



IOWA HIGH SCHOOL DIRECTORY 2019-2020 School Year



Compiled by the
**IOWA HIGH SCHOOL
ATHLETIC ASSOCIATION**

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IOWA FARM BUREAU
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DIRECTORY

2019-2020 SCHOOL YEAR

YOUR IOWA HIGH SCHOOL ATHLETIC ASSOCIATION DIRECTORY

This directory of administrators, athletic directors, coaches, and music and speech directors has been prepared and published by the Iowa High School Athletic Association with the hope it will find many uses among its member schools and officials.

IHSAA SCHOOL LISTING TO COINCIDE WITH DOE LISTING

A change has been made in the way the Iowa High School Athletic Association lists school names. As directed by the Board of Control, the IHSAA will now list school names so they coincide with the way the Department of Education lists them...that is with the actual school system name listed first.

DIRECTORY LISTING UPDATES

Only positions listed and completed with the online form are listed in this printed directory. Please note if you have changes in your directory information, go to your "Member School Link" and make those changes to your listing. You will need the same password that was sent to the school in the spring.

IHSAA MISSION STATEMENT

"The Iowa High School Athletic Association serves its member schools and students by providing leadership and support for education based interscholastic athletics that enrich the educational experience of the student athlete."



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

Member of National Federation of State High School Associations

(515) 432-2011 1605 S. Story Street, P.O. Box 10, Boone, IA 50036-0010 FAX (515) 432-2961

World Wide Web Site - <http://www.iahsaa.org>

2019-2020 IHSAA DIRECTORY



IOWA HIGH SCHOOL
ATHLETIC ASSOCIATION

Iowa High School Athletic Association Contact List - By Sports

Baseball – Todd Tharp / Jared Chizek
Basketball – Brett Nanninga
Bowling – Todd Tharp
Cross Country – Jared Chizek
Football – Todd Tharp
Golf – Chad Elsberry
Soccer – Todd Tharp
Swimming – Jared Chizek
Tennis – Tom Keating
Track and Field – Jared Chizek
Wrestling – Lewie Curtis
Jared Chizek (Weight management)

Iowa High School Athletic Association E-Mail Addresses

Laura Brooker, Asst. to the Director of Officials - officials@iahsaa.org
Jared Chizek, Assistant Director - jchizek@iahsaa.org
Chelsea Clark, Administrative Assistant - cclark@iahsaa.org
Chris Cuellar, Communications Director - ccuellar@iahsaa.org
Lewie Curtis, Director of Officials - lcurtis@iahsaa.org
Chad Elsberry, Assistant Director - celsberry@iahsaa.org
Amy Hopkins, Administrative Assistant - ahopkins@iahsaa.org
Elisa Kahler, Office Manager - ekahler@iahsaa.org
Tom Keating, Executive Director - tkeating@iahsaa.org
Tim Latta, Digital Print Specialist - tlatta@iahsaa.org
Kim Mechura, Administrative Assistant - kmechura@iahsaa.org
Jessica Morgan, Director of Finance - jmorgan@iahsaa.org
Brett Nanninga, Associate Director - bnanninga@iahsaa.org
Todd Tharp, Assistant Director - ttharp@iahsaa.org



Proud Title Sponsor
of the IHSAA

Iowa High School Music Association (www.ihsma.org)
PO Box 10, 1605 S. Story Street
Boone, IA 50036
515-432-2013

Iowa Girls High School Athletic Union (www.ighsau.org)
5000 Westown Parkway, Suite 150
West Des Moines, IA 50312
515-288-9741

Iowa High School Speech Association (www.ihssa.org)
5000 Westown Parkway, Suite 150
West Des Moines, IA 50312
515-288-9741

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**KEEPING
ACADEMICS
FIRST**



A message from the Iowa High School Athletic Association

**INTRODUCE A FRIEND
TO THE WORLD
OF OFFICIATING**



Learn more about
Officiating and the IHSAA at
www.iahsaa.org

2019-2020 School Directory

ACGC

Street Address: 906 School St
City: Guthrie Center
Zip Code: 50115
Mailing Address: 906 School St
City: Guthrie Center
Zip Code: 50115-1436
Supt. St Address: 906 School St
Supt. City: Guthrie Center
Supt. Zip: 50115-1436
County: Guthrie
Area Code: 641
School Phone: 332-2236
HS Fax: 332-2973
AD Fax: 332-2973
Web Site: <http://www.acgcschools.org>
School Colors: Black & Gold
Nickname: Chargers
Conference: West Central Activities

Superintendent.....Dennis McClain
Phone.....(641)332-2972
Email.....dmcclain@acgcschools.org
Asst/Assoc/Vice-Principal.....Garold Thomas
Phone.....(641)332-2236
Email.....gthomas@acgcschools.org
Asst/Assoc/Vice-Principal.....Cynthia Jenson
Phone.....(641)332-2236
Email.....cjensen@acgcschools.org
Athletic Administrator.....Ethan Lensch
Phone.....(641)332-2974
Email.....elensch@acgcschools.org
Athletic Secretary.....Tara Embleton
Phone.....(641)332-2972
Email.....tembleton@acgcschools.org
Golf.....Lori McGivney
Girls Golf.....Lori McGivney
Basketball.....Lance Kading
Girls Basketball.....Brad Baudler
Baseball.....Taylor Morris
Girls Softball.....Tim O'Brien
Wrestling.....Shawn Danker
Football.....Cody Matthewson
Girls Volleyball.....Trevor Irwin
Track & Field.....Cody Matthewson
Girls Track & Field.....Colin Shawgo
Cross Country.....Colin Shawgo
Girls Cross Country.....Colin Shawgo
Football Cheerleading.....Jen Betterton, Courtney Sheeder
Basketball Cheerleading.....Carie Gruber
Wrestling Cheerleading.....Brenda Rumelhart
Speech Director.....Kelsey Moran
Student Council.....Marie Gipson
Band Director.....Kyra Babcock
Vocal Director.....Kelsey Moran

ADM, ADEL

Street Address: 801 Nile Kinnick Dr S
City: Adel
Zip Code: 50003
Mailing Address: 801 Nile Kinnick Dr S
City: Adel
Zip Code: 50003
Supt. St Address: 215 N. 11th Street
Supt. City: Adel
Supt. Zip: 50003
County: Dallas
Area Code: 515
School Phone: 993-4584
HS Fax: 993-3025
AD Fax: 993-3025
Web Site: <http://www.admschools.org>

School Colors: Red & Black
Nickname: Tigers
Conference: Raccoon River
Superintendent.....Greg Dufoe
Phone.....(515)993-4283
Email.....gdufoe@adm.k12.ia.us
Admin Asst.....Debbie Stiles
Phone.....(515)993-4283
Email.....dstiles@adm.k12.ia.us
Principal.....Lee Griebel
Phone.....(515)993-4584
Email.....lgriebel@adm.k12.ia.us
Asst/Assoc/Vice-Principal.....Matt Lohmann
Phone.....(515)993-4819
Email.....mlohmann@adm.k12.ia.us
Athletic Administrator.....Larry Moglestad
Phone.....(515)993-4819
Email.....lmoglestad@adm.k12.ia.us
Athletic Secretary.....Lisa Wilken
Phone.....(515)993-4819
Email.....lwilken@adm.k12.ia.us
Sports Medicine Provider.....Melanie Mason (Select Medical)
Girls Golf.....Dana Brown
Basketball.....Aaron Mager
Girls Basketball.....Jacob Cleveland
Baseball.....Jason Book
Girls Softball.....Jody Doty
Wrestling.....Chris Hatchitt
Football.....Garrison Carter
Girls Volleyball.....Mary Beth Scott
Track & Field.....Jesse Hunt
Girls Track & Field.....Bart Mueller
Cross Country.....David Zwank
Girls Cross Country.....David Zwank
Soccer.....Bill Shields
Football Cheerleading.....Alec Craigmile
Wrestling Cheerleading.....Alec Craigmile
Speech Director.....Jacqueline Seidl
Student Council.....Tammie Smith
Band Director.....Russ Braun
Vocal Director.....Rebecca Cassel

AGWSR, ACKLEY

Street Address: 918 4th Ave
City: Ackley
Zip Code: 50601
Mailing Address: 918 4th Ave
City: Ackley
Zip Code: 50601
Supt. St Address: 918 4th Ave
Supt. City: Ackley
Supt. Zip: 50601
County: Hardin
Area Code: 641
School Phone: 847-2633
HS Fax: 847-3345
AD Fax: 847-3345
Web Site: <http://www.agwsr.org>
School Colors: Purple, Navy, White
Nickname: Cougars
Conference: North Iowa Cedar-West
Superintendent.....Erik Smith
Phone.....(641)847-2611
Email.....esmith@agwsr.org
Principal.....Erik Smith
Phone.....(641)847-2633
Email.....esmith@agwsr.org
Athletic Administrator.....Lowell Young
Phone.....(641)847-2633
Email.....ad@agwsr.org
Golf.....Brad Hames

Girls Golf.....Stacy Drake
Basketball.....Ryley Schipper
Girls Basketball.....Laurie Gann
Baseball.....David Showalter
Girls Softball.....Brenda Drake, Scott O'Brien
Wrestling.....Chad Gerbracht
Football.....James Koop
Girls Volleyball.....Jill Smith
Track & Field.....Ryley Schipper
Girls Track & Field.....Laurie Gann
Cross Country.....Matt Balsley
Football Cheerleading.....Christy Koop
Basketball Cheerleading.....Christy Koop
Wrestling Cheerleading.....Stacy Drake
Speech Director.....Christy Koop
Student Council.....Christy Koop
Band Director.....Jeremy Idler
Vocal Director.....Kim Medick

AHSTW, AVOCA

Street Address: 768 S Maple
City: Avoca
Zip Code: 51521
Mailing Address: 768 S Maple
City: Avoca
Zip Code: 51521
Supt. St Address: 768 S Maple
Supt. City: Avoca
Supt. Zip: 51521
County: Pottawattamie
Area Code: 712
School Phone: 343-6364
HS Fax: 343-2170
AD Fax: 343-6915
Web Site: <http://www.ahstwschools.org>
School Colors: Blue, White, and Red
Nickname: Vikings & Lady Vikes
Conference: Western Iowa
Superintendent.....Darin Jones
Phone.....(712)343-6364
Email.....darin.jones@ahstwschools.org
Admin Asst.....Mary Kay Sievers
Phone.....(712)343-6364 x7500
Email.....marykay.sievers@ahstwschools.org
Principal.....Steven Sauvain
Phone.....(712)343-6364
Email.....steven.sauvain@ahstwschools.org
Athletic Administrator.....Jason Holst
Phone.....(712)343-6364
Email.....jason.holst@ahstwschools.org
Athletic Secretary.....Jean Epley
Phone.....(712)343-6364
Email.....jean.epley@ahstwschools.org
Sports Medicine Provider.....Stephanie Harder
Golf.....Lori Tiarks
Girls Golf.....Lori Tiarks
Basketball.....G.G. Harris
Girls Basketball.....Steve Sauvain
Baseball.....Jason Holst
Girls Softball.....G.G. Harris
Wrestling.....Evan McCarthy
Football.....G.G. Harris
Girls Volleyball.....Kelsey Muxfeldt
Track & Field.....TBD
Girls Track & Field.....Jenny Hamilton
Cross Country.....Jenny Hamilton
Girls Cross Country.....Jenny Hamilton
Soccer.....James Johnson
Girls Soccer.....Beth Herbst
Football Cheerleading.....Joy Best
Basketball Cheerleading.....Joy Best

Wrestling Cheerleading.....Katie Pace
Speech Director.....Amy Pattee
Student Council.....Kelsey Muxfeldt
Band Director.....Annie Keupp
Vocal Director.....Joseph Smrdel

AKRON-WESTFIELD

Street Address: 850 Kerr Drive

City: Akron

Zip Code: 51001

Mailing Address: 850 Kerr Drive

City: Akron

Zip Code: 51001

Supt. St Address: 850 Kerr Drive

Supt. City: Akron

Supt. Zip: 51001

County: Plymouth

Area Code: 712

School Phone: 568-2020

HS Fax: 568-2997

AD Fax: 568-2997

Web Site: <http://www.akron-westfield.com>

School Colors: Red & Black

Nickname: Westerners

Conference: War Eagle

Superintendent.....Randy Collins

Phone.....(712)568-2616

Email.....rcollins@akron-westfield.com

Principal.....Derek Briggs

Phone.....(712)568-2020

Email.....dbriggs@akron-westfield.com

Athletic Administrator.....Todd Colt

Phone.....(712)568-2020

Email.....tcolt@akron-westfield.com

Golf.....Todd Colt

Girls Golf.....Todd Colt

Basketball.....Jeff Drent

Girls Basketball.....Kent Johnson

Baseball.....Gordy Johnson

Girls Softball.....Todd Colt

Wrestling.....John Sievert

Football.....Eric Walkingstick

Girls Volleyball.....Robyn VanEldik

Track & Field.....Kent Johnson

Girls Track & Field.....Eric Walkingstick

Football Cheerleading.....Katie Muir

Speech Director.....Colleen Westergard

Student Council.....Krista Weiland

Band Director.....Jacob Hecht

Vocal Director.....Ryan Schuknecht

Orchestra Director.....Jacob Hecht

ALBIA

Street Address: 503 B Ave E

City: Albia

Zip Code: 52531

Mailing Address: 503 B Ave E

City: Albia

Zip Code: 52531

Supt. St Address: 701 Washington Ave E

Supt. City: Albia

Supt. Zip: 52531

County: Monroe

Area Code: 641

School Phone: 932-2161

HS Fax: 932-7069

AD Fax: 932-7069

Web Site: <http://www.albia.k12.ia.us>

School Colors: Royal Blue, Red, White

Nickname: Blue Demons/Lady Dees

Conference: South Central

Superintendent.....Kevin Crall

Phone.....(641)932-2161 x1101

Email.....kevin.crall@albia.k12.ia.us

Principal.....Richard Montgomery

Phone.....(641)932-2161 x1401

Email.....richard.montgomery@albia.k12.ia.us

Asst/Assoc/Vice-Principal.....Lori Eads

Phone.....(641)932-2161 x1406

Email.....lori.eads@albia.k12.ia.us

Athletic Administrator.....Lori Eads

Phone.....(641)932-2161 x1406

Email.....lori.eads@albia.k12.ia.us

Athletic Secretary.....Stacey Johnson

Phone.....(641)932-2161 x1405

Email.....stacey.johnson@albia.k12.ia.us

Girls Tennis.....Justin Huber

Golf.....Marty Hermesen

Girls Golf.....Lynne Osing

Basketball.....Kevin Archer

Girls Basketball.....Katy Dykes

Baseball.....Robbie D'Amato

Girls Softball.....Jani Dorpinghaus, Darren Hill

Wrestling.....Dave Wenger

Football.....Justin Huber, Scott Farrington

Girls Volleyball.....Missy Cox Dustin

Track & Field.....Darren Hill

Girls Track & Field.....Justin Long

Cross Country.....Todd Ratliff

Girls Cross Country.....Todd Ratliff

Soccer.....Aaron Koester

Football Cheerleading.....Jessica Brady

Basketball Cheerleading.....Jessica Brady

Wrestling Cheerleading.....Jennie Pistek

Speech Director(s).....Katie Hicks, Kylie La Rue

Student Council.....Darren Hill

Band Director.....David Perry

Vocal Director.....Alex Steines

ALBURNETT

Street Address: 131 Roosevelt St

City: Alburnett

Zip Code: 52202

Mailing Address: PO Box 400

City: Alburnett

Zip Code: 52202

Supt. St Address: PO Box 400

Supt. City: Alburnett

Supt. Zip: 52202

County: Linn

Area Code: 319

School Phone: 842-2263

HS Fax: 842-2398

AD Fax: 842-2398

Web Site: <http://www.alburnettcsd.org>

School Colors: Purple & Gold

Nickname: Pirates

Conference: Tri Rivers

Superintendent.....Danielle Trimble

Phone.....(319)842-2261

Email.....dtrimble@alburnettcsd.org

Principal.....Brian Moretz

Phone.....(319)842-2263

Email.....bmoretz@alburnettcsd.org

Athletic Administrator.....Nick Wooldrik

Phone.....(319)842-2263 x31

Email.....nwooldrik@alburnettcsd.org

Athletic Secretary.....Tanya Keeney

Phone.....(319)842-2263

Email.....tkeeney@alburnettcsd.org

Sports Medicine Provider.....Shane Von Holten, PT

(Performance Therapies PC)

Golf.....Steve Sodawasser

Girls Golf.....Steve Sodawasser

Basketball.....Jeff Christopherson

Girls Basketball.....Brenden Drahn

Baseball.....Ryan Stensland

Girls Softball.....Nate Robertson

Wrestling.....Clayton Rush

Football.....Nic Breuer

Girls Volleyball.....Allyssa Dierks

Track & Field.....Christine Minor

Girls Track & Field.....Keevan Kaestner

Cross Country.....Luke Ossman

Girls Cross Country.....Luke Ossman

Football Cheerleading.....Maia Harvey

Basketball Cheerleading.....Maia Harvey

Wrestling Cheerleading.....Maia Harvey

Student Council.....Emilee Upah

Band Director.....Lydia Raim

Vocal Director.....Joe Fagerstrom

ALGONA

Street Address: 600 S Hale St

City: Algona

Zip Code: 50511

Mailing Address: 600 S Hale St

City: Algona

Zip Code: 50511

Supt. St Address: 600 S Hale St

Supt. City: Algona

Supt. Zip: 50511

County: Kossuth

Area Code: 515

School Phone: 295-7207

HS Fax: 295-9273

AD Fax: 295-9273

Web Site: <http://www.algona.k12.ia.us>

School Colors: Red & Black

Nickname: Bulldogs

Conference: North Central

Superintendent.....Joe Carter

Phone.....(515)295-3528

Email.....jcarter@algona.k12.ia.us

Principal.....Jared Cecil

Phone.....(515)295-7207

Email.....jcecil@algona.k12.ia.us

Asst/Assoc/Vice-Principal.....Brian Morgan

Phone.....(515)295-7207

Email.....bmorgan@algona.k12.ia.us

Athletic Administrator.....Shelly TerHark

Phone.....(515)295-7207 x225

Email.....sterhark@algona.k12.ia.us

Athletic Secretary.....Kathy Breiner

Phone.....(515)295-7207 x225

Email.....kbreiner@algona.k12.ia.us

Sports Medicine Provider.....Jim Lonning

Golf.....Mike Ford

Girls Golf.....Mike Weier

Basketball.....Noel McLaughlin

Girls Basketball.....Mike Ford

Girls Swimming.....Jim Fisher

Wrestling.....Nick Kuecker

Football.....Andy Jacobson

Girls Volleyball.....Shelly TerHark

Track & Field.....Gregg Wellman

Girls Track & Field.....Tong Uk Yi

Cross Country.....Pete Waltz

Girls Cross Country.....Pete Waltz

Football Cheerleading.....Heather Pesicka

Basketball Cheerleading.....Heather Pesicka

Wrestling Cheerleading.....Heather Pesicka

Speech Director.....Rachel Zetlau

Student Council Lisa Cassens, Mindi Spear
Band Director Kurt Kissinger
Vocal Director Adam Orban

ALTA-AURELIA

Street Address: 1009 South Main St
City: Alta
Zip Code: 51002
Mailing Address: 1009 South Main St
City: Alta
Zip Code: 51002
Supt. St Address: 101 W 5th St
Supt. City: Alta
Supt. Zip: 51002
County: Buena Vista
Area Code: 712
School Phone: 200-1331
HS Fax: 200-4123
AD Fax: 200-4123
Web Site: <http://www.alta-aurelia.org>
School Colors: Navy, red, white
Nickname: Warriors
Conference: Twin Lakes
Superintendent Bill Walters
Phone (712)200-1010
Email bwalters@alta-aurelia.k12.ia.us
Principal Tom Ryherd
Phone (712)200-1331
Email tryherd@alta-aurelia.k12.ia.us
Athletic Administrator Grant Peckenschneider
Phone (712)200-1331 x26
Email grant@alta-aurelia.k12.ia.us
Sports Medicine Provider Mike Spetman
Golf Mark Henningsen
Girls Golf LeAnn Patton
Basketball Dean Lietz
Girls Basketball Adam Rapp
Baseball Ryan Burkhart
Girls Softball Dave Turnquist
Wrestling Mike Fry
Football Chris Reinert, Grant Peckenschneider
Girls Volleyball Jeannie Henningsen
Track & Field Wendell Larson
Girls Track & Field Tim Galvin
Cross Country Wendell Larson
Girls Cross Country Wendell Larson
Soccer John Stange
Football Cheerleading Lori Kolpin
Basketball Cheerleading Lori Kolpin
Wrestling Cheerleading Debbie Erpelding
Speech Director Carrie Buddenhagen
Student Council Lindsay Brown
Band Director Megan Benz
Vocal Director Natalie Bradburn

AMES

Street Address: 1921 Ames High Dr
City: Ames
Zip Code: 50010
Mailing Address: 1921 Ames High Dr
City: Ames
Zip Code: 50010
Supt. St Address: 2005 24th St
Supt. City: Ames
Supt. Zip: 50010-4488
County: Story
Area Code: 515
School Phone: 817-0600
HS Fax: 817-0617
AD Fax: 817-0617
Web Site: <http://www.ames.k12.ia.us>
School Colors: Orange & Black

Nickname: Little Cyclones
Conference: CIML-Central
Superintendent Jenny Risner
Phone (515)268-6660
Email jenny.risner@ames.k12.ia.us
Asst/Assoc Supt JD Mitchell
Phone (515) 268-6660
Email joshua.mitchell@ames.k12.ia.us
Principal Brian Carico
Phone (515)817-0600
Email brian.carico@ames.k12.ia.us
Asst/Assoc/Vice-Principal Jeff Anderson
Phone (515)817-0600
Email jeff.anderson@ames.k12.ia.us
Asst/Assoc/Vice-Principal Jim Mollison
Phone (515)817-0600
Email jim.mollison@ames.k12.ia.us
Athletic Administrator Judge W. Johnston
Phone (515)817-0611
Email judge.johnston@ames.k12.ia.us
Co-AD/Assistant Ian Smith
Phone (515)817-0611
Email ian.smith@ames.k12.ia.us
Athletic Secretary Dustin Rhoads
Phone (515)817-0611
Email dustin.rhoads@ames.k12.ia.us
Sports Medicine Provider Lindsey Struck
(McFarland Clinic)
Tennis Dustin Rhoads
Girls Tennis Dustin Rhoads
Golf R.J. Voss
Girls Golf R.J. Voss
Basketball Vance Downs
Girls Basketball Joel Sullivan
Swimming Dan Flannery
Girls Swimming Dan Flannery
Baseball TBD
Girls Softball Gary Gorman
Wrestling Andy Fecht
Football Bruce Vertanen
Girls Volleyball TBD
Track & Field Ben Duea
Girls Track & Field Ben Duea
Cross Country Tim Mooney
Girls Cross Country Cole Anderson
Soccer TBD
Girls Soccer Bobby Myers
Football Cheerleading Sarah Buss
Basketball Cheerleading Dana Logan
Wrestling Cheerleading Dana Logan
Speech Director Connie Ringlee
Student Council Allison DiBlasi
Band Director Chris Ewan
Vocal Director Peggy Dieter
Orchestra Director Mary Kay Polashek

ANAMOSA

Street Address: 209 Sadie Street
City: Anamosa
Zip Code: 52205
Mailing Address: 209 Sadie St
City: Anamosa
Zip Code: 52205
Supt. St Address: 200 S. Garnavillo St.
Supt. City: Anamosa
Supt. Zip: 52205
County: Jones
Area Code: 319
School Phone: 462-3594
HS Fax: 462-2332
AD Fax: 462-2332
Web Site: <http://www.anamosa.k12.ia.us>

School Colors: Royal & White
Nickname: Blue Raiders
Conference: River Valley
Superintendent Larry Hunt
Phone (319)462-4321
Email lhunt@anamosa.k12.ia.us
Admin Asst Cathy Wehling
Phone (319)462-4321
Email cwehling@anamosa.k12.ia.us
Principal Erin Thompson
Phone (319)462-3594 x1610
Email ethompson@anamosa.k12.ia.us
Asst/Assoc/Vice-Principal Bret Jones
Phone (319)462-3594 x1645
Email bjones@anamosa.k12.ia.us
Athletic Administrator Bret Jones
Phone (319)462-3594 x1645
Email bjones@anamosa.k12.ia.us
Athletic Secretary Deb Hardersen
Phone (319)462-3594 x1545
Email dhardersen@anamosa.k12.ia.us
Sports Medicine Provider Sally Meyer
(Wapsi Physical Therapy)
Golf Trent Jeffrey
Girls Golf Tammy Seeley
Basketball Kevin Barnes
Girls Basketball Doug Arnold
Baseball Bryan McCray
Girls Softball Brad Holub
Wrestling Trevor Greene
Football Lucas Stanton
Girls Volleyball Caitlin McVay
Track & Field Justin Bader
Cross Country Ken Sunseri
Girls Cross Country Ken Sunseri
Girls Soccer Tom Rogers
Student Council Kori Leighty
Band Director Caleb Haselhuhn
Vocal Director Andrew Eley

ANKENY

Street Address: 1155 SW Cherry St
City: Ankeny
Zip Code: 50023
Mailing Address: 1155 SW Cherry St
City: Ankeny
Zip Code: 50023
Supt. St Address: 306 SW School St
Supt. City: Ankeny
Supt. Zip: 50021
County: Polk
Area Code: 515
School Phone: 965-9630
HS Fax: 965-9639
AD Fax: 964-2956
Web Site: <http://www.ankenyschools.org>
School Colors: Maroon & Gold
Nickname: Hawks/Hawkettes
Conference: CIML-Central
Superintendent Dr. Bruce Kimpston
Phone (515)965-9600
Email bruce.kimpston@ankenyschools.org
Asst/Assoc Supt Darin Haack
Phone (515)965-9600
Email darin.haack@ankenyschools.org
Admin Asst Suzanne Showalter
Phone (515)965-9600
Email suzanne.showalter@ankenyschools.org
Principal Peter Apple
Phone (515)965-9630
Email peter.apple@ankenyschools.org

Asst/Assoc/Vice-Principal.....Kelsie Goodman
 Phone.....(515)965-9630
 Email.....kelsey.goodman@ankenyschools.org
 Asst/Assoc/Vice-Principal.....Jessie VanDeWalle
 Phone.....(515)965-9630
 Email.....jessie.vandewalle@ankenyschools.org
 Asst/Assoc/Vice-Principal.....Mike Bakker
 Phone.....(515)965-9635
 Email.....mike.bakker@ankenyschools.org
 Athletic Administrator.....Andy Umthun
 Phone.....(515)963-4335 x2804
 Email.....andy.umthun@ankenyschools.org
 Co-AD/Assistant.....Tom Day
 Phone.....(515)963-4335
 Email.....tom.day@ankenyschools.org
 Athletic Secretary.....Sarah Murphy
 Phone.....(515)963-4335
 Email.....sarah.murphy@ankenyschools.org
 Sports Medicine Provider.....Ellen Sutphen, LAT
 (Ankeny Physical and Sports Therapy)
 Tennis.....Steve Smith
 Girls Tennis.....Katie Owens
 Golf.....Mike Weddingfeld
 Girls Golf.....Seth Hagarty
 Basketball.....Brandt Carlson
 Girls Basketball.....Dru McAnelly
 Swimming.....Justin Crouch
 Girls Swimming.....Michelle Stout
 Baseball.....Joe Balvanz
 Girls Softball.....Dave Bingham
 Wrestling.....Jack Wignall
 Football.....Rick Nelson
 Girls Volleyball.....Dave Whims
 Track & Field.....Nick Nelson
 Girls Track & Field.....Thomas Cotter
 Cross Country.....Jon Lindaman
 Girls Cross Country.....Eric Klingensmith
 Girls Soccer.....Simon Brown
 Bowling.....Lane Richtsmeier
 Girls Bowling.....Lane Richtsmeier
 Football Cheerleading.....Shonna Murrey
 Basketball Cheerleading.....Shonna Murrey
 Wrestling Cheerleading.....Britne Davis
 Speech Director.....Grace Jones
 Student Council.....Morgan Olson
 Band Director.....Joel Poppen
 Vocal Director.....Ben Walters

ANKENY CENTENNIAL

Street Address: 2220 NW State St
 City: Ankeny
 Zip Code: 50023
 Mailing Address: 2220 NW State St
 City: Ankeny
 Zip Code: 50023
 Supt. St Address: 306 SW School St
 Supt. City: Ankeny
 Supt. Zip: 50021
 County: Polk
 Area Code: 515
 School Phone: 965-9630
 HS Fax: 965-4234
 AD Fax: 964-5326
 Web Site: <http://www.ankenyschools.org>
 School Colors: Black & Silver / White & Maroon Accent
 Nickname: Jaquars
 Conference: CIML-Central
 Superintendent.....Dr. Bruce Kimpston
 Phone.....(515)965-9600 x3941
 Email.....bruce.kimpston@ankenyschools.org

Asst/Assoc Supt.....Dr. Darin Haack
 Phone.....(515)965-9600 x3931
 Email.....matt.adams@ankenyschools.org
 Admin Asst.....Misty Eiteman
 Phone.....(515)965-9600 x3940
 Email.....misty.eiteman@ankenyschools.org
 Principal.....Dr. Jen Lindaman
 Phone.....(515)965-9610 x2985
 Email.....jen.lindaman@ankenyschools.org
 Asst/Assoc/Vice-Principal.....Nancy Lehman
 Phone.....(515)965-9610 x2986
 Email.....nancy.lehman@ankenyschools.org
 Asst/Assoc/Vice-Principal.....Adam Busch
 Phone.....(515)965-9610 x2987
 Email.....adam.busch@ankenyschools.org
 Asst/Assoc/Vice-Principal.....Cory Goldsmith
 Phone.....(515)965-9610 x2809
 Email.....cory.goldsmith@ankenyschools.org
 Athletic Administrator.....Scott Garvis
 Phone.....(515)635-2975
 Email.....scott.garvis@ankenyschools.org
 Co-AD/Assistant.....Randy Hoeck
 Phone.....(515)635-2974
 Email.....randy.hoeck@ankenyschools.org
 Co-AD/Assistant.....Holly Anderson
 Phone.....(515)635-2974
 Email.....holly.anderson@ankenyschools.org
 Athletic Secretary.....Marge Rasmuson
 Phone.....(515)635-2976
 Email.....marge.rasmuson@ankenyschools.org
 Sports Medicine Provider.....Peter Harder
 Tennis.....Tami Lewton
 Girls Tennis.....TBD
 Golf.....Rick Fee
 Girls Golf.....John Petersen
 Basketball.....Bob Fontana
 Girls Basketball.....Scott DeJong
 Swimming.....Justin Crouch
 Girls Swimming.....Michelle Stout
 Baseball.....Mark Hey
 Girls Softball.....Brett Delaney
 Wrestling.....Jay Groth
 Football.....Jerry Pezzetti, Ryan Pezzetti
 Girls Volleyball.....Jessica Rinehart
 Track & Field.....Nate Smith
 Girls Track & Field.....Andrew Kruzich
 Cross Country.....Chad Fickbohm
 Girls Cross Country.....Eric Cogdill
 Soccer.....Brian Duax
 Girls Soccer.....Chris Allen
 Bowling.....Lane Richtsmeier
 Girls Bowling.....Lane Richtsmeier
 Football Cheerleading.....Alyssa Howlett
 Basketball Cheerleading.....Alyssa Howlett
 Wrestling Cheerleading.....Alyssa Howlett
 Speech Director.....Jon Russell
 Student Council.....Amy Bossard
 Band Director.....Scott Hook
 Vocal Director.....Nolan Henkle

ANKENY CHRISTIAN ACADEMY

Street Address: 1604 W 1st St
 City: Ankeny
 Zip Code: 50023
 Mailing Address: 1604 W 1st St
 City: Ankeny
 Zip Code: 50023
 Supt. St Address: 1604 W 1st Street
 Supt. City: Ankeny
 Supt. Zip: 50023
 County: Polk

Area Code: 515
 School Phone: 965-8114
 HS Fax: 965-8210
 AD Fax: 965-8210
 Web Site: <http://www.acaagles.net/>
 School Colors: Royal Blue & White
 Nickname: Eagles
 Conference: Blue Grass
 Superintendent.....Dr. Steve Robinson
 Phone.....(515)965-8114 x110
 Email.....steve.robinson@ankenychristianacademy.com
 Asst/Assoc Supt.....Joyce Hansen
 Phone.....(515)965-8114
 Email.....joyce.hansen@ankenychristianacademy.com
 Admin Asst.....Melanie Fericks
 Phone.....(515)965-8114 x118
 Email.....melanie.fericks@ankenychristianacademy.com
 Athletic Administrator.....David Walter
 Phone.....(515)965-8114 x121
 Email.....dave.walter@ankenychristianacademy.com
 Sports Medicine Provider.....Otto Krueger
 (Krueger Chiropractic)
 Golf.....Larry Schroeder
 Girls Golf.....Larry Schroeder
 Basketball.....Paul Selindh
 Girls Basketball.....David Caldwell
 Baseball.....Craig Dueker
 Girls Volleyball.....Michele Quick
 Track & Field.....Tim Olejniczak
 Girls Track & Field.....Tim Olejniczak
 Cross Country.....Larry Schroeder
 Girls Cross Country.....Larry Schroeder
 Student Council.....Cheryl Schroeder
 Band Director.....Danae Oliver
 Vocal Director.....Ryan Weathers

APLINGTON-PARKERSBURG

Street Address: 610 N Johnson Rd
 City: Parkersburg
 Zip Code: 50665
 Mailing Address: 610 N Johnson Rd
 City: Parkersburg
 Zip Code: 50665
 Supt. St Address: 610 N Johnson Rd
 Supt. City: Parkersburg
 Supt. Zip: 50665
 County: Butler
 Area Code: 319
 School Phone: 346-1572
 HS Fax: 346-1012
 AD Fax: 346-1012
 Web Site: <http://www.apl-park.k12.ia.us>
 School Colors: Red, Black & Silver
 Nickname: Falcons
 Conference: North Iowa Cedar East
 Superintendent.....Robert Hughes
 Phone.....(319)346-1571
 Email.....robert.hughes@a-pcsd.net
 Principal.....Aaron Thomas
 Phone.....(319)346-1571
 Email.....aaron.thomas@a-pcsd.net
 Athletic Administrator.....Jason Berkey
 Phone.....(319)346-1571
 Email.....jason.berkey@a-pcsd.net
 Athletic Secretary.....Staci Brungard
 Phone.....(319)346-1571
 Email.....staci.brungard@a-pcsd.net
 Tennis.....Jon Wiegmann
 Girls Tennis.....Dave Price
 Golf.....Gary Flanigan
 Girls Golf.....Gary Flanigan

Basketball.....Aaron Thomas
 Girls Basketball.....Jason Berkey
 Baseball.....Brett Kleespies
 Girls Softball.....Charity Rosteck
 Wrestling.....Brian Benning
 Football.....Alex Pollock
 Girls Volleyball.....Erin Huddleson
 Track & Field.....Mark Haren
 Girls Track & Field.....Alex Pollock
 Cross Country.....Jason Berkey
 Girls Cross Country.....Jason Berkey
 Soccer.....Senad Mrzljak
 Girls Soccer.....Cory Goetch
 Football Cheerleading.....Cristine Mehmen
 Basketball Cheerleading.....Cristine Mehmen
 Wrestling Cheerleading.....Cristine Mehmen
 Speech Director.....Klay Hoppenworth
 Band Director.....Thom Mahler
 Vocal Director.....Jeff Bieber

AR-WE-VA, WESTSIDE

Street Address: 108 Clinton St
 City: Westside
 Zip Code: 51467
 Mailing Address: PO Box 108
 City: Westside
 Zip Code: 51467
 Supt. St Address: PO Box 108
 Supt. City: Westside
 Supt. Zip: 51467
 County: Crawford
 Area Code: 712
 School Phone: 663-4312
 HS Fax: 663-4340
 AD Fax: 663-4312
 Web Site: <http://www.ar-we-va.k12.ia.us>
 School Colors: Red, Black & White
 Nickname: Rockets
 Conference: Rolling Valley Conference
 Superintendent.....Jeff Kruse
 Phone.....(712)663-4312
 Email.....jkruse@scc.k12.ia.us
 Principal.....Chris Petersen
 Phone.....(712)663-4312
 Email.....cpetersen@ar-we-va.k12.ia.us
 Athletic Administrator.....Darin Schurke
 Phone.....(712)663-4312
 Email.....schurke@ar-we-va.k12.ia.us
 Athletic Secretary.....Barb Niehaus
 Phone.....(712)663-4312
 Email.....bniehaus@ar-we-va.k12.ia.us
 Basketball.....Matt Wilken
 Girls Basketball.....Dan Kock
 Baseball.....Austin Stoelk
 Girls Softball.....Mackenzie Kock
 Football.....Chris Petersen
 Girls Volleyball.....Sarah Smith
 Track & Field.....Darin Schurke
 Girls Track & Field.....Darin Schurke
 Football Cheerleading.....Candi Miller
 Basketball Cheerleading.....Candi Miller
 Student Council.....Barb Niehaus
 Band Director.....Rebecca Dose
 Vocal Director.....Rebecca Dose

ASSUMPTION, DAVENPORT

Street Address: 1020 W Central Park Ave
 City: Davenport
 Zip Code: 52804
 Mailing Address: 1020 W Central Park Ave
 City: Davenport
 Zip Code: 52804

Supt. St Address: 780 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804
 County: Scott
 Area Code: 563
 School Phone: 326-5313
 HS Fax: 322-9125
 AD Fax: 322-9125
 Web Site: <http://www.assumptionhigh.org>
 School Colors: Scarlet Red and White
 Nickname: Knights
 Conference: Mississippi Athletic
 Superintendent.....Lee Morrison
 Phone.....(563)888-4231
 Email.....morrison@davenportdiocese.org
 Executive Coordinator.....Andy Craig
 Phone.....(563)326-5313 x225
 Email.....andy.craig@assumptionhigh.org
 Principal.....Bridget Murphy
 Phone.....(563)326-5313 x289
 Email.....bridget.murphy@assumptionhigh.org
 Asst/Assoc/Vice-Principal.....Mike Frieden
 Phone.....(563)326-5313 x224
 Email.....mike.frieden@assumptionhigh.org
 Athletic Administrator.....Wade King
 Phone.....(563)326-5313 x245
 Email.....wade.king@assumptionhigh.org
 Athletic Secretary.....Jordan Gizzarelli
 Phone.....(563)326-5313 x242
 Email.....jordan.gizzarelli@assumptionhigh.org
 Sports Medicine Provider.....Kaelene Voorhees
 (Rock Valley Physical Therapy)
 Tennis.....Jake Timm
 Golf.....Dave Holmes, Jeff McAfoos
 Girls Golf.....Gary Laake
 Basketball.....Matt Fitzpatrick
 Girls Basketball.....Katelyn McNamara
 Baseball.....Greg Thissen
 Girls Softball.....Ron Ferrill
 Wrestling.....Jon Terronez
 Football.....Wade King
 Girls Volleyball.....Bre Scherler
 Track & Field.....Tim O'Neill
 Girls Track & Field.....Tim O'Neill
 Cross Country.....Tim O'Neill
 Girls Cross Country.....Tim O'Neill
 Soccer.....Greg Zeller
 Girls Soccer.....Elizabeth Maus
 Football Cheerleading.....Brittany Nylin
 Basketball Cheerleading.....Brittany Nylin
 Wrestling Cheerleading.....Brittany Nylin
 Student Council.....Mike Frieden
 Band Director.....Erin Mahr
 Vocal Director.....Trevor Loes

ATLANTIC

Street Address: 1201 E 14th St
 City: Atlantic
 Zip Code: 50022
 Mailing Address: 1201 E 14th St
 City: Atlantic
 Zip Code: 50022
 Supt. St Address: 1100 Linn St
 Supt. City: Atlantic
 Supt. Zip: 50022
 County: Cass
 Area Code: 712
 School Phone: 243-5358
 HS Fax: 243-8007
 AD Fax: 243-8007
 Web Site: <http://www.atlanticiaschools.org>
 School Colors: Black & Gold

Nickname: Trojans
 Conference: Hawkeye Ten
 Superintendent.....Steve Barber
 Phone.....(712)243-4252
 Email.....sbarber@atlanticiaschools.org
 Principal.....Heather Joy McKay
 Phone.....(712)243-5358
 Email.....hmckay@atlanticiaschools.org
 Asst/Assoc/Vice-Principal.....Andrew Mitchell
 Phone.....(712)243-5364
 Email.....amitchell@atlanticiaschools.org
 Athletic Administrator.....Andrew Mitchell
 Phone.....(712)243-5364
 Email.....amitchell@atlanticiaschools.org
 Athletic Secretary.....Amber Jipsen
 Phone.....(712)243-5364
 Email.....ajipsen@atlanticiaschools.org
 Sports Medicine Provider.....Andy Niemann, LAT
 (Cass County Health Systems)
 Tennis.....Mike McDermott
 Girls Tennis.....Mike McDermott
 Golf.....Ed DenBeste
 Girls Golf.....Kathy Hobson
 Basketball.....Jeffrey Ebling
 Girls Basketball.....Dan Vargason
 Swimming.....Dean Junker
 Girls Swimming.....Dean Junker
 Baseball.....Joe Brummer
 Girls Softball.....Terry Hinzmann
 Wrestling.....Tim Duff
 Football.....Mike McDermott
 Girls Volleyball.....Michelle Blake
 Track & Field.....Jordan Mullen
 Girls Track & Field.....Matt Mullenix
 Cross Country.....Dan Vargason
 Girls Cross Country.....Dan Vargason
 Soccer.....Oran Perkins
 Girls Soccer.....Jordan Newberg
 Football Cheerleading.....Michella Bartholomew
 Basketball Cheerleading.....Michella Bartholomew
 Wrestling Cheerleading.....Michella Bartholomew
 Speech Director.....Alex Bales
 Student Council.....Sarah Elm
 Band Director.....Jarrod O'Donnell
 Vocal Director.....Ethan Pruismann

AUDUBON

Street Address: 800 3rd Ave
 City: Audubon
 Zip Code: 50025
 Mailing Address: 800 3rd Ave
 City: Audubon
 Zip Code: 50025
 Supt. St Address: 800 3rd Ave
 Supt. City: Audubon
 Supt. Zip: 50025
 County: Audubon
 Area Code: 712
 School Phone: 563-2607
 HS Fax: 563-3607
 AD Fax: 563-3607
 Web Site: <http://www.audubon.k12.ia.us>
 School Colors: Red & White
 Nickname: Wheelers
 Conference: Western Iowa
 Superintendent.....Eric Trager
 Phone.....(712)563-2607 x223
 Email.....etrager@audubon.k12.ia.us
 Principal.....Quentin Stanerson
 Phone.....(712)563-2607 x229
 Email.....qstanerson@audubon.k12.ia.us

Athletic Administrator.....Sean Birks
 Phone.....(712)563-2607 x228
 Email.....sbirks@audubon.k12.ia.us
 Athletic Secretary.....Kristie Nielsen
 Phone.....(712)563-2607 x227
 Email.....knielsen@audubon.k12.ia.us
 Tennis.....McKenzie Krauel
 Girls Tennis.....Aaron Miller
 Golf.....Sue Hawkins
 Girls Golf.....Paul Lynch
 Basketball.....Coleman Mullenix
 Girls Basketball.....Darran Miller
 Baseball.....Matt Wilder
 Girls Softball.....Eric Borkowski
 Football.....Sean Birks
 Girls Volleyball.....Elizabeth Stein
 Track & Field.....Monte Riebhoff
 Girls Track & Field.....Tony Konkler
 Cross Country.....Pete Dammel
 Girls Cross Country.....Pete Dammel
 Football Cheerleading.....Sarah Smith
 Wrestling Cheerleading.....April Brand
 Speech Director(s).....Steph Graham, Erin O'Brien
 Band Director.....Victoria Chargo
 Vocal Director.....Tami Meiners

BALLARD

Street Address: 701 Ballard Drive
 City: Huxley
 Zip Code: 50124
 Mailing Address: 701 Ballard Drive
 City: Huxley
 Zip Code: 50124
 Supt. St Address: 509 North Main
 Supt. City: Huxley
 Supt. Zip: 50124
 County: Story
 Area Code: 515
 School Phone: 597-2971
 HS Fax: 597-2964
 AD Fax: 597-2964
 Web Site: <http://www.ballard.k12.ia.us>
 School Colors: Red & White
 Nickname: Bombers
 Conference: Raccoon River
 Superintendent.....Ottie Maxey
 Phone.....(515)597-2811
 Email.....omaxey@ballard.k12.ia.us
 Principal.....John Ronca
 Phone.....(515)597-2971 x2171
 Email.....jronca@ballard.k12.ia.us
 Asst/Assoc/Vice-Principal.....Chris Deason
 Phone.....(515)597-2971 x2172
 Email.....cdeason@ballard.k12.ia.us
 Asst/Assoc/Vice-Principal.....Mike Manock
 Phone.....(515)597-3017
 Email.....mmanock@ballard.k12.ia.us
 Athletic Administrator.....Nate Boock
 Phone.....(515)597-2971 x2139
 Email.....nboock@ballard.k12.ia.us
 Athletic Secretary.....Terri Weeks
 Phone.....(515)597-2971 x2138
 Email.....tweeks@ballard.k12.ia.us
 Sports Medicine Provider.....Jordan Hayes, LAT (DMOS)
 Tennis.....Matt Fjelland
 Girls Tennis.....Jennifer Dovre
 Golf.....Wyatt Weeks
 Girls Golf.....Mike Ogle
 Basketball.....Jeff Schertz
 Girls Basketball.....Kelly Anderson
 Baseball.....Nick Steenhagen
 Girls Softball.....Charlie Husak

Wrestling.....Steve Mickelson
 Football.....Corey Vespestad, Kyle Howard
 Girls Volleyball.....Morgan Bennett
 Track & Field.....Darren Herrold
 Girls Track & Field.....Scott Barth
 Cross Country.....Scott Barth
 Girls Cross Country.....Scott Barth
 Girls Soccer.....Brent Emerson
 Football Cheerleading.....Kaily Macdonald
 Basketball Cheerleading.....JoEllen Wesselmann
 Wrestling Cheerleading.....Allison Vincent
 Speech Director.....Lisa Ronca
 Student Council.....Whitney Hulse
 Band Director.....Derrick Hawks
 Vocal Director.....Peter Krum

BAXTER

Street Address: 202 E State St
 City: Baxter
 Zip Code: 50028
 Mailing Address: PO Box 189
 City: Baxter
 Zip Code: 50028
 Supt. St Address: PO Box 189
 Supt. City: Baxter
 Supt. Zip: 50028
 County: Jasper
 Area Code: 641
 School Phone: 227-3103
 HS Fax: 227-3217
 AD Fax: 227-3217
 Web Site: <http://www.baxter.k12.ia.us>
 School Colors: Purple, Black, Silver
 Nickname: Bolts
 Conference: Iowa Star
 Superintendent.....Mickolyn Clapper
 Phone.....(641)227-3102
 Email.....mclapper@baxter.k12.ia.us
 Principal.....Rob Luther
 Phone.....(641)227-3103
 Email.....rluther@baxter.k12.ia.us
 Athletic Administrator.....Lori Fricke
 Phone.....(641)227-3523
 Email.....lfricke@baxter.k12.ia.us
 Golf.....Zach Hasselbrink
 Girls Golf.....Zach Hasselbrink
 Basketball.....Zach Hasselbrink
 Girls Basketball.....Eric Padget
 Girls Softball.....Crystal Bruntz
 Wrestling.....Joe Amadeo
 Football.....Rob Luther
 Girls Volleyball.....Joe Morton
 Track & Field.....Josh Russell
 Girls Track & Field.....Jason Aker
 Cross Country.....Dennis Vaughn
 Girls Cross Country.....Dennis Vaughn
 Football Cheerleading.....Cassie Applegate-Brummel
 Basketball Cheerleading.....Amanda Pierce
 Wrestling Cheerleading.....Julia Heimer
 Speech Director.....Ryan Boley
 Student Council.....Rob Luther
 Band Director.....Julia Heimer
 Vocal Director.....Colette Hill

BCLUW, CONRAD

Street Address: 610 E Center St
 City: Conrad
 Zip Code: 50621
 Mailing Address: PO Box 670
 City: Conrad
 Zip Code: 50621
 Supt. St Address: PO Box 670

Supt. City: Conrad
 Supt. Zip: 50621
 County: Grundy
 Area Code: 641
 School Phone: 366-2810
 HS Fax: 366-2951
 AD Fax: 366-2951
 Web Site: <http://www.bcluw-ia.schoolloop.com/>
 School Colors: Black & Gold
 Nickname: Comets
 Conference: North Iowa Cedar-West
 Superintendent.....Ben Petty
 Phone.....(641)366-2819 x213
 Email.....bpetty@bcluw.org
 Admin Asst.....Cami Parker
 Phone.....(641)366-2810 x3600
 Email.....cparker@bcluw.org
 Principal.....Kristyn Kell
 Phone.....(641)366-2810 x3003
 Email.....kkell@bcluw.org
 Athletic Administrator.....Lynn Silver
 Phone.....(641)366-2810 x3009
 Email.....ad@bcluw.org
 Athletic Secretary.....Cami Parker
 Phone.....(641)366-2819 x3009
 Email.....cparker@bcluw.org
 Sports Medicine Provider.....John Richter
 Golf.....Heath Rhinehart
 Girls Golf.....Stacy Simpson
 Basketball.....Evan Janssen
 Girls Basketball.....Dave Lee
 Baseball.....Matt Zoske
 Girls Softball.....Megan Yantis
 Wrestling.....Stacy Simpson, Mike Olson
 Football.....Anthony Jahr
 Girls Volleyball.....Kristen Garber
 Track & Field.....Anthony Jahr
 Girls Track & Field.....Dustin Grothoff
 Cross Country.....Donna Fiscus
 Girls Cross Country.....Donna Fiscus
 Football Cheerleading.....Kelly Trinkle
 Basketball Cheerleading.....Kelly Trinkle
 Speech Director.....Michael Jahn
 Student Council.....Roberta Vanderah
 Band Director.....David Bartling
 Vocal Director.....Michael Jahn

BECKMAN CATHOLIC, DYERSVILLE

Street Address: 1325 9th St SE
 City: Dyersville
 Zip Code: 52040
 Mailing Address: 1325 9th St SE
 City: Dyersville
 Zip Code: 52040
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Dubuque
 Area Code: 563
 School Phone: 875-7188
 HS Fax: 875-7242
 AD Fax: 875-7242
 Web Site: <http://www.beckman.pvt.k12.ia.us>
 School Colors: Green & Gold
 Nickname: Trailblazers
 Conference: WaMaC East
 Superintendent.....Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Principal.....Marcel Kielkucki
 Phone.....(563)875-7188 x300
 Email.....mkielkucki@beckman.pvt.k12.ia.us

Asst/Assoc/Vice-Principal.....Ryan Devereux
 Phone.....(563)875-7188 x303
 Email.....rdevereux@beckman.pvt.k12.ia.us
 Athletic Administrator.....Todd Troutman
 Phone.....(563)875-7188 x305
 Email.....ttroutman@beckman.pvt.k12.ia.us
 Athletic Secretary.....Rita Mulcahy
 Phone.....(563)875-7188 x302
 Email.....rmulcahy@beckman.pvt.k12.ia.us
 Sports Medicine Provider.....Susan Theisen
 Golf.....Darin Michels
 Girls Golf.....Jim Sheston
 Basketball.....Mike Molony
 Girls Basketball.....Chad Thomason
 Baseball.....Fred Martin
 Girls Softball.....Ryan Meissner
 Wrestling.....Cody Ortmann
 Football.....Mark Atwater
 Girls Volleyball.....Todd Troutman
 Track & Field.....Todd Troutman; Ryan Meissner
 Girls Track & Field.....Todd Troutman; Ryan Meissner
 Cross Country.....Tyson Squiers
 Girls Cross Country.....Tyson Squiers
 Soccer.....Mirek Laskowski
 Girls Soccer.....Greg Keegan
 Speech Director.....Emmy Thomason
 Student Council.....Ryan Deveraux
 Band Director.....Staci Speer
 Vocal Director.....Krystal Smith

BEDFORD

Street Address: 906 Penn St
 City: Bedford
 Zip Code: 50833
 Mailing Address: PO Box 234
 City: Bedford
 Zip Code: 50833
 Supt. St Address: PO Box 234
 Supt. City: Bedford
 Supt. Zip: 50833
 County: Taylor
 Area Code: 712
 School Phone: 523-2114
 HS Fax: 523-2308
 AD Fax: 523-2589
 Web Site: <http://www.bedford.k12.ia.us>
 School Colors: Navy & White
 Nickname: Bulldogs
 Conference: Pride of Iowa

Superintendent.....Joe Drake
 Phone.....(712)523-2656
 Email.....jdrake@bedford.k12.ia.us
 Admin Asst.....Vicki Streebin
 Phone.....(712)523-2656
 Email.....vstreebin@bedford.k12.ia.us
 Principal.....Michael Irvin
 Phone.....(712)523-2114
 Email.....mirvin@bedford.k12.ia.us
 Asst/Assoc/Vice-Principal.....Dana Nally
 Phone.....(712)523-2116
 Email.....dnally@bedford.k12.ia.us
 Athletic Administrator.....Matt Ambrose
 Phone.....(712)523-2116
 Email.....mambrose@bedford.k12.ia.us
 Athletic Secretary.....Destiny Drake
 Phone.....(712)523-2116
 Email.....ddrake@bedford.k12.ia.us
 Golf.....Mark Morris
 Girls Golf.....Mark Morris
 Basketball.....Frank Sefrit
 Girls Basketball.....Kenny Weed
 Baseball.....Frank Sefrit

Girls Softball.....Dan Musich
 Wrestling.....Derek Weller, Lynn Christensen
 Football.....Matt Ambrose, Jeremy Nally
 Girls Volleyball.....Deb Bonde
 Track & Field.....Matt Ambrose
 Girls Track & Field.....Tim Gallagher
 Cross Country.....Tim Gallagher
 Girls Cross Country.....Tim Gallagher
 Football Cheerleading.....Debbie Powell
 Basketball Cheerleading.....Debbie Powell
 Wrestling Cheerleading.....Debbie Powell
 Speech Director.....Carl Rankin
 Student Council.....Destiny Drake
 Band Director.....Peggy Roed
 Vocal Director.....John Standerford
 Orchestra Director.....Peggy Roed

BELLE PLAINE

Street Address: 610 13th Ave S
 City: Belle Plaine
 Zip Code: 52208
 Mailing Address: 610 13th Ave S
 City: Belle Plaine
 Zip Code: 52208
 Supt. St Address: 707 7th St
 Supt. City: Belle Plaine
 Supt. Zip: 52208
 County: Benton
 Area Code: 319
 School Phone: 444-3720
 HS Fax: 444-4507
 AD Fax: 444-4507
 Web Site: <http://www.belle-plaine.k12.ia.us>
 School Colors: Blue & Gold
 Nickname: Plainsmen
 Conference: South Iowa Cedar

Superintendent.....Chadwick Straight
 Phone.....(319)444-3611
 Email.....cstraight@belle-plaine.k12.ia.us
 Principal.....Todd Werner
 Phone.....(319)444-3720
 Email.....twerner@belle-plaine.k12.ia.us
 Athletic Administrator.....Mark Tegeler
 Phone.....(319)444-3720
 Email.....mtegeler@belle-plaine.k12.ia.us
 Athletic Secretary.....Dawn Stull
 Phone.....(319)444-3720
 Email.....dstull@belle-plaine.k12.ia.us
 Golf.....Andrew Dahlquist
 Girls Golf.....Andrew Dahlquist
 Basketball.....Justin Northrop
 Girls Basketball.....Jonathan Wonderly
 Baseball.....Shawn Welsh
 Girls Softball.....Cathy Cronbaugh
 Wrestling.....Brandon Heying
 Football.....Todd Bohlen
 Girls Volleyball.....April Kressley
 Track & Field.....Mark Tegeler
 Girls Track & Field.....Julie Mantz
 Cross Country.....Mark Tegeler
 Girls Cross Country.....Mark Tegeler
 Football Cheerleading.....Leah Mast
 Basketball Cheerleading.....Leah Mast
 Wrestling Cheerleading.....Leah Mast
 Speech Director.....Susan Mattmiller
 Student Council.....Julie Mantz
 Band Director.....Nathan Johnson
 Vocal Director.....Nathan Johnson

BELLEVUE

Street Address: 1601 State St
 City: Bellevue

Zip Code: 52031
 Mailing Address: 1601 State St
 City: Bellevue
 Zip Code: 52031
 Supt. St Address: 1601 State St
 Supt. City: Bellevue
 Supt. Zip: 52031
 County: Jackson
 Area Code: 563
 School Phone: 872-4001
 HS Fax: 872-3298
 AD Fax: 872-3298
 Web Site: <http://www.bellevue.k12.ia.us>
 School Colors: Blue & White
 Nickname: Comets
 Conference: River Valley
 Superintendent.....Tom Meyer
 Phone.....(563)872-4001 x261
 Email.....tommeyer@bellevue.k12.ia.us
 Principal.....Jeff Recker
 Phone.....(563)872-4001 x201
 Email.....jeffrecker@bellevue.k12.ia.us
 Athletic Administrator.....David Wright
 Phone.....(563)872-4001 x205
 Email.....davewright@bellevue.k12.ia.us
 Sports Medicine Provider.....Nicole Schaefer
 Golf.....Chet Knake
 Girls Golf.....Mark Ruden
 Basketball.....Chet Knake
 Girls Basketball.....Rick Reeg
 Baseball.....Pete Bonifas
 Girls Softball.....Adam Smith
 Wrestling.....Dave Ripperger
 Football.....Chet Knake
 Girls Volleyball.....Jodi Heim
 Track & Field.....Scott Jess
 Girls Track & Field.....Judy Michels
 Cross Country.....Scott Jess
 Girls Cross Country.....Scott Jess
 Girls Bowling.....Mark Ruden
 Football Cheerleading.....Heather Merrick, Rebecca Lahey
 Basketball Cheerleading.....Heather Merrick
 Wrestling Cheerleading.....Rebecca Lahey
 Speech Director.....Pam Van Vleck
 Student Council.....Matt Jaeger
 Band Director.....Evan Davies
 Vocal Director.....Jacob Huntley

BELMOND-KLEMME

Street Address: 411 10th Ave NE
 City: Belmond
 Zip Code: 50421
 Mailing Address: 411 10th Ave NE
 City: Belmond
 Zip Code: 50421
 Supt. St Address: 411 10th Ave Ne
 Supt. City: Belmond
 Supt. Zip: 50421
 County: Wright
 Area Code: 641
 School Phone: 444-4300
 HS Fax: 444-4097
 AD Fax: 444-4097
 Web Site: <http://www.bkcsd.org>
 School Colors: Navy Blue & Kelly Green
 Nickname: Broncos
 Conference: North Iowa

Superintendent.....Dan Frazier
 Phone.....(641)444-4300 x1322
 Email.....dan.frazier@bkcsd.org

Principal Greg Fisher
 Phone (641)444-4300 x2126
 Email greg.fisher@bkcsd.org
 Athletic Administrator Scott Meyer
 Phone (641)444-4300 x2129
 Email scott.meyer@bkcsd.org
 Athletic Secretary Krista Carlson
 Phone (641)444-4300 x2109
 Email krista.carlson@bkcsd.org
 Golf Joe Perez
 Girls Golf Joe Perez
 Basketball Tom Christianson
 Girls Basketball Andrew O'Conner
 Baseball Jeff Nelson
 Girls Softball Shannon Muhlenbruch
 Wrestling Tony Andrews
 Football Darwin Christensen
 Girls Volleyball Leigh Faaborg
 Track & Field Shannon Muhlenbruch
 Girls Track & Field Brad Bloemke
 Cross Country Brad Bloemke
 Girls Cross Country Brad Bloemke
 Football Cheerleading Cherie Halfpop
 Speech Director Nicole Bock
 Student Council Marilyn Janssen
 Band Director Mike Stittsworth
 Vocal Director Maddie Allen

BENTON COMMUNITY

Street Address: 600 1st St
 City: Van Horne
 Zip Code: 52346
 Mailing Address: PO Box 70
 City: Van Horne
 Zip Code: 52346
 Supt. St Address: PO Box 70
 Supt. City: Van Horne
 Supt. Zip: 52346
 County: Benton
 Area Code: 319
 School Phone: 228-8701
 HS Fax: 228-8747
 AD Fax: 228-8747
 Web Site: <http://www.benton.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Bobcats
 Conference: WaMac

Superintendent Dr. Pam Ewell
 Phone (319)228-8701 x501
 Email pewel@benton.k12.ia.us
 Asst/Assoc Supt Doug Embray
 Phone (319)228-8701 x502
 Email doembray@benton.k12.ia.us
 Admin Asst Anna Upah
 Phone (319)228-8701 x408
 Email aupah@benton.k12.ia.us
 Principal James Bieschke
 Phone (319)228-8701 x350
 Email jbieschke@benton.k12.ia.us
 Asst/Assoc/Vice-Principal Rob Arnold
 Phone (319)228-8701 x352
 Email rarnold@benton.k12.ia.us
 Asst/Assoc/Vice-Principal Phil Eastman
 Phone (319)227-7142 x2222
 Email peastman@benton.k12.ia.us
 Asst/Assoc/Vice-Principal Ryan Junge
 Phone (319)442-3221
 Email rjunge@benton.k12.ia.us
 Asst/Assoc/Vice-Principal Jason West
 Phone (319)446-7525
 Email jwest@benton.k12.ia.us

Athletic Administrator Shawn Pfiffner
 Phone (319)228-8701 x352
 Email spfiffner@benton.k12.ia.us
 Athletic Secretary Amy Eggert
 Phone (319)228-8701 x357
 Email aeggert@benton.k12.ia.us
 Golf Jeremy Suiter
 Girls Golf Travis Dirks
 Basketball Larry Carlson
 Girls Basketball Jeff Zittergruen
 Baseball Derek Anderson
 Girls Softball Eric Stenberg
 Wrestling TJ Murphy
 Football Jeff Zittergruen
 Girls Volleyball Mike Embretson
 Track & Field Kory Winsor
 Girls Track & Field Marty Thomae
 Cross Country Marty Thomae
 Girls Cross Country Marty Thomae
 Soccer Will Stockman
 Girls Soccer Chris Auger
 Football Cheerleading Bridget McWhorter
 Basketball Cheerleading Bridget McWhorter
 Wrestling Cheerleading Bridget McWhorter
 Speech Director Jennifer Bange
 Student Council Laurie Donald
 Band Director Conner Tipping
 Vocal Director John Hayden

BETTENDORF

Street Address: 3333 18th St
 City: Bettendorf
 Zip Code: 52722
 Mailing Address: 3333 18th St
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: PO Box 1150
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 332-7001
 HS Fax: 332-8761
 AD Fax: 332-8761
 Web Site: <http://www.bettendorf.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Bulldogs
 Conference: Mississippi Athletic

Superintendent Mike Raso
 Phone (563)359-3681
 Email mraso@bettendorf.k12.ia.us
 Admin Asst Shannon Muckenfuss
 Phone (563)359-3681
 Email smuckenfuss@bettendorf.k12.ia.us
 Principal Joy Kelly
 Phone (563)332-7001 x6000
 Email jkelly@bettendorf.k12.ia.us
 Asst/Assoc/Vice-Principal Kevin Skillett
 Phone (563)332-7001
 Email kskillett@bettendorf.k12.ia.us
 Asst/Assoc/Vice-Principal Kristy Cleppe
 Phone (563)332-7001
 Email kcleppe@bettendorf.k12.ia.us
 Asst/Assoc/Vice-Principal Jeremy Heeringa
 Phone (563)332-7001
 Email jheeringa@bettendorf.k12.ia.us
 Asst/Assoc/Vice-Principal Jennifer Wikan
 Phone (563)332-7001
 Email jwikan@bettendorf.k12.ia.us
 Athletic Administrator Colin Wikan
 Phone (563)332-4516 x6005
 Email cwikan@bettendorf.k12.ia.us

Athletic Secretary Renee' Mosenfelder
 Phone (563)332-4516 x6009
 Email rmosenfelder@bettendorf.k12.ia.us
 Sports Medicine Provider(s) Eric Knudsen,
 Craig Wainright, Jessica Wooldridge
 Girls Tennis Ron Stout
 Golf Chris Like, Robert Sturms
 Girls Golf Robbie Furne
 Basketball Curtis Clark
 Girls Basketball Brian Tritt
 Swimming Mike Ahrens
 Girls Swimming Mike Ahrens
 Girls Softball Robert Matthys, Jr.
 Wrestling Dan Knight
 Football Aaron Wiley
 Girls Volleyball Diane Lichtenberg
 Track & Field David Terronez
 Girls Track & Field Erin Flynn, Chuck Kalar
 Cross Country David Terronez
 Girls Cross Country Erin Flynn
 Soccer Ben Pennington
 Girls Soccer Todd Hornaday
 Bowling Mike Kelly
 Girls Bowling Shane Scheafer
 Football Cheerleading Tanya Gilmore
 Basketball Cheerleading Tanya Gilmore
 Wrestling Cheerleading Tanya Gilmore
 Speech Director Joe Rankin
 Student Council Rachel Medina
 Band Director Mike Dynes
 Vocal Director Andrea Cooper
 Orchestra Director Megan Cooney

BGM, BROOKLYN

Street Address: 1090 Jackson St
 City: Brooklyn
 Zip Code: 52211
 Mailing Address: 1090 Jackson St
 City: Brooklyn
 Zip Code: 52211
 Supt. St Address: 1090 Jackson St
 Supt. City: Brooklyn
 Supt. Zip: 52211
 County: Poweshiek
 Area Code: 641
 School Phone: 522-7058
 HS Fax: 522-7211
 AD Fax: 522-7211
 Web Site: <http://www.brooklyn.k12.ia.us>
 School Colors: Royal Blue and Red
 Nickname: Bears
 Conference: South Iowa Cedar League

Superintendent Brad Hohensee
 Phone (641)522-7058 x212
 Email bhohensee@brooklyn.k12.ia.us
 Principal Rick Radcliffe
 Phone (641)522-7058 x213
 Email rradcliffe@brooklyn.k12.ia.us
 Athletic Administrator Jerod Burns
 Phone (641)522-7058 x231
 Email jburns@brooklyn.k12.ia.us
 Co-AD/Assistant Dean Knight
 Phone (641)522-7058 x113
 Email dknight@brooklyn.k12.ia.us
 Golf Jerod Burns
 Girls Golf Jerod Burns
 Basketball Jordan Ely
 Girls Basketball Matt Smith
 Baseball Jordan Ely
 Girls Softball Jill Hulsing
 Wrestling Wyatt Bauman
 Football Jerod Burns

Girls VolleyballAshley Hulsing
Track & FieldMatt Smith
Girls Track & Field.....Shane Wilson
Cross CountryJon Holdefer
Girls Cross Country.....Jon Holdefer
Football CheerleadingFranci McClenathan
Basketball Cheerleading.....Franci McClenathan
Wrestling Cheerleading.....Franci McClenathan
Speech DirectorBeth Byers
Student CouncilRick Radcliffe
Band DirectorRenee Sundstrom
Vocal Director.....Carrie Dolmage

BISHOP GARRIGAN, ALGONA

Street Address: 1224 N McCoy St
City: Algona
Zip Code: 50511
Mailing Address: 1224 N McCoy St
City: Algona
Zip Code: 50511
Supt. St Address: 1224 N McCoy St
Supt. City: Algona
Supt. Zip: 50511
County: Kossuth
Area Code: 515
School Phone: 295-3521
HS Fax: 295-7739
AD Fax: 295-7739
Web Site: <http://www.bishopgarrigan.org>
School Colors: Black & Gold
Nickname: Golden Bears
Conference: Top of Iowa-West Division
Superintendent.....Lynn Miller
Phone.....(515)295-3521
Email.....millerl@bishopgarrigan.org
Principal.....Christina Peterson
Phone.....(515)295-3521
Email.....petersonc@bishopgarrigan.org
Athletic Administrator.....Rob Meister
Phone.....(515)295-3521
Email.....meisterr@bishopgarrigan.org
Athletic Secretary.....Cheryl Hamilton
Phone.....(515)295-3521
Email.....chamilton@bishopgarrigan.org
Golf.....Victor Berte
Girls Golf.....Victor Berte
Basketball.....Mark Meister
Girls Basketball.....Brandon Schwab
Baseball.....Rob Meister
Girls Softball.....Wendi Meister
Football.....Marty Wadle
Girls Volleyball.....Dave Schnurr
Track & Field.....Marty Wadle
Girls Track & Field.....Jared Montag
Cross Country.....Brandon & Cassie Rowley
Girls Cross Country.....Brandon & Cassie Rowley
Football Cheerleading.....Erin Miller
Basketball Cheerleading.....Christina Peterson
Speech Director.....David Burrow
Student Council.....Tricia Greteman
Band Director.....Katherine Wiemers
Vocal Director.....Antonia Rupert

BISHOP HEELAN CATHOLIC, SIOUX CITY

Street Address: 1231 Grandview Blvd.
City: Sioux City
Zip Code: 51103
Mailing Address: 1231 Grandview Blvd.
City: Sioux City
Zip Code: 51103
Supt. St Address: 50 13th St.

Supt. City: Sioux City
Supt. Zip: 51103
County: Woodbury
Area Code: 712
School Phone: 252-0573
HS Fax: 252-9086
AD Fax: 258-3690
Web Site: <http://www.bishopheelan.org>
School Colors: Navy & Vegas Gold
Nickname: Crusaders
Conference: Missouri River
Superintendent.....John Flanery
Phone.....(712)252-1350
Email.....john.flanery@bishopheelan.org
Principal.....Chris Bork
Phone.....(712)252-0573
Email.....chris.bork@bishopheelan.org
Asst/Assoc/Vice-Principal.....Jake Delfs
Phone.....(712)252-0573
Email.....jake.delfs@bishopheelan.org
Athletic Administrator.....Anthony Elias
Phone.....(712)252-0573
Email.....anthony.elias@bishopheelan.org
Co-AD/Assistant.....Andy Foster
Phone.....(712)226-0371
Email.....andy.foster@bishopheelan.org
Athletic Secretary.....Alicia Porsch
Phone.....(712)252-0573 x365
Email.....alicia.porsch@bishopheelan.org
Sports Medicine Provider.....Dan Nelson
Tennis.....Doug Tudehope
Girls Tennis.....Katie Hanson
Golf.....Andy Foster
Girls Golf.....Jessica Carson
Basketball.....Andy Foster
Girls Basketball.....Darren Koolstra
Swimming.....Brian Ferris
Baseball.....Andy Osborne
Girls Softball.....Stacia Barker
Wrestling.....Matt Pugh, Jordan Langley
Football.....Roger Jansen
Girls Volleyball.....Lauren Brobst
Track & Field.....Chad Moseman
Girls Track & Field.....Nate Treinen
Cross Country.....Todd Roerig
Girls Cross Country.....Todd Roerig
Football Cheerleading.....Allison Burns
Basketball Cheerleading.....Allison Burns
Student Council.....Megan Schettler
Band Director.....James Kunz
Vocal Director.....Rachael Wragge

BONDURANT-FARRAR

Street Address: 1000 Grant St
City: Bondurant
Zip Code: 50035
Mailing Address: 1000 Grant St
City: Bondurant
Zip Code: 50035
Supt. St Address: 300 Garfield St SW
Supt. City: Bondurant
Supt. Zip: 50035
County: Polk
Area Code: 515
School Phone: 957-8191
HS Fax: 957-8224
AD Fax: 957-8224
Web Site: <https://www.bfschools.org>
School Colors: Blue & White
Nickname: Bluejays
Conference: Raccoon River

Superintendent.....Dr. Rich Powers
Phone.....(515)967-7819 x3421
Email.....powersr@bfschools.org
Admin Asst.....Jessica Hartgers
Phone.....(515)967-7819
Email.....hartgersj@bfschools.org
Principal.....Erik Garnass
Phone.....(515)957-8191
Email.....garnasse@bfschools.org
Asst/Assoc/Vice-Principal.....Jeremiah Ostrem
Phone.....(515)957-8191
Email.....ostremj@bfschools.org
Athletic Administrator.....Ryan Sweeney
Phone.....(515)957-8191 x102
Email.....sweeneyr@bfschools.org
Co-AD/Assistant.....Chad Carlson
Phone.....(515)957-8191
Email.....carlsonc@bfschools.org
Athletic Secretary.....Kristy Lorber
Phone.....(515)957-8191
Email.....lorberk@bfschools.org
Sports Medicine Provider.....Brant Reyerson, LAT, PT
(Physiotherapy & Associates)
Golf.....Lance Maffin
Girls Golf.....Jon Hamborg
Basketball.....Travis Evans
Girls Basketball.....Steve Neville
Baseball.....Brad Hamilton
Girls Softball.....Kris Baker
Wrestling.....Matt Wonderlin
Football.....Zach Pfantz
Girls Volleyball.....Ray Sauer
Track & Field.....Kyle Hammes
Girls Track & Field.....Josh Gibson
Cross Country.....Erin Bone
Girls Cross Country.....Erin Bone
Soccer.....Matt Cox
Girls Soccer.....Jon Paulsen
Bowling.....Matt Johnston
Girls Bowling.....Matt Johnston
Football Cheerleading.....Patti Davis
Basketball Cheerleading.....Patti Davis
Wrestling Cheerleading.....Patti Davis
Speech Director.....Molly Thorsen, Greg Millar
Student Council.....Patti Davis, Brad Hamilton
Band Director.....Braden Wipperman
Vocal Director.....Coren Hucke

BOONE

Street Address: 500 7th St
City: Boone
Zip Code: 50036
Mailing Address: 500 7th St
City: Boone
Zip Code: 50036
Supt. St Address: 500 7th St
Supt. City: Boone
Supt. Zip: 50036
County: Boone
Area Code: 515
School Phone: 433-0890
HS Fax: 433-0989
AD Fax: 433-0991
Web Site: <http://boonecsd.org>
School Colors: Red & Green
Nickname: Toreadors
Conference: Raccoon River
Superintendent.....Dr. Brad Manard
Phone.....(515)433-0750 x200
Email.....bmanard@boone.k12.ia.us

Asst/Assoc SuptJill Janes
 Phone (515)433-0750
 Email jjanas@boone.k12.ia.us
 Principal Kristopher Byam
 Phone (515)433-0995 x5110
 Email kbyam@boone.k12.ia.us
 Asst/Assoc/Vice-Principal Drake Bailey
 Phone (515)433-0995 x5119
 Email dbailey@boone.k12.ia.us
 Athletic Administrator Brett Collins
 Phone (515)433-0895 x5128
 Email bcollins@boone.k12.ia.us
 Co-AD/Assistant Scott Kelley
 Phone (515)433-0020 x150
 Email skelley@boone.k12.ia.us
 Athletic Secretary Lori Woodruff
 Phone (515)433-0895 x5127
 Email lwoodruff@boone.k12.ia.us
 Sports Medicine Provider Jacy Cornelis, LAT
 (Boone County Hospital)
 Tennis Jed Hammen
 Girls Tennis Tim Olson
 Golf Steve Sandvig
 Basketball Justin Baute
 Girls Basketball Jim McPartland
 Swimming Chris Mann
 Girls Swimming Chris Mann
 Baseball Charlie Eastlund
 Girls Softball Erica White
 Wrestling Dalton Mourlam
 Football Thomas McGuire
 Girls Volleyball Shannon Zinnel
 Track & Field Tony Cosentino
 Cross Country Connor Doyle
 Girls Cross Country Maggie Pestotnik
 Soccer Connor Doyle
 Girls Soccer Brittany Crandall
 Football Cheerleading Pam Borkowski, Kristin Leesman
 Basketball Cheerleading Pam Borkowski, Kristin Leesman
 Wrestling Cheerleading Pam Borkowski, Kristin Leesman
 Speech Director Cassie Alber
 Student Council Shannon Lumley
 Band Director Chris Truckenmiller
 Vocal Director Kelly Earll
 Orchestra Director Anna Larson

BOYDEN-HULL

Street Address: 801 1st St
 City: Hull
 Zip Code: 51239
 Mailing Address: PO Box 678
 City: Hull
 Zip Code: 51239
 Supt. St Address: PO Box 678
 Supt. City: Hull
 Supt. Zip: 51239
 County: Sioux
 Area Code: 712
 School Phone: 439-2440
 HS Fax: 439-1419
 AD Fax: 439-1419
 Web Site: <http://www.boyden-hull.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Comets
 Conference: Siouxland
 Superintendent Steve Grond
 Phone (712)439-2711
 Email steve.grond@boyden-hull.org
 Principal Dan Pottebaum
 Phone (712)439-2440
 Email dan.pottebaum@boyden-hull.org

Athletic Administrator Jeff Meyn
 Phone (712)439-2440
 Email jeff.meyn@boyden-hull.org
 Sports Medicine Provider Chad Grootwald
 (Orthopedic Institute)
 Golf Brad Van Roekel
 Girls Golf John Olson
 Basketball Bill Francis
 Girls Basketball Nathan Alexander
 Baseball Matt Den Hartog
 Girls Softball Sara Friedrichsen
 Football Cory Brandt
 Girls Volleyball Melannie Hofmeyer
 Track & Field Cory Brandt, Brian Moser
 Girls Track & Field Wade Vander Maten, Todd Puttmann
 Cross Country Tim Brunsting
 Girls Cross Country Tim Brunsting
 Football Cheerleading Alex Tiedeman
 Basketball Cheerleading Alex Tiedeman
 Speech Director Julie Visscher
 Student Council Dan Pottebaum
 Band Director Virginia Eulberg
 Vocal Director Kim Godtland

BOYER VALLEY, DUNLAP

Street Address: 1102 Iowa Ave
 City: Dunlap
 Zip Code: 51529
 Mailing Address: 1102 Iowa Ave
 City: Dunlap
 Zip Code: 51529
 Supt. St Address: 1102 Iowa Ave
 Supt. City: Dunlap
 Supt. Zip: 51529
 County: Harrison
 Area Code: 712
 School Phone: 643-2251
 HS Fax: 643-2279
 AD Fax: 643-2279
 Web Site: <http://www.boyer-valley.k12.ia.us>
 School Colors: Purple & White
 Nickname: Bulldogs
 Conference: Rolling Valley
 Superintendent Kurt Brosamle
 Phone (712)643-2251
 Email kbrosamle@boyer-valley.k12.ia.us
 Principal Kurt Brosamle
 Phone (712)643-2258
 Email kbrosamle@boyer-valley.k12.ia.us
 Asst/Assoc/Vice-Principal Mike Weber
 Phone (712)643-2258
 Email weberm@boyer-valley.k12.ia.us
 Athletic Administrator Angie Radloff
 Phone (712)643-2258
 Email aradloff@boyer-valley.k12.ia.us
 Athletic Secretary Lisa TenEyck
 Phone (712)643-2258 x221
 Email teneyckl@boyer-valley.k12.ia.us
 Golf Gary Neilsen
 Girls Golf Brad Gralheer
 Basketball Shane Reineke
 Girls Basketball Larry Neilsen
 Baseball TBD
 Girls Softball Paige Gaskill
 Football Cody Malone
 Girls Volleyball Larry Neilsen
 Track & Field Kent Hall
 Girls Track & Field Stacy Pippitt
 Cross Country Kent Hall
 Girls Cross Country Kent Hall
 Football Cheerleading Ted Mallory
 Basketball Cheerleading Ted Mallory

Speech Director Heather Pohlman
 Student Council Jodi Malone
 Band Director Ben Schauer
 Vocal Director Ben Schauer

BURLINGTON

Street Address: 421 Terrace Dr
 City: Burlington
 Zip Code: 52601
 Mailing Address: 421 Terrace Dr
 City: Burlington
 Zip Code: 52601
 Supt. St Address: 1429 West Ave
 Supt. City: Burlington
 Supt. Zip: 52601
 County: Des Moines
 Area Code: 319
 School Phone: 753-2211
 HS Fax: 753-6634
 AD Fax: 753-3883
 Web Site: <http://www.bcsds.org>
 School Colors: Purple & Gray
 Nickname: Grayhounds
 Conference: Mississippi Athletic
 Superintendent Patrick Coen
 Phone (319)753-6792
 Email pcoen25@gapps.bcsds.org
 Admin Asst Diana Remele
 Phone (319)753-6791 x1403
 Email dremele04@gapps.bcsds.org
 Principal David Keane
 Phone (319)753-2211 x1001
 Email dkeane19@gapps.bcsds.org
 Asst/Assoc/Vice-Principal David Ruehs
 Phone (319)753-2211 x1016
 Email druehs03@gapps.bcsds.org
 Asst/Assoc/Vice-Principal Vita Long
 Email vlong19@gapps.bcsds.org
 Asst/Assoc/Vice-Principal Jennifer Krieger-Coen
 Email jkriegercoen13@gapps.bcsds.org
 Athletic Administrator Zach Shay
 Phone (319)753-9605
 Email zshay03@gapps.bcsds.org
 Athletic Secretary Cherrelle Colemon
 Phone (319)753-2211 x1021
 Email ccolemon08@gapps.bcsds.org
 Sports Medicine Provider Scott Leinbach, PT
 (Universal Therapy Group)
 Tennis Brian Mumm
 Girls Tennis Marnie Huschak
 Golf Brian Mumm
 Girls Golf Mitchell Taylor
 Basketball Reggie Ship
 Girls Basketball Deedra Warner
 Swimming Jeff Kristensen
 Girls Swimming Mark Shephard
 Baseball Brock Schneden
 Girls Softball Larry Heath
 Wrestling Matt Seabold
 Football Zach Shay
 Girls Volleyball Amber Taeger
 Track & Field Jordan Webb
 Cross Country Jim Hofmann
 Girls Cross Country Bret Gourley
 Soccer Tim Miller
 Bowling Eugene Taylor
 Girls Bowling Eugene Taylor
 Football Cheerleading Cherie Reid
 Basketball Cheerleading Cherie Reid
 Wrestling Cheerleading Cherie Reid
 Speech Director Dale Kurth
 Student Council Christina Link

Band DirectorDerrick Murphy
Vocal DirectorJames Flaherty
Orchestra DirectorDiana Wells

CALAMUS-WHEATLAND

Street Address: 110 E Park Rd
City: Wheatland
Zip Code: 52777
Mailing Address: PO Box 279
City: Wheatland
Zip Code: 52777
Supt. St Address: PO Box 279
Supt. City: Wheatland
Supt. Zip: 52777
County: Clinton
Area Code: 563
School Phone: 374-1292
HS Fax: 374-1080
AD Fax: 374-1080
Web Site: <http://www.cal-wheat.k12.ia.us>
School Colors: Navy & Silver
Nickname: Warriors
Conference: Tri-Rivers
Superintendent Lonnie Luepker
Phone (563)374-1292 x222
Email lluepker@cal-wheat.net
Principal Sue O'Donnell
Phone (563)374-1794 x224
Email sodonnell@cal-wheat.net
Athletic Administrator Michael Bruns
Phone (563)374-1794 x229
Email michaelbruns@cal-wheat.net
Co-AD/Assistant Marika Pewe
Phone (563)374-1292
Email mpewe@cal-wheat.net
Golf Dave Patterson
Girls Golf Stacie Luepker
Basketball Greg Rickels
Girls Basketball Matt Boeckmann
Baseball Michael Bruns
Girls Softball Mackenzie Snowbarger
Girls Volleyball TBD
Track & Field Brian Higgins
Girls Track & Field Kevin Oberfoell
Cross Country Kevin Oberfoell
Girls Cross Country Kevin Oberfoell
Basketball Cheerleading Charity Griebel
Speech Director Corynn Henry
Student Council Ashley Kelting
Band Director Bethany Seedorff
Vocal Director Rebecca Kerr

CAM, ANITA

Street Address: 1000 Victory Park Rd
City: Anita
Zip Code: 50020
Mailing Address: 1000 Victory Park Rd
City: Anita
Zip Code: 50020
Supt. St Address: 1000 Victory Park Rd
Supt. City: Anita
Supt. Zip: 50020
County: Cass
Area Code: 712
School Phone: 762-3231
HS Fax: 762-3713
AD Fax: 762-3713
Web Site: <http://www.camcougars.org/>
School Colors: Royal Blue, Silver, White
Nickname: Cougars
Conference: Rolling Valley

Superintendent Paul Croghan
Phone (712)762-3231
Email pcroghan@cam.k12.ia.us
Principal Dominic Giegerich
Phone (712)762-3231
Email dgiegerich@cam.k12.ia.us
Athletic Administrator Joe Wollum
Phone (712)762-3231
Email jwollum@cam.k12.ia.us
Co-AD/Assistant Nick Hodges
Phone (712)762-3231
Email nhodges@cam.k12.ia.us
Golf Joe Wollum
Girls Golf Joe Wollum
Basketball Nick Hodges
Girls Basketball Joe Wollum
Baseball Dan Daugherty
Girls Softball Larry Hunt
Wrestling Rex Mehrhoff
Football Joe Wollum
Girls Volleyball Jenna Maiers
Track & Field Todd Russell
Girls Track & Field Luke Symonds
Cross Country Todd Russell
Girls Cross Country Todd Russell
Football Cheerleading Ellie Stirek
Basketball Cheerleading Ellie Stirek
Speech Director Manda Thomas
Student Council Deb McCann
Band Director Tyler West
Vocal Director Jacob Farrell

CAMANACHE

Street Address: 937 9th Ave
City: Camanche
Zip Code: 52730
Mailing Address: 937 9th Ave
City: Camanche
Zip Code: 52730
Supt. St Address: 702 13th Ave
Supt. City: Camanche
Supt. Zip: 52730
County: Clinton
Area Code: 563
School Phone: 259-3008
HS Fax: 259-3048
AD Fax: 259-3048
Web Site: <http://www.camanache.k12.ia.us>
School Colors: Blue, White, Red
Nickname: Indians
Conference: River Valley
Superintendent Tom Parker
Phone (563)259-3000
Email tparker@camanchecsd.org
Admin Asst. Jessica Bussa
Phone (563)259-3000
Email jbussa@camanchecsd.org
Principal Carrie Lane
Phone (563)259-3008
Email clane@camanchecsd.org
Athletic Administrator Brett Cline
Phone (563)259-3010
Email bcline@camanchecsd.org
Athletic Secretary KaCee Weber
Phone (563)259-3010
Email kweber@camanchecsd.org
Sports Medicine Provider Rock Valley Physical Therapy
Tennis Emily Turner
Girls Tennis Andrew Schoor
Golf Josh Davis
Girls Golf Jesse Gabel

Basketball Josh Davis
Girls Basketball Andrew Carbajal
Baseball Darryl Cochran
Girls Softball Kevin Roling
Wrestling Brent Carstensen
Football Dustin Coit
Girls Volleyball Heather Clark
Track & Field Jerry Ford
Girls Track & Field TBD
Cross Country Erin Montgomery
Girls Cross Country Erin Montgomery
Bowling Brad Weber
Girls Bowling Brad Weber
Football Cheerleading Ashly Brown
Basketball Cheerleading Carrie Leu
Wrestling Cheerleading Tori Dann
Speech Director Annette Blomme
Student Council Emily Turner, Lynnea Quick
Band Director A.J. Skinner
Vocal Director Brandon Mennennoh

CARDINAL, ELDON

Street Address: 4045 Ashland Rd
City: Eldon
Zip Code: 52554
Mailing Address: PO Box 250
City: Eldon
Zip Code: 52554
Supt. St Address: 4045 Ashland Rd
Supt. City: Eldon
Supt. Zip: 52554
County: Wapello
Area Code: 641
School Phone: 652-7531
HS Fax: 652-3143
AD Fax: 652-3143
Web Site: <http://www.cardinalcomet.com>
School Colors: Red & White
Nickname: Comets
Conference: SEI Superconference-South
Superintendent Joel Pedersen
Phone (641)652-7531 x3206
Email joel.pedersen@cardinalcomet.com
Admin Asst. Chantel Guiter
Phone (641)652-7531 x3201
Email chantel.guiter@cardinalcomet.com
Principal Landon Miller
Phone (641)652-7531 x3219
Email landon.miller@cardinalcomet.com
Athletic Administrator Chris Becker
Phone (641)652-7531 x3209
Email chris.becker@cardinalcomet.com
Athletic Secretary Chantel Guiter
Phone (641)652-7531 x3201
Email chantel.guiter@cardinalcomet.com
Basketball Mike Strasko
Girls Basketball Mackenzie Zeitler
Baseball Rick Scott
Girls Softball Sabrina Morrison
Wrestling Dakota Miller
Football Landon Miller
Girls Volleyball Jerald Harter
Track & Field Jerald Harter
Girls Track & Field Lindsay Albert
Cross Country Lindsay Albert
Girls Cross Country Lindsay Albert
Football Cheerleading Hiedi Lennox
Speech Director Carissa Cowles
Student Council Candice Guiter
Band Director Luke Miller
Vocal Director Katie Streeby-Riegel

