

2020 IHSAA
CROSS COUNTRY
Stat Book



***INCLUDES TEAM & INDIVIDUAL CHAMPIONS,
RUNNERS-UP & MEET RECORDS
THROUGH THE 2019 STATE CHAMPIONSHIPS***

Update: December 16, 2019

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Notice to Coaches, Media & the Public: This fall the IHSAA celebrated its 90th year of administering a State Cross Country Championship. Not counted in the first 88 years are the eight meets from 1922 through 1929 that were a “open” invitational administered by and held at the University of Iowa. The IHSAA State Championship is one of the nation’s longest continuous running state championship meet. This book, in part, pays tribute to the athletes, coaches and schools who have figured so prominently in that history.

IHSAA MISSION & PURPOSE

MISSION

“The Iowa High School Athletic Association serves its member schools and students by providing leadership and support for education based interscholastic athletics that enrich the educational experience of the student athlete.”

PURPOSE

“To promote, develop, direct, protect, and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools and communities throughout the state.”

STATE CROSS COUNTRY MEET HAS A RICH HISTORY

Time Line

- 1922 University of Iowa hosts high school invitational meet inviting teams from surrounding states
- 1930 IHSAA conducts its own State Meet – it was an invitational meet; schools charged 25 cents per runner.
Teams could enter up to 4 athletes but only their top 3 were scored, Race distance was 1.9 miles.
- 1936 With growth and interest starting, the meet is divided into two classes based on enrollment
- 1937 State Meet conducted in three classes; teams could enter 3, 4, or 5 runners and counting their top 3 counting team scoring
- 1946 Teams could enter 4 or 5 runners with their top 3 counting in team scoring
- 1947 Excessive rain caused fewer teams and changed State Meet to individuals only – no team champions
- 1948 Four class meet begins
- 1951 Race distance is 1.8 miles
- 1957 Five class meet begins
- 1964 With increasing interest, the meet moves to six classes
- 1967 Race distance is increased to 2.0 miles
- 1969 Meet expands to a record seven classes
- 1970 Teams can run up to 5 runners with their top 4 counting toward the team's total
- 1976 District qualifying meets for the State begin for teams and individuals; four classes contested
- 1979 Inaugural Joint State Meet held with the Iowa Girls High School Athletic Union at Veenker Golf Course on the campus of Iowa State University.
- 1981 District and State Meets return to 3 classes for boys and girls; State Meet attracts over 6,000 fans
- 1987 Race distance moves to 5,000 meters
- 1988 Teams allowed to enter 5, 6 or 7 athletes with their top 5 finishers being scored for team honors
- 1993 Joint State Meet moved to Lakeside Golf Course in Kennedy Park north of Fort Dodge
- 2003 Four-class State Qualifying Meets inaugurated with 15 teams in each class qualifying for the State Meet
- 2007 Displaced team scoring started for State Qualifying and State Meets
- 2011 First in the nation Wheelchair competition added
Trophies awarded to top three teams in each class
- 2014 85th year for IHSAA Cross Country State Meet; 49th for the IGHSAU – both among the “oldest” in the US
Medal winners in each class increased to 15

Cross Country has enjoyed a prominent place in the history of the IHSAA. From a meager growth of 25-30 schools participating in an invitational state meet run by the University of Iowa from 1922-29. In the decades that followed steady interest and growth occurred.

From the early years through 1975 schools could enter the IHSAA State Meet by simply registering a team or an athlete by paying a fee (usually 25 cents per runner, maximum of \$1.50 per team). In 1966 the fee was dropped and schools only had to register in advance. In 1976, the IHSAA created a District Meet (now called State Qualifying Meet) format for schools to qualify teams and individuals to the State Championships.

It is a sport that has multiple measures of success – the stopwatch; weekly, season and personal improvement to name a few. The measures are valid for individuals and teams. It takes hard work and discipline to climb the ladder of success and because all on the team for the most part go through the same regime, it is a bonding sport that brings out the best in competitors. They won't all be champions or maybe varsity runners but they will personify a human characteristic that sometimes is lacking in society and that is contributing to a common cause.

SIGNIFICANT CHANGES

From stop watches and judges picking place performances to television monitoring (1979) for place disputes and computer chip timing and scoring in 2004, the State Meet now functions with few delays. Individual results and team scoring are posted to the IHSAA and IGHSAU websites minutes after the race is declared official. Displaced scoring for teams was started with the 2007 season replacing the traditional order of finish points of all runners.

The length of the individual race has varied over the years. The University of Iowa meets, 1922-29 and the first five IHSAA Championships, 1930-1934, were each 2 miles in length. From 1935 through 1950, the distance was 1.9 miles and from 1951 through 1966 the distance was 1.8 miles. In 1967, the two-mile course was set and it stayed at that length through 1986. Starting with the 1987 season and continuing to present day, the distance of the race has been 5,000 meters. Similarly, the girls had changes, with early meets - 1965 being 1.25 miles, increasing

to 1.8 in 1967 and 2 miles in 1970. In 2002 the distance was extended to 4,000 meters, and in 2015 they joined the boys at 5,000 meters.

STATE MEET VENUES

Several golf courses around the state as well as specialized cross country courses are used by the state's teams. Since facilities vary in terms of layout, the IHSAA does not keep a state record list of times, but does keep a list of the top times run in state competitions.

In the previous 86-year history of the State Meet, 22 member schools have hosted the event. Some of the challenging courses that included several hills were Waveland Golf Course in Des Moines; Marshalltown Legion Golf Course; and the "south" course at Veenker Golf Course in Ames.

Iowa schools and communities who have hosted the State Meet follow:

1930-40	University of Iowa, campus course
1941-42	Drake University, Waveland Golf Course
1943-49	University of Iowa, campus course
1950-59	Ames, Veenker Golf Course, "South Course"
1960	University of Iowa, South Finkbine Golf Course
1961-64	Drake University, Waveland Golf Course
1965-66	Des Moines, East, Grandview Golf Course
1967-72	Marshalltown, American Legion Golf Course
1973	Grinnell College, campus course
1974	Ames, Veenker Golf Course
1975	Cedar Falls, Pheasant Ridge Golf Course
1976	Waterloo, South Hills Golf Course
1977-78	Cedar Rapids, Noelridge Park
1979-1992	Ames, Veenker Golf Course, "North Course"
1993-present	Fort Dodge, Lakeside Golf Course, Kennedy Park

THE NUMBERS

Nearly 500 boys including 15 teams in each of four classes (and similar numbers for girls) now strive to become "The Legends of the Fall." Athletes from nearly 73 percent of the state's schools qualify for the Coed State Meet, complete with medal ceremonies. It has attracted over 6,000 fans since the early 1980s. It is generally considered the largest of its kind in America in terms of the number of competitors and fans.

Notable Boys' Teams, Individuals, Coaches

Because of the distances involved the sport generates a special breed of athlete. It is lonely work sometimes and the rewards are, for the most part, internal. Only one runner in the history of the sport – Mark Johnson of Mason City has won four State Titles (1969-72).

Eight other athletes won the State Meet three times and 45 won twice. To repeat is an honor worth savoring. The three-time State Champions follow and are listed chronologically.

Three-time champions: 1938-40 Ray (Berl) Edmundson, Thornburg; 1950-52 Garold Ryan, Underwood; 1954-56 Homer Lattimer, LeClaire; 1955-57 Deryl King, West Des Moines; 1957-59 John Raveling, Saydel; 1965-67 Doug Smith, Sioux City Central; 1967-69 Rick Rourke, Villisca; and 2005-07 Isaac Wendland, Charles City.

Fifteen schools led by Decorah's 15 championships have captured five or more team titles. Marion follows with 10, while Iowa City, City High has nine. Two schools with eight championships are now closed – Iowa City University High and Sioux City Central. Regina, Iowa City has won eight titles, all since 1993.

A total of 172 coaches have directed teams to State Championships with six of the top seven leaders being deceased or retired. The late Marion Coach Les Hipple direct nine teams to titles, while Waukon's Harlan Heidelbauer and Decorah's George Kjome each coached seven. Cascade's Robert Davidshofer has six and is only active coach among the top seven.

Since 1980, the IHSAA has printed this State Meet Stat Book for Cross Country. It is available each year on line by going to the IHSAA web site (www.iahsaa.org) and clicking on cross country and scrolling to the current Stat Book.

TEAM CHAMPIONS - YEAR-BY-YEAR

Year	Champion	Places	Pts
1922	Cedar Rapids	5-7-8	20
1923	Iowa City	2-3-5	10
1924	Shellsburg	3-?-?	21
1925	(tie) Dubuque	3-?-?	28
	Fort Madison	4-?-?	28
1926	Fort Madison	5-6-16	27
1927	Iowa City, University High	5-6-16	27
1928	Keokuk	1-4-11	16
1929	Muscatine.....	1-4-9	14

State Championships Conducted Under the Auspices of the IHSAA Started in 1930

1930		Muscatine.....	T-1-2-14	17
1931		Ottumwa.....	4-6-13	23
1932		Ottumwa.....	2-6-7	15
1933		Ottumwa.....	2-13-18	33
1934		Muscatine.....	3-4-5	12
1935		Oskaloosa	2-3-4	9
1936	A	Oskaloosa	2-5-9	16
	B	Iowa City, University High	4-18-21	43
1937	A	Des Moines, East.....	1-5-12	18
	B	Iowa City, University High	2-4-8	14
	C	Clarence.....	2-3-9	14
1938	A	Oskaloosa	2-5-11	18
	B	Iowa City, University High	4-5-11	20
	C	Thornburg	1-5-10	16
1939	A	Knoxville.....	1-2-9	12
	B	Williamsburg	5-15-16	36
	C	Martinsburg	2-25-27	54
1940	A	Ottumwa.....	3-5-6	14
	B	Iowa City, University High	1-2-4	7
	C	LeClaire.....	2-3-4	9
1941	A	Des Moines, East.....	3-4-5	12
	B	Iowa City, University High	1-2-6	9
	C	Minburn*.....	3-5-7	15
<i>Note: Classes B & C ran together and were scored together; University High was 1-2-4 among Class B; Minburn placed 1-2-3 among Class C</i>				
1942	A	Des Moines, East.....	1-4-5	10
	B	Iowa City, University High	1-2-4	7
1943	A	Des Moines, East.....	1-2-3	6
	B	Iowa City, University High	2-3-5	10
	C	Mechanicsville.....	1-2-3	6
1944	A	Des Moines, North	3-5-6	14
	B	Iowa City, University High	1-2-3	6
	C	Mechanicsville.....	1-3-4	8

1945	A	Des Moines, North	4-5-7	16
	B	Marion	2-3-4	9
	C	Mechanicsville.....	1-2-3	6
1946	A	Des Moines, North	3-5-15	23
	B	Marion	1-2-5	8
	C	Mechanicsville.....	2-3-4	9
1947	Due to weather – One combined Individual Race was run but no team scoring was kept			
1948	AA	Council Bluffs, Abraham Lincoln.....	1-3-5	9
	A	Cedar Rapids, Roosevelt.....	1-2-5	8
	B	Marion	2-3-5	10
	C	Napier	2-3-4	9
1949	AA	Des Moines, East.....	1-3-5	9
	B	Marion	1-2-3	6
	C	Ollie.....	1-2-4	7
1950	AA	Des Moines, North	3-6-7	16
	A	Des Moines, Tech	1-3-7	11
	B	(Tie) Monroe	1-3-10	14
		and Marion	2-4-8	14
C	Fremont.....	3-4-5	12	
1951	AA	Davenport	6-7-8	21
	A	(Tie) Cedar Rapids, Roosevelt	3-4-5	12
		and Charles City	1-2-9	12
	B	Marion	2-5-9	16
C	Stanley	1-4-8	13	
1952	AA	Des Moines, North	1-3-8	12
	A	Marion	1-4-5	10
	B	Eldora.....	1-2-4	7
	C	Underwood.....	1-4-8	13
1953	AA	Des Moines, North	1-6-10	17
	A	Marion	1-3-5	9
	B	Eldora.....	1-2-3	6
	C	Underwood.....	1-2-8	11
1954	AA	Des Moines, Tech	2-8-11	21
	A	Marion	1-3-6	10
	B	Eldora.....	2-3-5	10
	C	Underwood.....	2-3-6	11
1955	AA	Des Moines, Tech	1-9-15	25
	A	Valley, West Des Moines.....	1-3-5	9
	B	LeClaire.....	1-3-4	8
	C	Elliott	5-8-10	23
1956	AA	Des Moines, Tech	7-8-10	25
	A	Clarinda.....	2-3-4	9
	B	LeClaire.....	1-2-4	7
	C	Sheffield	1-5-9	15
1957	AAA	Sioux City, Central	1-5-6	12
	AA	Oskaloosa	1-6-7	14
	A	Decorah	2-3-10	15
	B	Saydel	1-9-12	22
	C	Menlo	1-5-8	14

1958	AAA	Sioux City, Central	2-3-16	21
	AA	Decorah	1-2-8	11
	A	Marion	3-6-11	20
	B	Sheffield	3-4-7	14
	C	LuVerne	3-6-7	16
1959	AAA	Des Moines, Tech	2-3-6	11
	AA	Decorah	1-5-9	15
	A	South Page, College Springs.....	3-8-11	22
	B	Underwood.....	1-6-10	17
	C	LuVerne	1-2-5	8
1960	AAA	Des Moines, Tech	2-5-6	13
	AA	Marshalltown	3-5-11	19
	A	Winterset.....	1-4-7	12
	B	South Page, College Springs.....	1-6-11	18
	C	LuVerne	1-2-9	12
1961	AAA	Sioux City, Central	1-2-7	10
	AA	Marshalltown	1-3-5	9
	A	West Sioux, Hawarden	1-2-3	6
	B	Odebolt-Arthur	3-7-10	20
	C	Klemme.....	1-2-3	6
1962	AAA	Des Moines, Tech	1-3-4	8
	AA	Valley, West Des Moines.....	1-4-10	15
	A	Clarinda.....	2-8-12	22
	B	(Tie) Odebolt-Arthur	3-6-18	27
	C	and Sheffield-Chapin	7-8-12	27
		LuVerne	1-4-7	12
1963	AAA	Sioux City, Central	1-7-8	16
	AA	Grinnell-Newburg	8-10-16	34
	A	Clarinda.....	2-3-5	10
	B	Anita	2-5-8	15
	C	Sheffield-Chapin	3-4-7	14
1964	AAAA	Sioux City, Central	1-2-3	6
	AAA	Marshalltown	1-4-5	10
	AA	Decorah	5-9-13	27
	A	Odebolt-Arthur	2-4-10	16
	B	Anita	1-2-12	15
	C	Miles.....	2-6-12	20
1965	AAAA	Sioux City, Central	1-2-3	6
	AAA	Marshalltown	1-2-3	6
	AA	Red Oak.....	1-8-13	22
	A	Aquin, Cascade.....	3-10-16	29
	B	Madrid	1-6-12	19
	C	Charles City, Immaculate Conception	1-9-11	21
1966	AAAA	Sioux City, Central	1-2-3	6
	AAA	Marshalltown	1-4-12	17
	AA	(tie) Red Oak.....	4-7-13	24
		and Decorah	5-9-10	24
	A	Aquin, Cascade.....	1-4-14	19
	B	Farragut	1-12-19	32
C	Lincoln Central, Gruver	2-8-20	30	
1967	AAAA	Sioux City, Central	1-3-4	8
	AAA	Ames.....	2-3-10	15
	AA	Red Oak.....	1-2-4	7
	A	Decorah	2-4-26	32

	B	Pekin, Packwood	2-7-8	17
	C	(tie) North Winneshiek, Decorah.....	6-10-14	30
		and Cedar Valley, Somers.....	7-11-12	30
1968	AAAA	Des Moines, Lincoln.....	4-5-20	29
	AAA	Ames.....	2-3-6	11
	AA	Urbandale	1-3-9	13
	A	Decorah	1-2-5	8
	B	Pekin, Packwood	4-8-10	22
	C	Miles.....	1-3-6	10
1969	AAAA	Cedar Falls.....	4-9-26	39
	AAA	Columbus Catholic, Waterloo	1-3-12	16
	AA	Ankeny.....	2-6-11	19
	A	Chariton	6-7-18	31
	B	Central Lyon, Rock Rapids	3-7-9	19
	C	Beaman-Conrad.....	2-3-13	18
	D	Miles.....	2-3-12	17
1970	AAAA	Waterloo, West	3-7-8-28	46
	AAA	Des Moines, Hoover	3-9-10-15	37
	AA	Urbandale	5-8-9-11	33
	A	Osage	9-14-15-32	70
	B	Aquinas, Fort Madison.....	1-8-11-13	33
	C	BGM, Brooklyn.....	4-6-16-20	46
	D	Garnavillo.....	9-11-15-17	52
1971	AAAA	Davenport, Central.....	2-15-21-24	62
	AAA	Columbus Catholic, Waterloo	1-3-9-10	23
	AA	Indianola	6-9-10-14	39
	A	Sheldon.....	2-5-12-36	55
	B	Aquinas, Fort Madison.....	2-5-12-14	33
	C	Johnston	6-7-14-15	42
	D	Notre Dame, Cresco	6-8-9-14	37
1972	AAAA	Mason City.....	1-5-6-8	20
	AAA	Columbus Catholic, Waterloo	1-3-5-7	16
	AA	Indianola	1-2-9-10	22
	A	Decorah	4-9-12-16	41
	B	Johnston	7-8-10-31	56
	C	Tri-County, Thornburg	8-11-18-22	59
	D	Garnavillo.....	5-7-8-16	36
1973	AAAA	Mason City.....	7-11-13-23	54
	AAA	Ames.....	1-6-14-24	45
	AA	Lewis Central	1-7-13-17	38
	A	Western Christian, Hull.....	6-9-12-13	40
	B	Johnston	2-4-6-20	32
	C	Milford	10-16-19-21	66
	D	(Tie) Garnavillo	4-12-23-36	75
		and Dike.....	15-16-18-26	75
1974	AAAA	Marshalltown.....	5-6-12-25	48
	AAA	Dowling Catholic, West Des Moines.....	4-9-10-16	39
	AA	Assumption, Davenport	2-3-24-27	56
	A	Decorah	3-11-12-32	58
	B	Shenandoah.....	2-7-13-24	46
	C	Dike.....	9-13-14-24	60
	D	Sanborn	4-5-13-40	62
1975	AAAA	Marshalltown.....	2-4-11-38	55
	AAA	Ames.....	2-3-8-20	33
	AA	Waverly-Shell Rock.....	5-9-10-13	37

	A	Shenandoah.....	1-7-14-21	43
	B	Tipton	1-2-8-15	26
	C	Aquin, Cascade.....	2-10-34-40	86
	D	Odebolt-Arthur	6-11-12-34	63
1976	AA	Clinton.....	4-5-22-29	60
	A	Decorah	8-10-16-19	53
	B	Unity Christian, Orange City	5-6-9-24	44
	C	Bancroft, St. John's.....	1-3-6-11	21
1977	AA	Des Moines, Hoover	1-15-16-36	68
	A	Decorah	2-8-23-34	67
	B	Unity Christian, Orange City	3-4-12-20	39
	C	Bancroft, St. John's.....	3-4-9-25	41
1978	AA	Muscatine.....	6-7-12-15	40
	A	Decorah	6-11-19-20	56
	B	Aquinas, Fort Madison.....	8-12-13-14	47
	C	Garnavillo.....	7-12-13-19	51
Joint IHSA-IGSAU State Championships Started in 1979				
1979	AA	Clinton.....	2-8-14-24	48
	A	Centerville	19-25-27-32	103
	B	Newman Catholic, Mason City.....	2-8-16-20	46
	C	Aquinas, Fort Madison	3-5-6-25	39
1980	AA	Waverly-Shell Rock.....	8-12-23-51	94
	A	Knoxville.....	4-8-18-33	63
	B	Kee, Lansing	3-4-5-19	31
	C	Cardinal Stritch, Keokuk	2-4-15-41	62
1981	3A	Clinton.....	1-21-27-39	88
	2A	Sheldon.....	1-4-19-28	52
	1A	Kee, Lansing	1-2-17-25	45
1982	3A	Clinton.....	3-7-11-24	45
	2A	Western Christian, Hull	1-5-15-48	69
	1A	Kee, Lansing	4-12-14-22	52
1983	3A	Ames.....	4-9-16-19	48
	2A	Cascade.....	5-12-14-58	89
	1A	Unity Christian, Orange City	13-16-22-24	75
1984	3A	Clinton.....	4-13-15-16	48
	2A	Eagle Grove.....	6-20-26-43	95
	1A	Northern University High, Cedar Falls	1-7-17-35	60
1985	3A	Dowling Catholic, West Des Moines.....	3-8-15-36	62
	2A	Cascade.....	3-13-20-25	61
	1A	Northern University High, Cedar Falls	3-7-40-48	98
1986	3A	Clinton.....	1-10-16-19	46
	2A	Cascade.....	9-10-14-18	51
	1A	Woodbine.....	6-17-18-40	81
1987	3A	Dubuque, Senior.....	13-14-16-21	64
	2A	Eagle Grove.....	10-11-12-13	46
	1A	Woodbine.....	5-9-22-31	62
1988	3A	Iowa City, West.....	4-16-28-33-34	115
	2A	Shenandoah.....	1-17-20-21-33	92
	1A	Kee, Lansing	10-16-17-19-25	87

1989	3A	Ames.....	4-6-10-27-53	100
	2A	Shenandoah.....	3-6-7-9-26	51
	1A	Kee, Lansing.....	3-12-15-16-19	65
1990	3A	Muscatine.....	1-7-22-27-40	97
	2A	Decorah.....	2-3-6-18-28	57
	1A	Jesup.....	8-11-14-27-36	96
1991	3A	Iowa City, City High.....	5-8-16-18-37	84
	2A	Shenandoah.....	4-7-11-20-31	73
	1A	Williamsburg.....	13-16-19-22-32	102
1992	3A	Iowa City, City High.....	3-9-12-16-33	73
	2A	Decorah.....	1-7-8-32-36	84
	1A	St. Albert, Council Bluffs.....	2-8-12-14-20	56
1993	3A	Iowa City, City High.....	5-6-9-12-13	45
	2A	Waukon.....	4-5-14-17-19	59
	1A	Regina, Iowa City.....	2-3-6-25-36	72
1994	3A	Iowa City, City High.....	7-12-21-23-24	87
	2A	Humboldt.....	2-3-6-38-44	93
	1A	Denver.....	1-2-9-26-29	67
1995	3A	Dubuque, Senior.....	1-2-3-20-28	54
	2A	Waukon.....	2-4-12-17-20	55
	1A	Iowa Mennonite School, Kalona.....	9-13-20-22-31	95
1996	3A	Iowa City, City High.....	4-11-12-18-25 70	
	2A	Waukon.....	2-3-5-9-10	29
	1A	Calamus-Wheatland.....	1-8-26-34-39	108
1997	3A	Iowa City, City High.....	11-16-19-20-23	89
	2A	Waukon.....	6-9-14-17-28	74
	1A	Regina, Iowa City.....	3-5-11-13-16	48
1998	3A	Dubuque, Senior.....	11-15-16-18-33	93
	2A	Waukon.....	3-10-14-32-39	98
	1A	Regina, Iowa City.....	8-10-21-23-36	98
1999	3A	Iowa City, City.....	11-12-13-15-18	69
	2A	Waukon.....	7-14-24-39-40	124
	1A	West Sioux, Hawarden.....	4-12-17-18-41	92
2000	3A	Iowa City, City.....	7-15-19-23-26	90
	2A	Central Clinton, DeWitt.....	4-10-15-19-21	69
	1A	Wapsie Valley, Fairbank.....	12-14-19-26-36	107
2001	3A	Des Moines, Roosevelt.....	2-5-14-34-47	102
	2A	Central Clinton, DeWitt.....	4-8-11-41-47	111
	1A	Bennett-Durant.....	18-21-22-24-26	111
2002	3A	Des Moines, Roosevelt.....	4-6-7-13-21	51
	2A	Waukon.....	3-4-11-28-78	124
	1A	Nodaway Valley.....	13-16-26-31-38	124
2003	4A	Des Moines, Roosevelt.....	1-2-4-16-22	45
	3A	Wahlert, Dubuque.....	11-30-31-33-38	143
	2A	Western Christian, Hull.....	4-13-20-22-26	85
	1A	Regina, Iowa City.....	19-20-32-36-47	154

2004	4A	Cedar Falls.....	8-9-10-31-33	91
	3A	Wahlert, Dubuque.....	1-10-19-20-22	72
	2A	Regina, Iowa City.....	12-27-28-33-36	136
	1A	Wapsie Valley, Fairbank.....	12-24-32-36-76	180
2005	4A	Cedar Falls.....	6-8-12-34-39	99
	3A	Mount Vernon-Lisbon.....	8-10-17-24-25	84
	2A	Western Christian, Hull.....	2-20-25-54-78	179
	1A	Wapsie Valley, Fairbank.....	10-11-15-20-48	104
2006	4A	Pleasant Valley.....	2-7-15-18-32	74
	3A	Xavier, Cedar Rapids.....	3-11-15-17-67	113
	2A	South Winneshiek, Calmar.....	14-34-48-51-56	203
	1A	Regina, Iowa City.....	7-20-34-45-65	171

Starting in 2007, displacement scoring was used for teams. The following totals are the displaced scores but not necessarily the overall finish of the runners in the meet.

