monroe	54.32
	1A-Nick Efkamp, Madrid.....	52.85
12	4A-Charlie Rogers, Iowa City, West.....	53.43
	3A-Raheem Black, Fort Madison	53.21
	2A-Jordan Van Roekel, PCM, Monroe	52.26
	1A-Jeremy Johnson, Madrid.....	53.91
13	4A-Sydne Davis, Des Moines, Roosevelt.....	53.42
	3A-Raheem Black, Fort Madison	52.31
	2A-Tristan Twedt, South Hamilton	54.02
	1A-Kevin Herrick, Fremont-Mills.....	55.17
14	4A-Sydne Davis, Des Moines, Roosevelt.....	51.52
	3A-Tommy Bates, Waverly-Shell Rock	53.73
	2A-Dylon Van't Hof, Sioux Center	53.50
	1A-Erik Stoakes, Gladbrook-Reinbeck.....	55.03
15	4A-Pat Gray, Waukee.....	53.22
	3A-Cameron Crosser, Algona	53.35
	2A-Jacob Smith, West Burlington/Notre Dame	52.64
	1A-Nick Engel, Hudson	54.29
16	4A-Nathan Hoy, Cedar Falls.....	52.92
	3A-JoJo Frost, Center Point-Urbana	53.06
	2A-Brett Daley, Treynor	53.17
	1A-Christian Reischauer, Colo-NESCO	54.15
17	4A-Nathan Hoy, Cedar Falls.....	52.57
	3A-Dallas Wright, Carlisle.....	53.20
	2A-Mark Brown, Beckman Catholic, D'ville	54.32
	1A-Cole Willert, Saint Ansgar	53.61
18	4A-Austin West, Iowa City, West.....	52.23
	3A-Avery Van Zee, Pella	53.07
	2A-Mark Brown, Beckman Catholic, D'ville	54.89
	1A-Tyson Vander Linden, Lynnville-Sully.....	53.07
19	4A-Thai Thompson, Dowling Catholic, W.D.M.	53.05
	3A-Joven Nelson, Nevada.....	52.02
	2A-Ethan Albright, Okoboji, Milford	54.52
	1A-Tyson Vander Linden, Lynnville-Sully.....	53.60
20	Season canceled due to COVID-19.	

INDIVIDUAL RUNNING EVENT STATE CHAMPIONS PER SCHOOL

Adair-Casey.....	2	Cardinal, Eldon	3
A-D-M, Adel.....	10	Carlisle	4
Agency	1	Carroll	11
AGWSR, Ackley	3		
A-H-S-T, Avoca	1	Cascade, Western Dubuque.....	1
AHSTW	3	Cedar Falls.....	12
Akron-Westfield.....	2	Cedar Rapids	15
Albert City-Truesdale	2	Cedar Rapids, Franklin	4
Albia	3	Cedar Rapids, Jefferson	6
Alburnett.....	3	Cedar Rapids, Kennedy.....	9
Alden	2	Cedar Rapids, McKinley	1
Algona	14	Cedar Rapids, Regis.....	1
Allerton	3	Cedar Rapids, Roosevelt.....	3
Allison-Bristow.....	3	Cedar Rapids, Washington.....	12
Alta	4	Cedar Rapids, Wilson	1
Ames	36	Cedar Valley, Farnhamville.....	9
Anamosa	10	Cedar	1
Andrew	1	Center Point-Urbana	4
Anita	3	Centerville	13
Ankeny	16	Central City	2
Ankeny Centennial	2	Central Clinton, DeWitt	9
Aplington	3	Central Elkader	3
Aplington-Parkersburg	2	Central Lee, Donnellson	1
Aquinas, Fort Madison	2	Central Lyon, Rock Rapids	10
Armstrong-Ringsted	3	Central Webster, Burnside.....	2
Ar-We-Va, Westside.....	7	Charles City	17
Assumption, Davenport.....	5	Charter Oak-Ute.....	3
Atlantic.....	11	Cherokee-Washington	31
Audubon.....	5	Clarence-Lowden.....	3
Aurelia	9	Clarinda.....	9
Bancroft, St. John.....	2	Clarion.....	7
Baxter & Collins-Maxwell-Baxter.....	6	Clarke, Osceola	4
Bayard	2	Clarksville.....	3
BCL, Conrad.....	2	Clay Central, Royal	2
BCLUW, Conrad	6	Clear Creek & Clear Creek-Amana	4
Beckman, Dyersville.....	4	Clear Lake.....	6
Bedford.....	2	Clinton	27
Belle Plaine	8	Clinton, Lyons	1
Belmond-Klemme.....	20	Clinton, St. Marys; Mater Dei.....	4
Benton Community, Van Horne	1	Coin.....	1
Bettendorf.....	9	Colfax-Mingo.....	3
BGM, Brooklyn	1	Colo-NESCO.....	3
Bishop Garrigan, Algona	6	Columbus, Columbus Jct.....	2
Bishop Heelan, Sioux City.....	14	Columbus, Waterloo	5
Boone	13	Coon Rapids	2
Boyden-Hull.....	6	Corning	10
Boyde-Hull/Rock Valley.....	1	Council Bluffs	3
Britt; West Hancock.....	14	Council Bluffs, Abraham Lincoln.....	8
Buffalo Center-Rake.....	2	Council Bluffs, Thomas Jefferson.....	4
Burlington	14	Crestland, Early	2
CAL Community; CAL-Dows, Latimer.....	2	Creston	6
Calamus-Wheatland.....	3	Crestwood, Cresco	3
Camanche	5	Cumberland-Massena	1
Cardinal Stritch, Keokuk.....	2	CWL, Corwith.....	7
		Dallas Center-Grimes	8

Davenport, Davenport, Central	36	Gladbrook-Reinbeck	4
Davenport, North	3	Glenwood	9
Davenport, West	7	Glidden-Ralston	2
Davis County, Bloomfield	2	Graettinger	1
Decorah; Decorah-North Winneshiek	12	Green Mountain	1
Delwood, Elwood	3	Greene	5
Denison-Schleswig	10	Greenfield	9
Denver	1	Grinnell	9
Des Moines, Christian	2	Griswold	5
Des Moines, East	45	Grundy Center	5
Des Moines, Hoover	6	Guthrie Center	7
Des Moines, Lincoln	3		
Des Moines, North	38	Hamburg	2
Des Moines, Roosevelt	31	Hampton	4
Des Moines, Tech	7	Hampton-Dumont	6
Des Moines, West	25	Harlan	6
Dike-New Hartford	5	Harris-Lake Park	3
Dow City-Arion	1	Hartley-Melvin; Hartley, HMS	2
Dowling Catholic, West Des Moines	13	Havelock-Plover	1
Dubuque, Hempstead	1	Hedrick	1
Dubuque, Loras	1	Highland, Riverside	
Dubuque, Senior	10	Hinton	2
Dumont	2	Hubbard	2
Dunlap	4	Hubbard-Radcliffe	1
Durant-Bennett	1	Hudson	2
		Humboldt	13
Eagle Grove	7	Hull	1
Earlham	6		
East Central, Miles (also see Preston-EC)	6	Ida Grove	9
East Marshall, LeGrand	1	Independence	2
East Mills	3	Indianola	6
East Union, Afton	2	Interstate 35, Truro	2
Eddyville-Blakesburg	11	Iowa City, University High	9
Eldora-New Providence	4	Iowa City; Iowa City, City High	26
Elk Horn-Kimballton	6	Iowa City, West	14
Elliott	5	Iowa Falls & Iowa Falls-Alden	6
Emmetsburg	3	Iowa Mennonite School, Kalona	4
English Valleys, North English	4	Iowa School for Deaf, Co. Bluffs	5
Epworth, Western Dubuque	2	Iowa Valley, Marengo	11
Essex	2	Irwin-Kirkman	4
Estherville	4		
Fairfield	3	Janesville	5
Farragut	3	Jefferson-Scranton	5
Fayette	3	Jesup	1
Floyd Valley, Alton	1	Johnston	5
Forest City	8		
Fort Dodge	16	Kanawha	2
Fort Madison	10	Kellogg	1
Fredericksburg	4	Keota	5
Fremont Mills, Tabor	2	Kingsley-Pierson	14
Galva-Holstein	4	Kingsley-Pierson/Woodbury Central (KP-WC)	2
Garner-Hayfield	9	Klemme	1
Garner-Hayfield-Ventura	2	Knoxville	7
Gehlen Catholic, LeMars	9	Kuemper, Carroll	3
George	5		
George-Little Rock	2	Lake Mills	1
Gilbert	5	Lake View-Auburn	3
Gilmore City-Bradgate	4	Lamoni	4
		Laurens-Marathon	5
		Lawton-Bronson	1

LDF-SEMCO, LeGrand	3
LeMars	3
Lincoln Central, Gruver	2
Linn-Mar, Marion	15
Lisbon	12
Logan-Magnolia	1
Lone Tree	5
Louisa-Muscatine	2
Lovilia	3
LuVerne	3
Lynnville-Sully	6
 Madrid	11
Maharishi, Fairfield	1
Malvern	6
Manilla; IKM	2
Manning	5
Manson; Mason-Northwest Webster	9
Maquoketa Valley, Delhi	2
Maquoketa	3
Marcus	1
Marcus-Meriden-Cleghorn	18
Marion	5
Marshalltown	24
Mason City	23
Maurice-Orange City; MOC-FV	3
Mediapolis	6
Melcher-Dallas	2
Menlo	3
Meriden-Cleghorn	3
Meservey-Thornton	3
MFL, MarMac	3
Mid-Prairie, Wellman	11
Missouri Valley	7
Monroe	2
Montezuma	3
Monticello	16
Morning Sun	2
Mount Ayr	11
Mount Pleasant	17
Mount Vernon	8
Muscatine	6
 Nashua	1
Nevada	16
New Hampton	3
New Hartford	2
New London	4
Newman Catholic, Mason City	2
Newton	15
Nora Springs-Rock Falls	1
North Cedar Stanwood, Lincoln; Stanwood	4
North Central, Manly	2
North Fayette, West Union	7
North Iowa, Buffalo Center	1
North Kossuth, Swea City	2
North Mahaska, New Sharon	5
North Polk, Alleman	4
North Scott, Eldridge	5
North Tama, Traer	6
 North Union	3
North Winneshiek, Decorah	1
Northeast Hamilton, Blairsburg	1
Northeast, Goose Lake	2
Northern University High, Cedar Falls	15
Northwood-Kensett	2
 Norwalk	4
 OA-BCIG (<i>also see Ida Grove</i>)	2
Oakland & Riverside, Oakland	2
Ocheyedan	2
Odebolt-Arthur	8
Oelwein	8
Ogden	2
Okoboji, Milford	5
Olin	2
Osage	5
Oskaloosa	6
Ottumwa	12
Oxford Junction	2
 Panorama; Panora-Linden	5
Paton-Churdan	2
Paullina	3
PCM, Monroe	3
Prairie City	2
Pekin	6
Pella Christian	3
Pella	7
Perry	16
Pleasant Valley	8
Pleasantville	3
Pocahontas Catholic	1
Pocahontas	5
Pomeroy	3
Postville	5
Prairie, Cedar Rapids	9
Prairie, Gowrie; Prairie Valley	1
Preston-East Central	4
Primghar	2
 Red Oak	7
Regina, Iowa City	11
Riceville	3
Rock Valley	3
Rockwell City	1
Rockwell-Swaledale	1
Roland-Story, Story City	6
Rolfe	2
Russell	2
Ruthven-Ayrshire	2
 Sac City	10
St. Albert, Council Bluffs	8
Saint Ansgar	4
Sanborn	4
Schaller	2
Scranton	4
Sergeant Bluff-Luton	5

Seymour	5
Sheffield-Chapin.....	2
Sheldon	5
Shenandoah	7
Sibley.....	1
Sidney	4
Sigourney	5
Sioux Center.....	6
Sioux City	2
Sioux City, Central	15
Sioux City, East.....	9
Sioux City, North	4
Sioux City, Trinity	1
Sioux City, West.....	6
Sioux Rapids-Rembrandt.....	1
Solon	10
South Central Calhoun.....	1
South Clay, Gillette Grove.....	1
South Hamilton, Jewell.....	2
South Hardin	1
South Page, College Springs	5
South Tama County	2
South Winneshiek, Calmar.....	3
South Winneshiek-Turkey Valley	1
Southeast Polk, Runnels	1
Southeast Warren	2
Spencer	4
Spirit Lake; Spirit Lake Park.....	10
Springville.....	2
St Marys, Remsen.....	3
St. Edmond, Fort Dodge	5
Stanton	1
Storm Lake	6
Sumner.....	1
Sutherland	6
Terril	8
Tipton	9
Titonka.....	2
Toledo Juvenile Home	4
Treynor	16
Tri-Center, Neola.....	4
Tri-County, Thornburg	3
Tripoli.....	3
Turkey Valley, Jackson Jct.....	4
Underwood	1
Union-Whitten.....	1
United Community, Boone	1
Unity Christian, Orange City.....	5

Urbandale	2
Valley Jct; Valley, West Des Moines	17
Van Buren, Keosauqua.....	6
Ventura	1
Villisca	11
Vinton, Washington.....	3
WACO	4
Wahlert, Dubuque	4
Wall Lake	4
Walnut	2
Wapello	6
Wapsie Valley, Fairbank	2
Washington	6
Waterloo, Central	2
Waterloo, East	11
Waterloo, Orange.....	1
Waterloo, West	17
Waukee	4
Waukon	2
Waverly-Shell Rock.....	8
Wayne Community, Corydon	1
Webster City	7
Wellsburg	5
West Branch	13
West Burlington & West Burlington/Notre Dame	13
West Central, Maynard	1
West Delaware, Manchester.....	1
West Harrison, Mondamin	2
West Fork (see Sheffield-Chapin; Rockwell-Swaledale)	1
West Liberty	7
West Lyon, Inwood	9
West Marshall	4
West Monona, Onawa	9
West Sioux, Hawarden	6
Western Christian, Hull	1
Williamsburg	4
Wilton	2
Winfield-Mount Union	3
Winterset	15
Woodbine	6
Woodbury Central, Moville	5
Woodward Academy	2
Woodward-Granger	7
Xavier, Cedar Rapids	10
Y-J-B, Jamaica	1

SCHOOLS WITH MOST INDIVIDUAL RUNNING TITLES

Des Moines, East	45
Des Moines, North	38
Ames	36
Davenport; Davenport, Central	36
Cherokee, Washington.....	31
Des Moines, Roosevelt	31

Clinton	27
Iowa City, City High	26
Des Moines West	25
Marshalltown	24
Mason City	23

FIELD EVENT CHAMPIONS

HIGH JUMP

06	(Tie) George Walker, DM West; Paul Clark, Oak Park; E.W. Moulden, Dubuque	5-04.05	52	A-Leonard Petsche, Harlan	5-10
07	Jesse Crawford, Des Moines, North	5-06	B -Les Stevens, Lovilia	6-00 3/8	
08	Arlo Wilson, Iowa City	5-06 7/8	53	AA -Don Nachtman, Dubuque	6-00.25
09	Proctor Osborn, Des Moines, North	5-06	A -Judd McDougal, LeMars	5-09.25	
10	Foye Aldridge, Sioux City	5-07	B -Max Mochal, Tama	5-08.25	
11	Edwin Shrader, Iowa City	5-10	C -(Tie) Al Betz, Johnston & Donald Straight, Newell	5-07	
12	Clifford Barborka, Denison	5-06	54	AA -(Tie) Mel Olson, Spencer; Max Mochal, CR, Roosevelt; Don Nachtman, Dubuque; Dave Stamp, Clinton & Jim McConnell, Des Moines, Roosevelt	5-10
13	Samuel Moore, Indianola	5-06	A -Hugh Allen, Harlan	6-01 1/8	
14	Ross Allen, Davenport	5-05	B -Dick Marsh, Postville	6-00 5/8	
15	Clifford Baxter, Cedar Rapids	5-09.25	C -Ted Harvey, Toledo Juvenile	5-09	
16	Ralph Pedersen, Des Moines West	5-05	55	AA -(Tie) Mel Olson, Spencer & Ted Harvey, Des Moines, East	6-01.75
17	Edward Rich, Maquoketa	5-08	A -Bob Christy, Humboldt	5-09.75	
18	Edward Rick, Cedar Rapids	5-05	B -Laverne Zobel, Tama	5-11	
19	Kenneth Young, Jr., Fort Madison	5-10	C -Bob Sweeney, Carlisle	5-10	
20	Fred Klindt, Mason City	5-06	56	AA -(Tie) Jim Hutchens, Waterloo, East & Lee Frandsen, Davenport	6-00 5/8
21	Fred Klindt, Mason City	5-11	A -(Tie) Doug Johnson, Sheldon; Bob Christy, Humboldt; Conrad Persels, Osceola & Larry Squires, Guthrie Center	5-09	
22	Jack Wightman, Perry	5-09.50	B -(Tie) Lowell Farland, Swea City; Larry Zerwas, Manning; Walt Johnson, Manilla; Don Norton, Anamosa	5-07 3/4	
23	Robert Carle, Knoxville	5-09.50	C -Fred Olson, Newell	6-03 1/8	
24	Dick Zvacek, Cedar Rapids, Grant	5-09	57	AA -(Tie) Kent Rogerson, Des Moines, East & Joe Bryant, Mason City	6-00 7/8
25	Dick Zvacek, Cedar Rapids, Grant	5-10	A -Conrad Persels, Osceola	6-00 1/16	
26	John Robinson, Burlington	5-10.50	B -(Tie) Larry Zerwas, Manning; Lonnie Lamberti, Ankeny; Paul Drefke, Emmetsburg; Dick Johnson, Villisca; Bill Kauffman, Belmond; Roy Mathews, Logan & Ron Morrison, Wilton Jct.	5-08	
27	Ben Douglas, Cedar Rapids, Grant	5-10	C -Fred Olson, Newell	6-01 1/8	
28	William Walsmith, Davenport	5-08	58	AA -(Tie) Al Robinette, Cedar Falls & Kent Rogerson, Des Moines, East	6-00
29	(Tie) Ralph Mitchell, Bloomfield & Maurice Peterson, Harcourt	5-10	A -(Tie) Harold Ferkinstad, Cresco; Lloyd Swanson, Cherokee & Bob Kentnor, Leon	5-10	
30	Orville Madsen, Ames	5-08.75	B -(Tie) Dick Shannon, Clinton St. Marys & Paul Drefke, Emmetsburg	5-10 3/8	
31	Orville Madsen, Ames	6-01 7/8	C -(Tie) Vern Graham, Agency & Bill Maas, Sutherland	5-10	
32	Orville Madsen, Ames	6-03.75	59	AA -Emmitt Hoosman, Waterloo, East	6-02 1/8
33	Maurice Kelly, Grinnell	5-11 3/8	A -Gary Meyer, Clarion	5-10	
34	Lawrence Redrick, Des Moines, East	5-11	B -(Tie) Larry Oiler, Lamoni & Mike Reis, Woodbine	5-09.75	
35	Charles Ralston, West Chester	5-10.75	C -Fred Schaffner, Salem	5-10.50	
36	Floyd Aiken, Grundy Center	5-09.25	60	AA -Gayle Hopkins, Davenport Central	6-03.50
37	Jack Alderdice, Davenport	5-11.75	A -Jim Anderson, Clarion	5-08.50	
38	Cable Waldorf, Vinton	5-10.75	B -Buster Lowery, Grundy Center	5-10	
39	Bob Machael, Clinton	6-00.50	C -Jerry Klett, Everly	5-09	
40	Larry Marxer, Iowa School for Deaf, CB	5-10 5/8	61	AA -Phil Minnick, Iowa City, City	6-02
41	Romaine Woodward, Ames	5-10 11/16	A -Dave Awtry, Lake City	5-11.75	
42	Harold Fiala, Waterloo, West	5-10.25	B -Dave Korver, Maurice-Orange City	5-10.50	
43	Don Smith, Denison	5-10	C -Duane VanWyk, Prairie City	5-08	
44	Darwin Stover, Winterset	5-11 5/8				
45	(Tie) John Wilson, Iowa City & Lynn King, Des Moines, Roosevelt	5-10.50				
46	Lee Maddocks, Mason City	5-10.25				
47	(Tie) Herb Belz, NUH, Cedar Falls; & Lloyd Core, Pleasantville	5-11.50				
48	A -Gerald Cohn, Waterloo, West	5-11 3/8				
	B -(Tie) Don Swartzendruber, Wellman & Bob Lange, Sac City	5-08.25				
49	A -Jon Wardell, Davenport	6-00.25				
	B -Don Swartzendruber, Wellman	5-08 3/8				
50	A -Bob Miller, Waterloo, West	5-08				
	B -Francis Ward, Adair	5-08				
51	A -(Tie) Burt Kirkman, Clinton; Bill Bryant, Algona; Sam Marshall, Sibley; Al Haughey, Tama & Jim Canine, Des Moines, Roosevelt	5-08				
	B -Les Stevens, Lovilia	5-11 5/8				

62	AA-Gary Gordon, Iowa City, City	6-00	A-Keith Lauritzen, Audubon.....	6-04	
	A-(Tie) Charles Streit, Algona; John Sellers, Cambria; John Spitzer, Iowa City, University High & Dwight Davis, Perry	5-08	B-Leroy McCuen, Corning	6-06.50	
	B-(Tie) Gordon Watkins, Eddyville & Wally Welander, Woodbine.....	5-08.25	C-Jim Franzen, Fredericksburg	6-02	
	C-Duane VanWyk, Prairie City	5-08.25	77	AA-Doug Smith, Newton	6-08
63	AA-Don Timmerman, Davenport, West.....	6-00.25	A-Rod Smith, West Liberty	6-04	
	A-Ron Owen, Maquoketa	5-10.50	B-Dan Meade, North Linn, Coggon/Troy M.....	6-07	
	B-Gordon Watkins, Eddyville.....	5-09	C-Mark Roberts, Sioux Valley, Linn Grove	6-04	
	C-Tom Knott, Coggon.....	5-10.50	78	AA-John Arnaud, Sioux City, North.....	6-06
64	AA-Don Timmerman, Davenport, West.....	6-02	A-Calvin Rickles, Monticello	6-04	
	A-John Slutts, Cardinal, Eldon	6-02	B-Steve Arens, Gehlen Catholic, LeMars.....	6-04	
	B-Lawrence Holley, Carroll.....	6-02.25	C-Doug Lockin, Aurelia.....	6-04	
	C-Dave Jargo, Preston	5-10.25	79	AA-Kirk Hobbs, Cedar Rapids, Washington.....	6-08
65	AA-John Winkle, Sioux City, East	6-03.25	A-Randy Booth, Grinnell.....	6-04	
	A-Mike Morse, Jefferson	6-02	B-Ray Storck, Iowa Valley, Marengo.....	6-04	
	B-Lloyd Thornburg, Pleasantville	6-02.50	C-Mike LaFrenz, SEMCO, Gilman	6-02	
	C-Dave Jargo, Preston	5-11	80	AA-Paul Marchael, Iowa City, City	6-08
66	AA-Skip Anderson, Cedar Falls	6-03	A-Rick Bolsinger, Guttenberg	6-06	
	A-David Larsen, Harlan	6-02.50	B-Brian Tietjens, North Central, Manly	7-00.25	
	B-Lloyd Thornburg, Pleasantville	6-03.75	C-Kelly Kain, Prairie City	6-02	
	C-Mike Hazelhoff, Swea City	6-00.25	81	AA-Mike Tigges, Dubuque, Senior	6-08
67	AA-Bill Kirchwen, Clinton	6-03	A-Larry Harmon, Northeast, Goose Lake.....	6-06.50	
	A-David Larsen, Harlan	6-02	B-Brian Tietjens, North Central, Manly	7-03.50	
	B-John Sehman, Dallas Center	6-00	C-Daryl Schnoes, Paullina.....	6-04	
	C-Bob Nevitt, Earlham	6-00	82	4A-Curtis Morrow, Des Moines, East	6-09
68	AA-Kent Magnuson, Fort Dodge	6-04	3A-Jim Lloyd, Iowa Falls.....	6-05	
	A-Tim Newberry, St. Edmond, Fort Dodge	5-07.75	2A-Airell Clark, Belmond	6-05	
	B-Dave Krantz, Highland, Riverside	5-09	1A-John Vaske, NESCO, Zearing	6-04	
	C-Dennis Spencer, Panorama.....	5-10	83	4A-Lance Eaton, Valley, WDM	6-06
69	AA-Greg Dana, Waverly-Shell Rock	6-04.50	3A-Peter Hayes, Atlantic	6-09	
	A-Tim Newberry, St. Edmond, Fort Dodge	6-02	2A-Matt Kayser, Cardinal, Eldon	6-06	
	B-Keith Steva, MFL, Monona	6-00	1A-Marlin Bryant, Malvern	6-08	
	C-Dave Ricketts, Solon.....	6-02	84	4A-K.P.Lansing, Linn-Mar	6-09
70	AA-Blaine Koch, Davenport, West	6-05	3A-Pat Meade, North Linn, Coggon/Troy M.....	6-10	
	A-Steve Williams, Clarinda	6-02	2A-Steve Phyfe, Nashua	6-04	
	B-Carl Horstman, Paullina.....	5-10	1A-Marlin Bryant, Malvern	6-06	
	C-Scott Ruch, Ar-We-Va, Westside.....	6-02	85	4A-Scott Anderson, Muscatine	6-08
71	AA-Tom Pantenberg, Ames	6-06	3A-Brent Wright, Ballard.....	6-10.50	
	A-Steve Williams, Clarinda	5-11.50	2A-Pat Conlon, Clarion	6-07	
	B-Willie DeMan, Alta.....	6-00	1A-Cal Alexander, Hubbard.....	6-07	
	C-Tom Winchell, Treynor.....	6-04	86	4A-Kevin Freeman, Spencer	6-06
72	AA-Greg Ferguson, Waterloo, East	6-05	3A-Ken Fox, St. Albert, Co. Bluffs	6-04	
	A-Colin Henderson, Starmont	6-00	2A-Pat Conlon, Clarion	6-10	
	B-Todd Surber, Maurice-Orange City.....	6-03	1A-Cal Alexander, Hubbard.....	6-08.25	
	C-Bill Seely, CAL, Latimer	6-00	87	4A-Andy Jacobson, Spencer	6-09
73	AA-Kevin O'Neill, Wahlert Catholic, Dubuque	6-06	3A-Mike Bentley, Turkey Valley.....	6-08	
	A-Steve Stepanek, Cedar Rapids, LaSalle	6-05	2A-Darwin Vande Hoef, Rock Valley.....	6-10	
	B-Chris VanAuken, Columbus Jct.....	6-06	1A-Steve Dinkla, Cumberland & Massena	6-06	
	C-Pat Clarkson, Preston.....	6-01	88	4A-Steve Daugherty, Prairie, Cedar Rapids.....	6-09
74	AA-Dick Garland, Marshalltown	6-07.25	3A-Brad Goheen, Norwalk.....	6-06	
	A-Steve Stepanek, Cedar Rapids, LaSalle	6-06.25	2A-Darwin Vande Hoef, Rock Valley.....	7-00	
	B-Greg Willey, West Monona, Onawa.....	6-04	1A-Rob Penningroth, Clarence-Lowden.....	6-05	
	C-Bill Green, Dexfield, Redfield	6-02	89	4A-Steve Daugherty, Prairie, Cedar Rapids.....	6-09
75	AA-Steve Kuehl, Clinton.....	6-10.25	3A-Tom Dunham, West Marshall	6-06	
	A-Wes Schwarzenstein, Sumner.....	6-06	2A-Darwin Vande Hoef, Rock Valley.....	6-10	
	B-Leroy McCuen, Corning	6-05	1A-Ron Wiese, Manning.....	6-04	
	C-Neal Gonnerman, Clay Central.....	6-01	90	4A-Pete Herber, Dubuque, Senior	6-10
76	AA-Brad Kuhn, Fort Dodge	6-04	3A-Andy Thompson, Johnston	6-06	
			2A-Gary Arends, Nashua	6-09	
			1A-Don Wolf, St. Mary, Storm Lake	6-04	
			91	4A-Scott Paulson, Indianola	6-09