CARLISLE

Street Address: 430 School St
 City: Carlisle
 Zip Code: 50047
 Mailing Address: 430 School St
 City: Carlisle
 Zip Code: 50047
 Supt. St Address: 430 School St
 Supt. City: Carlisle
 Supt. Zip: 50047
 County: Warren
 Area Code: 515
 School Phone: 989-0831
 HS Fax: 989-5493
 AD Fax: 989-5493
 Web Site: <http://www.carlislecsd.org>
 School Colors: Red, White, Gold
 Nickname: Wildcats
 Conference: Raccoon River

Superintendent..... Bryce Amos
 Phone.....(515)989-3589
 Email.....bryce.amos@carlislecsd.org
 Asst/Assoc Supt..... Brandon Eighmy
 Phone.....(515)989-5309
 Email.....brandon.eighmy@carlislecsd.org
 Principal..... Matthew Blackmore
 Phone.....(515)989-0831
 Email.....matthew.blackmore@carlislecsd.org
 Asst/Assoc/Vice-Principal..... Chad Street
 Phone.....(515)989-5382
 Email.....chad.street@carlislecsd.org
 Athletic Administrator..... Darin Schreck
 Phone.....(515)989-5391
 Email.....darin.schreck@carlislecsd.org
 Co-AD/Assistant..... Vicki Born
 Phone.....(515)989-5384
 Email.....vicki.born@carlislecsd.org
 Sports Medicine Provider..... Abby Miller, LAT
 (Athletico Physical Therapy)

Golf..... Aaron Serrano
 Girls Golf..... John Crippen
 Basketball..... Jordan Buell
 Girls Basketball..... Bryan White
 Baseball..... Blake Heitmeier
 Girls Softball..... Jim Flaws
 Wrestling..... Jason Mehrhoff
 Football..... Mark Hoekstra
 Girls Volleyball..... Inglish Oetken
 Track & Field..... Jared Fletcher
 Girls Track & Field..... Ben Tilus
 Cross Country..... Marty Mitchell
 Girls Cross Country..... Ben Tilus
 Soccer..... Eric Birkenholtz
 Girls Soccer..... Ken Sadler
 Football Cheerleading..... Jen Nordhagen
 Basketball Cheerleading..... Jen Nordhagen
 Wrestling Cheerleading..... Jen Nordhagen
 Speech Director..... Rebecca Zirkelbach
 Student Council..... Barb Hillebrand
 Band Director..... Michael Kosiek
 Vocal Director..... Eileen Miller

CARROLL

Street Address: 2809 N Grant Rd
 City: Carroll
 Zip Code: 51401
 Mailing Address: 2809 N Grant Rd
 City: Carroll
 Zip Code: 51401
 Supt. St Address: 1026 N Adams
 Supt. City: Carroll

Supt. Zip: 51401
 County: Carroll
 Area Code: 712
 School Phone: 792-8010
 HS Fax: 792-8118
 AD Fax: 792-8118
 Web Site: <http://www.carroll.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: Raccoon River
 Superintendent..... Dr. Casey Berlau
 Phone.....(712)792-8001 x4007
 Email.....cberlau@carrolltigers.org
 Principal..... Tammie McKenzie
 Phone.....(712)792-8010 x1004
 Email.....tmckenzie@carrolltigers.org
 Asst/Assoc/Vice-Principal..... Larry Lesle
 Phone.....(712)792-8010 x1003
 Email.....llesle@carrolltigers.org
 Athletic Administrator..... Randy Bissen
 Phone.....(712)792-8010 x1008
 Email.....rbissen@carrolltigers.org
 Athletic Secretary..... Joyce Bierl
 Phone.....(712)792-8010 x1001
 Email.....jbierl@carrolltigers.org
 Sports Medicine Provider..... Steve Schable, PT
 (St. Anthony Hospital)

Golf..... Kevin Rasmussen
 Girls Golf..... Mara Masching
 Basketball..... Randy Bissen
 Girls Basketball..... Nathan Wall, Marc Renning
 Swimming..... Deb Danner
 Girls Swimming..... Deb Danner
 Baseball..... Ryne Young
 Girls Softball..... Ryan Gallegos
 Wrestling..... Eric Nagl
 Football..... Dennis McCartan
 Girls Volleyball..... Kelli Schulz
 Track & Field..... Steve Schable
 Girls Track & Field..... TBD
 Soccer..... Gary Magill
 Girls Soccer..... Tim Kramer
 Football Cheerleading..... Lori Warner
 Basketball Cheerleading..... Lori Warner
 Wrestling Cheerleading..... Karly Fagan
 Speech Director..... Bill Polking
 Student Council..... Kim Klein
 Band Director..... Jennifer Swope
 Vocal Director..... Doug Sweeney

CASCADE, WESTERN DUBUQUE

Street Address: 505 Johnson St NW
 City: Cascade
 Zip Code: 52033
 Mailing Address: 505 Johnson St NW
 City: Cascade
 Zip Code: 52033
 Supt. St Address: PO Box 279
 Supt. City: Farley
 Supt. Zip: 52046
 County: Dubuque
 Area Code: 563
 School Phone: 852-3201
 HS Fax: 852-7186
 Web Site: <http://www.wdbqschools.org>
 School Colors: Navy Blue & Gold
 Nickname: Cougars
 Conference: River Valley
 Superintendent..... Richard Colpitts
 Phone.....(563)744-3885 x6004
 Email.....rick.colpitts@wdbqschools.org

Principal..... Ryan Fritz
 Phone.....(563)852-3201 x1003
 Email.....ryan.fritz@wdbqschools.org
 Asst/Assoc/Vice-Principal..... Adam Kedley
 Phone.....(563)852-3201 x1053
 Email.....adam.kedley@wdbqschools.org
 Athletic Administrator..... Adam Kedley
 Phone.....(563)852-3201 x1053
 Email.....adam.kedley@wdbqschools.org
 Athletic Secretary..... Rhonda Gibbs
 Phone.....(563)852-3201 x1002
 Email.....rhonda.gibbs@wdbqschools.org
 Golf..... Steve Weber
 Girls Golf..... Jeff Morreim
 Basketball..... Jacob Brindle
 Girls Basketball..... Mike Sconsa
 Baseball..... Roamn Hummel
 Girls Softball..... Sonya McCormick
 Wrestling..... Travis Andrews
 Football..... Tim Frake
 Girls Volleyball..... Mary Frake
 Track & Field..... Chris Curry
 Girls Track & Field..... Tim Frake
 Cross Country..... Robert Davidshofer
 Girls Cross Country..... Robert Davidshofer
 Bowling..... Larry Knipper
 Girls Bowling..... Larry Knipper
 Football Cheerleading..... Hailey Manternach
 Basketball Cheerleading..... Hailey Manternach
 Speech Director..... Angie Manternach
 Student Council..... Hailey Manternach
 Band Director..... Tony Butterworth
 Vocal Director..... Kayla Wiley

CEDAR FALLS

Street Address: 1015 Division St
 City: Cedar Falls
 Zip Code: 50613
 Mailing Address: 1015 Division St
 City: Cedar Falls
 Zip Code: 50613
 Supt. St Address: 1002 W 1st St
 Supt. City: Cedar Falls
 Supt. Zip: 50613
 County: Black Hawk
 Area Code: 319
 School Phone: 553-2500
 HS Fax: 277-6223
 AD Fax: 277-6223
 Web Site: <http://www.cfhs.cfschools.org>
 School Colors: Red & Black
 Nickname: Tigers
 Conference: Mississippi Valley

Superintendent..... Andy Pattee
 Phone.....(319)553-3000
 Email.....andy.pattee@cfschools.org
 Asst/Assoc Supt..... Pam Zeigler
 Phone.....(319)553-3000
 Email.....Pam.zeigler@cfschools.org
 Principal..... Jason Wedgbury
 Phone.....(319)553-2500
 Email.....jason.wedgbury@cfschools.org
 Asst/Assoc/Vice-Principal..... Lindsay Spears
 Phone.....(319)553-2629
 Email.....lindsay.spears@cfschools.org
 Asst/Assoc/Vice-Principal..... Dana Deines
 Phone.....(319)553-2624
 Email.....dana.deines@cfschools.org
 Athletic Administrator..... Troy Becker
 Phone.....(319)553-2573
 Email.....troy.becker@cfschools.org

Athletic Secretary.....Jane Carter
 Phone.....(319)553-2503
 Email.....jane.carter@cfschools.org
 Sports Medicine Provider.....Pete Watters
 (Cedar Valley Medical)
 Tennis.....Brian Suiter
 Girls Tennis.....Tara Sagers
 Golf.....Kenton Engels
 Girls Golf.....Megan Youngkent
 Basketball.....Ryan Schultz
 Girls Basketball.....Gregg Groen
 Swimming.....Scott Pinter
 Girls Swimming.....Scott Pinter
 Baseball.....TBD
 Girls Softball.....Steve Chidester
 Wrestling.....Chris Ortnier
 Football.....Brad Remmert
 Girls Volleyball.....Matt Johnson
 Track & Field.....Dirk Homewood
 Girls Track & Field.....Chris Wood
 Cross Country.....Scott Gall
 Girls Cross Country.....Amanda Johnson
 Soccer.....Spencer Steffy
 Girls Soccer.....Alex Place
 Bowling.....Brad Baker
 Girls Bowling.....Scott Holman
 Football Cheerleading.....Tami Doyle
 Basketball Cheerleading.....Tami Doyle
 Wrestling Cheerleading.....Tami Doyle
 Speech Director.....Catherine Bettag
 Student Council.....Erin Gardner
 Band Director.....Gerald Ramsey
 Vocal Director.....Eliott Kranz
 Orchestra Director.....Ann Osborne

CEDAR RAPIDS, JEFFERSON

Street Address: 1243 20th St SW
 City: Cedar Rapids
 Zip Code: 52404
 Mailing Address: 1243 20th St SW
 City: Cedar Rapids
 Zip Code: 52404
 Supt. St Address: 2500 Edgewood Rd NW
 Supt. City: Cedar Rapids
 Supt. Zip: 52405
 County: Linn
 Area Code: 319
 School Phone: 558-2435
 HS Fax: 398-2149
 AD Fax: 398-2149
 Web Site: <http://jefferson.cr.k12.ia.us/>
 School Colors: Columbia Blue & White
 Nickname: J-Hawks
 Conference: Mississippi Valley-Valley

Superintendent.....Noreen Bush
 Phone.....(319)558-2223
 Email.....nbush@cfschools.us
 Asst/Assoc Supt.....Rod Dooley
 Phone.....(319)558-1981
 Email.....rdooley@cfschools.us
 Admin Asst.....Laurel Day
 Phone.....(319)558-2223
 Email.....lday@cfschools.us
 Principal.....Michael Hawley
 Phone.....(319)558-2435
 Email.....mhawley@cfschools.us
 Asst/Assoc/Vice-Principal.....Lorie Bateman
 Phone.....(319)558-3720
 Email.....lbateman@cfschools.us
 Asst/Assoc/Vice-Principal.....Chad Szabo
 Phone.....(319)558-1799
 Email.....cszabo@cfschools.us

Asst/Assoc/Vice-Principal.....Chris Deam
 Phone.....(319)558-4604
 Email.....cdeam@cfschools.us
 Asst/Assoc/Vice-Principal...Daniel DeVore - Metro HS
 Phone.....(319)558-3427
 Email.....ddevore@cfschools.us
 Athletic Administrator.....Chris Deam
 Phone.....(319)558-4604
 Email.....cdeam@cfschools.us
 Athletic Secretary.....Jackie Simoens
 Phone.....(319)558-2148
 Email.....jsimoens@cfschools.us
 Sports Medicine Provider.....Suzi Guider, LAT, ATC
 (Physicians Clinic of Iowa)

Tennis.....Tim Preston
 Girls Tennis.....Andrew Boone
 Golf.....BJ McGrew
 Girls Golf.....Dan Ray
 Basketball.....Chris Fechner
 Girls Basketball.....Jason Edwards
 Girls Swimming.....Jessica Hinke
 Baseball.....Terry Schneekloth, Gordy Nordgren
 Girls Softball.....Mike Kuba
 Wrestling.....Ryan Phillips
 Football.....Chris Buesing
 Girls Volleyball.....Amy Norton
 Track & Field.....Chris Buesing
 Cross Country.....Matt Hilby
 Girls Cross Country.....Sarah Ritchie
 Soccer.....John O'Connor
 Girls Soccer.....Steven Evans
 Bowling.....Virgil Cerveny
 Girls Bowling.....Virgil Cerveny
 Football Cheerleading.....Sherren Huston
 Basketball Cheerleading.....Sherren Huston
 Wrestling Cheerleading.....Sherren Huston
 Student Council.....John O'Connor
 Band Director(s).....Thad Driskell, Chad Allard
 Vocal Director(s).....Patrick Fagan, Rachael Demaree
 Orchestra Director.....Natalie Miller

CEDAR RAPIDS, KENNEDY

Street Address: 4545 Wenig Rd NE
 City: Cedar Rapids
 Zip Code: 52402
 Mailing Address: 4545 Wenig Rd NE
 City: Cedar Rapids
 Zip Code: 52402
 Supt. St Address: 2500 Edgewood Rd NW
 Supt. City: Cedar Rapids
 Supt. Zip: 52405
 County: Linn
 Area Code: 319
 School Phone: 558-2251
 HS Fax: 294-1222
 AD Fax: 294-1222
 Web Site: <http://kenn.cr.k12.ia.us/>
 School Colors: Green and Gold
 Nickname: Cougars
 Conference: Mississippi Valley-Valley

Superintendent.....Noreen Bush
 Phone.....(319)558-2223
 Email.....nbush@cfschools.us
 Asst/Assoc Supt.....Rod Dooley
 Phone.....(319)558-2223
 Email.....rdooley@cfschools.us
 Admin Asst.....Laurel Day
 Phone.....(319)558-2216
 Email.....lday@cr.k12.ia.us
 Principal.....Jason Kline
 Phone.....(319)558-2251
 Email.....jkline@cfschools.us

Asst/Assoc/Vice-Principal.....Robert Johnson
 Phone.....(319)558-1765
 Email.....rjohnson@cfschools.us
 Asst/Assoc/Vice-Principal.....Jim Muench
 Phone.....(319)558-3401
 Email.....jmuench@cfschools.us
 Athletic Administrator.....Aaron Stecker
 Phone.....(319)558-1451
 Email.....astecker@cfschools.us
 Athletic Secretary.....Julie Batterson
 Phone.....(319)558-2328
 Email.....jbatterson@cfschools.us
 Sports Medicine Provider.....Lynn Groth
 Tennis.....Craig Bova
 Girls Tennis.....Joe Benedict
 Golf.....Mike Green
 Girls Golf.....Julie Buerman
 Basketball.....Jon McKowen
 Girls Basketball.....Andy Courtney
 Swimming.....Shawn Thomsen
 Girls Swimming.....Chad Derlein
 Baseball.....Bret Hoyer
 Girls Softball.....Maddison LeClere
 Wrestling.....Dennis Hynek
 Football.....Brian White
 Girls Volleyball.....Robin Fonck
 Track & Field.....Curt Pakkebieer
 Girls Track & Field.....Duane Wampole
 Cross Country.....Brian Annis
 Girls Cross Country.....Mark Jensen
 Soccer.....Adrian Evans
 Girls Soccer.....Annie Feltes
 Bowling.....Scott Bader
 Girls Bowling.....Scott Bader
 Football Cheerleading.....Shelby Patterson
 Basketball Cheerleading.....Shelby Patterson
 Wrestling Cheerleading.....Shelby Patterson
 Speech Director.....Melissa Osborn
 Student Council.....Joe Benedict
 Band Director(s).....Lesley Flee, Jared Wacker
 Vocal Director.....Storm Ziegler
 Orchestra Director.....Elizabeth Driskell

CEDAR RAPIDS, WASHINGTON

Street Address: 2205 Forest Dr SE
 City: Cedar Rapids
 Zip Code: 52403
 Mailing Address: 2205 Forest Dr SE
 City: Cedar Rapids
 Zip Code: 52403
 Supt. St Address: 2500 Edgewood Rd NW
 Supt. City: Cedar Rapids
 Supt. Zip: 52404
 County: Linn
 Area Code: 319
 School Phone: 558-2226
 HS Fax: 398-2227
 AD Fax: 398-2227
 Web Site: <http://crwash.cr.k12.ia.us/>
 School Colors: Red, White & Blue
 Nickname: Warriors
 Conference: Mississippi Valley-Valley Division

Superintendent.....Noreen Bush
 Phone.....(319)558-2000
 Email.....nbush@crschool.us
 Asst/Assoc Supt.....Rod Dooley
 Phone.....(319)558-2223
 Email.....rdooley@cfschools.us
 Principal.....John Cline
 Phone.....(319)558-2226
 Email.....jccline@cfschools.us

Asst/Assoc/Vice-Principal.....Dr. Valerie Nyberg
 Phone.....(319)558-2161
 Email.....vnyberg@crschools.us
 Asst/Assoc/Vice-Principal.....Darius Ballard
 Phone.....(319)558-2161
 Email.....daballard@crschools.us
 Athletic Administrator.....Grant Schultz
 Phone.....(319)558-2226
 Email.....gschultz@crschools.us
 Athletic Secretary.....Brenda Carter
 Phone.....(319)558-2226
 Email.....bcarter@crschools.us
 Sports Medicine Provider.....Katie Kimmich
 Tennis.....TBD
 Girls Tennis.....Brandon Hornback
 Golf.....Denny Goettel
 Girls Golf.....Denny Goettel
 Basketball.....Justin Decker
 Girls Basketball.....Chris James
 Swimming.....Chris Cruise
 Girls Swimming.....Megan Lewis
 Baseball.....Scott Brune
 Girls Softball.....Bre Sells
 Wrestling.....JP Graham
 Football.....Maurice Blue
 Girls Volleyball.....Olivia Pikokivaka
 Track & Field.....Maurice Blue
 Girls Track & Field.....Willis Harte
 Cross Country.....Willis Harte
 Girls Cross Country.....Lisa Nicol
 Soccer.....J.P. Graham
 Girls Soccer.....Jacob Johnson
 Bowling.....Monica Benish
 Girls Bowling.....Tracy Mooney
 Football Cheerleading.....Krystal Fitzpatrick
 Basketball Cheerleading.....Krystal Fitzpatrick
 Wrestling Cheerleading.....Krystal Fitzpatrick
 Speech Director.....Carolyn Tinkham
 Student Council.....Ericka Derrick
 Band Director.....Jim Miller
 Vocal Director.....Peter Westphalen
 Orchestra Director.....Andrew Steffen

CEDAR VALLEY CHRISTIAN

Street Address: 3636 Cottage Grove Ave SE
 City: Cedar Rapids
 Zip Code: 52403
 Mailing Address: 3636 Cottage Grove Ave SE
 City: Cedar Rapids
 Zip Code: 52403
 Supt. St Address: 3636 Cottage Grove Ave SE
 Supt. City: Cedar Rapids
 Supt. Zip: 52403
 County: Linn
 Area Code: 319
 School Phone: 366-7462
 HS Fax: 247-0037
 AD Fax: 247-0037
 Web Site: <http://www.cedarvalleychristianschool.org/>
 School Colors: blue & gray
 Nickname: Huskies
 Conference: Tri-Rivers
 Superintendent.....Jeff Pospisil
 Phone.....(319)366-7462
 Email.....jeffpospisil@cvchristian.org
 Principal.....Jeff Pospisil
 Phone.....(319)366-7462
 Email.....jeffpospisil@cvchristian.org
 Athletic Administrator.....Stephanie Hodge
 Phone.....(319)366-7462
 Email.....stephaniehodge@cvchristian.org

Basketball.....John Grimm
 Girls Basketball.....Aaron Green
 Baseball.....Randy Gustafson
 Girls Volleyball.....Jeff Pospisil
 Soccer.....Adam Conn
 Girls Soccer.....Edith Dixon
 Speech Director.....Robin Crow
 Vocal Director.....Samantha Ulmer

CENTER POINT-URBANA

Street Address: 145 Iowa St
 City: Center Point
 Zip Code: 52213
 Mailing Address: P.O. Box 296
 City: Center Point
 Zip Code: 52213
 Supt. St Address: PO Box 296
 Supt. City: Center Point
 Supt. Zip: 52213
 County: Linn
 Area Code: 319
 School Phone: 849-1102
 HS Fax: 849-2068
 AD Fax: 849-2068
 Web Site: <http://www.cpuschools.org>
 School Colors: Black & Gold
 Nickname: Stormin Pointers
 Conference: WaMaC
 Superintendent.....Matt Berninghaus
 Phone.....(319)849-1102 x6010
 Email.....mberninghaus@cpuschools.org
 Principal.....Rob Libolt
 Phone.....(319)849-1102 x1011
 Email.....rlibolt@cpuschools.org
 Athletic Administrator.....Scott Kriegel
 Phone.....(319)849-1102 x91022
 Email.....skriegel@cpuschools.org
 Athletic Secretary.....Ashlee Schantz
 Phone.....(319)849-1102 x91020
 Email.....aschantz@cpuschools.org
 Sports Medicine Provider.....Autum Lopata
 (Ability Therapy)
 Golf.....Matt Grennan
 Girls Golf.....Laura Dierks
 Basketball.....Mike Halac
 Girls Basketball.....Philip Klett
 Baseball.....Tyler Smith
 Girls Softball.....Shane Light
 Wrestling.....Matt Grennan
 Football.....Dan Burke
 Girls Volleyball.....Michelle Halac
 Cross Country.....Amy Marshall
 Girls Cross Country.....Amy Marshall
 Soccer.....Curtis Cassidy
 Girls Soccer.....Rich Plante, Todd Mitchell
 Football Cheerleading.....Michelle McCann
 Basketball Cheerleading.....Michelle McCann
 Wrestling Cheerleading.....Michelle McCann
 Speech Director.....Halane Cummings
 Band Director.....Dan Jacobi
 Vocal Director.....Bradley Wilson

CENTERVILLE

Street Address: 600 CHS Drive
 City: Centerville
 Zip Code: 52544
 Mailing Address: 600 CHS Drive
 City: Centerville
 Zip Code: 52544
 Supt. St Address: PO Box 370
 Supt. City: Centerville
 Supt. Zip: 52544

County: Appanoose
 Area Code: 641
 School Phone: 856-0813
 HS Fax: 856-0809
 AD Fax: 856-0809
 Web Site: <http://www.centervilleschools.org>
 School Colors: Scarlet & Black
 Nickname: Big Reds
 Conference: South Central
 Superintendent.....Tom Rubel
 Phone.....(641)856-0601
 Email.....tom.rubel@centervillek12.org
 Admin Asst.....Kate Brauman
 Phone.....(641)856-0601
 Email.....kate.brauman@centervillek12.org
 Principal.....Matt Johnson
 Phone.....(641)856-0813
 Email.....matt.johnson@centervillek12.org
 Asst/Assoc/Vice-Principal.....Brad Warren
 Phone.....(641)856-0807
 Email.....brad.warren@centervillek12.org
 Athletic Administrator.....Rich Parker
 Phone.....(641)856-0813 x1105
 Email.....rich.parker@centervillek12.org
 Athletic Secretary.....Courtney Koestner
 Phone.....(641)856-0813 x1104
 Email.....courtney.koestner@centervillek12.org
 Tennis.....Tyler Baze
 Girls Tennis.....Tony Endress
 Golf.....Mike Carney
 Girls Golf.....Matt Kovacevich
 Basketball.....Matt Kruzich
 Girls Basketball.....Nic Belloma
 Swimming.....Amber White
 Girls Swimming.....Amber White
 Baseball.....Ryan Hodges
 Girls Softball.....Merle Jones
 Wrestling.....Jared Bevins
 Football.....Matt Kovacevich
 Girls Volleyball.....Tom Hill
 Track & Field.....Darrin Carson
 Girls Track & Field.....Kristy Demry, Tom Hill
 Cross Country.....Matt Kruzich
 Girls Cross Country.....Matt Kruzich
 Soccer.....Tino Terrones
 Girls Soccer.....Tony Kurimski
 Bowling.....Nick Howe
 Girls Bowling.....Nick Howe
 Football Cheerleading.....Sheree Lange
 Basketball Cheerleading.....Sheree Lange
 Wrestling Cheerleading.....Maggie Johnson
 Speech Director.....Kayleen Durley
 Student Council.....Catherine Lechtenberg, Jennifer Hand
 Band Director.....Jim DePrizio
 Vocal Director.....Kayleen Durley

CENTRAL CITY

Street Address: 400 Barber St
 City: Central City
 Zip Code: 52214
 Mailing Address: 400 Barber St
 City: Central City
 Zip Code: 52214
 Supt. St Address: 400 Barber St
 Supt. City: Central City
 Supt. Zip: 52214
 County: Linn
 Area Code: 319
 School Phone: 438-6181
 HS Fax: 438-6110
 AD Fax: 438-6110
 Web Site: <http://www.http.centralcitycsd.org/>

School Colors: Red and Black
 Nickname: Wildcats
 Conference: Tri Rivers
 Superintendent.....Dr. Tim Cronin
 Phone.....(319)438-6183
 Email.....tcronin@centralcitycsd.org
 Principal.....Jason McLaughlin
 Phone.....(319)438-6182
 Email.....jmclaughlin@centralcitycsd.org
 Asst/Assoc/Vice-Principal.....Amy Smith
 Phone.....(319)438-5511
 Email.....asmith1@centralcitycsd.org
 Athletic Administrator.....Tanner Carlson
 Phone.....(319)438-6181 x5125
 Email.....tcarlson@centralcitycsd.org
 Golf.....Jon Byers
 Girls Golf.....Jon Byers
 Basketball.....Tanner Carlson
 Girls Basketball.....Jay Malloy
 Baseball.....Brendan Drahm
 Girls Softball.....Dave Johnson
 Wrestling.....Paul Lindley
 Football.....Matt Miers
 Girls Volleyball.....Chris Martin
 Track & Field.....Tanner Carlson
 Girls Track & Field.....Cindy McCarthy
 Football Cheerleading.....Wendy Yoder
 Wrestling Cheerleading.....Wendy Yoder
 Speech Director.....Donald Hansen
 Student Council.....Shannon Bohannon
 Band Director.....Josh Morey
 Vocal Director.....Jason Levenhagen

CENTRAL DECATUR, LEON

Street Address: 1201 NE Poplar St.
 City: Leon
 Zip Code: 50144
 Mailing Address: 1201 NE Poplar St
 City: Leon
 Zip Code: 50144
 Supt. St Address: 1201 NE Poplar
 Supt. City: Leon
 Supt. Zip: 50144
 County: Decatur
 Area Code: 641
 School Phone: 446-4816
 HS Fax: 446-7990
 AD Fax: 446-7990
 Web Site: <http://www.centraldecatdur.org>
 School Colors: Red & White
 Nickname: Cardinals
 Conference: Pride of Iowa
 Superintendent.....Chris Coffelt
 Phone.....(641)446-4816
 Email.....chris.coffelt@centraldecatdur.org
 Principal.....Rudy Evertsen
 Phone.....(641)446-4816
 Email.....rudy.evertsen@centraldecatdur.org
 Athletic Administrator.....Zach Clark
 Phone.....(641)446-4816
 Email.....zach.clark@centraldecatdur.org
 Golf.....Calieb Kistler
 Girls Golf.....Calieb Kistler
 Basketball.....Zach Clark
 Girls Basketball.....Curtis Boothe
 Baseball.....Shane Akers
 Girls Softball.....Rudy Evertsen
 Wrestling.....Brian Carson
 Football.....Jon Pedersen
 Girls Volleyball.....Chelsey Green
 Track & Field.....Jon Pedersen
 Girls Track & Field.....Jacob Stamper

Cross Country.....Reece Tedford
 Girls Cross Country.....Reece Tedford
 Bowling.....Garrett Smith
 Girls Bowling.....Garrett Smith
 Football Cheerleading.....Kathy Akers
 Speech Director.....Beth Hall
 Student Council.....Kathy Akers
 Band Director.....Steve Neilssen
 Vocal Director.....Beth Hall

CENTRAL DEWITT

Street Address: 519 E 11th St
 City: DeWitt
 Zip Code: 52742
 Mailing Address: PO Box 110
 City: DeWitt
 Zip Code: 52742
 Supt. St Address: PO Box 110
 Supt. City: DeWitt
 Supt. Zip: 52742
 County: Clinton
 Area Code: 563
 School Phone: 659-4715
 HS Fax: 659-0714
 AD Fax: 659-0714
 Web Site: <http://www.cd-csd.org>
 School Colors: Purple & Gold
 Nickname: Sabers
 Conference: WaMaC

Superintendent.....Dan Peterson
 Phone.....(563)659-0700
 Email.....dan.peterson@cd-csd.org
 Asst/Assoc Supt.....Jen Vance
 Phone.....(563)659-4713
 Email.....jen.vance@cd-csd.org
 Admin Asst.....Gayle Pepmeier
 Phone.....(563)659-4701
 Email.....gayle.pepmeier@cd-csd.org
 Principal.....George Pickup
 Phone.....(563)659-4715
 Email.....george.pickup@cd-csd.org
 Asst/Assoc/Vice-Principal.....Terri Selzer
 Phone.....(563)659-4715
 Email.....terri.selzer@cd-csd.org
 Asst/Assoc/Vice-Principal.....Bill Petsche
 Phone.....(563)659-4780
 Email.....bill.petsche@cd-csd.org
 Asst/Assoc/Vice-Principal.....Mike Miller
 Phone.....(563)659-4750
 Email.....mike.miller@cd-csd.org
 Athletic Administrator.....Kurt Kreiter
 Phone.....(563)659-4726
 Email.....kurt.kreiter@cd-csd.org
 Athletic Secretary.....Karey Carlin
 Phone.....(563)659-4731
 Email.....karey.carlin@cd-csd.org
 Sports Medicine Provider.....Brent Yotty, LAT
 (Genesis Health)

Golf.....Jen Froeschle
 Girls Golf.....Troy Steffens
 Basketball.....Grady Gallagher
 Girls Basketball.....Chad Specht
 Baseball.....Shane Sikkema
 Girls Softball.....Lee Swanson
 Wrestling.....Matt Ohnemus
 Football.....Ryan Streets
 Girls Volleyball.....Rachel Truelsen
 Track & Field.....Jason Lansing
 Girls Track & Field.....Eric Olson
 Cross Country.....Eric Olson
 Girls Cross Country.....Eric Olson
 Soccer.....Bob Fout

Girls Soccer.....Tom Portz
 Bowling.....Bill Perdieu
 Girls Bowling.....Seth Ketelsen
 Football Cheerleading.....Kari Bossom
 Basketball Cheerleading.....Kari Bossom
 Wrestling Cheerleading.....Kari Bossom
 Speech Director.....Brianne Magill
 Student Council.....Carrie Viel
 Band Director.....Josh Greubel
 Vocal Director.....Ryan Uttech

CENTRAL LEE, DONNELSON

Street Address: 2642 Hwy 218
 City: Donnellson
 Zip Code: 52625
 Mailing Address: 2642 Hwy 218
 City: Donnellson
 Zip Code: 52625
 Supt. St Address: 2642 Hwy 218
 Supt. City: Donnellson
 Supt. Zip: 52625
 County: Lee
 Area Code: 319
 School Phone: 835-9510
 HS Fax: 835-5709
 AD Fax: 835-5709
 Web Site: <http://www.centrallee.org>
 School Colors: Black, White, Gold
 Nickname: Hawks
 Conference: SEI Super Conference

Superintendent.....Andy Crozier
 Phone.....(319)835-9510 x222
 Email.....acrozier@centrallee.org
 Admin Asst.....Lora Azinger
 Phone.....(319)835-9510 x222
 Principal.....Nicole Herdrich
 Phone.....(319)835-9510 x230
 Email.....nherdrich@centrallee.org
 Athletic Administrator.....Jerry Ireland
 Phone.....(319)835-9510 x264
 Email.....jireland@centrallee.org
 Athletic Secretary.....Tina Cale
 Phone.....(319)835-9510 x268
 Email.....tcale@centrallee.org
 Sports Medicine Provider.....Katie Hass
 Golf.....Mike Ungerer
 Girls Golf.....Mike Ungerer
 Basketball.....Evan Swanson
 Girls Basketball.....Lane Weirather
 Baseball.....Shane Weirather
 Girls Softball.....Darrell Krehbiel
 Football.....Nick Ehret
 Girls Volleyball.....Amy Cook
 Track & Field.....Terry Soli
 Girls Track & Field.....Patty Rooney
 Cross Country.....Patty Rooney
 Girls Cross Country.....Patty Rooney
 Soccer.....Justin Schau
 Girls Soccer.....Antonio Estrada
 Football Cheerleading.....Mandi Warneke
 Basketball Cheerleading.....Mandi Warneke
 Student Council.....Evan Swanson
 Band Director.....Abbey Lochmoeller
 Vocal Director.....Tracy Madsen

CENTRAL LYON, ROCK RAPIDS

Street Address: 1010 Greene St
 City: Rock Rapids
 Zip Code: 51246
 Mailing Address: 1010 Greene St
 City: Rock Rapids
 Zip Code: 51246

Supt. St Address: 1010 Greene St
 Supt. City: Rock Rapids
 Supt. Zip: 51246
 County: Lyon
 Area Code: 712
 School Phone: 472-4051
 HS Fax: 472-2115
 AD Fax: 472-2115
 Web Site: <http://www.centallyon.org>
 School Colors: Purple & Gold
 Nickname: Lions
 Conference: Siouxland
 Superintendent.....Brent Jorth
 Phone.....(712)472-2664
 Email.....bjorth@centrallyon.org
 Admin Asst.....Marla Freese
 Phone.....(712)472-2664
 Email.....mafreese@centrallyon.org
 Principal.....Jason Engleman
 Phone.....(712)472-4041
 Email.....jengleman@centrallyon.org
 Asst/Assoc/Vice-Principal.....Steve Harman
 Phone.....(712)472-2664
 Email.....steveharman@centrallyon.org
 Athletic Administrator.....Dan Kruse
 Phone.....(712)472-2664
 Email.....dkruse@centrallyon.org
 Co-AD/Assistant.....Jason Engleman
 Phone.....(712)472-2664
 Email.....jengleman@centrallyon.org
 Athletic Secretary.....Marla Freese
 Phone.....(712)472-2664
 Email.....mafreese@centrallyon.org
 Golf.....Chris Wright
 Girls Golf.....Ben Gerleman
 Basketball.....Ben Gerleman
 Girls Basketball.....Heather Grafig
 Baseball.....Ben Docker
 Girls Softball.....Kelly Weiler, Morgan McComas
 Wrestling.....Curtis Eben
 Football.....Curtis Eben
 Girls Volleyball.....Jamie Schar
 Track & Field.....Dan Snyder
 Girls Track & Field.....Toby Lorenzen
 Cross Country.....Curt Fiedler
 Girls Cross Country.....Mandi Hare
 Football Cheerleading.....Denise McCarty
 Basketball Cheerleading.....Denise McCarty
 Wrestling Cheerleading.....Jessica Kruse
 Speech Director(s).....Rebekah Hakeman, Tabitha Snyder
 Student Council.....Jessica Harman
 Band Director.....Sherwin Langholdt
 Vocal Director.....Ann Langholdt

CENTRAL SPRINGS

Street Address: 105 S East St
 City: Manly
 Zip Code: 50456
 Mailing Address: PO Box 190
 City: Manly
 Zip Code: 50456
 Supt. St Address: PO Box 190
 Supt. City: Manly
 Supt. Zip: 50456
 County: Worth
 Area Code: 641
 School Phone: 454-2208
 HS Fax: 454-3086
 AD Fax: 454-2212
 Web Site: <http://www.centalsprings.net>
 School Colors: Royal Blue & Black
 Nickname: Panthers

Conference: Top of Iowa
 Superintendent.....Steve Ward
 Phone.....(641)454-2211
 Email.....sward@centralsprings.net
 Admin Asst.....Gwen Mellmann
 Phone.....(641)454-2211
 Email.....gmellmann@centralsprings.net
 Principal.....Ken Estes
 Phone.....(641)454-2208
 Email.....kestes@centralsprings.net
 Athletic Administrator.....Ethan Miller
 Phone.....(641)454-2208
 Email.....emiller@centralsprings.net
 Athletic Secretary.....Katie Kruger
 Phone.....(641)454-2208
 Email.....kkruger@centralsprings.net
 Sports Medicine Provider.....Athletico Physical Therapy
 Golf.....Bill Shafer, Justin Heimer
 Girls Golf.....Bill Shafer, Justin Heimer
 Basketball.....Colton Hamand
 Girls Basketball.....Brian Fessler
 Baseball.....Lee Gealow
 Girls Softball.....Belinda Nelson
 Wrestling.....Jay McDonough
 Football.....Bill Shafer
 Girls Volleyball.....Maggie Pruin
 Track & Field.....Brian Fessler
 Girls Track & Field.....Rebecca Miller
 Cross Country.....Michael Pettengill
 Girls Cross Country.....Michael Pettengill
 Football Cheerleading.....Madison Hamand
 Basketball Cheerleading.....Madison Hamand
 Wrestling Cheerleading.....Pam Calvert
 Speech Director.....Nicci McDonough
 Student Council.....Bellinda Nelson
 Band Director.....Cole Younger
 Vocal Director.....Susan Carrott

CENTRAL, ELKADER

Street Address: 400 1st St NW
 City: Elkader
 Zip Code: 52043
 Mailing Address: 400 1st St NW
 City: Elkader
 Zip Code: 52043
 Supt. St Address: 400 1st St NW
 Supt. City: Elkader
 Supt. Zip: 52043
 County: Clayton
 Area Code: 563
 School Phone: 245-1750
 HS Fax: 245-1763
 AD Fax: 245-1763
 Web Site: <http://www.central.k12.ia.us>
 School Colors: Red & White
 Nickname: Warriors
 Conference: Upper Iowa
 Superintendent.....Nicholas Trenkamp
 Phone.....(563)245-1751 x303
 Email.....ntrenkamp@central.k12.ia.us
 Principal.....Aaron Reinhart
 Phone.....(563)245-1750
 Email.....areinhart@central.k12.ia.us
 Athletic Administrator.....Aaron Reinhart
 Phone.....(563)245-1750
 Email.....areinhart@central.k12.ia.us
 Co-AD/Assistant.....Mike Smith
 Phone.....(563)245-1750
 Email.....msmith@central.k12.ia.us
 Athletic Secretary.....Allison Walch
 Phone.....(563)245-1750
 Email.....awalch@central.k12.ia.us

Golf.....Jamie Rodenberg
 Girls Golf.....Jamie Rodenberg
 Basketball.....Brady Stramer
 Girls Basketball.....Mark Wiley
 Baseball.....Zachary Mueller
 Girls Softball.....Gerald Funk
 Wrestling.....Joe Koehn
 Football.....Tom Wilwert, Mitch Seitz
 Girls Volleyball.....Mike Smith
 Track & Field.....Tom Wilwert
 Girls Track & Field.....Martha Bauder
 Cross Country.....Mark Bauder
 Girls Cross Country.....Mark Bauder
 Football Cheerleading.....Paula Mahoney
 Basketball Cheerleading.....Helen Backes
 Wrestling Cheerleading.....Paula Mahoney
 Band Director.....Larissa Wilming
 Vocal Director.....Brandon Douglas

CHARITON

Street Address: 501 N Grand St
 City: Chariton
 Zip Code: 50049
 Mailing Address: 501 N Grand St
 City: Chariton
 Zip Code: 50049
 Supt. St Address: 140 E. Albia Rd. PO Box 738
 Supt. City: Chariton
 Supt. Zip: 50049
 County: Lucas
 Area Code: 641
 School Phone: 774-5066
 HS Fax: 774-3404
 AD Fax: 774-3404
 Web Site: <http://www.chariton.k12.ia.us>
 School Colors: Red & White
 Nickname: Chargers
 Conference: South Central
 Superintendent.....Larry Achenbach
 Phone.....(641)774-5967
 Email.....larry.achenbach@chariton.k12.ia.us
 Principal.....Tracy Hall
 Phone.....(641)774-5066
 Email.....tracy.hall@chariton.k12.ia.us
 Asst/Assoc/Vice-Principal.....Tim Milledge
 Phone.....(641)774-5066
 Email.....tim.milledge@chariton.k12.ia.us
 Athletic Administrator.....Tim Milledge
 Phone.....(641)774-3401
 Email.....tim.milledge@chariton.k12.ia.us
 Athletic Secretary.....Heather Swarthout
 Phone.....(641)774-5066
 Email.....heather.swarthout@chariton.k12.ia.us
 Sports Medicine Provider.....Tyler Nance
 Tennis.....Brian Zimmerli
 Girls Tennis.....Cheslea Miller
 Golf.....Ben Schooley
 Girls Golf.....J.J. Stout
 Basketball.....Brett Spiker
 Girls Basketball.....Lee Sandy
 Baseball.....Daryl Dotson
 Girls Softball.....Deb Seufferer
 Wrestling.....Jamie Cochran
 Football.....Curt Smyser
 Girls Volleyball.....Jana Cain
 Track & Field.....Josh Snook
 Girls Track & Field.....Bob Cain
 Cross Country.....Randy Adams
 Girls Cross Country.....Tom Anderson
 Soccer.....Cole Pierschbacher
 Girls Soccer.....Dennis St. Lawrence
 Football Cheerleading.....Hannah Smith

Basketball Cheerleading.....Brooke Howell
 Speech Director.....Justin Sharp
 Student Council.....Sue Curnutte
 Band Director.....Daniel Scheetz
 Vocal Director.....Tyler Ulrich

CHARLES CITY

Street Address: 1 Comet Dr
 City: Charles City
 Zip Code: 50616
 Mailing Address: 1 Comet Dr
 City: Charles City
 Zip Code: 50616
 Supt. St Address: 500 N Grand Ave
 Supt. City: Charles City
 Supt. Zip: 50616
 County: Floyd
 Area Code: 641
 School Phone: 257-6510
 HS Fax: 257-1175
 AD Fax: 257-1175
 Web Site: <http://www.charlescityschools.org>
 School Colors: Orange & Black
 Nickname: Comets
 Conference: Northeast Iowa
 Superintendent.....Mike Fisher
 Phone.....(641)257-6500
 Email.....mfisher@charles-city.k12.ia.us
 Principal.....Bryan Jurrens
 Phone.....(641)257-6510
 Email.....bjurren@charles-city.k12.ia.us
 Asst/Assoc/Vice-Principal.....Larry Wolfe
 Phone.....(641)257-6510
 Email.....lwolfe@charles-city.k12.ia.us
 Athletic Administrator.....Todd Forsyth
 Phone.....(641)257-6510 x1211
 Email.....tforsyt@charles-city.k12.ia.us
 Athletic Secretary.....Julie Ritter
 Phone.....(641)257-6510
 Email.....jritter@charles-city.k12.ia.us
 Girls Tennis.....Brian Parrott
 Golf.....Dave Williams
 Girls Golf.....Eric Johanningmeier
 Basketball.....Ben Klapperich
 Girls Basketball.....Danielle Rippentrop
 Baseball.....Tyler Downing
 Girls Softball.....Brian Bohlen
 Wrestling.....Dave Williams
 Football.....Darren Bohlen
 Girls Volleyball.....Maddie Fank
 Track & Field.....Ryan Rahmiller
 Girls Track & Field.....Amanda Rahmiller
 Cross Country.....Ryan Rahmiller
 Girls Cross Country.....Amanda Rahmiller
 Soccer.....Brad McKenzie
 Bowling.....Doug Bohlen
 Girls Bowling.....Doug Bohlen
 Football Cheerleading.....Doug Bohlen
 Basketball Cheerleading.....Marla Rima
 Wrestling Cheerleading.....Marla Rima
 Speech Director.....Brenda Bailey
 Student Council.....Larry Wolfe
 Band Director.....Jacob Gassman
 Vocal Director.....Derek Sturtevant
 Orchestra Director.....Bethany Otte

CHEROKEE, WASHINGTON

Street Address: 600 W Bluff St
 City: Cherokee
 Zip Code: 51012
 Mailing Address: 600 W Bluff St
 City: Cherokee

Zip Code: 51012
 Supt. St Address: 600 W Bluff St
 Supt. City: Cherokee
 Supt. Zip: 51012
 County: Cherokee
 Area Code: 712
 School Phone: 225-6755
 HS Fax: 225-6757
 AD Fax: 225-6757
 Web Site: <http://www.ccsd.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Braves
 Conference: Lakes
 Superintendent.....Kimberly Lingenfelter
 Phone.....(712)225-6767
 Email.....klingenfelter@ccsd.k12.ia.us
 Principal.....Wade Riley
 Phone.....(712)225-6755
 Email.....wriley@ccsd.k12.ia.us
 Asst/Assoc/Vice-Principal.....Val Fuhrman
 Phone.....(712)229-3684
 Email.....vfuhrman@ccsd.k12.ia.us
 Athletic Administrator.....Josh Landhuis
 Phone.....(712)225-6755 x103
 Email.....jlandhuis@ccsd.k12.ia.us
 Co-AD/Assistant.....Scot Aden
 Phone.....(712)225-6750
 Email.....saden@ccsd.k12.ia.us
 Athletic Secretary.....Jen Ohlendorf
 Email.....johlendorf@ccsd.k12.ia.us
 Sports Medicine Provider.....Jodi Schlichting
 Tennis.....David Zelle
 Girls Tennis.....Tricia Vannatta
 Golf.....James DeVos
 Girls Golf.....Heidi Gerstandt
 Basketball.....Mark Hurd
 Girls Basketball.....Brandon Slaughter
 Baseball.....Tyus Adkins
 Girls Softball.....Jen Ohlendorf
 Wrestling.....Austin Todd
 Football.....Tony Gunter
 Girls Volleyball.....Charity Anderson
 Track & Field.....Jim Leonard
 Girls Track & Field.....Travis Schipper
 Cross Country.....Matt Hoskinson
 Girls Cross Country.....Matt Hoskinson
 Bowling.....Tim Gaydo
 Football Cheerleading.....Melinda Hammen
 Basketball Cheerleading.....Melissa Schlenger
 Wrestling Cheerleading.....Amy Brunsting
 Speech Director.....Jaylene DeVos
 Student Council.....Joe Vannatta
 Band Director.....Joe Vannatta
 Vocal Director.....Tyler Puettmann

CLARINDA

Street Address: 100 N Cardinal Dr
 City: Clarinda
 Zip Code: 51632
 Mailing Address: PO Box 59
 City: Clarinda
 Zip Code: 51632
 Supt. St Address: PO Box 59
 Supt. City: Clarinda
 Supt. Zip: 51632
 County: Page
 Area Code: 712
 School Phone: 542-5167
 HS Fax: 542-3802
 AD Fax: 542-3802
 Web Site: <http://www.clarinda.k12.ia.us>
 School Colors: Cardinal Red, Black, White

Nickname: Cardinals
 Conference: Hawkeye Ten
 Superintendent.....Chris Bergman
 Phone.....(712)542-5165
 Email.....cbergman@clarindacsd.org
 Principal.....Denise Green
 Phone.....(712)542-5167
 Email.....dgreen@clarindacsd.org
 Asst/Assoc/Vice-Principal.....Josh Porter
 Phone.....(712)542-5167
 Email.....jporter@clarindacsd.org
 Athletic Administrator.....Josh Porter
 Phone.....(712)542-5167
 Email.....jporter@clarindacsd.org
 Athletic Secretary.....Crystal Henke
 Phone.....(712)542-5167
 Email.....chenke@clarindacsd.org
 Sports Medicine Provider.....Logan Wood , LAT
 (Clarinda Regional Health)
 Tennis.....Matt Bird
 Girls Tennis.....Randy Pullen
 Golf.....Andrew Almelen
 Girls Golf.....Ron Grebert
 Basketball.....Rodney Eberly
 Girls Basketball.....Dane Byerly
 Baseball.....Rodney Eberly
 Girls Softball.....Seth Allbaugh
 Wrestling.....Sam Carr
 Football.....Collin Bevins
 Girls Volleyball.....Kaitlin Allen, Macy Elwood
 Track & Field.....Dave Carper
 Girls Track & Field.....Marilyn Wagoner
 Cross Country.....Jane Mayer
 Girls Cross Country.....Jane Mayer
 Bowling.....Ahley Woods
 Girls Bowling.....Ahley Woods
 Football Cheerleading.....Danni Samuelson
 Basketball Cheerleading.....Dani Samuelson
 Wrestling Cheerleading.....Jane Mayer
 Speech Director.....Kenneth Balster
 Student Council.....Shannon Almelen
 Band Director.....Courtney Ridge
 Vocal Director.....Hannah Grimm

CLARINDA ACADEMY

Street Address: 1820 N 16th St
 City: Clarinda
 Zip Code: 51632
 Mailing Address: 1820 N 16th St
 City: Clarinda
 Zip Code: 51632
 Supt. St Address: PO Box 59
 Supt. City: Clarinda
 Supt. Zip: 51632
 County: Page
 Area Code: 712
 School Phone: 542-3103
 HS Fax: 542-2907
 AD Fax: 542-2907
 Web Site: <http://clarindaacademy.org>
 School Colors: Black & Gold
 Nickname: Eagles
 Conference: Corner
 Executive Coordinator.....Reggie St Romain
 Phone.....(712)542-3103
 Email.....reggie.st.romain@sequelyouthservices.com
 Principal.....Pat Freese
 Phone.....(712)542-3103
 Email.....patrick.freese@sequelyouthservices.com
 Asst/Assoc/Vice-Principal.....Darla Olinger
 Phone.....(712)542-3103
 Email.....darla.olinger@sequelyouthservices.com

Athletic Administrator..... Ryan Eberly
 Phone..... (712)542-3103
 Email..... ryan.eberly@sequelyouthservices.com
 Co-AD/Assistant..... Matt E Darrah
 Phone..... (712)542-6129
 Email..... matt.darrah@sequelyouthservices.com
 Athletic Secretary..... Jennifer Rieken
 Phone..... (712)542-3103
 Email..... jennifer.rieken@sequelyouthservices.com
 Basketball..... TBD
 Girls Basketball..... John Clark
 Baseball..... Taylor Wissel
 Wrestling..... Matt Darrah
 Football..... John Clark
 Girls Volleyball..... Amanda Welsch
 Track & Field..... Patrick Freese
 Girls Track & Field..... Taylor Wissel
 Cross Country..... Taylor Wissel
 Girls Cross Country..... Taylor Wissel
 Soccer..... Matt Darrah

CLARION-GOLDFIELD-DOWS

Street Address: 1111 Willow Dr
 City: Clarion
 Zip Code: 50525
 Mailing Address: 1111 Willow Dr
 City: Clarion
 Zip Code: 50525
 Supt. St Address: 120 Central Ave E
 Supt. City: Clarion
 Supt. Zip: 50525
 County: Wright
 Area Code: 515
 School Phone: 532-2895
 HS Fax: 532-2897
 AD Fax: 532-2897
 Web Site: <http://www.clargold.org>
 School Colors: Red & Black
 Nickname: Cowboys
 Conference: North Central
 Superintendent..... Dr. Robert Olson
 Phone..... (515)532-3423
 Email..... rolson@clargold.org
 Asst/Assoc Supt..... Steve Haberman
 Phone..... (515)532-2412
 Email..... shaberman@clargold.org
 Admin Asst..... Cindy Schaffer
 Phone..... (515)532-3423
 Email..... cschaffer@clargold.org
 Executive Coordinator..... Anita Frye
 Phone..... (515)532-2412
 Email..... afrye@clargold.org
 Principal..... Sheila Hudson
 Phone..... (515)532-2895
 Email..... shudson@clargold.org
 Athletic Administrator..... Patty Stockman-Sann
 Phone..... (515)532-2895
 Email..... psann@clargold.org
 Golf..... Pat O'Brien
 Girls Golf..... Jeff Meyer
 Basketball..... Brandon Lantzky
 Girls Basketball..... Adam Vorrie
 Baseball..... Nick Willwerth
 Girls Softball..... Chace Pruisman
 Wrestling..... Dr. Dan Gabrielson
 Football..... Newt Lingenfelter
 Girls Volleyball..... Katrina TerHark
 Girls Track & Field..... Monty Harker
 Cross Country..... Daniel Murray
 Girls Cross Country..... Daniel Murray
 Football Cheerleading..... Megan Hamilton
 Wrestling Cheerleading..... Jolene Rasmussen

Speech Director..... Tessa Yackle
 Student Council..... Heather Walker
 Band Director..... Kent Wesslink
 Vocal Director..... David Ackerman

CLARKE, OSCEOLA

Street Address: 800 N Jackson St
 City: Osceola
 Zip Code: 50213
 Mailing Address: 800 N Jackson St
 City: Osceola
 Zip Code: 50213
 Supt. St Address: 802 N Jackson St
 Supt. City: Osceola
 Supt. Zip: 50213
 County: Clarke
 Area Code: 641
 School Phone: 342-6505
 HS Fax: 342-2213
 AD Fax: 342-6101
 Web Site: <http://www.clarke.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Indians & Lady Indians
 Conference: South Central
 Superintendent..... Steve Seid
 Phone..... (641)342-4969
 Email..... sseid@clarke.k12.ia.us
 Principal..... Shane Stephens
 Phone..... (641)342-6505 x500
 Email..... sstephens@clarke.k12.ia.us
 Athletic Administrator..... Randy Bolton
 Phone..... (641)342-2804 x2
 Email..... rbolton@clarke.k12.ia.us
 Athletic Secretary..... Sue Brimm
 Phone..... (641)342-6505 x503
 Email..... sbrimm@clarke.k12.ia.us
 Tennis..... Jeff Ehrhardt
 Girls Tennis..... Jeff Ehrhardt
 Golf..... Walker Adams
 Girls Golf..... Walker Adams
 Basketball..... Jim Dingeman
 Girls Basketball..... Christa Subbert
 Baseball..... Lonnie Smith
 Girls Softball..... Tricia Bolton
 Wrestling..... Brian Reece
 Football..... Duane Matthes
 Girls Volleyball..... Shawn Pavlick
 Track & Field..... Duane Matthes
 Girls Track & Field..... Kyle Eckerman
 Cross Country..... Kayleen McCann
 Girls Cross Country..... Kayleen McCann
 Soccer..... Jorge Avalos
 Girls Soccer..... Jorge Avalos
 Bowling..... Dale Helgevold
 Girls Bowling..... Dale Helgevold
 Football Cheerleading..... Ashley Dudley
 Basketball Cheerleading..... Ashley Dudley
 Wrestling Cheerleading..... Ashley Dudley
 Speech Director..... Don May
 Student Council..... Whitney Siefkas
 Band Director..... Karina Kelso
 Vocal Director..... Mary Pohlmann

CLARKSVILLE

Street Address: 318 N Mather St
 City: Clarksville
 Zip Code: 50619
 Mailing Address: 318 N Mather St
 City: Clarksville
 Zip Code: 50619
 Supt. St Address: 318 N Mather St
 Supt. City: Clarksville

Supt. Zip: 50619
 County: Butler
 Area Code: 319
 School Phone: 278-4273
 HS Fax: 278-4981
 AD Fax: 278-4981
 Web Site: <http://www.clarksville.k12.ia.us/>
 School Colors: Maroon & White
 Nickname: Indians
 Conference: Iowa Star North
 Superintendent..... Joel Foster
 Phone..... (319)278-4008
 Email..... jfoster@clarksville.k12.ia.us
 Principal..... Keith Reuter
 Phone..... (319)278-4008
 Email..... kreuter@clarksville.k12.ia.us
 Athletic Administrator..... Ashten Henningsen
 Phone..... (319)278-4273
 Email..... ahenningsen@clarksville.k12.ia.us
 Golf..... Ashten Henningsen
 Girls Golf..... Ashten Henningsen
 Basketball..... Jordan Myers
 Girls Basketball..... Ross Timmermans
 Girls Softball..... Katie Wedeking
 Girls Volleyball..... Taylor Ahrenholz
 Cross Country..... Ralph Longus
 Girls Cross Country..... Ralph Longus
 Basketball Cheerleading..... Tonya Poppe
 Speech Director..... Rick Sandifer
 Student Council..... Cindy Tiemessen
 Band Director..... John Sundet
 Vocal Director..... John Sundet

CLAYTON RIDGE, GUTTENBERG

Street Address: 131 S River Park Dr
 City: Guttenberg
 Zip Code: 52052
 Mailing Address: PO Box 520
 City: Guttenberg
 Zip Code: 52052
 Supt. St Address: PO Box 520
 Supt. City: Guttenberg
 Supt. Zip: 52052
 County: Clayton
 Area Code: 563
 School Phone: 252-2341
 HS Fax: 252-3387
 AD Fax: 252-3387
 Web Site: <http://www.claytonridge.k12.ia.us>
 School Colors: Hunter Green, Black, Silver
 Nickname: Eagles
 Conference: Upper Iowa
 Superintendent..... Shane Wahls
 Phone..... (563)252-2341 x304
 Email..... swahls@claytonridge.k12.ia.us
 Principal..... Laura Bilden
 Phone..... (563)252-2341 x302
 Email..... lbilden@claytonridge.k12.ia.us
 Athletic Administrator..... Ty Troutman
 Phone..... (563)252-2341
 Email..... ttroutman@claytonridge.k12.ia.us
 Athletic Secretary..... Michele VonHandorf
 Phone..... (563)252-1747 x305
 Email..... mvonhandorf@claytonridge.k12.ia.us
 Sports Medicine Provider..... Dr. Jeff Hoffmann, DO
 (Cornerstone Family Practice)
 Golf..... Brian Rodenberg
 Girls Golf..... Scott Kelly
 Basketball..... Kyle Sperfslage
 Girls Basketball..... Scott Kelly
 Baseball..... Zach Mueller
 Girls Softball..... Tierney Schneider

Wrestling.....Jarid Grinstead
 Football.....Chad Harbaugh
 Girls Volleyball.....Adam Radcliffe
 Track & Field.....Adam Sadewasser
 Girls Track & Field.....Rob Andersen
 Cross Country.....Louis Cook
 Girls Cross Country.....Louis Cook
 Football Cheerleading.....Heather Meyer
 Speech Director.....Nicole Shaw
 Student Council.....Michelle Fassbinder
 Band Director.....Kendra Wilke
 Vocal Director.....Adam Radcliffe

CLEAR CREEK-AMANA

Street Address: 551 West Marengo Rd
 City: Tiffin
 Zip Code: 52340
 Mailing Address: PO Box 199
 City: Tiffin
 Zip Code: 52340
 Supt. St Address: PO Box 487
 Supt. City: Oxford
 Supt. Zip: 52322
 County: Johnson
 Area Code: 319
 School Phone: 545-2361
 HS Fax: 545-2863
 AD Fax: 545-2863
 Web Site: <http://www.ccaschools.org>
 School Colors: Royal Blue & White
 Nickname: Clippers
 Conference: WaMaC

Superintendent.....Tim Kuehl
 Phone.....(319)828-4510
 Email.....timkuehl@ccaschools.org
 Principal.....Mark Moody
 Phone.....(319)545-2361
 Email.....markmoody@ccaschools.org
 Asst/Assoc/Vice-Principal.....Mike Potter
 Phone.....(319)545-2361
 Email.....mikepotter@ccaschools.org
 Athletic Administrator.....Kurt Ronnfeldt
 Phone.....(319)545-2361
 Email.....kurtronnfeldt@ccaschools.org
 Sports Medicine Provider.....Katie Broghammer
 Golf.....Chad McCarty
 Girls Golf.....Cam Stockman
 Basketball.....Brandon Clubb
 Girls Basketball.....P.J. Sweeney
 Baseball.....TBD
 Girls Softball.....TBD
 Wrestling.....Kyle Forness
 Football.....Gabe Bakker
 Girls Volleyball.....Jackie Clubb
 Track & Field.....Ben Robison
 Girls Track & Field.....Jane Astor
 Cross Country.....Ben Robison
 Girls Cross Country.....Jane Astor
 Soccer.....Tim Benson
 Girls Soccer.....Matt Harding
 Football Cheerleading.....Jamie Bowman
 Basketball Cheerleading.....Jamie Bowman
 Wrestling Cheerleading.....Jamie Bowman
 Speech Director.....Christine Maas
 Student Council.....Matt Trosky
 Band Director.....John Smith
 Vocal Director.....Tracy Williams

CLEAR LAKE

Street Address: 125 N 20th St
 City: Clear Lake
 Zip Code: 50428

Mailing Address: 125 N 20th St
 City: Clear Lake
 Zip Code: 50428
 Supt. St Address: 1529 3rd Ave N
 Supt. City: Clear Lake
 Supt. Zip: 50428
 County: Cerro Gordo
 Area Code: 641
 School Phone: 357-5235
 HS Fax: 357-6218
 AD Fax: 357-6218
 Web Site: <http://www.clearlakeschools.org>
 School Colors: Black & Gold
 Nickname: Lions
 Conference: North Central
 Superintendent.....Doug Gee
 Phone.....(641)357-2181
 Email.....dgee@clearlakeschools.org
 Principal.....Christopher Murphy
 Phone.....(641)357-5235
 Email.....cmurphy@clearlakeschools.org
 Asst/Assoc/Vice-Principal.....Dale Ludwig
 Phone.....(641)357-5235
 Email.....dludwig@clearlakeschools.org
 Athletic Administrator.....Dale Ludwig
 Phone.....(641)357-5235
 Email.....dludwig@clearlakeschools.org
 Athletic Secretary.....Lori Winter
 Phone.....(641)357-5235
 Email.....lwinter@clearlakeschools.org
 Tennis.....Rich Peters
 Girls Tennis.....Cat Aragon-Bauer
 Golf.....Eric Perry
 Girls Golf.....Colby Andrews
 Basketball.....Jeremey Ainley
 Girls Basketball.....Bart Smith
 Baseball.....Seth Thompson
 Girls Softball.....Austin Peterson
 Wrestling.....Doug Munn
 Football.....Jared DeVries
 Girls Volleyball.....Richie Ellis
 Track & Field.....AJ Feuerbach
 Girls Track & Field.....Shawn Puttmann
 Cross Country.....Nick Dimarco
 Girls Cross Country.....Nick Dimarco
 Soccer.....Zach Hall
 Girls Soccer.....Greg Jennings
 Football Cheerleading.....Cat Aragon-Bauer
 Basketball Cheerleading.....Nicki Schaumberg
 Wrestling Cheerleading.....Cat Aragon-Bauer
 Speech Director.....Alex Begle
 Student Council.....Troy Tysdahl
 Band Director.....Holly Prier
 Vocal Director.....Paul Langholz

CLINTON

Street Address: 817 8th Ave S
 City: Clinton
 Zip Code: 52732
 Mailing Address: 817 8th Ave S
 City: Clinton
 Zip Code: 52732
 Supt. St Address: 1401 12th Ave N
 Supt. City: Clinton
 Supt. Zip: 52732
 County: Clinton
 Area Code: 563
 School Phone: 243-2435
 HS Fax: 243-0029
 AD Fax: 243-9612
 Web Site: <http://www.clinton.k12.ia.us>
 School Colors: Red & Black

Nickname: River Kings and River Queens
 Conference: Mississippi Athletic
 Superintendent.....Gary DeLacy
 Phone.....(563)243-9600 x32
 Email.....gdelacy@clintonia.org
 Admin Asst.....Lori Kness
 Phone.....(563)243-9600 x32
 Email.....lkness@clintonia.org
 Principal.....JR Kuch
 Phone.....(563)243-2435 x1181
 Email.....jrkuch@clintonia.org
 Asst/Assoc/Vice-Principal.....Jamie Schroeder
 Phone.....(563)243-7540
 Email.....jschroeder@clintonia.org
 Asst/Assoc/Vice-Principal.....Andy Prinsen
 Phone.....(563)243-7540
 Email.....aprinsen@clintonia.org
 Athletic Administrator.....Andy Eberhart
 Phone.....(563)243-7540 x1182
 Email.....aeberhart@clintonia.org
 Co-AD/Assistant.....Lee Camp
 Phone.....(563)243-7540 x1182
 Email.....lcamp@clintonia.org
 Athletic Secretary.....Melissa Baker
 Phone.....(563)243-7540 x1182
 Email.....mbaker@clintonia.org
 Sports Medicine Provider.....Kurt Flathers
 Girls Tennis.....Cindy Rasche
 Golf.....Paul Niedermeyer
 Girls Golf.....Jason McEwen
 Basketball.....Troy Ersland
 Girls Basketball.....Cathy Marx
 Swimming.....Albert Hayton
 Girls Swimming.....Albert Hayton
 Baseball.....Kevin Cunningham
 Girls Softball.....Nate Herrig
 Wrestling.....Dustin Caldwell
 Football.....Jon Wauford
 Girls Volleyball.....Micah Cewe
 Track & Field.....Kellen Schneeberger
 Girls Track & Field.....Tony Steen
 Cross Country.....Kellen Schneeberger
 Girls Cross Country.....Kellen Schneeberger
 Soccer.....Matt Hagge
 Girls Soccer.....Nick Hauenstein
 Bowling.....Shaun Hartman
 Girls Bowling.....Shaun Hartman
 Football Cheerleading.....Vicki Burns
 Basketball Cheerleading.....Vicki Burns
 Wrestling Cheerleading.....Vicki Burns
 Speech Director.....Aaron Westrum
 Student Council.....Jason Endress
 Band Director.....Josh Hahn
 Vocal Director.....Karl Wolf
 Orchestra Director.....Greg Marston

COLFAX-MINGO

Street Address: 204 N League Rd
 City: Colfax
 Zip Code: 50054
 Mailing Address: 204 N League Rd
 City: Colfax
 Zip Code: 50054
 Supt. St Address: 204 N League Rd
 Supt. City: Colfax
 Supt. Zip: 50054
 County: Jasper
 Area Code: 515
 School Phone: 674-4111
 HS Fax: 674-4940
 AD Fax: 674-4940
 Web Site: <http://www.colfax-mingo.k12.ia.us>

School Colors: Navy Blue and Orange
 Nickname: Tigerhawks
 Conference: South Iowa Cedar League
 Superintendent.....Erik Anderson
 Phone.....(515)674-3646
 Email.....erik.anderson@colfaxmingo.org
 Admin Asst.....Bertha Deaton
 Phone.....(515)674-3646
 Email.....bertdeaton@colfaxmingo.org
 Principal.....Todd Jones
 Phone.....(515)674-4111
 Email.....tjones@colfaxmingo.org

Athletic Administrator.....Erin Hume
 Phone.....(515)674-3646
 Email.....ehume@colfaxmingo.org
 Athletic Secretary.....Missy Daft
 Phone.....(515)674-4111
 Email.....mdaft@colfaxmingo.org
 Golf.....Mike Underwood
 Girls Golf.....Mike Underwood
 Basketball.....Mark Rague
 Girls Basketball.....Blake Warrick
 Baseball.....Brian Warrick
 Girls Softball.....Bryan Poulter
 Wrestling.....Erin Hume
 Football.....Jeff Lietz
 Girls Volleyball.....Michelle Grant
 Track & Field.....Matt Barkalow
 Girls Track & Field.....Zach Tomas
 Cross Country.....Zach Tomas, Jacob Crouse
 Girls Cross Country.....Zach Tomas, Jacob Crouse
 Football Cheerleading.....Sarah Thorsbakken
 Basketball Cheerleading.....Tammy Wickett
 Wrestling Cheerleading.....Chrystin Clark
 Speech Director.....Talbot Hook
 Student Council.....Laurie McGhee
 Band Director.....Michelle Grant
 Vocal Director.....Michelle Grant

COLLINS-MAXWELL

Street Address: 400 Metcalf St
 City: Maxwell
 Zip Code: 50161
 Mailing Address: 400 Metcalf St
 City: Maxwell
 Zip Code: 50161
 Supt. St Address: 400 Metcalf St
 Supt. City: Maxwell
 Supt. Zip: 50161
 County: Story
 Area Code: 515
 School Phone: 387-1115
 HS Fax: 387-8842
 AD Fax: 387-8842
 Web Site: <http://www.collins-maxwell.k12.ia.us>
 School Colors: Blue, Black, Silver
 Nickname: Spartans
 Conference: Iowa Star
 Superintendent.....Dr. Corey Lunn
 Phone.....(515)387-1115 x1100
 Email.....clunn@collins-maxwell.k12.ia.us
 Admin Asst.....Mary Ann Webb
 Phone.....(515)387-1115
 Email.....mwebb@collins-maxwell.k12.ia.us
 Principal.....Dr. Corey Lunn
 Phone.....(515)387-1115 x1102
 Email.....clunn@collins-maxwell.k12.ia.us
 Athletic Administrator.....Troy Houge
 Phone.....(515)387-1115 x1205
 Email.....thouge@collins-maxwell.k12.ia.us

Sports Medicine Provider.....Kari Sandquist
 (McFarland Clinic)
 Golf.....Kris Corbin
 Girls Golf.....Kris Corbin
 Basketball.....Wes Stover
 Girls Basketball.....Justin Flaws
 Baseball.....Steve Lewis
 Girls Softball.....Troy Houge
 Wrestling.....Michael Leslie
 Football.....Cory Crnkovich
 Girls Volleyball.....Nicole Dentlinger
 Track & Field.....Cole Billerbeck
 Girls Track & Field.....Jerry Meinerts
 Cross Country.....Jerry Meinerts
 Girls Cross Country.....Jerry Meinerts
 Soccer.....Crystal Bruntz
 Girls Soccer.....Gary Cummings
 Football Cheerleading.....Caitlin Sutherland
 Student Council.....Chris Smith
 Band Director.....Becky Pfeiler
 Vocal Director.....Mark Bjorklund

COLO-NESCO

Street Address: 919 West St
 City: Colo
 Zip Code: 50056
 Mailing Address: PO Box 136
 City: Colo
 Zip Code: 50056
 Supt. St Address: 919 West St
 Supt. City: Colo
 Supt. Zip: 50056
 County: Story
 Area Code: 641
 School Phone: 377-2282
 HS Fax: 377-2283
 AD Fax: 377-2283
 Web Site: <http://www.color-nesco.k12.ia.us>
 School Colors: Royal Blue & Silver
 Nickname: Royals
 Conference: Iowa Star
 Superintendent.....Jim Walker
 Phone.....(641)377-2282
 Email.....sgray@nevada.k12.ia.us
 Admin Asst.....Sharon Dean
 Phone.....(641)377-2282
 Email.....sdean@color-nesco.k12.ia.us
 Principal.....Brandon Kelley
 Phone.....(641)377-2282
 Email.....bkelley@color-nesco.k12.ia.us
 Athletic Administrator.....Travis Owens
 Phone.....(641)377-2282
 Email.....towens@color-nesco.k12.ia.us
 Athletic Secretary.....Sharon Dean
 Phone.....(641)377-2282
 Email.....sdean@color-nesco.k12.ia.us
 Sports Medicine Provider.....McFarland Clinic
 Golf.....Kris Corbin
 Girls Golf.....Kris Corbin
 Basketball.....Brandon Kelley
 Girls Basketball.....Wayne Cafferty
 Baseball.....Brandon Frohwein
 Girls Softball.....Candace Sutton
 Football.....Josh Nessa
 Girls Volleyball.....Devin Womochil
 Track & Field.....Tony Stalzer
 Girls Track & Field.....Josh Nessa
 Cross Country.....Tony Stalzer
 Girls Cross Country.....Tony Stalzer
 Football Cheerleading.....Andrea Ward
 Basketball Cheerleading.....Brooke Handsacker
 Speech Director.....Jessica Owens

Student Council.....Kara Kinser, Jess Owens
 Band Director.....Hannah Hoefer
 Vocal Director.....Bryan Ward

COLUMBUS CATHOLIC, WATERLOO

Street Address: 3231 W 9th St
 City: Waterloo
 Zip Code: 50702
 Mailing Address: 3231 W 9th St
 City: Waterloo
 Zip Code: 50702
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Black Hawk
 Area Code: 319
 School Phone: 233-3358
 HS Fax: 235-0733
 AD Fax: 235-0733
 Web Site: <http://www.cvcatholicsschools.org>
 School Colors: Green, White
 Nickname: Sailors
 Conference: NICL
 Superintendent.....Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Admin Asst.....Molly Skilling
 Phone.....(319)233-3358
 Email.....mskilling@cvcatholic.org
 Executive Coordinator.....Tom Novotney
 Phone.....(319)232-1422
 Email.....tnovotney@cvcatholic.org
 Principal.....Daniel Thole
 Phone.....(319)233-3358 x1135
 Email.....dthole@cvcatholic.org
 Athletic Administrator.....Taylor Hotek
 Phone.....(319)233-3358 x6109
 Email.....thotek@cvcatholic.org
 Sports Medicine Provider.....Nate Person, LAT
 (Cedar Valley Medical Specialists)

Tennis.....James Larsen
 Girls Tennis.....Dave Will
 Golf.....Brandon Schlitz
 Girls Golf.....Adam Hoefer
 Basketball.....Dru Robinson
 Girls Basketball.....Cory O'Brien
 Baseball.....Mark Gallagher
 Girls Softball.....Chris Olmstead
 Wrestling.....Denny Boleyn
 Football.....Brad Schmit
 Girls Volleyball.....Kerry Merrifield
 Track & Field.....Ricky Kremer
 Girls Track & Field.....Ricky Kremer
 Cross Country.....Ron Roberson
 Girls Cross Country.....Ron Roberson
 Soccer.....William Maletta
 Girls Soccer.....Julie Girsch
 Bowling.....Kevin Walker
 Girls Bowling.....Kevin Walker
 Football Cheerleading.....Katie Friedly
 Basketball Cheerleading.....Katie Friedly
 Wrestling Cheerleading.....Katie Friedly
 Speech Director.....Kyle Weber
 Student Council.....Dave Will
 Band Director.....Brittany Barnard
 Vocal Director.....Julie Novotney

COLUMBUS COMMUNITY, COLUMBUS JUNCTION

Street Address: 1004 Colton St
 City: Columbus Junction
 Zip Code: 52738
 Mailing Address: 1004 Colton St

City: Columbus Junction
 Zip Code: 52738
 Supt. St Address: 1210 Colton St
 Supt. City: Columbus Junction
 Supt. Zip: 52738
 County: Louisa
 Area Code: 319
 School Phone: 728-2231
 HS Fax: 728-2205
 AD Fax: 728-2205
 Web Site: <http://www.columbuscsd.org>
 School Colors: Royal Blue & White
 Nickname: Wildcats
 Conference: SEISC North

Superintendent.....Gary Benda
 Phone.....(319)728-2911 x9090
 Email.....gary.benda@columbuscsd.org

Admin Asst.....Jessica Murphy
 Phone.....(319)728-2231 x3091
 Email.....jessica.murphy@columbuscsd.org

Principal.....Gary Benda
 Phone.....(319)728-2231 x9090
 Email.....gary.benda@columbuscsd.org

Asst/Assoc/Vice-Principal.....Kyle Reeve
 Phone.....(319)728-9107
 Email.....kyle.reeve@columbuscsd.org

Athletic Administrator.....Jake McCullough
 Phone.....(319)728-2231
 Email.....jake.mccullough@columbuscsd.org

Athletic Secretary.....Jessica Murphy
 Phone.....(319)728-2231 x3091
 Email.....jessica.murphy@columbuscsd.org

Sports Medicine Provider.....Nicole Calvert
 (Integrated Therapy Specialists, PC)

Basketball.....Dave Lekwa
 Girls Basketball.....Kaite Coil
 Baseball.....Tyler Kibbee
 Girls Softball.....Kaite Coil
 Wrestling.....Joel Keller
 Football.....Scott Symmonds
 Girls Volleyball.....Lori Beenen
 Track & Field.....Scott Dennler
 Girls Track & Field.....Steve Riley
 Cross Country.....Steve Riley
 Girls Cross Country.....Steve Riley
 Soccer.....Luis Cacho
 Girls Soccer.....Alfredo Piedra
 Football Cheerleading.....Junior Jimenez, Codi Sammons
 Basketball Cheerleading.....Junior Jimenez, Codi Sammons
 Wrestling Cheerleading.....Junior Jimenez, Codi Sammons
 Student Council.....Maureen Mincks
 Band Director.....Charles Mausser
 Vocal Director.....Charles Mausser
 Orchestra Director.....Charles Mausser

COON RAPIDS-BAYARD

Street Address: 905 North St
 City: Coon Rapids
 Zip Code: 50058
 Mailing Address: PO Box 297
 City: Coon Rapids
 Zip Code: 50058
 Supt. St Address: PO Box 297
 Supt. City: Coon Rapids
 Supt. Zip: 50058
 County: Carroll
 Area Code: 712
 School Phone: 999-2208
 HS Fax: 999-7740
 AD Fax: 999-7740
 Web Site: <http://www.crbcrusaders.org>
 School Colors: Black & Red

Nickname: Crusaders
 Conference: Rolling Valley

Superintendent.....Eric Trager
 Phone.....(712)999-2208
 Email.....eric.trager@crbcrusaders.org

Principal.....Larry Frakes
 Phone.....(712)999-2208
 Email.....larry.frakes@crbcrusaders.org

Athletic Administrator.....Marissa Dembinski
 Phone.....(712)999-2208
 Email.....marissa.dembinski@crbcrusaders.org

Athletic Secretary.....Stacy Muench
 Phone.....(712)999-2208
 Email.....stacy.muench@crbcrusaders.org

Golf.....Tim Lee
 Girls Golf.....Jim Nurse
 Basketball.....Cory Meyer
 Girls Basketball.....Kaitlyn McAlister
 Baseball.....John Waddle
 Girls Softball.....Darla Davis
 Wrestling.....Tim Patrick
 Football.....Chris Mohr
 Girls Volleyball.....Jessica Denholm
 Track & Field.....Chris Mohr
 Girls Track & Field.....Chris Mohr
 Cross Country.....Elizabeth Larscheid
 Girls Cross Country.....Elizabeth Larscheid
 Football Cheerleading.....Alisa Venteicher
 Basketball Cheerleading.....Alisa Venteicher
 Speech Director.....Gina Lobendo
 Student Council.....Paula Davis
 Band Director.....Chris Fiscus
 Vocal Director.....Rebecca Fiscus

COUNCIL BLUFFS, ABRAHAM LINCOLN

Street Address: 1205 Bonham St
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 1205 Bonham St
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 12 Scott St
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 328-6481
 HS Fax: 328-6485
 AD Fax: 328-6485
 Web Site: <http://www.cbcsd.org>
 School Colors: Red, White & Blue
 Nickname: Lynx
 Conference: Missouri River

Superintendent.....Dr. Vickie Murillo
 Phone.....(712)328-6418
 Email.....vmurillo@cbcsd.org

Asst/Assoc Supt.....Dr. Corey Vorthmann
 Phone.....(712)328-6446
 Email.....cvorthmann@cbcsd.org

Admin Asst.....Amy Stuart
 Phone.....(712)328-6418
 Email.....astuart@cbcsd.org

Principal.....Bridgette Bellows
 Phone.....(712)328-6481 x12104
 Email.....bbellows@cbcsd.org

Asst/Assoc/Vice-Principal.....Cyle Forney
 Phone.....(712)328-6481 x12115
 Email.....cforney@cbcsd.org

Asst/Assoc/Vice-Principal.....Amanda Jens
 Phone.....(712)328-6481 x12114
 Email.....ajens@cbcsd.org

Athletic Administrator.....Jeff Novotny
 Phone.....(712)328-6481 x12117
 Email.....jnovotny@cbcsd.org

Co-AD/Assistant.....Luke Peterson
 Phone.....(712)328-6454
 Email.....lpeterson1@cbcsd.org

Athletic Secretary.....Molly Stogdill
 Phone.....(712)328-6481 x12100
 Email.....mstogdill@cbcsd.org

Sports Medicine Provider.....Melissa Troub
 (Jennie Ed Sports Medicine)

Tennis.....Myron Wilder
 Girls Tennis.....Bryan Pregon
 Golf.....Rob Dittmer
 Girls Golf.....Jason Smith
 Basketball.....Jason Isaacson
 Girls Basketball.....Chad Schaa
 Swimming.....Logan Maxwell
 Girls Swimming.....Logan Maxwell
 Baseball.....Brett Elam
 Girls Softball.....Candice Hughes
 Wrestling.....Mat Daniels, Adam Manz
 Football.....John Wolfe
 Girls Volleyball.....Katie Darrington
 Track & Field.....John Wolfe
 Girls Track & Field.....Don Schwartz
 Cross Country.....Scott Milner
 Girls Cross Country.....Traci Stoop
 Soccer.....Jamison Parkhill
 Girls Soccer.....Robbie Miller
 Bowling.....Norman Johnson
 Girls Bowling.....Norman Johnson
 Football Cheerleading.....Jordan Hansen
 Speech Director.....Dirk Waller
 Student Council.....Mike McIntosh
 Band Director.....Taylor Matuszeski
 Vocal Director.....Elmer Ellefson
 Orchestra Director.....Dan Black

COUNCIL BLUFFS, THOMAS JEFFERSON

Street Address: 2501 W Broadway
 City: Council Bluffs
 Zip Code: 51501
 Mailing Address: 2501 W Broadway
 City: Council Bluffs
 Zip Code: 51501
 Supt. St Address: 300 W Broadway, Suite 1600
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 328-6493
 HS Fax: 352-0159
 AD Fax: 352-0159
 Web Site: <http://www.cb-schools.org/Domain/121>
 School Colors: Orange, White, Black accent
 Nickname: Yellow Jackets
 Conference: Missouri River

Superintendent.....Dr. Vickie Murillo
 Phone.....(712)328-6418
 Email.....vmurillo@cbcsd.org

Asst/Assoc Supt.....Dr. Corey Vorthmann
 Phone.....(712)328-6424
 Email.....cvorthmann@cbcsd.org

Admin Asst.....Amy Stuart
 Phone.....(712)328-6418 x223
 Email.....astuart@cbcsd.org

Principal.....Dania Freudenburg
 Email.....dfreudenburg@cbcsd.org

Asst/Assoc/Vice-Principal.....Cole Albright
 Phone.....(712)328-6451
 Email.....calbright@cbcsd.org

Asst/Assoc/Vice-Principal.....Joanna Letz
 Phone.....(712)328-6451
 Email.....jletz@cbcsd.org
 Athletic Administrator.....Dustin Deterding
 Phone.....(712)328-6493 x103
 Email.....ddeterding@cbcsd.org
 Athletic Secretary.....Michaela Patterson
 Phone.....(712)328-6493
 Email.....mpatterson@cbcsd.org
 Sports Medicine Provider.....Rollie Hardies
 (Jennie Ed Sports Medicine)
 Tennis.....Dave Kaeding
 Girls Tennis.....Matt Connor
 Golf.....Rob Lindquist
 Girls Golf.....Rob Dittmer
 Basketball.....Nate Kreifels
 Girls Basketball.....Devin Schoening
 Baseball.....Tom Giles
 Girls Softball.....Amy Anderson
 Wrestling.....Paul Kueny
 Football.....Brant Anderson
 Girls Volleyball.....Bonnie Clinch
 Track & Field.....Bob Nielsen
 Girls Track & Field.....Lori Thomas
 Cross Country.....Doug Muehlig
 Girls Cross Country.....Doug Muehlig
 Soccer.....Justin Menichetti
 Girls Soccer.....Mark Royer
 Bowling.....Diane Storey
 Girls Bowling.....Diane Storey
 Football Cheerleading.....Danielle Hendrix
 Basketball Cheerleading.....Kendra Hollenbach
 Wrestling Cheerleading.....Kendra Hollenbach
 Speech Director.....Abby Custer
 Student Council.....Michaela Gray
 Band Director.....Jessica Todd
 Vocal Director.....Travis Walker
 Orchestra Director.....Laura Nelson

CRESTON

Street Address: 601 W Townline Rd
 City: Creston
 Zip Code: 50801
 Mailing Address: 601 W Townline Rd
 City: Creston
 Zip Code: 50801
 Supt. St Address: 801 N Elm
 Supt. City: Creston
 Supt. Zip: 50801
 County: Union
 Area Code: 641
 School Phone: 782-2116
 HS Fax: 782-9502
 AD Fax: 782-9502
 Web Site: <http://www.crestonschools.org>
 School Colors: Red and Black
 Nickname: Panthers
 Conference: Hawkeye Ten
 Superintendent.....Deron Stender
 Phone.....(641)782-7028
 Email.....dstender@crestonschools.org
 Principal.....Bill Messerole
 Phone.....(641)782-2116
 Email.....bmesserole@crestonschools.org
 Asst/Assoc/Vice-Principal.....Scott Driskell
 Phone.....(641)782-7130
 Email.....sdriskell@crestonschools.org
 Athletic Administrator.....Scott Driskell
 Phone.....(641)782-7130
 Email.....sdriskell@crestonschools.org

Co-AD/Assistant.....Brad Baker
 Phone.....(641)782-2129
 Email.....bbaker@crestonschools.org
 Athletic Secretary.....Claudia Peppers
 Phone.....(641)782-2116
 Email.....cpeppers@crestonschools.org
 Sports Medicine Provider.....Zach Woods, LAT
 (Greater Regional Medical Center)
 Tennis.....Kevin Cooper
 Girls Tennis.....Kevin Cooper
 Golf.....Jon Thomson
 Girls Golf.....Jon Thomson
 Basketball.....Bryce Schaffer
 Girls Basketball.....Tony Neubauer
 Baseball.....Steve Birchard
 Girls Softball.....Mike McCabe
 Wrestling.....Cody Downing
 Football.....Brian Morrison
 Girls Volleyball.....Traci Haley
 Track & Field.....Pat Schlapia
 Girls Track & Field.....Clay Arnold
 Cross Country.....Pat Schlapia
 Girls Cross Country.....Pat Schlapia
 Soccer.....Jerry Hartman
 Girls Soccer.....Megen Kinkade
 Bowling.....Ron Pendegraft
 Girls Bowling.....Ron Pendegraft
 Football Cheerleading.....Trish Sevier
 Wrestling Cheerleading.....Trish Sevier
 Speech Director.....Laura Granger
 Student Council.....Peg Krambeck Eblen, Danielle Dickinson
 Band Director.....Mike Peters
 Vocal Director.....Jane Warner

CRESTWOOD, CRESCO

Street Address: 1000 Schroder Dr
 City: Cresco
 Zip Code: 52136
 Mailing Address: 1000 Schroder Dr
 City: Cresco
 Zip Code: 52136
 Supt. St Address: 1000 Schroder Dr
 Supt. City: Cresco
 Supt. Zip: 52136
 County: Howard
 Area Code: 563
 School Phone: 547-2764
 HS Fax: 547-4650
 AD Fax: 547-4650
 Web Site: <http://www.howard-winn.k12.ia.us>
 School Colors: Blue and White
 Nickname: Cadets
 Conference: Northeast Iowa
 Superintendent.....Theodore Ihns
 Phone.....(563)547-2762
 Email.....tihns@howard-winn.k12.ia.us
 Principal.....Chris Rogne
 Phone.....(563)547-2764
 Email.....crogne@howard-winn.k12.ia.us
 Athletic Administrator.....Caleb Shaeffer
 Phone.....(563)547-2764
 Email.....cshaeffer@howard-winn.k12.ia.us
 Athletic Secretary.....Janice Lansing
 Phone.....(563)547-2764 x200
 Email.....jlansing@howard-winn.k12.ia.us
 Sports Medicine Provider.....Chris Trytten, LAT, CWCHP,MSE,
 ATC (Regional Health Services)
 Golf.....Justin Thrailkill
 Girls Golf.....Jason Sorenson
 Basketball.....Lynn McCormick
 Girls Basketball.....Dale Dennler

Baseball.....Gary Steffen
 Girls Softball.....Doug Sickles
 Wrestling.....Keith Slifka
 Football.....Skip Eckhardt
 Girls Volleyball.....Robin Gossman
 Track & Field.....Chris Sullivan
 Girls Track & Field.....Karen Steffen
 Cross Country.....Jim Obermann
 Girls Cross Country.....Jim Obermann
 Football Cheerleading.....Kelli Gosch
 Basketball Cheerleading.....Kim Lehmkuhl
 Wrestling Cheerleading.....Kim Lehmkuhl
 Speech Director(s).....Karen LeFebvre, Aaron Kvale
 Band Director.....Tia Heien
 Vocal Director.....Karen LeFebvre

