



Return to Competition Bowling Guidelines

**Overview and Information for Iowa High
School Bowling Coaches**

2020-21 Season

Overview

- **Please submit questions through the Q&A feature-we will attempt to answer them live.**
- **Once presentation is over, we will also answer questions or review information in more detail.**
- **Zoom is recorded and a link will be provided for later viewing.**



Overview

- Recommendations are from IGHSAU/IHSAA for its member schools and should not supersede guidelines, mandates, requirements, and/or orders put into place by:
 - Iowa Governor's Office
 - Iowa Department of Public Health
 - Iowa Department of Education
 - Federal, local or county government entities
 - Federal, local or county health departments
 - Local School Districts



Supervision

- It is the responsibility of the home team to provide proper administrative supervision (not the coach) at contests to assure compliance with the guidelines set forth by the Governor's office, the Department of Education, the Department of Public Health, the Iowa High School Athletic Association and the Iowa Girls High School Athletic Union.



Return to Learn & Competition

- The decision regarding whether or not to allow teams to participate rests solely with local school districts.
- Schools deciding to not participate in a sport should send written notice from its Superintendent or designated school official to IHSAA Executive Director Tom Keating/IGHSAU Executive Director Jean Berger by November 16th.



Eligibility Options

Students in districts that do NOT offer one or more Winter Sports:

- The District not offering the sport may develop a cooperative sharing agreement with a district that does offer the sport. This may jeopardize the host school's post-season eligibility if the combined enrollment moves the host school to the next enrollment class. *As per 36.15(4)(b)*
- Students in a district not offering the sport may open enroll to another district and would be immediately eligible to participate in that sport. In such a situation, students who open enroll would be ineligible for varsity competition in all sports which their home district offers. *As per 36.15(4)(a)*



Academic Eligibility

- All students are eligible for the start of winter sports. All students must be enrolled in and equivalent of at least four courses to be eligible.



Pre-Participation Physicals

- As per the amendment issued by Governor Reynolds on June 25, all physicals signed on or after July 1, 2019 are good through December of 2020.
- Schools should use the previous PPE form for the 2020-2021 school year. The revised PPE form has not been approved for distribution.



Transportation

- Guidelines will reflect school transportation guidelines which will come from the Department of Education.



Possible/Positive COVID-19 Cases

- Each school should identify a point of contact for athletes, coaches, and other personnel to report to when he/she experiences COVID-19 symptoms, a positive COVID-19 test result or contact with a person with a positive COVID-19 test result. This identified person will be responsible to report such situations to local public health.
- Each school should develop a communication plan to notify relevant persons (players, coaches, spectators) when contact-tracing indicates the need to.



Health Screening

- Schools should implement health screening for practices and games similar to methods used during the summer and fall seasons. Self-screening and reporting to the school representative (AD/Coach/Trainer, etc.) is permissible.
- Any individual reporting symptoms and/or a temperature of 100.4F or higher should be isolated until they can safely transport home.



Social Distancing

- The overarching safety principal in all areas of athletic activities (meetings, practices, travel, instruction, drills, benches, spectators, locker rooms, training rooms, concessions, restrooms, etc.) is that individuals should maintain 6 feet of social distancing.



Hand Sanitizing

- Student-athletes should be encouraged to frequently sanitize their hands before, during and after practice and competition. Non-touch hand sanitizers may be used. Student-athletes should have their own personal hand sanitizer. Individuals should especially sanitize before touching “common” equipment or other items.



Equipment Sanitizing

- Any equipment that is shared by student-athletes should be sanitized before and after practice as well as before and after competition.
- Individuals should never share towels. Each individual should bring or be issued his/her own clean towel at the beginning of practice or competition. Towels should be laundered after each practice and game.



Water

- Each individual student-athlete should have their own water container.
- If a hydration station (e.g. cooler) is provided, individuals must sanitize their hands prior to using the hydration station. An alternative practice is to assign one person to fill water bottles and that person should wear a mask and protective gloves.
- Host schools may provide a water source for visitors but visitors should bring their own hydration station (cooler).



Spectators

- Schools should implement spectator protocols by following CDC and local department of health guidelines regarding size of gatherings and social distancing.
- Spectators should use 6 feet social distancing. Families may sit/stand together but should social distance from others. Frequent reminders should be made via public address.
- Just as businesses may require customers to wear masks, schools may require spectators to wear masks.



Media

- Schools should communicate with media regarding protocols for practices and games. It is recommended that:Space be provided for media game coverage that takes into consideration:
 - 6 feet of social distancing
 - Priority given to: 1) home team coverage; 2) visiting team coverage; 3) other coverage
- Procedure be established regarding interview requests prior to/after practices and games, including
 - Identifying an area where interviews will be conducted.
 - Establishing a required advanced notice timeframe.



Participation Levels

- This guidance is intended for high school varsity, sub-varsity and junior high school activities as overseen by the IGHSAU/IHSAA.
- Sub-varsity and junior high sports are approved to resume IGHSAU/IHSAA activities in the 2020-21 school year.



Bowling Rules Considerations

- The use of rubbing alcohol (Isopropyl Alcohol) is permitting this year to disinfect your bowling ball.



Regular Season Considerations

- Teams should follow the COVID rules and regulations of the bowling venues.
- Bowling venues will determine the seating capacity



Regular Season Considerations

- Masks are strongly encouraged for all spectators, coaches and participants
- Bowlers may remove masks when ready to bowl



Regular Season Considerations

- No sharing of bowling balls
- Handshakes & high fives strongly discouraged



Regular Season Considerations

- Separate JV/Varsity competitions or boys/girls competition
- Possibly schedule for JV-only meets



Suggested Ideas/Formats

- One team (6 bowlers) on two lanes for both rounds of bowling
- No movement to other lanes



Postseason

State Qualifying Meets

- Boys state qualifying meets on Monday, February 15
- Girls State Qualifying Meets on Tuesday, February 16

State Bowling Tournament

Monday, Feb. 22: 8:30 a.m. – Class 1A girls; 2:00 p.m. – 2A girls

Tuesday, Feb. 23: 8:30 a.m. – Class 3A girls; 2:00 p.m. – 3A boys

Wednesday, Feb. 24: 8:30 a.m. – Class 2A boys; 2:00 p.m. – 1A boys



State & Partner Links

- [Iowa Department of Public Health](#)
 - The latest on COVID-19 in our state, including guidance and public health tips.
- [Iowa Department of Education](#)
 - The latest on school closures and continued learning guidance for Iowa school districts.
- [Iowa Girls High School Athletic Union](#)
 - Iowa is the only state in the nation with separate boys and girls high school athletic organizations, but we are continuing to work together throughout this crisis.
- [Iowa High School Music Association](#)
 - The IHSMA is a Unified Activities partner of the IHSAA and its offices are located inside our Boone office.
- [Iowa High School Speech Association](#)
 - The IHSSA is a Unified Activities partner of the IHSAA and its offices are located inside the IGHSAU office in West Des Moines.



Contacts

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Good luck this season!