	3A-Bill Betterton, Carlisle	6-04		1A-Ehi Oamen, Hinton.....	6-07
	2A-Scott Hudek, Pocahontas	6-10	06	4A-Kyle McCain, Southeast Polk	6-03
	1A-Steve Stahmer, Andrew	6-07		3A-Marc Meierotto, Fort Madison	6-10
92	4A-Todd Johnston, Waterloo, West	6-08		2A-Josh Bradley, St. Edmond, Fort Dodge	6-07
	3A-Shawn Young, Saydel	6-08		1A-Ehi Oamen, Hinton.....	6-11
	2A-Chris Greiner, Cardinal, Eldon	6-06	07	4A-Noah Kittelson, Indianola.....	6-06
	1A-Zack Jones, Malvern.....	6-08.50		3A-Colten Kelly, Anamosa.....	6-07
93	4A-Terry Bensink, Dubuque, Hempstead	6-06		2A-Nick Riesselman, Kuemper Catholic	6-06
	3A-Jon Oostra, Western Christian, Hull	6-04		1A-Luke Thompson, Montezuma	6-10
	2A-Shawn Young, Saydel	6-07	08	4A-TrayVonn Wright, Waterloo West	6-10
	1A-Brandon Wade, Rockwell City-Lytton	6-06		3A-Colten Kelly, Anamosa.....	6-11
94	4A-Marcus Clark, Davenport, West.....	6-09		2A-Jordan Sathoff, Pekin.....	6-10.50
	3A-Adam Almquist, Clarinda	6-05		1A-Kody Gillaspie, Westwood, Sloan.....	6-08
	2A-Erik Donahue, Waukee	6-06	09	4A-Noah Kittleson, Indianola.....	6-08
	1A-Brandon Wade, Rockwell City-Lytton	6-06		3A-Weston Ketelsen, Central Clinton, DeWitt	6-06
95	4A-Ed Berlin, Urbandale.....	6-07		2A-Matt Huseman, East Sac County.....	6-06
	3A-Rich Wemer, Grinnell.....	6-05		1A-Kody Gillaspie, Westwood, Sloan.....	6-07
	2A-Cory Spencer, Colo-Nesco	6-07	10	4A-Noah Kittleson, Indianola.....	6-10
	1A-Sean Clark, Manning	6-06		3A-Stephen Meyer, Oelwein.....	6-04
96	4A-Ed Berlin, Urbandale.....	6-06		2A-Jerad Croghan, IKM-Manning.....	6-08
	3A-Joey Brunkhorst, Iowa Falls.....	6-07		1A-Jordan Cress, Olin	6-07
	2A-Court Lutgen, North Fayette, West Union	6-04	11	4A-Tyler Donels, Southeast Polk	6-08
	1A-Sean Clark, Manning	6-05		3A-Stephen Meyer, Oelwein.....	6-07
97	4A-Dan Colony, CR, Washington.....	6-08.25		2A-Braydee Poore, Mount Ayr.....	6-04
	3A-Jason Nekola, South Tama County	6-07		1A-Jordan Cress, Olin	6-09
	2A-Joey Brunkhorst, Iowa Falls.....	6-10	12	4A-Justin Randall, Burlington	6-08
	1A-Jesse Arnold, Martensdale-Saint Marys	6-07		3A-Austin Krohn, Sergeant Bluff-Luton	6-06
98	4A-Rory Howell, Linn-Mar	6-08		2A-Cody Jamison, Monticello	6-04
	3A-Tom Schmidt, Atlantic	6-04		1A-Jared Schoelman, Clay Central-Everly.....	6-07
	2A-Jake Kingery, PCM, Monroe	6-08	13	4A-Justin Randall, Burlington	6-08
	1A-Jesse Arnold, Martensdale-Saint Marys	6-02		3A-Daniel Schwartz, Fairfield	6-06
99	4A-Andy Kohler, Ames	7-00		2A-Jeff Giannettino, W Burlington-Notre Dame ..	6-09
	3A-Aaron Pence, Fort Madison	6-04		1A-Josh Markert, Manson NW Webster	6-04
	2A-Travis Wielenga, Sioux Center	6-06	14	4A-Jared Seay, Johnston	6-07
	1A-Josh Dubberke, Hubbard-Radcliffe.....	6-04		3A-Reese Iversen, Dallas Center-Grimes	6-05
00	4A-Andy Kohler, Ames	6-06		2A-Jeff Giannettino, W Burlington/Notre Dame ..	6-10
	3A- Tyler Anderson, Carroll	6-04		1A-Mitchell Martin, Danville	6-07
	2A-Matt Harken, Aplington-Parkersburg	6-10	15	4A-Jared Seay, Johnston	6-09
	1A-Cale Van Genderen, Lynnville-Sully	6-05		3A-Cal Zahn, Webster City	6-06
01	4A-Andy Anderson, Boone	6-02		2A-Jeff Giannettino, West Burlington/N Dame ..	6-11
	3A-Jeff Witthoff, Washington	6-04		1A-Cole Moeller, Calamus-Wheatland	6-09
	2A-Kyle Klein, Okoboji, Milford	6-07	16	4A-Suni Lane, Bettendorf	6-07
	1A-Cale Van Genderen, Lynnville-Sully	6-07		3A-Cantrall Cameron, Spencer	6-08
02	4A-Jason Bice, Bettendorf.....	6-04		2A-Xavior Williams, West Burlingt'n/Notre Dame	7-00
	3A-Ben Honig, Glenwood	6-08		1A-Cole Moeller, Calamus-Wheatland	6-10
	2A-Bill McConnaha, West Branch	6-07	17	4A-Chuol Chuol, Ames	6-05
	1A-Jaron Van Mannen, Lynnville-Sully	6-06		3A-Blair Brooks, Marion.....	6-07
03	4A-Steve Cantry, Cedar Rapids Kennedy	6-06		2A-Miles Rupiper, Kuemper Catholic	6-06
	3A-Ben Honig, Glenwood	6-08		1A-Cole Moeller, Calamus-Wheatland	6-08
	2A-Ryan Rasmussen, Davis County	6-06	18	4A-Jacee Clark, Waterloo, East	6-08
	1A-Eric Johnson, Newell-Fonda	6-08		3A-Keith Keahna, South Tama County	6-07
04	4A-Aaron Bentele, Mason City	6-06		2A-Miles Rupiper, Kuemper Catholic	6-07
	3A-Ryan Rasmussen, Davis County	6-06		1A-Cauy Spidle, Central Decatur	6-05
	2A-Luke Branderhorst, Pella Christian	6-06	19	4A-Grant Kelchen, Epworth, Western Dubuque ..	6-08
	1A-Jaron VanMaanen, Lynnville-Sully	6-10		3A-Landon Kooiker, Fairfield	6-07
05	4A-Mat Clark, Ames	6-05		2A-Grant Brouwer, Sibley-Ocheyedan	6-09
	3A-Marc Meierotto, Fort Madison	6-07		1A-Elliott Hagebock, North Union.....	6-06
	2A-Dan Rolling, Okoboji, Milford	6-09	20	Season canceled due to COVID-19.	

LONG JUMP

06 Charles McMartin, Des Moines West 20-06.50
07 Carl Harris, Des Moines West 21-02
08 George Baird, Des Moines West 20-11.50
09 Norman Guth, Des Moines East 20-07
10 Raymond McBain, Des Moines West 21-09.50
11 Raymond McBain, Des Moines West 21-03
12 Lawrence Dutton, Anamosa 21-01
13 Lawrence Dutton, Anamosa 21-02
14 Leo Nugent, Anamosa 20-00.50
15 Will Paige, Fort Dodge 20-09.25
16 (Tie) Robert Howard, Des Moines West &
Paul Gates, Sioux City 20-11
17 Paul Gates, Sioux City 20-03
18 Cecil Brewton, Mason City 20-00.50
19 Eric Wilson, Iowa City 20-09
20 Gerald Hass, Sioux City 19-07
21 Morgan Taylor, Sioux City Central 20-06.50
22 John Everingham, Fort Madison 20-10
23 John Everingham, Fort Madison 21-10
24 Harold Morris, Colfax 22-04.25
25 Joe Lillard, Mason City 20-08.50
26 Vane Snorf, Des Moines, Roosevelt 20-03.25
27 Frank Baker, Cedar Rapids, Washington 21-07.75
28 Bob Chase, Des Moines, Roosevelt 21-05.50
29 Harold England, Creston 21-10.50
30 Floy Gates, Des Moines, North 21-10.50
31 Richard Warren, Eldora Training School 23-03
32 Skeets Haltom, Creston 22-03 1/8
33 Jack Parker, Lamoni 22-07.50
34 Herbert Eaton, Sidney 21-05.50
35 Jack Phillips, Webster City 21-05.75
36 John Davenport, Cedar Rapids, McKinley 21-10
37 Jack Wilson, Davenport 21-01.25
38 Billy Green, Newton 22-09.50
39 Wilbur Workman, Grinnell 22-05
40 Wilbur Workman, Grinnell 21-01.50
41 Bill Draper, Co. Bluffs, Thomas Jefferson ... 21-04 3/8
42 John Thompson, Muscatine 22-05.25
43 Dick Muhl, Fort Dodge 21-05.25
44 Gordon Kastler, Des Moines, Lincoln 21-10
45 James Burlingame, Clinton 20-03.50
46 Al Ballard, Ames 22-00 7/8
47 Don Green, Ames 21-11
48 A-Carl Midcalf, Cedar Rapids, McKinley 20-05.25
B-Dick Hoel, Lake Mills 19-10
49 A-Tom Shupe, Clarion 21-09
B-Jim Kent, Mount Vernon 19-00.50
50 A-Tom Shupe, Clarion 21-06 1/8
B-Jim Kent, Mount Vernon 21-00.25
51 A-Reggie Atkins, Des Moines, East 21-05
B-Gary Beckley, Grundy Center 20-10
52 A-Phil Leahy, Clinton 21-04
B-Don White, Lamoni 21-03
53 AA-Norval Lee, Cedar Rapids, Roosevelt 21-00
A-Tom Ecker, Waverly 21-08.75

B-Bill Warner, Woodbine 20-06.25
C-Bob Mister, Iowa School for Deaf 21-08.75
54 AA-Bob Warren, Centerville 21-07.25
A-Ross Pilkington, Red Oak 21-01.50
B-John Whitehead, Greene 20-11.25
C-Terry Stevens, Fayette 20-07 1/8
55 AA-Ted Harvey, Des Moines, East 22-10 1/8
A-Bob Brandt, Denison 21-03 1/8
B-Earl VanSteenhuyse, Wellsburg 20-08.50
C-Ralph Aasheim, Bode 20-00.50
56 AA-Ron Altenberg, Marion 21-04 5/8
A-Bob Brandt, Denison 21-01.50
B-Kenneth Singer, Sac City 19-04.50
C-Bill Edgar, Grand Junction 19-10 3/8
57 AA-Bob Sojka, Cedar Rapids, Wilson 21-05
A-Chuck Runge, DeWitt 22-00.50
B-Danny Mairet, Keosauqua 19-10.75
C-Larry Wink, Moville 19-02 5/8
58 AA-Gary Cleghorn, Spencer 21-10.75
A-Jim VanWerden, Winterset 20-05.50
B-Duane Petz, Williamsburg 21-05 5/8
C-Jerry Barrick, Blairsburg 19-06.75
59 AA-Gayle Hopkins, Davenport, Central 21-07.50
A-Doug Cumming, Eagle Grove 19-05.75
B-Lonnie Rogers, English Valleys 21-03.25
C-Dick Umsted, Harcourt 20-08.75
60 AA-Jim Piper, Ames 22-10.50
A-Doug Cumming, Eagle Grove 21-02.50
B-Lonnie Rogers, English Valleys 22-01.25
C-Dennis DeWitt, Elliott 20-05
61 AA-Lloyd Mathews, Sioux City, Central 22-08.50
A-Lyle Wilke, Central Lyon, Rock Rapids.... 21-05.50
B-Dennis Sims, Anita 20-06.25
C-Lloyd VanZee, Prairie City 19-04.75
62 AA-Harry Alley, Winterset 22-09
A-John Wagner, Perry 21-11.25
B-Jack Cooper, Carlisle 20-04
C-Lloyd VanZee, Prairie City 21-02
63 AA-Tom Landsberg, Ames 22-00.25
A-John Wagner, Perry 22-04.75
B-Dennis Sims, Anita 21-07
C-Charles Malm, Pocahontas Catholic 21-04.50
64 AA-Tom Landsberg, Ames 23-03.75
A-Ken Brauman, Eagle Grove 22-01.50
B-John Lounsbury, NUH, Cedar Falls 20-08.75
C-Charles Malm, Pocahontas Catholic 21-02
65 AA-Skip Gooch, Mason City 22-01
A-Ken Brauman, Eagle Grove 21-10
B-Craig Lewis, Emmetsburg 22-05.25
C-Steve Chambers, Treynor 21-04
66 AA-Gregg Kohrs, CB, Thomas Jefferson 22-07.25
A-Lenny Dunham, West Marshall 22-02.50
B-Rodney Nelson, Aurelia 22-09
C-Bob Vermett, NE Hamilton 22-00
67 AA-Gregg Kohrs, CB, Thomas Jefferson 22-05.75

	A-Lenny Dunham, West Marshall.....	22-08		3A-Rich White, Creston	21-06.50
	B-Mike Junck, Woodbury Central.....	22-09.25		2A-Mark Zuber, Iowa Valley, Marengo.....	22-00.75
	C-Rex Bristow, LuVerne	21-01		1A-Dave Hawkins, Bennett.....	21-07.75
68	AA-Landy Waller, CR, Washington	22-11.50	83	4A-Chris Walker, Davenport, Central	24-01
	A-Jim Simpson, Marion	22-00.75		3A-Rod Suazo, North Fayette, West Union.	21-05.75
	B-Mike Maxted, West Harrison.....	21-05.25		2A-Tork Hook, Wayne, Corydon	22-02.25
	C-Neil Mandsager, Goldfield	22-00		1A-John McCombs, Sx Rapids-Rembrandt	21-11.75
69	AA- Walter Ewing, Davenport, Central.....	22-03.25	84	4A-Chris Walker, Davenport, Central	24-00.50
	A-Ted Leverenz, Ankeny.....	22-05.25		3A-Greg Rogers, Center Point	22-00.50
	B-Mike Everett, Carroll	20-05.75		2A-Matt Zuber, Iowa Valley, Marengo.....	21-10
	C-Don Bristow, LuVerne	20-10.25		1A-Phil Forbes, Lone Tree	20-08.25
70	AA-Mark Chardoulias, Fort Dodge	22-04.75	85	4A-Mike Anderson, Waterloo, East	22-06.75
	A-Dennis Thorson, Humboldt	22-02.50		3A-Sam Gout, Estherville	22-04
	B-Garry Hutchinson, West Harrison	21-00.25		2A-Matt Zuber, Iowa Valley	24-03
	C-Mark Swalley, Sanborn	21-03		1A-Phil Forbes, Lone Tree	21-05.75
71	AA-Ken Jackson, Waterloo, East	22-10.50	86	4A-Lyle Taylor, Indianola.....	22-02
	A-Randy Van Voorst, Western Christian	20-01.75		3A- Willie Barney, Mount Pleasant.....	22-09.75
	B-Mike Wehner, Schleswig	21-07.25		2A-Jeff Gavin, Regina, Iowa City	22-04
	C-Tom Schroeder, Preston.....	21-09.50		1A-Lant Doran, Paton-Churdan.....	21-08
72	AA-Ken Jackson, Waterloo, East	22-04	87	4A-Marvin Sims, Iowa City, West	22-08
	A-Steve Little, Jefferson	21-03		3A-Paul Blazek, Turkey Valley	22-00.75
	B-Craig Buhrow, Milford	21-01		2A-Lynn Van Beek, Sioux Center.....	21-10.25
	C-Dale Greimann, Sheffield-Chapin	21-03.50		1A-Steve Dinkla, Cumberland & Massena	21-00
73	AA-Dennis Green, Davenport, Central.....	23-04	88	4A-Darren Smith, North Scott.....	23-04.50
	A-Tom Meade, Williamsburg	21-01.75		3A-Mike Otting, Cascade.....	22-08.50
	B-Jim Marker, Northwood-Kensett	21-04.50		2A-Brian Tucker, Corning	22-06.25
	C-Brent Hoegh, Elk Horn-Kimballton.....	21-03.25		1A-Eric Pingel, Sutherland	22-00.25
74	AA-Jay Dana, Waverly-Shell Rock.....	22-06.25	89	4A-LaVance Banks, Bettendorf	22-11.50
	A-Doug Rempp, West Marshall.....	21-11		3A-Cole Honeck, Hampton-Dumont.....	22-00.75
	B-Randy Murray, Columbus Jct.	22-01.25		2A-Brian Tucker, Corning	23-01
	C-Greg Capell, Fayette.....	22-06.50		1A-Richard Harris, GMG, Garwin	21-08
75	AA-Dennis Green, Davenport, Central.....	23-04.50	90	4A-Todd Madsen, Webster City	23-08
	A-Jeff Wettach, Mount Pleasant.....	21-09.50		3A-Jamie Leonard, Dallas Center-Grimes	21-11
	B-Randy Murray, Columbus Jct.	22-06		2A-Jason Zoske, Hubbard.....	22-02
	C-Greg Van Pelt, Panora-Linden.....	21-04		1A-Chad Morton, CAL-Dows	21-07.50
76	AA-Tim Wiseman, Davenport, Central	23-01	91	4A-John Barnett, Ames	22-06.75
	A-Gary Crawford, Washington	22-08.75		3A-Scott VanWyngarden, Knoxville	22-06
	B-Leroy McCuen, Corning.....	21-01		2A-Rick Aalfs, BCL, Conrad	21-10.75
	C-Greg Van Pelt, Panora-Linden.....	20-08.50		1A-David Elser, South Clay, Gillett Grove ...	21-07.50
77	AA-Dave Minnick, Ames	22-10.25	92	4A-Tim Dwight, Iowa City, City	23-03.25
	A-John Dietrich, Emmetsburg	22-01.50		3A-Shawn Young, Saydel.....	22-08
	B-Leroy McCuen, Corning.....	22-04.50		2A-Deon Wingert, Bishop Garrigan	21-10.50
	C-Kent Krug, West Bend	21-07.25		1A-Mark Hall, Whiting	21-09
78	AA- Wayne Denton, Waterloo, West.....	23-02.50	93	4A-Tim Dwight, Iowa City, City	23-05.50
	A-Dave Showalter, Mid-Prairie	22-01.50		3A-Andrew Paulsen, Waverly-Shell Rock	21-08
	B-Dave Burris, NUH, Cedar Falls.....	21-11		2A-Jeff Buss, Denver.....	21-09.75
	C-Kurt Harle, Kanawha.....	22-00.75		1A-Matt Hall, Hinton	21-09
79	AA- Wade Harrington, Davenport Central....	23-06.25	94	4A-Tim Dwight, Iowa City, City	23-11
	A-Chuck Meyer, North Fayette	22-00		3A-Andrew Paulsen, Waverly-Shell Rock ...	22-08.50
	B-Dan Bloomquist, Cardinal	21-05.25		2A-Curt Accola, Ballard, Huxley	22-04
	C-Kurt Harle, Kanawha.....	21-11.25		1A-Matt Hall, Hinton	21-09.50
80	AA-Claude Perkins, Waterloo, Central.....	22-11.75	95	4A-Mark Norman, Waterloo, East	22-02
	A-Chuck Meyer, North Fayette	22-05.50		3A-Bryan Gilbreath, Waverly-Shell Rock.....	20-10
	B-Dave Groen, Sioux Center.....	21-05.50		2A-Curt Accola, Ballard, Huxley	21-8
	C-Geoff Rupe, Maxwell.....	22-04.50		1A-Kevin Wise, South Page, College Spr. ...	22-00.50
81	AA-Ron Foreman, Des Moines, East	22-11	96	4A-Jess Holland, Iowa City, City	23-01.50
	A-Eric Evans, Iowa Falls	21-07.75		3A-Troy Shulte, Bishop Heelan	21-05
	B-Brian Tietjens, North Central	22-08.75		2A-Josh Gondek, Mount Vernon	20-07.50
	C-Dave Hawkins, Bennett	22-00		1A-Kevin Wise, South Page, College Spr. ...	21-03.25
82	4A-Chris Walker, Davenport, Central	22-06.50	97	4A-Terry Reiners, Fort Dodge	22-06.50

	3A-Bryan Gilbreath, Waverly-Shell Rock.....	23-04
	2A-Josh Gondek, Mount Vernon	22-06
	1A-Tim Dodge, Rockwell-Swaledale	23-01
98	4A-Adam Benge, Ankeny	22-01
	3A-Brad Witthoft, Washington	22-06
	2A-Darin Naatjes, West Lyon, Inwood	22-01
	1A-Chris McCullough, Pleasantville	22-02.25
99	4A-Kolby Jones, Dowling Catholic, WDM	23-00.50
	3A-Ben Hall, Harlan	22-10.25
	2A-Josh Hanson, North Fayette	21-09.25
	1A-David Rhodes, Iowa Mennonite	22-00.25
00	4A-Hakim Hill, Iowa City, City	22-06
	3A-Adam Haluska, Carroll	21-07.75
	2A-Matt Ditch, Center Point-Urbana.....	21-09.25
	1A-Lee Roden, West Harrison	21-00.50
01	4A-Hakim Hill, Iowa City, City	22-11.50
	3A-Adam Haluska, Carroll	22-01
	2A-Bret VanWyk, Pella Christian.....	22-02.75
	1A-Nick Bender, Madrid	21-02.75
02	4A-Rumel Monk, Des Moines Lincoln	22-07.25
	3A-Adam Haluska, Carroll	22-05.25
	2A-Cody Eichmeier, AGWSR, Ackley	22-11.50
	1A-Nick Bender, Madrid	22-02.50
03	4A-Jordan Crosby, Fort Dodge	22-06.25
	3A-Paul Aanonson, Ballard, Huxley	21-10
	2A-Devan Moylan, Panorama	21-09.50
	1A-Jaron VanMaanen, Lynnville-Sully	22-07.75
04	4A-Ben Evans, Iowa City, City	22-09.50
	3A-Mike Keller, Storm Lake.....	21-09
	2A-Dustin Baum, Eldora-New Providence ...	22-08.50
	1A-Eric Parker, Northwood-Kensett	21-11
05	4A-Aaron Jarosh, Ankeny	22-07.50
	3A-Aaron Albus, LeMars	21-04
	2A-Tristan Evans, Starmont, Arlington	22-00
	1A-Eric Smith, West Harrison, Mondamin....	21-06.50
06	4A-Matt Kleven, Mason City	22-04
	3A-DaMarcus Taylor, Carlisle	22-03.25
	2A-Nick Pearson, South Hardin, Eldora	22-07.75
	1A-Steven George, Maharishi, Fairfield	22-10.75
07	4A-Matt Kleven, Mason City	22-08.25
	3A-Alex Spielman, Ballard.....	22-01.75
	2A-Lucas Bostrom, North Fayette	21-05.50
	1A-Josh Willert, West Hancock, Britt.....	21-04.75
08	4A-Derek Williams, Marshalltown.....	21-10.50
	3A-Trevor Galbreath, Keokuk.....	21-06.50
	2A-Nick Pulscher, Sheldon.....	21-07.50

	1A-Zach Bennington, Central Elkader	22-02.50
09	4A-Kenny Gilmore, Davenport, Central	22-02
	3A-Kyle Crossett, Knoxville	22-04.50
	2A-Sid Hanson, Dike-New Hartford.....	22-02.25
	1A-Mason Tompkins, Montezuma.....	22-03.75
10	4A-Kenny Gilmore, Davenport, Central.....	22-03.75
	3A-Riley McCarron, Wahlert, Dubuque	22-04.50
	2A-Justin Wohlert, Hartley-Melvin-Sanborn	22-02.75
	1A-Zach Steinhoff, Manson NW Webster ...	21-11.50
11	4A-Kenny Gilmore, Davenport, Central.....	23-01.75
	3A-Riley McCarron, Wahlert, Dubuque	22-05
	2A-Caleb Freund, Durant	21-08.75
	1A-Nick Efkkamp, Madrid.....	23-02.50
12	4A-Jerry Westerfield. Davenport, North	24-01
	3A-Grant May, Glenwood	22-00
	2A-Dalton Ferch, West Marshall.....	22-11.75
	1A-Josh Markert, Manson NW Webster	22-06.50
13	4A-Derek Jacobus, CR, Kennedy	22-10.25
	3A-Chandler Diercks, Clear Lake	22-06.25
	2A-Connor Hainer, Colfax-Mingo	22-10.50
	1A-Josh Markert, Manson NW Webster	22-04.50
14	4A-Curtis McCrary, Linn-Mar, Marion	23-01
	3A-Chandler Diercks, Clear Lake	23-04.25
	2A-Haris Takes, Cascade.....	21-04.75
	1A-Patrick Sheehey, Pleasantville	22-04.50
15	4A-DeAngelo Jackson, Dubuque, Senor....	22-08.25
	3A-Ty Cassult, West Delaware.....	21-11.50
	2A-Chandler Diercks, Clear Lake.....	23-03.25
	1A-Bryce Newcomb, GMG, Garwin.....	21-09.25
16	4A-DeAngelo Jackson, Dubuque, Sr.....	23-07
	3A-Chase Van Sant, Pella.....	22-00.50
	2A-Xavior Williams, W Burlington/N. Dame	23-08.25
	1A-Jovonte Squiers, Lone Tree	22-04.75
17	4A-Kevin Kurth, Davenport, Central	22-03.50
	3A-Blair Brooks, Marion.....	22-07.50
	2A-Miles Rupiper, Kuemper Catholic	21-11.25
	1A-Jovonte Squiers, Lone Tree	21-07.75
18	4A-Terrell Jordan, Jr., CR Kennedy	22-05
	3A-Ajay Reed, Gilbert.....	23-00
	2A-Miles Rupiper, Kuemper Catholic	22-01
	1A-Ryan Miller, North Linn	22-03.75
19	4A-Damon Jaeger, Epworth, Western Dub... .	22-7.75
	3A-Keyontre Clark, Bishop Heelan, S.C.....	21.7.25
	2A-Parker Kiewiet, Dike-New Hartford	22-10.75
	1A-Josef Smith, West Hancock	21-10
20	Season canceled due to COVID-19.	