DALLAS CENTER-GRIMES

Street Address: 2555 W 1st St
 City: Grimes
 Zip Code: 50111
 Mailing Address: 2555 W 1st St
 City: Grimes
 Zip Code: 50111
 Supt. St Address: PO Box 512
 Supt. City: Dallas Center
 Supt. Zip: 50063
 County: Dallas
 Area Code: 515
 School Phone: 986-9747
 HS Fax: 986-9734
 AD Fax: 986-9734
 Web Site: <http://dgcactivities.com>
 School Colors: Red & White
 Nickname: Mustangs
 Conference: Little Hawkeye
 Superintendent.....Scott Grimes
 Phone.....(515)992-3866
 Email.....scott.grimes@dgcgschools.com
 Asst/Assoc Supt.....Jill Van Woerkom
 Phone.....(515)992-3866
 Email.....jill.vanwoerkom@dgcgschools.com
 Admin Asst.....Cindy Ford
 Phone.....(515)992-3866
 Email.....cindy.ford@dgcgschools.com
 Principal.....Scott Blum
 Phone.....(515)986-9747 x252
 Email.....scott.blum@dgcgschools.com
 Asst/Assoc/Vice-Principal.....Travis Donahue
 Phone.....(515)986-9747
 Email.....travis.donahue@dgcgschools.com
 Athletic Administrator.....Brent Buttjer
 Phone.....(515)986-9747 x251
 Email.....brent.buttjer@dgcgschools.com
 Co-AD/Assistant.....Madison Waymire
 Phone.....(515)986-9747 x250
 Email.....madison.waymire@dgcgschools.com
 Athletic Secretary.....Brenda Smith
 Phone.....(515)986-9747 x257
 Email.....brenda.smith@dgcgschools.com
 Sports Medicine Provider.....Jerod Torrey, LAT
 (Athletico Physical Therapy)
 Golf.....Jordan Ray
 Girls Golf.....John Klaessy
 Basketball.....Joel Rankin
 Girls Basketball.....Adam Jones
 Baseball.....Byron Peyton
 Girls Softball.....Steve Schlafke
 Wrestling.....Cory Stratton
 Football.....Scott Heitland
 Girls Volleyball.....Cheryl Voelker
 Track & Field.....Jordan Sump

Girls Track & Field.....Rich Kloster
 Cross CountryMatt Pries
 Girls Cross Country.....Justin Droppert
 Soccer.....Collin Lane
 Girls SoccerDan James
 Football CheerleadingAngie Rubel
 Basketball Cheerleading.....Allison Martin
 Wrestling Cheerleading.....Adreonna Tucker
 Speech Director(s).....Jane Altman, Anne Frett
 Student CouncilJolie Morgan
 Band Director(s).....Craig Crilly, Steve Britt
 Vocal Director.....Eric Mohlis

DANVILLE

Street Address: 419 S. Main
 City: Danville
 Zip Code: 52623
 Mailing Address: 419 S Main St
 City: Danville
 Zip Code: 52623
 Supt. St Address: 419 S Main St.
 Supt. City: Danville
 Supt. Zip: 52623
 County: Des Moines
 Area Code: 319
 School Phone: 392-4221
 HS Fax: 392-8390
 AD Fax: 392-8390
 Web Site: <http://www.danvillecsd.org>
 School Colors: Royal Blue & White
 Nickname: Bears
 Conference: SEI Superconference-South
 Superintendent.....Dr. Thomas Ward
 Phone.....(319)392-4223 x309
 Email.....thomas.ward@danvillecsd.org
 Principal.....John Lawrence
 Phone.....(319)392-4221 x311
 Email.....john.lawrence@danvillecsd.org
 Asst/Assoc/Vice-Principal.....Steve Ita
 Phone.....(319)392-4221 x307
 Email.....steve.ita@danvillecsd.org
 Athletic Administrator.....Kirk Soukup
 Phone.....(319)392-4221 x354
 Email.....kirk.soukup@danvillecsd.org
 Athletic Secretary.....Loretta Smith
 Phone.....(319)392-4221 x314
 Email.....loretta.smith@danvillecsd.org
 Sports Medicine Provider.....Sheena Teeter
 (Great River Medical)
 Golf.....Steve Rogers
 Girls Golf.....Steve Rogers
 Basketball.....Matt Morris
 Girls Basketball.....TJ Duncan
 Baseball.....Chad Vogelgesang
 Girls Softball.....TBD
 Football.....Dave Bunnell
 Girls Volleyball.....Amy West
 Track & Field.....Lucas Gourley
 Girls Track & Field.....Natalie Ford
 Cross Country.....Lucas Gourley
 Girls Cross Country.....Lucas Gourley
 Soccer.....Ted Kuechmann
 Football Cheerleading.....TBD
 Basketball Cheerleading.....TBD
 Speech Director.....Lynn Jacobson
 Student Council.....Liz Linnenbrink
 Band Director.....Wyman Martin
 Vocal Director.....Bobbi Huebner

DAVENPORT, CENTRAL

Street Address: 1120 N Main St
 City: Davenport

Zip Code: 52803
 Mailing Address: 1120 N Main St
 City: Davenport
 Zip Code: 52803
 Supt. St Address: 1702 Main Street
 Supt. City: Davenport
 Supt. Zip: 52803
 County: Scott
 Area Code: 563
 School Phone: 323-9900
 HS Fax: 323-3110
 AD Fax: 323-3110
 Web Site: <http://www.davenport.k12.ia.us>
 School Colors: Royal Blue & Red
 Nickname: Blue Devils
 Conference: Mississippi Athletic
 Superintendent.....Dr. Robert Kobylski
 Phone.....(563)445-5000
 Email.....kobylskir@mail.davenport.k12.ia.us
 Asst/Assoc Supt.....Robert Scott
 Phone.....(563)336-5084
 Email.....scotttr@davenportschools.org
 Executive Coordinator.....Paul Flynn
 Phone.....(563)336-5032
 Email.....flynnp@davenportschools.org
 Principal.....Jon Flynn
 Phone.....(563)323-9900
 Email.....flynnj@davenportschools.org
 Asst/Assoc/Vice-Principal.....Guy Heller
 Phone.....(563)323-9900
 Email.....hellerj@davenportschools.org
 Asst/Assoc/Vice-Principal.....Brian Ehlinger
 Phone.....(563)323-9900
 Email.....ehlingerb@davenportschools.org
 Asst/Assoc/Vice-Principal.....Christie Pitts
 Phone.....(563)323-9900
 Athletic Administrator.....Kevin Petersen
 Phone.....(563)323-1757
 Email.....petersenke@davenportschools.org
 Athletic Secretary.....Sarah Grothuss
 Phone.....(563)323-1757 x733
 Email.....grothuss@davenportschools.org
 Sports Medicine Provider.....Rock Valley Physical Therapy
 Tennis.....Travis Carpenter
 Golf.....Reid Keller
 Girls Golf.....Dana Whittemore
 Basketball.....Craig Wurdinger
 Girls Basketball.....Rita Jett
 Swimming.....Brian Heller
 Girls Swimming.....Brian Heller
 Baseball.....Chris Cartee
 Girls Softball.....Matt Verdon
 Wrestling.....Mike Baker
 Football.....Ben Sacco
 Girls Volleyball.....Janelle Hester
 Track & Field.....Casey Schwartzlose
 Girls Track & Field.....Mike Trujillo
 Cross Country.....TJ Pearson
 Girls Cross Country.....Mike Trujillo
 Soccer.....Robert Harkness
 Girls Soccer.....Nick Newman
 Bowling.....Craig Nord
 Girls Bowling.....Wendy Allen
 Football Cheerleading.....Christie Toft
 Basketball Cheerleading.....Christie Toft
 Wrestling Cheerleading.....Christie Toft
 Student Council.....Meredith Dennis
 Band Director.....Alex Wilga
 Vocal Director(s).....Michael Reese, Emily Schranck
 Orchestra Director.....Kendra Elledge

DAVENPORT, NORTH

Street Address: 626 W 53rd St
 City: Davenport
 Zip Code: 52806
 Mailing Address: 626 W 53rd St
 City: Davenport
 Zip Code: 52806
 Supt. St Address: 1702 Main Street
 Supt. City: Davenport
 Supt. Zip: 52803
 County: Scott
 Area Code: 563
 School Phone: 723-5500
 HS Fax: 445-5953
 AD Fax: 445-5953
 Web Site: <http://www.davenportschools.org/north>
 School Colors: Royal Blue & Gold
 Nickname: Wildcats
 Conference: Mississippi Athletic
 Superintendent.....Dr. Robert Kobylski
 Phone.....(563)445-5000
 Email.....kobylskir@mail.davenport.k12.ia.us
 Asst/Assoc Supt.....Mr. Robert Scott
 Phone.....(563)336-5084
 Email.....scotttr@davenportschools.org
 Executive Coordinator.....Paul Flynn
 Phone.....(563)336-5032
 Email.....Flynnp@davenportschools.org
 Principal.....Jay Chelf
 Phone.....(563)723-5500 x103
 Email.....chelfj@davenportschools.org
 Asst/Assoc/Vice-Principal.....Tammy Conrad
 Phone.....(563)723-5500 x105
 Email.....conradt@davenportschools.org
 Asst/Assoc/Vice-Principal.....Dave Shovlain
 Phone.....(563)723-5500 x110
 Email.....shovlaind@davenportschools.org
 Asst/Assoc/Vice-Principal.....Julie Heller
 Phone.....(563)723-5500 x102
 Email.....hellerj@davenportschools.org
 Asst/Assoc/Vice-Principal.....Jeremy Mosier
 Phone.....(563)723-5500 x151
 Email.....mosierj@davenportschools.org
 Athletic Administrator.....Jeremy Mosier
 Phone.....(563)723-5500 x151
 Email.....mosierj@davenportschools.org
 Athletic Secretary.....Catherine Borchert
 Phone.....(563)723-5500 x106
 Email.....borchercc@davenportschools.org
 Sports Medicine Provider.....Julie Evans, PT
 (Rock Valley Physical Therapy)
 Tennis.....Chris Hall
 Girls Tennis.....Betty Christian
 Golf.....Jeff Dietz
 Girls Golf.....Jeff Dietz
 Basketball.....Marc Polite
 Girls Basketball.....Paul Rucker
 Swimming.....Maddie Seutter
 Girls Swimming.....Maddie Seutter
 Baseball.....Cory Wachal
 Wrestling.....Jacob Conner
 Football.....Adam Hite
 Girls Volleyball.....Heath Donath
 Track & Field.....Dan Ziesmer
 Cross Country.....Alejandro Sanchez
 Soccer.....David Gamble
 Girls Soccer.....Tyler Holle
 Bowling.....Jeff Strouth
 Girls Bowling.....Jan Edwards
 Band Director.....Kaci Stirling
 Vocal Director.....Ryan Riewerts, John Wilson
 Orchestra Director.....Michele Otteson

DAVENPORT, WEST

Street Address: 3505 W. Locust St
 City: Davenport
 Zip Code: 52804
 Mailing Address: 3505 W Locust St
 City: Davenport
 Zip Code: 52804
 Supt. St Address: 1702 Main Street
 Supt. City: Davenport
 Supt. Zip: 52803
 County: Scott
 Area Code: 563
 School Phone: 723-5600
 HS Fax: 445-5954
 AD Fax: 445-5954
 Web Site: <http://www.davenport.k12.ia.us>
 School Colors: Red & White
 Nickname: Falcons
 Conference: Mississippi Athletic

Superintendent Dr. Robert Kobylski
 Phone (563)445-5000
 Email kobylskir@mail.davenport.k12.ia.us
 Asst/Assoc Supt Robert Scott
 Phone (563)336-7418
 Email scott@davenportschools.org
 Executive Coordinator Paul Flynn
 Phone (563)336-7440
 Email flynnp@davenportschools.org
 Principal Cory Williams
 Phone (563)723-5600
 Email williamsco@davenportschools.org
 Asst/Assoc/Vice-Principal Charles Driscoll
 Phone (563)723-5600
 Email driscollc@davenportschools.org
 Asst/Assoc/Vice-Principal Matt Hassig
 Phone (563)723-5600
 Email hassigm@davenportschools.org
 Asst/Assoc/Vice-Principal Mike Orfitelli
 Phone (563)723-5600
 Email orfitellim@davenportschools.org
 Athletic Administrator Al Blocker
 Phone (563)723-5600 x309
 Email blockera@davenportschools.org
 Athletic Secretary Nicky Haas
 Phone (563)723-5600
 Email haasni@davenportschools.org
 Sports Medicine Provider Taylor Erjavsek, LAT
 (Rock Valley Physical Therapy)
 Tennis Brandon Yoder
 Girls Tennis Ian McCloud
 Golf Chad Wolf
 Girls Golf Chad Wolf
 Basketball David Robinson
 Girls Basketball Pat Finn
 Swimming Mary Mandel
 Girls Swimming Mary Mandel
 Baseball Scott Beatty
 Girls Softball TBD
 Wrestling Jim Weisrock
 Football Justin Peters
 Girls Volleyball Jillian Donath
 Track & Field Kyle Fox
 Girls Track & Field Arron Rietz
 Cross Country Jim Weisrock
 Girls Cross Country Arron Reitz
 Soccer Charlie Ochoa
 Girls Soccer Kelly Schroeder
 Bowling Mark Schlichting
 Girls Bowling Mark Schlichting
 Football Cheerleading Heather Kormann
 Basketball Cheerleading Heather Kormann
 Wrestling Cheerleading Heather Kormann

Speech Director Maggie Rietz
 Student Council Deb Hall
 Band Director Maggie Oates
 Vocal Director Laura Engels
 Orchestra Director Carlene Easley

DAVIS COUNTY, BLOOMFIELD

Street Address: 503 E Locust St
 City: Bloomfield
 Zip Code: 52537
 Mailing Address: 503 E Locust St
 City: Bloomfield
 Zip Code: 52537
 Supt. St Address: 608 S Washington
 Supt. City: Bloomfield
 Supt. Zip: 52537
 County: Davis
 Area Code: 641
 School Phone: 664-2200
 HS Fax: 664-1763
 AD Fax: 664-1763
 Web Site: <http://www.dcmustangs.com>
 School Colors: Maroon & Gold
 Nickname: Mustangs
 Conference: South Central

Superintendent Dan Maeder
 Phone (641)664-2200 x1162
 Email dan.maeder@dcmustangs.com
 Principal Jennifer Donels
 Phone (641)664-2200 x1203
 Email jennifer.donels@dcmustangs.com
 Athletic Administrator Dan Maeder
 Phone (641)664-2200 x1162
 Email dan.maeder@dcmustangs.com
 Co-AD/Assistant Kent Anderson
 Phone (641)664-2200 x1190
 Email kent.anderson@dcmustangs.com
 Athletic Secretary Tish Johnson
 Phone (641)664-2200 x1172
 Email tish.johnson@dcmustangs.com
 Tennis Tucker Henderson
 Girls Tennis Brian Skaggs
 Golf Jack Boatman
 Girls Golf Melissa Devereaux
 Basketball Jamie Cason
 Girls Basketball Dave Mason
 Baseball Todd White
 Girls Softball Zach Dunlavy
 Wrestling Jim Nelson
 Football Kent Anderson
 Girls Volleyball Brooke Mason
 Track & Field Mike Finneran
 Cross Country Josh Husted
 Girls Cross Country Josh Husted
 Bowling Jason Rook
 Girls Bowling Jason Rook
 Football Cheerleading Brittany Bremer
 Basketball Cheerleading Brittany Bremer
 Wrestling Cheerleading Brittany Bremer
 Speech Director Tricia Stremmler
 Student Council Shelby Banks
 Band Director Jeff Cook
 Vocal Director Christopher Gingerich

DECORAH

Street Address: 100 Claiborne Dr
 City: Decorah
 Zip Code: 52101
 Mailing Address: 100 Claiborne Dr
 City: Decorah
 Zip Code: 52101
 Supt. St Address: 510 Winnebago St

Supt. City: Decorah
 Supt. Zip: 52101
 County: Winneshiek
 Area Code: 563
 School Phone: 382-3643
 HS Fax: 382-3107
 AD Fax: 382-3107
 Web Site: <http://www.decorah.k12.ia.us>
 School Colors: Scarlet & Royal
 Nickname: Vikings
 Conference: Northeast Iowa
 Superintendent Mark Lane
 Phone (563)382-4208
 Email mark.lane@decorah.k12.ia.us
 Principal Kim M. Sheppard
 Phone (563)382-3643 x1205
 Email kim.sheppard@decorah.k12.ia.us
 Asst/Assoc/Vice-Principal Adam Riley
 Phone (563)382-3643 x1206
 Email adam.riley@decorah.k12.ia.us
 Asst/Assoc/Vice-Principal David Waskow
 Phone (563)382-3643 x1204
 Email david.waskow@decorah.k12.ia.us
 Athletic Administrator Adam Riley
 Phone (563)382-3643 x1206
 Email adam.riley@decorah.k12.ia.us
 Athletic Secretary Mary Herman
 Phone (563)382-3643 x1203
 Email mary.herman@decorah.k12.ia.us
 Sports Medicine Provider Kelli Rueckert, LAT
 (Winneshiek Medical Center)

Tennis Reg Laursen
 Girls Tennis Larry Berland
 Golf Rich Gaard
 Girls Golf Scott Pierce
 Basketball Jonathan Carlson
 Girls Basketball Shannon Quandahl
 Swimming Laura Storlie
 Girls Swimming Allie Bachelder
 Baseball Adam Riley
 Girls Softball Jill Chirstofferson
 Wrestling Lee Fullhart
 Football Pat Trewin
 Girls Volleyball Gina Holthaus
 Track & Field Joel Rollingier
 Girls Track & Field Brad Johansen, Cristy Nimrod
 Cross Country Brad Johansen
 Girls Cross Country Cristy Nimrod
 Soccer Ben Shockey, Julie Shockey-Trytten
 Girls Soccer Loren Hendrickson
 Bowling Keith Bruening
 Girls Bowling Keith Bruening
 Football Cheerleading Juli Knutson
 Speech Director Tom Houdek
 Student Council Pat Trewin
 Band Director(s) Dustin Bliven, Matthew Cody
 Vocal Director Jason Rausch
 Orchestra Director Nicole Cody

DENISON-SCHLESWIG

Street Address: 819 Monarch Dr
 City: Denison
 Zip Code: 51442
 Mailing Address: 819 Monarch Dr
 City: Denison
 Zip Code: 51442
 Supt. St Address: 819 Monarch Dr
 Supt. City: Denison
 Supt. Zip: 51442
 County: Crawford
 Area Code: 712
 School Phone: 263-3101

HS Fax: 263-6009
 AD Fax: 263-6009
 Web Site: <http://www.denison.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Monarchs (lion)
 Conference: Hawkeye Ten
 Superintendent.....Mike Pardon
 Phone.....(712)263-2176
 Email.....mpardon@denisoncsd.org
 Asst/Assoc Supt.....Scott Larson
 Phone.....(712)263-2176
 Email.....slarson@denisoncsd.org
 Principal.....Dave Wiebers
 Phone.....(712)263-3101
 Email.....dwiebers@denisoncsd.org
 Asst/Assoc/Vice-Principal.....Nancy McCarville
 Phone.....(712)263-3101
 Email.....nmccarville@denisoncsd.org
 Athletic Administrator.....Derek Fink
 Phone.....(712)263-3101
 Email.....dfink@denisoncsd.org
 Co-AD/Assistant.....Kevin Dau, MS AD
 Phone.....(712)263-9393
 Email.....kdau@denisoncsd.org
 Athletic Secretary.....Kelli Rupert
 Phone.....(712)263-3101
 Email.....krupert@denisoncsd.org
 Tennis.....Aaron Ratliff
 Girls Tennis.....Megan Nahnsen
 Golf.....John Heiden
 Girls Golf.....Adam Burns
 Basketball.....Derek Fink
 Girls Basketball.....Adam Mich
 Baseball.....Travis Wessel
 Girls Softball.....Kevin Dau
 Wrestling.....Nick Bradley
 Football.....Chad Van Kley
 Girls Volleyball.....McKenzie Mich
 Track & Field.....Chad Van Kley
 Girls Track & Field.....Adam Mich
 Cross Country.....Nick Bradley
 Girls Cross Country.....Nick Bradley
 Soccer.....Carlos Trevino
 Girls Soccer.....Nick Bradley
 Bowling.....Shelby Brawner
 Girls Bowling.....Shelby Brawner
 Football Cheerleading.....Heather Langenfeld,
 Morgan Walker
 Basketball Cheerleading.....Heather Langenfeld,
 Morgan Walker
 Speech Director.....Laurel Olsen
 Student Council.....Crystal Holt, Michael Phipps
 Band Director.....Ruben Newell
 Vocal Director.....Kandy Thompson
 Orchestra Director.....Ruben Newell

DENVER

Street Address: 541 E Eagle St
 City: Denver
 Zip Code: 50622
 Mailing Address: PO Box 384
 City: Denver
 Zip Code: 50622
 Supt. St Address: 520 Lincoln St
 Supt. City: Denver
 Supt. Zip: 50622
 County: Bremer
 Area Code: 319
 School Phone: 984-5639
 HS Fax: 984-5630
 AD Fax: 984-5630
 Web Site: <http://www.denver-cyclones.com>

School Colors: Maroon & Gold
 Nickname: Cyclones
 Conference: North Iowa Cedar-East
 Superintendent.....Brad Laures
 Phone.....(319)984-6323 x699
 Email.....blaures@denver.k12.ia.us
 Admin Asst.....Kendra Knowles
 Phone.....(319)984-6323
 Email.....kknowles@denver.k12.ia.us
 Principal.....Taylor Anderson
 Phone.....(319)984-5639 x225
 Email.....tanderson@denver.k12.ia.us
 Athletic Administrator.....Chris Krueger
 Phone.....(319)984-5639 x224
 Email.....ckrueger@denver.k12.ia.us
 Athletic Secretary.....Sue Flory
 Phone.....(319)984-5639
 Email.....sflory@denver.k12.ia.us
 Sports Medicine Provider.....Shelby Reiter, PT (Taylor PT)
 Golf.....Kevin Shedenhelm
 Girls Golf.....Matt Sexton
 Basketball.....Kyle Matthias
 Girls Basketball.....Joe Frost
 Baseball.....Dustin Rewerts
 Girls Softball.....Dani Gordon
 Wrestling.....Chris Krueger
 Football.....Rhett Barrett
 Girls Volleyball.....Mara Forsyth
 Track & Field.....Rhett Barrett
 Girls Track & Field.....Abby Fliehler
 Cross Country.....Sandy Sabelka
 Girls Cross Country.....Sandy Sabelka
 Soccer.....Jared Pickett
 Girls Soccer.....TBD
 Bowling.....Rick Wilson
 Girls Bowling.....Rick Wilson
 Football Cheerleading.....Dawn Wiebecke
 Basketball Cheerleading.....Natalie Norman
 Wrestling Cheerleading.....Dawn Wiebecke
 Speech Director.....Jillian White
 Student Council.....Megan Hamm
 Band Director.....Dan Cooper
 Vocal Director.....Tim Baird

DES MOINES CHRISTIAN

Street Address: 13007 Douglas Pkwy Suite 300
 City: Urbandale
 Zip Code: 50323
 Mailing Address: 13007 Douglas Pkwy Suite 300
 City: Urbandale
 Zip Code: 50323
 Supt. St Address: 13007 Douglas Pkwy Suite 100
 Supt. City: Urbandale
 Supt. Zip: 50323
 County: Polk
 Area Code: 515
 School Phone: 252-2487
 HS Fax: 251-6972
 AD Fax: 251-6972
 Web Site: <http://dmcs.org>
 School Colors: Navy & White
 Nickname: Lions
 Conference: West Central Activities Conference
 Superintendent.....Cade Lambert
 Phone.....(515)252-2480
 Email.....clambert@dmcs.org
 Principal.....Jahna Duda
 Phone.....(515)252-2490 x1050
 Email.....jduda@dmcs.org
 Asst/Assoc/Vice-Principal.....Jon Muller
 Phone.....(515)252-2487
 Email.....jmuller@dmcs.org

Asst/Assoc/Vice-Principal.....Cory Nikkel
 Phone.....(515)252-2488
 Email.....cnikkel@dmcs.org
 Athletic Administrator.....Jon Muller
 Phone.....(515)252-2487
 Email.....jmuller@dmcs.org
 Athletic Secretary.....Mallory Robinson
 Phone.....(515)252-2487
 Email.....mrobinson@dmcs.org
 Sports Medicine Provider.....Nick McCall
 (Select Physical Therapy)
 Golf.....Philip Conover
 Girls Golf.....Cory Nikkel
 Basketball.....Jason Van Mersbergen
 Girls Basketball.....Brad Johnson
 Baseball.....Derek Flack
 Girls Softball.....Amanda Springer
 Football.....Matt Waring
 Girls Volleyball.....Brian Spanhut
 Track & Field.....Dale Vander Wilt
 Girls Track & Field.....Dale Vander Wilt
 Cross Country.....Julie Zierke-Clark
 Girls Cross Country.....Julie Zierke-Clark
 Soccer.....Scot Nilius
 Girls Soccer.....Dan Webster
 Football Cheerleading.....Molly Eklund
 Basketball Cheerleading.....Maressa Sharp
 Band Director.....Rob Lane
 Vocal Director.....Jeff Johannsen

DES MOINES, ABRAHAM LINCOLN

Street Address: 2600 SW 9th St
 City: Des Moines
 Zip Code: 50315
 Mailing Address: 2600 SW 9th St
 City: Des Moines
 Zip Code: 50315
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7500
 HS Fax: 242-7517
 AD Fax: 242-7362
 Web Site: <http://lincoln.dmschools.org>
 School Colors: Maroon & Gold
 Nickname: Railsplitters
 Conference: CIML-Metro
 Superintendent.....Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org
 Asst/Assoc Supt.....Matt Smith
 Phone.....(515) 242-7725
 Email.....matthew.smith@dmschools.org
 Executive Coordinator.....Jason Allen
 Phone.....(515)242-8377
 Email.....jason.allen@dmschools.org
 Principal.....Paul Williamson
 Phone.....(515)242-7500
 Email.....paul.williamson@dmschools.org
 Asst/Assoc/Vice-Principal.....Wes Wollen
 Phone.....(515)242-7500
 Email.....weston.wollen@dmschools.org
 Asst/Assoc/Vice-Principal.....Qynne Kelly
 Phone.....(515)242-7500
 Email.....qynne.kelly@dmschools.org
 Asst/Assoc/Vice-Principal.....Michael Albarracin
 Phone.....(515)242-7500
 Email.....michael.albarracin@dmschools.org

Asst/Assoc/Vice-Principal.....Greg Marshall
 Phone.....(515)242-8452
 Email.....gregory.marshall@dmschools.org
 Athletic Administrator.....Phil Chia
 Phone.....(515)242-7525
 Email.....salvador.chia@dmschools.org
 Co-AD/Assistant.....Roberta Nigro
 Phone.....(515)242-8452
 Email.....roberta.nigro@dmschools.org
 Athletic Secretary.....Heidi Evans
 Phone.....(515)242-7526
 Email.....heidi.evans@dmschools.org
 Sports Medicine Provider.....Hailie Main
 Tennis.....Derek Summy
 Girls Tennis.....Karen Sissel
 Golf.....Dan Vollstedt
 Girls Golf.....Dan Vollstedt
 Basketball.....Justin Einerson
 Girls Basketball.....Scott Harrison
 Swimming.....Brayton Weber
 Girls Swimming.....Brayton Weber
 Baseball.....Kris Campbell
 Girls Softball.....Trisha Davis-Coates
 Wrestling.....Dustin Roland
 Football.....Derek Summy
 Girls Volleyball.....Chelsey Clark
 Track & Field.....Scott McClelland
 Girls Track & Field.....Garrett Woodson
 Cross Country.....Aaron Hohl
 Girls Cross Country.....Garrett Woodson
 Soccer.....Jack Simons
 Girls Soccer.....Scott Voogd
 Bowling.....Scott McClelland
 Girls Bowling.....Ray Felton
 Football Cheerleading.....TBD
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....TBD
 Speech Director.....Kaitlyn Evans
 Student Council.....Cynthia Bradshaw
 Band Director.....Kevin Stegemann
 Vocal Director.....Christian White
 Orchestra Director.....Johanna Kennedy

DES MOINES, EAST

Street Address: 815 E 13th St
 City: Des Moines
 Zip Code: 50316
 Mailing Address: 815 E 13th St
 City: Des Moines
 Zip Code: 50316
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7788
 HS Fax: 242-8144
 AD Fax: 242-8144
 Web Site: <http://east.dmschools.org/>
 School Colors: Red & Black
 Nickname: Scarlets
 Conference: CIML-Metro
 Superintendent.....Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org
 Asst/Assoc Supt.....Tim Schott
 Email.....timothy.schott@dmschools.org
 Admin Asst.....Vicki Tyler-McConnell
 Phone.....(515)242-7788
 Email.....vicki.tyler-mcconnell@dmschools.org

Executive Coordinator.....Jason Allen
 Phone.....(515)242-8377
 Email.....jason.allen@dmschools.org
 Principal.....Leslie Morris
 Phone.....(515)242-7788
 Email.....leslie.morris@dmschools.org
 Asst/Assoc/Vice-Principal.....Jill Versteeg
 Phone.....(515)242-7788
 Email.....jill.versteeg@dmschools.org
 Asst/Assoc/Vice-Principal.....JR Randall
 Phone.....(515)242-7788
 Email.....john.randall@dmschools.org
 Asst/Assoc/Vice-Principal.....Praveen Bannikatti
 Phone.....(515)242-7788
 Email.....praveen.bannikatti@dmschools.org
 Asst/Assoc/Vice-Principal.....Anthony Gianaras
 Phone.....(515)242-7788
 Email.....anthony.gianaras@dmschools.org
 Athletic Administrator.....Lyle Fedders
 Phone.....(515)242-7945
 Email.....lyle.fedders@dmschools.org
 Co-AD/Assistant.....Kris Campbell
 Phone.....(515)242-7788
 Email.....Lowell.Long@dmschools.org
 Athletic Secretary.....Kim Smith
 Phone.....(515)242-7740
 Email.....Kim.Smith@dmschools.org
 Sports Medicine Provider.....Aubrey Roland
 (Select Physical Therapy)
 Tennis.....Samy El-Baroudi
 Girls Tennis.....Brian Koch
 Golf.....Bob Bagley
 Girls Golf.....Lowell Long
 Basketball.....Trent Smith
 Girls Basketball.....Aaron O'Tool
 Swimming.....Erin Lowe
 Girls Swimming.....Erin Lowe
 Baseball.....Brian Luft
 Girls Softball.....Sam Allgeier
 Wrestling.....James Giboo
 Football.....Greg Schoon
 Girls Volleyball.....Taylor Wells
 Track & Field.....Greg Schoon
 Girls Track & Field.....Ken Morton
 Cross Country.....Pat Lowe
 Girls Cross Country.....Bill Reed
 Soccer.....Derek Lounsberry
 Girls Soccer.....Ried Bentley
 Bowling.....Greg Schoon
 Football Cheerleading.....Jodie Enos
 Basketball Cheerleading.....Jodie Enos
 Wrestling Cheerleading.....Jodie Enos
 Speech Director.....Ginger Johnson
 Student Council.....Teresa Bowlin
 Band Director.....Joseph Thering
 Vocal Director.....Traci Squires
 Orchestra Director.....Jennifer Luft

DES MOINES, HOOVER

Street Address: 4800 Aurora Ave
 City: Des Moines
 Zip Code: 50310
 Mailing Address: 4800 Aurora Ave
 City: Des Moines
 Zip Code: 50310
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7300
 HS Fax: 242-8272

AD Fax: 242-8256
 Web Site: <http://old.dmps.k12.ia.us/schools/3Hoover/index.htm>
 School Colors: Forest Green & Gold
 Nickname: Huskies
 Conference: CIML-Metro
 Superintendent.....Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org
 Principal.....Sherry Poole
 Phone.....(515)242-7300
 Email.....sherry.poole@dmschools.org
 Asst/Assoc/Vice-Principal.....Boston Freilinger
 Email.....Boston.Freilinger@dmschools.org
 Asst/Assoc/Vice-Principal.....Willie Montgomery
 Phone.....(515)242-8281
 Email.....willie.montgomery@dmschools.org
 Asst/Assoc/Vice-Principal.....Tori Rabe
 Phone.....(515)242-7300
 Email.....tori.rabe@dmschools.org
 Athletic Administrator.....Jacob Burke
 Phone.....(515)242-7311
 Email.....jacob.burke@dmschools.org
 Co-AD/Assistant.....Rob Minick
 Phone.....(515)242-7300
 Email.....robert.minick@dmschools.org
 Co-AD/Assistant.....Joe Salazar
 Phone.....(515)242-7300
 Email.....joe.salazar@dmschools.org
 Athletic Secretary.....Mary Culp
 Phone.....(515)242-7311
 Email.....mary.culp@dmschools.org
 Sports Medicine Provider.....Ashley Padget, LAT (Select)
 Tennis.....Carrie Harjes
 Girls Tennis.....Frances Curtis
 Golf.....Jared Cochran
 Girls Golf.....Missie Helm
 Basketball.....Courtney Henderson
 Girls Basketball.....Frances Curtis Negussie
 Swimming.....Scott Torres
 Girls Swimming.....Scott Torres
 Baseball.....Joe Salazar
 Girls Softball.....Melissa Helm
 Football.....William Siffin
 Girls Volleyball.....Ashley Padget
 Track & Field.....Jerry Rohach
 Girls Track & Field.....Jon Means
 Cross Country.....Jerry Rohach
 Girls Cross Country.....Jon Means
 Soccer.....Jon Rubino
 Girls Soccer.....Jeremy Morrow
 Bowling.....Mitch Elbert
 Girls Bowling.....Brad Grier
 Football Cheerleading.....Mariah Goodson
 Basketball Cheerleading.....Mariah Goodson
 Speech Director.....Emily Griffin
 Student Council.....Melissa Helm
 Band Director.....Ryan Rowley
 Vocal Director.....Eric Royer
 Orchestra Director.....Lisa Fried

DES MOINES, NORTH

Street Address: 501 Holcomb Ave
 City: Des Moines
 Zip Code: 50313
 Mailing Address: 501 Holcomb Ave
 City: Des Moines
 Zip Code: 50313
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk

Area Code: 515
 School Phone: 242-7200
 HS Fax: 242-8491
 AD Fax: 242-8491
 Web Site: <http://north@dmschools.org>
 School Colors: Black, White, Pink and Green
 Nickname: Polar Bears
 Conference: CIML-Metro

Superintendent.....Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org

Asst/Assoc Supt.....Matthew Smith
 Phone.....(515)242-8506
 Email.....matthew.smith@dmschools.org

Executive Coordinator.....Jason Allen
 Phone.....(515)242-8377
 Email.....jason.allen@dmschools.org

Principal.....Benjamin Graeber
 Phone.....(515)242-7200
 Email.....benjamin.graeber@dmschools.org

Asst/Assoc/Vice-Principal.....Steve Schappagh
 Phone.....(515)242-7200
 Email.....steven.schappagh@dmschools.org

Asst/Assoc/Vice-Principal.....Jesse Masteller
 Phone.....(515)242-7200
 Email.....jessie.masteller@dmschools.org

Asst/Assoc/Vice-Principal.....Steve Leib
 Phone.....(515)242-7200
 Email.....steven.leib@dmschools.org

Asst/Assoc/Vice-Principal.....Caitlin Schrup
 Phone.....(515)242-7200
 Email.....caitlin.schrup@dmschools.org

Athletic Administrator.....Jon Johnson
 Phone.....(515)242-7269
 Email.....jonathan.johnson@dmschools.org

Co-AD/Assistant.....Chad Ryan
 Phone.....(515)242-7204
 Email.....chad.ryan@dmschools.org

Athletic Secretary.....Terri Buban
 Phone.....(515)242-7204
 Email.....teressa.buban@dmschools.org

Sports Medicine Provider.....Jake Gibney

Tennis.....Troy Skinner

Girls Tennis.....Jane Bowen

Golf.....Tam Ho

Basketball.....Taylor Phipps

Girls Basketball.....Haywood Boston

Girls Swimming.....Scott Torres

Baseball.....Harry Kramer

Girls Softball.....Jared Power

Wrestling.....John Bingham

Football.....Eric Addy

Girls Volleyball.....Christa Kordik

Track & Field.....Greg Holland

Girls Track & Field.....Phillip Ferguson

Cross Country.....Phillip Ferguson

Girls Cross Country.....Charlene Beattie

Soccer.....Mark Carlson

Girls Soccer.....Lisa Grefe

Bowling.....Mike Lucht

Girls Bowling.....Christa Kordik

Football Cheerleading.....Katrina Cozad

Basketball Cheerleading.....Katrina Cozad

Wrestling Cheerleading.....Katrina Cozad

Speech Director.....Amy Rost

Student Council.....Amy Rost

Band Director.....Bobby Starace

Vocal Director.....Vanessa Brady

Orchestra Director.....Joyce Beyer

DES MOINES, ROOSEVELT

Street Address: 4419 Center St

City: Des Moines
 Zip Code: 50312
 Mailing Address: 4419 Center St
 City: Des Moines
 Zip Code: 50312
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7272
 HS Fax: 242-7350
 AD Fax: 242-8240
 Web Site: <http://desmoinesroosevelths.schoolteams.com/>
 School Colors: Navy Blue & White
 Nickname: Roughriders
 Conference: CIML (Metro)

Superintendent.....Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org

Admin Asst.....Deb Pendleton
 Phone.....(515)242-7766
 Email.....debra.pendleton@dmschools.org

Executive Coordinator.....Troy Owens
 Phone.....(515)242-8377
 Email.....troy.owens@dmschools.org

Principal.....Kevin Biggs
 Phone.....(515)242-7272
 Email.....kevin.biggs@dmschools.org

Asst/Assoc/Vice-Principal.....Mindy Euken
 Phone.....(515)242-7272
 Email.....mindy.euken@dmschools.org

Asst/Assoc/Vice-Principal.....Jeff Hummell
 Phone.....(515)242-7272
 Email.....jeffrey.hummell@dmschools.org

Asst/Assoc/Vice-Principal.....Matt Lakis
 Phone.....(515)242-7272
 Email.....matthew.lakis@dmschools.org

Asst/Assoc/Vice-Principal.....Carrie Romo
 Phone.....(515)242-7272
 Email.....Carrie.romo@dmschools.org

Athletic Administrator.....Tracy Johnson
 Phone.....(515)242-7277
 Email.....tracy.johnson@dmschools.org

Co-AD/Assistant.....Mitch Moore
 Phone.....(515)242-7277
 Email.....mitch.moore@dmschools.org

Co-AD/Assistant.....Brent Wooters
 Phone.....(515)242-7277
 Email.....brent.wooters@dmschools.org

Athletic Secretary.....Crystal Jones
 Phone.....(515)242-7277
 Email.....Crystalyn.Jones@dmschools.org

Sports Medicine Provider.....Emma Nicholson
 (Select Physical Therapy)

Tennis.....Daniel Pitz

Girls Tennis.....Joe Peterson

Golf.....Joel Miles

Girls Golf.....Jay Groth

Basketball.....Adam Daley

Girls Basketball.....Morgan Schoneberg

Swimming.....Ethan Johnston

Girls Swimming.....Ethan Johnston

Baseball.....Chris Miller

Girls Softball.....Erin Mussett

Wrestling.....Daryl Dotson

Football.....Mitch Moore

Girls Volleyball.....Mark Steinbach

Track & Field.....Joe McQuerry

Girls Track & Field.....Kim Carson

Cross Country.....Sara Schwendinger

Girls Cross Country.....Kim Carson

Soccer.....Sean Holmes

Girls Soccer.....Trevor Neary

Bowling.....Barry Thomas

Girls Bowling.....Steve Loew

Football Cheerleading.....Lindsay Cannaday

Basketball Cheerleading.....Lindsay Cannaday

Wrestling Cheerleading.....Lindsay Cannaday

Speech Director.....Michael Davenport

Student Council.....Brent Wooters

Band Director.....Treg Marcellus

Vocal Director.....Rose Dino

Orchestra Director.....Jennifer Luft

DIAGONAL

Street Address: 403 W 2nd St
 City: Diagonal
 Zip Code: 50845
 Mailing Address: 403 W 2nd St
 City: Diagonal
 Zip Code: 50845
 Supt. St Address: 403 W 2nd St
 Supt. City: Diagonal
 Supt. Zip: 50845
 County: Ringgold
 Area Code: 641
 School Phone: 734-5331
 HS Fax: 734-5729
 AD Fax: 734-5729
 Web Site: <http://www.diagonal.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Maroons
 Conference: Bluegrass

Superintendent.....Karleen Stephens
 Phone.....(641)734-5331 x22
 Email.....kstephens@diagonalschools.org

Principal.....Lorna Paxson
 Phone.....(641)734-5331 x23
 Email.....lpaxson@diagonalschools.org

Athletic Administrator.....Matt Warren
 Phone.....(641)734-5331
 Email.....mwarren@diagonalschools.org

Basketball.....Matt Warren

Girls Basketball.....Gina Gunsolley

Girls Softball.....Zach Robinson

Girls Volleyball.....Allison Hajek

Track & Field.....Zach Robinson

Girls Track & Field.....Zach Robinson

Cross Country.....Matt Warren

Girls Cross Country.....Matt Warren

Speech Director.....Pam Hoffman

Student Council.....Lorna Paxson

DIKE-NEW HARTFORD

Street Address: 330 Main St
 City: Dike
 Zip Code: 50624
 Mailing Address: PO Box D
 City: Dike
 Zip Code: 50624
 Supt. St Address: PO Box D
 Supt. City: Dike
 Supt. Zip: 50624
 County: Grundy
 Area Code: 319
 School Phone: 989-2485
 HS Fax: 989-2735
 AD Fax: 989-2735
 Web Site: <http://www.dnhcsd.org>
 School Colors: Royal Blue & White
 Nickname: Wolverines
 Conference: North Iowa Cedar League-East

Superintendent.....Justin Stockdale
 Phone.....(319)989-2552
 Email.....justin.stockdale@dnhcsd.org
 Principal.....Irv Laube
 Phone.....(319)989-2485
 Email.....irvin.laube@dnhcsd.org
 Athletic Administrator.....Cody Eichmeier
 Phone.....(319)989-2485
 Email.....cody.eichmeier@dnhcsd.org
 Co-AD/Assistant.....Barry Cuvelier
 Phone.....(319)983-2207
 Email.....barry.cuvelier@dnhcsd.org
 Athletic Secretary.....Mary Carithers
 Phone.....(319)989-2485
 Email.....mary.carithers@dnhcsd.org
 Sports Medicine Provider.....Kayla Hutton, ATC/L
 (Accelerated Physical Therapy)
 Golf.....Tim Kopriva
 Girls Golf.....Tim Kopriva
 Basketball.....Greg Moore
 Girls Basketball.....Bruce Dall
 Baseball.....Sean Leonard
 Girls Softball.....Rhendi Oelmann
 Wrestling.....Tony Norton
 Football.....Don Betts
 Girls Volleyball.....Diane Harms
 Track & Field.....Will Reingardt
 Girls Track & Field.....Rachael Cheeseman
 Cross Country.....Will Reingardt
 Girls Cross Country.....Will Reingardt
 Girls Soccer.....Kat Bering
 Football Cheerleading.....Kelsey Morales
 Basketball Cheerleading.....Kelsey Morales
 Wrestling Cheerleading.....Abigail McConnell
 Speech Director.....Denae Dieken
 Student Council.....Amy Seitz
 Band Director.....Katie Slack
 Vocal Director.....Cassidy Benschoter

DON BOSCO, GILBERTVILLE

Street Address: 405 16th Ave
 City: Gilbertville
 Zip Code: 50634
 Mailing Address: PO Box 106
 City: Gilbertville
 Zip Code: 50634
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Black Hawk
 Area Code: 319
 School Phone: 296-1692
 HS Fax: 296-1693
 AD Fax: 296-1693
 Web Site: <http://www.boscocatholic.org>
 School Colors: Royal Blue & White
 Nickname: Dons
 Conference: Iowa Star
 Superintendent.....Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Principal.....Casey Redmond
 Phone.....(319)296-1692 x1102
 Email.....credmond@boscocatholic.org
 Athletic Administrator.....Tom Hogan
 Phone.....(319)296-1692 x1106
 Email.....thogan@boscocatholic.org
 Co-AD/Assistant.....Braxton Chicchelly
 Email.....bchicchelly@boscocatholic.org
 Sports Medicine Provider Cedar Valley Medical Specialists
 Golf.....Steve Ferguson
 Girls Golf.....Steve Ferguson

Basketball.....Nate Kellogg
 Baseball.....Joel Schares
 Girls Softball.....Jane Becker
 Wrestling.....Tom Hogan
 Football.....Colby Yoder
 Girls Volleyball.....Jenni Schares
 Track & Field.....Colby Yoder
 Girls Track & Field.....Colby Yoder
 Cross Country.....Shawn Moses
 Girls Cross Country.....Shawn Moses
 Football Cheerleading.....Taylor Youngblut
 Basketball Cheerleading.....Taylor Youngblut
 Wrestling Cheerleading.....Taylor Youngblut
 Speech Director.....Heidi Rottink
 Band Director.....Myron Mikita
 Vocal Director.....Sam Bergan

DOWLING CATHOLIC, WEST DES MOINES

Street Address: 1400 Buffalo Rd
 City: West Des Moines
 Zip Code: 50265
 Mailing Address: 1400 Buffalo Rd
 City: West Des Moines
 Zip Code: 50265
 Supt. St Address: 601 Grand Ave
 Supt. City: Des Moines
 Supt. Zip: 50309
 County: Polk
 Area Code: 515
 School Phone: 225-3000
 HS Fax: 222-1056
 AD Fax: 222-1056
 Web Site: <http://www.dowlingcatholic.org>
 School Colors: Maroon & White
 Nickname: Maroons
 Conference: CIML-Central
 Superintendent.....Donna Butler
 Phone.....(515)243-7653
 Email.....dbutler@dmidiocese.org
 Asst/Assoc Supt.....Dan Ryan
 Phone.....(515)222-1040
 Email.....dryan@dowlingcatholic.org
 Admin Asst.....Rachel Brown
 Phone.....(515)225-3000
 Email.....rbrown@dowlingcatholic.org
 Executive Coordinator.....Kim Bowman
 Phone.....(515)222-1095
 Email.....kbowman@dowlingcatholic.org
 Principal.....Matt Meendering
 Phone.....(515)222-1045
 Email.....mmeendering@dowlingcatholic.org
 Asst/Assoc/Vice-Principal.....Erica Arnold
 Phone.....(515)222-1041
 Email.....earnold@dowlingcatholic.org
 Asst/Assoc/Vice-Principal.....Grant Bousum
 Phone.....(515)222-1024
 Email.....gbousum@dowlingcatholic.org
 Athletic Administrator.....Tom Wilson
 Phone.....(515)222-1010
 Email.....twilson@dowlingcatholic.org
 Co-AD/Assistant.....Mike O'Connor
 Phone.....(515)222-1010
 Email.....moconnor@dowlingcatholic.org
 Athletic Secretary.....Mary Pick
 Phone.....(515)222-1010
 Email.....mpick@dowlingcatholic.org
 Sports Medicine Provider.....Del Lark
 Tennis.....Kirk Trow
 Girls Tennis.....Drew Dunlay
 Golf.....Ron Gray
 Girls Golf.....Ron Gray
 Basketball.....Mike O'Connor

Girls Basketball.....Kristin Meyer
 Swimming.....Nicholas Spike
 Girls Swimming.....Frankie Hanson
 Baseball.....Mark Roering
 Girls Softball.....Claudia Farrell
 Wrestling.....Kevin Stanley
 Football.....Tom Wilson
 Girls Volleyball.....Mary Beth Wiskus
 Track & Field.....Jarred Herring
 Girls Track & Field.....Kelly Parriott
 Cross Country.....Tim Ives
 Girls Cross Country.....Loran Storts
 Soccer.....John Mullins
 Girls Soccer.....J.P. Pearson
 Bowling.....Robert Kunkle
 Girls Bowling.....Robert Kunkle
 Football Cheerleading.....Kendra Marshall
 Basketball Cheerleading.....Kendra Marshall
 Wrestling Cheerleading.....Kendra Marshall
 Speech Director.....Tim Sheaff
 Student Council.....Laura Katch, Meaghan Dowdle,
 Becca Cooling, Kasey
 Band Director.....Steve Holland
 Vocal Director.....Quinn Tipping

DUBUQUE, HEMPSTEAD

Street Address: 3715 Pennsylvania Ave
 City: Dubuque
 Zip Code: 52002
 Mailing Address: 3715 Pennsylvania Ave
 City: Dubuque
 Zip Code: 52002
 Supt. St Address: 2300 Chaney Rd
 Supt. City: Dubuque
 Supt. Zip: 52001
 County: Dubuque
 Area Code: 563
 School Phone: 552-5200
 HS Fax: 552-5231
 AD Fax: 552-5231
 Web Site: <http://www.hempstead.dbqschools.org>
 School Colors: Green & Gold
 Nickname: Mustangs
 Conference: Mississippi Valley-Valley
 Superintendent.....Stan Rheingans
 Phone.....(563)552-3012
 Email.....srheingans@dbqschools.org
 Asst/Assoc Supt.....Mark Burns
 Phone.....(563)552-3117
 Email.....mburns@dbqschools.org
 Admin Asst.....June Stecklein
 Phone.....(563)552-3107
 Email.....jstecklein@dbqschools.org
 Executive Coordinator.....Joe Maloney
 Phone.....(563)552-3019
 Email.....jmaloney@dbqschools.org
 Principal.....Lee Kolker
 Phone.....(563)552-5203
 Email.....lkolker@dbqschools.org
 Asst/Assoc/Vice-Principal.....Eddie Santiago
 Phone.....(563)552-5208
 Email.....esantiago@dbqschools.org
 Asst/Assoc/Vice-Principal.....Jeff Hoerner
 Phone.....(563)552-5208
 Email.....jehoerner@dbqschools.org
 Asst/Assoc/Vice-Principal.....Claudette Bees
 Phone.....(563)552-5208
 Email.....cbees@dbqschools.org
 Asst/Assoc/Vice-Principal.....Karla Schwaegler
 Phone.....(563)552-5208
 Email.....kschwaegler@dbqschools.org

Athletic Administrator..... Brian Kuhle
 Phone.....(563)552-5232
 Email.....bkuhle@dbqschools.org
 Athletic Secretary..... Wanda Wallace
 Phone.....(563)552-5233
 Email.....wwallace@dbqschools.org
 Sports Medicine Provider..... Brian Regan
 Tennis..... Andrew Roos
 Girls Tennis..... Sara Loetscher
 Golf..... Chad Parkin
 Girls Golf..... Karla Weber
 Basketball..... Curt Deutsch
 Girls Basketball..... Casey Smith
 Swimming..... Rick Loeffelholz
 Girls Swimming..... Renee Roos
 Baseball..... Jeff Rapp
 Girls Softball..... Alisha Frese
 Wrestling..... Chuck Haas
 Football..... Mike Hoskins
 Girls Volleyball..... Jacquie Arensdorf
 Track & Field..... Mark Ressler
 Girls Track & Field..... Scott Steepleton
 Cross Country..... Mark Ressler
 Girls Cross Country..... Sharon Klein
 Soccer..... Denis Razic
 Girls Soccer..... Chad Hollmer
 Bowling..... Roger Poling
 Girls Bowling..... Theresa Cheever
 Football Cheerleading..... Mandy Enke
 Basketball Cheerleading..... Mandy Enke
 Wrestling Cheerleading..... Mandy Enke
 Speech Director..... Jesse McDowell
 Student Council..... Andrea Runde
 Band Director..... Greg Dowe
 Vocal Director..... Jill Sieverding
 Orchestra Director..... Kevin Price Brenner

DUBUQUE, SENIOR

Street Address: 1800 Clarke Dr
 City: Dubuque
 Zip Code: 52001
 Mailing Address: 1800 Clarke Dr
 City: Dubuque
 Zip Code: 52001
 Supt. St Address: 2300 Chaney Rd
 Supt. City: Dubuque
 Supt. Zip: 52001
 County: Dubuque
 Area Code: 563
 School Phone: 552-5500
 HS Fax: 552-5721
 AD Fax: 552-5721
 Web Site: <http://www.dbqschools.org>
 School Colors: Scarlet & Columbia Blue
 Nickname: Rams
 Conference: Mississippi Valley
 Superintendent..... Stan Rheingans
 Phone.....(563)552-3012
 Email.....srheingans@dbqschools.org
 Executive Coordinator..... Joe Maloney
 Phone.....(563)552-3019
 Email.....jmaloney@dbqschools.org
 Principal..... Daniel J. Johnson III, Ed.D.
 Phone.....(563)552-5503
 Email.....dajohnson@dbqschools.org
 Asst/Assoc/Vice-Principal..... Eric Butikofer
 Phone.....(563)552-5500
 Email.....ebutikofer@dbqschools.org
 Asst/Assoc/Vice-Principal..... Trica Brokus
 Phone.....(563)552-5504
 Email.....tbrokus@dbqschools.org

Asst/Assoc/Vice-Principal..... Joan Schueller
 Phone.....(563)552-5504
 Email.....jschueller@dbqschools.org
 Asst/Assoc/Vice-Principal..... Chris Oberhoffer
 Phone.....(563)552-5800
 Email.....coberhoffer@dbqschools.org
 Athletic Administrator..... Brent P. Cook, CMAA
 Phone.....(563)552-5522
 Email.....bcook@dbqschools.org
 Co-AD/Assistant..... Joe Maloney
 Phone.....(563)552-3019
 Email.....jmaloney@dbqschools.org
 Athletic Secretary..... Beth Woodward
 Phone.....(563)552-5521
 Email.....bwoodward@dbqschools.org
 Sports Medicine Provider..... Ronda Humpal
 Tennis..... Chris Burns
 Girls Tennis..... Chris Miller
 Golf..... Tim Felderman
 Girls Golf..... Tim Felderman
 Basketball..... Wendell Eimers
 Girls Basketball..... Jared Deutsch
 Swimming..... Jesse Huff
 Girls Swimming..... Jesse Huff
 Baseball..... Andrew Reese
 Girls Softball..... Kevin Steines
 Wrestling..... Joe Connolly
 Football..... Dale Ploessl
 Girls Volleyball..... Chris Miron
 Track & Field..... Gary Wittman
 Girls Track & Field..... Tracy Demerath
 Cross Country..... Gary Wittman
 Girls Cross Country..... Louie Fischer
 Soccer..... James Culotta
 Girls Soccer..... Thomas Corcoran
 Bowling..... Ken Gerken
 Girls Bowling..... Ken Gerken
 Football Cheerleading..... Terri Mayberry
 Basketball Cheerleading..... Terri Mayberry
 Wrestling Cheerleading..... TBD
 Speech Director..... Aaron Dean
 Student Council..... Dain Leytem
 Band Director..... Bill Rowley
 Vocal Director..... Than Cheser
 Orchestra Director..... Andrew Geysens

DUNKERTON

Street Address: 509 S Canfield St
 City: Dunkerton
 Zip Code: 50626
 Mailing Address: 509 S Canfield St
 City: Dunkerton
 Zip Code: 50626
 Supt. St Address: 509 S Canfield St
 Supt. City: Dunkerton
 Supt. Zip: 50626
 County: Black Hawk
 Area Code: 319
 School Phone: 822-4295
 HS Fax: 822-9456
 AD Fax: 822-9456
 Web Site: <http://www.dunkerton.k12.ia.us>
 School Colors: Red & Black
 Nickname: Raiders
 Conference: Iowa Star
 Superintendent..... Jim Stanton
 Phone.....(319)822-4295 x100
 Email.....jstanton@dunkerton.k12.ia.us
 Principal..... Kory Kelchen
 Phone.....(319)822-4295 x104
 Email.....kkelchen@dunkerton.k12.ia.us

Athletic Administrator..... Kory Kelchen
 Phone.....(319)822-4295 x104
 Email.....kkelchen@dunkerton.k12.ia.us
 Co-AD/Assistant..... Britney Opheim
 Phone.....(319)822-4295
 Email.....bopheim@dunkerton.k12.ia.us
 Athletic Secretary..... Britney Opheim
 Phone.....(319)822-4295
 Email.....bopheim@dunkerton.k12.ia.us
 Golf..... Todd Kuntz
 Girls Golf..... Todd Kuntz
 Basketball..... Brian Brungard, Todd Kuntz
 Girls Basketball..... Brad Turpen
 Baseball..... Kyle Rich
 Girls Softball..... McKenna Boesch
 Football..... Jon Steffen
 Girls Volleyball..... Zach Fisher
 Track & Field..... Jonathan Steffen
 Girls Track & Field..... Ross Steinbronn
 Cross Country..... Emilee Miller
 Girls Cross Country..... Emilee Miller
 Football Cheerleading..... Kim Weepie
 Basketball Cheerleading..... Kim Weepie
 Student Council..... Denise Durant
 Band Director..... Samuel Ogilvie
 Vocal Director..... Michael Woodruff

DURANT

Street Address: 408 7th St
 City: Durant
 Zip Code: 52747
 Mailing Address: 408 7th St
 City: Durant
 Zip Code: 52747
 Supt. St Address: 408 7th St
 Supt. City: Durant
 Supt. Zip: 52747
 County: Cedar
 Area Code: 563
 School Phone: 785-4431
 HS Fax: 785-6558
 AD Fax: 785-6558
 Web Site: <http://www.durant.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Wildcats
 Conference: River Valley
 Superintendent..... Joe Burnett
 Phone.....(563)785-4432 x1290
 Email.....joe.burnett@durant.k12.ia.us
 Principal..... Joel Diederichs
 Phone.....(563)785-4431 x1205
 Email.....joel.diederichs@durant.k12.ia.us
 Athletic Administrator..... Matt Straube
 Phone.....(563)785-4431
 Email.....matt.straube@durant.k12.ia.us
 Athletic Secretary..... Holly Nietfeldt
 Phone.....(563)785-4431 x1200
 Email.....holly.nietfeldt@durant.k12.ia.us
 Sports Medicine Provider..... Rock Valley Physical Therapy
 Golf..... Casey Strub
 Girls Golf..... Denise Ahrens
 Basketball..... Matt Straube
 Girls Basketball..... Ross Delong
 Baseball..... Shawn Dierickx
 Girls Softball..... Kevin Kaalberg
 Wrestling..... Casey Strub
 Football..... Joel Diederichs
 Girls Volleyball..... Paul Beadel
 Track & Field..... Dan Knipfel
 Girls Track & Field..... Doug Frett
 Cross Country..... Andrew Hermiston

Girls Cross Country.....Tracy Tappendorf
Bowling..... Dan Sterner
Girls Bowling..... Mick Henderson
Football Cheerleading..... Cheryl Prohaska
Basketball Cheerleading.....Meika Jensen
Wrestling Cheerleading.....Tiffany Martin
Student Council.....Jeff Trask
Band Director.....Kevin Mundt
Vocal Director.....Cinnamon Kleeman

EAGLE GROVE

Street Address: 415 NW 2nd St
City: Eagle Grove
Zip Code: 50533
Mailing Address: 415 NW 2nd St
City: Eagle Grove
Zip Code: 50533
Supt. St Address: 325 N Commercial
Supt. City: Eagle Grove
Supt. Zip: 50533
County: Wright
Area Code: 515
School Phone: 448-5143
HS Fax: 448-3583
AD Fax: 448-3583
Web Site: <http://www.eagle-grove.k12.ia.us>
School Colors: Purple and Gold
Nickname: Eagles
Conference: Top of Iowa
Superintendent.....Jess Toliver
Phone.....(515)448-4749 x2502
Email.....jtoliver@eagle-grove.k12.ia.us
Admin Asst.....Nicole Verbrugge
Phone.....(515)448-4749 x2500
Email.....nverbrugge@eagle-grove.k12.ia.us
Principal.....Heidi Vasquez
Phone.....(515)448-5143 x1174
Email.....hvasquez@eagle-grove.k12.ia.us
Athletic Administrator.....Richard Thacker
Phone.....(515)448-5143 x1171
Email.....rthacker@eagle-grove.k12.ia.us
Co-AD/Assistant.....Amanda Johnston
Phone.....(515)448-4767
Email.....ajohnston@eagle-grove.k12.ia.us
Athletic Secretary.....Heather Darland
Phone.....(515)448-5143 x1172
Email.....hdarland@eagle-grove.k12.ia.us
Golf.....Cory Rutherford
Girls Golf.....Richard Thacker
Basketball.....Ryan Pedersen
Girls Basketball.....Mike Herrington
Baseball.....Jordan Miller
Girls Softball.....Jim McLaughlin
Wrestling.....Jake Groth
Football.....Paul Hansch
Girls Volleyball.....Alyssa Dooley
Track & Field.....Ben Demuth
Girls Track & Field.....Andy Ettinger
Cross Country.....Ben Demuth
Girls Cross Country.....Mike Herrington
Football Cheerleading.....Jill Link
Basketball Cheerleading.....Jill Link
Wrestling Cheerleading.....Jill Link
Speech Director.....Lori Olmstead
Student Council.....Lindsay Hauglund
Band Director.....Justin Schwake
Vocal Director.....Sandy Muzzey

EARLHAM

Street Address: 535 N Chestnut Ave
City: Earlham
Zip Code: 50072

Mailing Address: PO Box 430
City: Earlham
Zip Code: 50072
Supt. St Address: PO Box 430
Supt. City: Earlham
Supt. Zip: 50072
County: Madison
Area Code: 515
School Phone: 758-2214
HS Fax: 758-2215
AD Fax: 758-2215
Web Site: <http://home.ecsdcards.com>
School Colors: Royal Blue, Red, White
Nickname: Cardinals
Conference: West Central
Superintendent.....Michael Wright
Phone.....(515)758-2235 x150
Email.....mwright@ecsdcards.com
Principal.....Jen Knight
Phone.....(515)758-2214
Email.....jknight@ecsdcards.com
Athletic Administrator.....Chris Caskey
Phone.....(515)758-2214 x440
Email.....ccaskey@ecsdcards.com
Golf.....Mike Rogers
Girls Golf.....Mike Rogers
Basketball.....Kevin Williamson
Girls Basketball.....Dion Braet
Baseball.....Denton Hopkins
Girls Softball.....Chris Caskey
Football.....Chris Caskey
Girls Volleyball.....Mindy Harskamp
Track & Field.....Chris Caskey
Girls Track & Field.....Jon Peterson
Cross Country.....Dion Braet, Marty Dalton
Girls Cross Country.....Dion Braet, Marty Dalton
Football Cheerleading.....Maria Ladwig
Basketball Cheerleading.....Maria Ladwig
Speech Director.....Ashley Maiers
Student Council.....Ashley Maiers
Band Director.....Kelly Weber
Vocal Director.....Ashley Maiers

EAST BUCHANAN, WINTHROP

Street Address: 414 5th St N
City: Winthrop
Zip Code: 50682
Mailing Address: 414 5th St N
City: Winthrop
Zip Code: 50682
Supt. St Address: 414 5th St N
Supt. City: Winthrop
Supt. Zip: 50682
County: Buchanan
Area Code: 319
School Phone: 935-3367
HS Fax: 935-3615
AD Fax: 935-3615
Web Site: <http://www.east-buc.k12.ia.us>
School Colors: Columbia Blue & Scarlet Red
Nickname: Buccaneers
Conference: Tri Rivers
Superintendent.....Daniel Fox
Phone.....(319)935-3767
Email.....dfox@east-buc.k12.ia.us
Principal.....Eric Dockstader
Phone.....(319)935-3367
Email.....edockstader@east-buc.k12.ia.us
Athletic Administrator.....Pat Schloss
Phone.....(319)935-3367
Email.....pschloss@east-buc.k12.ia.us
Sports Medicine Provider.....John Eikenberry

Golf.....Scott Zhiss
Girls Golf.....Nathan Reck
Basketball.....Chad Lamker
Girls Basketball.....Nathan Reck
Baseball.....Jake Van Scoyoc
Girls Softball.....Marcy Fox
Wrestling.....Brent Lenox
Football.....Jerry Alden
Girls Volleyball.....Kayla Gallup
Track & Field.....Lee White, Adam Riniker
Girls Track & Field.....Pat Schloss
Cross Country.....Pat Schloss
Girls Cross Country.....Pat Schloss
Football Cheerleading.....Abby Biggs
Basketball Cheerleading.....Nicole Reck
Wrestling Cheerleading.....Abby Biggs
Speech Director.....Lisa Goedken
Student Council.....Lee White
Band Director.....Ron Landis
Vocal Director.....Kelsi Giese

EAST MARSHALL, LEGRAND

Street Address: 201 N Franklin
City: Le Grand
Zip Code: 50142
Mailing Address: PO Box A
City: Le Grand
Zip Code: 50142
Supt. St Address: PO Box 159, 204 W Center St
Supt. City: Gilman
Supt. Zip: 50106
County: Marshall
Area Code: 641
School Phone: 479-2785
HS Fax: 479-2601
AD Fax: 479-2601
Web Site: <http://www.e-marshall.k12.ia.us>
School Colors: Purple & Gold
Nickname: Mustangs
Conference: North Iowa Cedar-West
Superintendent.....Anthony Ryan
Phone.....(641)498-7481
Email.....tryan@e-marshall.k12.ia.us
Principal.....Matt Rasmusson
Phone.....(641)479-2785
Email.....mattrasmusson@e-marshall.k12.ia.us
Athletic Administrator.....Scott Wheeler
Phone.....(641)479-2785
Email.....swheater@e-marshall.k12.ia.us
Athletic Secretary.....Chelsea Miller
Phone.....(641)479-2785
Email.....cmiller@e-marshall.k12.ia.us
Sports Medicine Provider.....Scott Carnahan, PT
(Sports Plus Physical Therapy)
Golf.....Dennis Allen, Jordan Augspurger
Girls Golf.....Dennis Allen, Jordan Augspurger
Basketball.....Adam Bauder
Girls Basketball.....Greg Lee
Baseball.....Justin Frost
Girls Softball.....Jary Hoskey
Wrestling.....Todd Hinegardner
Football.....Matt Bandstra
Girls Volleyball.....Terri Westendorf
Track & Field.....Ryan Hull
Girls Track & Field.....Trent Taylor
Cross Country.....Trent Taylor
Girls Cross Country.....Trent Taylor
Football Cheerleading.....Angie Damman
Basketball Cheerleading.....Angie Damman
Wrestling Cheerleading.....Lanise Burchland
Speech Director.....Jodi Ash
Student Council.....Priscilla Gammon

Band Director Felicia Bible
Vocal Director Jarrett DeFields

EAST MILLS

Street Address: 58962 380th St
City: Hastings
Zip Code: 51540
Mailing Address: 58962 380th St
City: Hastings
Zip Code: 51540
Supt. St Address: 58962 380th St
Supt. City: Hastings
Supt. Zip: 51540
County: Mills
Area Code: 712
School Phone: 624-8645
HS Fax: 624-8124
AD Fax: 624-8124
Web Site: <http://www.emschools.org>

School Colors: Green, Black & Silver

Nickname: Wolverines

Conference: Corner

Superintendent Tim Hood
Phone (712)624-8700
Email thood@emschools.org
Principal Dale Scott
Phone (712)624-8645
Email dscott@emschools.org
Athletic Administrator Matt Thornburg
Phone (712)624-8645
Email mthornburg@emschools.org
Athletic Secretary Jen Shaw
Phone (712)624-8645
Email jshaw@emschools.org
Sports Medicine Provider Jake Stryker
(Allegiant Health)

Golf Joe Wortman
Girls Golf Joe Wortman
Basketball Kevin Schafer
Girls Basketball Blair Holman
Baseball Lee Christians
Girls Softball Blair Holman
Wrestling Claude Lang
Football Kevin Schafer, Claude Lang
Girls Volleyball Connie Blank
Track & Field Claude Lang
Girls Track & Field Kevin Schafer
Cross Country Joe Wortman
Girls Cross Country Joe Wortman
Football Cheerleading Renee Lynn
Basketball Cheerleading Renee Lynn
Wrestling Cheerleading Renee Lynn
Speech Director Jenny Marburger
Student Council Renee Lynn
Band Director Murray Moening
Vocal Director Sarah Hotchkiss

EAST SAC COUNTY

Street Address: 801 Jackson
City: Lake View
Zip Code: 51450
Mailing Address: PO Box 110
City: Lake View
Zip Code: 51450
Supt. St Address: PO Box 110
Supt. City: Lake View
Supt. Zip: 51450
County: Sac
Area Code: 712
School Phone: 665-5001
HS Fax: 665-5022
AD Fax: 665-5022

Web Site: <http://www.eastsac.k12.ia.us>

School Colors: Red, Black, and White

Nickname: Raiders

Conference: Twin Lakes Super Conf.

Superintendent Jeff Kruse
Phone (712)665-5000
Email jkruse@scc.k12.ia.us
Principal Kevin Litterer
Phone (712)665-5001
Email klitterer@eastsac.k12.ia.us
Athletic Administrator Larry Tellinghuisen
Phone (712)665-5002
Email ltellinghuisen@eastsac.k12.ia.us
Athletic Secretary Julie Drost
Phone (712)665-5002
Email jdrost@eastsac.k12.ia.us
Sports Medicine Provider Mike Spetman, LAT
(Northwest Iowa Bone, Joint & Sports Surgens)

Golf Mike Vauble
Girls Golf Greg Villegas
Basketball Todd Bontrager
Girls Basketball TBD
Baseball Jason Phillips
Girls Softball Steve Nuetzman
Wrestling John Smith, Sam Ellis, Chaps Wilcke
Football Eric McCollough
Girls Volleyball Brenda Olerich
Track & Field Jeff Niehaus
Girls Track & Field Mitch Hinrichs
Cross Country Melanie Hundling
Girls Cross Country Melanie Hundling
Soccer Sam Ellis, Bob Babe
Girls Soccer Sam Ellis, Bob Babe
Football Cheerleading Mindy Steinkamp
Basketball Cheerleading Mindy Steinkamp
Wrestling Cheerleading Brianna Fowler
Speech Director Maggie Hannasch
Student Council Melissa Frye
Band Director Kelsey Struck
Vocal Director Megan Wise

EAST UNION, AFTON

Street Address: 1916 High School Dr.
City: Afton
Zip Code: 50830
Mailing Address: 1916 High School Dr
City: Afton
Zip Code: 50830
Supt. St Address: 1916 High School Dr
Supt. City: Afton
Supt. Zip: 50830
County: Union
Area Code: 641
School Phone: 347-8421
HS Fax: 347-5514
AD Fax: 347-5514
Web Site: <http://www.east-union.k12.ia.us>
School Colors: Columbia Blue, Navy & White
Nickname: Eagles
Conference: Pride of Iowa

Superintendent Ken Kasper
Phone (641)347-5215 x5701
Email kkasper@eastunionschools.org
Admin Asst. Dawn Arnold
Phone (641)347-5215 x5700
Email darnold@eastunionschools.org
Principal Ken Kasper
Phone (641)347-8421 x5720
Email kkasper@eastunionschools.org
Athletic Administrator Jason Riley
Phone (641)347-5725
Email jriley@eastunionschools.org

Co-AD/Assistant Dawn Arnold
Phone (641)347-5700
Email darnold@eastunionschools.org
Athletic Secretary Dawn Arnold
Phone (641)347-5700
Email darnold@eastunionschools.org
Sports Medicine Provider Matt Long, LAT
(Greater Regional Medical)

Golf Dave Campbell
Girls Golf Dave Campbell
Basketball Jared Carter
Girls Basketball Mike Cooley
Baseball Nate McCollough
Girls Softball Todd Verwers
Wrestling Adam Tallmon
Football Thomas Dwight
Girls Volleyball Gail Thatcher
Track & Field James Hardy
Girls Track & Field Rich Bryson
Cross Country Richard Bryson
Girls Cross Country Richard Bryson
Football Cheerleading Clarissa McCollough
Basketball Cheerleading TBD
Speech Director Clarissa McCollough
Student Council James Hardy
Band Director Wes Clark
Vocal Director Wes Clark

EASTON VALLEY

Street Address: 321 W School St
City: Preston
Zip Code: 52069
Mailing Address: 321 W School St
City: Preston
Zip Code: 52069
Supt. St Address: 321 W School St
Supt. City: Preston
Supt. Zip: 52069
County: Jackson
Area Code: 563
School Phone: 689-4221
HS Fax: 689-4222
AD Fax: 689-4222

Web Site: <http://www.eastonvalleycsd.com>

School Colors: Orange and Grey

Nickname: River Hawks

Conference: Tri Rivers

Superintendent Chris Fee
Phone (563)689-5822 x2113
Email chris.fee@eastonvalleycsd.com
Principal Tony Johnson
Phone (563)689-4221 x5001
Email tony.johnson@eastonvalleycsd.com
Athletic Administrator Erick Broome
Phone (563)689-4221
Email erick.broome@eastonvalleycsd.com
Athletic Secretary Marsha Skoff
Phone (563)689-4221 x5000
Email marsha.skoff@eastonvalleycsd.com
Golf Derek Erwin
Girls Golf Derek Erwin
Basketball Dan Beck
Baseball Derek Erwin
Girls Softball Taylor Bell
Football Tony Johnson
Girls Volleyball Denise Larson
Track & Field Craig Reuter
Girls Track & Field Mike Kelly
Cross Country Mike Kelly
Girls Cross Country Mike Kelly
Football Cheerleading Monica Bormann
Basketball Cheerleading Monica Bormann

Speech DirectorStephania Sauer
 Student CouncilDenise Larson
 Band DirectorJohn Gonzalez
 Vocal DirectorJohn Gonzalez

EDDYVILLE-BLAKESBURG-FREMONT

Street Address: 1301 Berdan St
 City: Eddyville
 Zip Code: 52553
 Mailing Address: 1301 Berdan St
 City: Eddyville
 Zip Code: 52553
 Supt. St Address: 1301 Berdan St
 Supt. City: Eddyville
 Supt. Zip: 52553
 County: Wapello
 Area Code: 641
 School Phone: 969-4288
 HS Fax: 969-4574
 AD Fax: 969-4574
 Web Site: <http://www.rocketsk12.org>
 School Colors: Black & Gold
 Nickname: Rockets
 Conference: South Central
 SuperintendentDr. Dean Cook
 Phone(641)969-4226 x2104
 Emaildean.cook@rocketsk12.org
 PrincipalSteve Noble
 Phone(641)969-4288 x2303
 Emailsteve.noble@rocketsk12.org
 Athletic AdministratorCurt Johnston
 Phone(641)969-4288 x2302
 Emailcurt.johnston@rocketsk12.org
 Athletic SecretaryJennifer Helm
 Phone(641)969-4288
 Emailjennifer.helm@rocketsk12.org
 Sports Medicine ProviderJohn Voyles, PT
 (Southeast Iowa Physical Therapy)

BasketballTravis Stout
 Girls BasketballTony Fenton
 BaseballTom Hallgren
 Girls SoftballTony Fenton
 WrestlingBrett Little
 FootballBrian Koehler
 Girls VolleyballGladys Genskow
 Track & FieldMichael Pilcher
 Girls Track & FieldGladys Genskow
 Cross CountryAlexis Kauzlarich
 Girls Cross CountryAlexis Kauzlarich
 Football CheerleadingHeather Scharff
 Basketball CheerleadingLisa Strausser
 Wrestling CheerleadingHeather Scharff
 Speech DirectorJohn Thompson
 Student CouncilKristen Birchard
 Band DirectorJoe Overton
 Vocal DirectorChristopher Ellerston

EDGEWOOD-COLESBURG

Street Address: 403 W Union St
 City: Edgewood
 Zip Code: 52042
 Mailing Address: PO Box 316
 City: Edgewood
 Zip Code: 52042
 Supt. St Address: PO Box 316
 Supt. City: Edgewood
 Supt. Zip: 52042
 County: Clayton
 Area Code: 563
 School Phone: 928-6412
 HS Fax: 928-6414
 AD Fax: 928-6413

Web Site: <http://www.edge-cole.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Vikings
 Conference: Tri-Rivers
 SuperintendentRob Busch
 Phone(563)928-6411 x301
 Emailrbusch@edge-cole.k12.ia.us
 PrincipalDawn Voss
 Phone(563)928-6412 x304
 Emaildvoss@edge-cole.k12.ia.us
 Athletic AdministratorRoger Wright
 Phone(563)928-6412 x327
 Emailrwright@edge-cole.k12.ia.us
 GolfTBD
 Girls GolfAlex Hanna
 BasketballJustin Olind
 Girls BasketballJenny Lange
 BaseballAaron Hamann
 Girls SoftballTracy Schrader
 WrestlingAlex Hanna
 FootballJames Rochford
 Girls VolleyballEileen Bergan
 Track & FieldMike Lutgen
 Girls Track & FieldMakenna Slight
 Cross CountryMike Lutgen
 Girls Cross CountryMike Lutgen
 Football CheerleadingTBD
 Wrestling CheerleadingTBD
 Speech Director(s)Kari Kintzle, Holly Wille
 Student CouncilKevin Kleis
 Band DirectorChristina Harbaugh
 Vocal DirectorCarston Calderwood

EMMETSBURG

Street Address: 205 King St
 City: Emmetsburg
 Zip Code: 50536
 Mailing Address: 205 King St
 City: Emmetsburg
 Zip Code: 50536
 Supt. St Address: 205 King St
 Supt. City: Emmetsburg
 Supt. Zip: 50536
 County: Palo Alto
 Area Code: 712
 School Phone: 852-2966
 HS Fax: 852-3317
 AD Fax: 852-3317
 Web Site: <http://www.e-hawks.org>
 School Colors: Black & Gold
 Nickname: E-Hawks
 Conference: Twin Lakes
 SuperintendentDarren Hanna
 Phone(712)852-3201
 Emaildhanna@e-hawks.org
 PrincipalMike Embrock
 Phone(712)852-2966 x200
 Emailmembrock@e-hawks.org
 Athletic AdministratorMike Dunlap
 Phone(712)852-2296
 Emailmdunlap@e-hawks.org
 Athletic SecretaryRhonda McCartan
 Phone(712)852-3201
 Emailrmccartan@e-hawks.org
 GolfTyler Bjuström
 Girls GolfTed Riley
 BasketballBill Geelan
 Girls BasketballAnna Fiene
 BaseballBrett Hansen
 Girls SoftballTravis Birkey
 WrestlingTyler Bjuström
 FootballMike Dunlap

Girls VolleyballMissy Birkey
 Track & FieldTyler Beving
 Girls Track & FieldBen Thomsen
 Cross CountryKatie Heddinger
 Girls Cross CountryKatie Heddinger
 Football CheerleadingApril Moffitt
 Basketball CheerleadingApril Moffitt
 Wrestling CheerleadingApril Moffitt
 Speech DirectorAmy Thompson
 Student CouncilKelly Josephson
 Band DirectorMary O'Connell
 Vocal DirectorTrent Teske

ENGLISH VALLEYS, NORTH ENGLISH

Street Address: 765 W Broad St
 City: North English
 Zip Code: 52316
 Mailing Address: PO Box 490
 City: North English
 Zip Code: 52316
 Supt. St Address: PO Box 490
 Supt. City: North English
 Supt. Zip: 52316
 County: Iowa
 Area Code: 319
 School Phone: 664-3632
 HS Fax: 664-3670
 AD Fax: 664-3670
 Web Site: <http://www.evbears.com>
 School Colors: Navy & Gold
 Nickname: Bears
 Conference: South Iowa Cedar
 SuperintendentMark Olmstead
 Phone(319)664-3634
 Emailmolmstead@english-valleys.k12.ia.us
 PrincipalHeather Lightfoot
 Phone(319)664-3632
 Emailhlightfoot@english-valleys.k12.ia.us
 Athletic AdministratorAlan Ling
 Phone(319)664-3632
 Emailaling@english-valleys.k12.ia.us
 Sports Medicine ProviderAshley Dickey, LAT
 (Compass Memorial Healthcare)

GolfJeff Kingland
 Girls GolfJeff Kingland
 BasketballCaleb Lewis
 Girls BasketballBecky Becker
 BaseballJeremy Thomas
 Girls SoftballSteve Hester
 WrestlingSteve Hester
 FootballMike Gerard
 Girls VolleyballBecky Becker
 Track & FieldBecky Becker
 Girls Track & FieldBecky Becker
 Cross CountryLuke Caster
 Girls Cross CountryLuke Caster
 Football CheerleadingMiranda Simpson
 Basketball CheerleadingMiranda Simpson
 Wrestling CheerleadingMiranda Simpson
 Speech DirectorCarrie Burdick
 Student CouncilChuck Nachtman, Pam Nachtman
 Band DirectorNile Dusdiecker
 Vocal DirectorLauren Parrish

EPWORTH, WESTERN DUBUQUE

Street Address: 302 5th Ave SW
 City: Epworth
 Zip Code: 52045
 Mailing Address: P.O. Box 379
 City: Epworth
 Zip Code: 52045
 Supt. St Address: PO Box 68

Supt. City: Farley
 Supt. Zip: 52046
 County: Dubuque
 Area Code: 563
 School Phone: 876-3442
 HS Fax: 876-5512
 AD Fax: 876-9109
 Web Site: http://www.wdbqschools.org/westerndubu-quehighschoolatepworth_home.aspx
 School Colors: Red, Black, White
 Nickname: Bobcats
 Conference: Mississippi Valley- Mississippi
 Superintendent.....Rick Colpitts
 Phone.....(563)744-3512 x6004
 Email.....rick.colpitts@wdbqschools.org
 Principal.....Jake Feldmann
 Phone.....(563)876-3442 x3003
 Email.....jacob.feldmann@wdbqschools.org
 Asst/Assoc/Vice-Principal.....Rich Hatcher
 Phone.....(563)876-3442 x3004
 Email.....rich.hatcher@wdbqschools.org
 Athletic Administrator.....Tyler Lown
 Phone.....(563)876-3442 x3009
 Email.....tyler.lown@wdbqschools.org
 Athletic Secretary.....Ellen Steffen
 Phone.....(563)876-3442 x3008
 Email.....ellen.steffen@wdbqschools.org
 Sports Medicine Provider.....Susan Theisen
 Tennis.....Karl Stubben
 Girls Tennis.....Sam Nieman
 Golf.....Ben Wilson
 Girls Golf.....Amy Haldeman
 Basketball.....Wayne Cusick
 Girls Basketball.....Amy Ostwinkle
 Baseball.....Casey Bryant
 Girls Softball.....Rachael Neal
 Wrestling.....Paul Cleary
 Football.....Justin Penner
 Girls Volleyball.....Megan Scherrman
 Track & Field.....Tom Jasper
 Girls Track & Field.....Josie Limmex
 Cross Country.....Mark Digmann
 Girls Cross Country.....Mark Digmann
 Soccer.....Cliff Conrad
 Girls Soccer.....Cece Zangara
 Girls Bowling.....Kay Heiberger
 Football Cheerleading.....Cindy McAndrew
 Speech Director.....Tracey Broadbent
 Student Council.....Libby Gansen
 Band Director.....Michael Omarzu
 Vocal Director(s).....Cris Tipple, Judy Waterman

ESSEX

Street Address: 111 Forbes St
 City: Essex
 Zip Code: 51638
 Mailing Address: 111 Forbes St
 City: Essex
 Zip Code: 51638
 Supt. St Address: 111 Forbes St
 Supt. City: Essex
 Supt. Zip: 51638
 County: Page
 Area Code: 712
 School Phone: 379-3114
 HS Fax: 379-3200
 AD Fax: 379-3200
 Web Site: <https://www.essex.k12.ia.us/>
 School Colors: Red & Black
 Nickname: Trojans & Trojanettes
 Conference: Corner

Superintendent.....Mike Wells
 Phone.....(712)379-3117
 Email.....wellsm@essex.k12.ia.us
 Principal.....Robert Brecht
 Phone.....(712)379-3114
 Email.....brechtr@essex.k12.ia.us
 Athletic Administrator.....Rob Erickson
 Phone.....(712)379-3114
 Email.....ericksonr@essex.k12.ia.us
 Co-AD/Assistant.....Mike Almquist
 Phone.....(712)379-3114
 Email.....almquistm@essex.k12.ia.us
 Athletic Secretary.....Kay Petersen
 Phone.....(712)379-3114
 Email.....petersenkay@essex.k12.ia.us
 Sports Medicine Provider.....TBD
 Golf.....TBD
 Girls Golf.....TBD
 Basketball.....TBD
 Girls Basketball.....Rob Erickson
 Baseball.....TBD
 Girls Softball.....TBD
 Football.....Chase Heinold
 Girls Volleyball.....Allen Stuart
 Track & Field.....TBD
 Girls Track & Field.....TBD
 Cross Country.....Jasmine Glasgo
 Girls Cross Country.....Jasmine Glasgo
 Football Cheerleading.....Mary Ohnmacht
 Basketball Cheerleading.....Mary Ohnmacht
 Speech Director.....Marty Mason
 Student Council.....Kathleen Johnson, Tammy Johnson
 Band Director.....Rachel Cabeen
 Vocal Director.....Rachel Cabeen

ESTHERVILLE LINCOLN CENTRAL

Street Address: 1520 Central Ave
 City: Estherville
 Zip Code: 51334
 Mailing Address: 1520 Central Ave
 City: Estherville
 Zip Code: 51334
 Supt. St Address: 1814 7th Ave S Ste 1
 Supt. City: Estherville
 Supt. Zip: 51334-2791
 County: Emmet
 Area Code: 712
 School Phone: 362-2659
 HS Fax: 362-3544
 AD Fax: 362-3544
 Web Site: <http://www.estherville.k12.ia.us>
 School Colors: Red, White, Black
 Nickname: Midgets
 Conference: Lakes
 Superintendent.....Tara Paul
 Phone.....(712)362-2692
 Email.....tara.paul@elc-csd.org
 Admin Asst.....Jolene Lutz
 Phone.....(712)362-7753
 Email.....jo.lutz@elc-csd.org
 Principal.....Brad Leonard
 Phone.....(712)362-2659
 Email.....brad.leonard@elc-csd.org
 Asst/Assoc/Vice-Principal.....Frank Christenson
 Phone.....(712)362-8451
 Email.....frank.christenson@elc-csd.org
 Asst/Assoc/Vice-Principal.....Connie Humble
 Phone.....(712)362-2181
 Email.....connie.humble@elc-csd.org
 Athletic Administrator.....Shane Kalous
 Phone.....(712)362-7753
 Email.....shane.kalous@elc-csd.org

Athletic Secretary.....Jolene Lutz
 Phone.....(712)362-7753 x6272
 Email.....jo.lutz@elc-csd.org
 Sports Medicine Provider.....Kim Venteicher, MS ATC (Avera)
 Tennis.....Kyle Grems
 Girls Tennis.....Larry Kirchner
 Golf.....Dave VanRoekel
 Girls Golf.....Kevin Richardson
 Basketball.....Nick Gruhlke
 Girls Basketball.....Don Martindale
 Girls Swimming.....Jim Fisher
 Baseball.....Lee Evans
 Girls Softball.....Megan Anderson
 Wrestling.....Gable Bonner
 Football.....Ryan Rezac
 Girls Volleyball.....Jean Jensen
 Track & Field.....Jesse Nitchals
 Girls Track & Field.....David Nitchals
 Cross Country.....Kyle Steffen
 Girls Cross Country.....Kyle Steffen
 Football Cheerleading.....Sonja Christensen
 Basketball Cheerleading.....Renea Stevens
 Wrestling Cheerleading.....Sonja Christensen
 Speech Director.....Jean Herrick
 Student Council.....Kyle Steffen
 Band Director.....Laura Giebler
 Vocal Director.....Steven Bradburn

EXIRA/ELK HORN-KIMBALLTON

Street Address: 4114 Madison Ave
 City: Elk Horn
 Zip Code: 51531
 Mailing Address: PO Box 388A
 City: Elk Horn
 Zip Code: 51531
 Supt. St Address: PO Box 388A
 Supt. City: Elk Horn
 Supt. Zip: 51531
 County: Shelby
 Area Code: 712
 School Phone: 764-4606
 HS Fax: 764-4626
 AD Fax: 764-4626
 Web Site: <http://www.exira-ehk.k12.ia.us>
 School Colors: Maroon, Black and White
 Nickname: Spartans
 Conference: Rolling Valley
 Superintendent.....Trevor Miller
 Phone.....(712)764-4616
 Email.....tmiller@exira-ehk.k12.ia.us
 Principal.....Mary Beth-Harris
 Phone.....(712)764-4616
 Email.....mblethharris@exira-ehk.k12.ia.us
 Athletic Administrator.....Tom Petersen
 Phone.....(712)764-4121
 Email.....tompetersen@exira-ehk.k12.ia.us
 Sports Medicine Provider.....Riann Hansen, Dr. Marquardt
 Golf.....Tony Petersen
 Girls Golf.....Tom Petersen
 Basketball.....Doug Newton
 Girls Basketball.....Tom Petersen
 Baseball.....TBD
 Girls Softball.....Ashton Koehlmoos
 Wrestling.....Rick Andersen
 Football.....Tom Petersen
 Girls Volleyball.....Courtney Peppers
 Track & Field.....Tony Santisteban
 Girls Track & Field.....Payton Wilkenfeld
 Cross Country.....Terry Weisenborn
 Girls Cross Country.....Terry Weisenborn
 Football Cheerleading.....Kaylee Santisteban
 Basketball Cheerleading.....Kaylee Santisteban