2007	4A	Pleasant Valley.....	1-5-9-26-42	83
	3A	Xavier, Cedar Rapids.....	2-4-14-21-28	69
	2A	Monticello.....	1-14-21-31-33	100
	1A	Regina, Iowa City.....	3-6-9-16-21	55
2008	4A	Pleasant Valley.....	4-6-12-23-31	76
	3A	Algona.....	2-3-24-28-31	88
	2A	Spirit Lake.....	3-8-11-13-20	55
	1A	South Winneshiek, Calmar.....	4-11-14-33-41	103
2009	4A	Burlington.....	1-6-22-23-54	106
	3A	Pella.....	6-11-12-16-50	95
	2A	Spirit Lake.....	2-6-8-18-26	60
	1A	Iowa Mennonite School, Kalona.....	1-4-20-22-24	71
2010	4A	Prairie, Cedar Rapids.....	5-6-16-17-21	65
	3A	Wahlert, Dubuque.....	4-15-32-33-34	118
	2A	Regina, Iowa City.....	8-16-23-27-32	106
	1A	Northern University High, Cedar Falls.....	11-12-21-30-33	107
2011	4A	Dowling Catholic, WDM.....	3-6-12-18-31	70
	3A	Pella.....	1-11-17-26-30	85
	2A	Monticello.....	5-12-15-17-24	73
	1A	St. Albert, Council Bluffs.....	4-11-15-23-25	78
2012	4A	Dowling Catholic, WDM.....	1-6-8-18-27	60
	3A	Decorah.....	5-10-11-12-24	62
	2A	Monticello.....	3-8-10-13-18	52
	1A	St. Albert, Council Bluffs.....	1-5-9-25-28	68
2013	4A	Prairie, Cedar Rapids.....	4-7-8-11-51	81
	3A	Boone.....	1-2-16-18-32	69
	2A	Monticello.....	1-5-8-10-39	63
	1A	Denver.....	1-10-15-22-41	89
2014	4A	Linn-Mar, Marion.....	6-8-10-18-43	85
	3A	Gilbert.....	1-4-6-24-38	73
	2A	East Marshall, LeGrand.....	4-11-14-17-38	84
	1A	Bellevue.....	2-7-16-17-38	80
2015	4A	Dowling Catholic.....	1-9-13-17-29	69
	3A	Mount Vernon-Lisbon.....	2-9-10-14-15	50
	2A	Garner-Hayfield-Ventura.....	2-4-10-20-23	59
	1A	Nodaway Valley.....	3-12-13-16-17	61

2016	4A	Dowling Catholic, WDM	3-8-13-23-53	100
	3A	Mount Vernon-Lisbon	7-16-17-21-25	86
	2A	Mid-Prairie, Wellman.....	11-12-14-26-35	98
	1A	Nodaway Valley	1-5-8-9-13	36
2017	4A	Pleasant Valley	3-9-11-18-20	61
	3A	Gilbert	6-9-16-19-25	75
	2A	George-Little Rock/Central Lyon	1-3-4-22-49	79
	1A	Nodaway Valley	2-5-8-9-32	56
2018	4A	Dowling Catholic, WDM	4-7-15-17-29	72
	3A	Gilbert	2-3-14-16-29	64
	2A	Tipton	2-5-12-22-31	72
	1A	Madrid	1-5-10-18-29	63
2019	4A	Dowling Catholic, WDM	2-14-16-17-38	87
	3A	Dallas Center-Grimes	4-6-8-38-53	109
	2A	Tipton	2-8-10-24-34	78
	1A	Madrid	2-11-13-14-34	74

IHSAA STATE CHAMPIONSHIP TEAMS - Alphabetical

Algona	2008	1
Ames	1967, 68, 73, 75, 83, 89	6
Anita	1963, 64	2
Ankeny	1969	1
Aquin, Cascade	1965, 66, 75	3
Aquinas, Fort Madison	1970, 71, 78, 79	4
Assumption, Davenport.....	1974	1
Bancroft, St. John's	1976, 77	2
Beaman-Conrad.....	1969	1
Bellevue	2014	1
Bennett-Durant.....	2001	1
BGM, Brooklyn.....	1970	1
Boone	2013	1
Burlington	2009	1
Calamus-Wheatland	1996	1
Cardinal Stritch, Keokuk	1980	1
Cascade	1983, 85, 86	3
Cedar Falls.....	1969, 2004, 05	3
Cedar Rapids, Roosevelt	1948, 51	2
Cedar Valley, Somers	1967	1
Centerville	1979	1
Central Clinton, DeWitt	2000, 2001	2
Central Lyon, Rock Rapids	1969	1
Chariton.....	1969	1
Charles City, Immaculate Conception	1965	1
Clarence.....	1937	1
Clarinda.....	1956, 62, 63	3
Clinton	1976, 79, 81, 82, 84, 86	6
Columbus Catholic, Waterloo	1969, 71, 72	3
Council Bluffs, Abraham Lincoln.....	1948	1
Dallas Center-Grimes	2019	1
Davenport, Central.....	1951, 71	2
Decorah.....	1957, 58, 59, 64, 66, 67, 68, 72, 74, 76, 77, 78, 90, 92, 2012.....	15

Denver.....	1994, 2013.....	2
Des Moines, East.....	1937, 41, 42, 43, 49.....	5
Des Moines, Hoover.....	1970, 77.....	2
Des Moines, Lincoln.....	1968.....	1
Des Moines, North.....	1944, 45, 46, 50, 52, 53.....	6
Des Moines, Roosevelt.....	2001, 02, 03.....	3
Des Moines, Tech.....	1950, 54, 55, 56, 59, 60, 62.....	7
Dike.....	1973, 74.....	2
Dowling Catholic, West Des Moines.....	1974, 85, 2011, 12, 15, 16, 18, 19.....	8
Dubuque, Senior.....	1987, 95, 98.....	3
Eagle Grove.....	1984, 87.....	2
East Marshall, LeGrand.....	2014.....	1
Eldora.....	1952, 53, 54.....	3
Elliott.....	1955.....	1
Fairfield.....	1949.....	1
Farragut.....	1966.....	1
Fremont.....	1950.....	1
Garnavillo.....	1970, 72, 73, 78.....	4
Garner-Hayfield-Ventura.....	2015.....	1
George-Little Rock/Central Lyon.....	2017.....	1
Gilbert.....	2014, 17, 18.....	3
Grinnell.....	1963.....	1
Humboldt.....	1994.....	1
Indianola.....	1971, 72.....	2
Iowa City, City High.....	1923, 1991, 92, 93, 94, 96, 97, 99, 2000.....	9
Iowa City, University High.....	1936, 37, 38, 40, 41, 42, 43, 44.....	8
Iowa City, West.....	1988.....	1
Iowa Mennonite School, Kalona.....	1995, 2009.....	2
Jesup.....	1990.....	1
Johnston.....	1971, 72, 73.....	3
Kee, Lansing.....	1980, 81, 82, 88, 89.....	5
Klemme.....	1961.....	1
Knoxville.....	1939, 80.....	2
LeClaire.....	1940, 55, 56.....	3
Lewis Central.....	1973.....	1
Lincoln Central, Gruver.....	1966.....	1
Linn-Mar, Marion.....	2014.....	1
LuVerne.....	1958, 59, 60, 62.....	4
Madrid.....	1965, 2018, 19.....	3
Marion.....	1945, 46, 48, 49, 50, 51, 52, 53, 54, 58.....	10
Marshalltown.....	1960, 61, 64, 65, 66, 74, 75.....	7
Martinsburg.....	1939.....	1
Mason City.....	1972, 73.....	2
Mechanicsville.....	1943, 44, 45, 46.....	4
Menlo.....	1957.....	1
Mid-Prairie, Wellman.....	2016.....	1
Miles.....	1964, 68, 69.....	3
Milford.....	1973.....	1
Minburn.....	1941.....	1
Monroe.....	1950.....	1

Monticello	2007, 11, 12, 13	4
Mount Vernon-Lisbon.....	2005, 15, 16	3
Muscatine.....	1930, 34, 78, 90	4
Napier.....	1948	1
Newman Catholic, Mason City.....	1979	1
Nodaway Valley	2002, 15, 16, 17	4
North Winneshiek, Decorah	1967	1
Northern University High, Cedar Falls	1984, 85, 2010	3
Notre Dame, Cresco	1971	1
Odebolt-Arthur	1961, 62, 64, 75	4
Ollie	1949	1
Osage.....	1970	1
Oskaloosa	1935, 36, 38, 57	4
Ottumwa.....	1931, 32, 33, 40	4
Pekin, Packwood	1967, 68	2
Pella	2009, 11	2
Pleasant Valley	2006, 07, 08, 17	4
Prairie, Cedar Rapids.....	2010, 13	2
Red Oak.....	1965, 66, 67	3
Regina, Iowa City.....	1993, 97, 98, 2003, 04, 06, 07, 10	8
Sanborn.....	1974	1
Saydel	1957	1
Sheffield-Chapin	1956, 58, 62, 63	4
Sheldon.....	1971, 81	2
Shenandoah.....	1974, 75, 88, 89, 91	5
Sioux City, Central	1957, 58, 61, 63, 64, 65, 66, 67	8
South Page, College Springs.....	1959, 60	2
South Winneshiek, Calmar	2006, 08	2
Spirit Lake	2008, 09	2
St. Albert, Council Bluffs	1992, 2011, 12	3
Stanley	1951	1
Tipton	1975, 2018, 19	3
Tri-County, Thornburg.....	1938, 72	2
Underwood.....	1952, 53, 54, 59	4
Unity Christian, Orange City	1976, 77, 83	3
Urbandale.....	1968, 70	2
Valley, West Des Moines	1955, 62	2
Wahlert, Dubuque	2003, 04, 10	3
Wapsie Valley, Fairbank	2000, 04, 05	3
Waterloo, West	1970	1
Waukon.....	1993, 95, 96, 97, 98, 99, 2002	7
Waverly-Shell Rock.....	1975, 80	2
West Sioux, Hawarden	1961, 99	2
Western Christian, Hull	1973, 82, 2003, 05	4
Williamsburg.....	1939, 91	2
Winterset.....	1960	1
Woodbine.....	1986, 87	2
Xavier, Cedar Rapids	2006, 07	2

CHAMPIONSHIP TEAM RUNNERS IN IHSAA STATE MEET

(Runners who scored for champions listed in order of finish)

Note: Information listed by year is the actual year the meet was run. Example 1931 is the date of the meet run in the 1931-32 school year.

- 1930** Muscatine (John Games-Bob McElroy-John Wilson)
- 1931** Ottumwa (John Schmidt-Richard Beebe-Harold Kisinger)
- 1932** Ottumwa (Richard Beebe-John Schmidt-Harold Kisinger)
- 1933** Ottumwa (John Schmidt-John Beebe-Clifford Gardner)
- 1934** Muscatine (Bernard Berger-Gerald Wyman-Clark Brown)
- 1935** Oskaloosa (Ray Davis-Glenn Lee-Eugene Henson)
- 1936** A Oskaloosa (Neal Hamilton-Wayne Allgood-Glenn Sparks)
B Iowa City, University High (Edwin Myers-Charles Robbins-Donald Spencer)
- 1937** A Des Moines, East (Carl Gustafson-Ben Huckins-Walter Hansen)
B Iowa City, University High (Donald Spencer-Don Welt-Berdell Hager)
C Clarence (Dale Winey-Leroy Preuss-Ed Winey)
- 1938** A Oskaloosa (Stanley McCarger-Rex Lee-Warren McCaulley)
B Iowa City, University High (Lynn Frazier- Don Welt-Van Martin)
C Thornburg (Raymond (Berl) Edmundson-Kenneth Geyer-Richard Rogers)
- 1939** A Knoxville (Harold Goebel-Howard Goebel-Bill Hanna)
B Williamsburg (Charles Fetzer-Robert Mahan-Owen Jones)
C Martinsburg (Ralph Zepp-Willis Knaack-Gary Hollingsworth)
- 1940** A Ottumwa (Danny Smith-Charles Sedore-Joe Lord)
B Iowa City, University High (Lynn Frazier-Fred Zollar-Frank Zollar)
C LeClaire (Kenneth McFate-Lewis Randolph-Russell Jaynes)
- 1941** A Des Moines, East (Ben Mills-Charles Harban-Martin Grandquist)
B Iowa City, University High (Fred Zollar-Frank Zollar-Ed Smith)
C Minburn (Bill Jackson-Daryl Thompson-Gene Waters)
- 1942** A Des Moines, East (Martin Grandquist-William Chappell-Vance Walters)
B Iowa City, University High (Edward Smith-Robert Hartsock-Richard Terrell)
- 1943** A Des Moines, East (Vance Walters-Harold Williams-Wesley Redhead)
B Iowa City, University High (Richard Terrell-Robert Hartsock-Francis Harney)
C Mechanicsville (Don Gemberling-Calvin-Robinson-Casper Robinson)
- 1944** A Des Moines, North (Jack Copeland-Mac Baty-Elvin Kirkpatrick)
B Iowa City, University High (Richard Terrell-Stanley Murray-Robert Hartsock)
C Mechanicsville (Calvin Robinson-Don Gemberling-Casper Robinson)
- 1945** A Des Moines, North (Tom Moore-John Kemble-Mac Baty)
B Marion (Russell Benedict-Raymond Peterson-Neil Woods)
C Mechanicsville (Calvin Robinson-Casper Robinson-Len Svoboda)
- 1946** A Des Moines, North (Tom Moore-Leland Graves-Millard Lee Kerr)
B Marion (Raymond Petersen-Eugene Hastings-Neil Woods)
C Mechanicsville (Vernon Svoboda-Len Svoboda-Howard Nicoll)

1947 *In lieu of inclement weather, one combined individual race was run but no team scores in classes were kept*

1948 AA Council Bluffs, Abraham Lincoln (Charles Whitaker-Galen Hassen-Bernard Lainson)
A Cedar Rapids, Roosevelt (Ocie Trimble-Stan Petrick-Richard Wise)
B Marion (Allen Mally-Jack Edmunds-Don Dean)
C Napier (Arthur Trumbower-Phillip Anderson-Darrell Erickson)

1949 AA Des Moines, East (Don Murray-Eugene Hart-Richard Larson)
A Fairfield (Larry Manary-Wayne Davis-James Hilleary)
B Marion (Richard Hotz-Allen Mally-Jack Edmunds)
C Ollie (Neal Bottger-Eugene Kessell-Charles Searcy)

1950 AA Des Moines, North (Larry Graves-Jay LaVine-Dean Gates)
A Des Moines, Tech (Tom Burch-Ben Prewitt-Jerry Greenwell)
B TIE - Monroe (Dick Rupert-Harold Wagner-Harold Boyer) and
Marion (Richard Hotz-Jack Edmunds-John Kassler)
C Fremont (Paul Roquet-Paul Abernathy-Lawrence Schmitz)

1951 AA Davenport (Loren Wulf-Ira Dunsworth-Dick Kerr)
A TIE - Cedar Rapids, Roosevelt (Eldon Hasley-George Johnson-Dave Anderson) and
Charles City (Bill Fleuher-Roy Bever-Stanley Tolliver)
B Marion (Gerald Walker-Ernie Gates-Eugene Gonsales)
C Stanley (Burton Moore-Tommy Doyle-Dewey Geary)

1952 AA Des Moines, North (Caesar Smith-Dan Marin-Oscar Maldonado)
A Marion (Gerald Walker-Leo Corporon-Eugene Gonsales)
B Eldora (Jerry Crosser-Clyde Callahan-Jerry Cleveland)
C Underwood (Garold Ryan-George Lee-Paul Ryan)

1953 AA Des Moines, North (Caesar Smith-Oscar Maldonado-Jerry Hawkins)
A Marion (Gerald Walker-Leo Corporan-Bob Fernow)
B Eldora (Dan Munson-Kenny Brock-Art Berg)
C Underwood (Paul Ryan-George Lee-Ed Turk)

1954 AA Des Moines, Tech (Brian Travis-Jim Black-Jim Jones)
A Marion (Dick Jacobs-Ron Franklin-Vince Holt)
B Eldora (Ken Brock-Art Berg-Dan Munson)
C Underwood (George Lee-Paul Ryan-Bob Hough)

1955 AA Des Moines, Tech (Brian Travis-Fred Keller-Dale McDaniel)
A Valley, WDM (Deryl King-Gary Crow-Jon Ingraham)
B LeClaire (Homer Lattimer-Tom Tilton-Jimmy Bremmer)
C Elliott (Lyle Shires-Dale Elwood-Jerry Thompson)

1956 AA Des Moines, Tech (Fred Keller-Jim Bell-Dave Murray)
A Clarinda (John Woolson-Ken Hughes-Jerry Carlson)
B LeClaire (Homer Lattimer-Tom Tilton-Jim Bremmer)
C Sheffield (Bill Eno-Don Wearda-Marv Corporon)

1957 AAA Sioux City, Central (Tom Rivers-Dave Pettit-Bob Carley)
AA Oskaloosa (Konrad Billhardt-Ivan Ancell-John Quarton)
A Decorah (Ron Olson-Wayne Benzing-Paul Estrem)
B Saydel (John Raveling-Bob Lowe-Jack Kyle)
C Menlo (Raymond Miller-Brian Stemm-Tom Adamson)

1958 AAA Sioux City, Central (Eugene Rave-Dave Pettit-John Peters)
AA Decorah (Ron Olson-Wayne Benzing-Don Roney)
A Marion (Dick Stickney-Don Grant-Robert McDowell)
B Sheffield (Bill Taylor-Marvin Corporon-Dennis Blankenship)
C LuVerne (Earl Hanselman-Kenny Wilhelm-Charles Weber)

- 1959** AAA Des Moines, Tech (David Brown-Gregary Leaper-Richard Helm)
AA Decorah (Ron Olson-Don Roney-Gary Hall)
A South Page, College Springs (Joe Henderson-Norman Johnston-Jim Ripley)
B Underwood (Ron Hough-Kenneth Cahrs-Larry Barganquast)
C LuVerne (Earl Hanselman-Paul Gilligan-John Schade)
- 1960** AAA Des Moines, Tech (Richard Helm-David Lee-Bruce Adair)
AA Marshalltown (John Readout-Bill Perry-George Bell)
A Winterset (Tom Good-Dennis Cline-Steven Cline)
B South Page, College Springs (Joe Henderson-Roger Hamm-Dennis McMillen)
C LuVerne (John Schade-Paul Gilligan-Bernard Schade)
- 1961** AAA Sioux City, Central (Don Rivers-Jim Wilson-Dennis Thomsen)
AA Marshalltown (John Readout-Steve Brintnall-Merrill Moore)
A West Sioux, Hawarden (Ed Eneboe-Tim White-Rodney Vellinga)
B Odebolt-Arthur (Dennis Anderson-Larry Johnson-Dennis Dinges)
C Klemme (Art Hoffman-Jerry Murray-Bill McCollaugh)
- 1962** AAA Des Moines, Tech (David Lee-Darryl Green-Bruce Adair)
AA Valley, West Des Moines (Ron Griffith-Roger Hansen-Pat Redden)
A Clarinda (Merlin Lewis-Curtis Meier-Ronald Taylor)
B (TIE) Odebolt-Arthur (Dennis Dinges-Larry Johnson-Ben Buehler) and
Sheffield-Chapin (Lester Corporon-Ron Zickefoose-John LaRoque)
C LuVerne (Bernard Schade-George Hanselman-Ray Welter)
- 1963** AAA Sioux City, Central (Dave Compton-Steve Gerkin-Ed Jensen)
AA Grinnell-Newburg (Ed Humphrey-Gary Lawson-Dennis Palmer)
A Clarinda (Ronald Taylor-Galen Lininger-John Scrivner)
B Anita (Dennis Reed-Tom Denny-Larry Ruggles)
C Sheffield-Chapin (Charles Schmalbeck-Bill Loeffelhardt-Les Corporon)
- 1964** AAAA Sioux City, Central (Dave Compton-Steve Gerkin-Doug Smith)
AAA Marshalltown (Ken Gallagher-Ted Fulk-Jack Koerber)
AA Decorah (Greg Gilbertson-John Sheridan-Tom Sheridan)
A Odebolt-Arthur (Tom Halboth-Steve Thayer-Don Anderson)
B Anita (Tom Denny-Larry Ruggles-Brad Reed)
C Miles (Gorden Hansen-Charles Bales-George Ackerman)
- 1965** AAAA Sioux City, Central (Doug Smith-Steve Gerkin-John Samore)
AAA Marshalltown (Joe Rohach-Ted Fulk-Duane Berger)
AA Red Oak (Paul Fish-Don Jenkins-Steve Bowman)
A Aquin, Cascade (Calvin Coohy-Daniel Manternach-Mark Ressler)
B Madrid (Dick Jensen-Danny Woodlund-Kenny Woodlund)
C Charles City, Immaculate Conception (Joseph Byrne-Pat Regan-Steve Kuhn)
- 1966** AAAA Sioux City, Central (Doug Smith-Greg Coons-Ken Bern)
AAA Marshalltown (Joe Rohach-Ted Fulk-Steve Beatty)
AA (TIE) Red Oak (Bob Wilson-Paul Werts-Lynn Ellis) and
Decorah (Mark Aschim-David Morstad-Arvi Rebasso)
A Cascade, Aquin (Calvin Coohy-Dan Manternach-John Althoff)
B Farragut (Bernie Hughes-George Hughes-Tom Shull)
C Lincoln Central, Gruver (Mike Origer-Mike Nichols-Torval Eide)
- 1967** AAAA Sioux City, Central (Doug Smith-Rich Wilson-Steve Koson)
AAA Ames (Greg Dengler-Dave Powell-Chuck Maurer)
AA Red Oak (Bob Wilson-Lynn Ellis-Paul Werts)
A Decorah (Mark Aschim-Dennis Ellingson-Arvi Rebasso)
B Pekin, Packwood (Larry Greiner-Vern Wonderlich-Randy Lowenberg)
C (TIE) North Winneshiek (Mark Quandahl-Norbert Lovstuen-Harold Rosendahl)
Cedar Valley, Somers (John Turner-Bob Carlson-Paul Welter)

- 1968** AAAA Des Moines, Lincoln (John McDonald-Steve Nordenson-Phil Valgarino)
AAA Ames (Dave Powell-Hugh Collins-Tom Montag)
AA Urbandale (Tom Kielty-Ron Keller-Dave Meshek)
A Decorah (Mark Aschim-Dennis Ellingson-Jim Ziegelmaier)
B Pekin, Packwood (Randy Lowenberg-Joe Adam-Vern Wonderlich)
C Miles (Mike Cassaday-Steve Seamer-Pat Cassaday)
- 1969** AAAA Cedar Falls (Dan Alderman-Mike Wilson-Mike Hankins)
AAA Columbus Catholic, Waterloo (Dave Krantz-Mark Borich-Mike Burke)
AA Ankeny (Lee Schreurs-Mark Trusty-Dan Marquardt)
A Chariton (Gary Mason-Greg Lewis-Mike Patterson)
B Central Lyon, Rock Rapids (Stan Timmer-Roy Lubbers-Doug Dunn)
C Beaman-Conrad (Bob Schleisman-Brad Stevens-David Juchems)
D Miles (Steve Seamer-Pat Cassady-Gary Wilcke)
- 1970** AAAA Waterloo, West (Ron Peters-Larry Carter-Chip Meier-Dave Narveson)
AAA Des Moines, Hoover (Bob Hughes-Frank Willborne-Rich Hall-Tom Howland)
AA Urbandale (Mark Davis-Dave Steffen-Larry Moore-Bruce Bornman)
A Osage (Lawrence Indra-Loran Erdman-Pete Indra-Kevin Hanson)
B Aquinas, Fort Madison (Charley Rump-Bill Wagner-Randy Bohl-Kurt Rump)
C BGM, Brooklyn (Ron Longnecker-Dave Bazyn-Garland Roth-Don Longnecker)
D Garnavillo (Gary Werger-Alan Werger-Rick Allyn-Russ Tindell)
- 1971** AAAA Davenport, Central (Gregg Newell-Frosty Borland-Tim Cornish-Mark Olson)
AAA Columbus Catholic, Waterloo (Bob Connell-Mike Powers-Dave Riley-Dale Hansen)
AA Indianola (Mike Burns-Jeff Allsup-Sean McGuire-John Essick)
A Sheldon (Rex Madsen-Dan Castle-Jeff Hesebeck-Pat Capps)
B Aquinas, Fort Madison (Charles Rump-Bill Wagner-Dennis Beach-Mike Huffman)
C Johnston (John Trier-Darrell Cox-Ron Gomis-Dan Heithoff)
D Notre Dame, Cresco (Jeff Fraser-Stan Potter-Bill Ferrie-Mark Montague)
- 1972** AAAA Mason City (Mark Johnson-Dave Runge-John Dunn-Barry Brandt)
AAA Columbus Catholic, Waterloo (Dale Hansen-Mike Duncan-Phil Schaffer-Dave Schmidt)
AA Indianola (Mark Bishop-Mike Burns-Shawn McGuire-Jeff Allsup)
A Decorah (Mike Nelson-Jeff Seim-Fred Schultz-Mike Sloan)
B Johnston (John Trier-Ron Gomis-Darrell Cox-Steve Wickner)
C Tri-County, Thornburg (Dave Briggs-Chuck Moore-Den Green-Jeff Goldsmith)
D Garnavillo (Gary Werger-Bob Rodenberg-Lon Kuehl-Russ Tindell)
- 1973** AAAA Mason City (Barry Brandt-John Dunn-Mike Jones-Mark Young)
AAA Ames (Mark Grover-Greg Prestemon-Dick Bailey-Dean Dass)
AA Lewis Central (Boyd Nansel-Ed Croson-Don Wood-Andy Everson)
A Western Christian, Hull (Randy Grevengeod-Bernie Haan-Carl DeJong-Evan Blom)
B Johnston (Ron Gomis-Darrell Cox-John Trier-Steve Wilener)
C Milford (Rod Stevenson-Bob Fitzpatrick-Don Bonney-Bruce Boles)
D (TIE) Garnavillo (Lon Kuehl-Bob Rodenberg-Jeff Portwine-Neil Davis) and
Dike (Steve Bernhardt-Dan Nagel-Tim Nagel-Pat Murphy)
- 1974** AAAA Marshalltown (John Mulvihill-Mike Mattox-Jamie Hutcheson-William Chizek)
AAA Dowling Catholic, WDM (Tom Farrell-John McMichael-Paul Pappas-Marty Scaglione)
AA Assumption, Davenport (Gene McGivern-Dave Nix-Tony Valainis-Steve High)
A Decorah (Keith Ellingson-Jon Nelson-Randy Fitzgerald-Mark Williams)
B Shenandoah (Blair Renfro-Ray Shaw-Tom Fichter-Bob Wamemunde)
C Dike (Pat Murphy-Steve Bernhardt-Jim Hansen-Tim Nagel)
D Sanborn (Dwayne Camarigg-Alan Camarigg-Mark Remme-Jeff Lymer)
- 1975** AAAA Marshalltown (Jamie Hutcheson-Mike Mattox-Matt McCright-Kelley Lacina)
AAA Ames (Jon Mathiason-Chuck Gratto-John Aurand-Mitch Delaney)
AA Waverly-Shell Rock (Paul Franken-Tim Smith-Dennis Huston-Jim Thompson)
A Shenandoah (Blair Renfro-Wally Duffy-Tom Fichter-Dennis Scharp)

- B Tipton (Brett Eggert-Joe Pelzer-Tom Weih-Ed Pelser)
 C Aquin, Cascade (Pat Hayes-Jerry Decker-Phil Kauder-Jim Trumm)
 D Odebolt-Arthur (Nate Kitterman-Randy Lundberg-Brad Gehrke-John Simpson)
- 1976** AA Clinton (Paul Rickerl-Mike Schall-Mike Holle-Bob Emmons)
 A Decorah (Dave Averill-Lyle Klotzbach-Derek Loeb-Randy Fitzgerald)
 B Unity Christian, Orange City (Greg Kuiper-Stanton Visser-Dan Kroeze-Dan Kuiper)
 C Bancroft, St John's (Larry Hellman-Al Brandenburg-Tony Marlow-Ron Studer)
- 1977** AA Des Moines, Hoover (Mike Diment-Marty Wiedemann-Dale Jankovitz-Tim Hall)
 A Decorah (Randy Fitzgerald-Lyle Klotzbach-Tom Hasvold-Eric Henrikson)
 B Unity Christian, Orange City (Stanton Visser-Dan Kroege-Mark Pluim-Dan Kuiper)
 C Bancroft, St John's (Larry Hellman-Al Brandenburg-Ron Studer-Mark Bradley)
- 1978** AA Muscatine (Jeff Fick-Chris Ales-Tony Shellabarger-Mike Allbee)
 A Decorah (Dave Averill-Brian Tjelta-Jon Estren-Tom Hasvold)
 B Aquinas, Fort Madison (Jim McGee-Steve Welding-Randy Biemhorst-Bob McGee)
 C Garnavillo (Brian Brase-Tom Berns-Art Gomez-Tracy Werges)
- 1979** AA Clinton (Jeff Jacobs-Shawn Spooner-Lorne Burgess-Rob Ebensberger)
 A Centerville (Henry Moritz-Randy Felkner-Dwayne Johnson-Bill Weideman)
 B Newman Catholic, Mason City (Mike Karamitros-John Cahalan-Chuck Knapp-Dan Cahalan)
 C Aquinas, Fort Madison (Jim McGee-Bob McGee-Glenn Steffensmeier-Steve Welding)
- 1980** AA Waverly-Shell Rock (Tom Cornish-Dan Huston-Joel Alexander-Mike Zrostlik)
 A Knoxville (T.K. Wignall-Rick Kaster-Stacy Washington-Mike Ritter)
 B Kee, Lansing (Mike Hawes-Brian Hawes-Shawn Connor-Keith Moore)
 C Cardinal Stritch, Keokuk (Dan Schreck-Andrew Harsch-Jeff Bohnet-Mark Inman)
- 1981** 3A Clinton (Jeff Jacobs-Jon Menges-Loran Storts-Tom Bentley)
 2A Sheldon (Bill Kerkeart-Steve Drenkow-Steve Tolk-Scott Engelhart)
 1A Kee, Lansing (Brian Hawes-Shawn Connor-Dave Gruber-Keith Moore)
- 1982** 3A Clinton (Loran Storts-Mike Asmus-Jon Menges-Jim Jungjohann)
 2A Western Christian (Mike Grevengoed-Mike Kooistra-Greg Vandekamp-Morry Horstmann)
 1A Kee, Lansing (Brian Hawes-Shawn Connor-Dave Gruber-Bill Wilkins)
- 1983** 3A Ames (Jeff Burris-Dave Voss-Jim Thomas-Scott Whigham)
 2A Cascade (Kyle Kauder-Phil Decker-Brian Annis-Dave Hoffmann)
 1A Unity Christian, Orange City (Henry Byl-Dennis Dokter-Randy Rowenhorst-Marlin Schoenhoven)
- 1984** 3A Clinton (Jim Jungjohann-Mike Walker-Brad Wall-Russell Johnson)
 2A Eagle Grove (Tim Coltvvet-Mark Sampson-Jeff Pickering-Rick Coltvvet)
 1A Northern Univ. High, Cedar Falls (Trent Timson-Steve Budlong-Kyle Christianson-Per Ove Berg)
- 1985** 3A Dowling Catholic, WDM (John Schuster-Steve Schweizer-Kev Miller-Doug Biorger)
 2A Cascade (Doug Hunt-Phil Lindauer-Kevin Kearney-Matt Nauman)
 1A No. Univ. High, Cedar Falls Trent Timson-Kyle Christianson-Jon Klinkowitz-Jackson Lounsberry)
- 1986** 3A Clinton (Brad Wall-Dave Ladehoff-Craig Andresen-Brian Wall)
 2A Cascade (Steve Kremer-Doug Hunt-Kevin Kearney-Pat Henneberry)
 1A Woodbine (Rich Barry-Rex Baxter-Jason Barry-Bill Stephany)
- 1987** 3A Dubuque, Senior (Tory Tepp-Eric Walsh-Greg Hughes-Joe Marshall)
 2A Eagle Grove (Mark Sampson-Chris Tofteberg-Pat Wieth-Rick Coltvvet)
 1A Woodbine (Jason Barry-Rex Baxter-Scott Tucker-Bill Stephany)
- 1988** 3A Iowa City, West (Dean Colony-Brian Mildenstein-Sean Boyle-Damian Savarino-Todd Lane)
 2A Shenandoah (Brian Hornbuckle-Mike Falk-Jason Armstrong-Andy Campbell-Pat McDermott)
 1A Kee, Lansing (Max Flack-Jesse Delaney-Mike Mitchell-Andy Wagner-Paul Manning)

