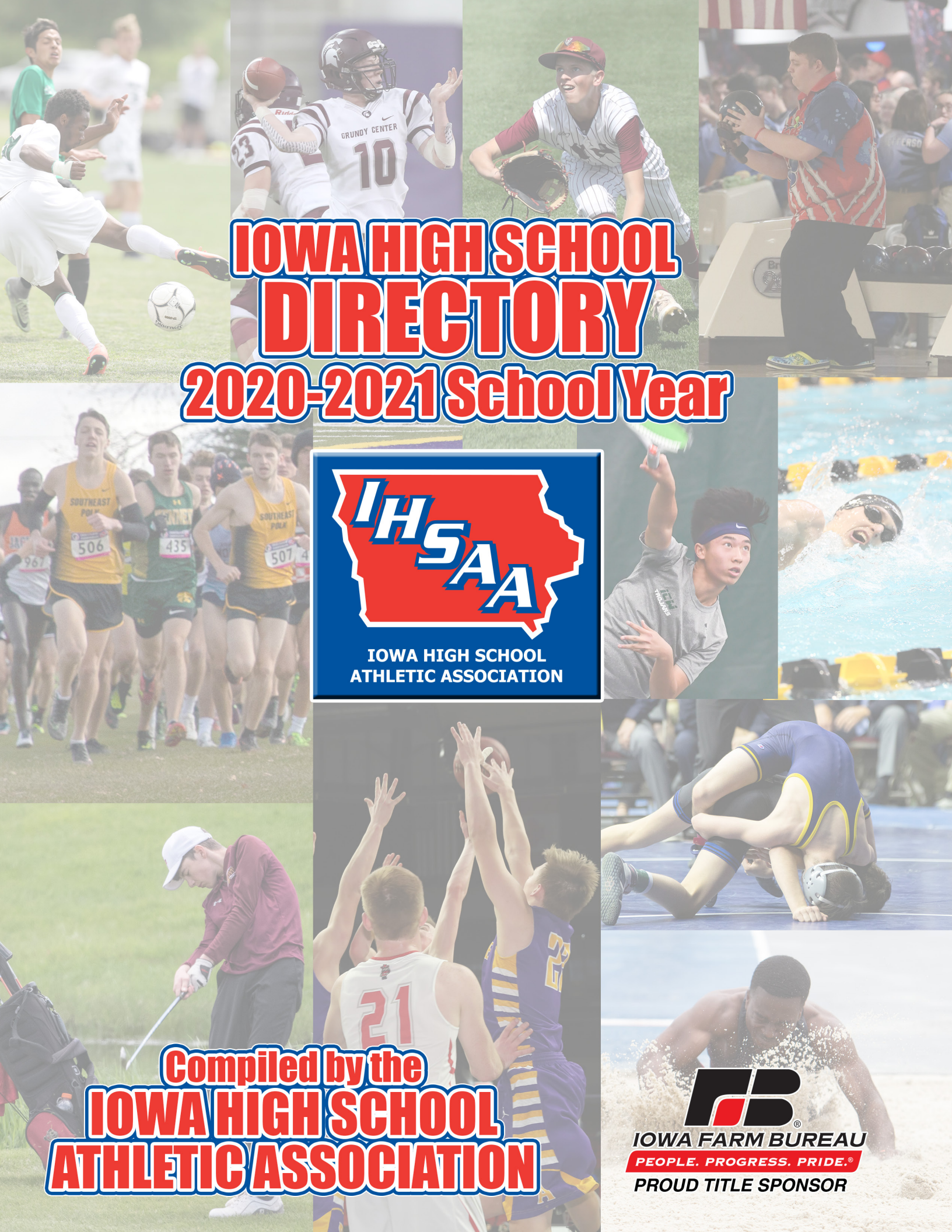




IOWA HIGH SCHOOL DIRECTORY

2020-2021 School Year



Compiled by the
**IOWA HIGH SCHOOL
ATHLETIC ASSOCIATION**

IFB
IOWA FARM BUREAU
PEOPLE. PROGRESS. PRIDE.®
PROUD TITLE SPONSOR

DIRECTORY

2020-2021 SCHOOL YEAR

YOUR IOWA HIGH SCHOOL ATHLETIC ASSOCIATION DIRECTORY

This directory of administrators, athletic directors, coaches, and music and speech directors has been prepared and published by the Iowa High School Athletic Association with the hope it will find many uses among its member schools and officials.

IHSAA SCHOOL LISTING TO COINCIDE WITH DOE LISTING

A change has been made in the way the Iowa High School Athletic Association lists school names. As directed by the Board of Control, the IHSAA will now list school names so they coincide with the way the Department of Education lists them...that is with the actual school system name listed first.

DIRECTORY LISTING UPDATES

Only positions listed and completed with the online form are listed in this printed directory. Please note if you have changes in your directory information, go to your "Member School Link" and make those changes to your listing. You will need the same password that was sent to the school in the spring.

IHSAA MISSION STATEMENT

"The Iowa High School Athletic Association serves its member schools and students by providing leadership and support for education based interscholastic athletics that enrich the educational experience of the student athlete."



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

Member of National Federation of State High School Associations
(515) 432-2011 1605 S. Story Street, P.O. Box 10, Boone, IA 50036-0010 FAX (515) 432-2961

World Wide Web Site - <http://www.iahsaa.org>

2020-2021 IHSAA DIRECTORY



Iowa High School Athletic Association Contact List - By Sports

Baseball – Todd Tharp / Jared Chizek
Basketball – Todd Tharp
Bowling – Todd Tharp
Cross Country – Jared Chizek
Football – Todd Tharp
Golf – Chad Elsberry
Soccer – Todd Tharp
Swimming – Jared Chizek
Tennis – Lewie Curtis
Track and Field – Jared Chizek
Wrestling – Lewie Curtis
Jared Chizek (Weight management)

Iowa High School Athletic Association E-Mail Addresses

Laura Brooker, Asst. to the Director of Officials - officials@iahsaa.org
Jared Chizek, Assistant Director - jchizek@iahsaa.org
Chelsea Clark, Administrative Assistant - cclark@iahsaa.org
Chris Cuellar, Communications Director - ccuellar@iahsaa.org
Lewie Curtis, Director of Officials - lcurtis@iahsaa.org
Chad Elsberry, Assistant Director - celsberry@iahsaa.org
Elisa Kahler, Office Manager - ekahler@iahsaa.org
Tom Keating, Executive Director - tkeating@iahsaa.org
Tim Latta, Digital Print Specialist - tlatta@iahsaa.org
Kim Mechura, Administrative Assistant - kmechura@iahsaa.org
Jessica Morgan, Director of Finance - jmorgan@iahsaa.org
Todd Tharp, Assistant Director - ttharp@iahsaa.org



**Proud Title Sponsor
of the IHSAA**

Iowa High School Music Association (www.ihsma.org)
PO Box 10, 1605 S. Story Street
Boone, IA 50036
515-432-2013

Iowa Girls High School Athletic Union (www.ighsau.org)
5000 Westown Parkway, Suite 150
West Des Moines, IA 50312
515-288-9741

Iowa High School Speech Association (www.ihssa.org)
5000 Westown Parkway, Suite 150
West Des Moines, IA 50312
515-288-9741

BEING A STUDENT ATHLETE MEANS...

**KEEPING
ACADEMICS
FIRST**



A message from the Iowa High School Athletic Association

**INTRODUCE A FRIEND
TO THE WORLD
OF OFFICIATING**



**Learn more about
Officiating and the IHSAA at
www.iahsaa.org**

2020-2021 School Directory

ACGC

Street Address: 906 School St
City: Guthrie Center
Zip Code: 50115
Mailing Address: 906 School St
City: Guthrie Center
Zip Code: 50115-1436
Supt. St Address: 906 School St
Supt. City: Guthrie Center
Supt. Zip: 50115-1436
County: Guthrie
Area Code: 641
School Phone: 332-2236
HS Fax: 332-2973
AD Fax: 332-2973
Web Site: <http://www.acgcschools.org>
School Colors: Black & Gold
Nickname: Chargers
Conference: West Central Activities

Superintendent.....Dennis McClain
Phone.....(641)332-2972
Email.....dmcclain@acgcschools.org
Principal.....Ethan Lensch
Phone.....(641)332-2974
Email.....elensch@acgcschools.org
Athletic Administrator.....Cody Matthewson
Phone.....(641)332-2974
Email.....cmatthewson@acgcschools.org
Athletic Secretary.....Tara Embleton
Phone.....(641)332-2972
Email.....tembleton@acgcschools.org
Golf.....Lori McGivney
Girls Golf.....Lori McGivney
Basketball.....Lance Kading
Girls Basketball.....Brad Baudler
Baseball.....Taylor Morris
Girls Softball.....Eric Van Meter
Wrestling.....Shawn Danker
Football.....Cody Matthewson
Girls Volleyball.....Trevor Irwin
Track & Field.....Cody Matthewson
Girls Track & Field.....Colin Shawgo
Cross Country.....Colin Shawgo
Girls Cross Country.....Colin Shawgo
Football Cheerleading.....Jen Betterton, Courtney Sheeder
Basketball Cheerleading.....Carie Gruber
Wrestling Cheerleading.....Brenda Rumelhart
Speech Director.....Kelsey Moran
Student Council.....Marie Gipson
Band Director.....Kyra Babcock
Vocal Director.....Kelsey Moran

ADM, ADEL

Street Address: 801 Nile Kinnick Dr S
City: Adel
Zip Code: 50003
Mailing Address: 801 Nile Kinnick Dr S
City: Adel
Zip Code: 50003
Supt. St Address: 215 N. 11th Street
Supt. City: Adel
Supt. Zip: 50003
County: Dallas
Area Code: 515
School Phone: 993-4584
HS Fax: 993-3025
AD Fax: 993-3025
Web Site: <http://www.admschools.org>
School Colors: Red & Black
Nickname: Tigers
Conference: Raccoon River

Superintendent.....Greg Dufoe
Phone.....(515)993-4283
Email.....gdufoe@adm.k12.ia.us
Asst/Assoc Supt.....Travis Wilkins
Phone.....(515)993-4283
Email.....twilkins@adm.k12.ia.us
Admin Asst.....Debbie Stiles
Phone.....(515)993-4283
Email.....dstiles@adm.k12.ia.us
Principal.....Lee Griebel
Phone.....(515)993-4584
Email.....lgriebel@adm.k12.ia.us
Asst/Assoc/Vice-Principal.....Matt Lohmann
Phone.....(515)993-4819
Email.....mlohmann@adm.k12.ia.us
Athletic Administrator.....Rod Wiebers
Phone.....(515)993-4819
Email.....rwiebers@adm.k12.ia.us
Athletic Secretary.....Lisa Wilken
Phone.....(515)993-4819
Email.....lwilken@adm.k12.ia.us
Sports Medicine Provider.....Select Medical
Golf.....Nolan Gitch
Girls Golf.....Dana Brown
Basketball.....Aaron Mager
Girls Basketball.....Jacob Cleveland
Baseball.....Jason Book
Girls Softball.....Jodi Doty
Wrestling.....Chris Hatchitt
Football.....Garrison Carter
Girls Volleyball.....Mary Beth Scott
Track & Field.....Jesse Hunt
Girls Track & Field.....Bart Mueller
Cross Country.....Josh Chapman
Girls Cross Country.....Steve Brown
Soccer.....Bill Shields
Girls Soccer.....Kelsey Gaffney
Football Cheerleading.....Taylor White
Basketball Cheerleading.....Taylor White
Wrestling Cheerleading.....Taylor White
Speech Director.....Jacqueline Seidl
Student Council.....Tammie Smith
Band Director.....Russ Braun
Vocal Director.....Rebecca Cassel

AGWSR, ACKLEY

Street Address: 918 4th Ave
City: Ackley
Zip Code: 50601
Mailing Address: 918 4th Ave
City: Ackley
Zip Code: 50601
Supt. St Address: 918 4th Ave
Supt. City: Ackley
Supt. Zip: 50601
County: Hardin
Area Code: 641
School Phone: 847-2633
HS Fax: 847-3345
AD Fax: 847-3345
Web Site: <http://www.agwsr.org>
School Colors: Purple, Navy, White
Nickname: Cougars
Conference: North Iowa Cedar-West
Superintendent.....Erik Smith
Phone.....(641)847-2611
Email.....esmith@agwsr.org
Principal.....Jason Gabel
Phone.....(641)847-2633
Email.....jgabel@agwsr.org

Athletic Administrator.....Lowell Young
Phone.....(641)847-2633
Email.....ad@agwsr.org
Golf.....Brad Hames
Girls Golf.....Stacy Drake
Basketball.....Ryley Schipper
Girls Basketball.....Laurie Gann
Baseball.....David Showalter
Girls Softball.....Brenda Drake
Wrestling.....Chad Gerbracht
Football.....James Koop
Girls Volleyball.....Jill Smith
Track & Field.....Ryley Schipper
Girls Track & Field.....Laurie Gann
Cross Country.....Matt Balsley
Football Cheerleading.....Christy Koop
Basketball Cheerleading.....Christy Koop
Wrestling Cheerleading.....Stacy Drake
Speech Director.....Christy Koop
Student Council.....Christy Koop
Band Director.....Jeremy Idler
Vocal Director.....Kim Medick

AHSTW, AVOCA

Street Address: 768 S Maple
City: Avoca
Zip Code: 51521
Mailing Address: 768 S Maple
City: Avoca
Zip Code: 51521
Supt. St Address: 768 S Maple
Supt. City: Avoca
Supt. Zip: 51521
County: Pottawattamie
Area Code: 712
School Phone: 343-6364
HS Fax: 343-2170
AD Fax: 343-6915
Web Site: <http://www.ahstwschools.org>
School Colors: Blue, White, and Red
Nickname: Vikings & Lady Vikes
Conference: Western Iowa
Superintendent.....Darin Jones
Phone.....(712)343-6364
Email.....darin.jones@ahstwschools.org
Admin Asst.....Mary Kay Sievers
Phone.....(712)343-6364 x7500
Email.....marykay.sievers@ahstwschools.org
Principal.....Mike Embrock
Phone.....(712)343-6364
Email.....mike.embrock@ahstwschools.org
Athletic Administrator.....Jason Holst
Phone.....(712)343-6364
Email.....jason.holst@ahstwschools.org
Co-AD/Assistant.....Mike Embrock
Phone.....(712)343-6364
Email.....mike.embrock@ahstwschools.org
Athletic Secretary.....Mary Kay Sievers
Phone.....(712)343-6364
Email.....marykay.sievers@ahstwschools.org
Sports Medicine Provider.....Stephanie Harder (AHSTW CSC)
Golf.....Lori Tiarks
Girls Golf.....Lori Tiarks
Basketball.....G.G. Harris
Girls Basketball.....Jill Vanderhoof
Baseball.....Jason Holst
Girls Softball.....G.G. Harris
Wrestling.....Evan McCarthy
Football.....G.G. Harris
Girls Volleyball.....Kelsey Muxfeldt
Track & Field.....Jackson Renberg

Girls Track & Field.....Jenny Hamilton
 Cross CountryJenny Hamilton
 Girls Cross Country.....Jenny Hamilton
 Soccer.....James Johnson
 Girls SoccerBeth Herbst
 Football CheerleadingJoy Best
 Basketball Cheerleading.....Joy Best
 Wrestling Cheerleading.....Katie Pace
 Speech DirectorAmy Pattee
 Student CouncilKelsey Muxfeldt
 Band DirectorAnnie Keupp
 Vocal Director.....Tyler Privia

AKRON-WESTFIELD

Street Address: 850 Kerr Drive
 City: Akron
 Zip Code: 51001
 Mailing Address: 850 Kerr Drive
 City: Akron
 Zip Code: 51001
 Supt. St Address: 850 Kerr Drive
 Supt. City: Akron
 Supt. Zip: 51001
 County: Plymouth
 Area Code: 712
 School Phone: 568-2020
 HS Fax: 568-2997
 AD Fax: 568-2997
 Web Site: <http://www.akron-westfield.com>
 School Colors: Red & Black
 Nickname: Westerners
 Conference: War Eagle
 Superintendent.....Randy Collins
 Phone.....(712)568-2616
 Email.....rcollins@akron-westfield.com
 PrincipalDerek Briggs
 Phone.....(712)568-2020
 Email.....dbriggs@akron-westfield.com
 Athletic Administrator.....Todd Colt
 Phone.....(712)568-2020
 Email.....tcolt@akron-westfield.com
 GolfTodd Colt
 Girls Golf.....Todd Colt
 Basketball.....Chad Clay
 Girls Basketball.....Kent Johnson
 Baseball.....Gordy Johnson
 Girls Softball.....Todd Colt
 Wrestling.....John Sievert
 FootballEric Walkingstick
 Girls Volleyball.....Robyn VanEldik
 Track & Field.....Kent Johnson
 Girls Track & Field.....Eric Walkingstick
 Speech Director.....Colleen Westergard
 Student Council.....Krista Weiland
 Band Director.....Jacob Hecht
 Vocal Director.....Ryan Schuknecht

ALBIA

Street Address: 503 B Ave E
 City: Albia
 Zip Code: 52531
 Mailing Address: 503 B Ave E
 City: Albia
 Zip Code: 52531
 Supt. St Address: 701 Washington Ave E
 Supt. City: Albia
 Supt. Zip: 52531
 County: Monroe
 Area Code: 641
 School Phone: 932-2161
 HS Fax: 932-7069

AD Fax: 932-7069
 Web Site: <http://www.albia.k12.ia.us>
 School Colors: Royal Blue, Red, White
 Nickname: Blue Demons/Lady Dees
 Conference: South Central
 Superintendent.....Kevin Crall
 Phone.....(641)932-2161 x1101
 Email.....kevin.crall@albia.k12.ia.us
 PrincipalRichard Montgomery
 Phone.....(641)932-2161 x1401
 Email.....richard.montgomery@albia.k12.ia.us
 Asst/Assoc/Vice-Principal.....Lori Eads
 Phone.....(641)932-2161 x1406
 Email.....lori.eads@albia.k12.ia.us
 Athletic Administrator.....Lori Eads
 Phone.....(641)932-2161 x1406
 Email.....lori.eads@albia.k12.ia.us
 Athletic Secretary.....Stacey Johnson
 Phone.....(641)932-2161 x1405
 Email.....stacey.johnson@albia.k12.ia.us
 Tennis.....Josh Simms
 Girls Tennis.....Justin Huber
 GolfMarty Hermesen
 Girls Golf.....Lynne Osing
 Basketball.....Kevin Archer
 Girls Basketball.....Katy Dykes
 Girls Softball.....Darren Hill
 Wrestling.....Dave Wenger
 FootballJustin Huber
 Girls Volleyball.....Missy Cox Dustin
 Track & Field.....Darren Hill
 Girls Track & Field.....Todd Ratliff
 Cross Country.....Todd Ratliff
 Girls Cross Country.....Todd Ratliff
 Soccer.....Aaron Koester
 Football Cheerleading.....Jessica Brady
 Basketball Cheerleading.....Jessica Brady
 Wrestling Cheerleading.....Jennie Pistek
 Speech Director.....Katie Lawson, Kylie La Rue
 Student Council.....Darren Hill
 Band Director.....David Perry
 Vocal Director.....Felicity Eward

ALBURNETT

Street Address: 131 Roosevelt St
 City: Alburnett
 Zip Code: 52202
 Mailing Address: PO Box 400
 City: Alburnett
 Zip Code: 52202
 Supt. St Address: PO Box 400
 Supt. City: Alburnett
 Supt. Zip: 52202
 County: Linn
 Area Code: 319
 School Phone: 842-2263
 HS Fax: 842-2398
 AD Fax: 842-2398
 Web Site: <http://www.alburnettcsd.org>
 School Colors: Purple & Gold
 Nickname: Pirates
 Conference: Tri Rivers
 Superintendent.....Danielle Trimble
 Phone.....(319)842-2261
 Email.....dtrimble@alburnettcsd.org
 PrincipalBrian Moretz
 Phone.....(319)842-2263
 Email.....bmoretz@alburnettcsd.org
 Athletic Administrator.....Nick Wooldrik
 Phone.....(319)842-2263 x31
 Email.....nwooldrik@alburnettcsd.org

Athletic Secretary.....Tanya Keeney
 Phone.....(319)842-2263
 Email.....tkeeney@alburnettcsd.org
 Sports Medicine Provider.....Shane Von Holten, PT
 (Performance Therapies PC)
 GolfSteve Sodawasser
 Girls Golf.....Steve Sodawasser
 Basketball.....Jeff Christopherson
 Girls Basketball.....Brenden Drahn
 Baseball.....Ryan Stensland
 Girls Softball.....Nate Robertson
 Wrestling.....Clayton Rush
 Football.....Rich Velazquez
 Girls Volleyball.....Suzanne Smith
 Track & Field.....Christine Minor
 Girls Track & Field.....Keevan Kaestner
 Cross Country.....Luke Ossman
 Girls Cross Country.....Luke Ossman
 Football Cheerleading.....TBD
 Wrestling Cheerleading.....TBD
 Speech Director.....TBD
 Student Council.....Emilee Upah
 Band Director.....Matt Ehler
 Vocal Director.....Joe Fagersten

ALGONA

Street Address: 600 S Hale St
 City: Algona
 Zip Code: 50511
 Mailing Address: 600 S Hale St
 City: Algona
 Zip Code: 50511
 Supt. St Address: 600 S Hale St
 Supt. City: Algona
 Supt. Zip: 50511
 County: Kossuth
 Area Code: 515
 School Phone: 295-7207
 HS Fax: 295-9273
 AD Fax: 295-9273
 Web Site: <http://www.algona.k12.ia.us>
 School Colors: Red & Black
 Nickname: Bulldogs
 Conference: North Central
 Superintendent.....Joe Carter
 Phone.....(515)295-3528
 Email.....jcarter@algona.k12.ia.us
 PrincipalJared Cecil
 Phone.....(515)295-7207
 Email.....jcecil@algona.k12.ia.us
 Asst/Assoc/Vice-Principal.....Brian Morgan
 Phone.....(515)295-7207
 Email.....bmorgan@algona.k12.ia.us
 Athletic Administrator.....Andy Jacobson
 Phone.....(515)295-7207 x225
 Email.....ajacobson@algona.k12.ia.us
 Athletic Secretary.....Kathy Breiner
 Phone.....(515)295-7207 x225
 Email.....kbreiner@algona.k12.ia.us
 Sports Medicine Provider.....Jim Lonning
 GolfMike Ford
 Girls Golf.....Mike Weier
 Basketball.....Jared Cecil
 Girls Basketball.....Noel McLaughlin
 Girls Swimming.....Jim Fisher
 Baseball.....Chad Slagle
 Girls Softball.....Todd VanOtterloo
 Wrestling.....Nick Kuecker
 Football.....Andy Jacobson
 Girls Volleyball.....Sam Gade
 Track & Field.....Gregg Wellman

Girls Track & Field.....Liz Bradley
 Cross CountryPete Waltz
 Girls Cross Country.....Pete Waltz
 Football CheerleadingKirsty Riggert
 Basketball Cheerleading.....Kirsty Riggert
 Wrestling Cheerleading.....Kirsty Riggert
 Speech DirectorRachel Zetlau
 Student CouncilLisa Cassens, Mindi Spear
 Band DirectorNick Liebl
 Vocal Director.....Adam Orban

ALTA-AURELIA

Street Address: 1009 South Main St
 City: Alta
 Zip Code: 51002
 Mailing Address: 1009 South Main St
 City: Alta
 Zip Code: 51002
 Supt. St Address: 101 W 5th St
 Supt. City: Alta
 Supt. Zip: 51002
 County: Buena Vista
 Area Code: 712
 School Phone: 200-1331
 HS Fax: 200-4123
 AD Fax: 200-4123
 Web Site: <http://www.alta-aurelia.org>
 School Colors: Navy, red, white
 Nickname: Warriors
 Conference: Twin Lakes
 Superintendent.....Bill Walters
 Phone.....(712)200-1010
 Email.....bwalters@alta-aurelia.k12.ia.us
 Principal.....Scott Mitchell
 Phone.....(712)200-1331
 Email.....smitchell@alta-aurelia.k12.ia.us
 Athletic Administrator.....Grant Peckenschneider
 Phone.....(712)200-1331 x26
 Email.....grant@alta-aurelia.k12.ia.us
 Sports Medicine Provider.....Mike Spetman
 Golf.....Mark Henningsen
 Girls Golf.....Jill Byers
 Basketball.....Evan Franzmeier
 Girls Basketball.....Adam Rapp
 Baseball.....Ryan Burkhart
 Girls Softball.....Bill Walters
 Wrestling.....Mike Fry
 Football.....Chris Reinert
 Girls Volleyball.....Jeannie Henningsen
 Track & Field.....Wendell Larson
 Girls Track & Field.....Tim Galvin
 Cross Country.....Wendell Larson
 Girls Cross Country.....Wendell Larson
 Soccer.....John Stange
 Football Cheerleading.....Debbie Erpelding
 Basketball Cheerleading.....Katie Berkland
 Wrestling Cheerleading.....Debbie Erpelding
 Speech Director.....Carrie Buddenhagen
 Student Council.....Lindsay Brown
 Band Director.....Megan Benz
 Vocal Director.....Natalie Bradburn

AMES

Street Address: 1801 Ridgewood Ave
 City: Ames
 Zip Code: 50010
 Mailing Address: 1801 Ridgewood Ave
 City: Ames
 Zip Code: 50010
 Supt. St Address: 2005 24th St
 Supt. City: Ames
 Supt. Zip: 50010-4488

County: Story
 Area Code: 515
 School Phone: 817-0600
 HS Fax: 817-0617
 AD Fax: 817-0617
 Web Site: <http://www.ames.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Little Cyclones
 Conference: CIML-Central
 Superintendent.....Jenny Risner
 Phone.....(515)268-6660
 Email.....jenny.risner@ames.k12.ia.us
 Asst/Assoc Supt.....Jeff Hawkins
 Phone.....(515)268-6600
 Email.....jeff.hawkins@ames.k12.ia.us
 Principal.....Velerie Nyberg
 Phone.....(515)817-0600
 Email.....valerie.nyberg@ames.k12.ia.us
 Asst/Assoc/Vice-Principal.....Jeff Anderson
 Phone.....(515)817-0600
 Email.....jeff.anderson@ames.k12.ia.us
 Asst/Assoc/Vice-Principal.....Nicole Patton
 Phone.....(515)817-0600
 Email.....nicole.patton@ames.k12.ia.us
 Athletic Administrator.....Judge W. Johnston
 Phone.....(515)817-0611
 Email.....judge.johnston@ames.k12.ia.us
 Co-AD/Assistant.....Ian Smith
 Phone.....(515)817-0611
 Email.....ian.smith@ames.k12.ia.us
 Athletic Secretary.....Dustin Rhoads
 Phone.....(515)817-0611
 Email.....dustin.rhoads@ames.k12.ia.us
 Sports Medicine Provider.....Lindsey Struck
 (McFarland Clinic)
 Tennis.....Dustin Rhoads
 Girls Tennis.....Dustin Rhoads
 Golf.....R.J. Voss
 Girls Golf.....R.J. Voss
 Basketball.....Vance Downs
 Girls Basketball.....Joel Sullivan
 Swimming.....Dan Flannery
 Girls Swimming.....Dan Flannery
 Baseball.....Nick Steenhagen
 Girls Softball.....Gary Gorman
 Wrestling.....Andy Fecht
 Football.....Kevin Ferguson
 Girls Volleyball.....Meg Williams
 Track & Field.....Ben Duea
 Girls Track & Field.....Ben Duea
 Cross Country.....Tim Mooney
 Girls Cross Country.....Cole Anderson
 Soccer.....Ryan McGowen
 Girls Soccer.....Bobby Myers
 Football Cheerleading.....Sarah Buss
 Basketball Cheerleading.....Dana Logan
 Wrestling Cheerleading.....Dana Logan
 Speech Director.....TBA
 Student Council.....Allison DiBlasi
 Band Director.....Chris Ewan
 Vocal Director.....Peggy Dieter
 Orchestra Director.....Mary Kay Polashek

ANAMOSA

Street Address: 209 Sadie Street
 City: Anamosa
 Zip Code: 52205
 Mailing Address: 209 Sadie St
 City: Anamosa
 Zip Code: 52205
 Supt. St Address: 200 S. Garnavillo St.
 Supt. City: Anamosa

Supt. Zip: 52205
 County: Jones
 Area Code: 319
 School Phone: 462-3594
 HS Fax: 462-2332
 AD Fax: 462-2332
 Web Site: <http://www.anamosa.k12.ia.us>
 School Colors: Royal & White
 Nickname: Blue Raiders
 Conference: River Valley
 Superintendent.....Larry Hunt
 Phone.....(319)462-4321
 Email.....lhunt@anamosa.k12.ia.us
 Admin Asst.....Cathy Wehling
 Phone.....(319)462-4321
 Email.....cwehling@anamosa.k12.ia.us
 Principal.....Erin Thompson
 Phone.....(319)462-3594 x1610
 Email.....ethompson@anamosa.k12.ia.us
 Asst/Assoc/Vice-Principal.....Bret Jones
 Phone.....(319)462-3594 x1645
 Email.....bjones@anamosa.k12.ia.us
 Athletic Administrator.....Bret Jones
 Phone.....(319)462-3594 x1645
 Email.....bjones@anamosa.k12.ia.us
 Athletic Secretary.....Lindsey Oswalt
 Phone.....(319)462-3594 x1545
 Email.....loswalt@anamosa.k12.ia.us
 Sports Medicine Provider.....Sally Meyer
 (Wapsi Physical Therapy)
 Golf.....Trent Jeffrey
 Girls Golf.....Tammy Seeley
 Basketball.....Kevin Barnes
 Girls Basketball.....Angie Lawrence
 Baseball.....Bryan McCray
 Girls Softball.....Brad Holub
 Football.....Caleb Huss
 Girls Volleyball.....Caitlin McVay
 Track & Field.....Justin Bader
 Girls Track & Field.....Ken Sunseri
 Cross Country.....Ken Sunseri
 Girls Cross Country.....Ken Sunseri
 Soccer.....Michael Weston
 Girls Soccer.....Tom Rogers
 Football Cheerleading.....Josie Van Roekel
 Speech Director.....Dani Helmich
 Student Council.....Stephanie Erps Andrew Eley
 Band Director.....Caleb Haselhuhn
 Vocal Director.....Andrew Eley

ANKENY

Street Address: 1155 SW Cherry St
 City: Ankeny
 Zip Code: 50023
 Mailing Address: 1155 SW Cherry St
 City: Ankeny
 Zip Code: 50023
 Supt. St Address: 306 SW School St
 Supt. City: Ankeny
 Supt. Zip: 50021
 County: Polk
 Area Code: 515
 School Phone: 965-9630
 HS Fax: 965-9639
 AD Fax: 964-2956
 Web Site: <http://www.ankenyschools.org>
 School Colors: Maroon & Gold
 Nickname: Hawks/Hawkettes
 Conference: CIML-Iowa
 Superintendent.....Dr. Jen Lindaman
 Phone.....(515)965-9600
 Email.....jen.lindaman@ankenyschools.org

Asst/Assoc SuptDarin Haack
 Phone(515)965-9600
 Email darin.haack@ankenyschools.org
 Admin Asst..... Misty Eiteman
 Phone(515)965-9600
 Emailmisty.eiteman@ankenyschools.org
 Principal Peter Apple
 Phone(515)965-9630
 Emailpeter.apple@ankenyschools.org
 Asst/Assoc/Vice-Principal Wade Grinhaus
 Phone(515)965-9630
 Emailwade.grinhaus@ankenyschools.org
 Asst/Assoc/Vice-PrincipalMike Bakker
 Phone(515)965-9635
 Emailmike.bakker@ankenyschools.org
 Asst/Assoc/Vice-Principal Lamont Muhammad
 Phone(515)965-9630
 Emaillamont.muhammad@ankenyschools.org
 Athletic Administrator Andy Umthun
 Phone(515)963-4335 x2804
 Emailandy.umthun@ankenyschools.org
 Co-AD/Assistant Tom Day
 Phone(515)963-4335
 Emailtom.day@ankenyschools.org
 Athletic SecretarySarah Murphy
 Phone(515)963-4335
 Emailsarah.murphy@ankenyschools.org
 Sports Medicine Provider Josh Verry, LAT
 (Ankeny Physical and Sports Therapy)
 Tennis Steve Smith
 Golf Mike Weddingfeld
 Girls Golf Seth Hagarty
 Basketball Brandt Carlson
 Girls Basketball Dru McAnelly
 Swimming Justin Crouch
 Girls Swimming Michelle Stout
 Baseball Joe Balvanz
 Girls Softball Dave Bingham
 Wrestling Jack Wignall
 Football Rick Nelson
 Girls Volleyball Dave Whims
 Track & Field Nick Nelson
 Girls Track & Field Thomas Cotter
 Cross Country Jon Lindaman
 Girls Cross Country Eric Klingensmith
 Soccer Marucs Varnum
 Girls Soccer Simon Brown
 Bowling Lane Richtsmeier
 Girls Bowling Lane Richtsmeier
 Football Cheerleading Shonna Murrey
 Basketball Cheerleading Shonna Murrey
 Wrestling Cheerleading Britne Davis
 Speech Director Caleb Grulke
 Student Council Emina Kovacevic
 Band Director Joel Poppen
 Vocal Director Ben Walters

ANKENY CENTENNIAL

Street Address: 2220 NW State St
 City: Ankeny
 Zip Code: 50023
 Mailing Address: 2220 NW State St
 City: Ankeny
 Zip Code: 50023
 Supt. St Address: 306 SW School St
 Supt. City: Ankeny
 Supt. Zip: 50021
 County: Polk
 Area Code: 515
 School Phone: 965-9630
 HS Fax: 965-4234
 AD Fax: 964-5326

Web Site: <https://achs.ankenyschools.org>
 School Colors: Black & Silver / White & Maroon Accent
 Nickname: Jaguars
 Conference: CIML-Central
 SuperintendentDr. Jen Lindaman
 Phone(515)965-9600 x3941
 Emailjen.lindaman@ankenyschools.org
 Asst/Assoc SuptDr. Darin Haack
 Phone(515)965-9600 x3931
 Email darin.haack@ankenyschools.org
 Admin Asst..... Misty Eiteman
 Phone(515)965-9600 x3940
 Emailmisty.eiteman@ankenyschools.org
 Principal Dr. Jill Ulrich
 Phone(515)965-9610 x2985
 Emailjill.urich@ankenyschools.org
 Asst/Assoc/Vice-PrincipalJD Hunter
 Phone(515)965-9610 x54388
 EmailJoseph.Hunter@ankenyschools.org
 Asst/Assoc/Vice-PrincipalAdam Busch
 Phone(515)965-9610 x2987
 Emailadam.busch@ankenyschools.org
 Asst/Assoc/Vice-PrincipalAustin Roy
 Phone(515)965-9610 x2809
 EmailAustin.Roy@ankenyschools.org
 Asst/Assoc/Vice-Principal Will Dotson
 Phone(515)965-9610
 Emailwilliam.dotson@ankenyschools.org
 Athletic Administrator Scott Garvis
 Phone(515)635-2975
 Emailscott.garvis@ankenyschools.org
 Co-AD/Assistant Randy Hoeck, Holly Anderson
 Phone(515)635-2974
 Emailrandy.hoeck@ankenyschools.org
 Emailholly.anderson@ankenyschools.org
 Athletic SecretaryMarge Rasmuson
 Phone(515)635-2976
 Emailmarge.rasmuson@ankenyschools.org
 Sports Medicine ProviderPeter Harder
 TennisTami Lewton
 Girls TennisArmando Espinosa
 GolfRick Fee
 Girls GolfJohn Petersen
 BasketballBob Fontana
 Girls BasketballScott DeLong
 SwimmingJustin Crouch
 Girls SwimmingMichelle Stout
 BaseballMark Hey
 Girls SoftballBrett Delaney
 WrestlingJay Groth
 FootballJerry Pezzetti,Ryan Pezzetti
 Girls VolleyballJessica Rinehart
 Track & FieldNate Smith
 Girls Track & FieldAndrew Kruzich
 Cross CountryChad Fickbohm
 Girls Cross CountryEric Cogdill
 SoccerBrian Duax
 Girls SoccerChris Allen
 BowlingLane Richtsmeier
 Girls BowlingLane Richtsmeier
 Football CheerleadingAlyssa Howlett
 Basketball CheerleadingAlyssa Howlett
 Wrestling CheerleadingAlyssa Howlett
 Speech DirectorJon Russell
 Student CouncilAmy Bossard
 Band DirectorScott Hook
 Vocal DirectorNolan Henkle

ANKENY CHRISTIAN ACADEMY

Street Address: 1604 W 1st St
 City: Ankeny
 Zip Code: 50023

Mailing Address: 1604 W 1st St
 City: Ankeny
 Zip Code: 50023
 Supt. St Address: 1604 W 1st Street
 Supt. City: Ankeny
 Supt. Zip: 50023
 County: Polk
 Area Code: 515
 School Phone: 965-8114
 HS Fax: 965-8210
 AD Fax: 965-8210
 Web Site: <http://www.acaeagles.net/>
 School Colors: Royal Blue & White
 Nickname: Eagles
 Conference: Blue Grass
 SuperintendentDr. Steve Robinson
 Phone(515)965-8114 x110
 Emailsteve.robinson@acaegles.net
 Asst/Assoc SuptJoyce Hansen
 Phone(515)965-8114
 Emailjoyce.hansen@acaegles.net
 Admin Asst.....Melanie Fericks
 Phone(515)965-8114 x118
 Emailmelanie.fericks@acaegles.net
 Athletic AdministratorDavid Walter
 Phone(515)965-8114 x121
 Emaildave.walter@acaegles.net
 Sports Medicine ProviderOtto Krueger
 (Krueger Chiropractic)
 GolfLarry Schroeder
 Girls GolfLarry Schroeder
 BasketballPaul Selindh
 Girls BasketballDavid Caldwell
 BaseballCraig Dueker
 Girls VolleyballMichele Quick
 Track & FieldTim Olejniczak
 Girls Track & FieldTim Olejniczak
 Cross CountryLarry Schroeder
 Girls Cross CountryLarry Schroeder
 Student CouncilCheryl Schroeder
 Band DirectorDanae Coleman
 Vocal DirectorRyan Weathers

APLINGTON-PARKERSBURG

Street Address: 610 N Johnson Rd
 City: Parkersburg
 Zip Code: 50665
 Mailing Address: 610 N Johnson Rd
 City: Parkersburg
 Zip Code: 50665
 Supt. St Address: 610 N Johnson Rd
 Supt. City: Parkersburg
 Supt. Zip: 50665
 County: Butler
 Area Code: 319
 School Phone: 346-1572
 HS Fax: 346-1012
 AD Fax: 346-1012
 Web Site: <http://www.apl-park.k12.ia.us>
 School Colors: Red, Black & Silver
 Nickname: Falcons
 Conference: North Iowa Cedar East
 SuperintendentRobert Hughes
 Phone(319)346-1571
 Emailrobert.hughes@apcsd.net
 PrincipalAaron Thomas
 Phone(319)346-1571
 Emailaaron.thomas@apcsd.net
 Athletic AdministratorJason Berkey
 Phone(319)346-1571
 Emailjason.berkey@apcsd.net

Athletic Secretary.....Staci Brungard
 Phone.....(319)346-1571
 Email.....staci.brungard@a-pcsd.net
 Tennis.....Dave Price
 Girls Tennis.....Dave Price
 Golf.....Gary Flanigan
 Girls Golf.....Gary Flanigan
 Basketball.....Aaron Thomas
 Girls Basketball.....Brady Driscoll
 Baseball.....Brett Kleespies
 Girls Softball.....Emily Williamson
 Wrestling.....Joel Reints
 Football.....Alex Pollock
 Girls Volleyball.....Erin Huddleson
 Track & Field.....Mark Haren
 Girls Track & Field.....Alex Pollock
 Cross Country.....Jonna Junker
 Girls Cross Country.....Jonna Junker
 Soccer.....Senad Mrzljak
 Girls Soccer.....Cory Goetch
 Football Cheerleading.....Kylie Fobian
 Basketball Cheerleading.....Katie Egloff
 Speech Director.....Klay Hoppenworth
 Band Director.....Thom Mahler
 Vocal Director.....Jeff Bieber

AR-WE-VA, WESTSIDE

Street Address: 108 Clinton St
 City: Westside
 Zip Code: 51467
 Mailing Address: PO Box 108
 City: Westside
 Zip Code: 51467
 Supt. St Address: PO Box 108
 Supt. City: Westside
 Supt. Zip: 51467
 County: Crawford
 Area Code: 712
 School Phone: 663-4312
 HS Fax: 663-4340
 AD Fax: 663-4312
 Web Site: <http://www.ar-we-va.k12.ia.us>
 School Colors: Red, Black & White
 Nickname: Rockets
 Conference: Rolling Valley Conference
 Superintendent.....Jeff Kruse
 Phone.....(712)663-4312
 Email.....jkruse@scc.k12.ia.us
 Principal.....Chris Petersen
 Phone.....(712)663-4312
 Email.....cpetersen@ar-we-va.k12.ia.us
 Athletic Administrator.....Darin Schurke
 Phone.....(712)663-4312
 Email.....schurke@ar-we-va.k12.ia.us
 Athletic Secretary.....Barb Niehaus
 Phone.....(712)663-4312
 Email.....bniehaus@ar-we-va.k12.ia.us
 Basketball.....Matt Wilken
 Girls Basketball.....Jeremy Smith
 Baseball.....Austin Stoelk
 Girls Softball.....Mackenzie Kock
 Football.....Chris Petersen
 Girls Volleyball.....Sarah Smith
 Track & Field.....Darin Schurke
 Girls Track & Field.....Darin Schurke
 Football Cheerleading.....Peggy Hinners
 Basketball Cheerleading.....Peggy Hinners
 Student Council.....Barb Niehaus
 Band Director.....Rebecca Dose
 Vocal Director.....Rebecca Dose

ASSUMPTION, DAVENPORT

Street Address: 1020 W Central Park Ave
 City: Davenport
 Zip Code: 52804
 Mailing Address: 1020 W Central Park Ave
 City: Davenport
 Zip Code: 52804
 Supt. St Address: 780 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804
 County: Scott
 Area Code: 563
 School Phone: 326-5313
 HS Fax: 322-9125
 AD Fax: 322-9125
 Web Site: <http://www.assumptionhigh.org>
 School Colors: Scarlet Red and White
 Nickname: Knights
 Conference: Mississippi Athletic
 Superintendent.....Lee Morrison
 Phone.....(563)888-4231
 Email.....morrison@davenportdiocese.org
 Executive Coordinator.....Andy Craig
 Phone.....(563)326-5313 x225
 Email.....andy.craig@assumptionhigh.org
 Principal.....Bridget Murphy
 Phone.....(563)326-5313 x289
 Email.....bridget.murphy@assumptionhigh.org
 Asst/Assoc/Vice-Principal.....Mike Frieden
 Phone.....(563)326-5313 x224
 Email.....mike.frieden@assumptionhigh.org
 Athletic Administrator.....Wade King
 Phone.....(563)326-5313 x245
 Email.....wade.king@assumptionhigh.org
 Athletic Secretary.....Jordan Gizzarelli
 Phone.....(563)326-5313 x242
 Email.....jordan.gizzarelli@assumptionhigh.org
 Sports Medicine Provider.....Kaelene Voorhees
 (Rock Valley Physical Therapy)
 Tennis.....TBA
 Girls Tennis.....John Bush
 Golf.....Gary Laake
 Girls Golf.....Gary Laake
 Basketball.....Matt Fitzpatrick
 Girls Basketball.....Jake Timm
 Baseball.....Greg Thissen
 Girls Softball.....Ron Ferrill
 Wrestling.....Jon Terronez
 Football.....Wade King
 Girls Volleyball.....Bre Scherler
 Track & Field.....Tim O'Neill
 Girls Track & Field.....Tim O'Neill
 Cross Country.....Ryan Buchanan
 Girls Cross Country.....Ryan Buchanan
 Soccer.....Greg Zeller
 Girls Soccer.....Elizabeth Maus
 Football Cheerleading.....Brittany Nylin
 Basketball Cheerleading.....Brittany Nylin
 Wrestling Cheerleading.....Brittany Nylin
 Student Council.....Mike Frieden
 Band Director.....Erin Mahr
 Vocal Director.....Trevor Loes

ATLANTIC

Street Address: 1201 E 14th St
 City: Atlantic
 Zip Code: 50022
 Mailing Address: 1201 E 14th St
 City: Atlantic
 Zip Code: 50022
 Supt. St Address: 1100 Linn St
 Supt. City: Atlantic

Supt. Zip: 50022
 County: Cass
 Area Code: 712
 School Phone: 243-5358
 HS Fax: 243-8007
 AD Fax: 243-8007
 Web Site: <http://www.atlanticiaschools.org>
 School Colors: Black & Gold
 Nickname: Trojans
 Conference: Hawkeye Ten
 Superintendent.....Steve Barber
 Phone.....(712)243-4252
 Email.....sbarber@atlanticiaschools.org
 Principal.....Heather Joy McKay
 Phone.....(712)243-5358
 Email.....hmckay@atlanticiaschools.org
 Asst/Assoc/Vice-Principal.....Andrew Mitchell
 Phone.....(712)243-5364
 Email.....amitchell@atlanticiaschools.org
 Athletic Administrator.....Andrew Mitchell
 Phone.....(712)243-5364
 Email.....amitchell@atlanticiaschools.org
 Athletic Secretary.....Amber Jipsen
 Phone.....(712)243-5364
 Email.....ajipsen@atlanticiaschools.org
 Sports Medicine Provider.....Andy Niemann, LAT
 (Cass County Health Systems)
 Tennis.....Mike McDermott
 Girls Tennis.....Mike McDermott
 Golf.....Ed DenBeste
 Girls Golf.....Kathy Hobson
 Basketball.....Jeffrey Ebling
 Girls Basketball.....Dan Vargason
 Swimming.....Dean Junker
 Girls Swimming.....Dean Junker
 Baseball.....Joe Brummer
 Girls Softball.....Terry Hinzmann
 Wrestling.....Tim Duff
 Football.....Mike McDermott
 Girls Volleyball.....Michelle Blake
 Track & Field.....Abby Becker
 Girls Track & Field.....Matt Mullenix
 Cross Country.....Dan Vargason
 Girls Cross Country.....Dan Vargason
 Soccer.....TBA
 Girls Soccer.....TBA
 Football Cheerleading.....Michella Bartholomew
 Basketball Cheerleading.....Michella Bartholomew
 Wrestling Cheerleading.....Michella Bartholomew
 Speech Director.....Brandon Baggett
 Student Council.....TBA
 Band Director.....Jarrod O'Donnell
 Vocal Director.....Ethan Pruismann

AUDUBON

Street Address: 800 3rd Ave
 City: Audubon
 Zip Code: 50025
 Mailing Address: 800 3rd Ave
 City: Audubon
 Zip Code: 50025
 Supt. St Address: 800 3rd Ave
 Supt. City: Audubon
 Supt. Zip: 50025
 County: Audubon
 Area Code: 712
 School Phone: 563-2607
 HS Fax: 563-3607
 AD Fax: 563-3607
 Web Site: <http://www.audubon.k12.ia.us>
 School Colors: Red & White
 Nickname: Wheelers

Conference: Western Iowa
 Superintendent.....Eric Trager
 Phone.....(712)563-2607 x223
 Email.....etrager@audubon.k12.ia.us
 Principal.....Quentin Stanerson
 Phone.....(712)563-2607 x229
 Email.....qstanerson@audubon.k12.ia.us
 Athletic Administrator.....Sean Birks
 Phone.....(712)563-2607 x228
 Email.....sbirks@audubon.k12.ia.us
 Athletic Secretary.....Kristie Nielsen
 Phone.....(712)563-2607 x227
 Email.....knielsen@audubon.k12.ia.us
 Tennis.....Aaron Miller
 Girls Tennis.....McKenzie Nissen
 Golf.....Summer Wulf
 Girls Golf.....Paul Lynch
 Basketball.....Coleman Mullenix
 Girls Basketball.....Darran Miller
 Baseball.....Matt Wilder
 Girls Softball.....Eric Borkowski
 Wrestling.....Tyler Christensen, Shawn Bohlmann
 Football.....Sean Birks
 Girls Volleyball.....Elizabeth Stein
 Track & Field.....Monte Riebhoff
 Girls Track & Field.....Tony Konkler
 Cross Country.....Pete Dammel
 Girls Cross Country.....Pete Dammel
 Football Cheerleading.....Sarah Smith
 Wrestling Cheerleading.....April Brand
 Speech Director.....Steph Graham, Erin O'Brien
 Band Director.....Victoria Chargo
 Vocal Director.....Tami Meiners

BALLARD

Street Address: 701 Ballard Drive
 City: Huxley
 Zip Code: 50124
 Mailing Address: 701 Ballard Drive
 City: Huxley
 Zip Code: 50124
 Supt. St Address: 509 North Main
 Supt. City: Huxley
 Supt. Zip: 50124
 County: Story
 Area Code: 515
 School Phone: 597-2971
 HS Fax: 597-2964
 AD Fax: 597-2964
 Web Site: <http://www.ballard.k12.ia.us>
 School Colors: Red & White
 Nickname: Bombers
 Conference: Raccoon River
 Superintendent.....Ottie Maxey
 Phone.....(515)597-2811
 Email.....omaxey@ballard.k12.ia.us
 Principal.....John Ronca
 Phone.....(515)597-2971 x2171
 Email.....jronca@ballard.k12.ia.us
 Asst/Assoc/Vice-Principal.....Chris Deason
 Phone.....(515)597-2971 x2172
 Email.....cdeason@ballard.k12.ia.us
 Athletic Administrator.....Nate Boock
 Phone.....(515)597-2971 x2139
 Email.....nboock@ballard.k12.ia.us
 Athletic Secretary.....Terri Weeks
 Phone.....(515)597-2971 x2138
 Email.....tweeks@ballard.k12.ia.us
 Sports Medicine Provider.....Jordan Hayes, LAT (DMOS)
 Tennis.....Matt Fjelland
 Girls Tennis.....Jennifer Dovre
 Golf.....Wyatt Weeks

Girls Golf.....Mike Ogle
 Basketball.....Jeff Schertz
 Girls Basketball.....Kelly Anderson
 Baseball.....Mike Furlong
 Girls Softball.....Charlie Husak
 Wrestling.....Casey Christensen
 Football.....Corey Vespestad, Kyle Howard
 Girls Volleyball.....Morgan Bennett
 Track & Field.....Darren Herrold
 Girls Track & Field.....Scott Barth
 Cross Country.....Scott Barth
 Girls Cross Country.....Scott Barth
 Soccer.....Patrick Ellah
 Girls Soccer.....Brent Emerson
 Football Cheerleading.....Kaily Macdonald
 Basketball Cheerleading.....JoEllen Wesselmann
 Wrestling Cheerleading.....TBA
 Speech Director.....Lisa Ronca
 Student Council.....Whitney Hulse
 Band Director.....Derrick Hawks
 Vocal Director.....Peter Krum

BAXTER

Street Address: 202 E State St
 City: Baxter
 Zip Code: 50028
 Mailing Address: PO Box 189
 City: Baxter
 Zip Code: 50028
 Supt. St Address: PO Box 189
 Supt. City: Baxter
 Supt. Zip: 50028
 County: Jasper
 Area Code: 641
 School Phone: 227-3103
 HS Fax: 227-3217
 AD Fax: 227-3217
 Web Site: <https://www.baxtercsd.com>
 School Colors: Purple, Black, Silver
 Nickname: Bolts
 Conference: Iowa Star
 Superintendent.....Mickolyn Clapper
 Phone.....(641)227-3102
 Email.....mclapper@baxter.k12.ia.us
 Principal.....Rob Luther
 Phone.....(641)227-3103
 Email.....rluther@baxter.k12.ia.us
 Athletic Administrator.....Rob Luther
 Phone.....(641)227-3102
 Email.....rluther@baxter.k12.ia.us
 Co-AD/Assistant.....Zach Hasselbrink
 Email.....zhasselbrink@baxter.k12.ia.us
 Athletic Secretary.....Angie Wesselink
 Email.....awesselink@baxter.k12.ia.us
 Sports Medicine Provider.....Kylee Zoske, LAT
 (Athletic Training Room)
 Golf.....Zach Hasselbrink
 Girls Golf.....Zach Hasselbrink
 Basketball.....Zach Hasselbrink
 Girls Basketball.....Eric Padget
 Baseball.....Brett Slight
 Girls Softball.....Crystal Bruntz
 Wrestling.....Joe Amadeo
 Football.....Rob Luther
 Girls Volleyball.....Marie Stefani
 Track & Field.....Josh Russell
 Girls Track & Field.....Jason Aker
 Cross Country.....Dennis Vaughn
 Girls Cross Country.....Dennis Vaughn
 Football Cheerleading.....Cassie Applegate-Brummel
 Speech Director.....Ryan Boley
 Student Council.....Joe Amadeo

Band Director.....Jamie Flanagan
 Vocal Director.....Zachary Archer

BCLUW, CONRAD

Street Address: 610 E Center St
 City: Conrad
 Zip Code: 50621
 Mailing Address: PO Box 670
 City: Conrad
 Zip Code: 50621
 Supt. St Address: PO Box 670
 Supt. City: Conrad
 Supt. Zip: 50621
 County: Grundy
 Area Code: 641
 School Phone: 366-2810
 HS Fax: 366-2951
 AD Fax: 366-2951
 Web Site: <http://www.bcluw-ia.schoolloop.com/>
 School Colors: Black & Gold
 Nickname: Comets
 Conference: North Iowa Cedar-West
 Superintendent.....Ben Petty
 Phone.....(641)366-2819 x213
 Email.....bpetty@bcluw.org
 Admin Asst.....Cami Parker
 Phone.....(641)366-2810 x3600
 Email.....cparker@bcluw.org
 Principal.....Jackson Anderson
 Phone.....(641)366-2810 x3003
 Email.....janderson@bcluw.org
 Athletic Administrator.....Lynn Silver
 Phone.....(641)366-2810 x3009
 Email.....ad@bcluw.org
 Athletic Secretary.....Cami Parker
 Phone.....(641)366-2819 x3009
 Email.....cparker@bcluw.org
 Sports Medicine Provider.....John Richter
 Golf.....Heath Rhinehart
 Girls Golf.....Stacy Simpson
 Basketball.....Evan Janssen
 Girls Basketball.....Dave Lee
 Baseball.....Matt Zoske
 Girls Softball.....Megan Yantis
 Wrestling.....Stacy Simpson, Mike Olson
 Football.....Dustin Grothoff
 Girls Volleyball.....Kristen Garber
 Girls Track & Field.....Dustin Grothoff
 Cross Country.....Donna Fiscus
 Girls Cross Country.....Donna Fiscus
 Wrestling Cheerleading.....Madysen Wall
 Speech Director.....Michael Jahn
 Student Council.....Robert Vanderah
 Band Director.....David Bartling
 Vocal Director.....Michael Jahn

BECKMAN CATHOLIC, DYERSVILLE

Street Address: 1325 9th St SE
 City: Dyersville
 Zip Code: 52040
 Mailing Address: 1325 9th St SE
 City: Dyersville
 Zip Code: 52040
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Dubuque
 Area Code: 563
 School Phone: 875-7188
 HS Fax: 875-7242
 AD Fax: 875-7242
 Web Site: <http://www.beckman.pvt.k12.ia.us>

School Colors: Green & Gold
 Nickname: Trailblazers
 Conference: WaMaC East
 Superintendent.....Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Principal.....Marcel Kielkucki
 Phone.....(563)875-7188 x300
 Email.....mkielkucki@beckman.pvt.k12.ia.us
 Asst/Vice-Principal.....Steven Lueck
 Phone.....(563)875-7188 x303
 Email.....slueck@beckman.pvt.k12.ia.us
 Athletic Administrator.....Todd Troutman
 Phone.....(563)875-7188 x305
 Email.....ttroutman@beckman.pvt.k12.ia.us
 Athletic Secretary.....Rita Mulcahy
 Phone.....(563)875-7188 x302
 Email.....rmulcahy@beckman.pvt.k12.ia.us
 Sports Medicine Provider.....Emily Grant
 Golf.....Darin Michels
 Girls Golf.....Jim Sheston
 Basketball.....Mike Molony
 Girls Basketball.....Chad Thomason
 Baseball.....Fred Martin
 Girls Softball.....Ryan Meissner
 Football.....Mark Atwater
 Girls Volleyball.....Todd Troutman
 Track & Field.....Todd Troutman, Ryan Meissner
 Girls Track & Field.....Todd Troutman, Ryan Meissner
 Cross Country.....Tyson Squiers
 Girls Cross Country.....Tyson Squiers
 Soccer.....Mirek Laskowski
 Girls Soccer.....Greg Keegan
 Speech Director.....Emmy Thomason
 Student Council.....Steven Lueck
 Band Director.....Adam Denner
 Vocal Director.....Teresa Slade

BEDFORD

Street Address: 906 Penn St
 City: Bedford
 Zip Code: 50833
 Mailing Address: PO Box 234
 City: Bedford
 Zip Code: 50833
 Supt. St Address: PO Box 234
 Supt. City: Bedford
 Supt. Zip: 50833
 County: Taylor
 Area Code: 712
 School Phone: 523-2114
 HS Fax: 523-2308
 AD Fax: 523-2589
 Web Site: <http://www.bedford.k12.ia.us>
 School Colors: Navy & White
 Nickname: Bulldogs
 Conference: Pride of Iowa
 Superintendent.....Jason Shaffer
 Phone.....(712)523-2656
 Email.....jshaffer@bedford.k12.ia.us
 Admin Asst.....Vicki Streebin
 Phone.....(712)523-2656
 Email.....vstreebin@bedford.k12.ia.us
 Principal.....Michael Irvin
 Phone.....(712)523-2114
 Email.....mirvin@bedford.k12.ia.us
 Athletic Administrator.....Matt Ambrose
 Phone.....(712)523-2116
 Email.....mambrose@bedford.k12.ia.us
 Athletic Secretary.....Destiny Drake
 Phone.....(712)523-2116
 Email.....ddrake@bedford.k12.ia.us

Golf.....Mark Morris
 Girls Golf.....Mark Morris
 Basketball.....Frank Sefrit
 Girls Basketball.....Kenny Weed
 Baseball.....Frank Sefrit
 Girls Softball.....Dan Musich
 Wrestling.....Derek Weller, Lynn Christensen
 Football.....Matt Ambrose, Jeremy Nally
 Girls Volleyball.....Deb Bonde
 Track & Field.....Matt Ambrose
 Girls Track & Field.....Ann Brandhorst
 Cross Country.....Ann Brandhorst
 Girls Cross Country.....Ann Brandhorst
 Football Cheerleading.....Debbie Powell
 Basketball Cheerleading.....Debbie Powell
 Wrestling Cheerleading.....Debbie Powell
 Speech Director.....Carl Rankin
 Student Council.....Destiny Drake
 Band Director.....Peggy Roed
 Vocal Director.....John Standerford
 Orchestra Director.....Peggy Roed

BELLE PLAINE

Street Address: 610 13th Ave S
 City: Belle Plaine
 Zip Code: 52208
 Mailing Address: 610 13th Ave S
 City: Belle Plaine
 Zip Code: 52208
 Supt. St Address: 707 7th St
 Supt. City: Belle Plaine
 Supt. Zip: 52208
 County: Benton
 Area Code: 319
 School Phone: 444-3720
 HS Fax: 444-4507
 AD Fax: 444-4507
 Web Site: <http://www.belle-plaine.k12.ia.us>
 School Colors: Blue & Gold
 Nickname: Plainsmen
 Conference: South Iowa Cedar
 Superintendent.....Chadwick Straight
 Phone.....(319)444-3611
 Email.....cstraight@belle-plaine.k12.ia.us
 Principal.....Ryan Devereux
 Phone.....(319)444-3720
 Email.....rdevereux@belle-plaine.k12.ia.us
 Athletic Administrator.....Mark Tegeler
 Phone.....(319)444-3720
 Email.....mtegeler@belle-plaine.k12.ia.us
 Athletic Secretary.....Dawn Stull
 Phone.....(319)444-3720
 Email.....dstull@belle-plaine.k12.ia.us
 Golf.....Andrew Dahlquist
 Girls Golf.....Andrew Dahlquist
 Basketball.....Justin Northrop
 Girls Basketball.....Scott Nilles
 Baseball.....Shawn Welsh
 Girls Softball.....Cathy Cronbaugh
 Wrestling.....Brandon Heying
 Football.....Todd Bohlen
 Girls Volleyball.....April Kressley
 Track & Field.....Mark Tegeler
 Girls Track & Field.....Julie Mantz
 Cross Country.....Mark Tegeler
 Girls Cross Country.....Mark Tegeler
 Football Cheerleading.....Leah Mast
 Basketball Cheerleading.....Leah Mast
 Wrestling Cheerleading.....Leah Mast
 Speech Director.....Susan Mattmiller
 Student Council.....Julie Mantz
 Band Director.....Nathan Johnson

Vocal Director.....Nathan Johnson

BELLEVUE

Street Address: 1601 State St
 City: Bellevue
 Zip Code: 52031
 Mailing Address: 1601 State St
 City: Bellevue
 Zip Code: 52031
 Supt. St Address: 1601 State St
 Supt. City: Bellevue
 Supt. Zip: 52031
 County: Jackson
 Area Code: 563
 School Phone: 872-4001
 HS Fax: 872-3298
 AD Fax: 872-3298
 Web Site: <http://www.bellevue.k12.ia.us>
 School Colors: Blue & White
 Nickname: Comets
 Conference: River Valley
 Superintendent.....Tom Meyer
 Phone.....(563)872-4001 x261
 Email.....tommeyer@bellevue.k12.ia.us
 Principal.....Jeff Recker
 Phone.....(563)872-4001 x201
 Email.....jeffrecker@bellevue.k12.ia.us
 Athletic Administrator.....David Wright
 Phone.....(563)872-4001 x205
 Email.....davewright@bellevue.k12.ia.us
 Sports Medicine Provider.....Nicole Schaefer
 Golf.....Chet Knake
 Girls Golf.....Mark Ruden
 Basketball.....Chet Knake
 Girls Basketball.....Rick Reeg
 Baseball.....Pete Bonifas
 Girls Softball.....Jamie Deering
 Wrestling.....Dave Ripperger
 Football.....Chet Knake
 Girls Volleyball.....Jodi Heim
 Track & Field.....Scott Jess
 Girls Track & Field.....Judy Michels
 Cross Country.....Scott Jess
 Girls Cross Country.....Scott Jess
 Bowling.....Riley Till, Randy Weber
 Girls Bowling.....Mark Ruden
 Football Cheerleading.....Heather Merrick, Rebecca Lahey
 Basketball Cheerleading.....Heather Merrick
 Wrestling Cheerleading.....Rebecca Lahey
 Speech Director.....Pam Van Vleck
 Student Council.....Matt Jaeger
 Band Director.....Evan Davies
 Vocal Director.....Jacob Huntley

BELMOND-KLEMM

Street Address: 411 10th Ave NE
 City: Belmond
 Zip Code: 50421
 Mailing Address: 411 10th Ave NE
 City: Belmond
 Zip Code: 50421
 Supt. St Address: 411 10th Ave Ne
 Supt. City: Belmond
 Supt. Zip: 50421
 County: Wright
 Area Code: 641
 School Phone: 444-4300
 HS Fax: 444-4097
 AD Fax: 444-4097
 Web Site: <http://www.bkcsd.org>
 School Colors: Navy Blue & Kelly Green
 Nickname: Broncos

Conference: North Iowa
 Superintendent.....Dan Frazier
 Phone.....(641)444-4300 x1322
 Email.....dan.frazier@bkcsd.org
 Principal.....Greg Fisher
 Phone.....(641)444-4300 x2126
 Email.....greg.fisher@bkcsd.org
 Athletic Administrator.....Scott Meyer
 Phone.....(641)444-4300 x2129
 Email.....scott.meyer@bkcsd.org
 Athletic Secretary.....Krista Carlson
 Phone.....(641)444-4300 x2109
 Email.....krista.carlson@bkcsd.org
 Golf.....Joe Perez
 Girls Golf.....Joe Perez
 Basketball.....Justin Meyer
 Girls Basketball.....Andrew O'Conner
 Baseball.....Jeff Nelson
 Girls Softball.....Shannon Muhlenbruch
 Wrestling.....Tony Andrews
 Football.....Darwin Christensen
 Girls Volleyball.....Leigh Faaborg
 Track & Field.....Shannon Muhlenbruch
 Girls Track & Field.....Justin Meyer
 Cross Country.....Ethan Albertson
 Girls Cross Country.....Ethan Albertson
 Soccer.....Gannon Harsma
 Girls Soccer.....Gannon Harsma
 Football Cheerleading.....Nikki Middleton, Shannon Wadsley
 Basketball Cheerleading.....Nikki Middleton
 Wrestling Cheerleading.....Shannon Wadsley
 Speech Director.....Nicole Bock
 Student Council.....Marilyn Janssen
 Band Director.....Mike Stittsworth
 Vocal Director.....Maddie Allen

BENTON COMMUNITY

Street Address: 600 1st St
 City: Van Horne
 Zip Code: 52346
 Mailing Address: PO Box 70
 City: Van Horne
 Zip Code: 52346
 Supt. St Address: PO Box 70
 Supt. City: Van Horne
 Supt. Zip: 52346
 County: Benton
 Area Code: 319
 School Phone: 228-8701
 HS Fax: 228-8747
 AD Fax: 228-8747
 Web Site: <http://www.benton.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Bobcats
 Conference: WaMac
 Superintendent.....Dr. Pam Ewell
 Phone.....(319)228-8701 x501
 Email.....pewell@benton.k12.ia.us
 Asst/Assoc Supt.....Doug Embray
 Phone.....(319)228-8701 x502
 Email.....doembray@benton.k12.ia.us
 Admin Asst.....Amy Eggert
 Phone.....(319)228-8701 x357
 Email.....aeggert@benton.k12.ia.us
 Executive Coordinator.....Dr. James Bieschke
 Phone.....(319)228-8701 x408
 Email.....jbieschke@benton.k12.ia.us
 Principal.....Rob Arnold
 Phone.....(319)228-8701 x350
 Email.....rarnold@benton.k12.ia.us

Asst/Assoc/Vice-Principal.....Ryan Junge
 Phone.....(319)228-8701 x351
 Email.....rjunge@benton.k12.ia.us
 Athletic Administrator.....Shawn Pfiffner
 Phone.....(319)228-8701 x352
 Email.....spiffner@benton.k12.ia.us
 Athletic Secretary.....Amy Eggert
 Phone.....(319)228-8701 x357
 Email.....aeggert@benton.k12.ia.us
 Golf.....Jeremy Suiter
 Girls Golf.....Travis Dirks
 Basketball.....Larry Carlson
 Girls Basketball.....Jeff Zittergruen
 Baseball.....Derek Anderson
 Girls Softball.....Eric Stenberg
 Wrestling.....Jake Voss
 Football.....Jeff Zittergruen, Kal Goodchild
 Girls Volleyball.....Mike Embretson
 Track & Field.....Kory Winsor
 Girls Track & Field.....Marty Thomae
 Cross Country.....Marty Thomae
 Girls Cross Country.....Marty Thomae
 Soccer.....Will Stockman
 Girls Soccer.....Thomas Trainer
 Bowling.....Erin Janss
 Girls Bowling.....Erin Janss
 Football Cheerleading.....Bridget McWhorter
 Basketball Cheerleading.....Bridget McWhorter
 Wrestling Cheerleading.....Bridget McWhorter
 Speech Director.....Jennifer Bange
 Student Council.....Laurie Donald
 Band Director.....Conner Tipping
 Vocal Director.....John Hayden, Taylor Dengler

BETTENDORF

Street Address: 3333 18th St
 City: Bettendorf
 Zip Code: 52722
 Mailing Address: 3333 18th St
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: PO Box 1150
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 332-7001
 HS Fax: 332-8761
 AD Fax: 332-8761
 Web Site: <http://www.bettendorf.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Bulldogs
 Conference: Mississippi Athletic
 Superintendent.....Michelle Morse
 Phone.....(563)359-3681
 Email.....mmorse@bettendorf.k12.ia.us
 Admin Asst.....Shannon Muckenfuss
 Phone.....(563)359-3681
 Email.....smuckenfuss@bettendorf.k12.ia.us
 Principal.....Joy Kelly
 Phone.....(563)332-7001 x6000
 Email.....jkelly@bettendorf.k12.ia.us
 Asst/Assoc/Vice-Principal.....Kevin Skillett
 Phone.....(563)332-7001
 Email.....kskillett@bettendorf.k12.ia.us
 Asst/Assoc/Vice-Principal.....Kristy Cleppe
 Phone.....(563)332-7001
 Email.....kcleppe@bettendorf.k12.ia.us
 Asst/Assoc/Vice-Principal.....Rachel Cuppy
 Phone.....(563)332-7001
 Email.....rcuppy@bettendorf.k12.ia.us

Athletic Administrator.....Zach Shay
 Phone.....(563)332-4516 x6005
 Email.....zshay@bettendorf.k12.ia.us
 Athletic Secretary.....Renee Mosenfelder
 Phone.....(563)332-4516 x6009
 Email.....rmosenfelder@bettendorf.k12.ia.us
 Sports Medicine Provider.....Eric Knudsen,
 Craig Wainright, Jessica Wooldridge
 Tennis.....Kyle Mink
 Girls Tennis.....Ron Stout
 Golf.....Chris Like, Robert Sturms
 Girls Golf.....Robbie Furne
 Basketball.....Curtis Clark
 Girls Basketball.....Brian Tritt
 Swimming.....Mike Ahrens
 Girls Swimming.....Mike Ahrens
 Baseball.....Blake Hanna
 Girls Softball.....Robert Matthys, Jr.
 Wrestling.....Dan Knight
 Football.....Aaron Wiley
 Girls Volleyball.....Michael Grannen
 Track & Field.....David Terronez
 Girls Track & Field.....Erin Flynn, Chuck Kalar
 Cross Country.....David Terronez
 Girls Cross Country.....Erin Flynn
 Soccer.....Ben Pennington
 Girls Soccer.....Todd Hornaday
 Bowling.....Mike Kelly
 Girls Bowling.....Shane Scheafer
 Football Cheerleading.....Tanya Gilmore
 Basketball Cheerleading.....Tanya Gilmore
 Wrestling Cheerleading.....Tanya Gilmore
 Speech Director.....Joe Rankin
 Student Council.....Christina Burroughs
 Band Director.....Mike Dynes
 Vocal Director.....Andrea Cooper
 Orchestra Director.....Megan Cooney

BGM, BROOKLYN

Street Address: 1090 Jackson St
 City: Brooklyn
 Zip Code: 52211
 Mailing Address: 1090 Jackson St
 City: Brooklyn
 Zip Code: 52211
 Supt. St Address: 1090 Jackson St
 Supt. City: Brooklyn
 Supt. Zip: 52211
 County: Poweshiek
 Area Code: 641
 School Phone: 522-7058
 HS Fax: 522-7211
 AD Fax: 522-7211
 Web Site: <http://www.brooklyn.k12.ia.us>
 School Colors: Royal Blue and Red
 Nickname: Bears
 Conference: South Iowa Cedar League
 Superintendent.....Brad Hohensee
 Phone.....(641)522-7058 x212
 Email.....bhohensee@brooklyn.k12.ia.us
 Principal.....JR Glenn
 Phone.....(641)522-7058 x213
 Email.....jglenn@brooklyn.k12.ia.us
 Athletic Administrator.....Jerod Burns
 Phone.....(641)522-7058 x231
 Email.....jburns@brooklyn.k12.ia.us
 Co-AD/Assistant.....Dean Knight
 Phone.....(641)522-7058 x113
 Email.....dknight@brooklyn.k12.ia.us
 Golf.....Jerod Burns
 Girls Golf.....Jerod Burns
 Girls Basketball.....Matt Smith

Girls Softball.....Jill Hulsing
 Wrestling.....Wyatt Bauman
 Football.....Jerod Burns
 Girls Volleyball.....Ashley Kriegel
 Track & Field.....Matt Smith
 Girls Track & Field.....Kyle Gritsch
 Cross Country.....Jon Holdefer
 Girls Cross Country.....Jon Holdefer
 Football Cheerleading.....Franci McClenathan
 Basketball Cheerleading.....Franci McClenathan
 Wrestling Cheerleading.....Franci McClenathan
 Speech Director.....Beth Byers
 Student Council.....JR Glenn
 Band Director.....Renee Sundstrom
 Vocal Director.....Carrie Dolmage

BISHOP GARRIGAN, ALGONA

Street Address: 1224 N McCoy St
 City: Algona
 Zip Code: 50511
 Mailing Address: 1224 N McCoy St
 City: Algona
 Zip Code: 50511
 Supt. St Address: 1224 N McCoy St
 Supt. City: Algona
 Supt. Zip: 50511
 County: Kossuth
 Area Code: 515
 School Phone: 295-3521
 HS Fax: 295-7739
 AD Fax: 295-7739
 Web Site: <http://www.bishopgarrigan.org>
 School Colors: Black & Gold
 Nickname: Golden Bears
 Conference: Top of Iowa-West Division
 Superintendent.....Lynn Miller
 Phone.....(515)295-3521
 Email.....millerl@bishopgarrigan.org
 Principal.....Christina Peterson
 Phone.....(515)295-3521
 Email.....petersonc@bishopgarrigan.org
 Athletic Administrator.....Rob Meister
 Phone.....(515)295-3521
 Email.....meisterr@bishopgarrigan.org
 Athletic Secretary.....Cheryl Hamilton
 Phone.....(515)295-3521
 Email.....chamilton@bishopgarrigan.org
 Golf.....Victor Berte
 Girls Golf.....Victor Berte
 Basketball.....Mark Meister
 Girls Basketball.....Brandon Schwab
 Baseball.....Rob Meister
 Girls Softball.....Wendi Meister
 Football.....Marty Wadle
 Girls Volleyball.....Dave Schnurr
 Track & Field.....Marty Wadle
 Girls Track & Field.....Jared Montag
 Cross Country.....Brandon & Cassie Rowley
 Football Cheerleading.....Erin Miller
 Basketball Cheerleading.....Denise Hovey
 Speech Director.....David Burrow
 Student Council.....Tricia Greteman
 Band Director.....Katherine Wiemers
 Vocal Director.....Antonia Rupert

BISHOP HEELAN CATHOLIC, SIOUX CITY

Street Address: 1231 Grandview Blvd.
 City: Sioux City
 Zip Code: 51103
 Mailing Address: 1231 Grandview Blvd.
 City: Sioux City

Zip Code: 51103
 Supt. St Address: 50 13th St.
 Supt. City: Sioux City
 Supt. Zip: 51103
 County: Woodbury
 Area Code: 712
 School Phone: 252-0573
 HS Fax: 252-9086
 AD Fax: 258-3690
 Web Site: <http://www.bishopheelan.org>
 School Colors: Navy & Vegas Gold
 Nickname: Crusaders
 Conference: Missouri River
 Superintendent.....John Flanery
 Phone.....(712)252-1350
 Email.....john.flanery@bishopheelan.org
 Principal.....Chris Bork
 Phone.....252-0573
 Email.....chris.bork@bishopheelan.org
 Asst/Assoc/Vice-Principal.....Ben Mohning
 Phone.....(712)252-0573
 Email.....ben.mohning@bishopheelan.org
 Athletic Administrator.....Anthony Elias
 Phone.....(712)252-0573
 Email.....Anthony.Elias@bishopheelan.org
 Co-AD/Assistant.....Andy Foster
 Phone.....(712)226-0371
 Email.....andy.foster@bishopheelan.org
 Athletic Secretary.....Alicia Porsch
 Phone.....(712)252-0573 x365
 Email.....Alicia.Porsch@bishopheelan.org
 Sports Medicine Provider.....Dan Nelson
 Tennis.....Doug Stanek
 Girls Tennis.....Katie Hanson
 Golf.....Andy Foster
 Girls Golf.....Jessica Carson
 Basketball.....Andy Foster
 Girls Basketball.....Darren Koolstra
 Swimming.....Brian Ferris
 Baseball.....Andy Osborne
 Girls Softball.....Zach Nelson
 Wrestling.....Matt Pugh, Jordan Langley
 Football.....Chad Moseman
 Girls Volleyball.....Lauren Brobst
 Track & Field.....Chad Moseman
 Girls Track & Field.....Nate Treinen
 Cross Country.....Todd Roerig
 Girls Cross Country.....Todd Roerig
 Soccer.....Pat Herbst
 Girls Soccer.....Shawn Mansfield
 Football Cheerleading.....Allison Burns
 Basketball Cheerleading.....Allison Burns
 Wrestling Cheerleading.....Heather Pelster
 Student Council.....Megan Schettler
 Band Director.....Dylan Root
 Vocal Director.....Rachael Wragge, Gage Fenton

BONDURANT-FARRAR

Street Address: 1000 Grant St
 City: Bondurant
 Zip Code: 50035
 Mailing Address: 1000 Grant St
 City: Bondurant
 Zip Code: 50035
 Supt. St Address: 300 Garfield St SW
 Supt. City: Bondurant
 Supt. Zip: 50035
 County: Polk
 Area Code: 515
 School Phone: 957-8191
 HS Fax: 957-8224

AD Fax: 957-8224
 Web Site: <https://www.bfschools.org>
 School Colors: Blue & White
 Nickname: Bluejays
 Conference: Raccoon River
 Superintendent.....Dr. Rich Powers
 Phone.....(515)967-7819 x3421
 Email.....powersr@bfschools.org
 Admin Asst.....Jessica Hartgers
 Phone.....(515)967-7819
 Email.....hartgersj@bfschools.org
 Principal.....Erik Garnass
 Phone.....(515)957-8191
 Email.....garnasse@bfschools.org
 Asst/Assoc/Vice-Principal.....Jeremiah Ostrem
 Phone.....(515)957-8191
 Email.....ostremj@bfschools.org
 Athletic Administrator.....Ryan Sweeney
 Phone.....(515)957-8191 x102
 Email.....sweeneyr@bfschools.org
 Co-AD/Assistant.....Chad Carlson
 Phone.....(515)957-8191
 Email.....carlsonc@bfschools.org
 Athletic Secretary.....Candy Miller
 Phone.....(515)957-8191
 Email.....millerc@bfschools.org
 Sports Medicine Provider.....Brant Reyerson, LAT, PT
 (Physiotherapy & Associates)
 Golf.....Lance Maffin
 Girls Golf.....Jon Hamborg
 Basketball.....Travis Evans
 Girls Basketball.....Ben Anderson
 Baseball.....Brad Hamilton
 Girls Softball.....Kris Baker
 Wrestling.....Matt Wonderlin
 Football.....Zach Pfantz
 Girls Volleyball.....Ray Sauer
 Track & Field.....Kyle Hammes
 Girls Track & Field.....Josh Gibson
 Cross Country.....Erin Bone
 Girls Cross Country.....Erin Bone
 Soccer.....Matt Cox
 Girls Soccer.....Jon Paulsen
 Bowling.....Matt Johnston
 Girls Bowling.....Matt Johnston
 Football Cheerleading.....Patti Davis
 Basketball Cheerleading.....Hannah Hafele
 Wrestling Cheerleading.....Patti Davis
 Speech Director.....Greg Millar
 Student Council.....Allison Kerper, Alexis Klein
 Band Director.....Braden Wipperman
 Vocal Director.....Coren Hucke

BOONE

Street Address: 500 7th St
 City: Boone
 Zip Code: 50036
 Mailing Address: 500 7th St
 City: Boone
 Zip Code: 50036
 Supt. St Address: 500 7th St
 Supt. City: Boone
 Supt. Zip: 50036
 County: Boone
 Area Code: 515
 School Phone: 433-0890
 HS Fax: 433-0989
 AD Fax: 433-0991
 Web Site: <http://boonecsd.org>
 School Colors: Red & Green
 Nickname: Toreadors
 Conference: Raccoon River

Superintendent.....Julie Trep
 Phone.....(515)433-0750 x200
 Email.....jtrep@boone.k12.ia.us
 Asst/Assoc Supt.....Jill Janes
 Phone.....(515)433-0750
 Email.....jjanes@boone.k12.ia.us
 Principal.....Kristopher Byam
 Phone.....(515)433-0995 x5110
 Email.....kbyam@boone.k12.ia.us
 Asst/Assoc/Vice-Principal.....Drake Bailey
 Phone.....(515)433-0995 x5119
 Email.....dbailey@boone.k12.ia.us
 Athletic Administrator.....Brett Collins
 Phone.....(515)433-0895 x5128
 Email.....bcollins@boone.k12.ia.us
 Co-AD/Assistant.....Scott Kelley
 Phone.....(515)433-0020 x150
 Email.....skelley@boone.k12.ia.us
 Athletic Secretary.....Lori Woodruff
 Phone.....(515)433-0895 x5127
 Email.....lwoodruff@boone.k12.ia.us
 Sports Medicine Provider.....Jacy Cornelis, LAT
 (Boone County Hospital)
 Tennis.....Jed Hammen
 Girls Tennis.....Tim Olson
 Golf.....Steve Sandvig
 Basketball.....Rusty Hicks
 Girls Basketball.....Jim McPartland
 Swimming.....Chris Mann
 Girls Swimming.....Chris Mann
 Baseball.....Charlie Eastlund
 Girls Softball.....Erica White
 Wrestling.....Ryan Ross
 Football.....Chad Klein
 Girls Volleyball.....Shannon Zinnel
 Track & Field.....Tony Cosentino
 Girls Track & Field.....Don Howard
 Cross Country.....Connor Doyle
 Girls Cross Country.....Maggie Pestotnik
 Soccer.....Connor Doyle
 Girls Soccer.....Brittany Crandall
 Football Cheerleading.....Emily Graeve
 Basketball Cheerleading.....Emily Graeve
 Wrestling Cheerleading.....Kaili Streeter
 Speech Director.....Cassie Alber
 Student Council.....Shannon Lumley
 Band Director.....Chris Truckenmiller
 Vocal Director.....Kelly Earll
 Orchestra Director.....Anna Larson

BOYDEN-HULL

Street Address: 801 1st St
 City: Hull
 Zip Code: 51239
 Mailing Address: PO Box 678
 City: Hull
 Zip Code: 51239
 Supt. St Address: PO Box 678
 Supt. City: Hull
 Supt. Zip: 51239
 County: Sioux
 Area Code: 712
 School Phone: 439-2440
 HS Fax: 439-1419
 AD Fax: 439-1419
 Web Site: <http://www.boyden-hull.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Comets
 Conference: Siouxland
 Superintendent.....Steve Grond
 Phone.....(712)439-2711
 Email.....steve.grond@boyden-hull.org

Principal.....Dan Pottebaum
 Phone.....(712)439-2440
 Email.....dan.pottebaum@boyden-hull.org
 Athletic Administrator.....Jeff Meyn
 Phone.....(712)439-2440
 Email.....jeff.meyn@boyden-hull.org
 Sports Medicine Provider.....Chad Grootwald
 (Orthopedic Institute)
 Golf.....Brad Van Roekel
 Girls Golf.....John Olson
 Basketball.....Bill Francis
 Girls Basketball.....Nathan Alexander
 Baseball.....Matt Den Hartog
 Girls Softball.....Sara Friedrichsen
 Football.....Cory Brandt
 Girls Volleyball.....Justine Draayer
 Track & Field.....Cory Brandt, Brian Moser
 Girls Track & Field.....Wade Vander Maten, Todd Puttmann
 Cross Country.....Tim Brunsting
 Girls Cross Country.....Tim Brunsting
 Football Cheerleading.....Alex Tiedeman
 Basketball Cheerleading.....Alex Tiedeman
 Speech Director.....Julie Visscher
 Student Council.....Julie Visscher
 Band Director.....Emily Laackmann
 Vocal Director.....Kim Godtland

BOYER VALLEY, DUNLAP

Street Address: 1102 Iowa Ave
 City: Dunlap
 Zip Code: 51529
 Mailing Address: 1102 Iowa Ave
 City: Dunlap
 Zip Code: 51529
 Supt. St Address: 1102 Iowa Ave
 Supt. City: Dunlap
 Supt. Zip: 51529
 County: Harrison
 Area Code: 712
 School Phone: 643-2251
 HS Fax: 643-2279
 AD Fax: 643-2279
 Web Site: <http://www.boyer-valley.k12.ia.us>
 School Colors: Purple & White
 Nickname: Bulldogs
 Conference: Rolling Valley
 Superintendent.....Kurt Brosamle
 Phone.....(712)643-2251 x1
 Email.....kbrosamle@boyer-valley.k12.ia.us
 Principal.....Kurt Brosamle
 Phone.....(712)643-2258 x1
 Email.....kbrosamle@boyer-valley.k12.ia.us
 Athletic Administrator.....Angie Radloff
 Phone.....(712)643-2258
 Email.....aradloff@boyer-valley.k12.ia.us
 Athletic Secretary.....Lisa TenEyck
 Phone.....(712)643-2258 x221
 Email.....teneyckl@boyer-valley.k12.ia.us
 Golf.....Gary Neilsen
 Girls Golf.....Brad Gralheer
 Basketball.....Shane Reineke
 Girls Basketball.....Larry Neilsen
 Baseball.....Kurt Brosamle
 Girls Softball.....Paige Gaskill
 Football.....Cody Malone
 Girls Volleyball.....Larry Neilsen
 Track & Field.....Kent Hall
 Girls Track & Field.....Stacy Pippitt
 Cross Country.....Kent Hall
 Girls Cross Country.....Kent Hall
 Football Cheerleading.....Ted Mallory
 Basketball Cheerleading.....Ted Mallory

Speech Director.....Heather Pohlman
 Student Council.....Jodi Glackin
 Band Director.....Ben Schauer
 Vocal Director.....Ben Schauer

BURLINGTON

Street Address: 421 Terrace Dr
 City: Burlington
 Zip Code: 52601
 Mailing Address: 421 Terrace Dr
 City: Burlington
 Zip Code: 52601
 Supt. St Address: 1429 West Ave
 Supt. City: Burlington
 Supt. Zip: 52601
 County: Des Moines
 Area Code: 319
 School Phone: 753-2211
 HS Fax: 753-6634
 AD Fax: 753-3883
 Web Site: <http://www.bcsds.org>
 School Colors: Purple & Gray
 Nickname: Grayhounds
 Conference: Southeast Conference
 Superintendent.....Patrick Coen
 Phone.....(319)753-6792
 Email.....pcoen25@gapps.bcsds.org
 Admin Asst.....Diana Remele
 Phone.....(319)753-6791 x1403
 Email.....dremele04@gapps.bcsds.org
 Principal.....David Keane
 Phone.....(319)753-2211 x1001
 Email.....dkeane19@gapps.bcsds.org
 Asst/Assoc/Vice-Principal.....Vita Long
 Phone.....(319)753-2211 x1015
 Email.....vlong19@gapps.bcsds.org
 Asst/Assoc/Vice-Principal.....Jennifer Krieger-Coen
 Email.....jkriegercoen13@gapps.bcsds.org
 Asst/Assoc/Vice-Principal.....Justin Galbraith
 Phone.....(319)753-2211 x1016
 Email.....jgalbraith22@gapps.bcsds.org
 Athletic Administrator.....Jay Huff
 Phone.....(319)753-9605
 Email.....jhuff12@gapps.bcsds.org
 Athletic Secretary.....Cherelle Coleman
 Phone.....(319)753-2211 x1021
 Email.....ccolemon08@gapps.bcsds.org
 Sports Medicine Provider.....Scott Leinbach, PT
 (Universal Therapy Group)
 Tennis.....Brian Mumm
 Girls Tennis.....Kya Kimsey
 Golf.....Brian Mumm
 Girls Golf.....Mitchell Taylor
 Basketball.....Caleb Akey
 Girls Basketball.....Deedra Warner
 Swimming.....Jeff Kristensen
 Girls Swimming.....Mark Shepherd
 Baseball.....Brock Schneden
 Girls Softball.....Larry Heath
 Wrestling.....Matt Seabold
 Football.....Jim Krekel
 Girls Volleyball.....Amber Taeger
 Track & Field.....Jordan Webb
 Girls Track & Field.....Brett Gourley
 Cross Country.....Jim Hofmann
 Girls Cross Country.....Bret Gourley
 Soccer.....Tim Miller
 Girls Soccer.....Brett Harris
 Bowling.....Eugene Taylor
 Girls Bowling.....Eugene Taylor
 Football Cheerleading.....Cherie Reid
 Basketball Cheerleading.....Cherie Reid

Wrestling Cheerleading.....Cherie Reid
 Speech Director.....Dale Kurth
 Student Council.....Christina Link
 Band Director.....Derrick Murphy
 Vocal Director.....James Flaherty
 Orchestra Director.....Diana Wells

CALAMUS-WHEATLAND

Street Address: 110 E Park Rd
 City: Wheatland
 Zip Code: 52777
 Mailing Address: PO Box 279
 City: Wheatland
 Zip Code: 52777
 Supt. St Address: PO Box 279
 Supt. City: Wheatland
 Supt. Zip: 52777
 County: Clinton
 Area Code: 563
 School Phone: 374-1292
 HS Fax: 374-1080
 AD Fax: 374-1080
 Web Site: <http://www.cal-wheat.k12.ia.us>
 School Colors: Navy & Silver
 Nickname: Warriors
 Conference: Tri-Rivers

Superintendent.....Lonnie Luepker
 Phone.....(563)374-1292 x222
 Email.....lluepker@cal-wheat.net
 Admin Asst.....Marika Pewe
 Phone.....(563)374-1292
 Email.....mpewe@cal-wheat.net
 Principal.....Sue O'Donnell
 Phone.....(563)374-1794 x224
 Email.....sodonnell@cal-wheat.net
 Athletic Administrator.....Michael Bruns
 Phone.....(563)374-1794 x229
 Email.....michaelbruns@cal-wheat.net
 Golf.....TBD
 Girls Golf.....TBD
 Basketball.....Greg Rickels
 Girls Basketball.....Matt Boeckmann
 Baseball.....Michael Bruns
 Girls Softball.....Mackenzie Snowbarger
 Girls Volleyball.....Mackenzie Bruns
 Track & Field.....TBD
 Girls Track & Field.....Kevin Oberfoell
 Cross Country.....Kevin Oberfoell
 Girls Cross Country.....Kevin Oberfoell
 Basketball Cheerleading.....Charity Griebel
 Speech Director.....TBD
 Student Council.....Tom Vanblaricome
 Band Director.....Bethany Seedorff
 Vocal Director.....Rebecca Kerr

CAM, ANITA

Street Address: 1000 Victory Park Rd
 City: Anita
 Zip Code: 50020
 Mailing Address: 1000 Victory Park Rd
 City: Anita
 Zip Code: 50020
 Supt. St Address: 1000 Victory Park Rd
 Supt. City: Anita
 Supt. Zip: 50020
 County: Cass
 Area Code: 712
 School Phone: 762-3231
 HS Fax: 762-3713
 AD Fax: 762-3713
 Web Site: <http://www.camcougars.org/>

School Colors: Royal Blue, Silver, White
 Nickname: Cougars
 Conference: Rolling Valley
 Superintendent.....Paul Croghan
 Phone.....(712)762-3231
 Email.....pcroghan@cam.k12.ia.us
 Principal.....Dominic Giegerich
 Phone.....(712)762-3231
 Email.....dgiegerich@cam.k12.ia.us
 Athletic Administrator.....Joe Wollum
 Phone.....(712)762-3231
 Email.....jwollum@cam.k12.ia.us
 Golf.....Joe Wollum, Nick Hodges
 Girls Golf.....Joe Wollum, Nick Hodges
 Basketball.....Nick Hodges
 Girls Basketball.....Joe Wollum
 Baseball.....Dan Daugherty
 Girls Softball.....Larry Hunt
 Wrestling.....Rex Mehrhoff
 Football.....Barry Bower
 Girls Volleyball.....Jenna Maiers
 Track & Field.....Todd Russell
 Girls Track & Field.....Luke Symonds
 Cross Country.....Todd Russell
 Girls Cross Country.....Todd Russell
 Football Cheerleading.....Angie Baylor
 Basketball Cheerleading.....Angie Baylor
 Speech Director.....Manda Thomas
 Student Council.....Joe Wollum
 Band Director.....Tyler West
 Vocal Director.....Jacob Farrell

CAMANCHE

Street Address: 937 9th Ave
 City: Camanche
 Zip Code: 52730
 Mailing Address: 937 9th Ave
 City: Camanche
 Zip Code: 52730
 Supt. St Address: 702 13th Ave
 Supt. City: Camanche
 Supt. Zip: 52730
 County: Clinton
 Area Code: 563
 School Phone: 259-3008
 HS Fax: 259-3048
 AD Fax: 259-3048
 Web Site: <http://www.camanche.k12.ia.us>
 School Colors: Blue, White, Red
 Nickname: Indians
 Conference: River Valley
 Superintendent.....Tom Parker
 Phone.....(563)259-3000
 Email.....tparker@camanche.sds.org
 Admin Asst.....Jessica Bussa
 Phone.....(563)259-3000
 Email.....jbussa@camanche.sds.org
 Principal.....Carrie Lane
 Phone.....(563)259-3008
 Email.....clane@camanche.sds.org
 Athletic Administrator.....Meg Schebler
 Phone.....(563)259-3010
 Email.....mschebler@camanche.sds.org
 Athletic Secretary.....KaCee Weber
 Phone.....(563)259-3010
 Email.....kweber@camanche.sds.org
 Sports Medicine Provider.....Rock Valley Physical Therapy
 Tennis.....Emily Turner
 Girls Tennis.....Andrew Schoor
 Golf.....Kris Bland
 Girls Golf.....Jesse Gabel

Basketball.....Josh Davis
 Girls Basketball.....Andrew Carbajal
 Baseball.....Darryl Cochran
 Girls Softball.....Andrew Carbajal
 Wrestling.....Brent Carstensen
 Football.....Dustin Coit
 Girls Volleyball.....Heather Clark
 Track & Field.....Jerry Ford
 Girls Track & Field.....Jerry Ford
 Cross Country.....Erin Montgomery
 Girls Cross Country.....Erin Montgomery
 Bowling.....Brad Weber
 Girls Bowling.....Brad Weber
 Football Cheerleading.....Ashly Brown
 Basketball Cheerleading.....Carrie Leu
 Wrestling Cheerleading.....Tori Dann
 Speech Director.....Annette Blomme
 Student Council.....Emily Turner/Lynnea Quick
 Band Director.....A.J. Skinner
 Vocal Director.....Brandon Mennennoh

CARDINAL, ELDON

Street Address: 4045 Ashland Rd
 City: Eldon
 Zip Code: 52554
 Mailing Address: PO Box 250
 City: Eldon
 Zip Code: 52554
 Supt. St Address: 4045 Ashland Rd
 Supt. City: Eldon
 Supt. Zip: 52554
 County: Wapello
 Area Code: 641
 School Phone: 652-7531
 HS Fax: 652-3143
 AD Fax: 652-3143
 Web Site: <http://www.cardinalcomet.com>
 School Colors: Red & White
 Nickname: Comets
 Conference: SEI Superconference-South
 Superintendent.....Joel Pedersen
 Phone.....(641)652-7531 x3206
 Email.....joel.pedersen@cardinalcomet.com
 Admin Asst.....Chantel Guitier
 Phone.....(641)652-7531 x3201
 Email.....chantel.guitier@cardinalcomet.com
 Principal.....Landon Miller
 Phone.....(641)652-7531 x3219
 Email.....landon.miller@cardinalcomet.com
 Athletic Administrator.....Chris Becker
 Phone.....(641)652-7531 x3209
 Email.....chris.becker@cardinalcomet.com
 Athletic Secretary.....Chantel Guitier
 Phone.....(641)652-7531 x3201
 Email.....chantel.guitier@cardinalcomet.com
 Basketball.....Mike Strasko
 Girls Basketball.....Mackenzie Ostrander
 Baseball.....Rick Scott
 Girls Softball.....Sabrina Morrison
 Wrestling.....Dakota Miller
 Football.....Landon Miller
 Girls Volleyball.....Katie Orwig
 Track & Field.....Rich Mayson
 Girls Track & Field.....Mike Strasko
 Cross Country.....Kirstin Thrasher
 Girls Cross Country.....Kirstin Thrasher
 Football Cheerleading.....LaRena Evans-Woten
 Speech Director.....Carissa Cowles
 Student Council.....Candice Guitier
 Band Director.....Luke Miller
 Vocal Director.....Katie Streeby-Riegel

CARLISLE

Street Address: 430 School St
 City: Carlisle
 Zip Code: 50047
 Mailing Address: 430 School St
 City: Carlisle
 Zip Code: 50047
 Supt. St Address: 430 School St
 Supt. City: Carlisle
 Supt. Zip: 50047
 County: Warren
 Area Code: 515
 School Phone: 989-0831
 HS Fax: 989-5493
 AD Fax: 989-5493
 Web Site: <http://www.carlislecsd.org>
 School Colors: Red, White, Gold
 Nickname: Wildcats
 Conference: Raccoon River

Superintendent..... Bryce Amos
 Phone.....(515)989-3589
 Email.....bryce.amos@carlislecsd.org
 Asst/Assoc Supt..... Brandon Eighmy
 Phone.....(515)989-5309
 Email.....brandon.eighmy@carlislecsd.org
 Admin Asst..... Tim Norton
 Phone.....(515)989-5309
 Email.....tim.norton@carlislecsd.org
 Principal..... Andrea Hoekstra
 Phone.....(515)989-0831
 Email.....andrea.hoekstra@carlislecsd.org
 Asst/Assoc/Vice-Principal..... Chad Street
 Phone.....(515)989-5382
 Email.....chad.street@carlislecsd.org
 Athletic Administrator..... Darin Schreck
 Phone.....(515)989-5391
 Email.....darin.schreck@carlislecsd.org
 Athletic Secretary..... Vicki Born
 Phone.....(515)989-5384
 Email.....vicki.born@carlislecsd.org
 Sports Medicine Provider..... Abby Miller, LAT (Athletico)
 Golf..... Aaron Serrano
 Girls Golf..... John Crippen
 Basketball..... Jordan Buell
 Girls Basketball..... Bryan White
 Baseball..... Blake Heitmeier
 Girls Softball..... Jim Flaws
 Wrestling..... Jason Mehrhoff
 Football..... Mark Hoekstra
 Girls Volleyball..... Inglish Oetken
 Track & Field..... Jared Fletcher
 Cross Country..... Marty Mitchell
 Girls Cross Country..... Morgan Singleton
 Soccer..... Eric Birkenholtz
 Girls Soccer..... Ken Sadler
 Football Cheerleading..... Jen Nordhagen
 Basketball Cheerleading..... Jen Nordhagen
 Wrestling Cheerleading..... Jen Nordhagen
 Speech Director..... Rebecca Zirkelbach
 Student Council..... Kaley Ihle
 Band Director..... Michael Kosiek
 Vocal Director..... Eileen Miller

CARROLL

Street Address: 2809 N Grant Rd
 City: Carroll
 Zip Code: 51401
 Mailing Address: 2809 N Grant Rd
 City: Carroll
 Zip Code: 51401
 Supt. St Address: 1026 N Adams