Wrestling Cheerleading.....Kaylee Santisteban
 Speech Director.....Jill Johnston
 Student Council.....Cindy Boysen
 Band Director.....Rick Nielsen
 Vocal Director.....Cody Parmley

FAIRFIELD

Street Address: 605 E Broadway Ave
 City: Fairfield
 Zip Code: 52556
 Mailing Address: 605 E Broadway Ave
 City: Fairfield
 Zip Code: 52556
 Supt. St Address: 403 S 20th
 Supt. City: Fairfield
 Supt. Zip: 52556
 County: Jefferson
 Area Code: 641
 School Phone: 472-2059
 HS Fax: 472-0269
 AD Fax: 472-0238
 Web Site: <http://www.fairfieldsfuture.org>
 School Colors: Orange & Black
 Nickname: Trojans
 Conference: Southeast
 Superintendent.....Laurie Noll
 Phone.....(641)472-2655
 Email.....laurie.noll@fairfieldsfuture.org
 Principal.....Brian Stone
 Phone.....(641)472-2059
 Email.....brian.stone@fairfieldsfuture.org
 Asst/Assoc/Vice-Principal.....Stephanie Mishler
 Phone.....(641)472-2059
 Email.....stephanie.mishler@fairfieldsfuture.org
 Athletic Administrator.....Jeff Courtright
 Phone.....(641)472-5253
 Email.....Jeff.Courtright@fairfieldsfuture.org
 Athletic Secretary.....Pam Mitchell
 Phone.....(641)472-5253
 Email.....pam.mitchell@fairfieldsfuture.org
 Sports Medicine Provider.....Eric Held, Adam Conilogue, PT
 (Jefferson Co. Health Center, Universal Therapy)
 Girls Tennis.....Heidi Grunwald
 Golf.....Mick Flattery
 Girls Golf.....Joe Kruzich
 Basketball.....Mick Flattery
 Girls Basketball.....Jeff Miller
 Girls Swimming.....Brittany Winslow
 Baseball.....Josh Allison
 Girls Softball.....Bob Bradfield
 Wrestling.....Steve Miller
 Football.....Nate Weaton
 Girls Volleyball.....Diana Drish
 Track & Field.....Brian Dunlap
 Girls Track & Field.....Jerrold Belzer
 Cross Country.....Jerrold Belzer
 Girls Cross Country.....Jerrold Belzer
 Soccer.....Felisto Guezimane
 Girls Soccer.....Brittany Winslow
 Bowling.....Lisa Greenig
 Girls Bowling.....Lisa Greenig
 Football Cheerleading.....Heidi Bowman
 Basketball Cheerleading.....Heidi Bowman
 Speech Director.....Fred Huckle
 Student Council.....Heidi Grunwald, Lisa Myers
 Band Director.....Jim Edgeton
 Vocal Director.....Zachary Reiter
 Orchestra Director.....Jim Edgeton

FOREST CITY

Street Address: 206 W School St
 City: Forest City

Zip Code: 50436
 Mailing Address: 206 W School St
 City: Forest City
 Zip Code: 50436
 Supt. St Address: PO Box 270, 145 S Clark St
 Supt. City: Forest City
 Supt. Zip: 50436
 County: Winnebago
 Area Code: 641
 School Phone: 585-2324
 HS Fax: 585-3034
 AD Fax: 585-3034
 Web Site: <http://www.forestcity.k12.ia.us>
 School Colors: Red & White
 Nickname: Indians
 Conference: Top of Iowa
 Superintendent.....Darwin Lehmann
 Phone.....(641)585-2323 x2203
 Email.....dlehmann@forestcity.k12.ia.us
 Principal.....Ken D. Baker
 Phone.....(641)585-2324 x3203
 Email.....kbaker@forestcity.k12.ia.us
 Asst/Assoc/Vice-Principal.....Chad Moore
 Phone.....(641)585-2324
 Email.....cmoore@forestcity.k12.ia.us
 Asst/Assoc/Vice-Principal.....Jeff Jerome
 Phone.....(641)585-2324
 Email.....jjerome@forestcity.k12.ia.us
 Asst/Assoc/Vice-Principal.....Zach Dillavou
 Phone.....(641)585-2324
 Email.....zdillavou@forestcity.k12.ia.us
 Athletic Administrator.....Chad Moore
 Phone.....(641)585-2324 x3204
 Email.....cmoore@forestcity.k12.ia.us
 Co-AD/Assistant.....Jeff Jerome
 Email.....jjerome@forestcity.k12.ia.us
 Athletic Secretary.....Angel Clarey
 Phone.....(641)585-2324 x3201
 Email.....aclarey@forestcity.k12.ia.us
 Sports Medicine Provider.....Emily Putney, PT
 (Athletico Physical Therapy)
 Golf.....Matt Harriman
 Girls Golf.....Matt Harriman
 Basketball.....Dan Rosacker
 Girls Basketball.....Matt Erpelding
 Baseball.....Jeff Jerome
 Girls Softball.....Justin Uhlenhopp
 Wrestling.....Steve Staudt
 Football.....Chad Moore
 Girls Volleyball.....Lacy Jerome
 Track & Field.....Brian Hovenga
 Girls Track & Field.....Jason Sopko
 Cross Country.....Kamille Goepel
 Girls Cross Country.....Kamille Goepel
 Bowling.....Charlie Frascht
 Girls Bowling.....Charlie Frascht
 Football Cheerleading.....Kenna Espeland
 Basketball Cheerleading.....Nicole Hagen
 Wrestling Cheerleading.....Sherri Lunning
 Speech Director.....Josh Sparrgrove
 Student Council.....Anna Stene
 Band Director.....Cory Schmitt
 Vocal Director.....Annika Andrews

FORT DODGE

Street Address: 819 N 25th St
 City: Fort Dodge
 Zip Code: 50501
 Mailing Address: 819 N 25th St
 City: Fort Dodge
 Zip Code: 50501
 Supt. St Address: 104 S 17th St

Supt. City: Fort Dodge
 Supt. Zip: 50501
 County: Webster
 Area Code: 515
 School Phone: 955-1770
 HS Fax: 955-6072
 AD Fax: 955-3374
 Web Site: <http://www.fdschools.org>
 School Colors: Crimson & Black
 Nickname: Dodgers
 Conference: CIML - Iowa
 Superintendent.....Dr. Jesse Ulrich
 Phone.....(515)574-5638
 Email.....jesseulrich@fdschools.org
 Admin Asst.....Barb Bachman
 Phone.....(515)574-5651
 Email.....bbachman@fdschools.org
 Executive Coordinator.....Kirsten Doebel
 Phone.....(515)574-5678
 Email.....kdoebel@fdschools.org
 Principal.....Staci Laird
 Phone.....(515)574-5748
 Email.....slaird@fdschools.org
 Asst/Assoc/Vice-Principal.....Matt Elsbecker
 Phone.....(515)574-5752
 Email.....melsbecker@fdschools.org
 Asst/Assoc/Vice-Principal.....Scott Danielson
 Phone.....(515)955-1770 x58303
 Email.....sdanielson@fdschools.org
 Asst/Assoc/Vice-Principal.....Adam Kent
 Phone.....(515)955-1770 x58304
 Email.....akent@fdschools.org
 Athletic Administrator.....Kevin Astor
 Phone.....(515)574-5754
 Email.....kastor@fdschools.org
 Co-AD/Assistant.....Ryan O'Leary
 Phone.....(515)574-5826
 Email.....roleary@fdschools.org
 Sports Medicine Provider.....BreAnn Drees
 Tennis.....TBD
 Girls Tennis.....Tim Johnson
 Golf.....Mike Mericle
 Girls Golf.....Dave Louk
 Basketball.....Tom Daniel
 Girls Basketball.....Scott Messerly
 Swimming.....Ashley Beaumont
 Girls Swimming.....Ashley Beaumont
 Baseball.....Blake Utley
 Girls Softball.....Andi Adams
 Wrestling.....Bobby Thompson
 Football.....Matt Miller
 Girls Volleyball.....Toni Cochrane
 Track & Field.....John McBride
 Girls Track & Field.....Todd Constable
 Cross Country.....Joe Jackson
 Girls Cross Country.....Joe Jackson
 Soccer.....Joe Jackson
 Girls Soccer.....Sidney McField
 Bowling.....Nick Vinson
 Girls Bowling.....Nick Vinson
 Football Cheerleading.....Kirsten Williams
 Basketball Cheerleading.....Kirsten Williams
 Wrestling Cheerleading.....Kirsten Williams
 Speech Director.....Lindsey Krug
 Student Council.....Derek Haugland
 Band Director.....Al Paulson
 Vocal Director(s).....Matt Drees, Kim Wankum
 Orchestra Director.....Brian Robison

FORT MADISON

Street Address: 2001 Avenue B
 City: Fort Madison

Zip Code: 52627
 Mailing Address: 2001 Avenue B
 City: Fort Madison
 Zip Code: 52627
 Supt. St Address: 1930 Avenue M
 Supt. City: Fort Madison
 Supt. Zip: 52627
 County: Lee
 Area Code: 319
 School Phone: 372-1862
 HS Fax: 372-1325
 AD Fax: 372-1325
 Web Site: <http://fmcscd.org>
 School Colors: Crimson and Black
 Nickname: Bloodhounds
 Conference: Southeast
 Superintendent Erin Slater
 Phone (319)372-7252
 Email erin.slater@fmcscd.org
 Asst/Assoc Supt Kim Harmon
 Phone (319)372-7252
 Email kim.harmon@fmcscd.org
 Principal Greg Smith
 Phone (319)372-1862
 Email greg.smith@fmcscd.org
 Asst/Assoc/Vice-Principal Patrick Lamb
 Phone (319)372-1862
 Email patrick.lamb@fmcscd.org
 Athletic Administrator Jeremy Swink
 Phone (319)372-1862
 Email jeremy.swink@fmcscd.org
 Athletic Secretary Deb Wiseman
 Phone (319)372-1862
 Email debbie.wiseman@fmcscd.org
 Sports Medicine Provider Trevor Pezley, LAT, ATC
 (Fort Madison Community Hospital)
 Tennis Dean Hogan
 Girls Tennis Jeremy Swink
 Golf Wayne Mac Learn
 Basketball Ryan Wilson
 Girls Basketball Tony Sargent
 Baseball Ron Walker
 Girls Softball Jared Rehm
 Wrestling Ryan Smith
 Football Derek Doherty
 Girls Volleyball Kent Bailey
 Track & Field Chad Hannum, Mike Schneider
 Girls Track & Field Brian Mendez
 Cross Country Brian Mendez
 Girls Cross Country Brian Mendez
 Soccer Kevin Wellman
 Girls Soccer Sebastian Seifert
 Football Cheerleading Stephanie Howard
 Basketball Cheerleading Stephanie Howard
 Wrestling Cheerleading Stephanie Howard
 Speech Director Randy Sissel
 Student Council Heather Harter, Karen Jones
 Band Director David Zaccari
 Vocal Director Taylor Stoddard

FREMONT-MILLS, TABOR

Street Address: 1114 HWY 275
 City: Tabor
 Zip Code: 51653
 Mailing Address: PO Box 310
 City: Tabor
 Zip Code: 51653
 Supt. St Address: 1114 HWY 275
 Supt. City: Tabor
 Supt. Zip: 51653
 County: Fremont
 Area Code: 712

School Phone: 629-2325
 HS Fax: 629-5155
 AD Fax: 629-5155
 Web Site: <http://www.fmtabor.org>
 School Colors: Black & Gold
 Nickname: Knights
 Conference: Corner
 Superintendent Dave Gute
 Phone (712)629-2325
 Email dgute@fmtabor.org
 Principal Jeremy Christiansen
 Phone (712)629-2325
 Email jchristiansen@fmtabor.org
 Athletic Administrator DJ Erkenbrack
 Phone (712)629-2325
 Email derkenbrack@fmtabor.org
 Co-AD/Assistant Jeremy Christiansen
 Phone (712)629-2325
 Email jchristiansen@fmtabor.org
 Co-AD/Assistant Greg Ernster
 Phone (712)629-2325
 Email gernster@fmtabor.org
 Golf Greg Ernster
 Girls Golf Greg Ernster
 Basketball Steve Raymond
 Girls Basketball Brett Weldon
 Baseball Jake Brown
 Girls Softball Kyle Fichter
 Wrestling Jeff Bartholomew
 Football Jeremy Christiansen
 Girls Volleyball Tracy Malcom
 Track & Field Mike Wood
 Girls Track & Field Kyle Fichter
 Cross Country Mike Wood
 Girls Cross Country Mike Wood
 Football Cheerleading Judy Foster
 Speech Director D.J. Erkenbrack
 Band Director Susan Saker
 Vocal Director D.J. Erkenbrack

GARNER-HAYFIELD-VENTURA

Street Address: 605 W Lyons St
 City: Garner
 Zip Code: 50438
 Mailing Address: PO Box 449
 City: Garner
 Zip Code: 50438
 Supt. St Address: PO Box 449
 Supt. City: Garner
 Supt. Zip: 50438
 County: Hancock
 Area Code: 641
 School Phone: 923-2632
 HS Fax: 923-4005
 AD Fax: 923-4005
 Web Site: <http://www.ghvschools.org>
 School Colors: Red & Black
 Nickname: Cardinals
 Conference: Top of Iowa Conference
 Superintendent Tyler Williams
 Phone (641)923-2718
 Email twilliams@ghvschools.org
 Admin Asst Jan Bier
 Phone (641)923-2632 x207
 Email jbier@ghvschools.org
 Principal Jim Haag
 Phone (641)923-2632
 Email jhaag@ghvschools.org
 Athletic Administrator Matt Graham
 Phone (641)923-2632 x238
 Email mgraham@ghvschools.org
 Sports Medicine Provider Jamie Smith, LAT

(Athletico Physical Therapy)

Golf Ken Krause
 Girls Golf Todd Greiman
 Basketball Jake Young
 Girls Basketball Matt Frank
 Girls Softball Kaitlin Keeran
 Wrestling Cory Jenniges
 Football Darrell Schumacher
 Girls Volleyball Meriel Leavy
 Track & Field Kelsey Edwards
 Girls Track & Field Dyan Childress
 Cross Country Ryan Hinders
 Girls Cross Country Kaitlyn Aberson
 Soccer Josh Banse
 Football Cheerleading Kristi Carew
 Basketball Cheerleading Kristi Carew
 Wrestling Cheerleading Samantha Hall
 Speech Director Elizabeth May
 Student Council Dustin Ward
 Band Director Jeff Griffin
 Vocal Director Jason Heitland

GEHLEN CATHOLIC, LEMARS

Street Address: 709 Plymouth St NE
 City: Le Mars
 Zip Code: 51031
 Mailing Address: 709 Plymouth St NE
 City: Le Mars
 Zip Code: 51031
 Supt. St Address: 1821 Jackson St, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Plymouth
 Area Code: 712
 School Phone: 546-4181
 HS Fax: 546-9384
 AD Fax: 546-4337
 Web Site: <http://www.gehlencatholic.org>
 School Colors: Green & Gold
 Nickname: Jays
 Conference: War Eagle
 Superintendent Patty Lansink
 Phone (712)233-7527
 Email pattyl@scdiocese.org
 Principal Jeff Alesch
 Phone (712)546-4181
 Email jalesch@gehlencatholic.org
 Athletic Administrator Kirk Kronaizl
 Phone (712)546-4181
 Email kkronaizl@gehlencatholic.org
 Sports Medicine Provider LeMars Physical Therapy
 Girls Golf Kathy Neary
 Basketball Mike Langel
 Girls Basketball Brandon Schaecher
 Baseball Kirk Kronaizl
 Girls Softball Tony Gunter
 Football Jeremy Schindler
 Girls Volleyball Mike Meyer
 Track & Field Jeremy Schindler
 Girls Track & Field Travis Westhoff
 Cross Country Margie Augustine
 Girls Cross Country Margie Augustine
 Football Cheerleading Jenni Vacura
 Basketball Cheerleading Tammy Logan
 Speech Director Mark Moorehead
 Student Council Ashley Langel
 Band Director Nathan Klaumann
 Vocal Director Terra Falkena

GEORGE-LITTLE ROCK

Street Address: 500 E. Indiana Ave.
 City: George

Zip Code: 51237
 Mailing Address: PO Box 6
 City: George
 Zip Code: 51237
 Supt. St Address: 500 E. Indiana Ave
 Supt. City: George
 Supt. Zip: 51237
 County: Lyon
 Area Code: 712
 School Phone: 475-3311
 HS Fax: 475-3574
 AD Fax: 475-3574
 Web Site: <http://www.george-littlerock.org>
 School Colors: Black & Red
 Nickname: Mustangs
 Conference: Siouxland
 Superintendent..... Pat O'Donnell
 Phone.....(712)475-3311
 Email.....podonnell@george-littlerock.org
 Principal.....Steve Green
 Phone.....(712)475-3311
 Email.....sgreen@george-littlerock.org
 Athletic Administrator.....Tyler Glanzer
 Phone.....(712)475-3311 x162
 Email.....tglanzer@george-littlerock.org
 Golf.....Brian Luenberger
 Girls Golf.....Brian Luenberger
 Basketball.....Brian Luenberger, Greg De Boer
 Girls Basketball.....Reid Geerdes
 Girls Softball.....Kelly Weiler, Morgan McComas
 Wrestling.....John Wayne Kalda
 Girls Volleyball.....Amy Schmidt
 Track & Field.....Mitch Lupkes
 Girls Track & Field.....Mitch Lupkes
 Cross Country.....Mandi Hare
 Girls Cross Country.....Mandi Hare
 Football Cheerleading.....Karen Wibben
 Basketball Cheerleading.....Trisha Hengeveld
 Wrestling Cheerleading.....Karen Wibben
 Speech Director.....Brenda Sandbulte
 Student Council.....Dan Helkenn
 Band Director.....Nicole Lewis
 Vocal Director.....Tim Mauldin

GILBERT

Street Address: 312 Gretten St
 City: Gilbert
 Zip Code: 50105
 Mailing Address: 312 Gretten St
 City: Gilbert
 Zip Code: 50105
 Supt. St Address: 103 Mathews Dr
 Supt. City: Gilbert
 Supt. Zip: 50105
 County: Story
 Area Code: 515
 School Phone: 232-3738
 HS Fax: 827-1298
 AD Fax: 827-1298
 Web Site: <http://www.gilbertcsd.org>
 School Colors: Black & Red
 Nickname: Tigers
 Conference: Heart of Iowa
 Superintendent.....Lindsey Beecher
 Phone.....(515)232-3740
 Email.....beecherl@gilbertcsd.org
 Admin Asst.....Tia Davis
 Phone.....(515)232-3740
 Email.....davist@gilbertcsd.org
 Principal.....Vic Vanderpool
 Phone.....(515)232-3738
 Email.....vanderpoolv@gilbertcsd.org

Asst/Assoc/Vice-Principal.....Cindy Bassett
 Phone.....(515)232-3738
 Email.....bassettc@gilbertcsd.org
 Athletic Administrator.....Tim Pezzetti
 Phone.....(515)232-3746
 Email.....pezzettit@gilbertcsd.org
 Athletic Secretary.....Debbie Gray
 Phone.....(515)232-3746
 Email.....grayd@gilbertcsd.org
 Sports Medicine Provider.....Brian Sanders
 (McFarland Clinic)
 Golf.....Holly Lester
 Girls Golf.....Grant Walker
 Basketball.....BJ Terrones
 Girls Basketball.....Mike Frisk
 Baseball.....Jeremy Eldred
 Girls Softball.....Staci Sniezek
 Wrestling.....Scott Auderer
 Football.....Scott Auderer
 Girls Volleyball.....Stacy Johnson
 Track & Field.....Kevin Litchfield
 Girls Track & Field.....Laura Kautman
 Cross Country.....Aaron Thomas
 Girls Cross Country.....Laura Kautman
 Soccer.....BJ Jordison
 Girls Soccer.....Dan Jones
 Football Cheerleading.....Jordan Sytsma
 Wrestling Cheerleading.....Jordan Sytsma
 Speech Director.....Heather Schurr
 Student Council.....Jen Schnormeier
 Band Director.....Byron Tinder
 Vocal Director.....Kaaren Rogers

GLADBROOK-REINBECK

Street Address: 600 Blackhawk St
 City: Reinbeck
 Zip Code: 50669
 Mailing Address: 600 Blackhawk St
 City: Reinbeck
 Zip Code: 50669
 Supt. St Address: 600 Blackhawk St
 Supt. City: Reinbeck
 Supt. Zip: 50669
 County: Grundy
 Area Code: 319
 School Phone: 345-2921
 HS Fax: 345-6432
 AD Fax: 345-6432
 Web Site: <http://www.gladbrook-reinbeck.k12.ia.us>
 School Colors: Royal Blue & Silver
 Nickname: Rebels
 Conference: NICL - West
 Superintendent.....David Hill
 Phone.....(319)345-2712
 Email.....david.hill@gr-rebels.net
 Principal.....Andrew McQuillen
 Phone.....(319)345-2921
 Email.....andrew.mcquillen@gr-rebels.net
 Athletic Administrator.....John Olson
 Phone.....(319)345-2921 x237
 Email.....john.olson@gr-rebels.net
 Girls Golf.....John Richter
 Basketball.....Scott Kiburis
 Girls Basketball.....Bruce Bailey
 Baseball.....Scott Kiburis
 Football.....John Olson
 Girls Volleyball.....Paula Kelley
 Track & Field.....Jackson Anderson
 Girls Track & Field.....Ryan Smiley
 Soccer.....Jon Dinsdale
 Girls Soccer.....Aaron Mara
 Football Cheerleading.....Karyn Morgan

Speech Director.....Greg Tessendorf
 Student Council.....Kassi Nelson
 Band Director.....Laura Sabotta
 Vocal Director.....Cecilia Shutt

GLENWOOD

Street Address: 504 E Sharp St
 City: Glenwood
 Zip Code: 51534
 Mailing Address: 504 E Sharp St
 City: Glenwood
 Zip Code: 51534
 Supt. St Address: 103 Central St, Ste 300
 Supt. City: Glenwood
 Supt. Zip: 51534
 County: Mills
 Area Code: 712
 School Phone: 527-4897
 HS Fax: 527-9554
 AD Fax: 527-9554
 Web Site: <http://www.glenwood.k12.ia.us>
 School Colors: Black & Vegas Gold
 Nickname: Rams
 Conference: Hawkeye Ten
 Superintendent.....Devin Embray
 Phone.....(712)527-9034
 Email.....embrayd@glenwoodschools.org
 Principal.....Rick Nickerson
 Phone.....(712)527-4897 x6005
 Email.....nickersonr@glenwoodschools.org
 Asst/Assoc/Vice-Principal.....Cory Faust
 Phone.....(712)527-4897 x6004
 Email.....faustc@glenwoodschools.org
 Athletic Administrator.....Jeff Bissen
 Phone.....(712)527-4897 x6002
 Email.....bissenj@glenwoodschools.org
 Athletic Secretary.....Audrey Little
 Phone.....(712)527-4897 x6000
 Email.....littlea@glenwoodschools.org
 Sports Medicine Provider.....Jake Stryker
 Tennis.....Trent Turney
 Girls Tennis.....Callie Ohm
 Golf.....TBD
 Girls Golf.....Maria Jacobus
 Basketball.....Curt Schulte
 Girls Basketball.....Brian Rasmussen
 Baseball.....Kurt Schulz
 Girls Softball.....Kylee Stanton
 Wrestling.....Tucker Weber
 Football.....Cory Faust
 Girls Volleyball.....Chelsey Hirt
 Track & Field.....Mark Starnier
 Girls Track & Field.....TBD
 Cross Country.....Todd Peverill
 Girls Cross Country.....Dani Woodman
 Soccer.....Cort Lovato
 Girls Soccer.....Amy Benson
 Football Cheerleading.....Dixie Thomas
 Basketball Cheerleading.....Dixie Thomas
 Wrestling Cheerleading.....Dixie Thomas
 Speech Director.....Lori Burton
 Student Council.....Alex Williams
 Band Director.....Dave Clark
 Vocal Director.....Kevin Kilpatrick

GLIDDEN-RALSTON

Street Address: 602 Idaho St
 City: Glidden
 Zip Code: 51443
 Mailing Address: PO Box 488
 City: Glidden
 Zip Code: 51443

Supt. St Address: PO Box 488
 Supt. City: Glidden
 Supt. Zip: 51143
 County: Carroll
 Area Code: 712
 School Phone: 659-2205
 HS Fax: 659-2248
 AD Fax: 659-2248
 Web Site: <http://www.glidden-ralston.k12.ia.us>
 School Colors: Royal Blue & Vegas Gold
 Nickname: Wildcats
 Conference: Rolling Valley
 Superintendent.....Kreg Lensch
 Phone.....(712)659-3411
 Email.....klensch@glidden-ralston.k12.ia.us
 Principal.....Dirk Troutman
 Phone.....(712)659-2205
 Email.....dtroutman@glidden-ralston.k12.ia.us
 Athletic Administrator.....Tyler Shipley
 Phone.....(712)659-2205
 Email.....tshipley@glidden-ralston.k12.ia.us
 Athletic Secretary.....Angela Oswald
 Phone.....(712)659-2205
 Email.....aoswald@glidden-ralston.k12.ia.us
 Golf.....Cole Corson
 Girls Golf.....Cole Corson
 Basketball.....Tyler Shipley
 Girls Basketball.....Cole Corson
 Baseball.....Cole Corson
 Girls Softball.....Kevin Schon
 Football.....Kreg Lensch
 Girls Volleyball.....Kevin Schon
 Track & Field.....Dave Prescott
 Girls Track & Field.....Dave Prescott
 Football Cheerleading.....Jacki Sklenar
 Basketball Cheerleading.....Jacki Sklenar
 Student Council.....Nancy Baack
 Band Director.....Chris Fiscus
 Vocal Director.....Joan Sweeney

GMG, GARWIN

Street Address: 306 Park St
 City: Garwin
 Zip Code: 50632
 Mailing Address: 306 Park St
 City: Garwin
 Zip Code: 50632
 Supt. St Address: 306 Park St
 Supt. City: Garwin
 Supt. Zip: 50632
 County: Tama
 Area Code: 641
 School Phone: 499-2005
 HS Fax: 499-2552
 AD Fax: 499-2552
 Web Site: <http://www.garwin.k12.ia.us>
 School Colors: Black & Silver
 Nickname: Wolverines
 Conference: Iowa Star
 Superintendent.....Ben Petty
 Phone.....(641)474-2254
 Email.....bpetty@bcluw.org
 Admin Asst.....Angie Claassen
 Phone.....(641)474-2254
 Email.....aclaassen@gmgschools.org
 Principal.....Nathan Kleinmeyer
 Phone.....(641)499-2005
 Email.....nkleinmeyer@gmgschools.org
 Athletic Administrator.....Jon Reed
 Phone.....(641)499-2005
 Email.....jreed@gmgschools.org

Athletic Secretary.....Angie Claassen
 Phone.....(641)474-2254
 Email.....aclaassen@gmgschools.org
 Golf.....Mike Spurlin
 Girls Golf.....Mike Spurlin
 Basketball.....Michael Plett
 Girls Basketball.....Justin Hornberg
 Baseball.....Jon Dieken
 Girls Softball.....Katie Barnes
 Wrestling.....Todd Hinegardner
 Football.....Adam Anthony
 Girls Volleyball.....Adam Bauder
 Track & Field.....Mike Pierson
 Girls Track & Field.....Jon Reed
 Cross Country.....Jay Beichley
 Girls Cross Country.....Jay Beichley
 Football Cheerleading.....Karsen Houck
 Basketball Cheerleading.....Karsen Houck
 Speech Director.....Jamie Gargas
 Student Council.....Jaime Gargas
 Band Director.....Dan Lastovka
 Vocal Director.....Sheryl Mullikin

GRAETTINGER-TERRIL

Street Address: 400 W Lost Island St
 City: Graettinger
 Zip Code: 51342
 Mailing Address: PO Box 58
 City: Graettinger
 Zip Code: 51342
 Supt. St Address: PO Box 58
 Supt. City: Graettinger
 Supt. Zip: 51342
 County: Palo Alto
 Area Code: 712
 School Phone: 859-3286
 HS Fax: 859-3509
 AD Fax: 859-3509
 Web Site: <http://www.gtschools.k12.ia.us>
 School Colors: Purple, Black, & Silver
 Nickname: Titans
 Conference: Twin Lakes
 Superintendent.....Andrew Woiwood
 Phone.....(712)859-3286
 Email.....anwoiw@gt.ratitans.org
 Principal.....Jeremy Simington
 Phone.....(712)859-3286
 Email.....jsimington@gt.ratitans.org
 Athletic Administrator.....Todd Hough
 Phone.....(712)859-3286
 Email.....though@gt.ratitans.org
 Co-AD/Assistant.....Rod Hough
 Email.....rrough@gt.ratitans.org
 Athletic Secretary.....Jane Brown
 Phone.....(712)859-3286
 Email.....jbrown@gt.ratitans.org
 Golf.....Brent Dyhrkopp
 Girls Golf.....Austin Simmelink
 Basketball.....Brent Dyhrkopp
 Girls Basketball.....Todd Hough
 Baseball.....Corey Boe
 Girls Softball.....Kyle Norris
 Wrestling.....Alex Helmich
 Football.....Todd Hough
 Girls Volleyball.....Ashley Dreeszen
 Girls Track & Field.....Chris Myers
 Girls Cross Country.....Mike Nichols
 Football Cheerleading.....Angie Sorbo
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....Angie Sorbo
 Speech Director.....Eric Quinn

Band Director.....Emily Doerder
 Vocal Director.....Anne Sexe

GRAND VIEW CHRISTIAN SCHOOL

Street Address: 1701 E. 33rd Street
 City: Des Moines
 Zip Code: 50317
 Mailing Address: 1701 E. 33rd Street
 City: Des Moines
 Zip Code: 50317
 Supt. St Address: 1701 E. 33rd Street
 Supt. City: Des Moines
 Supt. Zip: 50317
 County: Polk
 Area Code: 515
 School Phone: 630-1250
 HS Fax: 777-3660
 Web Site: <http://www.grandviewchristianschool.org>
 School Colors: green/black/white
 Nickname: Thunder
 Conference: Independent
 Superintendent.....Chris Murphy
 Phone.....(515)630-1246
 Email.....cmurphy@gvcsmail.org
 Admin Asst.....Dee Dee Burt
 Phone.....(515)630-1250
 Email.....dburt@gvcsmail.org
 Executive Coordinator.....Mark Weatherly
 Phone.....(515)630-1250
 Email.....mweatherly@gvcsmail.org
 Principal.....Chris Murphy
 Phone.....(515)630-1246
 Email.....cmurphy@gvcsmail.org
 Asst/Assoc/Vice-Principal.....Jonathan Nilius
 Phone.....(515)630-1250
 Email.....jnilius@gvcsmail.org
 Athletic Administrator.....Jeff Worsham
 Phone.....(515)630-1250
 Email.....jworsham@gvcsmail.org
 Co-AD/Assistant.....Michael Cowell
 Phone.....(515)630-1257
 Email.....mcowell@gvcsmail.org
 Sports Medicine Provider.....Michael Donahue
 Basketball.....Dave Stubbs
 Girls Basketball.....Jason Blunk, Michael Cowell
 Girls Softball.....Geoff Lane
 Football.....John Safford
 Girls Volleyball.....Arlie Brandmeyer
 Track & Field.....John Safford
 Girls Track & Field.....John Safford
 Cross Country.....Butch Fisher
 Soccer.....Mark Stupka
 Girls Soccer.....Kenny Ramus
 Football Cheerleading.....Emma Janssen
 Basketball Cheerleading.....Emma Janssen
 Student Council.....Rob Seyler
 Band Director.....Grace Peterson
 Vocal Director.....Jonathan Nilius

GREENE COUNTY

Street Address: 101 Ram Dr
 City: Jefferson
 Zip Code: 50129
 Mailing Address: 101 Ram Dr
 City: Jefferson
 Zip Code: 50129
 Supt. St Address: 204 W Madison
 Supt. City: Jefferson
 Supt. Zip: 50129
 County: Greene
 Area Code: 515

School Phone: 386-2188
 HS Fax: 386-2159
 AD Fax: 386-2159
 Web Site: <https://www.gccsd.k12.ia.us/>
 School Colors: Red & Black
 Nickname: Rams
 Conference: Heart of Iowa

Superintendent.....Tim Christensen
 Phone.....(515)386-4168
 Email.....christensent@greenecountycsd.net

Principal.....Brian Phillips
 Phone.....(515)386-2188
 Email.....phillipsb@greenecountycsd.net

Athletic Administrator.....Todd Gordon
 Phone.....(515)386-2188
 Email.....gordont@greenecountycsd.net

Athletic Secretary.....Misty Bettyey
 Phone.....(515)386-2188
 Email.....betteym@greenecountycsd.net

Sports Medicine Provider.....Deb Morton
 (21st Century Rehab)

Golf.....Heath Telleen
 Girls Golf.....TBD
 Basketball.....Chris Nelson
 Girls Basketball.....Tyler Westhoff
 Baseball.....TBD
 Girls Softball.....Tom Kennedy
 Wrestling.....Zach Beekman
 Football.....Caden Duncan
 Girls Volleyball.....Chris Heisterkamp
 Track & Field.....Chad Morton
 Girls Track & Field.....Derek Merk
 Cross Country.....Jeff Lamoureux
 Girls Cross Country.....Jeff Lamoureux
 Soccer.....Carl Behne
 Girls Soccer.....Marilyn Tassler
 Football Cheerleading.....Shannon Black
 Basketball Cheerleading.....Shannon Black
 Wrestling Cheerleading.....Shannon Black
 Speech Director.....Kelley Gray
 Student Council.....Kelley Gray
 Band Director.....Wes Anderson
 Vocal Director.....Dave Heupel

GRINNELL

Street Address: 1333 Sunset St
 City: Grinnell
 Zip Code: 50112
 Mailing Address: 1333 Sunset St
 City: Grinnell
 Zip Code: 50112
 Supt. St Address: 1333 Sunset St
 Supt. City: Grinnell
 Supt. Zip: 50112
 County: Poweshiek
 Area Code: 641
 School Phone: 236-2720
 HS Fax: 236-2692
 AD Fax: 236-2692
 Web Site: <http://www.grinnell-k12.org>
 School Colors: Black & Orange
 Nickname: Tigers
 Conference: Little Hawkeye

Superintendent.....Dr. Janet Stutz
 Phone.....(641)236-2700
 Email.....janet.stutz@grinnell-k12.org

Principal.....Kevin Seney
 Phone.....(641)236-2724
 Email.....kevin.seney@grinnell-k12.org

Asst/Assoc/Vice-Principal.....Heidi Durbin
 Phone.....(641)236-2725
 Email.....heidi.durbin@grinnell-k12.org

Athletic Administrator.....Chris Coffman
 Phone.....(641)236-2720
 Email.....chris.coffman@grinnell-k12.org

Athletic Secretary.....Lindsey Peck
 Phone.....(641)236-2723
 Email.....lindsey.peck@grinnell-k12.org

Sports Medicine Provider.....Kelly Rose, LAT (Total Rehab)

Tennis.....Travis Smith
 Girls Tennis.....Tony Farmer
 Golf.....Mike Baker
 Girls Golf.....Mark Kivett
 Basketball.....Sharp, Brandon
 Girls Basketball.....Trent Edsen
 Swimming.....Travis Smith
 Girls Swimming.....Sarah Smith
 Baseball.....Tony Stenberg
 Girls Softball.....Mike Doty
 Wrestling.....Chad Beck
 Football.....Brian Sauser
 Girls Volleyball.....Marsha Schultz
 Track & Field.....Josh Wardenburg
 Girls Track & Field.....Casey McDermott
 Cross Country.....Trent Edsen
 Girls Cross Country.....Trent Edsen
 Soccer.....Parker Koester
 Girls Soccer.....Rockne Decoster
 Football Cheerleading.....Sarah Dahlby-Albright
 Basketball Cheerleading.....Sarah Dahlby-Albright
 Wrestling Cheerleading.....Sarah Dahlby-Albright
 Speech Director.....Kevin Honsbond
 Student Council.....Dwight Ladig
 Band Director.....Levi Dressler
 Vocal Director.....Roger Henderson

GRISWOLD

Street Address: 20 Madison St
 City: Griswold
 Zip Code: 51535
 Mailing Address: PO Box 280
 City: Griswold
 Zip Code: 51535
 Supt. St Address: PO Box 280
 Supt. City: Griswold
 Supt. Zip: 51535
 County: Cass
 Area Code: 712
 School Phone: 778-2154
 HS Fax: 778-2161
 AD Fax: 778-2161
 Web Site: <http://www.griswoldschools.org>
 School Colors: Blue & White
 Nickname: Tigers
 Conference: Corner

Superintendent.....Dave Henrichs
 Phone.....(712)778-2152
 Email.....dhenrichs@griswoldschools.org

Principal.....Katie Elwood
 Phone.....(712)778-2154
 Email.....kelwood@griswoldschools.org

Athletic Administrator.....Troy Nicklaus
 Phone.....(712)778-2154
 Email.....tnicklaus@griswoldschools.org

Athletic Secretary.....Deb Arp
 Phone.....(712)778-2154
 Email.....darp@griswoldschools.org

Golf.....Chad Rodgers, Jason Reynolds
 Girls Golf.....Chad Rodgers, Jason Reynolds
 Basketball.....Mark Carlton
 Girls Basketball.....Chris Hamilton
 Baseball.....Carter Stephens
 Girls Softball.....Jody Rossell
 Wrestling.....TBD

Football.....Andy Everett
 Girls Volleyball.....Jody Rossell
 Track & Field.....Andy Everett
 Girls Track & Field.....Larissa Potter
 Cross Country.....Teresa Engler
 Girls Cross Country.....Teresa Engler
 Football Cheerleading.....Laura Carlton
 Basketball Cheerleading.....Denise Bridges
 Wrestling Cheerleading.....Laura Carlton
 Speech Director.....Amy Smith
 Student Council.....Pat Carlson
 Band Director.....Denise Mardesen
 Vocal Director.....Bonnie Goodson

GRUNDY CENTER

Street Address: 1006 M Ave
 City: Grundy Center
 Zip Code: 50638
 Mailing Address: 1006 M Ave
 City: Grundy Center
 Zip Code: 50638
 Supt. St Address: 1301 12th St
 Supt. City: Grundy Center
 Supt. Zip: 50638
 County: Grundy
 Area Code: 319
 School Phone: 825-5449
 HS Fax: 825-6415
 AD Fax: 825-6415
 Web Site: <http://www.spartanpride.net>
 School Colors: Maroon & White
 Nickname: Spartans
 Conference: North Iowa Cedar-West

Superintendent.....Robert Hughes
 Phone.....(319)825-5418 x351
 Email.....rhughes@spartanpride.net

Admin Asst.....Becki Smith
 Phone.....(319)825-5418 x350
 Email.....bsmith@spartanpride.net

Principal.....Michael Vokes
 Phone.....(319)825-5449 x304
 Email.....mvokes@spartanpride.net

Asst/Assoc/Vice-Principal.....Dan Breyfogle
 Phone.....(319)825-5449 x302
 Email.....dbreyfogle@spartanpride.net

Athletic Administrator.....Dan Breyfogle
 Phone.....(319)825-5449
 Email.....dbreyfogle@spartanpride.net

Athletic Secretary.....Sarah Nolder
 Phone.....(319)825-5449
 Email.....snolder@spartanpride.net

Sports Medicine Provider.....Unity Point
 (Grundy County Hospital)

Tennis.....Dale Boren
 Girls Tennis.....Joel Johnson
 Golf.....Dennis Dirks
 Girls Golf.....Heather Gutknecht
 Basketball.....Joe Nelson
 Girls Basketball.....Matt Lindeman
 Baseball.....Patrick Brown Jr.
 Girls Softball.....Jeff Mathews
 Wrestling.....Randy Omvig
 Football.....Travis Zajac
 Girls Volleyball.....Lori Willis
 Track & Field.....Chris Conger
 Girls Track & Field.....Todd Rohler
 Cross Country.....Jackson Anderson
 Girls Cross Country.....Jackson Anderson
 Football Cheerleading.....Chelsea Baruth
 Basketball Cheerleading.....Chelsea Baruth
 Speech Director.....Renae Gingery
 Student Council.....Lindsey Aronson

Band DirectorAndrew VanHooreweghe
Vocal Director..... Emily Boquet

HAMPTON-DUMONT-CAL

Street Address: 101 12th Avenue NW
City: Hampton
Zip Code: 50441
Mailing Address: 101 12th Avenue NW
City: Hampton
Zip Code: 50441
Supt. St Address: 601 12th Avenue NE
Supt. City: Hampton
Supt. Zip: 50441
County: Franklin
Area Code: 641
School Phone: 456-4893
HS Fax: 456-4569
AD Fax: 456-4569
Web Site: <http://www.hdcscd.org>
School Colors: Black & Red
Nickname: Bulldogs
Conference: North Central
Superintendent Todd Lettow
Phone (641)456-2175
Email tlettow@hdcscd.org
Principal Steve Madson
Phone (641)456-4893
Email smadson@hdcscd.org
Asst/Assoc/Vice-Principal Anthony Spradlin
Phone (641)456-4735
Email tspradlin@hdcscd.org
Athletic Administrator Kevin Whitehill
Phone (641)456-4893
Email kwhitehill@hdcscd.org
Athletic Secretary Jen Walton
Phone (641)456-4893
Email jwalton@hdcscd.org
Sports Medicine Provider Keith Wrich, LAT
(CenturyRehab21)
Tennis Jim Davies
Golf Jane Hoegh
Girls Golf Dustin Moorehead
Basketball Heath Walton
Girls Basketball Miranda Valley
Baseball Matt Lokenvitz
Girls Softball Kelsey Enslin
Wrestling Patrick Hansen
Football Andy Breummer
Girls Volleyball Kelli Showalter
Track & Field Dan Aalbers
Girls Track & Field Daniell Stevens
Cross Country Traci Moorehead
Girls Cross Country Traci Moorehead
Soccer Danelle Arana
Girls Soccer Dannielle Arana
Football Cheerleading Emileigh Eilderts
Basketball Cheerleading Emileigh Eilderts
Wrestling Cheerleading Emileigh Eilderts
Speech Director Emileigh Eilderts
Student Council Mike Holm
Band Director Carl Kurth
Vocal Director Katelyn Ewing

HARLAN COMMUNITY

Street Address: 2102 Durant St
City: Harlan
Zip Code: 51537
Mailing Address: 2102 Durant St
City: Harlan
Zip Code: 51537
Supt. St Address: 2102 Durant St

Supt. City: Harlan
Supt. Zip: 51537
County: Shelby
Area Code: 712
School Phone: 755-3101
HS Fax: 755-7705
AD Fax: 755-7705
Web Site: <http://www.harlan.k12.ia.us>
School Colors: Red & Black
Nickname: Cyclones
Conference: Hawkeye Ten
Superintendent Lynn Johnson
Phone (712)755-2152
Email lynn.johnson@hcsdcyclones.com
Principal Scott Frohlich
Phone (712)755-3101
Email sfrohlich@hcsdcyclones.com
Athletic Administrator Davis Pattee
Phone (712)755-3101
Email davis.pattee@hcsdcyclones.com
Athletic Secretary Joy Schaben
Phone (712)755-3101
Email jschaben@hcsdcyclones.com
Tennis Chad Bruns
Girls Tennis Kayla Weis
Golf Chad Swanson
Girls Golf Willie Baughman
Girls Basketball Zach Klaassen
Baseball Steve Daeges
Girls Softball Brooke Wilson
Wrestling John Murtaugh
Football Todd Bladt
Girls Volleyball Willie Baughman
Track & Field Sam Brummer
Girls Track & Field Doug Renkly
Cross Country Doug Renkly
Girls Cross Country Doug Renkly
Soccer Dave Voge
Girls Soccer Jarod Boysen
Bowling David Tyrrel
Girls Bowling David Tyrrel
Football Cheerleading Shannon Ferry
Basketball Cheerleading Shannon Ferry
Wrestling Cheerleading Kathleen Noeth
Speech Director Lisa Hagemeier
Student Council Mindy Shaffer
Band Director Bill Kearney
Vocal Director Landon Stalzer

HARRIS-LAKE PARK

Street Address: 905 S Market St
City: Lake Park
Zip Code: 51347
Mailing Address: PO Box 8
City: Lake Park
Zip Code: 51347
Supt. St Address: PO Box 8
Supt. City: Lake Park
Supt. Zip: 51347
County: Dickinson
Area Code: 712
School Phone: 832-3809
HS Fax: 832-3812
AD Fax: 832-3812
Web Site: <http://www.harris-lp.k12.ia.us>
School Colors: Royal Blue & White
Nickname: Wolves
Conference: War Eagle
Superintendent Andy Irwin
Phone (712)832-3809
Email airwin@hlpcsd.org

Principal Greg Hiemstra
Phone (712)832-3809
Email ghiemstra@hlpcsd.org
Athletic Administrator Ashley Delaney
Phone (712)832-3809
Email adelaney@hlpcsd.org
Athletic Secretary Shirley Taylor
Phone (712)832-3809
Email shirley@hlpcsd.org
Sports Medicine Provider Chad Niemeier
Golf Tyler Vaudt
Girls Golf Amanda Perkins
Basketball Jeff Sohn
Girls Basketball Matt Darland
Baseball Lane Gunderson
Girls Softball Ashley Delaney
Football Lane Gunderson
Girls Volleyball Sarah deVries
Track & Field Lane Gunderson
Girls Track & Field Tim Heinitz
Cross Country Andy Irwin
Girls Cross Country Andy Irwin
Soccer Scott Chambers
Football Cheerleading Ashley Delaney
Speech Director Emma McElroy
Student Council Kathy Winters
Band Director Bailey DeBolt
Vocal Director Kathy Greve

HARTLEY-MELVIN-SANBORN

Street Address: 300 N 8th Ave W
City: Hartley
Zip Code: 51346
Mailing Address: 300 N 8th Ave W
City: Hartley
Zip Code: 51346
Supt. St Address: 300 N 8th Ave W
Supt. City: Hartley
Supt. Zip: 51346
County: O'Brien
Area Code: 712
School Phone: 928-3406
HS Fax: 928-2152
AD Fax: 928-2152
Web Site: <http://www.hartley-ms.k12.ia.us>
School Colors: Maroon & Gold
Nickname: Hawks
Conference: War Eagle
Superintendent Patrick Carlin
Phone (712)928-3406
Email pcarlin@hartley-ms.k12.ia.us
Principal Nate Hemiller
Phone (712)928-3406
Email nhemiller@hartley-ms.k12.ia.us
Athletic Administrator Mark Petersen
Phone (712)928-3406 x110
Email mlpetersen@hmshawks.org
Sports Medicine Provider Stephanie Moermond
Golf Mark Japenga
Girls Golf Julee Burns
Basketball Mark Petersen
Girls Basketball Lester Tessum
Baseball Jeremy Gloden
Girls Softball Carissa Post
Wrestling TBD
Football Tyler Horkey
Girls Volleyball Cheryl Kroese
Track & Field Kyle Borchers
Girls Track & Field Nicole Dorhout
Cross Country Nicole Dorhout
Girls Cross Country Nicole Dorhout

Football CheerleadingTricia Vial
 Basketball CheerleadingTricia Vial
 Wrestling Cheerleading..... Stephanie Bronstad
 Speech DirectorLinda Akwa
 Student CouncilJoann Kenny
 Band DirectorPeter Bekkerus
 Vocal Director..... Kristi Wingert

HEARTLAND CHRISTIAN

Street Address: 400 Wright Rd
 City: Council Bluffs
 Zip Code: 51501
 Mailing Address: 400 Wright Rd
 City: Council Bluffs
 Zip Code: 51501
 Supt. St Address: 400 Wright Rd
 Supt. City: Council Bluffs
 Supt. Zip: 51501
 County: Pottawattamie
 Area Code: 712
 School Phone: 322-5817
 HS Fax: 322-4287
 AD Fax: 322-4287
 Web Site: <http://www.heartlandchristiancbia.org>
 School Colors: Maize & Blue
 Nickname: Eagles
 Conference: Frontier
 SuperintendentLarry Gray
 Phone(712)322-5817
 Emaillgray@heartlandchristiancbia.org
 Admin Asst.....Crystal Robinson
 Phone(712)322-5817
 Emailcrobenson@heartlandchristiancbia.org
 Executive CoordinatorLarry Gray
 Phone(712)308-6669
 Emaillgray@heartlandchristiancbia.org
 PrincipalJustin Steinmetz
 Phone(712)322-5817
 Emailjsteinmetz@heartlandchristiancbia.org
 Asst/Assoc/Vice-PrincipalCarolyn Parton
 Phone(712)322-5817
 Emailcparton@heartlandchristiancbia.org
 Asst/Assoc/Vice-PrincipalJustin Steinmetz
 Phone(712)322-5817
 Emailjsteinmetz@heartlandchristiancbia.org
 Athletic AdministratorLarry Gray
 Phone(712)322-5817
 Emaillgray@heartlandchristiancbia.org
 Co-AD/AssistantCarolyn Parton
 Phone(712)322-5817
 Emailcparton@heartlandchristiancbia.org
 Athletic SecretaryErin Gray
 Phone(712)326-0118
 Emailegray@heartlandchristiancbia.org
 Sports Medicine Provider... Dave Byrns, LAT, PT (Jennie Ed)
 GolfLarry Gray
 Basketball.....Larry Gray
 Girls Basketball.....John Stile
 FootballShawn Struck
 Girls Volleyball.....Heather Heffernan
 Track & FieldJustin Steinmetz
 Girls Track & Field.....Justin Steinmetz
 Student CouncilErin Gray
 Vocal Director.....Erin Gray

HIGHLAND, RIVERSIDE

Street Address: 1715 Vine Ave
 City: Riverside
 Zip Code: 52327
 Mailing Address: 1715 Vine Ave
 City: Riverside
 Zip Code: 52327

Supt. St Address: 1715 Vine Ave
 Supt. City: Riverside
 Supt. Zip: 52327
 County: Washington
 Area Code: 319
 School Phone: 648-2891
 HS Fax: 648-3310
 AD Fax: 648-3310
 Web Site: <http://www.highlandhuskies.org>
 School Colors: Red & White
 Nickname: Huskies
 Conference: Southeast Iowa Super Conference
 SuperintendentKen Crawford
 Phone(319)648-2891 x203
 Emailkcrawford@highlandhuskies.org
 PrincipalAngela Hazelett
 Phone(319)648-2891
 Emailahazelett@highlandhuskies.org
 Asst/Assoc/Vice-PrincipalBill Zywiec
 Phone(319)648-2891
 Emailbzywiec@highlandhuskies.org
 Athletic AdministratorJoe Donovan
 Phone(319)648-2891 x114
 Emailjdonovan@highlandhuskies.org
 Co-AD/AssistantJody Fink
 Phone(319)648-2891
 Emailjfink@highlandhuskies.org
 Athletic SecretaryTraci Vonnahme
 Phone(319)648-5018
 Emailtvonnahme@highlandhuskies.org
 GolfJacob Shultz
 Girls Golf.....Jacob Shultz
 Basketball.....Bill Zywiec
 Girls Basketball.....Jody Fink
 Baseball.....Seth Milledge
 Girls Softball.....Carrie Wieland
 Wrestling.....Derick Ball
 FootballJoe Donovan, Scott Morel
 Girls VolleyballEmily Muegge
 Track & FieldAngie Strobel
 Girls Track & Field.....Angie Strobel
 Cross CountryAngela Strobel
 Girls Cross Country.....Angela Strobel
 Wrestling Cheerleading.....Zoe Wagner
 Speech DirectorBrian Haymond
 Student CouncilCarrie Wieland
 Band DirectorMark Bressler
 Vocal Director.....Jenifer McClenahan

HILLCREST ACADEMY

Street Address: 1421 540th St SW
 City: Kalona
 Zip Code: 52247
 Mailing Address: 1421 540th St SW
 City: Kalona
 Zip Code: 52247
 Supt. St Address: 1421 540th St SW
 Supt. City: Kalona
 Supt. Zip: 52247
 County: Johnson
 Area Code: 319
 School Phone: 656-2073
 HS Fax: 656-2073
 AD Fax: 656-2073
 Web Site: <http://www.iowamennonite.org>
 School Colors: Cardinal, White & Black
 Nickname: Ravens
 Conference: SEI Superconference-North
 PrincipalDwight Gingerich
 Phone(319)656-2073 x12
 Emaildgingerich@hillcresttravens.org

Athletic Administrator.....Leanne Bender
 Phone(319)656-2073 x14
 Emaillbender@hillcresttravens.org
 Co-AD/AssistantAaron Gingerich
 Phone(319)656-2073
 Emailagingerich@hillcresttravens.org
 Athletic Secretary.....Pam Stoltzfus
 Phone(319)656-2073
 Emailpstoltzfus@hillcresttravens.org
 Sports Medicine ProviderChuck Miller
 (JET Physical Therapy)
 GolfTBD
 Girls Golf.....TBD
 Basketball.....Dwight Gingerich
 Girls Basketball.....Kari Heusinkveld
 Baseball.....Danny Hersherberger
 Girls Softball.....TBD
 Girls Volleyball.....Tanna Boshart
 Track & FieldMarty Gingerich
 Girls Track & Field.....Marty Gingerich
 Cross CountryMarty Gingerich
 Girls Cross Country.....Marty Gingerich
 Soccer.....Marcus Miller
 Student CouncilMark Miller
 Band DirectorMike Wagner
 Vocal Director.....Mike Wagner

HINTON

Street Address: 315 W Grand St
 City: Hinton
 Zip Code: 51024
 Mailing Address: 315 W Grand St.
 City: Hinton
 Zip Code: 51024
 Supt. St Address: 315 W Grand St.
 Supt. City: Hinton
 Supt. Zip: 51024
 County: Plymouth
 Area Code: 712
 School Phone: 947-4328
 HS Fax: 947-4947
 AD Fax: 947-4947
 Web Site: <http://www.hintonschool.com>
 School Colors: Black and Gold
 Nickname: Blackhawks
 Conference: War Eagle
 SuperintendentTodd Meyer
 Phone(712)947-4329
 Emailtodd.meyer@hintonschool.com
 PrincipalBetty Wendt
 Phone(712)947-4328
 Emailbetty.wendt@hintonschool.com
 Asst/Assoc/Vice-PrincipalBrian DeJong
 Phone(712)947-4428
 Emailbrian.dejong@hintonschool.com
 Athletic Administrator.....Brian DeJong
 Phone(712)947-4428
 Emailbrian.dejong@hintonschool.com
 Co-AD/AssistantCasey Crawford
 Phone(712)947-4428
 Emailcasey.crawford@hintonschool.com
 Athletic Secretary.....Janet Held
 Phone(712)947-4428
 Emailjanet.held@hintonschool.com
 Sports Medicine ProviderCNOS
 GolfCale Kramer
 Girls Golf.....Joel Small
 Basketball.....John Spies
 Girls Basketball.....Matt Leary
 Baseball.....Cale Kramer
 Girls Softball.....Jennifer Jacobs-List
 Wrestling.....Casey Crawford

Football Kadrian Hardersen
 Girls Volleyball Malina Ard
 Track & Field Steve Diediker
 Girls Track & Field Robin Mohr
 Cross Country Craig Hoffman
 Girls Cross Country Craig Hoffman
 Football Cheerleading Andrea Held
 Basketball Cheerleading Andrea Held
 Speech Director Angela Iverson
 Student Council Katherine Hunter
 Band Director Laura Garred
 Vocal Director Dustin Rusche

HLV, VICTOR

Street Address: 402 5th St
 City: Victor
 Zip Code: 52347
 Mailing Address: 402 5th St
 City: Victor
 Zip Code: 52347
 Supt. St Address: 402 5th St.
 Supt. City: Victor
 Supt. Zip: 52347
 County: Iowa
 Area Code: 319
 School Phone: 647-2161
 HS Fax: 647-7161
 AD Fax: 647-7161
 Web Site: <http://www.hlv.k12.ia.us>
 School Colors: Red & Black
 Nickname: Warriors
 Conference: South Iowa Cedar

Superintendent Brad Hohensee
 Phone (319)647-2161 x113
 Email bhohensee@hlv.k12.ia.us
 Principal Cory Lahndorf
 Phone (319)647-2161 x107
 Email clahndorf@hlv.k12.ia.us
 Athletic Administrator Beau Jack
 Phone (319)647-2161 x106
 Email bjack@hlv.k12.ia.us
 Athletic Secretary Carol Healey
 Phone (319)647-2161 x100
 Email chealey@hlv.k12.ia.us
 Golf Cory Lahndorf
 Girls Golf Cory Lahndorf
 Basketball Dennis Phelps
 Girls Basketball TBD
 Baseball Wes Warwick
 Girls Softball Beau Jack, Stacey Jack
 Wrestling Beau Jack
 Football Kevin Smith
 Girls Volleyball Holly Kupka
 Track & Field Kevin Smith
 Girls Track & Field Dennis Phelps
 Cross Country Matt Vavroch
 Girls Cross Country Matt Vavroch
 Football Cheerleading Britni Jack
 Wrestling Cheerleading Britni Jack
 Speech Director Matt Vavroch
 Student Council Heather Scoville
 Band Director Tyson Lund
 Vocal Director Tyson Lund

HOLY TRINITY CATHOLIC, FORT MADISON

Street Address: 2600 Ave A
 City: Fort Madison
 Zip Code: 52627
 Mailing Address: 2600 Ave A
 City: Fort Madison
 Zip Code: 52627
 Supt. St Address: 780 W Central Park Ave

Supt. City: Davenport
 Supt. Zip: 52804-1998
 County: Lee
 Area Code: 319
 School Phone: 372-2486
 HS Fax: 372-6310
 AD Fax: 372-6310
 Web Site: <http://www.holytrinityschools.org>
 School Colors: Royal Blue & Silver
 Nickname: Crusaders
 Conference: SEI Superconference-South
 Superintendent Lee Morrison
 Phone (563)888-4231
 Email morrison@davenportdiocese.org
 Asst/Assoc Supt Michael Sheerin
 Phone (319)837-6131
 Email michael.sheerin@holyltrinityschools.org
 Principal Jason Woodley
 Phone (319)372-2486 x1
 Email jason.woodley@holyltrinityschools.org
 Athletic Administrator John Goetz
 Phone (319)372-2486 x5
 Email john.goetz@holyltrinityschools.org
 Co-AD/Assistant Mike Moylan
 Phone (319)837-6131 x109
 Email mike.moylan@holyltrinityschools.org
 Sports Medicine Provider Sarah Ragar
 Golf John Goetz
 Girls Golf Melissa Freesmeier
 Basketball John Hellige
 Girls Basketball Tony Johnson
 Girls Softball Loren Menke
 Girls Volleyball Melissa Freesmeier
 Cross Country Matt Mohrfeld
 Soccer Ryan Culbertson
 Girls Soccer Michael Sheerin
 Basketball Cheerleading Lisa Vincent
 Speech Director Joe Harmon
 Band Director Emily Otte
 Vocal Director Stewart Beyer

HUDSON

Street Address: 245 S Washington St
 City: Hudson
 Zip Code: 50643
 Mailing Address: PO Box 240
 City: Hudson
 Zip Code: 50643
 Supt. St Address: 136 S Washington
 Supt. City: Hudson
 Supt. Zip: 50643
 County: Black Hawk
 Area Code: 319
 School Phone: 988-4226
 HS Fax: 988-4174
 AD Fax: 988-4174
 Web Site: <http://hudsonpiratepride.com>
 School Colors: Navy Blue & White
 Nickname: Pirates
 Conference: North Iowa Cedar-East
 Superintendent Anthony Voss
 Phone (319)988-3233 x6
 Email anthonyvoss@hudschoools.org
 Admin Asst Sheila Petry
 Phone (319)988-3233 x6
 Email sheilapetry@hudschoools.org
 Principal Jeff Dieken
 Phone (319)988-4226
 Email jeffdieken@hudschoools.org
 Athletic Administrator Kevin Wurzer
 Phone (319)988-4226
 Email kevinwurzer@hudschoools.org

Athletic Secretary Dee Sallee
 Phone (319)988-4226
 Email deesallee@hudschoools.org
 Sports Medicine Provider Joe Bahnsen
 Golf Jeff Curly
 Girls Golf Jeff Curly
 Basketball Derek Girling
 Girls Basketball Jeff Curley
 Baseball Joe Bahnsen
 Girls Softball Jeff Curley
 Wrestling Wayne Haskovec
 Football Justin Brekke
 Girls Volleyball Steve Baird
 Track & Field Blaire Puls
 Girls Track & Field Braden Rogers
 Cross Country Sherri Selenke
 Girls Cross Country Sherri Selenke
 Soccer Sue Rink
 Girls Soccer Ashley Smiley
 Football Cheerleading Olivia Jorgensen
 Basketball Cheerleading Sara Anderson
 Wrestling Cheerleading Olivia Jorgensen
 Speech Director Casey Tecklenburg
 Band Director Nicole Davis
 Vocal Director Casey Tecklenburg

HUMBOLDT

Street Address: 1500 Wildcat Rd
 City: Humboldt
 Zip Code: 50548
 Mailing Address: 1500 Wildcat Rd
 City: Humboldt
 Zip Code: 50548
 Supt. St Address: PO Box 130
 Supt. City: Dakota City
 Supt. Zip: 50529
 County: Humboldt
 Area Code: 515
 School Phone: 332-1430
 HS Fax: 332-7150
 AD Fax: 332-7150
 Web Site: <http://www.humboldt.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Wildcats
 Conference: North Central
 Superintendent Greg Darling
 Phone (515)332-1330 x6102
 Email gdarling@humboldt.k12.ia.us
 Principal Lori Westhoff
 Phone (515) 332-1430 x6201
 Email lwesthoff@humboldt.k12.ia.us
 Asst/Assoc/Vice-Principal Greg Thomas
 Phone (515)332-1430 x6203
 Email gthomas@humboldt.k12.ia.us
 Athletic Administrator Greg Thomas
 Phone (515)332-1430 x6203
 Email gthomas@humboldt.k12.ia.us
 Athletic Secretary Julie Nielsen
 Phone (515)332-1430 x6205
 Email jnielsen@humboldt.k12.ia.us
 Sports Medicine Provider Andy Newell, ATC
 (Humboldt Memorial County Hospital)
 Golf Scott Birdsell
 Girls Golf Jess Harklau
 Basketball Jason Thurm
 Girls Basketball Rodd Mooney
 Baseball Jason Thurm
 Girls Softball Doug VanPelt
 Wrestling Chad Beaman
 Football Derrick Elman
 Girls Volleyball Justin McDaniel
 Track & Field Greg Wickett

Girls Track & Field..... Spencer Ross
 Cross CountryDean Clasen
 Girls Cross Country.....Dean Clasen
 Soccer..... Joe Hadar
 Girls SoccerRodd Mooney
 Football CheerleadingPam Stalpes
 Basketball Cheerleading.....Pam Stalpes
 Wrestling Cheerleading.....Shondel Beaman
 Speech Director.....Mike Terwilliger
 Student CouncilHeather Nielsen
 Band DirectorDrew Barker
 Vocal Director.....Bryce Shutt

IKM-MANNING

Street Address: 209 10th St
 City: Manning
 Zip Code: 51455
 Mailing Address: 209 10th St
 City: Manning
 Zip Code: 51455
 Supt. St Address: 209 10th St
 Supt. City: Manning
 Supt. Zip: 51455
 County: Carroll
 Area Code: 712
 School Phone: 655-3781
 HS Fax: 655-3311
 AD Fax: 655-3311
 Web Site: <http://www.ikm-manning.k12.ia.us>
 School Colors: Dark Green/Black
 Nickname: Wolves
 Conference: Western Iowa Conference
 Superintendent.....Trevor Miller
 Phone.....(712)655-3781
 Email.....tmiller@ikm-manning.k12.ia.us
 Principal.....Brian Wall
 Phone.....(712)655-3781
 Email.....bwall@ikm-manning.k12.ia.us
 Athletic Administrator.....Cory McCarville
 Phone.....(712)655-3781
 Email.....cmccarville@ikm-manning.k12.ia.us
 Athletic Secretary.....Jenny Bunker
 Phone.....(712)655-3781
 Email.....jbunker@ikm-manning.k12.ia.us
 Golf.....Keith Wagner
 Girls Golf.....Kevin Lahndorf
 Basketball.....Keith Wagner
 Girls Basketball.....Gene Rasmussen
 Baseball.....Cory McCarville
 Girls Softball.....Joy Gross
 Football.....Tom Casey
 Girls Volleyball.....Kathy Lage
 Track & Field.....Kyle Vanderhorst
 Girls Track & Field.....Robert Cast
 Cross Country.....Robert Cast
 Girls Cross Country.....Robert Cast
 Football Cheerleading.....Angie Miller
 Basketball Cheerleading.....Katie Nobling
 Speech Director.....Allison McCarville
 Student Council.....Beth Hagedorn
 Band Director.....Kyle Runyun
 Vocal Director.....Elizabeth Book

INDEPENDENCE

Street Address: 700 20th Ave SW
 City: Independence
 Zip Code: 50644
 Mailing Address: 700 20th Ave SW
 City: Independence
 Zip Code: 50644
 Supt. St Address: 1207 1st St W

Supt. City: Independence
 Supt. Zip: 50644
 County: Buchanan
 Area Code: 319
 School Phone: 334-7405
 HS Fax: 334-1296
 AD Fax: 332-1296
 Web Site: <http://www.independence.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Mustangs
 Conference: WaMaC
 Superintendent.....Russ Reiter
 Phone.....(319)334-7400
 Email.....rreiter@independence.k12.ia.us
 Principal.....John Howard
 Phone.....(319)334-7405
 Email.....jhoward@independence.k12.ia.us
 Asst/Assoc/Vice-Principal.....Dewey Hupke
 Phone.....(319)334-7405
 Email.....dhupke@independence.k12.ia.us
 Athletic Administrator.....Justin Putz
 Phone.....(319)334-7405
 Email.....jputz@independence.k12.ia.us
 Co-AD/Assistant.....Jack Goedken
 Phone.....(319)334-7405
 Email.....jgoedken@independence.k12.ia.us
 Athletic Secretary.....Carrie Cusher
 Phone.....(319)334-7405
 Email.....ccusher@independence.k12.ia.us
 Sports Medicine Provider.....Buchanan Co. Health Center
 Tennis.....Joe Schmitz
 Girls Tennis.....Dave Morkel
 Golf.....Ryan Ruffcorn
 Girls Golf.....Joel Dinger
 Basketball.....Chad Beatty
 Girls Basketball.....Bryce Pierce
 Baseball.....Jimmy Lizarraga
 Girls Softball.....Heather Hupke
 Wrestling.....Michael Doyle
 Football.....Justin Putz
 Girls Volleyball.....Joe Schmitz
 Track & Field.....Megan Rawlins
 Girls Track & Field.....Holi Osvald
 Cross Country.....Bri Miller
 Girls Cross Country.....Holi Osvald
 Soccer.....Nate Whited
 Girls Soccer.....Shawn Conaway
 Bowling.....TBD
 Football Cheerleading.....Mikka Foley
 Speech Director.....Kay Reidy
 Student Council.....Andrea Anderson, Lisa Preuss
 Band Director.....David Lang
 Vocal Director.....Roger Barloon
 Orchestra Director.....David Lang

INDIANOLA

Street Address: 1304 E 1st Ave
 City: Indianola
 Zip Code: 50125
 Mailing Address: 1304 E 1st Ave
 City: Indianola
 Zip Code: 50125
 Supt. St Address: 1304 E 2nd Ave
 Supt. City: Indianola
 Supt. Zip: 50125
 County: Warren
 Area Code: 515
 School Phone: 961-9510
 HS Fax: 961-9525
 AD Fax: 961-9525
 Web Site: <http://www.indianola.k12.ia.us>

School Colors: Purple & Gold
 Nickname: Indians
 Conference: Little Hawkeye
 Superintendent.....Art Sathoff
 Phone.....(515)961-9500
 Email.....art.sathoff@indianola.k12.ia.us
 Asst/Assoc Supt.....Ron Lorenz
 Phone.....(515)961-9500
 Email.....ron.lorenz@indianola.k12.ia.us
 Principal.....Jeff Siebersma
 Phone.....(515)961-9510
 Email.....jeff.siebersma@indianola.k12.ia.us
 Asst/Assoc/Vice-Principal.....Kelli Rixner
 Phone.....(515)961-9510
 Email.....kelli.rixner@indianola.k12.ia.us
 Asst/Assoc/Vice-Principal.....Josh Lullmann
 Phone.....(515)961-9510 x2170
 Email.....josh.lullmann@indianola.k12.ia.us
 Athletic Administrator.....Lee Nelson
 Phone.....(515)961-9510 x2281
 Email.....lee.nelson@indianola.k12.ia.us
 Co-AD/Assistant.....Jon Fitzpatrick
 Phone.....(515)961-9510 x2283
 Email.....jonathan.fitzpatrick@indianola.k12.ia.us
 Athletic Secretary.....Tawnya Hawkins
 Phone.....(515)961-9510 x2179
 Email.....tawnya.hawkins@indianola.k12.ia.us
 Sports Medicine Provider.....Josh Lawrence, LAT
 (Athletico Physical Therapy)
 Tennis.....Jamie Busby
 Girls Tennis.....Dave Summy
 Golf.....Gene Capps
 Girls Golf.....Rita Bunting
 Basketball.....Brett Watson
 Girls Basketball.....Jeff Janssen
 Swimming.....Bobby Shepherd
 Girls Swimming.....Aaron Strain
 Baseball.....Casey Aldridge
 Girls Softball.....Stacy Evans
 Wrestling.....Clint Manny
 Football.....Eric Kluver
 Girls Volleyball.....Kent Halstead
 Track & Field.....Matt Oliver
 Girls Track & Field.....Kim Arndt
 Cross Country.....Kevin Barnes
 Girls Cross Country.....Kim Arndt
 Soccer.....Hunter Viedenkamp
 Girls Soccer.....Mackenzie Stump
 Football Cheerleading.....Paula Straight
 Basketball Cheerleading.....Paula Straight
 Wrestling Cheerleading.....Paula Straight
 Speech Director.....Randy Stone
 Student Council.....Jori Coghlan
 Band Director.....Mike Richardson
 Vocal Director(s).....Val Hagener, Myles Finn
 Orchestra Director.....Heidi Terrell

INTERSTATE 35, TRURO

Street Address: 405 E North St
 City: Truro
 Zip Code: 50257
 Mailing Address: PO Box 79
 City: Truro
 Zip Code: 50257
 Supt. St Address: PO Box 79
 Supt. City: Truro
 Supt. Zip: 50257
 County: Madison
 Area Code: 641
 School Phone: 765-4818
 HS Fax: 765-4820

AD Fax: 765-4820
 Web Site: <http://www.i-35.k12.ia.us>
 School Colors: Red, White, Blue
 Nickname: Roadrunners
 Conference: West Central Activities

Superintendent.....Sharon Dentlinger
 Phone.....(641)765-4291
 Email.....sdentlinger@i-35.k12.ia.us

Principal.....Steve Kaster
 Phone.....(641)765-4818
 Email.....skaster@i-35.k12.ia.us

Athletic Administrator.....Keegan Smith
 Phone.....(641)765-5208
 Email.....keegansmith@i-35.k12.ia.us

Athletic Secretary.....Tina Burkhead
 Phone.....(641)765-5209
 Email.....tburkhead@i-35.k12.ia.us

Golf.....Dan Krull
 Girls Golf.....Dan Krull
 Basketball.....Nate Rankin
 Girls Basketball.....Jeff Douglas
 Baseball.....Jeff Douglas
 Girls Softball.....Tim Bogs
 Wrestling.....Cody Swim
 Football.....Mike Stuart
 Girls Volleyball.....Nicole Vogt
 Track & Field.....Tim McKinney
 Girls Track & Field.....Desman Oakley
 Cross Country.....Desman Oakley
 Girls Cross Country.....Alex Nissan-Pickard
 Football Cheerleading.....Nicole Reed
 Wrestling Cheerleading.....Elizabeth Brant
 Speech Director.....Eric Borlaug
 Student Council.....Jason Smith
 Band Director.....Stacey Kreps
 Vocal Director.....David Webster

IOWA CITY, CITY HIGH

Street Address: 1900 Morningside Dr
 City: Iowa City
 Zip Code: 52245
 Mailing Address: 1900 Morningside Dr
 City: Iowa City
 Zip Code: 52245
 Supt. St Address: 1725 N Dodge St
 Supt. City: Iowa City
 Supt. Zip: 52245-9589
 County: Johnson
 Area Code: 319
 School Phone: 688-1040
 HS Fax: 688-1049
 AD Fax: 688-1314
 Web Site: <https://www.iowacityschools.org/Domain/396>
 School Colors: Red & White
 Nickname: Little Hawks
 Conference: Mississippi Valley - Mississippi Div

Superintendent.....Stephen Murley
 Phone.....(319)688-1000
 Email.....murley.stephen@iowacityschools.org

Asst/Assoc Supt.....Matt Degner
 Phone.....(319)688-1000
 Email.....degner.matt@iowacityschools.org

Principal.....John Bacon
 Phone.....(319)688-1040
 Email.....bacon.john@iowacityschools.org

Asst/Assoc/Vice-Principal.....Scott Jespersen
 Phone.....(319)688-1040
 Email.....jespersen.scott@iowacityschools.org

Asst/Assoc/Vice-Principal.....Natalee Swan
 Phone.....(319)688-1040
 Email.....swan.natalee@iowacityschools.org

Athletic Administrator.....Phillip Hansen
 Phone.....(319)688-1045
 Email.....hansen.phillip@iowacityschools.org

Athletic Secretary.....Ellen Lee-Andino
 Phone.....(319)688-1045
 Email.....lee-andino.ellen@iowacityschools.org

Sports Medicine Provider.....Jennifer McHenry

Tennis.....Chip Hardesty

Girls Tennis.....Fred Pedersen

Golf.....David Brighton

Girls Golf.....Michael Bevelacqua

Basketball.....Brennan Swayzer

Girls Basketball.....Bill McTaggart

Swimming.....Zane Hugo

Girls Swimming.....Zane Hugo

Baseball.....Brian Mitchell

Girls Softball.....Jeff Koenig

Wrestling.....Cory Connell

Football.....Dan Sabers

Girls Volleyball.....Tricia Carty

Track & Field.....Mike Moore

Girls Track & Field.....Jeremy Mims

Cross Country.....Jayme Skay

Girls Cross Country.....Ryan Ahlers, Lynn Ahlers

Soccer.....Jose Michel Fajardo

Girls Soccer.....Corbin Scholz

Bowling.....Mike Degner

Girls Bowling.....Mike Degner

Football Cheerleading.....Kara Spurrell

Basketball Cheerleading.....Kara Spurrell

Wrestling Cheerleading.....Kara Spurrell

Speech Director.....Troy Peters

Student Council.....Nathan Hellwig

Band Director.....Aaron Ottmar

Vocal Director.....Greg Grove

Orchestra Director.....Megan Stucky

IOWA CITY, LIBERTY

Street Address: 1400 S. Dubuque Street
 City: North Liberty
 Zip Code: 52317
 Mailing Address: 1400 S. Dubuque Street
 City: North Liberty
 Zip Code: 52317
 Supt. St Address: 1725 North Dodge St
 Supt. City: Iowa City
 Supt. Zip: 52245
 County: Johnson
 Area Code: 319
 School Phone: 688-1350
 HS Fax: 688-1351
 AD Fax: 688-1353
 Web Site: <https://www.iowacityschools.org/Page/2145>
 School Colors: Black with Silver and Purple
 Nickname: Lightning

Superintendent.....Stephen Murley
 Phone.....(319)688-1000
 Email.....murley.stephen@iowacityschools.org

Asst/Assoc Supt.....Matt Degner
 Phone.....(319)688-1000
 Email.....degner.matt@iowacityschools.org

Admin Asst.....Lisa Mattingly
 Phone.....(319)688-1000
 Email.....mattingly.lisa@iowacityschools.org

Principal.....Scott Kibby
 Phone.....(319)688-1350
 Email.....kibby.scott@iowacityschools.org

Asst/Assoc/Vice-Principal.....Justin Colbert
 Phone.....(319)688-1350
 Email.....colbert.justin@iowacityschools.org

Asst/Assoc/Vice-Principal.....Emily O'Donnell
 Phone.....(319)688-1350
 Email.....odonnell.emily@iowacityschools.org

Asst/Assoc/Vice-Principal.....Kimberly Fitten
 Phone.....(319)688-1350
 Email.....fitten.kimberly@iowacityschools.org

Athletic Administrator.....Mike Morrison
 Phone.....(319)688-1352
 Email.....morrison.michael@iowacityschools.org

Athletic Secretary.....Tristan Sievers
 Phone.....(319)688-1352
 Email.....sievers.tristan@iowacityschools.org

Sports Medicine Provider.....Anna Manternach

Tennis.....Austin Pink

Girls Tennis.....James Postman

Golf.....Sean McCarty

Girls Golf.....Brian Wernimont

Basketball.....Stu Ordman

Girls Basketball.....Jaime Brandt

Baseball.....Tom Cronk

Girls Softball.....Jeff Kelley

Wrestling.....Joe Williams

Football.....Jeff Gordon

Girls Volleyball.....Randy Dolson

Track & Field.....Bruce Davis

Girls Track & Field.....Keaton Rickels

Cross Country.....Josh Hildebrand

Girls Cross Country.....Tonya McDonough

Soccer.....Ben Watson

Girls Soccer.....Frank Fiordellisi

Football Cheerleading.....Charita Martin, Jessica Andersen

Basketball Cheerleading.....Charita Martin, Jessica Andersen

Wrestling Cheerleading.....Charita Martin, Jessica Andersen

Speech Director.....Brad Borrison

Student Council.....Melissa Nies

Band Director.....Ryan Arp

Vocal Director.....Rob Williams

Orchestra Director.....Andria Savage

IOWA CITY, WEST

Street Address: 2901 Melrose Ave
 City: Iowa City
 Zip Code: 52246
 Mailing Address: 2901 Melrose Ave
 City: Iowa City
 Zip Code: 52246
 Supt. St Address: 1725 N Dodge St
 Supt. City: Iowa City
 Supt. Zip: 52245-9589
 County: Johnson
 Area Code: 319
 School Phone: 688-1055
 HS Fax: 688-1315
 AD Fax: 688-1315
 Web Site: <https://www.iowacityschools.org/Domain/327>
 School Colors: Forest Green & Vegas Gold
 Nickname: Trojans/Women of Troy
 Conference: Mississippi Valley

Superintendent.....Stephen Murley
 Phone.....(319)688-1000
 Email.....murley.stephen@iowacityschools.org

Asst/Assoc Supt.....Matt Degner
 Phone.....(319)688-1000
 Email.....degner.matt@iowacityschools.org

Admin Asst.....Kim Colvin
 Phone.....(319)688-1000
 Email.....colvin.kim@iowacityschools.org

Principal.....Dr. Gregg Shoultz
 Phone.....(319)688-1050
 Email.....shoultz.gregg@iowacityschools.org

Asst/Assoc/Vice-Principal..... Molly Abraham
 Phone..... (319)688-1050
 Email..... abraham.molly@iowacityschools.org
 Asst/Assoc/Vice-Principal..... Luke DeVries
 Phone..... (319)688-1050 x5141
 Email..... devries.luke@iowacityschools.org
 Asst/Assoc/Vice-Principal..... Maria Martin
 Phone..... (319)688-1050
 Email..... martin.maria@iowacityschools.org
 Athletic Administrator..... Craig Huegel
 Phone..... (319)688-1055 x5159
 Email..... huegel.craig@iowacityschools.org
 Athletic Secretary..... Brianna Dusterhoft
 Phone..... (319)688-1055
 Email..... dusterhoft.brianna@iowacityschools.org
 Sports Medicine Provider..... Sheila Stiles
 Tennis..... Mitch Gross
 Girls Tennis..... Amie Villarini
 Golf..... Don Bristow
 Girls Golf..... Mary Goodfellow
 Basketball..... Steve Bergman
 Girls Basketball..... B.J. Mayer
 Swimming..... Byron Butler
 Girls Swimming..... Byron Butler
 Baseball..... Charlie Stumpff
 Girls Softball..... Barb Lynn
 Wrestling..... Nate Moore
 Football..... Garrett Hartwig
 Girls Volleyball..... Scott Sanders
 Track & Field..... T.J. Craig
 Girls Track & Field..... Mike Parker
 Cross Country..... Josh Kidman
 Girls Cross Country..... Mike Parker
 Soccer..... Brad Stiles
 Girls Soccer..... David Rosenthal
 Bowling..... Mike Mellecker
 Girls Bowling..... Mike Mellecker
 Football Cheerleading..... Courtney Carley
 Basketball Cheerleading..... Courtney Carley
 Wrestling Cheerleading..... Courtney Carley
 Speech Director..... John Cooper
 Student Council..... Travis Henderson
 Band Director..... Rob Medd
 Vocal Director..... David Haas
 Orchestra Director..... Jonathan Welch

IOWA FALLS-ALDEN

Street Address: 1903 N Taylor Ave
 City: Iowa Falls
 Zip Code: 50126
 Mailing Address: 1903 N Taylor Ave
 City: Iowa Falls
 Zip Code: 50126
 Supt. St Address: 710 North St
 Supt. City: Iowa Falls
 Supt. Zip: 50126
 County: Hardin
 Area Code: 641
 School Phone: 648-6440
 HS Fax: 648-3222
 AD Fax: 648-3222
 Web Site: <http://www.ifacadets.net>
 School Colors: Black, Gold, & Red
 Nickname: Cadets
 Conference: North Central
 Superintendent..... Tony Neumann
 Phone..... (641)648-6400
 Email..... tneumann@ifacadets.net
 Principal..... Kyle Hutchinson
 Phone..... (641)648-6440
 Email..... khutchinson@ifacadets.net

Athletic Administrator..... Pat Norem
 Phone..... (641) 648-6440
 Email..... pnorem@ifacadets.net
 Athletic Secretary..... Jamie Peterson
 Phone..... (641)648-6440
 Email..... jpeterson@ifacadets.net
 Tennis..... Jeff Burchfield
 Girls Tennis..... Ben Jass
 Golf..... Gregg Winters
 Girls Golf..... Dave Bonde
 Basketball..... Michael Collison
 Girls Basketball..... Brandon Uhlenberg
 Baseball..... Brendon McNulty
 Girls Softball..... Steve Bahr, Janet Tidman
 Wrestling..... Scott Patton
 Football..... Don Anderson
 Girls Volleyball..... Steve Barhite
 Track & Field..... Dave Harms
 Girls Track & Field..... TBD
 Cross Country..... Mike Rottink
 Girls Cross Country..... Brad Miller
 Soccer..... Greg Lascheid
 Girls Soccer..... TBD
 Football Cheerleading..... Paige Ites
 Basketball Cheerleading..... Paige Ites
 Wrestling Cheerleading..... Dana Counsell
 Band Director..... Jeff Schmitt
 Vocal Director..... Karen Carstens

IOWA SCHOOL FOR THE DEAF

Street Address: 3501 Harry Langdon Blvd
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 3501 Harry Langdon Blvd
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 3501 Harry Langdon Blvd
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 366-0571
 HS Fax: 366-3218
 AD Fax: 366-32
 Web Site: <http://www.iowaschoolforthe deaf.org/>
 School Colors: Cardinal & Gold
 Nickname: Bobcats
 Superintendent..... Steve Gettel
 Phone..... (712)366-3215
 Email..... sgettel@iowaschoolforthe deaf.org
 Asst/Assoc Supt..... John Cool
 Phone..... (712)366-3215
 Email..... jcool@iowaschoolforthe deaf.org
 Principal..... Rebecca Gaw
 Phone..... (712)366-3237
 Email..... rgaw@iowaschoolforthe deaf.org
 Asst/Assoc/Vice-Principal..... Bryce Hendricks
 Phone..... (712)366-3237
 Email..... bhendricks@iowaschoolforthe deaf.org
 Athletic Administrator..... Nyle Smith
 Phone..... (712)366-3247
 Email..... nsmith@iowaschoolforthe deaf.org
 Basketball..... Nyle Smith
 Girls Basketball..... Dan Gradoville
 Football..... Brent Welsch
 Girls Volleyball..... Katrina Landolt
 Track & Field..... Brent Welsch
 Girls Track & Field..... Brent Welsch
 Football Cheerleading..... Megan Shama
 Basketball Cheerleading..... Megan Shama
 Student Council..... Jen Herzog

IOWA VALLEY, MARENGO

Street Address: 359 E Hilton St
 City: Marengo
 Zip Code: 52301
 Mailing Address: 359 E Hilton St
 City: Marengo
 Zip Code: 52301
 Supt. St Address: 359 E Hilton St
 Supt. City: Marengo
 Supt. Zip: 52301
 County: Iowa
 Area Code: 319
 School Phone: 642-3332
 HS Fax: 642-3023
 AD Fax: 642-3023
 Web Site: <http://www.iowa-valley.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Tigers
 Conference: SICL
 Superintendent..... Mark Olmstead
 Phone..... (319)642-7714
 Email..... molmstead@ivcsd.org
 Admin Asst..... Shannon Rabe
 Phone..... (319)642-3332 x221
 Email..... srabe@ivcsd.org
 Principal..... Janet Holst-Behrens
 Phone..... (319)642-3332
 Email..... jbehrens@ivcsd.org
 Athletic Administrator..... Ray Cooling
 Phone..... (319)642-3332
 Email..... rcooling@ivcsd.org
 Athletic Secretary..... Shannon Rabe
 Phone..... (319)642-3332
 Email..... srabe@ivcsd.org
 Golf..... Martin Wieck
 Girls Golf..... Martin Wieck
 Basketball..... Randy Carney
 Girls Basketball..... Janet Holst-Behrens
 Baseball..... John Bowlin
 Girls Softball..... Monica Miller
 Wrestling..... Jeremy Kriegel
 Football..... Cody Snitker
 Girls Volleyball..... Danielle Smith
 Track & Field..... Cody Snitker
 Girls Track & Field..... Greg Jergens
 Football Cheerleading..... Mindi Slaymaker
 Basketball Cheerleading..... Abby Gard
 Wrestling Cheerleading..... Mindi Slaymaker
 Speech Director..... Jackye Bowlin
 Student Council..... Tiffany Thiessen
 Band Director..... Keith Reynolds
 Vocal Director..... Neal Schwarting

ISAAC NEWTON CHRISTIAN ACADEMY

Street Address: 1635 Linmar Drive NE
 City: Cedar Rapids
 Zip Code: 52402
 Mailing Address: 1635 Linmar Drive NE
 City: Cedar Rapids
 Zip Code: 52402
 Supt. St Address: 1635 Linmar Drive NE
 Supt. City: Cedar Rapids
 Supt. Zip: 52402
 County: Linn
 Area Code: 319
 School Phone: 362-9512
 HS Fax: 362-5610
 Web Site: <http://www.incaonline.org>
 School Colors: royal blue/red/white
 Nickname: Patriots

Superintendent..... Dean Ridder
 Phone.....(319)362-9512
 Email.....dridder@incaonline.org
 Admin Asst..... Tracy King
 Phone.....(319)362-9512 x231
 Email.....tking@incaonline.org
 Athletic Administrator..... Amy Bautista
 Phone.....(319)362-9512
 Email.....abautista@incaonline.org
 Golf..... Paul Jungblut
 Girls Golf..... Paul Jungblut
 Cross Country..... Amy Bautista
 Girls Cross Country..... Amy Bautista
 Bowling..... Roger Taylor
 Girls Bowling..... Roger Taylor

JANESVILLE

Street Address: 505 Barrick Rd.
 City: Janesville
 Zip Code: 50647
 Mailing Address: PO Box 478
 City: Janesville
 Zip Code: 50647
 Supt. St Address: PO Box 478
 Supt. City: Janesville
 Supt. Zip: 50647
 County: Bremer
 Area Code: 319
 School Phone: 987-2581
 HS Fax: 987-2824
 AD Fax: 987-2824
 Web Site: <http://www.janesville.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Wildcats
 Conference: Iowa Star
 Superintendent..... BJ Meaney
 Phone.....(319)987-2581
 Email.....bj.meaney@janesvilleschools.net
 Principal..... BJ Meaney
 Phone.....(319)987-2581
 Email.....bj.meaney@janesvilleschools.net
 Asst/Assoc/Vice-Principal..... Micah Monroe
 Phone.....(319)987-2581
 Email.....micah.monroe@janesvilleschools.net
 Athletic Administrator..... Micah Monroe
 Phone.....(319)987-2581
 Email.....micah.monroe@janesvilleschools.net
 Basketball..... Joseph McKenna
 Girls Basketball..... Chad Brown
 Baseball..... Derick Ludwig
 Girls Softball..... Shelly Sorensen
 Football..... Dale Eastman
 Girls Volleyball..... Shelly Sorensen
 Track & Field..... Richard White
 Girls Track & Field..... Molly Bolt
 Cross Country..... Nolan Hovland
 Girls Cross Country..... Nolan Hovland
 Football Cheerleading..... Niki O'Meara
 Basketball Cheerleading..... Niki O'Meara
 Speech Director..... Alex Toft
 Student Council..... Casey Giraud
 Band Director..... Katie Limyao
 Vocal Director..... Niki O'Meara