- 1989** 3A Ames (Damon Hawn-Brian Campbell-Guy Willey-Steve Beaudry-Jon Ramsey)
2A Shenandoah (Chris Willeman-Jason Armstrong-Pat McDermott-Andy Campbell-Brian Hornbuckle)
1A Kee, Lansing (Jesse Delaney-Andy Wagner-Max Flack-Paul Manning-Eric Van Brocklin)
- 1990** 3A Muscatine (Jonathan Estabrook-Ryan Willits-Ahren Gross-Chad Hanna-Steve Leach)
2A Decorah (Brent McGrew-Chris Olson-Niels Anderson-Tobin Laursen-David Tollefson)
1A Jesup (Chad Weber-Darin Kite-Matt Jones-Clint Even-Matt Erpelding}
- 1991** 3A Iowa City, City High (Dave Novotny-Erik Frank-Steve Kurth-Josh Briggs-Mike Robinson)
2A Shenandoah-Essex (Chris Willeman-Aaron Widger-Neil Shull-Brian Lee-Mick Sederburg)
1A Williamsburg (Brad Dubbels-Shane Sandersfeld-Tony Folkmann-Brian Fetzer-Tyson Greiner)
- 1992** 3A Iowa City, City High (Erik Frank-Steve Kurth-Jason Keese-Nile Heefner-Sam Argall)
2A Decorah (Brent McGrew-Lynnferd Begay-Greg Suhr-Matt Svenson-Terry Hageman)
1A St. Albert, Council Bluffs (Corey Stock-Phil Hasenkamp-Shawn Jones-Danny Stock-Jason Smith)
- 1993** 3A Iowa City, City High (Steve Kurth-Mike Robinson-Sam Argall-Ryan Slebos-A.J. Johnson)
2A Waukon (Adam Kolsrud-Mike Cunningham-Kevin Egan-Chris Hoisington-Joey Zimmerli)
1A Regina, Iowa City (T.J. Craig-Brett Jondle-Brian Donohoe-Marty Mozena-Matt Bielicke)
- 1994** 3A Iowa City, City High (Ross Conklin-Jesse Ammerman-Ryan Slebos-Tim Ocheltree-John McMurray)
2A Humboldt (Jon Lindaman-Chris Taylor-Mike Staver-Michael Carlson-Trent Biedeman)
1A Denver (Josh Illian-Clint Coberly-Aaron Homan-Jeff Brettman-Dave Hansen)
- 1995** 3A Dubuque, Senior (Rob Brock-Trent Corey-David Repass-Nate Smith-Christian Borgwardt)
2A Waukon (Nick Nordheim-Chris Hoisington-Mike Cunningham-Abe Regan-Brad Peter)
1A Iowa Mennonite School, Kalona (J.J. Roettin-Brian Miller-Randy Ho-Joel Beachy-David Huerta)
- 1996** 3A Iowa City, City High (Mark McPherson-John Hensley-T.J. Elbert-Luke Young-Jacob Smith)
2A Waukon (Nick Nordheim-Mike Cunningham-Chris Hoisington-Brad Peter-Abe Regan)
1A Calamus-Wheatland (Tait Steines-Josh Maxwell-Kerry Burzlaff-Camden Bousset-Jeff Leinen)
- 1997** 3A Iowa City, City High (Bob Moreno-John Farlinger-David Rogers-John Hensley-Eric Mittman)
2A Waukon (Justin Larson-Eddie Frick-Steve Winters-Joe Johnson-Chris Beardmore)
1A Regina, Iowa City (Justin Kron-Cam Messier-Tony Bothell-Matt McCue-Jason Figg)
- 1998** 3A Dubuque, Senior (Tim Orris-Christian Borgwardt-Jim Rang-Chris Coffey-Tyler Borgwardt)
2A Waukon (Eddie Frick-Cody Kammeyer-Kirk Deal-Ben Stamper-Josh Tweedy)
1A Regina, Iowa City (Cam Messier-Tony Bothell-Masashi Shiokawa-Matt McCue-Spencer Kathol)
- 1999** 3A Iowa City, City High (Eric Mittman-Bob Moreno-Paul Kresowik-Quincy Ely-Cate-Jeff Spence)
2A Waukon (Eddie Frick-Kirk Deal-Ben Stamper-Cody Kammeyer-Justin Lyons)
1A West Sioux, Hawarden (Jerod Bruget-Dan Huitink-Ryan Koopmans-Derek Bockelman-Greg Schouten)
- 2000** 3A Iowa City, City High (Jeremy Mims-Jon Lamb-Quincy Ely-Cate-Mark Kresowik-Bo Rydze)
2A Central Clinton (Matt Niemann-Shawn Dunnegan-Kevin Hansen-Tyler Mueller-Mitch Hansen)
1A Wapsie Valley (Andrew Westendorf-Ryan Cox-Josh Moen-Keith Brunscheon-Mike Leehey)
- 2001** 3A Des Moines, Roosevelt (Andy Johnson-Austin Williamson-Dave Deng-Thom Waters-Pat Tonka)
2A Central Clinton, DeWitt (Tyler Mueller-Shawn Dunnegan-Mitch Hanson-Zach Betz-Ben Hall)
1A Bennett-Durant (Justin Buesing-Kaylon Spengler-Chad August-Adam Price-Jack Flack)
- 2002** 3A Des Moines, Roosevelt (Austin Williamson-Kiel Uhl-Jon Thomas-Yawusa Kinda-Jeremiah Donga)
2A Waukon (Junior Swart-Andy Schon-Tom Cunningham-Eric Osterhaus-Corbett Grimstad)
1A Nodaway Valley (Mark Holan-Micah Holan-Heath Brown-Lance Queck-Alan Miller)
- 2003** 4A Des Moines, Roosevelt (Jon Thomas-Kiel Uhl-Austin Williamson-Thom Walters-Jeremiah Donga)
3A Wahlert, Dubuque (Ryan Dolan-John Page-Brian Koch-Matt Ross-Andrew Weber)
2A Western Christian, Hull (Brett Kroeze, Derek Kraayenbrink-Zach Van Ginkel-Aaron Teerink-Darin Keizer)
1A Regina, Iowa City (Tom Ries-Matt Larew-Michael Sinkey-John Dwyer-Chase Wombacher)

- 2004** 4A Cedar Falls (Brian Chenoweth-Steve Arntson-Dan Chenoweth-Jason Mitchell-Cyrus Moussavi)
3A Wahlert, Dubuque (Ryan Dolan-Scott Breifelder-Jacob Bahl-Tyler Meyer-Brian Koch)
2A Regina, Iowa City (Robert Ingram-Michael Sinkey-John Dwyer-Jeff Ross-Tom Ries)
1A Wapsie Valley, Fairbank (Corey Happel-Chris Moen-Ethan Conner-Kory Heineman-Lee Schneider)
- 2005** 4A Cedar Falls (Steve Arntson-Jason Mitchell-Alex Mark-Patrick Davis-Jason Knox)
3A Mount Vernon-Lisbon (Jake Vozenilek-Eyasu Russell-Keegan Kuhn-Fitsum Russell-Aaron Schmidt)
2A Western Christian, Hull (Dalton Lems-Zach VanGinkel-Jon Bierma-Darin Keizer-Josh Van Grouw)
1A Wapsie Valley, Fairbank (Keith Ryan- Kory Heineman-Corey Happel-Ethan Conner-John Schmitz)
- 2006** 4A Pleasant Valley (Devin Allbaugh-Blake Irwin-Jordan Lang-Charlie Paul-Mike Hemming)
3A Xavier, Cedar Rapids (Aaron May-Bryan Washburn-Ryan Knapp-Dan McDermott-Phil Anton)
2A South Winneshiek, Calmar (Sam Hogenson-Ian Lienau-Adam Hageman-Brett Losen-Mike Schwan)
1A Regina, Iowa City (Bob Ingram-Jeff Ross-Nick Synan-Shawn Sexton-Bryan McGivern)
- 2007** 4A Pleasant Valley (Devin Allbaugh-Charlie Paul-Austin O'Brien-Blake Irwin-Jacob Barker)
3A Xavier, Cedar Rapids (Aaron May-Dan McDermott-Brennan McAllister-Austin Steil-Phil Anton)
2A Monticello (Nate Dotterweich-Jud Schneider-Tim Peters-Devin Spensley-Jamie Cooper)
1A Regina, Iowa City (Nick Synan-Jeff Ross-Shawn Sexton-Daniel Bonthius-Grant Luense)
- 2008** 4A Pleasant Valley (Austin O'Brien-Zach Bozman-Matt Rubins-Tyler Meseke-Cody Doughan)
3A Algona (Chad Rutledge-Ryan McMahon-Mitchell Davis-Kyle Walker-Alex Kenne)
2A Spirit Lake (Alec Baldwin-Keith Byers-Tyler Gustafson-Jesse Baldwin-Mitchell O'Neill)
1A South Winneshiek, Calmar (Brett Losen-John Ameling-Ian Lienau-Easton Kuboushek-Tim Baldwin)
- 2009** 4A Burlington (Marshall Moyer-JT McCarthy-Kaleb Sterler-Ben Witt-Josh Minard)
3A Pella (Zach Buchheit-Jon Klein-Zach Wittenberg-Nathan Buchheit-Jon Verhoef)
2A Spirit Lake (Alec Baldwin-Will Norris-Brandon Griffin-Mitchell O'Neill-Keith Byers)
1A Iowa Mennonite School, Kalona (Bill Spencer-Truman Shetler-Seth Miller-Ben Wyse-Drew Powell)
- 2010** 4A Prairie, Cedar Rapids (Matt Stocker-Kyle Stocker-Jordan Burns-Justin Burns-Jacob Aune)
3A Wahlert, Dubuque (Brien Nugent-Mike Lieb-Peter Herber-Danny May-Buddy Franson)
2A Regina, Iowa City (Brennan Bogert-David Crompton-Liam Hartley-Matt Edeker-Alex Kumor)
1A No. Univ. High, Cedar Falls (Terry Nielsen-Trai O'Connell-Brandon Culmore-Riley Garcia-Tad Klenske)
- 2011** 4A Dowling Catholic, WDM (Cole Decker-Jason Thomas-Jeff DeRocher-Brian Wahlig-Spencer Clark)
3A Pella (Zach Buchheit-Evan Jones-Alex Ropes-Wade Pingel-Tukker Bogaard)
2A Monticello (Michael Melchert-Ben Ahlrichs-JJ Frawley-Tiler Streets-Dallas Lumpa)
1A St. Albert, Council Bluffs (Josh Sindelar-George Doll-Scott Theulen-Pat Martin-Gus Doll)
- 2012** 4A Dowling Catholic, WDM (Jason Thomas-Jeff DeRocher-Spencer Clark-Lukas Steffensmeier-Brian Wahlig)
3A Decorah (Kyle Hosting-Patrick Larson-Ethan Pankow-Thomas Knobbe-Isaac Marquardt)
2A Monticello (Michael Melchert-Nick Meyers-JJ Frawley-Dallas Lumpa-Tiler Streets)
1A St. Albert, Council Bluffs (Josh Sindelar-Scott Theulen-Evan Siegrist-Adam Christensen-Gus Doll)
- 2013** 4A Prairie, Cedar Rapids (Jake Moore, Isaiah Vlasek, Mitch Pritts, Tysen VanDraska, Zack Fiser)
3A Boone (Chandler Austin, Albert Meier, Jacob Running Horse, Killian Toro, Jordan Murray)
2A Monticello (Michael Melchert, Ben Ahlrichs, Jordon Loes, Matt Manternach, Anthony Kinley)
1A Denver (Kyle Kehoe, Tanner Johnson, Curren Matthias, Nick Sabelka, Greg Schneider)
- 2014** 4A Linn-Mar, Marion (Daniel Murphy, Michael Mather, Ryan Murphy, Bryan Fogarty, Jay Halverson)
3A Gilbert (Thomas Pollard, Wesley Greder, Bradley Richard, Owen Whitham, Will Greder)
2A East Marshall (Caleb Benzing, Sam Benzing, Josh Benzing, Nick Meling, Brady Fritz)
1A Bellevue (Andrew Meyer, Andrew Segalla, Aaron Beckley, Josh Sieverding, Jake Till)
- 2015** 4A Dowling Catholic, WDM (Ryan Schweizer, Matthew Carmody Matt Frazier, Jack Fink, Skyler Riesberg)
3A Mount Vernon-Lisbon (Reid Smock, Chase McLaughlin, Jack Young, Thatcher Krob, Liam Conroy)
2A Garner-Hayfield-Ventura (Chase Smith, Reece Smith, Logan Dalbeck, Ray Cataldo, Derek Brown)
1A Nodaway Valley (Shane Breheny, Brayten Funke, Brycen Wallace, Nathan Venteicher, Skyler Rawlings)

2016	4A	Dowling Catholic, WDM (Matthew Carmody, Matt Fraizer, Jack Fink, Kevin Conner, Sam Hall)
	3A	Mount Vernon-Lisbon (Thatcher Krob, Garrett Herring, Chase McLaughlin, Liam Conroy, Zach Krogmann)
	2A	Mid-Prairie, Wellman (Peyton Miller, Zach Pettit, Floyd Evan, Marshall Teets, Quinn Schmidt)
	1A	Nodaway Valley (Shane Breheny, Brycen Wallace, Brayten Funke, Skyler Rawlings, Tyler Breheny)
2017	4A	Pleasant Valley (Konnor Sommer, Anthony Pena, Gavin Smith, Ian Kaffenberger, Parker Huhn)
	3A	Gilbert (Rees Tyler, Nathan Patel, John Ockey, Zane Miller, Jason Taylor)
	2A	George-Little Rock/Cent'l Lyon (Gable Sieperda, Joe Anderson, Blake Johnson, Josh Haken, Taeron Olson)
	1A	Nodaway Valley (Brycen Wallace, Skyler Rawlings, Joshua Baudler, Tyler Breheny, Ben Breheny)
2018	4A	Dowling Catholic (Sam Hall, Zach Fry, Kevin Conner, Cole Schroeder, Mike Gipple)
	3A	Gilbert (Rees Tyler, Nathan Patel, John Ockey, Griffin Ruba, Ethan Mesenbrink)
	2A	Tipton (Caleb Schumaker, Ben Ellis, Trent Pelzer, Landen Hill, Andrew Olseen)
	1A	Madrid (Sean McDermott, Jason Renze, Gabe Soda, Clay Pehl, Landen Klatt)
2019	4A	Dowling Catholic (Sam Hall, Zach Fry, Mike Gipple, Jordan Daniel, Cade Muller)
	3A	Dallas Center-Grimes (Aidan Ramsey, Bradley Ramsey, Jacob Storey, Owen Pries, Jacob Ewers)
	2A	Tipton (Caleb Schumaker, Jackson Edens, Andrew Olseen, Landan Hill, AJ Thumma)
	1A	Madrid (Jason Renze, Clay Pehl, Rory McDermott, Gabe Soda, Matthew White)

INDIVIDUAL CHAMPIONS - YEAR-BY-YEAR

Notes: Some year's times and first names were not available. *Information listed by year is the actual year.*
Example 1931 is the date of the meet run in the 1931-32 school year

		<u>2 miles</u>
1922	Gerald Vincent, Ottumwa.....	NT
1923	Gerald Vincent, Ottumwa.....	NT
1924	Ralph Cozine, Iowa City, University High	NT
1925	Ralph Cozine, Iowa City, University High	NT
1926	Ralph Cozine, Iowa City, University High	NT
1927	Van Epps, Iowa City, University High	NT
1928	John Garnes, Muscatine	NT
1929	John Garnes, Muscatine	NT

First Official IHSAA Meet in 1930

		<u>1.9 miles</u>
1930	(tie) John Garnes & Bob McElroy, Muscatine.....	11:00.5
1931	Warren King, Muscatine.....	11:12.3
1932	Matthew Bolsem, Oskaloosa	10:40.6
1933	Dale Wood, Mechanicsville.....	10:55.7
1934	John Beebe, Ottumwa	10:44.4
1935	Vernon (Mike) Evans, Des Moines, East.....	NT
1936	Vernon (Mike) Evans, Des Moines, East.....	10:40.4
1937	A Carl Gustafson, Des Moines, East.....	10:51.5
	B Marvin Davis, Lamont	NT
	C Paul Hammill, LeClaire	NT
1938	A Vernon Matsen, Ames	11:19.3
	B George Vacik, West Branch	11:15.0
	C Raymond (Berl) Edmundson, Thornburg.....	12:07.4
1939	A Harold Goebel, Knoxville	10:29.8
	B Richard Wilson, Adel.....	10:20.6
	C Raymond (Berl) Edmundson, Thornburg.....	10:34.3
1940	A Louis Loper, Council Bluffs, Abraham Lincoln.....	10:35.2
	B Lynn Frazier, Iowa City, University High.....	10:42.4
	C Raymond (Berl) Edmundson, Thornburg.....	10:45.0

1941	A	William McLennon, Dubuque	11:17.2
	B	Fred Zollar, Iowa City, University High	11:37.6
	C	William Jackson, Minburn	12:06.7
1942	A	Martin Grandquist, Des Moines, East	11:33.2
	B	Edward Smith, Iowa City, University High	12:54.0
	C	<i>No Race Contested</i>	
1943	A	Vance Walters, Des Moines, East	11:13.5
	B	John Oxley, Marion	11:26.7
	C	Don Gemberling, Mechanicsville	11:38.4
1944	A	Paul Sloan, Des Moines, East	10:58.0
	B	Richard Terrell, Iowa City, University High	10:58.0
	C	Calvin Robinson, Mechanicsville	10:59.0
1945	A	Paul Sloan, Des Moines, East	10:26.4
	B	Richard Terrell, Iowa City, University High	11:19.5
	C	Calvin Robinson, Mechanicsville	11:29.8
1946	A	Jack Davis, Iowa City	10:32.7
	B	Raymond Petersen, Marion	10:57.5
	C	Jack O'Meara, Delmar	11:07.0
1947	A	Jack Davis, Iowa City	NT
	B	Not contested due to weather	
	C	Not contested due to weather	
1948	AA	Charles Whitaker, Council Bluffs, Abraham Lincoln	10:51.4
	A	Ocie Trimble, Cedar Rapids, Roosevelt	10:13.0
	B	Dick McConnell, Nevada	11:17.6
	C	Bill Lamp, Charlotte	12:06.8
1949	AA	Don Murray, Des Moines, East	10:44.0
	A	Larry Manary, Fairfield	11:14.6
	B	Richard Hotz, Marion	12:22.8
	C	Neal Bottger, Ollie	12:30.0
1950	AA	Don Murray, Des Moines, East	10:05.7
	A	Tom Burch, Des Moines, Tech	10:26.9
	B	Dick Rupert, Monroe	10:13.0
	C	Garold Ryan, Underwood	10:43.5
1951			<u>1.8 miles</u>
	AA	John Aller, Dowling Catholic, Des Moines	9:46.2
	A	Bill Fleuher, Charles City	10:39.6
	B	Garold Ryan, Underwood	9:50.1
1952	C	Burton Moore, Stanley	10:41.2
	AA	Caesar Smith, Des Moines, North	9:27.5
	A	Jerry Walker, Marion	10:04.0
	B	Jerry Crosser, Eldora	11:49.8
1953	C	Garold Ryan, Underwood	10:06.5
	AA	Caesar Smith, Des Moines, North	9:31.1
	A	Jerry Walker, Marion	9:27.2
	B	Dan Munson, Eldora	10:29.6
1954	C	Paul Ryan, Underwood	10:16.7
	AA	Bruce Trimble, Cedar Rapids, Roosevelt	9:38.1
	A	Dick Jacobs, Marion	10:39.6

	B	Homer Lattimer, LeClaire.....	10:13.2
	C	Delos Swanson, Sheffield.....	9:56.9
1955	AA	Brian Travis, Des Moines, Tech.....	9:21.9
	A	Deryl King, West Des Moines.....	9:58.6
	B	Homer Lattimer, LeClaire.....	9:30.6
	C	Bob Hough, Underwood.....	10:02.2
1956	AA	Harry Olson, Decorah.....	9:13.7
	A	Deryl King, West Des Moines.....	9:48.2
	B	Homer Lattimer, LeClaire.....	9:35.5
	C	Bill Eno, Sheffield.....	10:10.9
1957	AAA	Tom Rivers, Sioux City, Central.....	9:10.3
	AA	Jessie Fitch, Council Bluffs, Abraham Lincoln.....	9:32.7
	A	Deryl King, West Des Moines.....	9:32.5
	B	John Raveling, Saydel.....	10:03.0
	C	Richard Beaver, Cedar.....	10:05.1
1958	AAA	Ralph Trimble, Cedar Rapids, Jefferson.....	9:06.7
	AA	Ron Olson, Decorah.....	9:14.6
	A	John Raveling, Saydel.....	9:29.1
	B	Arvene Bradley, Hedrick.....	9:48.9
	C	Loren Jasper, Fremont.....	9:49.1
1959	AAA	Clark Betts, Des Moines, East.....	9:17.5
	AA	Ron Olson, Decorah.....	9:25.3
	A	John Raveling, Saydel.....	9:29.5
	B	Ron Hough, Underwood.....	9:51.3
	C	Earl Hanselman, LuVerne.....	9:55.9
1960	AAA	Don Rivers, Sioux City, Central.....	9:10.0
	AA	Larry Ancell, Oskaloosa.....	9:06.5
	A	Tom Good, Winterset.....	9:44.5
	B	Joe Henderson, South Page, College Springs.....	9:08.6
	C	John Schade, LuVerne.....	10:41.5
1961	AAA	Don Rivers, Sioux City, Central.....	9:18.2
	AA	John Readout, Marshalltown.....	9:27.7
	A	Ed Eneboe, West Sioux, Hawarden.....	9:39.5
	B	Obie Thompson, Lamoni.....	9:40.7
	C	Art Hoffman, Klemme.....	10:13.9
1962	AAA	David Lee, Des Moines, Tech.....	9:02.5
	AA	Ron Griffith, Valley, West Des Moines.....	9:03.7
	A	Curtis LaBond, Ankeny.....	9:42.8
	B	Dennis Reed, Anita.....	9:40.1
	C	Bernard Schade, LuVerne.....	9:44.0
1963	AAA	Dave Compton, Sioux City, Central.....	9:11.1
	AA	Ron Griffith, Valley, West Des Moines.....	8:56.0
	A	Curtis LaBond, Ankeny.....	9:35.1
	B	Dan Bolin, South Page, College Springs.....	9:39.6
	C	John Parker, Bayard.....	9:46.1
1964	AAAA	Dave Compton, Sioux City, Central.....	9:10.7
	AAA	Ken Gallagher, Marshalltown.....	9:16.9
	AA	James Bowerman, Sheldon.....	9:39.3
	A	Don Greiner, Pekin, Packwood.....	9:33.3
	B	Tom Denny, Anita.....	9:16.4
	C	Larry Sellers, Russell.....	9:51.5

1965	AAAA	Doug Smith, Sioux City, Central	8:51.8
	AAA	Joe Rohach, Marshalltown	9:13.7
	AA	Paul Fish, Red Oak.....	9:25.1
	A	Daryl Rockey, Urbandale.....	9:31.1
	B	Richard Jensen, Madrid.....	9:33.1
	C	Joseph Byrne, Charles City, Immaculate Conception	9:56.2
1966	AAAA	Doug Smith, Sioux City, Central	9:02.2
	AAA	Joe Rohach, Marshalltown	9:13.6
	AA	Dan Sanders, Humboldt.....	9:05.3
	A	Calvin Coohy, Aquin, Cascade	9:43.2
	B	Bernie Hughes, Farragut	9:42.8
	C	Doug Beck, Preston	9:45.1
			<u>2 miles</u>
1967	AAAA	Doug Smith, Sioux City, Central.....	9:52.1
	AAA	Chuck Schneider, Columbus Catholic, Waterloo.....	10:07.4
	AA	Bob Wilson, Red Oak.....	10:30.0
	A	Dan Sanders, Humboldt.....	10:13.3
	B	Rick O'Rourke, Villisca.....	10:30.0
	C	Mike Cassaday, Miles	10:36.1
1968	AAAA	Tom Carrizales, Des Moines, Tech	10:04.5
	AAA	Dave Krantz, Columbus Catholic, Waterloo	9:58.6
	AA	Tom Kielty, Urbandale	10:16.7
	A	Mark Aschim, Decorah.....	10:05.3
	B	Rick O'Rourke, Villisca.....	10:15.4
	C	Mike Cassaday, Miles	10:18.6
1969	AAAA	Mark Johnson, Mason City	10:00.0
	AAA	Dave Krantz, Columbus Catholic, Waterloo	9:42.2
	AA	Dennis Schultz, West Delaware, Manchester	10:03.1
	A	Chuck Cassell, Bishop Garrigan, Algona.....	10:06.7
	B	Steve Sundell, Odebolt-Arthur	10:18.6
	C	Rick O'Rourke, Villisca.....	10:19.9
	D	Curt Hoegh, Elk Horn-Kimballton.....	10:13.6
1970	AAAA	Mark Johnson, Mason City	9:53.3
	AAA	Tom Schoberg, Bishop Heelan, Sioux City.....	9:56.0
	AA	Paul Hanson, Indianola.....	10:26.9
	A	Dave Bell, Eagle Grove.....	10:06.8
	B	Charley Rump, Aquinas, Fort Madison.....	10:25.3
	C	Mark Skahill, Villisca	10:18.3
	D	Art Milliken, Hedrick	10:55.2
1971	AAAA	Mark Johnson, Mason City	9:33.9
	AAA	Bob Connell, Columbus, Waterloo.....	9:40.1
	AA	Larry Moore, Urbandale.....	10:14.9
	A	David Bell, Eagle Grove.....	9:53.0
	B	Steve MacTaggart, Starmont, Strawberry Point	10:14.1
	C	Mark Skahill, Villisca	10:21.3
	D	Phil Coppess, Oxford Junction	10:19.4
1972	AAAA	Mark Johnson, Mason City	9:40.8
	AAA	Dale Hansen, Columbus Catholic, Waterloo	9:57.6
	AA	Mark Bishop, Indianola	10:10.2
	A	Leo Meade, Mount Pleasant.....	10:03.1
	B	Steve MacTaggart, Starmont, Strawberry Point	10:03.0
	C	Brian Tindall, Pleasantville.....	10:18.0
	D	Mike Arey, Preston.....	10:28.9

