

2020 Football COVID-19 Guidelines



STOP! DO NOT ATTEND OR PARTICIPATE IF:

- You are feeling sick
- You have a sick family member at home
- Your temperature is 100.4 or above



Ensure participants practice social distancing as much as possible.



Participants should bring their own water. Hydration stations should be sanitized or have assigned personnel.



Football should be cleaned and sanitized throughout practice and competition.



Any shared equipment should be sanitized before and after each practice or competition.



Officials' timeouts will be every 4 minutes of game time for proper sanitizing and hydrating of all participants.



All student-athletes and coaches should be washing and/or sanitizing their hands frequently.

ADDITIONAL INFORMATION

- Contact public health if a positive case or exposure to COVID-19 is reported.
- Coaches should be knowledgeable of their students with pre-existing health conditions and work with school personnel and other health officials to take precautions as needed.

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