JESUP

Street Address: 531 Prospect St
 City: Jesup
 Zip Code: 50648
 Mailing Address: PO Box 287
 City: Jesup
 Zip Code: 50648

Supt. St Address: 531 Prospect St
 Supt. City: Jesup
 Supt. Zip: 50648
 County: Buchanan
 Area Code: 319
 School Phone: 827-1700
 HS Fax: 827-3905
 AD Fax: 827-3905
 Web Site: <http://www.jesup.k12.ia.us>
 School Colors: Royal Blue & Orange
 Nickname: J-Hawks
 Conference: North Iowa Cedar East
 Superintendent..... Nathan Marting
 Phone.....(319)827-1700 x1402
 Email.....nmarting@jesup.k12.ia.us
 Principal..... Paul Rea
 Phone.....(319)827-1700 x1302
 Email.....prea@jesup.k12.ia.us
 Asst/Assoc/Vice-Principal..... Lisa Loecher
 Phone.....(319)827-1700 xe
 Email.....lloecher@jesup.k12.ia.us
 Athletic Administrator..... Joe Smeins
 Phone.....(319)827-1700 x1207
 Email.....jsmeins@jesup.k12.ia.us
 Athletic Secretary..... Karma Schmit
 Phone.....(319)827-1700 x1203
 Email.....kschmit@jesup.k12.ia.us
 Sports Medicine Provider..... Minela Saric, LAT
 (Summit Chiropractic)
 Golf..... Tom Klein
 Girls Golf..... Michelle Klein
 Basketball..... Joe Smeins
 Girls Basketball..... Jordan Conrad
 Baseball..... Bruce Wall
 Girls Softball..... Rod Elson
 Football..... Tim Sauer
 Girls Volleyball..... Eryca Bass
 Track & Field..... Jason Sullivan
 Girls Track & Field..... Lisa Loecher
 Cross Country..... Nick Green
 Girls Cross Country..... Nick Green
 Football Cheerleading..... Sarah Nolan
 Basketball Cheerleading..... Sarah Nolan
 Wrestling Cheerleading..... Sarah Nolan
 Speech Director..... Alex O'Connell
 Student Council..... Mollie Emerson
 Band Director..... Mollie Emerson
 Vocal Director..... Aaron Fitzgerald

JOHNSTON

Street Address: 6500 NW 100th St
 City: Johnston
 Zip Code: 50131
 Mailing Address: PO Box 10
 City: Johnston
 Zip Code: 50131
 Supt. St Address: PO Box 10
 Supt. City: Johnston
 Supt. Zip: 50131
 County: Polk
 Area Code: 515
 School Phone: 278-0449
 HS Fax: 276-5795
 AD Fax: 278-8183
 Web Site: <http://www.johnston.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Dragons
 Conference: CIML-Iowa
 Superintendent..... Laura Kacer
 Phone.....(515)278-0470
 Email.....laura.kacer@johnston.k12.ia.us

Asst/Assoc Supt..... Dr. Bruce Amendt
 Phone.....(515)278-0470
 Email.....bamendt@johnston.k12.ia.us
 Executive Coordinator..... Joy Wiebers
 Phone.....(515)278-0470
 Email.....joy.wiebers@johnston.k12.ia.us
 Principal..... Ryan Woods
 Phone.....(515)278-0449
 Email.....ryan.woods@johnston.k12.ia.us
 Asst/Assoc/Vice-Principal..... Randy Klein
 Phone.....(515)278-0449
 Email.....rklein@johnston.k12.ia.us
 Asst/Assoc/Vice-Principal..... Nate Zittergruen
 Phone.....(515)278-0449
 Email.....nate.zittergruen@johnston.k12.ia.us
 Asst/Assoc/Vice-Principal..... Randy Sparks
 Phone.....(515)278-0449
 Email.....randy.sparks@johnston.k12.ia.us
 Asst/Assoc/Vice-Principal..... Shayne Coenen
 Phone.....(515)278-0449
 Email.....shayne.coenen@johnston.k12.ia.us
 Athletic Administrator..... Joe Nelson
 Phone.....(515)278-2407
 Email.....joseph.nelson@johnston.k12.ia.us
 Co-AD/Assistant..... Josh Tobey
 Phone.....(515)278-0476
 Email.....josh.tobey@johnston.k12.ia.us
 Athletic Secretary..... Tamra Nelson
 Phone.....(515)278-2407
 Email.....tamra.nelson@johnston.k12.ia.us
 Sports Medicine Provider..... Chris Wiedmann, PT
 (Unity Point)
 Tennis..... Leslie Shipp
 Girls Tennis..... Mitzi Hetherton
 Golf..... Steve Smith
 Girls Golf..... Steve Smith
 Basketball..... Brian Frick
 Girls Basketball..... Chad Jilek
 Swimming..... Darin Robertson
 Girls Swimming..... Darin Robertson
 Baseball..... Michael Barta
 Girls Softball..... Todd Merical
 Wrestling..... Aaron Tecklenburg
 Football..... Brian Woodley
 Girls Volleyball..... Rick Brooks
 Track & Field..... Matt Jaschen
 Girls Track & Field..... Chris Siewert
 Cross Country..... Matt Jaschen
 Girls Cross Country..... Pat Hennes
 Soccer..... Heath Weeks
 Girls Soccer..... Eric Shafer
 Bowling..... Scott Taylor
 Girls Bowling..... Xan Taylor
 Football Cheerleading..... Kate Safris
 Basketball Cheerleading..... Kate Safris
 Speech Director..... Jeremy Fitzpatrick
 Student Council..... Kari Gray
 Band Director..... Jeff Robilliard
 Vocal Director..... Samantha Robilliard, Hannah Ryan

KEE, LANSING

Street Address: 569 Center St
 City: Lansing
 Zip Code: 52151
 Mailing Address: 569 Center St
 City: Lansing
 Zip Code: 52151
 Supt. St Address: 569 Center St
 Supt. City: Lansing
 Supt. Zip: 52151
 County: Allamakee

Area Code: 563
 School Phone: 538-4201
 HS Fax: 538-4969
 AD Fax: 538-4969
 Web Site: <http://www.e-allamakee.k12.ia.us>
 School Colors: Purple, Gray, White
 Nickname: Kee Hawks
 Conference: Upper Iowa
 Superintendent.....Dale Crozier
 Phone.....(563)538-4201
 Email.....dale.crozier@mflmarmac.k12.ia.us
 Principal.....Mary Hogan
 Phone.....(563)538-4201 x303
 Email.....mhogan@kee.k12.ia.us
 Asst/Assoc/Vice-Principal.....Chad Steckel
 Phone.....(563)544-4246
 Email.....csteckel@kee.k12.ia.us
 Athletic Administrator.....Danny Love
 Phone.....(563)538-4201
 Email.....dlove@kee.k12.ia.us
 Basketball.....Pat Sullivan
 Girls Basketball.....Lisa Steckel
 Baseball.....Jim Mauss
 Girls Softball.....Elizabeth Hill
 Football.....Chad Winters
 Girls Volleyball.....Amy Peterson
 Track & Field.....Pat Wagner
 Girls Track & Field.....Chad Winters
 Cross Country.....Pat Wagner
 Girls Cross Country.....Pat Wagner
 Speech Director.....Tammy Manning
 Student Council.....Tiffanie Peters, Allison Fitzwater
 Band Director.....Elizabeth Peregrine
 Vocal Director.....Felicity Eward

KEOKUK

Street Address: 2285 Middle Rd
 City: Keokuk
 Zip Code: 52632
 Mailing Address: 2285 Middle Rd
 City: Keokuk
 Zip Code: 52632
 Supt. St Address: 1721 Fulton St
 Supt. City: Keokuk
 Supt. Zip: 52632
 County: Lee
 Area Code: 319
 School Phone: 524-2542
 HS Fax: 526-3847
 AD Fax: 524-1784
 Web Site: <http://keokukschools.org>
 School Colors: Purple & White
 Nickname: Chiefs
 Conference: Southeast
 Superintendent.....Christine Barnes
 Phone.....(319)524-1402 x1616
 Email.....christine.barnes@keokukschools.org
 Admin Asst.....Jamie Miller
 Phone.....(319)524-1402 x1603
 Principal.....Adam Magliari
 Phone.....(319)524-2542 x1001
 Email.....adam.magliari@keokukschools.org
 Asst/Assoc/Vice-Principal.....Layne Billings
 Phone.....(319)524-2542 x1006
 Email.....layne.billings@keokukschools.org
 Asst/Assoc/Vice-Principal.....Mike Davis
 Phone.....(319)795-2542 x1026
 Email.....michael.davis@keokukschools.org
 Athletic Administrator.....Zach Summers
 Phone.....(319)524-2542 x1009
 Email.....zach.summers@keokukschools.org

Co-AD/Assistant.....Kyler Barnes
 Phone.....(319)524-3737
 Email.....kyler.barnes@keokukschools.org
 Athletic Secretary.....Gina Dean
 Phone.....(319)524-2542 x1011
 Email.....gina.dean@keokukschools.org
 Sports Medicine Provider.....Chris Lobberrecht
 Tennis.....Dan Logan
 Girls Tennis.....Gary de Gala
 Golf.....Kevin Bogert
 Girls Golf.....Nate Ames
 Basketball.....Zach Summers
 Girls Basketball.....Mike Davis
 Swimming.....Mercedes Hawkins
 Girls Swimming.....Mercedes Hawkins
 Baseball.....Scott Rose
 Girls Softball.....Mandi Moore
 Wrestling.....Tommy Rose
 Football.....Josh Roberts
 Girls Volleyball.....Randy Loges
 Track & Field.....Shaina Arnold
 Girls Track & Field.....Matt McGhghy
 Cross Country.....Shaina Arnold
 Girls Cross Country.....Shaina Arnold
 Soccer.....Brian Boltz
 Bowling.....Ryan Moore
 Girls Bowling.....Ryan Moore
 Football Cheerleading.....Bethany Washburn
 Basketball Cheerleading.....Lori Sanders
 Wrestling Cheerleading.....Lori Sanders
 Student Council.....Rex Muston
 Band Director.....Joel Knipe
 Vocal Director.....Katie Sullivan
 Orchestra Director.....Joel Knipe

KEOTA

Street Address: 505 N Ellis St
 City: Keota
 Zip Code: 52248
 Mailing Address: PO Box 88
 City: Keota
 Zip Code: 52248
 Supt. St Address: PO Box 88
 Supt. City: Keota
 Supt. Zip: 52248
 County: Keokuk
 Area Code: 641
 School Phone: 636-3491
 HS Fax: 636-2210
 AD Fax: 636-3009
 Web Site: <http://www.keota.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Eagles
 Conference: South Iowa Cedar League
 Superintendent.....Jim Henrich
 Phone.....(641)636-2189
 Email.....jim.henrich@keota.k12.ia.us
 Admin Asst.....Gina Bennett
 Phone.....(641)636-2189
 Email.....gina.bennett@keota.k12.ia.us
 Principal.....Jim Henrich
 Phone.....(641)636-3491
 Email.....jim.henrich@keota.k12.ia.us
 Asst/Assoc/Vice-Principal.....Alex Klopfenstein
 Phone.....(641)636-2323
 Email.....alex.klopfenstein@keota.k12.ia.us
 Athletic Administrator.....Rod Hill
 Phone.....(641)636-2323
 Email.....rod.hill@keota.k12.ia.us
 Co-AD/Assistant.....Dan Stout
 Phone.....(641)636-2323
 Email.....dan.stout@keota.k12.ia.us

Athletic Secretary.....Gina Bennett
 Phone.....(641)636-3491
 Email.....gina.bennett@keota.k12.ia.us
 Golf.....Rod Hill
 Girls Golf.....Rod Hill
 Basketball.....Dan Stout
 Girls Basketball.....TBD
 Baseball.....Dakota McCombs
 Girls Softball.....Dewey Purkeypyle
 Girls Volleyball.....Sky Hahn
 Track & Field.....Dan Stout
 Girls Track & Field.....Dan Stout
 Cross Country.....Dakota McCombs
 Girls Cross Country.....Dakota McCombs
 Basketball Cheerleading.....Jennifer Cleland
 Speech Director(s).....Gina Bennett, Michael McNurlen
 Student Council.....Amy Hemsley
 Band Director.....Jane Edwards
 Vocal Director.....Jane Edwards

KINGSLEY-PIERSON

Street Address: 322 Quest Ave
 City: Kingsley
 Zip Code: 51028
 Mailing Address: PO Box 520
 City: Kingsley
 Zip Code: 51028
 Supt. St Address: PO Box 520
 Supt. City: Kingsley
 Supt. Zip: 51028
 County: Plymouth
 Area Code: 712
 School Phone: 378-2861
 HS Fax: 378-3729
 AD Fax: 378-3729
 Web Site: <http://www.k-pcsd.org>
 School Colors: Black & Gold
 Nickname: Panthers
 Conference: Western Valley
 Superintendent.....Scott Bailey
 Phone.....(712)378-2861
 Email.....sbailey@k-pcsd.org
 Admin Asst.....Randi Anstine
 Phone.....(712)378-2861
 Email.....ranstine@k-pcsd.org
 Principal.....Scott Bailey
 Phone.....(712)378-2861
 Email.....sbailey@k-pcsd.org
 Asst/Assoc/Vice-Principal.....Rob Wiese
 Phone.....(712)378-2861
 Email.....rwiese@k-pcsd.org
 Asst/Assoc/Vice-Principal.....Dean Harpenau
 Phone.....(712)378-2861
 Email.....deanharpenu@k-pcsd.org
 Athletic Administrator.....Nicole Goodwin
 Phone.....(712)378-2861
 Email.....ngoodwin@k-pcsd.org
 Athletic Secretary.....Jody Reinking
 Phone.....(712)378-2861
 Email.....jreinking@k-pcsd.org
 Sports Medicine Provider.....Jordan Whitsell,
 Nicole Goodwin, LAT (CNOS)
 Golf.....Tim Dirksen
 Girls Golf.....Val Sitzmann
 Basketball.....Jarrod Schott
 Girls Basketball.....Nicole Goodwin
 Baseball.....Taylor Doeschot
 Girls Softball.....Cole Harvey
 Wrestling.....Brandon Borkowski, Bill Seuntjens
 Football.....Geoff Olson
 Girls Volleyball.....Torey Hill
 Track & Field.....Geoff Olson, Curt Lilly

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Superintendent.....Chris Coffelt
 Phone.....(641)784-3342
 Email.....ccoffelt@lamonischools.org
 Principal.....Alan Dykens
 Phone.....(641)784-3351 x443
 Email.....adykens@lamonischools.org
 Athletic Administrator.....Jon Hampton
 Phone.....(641)784-3351
 Email.....jhampton@lamonischools.org
 Athletic Secretary.....Chrissy Tull
 Phone.....(641)784-3351
 Email.....ctull@lamonischools.org
 Golf.....Jon Hampton
 Girls Golf.....Jon Hampton
 Basketball.....Ryan Olson
 Girls Basketball.....Kevin Brunner
 Baseball.....Al Dykens
 Girls Softball.....Samantha Stockford
 Football.....Bryan Nowlin
 Girls Volleyball.....Laura Jeanes
 Track & Field.....Ryan Olson
 Girls Track & Field.....Mark Patience
 Bowling.....Shawn Davis
 Girls Bowling.....Shawn Davis
 Football Cheerleading.....Yolanda Taylor
 Basketball Cheerleading.....Yolanda Taylor
 Student Council.....Judi Daily
 Band Director.....Aaron Comer
 Vocal Director.....Aaron Comer
 Orchestra Director.....Kerry Cox

LAWTON-BRONSON

Street Address: 100 Tara Way
 City: Lawton
 Zip Code: 51030
 Mailing Address: 100 Tara Way
 City: Lawton
 Zip Code: 51030
 Supt. St Address: 100 Tara Way
 Supt. City: Lawton
 Supt. Zip: 51030
 County: Woodbury
 Area Code: 712
 School Phone: 944-5181
 HS Fax: 944-5568
 AD Fax: 944-5568
 Web Site: <http://www.lb-eagles.org>
 School Colors: Black & Gold
 Nickname: Eagles
 Conference: Western Valley
 Superintendent.....Chad Shook
 Phone.....(712)944-5183
 Email.....shookc@lb-eagles.org
 Principal.....Brandi Jessen
 Phone.....(712)944-5181
 Email.....jessenb@lb-eagles.org
 Athletic Administrator.....Jamey Lloyd
 Phone.....(712)944-5181
 Email.....lloydj@lb-eagles.org
 Sports Medicine Provider.....CNOS
 Golf.....Jason Carlson
 Girls Golf.....Mike Meyer
 Basketball.....Adam Benson
 Girls Basketball.....Joe Loutsch
 Baseball.....Ryan Denney
 Girls Softball.....Bryan Alfredson
 Wrestling.....Matt Thoma
 Football.....Jamey Lloyd
 Girls Volleyball.....Jeremiah Pottebaum
 Track & Field.....Jesse Pedersen
 Girls Track & Field.....Garrett Ehlers
 Cross Country.....Jason Carlson

Girls Cross Country.....Jason Carlson
 Football Cheerleading.....Carrie Rice
 Basketball Cheerleading.....Carrie Rice
 Speech Director.....Beth Bellinghausen
 Student Council.....Jeff Firsching
 Band Director.....Mike Meyer
 Vocal Director.....Emily Klaumann

LEMARS

Street Address: 921 Third Ave SW
 City: LeMars
 Zip Code: 51031
 Mailing Address: 921 Third Ave SW
 City: Le Mars
 Zip Code: 51031
 Supt. St Address: 921 3rd Ave SW
 Supt. City: LeMars
 Supt. Zip: 51031
 County: Plymouth
 Area Code: 712
 School Phone: 546-4153
 HS Fax: 546-9581
 AD Fax: 546-7024
 Web Site: <http://www.lemarscsd.org>
 School Colors: Red & Black
 Nickname: Bulldogs
 Conference: Missouri River
 Superintendent.....Dr. Steve Webner
 Phone.....(712)546-4155
 Email.....Steve.Webner@lemarscsd.org
 Asst/Assoc Supt.....Rachel Leavitt
 Phone.....(712)546-4155
 Email.....rachel.leavitt@lemarscsd.org
 Admin Asst.....Lisa Eisma
 Phone.....(712)546-4155
 Email.....lisa.eisma@lemarscsd.org
 Principal.....Dr. Mark Iverson
 Phone.....(712)546-4153
 Email.....mark.iverson@lemarscsd.org
 Asst/Assoc/Vice-Principal.....Kyle Formanek
 Phone.....(712)546-4153
 Email.....kyle.formanek@lemarscsd.org
 Athletic Administrator.....Karlton Hector
 Phone.....(712)546-7022
 Email.....karlton.hector@lemarscsd.org
 Co-AD/Assistant.....Troy Caswell
 Phone.....(712)546-7022
 Email.....troy.caswell@lemarscsd.org
 Athletic Secretary.....Amy Schmidt
 Phone.....(712)546-7028
 Email.....Amy.Schmidt@lemarscsd.org
 Sports Medicine Provider.....Anthony Peyton, PT
 (Floyd Valley Hospital)
 Tennis.....Bill Dalton
 Girls Tennis.....Tiffany Wright
 Golf.....Steve Wick
 Girls Golf.....Dave Irwin
 Basketball.....Dave Irwin
 Girls Basketball.....Judd Kopperud
 Baseball.....Trent Eckstaine
 Wrestling.....Shane Hessenius
 Football.....Gabe Tardive
 Girls Volleyball.....Susan Irwin
 Track & Field.....Al Engebretson
 Girls Track & Field.....Tamara Dunn
 Cross Country.....Adam Moss
 Girls Cross Country.....Linda Meis
 Bowling.....Kellie Bork
 Girls Bowling.....Gail Swanberg
 Football Cheerleading.....Sherrie Moritz
 Basketball Cheerleading.....Stephanie Buhman
 Wrestling Cheerleading.....Tracy Sadoski

Speech Director(s).....Shawn Starr, Erin Ohrlund
 Student Council.....Nancy Isebrand, Kyle Formanek
 Band Director.....Michael Prichard
 Vocal Director.....Randy Ewing
 Orchestra Director.....Ted Hallberg

LENOX

Street Address: 600 S Locust St
 City: Lenox
 Zip Code: 50851
 Mailing Address: 600 S Locust St
 City: Lenox
 Zip Code: 50851
 Supt. St Address: 600 S Locust St
 Supt. City: Lenox
 Supt. Zip: 50851
 County: Taylor
 Area Code: 641
 School Phone: 333-2244
 HS Fax: 333-2247
 AD Fax: 333-2247
 Web Site: <http://www.lenoxschools.org>
 School Colors: Black & Gold
 Nickname: Tigers
 Conference: Pride of Iowa
 Superintendent.....David Henrichs
 Phone.....(641)333-2244
 Email.....dhenrichs@lenoxschools.org
 Principal.....Liz Jessen
 Phone.....(641)333-2244
 Email.....ljessen@lenoxschools.org
 Asst/Assoc/Vice-Principal.....Danielle Woods
 Phone.....(641)333-2244
 Email.....dwoods@lenoxschools.org
 Athletic Administrator.....Liz Jessen
 Phone.....(641)333-2244
 Email.....ljessen@lenoxschools.org
 Co-AD/Assistant.....Mandy Stoaks
 Phone.....(641)333-2244
 Email.....mstoaks@lenoxschools.org
 Golf.....Tiffany Green
 Girls Golf.....TBD
 Basketball.....Curtis Fisher
 Girls Basketball.....Jesse Cox
 Baseball.....Trevor Luther
 Girls Softball.....Mandy Stoaks
 Wrestling.....Lynn Christensen
 Football.....Michael Nardini, Cole Bonde
 Girls Volleyball.....Jesse Cox, Tom Christensen
 Track & Field.....Cole Bonde
 Girls Track & Field.....Mandy Stoaks
 Cross Country.....Curtis Fisher
 Girls Cross Country.....Curtis Fisher
 Bowling.....TBD
 Football Cheerleading.....Jennifer Miller
 Basketball Cheerleading.....Jennifer Miller
 Wrestling Cheerleading.....Tiffany Green
 Speech Director.....Lisa Mongar
 Student Council.....Amanda Powell
 Band Director.....Tim McConaughy
 Vocal Director.....Sherri Boschee

LEWIS CENTRAL

Street Address: 3504 Harry Langdon Blvd
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 3504 Harry Langdon Blvd
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 4121 Harry Landgon Blvd
 Supt. City: Council Bluffs
 Supt. Zip: 51503

County: Pottawattamie
Area Code: 712
School Phone: 366-8245
HS Fax: 366-8340
AD Fax: 366-8340
Web Site: <http://www.lewiscentral.org/>
School Colors: Navy & White
Nickname: Titans
Conference: Hawkeye Ten

Superintendent.....Dr. Eric Knost
Phone.....(712)366-8248
Email.....eric.knost@lewiscentral.org

Asst/Assoc Supt.....Dave Black
Phone.....(712)366-8203
Email.....dblack@lewiscentral.org

Principal.....Dr. Joel Beyenhof
Phone.....(712)366-8322
Email.....jbeyenhof@lewiscentral.org

Asst/Assoc/Vice-Principal.....Joe Vinchattle
Phone.....(712)366-8219
Email.....jvinchattle@lewiscentral.org

Asst/Assoc/Vice-Principal.....Jim Haver
Phone.....(712)366-8392
Email.....jhaver@lewiscentral.org

Athletic Administrator.....Jim Dermody
Phone.....(712)366-8391
Email.....jdermody@lewiscentral.org

Athletic Secretary.....Cindy Brockman
Phone.....(712)366-8245
Email.....cindyb@lewiscentral.org

Sports Medicine Provider.....Dave Byrne

Tennis.....Chris Hanafan

Golf.....Lowell Kennedy

Girls Golf.....Steve Koester

Basketball.....Dan Miller

Girls Basketball.....Derek Archer

Swimming.....Bruce Schomburg

Girls Swimming.....Bruce Schomburg

Girls Softball.....Don Wittstruck

Wrestling.....Doug Kjeldgaard

Football.....Justin Kammrad

Girls Volleyball.....Mike Bond

Track & Field.....Matt Argotsinger

Girls Track & Field.....Ron Frascht

Cross Country.....Taylor May

Girls Cross Country.....Taylor May

Soccer.....James Driver

Girls Soccer.....Chris Von Mende

Bowling.....Paul Renshaw

Girls Bowling.....Paul Renshaw

Football Cheerleading.....Liz Hytek

Basketball Cheerleading.....Liz Hytek

Wrestling Cheerleading.....Liz Hytek

Speech Director.....Laurie West

Student Council.....Maddie Sieck

Band Director.....Dan Tucker

Vocal Director(s).....Kevin Palu, Sam Schroeder

LINN-MAR, MARION

Street Address: 3111 N 10th St
City: Marion
Zip Code: 52302
Mailing Address: 3111 N 10th St
City: Marion
Zip Code: 52302
Supt. St Address: 2999 N 10th St
Supt. City: Marion
Supt. Zip: 52302
County: Linn
Area Code: 319
School Phone: 447-3040
HS Fax: 447-3498

AD Fax: 730-1622
Web Site: <http://www.linnmar.k12.ia.us>
School Colors: Red & Black
Nickname: Lions
Conference: Mississippi Valley

Superintendent.....Shannon Bisgard
Phone.....(319)447-3001
Email.....sbisgard@linnmar.k12.ia.us

Asst/Assoc Supt.....Nathan Wear
Phone.....(319)447-3028
Email.....nathan.wear@linnmar.k12.ia.us

Admin Asst.....Gayla Burgess
Phone.....(319)447-3002
Email.....gburgess@linnmar.k12.ia.us

Principal.....Dr. Jeff Gustason
Phone.....(319)447-3041
Email.....jgustason@linnmar.k12.ia.us

Asst/Assoc/Vice-Principal.....Kim Buelt
Phone.....(319)447-3044
Email.....kbuelt@linnmar.k12.ia.us

Asst/Assoc/Vice-Principal.....Steve Goodall
Phone.....(319)730-3622
Email.....steven.goodall@linnmar.k12.ia.us

Asst/Assoc/Vice-Principal.....Joe Nietert
Phone.....(319)447-3042
Email.....jnietert@linnmar.k12.ia.us

Athletic Administrator.....David Brown
Phone.....(319)447-3061
Email.....dbrown@linnmar.k12.ia.us

Co-AD/Assistant.....Tonya Moe
Phone.....(319)447-3086
Email.....tmoe@linnmar.k12.ia.us

Athletic Secretary.....Melaine Kelley
Phone.....(319)447-3060
Email.....melaine.kelley@linnmar.k12.ia.us

Sports Medicine Provider.....Vince Klopfenstein

Tennis.....Chris Wundram

Girls Tennis.....TBD

Golf.....Chris James

Girls Golf.....Chris James

Basketball.....Chris Robertson

Girls Basketball.....Nate Sanderson

Swimming.....Tom Belin

Girls Swimming.....Bobby Kelley

Baseball.....Kyle Rodenkirk

Girls Softball.....Lindsey Murray

Wrestling.....Doug Streicher

Football.....Paul James

Girls Volleyball.....Teresa Bair

Track & Field.....Kyle Hoffman

Girls Track & Field.....Nathan Hopp

Cross Country.....Kyle Hoffman

Girls Cross Country.....Emily Burmeister

Soccer.....Kenan Malicevic

Girls Soccer.....Marco de Leon

Bowling.....Christy Sevensen

Girls Bowling.....Jeremy Moser

Football Cheerleading.....Erin Taylor

Basketball Cheerleading.....Becky Youngkent

Wrestling Cheerleading.....Erin Taylor

Speech Director.....Ann Fry

Student Council.....Honey Sue Heater

Band Director(s).....Dan Terrell, Aaron Nuss, Jen Tiede

Vocal Director(s).....Trent Buglewicz, Jaclyn Ohnemus,
Sarah Anderson

Orchestra Director.....Josh Reznicow, Thad Sentman

LISBON

Street Address: 235 W School St
City: Lisbon
Zip Code: 52253
Mailing Address: PO Box 839

City: Lisbon
Zip Code: 52253
Supt. St Address: PO Box 839
Supt. City: Lisbon
Supt. Zip: 52253
County: Linn
Area Code: 319
School Phone: 455-2106
HS Fax: 455-3208
AD Fax: 455-3208
Web Site: <http://www.lisbon.k12.ia.us>
School Colors: Red & Black
Nickname: Lions
Conference: Tri Rivers

Superintendent.....Pat Hocking
Phone.....(319)455-2075 x106
Email.....phocking@lisbon.k12.ia.us

Principal.....Aaron Becker
Phone.....(319)455-3500 x108
Email.....abecker@lisbon.k12.ia.us

Asst/Assoc/Vice-Principal.....Eric Ries
Phone.....(319)455-3500 x233
Email.....eries@lisbon.k12.ia.us

Asst/Assoc/Vice-Principal.....Roger Teeling
Phone.....(319)455-3500 x125
Email.....rteeling@lisbon.k12.ia.us

Athletic Administrator.....Eric Ries
Phone.....(319)455-3500 x233
Email.....eries@lisbon.k12.ia.us

Athletic Secretary.....Andrea Hasselbusch
Phone.....(319)455-3500 x107
Email.....ahasselbusch@lisbon.k12.ia.us

Sports Medicine Provider.....Mike Reiling

Golf.....Andrew Kahl

Girls Golf.....Lance Kamaus

Basketball.....Richie Logsdon

Girls Basketball.....Diamond Boyd

Baseball.....John Tesensky

Girls Softball.....Bob Bunting

Wrestling.....Brad Smith

Football.....Phil Whitman

Girls Volleyball.....Lance Kamaus

Track & Field.....Casey Baxa

Football Cheerleading.....Michelle McCoy

Wrestling Cheerleading.....Michelle McCoy

Speech Director(s).....Marilyn Pleasant, J'nee Reade

Student Council.....Ellen Johanns

Band Director.....Joe Arch

Vocal Director.....Julie Stulken

LOGAN-MAGNOLIA

Street Address: 1200 N 2nd Ave
City: Logan
Zip Code: 51546
Mailing Address: 1200 N 2nd Ave
City: Logan
Zip Code: 51546
Supt. St Address: 1200 N 2nd Ave
Supt. City: Logan
Supt. Zip: 51546
County: Harrison
Area Code: 712
School Phone: 644-2250
HS Fax: 644-2934
AD Fax: 644-2934
Web Site: <http://www.lomaschools.org>
School Colors: Purple & Gold
Nickname: Panthers
Conference: Western Iowa Conference

Superintendent.....Tom Ridder
Phone.....(712)644-2250
Email.....tridder@lomaschools.org

Principal Christi Gochenour
 Phone (712)644-2250
 Email cgochenour@lomaschools.org
 Athletic Administrator Matt Straight
 Phone (712)644-2250
 Email mattstraight@lomaschools.org
 Co-AD/Assistant Derek Sonderland
 Phone (712)644-2250
 Email dsonderland@lomaschools.org
 Golf Dan Thompson
 Girls Golf Dan Thompson
 Basketball Stephen Froehlich
 Girls Basketball Derek Sonderland
 Baseball Kurtis Hinkel
 Girls Softball Stephanie Martindale
 Wrestling Dan Thompson
 Football Matt Straight
 Girls Volleyball Faith Bruck
 Track & Field Joe Cooper
 Girls Track & Field Gene Esser
 Cross Country Kelli Gaukel
 Girls Cross Country Kelli Gaukel
 Soccer Trent Lally
 Girls Soccer Daniel Robbins
 Football Cheerleading Teresa Czarnecki
 Basketball Cheerleading TyRel Dennis
 Wrestling Cheerleading Kim Kuhl
 Speech Director Jean Nelson
 Student Council Colette Dubas
 Band Director Alex Albertson
 Vocal Director Jo Schmitz

LONE TREE

Street Address: 303 S Devoe St
 City: Lone Tree
 Zip Code: 52755
 Mailing Address: PO Box 520
 City: Lone Tree
 Zip Code: 52755
 Supt. St Address: PO Box 520
 Supt. City: Lone Tree
 Supt. Zip: 52755
 County: Johnson
 Area Code: 319
 School Phone: 629-4610
 HS Fax: 629-4324
 Web Site: <http://www.lone-tree.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Lions
 Conference: SEI Superconference-North
 Superintendent Ken Crawford
 Phone (319)629-4212
 Email kcrawford@lone-tree.k12.ia.us
 Principal Regan Stone
 Phone (319)629-4610
 Email rstone@lone-tree.k12.ia.us
 Asst/Assoc/Vice-Principal Amber Jacque
 Phone (319)629-4213
 Email ajacque@lone-tree.k12.ia.us
 Athletic Administrator Tom Squiers
 Phone (319)629-4535
 Email tsquiers@lone-tree.k12.ia.us
 Sports Medicine Provider Performance Therapies
 Golf Jeremy Clausen
 Girls Golf Jeremy Clausen
 Basketball Tom Squiers
 Girls Basketball Ryan Shelman
 Baseball Mike Close
 Girls Softball Tom Dickey
 Wrestling Clint Jones
 Football Aaron Bohr
 Girls Volleyball Lora Sieverding

Track & Field Mike Close
 Girls Track & Field Jessica Brimeyer
 Cross Country Jessica Brimeyer
 Girls Cross Country Jessica Brimeyer
 Football Cheerleading Sue Squiers
 Basketball Cheerleading Sue Squiers
 Wrestling Cheerleading Susan Pettitt
 Speech Director Tanya McCarty
 Band Director Hannah Ball
 Vocal Director Brooke Smith

LOUISA-MUSCATINE

Street Address: 14354 170th St
 City: Letts
 Zip Code: 52754
 Mailing Address: 14354 170th St
 City: Letts
 Zip Code: 52754
 Supt. St Address: 14478 170th Street
 Supt. City: Letts
 Supt. Zip: 52754
 County: Louisa
 Area Code: 319
 School Phone: 726-3421
 HS Fax: 726-3649
 AD Fax: 726-3334
 Web Site: <http://www.lmcsd.org>
 School Colors: Black & Gold
 Nickname: Falcons
 Conference: SEI Superconference-North
 Superintendent Mike VanSickle
 Phone (319)726-3541 x350
 Email mvansickle@lmcsd.org
 Admin Asst Emily Dixon
 Phone (319)726-3541 x356
 Email edixon@lmcsd.org
 Principal Chris Parkhurst
 Phone (319)726-3421 x170
 Email cparkhurst@lmcsd.org
 Athletic Administrator Eric Gabe
 Phone (563)726-3541
 Email egabe@lmcsd.org
 Athletic Secretary Emily Dixon
 Phone (319)726-3541 x356
 Email edixon@lmcsd.org
 Sports Medicine Provider Sarah Schoon, LAT, ATC
 (Muscatine Physical Therapy Services P.C.)
 Golf Brennan Gerst
 Girls Golf Brennan Gerst
 Basketball Cory Kahl
 Girls Basketball Mike Milder
 Baseball Casey Cantrell
 Girls Softball Bryan Butler
 Wrestling Tom Mashek
 Football Eric Gabe
 Girls Volleyball Ken Speilbauer
 Track & Field Caleb Hainey
 Girls Track & Field Mark Wehrle
 Cross Country Calvin Simmons
 Girls Cross Country Calvin Simmons
 Bowling Alan Jordan
 Girls Bowling Alan Jordan
 Football Cheerleading Pam Stewart
 Basketball Cheerleading Pam Stewart
 Wrestling Cheerleading Pam Stewart
 Student Council Bailie Bonnichsen
 Band Director Mike Will
 Vocal Director Lee Wolf

LYNNVILLE-SULLY

Street Address: 12476 Hwy F62 E
 City: Sully

Zip Code: 50251
 Mailing Address: PO Box 210
 City: Sully
 Zip Code: 50251
 Supt. St Address: PO Box 210
 Supt. City: Sully
 Supt. Zip: 50251
 County: Jasper
 Area Code: 641
 School Phone: 594-4445
 HS Fax: 594-2770
 AD Fax: 594-2770
 Web Site: <http://www.lshawks.org>
 School Colors: Columbia Blue & Gold
 Nickname: Hawks
 Conference: SICL
 Superintendent Shane Ehresman
 Phone (641)594-4445 x103
 Email ehresman@lshawks.com
 Principal Aaron Shipley
 Phone (641)594-4445 x102
 Email shipley@lshawks.com
 Athletic Administrator Mike Parkinson
 Phone (641)594-4445 x117
 Email parkinson@lshawks.com
 Athletic Secretary Susan Jansen
 Phone (641)594-4445 x100
 Email jansen@lshawks.com
 Sports Medicine Provider Jordan Vos, PT
 (Total Rehab)
 Golf Alison Knouse
 Girls Golf Alison Knouse
 Basketball Nick Harthoorn
 Girls Basketball Jerry Hulsing
 Baseball Scott Alberts
 Girls Softball Stacey Alberts
 Wrestling Jason Walston
 Football Mike Parkinson
 Girls Volleyball Jayme Deal
 Girls Track & Field Darin Arkema
 Cross Country Darin Arkema
 Girls Cross Country Darin Arkema
 Football Cheerleading Janelle Maasdam
 Basketball Cheerleading Janelle Maasdam
 Wrestling Cheerleading Lynn Dunsbergen
 Speech Director Amber Mathis
 Student Council Joel Vos
 Band Director Joe Criscuolo
 Vocal Director Franchesca Richter

MADRID

Street Address: 599 N Kennedy Ave
 City: Madrid
 Zip Code: 50156
 Mailing Address: 201 N Main
 City: Madrid
 Zip Code: 50156
 Supt. St Address: 201 N Main
 Supt. City: Madrid
 Supt. Zip: 50156
 County: Boone
 Area Code: 515
 School Phone: 795-3240
 HS Fax: 795-4408
 AD Fax: 795-4408
 Web Site: <http://madrid.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: West Central Activites Conf.
 Superintendent Brian Horn
 Phone (515)795-3241
 Email bhorn@madrid.k12.ia.us

Principal.....Kelly Williamson
 Phone.....(515)795-3240
 Email.....kwilliamson@madrid.k12.ia.us
 Asst/Assoc/Vice-Principal.....Justin Johnson
 Phone.....(515)795-3240
 Email.....jjohnson@madrid.k12.ia.us
 Athletic Administrator.....Justin Johnson
 Phone.....(515)795-3240
 Email.....jjohnson@madrid.k12.ia.us
 Athletic Secretary.....Marty Knox
 Phone.....(515)795-3240
 Email.....mknox@madrid.k12.ia.us
 Golf.....Kyle Stribe
 Girls Golf.....Kyle Stribe
 Basketball.....Kyle Stribe
 Girls Basketball.....Jim Mertz
 Baseball.....James Janovick
 Football.....Brock Hinkel
 Girls Volleyball.....Garry DeWall
 Track & Field.....Steve Perkins
 Girls Track & Field.....Andrew Lowe
 Cross Country.....Kelley Grothus
 Girls Cross Country.....Kelley Grothus
 Football Cheerleading.....Chelsea Hinkel
 Basketball Cheerleading.....Chelsea Hinkel
 Speech Director.....Kelli Wolf
 Student Council.....Sadie Vorbich
 Band Director.....Brad Cook
 Vocal Director.....Erika Johnson

MAHARISHI, FAIRFIELD

Street Address: 804 Dr Robert Keith Wallace Dr
 City: Fairfield
 Zip Code: 52556
 Mailing Address: 804 Dr Robert Keith Wallace Dr
 City: Fairfield
 Zip Code: 52556
 Supt. St Address: 804 Dr Robert Keith Wallace Dr
 Supt. City: Fairfield
 Supt. Zip: 52556
 County: Jefferson
 Area Code: 641
 School Phone: 472-9400
 HS Fax: 472-1211
 AD Fax: 472-1211
 Web Site: <https://maharishischool.org>
 School Colors: Green & Gold
 Nickname: Pioneers
 Conference: SEI Superconference-South
 Superintendent.....Dr. Richard Beall
 Phone.....(641)472-9400 x5080
 Email.....rbeall@maharishischool.org
 Principal.....Kaye Jacob
 Phone.....(641)472-9400 x5321
 Email.....kjacob@maharishischool.org
 Athletic Administrator.....Terry Weiss
 Phone.....(641)472-9400 x5096
 Email.....tweiss@maharishischool.org
 Tennis.....Steve Briggs,
 Girls Tennis.....Lawrence Eyre
 Speech Director.....Jan Thatcher

MANSON NORTHWEST WEBSTER

Street Address: 1601 15th St
 City: Manson
 Zip Code: 50563
 Mailing Address: 1601 15th St
 City: Manson
 Zip Code: 50563
 Supt. St Address: 1016 Main St
 Supt. City: Manson

Supt. Zip: 50563
 County: Calhoun
 Area Code: 712
 School Phone: 469-2245
 HS Fax: 469-3131
 AD Fax: 469-3131
 Web Site: <http://www.manson-nw.k12.ia.us>
 School Colors: Navy Blue/Gray/Orange
 Nickname: Cougars
 Conference: Twin Lakes
 Superintendent.....Justin Daggett
 Phone.....(712)469-2202
 Email.....jdaggett@manson-nw.k12.ia.us
 Admin Asst.....Dodie Wood
 Phone.....(712)469-2202
 Email.....dwood@manson-nw.k12.ia.us
 Principal.....Kevin Wood
 Phone.....(712)469-2245
 Email.....kwood@manson-nw.k12.ia.us
 Athletic Administrator.....Dusty Meyn
 Phone.....(712)469-2245
 Email.....dmeyn@manson-nw.k12.ia.us
 Athletic Secretary.....Kelli Girard
 Phone.....(712)469-2245
 Email.....kgirard@manson-nw.k12.ia.us
 Sports Medicine Provider.....Jim Lonning, LAT
 (Sports Medicine Northwest)
 Golf.....Zach Steinhoff
 Girls Golf.....Caleb Wubben
 Basketball.....Caleb Wubben
 Girls Basketball.....Bret Larson
 Baseball.....Brian Patterson
 Girls Softball.....Sarah Droste
 Wrestling.....Mitch Krueger, Ron Ewing
 Football.....Jeff Anliker
 Girls Volleyball.....Hailey Haupts
 Track & Field.....Jeff Anliker
 Girls Track & Field.....Matt Pohlman
 Cross Country.....Theo Clark
 Girls Cross Country.....Theo Clark
 Football Cheerleading.....Toni Tews
 Basketball Cheerleading.....Kathy Sonntag
 Wrestling Cheerleading.....Heather Wittrock
 Speech Director.....Kim Keller
 Student Council.....Anthony Olson
 Band Director.....Erica Logan
 Vocal Director.....Joel Schoening

MAQUOKETA

Street Address: 600 Washington St
 City: Maquoketa
 Zip Code: 52060
 Mailing Address: 600 Washington St
 City: Maquoketa
 Zip Code: 52060
 Supt. St Address: 612 S Vermont St
 Supt. City: Maquoketa
 Supt. Zip: 52060
 County: Jackson
 Area Code: 563
 School Phone: 652-2451
 HS Fax: 652-5324
 AD Fax: 652-5324
 Web Site: <https://www.maquoketaschools.org/schools/high-school/>
 School Colors: Red & White
 Nickname: Cardinals
 Conference: WaMaC
 Superintendent.....Chris Hoover
 Phone.....(563)652-4984 x5001
 Email.....choover@maquoketaschools.org

Principal.....Mark Vervaecke
 Phone.....(563)652-2451 x4224
 Email.....mvervaecke@maquoketaschools.org
 Asst/Assoc/Vice-Principal.....Kevin Bowman
 Phone.....(563)652-2451 x4240
 Email.....kbowman@maquoketaschools.org
 Athletic Administrator.....Tom Gruenwald
 Phone.....(563)652-2451 x4223
 Email.....tgruenwald@maquoketaschools.org
 Athletic Secretary.....Lorna Scott
 Phone.....(563)652-2451 x4222
 Email.....lscott@maquoketaschools.org
 Tennis.....Carol Hammill
 Girls Tennis.....Andrea Raker
 Golf.....Teri Taylor
 Girls Golf.....Teri Taylor
 Basketball.....Matt Hartman
 Girls Basketball.....James Doepke
 Baseball.....Ray Cavanagh
 Girls Softball.....Sara Nelson
 Wrestling.....Colton Feller
 Football.....Kevin Bowman
 Girls Volleyball.....Nicole Snyder
 Track & Field.....Spencer Scar
 Girls Track & Field.....Samantha Scar
 Cross Country.....Rob Dennis
 Girls Cross Country.....Rob Dennis
 Soccer.....Ben Kober
 Girls Soccer.....Madison Cousins
 Bowling.....Louie Clausen
 Girls Bowling.....Louie Clasen
 Football Cheerleading.....April Edwards
 Basketball Cheerleading.....April Edwards
 Wrestling Cheerleading.....April Edwards
 Speech Director.....Cindy Gaul
 Student Council.....Andrea Raker
 Band Director.....Matt Hovey
 Vocal Director.....Joel Hagen

MAQUOKETA VALLEY, DELHI

Street Address: 107 South St
 City: Delhi
 Zip Code: 52223
 Mailing Address: PO Box 186
 City: Delhi
 Zip Code: 52223
 Supt. St Address: 210 South St
 Supt. City: Delhi
 Supt. Zip: 52223
 County: Delaware
 Area Code: 563
 School Phone: 922-2091
 HS Fax: 922-3026
 AD Fax: 922-3026
 Web Site: <http://www.maquoketa-v.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Wildcats
 Conference: Tri Rivers
 Superintendent.....Doug Tuetken
 Phone.....(563)922-2091
 Email.....dougthuetken@maquoketa-v.k12.ia.us
 Principal.....Troy Osterhaus
 Phone.....(563)922-2091
 Email.....troyosterhaus@maquoketa-v.k12.ia.us
 Athletic Administrator.....Trevor Arnold
 Phone.....(563)922-2091
 Email.....trevorarnold@maquoketa-v.k12.ia.us
 Sports Medicine Provider.....Jeff McCormick, LAT
 (Regional Medical Center)
 Golf.....Tim Andrews
 Girls Golf.....Tim Andrews

Basketball.....Eric Conner
 Girls Basketball.....Scot Moenck
 Baseball.....Eric Conner
 Girls Softball.....Macey Kintzle
 Wrestling.....Kurt Hatfield
 Football.....Trevor Arnold
 Girls Volleyball.....Brandy Whittenbaugh
 Track & Field.....Pat Meehan
 Girls Track & Field.....Creig Dunlap
 Cross Country.....Pat Meehan
 Girls Cross Country.....Pat Meehan
 Speech Director.....Debbie DeVore
 Student Council.....Troy Osterhaus
 Band Director.....Travis Ford
 Vocal Director.....Beth Mueller

MARION

Street Address: 675 S 15th St
 City: Marion
 Zip Code: 52302
 Mailing Address: 675 S 15th St
 City: Marion
 Zip Code: 52302
 Supt. St Address: 777 S 15th St
 Supt. City: Marion
 Supt. Zip: 52302
 County: Linn
 Area Code: 319
 School Phone: 377-9891
 HS Fax: 377-7621
 AD Fax: 377-7621
 Web Site: <http://www.marion.k12.ia.us>
 School Colors: Red & Gold
 Nickname: Indians
 Conference: WaMac
 Superintendent.....Janelle Brouwer
 Phone.....(319)377-4691 x1100
 Email.....jbrouwer@marion-isd.org
 Admin Asst.....Stephanie Viner
 Phone.....(319)377-4691 x1101
 Email.....sviner@marion-isd.org
 Principal.....Greg Semler
 Phone.....(319)377-9891 x1125
 Email.....gsemler@marion-isd.org
 Asst/Assoc/Vice-Principal.....Chad Zrudsky
 Phone.....(319)377-9891 x1121
 Email.....czrudsky@marion-isd.org
 Athletic Administrator.....Mike Manderscheid
 Phone.....(319)377-9891 x1116
 Email.....mmanderscheid@marion-isd.org
 Athletic Secretary.....Alyssa Kupak
 Phone.....(319)377-9891 x1124
 Email.....akupka@marion-isd.org
 Sports Medicine Provider.....Bailey Sams
 Tennis.....Jonathon Mitchell
 Girls Tennis.....Andrea Hansen
 Golf.....Dave Messerli
 Girls Golf.....Abby Wennekamp
 Basketball.....Pete Messerli
 Girls Basketball.....Josh Claypool
 Baseball.....Steve Fish
 Girls Softball.....Scott Fruehling
 Wrestling.....Jason Haag
 Football.....Tim Lovell
 Girls Volleyball.....Roxanne Paulsen
 Track & Field.....Chad Zrudsky
 Girls Track & Field.....Sherryl Paige
 Cross Country.....Matt Thornton
 Girls Cross Country.....Matt Thornton
 Soccer.....Kory Boebel
 Girls Soccer.....Erik Trilk
 Bowling.....Dave Stemper

Girls Bowling.....Dave Stamper
 Football Cheerleading.....Emily Palmer
 Basketball Cheerleading.....Rhonda Martin
 Wrestling Cheerleading.....Zoey McDonald
 Speech Director.....Paige Junge
 Student Council.....Kevin Wake
 Band Director.....Logan Vander Wiel
 Vocal Director.....Jonathon Dyrland

MARQUETTE CATHOLIC, BELLEVUE

Street Address: 502 Franklin St
 City: Bellevue
 Zip Code: 52031
 Mailing Address: 502 Franklin St
 City: Bellevue
 Zip Code: 52031
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Jackson
 Area Code: 563
 School Phone: 872-3356
 HS Fax: 872-3285
 Web Site: <http://www.marquettecatholic.com>
 School Colors: Red & White
 Nickname: Mohawks
 Conference: Tri-Rivers
 Superintendent.....Kim Hermsen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Executive Coordinator.....Rev. Dennis Miller
 Phone.....(563)872-3356
 Principal.....Geoffrey Kaiser
 Phone.....(563)872-3356
 Email.....geoffreykaiser@marquettecatholic.com
 Asst/Assoc/Vice-Principal.....Karen Timmerman
 Phone.....(563)872-3356
 Email.....karentimmerman@marquettecatholic.com
 Athletic Administrator.....Isaac Sturm
 Phone.....(563)872-3356
 Email.....isaacsturm@marquettecatholic.com
 Athletic Secretary.....Kari Pataska
 Phone.....(563)872-3356
 Email.....karipataska@marquettecatholic.com
 Golf.....Noah Cornelius
 Girls Golf.....Jordan Albertsen
 Basketball.....Joel Sieverding
 Girls Basketball.....Jim Kettmann
 Girls Softball.....Melissa Sturm
 Girls Volleyball.....Andrew Bishop
 Track & Field.....Rebecca Drais
 Girls Track & Field.....Geoffrey Kaiser
 Cross Country.....Steve Engelman, Kelsey Kaiser
 Girls Cross Country.....Steve Engelman, Kelsey Kaiser
 Soccer.....Gary Penniston
 Girls Soccer.....Chris Medinger
 Basketball Cheerleading.....Katie Kieffer
 Speech Director.....Carol Feller
 Student Council.....Jim Hollensbe
 Vocal Director.....Noah Cornelius

MARSHALLTOWN

Street Address: 1602 S 2nd Ave
 City: Marshalltown
 Zip Code: 50158
 Mailing Address: 1602 S 2nd Ave
 City: Marshalltown
 Zip Code: 50158
 Supt. St Address: 1002 S 3rd Ave
 Supt. City: Marshalltown
 Supt. Zip: 50158
 County: Marshall

Area Code: 641
 School Phone: 754-1130
 HS Fax: 754-1136
 AD Fax: 754-1136
 Web Site: <http://www.marshalltown.k12.ia.us>
 School Colors: Red & Blue
 Nickname: Bobcats
 Conference: CIML-Iowa
 Superintendent.....Dr. Theron Schutte
 Phone.....(641)754-1000
 Email.....tschutte@marshalltown.k12.ia.us
 Asst/Assoc Supt.....Dr. Lisa Stevenson
 Phone.....(641)754-1000
 Email.....lstevenson@marshalltown.k12.ia.us
 Admin Asst.....Gabriela Perez
 Phone.....(641)754-1000
 Email.....gperez@marshalltown.k12.ia.us
 Principal.....Jacque Wyant
 Phone.....(641)754-1130 x1300
 Email.....jwyant@marshalltown.k12.ia.us
 Asst/Assoc/Vice-Principal.....Deb Holsapple
 Phone.....(641)754-1130 x1301
 Email.....dholsapple@marshalltown.k12.ia.us
 Asst/Assoc/Vice-Principal.....Dan Terrones
 Phone.....(641)754-1130 x1307
 Email.....dterrones@marshalltown.k12.ia.us
 Asst/Assoc/Vice-Principal.....Justin Boliver
 Phone.....(641)754-1130 x1136
 Email.....jboliver@marshalltown.k12.ia.us
 Athletic Administrator.....Ryan Isgrig
 Phone.....(641)754-1142 x1303
 Email.....risgrig@marshalltown.k12.ia.us
 Athletic Secretary.....Kate Lamb
 Phone.....(641)754-1142 x1313
 Email.....klamb@marshalltown.k12.ia.us
 Sports Medicine Provider.....Sports Plus
 Tennis.....James Christensen
 Girls Tennis.....John Fiscus
 Golf.....Lucas Johnson
 Girls Golf.....Lucas Johnson
 Basketball.....Michael Appel
 Girls Basketball.....Brian Murphy
 Girls Swimming.....Angie Nelson
 Girls Softball.....Jim Palmer
 Wrestling.....Mike Mann
 Football.....Adam Goodvin
 Girls Volleyball.....Chris Brees
 Track & Field.....Doug Bacon
 Girls Track & Field.....Chad Pietig
 Cross Country.....Chad Pietig
 Girls Cross Country.....Stacy O'Hare
 Soccer.....Scott Johannes
 Bowling.....Don Wilder, Jr.
 Girls Bowling.....Don Wilder, Jr.
 Football Cheerleading.....Kim Markle
 Speech Director.....Jo Frohwein
 Student Council.....Shana Schneider
 Band Director.....Brett Umthun
 Vocal Director.....Amy Ose
 Orchestra Director.....Maggie Williams

MARTENSDALE-ST. MARYS

Street Address: 390 Burlington Ave
 City: Martinsdale
 Zip Code: 50160
 Mailing Address: PO Box 350
 City: Martinsdale
 Zip Code: 50160
 Supt. St Address: 390 Burlington Ave
 Supt. City: Martinsdale
 Supt. Zip: 50160
 County: Warren

Area Code: 641
 School Phone: 764-2385
 HS Fax: 764-2100
 AD Fax: 764-2100
 Web Site: <http://www.mstm.us>
 School Colors: Royal Blue & Gold
 Nickname: Blue Devils
 Conference: Pride of Iowa
 Superintendent.....Tom Wood
 Phone.....(641)764-2466
 Email.....tom_wood@mstm.us
 Admin Asst.....Kerry Gegner
 Phone.....(641)764-2486
 Email.....kerry_gegner@mstm.us
 Principal.....Josh Moser
 Phone.....(641)764-2486
 Email.....josh_moser@mstm.us
 Athletic Administrator.....Max Seeman
 Phone.....(641)764-2385
 Email.....max_seeman@mstm.us
 Athletic Secretary.....Kerry Gegner
 Email.....kerry_gegner@mstm.us
 Sports Medicine Provider.....Nealey Webster
 Golf.....Manda Gibson
 Girls Golf.....Manda Gibson
 Basketball.....Joe Franey
 Girls Basketball.....Tim Baker
 Baseball.....Jon Fitzpatrick
 Girls Softball.....Brian Sweet
 Wrestling.....Brian Sweet
 Football.....Derek Wharton
 Girls Volleyball.....Wade Gibson
 Track & Field.....Josh Hart
 Cross Country.....Andrea Benson
 Girls Cross Country.....Andrea Benson
 Football Cheerleading.....Sara Franey
 Basketball Cheerleading.....Sara Franey
 Wrestling Cheerleading.....Wendy Gehringer
 Speech Director.....Brooke Safley
 Student Council.....Christian Bengtson
 Band Director.....Randy Olson
 Vocal Director.....Kamron Warden

MASON CITY

Street Address: 1700 4th St SE
 City: Mason City
 Zip Code: 50401
 Mailing Address: 1700 4th St SE
 City: Mason City
 Zip Code: 50401
 Supt. St Address: 1515 S Pennsylvania Ave
 Supt. City: Mason City
 Supt. Zip: 50401
 County: Cerro Gordo
 Area Code: 641
 School Phone: 421-4436
 HS Fax: 421-4222
 AD Fax: 421-4222
 Web Site: <http://www.masoncityschools.org>
 School Colors: Red & Black
 Nickname: Mohawks
 Conference: CIML-Iowa Division

Superintendent.....David Versteeg
 Phone.....(641)421-4401
 Email.....dversteeg@masoncityschools.org
 Principal.....Dan Long
 Phone.....(641)421-4431
 Email.....dlong@masoncityschools.org
 Asst/Assoc/Vice-Principal.....Barry Andersen
 Phone.....(641)421-4433
 Email.....bandersen@masoncityschools.org

Asst/Assoc/Vice-Principal.....Dan Phipps
 Phone.....(641)421-4431
 Email.....dhipps@masoncityschools.org
 Asst/Assoc/Vice-Principal.....Brad Hurst
 Phone.....(641)421-4431
 Email.....bhurst@masoncityschools.org
 Athletic Administrator.....Barry Andersen
 Phone.....(641)421-4433
 Email.....bandersen@masoncityschools.org
 Co-AD/Assistant.....Lori Cooling
 Phone.....(641)421-4420
 Email.....lcooling@masoncityschools.org
 Athletic Secretary.....Shari Rottinghaus
 Phone.....(641)421-4433
 Email.....srottinghaus@masoncityschools.org
 Sports Medicine Provider.....John Knapper
 (Mercy Health Care)
 Tennis.....Pat Kruger
 Girls Tennis.....Jim Cornick
 Golf.....Jim Cornick
 Girls Golf.....Matt Evans
 Basketball.....Nick Trask
 Girls Basketball.....Curt Klaahsen
 Swimming.....TBD
 Girls Swimming.....Marten Van Ausdall
 Baseball.....Troy Rood
 Girls Softball.....Bob Horner
 Wrestling.....Dusty Rhodes
 Football.....Brandon Krusey
 Girls Volleyball.....Curt Klaahsen
 Track & Field.....Tyler Ketelsen
 Girls Track & Field.....Jim Lee
 Cross Country.....Tyler Ketelsen
 Girls Cross Country.....Tyler Ketelsen
 Soccer.....Bryan DeGabriele
 Girls Soccer.....Shannon Dykstra
 Bowling.....Rich Patras
 Girls Bowling.....Larry Collins
 Football Cheerleading.....Janna Arndt
 Basketball Cheerleading.....Janna Arndt
 Wrestling Cheerleading.....Janna Arndt
 Speech Director.....Mary Alexander
 Student Council.....Laura Grommesh
 Band Director.....Russ Kramer
 Vocal Director.....Joel Everist
 Orchestra Director.....Malcolm Burke

MEDIAPOLIS

Street Address: 725 N Northfield St
 City: Mediapolis
 Zip Code: 52637
 Mailing Address: PO Box 358
 City: Mediapolis
 Zip Code: 52637
 Supt. St Address: PO Box 358
 Supt. City: Mediapolis
 Supt. Zip: 52637
 County: Des Moines
 Area Code: 319
 School Phone: 394-3101
 HS Fax: 394-9198
 AD Fax: 394-9198
 Web Site: <http://www.meposchools.org>
 School Colors: Orange & Black
 Nickname: Bulldogs
 Conference: SEI Superconference

Superintendent.....Greg Ray
 Phone.....(319)394-3101 x1451
 Email.....rayg@mepoedu.org
 Principal.....Roger Thornburg
 Phone.....(319)394-3101 x1126
 Email.....thornburg@mepoedu.org

Athletic Administrator.....Mike Wolter
 Phone.....(319)394-3101 x1104
 Email.....wolterm@mepoedu.org
 Sports Medicine Provider.....Hilary Beaird
 Golf.....Jeff Sands
 Girls Golf.....Jeff Sands
 Basketball.....Greg Worrall
 Girls Basketball.....Todd Borison
 Baseball.....Rick Whitaker
 Wrestling.....Jason Payne
 Football.....Brian Borison
 Girls Volleyball.....Erin Steffener
 Track & Field.....Brian Borison
 Girls Track & Field.....Erin Steffener
 Cross Country.....Travis Luttenegger
 Girls Cross Country.....Travis Luttenegger
 Soccer.....Mike Hine
 Football Cheerleading.....Sherri Spence
 Basketball Cheerleading.....Sherri Spence
 Wrestling Cheerleading.....Jill Kirby
 Speech Director.....Jerry Woods
 Student Council.....Cathy Isley
 Band Director.....Ryan Greiner
 Vocal Director.....Andrew Reif

MELCHER-DALLAS

Street Address: 214 Main St
 City: Melcher
 Zip Code: 50163
 Mailing Address: PO Box 489
 City: Melcher
 Zip Code: 50163
 Supt. St Address: PO Box 489
 Supt. City: Melcher
 Supt. Zip: 50163
 County: Marion
 Area Code: 641
 School Phone: 947-3731
 HS Fax: 947-5002
 AD Fax: 947-5002
 Web Site: <https://sites.google.com/a/melcher-dallas.k12.ia.us/district/>

School Colors: Maroon & White
 Nickname: Saints
 Conference: Bluegrass
 Superintendent.....Scott Bridges
 Phone.....(641)947-3731
 Email.....bridgess@melcher-dallas.k12.ia.us
 Admin Asst.....Barb Damon
 Phone.....(641)947-3731
 Email.....damonb@melcher-dallas.k12.ia.us
 Principal.....Scott Bridges
 Phone.....(641)947-3731
 Email.....bridgess@melcher-dallas.k12.ia.us
 Asst/Assoc/Vice-Principal.....Jon Suntken
 Phone.....(641)947-3731
 Email.....suntkenj@melcher-dallas.k12.ia.us
 Athletic Administrator.....Jim Crozier
 Phone.....(641)947-3731
 Email.....crozierj@melcher-dallas.k12.ia.us
 Golf.....Jim Crozier
 Girls Golf.....Jim Crozier
 Basketball.....Jim Wells
 Girls Basketball.....Kelsey Goff
 Baseball.....Patrick Ferguson
 Girls Softball.....Jim Crozier
 Football.....Pat Ferguson
 Girls Volleyball.....Jesyka Nolte
 Track & Field.....TBD
 Girls Track & Field.....Amy Stuart
 Cross Country.....Amy Stuart
 Girls Cross Country.....Amy Stuart

Football CheerleadingSadie Kennedy
 Basketball CheerleadingSadie Kennedy
 Speech Director Abby Heaberlin
 Student Council TBD
 Band DirectorMikayla Bonnema
 Vocal DirectorMikayla Bonnema

MESKWAKI SETTLEMENT SCHOOL

Street Address: 1608 305th St
 City: Tama
 Zip Code: 52339
 Mailing Address: 1608 305th St
 City: Tama
 Zip Code: 52339
 Supt. St Address: 1608 305th St
 Supt. City: Tama
 Supt. Zip: 52339
 County: Tama
 Area Code: 641
 School Phone: 484-9000
 HS Fax: 484-9090
 AD Fax: 484-9090
 Web Site: <http://www.msswarriors.org>
 School Colors: Red/Kelley Green
 Nickname: Warriors
 Conference: Iowa Star Conference

Superintendent Willie Barney
 Phone (641)484-9000 x520
 Email wbarney@msswarriors.org
 Principal Clyde Tarrence
 Phone (641)484-9000 x623
 Email ctarrence@msswarriors.org
 Athletic Administrator Steadman Brown
 Phone (641)484-9000 x625
 Email sbrown@msswarriors.org
 Athletic Secretary Steffanie Benda
 Phone (641)484-9000 x518
 Email sbenda@msswarriors.org
 Sports Medicine Provider Select Physical Therapy
 Basketball Garrett Bear
 Girls Basketball TBD
 Baseball TBD
 Girls Softball TBD
 Wrestling Andre Roberts
 Football Andre Roberts
 Girls Volleyball TBD
 Track & Field Tracy Sienknecht
 Girls Track & Field TBD
 Cross Country Tracy Seinknecht
 Girls Cross Country Tracy Seinknecht
 Bowling Eva Keahna
 Football Cheerleading NO CHEER
 Basketball Cheerleading TBD
 Speech Director Mary Fitzgerald
 Student Council Clyde Tarrence
 Band Director Ben Blystone
 Vocal Director Ben Blystone
 Orchestra Director TBD

MFL MARMAC

Street Address: 700 South Page
 City: Monona
 Zip Code: 52159
 Mailing Address: PO Box 1040
 City: Monona
 Zip Code: 52159
 Supt. St Address: PO Box 1040
 Supt. City: Monona
 Supt. Zip: 52159
 County: Clayton
 Area Code: 563
 School Phone: 539-2031

HS Fax: 539-4694
 AD Fax: 539-4694
 Web Site: <http://www.mflmarmac.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Bulldogs
 Conference: Upper Iowa
 Superintendent Dale Crozier
 Phone (563)539-4795 x102
 Email dale.crozier@mflmarmac.k12.ia.us
 Principal Larry Meyer
 Phone (563)539-2031 x131
 Email larry.meyer@mflmarmac.k12.ia.us
 Asst/Assoc/Vice-Principal Denise Mueller
 Phone (563)539-2031
 Email denise.mueller@mflmarmac.k12.ia.us
 Athletic Administrator Erik Peterson
 Phone (563)539-2031 x124
 Email erik.peterson@mflmarmac.k12.ia.us
 Co-AD/Assistant David Corlett
 Phone (563)873-2250
 Email david.corlett@mflmarmac.k12.ia.us
 Athletic Secretary Mary Winter
 Phone (563)539-2031 x132
 Email mary.winter@mflmarmac.k12.ia.us
 Sports Medicine Provider Erica Johnson, LAT
 (Central Community Hospital)
 Golf Joe Milewsky
 Girls Golf Joe Milewsky
 Basketball Eric Dettbarn
 Girls Basketball Jason Winter
 Baseball Brandon Burke
 Girls Softball Jerald Kleve
 Wrestling Chet Bachman
 Football Dan Anderson
 Girls Volleyball Kelly Winter
 Track & Field Kyle Kirkestue
 Girls Track & Field Kylie Sandstrom
 Cross Country Eric Koenig
 Girls Cross Country Eric Koenig
 Football Cheerleading Josie Roulson
 Basketball Cheerleading Josie Roulson
 Wrestling Cheerleading Dixie Doepke
 Speech Director Angie Killian
 Student Council Megan Schellhorn
 Band Director Michelle Hontz
 Vocal Director Jaydeane Berns

MID-PRAIRIE, WELLMAN

Street Address: 1634 HWY 22 E
 City: Wellman
 Zip Code: 52356
 Mailing Address: PO Box 150
 City: Wellman
 Zip Code: 52356
 Supt. St Address: PO Box 150
 Supt. City: Wellman
 Supt. Zip: 52356
 County: Washington
 Area Code: 319
 School Phone: 646-6091
 HS Fax: 646-6097
 AD Fax: 646-6097
 Web Site: <https://www.mphawks.org/>
 School Colors: Black & Gold
 Nickname: Golden Hawks
 Conference: River Valley Conference
 Superintendent Mark Schneider
 Phone (319)646-6093
 Email mschneider@mphawks.org
 Admin Asst Carmela Ulin
 Phone (319)646-6093
 Email culin@mphawks.org

Principal Jay Strickland
 Phone (319)646-6091
 Email jstrickland@mphawks.org
 Asst/Assoc/Vice-Principal Tyler Hotz
 Phone (319)646-6091
 Email thotz@mphawks.org
 Athletic Administrator Tyler Hotz
 Phone (319)646-6091
 Email thotz@mphawks.org
 Co-AD/Assistant Chris Kern
 Phone (319)646-6091 x123
 Email ckern@mphawks.org
 Athletic Secretary Megan Neal
 Phone (319)646-6091
 Email mneal@mphawks.org
 Sports Medicine Provider Jeff Swartzendruber
 Golf Kelby Bender
 Girls Golf Tracy McArtor
 Basketball Daren Lambert
 Girls Basketball Daniel Hershberger
 Baseball Andy Greiner
 Girls Softball Mallory McArtor
 Wrestling Justin Garvey
 Football Pete Cavanagh
 Girls Volleyball Sherry Evans
 Track & Field Dain Jeppson
 Girls Track & Field Chris Tyler
 Cross Country Mark Hostetler
 Girls Cross Country Mark Hostetler
 Soccer Pat Cady
 Girls Soccer Justin Barthleman
 Speech Director(s) Christy Meader, Natalie Silbaugh
 Student Council Jay Strickland
 Band Director Dave Kunz
 Vocal Director Colette McClellan

MIDLAND, WYOMING

Street Address: 106 W Webster St
 City: Wyoming
 Zip Code: 52362
 Mailing Address: PO Box 109
 City: Wyoming
 Zip Code: 52362
 Supt. St Address: 106 W Webster St
 Supt. City: Wyoming
 Supt. Zip: 52362
 County: Jones
 Area Code: 563
 School Phone: 488-2292
 HS Fax: 488-2253
 AD Fax: 488-3304
 Web Site: <http://www.midland.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Eagles
 Conference: Tri-Rivers
 Superintendent Todd Hawley
 Phone (563)488-2292 x1280
 Email thawley@midland.k12.ia.us
 Principal Carol Reilly
 Phone (563)488-2292 x1120
 Email creilly@midland.k12.ia.us
 Athletic Administrator Ryan Steines
 Phone (563)488-2292 x2330
 Email rsteines@midland.k12.ia.us
 Co-AD/Assistant Raymond Dosland
 Email rdosland@midland.k12.ia.us
 Athletic Secretary Becca Harvey
 Phone (563)488-2292
 Email bharvey@midland.k12.ia.us
 Golf Kirk Park
 Basketball Dalton Harms
 Girls Basketball Jason Soper

Baseball.....Josh Soper
 Girls Softball.....Zach Hebl
 Wrestling.....Casey Huston
 Football.....Lennie Miller
 Girls Volleyball.....Kerrigan Riley
 Track & Field.....Ben Hildebrandt
 Girls Track & Field.....Ryan Luensman
 Cross Country.....Jon Eganhouse
 Girls Cross Country.....Jon Eganhouse
 Student Council.....Stephanie Kaftan
 Band Director.....Elizabeth Wright
 Vocal Director.....Angie Ruley

MISSOURI VALLEY

Street Address: 605 E Lincoln Hwy
 City: Missouri Valley
 Zip Code: 51555
 Mailing Address: 605 E Lincoln Hwy
 City: Missouri Valley
 Zip Code: 51555
 Supt. St Address: 109 E Michigan
 Supt. City: Missouri Valley
 Supt. Zip: 51555
 County: Harrison
 Area Code: 712
 School Phone: 642-4149
 HS Fax: 642-4624
 AD Fax: 642-4624
 Web Site: <http://www.movalleyschools.org>
 School Colors: Red & White
 Nickname: Big Reds/Lady Reds
 Conference: Western Iowa
 Superintendent.....Brent Hoelsing
 Phone.....(712)642-2706
 Email.....bhoelsing@movalleycsd.org
 Admin Asst.....Lori Pickle
 Phone.....(712)642-2706
 Email.....lpickle@movalleycsd.org
 Principal.....Kristie Kruckman
 Phone.....(712)642-4149
 Email.....kkruckman@movalleycsd.org
 Athletic Administrator.....Brad Nichols
 Phone.....(712)642-2707
 Email.....bnichols@movalleycsd.org
 Co-AD/Assistant.....Brian Knott
 Phone.....(712)642-4149
 Email.....bknott@movalleycsd.org
 Athletic Secretary.....Shelly Brown
 Phone.....(712)642-4149 x1111
 Email.....sbrown@movalleycsd.org
 Golf.....TBD
 Girls Golf.....TBD
 Basketball.....Jeff Miller
 Girls Basketball.....Bob Scudder
 Baseball.....Josh York, Jamie Fouts
 Girls Softball.....Rick Barker
 Wrestling.....Keefer Jensen
 Football.....Rick Barker
 Girls Volleyball.....Josie Esser
 Track & Field.....Rick Barker
 Girls Track & Field.....Scott Cihacek
 Cross Country.....Scott Cihacek
 Girls Cross Country.....Scott Cihacek
 Soccer.....Chris Gilpin
 Girls Soccer.....Lacy West
 Football Cheerleading.....Leslie Collins
 Basketball Cheerleading.....Lisa Voss
 Wrestling Cheerleading.....Leslie Collins
 Speech Director.....Traci Remington
 Student Council.....Jamie Justesen
 Band Director.....Sam Arrieta

Vocal Director.....Sam Arrieta

MMCRU

Street Address: 400 E Fenton St
 City: Marcus
 Zip Code: 51035
 Mailing Address: PO Box 667
 City: Marcus
 Zip Code: 51035
 Supt. St Address: PO Box 667
 Supt. City: Marcus
 Supt. Zip: 51035
 County: Cherokee
 Area Code: 712
 School Phone: 376-4172
 HS Fax: 376-4302
 Web Site: <http://www.mmcruroyals.org>
 School Colors: Royal Blue & White
 Nickname: Royals
 Conference: War Eagle
 Superintendent.....Dan Barkel
 Phone.....(712)376-4171
 Email.....dan.barkel@mmcruroyals.org
 Principal.....Travis Sprague
 Phone.....(712)376-4172
 Email.....travis.sprague@mmcruroyals.org
 Asst/Assoc/Vice-Principal.....Toby Young
 Phone.....(712)786-1101
 Email.....tobyyoung@mmcruroyals.org
 Athletic Administrator.....Lonnie Boekhout
 Phone.....(712)376-4172
 Email.....lonnie.boekhout@mmcruroyals.org
 Co-AD/Assistant.....Mark Brighton
 Phone.....(712)786-1101
 Email.....mark.brighton@mmcruroyals.org
 Golf.....Mark Schuttler
 Girls Golf.....Kendra Kurth
 Basketball.....Cam Kuchel
 Girls Basketball.....Gillian Letsche
 Baseball.....Cam Kuchel
 Girls Softball.....Kayla Foresman
 Wrestling.....Nick Dreckman
 Football.....Kyle Oswald
 Girls Volleyball.....Heather Youde
 Track & Field.....Colin Youde
 Girls Track & Field.....Lonnie Boekhout
 Cross Country.....Lisa Spieler
 Girls Cross Country.....Lisa Spieler
 Bowling.....Mark Brighton
 Girls Bowling.....Mark Brighton
 Football Cheerleading.....Heidi Holmes, Sarah Bottjen
 Basketball Cheerleading.....Taylor Weiler
 Speech Director.....Alex Wimmer
 Student Council.....Heather Youde
 Band Director.....Tara Meinen
 Vocal Director.....Andrew Wotherspoon

MOC-FLOYD VALLEY

Street Address: 615 8th St SE
 City: Orange City
 Zip Code: 51041
 Mailing Address: 615 8th St SE
 City: Orange City
 Zip Code: 51041
 Supt. St Address: 1301 8th St SE
 Supt. City: Orange City
 Supt. Zip: 51041
 County: Sioux
 Area Code: 712
 School Phone: 737-4871
 HS Fax: 737-3933
 AD Fax: 737-3933

Web Site: <http://www.mocfv.org>
 School Colors: Purple & White
 Nickname: Dutchmen
 Conference: Siouxland
 Superintendent.....Russ Adams
 Phone.....(712)737-4873
 Email.....radams@mocfv.org
 Principal.....Michael Mulder
 Phone.....(712)737-4871 x233
 Email.....mmulder@mocfv.org
 Asst/Assoc/Vice-Principal.....Mark Gunderson
 Phone.....(712)737-4871 x242
 Email.....mgunderson@mocfv.org
 Athletic Administrator.....Mark Gunderson
 Phone.....(712)737-4871 x242
 Email.....mgunderson@mocfv.org
 Co-AD/Assistant.....Lyle Lundgren
 Phone.....(712)737-4871
 Email.....llundgren@mocfv.org
 Co-AD/Assistant.....Shane Williams
 Phone.....(712)737-4871
 Email.....swilliams@mocfv.org
 Athletic Secretary.....Julie Reinders
 Phone.....(712)737-4871
 Email.....jreinders@mocfv.org
 Sports Medicine Provider.....Chris Krohn
 Golf.....Brady Baker
 Girls Golf.....Jamie Furlong
 Basketball.....Loren De Jong
 Girls Basketball.....Tanner Hilbrands
 Baseball.....Drew Nonnemacher
 Girls Softball.....Jade Niemyer
 Wrestling.....Lyle Lundgren
 Football.....Grant Hegstad
 Girls Volleyball.....Kate Boersma
 Track & Field.....Joel Bundt
 Girls Track & Field.....Teri Anderson
 Cross Country.....Doug DeZeeuw
 Girls Cross Country.....Doug DeZeeuw
 Soccer.....Blake Wiekling
 Girls Soccer.....Sara Nessa
 Football Cheerleading.....Kayla Meis
 Basketball Cheerleading.....Kayla Meis
 Wrestling Cheerleading.....Hannah Quintana
 Speech Director.....Joel Stauffer
 Student Council.....Sara Burmakow
 Band Director(s).....Dan Mangold, Matt Honken
 Vocal Director.....Pam Anderson
 Orchestra Director.....Laura Haverdink

MONTEZUMA

Street Address: 504 N 4th St
 City: Montezuma
 Zip Code: 50171
 Mailing Address: PO Box 580
 City: Montezuma
 Zip Code: 50171
 Supt. St Address: 504 N 4th St
 Supt. City: Montezuma
 Supt. Zip: 50171
 County: Poweshiek
 Area Code: 641
 School Phone: 623-5121
 HS Fax: 623-5733
 AD Fax: 623-5733
 Web Site: <http://www.montezuma-schools.org>
 School Colors: Royal Blue & White
 Nickname: Braves
 Conference: South Iowa Cedar
 Superintendent.....David Hoeger
 Phone.....(641)623-5185
 Email.....dhoeger@montezuma.k12.ia.us

Principal.....Tim Hoffman- JH/HS
 Phone.....(641)623-5121
 Email.....thoffman@montezuma.k12.ia.us
 Asst/Assoc/Vice-Principal.....Kurtis Hanna
 Phone.....(641)623-5121
 Email.....khanna@montezuma.k12.ia.us
 Athletic Administrator.....Tim Burgess
 Phone.....(641)623-5121
 Email.....tburgess@montezuma.k12.ia.us
 Sports Medicine Provider.....Dustin Briggs
 Golf.....Aimee Nikkel
 Girls Golf.....Liesel Roorda
 Basketball.....Derrick Dengler
 Girls Basketball.....Janel Burgess
 Baseball.....Josh Anderson
 Girls Softball.....Jeremy Van Zee
 Wrestling.....Josh Kriegel
 Football.....Pat O'Brien
 Girls Volleyball.....Katie Dunlap
 Track & Field.....Lukas Steenhoek
 Girls Track & Field.....Megan Carlson
 Cross Country.....Kevin Gartman
 Girls Cross Country.....Kevin Gartman
 Football Cheerleading.....Debbie Iverson
 Basketball Cheerleading.....Mary Jo Sheets
 Wrestling Cheerleading.....Mary Jo Sheets
 Speech Director.....Kaela DeLong
 Student Council.....Earlene Taylor
 Band Director.....Carri Burnett
 Vocal Director.....Kaela DeJung

MONTICELLO

Street Address: 850 E Oak St
 City: Monticello
 Zip Code: 52310
 Mailing Address: 850 E Oak St
 City: Monticello
 Zip Code: 52310
 Supt. St Address: 711 S Maple St
 Supt. City: Monticello
 Supt. Zip: 52310
 County: Jones
 Area Code: 319
 School Phone: 465-6597
 HS Fax: 465-4253
 AD Fax: 465-4253
 Web Site: <http://www.monticello.k12.ia.us>
 School Colors: Red & Black
 Nickname: Panthers
 Conference: River Valley Conference
 Superintendent.....Brian Jaeger
 Phone.....(319)465-5963 x5100
 Email.....brian.jaeger@monticello.k12.ia.us
 Principal.....Joan Young
 Phone.....(319)465-6597 x1321
 Email.....joan.young@monticello.k12.ia.us
 Athletic Administrator.....Tim Lambert
 Phone.....(319)465-6597 x1323
 Email.....tim.lambert@monticello.k12.ia.us
 Athletic Secretary.....Kim Ralston
 Phone.....(319)465-3575 x1300
 Email.....kim.ralston@monticello.k12.ia.us
 Golf.....Curt Tauke
 Girls Golf.....Joe Steen
 Basketball.....Tim Lambert
 Girls Basketball.....Donnie Kremer
 Baseball.....Kolby Harms
 Girls Softball.....Bret McDonald
 Wrestling.....Ryan Luensman
 Football.....Wes Wilson
 Girls Volleyball.....Stacie Breitbach
 Track & Field.....Greg Williams

Girls Track & Field.....Val Lynn
 Cross Country.....Dan Sauser
 Girls Cross Country.....Dan Sauser
 Girls Soccer.....Bruce Feuling
 Bowling.....Brian Meyer
 Girls Bowling.....Brian Meyer
 Football Cheerleading.....Laura Turnis
 Basketball Cheerleading.....Laura Turnis
 Speech Director.....Kim Carlson
 Student Council.....Mary Jane Maher
 Band Director.....Alec Garringer
 Vocal Director.....Brett Knies

MORAVIA

Street Address: 505 N Trussell Ave
 City: Moravia
 Zip Code: 52571
 Mailing Address: 505 N Trussell Ave
 City: Moravia
 Zip Code: 52571
 Supt. St Address: 505 N Trussell Ave
 Supt. City: Moravia
 Supt. Zip: 52571
 County: Appanoose
 Area Code: 641
 School Phone: 724-3241
 HS Fax: 724-9858
 AD Fax: 724-9858
 Web Site: <http://www.moravia.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Mohawks
 Conference: Bluegrass
 Superintendent.....Brad Breon
 Phone.....(641)724-3241 x104
 Email.....brad.breon@moravia.k12.ia.us
 Principal.....Levi Marx
 Phone.....(641)724-3241
 Email.....levi.marx@moravia.k12.ia.us
 Athletic Administrator.....Matt Finley
 Phone.....(641)724-3241 x1161
 Email.....matt.finley@moravia.k12.ia.us
 Co-AD/Assistant.....Brian Bickel
 Phone.....(641)724-3241 x1139
 Email.....brian.bickel@moravia.k12.ia.us
 Golf.....Darrin Fisher
 Girls Golf.....Darrin Fisher
 Basketball.....Brian Bickel
 Girls Basketball.....Clint Woodward
 Baseball.....Bill Huisman
 Girls Softball.....Kevin Fritz
 Wrestling.....Denny Whitlow
 Football.....Denny Whitlow
 Girls Volleyball.....Derek Reischauer
 Track & Field.....Steve Smith
 Girls Track & Field.....Meaghan VanBogaert
 Cross Country.....Darcie Whitlow
 Girls Cross Country.....Darcie Whitlow
 Speech Director.....Maranda Leadon
 Student Council.....Karen Fairchild
 Band Director.....Lise Nelson
 Vocal Director.....Jerry Richardson

MORMON TRAIL, GARDEN GROVE

Street Address: 502 E Main St
 City: Garden Grove
 Zip Code: 50103
 Mailing Address: 403 S Front
 City: Humeston
 Zip Code: 50123
 Supt. St Address: PO Box 156
 Supt. City: Humeston
 Supt. Zip: 50123

County: Decatur
 Area Code: 641
 School Phone: 443-3425
 HS Fax: 443-2644
 AD Fax: 443-2644
 Web Site: <http://www.mormontrailcsd.org>
 School Colors: Black & Gold
 Nickname: Saints
 Conference: Bluegrass
 Superintendent.....Kerry Phillips
 Phone.....(641)877-2521
 Email.....kphillips@mormontrailcsd.org
 Principal.....Becky Stripe
 Phone.....(641)443-3425
 Email.....bstripe@mormontrailcsd.org
 Athletic Administrator.....Robert Thatcher
 Phone.....(641)443-3425
 Email.....rthatcher@mormontrailcsd.org
 Athletic Secretary.....Stevie Parmer
 Phone.....(641)443-3425
 Email.....sparmer@mormontrailcsd.org
 Golf.....Cale Moore,Cassie Moore
 Girls Golf.....Cale Moore,Cassie Moore
 Basketball.....Aaron Parmer
 Girls Basketball.....Katie Newton
 Baseball.....Cale Moore, Jason Newton
 Girls Softball.....Cassie Moore
 Football.....Travis Johnson
 Girls Volleyball.....Josh Stiles
 Track & Field.....Elizabeth Vanderflught
 Girls Track & Field.....Elizabeth Vanderflught
 Cross Country.....Elizabeth Vanderflught
 Speech Director.....Kara Hilton
 Student Council.....Kara Hilton

MORNING STAR ACADEMY, BETTENDORF

Street Address: 1426 Tanglefoot Ln
 City: Bettendorf
 Zip Code: 52722
 Mailing Address: 1426 Tanglefoot Ln
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: 1426 Tanglefoot Ln
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 359-5700
 HS Fax: 359-5737
 AD Fax: 359-5737
 Web Site: <http://www.morningstaracademy.org>
 School Colors: Navy & Gold
 Nickname: Mustangs
 Superintendent.....Rob Spykstra
 Phone.....(563)359-5700
 Email.....rob.spykstra@msa-qc.org
 Admin Asst.....Tami Rossow
 Phone.....(563)359-5700
 Email.....tami.russow@msa-qc.org
 Principal.....Elisa Wingerd
 Phone.....(563)359-5700
 Email.....elisa.wingerd@msa-qc.org
 Athletic Administrator.....Elisa Wingerd
 Phone.....(563)359-5700
 Email.....elisa.wingerd@msa-qc.org
 Co-AD/Assistant.....Greg Bradford
 Phone.....(563)359-5700
 Email.....greg.bradford@msa-qc.org
 Basketball.....Skyler Sandry
 Girls Basketball.....Troy Simpson
 Girls Volleyball.....Mikhail Giza

MOULTON-UDELL

Street Address: 305 E 8th St
 City: Moulton
 Zip Code: 52572
 Mailing Address: 305 E 8th St
 City: Moulton
 Zip Code: 52572
 Supt. St Address: 305 E 8th St
 Supt. City: Moulton
 Supt. Zip: 52572
 County: Appanoose
 Area Code: 641
 School Phone: 642-8131
 HS Fax: 642-8351
 AD Fax: 642-8351
 Web Site: <http://www.moulton-udell.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Eagles
 Conference: Bluegrass

Superintendent..... Brian Vandersluis
 Phone.....(641)642-3665
 Email.....bvandersluis@twincedarcsd.org
 Principal.....Shane Brown
 Phone.....(641)642-8131 x202
 Email.....shane.brown@moulton-udell.org
 Athletic Administrator..... Gary Ogden
 Phone.....(641)642-8131 x204
 Email.....gary.ogden@moulton-udell.org
 Basketball.....Tim Johnson
 Girls Basketball.....Jason Ogden
 Baseball.....TBD
 Girls Softball.....Jason Ogden
 Girls Volleyball.....Abby Swarts
 Track & Field.....Chris Welch
 Girls Track & Field.....Chris Welch
 Basketball Cheerleading.....Mickie McKinley
 Speech Director.....TBD
 Student Council.....Shane Brown
 Band Director.....TBD
 Vocal Director.....TBD

MOUNT AYR

Street Address: 1001 E Columbus St
 City: Mount Ayr
 Zip Code: 50854
 Mailing Address: 1001 E Columbus St
 City: Mount Ayr
 Zip Code: 50854
 Supt. St Address: 1001 E Columbus St
 Supt. City: Mount Ayr
 Supt. Zip: 50854
 County: Ringgold
 Area Code: 641
 School Phone: 464-0510
 HS Fax: 464-2325
 AD Fax: 464-2325
 Web Site: <http://www.mtayrschools.org>
 School Colors: Black, White, Red
 Nickname: Raiders
 Conference: Pride of Iowa