1973	AAAA	Jim Eicken, Davenport, Central	9:42.0
	AAA	Mark Grover, Ames.....	10:00.1
	AA	Boyd Nansel, Lewis Central.....	10:03.0
	A	Randy Wilson, Knoxville	9:59.5
	B	Mike Cregeen, Clarinda	10:25.0
	C	Doug Grave, Boyden-Hull.....	10:23.9
1974	D	Mark Hughes, Delwood, Elwood.....	10:17.9
	AAAA	Jim Eicken, Davenport, Central	9:28.0
	AAA	Joe Burke, Columbus Catholic, Waterloo	9:30.5
	AA	Mark Bishop, Indianola	9:46.1
	A	Steve Ostwinkle, Algona	9:55.7
	B	Dan Owen, Adel-DeSoto	10:04.0
1975	C	Joe Strohmman, English Valleys, North English	10:09.5
	D	Mark Hughes, Delwood, Elwood.....	10:04.0
	AAAA	Rich Fuller, Davenport, Central	9:29.0
	AAA	Randy Jackson, Iowa City, City High.....	9:30.0
	AA	Gene McGivern, Assumption, Davenport	9:48.0
	A	Blair Renfro, Shenandoah	9:46.0
1976	B	Brett Eggert, Tipton.....	9:54.0
	C	Jim Hansen, Dike.....	9:52.0
	D	Dwayne Camarigg, Sanborn.....	10:13.0
	AA	Jim McCauley, Bishop Heelan, Sioux City.....	9:44.0
	A	Rick McKean, Missouri Valley	9:58.0
	B	Jim Hansen, Dike.....	10:01.0
1977	C	Larry Hellman, Bancroft, St. John's	10:38.0
	AA	Mike Diment, Des Moines, Hoover	10:05.2
	A	Jim Zinnel, Algona	10:10.6
	B	Jon Betz, North Polk, Alleman	10:16.3
1978	C	Tom Peacher, Cardinal Stritch, Keokuk.....	10:29.6
	AA	Kirk Anderson, Mason City	9:50.0
	A	Wally Duffy, Shenandoah	9:38.0
	B	Steve Greiner, Pekin, Packwood	9:57.0
1979	C	Tom Peacher, Cardinal Stritch, Keokuk.....	10:07.0
	AA	Bill Thiesen, Dowling Catholic, West Des Moines	9:46.7
	A	Tim Wilson, Osceola, Clarke	9:36.0
	B	Mike Martin, Sac City	10:02.5
1980	C	Dan Schreck, Cardinal Stritch, Keokuk.....	10:11.2
	AA	Bill Thiesen, Dowling, West Des Moines	9:36.0
	A	Tim Wilson, Clarke, Osceola	9:40.0
	B	Danny Bauer, English Valleys, North English	10:09.6
1981	C	Marty Gingerich, Iowa Mennonite School, Kalona.....	9:33.0
	3A	Jeff Jacobs, Clinton.....	9:33.0
	2A	Bill Kerkeart, Sheldon	9:48.8
1982	1A	Brian Hawes, Kee, Lansing	10:08.7
	3A	Bob Soule, Bishop Heelan, Sioux City.....	9:40.8
	2A	Mike Grevengoed, Western Christian, Hull.....	9:57.6
1983	1A	David Juhl, Dike	10:08.2
	3A	Jerry Anderson, Valley, West Des Moines	9:42.6
	2A	Mike Kooistra, Western Christian, Hull	9:48.7
	1A	Trent Timson, Northern University High, Cedar Falls.....	9:52.6

The First IHSAA-IGHSAU Joint State Championships Was in 1979

1984	3A	Mike Holms, Valley, West Des Moines	9:47.4
	2A	Paul Bunnell, Central Lee, Argyle	10:04.2
	1A	Trent Timson, Northern University High, Cedar Falls	9:54.6
1985	3A	Mike Holms, Valley, West Des Moines	9:56.5
	2A	Dwaine Heppler, Sheldon	10:15.1
	1A	Jeff Hammons, Iowa Valley, Marengo	9:47.4
1986	3A	Brad Wall, Clinton	9:57.2
	2A	Mark Brown, Grinnell	10:13.1
	1A	Dan Krall, West Branch.....	10:07.5
			5,000 meters
1987	3A	Dave Ladehoff, Clinton	15:37.1
	2A	Greg Brower, Red Oak	16:09.5
	1A	Dan Krall, West Branch.....	16:06.3
1988	3A	Kurt Lightner, Des Moines, East	15:59.8
	2A	Stacey Detar, Albia	16:06.6
	1A	Mark Hammons, Iowa Valley, Marengo.....	16:14.0
1989	3A	Dean Colony, Iowa City, West	16:01.9
	2A	Jeremy Carter, Sheldon.....	16:15.9
	1A	Denny Halligan, West Sioux, Hawarden.....	16:18.3
1990	3A	Jonathan Estabrook, Muscatine	16:26.0
	2A	Jeff Joiner, Waukon	16:38.0
	1A	Andy Goodman, West Marshall, State Center.....	16:46.0
1991	3A	Simeon Wright, Dubuque, Senior	16:15.0
	2A	Brent McGrew, Decorah	16:36.7
	1A	Bill Blay, Griswold	16:35.6
1992	3A	Simeon Wright, Dubuque, Senior	15:25.7
	2A	Brent McGrew, Decorah	16:09.3
	1A	Bill Blay, Griswold	16:16.2
1993	3A	Jason Carpenter, Dubuque, Senior	15:29.0
	2A	Gary Flugum, Forest City.....	15:56.1
	1A	Marty Dalton, Tri-Center, Neola.....	15:57.2
1994	3A	Rob Brock, Dubuque, Senior	15:34.8
	2A	Jesse Sand, Cedar Rapids, Regis.....	15:55.2
	1A	Chris Schaefer, Lincoln, Stanwood/Clarence-Lowden	15:56.9
1995	3A	Rob Brock, Dubuque, Senior	15:36.0
	2A	Dan Reis, Turkey Valley, Jackson Junction	15:53.0
	1A	Scott Stanley, Malvern	16:10.0
1996	3A	Trent Corey, Dubuque, Senior	15:14.0
	2A	Dan Reis, Turkey Valley, Jackson Junction	15:45.0
	1A	Tait Steines, Calamus-Wheatland	16:02.0
1997	3A	Chris Francois, Davenport, North	15:05.0
	2A	Nick Herman, Ballard, Huxley	15:43.0
	1A	Ryan Pence, Eldora-New Providence	15:56.0
1998	3A	Chris Francois, Davenport, North	15:31.0
	2A	Joe Hughes, South Tama County, Tama	16:06.0
	1A	Adam Sundall, Bishop Garrigan, Algona	15:58.0

1999	3A	Grant Shadden, Marshalltown	15:05.0
	2A	Dan Van Engen, Unity Christian, Orange City.....	15:39.0
	1A	Nick Rubel, Marquette, Bellevue	16:13.0
2000	3A	Ben Glaser, Dowling Catholic, West Des Moines.....	15:22.0
	2A	Aaron Hamilton, Eagle Grove	16:04.0
	1A	Dan Van Engen, Unity Christian, Orange City.....	15:46.0
2001	3A	Dan Taylor, Fort Dodge	15:25.0
	2A	Dylan Davis, A-D-M, Adel	15:49.0
	1A	Jon Ries, Turkey Valley, Jackson Junction	15:57.0
2002	3A	Ryan McCurnin, Mason City	15:21.0
	2A	Dylan Davis, A-D-M, Adel	15:47.0
	1A	Aaron Hamilton, Eagle Grove	16:05.0
2003	4A	Jon Thomas, Des Moines, Roosevelt	15:18.0
	3A	Ben Grant, Epworth, Western Dubuque	15:29.0
	2A	Jacob Berns, MFL, MarMac.....	16:15.0
	1A	Eric Sink, Corning	15:57.0
2004	4A	Kiel Uhl, Des Moines, Roosevelt	15:26.0
	3A	Ryan Dolan, Wahlert, Dubuque	16:16.0
	2A	Dan Mayer, West Central Valley, Stuart.....	16:42.0
	1A	Tim McKenna, NUH, Cedar Falls	16:50.0
2005	4A	Stephen Dak, Marshalltown	15:32.0
	3A	Isaac Wendland, Charles City	16:31.0
	2A	Dan Mayer, West Central Valley, Stuart.....	16:31.0
	1A	Nathan Petesch, Marquette Catholic, Bellevue	16:36.0
2006	4A	Stephen Dak, Marshalltown	15:05.0
	3A	Isaac Wendland, Charles City	16:06.0
	2A	Nate Dotterweich, Monticello	16:22.0
	1A	Nick Gallagher, Bedford.....	16:04.0
2007	4A	Devin Allbaugh, Pleasant Valley.....	15:39.0
	3A	Isaac Wendland, Charles City	15:47.0
	2A	Nate Dotterweich, Monticello	15:43.0
	1A	Aaron Vosberg, Prairie Valley, Gowrie	15:56.0
2008	4A	J.T. McCarthy, Burlington	15:21.0
	3A	Evan Selsor, Winterset	15:30.0
	2A	Eric Thien, Tipton.....	16:17.0
	1A	Drew Sikkema, Prince of Peace, Clinton.....	15:58.0
2009	4A	Marshall Moyer, Burlington	15:48.0
	3A	Brogan Austin, Boone	15:35.0
	2A	Garret Ehlers, OA-BCIG	16:08.0
	1A	Bill Spencer, Iowa Mennonite School, Kalona	16:26.0
2010	4A	Kevin Lewis, Ottumwa	15:20.0
	3A	Johnny Fuller, Glenwood	15:26.0
	2A	Alex Baldwin, Spirit Lake	16:12.0
	1A	Bill Spencer, Iowa Mennonite School, Kalona	15:54.0
2011	4A	Ben Anderson, Valley, West Des Moines	15:02.0
	3A	Zach Buchheit, Pella	15:09.9
	2A	Keith Byers, Spirit Lake.....	15:36.0
	1A	Levi Storjohann, BCLUW, Conrad	15:57.0

	WC	Jordan Houdeshell, Linn-Mar, Marion.....	17:04.0
2012	4A	Jason Thomas, Dowling Catholic, WDM	15:02.0
	3A	Chandler Austin, Boone	15:24.0
	2A	Will Norris, Spirit Lake.....	15:25.0
	1A	Josh Sindelar, St. Albert, Council Bluff.....	16:15.0
	WC	Jordan Houdeshell, Linn-Mar, Marion.....	18:26.0
2013	4A	Josh Evans, Linn-Mar, Marion	15:19.4
	3A	Chandler Austin, Boone	15:05.6
	2A	Michael Melchert, Monticello	15:18.2
	1A	Kyle Kehoe, Denver	16:17.4
2014	4A	Daniel Soto, Valley, West Des Moines	15:24.2
	3A	Thomas Pollard, Gilbert	15:04.5
	2A	Eric Lenz, Tipton	16:09.2
	1A	Peyton Twedt, West Fork, Sheffield	16:24.0
2015	4A	Ryan Schweizer, Dowling Catholic, WDM.....	15:45.3
	3A	Logan Murray, Mount Pleasant.....	16:17.2
	2A	C.J. May, Aplington-Parkersburg.....	15:55.0
	1A	Andrew Stumbo, Ogden.....	16:33.0
2016	4A	Patrick Bose, Johnston	15:37.2
	3A	Jeremy Fopma, Marion	16:02.6
	2A	Andrew Stumbo, Ogden.....	15:53.6
	1A	Riley Bauer, North Union	16:09.7
2017	4A	Tim Sindt, Ankeny.....	15:23.7
	3A	Myles Bach, Center Point-Urbana	15:49.1
	2A	Gable Sieperda, George-Little Rock/Central Lyon	15:18.6
	1A	Riley Bauer, North Union	16:14.2
2018	4A	Tim Sindt, Ankeny.....	15:36.0
	3A	Cody Mertens, Mount Pleasant	16:03.1
	2A	Reece Smith, Garner-Hayfield-Ventura	16:00.7
	1A	Sean McDermott, Madrid	16:16.4
2019	4A	Max Murphy, Pleasant Valley	15:29.3
	3A	Nate Mueller, ADM, Adel	15:45.7
	2A	Dylan Darsidan, Camanche.....	16:02.0
	1A	Joshua Baudler, Nodaway Valley.....	16:10.6

ALPHABETICAL LIST OF PAST INDIVIDUAL CHAMPIONS

Allbaugh, Devin.....	Pleasant Valley 2007
Aller, John.....	Dowling, Des Moines 1951
Ancell, Larry.....	Oskaloosa 1960
Anderson, Ben	Valley, West Des Moines 2011
Anderson, Jerry	Valley, West Des Moines 1983
Anderson, Kirk	Mason City 1978
Arey, Mike.....	Preston 1972
Aschim Mark	Decorah 1968
Austin, Brogan	Boone 2009
Austin, Chandler (2).....	Boone 2012, 13
Bach, Myles	Center Point-Urbana
Baldwin, Alec	Spirit Lake 2010
Baudler, Joshua.....	Nodaway Valley, 2019

Bauer, Danny	English Valleys, North English 1980
Bauer, Riley (2)	North Union 2016, 17
Beaver, Richard	Cedar 1957
Beck, Doug	Preston 1966
Beebe, John	Ottumwa 1934
Bell, David (2)	Eagle Grove 1970, 71
Berns, Jacob	MFL, MarMac 2003
Betts, Clark	Des Moines, East 1959
Betz, Jon	North Polk, Alleman 1977
Bishop, Mark (2)	Indianola 1972, 74
Blay, Bill (2)	Griswold 1991, 92
Bolin, Dan	South Page, College Springs 1963
Bolsem, Matthew	Oskaloosa 1932
Bose, Patrick	Johnston 2016
Bottger, Neal	Ollie 1949
Bowerman, James	Sheldon 1964
Bradley, Arvene	Hedrick 1958
Brock, Rob (2)	Dubuque Senior 1994, 95
Brower, Greg	Red Oak 1987
Brown, Mark	Grinnell 1986
Buchheit, Zach	Pella 2011
Bunnell, Paul	Central Lee, Argyle 1984
Burch, Tom	Des Moines, Tech 1950
Burke, Joe	Columbus, Waterloo 1974
Byers, Keith	Spirit Lake 2011
Byrne, Joseph	Charles City, Immaculate Conception 1965
Camarigg, Dwayne	Sanborn 1975
Carpenter, Jason	Dubuque, Senior 1993
Carrizales, Tom	Des Moines, Tech 1968
Carter, Jeremy	Sheldon 1989
Cassell, Chuck	Bishop Garrigan, Algona 1969
Cassaday, Mike (2)	Miles 1967, 68
Colony, Dean	Iowa City, West 1989
Compton, Dave (2)	Sioux City, Central 1963, 64
Connell, Bob	Columbus, Waterloo 1971
Coohey, Calvin	Aquin, Cascade 1966
Coppess, Phil	Oxford Junction 1971
Corey, Trent	Dubuque, Senior 1996
Cregeen, Mike	Clarinda 1973
Crosser, Jerry	Eldora 1952
Dak, Stephen (2)	Marshalltown 2005, 2006
Dalton, Marty	Tri-Center, Neola 1993
Darsidan, Dylan	Camanche, 2019
Davis, Dylan (2)	A-D-M, Adel 2001, 02
Davis, Jack (2)	Iowa City, University High 1946, 47
Davis, Marvin	Lamont 1937
Denny, Tom	Anita 1964
Detar, Stacey	Albia 1988
Diment, Mike	Des Moines, Hoover 1977
Dolan, Ryan	Wahlert, Dubuque 2004
Dotterweich, Nate (2)	Monticello 2006, 07
Duffy, Wally	Shenandoah 1978
Edmundson, Raymond (Berl) (3)	Thornburg 1938, 39, 40
Eggert, Brett	Tipton 1975
Ehlers, Garret	OA-BCIG 2009
Eicken, Jim (2)	Davenport, Central 1973, 74
Eneboe, Ed	West Sioux, Hawarden 1961
Eno, Bill	Sheffield 1956

Estabrook, Jonathan	Muscatine 1990
Evans, Josh	Linn-Mar, Marion 2013
Evans, Vernon (Mike) (2).....	Des Moines, East 1935, 36
Fish, Paul	Red Oak 1965
Fitch, Jessie	Council Bluffs, Abraham Lincoln 1957
Fleuher, Bill	Charles City 1951
Flugum, Gary	Forest City 1993
Fopma, Jeremy	Marion 2016
Francois, Chris (2)	Davenport, North 1997, 98
Frazier, Lynn	Iowa City, University High 1940
Fuller, Johnny.....	Glenwood 2010
Fuller, Rich	Davenport, Central 1975
Gallagher, Ken	Marshalltown 1964
Gallagher, Nick	Bedford 2006
Garnes, John.....	Muscatine 1930 (tie with teammate Bob McElroy)
Gemberling, Don	Mechanicsville 1943
Gingerich, Marty.....	Iowa Mennonite, Kalona 1980
Glaser, Ben	Dowling Catholic, West Des Moines 2000
Goebel, Harold	Knoxville 1939
Good, Tom	Winterset 1960
Goodman, Andy	West Marshall, State Center 1990
Grandquist, Martin	Des Moines, East 1942
Grant, Ben.....	Epworth, Western Dubuque 2003
Grave, Doug.....	Boyden-Hull 1973
Greiner, Don.....	Pekin, Packwood 1964
Greiner, Steve	Pekin, Packwood 1978
Grevengoed, Mike.....	Western Christian, Hull 1982
Griffith, Ron (2)	Valley, West Des Moines 1962, 63
Grover, Mark	Ames 1973
Gustafson, Carl	Des Moines, East 1937
Halligan, Denny.....	West Sioux, Hawarden 1989
Hamilton, Aaron (2).....	Eagle Grove 2000, 2002
Hammill, Paul	LeClaire 1937
Hammons, Jeff.....	Iowa Valley, Marengo 1985
Hammons, Mark.....	Iowa Valley, Marengo 1988
Hansen, Dale	Columbus, Waterloo 1972
Hanselman, Earl	LuVerne 1959
Hansen, Jim (2).....	Dike 1975, 76
Hanson, Paul	Indianola 1970
Hawes, Brian.....	Kee, Lansing 1981
Hellman, Larry.....	Bancroft, St John 1976
Henderson, Joe.....	South Page, College Springs 1960
Heppler, Dwaine	Sheldon 1985
Herman, Nick	Ballard, Huxley 1997
Hoegh, Curt.....	Elk Horn-Kimballton 1969
Hoffman, Art.....	Klemme 1961
Holms, Mike (2).....	Valley, West Des Moines 1984, 85
Hotz, Richard	Marion 1949
Hough, Bob	Underwood 1955
Hough, Ron	Underwood 1959
Hughes, Bernie	Farragut 1966
Hughes, Joe	South Tama County, Tama 1998
Hughes, Mark (2)	Delwood, Elwood 1973, 74
Jackson, William (Bill).....	Minburn 1941
Jackson, Randy	Iowa City, City High 1975
Jacobs, Dick.....	Marion 1954
Jacobs, Jeff.....	Clinton 1981

Jasper, Loren	Fremont 1958
Jensen, Richard	Madrid 1965
Johnson, Mark (4)	Mason City 1969, 70, 71, 72
Joiner, Jeff	Waukon 1990
Juhl, David	Dike 1982
Kehoe, Kyle	Denver 2013
Kerkeart, Bill	Sheldon 1981
Kielty, Tom	Urbandale 1969
King, Warren	Muscatine 1931
King, Deryl (3)	Valley, West Des Moines 1955, 56, 57
Kooistra, Mike	Western Christian, Hull 1983
Krall, Dan (2)	West Branch 1986, 87
Krantz, Dave (2)	Columbus, Waterloo 1968, 69
LaBond, Curtis (2)	Ankeny 1962, 63
Ladehoff, Dave	Clinton 1987
Lamp, Bill	Charlotte 1948
Lattimer, Homer (3)	LeClaire 1954, 55, 56
Lee, David	Des Moines, Tech 1962
Lenz, Eric	Tipton 2014
Lewis, Kevin	Ottumwa 2010
Lightner, Kurt	Des Moines, East 1988
Loper, Louis	Council Bluffs, Abraham Lincoln 1940
Ludeen, John	Vinton 1936
MacTaggart, Steve (2)	Starmont, Strawberry Point 1971, 72
Manary, Larry	Fairfield 1949
Martin, Mike	Sac City 1979
Matsen, Vernon	Ames 1938
May, C.J.	Aplington-Parkersburg 2015
Mayer, Dan (2)	West Central Valley, Stuart 2004, 05
McCarthy, J.T.	Burlington 2008
McCauley, Jim	Bishop Heelan, Sioux City 1976
McConnell, Dick	Nevada 1948
McCurnin, Ryan	Mason City 2002
McDermott, Sean	Madrid 2018
McElroy, Bob	Muscatine 1930 (tie with teammate John Garnes)
McGivern, Gene	Assumption, Davenport 1975
McGrew, Brent (2)	Decorah 1991, 92
McKean, Rick	Missouri Valley 1976
McKenna, Tim	NUH, Cedar Falls 2004
McLennon, William	Dubuque 1941
Meade, Leo	Mount Pleasant 1972
Melchert, Michael	Monticello 2013
Mertens, Cody	Mount Pleasant, 2018
Milliken, Art	Hedrick 1970
Moore, Burton	Stanley 1951
Moore, Larry	Urbandale 1971
Moyer, Marshall	Burlington 2009
Mueller, Nate	ADM, Adel 2019
Munson, Dan	Eldora 1953
Murphy, Max	Pleasant Valley 2019
Murray, Don (2)	Des Moines, East 1949, 50
Murray, Logan	Mount Pleasant 2015
Nansel, Boyd	Lewis Central 1973
Norris, Will	Spirit Lake 2012
Olson, Harry	Decorah 1956
Olson, Ron (2)	Decorah 1958, 59

O'Meara, Jack	Delmar 1946
Ostwinkle, Steve	Algona 1974
O'Rourke, Rick (3)	Villisca 1967, 68, 69
Owen, Dan	Adel-DeSoto 1974
Oxley, John	Marion 1943
Parker, John	Bayard 1963
Peacher, Tom (2)	Cardinal Stritch, Keokuk 1977, 78
Pence, Ryan	Eldora-New Providence 1997
Petersen, Raymond	Marion 1946
Petesch, Nathan	Marquette Catholic, Bellevue 2005
Pollard, Thomas	Gilbert 2014
Raveling, John (3)	Saydel 1957, 58, 59
Readout, John	Marshalltown 1961
Reed, Dennis	Anita 1962
Reis, Dan (2)	Turkey Valley, Jackson Jct 1995, 96
Reis, Jon	Turkey Valley, Jackson Jct. 2001
Renfro, Blair	Shenandoah 1975
Rivers, Don (2)	Sioux City, Central 1960, 61
Rivers, Tom	Sioux City, Central 1957
Robinson, Calvin (2)	Mechanicsville 1944, 45
Rockey, Daryl	Urbandale 1965
Rohach, Joe (2)	Marshalltown 1965, 66
Rubel, Nick	Marquette, Bellevue 1999
Rump, Charley	Aquinas, Fort Madison 1970
Rupert, Dick	Monroe 1950
Ryan, Garold (3)	Underwood 1950, 51, 52
Ryan, Paul	Underwood 1953
Sand, Jesse	Cedar Rapids, Regis 1994
Sanders, Dan (2)	Humboldt 1966, 67
Schade, Bernard	LuVerne 1962
Schade, John	LuVerne 1960
Schaefer, Chris	Lincoln, Stanwood/Clarence-Lowden 1994
Schneider, Chuck	Columbus, Waterloo 1967
Schoberg, Tom	Bishop Heelan. Sioux City 1970
Schreck, Dave	Cardinal Stritch, Keokuk 1979
Schultz, Dennis	West Delaware, Manchester 1969
Schweizer, Ryan	Dowling Catholic, WDM 2015
Sellers, Larry	Russell 1964
Selsor, Evan	Winterset 2008
Sieperda, Gable	George-Little Rock/Centr5al Lyon 2017
Shadden, Grant	Marshalltown 1999
Sikkema, Drew	Prince of Peace, Clinton 2008
Sindelar, Josh	St. Albert, Council Bluffs 2012
Sindt, Tim (2)	Ankeny 2017, 18
Sink, Eric	Corning 2003
Skahill, Mark (2)	Villisca 1970, 71
Sloan, Paul (2)	Des Moines, East 1944, 45
Smith, Edward	Iowa City, University High 1942
Smith, Caesar (2)	Des Moines, North 1952, 53
Smith, Doug (3)	Sioux City, Central 1965, 66, 67
Smith, Reece	Garner-Hayfield-Ventura 2018
Soto, Daniel	Valley, West Des Moines 2014
Soule, Bob	Bishop Heelan, Sioux City 1982
Spencer, Bill (2)	Iowa Mennonite School, Kalona 2009, 10
Stanley, Scott	Malvern 1995
Steines, Tait	Calamus-Wheatland 1996
Storjohann, Levi	BCLUW, Conrad 2011
Strohman, Joe	English Valleys, North English 1974

Stumbo, Andrew (2)	Ogden 2015, 16
Sundall, Adam.....	Bishop Garrigan, Algona 1998
Sundell, Steve	Odebolt-Arthur 1969
Swanson, Delos	Sheffield 1954
Taylor, Dan	Fort Dodge 2001
Terrell, Richard (2).....	Iowa City, University High 1944, 45
Thiesen, Bill (2).....	Dowling Catholic, West Des Moines 1979, 80
Thomas, Jason	Dowling Catholic, West Des Moines 2012
Thomas, Jon	Des Moines Roosevelt 2003
Thompson, Obie	Lamoni 1961
Timson, Trent (2)	NUH, Cedar Falls 1983, 84
Tindall, Brian	Pleasantville 1972
Travis, Brian.....	Des Moines, Tech 1955
Trimble, Bruce.....	Cedar Rapids, Roosevelt 1954
Trimble, Ocie.....	Cedar Rapids, Roosevelt 1948
Trimble, Ralph.....	Cedar Rapids, Jefferson 1958
Twedt, Peyton	West Fork, Sheffield 2014
Uhl, Kiel.....	Des Moines Roosevelt 2004
Vacik, George	West Branch 1938
Van Engen, Dan (2)	Unity Christian, Orange City 1999, 2000
Vosberg, Aaron	Prairie Valley, Gowrie 2007
Walker, Gerald (Jerry) (2)	Marion 1952, 53
Wall, Brad.....	Clinton 1986
Walters, Vance.....	Des Moines, East 1943
Wendland, Isaac (3).....	Charles City 2005, 2006, 2007
Whitaker, Charles	Council Bluffs, Abraham Lincoln 1948
Wilson, Bob	Red Oak 1967
Wilson, Randy	Knoxville 1973
Wilson, Richard.....	Adel 1939
Wilson, Tim (2).....	Clarke, Osceola 1979, 80
Wood, Dale	Mechanicsville 1933
Wright, Simeon (2)	Dubuque, Senior 1991, 92
Zinnel, Jim.....	Algona 1977
Zollar, Frank.....	Iowa City, University High 1941

INDIVIDUAL WHEELCHAIR CHAMPIONS

Jordan Houdeshell (2).....	Linn-Mar 2011, 12
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Coaches of State Championship Teams

Achenbach, Gary	Boone 2013
Altena, Alden.....	Western Christian, Hull 1973
Altfillisch, John (2).....	Clarinda 1962, 63
Arens, Jerry.....	Cresco, Notre Dame 1971
Augustine, Mike (5).....	Des Moines, East 1937, 41, 42, 43, 49
Becker, Jerry (2)	Eagle Grove 1984, 87
Becker, Troy (2)	Cedar Falls 2004, 05
Belby, Erik (4).....	Pleasant Valley 2006, 07, 08, 17
Bergan, Bill.....	Columbus Catholic, Waterloo 1969
Bjorkgren, Paul (2)	Underwood 1953, 54
Bottorff, Gary (5)	Kee, Lansing 19809, 81, 82, 88, 89
Boughton, Jim (3).....	Dubuque, Senior 1987, 95, 98
Bouma, Glenn (2).....	Unity Christian, Orange City 1977, 83

Boyle, George (4).....	Aquinas, Fort Madison 1970, 71, 78, 79
Brechler, Paul.....	Iowa City, University High 1942
Brown, Bob (5).....	Regina, Iowa City 1993, 97, 98, 2003, 04
Brown, David.....	Lincoln Central, Gruver 1966
Brown, Steve (3).....	Des Moines, Roosevelt 2001, 02, 03
Brown, Victor.....	Napier 1948
Buelt, Ron.....	Cardinal Stritch, Keokuk 1980
Burmeister, Darrell (4).....	Nodaway Valley 2002, 15, 16, 17
Carpenter, Dr. M.F. (3).....	Iowa City, University High 1940, 41, 43
Caviness, D.W.	Clarinda 1956
Chew, Fee.....	Council Bluffs, Abraham Lincoln 1948
Clefisch, Dale.....	Sheldon 1981
Coberly, Curt.....	Denver 1994
Collinge, Cole.....	Cedar Falls 1969
Conway, Scott (2).....	South Winneshiek, Calmar 2006, 08 (co-coach)
Cretzmeyer, F.X. (3).....	Des Moines, North 1944, 45, 46
Cutler, Douglas (2).....	Pella 2009, 11
Davidshofer, Robert (6).....	Aquin, Cascade 1965, 66, 75; Cascade 83, 85, 86
Day, Jesse.....	Davenport 1951
Dean, Ken (5).....	Marshalltown 1960, 61, 64, 65, 66
Dennison, Steve.....	Calamus-Wheatland 1996
DeVault, Dale (4).....	Eldora 1952, 53, 54; BCL, Conrad 1969
Dollar, Ambrose.....	Underwood 1952
Dotson, Dick.....	Waterloo, West 1970
Dunsworth, Ira.....	Davenport, Central 1971
Eidahl, Davis (3).....	Anita 1963; Pekin, Packwood 1967, 68
Ehlinger, I.A.....	Cedar Rapids, Roosevelt 1951
Elslager, Vern.....	Mechanicsville 1945
Evelzizer, Dennis.....	Decorah 2012
Exline, Dan.....	Menlo 1957
Fiedler, Curt.....	George-Little Rock/Central Lyon co-coach 2017
Fiedler, Lori.....	George-Little Rock/Central Lyon co-coach 2017
Fiete, James.....	Garnavillo 1970
Fitzgerald, Mike (5).....	Decorah 1972, 74, 76, 77, 78
Fitzpatrick, Jim.....	Newman Catholic, Mason City 1979
Freeze, Jim.....	Tri-County, Thornburg 1972
Geery, Henry.....	Saydel 1957
Gemberling, D.C. (2).....	Mechanicsville 1943, 44
Gingerich, Marty.....	Iowa Mennonite School, Kalona 2009
Goodell, Tom.....	Linn-Mar, Marion 2014
Graves, Ray (5).....	Shenandoah 1974, 75, 88, 89, 91
Grothus, Kelly (2).....	Madrid 2018, 19
Halligan, Steve.....	West Sioux, Hawarden 1999
Heidelbauer, Harlan (7).....	Waukon 1993, 95, 96, 97, 98, 99, 2002
Heinitz, Tim (2).....	Spirit Lake 2008, 09
Henningsen, Roger (3).....	Odebolt-Arthur 1961, 62, 64
Hetrick, Jim (2).....	Central Clinton, DeWitt 2000, 2001
Hipple, Les (9).....	Marion 1945, 46, 48, 49, 50, 51, 52, 53, 54
Hofman, Jim.....	Burlington 2009
Holsclaw, Bill (6).....	Clinton 1976, 79, 81, 82, 84, 86
Horton, Tom (3).....	Wahlert, Dubuque 2003, 04, 10
Hospers, Eugene.....	Western Christian, Hull 1982
Hostetler, Mark (2).....	Iowa Mennonite, Kalona 1995; Mid-Prairie 2016
Hummel, Phil (2).....	Woodbine 1986, 87
Hunn, Leonard.....	Muscatine 1930