SHOT PUT

06	Ray Murphy, Ida Grove	44-07
07	Merle Alderman, Marion	45-03
08	Donald Wagner, Des Moines West	40-07
09	C. Eugene Van Gent, Ottumwa	44-06
10	Rudolph Hoper, Hartley	44-10
11	Howard Aldrich, Sioux City	43-07.25
12	Kenneth C. Humble, Marion	42-05
13	Francis Heaney, Cedar Rapids	43-00
14	Elliott Purmort, Des Moines West.....	41-11

15	Frank Hargens, Davenport	45-07
16	Harold McKowan, West Des Moines	44-04
17	Everett Muir, Hampton	45-01
18	Everett Muir, Hampton	45-10
19	Curtis Morton, Des Moines North	43-11
20	Lloyd Hills, Blanchard	41-10
21	Herb Boettger, Grinnell	45-02.50
22	Paul Little, Des Moines East.....	45-10
23	Gordon Meeter, Hawarden	46-00.75

24	Ray Cherry, West Chester44-07 5/8
25	Lawrence Coomer, Dayton46-7
26	Charles Barge, Montezuma47-09.75
27	John Larson, Sergeant Bluff45-05
28	Wayne Massey, Renwick48-03 5/8
29	Edmund Cook, Keokuk47-03.50
30	John Smolar, Atlantic47-05 3/8
31	Bob Earl, Des Moines, North48-10 7/8
32	John Whinnery, Fort Dodge48-01.50
33	Floyd DeHeer, Oskaloosa46-11.50
34	Floyd DeHeer, Oskaloosa54-06
35	Allen Dillon, Des Moines, Roosevelt48-00
36	Allen Dillon, Des Moines, Roosevelt53-02.25
37	Noble Ferren, Centerville49-05
38	John Welchman, Davenport48-03
39	Ira Lund, Clinton50-01 1/8
40	Dick Bliss, Ames53-09
41	Dick Hoerner, Dubuque50-04 5/8
42	Bob Hendren, Clarinda49-07.50
43	Dave Williams, Ottumwa46-08 1/8
44	Dave Williams, Ottumwa48-08.50
45	Bob Nelson, Des Moines, North49-05.75
46	Bob Nelson, Des Moines, North49-10.50
47	Joe Paulsen, Davenport50-11
48	A-Jim Robertson, Ames50-08 3/8
	B-Marv Tuttle, Iowa School for Deaf, CB49-09.25
49	A-Jim Robertson, Ames54-05.75
	B-Marv Tuttle, Iowa School for Deaf, CB49-11 3/8
50	A-Bill Hood, Davenport50-09 1/8
	B-Ralph Yoder, Ollie47-06.50
51	A-Bill Hood, Davenport54-02
	B-Marlow Eckhoff, Rockwell City47-00.75
52	A-Jim Freeman, Iowa City, City52-02.25
	B-Don Kolsrud, DeWitt47-11.50
53	AA-Jim Dabner, Fairfield49-09
	A-Stan Whelchel, Perry49-02 5/8
	B-Francis Boetel, Hartley49-00.75
	C-Bill Ehrenfelt, Wellman42-11.50
54	AA-Jim Dabner, Fairfield51-00.75
	A-Charles Hackett, Bettendorf51-02 1/8
	B-Ken Collins, Eldora50-07.50
	C-Charles Quillin, New Sharon45-00 5/8
55	AA-Ed McDowell, Ames56-03
	A-Jim Donhowe, Hampton50-10.50
	B-Gary Belgarde, Adel49-03.75
	C-Jerry Dawley, New Sharon43-06
56	AA-Roger Carlson, Dubuque58-00.50
	A-Scott Wagler, Bloomfield53-10
	B-Alan Vieth, Oakland48-11.25
	C-Jerry Dawley, New Sharon49-07.50
57	AA-Bill Housel, Iowa City, City55-11.25
	A-Jack McDonald, Clear Lake50-02.75
	B-Allan Vieth, Oakland53-07 7/8
	C-Ron Walter, Farragut48-05
58	AA-Dick Pilgrim, Davenport56-08.75
	A-Mike Welch, Sac City54-06
	B-Bob Zaehringer, Clinton St. Mary's50-10 3/8
	C-Bill Reif, Kalona50-02.50
59	AA-Lee Carlson, Dubuque60-00.50
	A-Jim Spooner, Storm Lake52-04
	B-Dean Gerber, Holstein51-03.75
	C-Gary Bintz, Sutherland44-11.50
60	AA-Bob Berry, Burlington58-00
	A-Terry Carlson, Humboldt49-04
	B-Gregg Harrison, Eldora49-01
	C-Bruce Petrich, Sanborn46-10.25
61	AA-Wayne Thimmesch, Burlington55-09.75
	A-Larry Strickler, Sigourney50-11.75
	B-Joel Harris, Carroll48-07
	C-Andy Ness, Sioux Rapids47-10.50
62	AA-Jim Miller, Des Moines, North56-00.75
	A-Jim Bayse, Grundy Center49-07.50
	B-Joel Harris, Carroll50-05
	C-Andy Ness, Sioux Rapids48-02
63	AA-Tom Knutson, CR, Jefferson58-02.75
	A-Harold Sorenson, Bedford54-09.50
	B-Joel Harris, Carroll52-07.50
	C-Doug Winter, Ocheyedan49-03.75
64	AA-Terry Huff, Davenport, Central55-08
	A-Dennis McNulty, Belmond51-05.50
	B-Jim Norman, Adel54-10.25
	C-Ken Huelman, Schaller54-07
65	AA-Jon Meskimen, CR, Jefferson60-03.25
	A-Mike Mulvaney, Independence52-06.25
	B-Ken Hamman, Farragut51-03.50
	C-Ken Huelman, Schaller55-04.50
66	AA-Doug Lane, Cedar Rapids, Jefferson60-11
	A-James Rudd, Sac City54-11.75
	B-John Martin, NUH, Cedar Falls49-11
	C-Al Feuerbach, Preston57-07
67	AA-Doug Lane, CR, Jefferson64-05.75
	A-Dave Mockridge, Central Clinton, DeWitt55-05.25
	B-Darrell Jansonius, Ackley-Geneva52-00.75
	C-Veryl Olson, LDF, LeGrand53-09.75
68	AA-Doug Lane, CR, Jefferson65-11.50
	A-Fred Beaver, Sac City52-10.25
	B-Chuck Asher, Carlisle55-07
	C-Leon Walterman, Dike52-05
69	AA-Carl Hesse, Sioux City, East60-02
	A-Glenn Richardson, Urbandale55-03.75
	B-Dan Miller, Belle Plaine53-03.50
	C-Pat Bishop, Bondurant-Farrar49-01
70	AA-Bob Herman, CR, Jefferson56-11.25
	A-Randy Omvig, Eagle Grove55-07
	B-Larry Hutchinson, West Harrison55-03
	C-Darrel Satern, Twin Rivers, Bode51-09.75
71	AA-John Patrick, Oskaloosa55-03
	A-Dan Hutchcroft, Mediapolis55-11.25
	B-Brad Storm, Belle Plaine56-06
	C-George Williamson, Battle Creek52-11
72	AA-Brian Criswell, Grinnell58-02
	A-Brent Geringer, Mount Ayr55-01.75
	B-Dave Lanther, Midland, Wyoming55-00.50
	C-George Williamson, Battle Creek52-10
73	AA-Ken Stracener, Clinton55-02.75
	A-Brent Geringer, Mount Ayr55-08.50
	B-Steve Scanlon, Villisca51-02.50
	C-Darrell Schumacher, Battle Creek55-01
74	AA-Ken Stracener, Clinton56-07.25
	A-Brent Geringer, Mount Ayr60-04

	B-John Birmingham, Nashua	52-11.25		2A-Brian Moretz, Northwood-Kensett.....	53-07.75
	C-Bob Feuerbach, Preston	58-04.75		1A-Ruel Kirstein, Lincoln, Stanwood	54-02.75
75	AA-Andy Michelson, Clinton.....	58-03.50	90	4A-Jason Matthews, Burlington.....	55-01
	A-Chuck Locke, Davis County.....	55-04.50		3A-John Martin, Mount Vernon.....	58-08.50
	B-Jeff DeVilder, BGM, Brooklyn	55-06.75		2A-Rick Whipple, West Hancock.....	53-07
	C-Bob Feuerbach, Preston	60-10.25		1A-Greg Barnett, Clarksville	55-07.50
76	AA-Derrick Barker, Marshalltown	57-03	91	4A-William Woods, Davenport, North.....	57-00
	A-Chuck Locke, Davis County.....	60-08.75		3A-Jeremy Truog, Estherville	53-06
	B-Jeff DeVilder, BGM, Brooklyn	59-02.75		2A-Steve Huberty, Emmetsburg.....	51-01
	C-Kirby Gilson, Bayard	53-08.50		1A-Josh Hagedorn, Clay Central-Everly	56-07.25
77	AA-Jeff Hayek, Davenport, Central.....	58-00.25	92	4A-Jon LaFleur, Bishop Heelan	52-11.50
	A-Chuck Locke, Davis County.....	62-09.75		3A-Tim Wilson, Decorah.....	55-07.25
	B-Jeff DeVilder, BGM, Brooklyn	61-11.25		2A-Willy Stone, Pekin	51-10.50
	C-Jeff Tolly, Mormon Trail	52-02.25		1A-Josh Hagedorn, Clay Central-Everly	56-11.50
78	AA-Phil O'Neil, CB, Thomas Jefferson.....	58-07.50	93	4A-Jon LaFleur, Bishop Heelan	56-04.75
	A-Steve Settle, Nevada	61-00.75		3A-Steve English, Mount Pleasant.....	53-07.50
	B-Shamus McDonough, Corning.....	56-02.75		2A-Scott Schaley, Camanche.....	59-07.75
	C-Brad Neuberger, Boone Valley	53-08.25		1A-Aaron Ruschy, Lincoln Central	53-09
79	AA-Jeff Steger, Davenport, Central.....	57-04	94	4A-Chris Rooney, Bishop Heelan.....	52-05.75
	A-Paul Hufford, Mount Vernon	57-00.25		3A-Steve English, Mount Pleasant.....	60-08.25
	B-Arnie Doden, Buffalo Center-Rake	53-01		2A-Jamie Beyer, PCM, Monroe.....	55-01.50
	C-Bob Jenson, Lincoln Central, Gruver.....	54-08.50		1A-Paul Schroeder, Gehlen Catholic	54-02.50
80	AA-Paul Deniston, Davenport, Central.....	56-11.50	95	4A-Erik Rogers, Davenport, West.....	50-09.75
	A-Joe Beadle, Anamosa.....	58-01.50		3A-Jim Leemon, Waverly-Shell Rock.....	53-02.50
	B-Tim Buenz, Charter Oak-Ute	54-09.75		2A-Jamie Beyer, PCM, Monroe.....	58-05.50
	C-Tim Hadden, Primghar.....	51-06.25		1A-Matt Voge, Galva-Holstein	53-04.25
81	AA-Norm Balke, Iowa City, City	58-01	96	4A-Cory Bern, Spencer	53-09.50
	A-Jim Strand, Glenwood	55-04.50		3A-Jason Cheever, Bishop Heelan	52-11.50
	B-Mike Goad, Iowa Valley	58-10		2A-Zech Schiebout, Pella Christian.....	53-00.75
	C-Barry Cuvelier, New Hartford	57-00.50		1A-Jay Jensen, Galva-Holstein	51-06
82	4A-Dave Juehring, Davenport, West.....	61-05	97	4A-Curt Lessman, SC, East	53-04.75
	3A-Jim Strand, Glenwood	56-06		3A-Jason Cheever, Bishop Heelan	55-01
	2A-Dave Siler, Denver.....	53-10.25		2A-Joel Ellis, Emmetsburg	54-10.75
	1A-Barry Cuvelier, New Hartford	57-06.75		1A-Matt Mai, Gehlen Catholic, LeMars	56-07
83	4A-Mike Flagg, Cedar Falls.....	57-02.25	98	4A-Trent Clemen, Wahlert, Dubuque	59-05
	3A-Rick Davidson, Davis County	54-02		3A-Robert Hamre, Davis County	56-02.25
	2A-Calvin Vande Hoef, Sibley	54-01.75		2A-Ryan Winters, Iowa Falls	56-01.25
	1A-Paul Slater, Arnolds Park.....	50-00.50		1A-Matt Mai, Gehlen Catholic, LeMars	54-11.75
84	4A-Ben Norby, Dubuque, Senior.....	56-07.25	99	4A-Ben Deike, Marshalltown	57-01.75
	3A-Stuart Stahl, Williamsburg	53-08		3A-Dennis Anderson, Glenwood	58-09
	2A-Calvin VandeHoef, Sibley	55-02.50		2A-Robby Beyer, PCM, Monroe	59-11
	1A-Paul Slater, Arnolds Park.....	51-01.50		1A-Chris Mohr, Coon Rapids-Bayard	50-08.50
85	4A-Hirsch Oliver, Davenport, West	55-11	00	4A-Jake Bowers, Sioux City, North	53-11.75
	3A-Andy Norland, Clarinda.....	59-00.50		3A-Scott Romans, Glenwood	56-10.25
	2A-Scott Phelps, Kingsley-Pierson.....	52-03.75		2A-John Reilly, East Marshall, LeGrand	56-03.50
	1A-Chuck Waggoner, Sutherland.....	53-02.50		1A-Phil Barnett, Clarksville	51-07.50
86	4A-Todd Eagen, Oskaloosa	56-09	01	4A-Ben Cronin, Ames	56-05
	3A-Andy Nordland, Clarinda.....	58-08.25		3A-Steve Wagner, Harlan.....	58-04.25
	2A-Matt Coleman, Dallas Center-Grimes	51-05.25		2A-Justin Heins, North Fayette	53-04.50
	1A-Scott Phelps, Kingsley-Pierson	54-07.50		1A-Phil Barnett, Clarksville	53-03.75
87	4A-Chris Hatcher, CB, Thomas Jefferson	54-10	02	4A-John Cochran, Valley, WDM.....	56-02.75
	3A-Scott Davis, Glenwood	56-10.75		3A-Shane Maier, Storm Lake	55-10.75
	2A-Greg Greiner, Sigourney.....	51-09.25		2A-Mitch Fields, Tipton	53-00.75
	1A-Dondi Culbertson, Paton-Churdan	52-01.25		1A-Lucas Schossow, Galva-Holstein	54-05.50
88	4A-Cory Faber, Dowling Catholic, WDM	56-11.25	03	4A-Darryl Hunter, Dowling Catholic.....	58-09.50
	3A-Scott Davis, Glenwood	59-00.50		3A-Shane Maier, Storm Lake	59-03.75
	2A-Greg Greiner, Sigourney.....	53-10.50		2A-Taylor Strube, Emmetsburg	55-10.25
	1A-Neal Warren, Madrid.....	52-06.50		1A-Wade Fegenbush, Whiting.....	52-10.25
89	4A-Chad Monson, Southeast Polk	56-02.25	04	4A-Chase Madison, Newton.....	63-00
	3A-Jon Pelzer, Atlantic	55-01		3A-Jason Wagner, Grinnell	56-06

	2A-Jason Williams, Mount Vernon	54-08
	1A-Ben Menary, Montezuma.....	51-04.50
05	4A-Julian Vandervelde, Davenport Central ..	56-03.75
	3A-Sam Lambert, Webster City.....	59-09
	2A-Matt Banse, Starmont, Arlington.....	55-06.75
	1A-Austin Steichen, St. Mary's, Remsen	56-08.50
06	4A-Julian Vandervelde, Davenport Central..	58-11.50
	3A-Taylor Mansfield, Decorah.....	57-01.50
	2A-Matt Banse, Starmont, Arlington.....	60-03
	1A-Kyle Cheney, Guthrie Center.....	54-04
07	4A-Ryan Lamparek, Prairie, Cedar Rapids	59-06
	3A-Cody Hundertmark, Humboldt	56-07
	2A-Matt Banse, Starmont, Arlington.....	60-03.50
	1A-Zach Kotz, Lamoni.....	53-07
08	4A-Thomas Reynolds, Iowa City, West.....	57-00
	3A-Brandon Scherff, Denison-Schleswig	59-05.50
	2A-Ethan Tuftee, Assumption, Davenport....	56-11.50
	1A-Andrew Simons, West Lyon, Inwood	53-01.50
09	4A-Nic Toben, Ames	58-04
	3A-Drew Clark, Marion	64-07.75
	2A-Dan Samson, CMB, Baxter.....	56-05.50
	1A-Andrew Simons, West Lyon, Inwood	54-02
10	4A-Jeremy Jacobson, Bettendorf	60-00.75
	3A-Brandon Scherff, Denison-Schleswig	58-05.25
	2A-Kyle Farmer, Estherville Lincoln Central	55-00.25
	1A-Eric Simmons, Madrid.....	57-02.75
11	4A-Chris LaMar, Ames	53-03.25
	3A-Justin Baker, Bishop Heelan.....	59-04.75
	2A-Ben Stutt, Monticello	56-06.25
	1A-Eric Simmons, Madrid.....	58-11
12	4A-Chris LaMar, Ames	54-07.75
	3A-Connor Melbus, Solon	57-11.75
	2A-Avery Meyers, West Liberty	58-02.75
	1A-Grant Greenfield, Sibley-Ocheyedan....	52-07.50
13	3A-Emmet Wester, Mount Pleasant	58-01.25
	2A-Zach Samson, Collins-Maxwell-Baxter ..	53-00.75
	1A-Keegan Tittle, Lisbon	53-00.25
14	4A-Jacob Barents, Lewis Central	57-04
	3A-Dalton Ferguson, Solon	60-00.75
	2A-Zach Samson, Collins-Maxwell-Baxter ..	56-05.50
	1A-Keegan Tittle, Lisbon	56-03.50
15	4A-Tyler Johnson, Epworth, Western Dubqe ..	55-08
	3A-Nathan Winters, Knoxville	58-01.25
	2A-Ryan Moser, Clayton Ridge	56-03.50
	1A-Keegan Tittle, Lisbon	57-02
16	4A-Dalles Jacobus, Cedar Rapids, Kennedy ...	60-08
	3A-Tristan Wirfs, Mount Vernon	60-01.25
	2A-Nick Phelps, KP-WC	61-01.75
	1A-Mason Scheidegger, Newell-Fonda.....	55-02.50
17	4A-William Blaser, Epworth, Western Dubq	61-09.25
	3A-Tristan Wirfs, Mount Vernon	63-05.50
	2A-Jared Brinkman, Regina, Iowa City	63-04
	1A-Caleb Meinders. AGWSR, Ackley	55-03
18	4A-Landis Green, Iowa City, West	58-05
	3A-Dominick Etherington, Algona	61-00.75
	2A-Nick Phelps, KP-WC	67-02
	1A-Dawson Ellingson, Hudson	59-05.75
19	4A-Logan Jones, Lewis Central	60-02
	3A-Nick DeJong, Pella.....	57-11.5
	2A-Noah Fenske, New Hampton.....	60-0.25
	1A-Zach Verzani, Lawton-Bronson	54-3.25
20	Season canceled due to COVID-19.	

DISCUS (4 lbs. 7 oz. implement)

06	Ray Murphy, Ida Grove	110-10
07	Merle Alderman, Marion	121-07
08	Donald Wagner, Des Moines West	101-08.75
09	Ross Fife, Anamosa	108-05
10	C. Eugene Van Gent, Ottumwa	108-06
11	Howard Aldrich, Sioux City	102-11.75
12	Lawrence Dutton, Anamosa	121-01.50
13	Lawrence Dutton, Anamosa	124-08.50
14	Joe Van Ginkel, Des Moines North	107-10
15	Glen Greenwood, Webster City.....	115-0
16	Glen Greenwood, Webster City.....	113-06
17	Garwin Lewis, Wellman	108-11.50
18	Adamson, Correctionville.....	110-01.50
19	Bogs, Goldfield	113-10
20	James Hitch, Fort Madison	110-03
21	Glen Lytle, Nashua	119-03
22	Herb Boettger, Grinnell.....	115-11

23	Foster Rinefort, Grinnell	133-04.75
24	Raymond Reeves, Winfield	117-00
25	Fred Boettger, Grinnell	111-00
26	Charles Barg, Montezuma.....	122-06.50
27	Mike Wilkinson, Independence	113-05 5/8
28	Gerry Foster, Davenport.....	124-09
29	Dee Osborn, Perry	129-02
30	Dee Osborn, Perry	128-08.50
31	Bob Santee, Iowa Falls	124-06.25
32	John Welbes, Dubuque	136-09
33	Lawrence Costigan, Buffalo Center	133-09.25
34	Floyd DeHeer, Oskaloosa	125-00
35	Weldon Peter, Waterloo, East.....	128-01
36	Allen Dillon, Des Moines, Roosevelt	128-00
37	Ken Hagerty, Shenandoah	121-00 1/8
38	Harold Hughes, Ida Grove.....	123-11

DISCUS (3 lbs. 9 oz. implement)

39	Ralph Beardsley, Anamosa	136-08.75
40	George Gast, Osage.....	145-01.25
41	Jack Muckler, Grinnell	143-10.25
42	Bob Hendren, Clarinda	144-00
43	Dave Williams, Ottumwa	146-09.75
44	Dave Williams, Ottumwa	143-03.75

45	Stan De La Hunt, Ames	149-09.25
46	James McKinstry, Waterloo, East.....	139-07
47	Jay Mallas, Boone	152-08 5/8
48	A-Jim Robertson, Ames.....	156-07 5/8
	B-Victor Grothaus, Kingsley	141-02.50
49	A-Jim Robertson, Ames.....	160-05.75