Superintendent.....Joe Drake
 Phone.....(641)464-0500
 Email.....jdrake@bedford.k12.ia.us
 Principal.....Bill Huntington
 Phone.....(641)464-0510
 Email.....bill.huntington@mtayrschools.org
 Athletic Administrator.....Delwyn Showalter
 Phone.....(641)464-2622
 Email.....delwyn.showalter@mtayrschools.org
 Sports Medicine Provider.....Natasha Gourley
 (Ringgold County Hospital)
 Golf.....Scott Giles

Girls Golf.....Scott Giles
 Basketball.....Bret Ruggles
 Girls Basketball.....Thad Streit
 Baseball.....Chris Elwood, Kelly Klommmhaus
 Girls Softball.....Brandie Ruggles, Bret Ruggles
 Wrestling.....John Ford, Eric Ehlen
 Football.....Delwyn Showalter, Derek Lambert
 Girls Volleyball.....Tori Braby
 Track & Field.....Brad Elliott
 Girls Track & Field.....Deb Larsen
 Cross Country.....Deb Larsen
 Girls Cross Country.....Deb Larsen
 Bowling.....Mike Zarr
 Girls Bowling.....Mike Zarr
 Football Cheerleading.....Amanda Waske, Annie Hosfield
 Basketball Cheerleading.....Amanda Waske, Annie Hosfield
 Wrestling Cheerleading.....Amanda Waske, Annie Hosfield
 Speech Director.....Shaun Knip
 Student Council.....John Larsen
 Band Director.....Ansley Katz
 Vocal Director.....Ansley Katz

MOUNT PLEASANT

Street Address: 400 E Madison
 City: Mount Pleasant
 Zip Code: 52641
 Mailing Address: 400 E Madison
 City: Mount Pleasant
 Zip Code: 52641
 Supt. St Address: 400 E Madison St
 Supt. City: Mount Pleasant
 Supt. Zip: 52641
 County: Henry
 Area Code: 319
 School Phone: 385-7700
 HS Fax: 385-7789
 AD Fax: 385-7789
 Web Site: <http://www.mt-pleasant.k12.ia.us>
 School Colors: Maroon & Gold
 Nickname: Panthers
 Conference: Southeast

Superintendent.....John Henriksen
 Phone.....(319)385-7750
 Email.....john.henriksen@mtpcsd.org
 Admin Asst.....Cindy Smith
 Phone.....(319)385-7750
 Email.....cindy.smith@mtpcsd.org
 Principal.....Todd Liechty
 Phone.....(319)385-7700 x105
 Email.....todd.liechty@mtpcsd.org
 Asst/Assoc/Vice-Principal.....Michael Wilson
 Phone.....(319)385-7704 x104
 Email.....michael.wilson@mtpcsd.org
 Athletic Administrator.....Scot Lamm
 Phone.....(319)385-7704 x111
 Email.....scot.lamm@mtpcsd.org
 Athletic Secretary.....Kim Huene
 Phone.....(319)385-7704 x110
 Email.....kim.huene@mtpcsd.org
 Tennis.....Tyler Rodgers
 Girls Tennis.....Steve Scott
 Golf.....Rob Zeglen
 Girls Golf.....Kirby Booton
 Basketball.....Caleb Akey
 Girls Basketball.....Curt Watson
 Baseball.....Brent Broeker
 Girls Softball.....Troy Mears
 Wrestling.....Anthony Blint
 Football.....Shawn Striegel
 Girls Volleyball.....Dave Streeter
 Track & Field.....Mitch Anderson
 Girls Track & Field.....Scot Lamm

Cross Country.....Mitch Anderson
 Girls Cross Country.....Lyle Murray
 Soccer.....Ryan Chabal
 Girls Soccer.....Scott Stribe
 Bowling.....Anna Haller
 Girls Bowling.....Anna Haller
 Football Cheerleading.....Nikole Keaster
 Basketball Cheerleading.....Nikole Keaster
 Wrestling Cheerleading.....Jenna Cargill
 Student Council.....Mike Wilson
 Band Director.....James DePriest
 Vocal Director.....Marlene DePriest

MOUNT VERNON

Street Address: 731 Palisades Rd SW
 City: Mount Vernon
 Zip Code: 52314
 Mailing Address: 731 Palisades Rd SW
 City: Mount Vernon
 Zip Code: 52314
 Supt. St Address: 525 Palisades Rd SW
 Supt. City: Mount Vernon
 Supt. Zip: 52314
 County: Linn
 Area Code: 319
 School Phone: 895-8843
 HS Fax: 895-6185
 AD Fax: 895-6185
 Web Site: <http://www.mountvernon.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Mustangs
 Conference: WaMaC

Superintendent.....Dr. Greg Batenhorst
 Phone.....(319)895-8845 x1001
 Email.....gbatenhorst@mvcsd.org
 Admin Asst.....Amy Weber
 Phone.....(319)895-8845 x1000
 Email.....aweber@mvcsd.org
 Principal.....Steve Brand
 Phone.....(319)895-8843 x4001
 Email.....sbrand@mvcsd.org
 Asst/Assoc/Vice-Principal.....Matt Thede
 Phone.....(319)895-8843 x4005
 Email.....mthede@mvcsd.org
 Athletic Administrator.....Matt Thede
 Phone.....(319)895-8843 x4005
 Email.....mthede@mvcsd.org
 Athletic Secretary.....Valerie Binsfield
 Phone.....(319)895-8843 x4003
 Email.....vbinsfield@mvcsd.org
 Sports Medicine Provider.....Jeremy Elliott
 Girls Tennis.....Crystal Eskelsen
 Golf.....Mark Binsfield
 Basketball.....Ed Timm
 Girls Basketball.....Matt Haddy
 Baseball.....Jeremy Elliott
 Girls Softball.....Robin Brand
 Wrestling.....Vance Light
 Football.....Lance Pedersen
 Girls Volleyball.....Maggie Willems
 Track & Field.....Ryan Whitman
 Girls Track & Field.....Maggie Willems
 Cross Country.....Kory Swart
 Girls Cross Country.....Sue Deibner
 Soccer.....Kevin Murray
 Girls Soccer.....Katelyn Cabell
 Football Cheerleading.....Trista Lynner
 Basketball Cheerleading.....Trista Lynner
 Speech Director.....Tawnua Tenley
 Student Council.....Margo Massey
 Band Director.....Scott Weber
 Vocal Director.....Thad Wilkins

Orchestra Director.....Tabitha Rasmussen

MURRAY

Street Address: 216 Sherman St

City: Murray

Zip Code: 50174

Mailing Address: PO Box 187

City: Murray

Zip Code: 50174

Supt. St Address: PO Box 187

Supt. City: Murray

Supt. Zip: 50174

County: Clarke

Area Code: 641

School Phone: 447-2517

HS Fax: 447-2313

AD Fax: 447-2313

Web Site: <http://www.murraycsd.org>

School Colors: Purple, White & Gold

Nickname: Mustangs

Conference: Bluegrass

Superintendent.....Alan Miller

Phone.....(641)447-2517

Email.....amiller@murraycsd.org

Principal.....Jarrett Belden

Phone.....(641)447-2517

Email.....jbelden@murraycsd.org

Athletic Administrator.....Jerry Shields

Phone.....(641)447-2517

Email.....jshields@murraycsd.org

Sports Medicine Provider.....Matt Long, PT

(Greater Regional Medical Center)

Basketball.....Darin Wookey

Girls Basketball.....Jerry Shields

Baseball.....Clint Foster

Girls Softball.....Tessa Otto

Football.....Taylor Fulton

Girls Volleyball.....Jerry Shields

Track & Field.....Taylor Fulton

Girls Track & Field.....Keith Shields

Speech Director.....Jordan Grove

Student Council.....Mindy Oswald

Band Director.....Simon McCoy

Vocal Director.....John Calahan

MUSCATINE

Street Address: 2705 Cedar Street

City: Muscatine

Zip Code: 52761

Mailing Address: 2705 Cedar Street

City: Muscatine

Zip Code: 52761

Supt. St Address: 2900 Mulberry Ave

Supt. City: Muscatine

Supt. Zip: 52761

County: Muscatine

Area Code: 563

School Phone: 263-6141

HS Fax: 264-1794

AD Fax: 263-5397

Web Site: <http://www.muscatine.k12.ia.us>

School Colors: Purple & Gold

Nickname: Muskies

Conference: Mississippi Athletic

Superintendent.....Dr. Jerald Riibe

Phone.....(563)263-7223

Email.....jerry.riibe@mcsdonline.org

Admin Asst.....Jill Bourquin

Phone.....(563)263-7223

Email.....jill.bourquin@mcsdonline.org

Principal.....Terry Hogenson

Phone.....(563)263-6141 x1101

Email.....terry.hogenson@mcsdonline.org

Asst/Assoc/Vice-Principal.....Andy Werling

Phone.....(563)263-6141

Email.....andy.werling@mcsdonline.org

Asst/Assoc/Vice-Principal.....Staci Orr

Phone.....(563)263-6141 x1102

Email.....staci.orr@mcsdonline.org

Asst/Assoc/Vice-Principal.....Mark Groteluschen

Phone.....(563)263-6141 x1103

Email.....mark.groteluschen@mcsdonline.org

Athletic Administrator.....Tom Ulses

Phone.....(563)263-6141 x1104

Email.....tom.ulses@mcsdonline.org

Athletic Secretary.....Allie Meineke

Phone.....(563)263-6141 x1114

Email.....allie.meineke@mcsdonline.org

Sports Medicine Provider.....Nicole Calvert, LAT

(Rock Valley Physical Therapy)

Girls Tennis.....Connie Czerwec

Golf.....Scott Schultz

Basketball.....John Windham

Girls Basketball.....Susan Orvis

Swimming.....Judd Anderson

Girls Swimming.....Judd Anderson

Baseball.....Grant Pippert

Girls Softball.....Steve Hopkins

Wrestling.....Joe Kane

Football.....Jacob Mueller

Girls Volleyball.....Tim Martin

Track & Field.....Mark Rusch

Cross Country.....Chris Foxen

Girls Cross Country.....Scott Roberts

Soccer.....Jose Varela

Bowling.....Brian Chapman

Girls Bowling.....Brian Chapman

Football Cheerleading.....Mollie LaRue

Basketball Cheerleading.....Mollie LaRue

Wrestling Cheerleading.....Mollie LaRue

Speech Director.....Brianna Hilton

Student Council.....Sarah Walsh

Band Director.....Jeff Heid

Vocal Director.....Jonathan Ryan

Orchestra Director.....Jon Thoma

MVAOCO

Street Address: 501 S 7th St

City: Mapleton

Zip Code: 51034

Mailing Address: 501 S 7th St

City: Mapleton

Zip Code: 51034

Supt. St Address: 501 S 7th St

Supt. City: Mapleton

Supt. Zip: 51034

County: Monona

Area Code: 712

School Phone: 881-1319

HS Fax: 881-1320

AD Fax: 881-1320

Web Site: <http://www.mvaoschool.com>

School Colors: Maroon, Gold, Black

Nickname: Rams

Conference: Western Valley

Superintendent.....Jeff Thelander

Phone.....(712)881-1315

Email.....jthelander@mvaoschool.org

Principal.....Dan Dougherty

Phone.....(712)881-1317

Email.....ddougherty@mvaoschool.org

Athletic Administrator.....Jordan Scholl

Phone.....(712)881-1317

Email.....jscholl@mvaoschool.org

Co-AD/Assistant.....Derek Dougherty

Phone.....(712)373-5244

Email.....dadougherty@mvaoschool.org

Athletic Secretary.....Courtney Pithan

Phone.....(712)881-1317

Email.....adsecy@mvaoschool.org

Sports Medicine Provider.....Deb Gress

Girls Golf.....Kathy Scholl

Basketball.....Josh Koenigs

Girls Basketball.....Corey Dose

Baseball.....Dan Dougherty

Girls Softball.....Derek Dougherty

Wrestling.....Steven Schaffer

Football.....Scott Breyfogle

Girls Volleyball.....Emily Low

Track & Field.....Scott Breyfogle

Girls Track & Field.....Scott Breyfogle

Cross Country.....Alden Berkenpas

Girls Cross Country.....Alden Berkenpas

Football Cheerleading.....Mo Sharp

Basketball Cheerleading.....Mo Sharp

Wrestling Cheerleading.....Mo Sharp

Speech Director.....Stephanie Petersen

Student Council.....Kathy Scholl

Band Director.....David Kovarna

Vocal Director.....Brian Smeltzer

NASHUA-PLAINFIELD

Street Address: 612 Greeley St

City: Nashua

Zip Code: 50658

Mailing Address: 612 Greeley St

City: Nashua

Zip Code: 50658

Supt. St Address: 612 Greeley St

Supt. City: Nashua

Supt. Zip: 50658

County: Chickasaw

Area Code: 641

School Phone: 435-4166

HS Fax: 435-4167

AD Fax: 435-4167

Web Site: <http://www.nashua-plainfield.k12.ia.us>

School Colors: Red, Black, Silver

Nickname: Huskies

Conference: Top of Iowa East

Superintendent.....Keith Turner

Phone.....(641)435-4835

Email.....kturmer@nashua-plainfield.k12.ia.us

Principal.....Scott Striegel

Phone.....(641)435-4166

Email.....sstriegel@nashua-plainfield.k12.ia.us

Athletic Administrator.....Josh Smith

Phone.....(641)435-4166

Email.....josmith@nashua-plainfield.k12.ia.us

Golf.....Jeff Trost

Girls Golf.....Jeff Trost

Basketball.....Sam Brown

Girls Basketball.....Josh Smith

Baseball.....Levi Miller

Wrestling.....Al Frost

Football.....Nick Lamphier

Girls Volleyball.....Amber Carter

Track & Field.....Chase Sudol

Girls Track & Field.....Kristi Hannemann

Cross Country.....Jennifer Kalainoff

Girls Cross Country.....Jennifer Kalainoff

Football Cheerleading.....Sarah Fisher

Basketball Cheerleading.....Tamara Legel
 Wrestling Cheerleading.....Tamara Legel
 Speech Director.....Paige Malven
 Student Council.....Jennifer Kalainoff
 Band Director.....Scott Stroud
 Vocal Director.....Melanie Johanningmeier

NEVADA

Street Address: 1001 15th St
 City: Nevada
 Zip Code: 50201
 Mailing Address: 1035 15th St
 City: Nevada
 Zip Code: 50201
 Supt. St Address: 1035 15th St
 Supt. City: Nevada
 Supt. Zip: 50201
 County: Story
 Area Code: 515
 School Phone: 382-3521
 HS Fax: 382-2935
 AD Fax: 382-2935
 Web Site: <http://www.nevada.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Cubs
 Conference: Heart of Iowa
 Superintendent.....Dr. Steve Gray
 Phone.....(515)382-2783 x101
 Email.....sgray@nevadacubs.org
 Asst/Assoc Supt.....Justin Gross
 Phone.....(515)382-2783 x109
 Email.....jgross@nevadacubs.org
 Admin Asst.....Rita Foley
 Phone.....(515)382-2783 x100
 Email.....rfoley@nevadacubs.org
 Principal.....Kody Asmus
 Phone.....(515)382-3521 x392
 Email.....kasmus@nevadacubs.org
 Asst/Assoc/Vice-Principal.....Dustin Smith
 Phone.....(515)382-3521 x393
 Email.....dsmith@nevadacubs.org
 Athletic Administrator.....Dustin Smith
 Phone.....(515)382-3521 x393
 Email.....dsmith@nevadacubs.org
 Co-AD/Assistant.....Tony Sneiderman
 Phone.....(515)382-3521 x252
 Email.....tsneiderman@nevadacubs.org
 Athletic Secretary.....Vawn Thiphasouk
 Phone.....(515)382-3521 x387
 Email.....vthiphasouk@nevadacubs.org
 Sports Medicine Provider.....21st Century Rehab.
 Girls Tennis.....Jill Gray
 Golf.....Ryan Brown
 Girls Golf.....Mike Lawler
 Basketball.....Tyler Struck
 Girls Basketball.....Jordan Bentley
 Baseball.....Patrek Tufts
 Girls Softball.....John Bass
 Wrestling.....Lonnie Ferguson
 Football.....Andrew Kleeman
 Girls Volleyball.....Jonny Sneiderman
 Track & Field.....John Pelzer
 Girls Track & Field.....Ted Johnson
 Cross Country.....James Mills
 Girls Cross Country.....Shawn Crain
 Soccer.....Todd Sampson
 Girls Soccer.....Randy Davis
 Football Cheerleading.....Mallory Kane
 Basketball Cheerleading.....Mallory Kane
 Wrestling Cheerleading.....Sadie Backoff
 Speech Director.....Bob Mittman

Student Council.....Greg Baethke
 Band Director.....Wade Presley
 Vocal Director.....Shawna Dumbaugh

NEW HAMPTON

Street Address: 710 W Main St
 City: New Hampton
 Zip Code: 50659
 Mailing Address: 710 W Main St
 City: New Hampton
 Zip Code: 50659
 Supt. St Address: 710 W Main St
 Supt. City: New Hampton
 Supt. Zip: 50659
 County: Chickasaw
 Area Code: 641
 School Phone: 394-2144
 HS Fax: 394-2556
 AD Fax: 394-2556
 Web Site: <http://www.new-hampton.k12.ia.us>
 School Colors: Red & Black
 Nickname: Chickasaws
 Conference: Northeast Iowa
 Superintendent.....Jay Jurens
 Phone.....(641)394-2134
 Email.....j_jurens@new-hampton.k12.ia.us
 Principal.....Dr. Sarah Updegraff
 Phone.....(641)394-2144 x2022
 Email.....s_updegraff@new-hampton.k12.ia.us
 Asst/Assoc/Vice-Principal.....Bradley Schmitt
 Phone.....(641)394-5065 x2030
 Email.....b_schmitt@new-hampton.k12.ia.us
 Athletic Administrator.....Bradley Schmitt
 Phone.....(641)394-5065 x2030
 Email.....b_schmitt@new-hampton.k12.ia.us
 Athletic Secretary.....Erica Schmitt
 Phone.....(641)394-5065 x2029
 Email.....e_schmitt@new-hampton.k12.ia.us
 Sports Medicine Provider.....Margaret Peterson
 (Mercy Medical)
 Golf.....Bill Glenn
 Girls Golf.....Eric Olson
 Basketball.....Ryan Rausch
 Girls Basketball.....Chad Pemble
 Baseball.....Cory McDonald
 Girls Softball.....Jack Seelhammer
 Wrestling.....Matt Paulus
 Football.....Scott Frerichs
 Girls Volleyball.....Jessica Geerts
 Track & Field.....Scott Frerichs
 Girls Track & Field.....Jeanette Laures
 Cross Country.....Jamie Ohrt
 Girls Cross Country.....Jamie Ohrt
 Soccer.....Shannon Stewart
 Girls Soccer.....Shannon Stewart
 Football Cheerleading.....Theresa Havlik
 Wrestling Cheerleading.....Maggie Konecne
 Speech Director.....Jason Speltz
 Student Council.....Melissa Nelson
 Band Director.....Justin Adam
 Vocal Director.....Jill Cantu

NEW LONDON

Street Address: 101 W Wilson
 City: New London
 Zip Code: 52645
 Mailing Address: PO Box 97
 City: New London
 Zip Code: 52645
 Supt. St Address: PO Box 97
 Supt. City: New London

Supt. Zip: 52645
 County: Henry
 Area Code: 319
 School Phone: 367-0500
 HS Fax: 367-0501
 AD Fax: 367-0501
 Web Site: <http://www.new-london.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Tigers
 Conference: SEI Superconference
 Superintendent.....Chad Wahls
 Phone.....(319)367-0512 x104
 Email.....chadwahls@nlcsd.org
 Principal.....Scott Kracht
 Phone.....(319)367-0500 x201
 Email.....scott.kracht@nlcsd.org
 Athletic Administrator.....Ben Fry
 Phone.....(319)367-0500 x1106
 Email.....ben.fry@nlcsd.org
 Co-AD/Assistant.....Mike McBeth
 Phone.....(319)367-0500 x1106
 Email.....mike.mcbeth@nlcsd.org
 Athletic Secretary.....Tara Schulte
 Phone.....(319)367-0512
 Email.....tara.schulte@nlcsd.org
 Sports Medicine Provider.....Kaci Mertens, ATC
 (Great River Medical Center)
 Golf.....Greg Lerdal
 Girls Golf.....Greg Lerdal
 Basketball.....Bryant Porter
 Girls Basketball.....Chad Wahls
 Baseball.....Brad Helmerson
 Girls Softball.....Mark Chiri
 Wrestling.....Mark Chiri
 Football.....Mark McSorley
 Girls Volleyball.....Maureen Heath
 Track & Field.....Joe White
 Girls Track & Field.....Paula Bliven
 Football Cheerleading.....Melissa Jacobs
 Speech Director(s).....Shane Barron, John Culver
 Student Council.....Jennifer Campbell
 Band Director.....Arnold Anderson
 Vocal Director.....John Culver

NEWELL-FONDA

Street Address: 205 Clark St
 City: Newell
 Zip Code: 50568
 Mailing Address: PO Box 297
 City: Newell
 Zip Code: 50568
 Supt. St Address: PO Box 297
 Supt. City: Newell
 Supt. Zip: 50568
 County: Buena Vista
 Area Code: 712
 School Phone: 272-3324
 HS Fax: 272-4276
 AD Fax: 272-4276
 Web Site: <http://www.newell-fonda.k12.ia.us>
 School Colors: Royal Blue & Silver
 Nickname: Mustangs
 Conference: Twin Lakes
 Superintendent.....Jeff Dicks
 Phone.....(712)272-3324
 Email.....dicksj@newell-fonda.k12.ia.us
 Principal.....Christopher Feldhans
 Phone.....(712)272-3325
 Email.....feldhansc@newell-fonda.k12.ia.us
 Athletic Administrator.....Brian Wilken
 Phone.....(712)272-3324
 Email.....wilkenb@newell-fonda.k12.ia.us

Athletic Secretary.....Lori Bodholdt
 Phone.....(712)272-3324
 Email.....bodholdt@newell-fonda.k12.ia.us
 Sports Medicine Provider..... Brandon Marreel, LAT (CNOS)
 Golf.....Nathan Baron
 Girls Golf.....Justin Barber
 Basketball.....Chad Buchholz
 Girls Basketball.....Dick Jungers
 Baseball.....Bo Darrow
 Girls Softball.....Courtney Darrow
 Football.....Brian Wilken
 Girls Volleyball.....Marilyn Murra
 Track & Field.....Brian Wilken
 Girls Track & Field.....Craig Davis
 Football Cheerleading.....Trisha Johnson
 Basketball Cheerleading.....Trisha Johnson
 Speech Director.....Nikki Schubert
 Student Council.....Jen Tovar
 Band Director.....Colleen Hecht
 Vocal Director.....Leah Rosado

NEWMAN CATHOLIC, MASON CITY

Street Address: 2445 19th St SW
 City: Mason City
 Zip Code: 50401
 Mailing Address: 2445 19th St SW
 City: Mason City
 Zip Code: 50401
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Cerro Gordo
 Area Code: 641
 School Phone: 423-6939
 HS Fax: 423-6653
 AD Fax: 423-6653
 Web Site: <http://www.newmancatholic.org>
 School Colors: Cardinal Red & White
 Nickname: Knights
 Conference: Top of Iowa
 Superintendent.....Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Executive Coordinator.....Fr. John Gossman
 Phone.....(563) 556-2580
 Principal.....Tony Adams
 Phone.....(641)423-6939
 Email.....tadams@newmancatholic.org
 Athletic Administrator.....Alex Bohl
 Phone.....(641)423-6939
 Email.....abohl@newmancatholic.org
 Golf.....Scott Ball
 Basketball.....Jerry Gatton
 Girls Basketball.....Mike Schutt
 Baseball.....Alex Bohl
 Girls Softball.....Tom Dunn
 Football.....Richard McCardle
 Girls Volleyball.....Kristen Breckenridge
 Track & Field.....Mike Schutt
 Girls Track & Field.....Tom Dunn
 Cross Country.....Mike Schutt
 Girls Cross Country.....Mike Schutt
 Football Cheerleading.....Christine Friederich
 Basketball Cheerleading.....Christine Friederich
 Wrestling Cheerleading.....Christine Friederich
 Speech Director.....Stacey Nichols
 Student Council.....Tony Adams
 Band Director.....Mary Kate Hines
 Vocal Director.....Harold Arians

NEWTON

Street Address: 800 E 4th St S
 City: Newton
 Zip Code: 50208
 Mailing Address: 800 E 4th St S
 City: Newton
 Zip Code: 50208
 Supt. St Address: 1302 1st Ave
 Supt. City: Newton
 Supt. Zip: 50208
 County: Jasper
 Area Code: 641
 School Phone: 792-5797
 HS Fax: 792-0005
 AD Fax: 792-0005
 Web Site: <http://www.newtoncsd.org>
 School Colors: Red & Black
 Nickname: Cardinals
 Conference: Little Hawkeye Conference
 Superintendent.....Bob Callaghan
 Phone.....(641)792-5809
 Email.....callaghanb@newtoncsd.org
 Asst/Assoc Supt.....Bret Miller
 Phone.....(641)792-5809
 Email.....millerb@newton.k12.ia.us
 Asst/Assoc Supt.....Laura Selover
 Phone.....(641)792-5809
 Email.....seloverl@newton.k12.ia.us
 Admin Asst.....Christine Dawson
 Phone.....(641)792-5809
 Email.....dawsonc@newtoncsd.org
 Principal.....Bill Peters
 Phone.....(641)792-5797
 Email.....petersb@newton.k12.ia.us
 Asst/Assoc/Vice-Principal.....Dave Kalkhoff
 Phone.....(641)792-5797 x2135
 Email.....kalkhoffd@newton.k12.ia.us
 Athletic Administrator.....Ryan Rump
 Phone.....(641)792-5797 x2137
 Email.....rumprr@newton.k12.ia.us
 Co-AD/Assistant.....Ray Whipple
 Phone.....(641)792-5797 x2138
 Email.....whipler@newton.k12.ia.us
 Athletic Secretary.....Mindi Walker
 Phone.....(641)792-5797 x2132
 Email.....walkerm@newton.k12.ia.us
 Sports Medicine Provider.....Matt Scotton, LAT, PT (NCSD)
 Tennis.....John Bieber
 Girls Tennis.....Erick Zehr
 Golf.....Pat Riley
 Girls Golf.....Scott Eryart
 Basketball.....Jason Carter
 Girls Basketball.....Eric VanderVelden
 Swimming.....TBD
 Girls Swimming.....Sarah Patterson
 Baseball.....Dustin Brisel
 Girls Softball.....Casey Price
 Wrestling.....Andy Swedenhjem
 Football.....Ed Ergenbright
 Girls Volleyball.....Kim Florke
 Track & Field.....Chad Garvis
 Girls Track & Field.....Rachel Tomas
 Cross Country.....Steve Weeks
 Girls Cross Country.....Rachelle Tipton
 Soccer.....Zach Jensen
 Girls Soccer.....Abby Lamont
 Bowling.....Christie Hughes
 Girls Bowling.....Christie Hughes
 Football Cheerleading.....Heather Ross
 Basketball Cheerleading.....Heather Ross
 Wrestling Cheerleading.....Heather Ross

Speech Director.....Niki Aldrich
 Student Council.....Randy Mills, Kelly Tremel
 Band Director.....Jim Beerends
 Vocal Director.....Rudy Kammel
 Orchestra Director.....TBD

NODAWAY VALLEY

Street Address: 410 NW 2nd St
 City: Greenfield
 Zip Code: 50849
 Mailing Address: 410 NW 2nd St
 City: Greenfield
 Zip Code: 50849
 Supt. St Address: 410 NW 2nd St
 Supt. City: Greenfield
 Supt. Zip: 50849
 County: Adair
 Area Code: 641
 School Phone: 743-6141
 HS Fax: 343-7040
 AD Fax: 343-7040
 Web Site: <http://www.nodawayvalley.org/>
 School Colors: Silver, Purple, Black
 Nickname: Wolverines
 Conference: Pride of Iowa
 Superintendent.....Paul Croghan
 Phone.....(641)743-6127 x1023
 Email.....pcroghan@nodawayvalley.org
 Principal.....Lanny Kliefoth
 Phone.....(641)743-6141 x1022
 Email.....lkiefioth@nodawayvalley.org
 Asst/Assoc/Vice-Principal.....Michael Dale
 Phone.....(641)743-6141 x1026
 Email.....michael.dale@nodawayvalley.org
 Athletic Administrator.....Michael Dale
 Phone.....(641)743-6141 x1026
 Email.....michael.dale@nodawayvalley.org
 Athletic Secretary.....Sue McMorran
 Phone.....(641)745-6141 x1021
 Email.....smcmorran@nodawayvalley.org
 Sports Medicine Provider.....Michael Christoffersen
 Golf.....Joel Klobnak
 Girls Golf.....Joel Klobnak
 Basketball.....Darrell Burmeister, James Larson
 Girls Basketball.....Brian Eisbach
 Baseball.....Dan Jameson
 Girls Softball.....Carol Baudler
 Wrestling.....Jesse McCann
 Football.....Flynn Heald
 Girls Volleyball.....Allison Kiburz
 Track & Field.....Darrell Burmeister
 Girls Track & Field.....Brett Welsch
 Cross Country.....Darrell Burmeister
 Girls Cross Country.....Darrell Burmeister
 Girls Soccer.....Mike Krawczyk
 Bowling.....Phyllis Sackett
 Girls Bowling.....Phyllis Sackett
 Football Cheerleading.....Crystal Ruth
 Wrestling Cheerleading.....Rebecca McCann,
 Justi Christensen
 Speech Director.....Brenda Plymessenger
 Student Council.....Ryan Miller
 Band Director.....Lacey Johnson
 Vocal Director.....Jordan Leckband

NORTH BUTLER, GREENE

Street Address: 201 North 5th Street
 City: Greene
 Zip Code: 50636
 Mailing Address: PO Box 190
 City: Greene

Zip Code: 50636
 Supt. St Address: PO Box 190
 Supt. City: Greene
 Supt. Zip: 50636
 County: Butler
 Area Code: 641
 School Phone: 816-5631
 HS Fax: 816-5921
 AD Fax: 816-5921
 Web Site: <http://www.northbutler.org>
 School Colors: Navy Blue & Maize
 Nickname: Bearcats
 Conference: Top of Iowa

Superintendent.....Joel Foster
 Phone.....(641)816-5523
 Email.....joel.foster@northbutler.org
 Admin Asst.....Shellee Bartlett
 Phone.....(319)267-2552
 Email.....shellee.bartlett@northbutler.org
 Principal.....Heather Holm
 Phone.....(641) 816-5631
 Email.....heather.holm@northbutler.org
 Athletic Administrator.....Isaac Almelen
 Phone.....(641)816-5631
 Email.....isaac.almelen@northbutler.org
 Co-AD/Assistant.....Beth Endelman
 Phone.....(641)816-5631
 Email.....beth.endelman@northbutler.org
 Athletic Secretary.....Lindsay Landers
 Phone.....(641)816-5631
 Email.....lindsay.landerson@northbutler.org
 Golf.....Todd Thompson
 Girls Golf.....Todd Thompson
 Basketball.....John Jones
 Girls Basketball.....TBD
 Baseball.....Isaac Almelen
 Girls Softball.....TBD
 Wrestling.....TBD
 Football.....Jordan Vanderloop
 Girls Volleyball.....Laura Schwickerath
 Track & Field.....Kirk Clark
 Girls Track & Field.....TBD
 Cross Country.....Kirk Clark
 Girls Cross Country.....Kirk Clark
 Football Cheerleading.....McKenna Ott
 Basketball Cheerleading.....Casie Stroberg
 Wrestling Cheerleading.....Laura Johnson
 Band Director.....Susan Brackett
 Vocal Director.....Joe Strong

NORTH CEDAR, STANWOOD

Street Address: 400 Ball St
 City: Clarence
 Zip Code: 52216
 Mailing Address: PO Box 310
 City: Clarence
 Zip Code: 52216
 Supt. St Address: PO Box 247
 Supt. City: Stanwood
 Supt. Zip: 52337
 County: Cedar
 Area Code: 563
 School Phone: 452-3179
 HS Fax: 452-3972
 AD Fax: 452-3972
 Web Site: <http://www.north-cedar.org>
 School Colors: Purple, Teal, Silver
 Nickname: Knights
 Conference: River Valley
 Superintendent.....Mark Dohmen
 Phone.....(563)942-3341
 Email.....mdohmen@north-cedarstu.org

Principal.....Mary Bendixen
 Phone.....(563)455-3179
 Email.....mbendixen@north-cedarstu.org
 Athletic Administrator.....Adam Hadenfeldt
 Phone.....(563)452-3179
 Email.....ahadenfeldt@north-cedarstu.org
 Athletic Secretary.....Renae Paup
 Phone.....(563)452-3179
 Email.....rpaup@north-cedarstu.org
 Sports Medicine Provider.....Scott Thoma
 (Progressive Rehabilitation Associates L.L.C.)
 Golf.....Todd Cox
 Girls Golf.....Lori Dittmer
 Basketball.....Robert Helgeson
 Girls Basketball.....Kelly Stillwagon
 Baseball.....Adam Hadenfeldt
 Girls Softball.....Alex Curley
 Wrestling.....Darrell Long
 Football.....Adam Hadenfeldt
 Girls Volleyball.....Kori Boleyn
 Track & Field.....Scott Kasik
 Cross Country.....Brittany Potts
 Girls Cross Country.....Brittany Potts
 Football Cheerleading.....Chastity Darts
 Basketball Cheerleading.....Chastity Darts
 Wrestling Cheerleading.....Brittany Potts
 Speech Director.....Heather Davidson
 Student Council.....Kristen Brady
 Band Director.....Jill Powers
 Vocal Director.....Nicole Miller

NORTH FAYETTE VALLEY

Street Address: 600 N Pine Street
 City: West Union
 Zip Code: 52175
 Mailing Address: PO Box 73
 City: West Union
 Zip Code: 52175
 Supt. St Address: PO Box 73
 Supt. City: West Union
 Supt. Zip: 52175
 County: Fayette
 Area Code: 563
 School Phone: 422-3851
 HS Fax: 422-3854
 AD Fax: 422-3854
 Web Site: <http://www.nfvschools.com>
 School Colors: Black, Columbia Blue, Silver
 Nickname: TigerHawks
 Conference: Upper Iowa

Superintendent.....Duane Willhite
 Phone.....(563)422-3851 x1126
 Email.....dwillhite@nfv.k12.ia.us
 Principal.....Todd Wolverton
 Phone.....(563)422-3851
 Email.....twolverton@nfv.k12.ia.us
 Athletic Administrator.....Todd Wolverton
 Phone.....(563)422-3851
 Email.....Twolverton@nfv.k12.ia.us
 Co-AD/Assistant.....Ronald Imoehl
 Phone.....(563)422-3851
 Email.....rimoehl@nfv.k12.ia.u
 Co-AD/Assistant.....Ardel McCartney
 Phone.....(563)422-3851
 Email.....amccartney@nfv.k12.ia.us
 Sports Medicine Provider.....Melanie Martin
 Golf.....Derek Heins
 Girls Golf.....Robin Madole
 Basketball.....Matt Krambeer
 Girls Basketball.....Jim Calkins
 Baseball.....Dan Hovden
 Girls Softball.....TBD

Wrestling.....Jacob Pedersen
 Football.....Justin Heins
 Girls Volleyball.....Jenny Lee
 Track & Field.....Mark Nuss
 Girls Track & Field.....Mark Nuss
 Cross Country.....Neal Bentley
 Girls Cross Country.....Neal Bentley
 Soccer.....Seth Owings
 Bowling.....Leland Ellis
 Girls Bowling.....Leland Ellis
 Football Cheerleading.....Stephanie Wagner
 Basketball Cheerleading.....Jaymes Doxenrod
 Wrestling Cheerleading.....Lindsey Richard
 Speech Director.....Julianne Meyer
 Student Council.....John Kullen
 Band Director.....Ted Schacherer
 Vocal Director.....Kyle Harms

NORTH IOWA CHRISTIAN SCHOOL

Street Address: 680 6th Street SE
 City: Mason City
 Zip Code: 50401
 Mailing Address: 680 6th Street SE
 City: Mason City
 Zip Code: 50401
 County: Cerro Gordo
 Area Code: 641
 School Phone: 423-6440
 Web Site: <http://www.northiowachristian.com>
 School Colors: Royal Blue and White
 Principal.....Jason Miner
 Phone.....(641)423-6440
 Athletic Administrator.....Steve Vandenberg
 Phone.....(641)423-6440
 Email.....stvandenberg@mcchsi.com

NORTH IOWA, BUFFALO CENTER

Street Address: 111 3rd Ave. NW
 City: Buffalo Center
 Zip Code: 50424
 Mailing Address: PO Box 510
 City: Buffalo Center
 Zip Code: 50424
 Supt. St Address: PO Box 510
 Supt. City: Buffalo Center
 Supt. Zip: 50424
 County: Winnebago
 Area Code: 641
 School Phone: 562-2525
 HS Fax: 562-2921
 Web Site: <http://www.northiowa.org>
 School Colors: Royal Blue & Silver
 Nickname: Bison
 Conference: North Iowa
 Superintendent.....Joe Erickson
 Phone.....(641)562-2525 x111
 Email.....erickson@northiowa.org
 Principal.....Keri Bergeson
 Phone.....(641)562-2525 x115122
 Email.....bergesonk@northiowa.org
 Athletic Administrator.....Joe Erickson
 Phone.....(641)562-2525 x111
 Email.....erickson@northiowa.org
 Co-AD/Assistant.....Amanda LaGue
 Phone.....(641)562-2525 x167
 Email.....adsec@northiowa.org
 Golf.....Ryan Moretz
 Girls Golf.....Ryan Moretz
 Basketball.....Joel Price
 Girls Basketball.....Rick Meyer
 Baseball.....Zach Meinders
 Girls Softball.....TBD

Football Brad Kemnitz, Dan Frerichs
 Girls Volleyball Micah Peters
 Track & Field Jon Potter
 Girls Track & Field Jon Potter
 Cross Country Jon Potter
 Girls Cross Country Jon Potter
 Football Cheerleading MaKenzie Ree
 Basketball Cheerleading MaKenzie Ree
 Speech Director Shelby Holbrook
 Student Council Teresa Schmitt
 Band Director Shelby Holbrook
 Vocal Director Jerry Holbrook

NORTH LINN, TROY MILLS

Street Address: 3033 Lynx Dr
 City: Troy Mills
 Zip Code: 52344
 Mailing Address: PO Box 200
 City: Troy Mills
 Zip Code: 52344
 Supt. St Address: PO Box 200
 Supt. City: Troy Mills
 Supt. Zip: 52344
 County: Linn
 Area Code: 319
 School Phone: 224-3291
 HS Fax: 224-3232
 Web Site: <https://www.northlinncsd.org/>
 School Colors: Burgundy & White
 Nickname: Lynx
 Conference: Tri Rivers

Superintendent Doug Tuetken
 Phone (319)224-3291
 Email dtuetken@northlinncsd.org
 Principal Scott Beaty
 Phone (319)224-3291
 Email sbeaty@northlinncsd.org
 Athletic Administrator Mike Hilmer
 Phone (319)224-3291
 Email mhilmer@northlinncsd.org
 Athletic Secretary Sarah Kilburg
 Email skilburg@northlinncsd.org
 Golf Kevin Goedken
 Girls Golf Kevin Goedken
 Basketball Mike Hilmer, Bob Hilmer
 Girls Basketball Brian Wheatley
 Baseball Travis Griffith
 Girls Softball Marv Porter
 Wrestling Brendan Schott
 Football Jared Collum
 Girls Volleyball Jennifer McNeill
 Track & Field Jared Collum
 Girls Track & Field Bob Mudd, Dana Schmidt
 Cross Country Bob Mudd, Dana Schmidt
 Girls Cross Country Bob Mudd, Dana Schmidt
 Football Cheerleading Bethany Brink
 Wrestling Cheerleading Bethany Brink
 Speech Director Sue Culwell
 Band Director Brandon Waring
 Vocal Director Lisa Caston

NORTH MAHASKA, NEW SHARON

Street Address: 2163 135th St.
 City: New Sharon
 Zip Code: 50207
 Mailing Address: PO Box 89
 City: New Sharon
 Zip Code: 50207
 Supt. St Address: PO Box 89
 Supt. City: New Sharon
 Supt. Zip: 50207
 County: Mahaska

Area Code: 641
 School Phone: 637-4187
 HS Fax: 637-4559
 AD Fax: 637-4559
 Web Site: <http://nmwarhawks.org/>
 School Colors: Red & White
 Nickname: Warhawks
 Conference: South Iowa Cedar
 Superintendent Angela Livezey
 Phone (641)637-4187
 Email livezey@nmwarhawks.org
 Principal Amber Goemaat
 Phone (641)637-4187
 Email goemaata@nmwarhawks.org
 Athletic Administrator Steve Ehret
 Phone (641)637-4187
 Email ehrets@nmwarhawks.org
 Athletic Secretary Cindy DeGoey
 Phone (641)637-4187
 Email degoeyc@nmwarhawks.org
 Golf Ryan Groom
 Girls Golf Ryan Groom
 Basketball Seth Streebin
 Girls Basketball L. E. Moore
 Baseball Kevin Kelderman
 Girls Softball Chris Sampson
 Wrestling Ryan Groom
 Football Phil Griffin
 Girls Volleyball Alicia Arkema
 Track & Field Steve Ehret
 Girls Track & Field Terry Malone
 Cross Country Kipp Schuler
 Girls Cross Country Kipp Schuler
 Football Cheerleading Kelsey McMahan
 Basketball Cheerleading Lisa Conner
 Wrestling Cheerleading Miranda Johnson
 Speech Director Rachel Martin
 Student Council Jenna Carrico
 Band Director Bruce Peiffer
 Vocal Director Tara Carrico

NORTH POLK, ALLEMAN

Street Address: 13930 NE 6th St
 City: Alleman
 Zip Code: 50007
 Mailing Address: 13930 NE 6th St
 City: Alleman
 Zip Code: 50007
 Supt. St Address: 13930 NE 6th St
 Supt. City: Alleman
 Supt. Zip: 50007
 County: Polk
 Area Code: 515
 School Phone: 984-3400
 HS Fax: 685-2004
 AD Fax: 685-2004
 Web Site: <http://www.northpolk.org>
 School Colors: Black, Red, Silver Gray
 Nickname: Comets
 Conference: Heart of Iowa
 Superintendent Dr. Dan Mart
 Phone (515)984-3400 x2152
 Email dan.mart@northpolk.org
 Principal Seth Poldberg
 Phone (515)984-3400 x2107
 Email cynthia.phillips@northpolk.org
 Asst/Assoc/Vice-Principal Rob Sinclair
 Phone (515)984-3400 x2105
 Email rob.sinclair@northpolk.org
 Athletic Administrator Reece Satre
 Phone (515)984-3400
 Email reece.satre@northpolk.org

Co-AD/Assistant Ben Wolf
 Phone (515)984-3400 x2203
 Email ben.wolf@northpolk.org
 Athletic Secretary Laura Silver
 Phone (515)984-3400 x2101
 Email laura.silver@northpolk.org
 Sports Medicine Provider Courtney Joint, CAT
 (Rock Valley Physical Therapy - Polk City)
 Tennis Bill Taylor
 Girls Tennis Alex Bollmeyer
 Golf Adam Bloom
 Girls Golf Gary Fjelland
 Basketball Nick Wilkens
 Girls Basketball Clint Albertsen
 Girls Softball Lynette Foster
 Wrestling Kirk Hesse
 Football Tim TeBrink
 Girls Volleyball Steve Baas
 Track & Field Bill Capaldo
 Girls Track & Field Scott Huether
 Cross Country Steve Leach
 Girls Cross Country Steve Leach
 Soccer Josh Birchmier
 Girls Soccer Danni Havens
 Football Cheerleading Kate Rutledge
 Speech Director Susan Vernon
 Band Director Brandon Weeks
 Vocal Director Tyler Harper

NORTH SCOTT, ELDRIDGE

Street Address: 200 S 1st St
 City: Eldridge
 Zip Code: 52748
 Mailing Address: 200 S 1st St
 City: Eldridge
 Zip Code: 52748
 Supt. St Address: 251 E Iowa St
 Supt. City: Eldridge
 Supt. Zip: 52748
 County: Scott
 Area Code: 563
 School Phone: 285-9631
 HS Fax: 285-6075
 Web Site: <http://www.north-scott.k12.ia.us>
 School Colors: Scarlet & Silver
 Nickname: Lancers
 Conference: Mississippi Athletic
 Superintendent Joe Stutting
 Phone (563)285-9081
 Email joe.stutting@north-scott.k12.ia.us
 Asst/Assoc Supt Michael Kline
 Phone (563)285-4810
 Email michael.kline@north-scott.k12.ia.us
 Principal Shane Knoche
 Phone (563)285-3200
 Email shane.knoche@north-scott.k12.ia.us
 Asst/Assoc/Vice-Principal Frank Wood
 Phone (563)285-3208
 Email frank.wood@north-scott.k12.ia.us
 Asst/Assoc/Vice-Principal Aaron Schwartz
 Phone (563)285-3277
 Email aaron.schwartz@north-scott.k12.ia.us
 Athletic Administrator Jason Schroeder, CMAA
 Phone (563)285-3224
 Email jason.schroeder@north-scott.k12.ia.us
 Athletic Secretary Kathi Washam
 Phone (563)285-3207
 Email kathi.washam@north-scott.k12.ia.us
 Sports Medicine Provider Tim Block
 (Genesis Health Group)
 Tennis Todd Satterly
 Girls Tennis Heidi Wilmott

Golf Collin Ellis
 Girls Golf..... Frank Wood
 Basketball.....Shamus Budde
 Girls Basketball..... TJ Case
 Baseball.....Travis Raifs, Brad Ward
 Girls Softball..... Holly Hoelting
 Wrestling..... Drew Kelly
 Football..... Kevin Tippet
 Girls Volleyball..... Taryn Vanearwage
 Track & Field..... Joe Greenwood
 Girls Track & Field..... Troy Matthadiess
 Cross Country Amy Knoche
 Girls Cross Country..... Amy Knoche
 Soccer..... Troy Bendickson
 Girls Soccer Dion Ayers
 Bowling..... Marie Tharp
 Girls Bowling..... Marie Tharp
 Football Cheerleading Sarah Hansel
 Basketball Cheerleading..... Sarah Hansel
 Wrestling Cheerleading..... Sarah Hansel
 Speech Director Emily Hintze
 Student Council Jennifer Sambdman
 Band Director(s)..... Carl Collins, Mike McMann
 Vocal Director..... Lori Potts
 Orchestra Director..... Linda Hoppe

NORTH TAMA, TRAEER

Street Address: 605 Walnut St
 City: Traer
 Zip Code: 50675
 Mailing Address: 605 Walnut St
 City: Traer
 Zip Code: 50675
 Supt. St Address: 605 Walnut St
 Supt. City: Traer
 Supt. Zip: 50675
 County: Tama
 Area Code: 319
 School Phone: 478-2265
 HS Fax: 478-2917
 AD Fax: 478-2917
 Web Site: <http://www.n-tama.k12.ia.us>
 School Colors: Red & White
 Nickname: Redhawks
 Conference: Iowa Star
 Superintendent..... David Hill
 Phone (319)478-2265
 Email dhill@n-tama.k12.ia.us
 Principal..... Andrew Meister
 Phone (319)478-2265 x202
 Email ameister@n-tama.k12.ia.us
 Athletic Administrator..... Patty Calderwood
 Phone (319)478-2265 x202
 Email pcaldерwood@n-tama.k12.ia.us
 Athletic Secretary..... Patty Calderwood
 Phone (319)478-2265 x214
 Email pcaldерwood@n-tama.k12.ia.us
 Sports Medicine Provider..... Dave Fricke, LAT
 (Cedar Valley Medical Specialists)
 Golf Trevor Larson
 Girls Golf..... Trevor Larson
 Basketball..... Alex Tagtow
 Girls Basketball..... Shawn Larmore
 Baseball..... Dan Kopriva
 Girls Softball..... Patty Calderwood
 Wrestling..... Andrew Knaack
 Football Tom McDermott
 Girls Volleyball..... Channing Halstead
 Track & Field..... Tyson Roberts
 Girls Track & Field..... Katey Holbach
 Cross Country Katey Holbach
 Girls Cross Country..... Katey Holbach

Football Cheerleading Tracy Jones
 Basketball Cheerleading..... Tracy Jones
 Wrestling Cheerleading..... Tracy Jones
 Speech Director Levi LaRue
 Student Council Levi LaRue
 Band Director Channing Halstead
 Vocal Director..... Terry Shay

NORTH UNION

Street Address: 600 4th Ave
 City: Armstrong
 Zip Code: 50514
 Mailing Address: 600 4th Ave
 City: Armstrong
 Zip Code: 50514
 Supt. St Address: 600 4th Ave
 Supt. City: Armstrong
 Supt. Zip: 50514
 County: Emmet
 Area Code: 712
 School Phone: 868-3550
 HS Fax: 868-3550
 AD Fax: 868-3550
 Web Site: <http://nuwarriors.org>
 School Colors: Green, Black, White
 Nickname: Warriors
 Conference: Top of Iowa (TIC) - West Division
 Superintendent..... Travis Schueller
 Phone (712)868-3590
 Email travis.schueller@nuwarriors.org
 Admin Asst..... Erin Rogers
 Phone (712)868-3550
 Email erin.rogers@nuwarriors.org
 Principal..... Robert Zotz
 Phone (712)868-3590
 Email robert.zotz@nuwarriors.org
 Asst/Assoc/Vice-Principal..... Julie Runksmeier
 Phone (515)272-4361
 Email julie.runksmeier@nuwarriors.org
 Asst/Assoc/Vice-Principal..... Katie Black
 Phone (515)272-2261
 Email katie.black@nuwarriors.org
 Athletic Administrator..... Alex Fisher
 Phone (712)868-3590
 Email alex.fisher@nuwarriors.org
 Co-AD/Assistant..... Royce Byrnes
 Phone (515)272-4102
 Email royce.byrnes@nuwarriors.org
 Athletic Secretary..... Lisa Olson
 Phone (712)868-3550
 Email lisa.olson@nuwarriors.org
 Sports Medicine Provider..... Center for Specialty Care
 Golf Wes Gibbs
 Girls Golf..... Carole Bernhard
 Basketball..... Alex Fisher
 Girls Basketball..... Merle Tigges
 Baseball..... Royce Byrnes
 Girls Softball..... Kim Price
 Wrestling..... Joe Johnson
 Football..... Matt Ernster
 Girls Volleyball..... Amanda Goche
 Track & Field..... Loren Looft
 Girls Track & Field..... Loren Looft
 Cross Country Brooke Nelsen
 Girls Cross Country..... Brooke Nelsen
 Football Cheerleading Valerie Vivens
 Basketball Cheerleading..... Valerie Vivens
 Speech Director(s)..... Tiffani Stevens, Mitch Mart
 Student Council Lydia Fothergill
 Band Director Christofer Lockwood
 Vocal Director..... Paige Lang

NORTHEAST, GOOSE LAKE

Street Address: 3690 Hwy 136
 City: Goose Lake
 Zip Code: 52750
 Mailing Address: 3690 Hwy 136
 City: Goose Lake
 Zip Code: 52750
 Supt. St Address: 3690 Hwy 136
 Supt. City: Goose Lake
 Supt. Zip: 52750
 County: Clinton
 Area Code: 563
 School Phone: 577-2249
 HS Fax: 577-2248
 AD Fax: 577-2248
 Web Site: <http://www.northeast.k12.ia.us>
 School Colors: Columbia Blue & White
 Nickname: Rebels
 Conference: River Valley
 Superintendent..... Neil Gray
 Phone (563)577-2249 x606
 Email neil.gray@northeastcsd.org
 Principal..... Jennifer Huling
 Phone (563)577-2249 x106
 Email jennifer.huling@northeastcsd.org
 Asst/Assoc/Vice-Principal..... Jered Birt
 Phone (563)577-2249 x101
 Email jered.birt@northeastcsd.org
 Athletic Administrator..... Troy Hansen
 Phone (563)577-2249 x316
 Email troy.hansen@northeastcsd.org
 Athletic Secretary..... Anna Lorenzen
 Phone (563)577-2249 x100
 Email anna.lorenzen@northeastcsd.org
 Sports Medicine Provider..... Blake Anderson, ATC/L
 (Rock Valley Physical Therapy)
 Golf Trenton Weaver
 Girls Golf..... Trenton Weaver
 Girls Basketball..... Johnny Driscoll
 Baseball..... Ryan Jordan
 Girls Softball..... Travis Eversmeyer
 Wrestling..... Joshua Petersen
 Football..... Mark Lee
 Girls Volleyball..... Jacob Scheafer
 Track & Field..... Mike Mattis
 Girls Track & Field..... Pat Healy
 Cross Country Trenton Weaver
 Girls Cross Country..... Trenton Weaver
 Girls Soccer Bill Feaster
 Football Cheerleading Shana Johnson, Susan Cox
 Basketball Cheerleading..... Shana Johnson, Susan Cox
 Wrestling Cheerleading..... Shana Johnson, Susan Cox
 Speech Director Matt Bolahan
 Student Council Laura Roberts
 Band Director Matt Bolahan
 Vocal Director..... Laura Horst

NORTHWOOD-KENSETT

Street Address: 704 N 7th St
 City: Northwood
 Zip Code: 50459
 Mailing Address: PO Box 289
 City: Northwood
 Zip Code: 50459
 Supt. St Address: 1200 1st Ave N
 Supt. City: Northwood
 Supt. Zip: 50459
 County: Worth
 Area Code: 641
 School Phone: 324-2142
 HS Fax: 324-2174
 AD Fax: 324-2174

Web Site: <http://www.nwood-kensett.k12.ia.us>
 School Colors: Blue & White
 Nickname: Vikings
 Conference: Top of Iowa
 Superintendent.....Mike Crozier
 Phone.....(641)324-2021
 Email.....mcrozier@nkvikings.com
 Principal.....Keith Fritz
 Phone.....(641)324-2142 x101
 Email.....kfritz@nkvikings.com
 Athletic Administrator.....Steve J Hartman
 Phone.....(641)324-2142
 Email.....shartman@nkvikings.com
 Athletic Secretary.....Clara Helgeland
 Phone.....(641)324-2142 x100
 Email.....chelgeland@nkvikings.com
 Golf.....Greg Parks
 Girls Golf.....Steve Hartman
 Basketball.....Marty Cotter
 Girls Basketball.....Daryl Love
 Baseball.....Jeff Ferstein
 Girls Softball.....Greg Parks
 Wrestling.....Jordan Reindl
 Football.....David Capitani
 Girls Volleyball.....Heather Rheingans
 Track & Field.....David Capitani
 Girls Track & Field.....Troy Einertson
 Cross Country.....Brendan Ehlke
 Girls Cross Country.....Brendan Ehlke
 Football Cheerleading.....Cindy Pangburn
 Basketball Cheerleading.....Cindy Pangburn
 Wrestling Cheerleading.....Cindy Pangburn
 Speech Director.....Anne Flatman
 Student Council.....Monte DeArmoun
 Band Director.....Jared Barnes
 Vocal Director.....Nikkole Koenig

NORWALK

Street Address: 1201 North Ave
 City: Norwalk
 Zip Code: 50211
 Mailing Address: 1201 North Ave
 City: Norwalk
 Zip Code: 50211
 Supt. St Address: 380 Wright Rd
 Supt. City: Norwalk
 Supt. Zip: 50211
 County: Warren
 Area Code: 515
 School Phone: 981-4201
 HS Fax: 981-9875
 AD Fax: 981-9871
 Web Site: <http://www.norwalk.k12.ia.us>
 School Colors: Purple & Vegas Gold
 Nickname: Warriors
 Conference: Little Hawkeye
 Superintendent.....Duane Magee
 Phone.....(515)981-0676
 Email.....dmagee@norwalk.k12.ia.us
 Principal.....Chris Basinger
 Phone.....(515)981-4201
 Email.....cbasinger@norwalk.k12.ia.us
 Asst/Assoc/Vice-Principal.....Tom Scallan
 Phone.....(515)981-4201
 Email.....tscallan@norwalk.k12.ia.us
 Athletic Administrator.....Al Lammers
 Phone.....(515)981-4204
 Email.....alammers@norwalk.k12.ia.us
 Co-AD/Assistant.....Zach Lipovac
 Phone.....(515)981-0435
 Email.....zlipovac@norwalk.k12.ia.us

Athletic Secretary.....Katie Flatness
 Phone.....(515)981-4204
 Email.....kflatness@norwalk.k12.ia.us
 Sports Medicine Provider.....Peter Sand, LAT
 (Unity Point)
 Tennis.....Korri ClarkWilt
 Girls Tennis.....Kristin Geisler
 Golf.....Steve Wermerskirchen
 Girls Golf.....Michael Gavin
 Basketball.....Chris Larson
 Girls Basketball.....Jill Martin
 Baseball.....Chad Wiedmann
 Girls Softball.....Andy Pals
 Wrestling.....Brandon Schmitz
 Football.....Paul Patterson
 Girls Volleyball.....Olivia Sulentic
 Track & Field.....Matt Ramthun
 Girls Track & Field.....Charity Campbell
 Cross Country.....Chad Larson
 Girls Cross Country.....Michelle Wiedmann
 Soccer.....Dustin Kralik
 Girls Soccer.....Andrew Messer
 Bowling.....Dennis Stoker
 Girls Bowling.....Dennis Stoker
 Football Cheerleading.....Amanda Moede
 Basketball Cheerleading.....Heather Saville
 Wrestling Cheerleading.....Tiffany Davis
 Speech Director.....Kylie Haggerty
 Student Council.....Zach Peiper
 Band Director.....Nicholas Menke
 Vocal Director.....Gerard Krupke

NOTRE DAME, BURLINGTON

Street Address: 702 S Roosevelt Ave
 City: Burlington
 Zip Code: 52601
 Mailing Address: 702 S Roosevelt Ave
 City: Burlington
 Zip Code: 52601
 Supt. St Address: 708 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804
 County: Des Moines
 Area Code: 319
 School Phone: 754-8431
 HS Fax: 752-8690
 AD Fax: 752-8690
 Web Site: <http://www.nd-burl.pvt.k12.ia.us>
 School Colors: Navy Blue & Gold
 Nickname: Nikes
 Conference: SEI Superconference - South
 Superintendent.....Lee Morrison
 Phone.....(563)888-4231
 Email.....morrison@davenportdiocese.org
 Principal.....Bill Maupin
 Phone.....(319)754-8431 x352
 Email.....Bill.Maupin@bnotredame.org
 Asst/Assoc/Vice-Principal.....Judi Simon
 Phone.....(319)754-8461 x303
 Email.....judi.simon@bnotredame.org
 Athletic Administrator.....Bill Plein
 Phone.....(319)754-8431 x2
 Email.....bill.plein@bnotredame.org
 Co-AD/Assistant.....Lee Lundvall
 Phone.....(319)754-8431 x373
 Email.....lee.lundvall@bnotredame.org
 Sports Medicine Provider.....Jeff Taeger, PT
 (Great River Medical Center)
 Tennis.....Mike Moffitt
 Girls Tennis.....Jean Schnellbacher
 Golf.....Dan Kies
 Girls Golf.....Lee Lundvall

Basketball.....Dan Kies
 Girls Basketball.....Jim Myers
 Baseball.....Chris Chiprez
 Wrestling.....Bill Plein
 Girls Volleyball.....Nita Carlson
 Cross Country.....Mike Moffitt
 Girls Cross Country.....Mike Moffitt
 Soccer.....John Wagner
 Girls Soccer.....Todd Ackerman
 Basketball Cheerleading.....Melissa Chiprez
 Speech Director.....Mary Jo Miller
 Student Council.....Nita Carlson
 Band Director.....Joshua Hopper
 Vocal Director.....Amanda Brent

OABCIG

Street Address: 900 John Montgomery Dr
 City: Ida Grove
 Zip Code: 51445
 Mailing Address: 900 John Montgomery Dr
 City: Ida Grove
 Zip Code: 51445
 Supt. St Address: 900 John Montgomery Dr
 Supt. City: Ida Grove
 Supt. Zip: 51445
 County: Ida
 Area Code: 712
 School Phone: 364-3371
 HS Fax: 364-4463
 AD Fax: 668-2631
 Web Site: <http://www.oabcig.org>
 School Colors: Black, Silver, Purple
 Nickname: Falcons
 Conference: Western Valley
 Superintendent.....Matt Alexander
 Phone.....(712)364-3371
 Email.....malexander@oabcig.org
 Admin Asst.....Kathy Leonard
 Phone.....(712)364-3687
 Email.....kleonard@oabcig.org
 Principal.....Patrick Miller
 Phone.....(712)364-3371
 Email.....pmiller@oabcig.org
 Athletic Administrator.....Larry Allen
 Phone.....(712)668-4820
 Email.....lallen@oabcig.org
 Athletic Secretary.....Traci Allen
 Phone.....(712)668-2289
 Email.....tallen@oabcig.org
 Sports Medicine Provider.....Mike Spetman, LAT
 (Northwest Iowa Bone, Joint & Sports Surgeons)
 Golf.....Kurt Hofmeister
 Girls Golf.....To Be Determined
 Basketball.....Steve Brown
 Girls Basketball.....Kurt Brown
 Baseball.....Dan Dotzler
 Girls Softball.....Codie Fineran
 Wrestling.....Randy Nieman
 Football.....Larry Allen
 Girls Volleyball.....Holly Nuetzman
 Track & Field.....Travis Chizek
 Girls Track & Field.....Bob Saunders
 Cross Country.....Bob Saunders
 Girls Cross Country.....Bob Saunders
 Bowling.....Kurt Hofmeister
 Girls Bowling.....Wylene Wessel
 Football Cheerleading.....Paige Whitney
 Basketball Cheerleading.....Becky Miller, Kim Bleckwehl
 Wrestling Cheerleading.....TBD
 Speech Director.....Kariann Jurgenson
 Student Council.....Jacob Pedersen
 Band Director.....Jacob Welper

Vocal Director.....Jacob Pedersen

OELWEIN

Street Address: 315 8th Ave SE

City: Oelwein

Zip Code: 50662

Mailing Address: 315 8th Ave SE

City: Oelwein

Zip Code: 50662

Supt. St Address: 307 8th Ave SE

Supt. City: Oelwein

Supt. Zip: 50662

County: Fayette

Area Code: 319

School Phone: 283-2731

HS Fax: 283-1689

AD Fax: 283-1689

Web Site: <http://www.oelwein.k12.ia.us>

School Colors: Purple & Gold

Nickname: Huskies

Conference: Northeast Iowa

Superintendent.....Josh Ehn

Phone.....(319)283-3536

Email.....jehn@oelwein.k12.ia.us

Admin Asst.....Karen Seeders

Phone.....(319)283-3536

Email.....kseeders@oelwein.k12.ia.us

Principal.....Travis Druvenga

Phone.....(319)283-2731

Email.....tdruvenga@oelwein.k12.ia.us

Asst/Assoc/Vice-Principal.....Steven Lueck

Phone.....(319)283-2731

Email.....slueck@oelwein.k12.ia.us

Athletic Administrator.....Steven Lueck

Phone.....(319)283-2731

Email.....slueck@oelwein.k12.ia.us

Athletic Secretary.....Teresa Tuecke

Phone.....(319)283-2731

Email.....ttuecke@oelwein.k12.ia.us

Sports Medicine Provider.....Todd Bradley, PT

(Performance Rehab)

Tennis.....Travis Druvenga

Girls Tennis.....Jayne Parsons

Golf.....Derek Kuennen

Girls Golf.....Derek Kuennen

Basketball.....Nick Schauf

Girls Basketball.....Jason Yessak

Baseball.....Jason Gearhart

Girls Softball.....Bob Lape

Wrestling.....Travis Bushaw

Football.....Bob Lape

Girls Volleyball.....Lee Andersen

Track & Field.....Gary Goeller

Girls Track & Field.....Gary Goeller

Cross Country.....Jason Gearhart

Girls Cross Country.....Jason Gearhart

Bowling.....Dean Hendricks

Girls Bowling.....Dean Hendricks

Football Cheerleading.....Jamie Knowles

Basketball Cheerleading.....Jamie Knowles

Wrestling Cheerleading.....Jamie Knowles

Speech Director.....Dana Meyers

Student Council.....Derek Kuennen

Band Director.....Cory McBride

Vocal Director.....Darci Fuelling

OGDEN

Street Address: 732 W Division St

City: Ogden

Zip Code: 50212

Mailing Address: PO Box 250

City: Ogden

Zip Code: 50212

Supt. St Address: PO Box 250

Supt. City: Ogden

Supt. Zip: 50212

County: Boone

Area Code: 515

School Phone: 275-4034

HS Fax: 275-4972

AD Fax: 275-4972

Web Site: <http://www.ogdenschools.org>

School Colors: Royal Blue & White

Nickname: Bulldogs

Conference: West Central Activity Conference

Superintendent.....Pam Dodge

Phone.....(515)275-2894

Email.....pam.dodge@ogden.k12.ia.us

Principal.....Maury Ruble

Phone.....(515)275-4034

Email.....maury.ruble@ogden.k12.ia.us

Athletic Administrator.....Ben Van Wyk

Phone.....(515)275-4034

Email.....ben.vanwyk@ogden.k12.ia.us

Sports Medicine Provider.....Samantha Busch, LAT

(Boone Rehab Services)

Golf.....Randy Johnson

Girls Golf.....Randy Johnson

Basketball.....Scott Church

Girls Basketball.....Ben Van Wyk

Baseball.....Dick Smith

Girls Softball.....Mike Moses

Wrestling.....Jesse Sundell

Football.....Jacob Burger

Girls Volleyball.....Samantha Sperling

Track & Field.....Ryan Kobliska

Girls Track & Field.....Jacob Burger

Cross Country.....Ryan Kobliska

Girls Cross Country.....Ryan Kobliska

Football Cheerleading.....Shelby Harris

Basketball Cheerleading.....Shelby Harris

Wrestling Cheerleading.....Brenda McCloud

Speech Director.....Susan Casey

Student Council.....Terri Bohr

Band Director.....Jeremy Britton

Vocal Director.....Michael Jones

Orchestra Director.....Jeremy Britton

OKOBOJI, MILFORD

Street Address: 901 H Ave

City: Milford

Zip Code: 51351

Mailing Address: PO Box 147

City: Milford

Zip Code: 51351

Supt. St Address: PO Box 147

Supt. City: Milford

Supt. Zip: 51351

County: Dickinson

Area Code: 712

School Phone: 338-2446

HS Fax: 338-2550

AD Fax: 338-2550

Web Site: <http://www.okobojischools.org>

School Colors: Maroon & White

Nickname: Pioneers

Conference: Siouland

Superintendent.....Todd Abrahamson

Phone.....(712)338-4757 x2101

Email.....tabrahamson@okobojischools.org

Admin Asst.....Joan Brown

Phone.....(712)338-4757 x2300

Email.....jbrown@okobojischools.org

Principal.....Brian Downing

Phone.....(712)338-2446 x5102

Email.....bdowning@okobojischools.org

Athletic Administrator.....Justin Bouse

Phone.....(712)338-2446 x5134

Email.....jubouse@okobojischools.org

Athletic Secretary.....Kizze Hromatko

Phone.....(712)338-2446 x5100

Email.....khromatko@okobojischools.org

Sports Medicine Provider.....Northwest Iowa Bone, Joint,

and Sports

Golf.....TBD

Girls Golf.....Bill Alexander

Basketball.....Ryan Stumbo

Girls Basketball.....John Adams

Baseball.....Rory Marra

Girls Softball.....Bailey DeBolt

Wrestling.....Nate Dau, Alex Spooner

Football.....Jon Allen

Girls Volleyball.....Ashley Linquist

Track & Field.....Brad Peter

Girls Track & Field.....Nate Dau

Cross Country.....Brad Peter, Erin Frerichs

Girls Cross Country.....Brad Peter, Erin Frerichs

Football Cheerleading.....Lix Naviaux, Heidi Wittrock

Basketball Cheerleading.....Liz Naviaux

Wrestling Cheerleading.....Heidi Wittrock

Speech Director.....Ann Williamsen

Student Council.....Rachel Hoskins, Abby Brennemann

Band Director.....Ryan Middleton

Vocal Director.....Erin Chappas

ORIENT-MACKSBURG

Street Address: 201 School St

City: Orient

Zip Code: 50858

Mailing Address: PO Box 129

City: Orient

Zip Code: 50858

Supt. St Address: PO Box 129

Supt. City: Orient

Supt. Zip: 50858

County: Adair

Area Code: 641

School Phone: 337-5061

HS Fax: 337-5606

AD Fax: same-

Web Site: <http://www.o-mschools.org>

School Colors: Red & White

Nickname: Bulldogs

Conference: Bluegrass

Superintendent.....Norene Bunt

Phone.....(641)337-5061

Email.....norene.bunt@o-mschools.org

Principal.....Teresa Thompson

Phone.....(641)337-5061

Email.....teresa.thompson@o-mschools.org

Athletic Administrator.....Kim Delongh

Phone.....(641)337-5061

Email.....kim.dejongh@o-mschools.org

Tennis.....Kevin Cooper

Girls Golf.....Jan Lesan

Girls Basketball.....Kim Delongh

Baseball.....Drew Dornack

Girls Softball.....Mike Cooley

Wrestling.....Darrell Frain

Football.....Dick Bergstrom

Girls Volleyball.....Gary Thompson

Track & Field.....Kim Delongh

Girls Track & Field.....Kim Delongh

Cross Country.....Grant Bohlke

Girls Cross Country.....Grant Bohlke
 Speech Director.....Jaclyn Stack
 Student Council.....Jennifer Ray

OSAGE

Street Address: 820 Sawyer Dr
 City: Osage
 Zip Code: 50461
 Mailing Address: 820 Sawyer Dr
 City: Osage
 Zip Code: 50461
 Supt. St Address: 820 Sawyer Dr
 Supt. City: Osage
 Supt. Zip: 50461
 County: Mitchell
 Area Code: 641
 School Phone: 732-3102
 HS Fax: 732-3456
 AD Fax: 732-3456
 Web Site: <http://www.osageschools.com/>
 School Colors: Green, White
 Nickname: Green Devils
 Conference: Top of Iowa Conference
 Superintendent.....Barb Schwamman
 Phone.....(641)732-5381
 Email.....bschwamman@osage.k12.ia.us
 Admin Asst.....Renea Trettin
 Email.....renea.trettin@osage.k12.ia.us
 Principal.....Tim Hejhal
 Phone.....(641)732-3102
 Email.....thejhal@osage.k12.ia.us
 Athletic Administrator.....Michael Henson
 Phone.....(641)732-3102
 Email.....michael.henson@osage.k12.ia.us
 Girls Tennis.....Ryan McInroy
 Golf.....Eric Goddard
 Girls Golf.....Eric Goddard
 Basketball.....Mike Brahn
 Girls Basketball.....Chad Erickson
 Baseball.....Mike Henson
 Girls Softball.....Ryan Huffman
 Wrestling.....Brent Jennings
 Football.....Matt Finn
 Girls Volleyball.....Bryan Tabbert
 Track & Field.....Scott Hoppel
 Girls Track & Field.....Tom Muller
 Cross Country.....Thomas Meier
 Girls Cross Country.....Katie Mostek
 Football Cheerleading.....Debbie Goodale
 Basketball Cheerleading.....Debbie Goodale
 Wrestling Cheerleading.....Debbie Goodale
 Speech Director.....Lisa Garrelts
 Band Director.....Jeff Kirkpatrick
 Vocal Director.....Laurie Hoepfner

OSKALOOSA

Street Address: 1816 N 3rd St
 City: Oskaloosa
 Zip Code: 52577
 Mailing Address: 1816 N 3rd St
 City: Oskaloosa
 Zip Code: 52577
 Supt. St Address: PO Box 710
 Supt. City: Oskaloosa
 Supt. Zip: 52577
 County: Mahaska
 Area Code: 641
 School Phone: 673-3407
 HS Fax: 673-1985
 AD Fax: 673-1985
 Web Site: <http://www.oskaloosa.k12.ia.us>

School Colors: Maroon & White
 Nickname: Indians
 Conference: Little Hawkeye
 Superintendent.....Paula Wright
 Phone.....(641)673-8345
 Email.....wrightp@oskycsd.org
 Principal.....Stacy Bandy
 Phone.....(641)673-3407 x1804
 Email.....bandys@oskycsd.org
 Asst/Assoc/Vice-Principal.....Charles Banks
 Phone.....(641)673-3407 x1805
 Email.....banksc@oskycsd.org
 Athletic Administrator.....Ryan Parker
 Phone.....(641)673-4421
 Email.....parkerj@oskycsd.org
 Athletic Secretary.....Lynne Veldhuizen
 Phone.....(641)673-4421 x1827
 Email.....veldhuizenl@oskycsd.org
 Sports Medicine Provider.....Laura Norberg
 (Kinetic Edge)
 Tennis.....Tony Witt
 Girls Tennis.....Bryan Kime
 Golf.....Bret Foster
 Girls Golf.....Dennis Parks
 Basketball.....Ryan Parker
 Girls Basketball.....Jacie White
 Swimming.....Grant Bolibaugh
 Girls Swimming.....McKenzie Kauffman
 Baseball.....Bill Almond
 Girls Softball.....Jay Harms
 Wrestling.....Chase Weber
 Football.....Jake Jenkins
 Girls Volleyball.....Jennifer Comfort
 Track & Field.....Mike Sterner
 Girls Track & Field.....Betsy Luck
 Cross Country.....Mike Comfort
 Girls Cross Country.....Mike Comfort
 Soccer.....Greg Walter
 Girls Soccer.....Jodi Steinlage
 Bowling.....Tony Witt
 Girls Bowling.....Tony Witt
 Football Cheerleading.....Kista Grosshans
 Basketball Cheerleading.....Karen Eversmeyer
 Wrestling Cheerleading.....Tim Gibson
 Speech Director.....Jessica Weinreich
 Student Council.....Kim Gile
 Band Director.....Chris Copeland
 Vocal Director.....Chris Weinreich
 Orchestra Director.....Tyler Coleman

OTTUMWA

Street Address: 501 E 2nd St
 City: Ottumwa
 Zip Code: 52501
 Mailing Address: 501 E 2nd St
 City: Ottumwa
 Zip Code: 52501
 Supt. St Address: 1112 N Van Buren
 Supt. City: Ottumwa
 Supt. Zip: 52501
 County: Wapello
 Area Code: 641
 School Phone: 683-4444
 HS Fax: 682-9607
 AD Fax: 682-9607
 Web Site: <http://www.ottumwaschools.com>
 School Colors: Red & White
 Nickname: Bulldogs
 Conference: CIML - Metro
 Superintendent.....Nicole Kooiker
 Phone.....(641)684-6597 x102
 Email.....nicole.kooiker@ottumwaschools.com

Principal.....Richard Hutchinson
 Phone.....(641)683-4444 x77574
 Email.....richard.hutchinson@ottumwaschools.com
 Asst/Assoc/Vice-Principal.....Sherry Bemis
 Phone.....(641)683-4445 x77502
 Email.....sherry.bemis@ottumwaschools.com
 Asst/Assoc/Vice-Principal.....Shelley Bramschreiber
 Phone.....(641)683-4445 x777501
 Email.....shelley.bramschreiber@ottumwaschools.com
 Asst/Assoc/Vice-Principal.....Mike Egbert
 Phone.....(641)683-4447 x77503
 Email.....wendy.maas@ottumwaschools.com
 Athletic Administrator.....Scott Maas
 Phone.....(641)683-4446 x77574
 Email.....scott.maas@ottumwaschools.com
 Co-AD/Assistant.....Mike Egbert
 Email.....mike.egbert@ottumwaschools.com
 Athletic Secretary.....Kenetta Kirkpatrick
 Phone.....(641)683-4444 x77514
 Email.....kenetta.kirkpatrick@ottumwaschools.com
 Sports Medicine Provider.....Breanne Buseman
 (Ottumwa Regional Health Center)
 Tennis.....Mark Hanson
 Girls Tennis.....Leanna Nelson
 Golf.....Kyle Creamer
 Girls Golf.....Ryan Morgan
 Basketball.....Neil Hartz
 Girls Basketball.....Joe Vandenberg
 Swimming.....Cherie Langland
 Girls Swimming.....Cherie Langland
 Baseball.....John Jaeger
 Girls Softball.....TBD
 Wrestling.....Jeremy Frueh
 Football.....Brain Goodvin
 Girls Volleyball.....Ruth Thomas
 Track & Field.....Jim Nickerson
 Girls Track & Field.....Jim Schlarbaum
 Cross Country.....Jeff Smith
 Girls Cross Country.....Kristin Mitchell
 Girls Soccer.....Whitney Reber
 Bowling.....Tom Maher
 Girls Bowling.....Doug Techel
 Football Cheerleading.....Kami Millikin
 Basketball Cheerleading.....Kami Millikin
 Wrestling Cheerleading.....Kami Millikin
 Student Council.....Kelci Eakins
 Band Director.....Troy Gerleman
 Vocal Director.....Dennis Vasconez
 Orchestra Director.....Henry Weberpal

PANORAMA, PANORA

Street Address: 701 W Main
 City: Panora
 Zip Code: 50216
 Mailing Address: PO Box 39
 City: Panora
 Zip Code: 50216
 Supt. St Address: PO Box 39
 Supt. City: Panora
 Supt. Zip: 50216
 County: Guthrie
 Area Code: 641
 School Phone: 755-2317
 HS Fax: 755-3008
 AD Fax: 755-3008
 Web Site: <http://www.panorama.k12.ia.us>
 School Colors: Dark Blue, Light Blue, Silver
 Nickname: Panthers
 Conference: West Central
 Superintendent.....Shawn Holloway
 Phone.....(641)755-4144
 Email.....shawn.holloway@panorama.k12.ia.us

Admin Asst..... Vanessa Phillips
 Phone..... (641)755-4144
 Email..... vanessa.phillips@panorama.k12.ia.us
 Principal..... Thad Stanley
 Phone..... (641)755-2317
 Email..... thad.stanley@panorama.k12.ia.us
 Athletic Administrator..... Erin Kirtley
 Phone..... (641)755-2317
 Email..... erin.kirtley@panorama.k12.ia.us
 Athletic Secretary..... Char McNeill
 Phone..... (641)755-2317
 Email..... char.mcneill@panorama.k12.ia.us
 Sports Medicine Provider..... Erin Kirtley
 Golf..... David VanAhn
 Girls Golf..... Melissa Hochstetler
 Basketball..... Nick Peasley
 Girls Basketball..... Kylee Boettcher
 Baseball..... Brian Bahrenfuss
 Girls Softball..... Ryan Nail
 Wrestling..... Jason Kirtley
 Football..... Michael Kauzlarich
 Girls Volleyball..... Jessica Nail
 Track & Field..... Mike Kauzlarich
 Girls Track & Field..... Greg Thompson
 Cross Country..... Greg Thompson
 Girls Cross Country..... Greg Thompson
 Soccer..... Matt Fronapfel
 Girls Soccer..... Curt Thornberry, Brandon Waddle
 Football Cheerleading..... Ashley Smith
 Basketball Cheerleading..... Melissa Hochstetler
 Wrestling Cheerleading..... Samantha Flanery
 Speech Director..... Deb Arganbright
 Student Council..... Kylee Boettcher
 Band Director..... Jim Bauch
 Vocal Director..... Chris Helm

PATON-CHURDAN

Street Address: 606 Adrian St
 City: Churdan
 Zip Code: 50050
 Mailing Address: PO Box 157
 City: Churdan
 Zip Code: 50050
 Supt. St Address: PO Box 157
 Supt. City: Churdan
 Supt. Zip: 50050
 County: Greene
 Area Code: 515
 School Phone: 389-3111
 HS Fax: 389-3113
 AD Fax: 389-3113
 Web Site: <http://www.paton-churdan.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Rockets
 Conference: Rolling Hills
 Superintendent..... Kreg Lensch
 Phone..... (515)389-3111
 Email..... klensch@glidden-ralston.k12.ia.us
 Principal..... Annie Smith
 Phone..... (515)389-3111
 Email..... asmith@paton-churdan.k12.ia.us
 Athletic Administrator..... Pat Kruse
 Phone..... (515)389-3111
 Email..... pkruse@paton-churdan.k12.ia.us
 Athletic Secretary..... Heather Lansman
 Phone..... (515)389-3111
 Email..... ameyer@paton-churdan.k12.ia.us
 Basketball..... Bud Fagen
 Girls Basketball..... Tom Kennedy
 Girls Volleyball..... Tom Kennedy
 Track & Field..... Pat Kruse
 Girls Track & Field..... Pat Kruse

Speech Director..... TBD
 Student Council..... Makayla Sparr
 Band Director..... Shannon Hobbs
 Vocal Director..... Shannon Hobbs

PCM, MONROE

Street Address: 400 E Old Hwy 163
 City: Monroe
 Zip Code: 50170
 Mailing Address: PO Box 610
 City: Monroe
 Zip Code: 50170
 Supt. St Address: PO Box 610
 Supt. City: Monroe
 Supt. Zip: 50170
 County: Jasper
 Area Code: 641
 School Phone: 259-2315
 HS Fax: 259-2317
 AD Fax: 259-2317
 Web Site: <http://pcmonroe.k12.ia.us>
 School Colors: Crimson & Gold
 Nickname: Mustangs
 Conference: Heart of Iowa
 Superintendent..... Bradley Jermeland
 Phone..... (641)259-2316
 Email..... bjermeland@pcmschools.org
 Admin Asst..... Kim Pettyjohn
 Phone..... (641)259-2316
 Email..... kpettyjohn@pcmschools.org
 Principal..... Kristin Souza
 Phone..... (641)259-2315
 Email..... ksouza@pcmschools.org
 Athletic Administrator..... Greg Bonnett
 Phone..... (641)259-2315
 Email..... gbonnett@pcmschools.org
 Athletic Secretary..... Kim Pettyjohn
 Phone..... (641)259-2315
 Email..... kpettyjohn@pcmschools.org
 Golf..... Matt Rider
 Girls Golf..... Tony Ford
 Basketball..... Fred Lorensen
 Girls Basketball..... Jeff Lindsay
 Baseball..... Jeff Lindsay
 Girls Softball..... Shaun Hudnut
 Wrestling..... Jeff Nicholson
 Football..... Greg Bonnett
 Girls Volleyball..... Mike Vittetoe
 Track & Field..... Collin Harrison
 Girls Track & Field..... Eric Karr
 Cross Country..... Eric Karr
 Girls Cross Country..... Eric Karr
 Soccer..... Darin Telfer
 Girls Soccer..... Rick Drabek
 Football Cheerleading..... Megan Bouska
 Basketball Cheerleading..... Megan Bouska
 Wrestling Cheerleading..... Megan Bouska
 Speech Director..... Samantha Pohl
 Student Council..... Samantha Pohl, Tara Williams
 Band Director..... TBD
 Vocal Director..... Tony Dam

PEKIN

Street Address: 1062 Birch Ave
 City: Packwood
 Zip Code: 52580
 Mailing Address: 1062 Birch Ave
 City: Packwood
 Zip Code: 52580
 Supt. St Address: 1062 Birch Ave
 Supt. City: Packwood
 Supt. Zip: 52580

County: Jefferson
 Area Code: 319
 School Phone: 695-3705
 HS Fax: 695-5130
 AD Fax: 695-5130
 Web Site: <http://www.pekincsd.org>
 School Colors: Black, White, Red
 Nickname: Panthers
 Conference: SEI Superconference-North
 Superintendent..... Dave Harper
 Phone..... (319)695-3039 x205
 Email..... dave.harper@pekincsd.org
 Admin Asst..... Ann Swanson
 Phone..... (319)695-3039 x203
 Email..... ann.swanson@pekincsd.org
 Principal..... Robert Tollefson
 Phone..... (319)695-3705 x207
 Email..... robert.tollefson@pekincsd.org
 Athletic Administrator..... Brent Blakely
 Phone..... (319)695-3705
 Email..... brent.blakely@pekincsd.org
 Athletic Secretary..... Christy Gambell
 Phone..... (319)695-3705 x208
 Email..... christy.gambell@pekincsd.org
 Sports Medicine Provider..... Eric Turner
 (Jet Physical Therapy)
 Basketball..... John Swanson
 Girls Basketball..... Davis Eidahl
 Baseball..... Curtis Reighard, Aaron Deutsch
 Girls Softball..... Shelby Atwood
 Wrestling..... Al Chapman
 Football..... Brent Blakely
 Girls Volleyball..... Sara Lane
 Track & Field..... Davis Eidahl
 Girls Track & Field..... Davis Eidahl
 Cross Country..... Davis Eidahl
 Girls Cross Country..... Davis Eidahl
 Football Cheerleading..... Paula Richards
 Basketball Cheerleading..... Elizabeth Overturf
 Wrestling Cheerleading..... Paula Richards
 Speech Director..... Evanica Brown
 Band Director..... Derrick White
 Vocal Director..... Derrick White

PELLA

Street Address: 212 E University St
 City: Pella
 Zip Code: 50219
 Mailing Address: 212 E University St
 City: Pella
 Zip Code: 50219
 Supt. St Address: 212 E University St.
 Supt. City: Pella
 Supt. Zip: 50219
 County: Marion
 Area Code: 641
 School Phone: 628-3870
 HS Fax: 628-7402
 AD Fax: 628-7402
 Web Site: <http://www.pellaschools.org>
 School Colors: Green & White
 Nickname: Dutch / Lady Dutch
 Conference: Little Hawkeye
 Superintendent..... Greg Ebeling
 Phone..... (641)628-1111
 Email..... greg.ebeling@pella.k12.ia.us
 Principal..... Adam Beckel
 Phone..... (641)628-3870
 Email..... adam.beckel@pellaschools.org
 Asst/Assoc/Vice-Principal..... Derek Schulte
 Phone..... (641)628-3870
 Email..... derek.schulte@pellaschools.org

Athletic Administrator.....Dale Otte
 Phone.....(641)628-7305 x1625
 Email.....dale.otte@pellaschools.org
 Co-AD/Assistant.....Scott Tjeerdsma, Middle School
 Phone.....(641)628-4784
 Email.....scott.tjeerdsma@pellaschools.org
 Athletic Secretary.....Abby Cunningham
 Phone.....(641)628-7305
 Email.....abby.cunningham@pellaschools.org
 Sports Medicine Provider.....Todd Smith, LAT, PT
 (Pella Regional Health Center)
 Tennis.....Josiah Brandt
 Girls Tennis.....Josh McCollam
 Golf.....Bob Fessler
 Girls Golf.....Joe Tangen
 Basketball.....Derek Schulte
 Girls Basketball.....Jerod Garland
 Baseball.....Jesse Jablonski
 Girls Softball.....Teresa Thompson
 Wrestling.....Jay Pike
 Football.....Jay McKinstrey
 Girls Volleyball.....Catie Brand
 Track & Field.....Brent Van Hauen
 Girls Track & Field.....Dak Rasmussen
 Cross Country.....Douglas Cutler
 Girls Cross Country.....Douglas Cutler
 Soccer.....Mark Solomon
 Girls Soccer.....Mark Howard
 Bowling.....Mike Norman
 Girls Bowling.....Mike Norman
 Football Cheerleading.....Maddy Dingeman
 Basketball Cheerleading.....Maddy Dingeman
 Wrestling Cheerleading.....Alecia Jablonski
 Speech Director.....Suzanne Jones
 Student Council.....Dak Rasmussen
 Band Director.....Jason Pentico
 Vocal Director.....Jennifer Gaesser
 Orchestra Director.....Montana Crawford

PELLA CHRISTIAN

Street Address: 300 Eagle Lane
 City: Pella
 Zip Code: 50219
 Mailing Address: 300 Eagle Lane
 City: Pella
 Zip Code: 50219
 Supt. St Address: 300 Eagle Lane
 Supt. City: Pella
 Supt. Zip: 50219
 County: Marion
 Area Code: 641
 School Phone: 628-4440
 HS Fax: 628-3530
 AD Fax: 628-3530
 Web Site: <http://www.pceagles.org>
 School Colors: Maroon & White
 Nickname: Eagles
 Conference: Little Hawkeye
 Superintendent.....Dan Van Kooten
 Phone.....(641)628-4440 x1103
 Email.....vankootend@pceagles.org
 Principal.....Dan Van Kooten
 Phone.....(641)628-4440 x1103
 Email.....vankootend@pceagles.org
 Asst/Assoc/Vice-Principal.....Greg Wojczynski
 Phone.....(641)628-4440 x1113
 Email.....wojczynskig@pceagles.org
 Athletic Administrator.....Dan Branderhorst
 Phone.....(641)628-4440 x1104
 Email.....branderhorstd@pceagles.org