Hyke, Charles (2) LeClaire 1955, 56

Ives, Tim (6) Dowling Catholic, WDM 2011, 12, 15, 16, 18, 19

Jankovitz, Robert Des Moines, Hoover 1977

Jess, Scott Bellevue 2015

Johanson, Roger Mount Vernon-Lisbon 2005

Johnson, Doug Anita 1964

Joslin, Doug (2) Marshalltown 1974, 75

Juhl, Richard (2) Dike 1973, 74

Karpan, Tom (2) Valley, West Des Moines 1955, 62

Kauder, Andrew (2) Xavier, Cedar Rapids 2006. 07

Kearney, Kevin (2) South Winneshiek, Calmar 2006, 08 (co-coach)

Kellenberger, Bill Assumption, Davenport 1974

Kjome, George (7) Decorah 1957, 58, 59, 64, 66, 67, 68

Koenigsfeld, Lou Charles City, Immaculate Conception 1965

Kroeze, Dan (2) Western Christian, Hull 2003, 05

Kruger, Arlen (2) Miles 1968, 69

Kruse, Bill Sheldon 1971

Kurth, E.A. LeClaire 1940

Landas, Darryl (2) Decorah 1990, 92

Larsen, Buck Chariton 1969

Lee, Robert (5) Garnavillo 1972, 73, 78; NUH, Cedar Falls 1984, 85

Lindaman, Rich Humboldt 1994

Linder, Dave Des Moines, Hoover 1970

Long, Dave (4) Sheffield-Chapin 1962, 63; Mason City 1972, 73

Lyle, Jim (3) Des Moines, North 1950, 52, 53

Manship, Truman Charles City 1951

Maresh, Steve (2) Iowa City, City High 1997, 99

Masche, Robert North Winneshiek, Decorah 1967

Matthaidess, Troy Wapsie Valley 2005

McClure, Robert Elliott 1955

McCord, Jim Centerville 1979

McCormick, Eugene Fremont 1950

McGaffin, Charles Winterset 1960

McVicker, Doug Farragut 1966

Millikin, Harlan (2) Ames 1967, 68

Mitts, Ron (3) Johnston 1971, 72, 73

Morris, Mary Bennett-Durant 2001

Morrison, Dick Red Oak 1966

Mortimer, Randall Minburn 1941

Murtle, Rodney Madrid 1965

Neill, Craig Lewis Central, Council Bluffs 1973

Nelson, Irving Mechanicsville 1946

Newell, Don Ottumwa 1940

Niggemeyer, Eric East Marshall, LeGrand 2014

Noll, Don Sanborn 1974

Norris, Bill (2) Ollie 1949; Oskaloosa 1957

Obermiller, Ray (6) Sioux City, Central 1957, 58, 61, 63, 64, 65

Ormston, Bill Ankeny 1969

Palmer, Gayle (2) Urbandale 1968, 70

Peterson, Duane West Sioux, Hawarden 1961

Peterson, Roger Odebolt-Arthur 1975

Phelan, Steve (2) Wapsie Valley, Fairbank 2000, 04

Pollitt, Richard BGM, Brooklyn 1970

Pries, Matt.....	Dallas Center-Grimes 2019
Provorse, Bob (2).....	Sioux City, Central 1966, 67
Prussman, Noel	Muscatine 1990
Rannals, Al.....	Klemme 1961
Ray, David.....	Miles 1964
Reifenrath, Darrell.....	Central Lyon, Rock Rapids 1969
Reingardt, Will.....	Northern University High, Cedar Falls 2010
Reis, Mike	Red Oak 1967
Rogers, Mel.....	Underwood 1959
Sabelka, Sandy.....	Denver 2013
Sage, Dave (2).....	Waverly-Shell Rock 1975, 80
Salberg, Chris	South Page, College Springs 1960
Sausser, Dan (4).....	Monticello 2007, 11, 12, 13
Schafer, Roy	Fairfield 1949
Schippers, John	Marion 1958
Schroeder, Don.....	Muscatine 1978
Schwarz, Bill (2).....	Prairie, Cedar Rapids 2010, 13
Schweizer, Frank (2).....	Dowling, West Des Moines 1974, 85
Shadle, Fred.....	Osage 1970
Shaffer, Clayton (2).....	Bancroft, St. John's 1976, 77
Shorey, John.....	St. Albert, Council Bluffs 1992
Short, Jeff.....	Garner-Hayfield 2015
Silvey, Chuck (6).....	Des Moines, Tech 1954, 55, 56, 59, 60, 62
Sinram, Mike	Jesup 1990
Skay, Jayme (3).....	Iowa City High 1997, 99, 2000
Sletten, John (4).....	Ames 1973, 75, 83, 89
Snell, Leland	Des Moines, Tech 1950
Stanton, Walt (3).....	South Page, College Springs 1959, 60; Red Oak 65
Stidolph, Robert	Monroe 1950
Stolze, Greg	Williamsburg 1991
Stoppels, Paul.....	Grinnell 1963
Stults, Greg	Knoxville 1980
Swails, Sara	Iowa City, West 1988
Swart, Kory (2).....	Mount Vernon-Lisbon 2015, 16
Swope, Chad (3).....	Regina, Iowa City 2006, 07, 10
Tassell, Dennis	Cedar Valley, Somers 1967
Thomas, Aaron (3).....	Gilbert 2014, 17, 18
Tuttle, Vaughn.....	Stanley 1951
VandenBerg, Rich.....	Unity Christian, Orange City 1976
VanderLinden, Bob	Des Moines, Lincoln 1968
Vogelgesang, Dave.....	Tipton 1975
Walsh, Eric (2).....	Tipton 2018, 19
Wedemeyer, Ross	Iowa City, University High 1944
Wehrkamp, Glen (2).....	Sheffield-Chapin 1956, 58
Weidman, Bob (2).....	St. Albert, Council Bluffs 2011, 12
Werling, Ron (2).....	Indianola 1971, 72
Wessels, Wayne (2).....	Columbus, Waterloo 1971, 72
Whitmore, Tom	Milford 1973
Wickett, Bryce (4).....	LuVerne 1958, 59, 60, 62
Williams, A.L. (Bud) (5).....	Iowa City, City High 1991, 92, 93, 94, 96
Wolfe, Don	Cedar Rapids, Roosevelt 1948

SCHOOLS BOASTING IHSAA INDIVIDUAL STATE CHAMPIONS

ADM, Adel.....	4	Epworth, Western Dubuque.....	1
Albia.....	1	Fairfield.....	1
Algona.....	2	Farragut.....	1
Ames.....	2	Forest City.....	1
Anita.....	2	Fremont.....	1
Ankeny.....	4		
Aplington-Parkersburg.....	1	Garner-Hayfield-Ventura.....	1
Aquin, Cascade.....	1	George-Little Rock/Central Lyon.....	1
Aquinas, Fort Madison.....	1	Gilbert.....	1
Assumption, Davenport.....	1	Glenwood.....	1
		Grinnell.....	1
		Griswold.....	2
Ballard, Huxley.....	1		
Bayard.....	1	Hedrick.....	2
BCLUW, Conrad.....	1	Humboldt.....	2
Bedford.....	1		
Bishop Garrigan, Algona.....	2	Immaculate Conception, Charles City.....	1
Bishop Heelan, Sioux City.....	3	Indianola.....	3
Boone.....	3	Iowa City, City High.....	2
Boyden-Hull.....	1	Iowa City, West.....	1
Burlington.....	2	Iowa Mennonite School, Kalona.....	3
		Iowa Valley, Marengo.....	1
Calamus-Wheatland.....	1	Johnston.....	1
Camanche.....	1		
Cardinal Stritch, Keokuk.....	3	Kee, Lansing.....	1
Cedar Falls.....	1	Klemme.....	1
Cedar Rapids, Jefferson.....	1	Knoxville.....	2
Cedar Rapids, Regis.....	1		
Cedar Rapids, Roosevelt.....	2	Lamoni.....	1
Center Point-Urbana.....	1	Lamont.....	1
Central Lee, Argyle.....	1	LeClaire.....	4
Cedar Valley, Somers.....	1	Lewis Central.....	1
Charles City.....	3	Linn-Mar, Marion.....	1
Charlotte.....	1	LuVerne.....	3
Clarke, Osceola.....	2		
Clarinda.....	1	Madrid.....	2
Clinton.....	3	Malvern.....	1
Columbus Catholic, Waterloo.....	6	Marion.....	6
Corning.....	1	Marquette, Bellevue.....	2
Council Bluffs, Abraham Lincoln.....	3	Marshalltown.....	7
		Mason City.....	6
Davenport, Central.....	3	Mechanicsville.....	3
Davenport, North.....	1	MFL, MarMac.....	1
Decorah.....	6	Miles.....	2
Delmar.....	1	Minburn.....	1
Delwood, Elwood.....	2	Missouri Valley.....	1
Denver.....	1	Monroe.....	1
Des Moines, East.....	11	Monticello.....	3
Des Moines, Hoover.....	1	Mount Pleasant.....	3
Des Moines, North.....	2	Muscatine.....	2
Des Moines Roosevelt.....	1		
Des Moines, Tech.....	4	Nevada.....	1
Dike.....	3	Nodaway Valley.....	1
Dowling Catholic, DM/West Des Moines.....	7	Northern University High, Cedar Falls.....	2
Dubuque, Senior.....	7	North Polk, Alleman.....	1
		North Union.....	2
Eagle Grove.....	4		
Eldora.....	3	OA-BCIG.....	1
Elk Horn-Kimballton.....	1	Odebolt-Arthur.....	1
English Valleys, North English.....	2		

Ollie	1	Stanwood, Lincoln/Clarence-Lowden	1
Ogden	2	Starmont, Strawberry Point	2
Oskaloosa	1	St. Albert, Council Bluffs	1
Ottumwa	2	St. John's, Bancroft	1
Oxford Junction	1	Thornburg	3
Pekin	2	Tipton	3
Pella	1	Tri-Center, Neola	1
Pleasant Valley	2	Turkey Valley, Jackson Jct.	2
Pleasantville	1	Underwood	6
Preston	1	Unity Christian, Orange City	2
Prince of Peace, Clinton	1	Urbandale	3
Red Oak	3	Valley, West Des Moines	10
Russell	1	Villisca	5
Sac City	1	Vinton	1
Sanborn	1	West Branch	3
Saydel	3	West Central Valley, Stuart	2
Sheffield	2	West Delaware, Manchester	1
Sheldon	4	West Fork, Sheffield	1
Shenandoah	2	West Sioux, Hawarden	2
Sioux City, Central	8	Western Christian, Hull	2
South Page, College Springs	2	Wahlert, Dubuque	1
South Tama County, Tama	1	Winterset	2
Spirit Lake	3		
Stanley	1		

TEAM RUNNER-UP YEAR BY YEAR

* Runner-up even though two teams tied for first

1922	Fort Dodge	B	Adel
1923	Ottumwa	C	Thornburg
1924	Cedar Rapids, Washington		
1925	Iowa City, University High	1940	A Fort Madison
1926	Ottumwa		B Williamsburg
1927	Knoxville		C Thornburg
1928	Muscatine		
1929	Des Moines, East	1941	A Knoxville
First IHSAA State Meet in 1930			B No Team
			C No Team
1930	Maquoketa		
1931	Muscatine	1942	A Cedar Rapids, Franklin
1932	Muscatine		B (Tie) Redfield; Iowa Falls
1933	Cedar Rapids, Grant		
1934	(Tie) Ottumwa & Des Moines East	1943	A Keokuk
1935	Ottumwa		B None
			C None
1936	A Ottumwa		
	B Janesville (Finchford Cons.)	1944	A Des Moines, East
			B Washington
1937	A Ames		C Zearing
	B Vinton		
	C LeClaire	1945	A Des Moines, East
			B Iowa City, University High
1938	A Ottumwa		C Dayton
	B Vinton		
	C Buffalo Center	1946	A Iowa City
			B Nevada
1939	A Ottumwa		C Delmar

1947	No team scores kept in classes		B Sheffield
1948	AA Des Moines, East A Iowa City B Nevada C Charlotte	1960	AAA Sioux City, Central AA Oskaloosa A West Des Moines B Underwood C (T) Linn-Mar; So. Hamilton, Randall
1949	AA Des Moines, North A Cedar Rapids, Roosevelt B *Iowa City, University High C None	1961	AAA Des Moines, Tech AA Decorah A Clarinda B Linn-Mar, Marion C LuVerne
1950	AA Des Moines, East A Cedar Rapids, Roosevelt B Iowa City, University C Ollie	1962	AAA Sioux City, Central AA Marshalltown A Grinnell B *Underwood C Bayard
1951	AA (T) DM, Dowling; DM, North A *Cedar Rapids, McKinley B Grinnell C (T) Fremont; Oxford	1963	AAA Dubuque AA Oskaloosa A Red Oak B Odebolt-Arthur C Bayard
1952	AA Cedar Falls A Grinnell B Garner C Stanley	1964	AAAA Des Moines, Tech AAA Ames AA Red Oak A West Sioux, Hawarden B Alta C Bayard
1953	AA Des Moines, East A Grinnell B Osage C Stanley	1965	AAAA Davenport, West AAA Sioux City, East AA Grinnell A West Sioux, Hawarden B Fredericksburg C Elwood
1954	AA Des Moines, North A West Des Moines B LeClaire C Sheffield	1966	AAAA Des Moines, Tech AAA Ames AA *Nevada B West Sioux, Hawarden C Madrid D Bellevue
1955	AA Des Moines, Lincoln A Grinnell B Mount Vernon C Gibson	1967	AAAA Des Moines, Tech AAA Columbus Catholic, Waterloo AA Eagle Grove A Aquin, Cascade B Prairie, Gowrie C *Miles
1956	AA Des Moines, Lincoln A West Des Moines B Griswold C Grand Junction	1968	AAAA Davenport, West AAA Des Moines, Hoover AA Eagle Grove A Prairie, Cedar Rapids B Beaman-Conrad C Elk Horn-Kimballton
1957	AAA (T) DM, East; DM, Roosevelt AA Des Moines, North A Cedar Falls B Sheffield C South Page, College Springs		
1958	AAA Cedar Rapids, Jefferson AA Cedar Falls A Odebolt-Arthur B Eldon C Gowrie		
1959	AAA Sioux City, Central AA Oskaloosa A Clarinda		

1969	AAAA Davenport, West AAA Des Moines, Hoover AA West Delaware, Manchester A (T) Prairie, CR; Eagle Grove B Odebolt-Arthur C Montezuma D Pocahontas Catholic			1A (T) Centerville; Cherokee B Lake City C North Winneshiek, Decorah
		1977		2A Muscatine 1A Clarke, Osceola B Cascade C Cardinal Stritch, Keokuk
1970	AAAA Cedar Falls AAA Sioux City, East AA Indianola AA Indianola A Vinton, Washington B Aquin, Cascade C Villisca D Hedrick	1978		AA Columbus Catholic, Waterloo A Cascade B Newman Catholic, Mason City C Bancroft, St. John's
		1979		2A Muscatine 1A Pella Christian B Kee, Lansing C Cardinal Stritch, Keokuk
1971	AAAA (T) Mason City; Dowling Catholic, WDM AAA (T) Sioux City, East; Bishop Heelan, Sioux City AA Grinnell A Eagle Grove B North Fayette, West Union C Villisca D Garnavillo	1980		2A (T) Clinton; Oelwein 1A Glenwood B Belle Plaine C Cresco, Notre Dame
		1981		3A Waverly-Shell Rock 2A Knoxville 1A BGM, Brooklyn
1972	AAAA Marshalltown AAA Ames AA Assumption, Davenport A Western Christian, Hull B Tipton C Aquinas, Fort Madison D MarMac, McGregor	1982		3A Ames 2A Sheldon 1A Gilbert
		1983		3A Clinton 2A Grinnell 1A No. University High, Cedar Falls
1973	AAAA Davenport, West AAA (T) Columbus Catholic, Waterloo; Dowling Catholic, WDM AA Marion A Knoxville B Tipton C Thornburg D *MarMac, McGregor	1984		3A Marshalltown 2A Glenwood 1A Unity Christian, Orange City
		1985		3A Clinton 2A Eagle Grove 1A Unity Christian, Orange City
1974	AAAA Davenport, Central AAA Ames AA Charles City A Algona B Tipton C Unity Christian, Orange City D Goldfield	1986		3A Dubuque, Senior 2A Clear Lake 1A Brooklyn, BGM
		1987		3A Indianola 2A Cascade 1A Eldora-New Providence
1975	AAAA Waterloo, West AAA Dowling Catholic, WDM AA Boone A Decorah B West Sioux, Hawarden C Unity Christian, Orange City D Clinton, St. Mary's	1988		3A Clinton 2A Centerville 1A South Hamilton, Jewell
		1989		3A Muscatine 2A Waukon 1A Belmont
1976	2A Marshalltown	1990		3A Des Moines, East

1991	2A Waukon 1A No. University High, Cedar Falls 3A Iowa City, West 2A St. Albert, Co. Bluffs 1A Clinton, Mater Dei	2006	3A Wahlert Catholic, Dubuque 2A Clarinda 1A Regina, Iowa City 4A Marshalltown 3A Wahlert Catholic, Dubuque
1992	3A Dubuque, Senior 2A Waukon 1A Calamus-Wheatland		2A Monticello 1A Griswold
1993	3A Dubuque, Senior 2A Western Christian, Hull 1A Gilbert	2007	4A Des Moines, Roosevelt 3A Pella 2A Wilton 1A South Winneshiek, Calmar
1994	3A Wahlert, Dubuque 2A Waukon 1A Eagle Grove	2008	4A Iowa City, City High 3A Pella 2A PCM, Monroe 1A Iowa Mennonite School, Kalona
1995	3A Cedar Falls 2A Humboldt 1A Woodbine	2009	4A Prairie, Cedar Rapids 3A Boone 2A South Winneshiek, Calmar 1A BCLUW, Conrad
1996	3A Cedar Falls 2A Nevada 1A Iowa Mennonite School, Kalona	2010	4A Dowling Catholic, WDM 3A Knoxville 2A Spirit Lake 1A Central, Elkader
1997	3A Dubuque, Senior 2A Unity Christian 1A Eldora-New Providence	2011	4A Cedar Falls 3A Decorah 2A Gilbert 1A West Lyon
1998	3A Iowa City, City High 2A Webster City 1A Collins-Maxwell-Baxter	2012	4A Pleasant Valley 3A Pella 2A North Polk 1A Denver
1999	3A Marshalltown 2A Unity Christian, Orange City 1A Dike-New Hartford	2013	4A Johnston 3A Charles City 2A Gilbert 1A West Fork, Sheffield
2000	3A Des Moines, Roosevelt 2A Waukon 1A Regina, Iowa City	2014	4A Prairie, Cedar Rapids 3A Mount Vernon-Lisbon 2A Monticello 1A West Fork, Sheffield
2001	3A Iowa City, City High 2A Mount Vernon-Lisbon 1A Wapsie Valley	2015	4A Cedar Falls 3A Grinnell 2A Unity Christian, Orange City 1A Pekin
2002	3A Valley, West Des Moines 2A Monticello 1A Marquette Catholic, Bellevue	2016	4A Pleasant Valley 3A Grinnell 2A Unity Christian, Orange City 1A Pekin
2003	4A Iowa City, City High 3A Mount Vernon-Lisbon 2A Nodaway Valley 1A Midland, Wyoming	2017	4A Dubuque, Hempstead
2004	4A Des Moines, Roosevelt 3A Mount Vernon-Lisbon 2A Western Christian, Hull 1A Central, Elkader		
2005	4A Cedar Rapids, Kennedy		

	3A	Dallas Center-Grimes
	2A	Mid-Prairie, Wellman
	1A	Bellevue
2018	4A	Dubuque, Hempstead
	3A	Clear Creek-Amana
	2A	Bellevue
	1A	Calamus-Wheatland
2019	4A	Pleasant Valley
	3A	Clear Creek-Amana
	2A	Des Moines Christian
	1A	Nodaway Valley

IHSAA TEAM RUNNERS-UP – Alphabetical

Adel	1939	1
Agency	1959	1
Algona	1974	1
Alta	1964	1
Ames	1937, 64, 66, 72, 74, 82	6
Aquin, Cascade	1967, 70	2
Aquinas, Fort Madison	1972	1
Assumption, Davenport	1972	1
Bancroft, St. John	1978	1
Bayard	1962, 63, 64	3
Beaman-Conrad	1968	1
BCLUW, Conrad	2009	1
Belle Plaine	1980	1
Bellevue	1966, 2017, 18	3
Belmond	1989	1
BGM, Brooklyn	1981, 86	2
Bishop Heelan, Sioux City	1971	1
Boone	1975, 2009	2
Buffalo Center	1938	1
Calamus-Wheatland	1992, 2018	2
Cardinal Stritch, Keokuk	1977, 79	2
Cascade	1977, 78, 87	3
Cedar Falls	1952, 57, 58, 70, 95, 96, 2011, 15,	8
Cedar Rapids, Franklin	1942	1
Cedar Rapids, Grant	193	1
Cedar Rapids, Jefferson	1958	1
Cedar Rapids, Kennedy	2005	1
Cedar Rapids, McKinley	1951	1
Cedar Rapids, Roosevelt	1949, 50	2
Centerville	1976, 88	2
Central, Elkader	2004, 10	2
Charles City	1974, 2013	2
Charlotte	1948	1
Cherokee, Washington	1976	1
Clarinda	1959, 61, 2005	3
Clarke, Osceola	1977	1
Clear Creek-Amana	2018, 19	2
Clear Lake	1986	1
Clinton	1980, 83, 85, 88	4
Clinton, St. Mary's; Mater Dei	1975, 91	2
CMB, Baxter	1998	1

Columbus Catholic, Waterloo	1967, 73, 78	3
Cresco, Notre Dame	1980	1
Dallas Center-Grimes	2017	1
Davenport, Central	1974	1
Davenport, West	1965, 68, 69, 73	4
Dayton	1945	1
Decorah	1961, 75, 2011	3
Delmar	1946	1
Denver	2012	1
Des Moines Christian	2019	1
Des Moines, East	1934, 44, 45, 48, 50, 53, 57, 90	8
Des Moines, Hoover	1968, 69	2
Des Moines, Lincoln	1955, 56	2
Des Moines, North	1949, 51, 54, 57	4
Des Moines, Roosevelt	1957, 2000, 04, 07	4
Des Moines, Tech	1961, 64, 66, 67	4
Dike-New Hartford	1999	1
Dowling Catholic, West Des Moines	1951, 71, 73, 75, 2010	5
Dubuque, Hempstead	2017, 18	2
Dubuque, Senior	1963, 86, 92, 93, 97	5
Eagle Grove	1967, 68, 69, 71, 85, 94	6
Eldon	1958	1
Eldora-New Providence	1987, 97	2
Elk Horn-Kimballton	1968	1
Elwood	1965	1
Fredericksburg	1965	1
Fremont	1951	1
Fort Madison	1940	1
Garnavillo	1971	1
Garner	1952	1
Gibson	1955	1
Gilbert	1982, 93, 2011, 13	4
Glenwood	1980, 84	2
Goldfield	1974	1
Grand Junction	1956	1
Grinnell	1951, 52, 53, 55, 62, 65, 71, 83, 2015, 16	10
Griswold	1956, 2006	2
Hedrick	1970	1
Humboldt	1995	1
Indianola	1970, 87	2
Iowa City; Iowa City, City High	1946, 48, 98, 2001, 03, 08	5
Iowa City, University High	1945, 49, 50	3
Iowa City, West	1991	1
Iowa Falls	1942	1
Iowa Mennonite, Kalona	1996, 2008	2
Janesville (Finchford Consolidated)	1936	1
Johnston	2013	1
Kee, Lansing	1979	1
Keokuk	1943	1
Knoxville	1941, 73, 81, 2010	4
Lake City	1976	1
LeClaire	1937, 54	2

Linn-Mar, Marion	1960, 61	2
LuVerne.....	1961	1
Madrid	1966	1
Maquoketa	1930	1
Marion	1973, 2016	2
Mar-Mac, McGregor	1972, 73	2
Marquette, Bellevue	2002	1
Marshalltown	1962, 72, 76, 84, 99, 2006	6
Mason City	1971	1
Mid-Prairie, Wellman.....	2017	1
Midland, Wyoming	2003	1
Miles	1967	1
Montezuma	1969	1
Monticello	2002, 06, 14	3
Mount Vernon	1955	1
Mount Vernon-Lisbon.....	2001, 03, 04, 14	4
Muscatine.....	1931, 32, 77, 79, 89	5
Nevada.....	1946, 48, 66, 96	4
Newman Catholic, Mason City.....	1978	1
Nodaway Valley	2003, 19	2
North Fayette, West Union.....	1971	1
North Winneshiek, Decorah	1976	1
North Polk	2012	1
NUH, Cedar Falls	1983, 90	2
Odebolt-Arthur	1958, 63, 69	3
Oelwein	1980	1
Ollie	1950	1
Osage.....	1953	1
Oskaloosa	1959, 60, 63	3
Ottumwa.....	1934, 35, 36, 38, 39	5
Oxford	1951	1
PCM, Monroe	2008	1
Pekin	2015, 16	2
Pella	2007, 08, 12	3
Pella Christian	1979	1
Pleasant Valley	2012, 16, 19	3
Pocahontas Catholic.....	1969	1
Prairie, Cedar Rapids.....	2009, 14	2
Prairie, Gowrie	1958, 67, 68, 69	4
Red Oak	1963, 64	2
Redfield	1942	1
Regina, Iowa City.....	2000, 05	2
Sheffield	1954, 57, 59	3
Sheldon	1982	1
Sioux City, Central	1959, 60, 62	3
Sioux City, East.....	1965, 70, 71	3
South Hamilton, Jewell	1988	1
South Hamilton, Randall	1960	1
South Page, College Springs.....	1957	1
South Winneshiek, Calmar	2007, 2009	2
Spirit Lake	2010	1
St. Albert, Council Bluffs	1991	1
Stanley	1952, 53	2
Thornburg.....	1939, 40, 73	3

Tipton	1972, 73, 74	3
Underwood.....	1960, 62	2
Unity Christian, Orange City	1974, 75, 84, 85, 97, 99, 2015, 16.....	8
Valley, West Des Moines	1954, 56, 60, 2002.....	4
Villisca	1970, 71	2
Vinton, Washington.....	1937, 38, 70	3
Wahlert, Dubuque	1994, 2005, 06	3
Wapsie Valley, Fairbank	2001	1
Washington	1944	1
Waterloo, West	1975	1
Waukon.....	1989, 90, 92, 94, 2000	5
Waverly-Shell Rock.....	1981	1
Webster City.....	1998	1
West Delaware, Manchester.....	1969	1
West Fork, Sheffield.....	2013, 14	2
West Lyon, Inwood	2011	1
West Sioux, Hawarden	1964, 65, 66, 75	4
Western Christian, Hull	1972, 73, 2004	3
Williamsburg.....	1940	1
Wilton	2007	1
Woodbine	1995	1
Zearing	1944	1