	B-Jim Reinert, Earlham	137-02.50
50	A-Larry Welchel, Perry	145-04 4/5
	B-Ralph Yoder.....	154-06. 3/5
51	A-Larry Welchel, Perry	144-04.50
	B-Marlow Eckhoff, Rock Valley	139-11.50
52	A-Dick Walker, Waterloo, West	143-02
	B-Jim Willet, Manson.....	137-02.50
53	AA-Jim Young, Waterloo, West.....	140-03
	A-Doug Brotherton, Creston.....	137-07.50
	B-George McAndrews, Clinton, St. Marys.....	143-04
	C-Jim Litwiller, Wellman	125-01
54	AA-Jim Young, Waterloo, West.....	146-07
	A-Rich Bourne, Iowa Falls.....	134-09.50
	B-Ed Roberts, West Liberty	137-01.75
	C-Leon McNeil, New London.....	128-05
55	AA-Herb Marske, Clinton	147-01
	A-Bob Garrett, Waverly	141-06 3/8
	B-Russ Spear, Tama	144-10.50
	C-Norman Offenbacher, Coin	130-03
56	AA-Dave Henschen, Davenport	163-07 1/8
	A-Scott Wagler, Davis County, Bloomfield	153-05
	B-Dick Root, Akron	138-09 3/8
	C-Norman Offenbacher, Coin	145-09.50
57	AA-Weldon Ward, Fort Madison	155-00
	A-Jay Dockendorf, DeWitt	144-04.25
	B-Dick Root, Akron	134-04
	C-Carroll Widen, Harcourt	136-11
58	AA-Dick Pilgrim, Davenport.....	146-06.75
	A-David Turner, Sheldon.....	138-04.50
	B-Steve Wedgebury, Ogden	149-00
	C-Carroll Widen, Harcourt	140-01.50
59	AA-Lee Carlson, Dubuque	149-01
	A-Paul Elmegreen, DeWitt	141-01
	B-Larry Strickler, Sigourney	144-09
	C-Doug Peterson, West Chester	141-11
60	AA-Mike Reilly, Dubuque	159-01
	A-Dick Ashland, Clear Lake	151-04
	B-Larry Strickler, Sigourney	153-07
	C-Doug Peterson, West Chester	143-11.50
61	AA-Bill Rose, Clinton.....	158-11
	A-Larry Strickler, Sigourney	162-05
	B-Dave Korver, Maurice-Orange City.....	151-04
	C-Curt Pefferman, Olds	139-06.50
62	AA-Tom Knutson, CR, Jefferson.....	166-07.50
	A-Larry Leist, Rockwell City	145-06
	B-Dan Cipperly, Holstein	137-00
	C-Dick Cushman, Lakota.....	134-01
63	AA-Tom Knutson, CR, Jefferson.....	160-11
	A-Dave Moreland, Audubon	138-07.50
	B-John Sanden, Ogden.....	148-01
	C-Dean Galloway, Union-Whitten.....	141-05
64	AA-Larry Thoms, Waverly-Shell Rock.....	153-01.50
	A-Terry Reed, Iowa Falls.....	144-04.25
	B-Ed Pundt, Iowa Valley, Marengo	153-3
	C-Wade Winters, Bondurant-Farrar.....	140-11.50
65	AA-Larry Thoms, Waverly-Shell Rock.....	165-08.50
	A-Mike Mulvaney, Independence	150-11
	B-Gary Hansen, Linn-Mar	153-07.75
	C-Dean Troug, Mallard	144-10.75
66	AA-Ted Knutson, CR, Jefferson.....	163-08
	A-Terry Smutzer, Central, Argyle	162-08
	B-Steven Kramme, Calmar.....	143-08
	C-Al Feuerbach, Preston	149-07.50
67	AA-(Tie) Jerry Senters, West Delaware, & Doug Lane, Cedar Rapids, Jefferson	168-05
	A-Dennis Meyer, Iowa Falls.....	153-04
	B-Bob Bahr, Belle Plaine	140-02
	C-Steve Maguire, Treynor	140-02
68	AA-Doug Lane, Cedar Rapids, Jefferson.....	162-11
	A-Don Handorf, Clarinda	151-00
	B-Dan McClanahan, West Harrison	161-07
	C-Michael Nessa, Hubbard	153-01
69	AA-Don Presson, Bettendorf.....	157-11
	A-Ron Kennedy, Storm Lake.....	163-04
	B-Dave Bahr, Belle Plaine	149-04
	C-John Busbee, Winfield-Mt Union	151-09
70	AA-Phil Danowsky, CR, Washington	157-05
	A-Randy Omvig, Eagle Grove	164-05
	B-Larry Hutchinson, West Harrison	153-00
	C-Don Bergman, Rockwell-Swaledale	152-05
71	AA-Randy Lessman, Sioux City, East.....	170-08
	A-Ron Tanner, Eagle Grove	172-04
	B-David Lanpher, Midland, Wyoming	144-06
	C-John Smeltzer, Marcus-Meriden-Cleghorn .	144-08
72	AA-Randy Lessman, Sioux City, East.....	174-08
	A-Mark Smith, Independence	166-11
	B-Jay DeZeeuw, Boyden-Hull	151-11
	C-George Williamson, Battle Creek.....	146-07
73	AA-Jeff Holcomb, Bettendorf.....	160-08
	A-Brent Geringer, Mount Ayr	169-09
	B-Lyle Schwartz, Greenfield	149-05
	C-Darrell Schumacher, Battle Creek	153-03
74	AA-Dan Mills, Wahlert, Dubuque.....	161-08
	A-Jeff Donley, Independence	168-07
	B-Jim Nicoletto, Madrid	153-07
	C-Randy Koch, Charter Oak-Ute	156-00
75	AA-Mike Thorp, Mason City	171-07
	A-Pat Tuttle, Saydel.....	156-10
	B-Tom Briles, Corning	156-05
	C-Bob Feuerbach, Preston	163-11
76	AA-Tracy Nanke, Waterloo, West	170-04
	A-Chuck Locke, Davis County, Bloomfield....	165-00
	B-Jeff DeVilder, BGM, Brooklyn	166-09
	C-Jeff Tolly, Mormon Trail	150-04
77	AA-Scott Crowell, Mason City	168-07
	A-Chuck Locke, Davis County, Bloomfield....	178-03
	B-Jeff DeVilder, BGM, Brooklyn	168-04
	C-Jeff Tolly, Mormon Trail	156-05
78	AA-Scott Crowell, Mason City	182-07
	A-Steve Settle, Nevada	172-08
	B-Brett Hennessey, Dysart-Geneseo	155-09
	C-Arnie Doden, Buffalo Center-Rake	155-09
79	AA-Dave Lamar, Assumption, Davenport	165-00
	A-Jim Holmes, Glenwood	165-10
	B-Arnie Doden, Buffalo Center-Rake	166-09
	C-Bob Jenson, Lincoln Central, Gruver.....	160-09
80	AA-Glenn Klepsteen, Davenport, West.....	163-03
	A-Matt Haven, Independence.....	179-07
	B-Mike Goad, Iowa Valley, Marengo	156-00
	C-Tom Poppe, Plainfield.....	152-05

81	AA-Ross Brockshaus, Spencer	180-01
	A-Gary Ewald, Rockford	156-06
	B-Mike Goad, Iowa Valley, Marengo	170-08
	C-Don Schwabbauer, Iowa Mennonite	146-00
82	4A-Dave Juehring, Davenport, West	184-08
	3A-Wayne Schope, Atlantic	153-04
	2A-Arden Postma, Unity Christian, OC	155-01
	1A-Steve DeZeeuw, Boyden-Hull	158-08
83	4A-John Kruse, Clinton	157-06
	3A-Kelly Tagtow, Wapsie Valley	170-09
	2A-Scott Hage, Nora Springs-Rock Falls	156-04
	1A-Brad Alberts, Paullina	155-03
84	4A-Troy Crouse, Fort Dodge	159-07
	3A-Clark Hopp, Glenwood	163-00
	2A-Bruce Swain, Northwood-Kensett	161-02
	1A-Chuck Waggoner, Sutherland	155-04
85	4A-Troy Crouse, Fort Dodge	166-04
	3A-Doug Koopman, Storm Lake	164-01
	2A-Scott Phelps, Kingsley-Pierson	168-08
	1A-Chuck Waggoner, Sutherland	157-02
86	4A-Garry Howe, Spencer	165-11
	3A-Dan Larson, Cherokee	167-01
	2A-Matt Coleman, Dallas Center-Grimes	162-05
	1A-Scott Phelps, Kingsley-Pierson	185-04
87	4A-Shannon Neal, Davenport, Central	164-05
	3A-Scott Davis, Glenwood	167-01
	2A-Lance Kooiker, Sioux Center	152-03
	1A-Dondi Culbertson, Paton-Churdan	160-05
88	4A-Kevin Dodd, Mason City	167-09
	3A-Todd Kinney, Central Clinton, De Witt	162-06
	2A-Gary Popkes, Central Lyon, Rock Rapids	157-00
	1A-Brian Kahl, Manning	146-07
89	4A-Jason Joens, Prairie, Cedar Rapids	169-10
	3A-Jon Pelzer, Atlantic	174-04
	2A-Tom Schneckloth, Tri-Center	161-01
	1A-Tim Jensen, Olin	157-01
90	4A-Jason Maloy, Linn-Mar	162-06
	3A-John Martin, Mount Vernon	171-06
	2A-Allan Walz, Bondurant-Farrar	175-08
	1A-Doug Riese, Colo-Nesco	149-10
91	4A-Jason Maloy, Linn-Mar	165-11
	3A-Eric Emsick, Lewis Central	164-06
	2A-Allan Walz, Bondurant-Farrar	186-02
	1A-Josh Hagedorn, Clay Central-Everly	152-08
92	4A-Trevor Catron, Indianola	155-10
	3A-Bob Small, Davis County, Bloomfield	164-07
	2A-Brent Daufeldt, W Liberty	164-00
	1A-Craig Kirkpatrick, Madrid	171-01
93	4A-Chris Amos, Waterloo, East	157-00
	3A-Bob Small, Davis County, Bloomfield	167-02
	2A-Scott Schaley, Camanche	170-10
	1A-J.D. Radakovich, Earlham	156-06
94	4A-Matt Manuel, Cedar Rapids, Kennedy	162-07
	3A-Tim Holmgren, Estherville	155-07
	2A-Travis Senters, Iowa Falls	154-01
	1A-Kyle Corey, Griswold	148-01
95	4A-Erik Rogers, Davenport, West	150-01
	3A-Brad Travis, Spirit Lake	164-11
	2A-Travis Senters, Iowa Falls	158-00
	1A-Billy Nordyke, Winfield-Mt. Union	157-02
96	4A-Cory Bern, Spencer	168-11
	3A-Dave Jennings, Nevada	171-07
	2A-Zach Schiebout, Pella Christian	167-11
	1A-Mike Mai, Gehlen Catholic, Le Mars	146-07
97	4A-Adam Judge, Des Moines, Lincoln	163-08
	3A-Brad Travis, Spirit Lake	174-01
	2A-Dave Forbes, Columbus, Columbus Jct.	151-01
	1A-Andy Smith, Montezuma	156-00
98	4A-Adam Judge, Des Moines, Lincoln	173-06
	3A-Ben LaFleur, Bishop Heelan, Sioux City ...	165-07
	2A-Brad Daufeldt, West Liberty	159-06
	1A-Kyle Bergman, BCLUW, Conrad	149-11
99	4A-Joe Illingworth, Newton	164-00
	3A-Jason Kirschbaum, Spirit Lake Park	162-09
	2A-Brad Daufeldt, West Liberty	174-03
	1A-Jon Kadner, Eldora-New Providence	158-00
00	4A-Michael Miller, Ames	166-09
	3A-Jason Kirschbaum, Spirit Lake Park	150-02
	2A-Andy Banse, Starmont, Arlington	148-00
	1A-Gabe Koenigsfeld, Rockford	144-00
01	4A-Michael Miller, Ames	157-04
	3A-Chris Hopkins, Denison-Schleswig	157-00
	2A-Justin Heins, North Fayette, West Union ..	168-08
	1A-John Gallery, East Buchanan, Winthrop ...	154-06
02	4A-Seth Zehr, Fort Dodge	174-11
	3A-Tom Schmeling, Atlantic	171-06
	2A-Clint Huntrods, Collins-Maxwell-Baxter	169-09
	1A-Lucas Schossow, Galva-Holstein	155-04
03	4A-Brandon Franklin, Des Moines Hoover	180-01
	3A-Tom Schmeling, Atlantic	178-07
	2A-Jacob Spratt, Williamsburg	156-06
	1A-John Cool, St. Albert, Co. Bluffs	153-06
04	4A-Chase Madison, Newton	190-11
	3A-Jason Wagner, Grinnell	171-02
	2A-Jason Williams, Mount Vernon	152-08
	1A-Jason Fisher, Montezuma	157-06
05	4A-Ryan Nidey, Iowa City West	171-06
	3A-Josh Scanlon, Mount Vernon	157-00
	2A-Jesse Smith, North Fayette, West Union ..	162-04
	1A-Brian Fogelman, Manning	164-09
06	4A-Robbie Utterback, Waukee	168-01
	3A-Wallace Carter, Centerville	156-05
	2A-Kyle Haganman, Osage	163-11
	1A-David English, West Branch	161-09
07	4A-Nick Brayton, Iowa City West	192-06
	3A-Brad Kuxhausen, Glenwood	167-06
	2A-Matt Banse, Starmont-Arlington	173-11
	1A-Tyler Banzun, Central Elkader	156-01
08	4A-Thomas Reynolds, Iowa City West	191-10
	3A-Wallace Carter, Centerville	174-03
	2A-Cody Bahrke, Tri-Center, Neola	172-05
	1A-Dominic Alvis, Logan-Magnolia	169-03
09	4A-Anthony Bell, Dowling Catholic, WDM	170-07
	3A-Drew Clark, Marion	161-01
	2A-Dominic Alvis, Logan-Magnolia	167-02
	1A-Cade Lambson, Mount Ayr	168-01
10	4A-Dom Howard, Ames	186-10
	3A-Mike Smithburg, Fairfield	172-00
	2A-Henry Ricklefs, Logan-Magnolia	162-10
	1A-Cade Lambson, Mount Ayr	174-07

11	4A-Sam Joens, Prairie, Cedar Rapids	184-06
	3A-Justin Baker, Bishop Heelan.....	177-11
	2A-Avery Meyers, West Liberty.....	178-05
	1A-Tim Nemechek, Central, Elkader.....	171-03
12	4A-Jacob Hayes, Bettendorf	170-07
	3A-Tyler Hovey, Atlantic.....	187-09
	2A-Alex Goeller, Wapsie Valley	170-05
	1A-Grant Greenfield, Sibley-Ocheyedan.....	172-04
13	4A-Joseph Weiner, Dubuque Hempstead.....	182-03
	3A-Ethan Kenkel, Storm Lake	176-04
	2A-Devonte Merrill, Monticello	165-11
	1A-Andrew McCune, Woodward-Granger.....	160-04
14	4A-Jacob Barents, Lewis Central	168-02
	3A-Seth Snitker, Waukon	175-06
	2A-Isaac Holtz, Monticello	172-06
	1A-Jake Goeller, Wapsie Valley	168-02
15	4A-Erik Nelson, Waukee	173-00
	3A-Nathan Winters, Knoxville.....	173-05
	2A-Tristan Wirfs. Mount Vernon	167-03
	1A-Tom Yezek, Northwood-Kensett.....	172-04
16	4A-Jackson Coker, Cedar Rapids, Kennedy.	180-06
	3A-Tristan Wirfs, Mount Vernon	185-09
	2A-Nick Phelps, WC-KP	176-02
	1A-Tom Yezek, Northwood-Kensett.....	197-05
17	4A-Jackson Coker, Cedar Rapids, Kennedy..	175-05
	3A-Tristan Wirfs, Mount Vernon	190-10
	2A-Nick Phelps, KP-WC	183-06
	1A-Nathan Karsjens, AGWSR, Ackley	169-11
18	4A-Jonathan Gannon, Iowa City, West	178-06
	3A-Harrison Goebel, West Delaware	169-09
	2A-Nick Phelps, KP-WC	185-09
	1A-Dawson Ellingson, Hudson	179-02
19	4A-Logan Jones, Lewis Central	185-10
	3A-Matt Vislisel, Mount Vernon	174-01
	2A-Noah Fenske, New Hampton.....	152-11
	1A-Layne Pryor, Woodbine	155-03
20	Season canceled due to COVID-19.	

DISCONTINUED STATE MEET FIELD EVENT CHAMPIONS

HAMMER THROW – 12 lbs. (1906-1910)

06	Locke Macomber, Des Moines West.....	140-03
07	Merle Alderman, Marion	152-00
08	Glenn Simons, Des Moines North	143-08

JAVELIN (1927-1941)

27	Walter Miller, Marshalltown	171-08.75
28	Elmo "Swede" Nelson, Clearfield.....	181-07.25
29	Gordon Baird, Greenfield.....	166-10.25
30	Ralph Martin, Traer	164-03
31	Dale Keisey, Washington	171-06.50
32	Milton Sumner, Hawarden	172-01.75
33	Ralph Bennett, Burlington	161-03.50
34	Lamar Strah, Fort Madison.....	170-07.50

POLE VAULT (1906-1989)

06	Charles Freeney, Ida Grove	10-02
07	Charles Freeney, Ida Grove	10-00
08	George Trostle, Des Moines West	10-02.50
09	Ross Fife, Anamosa	10-06
10	(Tie) Robert Thom, Correctionville; Dow Byers, DM East; Arthur Harper, DM West	10-02
11	(Tie) Edwin Shrader, Iowa City; Watson Metcalfe, DM, East.....	10-02
12	Raymond Jones, Ames	10-01.50
13	Lawrence Dutton, Anamosa	9-11
14	Arthur Beisell, Goldfield	10-06
15	Arthur Beisell, Goldfield	10-11
16	Kenneth Kobl, Des Moines West.....	10-01
17	Percy Osborn, Iowa City.....	10-08
18	Tracy, University High, Iowa City.....	10-05
19	Darwin Collins, Des Moines North.....	9-11
20	Lawrence Brown, Des Moines West.....	10-02
21	Xavier Boyles, Iowa City, City.....	10-11 1/8

09	George Weis, Marion.....	164-05
10	Rudolf Hoper, Hartley.....	144-06

35	Gail Davis, Perry	180-10.25
36	Raymond Murphy, Ida Grove	177-00.25
37	Bruce Erickson, Traer.....	169-03
38	Bruce Erickson, Traer.....	185-02.75
39	Bruce Erickson, Traer.....	195-08.25
40	Dick Hoerner, Dubuque.....	182-08.50
41	Paul Fagerlind, Waterloo East	184-11.50

22	(Tie) Herbert Owens, Waterloo West & Leslie Renquist, Gowrie	11-02.75
23	(Tie) Maurice Soultis, Clarion & Ray Dalbey, Des Moines West	10-11
24	Dick Zvacek, Cedar Rapids Grant.....	11-05.50
25	Gordon Clifton, CB, Abraham Lincoln	12-00.50
26	Gordon Clifton, CB, Abraham Lincoln	12-02.75
27	Sidney Stetzel, Waterloo West.....	11-06
28	(Tie) Sidney Stetzel, Waterloo West & Ray Null, Sioux City East	12-00.75
29	Howard O'Dell, Sioux City East.....	11-11.50
30	Ralph Martin, Traer	12-03
31	Ralph Martin, Traer	12-05.50
32	(Tie) Don Emery, Des Moines North & Wayne Lyon, Des Moines Roosevelt	11-09
33	Ray Schiebel, Davenport.....	12-00
34	Ray Schiebel, Davenport.....	11-10
35	(Tie) Londus Swart, Carroll; Bob Byers,	

	Sioux City Central; Allen Towle, Hampton	11-09
36	Max O'Neill, Waterloo West.....	11-07.50
37	Laverne Griffin, Davenport	11-10
38	(Tie) Clarence Beck, Denison; Lester Bader, Grinnell; John Kindig, Kingsley.....	11-08
39	Clarence Beck, Denison	12-06
40	Everett Wood, Ida Grove	11-06
41	(Tie) Junior Barnes, Ames; John McGrath, Hampton	11-10
42	Jack Bruntmeyer, Burlington	11-11.25
43	Dan Sheehan, CB, Abraham Lincoln.....	12-01.25
44	John Wilson, Iowa City	11-03
45	John Wilson, Iowa City	11-09
46	Clair Jennett, Sac City	12-03
47	Dick Greene, Newton.....	11-09
48	A-Jim Lindquist, Davenport	12-00
	B-(Tie) Jack Jennett, Sac City & Merritt Ewalt, Iowa City, University High	11-00
49	A-(Tie) John Wilkins, Ames; Anson Bell, Cedar Rapids Roosevelt; Jerry Neisslie, Clinton	11-09
	B-Harry Hamilton, Blanchard.....	10-051/8
50	A-Jerry Neisslie, Clinton	11-09
	B-(Tie) Jim Bohnsack, Tama; Lewis Butts, Sidney; Milt Madden, Kingsley	10-00
51	A-Ed DePooter, Davenport.....	12-00.75
	B-John Burken, Clinton St. Mary's	11-00.50
52	A-(Tie) Nick Piper, Ames & Hal Mullison, Shenandoah.....	12-06.25
	B-Gardner VanDyke, Iowa City, University ..	11-05.75
53	AA-Les Chapman, Davenport	11-09 5/8
	A-Jerry Fellingder, Bloomfield	11-09 5/8
	B-Gardner Van Dyke, Iowa City, University ..	12-01.75
	C-Bob Toomire, Hedrick	10-06.75
54	AA-Ron Sturch, Waterloo West.....	12-00
	A-Pat Kilbane, Shenandoah	11-07
	B-Dave Dillon, NUH, Cedar Falls	12-03 7/8
	C-(Tie) Charles Davis, Farragut; Warren Ellsworth, College Springs; & Dick Davison, New London	10-06
55	AA-(Tie) Jack Stevens, Ames; Bob Brazleton, Newton; Jim Cahill, Bishop Heelan, Sioux City; & Jerry Fenn, Davenport	11-00.50
	A-(Tie) Ralph Taylor, Clarinda & Lee Sill, Cresco.....	11-00.50
	B-Dave Dillon, NUH, Cedar Falls	12-04.50
	C-(Tie) Warren Ellsworth, College Springs; & Bob Sweeney, Carlisle	11-04
56	AA-Jim Weeks, Ottumwa	12-04.25
	A-Ralph Taylor, Clarinda	12-04.50
	B-Howard Johnson, Pocahontas	11-08.50
	C-Hugh Ferguson, Tingley	11-00
57	AA-Jack Stevens, Ames	12-03.75
	A-Tom Rogers, Maquoketa	11-09.25
	B-Dennis Brechwald, Alta.....	10-08
	C-(Tie) John Barbour, Tabor; & Hugh Ferguson, Tingley	11-08.75
58	AA-Don Stark, Centerville	12-07.25
	A-Mick Baller, Jefferson	12-05
	B-John Barbour, Tabor.....	11-07
	C-(Tie) Gene Bintz, Sutherland; & John Shelton, Modale.....	11-08
59	AA-(Tie) Bob Neissle, Clinton & Roy Shoecraft, Sioux City East	12-06.75
	A-Rich Meyer, Clarion	12-01
	B-(Tie) Duane Handy, Hedrick & Larry Oiler, Lamoni.....	11-06
	C-Howard Seuferer, Lacona.....	11-03
60	AA-George Smith, Davenport	12-04.75
	A-(Tie) Jim Whitlach, Indianola; & Gary Meyer, Clarion.....	11-03.50
	B-(tie) Bill Taylor, Sheffield; & Dave Wenck, Carroll	11-06
	C-Jim Booker, Farragut.....	12-00
61	AA-(Tie) Chuck Alsop, Oskaloosa & Bernie Masterson, Davenport West	12-04.75
	A-Dave Inman, Storm Lake	12-05.50
	B-(Tie) Dave Wenck, Carroll & Bill Taylor, Sheffield.....	11-08
	C-(Tie) Rex Burgus, Murray & Lew Boehne, Ventura.....	11-00
62	AA-(Tie) Chuck Alsop, Oskaloosa & Bus Wengler, Des Moines Roosevelt	12-05
	A-(Tie) Jim Baller, Jefferson & Bob Triplett, Clear Lake.....	12-00
	B-Jim Taylor, So. Page, College Springs....	11-09.25
	C-Roger Anderson, Treynor	11-06.50
63	AA-Lee Sargent, Ames	13-00
	A-Jim Baller, Jefferson	13-04
	B-Jim Taylor, South Page, College Springs....	13-00
	C-Rex Harvey, Dexfield, Redfield	11-06
64	AA-Lee Sargent, Ames	13-01.75
	A-Ray Emerson, Eagle Grove.....	12-06
	B-Denny Webber, Carroll	12-02.25
	C-Rex Harvey, Dexfield, Redfield	12-02
65	AA-Don Utsinger, Davenport West.....	13-00
	A-Terry Cory, Ankeny.....	12-06
	B-Phil Wertman, Villisca.....	13-02
	C-Dave Birch, Meriden-Cleghorn	12-04.25
66	AA-Clyde Hovick, Boone.....	13-06.75
	A-Terry Cory, Ankeny	13-00
	B-Phil Wertman, Villisca.....	14-01.25
	C-Steve Leonhardt, Emmetsburg Catholic.....	12-03
67	AA-Ron Pardekooper, Des Moines Lincoln	13-06
	A-Duane Sullivan, Shenandoah	13-08
	B-Phil Wertman, Villisca.....	13-09
	C-Doug Logue, Twin Rivers, Bode	11-09
68	AA-John Tefer, Cedar Rapids Washington.....	13-04
	A-Ray Davis, Urbandale.....	13-00
	B-Lynn Oveson, Wilton, Wilton Jct.....	12-06
	C-Kent Klinkefus, Panora-Linden	12-05
69	AA-Brian Myers, Marshalltown	14-04
	A-Dave Pierce, Cherokee Washington	13-04
	B-Ken Eggers, BCL, Conrad	10-10.50
	C-Dave Ramsey, Lincoln Central	11-06
70	AA-Craig Nelson, Sioux City East.....	13-07
	A-Terry Brannen, Shenandoah	13-03

	B-Bob Plagge, NUH, Cedar Falls	13-00.25
	C-Mike Scott, Dexfield, Redfield.....	12-03
71	AA-Ray Kidd, Waterloo East	13-11
	A-Daryl Hoogeveen, West Lyon	13-00
	B-Bob Plagge, NUH, Cedar Falls	12-06
	C-Mike Scott, Dexfield, Redfield.....	12-06
72	AA-Kent Anderson, Ames	14-06.25
	A-Daryl Hoogeveen, West Lyon, Inwood	13-06
	B-John Cretzmeyer, Iowa City, City	13-06
	C-Scott Duecker, Anthon-Oto	12-09.50
73	AA-Jeff Himes, Marshalltown	14-00.25
	A-Dave Hahn, Anamosa.....	13-06
	B-John Welch, Northwood-Kensett	13-00
	C-Brian Doty, Sidney	12-06
74	AA-Ted Burgmeier, Wahlert Catholic.....	15-00
	A-Gary Proctor, Davis County, Bloomfield	13-00
	B-Jim Hearn, Mount Vernon	12-02
	C-Randy Martin, Rolfe	12-00
75	AA-Rick Patterson, Keokuk.....	14-00
	A-Curt Broek, Sioux Center.....	14-06
	B-Frank Orth, Northwood-Kensett.....	12-06
	C-Brian Doty, Sidney	12-11
76	AA-Ron Bultje, Sioux City North.....	14-06
	A-Tom Pratt, Cherokee Washington	15-00.50
	B-Don Knop, Ida Grove	13-00
	C-Darrell Crawford, Lamoni.....	13-11.50
77	AA-Tim Jamerson, Columbus Catholic	14-06
	A-Dirk Downing, Anamosa	13-06
	B-Mark Tilson, Northwood-Kensett	13-03
	C-Darrell Crawford, Lamoni	13-06
78	AA-Owen Buckley, Sioux City North	15-00.50
	A-Dave Monahan, Humboldt	14-00
	B-Jim Hentges, Gehlen Catholic Le Mars	12-06
	C-Darrell Crawford, Lamoni	13-06
79	AA-Larry Hadley, Waterloo East	14-06
	A-Dave Monahan, Humboldt	14-00
	B-Al Baker, Pekin, Packwood.....	13-09
	C-Dennis Myleyneck, Y-J-B, Bagley	13-06

80	AA-Tim Mooney, Assumption, Davenport.....	14-00
	A-Kelly Scott, North Fayette, West Union	13-00
	B-Russ Adams, Pocahontas	13-06
	C-Mike Hodges, Farragut.....	13-00
81	AA-Bill Beavers, Ames	14-06
	A-Mark Rosine, South Tama County	13-00
	B-Dwayne Blakely, Pekin, Packwood	13-00
	C-Bob Mundell, Hubbard.....	12-06
82	4A-Preston Schmidt, Bettendorf	15-00
	3A-Richard Stormer, Forest City	13-06
	2A-Joe McMullen, Corning.....	13-06
	1A-Matt Haynes, Lenox.....	13-06
83	4A-Preston Schmidt, Bettendorf	15-06
	3A-Jeff Bruch, Sumner.....	13-00
	2A-Dean Keiswetter, Manson	13-00
	1A-Eric Blumhagen, Allison-Bristow	13-00
84	4A-Paul Wagler, Burlington	14-00
	3A-Kevin Goff, Camanche	14-00
	2A-Doug Atwood, Pekin, Packwood	14-02
	1A-Kip Janvrin, Panora-Linden	13-03
85	4A-Tom Keating, Bettendorf.....	14-06
	3A-Brian A. Keeney, Carlisle.....	13-06
	2A-Dean Keiswetter, Manson	13-06
	1A-Ned Day, Sutherland	13-00
86	4A-Bob Edwards, Fort Dodge	14-08
	3A-Jim Bruxvoort, Pella.....	14-00
	2A-Chuck Ulin, Pekin, Packwood	13-00
	1A-Chad Paup, Paton-Churdan	13-07
87	4A-Bob Edwards, Fort Dodge	15-02
	3A-Randy Smith, Creston	12-00
	2A-Troy Huntley, NUH, Cedar Falls	13-06
	1A-Greg Hoing, George	12-00
88	4A-Ron Oberfoell, Wahlert Catholic.....	14-00
	3A-Chuck Gatewood, Eagle Grove	11-06
	2A-Jason Wessels, Regina, Iowa City	13-01
	1A-Mark Keiswetter, Manson	11-06
89	4A-Brian Ferry, Dubuque Senior.....	13-07.25
	3A-Mike Piercy, Humboldt.....	11-00
	2A-Aaron Nordyke, Pekin, Packwood	12-00
	1A-Travis Moore, Tri-County, Thornburg	10-0

