



2020-21 BASKETBALL CONSIDERATIONS/GUIDELINES

Overview

- Please submit questions through the Q&A feature- we will attempt to answer them live.
- Once presentation is over, we will also answer questions or review information in more detail.
- Guidelines for coaches and officials will be shared on Tuesday, October 27 .

Zoom- 6:30 PM Coaches with the Officials at 8:00 pm

2020-21 Season in COVID-19 World

- Recommendations are from IGHSAU/IHSAA for its member schools and should not supersede guidelines, mandates, requirements, and/or orders put into place by:
 - Iowa Governor's Office
 - Iowa Department of Public Health
 - Iowa Department of Education
 - Federal, local or county government entities
 - Federal, local or county health departments
 - Local School Districts

Return To Activities After 100% On Line

- In-person sports and other activities can resume by grade level on the Saturday prior to the school week in which school buildings are open and in-person learning, including learning provided through a hybrid model, is an option available for families who select it. The hybrid model does not need to provide 50% in-person instruction to be eligible to offer in-person extracurricular activities, so long as it is not 100% online/remote.

Face covering guidance

- The IDPH will no longer recommend those who have been exposed to a person who tested positive with coronavirus to self-quarantine for 14 days if both people were wearing a facial covering.

Basketball Return to Competition

- *Pregame Protocol*

- Limit **attendees** to the referee and the head coach from each team with each coach standing on the center circle on each side of the division line.
- All individuals maintain a social distance of 6 feet or greater at the center circle.
- Suspend handshakes and fist bumps prior to and following the Pregame Conference.

Team Benches

- ***Social distancing should be practiced when possible. Below are some suggestions (not required).***
 - Limit the number of bench personnel to observe social distancing of 6 feet or greater.
 - Place team benches opposite the spectator seating.
 - Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater (consider fire code).
 - Create separation between the team bench and spectator seating behind the bench (recommendation would be the 1st 2 rows of seating on team bench side whenever possible).
 - Limit contact between players when substituting.
 - Personnel not in the game should adhere to any required local/state face covering requirements.

Officials Table

- The host should sanitize the table before the game and at half time.
- Place officials table sufficiently away from the sideline to allow for additional space for substitutes.
- Limit seats at the table to essential personnel which includes home team scorer, timer, and announcer with a recommend distance of 6 feet or greater between individuals. Other personnel (visiting scorer, statisticians, media, etc.) may not be deemed essential personnel and consider an alternate location for them.
- Table personnel should adhere to any required local/state face covering requirements.

Pre and Post Game

- The five starters on the visiting team will be introduced first. They will move to the free throw line area on their end of the court until all starters are introduced.
- The five starters from the home team will then be introduced and go to their free throw line area on their end of the court until all starters are introduced.
- There will be no pregame handshakes or fist bumps.
- When the game is concluded players will utilize an appropriate sign of respect and sportsmanship directed to their opponent and then exit the court to their team bench. Please develop and utilize an appropriate sign of respect and sportsmanship that does not include handshake or other physical contact; suggestions include head nod, wave, chest thump with fist, salute, etc.

Equipment And Accessories

- Host team is responsible for sanitizing the game ball as recommended by the ball manufacturer (do not use game balls for warmups) Game ball(s) shall be placed at the score table for the officials.
- The host school should provide warm-up balls and properly sanitize them prior to being used before each game – recommendation would be to have a separate rack of balls for the home and visiting team.
- The host school should ensure that the game ball is sanitized during time-outs and between quarters.

Equipment And Accessories

- Sanitizer should be provided by the host team at the table.
- Cloth face coverings are permissible for players.
- If student/athletes choose to wear a gaiter around their neck during the contest, this is allowed as long as the gaiter is school-approved – we are not concerned about color or lettering.
- Strongly consider requiring coaching staff and other bench personnel to wear face coverings while on the bench.
- All players must sanitize their hands before and after warm-ups, at all timeouts, at quarter and halftime breaks, and anytime they leave the playing court. Coaches are strongly encouraged to sanitize their hands as often as possible as well.

Officials Uniforms and Equipment

- Long-sleeved shirts are permissible.
- Officials should not be required to wear jackets during pre-game court/player observation.
- Electronic whistles are permissible (supplies are limited).
 - Choose a whistle whose tone will carry inside.
 - Check the market for choices
 - Whistles with spit hoods/bags are permitted.
 - Face coverings with whistles built in are permitted.
- Cloth face coverings are permissible.
- Gloves are permissible.