Supt. City: Carroll
 Supt. Zip: 51401
 County: Carroll
 Area Code: 712
 School Phone: 792-8010
 HS Fax: 792-8118
 AD Fax: 792-8118
 Web Site: <http://www.carroll.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: Raccoon River
 Superintendent..... Dr. Casey Berlau
 Phone.....(712)792-8001 x4007
 Email.....cberlau@carrolltigers.org
 Principal..... Tammie McKenzie
 Phone.....(712)792-8010 x1004
 Email.....tmckenzie@carrolltigers.org
 Asst/Assoc/Vice-Principal..... Larry Lesle
 Phone.....(712)792-8010 x1003
 Email.....llesle@carrolltigers.org
 Athletic Administrator..... Randy Bissen
 Phone.....(712)792-8010 x1008
 Email.....rbissen@carrolltigers.org
 Athletic Secretary..... Joyce Bierl
 Phone.....(712)792-8010 x1001
 Email.....jbierl@carrolltigers.org
 Sports Medicine Provider..... Steve Schable, PT
 (St. Anthony Hospital)

Golf..... Kevin Rasmussen
 Girls Golf..... TBD
 Basketball..... Randy Bissen
 Girls Basketball..... Katie Kock
 Swimming..... Deb Danner
 Girls Swimming..... Deb Danner
 Baseball..... Ryne Young
 Girls Softball..... Ryan Gallegos
 Wrestling..... Eric Nagl
 Football..... Dennis McCartan
 Girls Volleyball..... Molly Lange
 Track & Field..... Steve Schable
 Girls Track & Field..... Kirk Christensen
 Soccer..... Gary Magill
 Girls Soccer..... TBD
 Football Cheerleading..... Jodie Guddall
 Basketball Cheerleading..... Jodie Guddall
 Wrestling Cheerleading..... Karly Fagan
 Speech Director..... Bill Polking
 Student Council..... Kim Klein
 Band Director..... Jennifer Swope
 Vocal Director..... Doug Sweeney

CASCADE, WESTERN DUBUQUE

Street Address: 505 Johnson St NW
 City: Cascade
 Zip Code: 52033
 Mailing Address: 505 Johnson St NW
 City: Cascade
 Zip Code: 52033
 Supt. St Address: PO Box 279
 Supt. City: Farley
 Supt. Zip: 52046
 County: Dubuque
 Area Code: 563
 School Phone: 852-3201
 HS Fax: 852-7186
 Web Site: <http://www.wdbqschools.org>
 School Colors: Navy Blue & Gold
 Nickname: Cougars
 Conference: River Valley
 Superintendent..... Richard Colpitts
 Phone.....(563)744-3885 x6004
 Email.....rick.colpitts@wdbqschools.org

Principal..... Ryan Fritz
 Phone.....(563)852-3201 x1003
 Email.....ryan.fritz@wdbqschools.org
 Asst/Assoc/Vice-Principal..... Adam Kedley
 Phone.....(563)852-3201 x1053
 Email.....adam.kedley@wdbqschools.org
 Athletic Administrator..... Adam Kedley
 Phone.....(563)852-3201 x1053
 Email.....adam.kedley@wdbqschools.org
 Athletic Secretary..... Rhonda Gibbs
 Phone.....(563)852-3201 x1002
 Email.....rhonda.gibbs@wdbqschools.org
 Golf..... Steve Weber
 Girls Golf..... Jeff Morreim
 Basketball..... Nate McMullen
 Girls Basketball..... Mike Sconsa
 Baseball..... Roamn Hummel
 Girls Softball..... Sonya McCormick
 Wrestling..... Travis Andrews
 Football..... Tim Frake
 Girls Volleyball..... Mary Frake
 Track & Field..... Chris Curry
 Girls Track & Field..... Tim Frake
 Cross Country..... Robert Davidshofer
 Girls Cross Country..... Robert Davidshofer
 Bowling..... Larry Knipper
 Girls Bowling..... Larry Knipper
 Football Cheerleading..... Alise Rea
 Basketball Cheerleading..... Alise Rea
 Speech Director..... Angie Manternach
 Student Council..... Hailey Manternach
 Band Director..... Tony Butterworth
 Vocal Director..... Kayla Wiley

CEDAR FALLS

Street Address: 1015 Division St
 City: Cedar Falls
 Zip Code: 50613
 Mailing Address: 1015 Division St
 City: Cedar Falls
 Zip Code: 50613
 Supt. St Address: 1002 W 1st St
 Supt. City: Cedar Falls
 Supt. Zip: 50613
 County: Black Hawk
 Area Code: 319
 School Phone: 553-2500
 HS Fax: 277-6223
 AD Fax: 277-6223
 Web Site: <http://www.cfschools.org>
 School Colors: Red & Black
 Nickname: Tigers
 Conference: Mississippi Valley

Superintendent..... Dr. Andy Pattee
 Phone.....(319)553-3000
 Email.....andy.pattee@cfschools.org
 Asst/Assoc Supt..... Pam Zeigler
 Phone.....(319)553-3000
 Email.....Pam.zeigler@cfschools.org
 Principal..... Jason Wedgbury
 Phone.....(319)553-2500
 Email.....jason.wedgbury@cfschools.org
 Asst/Assoc/Vice-Principal..... Lindsay Spears
 Phone.....(319)553-2629
 Email.....lindsay.spears@cfschools.org
 Asst/Assoc/Vice-Principal..... Dana Deines
 Phone.....(319)553-2624
 Email.....dana.deines@cfschools.org
 Athletic Administrator..... Troy Becker
 Phone.....(319)553-2573
 Email.....troy.becker@cfschools.org

Athletic Secretary.....Jane Carter
 Phone.....(319)553-2503
 Email.....jane.carter@cfschools.org
 Sports Medicine Provider.....Pete Watters
 (Cedar Valley Medical)
 Tennis.....Brian Suiter
 Girls Tennis.....Tara Sagers
 Golf.....Kenton Engels
 Girls Golf.....Megan Youngkent
 Basketball.....Ryan Schultz
 Girls Basketball.....Gregg Groen
 Swimming.....Chelsea Szczyrbak
 Girls Swimming.....Chelsey Szczyrbak
 Baseball.....Brett Williams
 Girls Softball.....Steve Chidester
 Wrestling.....Chris Ortnier
 Football.....Brad Remmert
 Girls Volleyball.....Matt Johnson
 Track & Field.....Dirk Homewood
 Girls Track & Field.....Chris Wood
 Cross Country.....Scott Gall
 Girls Cross Country.....Amanda Johnson
 Soccer.....Spencer Steffy
 Girls Soccer.....Alex Place
 Bowling.....Brad Baker
 Girls Bowling.....Scott Holman
 Football Cheerleading.....Tami Doyle
 Basketball Cheerleading.....Tami Doyle
 Wrestling Cheerleading.....Tami Doyle
 Speech Director.....Catherine Bettag
 Student Council.....Erin Gardner
 Band Director.....Gerald Ramsey
 Vocal Director.....Eliott Kranz
 Orchestra Director.....Ann Osborne

CEDAR RAPIDS, JEFFERSON

Street Address: 1243 20th St SW
 City: Cedar Rapids
 Zip Code: 52404
 Mailing Address: 1243 20th St SW
 City: Cedar Rapids
 Zip Code: 52404
 Supt. St Address: 2500 Edgewood Rd NW
 Supt. City: Cedar Rapids
 Supt. Zip: 52405
 County: Linn
 Area Code: 319
 School Phone: 558-2435
 HS Fax: 398-2149
 Web Site: <http://jefferson.cr.k12.ia.us/>
 School Colors: Columbia Blue & White
 Nickname: J-Hawks
 Conference: Mississippi Valley-Valley
 Superintendent.....Noreen Bush
 Phone.....(319)558-2223
 Email.....nbush@cfschools.us
 Asst/Assoc Supt.....Cynthia Phillips
 Phone.....(319)558-4260
 Email.....cphillips@cfschools.us
 Admin Asst.....Laurel Day
 Phone.....(319)558-2223
 Email.....lday@cfschools.us
 Principal.....Michael Hawley
 Phone.....(319)558-2435
 Email.....mhawley@cfschools.us
 Asst/Assoc/Vice-Principal.....Lorie Bateman
 Phone.....(319)558-3720
 Email.....lbateman@cfschools.us
 Asst/Assoc/Vice-Principal.....Chad Szabo
 Phone.....(319)558-1799
 Email.....cszabo@cfschools.us

Asst/Assoc/Vice-Principal.....Chris Deam
 Email.....cdeam@cfschools.us
 Asst/Assoc/Vice-Principal.....Daniel DeVore - Metro HS
 Phone.....(319)558-3427
 Athletic Administrator.....Chris Deam
 Phone.....(319)558-4604
 Email.....cdeam@cfschools.us
 Co-AD/Assistant.....Charlie Goetzinger
 Email.....cgoetzinger@cfschools.us
 Athletic Secretary.....Jackie Simoens
 Phone.....(319)558-2148
 Email.....jsimoens@cfschools.us
 Sports Medicine Provider.....Suzi Guider, LAT, ATC
 (University of Iowa)
 Tennis.....Tim Preston
 Girls Tennis.....TBD
 Golf.....BJ McGrew
 Girls Golf.....Dan Ray
 Basketball.....Chris Fechner
 Girls Basketball.....Jason Edwards
 Swimming.....Tom Trausch
 Girls Swimming.....Jessica Hinke
 Baseball.....Terry Schneckloth
 Girls Softball.....Mike Kuba
 Wrestling.....Rob Martin
 Football.....Chris Buesing
 Girls Volleyball.....Amy Norton
 Track & Field.....Chris Buesing
 Girls Track & Field.....Jermelle Lewis
 Cross Country.....Matt Hilby
 Girls Cross Country.....Sarah Hilby
 Soccer.....John O'Connor
 Girls Soccer.....Steven Evans
 Bowling.....Virgil Cerveny
 Girls Bowling.....Virgil Cerveny
 Football Cheerleading.....Sherren Huston
 Basketball Cheerleading.....Sherren Huston
 Wrestling Cheerleading.....Sherren Huston
 Student Council.....John O'Connor
 Band Director.....Thad Driskell, Chad Allard
 Vocal Director.....Patrick Fagan, Rachael Demaree
 Orchestra Director.....Natalie Miller

CEDAR RAPIDS, KENNEDY

Street Address: 4545 Wenig Rd NE
 City: Cedar Rapids
 Zip Code: 52402
 Mailing Address: 4545 Wenig Rd NE
 City: Cedar Rapids
 Zip Code: 52402
 Supt. St Address: 2500 Edgewood Rd NW
 Supt. City: Cedar Rapids
 Supt. Zip: 52405
 County: Linn
 Area Code: 319
 School Phone: 558-2328
 HS Fax: 558-2632
 AD Fax: 294-1222
 Web Site: <http://kenn.cr.k12.ia.us/>
 School Colors: Green and Gold
 Nickname: Cougars
 Conference: Mississippi Valley-Valley
 Superintendent.....Noreen Bush
 Phone.....(319)558-2223
 Asst/Assoc Supt.....Nicole Kooiker
 Phone.....(319)558-1172
 Email.....nkooiker@cfschools.us
 Admin Asst.....Laurel Day
 Phone.....(319)558-2216
 Email.....lday@cr.k12.ia.us

Executive Coordinator.....Cynthia Phillips
 Phone.....(319)558-4260
 Email.....cphillips@cfschools.us
 Principal.....Jason Kline
 Phone.....(319)558-2251
 Email.....jkline@cfschools.us
 Asst/Assoc/Vice-Principal.....Robert Johnson
 Phone.....(319)558-1765
 Email.....rjohnson@cfschools.us
 Asst/Assoc/Vice-Principal.....Jessica Johnson
 Phone.....(319)558-3502
 Email.....jejohnson@cfschools.us
 Athletic Administrator.....Aaron Stecker, CMAA
 Phone.....(319)558-1451
 Email.....astecker@cfschools.us
 Co-AD/Assistant.....Brian White
 Phone.....(319)558-1365
 Email.....bwhite@cfschools.us
 Athletic Secretary.....Julie Batterson
 Phone.....(319)558-2328
 Email.....jbatterson@cfschools.us
 Sports Medicine Provider.....Lynn Groth
 Tennis.....Craig Bova
 Girls Tennis.....Joe Benedict
 Golf.....Mike Green
 Girls Golf.....Julie Buerman
 Basketball.....Jon McKowen
 Girls Basketball.....Andy Courtney
 Swimming.....Shawn Thomsen
 Girls Swimming.....Chad Derlein
 Baseball.....Bret Hoyer
 Girls Softball.....Maddison LeClere
 Wrestling.....Nick LeClere
 Football.....Brian White
 Girls Volleyball.....Robin Fonck
 Track & Field.....Curt Pakkebieer
 Girls Track & Field.....Duane Wampole
 Cross Country.....Brian Annis
 Girls Cross Country.....Mark Jensen
 Soccer.....Adrian Evans
 Girls Soccer.....Annie Feltes
 Bowling.....Scott Bader
 Girls Bowling.....Scott Bader
 Football Cheerleading.....Shelby Patterson
 Basketball Cheerleading.....Shelby Patterson
 Wrestling Cheerleading.....Shelby Patterson
 Speech Director.....Caleb Marner
 Student Council.....Joe Benedict
 Band Director.....Lesley Fleer, Jared Wacker
 Vocal Director.....Storm Ziegler
 Orchestra Director.....Elizabeth Driskell

CEDAR RAPIDS, WASHINGTON

Street Address: 2205 Forest Dr SE
 City: Cedar Rapids
 Zip Code: 52403
 Mailing Address: 2205 Forest Dr SE
 City: Cedar Rapids
 Zip Code: 52403
 Supt. St Address: 2500 Edgewood Rd NW
 Supt. City: Cedar Rapids
 Supt. Zip: 52404
 County: Linn
 Area Code: 319
 School Phone: 558-2226
 HS Fax: 398-2227
 Web Site: <http://crwash.cr.k12.ia.us/>
 School Colors: Red, White & Blue
 Nickname: Warriors
 Conference: Mississippi Valley-Mississippi Division

Superintendent.....Noreen Bush
 Phone.....(319)558-2000
 Email.....nbush@crschools.us
 Principal.....Darius Ballard
 Phone.....(319)558-2226
 Email.....daballard@crschools.us
 Asst/Assoc/Vice-Principal.....Julie Cain
 Phone.....(319)558-2161
 Email.....jcain@crschools.us
 Asst/Assoc/Vice-Principal.....Ian LeMaster
 Email.....ilemaster@crschools.us
 Athletic Administrator.....Grant Schultz
 Phone.....(319)558-2226
 Email.....gschultz@crschools.us
 Co-AD/Assistant.....Chris Cruise
 Phone.....(319)558-2226
 Email.....ccruise@crschools.us
 Sports Medicine Provider.....Katie Kimmich
 Tennis.....Chad Garber
 Girls Tennis.....Brandon Hornback
 Golf.....Denny Goettel
 Girls Golf.....Denny Goettel
 Basketball.....Justin Decker
 Girls Basketball.....Chris James
 Swimming.....Chris Cruise
 Girls Swimming.....Megan Lewis
 Baseball.....Scott Brune
 Girls Softball.....Bre Sells
 Wrestling.....JP Graham
 Football.....Maurice Blue
 Girls Volleyball.....Olivia Pikokivaka
 Track & Field.....Maurice Blue
 Girls Track & Field.....Willis Harte
 Cross Country.....Willis Harte
 Girls Cross Country.....Lisa Nicol
 Soccer.....J.P. Graham
 Girls Soccer.....Jacob Johnson
 Bowling.....Monica Benish
 Girls Bowling.....Tracy Mooney
 Football Cheerleading.....Krystal Fitzpatrick
 Basketball Cheerleading.....Krystal Fitzpatrick
 Wrestling Cheerleading.....Krystal Fitzpatrick
 Speech Director.....Carolyn Tinkham
 Student Council.....Ericka Derrick
 Band Director.....Jim Miller, Joel Nagel
 Vocal Director.....Amy Farley, Peter Westphalen
 Orchestra Director.....Andrew Steffen

CEDAR VALLEY CHRISTIAN

Street Address: 3636 Cottage Grove Ave SE
 City: Cedar Rapids
 Zip Code: 52403
 Mailing Address: 3636 Cottage Grove Ave SE
 City: Cedar Rapids
 Zip Code: 52403
 Supt. St Address: 3636 Cottage Grove Ave SE
 Supt. City: Cedar Rapids
 Supt. Zip: 52403
 County: Linn
 Area Code: 319
 School Phone: 366-7462
 HS Fax: 247-0037
 AD Fax: 247-0037
 Web Site: <http://www.cedarvalleychristianschool.org/>
 School Colors: blue & gray
 Nickname: Huskies
 Conference: Tri-Rivers
 Superintendent.....Jeff Pospisil
 Phone.....(319)366-7462
 Email.....jeffpospisil@cvchristian.org

Principal.....Jeff Pospisil
 Phone.....(319)366-7462
 Email.....jeffpospisil@cvchristian.org
 Athletic Administrator.....Stephanie Hodge
 Phone.....(319)366-7462
 Email.....stephaniehodge@cvchristian.org
 Basketball.....John Grimm
 Girls Basketball.....Aaron Green
 Baseball.....Randy Gustafson
 Girls Volleyball.....Jeff Pospisil
 Soccer.....Adam Conn
 Girls Soccer.....Edith Dixon
 Speech Director.....Robin Crow
 Vocal Director.....Samantha Ulmer

CENTER POINT-URBANA

Street Address: 145 Iowa St
 City: Center Point
 Zip Code: 52213
 Mailing Address: P.O. Box 296
 City: Center Point
 Zip Code: 52213
 Supt. St Address: PO Box 296
 Supt. City: Center Point
 Supt. Zip: 52213
 County: Linn
 Area Code: 319
 School Phone: 849-1102
 HS Fax: 849-2068
 AD Fax: 849-2068
 Web Site: <http://www.cpuschools.org>
 School Colors: Black & Gold
 Nickname: Stormin Pointers
 Conference: WaMaC
 Superintendent.....Matt Berninghaus
 Phone.....(319)849-1102 x6010
 Email.....mberninghaus@cpuschools.org
 Admin Asst.....Julie Klawiter
 Phone.....(319)849-1102
 Email.....jklawiter@cpuschools.org
 Principal.....Rob Libolt
 Phone.....(319)849-1102 x1011
 Email.....rlibolt@cpuschools.org
 Athletic Administrator.....Scott Kriegel
 Phone.....(319)849-1102 x91022
 Email.....skriegel@cpuschools.org
 Athletic Secretary.....Regina Burke
 Phone.....(319)849-1102 x91020
 Email.....rburke@cpuschools.org
 Sports Medicine Provider.....Autum Lopata (Ability Therapy)
 Golf.....Matt Grennan
 Girls Golf.....Katie Gross
 Basketball.....Mike Halac
 Girls Basketball.....Philip Klett
 Baseball.....Tyler Smith
 Girls Softball.....Shane Light
 Wrestling.....Matt Grennan
 Football.....Dan Burke
 Girls Volleyball.....Michelle Halac
 Track & Field.....Steve Kalous
 Girls Track & Field.....Steve Kalous
 Cross Country.....Amy Poduska
 Girls Cross Country.....Amy Poduska
 Soccer.....Curtis Cassidy
 Football Cheerleading.....Michelle McCann
 Basketball Cheerleading.....Michelle McCann
 Wrestling Cheerleading.....Michelle McCann
 Speech Director.....Halane Cummings
 Band Director.....Dan Jacobi
 Vocal Director.....Bradley Wilson

CENTERVILLE

Street Address: 600 CHS Drive
 City: Centerville
 Zip Code: 52544
 Mailing Address: 600 CHS Drive
 City: Centerville
 Zip Code: 52544
 Supt. St Address: PO Box 370
 Supt. City: Centerville
 Supt. Zip: 52544
 County: Appanoose
 Area Code: 641
 School Phone: 856-0813
 HS Fax: 856-0809
 AD Fax: 856-0809
 Web Site: <http://www.centervilleschools.org>
 School Colors: Scarlet & Black
 Nickname: Big Reds
 Conference: South Central
 Superintendent.....Tom Rubel
 Phone.....(641)856-0601
 Email.....tom.rubel@centervillek12.org
 Admin Asst.....Kate Brauman
 Phone.....(641)856-0601
 Email.....kate.brauman@centervillek12.org
 Principal.....Matt Johnson
 Phone.....(641)856-0807
 Email.....Matt.Johnson@centervillek12.org
 Asst/Assoc/Vice-Principal.....Brad Warren
 Phone.....(641)856-0813
 Email.....brad.warren@centervillek12.org
 Athletic Administrator.....Rich Parker
 Phone.....(641)856-0813 x1105
 Email.....rich.parker@centervillek12.org
 Athletic Secretary.....Courtney Koestner
 Phone.....(641)856-0813 x1104
 Email.....courtney.koestner@centervillek12.org
 Tennis.....Tyler Baze
 Girls Tennis.....Tony Endress
 Golf.....Mike Carney
 Girls Golf.....Matt Kovacevich
 Basketball.....Tom Hill
 Girls Basketball.....Nic Belloma
 Swimming.....Amber White
 Girls Swimming.....Amber White
 Baseball.....Ryan Hodges
 Girls Softball.....Vacant
 Wrestling.....Jared Bevins
 Football.....Matt Kovacevich
 Girls Volleyball.....Tom Hill
 Track & Field.....Darrin Carson
 Girls Track & Field.....Vacant
 Cross Country.....Matt Kruzich
 Girls Cross Country.....Matt Kruzich
 Soccer.....Tino Terrones
 Girls Soccer.....Tony Kurimski
 Bowling.....Nick Howe
 Girls Bowling.....Nick Howe
 Football Cheerleading.....Sheree Lange
 Basketball Cheerleading.....Sheree Lange
 Wrestling Cheerleading.....Stacey Zaputil
 Speech Director.....Kayleen Durley
 Student Council.....Catherine Lechtenberg, Jennifer Hand
 Band Director.....Tyler Morgan
 Vocal Director.....Kayleen Durley

CENTRAL CITY

Street Address: 400 Barber St
 City: Central City
 Zip Code: 52214
 Mailing Address: 400 Barber St

City: Central City
 Zip Code: 52214
 Supt. St Address: 400 Barber St
 Supt. City: Central City
 Supt. Zip: 52214
 County: Linn
 Area Code: 319
 School Phone: 438-6181
 HS Fax: 438-6110
 AD Fax: 438-6110
 Web Site: <http://www.http.centralcitycsd.org/>
 School Colors: Red and Black
 Nickname: Wildcats
 Conference: Tri Rivers
 Superintendent.....Dr. Tim Cronin
 Phone.....(319)438-6183
 Email.....tcronin@centralcitycsd.org
 Principal.....Jason McLaughlin
 Phone.....(319)438-6182
 Email.....jmclaughlin@centralcitycsd.org
 Athletic Administrator.....Tanner Carlson
 Phone.....(319)438-6181 x5125
 Email.....tcarlson@centralcitycsd.org
 Golf.....Jon Byers
 Girls Golf.....Jon Byers
 Basketball.....Tanner Carlson
 Girls Basketball.....Henry Martinson
 Baseball.....Josh Van Amerongen
 Girls Softball.....Jim Ashley
 Wrestling.....Paul Lindley
 Football.....Matt Miers
 Girls Volleyball.....Danielle Clark
 Track & Field.....Nicholas McGrath
 Girls Track & Field.....Cindy McCarthy
 Football Cheerleading.....Wendy Yoder
 Speech Director.....Donald Hansen
 Student Council.....Shannon Bohannon
 Band Director.....Josh Morey
 Vocal Director.....Jason Levenhagen

CENTRAL DECATUR, LEON

Street Address: 1201 NE Poplar St.
 City: Leon
 Zip Code: 50144
 Mailing Address: 1201 NE Poplar St
 City: Leon
 Zip Code: 50144
 Supt. St Address: 1201 NE Poplar
 Supt. City: Leon
 Supt. Zip: 50144
 County: Decatur
 Area Code: 641
 School Phone: 446-4816
 HS Fax: 446-7990
 AD Fax: 446-7990
 Web Site: <http://www.centraldecatour.org>
 School Colors: Red & White
 Nickname: Cardinals
 Conference: Pride of Iowa
 Superintendent.....Chris Coffelt
 Phone.....(641)446-4816
 Email.....chris.coffelt@centraldecatour.org
 Principal.....Rudy Evertsen
 Phone.....(641)446-4816
 Email.....rudy.evertsen@centraldecatour.org
 Athletic Administrator.....Zach Clark
 Phone.....(641)446-4816
 Email.....zach.clark@centraldecatour.org
 Golf.....Calieb Kistler
 Girls Golf.....Calieb Kistler
 Basketball.....Curtis Boothe
 Girls Basketball.....Frank Howell

Baseball.....Shane Akers
 Girls Softball.....Rudy Evertsen
 Wrestling.....Brian Carson
 Football.....Jon Pedersen
 Girls Volleyball.....Chelsey Sinclair
 Track & Field.....Jon Pedersen
 Girls Track & Field.....Jacob Stamper
 Cross Country.....Reece Tedford
 Girls Cross Country.....Reece Tedford
 Bowling.....Garrett Smith
 Girls Bowling.....Garrett Smith
 Football Cheerleading.....Kathy Akers
 Speech Director.....Beth Hall
 Student Council.....Kathy Akers
 Band Director.....Steve Neilssen
 Vocal Director.....Beth Hall

CENTRAL DEWITT

Street Address: 519 E 11th St
 City: DeWitt
 Zip Code: 52742
 Mailing Address: PO Box 110
 City: DeWitt
 Zip Code: 52742
 Supt. St Address: PO Box 110
 Supt. City: DeWitt
 Supt. Zip: 52742
 County: Clinton
 Area Code: 563
 School Phone: 659-4715
 HS Fax: 659-0714
 AD Fax: 659-0714
 Web Site: <http://www.cd-csd.org>
 School Colors: Purple & Gold
 Nickname: Sabers
 Conference: MAC
 Superintendent.....Dan Peterson
 Phone.....(563)659-0700
 Email.....dan.peterson@cd-csd.org
 Asst/Assoc Supt.....Jen Vance
 Phone.....(563)659-4713
 Email.....jen.vance@cd-csd.org
 Admin Asst.....Gayle Pepmeier
 Phone.....(563)659-4701
 Email.....gayle.pepmeier@cd-csd.org
 Principal.....George Pickup
 Phone.....(563)659-4715
 Email.....george.pickup@cd-csd.org
 Asst/Assoc/Vice-Principal.....Terri Selzer
 Phone.....(563)659-4715
 Email.....terri.selzer@cd-csd.org
 Athletic Administrator.....Jered Birt
 Phone.....(563)659-4726
 Email.....jered.birt@cd-csd.org
 Athletic Secretary.....Karey Carlin
 Phone.....(563)659-4731
 Email.....karey.carlin@cd-csd.org
 Sports Medicine Provider.....Brent Yotty, LAT
 (Genesis Health)

Tennis.....Dave Moore
 Girls Tennis.....Carl Small
 Golf.....Jen Froeschle
 Girls Golf.....Troy Steffens
 Basketball.....Grady Gallagher
 Girls Basketball.....Chad Specht
 Baseball.....Shane Sikkema
 Girls Softball.....Lee Swanson
 Wrestling.....Matt Ohnemus
 Football.....Ryan Streets
 Girls Volleyball.....Lee Swanson
 Track & Field.....Jason Lansing
 Girls Track & Field.....Eric Olson

Cross Country.....Eric Olson
 Girls Cross Country.....Eric Olson
 Girls Soccer.....Tom Portz
 Bowling.....Bill Perdieu
 Girls Bowling.....Seth Ketelsen
 Football Cheerleading.....Victoria Schrage
 Basketball Cheerleading.....Victoria Schrage
 Wrestling Cheerleading.....Victoria Schrage
 Speech Director.....Brienne Magill
 Student Council.....Carrie Viel
 Band Director.....Josh Greubel
 Vocal Director.....Ryan Uttech

CENTRAL LEE, DONNELSON

Street Address: 2642 Hwy 218
 City: Donnellson
 Zip Code: 52625
 Mailing Address: 2642 Hwy 218
 City: Donnellson
 Zip Code: 52625
 Supt. St Address: 2642 Hwy 218
 Supt. City: Donnellson
 Supt. Zip: 52625
 County: Lee
 Area Code: 319
 School Phone: 835-9510
 HS Fax: 835-5709
 AD Fax: 835-5709
 Web Site: <http://www.centrallee.org>
 School Colors: Black, White, Gold
 Nickname: Hawks
 Conference: SEI Super Conference
 Superintendent.....Andy Crozier
 Phone.....(319)835-9510 x222
 Email.....acrozier@centrallee.org
 Admin Asst.....Lora Azinger
 Phone.....(319)835-9510 x222
 Principal.....Nicole Herdrich
 Phone.....(319)835-9510 x230
 Email.....nherdrich@centrallee.org
 Athletic Administrator.....Jerry Ireland
 Phone.....(319)835-9510 x264
 Email.....jireland@centrallee.org
 Athletic Secretary.....Tina Cale
 Phone.....(319)835-9510 x268
 Email.....tcalle@centrallee.org
 Sports Medicine Provider.....TBD
 Golf.....Mike Ungerer
 Girls Golf.....Mike Ungerer
 Basketball.....Evan Swanson
 Girls Basketball.....Jay Baldwin
 Baseball.....Shane Weirather
 Girls Softball.....Tiffany Woodruff
 Football.....Chuck Banks
 Girls Volleyball.....Amy Cook
 Track & Field.....Terry Soli
 Girls Track & Field.....Patty Rooney
 Cross Country.....Chase Newton
 Girls Cross Country.....Chase Newton
 Soccer.....Justin Schau
 Girls Soccer.....Antonio Estrada
 Football Cheerleading.....Mandi Warneke
 Basketball Cheerleading.....Mandi Warneke
 Student Council.....Jamie Jones
 Band Director.....Abbey Lochmoeller
 Vocal Director.....Tracy Madsen

CENTRAL LYON, ROCK RAPIDS

Street Address: 1010 Greene St
 City: Rock Rapids
 Zip Code: 51246
 Mailing Address: 1010 Greene St

City: Rock Rapids
 Zip Code: 51246
 Supt. St Address: 1010 Greene St
 Supt. City: Rock Rapids
 Supt. Zip: 51246
 County: Lyon
 Area Code: 712
 School Phone: 472-4051
 HS Fax: 472-2115
 AD Fax: 472-2115
 Web Site: <http://www.centrallyon.org>
 School Colors: Purple & Gold
 Nickname: Lions
 Conference: Siouxland
 Superintendent.....Brent Jorth
 Phone.....(712)472-2664
 Email.....bjorth@centrallyon.org
 Admin Asst.....Leah Lupkes
 Phone.....(712)472-2664
 Email.....llupkes@centrallyon.org
 Principal.....Jason Engleman
 Phone.....(712)472-4041
 Email.....jengleman@centrallyon.org
 Asst/Assoc/Vice-Principal.....Steve Harman
 Phone.....(712)472-2664
 Email.....steveharman@centrallyon.org
 Athletic Administrator.....Dan Kruse
 Phone.....(712)472-2664
 Email.....dkruse@centrallyon.org
 Co-AD/Assistant.....Jason Engleman
 Phone.....(712)472-2664
 Email.....jengleman@centrallyon.org
 Athletic Secretary.....Leah Lupkes
 Phone.....(712)472-2664
 Email.....llupkes@centrallyon.org
 Sports Medicine Provider.....Brandon Church
 (Avera Sports Medicine)
 Golf.....Chris Wright
 Girls Golf.....Ben Gerleman
 Basketball.....Ben Gerleman
 Girls Basketball.....Heather Grafig
 Baseball.....Ben Docker
 Girls Softball.....Kelly Weiler
 Wrestling.....Curtis Eben
 Football.....Curtis Eben
 Girls Volleyball.....Jamie Schar
 Track & Field.....Dan Snyder
 Girls Track & Field.....Toby Lorenzen
 Cross Country.....Curt Fiedler
 Girls Cross Country.....Mandi Ver Beek
 Football Cheerleading.....Jessica Kruse
 Basketball Cheerleading.....Denise McCarty
 Wrestling Cheerleading.....Jessica Kruse
 Speech Director.....Rebekah Hakeman, TBA
 Student Council.....Jessica Harman
 Band Director.....Sherwin Langholdt
 Vocal Director.....Ann Langholdt

CENTRAL SPRINGS

Street Address: 105 S East St
 City: Manly
 Zip Code: 50456
 Mailing Address: PO Box 190
 City: Manly
 Zip Code: 50456
 Supt. St Address: PO Box 190
 Supt. City: Manly
 Supt. Zip: 50456
 County: Worth
 Area Code: 641
 School Phone: 454-2208

HS Fax: 454-3086
 AD Fax: 454-2212
 Web Site: <http://www.centralsprings.net>
 School Colors: Royal Blue & Black
 Nickname: Panthers
 Conference: Top of Iowa
 Superintendent.....Darwin Lehmann
 Phone.....(641)454-2211
 Email.....dlehmann@centralsprings.net
 Admin Asst.....Gwen Mellmann
 Phone.....(641)454-2211
 Email.....gmellmann@centralsprings.net
 Principal.....Ken Estes
 Phone.....(641)454-2208
 Email.....kestes@centralsprings.net
 Athletic Administrator.....Ethan Miller
 Phone.....(641)454-2208
 Email.....emiller@centralsprings.net
 Athletic Secretary.....Katie Kruger
 Phone.....(641)454-2208
 Email.....kkruger@centralsprings.net
 Sports Medicine Provider.....Athletico
 Golf.....Bill Shafer, Justin Heimer
 Girls Golf.....Bill Shafer, Justin Heimer
 Basketball.....Colton Hamand
 Girls Basketball.....Brian Fessler
 Baseball.....Lee Gealow
 Girls Softball.....Belinda Nelson
 Wrestling.....Jay McDonough
 Football.....Bill Shafer
 Girls Volleyball.....Maggie Pruin
 Track & Field.....Brian Fessler
 Girls Track & Field.....Rebecca Miller
 Cross Country.....Michael Pettengill
 Girls Cross Country.....Michael Pettengill
 Speech Director.....Nicci McDonough
 Student Council.....Bellinda Nelson
 Band Director.....Cole Younger
 Vocal Director.....Susan Carrott

CENTRAL, ELKADER

Street Address: 400 1st St NW
 City: Elkader
 Zip Code: 52043
 Mailing Address: 400 1st St NW
 City: Elkader
 Zip Code: 52043
 Supt. St Address: 400 1st St NW
 Supt. City: Elkader
 Supt. Zip: 52043
 County: Clayton
 Area Code: 563
 School Phone: 245-1750
 HS Fax: 245-1763
 AD Fax: 245-1763
 Web Site: <http://www.central.k12.ia.us>
 School Colors: Red & White
 Nickname: Warriors
 Conference: Upper Iowa
 Superintendent.....Nicholas Trenkamp
 Phone.....(563)245-1751 x303
 Email.....ntrenkamp@central.k12.ia.us
 Principal.....Aaron Reinhart
 Phone.....(563)245-1750
 Email.....areinhart@central.k12.ia.us
 Athletic Administrator.....Aaron Reinhart
 Phone.....(563)245-1750
 Email.....areinhart@central.k12.ia.us
 Co-AD/Assistant.....Mike Smith
 Phone.....(563)245-1750
 Email.....msmith@central.k12.ia.us

Athletic Secretary.....Allison Walch
 Phone.....(563)245-1750
 Email.....awalch@central.k12.ia.us
 Golf.....Jamie Rodenberg
 Girls Golf.....Jamie Rodenberg
 Basketball.....Brady Stramer
 Girls Basketball.....Mark Wiley
 Baseball.....Zachary Mueller
 Girls Softball.....Gerald Funk
 Wrestling.....Joe Koehn
 Football.....Joe Koehn
 Girls Volleyball.....Mike Smith
 Track & Field.....Tom Wilwert
 Girls Track & Field.....Martha Bauder
 Cross Country.....Mark Bauder
 Girls Cross Country.....Mark Bauder
 Football Cheerleading.....Paula Mahoney
 Basketball Cheerleading.....Helen Backes
 Wrestling Cheerleading.....Paula Mahoney
 Student Council.....Christie Burlingame
 Band Director.....Gage Thomas
 Vocal Director.....Brandon Douglas

CHARITON

Street Address: 501 N Grand St
 City: Chariton
 Zip Code: 50049
 Mailing Address: 501 N Grand St
 City: Chariton
 Zip Code: 50049
 Supt. St Address: 140 E. Albia Rd. PO Box 738
 Supt. City: Chariton
 Supt. Zip: 50049
 County: Lucas
 Area Code: 641
 School Phone: 774-5066
 HS Fax: 774-3404
 AD Fax: 774-3404
 Web Site: <http://www.chariton.k12.ia.us>
 School Colors: Red & White
 Nickname: Chargers
 Conference: South Central
 Superintendent.....Larry Achenbach
 Phone.....(641)774-5967
 Email.....larry.achenbach@chariton.k12.ia.us
 Principal.....Tracy Hall
 Phone.....(641)774-5066
 Email.....tracy.hall@chariton.k12.ia.us
 Asst/Assoc/Vice-Principal.....Tim Milledge
 Phone.....(641)774-5066
 Email.....tim.milledge@chariton.k12.ia.us
 Athletic Administrator.....Tim Milledge
 Phone.....(641)774-3401
 Email.....tim.milledge@chariton.k12.ia.us
 Athletic Secretary.....Heather Swarthout
 Phone.....(641)774-5066
 Email.....heather.swarthout@chariton.k12.ia.us
 Sports Medicine Provider.....Tyler Nance
 Tennis.....Brian Zimmerli
 Girls Tennis.....Chesee Miller
 Golf.....Ben Schooley
 Girls Golf.....J.J. Stout
 Basketball.....Brett Spiker
 Girls Basketball.....Lee Sandy
 Baseball.....Daryl Dotson
 Girls Softball.....Deb Seufferer
 Wrestling.....Jamie Cochran
 Football.....Curt Smyser
 Girls Volleyball.....Christopher Watkins
 Track & Field.....Josh Snook
 Girls Track & Field.....Bob Cain

Cross CountryEli Horton
 Girls Cross Country.....Tom Anderson
 Soccer.....Cole Pierschbacher
 Girls Soccer.....Dennis St. Lawrence
 Football Cheerleading.....Abby Diehl
 Basketball Cheerleading.....Caroline Hunkele
 Wrestling Cheerleading.....Nicci Chandler
 Speech Director.....Justin Sharp
 Band Director.....Sam Nau
 Vocal Director.....Tyler Urich

CHARLES CITY

Street Address: 1 Comet Dr
 City: Charles City
 Zip Code: 50616
 Mailing Address: 1 Comet Dr
 City: Charles City
 Zip Code: 50616
 Supt. St Address: 500 N Grand Ave
 Supt. City: Charles City
 Supt. Zip: 50616
 County: Floyd
 Area Code: 641
 School Phone: 257-6510
 HS Fax: 257-1175
 AD Fax: 257-1175
 Web Site: <http://www.charlescitieschools.org>
 School Colors: Orange & Black
 Nickname: Comets
 Conference: Northeast Iowa
 Superintendent.....Mike Fisher
 Phone.....(641)257-6500
 Email.....mfisher@charlescitieschools.org
 Principal.....Bryan Jurrens
 Phone.....(641)257-6510
 Email.....bjurren@charlescitieschools.org
 Asst/Assoc/Vice-Principal.....Larry Wolfe
 Phone.....(641)257-6510
 Email.....lwolfe@charlescitieschools.org
 Athletic Administrator.....Todd Forsyth
 Phone.....(641)257-6510 x1211
 Email.....tforsyt@charles-city.k12.ia.us
 Athletic Secretary.....Julie Ritter
 Phone.....(641)257-6510
 Email.....jritter@charles-city.k12.ia.us
 Girls Tennis.....Brian Parrott
 Golf.....Dave Williams
 Girls Golf.....Eric Johanningmeier
 Basketball.....Ben Klapperich
 Baseball.....Tyler Downing
 Girls Softball.....Brian Bohlen
 Wrestling.....Dave Williams
 Football.....Darren Bohlen
 Girls Volleyball.....Andie Olson, Sue Hoefer
 Track & Field.....Ryan Rahmiller
 Girls Track & Field.....Amanda Rahmiller
 Cross Country.....Ryan Rahmiller
 Girls Cross Country.....Amanda Rahmiller
 Soccer.....Brad McKenzie
 Bowling.....Doug Bohlen
 Girls Bowling.....Doug Bohlen
 Football Cheerleading.....Keisha Cummings
 Basketball Cheerleading.....Keisha Cummings
 Wrestling Cheerleading.....Keisha Cummings
 Speech Director.....Brenda Bailey
 Student Council.....Larry Wolfe
 Band Director.....Jacob Gassman
 Vocal Director.....Derek Sturtevant
 Orchestra Director.....Sam Naumann

CHEROKEE, WASHINGTON

Street Address: 600 W Bluff St

City: Cherokee
 Zip Code: 51012
 Mailing Address: 600 W Bluff St
 City: Cherokee
 Zip Code: 51012
 Supt. St Address: 600 W Bluff St
 Supt. City: Cherokee
 Supt. Zip: 51012
 County: Cherokee
 Area Code: 712
 School Phone: 225-6755
 HS Fax: 225-6757
 AD Fax: 225-6757
 Web Site: <http://www.ccsd.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Braves
 Conference: Lakes
 Superintendent.....Kimberly Lingenfelter
 Phone.....(712)225-6767
 Email.....klingenfelter@ccsd.k12.ia.us
 Principal.....Tom Ryherd
 Phone.....(712)225-6755
 Email.....tryherd@ccsd.k12.ia.us
 Athletic Administrator.....Josh Landhuis
 Phone.....(712)225-6755 x103
 Email.....jlandhuis@ccsd.k12.ia.us
 Athletic Secretary.....Jen Ohlendorf
 Phone.....(712)225-6755
 Email.....johlendorf@ccsd.k12.ia.us
 Sports Medicine Provider.....Jodi Schlichting
 Tennis.....David Zelle
 Girls Tennis.....Tricia Vannatta
 Golf.....James DeVos
 Girls Golf.....Heidi Gerstandt
 Basketball.....Mark Hurd
 Girls Basketball.....Brandon Slaughter
 Girls Softball.....Jen Ohlendorf
 Wrestling.....Austin Todd
 Football.....Tony Gunter
 Girls Volleyball.....Charity Anderson
 Track & Field.....Jim Leonard
 Girls Track & Field.....Travis Schipper
 Cross Country.....Matt Hoskinson
 Girls Cross Country.....Matt Hoskinson
 Bowling.....Tim Gaydo
 Football Cheerleading.....Melissa Schlenger
 Basketball Cheerleading.....Melissa Schlenger
 Wrestling Cheerleading.....Amy Brunsting
 Speech Director.....Jaylene DeVos
 Student Council.....Korrie Coombs
 Band Director.....Joe Vannatta
 Vocal Director.....Tyler Puettmann

CLARINDA

Street Address: 100 N Cardinal Dr
 City: Clarinda
 Zip Code: 51632
 Mailing Address: PO Box 59
 City: Clarinda
 Zip Code: 51632
 Supt. St Address: PO Box 59
 Supt. City: Clarinda
 Supt. Zip: 51632
 County: Page
 Area Code: 712
 School Phone: 542-5167
 HS Fax: 542-3802
 AD Fax: 542-3802
 Web Site: <http://www.clarinda.k12.ia.us>
 School Colors: Cardinal Red, Black, White
 Nickname: Cardinals

Conference: Hawkeye Ten
 Superintendent.....Chris Bergman
 Phone.....(712)542-5165
 Email.....cbergman@clarindacsd.org
 Principal.....Denise Green
 Phone.....(712)542-5167 x141
 Email.....dgreen@clarindacsd.org
 Asst/Assoc/Vice-Principal.....Josh Porter
 Phone.....(712)542-5167 x142
 Email.....jporter@clarindacsd.org
 Athletic Administrator.....Josh Porter
 Phone.....(712)542-5167 x142
 Email.....jporter@clarindacsd.org
 Athletic Secretary.....Crystal Parra
 Phone.....(712)542-5167 x169
 Email.....cparra@clarindacsd.org
 Sports Medicine Provider.....Logan Wood , LAT, PT
 (Clarinda Regional Health)
 Tennis.....Matt Bird
 Girls Tennis.....Randy Pullen
 Golf.....Andrew Almelen
 Girls Golf.....Ron Grebert
 Basketball.....Rodney Eberly
 Girls Basketball.....Conner Hanafan
 Baseball.....Rodney Eberly
 Girls Softball.....Seth Allbaugh
 Wrestling.....Collin Bevins
 Football.....Collin Bevins
 Girls Volleyball.....Kaitlin Allen, Macy Elwood
 Track & Field.....Chad Blank
 Girls Track & Field.....Marilyn Wagoner
 Cross Country.....Jane Mayer
 Girls Cross Country.....Jane Mayer
 Bowling.....Ashley Woods
 Girls Bowling.....Ashley Woods
 Football Cheerleading.....Danni Samuelson
 Basketball Cheerleading.....Dani Samuelson
 Wrestling Cheerleading.....Jane Mayer
 Speech Director.....Susan Lauritsen
 Student Council.....Shannon Almelen
 Band Director.....Courtney Ridge
 Vocal Director.....Hannah Grimm

CLARINDA ACADEMY

Street Address: 1820 N 16th St
 City: Clarinda
 Zip Code: 51632
 Mailing Address: 1820 N 16th St
 City: Clarinda
 Zip Code: 51632
 Supt. St Address: PO Box 59
 Supt. City: Clarinda
 Supt. Zip: 51632
 County: Page
 Area Code: 712
 School Phone: 542-3103
 HS Fax: 542-2907
 AD Fax: 542-2907
 Web Site: <http://clarindaacademy.org>
 School Colors: Black & Gold
 Nickname: Eagles
 Conference: Corner
 Executive Coordinator.....Nola Bond
 Phone.....(712)542-3103
 Email.....nola.bond@sequelyouthservices.com
 Principal.....Pat Freese
 Phone.....(712)542-3103
 Email.....patrick.freese@sequelyouthservices.com
 Asst/Assoc/Vice-Principal.....Darla Olinger
 Phone.....(712)542-3103
 Email.....darla.olinger@sequelyouthservices.com

Athletic Administrator..... Ryan Eberly
 Phone..... (712)542-3103
 Email.....ryan.eberly@sequelyouthservices.com
 Co-AD/Assistant.....Matt E Darrah
 Phone..... (712)542-6129
 Email.....matt.darrah@sequelyouthservices.com
 Athletic Secretary..... Gail Wallin
 Phone..... (712)542-3103
 Email.....gail.wallin@sequelyouthservices.com
 Basketball..... Dane Byerly
 Baseball.....Taylor Wissel
 Wrestling.....Matt Darrah
 Track & Field.....Patrick Freese
 Cross Country.....Amanda Welsch
 Soccer.....Matt Darrah

CLARION-GOLDFIELD-DOWS

Street Address: 1111 Willow Dr
 City: Clarion
 Zip Code: 50525
 Mailing Address: 1111 Willow Dr
 City: Clarion
 Zip Code: 50525
 Supt. St Address: 120 Central Ave E
 Supt. City: Clarion
 Supt. Zip: 50525
 County: Wright
 Area Code: 515
 School Phone: 532-2895
 HS Fax: 532-2897
 AD Fax: 532-2897
 Web Site: <http://www.clargold.org>
 School Colors: Red & Black
 Nickname: Cowboys
 Conference: North Central
 Superintendent.....Joseph Nelson
 Phone..... (515)532-3423
 Email.....josephnelson@clargold.org
 Asst/Assoc Supt.....Steve Haberman
 Phone..... (515)532-2412
 Email.....shaberman@clargold.org
 Admin Asst.....Cindy Schaffer
 Phone..... (515)532-3423
 Email.....cschaffer@clargold.org
 Executive Coordinator.....Anita Frye
 Phone..... (515)532-2412
 Email.....afrye@clargold.org
 Principal.....Paul Hansch
 Phone..... (515)532-2895 x3165
 Email.....phansch@clargold.org
 Asst/Assoc/Vice-Principal.....Anita Frye
 Phone..... (515)532-2412
 Email.....afrye@clargold.org
 Asst/Assoc/Vice-Principal.....Jeff Friesleben
 Phone..... (515)532-2895
 Email.....jfriesleben@clargold.org
 Athletic Administrator.....Tim Morrison
 Phone..... (515)532-2895
 Email.....tmorrison@clargold.org
 Athletic Secretary.....Peg Clutter
 Phone..... (515)532-2895
 Email.....pclutter@clargold.org
 Golf.....Pat O'Brien
 Girls Golf.....Jeff Meyer
 Basketball.....Brandon Lantzky
 Girls Basketball.....TBD
 Baseball.....Nick Willwerth
 Girls Softball.....Chace Pruisman
 Wrestling.....Dr. Dan Gabrielson
 Football.....Tim Morrison
 Girls Volleyball.....Katrina TerHark
 Track & Field.....Ben Lindaman

Girls Track & Field.....Monty Harker
 Cross Country.....Daniel Murray
 Girls Cross Country.....Daniel Murray
 Football Cheerleading.....Sonia Vinsand
 Basketball Cheerleading.....Sonia Vinsand
 Wrestling Cheerleading.....Jolene Rasmussen
 Speech Director.....Tamara EnTin
 Student Council.....Heather Walker
 Band Director.....Kent Wesslink
 Vocal Director.....David Ackerman

CLARKE, OSCEOLA

Street Address: 800 N Jackson St
 City: Osceola
 Zip Code: 50213
 Mailing Address: 800 N Jackson St
 City: Osceola
 Zip Code: 50213
 Supt. St Address: 802 N Jackson St
 Supt. City: Osceola
 Supt. Zip: 50213
 County: Clarke
 Area Code: 641
 School Phone: 342-6505
 HS Fax: 342-2213
 AD Fax: 342-6101
 Web Site: <http://www.clarke.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Indians & Lady Indians
 Conference: South Central
 Superintendent.....Steve Seid
 Phone..... (641)342-4969 x6
 Email.....sseid@clarke.k12.ia.us
 Principal.....Shane Stephens
 Phone..... (641)342-6505 x500
 Email.....sstephens@clarke.k12.ia.us
 Athletic Administrator.....Randy Bolton
 Phone..... (641)342-6505 x503
 Email.....rbolton@clarke.k12.ia.us
 Athletic Secretary.....Sue Brimm
 Phone..... (641)342-6505 x503
 Email.....sbrimm@clarke.k12.ia.us
 Tennis.....Jeff Ehrhardt
 Girls Tennis.....Jeff Ehrhardt
 Golf.....Walker Adams
 Girls Golf.....Walker Adams
 Basketball.....Michael Fischels
 Girls Basketball.....Dan Schmidt
 Baseball.....Lonnie Smith
 Girls Softball.....Open
 Wrestling.....Brian Reece
 Football.....Jerrold Gaskill
 Girls Volleyball.....Shawn Pavlick
 Track & Field.....Robert Best
 Girls Track & Field.....Kyle Eckerman
 Cross Country.....Kayleen McCann
 Girls Cross Country.....Kayleen McCann
 Soccer.....Jorge Avalos
 Girls Soccer.....Jorge Avalos
 Bowling.....Dale Helgevold
 Girls Bowling.....Dale Helgevold
 Football Cheerleading.....Sarah Truitt
 Speech Director.....Don May
 Student Council.....Shane Majerus
 Band Director.....Karina Kelso
 Vocal Director.....Mary Pohlmann

CLARKSVILLE

Street Address: 318 N Mather St
 City: Clarksville
 Zip Code: 50619
 Mailing Address: 318 N Mather St

City: Clarksville
 Zip Code: 50619
 Supt. St Address: 318 N Mather St
 Supt. City: Clarksville
 Supt. Zip: 50619
 County: Butler
 Area Code: 319
 School Phone: 278-4273
 HS Fax: 278-4981
 AD Fax: 278-4981
 Web Site: <http://www.clarksville.k12.ia.us/>
 School Colors: Maroon & White
 Nickname: Indians
 Conference: Iowa Star North
 Superintendent.....Joel Foster
 Phone..... (319)278-4008
 Email.....jfooster@clarksville.k12.ia.us
 Principal.....Keith Reuter
 Phone..... (319)278-4008
 Email.....kreuter@clarksville.k12.ia.us
 Athletic Administrator.....Ashten Henningsen
 Phone..... (319)278-4273
 Email.....ahenningsen@clarksville.k12.ia.us
 Golf.....Ashten Henningsen
 Girls Golf.....Ashten Henningsen
 Girls Basketball.....Ross Timmermans
 Baseball.....Rick Gebal
 Girls Softball.....Katie Wedeking
 Football.....Bob Goeller
 Track & Field.....Ralph Longus
 Girls Track & Field.....Ralph Longus
 Cross Country.....Ralph Longus
 Girls Cross Country.....Ralph Longus
 Basketball Cheerleading.....Tonya Poppe
 Student Council.....Cindy Tiemessen

CLAYTON RIDGE, GUTTENBERG

Street Address: 131 S River Park Dr
 City: Guttenberg
 Zip Code: 52052
 Mailing Address: PO Box 520
 City: Guttenberg
 Zip Code: 52052
 Supt. St Address: PO Box 520
 Supt. City: Guttenberg
 Supt. Zip: 52052
 County: Clayton
 Area Code: 563
 School Phone: 252-2341
 HS Fax: 252-3387
 AD Fax: 252-2656
 Web Site: <http://www.claytonridge.k12.ia.us>
 School Colors: Hunter Green, Black, Silver
 Nickname: Eagles
 Conference: Upper Iowa
 Superintendent.....Shane Wahls
 Phone..... (563)252-2341 x304
 Email.....swahls@claytonridge.k12.ia.us
 Principal.....Laura Bilden
 Phone..... (563)252-2341 x302
 Email.....lbilden@claytonridge.k12.ia.us
 Athletic Administrator.....Shane Wahls
 Phone..... (563)964-2321
 Email.....swahls@claytonridge.k12.ia.us
 Co-AD/Assistant.....Collin Arndt
 Phone..... (563)252-2341 x145
 Email.....carndt@claytonridge.k12.ia.us
 Sports Medicine Provider.....Dr. Jeff Hoffmann, DO
 (Cornerstone Family Practice)
 Golf.....Brian Rodenberg
 Girls Golf.....Scott Kelly
 Basketball.....Kyle Sperfslage

Girls Basketball..... Scott Kelly
 Baseball..... Zach Mueller
 Girls Softball..... Tierney Schneider
 Wrestling..... Jarid Grinstead
 Football..... Chad Harbaugh
 Girls Volleyball..... Adam Radcliffe
 Track & Field..... Adam Sadewasser
 Cross Country..... Louis Cook
 Girls Cross Country..... Louis Cook
 Football Cheerleading..... Heather Meyer
 Basketball Cheerleading..... Heather Meyer
 Wrestling Cheerleading..... Heather Meyer
 Speech Director..... Nicole Shaw
 Student Council..... Michelle Fassbinder
 Band Director..... Kendra Wilke
 Vocal Director..... Adam Radcliffe

CLEAR CREEK-AMANA

Street Address: 551 West Marengo Road
 City: Tiffin
 Zip Code: 52340
 Mailing Address: PO Box 199
 City: Tiffin
 Zip Code: 52340
 Supt. St Address: PO Box 487
 Supt. City: Oxford
 Supt. Zip: 52322
 County: Johnson
 Area Code: 319
 School Phone: 545-2361
 HS Fax: 545-2863
 AD Fax: 545-2863
 Web Site: <http://www.ccaschools.org>
 School Colors: Royal Blue & White
 Nickname: Clippers
 Conference: WaMaC
 Superintendent..... Tim Kuehl
 Phone..... (319)828-4510
 Email..... timkuehl@ccaschools.org
 Asst/Assoc Supt..... Matt Leeman
 Phone..... (319)828-4510
 Email..... mattleeman@ccaschools.org
 Principal..... Mark Moody
 Phone..... (319)545-2361
 Email..... markmoody@ccaschools.org
 Asst/Assoc/Vice-Principal..... Mike Potter
 Phone..... (319)545-2361
 Email..... mikepotter@ccaschools.org
 Athletic Administrator..... Kurt Ronnfeldt
 Phone..... (319)545-2361
 Email..... kurtronnfeldt@ccaschools.org
 Sports Medicine Provider..... Katie Broghammer
 Golf..... Chad McCarty
 Girls Golf..... Cam Stockman
 Basketball..... Brandon Clubb
 Girls Basketball..... P.J. Sweeney
 Baseball..... Nick Zumsande
 Girls Softball..... Jodie Scheetz, Ken Thimmesch
 Wrestling..... Kyle Forness
 Football..... Gabe Bakker
 Girls Volleyball..... Jackie Clubb
 Track & Field..... Ben Robison
 Girls Track & Field..... Jane Astor
 Cross Country..... Ben Robison
 Girls Cross Country..... Ben Robison
 Soccer..... Tim Benson
 Girls Soccer..... Matt Harding
 Football Cheerleading..... Jamie Bowman
 Basketball Cheerleading..... Jamie Bowman
 Wrestling Cheerleading..... Jamie Bowman
 Speech Director..... Christine Maas
 Student Council..... Matt Trosky

Band Director..... John Smith
 Vocal Director..... Tracy Williams

CLEAR LAKE

Street Address: 125 N 20th St
 City: Clear Lake
 Zip Code: 50428
 Mailing Address: 125 N 20th St
 City: Clear Lake
 Zip Code: 50428
 Supt. St Address: 1529 3rd Ave N
 Supt. City: Clear Lake
 Supt. Zip: 50428
 County: Cerro Gordo
 Area Code: 641
 School Phone: 357-5235
 HS Fax: 357-6218
 AD Fax: 357-6218
 Web Site: <http://www.clearlakeschools.org>
 School Colors: Black & Gold
 Nickname: Lions
 Conference: North Central
 Superintendent..... Doug Gee
 Phone..... (641)357-2181
 Email..... dgee@clearlakeschools.org
 Principal..... Christopher Murphy
 Phone..... (641)357-5235
 Email..... cmurphy@clearlakeschools.org
 Asst/Assoc/Vice-Principal..... Dale Ludwig
 Phone..... (641)357-5235
 Email..... dludwig@clearlakeschools.org
 Athletic Administrator..... Dale Ludwig
 Phone..... (641)357-5235
 Email..... dludwig@clearlakeschools.org
 Athletic Secretary..... Lori Winter
 Phone..... (641)357-5235
 Email..... lwinter@clearlakeschools.org
 Tennis..... Rich Peters
 Girls Tennis..... Cat Aragon-Bauer
 Golf..... Eric Perry
 Girls Golf..... Colby Andrews
 Basketball..... Jeremy Ainley
 Girls Basketball..... Bart Smith
 Baseball..... AJ Feuerbach
 Girls Softball..... Austin Peterson
 Wrestling..... Evan Johnson
 Football..... Jared DeVries
 Girls Volleyball..... Heather Johnson
 Track & Field..... Troy Tysdahl
 Girls Track & Field..... Shawn Puttmann
 Cross Country..... Tyler Havens
 Soccer..... Zach Hall
 Girls Soccer..... Greg Jennings
 Football Cheerleading..... Cat Aragon-Bauer
 Basketball Cheerleading..... Nicki Schaumberg
 Wrestling Cheerleading..... Cat Aragon-Bauer
 Speech Director..... Megan Young
 Student Council..... Troy Tysdahl
 Band Director..... Holly Prier
 Vocal Director..... Jennni Farrall, Jason Heitland

CLINTON

Street Address: 817 8th Ave S
 City: Clinton
 Zip Code: 52732
 Mailing Address: 817 8th Ave S
 City: Clinton
 Zip Code: 52732
 Supt. St Address: 1401 12th Ave N
 Supt. City: Clinton
 Supt. Zip: 52732
 County: Clinton

Area Code: 563
 School Phone: 243-2435
 HS Fax: 243-0029
 AD Fax: 243-9612
 Web Site: <http://www.clinton.k12.ia.us>
 School Colors: Red & Black
 Nickname: River Kings and River Queens
 Conference: Mississippi Athletic
 Superintendent..... Gary DeLacy
 Phone..... (563)243-9600 x32
 Email..... gdelacy@clintonia.org
 Admin Asst..... Lori Kness
 Phone..... (563)243-9600 x32
 Email..... lkness@clintonia.org
 Principal..... JR Kuch
 Phone..... (563)243-2435 x1181
 Email..... jrkuch@clintonia.org
 Asst/Assoc/Vice-Principal..... Jamie Schroeder
 Phone..... (563)243-7540
 Email..... jschroeder@clintonia.org
 Asst/Assoc/Vice-Principal..... Matthew Tobin
 Phone..... (563)243-7540
 Email..... mtobin@clintonia.org
 Asst/Assoc/Vice-Principal..... Kevin Behr
 Phone..... (563)243-7540
 Email..... kbehr@clintonia.org
 Athletic Administrator..... Andy Eberhart
 Phone..... (563)243-7540 x1182
 Email..... aeberhart@clintonia.org
 Athletic Secretary..... Melissa Baker
 Phone..... (563)243-7540 x1182
 Email..... mbaker@clintonia.org
 Sports Medicine Provider..... Kurt Flathers
 Tennis..... Eliot Kuchera
 Girls Tennis..... Cindy Rasche
 Golf..... Jason McEwen
 Girls Golf..... Jason McEwen
 Basketball..... Troy Ersland
 Girls Basketball..... Cathy Marx
 Swimming..... Albert Hayton
 Girls Swimming..... Albert Hayton
 Baseball..... Kevin Cunningham
 Girls Softball..... Nate Herrig
 Wrestling..... Dustin Caldwell
 Football..... Nate Herrig
 Girls Volleyball..... Micah Cewe
 Track & Field..... Kellen Schneeberger
 Girls Track & Field..... Tony Steen
 Cross Country..... Kellen Schneeberger
 Girls Cross Country..... Kellen Schneeberger
 Soccer..... Matt Hagge
 Girls Soccer..... Nick Hauenstein
 Bowling..... Shaun Hartman
 Girls Bowling..... Shaun Hartman
 Football Cheerleading..... Vicki Burns
 Basketball Cheerleading..... Vicki Burns
 Wrestling Cheerleading..... Vicki Burns
 Speech Director..... Aaron Westrum
 Student Council..... Jason Endress
 Band Director..... Josh Hahn
 Vocal Director..... Karl Wolf
 Orchestra Director..... Greg Marston

COLFAX-MINGO

Street Address: 204 N League Rd
 City: Colfax
 Zip Code: 50054
 Mailing Address: 204 N League Rd
 City: Colfax
 Zip Code: 50054
 Supt. St Address: 1000 N. Walnut St.
 Supt. City: Colfax

Supt. Zip: 50054
County: Jasper
Area Code: 515
School Phone: 674-4111
HS Fax: 674-4940
AD Fax: 674-4940
Web Site: <http://www.colfax-mingo.k12.ia.us>
School Colors: Navy Blue and Orange
Nickname: Tigerhawks
Conference: South Iowa Cedar League

Superintendent Erik Anderson
Phone (515)674-3646
Email erik.anderson@colfaxmingo.org

Admin Asst. Bertha Deaton
Phone (515)674-3646
Email bertdeaton@colfaxmingo.org

Principal Todd Jones
Phone (515)674-4111 x1100
Email tjones@colfaxmingo.org

Athletic Administrator Erin Hume
Phone (515)674-4111 x1101
Email ehume@colfaxmingo.org

Athletic Secretary Missy Daft
Phone (515)674-4111 x1102
Email mdaft@colfaxmingo.org

Golf Mike Underwood
Girls Golf Mike Underwood
Basketball Phil Grant
Girls Basketball Blake Warrick
Baseball Brian Warrick
Girls Softball Bryan Poulter
Wrestling Erin Hume
Football Jeff Lietz
Girls Volleyball Michelle Grant
Track & Field Matt Barkalow
Girls Track & Field Zach Tomas
Cross Country Zach Tomas
Girls Cross Country Zach Tomas
Football Cheerleading Terra Teague
Wrestling Cheerleading Chrystin Clark
Speech Director Talbot Hook
Student Council Laurie McGhee
Band Director Michelle Grant
Vocal Director Michelle Grant

COLLINS-MAXWELL

Street Address: 400 Metcalf St
City: Maxwell
Zip Code: 50161
Mailing Address: 400 Metcalf St
City: Maxwell
Zip Code: 50161
Supt. St Address: 400 Metcalf St
Supt. City: Maxwell
Supt. Zip: 50161
County: Story
Area Code: 515
School Phone: 387-1115
HS Fax: 387-8842
AD Fax: 387-8842
Web Site: <http://www.collins-maxwell.k12.ia.us>
School Colors: Blue, Black, Silver
Nickname: Spartans
Conference: Iowa Star

Superintendent Dr. Corey Lunn
Phone (515)387-1115 x1100
Email clunn@collins-maxwell.k12.ia.us

Principal Kelley Emke
Phone (515)387-1115 x1102
Email kemke@collins-maxwell.k12.ia.us

Athletic Administrator Troy Houge
Phone (515)387-1115 x1205
Email thouge@collins-maxwell.k12.ia.us

Sports Medicine Provider Kari Sandquist
(McFarland Clinic)

Golf Kris Corbin
Girls Golf Kris Corbin
Basketball Wes Stover
Girls Basketball Justin Flaws
Baseball Jason Hasbrouck
Girls Softball Troy Houge
Wrestling Michael Leslie
Football Cory Crnkovich
Track & Field Cole Billerbeck
Girls Track & Field Jerry Meinerts
Cross Country Jerry Meinerts
Girls Cross Country Jerry Meinerts
Soccer John Fuller
Girls Soccer Sadie Jones
Football Cheerleading Caitlin Sutherland
Student Council Chris Smith
Band Director Becky Pfeiler
Vocal Director Mark Bjorklund

COLO-NESCO

Street Address: 919 West St
City: Colo
Zip Code: 50056
Mailing Address: PO Box 136
City: Colo
Zip Code: 50056
Supt. St Address: 919 West St
Supt. City: Colo
Supt. Zip: 50056
County: Story
Area Code: 641
School Phone: 377-2282
HS Fax: 377-2283
AD Fax: 377-2283
Web Site: <http://www.colo-nesco.k12.ia.us>
School Colors: Royal Blue & Silver
Nickname: Royals
Conference: Iowa Star

Superintendent Jim Walker
Phone (641)377-2282
Email sgray@nevada.k12.ia.us

Admin Asst. Sharon Dean
Phone (641)377-2282
Email sdean@colo-nesco.k12.ia.us

Principal Brandon Kelley
Phone (641)377-2282
Email bkelly@colo-nesco.k12.ia.us

Athletic Administrator Travis Owens
Phone (641)377-2282
Email towens@colo-nesco.k12.ia.us

Athletic Secretary Sharon Dean
Phone (641)377-2282
Email sdean@colo-nesco.k12.ia.us

Sports Medicine Provider McFarland Clinic

Golf Kris Corbin
Girls Golf Kris Corbin
Basketball Brandon Kelley
Girls Basketball Wayne Cafferty
Baseball Brandon Frohwein
Girls Softball Candace Sutton
Football Josh Nessa
Girls Volleyball Devin Womochil
Track & Field Tony Stalzer
Girls Track & Field Josh Nessa
Cross Country Tony Stalzer
Girls Cross Country Tony Stalzer

Football Cheerleading Andrea Ward
Basketball Cheerleading TBD
Speech Director Jessica Owens
Student Council Kara Kinser, Jess Owens
Band Director Kristi Heinberg
Vocal Director Bryan Ward

COLUMBUS CATHOLIC, WATERLOO

Street Address: 3231 W 9th St
City: Waterloo
Zip Code: 50702
Mailing Address: 3231 W 9th St
City: Waterloo
Zip Code: 50702
Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
Supt. City: Dubuque
Supt. Zip: 52004
County: Black Hawk
Area Code: 319
School Phone: 233-3358
HS Fax: 235-0733
AD Fax: 235-0733
Web Site: <http://www.cvcatholicsschools.org>
School Colors: Green, White
Nickname: Sailors
Conference: NICL

Superintendent Kim Hermesen
Phone (563)556-2580 x289
Email dbqsup@dbqarch.org

Admin Asst. Judy Bullis
Phone (319)233-3358
Email jbullis@cvcatholic.org

Executive Coordinator Tom Novotney
Phone (319)233-3358
Email tnovotney@cvcatholic.org

Principal TBD
Asst/Assoc/Vice-Principal Tony Harrington
Phone (319)233-3358
Email tharrington@cvcatholic.org

Athletic Administrator Taylor Hotek
Phone (319)233-3358 x6109
Email thotek@cvcatholic.org

Athletic Secretary Molly Skilling
Phone (319)233-3358
Email mskilling@cvcatholic.org

Sports Medicine Provider Scott Lockard, LAT (Athletico)

Tennis James Larsen
Girls Tennis Dave Will
Golf Brandon Schlitz
Girls Golf Adam Hoefer
Basketball Dru Robinson
Girls Basketball Cory O'Brien
Baseball Mark Gallagher
Girls Softball Chris Olmstead
Wrestling Denny Boleyn
Football Brad Schmit
Girls Volleyball Shelby Schnurstein
Track & Field Ricky Kremer
Girls Track & Field Ricky Kremer
Cross Country Ron Roberson
Girls Cross Country Ron Roberson
Soccer William Maletta
Girls Soccer Julie Girsch
Bowling Kevin Walker
Girls Bowling Kevin Walker
Football Cheerleading Katie Friedly
Basketball Cheerleading Katie Friedly
Wrestling Cheerleading Katie Friedly
Speech Director Kyle Weber
Student Council Dave Will

COLUMBUS COMMUNITY, COLUMBUS JUNCTION

Street Address: 1004 Colton St
 City: Columbus Junction
 Zip Code: 52738
 Mailing Address: 1004 Colton St
 City: Columbus Junction
 Zip Code: 52738
 Supt. St Address: 1210 Colton St
 Supt. City: Columbus Junction
 Supt. Zip: 52738
 County: Louisa
 Area Code: 319
 School Phone: 728-2231
 HS Fax: 728-2205
 AD Fax: 728-2205
 Web Site: <http://www.columbuscsd.org>
 School Colors: Royal Blue & White
 Nickname: Wildcats
 Conference: SEISC North

Superintendent.....Jeff Maeder
 Phone.....(319)728-2231 x9090
 Email.....jeff.maeder@columbuscsd.org
 Admin Asst.....Jessica Murphy
 Phone.....(319)728-2231 x3091
 Email.....jessica.murphy@columbuscsd.org
 Principal.....Mark Yeoman
 Phone.....(319)728-2231 x3090
 Email.....mark.yeoman@columbuscsd.org
 Athletic Administrator.....Jake McCullough
 Phone.....(319)728-2231
 Email.....jake.mccullough@columbuscsd.org
 Athletic Secretary.....Jessica Murphy
 Phone.....(319)728-2231 x3091
 Email.....jessica.murphy@columbuscsd.org
 Sports Medicine Provider.....Nicole Calvert
 (Integrated Therapy Specialists, PC)

Golf.....Dave Wittmann
 Girls Golf.....Nicole Hegewald
 Girls Basketball.....Kaite Coil
 Baseball.....Nick Swason
 Girls Softball.....Kaite Coil
 Wrestling.....Joel Keller
 Football.....Dave Iekwa
 Girls Volleyball.....Lori Beenen
 Track & Field.....Scott Dennler
 Girls Track & Field.....Steve Riley
 Cross Country.....Steve Riley
 Girls Cross Country.....Steve Riley
 Soccer.....Luis Cacho
 Girls Soccer.....Alfredo Piedra
 Football Cheerleading.....Codi Sammons
 Basketball Cheerleading.....Codi Sammons
 Wrestling Cheerleading.....Codi Sammons
 Speech Director.....Molly Peterson
 Student Council.....Maureen Mincks
 Band Director.....Charles Mausser
 Vocal Director.....Charles Mausser
 Orchestra Director.....Charles Mausser

COON RAPIDS-BAYARD

Street Address: 905 North St
 City: Coon Rapids
 Zip Code: 50058
 Mailing Address: PO Box 297
 City: Coon Rapids
 Zip Code: 50058
 Supt. St Address: PO Box 297
 Supt. City: Coon Rapids
 Supt. Zip: 50058
 County: Carroll
 Area Code: 712
 School Phone: 999-2208

HS Fax: 999-7740
 AD Fax: 999-7740
 Web Site: <http://www.crbcusaders.org>
 School Colors: Black & Red
 Nickname: Crusaders
 Conference: Rolling Valley
 Superintendent.....Eric Trager
 Phone.....(712)999-2208
 Email.....eric.trager@crbcusaders.org
 Principal.....Amanda Miller
 Phone.....(712)999-2208
 Email.....amanda.miller@crbcusaders.org
 Athletic Administrator.....Marissa Dembinski
 Phone.....(712)999-2208
 Email.....marissa.dembinski@crbcusaders.org
 Athletic Secretary.....Stacy Muench
 Phone.....(712)999-2208
 Email.....stacy.muench@crbcusaders.org
 Golf.....Tim Lee
 Girls Golf.....Amy McAlister
 Basketball.....Cory Meyer
 Girls Basketball.....Kaitlyn McAlister
 Baseball.....John Waddle
 Girls Softball.....Darla Davis
 Wrestling.....Tim Patrick
 Football.....Chris Mohr
 Girls Volleyball.....Jessica Denholm
 Track & Field.....Chris Mohr
 Girls Track & Field.....Chris Mohr
 Cross Country.....Elizabeth Larscheid
 Girls Cross Country.....Elizabeth Larscheid
 Football Cheerleading.....Alisa Venteicher
 Basketball Cheerleading.....Alisa Venteicher
 Student Council.....Paula Davis
 Band Director.....Bryn Davies
 Vocal Director.....Rebecca Fiscus

COUNCIL BLUFFS, ABRAHAM LINCOLN

Street Address: 1205 Bonham St
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 1205 Bonham St
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 12 Scott St
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 328-6481
 HS Fax: 328-6485
 AD Fax: 328-6485
 Web Site: <https://www.cb-schools.org/Domain/108>
 School Colors: Red, White & Blue
 Nickname: Lynx
 Conference: Missouri River

Superintendent.....Dr. Vickie Murillo
 Phone.....(712)328-6418
 Email.....vmurillo@cbcsd.org
 Asst/Assoc Supt.....Dr. Corey Vorthmann
 Phone.....(712)328-6446
 Email.....cvorthmann@cbcsd.org
 Admin Asst.....Amy Stuart
 Phone.....(712)328-6418
 Email.....astuart@cbcsd.org
 Executive Coordinator.....Tim Hamilton
 Phone.....(712)328-6476
 Email.....thamilton@cbcsd.org
 Principal.....Bridgette Bellows
 Phone.....(712)328-6481 x12104
 Email.....bbellows@cbcsd.org

Asst/Assoc/Vice-Principal.....Cyle Forney
 Phone.....(712)328-6481 x12115
 Email.....cforney@cbcsd.org
 Asst/Assoc/Vice-Principal.....Samantha Ballard
 Phone.....(712)328-6481 x12114
 Email.....ajens@cbcsd.org
 Athletic Administrator.....Jeff Novotny
 Phone.....(712)328-6481 x12117
 Email.....jnovotny@cbcsd.org
 Athletic Secretary.....Pamela Pick
 Phone.....(712)328-6481 x12100
 Email.....ppick@cbcsd.org
 Sports Medicine Provider.....Melissa Troub
 (Jennie Ed Sports Medicine)
 Tennis.....Myron Wilder
 Girls Tennis.....Bryan Pregon
 Golf.....Rob Dittmer
 Girls Golf.....Jason Smith
 Basketball.....Jason Isaacson
 Girls Basketball.....Chad Schaa
 Swimming.....Logan Maxwell
 Girls Swimming.....Logan Maxwell
 Baseball.....Brett Elam
 Girls Softball.....Ryan Koch
 Wrestling.....Mat Daniels/Adam Manz
 Football.....John Wolfe
 Girls Volleyball.....Katie Darrington
 Track & Field.....John Wolfe
 Girls Track & Field.....Don Schwartz
 Cross Country.....Scott Milner
 Girls Cross Country.....Traci Stoop
 Soccer.....Jamison Parkhill
 Girls Soccer.....Robbie Miller
 Bowling.....Norman Johnson
 Girls Bowling.....Norman Johnson
 Football Cheerleading.....Jordan Hansen
 Basketball Cheerleading.....Jordan Hansen
 Wrestling Cheerleading.....Jordan Hansen
 Speech Director.....Dirk Waller
 Student Council.....Mike McIntosh
 Band Director.....Taylor Matuszeski
 Vocal Director.....Elmer Ellefson
 Orchestra Director.....Dan Black

COUNCIL BLUFFS, THOMAS JEFFERSON

Street Address: 2501 W Broadway
 City: Council Bluffs
 Zip Code: 51501
 Mailing Address: 2501 W Broadway
 City: Council Bluffs
 Zip Code: 51501
 Supt. St Address: 300 W Broadway, Suite 1600
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 328-6493
 HS Fax: 352-0159
 AD Fax: 352-0159
 Web Site: <https://www.cb-schools.org/Domain/121>
 School Colors: Orange, White, Black accent
 Nickname: Yellow Jackets
 Conference: Missouri River

Superintendent.....Dr. Vickie Murillo
 Phone.....(712)328-6418
 Email.....vmurillo@cbcsd.org
 Asst/Assoc Supt.....Dr. Corey Vorthmann
 Phone.....(712)328-6424
 Email.....cvorthmann@cbcsd.org
 Admin Asst.....Amy Stuart
 Phone.....(712)328-6418 x2223
 Email.....astuart@cbcsd.org

Principal.....Dania Freudenburg
 Email.....dfreudenburg@cbcsd.org
 Asst/Assoc/Vice-Principal.....Cole Albright
 Phone.....(712)328-6451
 Email.....calbright@cbcsd.org
 Asst/Assoc/Vice-Principal.....Joanna Letz
 Phone.....(712)328-6451
 Email.....jletz@cbcsd.org
 Athletic Administrator.....Dustin Deterding
 Phone.....(712)328-6493 x103
 Email.....ddeterding@cbcsd.org
 Athletic Secretary.....Michaela Patterson
 Phone.....(712)328-6493
 Email.....mpatterson@cbcsd.org
 Sports Medicine Provider.....Rollie Hardies
 (Jennie Ed Sports Medicine)
 Tennis.....Dave Kaeding
 Girls Tennis.....Matt Connor
 Golf.....Rob Lindquist
 Girls Golf.....Rob Dittmer
 Basketball.....Nate Kreifels
 Girls Basketball.....Devin Schoening
 Baseball.....Tom Giles
 Girls Softball.....Amy Anderson
 Wrestling.....Paul Kueny
 Football.....Brant Anderson
 Girls Volleyball.....Darion White
 Track & Field.....Bob Nielsen
 Girls Track & Field.....Lori Thomas
 Cross Country.....Doug Muehlig
 Girls Cross Country.....Doug Muehlig
 Soccer.....Carlos Silva
 Girls Soccer.....Mark Royer
 Bowling.....Diane Storey
 Girls Bowling.....Diane Storey
 Football Cheerleading.....Danielle Hendrix
 Basketball Cheerleading.....Kendra Hollenbach
 Wrestling Cheerleading.....Kendra Hollenbach
 Speech Director.....Matt Schmidt
 Student Council.....Kendra Hollenbach
 Band Director.....Jessica Todd
 Vocal Director.....Travis Walker
 Orchestra Director.....Laura Nelson

CRESTON

Street Address: 601 W Townline Rd
 City: Creston
 Zip Code: 50801
 Mailing Address: 601 W Townline Rd
 City: Creston
 Zip Code: 50801
 Supt. St Address: 801 N Elm
 Supt. City: Creston
 Supt. Zip: 50801
 County: Union
 Area Code: 641
 School Phone: 782-2116
 HS Fax: 782-9502
 AD Fax: 782-9502
 Web Site: <http://www.crestonschools.org>
 School Colors: Red and Black
 Nickname: Panthers
 Conference: Hawkeye Ten
 Superintendent.....Deron Stender
 Phone.....(641)782-7028
 Email.....dstender@crestonschools.org
 Principal.....Bill Messerole
 Phone.....(641)782-2116
 Email.....bmesserole@crestonschools.org
 Asst/Assoc/Vice-Principal.....Scott Driskell
 Phone.....(641)782-7130
 Email.....sdriskell@crestonschools.org

Athletic Administrator.....Scott Driskell
 Phone.....(641)782-7130
 Email.....sdriskell@crestonschools.org
 Co-AD/Assistant.....Brad Baker
 Phone.....(641)782-2129
 Email.....bbaker@crestonschools.org
 Athletic Secretary.....Chris Tibbals
 Phone.....(641)782-2116
 Email.....ctibbals@crestonschools.org
 Sports Medicine Provider.....Jon Hochstetler, LAT
 (Greater Regional Med. Cntr)
 Tennis.....Kevin Cooper
 Girls Tennis.....Kevin Cooper
 Golf.....Jon Thomson
 Girls Golf.....Jon Thomson
 Basketball.....Bryce Schaffer
 Girls Basketball.....Tony Neubauer
 Baseball.....Steve Birchard
 Girls Softball.....Mike McCabe
 Wrestling.....Cody Downing
 Football.....Brian Morrison
 Girls Volleyball.....Traci Haley
 Track & Field.....Pat Schlapia
 Girls Track & Field.....Clay Arnold
 Cross Country.....Pat Schlapia
 Girls Cross Country.....Pat Schlapia
 Soccer.....Chad Malmanger
 Girls Soccer.....Megan Kinkade
 Bowling.....Ron Pendegraft
 Girls Bowling.....Ron Pendegraft
 Football Cheerleading.....Trish Sevier
 Basketball Cheerleading.....Maddie Travis
 Wrestling Cheerleading.....Trish Sevier
 Speech Director.....Laura Granger
 Student Council.....Danielle Dickinson
 Band Director.....Mike Peters
 Vocal Director.....Jane Warner

CRESTWOOD, CRESCO

Street Address: 1000 Schroder Dr
 City: Cresco
 Zip Code: 52136
 Mailing Address: 1000 Schroder Dr
 City: Cresco
 Zip Code: 52136
 Supt. St Address: 1000 Schroder Dr
 Supt. City: Cresco
 Supt. Zip: 52136
 County: Howard
 Area Code: 563
 School Phone: 547-2764
 HS Fax: 547-4650
 AD Fax: 547-4650
 Web Site: <http://www.howard-winn.k12.ia.us>
 School Colors: Blue and White
 Nickname: Cadets
 Conference: Northeast Iowa
 Superintendent.....Theodore Ihns
 Phone.....(563)547-2762
 Email.....tihns@howard-winn.k12.ia.us
 Principal.....Chris Rogne
 Phone.....(563)547-2764
 Email.....crogne@howard-winn.k12.ia.us
 Asst/Assoc/Vice-Principal.....Lance Thompson
 Phone.....(563)547-2764
 Email.....lthompson@howard-winn.k12.ia.us
 Athletic Administrator.....Lance Thompson
 Phone.....(563)547-2764
 Email.....lthompson@howard-winn.k12.ia.us
 Athletic Secretary.....Janice Lansing
 Phone.....(563)547-2764 x200
 Email.....jlansing@howard-winn.k12.ia.us

Sports Medicine Provider.....Chris Trytten, LAT, CWCHP,MSE,
 ATC (Regional Health Services)
 Golf.....Justin Thrailkill
 Girls Golf.....Jason Sorenson
 Basketball.....Lynn McCormick
 Girls Basketball.....Dale Dennler
 Baseball.....Gary Steffen
 Girls Softball.....Doug Sickles
 Wrestling.....Keith Slifka
 Football.....Skip Eckhardt
 Girls Volleyball.....Robin Gossman
 Track & Field.....Chris Sullivan
 Girls Track & Field.....Karen Steffen
 Cross Country.....Cassie Lichty, Karen Steffen
 Girls Cross Country.....Cassie Lichty, Karen Steffen
 Football Cheerleading.....Kelli Gosch
 Basketball Cheerleading.....Kim Lehmkuhl
 Wrestling Cheerleading.....Kim Lehmkuhl
 Speech Director.....Aaron Kvale
 Band Director.....Tia Heien
 Vocal Director.....Karen LeFebvre

DALLAS CENTER-GRIMES

Street Address: 2555 W 1st St
 City: Grimes
 Zip Code: 50111
 Mailing Address: 2555 W 1st St
 City: Grimes
 Zip Code: 50111
 Supt. St Address: 2405 W 1st St PO Box 680
 Supt. City: Grimes
 Supt. Zip: 50111
 County: Dallas
 Area Code: 515
 School Phone: 986-9747
 HS Fax: 986-9734
 AD Fax: 986-9734
 Web Site: <http://dgcactivities.com>
 School Colors: Red & White
 Nickname: Mustangs
 Conference: Little Hawkeye
 Superintendent.....Scott Grimes
 Phone.....(515)992-3866
 Email.....scott.grimes@dgcgschools.com
 Asst/Assoc Supt.....Jill Van Woerkom
 Phone.....(515)992-3866
 Email.....jill.vanwoerkom@dgcgschools.com
 Admin Asst.....Julie Lundy
 Phone.....(515)992-3866
 Email.....julie.lundy@dgcgschools.com
 Principal.....Scott Blum
 Phone.....(515)986-9747 x252
 Email.....scott.blum@dgcgschools.com
 Asst/Assoc/Vice-Principal.....Travis Donahue
 Phone.....(515)986-9747
 Email.....travis.donahue@dgcgschools.com
 Athletic Administrator.....Brent Buttjer
 Phone.....(515)986-9747 x251
 Email.....brent.buttjer@dgcgschools.com
 Co-AD/Assistant.....Madison Melchert
 Phone.....(515)986-9747 x250
 Email.....madison.melchert@dgcgschools.com
 Athletic Secretary.....Brenda Smith
 Phone.....(515)986-9747 x257
 Email.....brenda.smith@dgcgschools.com
 Sports Medicine Provider.....Jerod Torrey, LAT (Athletico)
 Golf.....Jordan Raay
 Girls Golf.....John Klaessy
 Basketball.....Joel Rankin
 Girls Basketball.....Adam Jones
 Baseball.....Byron Peyton
 Girls Softball.....Steve Schlafke

Wrestling.....Cory Stratton
 Football.....Scott Heitland
 Girls Volleyball.....Cheryl Voelker
 Track & Field.....Jordan Sump
 Girls Track & Field.....Rich Kloster
 Cross Country.....Matt Pries
 Girls Cross Country.....Justin Droppert
 Soccer.....Collin Lane
 Girls Soccer.....Dan James
 Football Cheerleading.....Angie Rubel
 Basketball Cheerleading.....Allison Martin
 Wrestling Cheerleading.....Addreonna Tucker
 Speech Director.....Jane Altman, Anne Frett
 Student Council.....Jolie Morgan
 Band Director.....Craig Crilly, Steve Britt
 Vocal Director.....Eric Mohlis

DANVILLE

Street Address: 419 S. Main
 City: Danville
 Zip Code: 52623
 Mailing Address: 419 S Main St
 City: Danville
 Zip Code: 52623
 Supt. St Address: 419 S Main St.
 Supt. City: Danville
 Supt. Zip: 52623
 County: Des Moines
 Area Code: 319
 School Phone: 392-4221
 HS Fax: 392-8390
 AD Fax: 392-8390
 Web Site: <http://www.danvillecsd.org>
 School Colors: Royal Blue & White
 Nickname: Bears
 Conference: SEI Superconference-South
 Superintendent.....Dr.Thomas Ward
 Phone.....(319)392-4223 x309
 Email.....thomas.ward@danvillecsd.org
 Principal.....John Lawrence
 Phone.....(319)392-4221 x311
 Email.....john.lawrence@danvillecsd.org
 Asst/Assoc/Vice-Principal.....Jacqueline Thornburg
 Phone.....(319)392-4221 x307
 Email.....Jacquelinethornburg@danvillecsd.org
 Athletic Administrator.....Kirk Soukup
 Phone.....(319)392-4221 x354
 Email.....kirk.soukup@danvillecsd.org
 Athletic Secretary.....Bobbie Anderson
 Phone.....(319)392-4221 x314
 Email.....BobbieAnderson@danvillecsd.org
 Sports Medicine Provider.....Sheena Teeter
 (Great River Medical)
 Golf.....Steve Rogers
 Girls Golf.....Steve Rogers
 Basketball.....Steve & Michael soukup
 Girls Basketball.....Matt Morris
 Baseball.....Dave Beik
 Girls Softball.....Allie Massner
 Football.....Dave Bunnell
 Girls Volleyball.....Amy West
 Track & Field.....Lucas Gourley
 Girls Track & Field.....Natalie Ford
 Cross Country.....Lucas Gourley
 Girls Cross Country.....Lucas Gourley
 Soccer.....Ted Kuechmann
 Basketball Cheerleading.....TBA
 Band Director.....Wyman Martin
 Vocal Director.....Bobbi Huebner

DAVENPORT, CENTRAL

Street Address: 1120 N Main St

City: Davenport
 Zip Code: 52803
 Mailing Address: 1120 N Main St
 City: Davenport
 Zip Code: 52803
 Supt. St Address: 1702 Main Street
 Supt. City: Davenport
 Supt. Zip: 52803
 County: Scott
 Area Code: 563
 School Phone: 323-9900
 HS Fax: 323-3110
 AD Fax: 323-3110
 Web Site: <http://www.davenportschools.org/central/>
 School Colors: Royal Blue & Red
 Nickname: Blue Devils
 Conference: Mississippi Athletic
 Superintendent.....Dr. Robert Kobylski
 Phone.....(563)336-5000
 Email.....kobylskir@mail.davenport.k12.ia.us
 Asst/Assoc Supt.....Robert Scott
 Phone.....(563)336-5084
 Email.....scottr@davenportschools.org
 Executive Coordinator.....Garet Egel
 Phone.....(563)336-7440
 Email.....egelga@davenportschools.org
 Principal.....Jon Flynn
 Phone.....(563)323-9900
 Email.....flynnj@davenportschools.org
 Asst/Assoc/Vice-Principal.....Guy Heller
 Phone.....(563)323-9900
 Email.....hellerj@davenportschools.org
 Asst/Assoc/Vice-Principal.....Brian Ehlinger
 Phone.....(563)323-9900
 Email.....ehlingerb@davenportschools.org
 Asst/Assoc/Vice-Principal.....Christie Pitts
 Phone.....(563)323-9900
 Athletic Administrator.....Kevin Petersen
 Phone.....(563)323-1757
 Email.....petersenke@davenportschools.org
 Athletic Secretary.....Sarah Grothus
 Phone.....(563)323-1757 x733
 Email.....grothuss@davenportschools.org
 Sports Medicine Provider.....Rock Valley
 Tennis.....Travis Carpenter
 Girls Tennis.....Jaime Ragins
 Golf.....Reid Keller
 Girls Golf.....Dana Whittemore
 Basketball.....Craig Wurdinger
 Girls Basketball.....Rita Jett
 Swimming.....Brian Heller
 Girls Swimming.....Brian Heller
 Baseball.....Chris Cartee
 Girls Softball.....Matt Verdon
 Wrestling.....Mike Baker
 Football.....Ben Sacco
 Girls Volleyball.....Laura Guttman
 Track & Field.....Casey Schwartzlose
 Girls Track & Field.....Mike Trujillo
 Cross Country.....TJ Pearson
 Girls Cross Country.....Mike Trujillo
 Soccer.....Franco Munoz
 Girls Soccer.....Nick Newman
 Bowling.....Craig Nord
 Girls Bowling.....Wendy Allen
 Football Cheerleading.....Christie Toft
 Basketball Cheerleading.....Christie Toft
 Wrestling Cheerleading.....Christie Toft
 Student Council.....Meredith Dennis
 Band Director.....Alex Wilga
 Vocal Director.....Michael Reese, Emily Schranck
 Orchestra Director.....Kendra Elledge

DAVENPORT, NORTH

Street Address: 626 W 53rd St
 City: Davenport
 Zip Code: 52806
 Mailing Address: 626 W 53rd St
 City: Davenport
 Zip Code: 52806
 Supt. St Address: 1702 Main Street
 Supt. City: Davenport
 Supt. Zip: 52803
 County: Scott
 Area Code: 563
 School Phone: 723-5500
 HS Fax: 445-5953
 AD Fax: 445-5953
 Web Site: <http://www.davenportschools.org/north/>
 School Colors: Royal Blue & Gold
 Nickname: Wildcats
 Conference: Mississippi Athletic
 Superintendent.....Dr. Robert Kobylski
 Phone.....(563)336-5083
 Email.....kobylskir@mail.davenport.k12.ia.us
 Asst/Assoc Supt.....Robert Scott
 Phone.....(563)336-7416
 Email.....scottr@davenportschools.org
 Executive Coordinator.....Garet Egel
 Phone.....(563)336-7440
 Email.....egelga@davenportschools.org
 Principal.....Jay Chelf
 Phone.....(563)723-5500 x103
 Email.....chelfj@davenportschools.org
 Asst/Assoc/Vice-Principal.....Ed Veasey
 Phone.....(563)723-5500
 Email.....veaseyj@davenportschools.org
 Asst/Assoc/Vice-Principal.....Dave Shovlain
 Phone.....(563)723-5500 x110
 Email.....shovlaind@davenportschools.org
 Asst/Assoc/Vice-Principal.....Julie Heller
 Phone.....(563)723-5500 x102
 Email.....hellerj@davenportschools.org
 Asst/Assoc/Vice-Principal.....Jeremy Mosier
 Phone.....(563)723-5500 x151
 Email.....Mosierj@davenportschools.org
 Athletic Administrator.....Jeremy Mosier
 Phone.....(563)723-5500 x151
 Email.....mosierj@davenportschools.org
 Athletic Secretary.....Catherine Borchert
 Phone.....(563)723-5500 x106
 Email.....borchercc@davenportschools.org
 Sports Medicine Provider.....Karina Sanchez, PT
 (Rock Valley Physical Therapy)
 Tennis.....Chris Hall
 Girls Tennis.....Betty Christian
 Golf.....Jeff Dietz
 Girls Golf.....Jeff Dietz
 Basketball.....Marc Polite
 Girls Basketball.....Paul Rucker
 Swimming.....Maddie Seutter
 Girls Swimming.....Maddie Seutter
 Baseball.....Cory Wachal
 Girls Softball.....Doug Beasley
 Wrestling.....Jacob Conner
 Football.....Adam Hite
 Girls Volleyball.....Heath Donath
 Track & Field.....Dan Ziesmer
 Girls Track & Field.....Tammy Vesey
 Girls Cross Country.....Mike VanHulle
 Soccer.....David Gamble
 Girls Soccer.....Tyler Holle
 Bowling.....Jeff Strouth
 Girls Bowling.....Jan Edwards
 Football Cheerleading.....Brittany Hamilton

Basketball Cheerleading.....Brittany Hamilton
 Student Council.....Karolyn Ingle
 Band Director.....Kaci Stirling
 Vocal Director.....Ryan Riewerts
 Orchestra Director.....Michele Otteson

DAVENPORT, WEST

Street Address: 3505 W. Locust St
 City: Davenport
 Zip Code: 52804
 Mailing Address: 3505 W Locust St
 City: Davenport
 Zip Code: 52804
 Supt. St Address: 1702 Main Street
 Supt. City: Davenport
 Supt. Zip: 52803
 County: Scott
 Area Code: 563
 School Phone: 723-5600
 HS Fax: 445-5954
 AD Fax: 445-5954
 Web Site: <http://www.davenportschools.org/west/>
 School Colors: Red & White
 Nickname: Falcons
 Conference: Mississippi Athletic
 Superintendent.....Dr. Robert Kobylski
 Phone.....(563)336-7417
 Email.....kobylskir@mail.davenport.k12.ia.us
 Asst/Assoc Supt.....Robert Scott
 Phone.....(563)336-7418
 Email.....scottr@davenportschools.org
 Executive Coordinator.....Garet Egel
 Phone.....(563)336-7440
 Email.....egelga@davenportschools.org
 Principal.....Cory Williams
 Phone.....(563)723-5600
 Email.....williamsco@davenportschools.org
 Asst/Assoc/Vice-Principal.....Charles Driscoll
 Phone.....(563)723-5600
 Email.....driscollc@davenportschools.org
 Asst/Assoc/Vice-Principal.....Matt Hassig
 Phone.....(563)723-5600
 Email.....hassigm@davenportschools.org
 Asst/Assoc/Vice-Principal.....Mike Orfitelli
 Phone.....(563)723-5600
 Email.....orfitellim@davenportschools.org
 Athletic Administrator.....Al Blocker
 Phone.....(563)723-5600 x309
 Email.....blockera@davenportschools.org
 Athletic Secretary.....Nicky Haas
 Phone.....(563)723-5600
 Email.....haasni@davenportschools.org
 Sports Medicine Provider.....Taylor Erjavsek, LAT
 (Rock Valley Physical Therapy)
 Tennis.....Brandon Yoder
 Girls Tennis.....Ian McCloud
 Golf.....Chad Wolf
 Girls Golf.....Chad Wolf
 Basketball.....David Robinson
 Girls Basketball.....Pat Finn
 Swimming.....Mary Mandel
 Girls Swimming.....Mary Mandel
 Baseball.....Scott Beatty
 Girls Softball.....Steve Saladino
 Wrestling.....Jim Weisrock
 Football.....Brandon Krusey
 Girls Volleyball.....Jillian Donath
 Track & Field.....Kyle Fox
 Girls Track & Field.....Arron Rietz
 Cross Country.....Jim Weisrock
 Girls Cross Country.....Arron Reitz

Soccer.....Charlie Ochoa
 Girls Soccer.....TBD
 Bowling.....Mark Schlichting
 Girls Bowling.....Mark Schlichting
 Football Cheerleading.....Heather Kormann
 Basketball Cheerleading.....Heather Kormann
 Wrestling Cheerleading.....Heather Kormann
 Speech Director.....Maggie Rietz
 Student Council.....Deb Hall
 Band Director.....Maggie Oates
 Vocal Director.....Laura Engels
 Orchestra Director.....Carlene Easley