INDIVIDUAL RUNNERS-UP - YEAR-BY-YEAR

Note: Some years only the winning time was recorded

2 Miles

1922	Shipman, Fort Dodge	
1923	Wallace Elliott, Iowa City	
1924	McBaine, Fort Dodge	
1925	Smith, Cedar Rapids, Grant	
1926	Thomas Kelly, Parnell	
1927	Ralph Cozine, Iowa City, University High	
1928	Milo Wilson, Des Moines, East	
1929	George Holmes, Des Moines, East	

(First Official IHSAA Meet, 1930)

1930	John Garnes & Bob McElroy Muscatine (tied 1-2)	11:00.5
1931	Clarence Tesch, Grafton.....	NT
1932	Richard Beebe, Ottumwa.....	NT
1933	John Schmidt, Ottumwa.....	NT
1934	Frank Silver, Des Moines, East	NT

1.9 Miles

1935	Ray Davis, Oskaloosa.....	NT
1936	A Neal Hamilton, Oskaloosa	NT
	B Edwin Meyers, Iowa City, University High	NT
1937	A Laurence Inman, Oelwein	NT
	B Donald Spencer, Iowa City, University High	NT
	C Dale Winey, Clarence	NT
1938	A Stanley McCargar, Oskaloosa	NT
	B Charles Wright, Monticello.....	NT
	C Walter Maytag, Laurel.....	NT
1939	A Howard Goebel, Knoxville	NT
	B Charles Fetzner, Williamsburg.....	NT

	C	Ralph Zepp, Martinsburg	NT
1940	A	Albert Slater, Fort Madison	NT
	B	Fred Zollar, Iowa City, University High	NT
	C	Kenneth McFate, LeClaire	NT
1941	A	Louis Loper, Council Bluffs, Abraham Lincoln	11:19.4
	B	Frank Zollar, Iowa City, University High	11:58.5
	C	Daryl Thompson, Minburn	NT
1942	A	Howard Cole, Cedar Rapids, Franklin	NT
	B	Bob Hartsock, Iowa City, University High	NT
1943	A	Harold Williams, Des Moines, East	NT
	B	Richard Terrell, Iowa City University High	NT
	C	Kelvin Robinson, Mechanicsville	NT
1944	A	Lawrence Smith, Ottumwa	10:54.5
	B	Stanley Murray, Iowa City, University High	11:02.5
	C	Smith Oakes, Zearing	11:30.1
1945	A	Keith Sanford, Cedar Rapids, Franklin	NT
	B	Russell Benedict, Marion	NT
	C	Casper Robinson, Mechanicsville	NT
1946	A	Bob Hoak, Des Moines, Roosevelt	NT
	B	Eugene Hastings, Marion	NT
	C	Vernon Svoboda, Mechanicsville	NT
1947		One race run for all classes due to weather - no runner-up reported	
1948	AA	George Sullivan, Des Moines, East	NT
	A	Stan Petrick, Cedar Rapids, Roosevelt	NT
	B	Allen Mally, Marion	NT
	C	Arthur Trumbower, Napier	NT
1949	AA	John Williams, Cedar Rapids, Franklin	NT
	A	Donald Jones, Cedar Rapids, Roosevelt	NT
	B	Allen Mally, Marion	NT
	C	Eugene Kessell, Ollie	NT
1950	AA	Galen Hassen, Council Bluffs, Abraham Lincoln	<u>2 Mile</u> NT
	A	Charles Bauserman, Cedar Rapids, Roosevelt	NT
	B	Richard Hotz, Marion	NT
	C	Roger Runkle, Ollie	NT
1951	AA	Carl Zimmerman, Waterloo, West	<u>1.8 Miles</u> 9:48.4
	A	Roy Bever, Charles City	10:45.4
	B	Gerald Walker, Marion	10:11.1
	C	Harold Crowe, Fremont	10:43.1
1952	AA	John Aller, Dowling Catholic, DM	NT
	A	Charles DeLong, Grinnell	NT
	B	Clyde Callahan, Eldora	NT
	C	Ronny DeMuth, Stanley	NT
1953	AA	Ray Phares, Des Moines, Tech	NT
	A	Charles DeLong, Grinnell	NT
	B	Kenny Brack, Eldora	NT

	C	George Lee, Underwood	NT
1954	AA	Brian Travis, Des Moines, Tech.....	9:41.5
	A	Jim Hollis, West Des Moines	10:44.2
	B	Kenny Brock, Eldora	10:37.3
	C	George Lee, Underwood	10:05.7
1955	AA	Jim McFadden, Des Moines, North	9: 38.0
	A	Laverne Latcham, Grinnell.....	10:06.0
	B	Gary Haltmeyer, Postville	9:58.0
	C	Tommy Sentman, Ollie	NT
1956	AA	Tom Rivers, Sioux City, Central.....	NT
	A	John Woolson, Clarinda.....	NT
	B	Tom Tilton, LeClaire.....	NT
	C	Tommy Sentman, Ollie	NT
1957	AAAA	Ralph Trimble, Cedar Rapids, Jefferson.....	9:19.4
	AA	Konrad Billhardt, Oskaloosa	9:49.5
	A	Ronnie Olson, Decorah.....	9:34.7
	B	Don Storjohann, Underwood	10:19.0
	C	Raymond Miller, Menlo	10:33.0
1958	AAA	Eugene Rave, Sioux City, Central	NT
	AA	Wayne Benzing, Decorah	NT
	A	Bill Lynn, West Des Moines	NT
	B	Jim Batterson, Eldon.....	NT
	C	Robert Powers, Norwalk	10:36.5
1959	AAA	David Brown, Des Moines, Tech	NT
	AA	Rich Corso, Iowa City High	NT
	A	Larry Kramer, Belmond.....	NT
	B	Bill Taylor, Sheffield-Chapin	NT
	C	Paul Gilligan, LuVerne	NT
1960	AAA	Richard Helm, Des Moines, Tech	NT
	AA	Don Bergan, Columbus Catholic, Waterloo.....	NT
	A	Roger McCay, Creston	NT
	B	Bill Taylor, Sheffield-Chapin	NT
	C	Paul Gilligan, LuVerne	NT
1961	AAA	Jim Wilson, Sioux City, Central.....	9:19.7
	AA	Don Bergan, Columbus Catholic, Waterloo.....	9:30.0
	A	Tim White, West Sioux, Hawarden	NT
	B	Danny Achenbach, Fremont-Mills, Tabor	NT
	C	Jerry Murray, Klemme.....	NT
1962	AAA	Kenny Messer, Des Moines, Roosevelt.....	NT
	AA	Don Bergan, Columbus Catholic, Waterloo.....	NT
	A	Merlin Lewis, Clarinda.....	NT
	B	Paul Wright, Iowa City, University High	NT
	C	Bob Coons, Linn-Mar, Marion.....	NT
1963	AAA	Ken Gallagher, Marshalltown.....	NT
	AA	Rollie Kitt, Kuemper Catholic, Carroll	NT
	A	Ronald Taylor, Clarinda	NT
	B	Dennis Reed, Anita	NT
	C	Bruce Penney, Preston.....	NT
1964	AAAA	Steve Gerkin, Sioux City, Central	9:19.1
	AAA	Rollie Kitt, Kuemper, Carroll	9:23.0

	AA	Galen Lininger, Clarinda	NT
	A	Tom Halboth, Odebolt-Arthur.....	NT
	B	Larry Ruggles, Anita	NT
	C	Gorden Hansen, Miles	NT
1965	AAAA	Steve Gerkin, Sioux City, Central	9:02.0
	AAA	Ted Fulk, Marshalltown.....	9:15.0
	AA	Stan Visser, Western Christian, Hull.....	9:26.0
	A	Keith Allen, Cardinal, Eldon	9:31.2
	B	Larry Ruggles, Anita	9:39.0
	C	Larry Sellers, Russell	10:00.0
1966	AAAA	Greg Coons, Sioux City, Central.....	9:12.0
	AAA	Denny McGuire, Columbus Catholic, Waterloo	9:18.5
	AA	Dean Twedt, Nevada	9:11.9
	A	Larry Bockelman, West Sioux, Hawarden	9:46.5
	B	Jerry Lundquist, Sutherland.....	9:45.9
	C	Mike Origer, Lincoln Central, Gruver	9:47.8
			<u>2 Miles</u>
1967	AAAA	Lynn Lee, Mason City	10:09.5
	AAA	Greg Dengler, Ames	10:08.5
	AA	Lynn Ellis, Red Oak	10:34.2
	A	Mark Aschim, Decorah.....	10:19.8
	B	Larry Greiner, Pekin, Packwood	10:34.8
	C	Greg Wood, Meservey-Thornton	10:59.5
1968	AAAA	Arnold DeAnda, Davenport, Central	10:13.2
	AAA	Dave Powell, Ames.....	10:00.8
	AA	Bob Stauffer, Eagle Grove.....	10:19.0
	A	Dennis Ellingson, Decorah	10:15.9
	B	Roger Villers, Montezuma	10:29.6
	C	Curt Hoegh, Elk Horn-Kimballton.....	10:20.2
1969	AAAA	Pat Yochum, Dowling Catholic, Des Moines	10:04.9
	AAA	Rich Twedt, Des Moines, Hoover	9:48.9
	AA	Lee Schreurs, Ankeny.....	10:03.9
	A	Bob Stauffer, Eagle Grove.....	10:08.5
	B	Tim Williamson, Grundy Center.....	10:20.6
	C	Bob Schlieseman, BCL, Conrad	10:36.9
	D	Steve Seamer, Miles.....	10:14.2
1970	AAAA	Gene Bluedorn, Davenport, West.....	10:03.2
	AAA	Don Akin, Sioux City, East.....	10:05.1
	AA	Dave Hanson, Grinnell.....	10:27.8
	A	Chuck Cassel, Bishop Garrigan, Algona	10:26.5
	B	Tim Williamson, Grundy Center.....	10:29.3
	C	Wayne Hammitt, Woodbine	10:52.6
	D	Dennis Capps, Hedrick	10:55.2
1971	AAAA	Gregg Newell, Davenport, Central.....	9:46.4
	AAA	Tom Schoberg, Bishop Heelan, Sioux City.....	9:44.2
	AA	Dave Hanson, Grinnell.....	10:21.7
	A	Rex Madsen, Sheldon.....	10:14.8
	B	Charles Rump, Aquinas, Fort Madison.....	10:15.4
	C	Don Longnecker, BGM, Brooklyn	10:29.1
	D	Dan Gingerich, MarMac, McGregor.....	10:42.4
1972	AAAA	Jeff Myers, Davenport, West	10:01.9
	AAA	Shane Dooley, Des Moines, Hoover.....	9:57.8

	AA	Mike Burns, Indianola	10:14.8
	A	Craig Hoden, Linn-Mar, Marion	10:03.7
	B	Brian Kenyon, Bishop Garrigan, Algona	10:12.6
	C	Chuck Baker, Dike	10:34.7
	D	Mark Hughes, Elwood	10:34.1
1973	AAAA	Edward Moreno, Davenport, Central	9:51.0
	AAA	Ed Newell, Sioux City, North	10:10.0
	AA	Mark Bishop, Indianola	10:17.0
	A	Mark Adamson, Cherokee, Washington	10:00.0
	B	Ron Gomis, Johnston	10:32.0
	C	Dan Stice, Aquinas, Fort Madison	10:42.0
	D	Wade Pestka, Oxford Junction	10:33.0
1974	AAAA	David Korir, Cedar Rapids, Washington	9:40.0
	AAA	Mike Duncan, Columbus Catholic, Waterloo	9:33.3
	AA	Gene McGivern, Assumption, Davenport	10:02.0
	A	Tim Holton, Cherokee, Washington	10:02.0
	B	Blair Renfro, Shenandoah	10:11.0
	C	Pat Hayes, Aquin, Cascade	10:17.0
	D	Pete Stevenson, Meriden-Cleghorn	10:05.0
1975	AAAA	Jamie Hutcheson, Marshalltown	9:44.0
	AAA	Jon Mathiason, Ames	9:35.0
	AA	Ed Croson, Lewis Central	9:51.0
	A	Kevin Ubbelohde, Clear Lake	10:01.0
	B	Joe Pelsler, Tipton	9:56.0
	C	Pat Hayes, Aquin, Cascade	9:55.0
	D	Tom Ries, Clinton, St. Mary's	10:27.0
1976	AA	Jamie Hutcheson, Marshalltown	9:45.0
	A	Tim Holton, Cherokee, Washington	9:59.0
	B	Jon Betz, North Polk, Alleman	10:02.0
	C	Tom Peacher, Cardinal Stritch, Keokuk	10:42.0
1977	AA	Jim McCauley, Bishop Heelan, Sioux City	NT
	A	Randy Fitzgerald, Decorah	NT
	B	Steve Greiner, Pekin, Packwood	NT
	C	Tim Henricksen, Lincoln Central, Gruver	NT
1978	AA	Matt Trimble, Iowa City, City High	NT
	A	Tim Mueting, Denison	NT
	B	Dan Kroeze, Unity Christian, Orange City	NT
	C	Tim Henricksen, Lincoln Central, Gruver	NT
1979	AA	Jeff Jacobs, Clinton	9:49.0
	A	Bill Kerkaert, Sheldon	9:46.0
	B	Mike Karamitros, Newman Catholic, Mason City	10:05.0
	C	Roger Tiarks, Treynor	10:20.0
1980	AA	Jeff Jacobs, Clinton	9:36.0
	A	Bill Kerkaert, Sheldon	9:46.0
	B	Randy Canaan, Maurice-Orange City	10:18.0
	C	Dan Schreck, Cardinal Stritch, Keokuk	10:23.0
1981	3A	Mike Lee, Council Bluffs, Abraham Lincoln	9:48.4
	2A	Mike Grevengoed, Western Christian, Hull	9:51.8
	1A	Shawn Connor, Kee, Lansing	10:15.3
1982	3A	Mike Lee, Council Bluffs, Abraham Lincoln	9:46.4
	2A	Chris Shehan, Red Oak	10:00.6

	1A	Lonnie Minor, BGM, Brooklyn	10:11.4
1983	3A	Mark Block, Fort Dodge	9:45.3
	2A	Tom Penningroth, Tipton	9:50.7
	1A	Brian Hawes, Kee, Lansing	9:53.8
1984	3A	Jeff Burris, Ames.....	9:55.3
	2A	Dan Hostager, Audubon	10:04.5
	1A	Paul Barnhart, Gehlen Catholic, LeMars	10:11.5
1985	3A	Jason Maxson, Cedar Rapids, Washington.....	10:04.1
	2A	Dave Halferty, Chariton.....	10:16.5
	1A	Paul Barnhart, Gehlen Catholic, LeMars	9:53.2
1986	3A	Tory Tepp, Dubuque, Senior	9:59.6
	2A	Dwaine Heppler, Sheldon	10:17.8
	1A	Kent Keith, Cedar Valley, Farnhamville	10:32.1
			<u>5,000 Meters</u>
1987	3A	Jason Maxson, Cedar Rapids, Washington.....	15:46.9
	2A	Matt Lindaman, Humboldt.....	16:12.6
	1A	Shawn Lansing, Holy Cross, Leo.....	16:12.0
1988	3A	Brian Runyan, Indianola	16:06.4
	2A	Brian Hornbuckle, Shenandoah.....	16:10.9
	1A	Lance Elliott, Montezuma	16:15.0
1989	3A	Doug Birk, Sioux City, East.....	16:20.1
	2A	Andy Kauder, Cascade, Western Dubuque.....	16:28.3
	1A	Mike Penningroth, Tipton	16:19.3
1990	3A	Albert Hayton, Clinton	16:33.0
	2A	Brent McGrew, Decorah	16:40.0
	1A	Nathan Smith, East Union, Afton	16:52.0
1991	3A	Roba Bati, Iowa City, West	16:18.8
	2A	Daron DeJong, MOC-Floyd Valley	16:38.6
	1A	Chris Stone, Clinton, Mater Dei	16:54.7
1992	3A	Ambo Bati, Iowa City, West	15:33.0
	2A	Daron DeJong, MOC-Floyd Valley	16:15.2
	1A	Corey Stock, St. Albert, Council Bluffs	16:24.8
1993	3A	Sam Burkett, Urbandale.....	15:36.9
	2A	Jesse Sand, Cedar Rapids, Regis.....	16:08.9
	1A	Dan Reis, Turkey Valley, Jackson Junction	16:19.7
1994	3A	Charley Kelly, Marshalltown	15:48.6
	2A	Mike Stults, Knoxville	15:55.4
	1A	Tavis Cummings, Van Buren, Keosauqua.....	16:01.3
1995	3A	Trent Corey, Dubuque, Senior	15:44.0
	2A	Peter Hollatz, Centerville	16:01.0
	1A	Jason Probasco, Woodbine	16:17.0
1996	3A	Shaun Allen, Fort Madison	15:41.0
	2A	Peter Hollatz, Centerville	15:50.0
	1A	David Baldwin, Jesup.....	16:20.0
1997	3A	Shaun Allen, Fort Madison	15:16.0
	2A	Matt Cook, Monticello	15:45.0

	1A	Adam Sundall, Bishop Garrigan, Algona	15:59.0
1998	3A	Grant Shadden, Marshalltown	15:32.0
	2A	Dan Van Engen, Unity Christian, Orange City.....	16:07.0
	1A	Tad Stolley, Woodbine.....	16:07.0
1999	3A	Trent Graham, Des Moines, Roosevelt	15:17.0
	2A	Robby Weber, Perry	15:52.0
	1A	Justin Pieper, Aquinas, Fort Madison	16:15.0
2000	3A	Chris Jones, Iowa City West.....	15:39.0
	2A	Dylan Davis, ADM, Adel.....	16:09.0
	1A	Jason Flogel, Marquette Catholic, Bellevue	16:09.0
2001	3A	Andy Johnson, Des Moines, Roosevelt.....	15:46.0
	2A	Chris Legore, Mount Vernon-Lisbon.....	15:59.0
	1A	Adam Bohach, South Winneshiek, Calmar	16:14.0
2002	3A	Joe Morgan, Clinton.....	15:27.0
	2A	Brett Adams, Assumption, Davenport.....	15:53.0
	1A	Dan Mayer, West Central Valley, Stuart.....	16:16.0
2003	4A	Kiel Uhl, Des Moines, Roosevelt	15:19.0
	3A	Nick Murphy, Bishop Heelan, Sioux City	15:39.0
	2A	Dan Mayer, West Central Valley, Stuart.....	16:26.0
	1A	Tim McKenna, Northern University High, Cedar Falls.....	16:12.0
2004	4A	Jon Thomas, Des Moines, Roosevelt	15:34.0
	3A	Tony Fischels, Webster City	16:22.0
	2A	Danny Owens, Clarinda	16:45.0
	1A	Nate Petesch, Marquette Catholic, Bellevue	16:58.0
2005	4A	Jordan Anderson, Mason City	15:58.0
	3A	Tyler Meyer, Wahlert, Dubuque.....	16:32.0
	2A	Dalton Lems, Western Christian, Hull.....	16:32.0
	1A	Cody Dreyer, Central, Elkader.....	16:44.0
2006	4A	Devin Allbaugh, Pleasant Valley.....	16:03.0
	3A	Brian Koch, Wahlert, Dubuque	16:09.0
	2A	Brian Gesink, Sioux Center	16:26.0
	1A	Dana Schmidt, Grundy Center.....	16:26.0
2007	4A	Obsa Taddese, Iowa City, West.....	15:40.0
	3A	Aaron May, Xavier, Cedar Rapids	15:50.0
	2A	Casey Robertson, Columbus Community, Columbus Junction.....	15:51.0
	1A	Josh Mellman, Rockwell-Swaledale/SCMT	16:07.0
2008	4A	Marshall Moyer, Burlington	15:27.0
	3A	Chad Rutledge, Algona.....	15:46.0
	2A	Brett Castek, Osage.....	16:18.0
	1A	Jamie Meek, Griswold.....	16:02.0
2009	4A	Tyler Meseke, Pleasant Valley	15:52.0
	3A	Conner Smock, Mount Vernon-Lisbon.....	15:39.0
	2A	Alec Baldwin, Spirit Lake	16:22.0
	1A	Dan McDonald, BCLUW, Conrad	16:43.0
2010	4A	Marshall Moyer, Burlington	15:25.0
	3A	Ryan McMahon, Algona.....	15:31.0
	2A	Keith Byers, Spirit Lake.....	16:15.0
	1A	Taylor Huseman, Manson Northwest Webster.....	16:04.0

2011	4A	Josh Evans, Linn-Mar, Marion	15:10.0
	3A	Conner Smock, Mount Vernon-Lisbon.....	15:32.5
	2A	Will Norris, Spirit Lake.....	15:48.0
	1A	Cade Cleaveland, Riverside, Oakland.....	16:05.0
2012	4A	Dylan Eigenberger, Dubuque, Senior	15:07.0
	3A	Albert Meier, Boone	15:35.0
	2A	Thomas Pollard, Gilbert	15:36.0
	1A	John Crew, Dike-New Hartford	16:26.0
2013	4A	Spencer Clark, Dowling Catholic, WDM	15:30.5
	3A	Albert Meier, Boone	15:53.5
	2A	Thomas Pollard, Gilbert	15:20.2
	1A	Peyton Twedt, West Fork, Sheffield	16:37.0
2014	4A	Ryan Schweizer, Dowling Catholic, WDM.....	15:27.1
	3A	Josh Yeager, Center Point-Urbana.....	16:09.4
	2A	Chase Smith, Garner-Hayfield-Ventura	16:18.7
	1A	Ryan Izer, Turkey Valley, Jackson Junction	16:24.8
2015	4A	Tysen VanDraska, Prairie, Cedar Rapids.....	15:49.9
	3A	J.J Orput, Carlisle	16:18.0
	2A	Chase Smith, Garner-Hayfield-Ventura	16:07.1
	1A	Andrew Meyer, Bellevue	16:41.0
2016	4A	Sam Schillinger, Cedar Falls	15:43.0
	3A	Myles Bach, Marion	16:14.5
	2A	Reece Smith, Garner-Hayfield-Ventura	16:02.2
	1A	Jerry Jorgenson, Treynor.....	16:32.2
2017	4A	Matthew Carmody, Dowling Catholic, WDM.....	15:24.6
	3A	Jeremy Fopma, Marion.....	15:54.8
	2A	Reece Smith, Garner-Hayfield-Ventura	16:03.9
	1A	Sean McDermott, Madrid.....	16:20.6
2018	4A	Jack Pendergast, Prairie, Cedar Rapids.....	15:41.7
	3A	Quinton Orr, Humboldt.....	16:10.0
	2A	Joe Anderson, George-Little Rock/Central Lyon	16:22.2
	1A	Joshua Baudler, Nodaway Valley	16:19.8
2019	4A	Sam Hall, Dowling Catholic, W.D.M.	15:29.5
	3A	Quinton Orr, Humboldt.....	15:52.1
	2A	Brady Griebel, Bellevue	16:02.8
	1A	Noah Jorgenson, Sidney	16:24.1

INDIVIDUAL IHSAA RUNNERS-UP – Alphabetically

Achenbach, Danny.....	Fremont-Mills 1961
Adams, Brett	Assumption, Davenport 2002
Adamson, Mark	Cherokee, Washington 1973
Akin, Don.....	Sioux City, East 1970
Allbaugh, Devin	Pleasant Valley 2006
Allen, Keith	Cardinal, Eldon 1965
Allen, Shaun (2)	Fort Madison 1996, 97
Aller, John	Dowling, Des Moines 1952
Anderson, Jordan.....	Mason City 2005
Anderson, Joe	George-Little Rock/Central Lyon 2018
Aschim, Mark	Decorah 1967

Bach, Myles.....	Marion 2016
Baker, Chuck.....	Dike 1972
Baldwin, Alec.....	Spirit Lake 2009
Baldwin, David	Jesup 1996
Barnhart, Paul (2).....	Gehlen Catholic, LeMars 1984, 85
Bati, Ambo.....	Iowa City, West 1992
Bati, Roba	Iowa City, West 1991
Batterson, Jim	Eldon 1958
Baudler, Joshua	Nodaway Valley 2018
Bauserman, Charles	Cedar Rapids, Roosevelt 1950
Beebe, Richard	Ottumwa 1932
Benedict, Russell	Marion 1945
Benzing, Wayne.....	Decorah 1958
Bergan, Don (3)	Columbus, Waterloo 1960, 61, 62
Betz, Jon	North Polk, Alleman 1976
Bever, Roy	Charles City 1951
Billhardt, Konrad	Oskaloosa 1957
Birk, Doug	Sioux City, East 1989
Bishop, Mark	Indianola 1973
Block, Mark	Fort Dodge 1983
Bluedorn, Gene.....	Davenport, West 1970
Bockelman, Larry.....	West Sioux, Hawarden 1966
Bohach, Adam	South Winneshiek, Calmar 2001
Brack, Kenny (2)	Eldora 1953, 54
Brown, David.....	Des Moines, Tech 1959
Burkett, Sam	Urbandale 1993
Burns, Mike	Indianola 1972
Burris, Jeff.....	Ames 1984
Byers, Keith.....	Spirit Lake 2010
Callahan, Clyde.....	Eldora 1952
Canaan, Randy	Maurice-Orange City 1980
Capps, Dennis	Hedrick 1970
Carmody, Matthew.....	Dowling Catholic, WDM 2017
Cassell, Chuck	Bishop Garrigan, Algona 1970
Castek, Brett	Osage 2008
Clark, Spencer	Dowling Catholic, WDM 2013
Cleaveland, Cade	Riverside, Oakland 2011
Cole, Howard	Cedar Rapids, Franklin 1942
Connor, Shawn	Kee, Lansing 1981
Cook, Matt.....	Monticello 1997
Coons, Bob	Linn-Mar, Marion 1962
Coons, Greg.....	Sioux City, Central 1966
Corey, Trent.....	Dubuque, Senior 1995
Corso, Rich	Iowa City 1959
Crew, John.....	Dike-New Hartford 2012
Croson, Ed	Lewis Central 1975
Crowe, Harold	Fremont 1951
Cummings, Tavis	Van Buren, Keosauqua 1994
Davis, Dylan.....	ADM, Adel 2000
Davis, Ray.....	Oskaloosa 1935
DeAnda, Arnold.....	Davenport, Central 1968
DeJong, Daron (2)	MOC-Floyd Valley 1991, 92
DeLong, Charles (2).....	Grinnell 1952, 53
DeMuth, Ronny	Stanley 1952
Dengler, Greg.....	Ames 1967
Dooley, Shane	Des Moines, Hoover 1972
Dreyer, Cody.....	Central Elkader 2005
Duncan, Mike	Columbus, Waterloo 1974

Eigenberger, Dylan	Dubuque, Senior 2012
Ellingson, Dennis	Decorah 1968
Elliott, Lance.....	Montezuma 1988
Ellis, Lynn.....	Red Oak 1967
Evans, Josh.....	Linn-Mar, Marion 2011
Fetzer, Charles	Williamsburg 1939
Fischels, Tony.....	Webster City 2004
Fitzgerald, Randy.....	Decorah 1977
Flogel, Jason.....	Marquette Catholic, Bellevue 2000
Fopma, Jeremy	Marion 2017
Fulk, Ted	Marshalltown 1965
Gallagher, Ken	Marshalltown 1963
Gerkin, Steve (2).....	Sioux City, Central 1964, 65
Gesink, Brian.....	Sioux Center 2006
Gilligan, Paul (2)	LuVerne 1959, 60
Gingerich, Dan	Mar-Mac, McGregor 1971
Goebel, Howard	Knoxville 1939
Gomis, Ron	Johnston 1973
Graham, Trent.....	Des Moines, Roosevelt 1999
Greiner, Larry.....	Pekin, Packwood 1967
Greiner, Steve.....	Pekin, Packwood 1977
Grevengoed, Mike.....	Western Christian, Hull 1981
Griebel, Brady.....	Bellevue 2019
Halboth, Tom.....	Odebolt-Arthur 1964
Halferty, Dave	Chariton 1985
Hall, Sam.....	Dowling Catholic, W.D.M. 2019
Haltmeyer, Gary.....	Postville 1955
Hamilton, Neal	Oskaloosa 1936
Hammitt, Wayne	Woodbine 1970
Hansen, Gorden.....	Miles 1964
Hanson, Dave (2).....	Grinnell 1970,71
Hartsock, Bob.....	Iowa City, University High 1942
Hassen, Galen	Council Bluffs, Abraham Lincoln 1950
Hastings, Eugene.....	Marion 1946
Hawes, Brian.....	Kee, Lansing 1983
Hayes, Pat (2)	Aquin, Cascade 1974, 75
Hayton, Albert	Clinton 1990
Helm, Richard	Des Moines, Tech 1960
Henricksen, Tim (2).....	Lincoln Central, Gruver 1977, 78
Heppler, Dwaine	Sheldon 1986
Hoak, Bob	Des Moines, Roosevelt 1946
Hoden, Craig.....	Linn-Mar, Marion 1972
Hoegh, Curt.....	Elk Horn-Kimballton 1968
Hollatz, Peter (2).....	Centerville 1995, 96
Hollis, Jim.....	West Des Moines 1954
Holton, Tim (2)	Cherokee, Washington 1974, 76
Hornbuckle, Brian	Shenandoah 1988
Hostager, Dan	Audubon 1984
Hotz, Richard	Marion 1950
Hughes, Mark.....	Elwood 1972
Huseman, Taylor.....	Manson Northwest Webster 2010
Hutcheson, Jamie (2).....	Marshalltown 1975, 76
Inman, Laurence	Oelwein 1937
Izer, Ryan.....	Turkey Valley, Jackson Junction 2014
Jacobs, Jeff (2)	Clinton 1979, 80