FOOTBALL THROW (1942-1963)

42	(Tie) Mickie Miller, Cherokee & Gerald Dawson, Sigourney	350 pts
43	Dutch Goodvin, Corning	340 pts
44	Richard Price, Clinton	305 pts
45	Joe Paulsen, Davenport	335 pts
46	Joe Paulsen, Davenport	345 pts
47	Joe Paulsen, Davenport	345 pts
48	A-Vincent Domsalla, Clinton	330 pts
	B-(Tie) Dean Whitsell, Correctionville & Larry Runneals, Nevada	315 pts
49	A-Gary Gordy, Muscatine	285 pts
	B-Don Lewis, Toledo Juvenile Home	285 pts
50	A-(Tie) Ray Brown, Davenport & Jerry Davis, Ottumwa	300 pts
	B-Ken Moore, Mount Vernon	300 pts
51	A-(Tie) Sy Forester, Des Moines, North & Don Stamp, Clinton	275 pts
	B-Ken Moore, Mount Vernon	280 pts
52	A-Gordon Haack, Webster City	204-09.50

	B-Leroy Dunn, Manly	183-08
53	AA-Bill Houk, Ames	208-08
	A- Walt Gute, Carroll	196-07
	B- Marvin Sloan, Monroe	176-01.50
	C- Keith Ostenburg, Primghar	173-05
54	AA-Gene LaMaster, Ottumwa	215-07
	A-Merle Eberly, Clarinda	211-08.25
	B-Ed Roberts, West Liberty	204-00
	C-Jerry Ibach, Bayard	202-05
55	AA-Larry Swift, Keokuk	194-07
	A-Ray Thomas, Creston	179-09
	B-Paul Bonstead, Graettinger	209-05.50
	C-Mike McGuire, Garden Grove	187-02.25
56	AA-Roger Helm, Cedar Rapids, Franklin	212-11.50
	A-Ron Charlson, LeMars	214-04
	B-Paul Bonstead, Graettinger	201-00
	C-Dan Langloss, Allerton	189-00
57	AA-Dave Anderson, Ottumwa	206-04.50
	A-Ralph Honerd, Western Christian, Hull	208-11

	B-Bob Walker, Iowa Training School.....	195-00.50
	C-Don Wearda, Sheffield.....	170-00.25
58	AA-Gary Gardner, Davenport.....	217-09
	A-Don Sowers, Sumner.....	213-07
	B-Larry Manful, Traer	182-02.25
	C-Gene Young, Walnut	180-06
59	AA-Tom Hertz, Creston	209-00.50
	A-Ron TerHark, Clinton	191-04
	B-Ted Almquist, Albert City	203-03
	C-Don Relph, Russell	194-08.25
60	AA-Mike Reilly, Dubuque	242-00
	A-Bob Whipple, Belmond	206-07
	B-Pat Batten, Eldora.....	221-08.50

	C-Wayne Taylor, Central Dallas, Minburn..	208-07.50
61	AA-Gary Snook, Iowa City, City	237-05
	A-Gary Eggers, Audubon	217-02.50
	B-Dennis Pauling, Paullina.....	196-05.75
	C-Curtis Pefferman, Olds	219-01
62	AA-Gary Snook, Iowa City, City	228-09.50
	A-Gary Eggers, Audubon	226-00
	B-Ken Reynolds, Woodbine.....	216-05.75
	C-Ron Seddon, Melcher-Dallas	219-06.50
63	AA-Steve Soesbe, Ames	244-08
	A-Stanley-Whitman, Iowa Falls	259-05
	B-Glen Banks, Ainsworth	238-09.50
	C-Roger Larson, Underwood	248-00

STATE FIELD EVENTS CHAMPIONS PER SCHOOL

Ackley-Geneva	1
Adair-Casey.....	1
Adel; Adel-DeSoto.....	2
Agency	1
AGWSR, Ackley	3
Ainsworth.....	1
Akron	2
Albert City.....	1
Algona	3
Allerton	1
Allison-Bristow.....	1
Alta	2
Ames	42
Anamosa	14
Andrew	1
Anita	2
Ankeny	6
Anthon-Oto	1
Aplington-Parkersburg	1
Arnolds Park.....	2
Ar-We-Va, Westside.....	1
Assumption, Davenport.....	3
Atlantic.....	9
Audubon	4
Aurelia	3
Ballard, Huxley	2
Battle Creek.....	5
Bayard	2
BCL, Conrad; BCLUW, Conrad.....	3
Bedford.....	1
Belle Plaine	4
Belmond	4
Bennett.....	2
Bettendorf.....	11
BGM, Brooklyn	5
Bishop Garrigan, Algona	1
Bishop Heelan, Sioux City.....	11
Blanchard	2
Bondurant-Farrar.....	4
Boone	3
Boone Valley, Renwick	2
Boyden-Hull.....	2

Buffalo Center-Rake	4
Burlington.....	8
CAL, Latimer; CAL-Dows.....	2
Calamus-Wheatland	3
Calmar	1
Camanche.....	3
Cambria	1
Cardinal, Eldon	4
Carlisle	7
Carroll	14
Cascade	2
Cedar Falls.....	3
Cedar Rapids	3
Cedar Rapids, Franklin	1
Cedar Rapids, Grant.....	3
Cedar Rapids, Jefferson	11
Cedar Rapids, Kennedy.....	7
Cedar Rapids, LaSalle	2
Cedar Rapids, McKinley	2
Cedar Rapids, Roosevelt.....	3
Cedar Rapids, Washington.....	7
Cedar Rapids, Wilson	1
Center Point-Urbana	2
Centerville	5
Central Clinton, DeWitt	7
Central Dallas, Minburn	1
Central Decatur, Leon.....	2
Central Elkader	3
Central Lee, Argyle	1
Central Lyon, Rock Rapids	2
Charter Oak-Ute.....	2
Cherokee, Washington	5
Clarence-Lowden.....	1
Clarinda.....	11
Clarion.....	9
Clarksville.....	3
Clayton Ridge, Guttenberg (<i>also see Guttenberg</i>)	1
Clay Central, Royal	1
Clay Central-Everly	5
Clear Lake.....	6
Clearfield	1
Clinton	17

Clinton, St. Mary's	4
Coin	2
Colfax & Colfax-Mingo	2
Collins-Maxwell-Baxter.....	2
Colo-Nesco.....	2
Columbus, Columbus Jct.	4
Columbus, Waterloo.....	1
Coon Rapids-Bayard.....	1
Correctionville.....	2
Corydon, Wayne Community	1
Council Bluffs, Abraham Lincoln	3
Council Bluffs, Thomas Jefferson	5
Corning.....	10
Cresco	2
Creston.....	7
Cumberland-Massena	2
Dallas Center-Grimes.....	5
Danville.....	1
Davenport; Davenport, Central	43
Davenport, North.....	2
Davenport, West	12
Davis County, Bloomfield	16
Dayton	1
Decorah.....	2
Denison	5
Denison-Schleswig.....	3
Denver	2
Des Moines, East	12
Des Moines, Hoover.....	1
Des Moines, Lincoln.....	5
Des Moines, North	10
Des Moines, Roosevelt	10
Des Moines, West	14
Dexfield, Redfield	5
Dike	1
Dike-New Hartford.....	2
Dowling Catholic, Des Moines; West Des Moines	3
Dubuque, Senior	16
Dubuque, Hempstead	2
Durant.....	1
Dysart-Geneseo	1
Eagle Grove	9
Earlham	3
East Greene, Grand Junction.....	1
East Buchanan, Winthrop	1
East Sac County	1
Eddyville	2
Eldora; & Eldora-New Providence (see South Hardin) ...	5
Elk Horn.....	1
Elliott.....	1
Emmetsburg	6
Emmetsburg Catholic.....	1
English Valleys, North English	2
Epworth, Western Dubuque	4
Estherville-Lincoln Central	4
Fairfield	5
Farragut	5
Fayette	2
Forest City.....	1
Fort Dodge	13
Fort Madison	7
Fredericksburg	1
Galva-Holstein	2
Garden Grove	1
Gehlen Catholic, Le Mars	6
George	1
Gilbert	1
Gillett Grove, South Clay	1
Glenwood	13
GMG, Garwin	2
Goldfield	4
Gowrie	2
Graettinger	2
Greene	1
Greenfield	2
Grinnell.....	13
Griswold	1
Grundy Center	4
Guttenberg	1
Guthrie Center	2
Hampton	2
Hampton-Dumont.....	3
Harcourt	4
Harlan	6
Hartley; Hartley-Melvin-Sanborn.....	4
Hawarden (also see West Sioux)	2
Hedrick	2
Highland, Riverside	1
Hinton	4
Holstein; Galva-Holstein	4
Hubbard-Radcliffe (see South Hardin).....	6
Hudson	2
Humboldt.....	8
Ida Grove	9
IKM-Manning.....	1
Independence	6
Indianola	8
Iowa City, City High.....	22
Iowa City, University High	5
Iowa City, West	8
Iowa Falls	12
Iowa School for Deaf, Council Bluffs	4
Iowa Mennonite School, Kalona	3
Iowa Training School, Iowa.....	2
Iowa Valley, Marengo	8
Jefferson	5
Johnston	4
Kanawha	2
Keokuk	4

Kingsley-Pierson	6	Nashua.....	3
KP-WC	5	NESCO, Zearing	1
Knoxville	3	Nevada.....	4
Kuemper Catholic, Carroll	5	New Hampton	2
Lacona.....	1	New Hartford.....	2
Lake City	1	New London.....	2
Lake Mills	1	Newell-Fonda.....	2
Lakota.....	1	Newell-Providence	3
Lamoni.....	8	Newton.....	7
Lawton-Bronson	1	Nora Springs-Rock Falls	1
LDF, LeGrand.....	2	North Central, Manly	3
Le Mars	3	North Fayette, West Union	10
Lenox	1	North Kossuth, Swea City	2
Lewis Central.....	5	North Linn, Coggon/Troy Mills	3
Lincoln, Stanwood	1	North Mahaska, New Sharon.....	3
Lincoln Central, Gruver	4	North Scott, Eldridge.....	1
Linn-Mar, Marion	6	North Union.....	1
Lisbon.....	3	Northeast Community, Goose Lake.....	1
Logan; Logan-Magnolia	3	Northeast Hamilton	2
Lone Tree	4	Northwood-Kensett	9
Louisa-Muscatine	1	Norwalk	1
Lovilia	2	NUH, Cedar Falls.....	9
LuVerne	2		
Lynnville-Sully	5	Oakland.....	2
Madrid	8	Ocheyedan.....	1
Maharishi, Fairfield	1	Oelwein	2
Mallard.....	1	Ogden	2
Malvern.....	3	Okoboji, Milford	2
Manilla	1	Olds.....	1
Manly	1	Olin.....	3
Manning.....	7	Ollie.....	2
Manson; Manson Northwest Webster	8	Osage	2
Maquoketa.....	3	Osceola, Clarke	2
Marion	11	Oskaloosa	7
Marshalltown	7	Ottumwa.....	10
Martensdale-St. Marys	2		
Mason City	14	Panorama, Panora.....	6
Maurice-Orange City	3	Paton-Churdan.....	4
Maxwell	1	Paullina	4
Mediapolis	1	PCM, Monroe	4
Melcher-Dallas	1	Pekin	7
Meriden-Cleghorn	2	Pella	3
MFL, Monona	1	Pella Christian.....	4
Midland, Wyoming.....	2	Perry	9
Mid-Prairie, Wellman	5	Plainfield	1
Milford.....	1	Pleasantville	5
Modale.....	1	Pocahontas; Pocahontas Area	3
Monroe	1	Pocahontas Catholic	2
Montezuma.....	6	Postville.....	1
Monticello	5	Prairie, Cedar Rapids	4
Mormon Trail, Garden Grove	3	Prairie City	5
Mount Ayr	7	Preston.....	9
Mount Pleasant	5	Primghar	1
Mount Vernon.....	19		
Murray	1	Red Oak	1
Muscatine	3	Regina, Iowa City.....	2
		Rockford.....	2
		Rock Valley	3

Rockwell City-Lytton.....	5
Rockwell-Swaledale	2
Rolfe	1
Russell.....	1
Sac City	7
St. Albert, Council Bluffs	2
St. Edmond, Fort Dodge	3
St. Mary's, Remsen	1
St. Mary's, Storm Lake	1
Salem	1
Sanborn.....	2
Saydel	4
Schaller	2
Schleswig	1
SEMCO, Gilman.....	1
Sergeant Bluff-Luton	2
Sheffield; Sheffield-Chapin; SCMT	4
Sheldon	3
Shenandoah	5
Sibley.....	3
Sibley-Ocheyedan.....	1
Sidney	3
Sigourney	7
Sioux Center.....	5
Sioux City	4
Sioux City, Central	3
Sioux City, East.....	9
Sioux City, North	2
Sioux Rapids-Rembrandt	3
Sioux Valley, Linn Grove.....	1
Solon	4
South Hardin, Eldora.....	1
South Page, College Springs.....	6
South Tama County; & Tama.....	8
Southeast Polk	3
Spencer.....	10
Spirit Lake Park.....	4
Starmont, Strawberry Point, Arlington.....	5
Storm Lake	8
Sumner.....	3
Sutherland	8
Tabor	2
Tingley.....	2
Tipton	1
Tri-County, Thornburg	1
Toledo, Juvenile Home	2
Traer	7
Treynor	4
Tri-Center, Neola.....	2
Turkey Valley, Jackson Junction	2
Twin Rivers, Bode.....	3
Underwood.....	1
Union-Whitten	1
Unity Christian, Orange City	1
Urbandale	5
Valley Jct.; Valley, West Des Moines	5
Van Buren, Keosauqua.....	1
Ventura	1
Villisca.....	5
Vinton	1
Waco	1
Wahlert Catholic, Dubuque.....	7
Walnut	1
Wapsie Valley, Fairbank	3
Washington	5
Waterloo, Central	1
Waterloo, East	14
Waterloo, West	16
Waukee	3
Waukon	1
Waverly-Shell Rock.....	11
Webster City	6
Wellman	1
West Bend	1
West Branch	2
West Burlington-Notre Dame	5
West Chester	4
West Delaware, Manchester.....	3
West Hancock, Britt	3
West Harrison, Mondamin	7
West Liberty	10
West Lyon, Inwood	5
West Marshall, State Center	5
West Monona, Onawa	1
Western Christian, Hull	3
Westwood, Sloan	1
Whiting	2
Williamsburg	5
Wilton Junction	2
Winfield-Mount Union	3
Winterset	3
Woodbine	5
Woodbury Central, Moville	2
Woodward-Granger	1
YJB, Jamaica	1

SCHOOLS WITH MOST FIELD EVENT CHAMPIONS

Davenport; Davenport, Central	43
Ames	42
Iowa City, City	22
Mount Vernon	19
Clinton.....	17
Davis County, Bloomfield.....	16

Des Moines West	15
Dubuque, Senior	15
Waterloo, West.....	15

Anamosa.....	14
Carroll	14
Mason City	14

STATE MEET WHEELCHAIR EVENT STATE CHAMPION

100-METER

90	Tony Ramirez, Bishop Heelan, Sioux City.....	20.02
91	Eric Pun, Fort Dodge	21.14
92	Tom Rodruck, Winfield-Mount Union.....	20.20
93	John Jeter, Iowa City, West.....	26.26
94	Russ Comandatore, Davenport North	21.53
95	Jim Jeter, Iowa City, West	26.26
96	Mark Hauschmidt, Nodaway Valley	18.94
97	E.J. Runyan, Johnston	19.50
98	E.J. Runyan, Johnston	20.13
99	E.J. Runyan, Johnston	18.36
00	E.J. Runyan, Johnston	17.81
01	Brian Wauters, Marshalltown.....	18.27
02	Brian Wauters, Marshalltown.....	20.32
03	Brian Wauters, Marshalltown.....	18.29
04	Nathan Redlinger, English Valleys	19.41
05	Nathan Redlinger, English Valleys	20.41
06	Cory Behrendt, Boone	24.67
07	Corey Behrendt, Boone	25.72
08	Mitch Hutchinson, Interstate 35, Truro	24.69
09	Matthew Jessen, Southeast Polk	42.88
10	Jon Litzkow, Waterloo West	22.76
11	Jon Litzkow, Waterloo West	20.41
12	Jordan Houdeshell, Linn-Mar, Marion	20.82
13	Jon Litzkow, Waterloo, West	18.49
14	Drake Sachsenmaier, Camanche.....	19.14
15	Jeromie Meyer, Woodbine.....	21.75
16	Noah Thomas, Roland-Story	18:92
17	Jordan Razor, Bondurant-Farrar	21.22
18	Evan Correll, Waukee	18.23
19	Evan Correll, Waukee	17.70
20	Season canceled due to COVID-19.	

200-METER

90	<i>Event not contested</i>	
91	Sean Runyan, Dowling Catholic, WDM	45.40
92	Tom Rodruck, Winfield-Mount Union.....	39.40
93	John Jeter, Iowa City, West.....	52.68
94	Russ Comandatore, Davenport, North	41.80
95	Mark Hauschmidt, Nodaway Valley	47.03
96	Mark Hauschmidt, Nodaway Valley	36.27
97	E.J. Runyan, Johnston	36.90
98	E.J. Runyan, Johnston	35.58
99	E.J. Runyan, Johnston	32.12
00	E.J. Runyan, Johnston	32.82
01	Brian Wauters, Marshalltown.....	35.20
02	Brian Wauters, Marshalltown.....	33.26
03	Brian Wauters, Marshalltown.....	33.75
04	Nathan Redlinger, English Valleys	35.28
05	Nathan Redlinger, English Valleys	35.44
06	Cory Behrendt, Boone	48.43
07	Cory Behrendt, Boone	49.52
08	Mitch Hutchinson, Interstate 35, Truro	50.11
09	Mitch Hutchinson, Interstate 35, Truro	52.05
10	Jon Litzkow, Waterloo West	43.07
11	Jon Litzkow, Waterloo West	37.42
12	Jordan Houdeshell, Linn-Mar, Marion	37.94
13	Jon Litzkow, Waterloo, West	31.01
14	Drake Sachsenmaier, Camanche.....	36.33
15	Jeromie Meyer, Woodbine.....	39.53
16	Noah Thomas, Roland-Story	35.57
17	Noah Thomas, Roland-Story	37.55
18	Evan Correll, Waukee	36.53
19	Evan Correll, Waukee	31.54
20	Season canceled due to COVID-19.	

400-METER (started 2003)

03	Brian Wauters, Marshalltown.....	1:08.11
04	Nathan Redlinger, English Valleys	1:04.87
05	Nathan Redlinger, English Valleys	1:14.36
06	Cory Behrendt, Boone	1:40.63
07	Cory Behrendt, Boone	1:40.05
08	<i>No Participants entered</i>	
09	<i>No Participants entered</i>	
10	Jon Litzkow, Waterloo, West	1:26.20
11	Jon Litzkow, Waterloo, West	1:13.27
12	Jordan Houdeshell, Linn-Mar.....	1:13.65
13	Jon Litzkow, Waterloo, West	56.57
14	Drake Sachsenmaier, Camanche.....	1:09.05
15	Jeromie Meyer, Woodbine.....	1:19.70
16	Noah Thomas, Roland-Story	1:12.82
17	Matthew Schultz, Southeast Polk	1:14.01
18	Matthew Schultz, Southeast Polk	1:09.80
19	Evan Correll, Waukee	1:00.69
20	Season canceled due to COVID-19.	

SHOT PUT

90	Mike Schafer, Rock Valley.....	19-10	06	Andrew Naylor, Lamoni	15-00
91	Tom Woodward, Pekin	19-05	07	<i>No Participants entered</i>	
92	Jason Leydens, Dubuque, Senior	15-06	08	<i>No Participants entered</i>	
93	Brian Davis, Oskaloosa	19-02.50	09	Matthew Jessen, Southeast Polk	15-06
94	Brian Davis, Oskaloosa	19-11	10	Matthew Jessen, Southeast Polk	16-10.25
95	Mark Hauschmidt, Nodaway Valley	20-08.50	11	Alex Gudenkauf, Dubuque Senior	35-07
96	Dale Brincks, Denison	16-06	12	Alex Gudenkauf, Dubuque Senior	37-09.75
97	<i>No Participants entered</i>		13	Alex Gudenkauf, Dubuque Senior	40-05.50
98	Pat O'Hea, Wahlert, Dubuque	16-09	14	Drake Sachsenmaier, Camanche.....	18-07.25
99	Pat O'Hea, Wahlert, Dubuque	17-09.50	15	Kennedy Feller, Underwood	23-02.25
00	Pat O'Hea, Wahlert, Dubuque	17-07	16	Ryan Peyton, Independence	21-03
01	Sean Eherenman, Waterloo West.....	18-00.75	17	Matthew Schultz, Southeast Polk	20-08.50
02	Sean Eherenman, Waterloo, West.....	20-06.50	18	Matthew Schultz, Southeast Polk	26-02.75
03	Nick Lange, Wahlert, Dubuque.....	22-05	19	Matthew Schultz, Southeast Polk	25-05.75
04	Nick Lange, Wahlert, Dubuque.....	23-10	20	Season canceled due to COVID-19.	
05	Nick Lange, Wahlert, Dubuque.....	25-03.75			

800-METER (1990-2002, 2019-)

90	Tony Ramirez, Bishop Heelan, SC.....	2:43.01	98	E.J. Runyan, Johnston.....	2:29.46
91	Tom Rodruck, Winfield-Mount Union.....	3:02.31	99	E.J. Runyan, Johnston.....	2:06.79
92	Tom Rodruck, Winfield-Mount Union.....	2:54.60	00	E.J. Runyan, Johnston.....	2:11.61
93	John Jeter, Iowa City, West.....	3:59.41	01	Brian Wauters, Marshalltown.....	2:37.86
94	Ryan Atkinson, Panorama.....	3:01.70	02	Brian Wauters, Marshalltown.....	2:19.00
95	Jim Jeter, Iowa City, West.....	3:48.84	19	Wyatt Willand, Northwood-Kensett.....	2:08.19
96	Mark Hauschmidt, Nodaway Valley	2:44.91	20	Season canceled due to COVID-19.	
97	E.J. Runyan, Johnston	2:32.32			

DISCUS (1990-2004)

90	Tony Ramirez, Bishop Heelan, Sioux City.....	46-05	98	E.J. Runyan, Johnston	66-09
91	Tom Rodruck, Winfield-Mount Union.....	52-09.50	99	E.J. Runyan, Johnston	71-11
92	Tom Rodruck, Winfield-Mount Union.....	55-00	00	E.J. Runyan, Johnston	72-04
93	Brian Davis, Oskaloosa	50-08	01	Sean Eherenman, Waterloo, West.....	55-00
94	Brian Davis, Oskaloosa	58-07	02	Sean Eherenman, Waterloo, West.....	53-00
95	Mark Hauschmidt, Nodaway Valley	61-10.25	03	Nick Lange, Wahlert, Dubuque	85-10
96	Mark Hauschmidt, Nodaway Valley	71-03	04	Nick Lange, Wahlert, Dubuque	73-09
97	E.J. Runyan, Johnston	49-02			

SCHOOLS WITH THE MOST CHAMPIONS

Johnston.....	16	Nodaway Valley	7
Waterloo West.....	13	Boone.....	6
Marshalltown	9	English Valleys.....	6
Wahlert, Dubuque	8		

TEAMS CHAMPIONS & RUNNER-UP

2003 – Marshalltown	30	2007 – Aplington-Parkersburg (Co-ed)	40
<i>Coach: Doug Bacon</i>		<i>Coach: Special Education Teachers</i>	
Runner-up: English Valleys, North English	27	Runner-up: Boone	30
2004 – English Valleys, North English	31	2008 – Interstate 35, Truro.....	20
<i>Coach: Steve Hester</i>		<i>Coach: Tim McKinney</i>	
Runner-up: Wahlert, Dubuque.....	16	Runner-up: None	
2005 – Aplington-Parkersburg (Co-ed)	62	2009 – Interstate 35, Truro.....	26
<i>Coach: Special Education Teachers</i>		<i>Coach: Tim McKinney</i>	
Runner-up: English Valleys, North English	36	Runner-up: Southeast Polk	20
2006 – Aplington-Parkersburg (Co-ed)	64	2010 – Waterloo, West.....	38
<i>Coach: Special Education Teachers</i>		<i>Coach: Matt McKenzie</i>	
Runner-up: Boone	30	Runner-up: Southeast Polk	18

2011 – Waterloo, West.....	36
<i>Coach: Matt McKenzie</i>	
Runner-up: Linn-Mar, Marion	26
2012 – Linn-Mar, Marion	36
<i>Coach: Keith Hopkins</i>	
Runner-up: Camanche	29
2013 – Waterloo, West.....	35
<i>Coach: Matt McKenzie</i>	
Runner-up: Linn-Mar & Camanche.....	26
2014 – Camanche	40
<i>Coach: Mark Metzger</i>	
Runner-up: Ankeny Centennial	24
2015 – Woodbine	38
<i>Coach: Ryan Coenen</i>	

Runner-up: Ankeny Centennial & Bondur'nt-Farrar	26
2016 – Roland-Story & Independence	30
<i>Coach: Brian Petersen/Clint Hospodarsky</i>	
Runner-up	None – tie for first
2017 – (Tie) Bondurant-Farrar & Southeast Polk	32
<i>Coach: Kyle Hammes/Jason Nolting</i>	
Runner-up	None – tie for first
2018 – Waukee	36
<i>Coach: Brent Heitland</i>	
Runner-up: Southeast Polk.....	32
2019 – Waukee	38
<i>Coach: Brent Heitland</i>	
Runner-up: Northwood-Kensett.....	34
2020	Season canceled due to COVID-19.