Other Considerations for Officials

Throw-in

Official may stand 6 feet or greater away from player making the throw-in and bounce the ball to that player on a front court throw-in.

Free Throw Administration

The lead official shall stand on the end line and bounce the ball to the shooter.

Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “pods” of same students always training together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

Considerations for Students

- Consider making each student responsible for their own supplies (water bottle, hand sanitizer, face covering, towel, etc.)
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Player braces, equipment, etc. should be cleaned after each use/wearing.
- Hand sanitizers should be plentiful at all games and practices.
- Athletes should tell coaches immediately when they are not feeling well.
- Cloth face coverings are permissible.

Considerations for Officials

- Take your temperature prior to attending your competition. If temperature is above 100.4 you should notify your contracted school immediately.
- If you do not feel well and COVID-19 symptoms are present, notify your contracted school and assigner immediately and stay home.
- Bring personal hand sanitizer. Wash/sanitize hands upon arrival and frequently throughout your time working the contest(s).
- Do not share equipment.
- Follow social distancing guidelines during pre- and post-game conferences and during games.
- Do not shake hands or fist bump other officials, players or coaches.
- Officials may wear face coverings at all times. Officials are strongly encouraged to wear masks into the facility until they prepare for the contest but not required (halftimes, between games and after games).
- Officials are NOT responsible for monitoring activities on the sidelines, such as social distancing, hand sanitizing, symptoms of illness and other such issues. This monitoring remains with the coaching staff and school personnel.

Considerations for Parents, Workers, Volunteers

- Provide personal items for your child and clearly label them.
- The use of cloth face coverings is strongly encouraged. In addition, social distancing is strongly encouraged as much as possible for non-participants, parents, coaches, officials, and other event volunteers.

Consideration for Administration

- Facility Sanitization – Which facilities are going to need sanitization, how often will sanitization be needed, who will be doing the sanitizing. Make sure equipment is sanitized before and after each practice.
- Basketballs should be cleaned according to manufacturer recommendations.
 - <http://www.kshsaa.org/Public/COVID/PDF/SpaldingBallCleaningGuidelines.pdf>
- Postseason – Potential options may be considered regarding the games/format depending upon the status of Covid-19.

Consideration for Administration

- Locker rooms may be utilized however the Department of Public Health guidelines must be adhered to. Locker rooms must be cleaned and sanitized after each team leaves.
- If the official locker room is small and officials can't socially distance, consider providing a larger room for the pre-game meeting and halftime.
- Admission may be taken using sanitization practices or a free-will donation container is an option as well.
- It is the responsibility of the home team to provide proper administrative supervision (not the coach) at contests to assure compliance with the guidelines set forth by the Governor's office, the Department of Education, the Department of Public Health, the Iowa High School Athletic Association and the Iowa Girls High School Athletic Union.

Training Rooms

- All individuals utilizing the training room should wear a face mask at all times.
- Host site athletic training room should not be available for visiting team pregame and postgame treatments.
- If a team travels without an athletic trainer, all pregame taping, bracing, etc., should be completed before departure to the game. Host site athletic trainer should be contacted prior to the trip to plan for any requested accommodations.
- All taping/exam tables should be disinfected before and after each use.
- All taping/exam tables should be distanced at least 6 feet apart.
- Cold and hot tubs should only be used by one individual at a time.
- Cold and hot tubs should be drained, cleaned and disinfected between individual use and at the beginning and end of every day.

Locker Rooms

- Locker rooms may be used and should be sanitized every day and after use by each and every group. Schools should coordinate with their maintenance departments regarding sanitizing.
- All school-issued and personal clothing, equipment and other items should be taken home following practices and/or contests. Locker rooms should not be used as a storage area for clothing and/or equipment.
- Players, coaches and others using locker rooms should maintain 6 feet of social distancing. This may require a rotating schedule for use of locker rooms to avoid congestion. A record of individuals in each rotation should be kept to facilitate contact-tracing if necessary.
- Players, coaches and others using locker rooms are strongly encouraged to wear masks while in the locker room.
- Visitor locker room should be identified and should be sanitized prior to arrival of team and after departure of team.

Participation Levels

- Sub-varsity and junior high sports are approved to resume IGHSAU/IHSAA activities in the 2020-21 school year.
- This guidance is intended for high school varsity, sub-varsity and junior high school activities as overseen by the IGHSAU/IHSAA.