

January 22, 2020

Wrestling coaches,

Just a few quick reminders for you on this snowy Wednesday afternoon...

- Submit your Dual Team Rankings by noon on Friday  
- <https://apps.iahsaa.org/secure/wrrankings.php>
- Another reminder to check the Seed Criteria for any current wrestlers on your team who were state qualifiers and/or place winners from the 2019 State Tournament. Go to your Roster page, click on the name of the wrestler, click on Seed Criteria link, check for accuracy of 2018-19 State Qualifier and 2018-19 State Placewinner information. If it is not showing up accurately, contact me by email with the correct name, team, weight, and qualifier/placewinner information.
- Additional coaches' wristbands for state tournament need to be ordered by Feb. 10. Order form is attached. (Purchase orders along with order form will be accepted, if a check can't be approved and written in time. Contact Chelsea Clark [cclark@iahsaa.org](mailto:cclark@iahsaa.org) with questions)
- State tournament weigh-ins on Saturday have had to be held on the Wells Fargo Arena floor the past 4 years due to Baconfest taking place at HyVee Hall. This year Baconfest has moved out and we will be able to have all of our weigh-in in HyVee Hall rooms 101-103.
- Keep an eye out for TrackWrestling emails being sent this Friday (Class 1A and 2A sectionals) and next Friday, Jan. 31 (all classes for districts). The email will give you directions regarding entries for those events.
- Postseason manuals will get posted on our website later this week. Refer to those manuals, as they may contain answers to questions you might have.
- Be sure to keep a close eye on any suspected skin conditions as the season gets closer to the end. Be proactive by holding kids out, getting them appropriate care, etc. Don't put other kids at risk in order to wrestle a match! Get the problem treated so that all wrestlers are as safe as possible regarding skin conditions. Clean mats and other surfaces with great regularity.
- Weight allowance questions continue to pour in. Consecutive day allowance is for back-to-back days where kids weigh-in or when school is cancelled or let out early. Examples below (these do not include the possible 2-pound growth allowance).

\* Tuesday dual meet, no school on Wednesday, Thursday dual meet - that is a 2-pound scale allowance on Thursday

\* Team A has a dual meet on Thursday and is in a Friday/Saturday tournament - that's a 1-pound allowance on Friday and a 2-pound allowance on Saturday

- \* Team A has no school on Wednesday, then a dual meet on Thursday and is in a Friday/Saturday tournament - that's a 1-pound allowance on Thursday and a 2-pound allowance on Friday and Saturday (be sure to communicate with the host school's A.D.)
- \* A Saturday tournament gets postponed due to weather. The rescheduled date is on Monday. There is no weight allowance for rescheduling on Mondays!

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