RELAY CHAMPIONS

440-YARD RELAY

35 Davenport	43.8
36 Des Moines, North	43.7
37 Des Moines, East.....	43.6
38 (Tie) Cedar Rapids, Franklin & Grinnell.....	44.1
39 Des Moines, East.....	44.0
40 Des Moines, East.....	43.7
41 Sioux City, Central.....	44.0
42 Davenport	43.8
43 Fort Madison.....	44.0
44 Clinton.....	44.3
45 Waterloo, East	44.5
46 Des Moines, North	44.0
47 Dubuque	43.4
48 A-Des Moines, North	42.3
B-Cedar Falls, Teachers	45.3
49 A-Ames	43.5
B-Milford	45.7
50 A-Des Moines, East.....	45.3
B-Primghar	47.4
51 A-Des Moines, East.....	43.5
B-Primghar	45.8
52 A-Davenport	43.8
B-Lake City	45.4
53 AA-Des Moines, North.....	44.4
A-West Des Moines.....	46.2
B-Onawa.....	44.8
C-Schaller	46.3
54 AA-Marshalltown	43.5
A-West Des Moines.....	45.1
B-Onawa.....	44.8
C-Elliott	46.5
55 AA-Des Moines, Roosevelt	44.4
A-West Des Moines.....	45.7
B-Manson	45.2
C-Wellman	46.4
56 AA-Ames	43.4
A-Jefferson	45.5
B-Aurelia.....	45.3

C-Wellman.....	46.2
57 AA-Ames	44.1
A-Maquoketa.....	45.8
B-Rock Rapids	45.4
C-Kalona.....	46.0
58 AA-Ames	44.0
A-Harlan	44.4
B-Hawarden	46.0
C-Farragut	46.1
59 AA-Des Moines, North	42.9
A-Hampton	45.2
B-Clinton, St. Mary's	45.5
C-West Chester.....	45.5
60 AA-Mason City	43.6
A-Corning	45.7
B-LaPorte City	45.2
C-Wall Lake	45.9
61 AA-Des Moines, North	44.1
A-Corning	44.7
B-Aurelia.....	46.1
C-Scranton	44.5
62 AA-Winterset.....	44.1
A-Perry	45.3
B-(Tie) Aurelia & Paullina.....	45.5
C-Scranton	46.6
63 AA-Newton	44.0
A-Storm Lake	43.9
B-Altoona	45.2
C-Dexfield, Redfield	45.4
64 AA-Davenport, Central.....	43.7
A-Perry	45.0
B-English Valleys, North English	44.8
C-Dexfield, Redfield	44.3
65 AA-Des Moines, East.....	43.6
A-Shenandoah	44.5
B-Farragut	44.8
C-Irwin	45.3
66 AA-Sioux City, Central	42.6

	A-Glenwood	43.9
	B-Manson	44.3
	C-Gilmore City-Bradgate	45.1
67	AA-Dubuque	42.9
	A-Storm Lake.....	43.7
	B-Villisca.....	44.8
	C-Terril.....	44.9
68	AA-Ames	43.9
	A-Prairie, Cedar Rapids	44.7
	B-Prairie, Gowrie	45.9
	C-Goldfield.....	46.5
69	AA-Clinton	42.9
	A-West Monona, Onawa	43.7
	B-Belle Plaine	44.7
	C-Dike	45.4
70	AA-Waterloo, West.....	42.9
	A-Clear Lake.....	44.5
	B-Carlisle	44.4
	C-Woodward-Granger	45.2
71	AA-Ames	42.8
	A-West Monona, Onawa	43.8
	B-Carlisle	44.8
	C-Woodward-Granger	45.1
72	AA-Ames	42.5

	A-Storm Lake	44.5
	B-Alta.....	44.5
	C-Terril.....	44.5
73	AA-Des Moines, Hoover	43.7
	A-Eagle Grove.....	44.8
	B-Maurice-Orange City	44.8
	C-Terril.....	45.3
74	AA-Davenport, Central.....	43.7
	A-Iowa Falls	44.7
	B-Britt	44.6
	C-Kanawha.....	44.8
75	AA-Des Moines, Technical.....	42.5
	A-Mount Pleasant.....	44.0
	B-Hartley	44.4
	C-Earlam	45.3
76	AA-Ames	43.0
	A-Cherokee, Washington	44.3
	B-Garner-Hayfield	44.5
	C-Nishna Valley.....	45.0
77	AA-Cedar Rapids, Washington	42.4
	A-Saydel.....	43.8
	B-Britt	44.1
	C-YJB, Jamaica.....	44.8

4 X 100 METER RELAY

(Relay was called 400 Meter Relay, 1978-83)

78	AA-Waverly-Shell Rock.....	43.12
	A-Central Lyon, Rock Rapids	44.75
	B-NUH, Cedar Falls.....	44.54
	C-Primghar	45.48
79	AA-Cedar Rapids, Jefferson	42.31
	A-Shenandoah.....	44.04
	B-Britt.....	45.11
	C-Kanawha	44.41
80	AA-Clinton	42.85
	A-Clarion.....	43.56
	B-Sac City.....	44.17
	C-Paullina	45.04
81	AA-Cedar Rapids, Washington	42.73
	A-South Tama County, Tama.....	43.81
	B-Sac City.....	43.98
	C-Paullina	45.19
82	4A-Des Moines, Roosevelt	42.78
	3A-St. Albert, Council Bluffs	44.36
	2A-Central Lyon, Rock Rapids	44.82
	1A-BCLUW, Conrad	44.65
83	4A-Davenport, Central.....	42.48
	3A-St Albert, Council Bluffs	44.86
	2A-Prairie, Gowrie	43.98
	1A-Sutherland.....	44.35
84	4A-Valley, West Des Moines	42.96
	3A-St. Albert, Council Bluffs	44.17
	2A-Lake Mills	45.2
	1A-Paullina	45.0
85	4A-Valley, West Des Moines	42.49
	3A-Grinnell.....	44.22
	2A-Maurice-Orange City	44.4
	1A-Meservey-Thornton.....	45.4
86	4A-Waterloo, Central	42.21

	3A-Osage.....	44.04
	2A-Maurice-Orange City	43.71
	1A-Meservey-Thornton	44.35
87	4A-Ames	42.60
	3A-Marion	44.08
	2A-NUH, Cedar Falls	44.43
	1A-Titonka	44.79
88	4A-Ames	42.98
	3A-South Tama County, Tama.....	44.43
	2A-NUH, Cedar Falls	43.71
	1A-CAL-Dows	44.51
89	4A-Des Moines, East.....	42.19
	3A-Dallas Center-Grimes	43.45
	2A-New London	44.36
	1A-North Mahaska, New Sharon.....	44.71
90	4A-Burlington	43.08
	3A-Spirit Lake	43.96
	2A-NUH, Cedar Falls	43.85
	1A-North Mahaska, New Sharon.....	45.05
91	4A-Pleasant Valley	43.01
	3A-Knoxville	43.90
	2A-West Hancock, Britt	44.00
	1A-Madrid	44.99
92	4A-Davenport, Central.....	42.82
	3A-Assumption, Davenport	43.52
	2A-Mediapolis	43.52
	1A-Bedford	44.59
93	4A-Davenport, Central.....	42.78
	3A-Assumption, Davenport	43.32
	2A-Mediapolis	43.48
	1A-North Mahaska, New Sharon.....	44.71
94	4A-Davenport, Central.....	43.13
	3A-Mount Pleasant	43.45

	2A -Mediapolis	43.44
	1A -Panorama	44.17
95	4A -Sioux City, West.....	42.57
	3A -Johnston	43.49
	2A -Iowa Falls	43.99
	1A -Clarinda Academy.....	44.67
96	4A -Iowa City, City	42.32
	3A -Bishop Heelan, Sioux City	43.29
	2A -Colo-Nesco	44.10
	1A -Panorama	43.56
97	4A -Iowa City, City	42.42
	3A -Assumption, Davenport	43.26
	2A -Beckman, Dyersville	44.01
	1A -Panorama	43.73
98	4A -Des Moines, Hoover	43.08
	3A -Assumption, Davenport	42.59
	2A -West Lyon, Inwood	43.94
	1A -Iowa Mennonite, Kalona	44.02
99	4A -Dowling, WDM	42.46
	3A -Washington	43.08
	2A -West Lyon, Inwood	43.54
	1A -Iowa Mennonite, Kalona	44.09
00	4A -Iowa City, City	42.17
	3A -LeMars	42.76
	2A -West Lyon, Inwood	43.03
	1A -Hubbard-Radcliffe	44.30
01	4A -Iowa City, City High.....	41.89
	3A -Washington	43.26
	2A -Tri-Center, Neola	43.89
	1A -Madrid	44.00
02	4A -Des Moines, East.....	42.49
	3A -Webster City	43.79
	2A -Eddyville-Blakesburg	43.69
	1A -Madrid	43.94
03	4A -DM East (ran 42.57 in prelims).....	42.91
	3A -Central Lee (ran 42.87 in prelims).....	43.25
	2A -Okoboji (ran 44.16 in prelims).....	44.40
	1A -Bishop Garrigan, Algona.....	43.03
	(Lisbon ran 43.01 in 1A prelims)	
04	4A -Cedar Rapids Washington.....	42.26
	3A -Central Clinton, De Witt	43.86
	2A -Cherokee	43.29
	1A -Treynor.....	43.8
05	4A -Iowa City, City	42.21
	3A -Xavier, Cedar Rapids.....	43.18
	2A -Beckman, Dyersville (ran 42.82 in prelims)	42.88
	1A -Griswold	43.59
06	4A -Valley, West Des Moines	42.04
	3A -Washington	43.24
	2A -Regina, Iowa City.....	43.83
	1A -Griswold	44.13
07	4A -Des Moines East.....	41.88
	3A -Xavier, Cedar Rapids.....	42.78

	2A -Beckman, Dyersville	43.59
	1A -Central Lyon, Rock Rapids	44.22
08	4A -Burlingtonn (ran 42.68 in prelims).....	42.86
	3A -Xavier, Cedar Rapids.....	42.18
	2A -Roland-Story	43.59
	1A -West Hancock, Britt	43.48
09	4A -Iowa City West	42.21
	3A -Central Clinton, DeWitt	43.65
	2A -Roland-Story	43.45
	1A -Alburnett.....	43.68
10	4A -Des Moines Roosevelt.....	42.23
	3A -Iowa Falls-Alden	43.30
	2A -Solon	42.86
	1A -Madrid	43.48
11	4A -Cedar Falls.....	42.07
	3A -Central Clinton, DeWitt	42.50
	2A -West Marshall	43.03
	1A -Wapsie Valley, Fairbank	44.18
12	4A -Cedar Falls.....	42.48
	3A -Webster City	43.29
	2A -Mediapolis.....	43.11
	1A -Manson Northwest Webster.....	43.55
13	4A -Waterloo, West	41.84
	3A -South Tama County	42.18
	2A -OA-BCIG	43.82
	1A -Manson Northwest Webster.....	43.30
14	4A -Waukee	42.03
	3A -Dallas Center-Grimes	43.23
	2A -Cascade, Western Dubuque	43.51
	1A -Lynnville-Sully	43.92
15	4A -Cedar Falls.....	42.47
	3A -Williamsburg	43.03
	2A -West Burlington/Notre Dame	42.56
	(WB/ND ran 42.44 in the prelims)	
	1A -Pleasantville	44.57
16	4A -Prairie, Cedar Rapids.....	42.01
	3A -Boone	42.67
	2A -West Burlington/Notre Dame	42.69
	1A -Lawton-Bronson	43.34
17	4A -Epworth, Western Dubuque.....	42.13
	3A -Dallas Center-Grimes	42.65
	2A -Albia	42.67
	1A -B-G-M, Brooklyn	43.58
18	4A -Cedar Rapids, Jefferson	41.90
	3A -Marion	42.96
	2A -Beckman Catholic, Dyersville	43.00
	1A -South Winneshiek, Calmar	43.92
19	4A -Valley, West Des Moines	41.68
	3A -Wahlert, Dubuque	43.27
	2A -Williamsburg	43.24
	1A -St. Edmond, Fort Dodge	43.71
20	Season canceled due to COVID-19.	

880-YARD RELAY

06	Des Moines West	1:36.4
07	Ida Grove	1:36.8
08	Des Moines East.....	NT

	(DM, West won but was DQ; no time for second was recorded)	
09	Des Moines East	1:39.0
10	Des Moines North.....	1:39.4

11	Des Moines West.....	1:36.6	56	AA -Ames	1:30.2
12	Des Moines East.....	1:37.6		A -DeWitt	1:33.8
13	Des Moines West.....	1:33.0		B -Aurelia.....	1:33.6
14	Des Moines West.....	1:36.4		C -Primghar	1:35.7
15	Le Mars	1:36.4	57	AA -Ames	1:31.4
16	Des Moines East.....	1:36.0		A -Indianola	1:34.7
17	Des Moines, North.....	1:34.1		B -Rock Rapids	1:34.6
18	Mason City	1:35.0		C -Tabor	1:36.4
19	Fort Dodge	1:36.2	58	AA -Mason City	1:31.0
20	Sioux City.....	1:36.4		A -Algona.....	1:32.4
21	Cedar Rapids.....	1:35.6		B -Glenwood	1:33.5
22	Cedar Rapids.....	1:34.8		C -Cleghorn	1:35.8
23	Cedar Rapids.....	1:34.0	59	AA -Des Moines, Technical.....	1:30.1
24	Colfax.....	1:32.7		A -Hampton	1:31.8
25	Perry	1:35.0		B -Clinton St. Mary's	1:33.8
26	Mason City	1:34.6		C -West Chester	1:36.5
27	(Tie) Des Moines Roosevelt & Cedar Rapids, Washington.....	1:35.6	60	AA -Mason City	1:30.3
28	Cedar Rapids, Washington	1:35.5		A -Red Oak	1:34.8
29	Mason City	1:33.3		B -Onawa	1:33.6
30	Jefferson	1:31.7		C -Wall Lake	1:35.4
31	Davenport	1:32.9	61	AA -Des Moines, Technical.....	1:30.2
32	Clinton.....	1:32.0		A -Onawa	1:33.0
33	Clinton.....	1:31.4		B -Emmetsburg	1:34.0
34	Des Moines, North.....	1:31.3		C -Scranton	1:34.1
35	Des Moines, North.....	1:31.7	62	AA -Sioux City, Central	1:30.6
36	Des Moines, North.....	1:31.4		A -Perry	1:32.3
37	Dubuque	1:32.9		B -Paullina	1:33.6
38	Des Moines, East.....	1:31.0		C -Scranton	1:36.8
39	Des Moines, East.....	1:30.0	63	AA -Des Moines, Roosevelt	1:30.2
40	Des Moines, East.....	1:32.0		A -Storm Lake	1:31.7
41	Sioux City, Central.....	1:31.5		B -Emmetsburg	1:34.6
42	Davenport	1:31.9		C -Dexfield, Redfield	1:34.5
43	Fort Madison.....	1:33.3	64	AA -Davenport, Central.....	1:30.4
44	Clinton.....	1:31.4		A -Perry	1:32.3
45	Sioux City, East	1:32.1		B -English Valleys, North English	1:33.4
46	Des Moines, Roosevelt.....	1:32.1		C -Dexfield, Redfield	1:31.3
47	Des Moines, North	1:29.2	65	AA -Des Moines, North	1:30.2
48	A -Des Moines, North	1:27.6		A -Eagle Grove.....	1:33.2
	B -De Witt	1:33.4		B -English Valleys, North English	1:32.7
49	A -Ames	1:30.4		C -Pomeroy	1:34.4
	B -Rockwell City	1:34.3	66	AA -Davenport, Central.....	1:28.6
50	A -Des Moines, East.....	1:32.3		A -Glenwood	1:31.5
	B -Rockwell City	1:35.8		B -Manson	1:33.2
51	A -Des Moines, East.....	1:30.7		C -Terril.....	1:33.2
	B -Primghar	1:35.7	67	AA -Sioux City, Central	1:29.0
52	A -Davenport	1:31.2		A -Storm Lake	1:30.8
	B -Lake City	1:34.2		B -Villisca.....	1:33.3
53	AA -Des Moines, East	1:31.2		C -Terril.....	1:32.4
	A -(Tie) Humboldt & Red Oak	1:36.0	68	AA -Ames	1:30.3
	B -Onawa.....	1:33.8		A -Spirit Lake	1:32.1
	C -Toledo Juvenile	1:36.1		B -Prairie, Gowrie	1:32.3
54	AA -Marshalltown	1:30.5		C -Wall Lake	1:36.8
	A -West Des Moines.....	1:33.2	69	AA -Fort Dodge	1:29.7
	B -Onawa.....	1:33.2		A -Clarinda	1:31.4
	C -Sheffield	1:36.4		B -Oakland	1:32.7
55	AA -Ames	1:32.6		C -Titonka	1:35.1
	A -Shenandoah.....	1:35.6	70	AA -Waterloo, East	1:29.1
	B -Manson	1:33.4		A -Clear Lake	1:30.3
	C -Iowa School for Deaf, Council Bluffs	1:35.6		B -Boyden-Hull	1:32.9
				C -Woodward-Granger	1:34.1

71	AA-Indianola.....	1:30.5
	A-West Monona, Onawa	1:31.3
	B-Manning	1:32.8
	C-Aplington	1:34.7
72	AA-Cedar Rapids, Washington	1:28.8
	A-Ankeny	1:32.1
	B-Sibley	1:32.1
	C-Terril	1:31.9
73	AA-Davenport, Central	1:29.5
	A-Red Oak	1:31.3
	B-Maurice-Orange City	1:32.9
	C-Terril	1:32.4
74	AA-Davenport, Central	1:29.6
	A-Iowa Falls	1:32.7

	B-Britt	1:32.7
	C-Ruthven	1:33.5
75	AA-Ottumwa.....	1:29.0
	A-Nevada	1:30.1
	B-Columbus, Columbus Junction.....	1:31.6
	C-Hamburg	1:32.6
76	AA-Ames	1:28.5
	A-Nevada	1:30.8
	B-Sioux Center	1:31.8
	C-Y-J-B, Jamaica	1:33.0
77	AA-Cedar Rapids, Washington	1:27.9
	A-Eagle Grove.....	1:30.4
	B-NUH, Cedar Falls	1:31.8
	C-Y-J-B, Jamaica	1:32.0

4 x 200 METER RELAY

(Relay was called 800 Meter Relay, 1978-83)

78	AA-Cedar Rapids, Jefferson	1:29.54
	A-Eagle Grove	1:31.35
	B-NUH, Cedar Falls.....	1:31.07
	C-Kanawha	1:31.25
79	AA-Waterloo, West.....	1:28.52
	A-Shenandoah.....	1:30.59
	B-Sergeant Bluff-Luton	1:32.07
	C-Kanawha	1:31.02
80	AA-Ames	1:28.66
	A-Clarion.....	1:30.08
	B-NUH, Cedar Falls.....	1:31.86
	C-Twin Rivers, Bode.....	1:33.32
81	AA-Waterloo, West.....	1:28.88
	A-South Tama County, Tama.....	1:30.90
	B-NUH, Cedar Falls.....	1:30.62
	C-Iowa School for Deaf, Council Bluffs	1:33.37
82	4A-Davenport, Central.....	1:29.06
	3A-St. Albert, Council Bluffs	1:31.89
	2A-NUH, Cedar Falls.....	1:31.43
	1A-BCLUW, Conrad	1:33.59
83	4A-Davenport, Central.....	1:29.42
	3A-St Albert, Council Bluffs	1:32.54
	2A-Ida Grove	1:31.52
	1A-Sutherland.....	1:32.14
84	4A-Marshalltown.....	1:29.09
	3A-Mount Pleasant	1:31.54
	2A-Lake Mills	1:32.7
	1A-Sidney	1:32.2
85	4A-Ottumwa.....	1:29.49
	3A-Washington	1:31.43
	2A-AvoHa, Avoca	1:32.6
	1A-Paullina	1:33.8
86	4A-Valley, West Des Moines.....	1:28.14
	3A-Storm Lake.....	1:31.15
	2A-Maurice-Orange City	1:30.15
	1A-New Hartford	1:31.80
87	4A-Waterloo, Central	1:28.48
	3A-Storm Lake.....	1:30.89
	2A-Monroe	1:32.50
	1A-Ventura	1:31.60

88	4A-Davenport, Central.....	1:27.87
	3A-South Tama County, Tama.....	1:30.93
	2A-NUH, Cedar Falls.....	1:30.38
	1A-CAL-Dows	1:31.79
89	4A-Waterloo, East	1:27.80
	3A-Dallas Center-Grimes	1:30.57
	2A-New London	1:31.86
	1A-North Mahaska, New Sharon.....	1:33.08
90	4A-Waterloo, West	1:28.70
	3A-Alta-Aurelia	1:31.02
	2A-NUH, Cedar Falls	1:31.35
	1A-North Mahaska, New Sharon.....	1:33.17
91	4A-Iowa City, City High.....	1:28.23
	3A-Spirit Lake-Park	1:30.24
	2A-Alta-Aurelia	1:29.81
	1A-North Mahaska, New Sharon.....	1:32.69
92	4A-Davenport, Central.....	1:27.42
	3A-Spirit Lake-Park	1:29.96
	2A-West Hancock, Britt	1:30.18
	1A-Fredericksburg	1:32.37
93	4A-Davenport, Central.....	1:28.80
	3A-Assumption, Davenport	1:30.07
	2A-Alta-Aurelia	1:30.54
	1A-Gehlen Catholic, LeMars	1:32.05
94	4A-Iowa City, City High.....	1:28.00
	3A-Cherokee, Washington	1:30.17
	2A-Ballard, Huxley	1:30.54
	1A-Gehlen Catholic, LeMars	1:31.67
95	4A-Iowa City, City High.....	1:29.61
	3A-Waverly-Shell Rock	1:30.58
	2A-West Hancock, Britt	1:31.58
	1A-Gehlen Catholic, Le Mars	1:31.54
96	4A-Iowa City, City High.....	1:27.96
	3A-Johnston	1:30.43
	2A-Wapsie Valley, Fairbank	1:31.42
	1A-Panorama	1:30.55
97	4A-Iowa City, City High.....	1:27.67
	3A-Bishop Heelan, Sioux City	1:30.56
	2A-Beckman, Dyersville	1:31.87
	1A-Panorama, Panora	1:29.62

98	4A-Valley, West Des Moines.....	1:28.10
	3A-Washington	1:29.87
	2A-Beckman, Dyersville	1:29.91
	1A-Madrid	1:31.35
99	4A-Valley, WDM	1:28.88
	3A-Mount Pleasant	1:29.54
	2A-Beckman, Dyersville	1:30.06
	1A-Iowa Mennonite, Kalona	1:31.87
00	4A-Iowa City, City	1:27.83
	3A-Waverly-Shell Rock.....	1:29.40
	2A-West Lyon, Inwood	1:30.27
	1A-East Buchanan, Winthrop	1:31.03
01	4A-Iowa City, City	1:27.69
	3A-West Delaware, Manchester.....	1:31.32
	2A-Tri-Center, Neola	1:30.71
	1A-Madrid	1:32.07
02	4A-Iowa City, City	1:28.14
	3A-Waukee	1:30.89
	2A-Williamsburg	1:29.71
	1A-Madrid	1:30.84
03	4A-Des Moines East.....	1:29.35
	3A-Central Lee, Donnellson	1:29.75
	2A-Okoboji (ran 1:31.31 in prelims).....	1:31.50
	1A-Bishop Garrigan, Algona.....	1:30.57
04	4A-Des Moines East.....	1:27.02
	3A-Fairfield	1:29.66
	2A-North Fayette, West Union	1:29.33
	1A-Treynor.....	1:30.56
05	4A-Iowa City, City	1:28.36
	3A-Wahlert, Dubuque	1:30.07
	2A-Beckman, Dyersville	1:29.26
	1A-Griswold	1:30.11
06	4A-Iowa City, West.....	1:28.03
	3A-Mount Pleasant.....	1:29.87
	2A-Beckman, Dyersville	1:29.96
	1A-Griswold	1:30.88
07	4A-Des Moines East.....	1:28.60
	3A-Xavier, Cedar Rapids.....	1:29.49
	2A-Beckman, Dyersville	1:31.03
	1A-Alta	1:32.07
08	4A-Cedar Rapids Washington.....	1:28.86
	3A-Xavier, Cedar Rapids.....	1:29.08
	2A-St. Edmond, Fort Dodge	1:31.22
	1A-Alta.....	1:31.03
09	4A-Cedar Rapids Washington.....	1:27.64

3A-Boone	1:30.11
2A-St. Edmond, Fort Dodge	1:30.08
1A-Pleasantville	1:30.73
10 4A-Burlington	1:27.62
3A-Bishop Heelan Catholic, Sioux City	1:28.41
2A-West Marshall	1:28.43
1A-Northwood-Kensett	1:31.76
11 4A-Cedar Falls.....	1:27.12
3A-Central, Clinton, DeWitt	1:28.40
2A-West Marshall	1:28.65
1A-Tri-County, Thornburg.....	1:32.17
12 4A-Iowa City, West	1:27.67
3A-Marion	1:29.59
2A-West Marshall	1:29.05
1A-Manson Northwest Webster.....	1:31.96
13 4A-Linn-Mar, Marion	1:27.52
3A-LeMars	1:29.52
2A-OA-BCIG	1:30.00
1A-Manson Northwest Webster.....	1:29.92
14 4A-Waukee	1:27.83
3A-Bishop Heelan Catholic, Sioux City	1:30.06
2A-Albia	1:29.62
1A-Madrid	1:31.61
15 4A-Linn-Mar, Marion	1:29.13
3A-Spirit Lake	1:29.52
2A-West Burlington/Notre Dame	1:27.51
1A-Pekin	1:31.04
16 4A-Sioux City, East.....	1:28.28
3A-Sergeant Bluff-Luton	1:27.87
2A-West Burlington/Notre Dame	1:27.14
1A-Lawton-Bronson	1:31.38
17 4A-Waterloo, West	1:27.48
3A-Dallas Center-Grimes	1:29.82
2A-Albia	1:28.14
1A-Lisbon.....	1:30.35
18 4A-Ankeny Centennial.....	1:27.99
3A-Nevada.....	1:29.66
2A-AHSTW	1:29.97
1A-St. Albert, Council Bluffs	1:31.26
19 4A-Valley, West Des Moines.....	1:26.17
3A-Wahlert, Dubuque	1:29.09
2A-Williamsburg	1:29.71
1A-St. Albert, Council Bluffs	1:31.47
20 Season canceled due to COVID-19.	