DAVIS COUNTY, BLOOMFIELD

Street Address: 503 E Locust St
 City: Bloomfield
 Zip Code: 52537
 Mailing Address: 503 E Locust St
 City: Bloomfield
 Zip Code: 52537
 Supt. St Address: 608 S Washington
 Supt. City: Bloomfield
 Supt. Zip: 52537
 County: Davis
 Area Code: 641
 School Phone: 664-2200
 HS Fax: 664-1763
 AD Fax: 664-1763
 Web Site: <http://www.dcmustangs.com>
 School Colors: Maroon & Gold
 Nickname: Mustangs
 Conference: South Central
 Superintendent.....Dan Maeder
 Phone.....(641)664-2200 x1162
 Email.....dan.maeder@dcmustangs.com
 Admin Asst.....Angeline Martsching
 Phone.....(641)664-2200 x1121
 Email.....angeline.martsching@dcmustangs.com
 Principal.....Jennifer Donels
 Phone.....(641)664-2200 x1203
 Email.....jennifer.donels@dcmustangs.com
 Asst/Assoc/Vice-Principal.....TBA
 Athletic Administrator.....Dave Mason
 Phone.....(641)664-2200 x1190
 Email.....dave.mason@dcmustangs.com
 Athletic Secretary.....Tish Johnson
 Phone.....(641)664-2200 x1172
 Email.....tish.johnson@dcmustangs.com
 Girls Tennis.....Brian Skaggs
 Golf.....Jack Boatman
 Girls Golf.....Donna Copeland
 Basketball.....Jamie Cason
 Girls Basketball.....Jeff Graves
 Baseball.....Todd White
 Girls Softball.....Zach Dunlavy
 Wrestling.....Jim Nelson
 Football.....Scott Murdock
 Girls Volleyball.....Brooke Mason
 Track & Field.....Mike Finneran
 Girls Track & Field.....Derek Robison
 Cross Country.....Josh Husted
 Girls Cross Country.....Josh Husted
 Bowling.....Jason Rook
 Girls Bowling.....Jason Rook
 Football Cheerleading.....Brittany Bremer
 Basketball Cheerleading.....Brittany Bremer
 Wrestling Cheerleading.....Brittany Bremer
 Speech Director.....Joy Orwig
 Student Council.....TBA
 Band Director.....Jeff Cook
 Vocal Director.....Christopher Gingerich

DECORAH

Street Address: 100 Claiborne Dr
 City: Decorah
 Zip Code: 52101
 Mailing Address: 100 Claiborne Dr
 City: Decorah
 Zip Code: 52101
 Supt. St Address: 510 Winnebago St
 Supt. City: Decorah
 Supt. Zip: 52101
 County: Winneshiek
 Area Code: 563
 School Phone: 382-3643
 HS Fax: 382-3107
 AD Fax: 382-3107
 Web Site: <http://www.decorah.k12.ia.us>
 School Colors: Scarlet & Royal
 Nickname: Vikings
 Conference: Northeast Iowa
 Superintendent.....Mark Lane
 Phone.....(563)382-4208
 Email.....mark.lane@decorah.k12.ia.us
 Principal.....Kim M. Sheppard
 Phone.....(563)382-3643 x1205
 Email.....kim.sheppard@decorah.k12.ia.us
 Asst/Assoc/Vice-Principal.....Adam Riley
 Phone.....(563)382-3643 x1206
 Email.....adam.riley@decorah.k12.ia.us
 Asst/Assoc/Vice-Principal.....David Waskow
 Phone.....(563)382-3643 x1204
 Email.....david.waskow@decorah.k12.ia.us
 Athletic Administrator.....Adam Riley
 Phone.....(563)382-3643 x1206
 Email.....adam.riley@decorah.k12.ia.us
 Athletic Secretary.....Jackie Reckward
 Phone.....(563)382-3643 x1203
 Email.....jackie.reckward@decorah.k12.ia.us
 Sports Medicine Provider.....Kelli Rueckert, LAT
 (Winneshiek Medical Center)
 Tennis.....Reg Laursen
 Girls Tennis.....Larry Berland
 Golf.....Rich Gaard
 Girls Golf.....Scott Pierce
 Basketball.....Jonathan Carlson
 Girls Basketball.....Shannon Quandahl
 Swimming.....Laura Storie
 Girls Swimming.....Allie Bachelder
 Baseball.....Adam Riley
 Girls Softball.....Jill Boyd
 Wrestling.....Lee Fullhart
 Football.....Pat Trewin
 Girls Volleyball.....Gina Holthaus
 Track & Field.....Joel Rollinger
 Girls Track & Field.....Brad Johansen, Cristy Nimrod
 Cross Country.....Brad Johansen
 Girls Cross Country.....Cristy Nimrod
 Soccer.....Ben Shockey, Julie Shockey-Trytten
 Girls Soccer.....Loren Hendrickson
 Bowling.....Keith Bruening
 Girls Bowling.....Keith Bruening
 Wrestling Cheerleading.....Renda Tollefson
 Speech Director.....Carrie Kauffman
 Student Council.....Pat Trewin
 Band Director.....Dustin Bliven, Matthew Cody
 Vocal Director.....Jason Rausch
 Orchestra Director.....Nicole Cody

DENISON-SCHLESWIG

Street Address: 819 Monarch Drive
 City: Denison
 Zip Code: 51442

Mailing Address: 819 Monarch Drive
City: Denison
Zip Code: 51442
Supt. St Address: 819 Monarch Drive
Supt. City: Denison
Supt. Zip: 51442
County: Crawford
Area Code: 712
School Phone: 263-3101
HS Fax: 263-6009
AD Fax: 263-6009
Web Site: <http://www.denison.k12.ia.us>
School Colors: Purple & Gold
Nickname: Monarchs (lion)
Conference: Hawkeye Ten

Superintendent.....Mike Pardun
Phone.....(712)263-2176
Email.....mpardun@denisoncsd.org

Asst/Assoc Supt.....Scott Larson
Phone.....(712)263-2176
Email.....slarson@denisoncsd.org

Principal.....Dave Wiebers
Phone.....(712)263-3101
Email.....dwiebers@denisoncsd.org

Asst/Assoc/Vice-Principal.....Nancy McCarville
Phone.....(712)263-3101
Email.....nmccarville@denisoncsd.org

Athletic Administrator.....Derek Fink
Phone.....(712)263-3101
Email.....dfink@denisoncsd.org

Co-AD/Assistant.....Kevin Dau, MS AD
Phone.....(712)263-9393
Email.....kdau@denisoncsd.org

Athletic Secretary.....Kelli Rupert
Phone.....(712)263-3101
Email.....krupert@denisoncsd.org

Tennis.....Aaron Ratliff

Girls Tennis.....Megan Nahnsen

Golf.....John Heiden

Girls Golf.....Adam Burns

Basketball.....Derek Fink

Girls Basketball.....Adam Mich

Baseball.....Travis Wessel

Girls Softball.....Kevin Dau

Wrestling.....Nick Bradley

Football.....Chad Van Kley

Girls Volleyball.....McKenzie Mich

Track & Field.....Chad Van Kley

Girls Track & Field.....Adam Mich

Cross Country.....Nick Bradley

Girls Cross Country.....Nick Bradley

Soccer.....Carlos Trevino

Girls Soccer.....Nick Bradley

Bowling.....Shelby Brawner

Girls Bowling.....Shelby Brawner

Football Cheerleading.....Heather Langenfeld,
Morgan Walker

Basketball Cheerleading.....Heather Langenfeld,
Morgan Walker

Speech Director.....Laurel Olsen

Student Council.....Crystal Holt, Michael Phipps

Band Director.....Ruben Newell

Vocal Director.....Kandice Thompson

Orchestra Director.....Ruben Newell

DENVER

Street Address: 541 E Eagle St
City: Denver
Zip Code: 50622
Mailing Address: PO Box 384
City: Denver
Zip Code: 50622

Supt. St Address: 241 East State Street
Supt. City: Denver
Supt. Zip: 50622
County: Bremer
Area Code: 319
School Phone: 984-5639
HS Fax: 984-5630
AD Fax: 984-5630
Web Site: <http://www.denver-cyclones.com>
School Colors: Maroon & Gold
Nickname: Cyclones
Conference: North Iowa Cedar-East

Superintendent.....Brad Laues
Phone.....(319)984-6323 x4
Email.....blaues@denver.k12.ia.us

Admin Asst.....Kendra Knowles
Phone.....(319)984-6323 x4
Email.....kknowles@denver.k12.ia.us

Principal.....Taylor Anderson
Phone.....(319)984-5639 x225
Email.....tanderson@denver.k12.ia.us

Athletic Administrator.....Nate Skaar
Phone.....(319)984-5639
Email.....nskaar@denver.k12.ia.us

Athletic Secretary.....Sue Flory
Phone.....(319)984-5639
Email.....sflory@denver.k12.ia.us

Sports Medicine Provider.....Shelby Reiter, PT (Taylor PT)

Golf.....Kevin Shedenhelm

Girls Golf.....Matt Sexton

Basketball.....Kyle Matthias

Girls Basketball.....Joe Frost

Baseball.....Dustin Rewerts

Girls Softball.....Dani Gordon

Wrestling.....Nate Skaar

Football.....Rhett Barrett

Girls Volleyball.....Jamie Johnson

Track & Field.....Rhett Barrett

Girls Track & Field.....Abby Fliehler

Cross Country.....Sandy Sabelka

Girls Cross Country.....Sandy Sabelka

Soccer.....Ibrahim Sabanagic

Girls Soccer.....Shane Kirchoff

Bowling.....Rick Wilson

Girls Bowling.....Rick Wilson

Football Cheerleading.....Dawn Wiebbecke

Basketball Cheerleading.....Natalie Norman

Wrestling Cheerleading.....Dawn Wiebbecke

Speech Director.....Jillian White

Student Council.....Travis Miller

Band Director.....Dan Cooper

Vocal Director.....Tim Baird

DES MOINES CHRISTIAN

Street Address: 13007 Douglas Pkwy Suite 300
City: Urbandale
Zip Code: 50323
Mailing Address: 13007 Douglas Pkwy Suite 300
City: Urbandale
Zip Code: 50323
Supt. St Address: 13007 Douglas Pkwy Suite 100
Supt. City: Urbandale
Supt. Zip: 50323
County: Polk
Area Code: 515
School Phone: 252-2490
HS Fax: 251-6972
AD Fax: 251-6972
Web Site: <http://dmcs.org>
School Colors: Navy & White
Nickname: Lions
Conference: West Central Activities Conference

Superintendent.....Cade Lambert
Phone.....(515)252-2480
Email.....clambert@dmcs.org

Asst/Assoc Supt.....Julia Veenstra
Phone.....(515)252-2480
Email.....jveenstra@dmcs.org

Admin Asst.....Michelle Schneider
Phone.....(515)252-2480
Email.....mschneider@dmcs.org

Principal.....Jon Muller
Phone.....(515)252-2490 x1050
Email.....jduda@dmcs.org

Asst/Assoc/Vice-Principal.....Becky Parks
Phone.....(515)252-2487
Email.....bparks@dmcs.org

Athletic Administrator.....Jon Muller
Phone.....(515)252-2487
Email.....jmuller@dmcs.org

Co-AD/Assistant.....Cory Nikkel
Phone.....(515)252-2490
Email.....cnikkel@dmcs.org

Athletic Secretary.....TBD
Phone.....(515)252-2487
Email.....TBD

Sports Medicine Provider.....Nick McCall
(Select Physical Therapy)

Golf.....Philip Conover

Girls Golf.....Cory Nikkel

Basketball.....Jason Van Mersbergen

Girls Basketball.....Brad Johnson

Baseball.....Derek Flack

Girls Softball.....Amanda Giles

Football.....Matt Waring

Girls Volleyball.....Brian Spanhut

Track & Field.....Dale Vander Wilt

Girls Track & Field.....Dale Vander Wilt

Cross Country.....Andrew Hamer

Girls Cross Country.....Andrew Hamer

Soccer.....Scot Nilius

Girls Soccer.....Dan Webster

Football Cheerleading.....Molly Eklund

Basketball Cheerleading.....Katie Hansen

Student Council.....Chelsea Vetter

Band Director.....Rob Lane

Vocal Director.....Jeff Johannsen

DES MOINES, ABRAHAM LINCOLN

Street Address: 2600 SW 9th St
City: Des Moines
Zip Code: 50315
Mailing Address: 2600 SW 9th St
City: Des Moines
Zip Code: 50315
Supt. St Address: 2100 Fleur Dr
Supt. City: Des Moines
Supt. Zip: 50321
County: Polk
Area Code: 515
School Phone: 242-7500
HS Fax: 242-7517
AD Fax: 242-7362
Web Site: <http://lincoln.dmschools.org>
School Colors: Maroon & Gold
Nickname: Railsplitters
Conference: CIML-Metro

Superintendent.....Dr. Thomas Ahart
Phone.....(515)242-7766
Email.....superintendent@dmschools.org

Asst/Assoc Supt.....Matt Smith

Executive Coordinator.....Jason Allen
Phone.....(515)242-8377
Email.....jason.allen@dmschools.org

Principal.....Paul Williamson
 Phone.....(515)242-7500
 Email.....paul.williamson@dmschools.org
 Asst/Assoc/Vice-Principal.....Wes Wolven
 Phone.....(515)242-7500
 Email.....weston.wolven@dmschools.org
 Asst/Assoc/Vice-Principal.....Qynne Kelly
 Phone.....(515)242-7500
 Email.....qynne.kelly@dmschools.org
 Asst/Assoc/Vice-Principal.....Michael Albarracin
 Phone.....(515)242-7500
 Email.....michael.albarracin@dmschools.org
 Asst/Assoc/Vice-Principal.....Greg Marshall
 Phone.....(515)242-8452
 Email.....gregory.marshall@dmschools.org
 Athletic Administrator.....Phil Chia
 Phone.....(515)242-7525
 Email.....salvador.chia@dmschools.org
 Co-AD/Assistant.....Roberta Nigro
 Phone.....(515)242-8452
 Email.....Roberta.Nigro@dmschools.org
 Athletic Secretary.....Heidi Evans
 Phone.....(515)242-7526
 Email.....heidi.evans@dmschools.org
 Sports Medicine Provider.....Hailie Main
 Girls Tennis.....Karen Sissel
 Golf.....Dan Vollstedt
 Girls Golf.....Dan Vollstedt
 Basketball.....Justin Einerson
 Girls Basketball.....Robert Newton
 Swimming.....Brayton Weber
 Girls Swimming.....Brayton Weber
 Baseball.....Josh Kline
 Girls Softball.....Trisha Birmingham
 Wrestling.....Dustin Roland
 Football.....OJ Sinclair
 Girls Volleyball.....Chelsey Clark
 Track & Field.....Scott McClelland
 Girls Track & Field.....Garrett Woodson
 Cross Country.....Aaron Hohl
 Girls Cross Country.....Garrett Woodson
 Soccer.....Jack Simons
 Girls Soccer.....Leslie McPhee
 Bowling.....Scott McClelland
 Girls Bowling.....Ray Felton
 Football Cheerleading.....Katie Bales
 Basketball Cheerleading.....Katie Bales
 Wrestling Cheerleading.....Katie Bales
 Speech Director.....Kaitlyn Evans
 Student Council.....Tabitha Lamb
 Band Director.....Adam Kallal, Kevin Stegemann
 Vocal Director.....Christian White
 Orchestra Director.....Johanna Kennedy

DES MOINES, EAST

Street Address: 815 E 13th St
 City: Des Moines
 Zip Code: 50316
 Mailing Address: 815 E 13th St
 City: Des Moines
 Zip Code: 50316
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7788
 HS Fax: 242-8144
 AD Fax: 242-8144
 Web Site: <http://east.dmschools.org/>
 School Colors: Red & Black
 Nickname: Scarlets

Conference: CIML-Metro
 Superintendent.....Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org
 Asst/Assoc Supt.....Tim Schott
 Email.....timothy.schott@dmschools.org
 Admin Asst.....Vicki Tyler-McConnell
 Phone.....(515)242-7788
 Email.....vickityler-mcconnell@dmschools.org
 Executive Coordinator.....Jason Allen
 Phone.....(515)242-8377
 Email.....jason.allen@dmschools.org
 Principal.....Leslie Morris
 Phone.....(515)242-7788
 Email.....leslie.morris@dmschools.org
 Asst/Assoc/Vice-Principal.....Jill Versteeg
 Phone.....(515)242-7788
 Email.....jill.versteeg@dmschools.org
 Asst/Assoc/Vice-Principal.....JR Randall
 Phone.....(515)242-7788
 Email.....john.randall@dmschools.org
 Asst/Assoc/Vice-Principal.....Praveen Bannikatti
 Phone.....(515)242-7788
 Email.....praveen.bannikatti@dmschools.org
 Asst/Assoc/Vice-Principal.....Anthony Gianaras
 Phone.....(515)242-7788
 Email.....anthonygianaras@dmschools.org
 Athletic Administrator.....Lyle Fedders
 Phone.....(515)242-7945
 Email.....lyle.fedders@dmschools.org
 Co-AD/Assistant.....Lowell Long
 Phone.....(515)242-7788
 Email.....Lowell.Long@dmschools.org
 Athletic Secretary.....Kim Smith
 Phone.....(515)242-7740
 Email.....Kim.Smith@dmschools.org
 Sports Medicine Provider.....Aubrey Roland
 (Select Physical Therapy)
 Tennis.....Samy El-Baroudi
 Girls Tennis.....Brian Koch
 Golf.....Bob Bagley
 Girls Golf.....Lowell Long
 Basketball.....Chad Ryan
 Girls Basketball.....Matt Ellis
 Swimming.....Erin Lowe
 Girls Swimming.....Erin Lowe
 Baseball.....Brian Luft
 Girls Softball.....Sam Allgeier
 Wrestling.....James Giboo
 Football.....Greg Schoon
 Girls Volleyball.....Taylor Wells
 Track & Field.....Greg Schoon
 Girls Track & Field.....Ken Morton
 Cross Country.....Pat Lowe
 Girls Cross Country.....Bill Reed
 Soccer.....Derek Lounsberry
 Girls Soccer.....Ried Bentley
 Girls Bowling.....Zach McClelland
 Football Cheerleading.....Kara Cipperley
 Basketball Cheerleading.....Kara Cipperley
 Wrestling Cheerleading.....Kara Cipperley
 Speech Director.....Ginger Johnson
 Student Council.....Tonie Valadez
 Band Director.....Joseph Thering
 Vocal Director.....Traci Squires
 Orchestra Director.....Jennifer Luft

DES MOINES, HOOVER

Street Address: 4800 Aurora Ave
 City: Des Moines
 Zip Code: 50310
 Mailing Address: 4800 Aurora Ave

City: Des Moines
 Zip Code: 50310
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7300
 HS Fax: 242-8272
 AD Fax: 242-8256
 Web Site: <https://hoover.dmschools.org/>
 School Colors: Forest Green & Gold
 Nickname: Huskies
 Conference: CIML-Metro
 Superintendent.....Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org
 Asst/Assoc Supt.....Matthew Smith
 Email.....matthew.smith@dmschools.org
 Executive Coordinator.....Jason Allen
 Phone.....(515)242-8377
 Email.....jason.allen@dmschools.org
 Principal.....Sherry Poole
 Phone.....(515)242-7300
 Email.....sherry.poole@dmschools.org
 Asst/Assoc/Vice-Principal.....Boston Freilinger
 Email.....Boston.Freilinger@dmschools.org
 Asst/Assoc/Vice-Principal.....Willie Montgomery
 Phone.....(515)242-8281
 Email.....willie.montgomery@dmschools.org
 Asst/Assoc/Vice-Principal.....Tori Rabe
 Phone.....(515)242-7300
 Email.....tori.rabe@dmschools.org
 Athletic Administrator.....Jacob Burke
 Phone.....(515)242-7311
 Email.....jacob.burke@dmschools.org
 Co-AD/Assistant.....Rob Minick
 Phone.....(515)242-7300
 Email.....robert.minick@dmschools.org
 Athletic Secretary.....Mary Culp
 Phone.....(515)242-7311
 Email.....mary.culp@dmschools.org
 Sports Medicine Provider.....Ashley Padget, LAT (Select)
 Tennis.....Carrie Harjes
 Girls Tennis.....Frances Curtis
 Golf.....Jared Cochran
 Girls Golf.....Missie Helm
 Basketball.....Courtney Henderson
 Girls Basketball.....Frances Curtis Negussie
 Swimming.....Scott Torres
 Girls Swimming.....Scott Torres
 Baseball.....Tyler Brown
 Girls Softball.....Melissa Helm
 Football.....Tyrone Tyler
 Girls Volleyball.....Jocelyn Livingston
 Track & Field.....Jerry Rohach
 Girls Track & Field.....Jon Means
 Cross Country.....Jerry Rohach
 Girls Cross Country.....Jon Means
 Soccer.....Jon Rubino
 Girls Soccer.....Randi McGregor
 Bowling.....Mitch Elbert
 Girls Bowling.....Brad Grier
 Football Cheerleading.....Mariah Goodson
 Basketball Cheerleading.....Mariah Goodson
 Speech Director.....Emily Griffin
 Student Council.....Melissa Helm
 Band Director.....Ryan Rowley
 Vocal Director.....Eric Royer
 Orchestra Director.....Lisa Fried

DES MOINES, NORTH

Street Address: 501 Holcomb Ave
 City: Des Moines
 Zip Code: 50313
 Mailing Address: 501 Holcomb Ave
 City: Des Moines
 Zip Code: 50313
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7200
 HS Fax: 242-8491
 AD Fax: 242-8491
 Web Site: <https://north.dmschools.org/>
 School Colors: Black, White, Pink and Green
 Nickname: Polar Bears
 Conference: CIML-Metro

Superintendent.....Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org
 Asst/Assoc Supt.....Matthew Smith
 Phone.....(515)242-8506
 Email.....matthew.smith@dmschools.org
 Executive Coordinator.....Jason Allen
 Phone.....(515)242-8377
 Email.....jason.allen@dmschools.org
 Principal.....Benjamin Graeber
 Phone.....(515)242-7200
 Email.....benjamin.graeber@dmschools.org
 Asst/Assoc/Vice-Principal.....Steve Schappagh
 Phone.....(515)242-7200
 Email.....steven.schappagh@dmschools.org
 Asst/Assoc/Vice-Principal.....Jesse Masteller
 Phone.....(515)242-7200
 Email.....jessie.masteller@dmschools.org
 Asst/Assoc/Vice-Principal.....Steve Leib
 Phone.....(515)242-7200
 Email.....steven.leib@dmschools.org
 Asst/Assoc/Vice-Principal.....Caitlin Schrup
 Phone.....(515)242-7200
 Email.....caitlin.schrup@dmschools.org
 Athletic Administrator.....Jon Johnson
 Phone.....(515)242-7269
 Email.....jonathan.johnson@dmschools.org
 Athletic Secretary.....Terri Buban
 Phone.....(515)242-7204
 Email.....teressa.buban@dmschools.org
 Sports Medicine Provider..Zeb Broersma (Select Physical)
 Tennis.....Troy Skinner
 Girls Tennis.....Jane Bowen
 Golf.....Jon Augspurger
 Basketball.....Taylor Phipps
 Girls Basketball.....Haywood Boston
 Girls Swimming.....Scott Weinheimer
 Baseball.....Harry Kramer
 Girls Softball.....Dominic Ellis
 Wrestling.....John Bingham
 Football.....Eric Addy
 Girls Volleyball.....Sabrina Douglass
 Track & Field.....Greg Holland
 Girls Track & Field.....Phillip Ferguson
 Cross Country.....Phillip Ferguson
 Girls Cross Country.....Charlene Beattie
 Soccer.....Mark Carlson
 Girls Soccer.....Lisa Grefe
 Bowling.....Mike Lucht
 Girls Bowling.....Mike Lucht
 Football Cheerleading.....Katrina Cozad
 Basketball Cheerleading.....Katrina Cozad
 Wrestling Cheerleading.....Katrina Cozad

Speech Director.....Amy Rost
 Student Council.....Amy Rost
 Band Director.....Bobby Starace
 Vocal Director.....Vanessa Brady
 Orchestra Director.....Joyce Beyer

DES MOINES, ROOSEVELT

Street Address: 4419 Center St
 City: Des Moines
 Zip Code: 50312
 Mailing Address: 4419 Center St
 City: Des Moines
 Zip Code: 50312
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7272
 HS Fax: 242-7350
 AD Fax: 242-8240
 Web Site: <https://roosevelt.dmschools.org/>
 School Colors: Navy Blue & White
 Nickname: Roughriders
 Conference: CIML (Metro)

Superintendent.....Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org
 Executive Coordinator.....Troy Owens
 Phone.....(515)242-8377
 Email.....troy.owens@dmschools.org
 Principal.....Kevin Biggs
 Phone.....(515)242-7272
 Email.....kevin.biggs@dmschools.org
 Asst/Assoc/Vice-Principal.....Mindy Eukin / Melissa Floyd
 Phone.....(515)242-7272
 Email.....melissa.floyd@dmschools.org
 Asst/Assoc/Vice-Principal.....Jeff Hummel
 Phone.....(515)242-7272
 Email.....jeffrey.hummel@dmschools.org
 Asst/Assoc/Vice-Principal.....Matt Lakis
 Phone.....(515)242-7272
 Email.....matthew.lakis@dmschools.org
 Asst/Assoc/Vice-Principal.....Carrie Romo
 Phone.....(515)242-7272
 Email.....Carrie.romo@dmschools.org
 Athletic Administrator.....Charles Zanders
 Phone.....(515)242-7277
 Email.....charles.zanders01@dmschools.org
 Co-AD/Assistant.....Mitch Moore, Brent Wooters
 Phone.....(515)242-7277
 Email.....mooremt09@gmail.com
 Email.....brent.wooters@dmschools.org
 Athletic Secretary.....Crystalyn Jones
 Phone.....(515)242-7277
 Email.....Crystalyn.Jones@dmschools.org
 Sports Medicine Provider.....Emma Nicholson
 (Select Physical Therapy)
 Tennis.....Daniel Pitz
 Girls Tennis.....Joe Peterson
 Golf.....Joel Miles
 Girls Golf.....Jay Groth
 Basketball.....Adam Daley
 Girls Basketball.....Morgan Schoneberg
 Swimming.....Ethan Johnston
 Girls Swimming.....Ethan Johnston
 Baseball.....TBD
 Girls Softball.....TBD
 Wrestling.....Daryl Dotson
 Football.....Mitch Moore
 Girls Volleyball.....Mark Steinbach
 Track & Field.....Cortez Nichols

Girls Track & Field.....Sara Schwendinger
 Cross Country.....Sara Schwendinger
 Girls Cross Country.....Jacob Kaemmer
 Soccer.....Matt Ream- INTERIM
 Girls Soccer.....Trevor Neary
 Bowling.....Barry Thomas
 Girls Bowling.....Steve Loew
 Football Cheerleading.....Lindsay Cannaday
 Basketball Cheerleading.....Lindsay Cannaday
 Wrestling Cheerleading.....Lindsay Cannaday
 Speech Director.....Michael Davenport
 Student Council.....Brent Wooters
 Band Director.....Treg Marcellus, David Steinke
 Vocal Director.....Rose Dino
 Orchestra Director.....Jennifer Luft

DIAGONAL

Street Address: 403 W 2nd St
 City: Diagonal
 Zip Code: 50845
 Mailing Address: 403 W 2nd St
 City: Diagonal
 Zip Code: 50845
 Supt. St Address: 403 W 2nd St
 Supt. City: Diagonal
 Supt. Zip: 50845
 County: Ringgold
 Area Code: 641
 School Phone: 734-5331
 HS Fax: 734-5729
 AD Fax: 734-5729
 Web Site: <http://www.diagonal.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Maroons
 Conference: Bluegrass

Superintendent.....Karleen Stephens
 Phone.....(641)734-5331 x22
 Email.....kstephens@diagonalschools.org
 Principal.....Lorna Paxson
 Phone.....(641)734-5331 x23
 Email.....lpaxson@diagonalschools.org
 Athletic Administrator.....Matt Warren
 Phone.....(641)734-5331
 Email.....mwarren@diagonalschools.org
 Basketball.....Matt Warren
 Girls Basketball.....Gina Gunsolley
 Girls Softball.....Zach Robinson
 Girls Volleyball.....Mallory Grandfield
 Track & Field.....Zach Robinson
 Girls Track & Field.....Zach Robinson
 Cross Country.....Matt Warren
 Girls Cross Country.....Matt Warren
 Speech Director.....Pam Hoffman
 Student Council.....Lorna Paxson

DIKE-NEW HARTFORD

Street Address: 330 Main St
 City: Dike
 Zip Code: 50624
 Mailing Address: PO Box D
 City: Dike
 Zip Code: 50624
 Supt. St Address: PO Box D
 Supt. City: Dike
 Supt. Zip: 50624
 County: Grundy
 Area Code: 319
 School Phone: 989-2485
 HS Fax: 989-2735
 AD Fax: 989-2735
 Web Site: <http://www.dnhcsd.org>
 School Colors: Royal Blue & White

Nickname: Wolverines
 Conference: North Iowa Cedar League-East
 Superintendent.....Justin Stockdale
 Phone.....(319)989-2552
 Email.....justin.stockdale@dnhcsd.org
 Principal.....Travis Druvenga
 Phone.....(319)989-2485
 Email.....travis.druvenga@dnhcsd.org
 Athletic Administrator.....Cody Eichmeier
 Phone.....(319)989-2485
 Email.....cody.eichmeier@dnhcsd.org
 Co-AD/Assistant.....Barry Cuvelier
 Phone.....(319)983-2207
 Email.....barry.cuvelier@dnhcsd.org
 Athletic Secretary.....Sara Anderson
 Phone.....(319)989-2485
 Email.....sara.anderson@dnhcsd.org
 Sports Medicine Provider.....Kayla Hutton, ATC/L
 (Accelerated Physical Therapy)
 Girls Tennis.....Reegan Zinkula
 Golf.....Tim Kopriva
 Girls Golf.....Tim Kopriva
 Basketball.....Greg Moore
 Girls Basketball.....Bruce Dall
 Baseball.....Sean Leonard
 Girls Softball.....Rhandi Oelmann
 Wrestling.....Tony Norton
 Football.....Don Betts
 Girls Volleyball.....Diane Harms
 Track & Field.....Will Reingardt
 Girls Track & Field.....Rachael Cheeseman
 Cross Country.....Will Reingardt
 Girls Cross Country.....Will Reingardt
 Girls Soccer.....Kat Bering
 Football Cheerleading.....Abbie McConnell
 Speech Director.....Shay Bertram
 Student Council.....Aaron Riggs
 Band Director.....Katie Slack
 Vocal Director.....Cassidy Benschoter

DON BOSCO, GILBERTVILLE

Street Address: 405 16th Ave
 City: Gilbertville
 Zip Code: 50634
 Mailing Address: PO Box 106
 City: Gilbertville
 Zip Code: 50634
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Black Hawk
 Area Code: 319
 School Phone: 296-1692
 HS Fax: 296-1693
 AD Fax: 296-1693
 Web Site: <http://www.boscocatholic.org>
 School Colors: Royal Blue & White
 Nickname: Dons
 Conference: Iowa Star
 Superintendent.....Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Principal.....Casey Redmond
 Phone.....(319)296-1692 x1102
 Email.....credmond@boscocatholic.org
 Athletic Administrator.....Tom Hogan
 Phone.....(319)296-1692 x1106
 Email.....thogan@boscocatholic.org
 Co-AD/Assistant.....Braxton Chicchelly
 Email.....bchicchelly@boscocatholic.org
 Sports Medicine Provider.....Cedar Valley Medical Specialists
 Golf.....Steve Ferguson

Girls Golf.....Steve Ferguson
 Basketball.....Zack Goodwin
 Girls Basketball.....Tim Zabel
 Baseball.....Joel Schares
 Girls Softball.....Cory Christensen
 Wrestling.....Tom Hogan
 Football.....Colby Yoder
 Girls Volleyball.....Jenni Schares
 Track & Field.....Colby Yoder
 Girls Track & Field.....Colby Yoder
 Cross Country.....Shawn Moses
 Girls Cross Country.....Shawn Moses
 Football Cheerleading.....Rose Martin
 Basketball Cheerleading.....Rose Martin
 Wrestling Cheerleading.....Rose Martin
 Speech Director.....Heidi Rottink
 Band Director.....Myron Mikita
 Vocal Director.....Sam Bergan

DOWLING CATHOLIC, WEST DES MOINES

Street Address: 1400 Buffalo Rd
 City: West Des Moines
 Zip Code: 50265
 Mailing Address: 1400 Buffalo Rd
 City: West Des Moines
 Zip Code: 50265
 Supt. St Address: 601 Grand Ave
 Supt. City: Des Moines
 Supt. Zip: 50309
 County: Polk
 Area Code: 515
 School Phone: 225-3000
 HS Fax: 222-1056
 AD Fax: 222-1056
 Web Site: <http://www.dowlingcatholic.org>
 School Colors: Maroon & White
 Nickname: Maroons
 Conference: CIML-Central
 Superintendent.....Donna Bishop
 Phone.....(515)237-5040
 Asst/Assoc Supt.....Dr. Dan Ryan
 Phone.....(515)222-1040
 Email.....dryan@dowlingcatholic.org
 Admin Asst.....Rachel Brown
 Phone.....(515)225-3000
 Email.....rbrown@dowlingcatholic.org
 Executive Coordinator.....Kim Bowman
 Phone.....(515)222-1095
 Email.....kbowmandowlingcatholic.org
 Principal.....Matt Meendering
 Phone.....(515)222-1045
 Email.....mmeendering@dowlingcatholic.org
 Asst/Assoc/Vice-Principal.....Dr. Erica Arnold
 Phone.....(515)222-1041
 Email.....earnold@dowlingcatholic.org
 Asst/Assoc/Vice-Principal.....Grant Bousum
 Phone.....(515)222-1024
 Email.....gbousum@dowlingcatholic.org
 Athletic Administrator.....Tom Wilson
 Phone.....(515)222-1010
 Email.....twilson@dowlingcatholic.org
 Co-AD/Assistant.....Mike O'Connor
 Phone.....(515)222-1010
 Email.....moconnor@dowlingcatholic.org
 Athletic Secretary.....Mary Pick
 Phone.....(515)222-1010
 Email.....mpick@dowlingcatholic.org
 Sports Medicine Provider.....Del Lark
 Tennis.....Kirk Trow
 Girls Tennis.....Drew Dunlay
 Golf.....Ron Gray
 Girls Golf.....Ron Gray

Basketball.....Mike O'Connor
 Girls Basketball.....Kristin Meyer
 Swimming.....Nicholas Spike
 Girls Swimming.....Paul Eure
 Baseball.....Mark Roering
 Girls Softball.....Claudia Farrell
 Wrestling.....Kevin Stanley
 Football.....Tom Wilson
 Girls Volleyball.....Mary Beth Wiskus
 Track & Field.....Jarred Herring
 Girls Track & Field.....Kelly Parriott
 Cross Country.....Tim Ives
 Girls Cross Country.....Griffin Jaworski
 Girls Soccer.....J.P. Pearson
 Bowling.....Judy Svendsen
 Girls Bowling.....Judy Svendsen
 Football Cheerleading.....Kendra Marshall
 Basketball Cheerleading.....Kendra Marshall
 Wrestling Cheerleading.....Kendra Marshall
 Speech Director.....Tim Sheaff
 Student Council.....Laura Katch, Meaghan Dowdle,
 Becca Cooling, Kasey
 Band Director.....Steve Holland
 Vocal Director.....Quinn Tipping

DUBUQUE, HEMPSTEAD

Street Address: 3715 Pennsylvania Ave
 City: Dubuque
 Zip Code: 52002
 Mailing Address: 3715 Pennsylvania Ave
 City: Dubuque
 Zip Code: 52002
 Supt. St Address: 2300 Chaney Rd
 Supt. City: Dubuque
 Supt. Zip: 52001
 County: Dubuque
 Area Code: 563
 School Phone: 552-5200
 HS Fax: 552-5231
 AD Fax: 552-5231
 Web Site: <http://www.hempstead.dbqschools.org>
 School Colors: Green & Gold
 Nickname: Mustangs
 Conference: Mississippi Valley-Valley
 Superintendent.....Stan Rheingans
 Phone.....(563)552-3012
 Email.....srheingans@dbqschools.org
 Asst/Assoc Supt.....Mark Burns
 Phone.....(563)552-3117
 Email.....mburns@dbqschools.org
 Admin Asst.....June Stecklein
 Phone.....(563)552-3107
 Email.....jstecklein@dbqschools.org
 Executive Coordinator.....Joe Maloney
 Phone.....(563)552-3019
 Email.....jmaloney@dbqschools.org
 Principal.....Lee Kolker
 Phone.....(563)552-5203
 Email.....lkolker@dbqschools.org
 Asst/Assoc/Vice-Principal.....Eddie Santiago
 Phone.....(563)552-5208
 Email.....esantiago@dbqschools.org
 Asst/Assoc/Vice-Principal.....Jeff Hoerner
 Phone.....(563)552-5208
 Email.....jehoerner@dbqschools.org
 Asst/Assoc/Vice-Principal.....Claudette Bees
 Phone.....(563)552-5208
 Email.....cbees@dbqschools.org
 Asst/Assoc/Vice-Principal.....Karla Schwaegler
 Phone.....(563)552-5208
 Email.....kschwaegler@dbqschools.org

Athletic Administrator..... Brian Kuhle
 Phone.....(563)552-5232
 Email.....bkuhle@dbqschools.org
 Athletic Secretary..... Wanda Wallace
 Phone.....(563)552-5233
 Email.....wwallace@dbqschools.org
 Sports Medicine Provider..... Brian Regan
 Tennis..... Andrew Roos
 Girls Tennis..... Sara Loetscher
 Golf..... Chad Parkin
 Girls Golf..... Karla Weber
 Basketball..... Curt Deutsch
 Girls Basketball..... TBD
 Swimming..... Rick Loeffelholz
 Girls Swimming..... Renee Roos
 Baseball..... Jeff Rapp
 Girls Softball..... Jason Loeffelholz
 Wrestling..... Chuck Haas
 Football..... Jeff Hoerner
 Girls Volleyball..... Jacquie Arensdorf
 Track & Field..... Mark Ressler
 Girls Track & Field..... Scott Steepleton
 Cross Country..... Mark Ressler
 Girls Cross Country..... Sharon Klein
 Soccer..... Denis Razic
 Girls Soccer..... Alesha Duccini
 Bowling..... Roger Poling
 Girls Bowling..... Theresa Cheever
 Football Cheerleading..... Mandy Enke
 Basketball Cheerleading..... Mandy Enke
 Wrestling Cheerleading..... Mandy Enke
 Speech Director..... Jesse McDowell
 Student Council..... Andrea Runde
 Band Director..... Greg Dowe
 Vocal Director..... Jill Sieverding
 Orchestra Director..... Kevin Price-Brenner

DUBUQUE, SENIOR

Street Address: 1800 Clarke Dr
 City: Dubuque
 Zip Code: 52001
 Mailing Address: 1800 Clarke Dr
 City: Dubuque
 Zip Code: 52001
 Supt. St Address: 2300 Chaney Rd
 Supt. City: Dubuque
 Supt. Zip: 52001
 County: Dubuque
 Area Code: 563
 School Phone: 552-5500
 HS Fax: 552-5721
 AD Fax: 552-5721
 Web Site: <http://www.dbqschools.org>
 School Colors: Scarlet & Columbia Blue
 Nickname: Rams
 Conference: Mississippi Valley
 Superintendent..... Stan Rheingans
 Phone.....(563)552-3012
 Email.....srheingans@dbqschools.org
 Executive Coordinator..... Joe Maloney
 Phone.....(563)552-3019
 Email.....jmaloney@dbqschools.org
 Principal..... Daniel J. Johnson III, Ed.D.
 Phone.....(563)552-5503
 Email.....dajohnson@dbqschools.org
 Asst/Assoc/Vice-Principal..... Tom Sieverding
 Phone.....(563)552-5500
 Email.....tsieverding@dbqschools.org
 Asst/Assoc/Vice-Principal..... Trica Brokus
 Phone.....(563)552-5504
 Email.....tbrokus@dbqschools.org

Asst/Assoc/Vice-Principal..... Joan Schueller
 Phone.....(563)552-5504
 Email.....jschueller@dbqschools.org
 Athletic Administrator..... Brent P. Cook, CMAA
 Phone.....(563)552-5522
 Email.....bcook@dbqschools.org
 Co-AD/Assistant..... Joe Maloney
 Phone.....(563)552-3019
 Email.....jmaloney@dbqschools.org
 Athletic Secretary..... Beth Woodward
 Phone.....(563)552-5521
 Email.....bwoodward@dbqschools.org
 Sports Medicine Provider..... Ronda Humpal
 Tennis..... TBA
 Girls Tennis..... Chris Miller
 Golf..... Tim Felderman
 Girls Golf..... Tim Felderman
 Basketball..... Wendell Eimers
 Girls Basketball..... Jared Deutsch
 Swimming..... Jesse Huff
 Girls Swimming..... Jesse Huff
 Baseball..... Andrew Reese
 Girls Softball..... Kevin Steines
 Wrestling..... Joe Connolly
 Football..... Dale Ploessl
 Girls Volleyball..... Haley Zenner
 Track & Field..... Ryan Giesemann
 Girls Track & Field..... Tracy Demerath
 Cross Country..... Dain Leytem
 Girls Cross Country..... Louie Fischer
 Soccer..... TBA
 Girls Soccer..... Robert Lynch
 Bowling..... Chris Schultz
 Girls Bowling..... TBA
 Football Cheerleading..... Terri Mayberry
 Basketball Cheerleading..... Terri Mayberry
 Wrestling Cheerleading..... Halle Nichols
 Speech Director..... Aaron Dean
 Student Council..... Dain Leytem; Chris Miller
 Band Director..... John Garde
 Vocal Director..... Than Cheser
 Orchestra Director..... Paul PriceBrenner

DUNKERTON

Street Address: 509 S Canfield St
 City: Dunkerton
 Zip Code: 50626
 Mailing Address: 509 S Canfield St
 City: Dunkerton
 Zip Code: 50626
 Supt. St Address: 509 S Canfield St
 Supt. City: Dunkerton
 Supt. Zip: 50626
 County: Black Hawk
 Area Code: 319
 School Phone: 822-4295
 HS Fax: 822-9456
 AD Fax: 822-9456
 Web Site: <http://www.dunkerton.k12.ia.us>
 School Colors: Red & Black
 Nickname: Raiders
 Conference: Iowa Star
 Superintendent..... Tim Cronin
 Phone.....(319)822-4295 x100
 Email.....tcronin@dunkertonschools.org
 Principal..... Kory Kelchen
 Phone.....(319)822-4295 x104
 Email.....kkelchen@dunkerton.k12.ia.us
 Athletic Administrator..... Kory Kelchen
 Phone.....(319)822-4295 x104
 Email.....kkelchen@dunkertonschools.org

Athletic Secretary..... Britney Opheim
 Phone.....(319)822-4295
 Email.....bopheim@dunkerton.k12.ia.us
 Golf..... Todd Kuntz
 Girls Golf..... Todd Kuntz
 Basketball..... Todd Kuntz
 Girls Basketball..... Brad Turpen
 Baseball..... Nick Klein, Garrett Ramsey
 Girls Softball..... McKenna Boeschen
 Football..... Jon Steffen
 Girls Volleyball..... Zach Fisher
 Track & Field..... Jonathan Steffen
 Girls Track & Field..... Jon Steffen
 Cross Country..... Emilee Miller
 Girls Cross Country..... Emilee Miller
 Football Cheerleading..... Jamie Fulton
 Basketball Cheerleading..... Jamie Fulton
 Speech Director..... Alina Burch
 Student Council..... Karin Bloomquist
 Band Director..... Nick Behrends
 Vocal Director..... Michael Woodruff

DURANT

Street Address: 408 7th St
 City: Durant
 Zip Code: 52747
 Mailing Address: 408 7th St
 City: Durant
 Zip Code: 52747
 Supt. St Address: 408 7th St
 Supt. City: Durant
 Supt. Zip: 52747
 County: Cedar
 Area Code: 563
 School Phone: 785-4431
 HS Fax: 785-6558
 AD Fax: 785-6558
 Web Site: <http://www.durant.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Wildcats
 Conference: River Valley
 Superintendent..... Joe Burnett
 Phone.....(563)785-4432 x1290
 Email.....joe.burnett@durant.k12.ia.us
 Principal..... Joel Diederichs
 Phone.....(563)785-4431 x1205
 Email.....joel.diederichs@durant.k12.ia.us
 Athletic Administrator..... Matt Straube
 Phone.....(563)785-4431
 Email.....matt.straube@durant.k12.ia.us
 Athletic Secretary..... Holly Nietfeldt
 Phone.....(563)785-4431 x1200
 Email.....holly.nietfeldt@durant.k12.ia.us
 Sports Medicine Provider..... Rock Valley Physical Therapy
 Golf..... Casey Strub
 Girls Golf..... Denise Ahrens
 Basketball..... Matt Straube
 Girls Basketball..... Ross Delong
 Baseball..... Shawn Dierickx
 Girls Softball..... Aubrey Bland
 Wrestling..... Casey Strub
 Football..... Joel Diederichs
 Girls Volleyball..... Paul Beadel
 Track & Field..... Dan Knipfel
 Girls Track & Field..... Doug Frett
 Cross Country..... Andrew Hermiston
 Girls Cross Country..... Tracy Tappendorf
 Bowling..... Dan Sterner
 Girls Bowling..... Mick Henderson
 Football Cheerleading..... Kristy badtram
 Basketball Cheerleading..... Meika Jensen

Wrestling Cheerleading.....TBD
 Student Council.....Jeff Trask
 Band Director.....Kevin Mundt
 Vocal Director.....Cinnamon Kleeman

EAGLE GROVE

Street Address: 415 NW 2nd St
 City: Eagle Grove
 Zip Code: 50533
 Mailing Address: 415 NW 2nd St
 City: Eagle Grove
 Zip Code: 50533
 Supt. St Address: 325 N Commercial
 Supt. City: Eagle Grove
 Supt. Zip: 50533
 County: Wright
 Area Code: 515
 School Phone: 448-5143
 HS Fax: 448-3583
 AD Fax: 448-3583
 Web Site: <http://www.eagle-grove.k12.ia.us>
 School Colors: Purple and Gold
 Nickname: Eagles
 Conference: Top of Iowa
 Superintendent.....Jess Toliver
 Phone.....(515)448-4749 x2502
 Email.....jtoliver@eagle-grove.k12.ia.us
 Admin Asst.....Nicole Verbrugge
 Phone.....(515)448-4749 x2500
 Email.....nverbrugge@eagle-grove.k12.ia.us
 Principal.....Heidi Vasquez
 Phone.....(515)448-5143 x1174
 Email.....hvasquez@eagle-grove.k12.ia.us
 Athletic Administrator.....Richard Thacker
 Phone.....(515)448-5143 x1171
 Email.....rthacker@eagle-grove.k12.ia.us
 Co-AD/Assistant.....Amanda Johnston
 Phone.....(515)448-4767
 Email.....ajohnston@eagle-grove.k12.ia.us
 Athletic Secretary.....Heather Darland
 Phone.....(515)448-5143 x1172
 Email.....hdarland@eagle-grove.k12.ia.us
 Golf.....Cory Rutherford
 Girls Golf.....Richard Thacker
 Basketball.....Ryan Pedersen
 Girls Basketball.....Mike Herrington
 Baseball.....Jordan Miller
 Girls Softball.....Jim McLaughlin
 Wrestling.....Jake Groth
 Football.....Logan Willard
 Girls Volleyball.....Alyssa Dooley
 Track & Field.....Ben Demuth
 Girls Track & Field.....Andy Ettinger
 Cross Country.....Ben Demuth
 Girls Cross Country.....Mike Herrington
 Football Cheerleading.....Jill Link
 Basketball Cheerleading.....Jill Link
 Wrestling Cheerleading.....Jill Link
 Speech Director.....Lori Olmstead
 Student Council.....Lindsay Hauglund
 Band Director.....Justin Schwake
 Vocal Director.....Sandy Muzzey

EARLHAM

Street Address: 535 N Chestnut Ave
 City: Earlham
 Zip Code: 50072
 Mailing Address: PO Box 430
 City: Earlham
 Zip Code: 50072
 Supt. St Address: PO Box 430
 Supt. City: Earlham

Supt. Zip: 50072
 County: Madison
 Area Code: 515
 School Phone: 758-2214
 HS Fax: 758-2215
 AD Fax: 758-2215
 Web Site: <http://home.ecsdcards.com>
 School Colors: Royal Blue, Red, White
 Nickname: Cardinals
 Conference: West Central
 Superintendent.....Michael Wright
 Phone.....(515)758-2235 x150
 Email.....mwright@ecsdcards.com
 Principal.....Jen Knight
 Phone.....(515)758-2214
 Email.....jknight@ecsdcards.com
 Athletic Administrator.....Chris Caskey
 Phone.....(515)758-2214 x440
 Email.....ccaskey@ecsdcards.com
 Golf.....Mike Rogers
 Girls Golf.....Mike Rogers
 Basketball.....Kevin Williamson
 Girls Basketball.....Dion Braet
 Baseball.....Denton Hopkins
 Girls Softball.....Chris Caskey
 Football.....Chris Caskey
 Girls Volleyball.....Mindy Harskamp
 Track & Field.....Chris Caskey
 Girls Track & Field.....Jon Peterson
 Cross Country.....Dion Braet/Marty Dalton
 Girls Cross Country.....Dion Braet/Marty Dalton
 Football Cheerleading.....Maria Ladwig
 Basketball Cheerleading.....Maria Ladwig
 Speech Director.....Ashley Maiers
 Student Council.....Ashley Maiers
 Band Director.....Kelly Weber
 Vocal Director.....Ashley Maiers

EAST BUCHANAN, WINTHROP

Street Address: 414 5th St N
 City: Winthrop
 Zip Code: 50682
 Mailing Address: 414 5th St N
 City: Winthrop
 Zip Code: 50682
 Supt. St Address: 414 5th St N
 Supt. City: Winthrop
 Supt. Zip: 50682
 County: Buchanan
 Area Code: 319
 School Phone: 935-3367
 HS Fax: 935-3615
 AD Fax: 935-3615
 Web Site: <http://www.east-buc.k12.ia.us>
 School Colors: Columbia Blue & Scarlet Red
 Nickname: Buccaneers
 Conference: Tri Rivers
 Superintendent.....Daniel Fox
 Phone.....(319)935-3767
 Email.....dfox@east-buc.k12.ia.us
 Principal.....Eric Dockstader
 Phone.....(319)935-3367
 Email.....edockstader@east-buc.k12.ia.us
 Athletic Administrator.....Chad Lamker
 Phone.....(319)935-3367
 Email.....clamker@east-buc.k12.ia.us
 Sports Medicine Provider.....John Eikenberry
 Golf.....Scott Zhiss
 Girls Golf.....Nathan Reck
 Basketball.....Chad Lamker
 Girls Basketball.....Nathan Reck
 Baseball.....Jake Van Scoyoc

Girls Softball.....Marcy Fox
 Wrestling.....Brent Lenox
 Football.....Jerry Alden
 Girls Volleyball.....Andrea Hughson
 Track & Field.....Lee White, Adam Riniker
 Girls Track & Field.....Suzanne Goeller
 Cross Country.....Adam Riniker
 Girls Cross Country.....Adam Riniker
 Football Cheerleading.....Abby Biggs
 Basketball Cheerleading.....Nicole Reck
 Wrestling Cheerleading.....Abby Biggs
 Speech Director.....Lisa Goedken
 Student Council.....Lee White
 Band Director.....Ron Landis
 Vocal Director.....Kelsi Giese

EAST MARSHALL, LEGRAND

Street Address: 201 N Franklin
 City: Le Grand
 Zip Code: 50142
 Mailing Address: PO Box A
 City: Le Grand
 Zip Code: 50142
 Supt. St Address: PO Box 159, 204 W Center St
 Supt. City: Gilman
 Supt. Zip: 50106
 County: Marshall
 Area Code: 641
 School Phone: 479-2785
 HS Fax: 479-2601
 AD Fax: 479-2601
 Web Site: <http://www.e-marshall.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Mustangs
 Conference: North Iowa Cedar-West
 Superintendent.....Anthony Ryan
 Phone.....(641)498-7481
 Email.....tryan@e-marshall.k12.ia.us
 Principal.....Matt Rasmusson
 Phone.....(641)479-2785
 Email.....matrasmusson@e-marshall.k12.ia.us
 Athletic Administrator.....Scott Wheeler
 Phone.....(641)479-2785
 Email.....swheater@e-marshall.k12.ia.us
 Athletic Secretary.....Angela Damman
 Phone.....(641)479-2785
 Email.....adamman@e-marshall.k12.ia.us
 Sports Medicine Provider.....Scott Carnahan, PT
 (Sports Plus Physical Therapy)
 Golf.....Dennis Allen, Jordan Augspurger
 Girls Golf.....Dennis Allen, Jordan Augspurger
 Basketball.....Adam Bauder
 Girls Basketball.....Greg Lee
 Baseball.....Justin Frost
 Girls Softball.....Jary Hoskey
 Wrestling.....Todd Hinegardner
 Football.....Greg Lee
 Girls Volleyball.....Terri Westendorf
 Track & Field.....Ryan Hull
 Girls Track & Field.....Trent Taylor
 Cross Country.....Trent Taylor
 Girls Cross Country.....Trent Taylor
 Football Cheerleading.....Angie Damman
 Basketball Cheerleading.....Angie Damman
 Speech Director.....Jodi Ash
 Band Director.....Jarrett DeFields

EAST MILLS

Street Address: 58962 380th St
 City: Hastings
 Zip Code: 51540
 Mailing Address: 58962 380th St

City: Hastings
 Zip Code: 51540
 Supt. St Address: 58962 380th St
 Supt. City: Hastings
 Supt. Zip: 51540
 County: Mills
 Area Code: 712
 School Phone: 624-8645
 HS Fax: 624-8124
 AD Fax: 624-8124
 Web Site: <http://www.emschools.org>
 School Colors: Green, Black & Silver
 Nickname: Wolverines
 Conference: Corner
 Superintendent.....Tim Hood
 Phone.....(712)624-8700
 Email.....thood@emschools.org
 Principal.....Dale Scott
 Phone.....(712)624-8645
 Email.....dscott@emschools.org
 Athletic Administrator.....Matt Thornburg
 Phone.....(712)624-8645
 Email.....mthornburg@emschools.org
 Athletic Secretary.....Jen Shaw
 Phone.....(712)624-8645
 Email.....jshaw@emschools.org
 Sports Medicine Provider.....Jake Stryker (Allegiant Health)
 Golf.....Joe Wortman
 Girls Golf.....Joe Wortman
 Basketball.....Kevin Schafer
 Girls Basketball.....Blair Holman
 Baseball.....Lee Christians
 Girls Softball.....Blair Holman
 Wrestling.....Claude Lang
 Football.....Kevin Schafer, Claude Lang
 Girls Volleyball.....Connie Viner
 Track & Field.....Claude Lang
 Girls Track & Field.....Kevin Schafer
 Cross Country.....Joe Wortman
 Girls Cross Country.....Joe Wortman
 Football Cheerleading.....Renee Lynn
 Basketball Cheerleading.....Renee Lynn
 Wrestling Cheerleading.....Renee Lynn
 Speech Director.....Jenny Marburger
 Student Council.....Renee Lynn
 Band Director.....Murray Moening
 Vocal Director.....Sarah Hotchkiss

EAST SAC COUNTY

Street Address: 801 Jackson
 City: Lake View
 Zip Code: 51450
 Mailing Address: PO Box 110
 City: Lake View
 Zip Code: 51450
 Supt. St Address: PO Box 110
 Supt. City: Lake View
 Supt. Zip: 51450
 County: Sac
 Area Code: 712
 School Phone: 665-5001
 HS Fax: 665-5022
 AD Fax: 665-5022
 Web Site: <http://www.eastsac.k12.ia.us>
 School Colors: Red, Black, and White
 Nickname: Raiders
 Conference: Twin Lakes Super Conf.
 Superintendent.....Jeff Kruse
 Phone.....(712)665-5000
 Email.....jkruse@scc.k12.ia.us

Principal.....Kevin Litterer
 Phone.....(712)665-5001
 Email.....klitterer@eastsac.k12.ia.us
 Athletic Administrator.....Larry Tellinghuisen
 Phone.....(712)665-5002
 Email.....ltellinghuisen@eastsac.k12.ia.us
 Athletic Secretary.....Julie Drost
 Phone.....(712)665-5002
 Email.....jdrost@eastsac.k12.ia.us
 Sports Medicine Provider.....Mike Spetman, LAT
 (Northwest Iowa Bone, Joint & Sports Surgens)
 Golf.....Mike Vauble
 Girls Golf.....Greg Villegas
 Basketball.....Todd Bontrager
 Girls Basketball.....Jason Phillips
 Baseball.....Jason Phillips
 Girls Softball.....Steve Nuetzman
 Wrestling.....John Smith, Sam Ellis, Chaps Wilcke
 Football.....Eric McCollough
 Girls Volleyball.....Brenda Olerich
 Track & Field.....Jeff Niehaus
 Girls Track & Field.....Mitch Hinrichs
 Cross Country.....Melanie Hundling
 Girls Cross Country.....Melanie Hundling
 Soccer.....Sam Ellis
 Girls Soccer.....Bob Babe
 Football Cheerleading.....Mindy Steinkamp
 Basketball Cheerleading.....Mindy Steinkamp
 Wrestling Cheerleading.....TBA
 Speech Director.....Maggie Hannasch
 Student Council.....Melissa Frye
 Band Director.....Kelsey Struck
 Vocal Director.....Jodi Reese

EAST UNION, AFTON

Street Address: 1916 High School Dr.
 City: Afton
 Zip Code: 50830
 Mailing Address: 1916 High School Dr
 City: Afton
 Zip Code: 50830
 Supt. St Address: 1916 High School Dr
 Supt. City: Afton
 Supt. Zip: 50830
 County: Union
 Area Code: 641
 School Phone: 347-8421
 HS Fax: 347-5514
 AD Fax: 347-5514
 Web Site: <http://www.east-union.k12.ia.us>
 School Colors: Columbia Blue, Navy & White
 Nickname: Eagles
 Conference: Pride of Iowa
 Superintendent.....Ken Kasper
 Phone.....(641)347-5215
 Email.....kkasper@eastunionschools.org
 Admin Asst.....Dawn Arnold
 Phone.....(641)347-5215
 Email.....darnold@eastunionschools.org
 Principal.....Josh Vanderflucht
 Phone.....(641)347-8421
 Email.....jvanderflucht@eastunionschools.org
 Athletic Administrator.....Josh Vanderflucht
 Phone.....(641)347-8421
 Email.....jvanderflucht@eastunionschools.org
 Athletic Secretary.....Dawn Arnold
 Phone.....(641)347-5215
 Email.....darnold@eastunionschools.org
 Sports Medicine Provider.....Greater Regional Medical
 Golf.....Dave Campbell
 Girls Golf.....Dave Campbell
 Basketball.....Jared Carter

Girls Basketball.....Mike Cooley
 Baseball.....Nate McCollough
 Girls Softball.....Todd Verwers
 Wrestling.....TBD
 Football.....Tony Neubauer
 Girls Volleyball.....Gail Thatcher
 Track & Field.....James Hardy
 Girls Track & Field.....Richard Bryson
 Cross Country.....Richard Bryson
 Girls Cross Country.....Richard Bryson
 Football Cheerleading.....Clarissa McCollough
 Basketball Cheerleading.....April Moore
 Speech Director.....Clarissa McCollough
 Student Council.....James Hardy
 Band Director.....Wes Clark
 Vocal Director.....Wes Clark

EASTON VALLEY

Street Address: 321 W School St
 City: Preston
 Zip Code: 52069
 Mailing Address: 321 W School St
 City: Preston
 Zip Code: 52069
 Supt. St Address: 321 W School St
 Supt. City: Preston
 Supt. Zip: 52069
 County: Jackson
 Area Code: 563
 School Phone: 689-4221
 HS Fax: 689-4222
 AD Fax: 689-4222
 Web Site: <http://www.eastonvalleycsd.com>
 School Colors: Orange and Gray
 Nickname: River Hawks
 Conference: Tri Rivers
 Superintendent.....Chris Fee
 Phone.....(563)689-5822 x2113
 Email.....chris.fee@eastonvalleycsd.com
 Principal.....Tony Johnson
 Phone.....(563)689-4221 x5001
 Email.....tony.johnson@eastonvalleycsd.com
 Athletic Administrator.....Erick Broome
 Phone.....(563)689-4221
 Email.....erick.broome@eastonvalleycsd.com
 Athletic Secretary.....Marsha Skoff
 Phone.....(563)689-4221 x5000
 Email.....marsha.skoff@eastonvalleycsd.com
 Golf.....Jordan Davis
 Girls Golf.....Jordan Davis
 Basketball.....Dan Beck
 Girls Basketball.....Chad Gruver
 Baseball.....Derek Erwin
 Girls Softball.....Taylor Bell
 Football.....Tony Johnson
 Girls Volleyball.....Denise Larson
 Track & Field.....Craig Reuter
 Girls Track & Field.....Mike Kelly
 Cross Country.....Mike Kelly
 Girls Cross Country.....Mike Kelly
 Football Cheerleading.....Monica Bormann
 Basketball Cheerleading.....Monica Bormann
 Speech Director.....Kayla Zeimet
 Student Council.....Denise Larson
 Band Director.....John Gonzalez
 Vocal Director.....John Gonzalez

EDDYVILLE-BLAKESBURG-FREMONT

Street Address: 1301 Berdan St
 City: Eddyville
 Zip Code: 52553
 Mailing Address: 1301 Berdan St

City: Eddyville
 Zip Code: 52553
 Supt. St Address: 222 Walnut Street
 Supt. City: Eddyville
 Supt. Zip: 52553
 County: Wapello
 Area Code: 641
 School Phone: 969-4288
 HS Fax: 969-4574
 AD Fax: 969-4574
 Web Site: <http://www.rocketsk12.org>
 School Colors: Black & Gold
 Nickname: Rockets
 Conference: South Central
 Superintendent..... Scott Williamson
 Phone..... (641)969-4226 x2104
 Email..... scott.williamson@rocketsk12.org
 Principal..... Steve Noble
 Phone..... (641)969-4288 x2303
 Email..... steve.noble@rocketsk12.org
 Athletic Administrator..... Curt Johnston
 Phone..... (641)969-4288 x2302
 Email..... curt.johnston@rocketsk12.org
 Athletic Secretary..... Jennifer Helm
 Phone..... (641)969-4288
 Email..... jennifer.helm@rocketsk12.org
 Sports Medicine Provider..... Devin Bain, PT (Kinetic Edge)
 Golf..... Michael Pickney
 Girls Golf..... Michael Pickney
 Basketball..... Travis Stout
 Girls Basketball..... Tony Fenton
 Baseball..... Tom Hallgren
 Girls Softball..... Tony Fenton
 Football..... Todd Sisco, Lloyd Sisco
 Girls Volleyball..... Gladys Genskow
 Track & Field..... Micheal Pilcher
 Girls Track & Field..... Gladys Genskow
 Cross Country..... Alexis Kauzlarich
 Girls Cross Country..... Alexis Kauzlarich
 Basketball Cheerleading..... Lisa Strausser
 Speech Director..... John Thompson
 Student Council..... Kristen Birchard
 Band Director..... Joe Overton
 Vocal Director..... Christopher Ellerston

EDGEWOOD-COLESBURG

Street Address: 403 W Union St
 City: Edgewood
 Zip Code: 52042
 Mailing Address: PO Box 316
 City: Edgewood
 Zip Code: 52042
 Supt. St Address: PO Box 316
 Supt. City: Edgewood
 Supt. Zip: 52042
 County: Clayton
 Area Code: 563
 School Phone: 928-6412
 HS Fax: 928-6414
 AD Fax: 928-6413
 Web Site: <http://www.edge-cole.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Vikings
 Conference: Tri-Rivers
 Superintendent..... Rob Busch
 Phone..... (563)928-6411 x301
 Email..... rbusch@edge-cole.k12.ia.us
 Principal..... Dawn Voss
 Phone..... (563)928-6412 x304
 Email..... dvoss@edge-cole.k12.ia.us

Athletic Administrator..... Alex Hanna
 Phone..... (563)928-6412 x327
 Email..... ahanna@edge-cole.k12.ia.us
 Golf..... TBD
 Girls Golf..... Alex Hanna
 Basketball..... Justin Olind
 Girls Basketball..... Steve Putz
 Baseball..... Aaron Hamann
 Girls Softball..... Steve Putz
 Wrestling..... Rob Andersen
 Football..... James Rochford
 Girls Volleyball..... Eileen Bergan
 Track & Field..... Mike Lutgen
 Girls Track & Field..... Makenna Slight
 Cross Country..... Mike Lutgen
 Girls Cross Country..... Mike Lutgen
 Football Cheerleading..... TBD
 Wrestling Cheerleading..... TBD
 Speech Director..... Jenny Thier
 Student Council..... Kevin Kleis
 Band Director..... Christina Harbaugh
 Vocal Director..... Carston Calderwood

EMMETSBURG

Street Address: 205 King St
 City: Emmetsburg
 Zip Code: 50536
 Mailing Address: 205 King St
 City: Emmetsburg
 Zip Code: 50536
 Supt. St Address: 205 King St
 Supt. City: Emmetsburg
 Supt. Zip: 50536
 County: Palo Alto
 Area Code: 712
 School Phone: 852-2966
 HS Fax: 852-3317
 AD Fax: 852-3317
 Web Site: <http://www.e-hawks.org>
 School Colors: Black & Gold
 Nickname: E-Hawks
 Conference: Twin Lakes
 Superintendent..... Darren Hanna
 Phone..... (712)852-3201
 Email..... dhanna@e-hawks.org
 Principal..... Tracie Christensen
 Phone..... (712)852-2966 x200
 Email..... tchristensen@e-hawks.org
 Asst/Assoc/Vice-Principal..... Tim Rodemeyer
 Phone..... (712)852-2966
 Email..... trodemeyer@e-hawks.org
 Athletic Administrator..... Mike Dunlap
 Phone..... (712)852-2296
 Email..... mdunlap@e-hawks.org
 Athletic Secretary..... Rhonda McCartan
 Phone..... (712)852-3201
 Email..... rmccartan@e-hawks.org
 Golf..... Tyler Bjstrom
 Girls Golf..... Ted Riley
 Basketball..... Bill Geelan
 Girls Basketball..... Anna Fiene
 Baseball..... Brett Hansen
 Girls Softball..... Travis Birkey
 Wrestling..... Tyler Bjstrom, Mark Klaus
 Football..... Mike Dunlap
 Girls Volleyball..... Danielle Auten
 Track & Field..... TBD
 Girls Track & Field..... Ben Thomsen
 Cross Country..... Katie Schmitt
 Girls Cross Country..... Katie Schmitt
 Football Cheerleading..... JaDee Gloede
 Basketball Cheerleading..... Julie Bird

Wrestling Cheerleading..... JaDee Gloede
 Speech Director..... Amy Thompson
 Student Council..... Holly Keenan
 Band Director..... Mary O'Connell
 Vocal Director..... Brandt Roskens

ENGLISH VALLEYS, NORTH ENGLISH

Street Address: 765 W Broad St
 City: North English
 Zip Code: 52316
 Mailing Address: PO Box 490
 City: North English
 Zip Code: 52316
 Supt. St Address: PO Box 490
 Supt. City: North English
 Supt. Zip: 52316
 County: Iowa
 Area Code: 319
 School Phone: 664-3632
 HS Fax: 664-3670
 AD Fax: 664-3670
 Web Site: <http://www.evbeats.com>
 School Colors: Navy & Gold
 Nickname: Bears
 Conference: South Iowa Cedar
 Superintendent..... Mark Olmstead
 Phone..... (319)664-3634
 Email..... molmstead@english-valleys.k12.ia.us
 Principal..... Heather Lightfoot
 Phone..... (319)664-3632
 Email..... hlightfoot@english-valleys.k12.ia.us
 Athletic Administrator..... Alan Ling
 Phone..... (319)664-3632
 Email..... aling@english-valleys.k12.ia.us
 Sports Medicine Provider..... Ashley Dickey, Compass
 Memorial Healthcare, LAT
 (Compass Memorial Healthcare)

Golf..... Jeff Kingland
 Girls Golf..... Jeff Kingland
 Basketball..... Caleb Lewis
 Girls Basketball..... Becky Becker
 Baseball..... Jeremy Thomas
 Girls Softball..... Steve Hester
 Wrestling..... Steve Hester
 Football..... Mike Gerard
 Girls Volleyball..... Becky Becker
 Track & Field..... Becky Becker
 Girls Track & Field..... Steve Hester
 Cross Country..... Luke Caster
 Girls Cross Country..... Luke Caster
 Football Cheerleading..... Miranda Simpson
 Basketball Cheerleading..... Miranda Simpson
 Wrestling Cheerleading..... Miranda Simpson
 Speech Director..... Carrie Burdick
 Student Council..... Chuck Nachtman, Pam Nachtman
 Band Director..... Nile Dusdiecker
 Vocal Director..... Lauren Parrish

EPWORTH, WESTERN DUBUQUE

Street Address: 302 5th Ave SW
 City: Epworth
 Zip Code: 52045
 Mailing Address: P.O. Box 379
 City: Epworth
 Zip Code: 52045
 Supt. St Address: PO Box 68
 Supt. City: Farley
 Supt. Zip: 52046
 County: Dubuque
 Area Code: 563
 School Phone: 876-3442
 HS Fax: 876-5512

AD Fax: 876-9109
 Web Site: http://www.wdbqschools.org/westerndubu-quehighschoolatepworth_home.aspx
 School Colors: Red, Black, White
 Nickname: Bobcats
 Conference: Mississippi Valley- Mississippi
 Superintendent.....Richard Colpitts
 Phone.....(563)744-3512 x6004
 Email.....rick.colpitts@wdbqschools.org
 Principal.....Jake Feldmann
 Phone.....(563)876-3442 x3003
 Email.....jacob.feldmann@wdbqschools.org
 Asst/Assoc/Vice-Principal.....Rich Hatcher
 Phone.....(563)876-3442 x3004
 Email.....rich.hatcher@wdbqschools.org
 Athletic Administrator.....Tyler Lown
 Phone.....(563)876-3442 x3009
 Email.....tyler.lown@wdbqschools.org
 Athletic Secretary.....Brooke Kluesner
 Phone.....(563)876-3442 x3008
 Email.....brooke.kluesner@wdbqschools.org
 Sports Medicine Provider.....Susan Theisen
 Tennis.....TBA
 Girls Tennis.....Sam Nieman
 Golf.....Ben Wilson
 Girls Golf.....Amy Haldeman
 Basketball.....Wayne Cusick
 Girls Basketball.....Amy Ostwinkle
 Baseball.....Casey Bryant
 Wrestling.....Paul Cleary
 Football.....Justin Penner
 Girls Volleyball.....Megan Scherrman
 Track & Field.....Tom Jasper
 Girls Track & Field.....Josie Limmex
 Cross Country.....Mark Digmann
 Girls Cross Country.....Mark Digmann
 Soccer.....Cliff Conrad
 Girls Soccer.....Cece Zangara
 Bowling.....Grant Kramer
 Girls Bowling.....Larry Kinpper
 Football Cheerleading.....TBA
 Wrestling Cheerleading.....TBA
 Speech Director.....Tracey Broadbent
 Student Council.....Amy Ostwinkle
 Band Director.....Michael Omarzu
 Vocal Director.....Cris Tipple; Judy Waterman

ESSEX

Street Address: 111 Forbes St
 City: Essex
 Zip Code: 51638
 Mailing Address: 111 Forbes St
 City: Essex
 Zip Code: 51638
 Supt. St Address: 111 Forbes St
 Supt. City: Essex
 Supt. Zip: 51638
 County: Page
 Area Code: 712
 School Phone: 379-3114
 HS Fax: 379-3200
 AD Fax: 379-3200
 Web Site: <https://www.essex.k12.ia.us/>
 School Colors: Red & Black
 Nickname: Trojans & Trojanettes
 Conference: Corner
 Superintendent.....Mike Wells
 Phone.....(712)379-3117
 Email.....wellsm@essex.k12.ia.us
 Principal.....Robert Brecht
 Phone.....(712)379-3114
 Email.....brechtr@essex.k12.ia.us

Athletic Administrator.....Rob Brecht
 Phone.....(712)379-3114
 Email.....brechtr@essex.k12.ia.us
 Athletic Secretary.....Kay Petersen
 Phone.....(712)379-3114
 Email.....petersenkay@essex.k12.ia.us
 Sports Medicine Provider.....TBA
 Golf.....Randy Thompson
 Girls Golf.....TBA
 Basketball.....Seth Ward
 Girls Basketball.....Rob Erickson
 Baseball.....Seth Ward
 Girls Softball.....Kim Burns
 Football.....Chase Heinold
 Girls Volleyball.....Allen Stuart
 Track & Field.....Jasmine Glasgo
 Girls Track & Field.....TBA
 Cross Country.....Jasmine Glasgo
 Girls Cross Country.....Jasmine Glasgo
 Football Cheerleading.....Mary Ohnmacht
 Basketball Cheerleading.....Mary Ohnmacht
 Speech Director.....Marty Mason
 Student Council.....Kathleen Johnson, Tammy Johnson
 Band Director.....Rachel Cabeen
 Vocal Director.....Rachel Cabeen

ESTHERVILLE LINCOLN CENTRAL

Street Address: 1520 Central Ave
 City: Estherville
 Zip Code: 51334
 Mailing Address: 1520 Central Ave
 City: Estherville
 Zip Code: 51334
 Supt. St Address: 1814 7th Ave S Ste 1
 Supt. City: Estherville
 Supt. Zip: 51334-2791
 County: Emmet
 Area Code: 712
 School Phone: 362-2659
 HS Fax: 362-3544
 AD Fax: 362-3544
 Web Site: <http://www.estherville.k12.ia.us>
 School Colors: Red, White, Black
 Nickname: Midgets
 Conference: Lakes
 Superintendent.....Tara Paul
 Phone.....(712)362-2692
 Email.....tara.paul@elc-csd.org
 Admin Asst.....Jolene Lutz
 Phone.....(712)362-7753
 Email.....jo.lutz@elc-csd.org
 Principal.....Brad Leonard
 Phone.....(712)362-2659
 Email.....brad.leonard@elc-csd.org
 Asst/Assoc/Vice-Principal.....Brad Nelson
 Phone.....(712)362-2335
 Email.....brad.nelson@elc-csd.org
 Asst/Assoc/Vice-Principal.....Connie Humble
 Phone.....(712)362-2181
 Email.....connie.humble@elc-csd.org
 Athletic Administrator.....Shane Kalous
 Phone.....(712)362-7753
 Email.....shane.kalous@elc-csd.org
 Athletic Secretary.....Jolene Lutz
 Phone.....(712)362-7753 x6272
 Email.....jo.lutz@elc-csd.org
 Sports Medicine Provider.....Kim Venteicher, MS ATC (Avera)
 Tennis.....Kyle Grems
 Girls Tennis.....Larry Kirchner
 Golf.....Dave VanRoekel
 Girls Golf.....Kevin Richardson
 Basketball.....Nick Gruhlke

Girls Basketball.....Don Martindale
 Girls Swimming.....Jim Fisher
 Baseball.....Lee Evans
 Girls Softball.....Megan Anderson
 Wrestling.....Lee Hansen
 Football.....Ryan Rezac
 Girls Volleyball.....Jean Jensen
 Track & Field.....Jesse Nitchals
 Girls Track & Field.....David Nitchals
 Cross Country.....Jesse Nitchals
 Girls Cross Country.....Jesse Nitchals
 Football Cheerleading.....Sonja Christensen
 Basketball Cheerleading.....Renea Stevens
 Wrestling Cheerleading.....Sonja Christensen
 Speech Director.....Jean Herrick
 Student Council.....Amanda Zylstra
 Band Director.....Laura Giebler
 Vocal Director.....Steven Bradburn

EXIRA/ELK HORN-KIMBALLTON

Street Address: 4114 Madison Ave
 City: Elk Horn
 Zip Code: 51531
 Mailing Address: PO Box 388A
 City: Elk Horn
 Zip Code: 51531
 Supt. St Address: PO Box 388A
 Supt. City: Elk Horn
 Supt. Zip: 51531
 County: Shelby
 Area Code: 712
 School Phone: 764-4606
 HS Fax: 764-4626
 AD Fax: 764-4626
 Web Site: <http://www.exira-ehk.k12.ia.us>
 School Colors: Maroon, Black and White
 Nickname: Spartans
 Conference: Rolling Valley
 Superintendent.....Trevor Miller
 Phone.....(712)764-4616
 Email.....tmiller@exira-ehk.k12.ia.us
 Principal.....Mary Beth-Harris
 Phone.....(712)764-4616
 Email.....mblethharris@exira-ehk.k12.ia.us
 Athletic Administrator.....Tom Petersen
 Phone.....(712)764-4121
 Email.....tompetersen@exira-ehk.k12.ia.us
 Sports Medicine Provider.....Kiann Hansen, Dr. Marquardt
 Golf.....Tony Petersen
 Girls Golf.....Tom Petersen
 Basketball.....Doug Newton
 Girls Basketball.....Tom Petersen
 Baseball.....Tom Petersen
 Girls Softball.....Andrea Nulle
 Football.....Tom Petersen
 Girls Volleyball.....Courtney Peppers
 Track & Field.....Tony Santisteban
 Girls Track & Field.....Payton Wilkenfeld
 Cross Country.....Terry Weisenborn
 Girls Cross Country.....Terry Weisenborn
 Student Council.....Cindy Boysen
 Band Director.....Rick Nielsen
 Vocal Director.....Cody Parmley

FAIRFIELD

Street Address: 605 E Broadway Ave
 City: Fairfield
 Zip Code: 52556
 Mailing Address: 605 E Broadway Ave
 City: Fairfield
 Zip Code: 52556
 Supt. St Address: 403 S 20th

Supt. City: Fairfield
 Supt. Zip: 52556
 County: Jefferson
 Area Code: 641
 School Phone: 472-2059
 HS Fax: 472-0269
 AD Fax: 472-0238
 Web Site: <http://www.fairfieldsfuture.org>
 School Colors: Orange & Black
 Nickname: Trojans
 Conference: Southeast
 Superintendent..... Laurie Noll
 Phone..... (641)472-2655
 Email..... laurie.noll@fairfieldsfuture.org
 Principal..... Brian Stone
 Phone..... (641)472-2059
 Email..... brian.stone@fairfieldsfuture.org
 Asst/Assoc/Vice-Principal..... Stephanie Mishler
 Phone..... (641)472-2059
 Email..... stephanie.mishler@fairfieldsfuture.org
 Athletic Administrator..... Jeff Courtright
 Phone..... (641)472-5253
 Email..... Jeff.Courtright@fairfieldsfuture.org
 Athletic Secretary..... Sarah Godwin
 Phone..... (641)472-5253
 Email..... sarah.godwin@fairfieldsfuture.org
 Sports Medicine Provider..... Hannah Losey, PT
 Adam Conilogue, PT
 (Jefferson Co. Health Center, Universal Therapy)
 Tennis..... Mike Holt
 Girls Tennis..... Heidi Grunwald
 Golf..... Mick Flattery
 Girls Golf..... Joe Kruzich
 Basketball..... Mick Flattery
 Girls Basketball..... Jeff Miller
 Girls Swimming..... Brittany Winslow
 Baseball..... Josh Allison
 Girls Softball..... Bob Bradfield
 Wrestling..... Steve Miller
 Football..... Nate Weaton
 Girls Volleyball..... Diana Drish
 Track & Field..... Brian Dunlap
 Girls Track & Field..... Jerrod Belzer
 Cross Country..... Jerrod Belzer
 Girls Cross Country..... Jerrod Belzer
 Soccer..... Felisto Guezimane
 Girls Soccer..... Brittany Winslow
 Bowling..... Lisa Greenig
 Girls Bowling..... Lisa Greenig
 Football Cheerleading..... Heidi Bowman
 Basketball Cheerleading..... Heidi Bowman
 Speech Director..... Fred Hucce
 Student Council..... Heidi Grunwald
 Band Director..... Jim Edgeton
 Vocal Director..... Zachary Reiter
 Orchestra Director..... Jim Edgeton

FOREST CITY

Street Address: 206 W School St
 City: Forest City
 Zip Code: 50436
 Mailing Address: 206 W School St
 City: Forest City
 Zip Code: 50436
 Supt. St Address: PO Box 270, 145 S Clark St
 Supt. City: Forest City
 Supt. Zip: 50436
 County: Winnebago
 Area Code: 641
 School Phone: 585-2324
 HS Fax: 585-3034

AD Fax: 585-3034
 Web Site: <http://www.forestcity.k12.ia.us>
 School Colors: Red & White
 Nickname: Indians
 Conference: Top of Iowa
 Superintendent..... Darwin Lehmann
 Phone..... (641)585-2323 x2203
 Email..... dlehmann@forestcity.k12.ia.us
 Principal..... Ken D. Baker
 Phone..... (641)585-2324 x3203
 Email..... kbaker@forestcity.k12.ia.us
 Asst/Assoc/Vice-Principal..... Chad Moore
 Phone..... (641)585-2324
 Email..... cmoore@forestcity.k12.ia.us
 Asst/Assoc/Vice-Principal..... Jeff Jerome
 Phone..... (641)585-2324
 Email..... jjerome@forestcity.k12.ia.us
 Asst/Assoc/Vice-Principal..... Zach Dillavou
 Phone..... (641)585-2324
 Email..... zdillavou@forestcity.k12.ia.us
 Athletic Administrator..... Chad Moore
 Phone..... (641)585-2324 x3204
 Email..... cmoore@forestcity.k12.ia.us
 Co-AD/Assistant..... Jeff Jerome
 Email..... jjerome@forestcity.k12.ia.us
 Athletic Secretary..... Angel Clarey
 Phone..... (641)585-2324 x3201
 Email..... aclarey@forestcity.k12.ia.us
 Sports Medicine Provider..... Emily Putney, PT (Athletico)
 Golf..... Matt Harriman
 Girls Golf..... Matt Harriman
 Basketball..... Dan Rosacker
 Girls Basketball..... Matt Erpelding
 Baseball..... Jeff Jerome
 Girls Softball..... Justin Uhlenhopp
 Wrestling..... Steve Staudt
 Football..... Chad Moore
 Girls Volleyball..... Lacy Jerome
 Track & Field..... Brian Hovenga
 Girls Track & Field..... Jason Sopko
 Cross Country..... Kamille Goepel
 Girls Cross Country..... Kamille Goepel
 Bowling..... Charlie Frascht
 Girls Bowling..... Charlie Frascht
 Football Cheerleading..... Kenna Espeland
 Basketball Cheerleading..... Nicole Hagen
 Wrestling Cheerleading..... Sherri Lunning
 Speech Director..... Josh Sparrgrove
 Student Council..... Anna Stene
 Band Director..... Cory Schmitt
 Vocal Director..... Annika Andrews

FORT DODGE

Street Address: 819 N 25th St
 City: Fort Dodge
 Zip Code: 50501
 Mailing Address: 819 N 25th St
 City: Fort Dodge
 Zip Code: 50501
 Supt. St Address: 104 S 17th St
 Supt. City: Fort Dodge
 Supt. Zip: 50501
 County: Webster
 Area Code: 515
 School Phone: 955-1770
 HS Fax: 955-6072
 AD Fax: 955-3374
 Web Site: <http://www.fdschools.org>
 School Colors: Crimson & Black
 Nickname: Dodgers
 Conference: CIML - Iowa

Superintendent..... Dr. Jesse Ulrich
 Phone..... (515)574-5638
 Email..... jesseulrich@fdschools.org
 Admin Asst..... Barb Bachman
 Phone..... (515)574-5651
 Email..... bbachman@fdschools.org
 Executive Coordinator..... Kirsten Doebel
 Phone..... (515)574-5678
 Email..... kdoebel@fdschools.org
 Principal..... Staci Laird
 Phone..... (515)574-5748
 Email..... slaird@fdschools.org
 Asst/Assoc/Vice-Principal..... Matt Elsbecker
 Phone..... (515)574-5752
 Email..... melsbecker@fdschools.org
 Asst/Assoc/Vice-Principal..... Scott Danielson
 Phone..... (515)955-1770 x58303
 Email..... sdanielson@fdschools.org
 Asst/Assoc/Vice-Principal..... Adam Kent
 Phone..... (515)955-1770 x58304
 Email..... akent@fdschools.org
 Athletic Administrator..... Kevin Astor
 Phone..... (515)574-5754
 Email..... kastor@fdschools.org
 Co-AD/Assistant..... Ryan O'Leary
 Phone..... (515)574-5826
 Email..... roleary@fdschools.org
 Sports Medicine Provider..... BreAnn Drees
 Tennis..... Tim Johnson
 Girls Tennis..... Martha Mericle
 Golf..... Mike Mericle
 Girls Golf..... Dave Louk
 Basketball..... Tom Daniel
 Girls Basketball..... Scott Messerly
 Swimming..... Ashley Beaumont
 Girls Swimming..... Ashley Beaumont
 Baseball..... Blake Utley
 Girls Softball..... Andi Adams
 Wrestling..... Bobby Thompson
 Football..... Nik Moser
 Girls Volleyball..... Martha Mericle
 Track & Field..... John McBride
 Girls Track & Field..... Todd Constable
 Cross Country..... Joe Jackson
 Girls Cross Country..... Joe Jackson
 Soccer..... Joe Jackson
 Girls Soccer..... Sidney McField
 Bowling..... Nick Vinson
 Girls Bowling..... Nick Vinson
 Football Cheerleading..... Allix Williamson
 Basketball Cheerleading..... Allix Williamson
 Wrestling Cheerleading..... Allix Williamson
 Speech Director..... Lindey Krug
 Student Council..... Derek Haugland
 Band Director..... Al Paulson
 Vocal Director..... Matt Drees, Kim Wankum
 Orchestra Director..... Brian Robison

FORT MADISON

Street Address: 2001 Avenue B
 City: Fort Madison
 Zip Code: 52627
 Mailing Address: 2001 Avenue B
 City: Fort Madison
 Zip Code: 52627
 Supt. St Address: 1930 Avenue M
 Supt. City: Fort Madison
 Supt. Zip: 52627
 County: Lee
 Area Code: 319
 School Phone: 372-1862

HS Fax: 372-1325
 AD Fax: 372-1325
 Web Site: <http://fmcscd.org>
 School Colors: Crimson and Black
 Nickname: Bloodhounds
 Conference: Southeast
 Superintendent Erin Slater
 Phone (319)372-7252
 Email erin.slater@fmcscd.org
 Asst/Assoc Supt Kim Harmon
 Phone (319)372-7252
 Email kim.harmon@fmcscd.org
 Principal Greg Smith
 Phone (319)372-1862
 Email greg.smith@fmcscd.org
 Asst/Assoc/Vice-Principal Patrick Lamb
 Phone (319)372-1862
 Email patrick.lamb@fmcscd.org
 Athletic Administrator Jeremy Swink
 Phone (319)372-1862
 Email jeremy.swink@fmcscd.org
 Athletic Secretary Deb Wiseman
 Phone (319)372-1862
 Email debbie.wiseman@fmcscd.org
 Sports Medicine Provider Trevor Pezley, LAT, ATC
 (Fort Madison Community Hospital)
 Tennis Dean Hogan
 Girls Tennis Jeremy Swink
 Golf Wayne Mac Learn
 Girls Golf Wayne Mac Learn
 Basketball Ryan Wilson
 Girls Basketball Tony Sargent
 Baseball Ron Walker
 Girls Softball Jared Rehm
 Wrestling Ryan Smith
 Football Derek Doherty
 Girls Volleyball Kent Bailey
 Track & Field Chad Hannum, Mike Schneider
 Girls Track & Field Brian Mendez
 Cross Country Brian Mendez
 Girls Cross Country Brian Mendez
 Soccer Kevin Wellman
 Girls Soccer Sebastian Seifert
 Football Cheerleading Stephanie Howard
 Basketball Cheerleading Stephanie Howard
 Wrestling Cheerleading Stephanie Howard
 Speech Director Randy Sissel
 Student Council Karen Jones
 Band Director David Zaccari
 Vocal Director Taylor Stoddard

FREMONT-MILLS, TABOR

Street Address: 1114 HWY 275
 City: Tabor
 Zip Code: 51653
 Mailing Address: PO Box 310
 City: Tabor
 Zip Code: 51653
 Supt. St Address: 1114 HWY 275
 Supt. City: Tabor
 Supt. Zip: 51653
 County: Fremont
 Area Code: 712
 School Phone: 629-2325
 HS Fax: 629-5155
 AD Fax: 629-5155
 Web Site: <http://www.fremontmills.org>
 School Colors: Black & Gold
 Nickname: Knights
 Conference: Corner

Superintendent Dave Gute
 Phone (712)629-2325
 Email dgute@fmtabor.org
 Principal Jeremy Christiansen
 Phone (712)629-2325
 Email jchristiansen@fmtabor.org
 Athletic Administrator DJ Erkenbrack
 Phone (712)629-2325 x218
 Email derkenbrack@fmtabor.org
 Co-AD/Assistant Jeremy Christiansen, Greg Ernster
 Phone (712)629-2325 x202
 Email jchristiansen@fmtabor.org
 Email gernster@fmtabor.org
 Golf Greg Ernster
 Girls Golf Greg Ernster
 Basketball Steve Raymond
 Girls Basketball Brett Weldon
 Baseball Jake Brown
 Girls Softball Kyle Fichter
 Wrestling Jeff Bartholomew
 Football Jeremy Christiansen
 Girls Volleyball Tracy Malcom
 Track & Field Mike Wood
 Girls Track & Field Kyle Fichter
 Cross Country Owen Pitt
 Girls Cross Country Owen Pitt
 Football Cheerleading Judy Foster
 Speech Director D.J. Erkenbrack
 Student Council D.J. Erkenbrack
 Band Director Susan Saker
 Vocal Director D.J. Erkenbrack

GARNER-HAYFIELD-VENTURA

Street Address: 605 W Lyons St
 City: Garner
 Zip Code: 50438
 Mailing Address: PO Box 449
 City: Garner
 Zip Code: 50438
 Supt. St Address: PO Box 449
 Supt. City: Garner
 Supt. Zip: 50438
 County: Hancock
 Area Code: 641
 School Phone: 923-2632
 HS Fax: 923-4005
 AD Fax: 923-4005
 Web Site: <http://www.ghvschools.org>
 School Colors: Red & Black
 Nickname: Cardinals
 Conference: Top of Iowa Conference
 Superintendent Tyler Williams
 Phone (641)923-2718
 Email twilliams@ghvschools.org
 Admin Asst Jan Bier
 Phone (641)923-2632 x207
 Email jbier@ghvschools.org
 Principal Jim Haag
 Phone (641)923-2632
 Email jhaag@ghvschools.org
 Athletic Administrator Matt Graham
 Phone (641)923-2632 x238
 Email mgraham@ghvschools.org
 Sports Medicine Provider Jamie Smith, LAT (Athletico)
 Golf Ken Krause
 Girls Golf Todd Greiman
 Basketball Jake Young
 Girls Basketball Matt Frank
 Baseball Paul Childress
 Wrestling Cory Jenniges
 Football Darrell Schumacher

Girls Volleyball Meriel Leavy
 Track & Field Darrell Schumacher
 Girls Track & Field Dyan Childress
 Cross Country Ryan Hinders
 Girls Cross Country Emberly Albertson
 Soccer Josh Banse
 Football Cheerleading Kristi Carew
 Basketball Cheerleading Kristi Carew
 Wrestling Cheerleading Samantha Hall
 Speech Director Elizabeth May
 Student Council Dustin Ward
 Band Director Jeff Griffin
 Vocal Director Patty Norman

GEHLEN CATHOLIC, LEMARS

Street Address: 709 Plymouth St NE
 City: Le Mars
 Zip Code: 51031
 Mailing Address: 709 Plymouth St NE
 City: Le Mars
 Zip Code: 51031
 Supt. St Address: 1821 Jackson St, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Plymouth
 Area Code: 712
 School Phone: 546-4181
 HS Fax: 546-9384
 AD Fax: 546-4337
 Web Site: <http://www.gehlencatholic.org>
 School Colors: Green & Gold
 Nickname: Jays
 Conference: War Eagle

Superintendent Patty Lansink
 Phone (712)233-7527
 Principal Jeff Alesch
 Phone (712)546-4181
 Email jalesch@gehlencatholic.org
 Athletic Administrator Kirk Kronaizl
 Phone (712)546-4181
 Email kkronaizl@gehlencatholic.org
 Sports Medicine Provider LeMars Physical Therapy
 Golf Daniel Gray
 Girls Golf Kathy Neary
 Basketball Mike Langel
 Girls Basketball Brandon Schaecher
 Baseball Kirk Kronaizl
 Girls Softball Tony Gunter
 Football Jeremy Schindler
 Girls Volleyball Mike Meyer
 Track & Field Jeremy Schindler
 Girls Track & Field Travis Westhoff
 Cross Country Margie Augustine
 Girls Cross Country Margie Augustine
 Football Cheerleading Jenni Vacura
 Basketball Cheerleading Kelly Dreckman
 Speech Director Mark Moorehead
 Student Council Ashley Langel
 Band Director Nathan Klaumann
 Vocal Director Terra Falkena

GEORGE-LITTLE ROCK

Street Address: 500 E. Indiana Ave.
 City: George
 Zip Code: 51237
 Mailing Address: PO Box 6
 City: George
 Zip Code: 51237
 Supt. St Address: 500 E. Indiana Ave
 Supt. City: George
 Supt. Zip: 51237

County: Lyon
Area Code: 712
School Phone: 475-3311
HS Fax: 475-3574
AD Fax: 475-3574
Web Site: <http://www.george-littlerock.org>
School Colors: Black & Red
Nickname: Mustangs
Conference: Siouxland
Superintendent.....Tom Luxford
Phone.....(712)475-3311
Email.....tluxford@george-littlerock.org
Principal.....Tyler Glanzer
Phone.....(712)475-3311
Email.....tglanzer@george-littlerock.org
Athletic Administrator.....Tyler Glanzer
Phone.....(712)475-3311 x162
Email.....tglanzer@george-littlerock.org
Athletic Secretary.....Ruth Ackerman
Phone.....(712)475-3311
Email.....rackerman@george-littlerock.org
Golf.....Brian Luenberger
Girls Golf.....Brian Luenberger
Basketball.....Brian Luenberger
Girls Basketball.....Reid Geerdes
Baseball.....Tyler Glanzer
Girls Softball.....Kelly Weiler
Wrestling.....John Wayne Kalda
Girls Volleyball.....Amy Schmidt
Track & Field.....Mitch Lupkes
Girls Track & Field.....Mitch Lupkes
Cross Country.....Mandi Hare
Girls Cross Country.....Mandi Hare
Football Cheerleading.....Karen Wibben
Basketball Cheerleading.....Trisha Hengeveld
Wrestling Cheerleading.....Karen Wibben
Speech Director.....Brenda Sandbulte
Student Council.....Dan Helkenn
Band Director.....Nicole Lewis
Vocal Director.....Tim Mauldin

GILBERT

Street Address: 312 Gretten St
City: Gilbert
Zip Code: 50105
Mailing Address: 312 Gretten St
City: Gilbert
Zip Code: 50105
Supt. St Address: 103 Mathews Dr
Supt. City: Gilbert
Supt. Zip: 50105
County: Story
Area Code: 515
School Phone: 232-3738
HS Fax: 827-1298
AD Fax: 827-1298
Web Site: <http://www.gilbertcsd.org>
School Colors: Black & Red
Nickname: Tigers
Conference: Raccoon River
Superintendent.....Lindsey Beecher
Phone.....(515)232-3740
Email.....beecherl@gilbertcsd.org
Admin Asst.....Tia Davis
Phone.....(515)232-3740
Email.....davist@gilbertcsd.org
Principal.....Vic Vanderpool
Phone.....(515)232-3738
Email.....vanderpoolv@gilbertcsd.org
Asst/Assoc/Vice-Principal.....Cindy Bassett
Phone.....(515)232-3738
Email.....bassettc@gilbertcsd.org

Athletic Administrator.....Tim Pezzetti
Phone.....(515)232-3746
Email.....pezzettit@gilbertcsd.org
Athletic Secretary.....Debbie Gray
Phone.....(515)232-3746
Email.....grayd@gilbertcsd.org
Sports Medicine Provider.....Brian Sanders,
Sammie Schneider (McFarland Clinic)
Golf.....Holly Lester
Girls Golf.....Grant Walker
Basketball.....BJ Terrones
Girls Basketball.....Mike Frisk
Baseball.....Jeremy Eldred
Girls Softball.....Staci Sniezek
Wrestling.....Scott Auderer
Football.....Graham Lundt
Girls Volleyball.....Stacy Johnson
Track & Field.....Joel Franzen
Girls Track & Field.....Jodi Hurn
Cross Country.....Aaron Thomas
Girls Cross Country.....Laura Kautman
Soccer.....BJ Jordison
Girls Soccer.....Dan Jones
Football Cheerleading.....Jordan Sytsma
Basketball Cheerleading.....Katy Mason
Wrestling Cheerleading.....Jordan Sytsma
Speech Director.....Heather Schurr
Student Council.....Rebekah Hamlin
Band Director.....Byron Tinder
Vocal Director.....Kaaren Rogers

GLADBROOK-REINBECK

Street Address: 600 Blackhawk St
City: Reinbeck
Zip Code: 50669
Mailing Address: 600 Blackhawk St
City: Reinbeck
Zip Code: 50669
Supt. St Address: 600 Blackhawk St
Supt. City: Reinbeck
Supt. Zip: 50669
County: Grundy
Area Code: 319
School Phone: 345-2921
HS Fax: 345-6432
AD Fax: 345-6432
Web Site: <http://www.gladbrook-reinbeck.k12.ia.us>
School Colors: Royal Blue & Silver
Nickname: Rebels
Conference: NICL - West
Superintendent.....Erik Smith
Phone.....(319)345-2712
Email.....erik.smith@gr-rebels.net
Principal.....Andrew McQuillen
Phone.....(319)345-2921
Email.....andrew.mcquillen@gr-rebels.net
Athletic Administrator.....John Olson
Phone.....(319)345-2921 x237
Email.....john.olson@gr-rebels.net
Golf.....Julie Frischmeyer
Girls Golf.....Julie Frischmeyer
Basketball.....Scott Kiburis
Girls Basketball.....Roger Oberhauser
Baseball.....Tia Davis
Girls Softball.....Laurie Smith
Football.....John Olson
Girls Volleyball.....Paula Kelley
Track & Field.....Jay Beichley
Girls Track & Field.....Ryan Smiley
Soccer.....Jon Dinsdale
Girls Soccer.....Aaron Mara
Football Cheerleading.....Karyn Morgan

Basketball Cheerleading.....Karyn Morgan
Speech Director.....Greg Tessoroff
Student Council.....Kassi Nelson
Band Director.....Laura Sabotta
Vocal Director.....Cecilia Shutt