Athletic Secretary.....Penne Fox
 Phone.....(641)628-4440 x1101
 Email.....foxp@pceagles.org
 Sports Medicine Provider.....Ashley Beekman, LAT
 (Kinetic Edge)
 Girls Tennis.....Danielle Stubbs
 Golf.....Joel Rietema
 Basketball.....Larry Hessing
 Girls Basketball.....Brad Engbers
 Baseball.....Jeff Bruxvoort
 Girls Softball.....Karen Harrill
 Football.....Richard Kacmarynski
 Girls Volleyball.....Joanna Settles
 Track & Field.....Keith Anderson
 Girls Track & Field.....Keith Anderson
 Cross Country.....Mike Buchheit
 Girls Cross Country.....Mike Buchheit
 Soccer.....Jake Fancher
 Girls Soccer.....Mike Buchheit
 Bowling.....Rod Blunck
 Girls Bowling.....Rod Blunck
 Football Cheerleading.....Amy Bandstra
 Basketball Cheerleading.....Amy Bandstra
 Speech Director.....Marlo Van Peurse
 Student Council.....Greg Wojczynski
 Band Director.....Autumn Bennett
 Vocal Director.....Tim Van Voorst

PERRY

Street Address: 1200 18th St
 City: Perry
 Zip Code: 50220
 Mailing Address: 1200 18th St
 City: Perry
 Zip Code: 50220
 Supt. St Address: 1102 Willis Ave. Suite 200
 Supt. City: Perry
 Supt. Zip: 50220
 County: Dallas
 Area Code: 515
 School Phone: 465-3503
 HS Fax: 465-8510
 AD Fax: 465-8510
 Web Site: <http://www.perry.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Bluejays
 Conference: Raccoon River
 Superintendent.....Clark Wicks
 Phone.....(515)465-4656
 Email.....clark.wicks@g.perry.k12.ia.us
 Admin Asst.....Joyce Scott
 Phone.....(515)465-4656
 Email.....joyce.scott@g.perry.k12.ia.us
 Principal.....Dan Marburger
 Phone.....(515)465-3503 x8337
 Email.....dan.marburger@g.perry.k12.ia.us
 Asst/Assoc/Vice-Principal.....Brad Snowgren
 Phone.....(515)465-3503 x8359
 Email.....brad.snowgren@g.perry.k12.ia.us
 Athletic Administrator.....Tom Lipovac
 Phone.....(515)465-3503 x8336
 Email.....tom.lipovac@g.perry.k12.ia.us
 Athletic Secretary.....Jody Halling
 Phone.....(515)465-8338
 Email.....jody.halling@g.perry.k12.ia.us
 Sports Medicine Provider.....Clint Lutterman
 (21st Century Rehab)
 Golf.....Adam Kealhofer
 Girls Golf.....Joel Happel
 Basketball.....Aaron Lyons
 Girls Basketball.....Skylar Wolf

Girls Swimming.....Jean Dowd
 Baseball.....TBD
 Girls Softball.....Tina Lutterman
 Wrestling.....Mark Weber
 Football.....Matt Hardy
 Girls Volleyball.....John Fulton
 Track & Field.....Ben Coy
 Girls Track & Field.....Matt Hardy
 Cross Country.....Ryan Marzen
 Girls Cross Country.....Ryan Marzen
 Soccer.....Gary Overla
 Girls Soccer.....Nathan Krohn
 Football Cheerleading.....Kim Herrera
 Basketball Cheerleading.....Kim Herrera
 Wrestling Cheerleading.....Kim Herrera
 Speech Director.....Wendy Bollhoefer
 Student Council.....Brenda Mintun
 Band Director.....Bradley Sparks
 Vocal Director.....Jenn Nelson

PLEASANT VALLEY

Street Address: 604 Belmont Rd
 City: Bettendorf
 Zip Code: 52722
 Mailing Address: 604 Belmont Rd
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: 525 Belmont Rd
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 832-5309
 HS Fax: 823-1952
 AD Fax: 823-1952
 Web Site: <https://www.pleasval.org>
 School Colors: Blue & Gray
 Nickname: Spartans
 Conference: Mississippi Athletic
 Superintendent.....Brian Strusz
 Phone.....(563)332-5550
 Email.....struszbr@pleasval.org
 Asst/Assoc Supt.....Mike Zimmer
 Phone.....(563)332-5550
 Email.....zimmermike@pleasval.org
 Principal.....Darren Erickson
 Phone.....(563)332-5151
 Email.....ericksondarren@pleasval.org
 Asst/Assoc/Vice-Principal.....Adam Pagett
 Phone.....(563)332-5151
 Email.....pagettadam@pleasval.org
 Asst/Assoc/Vice-Principal.....Jason Jones
 Phone.....(563)332-5151
 Email.....jonesjason@pleasval.org
 Asst/Assoc/Vice-Principal.....Michael Peakin
 Phone.....(563)332-5151
 Email.....peakinmichael@pleasval.org
 Athletic Administrator.....D'Anne Kroemer
 Phone.....(563)332-5309
 Email.....kroemerdanne@pleasval.org
 Athletic Secretary.....Kim Meyer
 Phone.....(563)332-5309
 Email.....meyerkim@pleasval.org
 Sports Medicine Provider.....Jason Viel, ATC
 (Rock Valley)
 Tennis.....Randy Brockhage
 Girls Tennis.....Eric Crawford
 Golf.....Mike Nedelcoff
 Girls Golf.....Mike Nedelcoff
 Basketball.....Steve Hillman
 Girls Basketball.....Jennifer Goetz

Swimming.....Stacey Zapolski
 Girls Swimming.....Rob Miecznikowski
 Baseball.....Derek Stecklein
 Girls Softball.....Jose Lara
 Wrestling.....Jacob Larsen
 Football.....Rusty VanWetzinga
 Girls Volleyball.....Amber Hall
 Track & Field.....Erik Belby
 Girls Track & Field.....Kenny Wheeler
 Cross Country.....Erik Belby
 Girls Cross Country.....Jane Wheeler
 Soccer.....Wayne Ward
 Girls Soccer.....Ed Knupp
 Bowling.....Pat Meyer
 Girls Bowling.....Pat Meyer
 Football Cheerleading.....Megan Ramirez
 Basketball Cheerleading.....Megan Ramirez
 Wrestling Cheerleading.....Telly Skahill
 Speech Director.....William Myatt
 Student Council.....Barb Pischke
 Band Director.....Drew Anderson
 Vocal Director.....Meg Byrne
 Orchestra Director.....Rob Swinney

PLEASANTVILLE

Street Address: 415 W Jones St
 City: Pleasantville
 Zip Code: 50225
 Mailing Address: 415 Jones St
 City: Pleasantville
 Zip Code: 50225
 Supt. St Address: 415 Jones St
 Supt. City: Pleasantville
 Supt. Zip: 50225
 County: Marion
 Area Code: 515
 School Phone: 848-0541
 HS Fax: 848-0561
 AD Fax: 848-0561
 Web Site: <http://www.pvillecsd.org>
 School Colors: Orange & Black
 Nickname: Trojans
 Conference: West Central
 Superintendent.....Dr. Tony Aylsworth
 Phone.....(515)848-0555
 Email.....taylsworth@pvillecsd.org
 Principal.....Gary Friday
 Phone.....(515)848-0541
 Email.....gfriday@pvillecsd.org
 Asst/Assoc/Vice-Principal.....Jeff Cook
 Phone.....(515)848-0528
 Email.....jcook@pvillecsd.org
 Athletic Administrator.....Jeff Cook
 Phone.....(515)848-0529
 Email.....jcook@pvillecsd.org
 Athletic Secretary.....Amy Fallis
 Phone.....(515)848-0555
 Email.....afallis@pvillecsd.org
 Sports Medicine Provider.....Megan Petersen, LAT
 (Pella Regional Hospital)
 Girls Golf.....Jeff Koerselman
 Basketball.....Joel Allman
 Girls Basketball.....Jeffery Cook
 Baseball.....Sheldon Card
 Girls Softball.....Jan Haugen
 Wrestling.....Heath DeForest
 Football.....Mack Jorth
 Girls Volleyball.....Joel Allman
 Track & Field.....Dillon Daniel
 Girls Track & Field.....Aaron Fichter
 Cross Country.....Aaron Fichter

Girls Cross Country.....Aaron Fichter
 Football Cheerleading.....Jerusha Claver
 Wrestling Cheerleading.....Jerusha Claver
 Speech Director.....Rebecca Perryman
 Student Council.....Dena Burgett, Erin Cook
 Band Director.....Lucas Trainer
 Vocal Director.....Bonnie Bekersky

POCAHONTAS AREA

Street Address: 202 1st Ave SW
 City: Pocahontas
 Zip Code: 50574
 Mailing Address: 202 1st Ave SW
 City: Pocahontas
 Zip Code: 50574
 Supt. St Address: 202 1st Ave SW
 Supt. City: Pocahontas
 Supt. Zip: 50574
 County: Pocahontas
 Area Code: 712
 School Phone: 335-4848
 HS Fax: 335-3420
 AD Fax: 335-3420
 Web Site: <http://www.pocahontas.k12.ia.us>
 School Colors: Red & Black
 Nickname: Indians
 Conference: Twin Lakes
 Superintendent.....Joseph Kramer
 Phone.....(712)335-4311
 Email.....jkramer@pocahontas.k12.ia.us
 Principal.....Roger Francis
 Phone.....(712)335-4848
 Email.....rfrancis@pocahontas.k12.ia.us
 Athletic Administrator.....Brandon Ruffridge
 Phone.....(712)335-4848
 Email.....bruffridge@pocahontas.k12.ia.us
 Sports Medicine Provider.....Jim Lonning
 (Northwest Iowa Bone, Joint & Sports Surgeons)
 Golf.....Darren Henrikson
 Girls Golf.....Leon Johnson
 Basketball.....Brian Friesner
 Girls Basketball.....Robert Maske
 Baseball.....Brandon Ruffridge; Bill Meacham
 Girls Softball.....Gavin Hjerleid
 Wrestling.....Tony Johnson
 Football.....Mike Ehn
 Girls Volleyball.....Susan Oehlert
 Track & Field.....Roger Sommerlot
 Girls Track & Field.....Wayne Suntken
 Cross Country.....Wayne Suntken
 Girls Cross Country.....Wayne Suntken
 Wrestling Cheerleading.....Autumn Seiler
 Speech Director.....Missy Davis
 Student Council.....Kenny Shannon
 Band Director.....Jenna Phillips
 Vocal Director.....Andrea Christians

POSTVILLE

Street Address: 314 W Post St
 City: Postville
 Zip Code: 52162
 Mailing Address: PO Box 717
 City: Postville
 Zip Code: 52162
 Supt. St Address: PO Box 717
 Supt. City: Postville
 Supt. Zip: 52162
 County: Allamakee
 Area Code: 563
 School Phone: 864-7651
 HS Fax: 864-7659

AD Fax: 864-7659
 Web Site: <http://postvilleschools.com>
 School Colors: Red & Black
 Nickname: Pirates
 Conference: Upper Iowa
 Superintendent.....Tim Dugger
 Phone.....(563)864-7651 x422
 Email.....tdugger@postville.k12.ia.us
 Principal.....Brendan Knudtson
 Phone.....(563)864-7651 x402
 Email.....bknudtson@postville.k12.ia.us
 Athletic Administrator.....Brennan Williams
 Phone.....(563)864-7651 x412
 Email.....bwilliams@postville.k12.ia.us
 Co-AD/Assistant.....Teresa Berg
 Phone.....(563)864-7651 x401
 Email.....tberg@postville.k12.ia.us
 Sports Medicine Provider.....Heather Lange
 Golf.....Mike Sass
 Girls Golf.....Mike Sass
 Basketball.....Mike Sass
 Girls Basketball.....Aandi Deering
 Baseball.....Corey Smock
 Girls Softball.....Betsy Shea
 Wrestling.....Bryan Mueller
 Football.....Kevin Johnson
 Girls Volleyball.....Daryl Schultz
 Track & Field.....Shelby Varney
 Girls Track & Field.....Brad Rose
 Cross Country.....Brad Rose
 Girls Cross Country.....Brad Rose
 Soccer.....RJ Olsen
 Football Cheerleading.....Kayla Rupard
 Speech Director.....Derek Friederich
 Student Council.....Betsey Shea
 Band Director.....Shauna Johnsen
 Vocal Director.....April Kruckman

PRAIRIE, CEDAR RAPIDS

Street Address: 401 76th Ave SW
 City: Cedar Rapids
 Zip Code: 52404
 Mailing Address: 401 76th Ave SW
 City: Cedar Rapids
 Zip Code: 52404
 Supt. St Address: 401 76th Ave SW
 Supt. City: Cedar Rapids
 Supt. Zip: 52404
 County: Linn
 Area Code: 319
 School Phone: 848-5340
 HS Fax: 848-5349
 AD Fax: 848-5349
 Web Site: <http://www.prairiepride.org>
 School Colors: Black & Orange
 Nickname: Hawks
 Conference: Mississippi Valley - Mississippi Division
 Superintendent.....Doug Wheeler
 Phone.....(319)848-5201
 Email.....dwheeler@crprairie.org
 Executive Coordinator.....Angie Morrison
 Phone.....(319)848-5200 x2015
 Email.....amorrison@crprairie.org
 Principal.....Karla Thies
 Phone.....(319)848-5341
 Email.....kthies@crprairie.org
 Asst/Assoc/Vice-Principal.....Rocky Bennett
 Phone.....(319)848-5361
 Email.....rbennett@crprairie.org
 Asst/Assoc/Vice-Principal.....Ian Kleman
 Phone.....(319)848-5431
 Email.....iankleman@crprairie.org

Asst/Assoc/Vice-Principal.....Matthew Jenkins
 Phone.....(319)848-5351
 Email.....mjenkins@crprairie.org
 Athletic Administrator.....Rocky Bennett
 Phone.....(319)848-5361
 Email.....rbennett@crprairie.org
 Co-AD/Assistant.....Andrew Davis
 Phone.....(319)848-5502
 Email.....adavis@crprairie.org
 Athletic Secretary.....Lori Pleiness
 Phone.....(319)848-5350
 Email.....lpleiness@crprairie.org
 Sports Medicine Provider.....Dave Williams
 (Performance Therapies)
 Tennis.....Eric Modracek
 Girls Tennis.....Scott Leggat
 Golf.....Erik Columbus
 Girls Golf.....Erik Columbus
 Basketball.....Jeremy Rickertsen
 Girls Basketball.....Josh Bentley
 Swimming.....Ryan York
 Girls Swimming.....Ryan York
 Baseball.....James Nelson
 Girls Softball.....Erin Johnson
 Wrestling.....Kane Thompson
 Football.....Mark Bliss
 Girls Volleyball.....Lynnette Stecklein
 Track & Field.....Bill Schwarz
 Girls Track & Field.....Chris Perkins
 Cross Country.....Bill Schwarz
 Girls Cross Country.....Bill Schwarz
 Soccer.....Curt Lewis
 Girls Soccer.....Scott Lennon
 Bowling.....Don Willfong
 Girls Bowling.....Don Willfong
 Football Cheerleading.....TBD
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....TBD
 Speech Director.....Lori Ling
 Student Council.....Anna Matheny
 Band Director(s).....Deron Jimmerson, Charles Oldenkamp
 Vocal Director(s).....Justin Sands, Kelsey Legore

PRINCE OF PEACE CATHOLIC, CLINTON

Street Address: 312 S 4th St
 City: Clinton
 Zip Code: 52732
 Mailing Address: 312 S 4th St
 City: Clinton
 Zip Code: 52732
 Supt. St Address: 780 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804
 County: Clinton
 Area Code: 563
 School Phone: 242-1663
 HS Fax: 243-8272
 AD Fax: 243-8272
 Web Site: <http://www.prince.pvt.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Irish
 Conference: Tri-Rivers
 Superintendent.....Lee Morrison
 Phone.....(563)888-4231
 Email.....morrison@davenportdiocese.org
 Admin Asst.....Virginia Truillo
 Phone.....(563)324-1912 x256
 Principal.....Nancy Peart
 Phone.....(563)242-1663 x303
 Email.....nancy.peart@staff.prince.pvt.k12.ia.us

Asst/Assoc/Vice-Principal.....Jennifer Hansen-Wauford
 Phone.....(563)242-1663 x307
 Email.....jennifer.hansen@staff.prince.pvt.k12.ia.us
 Athletic Administrator.....Jennifer Hansen-Wauford
 Phone.....(563)242-1663 x307
 Email.....jennifer.hansen@staff.prince.pvt.k12.ia.us
 Athletic Secretary.....Hannah Van Hyfte
 Phone.....(563)242-1663 x301
 Email.....hannah.vanhifte@staff.prince.pvt.k12.ia.us
 Golf.....Aaron Leslie
 Girls Golf.....Aaron Leslie
 Basketball.....Gerry Murphy
 Girls Basketball.....Dave Nelson
 Baseball.....Bob Mulholland
 Girls Softball.....Emily Hoague
 Girls Volleyball.....Stacie Kenneavy
 Track & Field.....Owen Howard
 Girls Track & Field.....Owen Howard
 Cross Country.....Owen Howard
 Girls Cross Country.....Owen Howard
 Soccer.....Mike Davis
 Girls Soccer.....Bill Feaster
 Speech Director.....Kathy Andrews
 Student Council.....Hannah VanHyfte
 Band Director.....Eliott Kuchera

PROMISE ACADEMY AT QUAKERDALE

Street Address: 26866 County Hwy S 55
 City: New Providence
 Zip Code: 50206
 Mailing Address: 26866 County Hwy S 55
 City: New Providence
 Zip Code: 50206
 Supt. St Address: PO Box 8
 Supt. City: New Providence
 Supt. Zip: 50206
 County: Hardin
 Area Code: 641
 School Phone: 497-5294
 HS Fax: 497-5220
 Web Site: <http://www.promiseacademy.net>
 School Colors: Blue and Gold
 Nickname: Eagles
 Conference: None
 Superintendent.....Julie Schroeder
 Email.....jschroeder@promise-quakerdale.org
 Executive Coordinator.....Julie Schroeder
 Phone.....(641)497-5294
 Email.....jschroeder@promise-quakerdale.org
 Athletic Administrator.....Julie Schroeder
 Phone.....(641)497-5294
 Email.....jschroeder@promise-quakerdale.org
 Speech Director.....Matthew Schroeder

RED OAK

Street Address: 2011 N 8th St
 City: Red Oak
 Zip Code: 51566
 Mailing Address: 2011 N 8th St
 City: Red Oak
 Zip Code: 51566
 Supt. St Address: 2011 N 8th St
 Supt. City: Red Oak
 Supt. Zip: 51566
 County: Montgomery
 Area Code: 712
 School Phone: 623-6610
 HS Fax: 623-6613
 AD Fax: 623-6613
 Web Site: <http://www.redoaksschooldistrict.com>
 School Colors: Orange & Black

Nickname: Tigers
 Conference: Hawkeye Ten
 Superintendent.....Tom Messinger
 Phone.....(712)623-6600 x3300
 Email.....messingert@roschools.org
 Admin Asst.....Tammi VanMeter
 Phone.....(712)623-6600 x5601
 Email.....vanmetert@roschools.org
 Principal.....Nate Perrien
 Phone.....(712)623-6620 x5000
 Email.....perrienn@roschools.org
 Athletic Administrator.....Tiegen Podliska
 Phone.....(712)623-6610 x5000
 Email.....podliskat@roschools.org
 Co-AD/Assistant.....Ken Blackman
 Phone.....(712)623-6610 x5001
 Email.....blackmank@roschools.org
 Tennis.....Arryn Gillespie
 Girls Tennis.....Arryn Gillespie
 Golf.....Bob Boeye
 Girls Golf.....Patty Henke
 Basketball.....Dan Pollock
 Girls Basketball.....Maddie Gelber
 Baseball.....Mark Erickson
 Wrestling.....Tiegen Podliska
 Football.....Ryan Gelber
 Girls Volleyball.....Angela Montgomery
 Track & Field.....Sueann French
 Girls Track & Field.....Curt Adams
 Cross Country.....Curt Adams
 Girls Cross Country.....Sueann French
 Bowling.....Mike Webb
 Girls Bowling.....Mike Webb
 Football Cheerleading.....Barb Lombard
 Basketball Cheerleading.....Barb Lombard
 Speech Director.....Laura Horn
 Student Council.....Janelle Erickson
 Band Director.....John Hewett
 Vocal Director.....Tim Marsden

REGINA, IOWA CITY

Street Address: 2150 Rochester Ave
 City: Iowa City
 Zip Code: 52245
 Mailing Address: 2150 Rochester Ave
 City: Iowa City
 Zip Code: 52245
 Supt. St Address: 780 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804-1901
 County: Johnson
 Area Code: 319
 School Phone: 338-5436
 HS Fax: 887-3817
 AD Fax: 887-3817
 Web Site: <http://www.regina.org>
 School Colors: Navy & Gold
 Nickname: Regals
 Conference: River Valley
 Superintendent.....Lee Morrison
 Phone.....(563)888-4231
 Email.....morrison@davenportdiocese.org
 Principal.....Glenn Plummer
 Phone.....(319)338-5436 x1200
 Email.....glenn.plummer@regina.org
 Asst/Assoc/Vice-Principal.....Tim Foley
 Phone.....(319)338-5436 x1220
 Email.....tim.foley@regina.org
 Athletic Administrator.....Bryce Smeins
 Phone.....(319)338-5436
 Email.....bryce.smeins@regina.org

Co-AD/Assistant.....Carolyn Sueppel
 Phone.....(319)338-5436 x1221
 Email.....carolyn.sueppel@regina.org
 Sports Medicine Provider.....Johnnie James, LAT
 (University of Iowa Sports Medicine)
 Golf.....Chris Stauffer
 Girls Golf.....Kevin Kahler
 Basketball.....Jared Galpin
 Baseball.....Todd Becker
 Girls Softball.....Jake Koolbeck
 Football.....Marv Cook
 Track & Field.....Liam Hartley
 Girls Track & Field.....Chad Swope
 Cross Country.....Liam Hartley
 Girls Cross Country.....Liam Hartley
 Soccer.....Rick Larew
 Girls Soccer.....Ann Larew
 Football Cheerleading.....Kaitlyn Cooley
 Band Director.....Tom Nelson
 Vocal Director.....Travis Richter
 Orchestra Director.....Diane Platte

RICEVILLE

Street Address: 912 Woodland Ave
 City: Riceville
 Zip Code: 50466
 Mailing Address: 912 Woodland Ave
 City: Riceville
 Zip Code: 50466
 Supt. St Address: 912 Woodland Ave
 Supt. City: Riceville
 Supt. Zip: 50466
 County: Howard
 Area Code: 641
 School Phone: 985-2288
 HS Fax: 985-4001
 AD Fax: 985-4001
 Web Site: <http://www.riceville.k12.ia.us>
 School Colors: Red & Black
 Nickname: Wildcats
 Conference: Iowa Star - North
 Superintendent.....Barb Schwamman
 Phone.....(641)985-2288 x1052
 Email.....barb.schwamman@riceville.k12.ia.us
 Principal.....Vanessa Huber
 Phone.....(641)985-2288 x2002
 Email.....vanessa.huber@riceville.k12.ia.us
 Athletic Administrator.....Bryce Conway
 Phone.....(641)985-2288
 Email.....bconway@riceville.k12.ia.us
 Golf.....Sal Gomez
 Girls Golf.....Sal Gomez
 Basketball.....Bret Brincks
 Girls Basketball.....Darcy Fair
 Baseball.....Bryce Conway
 Girls Softball.....Andrea Bauer
 Wrestling.....Che' Oulman
 Football.....Stef Fair
 Girls Volleyball.....Robin Kuhn
 Track & Field.....Stef Fair
 Girls Track & Field.....Darcy Fair
 Cross Country.....Bryce Conway
 Girls Cross Country.....Bryce Conway
 Football Cheerleading.....Kellie Daughtrey
 Basketball Cheerleading.....Kellie Daughtrey
 Band Director.....Amanda Dwine
 Vocal Director.....Amanda Dwine

RIDGE VIEW

Street Address: 519 E Maple St
 City: Holstein
 Zip Code: 51025

Mailing Address: PO Box 320
 City: Holstein
 Zip Code: 51025
 Supt. St Address: PO Box 320
 Supt. City: Holstein
 Supt. Zip: 51025-0320
 County: Ida
 Area Code: 712
 School Phone: 368-2641
 HS Fax: 368-4843
 AD Fax: 368-4843
 Web Site: <http://www.rvraptors.org>
 School Colors: Orange, Gold, & Black
 Nickname: Raptors
 Conference: Western Valley
 Superintendent.....Jon Wiebers
 Phone.....(712)368-4353
 Email.....jwiebers@rvraptors.org
 Principal.....Bret Warnke
 Phone.....(712)368-2641
 Email.....bwarnke@rvraptors.org
 Athletic Administrator.....Scott Mitchell
 Phone.....(712)368-4353 x406
 Email.....smitchell@rvraptors.org
 Athletic Secretary.....Pam Kelly
 Phone.....(712)368-4353 x337
 Email.....pkelly@rvraptors.org
 Golf.....Alex Warnke
 Girls Golf.....Brian Bode
 Basketball.....Alex Warnke
 Girls Basketball.....Brian Bode
 Baseball.....Shannon Tesch
 Girls Softball.....Scott Phelps
 Wrestling.....Caleb Christensen
 Football.....Dale Tokheim
 Girls Volleyball.....Monica Brandhorst
 Track & Field.....Dale Tokheim
 Girls Track & Field.....Angie Kohn
 Cross Country.....Katie Tesch
 Girls Cross Country.....Katie Tesch
 Football Cheerleading.....Nicole Solares
 Basketball Cheerleading.....Nicole Solares
 Speech Director.....Mary McAreavy
 Student Council.....Amy Peuse
 Band Director.....Tom Musel
 Vocal Director.....Kris Kistenmacher

RIVER VALLEY, CORRECTIONVILLE

Street Address: 916 Hackberry
 City: Correctionville
 Zip Code: 51016
 Mailing Address: P.O. Box 8
 City: Correctionville
 Zip Code: 51016
 Supt. St Address: 916 Hackberry
 Supt. City: Correctionville
 Supt. Zip: 51016
 County: Woodbury
 Area Code: 712
 School Phone: 372-4656
 HS Fax: 372-4784
 AD Fax: 372-4784
 Web Site: <http://www.rvwolverines.org>
 School Colors: Red & Gray
 Nickname: Wolverines
 Conference: Western Valley
 Superintendent.....Ken Slater
 Phone.....(712)372-4420
 Email.....kslater@rvwolverines.org
 Principal.....Adam Bisenius
 Phone.....(712)372-4656
 Email.....abisenius@rvwolverines.org

Athletic Administrator.....Adam Bisenius
 Phone.....(712)372-4656
 Email.....abisenius@rvwolverines.org
 Athletic Secretary.....Marlo Jepsen
 Phone.....(712)372-4656
 Email.....mjepsen@rvwolverines.org
 Golf.....Keith Byers
 Girls Golf.....Nolan Shanks
 Basketball.....Kyle Trapp
 Girls Basketball.....Brittni Forrer
 Baseball.....Todd Goettsch
 Girls Softball.....Dean Norris
 Football.....Noah Phillips
 Girls Volleyball.....Olivia Goettsch
 Track & Field.....Mike Persinger
 Girls Track & Field.....Brittni Forrer
 Football Cheerleading.....Taylor Jansen
 Basketball Cheerleading.....Taylor Jansen
 Speech Director.....Ryan Brown
 Student Council.....Amanda Verzani
 Band Director.....Eric Flynn
 Vocal Director.....Eric Flynn

RIVERMONT COLLEGIATE, BETTENDORF

Street Address: 1821 Sunset Dr
 City: Bettendorf
 Zip Code: 52722
 Mailing Address: 1821 Sunset Dr
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: 1821 Sunset Dr
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 359-1366
 HS Fax: 359-7576
 AD Fax: 359-7576
 Web Site: <http://www.rivermontcollegiate.org>
 School Colors: Red & White
 Nickname: Lions
 Superintendent.....Max Roach
 Phone.....(563)359-1366
 Email.....mroach@rivermontcollegiate.org
 Principal.....Monica Weeks
 Phone.....(563)359-1366
 Email.....mweeks@rivermontcollegiate.org
 Athletic Administrator.....Michelle Bibens
 Phone.....(563)359-1366
 Email.....mbibens@rivermontcollegiate.org
 Athletic Secretary.....Linda Paget
 Phone.....(563)359-1366
 Email.....lpaget@rivermontcollegiate.org
 Basketball.....Keith Bibens
 Girls Basketball.....Michelle Bibens
 Girls Volleyball.....Michelle Bibens
 Cross Country.....Jenna Adams
 Girls Cross Country.....Jenna Adams
 Basketball Cheerleading.....Shalar Knupp
 Student Council.....Mitzi Austin
 Band Director.....Jessica Freemyer
 Vocal Director.....Joel Kimberly

RIVERSIDE, OAKLAND

Street Address: 18997 Hwy 59
 City: Oakland
 Zip Code: 51560
 Mailing Address: 18997 Hwy 59
 City: Oakland
 Zip Code: 51560
 Supt. St Address: PO Box 218, 330 Pleasant St
 Supt. City: Carson

Supt. Zip: 51525
 County: Pottawattamie
 Area Code: 712
 School Phone: 482-6464
 HS Fax: 482-3074
 Web Site: <http://www.riversideschools.org>
 School Colors: Navy & Gold
 Nickname: Bulldogs
 Conference: Western Iowa
 Superintendent.....Dr. Timothy Mitchell
 Phone.....(712)484-2212
 Email.....tmitchell@riverside.k12.ia.us
 Principal.....Nicholas Kroon
 Phone.....(712)482-6464
 Email.....nkroon@riverside.k12.ia.us
 Asst/Assoc/Vice-Principal.....Liz Graves
 Phone.....(712)482-6464
 Email.....lgraves@riverside.k12.ia.us
 Athletic Administrator.....Darrell Frain
 Phone.....(712)482-6464
 Email.....dfrein@riverside.k12.ia.us
 Golf.....Mitch Rice
 Girls Golf.....Mitch Rice
 Basketball.....Nicholas Kroon
 Girls Basketball.....Taylor Schueman
 Baseball.....Cole Chapin
 Girls Softball.....Chris Conover
 Wrestling.....Casey Conover
 Football.....Darrell Frain
 Girls Volleyball.....Michaela Schwartzkopf
 Track & Field.....Alex Oliver
 Girls Track & Field.....Jared Hoffman
 Cross Country.....Alex Oliver
 Girls Cross Country.....Jared Hoffman
 Soccer.....Rick Ryun
 Girls Soccer.....TBD
 Football Cheerleading.....Karla Keener
 Basketball Cheerleading.....Karla Keener
 Wrestling Cheerleading.....Wendy Smith
 Speech Director.....TBD
 Student Council.....Stephanie McIntire
 Band Director.....Amanda Brandon
 Vocal Director.....Mitchell Stover

ROCK VALLEY

Street Address: 1712 20th Ave
 City: Rock Valley
 Zip Code: 51247
 Mailing Address: 1712 20th Ave
 City: Rock Valley
 Zip Code: 51247
 Supt. St Address: 1712 20th Ave
 Supt. City: Rock Valley
 Supt. Zip: 51247
 County: Sioux
 Area Code: 712
 School Phone: 476-2701
 HS Fax: 476-2125
 AD Fax: 476-2125
 Web Site: <http://www.rvcsd.net>
 School Colors: Orange & Black
 Nickname: Rockets
 Conference: Siouxland
 Superintendent.....Chad Janzen
 Phone.....(712)476-2701
 Email.....cjanzen@rvcsd.org
 Principal.....Nicole Roder
 Phone.....(712)476-2701
 Email.....nroder@rvcsd.org
 Athletic Administrator.....Mike Elgersma
 Phone.....(712)476-2701 x2219
 Email.....melgersm@rvcsd.org

Golf.....Noah De Yager
 Girls Golf.....Lynelle Schvien
 Basketball.....Wade Vander Maten
 Girls Basketball.....Jordan TeGrootenhuis
 Baseball.....Doug Bundy
 Girls Softball.....Sara Friedrichson
 Wrestling.....Scott Van Der Brink
 Football.....Cory Brandt
 Girls Volleyball.....Carissa Judge
 Track & Field.....Brian Moser, Cory Brandt
 Cross Country.....Jodi Negaard
 Football Cheerleading.....Alex Tiedemann
 Speech Director.....Tyler Raehsler
 Student Council.....Stacey Schmidt
 Band Director.....Alison Anderson-Kahl
 Vocal Director.....Clay Ackerman

ROCKFORD

Street Address: 1460 210th St
 City: Rockford
 Zip Code: 50468
 Mailing Address: 1460 210th St
 City: Rockford
 Zip Code: 50468
 Supt. St Address: 1460 210th St
 Supt. City: Rockford
 Supt. Zip: 50468
 County: Floyd
 Area Code: 641
 School Phone: 756-3813
 HS Fax: 756-2369
 AD Fax: 756-2369
 Web Site: <http://www.rockford.k12.ia.us>
 School Colors: Blue & White
 Nickname: Warriors
 Conference: Top of Iowa
 Superintendent.....Keith Turner
 Phone.....(641)756-3813 x304
 Email.....kturner@rockford.k12.ia.us
 Principal.....Nick Johnson
 Phone.....(641) 756-3813 x107
 Email.....njohnson@rockford.k12.ia.us
 Athletic Administrator.....Brian Johnson
 Phone.....(641)756-3813 x114
 Email.....bjohnson@rockford.k12.ia.us
 Athletic Secretary.....Christina Schlader
 Phone.....(641)756-3813
 Email.....cschlader@rockford.k12.ia.us
 Golf.....Van Carrier
 Girls Golf.....Carmen Staudt
 Basketball.....Bob Engels
 Girls Basketball.....Brian Johnson
 Baseball.....Scott Johnson
 Girls Softball.....Makaela Hoffman
 Football.....Torian Wolf
 Girls Volleyball.....Hannah Kemp
 Track & Field.....Kevin Longcor
 Girls Track & Field.....Taylor Johnson
 Cross Country.....Tiffany Allen
 Girls Cross Country.....Tiffany Allen
 Football Cheerleading.....Nicole Fox
 Basketball Cheerleading.....Robin Fischer
 Speech Director.....Kelly Arickx
 Student Council.....Taylor Johnson
 Band Director.....Chelsea Strong
 Vocal Director.....Emily Koob

ROLAND-STORY, STORY CITY

Street Address: 1009 Story St
 City: Story City
 Zip Code: 50248
 Mailing Address: 1009 Story St

City: Story City
 Zip Code: 50248
 Supt. St Address: 1009 Story St
 Supt. City: Story City
 Supt. Zip: 50248
 County: Story
 Area Code: 515
 School Phone: 733-4329
 HS Fax: 733-2131
 AD Fax: 733-2131
 Web Site: <http://rolandstory.school>
 School Colors: Red & Black
 Nickname: Norsemen
 Conference: Heart of Iowa
 Superintendent.....Matt Patton
 Phone.....(515)733-4301
 Email.....mpatton@roland-story.k12.ia.us
 Principal.....Steve Schlatter
 Phone.....(515)733-4329
 Email.....sschlatter@roland-story.k12.ia.us
 Athletic Administrator.....Brian Petersen
 Phone.....(515)733-4329 x407
 Email.....bpetersen@roland-story.k12.ia.us
 Co-AD/Assistant.....Darrin Berggren
 Phone.....(515)388-4348
 Email.....dberggren@roland-story.k12.ia.us
 Athletic Secretary.....Kelly Schmitz
 Phone.....(515)733-4329
 Email.....kschmitz@roland-story.k12.ia.us
 Golf.....Mike Risdal
 Girls Golf.....Larry Ammerman
 Basketball.....Darrin Berggren
 Girls Basketball.....Justin Morton
 Baseball.....Chris Hill
 Girls Softball.....Amber Doyle
 Wrestling.....Leland Schwartz
 Football.....Aaron Stensland
 Girls Volleyball.....Molly Geise
 Track & Field.....Brian Petersen
 Girls Track & Field.....Andy Herrick
 Cross Country.....Brad Dedic
 Girls Cross Country.....Brad Dedic
 Football Cheerleading.....Kari Broer
 Basketball Cheerleading.....Jane Bauman
 Wrestling Cheerleading.....Jane Bauman
 Speech Director.....Tammy Dickinson-Ferrell
 Student Council.....Amanda Paulson
 Band Director.....Kevin Masemann
 Vocal Director.....Tanner Stutzman

RUTHVEN-AYRSHIRE

Street Address: 1505 Washington St
 City: Ruthven
 Zip Code: 51358
 Mailing Address: PO Box 159
 City: Ruthven
 Zip Code: 51358
 Supt. St Address: PO Box 159
 Supt. City: Ruthven
 Supt. Zip: 51358
 County: Palo Alto
 Area Code: 712
 School Phone: 837-5212
 HS Fax: 837-5210
 AD Fax: 837-5210
 Web Site: <http://www.ruthven.k12.ia.us>
 School Colors: Purple, Black & Silver
 Nickname: Titans
 Conference: Twin Lakes
 Superintendent.....Andrew Woiwood
 Phone.....(712)837-5211
 Email.....anwoiw@gt.ratitans.org

Principal.....Jon Josephson
 Phone.....(712)837-5212
 Email.....jojose@gt.ratitans.org
 Athletic Administrator.....Jon Josephson
 Phone.....(712)837-5212
 Email.....jojose@gt.ratitans.org
 Athletic Secretary.....Dee Johnson
 Phone.....(712)837-5212
 Email.....dejohn@gt.ratitans.org
 Sports Medicine Provider.....Sports Medicine Northwest
 Golf.....Ron Bentz
 Girls Golf.....Austin Simmelink
 Basketball.....Randy Hough
 Girls Basketball.....Todd Hough
 Baseball.....Mitch Girres
 Girls Softball.....Kyle Norris
 Football.....Larry Swingen
 Girls Volleyball.....Ashley Dreeszen
 Track & Field.....Michael Nichols
 Girls Track & Field.....Chris Myers
 Cross Country.....Mike Nichols
 Girls Cross Country.....Mike Nichols
 Football Cheerleading.....Angie Sorbo
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....Angie Sorbo
 Speech Director.....TBD
 Student Council.....Matt Borchers
 Band Director.....Tim Nielsen
 Vocal Director.....Tim Nielsen

SAINT ANSGAR

Street Address: 206 E 8th St
 City: Saint Ansgar
 Zip Code: 50472
 Mailing Address: PO Box 398
 City: Saint Ansgar
 Zip Code: 50472
 Supt. St Address: PO Box 398
 Supt. City: Saint Ansgar
 Supt. Zip: 50472
 County: Mitchell
 Area Code: 641
 School Phone: 713-4720
 HS Fax: 713-2449
 AD Fax: 713-2449
 Web Site: <http://www.st-ansgar.k12.ia.us>
 School Colors: Red & White
 Nickname: Saints
 Conference: Top of Iowa
 Superintendent.....Mike Crozier
 Phone.....(641)713-4681
 Email.....mcrozier@st-ansgar.k12.ia.us
 Principal.....Lynn Baldus
 Phone.....(641)713-4720
 Email.....lbaldus@st-ansgar.k12.ia.us
 Athletic Administrator.....Scott Cakerice
 Phone.....(641)713-2331
 Email.....scakerice@st-ansgar.k12.ia.us
 Golf.....Shannon Belz
 Girls Golf.....Shannon Belz
 Basketball.....Bret Williams
 Girls Basketball.....Scott Cakerice
 Baseball.....Devin Schwiesow
 Girls Softball.....Lance Schutjer
 Wrestling.....Barry Kittleson
 Football.....Drew Clevenger
 Girls Volleyball.....Tyler Johnson
 Track & Field.....Drew Clevenger
 Girls Track & Field.....Phil Baldus
 Cross Country.....Tori Steinberg
 Girls Cross Country.....Tori Steinberg
 Football Cheerleading.....Diane Mayer

Basketball Cheerleading.....Diane Mayer
 Wrestling Cheerleading.....Diane Mayer
 Speech Director.....Randy Mogk
 Student Council.....Deneen Nelson
 Band Director.....Colin Zidlicky
 Vocal Director.....Colin Zidlicky

SAYDEL

Street Address: 5601 NE 7th St
 City: Des Moines
 Zip Code: 50313
 Mailing Address: 5601 NE 7th St
 City: Des Moines
 Zip Code: 50313
 Supt. St Address: 5740 NE 14th St
 Supt. City: Des Moines
 Supt. Zip: 50313
 County: Polk
 Area Code: 515
 School Phone: 262-9325
 HS Fax: 266-8497
 AD Fax: 266-8497
 Web Site: <http://www.saydel.k12.ia.us>
 School Colors: Dark Green & Gold
 Nickname: Eagles
 Conference: Heart of Iowa
 Superintendent.....Todd Martin
 Phone.....(515)264-0866
 Email.....Martintodd@saydel.net
 Admin Asst.....Beth Vitiritto
 Email.....vitirittobeth@saydel.net
 Principal.....Kevin Schulte
 Phone.....(515)262-9325 x1103
 Email.....schultekevin@saydel.net
 Asst/Assoc/Vice-Principal.....Alex Stubbers
 Phone.....(515)262-9325 x1214
 Email.....stubbersalex@saydel.net
 Athletic Administrator.....Melissa Crosse
 Phone.....(515)262-9325 x1101
 Email.....crossemelissa@saydel.net
 Athletic Secretary.....Shannon Riddlebarger
 Phone.....(515)262-9325 x1100
 Email.....riddlebargershannon@saydel.net
 Sports Medicine Provider.....Sam Dewey
 Tennis.....Zakk Dunn
 Girls Tennis.....Jeff Fleming
 Golf.....Nick Noring
 Basketball.....Nick Noring
 Girls Basketball.....Jeff Fleming
 Baseball.....Steve Gebhart
 Girls Softball.....Marty Van Houten
 Wrestling.....Tyler Wilson
 Football.....Justin Russell
 Girls Volleyball.....Kearlee Lippert
 Track & Field.....Chris Mund
 Girls Track & Field.....Marcey Norland
 Cross Country.....Steve Gebhart
 Girls Cross Country.....Steve Gebhart
 Football Cheerleading.....Courtney Johnson
 Basketball Cheerleading.....Courtney Johnson
 Wrestling Cheerleading.....Courtney Johnson
 Speech Director.....Julianne Rogowski
 Student Council.....Brenda Brown
 Band Director.....Eric Layden
 Vocal Director.....Michael Puffett

SCATTERGOOD FRIENDS

Street Address: 1951 Delta Ave
 City: West Branch
 Zip Code: 52358
 Mailing Address: 1951 Delta Ave
 City: West Branch

Zip Code: 52358
 Supt. St Address: 1951 Delta Ave
 Supt. City: West Branch
 Supt. Zip: 52358
 County: Cedar
 Area Code: 319
 School Phone: 519-1860
 HS Fax: 643-7485
 AD Fax: 643-7485
 Web Site: <http://www.scattergood.org/>
 School Colors: Navy, White & Gray
 Nickname: Scattergood Crew
 Superintendent.....Thomas Weber
 Phone.....(319)519-1855
 Email.....tweber@scattergood.org
 Principal.....Thomas Weber
 Phone.....(319)519-1855
 Email.....tweber@scattergood.org
 Athletic Administrator.....Sam Taylor
 Phone.....(319)519-1860
 Email.....staylor@scattergood.org
 Basketball.....Sam Taylor
 Cross Country.....Michael Severino
 Soccer.....Sam Taylor

SERGEANT BLUFF-LUTON

Street Address: 708 Warrior Rd
 City: Sergeant Bluff
 Zip Code: 51054
 Mailing Address: 201 Port Neal Rd
 City: Sergeant Bluff
 Zip Code: 51054
 Supt. St Address: 201 Port Neal Rd
 Supt. City: Sergeant Bluff
 Supt. Zip: 51054
 County: Woodbury
 Area Code: 712
 School Phone: 943-8721
 HS Fax: 943-5887
 AD Fax: 943-5887
 Web Site: <http://www.sblschools.com>
 School Colors: Orange & Black
 Nickname: Warriors
 Conference: Missouri River Activities
 Superintendent.....Dr. Rod Earleywine
 Phone.....(712)943-4338
 Email.....earlerod@sblschools.com
 Principal.....Jason Klingensmith
 Phone.....(712)943-5561
 Email.....klingjas@sblschools.com
 Asst/Assoc/Vice-Principal.....Brian Herman
 Phone.....(712)943-8721 x721
 Email.....hermabri@sblschools.com
 Athletic Administrator.....Brian Herman
 Phone.....(712)943-8721 x721
 Email.....hermabri@sblschools.com
 Co-AD/Assistant.....Joel Huffman
 Phone.....(712)943-8721 x712
 Email.....huffmjoe@sblschools.com
 Athletic Secretary.....Tammy Camerer
 Phone.....(712)943-5561
 Email.....camertam@sblschools.com
 Sports Medicine Provider.....Paul Wilson
 Golf.....Troy Husen
 Girls Golf.....Paul Wilson
 Basketball.....Adam Vander Schaaf
 Girls Basketball.....Joe Hardy
 Baseball.....Matt Nelson
 Girls Softball.....Jared Ocker
 Wrestling.....Clint Koedam
 Football.....Justin Smith
 Girls Volleyball.....Renee Winkel

Track & Field Monte Larsen
 Girls Track & Field Monte Larsen
 Cross Country Monte Larsen
 Girls Cross Country Monte Larsen
 Soccer Aaron Witmer
 Girls Soccer Kim Croston
 Bowling Janelle Woodbury
 Girls Bowling Noel Herbst
 Football Cheerleading Alexis Peterson
 Basketball Cheerleading Alexis Peterson
 Speech Director Kristi Quinn
 Student Council Andrea Kuhl
 Band Director Dennis Eggerling
 Vocal Director Christine Massey

SEYMOUR

Street Address: 100 S Park Ave
 City: Seymour
 Zip Code: 52590
 Mailing Address: 100 S Park Ave
 City: Seymour
 Zip Code: 52590
 Supt. St Address: 100 S Park Ave
 Supt. City: Seymour
 Supt. Zip: 52590
 County: Wayne
 Area Code: 641
 School Phone: 898-2291
 HS Fax: 898-7500
 Web Site: <http://www.seymourcsd.org>
 School Colors: Red & Black
 Nickname: Warriors
 Conference: Bluegrass
 Superintendent Brad Breon
 Phone (641)898-2291
 Email brad.breon@seymourcsd.org
 Principal Jamie Houser
 Phone (641)898-2291
 Email jamie.houser@seymourcsd.org
 Athletic Administrator Mark Kruzich
 Phone (641)898-2291
 Email mark.kruzich@seymourcsd.org
 Athletic Secretary Mollie Banks
 Phone (641)898-2291
 Email mollie.banks@seymourcsd.org
 Girls Golf Mark Kruzich
 Basketball Shaun Houser
 Girls Basketball Paul Hinners
 Baseball Clint Housh
 Girls Softball Shaun Houser
 Football Trevor Banks
 Girls Volleyball Jennifer Miller
 Track & Field Elijah Horton
 Girls Track & Field Paul Hinners
 Football Cheerleading Tara Trimble
 Basketball Cheerleading Tara Trimble
 Speech Director Anthony Boggs
 Student Council Chanae Fitzgerald
 Band Director Rylie Graham
 Vocal Director Elizabeth Ross

SHELDON

Street Address: 1700 E 4th St
 City: Sheldon
 Zip Code: 51201
 Mailing Address: 1700 E 4th St
 City: Sheldon
 Zip Code: 51201
 Supt. St Address: 1700 E 4th St
 Supt. City: Sheldon
 Supt. Zip: 51201

County: OBrien
 Area Code: 712
 School Phone: 324-2501
 HS Fax: 324-5607
 AD Fax: 324-5607
 Web Site: <http://www.sheldon.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Orabs
 Conference: Siouxland
 Superintendent Cory Myer
 Phone (712)324-2504 x111
 Email cmeyer@sheldon.k12.ia.us
 Principal Sherrie Zeutenhorst
 Phone (712)324-2501 x103
 Email szeutenhorst@sheldon.k12.ia.us
 Asst/Assoc/Vice-Principal Eric Maassen
 Phone (712)324-2501 x104
 Email emaassen@sheldon.k12.ia.us
 Athletic Administrator Eric Maassen
 Phone (712)324-2501 x104
 Email eric.maassen@sheldonschools.com
 Athletic Secretary Amy Wagenaar
 Phone (712)324-2501
 Email awagenaar@sheldon.k12.ia.us
 Sports Medicine Provider Vanessa Heimlich
 (Sanford Sheldon)
 Golf Gene Bomgaars
 Girls Golf Jerod Reinking
 Basketball Eric Maassen
 Girls Basketball Heath Anderson
 Baseball Brad Zeutenhorst
 Girls Softball Jessica Stofferan
 Wrestling Kory Roos
 Football Tyler Lloyd
 Girls Volleyball Heather Keizer
 Track & Field Kyle Zankowski
 Girls Track & Field Maggie Lloyd
 Cross Country Kyle Zankowski
 Girls Cross Country Kyle Zankowski
 Soccer Ludwin Arana
 Girls Soccer Tammy Keepers
 Football Cheerleading Ashley Kerr
 Basketball Cheerleading Ashley Kerr
 Wrestling Cheerleading Julie Roos
 Speech Director Jodi Grant
 Student Council Sherrie Zeutenhorst
 Band Director Cliff St. Clair
 Vocal Director Brandon Lenderink

SHENANDOAH

Street Address: 1000 Mustang Dr.
 City: Shenandoah
 Zip Code: 51601
 Mailing Address: 1000 Mustang Dr
 City: Shenandoah
 Zip Code: 51601
 Supt. St Address: 304 W Nishna Rd
 Supt. City: Shenandoah
 Supt. Zip: 51601
 County: Page
 Area Code: 712
 School Phone: 246-4727
 HS Fax: 246-2842
 AD Fax: 246-2842
 Web Site: <http://www.shencsd.com>
 School Colors: Maroon & White
 Nickname: Mustangs & Fillies
 Conference: Hawkeye Ten
 Superintendent Dr. Kerri Nelson
 Phone (712)246-1581
 Email nelsonk@shencsd.com

Principal Jason Shaffer
 Phone (712)246-4727 x5003
 Email shafferj@shencsd.com
 Asst/Assoc/Vice-Principal Aaron Burdorf
 Phone (712)246-4727 x5004
 Email burdorfa@shencsd.com
 Athletic Administrator Aaron Burdorf
 Phone (712)246-4727 x5004
 Email burdorfa@shencsd.com
 Athletic Secretary Connie McGinnis
 Phone (712)246-4727 x5001
 Email mcginnisc@shencsd.com
 Tennis Tom French
 Girls Tennis Brian Daoust
 Golf Tom Foutch
 Girls Golf Kyan Kirkholm
 Basketball Derek Howard
 Girls Basketball Jon Weinrich
 Baseball Brett Roberts
 Girls Softball Aaron Burdorf
 Wrestling Todd McGinnis
 Football Ty Ratliff
 Girls Volleyball Toni Comstock
 Track & Field Ty Ratliff
 Girls Track & Field Jon Skillern
 Cross Country Andy Campbell
 Girls Cross Country Liz Skillern
 Bowling Darin Pease
 Girls Bowling Darin Pease
 Football Cheerleading Amy Nielsen
 Basketball Cheerleading Patti Roberts
 Wrestling Cheerleading Angel Dawson
 Speech Director Amy Teye
 Student Council Wendy Fry
 Band Director Dale Risher
 Vocal Director Ashleigh Sons

SIBLEY-OCHEYEDAN

Street Address: 120 11th Ave NE
 City: Sibley
 Zip Code: 51249
 Mailing Address: 120 11th Ave NE
 City: Sibley
 Zip Code: 51249
 Supt. St Address: 120 11th Ave NE
 Supt. City: Sibley
 Supt. Zip: 51249
 County: Osceola
 Area Code: 712
 School Phone: 754-3601
 HS Fax: 754-2534
 AD Fax: 754-2534
 Web Site: <http://www.thegenerals.org>
 School Colors: Orange & Black
 Nickname: Generals
 Conference: Siouxland
 Superintendent James Craig
 Phone (712)754-2533 x201
 Email james.craig@thegenerals.org
 Admin Asst Chrissy Ackerman
 Phone (712)754-2533 x203
 Email chackerman@thegenerals.org
 Principal Stan DeZeeuw
 Phone (712)754-3601 x244
 Email stan.dezeeuw@thegenerals.org
 Asst/Assoc/Vice-Principal Cory Jenness
 Phone (712)754-3601
 Email cjenness@thegenerals.org
 Athletic Administrator Doyle Naig
 Phone (712)754-3601 x245
 Email dnaig@thegenerals.org

Athletic Secretary.....Courtney Plotz
 Phone.....(712)754-3601 x205
 Email.....courtney.plotz@thegenerals.org
 Sports Medicine Provider.....Stephanie Moermond, LAT
 (Northwest Iowa Bone/Joint)
 Golf.....Matt Vermeer
 Basketball.....Brandon Bergfeld
 Girls Basketball.....Steve Kellen
 Baseball.....Nate Vos
 Girls Softball.....Keith Swenson
 Wrestling.....Tyler Halverson
 Football.....Tate Kellenberger
 Girls Volleyball.....Ben Chestnut
 Track & Field.....Peter Carlson
 Girls Track & Field.....Lisa Block
 Cross Country.....Ryan Wiersma
 Girls Cross Country.....Ryan Wiersma
 Soccer.....Elesson Joseph
 Football Cheerleading.....Chelsea Hecht
 Basketball Cheerleading.....Chelsea Hecht
 Wrestling Cheerleading.....TBD
 Speech Director.....BJ Schuller
 Student Council.....Stan DeZeeuw
 Band Director.....Peter Carlson
 Vocal Director.....Kelsey Burns

SIDNEY

Street Address: 2754 Knox Road
 City: Sidney
 Zip Code: 51652
 Mailing Address: PO Box 609
 City: Sidney
 Zip Code: 51652
 Supt. St Address: 2754 Knox Rd
 Supt. City: Sidney
 Supt. Zip: 51652
 County: Fremont
 Area Code: 712
 School Phone: 374-2141
 HS Fax: 374-2013
 AD Fax: 374-2013
 Web Site: <http://www.sidneyschools.org>
 School Colors: Red & White
 Nickname: Cowboys & Cowgirls
 Conference: Corner
 Superintendent.....Tim Hood
 Phone.....(712)374-2141
 Email.....thood@sidney.k12.ia.us
 Principal.....Kimberly Payne
 Phone.....(712)374-2141
 Email.....kpayne@sidney.k12.ia.us
 Athletic Administrator.....Kent Larsen
 Phone.....(712)374-2141
 Email.....klarsen@sidney.k12.ia.us
 Golf.....Janice Shanno
 Girls Golf.....Janice Shanno
 Basketball.....Kent Larsen
 Girls Basketball.....Amy McClintock
 Baseball.....Brad Johnson
 Girls Softball.....Kent Larsen
 Wrestling.....Aaron Lang
 Football.....Donnie Sears
 Girls Volleyball.....Amy McClintock
 Track & Field.....Donnie Sears
 Girls Track & Field.....Donnie Sears
 Cross Country.....Steve Meyer
 Girls Cross Country.....Steve Meyer
 Football Cheerleading.....Suzanne Hall
 Basketball Cheerleading.....Suzanne Hall
 Wrestling Cheerleading.....Carrie Hardy
 Speech Director.....Liza Osborn
 Student Council.....Rhonda Almquist

Band Director.....Nicole Zavadil
 Vocal Director.....Nicole Zavadil

SIGOURNEY

Street Address: 909 E Pleasant Valley
 City: Sigourney
 Zip Code: 52591
 Mailing Address: 909 E Pleasant Valley
 City: Sigourney
 Zip Code: 52591
 Supt. St Address: 909 E. Pleasant Valley
 Supt. City: Sigourney
 Supt. Zip: 52591
 County: Keokuk
 Area Code: 641
 School Phone: 622-2010
 HS Fax: 622-2047
 AD Fax: 622-2047
 Web Site: <http://sigourneyschools.com>
 School Colors: Black & Gold
 Nickname: Savages
 Conference: South Iowa Cedar
 Superintendent.....David Harper
 Phone.....(641)622-2025
 Email.....dave.harper@sigourneyschools.com
 Principal.....Shannon Webb
 Phone.....(641)622-2010
 Email.....shannon.webb@sigourneyschools.com
 Athletic Administrator.....Lee Crawford
 Phone.....(641)622-2010
 Email.....lee.crawford@sigourneyschools.com
 Athletic Secretary.....Cassidy Mitchell
 Phone.....(641)622-2010
 Email.....cassidy.mithcell@sigourneyschools.com
 Golf.....Zach Tremmel
 Girls Golf.....Zach Tremmel
 Basketball.....Mitch Eslick
 Girls Basketball.....Zach Tremmel
 Baseball.....Lee Crawford
 Girls Softball.....Shelly Streigle
 Wrestling.....Cory VanDenHeuvel
 Football.....Jared Jensen
 Girls Volleyball.....Chris Carter
 Track & Field.....Jared Jensen
 Girls Track & Field.....Jenny Harter
 Cross Country.....Andy Harter
 Girls Cross Country.....Andy Harter
 Bowling.....Trisha Black
 Girls Bowling.....Trisha Black
 Football Cheerleading.....Brandy Stangle
 Basketball Cheerleading.....Brandy Stangle
 Student Council.....Shannon Greiner
 Band Director.....Jessica Meier
 Vocal Director.....Cortez Daniel

SIOUX CENTER

Street Address: 550 9th St NE
 City: Sioux Center
 Zip Code: 51250
 Mailing Address: 550 9th St NE
 City: Sioux Center
 Zip Code: 51250
 Supt. St Address: 550 9th St NE
 Supt. City: Sioux Center
 Supt. Zip: 51250
 County: Sioux
 Area Code: 712
 School Phone: 722-2981
 HS Fax: 722-2986
 Web Site: <http://www.sioux-center.k12.ia.us>
 School Colors: Orange & Blue
 Nickname: Warriors

Conference: Siouxland
 Superintendent.....Gary McEldowney
 Phone.....(712)722-2985
 Email.....gary.mcelandowney@scwarriors.org
 Admin Asst.....Wendy Stangland
 Phone.....(712)722-2985
 Email.....wendy.stangland@scwarriors.org
 Principal.....Brent Town
 Phone.....(712)722-2981
 Email.....brent.town@scwarriors.org
 Asst/Assoc/Vice-Principal.....Mark Hulshof
 Phone.....(712)441-4836
 Email.....mark.hulshof@scwarriors.org
 Athletic Administrator.....Mark Hulshof
 Phone.....(712)722-2981
 Email.....mark.hulshof@scwarriors.org
 Golf.....Todd Arends
 Girls Golf.....Eli Ellis
 Basketball.....Brian Schmalbeck
 Girls Basketball.....Doug Winterfeld
 Baseball.....Chase Rozeboom
 Girls Softball.....Kari Schmalbeck
 Wrestling.....Aaron Schmidt
 Football.....Tim Van Regenmorter
 Girls Volleyball.....Julie Oldenkamp
 Track & Field.....Brock Lehman
 Girls Track & Field.....Robbie Cundy
 Cross Country.....Brock Lehman
 Girls Cross Country.....Brock Lehman
 Soccer.....Dave Van Ruler
 Girls Soccer.....Nathan Bullock
 Football Cheerleading.....Joy Hurst
 Student Council.....Julie Oldenkamp
 Band Director.....Meghan Powell
 Vocal Director.....Heidi Fehlhafer

SIOUX CENTRAL, SIOUX RAPIDS

Street Address: 4440 US Hwy 71 S
 City: Sioux Rapids
 Zip Code: 50585
 Mailing Address: 4440 US Hwy 71 S
 City: Sioux Rapids
 Zip Code: 50585
 Supt. St Address: 4440 US Hwy 71 S
 Supt. City: Sioux Rapids
 Supt. Zip: 50585
 County: Buena Vista
 Area Code: 712
 School Phone: 283-2571
 HS Fax: 283-2285
 AD Fax: 283-2285
 Web Site: <http://www.siouxcentral.org>
 School Colors: Red & Gray
 Nickname: Rebels
 Conference: Twin Lakes
 Superintendent.....Scott Williamson
 Phone.....(712)283-2956
 Email.....swilliamson@siouxcentral.org
 Principal.....Jeff Scharn
 Phone.....(712)283-2571
 Email.....jscharn@siouxcentral.org
 Athletic Administrator.....Alan Vasher
 Phone.....(712)283-2571
 Email.....avasher@siouxcentral.org
 Golf.....Chris Wildeman
 Girls Golf.....Jennifer Wittmaack
 Basketball.....Stephen Tjaden
 Girls Basketball.....Kasey Krager
 Baseball.....Alan Vasher
 Girls Softball.....Kasey Krager
 Wrestling.....Onni Prestidge
 Football.....Brandon Goodchild

Girls Volleyball Sara Grossnickle
Track & Field Jeff Tiefenthaler
Girls Track & Field Kendall Rachuy
Cross Country Alan Vasher, Onni Prestidge
Girls Cross Country Alan Vasher, Onni Prestidge
Bowling Brian Rix
Girls Bowling Brian Rix
Football Cheerleading Alyssa Rusk
Basketball Cheerleading Denise Terrell
Wrestling Cheerleading Jamie Turnbull
Speech Director Angie Vanderhoff
Student Council Lisa Christians
Band Director Adam Perry
Vocal Director Crystal Bunge

SIoux CITY, EAST

Street Address: 3200 S Cypress St
City: Sioux City
Zip Code: 51106
Mailing Address: 5011 Mayhew Ave
City: Sioux City
Zip Code: 51106
Supt. St Address: 627 4th St
Supt. City: Sioux City
Supt. Zip: 51101
County: Woodbury
Area Code: 712
School Phone: 274-4000
HS Fax: 274-4670
AD Fax: 274-4670
Web Site: <http://www.siouxcityschools.org/east-high-school/>
School Colors: Orange & Black
Nickname: Black Raiders
Conference: Missouri River

Superintendent Dr. Paul Gausman
Phone (712)279-6667
Email gausmap@live.siouxcityschools.com
Asst/Assoc Supt Dr. Kim Buryanek
Phone (712)279-6083
Email buryank@live.siouxcityschools.com
Executive Coordinator Jim Vanderloo
Phone (712)279-6070
Email vanderjr@live.siouxcityschools.com
Principal Richard Todd
Phone (712)274-4005
Email toddr@live.siouxcityschools.com
Asst/Assoc/Vice-Principal Deb Padomek
Phone (712)274-4683
Email padomed@live.siouxcityschools.com
Asst/Assoc/Vice-Principal Dave Dreessen
Phone (712)274-4672
Email dreessd@live.siouxcityschools.com
Athletic Administrator BJ Koch
Phone (712)274-4008
Email kochb@live.siouxcityschools.com
Athletic Secretary Lorri Winterlin
Phone (712)274-4008
Email winterl@live.siouxcityschools.com
Sports Medicine Provider Jordan Whitsell (CNOS)
Tennis Jason Gomez
Girls Tennis Dan Pomerence
Golf Brian Drent
Girls Golf Mike Winlepleck
Basketball Ras Vanderloo
Girls Basketball Brian Drent
Swimming Bryan Farris
Girls Swimming Amanda Beyer
Baseball Kevin Dicus
Girls Softball Mike Crawford
Wrestling Jacob Colon
Football Brian Webb

Girls Volleyball Tunisia May
Track & Field Rick Clarahan
Girls Track & Field Rick Clarahan
Cross Country Nick Gaul
Girls Cross Country Nick Gaul
Soccer Mike Borral
Girls Soccer Tyler Mogensen
Bowling Kevin Dicus
Girls Bowling Kevin Dicus
Football Cheerleading Makayla Burns
Basketball Cheerleading Makayla Burns
Wrestling Cheerleading Makayla Burns
Speech Director Nathan Irwin
Student Council Michelle Pick
Band Director Anna Scott
Vocal Director Tom Hales
Orchestra Director Eleanor May-Patterson

SIoux CITY, NORTH

Street Address: 4200 Cheyenne Blvd
City: Sioux City
Zip Code: 51104
Mailing Address: 4200 Cheyenne Blvd
City: Sioux City
Zip Code: 51104
Supt. St Address: 627 4th St
Supt. City: Sioux City
Supt. Zip: 51101
County: Woodbury
Area Code: 712
School Phone: 239-7000
HS Fax: 239-8270
AD Fax: 239-8270
Web Site: <https://www.siouxcityschools.org/north-high-school/>
School Colors: Red, White, Navy
Nickname: Stars
Conference: Missouri River

Superintendent Dr. Paul Gausman
Phone (712)279-6667
Email gausmap@live.siouxcityschools.com
Asst/Assoc Supt Dr. Kim Buryanek
Phone (712)279-6083
Email buryank@live.siouxcityschools.com
Executive Coordinator Jim Vanderloo
Phone (712)279-6676
Email vanderjr@live.siouxcityschools.com
Principal Ryan Dumkrieger
Phone (712)239-7000
Email dumkrir@live.siouxcityschools.com
Asst/Assoc/Vice-Principal Joni Swenson
Phone (712)239-7000
Email swensoj@live.siouxcityschools.com
Asst/Assoc/Vice-Principal Brant Bemus
Phone (712)239-7000
Email bemusb@live.siouxcityschools.com
Athletic Administrator Chris Koch
Phone (712)239-7000
Email kochc@live.siouxcityschools.com
Athletic Secretary Heidi Ruhler
Phone (712)239-7000 x3415
Email ruhrerh@live.siouxcityschools.com
Sports Medicine Provider Brandon Marreel (CNOS)
Tennis Scott Davidson
Girls Tennis Bob Dibble
Golf Aaron Kolbo
Girls Golf Eric Hueschen
Basketball Shawn Miller
Girls Basketball Michael Groth
Swimming Eric Hoak
Baseball Nick Tillo
Girls Softball Brent Eickholt

Wrestling John Torno
Football Mitch Mohr
Girls Volleyball Monica Chamberlain
Track & Field Ervin Whitehead
Girls Track & Field Ervin Whitehead
Cross Country Abdier Marrero
Girls Cross Country Abdier Marrero
Soccer Ricky Azpeitia
Girls Soccer Jesse Castillo
Bowling Ken Clark
Girls Bowling Ken Clark
Football Cheerleading Tonya Zielich
Basketball Cheerleading Tonya Zielich
Wrestling Cheerleading Tonya Zielich
Speech Director Greg Anderson
Student Council Brooke Herbst, Carly Conry
Band Director Brian Cole
Vocal Director Andrew Stoneking
Orchestra Director Kayla Priest

SIoux CITY, WEST

Street Address: 2001 Casselman St
City: Sioux City
Zip Code: 51103
Mailing Address: 2001 Casselman St
City: Sioux City
Zip Code: 51103
Supt. St Address: 627 4th St
Supt. City: Sioux City
Supt. Zip: 51101
County: Woodbury
Area Code: 712
School Phone: 279-6772
HS Fax: 279-6790
AD Fax: 279-6790
Web Site: <https://www.siouxcityschools.org/west-high-school/>
School Colors: Green & White
Nickname: Wolverines
Conference: Missouri River

Superintendent Dr. Paul R. Gausman
Phone (712)279-6667
Email gausmap@live.siouxcityschools.com
Asst/Assoc Supt Kim Buryanek
Phone (712)279-6083
Email buryank@live.siouxcityschools.com
Executive Coordinator Jim Vanderloo
Phone (712)279-6676
Email vanderjr@live.siouxcityschools.com
Principal April Tidwell
Phone (712)279-6772
Email tidwella@live.siouxcityschools.com
Asst/Assoc/Vice-Principal Rebecca Reiken
Phone (712)279-6772
Email riekenr@live.siouxcityschools.com
Asst/Assoc/Vice-Principal Ron Koch
Phone (712)279-6772
Email kochr@live.siouxcityschools.com
Asst/Assoc/Vice-Principal Allan Pace
Phone (712)279-6772
Email pacea@live.siouxcityschools.com
Athletic Administrator Al Pace
Phone (712)279-6772
Email pacea@live.siouxcityschools.com
Athletic Secretary Michelle Miller
Phone (712)279-6781
Email millerm2@live.siouxcityschools.com
Sports Medicine Provider Miles Kleinhesselink (CNOS)
Girls Tennis Todd Siefker
Golf Troy Worden
Girls Golf Frank Irvine
Basketball CoCo Cofield

Girls Basketball..... Betsy Boetger
Swimming..... Eric Hoak
Girls Swimming..... Molly Hegarty
Baseball..... Gabe Hoogers
Girls Softball..... Val Uken
Wrestling..... John Hessenius
Football..... Joseph A. Schmitz
Girls Volleyball..... Val Uken
Track & Field..... Mateo Molifua
Girls Track & Field..... Mateo Molifua
Cross Country..... Abigail Mehlhaff
Girls Cross Country..... Christine Poeckes
Soccer..... Gary Fuentes
Girls Soccer..... Molly Miller
Bowling..... Benjamin Nelson
Girls Bowling..... Benjamin Nelson
Football Cheerleading..... Chris Jones
Basketball Cheerleading..... Chris Jones
Wrestling Cheerleading..... Chris Jones
Speech Director..... Bev Weseman
Student Council..... Jamie Bratvold
Band Director..... Eric Elker
Vocal Director..... Boe Hodnefield
Orchestra Director..... Kristin Ortmann

SIOUXLAND CHRISTIAN

Street Address: 6000 Gordon Dr.
City: Sioux City
Zip Code: 51106
Mailing Address: 6000 Gordon Dr.
City: Sioux City
Zip Code: 51106
Supt. St Address: 6000 Gordon Dr.
Supt. City: Sioux City
Supt. Zip: 51106
County: Woodbury
Area Code: 712
School Phone: 276-4732
HS Fax: 276-4752
AD Fax: 276-4752
Web Site: <http://www.sioxlandchristian.org>
School Colors: Blue & Gold
Nickname: Eagles
Conference: Western Valley
Superintendent..... Lindsay Laurich
Phone..... (712)276-4732 x125
Email..... llaurich@sioxlandchristian.org
Admin Asst..... Makala Wooster
Phone..... (712)276-4732 x100
Email..... mwooster@sioxlandchristian.org
Athletic Administrator..... Kelli Heilbuth
Phone..... (712)276-4732
Email..... kheilbuth@sioxlandchristian.org
Co-AD/Assistant..... Nelson Wilson
Phone..... (712)276-4732
Email..... nwilson@sioxlandchristian.org
Athletic Secretary..... Makala Wooster
Phone..... (712)276-4732 x100
Email..... mwooster@sioxlandchristian.org
Golf..... Kelli Heilbuth
Basketball..... Nelson Wilson
Girls Basketball..... TBD
Football..... Adam Ball
Girls Volleyball..... Don Craig
Track & Field..... Adam Ball
Girls Track & Field..... Michelle Ball
Cross Country..... Ashley Runge
Speech Director..... Emily Hageman
Student Council..... Mandy VanSchouwen
Band Director..... Emily Hageman
Vocal Director..... Emily Hageman

SOLOIN

Street Address: 600 W 5th St
City: Solon
Zip Code: 52333
Mailing Address: 600 W 5th St
City: Solon
Zip Code: 52333
Supt. St Address: 301 S Iowa St
Supt. City: Solon
Supt. Zip: 52333
County: Johnson
Area Code: 319
School Phone: 624-3401
HS Fax: 624-4091
AD Fax: 624-4091
Web Site: <http://www.solon.k12.ia.us>
School Colors: Orange & Black
Nickname: Spartans
Conference: WAMAC
Superintendent..... Davis Eidahl
Phone..... (319)624-3401 x1351
Email..... deidahl@solon.k12.ia.us
Admin Asst..... Kris Wentzien
Phone..... (319)624-3401 x1349
Email..... kwentzien@solon.k12.ia.us
Principal..... Zach Wigle
Phone..... (319)624-3401 x1103
Email..... zwigle@solon.k12.ia.us
Athletic Administrator..... Casey Hack
Phone..... (319)624-3401 x1104
Email..... chack@solon.k12.ia.us
Co-AD/Assistant..... Jake Munson
Phone..... (319)624-3401
Email..... jmunson@solon.k12.ia.us
Athletic Secretary..... Dawn Fisher
Phone..... (319)624-3401 x1100
Email..... dfisher@solon.k12.ia.us
Sports Medicine Provider..... David Williams
(Performance Therapies)
Golf..... Adam Stahle
Girls Golf..... Curtis Hendrickson
Basketball..... Matt Lesan
Girls Basketball..... Jamie Smith
Baseball..... Keith McSweeney
Girls Softball..... Erin White
Wrestling..... Blake Williams
Football..... Kevin Miller
Girls Volleyball..... Sarah Ferin
Track & Field..... Mark Sovers
Girls Track & Field..... Brent Sands
Cross Country..... Emy Williams
Girls Cross Country..... Emy Williams
Soccer..... Jeremy McMurrin
Girls Soccer..... Amanda Paulson
Football Cheerleading..... Keela Uhlenkamp
Basketball Cheerleading..... Keela Uhlenkamp
Speech Director..... Leeanne Gilroy
Student Council..... Amanda Stahle
Band Director..... Desmond Cervantez
Vocal Director..... Joel Foreman

SOUTH CENTRAL CALHOUN

Street Address: 709 W Main St
City: Lake City
Zip Code: 51449
Mailing Address: 709 W Main St
City: Lake City
Zip Code: 51449
Supt. St Address: 709 W Main St
Supt. City: Lake City
Supt. Zip: 51449

County: Calhoun
Area Code: 712
School Phone: 464-7211
HS Fax: 464-3724
AD Fax: 464-3724
Web Site: <http://www.scc.k12.ia.us>
School Colors: Purple, Black, & Silver
Nickname: Titans
Conference: Twin Lakes
Superintendent..... Jeff Kruse
Phone..... (712)464-7210
Email..... jkruse@scc.k12.ia.us
Admin Asst..... Beth McCarter
Phone..... (712)464-7210
Email..... bmccarter@scc.k12.ia.us
Principal..... Randy Martin
Phone..... (712)464-7211
Email..... rmartin@scc.k12.ia.us
Athletic Administrator..... Mark Schaefer
Phone..... (712)464-7211
Email..... mschaefer@scc.k12.ia.us
Co-AD/Assistant..... Brian Knapp
Phone..... (712)464-7211
Email..... bknapp@scc.k12.ia.us
Athletic Secretary..... Beth McCarter
Phone..... (712)464-7210
Email..... bmccarter@scc.k12.ia.us
Golf..... Jeff Boerner
Girls Golf..... Brady Dicks
Basketball..... Clive Clark
Girls Basketball..... Eric Francis
Baseball..... Nate Lamphier
Girls Softball..... John Kennedy
Wrestling..... Lance Schultz
Football..... Bryan Case
Girls Volleyball..... Shelley Blankenship
Track & Field..... Bryan Case
Girls Track & Field..... Brian Knapp
Cross Country..... Brian Knapp
Girls Cross Country..... Brian Knapp
Football Cheerleading..... Karen Gorden
Basketball Cheerleading..... Sheila Welander
Speech Director..... Marleta Smith
Student Council..... John Olson
Band Director..... Tom Plummer
Vocal Director..... Cayla Morton

SOUTH HAMILTON, JEWELL

Street Address: 315 Division St
City: Jewell
Zip Code: 50130
Mailing Address: 315 Division St
City: Jewell
Zip Code: 50130
Supt. St Address: 315 Division St
Supt. City: Jewell
Supt. Zip: 50130
County: Hamilton
Area Code: 515
School Phone: 827-5418
HS Fax: 827-5368
AD Fax: 827-5368
Web Site: <http://www.s-hamilton.k12.ia.us>
School Colors: Cardinal Red & White
Nickname: Hawks
Conference: HOIAC
Superintendent..... Ken Howard
Phone..... (515)827-5479
Email..... ken_howard@s-hamilton.k12.ia.us
Principal..... Scott Dryer
Phone..... (515)827-5418 x104
Email..... scott_dryer@s-hamilton.k12.ia.us

Athletic Administrator.....Todd Coy
 Phone.....(515)827-5418 x302
 Email.....todd_coy@s-hamilton.k12.ia.us
 Athletic Secretary.....Tara Northrop
 Phone.....(515)827-5418
 Email.....tara_northrop@s-hamilton.k12.ia.us
 Sports Medicine Provider.....Tim Schlorholtz, LAT
 (McFarland Clinic)
 Golf.....Steve Butler
 Girls Golf.....Kathi Fisher
 Basketball.....Matt Juber
 Girls Basketball.....Mark Henderson
 Baseball.....Kyle Galetich
 Girls Softball.....Harry McMaken
 Wrestling.....Dan Brodie
 Football.....Corey Klemp
 Girls Volleyball.....Ashley Rosenstiell
 Girls Track & Field.....Dan Brodie
 Cross Country.....Emily Bochmann
 Girls Cross Country.....Emily Bochmann
 Football Cheerleading.....Tammy Schafer-Schwerin
 Basketball Cheerleading.....Tammy Schafer-Schwerin
 Speech Director.....Jocelyn Hommes
 Student Council.....Kris Flaugh
 Band Director.....Alexa Gibbs
 Vocal Director.....Jacob Bunge

SOUTH HARDIN

Street Address: 1800 24th St
 City: Eldora
 Zip Code: 50627
 Mailing Address: 1800 24th St
 City: Eldora
 Zip Code: 50627
 Supt. St Address: 1010 Edgington Ave
 Supt. City: Eldora
 Supt. Zip: 50627
 County: Hardin
 Area Code: 641
 School Phone: 939-3421
 HS Fax: 939-3423
 AD Fax: 939-3423
 Web Site: <http://www.southhardin.k12.ia.us>
 School Colors: Black, Silver & Red
 Nickname: Tigers
 Conference: North Iowa Cedar-West
 Superintendent.....Dr. Adam Zellmer
 Phone.....(641)939-5631
 Email.....azellmer@southhardin.org
 Principal.....Mike Rundall
 Phone.....(641)939-3421
 Email.....mrundall@southhardin.org
 Athletic Administrator.....Matt Thompson
 Phone.....(641)939-3421 x1405
 Email.....mthompson@southhardin.org
 Tennis.....Thomas Howe
 Golf.....Matt Thompson
 Girls Golf.....David Akers
 Basketball.....Nathan Gevlinger
 Girls Basketball.....Matt Thompson
 Baseball.....Dick Shindelar
 Girls Softball.....Becky Rosonke
 Wrestling.....Mike Olson
 Football.....Nick Eller
 Girls Volleyball.....Suzy Teske
 Track & Field.....Nick Eller
 Girls Track & Field.....Mike Olson
 Cross Country.....Mike Olson
 Girls Cross Country.....Mike Olson
 Football Cheerleading.....Amy Lepely
 Basketball Cheerleading.....Amy Lepely

Speech Director.....Alex Holt
 Student Council.....Nancy Cook
 Band Director.....Wayne Lu
 Vocal Director.....Patrick Gagnon

SOUTH O'BRIEN, PAULLINA

Street Address: 307 W Groesbeck
 City: Paullina
 Zip Code: 51046
 Mailing Address: 216 S Rutledge St
 City: Paullina
 Zip Code: 51046
 Supt. St Address: 216 S Rutledge St
 Supt. City: Paullina
 Supt. Zip: 51046
 County: O'Brien
 Area Code: 712
 School Phone: 949-3454
 HS Fax: 949-3453
 AD Fax: 949-2149
 Web Site: <http://www.soswolverines.org>
 School Colors: Black & Silver
 Nickname: Wolverines
 Conference: War Eagle
 Superintendent.....Daniel Moore
 Phone.....(712)949-2115
 Email.....dmoore@soswolverines.org
 Principal.....Steven Bruder
 Phone.....(712)949-3454
 Email.....sbruder@soswolverines.org
 Athletic Administrator.....Kent De Zeeuw
 Phone.....(712)949-3454 x0114
 Email.....kdezeeuw@soswolverines.org
 Golf.....Heath Reichle
 Girls Golf.....Kris Faust
 Basketball.....Kiley Yates
 Girls Basketball.....Erica Dreckman
 Baseball.....TBD
 Girls Softball.....Heather Struve
 Football.....Mark Fuhrman
 Girls Volleyball.....Cortney Roskamp
 Track & Field.....Brant Goodchild
 Girls Track & Field.....TBD
 Cross Country.....Andrew Lichter
 Girls Cross Country.....Andrew Lichter
 Football Cheerleading.....Jessica Watkins
 Basketball Cheerleading.....Jessica Watkins
 Speech Director.....Becky Wester
 Student Council.....Kim Poeckes
 Band Director.....Jared Lancaster
 Vocal Director.....John Krager

SOUTH PAGE, COLLEGE SPRINGS

Street Address: 606 Iowa Ave
 City: College Springs
 Zip Code: 51637
 Mailing Address: PO Box 98
 City: College Springs
 Zip Code: 51637
 Supt. St Address: PO Box 98
 Supt. City: College Springs
 Supt. Zip: 51637
 County: Page
 Area Code: 712
 School Phone: 582-3212
 HS Fax: 582-3217
 AD Fax: 582-3217
 Web Site: <http://www.southpageschools.com/>
 School Colors: Black & White
 Nickname: Rebels
 Conference: Corner

Superintendent.....Tim Hood
 Phone.....(712)582-3212
 Email.....thood@southpageschools.com
 Admin Asst.....Pat Behrhorst
 Phone.....(712)582-3212
 Email.....pbehr@southpageschools.com
 Principal.....Rhonda Sheldon
 Phone.....(712)582-3211
 Email.....rsheldon@southpageschools.com
 Athletic Administrator.....Curtis Maassen
 Phone.....(712)582-3211
 Email.....cmaassen@southpageschools.com
 Golf.....Ron Iles
 Basketball.....TBD
 Girls Basketball.....TBD
 Baseball.....Jess Baker
 Football.....Tyler Stevens, Zac Stevens
 Girls Volleyball.....Karen Guthrie
 Track & Field.....Curtis Maassen
 Girls Track & Field.....Alyssa Biery
 Basketball Cheerleading.....LeAnn Mackey
 Speech Director.....Karen Guthrie
 Student Council.....LeAnn Mackey
 Band Director.....Cindy McCall
 Vocal Director.....Cindy McCall

SOUTH TAMA COUNTY, TAMA

Street Address: 1715 Harding St
 City: Tama
 Zip Code: 52339
 Mailing Address: 1715 Harding St
 City: Tama
 Zip Code: 52339
 Supt. St Address: 1702 Harding St
 Supt. City: Tama
 Supt. Zip: 52339
 County: Tama
 Area Code: 641
 School Phone: 484-4345
 HS Fax: 484-5152
 AD Fax: 484-5152
 Web Site: <http://www.s-tama.k12.ia.us>
 School Colors: Columbia Blue & Black
 Nickname: Trojans
 Conference: WaMaC
 Superintendent.....Jared Smith
 Phone.....(641)484-4811
 Email.....jsmith@s-tama.k12.ia.us
 Admin Asst.....Connie Cooper
 Phone.....(641)484-4811
 Email.....ccooper@s-tama.k12.ia.us
 Principal.....Roy Frakes
 Phone.....(641)484-4345 x6002
 Email.....rfrakes@s-tama.k12.ia.us
 Asst/Assoc/Vice-Principal.....Brent Bagnall
 Phone.....(641)484-4345 x6003
 Email.....bbagnall@s-tama.k12.ia.us
 Athletic Administrator.....Brent Bagnall
 Phone.....(641)484-4345 x6003
 Email.....bbagnall@s-tama.k12.ia.us
 Co-AD/Assistant.....Levi Hunerdosse
 Phone.....(641)484-4345 x6406
 Email.....lhunerdosse@s-tama.k12.ia.us
 Athletic Secretary.....Julie Hagerty
 Phone.....(641)484-4345 x6001
 Email.....jhagerty@s-tama.k12.ia.us
 Sports Medicine Provider.....Jill Kienzlie
 Tennis.....Andrea Rutledge
 Girls Tennis.....Steve Bearden
 Golf.....Nathan Doran
 Girls Golf.....Deanna Zmolek

Basketball.....Dustin Peska
 Girls Basketball..... Todd Dale
 Baseball..... Seth Koch
 Girls Softball.....Chelsea Ahrens
 Wrestling..... Nate Van Dyke
 Football.....Nate Doran
 Girls Volleyball..... Samantha Holtz
 Track & Field.....Dan Mayo
 Girls Track & Field..... Levi Hunnerdosse
 Cross Country.....Robert Tyynismaa
 Girls Cross Country.....Robert Tyynismaa
 Soccer..... NateVanDyke
 Girls Soccer..... Noah Schmelzer
 Football Cheerleading.....Chris Drummer
 Basketball Cheerleading.....Allison Graham
 Wrestling Cheerleading.....Chris Drummer
 Speech Director.....Dixie Forcht
 Student Council.....Emily Chyma
 Band Director.....Mike Carnahan
 Vocal Director.....Chris McFate

SOUTH WINNESHIEK, CALMAR

Street Address: 203 W South St
 City: Calmar
 Zip Code: 52132
 Mailing Address: PO Box 430
 City: Calmar
 Zip Code: 52132
 Supt. St Address: PO Box 430
 Supt. City: Calmar
 Supt. Zip: 52132
 County: Winneshiek
 Area Code: 563
 School Phone: 562-3269
 HS Fax: 562-3228
 AD Fax: 562-3228
 Web Site: <http://www.s-winneshiek.k12.ia.us>
 School Colors: Scarlet & Silver
 Nickname: Warriors
 Conference: Upper Iowa
 Superintendent..... Kris Einck
 Phone.....(563)562-3269 x110
 Email.....keinck@swinn.k12.ia.us
 Principal..... Kris Einck
 Phone.....(563)562-3226 x103
 Email.....keinck@swinn.k12.ia.us
 Athletic Administrator..... Jason Halverson
 Phone.....(563)532-9365
 Email.....jhalverson@swinn.k12.ia.us
 Co-AD/Assistant.....Bruce Gullickson
 Phone.....(563)562-3269 x113
 Email.....bgullickson@swinn.k12.ia.us
 Sports Medicine Provider..... Winneshiek Medical Center
 Golf..... Michael Wenthold
 Girls Golf..... Glenna Munuswamy
 Basketball.....Blake Moen
 Girls Basketball.....Kayla Ross
 Baseball.....Alex Smith
 Girls Softball.....Jeff Krueger
 Wrestling.....Jacob Elsbernd
 Football..... Jason Ohrt
 Girls Volleyball..... Glenna Munuswamy
 Track & Field..... Scott Conway
 Girls Track & Field.....Kevin Kearney
 Cross Country..... Scott Conway
 Girls Cross Country.....Kevin Kearney
 Football Cheerleading.....Sara Schmitt
 Basketball Cheerleading.....Sara Schmitt
 Wrestling Cheerleading.....Kendal Kuboushek
 Speech Director.....Kurt Straube
 Student Council.....Glenna Munuswamy
 Band Director.....Nathan Miller

Vocal Director..... Connie Formanek

SOUTEAST POLK

Street Address: 7945 NE University Ave
 City: Pleasant Hill
 Zip Code: 50327
 Mailing Address: 7945 NE University Ave
 City: Pleasant Hill
 Zip Code: 50327
 Supt. St Address: 8379 NE University Ave
 Supt. City: Pleasant Hill
 Supt. Zip: 50327
 County: Polk
 Area Code: 515
 School Phone: 967-2944
 HS Fax: 957-3498
 AD Fax: 957-3498
 Web Site: <http://www.southeastpolk.org>
 School Colors: Black & Gold
 Nickname: RAMS
 Conference: CIML-CIC Iowa
 Superintendent.....Dirk Halupnik
 Phone.....(515)967-4294 x1005
 Email.....dirk.halupnik@southeastpolk.org
 Asst/Assoc Supt.....Joe Horton
 Phone.....(515)967-4294 x1003
 Email.....joseph.horton@southeastpolk.org
 Admin Asst.....Karen Haines
 Phone.....(515)967-4294 x1006
 Email.....karen.haines@southeastpolk.org
 Executive Coordinator..... Dr. Margi Belger
 Phone.....(515)967-4294
 Email.....margi.belger@southeastpolk.org
 Principal.....Steve Pettit
 Phone.....(515)967-6631 x2005
 Email.....stephen.pettit@southeastpolk.org
 Asst/Assoc/Vice-Principal.....John Steffen
 Phone.....(515)967-6631 x2008
 Email.....john.steffen@southeastpolk.org
 Asst/Assoc/Vice-Principal.....Glenn Dietzenbach
 Phone.....(515)967-6631 x2006
 Email.....glenn.dietzenbach@southeastpolk.org
 Asst/Assoc/Vice-Principal.....Scott Belger
 Phone.....(515)967-6631 x2007
 Email.....scott.belger@southeastpolk.org
 Asst/Assoc/Vice-Principal.....Mike Dailey
 Phone.....(515)967-6631
 Email.....michael.dailey@southeastpolk.org
 Athletic Administrator.....Jayson Campbell
 Phone.....(515)957-3471
 Email.....jayson.campbell@southeastpolk.org
 Co-AD/Assistant.....Darrin Carpenter
 Phone.....(515)967-6631 x2401
 Email.....darrin.carpenter@southeastpolk.org
 Athletic Secretary.....Ashley Allen
 Phone.....(515)967-2944
 Email.....ashley.allen@southeastpolk.org
 Sports Medicine Provider..... Devin Shannon, LAT
 (Athletico Physical Therapy)
 Tennis.....Richard Beattie
 Girls Tennis.....Josh Cervený
 Golf.....Scott Powell
 Girls Golf.....Troy Schwemm
 Basketball.....Alan Jenkins
 Girls Basketball.....Tracy Dailey
 Swimming.....Adam Schulte
 Girls Swimming.....Adam Schulte
 Baseball.....Dave Hartman
 Girls Softball.....Tia Stiles
 Wrestling.....Jason Christenson
 Football.....Brad Zelenovich
 Girls Volleyball.....Matt Parker