ONE-MILE RELAY

06	Ida Grove	3:48.2
07	Ida Grove	3:45.6
08	Des Moines, North	3:42.0
09	Des Moines, West.....	3:45.8
10	Cedar Rapids.....	3:40.6
11	Cedar Rapids	3:37.4
12	Des Moines, West.....	3:37.4
13	Des Moines, West.....	3:35.4
14	Des Moines West.....	3:38.8
15	Des Moines, East.....	3:36.6
16	Des Moines, East	3:33.6
17	Des Moines, West	3:35.2
18	Des Moines, North.....	3:36.0
19	Des Moines, West	3:36.0
20	Sioux City	3:30.0
21	Cedar Rapids	3:31.4
22	Cedar Rapids	3:36.4
23	Cedar Rapids	3:34.2
24	Mason City	3:29.9
25	Mason City	3:37.3

26	Carroll	3:31.9	60	AA -Des Moines, Tech	3:26.7
27	Carroll	3:37.0		A -Belmond	3:33.3
28	Oskaloosa.....	3:35.9		B -English Valleys, North English	3:28.8
29	Newton.....	3:32.6		C -LuVerne	3:36.2
30	Newton.....	3:32.0	61	AA -Des Moines, Tech	3:27.6
31	Grinnell	3:31.5		A -Central Lyon, Rock Rapids	3:33.2
32	Grinnell	3:30.0		B -Maurice-Orange City	3:35.1
33	Des Moines, North.....	3:32.6		C -Sioux Rapids	3:35.7
34	Ottumwa	3:29.9	62	AA -Cedar Rapids, Jefferson	3:23.7
35	Davenport	3:28.0		A -North Scott, Eldridge	3:30.7
36	Clinton.....	3:29.3		B -Sioux Center.....	3:37.2
37	Valley Junction.....	3:29.8		C -Moville.....	3:37.5
38	Fort Madison.....	3:28.8	63	AA -Des Moines, Roosevelt	3:19.4
39	Sioux City, East.....	3:31.3		A -Ankeny	3:29.5
40	Des Moines, East.....	3:31.2		B -Lake View-Auburn	3:35.6
41	Cedar Rapids, Franklin	3:26.8		C -Dexfield, Redfield	3:37.2
42	Sioux City, Central.....	3:30.3	64	AA -Des Moines, North	3:25.8
43	Des Moines, East.....	3:32.7		A -Hampton	3:33.1
44	Des Moines, Roosevelt.....	3:27.5		B -Seymour	3:31.3
45	Des Moines, Roosevelt.....	3:29.7		C -Scranton	3:34.5
46	Des Moines, Roosevelt.....	3:30.6	65	AA -Mason City	3:26.7
47	Ames.....	3:29.8		A -Eagle Grove.....	3:29.9
48	A -Des Moines, North	3:27.7		B -Lynnville-Sully.....	3:29.8
	B -Albert City	3:35.8		C -Pomeroy	3:33.2
49	A -Des Moines, East.....	3:31.4	66	AA -Davenport, Central.....	3:22.8
	B -Nevada.....	3:35.2		A -Cherokee, Washington	3:32.0
50	A -Mason City	3:35.5		B -Manson	3:27.3
	B -Lake City	3:45.3		C -Treynor	3:34.1
51	A -Des Moines, East.....	3:28.2	67	AA -Davenport, Central.....	3:18.0
	B -Lake City	3:45.6		A -Cherokee, Washington	3:23.4
52	A -Davenport	3:30.0		B -Villisca.....	3:29.9
	B -Lake City	3:35.8		C -Clay Central, Royal.....	3:34.0
53	AA -Des Moines, North.....	3:29.4	68	AA -Davenport, Central.....	3:23.0
	A -Creston	3:38.2		A -Storm Lake	3:30.2
	B -Lake City	3:37.8		B -Prairie, Gowrie	3:37.0
	C -Fayette	3:39.0		C -Clay Central, Royal.....	3:39.0
54	AA -Des Moines, North.....	3:23.3	69	AA -Indianola	3:20.3
	A -Denison	3:33.6		A -Jefferson	3:27.0
	B -Lake City	3:32.6		B -Aurelia.....	3:29.3
	C -Castana.....	3:39.4		C -Bayard	3:33.0
55	AA -Des Moines, Roosevelt	3:32.8	70	AA -Indianola	3:17.7
	A -Hampton	3:40.2		A -Clear Lake	3:30.0
	B -Albert City	3:31.1		B -Aurelia.....	3:31.5
	C -Iowa School for Deaf, Council Bluffs	3:38.0		C -Glidden-Ralston.....	3:34.1
56	AA -Ames	3:24.7	71	AA -Indianola	3:24.5
	A -Clarinda.....	3:29.9		A -Eagle Grove.....	3:26.9
	B -Traer	3:34.0		B -Belle Plaine	3:30.6
	C -Terril	3:37.8		C -Crestland, Early	3:34.4
57	AA -Ames	3:26.6	72	AA -Davenport, Central.....	3:23.8
	A -Indianola	3:36.3		A -Ankeny	3:29.4
	B -Marengo	3:32.4		B -Pocahontas	3:29.0
	C -Terril	3:34.9		C -New Hartford	3:30.2
58	AA -Ames	3:28.5	73	AA -Sioux City, East.....	3:22.2
	A -Indianola	3:31.1		A -Red Oak	3:29.3
	B -Tripoli	3:36.5		B -Louisa-Muscatine	3:34.2
	C -Wall Lake	3:36.5		C -Hamburg	3:33.3
59	AA -Des Moines, East	3:26.0	74	AA -Davenport, Central.....	3:24.2
	A -Jefferson	3:31.0		A -Iowa Falls	3:26.6
	B -Moville	3:33.3		B -Northwood-Kensett.....	3:30.2
	C -West Chester	3:39.7		C -Hamburg	3:30.5

75	AA-Ottumwa	3:19.6
	A-Sioux Center	3:23.9
	B-La Porte City	3:27.4
	C-Hamburg	3:29.5
76	AA-Davenport, Central	3:21.2
	A-Spencer.....	3:26.5

	B-Unity Christian, Orange City	3:28.4
	C-Hamburg	3:30.6
77	AA-Cedar Rapids, Washington	3:19.7
	A-Eagle Grove.....	3:25.5
	B-Sioux Center.....	3:30.5
	C-Hamburg	3:27.2

4 x 400 METER RELAY

(Relay was called 1600 Meter Relay, 1978-83)

78	AA-Marshalltown	3:23.19
	A-Iowa Falls	3:29.78
	B-Kingsley-Pierson.....	3:24.18
	C-Reinbeck	3:31.26
79	AA-Waterloo, East.....	3:18.76
	A-Iowa Falls.....	3:24.1
	B-Sioux Center	3:26.05
	C-Kanawha	3:28.72
80	AA-North Scott, Eldridge	3:19.94
	A-Davis County, Bloomfield.....	3:24.04
	B-Britt.....	3:25.69
	C-Terril.....	3:29.33
81	AA-Waterloo, West.....	3:19.78
	A-Davis County, Bloomfield.....	3:24.64
	B-NUH, Cedar Falls.....	3:25.72
	C-Titonka	3:28.27
82	4A-North Scott, Eldridge	3:21.27
	3A-Pella	3:25.90
	2A-NUH, Cedar Falls.....	3:25.99
	1A-New Hartford	3:29.70
83	4A-Sioux City, East.....	3:19.04
	3A-Eagle Grove	3:24.54
	2A-West Branch	3:25.50
	1A-Allison-Bristow	3:29.44
84	4A-Marshalltown.....	3:20.16
	3A-St Albert, Council Bluffs	3:25.74
	2A-West Branch	3:27.6
	1A-Sidney	3:27.8
85	4A-Marshalltown.....	3:20.83
	3A-Mount Pleasant	3:28.41
	2A-Maurice-Orange City	3:28.7
	1A-Galva-Holstein	3:30.4
86	4A-Iowa City, West	3:20.95
	3A-Pella	3:25.69
	2A-Maurice-Orange City	3:24.20
	1A-Schaller	3:30.36
87	4A-Davenport, West	3:20.20
	3A-Storm Lake.....	3:25.54
	2A-NUH, Cedar Falls.....	3:27.88
	1A-CAL-Dows	3:25.68
88	4A-Ames	3:21.58
	3A-Storm Lake.....	3:23.19
	2A-Alta	3:23.57
	1A-Aurelia	3:24.51
89	4A-Ames	3:20.69
	3A-Hampton-Dumont.....	3:22.45
	2A-Alta	3:26.34
	1A-Woodbine.....	3:30.15
90	4A-Waterloo, West	3:22.43
	3A-Glenwood	3:24.21

	2A-Madrid	3:28.00
	1A-Janesville	3:26.19
91	4A-Ames	3:18.39
	3A-Clear Lake.....	3:24.09
	2A-NUH, Cedar Falls.....	3:22.56
	1A-CAL-Dows	3:30.19
92	4A-Fort Dodge	3:20.19
	3A-Glenwood	3:23.54
	2A-West Branch	3:24.59
	1A-Essex	3:28.47
93	4A-Iowa City, City High.....	3:20.79
	3A-Algona	3:23.95
	2A-Monticello	3:25.15
	1A-Lynnville-Sully	3:26.91
94	4A-Iowa City, City High.....	3:19.60
	3A-Cherokee, Washington	3:25.30
	2A-Louisa-Muscatine	3:24.99
	1A-West Marshall	3:26.99
95	4A-Ames	3:18.93
	3A-Humboldt.....	3:23.35
	2A-Ballard, Huxley	3:25.78
	1A-West Marshall	3:23.19
96	4A-Ames	3:19.64
	3A-Centerville	3:25.91
	2A-Garner-Hayfield	3:26.35
	1A-BCLUW, Conrad	3:26.36
97	4A-Iowa City, City High.....	3:20.70
	3A-Decorah	3:22.70
	2A-Unity Christian, Orange City	3:25.13
	1A-Panorama	3:24.74
98	4A-Des Moines, Hoover	3:19.06
	3A-Bishop Heelan, Sioux City	3:21.48
	2A-Beckman, Dyersville	3:26.02
	1A-NUH, Cedar Falls	3:26.83
99	4A-Iowa City, City High.....	3:22.25
	3A-Mount Pleasant	3:22.28
	2A-Beckman, Dyersville	3:26.28
	1A-West Marshall	3:24.19
00	4A-Iowa City, City	3:18.01
	3A-Mount Pleasant	3:21.37
	2A-Unity Christian, Orange City	3:23.05
	1A-Central Lyon, Rock Rapids	3:27.65
01	4A-Iowa City, City	3:19.68
	3A-Waverly-Shell Rock	3:22.96
	2A-Monticello	3:23.61
	1A-West Branch	3:26.95
02	4A-Ankeny	3:22.00
	3A-Fairfield	3:23.84
	2A-Tipton	3:24.45
	1A-Saint Ansgar	3:25.50

03	4A-Ankeny	3:22.24
	3A-Harlan	3:23.30
	2A-West Branch	3:25.67
	1A-Sac City	3:26.60
04	4A-Ankeny	3:21.25
	3A-Bishop Heelan, Sioux City	3:20.38
	2A-Tipton	3:26.18
	1A-Treynor	3:27.40
05	4A-Valley, West Des Moines	3:18.54
	3A-Charles City	3:21.44
	2A-Roland-Story	3:23.13
	1A-Treynor	3:24.94
06	4A-Valley, WDM (3:13.80 in prelims)	3:14.61
	3A-Williamsburg	3:23.47
	2A-Mid-Prairie, Wellman	3:21.90
	1A-North Linn, Troy Mills	3:22.13
07	4A-Valley, WDM	3:19.62
	3A-Humboldt	3:22.61
	2A-St. Edmond, Fort Dodge	3:24.28
	1A-BCLUW, Conrad	3:27.73
08	4A-Cedar Falls (ran 3:20.25 in prelims)	3:21.71
	3A-Washington	3:21.94
	2A-St. Edmond, Fort Dodge	3:23.42
	1A-Lake Mills	3:28.99
09	4A-Ottumwa	3:18.07
	3A-Bishop Heelan, Sioux City	3:18.24
	2A-St. Edmond, Fort Dodge	3:20.32
	1A-Pleasantville	3:27.34
10	4A-Indianola	3:20.40
	3A-Bishop Heelan Catholic, Sioux City	3:20.00
	2A-St. Edmond, Fort Dodge	3:22.09
	1A-Griswold	3:28.26
11	4A-Valley, West Des Moines	3:18.70
	3A-Clear Creek-Amana	3:21.77
	2A-South Central Calhoun	3:21.35

1A	West Harrison, Mondamin	3:27.66
12	4A-Valley, West Des Moines	2:20.25
	3A-Decorah	3:22.63
	2A-Kingsley-Pierson/Woodbury Central	3:21.91
	1A-Manson Northwest Webster	3:27.04
13	4A-Waukee	3:19.04
	3A-Knoxville	3:21.68
	2A-Albia	3:21.21
	1A-Manson Northwest Webster	3:23.74
14	4A-Cedar Falls	3:18.30
	3A-Center Point-Urbana	3:23.79
	2A-Albia	3:21.37
	1A-Mount Ayr	3:26.03
15	4A-Cedar Falls	3:18.02
	3A-Center Point-Urbana	3:21.19
	2A-Albia	3:20.74
	1A-Alta-Aurelia	3:25.86
16	4A-Cedar Falls	3:16.85
	3A-Sergeant Bluff-Luton	3:20.67
	2A-Albia	3:18.09
	1A-Jesup	3:26.23
17	4A-Cedar Falls	3:17.88
	3A-Dallas Center-Grimes	1:29.82
	2A-Albia	1:28.14
	1A-Lisbon	3:22.85
18	4A-Valley, West Des Moines	3:16.55
	3A-Atlantic	3:20.96
	2A-Pekin	3:21.76
	1A-St. Albert, Council Bluffs	3:24.81
19	4A-Waukee	3:14.81
	3A-Atlantic	3:21.11
	2A-Dike-New Hartford	3:22.70
	1A-St. Edmond, Fort Dodge	3:25.73
20	Season canceled due to COVID-19.	

TWO-MILE RELAY

35	Council Bluffs, Abraham Lincoln	8:30.7
36	Oskaloosa	8:24.1
37	Dubuque	8:23.1
38	Des Moines, Roosevelt	8:05.5
39	Clinton	8:17.7
40	Des Moines, Lincoln	8:13.2
41	Des Moines, East	8:17.9
42	Des Moines, East	8:18.4
43	Cedar Rapids, Franklin	8:18.5
44	Sioux City, Central	8:18.5
45	Sioux City, East	8:22.7
46	Cedar Rapids, Franklin	8:14.2
47	Davenport	8:12.6
48	A-Des Moines, East	8:13.8
	B-Aurelia	8:32.3
49	A-Iowa City, City	8:21.7
	B-Nevada	8:26.0
50	A-Ames	8:17.8
	B-Nevada	8:34.5
51	A-Des Moines, East	8:27.5
	B-Postville	8:41.4

52	A-Davenport	8:17.3
	B-Albert City	8:37.9
53	AA-Des Moines, East	8:17.6
	A-Clarinda	8:21.6
	B-Albert City	8:29.9
	C-College Springs	8:44.5
54	AA-Des Moines, North	8:16.3
	A-Audubon	8:23.5
	B-Albert City	8:23.0
	C-College Springs	8:30.7
55	AA-Ames	8:18.2
	A-Humboldt	8:49.5
	B-Lake City	8:19.6
	C-Quimby	8:24.0
56	AA-Des Moines, North	8:03.9
	A-Clarinda	8:09.8
	B-Manning	8:28.0
	C-Primghar	8:23.3
57	AA-Ames	8:25.5
	A-Eagle Grove	8:32.9
	B-Manning	8:22.1

	C-Schleswig	8:29.1			
58	AA-Sioux City, Central.....	8:13.8	68	AA-Sioux City, Central	8:01.7
	A-Cherokee, Washington	8:16.6		A-Westwood, Sloan.....	8:07.4
	B-Tripoli	8:23.1		B-Prairie, Gowrie	8:18.6
	C-Menlo	8:36.4		C-Graettinger.....	8:52.4
59	AA-Des Moines, Tech	8:09.6	69	AA-Des Moines, North	7:51.6
	A-Cherokee, Washington	8:23.8		A-Emmetsburg	8:08.4
	B-Johnston	8:27.4		B-Rockwell City	8:16.4
	C-College Springs.....	8:44.3		C-Lincoln Central, Gruver..	8:28.4
60	AA-Ames	8:15.9	70	AA-Clinton	7:49.3
	A-North Scott, Eldridge.....	8:34.4		A-Prairie, Cedar Rapids	8:08.7
	B-Glenwood	8:22.6		B-Grundy Center	8:12.0
	C-Sioux Rapids.....	8:34.1		C-Pocahontas, Catholic.....	8:36.7
61	AA-Newton	8:11.5	71	AA-Clinton	7:56.0
	A-Cherokee, Washington	8:23.4		A-Chariton	8:12.7
	B-Alta	8:35.5		B-Carlisle	8:17.6
	C-Sioux Rapids.....	8:22.9		C-Central Webster, Burnside	8:22.9
62	AA-Valley, West Des Moines	7:59.6	72	AA-Sioux City, East.....	7:56.3
	A-Prairie, Cedar Rapids	8:18.7		A-Forest City	8:18.5
	B-Prairie, Gowrie	8:30.5		B-Montezuma	8:13.4
	C-Moville	8:25.5		C-Central Webster, Burnside	8:11.2
63	AA-Davis County, Bloomfield	7:59.4	73	AA-Ames	7:53.4
	A-West Monona, Onawa	8:09.9		A-Mount Pleasant	8:07.9
	B-Sheffield-Chapin	8:21.8		B-Mount Vernon	8:07.8
	C-Prairie City	8:39.0		C-Hamburg	8:09.9
64	AA-Ames	8:05.9	74	AA-Cedar Falls.....	7:49.7
	A-Eagle Grove	8:16.9		A-Lewis Central	8:01.4
	B-Woodbine	8:15.4		B-Britt	8:05.6
	C-Fredericksburg	8:19.8		C-Hamburg	8:12.0
65	AA-Ames	8:02.2	75	AA-Cedar Rapids, Washington	7:55.9
	A-Eagle Grove	8:13.1		A-St. Albert, Council Bluffs	8:03.4
	B-Woodbine	8:18.7		B-Maurice-Orange City	8:18.1
	C-Pocahontas	8:30.9		C-Hamburg	8:11.6
66	AA-Sioux City, Central.....	7:47.4	76	AA-Davenport, West	7:55.8
	A-Shenandoah.....	8:08.5		A-Davis County, Bloomfield	8:02.5
	B-Carlisle	8:13.4		B-Belmond	8:10.0
	C-Schaller	8:23.3		C-Wellsburg.....	8:16.0
67	AA-Des Moines, Roosevelt	8:05.0	77	AA-Davenport, West	7:47.0
	A-Westwood, Sloan	8:09.6		A-Davis County, Bloomfield	8:06.5
	B-Prairie, Gowrie	8:13.4		B-North Linn, Coggon	8:08.7
	C-Lincoln Central, Gruver	8:19.7		C-Greene	8:13.3

4 x 800 METER RELAY

(Relay was called 3200 Meter Relay, 1978-83)

78	AA-Davenport, Central	7:54.71	82	4A-Spencer	7:52.31
	A-Iowa Falls	8:02.59		3A-Sheldon	7:56.15
	B-Prairie, Gowrie	8:07.51		2A-Sioux Center	7:55.45
	C-Bridgewater-Fontanelle	8:10.79		1A-Aurelia	8:13.58
79	AA-Muscatine	7:48.01	83	4A-Ames	7:49.89
	A-Iowa Falls	7:55.87		3A-Western Christian, Hull	8:00.60
	B-Woodbine	8:04.42		2A-West Branch	8:04.89
	C-Treynor	8:15.31		1A-Allison-Bristow	8:08.82
80	AA-Dowling Catholic, WDM	7:47.57	84	4A-Cedar Rapids, Kennedy	7:51.4
	A-Davis County, Bloomfield	7:55.1		3A-Tipton	8:03.05
	B-Sioux Center	8:02.78		2A-West Branch	8:06.0
	C-Treynor	8:03.13		1A-Earlam	8:18.2
81	AA-Muscatine	7:48.88	85	4A-Marshalltown	7:46.52
	A-Tipton	7:57.20		3A-Tipton	8:02.36
	B-NUH, Cedar Falls	8:01.17		2A-Northwood-Kensett	8:06.8
	C-Sidney	8:09.50		1A-Earlam	8:15.7

86	4A-Marshalltown.....	7:47.66
	3A-Glenwood.....	8:01.45
	2A-Central, Elkader	8:03.49
	1A-CAL, Latimer	8:06.72
87	4A-Ames.....	7:44.06
	3A-Clear Lake.....	7:57.86
	2A-Garner-Hayfield.....	8:01.91
	1A-CAL, Latimer	8:03.59
88	4A-Dubuque, Senior.....	7:56.51
	3A-Sheldon.....	8:00.89
	2A-Woodbine.....	8:00.69
	1A-Pomeroy.....	8:09.21
89	4A-Spencer.....	7:50.7
	3A-Storm Lake.....	8:01.23
	2A-Gehlen Catholic, LeMars	8:07.31
	1A-Woodbine.....	8:06.5
90	4A-Valley, West Des Moines.....	7:48.88
	3A-Sheldon.....	8:04.91
	2A-Woodbine.....	8:10.53
	1A-Greene	8:13.21
91	4A-Ames.....	7:58.41
	3A-Benton Community, Van Horne	8:05.50
	2A-Belmond-Klemme	8:10.82
	1A-Iowa Mennonite, Kalona	8:09.15
92	4A-Iowa City, City High.....	7:55.55
	3A-Sheldon.....	7:57.73
	2A-Williamsburg	8:07.40
	1A-Dike	8:08.63
93	4A-Dubuque, Senior	7:57.96
	3A-Forest City.....	8:03.08
	2A-St. Albert, Co. Bluffs	8:00.80
	1A-West Bend-Mallard	8:14.18
94	4A-Dubuque, Senior	7:56.68
	3A-Storm Lake.....	8:08.29
	2A-Belmond-Klemme	8:01.38
	1A-West Bend-Mallard	8:04.87
95	4A-Iowa City, City High.....	8:00.17
	3A-Prairie, Cedar Rapids	8:02.70
	2A-Gilbert	8:07.60
	1A-Riverside, Oakland.....	8:05.51
96	4A-Ankeny	7:52.16
	3A-Centerville	7:59.79
	2A-Garner-Hayfield.....	8:05.47
	1A-Woodbine	8:06.16
97	4A-Iowa City, City High.....	7:58.56
	3A-Centerville	8:00.42
	2A-Unity Christian, Orange City	8:05.52
	1A-Collins-Maxwell-Baxter	8:07.90
98	4A-Cedar Falls.....	7:55.75
	3A-Cedar Rapids, Regis/LaSalle.....	7:56.31
	2A-Collins-Maxwell-Baxter	8:02.56
	1A-Madrid	8:09.34
99	4A-Ames	7:57.20
	3A-Waverly-Shell Rock.....	7:57.61
	2A-Beckman, Dyersville	8:01.84
	1A-Calamus-Wheatland	8:11.28
00	4A-Iowa City, City	7:52.85
	3A-Waukon.....	7:55.61
	2A-Tipton	7:53.67
	1A-Lawton-Bronson.....	8:06.50

01	4A-Iowa City, City High.....	8:00.12
	3A-Forest City.....	7:58.21
	2A-Tipton	8:08.57
	1A-Greene	8:13.97
02	4A-Valley, West Des Moines	7:50.81
	3A-Columbus Catholic, Waterloo	8:00.25
	2A-Tipton	7:57.85
	1A-Greene	8:06.37
03	4A-Ankeny	7:55.88
	3A-Benton, Van Horne	8:01.65
	2A-Roland-Story	8:08.50
	1A-Turkey Valley, Jackson Junction	8:11.04
04	4A-Linn-Mar	7:48.26
	3A-Decorah-North Winneshiek	8:04.21
	2A-West Liberty	8:06.83
	1A-Turkey Valley, Jackson Junction	8:11.78
05	4A-Linn-Mar	7:48.55
	3A-Wahlert, Dubuque	8:03.02
	2A-West Liberty	7:56.03
	1A-Riverside, Oakland.....	8:10.00
06	4A-Marshalltown	7:58.47
	3A-Knoxville	8:05.86
	2A-Monticello	8:04.55
	1A-BCLUW, Conrad	8:03.06
07	4A-Iowa City West	8:01.85
	3A-Knoxville	8:05.63
	2A-Monticello	7:59.66
	1A-BCLUW, Conrad	8:09.99
08	4A-Waukee	7:53.52
	3A-Spirit Lake	8:00.56
	2A-West Liberty	8:00.89
	1A-Northeast, Goose Lake	8:09.99
09	4A-Waukee	7:53.88
	3A-Algona	8:01.05
	2A-St. Edmond, Fort Dodge	7:57.59
	1A-Belmond-Klemme	8:13.33
10	4A-Cedar Rapids Washington	7:48.70
	3A-Algona	7:55.65
	2A-Monticello	7:58.57
	1A-North Iowa, Buffalo Center	8:04.51
11	4A-Prairie, Cedar Rapids	7:54.56
	3A-Spirit Lake Park	7:49.07
	2A-St. Edmond, Fort Dodge	7:55.76
	1A-BCLUW, Conrad	8:04.40
12	4A-Waukee	7:49.79
	3A-Decorah	7:56.34
	2A-Mount Vernon	7:57.66
	1A-St. Albert, Council Bluffs	8:13.46
13	4A-Iowa City, City	7:48.06
	3A-Pella	7:58.79
	2A-Monticello	7:53.46
	1A-AGWSR, Ackley	8:21.08
14	4A-Prairie, Cedar Rapids	7:49.52
	3A-Center Point-Urbana	7:59.20
	2A-Monticello	7:54.26
	1A-Mount Ayr	8:14.23
15	4A-Ames	7:41.43
	3A-Gilbert	7:56.68
	2A-Monticello	7:50.38
	1A-Alta-Aurelia	8:11.29

16	4A-Waukee	7:47.08
	3A-Mount Vernon	8:00.01
	2A-Monticello	7:51.24
	1A-St. Edmond, Fort Dodge	8:12.14
17	4A-Waukee	7:49.34
	3A-Mount Vernon	7:58.92
	2A-Dike-New Hartford	8:01.33
	1A-Pekin	7:58.63
18	4A-Iowa City, City High	7:49.41

3A-Atlantic	8:01.05	
2A-Pekin	7:59.95	
1A-Lisbon	8:06.24	
19	4A-Ames	7:51.95
	3A-Sergeant Bluff-Luton	7:58.68
	2A-South Hamilton	8:01.23
	1A-Earlham	8:07.10
20	Season canceled due to COVID-19.		