GLENWOOD

Street Address: 504 E Sharp St
City: Glenwood
Zip Code: 51534
Mailing Address: 504 E Sharp St
City: Glenwood
Zip Code: 51534
Supt. St Address: 103 Central St, Ste 300
Supt. City: Glenwood
Supt. Zip: 51534
County: Mills
Area Code: 712
School Phone: 527-4897
HS Fax: 527-9554
AD Fax: 527-9554
Web Site: <http://www.glenwood.k12.ia.us>
School Colors: Black & Vegas Gold
Nickname: Rams
Conference: Hawkeye Ten
Superintendent.....Devin Embray
Phone.....(712)527-9034
Email.....embrayd@glenwoodschools.org
Principal.....Rick Nickerson
Phone.....(712)527-4897 x6005
Email.....nickersonr@glenwoodschools.org
Asst/Assoc/Vice-Principal.....Cory Fast
Phone.....(712)527-4897 x6004
Email.....faustc@glenwoodschools.org
Athletic Administrator.....Jeff Bissen
Phone.....(712)527-4897 x6002
Email.....bissenj@glenwoodschools.org
Athletic Secretary.....Audrey Little
Phone.....(712)527-4897 x6000
Email.....littlea@glenwoodschools.org
Sports Medicine Provider.....Jake Stryker
Tennis.....Trent Turney
Girls Tennis.....Callie Ohm
Golf.....Bryan Diekmann
Girls Golf.....Maria Jacobus
Basketball.....Curt Schulte
Girls Basketball.....Brian Rasmussen
Baseball.....Kurt Schulz
Girls Softball.....Kylee Stanton
Wrestling.....Tucker Weber
Football.....Cory Faust
Girls Volleyball.....Chelsey Hirt
Track & Field.....Mark Starnier
Girls Track & Field.....TBA
Cross Country.....Todd Peverill
Girls Cross Country.....Dani Woodman
Soccer.....Cort Lovato
Girls Soccer.....Rebecca Bardsley
Football Cheerleading.....Dixie Thomas
Basketball Cheerleading.....Dixie Thomas
Wrestling Cheerleading.....Dixie Thomas
Speech Director.....Lori Burton
Student Council.....Alex Williams
Band Director.....Dave Clark
Vocal Director.....Kevin Kilpatrick

GLIDDEN-RALSTON

Street Address: 602 Idaho St
City: Glidden
Zip Code: 51443
Mailing Address: PO Box 488
City: Glidden

Zip Code: 51443
 Supt. St Address: PO Box 488
 Supt. City: Glidden
 Supt. Zip: 51143
 County: Carroll
 Area Code: 712
 School Phone: 659-2205
 HS Fax: 659-2248
 AD Fax: 659-2248
 Web Site: <http://www.glidden-ralston.k12.ia.us>
 School Colors: Royal Blue & Vegas Gold
 Nickname: Wildcats
 Conference: Rolling Valley
 Superintendent.....Kreg Lensch
 Phone.....(712)659-3411
 Email.....klensch@glidden-ralston.k12.ia.us
 Principal.....Dirk Troutman
 Phone.....(712)659-2205
 Email.....dtroutman@glidden-ralston.k12.ia.us
 Athletic Administrator.....Tyler Shipley
 Phone.....(712)659-2205
 Email.....tshipley@glidden-ralston.k12.ia.us
 Athletic Secretary.....Angela Oswald
 Phone.....(712)659-2205
 Email.....aoswald@glidden-ralston.k12.ia.us
 Golf.....Cole Corson
 Girls Golf.....Cole Corson
 Basketball.....Tyler Shipley
 Girls Basketball.....Cole Corson
 Baseball.....Cole Corson
 Girls Softball.....Kevin Schon
 Football.....Cole Corson
 Girls Volleyball.....Lonnie Miller
 Track & Field.....Dave Prescott
 Girls Track & Field.....Dave Prescott
 Football Cheerleading.....Jacki Sklenar
 Basketball Cheerleading.....Jacki Sklenar
 Student Council.....Nancy Baack
 Band Director.....Chris Fiscus
 Vocal Director.....Joan Sweeney

GMG, GARWIN

Street Address: 306 Park St
 City: Garwin
 Zip Code: 50632
 Mailing Address: 306 Park St
 City: Garwin
 Zip Code: 50632
 Supt. St Address: 306 Park St
 Supt. City: Garwin
 Supt. Zip: 50632
 County: Tama
 Area Code: 641
 School Phone: 499-2005
 HS Fax: 499-2552
 AD Fax: 499-2552
 Web Site: <http://www.garwin.k12.ia.us>
 School Colors: Black & Silver & Royal Blue
 Nickname: Wolverines
 Conference: Iowa Star
 Superintendent.....Ben Petty
 Phone.....(641)474-2254
 Email.....bpetty@bcluw.org
 Admin Asst.....Angie Claassen
 Phone.....(641)474-2254
 Email.....aclaassen@gmgschools.org
 Principal.....Nathan Kleinmeyer
 Phone.....(641)499-2005
 Email.....nkleinmeyer@gmgschools.org
 Athletic Administrator.....Michelle Bradley
 Phone.....(641)499-2005 x128
 Email.....mbradley@gmgschools.org

Athletic Secretary.....Pam Nichols
 Phone.....(641)474-2254
 Email.....pnichols@gmgschools.org
 Golf.....Kyle Jorgensen
 Girls Golf.....Kyle Jorgensen
 Basketball.....Michael Plett
 Girls Basketball.....Justin Hornberg
 Baseball.....Jon Dieken
 Girls Softball.....Katie Barnes
 Wrestling.....Todd Hinegardner
 Football.....Adam Anthony
 Girls Volleyball.....Brycelyn Haughey
 Track & Field.....Adam Anthony
 Girls Track & Field.....Joe Illingworth
 Cross Country.....TBD
 Girls Cross Country.....TBD
 Football Cheerleading.....Madysen Wall
 Basketball Cheerleading.....TBD
 Speech Director.....Jamie Gargas
 Student Council.....Kati Barnes
 Band Director.....Chas Beeler
 Vocal Director.....Sheryl Mullikin

GRAETTINGER-TERRIL

Street Address: 400 W Lost Island St
 City: Graettinger
 Zip Code: 51342
 Mailing Address: PO Box 58
 City: Graettinger
 Zip Code: 51342
 Supt. St Address: PO Box 58
 Supt. City: Graettinger
 Supt. Zip: 51342
 County: Palo Alto
 Area Code: 712
 School Phone: 859-3286
 HS Fax: 859-3509
 AD Fax: 859-3509
 Web Site: <http://www.gtschools.k12.ia.us>
 School Colors: Purple, Black, & Silver
 Nickname: Titans
 Conference: Twin Lakes
 Superintendent.....Marshall Lewis
 Phone.....(712)859-3286
 Email.....mlewis@gt.ratitans.org
 Principal.....Jeremy Simington
 Phone.....(712)859-3286
 Email.....jsimington@gt.ratitans.org
 Athletic Administrator.....Todd Hough
 Phone.....(712)859-3286
 Email.....though@gt.ratitans.org
 Co-AD/Assistant.....Rod Hough
 Email.....rrough@gt.ratitans.org
 Athletic Secretary.....Jane Brown
 Phone.....(712)859-3286
 Email.....jbrown@gt.ratitans.org
 Golf.....Brent Dyhrkopp
 Girls Golf.....Jim Demers
 Basketball.....Brent Dyhrkopp
 Girls Basketball.....Lucas Hough
 Baseball.....Corey Boe
 Girls Softball.....Kyle Norris
 Wrestling.....Alex Helmich
 Football.....Todd Hough
 Girls Volleyball.....Ashley Dreeszen
 Girls Track & Field.....Chris Myers
 Girls Cross Country.....Mike Nichols
 Football Cheerleading.....Angie Sorbo
 Basketball Cheerleading.....Open
 Wrestling Cheerleading.....Angie Sorbo
 Speech Director.....Eric Quinn
 Band Director.....Emily Doerder

Vocal Director.....Anne Sexe

GRAND VIEW CHRISTIAN SCHOOL

Street Address: 1701 E. 33rd Street
 City: Des Moines
 Zip Code: 50317
 Mailing Address: 1701 E. 33rd Street
 City: Des Moines
 Zip Code: 50317
 Supt. St Address: 1701 E. 33rd Street
 Supt. City: Des Moines
 Supt. Zip: 50317
 County: Polk
 Area Code: 515
 School Phone: 630-1250
 HS Fax: 777-3660
 Web Site: <http://www.grandviewchristianschool.org>
 School Colors: green/black/white
 Nickname: Thunder
 Conference: Independent
 Superintendent.....Chris Murphy
 Phone.....(515)630-1246
 Email.....cmurphy@gvcsmail.org
 Admin Asst.....Dee Dee Burt
 Phone.....(515)630-1250
 Email.....dburt@gvcsmail.org
 Executive Coordinator.....Mark Weatherly
 Phone.....(515)630-1250
 Email.....mweatherly@gvcsmail.org
 Principal.....Jonathan Nilius
 Phone.....(515)630-1250
 Email.....jnilius@gvcsmail.org
 Athletic Administrator.....Jeff Worsham
 Phone.....(515)630-1250
 Email.....jworsham@gvcsmail.org
 Sports Medicine Provider.....Michael Donahue, LAT, M. Ed ATC
 (The Athletic Training Room)

Tennis.....Mark Felderman
 Basketball.....Dave Stubbs
 Girls Basketball.....Michael Cowell
 Baseball.....Caleb Eloe
 Girls Softball.....Geoff Lane
 Football.....John Safford
 Girls Volleyball.....Arlie Brandmeyer
 Track & Field.....Dave McConnell
 Girls Track & Field.....Dave McConnell
 Cross Country.....Dave McConnell
 Girls Cross Country.....Dave McConnell
 Soccer.....Dakota Keul
 Girls Soccer.....Maddie Leever
 Football Cheerleading.....Emma Janssen
 Basketball Cheerleading.....Emma Janssen
 Student Council.....Rob Seyler
 Band Director.....Grace Peterson
 Vocal Director.....Jonathan Nilius

GREENE COUNTY

Street Address: 101 Ram Dr
 City: Jefferson
 Zip Code: 50129
 Mailing Address: 1901 North Grimmell
 City: Jefferson
 Zip Code: 50129
 Supt. St Address: 204 W Madison
 Supt. City: Jefferson
 Supt. Zip: 50129
 County: Greene
 Area Code: 515
 School Phone: 386-2188
 HS Fax: 386-2159
 AD Fax: 386-2159
 Web Site: <https://www.gccsd.k12.ia.us/>

School Colors: Red & Black
 Nickname: Rams
 Conference: Heart of Iowa
 Superintendent.....Tim Christensen
 Phone.....(515)386-4168
 Email.....christensent@greenecountycsd.net
 Principal.....Brian Phillips
 Phone.....(515)386-2188
 Email.....phillipsb@greenecountycsd.net
 Athletic Administrator.....Todd Gordon
 Phone.....(515)386-2188
 Email.....gordont@greenecountycsd.net
 Athletic Secretary.....Misty Bettey
 Phone.....(515)386-2188
 Email.....betteym@greenecountycsd.net
 Sports Medicine Provider.....Deb Morton
 (21st Century Rehab)
 Golf.....Heath Telleen
 Girls Golf.....Josh Carlson
 Basketball.....Chris Nelson
 Girls Basketball.....Todd Gordon
 Baseball.....Matt Paulsen
 Girls Softball.....Tom Kennedy
 Wrestling.....Zach Beekman
 Football.....Caden Duncan
 Girls Volleyball.....Chris Heisterkamp
 Track & Field.....Chad Morton
 Girls Track & Field.....Derek Merk
 Cross Country.....Jeff Lamoureux
 Girls Cross Country.....Jeff Lamoureux
 Soccer.....Carl Behne
 Football Cheerleading.....Shannon Black
 Basketball Cheerleading.....Shannon Black
 Wrestling Cheerleading.....Shannon Black
 Speech Director.....Kelley Gray
 Student Council.....Kelley Gray
 Band Director.....Wes Anderson
 Vocal Director.....Dave Heupel

GRINNELL

Street Address: 1333 Sunset St
 City: Grinnell
 Zip Code: 50112
 Mailing Address: 1333 Sunset St
 City: Grinnell
 Zip Code: 50112
 Supt. St Address: 1333 Sunset St
 Supt. City: Grinnell
 Supt. Zip: 50112
 County: Poweshiek
 Area Code: 641
 School Phone: 236-2720
 HS Fax: 236-2692
 AD Fax: 236-2692
 Web Site: <http://www.grinnell-ki2.org>
 School Colors: Black & Orange
 Nickname: Tigers
 Conference: Little Hawkeye
 Superintendent.....Dr. Janet Stutz
 Phone.....(641)236-2700
 Email.....janet.stutz@grinnell-ki2.org
 Principal.....Kevin Seney
 Phone.....(641)236-2724
 Email.....kevin.seney@grinnell-ki2.org
 Asst/Assoc/Vice-Principal.....Heidi Durbin
 Phone.....(641)236-2725
 Email.....heidi.durbin@grinnell-ki2.org
 Athletic Administrator.....Chris Coffman
 Phone.....(641)236-2720
 Email.....chris.coffman@grinnell-ki2.org

Athletic Secretary.....Lindsey Peck
 Phone.....(641)236-2723
 Email.....lindsey.peck@grinnell-ki2.org
 Sports Medicine Provider.....Kelly Rose, LAT (Total Rehab)
 Tennis.....Travis Smith
 Girls Tennis.....Tony Farmer
 Golf.....Tyler Comisky
 Basketball.....Sharp, Brandon
 Girls Basketball.....Trent Edsen
 Swimming.....Travis Smith
 Girls Swimming.....Sarah Smith
 Baseball.....Tony Stenberg
 Girls Softball.....Mike Doty
 Wrestling.....Chad Beck
 Football.....Brian Sauser
 Girls Volleyball.....Rachael Stensrud
 Track & Field.....Josh Wardenburg
 Girls Track & Field.....Casey McDermott
 Cross Country.....Trent Edsen
 Girls Cross Country.....Trent Edsen
 Soccer.....Parker Koester
 Girls Soccer.....Rockne Decoster
 Football Cheerleading.....Sarah Dahlby-Albright
 Basketball Cheerleading.....Sarah Dahlby-Albright
 Wrestling Cheerleading.....Sarah Dahlby-Albright
 Speech Director.....Kevin Honsbond
 Student Council.....Dwight Ladig
 Band Director.....Levi Dressler
 Vocal Director.....Roger Henderson

GRISWOLD

Street Address: 20 Madison St
 City: Griswold
 Zip Code: 51535
 Mailing Address: PO Box 280
 City: Griswold
 Zip Code: 51535
 Supt. St Address: PO Box 280
 Supt. City: Griswold
 Supt. Zip: 51535
 County: Cass
 Area Code: 712
 School Phone: 778-2154
 HS Fax: 778-2161
 AD Fax: 778-2161
 Web Site: <http://www.griswoldschools.org>
 School Colors: Blue & White
 Nickname: Tigers
 Conference: Corner
 Superintendent.....Dave Henrichs
 Phone.....(712)778-2152
 Email.....dhenrichs@griswoldschools.org
 Athletic Administrator.....Troy Nicklaus
 Phone.....(712)778-2154
 Email.....tnicklaus@griswoldschools.org
 Athletic Secretary.....Deb Arp
 Phone.....(712)778-2154
 Email.....darp@griswoldschools.org
 Golf.....Chad Rodgers, Jason Reynolds
 Girls Golf.....Chad Rodgers, Jason Reynolds
 Basketball.....Jake Speer
 Girls Basketball.....Chris Hamilton
 Baseball.....Carter Stephens
 Girls Softball.....Jody Rossell
 Wrestling.....Andy Everett
 Football.....Chase Wallace
 Girls Volleyball.....Jody Rossell
 Track & Field.....Andy Everett
 Girls Track & Field.....Larissa Potter
 Cross Country.....Chris Hamilton

Girls Cross Country.....Chris Hamilton
 Football Cheerleading.....Lexi Reiley
 Basketball Cheerleading.....TBA
 Wrestling Cheerleading.....Lexi Reiley
 Speech Director.....Amy Smith
 Student Council.....Pat Carlson
 Band Director.....Denise Mardesen
 Vocal Director.....Bonnie Goodson-Gibeau

GRUNDY CENTER

Street Address: 1006 M Ave
 City: Grundy Center
 Zip Code: 50638
 Mailing Address: 1006 M Ave
 City: Grundy Center
 Zip Code: 50638
 Supt. St Address: 1301 12th St
 Supt. City: Grundy Center
 Supt. Zip: 50638
 County: Grundy
 Area Code: 319
 School Phone: 825-5449
 HS Fax: 825-6415
 AD Fax: 825-6415
 Web Site: <http://www.spartanpride.net>
 School Colors: Maroon & White
 Nickname: Spartans
 Conference: North Iowa Cedar-West
 Superintendent.....Robert Hughes
 Phone.....(319)825-5418 x351
 Email.....rhughes@spartanpride.net
 Admin Asst.....Becki Smith
 Phone.....(319)825-5418 x350
 Email.....bsmith@spartanpride.net
 Principal.....Michael Vokes
 Phone.....(319)825-5449 x304
 Email.....mvokes@spartanpride.net
 Asst/Assoc/Vice-Principal.....Dan Breyfogle
 Phone.....(319)825-5449 x302
 Email.....dbreyfogle@spartanpride.net
 Athletic Administrator.....Dan Breyfogle
 Phone.....(319)825-5449
 Email.....dbreyfogle@spartanpride.net
 Athletic Secretary.....Sarah Nolder
 Phone.....(319)825-5449
 Email.....snolder@spartanpride.net
 Sports Medicine Provider.....Unity Point
 (Grundy County Hospital)
 Tennis.....Dale Boren
 Girls Tennis.....Joel Johnson
 Golf.....Dennis Dirks
 Girls Golf.....Heather Gutknecht
 Basketball.....Joe Nelson
 Girls Basketball.....Matt Lindeman
 Baseball.....Patrick Brown Jr.
 Girls Softball.....Dale Boren
 Wrestling.....Randy Omvig
 Football.....Travis Zajac
 Girls Volleyball.....Lori Willis
 Track & Field.....Chris Conger
 Girls Track & Field.....Todd Rohler
 Cross Country.....Kerri Lynch
 Girls Cross Country.....Kerri Lynch
 Bowling.....Dale Boren
 Girls Bowling.....Dale Boren
 Football Cheerleading.....Jama Johnson
 Basketball Cheerleading.....Jama Johnson
 Speech Director.....Renae Gingery
 Student Council.....Lindsey Aronson
 Band Director.....Andrew VanHooreweghe
 Vocal Director.....Mark Fakler

HAMPTON-DUMONT

Street Address: 101 12th Avenue NW
 City: Hampton
 Zip Code: 50441
 Mailing Address: 101 12th Avenue NW
 City: Hampton
 Zip Code: 50441
 Supt. St Address: 601 12th Avenue NE
 Supt. City: Hampton
 Supt. Zip: 50441
 County: Franklin
 Area Code: 641
 School Phone: 456-4893
 HS Fax: 456-4569
 AD Fax: 456-4569
 Web Site: <http://www.hdcscd.org>
 School Colors: Black & Red
 Nickname: Bulldogs
 Conference: North Central

Superintendent Todd Lettow
 Phone (641)456-2175
 Email tlettow@hdcscd.org
 Principal Steve Madson
 Phone (641)456-4893
 Email smadson@hdcscd.org
 Asst/Assoc/Vice-Principal Anthony Spradlin
 Phone (641)456-4735
 Email tspradlin@hdcscd.org
 Athletic Administrator Christina Weiser
 Phone (641)456-4893
 Email cweiser@hdcscd.org
 Athletic Secretary Brenda Espejo
 Phone (641)456-4893
 Email bespejo@hdcscd.org
 Sports Medicine Provider Keith Wrich, LAT
 (CenturyRehab21)

Tennis Jim Davies
 Girls Tennis Lydia Davis, Kylie Ruehlow
 Golf Jane Hoegh
 Girls Golf Dustin Moorehead
 Basketball Heath Walton
 Girls Basketball Miranda Valley
 Baseball Matt Lokenvitz
 Girls Softball Kelsey Enslin
 Wrestling Patrick Hansen
 Football Andy Bruemmer
 Girls Volleyball Sarah Miller
 Track & Field Dan Aalbers
 Girls Track & Field TBD
 Cross Country Traci Moorehead
 Girls Cross Country Traci Moorehead
 Soccer Danielle Arana
 Girls Soccer Danielle Arana
 Football Cheerleading Emileigh Eilderts
 Basketball Cheerleading Emileigh Eilderts
 Wrestling Cheerleading Emileigh Eilderts
 Speech Director Emileigh Eilderts
 Student Council Mike Holm
 Band Director Carl Kurth
 Vocal Director Katelyn Ewing

HARLAN COMMUNITY

Street Address: 2102 Durant St
 City: Harlan
 Zip Code: 51537
 Mailing Address: 2102 Durant St
 City: Harlan
 Zip Code: 51537
 Supt. St Address: 2102 Durant St
 Supt. City: Harlan
 Supt. Zip: 51537
 County: Shelby

Area Code: 712
 School Phone: 755-3101
 HS Fax: 755-7705
 AD Fax: 755-7705
 Web Site: <http://www.harlan.k12.ia.us>
 School Colors: Red & Black
 Nickname: Cyclones
 Conference: Hawkeye Ten
 Superintendent Lynn Johnson
 Phone (712)755-2152
 Email lynn.johnson@hcsdcyclones.com
 Principal Scott Frohlich
 Phone (712)755-3101
 Email sfrohlich@hcsdcyclones.com
 Asst/Assoc/Vice-Principal J. Davis Pattee
 Phone (712)755-3101
 Email davis.pattee@hcsdcyclones.com
 Athletic Administrator Davis Pattee
 Phone (712)755-3101
 Email davis.pattee@hcsdcyclones.com
 Athletic Secretary Joy Schaben
 Phone (712)755-3101
 Email jschaben@hcsdcyclones.com
 Tennis Chad Bruns
 Girls Tennis Katie Arentson
 Golf Chad Swanson
 Girls Golf Willie Baughman
 Basketball Mitch Osborn
 Girls Basketball Zach Klaassen
 Baseball Steve Daeges
 Girls Softball Toshia Kasperbauer
 Wrestling John Murtaugh
 Football Todd Bladt
 Girls Volleyball Willie Baughman
 Track & Field Sam Brummer
 Girls Track & Field Doug Renkly
 Cross Country Doug Renkly
 Girls Cross Country Doug Renkly
 Soccer Dave Voge
 Girls Soccer Jared Boysen
 Bowling Jami Andersen
 Girls Bowling Jami Andersen
 Football Cheerleading Shannon Ferry
 Basketball Cheerleading Shannon Ferry
 Wrestling Cheerleading Kathleen Noeth
 Speech Director Lisa Hagemeier
 Student Council Mindy Shaffer
 Band Director Bill Kearney
 Vocal Director Landon Stalzer

HARRIS-LAKE PARK

Street Address: 905 S Market St
 City: Lake Park
 Zip Code: 51347
 Mailing Address: PO Box 8
 City: Lake Park
 Zip Code: 51347
 Supt. St Address: PO Box 8
 Supt. City: Lake Park
 Supt. Zip: 51347
 County: Dickinson
 Area Code: 712
 School Phone: 832-3809
 HS Fax: 832-3812
 AD Fax: 832-3812
 Web Site: <http://www.harris-lp.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Wolves
 Conference: War Eagle
 Superintendent Andy Irwin
 Phone (712)832-3809
 Email airwin@hlpcsd.org

Principal Greg Hiemstra
 Phone (712)832-3809
 Email ghiemstra@hlpcsd.org
 Athletic Administrator Ashley Delaney
 Phone (712)832-3809
 Email adelaney@hlpcsd.org
 Athletic Secretary Shirley Taylor
 Phone (712)832-3809
 Email shirley@hlpcsd.org
 Sports Medicine Provider Chad Niemeier
 Golf Tyler Vaudt
 Girls Golf Amanda Perkins
 Basketball Jeff Sohn
 Girls Basketball Kirsten Noska
 Baseball Lane Gunderson
 Girls Softball Ashley Delaney
 Football Lane Gunderson
 Girls Volleyball Sarah deVries
 Track & Field Lane Gunderson
 Cross Country Andy Irwin
 Girls Cross Country Andy Irwin
 Soccer Scott Chambers
 Football Cheerleading Katie Goodell
 Basketball Cheerleading Katie Goodell
 Speech Director Emma McElroy
 Student Council Kathy Winters
 Band Director Bailey DeBolt
 Vocal Director Kathy Greve

HARTLEY-MELVIN-SANBORN

Street Address: 300 N 8th Ave W
 City: Hartley
 Zip Code: 51346
 Mailing Address: 300 N 8th Ave W
 City: Hartley
 Zip Code: 51346
 Supt. St Address: 300 N 8th Ave W
 Supt. City: Hartley
 Supt. Zip: 51346
 County: O'Brien
 Area Code: 712
 School Phone: 928-3406
 HS Fax: 928-2152
 AD Fax: 928-2152
 Web Site: <http://www.hartley-ms.k12.ia.us>
 School Colors: Maroon & Gold
 Nickname: Hawks
 Conference: War Eagle
 Superintendent Patrick Carlin
 Phone (712)928-3406
 Email pcarlin@hmshawks.org
 Principal Nate Hemiller
 Phone (712)928-3406
 Email nhemiller@hmshawks.org
 Athletic Administrator Mark Petersen
 Phone (712)928-3406 x110
 Email mlpetersen@hmshawks.org
 Sports Medicine Provider Zach Chicone
 Golf Mark Japenga
 Girls Golf Julee Burns
 Basketball Mark Petersen
 Girls Basketball Lester Tessum
 Baseball Jeremy Gloden
 Girls Softball TBD
 Wrestling TBA
 Football Tyler Horkey
 Girls Volleyball Cheryl Kroese
 Track & Field Kyle Borchers
 Girls Track & Field Nicole Dorhout
 Cross Country Nicole Dorhout
 Girls Cross Country Nicole Dorhout
 Football Cheerleading Tricia Vial

Basketball Cheerleading.....Tricia Vial
 Speech Director.....Linda Akwa
 Band Director.....Corgan Petersen
 Vocal Director.....Kristi Wingert

HEARTLAND CHRISTIAN

Street Address: 400 Wright Rd
 City: Council Bluffs
 Zip Code: 51501
 Mailing Address: 400 Wright Rd
 City: Council Bluffs
 Zip Code: 51501
 Supt. St Address: 400 Wright Rd
 Supt. City: Council Bluffs
 Supt. Zip: 51501
 County: Pottawattamie
 Area Code: 712
 School Phone: 322-5817
 HS Fax: 322-4287
 AD Fax: 322-4287
 Web Site: <http://www.heartlandchristiancbia.org>
 School Colors: Maize & Blue
 Nickname: Eagles
 Conference: Frontier

Superintendent.....Larry Gray
 Phone.....(712)322-5817
 Email.....lgray@heartlandchristiancbia.org
 Admin Asst.....Shelly Phillipi
 Phone.....(712)322-5817
 Email.....sphilippi@heartlandchristiancbia.org
 Executive Coordinator.....Larry Gray
 Phone.....(712)308-6669
 Email.....lgray@heartlandchristiancbia.org
 Principal.....Justin Steinmetz
 Phone.....(712)322-5817
 Email.....jsteinmetz@heartlandchristiancbia.org
 Athletic Administrator.....Larry Gray
 Phone.....(712)322-5817
 Email.....lgray@heartlandchristiancbia.org
 Athletic Secretary.....Erin Gray
 Phone.....(712)326-0118
 Email.....egray@heartlandchristiancbia.org
 Sports Medicine Provider.....Dave Byrn, LAT, PT (Jennie Ed)
 Golf.....Larry Gray
 Basketball.....Larry Gray
 Girls Basketball.....John Stile
 Football.....Shawn Struck
 Girls Volleyball.....Heather Heffernan
 Track & Field.....Justin Steinmetz
 Girls Track & Field.....Justin Steinmetz
 Cross Country.....Sarah Steinmetz
 Girls Cross Country.....Sarah Steinmetz
 Student Council.....Erin Gray
 Vocal Director.....Erin Gray

HIGHLAND, RIVERSIDE

Street Address: 1715 Vine Ave
 City: Riverside
 Zip Code: 52327
 Mailing Address: 1715 Vine Ave
 City: Riverside
 Zip Code: 52327
 Supt. St Address: 1715 Vine Ave
 Supt. City: Riverside
 Supt. Zip: 52327
 County: Washington
 Area Code: 319
 School Phone: 648-3822
 HS Fax: 648-3310
 AD Fax: 648-3310
 Web Site: <http://www.highlandhuskies.org>
 School Colors: Red & White

Nickname: Huskies
 Conference: Southeast Iowa Super Conference
 Superintendent.....Ken Crawford
 Phone.....(319)648-3822 x203
 Email.....kcrawford@highlandhuskies.org
 Admin Asst.....Traci Vonnahme
 Phone.....(319)648-3822
 Email.....tvonnahme@highlandhuskies.org
 Principal.....Angela Hazelett
 Phone.....(319)648-3822
 Email.....ahazelett@highlandhuskies.org
 Asst/Assoc/Vice-Principal.....Bill Zywiec
 Phone.....(319)648-3822
 Email.....bzywiec@highlandhuskies.org
 Athletic Administrator.....Jody Fink
 Phone.....(319)648-3822 x113
 Email.....jfink@highlandhuskies.org
 Golf.....Jacob Shultz
 Girls Golf.....Jacob Shultz
 Basketball.....Bill Zywiec
 Girls Basketball.....Jody Fink
 Baseball.....Seth Milledge
 Girls Softball.....Carrie Wieland
 Wrestling.....Derick Ball
 Football.....Joe Donovan, Scott Morel
 Girls Volleyball.....Gina Trower
 Track & Field.....Angie Strobel
 Girls Track & Field.....Angie Strobel
 Cross Country.....Angela Strobel
 Girls Cross Country.....Angela Strobel
 Soccer.....Tony Castillo
 Wrestling Cheerleading.....TBA
 Speech Director.....Jayme Kallaus
 Student Council.....Traci Vonnahme
 Vocal Director.....Jenifer McClenahan

HILLCREST ACADEMY

Street Address: 1421 540th St SW
 City: Kalona
 Zip Code: 52247
 Mailing Address: 1421 540th St SW
 City: Kalona
 Zip Code: 52247
 Supt. St Address: 1421 540th St SW
 Supt. City: Kalona
 Supt. Zip: 52247
 County: Johnson
 Area Code: 319
 School Phone: 656-2073
 HS Fax: 656-2073
 AD Fax: 656-2073
 Web Site: <http://www.hillcreststravens.org>
 School Colors: Cardinal, White & Black
 Nickname: Ravens
 Conference: SEI Superconference-North

Superintendent.....Dwight Gingerich
 Phone.....(319)656-2073 x12
 Email.....dgingerich@hillcreststravens.org
 Principal.....Dwight Gingerich
 Phone.....(319)656-2073 x12
 Email.....dgingerich@hillcreststravens.org
 Athletic Administrator.....Chris Nachtigall
 Phone.....(319)656-2073
 Email.....cnachtigall@hillcreststravens.org
 Co-AD/Assistant.....Mitchell Drey
 Phone.....(319)656-2073
 Email.....mdrey@hillcreststravens.org
 Athletic Secretary.....Laurie Miller
 Phone.....(319)656-2073
 Email.....lmiller@hillcreststravens.org
 Sports Medicine Provider.....Matt Flotterud
 (JET Physical Therapy)

Golf.....TBA
 Girls Golf.....TBA
 Basketball.....Dwight Gingerich
 Girls Basketball.....Mitchell Drey
 Baseball.....Danny Hershberger
 Girls Softball.....Kent Blossom
 Girls Volleyball.....Taylor Kurtz
 Track & Field.....Marty Gingerich
 Girls Track & Field.....Marty Gingerich
 Cross Country.....Marty Gingerich
 Girls Cross Country.....Marty Gingerich
 Soccer.....Marcus Miller
 Student Council.....Mark Miller
 Band Director.....Mike Wagner
 Vocal Director.....Mike Wagner

HINTON

Street Address: 315 W Grand St
 City: Hinton
 Zip Code: 51024
 Mailing Address: 315 W Grand St.
 City: Hinton
 Zip Code: 51024
 Supt. St Address: 315 W Grand St.
 Supt. City: Hinton
 Supt. Zip: 51024
 County: Plymouth
 Area Code: 712
 School Phone: 947-4328
 HS Fax: 947-4947
 AD Fax: 947-4947
 Web Site: <http://www.hintonschool.com>
 School Colors: Black and Gold
 Nickname: Blackhawks
 Conference: War Eagle

Superintendent.....Todd Meyer
 Phone.....(712)947-4329
 Email.....todd.meyer@hintonschool.com
 Principal.....Phil Goetstouwers
 Phone.....(712)947-4328
 Email.....phil.goetstouwers@hintonschool.com
 Athletic Administrator.....Brian DeJong
 Phone.....(712)947-4428
 Email.....brian.dejong@hintonschool.com
 Athletic Secretary.....Janet Held
 Phone.....(712)947-4428
 Email.....janet.held@hintonschool.com
 Sports Medicine Provider.....CNOS
 Golf.....Cale Kramer
 Girls Golf.....Joel Small
 Basketball.....John Spies
 Girls Basketball.....Matt Leary
 Baseball.....Cale Kramer
 Girls Softball.....Jennifer Jacobs-List
 Wrestling.....Casey Crawford
 Football.....Kadrian Hardersen
 Girls Volleyball.....Malina Ard
 Track & Field.....Steve Diediker
 Girls Track & Field.....Robin Mohr
 Cross Country.....Craig Hoffman
 Girls Cross Country.....Craig Hoffman
 Football Cheerleading.....Andrea Held
 Basketball Cheerleading.....Andrea Held
 Speech Director.....Angela Iverson
 Student Council.....Katherine Hunter
 Band Director.....Jarrod Jaynes
 Vocal Director.....Dustin Rusche

HLV, VICTOR

Street Address: 402 5th St
 City: Victor
 Zip Code: 52347

Mailing Address: 402 5th St
City: Victor
Zip Code: 52347
Supt. St Address: 402 5th St.
Supt. City: Victor
Supt. Zip: 52347
County: Iowa
Area Code: 319
School Phone: 647-2161
HS Fax: 647-7161
AD Fax: 647-7161
Web Site: <http://www.hlv.k12.ia.us>
School Colors: Red & Black
Nickname: Warriors
Conference: South Iowa Cedar

Superintendent.....Brad Hohensee
Phone.....(319)647-2161 x113
Email.....bhohensee@hlv.k12.ia.us

Principal.....Cory Lahndorf
Phone.....(319)647-2161 x107
Email.....clahndorf@hlv.k12.ia.us

Athletic Administrator.....Beau Jack
Phone.....(319)647-2161 x106
Email.....bjack@hlv.k12.ia.us

Athletic Secretary.....Carol Healey
Phone.....(319)647-2161 x100
Email.....chealey@hlv.k12.ia.us

Golf.....Cory Lahndorf
Girls Golf.....Cory Lahndorf
Basketball.....Dennis Phelps
Girls Basketball.....Kyle Shaull
Baseball.....Wes Warwick
Girls Softball.....Beau Jack
Wrestling.....Beau Jack
Football.....Kevin Smith
Girls Volleyball.....Holly Kupka
Track & Field.....Kevin Smith
Girls Track & Field.....Dennis Phelps
Cross Country.....Matt Vavroch
Girls Cross Country.....Matt Vavroch
Football Cheerleading.....Britni Jack
Wrestling Cheerleading.....Britni Jack
Speech Director.....Matt Vavroch
Student Council.....Heather Scoville
Band Director.....Tyson Lund
Vocal Director.....Tyson Lund

HOLY TRINITY CATHOLIC, FORT MADISON

Street Address: 2600 Ave A
City: Fort Madison
Zip Code: 52627
Mailing Address: 2600 Ave A
City: Fort Madison
Zip Code: 52627
Supt. St Address: 780 W Central Park Ave
Supt. City: Davenport
Supt. Zip: 52804-1998
County: Lee
Area Code: 319
School Phone: 372-2486
HS Fax: 372-6310
AD Fax: 372-6310
Web Site: <http://www.holytrinityschools.org>
School Colors: Royal Blue & Silver
Nickname: Crusaders
Conference: SEI Superconference-South

Superintendent.....Lee Morrison
Phone.....(563)888-4231
Email.....morrison@davenportdiocese.org

Asst/Assoc Supt.....Michael Sheerin
Phone.....(319)837-6131
Email.....michael.sheerin@holyltrinityschools.org

Principal.....Craig Huebner
Phone.....(319)372-2486 x1
Email.....craig.huebner@holyltrinityschools.org

Athletic Administrator.....John Goetz
Phone.....(319)372-2486 x5
Email.....john.goetz@holyltrinityschools.org

Co-AD/Assistant.....Mike Moylan
Phone.....(319)837-6131
Email.....mike.moylan@holyltrinityschools.org

Athletic Secretary.....Deb Foecke
Phone.....(319)372-2486 x1
Email.....deb.foecke@holyltrinityschools.org

Sports Medicine Provider.....Sarah Ragar

Golf.....John Goetz
Girls Golf.....Melissa Freesmeier
Basketball.....John Hellige
Girls Basketball.....Tony Johnson
Girls Softball.....Loren Menke
Girls Volleyball.....Melissa Freesmeier
Cross Country.....Dawn Schulte
Soccer.....Ryan Culbertson
Girls Soccer.....Michael Sheerin
Basketball Cheerleading.....TBA
Speech Director.....TBA
Student Council.....Sara Mueller
Band Director.....Emily Otte
Vocal Director.....Stewart Beyer

HUDSON

Street Address: 245 S Washington St
City: Hudson
Zip Code: 50643
Mailing Address: PO Box 240
City: Hudson
Zip Code: 50643
Supt. St Address: 136 S Washington
Supt. City: Hudson
Supt. Zip: 50643
County: Black Hawk
Area Code: 319
School Phone: 988-4226
HS Fax: 988-4174
AD Fax: 988-4174
Web Site: <http://hudsonpiratepride.com>
School Colors: Navy Blue & White
Nickname: Pirates
Conference: North Iowa Cedar-East

Superintendent.....Anthony Voss
Phone.....(319)988-3233 x6
Email.....anthonyvoss@hudschoools.org

Admin Asst.....Sheila Petry
Phone.....(319)988-3233 x6
Email.....sheilapetry@hudschoools.org

Principal.....Jeff Dieken
Phone.....(319)988-4226
Email.....jeffdieken@hudschoools.org

Athletic Administrator.....Kevin Wurzer
Phone.....(319)988-4226
Email.....kevinwurzer@hudschoools.org

Athletic Secretary.....Dee Sallee
Phone.....(319)988-4226
Email.....deesallee@hudschoools.org

Sports Medicine Provider.....Mackenzie Digman

Golf.....Jeff Curly
Girls Golf.....Jeff Curly
Basketball.....Derek Girling
Girls Basketball.....Jeff Curley
Baseball.....Joe Bahnsen
Girls Softball.....Jeff Curley
Wrestling.....Wayne Haskovec
Football.....Justin Brekke
Girls Volleyball.....Steve Baird

Track & Field.....Blair Puls
Girls Track & Field.....Braden Rogers
Cross Country.....Holly Petersen
Girls Cross Country.....Sherri Selenke
Soccer.....Sue Rink
Girls Soccer.....Ashley Smiley
Football Cheerleading.....Olivia Jorgensen
Basketball Cheerleading.....Olivia Jorgensen
Wrestling Cheerleading.....Olivia Jorgensen
Speech Director.....Casey Tecklenburg
Band Director.....Nicole Davis
Vocal Director.....Casey Tecklenburg

HUMBOLDT

Street Address: 1500 Wildcat Rd
City: Humboldt
Zip Code: 50548
Mailing Address: 1500 Wildcat Rd
City: Humboldt
Zip Code: 50548
Supt. St Address: PO Box 130
Supt. City: Dakota City
Supt. Zip: 50529
County: Humboldt
Area Code: 515
School Phone: 332-1430
HS Fax: 332-7150
AD Fax: 332-7150
Web Site: <http://www.humboldt.k12.ia.us>
School Colors: Royal Blue & Gold
Nickname: Wildcats
Conference: North Central

Superintendent.....Jim Murray
Phone.....(515)332-1330 x6102
Email.....jmurray@humboldt.k12.ia.us

Principal.....Dr. Paul Numedahl
Phone.....(515) 332-1430 x6201
Email.....pnumedahl@humboldt.k12.ia.us

Asst/Assoc/Vice-Principal.....Abby Horbach
Phone.....(515)332-1430 x6203
Email.....ahorbach@humboldt.k12.ia.us

Athletic Administrator.....Greg Thomas
Phone.....(515)332-1430
Email.....gthomas@humboldt.k12.ia.us

Athletic Secretary.....Julie Nielsen
Phone.....(515)332-1430 x6205
Email.....jnielsen@humboldt.k12.ia.us

Sports Medicine Provider.....TBA, ATC
(Humboldt Memorial County Hospital)

Golf.....Scott Birdsell
Girls Golf.....Jess Harklau
Basketball.....Jason Thurm
Girls Basketball.....Rodd Mooney
Baseball.....Jason Thurm
Girls Softball.....Doug VanPelt
Wrestling.....Chad Beaman
Football.....Derrick Elman
Girls Volleyball.....Justin McDaniel
Track & Field.....Greg Wickett
Girls Track & Field.....Spencer Ross
Cross Country.....Dean Clasen
Girls Cross Country.....Dean Clasen
Soccer.....Joe Hadar
Girls Soccer.....Rodd Mooney
Football Cheerleading.....Pam Stalpes
Basketball Cheerleading.....Pam Stalpes
Wrestling Cheerleading.....Shondel Beaman
Speech Director.....TBA
Student Council.....Heather Nielsen
Band Director.....Drew Barker
Vocal Director.....Bryce Shutt

IKM-MANNING

Street Address: 209 10th St
 City: Manning
 Zip Code: 51455
 Mailing Address: 209 10th St
 City: Manning
 Zip Code: 51455
 Supt. St Address: 209 10th St
 Supt. City: Manning
 Supt. Zip: 51455
 County: Carroll
 Area Code: 712
 School Phone: 655-3781
 HS Fax: 655-3311
 AD Fax: 655-3311
 Web Site: <http://www.ikm-manning.k12.ia.us>
 School Colors: Dark Green/Black
 Nickname: Wolves
 Conference: Western Iowa Conference

Superintendent.....Trevor Miller
 Phone.....(712)655-3781
 Email.....tmiller@ikm-manning.k12.ia.us
 Principal.....Brian Wall
 Phone.....(712)655-3781
 Email.....bwall@ikm-manning.k12.ia.us
 Athletic Administrator.....Cory McCarville
 Phone.....(712)655-3781
 Email.....cmccarville@ikm-manning.k12.ia.us
 Athletic Secretary.....Jenny Bunker
 Phone.....(712)655-3781
 Email.....jbunker@ikm-manning.k12.ia.us
 Golf.....Keith Wagner
 Girls Golf.....Kevin Lahndorf
 Basketball.....Keith Wagner
 Girls Basketball.....Gene Rasmussen
 Baseball.....Cory McCarville
 Girls Softball.....Joy Gross
 Football.....Tom Casey
 Girls Volleyball.....MacKaylie Croghan
 Track & Field.....Kyle Vanderhorst
 Girls Track & Field.....Robert Cast
 Cross Country.....Robert Cast
 Girls Cross Country.....Robert Cast
 Football Cheerleading.....Angie Miller
 Speech Director.....Allison McCarville
 Student Council.....Beth Hagedorn
 Band Director.....Ryan Runyun
 Vocal Director.....Elizabeth Book

INDEPENDENCE

Street Address: 700 20th Ave SW
 City: Independence
 Zip Code: 50644
 Mailing Address: 700 20th Ave SW
 City: Independence
 Zip Code: 50644
 Supt. St Address: 1207 1st St W
 Supt. City: Independence
 Supt. Zip: 50644
 County: Buchanan
 Area Code: 319
 School Phone: 334-7405
 HS Fax: 334-1296
 AD Fax: 332-1296
 Web Site: <http://www.independence.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Mustangs
 Conference: WaMaC
 Superintendent.....Russ Reiter
 Phone.....(319)334-7400
 Email.....rreiter@independence.k12.ia.us

Principal.....John Howard
 Phone.....(319)334-7405
 Email.....jhoward@independence.k12.ia.us
 Asst/Assoc/Vice-Principal.....Dewey Hupke
 Phone.....(319)334-7405
 Email.....dhupke@independence.k12.ia.us
 Athletic Administrator.....Justin Putz
 Phone.....(319)334-7405
 Email.....jputz@independence.k12.ia.us
 Co-AD/Assistant.....Jack Goedken
 Phone.....(319)334-7405
 Email.....jgoedken@independence.k12.ia.us
 Athletic Secretary.....Carrie Cusher
 Phone.....(319)334-7405
 Email.....ccusher@independence.k12.ia.us
 Sports Medicine Provider.....Buchanan County Health Center
 Tennis.....Joe Schmitz
 Girls Tennis.....Dave Morkel
 Golf.....Ryan Ruffcorn
 Girls Golf.....Joel Dinger
 Basketball.....Chad Beatty
 Baseball.....Matt Miller
 Girls Softball.....Jordon Pilcher
 Wrestling.....Michael Doyle
 Football.....Justin Putz
 Girls Volleyball.....Joe Schmitz
 Track & Field.....Megan Rawlins
 Girls Track & Field.....Holi Osvald
 Cross Country.....Bri Miller
 Girls Cross Country.....Holli Osvald
 Soccer.....Nate Whited
 Girls Soccer.....Shawn Conaway
 Bowling.....Todd Lamphier
 Girls Bowling.....Todd Lamphier
 Football Cheerleading.....Mikka Foley
 Speech Director.....Gina Homan
 Student Council.....Andrea Anderson, Lisa Preuss
 Band Director.....David Lang
 Vocal Director.....Roger Barloon
 Orchestra Director.....David Lang

INDIANOLA

Street Address: 1304 E 1st Ave
 City: Indianola
 Zip Code: 50125
 Mailing Address: 1304 E 1st Ave
 City: Indianola
 Zip Code: 50125
 Supt. St Address: 1304 E 2nd Ave
 Supt. City: Indianola
 Supt. Zip: 50125
 County: Warren
 Area Code: 515
 School Phone: 961-9510
 HS Fax: 961-9525
 AD Fax: 961-9525
 Web Site: <http://www.indianola.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Indians
 Conference: Little Hawkeye
 Superintendent.....Art Sathoff
 Phone.....(515)961-9500
 Email.....art.sathoff@indianola.k12.ia.us
 Principal.....Jeff Siebersma
 Phone.....(515)961-9510
 Email.....jeff.siebersma@indianola.k12.ia.us
 Asst/Assoc/Vice-Principal.....Kelli Rixner
 Phone.....(515)961-9510
 Email.....kelli.rixner@indianola.k12.ia.us
 Asst/Assoc/Vice-Principal.....Josh Lullmann
 Phone.....(515)961-9510 x2170
 Email.....josh.lullmann@indianola.k12.ia.us

Athletic Administrator.....Lee Nelson
 Phone.....(515)961-9510 x2281
 Email.....lee.nelson@indianola.k12.ia.us
 Co-AD/Assistant.....Jon Fitzpatrick
 Phone.....(515)961-9510 x2283
 Email.....jonathan.fitzpatrick@indianola.k12.ia.us
 Athletic Secretary.....Tawnya Hawkins
 Phone.....(515)961-9510 x2179
 Email.....tawnya.hawkins@indianola.k12.ia.us
 Sports Medicine Provider.....Josh Lawrence, LAT
 (Athletico Physical Therapy)
 Tennis.....Jamie Busby
 Girls Tennis.....Dave Summy
 Golf.....Myles Finn
 Girls Golf.....Rita Doane
 Basketball.....Brett Watson
 Girls Basketball.....Jeff Janssen
 Swimming.....Bobby Shepherd
 Girls Swimming.....Aaron Strain
 Baseball.....Casey Aldridge
 Girls Softball.....Stacy Evans
 Wrestling.....Clint Manny
 Football.....Eric Kluver
 Girls Volleyball.....Kent Halstead
 Track & Field.....Matt Oliver
 Girls Track & Field.....Kim Arndt
 Cross Country.....Kevin Barnes
 Girls Cross Country.....Kim Arndt
 Soccer.....Hunter Viedenkamp
 Girls Soccer.....Mackenzie Stump
 Football Cheerleading.....Paula Straight
 Basketball Cheerleading.....Paula Straight
 Wrestling Cheerleading.....Paula Straight
 Speech Director.....DC Felton
 Student Council.....Kyle Berg
 Band Director.....Mike Richardson, Michael Swanson
 Vocal Director.....Val Hagener, Myles Finn
 Orchestra Director.....Heidi Terrell

INTERSTATE 35, TRURO

Street Address: 405 E North St
 City: Truro
 Zip Code: 50257
 Mailing Address: PO Box 79
 City: Truro
 Zip Code: 50257
 Supt. St Address: PO Box 79
 Supt. City: Truro
 Supt. Zip: 50257
 County: Madison
 Area Code: 641
 School Phone: 765-4818
 HS Fax: 765-4820
 AD Fax: 765-4820
 Web Site: <http://www.i-35.k12.ia.us>
 School Colors: Red, White, Blue
 Nickname: Roadrunners
 Conference: West Central Activities
 Superintendent.....Sharon Dentlinger
 Phone.....(641)765-4291
 Email.....sdentlinger@i-35.k12.ia.us
 Principal.....Steve Kaster
 Phone.....(641)765-4818
 Email.....skaster@i-35.k12.ia.us
 Athletic Administrator.....Keegan Smith
 Phone.....(641)765-5208
 Email.....keegansmith@i-35.k12.ia.us
 Athletic Secretary.....Tina Burkhead
 Phone.....(641)765-5209
 Email.....tburkhead@i-35.k12.ia.us
 Golf.....Dan Krull
 Girls Golf.....Dan Krull

Basketball.....Nate Rankin
 Girls Basketball.....Jeff Douglas
 Baseball.....Jeff Douglas
 Girls Softball.....Tim Bogs
 Wrestling.....Cody Swim
 Football.....Mike Stuart
 Girls Volleyball.....Breana Lowry
 Track & Field.....Tim McKinney
 Cross Country.....Alex Nissan-Pickard
 Girls Cross Country.....Alex Nissan-Pickard
 Football Cheerleading.....Nicole Reed
 Student Council.....Jason Smith
 Band Director.....Stacey Kreps
 Vocal Director.....David Webster

IOWA CITY, CITY HIGH

Street Address: 1900 Morningside Dr
 City: Iowa City
 Zip Code: 52245
 Mailing Address: 1900 Morningside Dr
 City: Iowa City
 Zip Code: 52245
 Supt. St Address: 1725 N Dodge St
 Supt. City: Iowa City
 Supt. Zip: 52245-9589
 County: Johnson
 Area Code: 319
 School Phone: 688-1040
 HS Fax: 688-1049
 AD Fax: 688-1314
 Web Site: <https://www.iowacityschools.org/Domain/396>
 School Colors: Red & White
 Nickname: Little Hawks
 Conference: Mississippi Valley - Mississippi Div

Superintendent.....Matt Degner
 Phone.....(319)688-1000
 Email.....degner.matt@iowacityschools.org
 Asst/Assoc Supt.....Chace Ramey
 Phone.....(319)688-1000
 Email.....ramey.chace@iowacityschools.org
 Exec Coordinator.....Scott Kibby
 Phone.....(319)688-1000
 Email.....kibby.scott@iowacityschools.org
 Principal.....John Bacon
 Phone.....(319)688-1040
 Email.....bacon.john@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Scott Jespersen
 Phone.....(319)688-1040
 Email.....jespersen.scott@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Natalee Swan
 Phone.....(319)688-1040
 Email.....swan.natalee@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Gerry Coleman
 Phone.....(319)688-1040
 Email.....coleman.gerry@iowacityschools.org
 Athletic Administrator.....Phillip Hansen
 Phone.....(319)688-1045
 Email.....hansen.phillip@iowacityschools.org
 Athletic Secretary.....Ellen Lee-Andino
 Phone.....(319)688-1045
 Email.....lee-andino.ellen@iowacityschools.org
 Sports Medicine Provider.....Jennifer McHenry
 Tennis.....Chip Hardesty
 Girls Tennis.....Fred Pedersen
 Golf.....David Brighton
 Girls Golf.....Michael Bevelacqua
 Basketball.....Brennan Swayzer
 Girls Basketball.....Bill McTaggart
 Swimming.....Zane Hugo
 Girls Swimming.....Zane Hugo
 Baseball.....Brian Mitchell
 Girls Softball.....Jeff Koenig

Wrestling.....Cory Connell
 Football.....Dan Sabers
 Girls Volleyball.....Tricia Carty
 Track & Field.....Mike Moore
 Girls Track & Field.....Jeremy Mims
 Cross Country.....Jayme Skay
 Girls Cross Country.....Ryan Ahlers, Lynn Ahlers
 Soccer.....Jose Michel Fajardo
 Girls Soccer.....Corbin Scholz
 Bowling.....Mike Degner
 Girls Bowling.....Mike Degner
 Football Cheerleading.....Kelsey Harrison
 Basketball Cheerleading.....Kelsey Harrison
 Wrestling Cheerleading.....Kelsey Harrison
 Speech Director.....Troy Peters
 Student Council.....Nathan Hellwig
 Band Director.....Aaron Ottmar
 Vocal Director.....Greg Grove
 Orchestra Director.....Megan Stucky

IOWA CITY, LIBERTY

Street Address: 1400 S. Dubuque Street
 City: North Liberty
 Zip Code: 52317
 Mailing Address: 1400 S. Dubuque Street
 City: North Liberty
 Zip Code: 52317
 Supt. St Address: 1725 North Dodge St
 Supt. City: Iowa City
 Supt. Zip: 52245
 County: Johnson
 Area Code: 319
 School Phone: 688-1350
 HS Fax: 688-1351
 AD Fax: 688-1353
 Web Site: <https://www.iowacityschools.org/Page/2145>
 School Colors: Black with Silver and Purple
 Nickname: Lightning

Superintendent.....Matt Degner
 Phone.....(319)688-1000
 Email.....degner.matt@iowacityschools.org
 Asst/Assoc Supt.....Amy Kortemeyer
 Phone.....(319)688-1000
 Email.....kortemeyer.amy@iowacityschools.org
 Admin Asst.....Lisa Mattingly
 Phone.....(319)688-1000
 Email.....mattingly.lisa@iowacityschools.org
 Executive Coordinator.....Scott Kibby
 Phone.....(319)688-1000
 Email.....kibby.scott@iowacityschools.org
 Principal.....Justin Colbert
 Phone.....(319)688-1350
 Email.....colbert.justin@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Emily O'Donnell,
 Kimberly Fitten
 Phone.....(319)688-1350
 Email.....odonnell.emily@iowacityschools.org
 Email.....fitten.kimberly@iowacityschools.org
 Athletic Administrator.....Mike Morrison
 Phone.....(319)688-1352
 Email.....morrison.michael@iowacityschools.org
 Athletic Secretary.....Tristan Sievers
 Phone.....(319)688-1352
 Email.....sievers.tristan@iowacityschools.org
 Sports Medicine Provider.....Anna Manternach
 Girls Tennis.....James Postman
 Golf.....Sean McCarty
 Girls Golf.....Brian Wernimont
 Basketball.....Ryan Kelly
 Girls Basketball.....Jaime Brandt
 Baseball.....Tom Cronk
 Girls Softball.....Jeff Kelley

Wrestling.....Joe Williams
 Football.....Jeff Gordon
 Girls Volleyball.....Randy Dolson
 Track & Field.....Nick Borchert
 Girls Track & Field.....Keaton Rickels
 Cross Country.....Josh Hildebrand
 Girls Cross Country.....Tonya McDonough
 Soccer.....Sonny Travis
 Girls Soccer.....Frank Fiordellisi
 Football Cheerleading.....Charita Martin, Jessica Andersen
 Basketball Cheerleading.....Charita Martin, Jessica Andersen
 Wrestling Cheerleading.....Charita Martin, Jessica Andersen
 Speech Director.....Darien Robbins
 Student Council.....Melissa Nies
 Band Director.....Ryan Arp
 Vocal Director.....Caitlin Brannamann, Rob Williams
 Orchestra Director.....Andria Savage

IOWA CITY, WEST

Street Address: 2901 Melrose Ave
 City: Iowa City
 Zip Code: 52246
 Mailing Address: 2901 Melrose Ave
 City: Iowa City
 Zip Code: 52246
 Supt. St Address: 1725 N Dodge St
 Supt. City: Iowa City
 Supt. Zip: 52245-9589
 County: Johnson
 Area Code: 319
 School Phone: 688-1055
 HS Fax: 688-1315
 AD Fax: 688-1315
 Web Site: <https://www.iowacityschools.org/Domain/327>
 School Colors: Forest Green & Vegas Gold
 Nickname: Trojans
 Conference: Mississippi Valley-Valley Division

Superintendent.....Matt Degner
 Phone.....(319)688-1000
 Email.....degner.matt@iowacityschools.org
 Asst/Assoc Supt.....Chace Ramey
 Phone.....(319)688-1000
 Email.....ramey.chace@iowacityschools.org
 Admin Asst.....Kim Colvin
 Phone.....(319)688-1000
 Email.....colvin.kim@iowacityschools.org
 Exec Coordinator.....Scott Kibby
 Phone.....(319)688-1000
 Email.....kibby.scott@iowacityschools.org
 Principal.....Dr. Gregg Shoultz
 Phone.....(319)688-1050
 Email.....shoultz.gregg@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Allison Brewer
 Phone.....(319)688-1050
 Email.....brewer.allison@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Luke DeVries
 Phone.....(319)688-1050 x5141
 Email.....devries.luke@iowacityschools.org
 Athletic Administrator.....Craig Huegel
 Phone.....(319)688-1055 x5159
 Email.....huegel.craig@iowacityschools.org
 Athletic Secretary.....Brianna Dusterhoft
 Phone.....(319)688-1055
 Email.....dusterhoft.brianna@iowacityschools.org
 Sports Medicine Provider.....Sheila Stiles
 Tennis.....Mitch Gross
 Girls Tennis.....Amie Villarini
 Golf.....Don Bristow
 Girls Golf.....Mary Goodfellow
 Basketball.....Steve Bergman
 Girls Basketball.....B.J. Mayer
 Swimming.....Byron Butler

Girls Swimming.....Byron Butler
 Baseball.....Charlie Stumpf
 Girls Softball.....Barb Lynn
 Wrestling.....Nate Moore
 Football.....Garrett Hartwig
 Girls Volleyball.....Scott Sanders
 Track & Field.....T.J. Craig
 Girls Track & Field.....Mike Parker
 Cross Country.....Josh Kidman
 Girls Cross Country.....Mike Parker
 Soccer.....Brad Stiles
 Girls Soccer.....David Rosenthal
 Bowling.....Mike Mellecker
 Girls Bowling.....Mike Mellecker
 Football Cheerleading.....Courtney Carley
 Basketball Cheerleading.....Courtney Carley
 Wrestling Cheerleading.....Courtney Carley
 Speech Director.....John Cooper
 Student Council.....Travis Henderson
 Band Director.....Rich Medd, Rob Medd
 Vocal Director.....David Haas
 Orchestra Director.....Jonathan Welch

IOWA FALLS-ALDEN

Street Address: 1903 N Taylor Ave
 City: Iowa Falls
 Zip Code: 50126
 Mailing Address: 1903 N Taylor Ave
 City: Iowa Falls
 Zip Code: 50126
 Supt. St Address: 710 North St
 Supt. City: Iowa Falls
 Supt. Zip: 50126
 County: Hardin
 Area Code: 641
 School Phone: 648-6440
 HS Fax: 648-3222
 AD Fax: 648-3222
 Web Site: <http://www.ifacadets.net>
 School Colors: Black, Gold, & Red
 Nickname: Cadets
 Conference: North Central
 Superintendent.....Tony Neumann
 Phone.....(641)648-6400
 Email.....tneumann@ifacadets.net
 Principal.....Kyle Hutchinson
 Phone.....(641)648-6440
 Email.....khutchinson@ifacadets.net
 Athletic Administrator.....Pat Norem
 Phone.....(641) 648-6440
 Email.....pnorem@ifacadets.net
 Athletic Secretary.....Jamie Peterson
 Phone.....(641)648-6440
 Email.....japeterson@ifacadets.net
 Tennis.....Jeff Burchfield
 Girls Tennis.....Ben Jass
 Golf.....Gregg Winters
 Girls Golf.....Dave Bonde
 Basketball.....Michael Collison
 Girls Basketball.....Brandon Uhlenberg
 Baseball.....Brendon McNulty
 Girls Softball.....Steve Bahr, Janet Tidman
 Wrestling.....Scott Patton
 Football.....Don Anderson
 Girls Volleyball.....Steve Barhite
 Track & Field.....Dave Harms
 Girls Track & Field.....Dana Counsell
 Cross Country.....Mike Rottink
 Girls Cross Country.....Brad Miller
 Soccer.....Greg Lascheid
 Girls Soccer.....Morgan Vierkandt

Football Cheerleading.....Paige Ites
 Basketball Cheerleading.....Paige Ites
 Wrestling Cheerleading.....Dana Counsell
 Band Director.....Jeff Schmitt
 Vocal Director.....Brandon Waring

IOWA SCHOOL FOR THE DEAF

Street Address: 3501 Harry Langdon Blvd Suite 170
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 3501 Harry Langdon Blvd Suite 170
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 3501 Harry Langdon Blvd
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 366-0571
 HS Fax: 366-3218
 AD Fax: 366-32
 Web Site: <http://www.iowaschoolforthe deaf.org/>
 School Colors: Cardinal & Gold
 Nickname: Bobcats
 Superintendent.....Steve Gettel
 Phone.....(712)366-3215
 Email.....sgettel@iowaschoolforthe deaf.org
 Asst/Assoc Supt.....John Cool
 Phone.....(712)366-3215
 Email.....jcool@iowaschoolforthe deaf.org
 Principal.....Rebecca Gaw
 Phone.....(712)366-3237
 Email.....rgaw@iowaschoolforthe deaf.org
 Asst/Assoc/Vice-Principal.....Bryce Hendricks
 Phone.....(712)366-3237
 Email.....bhendricks@iowaschoolforthe deaf.org
 Athletic Administrator.....Nyle Smith
 Phone.....(712)366-3247
 Email.....nsmith@iowaschoolforthe deaf.org
 Basketball.....Nyle Smith
 Girls Basketball.....Dan Gradoville
 Football.....Brent Welsch
 Girls Volleyball.....Katrina Landolt
 Track & Field.....Brent Welsch
 Girls Track & Field.....Brent Welsch
 Cross Country.....Bryce Hendricks
 Football Cheerleading.....Megan Shama
 Basketball Cheerleading.....Megan Shama
 Student Council.....Jen Herzog

IOWA VALLEY, MARENGO

Street Address: 359 E Hilton St
 City: Marengo
 Zip Code: 52301
 Mailing Address: 359 E Hilton St
 City: Marengo
 Zip Code: 52301
 Supt. St Address: 359 E Hilton St
 Supt. City: Marengo
 Supt. Zip: 52301
 County: Iowa
 Area Code: 319
 School Phone: 642-3332
 HS Fax: 642-3023
 AD Fax: 642-3023
 Web Site: <http://www.iowa-valley.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Tigers
 Conference: SICL
 Superintendent.....Mark Olmstead
 Phone.....(319)642-7714
 Email.....molmstead@ivcsd.org

Admin Asst.....Shannon Rabe
 Phone.....(319)642-3332 x221
 Email.....srabe@ivcsd.org
 Principal.....Janet Holst-Behrens
 Phone.....(319)642-3332
 Email.....jbehrens@ivcsd.org
 Athletic Administrator.....Ray Cooling
 Phone.....(319)642-3332
 Email.....rcooling@ivcsd.org
 Athletic Secretary.....Shannon Rabe
 Phone.....(319)642-3332
 Email.....srabe@ivcsd.org
 Golf.....Martin Wieck
 Girls Golf.....Martin Wieck
 Basketball.....Randy Carney
 Girls Basketball.....Janet Holst-Behrens
 Baseball.....John Bowlin
 Girls Softball.....Bridget Werling
 Wrestling.....Jeremy Kriegel
 Football.....John Bowlin
 Girls Volleyball.....Danielle Smith
 Track & Field.....TBA
 Girls Track & Field.....Greg Jergens
 Football Cheerleading.....Mindi Slaymaker
 Basketball Cheerleading.....Abby Gard
 Wrestling Cheerleading.....Mindi Slaymaker
 Speech Director.....Jackye Bowlin
 Student Council.....Tiffany Thiessen
 Band Director.....Keith Reynolds
 Vocal Director.....Neal Schwarting

ISAAC NEWTON CHRISTIAN ACADEMY

Street Address: 1635 Linmar Drive NE
 City: Cedar Rapids
 Zip Code: 52402
 Mailing Address: 1635 Linmar Drive NE
 City: Cedar Rapids
 Zip Code: 52402
 Supt. St Address: 1635 Linmar Drive NE
 Supt. City: Cedar Rapids
 Supt. Zip: 52402
 County: Linn
 Area Code: 319
 School Phone: 362-9512
 HS Fax: 362-5610
 Web Site: <http://www.incaonline.org>
 School Colors: royal blue/red/white
 Nickname: Patriots
 Superintendent.....Dean Ridder
 Phone.....(319)362-9512
 Email.....dridder@incaonline.org
 Admin Asst.....Tracy King
 Phone.....(319)362-9512 x231
 Email.....tking@incaonline.org
 Asst/Assoc/Vice-Principal.....Tim Casey
 Phone.....(319)362-9512
 Email.....tcasey@incaonline.org
 Athletic Administrator.....Amy Bautista
 Phone.....(319)362-9512
 Email.....abautista@incaonline.org
 Athletic Secretary.....Denise Jorgensen
 Phone.....(319)362-9512
 Email.....djorgensen@incaonline.org
 Golf.....Paul Jungblut
 Girls Golf.....Paul Jungblut
 Cross Country.....Larry Kendall
 Girls Cross Country.....G Kendall
 Bowling.....Roger Taylor
 Girls Bowling.....Roger Taylor
 Band Director.....Audrey McCoy
 Vocal Director.....Audrey McCoy

JANESVILLE

Street Address: 505 Barrick Rd.

City: Janesville

Zip Code: 50647

Mailing Address: PO Box 478

City: Janesville

Zip Code: 50647

Supt. St Address: PO Box 478

Supt. City: Janesville

Supt. Zip: 50647

County: Bremer

Area Code: 319

School Phone: 987-2581

HS Fax: 987-2824

AD Fax: 987-2824

Web Site: <http://www.janesville.k12.ia.us>

School Colors: Black & Gold

Nickname: Wildcats

Conference: Iowa Star

Superintendent.....BJ Meaney

Phone.....(319)987-2581

Email.....bj.meaney@janesvilleschools.net

Principal.....BJ Meaney

Phone.....(319)987-2581

Email.....bj.meaney@janesvilleschools.net

Asst/Assoc/Vice-Principal.....Micah Monroe

Phone.....(319)987-2581

Email.....micah.monroe@janesvilleschools.net

Athletic Administrator.....Micah Monroe

Phone.....(319)987-2581

Email.....micah.monroe@janesvilleschools.net

Basketball.....Joseph McKenna

Girls Basketball.....Chad Brown

Baseball.....Derick Ludwig

Girls Softball.....Shelly Sorensen

Football.....Dale Eastman

Girls Volleyball.....Shelly Sorensen

Track & Field.....Richard White

Girls Track & Field.....Rachel Bishop

Cross Country.....Nolan Hovland

Girls Cross Country.....Nolan Hovland

Speech Director.....Alex Toft

Student Council.....Erin Norton

Band Director.....Katie Limyao

Vocal Director.....Niki O'Meara

JESUP

Street Address: 531 Prospect St

City: Jesup

Zip Code: 50648

Mailing Address: PO Box 287

City: Jesup

Zip Code: 50648

Supt. St Address: 531 Prospect St

Supt. City: Jesup

Supt. Zip: 50648

County: Buchanan

Area Code: 319

School Phone: 827-1700

HS Fax: 827-3905

AD Fax: 827-3905

Web Site: <http://www.jesup.k12.ia.us>

School Colors: Royal Blue & Orange

Nickname: J-Hawks

Conference: North Iowa Cedar East

Superintendent.....Nathan Marting

Phone.....(319)827-1700 x1402

Email.....nmarting@jesup.k12.ia.us

Principal.....Paul Rea

Phone.....(319)827-1700 x1302

Email.....prea@jesup.k12.ia.us

Asst/Assoc/Vice-Principal.....Lisa Loecher

Phone.....(319)827-1700 xe

Email.....lloecher@jesup.k12.ia.us

Athletic Administrator.....Joe Smeins

Phone.....(319)827-1700 x1207

Email.....jsmeins@jesup.k12.ia.us

Athletic Secretary.....Karma Schmit

Phone.....(319)827-1700 x1203

Email.....kschmit@jesup.k12.ia.us

Sports Medicine Provider.....Minela Saric, LAT

(Summit Chiropractic)

Golf.....Tom Klein

Girls Golf.....Michelle Klein

Basketball.....Joe Smeins

Girls Basketball.....Jordan Conrad

Baseball.....Bruce Wall

Girls Softball.....Rod Elson

Wrestling.....Matt Gross

Football.....Tim Sauer

Girls Volleyball.....Eryca Bass

Track & Field.....Jason Sullivan

Girls Track & Field.....Lisa Loecher

Cross Country.....Nick Green

Girls Cross Country.....Nick Green

Football Cheerleading.....Sarah Nolan

Basketball Cheerleading.....Sarah Nolan

Wrestling Cheerleading.....Sarah Nolan

Speech Director.....Alex O'Connell

Student Council.....Mollie Emerson

Band Director.....Mollie Emerson

Vocal Director.....Tanner Ginn

JOHNSTON

Street Address: 6500 NW 100th St

City: Johnston

Zip Code: 50131

Mailing Address: PO Box 10

City: Johnston

Zip Code: 50131

Supt. St Address: PO Box 10

Supt. City: Johnston

Supt. Zip: 50131

County: Polk

Area Code: 515

School Phone: 278-0449

HS Fax: 276-5795

AD Fax: 278-8183

Web Site: <http://www.johnston.k12.ia.us>

School Colors: Purple & Gold

Nickname: Dragons

Conference: CIML-Iowa

Superintendent.....Laura Kacer

Phone.....(515)278-0470

Email.....laura.kacer@johnston.k12.ia.us

Asst/Assoc Supt.....Dr. Bruce Amendt

Phone.....(515)278-0470

Email.....bamendt@johnston.k12.ia.us

Admin Asst.....Jenna Logan

Phone.....(515)278-0470

Email.....jenna.logan@johnston.k12.ia.us

Executive Coordinator.....Joy Wiebers

Phone.....(515)278-0470

Email.....joy.wiebers@johnston.k12.ia.us

Principal.....Ryan Woods

Phone.....(515)278-0449

Email.....ryan.woods@johnston.k12.ia.us

Asst/Assoc/Vice-Principal.....Randy Klein

Phone.....(515)278-0449

Email.....rklein@johnston.k12.ia.us

Asst/Assoc/Vice-Principal.....Nate Zittergruen

Phone.....(515)278-0449

Email.....nate.zittergruen@johnston.k12.ia.us

Asst/Assoc/Vice-Principal.....Randy Sparks

Phone.....(515)278-0449

Email.....randy.sparks@johnston.k12.ia.us

Asst/Assoc/Vice-Principal.....Shayne Coenen

Phone.....(515)278-0449

Email.....shayne.coenen@johnston.k12.ia.us

Athletic Administrator.....Josh Tobey

Phone.....(515)278-2407

Email.....josh.tobey@johnston.k12.ia.us

Co-AD/Assistant.....Melissa Crosse

Phone.....(515)278-0476

Email.....melissa.crosse@johnston.k12.ia.us

Athletic Secretary.....Tamra Nelson

Phone.....(515)278-2407

Email.....tamra.nelson@johnston.k12.ia.us

Sports Medicine Provider.....Chris Wiedmann, PT

(Unity Point)

Tennis.....Leslie Shipp

Girls Tennis.....Mitzi Hetherton

Golf.....Carson Hattel

Girls Golf.....Carson Hattel

Basketball.....Brian Frick

Girls Basketball.....Chad Jilek

Swimming.....Darin Robertson

Girls Swimming.....Darin Robertson

Baseball.....Michael Barta

Girls Softball.....Todd Merical

Wrestling.....Aaron Tecklenburg

Football.....Brian Woodley

Girls Volleyball.....Rick Brooks

Track & Field.....Matt Jaschen

Girls Track & Field.....Chris Siewert

Cross Country.....Matt Jaschen

Girls Cross Country.....Pat Hennes

Soccer.....Jim Frizzell

Girls Soccer.....Eric Shafer

Bowling.....Scott Taylor

Girls Bowling.....Xan Taylor

Football Cheerleading.....Kelsey Kramer

Basketball Cheerleading.....Kelsey Kramer

Wrestling Cheerleading.....Kelsey Kramer

Speech Director.....Jeremy Fitzpatrick

Student Council.....Rachel Jensen

Band Director.....Jason Heeren, Steve Kellar

Vocal Director.....Hannah Ryan, Laura Grimm

KEE, LANSING

Street Address: 569 Center St

City: Lansing

Zip Code: 52151

Mailing Address: 569 Center St

City: Lansing

Zip Code: 52151

Supt. St Address: 569 Center St

Supt. City: Lansing

Supt. Zip: 52151

County: Allamakee

Area Code: 563

School Phone: 538-4201

HS Fax: 538-4969

AD Fax: 538-4969

Web Site: <http://www.e-allamakee.k12.ia.us>

School Colors: Purple, Gray, White

Nickname: Hawks

Conference: Upper Iowa

Superintendent.....Dale Crozier

Phone.....(563)538-4201

Email.....dale.crozier@mflmarmac.k12.ia.us

Principal.....Sarah Updegraff

Phone.....(563)538-4201 x303

Email.....supdegraff@kee.k12.ia.us

Athletic Administrator.....Danny Love
 Phone.....(563)538-4201
 Email.....dlove@kee.k12.ia.us
 Basketball.....Pat Wagner
 Girls Basketball.....Ben Wagner
 Baseball.....Jim Mauss
 Girls Softball.....Elizabeth Hill
 Football.....Chad Winters
 Girls Volleyball.....Amy Peterson
 Track & Field.....Beth Moline
 Girls Track & Field.....Chad Winters
 Cross Country.....Pat Wagner
 Girls Cross Country.....Pat Wagner
 Speech Director.....Tammy Manning
 Student Council.....Allison Fitzwater
 Band Director.....Elizabeth Peregrine
 Vocal Director.....Andrew Boddicker

KEOKUK

Street Address: 2285 Middle Rd
 City: Keokuk
 Zip Code: 52632
 Mailing Address: 2285 Middle Rd
 City: Keokuk
 Zip Code: 52632
 Supt. St Address: 500 N 20th St
 Supt. City: Keokuk
 Supt. Zip: 52632
 County: Lee
 Area Code: 319
 School Phone: 524-2542
 HS Fax: 526-3847
 AD Fax: 524-1784
 Web Site: <http://keokukschools.org>
 School Colors: Purple & White
 Nickname: Chiefs
 Conference: Southeast
 Superintendent.....Christine Barnes
 Phone.....(319)524-1402
 Email.....christinebarnes.barnes@gmail.com
 Admin Asst.....Jamie Miller
 Phone.....(319)524-1402
 Principal.....Adam Magliari
 Phone.....(319)524-2542
 Email.....adam.magliari@keokukschools.org
 Asst/Assoc/Vice-Principal.....Layne Billings
 Phone.....(319)524-2542
 Email.....layne.billings@keokukschools.org
 Asst/Assoc/Vice-Principal.....Mike Davis
 Phone.....(319)795-2542
 Email.....michael.davis@keokukschools.org
 Athletic Administrator.....Zach Summers
 Phone.....(319)524-2542
 Email.....zach.summers@keokukschools.org
 Co-AD/Assistant.....Kyler Barnes
 Phone.....(319)524-3737
 Email.....kyler.barnes@keokukschools.org
 Athletic Secretary.....Gina Dean
 Phone.....(319)524-2542 x1011
 Email.....gina.dean@keokukschools.org
 Sports Medicine Provider.....Chris Lobberrecht
 (Advance Physical Therapy)
 Tennis.....Dan Logan
 Girls Tennis.....Gary de Gala
 Golf.....Kevin Bogert
 Girls Golf.....Nate Ames
 Basketball.....Zach Summers
 Girls Basketball.....Mike Davis
 Swimming.....Lisa Twitchell
 Girls Swimming.....Lisa Twitchell
 Baseball.....Jared Poole
 Girls Softball.....Zach Short

Wrestling.....Tommy Rose
 Football.....Josh Roberts
 Girls Volleyball.....Randy Loges
 Track & Field.....Shaina Arnold
 Girls Track & Field.....Matt McGhghy
 Cross Country.....Shaina Arnold
 Girls Cross Country.....Shaina Arnold
 Soccer.....Brian Boltz
 Girls Soccer.....Destiny Colon
 Bowling.....Ryan Moore
 Girls Bowling.....Ryan Moore
 Football Cheerleading.....Maddie Marlin
 Basketball Cheerleading.....Lori Sanders
 Wrestling Cheerleading.....Lori Sanders
 Speech Director.....Katie Geltz
 Student Council.....Rex Muston
 Band Director.....Joel Knipe
 Vocal Director.....Amber Mraz
 Orchestra Director.....Joel Knipe

KEOTA

Street Address: 505 N Ellis St
 City: Keota
 Zip Code: 52248
 Mailing Address: PO Box 88
 City: Keota
 Zip Code: 52248
 Supt. St Address: PO Box 88
 Supt. City: Keota
 Supt. Zip: 52248
 County: Keokuk
 Area Code: 641
 School Phone: 636-3491
 HS Fax: 636-2210
 AD Fax: 636-3009
 Web Site: <http://www.keota.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Eagles
 Conference: South Iowa Cedar League
 Superintendent.....Jim Henrich
 Phone.....(641)636-2189
 Email.....jim.henrich@keota.k12.ia.us
 Admin Asst.....Gina Bennett
 Phone.....(641)636-2189
 Email.....gina.bennett@keota.k12.ia.us
 Principal.....Jim Henrich
 Phone.....(641)636-3491
 Email.....jim.henrich@keota.k12.ia.us
 Asst/Assoc/Vice-Principal.....Paul Henely
 Phone.....(641)636-2323
 Email.....paul.henely@keota.k12.ia.us
 Athletic Administrator.....Rod Hill
 Phone.....(641)636-2323
 Email.....rod.hill@keota.k12.ia.us
 Co-AD/Assistant.....Dan Stout
 Phone.....(641)636-2323
 Email.....dan.stout@keota.k12.ia.us
 Athletic Secretary.....Gina Bennett
 Phone.....(641)636-3491
 Email.....gina.bennett@keota.k12.ia.us
 Golf.....Rod Hill
 Girls Golf.....Rod Hill
 Basketball.....Dan Stout
 Girls Basketball.....Jeff Sprouse
 Baseball.....Dakota McCombs
 Girls Softball.....Dewey Purkeypile
 Girls Volleyball.....Sky Hahn
 Track & Field.....Dan Stout
 Girls Track & Field.....Dan Stout
 Cross Country.....Trevor Weeks
 Girls Cross Country.....Dakota McCombs
 Basketball Cheerleading.....Jennifer Lathrop

Speech Director.....Gina Bennett, Michael McNurlen
 Student Council.....Amy Hemsley
 Band Director.....Jane Edwards
 Vocal Director.....Jane Edwards

KINGSLEY-PIERSON

Street Address: 322 Quest Ave
 City: Kingsley
 Zip Code: 51028
 Mailing Address: PO Box 520
 City: Kingsley
 Zip Code: 51028
 Supt. St Address: PO Box 520
 Supt. City: Kingsley
 Supt. Zip: 51028
 County: Plymouth
 Area Code: 712
 School Phone: 378-2861
 HS Fax: 378-3729
 AD Fax: 378-3729
 Web Site: <http://www.k-pcsd.org>
 School Colors: Black & Gold
 Nickname: Panthers
 Conference: Western Valley
 Superintendent.....Scott Bailey
 Phone.....(712)378-2861
 Email.....sbailey@k-pcsd.org
 Admin Asst.....Randi Anstine
 Phone.....(712)378-2861
 Email.....ranstine@k-pcsd.org
 Principal.....Scott Bailey
 Phone.....(712)378-2861
 Email.....sbailey@k-pcsd.org
 Asst/Assoc/Vice-Principal.....Rob Wiese
 Phone.....(712)378-2861
 Email.....rwiese@k-pcsd.org
 Asst/Assoc/Vice-Principal.....Dean Harpenau
 Phone.....(712)378-2861
 Email.....deanharpenau@k-pcsd.org
 Athletic Administrator.....Nicole Goodwin
 Phone.....(712)378-2861
 Email.....ngoodwin@k-pcsd.org
 Athletic Secretary.....Jody Reinking
 Phone.....(712)378-2861
 Email.....jreinking@k-pcsd.org
 Sports Medicine Provider.....Abbey Johnston, LAT
 Nicole Goodwin, LAT (CNOS)
 Golf.....Tim Dirksen
 Girls Golf.....Val Sitzmann
 Basketball.....Lance Howe
 Girls Basketball.....Nicole Goodwin
 Baseball.....Taylor Doeschot
 Girls Softball.....Lindsay Smit
 Wrestling.....Brandon Borkowski, Bill Seuntjens
 Football.....Geoff Olson
 Girls Volleyball.....Torey Lilly
 Track & Field.....Geoff Olson, Curt Lilly
 Girls Track & Field.....Randy Wiese, Dan Borman
 Cross Country.....Dean Harpenau
 Football Cheerleading.....Shelly Schaeuble
 Basketball Cheerleading.....Shelly Schaeuble
 Wrestling Cheerleading.....Amanda Seuntjens
 Speech Director.....TBA
 Student Council.....Randi Anstine, Jody Reinking
 Band Director.....Seth Snakenberg
 Vocal Director.....Maggie Mauch

KNOXVILLE

Street Address: 1811 W Madison St
 City: Knoxville
 Zip Code: 50138
 Mailing Address: 1811 W Madison St

City: Knoxville
 Zip Code: 50138
 Supt. St Address: 309 W Main St
 Supt. City: Knoxville
 Supt. Zip: 50138
 County: Marion
 Area Code: 641
 School Phone: 842-2173
 HS Fax: 842-2066
 AD Fax: 842-2066
 Web Site: <http://www.knoxville.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Panthers
 Conference: South Central

Superintendent.....Cassi Pearson
 Phone.....(641)842-6552
 Email.....cassi.pearson@kcsd.k12.ia.us
 Admin Asst.....Lisa Willis
 Phone.....(641)842-6552
 Email.....lisa.willis@kcsd.k12.ia.us
 Principal.....Tracy Wilkins
 Phone.....(641)842-2173
 Email.....tracy.wilkins@kcsd.k12.ia.us
 Asst/Assoc/Vice-Principal.....Brett Sandy
 Phone.....(641)842-3714
 Email.....brett.sandy@kcsd.k12.ia.us
 Athletic Administrator.....Ryan Paulsen
 Phone.....(641)842-3717
 Email.....ryan.paulsen@kcsd.k12.ia.us
 Co-AD/Assistant.....Trenton Keefer
 Email.....trenton.keefer@kcsd.k12.ia.us
 Athletic Secretary.....Stacy Pearson
 Phone.....(641)842-2173
 Email.....stacy.pearson@kcsd.k12.ia.us
 Sports Medicine Provider.....Kelly Leeper (Century 21 Rehab)
 Tennis.....Perry Bell
 Girls Tennis.....Nick DeMoss
 Golf.....Barry Smith
 Girls Golf.....Barry Smith
 Basketball.....Jeff Larson
 Girls Basketball.....Jim Uitermarkt
 Baseball.....Turner DeVore
 Girls Softball.....Carla Smith
 Wrestling.....Doug Hatch
 Football.....Eric Kellar
 Girls Volleyball.....Mollie Keitges
 Track & Field.....Eric Kellar
 Girls Track & Field.....Michael Splavec
 Cross Country.....Michael Splavec
 Girls Cross Country.....Mikayla Splavec
 Soccer.....Dylan Mick
 Girls Soccer.....Matt Richhart
 Bowling.....Shaun Renard
 Girls Bowling.....Shaun Renard
 Football Cheerleading.....Natasha Boosalis
 Basketball Cheerleading.....Natasha Boosalis
 Wrestling Cheerleading.....Natasha Boosalis
 Speech Director.....Dan DeVore
 Student Council.....Sean Gibbons
 Band Director.....Meredith Tipping
 Vocal Director.....Jackie Duffy

KUEMPER CATHOLIC, CARROLL

Street Address: 109 South Clark Street
 City: Carroll
 Zip Code: 51401
 Mailing Address: 109 South Clark Street
 City: Carroll
 Zip Code: 51401
 Supt. St Address: 1821 Jackson, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102

County: Carroll
 Area Code: 712
 School Phone: 792-3596
 HS Fax: 792-8070
 AD Fax: 792-8070
 Web Site: <http://www.kuemper.org>
 School Colors: Red & Gold
 Nickname: Knights
 Conference: Hawkeye 10

Superintendent.....Patty Lansink
 Phone.....(712)233-7527
 Email.....PattyL@scdiocese.org
 Admin Asst.....Joanie Buelt
 Phone.....(712)792-3313 x232
 Email.....jmbuelt@kuemper.org
 Executive Coordinator.....President: John Steffes
 Phone.....(712)792-3313 x253
 Email.....jjsteffes@kuemper.org
 Principal.....Pete Haefs
 Phone.....(712)792-3596 x107
 Email.....pjhaefs@kuemper.org
 Athletic Administrator.....Mike Power
 Phone.....(712)792-3596 x109
 Email.....mjpower@kuemper.org
 Co-AD/Assistant.....Denis Bormann
 Phone.....(712)792-3596 x164
 Email.....djbormann@kuemper.org
 Athletic Secretary.....Katie Riesberg
 Phone.....(712)792-3596 x108
 Email.....kjriesberg@kuemper.org
 Tennis.....Matt Greteman
 Girls Tennis.....Jason Schwarte
 Golf.....Brian Billmeier
 Girls Golf.....Deb Gute
 Basketball.....Sean Minnehan
 Girls Basketball.....Tyler Tryon
 Baseball.....Randy Snyder
 Girls Softball.....Erin Bohlmann
 Wrestling.....Shane Vaughn
 Football.....Ryan Steinkamp
 Girls Volleyball.....Keith Stickrod
 Track & Field.....Ryan Steinkamp
 Girls Track & Field.....Andrew Klenk
 Cross Country.....Mark Kloser
 Girls Cross Country.....Mark Kloser
 Soccer.....Ken Massey
 Football Cheerleading.....Elizabeth Hagan
 Basketball Cheerleading.....Elizabeth Hagan
 Wrestling Cheerleading.....Ann Schmitz
 Speech Director.....Deb Gute
 Student Council.....Tim Fitzpatrick
 Band Director.....Marie Walsh Becker
 Vocal Director.....Jeff Wicker

LAKE MILLS

Street Address: 102 S 4th Ave E
 City: Lake Mills
 Zip Code: 50450
 Mailing Address: 102 S 4th Ave E
 City: Lake Mills
 Zip Code: 50450
 Supt. St Address: 102 S 4th Ave E
 Supt. City: Lake Mills
 Supt. Zip: 50450
 County: Winnebago
 Area Code: 641
 School Phone: 592-0893
 HS Fax: 592-0883
 AD Fax: 592-0883
 Web Site: <http://www.lake-mills.org>
 School Colors: Purple & Gold
 Nickname: Bulldogs

Conference: Top of Iowa (West)

Superintendent.....Chad Kohagen
 Phone.....(641)592-0881 x2203
 Email.....ckohagen@lake-mills.org
 Principal.....James Scholbrock
 Phone.....(641)592-0893
 Email.....jscholbrock@lake-mills.org
 Athletic Administrator.....Jim Boehmer
 Phone.....(641)592-7011
 Email.....jboehmer@lake-mills.org
 Athletic Secretary.....Angie Stensrud
 Phone.....(641)592-0881 x2205
 Email.....astensrud@lake-mills.org
 Sports Medicine Provider.....Brian Budach, PT
 (Lake Mills Physical Therapy)
 Golf.....Lyle Thomson
 Girls Golf.....Travis Laudner
 Basketball.....Kyle Menke
 Girls Basketball.....Garrett Patterson
 Baseball.....Chris Throne
 Girls Softball.....Bill Byrnes
 Wrestling.....Alex Brandenburg
 Football.....Bill Byrnes
 Girls Volleyball.....Jim Boehmer
 Track & Field.....Dan Rice
 Girls Track & Field.....Skyler Ahrens
 Cross Country.....Whitney Spies
 Girls Cross Country.....Whitney Spies
 Football Cheerleading.....Lisa Johanson
 Basketball Cheerleading.....Samantha Patterson
 Wrestling Cheerleading.....TBD
 Speech Director.....Kaylene Erdahl
 Student Council.....Brook Christianson
 Band Director.....Nate Sletten
 Vocal Director.....Linda Saxton

LAMONI

Street Address: 202 N Walnut St
 City: Lamoni
 Zip Code: 50140
 Mailing Address: 202 N Walnut St
 City: Lamoni
 Zip Code: 50140
 Supt. St Address: 202 N Walnut St
 Supt. City: Lamoni
 Supt. Zip: 50140
 County: Decatur
 Area Code: 641
 School Phone: 784-3351
 HS Fax: 784-6548
 AD Fax: 784-6548
 Web Site: <http://www.lamonischools.org>
 School Colors: Black & Red
 Nickname: Demons
 Conference: Bluegrass

Superintendent.....Chris Coffelt
 Phone.....(641)784-3342
 Email.....ccoffelt@lamonischools.org
 Principal.....Alan Dykens
 Phone.....(641)784-3351 x443
 Email.....adykens@lamonischools.org
 Athletic Administrator.....Jon Hampton
 Phone.....(641)784-3351
 Email.....jhampton@lamonischools.org
 Athletic Secretary.....Chrissy Tull
 Phone.....(641)784-3351
 Email.....ctull@lamonischools.org
 Golf.....Jon Hampton
 Girls Golf.....Jon Hampton
 Basketball.....Ryan Olson
 Girls Basketball.....Kevin Brunner
 Baseball.....Al Dykens

Girls Softball.....Samantha Stockford
 Football.....Bryan Nowlin
 Girls Volleyball.....Laura Jeanes
 Track & Field.....Ryan Olson
 Girls Track & Field.....Mark Patience
 Bowling.....TBD
 Girls Bowling.....TBD
 Football Cheerleading.....Yolanda Taylor
 Basketball Cheerleading.....Yolanda Taylor
 Student Council.....Judi Daily
 Band Director.....Aaron Comer
 Vocal Director.....Aaron Comer
 Orchestra Director.....Kerry Cox

LAWTON-BRONSON

Street Address: 100 Tara Way
 City: Lawton
 Zip Code: 51030
 Mailing Address: 100 Tara Way
 City: Lawton
 Zip Code: 51030
 Supt. St Address: 100 Tara Way
 Supt. City: Lawton
 Supt. Zip: 51030
 County: Woodbury
 Area Code: 712
 School Phone: 944-5181
 HS Fax: 944-5568
 AD Fax: 944-5568
 Web Site: <http://www.lb-eagles.org>
 School Colors: Black & Gold
 Nickname: Eagles
 Conference: Western Valley
 Superintendent.....Chad Shook
 Phone.....(712)944-5183
 Email.....shookc@lb-eagles.org
 Principal.....Brandi Jessen
 Phone.....(712)944-5181
 Email.....jessenb@lb-eagles.org
 Athletic Administrator.....Jamey Lloyd
 Phone.....(712)944-5181
 Email.....lloydj@lb-eagles.org
 Sports Medicine Provider.....CNOS
 Golf.....Jason Carlson
 Girls Golf.....Mike Meyer
 Basketball.....Adam Benson
 Girls Basketball.....Kami Busch
 Baseball.....Ryan Denney
 Girls Softball.....Bryan Alfredson
 Wrestling.....Matt Thoma
 Football.....Jamey Lloyd
 Girls Volleyball.....Jeremiah Pottebaum
 Track & Field.....Jesse Pedersen
 Girls Track & Field.....Garrett Ehlers
 Cross Country.....Jason Carlson
 Girls Cross Country.....Erin Benson
 Football Cheerleading.....Carrie Rice
 Basketball Cheerleading.....Carrie Rice
 Speech Director.....Beth Bellinghausen
 Student Council.....Jeff Firsching
 Band Director.....Mike Meyer
 Vocal Director.....Emily Klaumann

LEMARS

Street Address: 921 Third Ave SW
 City: LeMars
 Zip Code: 51031
 Mailing Address: 921 Third Ave SW
 City: Le Mars
 Zip Code: 51031
 Supt. St Address: 921 3rd Ave SW
 Supt. City: LeMars

Supt. Zip: 51031
 County: Plymouth
 Area Code: 712
 School Phone: 546-4153
 HS Fax: 546-9581
 AD Fax: 546-7024
 Web Site: <http://www.lemarscsd.org>
 School Colors: Red & Black
 Nickname: Bulldogs
 Conference: Missouri River
 Superintendent.....Dr. Steve Webner
 Phone.....(712)546-4155
 Email.....Steve.Webner@lemarscsd.org
 Asst/Assoc Supt.....Rachel Leavitt
 Phone.....(712)546-4155
 Email.....rachel.leavitt@lemarscsd.org
 Admin Asst.....Lisa Eisma
 Phone.....(712)546-4155
 Email.....lisa.eisma@lemarscsd.org
 Principal.....Dr. Mark Iverson
 Phone.....(712)546-4153
 Email.....mark.iverson@lemarscsd.org
 Asst/Assoc/Vice-Principal.....Kyle Formanek
 Phone.....(712)546-4153
 Email.....kyle.formanek@lemarscsd.org
 Athletic Administrator.....Karlton Hector
 Phone.....(712)546-7022
 Email.....karlton.hector@lemarscsd.org
 Co-AD/Assistant.....Troy Caswell
 Phone.....(712)546-7022
 Email.....troy.caswell@lemarscsd.org
 Athletic Secretary.....Amy Schmidt
 Phone.....(712)546-7028
 Email.....Amy.Schmidt@lemarscsd.org
 Sports Medicine Provider.....Anthony Peyton, PT
 (Floyd Valley Hospital)

Tennis.....Bill Dalton
 Girls Tennis.....Tiffany Wright
 Golf.....Steve Wick
 Girls Golf.....Dave Irwin
 Basketball.....Dave Irwin
 Girls Basketball.....Cody Dyhrkopp
 Baseball.....Trent Eckstaine
 Girls Softball.....Keely Steffen
 Wrestling.....Shane Hessenius
 Football.....Gabe Tardive
 Girls Volleyball.....Jakki Tentinger
 Track & Field.....Al Engebretson
 Girls Track & Field.....Tamara Dunn
 Cross Country.....Al Engebretson
 Girls Cross Country.....Linda Meis
 Bowling.....Kellie Bork
 Girls Bowling.....Gary Brady
 Football Cheerleading.....Sherrie Moritz
 Basketball Cheerleading.....Stephanie Buhman
 Wrestling Cheerleading.....Tracy Sadoski
 Speech Director.....Erin Ohrlund
 Student Council.....Nancy Isebrand, Kyle Formanek
 Band Director.....Michael Prichard
 Vocal Director.....Randy Ewing
 Orchestra Director.....Ted Hallberg

LENOX

Street Address: 600 S Locust St
 City: Lenox
 Zip Code: 50851
 Mailing Address: 600 S Locust St
 City: Lenox
 Zip Code: 50851
 Supt. St Address: 600 S Locust St
 Supt. City: Lenox
 Supt. Zip: 50851

County: Taylor
 Area Code: 641
 School Phone: 333-2244
 HS Fax: 333-2247
 AD Fax: 333-2247
 Web Site: <http://www.lenoxschools.org>
 School Colors: Black & Gold
 Nickname: Tigers
 Conference: Pride of Iowa
 Superintendent.....David Henrichs
 Phone.....(641)333-2244
 Email.....dhenrichs@lenoxschools.org
 Principal.....Liz Jessen
 Phone.....(641)333-2244
 Email.....ljessen@lenoxschools.org
 Athletic Administrator.....Liz Jessen
 Phone.....(641)333-2244
 Email.....ljessen@lenoxschools.org
 Athletic Secretary.....Mandy Stoaks
 Phone.....(641)333-2244
 Email.....mstoaks@lenoxschools.org
 Golf.....Caleb Lange
 Girls Golf.....Tiffany Green
 Basketball.....Curtis Fisher
 Girls Basketball.....Jesse Cox
 Baseball.....Trevor Luther
 Girls Softball.....Mandy Stoaks
 Wrestling.....Lynn Christensen
 Football.....Michael Nardini, Cole Bonde
 Girls Volleyball.....Jesse Cox, Tom Christensen
 Track & Field.....Cole Bonde
 Girls Track & Field.....Mandy Stoaks
 Cross Country.....Curtis Fisher
 Girls Cross Country.....Curtis Fisher
 Bowling.....Caleb Lange
 Girls Bowling.....Caleb Lange
 Football Cheerleading.....Jenn Miller
 Basketball Cheerleading.....Jennifer Miller
 Wrestling Cheerleading.....Tiffany Green
 Speech Director.....Lisa Mongar
 Student Council.....Amanda Powell
 Band Director.....Tim McConnaughey
 Vocal Director.....Sherri Boschee

LEWIS CENTRAL

Street Address: 3504 Harry Langdon Blvd
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 3504 Harry Langdon Blvd
 City: Council Blfs
 Zip Code: 51503
 Supt. St Address: 4121 Harry Landgon Blvd
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 366-8245
 HS Fax: 366-8340
 AD Fax: 366-8340
 Web Site: <http://www.lewiscentral.org/>
 School Colors: Navy & White
 Nickname: Titans
 Conference: Hawkeye Ten
 Superintendent.....Dr. Eric Knost
 Phone.....(712)366-8248
 Email.....eric.knost@lewiscentral.org
 Asst/Assoc Supt.....Dave Black
 Phone.....(712)366-8203
 Email.....dblack@lewiscentral.org
 Principal.....Dr. Joel Beyenhof
 Phone.....(712)366-8322
 Email.....jbeyenhof@lewiscentral.org

Asst/Assoc/Vice-Principal.....Joe Vinchattle
 Phone.....(712)366-8219
 Email.....jvinchattle@lewiscentral.org
 Asst/Assoc/Vice-Principal.....Jim Haver
 Phone.....(712)366-8392
 Email.....jhaver@lewiscentral.org
 Athletic Administrator.....Jim Dermody
 Phone.....(712)366-8391
 Email.....jdermody@lewiscentral.org
 Athletic Secretary.....Cindy Brockman
 Phone.....(712)366-8245
 Email.....cindyb@lewiscentral.org
 Sports Medicine Provider.....Dave Byrne
 Tennis.....Chris Hanafan
 Girls Tennis.....Aaron Rodenburg
 Golf.....Lowell Kennedy
 Girls Golf.....Steve Koester
 Basketball.....Dan Miller
 Girls Basketball.....Chris Hanafan
 Swimming.....Bruce Schomburg
 Girls Swimming.....Bruce Schomburg
 Baseball.....Jim Waters
 Girls Softball.....Hanah Cole
 Wrestling.....August Manz
 Football.....Justin Kamrad
 Girls Volleyball.....Mike Bond
 Track & Field.....Matt Argotsinger
 Girls Track & Field.....Ron Frascht
 Cross Country.....Taylor May
 Girls Cross Country.....Taylor May
 Soccer.....James Driver
 Girls Soccer.....Chris Von Mende
 Bowling.....Paul Renshaw
 Girls Bowling.....Paul Renshaw
 Football Cheerleading.....Liz Hytek
 Basketball Cheerleading.....Liz Hytek
 Wrestling Cheerleading.....Liz Hytek
 Student Council.....Maddie Sieck
 Band Director.....Dan Tucker
 Vocal Director.....Kevin Palu

LINN-MAR, MARION

Street Address: 3111 N 10th St
 City: Marion
 Zip Code: 52302
 Mailing Address: 3111 N 10th St
 City: Marion
 Zip Code: 52302
 Supt. St Address: 2999 N 10th St
 Supt. City: Marion
 Supt. Zip: 52302
 County: Linn
 Area Code: 319
 School Phone: 447-3040
 HS Fax: 447-3498
 AD Fax: 730-1622
 Web Site: <http://www.linnmar.k12.ia.us>
 School Colors: Red & Black
 Nickname: Lions
 Conference: Mississippi Valley
 Superintendent.....Shannon Bisgard
 Phone.....(319)447-3001
 Email.....sbisgard@linnmar.k12.ia.us
 Asst/Assoc Supt.....Nathan Wear
 Phone.....(319)447-3028
 Email.....nathan.wear@linnmar.k12.ia.us
 Admin Asst.....Gayla Burgess
 Phone.....(319)447-3002
 Email.....gburgess@linnmar.k12.ia.us
 Principal.....Dr. Jeff Gustason
 Phone.....(319)447-3041
 Email.....jgustason@linnmar.k12.ia.us

Asst/Assoc/Vice-Principal.....Kim Buelt
 Phone.....(319)447-3044
 Email.....kbuilt@linnmar.k12.ia.us
 Asst/Assoc/Vice-Principal.....Steve Goodall
 Phone.....(319)730-3622
 Email.....steven.goodall@linnmar.k12.ia.us
 Asst/Assoc/Vice-Principal.....Joe Nietert
 Phone.....(319)447-3042
 Email.....jnietert@linnmar.k12.ia.us
 Athletic Administrator.....David Brown
 Phone.....(319)447-3061
 Email.....dbrown@linnmar.k12.ia.us
 Co-AD/Assistant.....Tonya Moe
 Phone.....(319)447-3086
 Email.....tmoe@linnmar.k12.ia.us
 Sports Medicine Provider.....Vince Klopenstein
 Tennis.....Chris Wundram
 Girls Tennis.....TBA
 Golf.....Chris James
 Girls Golf.....Chris James
 Basketball.....Chris Robertson
 Girls Basketball.....Chad Tompkins
 Swimming.....Tom Belin
 Girls Swimming.....Bobby Kelley
 Baseball.....Kyle Rodenkirk
 Girls Softball.....Lindsey Murray
 Wrestling.....Doug Streicher
 Football.....Paul James
 Girls Volleyball.....Morgan Mammosser
 Track & Field.....Kyle Hoffman
 Girls Track & Field.....Nathan Hopp
 Cross Country.....Kyle Hoffman
 Girls Cross Country.....Emily Burmeister
 Soccer.....Kenan Malicevic
 Girls Soccer.....Marco de Leon
 Bowling.....Christy Sevensen
 Girls Bowling.....Steve Tschantz
 Football Cheerleading.....Erin Taylor
 Basketball Cheerleading.....Becky Youngkent
 Wrestling Cheerleading.....Erin Taylor
 Speech Director.....Ann Fry
 Student Council.....Honey Sue Heater
 Band Director.....Dan Terrell, Aaron Nuss, Jen Tiede
 Vocal Director.....Trent Bugiewicz, Jaclyn Ohnemus,
 Sarah Anderson
 Orchestra Director.....Josh Reznicow, Thad Sentman

LISBON

Street Address: 235 W School St
 City: Lisbon
 Zip Code: 52253
 Mailing Address: PO Box 839
 City: Lisbon
 Zip Code: 52253
 Supt. St Address: PO Box 839
 Supt. City: Lisbon
 Supt. Zip: 52253
 County: Linn
 Area Code: 319
 School Phone: 455-2106
 HS Fax: 455-3208
 AD Fax: 455-3208
 Web Site: <http://www.lisbon.k12.ia.us>
 School Colors: Red & Black
 Nickname: Lions
 Conference: Tri Rivers
 Superintendent.....Pat Hocking
 Phone.....(319)455-2075 x106
 Email.....phocking@lisbon.k12.ia.us
 Principal.....Aaron Becker
 Phone.....(319)455-3500 x108
 Email.....abecker@lisbon.k12.ia.us

Asst/Assoc/Vice-Principal.....Eric Ries
 Phone.....(319)455-3500 x233
 Email.....eries@lisbon.k12.ia.us
 Athletic Administrator.....Eric Ries
 Phone.....(319)455-3500 x233
 Email.....eries@lisbon.k12.ia.us
 Athletic Secretary.....Andrea Hasselbusch
 Phone.....(319)455-3500 x107
 Email.....ahasselbusch@lisbon.k12.ia.us
 Sports Medicine Provider.....Mike Reiling
 Golf.....Andrew Kahl
 Girls Golf.....Lance Kamaus
 Basketball.....Brandon Horman
 Girls Basketball.....Diamond Boyd
 Baseball.....John Tesensky
 Girls Softball.....Bob Bunting
 Wrestling.....Brad Smith
 Football.....Phil Whitman
 Girls Volleyball.....Lance Kamaus
 Track & Field.....Casey Baxa
 Girls Track & Field.....Casey Baxa
 Football Cheerleading.....Renee Masters
 Wrestling Cheerleading.....Renee Masters
 Speech Director.....Ellen Johanns
 Student Council.....Amanda Cook
 Band Director.....Joe Arch
 Vocal Director.....Julie Stulken

LOGAN-MAGNOLIA

Street Address: 1200 N 2nd Ave
 City: Logan
 Zip Code: 51546
 Mailing Address: 1200 N 2nd Ave
 City: Logan
 Zip Code: 51546
 Supt. St Address: 1200 N 2nd Ave
 Supt. City: Logan
 Supt. Zip: 51546
 County: Harrison
 Area Code: 712
 School Phone: 644-2250
 HS Fax: 644-2934
 AD Fax: 644-2934
 Web Site: <http://www.lomaschools.org>
 School Colors: Purple & Gold
 Nickname: Panthers
 Conference: Western Iowa Conference
 Superintendent.....Tom Ridder
 Phone.....(712)644-2250
 Email.....tridder@lomaschools.org
 Principal.....Christi Gochenour
 Phone.....(712)644-2250
 Email.....cgochenour@lomaschools.org
 Athletic Administrator.....Nate McDonald
 Phone.....(712)644-2250
 Email.....nmcdonald@lomaschools.org
 Co-AD/Assistant.....Matt Straight
 Phone.....(712)644-2250
 Email.....mattstraight@lomaschools.org
 Golf.....Dan Thompson
 Girls Golf.....Dan Thompson
 Basketball.....Stephen Froehlich
 Girls Basketball.....Derek Sonderland
 Baseball.....Kurtis Hinkel
 Girls Softball.....Rick McHugh
 Wrestling.....Dan Thompson
 Football.....Matt Straight
 Girls Volleyball.....Faith Bruck
 Track & Field.....Joe Cooper
 Girls Track & Field.....Gene Esser
 Cross Country.....Kelli Kersten
 Girls Cross Country.....Kelli Kersten

Soccer.....Trent Lally
 Girls SoccerDaniel Robbins
 Football CheerleadingTeresa Czarnecki
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....Kim Kuhl
 Speech Director.....Jean Nelson
 Student CouncilColette Dubas
 Band Director.....Alex Albertson
 Vocal Director.....Jo Schmitz

LONE TREE

Street Address: 303 S Devoe St
 City: Lone Tree
 Zip Code: 52755
 Mailing Address: PO Box 520
 City: Lone Tree
 Zip Code: 52755
 Supt. St Address: PO Box 520
 Supt. City: Lone Tree
 Supt. Zip: 52755
 County: Johnson
 Area Code: 319
 School Phone: 629-4610
 HS Fax: 629-4324
 Web Site: <http://www.lone-tree.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Lions
 Conference: SEI Superconference-North

Superintendent.....Ken Crawford
 Phone.....(319)629-4212
 Email.....kcrawford@lonetreecsd.org
 Principal.....Regan Stone
 Phone.....(319)629-4610
 Email.....rstone@lonetreecsd.org
 Athletic Administrator.....Regan Stone
 Phone.....(319)629-4610
 Email.....rstone@lonetreecsd.org
 Athletic Secretary.....Colene Feldman
 Phone.....(319)629-4610
 Email.....cfeldman@lonetreecsd.org
 Sports Medicine Provider.....Performance Therapies
 Golf.....Jeremy Clausen
 Girls Golf.....Jeremy Clausen
 Basketball.....Tom Squiers
 Girls Basketball.....Ryan Shelman
 Baseball.....Mike Close
 Girls Softball.....Tom Dickey
 Wrestling.....Clint Jones
 Football.....Aaron Bohr
 Girls Volleyball.....Lora Sieverding
 Track & Field.....Mike Close
 Cross Country.....Tiffany Regan
 Girls Cross Country.....Tiffany Regan
 Football Cheerleading.....Sue Squiers
 Basketball Cheerleading.....Sue Squiers
 Wrestling Cheerleading.....Susan Pettitt
 Speech Director.....Tanya McCarty
 Student Council.....Michael Dickinson
 Band Director.....Hannah Ball
 Vocal Director.....Brooke Smith

LOUISA-MUSCATINE

Street Address: 14354 170th St
 City: Letts
 Zip Code: 52754
 Mailing Address: 14354 170th St
 City: Letts
 Zip Code: 52754
 Supt. St Address: 14478 170th Street
 Supt. City: Letts
 Supt. Zip: 52754

County: Louisa
 Area Code: 319
 School Phone: 726-3421
 HS Fax: 726-3649
 AD Fax: 726-3334
 Web Site: <http://www.lmcsd.org>
 School Colors: Black & Gold
 Nickname: Falcons
 Conference: SEI Superconference-North
 Superintendent.....Mike VanSickle
 Phone.....(319)726-3541 x350
 Email.....mvsansickle@lmcsd.org
 Admin Asst.....Lexi Goddard
 Phone.....(319)726-3541 x356
 Email.....lgoddard@lmcsd.org
 Principal.....Chris Parkhurst
 Phone.....(319)726-3421 x170
 Email.....cparkhurst@lmcsd.org
 Athletic Administrator.....Eric Gabe
 Phone.....(563)726-3541
 Email.....egabe@lmcsd.org
 Athletic Secretary.....Lexi Goddard
 Phone.....(319)726-3541 x356
 Email.....lgoddard@lmcsd.org
 Sports Medicine Provider.....Sarah Schoon, LAT, ATC
 (Muscatine Physical Therapy Services P.C.)