Johnson, Andy	Des Moines, Roosevelt 2001
Jones, Chris	Iowa City, West 2000
Jones, Donald	Cedar Rapids, Roosevelt 1949
Jorgenson, Jerry	Treynor 2016
Jorgenson, Noah.....	Sidney, 2019
Karamitros, Mike	Newman Catholic, Mason City 1979
Kauder, Andy	Cascade, Western Dubuque 1989
Keith, Kent.....	Cedar Valley, Farnhamville 1986
Kelly, Charley	Marshalltown 1994
Kenyon, Brian	Bishop Garrigan, Algona 1972
Kerkaert, Bill (2)	Sheldon 1979, 80
Kessell, Eugene	Ollie 1949
Kitt, Rollie (2).....	Kuemper Catholic, Carroll 1963, 64
Koch, Brian.....	Wahlert, Dubuque 2006
Korir, David	Cedar Rapids, Washington 1974
Kramer, Larry	Belmond 1959
Kroeze, Dan	Unity Christian, Orange City 1978
Lansing, Shawn	Holy Cross, Leo 1987
Latcham, Laverne	Grinnell 1955
Lee, George (2).....	Underwood 1953, 54
Lee, Lynn	Mason City 1967
Lee, Mike (2)	Council Bluffs, Abraham Lincoln 1981, 82
Legore, Chris.....	Mount Vernon-Lisbon 2001
Lems, Dalton	Western Christian, Hull 2005
Lewis, Merlin	Clarinda 1962
Lindaman, Matt	Humboldt 1987
Liningner, Galen.....	Clarinda 1964
Longnecker, Don.....	BGM, Brooklyn 1971
Loper, Louis	Council Bluffs, Abraham Lincoln 1941
Lundquist, Jerry	Sutherland 1966
Lynn, Bill.....	West Des Moines 1958
Madsen, Rex	Sheldon 1971
Mally, Allen (2)	Marion 1948, 49
Mathiason, Jon.....	Ames 1975
Maxson, Jason (2)	Cedar Rapids, Washington 1985, 87
May, Aaron.....	Xavier, Cedar Rapids 2007
Mayer, Dan (2)	West Central Valley, Stuart 2002, 03
Maytag, Walter	Laurel 1938
McCargar, Stanley	Oskaloosa 1938
McCauley, Jim.....	Bishop Heelan, Sioux City 1977
McCay, Roger	Creston 1960
McDermott, Sean	Madrid 2017
McDonald, Donald	BCLUW, Conrad 2009
McFadden, Jim	Des Moines, North 1955
McFate, Kenneth.....	LeClaire 1940
McGivern, Gene.....	Assumption, Davenport 1974
McGrew, Brent	Decorah 1990
McGuire, Denny	Columbus, Waterloo 1966
McKenna, Tim	Northern University High, Cedar Falls 2003
McMahon, Ryan.....	Algona 2010
Meek, Jaime.....	Griswold 2008
Meier, Albert (2)	Boone 2012, 13
Mellman, Josh	Rockwell-Swaledale/SCMT 2007
Meseke, Taylor	Pleasant Valley 2009
Messer, Kenny	Des Moines, Roosevelt 1962
Meyer, Andrew	Bellevue 2015
Meyer, Tyler	Wahlert, Dubuque 2005

Miller, Raymond	Menlo 1957
Minor, Lonnie	BGM, Brooklyn 1982
Moreno, Edward.....	Davenport, Central 1973
Morgan, Joe	Clinton 2002
Moyer, Marshall (2).....	Burlington 2008, 2010
Mueting, Tim	Denison 1978
Murphy, Nick	Bishop Heelan, Sioux City 2003
Murray, Jerry.....	Klemme 1961
Murray, Stanley.....	Iowa City, University High 1944
Myers, Edwin.....	Iowa City, University High 1936
Myers, Jeff.....	Davenport, West 1972
Newell, Ed	Sioux City, North 1973
Newell, Gregg	Davenport, Central 1971
Norris, Will.....	Spirit Lake 2011
Oakes, Smith.....	Zearing 1944
Olson, Ronnie	Decorah 1957
Origer, Mike.....	Lincoln Central, Gruver 1966
Orput, J.J.....	Carlisle 2015
Orr, Quinton (2).....	Humboldt 2018, 19
Owens, Danny	Clarinda 2004
Peacher, Tom.....	Cardinal Stritch, Keokuk 1976
Pelzer, Joe	Tipton 1975
Pendergast, Jack	Prairie, Cedar Rapids 2018
Penney, Bruce	Preston 1963
Pestka, Wade.....	Oxford Junction 1973
Petesch, Nate.....	Marquette Catholic, Bellevue 2004
Petrick, Stan.....	Cedar Rapids, Roosevelt 1948
Penningroth, Mike.....	Tipton 1989
Penningroth, Tom	Tipton 1983
Phares, Ray	Des Moines, Tech 1953
Pieper, Justin	Aquinas, Fort Madison 1999
Pollard, Thomas (2)	Gilbert 2012, 13
Powell, Dave	Ames 1968
Powers, Robert	Norwalk 1958
Probasco, Jason	Woodbine 1995
Rave, Eugene	Sioux City, Central 1958
Reed, Dennis	Anita 1963
Reis, Dan	Turkey Valley, Jackson Junction 1993
Renfro, Blair	Shenandoah 1974
Ries, Tom.....	Clinton, St. Mary's 1975
Rivers, Tom.....	Sioux City, Central 1956
Robertson, Casey	Columbus Community, Columbus Jct. 2007
Robinson, Calvin.....	Mechanicsville 1943
Robinson, Casper	Mechanicsville 1945
Ruggles, Larry (2)	Anita 1964, 65
Rump, Charles	Aquinas, Fort Madison 1971
Runkle, Roger	Ollie 1950
Runyan, Brian	Indianola 1988
Rutledge, Chad	Algona 2008
Sand, Jesse	Cedar Rapids, Regis 1993
Sanford, Keith	Cedar Rapids, Franklin 1945
Schillinger, Sam	Cedar Falls 2016
Schliesman, Bob	BCL, Conrad 1969
Schmidt, Dana	Grundy Center 2006
Schmidt, John	Ottumwa 1933
Schoberg, Tom	Bishop Heelan, Sioux City 1971

Schreck, Dan.....	Cardinal Stritch, Keokuk 1980
Schreurs, Lee.....	Ankeny 1969
Schweizer, Ryan.....	Dowling Catholic, WDM 2014
Seamer, Steve.....	Miles 1969
Sellers, Larry.....	Russell 1965
Sentman, Tommy (2).....	Ollie 1955, 56
Shadden, Grant.....	Marshalltown 1998
Shehan, Chris.....	Red Oak 1982
Silver, Frank.....	Des Moines, East 1934
Slater, Albert.....	Fort Madison 1940
Smith, Chase (2).....	Garner-Hayfield-Ventura 2014, 15
Smith, Reece (2).....	Garner-Hayfield-Ventura 2016, 17
Smith, Lawrence.....	Ottumwa 1944
Smith, Nathan.....	East Union, Afton 1990
Smock, Conner (2).....	Mount Vernon-Lisbon 2009, 11
Spencer, Donald.....	Iowa City, University High 1937
Stauffer, Bob (2).....	Eagle Grove 1968, 69
Stevenson, Pete.....	Meriden-Cleghorn 1974
Stice, Dan.....	Aquinas, Fort Madison 1973
Stock, Corey.....	St. Albert, Council Bluffs 1992
Stone, Chris.....	Clinton, Mater Dei 1991
Stolley, Tad.....	Woodbine 1998
Storjohann, Don.....	Underwood 1957
Stults, Mike.....	Knoxville 1994
Sullivan, George.....	Des Moines, East 1948
Sundall, Adam.....	Bishop Garrigan, Algona 1997
Svoboda, Vernon.....	Mechanicsville 1946
Taddese, Obsa.....	Iowa City West 2007
Taylor, Bill (2).....	Sheffield-Chapin 1959, 60
Taylor, Ronald.....	Clarinda 1963
Tepp, Tory.....	Dubuque, Senior 1986
Terrill, Richard.....	Iowa City, University 1943
Tesch, Clarence.....	Grafton 1931
Thomas, Jon.....	Des Moines, Roosevelt 2004
Thompson, Daryl.....	Minburn, 1941
Tiarks, Roger.....	Treynor 1979
Tilton, Tom.....	LeClaire 1956
Travis, Brian.....	Des Moines, Tech 1954
Trimble, Matt.....	Iowa City, City High 1978
Trimble, Ralph.....	Cedar Rapids, Jefferson 1957
Trumbower, Arthur.....	Napier 1948
Twedt, Dean.....	Nevada 1966
Twedt, Peyton.....	West Fork, Sheffield 2013
Twedt, Rich.....	Des Moines, Hoover 1969
Ubbelohde, Kevin.....	Clear Lake 1975
Uhl, Kiel.....	Des Moines, Roosevelt 2003
VanDraska, Tysen.....	Prairie, Cedar Rapids 2015
Van Engen, Dan.....	Unity Christian, Orange City 1998
Villers, Roger.....	Montezuma 1968
Visser, Stan.....	Western Christian, Hull 1965
Walker, Gerald.....	Marion 1951
Weber, Robby.....	Perry 1999
White, Tim.....	West Sioux, Hawarden 1961
Williams, Harold.....	Des Moines East 1943
Williams, John.....	Cedar Rapids, Franklin 1949
Williamson, Tim (2).....	Grundy Center 1969, 70
Wilson, Jim.....	Sioux City, Central 1961

Winey, Dale.....	Clarence 1937
Wood, Greg.....	Meservey-Thornton 1967
Woolson, John.....	Clarinda 1956
Wright, Charles.....	Monticello 1938
Wright, Paul.....	Iowa City, University High 1962
Yeager, Josh.....	Center Point-Urbana 2014
Yochum, Pat.....	Dowling Catholic, Des Moines 1969
Zepp, Ralph.....	Martinsburg 1939
Zimmerman, Carl.....	Waterloo, West 1951
Zollar, Fred.....	Iowa City, University High 1940
Zollar, Frank.....	Iowa City, University High 1941

SCHOOLS BOASTING IHSAA INDIVIDUAL RUNNER-UP

A-D-M, Adel.....	1	Columbus Community, Columbus Jct.....	1
Algona.....	2	Columbus, Waterloo.....	5
Ames.....	4	Council Bluffs, Abraham Lincoln.....	4
Anita.....	3	Creston.....	1
Ankeny.....	1		
Aquin, Cascade.....	2	Davenport, Central.....	3
Aquinas, Fort Madison.....	3	Davenport, West.....	2
Assumption, Davenport.....	2	Decorah.....	6
Audubon.....	1	Denison.....	1
		Des Moines, East.....	3
BCL, Conrad.....	1	Des Moines, Hoover.....	2
BCLUW, Conrad.....	1	Des Moines, North.....	1
Bellevue.....	2	Des Moines, Roosevelt.....	5
Belmond.....	1	Des Moines, Tech.....	4
BGM, Brooklyn.....	2	Dike.....	1
Bishop Garrigan, Algona.....	3	Dike-New Hartford.....	1
Bishop Heelan, Sioux City.....	3	Dowling Catholic, Des Moines & WDM.....	4
Boone.....	2	Dubuque, Senior.....	3
Burlington.....	2	Dowling Catholic, WDM.....	2
Cardinal, Eldon.....	1	Eagle Grove.....	2
Cardinal Stritch, Keokuk.....	2	East Union, Afton.....	1
Carlisle.....	1	Eldon.....	1
Cascade (Western Dubuque).....	1	Eldora.....	3
Cedar Falls.....	1	Elk Horn-Kimballton.....	1
Cedar Rapids, Franklin.....	3	Elwood.....	1
Cedar Rapids, Jefferson.....	1		
Cedar Rapids, Regis.....	1	Fort Dodge.....	1
Cedar Rapids, Roosevelt.....	3	Fort Madison.....	3
Cedar Rapids, Washington.....	3	Fremont.....	1
Cedar Valley, Somers.....	1	Fremont-Mills, Tabor.....	1
Center Point-Urbana.....	1		
Centerville.....	2	Garner-Hayfield-Ventura.....	4
Central Elkader.....	1	Gehlen Catholic, LeMars.....	2
Chariton.....	1	George-Little Rock/Central Lyon.....	1
Charles City.....	1	Gilbert.....	2
Cherokee.....	3	Grafton.....	1
Clarence.....	1	Grinnell.....	5
Clarinda.....	3	Griswold.....	1
Clear Lake.....	1	Grundy Center.....	3
Clinton.....	4		
Clinton, St. Mary's; Mater Dei.....	2	Hedrick.....	1

Holy Cross, Leo	1	Oskaloosa	4
Humboldt.....	3	Ottumwa	3
Indianola.....	3	Oxford Junction	1
Iowa City, City High.....	2	Pekin, Packwood.....	2
Iowa City, University High	7	Perry.....	1
Iowa City, West	3	Pleasant Valley	2
Jesup.....	1	Postville	1
Johnston.....	1	Prairie, Cedar Rapids.....	2
Kee, Lansing	2	Preston	1
Klemme	1	Red Oak	2
Knoxville.....	2	Riverside, Oakland.....	1
Kuemper, Carroll.....	2	Rockwell-Swaledale/SCMT (West Fork).....	1
Laurel	1	Russell.....	1
LeClaire.....	2	St. Albert, Council Bluffs	1
Lewis Central	1	Sheffield-Chapin.....	2
Lincoln Central, Gruver.....	3	Sheldon	4
Linn-Mar, Marion.....	3	Shenandoah.....	2
LuVerne.....	2	Sidney	1
Madrid	1	Sioux Center	1
Manson Northwest Webster.....	1	Sioux City, Central	6
Marion	8	Sioux City, East.....	2
MarMac, MacGregor	1	Sioux City, North	1
Marquette Catholic, Bellevue.....	1	South Winneshiek, Calmar.....	1
Marshalltown	6	Spirit Lake	3
Martinsburg	1	Stanley	1
Mason City.....	2	Sutherland	1
Maurice-Orange City.....	1	Tipton	3
Mechanicsville.....	3	Treynor.....	2
Menlo	1	Turkey Valley, Jackson Junction.....	2
Meriden-Cleghorn	1	Underwood.....	3
Meservey-Thornton.....	1	Unity Christian, Orange City.....	2
Miles.....	2	Urbandale.....	1
Minburn	1	Valley, WDM & West Des Moines.....	2
MOC-Floyd Valley.....	1	Van Buren, Keosauqua	1
Montezuma	2	Wahlert, Dubuque	2
Monticello	2	West Central Valley, Stuart.....	2
Mount Vernon-Lisbon.....	3	West Fork, Sheffield (see Rockwell-Swaledale-SCMT).....	1
Muscatine.....	1	West Sioux, Hawarden.....	2
Napier.....	1	Western Christian, Hull	3
Nevada.....	1	Williamsburg.....	1
Newman Catholic, Mason City.....	1	Woodbine	3
Nodaway Valley	1	Xavier, Cedar Rapids	1
North Polk, Alleman	1	Zearing	1
Norwalk	1		
NUH, Cedar Falls.....	1		
Odebolt-Arthur	1		
Oelwein	1		
Ollie	4		
Osage.....	1		

Individuals Champions, Runner-up from Same School, Same Year

* Denotes won the team championship

<u>Year</u>	<u>Class/Champion</u>	<u>Runner-up</u>	<u>School</u>
1926	Van Epps	Ralph Cozine	Iowa City, University High
Start of Meets under the Auspices of the IHSAA			
1930	John Garnes & Bob McElroy tied for first and second		Muscatine*
1940	B-Lynn Frazier	Fred Zollar	Iowa City, University High*
1941	B-Fred Zollar	Frank Zollar	Iowa City, University High*
	C-William (Bill) Jackson	Daryl Thompson	Minburn*
1942	B-Edward Smith	Bob Hartsock	Iowa City, University High*
1943	A-Vance Walters	Harold Williams	Des Moines, East*
	C-Don Gemberling	Kelvin Robinson	Mechanicsville*
1944	B-Richard Terrell	Stanley Murray	Iowa City, University High*
1945	C-Kelvin Robinson	Casper Robinson	Mechanicsville*
1946	B-Raymond Peterson	Eugene Hastings	Marion*
1948	A-Ocie Trimble	Stan Petrick	Cedar Rapids, Roosevelt*
1949	B-Richard Hotz	Allen Mally	Marion*
	C-Neal Bottger	Eugene Kessell	Ollie*
1951	A-Bill Fleuher	Roy Bever	Charles City*
1952	B-Jerry Crosser	Clyde Callahan	Eldora*
1953	B-Dan Munson	Kenny Brock	Eldora*
	C-Paul Ryan	George Lee	Underwood*
1956	B-Homer Lattimer	Tom Tilton	LeClaire*
1958	AA-Ron Olson	Wayne Benzing	Decorah*
1959	C-Earl Hanselman	Paul Gilligan	LuVerne*
1960	C-John Schade	Paul Gilligan	LuVerne*
1961	AAA-Don Rivers	Jim Wilson	Sioux City, Central*
	A-Ed Eneboe	Tim White	West Sioux, Hawarden*
	C-Art Hoffman	Jerry Murray	Klemme*
1964	AAAA-Dave Compton	Steve Gerkin	Sioux City, Central*
	B-Tom Denny	Larry Ruggles	Anita*
1965	AAAA-Doug Smith	Steve Gerkin	Sioux City, Central*
	AAA-Joe Rohach	Ted Fulk	Marshalltown*
1966	AAAA-Doug Smith	Greg Coons	Sioux City, Central*
1967	AA-Bob Wilson	Lynn Ellis	Red Oak*
1968	A-Mark Aschim	Dennis Ellingson	Decorah*
1970	D-Art Milliken	Dennis Capps	Hedrick
1972	AA-Mark Bishop	Mike Burns	Indianola*
1973	AAAA-Jim Eicken	Edward Moreno	Davenport, Central
1974	AAA-Joe Burke	Mike Duncan	Columbus Catholic, Waterloo
1975	B-Brett Eggert	John Pelser	Tipton*
1981	1A-Brian Hawes	Shawn Connor	Kee, Lansing*
1995	3A-Rob Brock	Trent Corey	Dubuque, Senior*
2003	4A-John Thomas	Kiel Uhl	Des Moines, Roosevelt*
2004	4A-Kiel Uhl	John Thomas	Des Moines, Roosevelt
2008	4A-J.T. McCarthy	Marshall Moyer	Burlington
2010	2A-Alex Baldwin	Keith Byers	Spirit Lake
2011	2A-Keith Byers	Will Norris	Spirit Lake
2012	3A-Chandler Austin	Albert Meier	Boone
2013	3A-Chandler Austin	Albert Meier	Boone*
2016	3A-Jeremy Fopma	Myles Bach	Marion

STATE MEET RECORDS & BEST PERFORMANCES

(Since 1930 sanctioning by the IHSAA)

SCHOOLS WITH THE MOST STATE CHAMPIONSHIP TEAMS

Decorah	15	Waukon.....	7
Marion.....	10	Ames.....	6
Iowa City, City High.....	9	Clinton.....	6
Dowling Catholic, W.D.M.....	8	Des Moines, North.....	6
Iowa City, University High*	8	Des Moines, East.....	5
Regina, Iowa City.....	8	Kee, Lansing.....	5
Sioux City, Central*	8	Shenandoah.....	5
Des Moines, Tech*	7		
Marshalltown.....	7		

* School no longer in existence

SCHOOLS WITH THE MOST CONSECUTIVE STATE CHAMPIONSHIP TEAMS

Marion (9)	1945, 46, 48, 49, 50, 51, 52, 53, 54 (Note - 1947 meet called off due to weather)
Iowa City, University (5).....	1940, 41, 42, 43, 44
Sioux City, Central (5)	1963, 64, 65, 66, 67
Waukon (5).....	1995, 96, 97, 98, 99
Mechanicsville (4).....	1943, 44, 45, 46
Iowa City, City High (4).....	1991, 92, 93, 94

INDIVIDUALS FINISHING FIRST OR SECOND FOUR CONSECUTIVE YEARS

Mark Johnson, Mason City (1969-72) 1st 1969, 70, 71, 72
Dan Mayer, West Central Valley, Stuart (2002-05) 2nd 2002, 03; 1st 2004, 05
Pre-IHSAA Meets: Ralph Cozine, Iowa City, University High First 1924, 1925, 1926; Second 1927

WINNERS OF THREE OR FOUR IHSAA INDIVIDUAL TITLES, 1930-2014

Mark Johnson, Mason City (1969-72).....	4	John Raveling, Saydel (1957-59).....	3
Ray (Berl) Edmundson, Thornburg (1938-40)	3	Garold Ryan, Underwood (1950-52).....	3
Deryl King, West Des Moines (1955-57).....	3	Doug Smith, Sioux City, Central (1965-67).....	3
Homer Lattimer, LeClaire (1954-56)	3	Isaac Wendland, Charles City (2005-07)	3
Rick O'Rourke, Villisca (1967-69)	3		

TWO-TIME IHSAA INDIVIDUAL CHAMPIONS

Chandler Austin	Boone 2012, 13	Mark Hughes	Delwood, Elwood 1973, 74
Riley Bauer.....	North Union 2016, 17	Dan Krall	West Branch 1986, 87
David Bell.....	Eagle Grove 1970, 71	Dave Krantz	Columbus, Waterloo 1968, 69
Mark Bishop	Indianola 1972, 74	Curtis LaBond	Ankeny 1962, 63
Bill Blay	Griswold 1991, 92	Dan Mayer	West Central Valley, Stuart 2004, 05
Rob Brock	Dubuque, Senior 1994, 95	Brent McGrew.....	Decorah 1991, 92
Mike Cassidy.....	Miles 1967, 68	Steve McTaggart	Starmont 1971, 72
Dave Compton	Sioux City, Central 1963, 64	Don Murray	Des Moines, East 1949, 50
Stephen Dak	Marshalltown 2005, 06	Ron Olson	Decorah 1958, 59
Dylan Davis	ADM, Adel 2001, 02	Tom Peacher	Cardinal Stritch, Keokuk 1977, 78
Jack Davis.....	Iowa City, City 1946, 47	Dan Reis	Turkey Valley, Jackson Jct. 1995, 96
Nate Dotterweich	Monticello 2006, 07	Don Rivers	Sioux City, Central 1960, 61
Jim Eicken.....	Davenport Central 1973, 74	Calvin Robinson.....	Mechanicsville 1944, 45
Vernon (Mike) Evans	Des Moines, East 1935, 36	Joe Rohach.....	Marshalltown 1965, 66
Chris Francois	Davenport North 1997, 98	Dan Sanders	Humboldt 1966, 67
Ron Griffith	West Des Moines 1962, 63	Tim Sindt.....	Ankeny 2017, 18
Jim Hansen	Dike 1975, 76	Mark Skahill	Villisca 1970, 71
Mike Holms	Valley, WDM 1984, 85	Paul Sloan.....	Des Moines, East 1944, 45
		Caesar Smith	Des Moines, North 1952, 53

Bill Spencer.. Iowa Mennonite School, Kalona, 2009, 10	Dan Van EngenUnity Christian, Org. City 1999, 2000
Andrew StumboOgden 2015, 16	Jerry Walker.....Marion 1952, 53
Richard Terrell.....Iowa City, University 1944, 45	Tim Wilson Clarke, Osceola 1979, 80
Bill Thiesen..... Dowling Catholic, WDM 1979, 80	Simeon Wright Dubuque, Senior 1991, 92
Trent Timson NUH, Cedar Falls 1983, 84	

RUNNERS ON THREE OR FOUR STATE CHAMPION TEAMS, 1930-2017

4 - Doug Smith, Sioux City Central 1964-67	3 - John Trier, Johnston 1971-73
3 - Richard Terrell, Iowa City, Univ. High..... 1942-44	3 - Ron Gomis, Johnston 1971-73
3 - Casper Robinson, Mechanicsville 1943-45	3 - Steve Kurth, Iowa City, City High..... 1991-93
3 - Jack Edmunds, Marion 1948-50	3 - Eddie Frick, Waukon..... 1997-99
3 - Gerald Walker, Marion 1951-53	3 - Austin Williamson, DM, Roosevelt..... 2001-03
3 - Ron Olson, Decorah 1957-59	3 - Michael Melcher, Monticello 2011-13
3 - Steve Gerkin, Sioux City, Central 1963-95	3 - Ben Ahlrichs, Monticello..... 2011-13
3 - Ted Fulk, Marshalltown..... 1964-66	3 - Brycen Wallace, Nodaway Valley 2015-17
3 - Mark Aschim, Decorah 1966-68	3 - Skyler Rawlings, Nodaway Valley..... 2015-17

COACHES WHO HAVE WON THE MOST STATE TEAM TITLES

Les Hipple, Marion9	Mike Fitzgerald, Decorah 5
Harlan Heidelbauer, Waukon.....7	Ray Graves, Shenandoah..... 5
George Kjome, Decorah7	Robert Lee, Garnavillo; NUH, Cedar Falls..... 5
Robert Davidshofer, Aquin; Cascade6	A.L.(Bud) Williams, Iowa City, City 5
Bill Holsclaw, Clinton.....6	Erik Belby, Pleasant Valley 4
Tim Ives, Dowling Catholic.....6	George Boyle, Aquinas, Ft. Madison 4
Ray Obermiller, Sioux City, Central6	Darrell Burmeister, Nodaway Valley 4
Chuck Silvey, Des Moines, Tech6	Dale DeVault, Eldora; BCL, Conrad..... 4
Mike Augustine, Des Moines, East5	Dave Long, Sheffield-Chapin; Mason City 4
Gary Bottorff, Kee, Lansing.....5	Dan Sauser, Monticello 4
Bob Brown, Regina, Iowa City5	John Sletten, Ames 4
Ken Dean, Marshalltown.....5	Bryce Wickett, LuVerne..... 4

SCHOOLS WITH THE MOST INDIVIDUAL STATE CHAMPIONS

Des Moines, East..... 11	Marion 6
West Des Moines & Valley, WDM.....9	Marshalltown 6
Sioux City, Central8	Mason City 6
Dubuque, Senior7	Underwood..... 6
Columbus Catholic, Waterloo6	Iowa City, University High 5
Decorah.....6	Villisca 5

Champions Running for Champions

Since 1930 a total of 302 teams that have won State Championships (counting ties). 115 times the individual champion has run on the championship squad, with the last 16 being 2018 – Sean McDermott, Madrid; 2017 – Gable Sieperda, George-Little Rock/Central Lyon; 2015 – Ryan Schweizer, Dowling Catholic, WDM; 2014 - Thomas Pollard, Gilbert; 2013 - Boone’s Chandler Austin; Monticello’s Michael Melchert; 2012 - Josh Sindelar, St. Albert, Council Bluffs; Jason Thomas, Dowling Catholic; 2011 - Zach Buchheit (Pella); 2009 - Marshall Moyer (Burlington), Bill Spencer (Iowa Mennonite School, Kalona), 2007 - Devin Allbaugh (Pleasant Valley), Nate Dotterweich (Monticello), 2004 - Ryan Dolan (Wahlert, Dubuque); 2003 - Jon Thomas, (Des Moines, Roosevelt); and 1996 - Tait Steines, (Calamus-Wheatland).