ONE-MILE MEDLEY RELAY

35	Valley Junction	3:42.3
36	Valley Junction	3:42.4
37	Fort Dodge	3:44.3
38	Ames	3:35.6
39	Iowa School for Deaf, Council Bluffs	3:44.5
40	(Tie) Ames & Iowa School for Deaf, CB	3:42.6
41	Ames	3:41.7
42	Des Moines, Lincoln	3:41.1
43	Des Moines, East	3:43.2
44	Des Moines, East	3:41.7
45	Sioux City, Trinity	3:40.8
46	Cedar Rapids, Wilson	3:43.1
47	Iowa City, City	3:39.9
48	A-Newton	3:39.2
	B-De Witt	3:43.4
49	A-Des Moines, East	3:42.0
	B-Corydon	3:50.2
50	A-Des Moines, Tech	3:48.1
	B-Nevada	3:52.1
51	A-Des Moines, North	3:41.5
	B-Rock Rapids	3:49.9
52	A-Davenport	3:40.3
	B-Albert City	3:48.2
53	AA-Decorah	3:44.2
	A-Jefferson	3:47.5
	B-Albert City	3:44.4
	C-West Branch	3:51.6
54	AA-Des Moines, North	3:36.2
	A-Atlantic	3:46.0
	B-Albert City	3:45.0
	C-Elliott	3:45.6
55	AA-Des Moines, Roosevelt	3:46.3
	A-Hampton	3:50.9
	B-Albert City	3:41.8
	C-Primghar	3:46.6
56	AA-Des Moines, North	3:38.0
	A-Clarinda	3:45.1
	B-Johnston	3:45.9
	C-Primghar	3:43.7
57	AA-Des Moines, East	3:42.8
	A-Hampton	3:44.5
	B-Britt	3:47.1
	C-Hedrick	3:49.2
58	AA-Cedar Rapids, Jefferson	3:38.1
	A-Eagle Grove	3:41.4

	B-Tabor	3:47.9
	C-Primghar	3:47.7
59	AA-Cedar Rapids, Jefferson	3:31.5
	A-Eagle Grove	3:39.5
	B-Moville	3:44.0
	C-Primghar	3:46.7
60	AA-Iowa City	3:39.1
	A-Saydel	3:44.6
	B-Glidden-Ralston	3:40.1
	C-LuVerne	3:44.7
61	AA-Valley, West Des Moines	3:38.7
	A-Cherokee, Washington	3:47.9
	B-Carlisle	3:44.8
	C-Bayard	3:44.2
62	AA-Cedar Rapids, Jefferson	3:37.2
	A-Ankeny	3:42.8
	B-Charter Oak-Ute	3:45.3
	C-Moville	3:48.0
63	AA-Valley, West Des Moines	3:33.0
	A-Sheldon	3:41.2
	B-Anita	3:45.2
	C-Havelock-Plover	3:49.7
64	AA-Ames	3:42.7
	A-Eagle Grove	3:40.4
	B-Seymour	3:35.9
	C-Scranton	3:40.3
65	AA-Ames	3:37.6
	A-Eagle Grove	3:42.0
	B-Sutherland	3:44.5
	C-Pomeroy	3:42.5
66	AA-Sioux City, Central	3:34.9
	A-Glenwood	3:40.6
	B-Lynnville-Sully	3:40.3
	C-Treynor	3:47.5
67	AA-Sioux City, Central	3:32.6
	A-Prairie, Cedar Rapids	3:36.6
	B-Lynnville-Sully	3:41.0
	C-Treynor	3:40.8
68	AA-Des Moines, Tech	3:41.0
	A-Humboldt	3:42.0
	B-Prairie, Gowrie	3:43.4
	C-Armstrong	3:47.2
69	AA-Fort Dodge	3:30.3
	A-St. Albert, Co. Bluffs	3:38.3
	B-Manning	3:35.4

	C-Miles.....	3:42.7
70	AA-Indianola.....	3:30.2
	A-Eagle Grove	3:43.0
	B-Oakland.....	3:40.5
	C-Elk Horn-Kimballton	3:43.6
71	AA-Davenport, Central	3:36.7
	A-Eagle Grove	3:36.9
	B-Central Decatur, Leon.....	3:34.9
	C-Dexfield, Redfield.....	3:46.1
72	AA-Sioux City, East.....	3:33.3
	A-Eagle Grove	3:35.6
	B-Tripoli	3:41.7
	C-Central Webster, Burnside.....	3:37.8
73	AA-Valley, West Des Moines	3:34.3
	A-Central Clinton, DeWitt	3:39.3
	B-West Monona, Onawa	3:40.7
	C-Central Webster, Burnside.....	3:44.9

74	AA-Davenport, Central.....	3:30.8
	A-Central Clinton, DeWitt	3:33.9
	B-Columbus, Columbus Jct.....	3:39.0
	C-Titonka	3:37.1
75	AA-Cedar Rapids, Washington	3:27.0
	A-Anamosa	3:32.5
	B-Greene.....	3:34.0
	C-Meriden-Cleghorn	3:36.9
76	AA-Davenport, Central	3:29.1
	A-Anamosa	3:36.2
	B-Sac City	3:34.7
	C-West Harrison	3:37.9
77	AA-Columbus Catholic, Waterloo	3:28.4
	A-Central Clinton, De Witt	3:35.8
	B-Manson	3:38.8
	C-Hamburg	3:38.2

1600-METER MEDLEY RELAY

78	AA-Davenport, Central	3:31.13
	A-Centerville	3:34.23
	B-Maurice-Orange City	3:34.83
	C-Hamburg	3:33.95
79	AA-Clinton	3:27.2
	A-Algona	3:33.09
	B-Pekin	3:35.44
	C-Hamburg	3:40.28
80	AA-Cedar Rapids, Washington	3:29.65
	A-Sumner	3:32.65
	B-Sac City.....	3:36.35
	C-Treynor.....	3:38.76
81	AA-Des Moines, East.....	3:30.80
	A-Davis County, Bloomfield.....	3:34.02
	B-NUH, Cedar Falls.....	3:33.48
	C-Moravia	3:38.73
82	4A-Cedar Rapids, Washington	3:32.03
	3A-Sheldon	3:33.95
	2A-Sioux Center	3:36.99
	1A-Treynor.....	3:41.72
83	4A-Davenport, Central.....	3:31.46
	3A-Tipton	3:36.09
	2A-Northwood-Kensett	3:38.07
	1A-Boyden-Hull	3:39.27
84	4A-Marshalltown.....	3:30.40
	3A-Tipton	3:35.40
	2A-Northwood-Kensett	3:37.2
	1A-Fredericksburg	3:42.6
85	4A-Cedar Rapids, Kennedy	3:28.55
	3A-Central Lee, Argyle	3:36.39
	2A-Iowa Valley, Marengo	3:36.4
	1A-Earlham.....	3:40.6
86	4A-Marshalltown.....	3:29.47
	3A-Western Christian	3:35.46
	2A-NUH, Cedar Falls.....	3:37.91
	1A-Aplington	3:36.30
87	4A-Ames	3:27.66
	3A-Pella	3:35.38
	2A-Garner-Hayfield.....	3:37.47
	1A-CAL-Dows	3:36.70
88	4A-Burlington	3:31.94

89	4A-Clinton	3:31.58
	3A-Centerville	3:37.12
	2A-South Hamilton, Jewell	3:37.75
	1A-North Mahaska, New Sharon.....	3:39.12
90	4A-Indianola	3:26.51
	3A-Alta-Aurelia	3:35.85
	2A-West Bend	3:34.87
	1A-North Mahaska, New Sharon.....	3:38.68
91	4A-Ames	3:31.00
	3A-Cherokee, Washington	3:33.90
	2A-LDF-Semco	3:34.70
	1A-Lawton-Bronson	3:40.20
92	4A-Fort Dodge	3:31.16
	3A-Adel-DeSoto-Minburn	3:30.95
	2A-Belmond-Klemme	3:36.61
	1A-Woodbine	3:34.40
93	4A-Iowa City, City High.....	3:30.70
	3A-Algona	3:31.60
	2A-St Albert, CB	3:35.22
	1A-West Bend-Mallard	3:36.67
94	4A-Iowa City, City High.....	3:28.92
	3A-Cherokee, Washington	3:33.47
	2A-West Hancock, Britt	3:31.28
	1A-West Marshall	3:32.40
95	4A-Urbandale	3:31.20
	3A-Cedar Rapids, Regis	3:32.59
	2A-West Hancock, Britt	3:35.52
	1A-West Marshall	3:32.58
96	4A-Mason City	3:27.95
	3A-Humboldt	3:34.14
	2A-Garner-Hayfield	3:35.92
	1A-Gehlen Catholic, LeMars	3:36.23
97	4A-Indianola	3:28.77
	3A-Fairfield	3:32.91
	2A-Eldora-New Providence	3:34.02
	1A-Pleasantville	3:34.13
98	4A-Valley, West Des Moines	3:30.88
	3A-Decorah	3:31.15

	2A -Garner-Hayfield.....	3:33.87	2A -Northeast, Goose Lake.....	3:32.58
	1A -Woodbine	3:34.58	1A -George-Little Rock	3:38.52
99	4A -Dubuque, Senior	3:28.59	10 4A -Marshalltown	3:29.72
	3A -Mount Pleasant.....	3:31.54	3A -Bishop Heelan Catholic, Sioux City	3:31.99
	2A -Garner-Hayfield.....	3:34.26	2A -Mid-Prairie, Wellman.....	3:33.05
	1A -Sioux Central, Sioux Rapids	3:36.62	1A -North Iowa, Buffalo Center.....	3:35.98
00	4A -Marshalltown.....	3:32.81	11 4A -Marshalltown	3:30.97
	3A -Mount Pleasant.....	3:34.82	3A -Spirit Lake Park.....	3:30.25
	2A -Beckman, Dyersville	3:37.94	2A -St. Edmond, Fort Dodge	3:34.08
	1A -Regina, Iowa City.....	3:43.58	1A -Manson Northwest Webster.....	3:34.40
01	4A -Iowa City, City High.....	3:31.40	12 4A -Prairie, Cedar Rapids.....	3:28.88
	3A -Waverly-Shell Rock.....	3:30.15	3A -Centerville	3:30.33
	2A -East Marshall, LeGrand	3:32.11	2A -St. Edmond, Fort Dodge	3:31.19
	1A -Pleasantville.....	3:36.33	1A -Lisbon.....	3:35.48
02	4A -Iowa City, City	3:31.58	13 4A -Linn-Mar, Marion	3:29.94
	3A -Perry	3:31.45	3A -Centerville	3:31.38
	2A -Preston-East Central	3:32.42	2A -Monticello	3:32.32
	1A -Pleasantville.....	3:33.07	1A -Hinton.....	3:39.03
03	4A -Valley, West Des Moines	3:31.18	14 4A -Linn-Mar, Marion	3:24.39
	3A -Assumption, Davenport	3:29.38	3A -Algona	3:30.65
	2A -Panorama, Panora.....	3:33.82	2A -Monticello	3:31.06
	1A -Turkey Valley, Jackson Junction	3:38.03	1A -Mount Ayr.....	3:36.15
04	4A -Iowa City, City	3:28.75	15 4A -Dowling Catholic, WDM	3:25.27
	3A -Assumption, Davenport	3:27.65	3A -Algona	3:29.44
	2A -Monticello	3:34.51	2A -Kingsley-Pierson/Woodbury Central.....	3:30.04
	1A -Turkey Valley, Jackson Junction	3:34.97	1A -Alta-Aurelia	3:34.52
05	4A -Cedar Falls.....	3:28.71	16 4A -Dowling Catholic, WDM	3:26.26
	3A -Wahlert, Dubuque	3:33.73	3A -Estherville-Lincoln Central	3:32.71
	2A -Unity Christian, Orange City	3:30.28	2A -Monticello	3:37.02
	1A -North Linn, Troy Mills.....	3:35.49	1A -Mount Ayr.....	3:36.01
06	4A -Marshalltown.....	3:27.75	17 4A -Dowling Catholic, WDM	3:27.74
	3A -Charles City	3:32.28	3A -Central DeWitt.....	3:33.26
	2A -Mid-Prairie, Wellman	3:32.18	2A -Anamosa	3:33.00
	1A -BCLUW, Conrad	3:33.15	1A -Lisbon.....	3:34.85
07	4A -Pleasant Valley	3:27.95	18 4A -Urbandale	3:27.91
	3A -Charles City	3:35.96	3A -Atlantic	3:32.53
	2A -Mid-Prairie, Wellman	3:32.97	2A -Pekin	3:31.49
	1A -BGM, Brooklyn.....	3:37.60	1A -Lisbon.....	3:32.87
08	4A -Pleasant Valley	3:26.51	19 4A -Johnston	3:27.19
	3A -Charles City	3:30.87	3A -Atlantic	3:31.13
	2A -Mid-Prairie, Wellman	3:26.16	2A -South Central Calhoun.....	3:35.00
	1A -BCLUW, Conrad	3:36.41	1A -Calamus-Wheatland	3:34.47
09	4A -Cedar Rapids Kennedy.....	3:28.08	20 Season canceled due to COVID-19.	
	3A -Algona.....	3:31.15		

SHUTTLE HURDLE RELAY

(2007-2008 – 30 in. hurdles; 2009-2018 – 33 in. hurdle; 2019 – 36 in. hurdles)

07	4A -Valley, WDM	57.15	2A -Beckman, Dyersville	58.99
	3A -Mount Pleasant.....	57.37	1A -Southern Cal, Lake City	1:00.21
	2A -Beckman, Dyersville	57.84	10 4A -Valley, WDM	56.66
	1A -Riceville.....	59.26	3A -Waverly-Shell Rock.....	57.99
08	4A -Iowa City West.....	56.15	2A -Eddyville-Blakesburg	48.41
	3A -Atlantic	57.30	1A -Belle Plaine	58.79
	2A -Hudson.....	57.09	11 4A -Urbandale	56.74
	1A -WACO, Wayland.....	58.15	3A -Waverly-Shell Rock.....	56.74
09	4A -Cedar Rapids Kennedy.....	57.85	2A -Collins-Maxwell-Baxter	58.20
	3A -Clear Creek-Amana	59.37	1A -Madrid	59.45
			12 4A -Iowa City, City High.....	56.78

	3A-Mount Pleasant	58.24
	2A-Beckman Catholic, Dyersville	58.47
	1A-Earlham	58.63
13	4A-Waukee	56.47
	3A-Mount Pleasant	57.55
	2A-Emmetsburg	56.82
	1A-Wapsie Valley	59.35
14	4A-Waukee	55.78
	3A-Waverly-Shell Rock	58.01
	2A-Sioux Center	57.80
	(Sioux Center ran 56.99 in the prelims)		
	1A- Madrid	58.56
15	4A-Waukee	56.02
	3A-Mount Pleasant	57.33
	2A-Camanche	57.49
	1A-Earlham	1:00.23
16	4A-Waukee	56.09

	3A-Carlisle	57.87
	2A-Clarinda	57.16
	1A-Audubon	59.22
17	4A-Ankeny Centennial	56.23
	3A-Carlisle	56.77
	2A-Central Decatur	59.22
	1A-Lake Mills	59.48
18	4A-Waukee	57.17
	3A-Carlisle	56.83
	2A-Albia	57.97
	1A-Central Decatur	58.50
19	4A-Valley, West Des Moines	57.18
	3A-Sergeant Bluff-Luton	59.63
	2A-Dike-New Hartford	59.49
	1A-Central Decatur	1:00.39
20	Season canceled due to COVID-19.		

800 METER SPRINT MEDLEY RELAY

(Started 2017)

17	4A-Bettendorf	1:32.09
	3A-Glenwood	1:33.68
	2A-South Winneshiek, Calmar	1:35.44
	1A-Lisbon	1:33.84
18	4A-Dowling Catholic, WDM	1:31.30
	3A-Glenwood	1:33.11
	2A-Beckman Catholic, Dyersville	1:33.69

	1A-Lynnville-Sully	1:33.83
19	4A-Bettendorf	1:30.92
	3A-Sergeant Bluff-Luton	1:31.77
	2A-North Fayette Valley	1:35.23
	1A-Lynnville-Sully	1:35.67
20	Season canceled due to COVID-19.		

STATE RELAY EVENTS CHAMPIONS PER SCHOOL

A-D-M, Adel	1
AGWSR, Ackley	1
AHSTW	1
Albert City-Truesdale	9
Albia	9
Alburnett	1
Algona	9
Allison-Bristow	2
Alta; Alta-Aurelia	22
Altoona	1
Ames	46
Anamosa	3
Anita	1
Ankeny	9
Ankeny Centennial	2
Aplington	2
Armstrong	1
Assumption, Davenport	7
Atlantic	7
Audubon	2
AvoHa, Avoca	1
Ballard, Huxley	2

Bayard	2
BCL, Conrad; BCLUW, Conrad	9
Beckman Catholic, Dyersville	18
Bedford	1
Belle Plaine	3
Belmond-Klemme	6
Benton Community, Van Horne	2
Bettendorf	2
B-G-M, Brooklyn	2
Bishop Garrigan, Algona	2
Bishop Heelan Catholic, Sioux City	9
Bondurant-Farrar	1
Boone	2
Boyden-Hull	2
Bridgewater-Fontanelle	1
Burlington	4
Calamus-Wheatland	2
CAL-Dows, Latimer	7
Camanche	1
Carlisle	8
Carroll	2
Cascade, Western Dubuque	1

Castana	1	Eagle Grove	18
Cedar Falls	1	Earlham.....	7
Cedar Rapids	5	East Buchanan, Winthrop	1
Cedar Rapids, Franklin	4	East Marshall, LeGrand	1
Cedar Rapids, Jefferson	7	Eddyville-Blakesburg	2
Cedar Rapids, Kennedy	4	Eldora-New Providence	1
Cedar Rapids, Regis; Cedar Rapids, Regis/LaSalle.....	2	Elk Horn-Kimballton	1
Cedar Rapids, Washington	15	Elliott	2
Cedar Rapids, Wilson	1	Emmetsburg.....	4
Center Point-Urbana	3	English Valleys, North English.....	4
Centerville	7	Epworth, Western Dubuque.....	1
Central Clinton, DeWitt/Central DeWitt	11	Essex	1
Central Decatur, Leon	4	Estherville-Lincoln Central	1
Central, Elkader	1		
Central Lee, Argyle/Donnellson	3	Fairfield	3
Central Lyon, Rock Rapids	8	Farragut	2
Central Webster, Burnside	4	Fayette	1
Chariton.....	1	Forest City.....	3
Charles City.....	4	Fort Dodge	6
Charter Oak-Ute	1	Fort Madison	3
Cherokee, Washington.....	12	Fredericksburg	3
Clarinda Academy	1		
Clarinda	6	Galva-Holstein	1
Clarion	2	Garner-Hayfield.....	8
Clay Central, Royal	2	Gehlen Catholic, LeMars	6
Clear Creek-Amana	2	George-Little Rock	1
Clear Lake	5	Gilbert	2
Clinton	12	Gilmore City-Bradgate	1
Clinton, St. Mary's	2	Glenwood	10
Colfax	1	Glidden-Ralston	2
College Springs	3	Goldfield	1
Collins-Maxwell-Baxter.....	3	Graettinger	1
Colo-NESCO	1	Greene	5
Columbus Junction, Columbus	2	Grinnell.....	4
Columbus, Waterloo.....	2	Griswold	5
Corning.....	2	Grundy Center	1
Corydon.....	1		
Council Bluffs, Abraham Lincoln	1	Hamburg	12
Crestland, Early.....	1	Hampton-Dumont.....	7
Creston.....	1	Harlan	2
		Hartley	1
Dallas Center-Grimes.....	5	Havelock-Plover	1
Davis County, Bloomfield	7	Hawarden.....	1
Davenport; Davenport, Central	35	Hedrick	1
Davenport, West	3	Hinton	1
Decorah; Decorah-North Winneshiek	6	Hubbard-Radcliffe	1
Denison	1	Hudson.....	1
Des Moines, East	40	Humboldt.....	6
Des Moines, Hoover.....	3		
Des Moines, Lincoln.....	2	Ida Grove	4
Des Moines, North	28	Indianola	11
Des Moines, Roosevelt	14	Iowa City, City High.....	34
Des Moines, Tech	8	Iowa City, West	6
Des Moines, West	10	Iowa Falls; Iowa Falls-Alden	9
Dexfield, Redfield	6	Iowa Mennonite School, Kalona	4
Dike	3	Iowa School for Deaf, Council Bluffs	5
Dike-New Hartford.....	3	Iowa Valley, Marengo	2
Dowling Catholic, West Des Moines	6	Irwin	1
Dubuque, Senior	8		
		Janesville	1

Jefferson.....	5	Northern University High & Teachers, Cedar Falls.....	20
Jesup.....	1	OA-BCIG	2
Johnston.....	5	Okoboji, Milford & Milford.....	2
Kalona	1	Osage	1
Kanawha	5	Oskaloosa	2
Kingsley-Pierson	1	Ottumwa.....	5
Kingsley-Pierson/Woodbury Central	2		
Knoxville	4	Panorama, Panora.....	7
Lake City	8	Paullina	6
Lake Mills	4	Pekin	6
Lake View-Auburn	1	Pella	3
LaPorte City.....	2	Perry	7
Lawton-Bronson	4	Pleasant Valley	3
LDF-SEMCO, LeGrand	1	Pleasantville	6
LeMars	3	Pocahontas Area	2
Lewis Central, Council Bluffs	1	Pocahontas, Catholic.....	1
Lincoln Central, Gruver	2	Pomeroy.....	4
Linn-Mar, Marion	6	Postville.....	1
Lisbon.....	7	Prairie City	1
Louisa-Muscatine, Letts	2	Prairie, Cedar Rapids	9
LuVerne.....	2	Prairie, Gowrie	9
Lynnville-Sully	7	Preston-East Central	1
Madrid	12	Primghar	10
Manning.....	4		
Manson; Manson-Northwest Webster.....	11	Quimby.....	1
Maquoketa.....	1	Red Oak.....	4
Marion	3	Regina, Iowa City	2
Marshalltown	15	Reinbeck	1
Mason City	11	Riceville.....	1
Maurice-Orange City	10	Riverside, Oakland.....	4
Mediapolis	4	Rockwell City	3
Meriden-Cleghorn	2	Roland-Story	4
Meservey-Thornton	2	Ruthven.....	1
Mid-Prairie, Wellman.....	7		
Miles	1	Sac City.....	5
Monroe	1	Saint Ansgar	1
Montezuma.....	1	Saydel	2
Monticello	11	Schaller	3
Moravia.....	2	Schleswig	1
Mount Ayr	4	Scranton.....	6
Mount Pleasant	15	Sergeant Bluff-Luton	7
Mount Vernon.....	3	Seymour.....	2
Moville	5	Sheffield-Chapin	2
Muscatine	2	Sheldon	6
Nevada	7	Shenandoah.....	5
New Hartford	3	Sibley	1
New London	2	Sidney	3
Newton	5	Sioux Center	9
Nishna Valley	1	Sioux City	2
North Fayette Valley.....	2	Sioux City, Central	12
North Iowa, Buffalo Center.....	2	Sioux City, East.....	7
North Linn, Coggon	3	Sioux City, Trinity	1
North Mahaska, New Sharon	8	Sioux City, West.....	1
North Scott, Eldridge	4	Sioux Rapids; Sioux Central	4
Northeast, Goose Lake	2	Solon	1
Northwood-Kensett	5	South Central Calhoun	2
		South Hamilton, Jewell	2
		South Tama County	5

South Winneshiek, Calmar.....	2	Washington	6
Southern Cal, Lake City	1	Waterloo, Central	2
Spencer.....	3	Waterloo, East	4
Spirit Lake; Spirit Lake-Park.....	8	Waterloo, West	8
St. Albert, Council Bluffs	14	Waukeee	14
St. Edmond, Fort Dodge	13	Waukon	1
Storm Lake	13	Waverly-Shell Rock.....	9
Stuart-Menlo	1	Webster City	2
Sumner.....	1	Wellman	2
Sutherland	3	Wellsburg	1
Tabor	2	West Bend-Mallard	4
Terril	10	West Burlington/Notre Dame	4
Titonka.....	4	West Branch	8
Tipton	10	West Chester	3
Toledo Juvenile Home	1	West Delaware, Manchester.....	1
Traer.....	1	West Hancock, Britt	13
Treynor	11	West Harrison, Mondamin	2
Tripoli.....	3	West Liberty	2
Tri-Center, Neola.....	2	West Lyon, Inwood	5
Turkey Valley, Jackson Junction.....	4	West Marshall, State Center.....	9
Twin Rivers, Bode	1	West Monona, Onawa	11
Unity Christian, Orange City.....	5	Westwood, Sloan	2
Urbandale.....	3	Western Christian, Hull	2
Valley, West Des Moines; Valley Junction	33	Williamsburg	6
Ventura.....	1	Winterset.....	1
Villisca	3	Woodbine	10
WACO, Wayland	1	Woodward-Granger	3
Wahlert, Dubuque	5	Xavier, Cedar Rapids.....	5
Wall Lake.....	4	YJB, Jamaica	3
Wapsie Valley, Fairbank	3		

SCHOOLS WITH THE MOST RELAY TITLES

Ames	46	Des Moines, North	27
Des Moines, East	40	Alta; Alta/Aurelia	22
Davenport; Davenport, Central	35	Northern University High & Teachers, Cedar Falls.....	20
Iowa City, City High.....	34	Eagle Grove	18
Valley, West Des Moines	33		

* Listings are the national records kept by the NFHS unless the event is not one they sanction. States must submit marks for verification. To qualify the **performance must be set against high school competition**.

Various groups that list high school records may include better performances but they were established in non-high school competition.

denotes event not included in NFHS national record-keeping since it is not contested in all states or was achieved in a meet that was not limited to high school, but the events are run in Iowa. SHR nationally is 4 x 110m HH.