Golf.....Brennan Gerst
 Girls Golf.....Brennan Gerst
 Basketball.....Cory Quail
 Girls Basketball.....Mike Milder
 Baseball.....Casey Cantrell
 Girls Softball.....Bryan Butler
 Wrestling.....Tom Mashek
 Football.....Eric Gabe
 Girls Volleyball.....Ken Spielbauer
 Track & Field.....Caleb Hainey
 Girls Track & Field.....Mark Wehrle
 Cross Country.....Calvin Simmons
 Girls Cross Country.....Calvin Simmons
 Bowling.....Alan Jordan
 Girls Bowling.....Alan Jordan
 Football Cheerleading.....Pam Stewart
 Basketball Cheerleading.....Pam Stewart
 Wrestling Cheerleading.....Pam Stewart
 Speech Director.....Dottie Lawrence
 Student Council.....Baillie Bonnichsen
 Band Director.....Mike Will
 Vocal Director.....Lee Wolf

LYNNVILLE-SULLY

Street Address: 12476 Hwy F62 E
 City: Sully
 Zip Code: 50251
 Mailing Address: PO Box 210
 City: Sully
 Zip Code: 50251
 Supt. St Address: PO Box 210
 Supt. City: Sully
 Supt. Zip: 50251
 County: Jasper
 Area Code: 641
 School Phone: 594-4445
 HS Fax: 594-2770
 AD Fax: 594-2770
 Web Site: <http://www.lshawks.org>
 School Colors: Columbia Blue & Gold
 Nickname: Hawks
 Conference: South Iowa Cedar League
 Superintendent.....Shane Ehresman
 Phone.....(641)594-4445 x103
 Email.....ehresman@lshawks.com

Principal.....Aaron Shipley
 Phone.....(641)594-4445 x102
 Email.....shipley@lshawks.com
 Athletic Administrator.....Mike Parkinson
 Phone.....(641)594-4445 x117
 Email.....parkinson@lshawks.com
 Athletic Secretary.....Susan Jansen
 Phone.....(641)594-4445 x100
 Email.....jansen@lshawks.com
 Sports Medicine Provider.....Stacey Alberts, PT (Total Rehab)
 Golf.....Alison Knouse
 Girls Golf.....Alison Knouse
 Basketball.....Nick Harthoorn
 Girls Basketball.....Jerry Hulsing
 Baseball.....Scott Alberts
 Girls Softball.....Stacey Alberts
 Wrestling.....Jason Walston
 Football.....Mike Parkinson
 Girls Volleyball.....Kyra Smith
 Track & Field.....Darin Arkema
 Girls Track & Field.....Kevin Johnson
 Cross Country.....Darin Arkema
 Girls Cross Country.....Darin Arkema
 Football Cheerleading.....Janelle Maasdam
 Basketball Cheerleading.....Janelle Maasdam
 Wrestling Cheerleading.....Lynn Dunsbergen
 Speech Director.....Amber Mathis
 Student Council.....Joel Vos
 Band Director.....Josh Piering
 Vocal Director.....Francesca Richter

MADRID

Street Address: 599 N Kennedy Ave
 City: Madrid
 Zip Code: 50156
 Mailing Address: 201 N Main
 City: Madrid
 Zip Code: 50156
 Supt. St Address: 201 N Main
 Supt. City: Madrid
 Supt. Zip: 50156
 County: Boone
 Area Code: 515
 School Phone: 795-3240
 HS Fax: 795-4408
 AD Fax: 795-4408
 Web Site: <http://madrid.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: West Central Activites Conf.

Superintendent.....Brian Horn
 Phone.....(515)795-3241
 Email.....bhorn@madrid.k12.ia.us
 Principal.....Kelly Williamson
 Phone.....(515)795-3240
 Email.....kwilliamson@madrid.k12.ia.us
 Asst/Assoc/Vice-Principal.....Justin Johnson
 Phone.....(515)795-3240
 Email.....jjohnson@madrid.k12.ia.us
 Athletic Administrator.....Justin Johnson
 Phone.....(515)795-3240
 Email.....jjohnson@madrid.k12.ia.us
 Athletic Secretary.....Marty Knox
 Phone.....(515)795-3240
 Email.....mknnox@madrid.k12.ia.us
 Golf.....Kyle Stribe
 Girls Golf.....Kyle Stribe
 Basketball.....Brian Surratt
 Girls Basketball.....Jim Mertz
 Baseball.....James Janovick
 Girls Softball.....Gabe Dunn
 Football.....Brock Hinkel

Girls Volleyball.....Garry DeWall
Track & Field.....Steve Perkins
Girls Track & Field.....Andrew Lowe
Cross Country.....Kelley Grothus
Girls Cross Country.....Kelley Grothus
Football Cheerleading.....Chelsea Hinkel
Basketball Cheerleading.....Chelsea Hinkel
Speech Director.....Kelli Wolf
Student Council.....Sadie Vorbich
Band Director.....Brad Cook
Vocal Director.....Erika Johnson

MAHARISHI SCHOOL

Street Address: 804 Dr Robert Keith Wallace Dr
City: Fairfield
Zip Code: 52556
Mailing Address: 804 Dr Robert Keith Wallace Dr
City: Fairfield
Zip Code: 52556
Supt. St Address: 804 Dr Robert Keith Wallace Dr
Supt. City: Fairfield
Supt. Zip: 52556
County: Jefferson
Area Code: 641
School Phone: 472-9400
HS Fax: 472-1211
AD Fax: 472-1211
Web Site: <https://maharishischool.org>
School Colors: Green & Gold
Nickname: Pioneers
Conference: SEI Superconference-South

Superintendent.....Dr. Richard Beall
Phone.....(641)472-9400 x5080
Email.....rbeall@maharishischool.org
Principal.....Kaye Jacob
Phone.....(641)472-9400 x5321
Email.....kjacob@maharishischool.org
Athletic Administrator.....Terry Weiss
Phone.....(641)472-9400 x5096
Email.....tweiss@maharishischool.org
Tennis.....Steve Briggs,
Girls Tennis.....Lawrence Eyre
Speech Director.....TBD

MANSON NORTHWEST WEBSTER

Street Address: 1601 15th St
City: Manson
Zip Code: 50563
Mailing Address: 1601 15th St
City: Manson
Zip Code: 50563
Supt. St Address: 1030 Main St
Supt. City: Manson
Supt. Zip: 50563
County: Calhoun
Area Code: 712
School Phone: 469-2245
HS Fax: 469-3131
AD Fax: 469-3131
Web Site: <http://www.manson-nw.k12.ia.us>
School Colors: Navy Blue/Gray/Orange
Nickname: Cougars
Conference: Twin Lakes
Superintendent.....Justin Daggett
Phone.....(712)469-2202
Email.....jdaggett@manson-nw.k12.ia.us
Admin Asst.....Dodie Wood
Phone.....(712)469-2202
Email.....dwood@manson-nw.k12.ia.us
Principal.....Jayme Hurley
Phone.....(712)469-2245
Email.....jhurley@manson-nw.k12.ia.us

Athletic Administrator.....Dusty Meyn
Phone.....(712)469-2245
Email.....dmeyn@manson-nw.k12.ia.us
Athletic Secretary.....Kelli Girard
Phone.....(712)469-2245
Email.....kgirard@manson-nw.k12.ia.us
Sports Medicine Provider.....Jim Lonning, LAT
(Sports Medicine Northwest)
Golf.....TBA
Girls Golf.....Trudi Cabera
Basketball.....Caleb Wubben
Girls Basketball.....Bret Larson
Baseball.....Doug Gual
Girls Softball.....Sarah Droste
Wrestling.....Mitch Krueger, Ron Ewing
Football.....Marty Hart
Girls Volleyball.....Hailey Haupts
Track & Field.....Matt Balsey
Girls Track & Field.....Matt Pohlman
Cross Country.....Theo Clark
Girls Cross Country.....Theo Clark
Football Cheerleading.....Toni Tews
Basketball Cheerleading.....Kathy Sonntag
Wrestling Cheerleading.....Heather Wittrock
Speech Director.....Kim Keller
Student Council.....Anthony Olson
Band Director.....Erica Logan
Vocal Director.....Joel Schoening

MAQUOKETA

Street Address: 600 Washington St
City: Maquoketa
Zip Code: 52060
Mailing Address: 600 Washington St
City: Maquoketa
Zip Code: 52060
Supt. St Address: 612 S Vermont St
Supt. City: Maquoketa
Supt. Zip: 52060
County: Jackson
Area Code: 563
School Phone: 652-2451
HS Fax: 652-5324
AD Fax: 652-5324
Web Site: <http://www.maquoketaschools.org/schools/high-school/>
School Colors: Red & White
Nickname: Cardinals
Conference: WaMaC
Superintendent.....Chris Hoover
Phone.....(563)652-4984 x5001
Email.....choover@maquoketaschools.org
Principal.....Mark Vervaecke
Phone.....(563)652-2451 x4224
Email.....mvervaecke@maquoketaschools.org
Asst/Assoc/Vice-Principal.....Kevin Bowman
Phone.....(563)652-2451 x4240
Email.....kbowman@maquoketaschools.org
Athletic Administrator.....Tom Gruenwald
Phone.....(563)652-2451 x4223
Email.....tgruenwald@maquoketaschools.org
Athletic Secretary.....Lorna Scott
Phone.....(563)652-2451 x4222
Email.....lscott@maquoketaschools.org
Sports Medicine Provider.....Bree Arensdorf
Tennis.....Carol Hammill
Girls Tennis.....Andrea Raker
Golf.....Teri Taylor
Girls Golf.....Teri Taylor
Basketball.....Matt Hartman
Girls Basketball.....James Doepeke
Baseball.....Ray Cavanagh

Girls Softball.....Sara Nelson
Wrestling.....Colton Feller
Football.....Kevin Bowman
Girls Volleyball.....Nicole Snyder
Track & Field.....Spencer Scar
Cross Country.....Rob Dennis
Girls Cross Country.....Rob Dennis
Soccer.....Ben Kober
Girls Soccer.....Madison Cousins
Bowling.....Louie Clausen
Girls Bowling.....Louie Clasen
Football Cheerleading.....April Edwards
Basketball Cheerleading.....April Edwards
Wrestling Cheerleading.....April Edwards
Speech Director.....Mykah Kennedy
Student Council.....Andrea Raker
Band Director.....Matt Hovey
Vocal Director.....Joel Hagen

MAQUOKETA VALLEY, DELHI

Street Address: 107 South St
City: Delhi
Zip Code: 52223
Mailing Address: PO Box 186
City: Delhi
Zip Code: 52223
Supt. St Address: 107 South Street
Supt. City: Delhi
Supt. Zip: 52223
County: Delaware
Area Code: 563
School Phone: 922-2091
HS Fax: 922-3026
AD Fax: 922-3026
Web Site: <http://www.maquoketa-v.k12.ia.us>
School Colors: Black & Gold
Nickname: Wildcats
Conference: Tri Rivers
Superintendent.....Dave Hoeger
Phone.....(563)922-2091
Email.....davehoeger@maquoketa-v.k12.ia.us
Principal.....Troy Osterhaus
Phone.....(563)922-2091
Email.....troyosterhaus@maquoketa-v.k12.ia.us
Athletic Administrator.....Trevor Arnold
Phone.....(563)922-2091
Email.....trevorarnold@maquoketa-v.k12.ia.us
Athletic Secretary.....Brandy Whittenbaugh
Phone.....(563)922-2091
Email.....brandywhittenbaugh@maquoketa-v.k12.ia.us
Sports Medicine Provider.....Jeff McCormick, LAT
(Regional Medical Center)
Golf.....Tim Andrews
Girls Golf.....Tim Andrews
Basketball.....Eric Conner
Girls Basketball.....Scot Moenck
Baseball.....Randy Turner
Girls Softball.....Macey Kintzle
Wrestling.....Kurt Hatfield
Football.....Trevor Arnold
Girls Volleyball.....Brandy Whittenbaugh
Track & Field.....Pat Meehan
Girls Track & Field.....Creig Dunlap
Cross Country.....Sara Dever
Girls Cross Country.....Sara Dever
Football Cheerleading.....NO CHEER
Basketball Cheerleading.....NO CHEER
Wrestling Cheerleading.....NO CHEER
Speech Director.....Debbie DeVore
Student Council.....Troy Osterhaus
Band Director.....Travis Ford
Vocal Director.....Wyatt Rath

MARION

Street Address: 675 S 15th St
 City: Marion
 Zip Code: 52302
 Mailing Address: 675 S 15th St
 City: Marion
 Zip Code: 52302
 Supt. St Address: 777 S 15th St
 Supt. City: Marion
 Supt. Zip: 52302
 County: Linn
 Area Code: 319
 School Phone: 377-9891
 HS Fax: 377-7621
 AD Fax: 377-7621
 Web Site: <https://www.marion-isd.org/>
 School Colors: Red & Gold
 Nickname: Indians
 Conference: WaMac

Superintendent Janelle Brouwer
 Phone (319)377-4691 x1103
 Email jbrouwer@marion-isd.org
 Asst/Assoc Supt Gretchen Kriegel
 Phone (319)377-4691 x1100
 Email gkriegel@marion-isd.org
 Admin Asst Stephanie Viner
 Phone (319)377-4691 x1101
 Email sviner@marion-isd.org
 Principal Greg Semler
 Phone (319)377-9891 x1125
 Email gsemler@marion-isd.org
 Asst/Assoc/Vice-Principal Chad Zrudsky
 Phone (319)377-9891 x1121
 Email czrudsky@marion-isd.org
 Athletic Administrator Mike Manderscheid
 Phone (319)377-9891 x1122
 Email mmanderscheid@marion-isd.org
 Athletic Secretary Alyssa Kupak
 Phone (319)377-9891 x1124
 Email akupka@marion-isd.org
 Sports Medicine Provider Bailey Sams
 Tennis Jonathon Mitchell
 Girls Tennis Andrea Hansen
 Golf Dave Messerli
 Girls Golf Abby Wennekamp
 Basketball Pete Messerli
 Girls Basketball Josh Claypool
 Baseball Steve Fish
 Girls Softball Scott Fruehling
 Wrestling Jason Haag
 Football Tim Lovell
 Girls Volleyball Roxanne Paulsen
 Track & Field Chad Zrudsky
 Girls Track & Field Sherryl Paige
 Cross Country Matt Thornton
 Girls Cross Country Matt Thornton
 Soccer Kory Boebel
 Girls Soccer Erik Trilk
 Bowling Jason Bates
 Girls Bowling Jason Bates
 Football Cheerleading Emily Palmer
 Basketball Cheerleading Rhonda Martin
 Speech Director Paige Junge
 Student Council Kevin Wake
 Band Director Logan Vander Wiel
 Vocal Director Jonathon Dyrland

MARQUETTE CATHOLIC, BELLEVUE

Street Address: 502 Franklin St
 City: Bellevue
 Zip Code: 52031

Mailing Address: 502 Franklin St

City: Bellevue
 Zip Code: 52031
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Jackson
 Area Code: 563
 School Phone: 872-3356
 HS Fax: 872-3285
 Web Site: <http://www.marquettecatholic.com>
 School Colors: Red & White
 Nickname: Mohawks
 Conference: Tri-Rivers
 Superintendent Kim Hermesen
 Phone (563)556-2580 x289
 Email dbqsup@dbqarch.org
 Executive Coordinator Rev. Dennis Miller
 Phone (563)872-3356
 Principal Geoffrey Kaiser
 Phone (563)872-3356
 Email geoffreykaiser@marquettecatholic.com
 Asst/Assoc/Vice-Principal Karen Timmerman
 Phone (563)872-3356
 Email karentimmerman@marquettecatholic.com
 Asst/Assoc/Vice-Principal Melissa Sturm
 Phone (563)872-3356
 Email melissasturm@marquettecatholic.com
 Athletic Administrator Isaac Sturm
 Phone (563)872-3356
 Email isaacsturm@marquettecatholic.com
 Athletic Secretary Kari Pataska
 Phone (563)872-3356
 Email karipataska@marquettecatholic.com
 Golf Noah Cornelius
 Girls Golf Jordan Albertsen
 Basketball Joel Sieverding
 Girls Basketball Jim Kettmann
 Baseball Jake Oglesby
 Girls Softball Melissa Sturm
 Girls Volleyball Andrew Bishop
 Girls Track & Field Geoffrey Kaiser
 Cross Country Olivia Dietzel
 Girls Cross Country Olivia Dietzel
 Soccer Gary Penniston
 Girls Soccer Chris Medinger
 Student Council Jim Hollensbe
 Vocal Director Noah Cornelius

MARSHALLTOWN

Street Address: 1602 S 2nd Ave
 City: Marshalltown
 Zip Code: 50158
 Mailing Address: 1602 S 2nd Ave
 City: Marshalltown
 Zip Code: 50158
 Supt. St Address: 1002 S 3rd Ave
 Supt. City: Marshalltown
 Supt. Zip: 50158
 County: Marshall
 Area Code: 641
 School Phone: 754-1130
 HS Fax: 754-1136
 AD Fax: 754-1136
 Web Site: <http://www.marshalltown.k12.ia.us>
 School Colors: Red & Blue
 Nickname: Bobcats
 Conference: CIML-Iowa
 Superintendent Dr. Theron Schutte
 Phone (641)754-1000
 Email tschutte@marshalltown.k12.ia.us

Asst/Assoc Supt Dr. Lisa Stevenson
 Phone (641)754-1000
 Email l Stevenson@marshalltown.k12.ia.us
 Admin Asst Gabriela Perez
 Phone (641)754-1000
 Email gperez@marshalltown.k12.ia.us
 Principal Jacque Wyant
 Phone (641)754-1130 x1300
 Email jwyant@marshalltown.k12.ia.us
 Asst/Assoc/Vice-Principal William Terry
 Phone (641)754-1130 x1301
 Email wterry@marshalltown.k12.ia.us
 Asst/Assoc/Vice-Principal Dan Terrones
 Phone (641)754-1130 x1307
 Email dterrones@marshalltown.k12.ia.us
 Asst/Assoc/Vice-Principal Michael Dale
 Phone (641)754-1130 x1136
 Email mdale@marshalltown.k12.ia.us
 Athletic Administrator Ryan Isgrig
 Phone (641)754-1142 x1303
 Email risgrig@marshalltown.k12.ia.us
 Co-AD/Assistant Middle School AD - Jeff Tice
 Phone (641)754-1110
 Email jtice@marshalltown.k12.ia.us
 Athletic Secretary Kate Lamb
 Phone (641)754-1142 x1313
 Email klamb@marshalltown.k12.ia.us
 Sports Medicine Provider Sports Plus
 Tennis James Christensen
 Girls Tennis John Fiscus
 Golf Lucas Johnson
 Girls Golf Lucas Johnson
 Basketball Michael Appel
 Girls Basketball Brian Murphy
 Swimming Mike Loupee
 Girls Swimming Angie Nelson
 Baseball Derek Wrage
 Girls Softball Jim Palmer
 Wrestling Mike Mann
 Football Adam Goodvin
 Girls Volleyball Kaylee Peschong
 Track & Field Doug Bacon
 Girls Track & Field Chad Pietig
 Cross Country Chad Pietig
 Girls Cross Country Stacy O'Hare
 Soccer Scott Johannes
 Girls Soccer Stacy Galema
 Bowling Don Wilder, Jr.
 Girls Bowling Don Wilder, Jr.
 Football Cheerleading Sidney Gard
 Basketball Cheerleading Sidney Gard
 Wrestling Cheerleading TBA
 Speech Director Jo Frohwein
 Student Council Emma Milius
 Band Director Christian Loazia, Brett Umthun
 Vocal Director Amy Ose
 Orchestra Director Maggie Williams

MARTENSDALE-ST. MARYS

Street Address: 390 Burlington Ave
 City: Martinsdale
 Zip Code: 50160
 Mailing Address: PO Box 350
 City: Martinsdale
 Zip Code: 50160
 Supt. St Address: 390 Burlington Ave
 Supt. City: Martinsdale
 Supt. Zip: 50160
 County: Warren
 Area Code: 641
 School Phone: 764-2385
 HS Fax: 764-2100

AD Fax: 764-2100
 Web Site: <http://www.mstm.us>
 School Colors: Royal Blue & Gold
 Nickname: Blue Devils
 Conference: Pride of Iowa
 Superintendent.....Tom Wood
 Phone.....(641)764-2466
 Email.....tom_wood@mstm.us
 Admin Asst.....Kerry Gegner
 Phone.....(641)764-2486
 Email.....kerry_gegner@mstm.us
 Principal.....Josh Moser
 Phone.....(641)764-2486
 Email.....josh_moser@mstm.us
 Athletic Administrator.....Max Seeman
 Phone.....(641)764-2385
 Email.....max_seeman@mstm.us
 Athletic Secretary.....Kerry Gegner
 Email.....kerry_gegner@mstm.us
 Sports Medicine Provider.....Nealey Webster
 Golf.....Manda Gibson
 Girls Golf.....Manda Gibson
 Basketball.....Joe Franey
 Girls Basketball.....Tim Baker
 Baseball.....Jon Fitzpatrick
 Girls Softball.....Brian Sweet
 Wrestling.....Brian Sweet
 Football.....Derek Wharton
 Girls Volleyball.....Wade Gibson
 Track & Field.....Josh Hart
 Girls Track & Field.....John Amfahr
 Cross Country.....Andrea Benson
 Girls Cross Country.....Andrea Benson
 Football Cheerleading.....Sara Franey
 Basketball Cheerleading.....Sara Franey
 Wrestling Cheerleading.....Wendy Gehringer
 Speech Director.....Beth Grafft
 Student Council.....Brooke Nichols
 Band Director.....Randy Olson
 Vocal Director.....Kamron Warden

MASON CITY

Street Address: 1700 4th St SE
 City: Mason City
 Zip Code: 50401
 Mailing Address: 1700 4th St SE
 City: Mason City
 Zip Code: 50401
 Supt. St Address: 1515 S Pennsylvania Ave
 Supt. City: Mason City
 Supt. Zip: 50401
 County: Cerro Gordo
 Area Code: 641
 School Phone: 421-4436
 HS Fax: 421-4222
 AD Fax: 421-4222
 Web Site: <http://www.masoncityschools.org>
 School Colors: Red & Black
 Nickname: Mohawks
 Conference: CIML-Iowa Division
 Superintendent.....David Versteeg
 Phone.....(641)421-4401
 Email.....dversteeg@masoncityschools.org
 Admin Asst.....Sue Deike
 Phone.....(641)421-4401
 Email.....sdeike@masoncityschools.org
 Principal.....Dan Long
 Phone.....(641)421-4431
 Email.....dlong@masoncityschools.org
 Asst/Assoc/Vice-Principal.....Dan Phipps
 Phone.....(641)421-4431
 Email.....dhipps@masoncityschools.org

Asst/Assoc/Vice-Principal.....Brad Hurst
 Phone.....(641)421-4431
 Email.....bhurst@masoncityschools.org
 Athletic Administrator.....Tracy Johnson
 Phone.....(641)421-4433
 Email.....tjohnson@masoncityschools.org
 Co-AD/Assistant.....Lori Cooling
 Phone.....(641)421-4420
 Email.....lcooling@masoncityschools.org
 Athletic Secretary.....Shari Rottinghaus
 Phone.....(641)450-5718
 Email.....srottinghaus@masoncityschools.org
 Sports Medicine Provider.....John Knapper
 (Mercy Health Care)
 Tennis.....Pat Kruger
 Golf.....Jordan Dickson
 Girls Golf.....Matt Evans
 Basketball.....Nick Trask
 Girls Basketball.....Curt Klaahsen
 Swimming.....Steve Hugo
 Girls Swimming.....Steve Hugo
 Baseball.....Troy Rood
 Girls Softball.....Bob Horner
 Wrestling.....Dusty Rhodes
 Football.....John Lee
 Girls Volleyball.....Curt Klaahsen
 Track & Field.....Tyler Ketelsen
 Girls Track & Field.....Jim Lee
 Cross Country.....Tyler Ketelsen
 Girls Cross Country.....Tyler Ketelsen
 Soccer.....Bryan DeGabriele
 Girls Soccer.....Shannon Dykstra
 Bowling.....Rich Patras
 Girls Bowling.....Larry Collins
 Football Cheerleading.....Janna Arndt
 Basketball Cheerleading.....Janna Arndt
 Wrestling Cheerleading.....Janna Arndt
 Speech Director.....Mary Alexander
 Student Council.....Laura Grommesh
 Band Director.....Russ Kramer
 Vocal Director.....Sarah Bouska, Joel Everist
 Orchestra Director.....Malcolm Burke

MEDIAPOLIS

Street Address: 725 N Northfield St
 City: Mediapolis
 Zip Code: 52637
 Mailing Address: PO Box 358
 City: Mediapolis
 Zip Code: 52637
 Supt. St Address: PO Box 358
 Supt. City: Mediapolis
 Supt. Zip: 52637
 County: Des Moines
 Area Code: 319
 School Phone: 394-3101
 HS Fax: 394-9198
 AD Fax: 394-9198
 Web Site: <http://www.meposchools.org>
 School Colors: Orange & Black
 Nickname: Bulldogs
 Conference: SEI Superconference
 Superintendent.....Greg Ray
 Phone.....(319)394-3101 x1451
 Email.....rayg@mepoedu.org
 Principal.....Roger Thornburg
 Phone.....(319)394-3101 x1126
 Email.....thornburg@mepoedu.org
 Asst/Assoc/Vice-Principal.....Mike Wolter
 Phone.....(319)394-3101 x1104
 Email.....wolterm@mepoedu.org

Athletic Administrator.....Mike Wolter
 Phone.....(319)394-3101 x1104
 Email.....wolterm@mepoedu.org
 Sports Medicine Provider.....Hilary Beaird
 Golf.....Jeff Sands
 Girls Golf.....Jeff Sands
 Basketball.....Greg Worrall
 Girls Basketball.....Todd Borrison
 Baseball.....Rick Whitaker
 Girls Softball.....Jeff Martin
 Wrestling.....Jason Payne
 Football.....Brian Borrison
 Girls Volleyball.....Erin Steffener
 Track & Field.....Brian Borrison
 Girls Track & Field.....Erin Steffener
 Cross Country.....Mitch Timmerman
 Girls Cross Country.....Mitch Timmerman
 Soccer.....Mike Hine
 Girls Soccer.....Shane Johnson
 Football Cheerleading.....Sherri Spence
 Basketball Cheerleading.....Sherri Spence
 Wrestling Cheerleading.....Jill Kirby
 Speech Director.....Jerry Woods
 Student Council.....Dana DeLang
 Band Director.....Lydia Greiner, Ryan Greiner
 Vocal Director.....Andrew Reif

MELCHER-DALLAS

Street Address: 214 Main St
 City: Melcher
 Zip Code: 50163
 Mailing Address: PO Box 489
 City: Melcher
 Zip Code: 50163
 Supt. St Address: PO Box 489
 Supt. City: Melcher
 Supt. Zip: 50163
 County: Marion
 Area Code: 641
 School Phone: 947-3731
 HS Fax: 947-5002
 AD Fax: 947-5002
 Web Site: <https://www.melcher-dallascsd.org>
 School Colors: Maroon & White
 Nickname: Saints
 Conference: Bluegrass
 Superintendent.....Scott Bridges
 Phone.....(641)947-3731
 Email.....bridgess@melcher-dallas.k12.ia.us
 Admin Asst.....Barb Damon
 Phone.....(641)947-3731
 Email.....damonb@melcher-dallas.k12.ia.us
 Principal.....Scott Bridges
 Phone.....(641)947-3731
 Email.....bridgess@melcher-dallas.k12.ia.us
 Asst/Assoc/Vice-Principal.....Jon Suntken
 Phone.....(641)947-3731
 Email.....suntkenj@melcher-dallas.k12.ia.us
 Athletic Administrator.....Jim Crozier
 Phone.....(641)947-3731
 Email.....crozierj@melcher-dallas.k12.ia.us
 Golf.....Jim Crozier
 Girls Golf.....Jim Crozier
 Basketball.....Jim Wells
 Girls Basketball.....Kelsey Goff
 Baseball.....Patrick Ferguson
 Girls Softball.....Jim Crozier
 Football.....Pat Ferguson
 Girls Volleyball.....Jesyka Nolte
 Track & Field.....Jon Suntken
 Girls Track & Field.....Amy Stuart
 Cross Country.....Amy Stuart

Girls Cross Country.....Amy Stuart
 Football Cheerleading.....Sadie Kennedy
 Basketball Cheerleading.....Sadie Kennedy
 Speech Director.....Abby Heaberlin
 Student Council.....Linda Urbas
 Band Director.....Andrew Kecy
 Vocal Director.....Andrew Kecy

MESKWAKI SETTLEMENT SCHOOL

Street Address: 1608 305th St
 City: Tama
 Zip Code: 52339
 Mailing Address: 1608 305th St
 City: Tama
 Zip Code: 52339
 Supt. St Address: 1608 305th St
 Supt. City: Tama
 Supt. Zip: 52339
 County: Tama
 Area Code: 641
 School Phone: 484-9000
 HS Fax: 484-9090
 AD Fax: 484-9090
 Web Site: <http://www.msswarriors.org>
 School Colors: Red/Kelley Green
 Nickname: Warriors
 Conference: Iowa Star Conference

Superintendent.....Willie Barney
 Phone.....(641)484-9000 x520
 Email.....wbarney@msswarriors.org
 Principal.....Clyde Tarrence
 Phone.....(641)484-9000 x623
 Email.....ctarrence@msswarriors.org
 Athletic Administrator.....Steadman Brown
 Phone.....(641)484-9000 x625
 Email.....sbrown@msswarriors.org
 Athletic Secretary.....Jaden Davenport
 Phone.....(641)484-9000 x518
 Email.....jadavenport@msswarriors.org
 Sports Medicine Provider..Select Physical Therapy (Select Physical Therapy)
 Basketball.....Garrett Bear
 Girls Basketball.....Emmett Whalen
 Baseball.....TBD
 Girls Softball.....TBD
 Wrestling.....Andre Roberts
 Football.....Andre Roberts
 Girls Volleyball.....TBD
 Track & Field.....Tracy Sienknecht
 Girls Track & Field.....Dylan Kalinay
 Cross Country.....Tracy Seinknecht
 Girls Cross Country.....Tracy Seinknecht
 Bowling.....Eva Keahna
 Football Cheerleading.....NO CHEER
 Basketball Cheerleading.....TBD
 Speech Director.....Mary Fitzgerald
 Student Council.....Clyde Tarrence
 Band Director.....Felicia Bible
 Vocal Director.....Felicia Bible
 Orchestra Director.....TBD

MFL MARMAC

Street Address: 700 South Page
 City: Monona
 Zip Code: 52159
 Mailing Address: PO Box 1040
 City: Monona
 Zip Code: 52159
 Supt. St Address: PO Box 1040
 Supt. City: Monona
 Supt. Zip: 52159

County: Clayton
 Area Code: 563
 School Phone: 539-2031
 HS Fax: 539-4694
 AD Fax: 539-4694
 Web Site: <http://www.mflmarmac.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Bulldogs
 Conference: Upper Iowa
 Principal.....Larry Meyer
 Phone.....(563)539-2031 x131
 Email.....larry.meyer@mflmm.k12.ia.us
 Asst/Assoc/Vice-Principal.....Denise Mueller
 Phone.....(563)873-2250
 Email.....denise.mueller@mflmm.k12.ia.us
 Athletic Administrator.....Erik Peterson
 Phone.....(563)539-2031 x124
 Email.....erik.peterson@mflmm.k12.ia.us
 Co-AD/Assistant.....David Corlett
 Phone.....(563)873-2250
 Email.....david.corlett@mflmm.k12.ia.us
 Athletic Secretary.....Mary Winter
 Phone.....(563)539-2031 x132
 Email.....mary.winter@mflmm.k12.ia.us
 Sports Medicine Provider.....Erica Johnson, LAT
 (Central Community Hospital)

Golf.....Joe Milewsky
 Girls Golf.....Joe Milewsky
 Basketball.....Eric Dettbarn
 Girls Basketball.....Jason Winter
 Baseball.....Brandon Burke
 Girls Softball.....Jerald Kleve
 Wrestling.....Chet Bachman
 Football.....Dan Anderson
 Girls Volleyball.....Angela Adney
 Track & Field.....Kyle Kirkestue
 Girls Track & Field.....Kylie Sandstrom
 Cross Country.....Eric Koenig
 Girls Cross Country.....Eric Koenig
 Football Cheerleading.....Josie Roulson
 Basketball Cheerleading.....Josie Roulson
 Wrestling Cheerleading.....Jerica Meana
 Speech Director.....Angie Killian
 Student Council.....Megan Schellhorn
 Band Director.....Kaitlyn Strock
 Vocal Director.....Jaydeane Berns

MID-PRAIRIE, WELLMAN

Street Address: 1634 HWY 22 E
 City: Wellman
 Zip Code: 52356
 Mailing Address: PO Box 150
 City: Wellman
 Zip Code: 52356
 Supt. St Address: PO Box 150
 Supt. City: Wellman
 Supt. Zip: 52356
 County: Washington
 Area Code: 319
 School Phone: 646-6091
 HS Fax: 646-6097
 AD Fax: 646-6097
 Web Site: <https://www.mphawks.org/>
 School Colors: Black & Gold
 Nickname: Golden Hawks
 Conference: River Valley Conference
 Superintendent.....Mark Schneider
 Phone.....(319)646-6093
 Email.....mschneider@mphawks.org
 Admin Asst.....Carmela Ulin
 Phone.....(319)646-6093
 Email.....culin@mphawks.org

Principal.....Jay Strickland
 Phone.....(319)646-6091
 Email.....jstrickland@mphawks.org
 Asst/Assoc/Vice-Principal.....Tyler Hotz
 Phone.....(319)646-6091
 Email.....thotz@mphawks.org
 Athletic Administrator.....Tyler Hotz
 Phone.....(319)646-6091
 Email.....thotz@mphawks.org
 Co-AD/Assistant.....Nathan Carlson
 Email.....ncarlson@mphawks.org
 Athletic Secretary.....Megan Neal
 Phone.....(319)646-6091
 Email.....mneal@mphawks.org
 Sports Medicine Provider.....Jeff Swartzendruber
 Golf.....Kelby Bender
 Girls Golf.....Tracy McArtor
 Basketball.....Daren Lambert
 Girls Basketball.....Daniel Hershberger
 Baseball.....Andy Greiner
 Girls Softball.....Mallory McArtor
 Wrestling.....Justin Garvey
 Football.....Pete Cavanagh
 Girls Volleyball.....Sherry Evans
 Track & Field.....Dain Jeppson
 Girls Track & Field.....Chris Tyler
 Cross Country.....Mark Hostetler
 Girls Cross Country.....Mark Hostetler
 Soccer.....Pat Cady
 Girls Soccer.....Justin Barthleman
 Speech Director.....Christy Meader
 Student Council.....Jay Strickland
 Band Director.....Dave Kunz
 Vocal Director.....Colette McClellan

MIDLAND, WYOMING

Street Address: 106 W Webster St
 City: Wyoming
 Zip Code: 52362
 Mailing Address: PO Box 109
 City: Wyoming
 Zip Code: 52362
 Supt. St Address: 106 W Webster St
 Supt. City: Wyoming
 Supt. Zip: 52362
 County: Jones
 Area Code: 563
 School Phone: 488-2292
 HS Fax: 488-2253
 AD Fax: 488-3304
 Web Site: <http://www.midland.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Eagles
 Conference: Tri-Rivers
 Superintendent.....Todd Hawley
 Phone.....(563)488-2292 x1280
 Email.....thawley@midland.k12.ia.us
 Admin Asst.....Michelle Hansen
 Email.....mhansen@midland.k12.ia.us
 Principal.....Carol Reilly
 Phone.....(563)488-2292 x1120
 Email.....creilly@midland.k12.ia.us
 Athletic Administrator.....Ryan Steines
 Phone.....(563)488-2292 x2330
 Email.....rsteines@midland.k12.ia.us
 Co-AD/Assistant.....Raymond Dosland
 Email.....rdosland@midland.k12.ia.us
 Golf.....Kirk Park
 Girls Golf.....Ryan Steines
 Basketball.....Dalton Harms
 Girls Basketball.....Jason Soper
 Baseball.....Josh Soper

Girls Softball.....Zach Hebl
 Wrestling.....Casey Huston
 Football.....Lennie Miller
 Girls Volleyball.....Kerrigan Riley
 Track & Field.....Ben Hildebrandt
 Girls Track & Field.....Ryan Luensman
 Cross Country.....Jon Eganhouse
 Girls Cross Country.....Jon Eganhouse
 Football Cheerleading.....Bailey Chaplin
 Wrestling Cheerleading.....Bailey Chaplin
 Speech Director.....Heather Kidder
 Student Council.....Stephanie Kaftan
 Band Director.....Angie Ruley
 Vocal Director.....Angie Ruley

MISSOURI VALLEY

Street Address: 605 E Lincoln Hwy
 City: Missouri Valley
 Zip Code: 51555
 Mailing Address: 605 E Lincoln Hwy
 City: Missouri Valley
 Zip Code: 51555
 Supt. St Address: 109 E Michigan
 Supt. City: Missouri Valley
 Supt. Zip: 51555
 County: Harrison
 Area Code: 712
 School Phone: 642-4149
 HS Fax: 642-4624
 AD Fax: 642-4624
 Web Site: <http://www.movalleyschools.org>
 School Colors: Red & White
 Nickname: Big Reds/Lady Reds
 Conference: Western Iowa
 Superintendent.....Brent Hoelsing
 Phone.....(712)642-2706
 Email.....bhoelsing@movalleycsd.org
 Admin Asst.....Lori Pickle
 Phone.....(712)642-2706
 Email.....lpickle@movalleycsd.org
 Principal.....Kristie Kruckman
 Phone.....(712)642-4149
 Email.....kkruckman@movalleycsd.org
 Athletic Administrator.....Brad Nichols
 Phone.....(712)642-2707
 Email.....bnichols@movalleycsd.org
 Co-AD/Assistant.....Brian Knott
 Phone.....(712)642-4149
 Email.....bknot@movalleycsd.org
 Athletic Secretary.....Vicki Kocour
 Phone.....(712)642-4149 x1115
 Email.....vkocour@movalleycsd.org
 Basketball.....Jeff Miller
 Girls Basketball.....Victor Contreras
 Baseball.....Josh York / Jamie Fouts
 Girls Softball.....Rick Barker
 Wrestling.....Keefer Jensen
 Football.....Rick Barker
 Girls Volleyball.....Josie Esser
 Track & Field.....Rick Barker
 Girls Track & Field.....Scott Cihacek
 Cross Country.....Scott Cihacek
 Girls Cross Country.....Scott Cihacek
 Soccer.....Victor Contreras
 Girls Soccer.....Lacy West
 Football Cheerleading.....Leslie Collins
 Basketball Cheerleading.....Lisa Voss
 Wrestling Cheerleading.....Leslie Collins
 Speech Director.....Traci Remington
 Student Council.....Nicole Gustuson, Delaney Ettlemen
 Band Director.....Sam Arrieta

Vocal Director.....Sam Arrieta

MMCRU

Street Address: 400 E Fenton St
 City: Marcus
 Zip Code: 51035
 Mailing Address: PO Box 667
 City: Marcus
 Zip Code: 51035
 Supt. St Address: PO Box 667
 Supt. City: Marcus
 Supt. Zip: 51035
 County: Cherokee
 Area Code: 712
 School Phone: 376-4172
 HS Fax: 376-4302
 Web Site: <http://www.mmcruroyals.org>
 School Colors: Royal Blue & White
 Nickname: Royals
 Conference: War Eagle
 Superintendent.....Dan Barkel
 Phone.....(712)376-4171
 Email.....dan.barkel@mmcruroyals.org
 Principal.....Travis Sprague
 Phone.....(712)376-4172
 Email.....travis.sprague@mmcruroyals.org
 Asst/Assoc/Vice-Principal.....Toby Young
 Phone.....(712)786-1101
 Email.....tobyyoung@mmcruroyals.org
 Athletic Administrator.....Lonnie Boekhout
 Phone.....(712)376-4172
 Email.....lonnie.boekhout@mmcruroyals.org
 Co-AD/Assistant.....Mark Brighton
 Phone.....(712)786-1101
 Email.....mark.brighton@mmcruroyals.org
 Golf.....Mark Schuttler
 Girls Golf.....Kendra Knapp
 Basketball.....Cam Kuchel
 Girls Basketball.....Gillian Letsche
 Baseball.....Cam Kuchel
 Girls Softball.....Kayla Means
 Wrestling.....Nick Dreckman
 Football.....Kyle Oswald
 Girls Volleyball.....Heather Youde
 Track & Field.....Colin Youde
 Girls Track & Field.....Lonnie Boekhout
 Cross Country.....Lisa Spieler
 Girls Cross Country.....Lisa Spieler
 Bowling.....TBA
 Girls Bowling.....TBA
 Football Cheerleading.....Heidi Holmes, Sarah Bottjen
 Basketball Cheerleading.....Taylor Weiler
 Speech Director.....Alex Wimmer
 Student Council.....TBA
 Band Director.....Emma Davis
 Vocal Director.....Andrew Wotherspoon

MOC-FLOYD VALLEY

Street Address: 615 8th St SE
 City: Orange City
 Zip Code: 51041
 Mailing Address: 615 8th St SE
 City: Orange City
 Zip Code: 51041
 Supt. St Address: 1301 8th St SE
 Supt. City: Orange City
 Supt. Zip: 51041
 County: Sioux
 Area Code: 712
 School Phone: 737-4871
 HS Fax: 737-3933
 AD Fax: 737-3933

Web Site: <http://www.mocfv.org>
 School Colors: Purple & White
 Nickname: Dutchmen
 Conference: Siouxland
 Superintendent.....Russ Adams
 Phone.....(712)737-4873
 Email.....radams@mocfv.org
 Principal.....Michael Mulder
 Phone.....(712)737-4871 x233
 Email.....mmulder@mocfv.org
 Asst/Assoc/Vice-Principal.....Mark Gunderson
 Phone.....(712)737-4871 x242
 Email.....mgunderson@mocfv.org
 Athletic Administrator.....Mark Gunderson
 Phone.....(712)737-4871 x242
 Email.....mgunderson@mocfv.org
 Co-AD/Assistant.....Lyle Lundgren, Shane Williams,
 Cam Smith
 Phone.....(712)737-4871
 Email.....llundgren@mocfv.org
 Email.....swilliams@mocfv.org,
 Email.....csmith@mocfv.org
 Athletic Secretary.....Julie Reinders
 Phone.....(712)737-4871
 Email.....jreinders@mocfv.org
 Sports Medicine Provider.....Chris Krohn
 Golf.....Brady Baker
 Girls Golf.....Jamie Furlong
 Basketball.....Loren De Jong
 Girls Basketball.....Tanner Hillbrands
 Baseball.....Brian Wede
 Girls Softball.....Anita Smith
 Wrestling.....Lyle Lundgren
 Football.....Grant Hegstad
 Girls Volleyball.....Kate Boersma
 Track & Field.....Joel Bundt
 Girls Track & Field.....Teri Anderson
 Cross Country.....Doug DeZeeuw
 Girls Cross Country.....Doug DeZeeuw
 Soccer.....Blake Wiekling
 Girls Soccer.....Sara Nessa
 Football Cheerleading.....Kayla Meis
 Basketball Cheerleading.....Kayla Meis
 Wrestling Cheerleading.....Brenna Haack
 Speech Director.....Joel Stauffer
 Student Council.....Sara Burmakow
 Band Director.....Dan Mangold, Matt Honken
 Vocal Director.....Pam Anderson
 Orchestra Director.....Laura Haverdink

MONTEZUMA

Street Address: 504 N 4th St
 City: Montezuma
 Zip Code: 50171
 Mailing Address: PO Box 580
 City: Montezuma
 Zip Code: 50171
 Supt. St Address: 504 N 4th St
 Supt. City: Montezuma
 Supt. Zip: 50171
 County: Poweshiek
 Area Code: 641
 School Phone: 623-5121
 HS Fax: 623-5733
 AD Fax: 623-5733
 Web Site: <http://www.montezuma-schools.org>
 School Colors: Royal Blue & White
 Nickname: Braves
 Conference: South Iowa Cedar
 Superintendent.....Nathan Wood
 Phone.....(641)623-5185
 Email.....nwood@montezuma.k12.ia.us

Principal.....Tim Hoffman- JH/HS
 Phone.....(641)623-5121
 Email.....thoffman@montezuma.k12.ia.us
 Asst/Vice-Principal.....Kurtis Hanna
 Phone.....(641)623-5121
 Email.....khanna@montezuma.k12.ia.us
 Athletic Administrator.....Tim Burgess
 Phone.....(641)623-5121
 Email.....tburgess@montezuma.k12.ia.us
 Sports Medicine Provider.....Dustin Briggs
 Golf.....Amy Worrall
 Girls Golf.....Liesel Roorda
 Basketball.....Derrick Dengler
 Girls Basketball.....Janel Burgess
 Baseball.....Josh Anderson
 Girls Softball.....Jeremy Van Zee
 Wrestling.....Josh Kriegel
 Football.....Pat O'Brien
 Girls Volleyball.....Katie Dunlap
 Track & Field.....Lukas Steenhoek
 Girls Track & Field.....Megan Carlson
 Cross Country.....Kevin Gartman
 Girls Cross Country.....Kevin Gartman
 Football Cheerleading.....Debbie Iverson
 Basketball Cheerleading.....Mary Jo Sheets
 Wrestling Cheerleading.....Mary Jo Sheets
 Speech Director.....Liesl Roorda
 Student Council.....Earlene Taylor
 Band Director.....Carri Burnett
 Vocal Director.....Mackenzie Maurice

MONTICELLO

Street Address: 850 E Oak St
 City: Monticello
 Zip Code: 52310
 Mailing Address: 850 E Oak St
 City: Monticello
 Zip Code: 52310
 Supt. St Address: 711 S Maple St
 Supt. City: Monticello
 Supt. Zip: 52310
 County: Jones
 Area Code: 319
 School Phone: 465-6597
 HS Fax: 465-4253
 AD Fax: 465-4253
 Web Site: <http://www.monticello.k12.ia.us>
 School Colors: Red & Black
 Nickname: Panthers
 Conference: River Valley Conference
 Superintendent.....Brian Jaeger
 Phone.....(319)465-5963 x5100
 Email.....brian.jaeger@monticello.k12.ia.us
 Principal.....Joan Young
 Phone.....(319)465-6597 x1321
 Email.....jyoung@monticello.k12.ia.us
 Athletic Administrator.....Tim Lambert
 Phone.....(319)465-6597 x1323
 Email.....tlambert@monticello.k12.ia.us
 Athletic Secretary.....Kim Ralston
 Phone.....(319)465-3575 x1300
 Email.....kim.ralston@monticello.k12.ia.us
 Golf.....Curt Tauke
 Basketball.....Tim Lambert
 Girls Basketball.....Donnie Kremer
 Baseball.....Kolby Harms
 Girls Softball.....Bret McDonald
 Wrestling.....Ryan Luensman
 Football.....Wes Wilson
 Girls Volleyball.....Stacie Breitbach
 Track & Field.....Greg Williams
 Girls Track & Field.....Val Lynn

Cross Country.....Dan Sauser
 Girls Cross Country.....Dan Sauser
 Soccer.....Colton Halder
 Girls Soccer.....Bruce Feuling
 Bowling.....Brian Meyer
 Girls Bowling.....Brian Meyer
 Football Cheerleading.....Laura Turnis
 Basketball Cheerleading.....Laura Turnis
 Wrestling Cheerleading.....Jessica Rubin
 Speech Director.....Kim Carlson
 Student Council.....Mary Jane Maher
 Band Director.....Alec Garringer
 Vocal Director.....Brett Kniess

MORAVIA

Street Address: 505 N Trussell Ave
 City: Moravia
 Zip Code: 52571
 Mailing Address: 505 N Trussell Ave
 City: Moravia
 Zip Code: 52571
 Supt. St Address: 505 N Trussell Ave
 Supt. City: Moravia
 Supt. Zip: 52571
 County: Appanoose
 Area Code: 641
 School Phone: 724-3241
 HS Fax: 724-9858
 AD Fax: 724-9858
 Web Site: <http://www.moravia.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Mohawks
 Conference: Bluegrass
 Superintendent.....Sam Swenson
 Phone.....(641)724-3241
 Email.....sam.swenson@moravia.k12.ia.us
 Principal.....Levi Marx
 Phone.....(641)724-3241
 Email.....levi.marx@moravia.k12.ia.us
 Athletic Administrator.....Matt Finley
 Phone.....(641)724-3241
 Email.....matt.finley@moravia.k12.ia.us
 Co-AD/Assistant.....Brian Bickel
 Phone.....(641)724-3241
 Email.....brian.bickel@moravia.k12.ia.us
 Golf.....Darrin Fisher
 Girls Golf.....Darrin Fisher
 Basketball.....Brian Bickel
 Girls Basketball.....Derek Reischauer
 Baseball.....Bill Huisman
 Girls Softball.....Kevin Fritz
 Wrestling.....Denny Whitlow
 Football.....Denny Whitlow
 Girls Volleyball.....Rachel Helmick
 Track & Field.....Steve Smith
 Cross Country.....Darcie Whitlow
 Girls Cross Country.....Darcie Whitlow
 Speech Director.....Maranda Leadon
 Student Council.....Karen Fairchild
 Band Director.....Lise Nelson
 Vocal Director.....Jerry Richardson

MORMON TRAIL, GARDEN GROVE

Street Address: 502 E Main St
 City: Garden Grove
 Zip Code: 50103
 Mailing Address: 403 S Front
 City: Humeston
 Zip Code: 50123
 Supt. St Address: PO Box 156
 Supt. City: Humeston

Supt. Zip: 50123
 County: Decatur
 Area Code: 641
 School Phone: 443-3425
 HS Fax: 443-2644
 AD Fax: 443-2644
 Web Site: <http://www.mormontrailcsd.org>
 School Colors: Black & Gold
 Nickname: Saints
 Conference: Bluegrass
 Superintendent.....Kerry Phillips
 Phone.....(641)877-2521
 Email.....kphillips@mormontrailcsd.org
 Principal.....Becky Stripe
 Phone.....(641)443-3425
 Email.....bstripe@mormontrailcsd.org
 Athletic Administrator.....Robert Thatcher
 Phone.....(641)443-3425
 Email.....rthatcher@mormontrailcsd.org
 Athletic Secretary.....Stevie Parmer
 Phone.....(641)877-2521
 Email.....sparmer@mormontrailcsd.org
 Golf.....Cale Moore, Cassie Moore
 Girls Golf.....Cale Moore, Cassie Moore
 Basketball.....Aaron Parmer
 Girls Basketball.....Katie Newton
 Baseball.....Jason Newton
 Girls Softball.....Cassie Moore
 Football.....Travis Johnson
 Girls Volleyball.....Josh Stiles
 Track & Field.....Elizabeth Vanderflught
 Girls Track & Field.....Elizabeth Vanderflught
 Cross Country.....Elizabeth Vanderflught
 Speech Director.....Kara Hilton
 Student Council.....Kara Hilton
 Band Director.....Richard Traylor
 Vocal Director.....Richard Traylor

MORNING STAR ACADEMY, BETTENDORF

Street Address: 1426 Tanglefoot Ln
 City: Bettendorf
 Zip Code: 52722
 Mailing Address: 1426 Tanglefoot Ln
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: 1426 Tanglefoot Ln
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 359-5700
 HS Fax: 359-5737
 AD Fax: 359-5737
 Web Site: <http://www.morningstaracademy.org>
 School Colors: Navy & Gold
 Nickname: Mustangs
 Superintendent.....Rob Spykstra
 Phone.....(563)359-5700
 Email.....rob.spykstra@msa-qc.org
 Admin Asst.....Tami Rossow
 Phone.....(563)359-5700
 Email.....tami.russow@msa-qc.org
 Principal.....Elisa Wingerd
 Phone.....(563)359-5700
 Email.....elisa.wingerd@msa-qc.org
 Athletic Administrator.....Elisa Wingerd
 Phone.....(563)359-5700
 Email.....elisa.wingerd@msa-qc.org
 Co-AD/Assistant.....Greg Bradford
 Phone.....(563)359-5700
 Email.....gregory.bradford@msa-qc.org

Basketball.....Skyler Sandry
Girls Basketball.....Lisa Fulton
Girls Volleyball.....Mikhail Giza

MOULTON-UDELL

Street Address: 305 E 8th St
City: Moulton
Zip Code: 52572
Mailing Address: 305 E 8th St
City: Moulton
Zip Code: 52572
Supt. St Address: 305 E 8th St
Supt. City: Moulton
Supt. Zip: 52572
County: Appanoose
Area Code: 641
School Phone: 642-8131
HS Fax: 642-8351
AD Fax: 642-8351
Web Site: <http://www.moulton-udell.k12.ia.us>
School Colors: Royal Blue & White
Nickname: Eagles
Conference: Bluegrass
Superintendent.....Brian Vandersluis
Phone.....(641)642-3665
Email.....bvandersluis@twincedarcsd.org
Principal.....Shane Brown
Phone.....(641)642-8131 x202
Email.....shane.brown@moulton-udell.org
Athletic Administrator.....Gary Ogden
Phone.....(641)642-8131 x204
Email.....gary.ogden@moulton-udell.org
Basketball.....Tim Johnson
Girls Basketball.....Jason Ogden
Baseball.....Tim Johnson
Girls Softball.....Jason Ogden
Girls Volleyball.....Abby Swarts
Track & Field.....Chris Welch
Girls Track & Field.....Chris Welch
Cross Country.....Chris Welch
Girls Cross Country.....Chris Welch
Basketball Cheerleading.....Mickie McKinley
Speech Director.....TBA
Student Council.....Shane Brown
Band Director.....Emma Menzel
Vocal Director.....Emma Menzel

MOUNT AYR

Street Address: 1001 E Columbus St
City: Mount Ayr
Zip Code: 50854
Mailing Address: 1001 E Columbus St
City: Mount Ayr
Zip Code: 50854
Supt. St Address: 1001 E Columbus St
Supt. City: Mount Ayr
Supt. Zip: 50854
County: Ringgold
Area Code: 641
School Phone: 464-0510
HS Fax: 464-2325
AD Fax: 464-2325
Web Site: <http://www.mtayrschools.org>
School Colors: Black, White, Red
Nickname: Raiders
Conference: Pride of Iowa
Superintendent.....Jason Shaffer
Phone.....(641)464-0500
Email.....jason.shaffer@mtayrschools.org
Principal.....Bill Huntington
Phone.....(641)464-0510
Email.....bill.huntington@mtayrschools.org

Athletic Administrator.....Scott Giles
Phone.....(641)464-2622
Email.....scott.giles@mtayrschools.org
Sports Medicine Provider.....Nataasha Gourley
(Ringgold County Hospital)
Golf.....Bret Ruggles
Girls Golf.....Bret Ruggles
Basketball.....Bret Ruggles
Girls Basketball.....Thad Streit
Baseball.....Chris Elwood, Kelly Klomhaus
Girls Softball.....Bret Ruggles
Wrestling.....John Ford, Eric Ehlen
Football.....Derek Lambert
Girls Volleyball.....Kristen Graham, Mariah Mason
Track & Field.....Brad Elliott
Girls Track & Field.....Deb Larsen
Cross Country.....Deb Larsen
Girls Cross Country.....Deb Larsen
Bowling.....Mike Zarr
Girls Bowling.....Mike Zarr
Football Cheerleading.....Amanda Waske, Annie Hosfield
Basketball Cheerleading.....Amanda Waske, Annie Hosfield
Wrestling Cheerleading.....Amanda Waske, Annie Hosfield
Speech Director.....Shaun Knip
Student Council.....Tess Rinehart
Band Director.....Ansley Katz
Vocal Director.....Ansley Katz

MOUNT PLEASANT

Street Address: 400 E Madison St
City: Mount Pleasant
Zip Code: 52641
Mailing Address: 400 E Madison St
City: Mount Pleasant
Zip Code: 52641
Supt. St Address: 400 E Madison St
Supt. City: Mount Pleasant
Supt. Zip: 52641
County: Henry
Area Code: 319
School Phone: 385-7700
HS Fax: 385-7789
AD Fax: 385-7789
Web Site: <http://www.mt-pleasant.k12.ia.us>
School Colors: Maroon & Gold
Nickname: Panthers
Conference: Southeast
Superintendent.....John Henriksen
Phone.....(319)385-7750
Email.....john.henriksen@mtpcsd.org
Admin Asst.....Cindy Smith
Phone.....(319)385-7750
Email.....cindy.smith@mtpcsd.org
Principal.....Todd Liechty
Phone.....(319)385-7700 x105
Email.....todd.liechty@mtpcsd.org
Asst/Assoc/Vice-Principal.....Michael Wilson
Phone.....(319)385-7700 x104
Email.....michael.wilson@mtpcsd.org
Athletic Administrator.....Scot Lamm
Phone.....(319)385-7704 x111
Email.....scot.lamm@mtpcsd.org
Athletic Secretary.....Kim Huene
Phone.....(319)385-7704 x110
Email.....kim.huene@mtpcsd.org
Tennis.....Tyler Rodgers
Girls Tennis.....Steve Scott
Golf.....Rob Zeglen
Girls Golf.....Kirby Booton
Basketball.....Eric Rawson
Girls Basketball.....Curt Watson
Baseball.....Brent Broeker

Girls Softball.....Troy Mears
Wrestling.....Anthony Blint
Football.....Shawn Striegel
Girls Volleyball.....Dave Streeter
Track & Field.....Mitch Anderson
Girls Track & Field.....Scot Lamm
Cross Country.....Mitch Anderson
Girls Cross Country.....Lyle Murray
Soccer.....Neil Schmitz
Girls Soccer.....Scott Stribe
Bowling.....Jerry Crouch
Girls Bowling.....Jerry Crouch
Football Cheerleading.....Nikole Keaster
Basketball Cheerleading.....Nikole Keaster
Wrestling Cheerleading.....Jenna Cargill
Speech Director.....Jessi Rich
Student Council.....Mike Wilson
Band Director.....James DePriest
Vocal Director.....Marlene DePriest

MOUNT VERNON

Street Address: 731 Palisades Rd SW
City: Mount Vernon
Zip Code: 52314
Mailing Address: 731 Palisades Rd SW
City: Mount Vernon
Zip Code: 52314
Supt. St Address: 525 Palisades Rd SW
Supt. City: Mount Vernon
Supt. Zip: 52314
County: Linn
Area Code: 319
School Phone: 895-8843
HS Fax: 895-6185
AD Fax: 895-6185
Web Site: <http://www.mountvernon.k12.ia.us>
School Colors: Maroon & White
Nickname: Mustangs
Conference: WaMac
Superintendent.....Dr. Greg Batenhorst
Phone.....(319)895-8845 x1001
Email.....gbatenhorst@mvcsd.org
Admin Asst.....Amy Weber
Phone.....(319)895-8845 x1000
Email.....aweber@mvcsd.org
Principal.....Steve Brand
Phone.....(319)895-8843 x4001
Email.....sbrand@mvcsd.org
Asst/Assoc/Vice-Principal.....Matt Thede
Phone.....(319)895-8843 x4005
Email.....mthede@mvcsd.org
Athletic Administrator.....Matt Thede
Phone.....(319)895-8843 x4005
Email.....mthede@mvcsd.org
Athletic Secretary.....Valerie Binsfield
Phone.....(319)895-8843 x4003
Email.....vbinsfield@mvcsd.org
Sports Medicine Provider.....Jeremy Elliott
Girls Tennis.....Crystal Eskelsen
Golf.....Mark Binsfield
Basketball.....Ed Timm
Girls Basketball.....Matt Haddy
Baseball.....Jeremy Elliott
Girls Softball.....Robin Brand
Wrestling.....Vance Light
Football.....Lance Pedersen
Girls Volleyball.....Maggie Willems
Track & Field.....Ryan Whitman
Girls Track & Field.....Kory Swart
Cross Country.....Kory Swart
Girls Cross Country.....Sue Deibner
Soccer.....Kevin Murray

Girls Soccer Jenna Hindman
 Football Cheerleading Trista Lynner
 Basketball Cheerleading Trista Lynner
 Speech Director Tawnua Tenley
 Student Council Margo Massey
 Band Director Scott Weber
 Vocal Director Thad Wilkins
 Orchestra Director Tabitha Rasmussen

MURRAY

Street Address: 216 Sherman St
 City: Murray
 Zip Code: 50174
 Mailing Address: PO Box 187
 City: Murray
 Zip Code: 50174
 Supt. St Address: PO Box 187
 Supt. City: Murray
 Supt. Zip: 50174
 County: Clarke
 Area Code: 641
 School Phone: 447-2517
 HS Fax: 447-2313
 AD Fax: 447-2313
 Web Site: <http://www.murraycsd.org>
 School Colors: Purple, White & Gold
 Nickname: Mustangs
 Conference: Bluegrass
 Superintendent Ken Kasper
 Phone (641)447-2517
 Email kkasper@murraycsd.org
 Principal Jarrett Belden
 Phone (641)447-2517
 Email jbelden@murraycsd.org
 Athletic Administrator Jerry Shields
 Phone (641)447-2517
 Email jshields@murraycsd.org
 Sports Medicine Provider Greater Regional Medical Center
 Basketball Darin Wookey
 Girls Basketball Jerry Shields
 Baseball Clint Foster
 Girls Softball Tessa Otto
 Football Shawn Oaks
 Girls Volleyball Jerry Shields
 Track & Field Andy Mayes
 Girls Track & Field Keith Shields
 Speech Director TBD
 Student Council Mindy Oswald
 Band Director Simon McCoy
 Vocal Director John Calahan

MUSCATINE

Street Address: 2705 Cedar Street
 City: Muscatine
 Zip Code: 52761
 Mailing Address: 2705 Cedar Street
 City: Muscatine
 Zip Code: 52761
 Supt. St Address: 2900 Mulberry Ave
 Supt. City: Muscatine
 Supt. Zip: 52761
 County: Muscatine
 Area Code: 563
 School Phone: 263-6141
 HS Fax: 264-1794
 AD Fax: 263-5397
 Web Site: <http://www.muscatine.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Muskies
 Conference: Mississippi Athletic

Superintendent Clint Christopher
 Phone (563)263-7223
 Email clint.christopher@mcsdsonline.org
 Admin Asst. Jill Bourquin
 Phone (563)263-7223
 Email jill.bourquin@mcsdsonline.org
 Principal Terry Hogenson
 Phone (563)263-6141 x1101
 Email terry.hogenson@mcsdsonline.org
 Asst/Assoc/Vice-Principal Andy Werling
 Phone (563)263-6141
 Email andy.werling@mcsdsonline.org
 Asst/Assoc/Vice-Principal Staci Orr
 Phone (563)263-6141 x1102
 Email staci.orr@mcsdsonline.org
 Asst/Assoc/Vice-Principal Ryan Castle
 Phone (563)263-6141 x1103
 Email mark.groteluschen@mcsdsonline.org
 Athletic Administrator Tom Ulses
 Phone (563)263-6141 x1104
 Email tom.ulses@mcsdsonline.org
 Athletic Secretary Mindy Stoltzfus
 Phone (563)263-6141 x1114
 Email mindy.stoltzfus@mcsdsonline.org
 Sports Medicine Provider Nicole Calvert, LAT
 (Rock Valley Physical Therapy)
 Tennis Jim Sichterman
 Golf Scott Schultz
 Girls Golf John Windham
 Basketball John Windham
 Girls Basketball Susan Orvis
 Swimming Judd Anderson
 Girls Swimming Judd Anderson
 Baseball Grant Pippert
 Girls Softball Steve Hopkins
 Wrestling Joe Kane
 Football DJ Hawkins
 Girls Volleyball Kara Russell
 Track & Field Mark Rusch
 Girls Track & Field Scott Roberts
 Cross Country Chris Foxen
 Girls Cross Country Scott Roberts
 Soccer Jose Varela
 Girls Soccer Jose Espinoza
 Bowling Brian Chapman
 Girls Bowling Brian Chapman
 Football Cheerleading Mollie LaRue
 Basketball Cheerleading Mollie LaRue
 Wrestling Cheerleading Mollie LaRue
 Speech Director Brianna Hilton
 Student Council Sarah Walsh
 Band Director Jeff Heid
 Vocal Director Jonathan Ryan
 Orchestra Director Jon Thoma

MVAOCO

Street Address: 501 S 7th St
 City: Mapleton
 Zip Code: 51034
 Mailing Address: 412 S 6th St
 City: Mapleton
 Zip Code: 51034
 Supt. St Address: 501 S 7th St
 Supt. City: Mapleton
 Supt. Zip: 51034
 County: Monona
 Area Code: 712
 School Phone: 881-1319
 HS Fax: 881-1320
 AD Fax: 881-1320
 Web Site: <http://www.mvaoschool.com>

School Colors: Maroon, Gold, Black
 Nickname: Rams
 Conference: Western Valley
 Superintendent Jeff Thelander
 Phone (712)881-1315
 Email jthelander@mvaoschool.org
 Principal Dan Dougherty
 Phone (712)881-1317
 Email ddougherty@mvaoschool.org
 Athletic Administrator Jordan Scholl
 Phone (712)881-1317
 Email jscholl@mvaoschool.org
 Athletic Secretary J Scholl
 Phone (712)881-1317
 Email jscholl@mvaoschool.org
 Sports Medicine Provider Deb Gress
 Golf Jordan Scholl
 Girls Golf Kathy Scholl
 Basketball Josh Koenigs
 Girls Basketball Corey Dose
 Baseball Dan Dougherty
 Girls Softball Derek Dougherty
 Wrestling Steven Schaffer
 Football Justin Kahl
 Girls Volleyball Emily Low
 Track & Field Gaige Gill
 Girls Track & Field Gaige Gill
 Cross Country Gaige Gill
 Girls Cross Country Gaige Gill
 Football Cheerleading Lea Tirevold
 Basketball Cheerleading Lea Tirevold
 Wrestling Cheerleading Lea Tirevold
 Speech Director Stephanie Petersen
 Student Council Kathy Scholl
 Band Director David Kovarna
 Vocal Director Brian Smeltzer

NASHUA-PLAINFIELD

Street Address: 612 Greeley St
 City: Nashua
 Zip Code: 50658
 Mailing Address: 612 Greeley St
 City: Nashua
 Zip Code: 50658
 Supt. St Address: 612 Greeley St
 Supt. City: Nashua
 Supt. Zip: 50658
 County: Chickasaw
 Area Code: 641
 School Phone: 435-4166
 HS Fax: 435-4167
 AD Fax: 435-4167
 Web Site: <http://www.nashua-plainfield.k12.ia.us>
 School Colors: Red, Black, Silver
 Nickname: Huskies
 Conference: Top of Iowa East
 Superintendent Keith Turner
 Phone (641)435-4835
 Email kturner@nashua-plainfield.k12.ia.us
 Principal Scott Striegel
 Phone (641)435-4166
 Email sstriegel@nashua-plainfield.k12.ia.us
 Athletic Administrator Josh Smith
 Phone (641)435-4166
 Email josmith@nashua-plainfield.k12.ia.us
 Golf Jeff Trost
 Girls Golf Jeff Trost
 Basketball Sam Brown
 Girls Basketball Josh Smith
 Baseball Levi Miller
 Girls Softball Jessica Stastny

Wrestling.....Al Frost
 Football.....Andrew Christensen
 Girls Volleyball.....Amber McCall
 Track & Field.....Chase Sudol
 Girls Track & Field.....Kristi Hannemann
 Cross Country.....Jennifer Kalainoff
 Girls Cross Country.....Jennifer Kalainoff
 Football Cheerleading.....Tamara Legel
 Basketball Cheerleading.....Tamara Legel
 Wrestling Cheerleading.....Tamara Legel
 Speech Director.....Paige Malven
 Student Council.....Sam Brown
 Band Director.....Scott Stroud
 Vocal Director.....Melanie Johanningmeier

NEVADA

Street Address: 1001 15th St
 City: Nevada
 Zip Code: 50201
 Mailing Address: 1035 15th St
 City: Nevada
 Zip Code: 50201
 Supt. St Address: 1035 15th St
 Supt. City: Nevada
 Supt. Zip: 50201
 County: Story
 Area Code: 515
 School Phone: 382-3521
 HS Fax: 382-2935
 AD Fax: 382-2935
 Web Site: <http://www.nevadacubs.org>
 School Colors: Purple & Gold
 Nickname: Cubs
 Conference: Heart of Iowa
 Superintendent.....Dr. Steve Gray
 Phone.....(515)382-2783 x101
 Email.....sgray@nevadacubs.org
 Asst/Assoc Supt.....Kody Asmus
 Phone.....(515)382-2783 x107
 Admin Asst.....Rita Foley
 Phone.....(515)382-2783 x100
 Email.....rfoley@nevadacubs.org
 Principal.....Kristian Einsweiler
 Phone.....(515)382-3521 x392
 Email.....keinsweiler@nevadacubs.org
 Asst/Assoc/Vice-Principal.....Dustin Smith
 Phone.....(515)382-3521 x393
 Email.....dsmith@nevadacubs.org
 Athletic Administrator.....Dustin Smith
 Phone.....(515)382-3521 x393
 Email.....dsmith@nevadacubs.org
 Co-AD/Assistant.....Vanessa Huber
 Phone.....(515)382-3521 x253
 Email.....vhuber@nevadacubs.org
 Athletic Secretary.....Michelle Sporrer
 Phone.....(515)382-3521 x387
 Email.....msporrer@nevadacubs.org
 Sports Medicine Provider.....21st Century Rehab
 Girls Tennis.....Jill Gray
 Golf.....Ryan Brown
 Girls Golf.....Mike Lawler
 Basketball.....Tyler Struck
 Girls Basketball.....Jordan Bentley
 Baseball.....Patrek Tufts
 Girls Softball.....John Bass
 Wrestling.....Lonnie Ferguson
 Football.....Andrew Kleeman
 Girls Volleyball.....Jonny Sneiderman
 Track & Field.....John Pelzer
 Girls Track & Field.....Ted Johnson
 Cross Country.....James Mills

Girls Cross Country.....Shawn Crain
 Soccer.....Todd Sampson
 Girls Soccer.....Randy Davis
 Football Cheerleading.....Mallory Kane
 Basketball Cheerleading.....Mallory Kane
 Wrestling Cheerleading.....Sadie Backoff
 Speech Director.....Bob Mittman
 Student Council.....Emily DeYoung
 Band Director.....Wade Presley
 Vocal Director.....Shawna Dumbaugh

NEW HAMPTON

Street Address: 710 W Main St
 City: New Hampton
 Zip Code: 50659
 Mailing Address: 710 W Main St
 City: New Hampton
 Zip Code: 50659
 Supt. St Address: 710 W Main St
 Supt. City: New Hampton
 Supt. Zip: 50659
 County: Chickasaw
 Area Code: 641
 School Phone: 394-2144
 HS Fax: 394-2556
 AD Fax: 394-2556
 Web Site: <http://www.new-hampton.k12.ia.us>
 School Colors: Red & Black
 Nickname: Chickasaws
 Conference: Northeast Iowa
 Superintendent.....Jay Jurrens
 Phone.....(641)394-2134
 Email.....j_jurrens@new-hampton.k12.ia.us
 Principal.....Matt Manson
 Phone.....(641)394-2144 x2022
 Email.....m_manson@new-hampton.k12.ia.us
 Athletic Administrator.....Scott Frerichs
 Phone.....(641)394-5065 x2030
 Email.....s_frerichs@new-hampton.k12.ia.us
 Athletic Secretary.....Erica Schmitt
 Phone.....(641)394-5065 x2029
 Email.....e_schmitt@new-hampton.k12.ia.us
 Sports Medicine Provider.....Margaret Peterson
 (Mercy Medical)
 Golf.....Bill Glenn
 Girls Golf.....Eric Olson
 Basketball.....Ryan Rausch
 Girls Basketball.....Chad Pemble
 Baseball.....Cory McDonald
 Girls Softball.....Lisa Rude
 Wrestling.....Matt Paulus
 Football.....Scott Frerichs
 Girls Volleyball.....Jessica Geerts
 Track & Field.....Scott Jenkins
 Girls Track & Field.....Jeanette Laures
 Cross Country.....Jamie Ohrt
 Girls Cross Country.....Jamie Ohrt
 Soccer.....Shannon Stewart
 Girls Soccer.....Shannon Stewart
 Football Cheerleading.....Kyra Ross
 Wrestling Cheerleading.....Maggie Konecne
 Speech Director.....Jason Speltz
 Student Council.....Melissa Nelson
 Band Director.....Justin Adam
 Vocal Director.....Jill Cantu

NEW LONDON

Street Address: 101 W Wilson
 City: New London
 Zip Code: 52645
 Mailing Address: PO Box 97
 City: New London

Zip Code: 52645
 Supt. St Address: PO Box 97
 Supt. City: New London
 Supt. Zip: 52645
 County: Henry
 Area Code: 319
 School Phone: 367-0500
 HS Fax: 367-0501
 AD Fax: 367-0501
 Web Site: <http://www.new-london.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Tigers
 Conference: SEI Superconference
 Superintendent.....Chad Wahls
 Phone.....(319)367-0512 x104
 Email.....chadwahls@nlcsd.org
 Principal.....Scott Kracht
 Phone.....(319)367-0500 x201
 Email.....scott.kracht@nlcsd.org
 Athletic Administrator.....Ben Fry
 Phone.....(319)367-0500 x1106
 Email.....ben.fry@nlcsd.org
 Athletic Secretary.....Tara Schulte
 Phone.....(319)367-0512
 Email.....tara.schulte@nlcsd.org
 Sports Medicine Provider.....Kaci Mertens, ATC
 (Great River Medical Center)
 Golf.....Greg Lerdal
 Girls Golf.....Greg Lerdal
 Basketball.....Bryant Porter
 Girls Basketball.....Aimee Iverson
 Baseball.....Brad Helmerson
 Girls Softball.....Mark Chiri
 Wrestling.....Mark Chiri
 Football.....Mark McSorley
 Girls Volleyball.....Maureen Heath
 Track & Field.....Joe White
 Girls Track & Field.....Paula Bliven
 Football Cheerleading.....Melissa Jacobs
 Speech Director.....Shane Barron/John Culver
 Student Council.....Jennifer Campbell
 Band Director.....Arnold Anderson
 Vocal Director.....John Culver

NEWELL-FONDA

Street Address: 205 Clark St
 City: Newell
 Zip Code: 50568
 Mailing Address: PO Box 297
 City: Newell
 Zip Code: 50568
 Supt. St Address: PO Box 297
 Supt. City: Newell
 Supt. Zip: 50568
 County: Buena Vista
 Area Code: 712
 School Phone: 272-3324
 HS Fax: 272-4276
 AD Fax: 272-4276
 Web Site: <http://www.newell-fonda.k12.ia.us>
 School Colors: Royal Blue & Silver
 Nickname: Mustangs
 Conference: Twin Lakes
 Superintendent.....Jeff Dicks
 Phone.....(712)272-3324
 Email.....dicksj@newell-fonda.k12.ia.us
 Principal.....Christopher Feldhans
 Phone.....(712)272-3325
 Email.....feldhansc@newell-fonda.k12.ia.us
 Athletic Administrator.....Brian Wilken
 Phone.....(712)272-3324
 Email.....wilkenb@newell-fonda.k12.ia.us

Athletic Secretary.....Lori Bodholdt
 Phone.....(712)272-3324
 Email.....bodholdt@newell-fonda.k12.ia.us
 Sports Medicine Provider..... Brandon Marreel, LAT (CNOS)
 Golf.....Nathan Baron
 Girls Golf.....Justin Barber
 Basketball.....Chad Buchholz
 Girls Basketball.....Dick Jungers
 Baseball.....Bo Darrow
 Girls Softball.....Courtney Darrow
 Football.....Brian Wilken
 Girls Volleyball.....Marilyn Murra
 Track & Field.....Brian Wilken
 Girls Track & Field.....Craig Davis
 Football Cheerleading.....Trisha Johnson
 Basketball Cheerleading.....Trisha Johnson
 Speech Director.....Nikki Schubert
 Student Council.....Jen Tovar
 Band Director.....Colleen Hecht
 Vocal Director.....Leah Rosado

NEWMAN CATHOLIC, MASON CITY

Street Address: 2445 19th St SW
 City: Mason City
 Zip Code: 50401
 Mailing Address: 2445 19th St SW
 City: Mason City
 Zip Code: 50401
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Cerro Gordo
 Area Code: 641
 School Phone: 423-6939
 HS Fax: 423-6653
 AD Fax: 423-6653
 Web Site: <http://www.newmancatholic.org>
 School Colors: Cardinal Red & White
 Nickname: Knights
 Conference: Top of Iowa
 Superintendent.....Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Executive Coordinator.....Fr. John Gossman
 Principal.....Tony Adams
 Phone.....(641)423-6939
 Email.....DBQH07@arch.pvt.k12.ia.us
 Athletic Administrator.....Alex Bohl
 Phone.....(641)423-6939
 Email.....abohl@newmancatholic.org
 Golf.....Scott Ball
 Girls Golf.....Tam Whitney
 Basketball.....Jerry Gatton
 Girls Basketball.....Keely Weiner
 Baseball.....Alex Bohl
 Girls Softball.....Tom Dunn
 Wrestling.....Leland Foster, Adam Boehmer
 Football.....Richard McCardle
 Girls Volleyball.....Kristen Breckenridge
 Track & Field.....Mike Schutt
 Girls Track & Field.....Jerry Gatton
 Cross Country.....Mike Schutt
 Girls Cross Country.....Mike Schutt
 Football Cheerleading.....Kathy Steenblock
 Basketball Cheerleading.....Kathy Steenblock
 Wrestling Cheerleading.....Kathy Steenblock
 Speech Director.....Stacey Nichols
 Student Council.....Tony Adams
 Band Director.....Mary Kate Hines
 Vocal Director.....Harold Arians

NEWTON

Street Address: 800 E 4th St S
 City: Newton
 Zip Code: 50208
 Mailing Address: 800 E 4th St S
 City: Newton
 Zip Code: 50208
 Supt. St Address: 1302 1st Ave
 Supt. City: Newton
 Supt. Zip: 50208
 County: Jasper
 Area Code: 641
 School Phone: 792-5797
 HS Fax: 792-0005
 AD Fax: 792-0005
 Web Site: <http://www.newtoncsd.org>
 School Colors: Red & Black
 Nickname: Cardinals
 Conference: Little Hawkeye Conference
 Superintendent.....Tom Messinger
 Phone.....(641)792-5809
 Email.....messingert@newton.k12.ia.us
 Asst/Assoc Supt.....Bret Miller, Laura Selover
 Phone.....(641)792-5809
 Email.....millerb@newton.k12.ia.us
 Email.....seloverl@newton.k12.ia.us
 Admin Asst.....Christine Dawson
 Phone.....(641)792-5809
 Email.....dawsonc@newtoncsd.org
 Principal.....Bill Peters
 Phone.....(641)792-5797
 Email.....petersb@newton.k12.ia.us
 Asst/Assoc/Vice-Principal.....Dave Kalkhoff
 Phone.....(641)792-5797 x2135
 Email.....kalkhoffd@newton.k12.ia.us
 Asst/Assoc/Vice-Principal.....Jim Beerends
 Phone.....(641)792-5797 x2138
 Athletic Administrator.....Ryan Rump
 Phone.....(641)792-5797 x2137
 Email.....rumpr@newton.k12.ia.us
 Co-AD/Assistant.....Eric Vandervelden, Brad Kahler
 Phone.....(641)792-5797 x2138
 Email.....vanderveldene@newton.k12.ia.us
 Email.....kahlerb@newton.k12.ia.us
 Athletic Secretary.....Mindi Walker
 Phone.....(641)792-5797 x2132
 Email.....walkerm@newton.k12.ia.us
 Sports Medicine Provider.....Matt Scotton, LAT, PT (NCSD)
 Tennis.....Jared Gerber
 Girls Tennis.....Erick Zehr
 Golf.....Pat Riley
 Girls Golf.....Ashley Kahler
 Basketball.....Jason Carter
 Girls Basketball.....Eric Vander Velden
 Swimming.....Steve Jones
 Girls Swimming.....Sarah Patterson
 Baseball.....Dustin Brisel
 Girls Softball.....Casey Price
 Wrestling.....Adam Hale
 Football.....Andy Swedenhjelm
 Girls Volleyball.....Kim Florke
 Track & Field.....Chad Garvis
 Girls Track & Field.....Rachel Tomas
 Cross Country.....Steve Weeks
 Girls Cross Country.....Rachelle Tipton
 Soccer.....Zach Jensen
 Girls Soccer.....Abby Lamont
 Bowling.....Christie Hughes
 Girls Bowling.....Christie Hughes
 Football Cheerleading.....Heather Ross
 Basketball Cheerleading.....Heather Ross
 Wrestling Cheerleading.....Heather Ross

Speech Director.....Courtney Reeves
 Student Council.....Randy Mills, Kelly Tremel
 Band Director.....Jim Beerends
 Vocal Director.....Emily Miller
 Orchestra Director..... TBD

NODAWAY VALLEY

Street Address: 410 NW Second St
 City: Greenfield
 Zip Code: 50849
 Mailing Address: 410 NW 2nd St
 City: Greenfield
 Zip Code: 50849
 Supt. St Address: 410 NW 2nd St
 Supt. City: Greenfield
 Supt. Zip: 50849
 County: Adair
 Area Code: 641
 School Phone: 743-6141
 HS Fax: 343-7040
 AD Fax: 343-7040
 Web Site: <http://www.nodawayvalley.org/>
 School Colors: Silver, Purple, Black
 Nickname: Wolverines
 Conference: Pride of Iowa
 Superintendent.....Paul Croghan
 Phone.....(641)743-6127 x1023
 Email.....paul.croghan@nodawayvalley.org
 Principal.....Lanny Kliefoth
 Phone.....(641)743-6141 x1022
 Email.....lkliefoth@nodawayvalley.org
 Asst/Assoc/Vice-Principal.....Gerry Miller
 Phone.....(641)743-6141 x1026
 Email.....gerry.miller@nodawayvalley.org
 Athletic Administrator.....Gerry Miller
 Phone.....(641)743-6141 x1026
 Email.....gerry.miller@nodawayvalley.org
 Athletic Secretary.....Sue McMorran
 Phone.....(641)745-6141 x1021
 Email.....smcmorran@nodawayvalley.org
 Sports Medicine Provider.....Michael Christoffersen
 Golf.....Joel Klobnak
 Girls Golf.....Joel Klobnak
 Basketball.....Darrell Burmeister, James Larson
 Girls Basketball.....Brian Eisbach
 Baseball.....Dan Jameson
 Girls Softball.....Abbey Queck
 Wrestling.....Jesse McCann
 Football.....Duane Matthes
 Girls Volleyball.....Allison Kiburz
 Track & Field.....Darrell Burmeister
 Girls Track & Field.....Brett Welsch
 Cross Country.....Darrell Burmeister
 Girls Cross Country.....Darrell Burmeister
 Girls Soccer.....Mike Krawczyk
 Bowling.....Phyllis Sackett
 Girls Bowling.....Phyllis Sackett
 Football Cheerleading.....Crystal Ruth
 Basketball Cheerleading.....Crystal Ruth
 Wrestling Cheerleading.....Rebecca McCann,
 Justi Christensen
 Speech Director.....Brenda Plymesser
 Student Council.....Brittany Martin
 Band Director.....Lacey Johnson
 Vocal Director.....Nicole Miller

NORTH BUTLER, GREENE

Street Address: 201 North 5th Street
 City: Greene
 Zip Code: 50636
 Mailing Address: PO Box 190
 City: Greene

Zip Code: 50636
 Supt. St Address: PO Box 190
 Supt. City: Greene
 Supt. Zip: 50636
 County: Butler
 Area Code: 641
 School Phone: 816-5631
 HS Fax: 816-5921
 AD Fax: 816-5921
 Web Site: <http://www.northbutler.org>
 School Colors: Navy Blue & Maize
 Nickname: Bearcats
 Conference: Top of Iowa

Superintendent.....Joel Foster
 Phone.....(641)816-5523
 Email.....joel.foster@northbutler.org
 Admin Asst.....Shellee Bartlett
 Phone.....(319)267-2552
 Email.....shellee.bartlett@northbutler.org
 Principal.....Heather Holm
 Phone.....(641) 816-5631
 Email.....heather.holm@northbutler.org
 Asst/Assoc/Vice-Principal.....Beth Endelman
 Phone.....(641)816-5631
 Email.....beth.endelman@northbutler.org
 Athletic Administrator.....Isaac Almelen
 Phone.....(641)816-5631
 Email.....isaac.almelen@northbutler.org
 Co-AD/Assistant.....Ryan Izer
 Phone.....(641)816-5631
 Email.....ryan.izer@northbutler.org
 Athletic Secretary.....Lindsay Landers
 Phone.....(641)816-5631
 Email.....lindsay.landerson@northbutler.org
 Golf.....Todd Thompson
 Girls Golf.....Todd Thompson
 Basketball.....John Jones
 Girls Basketball.....Carrie Eiklenborg
 Baseball.....Isaac Almelen
 Girls Softball.....Beth Endelman
 Wrestling.....Adam Holm
 Football.....Jordan Vanderloop
 Girls Volleyball.....Laura Schwickerath
 Track & Field.....Kirk Clark
 Girls Track & Field.....Collin Freeseemann
 Cross Country.....Kirk Clark
 Girls Cross Country.....Kirk Clark
 Football Cheerleading.....Meghan Kleitsch
 Basketball Cheerleading.....Casie Stroberg
 Wrestling Cheerleading.....TBD
 Speech Director.....Susan Ackerman
 Student Council.....Mary Beck
 Band Director.....Susan Brackett
 Vocal Director.....Joe Strong

NORTH CEDAR, STANWOOD

Street Address: 400 Ball St
 City: Clarence
 Zip Code: 52216
 Mailing Address: PO Box 310
 City: Clarence
 Zip Code: 52216
 Supt. St Address: PO Box 247
 Supt. City: Stanwood
 Supt. Zip: 52337
 County: Cedar
 Area Code: 563
 School Phone: 452-3179
 HS Fax: 452-3972
 AD Fax: 452-3972
 Web Site: <http://www.north-cedar.org>
 School Colors: Purple, Teal, Silver

Nickname: Knights
 Conference: River Valley
 Superintendent.....Mark Dohmen
 Phone.....(563)942-3341
 Email.....mdohmen@north-cedarstu.org
 Principal.....Mary Bendixen
 Phone.....(563)455-3179
 Email.....mbendixen@north-cedarstu.org
 Athletic Administrator.....Adam Hadenfeldt
 Phone.....(563)452-3179
 Email.....ahadenfeldt@north-cedarstu.org
 Athletic Secretary.....Renae Paup
 Phone.....(563)452-3179
 Email.....rpaup@north-cedarstu.org
 Sports Medicine Provider.....Scott Thoma (Progressive
 Rehabilitation Associates L.L.C.)
 Golf.....Todd Cox
 Girls Golf.....Lori Dittmer
 Basketball.....Robert Helgerson
 Girls Basketball.....Kelly Stillwagon
 Baseball.....Adam Hadenfeldt
 Girls Softball.....Alex Curley
 Wrestling.....Darrell Long
 Football.....Adam Hadenfeldt
 Girls Volleyball.....Kori Boleyn
 Track & Field.....Scott Kasik
 Girls Track & Field.....Brad Doerring
 Cross Country.....Alex Curley
 Girls Cross Country.....Alex Curley
 Football Cheerleading.....Chastity Darts
 Basketball Cheerleading.....Chastity Darts
 Wrestling Cheerleading.....Chastity Darts
 Speech Director.....Heather Davidson
 Student Council.....Chastity Darts
 Band Director.....Jill Powers
 Vocal Director.....Ian Heetland

NORTH FAYETTE VALLEY

Street Address: 600 N Pine Street
 City: West Union
 Zip Code: 52175
 Mailing Address: P.O. Box 73
 City: West Union
 Zip Code: 52175
 Supt. St Address: P.O. Box 73
 Supt. City: West Union
 Supt. Zip: 52175
 County: Fayette
 Area Code: 563
 School Phone: 422-3851
 HS Fax: 422-3854
 AD Fax: 422-3854
 Web Site: <http://www.nfvschools.com>
 School Colors: Black, Columbia Blue, Silver
 Nickname: TigerHawks
 Conference: Upper Iowa

Superintendent.....Joe Griffith
 Phone.....(563)422-3851 x1126
 Email.....jgriffith@nfv.k12.ia.us
 Principal.....Lori Westhoff
 Phone.....(563)422-3851
 Email.....lwesthoff@nfv.k12.ia.us
 Athletic Administrator.....Lori Westhoff
 Phone.....(563)422-3851
 Email.....lwesthoff@nfv.k12.ia.us
 Co-AD/Assistant.....Ronald Imoehl, Ardel McCartney
 Phone.....(563)422-3851
 Email.....rimoehl@nfv.k12.ia.us
 Email.....amccartney@nfv.k12.ia.us
 Sports Medicine Provider.....Melanie Martin
 Golf.....Derek Heins

Girls Golf.....Robin Madole
 Basketball.....Matt Krambeer
 Girls Basketball.....Jim Calkins
 Baseball.....Dan Hovden
 Girls Softball.....Brent Kuker
 Wrestling.....Jacob Pedersen
 Football.....Justin Heins
 Girls Volleyball.....Jenny Lee
 Track & Field.....Mark Nuss
 Girls Track & Field.....Mark Nuss
 Cross Country.....Neal Bentley
 Girls Cross Country.....Neal Bentley
 Soccer.....Ignacio Fuentes
 Bowling.....Leland Ellis
 Girls Bowling.....Leland Ellis
 Football Cheerleading.....Stephanie Wagner
 Basketball Cheerleading.....Jaymes Doxenrod
 Wrestling Cheerleading.....Lindsey Richard
 Speech Director.....Julianne Meyer
 Student Council.....John Kullen
 Band Director.....Ted Schacherer
 Vocal Director.....John Bendt

NORTH IOWA CHRISTIAN SCHOOL

Street Address: 680 6th Street SE
 City: Mason City
 Zip Code: 50401
 Mailing Address: 680 6th Street SE
 City: Mason City
 Zip Code: 50401
 County: Cerro Gordo
 Area Code: 641
 School Phone: 423-6440
 HS Fax: 000-0000
 Web Site: <http://www.northiowachristian.com>
 School Colors: royal blue and white
 Principal.....Mitch Moylan
 Phone.....(641)423-6440
 Athletic Administrator.....Steve Vandenberg
 Phone.....(641)423-6440
 Email.....stvandenbergl@gmail.com
 Athletic Secretary.....Kyra Shirk
 Phone.....(641)423-6440
 Email.....nicschooloffice@gmail.com

NORTH IOWA, BUFFALO CENTER

Street Address: 111 3rd Ave. NW
 City: Buffalo Center
 Zip Code: 50424
 Mailing Address: PO Box 510
 City: Buffalo Center
 Zip Code: 50424
 Supt. St Address: PO Box 510
 Supt. City: Buffalo Center
 Supt. Zip: 50424
 County: Winnebago
 Area Code: 641
 School Phone: 562-2525
 HS Fax: 562-2921
 Web Site: <http://www.northiowa.org>
 School Colors: Royal Blue & Silver
 Nickname: Bison
 Conference: North Iowa
 Superintendent.....Joe Erickson
 Phone.....(641)562-2525 x111
 Email.....joe.erickson@northiowa.org
 Principal.....Joann Kenny
 Phone.....(641)562-2525 x115
 Email.....joann.kenny@northiowa.org
 Athletic Administrator.....Meggon Jacobs
 Phone.....(641)562-2525 x159
 Email.....meggon.jacobs@northiowa.org

Athletic Secretary.....Amanda LaGue
 Phone.....(641)562-2525 x167
 Email.....amanda.lague@northiowa.org
 Golf.....Rylie Stanton
 Basketball.....Joel Price
 Girls Basketball.....Rick Meyer
 Baseball.....Zach Meinders
 Girls Softball.....Lauren Hein
 Football.....Brad Kemnitz, Dan Frerichs
 Girls Volleyball.....Micah Peters
 Track & Field.....Jon Potter
 Girls Track & Field.....Jon Potter
 Cross Country.....Jon Potter
 Girls Cross Country.....Jon Potter
 Bowling.....Alyssa Knudson
 Girls Bowling.....Alyssa Knudson
 Football Cheerleading.....Melissa Bennett
 Basketball Cheerleading.....Melissa Bennett
 Speech Director.....Courtney Post
 Student Council.....Teresa Schmitt
 Band Director.....Garrett Arsendorf
 Vocal Director.....Abigail Frommelt

NORTH LINN, TROY MILLS

Street Address: 3033 Lynx Dr
 City: Troy Mills
 Zip Code: 52344
 Mailing Address: PO Box 200
 City: Troy Mills
 Zip Code: 52344
 Supt. St Address: PO Box 200
 Supt. City: Troy Mills
 Supt. Zip: 52344
 County: Linn
 Area Code: 319
 School Phone: 224-3291
 HS Fax: 224-3232
 Web Site: <https://www.northlinncsd.org/>
 School Colors: Burgundy & White
 Nickname: Lynx
 Conference: Tri Rivers
 Superintendent.....Dave Hoeger
 Phone.....(319)224-3291
 Email.....dhoeger@northlinncsd.org
 Principal.....Scott Beaty
 Phone.....(319)224-3291
 Email.....sbeaty@northlinncsd.org
 Athletic Administrator.....Mike Hilmer
 Phone.....(319)224-3291
 Email.....mhilmer@northlinncsd.org
 Athletic Secretary.....Sarah Kilburg
 Email.....skilburg@northlinncsd.org
 Golf.....Kevin Goedken
 Girls Golf.....Kevin Goedken
 Basketball.....Mike Hilmer
 Girls Basketball.....Brian Wheatley
 Baseball.....Travis Griffith
 Wrestling.....Brendan Schott
 Football.....Jared Collum
 Girls Volleyball.....Jennifer McNeill
 Track & Field.....Jared Collum
 Girls Track & Field.....Bob Mudd, Dana Schmidt
 Cross Country.....Bob Mudd, Dana Schmidt
 Girls Cross Country.....Bob Mudd, Dana Schmidt
 Football Cheerleading.....Bethany Brink
 Wrestling Cheerleading.....Bethany Brink
 Speech Director.....Sue Culwell
 Band Director.....Katelyn McKone
 Vocal Director.....Lisa Caston

NORTH MAHASKA, NEW SHARON

Street Address: 2163 135th St.