Thirty-seven times the team champion has featured the top two individual finishers. However, only six times since scoring four or more runners (1970) has this occurred -- Indianola in 1972 with Mark Bishop and Mike Burns; Tipton in 1975 with Brett Eggert and John Pelser; Kee, Lansing in 1981 with Brian Hawes and Shawn Connor; Dubuque, Senior in 1995 with Rob Brock and Trent Corey; Des Moines, Roosevelt in 2003 Jon Thomas and Kiel Uhl; and Boone’s Chandler Austin and Albert Meier (2012 & 2013). The double by Austin and Meier in back-to-back years was the first time since scoring four or more runners.

Best State Meet Times Recorded Over 5,000 Meters (3.1 miles)

15:02.0	Jason Thomas, Dowling Catholic, WDM, 2012 (15:28.0 in 2011)
15:02.0	Ben Anderson, Valley, WDM 2011(15:19.0 in 2012)
15:04.5	Thomas Pollard, Gilbert, 2014 (15:20.2 in 2013)
15:05.0	Stephen Dak, Marshalltown, 2006 (15:32.0 in 2005)
15:05.0	Chris Francois, Davenport, North 1997 (15:31.0 in 1998)
15:05.0	Grant Shadden, Marshalltown 1999 (15:32.0 in 1998)
15:05.6	Chandler Austin, Boone, 2013 (15:24.0 in 2012; 15:32.9 in 2011)
15:07.0	Dylan Eigenberger, Dubuque, Senior, 2012
15:07.0	Caleb Drake, Pleasant Valley, 2012 (15:30.0 in 2011)
15:09.9	Zach Buchheit, Pella 2011 (15:34.0 in 2010)
15:10.0	Josh Evans, Linn-Mar, Marion 2011 (15:19.4, '13 & 15:22.0, '12)
15:13.0	Brook Price, Iowa City, City High, 2012 (15:28.0 in 2011)
15:14.0	Trent Corey, Dubuque, Senior 1996
15:16.0	Shaun Allen, Fort Madison 1997
15:17.0	Isaac Jensen, Iowa City, West 2012 (15:33.0 in 2011)
15:17.0	Trent Graham, Des Moines, Roosevelt, 1999
15:18.0	Jeff DeRocher, Dowling Catholic, WDM 2012
15:18.0	John Thomas, Des Moines, Roosevelt, 2003 (15:34 in '04)
15:18.2	Michael Melchert, Monticello, 2013
15:18.6	Gable Sieperda, George-Little Rock/Central Lyon, 2017
15:19.0	Kiel Uhl, Des Moines, Roosevelt, 2003 (15:26 in 2004)
15:19.4	Josh Evans, Linn-Mar, Marion 2013
15:20.0	Kevin Lewis, Ottumwa, 2010
15:21.0	Spencer Clark, Dowling Catholic, WDM 2012 (15:30.5 in 2013)
15:21.0	Cole Decker, Dowling Catholic, WDM 2011 (15:34.0 in 2010)
15:21.0	J.T. McCarthy, Burlington, 2008
15:21.0	Ryan McCurnin, Mason City, 2002
15:22.0	Ben Glaser, Dowling, WDM 2000
15:23.0	Joe Welter, North Scott, Eldridge 1997
15:23.7	Tim Sindt, Ankeny, 2017
15:24.2	Daniel Soto, Valley, West Des Moines, 2014 (15:30.7, 2013)
15:24.6	Matthew Carmody, Dowling Catholic, WDM, 2017
15:25.0	Will Norris, Spirit Lake 2012
15:25.0	Marshall Moyer, Burlington, 2010 (15:27.0 in 2008)
15:25.0	Ben Witt, Burlington 2010
15:25.0	Dan Taylor, Fort Dodge 2001
15:25.0	Eric Goff, Bettendorf, 1999
15:25.7	Simeon Wright, Dubuque, Senior 1992
15:26.0	Johnny Fuller, Glenwood 2010
15:26.0	Tyler Meseke, Pleasant Valley 2010
15:27.0	Joe Morgan, Clinton, 2003
15:27.0	Ben Lloyd, Davenport Central, 1999
15:27.1	Ryan Schweizer, Dowling Catholic, WDM, 2014
15:28.0	Jacob Aune, Prairie, Cedar Rapids, 2011
15:28.0	Nick Roberts, Ames, 1999
15:28.0	Ruach Joklow, Urbandale 1997
15:28.0	Ben Grant, Epworth, Western Dubuque, 2003
15:29.0	Tyson Wieland, Johnston 2012
15:29.0	Frank Canady, Iowa City, West 2008
15:29.0	Jason Carpenter, Dubuque, Senior 1993
15:29.0	Phil Fanning, Sioux City, East 1997
15:29.3	Max Murphy, Pleasant Valley 2019
15:29.5	Sam Hall, Dowling Catholic, W.D.M. 2019
15:30.0	Evan Selsor, Winterset, 2008
15:30.0	Craig Cartier, Marshalltown, 1999

Note: Except for the 15:25.7 by Simeon Wright, the above performances were run at Lakeside Golf Course in Fort Dodge. Wright's time was at Veenker Golf Course in Ames.

Top 10 State Meet Times Recorded Over the Two-Mile Distance

9:28.0	Jim Eicken, Davenport, Central 1974
9:29.0	Rich Fuller, Davenport, Central 1975
9:30.0	Randy Jackson, Iowa City, City High 1975
9:30.5	Joe Burke, Columbus, Waterloo 1974
9:33.0	Jeff Jacobs, Clinton 1981
9:33.3	Mike Duncan, Columbus, Waterloo 1974
9:33.9	Mark Johnson, Mason City 1971
9:35.0	Jon Mathiason, Ames 1975
9:36.0	Tim Wilson, Clarke, Osceola 1979
9:36.0	Bill Thiesen, Dowling Catholic, WDM 1980

TOP WINNING TEAM POINT TOTALS - SCORING 5 RUNNERS (15 is perfect)

29 -	Waukon, 1996
36 -	Nodaway Valley, 2016
45 -	Des Moines, Roosevelt, 2003
45 -	Iowa City, City High 1993
48 -	Regina, Iowa City 1997

Top Winning Performance - Scoring 4 Runners (10 is perfect)

16 -	Columbus, Waterloo 1972
20 -	Mason City, 1972
21 -	Bancroft, St. John's 1976
23 -	Columbus, Waterloo 1971

Top Winning Performance - Scoring 3 Runners (6 is perfect)

Des Moines, East 1943
Mechanicsville 1943
Iowa City, University High 1944
Marion 1945, 1949
Eldora 1953
West Sioux, Hawarden 1961
Klemme 1961
Sioux City, Central 1964, 1965, 1966

STATE QUALIFYING TEAMS FROM DISTRICT TO STATE MEET

(District qualifying started in 1976; State Meet was an "open" competition prior to 1976)

* school no longer open

Team	Years Qualified for State
ACGC (Adair-Casey Guthrie Center (2))	2016, 17
Adel-DeSoto (3)	1980, 81, 91
ADM, Adel (7).....	1996, 98, 99, 2001, 02, 06, 17
Albia (6).....	2009, 12, 13, 14, 18, 19
Algona (12).....	1976, 77, 79, 80, 90, 91, 92, 2007, 08, 09, 13, 14
Alta (1).....	2004
Alta/Aurelia (4)	2011, 12, 13, 14
Ames (37).....	1976, 77, 78, 79, 80, 81, 82, 83, 84, 86, 87, 88, 89, 90, 91, 92, 93, 95, 96, 97, 98, 99, 2001, 02, 03, 04, 06, 07, 08, 10, 11, 12, 13, 14, 17, 18, 19
Anamosa (2).....	1977, 78
Andrew (3).....	1979, 90, 92
Ankeny (278).....	1982, 83, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 16, 17, 18
Ankeny Centennial (1)	2015
Aplington-Parkersburg (3).....	2015, 16, 17
* Aquinas, Fort Madison (11)	1976, 77, 78, 79, 80, 81, 82, 83, 97, 98, 99
Ar-We-Va, Westside (2)	2006, 07
Assumption, Davenport (13)	1989, 90, 94, 96, 97, 98, 2000, 01, 02, 03, 04, 05, 07
Atlantic (16).....	1977, 79, 80, 84, 94, 95, 96, 97, 98, 2002, 03, 05, 06, 07, 18, 19
Audubon (1)	1988
Audubon-Exira (1).....	1989
Ballard (11).....	1993, 88, 93, 94, 95, 96, 97, 2010, 11, 12, 14
* Bancroft St. John's (6)	1976, 77, 78, 79, 80, 85
* Battle Creek-Ida Grove (1)	2008
BCLUW, Conrad (10).....	2003, 04, 06, 07, 08, 09, 10, 11, 12, 18
Bellevue (6).....	2013, 14, 15, 16, 17, 18
Belle Plaine (5).....	1980, 81, 82, 84, 2005
Belmond (4).....	1983, 85, 88, 89
Belmond-Klemme (4).....	1990, 91, 93, 94
Benton Community (4)	1981, 86, 2000, 06
Bettendorf (25)	1978, 80, 83, 84, 85, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 02, 03, 04, 05, 06, 07, 09, 13, 14
BGM, Brooklyn (17)	1980, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97
Bishop Garrigan, Algona (4)	1984, 2002, 03, 13
Bishop Heelan, Sx City (19).....	1976, 79, 81, 82, 84, 88, 92, 93, 94, 98, 99, 2003, 05, 06, 2010, 11, 12, 14, 16
* Blakesburg (1)	1980
Bondurant-Farrar (1).....	2017
Boone (8)	1991, 2006, 08, 09, 10, 11, 12, 13
Boyer Valley (3)	2013, 15, 16
Burlington (5).....	2008, 09, 10, 11, 12
Calamus-Wheatland (11).....	1991, 92, 94, 96, 97, 98, 99, 2016, 17, 18, 19
CAL-Dows, Latimer (1)	2002
Camanche (2)	2018, 19
* Cardinal Stritch, Keokuk (5).....	1976, 77, 78, 79, 80
Cardinal, Eldon (2)	1977, 80
Carlisle (5).....	1983, 2016, 17, 18, 19
Cascade (15).....	1976, 77, 78, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 80, 2003
Cedar Falls (34)	1983, 84, 85, 86, 87, 88, 90, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 18, 19
Cedar Rapids, Jefferson (4).....	1984, 85, 86, 2000
Cedar Rapids, Kennedy (15)	1976, 79, 90, 91, 92, 95, 96, 2001, 03, 04, 05, 06, 17, 18, 19
* Cedar Rapids, LaSalle-Regis (1).....	1997
Cedar Rapids, Washington (14).....	1977, 81, 82, 87, 98, 2006, 07, 08, 09, 10, 11, 16, 17, 18

* Cedar Valley, Farnhamville (3)..... 1980, 83, 84
Center Point-Urbana (5)2012, 13, 14, 17, 19
Centerville (7).....1976, 77, 78, 79, 84, 87, 88
Central, DeWitt (15)1982, 84, 92, 93, 97, 98, 99, 2000, 01, 03, 04, 07, 08, 09, 10
Central, Elkader (9).....2000, 02, 03, 04, 05, 09, 10, 12, 14
Chariton (6)1985, 91, 92, 97, 2001, 03
Charles City (10).....1982, 97, 2005, 06, 07, 09, 11, 12, 13, 14
Cherokee, Washington (4).....1976, 1992, 2002, 03
Clarinda (8)1986, 1995, 2001, 02, 03, 04, 05, 06
Clarke, Osceola (4).....1976, 77, 78, 80
Clear Creek-Amana (5).....2013, 16, 17, 18, 19
Clear Lake (4)1986, 2015, 16, 17
Clinton (13).....1976, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89
Co. Bluffs, Abraham Lincoln (8).....1981, 82, 86, 87, 88, 89, 90, 91
Co. Bluffs, Thomas Jefferson (1)2002
Colfax-Mingo (1)1993
Collins-Maxwell-Baxter (7)1997, 98, 2000, 01, 02, 07, 08
Colo-Nesco (1).....1996
Columbus, Columbus Jct (3).....1985, 2003, 04, 05
Columbus Catholic, Waterloo (5).....1976, 78, 79, 2002, 04
Coon Rapids (1).....1985
Coon Rapids-Bayard (2)1988, 89
Corning (4)1997, 2001, 02, 03
Creston (5)1985, 86, 87, 88, 2013
Crestwood, Cresco (4).....1976, 77, 82, 85

Dallas Center-Grimes (9).....2009, 10, 13, 14, 15, 16, 17, 18, 19
Danville (5)1984, 86, 87, 94, 95
Danville/New London (4).....2002, 03, 04, 19
Davenport Central (8)1981, 82, 89, 90, 93, 94, 98, 99
Davenport West (3).....1976, 77, 79
Davis County, Bloomfield (6)1981, 86, 2014, 15, 18, 19
Decorah (36)1976, 77, 78, 79, 80, 81, 82, 86, 87, 88, 89, 90, 91, 92, 93, 94, 96, 97, 99,
2001, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19
Denison (8).....1976, 77, 78, 79, 80, 81, 82, 86
Denison-Schleswig (4)1995, 96, 2000, 03

Denver (11)1992, 93, 94, 2012, 13, 14, 15, 16, 17, 18, 19
Denver-Tripoli (2)2010, 11
Des Moines Christian (4)1998, 2017, 18, 19
Des Moines, East (7)1977, 88, 89, 90, 91, 92, 97
Des Moines, Hoover (11).....1976, 77, 78, 83, 84, 85, 86, 87, 88, 94, 95
Des Moines, Lincoln (3)1978, 80, 2004
Des Moines, Roosevelt (13).....1982, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 13
* Des Moines, Technical (1).....1979

Dike (9).....1977, 78, 79, 80, 82, 83, 84, 85, 86
Dike-New Hartford (12).....1992, 93, 97, 98, 99, 2001, 02, 05, 08, 10, 11, 12
Don Bosco, Gilbertville (1)1982
Dowling Catholic, W.D.M. (28).....1976, 77, 78, 79, 80, 81, 84, 85, 86, 87, 91, 95, 96, 97, 98, 99, 2000, 05,
09, 10, 11, 12, 14, 15, 16, 17, 18, 19
Dubuque Hempstead (13).....1978, 79, 88, 89, 90, 93, 94, 2014, 15, 16, 17, 18, 19
Dubuque Senior (31).....1980, 81, 82, 83, 85, 86, 87, 88, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99,
2000, 01, 02, 03, 04, 09, 11, 12, 13, 14, 15, 16, 17
Dunkerton.....2015
Durant-Bennett (8)2000, 01, 03, 04, 05, 07, 08, 10

Eagle Grove (29).....1981, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99,
2000, 01, 02, 03, 04, 05, 06, 07, 13, 15, 16
Earlham (8)1983, 84, 85, 2011, 16, 17, 18, 19
* East Central, Miles (2).....1987, 95

East Marshall, LeGrand (11).....	1999, 2003, 04, 08, 09, 12, 13, 14, 15, 16, 17
Eldora (2)	1978, 79
Eldora-New Providence (12).....	1981, 82, 85, 86, 87, 88, 96, 97, 98, 99, 2000, 01
Emmetsburg (1)	2014
Epworth, Western Dubuque (2)	1988, 2007
Estherville (5)	1983, 91, 92, 93, 96
Fairfield (5).....	2000, 01, 02, 03, 04
Forest City (6)	1998, 99, 2000, 01, 02, 03
Fort Dodge (8).....	1976, 77, 99, 2000, 01, 03, 05, 14
Fort Madison (14).....	1977, 79, 81, 82, 83, 84, 85, 86, 87, 88, 95, 96, 2011, 12
Galva-Holstein (4).....	1992, 93, 94, 97
Garnavillo (6).....	1976, 78, 79, 80, 81, 91
Garnavillo-Central Elkader (1)	1992
Garner-Hayfield (3)	2005, 08, 09
Garner-Hayf'd-Ventura/W Hancock (2).....	2010, 12
Garner-Hayfield-Ventura (4)	2014, 15, 16, 17
Gehlen Catholic, LeMars (14).....	1977, 79, 80, 81, 83, 84, 94, 2000, 01, 02, 03, 04, 05, 19
George (1).....	1987
George-Little Rock/Central Lyon (7)	2005, 06, 10, 16, 17, 18, 19
Gilbert (25)	1981, 82, 83, 86, 87, 89, 92, 93, 94, 95, 96, 99, 2003, 05, 07, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19
Gilbert-United (2)	1990, 91
Gladbrook-Reinbeck (2).....	1989, 92
Glenwood (14)	1978, 79, 89, 81, 82, 84, 85, 87, 2000, 08, 09, 10, 11, 18
Glidden-Ralston (3).....	1996, 97, 99
* Grand Community, Boxholm (1).....	1976
Grinnell (22)	1980, 83, 84, 85, 87, 89, 90, 93, 96, 2007, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19
Griswold (9).....	1985, 90, 91, 92, 93, 2005, 06, 07, 08
Grundy Center (5).....	2004, 05, 06, 08, 09
Grundy Center/Gladbrook-Reinbeck (2).....	2018, 19
Guthrie Center (1).....	2011
Hampton-Dumont (3)	1978, 98, 2000
Harlan Community (5).....	1980, 83, 2013, 14, 15
* Hedrick (1)	1979
Highland, Riverside (3)	2011, 12, 13
HMS, Hartley (1)	1988
Hudson (10)	1982, 2006, 07, 09, 12, 13, 14, 15, 16, 17
Humboldt (10)	1986, 87, 93, 94, 95, 2004, 15, 16, 18, 19
Independence (1).....	1981
Indianola (23)	1976, 83, 85, 86, 87, 88, 89, 90, 94, 95, 96, 97, 98, 2003, 05, 07, 08, 09, 10, 11, 12, 15, 16
Iowa City, City (29).....	1984, 85, 86, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 07, 08, 09, 10, 11, 12, 13, 15, 16
Iowa City, Liberty (1).....	2019
Iowa City, West (21).....	1987, 88, 89, 90, 91, 92, 97, 2000, 01, 02, 06, 07, 11, 12, 13, 14, 15, 16, 17, 18, 19
Iowa Falls (4).....	1976, 77, 78, 84
Iowa Mennonite School, Kalona (16).....	1977, 83, 88, 90, 91, 92, 93, 95, 96, 97, 2001, 04, 06, 08, 09, 10
Iowa Valley, Marengo (2).....	1976, 89
Jefferson (2).....	1981, 85
Jesup (9)	1983, 84, 89, 90, 91, 94, 95, 96, 97
Johnston (16)	1976, 97, 2002, 03, 04, 05, 06, 10, 12, 13, 14, 15, 16, 17, 18, 19

Kee, Lansing (10).....	1977, 78, 79, 80, 81, 82, 83, 87, 88, 89
Knoxville (20)	1976, 78, 79, 80, 81, 82, 83, 89, 90, 92, 93, 94, 95, 97, 2005, 06, 09, 10, 11, 12
Kuemper Catholic, Carroll (2)	1976, 2009
* Lake City (8)	1976, 77, 78, 79, 80, 82, 84, 85
Laurens-Marathon (5)	1980, 86, 87, 2008, 09
Laurens-Marathon/AC-T (1).....	2001
LeMars (3).....	1989, 90, 2009
Lenox (2).....	1988, 89
Lewis Central (3).....	1976, 84, 2002
* Lincoln, Stanwood (2).....	1983, 84
Linn-Mar, Marion (12)	1979, 2001, 02, 03, 10, 11, 12, 13, 14, 15, 16, 17, 19
Logan-Magnolia (3).....	2008, 09, 12
Lone Tree (1)	2009
* Lost Nation (2)	1980, 81
Louisa-Muscatine (1)	2014
Lynnville-Sully (2).....	1994, 95
Madrid (5).....	1987, 88, 2017, 18, 19
Manson-NW Webster (3).....	1995, 2010, 15
Maple Valley-Anthon-Oto.....	2013
Maquoketa (2).....	1986, 99
Maquoketa Valley, Delhi (5).....	1993, 94, 95, 2018, 19
Marion (13).....	1984, 85, 87, 2005, 09, 10, 11, 14, 15, 16, 17, 18, 19
* MarMac, McGregor (1)	1977
Marquette Catholic, Bellevue (13)	1998, 99, 2000, 01, 02, 03, 04, 05, 06, 08, 11, 12, 14
Marshalltown (30)	1976, 77, 78, 79, 80, 81, 82, 84, 86, 87, 89, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 10
Mason City (13).....	1976, 77, 78, 79, 85, 86, 89, 97, 98, 99, 2001, 04, 05
* Mater Dei, Clinton (1)	1991
Maurice-Orange City (6)	1980, 81, 82, 87, 88, 89
MOC-Floyd Valley (9)	1990, 2007, 08, 10, 11, 13, 14, 15, 18
Mediapolis (1).....	2006
* Meriden-Cleghorn (1)	1979
Mid-Prairie, Wellman (8)	2007, 08, 09, 12, 13, 15, 16, 17
Midland, Wyoming (3)	1977, 2002, 03
Milford (1).....	1979
Missouri Valley (6)	1982, 83, 84, 91, 92, 2007
* Monroe (1)	1980
Montezuma (3).....	1985, 87, 88
Monticello (25)	1984, 88, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19
Moulton-Udell (2)	1986, 87
Mount Ayr (5)	1988, 90, 91, 99, 2001
Mount Pleasant (5).....	1985, 99, 2006, 15, 16
Mount Vernon (3).....	1988, 89, 92
Mount Vernon-Lisbon (19).....	1999, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 11, 12, 13, 14, 15, 16, 17, 18
Muscatine (15)	1976, 77, 78, 79, 80, 82, 86, 89, 90, 91, 92, 93, 94, 2005, 06
Nashua-Plainfield (2)	2009, 2011
Nevada (15)	1980, 86, 89, 90, 91, 92, 94, 95, 96, 97, 2001, 02, 04, 08, 17
New Hampton (4).....	1984, 96, 97, 98
New Hartford (1)	1978
Newman Catholic, Mason City (8)	1976, 77, 78, 79, 81, 2005, 18, 19
Newton (2).....	1979, 81
Nodaway Valley (16).....	1997, 98, 99, 2000, 01, 02, 03, 04, 06, 10, 14, 15, 16, 17, 18, 19
North Fayette, West Union (5)	1976, 79, 80, 84, 85
North Fayette Valley (1).....	2019

North Iowa, Buffalo Center..... 2011
 North Linn, Troy Mills (4)..... 1983, 84, 86, 88
 North Polk, Alleman (7)..... 2008, 10, 11, 12, 13, 15, 19
 North Scott, Eldridge (2) 1988, 96
 North Winneshiek, Burr Oak (1)..... 1976
 Northeast, Goose Lake (6)..... 1986, 91, 2010, 11, 13, 14
 Norwalk (2)..... 1993, 19
 * Notre Dame, Cresco (2) 1976, 80
 * Northern University, Cedar Falls (17)... 1982, 83, 84, 85, 86, 87, 88, 89, 90, 91, 95, 96, 97, 98, 2001, 04, 10

 OA-BCIG (4)..... 2009, 10, 11, 13
 Oelwein (3)..... 1980, 91, 99
 Ogden (7)..... 1990, 2004, 05, 15, 16, 17, 19
 Okoboji, Milford (8)..... 2000, 01, 03, 11, 12, 17, 18, 19
 Orient-Macksburg (5) 1998, 2000, 03, 04, 05
 Osage (10) 1980, 2005, 06, 07, 08, 09, 10, 12, 13, 14
 Oskaloosa (1)..... 1978

 Panora-Linden (9)..... 1979, 80, 81, 82, 83, 84, 86, 87, 89
 Panorama (2)..... 2010, 16
 PCM, Monroe (4) 2005, 06, 07, 08
 Pekin, Packwood (26)..... 1976, 78, 80, 82, 88, 89, 90, 91, 92, 95, 96, 97, 98, 2002, 04, 05, 06, 11,
 12, 13, 14, 15, 16, 17, 18, 19
 Pella (21)..... 1988, 91, 92, 93, 99, 2000, 01, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14,
 15, 16, 17, 19
 Pella Christian (9) 1979, 81, 82, 83, 86, 88, 2007, 09, 10
 Perry (7) 1985, 90, 98, 99, 2001, 03, 04
 Pleasant Valley (21)..... 1995, 98, 2000, 01, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15,
 16, 17, 18, 19
 * Prairie Valley, Gowrie (2)..... 1992, 2007
 Prairie, Cedar Rapids (14)..... 1983, 85, 2008, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19
 Prince of Peace, Clinton (5)..... 2003, 06, 07, 08, 10
 Red Oak (5)..... 1981, 82, 87, 89, 2014
 Regina, Iowa City (21) 1993, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10,
 11, 12, 15
 Riverside, Oakland (3) 2011, 12, 13
 Roland-Story (6)..... 1992, 99, 2001, 09, 16, 18

 Saint Ansgar (1) 2019
 * Sanborn (1)..... 1976
 Saydel (3)..... 1977, 93, 94
 Sergeant Bluff-Luton (3)..... 2016, 17, 18
 Sheldon (18)..... 1976, 77, 79, 80, 81, 82, 88, 89, 90, 91, 94, 95, 97, 98, 99, 2000, 04, 17
 * Shellsburg (1) 1985
 Shenandoah (10) 1976, 77, 78, 84, 87, 88, 89, 90, 2013, 14
 Shenandoah-Essex (13) 1991, 93, 84, 95, 98, 99, 2000, 02, 03, 04, 05, 10, 12
 Sibley-Ocheyedan (1) 2018
 Sigourney (1)..... 1984
 Sioux Center (5)..... 2006, 07, 14, 17, 18
 South Central Calhoun (3) 2011, 12, 13
 Sioux Central, Sioux Rapids (4)..... 1997, 98, 99, 2005
 Sioux City East (13) 1977, 79, 83, 84, 87, 88, 89, 92, 93, 94, 95, 97, 98
 Sioux City North (12)..... 1977, 78, 82, 83, 85, 86, 87, 2002, 04, 17, 18, 19
 Sioux City West (7) 1978, 79, 80, 99, 2000, 01, 03
 Solon (4)..... 2006, 08, 09, 10
 * South Clay, Gillette Grove (1)..... 1977
 South Hamilton, Jewell (12)..... 1986, 87, 88, 95, 96, 2004, 09, 10, 15, 16, 17, 18
 South Hardin (3)..... 2017, 18, 19
 South O'Brien, Paullina (5) 1999, 2002, 03, 07, 09
 South Winneshiek, Calmar (15)..... 2002, 03, 04, 05, 06, 07, 08, 09, 10, 11, 13, 16, 17, 19
 Southeast Polk (9) 1976, 2000, 01, 02, 07, 08, 09, 18, 19

Southeast Valley (2)..... 2014, 15 (also see Prairie, Gowrie, Cedar Valley, Central Webster-Grand)
* Spalding Catholic, Granville (5)..... 1976, 77, 78, 79, 82
Spencer (9) 1980, 81, 89, 92, 93, 2000, 06, 07, 12

Spirit Lake Park (6) 2003, 04, 05, 06, 07
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TEAM STATE QUALIFIERS FROM DISTRICT QUALIFYING MEETS SINCE 1976

Most State Qualifying Teams

Ames - 37	Eagle Grove - 29	Pekin – 26
Decorah - 36	Iowa City, City - 29	Wahlert Catholic, Dubuque - 26
Cedar Falls - 34	St. Albert, Council Bluffs - 29	Bettendorf - 25
Unity Christian – 33	Ankeny - 28	Monticello – 25
Valley, West Des Moines - 32	Dowling Catholic, WDM – 28	Williamsburg – 25
Dubuque Senior - 31	Gilbert; Gilbert-United - 27	Waukon -24
Marshalltown – 30	Tipton - 27	Indianola- 23
Western Christian - 30		Shenandoah; Shen/Essex - 23

Longest Consecutive State Qualifying Streaks (bold currently active)

25 - Cedar Falls (1992-2016)	17 - Pleasant Valley (2003-19)
22 - Ankeny (1990-2011)	17 - Waukon (1989-2005)
23 - Monticello (1997-2019)	16 - Decorah (2004-19)
20 - Regina, Iowa City (1993-2012)	15 - B-G-M, Brooklyn (1993-2007)
18 - Marshalltown (1991-2008)	15 - Eagle Grove (1993-2007)
17 - Iowa City, City High (1989-2005)	15 - Valley, West Des Moines (2004-18)

Boys & Girls Team Winning Team Titles in the Same Year

1967 - Somers	1991 - Iowa City, City High	2006 - Xavier, Cedar Rapids
1970 - B-G-M, Brooklyn	1992 - Iowa City, City High	2010 - Wahlert, Dubuque
1976 - Decorah	1993 - Iowa City, City High	2011 - Dowling Catholic, WDM
1983 - Cascade	1993 - Waukon	2012 - Decorah
1985 - Cascade	1999 - Iowa City, City High	

Most: 4 by Iowa City, City High; 2 by Decorah; 2 by Cascade