2019 Iowa High School Cross Country
State Qualifying Meet Assignments
IGHSAU & IHSAA

CLASS 1A

CEDAR FALLS
Mgr: Troy Becker, AD
Central Springs
Clarksville
Clayton Ridge, Guttenberg
Denver
Don Bosco, Gilbertville
Dunkerton
East Buchanan, Winthrop
Edgewood-Colesburg
Janesville
Kee, Lansing
Lake Mills
MFL MarMac
Nashua-Plainfield
North Butler, Greene
North Iowa, Buffalo Center
North Linn, Troy Mills
North Tama, Traer
Northwood-Kensett
Postville
Riceville
Rockford
Saint Ansgar
South Winneshiek
Summer-Fredericksburg
Tripoli
Turkey Valley, Jackson Junction
Valley Lutheran
Wapie Valley, Fairbank

MARTshallTON
Mgr: Ryan Isgrig, AD
Aplington-Parkersburg
Baxter
BCLUW, Conrad
Belle Plaine
Belmond-Klemme
BGM, Brooklyn
Bishop Garrigan, Algona
Collins-Maxwell
Colo-Nesco
East Marshall, LeGrand
GMG, Garwin
Hudson
Lynnville-Sully
Madrid
Melcher-Dallas
Meskwaki Settlement School
Montezuma
Moravia
Moulton-Udell
Newman Catholic, Mason City
North Mahaska, New Sharon
Sigourney
Southeast Warren, Liberty Center
Twin Cedars, Bussey
West Fork, Sheffield
West Hancock, Britt
Woodward Academy
Woodward-Granger

Mount Ayr
Mgr: Delwyn Showalter, AD
AHSTW, Avoca
Ankeny Christian Academy
Audubon
Bedford
CAM, Anita
Clarinda Academy
Coon Rapids-Bayard
Diagonal
Earham
East Mills
East Union, Afton
Essex
Exira/Elk Horn-Kimballton
Fremont-Mills, Tabor
Griswold
IKM-Manning
Interstate 35, Truro
Lenox
Martensdale-St. Marys
Mount Ayr
Nodaway Valley
Ogdend
Orient-Macksburg
Riverside, Oakland
Sidney
Southwest Valley
Stanton
Van Meter
Wayne, Corydon

Regina, Iowa City
Mgr: Bryce Smeins, AD
Albarnett
Calamus-Wheatland
Cascade, Western Dubuque
Central, Elkader
Columbus Community, Columbus Junction
Damon
Easton Valley
English Valleys, North English
Highland, Riverside
Hillcrest Academy
HLV, Victor
Holy Trinity Catholic, Fort Madison
Isaac Newton Christian Academy
Keota
Lone Tree
Maquoketa Valley, Delhi
Marquette Catholic, Bellevue
Mediapolis
Midland, Wyoming
North Cedar, Stanwood
Pekin
Prince of Peace Catholic, Clinton
Regina, Iowa City
Rivermont Collegiate, Bettendorf
Van Buren Community
WACO, Wayland
Wapello
Wilton
Winfield-Mt. Union

Ridge View
Mgr: Scott Mitchell, AD
Alta-Aurelia
Boyer Valley, Dunlap
East Sac County
Gehlen Catholic, LeMars
Graettinger-Terril/Ruthven-Ayrshire
Harris-Lake Park
Hartley-Melvin-Sanborn
Hinton
Lawton-Bronson
Logan-Magnolia
Manson Northwest Webster
MCCRU
North Union
Ridge View
Sioux Central, Sioux Rapids
Siouxland Christian
South O’Brien, Paulina
St. Albert, Council Bluffs
St. Edmond, Fort Dodge
St. Mary’s, Remsen
Tri-Center, Neola
Trinity Christian High School
West Bend-Mallard
West Harrison, Mondamin
West Monona, Onawa
Westwood, Sloan
Whiting
Woodbine
West Sioux, Hawarden