City: New Sharon
 Zip Code: 50207
 Mailing Address: PO Box 89
 City: New Sharon
 Zip Code: 50207
 Supt. St Address: PO Box 89
 Supt. City: New Sharon
 Supt. Zip: 50207
 County: Mahaska
 Area Code: 641
 School Phone: 637-4187
 HS Fax: 637-4559
 AD Fax: 637-4559
 Web Site: <http://nmwarhawks.org/>
 School Colors: Red & White
 Nickname: Warhawks
 Conference: South Iowa Cedar
 Superintendent.....Angela Livezey
 Phone.....(641)637-4187
 Email.....livezey@nmwarhawks.org
 Principal.....Amber Goemaat
 Phone.....(641)637-4187
 Email.....goemaata@nmwarhawks.org
 Athletic Administrator.....Ryan Groom
 Phone.....(641)637-4187
 Email.....groomr@nmwarhawks.org
 Athletic Secretary.....Cindy DeGoe
 Phone.....(641)637-4187
 Email.....degoe@nmwarhawks.org
 Golf.....Ryan Groom
 Girls Golf.....Ryan Groom
 Basketball.....Seth Streebin
 Girls Basketball.....L. E. Moore
 Baseball.....Kevin Kelderman
 Girls Softball.....Chris Sampson
 Wrestling.....Ryan Groom
 Football.....Phil Griffin
 Girls Volleyball.....Jim Woods
 Track & Field.....Kipp Schuler
 Girls Track & Field.....Terry Malone
 Cross Country.....Kipp Schuler
 Girls Cross Country.....Kipp Schuler
 Football Cheerleading.....Delaney DeJong
 Basketball Cheerleading.....Delaney DeJong
 Wrestling Cheerleading.....Miranda Johnson
 Speech Director.....Rachel Martin
 Student Council.....Jenna Carrico
 Band Director.....Bruce Peiffer
 Vocal Director.....Tara Carrico

NORTH POLK, ALLEMAN

Street Address: 13930 NE 6th St
 City: Alleman
 Zip Code: 50007
 Mailing Address: 13930 NE 6th St
 City: Alleman
 Zip Code: 50007
 Supt. St Address: 13930 NE 6th St
 Supt. City: Alleman
 Supt. Zip: 50007
 County: Polk
 Area Code: 515
 School Phone: 984-3400
 HS Fax: 285-2004
 AD Fax: 685-2004
 Web Site: <http://www.northpolk.org>
 School Colors: Black, Red, Silver Gray
 Nickname: Comets
 Conference: Raccoon River
 Superintendent.....Dr. Dan Mart
 Phone.....(515)984-3400 x2008
 Email.....dan.mart@northpolk.org

Executive Coordinator.....Matthew Blackmore
 Phone.....(515)984-3400
 Email.....matthew.blackmore@northpolk.org
 Principal.....Seth Poldberg
 Phone.....(515)984-3400 x2107
 Email.....seth.poldberg@northpolk.org
 Asst/Assoc/Vice-Principal.....Rob Sinclair
 Phone.....(515)984-3400 x2105
 Email.....rob.sinclair@northpolk.org
 Athletic Administrator.....Reece Satre
 Phone.....(515)984-3400 x2105
 Email.....reece.satre@northpolk.org
 Co-AD/Assistant.....Ben Wolf
 Phone.....(515)984-3400 x2203
 Email.....ben.wolf@northpolk.org
 Athletic Secretary.....Laura Silver
 Phone.....(515)984-3400 x2101
 Email.....laura.silver@northpolk.org
 Sports Medicine Provider.....Courtney Joint, CAT
 (Rock Valley Physical Therapy - Polk City)
 Tennis.....Bill Taylor
 Girls Tennis.....Alex Bollmeyer
 Golf.....Adam Bloom
 Girls Golf.....Gary Fjelland
 Basketball.....Nick Wilkins
 Girls Basketball.....Clint Albertsen
 Baseball.....Wyatt Zoske
 Girls Softball.....Lynette Foster
 Wrestling.....Kirk Hesse
 Football.....Tim TeBrink
 Girls Volleyball.....Steve Baas
 Track & Field.....Bill Capaldo
 Girls Track & Field.....Scott Huether
 Cross Country.....Steve Leach
 Girls Cross Country.....Steve Leach
 Soccer.....Josh Birchmier
 Football Cheerleading.....Kate Rutledge
 Basketball Cheerleading.....Kate Rutledge
 Wrestling Cheerleading.....Destiny Rommel
 Speech Director.....Susan Vernon
 Student Council.....Liz Huether
 Band Director.....Brandon Weeks
 Vocal Director.....Tyler Harper

NORTH SCOTT, ELDRIDGE

Street Address: 200 S 1st St
 City: Eldridge
 Zip Code: 52748
 Mailing Address: 200 S 1st St
 City: Eldridge
 Zip Code: 52748
 Supt. St Address: 251 E Iowa St
 Supt. City: Eldridge
 Supt. Zip: 52748
 County: Scott
 Area Code: 563
 School Phone: 285-9631
 HS Fax: 285-6075
 Web Site: <http://www.north-scott.k12.ia.us>
 School Colors: Scarlet & Silver
 Nickname: Lancers
 Conference: Mississippi Athletic
 Superintendent.....Joe Stutting
 Phone.....(563)285-9081
 Email.....joe.stutting@north-scott.k12.ia.us
 Asst/Assoc Supt.....Michael Kline
 Phone.....(563)285-4810
 Email.....michael.kline@north-scott.k12.ia.us
 Principal.....Shane Knoche
 Phone.....(563)285-3200
 Email.....shane.knoche@north-scott.k12.ia.us

Asst/Assoc/Vice-Principal.....Dan Marceau
 Phone.....(563)285-3208
 Email.....dan.marceau@north-scott.k12.ia.us
 Asst/Assoc/Vice-Principal.....Aaron Schwartz
 Phone.....(563)285-3277
 Email.....aaron.schwartz@north-scott.k12.ia.us
 Athletic Administrator.....Jason Schroeder, CMAA
 Phone.....(563)285-3224
 Email.....jason.schroeder@north-scott.k12.ia.us
 Athletic Secretary.....Angi Horsfield
 Phone.....(563)285-3207
 Email.....angi.horsfield@north-scott.k12.ia.us
 Sports Medicine Provider.....Tim Block
 (Genesis Health Group)
 Tennis.....Todd Satterly
 Girls Tennis.....Heidi Wilmott
 Golf.....Collin Ellis
 Girls Golf.....Frank Wood
 Basketball.....Shamus Budde
 Girls Basketball.....TJ Case
 Baseball.....Travis Ralfs, Brad Ward
 Girls Softball.....Holly Hoelting
 Wrestling.....Drew Kelly
 Football.....Kevin Tippet
 Girls Volleyball.....Taryn Vanearwage
 Track & Field.....Joe Greenwood
 Girls Track & Field.....Troy Matthadiess
 Cross Country.....Amy Knoche
 Girls Cross Country.....Amy Knoche
 Soccer.....Troy Bendickson
 Girls Soccer.....Dion Ayers
 Bowling.....Marie Tharp
 Girls Bowling.....Marie Tharp
 Football Cheerleading.....Sarah Hansel
 Basketball Cheerleading.....Sarah Hansel
 Wrestling Cheerleading.....Sarah Hansel
 Speech Director.....Emily Hintze
 Student Council.....Jennifer Sambdman
 Band Director.....Carl Collins, Mike McMann
 Vocal Director.....Lori Potts
 Orchestra Director.....Linda Hoppe

NORTH TAMA, TRAER

Street Address: 605 Walnut St
 City: Traer
 Zip Code: 50675
 Mailing Address: 605 Walnut St
 City: Traer
 Zip Code: 50675
 Supt. St Address: 605 Walnut St
 Supt. City: Traer
 Supt. Zip: 50675
 County: Tama
 Area Code: 319
 School Phone: 478-2265
 HS Fax: 478-2917
 AD Fax: 478-2917
 Web Site: <http://www.n-tama.k12.ia.us>
 School Colors: Red & White
 Nickname: Redhawks
 Conference: Iowa Star
 Superintendent.....David Hill
 Phone.....(319)478-2265
 Email.....dhill@n-tama.k12.ia.us
 Principal.....Andrew Meister
 Phone.....(319)478-2265 x202
 Email.....ameister@n-tama.k12.ia.us
 Athletic Administrator.....Andrew Meister
 Phone.....(319)478-2265 x201
 Email.....ameister@n-tama.k12.ia.us
 Co-AD/Assistant.....Patty Calderwood
 Email.....pcalderwood@n-tama.k12.ia.us

Athletic Secretary.....Patty Calderwood
 Phone.....(319)478-2265 x214
 Email.....pcalderwood@n-tama.k12.ia.us
 Sports Medicine Provider Cedar Valley Medical Specialists
 Golf.....Trevor Larson
 Girls Golf.....Trevor Larson
 Basketball.....Alex Tagtow
 Girls Basketball.....Shawn Larmore
 Baseball.....Dan Kopriva
 Girls Softball.....Patty Calderwood
 Wrestling.....Andrew Knaack
 Football.....Taylor Wurth
 Girls Volleyball.....Channing Halstead
 Track & Field.....Tyson Roberts
 Girls Track & Field.....Katey Holbach
 Cross Country.....Katey Holbach
 Girls Cross Country.....Katey Holbach
 Speech Director.....Levi LaRue
 Student Council.....Levi LaRue
 Band Director.....Channing Halstead
 Vocal Director.....Terry Shay

NORTH UNION

Street Address: 600 4th Ave
 City: Armstrong
 Zip Code: 50514
 Mailing Address: 600 4th Ave
 City: Armstrong
 Zip Code: 50514
 Supt. St Address: 600 4th Ave
 Supt. City: Armstrong
 Supt. Zip: 50514
 County: Emmet
 Area Code: 712
 School Phone: 868-3550
 HS Fax: 868-3550
 AD Fax: 868-3550
 Web Site: <http://nuwarriors.org>
 School Colors: Green, Black, White
 Nickname: Warriors
 Conference: Top of Iowa (TIC) - West Division
 Superintendent.....Travis Schueller
 Phone.....(712) 868-3542 ext. 142
 Email.....travis.schueller@nuwarriors.org
 Admin Asst.....Erin Rogers
 Phone.....(712) 868-3542 ext. 109
 Email.....erin.rogers@nuwarriors.org
 Principal.....Robert Zotz
 Phone.....(712) 868-3542
 Email.....robert.zotz@nuwarriors.org
 Athletic Administrator.....Alex Fisher
 Phone.....(712) 868-3542 ext. 106
 Email.....alex.fisher@nuwarriors.org
 Co-AD/Assistant.....Royce Byrnes
 Phone.....(515)272-4361
 Email.....royce.byrnes@nuwarriors.org
 Athletic Secretary.....Lisa Olson
 Phone.....(712)868-3550
 Email.....lisa.olson@nuwarriors.org
 Sports Medicine Provider.....Center for Specialty Care
 Golf.....Wes Gibbs
 Girls Golf.....Carole Bernhard
 Basketball.....Alex Fisher
 Girls Basketball.....Merle Tigges
 Baseball.....Royce Byrnes
 Girls Softball.....Kim Price
 Wrestling.....Joe Johnson
 Football.....Matt Ernster
 Girls Volleyball.....Sandy Tigges
 Track & Field.....Loren Looft
 Girls Track & Field.....Loren Looft
 Cross Country.....Brooke Nelsen

Girls Cross Country.....Brooke Nelsen
 Football Cheerleading.....Valerie Vivens
 Basketball Cheerleading.....Valerie Vivens
 Speech Director.....Tiffani Stevens, Mitch Mart
 Student Council.....Lydia Fothergill
 Band Director.....Christofer Lockwood
 Vocal Director.....Paige Lang

NORTHEAST, GOOSE LAKE

Street Address: 3690 Hwy 136
 City: Goose Lake
 Zip Code: 52750
 Mailing Address: 3690 Hwy 136
 City: Goose Lake
 Zip Code: 52750
 Supt. St Address: 3690 Hwy 136
 Supt. City: Goose Lake
 Supt. Zip: 52750
 County: Clinton
 Area Code: 563
 School Phone: 577-2249
 HS Fax: 577-2248
 AD Fax: 577-2248
 Web Site: <http://www.northeast.k12.ia.us>
 School Colors: Columbia Blue & White
 Nickname: Rebels
 Conference: River Valley
 Superintendent.....Neil Gray
 Phone.....(563)577-2249 x2606
 Email.....neil.gray@northeastcsd.org
 Principal.....Jennifer Huling
 Phone.....(563)577-2249 x1304
 Email.....jennifer.huling@northeastcsd.org
 Asst/Assoc/Vice-Principal.....Jeremy Heeringa
 Phone.....(563)577-2249 x1301
 Email.....jeremy.heeringa@northeastcsd.org
 Athletic Administrator.....Troy Hansen
 Phone.....(563)577-2249 x1501
 Email.....troy.hansen@northeastcsd.org
 Athletic Secretary.....Anna Lorenzen
 Phone.....(563)577-2249 x1300
 Email.....anna.lorenzen@northeastcsd.org
 Sports Medicine Provider.....Blake Anderson, ATC/L
 (Rock Valley Physical Therapy)
 Golf.....Trenton Weaver, Shawn Banowetz
 Girls Golf.....Trenton Weaver, Shawn Banowetz
 Basketball.....Brandon Hansen
 Girls Basketball.....Johnny Driscoll
 Baseball.....Drake Wawro
 Girls Softball.....Travis Eversmeyer
 Football.....Mark Lee
 Girls Volleyball.....Rachel Diedrich
 Track & Field.....Mike Mattis
 Girls Track & Field.....Pat Healy
 Cross Country.....Trenton Weaver
 Girls Cross Country.....Trenton Weaver
 Football Cheerleading.....Shana Johnson
 Basketball Cheerleading.....Shana Johnson
 Wrestling Cheerleading.....Shana Johnson
 Speech Director.....Rachel Pasker
 Student Council.....Laura Roberts
 Band Director.....Matt Bolahan
 Vocal Director.....Laura Horst

NORTHWOOD-KENSETT

Street Address: 704 N 7th St
 City: Northwood
 Zip Code: 50459
 Mailing Address: PO Box 289
 City: Northwood
 Zip Code: 50459
 Supt. St Address: 1200 1st Ave N

Supt. City: Northwood
 Supt. Zip: 50459
 County: Worth
 Area Code: 641
 School Phone: 324-2142
 HS Fax: 324-2174
 AD Fax: 324-2174
 Web Site: <http://www.nwood-kensett.k12.ia.us>
 School Colors: Blue & White
 Nickname: Vikings
 Conference: Top of Iowa
 Superintendent.....Mike Crozier
 Phone.....(641)324-2021
 Email.....mcrozier@nkvikings.com
 Principal.....Keith Fritz
 Phone.....(641)324-2142 x101
 Email.....kfritz@nkvikings.com
 Athletic Administrator.....Jordan Reindl
 Phone.....(641)324-2142 x110
 Email.....jreindl@nkvikings.com
 Athletic Secretary.....Clara Helgeland
 Phone.....(641)324-2142 x100
 Email.....chelgeland@nkvikings.com
 Golf.....Greg Parks
 Girls Golf.....Steve Hartman
 Basketball.....Marty Cotter
 Girls Basketball.....Daryl Love
 Baseball.....TBD
 Girls Softball.....Greg Parks
 Wrestling.....Jordan Reindl
 Football.....David Capitani
 Girls Volleyball.....Heather Rheingans
 Track & Field.....David Capitani
 Girls Track & Field.....Troy Einertson
 Cross Country.....Brendan Ehle
 Girls Cross Country.....Brendan Ehle
 Football Cheerleading.....Cindy Pangburn
 Basketball Cheerleading.....Cindy Pangburn
 Wrestling Cheerleading.....Cindy Pangburn
 Speech Director.....Beth Butler
 Student Council.....Kimberly Odegaard
 Band Director.....Jared Barnes
 Vocal Director.....Nikkole Koenig

NORWALK

Street Address: 1201 North Ave
 City: Norwalk
 Zip Code: 50211
 Mailing Address: 1201 North Ave
 City: Norwalk
 Zip Code: 50211
 Supt. St Address: 380 Wright Rd
 Supt. City: Norwalk
 Supt. Zip: 50211
 County: Warren
 Area Code: 515
 School Phone: 981-4201
 HS Fax: 981-9875
 AD Fax: 981-9871
 Web Site: <http://www.norwalk.k12.ia.us>
 School Colors: Purple & Vegas Gold
 Nickname: Warriors
 Conference: Little Hawkeye
 Superintendent.....Duane Magee
 Phone.....(515)981-0676
 Email.....dmagee@norwalk.k12.ia.us
 Principal.....Chris Basinger
 Phone.....(515)981-4201
 Email.....cbasinger@norwalk.k12.ia.us
 Asst/Assoc/Vice-Principal.....Tom Scallon
 Phone.....(515)981-4201
 Email.....tscallon@norwalk.k12.ia.us

Athletic Administrator.....Al Lammers
 Phone.....(515)981-4204
 Email.....alammers@norwalk.k12.ia.us
 Co-AD/Assistant.....Zach Lipovac
 Phone.....(515)981-0435 x2707
 Email.....zlipovac@norwalk.k12.ia.us
 Athletic Secretary.....Katie Flatness
 Phone.....(515)981-4204
 Email.....kflatness@norwalk.k12.ia.us
 Sports Medicine Provider.....Peter Sand, LAT (Unity Point)
 Tennis.....Russell Place
 Girls Tennis.....Kristin Geisler
 Golf.....Steve Wermerskirchen
 Basketball.....Chris Larson
 Girls Basketball.....Jill Martin
 Baseball.....Chad Wiedmann
 Girls Softball.....Andy Pals
 Wrestling.....Brandon Schmitz
 Football.....Paul Patterson
 Girls Volleyball.....Jenna Karpuk
 Track & Field.....Matt Ramthun
 Girls Track & Field.....Charity Campbell
 Cross Country.....Chad Larson
 Girls Cross Country.....Michelle Wiedmann
 Soccer.....Dustin Kralik
 Girls Soccer.....Andrew Messer
 Bowling.....Dennis Stoker
 Girls Bowling.....Dennis Stoker
 Football Cheerleading.....Amanda Moede
 Basketball Cheerleading.....Heather Saville
 Wrestling Cheerleading.....Tiffany Davis
 Speech Director.....Kylie Haggerty
 Band Director.....Ben McCartney, Nicholas Menke
 Vocal Director.....Gerard Krupke

NOTRE DAME, BURLINGTON

Street Address: 702 S Roosevelt Ave
 City: Burlington
 Zip Code: 52601
 Mailing Address: 702 S Roosevelt Ave
 City: Burlington
 Zip Code: 52601
 Supt. St Address: 708 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804
 County: Des Moines
 Area Code: 319
 School Phone: 754-8431
 HS Fax: 752-8690
 AD Fax: 752-8690
 Web Site: <http://burlingtonnotredame.com>
 School Colors: Navy Blue & Gold
 Nickname: Nikes
 Conference: SEI Superconference - South
 Superintendent.....Lee Morrison
 Phone.....(563)888-4231
 Email.....morrison@davenportdiocese.org
 Principal.....Bill Maupin
 Phone.....(319)754-8431 x352
 Email.....Bill.Maupin@bnotredame.org
 Athletic Administrator.....Bill Plein
 Phone.....(319)754-8431 x2
 Email.....bill.plein@bnotredame.org
 Co-AD/Assistant.....Lee Lundvall
 Phone.....(319)754-8431 x373
 Email.....jackson.culp@bnotredame.org
 Sports Medicine Provider.....Erin Bush, PT
 (Great River Medical Center)
 Tennis.....Mike Moffit
 Girls Tennis.....Lauri Allen
 Golf.....Dan Kies
 Basketball.....Dan Kies

Girls Basketball.....Jim Myers
 Baseball.....Chris Chiprez
 Wrestling.....Bill Plein
 Girls Volleyball.....Mike Koelker
 Cross Country.....Mike Moffitt
 Girls Cross Country.....Mike Moffitt
 Soccer.....John Wagner
 Girls Soccer.....Todd Ackerman
 Basketball Cheerleading.....Melissa Chiprez
 Speech Director.....Mary Jo Miller
 Band Director.....Joshua Hopper
 Vocal Director.....Amanda Brent

OABCIG

Street Address: 900 John Montgomery Dr
 City: Ida Grove
 Zip Code: 51445
 Mailing Address: 900 John Montgomery Dr
 City: Ida Grove
 Zip Code: 51445
 Supt. St Address: 900 John Montgomery Dr
 Supt. City: Ida Grove
 Supt. Zip: 51445
 County: Ida
 Area Code: 712
 School Phone: 364-3371
 HS Fax: 364-4463
 AD Fax: 668-2631
 Web Site: <http://www.oabcig.org>
 School Colors: Black, Silver, Purple
 Nickname: Falcons
 Conference: Western Valley
 Superintendent.....Matt Alexander
 Phone.....(712)364-3371
 Email.....malexander@oabcig.org
 Admin Asst.....Kathy Leonard
 Phone.....(712)364-3687
 Email.....kleonard@oabcig.org
 Principal.....Patrick Miller
 Phone.....(712)364-3371
 Email.....pmiller@oabcig.org
 Athletic Administrator.....Larry Allen
 Phone.....(712)668-4820
 Email.....lallen@oabcig.org
 Athletic Secretary.....Traci Allen
 Phone.....(712)668-2289
 Email.....tallen@oabcig.org
 Sports Medicine Provider.....Mike Spetman, LAT
 (Northwest Iowa Bone, Joint & Sports Surgeons)
 Golf.....Kurt Hofmeister
 Girls Golf.....Jacob Henderson
 Basketball.....Steve Brown
 Girls Basketball.....Kurt Brown
 Baseball.....Dan Dotzler
 Girls Softball.....Codie Fineran
 Wrestling.....Randy Nieman
 Football.....Larry Allen
 Girls Volleyball.....Holly Nuetzman
 Track & Field.....Travis Chizek
 Girls Track & Field.....Bob Saunders
 Cross Country.....Bob Saunders
 Girls Cross Country.....Bob Saunders
 Bowling.....Kurt Hofmeister
 Girls Bowling.....Wylene Wessel
 Football Cheerleading.....Paige Whitney
 Basketball Cheerleading.....Becky Miller, Kim Bleckwehl
 Wrestling Cheerleading.....Julie Weeda
 Speech Director.....Kariann Jurgenson
 Student Council.....Jacob Pedersen
 Band Director.....Jacob Welper
 Vocal Director.....Jacob Pedersen

OELWEIN

Street Address: 315 8th Ave SE
 City: Oelwein
 Zip Code: 50662
 Mailing Address: 315 8th Ave SE
 City: Oelwein
 Zip Code: 50662
 Supt. St Address: 307 8th Ave SE
 Supt. City: Oelwein
 Supt. Zip: 50662
 County: Fayette
 Area Code: 319
 School Phone: 283-2731
 HS Fax: 283-1689
 AD Fax: 283-1689
 Web Site: <https://www.oelweinschools.com>
 School Colors: Purple & Gold
 Nickname: Huskies
 Conference: Northeast Iowa

Superintendent..... Josh Ehn
 Phone..... (319)283-3536
 Email..... jehn@oelwein.k12.ia.us
 Admin Asst..... Karen Seeders
 Phone..... (319)283-3536
 Email..... kseeders@oelwein.k12.ia.us
 Principal..... Tim Hadley
 Phone..... (319)283-2731
 Email..... thadley@oelwein.k12.ia.us
 Asst/Assoc/Vice-Principal..... Nick Schauf
 Phone..... (319)283-2731
 Email..... nschauf@oelwein.k12.ia.us
 Athletic Administrator..... Nick Schauf
 Phone..... (319)283-2731
 Email..... nschauf@oelwein.k12.ia.us
 Athletic Secretary..... Teresa Tuecke
 Phone..... (319)283-2731
 Email..... ttuecke@oelwein.k12.ia.us
 Sports Medicine Provider..... Todd Bradley, PT
 (Performance Rehab)

Tennis..... Travis Druvenga
 Golf..... Derek Kuennen
 Girls Golf..... Derek Kuennen
 Basketball..... Michael Mohlis
 Girls Basketball..... Jason Yessak
 Baseball..... Jason Gearhart
 Girls Softball..... Bob Lape
 Wrestling..... Travis Bushaw
 Football..... Bob Lape
 Girls Volleyball..... Lee Andersen
 Track & Field..... Gary Goeller
 Girls Track & Field..... Gary Goeller
 Cross Country..... Jason Gearhart
 Girls Cross Country..... Jason Gearhart
 Bowling..... Keith Juchem
 Girls Bowling..... Keith Juchem
 Football Cheerleading..... Jamie Knowles
 Basketball Cheerleading..... Jamie Knowles
 Wrestling Cheerleading..... Jamie Knowles
 Speech Director..... Chet Reagan
 Student Council..... Derek Kuennen
 Band Director..... Cory McBride
 Vocal Director..... Darci Fuelling

OGDEN

Street Address: 732 W Division St
 City: Ogden
 Zip Code: 50212
 Mailing Address: PO Box 250
 City: Ogden
 Zip Code: 50212
 Supt. St Address: PO Box 250
 Supt. City: Ogden

Supt. Zip: 50212
 County: Boone
 Area Code: 515
 School Phone: 275-4034
 HS Fax: 275-4972
 AD Fax: 275-4972
 Web Site: <http://www.ogdenschools.org>
 School Colors: Royal Blue & White
 Nickname: Bulldogs
 Conference: West Central
 Superintendent..... Pam Dodge
 Phone..... (515)275-2894
 Email..... pam.dodge@ogden.k12.ia.us
 Principal..... Maury Ruble
 Phone..... (515)275-4034
 Email..... maury.ruble@ogden.k12.ia.us
 Athletic Administrator..... Ben Van Wyk
 Phone..... (515)275-4034
 Email..... ben.vanwyk@ogden.k12.ia.us
 Sports Medicine Provider..... Samantha Busch, LAT
 (Boone Rehab Services)

Golf..... Randy Johnson
 Girls Golf..... Randy Johnson
 Basketball..... Scott Church
 Girls Basketball..... John Barbier
 Baseball..... Dick Smith
 Girls Softball..... Mike Moses
 Wrestling..... Jesse Sundell
 Football..... Jacob Burger
 Girls Volleyball..... Samantha Sperling
 Track & Field..... Ryan Kobliska
 Girls Track & Field..... Jacob Burger
 Cross Country..... Ryan Kobliska
 Girls Cross Country..... Ryan Kobliska
 Football Cheerleading..... Shelby Harris
 Basketball Cheerleading..... N/A
 Wrestling Cheerleading..... Brenda McCloud
 Speech Director..... Susan Casey
 Student Council..... Terri Bohr
 Band Director..... Jeremy Britton
 Vocal Director..... Michael Jones

OKOBOJI, MILFORD

Street Address: 901 H Ave
 City: Milford
 Zip Code: 51351
 Mailing Address: PO Box 147
 City: Milford
 Zip Code: 51351
 Supt. St Address: PO Box 147
 Supt. City: Milford
 Supt. Zip: 51351
 County: Dickinson
 Area Code: 712
 School Phone: 338-2446
 HS Fax: 338-2550
 AD Fax: 338-2550
 Web Site: <http://www.okobojischools.org>
 School Colors: Maroon & White
 Nickname: Pioneers
 Conference: Siouxland

Superintendent..... Todd Abrahamson
 Phone..... (712)338-4757 x2101
 Email..... tabrahamson@okobojischools.org
 Admin Asst..... Joan Brown
 Phone..... (712)338-4757 x2300
 Email..... jbrown@okobojischools.org
 Principal..... Brian Downing
 Phone..... (712)338-2446 x5102
 Email..... bdowning@okobojischools.org

Athletic Administrator..... Justin Bouse
 Phone..... (712)338-2446 x5134
 Email..... jubouse@okobojischools.org
 Athletic Secretary..... Kizze Hromatko
 Phone..... (712)338-2446 x5100
 Email..... khromatko@okobojischools.org
 Sports Medicine Provider..... Northwest Iowa Bone, Joint,
 and Sports
 Golf..... Ryan Moretz
 Girls Golf..... Bill Alexander
 Basketball..... Ryan Stumbo
 Girls Basketball..... John Adams
 Baseball..... Rory Marra
 Girls Softball..... Bailey DeBolt
 Wrestling..... Nate Dau
 Football..... Nick Plueger
 Girls Volleyball..... Ashley Linquist
 Track & Field..... Brad Peter
 Girls Track & Field..... Nate Dau
 Cross Country..... Brad Peter, Erin Frerichs
 Girls Cross Country..... Brad Peter, Erin Frerichs
 Football Cheerleading..... Heidi Wittrock, Andrea Langner
 Basketball Cheerleading..... Andrea Langner
 Wrestling Cheerleading..... Heidi Wittrock
 Speech Director..... Ann Williamsen
 Student Council..... Rachel Hoskins
 Band Director..... James Kunz
 Vocal Director..... Erin Chappas

ORIENT-MACKSBURG

Street Address: 201 School St
 City: Orient
 Zip Code: 50858
 Mailing Address: PO Box 129
 City: Orient
 Zip Code: 50858
 Supt. St Address: PO Box 129
 Supt. City: Orient
 Supt. Zip: 50858
 County: Adair
 Area Code: 641
 School Phone: 337-5061
 HS Fax: 337-5606
 AD Fax: same-
 Web Site: <http://www.o-mschools.org>
 School Colors: Red & White
 Nickname: Bulldogs
 Conference: Bluegrass

Superintendent..... Bill Szakacs
 Phone..... (641)337-5061
 Email..... bill.szakacs@o-mschools.org
 Principal..... Bill Szakacs
 Phone..... (641)337-5061
 Email..... bill.szakacs@o-mschools.org
 Asst/Assoc/Vice-Principal..... Teresa Thompson
 Phone..... (641)337-5061
 Email..... teresea.thompson@o-mschools.org
 Athletic Administrator..... Kim DeJongh
 Phone..... (641)337-5061
 Email..... kim.dejongh@o-mschools.org
 Tennis..... Kevin Cooper
 Girls Golf..... Jan Lesan
 Basketball..... Jordan Thompson
 Girls Basketball..... Kim DeJongh
 Baseball..... Drew Dornack
 Girls Softball..... Mike Cooley
 Wrestling..... Darrell Frain
 Football..... Dick Bergstrom
 Track & Field..... Kim DeJongh
 Girls Track & Field..... Kim DeJongh
 Cross Country..... Grant Bohlke

Girls Cross Country.....Grant Bohlke
Speech Director.....Jaclyn Stack
Student Council.....Jennifer Ray

OSAGE

Street Address: 820 Sawyer Dr
City: Osage
Zip Code: 50461
Mailing Address: 820 Sawyer Dr
City: Osage
Zip Code: 50461
Supt. St Address: 820 Sawyer Dr
Supt. City: Osage
Supt. Zip: 50461
County: Mitchell
Area Code: 641
School Phone: 732-3102
HS Fax: 732-3456
AD Fax: 732-3456
Web Site: <http://www.osageschools.com/>
School Colors: Green, White
Nickname: Green Devils
Conference: Top of Iowa Conference
Superintendent.....Barb Schwamman
Phone.....(641)732-5381
Email.....bschwamman@osage.k12.ia.us
Admin Asst.....Renea Trettin
Email.....renea.trettin@osage.k12.ia.us
Principal.....Tim Hejhal
Phone.....(641)732-3102
Email.....tim.hejhal@osage.k12.ia.us
Athletic Administrator.....Michael Henson
Phone.....(641)732-3102
Email.....michael.henson@osage.k12.ia.us
Girls Tennis.....Ryan McInroy
Golf.....Eric Goddard
Girls Golf.....Eric Goddard
Basketball.....Mike Brahn
Girls Basketball.....Chad Erickson
Baseball.....Mike Henson
Girls Softball.....Ryan Huffman
Wrestling.....Brent Jennings
Football.....Torian Wolf
Girls Volleyball.....Bryan Tabbert
Track & Field.....Scott Hoppel
Girls Track & Field.....Tom Muller
Cross Country.....Thomas Meier
Girls Cross Country.....Katie Mostek
Football Cheerleading.....Debbie Goodale
Basketball Cheerleading.....Debbie Goodale
Wrestling Cheerleading.....Debbie Goodale
Speech Director.....Lisa Garrelts
Band Director.....Jeff Kirkpatrick
Vocal Director.....Laurie Hoepfner

OSKALOOSA

Street Address: 1816 N 3rd St
City: Oskaloosa
Zip Code: 52577
Mailing Address: 1816 N 3rd St
City: Oskaloosa
Zip Code: 52577
Supt. St Address: PO Box 710
Supt. City: Oskaloosa
Supt. Zip: 52577
County: Mahaska
Area Code: 641
School Phone: 683-3407
HS Fax: 673-1985
AD Fax: 673-1985
Web Site: <https://www.oskycsd.org>

School Colors: Maroon & White
Nickname: Indians
Conference: Little Hawkeye
Superintendent.....Paula Wright
Phone.....(641)673-8345
Email.....wrightp@oskycsd.org
Principal.....Stacy Bandy
Phone.....(641)673-3407 x1804
Email.....bandys@oskycsd.org
Asst/Assoc/Vice-Principal.....Charles Banks
Phone.....(641)673-3407 x1805
Email.....banksc@oskycsd.org
Athletic Administrator.....Ryan Parker
Phone.....(641)673-4421
Email.....parkerj@oskycsd.org
Athletic Secretary.....Lynne Veldhuizen
Phone.....(641)673-4421 x1827
Email.....veldhuizenl@oskycsd.org
Sports Medicine Provider.....Laura Norberg (Kinetic Edge)
Tennis.....Tony Witt
Girls Tennis.....Bryan Kime
Golf.....Bret Foster
Girls Golf.....Dennis Parks
Basketball.....Brandon Lenhart
Girls Basketball.....Terrance Cunningham
Swimming.....McKenzie Kauffman
Girls Swimming.....McKenzie Kauffman
Baseball.....Bill Almond
Girls Softball.....Jay Harms
Wrestling.....Chase Weber
Football.....Jake Jenkins
Girls Volleyball.....Jennifer Comfort
Track & Field.....Mike Sterner
Girls Track & Field.....Betsy Luck
Cross Country.....Mike Comfort
Girls Cross Country.....Mike Comfort
Soccer.....Greg Walter
Girls Soccer.....Jodi Steinlage
Bowling.....Tony Witt
Girls Bowling.....Tony Witt
Football Cheerleading.....Kista Grosshans
Basketball Cheerleading.....Kaitlyn Letzring
Wrestling Cheerleading.....Tamara Knudtson
Speech Director.....Jessica Weinreich
Student Council.....Kim Gile
Band Director.....Chris Copeland
Vocal Director.....Chris Weinreich
Orchestra Director.....Tyler Coleman

OTTUMWA

Street Address: 501 E 2nd St
City: Ottumwa
Zip Code: 52501
Mailing Address: 501 E 2nd St
City: Ottumwa
Zip Code: 52501
Supt. St Address: 1112 N Van Buren
Supt. City: Ottumwa
Supt. Zip: 52501
County: Wapello
Area Code: 641
School Phone: 683-4444
HS Fax: 682-9607
AD Fax: 682-9607
Web Site: <http://www.ottumwaschools.com>
School Colors: Red & White
Nickname: Bulldogs
Conference: CIML - Metro
Superintendent.....Mike McGrory
Phone.....(641)684-6597 x66100
Email.....michael.mcgrory@ottumwaschools.com

Principal.....Richard Hutchinson
Phone.....(641)683-4444 x77574
Email.....richard.hutchinson@ottumwaschools.com
Asst/Assoc/Vice-Principal.....Sherry Bemis
Phone.....(641)683-4445 x77502
Email.....sherry.bemis@ottumwaschools.com
Asst/Assoc/Vice-Principal.....Shelley Bramschreiber
Phone.....(641)683-4445 x777501
Email.....shelley.bramschreiber@ottumwaschools.com
Asst/Assoc/Vice-Principal.....Andrew Lehn
Phone.....(641)683-4447 x77503
Email.....andrew.lehn@ottumwaschools.com
Athletic Administrator.....Scott Maas
Phone.....(641)683-4446 x77574
Email.....scott.maas@ottumwaschools.com
Co-AD/Assistant.....Mike Egbert
Email.....mike.egbert@ottumwaschools.com
Athletic Secretary.....Kenetta Kirkpatrick
Phone.....(641)683-4444 x77514
Email.....kenetta.kirkpatrick@ottumwaschools.com
Sports Medicine Provider.....Breann Buseman
(Ottumwa Regional Health Center)
Tennis.....Mark Hanson
Girls Tennis.....Leanna Nelson
Golf.....Kyle Creamer
Girls Golf.....Ryan Morgan
Basketball.....Neil Hartz
Girls Basketball.....Joe Vandenberg
Swimming.....Cherie Langland
Girls Swimming.....Heather Simplot
Baseball.....John Jaeger
Girls Softball.....Mandi Moore
Wrestling.....Jeremy Frueh
Football.....Brain Goodvin
Girls Volleyball.....Ruth Thomas
Track & Field.....John Lawrence
Girls Track & Field.....Jim Schlarbaum
Cross Country.....Jeff Smith
Girls Cross Country.....Kristin Mitchell
Soccer.....Andy Maw
Girls Soccer.....Whitney Reber
Bowling.....Tom Maher
Girls Bowling.....Doug Techel
Football Cheerleading.....Mia Calcaterra
Basketball Cheerleading.....Mia Calcaterra
Wrestling Cheerleading.....Mia Calcaterra
Student Council.....Kelci Eakins
Band Director.....Troy Gerleman
Vocal Director.....Dennis Vasconez
Orchestra Director.....Henry Weberpal

OTTUMWA CHRISTIAN SCHOOL

Street Address: 438 McKinley Ave
City: Ottumwa
Zip Code: 52501
Mailing Address: 438 McKinley Ave
City: Ottumwa
Zip Code: 52501
County: Wapello
Area Code: 641
School Phone: 638-9119
HS Fax: 683-1084
Web Site: <http://www.ottumwachristianschool.com>
School Colors: blue and silver
Nickname: lions
Admin Asst.....Jennifer Tice
Phone.....(641)683-9119
Email.....ocsofficemanager@gmail.com
Principal.....Tracey Menninga
Phone.....(641)683-9119
Email.....menninga.tracey@ottumwachristianschool.org

Athletic Administrator.....Tracey Menninga
 Phone.....(641)683-9119
 Email.....menninga.tracey@ottumwachristianschool.org
 Athletic Secretary.....Jennifer Tice
 Phone.....(641)683-9119
 Email.....ocsofficemanager@gmail.com

PANORAMA, PANORA

Street Address: 701 W Main
 City: Panora
 Zip Code: 50216
 Mailing Address: PO Box 39
 City: Panora
 Zip Code: 50216
 Supt. St Address: PO Box 39
 Supt. City: Panora
 Supt. Zip: 50216
 County: Guthrie
 Area Code: 641
 School Phone: 755-2317
 HS Fax: 755-3008
 AD Fax: 755-3008
 Web Site: <http://www.panorama.k12.ia.us>
 School Colors: Dark Blue, Light Blue, Silver
 Nickname: Panthers
 Conference: West Central

Superintendent.....Shawn Holloway
 Phone.....(641)755-4144
 Email.....shawn.holloway@panorama.k12.ia.us
 Admin Asst.....Vanessa Phillips
 Phone.....(641)755-4144
 Email.....vanessa.phillips@panorama.k12.ia.us
 Principal.....Thad Stanley
 Phone.....(641)755-2317
 Email.....thad.stanley@panorama.k12.ia.us
 Athletic Administrator.....Erin Kirtley
 Phone.....(641)755-2317
 Email.....erin.kirtley@panorama.k12.ia.us
 Athletic Secretary.....Char McNeill
 Phone.....(641)755-2317
 Email.....char.mcneill@panorama.k12.ia.us
 Sports Medicine Provider.....Erin Kirtley
 Golf.....David VanAhn
 Girls Golf.....Melissa Hochstetler
 Basketball.....Nick Peasley
 Girls Basketball.....Kylee Boettcher
 Baseball.....Brian Bahrenfuss
 Girls Softball.....Ryan Nail
 Wrestling.....Jason Kirtley
 Football.....Michael Kauzlarich
 Girls Volleyball.....Jessica Nail
 Track & Field.....Mike Kauzlarich
 Girls Track & Field.....Greg Thompson
 Cross Country.....Greg Thompson
 Girls Cross Country.....Greg Thompson
 Soccer.....Matt Fronapfel
 Girls Soccer.....Curt Thornberry, Brandon Waddle
 Football Cheerleading.....Ashley Smith
 Basketball Cheerleading.....Melissa Hochstetler
 Wrestling Cheerleading.....Samantha Flanery
 Speech Director.....Deb Arganbright
 Student Council.....Kylee Boettcher
 Band Director.....Jim Bauch
 Vocal Director.....Chris Helm

PATON-CHURDAN

Street Address: 606 Adrian St
 City: Churdan
 Zip Code: 50050
 Mailing Address: PO Box 157
 City: Churdan
 Zip Code: 50050

Supt. St Address: PO Box 157
 Supt. City: Churdan
 Supt. Zip: 50050
 County: Greene
 Area Code: 515
 School Phone: 389-3111
 HS Fax: 389-3113
 AD Fax: 389-3113
 Web Site: <http://www.paton-churdan.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Rockets
 Conference: Rolling Hills
 Superintendent.....Kreg Lensch
 Phone.....(515)389-3111
 Email.....klensch@glidden-ralston.k12.ia.us
 Principal.....Annie Smith
 Phone.....(515)389-3111
 Email.....asmith@paton-churdan.k12.ia.us
 Athletic Administrator.....Pat Kruse
 Phone.....(515)389-3111
 Email.....pkruse@paton-churdan.k12.ia.us
 Athletic Secretary.....Heather Lansman
 Phone.....(515)389-3111
 Email.....hlansman@paton-churdan.k12.ia.us
 Basketball.....Bud Fagen
 Girls Basketball.....Tom Kennedy
 Girls Volleyball.....Tressa Rassmussen
 Track & Field.....Pat Kruse
 Girls Track & Field.....Pat Kruse
 Speech Director.....TBA
 Student Council.....Makayla Sparr
 Band Director.....Shannon Hobbs
 Vocal Director.....Shannon Hobbs

PCM, MONROE

Street Address: 400 E Old Hwy 163
 City: Monroe
 Zip Code: 50170
 Mailing Address: PO Box 610
 City: Monroe
 Zip Code: 50170
 Supt. St Address: PO Box 610
 Supt. City: Monroe
 Supt. Zip: 50170
 County: Jasper
 Area Code: 641
 School Phone: 259-2315
 HS Fax: 259-2317
 AD Fax: 259-2317
 Web Site: <http://www.pcmschools.org>
 School Colors: Crimson & Gold
 Nickname: Mustangs
 Conference: Heart of Iowa
 Superintendent.....Michelle Havenstrite
 Phone.....(641)259-2316
 Email.....mhavenstrite@pcmschools.org
 Admin Asst.....Kim Pettyjohn
 Phone.....(641)259-2316
 Email.....kpettyjohn@pcmschools.org
 Principal.....Kristen Souza
 Phone.....(641)259-2315
 Email.....ksouza@pcmschools.org
 Athletic Administrator.....Greg Bonnett
 Phone.....(641)259-2315
 Email.....gbonnett@pcmschools.org
 Athletic Secretary.....Kim Pettyjohn
 Phone.....(641)259-2315
 Email.....kpettyjohn@pcmschools.org
 Golf.....Mike Cardin
 Girls Golf.....Tony Ford
 Basketball.....Fred Lorensen
 Girls Basketball.....Jeff Lindsay

Baseball.....Jeff Lindsay
 Girls Softball.....Shaun Hudnut
 Wrestling.....Jeff Nicholson
 Football.....Greg Bonnett
 Girls Volleyball.....Mike Vittetoe
 Track & Field.....Collin Harrison
 Girls Track & Field.....Eric Karr
 Cross Country.....Eric Karr
 Girls Cross Country.....Eric Karr
 Soccer.....Darin Telfer
 Football Cheerleading.....Megan Bouska
 Basketball Cheerleading.....Megan Bouska
 Wrestling Cheerleading.....Megan Bouska
 Speech Director.....Samantha Pohl
 Student Council.....Samantha Pohl, Tara Williams
 Band Director.....Austin Heims
 Vocal Director.....Tony Dam

PEKIN

Street Address: 1062 Birch Ave
 City: Packwood
 Zip Code: 52580
 Mailing Address: 1062 Birch Ave
 City: Packwood
 Zip Code: 52580
 Supt. St Address: 1062 Birch Ave
 Supt. City: Packwood
 Supt. Zip: 52580
 County: Jefferson
 Area Code: 319
 School Phone: 695-3705
 HS Fax: 695-5130
 AD Fax: 695-5130
 Web Site: <http://www.pekincsd.org>
 School Colors: Black, White, Red
 Nickname: Panthers
 Conference: SEI Superconference-North
 Superintendent.....Dave Harper
 Phone.....(319)695-3039 x205
 Email.....dave.harper@pekincsd.org
 Admin Asst.....Ann Swanson
 Phone.....(319)695-3039 x203
 Email.....ann.swanson@pekincsd.org
 Principal.....Andrew Koshatka
 Phone.....(319)695-3705 x207
 Email.....andrew.koshatka@pekincsd.org
 Athletic Administrator.....Brent Blakely
 Phone.....(319)695-3705
 Email.....brent.blakely@pekincsd.org
 Athletic Secretary.....Christy Gambell
 Phone.....(319)695-3705 x208
 Email.....christy.gambell@pekincsd.org
 Sports Medicine Provider.....Eric Turner (Jet Physical Therapy)
 Basketball.....John Swanson
 Girls Basketball.....Davis Eidahl
 Baseball.....Curtis Reighard, Aaron Deutsch
 Girls Softball.....Shelby Atwood
 Wrestling.....Al Chapman
 Football.....Brent Blakely
 Girls Volleyball.....Rusty Crabtree
 Track & Field.....Davis Eidahl
 Girls Track & Field.....Davis Eidahl
 Cross Country.....Davis Eidahl
 Girls Cross Country.....Davis Eidahl
 Football Cheerleading.....Paula Richards
 Basketball Cheerleading.....Elizabeth Overturf
 Wrestling Cheerleading.....Paula Richards
 Speech Director.....Evanica Brown
 Band Director.....Derrick White
 Vocal Director.....Derrick White

PELLA

Street Address: 212 E University St
 City: Pella
 Zip Code: 50219
 Mailing Address: 212 E University St
 City: Pella
 Zip Code: 50219
 Supt. St Address: 212 E University St.
 Supt. City: Pella
 Supt. Zip: 50219
 County: Marion
 Area Code: 641
 School Phone: 628-3870
 HS Fax: 628-7402
 AD Fax: 628-7402
 Web Site: <http://www.pellaschools.org>
 School Colors: Green & White
 Nickname: Dutch / Lady Dutch
 Conference: Little Hawkeye

Superintendent.....Greg Ebeling
 Phone.....(641)628-1111
 Email.....greg.ebeling@pellaschools.org
 Principal.....Adam Beckel
 Phone.....(641)628-3870
 Email.....adam.beckel@pellaschools.org
 Asst/Assoc/Vice-Principal.....Derek Schulte
 Phone.....(641)628-3870
 Email.....derek.schulte@pellaschools.org
 Athletic Administrator.....Matt Fouch
 Phone.....(641)628-7305 x1625
 Email.....matt.fouch@pellaschools.org
 Co-AD/Assistant.....Scott Tjeerdsma, Middle School
 Phone.....(641)628-4784
 Email.....scott.tjeerdsma@pellaschools.org
 Athletic Secretary.....Abby Cunningham
 Phone.....(641)628-7305
 Email.....abby.cunningham@pellaschools.org
 Sports Medicine Provider.....Todd Smith, LAT, PT
 (Pella Regional Health Center)

Tennis.....Josiah Brandt
 Girls Tennis.....Josh McCollam
 Golf.....Bob Fessler
 Girls Golf.....Joe Tangen
 Basketball.....Derek Schulte
 Girls Basketball.....Jered Garland
 Baseball.....Jesse Jablonski
 Girls Softball.....Teresa Thompson
 Wrestling.....Jay Pike
 Football.....Jay McKinstrey
 Girls Volleyball.....Mallory Peterson, Megan Clayberg
 Track & Field.....Brent Van Hauen
 Girls Track & Field.....Dak Rasmussen
 Cross Country.....Douglas Cutler
 Girls Cross Country.....Douglas Cutler
 Soccer.....Mark Solomon
 Girls Soccer.....Mark Howard
 Bowling.....TBD
 Girls Bowling.....TBD
 Football Cheerleading.....Maddy Dingeman
 Basketball Cheerleading.....Maddy Dingeman
 Wrestling Cheerleading.....Alecia Jablonski
 Speech Director.....Suzanne Jones
 Student Council.....Dak Rasmussen
 Band Director.....Dameon Place, Gabe Schott
 Vocal Director.....Jennifer Gaesser, Sam Robilliard
 Orchestra Director.....Montana Crawford

PELLA CHRISTIAN

Street Address: 300 Eagle Lane
 City: Pella
 Zip Code: 50219

Mailing Address: 300 Eagle Lane
 City: Pella
 Zip Code: 50219
 Supt. St Address: 300 Eagle Lane
 Supt. City: Pella
 Supt. Zip: 50219
 County: Marion
 Area Code: 641
 School Phone: 628-4440
 HS Fax: 628-3530
 AD Fax: 628-3530
 Web Site: <http://www.pceagles.org>
 School Colors: Maroon & White
 Nickname: Eagles
 Conference: Little Hawkeye

Superintendent.....Greg Wojczynski
 Phone.....(641)628-4440 x1103
 Email.....wojczynskig@pceagles.org
 Principal.....Greg Wojczynski
 Phone.....(641)628-4440 x1103
 Email.....wojczynskig@pceagles.org
 Athletic Administrator.....Dan Branderhorst
 Phone.....(641)628-4440 x1104
 Email.....branderhorstd@pceagles.org
 Athletic Secretary.....Jan Jungling
 Phone.....(641)628-4440
 Email.....junglingj@pceagles.org
 Sports Medicine Provider.....Erica Guinane, LAT
 (Kinetic Edge)

Girls Tennis.....Danielle Stubbs
 Golf.....Joel Rietema
 Basketball.....JD Boer
 Girls Basketball.....Brad Engbers
 Baseball.....Jeff Bruxvoort
 Girls Softball.....Karen Harrill
 Football.....Richard Kacmarynski
 Girls Volleyball.....Joanna Settles
 Track & Field.....Keith Anderson
 Girls Track & Field.....Keith Anderson
 Cross Country.....Mike Buchheit
 Girls Cross Country.....Mike Buchheit
 Soccer.....Jake Fancher
 Girls Soccer.....Mike Buchheit
 Bowling.....Rod Blunck
 Girls Bowling.....Rod Blunck
 Football Cheerleading.....Madison Sterry
 Basketball Cheerleading.....Madison Sterry
 Speech Director.....Marlo Van Peursem
 Student Council.....Greg Wojczynski
 Band Director.....Autumn Bennett
 Vocal Director.....Aaron Fitzgerald

PERRY

Street Address: 1200 18th St
 City: Perry
 Zip Code: 50220
 Mailing Address: 1200 18th St
 City: Perry
 Zip Code: 50220
 Supt. St Address: 1102 Willis Ave. Suite 200
 Supt. City: Perry
 Supt. Zip: 50220
 County: Dallas
 Area Code: 515
 School Phone: 465-3503
 HS Fax: 465-8510
 AD Fax: 465-8510
 Web Site: <http://www.perry.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Bluejays
 Conference: Raccoon River

Superintendent.....Clark Wicks
 Phone.....(515)465-4656
 Email.....clark.wicks@g.perry.k12.ia.us
 Admin Asst.....Joyce Scott
 Phone.....(515)465-4656
 Email.....joyce.scott@g.perry.k12.ia.us
 Principal.....Dan Marburger
 Phone.....(515)465-3503 x8337
 Email.....dan.marburger@g.perry.k12.ia.us
 Asst/Assoc/Vice-Principal.....Brad Snowgren
 Phone.....(515)465-3503 x8359
 Email.....brad.snowgren@g.perry.k12.ia.us
 Athletic Administrator.....Scott Pierce
 Phone.....(515)465-3503 x8336
 Email.....scott.pierce@g.perry.k12.ia.us
 Athletic Secretary.....Jody Halling
 Phone.....(515)465-8338
 Email.....jody.halling@g.perry.k12.ia.us
 Sports Medicine Provider.....Clint Lutterman
 (21st Century Rehab)

Golf.....Adam Kealhofer
 Girls Golf.....Joel Hoppel
 Girls Basketball.....Skylar Wolf
 Girls Swimming.....Jean Dowd
 Baseball.....Michael Craig
 Girls Softball.....Tina Lutterman
 Wrestling.....Mark Weber
 Football.....Bryce Pierce
 Girls Volleyball.....John Fulton
 Track & Field.....Ryan Marzen
 Girls Track & Field.....Matt Hardy
 Cross Country.....Ryan Marzen
 Girls Cross Country.....Ryan Marzen
 Soccer.....Gary Overla
 Girls Soccer.....Nathan Krohn
 Football Cheerleading.....Kim Herrera
 Basketball Cheerleading.....Kim Herrera
 Wrestling Cheerleading.....Kim Herrera
 Speech Director.....Wendy Bollhoefer
 Student Council.....Brenda Mintun
 Band Director.....Rachel Poss
 Vocal Director.....Jenn Nelson

PLEASANT VALLEY

Street Address: 604 Belmont Rd
 City: Bettendorf
 Zip Code: 52722
 Mailing Address: 604 Belmont Rd
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: 525 Belmont Rd
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 332-5309
 HS Fax: 823-1952
 AD Fax: 823-1952
 Web Site: <https://www.pleasval.org>
 School Colors: Blue & Gray
 Nickname: Spartans
 Conference: Mississippi Athletic
 Superintendent.....Brian Strusz
 Phone.....(563)332-5550
 Email.....struszbrrian@pleasval.org
 Asst/Assoc Supt.....Mike Zimmer
 Phone.....(563)332-5550
 Email.....zimmermike@pleasval.org
 Principal.....Darren Erickson
 Phone.....(563)332-5151
 Email.....ericksondarren@pleasval.org

Asst/Assoc/Vice-Principal.....Adam Pagett
 Phone.....(563)332-5151
 Email.....pagettadam@pleasval.org
 Asst/Assoc/Vice-Principal.....Jason Jones
 Phone.....(563)332-5151
 Email.....jonesjason@pleasval.org
 Asst/Assoc/Vice-Principal.....Michael Peakin
 Phone.....(563)332-5151
 Email.....peakinmichael@pleasval.org
 Athletic Administrator.....D'Anne Kroemer
 Phone.....(563)332-5309
 Email.....kroemerdanne@pleasval.org
 Co-AD/Assistant.....Colin Wikan
 Phone.....(563)332-0200
 Email.....wikancolin@pleasval.org
 Athletic Secretary.....Kim Meyer
 Phone.....(563)332-5309
 Email.....meyerkim@pleasval.org
 Sports Medicine Provider.....Jason Viel, ATC (Rock Valley)
 Tennis.....Randy Brockhage
 Girls Tennis.....Eric Crawford
 Golf.....Mike Nedelcoff
 Girls Golf.....Mike Nedelcoff
 Basketball.....Steve Hillman
 Girls Basketball.....Jennifer Goetz
 Swimming.....Stacey Zapolski
 Girls Swimming.....Rob Miecznikowski
 Baseball.....Derek Stecklein
 Girls Softball.....Jose Lara
 Wrestling.....Jacob Larsen
 Football.....Rusty VanWetzinga
 Girls Volleyball.....Amber Hall
 Track & Field.....Erik Belby
 Girls Track & Field.....Kenny Wheeler
 Cross Country.....Erik Belby
 Girls Cross Country.....Jane Wheeler
 Soccer.....Wayne Ward
 Girls Soccer.....Ed Knupp
 Bowling.....Pat Meyer
 Girls Bowling.....Pat Meyer
 Football Cheerleading.....Megan Ramirez
 Basketball Cheerleading.....Megan Ramirez
 Wrestling Cheerleading.....Telly Skahill
 Speech Director.....Rachel Hart, William Myatt
 Student Council.....Zach Miller
 Band Director.....Drew Anderson, Brian Kling
 Vocal Director.....David Baxter, Meg Byrne
 Orchestra Director.....Rob Swinney

PLEASANTVILLE

Street Address: 415 W Jones St
 City: Pleasantville
 Zip Code: 50225
 Mailing Address: 415 Jones St
 City: Pleasantville
 Zip Code: 50225
 Supt. St Address: 415 Jones St
 Supt. City: Pleasantville
 Supt. Zip: 50225
 County: Marion
 Area Code: 515
 School Phone: 848-0541
 HS Fax: 848-0561
 AD Fax: 848-0561
 Web Site: <http://www.pvillecsd.org>
 School Colors: Orange & Black
 Nickname: Trojans
 Conference: West Central
 Superintendent.....Dr. Tony Aylsworth
 Phone.....(515)848-0555
 Email.....taylsworth@pvillecsd.org

Principal.....Gary Friday
 Phone.....(515)848-0541
 Email.....gfriday@pvillecsd.org
 Athletic Administrator.....Joel Allman
 Phone.....(515)848-0529
 Email.....jallman@pvillecsd.org
 Athletic Secretary.....Amy Fallis
 Phone.....(515)848-0555
 Email.....afallis@pvillecsd.org
 Sports Medicine Provider.....Megan Petersen, LAT
 (Pella Regional Hospital)
 Golf.....Chuck Sinclair
 Girls Golf.....Jeff Koerselman
 Basketball.....Tom Wilkins
 Girls Basketball.....Jeffery Cook
 Baseball.....Sheldon Card
 Girls Softball.....Jan Haugen
 Wrestling.....Heath DeForest
 Football.....Mack Jorth
 Girls Volleyball.....Joel Allman
 Track & Field.....Dillon Daniel
 Girls Track & Field.....Aaron Fichter
 Cross Country.....Aaron Fichter
 Girls Cross Country.....Aaron Fichter
 Football Cheerleading.....Carlee Brent
 Wrestling Cheerleading.....Jerusha Claver
 Speech Director.....Chase Lampe, Jacob Bruns
 Student Council.....Dena Burgett, Erin Cook
 Band Director.....Lucas Trainer
 Vocal Director.....Bonnie Bekersky

POCAHONTAS AREA

Street Address: 202 1st Ave SW
 City: Pocahontas
 Zip Code: 50574
 Mailing Address: 202 1st Ave SW
 City: Pocahontas
 Zip Code: 50574
 Supt. St Address: 202 1st Ave SW
 Supt. City: Pocahontas
 Supt. Zip: 50574
 County: Pocahontas
 Area Code: 712
 School Phone: 335-4848
 HS Fax: 335-3420
 AD Fax: 335-3420
 Web Site: <http://www.pocahontas.k12.ia.us>
 School Colors: Red & Black
 Nickname: Indians
 Conference: Twin Lakes
 Superintendent.....Joseph Kramer
 Phone.....(712)335-4311
 Email.....jkramer@pocahontas.k12.ia.us
 Principal.....Roger Francis
 Phone.....(712)335-4848
 Email.....rfrancis@pocahontas.k12.ia.us
 Athletic Administrator.....Brandon Ruffridge
 Phone.....(712)335-4848
 Email.....bruffridge@pocahontas.k12.ia.us
 Sports Medicine Provider.....Jim Lonning
 (Northwest Iowa Bone, Joint & Sports Surgeons)
 Golf.....Darren Henrickson
 Girls Golf.....Leon Johnson
 Basketball.....Brian Friesner
 Girls Basketball.....Robert Maske
 Baseball.....Brandon Ruffridge; Bill Meacham
 Girls Softball.....Gavin Hjerleid
 Wrestling.....Tony Johnson
 Football.....Mike Ehn
 Girls Volleyball.....Susan Oehlert
 Track & Field.....Brian Friesner

Girls Track & Field.....TBA
 Cross Country.....John Jamison
 Girls Cross Country.....John Jamison
 Football Cheerleading.....Savana Mosbach
 Basketball Cheerleading.....TBA
 Wrestling Cheerleading.....TBA
 Speech Director.....Missy Davis
 Student Council.....Kenny Shannon
 Band Director.....Jenna Phillips
 Vocal Director.....Andrea Christians

POSTVILLE

Street Address: 314 W Post St
 City: Postville
 Zip Code: 52162
 Mailing Address: PO Box 717
 City: Postville
 Zip Code: 52162
 Supt. St Address: PO Box 717
 Supt. City: Postville
 Supt. Zip: 52162
 County: Allamakee
 Area Code: 563
 School Phone: 864-7651
 HS Fax: 864-7659
 AD Fax: 864-7659
 Web Site: <http://postvilleschools.com>
 School Colors: Red & Black
 Nickname: Pirates
 Conference: Upper Iowa
 Superintendent.....Tim Dugger
 Phone.....(563)864-7651 x422
 Email.....tdugger@postville.k12.ia.us
 Principal.....Brendan Knudtson
 Phone.....(563)864-7651 x402
 Email.....bknudtson@postville.k12.ia.us
 Athletic Administrator.....Brennan Williams
 Phone.....(563)864-7651 x412
 Email.....bwilliams@postville.k12.ia.us
 Athletic Secretary.....Teresa Berg
 Phone.....(563)864-7651 x401
 Email.....tberg@postville.k12.ia.us
 Sports Medicine Provider.....Heather Lange
 Golf.....Nick Zieman
 Girls Golf.....Mike Sass
 Basketball.....Mike Sass
 Girls Basketball.....Aandi Deering
 Baseball.....Corey Smock
 Girls Softball.....Betsy Shea
 Wrestling.....Bryan Mueller
 Football.....Kevin Johnson
 Girls Volleyball.....Erin Buehler
 Track & Field.....Shelby Varney
 Girls Track & Field.....Brad Rose
 Cross Country.....Brad Rose
 Girls Cross Country.....Brad Rose
 Soccer.....RJ Olsen
 Football Cheerleading.....Kayla Rupard
 Speech Director.....Derek Friederich
 Student Council.....Betsey Shea
 Band Director.....Shauna Johnsen
 Vocal Director.....April Kruckman

PRAIRIE, CEDAR RAPIDS

Street Address: 401 76th Ave SW
 City: Cedar Rapids
 Zip Code: 52404
 Mailing Address: 401 76th Ave SW
 City: Cedar Rapids
 Zip Code: 52404
 Supt. St Address: 401 76th Ave SW

Supt. City: Cedar Rapids
 Supt. Zip: 52404
 County: Linn
 Area Code: 319
 School Phone: 848-5340
 HS Fax: 848-5349
 AD Fax: 848-5349
 Web Site: <http://www.prairiepride.org>
 School Colors: Black & Orange
 Nickname: Hawks
 Conference: Mississippi Valley - Mississippi Division
 Superintendent.....Doug Wheeler
 Phone.....(319)848-5201
 Email.....dwheeler@crprairie.org
 Executive Coordinator.....Angie Morrison
 Phone.....(319)848-5200 x2015
 Email.....amorrison@crprairie.org
 Principal.....Karla Thies
 Phone.....(319)848-5341
 Email.....kthies@crprairie.org
 Asst/Assoc/Vice-Principal.....Rocky Bennett
 Phone.....(319)848-5361
 Email.....rbennett@crprairie.org
 Asst/Assoc/Vice-Principal.....Ian Kleman
 Phone.....(319)848-5431
 Email.....iankleman@crprairie.org
 Asst/Assoc/Vice-Principal.....Chuckie Geilenfeld
 Phone.....(319)848-5351
 Email.....cgeilenfeld@crprairie.org
 Asst/Assoc/Vice-Principal.....Ian Dye
 Phone.....(319)848-5501
 Email.....iandye@crprairie.org
 Athletic Administrator.....Rocky Bennett
 Phone.....(319)848-5361
 Email.....rbennett@crprairie.org
 Co-AD/Assistant.....Andrew Davis
 Phone.....(319)848-5502
 Email.....adavis@crprairie.org
 Athletic Secretary.....Lori Pleiness
 Phone.....(319)848-5350
 Email.....lpleiness@crprairie.org
 Sports Medicine Provider.....Dave Williams
 (Performance Therapies)
 Tennis.....Eric Modracek
 Girls Tennis.....Scott Leggat
 Golf.....Erik Columbus
 Girls Golf.....Erik Columbus
 Basketball.....Jeremy Rickertsen
 Girls Basketball.....Josh Bentley
 Swimming.....Ryan York
 Baseball.....James Nelson
 Girls Softball.....Alisha Frese
 Wrestling.....Kane Thompson
 Football.....Mark Bliss
 Girls Volleyball.....Lynnette Stecklein
 Track & Field.....Bill Schwarz
 Cross Country.....Bill Schwarz
 Girls Cross Country.....Bill Schwarz
 Soccer.....Curt Lewis
 Girls Soccer.....Scott Lennon
 Bowling.....Don Willfong
 Girls Bowling.....Don Willfong
 Football Cheerleading.....Lindsey Meier, Lori Pleiness
 Basketball Cheerleading.....Lindsey Meier, Lori Pleiness
 Wrestling Cheerleading.....Lindsey Meier, Lori Pleiness
 Speech Director.....Lori Ling
 Student Council.....Anna Matheny
 Band Director.....Deron Jimmerson, Charles Oldenkamp
 Vocal Director.....Justin Sands, Kelsey Legore

PRINCE OF PEACE CATHOLIC, CLINTON

Street Address: 312 S 4th St

City: Clinton
 Zip Code: 52732
 Mailing Address: 312 S 4th St
 City: Clinton
 Zip Code: 52732
 Supt. St Address: 780 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804
 County: Clinton
 Area Code: 563
 School Phone: 242-1663
 HS Fax: 243-8272
 AD Fax: 243-8272
 Web Site: <http://www.prince.pvt.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Irish
 Conference: Tri-Rivers
 Superintendent.....Lee Morrison
 Phone.....(563)888-4231
 Email.....morrison@davenportdiocese.org
 Admin Asst.....Virginia Truillo
 Phone.....(563)324-1912 x256
 Principal.....Nancy Peart
 Phone.....(563)242-1663 x303
 Email.....nancy.peart@staff.prince.pvt.k12.ia.us
 Asst/Assoc/Vice-Principal.....Jennifer Hansen-Wauford
 Phone.....(563)242-1663 x307
 Email.....jennifer.hansen@staff.prince.pvt.k12.ia.us
 Athletic Administrator.....Jennifer Hansen-Wauford
 Phone.....(563)242-1663 x307
 Email.....jennifer.hansen@staff.prince.pvt.k12.ia.us
 Athletic Secretary.....Hannah Van Hyfte
 Phone.....(563)242-1663 x301
 Email.....hannah.vanhylte@staff.prince.pvt.k12.ia.us
 Golf.....Aaron Leslie
 Basketball.....Gerry Murphy
 Girls Basketball.....Dave Nelson
 Baseball.....Skylar Sanford
 Girls Softball.....Emily Hoague
 Girls Volleyball.....Stacie Kenneavy
 Track & Field.....Owen Howard
 Girls Track & Field.....Owen Howard
 Cross Country.....Owen Howard
 Girls Cross Country.....Owen Howard
 Soccer.....Mike Davis
 Girls Soccer.....Jack Adolphson
 Speech Director.....Kathy Andrews
 Student Council.....Hannah VanHyfte
 Band Director.....Elliott Kuchera

RED OAK

Street Address: 2011 N 8th St
 City: Red Oak
 Zip Code: 51566
 Mailing Address: 2011 N 8th St
 City: Red Oak
 Zip Code: 51566
 Supt. St Address: 2011 N 8th St
 Supt. City: Red Oak
 Supt. Zip: 51566
 County: Montgomery
 Area Code: 712
 School Phone: 623-6610
 HS Fax: 623-6613
 AD Fax: 623-6613
 Web Site: <http://www.redoakschooldistrict.com>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: Hawkeye Ten
 Superintendent.....Ron Lorenz
 Phone.....(712)623-6600 x3300
 Email.....lorenzr@roschools.org

Admin Asst.....Tammi VanMeter
 Phone.....(712)623-6600 x5601
 Email.....vanmetert@roschools.org
 Principal.....Nate Perrien
 Phone.....(712)623-6610 x5000
 Email.....perrienn@roschools.org
 Asst/Assoc/Vice-Principal.....Justin Williams
 Phone.....(712)623-6610
 Athletic Administrator.....Mark Erickson
 Phone.....(712)623-6610
 Email.....ericksonm@roschools.org
 Tennis.....Tristin Johnson
 Girls Tennis.....Arryn Gillespie
 Golf.....Bob Boeye
 Girls Golf.....Patty Henke
 Basketball.....Spencer Plank
 Girls Basketball.....Maddie Gelber
 Baseball.....Mark Erickson
 Girls Softball.....Kennedy Candor
 Wrestling.....Tiegen Podliska
 Football.....Ryan Gelber
 Girls Volleyball.....Angela Montgomery
 Track & Field.....Sueann French
 Girls Track & Field.....Curt Adams
 Cross Country.....Curt Adams
 Girls Cross Country.....Sueann French
 Soccer.....Mark Kells
 Girls Soccer.....Mark Kells
 Bowling.....Nathan Namanny
 Girls Bowling.....Nathan Namanny
 Football Cheerleading.....Barb Lombard
 Basketball Cheerleading.....Barb Lombard
 Speech Director.....Laura Horn
 Student Council.....Josh Kippley
 Band Director.....John Hewett
 Vocal Director.....Tim Marsden

REGINA, IOWA CITY

Street Address: 2150 Rochester Ave
 City: Iowa City
 Zip Code: 52245
 Mailing Address: 2150 Rochester Ave
 City: Iowa City
 Zip Code: 52245
 Supt. St Address: 780 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804-1901
 County: Johnson
 Area Code: 319
 School Phone: 338-5436
 HS Fax: 887-3817
 AD Fax: 887-3817
 Web Site: <http://www.regina.org>
 School Colors: Navy & Gold
 Nickname: Regals
 Conference: River Valley
 Superintendent.....Lee Morrison
 Phone.....(563)888-4231
 Email.....morrison@davenportdiocese.org
 Principal.....Glenn Plummer
 Phone.....(319)338-5436 x1200
 Email.....glenn.plummer@regina.org
 Asst/Assoc/Vice-Principal.....Tim Foley
 Phone.....(319)338-5436 x1220
 Email.....tim.foley@regina.org
 Athletic Administrator.....Bryce Smeins
 Phone.....(319)338-5436
 Email.....bryce.smeins@regina.org
 Athletic Secretary.....Carolyn Sueppel
 Phone.....(319)338-5436 x1221
 Email.....carolyn.sueppel@regina.org

Sports Medicine Provider.....Johnnie James, LAT
(University of Iowa Sports Medicine)
Golf.....Chris Stauffer
Girls Golf.....Kevin Kahler
Basketball.....Gary Belger
Girls Basketball.....Mary Halvorson
Baseball.....Todd Becker
Wrestling.....Zach Ries
Football.....Marv Cook
Girls Volleyball.....Brandon Mills, Tori Beaver
Track & Field.....Liam Hartley
Girls Track & Field.....Chad Swope
Cross Country.....Liam Hartley
Girls Cross Country.....Liam Hartley
Soccer.....Rick Larew
Girls Soccer.....Ann Larew
Football Cheerleading.....Kaitlyn Cooley
Band Director.....Tom Nelson
Vocal Director.....Travis Richter
Orchestra Director.....Diane Platte

RICEVILLE

Street Address: 912 Woodland Ave
City: Riceville
Zip Code: 50466
Mailing Address: 912 Woodland Ave
City: Riceville
Zip Code: 50466
Supt. St Address: 912 Woodland Ave
Supt. City: Riceville
Supt. Zip: 50466
County: Howard
Area Code: 641
School Phone: 985-2288
HS Fax: 985-4001
AD Fax: 985-4001
Web Site: <http://www.riceville.k12.ia.us>
School Colors: Red & Black
Nickname: Wildcats
Conference: Iowa Star - North
Superintendent.....Barb Schwamman
Phone.....(641)985-2288 x1052
Email.....barb.schwamman@riceville.k12.ia.us
Principal.....Heather Suckow
Phone.....(641)985-2288 x2002
Email.....heather.suckow@riceville.k12.ia.us
Asst/Assoc/Vice-Principal.....Marchia Grimm
Phone.....(641)985-2288 x1018
Email.....marcia.grimm@riceville.k12.ia.us
Athletic Administrator.....Bryce Conway
Phone.....(641)985-2288
Email.....bryce.conway@riceville.k12.ia.us
Golf.....Sal Gomez
Girls Golf.....Sal Gomez
Basketball.....Bret Brincks
Girls Basketball.....Darcy Fair
Baseball.....Bryce Conway
Girls Softball.....Andrea Bauer
Wrestling.....Che' Oulman
Football.....Stef Fair
Girls Volleyball.....Robin Kuhn
Track & Field.....Stef Fair
Girls Track & Field.....Darcy Fair
Cross Country.....Bryce Conway
Girls Cross Country.....Bryce Conway
Football Cheerleading.....Kellie Daughtrey
Basketball Cheerleading.....Kellie Daughtrey
Speech Director.....Robin Kuhn
Student Council.....Michelle Dohlman
Band Director.....Amanda Dwine
Vocal Director.....Amanda Dwine

RIDGE VIEW

Street Address: 519 E Maple St
City: Holstein
Zip Code: 51025
Mailing Address: PO Box 320
City: Holstein
Zip Code: 51025
Supt. St Address: PO Box 320
Supt. City: Holstein
Supt. Zip: 51025-0320
County: Ida
Area Code: 712
School Phone: 368-2641
HS Fax: 368-4843
AD Fax: 368-4843
Web Site: <http://www.rvraptors.org>
School Colors: Orange, Gold, & Black
Nickname: Raptors
Conference: Western Valley
Superintendent.....Jon Wiebers
Phone.....(712)368-4353
Email.....jwiebers@rvraptors.org
Principal.....Josh Sussman
Phone.....(712)368-4353 x301
Email.....jsussman@rvraptors.org
Athletic Administrator.....Barry Andersen
Phone.....(712)273-5185
Email.....bandersen@rvraptors.org
Athletic Secretary.....Pam Kelly
Phone.....(712)368-4353 x337
Email.....pkelly@rvraptors.org
Golf.....Alex Warnke
Girls Golf.....Brian Bode
Basketball.....Alex Warnke
Girls Basketball.....Brian Bode
Baseball.....Shannon Tesch
Girls Softball.....Scott Phelps
Wrestling.....TBA
Football.....Dale Tokheim
Girls Volleyball.....Monica Brandhorst
Track & Field.....Dale Tokheim
Girls Track & Field.....Angie Kohn
Cross Country.....Katie Tesch
Girls Cross Country.....Katie Tesch
Football Cheerleading.....TBA
Basketball Cheerleading.....TBA
Wrestling Cheerleading.....TBA
Speech Director.....Mary McAreavy
Student Council.....Amy Peuse
Band Director.....Tom Musel
Vocal Director.....Kris Kistenmacher

RIVER VALLEY, CORRECTIONVILLE

Street Address: 916 Hackberry
City: Correctionville
Zip Code: 51016
Mailing Address: P.O. Box 8
City: Correctionville
Zip Code: 51016
Supt. St Address: 916 Hackberry
Supt. City: Correctionville
Supt. Zip: 51016
County: Woodbury
Area Code: 712
School Phone: 372-4656
HS Fax: 372-4784
AD Fax: 372-4784
Web Site: <http://www.rvwolverines.org>
School Colors: Red & Gray
Nickname: Wolverines
Conference: Western Valley

Superintendent.....Ken Slater
Phone.....(712)372-4420
Email.....kslater@rvwolverines.org
Principal.....Adam Bisenius
Phone.....(712)372-4656
Email.....abisenius@rvwolverines.org
Athletic Administrator.....Adam Bisenius
Phone.....(712)372-4656
Email.....abisenius@rvwolverines.org
Athletic Secretary.....Marlo Mathers
Phone.....(712)372-4656
Email.....mjepsen@rvwolverines.org
Golf.....Keith Byers
Basketball.....Kyle Trapp
Girls Basketball.....Brittni Forrer
Baseball.....Todd Goettsch
Girls Softball.....Dean Norris
Football.....Noah Phillips
Girls Volleyball.....Olivia Goettsch
Track & Field.....Brittni Forrer
Girls Track & Field.....Brittni Forrer
Football Cheerleading.....Taylor Jansen
Basketball Cheerleading.....Taylor Jansen
Speech Director.....Ryan Brown
Student Council.....Amanda Verzani
Band Director.....Eric Flynn
Vocal Director.....Eric Flynn

RIVERMONT COLLEGIATE, BETTENDORF

Street Address: 1821 Sunset Dr
City: Bettendorf
Zip Code: 52722
Mailing Address: 1821 Sunset Dr
City: Bettendorf
Zip Code: 52722
Supt. St Address: 1821 Sunset Dr
Supt. City: Bettendorf
Supt. Zip: 52722
County: Scott
Area Code: 563
School Phone: 359-1366
HS Fax: 359-7576
AD Fax: 359-7576
Web Site: <http://www.rivermontcollegiate.org>
School Colors: Red & White
Nickname: Lions
Superintendent.....Max Roach
Phone.....(563)359-1366
Email.....mroach@rivermontcollegiate.org
Principal.....Monica Weeks
Phone.....(563)359-1366
Email.....mweeks@rivermontcollegiate.org
Athletic Administrator.....Michelle Bibens
Phone.....(563)359-1366
Email.....mbibens@rivermontcollegiate.org
Athletic Secretary.....Linda Paget
Phone.....(563)359-1366
Email.....lpaget@rivermontcollegiate.org
Basketball.....Keith Bibens
Girls Basketball.....Michelle Bibens
Girls Volleyball.....Michelle Bibens
Basketball Cheerleading.....Shalar Knupp
Student Council.....Mitzi Austin
Band Director.....Jessica Freemyer
Vocal Director.....Joel Kimberly

RIVERSIDE, OAKLAND

Street Address: 18997 Hwy 59
City: Oakland
Zip Code: 51560
Mailing Address: 18997 Hwy 59
City: Oakland

Zip Code: 51560
 Supt. St Address: PO Box 218, 330 Pleasant St
 Supt. City: Carson
 Supt. Zip: 51525
 County: Pottawattamie
 Area Code: 712
 School Phone: 482-6464
 HS Fax: 482-3074
 Web Site: <http://www.riversideschools.org>
 School Colors: Navy & Gold
 Nickname: Bulldogs
 Conference: Western Iowa
 Superintendent.....Dr. Timothy Mitchell
 Phone.....(712)484-2212
 Email.....tmitchell@riverside.k12.ia.us
 Principal.....Nicholas Kroon
 Phone.....(712)482-6464
 Email.....nkroon@riverside.k12.ia.us
 Asst/Assoc/Vice-Principal.....Liz Graves
 Phone.....(712)482-6464
 Email.....lgraves@riverside.k12.ia.us
 Athletic Administrator.....Darrell Frain
 Phone.....(712)482-6464
 Email.....dfrain@riverside.k12.ia.us
 Athletic Secretary.....Teresa Grobe
 Phone.....(712)484-2212
 Email.....tgrobe@riverside.k12.ia.us
 Golf.....Mitch Rice
 Girls Golf.....Mitch Rice
 Basketball.....Nicholas Kroon
 Girls Basketball.....Liz Graves, Mitch Rice
 Baseball.....Cole Chapin
 Girls Softball.....Chris Conover
 Wrestling.....Casey Conover
 Football.....Darrell Frain
 Girls Volleyball.....Brooke Flathers
 Track & Field.....Alex Oliver
 Girls Track & Field.....Jared Hoffman
 Cross Country.....Alex Oliver
 Girls Cross Country.....Jared Hoffman
 Soccer.....Rick Ryun
 Girls Soccer.....Jill Applegate
 Football Cheerleading.....Karla Keener
 Basketball Cheerleading.....Karla Keener
 Wrestling Cheerleading.....Wendy Smith
 Speech Director.....TBD
 Student Council.....Alex Oliver, Melanie McQueen
 Band Director.....Amanda Brandon
 Vocal Director.....Mitchell Stover

ROCK VALLEY

Street Address: 1712 20th Ave
 City: Rock Valley
 Zip Code: 51247
 Mailing Address: 1712 20th Ave
 City: Rock Valley
 Zip Code: 51247
 Supt. St Address: 1712 20th Ave
 Supt. City: Rock Valley
 Supt. Zip: 51247
 County: Sioux
 Area Code: 712
 School Phone: 476-2701
 HS Fax: 476-2125
 AD Fax: 476-2125
 Web Site: <http://www.rvcgsd.net>
 School Colors: Orange & Black
 Nickname: Rockets
 Conference: Siouxland
 Superintendent.....Chad Janzen
 Phone.....(712)476-2701
 Email.....cjanzen@rvcgsd.org

Principal.....Nicole Roder
 Phone.....(712)476-2701
 Email.....nröder@rvcgsd.org
 Athletic Administrator.....Mike Elgersma
 Phone.....(712)476-2701 x2219
 Email.....melgersm@rvcgsd.org
 Golf.....Heath Swanson
 Basketball.....Wade Vander Maten
 Girls Basketball.....Jordan TeGrootenhuis
 Baseball.....TBA
 Wrestling.....Jason Swets
 Football.....Cory Brandt
 Girls Volleyball.....Carissa Judge
 Track & Field.....Brian Moser, Cory Brandt
 Cross Country.....Jodi Negaard
 Football Cheerleading.....Alex Tiedemann
 Basketball Cheerleading.....Alison Wright
 Wrestling Cheerleading.....Kelsey Wielenga
 Speech Director.....Tyler Raehsler
 Student Council.....Stacey Schmidt
 Band Director.....Alison Anderson-Kahl
 Vocal Director.....Clay Ackerman

ROCKFORD

Street Address: 1460 210th St
 City: Rockford
 Zip Code: 50468
 Mailing Address: 1460 210th St
 City: Rockford
 Zip Code: 50468
 Supt. St Address: 1460 210th St
 Supt. City: Rockford
 Supt. Zip: 50468
 County: Floyd
 Area Code: 641
 School Phone: 756-3813
 HS Fax: 756-2369
 AD Fax: 756-2369
 Web Site: <http://www.rockford.k12.ia.us>
 School Colors: Blue & White
 Nickname: Warriors
 Conference: Top of Iowa
 Superintendent.....Keith Turner
 Phone.....(641)756-3813 x304
 Email.....kturner@rockford.k12.ia.us
 Principal.....Nick Johnson
 Phone.....(641) 756-3813 x107
 Email.....njohnson@rockford.k12.ia.us
 Athletic Administrator.....Brian Johnson
 Phone.....(641)756-3813 x114
 Email.....bjohnson@rockford.k12.ia.us
 Athletic Secretary.....Christina Schlader
 Phone.....(641)756-3813
 Email.....cschlader@rockford.k12.ia.us
 Golf.....Coni Butler
 Girls Golf.....Carmen Staudt
 Basketball.....Bob Engels
 Girls Basketball.....Brian Johnson
 Baseball.....Mark Mohl
 Girls Softball.....Makaela Hoffman
 Wrestling.....Josh Tack
 Football.....Clay Eustice
 Girls Volleyball.....Makaela Hoffman
 Track & Field.....Kevin Longcor
 Girls Track & Field.....Taylor Johnson
 Cross Country.....Tiffany Allen
 Girls Cross Country.....Tiffany Allen
 Football Cheerleading.....Nicole Fox
 Basketball Cheerleading.....Robin Fischer
 Wrestling Cheerleading.....Nicole Fox
 Speech Director.....Kelly Arickx
 Student Council.....Taylor Johnson

Band Director.....Alissa Ortega
 Vocal Director.....Emily Koob

ROLAND-STORY, STORY CITY

Street Address: 1009 Story St
 City: Story City
 Zip Code: 50248
 Mailing Address: 1009 Story St
 City: Story City
 Zip Code: 50248
 Supt. St Address: 1009 Story St
 Supt. City: Story City
 Supt. Zip: 50248
 County: Story
 Area Code: 515
 School Phone: 733-4329
 HS Fax: 733-2131
 AD Fax: 733-2131
 Web Site: <http://rolandstory.school>
 School Colors: Red & Black
 Nickname: Norsemen
 Conference: Heart of Iowa
 Superintendent.....Matt Patton
 Phone.....(515)733-4301
 Email.....mpatton@roland-story.k12.ia.us
 Principal.....Justin Boliver
 Phone.....(515)733-4329
 Email.....jboliver@roland-story.k12.ia.us
 Athletic Administrator.....Brian Petersen
 Phone.....(515)733-4329 x407
 Email.....bpetersen@roland-story.k12.ia.us
 Co-AD/Assistant.....Kathy Hovick
 Phone.....(515)388-4348
 Email.....khovick@roland-story.k12.ia.us
 Athletic Secretary.....Kelly Schmitz
 Phone.....(515)733-4329
 Email.....kschmitz@roland-story.k12.ia.us
 Golf.....Mike Risdal
 Girls Golf.....Larry Ammerman
 Basketball.....Darrin Berggren
 Girls Basketball.....Justin Morton
 Baseball.....Chris Hill
 Girls Softball.....Amber Doyle
 Wrestling.....Leland Schwartz
 Football.....Matt Finn
 Girls Volleyball.....Molly Geise
 Track & Field.....Brian Petersen
 Girls Track & Field.....Andy Herrick
 Cross Country.....Brad Dedic
 Girls Cross Country.....Brad Dedic
 Football Cheerleading.....Kari Broer
 Basketball Cheerleading.....Kari Broer
 Wrestling Cheerleading.....Kari Broer
 Speech Director.....Tammy Dickinson-Ferrell
 Student Council.....Amanda Paulson
 Band Director.....Kevin Masemann
 Vocal Director.....Tanner Stutzman

RUTHVEN-AYRSHIRE

Street Address: 1505 Washington St
 City: Ruthven
 Zip Code: 51358
 Mailing Address: PO Box 159
 City: Ruthven
 Zip Code: 51358
 Supt. St Address: PO Box 159
 Supt. City: Ruthven
 Supt. Zip: 51358
 County: Palo Alto
 Area Code: 712
 School Phone: 837-5212
 HS Fax: 837-5210

AD Fax: 837-5210
 Web Site: <http://www.ruthven.k12.ia.us>
 School Colors: Purple, Black & Silver
 Nickname: Titans
 Conference: Twin Lakes
 Superintendent.....Marshall Lewis
 Phone.....(712)837-5211
 Email.....mlewis@gt.ratitans.org
 Principal.....Jon Josephson
 Phone.....(712)837-5212
 Email.....jojose@gt.ratitans.org
 Athletic Administrator.....Jon Josephson
 Phone.....(712)837-5212
 Email.....jojose@gt.ratitans.org
 Athletic Secretary.....Dee Johnson
 Phone.....(712)837-5212
 Email.....dejohn@gt.ratitans.org
 Sports Medicine Provider.....Sports Medicine Northwest
 Golf.....Ron Bentz
 Basketball.....Randy Hough
 Girls Basketball.....Lucas Hough
 Baseball.....Mitch Girres
 Girls Softball.....Kyle Norris
 Football.....Larry Swingen
 Girls Volleyball.....Ashley Dreeszen
 Track & Field.....Michael Nichols
 Girls Track & Field.....Chris Myers
 Cross Country.....Mike Nichols
 Girls Cross Country.....Mike Nichols
 Football Cheerleading.....Angie Sorbo
 Basketball Cheerleading.....Open
 Wrestling Cheerleading.....Angie Sorbo
 Speech Director.....Unfilled
 Student Council.....Matt Borchers
 Band Director.....Tim Nielsen
 Vocal Director.....Tim Nielsen

SAINT ANSGAR

Street Address: 206 E 8th St
 City: Saint Ansgar
 Zip Code: 50472
 Mailing Address: PO Box 398
 City: Saint Ansgar
 Zip Code: 50472
 Supt. St Address: PO Box 398
 Supt. City: Saint Ansgar
 Supt. Zip: 50472
 County: Mitchell
 Area Code: 641
 School Phone: 713-4720
 HS Fax: 713-2449
 AD Fax: 713-2449
 Web Site: <http://www.st-ansgar.k12.ia.us>
 School Colors: Red & White
 Nickname: Saints
 Conference: Top of Iowa
 Superintendent.....Mike Crozier
 Phone.....(641)713-4681
 Email.....mcrozier@st-ansgar.k12.ia.us
 Principal.....Lynn Baldus
 Phone.....(641)713-4720
 Email.....lbaldus@stacs.d.org
 Athletic Administrator.....Scott Cakerice
 Phone.....(641)713-2331
 Email.....scakerice@st-ansgar.k12.ia.us
 Golf.....Shannon Belz
 Girls Golf.....Shannon Belz
 Basketball.....Bret Williams
 Girls Basketball.....Scott Cakerice
 Baseball.....Devin Schwesow
 Girls Softball.....Lance Schutjer
 Wrestling.....Barry Kittleson

Football.....Drew Clevenger
 Girls Volleyball.....Tyler Johnson
 Track & Field.....Drew Clevenger
 Girls Track & Field.....Phil Baldus
 Cross Country.....Colin Zidlicky
 Girls Cross Country.....Colin Zidlicky
 Football Cheerleading.....Diane Mayer
 Basketball Cheerleading.....Diane Mayer
 Wrestling Cheerleading.....Diane Mayer
 Speech Director.....Logan Nielsen
 Student Council.....Deneen Nelson
 Band Director.....Colin Zidlicky
 Vocal Director.....Colin Zidlicky

SAYDEL

Street Address: 5601 NE 7th St
 City: Des Moines
 Zip Code: 50313
 Mailing Address: 5601 NE 7th St
 City: Des Moines
 Zip Code: 50313
 Supt. St Address: 5740 NE 14th St
 Supt. City: Des Moines
 Supt. Zip: 50313
 County: Polk
 Area Code: 515
 School Phone: 262-9325
 HS Fax: 266-8497
 AD Fax: 266-8497
 Web Site: <http://www.saydel.k12.ia.us>
 School Colors: Dark Green & Gold
 Nickname: Eagles
 Conference: Heart of Iowa
 Superintendent.....Todd Martin
 Phone.....(515)264-0866
 Email.....Martintodd@saydel.net
 Admin Asst.....Beth Vitiritto
 Email.....vitirittobeth@saydel.net
 Principal.....Kevin Schulte
 Phone.....(515)262-9325 x1103
 Email.....schultekevin@saydel.net
 Asst/Assoc/Vice-Principal.....Alex Stubbers
 Phone.....(515)262-9325 x1214
 Email.....stubbersalex@saydel.net
 Athletic Administrator.....Levi Hunerdosse
 Phone.....(515)262-9325 x1101
 Email.....hunerdosselevi@saydel.net
 Athletic Secretary.....Shannon Riddlebarger
 Phone.....(515)262-9325 x1100
 Email.....riddlebargershannon@saydel.net
 Sports Medicine Provider.....Sam Dewey
 Tennis.....Zakk Dunn
 Girls Tennis.....Jeff Fleming
 Golf.....Nick Noring
 Basketball.....Nick Noring
 Girls Basketball.....Noreen Greer
 Baseball.....Steve Gebhart
 Girls Softball.....Marty Van Houten
 Wrestling.....Tyler Wilson
 Football.....Austin Stubbs
 Girls Volleyball.....Karlee Lippert
 Track & Field.....Chris Mund
 Girls Track & Field.....Marcey Norland
 Cross Country.....Steve Gebhart
 Girls Cross Country.....Steve Gebhart
 Football Cheerleading.....Courtney Johnson
 Basketball Cheerleading.....Courtney Johnson
 Wrestling Cheerleading.....Courtney Johnson
 Speech Director.....Julieanne Rogowski
 Student Council.....Lucas Odland
 Band Director.....Eric Layden
 Vocal Director.....Michael Puffett

SCATTERGOOD FRIENDS

Street Address: 1951 Delta Ave
 City: West Branch
 Zip Code: 52358
 Mailing Address: 1951 Delta Ave
 City: West Branch
 Zip Code: 52358
 Supt. St Address: 1951 Delta Ave
 Supt. City: West Branch
 Supt. Zip: 52358
 County: Cedar
 Area Code: 319
 School Phone: 519-1860
 HS Fax: 643-7485
 AD Fax: 643-7485
 Web Site: <http://www.scattergood.org/>
 School Colors: Navy, White & Gray
 Nickname: Scattergood Crew
 Superintendent.....John Zimmerman
 Phone.....(319)519-1855
 Email.....head@scattergood.org
 Principal.....John Zimmerman
 Phone.....(319)519-1855
 Email.....head@scattergood.org
 Athletic Administrator.....Sam Taylor
 Phone.....(319)519-1860
 Email.....staylor@scattergood.org
 Basketball.....Sam Taylor
 Cross Country.....Michael Severino
 Soccer.....Sam Taylor

SERGEANT BLUFF-LUTON

Street Address: 708 Warrior Rd
 City: Sergeant Bluff
 Zip Code: 51054
 Mailing Address: 201 Port Neal Rd
 City: Sergeant Bluff
 Zip Code: 51054
 Supt. St Address: 201 Port Neal Rd
 Supt. City: Sergeant Bluff
 Supt. Zip: 51054
 County: Woodbury
 Area Code: 712
 School Phone: 943-8721
 HS Fax: 943-5887
 AD Fax: 943-5887
 Web Site: <http://www.sblschools.com>
 School Colors: Orange & Black
 Nickname: Warriors
 Conference: Missouri River Activities
 Superintendent.....Dr. Rod Earleywine
 Phone.....(712)943-4338
 Email.....earlerod@sblschools.com
 Principal.....Jason Klingensmith
 Phone.....(712)943-5561
 Email.....klingjas@sblschools.com
 Asst/Assoc/Vice-Principal.....Brian Herman
 Phone.....(712)943-8721 x721
 Email.....hermabri@sblschools.com
 Athletic Administrator.....Brian Herman
 Phone.....(712)943-8721 x721
 Email.....hermabri@sblschools.com
 Athletic Secretary.....Tammy Camerer
 Phone.....(712)943-5561
 Email.....camertam@sblschools.com
 Sports Medicine Provider.....Paul Wilson
 Golf.....Troy Husen, Paul Wilson
 Girls Golf.....Paul Wilson, Troy Husen
 Basketball.....Adam Vander Schaaf
 Girls Basketball.....Joe Hardy
 Baseball.....Matt Nelson
 Girls Softball.....Jared Ocker

Wrestling.....Clint Koedam
 Football.....Justin Smith
 Girls Volleyball.....Renee Winkel
 Track & Field.....Monte Larsen
 Girls Track & Field.....Monte Larsen
 Cross Country.....Monte Larsen
 Girls Cross Country.....Monte Larsen
 Soccer.....Aaron Witmer
 Girls Soccer.....Kim Croston
 Bowling.....Janelle Woodbury, Noel Herbst
 Girls Bowling.....Noel Herbst, Janelle Woodbury
 Football Cheerleading.....Alexis Turner
 Basketball Cheerleading.....Alexis Turner
 Speech Director.....Kristi Quinn
 Student Council.....Andrea Kuhl
 Band Director.....Dennis Eggerling
 Vocal Director.....Christine Massey

SEYMOUR

Street Address: 100 S Park Ave
 City: Seymour
 Zip Code: 52590
 Mailing Address: 100 S Park Ave
 City: Seymour
 Zip Code: 52590
 Supt. St Address: 100 S Park Ave
 Supt. City: Seymour
 Supt. Zip: 52590
 County: Wayne
 Area Code: 641
 School Phone: 898-2291
 HS Fax: 898-7500
 Web Site: <http://www.seymourcsd.org>
 School Colors: Red & Black
 Nickname: Warriors
 Conference: Bluegrass
 Superintendent.....Carol Montz
 Phone.....(641)898-2291
 Email.....carol.montz@seymourcsd.org
 Principal.....Jamie Houser
 Phone.....(641)898-2291
 Email.....jamie.houser@seymourcsd.org
 Athletic Administrator.....Mark Kruzich
 Phone.....(641)898-2291
 Email.....mark.kruzich@seymourcsd.org
 Athletic Secretary.....Mollie Banks
 Phone.....(641)898-2291
 Email.....mollie.banks@seymourcsd.org
 Girls Golf.....Mark Kruzich
 Basketball.....Shaun Houser
 Girls Basketball.....Paul Hinners
 Baseball.....Clint Housh
 Girls Softball.....Shaun Houser
 Football.....Trevor Banks
 Girls Volleyball.....Jennifer Miller
 Track & Field.....Bryson Dinwiddie
 Girls Track & Field.....Paul Hinners
 Football Cheerleading.....Tara Trimble
 Basketball Cheerleading.....Tara Trimble
 Speech Director.....Anthony Boggs
 Student Council.....Chanae Fitzgerald
 Band Director.....Rylie Graham
 Vocal Director.....Rylie Graham

SHELDON

Street Address: 1700 E 4th St
 City: Sheldon
 Zip Code: 51201
 Mailing Address: 1700 E 4th St
 City: Sheldon
 Zip Code: 51201
 Supt. St Address: 1700 E 4th St

Supt. City: Sheldon
 Supt. Zip: 51201
 County: OBrien
 Area Code: 712
 School Phone: 324-2501
 HS Fax: 324-5607
 AD Fax: 324-5607
 Web Site: <http://www.sheldon.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Orabs
 Conference: Siouxland
 Superintendent.....Cory Myer
 Phone.....(712)324-2504 x111
 Email.....cmyer@sheldon.k12.ia.us
 Principal.....Sherrie Zeutenhorst
 Phone.....(712)324-2501 x103
 Email.....szeutenhorst@sheldon.k12.ia.us
 Asst/Assoc/Vice-Principal.....Eric Maassen
 Phone.....(712)324-2501 x104
 Email.....emaassen@sheldon.k12.ia.us
 Athletic Administrator.....Eric Maassen
 Phone.....(712)324-2501 x104
 Email.....eric.maassen@sheldonschools.com
 Athletic Secretary.....Amy Wagenaar
 Phone.....(712)324-2501
 Email.....awagenaar@sheldonschools.com
 Sports Medicine Provider.....Vanessa Heimlich (Sanford
 Sheldon)
 Golf.....Jerod Reinking
 Basketball.....Eric Maassen
 Girls Basketball.....Heath Anderson
 Baseball.....Brad Zeutenhorst
 Girls Softball.....Jessica Stofferan
 Wrestling.....Kory Roos
 Football.....Tyler Lloyd
 Girls Volleyball.....Heather Keizer
 Track & Field.....Kyle Zankowski
 Girls Track & Field.....Maggie Lloyd
 Cross Country.....Kyle Zankowski
 Girls Cross Country.....Kyle Zankowski
 Soccer.....Ludwin Arana
 Girls Soccer.....Tammy Keepers
 Football Cheerleading.....Chenoa Story
 Basketball Cheerleading.....Chenoa Gradert
 Wrestling Cheerleading.....Julie Roos
 Speech Director.....Jodi Grant
 Student Council.....Sherrie Zeutenhorst
 Band Director.....Cliff St. Clair
 Vocal Director.....Brandon Lenderink

SHENANDOAH

Street Address: 1000 Mustang Dr.
 City: Shenandoah
 Zip Code: 51601
 Mailing Address: 1000 Mustang Dr
 City: Shenandoah
 Zip Code: 51601
 Supt. St Address: 304 W Nishna Rd
 Supt. City: Shenandoah
 Supt. Zip: 51601
 County: Page
 Area Code: 712
 School Phone: 246-4727
 HS Fax: 246-2842
 AD Fax: 246-2842
 Web Site: <http://www.shencsd.com>
 School Colors: Maroon & White
 Nickname: Mustangs & Fillies
 Conference: Hawkeye Ten
 Superintendent.....Dr. Kerri Nelson
 Phone.....(712)246-1581
 Email.....Nelsonk@shencsd.com

Principal.....Gayle Allensworth
 Phone.....(712)246-4727 x5003
 Email.....Allensworthg@shenandoah.k12.ia.us
 Asst/Assoc/Vice-Principal.....Jon Weinrich
 Phone.....(712)246-4727 x5004
 Email.....weinrichj@shenandoah.k12.ia.us
 Athletic Administrator.....Jon Weinrich
 Phone.....(712)246-4727 x5004
 Email.....weinrichj@shenandoah.k12.ia.us
 Athletic Secretary.....Connie McGinnis
 Phone.....(712)246-4727 x5001
 Email.....mcginnisc@shencsd.com
 Tennis.....Tom French
 Girls Tennis.....Brian Daoust
 Golf.....Tom Foutch
 Girls Golf.....Kyan Kirkholm
 Basketball.....Jay Soderberg
 Girls Basketball.....Jon Weinrich
 Baseball.....Brett Roberts
 Girls Softball.....Aaron Burdorf
 Wrestling.....Todd McGinnis
 Football.....Ty Ratliff
 Girls Volleyball.....Toni Comstock
 Track & Field.....Ty Ratliff
 Girls Track & Field.....Ty Ratliff
 Cross Country.....Andy Campbell
 Girls Cross Country.....Liz Skillern
 Bowling.....Darin Pease
 Girls Bowling.....Darin Pease
 Football Cheerleading.....Amy Nielsen
 Basketball Cheerleading.....Patti Roberts
 Wrestling Cheerleading.....Emma Martin
 Speech Director.....Amy Toye
 Student Council.....Wendy Fry
 Band Director.....Dale Risher
 Vocal Director.....Ashleigh Sons

SIBLEY-OCHEYEDAN

Street Address: 120 11th Ave NE
 City: Sibley
 Zip Code: 51249
 Mailing Address: 120 11th Ave NE
 City: Sibley
 Zip Code: 51249
 Supt. St Address: 120 11th Ave NE
 Supt. City: Sibley
 Supt. Zip: 51249
 County: Osceola
 Area Code: 712
 School Phone: 754-3601
 HS Fax: 754-2534
 AD Fax: 754-2534
 Web Site: <http://www.thegenerals.org>
 School Colors: Orange & Black
 Nickname: Generals
 Conference: Siouxland
 Superintendent.....James Craig
 Phone.....(712)754-2533 x201
 Email.....james.craig@thegenerals.org
 Admin Asst.....Chrissy Ackerman
 Phone.....(712)754-2533 x203
 Email.....chackerman@thegenerals.org
 Principal.....Stan DeZeeuw
 Phone.....(712)754-3601 x244
 Email.....stan.dezeeuw@thegenerals.org
 Athletic Administrator.....Amie Elser
 Phone.....(712)754-3601 x245
 Email.....aelser@thegenerals.org
 Athletic Secretary.....Jennifer Bruxvoort
 Phone.....(712)754-3601 x205
 Email.....jbruxvoort@thegenerals.org

Sports Medicine Provider.....Stephanie Moermond, LAT
(Northwest Iowa Bone/Joint)

Golf.....Matt Vermeer

Girls Golf.....AJ Whalen

Basketball.....Brandon Bergfeld

Girls Basketball.....Steve Kellen

Baseball.....Nate Vos

Girls Softball.....Keith Swenson

Wrestling.....Stan DeZeeuw

Football.....Tate Kellenberger

Girls Volleyball.....Ben Chestnut

Track & Field.....Peter Carlson

Girls Track & Field.....Lisa Block

Cross Country.....Ryan Wiersma

Girls Cross Country.....Ryan Wiersma

Football Cheerleading.....Jacie Reuter

Basketball Cheerleading.....Jacie Reuter

Wrestling Cheerleading.....TBD

Speech Director.....BJ Schuller

Student Council.....Stan DeZeeuw

Band Director.....Peter Carlson

Vocal Director.....Kelsey Burns

SIDNEY

Street Address: 2754 Knox Road

City: Sidney

Zip Code: 51652

Mailing Address: PO Box 609

City: Sidney

Zip Code: 51652

Supt. St Address: 2754 Knox Rd

Supt. City: Sidney

Supt. Zip: 51652

County: Fremont

Area Code: 712

School Phone: 374-2141

HS Fax: 374-2013

AD Fax: 374-2013

Web Site: <http://www.sidneyschools.org>

School Colors: Red & White

Nickname: Cowboys & Cowgirls

Conference: Corner

Superintendent.....Tim Hood

Phone.....(712)374-2141

Email.....thood@sidney.k12.ia.us

Principal.....Kimberly Payne

Phone.....(712)374-2141

Email.....kpayne@sidney.k12.ia.us

Athletic Administrator.....Kent Larsen

Phone.....(712)374-2141

Email.....klarsen@sidney.k12.ia.us

Golf.....Janice Shanno

Girls Golf.....Janice Shanno

Basketball.....Kent Larsen

Girls Basketball.....Paige Landwehr

Baseball.....Brad Johnson

Girls Softball.....Kent Larsen

Wrestling.....Aaron Lang

Football.....Donnie Sears

Girls Volleyball.....Amy McClintock

Track & Field.....Donnie Sears

Girls Track & Field.....Donnie Sears

Cross Country.....Steve Meyer

Girls Cross Country.....Steve Meyer

Football Cheerleading.....Peyton Sickler

Basketball Cheerleading.....Peyton Sickler

Wrestling Cheerleading.....Peyton Sickler

Speech Director.....Charles Hollis

Student Council.....Rhonda Almquist

Band Director.....Nicole Zavadil

Vocal Director.....Nicole Zavadil

SIGOURNEY

Street Address: 909 E Pleasant Valley

City: Sigourney

Zip Code: 52591

Mailing Address: 909 E Pleasant Valley

City: Sigourney

Zip Code: 52591

Supt. St Address: 909 E. Pleasant Valley

Supt. City: Sigourney

Supt. Zip: 52591

County: Keokuk

Area Code: 641

School Phone: 622-2010

HS Fax: 622-2047

AD Fax: 622-2047

Web Site: <http://sigourneyschools.com>

School Colors: Black & Gold

Nickname: Savages

Conference: South Iowa Cedar

Superintendent.....David Harper

Phone.....(641)622-2025

Email.....dave.harper@sigourneyschools.com

Principal.....Shannon Webb

Phone.....(641)622-2010

Email.....shannon.webb@sigourneyschools.com

Athletic Administrator.....Lee Crawford

Phone.....(641)622-2010

Email.....lee.crawford@sigourneyschools.com

Athletic Secretary.....Klynt Weber

Phone.....(641)622-2010

Email.....klynt.weber@sigourneyschools.com

Golf.....Zach Tremmel

Girls Golf.....Zach Tremmel

Basketball.....Mitch Eslick

Girls Basketball.....Zach Tremmel

Baseball.....Lee Crawford

Girls Softball.....Shelly Streigle

Wrestling.....Cory VanDenHeuvel

Football.....Jared Jensen

Girls Volleyball.....Chris Carter

Track & Field.....Jared Jensen

Girls Track & Field.....Klynt Weber

Cross Country.....Steve Satz

Girls Cross Country.....Steve Satz

Bowling.....Trisha Black

Girls Bowling.....Trisha Black

Football Cheerleading.....Valorie Magill

Wrestling Cheerleading.....Shelly Streigle

Student Council.....Shannon Greiner

Band Director.....Jessica Meier

Vocal Director.....Cortez Daniel

SIoux CENTER

Street Address: 550 9th St NE

City: Sioux Center

Zip Code: 51250

Mailing Address: 550 9th St NE

City: Sioux Center

Zip Code: 51250

Supt. St Address: 550 9th St NE

Supt. City: Sioux Center

Supt. Zip: 51250

County: Sioux

Area Code: 712

School Phone: 722-2981

HS Fax: 722-2986

Web Site: <http://www.sioux-center.k12.ia.us>

School Colors: Orange & Blue

Nickname: Warriors

Conference: Siouxland

Superintendent.....Gary McEldowney

Phone.....(712)722-2985

Email.....gary.mcelandowney@scwarriors.org

Admin Asst.....Wendy Stangland

Phone.....(712)722-2985

Email.....wendy.stangland@scwarriors.org

Principal.....Brent Town

Phone.....(712)722-2981

Email.....brent.town@scwarriors.org

Asst/Assoc/Vice-Principal.....Ana Olivares

Phone.....(712)441-4836

Email.....mark.hulshof@scwarriors.org

Athletic Administrator.....Mark Hulshof

Phone.....(712)722-2981

Email.....mark.hulshof@scwarriors.org

Athletic Secretary.....Ana Olivares

Phone.....(712)722-2981 x3209

Email.....ana.olivares@scwarriors.org

Golf.....Todd Arends

Girls Golf.....Aaron Rozeboom

Basketball.....Brian Schmalbeck

Girls Basketball.....Doug Winterfeld

Baseball.....Chase Rozeboom

Girls Softball.....Kari Schmalbeck

Wrestling.....Aaron Schmidt

Football.....Tim Van Regenmorter

Girls Volleyball.....Julie Oldenkamp

Track & Field.....Brock Lehman

Girls Track & Field.....Robbie Cundy

Cross Country.....Brock Lehman

Girls Cross Country.....Brock Lehman

Soccer.....Dan Van Ruler

Girls Soccer.....Nathan Bullock

Football Cheerleading.....Joy Hurst

Student Council.....Julie Oldenkamp

Band Director.....Meghan Powell

Vocal Director.....Heidi Fehlhafer

SIoux CENTRAL, SIoux RAPIDS

Street Address: 4440 US Hwy 71 S

City: Sioux Rapids

Zip Code: 50585

Mailing Address: 4440 US Hwy 71 S

City: Sioux Rapids

Zip Code: 50585

Supt. St Address: 4440 US Hwy 71 S

Supt. City: Sioux Rapids

Supt. Zip: 50585

County: Buena Vista

Area Code: 712

School Phone: 283-2571

HS Fax: 283-2285

AD Fax: 283-2285

Web Site: <http://www.siouxcentral.org>

School Colors: Red & Gray

Nickname: Rebels

Conference: Twin Lakes

Superintendent.....Kevin Wood

Phone.....(712)283-2956

Email.....kwood@siouxcentral.org

Principal.....Jeff Scharn

Phone.....(712)283-2571

Email.....jscharn@siouxcentral.org

Athletic Administrator.....Alan Vasher

Phone.....(712)283-2571

Email.....avasher@siouxcentral.org

Athletic Secretary.....Sandy Nelson

Phone.....(712)283-2571

Email.....snelson@siouxcentral.org

Sports Medicine Provider.....Stephanie Moormand

Golf Chris Wildeman
 Girls Golf..... Jennifer Wittmaack
 Basketball..... Stephen Tjaden
 Girls Basketball..... Kasey Krager
 Baseball..... Alan Vasher
 Girls Softball..... Kasey Krager
 Wrestling..... Ben Edmundson
 Football..... Brandon Goodchild
 Girls Volleyball..... Sara Grossnickle
 Track & Field..... Jeff Tiefenthaler
 Cross Country..... Kelsey Miller
 Girls Cross Country..... Kelsey Miller
 Bowling..... Brian Rix
 Girls Bowling..... Brian Rix
 Football Cheerleading..... Alyssa Rusk
 Basketball Cheerleading..... Denise Terrell
 Wrestling Cheerleading..... Jamie Turnbull
 Speech Director..... Angie Vanderhoff
 Student Council..... Lisa Christians
 Band Director..... Adam Perry
 Vocal Director..... Anna Broring

SIOUX CITY, EAST

Street Address: 3200 S Cypress St
 City: Sioux City
 Zip Code: 51106
 Mailing Address: 3200 S Cypress St
 City: Sioux City
 Zip Code: 51106
 Supt. St Address: 627 4th St
 Supt. City: Sioux City
 Supt. Zip: 51101
 County: Woodbury
 Area Code: 712
 School Phone: 274-4000
 HS Fax: 274-4670
 AD Fax: 274-4670
 Web Site: <https://www.siouxcityschools.org/east-high-school/>
 School Colors: Orange & Black
 Nickname: Black Raiders
 Conference: Missouri River
 Superintendent..... Dr. Paul Gausman
 Phone..... (712)279-6667
 Email..... gausmap@live.siouxcityschools.com
 Asst/Assoc Supt..... Dr. Kim Buryanek
 Phone..... (712)279-6083
 Email..... buryank@live.siouxcityschools.com
 Executive Coordinator..... Jim Vanderloo
 Phone..... (712)279-6070
 Email..... vanderjr@live.siouxcityschools.com
 Principal..... Richard Todd
 Phone..... (712)274-4005
 Email..... toddr@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Deb Padomek
 Phone..... (712)274-4683
 Email..... padomed@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Dave Dreesen
 Phone..... (712)274-4672
 Email..... dreesd@live.siouxcityschools.com
 Athletic Administrator..... BJ Koch
 Phone..... (712)274-4008
 Email..... kochb@live.siouxcityschools.com
 Athletic Secretary..... Lorri Winterlin
 Phone..... (712)274-4008
 Email..... winterl@live.siouxcityschools.com
 Sports Medicine Provider..... Abbey Johnston (CNOS)
 Tennis..... Jason Gomez
 Girls Tennis..... Dan Pomeranke
 Golf..... Brian Drent
 Girls Golf..... Mike Winlepleck
 Basketball..... Ras Vanderloo

Girls Basketball..... Brian Drent
 Swimming..... Bryan Farris
 Girls Swimming..... Amanda Beyer
 Baseball..... Kevin Dicus
 Girls Softball..... Josh Malenosky
 Wrestling..... Jacob Colon
 Football..... Brian Webb
 Girls Volleyball..... Tunisia May
 Track & Field..... Rick Clarahan
 Girls Track & Field..... Rick Clarahan
 Cross Country..... Nick Gaul
 Girls Cross Country..... Nick Gaul
 Soccer..... Mike Borral
 Girls Soccer..... Tyler Mogensen
 Bowling..... Kevin Dicus
 Girls Bowling..... Kevin Dicus
 Football Cheerleading..... Makayla Burns
 Basketball Cheerleading..... Makayla Burns
 Wrestling Cheerleading..... Makayla Burns
 Speech Director..... Nathan Irwin
 Student Council..... Michelle Pick
 Band Director..... Anna Scott
 Vocal Director..... Tom Hales
 Orchestra Director..... Eleanor May-Patterson

SIOUX CITY, NORTH

Street Address: 4200 Cheyenne Blvd
 City: Sioux City
 Zip Code: 51104
 Mailing Address: 4200 Cheyenne Blvd
 City: Sioux City
 Zip Code: 51104
 Supt. St Address: 627 4th St
 Supt. City: Sioux City
 Supt. Zip: 51101
 County: Woodbury
 Area Code: 712
 School Phone: 273-7000
 HS Fax: 239-8270
 AD Fax: 239-8270
 Web Site: <https://www.siouxcityschools.org/north-high-school/>
 School Colors: Red, White, Navy
 Nickname: Stars
 Conference: Missouri River
 Superintendent..... Dr. Paul Gausman
 Phone..... (712)279-6667
 Email..... gausmap@live.siouxcityschools.com
 Asst/Assoc Supt..... Dr. Kim Buryanek
 Phone..... (712)279-6083
 Email..... buryank@live.siouxcityschools.com
 Executive Coordinator..... Jim Vanderloo
 Phone..... (712)279-6676
 Email..... vanderjr@live.siouxcityschools.com
 Principal..... Ryan Dumkrieger
 Phone..... (712)239-7000
 Email..... dumkrir@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Joni Swenson
 Phone..... (712)239-7000
 Email..... swensoj@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Scott Cole
 Phone..... (712)239-7000
 Email..... coles@live.siouxcityschools.com
 Athletic Administrator..... Chris Koch
 Phone..... (712)239-7000
 Email..... kochc@live.siouxcityschools.com
 Athletic Secretary..... Heidi Ruhler
 Phone..... (712)239-7000 x3415
 Email..... ruhrerh@live.siouxcityschools.com
 Sports Medicine Provider..... Brandon Marreel (CNOS)
 Tennis..... Scott Davidson
 Girls Tennis..... Bob Dibble

Golf Aaron Kolbo
 Girls Golf..... Eric Hueschen
 Basketball..... David Den Herder
 Girls Basketball..... Michael Groth
 Swimming..... Eric Hoak
 Girls Swimming..... Molly Hegarty
 Baseball..... Nick Tillo
 Girls Softball..... Brent Eickholt
 Wrestling..... Tanner Francksen-Small
 Football..... Mitch Mohr
 Girls Volleyball..... Monica Chamberlain
 Track & Field..... Ervin Whitehead
 Girls Track & Field..... Ervin Whitehead
 Cross Country..... Abdiar Marrero
 Girls Cross Country..... Abdiar Marrero
 Soccer..... Ricky Azpeitia
 Girls Soccer..... Jesse Castillo
 Bowling..... Ken Clark
 Girls Bowling..... Ken Clark
 Football Cheerleading..... Tonya Zielich
 Basketball Cheerleading..... Tonya Zielich
 Wrestling Cheerleading..... Tonya Zielich
 Speech Director..... Greg Anderson
 Student Council..... Brooke Herbst, Carly Conry
 Band Director..... Brian Cole
 Vocal Director..... Andrew Stoneking
 Orchestra Director..... Kayla Priest

SIOUX CITY, WEST

Street Address: 2001 Casselman St
 City: Sioux City
 Zip Code: 51103
 Mailing Address: 2001 Casselman St
 City: Sioux City
 Zip Code: 51103
 Supt. St Address: 627 4th St
 Supt. City: Sioux City
 Supt. Zip: 51101
 County: Woodbury
 Area Code: 712
 School Phone: 279-6772
 HS Fax: 279-6790
 AD Fax: 279-6790
 Web Site: <https://www.siouxcityschools.org/west-high-school/>
 School Colors: Green & White
 Nickname: Wolverines
 Conference: Missouri River
 Superintendent..... Dr. Paul Gausman
 Phone..... (712)279-6667
 Email..... gausmap@live.siouxcityschools.com
 Asst/Assoc Supt..... Dr. Kim Buryanek
 Phone..... (712)279-6083
 Email..... buryank@live.siouxcityschools.com
 Executive Coordinator..... Jim Vanderloo
 Phone..... (712)279-6676
 Email..... vanderjr@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Rebecca Reiken
 Phone..... (712)279-6772
 Email..... riekenr@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Brant Bemus
 Phone..... (712)279-6772
 Email..... bemusb@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Allan Pace
 Phone..... (712)279-6772
 Email..... pacea@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Steve Green
 Phone..... (712)279-6772
 Email..... greens@live.siouxcityschools.com
 Athletic Administrator..... Al Pace
 Phone..... (712)279-6772
 Email..... pacea@live.siouxcityschools.com

Athletic Secretary.....Michaelle Miller
 Phone.....(712)279-6781
 Email.....millerm2@live.siouxcityschools.com
 Sports Medicine Provider.....Miles Kleinhesselink (CNOS)
 Tennis.....Robert McLey
 Girls Tennis.....Todd Siefker
 Golf.....Troy Worden
 Girls Golf.....Frank Irvine
 Basketball.....CoCo Cofield
 Girls Basketball.....Betsy Boetger
 Swimming.....Eric Hoak
 Girls Swimming.....Molly Hegarty
 Baseball.....Gabe Hoogers
 Girls Softball.....Andrea DeRocher
 Wrestling.....John Hessenius
 Football.....Brandon Holmes
 Girls Volleyball.....Jessica Becker
 Track & Field.....Eric Strim
 Girls Track & Field.....Eric Strim
 Cross Country.....Abigail Mehlhaff
 Girls Cross Country.....Abigail Mehlhaff
 Soccer.....Gary Fuentes
 Girls Soccer.....Molly Miller
 Bowling.....Benjamin Nelson
 Girls Bowling.....Benjamin Nelson
 Football Cheerleading.....Chris Jones
 Basketball Cheerleading.....Chris Jones
 Wrestling Cheerleading.....Chris Jones
 Speech Director.....Brenna Splinter
 Band Director.....Eric Elker
 Vocal Director.....Boe Hodnefield
 Orchestra Director.....Kristin Ortmann

SIouxLAND CHRISTIAN

Street Address: 6000 Gordon Dr.
 City: Sioux City
 Zip Code: 51106
 Mailing Address: 6000 Gordon Dr
 City: Sioux City
 Zip Code: 51106
 Supt. St Address: 6000 Gordon Dr.
 Supt. City: Sioux City
 Supt. Zip: 51106
 County: Woodbury
 Area Code: 712
 School Phone: 276-4732
 HS Fax: 276-4752
 AD Fax: 276-4752
 Web Site: <http://www.siouxlandchristian.org>
 School Colors: Blue & Gold
 Nickname: Eagles
 Conference: Western Valley
 Superintendent.....Lindsay Laurich
 Phone.....(712)276-4732 x125
 Email.....llaurich@siouxlandchristian.org
 Admin Asst.....Makala Wooster
 Phone.....(712)276-4732 x100
 Email.....mwooster@siouxlandchristian.org
 Principal.....Jeremy Mills
 Phone.....(712)276-4732
 Email.....jmills@siouxlandchristian.org
 Athletic Administrator.....Nelson Wilson
 Phone.....(712)276-4732
 Email.....nwilson@siouxlandchristian.org
 Athletic Secretary.....Makala Wooster
 Phone.....(712)276-4732 x100
 Email.....mwooster@siouxlandchristian.org
 Basketball.....Nelson Wilson
 Girls Basketball.....Scott Aldrich
 Football.....Adam Ball
 Girls Volleyball.....Don Craig
 Track & Field.....Adam Ball

Girls Track & Field.....Michelle Ball
 Cross Country.....Josh Steinhoff
 Girls Cross Country.....Ashley Runge
 Football Cheerleading.....Katie Wictor
 Basketball Cheerleading.....Katie Wictor
 Speech Director.....Emily Hageman
 Student Council.....Mandy VanSchouwen
 Band Director.....Jared Bade
 Vocal Director.....Emily Hageman

SOLOn

Street Address: 600 W 5th St
 City: Solon
 Zip Code: 52333
 Mailing Address: 600 W 5th St
 City: Solon
 Zip Code: 52333
 Supt. St Address: 301 S Iowa St
 Supt. City: Solon
 Supt. Zip: 52333
 County: Johnson
 Area Code: 319
 School Phone: 624-3401
 HS Fax: 624-4091
 AD Fax: 624-4091
 Web Site: <http://www.solon.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Spartans
 Conference: WAMAC
 Superintendent.....Davis Eidahl
 Phone.....(319)624-3401 x1351
 Email.....deidahl@solon.k12.ia.us
 Admin Asst.....Kris Wentzien
 Phone.....(319)624-3401 x1349
 Email.....kwentzien@solon.k12.ia.us
 Principal.....Zach Wigle
 Phone.....(319)624-3401 x1103
 Email.....zwigle@solon.k12.ia.us
 Athletic Administrator.....Casey Hack
 Phone.....(319)624-3401 x1104
 Email.....chack@solon.k12.ia.us
 Co-AD/Assistant.....Jake Munson
 Phone.....(319)624-3401
 Email.....jmunson@solon.k12.ia.us
 Athletic Secretary.....Dawn Fisher
 Phone.....(319)624-3401 x1100
 Email.....dfisher@solon.k12.ia.us
 Sports Medicine Provider.....David Williams
 (Performance Therapies)
 Golf.....Adam Stahle
 Girls Golf.....Curtis Hendrickson
 Basketball.....Jared Galpin
 Girls Basketball.....Jamie Smith
 Baseball.....Keith McSweeney
 Girls Softball.....Dave Johnson
 Wrestling.....TJ Bevans, Aaron Hadenfeldt
 Football.....Lucas Stanton
 Girls Volleyball.....Jeff Walker
 Track & Field.....Mark Sovers
 Girls Track & Field.....Brent Sands
 Cross Country.....Emy Williams
 Girls Cross Country.....Emy Williams
 Soccer.....Jeremy McMurrin
 Girls Soccer.....Amanda Paulson
 Football Cheerleading.....Alyssa McAtee, Elizabeth Rohner
 Basketball Cheerleading.....Keela Uhlenkamp
 Wrestling Cheerleading.....Alyssa McAtee
 Speech Director.....Leeanne Gilroy
 Student Council.....Amanda Stahle
 Band Director.....Desmond Cervantez
 Vocal Director.....Joel Foreman

SOUTH CENTRAL CALHOUN

Street Address: 709 W Main St
 City: Lake City
 Zip Code: 51449
 Mailing Address: 709 W Main St
 City: Lake City
 Zip Code: 51449
 Supt. St Address: 709 W Main St
 Supt. City: Lake City
 Supt. Zip: 51449
 County: Calhoun
 Area Code: 712
 School Phone: 464-7211
 HS Fax: 464-3724
 AD Fax: 464-3724
 Web Site: <http://www.scc.k12.ia.us>
 School Colors: Purple, Black, & Silver
 Nickname: Titans
 Conference: Twin Lakes
 Superintendent.....Brad Anderson
 Phone.....(712)464-7210
 Email.....banderson@scc.k12.ia.us
 Admin Asst.....Beth McCarter
 Phone.....(712)464-7210
 Email.....bmccarter@scc.k12.ia.us
 Principal.....Randy Martin
 Phone.....(712)464-7211
 Email.....rmartin@scc.k12.ia.us
 Athletic Administrator.....Mark Schaefer
 Phone.....(712)464-7211
 Email.....mschaefer@scc.k12.ia.us
 Co-AD/Assistant.....Brian Knapp
 Phone.....(712)464-7211
 Email.....bknapp@scc.k12.ia.us
 Athletic Secretary.....Beth McCarter
 Phone.....(712)464-7210
 Email.....bmccarter@scc.k12.ia.us
 Golf.....Jeff Boerner
 Girls Golf.....Brady Dicks
 Basketball.....Clive Clark
 Girls Basketball.....Brady Dicks
 Baseball.....Courtland Ellis
 Girls Softball.....John Kennedy
 Wrestling.....Lance Schultz
 Football.....Bryan Case
 Girls Volleyball.....Shelley Blankenship
 Track & Field.....Bryan Case
 Girls Track & Field.....Brian Knapp
 Cross Country.....Brian Knapp
 Girls Cross Country.....Brian Knapp
 Football Cheerleading.....Karen Gorden
 Basketball Cheerleading.....Sheila Welander
 Speech Director.....Marleta Smith
 Student Council.....John Olson
 Band Director.....Tom Plummer
 Vocal Director.....Cayla Morton

SOUTH HAMILTON, JEWELL

Street Address: 315 Division St
 City: Jewell
 Zip Code: 50130
 Mailing Address: 315 Division St
 City: Jewell
 Zip Code: 50130
 Supt. St Address: 315 Division St
 Supt. City: Jewell
 Supt. Zip: 50130
 County: Hamilton
 Area Code: 515
 School Phone: 827-5418
 HS Fax: 827-5368
 AD Fax: 827-5368

Web Site: <https://shhawks.net>
School Colors: Cardinal Red & White
Nickname: Hawks
Conference: HOIAC
Superintendent.....Ken Howard
 Phone.....(515)827-5479
 Email.....ken_howard@s-hamilton.k12.ia.us
Principal.....Jason Woodley
 Phone.....(515)827-5418 x104
 Email.....jason_woodley@s-hamilton.k12.ia.us
Athletic Administrator.....Todd Coy
 Phone.....(515)827-5418 x302
 Email.....todd_coy@s-hamilton.k12.ia.us
Athletic Secretary.....Tara Northrop
 Phone.....(515)827-5418
 Email.....tara_northrop@s-hamilton.k12.ia.us
Sports Medicine Provider.....Tim Schlorholtz, LAT
 (McFarland Clinic)
Golf.....Steve Butler
Girls Golf.....Kathi Fisher
Basketball.....Matt Juber
Girls Basketball.....Mark Henderson
Baseball.....Kyle Galetich
Girls Softball.....Harry McMaken
Wrestling.....Dan Brodie
Football.....Corey Klemp
Girls Volleyball.....Kayla Schaufenbuel
Track & Field.....Darrell Paulsen
Girls Track & Field.....Dan Brodie
Cross Country.....Darrell Paulsen
Girls Cross Country.....Emily Bochmann
Football Cheerleading.....Tammy Schafer-Schwerin
Basketball Cheerleading.....Tammy Schafer-Schwerin
Speech Director.....Jocelyn Hommes
Student Council.....Kris Flaugh
Band Director.....Alexa Gibbs
Vocal Director.....Matthew Harper

SOUTH HARDIN

Street Address: 1800 24th St
City: Eldora
Zip Code: 50627
Mailing Address: 1800 24th St
City: Eldora
Zip Code: 50627
Supt. St Address: 1010 Edgington Ave
Supt. City: Eldora
Supt. Zip: 50627
County: Hardin
Area Code: 641
School Phone: 939-3421
HS Fax: 939-3423
AD Fax: 939-3423
Web Site: <http://www.southhardin.k12.ia.us>
School Colors: Black, Silver & Red
Nickname: Tigers
Conference: North Iowa Cedar-West
Superintendent.....Dr. Adam Zellmer
 Phone.....(641)939-5631
 Email.....azellmer@southhardin.org
Principal.....Mike Rundall
 Phone.....(641)939-3421
 Email.....mrundall@southhardin.org
Athletic Administrator.....Matt Thompson
 Phone.....(641)939-3421 x1405
 Email.....mthompson@southhardin.org
Tennis.....Thomas Howe
Girls Tennis.....Scott Swartz
Golf.....Matt Thompson
Girls Golf.....David Akers
Basketball.....Nathan Gevlinger
Girls Basketball.....Nick Eller

Baseball.....Dick Shindelar
Girls Softball.....Becky Rosonke
Wrestling.....Mike Olson
Football.....Nick Eller
Girls Volleyball.....Suzy Teske
Track & Field.....Nick Eller
Girls Track & Field.....Mike Olson
Cross Country.....Mike Olson
Girls Cross Country.....Mike Olson
Football Cheerleading.....Amy Lepely
Basketball Cheerleading.....Amy Lepely
Speech Director.....Alex Holt
Student Council.....Nancy Cook
Band Director.....Wayne Lu
Vocal Director.....Patrick Gagnon

SOUTH O'BRIEN, PAULLINA

Street Address: 307 W Groesbeck
City: Paullina
Zip Code: 51046
Mailing Address: 216 S Rutledge St
City: Paullina
Zip Code: 51046
Supt. St Address: 216 S Rutledge St
Supt. City: Paullina
Supt. Zip: 51046
County: O'Brien
Area Code: 712
School Phone: 949-3454
HS Fax: 949-3453
AD Fax: 949-2149
Web Site: <http://www.soswolverines.org>
School Colors: Black & Silver
Nickname: Wolverines
Conference: War Eagle
Superintendent.....Wade Riley
 Phone.....(712)949-2115
 Email.....wriley@soswolverines.org
Principal.....Steven Bruder
 Phone.....(712)949-3454
 Email.....sbruder@soswolverines.org
Athletic Administrator.....Kent De Zeeuw
 Phone.....(712)949-3454 x0114
 Email.....kdezeeuw@soswolverines.org
Golf.....Heath Reichle
Girls Golf.....Kris Faust
Basketball.....Kiley Yates
Girls Basketball.....Erica Dreckman
Baseball.....Tanner Petersen
Girls Softball.....Heather Struve
Football.....Mark Fuhrman
Girls Volleyball.....Cortney Roskamp
Track & Field.....Brant Goodchild
Girls Track & Field.....Mark Fuhrman
Cross Country.....Andrew Lichter
Girls Cross Country.....Andrew Lichter
Football Cheerleading.....Jessica Watkins
Basketball Cheerleading.....Jessica Watkins
Speech Director.....Becky Wester
Student Council.....Kim Poeckes
Band Director.....Jared Lancaster
Vocal Director.....John Krager

SOUTH PAGE, COLLEGE SPRINGS

Street Address: 606 Iowa Ave
City: College Springs
Zip Code: 51637
Mailing Address: PO Box 98
City: College Springs
Zip Code: 51637
Supt. St Address: PO Box 98
Supt. City: College Springs

Supt. Zip: 51637
County: Page
Area Code: 712
School Phone: 582-3212
HS Fax: 582-3217
AD Fax: 582-3217
Web Site: <http://www.southpageschools.com/>
School Colors: Black & White
Nickname: Rebels
Conference: Corner
Superintendent.....Tim Hood
 Phone.....(712)582-3212
 Email.....thood@southpageschools.com
Admin Asst.....Pat Behrhorst
 Phone.....(712)582-3212
 Email.....pbehr@southpageschools.com
Principal.....Rhonda Sheldon
 Phone.....(712)582-3211
 Email.....rsheldon@southpageschools.com
Athletic Administrator.....Curtis Maassen
 Phone.....(712)582-3211
 Email.....cmaassen@southpageschools.com
Golf.....Ron Iles
Basketball.....TBD
Girls Basketball.....TBD
Baseball.....Jess Baker
Football.....Tyler Stevens, Zac Stevens
Girls Volleyball.....TBD
Track & Field.....Curtis Maassen
Basketball Cheerleading.....TBD
Speech Director.....Kimberly Bjorklund
Student Council.....TBD
Band Director.....Cindy McCall
Vocal Director.....Cindy McCall

SOUTH TAMA COUNTY, TAMA

Street Address: 1715 Harding St
City: Tama
Zip Code: 52339
Mailing Address: 1715 Harding St
City: Tama
Zip Code: 52339
Supt. St Address: 1702 Harding St
Supt. City: Tama
Supt. Zip: 52339
County: Tama
Area Code: 641
School Phone: 484-4345
HS Fax: 484-5152
AD Fax: 484-5152
Web Site: <http://www.s-tama.k12.ia.us>
School Colors: Columbia Blue & Black
Nickname: Trojans
Conference: WaMaC
Superintendent.....Jared Smith
 Phone.....(641)484-4811
 Email.....jsmith@s-tama.k12.ia.us
Admin Asst.....Jessica Poush
 Phone.....(641)484-4811
 Email.....jpoush@s-tama.k12.ia.us
Principal.....Mark Groteluschen
 Phone.....(641)484-4345 x6002
 Email.....mgroteluschen@s-tama.k12.ia.us
Asst/Assoc/Vice-Principal.....Anthony Jahr
 Phone.....(641)484-4345 x6003
 Email.....ajahr@s-tama.k12.ia.us
Athletic Administrator.....Anthony Jahr
 Phone.....(641)484-4345 x6003
 Email.....ajahr@s-tama.k12.ia.us
Co-AD/Assistant.....Chelsea Ahrens
 Phone.....(641)484-4345 x6406
 Email.....cahrens@s-tama.k12.ia.us

Athletic Secretary.....Julie Hagerty
 Phone.....(641)484-4345 x6001
 Email.....jhagerty@s-tama.k12.ia.us
 Sports Medicine Provider.....Jill Kienzle
 Tennis.....Andrea Rutledge
 Girls Tennis.....Steve Bearden
 Golf.....Nathan Doran
 Girls Golf.....Deanna Zmolek
 Basketball.....Dustin Peska
 Girls Basketball.....Todd Dale
 Baseball.....Seth Koch
 Girls Softball.....Chelsea Ahrens
 Wrestling.....Nate Van Dyke
 Football.....Nate Doran
 Girls Volleyball.....Samantha Cantonwine
 Track & Field.....Dan Mayo
 Girls Track & Field.....TBD
 Cross Country.....Robert Tyynismaa
 Girls Cross Country.....Robert Tyynismaa
 Soccer.....NateVanDyke
 Girls Soccer.....Noah Schmelzer
 Football Cheerleading.....Chris Drummer
 Basketball Cheerleading.....Morgan McFate
 Wrestling Cheerleading.....Chris Drummer
 Speech Director.....Dixie Forcht, Katie Murphy
 Student Council.....Emily Chyma
 Band Director.....Mike Carnahan
 Vocal Director.....Chris McFate

SOUTH WINNESHIEK, CALMAR

Street Address: 203 W South St
 City: Calmar
 Zip Code: 52132
 Mailing Address: PO Box 430
 City: Calmar
 Zip Code: 52132
 Supt. St Address: PO Box 430
 Supt. City: Calmar
 Supt. Zip: 52132
 County: Winneshiek
 Area Code: 563
 School Phone: 562-3269
 HS Fax: 562-3228
 AD Fax: 562-3228
 Web Site: <http://www.s-winneshiek.k12.ia.us>
 School Colors: Scarlet & Silver
 Nickname: Warriors
 Conference: Upper Iowa
 Superintendent.....Kris Einck
 Phone.....(563)562-3269 x110
 Email.....keinck@swinn.k12.ia.us
 Principal.....Kris Einck
 Phone.....(563)562-3226 x103
 Email.....keinck@swinn.k12.ia.us
 Athletic Administrator.....Jason Halverson
 Phone.....(563)532-9365
 Email.....jhalverson@swinn.k12.ia.us
 Co-AD/Assistant.....Bruce Gullickson
 Phone.....(563)562-3269 x113
 Email.....bgullickson@swinn.k12.ia.us
 Sports Medicine Provider.....Winneshiek Medical Center
 Golf.....Michael Wenthold
 Girls Golf.....Glenna Munuswamy
 Basketball.....Blake Moen
 Girls Basketball.....Justin Izer
 Baseball.....Alex Smith
 Girls Softball.....Jeff Krueger
 Wrestling.....Jacob Elsbernd
 Football.....Jason Ohrt
 Girls Volleyball.....Alex Smith
 Track & Field.....Scott Conway
 Girls Track & Field.....Kevin Kearney

Cross Country.....Scott Conway
 Girls Cross Country.....Kevin Kearney
 Football Cheerleading.....Sara Schmitt
 Basketball Cheerleading.....Sara Schmitt
 Speech Director.....Kurt Straube
 Student Council.....Glenna Munuswamy
 Band Director.....Nathan Miller
 Vocal Director.....Connie Formanek

SOUTEAST POLK

Street Address: 7945 NE University Ave
 City: Pleasant Hill
 Zip Code: 50327
 Mailing Address: 7945 NE University Ave
 City: Pleasant Hill
 Zip Code: 50327
 Supt. St Address: 8379 NE University Ave
 Supt. City: Pleasant Hill
 Supt. Zip: 50327
 County: Polk
 Area Code: 515
 School Phone: 967-2944
 HS Fax: 957-3498
 AD Fax: 957-3498
 Web Site: <http://www.southeastpolk.org>
 School Colors: Black & Gold
 Nickname: RAMS
 Conference: CIML-CIC Iowa
 Superintendent.....Dirk Halupnik
 Phone.....(515)967-4294 x1005
 Email.....dirk.halupnik@southeastpolk.org
 Asst/Assoc Supt.....Joe Horton
 Phone.....(515)967-4294 x1003
 Email.....joseph.horton@southeastpolk.org
 Admin Asst.....Karen Haines
 Phone.....(515)967-4294 x1006
 Email.....karen.haines@southeastpolk.org
 Executive Coordinator.....Dr. Margi Belger
 Phone.....(515)967-4294
 Email.....margi.belger@southeastpolk.org
 Principal.....Steve Pettit
 Phone.....(515)967-6631 x2005
 Email.....stephen.pettit@southeastpolk.org
 Asst/Assoc/Vice-Principal.....Cory Goldsmith
 Phone.....(515)967-6631 x2008
 Email.....cory.goldsmith@southeastpolk.org
 Asst/Assoc/Vice-Principal.....Glenn Dietzenbach
 Phone.....(515)967-6631 x2006
 Email.....glenn.dietzenbach@southeastpolk.org
 Asst/Assoc/Vice-Principal.....Scott Belger
 Phone.....(515)967-6631 x2007
 Email.....scott.belger@southeastpolk.org
 Asst/Assoc/Vice-Principal.....Mike Dailey
 Phone.....(515)967-6631
 Email.....michael.dailey@southeastpolk.org
 Athletic Administrator.....Jayson Campbell
 Phone.....(515)957-3471
 Email.....jayson.campbell@southeastpolk.org
 Co-AD/Assistant.....Darrin Carpenter
 Phone.....(515)967-6631 x2401
 Email.....darrin.carpenter@southeastpolk.org
 Athletic Secretary.....Ashley Allen
 Phone.....(515)967-2944
 Email.....ashley.allen@southeastpolk.org
 Sports Medicine Provider...Devin Shannon, LAT (Athletico)
 Tennis.....Richard Beattie
 Girls Tennis.....Josh Cerveney
 Golf.....Scott Powell
 Girls Golf.....Troy Schwemm
 Basketball.....Alan Jenkins
 Girls Basketball.....Tracy Dailey
 Swimming.....Adam Schulte

Girls Swimming.....Adam Schulte
 Baseball.....Dave Hartman
 Girls Softball.....Tia Stiles
 Wrestling.....Jake Agnitsch
 Football.....Brad Zelenovich
 Girls Volleyball.....Matt Parker
 Track & Field.....Jason Nolting
 Girls Track & Field.....Chad Willeford
 Cross Country.....Pat Owens
 Girls Cross Country.....Chad Willeford
 Soccer.....Hidajet Tica
 Girls Soccer.....Mike Kaut
 Bowling.....Jeff Hart
 Girls Bowling.....Jeff Hart
 Football Cheerleading.....Jenny Rinehart
 Basketball Cheerleading.....Jenny Rinehart
 Wrestling Cheerleading.....Marci Keesee
 Speech Director.....Julene Pappan
 Student Council.....Shannon Stusse-Grote, Marci Keesee
 Band Director.....Jayson Gerth, Jacqui Meunier
 Vocal Director.....Ella Cavin, Jamie Logan

SOUTEAST VALLEY, GOWRIE

Street Address: 1005 Riddle
 City: Gowrie
 Zip Code: 50543
 Mailing Address: PO Box 49
 City: Gowrie
 Zip Code: 50543
 Supt. St Address: 1005 Riddle St
 Supt. City: Gowrie
 Supt. Zip: 50543
 County: Webster
 Area Code: 515
 School Phone: 352-3142
 HS Fax: 352-3143
 AD Fax: 352-5576
 Web Site: <http://www.southeastvalley.org>
 School Colors: Black, Teal, & Metallic Silver
 Nickname: Jaguars
 Conference: Twin Lakes
 Superintendent.....Brian Johnson
 Phone.....(515)352-5575
 Email.....bjohnson@svjags.org
 Principal.....Kerry Ketcham
 Phone.....(515)352-3142
 Email.....kketcham@svjags.org
 Athletic Administrator.....Brian Hanson
 Phone.....(515)352-3102
 Email.....bhanson@svjags.org
 Athletic Secretary.....Aimee Jackson
 Phone.....(515)352-3142
 Email.....ajackson@svjags.org
 Sports Medicine Provider.....Megan Davis
 Golf.....Shawn Blunk
 Girls Golf.....Allison Rice
 Basketball.....Kyle Johnson
 Girls Basketball.....Kevin Mills
 Baseball.....Bryan Bachel, Brad Anderson
 Girls Softball.....Sheridan Gealow
 Wrestling.....Jeff Miller
 Football.....Mike Swieter
 Girls Volleyball.....Kristi Castenson
 Track & Field.....Travis Nuss
 Girls Track & Field.....Mike Swieter
 Cross Country.....Travis Nuss
 Girls Cross Country.....Travis Nuss
 Football Cheerleading.....Jen Eckert
 Basketball Cheerleading.....Rebecca Fiala
 Wrestling Cheerleading.....Stephanie Blunk
 Speech Director.....Ruth Nellis, Britney Geisler
 Student Council.....Sherry Vogel

Band DirectorEmma Schmidt
Vocal Director Brandon Louis

SOUTHEAST WARREN, LIBERTY CENTER

Street Address: 16331 Tyler St
City: Liberty Center
Zip Code: 50145
Mailing Address: PO Box 19
City: Liberty Center
Zip Code: 50145
Supt. St Address: PO Box 19
Supt. City: Liberty Center
Supt. Zip: 50145
County: Warren
Area Code: 641
School Phone: 466-3331
HS Fax: 466-3525
AD Fax: 466-3525
Web Site: <http://www.se-warren.k12.ia.us>
School Colors: Kelly Green & White
Nickname: Warhawks
Conference: Pride of Iowa
Superintendent Delane Galvin
Phone (641)466-3510
Email delane.galvin@se-warren.k12.ia.us
Admin Asst. LuAnn Ohnemus
Phone (641)466-3510 x228
Email luann.ohnemus@se-warren.k12.ia.us
Principal Delane Galvin
Phone (641)466-3331
Email delane.galvin@se-warren.k12.ia.us
Asst/Assoc/Vice-Principal Scott Dirkx
Phone (641)466-3331
Email Scott.dirkx@se-warren.k12.ia.us
Athletic Administrator Blake Cruikshank
Phone (641)466-3331 x106
Email blake.cruikshank@se-warren.k12.ia.us
Co-AD/Assistant Shane Rowlands
Phone (641)466-3331
Email shane.rowlands@se-warren.k12.ia.us
Athletic Secretary LuAnn Ohnemus
Phone (641)466-3510 x228
Email luann.ohnemus@se-warren.k12.ia.us
Sports Medicine Provider Tori Ogden
Golf Alex Rodgers
Girls Golf Alex Rodgers
Basketball John Burrell
Girls Basketball Shane Rowlands
Baseball Chuck Jones
Girls Softball Cody Reynolds
Wrestling Chase Petty
Football Shane Rowlands
Girls Volleyball Jodi Clendenen
Track & Field Hunter Rowe
Girls Track & Field Sarah Sealock
Cross Country Jim Carr
Girls Cross Country Jim Carr
Bowling Andrea Benjamin
Girls Bowling Andrea Benjamin
Football Cheerleading Krissy Merfeld
Basketball Cheerleading Krissy Merfeld
Wrestling Cheerleading Krissy Merfeld
Speech Director Fran Isley
Student Council Megan Birchette
Band Director Deon Walker
Vocal Director Deon Walker

SOUTHWEST VALLEY

Street Address: 904 8th Street
City: Corning
Zip Code: 50841
Mailing Address: 904 8th Street

City: Corning
Zip Code: 50841
Supt. St Address: 904 8th Street
Supt. City: Corning
Supt. Zip: 50841
County: Adams
Area Code: 641
School Phone: 322-4242
HS Fax: 322-5149
AD Fax: 322-5149
Web Site: <http://www.southwestvalley.org>
School Colors: Black, Silver, Teal
Nickname: Timberwolves
Conference: Pride of Iowa
Superintendent Chris Fenster
Phone (641)322-4245 x225
Email cfenster@corningcsd.org
Admin Asst. Tina Boswell
Phone (641)322-4242 x221
Email tboswell@corningcsd.org
Principal Anthony Donahoo
Phone (641)322-4245 x222
Email adonahoo@corningcsd.org
Athletic Administrator Allen Naugle
Phone (641)322-4020
Email anaugle@southwestvalley.org
Co-AD/Assistant Anthony Jones
Phone (712)826-2552 x204
Email ajones@villiscaschools.org
Athletic Secretary Dawn Shuler
Phone (641)322-4020
Email dshuler@southwestvalley.org
Sports Medicine Provider Megan Birchard, LAT, ATC
(Greater Regional Medical Center)
Tennis Steve McGrew
Girls Tennis Steve McGrew
Golf Cindy Drake
Girls Golf Cindy Drake
Basketball Kyle Bashor
Girls Basketball Mike Cormack
Baseball Josh Lucken
Girls Softball Trevor Gipple
Wrestling Cody Konecne
Football Anthony Donahoo
Girls Volleyball Lindsay Wetzell
Girls Track & Field Jason Hulst
Cross Country Jason Hulst
Girls Cross Country Jason Hulst
Football Cheerleading Denise Stull
Basketball Cheerleading Christine McAlpin
Wrestling Cheerleading Melodie Winkler
Speech Director Robert Becker
Student Council Lindsay Wetzell
Band Director Shelby Cooper
Vocal Director Mindy Docker

SPENCER

Street Address: 800 E 3rd St
City: Spencer
Zip Code: 51301
Mailing Address: PO Box 200
City: Spencer
Zip Code: 51301
Supt. St Address: PO Box 200
Supt. City: Spencer
Supt. Zip: 51301
County: Clay
Area Code: 712
School Phone: 262-1700
HS Fax: 262-5704
AD Fax: 262-5704
Web Site: <http://www.spencerschools.org/>

School Colors: Purple & Gold
Nickname: Tigers
Conference: Lakes
Superintendent Terry Hemann
Phone (712)262-8950
Email themann@spencerschools.org
Admin Asst. Laura Wakefield
Phone (712)262-8950 x1010
Email lwakefield@spencerschools.org
Principal Elli Wiemers
Phone (712)262-1700
Email ewiemers@spencerschools.org
Asst/Assoc/Vice-Principal Jade Beehler
Phone (712)262-1700
Email jbeehler@spencerschools.org
Athletic Administrator Taylor Chapman
Phone (712)262-1700 x2006
Email tchapman@spencerschools.org
Athletic Secretary Kelly Kuehler
Phone (712)262-1700 x2001
Email kkuehler@spencerschools.org
Sports Medicine Provider Jason Hough, MD
(Northwest Iowa Bone & Joint)
Tennis Joe Steele
Girls Tennis Bob Schlaeger
Golf Marc Bruning
Girls Golf Nate Wendt
Basketball Kory Petzenhauser
Girls Basketball Matt Stevenson
Swimming Katie Chapman
Girls Swimming Amie Lawrence
Baseball Brian Dirkx
Girls Softball Tara Hauschen
Wrestling Adam Gress
Football Jim Tighe
Girls Volleyball Tara Hauschen
Track & Field Kurt Bauermeister
Girls Track & Field Al Pierce
Cross Country Val Hamilton
Girls Cross Country Val Hamilton
Soccer Nick Erdman
Girls Soccer John Hansel
Football Cheerleading Kait Huss
Basketball Cheerleading Gracie Damann
Wrestling Cheerleading Shante Whalen
Speech Director Becky Koenig
Student Council Jade Beehler
Band Director Kurt Schwarck
Vocal Director Katie Kardell
Orchestra Director Kurt Schwarck

SPIRIT LAKE

Street Address: 2701 Hill Ave
City: Spirit Lake
Zip Code: 51360
Mailing Address: 2701 Hill Ave
City: Spirit Lake
Zip Code: 51360
Supt. St Address: 2701 Hill Ave
Supt. City: Spirit Lake
Supt. Zip: 51360
County: Dickinson
Area Code: 712
School Phone: 336-2820
HS Fax: 336-4641
Web Site: <http://www.spiritlakecsd.org>
School Colors: Red & Black
Nickname: Indians
Conference: Lakes
Superintendent Dr. David Smith
Phone (712)336-2820 x3000
Email dsmith@spirit-lake.k12.ia.us

Admin Asst..... Donna Sebert
 Phone..... (712)336-2820 x3020
 Email..... dsebert@spirit-lake.k12.ia.us
 Principal..... Casey O'Rourke
 Phone..... (712)336-3707 x2000
 Email..... corourke@spirit-lake.k12.ia.us
 Asst/Assoc/Vice-Principal..... Josh Bolluyt
 Phone..... (712)336-3707 x1280
 Email..... jdbolluyt@spirit-lake.k12.ia.us
 Athletic Administrator..... Rachel Fisher
 Phone..... (712)336-3707 x1960
 Email..... rfisher@spirit-lake.k12.ia.us
 Sports Medicine Provider..... Josie Rodell
 Tennis..... Dan Taylor
 Girls Tennis..... Robert O'Hara
 Golf..... Robert Kirchner
 Girls Golf..... Lucas Doxstad
 Basketball..... Paul Brown
 Girls Basketball..... Todd Rogers
 Baseball..... Ross Ackerman
 Girls Softball..... Rachel Fisher
 Wrestling..... Andrew Lundgren
 Football..... Joshua Bolluyt
 Girls Volleyball..... Beau Dielschneider
 Track & Field..... Brad Travis
 Girls Track & Field..... Tim Heinitz
 Cross Country..... Tim Heinitz
 Girls Cross Country..... Tim Heinitz
 Soccer..... Alan Ditsworth
 Girls Soccer..... Tristram Nebelsick
 Football Cheerleading..... Jessica Vancura
 Basketball Cheerleading..... Lisa Duffy
 Wrestling Cheerleading..... Marcy Toews
 Student Council..... Roland Schmidt
 Band Director..... Tyler Pedersen
 Vocal Director..... Luke Miller

SPRINGVILLE

Street Address: 400 Academy St
 City: Springville
 Zip Code: 52336
 Mailing Address: 400 Academy St
 City: Springville
 Zip Code: 52336
 Supt. St Address: 400 Academy St
 Supt. City: Springville
 Supt. Zip: 52336
 County: Linn
 Area Code: 319
 School Phone: 854-6196
 HS Fax: 854-6199
 AD Fax: 854-6199
 Web Site: <http://www.springville.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Orioles
 Conference: Tri Rivers
 Superintendent..... Pat Hocking
 Phone..... (319)854-6197 x1001
 Email..... phocking@springville.k12.ia.us
 Admin Asst..... Barb Hennings
 Phone..... (319)854-6196 x1000
 Email..... bhennings@springville.k12.ia.us
 Principal..... Nick Merritt
 Phone..... (319)854-6196 x1022
 Email..... nmerritt@springville.k12.ia.us
 Athletic Administrator..... Joe Martin
 Phone..... (319)854-6196 x1005
 Email..... jmartin@springville.k12.ia.us
 Athletic Secretary..... Barb Hennings
 Phone..... (319)854-6196 x1000
 Email..... bhennings@springville.k12.ia.us

Golf..... Austin Neuendorf
 Girls Golf..... Austin Neuendorf
 Basketball..... Nick Merritt
 Girls Basketball..... Christina Zaruba
 Baseball..... Tony Dlouhy
 Girls Softball..... Laura Riley
 Football..... Joe Martin
 Girls Volleyball..... Claude Howard
 Track & Field..... Tyler Husak
 Girls Track & Field..... Steve Pershing
 Cross Country..... Steve Pershing
 Girls Cross Country..... Steve Pershing
 Football Cheerleading..... Angel Chizek
 Basketball Cheerleading..... Angel Chizek
 Speech Director..... Josh Stoll
 Student Council..... Austin Neuendorf
 Band Director..... Andrew Escalante
 Vocal Director..... Ryan Batisto

ST. ALBERT, COUNCIL BLUFFS

Street Address: 400 Gleason Ave
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 400 Gleason Ave
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 400 Gleason Ave
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 328-2316
 HS Fax: 328-8316
 AD Fax: 328-8316
 Web Site: <http://www.saintalbertschools.org>
 School Colors: Green & Gold
 Nickname: Falcons & Saints
 Conference: Hawkeye Ten
 Superintendent..... Vernon Dobelmann
 Phone..... (712)328-2316 x211
 Email..... dobeldmannv@saintalbertschools.org
 Principal..... Pat Ryan
 Phone..... (712)328-2316
 Email..... ryanp@saintalbertschools.org
 Asst/Assoc/Vice-Principal..... Ken Schreiber
 Phone..... (712)328-2316 x210
 Email..... schreiberk@saintalbertschools.org
 Asst/Assoc/Vice-Principal..... Angela Shiffeld
 Phone..... (712)328-2316
 Email..... whitfielda@saintalbertschools.org
 Asst/Assoc/Vice-Principal..... Katie Grudle
 Phone..... (712)328-2316
 Email..... krudlek@saintalbertschools.org
 Athletic Administrator..... Ken Schreiber
 Phone..... (712)328-2316 x210
 Email..... schreiberk@saintalbertschools.org
 Athletic Secretary..... Libby Cerny
 Phone..... (712)328-2316
 Email..... cernyl@saintalbertschools.org
 Sports Medicine Provider..... Nick Finken, LAT
 (Jennie Edmundson Sports Medicine)
 Tennis..... Kevin White
 Girls Tennis..... Teri Miller
 Golf..... Mike Klusman
 Girls Golf..... Mike Klusman
 Basketball..... Larry Peterson
 Girls Basketball..... Dick Wettengel
 Baseball..... Duncan Patterson
 Girls Softball..... Lyndsay Daley
 Wrestling..... Jeremy Hulshizer, Connor Donegan
 Football..... Jake Driver

Girls Volleyball..... Angie Lantz
 Track & Field..... Russ Sidelar
 Girls Track & Field..... Theresa Van Soelen
 Cross Country..... Russ Sindelar
 Girls Cross Country..... Russ Sindelar
 Soccer..... Todd Tarbox
 Girls Soccer..... Chris Hughes
 Bowling..... Mike Klusman
 Girls Bowling..... Mike Klusman
 Football Cheerleading..... Lisa Dunning
 Basketball Cheerleading..... Lisa Dunning
 Wrestling Cheerleading..... Lisa Dunning
 Speech Director..... Brian Peterson
 Student Council..... Ann Combs
 Band Director..... Timothy Radermacher
 Vocal Director..... Ellen Tjaden

ST. EDMOND, FORT DODGE

Street Address: 2220 4th Ave N
 City: Fort Dodge
 Zip Code: 50501
 Mailing Address: 2220 4th Ave N
 City: Fort Dodge
 Zip Code: 50501
 Supt. St Address: 2220 4th Ave N
 Supt. City: Fort Dodge
 Supt. Zip: 50501
 County: Webster
 Area Code: 515
 School Phone: 955-5850
 HS Fax: 955-3569
 AD Fax: 955-3569
 Web Site: <http://www.st-edmond.com>
 School Colors: Kelly Green & White
 Nickname: Gaels
 Conference: North Central
 Superintendent..... Patty Lansink
 Phone..... (712)233-7535
 Email..... PattyL@scdiocese.org
 Asst/Assoc Supt..... Mary Gibb
 Phone..... (515)955-6077 x2026
 Email..... gibbm@st-edmond.pvt.k12.ia.us
 Principal..... Abigail Glass
 Phone..... (515) 955-5850 x2254
 Email..... glassa@st-edmond.pvt.k12.ia.us
 Asst/Assoc/Vice-Principal..... Zach Steinhoff
 Phone..... (515)955-5850
 Email..... steinhoffz@st-edmond.pvt.k12.ia.us
 Athletic Administrator..... Zach Steinhoff
 Phone..... (515)955-5850 x3219
 Email..... steinhoffz@st-edmond.pvt.k12.ia.us
 Athletic Secretary..... Nancy Richman
 Phone..... (515)955-5850 x3003
 Email..... richmann@st-edmond.pvt.k12.ia.us
 Sports Medicine Provider..... CNOS
 Tennis..... TBD
 Girls Tennis..... Joe Perry
 Golf..... Matt Dillon
 Girls Golf..... Kelsey Felch
 Basketball..... Adolph Kochendorfer
 Girls Basketball..... CJ Tracy
 Baseball..... Mike Szalat
 Girls Softball..... Bill Shimbrown
 Wrestling..... Eugene Carlson
 Football..... Matt Dillon
 Girls Volleyball..... Dee Huss
 Track & Field..... Donn Larson
 Girls Track & Field..... Monica Shelly
 Cross Country..... Mike Szalat
 Girls Cross Country..... Mike Szalat
 Football Cheerleading..... Amber Barwin

Basketball Cheerleading.....Amber Barwin
 Wrestling Cheerleading.....Amber Barwin
 Speech Director.....Jenna Hendrix
 Student Council.....Mike Szalat
 Band Director.....Ryan Swedean
 Vocal Director.....Ben Wegner

ST. MARY'S, REMSEN

Street Address: 523 Madison St
 City: Remsen
 Zip Code: 51050
 Mailing Address: PO Box 500
 City: Remsen
 Zip Code: 51050
 Supt. St Address: 1821 Jackson St, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Plymouth
 Area Code: 712
 School Phone: 786-1433
 HS Fax: 786-2499
 AD Fax: 786-2499
 Web Site: <http://www.rsmschools.org>
 School Colors: Royal Blue & White
 Nickname: Hawks
 Conference: War Eagle

Superintendent.....Patty Lansink
 Phone.....(712)233-7527
 Email.....pattyL@scdiocese.org
 Executive Coordinator.....Father Bill McCarthy
 Phone.....(712)786-1437
 Principal.....Kim Phillips
 Phone.....(712)786-1433
 Email.....phillipsk@rsmschools.org
 Athletic Administrator.....Jarrod Schott
 Phone.....(712)786-1433
 Email.....schottj@rsmschools.org
 Co-AD/Assistant.....Brenda Ortmann
 Email.....ortmannb@rsmschools.org
 Athletic Secretary.....Connie Kellen
 Phone.....(712)786-1433
 Email.....kellenc@rsmschools.org
 Sports Medicine Provider.....LeMars Physical Therapy
 Golf.....Tim Osterman
 Girls Golf.....Sue Klein
 Basketball.....Justin Ruden
 Girls Basketball.....Scott Willman
 Baseball.....Dean Harpenau
 Girls Softball.....Monte Harpenau
 Football.....Tim Osterman
 Girls Volleyball.....Janelle Schorg
 Track & Field.....Scott Willman
 Girls Track & Field.....Scott Willman
 Cross Country.....Scott Willman
 Girls Cross Country.....Scott Willman
 Football Cheerleading.....Dalaney Colling
 Speech Director.....Kim Phillips
 Band Director.....Kathy Brandt
 Vocal Director.....Kathy Brandt

ST. MARY'S, STORM LAKE

Street Address: 312 Seneca St
 City: Storm Lake
 Zip Code: 50588
 Mailing Address: 312 Seneca St
 City: Storm Lake
 Zip Code: 50588
 Supt. St Address: 1821 Jackson St, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Buena Vista
 Area Code: 712

School Phone: 732-4166
 HS Fax: 732-4590
 AD Fax: 732-4590
 Web Site: <http://www.stmarys-storm.pvt.k12.ia.us>
 School Colors: Black & White
 Nickname: Panthers
 Conference: Twin Lakes
 Superintendent.....Patty Lansink
 Phone.....(712)732-7527
 Email.....PattyL@scdiocese.org
 Asst/Assoc Supt.....Fr. Brent Lingle
 Phone.....(712)732-3110
 Email.....blingle@stormlakecatholic.com
 Admin Asst.....Sara Sennert
 Phone.....(712)732-4166
 Email.....ssennert@stmarys-storm.pvt.k12.ia.us
 Principal.....Ryan Berg
 Phone.....(712)732-4166
 Email.....rberg@stmarys-storm.pvt.k12.ia.us
 Athletic Administrator.....Alex Schwing
 Phone.....(712)732-4166
 Email.....aschwing@stmarys-storm.pvt.k12.ia.us
 Golf.....Herb Besaw
 Girls Golf.....Lynn Hardt
 Basketball.....Kennedy Drey
 Girls Basketball.....Derek Varner
 Baseball.....Alex Schwing
 Girls Softball.....Meghan Heying
 Girls Volleyball.....Jasmine Demers
 Track & Field.....Derek Varner
 Girls Track & Field.....Derek Varner
 Basketball Cheerleading.....Victoria Stille
 Speech Director.....Deb Peters
 Student Council.....Ethan Krogman
 Band Director.....Gayle Strom
 Vocal Director.....Gayle Strom

STANTON

Street Address: 605 Elliott
 City: Stanton
 Zip Code: 51573
 Mailing Address: P.O. Box 400
 City: Stanton
 Zip Code: 51573
 Supt. St Address: PO Box 400
 Supt. City: Stanton
 Supt. Zip: 51573
 County: Montgomery
 Area Code: 712
 School Phone: 829-2162
 HS Fax: 829-2164
 AD Fax: 829-2164
 Web Site: <http://www.stantonschools.com>
 School Colors: Purple & White
 Nickname: Vikings/Viqueens
 Conference: Corner
 Superintendent.....Dave Gute
 Phone.....(712)829-2162
 Email.....dgute@stantonschools.com
 Principal.....Katie Elwood
 Phone.....(712)829-2162
 Email.....kelwood@stantonschools.com
 Athletic Administrator.....Jake Lord
 Phone.....(712)829-2162
 Email.....jlord@stantonschools.com
 Athletic Secretary.....Tammy Boyer
 Phone.....(712)829-2162
 Email.....tboyer@stantonschools.com
 Sports Medicine Provider.....Montgomery Memorial Hospital
 Basketball.....Jake Lord, Dave Snyder
 Girls Basketball.....Dave Snyder
 Baseball.....Jason Hart, Alex Cabbage

Girls Softball.....Lacey Stephens, Brandy McFarland
 Football.....Jeff Grebin
 Girls Volleyball.....Jodi Druivenga
 Track & Field.....Jeff Grebin
 Girls Track & Field.....Bruce Subbert
 Cross Country.....Emily Irr
 Girls Cross Country.....Emily Irr
 Football Cheerleading.....Shannon Henneman
 Basketball Cheerleading.....Shannon Henneman
 Speech Director.....John Mainquist
 Student Council.....Dave Snyder
 Band Director.....Kelsie Schmidt
 Vocal Director.....Kelsie Schmidt

STARMONT

Street Address: 3202 40th St
 City: Arlington
 Zip Code: 50606
 Mailing Address: 3202 40th St
 City: Arlington
 Zip Code: 50606
 Supt. St Address: 3202 40th St
 Supt. City: Arlington
 Supt. Zip: 50606
 County: Fayette
 Area Code: 563
 School Phone: 933-2218
 HS Fax: 933-2134
 AD Fax: 361-5523
 Web Site: <http://www.starmont.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Stars
 Conference: Upper Iowa
 Superintendent.....Troy Heller
 Phone.....(563)933-4598
 Email.....theller@starmont.k12.ia.us
 Principal.....Shauna Koppenhaver
 Phone.....(563)933-2218 x126
 Email.....skoppenhaver@starmont.k12.ia.us
 Athletic Administrator.....Shauna Koppenhaver
 Phone.....(563)933-2218 x128
 Email.....skoppenhaver@starmont.k12.ia.us
 Athletic Secretary.....Cathy Smith
 Phone.....(563)933-2218
 Email.....csmith@starmont.k12.ia.us
 Girls Golf.....Troy Northrop
 Basketball.....Todd Beatty
 Girls Basketball.....Jerry Bentley
 Baseball.....Cory Gonzales
 Girls Softball.....Colton Janssen
 Wrestling.....Jake Munger
 Football.....Mike Augustine
 Girls Volleyball.....Robert Goedken
 Track & Field.....Matt Lee
 Girls Track & Field.....Charlie Gruman
 Cross Country.....Charlie Gruman
 Girls Cross Country.....Charlie Gruman
 Football Cheerleading.....TBD
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....Sam Jennerjohn
 Speech Director.....Amanda Knox
 Student Council.....Suzy Hamlett
 Band Director.....Robbie McIntyre
 Vocal Director.....Allison McIntyre

STORM LAKE

Street Address: 621 Tornado Dr
 City: Storm Lake
 Zip Code: 50588
 Mailing Address: PO Box 638
 City: Storm Lake
 Zip Code: 50588

Supt. St Address: 419 Lake Ave
 Supt. City: Storm Lake
 Supt. Zip: 50588
 County: Buena Vista
 Area Code: 712
 School Phone: 732-8065
 HS Fax: 732-8068
 AD Fax: 732-8068
 Web Site: <http://www.slcsd.org>
 School Colors: Kelly Green & White
 Nickname: Tornados
 Conference: Lakes
 Superintendent.....Dr. Stacey Cole
 Phone.....(712)732-8060
 Email.....scole@slcsd.org
 Asst/Assoc Supt.....Jeff Tollefson
 Phone.....(712)732-8065
 Email.....jtollefson@slcsd.org
 Admin Asst.....Staci Maloy
 Phone.....(712)732-8065
 Email.....smaloy@slcsd.org
 Principal.....Seith Monahan
 Phone.....(712)732-8065
 Email.....smonahan@slcsd.org
 Asst/Assoc/Vice-Principal.....Mike Cameron
 Phone.....(712)732-8065
 Email.....mcameron@slcsd.org
 Athletic Administrator.....Jay Anderson
 Phone.....(712)732-8065
 Email.....janderson2@slcsd.org
 Athletic Secretary.....Staci Maloy
 Phone.....(712)732-8065
 Email.....smaloy@slcsd.org
 Sports Medicine Provider.....Mike Spetman, LAT
 (Sports Medicine Northwest)
 Tennis.....Sam Lipps
 Girls Tennis.....Staci Maloy
 Golf.....Andrew Zinn
 Girls Golf.....Will Swanson
 Basketball.....Heath Stille
 Girls Basketball.....Nathan Reichter
 Girls Swimming.....Lindsey Brown
 Baseball.....Ben Seaman
 Girls Softball.....Mel Fisher
 Wrestling.....Ben Seaman
 Football.....Rudy Wieck
 Girls Volleyball.....Rebecca Seivert
 Track & Field.....Justin Mellmann
 Girls Track & Field.....Evan Franzmeier
 Cross Country.....Justin Mellmann
 Girls Cross Country.....Justin Mellmann
 Soccer.....Ben Schekirke
 Girls Soccer.....Alison Myrtue
 Football Cheerleading.....Whitney Davis
 Basketball Cheerleading.....Whitney Davis
 Wrestling Cheerleading.....Whitney Davis
 Speech Director.....Sara Carlson
 Student Council.....Keri Shadlow
 Band Director.....Corbet Butler
 Vocal Director.....Joanne Tucker
 Orchestra Director.....Celia Garner-Prouty

SUMNER-FREDERICKSBURG

Street Address: 802 W 6th Street
 City: Sumner
 Zip Code: 50674
 Mailing Address: 802 W 6th St
 City: Sumner
 Zip Code: 50674
 Supt. St Address: 802 W 6th St
 Supt. City: Sumner
 Supt. Zip: 50674

County: Bremer
 Area Code: 563
 School Phone: 578-3341
 HS Fax: 578-3424
 AD Fax: 578-3424
 Web Site: <http://www.sfcougars.org>
 School Colors: Navy Blue, Hunter Green, & Vegas Gold
 Nickname: Cougars
 Conference: NICL East
 Superintendent.....Fred Matlage
 Phone.....(563)578-3341
 Email.....matlagef@sfcougars.k12.ia.us
 Principal.....Allan Eckelman
 Phone.....(563)578-3341
 Email.....eckelmana@sfcougars.k12.ia.us
 Athletic Administrator.....Allan Eckelman
 Phone.....(563)578-3341
 Email.....eckelmana@sfcougars.k12.ia.us
 Co-AD/Assistant.....Kurt Volker
 Phone.....(563)578-3354
 Email.....volkerk@sfcougars.k12.ia.us
 Athletic Secretary.....Lindsay Tieskoetter
 Phone.....(563)578-3354
 Email.....tieskoetterl@sfcougars.k12.ia.us
 Sports Medicine Provider.....Ronald L. Ragsdale,
 Justin Trainor, PT (Taylor's Physical Therapy)
 Golf.....Josh Krueger
 Girls Golf.....Josh Krueger
 Basketball.....Michael Quigley
 Girls Basketball.....Kevin Bergman
 Baseball.....Victor Coronado
 Girls Softball.....Kevin Bergman
 Wrestling.....Jeff Meyer
 Football.....Jacob Coyle
 Girls Volleyball.....Tori Sorenson
 Track & Field.....Dan Leete
 Girls Track & Field.....Dan Leete
 Cross Country.....Linda Wright
 Girls Cross Country.....Linda Wright
 Bowling.....Ryan Dougan
 Girls Bowling.....Ryan Dougan
 Football Cheerleading.....Jesse Volker
 Basketball Cheerleading.....Jesse Volker
 Wrestling Cheerleading.....Jessica Dick
 Speech Director.....Emily Johanningmeier
 Student Council.....Sarah Bolte
 Band Director.....James Wright
 Vocal Director.....Noell Reynolds

TIPTON

Street Address: 400 E 6th St
 City: Tipton
 Zip Code: 52772
 Mailing Address: 400 E 6th St
 City: Tipton
 Zip Code: 52772
 Supt. St Address: 400 E 6th St
 Supt. City: Tipton
 Supt. Zip: 52772
 County: Cedar
 Area Code: 563
 School Phone: 886-6121
 HS Fax: 886-2341
 AD Fax: 886-2341
 Web Site: <http://www.tipton.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Tigers
 Conference: River Valley Conference
 Superintendent.....Jason Wester
 Phone.....(563)886-6121
 Email.....jason.wester@tipton.k12.ia.us

Principal.....Spence Evans
 Phone.....(563)886-6027 x1302
 Email.....spence.evans@tipton.k12.ia.us
 Athletic Administrator.....Matt Nerem
 Phone.....(563)886-6027 x1107
 Email.....matt.nerem@tipton.k12.ia.us
 Athletic Secretary.....Michele Gipson
 Phone.....(563)886-6121 x1100
 Email.....michele.gipson@tipton.k12.ia.us
 Sports Medicine Provider.....Progressive Rehab
 (Progressive Rehabilitation Inc.)
 Golf.....Heath Hesse
 Girls Golf.....Heath Hesse
 Basketball.....Brad Bockwoldt
 Girls Basketball.....Matt Bolger
 Girls Swimming.....Whitney Gehrs
 Baseball.....Troy Smock
 Girls Softball.....Brooke Williams
 Wrestling.....Matt Nerem
 Football.....Mark Langenfeld
 Girls Volleyball.....Amy Calonder
 Track & Field.....David Brondyke
 Girls Track & Field.....Jill Engels
 Cross Country.....Eric Walsh
 Girls Cross Country.....Eric Walsh
 Soccer.....Jon Lenhart
 Girls Soccer.....Tyler Roos
 Football Cheerleading.....Emilie Hein
 Wrestling Cheerleading.....Kayce Stonebraker
 Speech Director.....McKenna Beck
 Student Council.....Stephanie McNeill
 Band Director.....Andy Owen
 Vocal Director.....Julie Thomas

TREYNOR

Street Address: 102 E Main St
 City: Treynor
 Zip Code: 51575
 Mailing Address: PO Box 369
 City: Treynor
 Zip Code: 51575
 Supt. St Address: PO Box 369
 Supt. City: Treynor
 Supt. Zip: 51575
 County: Pottawattamie
 Area Code: 712
 School Phone: 487-3804
 HS Fax: 487-3332
 AD Fax: 487-3332
 Web Site: <http://www.treynorschools.org>
 School Colors: Red & White
 Nickname: Cardinals
 Conference: The Western Iowa Conference
 Superintendent.....Dr. Mark Hopkins
 Phone.....(712)487-3414
 Email.....mhopkins@treynorcardinals.org
 Principal.....Jacob Hedger
 Phone.....(712)487-3804
 Email.....jhedger@treynorcardinals.org
 Athletic Administrator.....Tim Navara
 Phone.....(712)487-3804 x1103
 Email.....tnavara@treynorcardinals.org
 Athletic Secretary.....Danette Blackledge
 Phone.....(712)487-3804
 Email.....dblackledge@treynorcardinals.org
 Sports Medicine Provider.....Josh Bintz, PT, DPT
 (Miller Orthopedic Specialists)
 Golf.....Thad Nelson
 Girls Golf.....Tara Wilkie
 Basketball.....Scott Rucker
 Girls Basketball.....Joe Chapman
 Baseball.....Scott Wallace

Girls Softball..... Kara Huisman
 Wrestling..... Phil Kennedy
 Football..... Jeff Casey
 Girls Volleyball..... Kim Barents
 Track & Field..... Jeff Koenck
 Girls Track & Field..... Gail Hartigan
 Cross Country..... Chaley Hempel
 Girls Cross Country..... Chaley Hempel
 Soccer..... Jason McIntosh
 Girls Soccer..... Shane Jacobsen
 Football Cheerleading..... Nicole Reed
 Basketball Cheerleading..... Nicole Reed
 Wrestling Cheerleading..... Traci Black
 Speech Director..... Julie Showalter
 Student Council..... Jeff Koenck
 Band Director..... Jeff Schoening
 Vocal Director..... Jill Davis

TRI-CENTER, NEOLA

Street Address: 33980 310th St
 City: Neola
 Zip Code: 51559
 Mailing Address: 33980 310th St
 City: Neola
 Zip Code: 51559
 Supt. St Address: 33980 310th St
 Supt. City: Neola
 Supt. Zip: 51559
 County: Pottawattamie
 Area Code: 712
 School Phone: 485-2257
 HS Fax: 485-2411
 AD Fax: 485-2402
 Web Site: <http://www.tctrojans.org>
 School Colors: Black & Gold
 Nickname: Trojans
 Conference: Western Iowa
 Superintendent.....Angela Huseman
 Phone.....(712)485-2257 x150
 Email.....ahuseman@tctrojans.org
 Admin Asst.....Tiffany Campbell
 Phone.....(712)485-2257 x170
 Email.....tcampbell@tctrojans.org
 Principal.....Chad Harder
 Phone.....(712)485-2257 x160
 Email.....charder@tctrojans.org
 Athletic Administrator.....Cassie Harris
 Phone.....(712)485-2211 x205
 Email.....charris@tctrojans.org
 Athletic Secretary.....Nancy Christiansen
 Phone.....(712)485-2211 x205
 Email.....mssecretary@tctrojans.org
 Golf.....Brad Huseman
 Girls Golf.....Brad Huseman
 Basketball.....Chad Harder
 Girls Basketball.....Wendy Lausen
 Baseball.....Max Kozeal
 Girls Softball.....Josie McMinemee
 Wrestling.....Scott Manhart
 Football.....Ryan Schroder
 Girls Volleyball.....Amy Wingert
 Track & Field.....Gene Johnson
 Girls Track & Field.....Amy Wingert
 Cross Country.....Alexia Cochran
 Girls Cross Country.....Alexia Cochran
 Soccer.....Nevada Meis
 Girls Soccer.....Jeff Lefebber
 Bowling.....Kelly Alfors
 Girls Bowling.....Kelly Alfors
 Football Cheerleading.....Becky Thomas
 Basketball Cheerleading.....Becky Thomas
 Wrestling Cheerleading.....Megan Carter

Speech Director.....Vince Baker
 Student Council.....Bobbi Munch
 Band Director.....Paul Hart
 Vocal Director.....Zach Fisher

TRI-COUNTY, THORNBURG

Street Address: 3003 Hwy 22
 City: Thornburg
 Zip Code: 50255
 Mailing Address: P.O. Box 17
 City: Thornburg
 Zip Code: 50255
 Supt. St Address: PO BOX 17
 Supt. City: Thornburg
 Supt. Zip: 50255
 County: Keokuk
 Area Code: 641
 School Phone: 634-2636
 HS Fax: 634-2145
 AD Fax: 634-2145
 Web Site: <http://www.tri-countyschools.com>
 School Colors: Black & Gold
 Nickname: Trojans
 Conference: SICL
 Superintendent.....Chad Straight
 Phone.....(641)634-2636 x197
 Email.....chad.straight@tri-countyschools.com
 Principal.....Jennifer Berg
 Phone.....(641)634-2636 x141
 Email.....jennifer.berg@tri-countyschools.com
 Athletic Administrator.....Scott Edmundson
 Phone.....(641)634-2636 x143
 Email.....scott.edmundson@tri-countyschools.com
 Athletic Secretary.....Shelly Koehn
 Phone.....(641)634-2636 x198
 Email.....shelly.koehn@tri-countyschools.com
 Basketball.....Dylan Springer
 Girls Basketball.....Chad Little
 Baseball.....Scott Edmundson
 Girls Softball.....Chad Little
 Football.....Scott Edmundson
 Girls Volleyball.....Sydney Davis
 Track & Field.....Andy Thomas
 Girls Track & Field.....Andy Thomas
 Football Cheerleading.....Dara Fisher
 Speech Director.....Vince Hrasky
 Student Council.....Sabrina Ryan
 Band Director.....Melanie Tygart
 Vocal Director.....Melanie Tygart

TRINITY CHRISTIAN HIGH SCHOOL

Street Address: 1811 Hayes Ave
 City: Hull
 Zip Code: 51239
 Mailing Address: 1811 Hayes Ave
 City: Hull
 Zip Code: 51239
 Supt. St Address: 1811 Hayes Ave
 Supt. City: Hull
 Supt. Zip: 51239
 County: Sioux
 Area Code: 712
 School Phone: 439-1921
 HS Fax: 000-0000
 School Colors: dark green and white
 Nickname: Tigers
 Conference: War Eagle
 Superintendent.....James Regnerus
 Email.....jregnerus@trinitychs.org
 Principal.....James Regnerus
 Email.....jregnerus@trinitychs.org

Athletic Administrator.....Laura Kuiper
 Phone.....(712)439-1921
 Email.....lkuiper@trinitychs.org
 Athletic Secretary.....Lorelei Burgers
 Phone.....(712)439-1921
 Email.....lburgers@trinitychs.org
 Golf.....Kevin Van Engen
 Girls Golf.....Kevin Van Engen
 Basketball.....Kevin Van Engen
 Girls Basketball.....Jordan De Boer, Michael De Jager, Laura Kuiper
 Baseball.....Chris Cleveringa
 Girls Softball.....Kassandra Brummel
 Wrestling.....James Regnerus
 Girls Volleyball.....Jon Mooy
 Track & Field.....Samuel Laning
 Cross Country.....Kevin Van Engen
 Girls Cross Country.....Kevin Van Engen
 Soccer.....TBD
 Girls Soccer.....TBD
 Football Cheerleading.....NO CHEER
 Basketball Cheerleading.....NO CHEER
 Wrestling Cheerleading.....NO CHEER
 Speech Director.....Rochelle Bloemendaal
 Band Director.....Laura Kuiper
 Vocal Director.....Laura Kuiper

TRIPOLI

Street Address: 209 8th Ave SW
 City: Tripoli
 Zip Code: 50676
 Mailing Address: 209 8th Ave SW
 City: Tripoli
 Zip Code: 50676
 Supt. St Address: 209 8th Ave SW
 Supt. City: Tripoli
 Supt. Zip: 50676
 County: Bremer
 Area Code: 319
 School Phone: 882-4202
 HS Fax: 882-3103
 AD Fax: 882-3103
 Web Site: <http://www.tripoli.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Panthers
 Conference: Iowa Star
 Superintendent.....Troy Heller
 Phone.....(319)882-4201
 Email.....hellert@tripoli.k12.ia.us
 Admin Asst.....Kim Block
 Phone.....(319)882-4202 x115
 Email.....blockk@tripoli.k12.ia.us
 Principal.....Jay D. Marley
 Phone.....(319)882-4202 x112
 Email.....marleyj@tripoli.k12.ia.us
 Athletic Administrator.....Jay Marley
 Phone.....(319)882-4202
 Email.....marleyj@tripoli.k12.ia.us
 Co-AD/Assistant.....Tom Nuss
 Email.....nusst@tripoli.k12.ia.us
 Athletic Secretary.....Linda Heinemann
 Phone.....(319)882-4202 x130
 Email.....heinemannl@tripoli.k12.ia.us
 Sports Medicine Provider.....Destry Sperfslage, ATC (Taylor Physical Therapy)
 Golf.....Joe Urbanek
 Girls Golf.....Joe Urbanek
 Basketball.....Trevor Harris
 Girls Basketball.....Steve Chidester
 Baseball.....Kyle Kleman
 Girls Softball.....Bailey Epling
 Wrestling.....Alex Dolly

FootballJoe Urbaneck
 Girls VolleyballErica Harris
 Track & FieldRay Carlson
 Girls Track & FieldMatt Hoodjer
 Cross CountryMatt Hoodjer
 Girls Cross CountryMatt Hoodjer
 BowlingLoren Sommerfelt
 Girls BowlingLoren Sommerfelt
 Football CheerleadingKaren Stumme
 Basketball CheerleadingKaren Stumme
 Speech DirectorSierra Depping
 Student CouncilRay Carlson
 Band DirectorDenise Lawrence
 Vocal DirectorChris McIntyre

TURKEY VALLEY, JACKSON JUNCTION

Street Address: 3219 State Hwy 24
 City: Jackson Junction
 Zip Code: 52171
 Mailing Address: 3219 State Hwy 24
 City: Jackson Junction
 Zip Code: 52171
 Supt. St Address: 3219 State Hwy 24
 Supt. City: Jackson Junction
 Supt. Zip: 52171
 County: Winneshiek
 Area Code: 563
 School Phone: 776-6011
 HS Fax: 776-4271
 AD Fax: 776-4271
 Web Site: <http://www.turkey-v.k12.ia.us>
 School Colors: Scarlet & White
 Nickname: Trojans
 Conference: Upper Iowa
 SuperintendentJay Jurens
 Phone(563)776-6011 x1661
 Emailjjurens@turkey-v.k12.ia.us
 PrincipalRenee Cuvelier
 Phone(563)776-6011 x1015
 Emailrcuvelier@turkey-v.k12.ia.us
 Athletic AdministratorDalton Hackman
 Phone(563)776-6011 x1013
 Emaildhackman@turkey-v.k12.ia.us
 Athletic SecretaryLindsey Vsetecka
 Phone(563)776-6011 x1011
 Emaillvsetecka@turkey-v.k12.ia.us
 Sports Medicine ProviderDerek Rausch
 GolfJohn Reicks
 Girls GolfJohn Reicks
 BasketballChris Sullivan
 Girls BasketballCarletta Nymeyer
 BaseballDan Stepan
 Girls SoftballJunior Hackman
 FootballMark Scott
 Girls VolleyballEthan Adams
 Track & FieldMark Scott
 Girls Track & FieldDalton Hackman
 Cross CountrySarah Bakula
 Girls Cross CountrySarah Bakula
 Football CheerleadingCaroline Scheidel
 Basketball CheerleadingTammy Vrzak
 Wrestling CheerleadingTammy Vrzak
 Speech DirectorMichelle Nystel
 Student CouncilRhonda Drilling
 Band DirectorMelissa Meyer
 Vocal DirectorAlex Gisleson

TWIN CEDARS, BUSSEY

Street Address: 2204 Highway G-71
 City: Bussey
 Zip Code: 50044

Mailing Address: 2204 Highway G71
 City: Bussey
 Zip Code: 50044
 Supt. St Address: 2204 Highway G71
 Supt. City: Bussey
 Supt. Zip: 50044
 County: Marion
 Area Code: 641
 School Phone: 944-5243
 HS Fax: 944-5225
 AD Fax: 944-5225
 Web Site: <http://www.twincedars.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Sabers
 Conference: Bluegrass
 SuperintendentBrian VanderSluis
 Phone(641)944-5241 x221
 Emailbvandersluis@twincedarscsd.org
 PrincipalDave Roby
 Phone(641)944-5243 x225
 Emaildroby@twincedarscsd.org
 Asst/Assoc/Vice-PrincipalKim Roby
 Phone(641)944-5243
 Emailkroby@twincedarscsd.org
 Athletic AdministratorTrent Verwers
 Phone(641)944-5241 x225
 Emailtverwers@twincedarscsd.org
 Athletic SecretaryBradley Hammann
 Phone(641)944-5241 x280
 Emailbhammann@twincedarscsd.org
 BasketballBlake McWilliams
 Girls BasketballTrent Verwers
 BaseballMark Schroeder
 Girls SoftballZack Dunkin
 FootballCameron Parker
 Girls VolleyballRandie Gist
 Track & FieldMarty Duffy
 Girls Track & FieldCameron Parker
 Cross CountryTrent Verwers
 Girls Cross CountryTrent Verwers
 Football CheerleadingTaylor Gillaspie
 Speech DirectorLauren Gangel
 Student CouncilLeann Sanders
 Band DirectorNathan Smith
 Vocal DirectorNathan Smith

UNDERWOOD

Street Address: 629 North St
 City: Underwood
 Zip Code: 51576
 Mailing Address: PO Box 130
 City: Underwood
 Zip Code: 51576
 Supt. St Address: PO Box 130
 Supt. City: Underwood
 Supt. Zip: 51576
 County: Pottawattamie
 Area Code: 712
 School Phone: 566-2703
 HS Fax: 566-2712
 AD Fax: 566-2070
 Web Site: <http://www.underwoodeagles.org>
 School Colors: Royal Blue & White
 Nickname: Eagles
 Conference: Western Iowa
 SuperintendentEd Hawks
 Phone(712)566-2332
 Emailehawks@underwoodschools.org
 PrincipalMatt McDonough
 Phone(712)566-2703
 Emailmmdonough@underwoodschools.org

Athletic AdministratorBeau Jacobsen
 Phone(712)566-2332
 Emailbjacobsen@underwoodschools.org
 Athletic SecretaryAnnette Koenig
 Phone(712)566-2332
 Emailakoenig@underwoodschools.org
 Sports Medicine ProviderFlex Physical Therapy
 GolfBrad Blum
 Girls GolfBeau Jacobsen
 BasketballBrad Blum
 Girls BasketballJasmyn Flynn
 BaseballAndy Vanfossan
 Girls SoftballLea Crouse
 WrestlingJoe Stephens
 FootballNate Mechaelsen
 Girls VolleyballPaula Carman
 Track & FieldTyler Ridder
 Girls Track & FieldEric Hjelle
 Cross CountryEric Hjelle
 Girls Cross CountryEric Hjelle
 SoccerEric Rodgers
 Girls SoccerTyler Nelson
 Football CheerleadingAmanda Williams
 Wrestling CheerleadingAmanda Williams
 Speech DirectorJennifer Weaver
 Student CouncilDiane Huddle
 Band DirectorKatelyn Biggs
 Vocal DirectorEvan Adamon

UNION, LA PORTE CITY

Street Address: 200 Adams St
 City: La Porte City
 Zip Code: 50651
 Mailing Address: 200 Adams St
 City: La Porte City
 Zip Code: 50651
 Supt. St Address: 200 Adams St
 Supt. City: LaPorte City
 Supt. Zip: 50651
 County: Black Hawk
 Area Code: 319
 School Phone: 342-2697
 HS Fax: 342-3264
 AD Fax: 342-3264
 Web Site: <http://www.union.k12.ia.us>
 School Colors: Red, Black, Silver
 Nickname: Knights
 Conference: North Iowa Cedar-East
 SuperintendentTravis Fleshner
 Phone(319)342-2674
 Emailt_fleshner@union.k12.ia.us
 PrincipalJason Toenges
 Phone(319)342-2697
 Emailj_toenges@union.k12.ia.us
 Asst/Assoc/Vice-PrincipalWayne Slack
 Phone(319)342-2697
 Emailw_slack@union.k12.ia.us
 Athletic AdministratorWayne Slack
 Phone(319)342-2697
 Emailw_slack@union.k12.ia.us
 Athletic SecretaryKim Thomsen
 Phone(319)342-2697
 Emailk_thomsen@union.k12.ia.us
 Girls TennisWilliam Henson
 GolfRyan Slater
 BasketballDan Hensing
 Girls BasketballRobert Driscoll
 BaseballRobert Driscoll
 Girls SoftballLaurie Driscoll
 WrestlingBart Mehler
 FootballJared Pospisil

Girls VolleyballBrian Jesse
 Cross CountryTravis Fleshner, Mark Hookham
 Girls Cross Country.....Travis Fleshner, Mark Hookham
 Girls Soccer Les Redinbaugh
 Football CheerleadingBrylee Landers
 Speech DirectorTim Mitchell, Korina Carlson
 Student CouncilAnjali Patel
 Band DirectorMike Bistline
 Vocal Director.....Tim Mitchell

UNITY CHRISTIAN, ORANGE CITY

Street Address: 216 Michigan Ave. SW
 City: Orange City
 Zip Code: 51041
 Mailing Address: 216 Michigan Ave SW
 City: Orange City
 Zip Code: 51041
 Supt. St Address: 216 Michigan Ave SW
 Supt. City: Orange City
 Supt. Zip: 51041
 County: Sioux
 Area Code: 712
 School Phone: 737-4114
 HS Fax: 737-2686
 AD Fax: 737-2686
 Web Site: <http://www.unitychristian.net>
 School Colors: Navy & White
 Nickname: Knights
 Conference: War Eagle
 Superintendent.....Wayne Dykstra
 Phone.....(712)737-4114 x101
 Email.....wdykstra@unitychristian.net
 Admin Asst.....Gina Zylstra
 Phone.....(712)737-4114
 Email.....gzylstra@unitychristian.net
 PrincipalWayne Dykstra
 Phone.....(712)737-4114 x101
 Email.....wdykstra@unitychristian.net
 Asst/Assoc/Vice-Principal.....Josh Van Kempen
 Phone.....(712)737-4114 x136
 Email.....jvankempen@unitychristian.net
 Athletic Administrator.....Terry Schouten
 Phone.....(712)737-4114 x110
 Email.....tschouten@unitychristian.net
 Co-AD/Assistant.....Cody Harskamp
 Phone.....(712)737-4114
 Email.....charskamp@unitychristian.net
 Athletic Secretary.....Gina Zylstra
 Phone.....(712)737-4114 x102
 Email.....gzylstra@unitychristian.net
 Sports Medicine ProviderBrad Zwart, PT
 (Orange City Health System)
 GolfCody Harskamp
 Girls Golf.....Cody Harskamp
 Basketball.....Cody Harskamp
 Girls Basketball.....Jay Schuiteman
 Baseball.....Marlin Schoonhoven
 Girls Softball.....Travis De Jong
 FootballJosh Van Kempen
 Girls Volleyball.....Patty Timmermans
 Track & Field.....Karl Kaemingk
 Girls Track & Field.....Jina Tinklenberg
 Cross Country.....Karl Kaemingk
 Girls Cross Country.....Jake Byma
 Girls Soccer.....Macey Kuehler
 Football Cheerleading.....Kate Ver Velde
 Basketball Cheerleading.....Kate Ver Velde
 Speech Director.....Nicki Kuiper
 Student Council.....Wayne Dykstra
 Band Director.....Carla Van Beek
 Vocal Director.....Tim Van Voorst
 Orchestra Director.....Amie Smit

URBANDALE

Street Address: 7111 Aurora Ave
 City: Urbandale
 Zip Code: 50322
 Mailing Address: 7111 Aurora Ave
 City: Urbandale
 Zip Code: 50322
 Supt. St Address: 11152 Aurora Ave
 Supt. City: Urbandale
 Supt. Zip: 50322
 County: Polk
 Area Code: 515
 School Phone: 457-6800
 HS Fax: 457-6810
 AD Fax: 457-6949
 Web Site: <http://www.j-hawks.com>
 School Colors: Blue & White
 Nickname: J-Hawks
 Conference: CIML-Central Conference
 Superintendent.....Steve Bass
 Phone.....(515)457-5000
 Email.....basss@urbandaleschools.com
 Asst/Assoc Supt.....Loren DeKruyf
 Phone.....(515)457-5014
 Email.....dekruyfl@urbandaleschools.com
 Principal.....Tim Carver
 Phone.....(515)457-6800
 Email.....carvert@urbandaleschools.com
 Asst/Assoc/Vice-Principal.....Jolee Donnelly
 Phone.....(515)457-6800
 Email.....donnellyj@urbandaleschools.com
 Asst/Assoc/Vice-Principal.....Casey Goodhue
 Phone.....(515)457-6800
 Email.....goodhuec@urbandaleschools.com
 Asst/Assoc/Vice-Principal.....Derek Wilkins
 Phone.....(515)457-6800
 Email.....wilkinsd@urbandaleschools.com
 Athletic Administrator.....Dr. William Watson
 Phone.....(515)457-6994
 Email.....william.watson@j-hawks.com
 Co-AD/Assistant.....Andy Hoverson
 Phone.....(515)457-6945
 Email.....andy.hoverson@j-hawks.com
 Athletic Secretary.....Andrew Olson
 Phone.....(515)457-6945
 Email.....andrew.olson@j-hawks.com
 Sports Medicine Provider ..Zach McEntee, LAT (Unity Point)
 Tennis.....Tim Pearson
 Girls Tennis.....Dave White
 GolfPat Henkenius
 Girls Golf.....Pat Henkenius
 Basketball.....Jon Schmitz
 Girls Basketball.....Whitney Lawler
 Baseball.....Jeremy Heinen
 Girls Softball.....Nick McCool
 Wrestling.....Mike Moreno
 Football.....Sam Anderson
 Girls Volleyball.....Liz Baethke
 Track & Field.....Lee Hammerand
 Cross Country.....Lee Hammerand
 Girls Cross Country.....Dan Davis
 Girls Soccer.....Jason Eckhoff
 Bowling.....Gretta Richardson
 Girls Bowling.....Gretta Richardson
 Football Cheerleading.....Kali Brinker
 Basketball Cheerleading.....Kali Brinker
 Wrestling Cheerleading.....Kali Brinker
 Speech Director.....Shaun Knapp
 Student Council.....Amy Brown Luke
 Band Director.....Louis DuPuis
 Vocal Director.....Ted Brimeyer

VALLEY LUTHERAN, CEDAR FALLS

Street Address: 4520 Rownd St
 City: Cedar Falls
 Zip Code: 50613
 Mailing Address: 4520 Rownd St
 City: Cedar Falls
 Zip Code: 50613
 Supt. St Address: 4520 Rownd St
 Supt. City: Cedar Falls
 Supt. Zip: 50613
 County: Black Hawk
 Area Code: 319
 School Phone: 266-4565
 HS Fax: 266-4054
 AD Fax: 266-4054
 Web Site: <http://vlscrusaders.org>
 School Colors: Purple & White
 Nickname: Crusaders
 Conference: Iowa Star North
 Principal.....Brian L'Heureux
 Phone.....(319)266-4565
 Email.....brian.lheureux@vlscrusaders.org
 Athletic Administrator.....Brian Jo
 Phone.....(319)266-4565 x160
 Email.....brian.jo@vlscrusaders.org
 Co-AD/Assistant.....Chad Holtzman
 Phone.....(319)266-4565 x100
 Email.....chad.holtzman@vlscrusaders.org
 Athletic Secretary.....Sharron Clement
 Phone.....(319)266-4565
 Email.....sharron.clement@vlscrusaders.org
 Basketball.....Brian Jo
 Girls Basketball.....Dylan Woodall
 Girls Volleyball.....Lydia Rusch
 Track & Field.....Lucas Tanney
 Cross Country.....Lucas Tanney
 Bowling.....Lucas Tanney
 Basketball Cheerleading.....Jennifer Kimmerly
 Speech Director.....Lydia Rusch
 Student Council.....Lucas Tanny
 Band Director.....NO Band
 Vocal Director.....Jim Weaver

VALLEY, WEST DES MOINES

Street Address: 3650 Woodland Ave
 City: West Des Moines
 Zip Code: 50266
 Mailing Address: 3650 Woodland Ave
 City: West Des Moines
 Zip Code: 50266
 Supt. St Address: 3550 Mills Civic Pkwy
 Supt. City: West Des Moines
 Supt. Zip: 50265
 County: Polk
 Area Code: 515
 School Phone: 633-4000
 HS Fax: 633-4099
 AD Fax: 633-4199
 Web Site: <https://www.wdmc.org>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: CIML-Central
 Superintendent.....Dr. Lisa Remy
 Phone.....(515)633-5111
 Email.....remyl@wdmc.org
 Asst/Assoc Supt.....Dr. Carol Seid
 Phone.....(515)633-5037
 Email.....seidc@wdmc.org
 Admin Asst.....Paul Bobek
 Phone.....(515)633-5075
 Email.....bobekp@wdmc.org

Executive CoordinatorPhil Simmons, Aaron Young
 Phone(515)633-5000 x5013
 Emailsimmonsp@wdmcs.org
 Emailyounga@wdmcs.org
 PrincipalDavid Maxwell
 Phone(515)633-4401
 Emailmaxwelld@wdmcs.org
 Asst/Assoc/Vice-PrincipalJosh Griffith
 Phone(515)633-4011
 Emailperrigod@wdmcs.org
 Asst/Assoc/Vice-PrincipalDr. Jeffry Grassmeyer
 Phone(515)633-4020
 Emailgrassmeyerj@wdmcs.org
 Asst/Assoc/Vice-PrincipalShannon Campbell
 Phone(515)633-4107
 Emailcampbells@wdmcs.org
 Asst/Assoc/Vice-PrincipalMegan Thole
 Phone(515)633-4013
 Emailtholem@wdmcs.org
 Athletic AdministratorBrad Rose
 Phone(515)633-4259
 Emailroseb@wdmcs.org
 Co-AD/AssistantNate Lingren
 Phone(515)633-4249
 Emaillingrenn@wdmcs.org
 Athletic SecretaryToni Wiemers
 Phone(515)633-4264
 Emailwiemersj@wdmcs.org
 Sports Medicine Provider.Sarah Kennedy, Andrew Vereen,
 Allison Klapperich, LAT, Select Physical Therapy
 (Physic/Select Medical)
 TennisTJ Cox
 Girls TennisMike Conlon
 GolfBen Stein
 Girls GolfKelli Moore
 BasketballBJ Windhorst
 Girls BasketballJosef Sigrist
 SwimmingShawn DeBoef
 Girls SwimmingShawn DeBoef
 BaseballRyan Cooley
 Girls SoftballTom Bakey
 WrestlingTravis Young
 FootballGary Swenson
 Girls VolleyballJeremy Mikesell
 Track & FieldTom Trygstad
 Girls Track & FieldKeith Borness
 Cross CountryTom Trygstad
 Girls Cross CountryTom Trygstad
 SoccerAziz Haffar
 Girls SoccerRob Chapman
 BowlingChris Amundson
 Girls BowlingJason Eckhoff
 Football CheerleadingBeth Ferguson
 Basketball CheerleadingBeth Ferguson
 Wrestling CheerleadingBeth Ferguson
 Speech DirectorStacy Hansen
 Student CouncilAnn Krois, Cora Gray
 Band DirectorSam Beeman, Josh Waymire
 Vocal DirectorHaley Gibbons, Heather Nail
 Orchestra DirectorPhil Peters

VAN BUREN COUNTY

Street Address: 807 1st Street PO Box 220
 City: Keosauqua
 Zip Code: 52565
 Mailing Address: PO Box 220
 City: Keosauqua
 Zip Code: 52565
 Supt. St Address: 807 1st Street
 Supt. City: Keosauqua
 Supt. Zip: 52565

County: Van Buren
 Area Code: 319
 School Phone: 293-3183
 HS Fax: 293-3301
 AD Fax: 293-3345
 Web Site: <http://www.van-buren.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Warriors
 Conference: SEI Superconference-South
 SuperintendentJeremy Hissem
 Phone(319)293-3334
 Emailjeremy.hissem@van-burencsd.org
 PrincipalMark Adams
 Phone(319)293-3183 x1021
 Emailmark.adams@van-burencsd.org
 Athletic AdministratorWesley McGraw
 Phone(319)293-3183 x1102
 Emailwesley.mcgraw@van-burencsd.org
 Co-AD/AssistantBrian Johnson
 Phone(319)293-3183
 Emailbrian.johnson@van-burencsd.org
 Athletic SecretaryJeni Wiley
 Phone(319)293-3183 x1205
 Emailjeni.wiley@van-burencsd.org
 Sports Medicine ProviderSara Eggleston, PT
 (Van Buren County Hospital)
 GolfBrad Davison
 Girls GolfRandy Smith
 BasketballFred Parsons
 Girls BasketballMatt Zeitler
 BaseballChad Scott
 Girls SoftballRandy Smith
 WrestlingBrian Johnson
 FootballBrian Johnson
 Girls VolleyballAbby Manning
 Track & FieldMike Bainbridge
 Girls Track & FieldLucinda Moews
 Cross CountryLucinda Moews
 Girls Cross CountryLucinda Moews
 Football CheerleadingBillie Harlan
 Basketball CheerleadingBillie Harlan
 Wrestling CheerleadingKarissa Pforts
 Student CouncilDoug Mossengren
 Band DirectorJames DiPrizio
 Vocal DirectorTracy Shaw

VAN METER

Street Address: 520 First Ave
 City: Van Meter
 Zip Code: 50261
 Mailing Address: PO Box 257
 City: Van Meter
 Zip Code: 50261
 Supt. St Address: PO Box 257
 Supt. City: Van Meter
 Supt. Zip: 50261
 County: Dallas
 Area Code: 515
 School Phone: 996-2221
 HS Fax: 996-9954
 AD Fax: 996-2488
 Web Site: <http://www.vmbulldogs.com>
 School Colors: Blue & White
 Nickname: Bulldogs
 Conference: West Central
 SuperintendentDeron Durlflinger
 Phone(515)996-9960 x101
 Emailderon.durlflinger@vmbulldogs.com
 PrincipalAdam Lamoureux
 Phone(515)996-2221 x101
 Emailadam.lamoureux@vmbulldogs.com

Athletic AdministratorRick Roberts
 Phone(515)996-2221
 Emailrick.roberts@vmbulldogs.com
 Co-AD/AssistantMike Linde
 Phone(515)996-2221
 Emailmike.linde@vmbulldogs.com
 Sports Medicine ProviderBob Reisz, PT (Peak Performance)
 GolfAddison Boughton
 Girls GolfMike Linde
 BasketballJed Alexander
 Girls BasketballJay Olson
 BaseballMike Kennedy
 Girls SoftballJames Flaws
 WrestlingChas Funaro
 FootballEric Trudo
 Girls VolleyballSara Cook
 Track & FieldRick Roberts
 Girls Track & FieldRick Roberts
 Cross CountryJosh Flaws
 Girls Cross CountryJosh Flaws
 SoccerJohna Waldron
 Girls SoccerTim Jacobs
 Football CheerleadingMegan Fandel
 Basketball CheerleadingMegan Fandel
 Speech DirectorJessica Rabe
 Student CouncilAdam Lamoureux
 Band DirectorKyle Pape
 Vocal DirectorHeather Lindell

VINTON-SHELLSBURG

Street Address: 210 W 21st St
 City: Vinton
 Zip Code: 52349
 Mailing Address: 210 W 21st St
 City: Vinton
 Zip Code: 52349
 Supt. St Address: 1502 C Ave
 Supt. City: Vinton
 Supt. Zip: 52349
 County: Benton
 Area Code: 319
 School Phone: 436-4728
 HS Fax: 472-5704
 AD Fax: 472-5704
 Web Site: <http://www.vscsd.org>
 School Colors: Black & Gold
 Nickname: Vikings/Vikettes
 Conference: WAMAC
 SuperintendentKyle Koeppen
 Phone(319)436-5685
 Emailkyle.koeppen@vscsd.org
 Admin AsstKarrie Bartling
 Phone(319)436-5680
 Emailkarrie.bartling@vscsd.org
 PrincipalMatt Kingsbury
 Phone(319)436-5703
 Emailmatt.kingsbury@vscsd.org
 Asst/Assoc/Vice-PrincipalTony Islas
 Phone(319)436-5705
 Emailtony.islas@vscsd.org
 Athletic AdministratorJim Struve
 Phone(319)436-5706
 Emailjim.struve@vscsd.org
 Athletic SecretaryKristin Mossman
 Phone(319)436-5700
 Emailkristin.mossman@vscsd.org
 GolfChad Pettyjohn
 Girls GolfJanet Woodhouse
 BasketballJoe Johnson
 Girls BasketballRich Haisman

Swimming..... Rob Levis
 Girls Swimming.....Ashely Hesson
 Baseball.....Henry Bratten
 Girls Softball.....Bari Parrott
 Wrestling.....Brian Sheston
 Football.....Jim Womochil
 Girls Volleyball.....Michelle Stepanek
 Track & Field.....Aric Chvala
 Girls Track & Field.....Heather Kalous
 Cross Country.....Jeff Mangold
 Girls Cross Country.....Jeff Mangold
 Soccer.....Kyle McAbee
 Girls Soccer.....Megan Hesson
 Bowling.....Amber Pattee
 Girls Bowling.....Amber Pattee
 Football Cheerleading.....Amie Price
 Basketball Cheerleading.....Krystal Anderson
 Wrestling Cheerleading.....Amanda Hernandez
 Speech Director.....Le Cox
 Student Council.....Sandy Hamilton
 Band Director.....Nick Waymire
 Vocal Director.....Michala Martin

WACO, WAYLAND

Street Address: 706 N Pearl
 City: Wayland
 Zip Code: 52654
 Mailing Address: 706 N. Pearl
 City: Wayland
 Zip Code: 52654
 Supt. St Address: PO Box 158
 Supt. City: Wayland
 Supt. Zip: 52654
 County: Henry
 Area Code: 319
 School Phone: 256-6200
 HS Fax: 256-6211
 AD Fax: 256-6211
 Web Site: <http://www.wacocsd.org>
 School Colors: Columbia Blue & White
 Nickname: Warriors
 Conference: SEI Superconference - South
 Superintendent.....Chris Armstrong
 Phone.....(319)256-6201
 Email.....chris.armstrong@wacocsd.org
 Principal.....Tim Bartels
 Phone.....(319)256-6200
 Email.....tim.bartels@wacocsd.org
 Athletic Administrator.....Chad Edeker
 Phone.....(319)256-6200 x110
 Email.....chad.edeker@wacocsd.org
 Athletic Secretary.....Kristi Merida
 Phone.....(319)256-6201
 Email.....kristi.merida@wacocsd.org
 Sports Medicine Provider.....Eric Turner, LAT
 (Jet Physical Therapy)
 Basketball.....Paul Kissell
 Girls Basketball.....Lisa Graber
 Wrestling.....Schyler Sterna
 Football.....Chad Edeker
 Girls Volleyball.....Jay Coble
 Track & Field.....Caylon DeVaul
 Girls Track & Field.....Scott Meth
 Cross Country.....Caylon DeVaul
 Girls Cross Country.....Caylon DeVaul
 Football Cheerleading.....Jenny Pasch
 Basketball Cheerleading.....Jenny Pasch
 Wrestling Cheerleading.....Jenny Pasch
 Student Council.....Gwen DeVaul
 Band Director.....Jane Koch
 Vocal Director.....Jane Koch
 Orchestra Director.....Denise Freyenberger

WAHLERT, DUBUQUE

Street Address: 2005 Kane St
 City: Dubuque
 Zip Code: 52001
 Mailing Address: 2005 Kane St
 City: Dubuque
 Zip Code: 52001
 Supt. St Address: 1229 Mt. Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Dubuque
 Area Code: 563
 School Phone: 583-9771
 HS Fax: 583-9775
 AD Fax: 583-9775
 Web Site: <http://www.holyfamilydbq.org>
 School Colors: Royal Blue, Gold, White
 Nickname: Golden Eagles
 Conference: Mississippi Valley
 Superintendent.....Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Executive Coordinator.....Phil Bormann
 Phone.....(563)582-5456
 Email.....pbormann@hollyfamilydbq.org
 Principal.....Ron Meyers
 Phone.....(563)583-9771 x272
 Email.....rmeyers@hollyfamilydbq.org
 Asst/Assoc/Vice-Principal.....Mariah Reeves
 Phone.....(563)583-9771 x266
 Email.....mreeves@hollyfamilydbq.org
 Athletic Administrator.....Tom English
 Phone.....(563)583-9771 x268
 Email.....tenglish@hollyfamilydbq.org
 Athletic Secretary.....Mary Jo Brant
 Phone.....(563)583-9771 x231
 Email.....mbrant@hollyfamilydbq.org
 Sports Medicine Provider.....Molly Pilcher
 Tennis.....Eric Lucy
 Girls Tennis.....Jim Fuerstenberg
 Golf.....Dan Mulligan
 Basketball.....Tom English
 Girls Basketball.....Kris Spiegler
 Girls Swimming.....Emily Snyder
 Baseball.....Kory Tuescher
 Girls Softball.....Ashley Cullen
 Wrestling.....Joel Allen
 Football.....Jamie Marshall
 Girls Volleyball.....Paige Griffith
 Track & Field.....Bob Oberfoell
 Girls Track & Field.....Tim Berning
 Cross Country.....Chuck Tigges
 Girls Cross Country.....Tim Berning
 Soccer.....Dan Block
 Girls Soccer.....Jill Leibforth
 Bowling.....Tom Kramer
 Girls Bowling.....Tom Kramer
 Football Cheerleading.....Deidre Navarro
 Basketball Cheerleading.....Deidre Navarro
 Wrestling Cheerleading.....Deidre Navarro
 Student Council.....TBA
 Band Director.....David Bechard
 Vocal Director.....Aaron Behnke

WAPELLO

Street Address: 501 Buchanan Ave
 City: Wapello
 Zip Code: 52653
 Mailing Address: 501 Buchanan Ave
 City: Wapello
 Zip Code: 52653
 Supt. St Address: 406 Mechanic St

Supt. City: Wapello
 Supt. Zip: 52653
 County: Louisa
 Area Code: 319
 School Phone: 523-3241
 HS Fax: 523-4408
 AD Fax: 523-4408
 Web Site: <http://www.wapello.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Indians/Arrows
 Conference: SEI Superconference - North
 Superintendent.....Mike Peterson
 Phone.....(319)523-3641 x1461
 Email.....mike.peterson@wapellocsd.org
 Principal.....Steve Bohlen
 Phone.....(319)523-3241 x1105
 Email.....steve.bohlen@wapellocsd.org
 Athletic Administrator.....Michelle Wade
 Phone.....(319)523-3241 x1209
 Email.....michelle.wade@wapellocsd.org
 Sports Medicine Provider.....Lishay Allen, LAT (Great River Medical)
 Golf.....Jason Marshall
 Girls Golf.....Jason Marshall
 Basketball.....Ken Spielbauer
 Girls Basketball.....Brandon Brown
 Girls Softball.....Ashley Hahnbaum
 Wrestling.....Jack Walker
 Football.....Todd Parsons
 Girls Volleyball.....Kenna Greiner
 Track & Field.....Todd Parsons
 Girls Track & Field.....Ken Spielbauer
 Cross Country.....Michelle Wade
 Girls Cross Country.....Michelle Wade
 Soccer.....Cari Cline
 Girls Soccer.....Megan Brown
 Football Cheerleading.....Jessica Gustison
 Wrestling Cheerleading.....Aundrea Humiston
 Speech Director.....Hannah Chaney
 Student Council.....Jeanna Gerot
 Band Director.....Micah Peck
 Vocal Director.....Monique Peck

WAPSIE VALLEY, FAIRBANK

Street Address: 2535 Viking Ave
 City: Fairbank
 Zip Code: 50629
 Mailing Address: 2535 Viking Ave
 City: Fairbank
 Zip Code: 50629
 Supt. St Address: 2535 Viking Ave
 Supt. City: Fairbank
 Supt. Zip: 50629
 County: Buchanan
 Area Code: 319
 School Phone: 638-6711
 HS Fax: 638-7061
 AD Fax: 638-7061
 Web Site: <http://www.wapsievalleyschools.com>
 School Colors: Black & Gold
 Nickname: Warriors
 Conference: North Iowa Cedar-East
 Superintendent.....Dave Larson
 Phone.....(319)638-6711 x122
 Email.....dlarson@wapsievalleyschools.org
 Principal.....T.J. Murphy
 Phone.....(319)638-6711
 Email.....tmurphy@wapsievalleyschools.org
 Athletic Administrator.....Brett Bergman
 Phone.....(319)638-6711
 Email.....bbergman@wapsievalleyschools.org

Co-AD/Assistant Marty McKowen
 Phone (319)638-6711
 Email mmckowen@wapsievalleyschools.org
 Athletic Secretary Jen Matthias
 Phone (319)638-6711
 Email jmatthias@wapsievalleyschools.org
 Sports Medicine Provider Erin Johnson (Rock Valley Physical Therapy)
 Golf Cole Mather
 Girls Golf Brenda Roberts
 Basketball Marty McKowen
 Girls Basketball Justin Davie
 Baseball Tom Joecken
 Girls Softball Liz Bergman
 Wrestling Danny Adams
 Football Tony Foster
 Girls Volleyball Heather Robinson
 Track & Field Justin Davie
 Girls Track & Field Duane Foster
 Cross Country Justin Davie
 Girls Cross Country Justin Davie
 Football Cheerleading Mady Espeland
 Basketball Cheerleading Mady Espeland
 Wrestling Cheerleading Mady Espeland
 Speech Director Amy Nosbisch
 Student Council Andrea Buehler
 Band Director Emily Redden
 Vocal Director Abigail Jones

WASHINGTON

Street Address: 1111 S Ave B
 City: Washington
 Zip Code: 52353
 Mailing Address: PO Box 271
 City: Washington
 Zip Code: 52353
 Supt. St Address: PO Box 926
 Supt. City: Washington
 Supt. Zip: 52353
 County: Washington
 Area Code: 319
 School Phone: 653-2143
 HS Fax: 653-6751
 AD Fax: 653-6751
 Web Site: <http://www.washington.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Demons
 Conference: Southeast
 Superintendent Willie Stone
 Phone (319)653-6543
 Email wstone@washington.k12.ia.us
 Principal Erik Buchholz
 Phone (319)653-2143
 Email ebuchhol@washington.k12.ia.us
 Asst/Assoc/Vice-Principal Alex Klopfenstein
 Phone (319)653-2143
 Email aklopfen@washington.k12.ia.us
 Athletic Administrator Brent Van Weelden
 Phone (319)653-2143
 Email bvanweel@washington.k12.ia.us
 Athletic Secretary Karla Garrett
 Phone (319)653-2143
 Email kgarrett@washington.k12.ia.us
 Sports Medicine Provider Eric Turner (JET Physical Therapy)
 Golf Collin Stark
 Girls Golf Leonard Kull
 Basketball Collin Stark
 Girls Basketball Shannon Rugg
 Baseball Nathan Miller
 Girls Softball Ben Obermann
 Wrestling Brent Van Weelden

Football James Harris
 Girls Volleyball Lexa Mahr
 Track & Field Steve Roth
 Girls Track & Field Stefanie Haworth
 Cross Country Stefanie Haworth
 Girls Cross Country Stefanie Haworth
 Soccer Sally Hart
 Girls Soccer Steven Caulk
 Bowling Chad LaRue
 Girls Bowling Chad LaRue
 Football Cheerleading Erin Smith
 Basketball Cheerleading Erin Smith
 Wrestling Cheerleading Erin Smith
 Speech Director Audrey Skoog
 Student Council Jake Steen
 Band Director Donald Hughes
 Vocal Director Jonathan Runaas

WATERLOO CHRISTIAN SCHOOL

Street Address: 1307 W Ridgeway Ave
 City: Waterloo
 Zip Code: 50701
 Mailing Address: 1307 W Ridgeway Ave
 City: Waterloo
 Zip Code: 50701
 Supt. St Address: 1307 W Ridgeway Ave
 Supt. City: Waterloo
 Supt. Zip: 50701
 County: Black Hawk
 Area Code: 319
 School Phone: 235-9309
 HS Fax: 833-4780
 AD Fax: 833-4780
 Web Site: <http://www.waterloochristian.com>
 School Colors: Forest Green & Gold
 Nickname: Regents
 Conference: Iowa Star North
 Superintendent Ryan Hall
 Phone (319)235-9309
 Email rhall@waterloochristian.com
 Principal Jennifer Neifer
 Phone (319)235-9309
 Athletic Administrator Angela Evans
 Phone (319)235-9309
 Email aevans@waterloochristian.com
 Athletic Secretary Stacey Wagner
 Phone (319)235-9309
 Email swagner@waterloochristian.com
 Golf Lucan Segerstrom
 Basketball Lucas Segerstrom, Tim Doering
 Girls Basketball Wes Kennedy
 Girls Volleyball Angela Evans
 Speech Director Margaret Becker
 Student Council Ryan Hall
 Band Director Bruce Nelson
 Vocal Director Bruce Nelson

WATERLOO, EAST

Street Address: 214 High St
 City: Waterloo
 Zip Code: 50703
 Mailing Address: 214 High St
 City: Waterloo
 Zip Code: 50703
 Supt. St Address: 1516 Washington St
 Supt. City: Waterloo
 Supt. Zip: 50702
 County: Black Hawk
 Area Code: 319
 School Phone: 433-2400
 HS Fax: 433-2498
 AD Fax: 433-2497

Web Site: <http://www.waterlooschools.org/schoolsites/easthigh>
 School Colors: Orange & Black
 Nickname: Trojans
 Conference: Mississippi Valley
 Superintendent Dr. Jane Lindaman
 Phone (319)433-1800
 Email lindamanj@waterlooschools.org
 Asst/Assoc Supt Stephanie Mohorne
 Phone (319)433-1800
 Email mohornes@waterlooschools.org
 Admin Asst Pam Arndorfer
 Phone (319)433-1876
 Email arndorferp@waterlooschools.org
 Executive Coordinator Dan Huff
 Phone (319)433-1846
 Email huffd2@waterlooschools.org
 Principal Joseph Parker
 Phone (319)433-2400 x14101
 Email parkerj@waterlooschools.org
 Asst/Assoc/Vice-Principal Sharrie Wright
 Phone (319)433-2400 x14102
 Email wrights@waterlooschools.org
 Asst/Assoc/Vice-Principal Josh Payton
 Phone (319)433-2400 x14112
 Email paytonj@waterlooschools.org
 Athletic Administrator Tim Moses
 Phone (319)433-2474
 Email mosest@waterlooschools.org
 Co-AD/Assistant Dan Huff
 Phone (319)433-1876
 Email huffd2@waterlooschools.org
 Athletic Secretary Carol Sperry-Weber
 Phone (319)433-2475
 Email sperryweberc@waterlooschools.org
 Sports Medicine Provider Austin Swangel, ATC
 (Cedar Valley Medical Specialist)
 Girls Tennis Nekoda Garbes
 Golf Dan Hensing
 Girls Golf Josh Barta
 Basketball Brent Carmichael
 Girls Basketball William Muhammad
 Girls Swimming Jeff Kamp
 Baseball Eric Jesse
 Girls Softball Chad Adams
 Wrestling Christopher Tims
 Football Regis Baskerville
 Girls Volleyball Ashley Sterger
 Track & Field Aaron Taylor
 Girls Track & Field Wilmot Wellington
 Cross Country Tim Moses
 Girls Cross Country Evan Deuth
 Soccer Phedrick Cody
 Girls Soccer Chris Worthley
 Bowling Michael Weber
 Girls Bowling Michael Weber
 Football Cheerleading Brenda Heinz
 Basketball Cheerleading Brenda Heinz
 Wrestling Cheerleading Brenda Heinz
 Speech Director Schnique Williams
 Student Council Nekoda Garbes
 Band Director Joelle Smith
 Vocal Director Jason Behrens
 Orchestra Director Kyle Geesey

WATERLOO, WEST

Street Address: 425 E Ridgeway Ave
 City: Waterloo
 Zip Code: 50702
 Mailing Address: 425 E Ridgeway Ave
 City: Waterloo
 Zip Code: 50702

Supt. St Address: 1516 Washington St
 Supt. City: Waterloo
 Supt. Zip: 50702
 County: Black Hawk
 Area Code: 319
 School Phone: 433-2700
 HS Fax: 433-2748
 AD Fax: 433-2748
 Web Site: <http://www.waterlooschools.org/schoolsites/westhigh/>
 School Colors: Old Rose & Black
 Nickname: Wahawks
 Conference: Mississippi Valley

SuperintendentDr. Jane Lindaman
 Phone(319)433-1874
 Emaillindamanj@waterlooschools.org
 Asst/Assoc SuptStephanie Mohorne
 Phone(319)433-1800
 Emailmohomes@waterlooschools.org
 Executive CoordinatorDan Huff
 Phone(319)433-1846
 Emailhuffd2@waterlooschools.org
 PrincipalAndy Miehe
 Phone(319)433-2700
 Emailmiehea@waterlooschools.org
 Asst/Assoc/Vice-PrincipalSteve Winters
 Phone(319)433-2700
 Emailwinterss@waterlooschools.org
 Asst/Assoc/Vice-PrincipalByron Phillips
 Phone(319)433-2700
 EmailPhillipsb@waterlooschools.org
 Asst/Assoc/Vice-PrincipalZach O'Brien
 Phone(319)433-2700
 Emailobrienz@waterlooschools.org
 Asst/Assoc/Vice-PrincipalAllie Hildman
 Phone(319)433-2700
 Emailhildmana@waterlooschools.org
 Athletic AdministratorDr. Anthony Pappas
 Phone(319)433-2708
 Emailpappasa@waterlooschools.org
 Co-AD/AssistantDan Huff
 Phone(319)433-1846
 Emailhuffd2@waterlooschools.org
 Athletic SecretaryKeri Hudson
 Phone(319)433-2707
 Emailhudsonk@waterlooschools.org
 Sports Medicine ProviderNate Person
 TennisJohn Aldrich
 Girls TennisBrenton Kuchera
 GolfJosh Barta
 Girls GolfKelly Nelson
 BasketballCliff Berinobis
 Girls BasketballDr. Anthony Pappas
 SwimmingVirgil Haley
 Girls SwimmingJeff Kamp
 BaseballChad Crosby
 Girls SoftballAshley Reimer
 WrestlingSteve Farrell
 FootballLonnie Moore
 Girls VolleyballAshley Berinobis
 Track & FieldMatt Mostek
 Girls Track & FieldLincoln Vorba
 Cross CountryLincoln Vorba
 Girls Cross CountryEvan Deuth
 SoccerMichael Penning
 Girls SoccerChris Worthley
 BowlingBrandon Steen
 Girls BowlingBrandon Steen
 Football CheerleadingKaren Utterback
 Basketball CheerleadingKaren Utterback
 Wrestling CheerleadingKaren Utterback
 Speech DirectorBill Dawson

Student CouncilJonathan Grieder
 Band DirectorJason Dobbs, Danny Kleinheinst,
 Matthew Sanders
 Vocal DirectorLucas Overton
 Orchestra DirectorErin Gaherty-Williams

WAUKEE

Street Address: 555 SE University Ave
 City: Waukee
 Zip Code: 50263
 Mailing Address: 555 SE University Ave
 City: Waukee
 Zip Code: 50263
 Supt. St Address: 560 SE University Ave
 Supt. City: Waukee
 Supt. Zip: 50263
 County: Dallas
 Area Code: 515
 School Phone: 987-5163
 HS Fax: 987-2784
 AD Fax: 987-2783
 Web Site: <http://www.waukeeschools.org>
 School Colors: Purple & Gold
 Nickname: Warriors
 Conference: CIML- Iowa

SuperintendentBrad Buck
 Phone(515)987-5161
 Emailbbuck@waukeeschools.org
 Asst/Assoc SuptBrady Fleming
 Phone(515)987-5161 x2001
 Emailbfleming@waukeeschools.org
 Asst/Assoc SuptTerry Hurlburt
 Phone(515)987-5161 x7500
 Emailthurlburt@waukeeschools.org
 Asst/Assoc SuptKirk Johnson
 Phone(515)987-5161 x2000
 Emailkjohnson3@waukeeschools.org
 PrincipalCary Justmann
 Phone(515)987-5163 x2484
 Emailcjustmann@waukeeschools.org
 PrincipalFairouz Bishara-Rantisi Martinez
 Phone(515)987-5163 x2987
 Emailfbishararantisi@waukeeschools.org
 Asst/Assoc/Vice-PrincipalGerald Hiesterman
 Phone(515)987-5163 x2049
 Emailghiesterman@waukeeschools.org
 Asst/Assoc/Vice-PrincipalJudi Roland
 Phone(515)987-5163 x2643
 Emailjlutherroland@waukeeschools.org
 Asst/Assoc/Vice-PrincipalNick Ross
 Phone(515)987-5163 x2321
 Emailnross1@waukeeschools.org
 Athletic AdministratorJim Duea, Eric Boyle
 Phone(515)987-2782
 Emailjduea@waukeeschools.org
 Emaileb Boyle@waukeeschools.org
 Co-AD/AssistantTodd Schneider, Josh Frey
 Phone(515)987-2770
 Emailtschneider@waukeeschools.org
 Emailjfrey@waukeeschools.org
 Athletic SecretaryCathy Gray, Wendy Richtsmeier
 Phone(515)987-2782
 Emailcgray@waukeeschools.org
 Emailwrichtsmeier@waukeeschools.org
 TennisEric Wetzal
 Girls TennisChad Jilek
 GolfJohn Kotz
 Girls GolfMarty Sullivan
 BasketballJustin Ohl
 Girls BasketballChris Guess
 SwimmingDan Briggs
 Girls SwimmingShelley Twigg

BaseballDave Dirkx
 Girls SoftballCarrie Eby
 WrestlingChad Vollmecke
 FootballScott Carlson
 Girls VolleyballCandace Palea
 Track & FieldBrent Heitland
 Girls Track & FieldMatt Pries
 Cross CountryTerrence Nielsen
 Girls Cross CountryAbby Schmitz
 SoccerCarlos Acebey
 Girls SoccerTony Gabriel
 Girls BowlingChris Roberts
 Football CheerleadingSarah Rabinowitz
 Basketball CheerleadingSarah Rabinowitz
 Wrestling CheerleadingSarah Rabinowitz
 Speech DirectorJacki Pleggenkuhle
 Student CouncilBrian Christensen
 Band DirectorJeff Patterson
 Vocal DirectorJeffrey Knutson

WAUKON

Street Address: 1061 3rd Ave NW
 City: Waukon
 Zip Code: 52172
 Mailing Address: 1061 3rd Ave NW
 City: Waukon
 Zip Code: 52172
 Supt. St Address: 1059 3rd Ave NW
 Supt. City: Waukon
 Supt. Zip: 52172
 County: Allamakee
 Area Code: 563
 School Phone: 568-3466
 HS Fax: 568-3165
 AD Fax: 568-3165
 Web Site: <http://www.allamakee.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Indians
 Conference: Northeast Iowa

SuperintendentJay Mathis
 Phone(563)568-3409 x1000
 Emailjmathis@allamakee.k12.ia.us
 PrincipalJennifer Garin
 Phone(563)568-3466 x2500
 Emailjgarin@allamakee.k12.ia.us
 Asst/Assoc/Vice-PrincipalBrian Hilsabeck
 Phone(563)568-3466 x2501
 Emailbhilsabeck@allamakee.k12.ia.us
 Athletic AdministratorBrian Hilsabeck
 Phone(563)568-3466 x2501
 Emailbhilsabeck@allamakee.k12.ia.us
 Co-AD/AssistantLuke Steege
 Phone(563)568-3466 x2400
 Emaillsteeg@allamakee.k12.ia.us
 Athletic SecretaryRachel Burrichter
 Phone(563)568-3466 x2503
 Emailrburrichter@allamakee.k12.ia.us
 Sports Medicine ProviderBrad Krambeer, LAT
 (Veterans Memorial Hospital)
 GolfTharin Benson
 Girls GolfKathy McMillan
 BasketballJed Hemann
 Girls BasketballBen Rausch
 BaseballShane Schellsmidt
 Girls SoftballMelissa Ward
 WrestlingMason Berns
 FootballChad Beermann
 Girls VolleyballAmber Adney
 Track & FieldTed Snitker
 Girls Track & FieldBob Wasson
 Cross CountryTara Stein
 Girls Cross CountryTyler Scholl

Bowling.....Jerry Keenan
 Girls Bowling.....Jerry Keenan
 Football Cheerleading.....Amy Bieber
 Basketball Cheerleading.....Amy Bieber
 Wrestling Cheerleading.....Amy Bieber
 Speech Director.....Louise Wild
 Student Council.....DJ Scholtes
 Band Director.....JoAnn Knipfer Sherman
 Vocal Director.....Sarah Bieber

WAVERLY-SHELL ROCK

Street Address: 1405 4th Ave SW
 City: Waverly
 Zip Code: 50677
 Mailing Address: 1405 4th Ave SW
 City: Waverly
 Zip Code: 50677
 Supt. St Address: 1415 4th Ave SW
 Supt. City: Waverly
 Supt. Zip: 50677
 County: Bremer
 Area Code: 319
 School Phone: 352-2087
 HS Fax: 352-2098
 AD Fax: 352-0677
 Web Site: <http://www.wsr.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Go-Hawks
 Conference: Northeast Iowa
 Superintendent.....Ed Klamfoth
 Phone.....(319)352-3630 x204
 Email.....ed.klamfoth@wsr.k12.ia.us
 Admin Asst.....Sharon Werkman
 Phone.....(319)352-3630 x200
 Email.....sharon.werkman@wsr.k12.ia.us
 Principal.....David Fox
 Phone.....(319)352-2087 x104
 Email.....david.fox@wsr.k12.ia.us
 Asst/Assoc/Vice-Principal.....Brady Weber
 Phone.....(352)352-2087 x105
 Email.....brady.weber@wsr.k12.ia.us
 Athletic Administrator.....David Litterer
 Phone.....(319)352-2087 x162
 Email.....dave.litterer@wsr.k12.ia.us
 Athletic Secretary.....Chad Rinehart
 Phone.....(319)352-2087 x175
 Email.....chad.rinehart@wsr.k12.ia.us
 Sports Medicine Provider.....Destry Sperfslage, LAT, ATC/L
 CSCS (Taylor Physical Therapy)
 Tennis.....John Hubbard
 Girls Tennis.....Marissa Buresh
 Golf.....Chuck Steckleberg
 Girls Golf.....EaVon Woodin
 Basketball.....Nate Steege
 Girls Basketball.....Greg Bodensteiner
 Baseball.....Casey Klunder
 Girls Softball.....Heather Zajicek
 Wrestling.....Eric Whitcome
 Football.....Mark Hubbard
 Girls Volleyball.....EaVon Woodin
 Track & Field.....Kyle Wood
 Girls Track & Field.....Wende Dawson
 Cross Country.....Kevin Kueker
 Girls Cross Country.....Jason Milke
 Soccer.....Derek Krebsbach
 Girls Soccer.....Lauren Greiner
 Bowling.....Matt Schneider
 Girls Bowling.....Cara Schneider
 Football Cheerleading.....McKenzie Spears
 Basketball Cheerleading.....McKenzie Spears
 Wrestling Cheerleading.....Lindsey Bienamann

Speech Director.....Lisa Phye
 Student Council.....Jason Milke; Danielle Seehusen
 Band Director.....Jim Vowels; Eric Stover
 Vocal Director.....Greg Wessel
 Orchestra Director.....Matt McLellan

WAYNE, CORYDON

Street Address: 102 N DeKalb St
 City: Corydon
 Zip Code: 50060
 Mailing Address: 102 N Dekalb St
 City: Corydon
 Zip Code: 50060
 Supt. St Address: 102 N Dekalb St
 Supt. City: Corydon
 Supt. Zip: 50060
 County: Wayne
 Area Code: 641
 School Phone: 872-2184
 HS Fax: 872-2091
 AD Fax: 872-2091
 Web Site: <http://www.wayne.k12.ia.us>
 School Colors: Black, White & Silver
 Nickname: Falcons
 Conference: Pride of Iowa
 Superintendent.....Mike Still
 Phone.....(641)872-2184 x1403
 Email.....mike.still@wayne.k12.ia.us
 Admin Asst.....Cindy Comer
 Phone.....(641)872-2184 x1401
 Email.....cindy.comer@wayne.k12.ia.us
 Principal.....Stacy Snyder
 Phone.....(641)872-2184 x1400
 Email.....stacy.snyder@wayne.k12.ia.us
 Athletic Administrator.....Aaron Cooper
 Phone.....(641)872-2184
 Email.....aaron.cooper@wayne.k12.ia.us
 Athletic Secretary.....Nancy Everman
 Phone.....(641)872-2184 x1405
 Email.....nancy.everman@wayne.k12.ia.us
 Golf.....Kim Hicks
 Girls Golf.....Kim Hicks
 Basketball.....Cole Crawford
 Girls Basketball.....Stacy Snyder
 Baseball.....Jeff Whitehall
 Girls Softball.....Heather Fortune
 Wrestling.....Joe Nekvinda
 Football.....Justin Peters
 Girls Volleyball.....Alyssa Harders
 Track & Field.....Joe Nekvinda
 Girls Track & Field.....Aaron Cooper
 Cross Country.....Rebecca Roberts
 Girls Cross Country.....Rebecca Roberts
 Football Cheerleading.....Desire' Grismore
 Basketball Cheerleading.....Desire' Grismore
 Wrestling Cheerleading.....Desire' Grismore
 Student Council.....Melanie Halferty
 Band Director.....Anne Jaeckel
 Vocal Director.....Anne Jaeckel

WEBSTER CITY

Street Address: 1001 Lynx Ave
 City: Webster City
 Zip Code: 50595
 Mailing Address: 1001 Lynx Ave
 City: Webster City
 Zip Code: 50595
 Supt. St Address: 825 Beach St
 Supt. City: Webster City
 Supt. Zip: 50595
 County: Hamilton

Area Code: 515
 School Phone: 832-9210
 HS Fax: 832-9215
 AD Fax: 832-9208
 Web Site: <http://www.webster-city.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Lynx
 Conference: North Central
 Superintendent.....Dr. Amanda Ross
 Phone.....(515)832-9200 x2113
 Email.....mandy_ross@webster-city.k12.ia.us
 Admin Asst.....Mary Ellen Draeger
 Phone.....(515)832-9200 x1200
 Email.....mdraeger@webster-city.k12.ia.us
 Principal.....Dan Johnson
 Phone.....(515)832-9210 x2102
 Email.....djohnson@webster-city.k12.ia.us
 Asst/Assoc/Vice-Principal.....Pat Farley
 Phone.....(515)832-9210
 Email.....pfarley@webster-city.k12.ia.us
 Athletic Administrator.....Joe Shanks
 Phone.....(515)832-9210 x2534
 Email.....jshanks@webster-city.k12.ia.us
 Sports Medicine Provider.....Dr. Jim Kumm, Dan Willard
 (North Central Chiropractic)

Tennis.....Michael Ross
 Girls Tennis.....Mark Fisher
 Golf.....Eric Dawson
 Girls Golf.....Bill Bertran
 Basketball.....Marty McKinney
 Girls Basketball.....Nicole Muhlenbruch
 Baseball.....Adison Kehoe
 Girls Softball.....Jessica Howard
 Wrestling.....Chad Hisler
 Football.....Bob Howard
 Girls Volleyball.....Jessica Howard
 Track & Field.....Chad Hisler
 Girls Track & Field.....Clint Howard
 Cross Country.....Derek Turner
 Girls Cross Country.....Derek Turner
 Soccer.....Craig Signorin
 Girls Soccer.....Paul Baedke
 Football Cheerleading.....KristinHammit Trujillo
 Basketball Cheerleading.....Monica Trujillo / Kristin Hammit
 Wrestling Cheerleading.....Monica Trujillo, Kristin Hammit
 Speech Director.....Stephanie Pace
 Student Council.....Pam Ryan
 Band Director.....Rachel Daum
 Vocal Director.....Greta Nelson

WEST BEND-MALLARD

Street Address: 300 3rd Avenue SW
 City: West Bend
 Zip Code: 50597
 Mailing Address: PO Box 247
 City: West Bend
 Zip Code: 50597
 Supt. St Address: PO Box 247
 Supt. City: West Bend
 Supt. Zip: 50597
 County: Palo Alto
 Area Code: 515
 School Phone: 887-7831
 HS Fax: 887-7853
 AD Fax: 887-7853
 Web Site: <http://www.west-bend.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Wolverines
 Conference: Twin Lakes
 Superintendent.....Amanda Schmidt
 Phone.....(515)887-7821
 Email.....schmidt@west-bend.k12.ia.us

Admin Asst.....Linda Thul
 Phone.....(515)887-7821
 Email.....lthul@west-bend.k12.ia.us
 Principal.....Paul Peppmeier
 Phone.....(515)887-7831
 Email.....ppeppmeier@west-bend.k12.ia.us
 Athletic Administrator.....Tyson Wirtz
 Phone.....(515)887-7831
 Email.....twirtz@west-bend.k12.ia.us
 Athletic Secretary.....Linda Thul
 Phone.....(515)887-7841
 Email.....lthul@west-bend.k12.ia.us
 Sports Medicine Provider.....Jim Lonning
 Golf.....Koy Goodchild
 Girls Golf.....Koy Goodchild
 Basketball.....Jerry Zaugg
 Girls Basketball.....Brendan Foughty
 Baseball.....Jim Zinnel
 Girls Softball.....Tabitha Mogler
 Wrestling.....Payton Rice
 Football.....Tyson Wirtz
 Girls Volleyball.....Kim Link
 Track & Field.....Jerry Vanderhorst
 Girls Track & Field.....Eldon Mckimmey
 Cross Country.....Ben Hellman
 Girls Cross Country.....Ben Hellman
 Football Cheerleading.....Lisa Bruellman
 Basketball Cheerleading.....Lisa Bruellman
 Student Council.....Paul Peppmeier
 Band Director.....Moni Westling
 Vocal Director.....Moni Westling

WEST BRANCH

Street Address: 900 W Main St
 City: West Branch
 Zip Code: 52358
 Mailing Address: 900 W Main St
 City: West Branch
 Zip Code: 52358
 Supt. St Address: 148 N Oliphant
 Supt. City: West Branch
 Supt. Zip: 52358
 County: Cedar
 Area Code: 319
 School Phone: 643-7216
 HS Fax: 643-2415
 AD Fax: 643-2415
 Web Site: <http://www.west-branch.k12.ia.us>
 School Colors: Red, White, Black
 Nickname: Bears
 Conference: River Valley Conference
 Superintendent.....Marty Jimmerson
 Phone.....(319)643-7213
 Email.....mjimmerson@west-branch.k12.ia.us
 Principal.....Sara Oswald
 Email.....soswald@west-branch.k12.ia.us
 Athletic Administrator.....Jake Stenberg
 Phone.....(319)643-7213
 Email.....jstenberg@west-branch.k12.ia.us
 Athletic Secretary.....Ruth Farmer
 Phone.....(319)643-7216 x300
 Email.....rfarmer@west-branch.k12.ia.us
 Sports Medicine Provider.....Eastern Iowa Physical Therapy
 Golf.....Randy Sexton
 Girls Golf.....Jan O'Neil
 Basketball.....Jason Kern
 Girls Basketball.....Jarod Tylee
 Baseball.....Andrew Lapel
 Girls Softball.....Chandran Lapel
 Football.....Butch Pedersen
 Girls Volleyball.....Trystin Shawver
 Track & Field.....Taylor Larson

Girls Track & Field.....Ben Holub
 Soccer.....Ted Miller
 Girls Soccer.....Greg Seydel
 Football Cheerleading.....Rhonda Berry
 Basketball Cheerleading.....Rhonda Berry
 Wrestling Cheerleading.....Rhonda Berry
 Student Council.....Abby Noelck
 Band Director.....Samuel Ogilvie
 Vocal Director.....Chris Reed

WEST BURLINGTON

Street Address: 607 Ramsey St
 City: West Burlington
 Zip Code: 52655
 Mailing Address: 408 W. Van Weiss Blvd
 City: West Burlington
 Zip Code: 52655
 Supt. St Address: 607 Ramsey St
 Supt. City: West Burlington
 Supt. Zip: 52655
 County: Des Moines
 Area Code: 319
 School Phone: 754-6567
 HS Fax: 754-0075
 AD Fax: 754-0075
 Web Site: <http://www.wbschools.us>
 School Colors: Green & White
 Nickname: Falcons
 Conference: SEI Superconference - South
 Superintendent.....Lisa Beames
 Phone.....(319)752-8747
 Email.....lisa.beames@wbschools.us
 Principal.....Bruce Snodgrass
 Phone.....(319)754-6567 x351
 Email.....Bruce.Snodgrass@wbschools.us
 Asst/Assoc/Vice-Principal.....Mike Jones
 Phone.....(319)754-6567
 Email.....Mike.Jones@wbschools.us
 Athletic Administrator.....Jeff Housel
 Phone.....(319)754-6567 x4
 Email.....Jeff.Housel@wbschools.us
 Athletic Secretary.....Vicki Stinimates
 Phone.....(319)754-6567 x1350
 Email.....vicki.stinimates@wbschools.us
 Sports Medicine Provider.....Erin Bush, LAT
 (Great River Health Systems)

Basketball.....Ryan O'Hern
 Girls Basketball.....John Vandenberg
 Baseball.....Pat McKasson
 Girls Softball.....Dave Oleson
 Football.....Jay Eilers
 Girls Volleyball.....Tom Ferguson
 Track & Field.....Corey Lamm
 Girls Track & Field.....Mike Gurius
 Bowling.....Lauri Allen
 Girls Bowling.....Lauri Allen
 Football Cheerleading.....Beckie Eilers
 Student Council.....Jenna Amenell
 Band Director.....Mark Eveleth
 Vocal Director.....Annette Siebers

WEST CENTRAL VALLEY, STUART

Street Address: 3299 White Pole Rd
 City: Stuart
 Zip Code: 50250
 Mailing Address: 3299 White Pole Rd
 City: Stuart
 Zip Code: 50250
 Supt. St Address: 3299 White Pole Rd
 Supt. City: Stuart
 Supt. Zip: 50250
 County: Guthrie

Area Code: 515
 School Phone: 523-1313
 HS Fax: 523-1166
 AD Fax: 523-2765
 Web Site: <https://wcvwildcats.org>
 School Colors: Purple & Black
 Nickname: Wildcats
 Conference: West Central Activities
 Co-Superintendent.....Anthony Lohse
 Phone.....(515)833-2331
 Email.....alohse@wcv.k12.ia.us
 Co-Superintendent.....Rusty Shockley
 Phone.....(515)523-2187
 Email.....rshockley@wcv.k12.ia.us
 Admin Asst.....Jennifer Woodson
 Phone.....(515)523-2187
 Email.....jwoodson@wcv.k12.ia.us
 Principal.....Rusty Shockley
 Phone.....(515)523-1313
 Email.....rshockley@wcv.k12.ia.us
 Athletic Administrator.....Dave Doely
 Phone.....(515)523-1313
 Email.....ddoely@wcv.k12.ia.us
 Athletic Secretary.....Jennifer Woodson
 Phone.....(515)523-2187
 Email.....jwoodson@wcv.k12.ia.us
 Sports Medicine Provider.....Alyssa Subbert, PT
 (Absolute Performance Therapy)
 Golf.....David Doely
 Girls Golf.....Traca Madren
 Basketball.....Dave Brumley
 Girls Basketball.....Dan Druivenga
 Baseball.....John Wheeler; Nathan Craig
 Girls Softball.....Krysten Topliff
 Wrestling.....Ben Strandberg
 Football.....Jim Lindsay
 Girls Volleyball.....Kaleb Brown
 Track & Field.....Jim Lindsay
 Girls Track & Field.....David Hammond
 Cross Country.....Dave Hammond
 Girls Cross Country.....Dave Hammond
 Soccer.....Jon Boss
 Girls Soccer.....Mike Krawczyk
 Bowling.....Chad Pote
 Girls Bowling.....Chad Pote
 Football Cheerleading.....Traca Madren
 Basketball Cheerleading.....Traca Madren
 Wrestling Cheerleading.....Tricia Foster
 Speech Director.....Nancy Bauch
 Student Council.....Tiffany Welsh
 Band Director.....Josh Kassmeyer
 Vocal Director.....Michael Gookin

WEST CENTRAL, MAYNARD

Street Address: 305 Pember St
 City: Maynard
 Zip Code: 50655
 Mailing Address: PO Box 54
 City: Maynard
 Zip Code: 50655
 Supt. St Address: PO Box 54
 Supt. City: Maynard
 Supt. Zip: 50655
 County: Fayette
 Area Code: 563
 School Phone: 637-2283
 HS Fax: 637-2294
 AD Fax: 637-2294
 Web Site: <http://www.westcentral.school>
 School Colors: Royal Blue & White
 Nickname: Blue Devils
 Conference: Upper Iowa

Superintendent.....Fred Matlage
 Phone.....(563)637-2283
 Email.....fmatlage@wc.k12.ia.us
 Admin Asst.....Renae Streitmatter
 Phone.....(563)637-2283
 Email.....rstreitmatter@wc.k12.ia.us
 Principal.....Matthew Molumby
 Phone.....(563)637-2283
 Email.....mmolumby@wc.k12.ia.us
 Athletic Administrator.....Samantha Baumgartner
 Phone.....(563)637-2283
 Email.....sbaumgartner@wc.k12.ia.us
 Co-AD/Assistant.....Steve Milder
 Phone.....(563)637-2283
 Email.....smilder@wc.k12.ia.us
 Athletic Secretary.....Renae Streitmatter
 Phone.....(563)637-2283 x100
 Email.....rstreitmatter@wc.k12.ia.us
 Sports Medicine Provider.....Bonnie West
 Golf.....Ron Ahrends
 Girls Golf.....Ron Ahrens
 Basketball.....Darin Lockard
 Girls Basketball.....Micah Ruroden
 Girls Softball.....Nick Robinson
 Football.....Steve Milder
 Girls Volleyball.....Abby Whittenbaugh
 Track & Field.....Matthew Hageman
 Girls Track & Field.....Matthew Hageman
 Football Cheerleading.....Kendra Lockard
 Basketball Cheerleading.....Kendra Lockard
 Speech Director.....Elaine VandeVorde
 Student Council.....Matt Molumby
 Band Director.....Todd Walter
 Vocal Director.....Stacy Fink

WEST DELAWARE, MANCHESTER

Street Address: 605 New St
 City: Manchester
 Zip Code: 52057
 Mailing Address: 605 New St
 City: Manchester
 Zip Code: 52057
 Supt. St Address: 701 New St
 Supt. City: Manchester
 Supt. Zip: 52057
 County: Delaware
 Area Code: 563
 School Phone: 927-3515
 HS Fax: 927-6222
 AD Fax: 927-6222
 Web Site: <http://www.w-delaware.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Hawks
 Conference: WaMaC
 Superintendent.....Dr. Kristen Rickey
 Phone.....(563)927-3515 x401
 Email.....krickey@w-delaware.k12.ia.us
 Admin Asst.....Laurie Buchheit
 Phone.....(563)927-3515 x406
 Email.....lauriebuchheit@w-delaware.k12.ia.us
 Principal.....Tim Felderman
 Phone.....(563)927-3515 x301
 Email.....timfelderman@w-delaware.k12.ia.us
 Asst/Assoc/Vice-Principal.....Matt Weis
 Phone.....(563)927-3515 x302
 Email.....mattweis@w-delaware.k12.ia.us
 Athletic Administrator.....Matt Weis
 Phone.....(563)927-3515 x302
 Email.....mattweis@w-delaware.k12.ia.us
 Athletic Secretary.....Kay La Rosa
 Phone.....(563)927-3515 x305
 Email.....kaylarosa@w-delaware.k12.ia.us

Golf.....Christi Imsland
 Girls Golf.....Brett Mather
 Basketball.....Drake Schuring
 Girls Basketball.....Matt Uthoff
 Baseball.....Nate Lahr
 Girls Softball.....Tiffany Rave
 Wrestling.....Jeff Voss
 Football.....Doug Winkowitsch
 Girls Volleyball.....Brett Mather
 Track & Field.....Doug Winkowitsch
 Girls Track & Field.....Doug Engel
 Cross Country.....Dale Meyer
 Girls Cross Country.....Ben Moser
 Soccer.....Matt Knutson
 Girls Soccer.....Hannah Crumpton
 Bowling.....Bob Morris
 Football Cheerleading.....Angie Zehr
 Basketball Cheerleading.....Angie Zehr
 Band Director.....Mark Philgreen
 Vocal Director.....Duane Philgreen, Jackie Hawkins-Keck

WEST FORK, SHEFFIELD

Street Address: 453 N 5th St
 City: Sheffield
 Zip Code: 50475
 Mailing Address: PO Box 617
 City: Sheffield
 Zip Code: 50475
 Supt. St Address: PO Box 617
 Supt. City: Sheffield
 Supt. Zip: 50475
 County: Franklin
 Area Code: 641
 School Phone: 892-4461
 HS Fax: 892-4335
 AD Fax: 892-4335
 Web Site: <http://www.westforkschool.org>
 School Colors: Black, Red
 Nickname: Warhawks
 Conference: Top of Iowa
 Superintendent.....Mike Kruger
 Phone.....(641)892-4159
 Email.....mike.kruger@westforkschool.org
 Principal.....Bobby Willms
 Phone.....(641)892-4461
 Email.....bobby.willms@westforkschool.org
 Athletic Administrator.....Alex Brayton
 Phone.....(641)892-4461 x1151
 Email.....alex.brayton@westforkschool.org
 Golf.....Mark Drier
 Girls Golf.....Mary Schulz
 Basketball.....Frank Schnoes
 Girls Basketball.....Rodney Huber
 Baseball.....Tom Shreckengost
 Girls Softball.....Sadie Winfrey
 Wrestling.....Jared Arbegast
 Football.....James Perez
 Girls Volleyball.....Hannah Vaughan
 Track & Field.....Alex Brayton
 Girls Track & Field.....Ashley Sears
 Cross Country.....Mark Twedt
 Girls Cross Country.....Mark Twedt
 Football Cheerleading.....Jessica Barnes
 Basketball Cheerleading.....Jessica Barnes
 Wrestling Cheerleading.....Sheena Petersen
 Speech Director.....Laura Schafer
 Student Council.....Ashley McKee
 Band Director.....Jason Grunklee
 Vocal Director.....Katy Wilson

WEST HANCOCK, BRITT

Street Address: 420 9th Ave SW PO Box 278
 City: Britt
 Zip Code: 50423
 Mailing Address: PO Box 278
 City: Britt
 Zip Code: 50423
 Supt. St Address: PO Box 278
 Supt. City: Britt
 Supt. Zip: 50423
 County: Hancock
 Area Code: 641
 School Phone: 843-3863
 HS Fax: 843-4717
 AD Fax: 843-4717
 Web Site: <http://www.whancock.org>
 School Colors: Red & white
 Nickname: Eagles
 Conference: Top of Iowa
 Superintendent.....Wayne Kronemann
 Phone.....(641)843-3863 x102
 Email.....wkronemann@whancock.org
 Principal.....Dan Peterson
 Phone.....(641)843-3863 x305
 Email.....Danpeterson@whancock.org
 Athletic Administrator.....Steve Lansing
 Phone.....(641)843-3863 x392
 Email.....slansing@whancock.org
 Sports Medicine Provider.....Athletico
 Golf.....Chris Gobeli
 Girls Golf.....Jordan Savoy
 Basketball.....Jay Hiscocks
 Girls Basketball.....Paul Sonius
 Baseball.....Jeremy Barnes
 Girls Softball.....Ethan Weiss
 Wrestling.....Mark Sanger
 Football.....Mark Sanger
 Girls Volleyball.....Michelle Dehart
 Track & Field.....Matt Welp
 Girls Track & Field.....Mark Sanger
 Cross Country.....Holly Lang
 Girls Cross Country.....Holly Lang
 Football Cheerleading.....Autumn Weaver
 Basketball Cheerleading.....Autumn Weaver
 Wrestling Cheerleading.....Autumn Weaver
 Speech Director.....Robin Kudej
 Student Council.....Holly Lang
 Band Director.....Jennifer Rosin
 Vocal Director.....Stacy Heston

WEST HARRISON, MONDAMIN

Street Address: 410 Pine St
 City: Mondamin
 Zip Code: 51557
 Mailing Address: 410 Pine St
 City: Mondamin
 Zip Code: 51557
 Supt. St Address: 410 Pine St
 Supt. City: Mondamin
 Supt. Zip: 51557
 County: Harrison
 Area Code: 712
 School Phone: 646-2231
 HS Fax: 646-2891
 AD Fax: 646-2891
 Web Site: <http://www.westharrison.school>
 School Colors: Black & White
 Nickname: Hawkeyes
 Conference: Rolling Valley
 Superintendent.....Marty Fonley
 Phone.....(712)646-2231
 Email.....mfonley@westharrison.school

Principal.....Casey Ring
 Phone.....(712)646-2231
 Email.....cring@westharrison.school
 Athletic Administrator.....Anthony Nunez
 Phone.....(712)646-2231
 Email.....anunez@westharrison.school
 Basketball.....Rowdy Evans
 Girls Basketball.....Kathy Glennie
 Baseball.....Tony Nunez
 Girls Softball.....Scott Rife
 Wrestling.....Steve Forbes
 Football.....Andrew Steveson
 Girls Volleyball.....Kathy Glennie
 Track & Field.....Andrew Stevenson
 Girls Track & Field.....Steve Forbes
 Cross Country.....Troy Maasen
 Girls Cross Country.....Troy Maasen
 Wrestling Cheerleading.....Melissa Etter
 Speech Director.....Gina Birdsall
 Student Council.....Bre Ann Marshall
 Band Director.....Benjamin Work
 Vocal Director.....Benjamin Work

WEST LIBERTY

Street Address: 1103 N. Elm St PO Box 228
 City: West Liberty
 Zip Code: 52776
 Mailing Address: 310 W Maxson Ave
 City: West Liberty
 Zip Code: 52776
 Supt. St Address: 111 W 7th St
 Supt. City: West Liberty
 Supt. Zip: 52776
 County: Muscatine
 Area Code: 319
 School Phone: 627-2115
 HS Fax: 627-2046
 AD Fax: 627-2046
 Web Site: <http://www.wl.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Comets
 Conference: River Valley Conference

Superintendent.....Dr. Diego Giraldo
 Phone.....(319)627-2116
 Email.....dgiraldo@wl.k12.ia.us
 Admin Asst.....Melissa Kregel
 Phone.....(319)627-2116
 Email.....mkregel@wl.k12.ia.us
 Principal.....Brenda Arthur-Miller
 Phone.....(319)627-2115
 Email.....barthurmiller@wl.k12.ia.us
 Asst/Assoc/Vice-Principal.....Kyle Steffen
 Phone.....(319)627-2115 x5003
 Email.....ksteffen@wl.k12.ia.us
 Athletic Administrator.....Adam Loria
 Phone.....(319)627-2116 x1007
 Email.....aloria@wl.k12.ia.us
 Athletic Secretary.....Veronica Rivera
 Phone.....(319)627-2115
 Email.....vrivera@wl.k12.ia.us
 Golf.....TBD
 Girls Golf.....James Laughlin
 Basketball.....James Laughlin
 Girls Basketball.....Mathew Hoepfner
 Baseball.....Troy Wulf
 Girls Softball.....Chad Libby
 Wrestling.....Ian Alke
 Football.....Jason Iske
 Girls Volleyball.....Ruben Galvan
 Track & Field.....Gus Garcia
 Girls Track & Field.....Michael Hart
 Cross Country.....Michael Hart, Melia Larson

Girls Cross Country.....Melia Larson, Michael Hart
 Soccer.....Walton Ponce
 Girls Soccer.....Manuel Machado
 Football Cheerleading.....Gretchen Nollman
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....Mikayla Heick
 Speech Director.....TBD
 Student Council.....Melanie Clark
 Band Director.....Ashley Smith
 Vocal Director.....Mallory Vallentine

WEST LYON, INWOOD

Street Address: 1787 182nd St
 City: Inwood
 Zip Code: 51240
 Mailing Address: 1787 182nd St
 City: Inwood
 Zip Code: 51240
 Supt. St Address: 1787 182nd St
 Supt. City: Inwood
 Supt. Zip: 51240
 County: Lyon
 Area Code: 712
 School Phone: 753-4917
 HS Fax: 753-4928
 AD Fax: 753-4928
 Web Site: <https://www.wl.wildcats.org>
 School Colors: Blue & White
 Nickname: Wildcats
 Conference: Siouxland

Superintendent.....Shawn Kreman
 Phone.....(712)753-4917
 Email.....skreman@wl.wildcats.org
 Principal.....Doug Jiskoot
 Phone.....(712)753-4917
 Email.....djiskoot@wl.wildcats.org
 Athletic Administrator.....Jeremy Childress
 Phone.....(712)753-4917
 Email.....jchildress@wl.wildcats.org
 Sports Medicine Provider.....Ryan Brink
 (Orthopedic Institute)

Golf.....Matt McKenney
 Girls Golf.....Jeff Hoogeveen
 Basketball.....Dan De Jong
 Girls Basketball.....Ryan Brasser
 Baseball.....Koury Kramer
 Girls Softball.....Tony Kerkvliet, Jeremy Childress
 Wrestling.....Ben Caven
 Football.....Jay Rozeboom
 Girls Volleyball.....Darla Grotewold
 Track & Field.....Mark Rentschler
 Girls Track & Field.....Jay Rozeboom
 Cross Country.....Teresa Kerkvliet
 Girls Cross Country.....Teresa Kerkvliet
 Football Cheerleading.....Jenny Kramer
 Basketball Cheerleading.....April Metzger
 Wrestling Cheerleading.....Jen Kramer
 Speech Director.....Miranda Metzger
 Student Council.....Kim Mulder
 Band Director.....Drew Balta
 Vocal Director.....Jacob Venhuizen

WEST MARSHALL, STATE CENTER

Street Address: 601 3rd St NW
 City: State Center
 Zip Code: 50247
 Mailing Address: PO Box 670
 City: State Center
 Zip Code: 50247
 Supt. St Address: PO Box 670
 Supt. City: State Center
 Supt. Zip: 50247

County: Marshall
 Area Code: 641
 School Phone: 483-2136
 HS Fax: 483-2172
 AD Fax: 483-2665
 Web Site: <https://wmcsd.org>
 School Colors: Black & Gold
 Nickname: Trojans
 Conference: Heart of Iowa Conference
 Superintendent.....Jacy Large
 Phone.....(641)483-2660
 Email.....jlarge@wmcsd.org
 Admin Asst.....Amanda Veren
 Phone.....(641)483-2660
 Email.....averen@wmcsd.org
 Principal.....Jake Randall
 Phone.....(641)483-2136
 Email.....jrandall@wmcsd.org
 Athletic Administrator.....Dave Shipley
 Phone.....(641)483-2136
 Email.....dshipley@wmcsd.org
 Athletic Secretary.....Megan Toyne
 Phone.....(641)483-2136
 Email.....mtoyne@wmcsd.org
 Sports Medicine Provider.....Brett Hand
 Girls Golf.....Kim Tarbell
 Basketball.....Paul deNeui
 Girls Basketball.....Fred Zeller
 Baseball.....Jerod Brown
 Girls Softball.....Kim Tarbell
 Wrestling.....Todd Kline
 Football.....Cody Hackett
 Girls Volleyball.....Mike Eckhardt
 Track & Field.....Cody Hackett
 Girls Track & Field.....Cynthia Hillmean
 Cross Country.....Cynthia Hilleman
 Girls Cross Country.....Cynthia Hilleman
 Football Cheerleading.....Sarah Stone
 Student Council.....Patti Edler
 Band Director.....Drake VanRoekel
 Vocal Director.....Jen Boeding

WEST MONONA, ONAWA

Street Address: 1314 15th St
 City: Onawa
 Zip Code: 51040
 Mailing Address: 1314 15th St
 City: Onawa
 Zip Code: 51040
 Supt. St Address: 1314 15th St
 Supt. City: Onawa
 Supt. Zip: 51040
 County: Monona
 Area Code: 712
 School Phone: 433-2453
 HS Fax: 433-3803
 AD Fax: 433-2453
 Web Site: <http://www.westmonona.org>
 School Colors: Kelly Green, White & Black
 Nickname: Spartans
 Conference: Western Valley Conference

Superintendent.....Marty Fonley
 Phone.....(712)433-2043
 Email.....marty.fonley@westmonona.org
 Principal.....Tim Chesnut
 Phone.....(712)433-2453
 Email.....tim.chesnut@westmonona.org
 Athletic Administrator.....Donald Roeder
 Phone.....(712)433-9098 x301
 Email.....donald.roeder@westmonona.org
 Co-AD/Assistant.....Marybeth Fox
 Email.....marybeth.fox@westmonona.org

Athletic Secretary.....Elizabeth Cuka
 Phone.....(712)433-9098 x301
 Email.....elizabeth.cuka@westmonona.org
 Sports Medicine Provider.....Josh Lander
 Golf.....Beau Hupke
 Girls Golf.....Jeff Pratt
 Basketball.....Nick Holverson
 Girls Basketball.....Dave Kuhl
 Baseball.....Glen Coble
 Girls Softball.....Clint Nichols
 Wrestling.....Blake Moore
 Football.....Drew Potter
 Girls Volleyball.....Alisha Rewinkel
 Track & Field.....Jeffrey Hamblen
 Girls Track & Field.....Breanna Doorenbos
 Cross Country.....Jeffrey Hamblen
 Girls Cross Country.....Jeffrey Hamblen
 Football Cheerleading.....Audrey Ingram
 Basketball Cheerleading.....Gerelene Mackey
 Wrestling Cheerleading.....Audrey Ingram
 Speech Director.....Randy Stanislav
 Student Council.....Kisa Olson
 Band Director.....Logan Merley
 Vocal Director.....Amber Brockman

WEST SIOUX, HAWARDEN

Street Address: 1300 Falcon Dr
 City: Hawarden
 Zip Code: 51023
 Mailing Address: 1300 Falcon Dr
 City: Hawarden
 Zip Code: 51023
 Supt. St Address: 1300 Falcon Dr
 Supt. City: Hawarden
 Supt. Zip: 51023
 County: Sioux
 Area Code: 712
 School Phone: 551-1181
 HS Fax: 551-1514
 AD Fax: 551-1514
 Web Site: <http://www.westsixschoools.org/>
 School Colors: Red, White, Blue
 Nickname: Falcons
 Conference: War Eagle
 Superintendent.....Steve Grond
 Phone.....(712)551-1461 x209300
 Email.....sgrond@w-sioux.k12.ia.us
 Principal.....Allyn Coppock
 Phone.....(712)551-1022
 Email.....acoppock@w-sioux.k12.ia.us
 Asst/Assoc/Vice-Principal.....Matt VanVoorst
 Phone.....(712)551-1181
 Email.....mvanvoorst@w-sioux.k12.ia.us
 Athletic Administrator.....Ben Bouza
 Phone.....(712)551-1181
 Email.....bbouza@w-sioux.k12.ia.us
 Athletic Secretary.....Tracie McManaman
 Phone.....(712)551-1181
 Email.....tmcmanam@w-sioux.k12.ia.us
 Sports Medicine Provider.....Mike May, Colin Wiggins
 Golf.....Shad Coppock
 Girls Golf.....Shad Coppock
 Basketball.....Jerome Hoegh
 Girls Basketball.....Adam McVay
 Baseball.....Brian Engleman
 Girls Softball.....Kaitlyn Lockhorst
 Wrestling.....Mark Van Oort
 Football.....Ryan Schwiesow
 Girls Volleyball.....Atlanta DeLong
 Track & Field.....Jerome Hoegh
 Girls Track & Field.....Bruce Keizer
 Cross Country.....Ashley Hoegh

Girls Cross Country.....Ashley Hoegh
 Soccer.....Steve Topete
 Girls Soccer.....Ashley Hoegh
 Bowling.....Brian Engleman
 Girls Bowling.....Brian Engleman
 Football Cheerleading.....Madalyn Vlotho, Rylee VanNoort
 Basketball Cheerleading.....Jill Hansen
 Wrestling Cheerleading.....Madalyn Vlotho
 Speech Director.....Jacob Bushby
 Student Council.....Nic Engleman
 Band Director.....Paul McEntaffer
 Vocal Director.....Jeanna Brandsrud

WESTERN CHRISTIAN, HULL

Street Address: 925 5th St
 City: Hull
 Zip Code: 51239
 Mailing Address: PO Box 658
 City: Hull
 Zip Code: 51239
 Supt. St Address: PO Box 658
 Supt. City: Hull
 Supt. Zip: 51239
 County: Sioux
 Area Code: 712
 School Phone: 439-1013
 HS Fax: 439-1407
 AD Fax: 439-1407
 Web Site: <http://www.westernchristianhs.com>
 School Colors: Maroon & White
 Nickname: Wolfpack
 Conference: Lakes
 Superintendent.....Brian Verwolf
 Phone.....(712)439-1013
 Email.....brian.verwolf@westernchristianhs.com
 Principal.....Brian Verwolf
 Phone.....(712)439-1013
 Email.....brian.verwolf@westernchristianhs.com
 Asst/Assoc/Vice-Principal.....Justin Negen
 Phone.....(712)439-1013
 Email.....justin.negen@westernchristianhs.com
 Athletic Administrator.....Travis Kooima
 Phone.....(712)439-1013
 Email.....travis.kooima@westernchristianhs.com
 Athletic Secretary.....Kathy Mouw
 Phone.....(712)439-1013
 Email.....kathy.mouw@westernchristianhs.com
 Sports Medicine Provider.....Steve Haveman, Leah DeStigter
 Golf.....Derek Keizer
 Girls Golf.....Justin Negen
 Basketball.....Derek Keizer
 Girls Basketball.....Justin Negen
 Baseball.....Trent Roose
 Girls Softball.....Michael DeLong
 Wrestling.....Pete Di Pol
 Football.....Travis Kooima
 Girls Volleyball.....Tammi Veerbeek
 Track & Field.....Travis Kooima
 Girls Track & Field.....Mark Fenchel
 Cross Country.....Dalton Lems
 Girls Cross Country.....Dalton Lems
 Soccer.....Sou Baccam
 Football Cheerleading.....Megan Kooima
 Speech Director.....Karen Christians
 Student Council.....Derek Keizer
 Band Director.....Lyle Van Ravenswaay
 Vocal Director.....Darren Vant Hul
 Orchestra Director.....Amie Smit

WESTWOOD, SLOAN

Street Address: 1000 Rebel Way
 City: Sloan

Zip Code: 51055
 Mailing Address: 1000 Rebel Way
 City: Sloan
 Zip Code: 51055
 Supt. St Address: 1000 Rebel Way
 Supt. City: Sloan
 Supt. Zip: 51055
 County: Woodbury
 Area Code: 712
 School Phone: 428-3303
 HS Fax: 428-3246
 AD Fax: 428-3246
 Web Site: <http://www.wvrebels.org>
 School Colors: Blue & Gold
 Nickname: Rebels
 Conference: Western Valley
 Superintendent.....Jay Lutt
 Phone.....(712)428-3355 x327
 Email.....jlutt@wvcsdrebels.com
 Principal.....Matt Drees
 Phone.....(712)428-3303 x324
 Email.....mdrees@wvcsdrebels.com
 Athletic Administrator.....Cass Burkhardt
 Phone.....(712)428-3303 x136
 Email.....cburkhardt@wvcsdrebels.com
 Athletic Secretary.....Ashlee Worrell
 Phone.....(712)428-3303
 Email.....aworrell@wvcsdrebels.com
 Sports Medicine Provider.....CNOS
 Golf.....Tom Thompson
 Girls Golf.....Karley Bales
 Basketball.....Chase Collins
 Girls Basketball.....Vince Johnson
 Baseball.....Andrew Scott
 Girls Softball.....Dan Thompson
 Wrestling.....Tom Thompson
 Football.....Cass Burkhardt
 Girls Volleyball.....Rich Lamoureux
 Track & Field.....Brian Steele
 Girls Track & Field.....Sheryl Book
 Cross Country.....Sheryl Book
 Girls Cross Country.....Sheryl Book
 Football Cheerleading.....Jill Kerr
 Wrestling Cheerleading.....Anne Steffens
 Speech Director.....Tammy Williams
 Student Council.....Jill Muenchrath
 Band Director.....Blake Lyon
 Vocal Director.....Tom Gerking

WHITING

Street Address: 606 West St
 City: Whiting
 Zip Code: 51063
 Mailing Address: PO Box 295
 City: Whiting
 Zip Code: 51063
 Supt. St Address: 606 West St
 Supt. City: Whiting
 Supt. Zip: 51063
 County: Monona
 Area Code: 712
 School Phone: 455-2468
 HS Fax: 455-2601
 AD Fax: 455-2601
 Web Site: <http://www.whitingcsd.org>
 School Colors: Red & White
 Nickname: Warriors
 Conference: Nebraska Frontier Conf.
 Superintendent.....Randy Collins
 Principal.....Al Laboranti
 Phone.....(712)455-2468
 Email.....alaboranti@whitingcsd.org

Athletic Administrator.....Alex Lamp
 Phone.....(712)455-2468
 Email.....alamp@whitingcsd.org
 Athletic Secretary.....Tracy Bell
 Phone.....(712)455-2468
 Email.....tbell@whitingcsd.org
 Sports Medicine Provider.....Chad VonScoyk, LAT (CNOS)
 Basketball.....Chris Derry
 Girls Basketball.....Steve Murray
 Baseball.....TBD
 Girls Softball.....Steve Mahlberg
 Girls Volleyball.....Chris Derry
 Track & Field.....Alex Lamp
 Girls Track & Field.....Alex Lamp
 Cross Country.....Alex Lamp
 Girls Cross Country.....Alex Lamp
 Student Council.....Katie Bruening
 Band Director.....Alicia Vande Hoef
 Vocal Director.....Alicia Vande Hoef

WILLIAMSBURG

Street Address: 810 W Walnut St
 City: Williamsburg
 Zip Code: 52361
 Mailing Address: PO Box 120
 City: Williamsburg
 Zip Code: 52361
 Supt. St Address: 810 W Walnut St
 Supt. City: Williamsburg
 Supt. Zip: 52361
 County: Iowa
 Area Code: 319
 School Phone: 668-1050
 HS Fax: 668-9359
 AD Fax: 668-9359
 Web Site: <http://www.williamsburg.k12.ia.us>
 School Colors: Red & White
 Nickname: Raiders
 Conference: WAMAC
 Superintendent.....Chad Garber
 Phone.....(319)668-1059 x225
 Email.....chadgarber@williamsburg.k12.ia.us
 Admin Asst.....Dawn Coffman
 Phone.....(319)668-1059 x226
 Email.....dawncoffman@williamsburg.k12.ia.us
 Principal.....Lynell O'Connor
 Phone.....(319)668-1050 x222
 Email.....lynelloconnor@williamsburg.k12.ia.us
 Asst/Assoc/Vice-Principal.....Michael Jepson
 Phone.....(319)668-1050 x267
 Email.....michaeljepson@williamsburg.k12.ia.us
 Athletic Administrator.....Nathan King
 Phone.....(319)668-1050 x269
 Email.....nathanking@williamsburg.k12.ia.us
 Athletic Secretary.....Brenda Van Dee
 Phone.....(319)668-1050 x223
 Email.....brendavandee@williamsburg.k12.ia.us
 Sports Medicine Provider.....Rhianna Freiburger
 Golf.....Brad Schaefer
 Girls Golf.....Todd Subbert
 Basketball.....Brad Knoop
 Girls Basketball.....Austin Mullikin
 Swimming.....Margaret Trumpold
 Girls Swimming.....Margaret Trumpold
 Baseball.....Nathan King
 Girls Softball.....Adam Berte
 Wrestling.....Grant Eckenrod
 Football.....Curt Ritchie
 Girls Volleyball.....Amanda Busch
 Track & Field.....Matt Matthes
 Girls Track & Field.....Nick Nordheim
 Cross Country.....Nick Nordheim

Girls Cross Country.....Nick Nordheim
 Soccer.....Ryan Sauser
 Girls Soccer.....Tim Jones
 Football Cheerleading.....Lori Wells-Adamson
 Basketball Cheerleading.....TBA
 Wrestling Cheerleading.....TBA
 Speech Director.....Amy Degen
 Student Council.....Shannon Musser, Lori Wells-Adamson
 Band Director.....Leah Schmidt
 Vocal Director.....Kathryn Berte, Stephen Brandt

WILTON

Street Address: 1002 Cypress St
 City: Wilton
 Zip Code: 52778
 Mailing Address: 1002 Cypress St
 City: Wilton
 Zip Code: 52778
 Supt. St Address: 1002 Cypress St
 Supt. City: Wilton
 Supt. Zip: 52778
 County: Muscatine
 Area Code: 563
 School Phone: 732-2629
 HS Fax: 732-4437
 AD Fax: 732-4437
 Web Site: <http://www.wiltoncsd.org>
 School Colors: Royal Blue & Gold
 Nickname: Beavers
 Conference: River Valley Conference
 Superintendent.....Joe Burnett
 Phone.....(563)732-2035 x250
 Email.....joeburnett@wiltoncsd.org
 Principal.....Marc Snaveley
 Phone.....(563)732-2629 x260
 Email.....marcsnaveley@wiltoncsd.org
 Athletic Administrator.....Ryan Hetzler
 Phone.....(563)732-2629 x232
 Email.....ryanhetzler@wiltoncsd.org
 Athletic Secretary.....Jane Kreimeyer
 Phone.....(563)732-2035 x228
 Email.....janekreimeyer@wiltoncsd.org
 Sports Medicine Provider.....Rock Valley
 Golf.....Nick Dohrmann
 Girls Golf.....Jamie Meyer
 Basketball.....Erik Grunder
 Girls Basketball.....Jake Souhrada
 Baseball.....Jake Souhrada
 Girls Softball.....Kortney Denkman
 Wrestling.....Gabe Boorn
 Football.....Ryan Hetzler
 Girls Volleyball.....Brenda Grunder
 Track & Field.....Mark Patterson
 Girls Track & Field.....Jeremy Putman
 Cross Country.....Nick Dohrmann
 Girls Cross Country.....Nick Dohrmann
 Football Cheerleading.....Sara Anderson
 Basketball Cheerleading.....TBD
 Speech Director.....Nicole Miller
 Student Council.....Erik Grunder
 Band Director.....Jakson Cole
 Vocal Director.....Kylie Erickson

WINFIELD-MT. UNION

Street Address: 208 S Olive St
 City: Winfield
 Zip Code: 52659
 Mailing Address: PO Box E
 City: Winfield
 Zip Code: 52659
 Supt. St Address: 208 S Olive St

Supt. City: Winfield
 Supt. Zip: 52659
 County: Henry
 Area Code: 319
 School Phone: 257-7700
 HS Fax: 257-7714
 AD Fax: 257-7714
 Web Site: <https://wmucsd.org/>
 School Colors: Red & White
 Nickname: Wolves
 Conference: SEI Superconference - North
 Superintendent.....Jeff Maeder
 Phone.....(319)257-7700 x101
 Email.....jeff.maeder@wmucsd.org
 Admin Asst.....Brenda Wade
 Phone.....(319)257-7700 x100
 Email.....brenda.wade@wmucsd.org
 Principal.....Dave Edwards
 Phone.....(319)257-7701 x145
 Email.....dave.edwards@wmucsd.org
 Athletic Administrator.....Jill Blake
 Phone.....(319)257-7700 x170
 Email.....jill.blake@wmucsd.org
 Co-AD/Assistant.....Mitch Wachs
 Phone.....(319)257-7700 x155
 Email.....mitch.wachs@wmucsd.org
 Athletic Secretary.....Brenda Wade
 Phone.....(319)257-7700 x100
 Email.....brenda.wade@wmucsd.org
 Sports Medicine Provider.....Emily Salvador (GRMC)
 Golf.....Mitch Wachs
 Girls Golf.....Mitch Wachs
 Basketball.....Klay Edwards
 Girls Basketball.....Mitch Wachs
 Baseball.....Travis Jones, Mark Griffin
 Girls Softball.....Walt Jackson
 Football.....Scott McCarty
 Girls Volleyball.....Dave Pieart
 Girls Track & Field.....Amanda Hemsworth
 Cross Country.....Amanda Hemsworth
 Girls Cross Country.....Amanda Hemsworth
 Speech Director.....Lindsey Pogmore
 Student Council.....Kathy Mullin
 Band Director.....Casey Dirksen
 Vocal Director.....Lindsey Pogmore

WINTERSET

Street Address: 720 Husky Dr
 City: Winterset
 Zip Code: 50273
 Mailing Address: 720 Husky Dr
 City: Winterset
 Zip Code: 50273
 Supt. St Address: 303 Wambold Drive
 Supt. City: Winterset
 Supt. Zip: 50273
 County: Madison
 Area Code: 515
 School Phone: 462-3320
 HS Fax: 462-2178
 AD Fax: 462-2178
 Web Site: <http://www.winterset.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Huskies
 Conference: Raccoon River
 Superintendent.....Justin Gross
 Phone.....(515)462-2718
 Email.....jgross@winterset.k12.ia.us
 Principal.....Kent Abrahamson
 Phone.....(515)462-3320
 Email.....kabrahamson@winterset.k12.ia.us

Asst/Assoc/Vice-Principal.....Jeremy Hilbert
 Phone.....(515)462-3320
 Email.....jhilbert@winterset.k12.ia.us
 Athletic Administrator.....Randy McDonald
 Phone.....(515)462-3320
 Email.....rmcdonald@winterset.k12.ia.us
 Athletic Secretary.....Angie Olson
 Phone.....(515)462-3320
 Email.....aolson@winterset.k12.ia.us
 Sports Medicine Provider.....Amanda (Millenium Therapy)
 Golf.....Brett West
 Girls Golf.....Barry Vogt
 Basketball.....Josh Henry
 Girls Basketball.....Jason Darling
 Baseball.....Travis Nedved
 Girls Softball.....Steve Corkrean
 Wrestling.....Ryan Jensen
 Football.....Zach Sweeney
 Girls Volleyball.....Kalie Schult
 Track & Field.....Jason Darling
 Girls Track & Field.....Doug Messerschmitt
 Cross Country.....Reid Leichty
 Girls Cross Country.....Tim Mohs
 Soccer.....Cody Sullivan
 Girls Soccer.....Seth Woodcock
 Football Cheerleading.....Kobie Alcorn
 Basketball Cheerleading.....Kobie Alcorn
 Wrestling Cheerleading.....Stephanie Walker
 Speech Director.....Meredith McKay
 Student Council.....Jessica Gibbons
 Band Director.....Lucas Peterson
 Vocal Director.....Jon Barrett

WOODBINE

Street Address: 501 Weare St
 City: Woodbine
 Zip Code: 51579
 Mailing Address: 501 Weare St
 City: Woodbine
 Zip Code: 51579
 Supt. St Address: 501 Weare St
 Supt. City: Woodbine
 Supt. Zip: 51579
 County: Harrison
 Area Code: 712
 School Phone: 647-2440
 HS Fax: 647-2824
 AD Fax: 647-2824
 Web Site: <http://www.woodbineschools.com>
 School Colors: Black & Vegas Gold
 Nickname: Tigers
 Conference: Rolling Valley Conference
 Superintendent.....Justin Wagner
 Phone.....(712)647-2440
 Email.....jwagner@woodbine.k12.ia.us
 Principal.....Scott Breyfogle
 Phone.....(712)647-2227
 Email.....sbreyfogle@woodbine.k12.ia.us
 Asst/Assoc/Vice-Principal.....Jill Ridder
 Phone.....(712)647-2440
 Email.....jridder@woodbine.k12.ia.us
 Athletic Administrator.....Scott Breyfogle
 Phone.....(712)647-2440
 Email.....sbreyfogle@woodbine.k12.ia.us
 Athletic Secretary.....Cindy Dickinson
 Phone.....(712)647-2440
 Email.....cdickinson@woodbine.k12.ia.us
 Golf.....Tim Marshall
 Girls Golf.....Tim Marshall
 Basketball.....Kyle Bartels
 Girls Basketball.....Ryan Coenen
 Baseball.....Jason Bendgen

Girls Softball.....Greg Kolpin
 Wrestling.....Dalton Peterson
 Football.....Dustin Crook
 Girls Volleyball.....Beth Peterson
 Track & Field.....Ryan Coenen
 Girls Track & Field.....Kyle Bartels
 Cross Country.....Rod Smith
 Girls Cross Country.....Rod Smith
 Football Cheerleading.....Kylie Lenz
 Basketball Cheerleading.....Kylie Lenz
 Wrestling Cheerleading.....Marissa Bruck
 Speech Director.....Michelle Drenth
 Student Council.....Teresa Smith
 Band Director.....Andrea King
 Vocal Director.....Andrea Feller

WOODBURY CENTRAL, MOVILLE

Street Address: 408 S 4th St
 City: Merville
 Zip Code: 51039
 Mailing Address: 408 S 4th St
 City: Merville
 Zip Code: 51039
 Supt. St Address: 408 S 4th St
 Supt. City: Merville
 Supt. Zip: 51039
 County: Woodbury
 Area Code: 712
 School Phone: 873-3128
 HS Fax: 873-3162
 AD Fax: 873-3162
 Web Site: <http://www.woodbury-central.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Wildcats
 Conference: Western Valley
 Superintendent.....Doug Glackin
 Phone.....(712)873-3128 x104
 Email.....dglackin@wcwildcats.org
 Principal.....Dan Bormann
 Phone.....(712)873-3128 x106
 Email.....dbormann@wcwildcats.org
 Athletic Administrator.....Mary Schultz
 Phone.....(712)873-3128 x219
 Email.....mschultz@wcwildcats.org
 Athletic Secretary.....Becky Schultzen
 Phone.....(712)873-3128 x102
 Email.....bschultzen@wcwildcats.org
 Sports Medicine Provider.....CNOS
 Golf.....Blake Stratton
 Girls Golf.....Sam Forrer
 Basketball.....Josh Wilkerson
 Girls Basketball.....Matthew Jenness
 Baseball.....Andy Compton
 Girls Softball.....Kati Steffen
 Wrestling.....Jake Thomas
 Football.....Kurt Bremer
 Girls Volleyball.....Kati Steffen
 Track & Field.....Karl Bahrke, Scott Bahrke
 Cross Country.....Dan Bormann, Dean Harpenau
 Girls Cross Country.....Dan Bormann, Dean Harpenau
 Football Cheerleading.....Shawna Dennison
 Basketball Cheerleading.....Angel Rocha
 Wrestling Cheerleading.....Emily Thomas
 Speech Director.....Denise Heiman
 Student Council.....Erin Reinders
 Band Director.....Noah Hickman
 Vocal Director.....Heather Rollison

WOODWARD ACADEMY

Street Address: 1251 334th St
 City: Woodward
 Zip Code: 50276

Mailing Address: 1251 334th St
 City: Woodward
 Zip Code: 50276
 Supt. St Address: 1251 334th St
 Supt. City: Woodward
 Supt. Zip: 50276
 County: Boone
 Area Code: 515
 School Phone: 438-3481
 HS Fax: 438-3479
 AD Fax: 438-3489
 Web Site: <http://www.wacademy.com>
 School Colors: Navy & White
 Nickname: Knights
 Conference: West Central Activities Conference
 Superintendent.....Shawn Hollenkamp
 Phone.....(515)438-3488 x488
 Email.....shawn.hollenkamp@sequelyouthservices.com
 Executive Coordinator.....Shawn Hollenkamp
 Phone.....(515)438-3488
 Email.....shawn.hollenkamp@sequelyouthservices.com
 Principal.....Jamie Sherley
 Phone.....(515)438-3647
 Email.....jamie.sherley@sequelyouthservices.com
 Asst/Assoc/Vice-Principal.....Lisa Braddock
 Email.....lisa.braddock@sequelyouthservices.com
 Asst/Assoc/Vice-Principal.....Anna Lehocz
 Email.....anna.lehocz@sequelyouthservices.com
 Asst/Assoc/Vice-Principal.....Mark Moses
 Email.....mark.moses@sequelyouthservices.com
 Athletic Administrator.....Lorenzo White
 Phone.....(515)438-3665
 Email.....lorenzo.white@sequelyouthservices.com
 Co-AD/Assistant.....Jamie Sherley
 Email.....jamie.sherley@sequelyouthservices.com
 Basketball.....Dustin Sperling
 Baseball.....Carl Fenceroy
 Football.....Lorenzo White / Austin Gibbs
 Track & Field.....Matt Ruiz
 Girls Track & Field.....Joshua Pauley
 Cross Country.....Taylor Smith
 Girls Cross Country.....Josh Pauley / Taylor Smith
 Football Cheerleading.....Amber Krueger
 Basketball Cheerleading.....Amber Krueger

WOODWARD-GRANGER

Street Address: 306 W 3rd St
 City: Woodward
 Zip Code: 50276
 Mailing Address: 306 W 3rd St
 City: Woodward
 Zip Code: 50276
 Supt. St Address: 1904 State St
 Supt. City: Granger
 Supt. Zip: 50109
 County: Dallas
 Area Code: 515
 School Phone: 438-2115
 HS Fax: 438-2497
 AD Fax: 438-4329
 Web Site: <https://www.wghawks.school>
 School Colors: Forrest Green & Vegas Gold
 Nickname: Hawks
 Conference: West Central
 Superintendent.....Matt Adams
 Phone.....(515)999-8022
 Email.....mattadams@wghawks.school
 Principal.....Robert Boley
 Phone.....(515)438-2115
 Email.....robertboley@wghawks.school

Asst/Assoc/Vice-Principal.....Jake Mohling
 Phone.....(515)438-4263
 Email.....jakemohling@wghawks.school
 Asst/Assoc/Vice-Principal.....Matt Brummond
 Phone.....(515)999-2357
 Email.....mattbrummond@wghawks.school
 Asst/Assoc/Vice-Principal.....Bekka Maass
 Phone.....(515)438-3240
 Email.....rebeekamaass@wghawks.school
 Athletic Administrator.....Matt Eichhorn, CAA
 Phone.....(515)999-8154
 Email.....matteichhorn@wghawks.school
 Athletic Secretary.....Kathy Walton
 Phone.....(515)438-4263
 Email.....kathywalton@wghawks.school
 Sports Medicine Provider.....Brooke Dirks (Athletico)
 Golf.....David Combs
 Girls Golf.....David Combs
 Basketball.....Brent Achenbach
 Girls Basketball.....Gary Dresback
 Baseball.....Eric Evans
 Girls Softball.....Jessica Wyant
 Wrestling.....Dave Smeltzer
 Football.....George Ashman
 Girls Volleyball.....Virginia Polich
 Track & Field.....George Ashman
 Girls Track & Field.....Andrew Hopper
 Cross Country.....Dave Smeltzer
 Girls Cross Country.....Dave Smeltzer
 Football Cheerleading.....Gwendolyn Martin
 Basketball Cheerleading.....Gwendolyn Martin
 Wrestling Cheerleading.....Brande Milosevich
 Speech Director.....Jennifer McDaniel
 Student Council.....TBD
 Band Director.....Bryan Willer
 Vocal Director.....Jacie Ommen

XAVIER, CEDAR RAPIDS
 Street Address: 6300 42nd St NE
 City: Cedar Rapids
 Zip Code: 52411
 Mailing Address: 6300 42nd St NE
 City: Cedar Rapids
 Zip Code: 52411
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Linn
 Area Code: 319
 School Phone: 294-6635
 HS Fax: 294-6712
 AD Fax: 294-6636
 Web Site: <http://www.xaviersaints.org>
 School Colors: Navy Blue & Silver
 Nickname: Saints
 Conference: Mississippi Valley
 Superintendent.....Kim Hermesen
 Phone.....(319)566-2580
 Email.....dbqsup@dbqarch.org
 Executive Coordinator.....Chris McCarville
 Phone.....(319)294-6635 x305
 Email.....chris.mccarville@xaviersaints.org
 Principal.....Angela Olson
 Phone.....(319)294-6635 x304
 Email.....angela.olson@xaviersaints.org
 Asst/Assoc/Vice-Principal.....Matt Svare
 Phone.....(319)294-6635 x303
 Email.....matt.svare@xaviersaints.org
 Athletic Administrator.....Adam McDonnell
 Phone.....(319)294-6635 x306
 Email.....adam.mcdonnell@xaviersaints.org
 Athletic Secretary.....Pam Barta
 Phone.....(319)294-6635 x302
 Email.....pam.barta@xaviersaints.org

Sports Medicine Provider.....Misti Thompson, LAT
 (Rock Valley Physical Therapy)
 Tennis.....Jim Potts
 Girls Tennis.....Matt Foxhoven
 Golf.....Tim O'Brien
 Girls Golf.....Julie Kadlec
 Basketball.....Mike Freeman
 Girls Basketball.....Tom Lilly
 Baseball.....Dan Halter
 Girls Softball.....Nikki Gahring
 Wrestling.....Ryan Chambers
 Football.....Duane Schulte
 Girls Volleyball.....Austin Filer
 Track & Field.....Russ Camacho
 Girls Track & Field.....Bryan Jones
 Cross Country.....Nathan Hopp
 Girls Cross Country.....Bryan Jones
 Soccer.....Amir Hadzic
 Girls Soccer.....Chris Higgins
 Bowling.....Russ Camacho
 Girls Bowling.....Russ Camacho
 Football Cheerleading.....Erica Rheinschmidt
 Basketball Cheerleading.....Erica Rheinschmidt
 Wrestling Cheerleading.....Piper Kesselring
 Speech Director.....Scott Davidson
 Student Council.....Darrin Ellsworth
 Band Director.....Kelli Swehla
 Vocal Director.....Phil Schroetter

FREQUENTLY CALLED NUMBERS

Name _____

Address _____

Phone _____

Name _____

Address _____

Phone _____

Name _____

Address _____

Phone _____

Name _____

Address _____

Phone _____