Track & Field.....Jason Nolting
 Girls Track & Field.....Chad Willeford
 Cross Country.....Pat Owens
 Girls Cross Country.....Chad Willeford
 Soccer.....Hidajet Tica
 Girls Soccer.....LeGrand Bien-Aime
 Bowling.....Jeff Hart
 Girls Bowling.....Jeff Hart
 Football Cheerleading.....Jenny Rinehart
 Basketball Cheerleading.....Jenny Rinehart
 Wrestling Cheerleading.....Marci Keesee
 Speech Director.....Julene Pappan
 Student Council.....Shannon Stusse-Grote
 Band Director(s).....Jayson Gerth, Jacqui Meunier
 Vocal Director.....Jamie Logan

SOUTEAST VALLEY, GOWRIE

Street Address: 1005 Riddle
 City: Gowrie
 Zip Code: 50543
 Mailing Address: PO Box 49
 City: Gowrie
 Zip Code: 50543
 Supt. St Address: 1005 Riddle St
 Supt. City: Gowrie
 Supt. Zip: 50543
 County: Webster
 Area Code: 515
 School Phone: 352-3142
 HS Fax: 352-3143
 AD Fax: 352-5576
 Web Site: <http://www.southeastvalley.org>
 School Colors: Black, Teal, & Metallic Silver
 Nickname: Jaguars
 Conference: Twin Lakes
 Superintendent.....Brian Johnson
 Phone.....(515)352-5575
 Email.....bjohnson@svjags.org
 Principal.....Kerry Ketcham
 Phone.....(515)352-3142
 Email.....kketcham@svjags.org
 Athletic Administrator.....Brian Hanson
 Phone.....(515)352-3102
 Email.....bhanson@svjags.org
 Athletic Secretary.....Aimee Jackson
 Phone.....(515)352-3142
 Email.....ajackson@svjags.org
 Sports Medicine Provider.....Megan Davis
 Golf.....Shawn Blunk
 Girls Golf.....Mike Conrad
 Basketball.....Kyle Johnson
 Baseball.....Bryan Bachel, Brad Anderson
 Girls Softball.....Heather Lundberg
 Wrestling.....Jeff Miller
 Football.....Mike Swieter
 Girls Volleyball.....Kristi Castenson
 Track & Field.....Travis Nuss
 Girls Track & Field.....Mike Swieter
 Cross Country.....Travis Nuss
 Girls Cross Country.....Travis Nuss
 Football Cheerleading.....Jen Eckert
 Basketball Cheerleading.....Rebecca Fiala
 Wrestling Cheerleading.....Stephanie Blunk
 Speech Director(s).....Ruth Nellis, Britney Geisler
 Student Council.....Sherry Vogel
 Band Director.....Emma Schmidt
 Vocal Director.....Brandon Louis

SOUTEAST WARREN, LIBERTY CENTER

Street Address: 16331 Tyler St
 City: Liberty Center
 Zip Code: 50145

Mailing Address: PO Box 19
 City: Liberty Center
 Zip Code: 50145
 Supt. St Address: PO Box 19
 Supt. City: Liberty Center
 Supt. Zip: 50145
 County: Warren
 Area Code: 641
 School Phone: 466-3331
 HS Fax: 466-3525
 AD Fax: 466-3525
 Web Site: <http://www.se-warren.k12.ia.us>
 School Colors: Kelly Green & White
 Nickname: Warhawks
 Conference: Pride of Iowa
 Superintendent..... Delane Galvin
 Phone..... (641)466-3510
 Email..... delane.galvin@se-warren.k12.ia.us
 Admin Asst..... LuAnn Ohnemus
 Phone..... (641)466-3510 x228
 Email..... luann.ohnemus@se-warren.k12.ia.us
 Principal..... Delane Galvin
 Phone..... (641)466-3331
 Email..... delane.galvin@se-warren.k12.ia.us
 Asst/Assoc/Vice-Principal..... John Burrell
 Phone..... (641)466-3331
 Email..... john.burrell@se-warren.k12.ia.us
 Asst/Assoc/Vice-Principal..... Scott Dirkx
 Phone..... (641)466-3331
 Email..... Scott.dirkx@se-warren.k12.ia.us
 Athletic Administrator..... Blake Cruikshank
 Phone..... (641)466-3331 x106
 Email..... blake.cruikshank@se-warren.k12.ia.us
 Co-AD/Assistant..... Shane Rowlands
 Phone..... (641)466-3331
 Email..... shane.rowlands@se-warren.k12.ia.us
 Athletic Secretary..... LuAnn Ohnemus
 Phone..... (641)466-3510 x228
 Email..... luann.ohnemus@se-warren.k12.ia.us
 Sports Medicine Provider..... Tori Ogden
 Golf..... Alex Rodgers
 Girls Golf..... Alex Rodgers
 Basketball..... John Burrell
 Girls Basketball..... Shane Rowlands
 Baseball..... Eddie Kraber
 Girls Softball..... Cody Reynolds
 Football..... Shane Rowlands
 Girls Volleyball..... Jodi Clendenen
 Girls Track & Field..... Nathan Bauer
 Cross Country..... Jim Carr
 Girls Cross Country..... Jim Carr
 Bowling..... Andrea Benjamin
 Girls Bowling..... Andrea Benjamin
 Football Cheerleading..... Krissy Merfeld
 Basketball Cheerleading..... NO CHEER
 Wrestling Cheerleading..... Krissy Merfeld
 Speech Director..... Fran Isley
 Student Council..... Megan Birchette
 Band Director..... Deon Walker
 Vocal Director..... Deon Walker

SOUTHWEST VALLEY

Street Address: 904 8th Street
 City: Corning
 Zip Code: 50841
 Mailing Address: 904 8th Street
 City: Corning
 Zip Code: 50841
 Supt. St Address: 904 8th Street
 Supt. City: Corning
 Supt. Zip: 50841
 County: Adams

Area Code: 641
 School Phone: 322-4242
 HS Fax: 322-5149
 AD Fax: 322-5149
 Web Site: <http://www.southwestvalley.org>
 School Colors: Black, Silver, Teal
 Nickname: Timberwolves
 Conference: Pride of Iowa
 Superintendent..... Chris Fenster
 Phone..... (641)322-4245 x225
 Email..... cfenster@corningcsd.org
 Admin Asst..... Tina Boswell
 Phone..... (641)322-4242 x221
 Email..... tboswell@corningcsd.org
 Principal..... Anthony Donahoo
 Phone..... (641)322-4245 x222
 Email..... adonahoo@corningcsd.org
 Athletic Administrator..... Allen Naugle
 Phone..... (641)322-4020
 Email..... anaugle@corningcsd.org
 Co-AD/Assistant..... Anthony Jones
 Phone..... (712)826-2552 x204
 Email..... ajones@villiscaschools.org
 Athletic Secretary..... Mikalah Sonntag
 Phone..... (641)322-4245
 Email..... msonntag@corningcsd.org
 Sports Medicine Provider..... Megan Birchard, LAT, ATC
 (Greater Regional Medical Center)
 Golf..... Cindy Drake
 Girls Golf..... Cindy Drake
 Basketball..... Kyle Bashor
 Girls Basketball..... Michael Webb
 Wrestling..... Cody Konecne
 Football..... Anthony Donahoo
 Girls Volleyball..... Lindsay Wetzel
 Track & Field..... Cameron Kiner
 Girls Track & Field..... Jason Hults
 Cross Country..... Jason Hults
 Girls Cross Country..... Jason Hults
 Football Cheerleading..... Tonya Inman
 Basketball Cheerleading..... Christine McAlpin
 Wrestling Cheerleading..... Melodie Winkler
 Student Council..... Lindsay Wetzel
 Band Director..... Shelby Cooper
 Vocal Director..... Mindy Docker

SPENCER

Street Address: 800 E 3rd St
 City: Spencer
 Zip Code: 51301
 Mailing Address: PO Box 200
 City: Spencer
 Zip Code: 51301
 Supt. St Address: PO Box 200
 Supt. City: Spencer
 Supt. Zip: 51301
 County: Clay
 Area Code: 712
 School Phone: 262-1700
 HS Fax: 262-5704
 AD Fax: 262-5704
 Web Site: <http://www.spencerschools.org/>
 School Colors: Purple & Gold
 Nickname: Tigers
 Conference: Lakes
 Superintendent..... Terry Hemann
 Phone..... (712)262-8950
 Email..... themann@spencerschools.org
 Admin Asst..... Laura Wakefield
 Phone..... (712)262-8950 x1010
 Email..... lwakefield@spencerschools.org

Principal..... Eli Wiemers
 Phone..... (712)262-1700
 Email..... ewiemers@spencerschools.org
 Asst/Assoc/Vice-Principal..... Marty Fonley
 Phone..... (712)262-1700
 Email..... mfonley@spencerschools.org
 Athletic Administrator..... Taylor Chapman
 Phone..... (712)262-1700 x2006
 Email..... tchapman@spencerschools.org
 Athletic Secretary..... Kelly Kuehler
 Phone..... (712)262-1700 x2001
 Email..... kkuehler@spencerschools.org
 Sports Medicine Provider..... Jason Hough, MD
 (Northwest Iowa Bone & Joint)
 Tennis..... Joe Steele
 Girls Tennis..... Bob Schlaeger
 Golf..... Marc Bruning
 Girls Golf..... Nate Wendt
 Basketball..... Kory Petzenhauser
 Girls Basketball..... Matt Stevenson
 Swimming..... Katie Chapman
 Girls Swimming..... Amie Lawrence
 Baseball..... Brian Dirkx
 Girls Softball..... Tara Hauschen
 Wrestling..... Adam Gress
 Football..... Jim Tighe
 Girls Volleyball..... Tara Hauschen
 Track & Field..... Kurt Bauermeister
 Girls Track & Field..... Al Pierce
 Cross Country..... Kurt Bauermeister
 Girls Cross Country..... Kurt Bauermeister
 Soccer..... Nick Erdman
 Girls Soccer..... John Hansel
 Football Cheerleading..... Kait Huss
 Basketball Cheerleading..... Gracie Damann
 Wrestling Cheerleading..... Shante Whalen
 Speech Director..... Becky Koenig
 Student Council..... Marty Fonley
 Band Director..... Kurt Schwarck
 Vocal Director..... Katie Kardell

SPIRIT LAKE

Street Address: 2701 Hill Ave
 City: Spirit Lake
 Zip Code: 51360
 Mailing Address: 2701 Hill Ave
 City: Spirit Lake
 Zip Code: 51360
 Supt. St Address: 2701 Hill Ave
 Supt. City: Spirit Lake
 Supt. Zip: 51360
 County: Dickinson
 Area Code: 712
 School Phone: 336-2820
 HS Fax: 336-4641
 Web Site: <http://www.spiritlakecsd.org>
 School Colors: Red & Black
 Nickname: Indians
 Conference: Lakes
 Superintendent..... Dr. David Smith
 Phone..... (712)336-2820 x3000
 Email..... dsmith@spirit-lake.k12.ia.us
 Admin Asst..... Donna Sebert
 Phone..... (712)336-2820 x3020
 Email..... dsebert@spirit-lake.k12.ia.us
 Principal..... Casey O'Rourke
 Phone..... (712)336-3707 x2000
 Email..... corourke@spirit-lake.k12.ia.us
 Asst/Assoc/Vice-Principal..... Josh Bolluyt
 Phone..... (712)336-3707 x1280
 Email..... jdbolluyt@spirit-lake.k12.ia.us

Athletic Administrator..... Rachel Fisher
 Phone..... (712)336-3707 x1960
 Email..... rfisher@spirit-lake.k12.ia.us
 Sports Medicine Provider..... TBD
 Tennis..... Dan Taylor
 Girls Tennis..... Robert O'Hara
 Golf..... Robert Kirchner
 Girls Golf..... Lucas Doxtad
 Basketball..... Paul Brown
 Girls Basketball..... Naethan Hoaglund
 Baseball..... Ross Ackerman
 Girls Softball..... Rachel Gerking
 Wrestling..... Andrew Lundgren
 Football..... Joshua Bolluyt
 Girls Volleyball..... Beau Dielschneider
 Track & Field..... Brad Travis
 Girls Track & Field..... Tim Heinitz
 Cross Country..... Tim Heinitz
 Girls Cross Country..... Tim Heinitz
 Soccer..... Alan Ditsworth, Scott Dodge
 Football Cheerleading..... Jessica Vancura
 Basketball Cheerleading..... Jessica Baliey
 Wrestling Cheerleading..... Marcy Toews, Matti Mitchell
 Speech Director..... Kimberly Sierck
 Student Council..... Roland Schmidt
 Band Director..... Tyler Pedersen
 Vocal Director..... Luke Miller

SPRINGVILLE

Street Address: 400 Academy St
 City: Springville
 Zip Code: 52336
 Mailing Address: 400 Academy St
 City: Springville
 Zip Code: 52336
 Supt. St Address: 400 Academy St
 Supt. City: Springville
 Supt. Zip: 52336
 County: Linn
 Area Code: 319
 School Phone: 854-6196
 HS Fax: 854-6199
 AD Fax: 854-6199
 Web Site: <http://www.springville.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Orioles
 Conference: Tri Rivers
 Superintendent..... Pat Hocking
 Phone..... (319)854-6197 x1001
 Email..... phocking@springville.k12.ia.us
 Admin Asst..... Barb Hennings
 Phone..... (319)854-6196 x1000
 Email..... bhennings@springville.k12.ia.us
 Principal..... Nick Merritt
 Phone..... (319)854-6196 x1022
 Email..... nmerritt@springville.k12.ia.us
 Athletic Administrator..... Joe Martin
 Phone..... (319)854-6196 x1005
 Email..... jmartin@springville.k12.ia.us
 Co-AD/Assistant..... Shannon Robertson
 Phone..... (319)854-6196 x1402
 Email..... srobertson@springville.k12.ia.us
 Athletic Secretary..... Barb Hennings
 Phone..... (319)854-6196 x1000
 Email..... bhennings@springville.k12.ia.us
 Golf..... Austin Neuendorf
 Girls Golf..... Austin Neuendorf
 Basketball..... Nick Merritt
 Girls Basketball..... Christina Zaruba
 Baseball..... Tony Dlouhy
 Girls Softball..... Laura Riley

Football..... Joe Martin
 Girls Volleyball..... Claude Howard
 Track & Field..... Tyler Husak
 Girls Track & Field..... Steve Pershing
 Cross Country..... Steve Pershing
 Girls Cross Country..... Steve Pershing
 Football Cheerleading..... Angel Chizek
 Basketball Cheerleading..... Angel Chizek
 Speech Director..... Josh Stoll
 Student Council..... Austin Neuendorf
 Band Director..... Andrew Escalante
 Vocal Director..... Ryan Batisto

ST. ALBERT, COUNCIL BLUFFS

Street Address: 400 Gleason Ave
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 400 Gleason Ave
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 400 Gleason Ave
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 328-2316
 HS Fax: 328-8316
 AD Fax: 328-8316
 Web Site: <http://www.saintalbertschools.org>
 School Colors: Green & Gold
 Nickname: Falcons & Saints
 Conference: Hawkeye Ten
 Superintendent..... Vernon Dobelmann
 Phone..... (712)328-2316 x211
 Email..... dobemannv@saintalbertschools.org
 Principal..... Katie Grudle
 Phone..... (712)328-2316 x211
 Email..... grudlek@saintalbertschools.org
 Asst/Assoc/Vice-Principal..... Ken Schreiber
 Phone..... (712)328-2316 x210
 Email..... schreiberk@saintalbertschools.org
 Asst/Assoc/Vice-Principal..... Angela Whitfield
 Phone..... (712)328-2316
 Email..... whitfielda@saintalbertschools.org
 Asst/Assoc/Vice-Principal..... Pat Ryan
 Phone..... (712)328-2316
 Email..... ryanp@saintalbertschools.org
 Athletic Administrator..... Ken Schreiber
 Phone..... (712)328-2316 x210
 Email..... schreiberk@saintalbertschools.org
 Athletic Secretary..... Libby Cerny
 Phone..... (712)328-2316
 Email..... hsoffice@saintalbertschools.org
 Sports Medicine Provider..... Nick Finken, LAT
 (Jennie Edmundson Sports Medicine)
 Tennis..... Doug Stuva
 Girls Tennis..... Teri Miller
 Golf..... Mike Klusman
 Girls Golf..... Mike Klusman
 Basketball..... Larry Peterson
 Girls Basketball..... Dick Wettengel
 Baseball..... Duncan Patterson
 Girls Softball..... Lyndsay Daley
 Wrestling..... Jeremy Hulshizer, Devon Yeoman
 Football..... Pat Ryan
 Girls Volleyball..... Angie Lantz
 Track & Field..... Russ Sidelar
 Girls Track & Field..... Theresa Van Soelen
 Cross Country..... Russ Sidelar
 Girls Cross Country..... Russ Sidelar
 Soccer..... Tom Lorkovic

Girls Soccer..... Chris Hughes
 Bowling..... Ken Mehsling
 Girls Bowling..... Ken Mehsling
 Football Cheerleading..... Jenna Dunn
 Basketball Cheerleading..... Jenna Dunn
 Wrestling Cheerleading..... Jenna Dunn
 Speech Director..... Brian Peterson
 Student Council..... Ann Combs
 Band Director..... Timothy Radermacher
 Vocal Director..... Ellen Tjaden

ST. EDMOND, FORT DODGE

Street Address: 2220 4th Ave N
 City: Fort Dodge
 Zip Code: 50501
 Mailing Address: 2220 4th Ave N
 City: Fort Dodge
 Zip Code: 50501
 Supt. St Address: 2220 4th Ave N
 Supt. City: Fort Dodge
 Supt. Zip: 50501
 County: Webster
 Area Code: 515
 School Phone: 955-5850
 HS Fax: 955-3569
 AD Fax: 955-3569
 Web Site: <http://www.st-edmond.com>
 School Colors: Kelly Green & White
 Nickname: Gaels
 Conference: North Central
 Superintendent..... Patty Lansink
 Phone..... (712)233-7535
 Email..... patty@scdiocese.org
 Asst/Assoc Supt..... Mary Gibb
 Phone..... (515)955-6077 x2026
 Email..... gibbm@st-edmond.com
 Principal..... Linda Mitchell
 Phone..... (515) 955-5850 x2254
 Email..... mitchelli@st-edmond.com
 Asst/Assoc/Vice-Principal..... Steve Neuberger
 Phone..... (515)955-5850
 Email..... neubergers@st-edmond.pvt.k12.ia.us
 Athletic Administrator..... Steve Neuberger
 Phone..... (515)955-5850 x3219
 Email..... neubergers@st-edmond.com
 Athletic Secretary..... Nancy Richman
 Phone..... (515)955-5850 x3003
 Email..... richmann@st-edmond.com
 Sports Medicine Provider..... CNOS
 Tennis..... Jacob Short
 Girls Tennis..... TBD
 Golf..... TBD
 Girls Golf..... Kelsey Felch
 Basketball..... Adolph Kochendorfer
 Girls Basketball..... Steve Neuberger
 Baseball..... Mike Szalat
 Girls Softball..... Nick Clark
 Wrestling..... Eugene Carlson
 Football..... Matt Dillon
 Girls Volleyball..... Dee Huss
 Track & Field..... Donn Larson
 Girls Track & Field..... Monica Shelly
 Cross Country..... Mike Szalat
 Girls Cross Country..... Mike Szalat
 Football Cheerleading..... Amber Barwin
 Basketball Cheerleading..... Amber Barwin
 Wrestling Cheerleading..... Amber Barwin
 Speech Director..... TBD
 Student Council..... Mike Szalat
 Band Director..... Michelle Curtis
 Vocal Director..... Ben Wegner

ST. MARY'S, REMSEN

Street Address: 523 Madison St
 City: Remsen
 Zip Code: 51050
 Mailing Address: PO Box 500
 City: Remsen
 Zip Code: 51050
 Supt. St Address: 1821 Jackson St, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Plymouth
 Area Code: 712
 School Phone: 786-1433
 HS Fax: 786-2499
 AD Fax: 786-2499
 Web Site: <http://www.rsmschools.org>
 School Colors: Royal Blue & White
 Nickname: Hawks
 Conference: War Eagle

Superintendent Patty Lansink
 Phone (712)233-7527
 Email patty@scdiocese.org
 Executive Coordinator Father Bill McCarthy
 Phone (712)786-1437
 Principal Patty Lansink
 Phone (712)786-1433
 Email lsinkp@rsmschools.org
 Athletic Administrator Brenda Ortmann
 Phone (712)786-1433
 Email ortmannb@rsmschools.org
 Athletic Secretary Connie Kellen
 Phone (712)786-1433
 Email kellenc@rsmschools.org
 Sports Medicine Provider LeMars Physical Therapy
 Golf Tim Osterman
 Girls Golf Sue Klein
 Basketball Justin Ruden
 Girls Basketball Scott Willman
 Baseball Dean Harpenau, Jim Wesselmann
 Girls Softball Monte Harpenau
 Football Zach Arnold
 Girls Volleyball Alex Willman
 Track & Field Scott Willman
 Girls Track & Field Scott Willman
 Cross Country Scott Willman
 Girls Cross Country Scott Willman
 Football Cheerleading Dalaney Colling
 Speech Director Kim Phillips
 Band Director Kathy Brandt
 Vocal Director Kathy Brandt

ST. MARY'S, STORM LAKE

Street Address: 312 Seneca St
 City: Storm Lake
 Zip Code: 50588
 Mailing Address: 312 Seneca St
 City: Storm Lake
 Zip Code: 50588
 Supt. St Address: 1821 Jackson St, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Buena Vista
 Area Code: 712
 School Phone: 732-4166
 HS Fax: 732-4590
 AD Fax: 732-4590
 Web Site: <http://www.stmarys-storm.pvt.k12.ia.us>
 School Colors: Black & White
 Nickname: Panthers
 Conference: Twin Lakes

Superintendent Patty Lansink
 Phone (712)732-7527
 Email patty@scdiocese.org
 Asst/Assoc Supt Fr. Brent Lingle
 Phone (712)732-3110
 Email blingle@stormlakecatholic.com
 Admin Asst Sara Sennert
 Phone (712)732-4166
 Email ssennert@stmarys-storm.pvt.k12.ia.us
 Principal Ryan Berg
 Phone (712)732-4166
 Email rberg@stmarys-storm.pvt.k12.ia.us
 Athletic Administrator Alex Schwing
 Phone (712)732-4166
 Email aschwing@stmarys-storm.pvt.k12.ia.us
 Golf Herb Besaw
 Girls Golf Lynn Hardt
 Basketball Kennedy Drey
 Girls Basketball Derek Varner
 Baseball Paul Tedesco
 Girls Softball Shane Schreck
 Girls Volleyball Marissa Promes
 Track & Field Derek Varner
 Girls Track & Field Derek Varner
 Basketball Cheerleading Victoria Stille
 Speech Director Deb Peters
 Student Council Anne Dahlhauser
 Band Director Gayle Strom
 Vocal Director Gayle Strom

STANTON

Street Address: 605 Elliott
 City: Stanton
 Zip Code: 51573
 Mailing Address: P.O. Box 400
 City: Stanton
 Zip Code: 51573
 Supt. St Address: PO Box 400
 Supt. City: Stanton
 Supt. Zip: 51573
 County: Montgomery
 Area Code: 712
 School Phone: 829-2162
 HS Fax: 829-2164
 AD Fax: 829-2164
 Web Site: <http://www.stantonschools.com>
 School Colors: Purple & White
 Nickname: Vikings/Viqueens
 Conference: Corner
 Superintendent Dave Gute
 Phone (712)829-2162
 Email dgute@stantonschools.com
 Principal Kevin Blunt
 Phone (712)829-2162
 Email kblunt@stantonschools.com
 Athletic Administrator Kevin Blunt
 Phone (712)829-2162
 Email kblunt@stantonschools.com
 Co-AD/Assistant Jake Lord
 Phone (712)829-2162
 Email jlord@stantonschools.com
 Athletic Secretary Tammy Boyer
 Phone (712)829-2162
 Email tboyer@stantonschools.com
 Sports Medicine Provider Montgomery Memorial Hosp.
 Basketball Kevin Blunt, Dave Snyder
 Girls Basketball Dave Snyder
 Baseball Jason Hart, Alex Cabbage
 Girls Softball Lacey Stephens, Brandy McFarland
 Football Jeff Grebin

Girls Volleyball Jodi Druivenga
 Track & Field Jeff Grebin
 Girls Track & Field Bruce Subbert
 Cross Country Kevin Blunt
 Girls Cross Country Kevin Blunt
 Football Cheerleading Jana McCunn,
 Shannon Henneman
 Basketball Cheerleading Jana McCunn,
 Shannon Henneman
 Speech Director John Mainquist
 Student Council Dave Snyder
 Band Director Kelsie Schmidt
 Vocal Director Kelsie Schmidt

STARMONT

Street Address: 3202 40th St
 City: Arlington
 Zip Code: 50606
 Mailing Address: 3202 40th St
 City: Arlington
 Zip Code: 50606
 Supt. St Address: 3202 40th St
 Supt. City: Arlington
 Supt. Zip: 50606
 County: Fayette
 Area Code: 563
 School Phone: 933-2218
 HS Fax: 933-2134
 AD Fax: 933-2134
 Web Site: <http://www.starmont.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Stars
 Conference: Upper Iowa
 Superintendent Troy Heller
 Phone (563)933-4598
 Email theller@starmont.k12.ia.us
 Principal Shauna Koppenhaver
 Phone (563)933-2218 x126
 Email skoppenhaver@starmont.k12.ia.us
 Athletic Administrator Chad Whittle
 Phone (563)933-2218 x128
 Email cwhittle@starmont.k12.ia.us
 Athletic Secretary Cathy Smith
 Phone (563)933-2218
 Email csmith@starmont.k12.ia.us
 Golf Darryl Syverson
 Girls Golf Troy Northrop
 Basketball Colton Janssen
 Girls Basketball Jerry Bentley
 Baseball Aaron Coghlan
 Girls Softball Colton Janssen
 Wrestling Jake Munger
 Football Mike Augustine
 Girls Volleyball Robert Goedken
 Track & Field Matt Lee
 Girls Track & Field Charlie Gruman
 Cross Country Charlie Gruman
 Girls Cross Country Charlie Gruman
 Football Cheerleading TBD
 Basketball Cheerleading TBD
 Wrestling Cheerleading Sam Jennerjohn
 Speech Director Amanda Knox
 Student Council Suzy Hamlett
 Band Director Robbie McIntyre
 Vocal Director Allison McIntyre

STORM LAKE

Street Address: 621 Tornado Dr
 City: Storm Lake
 Zip Code: 50588

Mailing Address: PO Box 637
City: Storm Lake
Zip Code: 50588
Supt. St Address: 419 Lake Ave
Supt. City: Storm Lake
Supt. Zip: 50588
County: Buena Vista
Area Code: 712
School Phone: 732-8065
HS Fax: 732-8068
AD Fax: 732-8068
Web Site: <http://www.slcsd.org>
School Colors: Kelly Green & White
Nickname: Tornados
Conference: Lakes

Superintendent.....Dr. Stacey Cole
Phone.....(712)732-8060
Email.....scole@slcsd.org

Asst/Assoc Supt.....Jeff Tollefson
Phone.....(712)732-8065
Email.....jtollefson@slcsd.org

Admin Asst.....Staci Maloy
Phone.....(712)732-8065
Email.....smaloy@slcsd.org

Principal.....Seith Monahan
Phone.....(712)732-8065
Email.....smonahan@slcsd.org

Asst/Assoc/Vice-Principal.....Mike Cameron
Phone.....(712)732-8065
Email.....mcameron@slcsd.org

Athletic Administrator.....Ty Seaman
Phone.....(712)732-8065
Email.....tseaman@slcsd.org

Athletic Secretary.....Staci Maloy
Phone.....(712)732-8065
Email.....smaloy@slcsd.org

Sports Medicine Provider.....Mike Spetman, LAT
(Sports Medicine Northwest)

Tennis.....Sam Lipps
Girls Tennis.....Staci Maloy
Golf.....Andrew Zinn
Girls Golf.....Will Swanson
Basketball.....Heath Stille
Girls Basketball.....Sam Lipps
Girls Swimming.....Lindsay Brown
Baseball.....Ben Seaman
Girls Softball.....Mel Fisher
Wrestling.....Ben Seaman
Football.....Rudy Wieck
Girls Volleyball.....Haley Kohlmeyer
Track & Field.....Justin Mellmann
Girls Track & Field.....Evan Franzmeier
Cross Country.....Justin Mellmann
Girls Cross Country.....Justin Mellmann
Soccer.....Ben Schekirke
Girls Soccer.....Alison Myrtue
Football Cheerleading.....Whitney Davis
Basketball Cheerleading.....Whitney Davis
Wrestling Cheerleading.....Whitney Davis
Speech Director.....Sara Carlson
Student Council.....Kerei Shadlow
Band Director.....Corbet Butler
Vocal Director.....Joanne Tucker
Orchestra Director.....Celia Garner-Prouty

SUMNER-FREDERICKSBURG

Street Address: 802 W 6th Street
City: Sumner
Zip Code: 50674
Mailing Address: 802 W 6th St
City: Sumner
Zip Code: 50674

Supt. St Address: 802 W 6th St
Supt. City: Sumner
Supt. Zip: 50674
County: Bremer
Area Code: 563
School Phone: 578-3341
HS Fax: 578-3424
AD Fax: 578-3424
Web Site: <http://www.sfcougars.org>
School Colors: Navy Blue, Hunter Green, & Vegas Gold
Nickname: Cougars
Conference: NICL East

Superintendent.....Fred Matlage
Phone.....(563)578-3341
Email.....matlagef@sfcougars.k12.ia.us

Principal.....Allan Eckelman
Phone.....(563)578-3341
Email.....eckelmana@sfcougars.k12.ia.us

Athletic Administrator.....Allan Eckelman
Phone.....(563)578-3341
Email.....eckelmana@sfcougars.k12.ia.us

Co-AD/Assistant.....Kurt Volker
Phone.....(563)578-3354
Email.....volkerk@sfcougars.k12.ia.us

Athletic Secretary.....Lindsay Tieskoetter
Phone.....(563)578-3354
Email.....tieskoetterl@sfcougars.k12.ia.us

Sports Medicine Provider.....Ronald L. Ragsdale,
Justin Trainor, PT (Taylor's Physical Therapy)

Golf.....Josh Krueger
Girls Golf.....Josh Krueger
Basketball.....Michael Quigley
Girls Basketball.....Kevin Bergman
Baseball.....Victor Coronado
Girls Softball.....Kevin Bergman
Wrestling.....Jeff Meyer
Football.....Jacob Coyle
Girls Volleyball.....Tori Sorenson
Track & Field.....Dan Leete
Girls Track & Field.....Dan Leete
Cross Country.....Linda Wright
Girls Cross Country.....Linda Wright
Bowling.....Ryan Dougan
Girls Bowling.....Ryan Dougan
Football Cheerleading.....Amy Baker
Basketball Cheerleading.....Amy Baker
Wrestling Cheerleading.....TBD
Speech Director.....Shaylie Stortz
Student Council.....Sarah Bolte
Band Director.....James Wright
Vocal Director.....Noell Reynolds

TIPTON

Street Address: 400 E 6th St
City: Tipton
Zip Code: 52772
Mailing Address: 400 E 6th St
City: Tipton
Zip Code: 52772
Supt. St Address: 400 E 6th St
Supt. City: Tipton
Supt. Zip: 52772
County: Cedar
Area Code: 563
School Phone: 886-6121
HS Fax: 886-2341
AD Fax: 886-2341
Web Site: <http://www.tipton.k12.ia.us>
School Colors: Black & Gold
Nickname: Tigers
Conference: River Valley Conference

Superintendent.....Jason Wester
Phone.....(563)886-6121
Email.....jason.wester@tipton.k12.ia.us

Principal.....Spence Evans
Phone.....(563)886-6027 x1302
Email.....spence.evans@tipton.k12.ia.us

Asst/Assoc/Vice-Principal.....Matt Fouch
Phone.....(563)886-6027
Email.....matt.fouch@tipton.k12.ia.us

Athletic Administrator.....Matt Fouch
Phone.....(563)886-6027 x1107
Email.....matt.fouch@tipton.k12.ia.us

Athletic Secretary.....Michele Gipson
Phone.....(563)886-6121 x1100
Email.....michele.gipson@tipton.k12.ia.us

Sports Medicine Provider.....Progressive Rehab Inc.
Golf.....Heath Hesse
Girls Golf.....Heath Hesse
Basketball.....Matt Fouch
Girls Basketball.....Chad Rezac
Girls Swimming.....Whitney Gehrs
Baseball.....Troy Smock
Girls Softball.....Brooke Williams
Wrestling.....Matt Nerem
Football.....Mark Langenfeld
Girls Volleyball.....Amy Calonder
Track & Field.....David Brondyke
Girls Track & Field.....Jill Engels
Cross Country.....Eric Walsh
Girls Cross Country.....Eric Walsh
Soccer.....Jon Lenhart
Girls Soccer.....Tyler Roos
Football Cheerleading.....Emilie Hein
Speech Director.....McKenna Beck
Student Council.....Stephanie McNeill
Band Director.....Andy Owen
Vocal Director.....Julie Thomas

TREYNOR

Street Address: 102 E Main St
City: Treynor
Zip Code: 51575
Mailing Address: PO Box 369
City: Treynor
Zip Code: 51575
Supt. St Address: PO Box 369
Supt. City: Treynor
Supt. Zip: 51575
County: Pottawattamie
Area Code: 712
School Phone: 487-3804
HS Fax: 487-3332
AD Fax: 487-3332
Web Site: <http://www.treynorschools.org>
School Colors: Red & White
Nickname: Cardinals
Conference: The Western Iowa Conference

Superintendent.....Dr. Mark Hopkins
Phone.....(712)487-3414
Email.....mhopkins@treynorcardinals.org

Principal.....Dr. Mark Hopkins
Phone.....(712)487-3804
Email.....mhopkins@treynorcardinals.org

Athletic Administrator.....Tim Navara
Phone.....(712)487-3804 x1103
Email.....tnavara@treynorcardinals.org

Athletic Secretary.....Danette Blackledge
Phone.....(712)487-3804
Email.....dblackledge@treynorcardinals.org

Sports Medicine Provider.....Josh Bintz, PT, DPT
(Miller Orthopedic Specialists)

Golf.....Thad Nelson

Girls Golf.....Tara Wilkie
Basketball.....Scott Rucker
Girls Basketball.....Joe Chapman
Girls Softball.....Kara Huisman
Wrestling.....Phil Kennedy
Football.....Jeff Casey
Girls Volleyball.....Kim Barents
Track & Field.....Jeff Koenck
Girls Track & Field.....Gail Hartigan
Cross Country.....Dan Schleisman
Girls Cross Country.....Dan Schleisman
Soccer.....Jason McIntosh
Girls Soccer.....Stephanie Lajko
Football Cheerleading.....Nicole Reed
Basketball Cheerleading.....Nicole Reed
Wrestling Cheerleading.....Traci Black
Speech Director.....Julie Showalter
Band Director.....Jeff Schoening
Vocal Director.....Jill Davis

TRI-CENTER, NEOLA

Street Address: 33980 310th St
City: Neola
Zip Code: 51559
Mailing Address: 33980 310th St
City: Neola
Zip Code: 51559
Supt. St Address: 33980 310th St
Supt. City: Neola
Supt. Zip: 51559
County: Pottawattamie
Area Code: 712
School Phone: 485-2257
HS Fax: 485-2411
AD Fax: 485-2402
Web Site: <http://www.tctrojans.org>
School Colors: Black & Gold
Nickname: Trojans
Conference: Western Iowa

Superintendent.....Angela Huseman
Phone.....(712)485-2257 x150
Email.....ahuseman@tctrojans.org
Admin Asst.....Tiffany Campbell
Phone.....(712)485-2257 x170
Email.....tcampbell@tctrojans.org
Principal.....Chad Harder
Phone.....(712)485-2257 x160
Email.....charder@tctrojans.org
Asst/Assoc/Vice-Principal.....Jami Bertelsen
Phone.....(712)485-2257
Email.....jbertelsen@tctrojans.org
Athletic Administrator.....Cassie Harris
Phone.....(712)485-2211 x205
Email.....charris@tctrojans.org
Athletic Secretary.....Nancy Christiansen
Phone.....(712)485-2211 x205
Email.....mssecretary@tctrojans.org
Golf.....Brad Huseman
Girls Golf.....Brad Huseman
Basketball.....Chad Harder
Girls Basketball.....Wendy Lausen
Baseball.....Max Kozeal
Girls Softball.....Josie McMinemee
Wrestling.....Scott Manhart
Football.....Ryan Schroder
Girls Volleyball.....Amy Wingert
Track & Field.....Gene Johnson
Girls Track & Field.....Amy Wingert
Cross Country.....Alexia Cochran
Girls Cross Country.....Alexia Cochran
Soccer.....Josh Calhoon
Girls Soccer.....Jeff Lefebor

Bowling.....Kelly Alfors
Girls Bowling.....Kelly Alfors
Football Cheerleading.....Becky Thomas
Basketball Cheerleading.....Becky Thomas
Wrestling Cheerleading.....TBD
Speech Director.....Vince Baker
Student Council.....Sarah Elliott
Band Director.....Paul Hart
Vocal Director.....Zach Fisher

TRI-COUNTY, THORNBURG

Street Address: 3003 Hwy 22
City: Thornburg
Zip Code: 50255
Mailing Address: P.O. Box 17
City: Thornburg
Zip Code: 50255
Supt. St Address: PO BOX 17
Supt. City: Thornburg
Supt. Zip: 50255
County: Keokuk
Area Code: 641
School Phone: 634-2636
HS Fax: 634-2145
AD Fax: 634-2145
Web Site: <http://www.tri-countyschools.com>
School Colors: Black & Gold
Nickname: Trojans
Conference: SICL

Superintendent.....Chad Straight
Phone.....(641)634-2636 x197
Email.....chad.straight@tri-countyschools.com
Principal.....Jennifer Berg
Phone.....(641)634-2636 x141
Email.....jennifer.berg@tri-countyschools.com
Athletic Administrator.....Scott Edmundson
Phone.....(641)634-2636 x143
Email.....scott.edmundson@tri-countyschools.com
Athletic Secretary.....Shelly Koehn
Phone.....(641)634-2636 x198
Email.....shelly.koehn@tri-countyschools.com
Basketball.....Dylan Springer
Girls Basketball.....Chad Little
Baseball.....Scott Edmundson
Girls Softball.....Chad Little
Football.....Scott Edmundson
Girls Volleyball.....Victoria Heady
Track & Field.....Andy Thomas
Girls Track & Field.....Andy Thomas
Football Cheerleading.....Dara Fisher
Speech Director.....Vince Hrasky
Student Council.....Sabrina Ryan
Band Director.....Melanie Tygart
Vocal Director.....Melanie Tygart

TRINITY CHRISTIAN HIGH SCHOOL

Street Address: 1811 Hayes Ave
City: Hull
Zip Code: 51239
Mailing Address: 1811 Hayes Ave
City: Hull
Zip Code: 51239
Supt. St Address: 1811 Hayes Ave
Supt. City: Hull
Supt. Zip: 51239
County: Sioux
Area Code: 712
School Phone: 439-1921
Web Site: www.trinitychs.org
School Colors: dark green and white
Nickname: Tigers
Conference: War Eagle

Superintendent.....James Regnerus
Email.....jregnerus@trinitychs.org
Principal.....James Regnerus
Email.....jregnerus@trinitychs.org
Athletic Administrator.....Laura Kuiper
Phone.....(712)439-1921
Email.....lkuiper@trinitychs.org
Athletic Secretary.....Lorelei Burgers
Phone.....(712)439-1921
Email.....lburgers@trinitychs.org
Golf.....Kevin Van Engen
Girls Golf.....Kevin Van Engen
Basketball.....Kevin Van Engen
Girls Basketball.....TBD
Baseball.....Chris Cleveringa
Girls Softball.....Kassandra Brummel
Wrestling.....James Regnerus
Girls Volleyball.....Jon Mooy
Cross Country.....Samuel Laning
Girls Cross Country.....Samuel Laning
Girls Soccer.....TBD
Football Cheerleading.....NO CHEER
Basketball Cheerleading.....NO CHEER
Wrestling Cheerleading.....NO CHEER
Speech Director.....Rochelle Bloemendaal
Band Director.....Laura Kuiper
Vocal Director.....Laura Kuiper

TRIPOLI

Street Address: 209 8th Ave SW
City: Tripoli
Zip Code: 50676
Mailing Address: 209 8th Ave SW
City: Tripoli
Zip Code: 50676
Supt. St Address: 209 8th Ave SW
Supt. City: Tripoli
Supt. Zip: 50676
County: Bremer
Area Code: 319
School Phone: 882-4202
HS Fax: 882-3103
AD Fax: 882-3103
Web Site: <http://www.tripoli.k12.ia.us>
School Colors: Orange & Black
Nickname: Panthers
Conference: Iowa Star

Superintendent.....Troy Heller
Phone.....(319)882-4201
Email.....hellert@tripoli.k12.ia.us
Admin Asst.....Kim Block
Phone.....(319)882-4202 x115
Email.....blockk@tripoli.k12.ia.us
Principal.....Jay D. Marley
Phone.....(319)882-4202 x112
Email.....marleyj@tripoli.k12.ia.us
Asst/Assoc/Vice-Principal.....Sarah Figanbaum
Phone.....(319)882-4203
Email.....figanbaums@tripoli.k12.ia.us
Athletic Administrator.....Jay Marley
Phone.....(319)882-4202
Email.....marleyj@tripoli.k12.ia.us
Athletic Secretary.....Kyle Kleman
Phone.....(319)882-4202 x130
Email.....heinemannl@tripoli.k12.ia.us
Sports Medicine Provider.....Destry Sperfslage, ATC
(Taylor Physical Therapy)
Golf.....Joe Urbanek
Girls Golf.....Joe Urbanek
Basketball.....TBD
Girls Basketball.....Erica Ollendieck
Baseball.....Kyle Kleman

Girls Softball.....Bailey Epling
 Wrestling.....Gary Bergmann
 Football.....Joe Urbaneck
 Girls Volleyball.....Courtney Anderson
 Track & Field.....Ray Carlson
 Girls Track & Field.....Matt Hoodjer
 Cross Country.....Matt Hoodjer
 Girls Cross Country.....Matt Hoodjer
 Bowling.....Loren Sommerfelt
 Girls Bowling.....Loren Sommerfelt
 Football Cheerleading.....Karen Stumme
 Basketball Cheerleading.....Karen Stumme
 Speech Director.....Sierra Depping
 Student Council.....Ray Carlson
 Band Director.....Denise Lawrence
 Vocal Director.....Chris McIntyre

TURKEY VALLEY, JACKSON JUNCTION

Street Address: 3219 State Hwy 24
 City: Jackson Junction
 Zip Code: 52171
 Mailing Address: 3219 State Hwy 24
 City: Jackson Junction
 Zip Code: 52171
 Supt. St Address: 3219 State Hwy 24
 Supt. City: Jackson Junction
 Supt. Zip: 52171
 County: Winneshiek
 Area Code: 563
 School Phone: 776-6011
 HS Fax: 776-4271
 AD Fax: 776-4271
 Web Site: <http://www.turkey-v.k12.ia.us>
 School Colors: Scarlet & White
 Nickname: Trojans
 Conference: Upper Iowa
 Superintendent.....Jay Jurrens
 Phone.....(563)776-6011 x1661
 Email.....jjurrens@turkey-v.k12.ia.us
 Principal.....Carol Knoll
 Phone.....(563)776-6011 x1015
 Email.....cknoll@turkey-v.k12.ia.us
 Athletic Administrator.....Dalton Hackman
 Phone.....(563)776-6011 x1013
 Email.....dhackman@turkey-v.k12.ia.us
 Athletic Secretary.....Lindsey Vsetecka
 Phone.....(563)776-6011 x1011
 Email.....lvsetecka@turkey-v.k12.ia.us
 Sports Medicine Provider.....Derek Rausch
 Golf.....John Reicks
 Girls Golf.....John Reicks
 Basketball.....Chris Sullivan
 Girls Basketball.....Carletta Nymeyer
 Baseball.....Dan Stepan
 Girls Softball.....Junior Hackman
 Football.....Mark Scott
 Girls Volleyball.....Ethan Adams
 Track & Field.....Mark Scott
 Girls Track & Field.....Dalton Hackman
 Cross Country.....Sarah Bakula
 Girls Cross Country.....Sarah Bakula
 Football Cheerleading.....Caroline Scheidel
 Basketball Cheerleading.....Tammy Vrzak
 Wrestling Cheerleading.....Tammy Vrzak
 Speech Director.....Michelle Nystel
 Student Council.....Rhonda Drilling
 Band Director.....Melissa Meyer
 Vocal Director.....Alex Gisleson

TWIN CEDARS, BUSSEY

Street Address: 2204 Highway G-71
 City: Bussey

Zip Code: 50044
 Mailing Address: 2204 Highway G71
 City: Bussey
 Zip Code: 50044
 Supt. St Address: 2204 Highway G71
 Supt. City: Bussey
 Supt. Zip: 50044
 County: Marion
 Area Code: 641
 School Phone: 944-5243
 HS Fax: 944-5225
 AD Fax: 944-5225
 Web Site: <http://www.twincedar.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Sabers
 Conference: Bluegrass
 Superintendent.....Brian VanderSluis
 Phone.....(641)944-5241 x221
 Email.....bvandersluis@twincedarscsd.org
 Principal.....Dave Roby
 Phone.....(641)944-5243 x225
 Email.....droby@twincedarscsd.org
 Athletic Administrator.....Trent Verwers
 Phone.....(641)944-5241 x225
 Email.....tverwers@twincedarscsd.org
 Athletic Secretary.....Bradley Hammann
 Phone.....(641)944-5241 x280
 Email.....bhammann@twincedarscsd.org
 Basketball.....Blake McWilliams
 Girls Basketball.....Trent Verwers
 Baseball.....Mark Schroeder
 Girls Softball.....Zack Dunkin
 Football.....Cameron Parker
 Girls Volleyball.....Randie Gist
 Track & Field.....Trent Verwers
 Girls Track & Field.....Cameron Parker
 Cross Country.....Trent Verwers
 Girls Cross Country.....Trent Verwers
 Football Cheerleading.....Arianna Jamieson
 Speech Director.....Lauren Gangel
 Student Council.....Leann Sanders
 Band Director.....Nathan Smith
 Vocal Director.....Nathan Smith

UNDERWOOD

Street Address: 629 North St
 City: Underwood
 Zip Code: 51576
 Mailing Address: PO Box 130
 City: Underwood
 Zip Code: 51576
 Supt. St Address: PO Box 130
 Supt. City: Underwood
 Supt. Zip: 51576
 County: Pottawattamie
 Area Code: 712
 School Phone: 566-2703
 HS Fax: 566-2712
 AD Fax: 566-2070
 Web Site: <http://www.underwoodeagles.org>
 School Colors: Royal Blue & White
 Nickname: Eagles
 Conference: Western Iowa
 Superintendent.....Ed Hawks
 Phone.....(712)566-2332
 Email.....ehawks@underwoodschools.org
 Principal.....Matt McDonough
 Phone.....(712)566-2703
 Email.....mmcdonough@underwoodschools.org
 Athletic Administrator.....Beau Jacobsen
 Phone.....(712)566-2332
 Email.....bjacobsen@underwoodschools.org

Co-AD/Assistant.....Jeff Privia
 Phone.....(712)566-2332
 Email.....jprivia@underwoodschools.org
 Athletic Secretary.....Annette Koenig
 Phone.....(712)566-2332
 Email.....akoenig@underwoodschools.org
 Golf.....Brad Blum
 Girls Golf.....Beau Jacobsen
 Basketball.....Brad Blum
 Girls Basketball.....Jasmyn Flynn
 Baseball.....Andy Vanfossan
 Girls Softball.....Lea Crouse
 Wrestling.....Joe Stephens
 Football.....Nate Mechaelsen
 Girls Volleyball.....Paula Carman
 Track & Field.....Tyler Ridder
 Girls Track & Field.....Eric Hjelle
 Cross Country.....Eric Hjelle
 Girls Cross Country.....Eric Hjelle
 Soccer.....Eric Rodgers
 Girls Soccer.....Tyler Nelson
 Football Cheerleading.....Amanda Williams
 Wrestling Cheerleading.....Amanda Williams
 Student Council.....Evan Adamon
 Band Director.....Katelyn Biggs
 Vocal Director.....Evan Adamon

UNION, LA PORTE CITY

Street Address: 200 Adams St
 City: La Porte City
 Zip Code: 50651
 Mailing Address: 200 Adams St
 City: La Porte City
 Zip Code: 50651
 Supt. St Address: 200 Adams St
 Supt. City: LaPorte City
 Supt. Zip: 50651
 County: Black Hawk
 Area Code: 319
 School Phone: 342-2697
 HS Fax: 342-3264
 AD Fax: 342-3264
 Web Site: <http://www.union.k12.ia.us>
 School Colors: Red, Black, Silver
 Nickname: Knights
 Conference: North Iowa Cedar-East
 Superintendent.....Travis Fleshner
 Phone.....(319)342-2674
 Email.....t_fleshner@union.k12.ia.us
 Principal.....Jason Toenges
 Phone.....(319)342-2697
 Email.....j_toenges@union.k12.ia.us
 Asst/Assoc/Vice-Principal.....Wayne Slack
 Phone.....(319)342-2697
 Email.....w_slack@union.k12.ia.us
 Athletic Administrator.....Wayne Slack
 Phone.....(319)342-2697
 Email.....w_slack@union.k12.ia.us
 Athletic Secretary.....Brenda Rottinghaus
 Phone.....(319)342-2697
 Email.....b_rottinghaus@union.k12.ia.us
 Tennis.....Bruce Wigg
 Golf.....Ryan Slater
 Girls Golf.....Mel Barz
 Basketball.....Dan Hensing
 Girls Basketball.....Robert Driscoll
 Baseball.....Robert Driscoll
 Girls Softball.....Laurie Driscoll
 Wrestling.....Bart Mehlert
 Football.....Jared Pospisil
 Girls Volleyball.....Brian Jesse
 Track & Field.....Ben Bean

Girls Track & Field.....Justin Parson
 Cross CountryJustin Parson
 Girls Cross Country.....Justin Parson
 Girls SoccerHunter Zempel
 Football Cheerleading Kayleen Glen, Fasha Newton
 Speech DirectorDean Bostian
 Student CouncilElizabeth Zondo
 Band DirectorMike Bistline
 Vocal Director.....Tim Mitchell

UNITY CHRISTIAN, ORANGE CITY

Street Address: 216 Michigan Ave. SW
 City: Orange City
 Zip Code: 51041
 Mailing Address: 216 Michigan Ave SW
 City: Orange City
 Zip Code: 51041
 Supt. St Address: 216 Michigan Ave SW
 Supt. City: Orange City
 Supt. Zip: 51041
 County: Sioux
 Area Code: 712
 School Phone: 737-4114
 HS Fax: 737-2686
 AD Fax: 737-2686
 Web Site: <http://www.unitychristian.net>
 School Colors: Navy & White
 Nickname: Knights
 Conference: War Eagle
 Superintendent.....Wayne Dykstra
 Phone.....(712)737-4114 x101
 Email.....wdykstra@unitychristian.net
 Principal.....Wayne Dykstra
 Phone.....(712)737-4114 x101
 Email.....wdykstra@unitychristian.net
 Asst/Assoc/Vice-Principal.....Josh Van Kempen
 Phone.....(712)737-4114 x136
 Email.....jvankempen@unitychristian.net
 Athletic Administrator.....Terry Schouten
 Phone.....(712)737-4114 x110
 Email.....tschouten@unitychristian.net
 Co-AD/Assistant.....Cody Harskamp
 Phone.....(712)737-4114
 Email.....chaskamp@unitychristian.net
 Athletic Secretary.....Marla Vande Kamp
 Phone.....(712)737-4114 x102
 Email.....mvandekamp@unitychristian.net
 Sports Medicine Provider.....Brad Zwart, PT
 (Orange City Health System)
 GolfCody Harskamp
 Girls Golf.....Cody Harskamp
 Basketball.....Cliff Warner
 Girls Basketball.....Jay Schuiteman
 Baseball.....Marlin Schoonhoven
 Girls Softball.....Travis De Jong
 Football.....Josh Van Kempen
 Girls Volleyball.....Patty Timmermans
 Track & Field.....Karl Kaemingk
 Girls Track & Field.....Mark Kauk
 Cross CountryKarl Kaemingk
 Girls Cross Country.....Mark Kauk
 Soccer.....Steve Westra
 Football CheerleadingKate Ver Velde
 Basketball Cheerleading.....Kate Ver Velde
 Speech DirectorNicki Kuiper
 Student CouncilWayne Dykstra
 Band DirectorCarla Van Beek
 Vocal Director.....Carla Van Beek
 Orchestra Director.....Amie Smit

URBANDALE

Street Address: 7111 Aurora Ave
 City: Urbandale
 Zip Code: 50322
 Mailing Address: 7111 Aurora Ave
 City: Urbandale
 Zip Code: 50322
 Supt. St Address: 11152 Aurora Ave
 Supt. City: Urbandale
 Supt. Zip: 50322
 County: Polk
 Area Code: 515
 School Phone: 457-6800
 HS Fax: 457-6810
 AD Fax: 457-6949
 Web Site: <http://www.j-hawks.com>
 School Colors: Blue & White
 Nickname: J-Hawks
 Conference: CIML-Central Conference
 Superintendent.....Steve Bass
 Phone.....(515)457-5000
 Email.....basss@urbandaleschools.com
 Asst/Assoc Supt.....Loren DeKruyf
 Phone.....(515)457-5014
 Email.....dekruyfl@urbandaleschools.com
 Principal.....Tim Carver
 Phone.....(515)457-6800
 Email.....carvert@urbandaleschools.com
 Asst/Assoc/Vice-Principal.....Dania Wilson
 Phone.....(515)457-6800
 Email.....wilsond@urbandaleschools.com
 Asst/Assoc/Vice-Principal.....Casey Goodhue
 Phone.....(515)457-6800
 Email.....goodhuec@urbandaleschools.com
 Asst/Assoc/Vice-Principal.....Derek Wilkins
 Phone.....(515)457-6800
 Email.....wilkinsd@urbandaleschools.com
 Athletic Administrator.....Dr. William Watson
 Phone.....(515)457-6994
 Email.....william.watson@j-hawks.com
 Co-AD/Assistant.....Andy Hoverson
 Phone.....(515)457-6945
 Email.....andy.hoverson@j-hawks.com
 Athletic Secretary.....Andrew Olson
 Phone.....(515)457-6945
 Email.....andrew.olson@j-hawks.com
 Sports Medicine Provider.Zach McEntee, LAT (Unity Point)
 Tennis.....Alan Reed
 Girls Tennis.....Dave White
 GolfPat Henkenius
 Girls Golf.....Pat Henkenius
 Basketball.....Jon Schmitz
 Girls Basketball.....Kenton Tennal
 Baseball.....Jeremy Heinen
 Girls Softball.....Nick McCool
 Wrestling.....Mike Moreno
 Football.....Sam Anderson
 Girls Volleyball.....Liz Baethke
 Track & FieldLee Hammerand
 Girls Track & Field.....Brooke Schupbach
 Cross CountryLee Hammerand
 Girls Cross Country.....Dan Davis
 Soccer.....Jim Frizzell
 Girls Soccer.....Jason Eckhoff
 Bowling.....Gretta Richardson
 Girls Bowling.....Gretta Richardson
 Football CheerleadingKali Brinker
 Basketball Cheerleading.....Kali Brinker
 Wrestling Cheerleading.....Kali Brinker
 Speech DirectorShaun Knapp
 Student CouncilAmy Brown Luke
 Band DirectorLouis DuPuis

Vocal Director.....Ted Brimeyer

VALLEY LUTHERAN, CEDAR FALLS

Street Address: 4520 Rownd St
 City: Cedar Falls
 Zip Code: 50613
 Mailing Address: 4520 Rownd St
 City: Cedar Falls
 Zip Code: 50613
 Supt. St Address: 4520 Rownd St
 Supt. City: Cedar Falls
 Supt. Zip: 50613
 County: Black Hawk
 Area Code: 319
 School Phone: 266-4565
 HS Fax: 266-4054
 AD Fax: 266-4054
 Web Site: <http://vlscrusaders.org>
 School Colors: Purple & White
 Nickname: Crusaders
 Conference: Iowa Star North
 Principal.....Brian L'Heureux
 Phone.....(319)266-4565
 Email.....brian.lheureux@vlscrusaders.org
 Athletic Administrator.....Brian Jo
 Phone.....(319)266-4565 x160
 Email.....brian.jo@vlscrusaders.org
 Co-AD/Assistant.....Chad Holtzman
 Phone.....(319)266-4565 x100
 Email.....chad.holtzman@vlscrusaders.org
 Athletic Secretary.....Sharron Clement
 Phone.....(319)266-4565
 Email.....sharron.clement@vlscrusaders.org
 Basketball.....Brian Jo
 Girls Basketball.....TBD
 Girls Volleyball.....Lydia Rusch
 Track & FieldLucas Tanney
 Cross CountryLucas Tanney
 Bowling.....Lucas Tanney
 Basketball Cheerleading.....Jennifer Kimmerly
 Speech DirectorLydia Rusch
 Student CouncilLucas Tanny
 Vocal Director.....Jim Weaver

VALLEY, WEST DES MOINES

Street Address: 3650 Woodland Ave
 City: West Des Moines
 Zip Code: 50266
 Mailing Address: 3650 Woodland Ave
 City: West Des Moines
 Zip Code: 50266
 Supt. St Address: 3550 Mills Civic Pkwy
 Supt. City: West Des Moines
 Supt. Zip: 50265
 County: Polk
 Area Code: 515
 School Phone: 633-4000
 HS Fax: 633-4199
 AD Fax: 633-4199
 Web Site: <http://www.wdmcs.org>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: CIML-Central
 Superintendent.....Dr. Lisa Remy
 Phone.....(515)633-5111
 Email.....remyl@wdmcs.org
 Asst/Assoc Supt.....Dr. Carol Seid
 Phone.....(515)633-5037
 Email.....seidc@wdmcs.org
 Admin Asst.....Paul Bobek
 Phone.....(515)633-5075
 Email.....bobekp@wdmcs.org

Executive Coordinator Phil Simmons
 Phone (515)633-5000 x5013
 Email simmonsp@wdmcs.org
 Principal David Maxwell
 Phone (515)633-4401
 Email maxwelld@wdmcs.org
 Asst/Assoc/Vice-Principal Josh Griffith
 Phone (515)633-4011
 Email perrigod@wdmcs.org
 Asst/Assoc/Vice-Principal Dr. Jeffrey Grassmyer
 Phone (515)633-4020
 Email grassmyerj@wdmcs.org
 Asst/Assoc/Vice-Principal Shannon Campbell
 Phone (515)633-4107
 Email whittlee@wdmcs.org
 Asst/Assoc/Vice-Principal Jill Bryson
 Phone (515)633-4012
 Email brysonj@wdmcs.org
 Athletic Administrator Brad Rose
 Phone (515)633-4259
 Email roseb@wdmcs.org
 Co-AD/Assistant Nate Lingren
 Phone (515)633-4249
 Email lingrenn@wdmcs.org
 Athletic Secretary Toni Wiemers
 Phone (515)633-4264
 Email wiemerst@wdmcs.org
 Sports Medicine Provider Sarah Kennedy,
 Christina Abernathy (Physic/Select Medical)
 Tennis TJ Cox
 Girls Tennis Mike Conlon
 Golf Ben Stein
 Girls Golf Kelli Moore
 Basketball BJ Windhorst
 Girls Basketball Josef Sigrist
 Swimming Shawn DeBoef
 Girls Swimming Shawn DeBoef
 Baseball Ryan Cooley
 Girls Softball Tom Bakey
 Wrestling Travis Young
 Football Gary Swenson
 Girls Volleyball Jeremy Mikesell
 Track & Field Tom Trygstad
 Girls Track & Field Keith Borness
 Cross Country Tom Trygstad
 Girls Cross Country Tom Trygstad
 Soccer Aziz Haffar
 Girls Soccer Rob Chapman
 Bowling Chris Amundson
 Girls Bowling Jason Eckhoff
 Football Cheerleading Beth Ferguson
 Basketball Cheerleading Beth Ferguson
 Wrestling Cheerleading Beth Ferguson
 Speech Director Stacy Hansen
 Student Council Ann Krois; Leah Kain; Tory DeVries
 Band Director Josh Waymire
 Vocal Director Haley Gibbons, Heather Nail
 Orchestra Director Phil Peters

VAN BUREN COMMUNITY

Street Address: 807 1st Street
 City: Keosauqua
 Zip Code: 52565
 Mailing Address: PO Box 220
 City: Keosauqua
 Zip Code: 52565
 Supt. St Address: 807 1st Street
 Supt. City: Keosauqua
 Supt. Zip: 52565
 County: Van Buren
 Area Code: 319
 School Phone: 293-3183

HS Fax: 293-3301
 AD Fax: 293-3345
 Web Site: <http://www.van-buren.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Warriors
 Conference: SEI Superconference-South
 Superintendent Jeremy Hissem
 Phone (319)293-3334
 Email jeremy.hissem@van-burencsd.org
 Principal Mark Adams
 Phone (319)293-3183 x1021
 Email mark.adams@van-burencsd.org
 Asst/Assoc/Vice-Principal Mike Bunnell
 Phone (319)293-3183 x1102
 Email mike.bunnell@van-burencsd.org
 Athletic Administrator Mike Bunnell
 Phone (319)293-3183 x1102
 Email mike.bunnell@van-burencsd.org
 Athletic Secretary Robin Lyons
 Phone (319)293-3183 x1205
 Email robin.lyons@van-burencsd.org
 Sports Medicine Provider Sara Eggleston, PT
 (Van Buren County Hospital)
 Basketball Fred Parsons
 Girls Basketball Matt Zeitler
 Baseball Chad Scott
 Girls Softball Randy Smith
 Wrestling Brian Johnson
 Football Brian Johnson
 Girls Volleyball Matt Zeitler
 Track & Field Shane Begley
 Girls Track & Field Lucinda Moews
 Cross Country Lucinda Moews
 Girls Cross Country Lucinda Moews
 Football Cheerleading Billie Harlan
 Basketball Cheerleading Billie Harlan
 Wrestling Cheerleading Karissa Pforts
 Student Council Doug Mossengren
 Band Director Marcie Atwood
 Vocal Director Marcie Atwood

VAN METER

Street Address: 520 First Ave
 City: Van Meter
 Zip Code: 50261
 Mailing Address: PO Box 257
 City: Van Meter
 Zip Code: 50261
 Supt. St Address: PO Box 257
 Supt. City: Van Meter
 Supt. Zip: 50261
 County: Dallas
 Area Code: 515
 School Phone: 996-2221
 HS Fax: 996-9954
 AD Fax: 996-2488
 Web Site: <http://www.vmbulldogs.com>
 School Colors: Blue & White
 Nickname: Bulldogs
 Conference: West Central
 Superintendent Deron Durlflinger
 Phone (515)996-9960 x101
 Email deron.durlflinger@vmbulldogs.com
 Principal Adam Lamoureux
 Phone (515)996-2221 x101
 Email adam.lamoureux@vmbulldogs.com
 Athletic Administrator Rick Roberts
 Phone (515)996-2221
 Email rick.roberts@vmbulldogs.com
 Co-AD/Assistant Mike Linde
 Phone (515)996-2221
 Email mike.linde@vmbulldogs.com

Sports Medicine Provider Bob Reisz, PT
 (Peak Performance)
 Golf Addison Boughton
 Girls Golf Mike Linde
 Basketball Jed Alexander
 Girls Basketball Jay Olson
 Baseball Eben Baumhover
 Girls Softball James Flaws
 Wrestling Chas Funero
 Football Eric Trudo
 Girls Volleyball Sara Cook
 Track & Field Rick Roberts
 Girls Track & Field Rick Roberts
 Cross Country Josh Flaws
 Girls Cross Country Josh Flaws
 Football Cheerleading Megan Fandel
 Basketball Cheerleading Megan Fandel
 Speech Director Jessica Rabe
 Student Council TBD
 Band Director Kyle Pape
 Vocal Director Heather Lindell

VINTON-SHELLSBURG

Street Address: 210 W 21st St
 City: Vinton
 Zip Code: 52349
 Mailing Address: 210 W 21st St
 City: Vinton
 Zip Code: 52349
 Supt. St Address: 1502 C Ave
 Supt. City: Vinton
 Supt. Zip: 52349
 County: Benton
 Area Code: 319
 School Phone: 436-4728
 HS Fax: 472-5704
 AD Fax: 472-5704
 Web Site: <http://www.vscsd.org>
 School Colors: Black & Gold
 Nickname: Vikings/Vikettes
 Conference: WAMAC
 Superintendent Mary Jo Hainstock
 Phone (319)436-5685
 Email maryjo.hainstock@vscsd.org
 Admin Asst Karrie Bartling
 Phone (319)436-5680
 Email karrie.bartling@vscsd.org
 Principal Matt Kingsbury
 Phone (319)436-5703
 Email matt.kingsbury@vscsd.org
 Asst/Assoc/Vice-Principal Tony Islas
 Phone (319)436-5705
 Email tony.islas@vscsd.org
 Athletic Administrator Jim Struve
 Phone (319)436-5706
 Email jim.struve@vscsd.org
 Athletic Secretary Deb Cummings
 Phone (319)436-5704
 Email deb.cummings@vscsd.org
 Golf Chad Pettyjohn
 Girls Golf Janet Woodhouse
 Basketball Joe Johnson
 Girls Basketball Rich Haisman
 Swimming Rob Levis
 Girls Swimming Ashely Hesson
 Baseball Henry Bratten
 Girls Softball Bari Parrott
 Wrestling Brian Sheston
 Football Jim Womochil
 Girls Volleyball Michelle Stepanek
 Track & Field Aric Chvala
 Girls Track & Field Heather Kalous

Cross CountryJeff Mangold
 Girls Cross Country.....Jeff Mangold
 Soccer.....Kyle McAbee
 Girls Soccer.....Megan Hesson
 Bowling.....Amber Pattee
 Girls Bowling.....Amber Pattee
 Football CheerleadingAmie Price
 Basketball Cheerleading.....Krystal Anderson
 Wrestling Cheerleading.....Rachelle Rammelsberg
 Speech Director.....Le Cox
 Student Council.....Rachelle Rammelsberg
 Band Director.....Nick Waymire
 Vocal Director.....Michala Martin

WACO, WAYLAND

Street Address: 706 N Pearl
 City: Wayland
 Zip Code: 52654
 Mailing Address: PO Box 158
 City: Wayland
 Zip Code: 52654
 Supt. St Address: PO Box 158
 Supt. City: Wayland
 Supt. Zip: 52654
 County: Henry
 Area Code: 319
 School Phone: 256-6200
 HS Fax: 256-6211
 AD Fax: 256-6211
 Web Site: <http://www.wacocsd.org>
 School Colors: Columbia Blue & White
 Nickname: Warriors
 Conference: SEI Superconference - South
 Superintendent.....Chris Armstrong
 Phone.....(319)256-6201
 Email.....chris.armstrong@wacocsd.org
 Principal.....Tim Bartels
 Phone.....(319)256-6200
 Email.....tim.bartels@wacocsd.org
 Athletic Administrator.....Chad Edeker
 Phone.....(319)256-6200 x110
 Email.....chad.edeker@wacocsd.org
 Athletic Secretary.....Kristi Merida
 Phone.....(319)256-6201
 Email.....kristi.merida@wacocsd.org
 Sports Medicine Provider.....Athletico Physical Therapy
 Basketball.....Paul Kissell
 Girls Basketball.....Caylon DeVaul
 Wrestling.....Seth Pugh
 Football.....Chad Edeker
 Girls Volleyball.....Jay Coble
 Track & Field.....Caylon DeVaul
 Girls Track & Field.....Scott Meth
 Cross Country.....Seth Pugh
 Girls Cross Country.....Seth Pugh
 Football Cheerleading.....Renea Reichenbach
 Basketball Cheerleading.....Renea Reichenbach
 Wrestling Cheerleading.....Renea Reichenbach
 Student Council.....Kate Lefeber
 Band Director.....Jane Koch
 Vocal Director.....Jane Koch
 Orchestra Director.....Denise Freyenberger

WAHLERT, DUBUQUE

Street Address: 2005 Kane St
 City: Dubuque
 Zip Code: 52001
 Mailing Address: 2005 Kane St
 City: Dubuque
 Zip Code: 52001
 Supt. St Address: 1229 Mt. Loretta Ave, PO Box 479
 Supt. City: Dubuque

Supt. Zip: 52004
 County: Dubuque
 Area Code: 563
 School Phone: 583-9771
 HS Fax: 583-9775
 AD Fax: 583-9775
 Web Site: <http://www.holyfamilydbq.org>
 School Colors: Royal Blue, Gold, White
 Nickname: Golden Eagles
 Conference: Mississippi Valley
 Superintendent.....Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Executive Coordinator.....Phil Bormann
 Phone.....(563)582-5456
 Email.....pbormann@hollyfamilydbq.org
 Principal.....Ron Meyers
 Phone.....(563)583-9771 x272
 Email.....rmeyers@hollyfamilydbq.org
 Asst/Assoc/Vice-Principal.....Lisa Krapfl
 Phone.....(563)583-9771 x266
 Email.....lkrapfl@hollyfamilydbq.org
 Athletic Administrator.....Tom English
 Phone.....(563)583-9771 x268
 Email.....tenglish@hollyfamilydbq.org
 Co-AD/Assistant.....Molly Pilcher
 Phone.....(563)583-9771 x239
 Email.....mpilcher@hollyfamilydbq.org
 Athletic Secretary.....Mary Jo Brant
 Phone.....(563)583-9771 x231
 Email.....mbrant@hollyfamilydbq.org
 Sports Medicine Provider.....Molly Pilcher
 Tennis.....Julie Westercamp
 Girls Tennis.....Maria McDonald
 Golf.....Tim Ehrmann
 Girls Golf.....Katie Lenart
 Basketball.....Tom English
 Girls Basketball.....Kris Spiegler
 Girls Swimming.....Emily Snyder
 Baseball.....Kory Tuescher
 Girls Softball.....Ashley Cullen
 Wrestling.....Joel Allen
 Football.....Jamie Marshall
 Girls Volleyball.....Lindsey Beaves
 Track & Field.....Doug Varley
 Girls Track & Field.....Tim Berning
 Cross Country.....Tim Berning, Chuck Tigges
 Girls Cross Country.....Cynthia Wagner
 Soccer.....Dan Block
 Girls Soccer.....Jill Leibforth
 Bowling.....Tom Kramer
 Girls Bowling.....Tom Kramer
 Football Cheerleading.....Deidre Navarro
 Basketball Cheerleading.....Deidre Navarro
 Wrestling Cheerleading.....Deidre Navarro
 Student Council.....TBD
 Band Director.....TBD
 Vocal Director.....Aaron Behnke

WAPELLO

Street Address: 501 Buchanan Ave
 City: Wapello
 Zip Code: 52653
 Mailing Address: 501 Buchanan Ave
 City: Wapello
 Zip Code: 52653
 Supt. St Address: 406 Mechanic St
 Supt. City: Wapello
 Supt. Zip: 52653
 County: Louisa
 Area Code: 319
 School Phone: 523-3241

HS Fax: 523-4408
 AD Fax: 523-4408
 Web Site: <http://www.wapello.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Indians/Arrows
 Conference: SEI Superconference - North
 Superintendent.....Mike Peterson
 Phone.....(319)523-3641 x1461
 Email.....mike.peterson@wapellocsd.org
 Principal.....Steve Bohlen
 Phone.....(319)523-3241 x1105
 Email.....steve.bohlen@wapellocsd.org
 Athletic Administrator.....Michelle Wade
 Phone.....(319)523-3241 x1209
 Email.....michelle.wade@wapellocsd.org
 Sports Medicine Provider.....Lishay Allen, LAT
 (Great River Medical)
 Golf.....Jason Marshall
 Girls Golf.....Jason Marshall
 Basketball.....Ken Spielbauer
 Girls Basketball.....Brandon Brown
 Baseball.....Brandon Brown
 Girls Softball.....Ashley Hahnbaum
 Wrestling.....TBD
 Football.....Todd Parsons
 Girls Volleyball.....Danielle Wolfe
 Track & Field.....Todd Parsons
 Girls Track & Field.....Ken Spielbauer
 Cross Country.....Micah Peck
 Girls Cross Country.....Micah Peck
 Soccer.....Cari Cline
 Girls Soccer.....Megan Brown
 Football Cheerleading.....Jacqueline Thornburg
 Wrestling Cheerleading.....Aundrea Humiston
 Speech Director.....Jane Bostian
 Student Council.....Jeanna Gerot
 Band Director.....Micah Peck
 Vocal Director.....Monique Peck

WAPSIE VALLEY, FAIRBANK

Street Address: 2535 Viking Ave
 City: Fairbank
 Zip Code: 50629
 Mailing Address: 2535 Viking Ave
 City: Fairbank
 Zip Code: 50629
 Supt. St Address: 2535 Viking Ave
 Supt. City: Fairbank
 Supt. Zip: 50629
 County: Buchanan
 Area Code: 319
 School Phone: 638-6711
 HS Fax: 638-7061
 AD Fax: 638-7061
 Web Site: <http://www.wapsievalleyschools.com>
 School Colors: Black & Gold
 Nickname: Warriors
 Conference: North Iowa Cedar-East
 Superintendent.....Dave Larson
 Phone.....(319)638-6711 x122
 Email.....dlarson@wapsievalleyschools.org
 Principal.....Samantha Thornton
 Phone.....(319)638-6711 x144
 Email.....sthornton@wapsievalleyschools.org
 Athletic Administrator.....Marty McKowen
 Phone.....(319)638-6711
 Email.....mmckowen@wapsievalleyschools.org
 Sports Medicine Provider.....Erin Johnson
 (Woltz Physical Therapy)
 Golf.....Cole Mather
 Girls Golf.....Brenda Roberts
 Basketball.....Marty McKowen

Girls Basketball..... Justin Davie
 Baseball.....Tom Joecken
 Girls Softball.....Liz Bergman
 Wrestling.....Danny Adams
 Football..... Tony Foster
 Girls Volleyball..... Heather Robinson
 Track & Field.....Justin Davie
 Girls Track & Field..... Duane Foster
 Cross Country.....Justin Davie
 Girls Cross Country.....Justin Davie
 Football Cheerleading.....Mady Espeland
 Basketball Cheerleading.....Mady Espeland
 Wrestling Cheerleading.....Mady Espeland
 Speech Director.....Amy Nosbisch
 Student Council.....Andrea Buehler
 Band Director.....Michelle Stanbary
 Vocal Director.....Nathan Lange

WASHINGTON

Street Address: 1111 S Ave B
 City: Washington
 Zip Code: 52353
 Mailing Address: PO Box 271
 City: Washington
 Zip Code: 52353
 Supt. St Address: PO Box 926
 Supt. City: Washington
 Supt. Zip: 52353
 County: Washington
 Area Code: 319
 School Phone: 653-2143
 HS Fax: 653-6751
 AD Fax: 653-6751
 Web Site: <http://www.washington.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Demons
 Conference: Southeast
 Superintendent.....Willie Stone
 Phone.....(319)653-6543
 Email.....wstone@washington.k12.ia.us
 Principal.....Erik Buchholz
 Phone.....(319)653-2143
 Email.....ebuchhol@washington.k12.ia.us
 Asst/Assoc/Vice-Principal.....Brent Van Weelden
 Phone.....(319)653-2143
 Email.....bvanweel@washington.k12.ia.us
 Athletic Administrator.....Brent Van Weelden
 Phone.....(319)653-2143
 Email.....bvanweel@washington.k12.ia.us
 Co-AD/Assistant.....Aaron Six, MS
 Email.....aasix@washington.k12.ia.us
 Athletic Secretary.....Karla Garrett
 Phone.....(319)653-2143
 Email.....kgarrett@washington.k12.ia.us
 Sports Medicine Provider.....Eric Turner
 (JET Physical Therapy)
 Golf.....Collin Stark
 Girls Golf.....Leonard Kull
 Basketball.....Collin Stark
 Girls Basketball.....Shannon Rugg
 Baseball.....Nathan Miller
 Girls Softball.....Ben Obermann
 Wrestling.....Brent Van Weelden
 Football.....James Harris
 Girls Volleyball.....Lexa Mahr
 Track & Field.....Steve Roth
 Girls Track & Field.....Stefanie Haworth
 Cross Country.....Stefanie Haworth
 Girls Cross Country.....Stefanie Haworth
 Soccer.....Sally Hart

Girls Soccer.....Pro Marcelino
 Bowling.....Chad LaRue
 Girls Bowling.....Chad LaRue
 Football Cheerleading.....Erin Smith
 Basketball Cheerleading.....Erin Smith
 Wrestling Cheerleading.....TBD
 Speech Director.....Audrey Skoog
 Student Council.....Jake Steen
 Band Director.....Donald Hughes
 Vocal Director.....Jonathan Runaas

WATERLOO CHRISTIAN SCHOOL

Street Address: 1307 W Ridgeway Ave
 City: Waterloo
 Zip Code: 50701
 Mailing Address: 1307 W Ridgeway Ave
 City: Waterloo
 Zip Code: 50701
 Supt. St Address: 1307 W Ridgeway Ave
 Supt. City: Waterloo
 Supt. Zip: 50701
 County: Black Hawk
 Area Code: 319
 School Phone: 235-9309
 HS Fax: 833-4780
 AD Fax: 833-4780
 Web Site: <http://www.waterloochristian.com>
 School Colors: Forest Green & Gold
 Nickname: Regents
 Conference: Iowa Star North
 Superintendent.....Ryan Hall
 Phone.....(319)235-9309
 Email.....rhall@waterloochristian.com
 Principal.....Ryan Hall
 Phone.....(319)235-9309
 Email.....hallr@wcs-ia.net
 Athletic Administrator.....Ryan Hall
 Phone.....(319)235-9309
 Email.....rhall@waterloochristian.com
 Athletic Secretary.....Angela Evans
 Email.....aevans@waterloochristian.com
 Golf.....Lucan Segerstrom
 Basketball.....Lucas Segerstrom, Tim Doering
 Girls Basketball.....TBD
 Girls Volleyball.....Angela Evans
 Speech Director.....Raechel Sittig-Esser
 Student Council.....Ryan Hall
 Band Director.....Bruce Nelson
 Vocal Director.....Bruce Nelson

WATERLOO, EAST

Street Address: 214 High St
 City: Waterloo
 Zip Code: 50703
 Mailing Address: 214 High St
 City: Waterloo
 Zip Code: 50703
 Supt. St Address: 1516 Washington St
 Supt. City: Waterloo
 Supt. Zip: 50702
 County: Black Hawk
 Area Code: 319
 School Phone: 433-2400
 HS Fax: 433-2498
 AD Fax: 433-2497
 Web Site: <http://easthigh.waterloo.k12.ia.us/>
 School Colors: Orange & Black
 Nickname: Trojans
 Conference: Mississippi Valley
 Superintendent.....Dr. Jane Lindaman
 Phone.....(319)433-1800 ext. 10174
 Email.....lindamanj@waterlooschools.org

Asst/Assoc Supt.....Stephanie Mohorne
 Phone.....(319)433-1800 ext. 10145
 Email.....mohornes@waterlooschools.org
 Admin Asst.....Pam Arndorfer
 Phone.....(319)433-1876
 Email.....arndorferp@waterlooschools.org
 Executive Coordinator.....Dan Huff
 Phone.....(319)433-1846
 Email.....huffd2@waterlooschools.org
 Principal.....Joseph Parker
 Phone.....(319)433-2400 x14101
 Email.....parkerj@waterlooschools.org
 Asst/Assoc/Vice-Principal.....Sharrie Wright
 Phone.....(319)433-2400 x14102
 Email.....wrights@waterlooschools.org
 Asst/Assoc/Vice-Principal.....Josh Payton
 Phone.....(319)433-2400 x14112
 Email.....paytonj@waterlooschools.org
 Asst/Assoc/Vice-Principal.....Xavier Leonard
 Phone.....(319)433-2400
 Email.....leonardx@waterlooschools.org
 Athletic Administrator.....Brenton Shavers
 Phone.....(319)433-2474
 Email.....shaversb@waterlooschools.org
 Athletic Secretary.....Carol Sperry-Weber
 Phone.....(319)433-2475
 Email.....sperryweberc@waterlooschools.org
 Sports Medicine Provider.....Scott Lockard, LAT, ATC
 (Cedar Valley Medical Specialist)
 Girls Tennis.....Katie LeClere
 Golf.....Dan Hensing
 Girls Golf.....Josh Barta
 Basketball.....Steve McGraw
 Girls Basketball.....William Muhammad
 Girls Swimming.....Jeff Kamp
 Baseball.....Garrett Ramsey
 Girls Softball.....Chad Adams
 Wrestling.....Jay Llewellyn
 Football.....Xavier Leonard
 Girls Volleyball.....Corey Kennis
 Track & Field.....Aaron Taylor
 Girls Track & Field.....Wilmut Wellington
 Cross Country.....Tim Moses
 Soccer.....Phedrick Cody
 Girls Soccer.....Chris Worthley
 Bowling.....Michael Weber
 Girls Bowling.....Michael Weber
 Football Cheerleading.....Brenda Heinz
 Basketball Cheerleading.....Brenda Heinz
 Wrestling Cheerleading.....Brenda Heinz
 Speech Director.....Schnique Williams
 Student Council.....Nekoda Garbes
 Band Director.....Joelle Smith
 Vocal Director.....Jason Behrens
 Orchestra Director.....Kyle Geesey

WATERLOO, WEST

Street Address: 425 E Ridgeway Ave
 City: Waterloo
 Zip Code: 50702
 Mailing Address: 425 E Ridgeway Ave
 City: Waterloo
 Zip Code: 50702
 Supt. St Address: 1516 Washington St
 Supt. City: Waterloo
 Supt. Zip: 50702
 County: Black Hawk
 Area Code: 319
 School Phone: 433-2700
 HS Fax: 433-2748
 AD Fax: 433-2748
 Web Site: <http://www.wahawkathletics.org>

School Colors: Old Rose & Black
 Nickname: Wahawks
 Conference: Mississippi Valley
 Superintendent.....Dr. Jane Lindaman
 Phone.....(319)433-1800 ext. 10174
 Email.....lindamanj@waterlooschools.org
 Asst/Assoc Supt.....Stephanie Mohorne
 Phone.....(319)433-1800 ext. 10145
 Email.....mohornes@waterlooschools.org
 Executive Coordinator.....Dan Huff
 Phone.....(319)433-1846
 Email.....huffd2@waterlooschools.org
 Principal.....Andy Miehe
 Phone.....(319)433-2700
 Email.....miehea@waterlooschools.org
 Asst/Assoc/Vice-Principal.....Steve Winters
 Phone.....(319)433-2700
 Email.....winterss@waterlooschools.org
 Asst/Assoc/Vice-Principal.....Byron Phillips
 Phone.....(319)433-2700
 Email.....Phillipsb@waterlooschools.org
 Asst/Assoc/Vice-Principal.....Zach O'Brien
 Phone.....(319)433-2700
 Email.....obrienz@waterlooschools.org
 Asst/Assoc/Vice-Principal.....Allie Hildman
 Phone.....(319)433-2700
 Email.....hildmana@waterlooschools.org
 Athletic Administrator.....Dr. Anthony Pappas
 Phone.....(319)433-2708
 Email.....pappasa@waterlooschools.org
 Co-AD/Assistant.....Dan Huff
 Phone.....(319)433-1846
 Email.....huffd2@waterlooschools.org
 Athletic Secretary.....Keri Hudson
 Phone.....(319)433-2707
 Email.....hudsonk@waterlooschools.org
 Sports Medicine Provider.....Leslie Peyton
 Tennis.....James McManus
 Girls Tennis.....Brenton Kuchera
 Golf.....Josh Barta
 Girls Golf.....Kelly Nelson
 Basketball.....Cliff Berinobis
 Girls Basketball.....Dr. Anthony Pappas
 Swimming.....Virgil Haley
 Girls Swimming.....Jeff Kamp
 Baseball.....Chad Crosby
 Girls Softball.....Ashley Reimer
 Wrestling.....Steve Farrell
 Football.....Lonnie Moore
 Girls Volleyball.....Ashley Berinobis
 Track & Field.....Matt Mostek
 Girls Track & Field.....Joe Malsam
 Cross Country.....Joe Malsam
 Girls Cross Country.....Loren Thalacker
 Soccer.....Michael Penning
 Girls Soccer.....Chris Worthley
 Bowling.....Brandon Steen
 Girls Bowling.....Brandon Steen
 Football Cheerleading.....Karen Utterback
 Basketball Cheerleading.....Karen Utterback
 Wrestling Cheerleading.....Karen Utterback
 Speech Director.....Bill Dawson
 Student Council.....Jonathan Grieder
 Band Director(s).....Jason Dobbs, Danny Kleinheinst,
 Matthew Sanders
 Vocal Director.....Lucas Overton
 Orchestra Director.....Erin Gaherty-Williams

WAUKEE

Street Address: 555 SE University Ave
 City: Waukee
 Zip Code: 50263

Mailing Address: 555 SE University Ave
 City: Waukee
 Zip Code: 50263
 Supt. St Address: 560 SE University Ave
 Supt. City: Waukee
 Supt. Zip: 50263
 County: Dallas
 Area Code: 515
 School Phone: 987-5163
 HS Fax: 987-2784
 AD Fax: 987-2783
 Web Site: <http://www.waukeeschools.org>
 School Colors: Purple & Gold
 Nickname: Warriors
 Conference: CIML- Iowa
 Superintendent.....Brad Buck
 Phone.....(515)987-5161
 Email.....cmcdonald@waukeeschools.org
 Asst/Assoc Supt.....Brady Fleming
 Phone.....(515)987-5161 x2001
 Email.....bfleming@waukeeschools.org
 Asst/Assoc Supt.....Terry Hurlburt
 Phone.....(515)987-5161 x7500
 Email.....thurlburt@waukeeschools.org
 Asst/Assoc Supt.....Kirk Johnson
 Phone.....(515)987-5161 x2000
 Email.....kjohnson3@waukeeschools.org
 Principal.....Cary Justmann
 Phone.....(515)987-5163 x2484
 Email.....cjustmann@waukeeschools.org
 Asst/Assoc/Vice-Principal.....Gerald Hiesterman
 Phone.....(515)987-5163 x2049
 Email.....ghiesterman@waukeeschools.org
 Asst/Assoc/Vice-Principal.....Judi Roland
 Phone.....(515)987-5163 x2643
 Email.....jlutherroland@waukeeschools.org
 Asst/Assoc/Vice-Principal.....Nick Ross
 Phone.....(515)987-5163 x2321
 Email.....nross1@waukeeschools.org
 Athletic Administrator.....Jim Duea
 Phone.....(515)987-5163 x2687
 Email.....jduea@waukeeschools.org
 Co-AD/Assistant.....Todd Schneider
 Phone.....(515)987-2770 x8353
 Email.....tschneider@waukeeschools.org
 Co-AD/Assistant.....Eric Boyle
 Phone.....(515)987-9444 x2865
 Email.....eboyle@waukeeschools.org
 Athletic Secretary.....Cathy Gray
 Phone.....(515)987-5163 x2525
 Email.....cgray@waukeeschools.org
 Tennis.....Eric Wetzel
 Girls Tennis.....Chad Jilek
 Golf.....John Kotz
 Girls Golf.....Marty Sullivan
 Basketball.....Justin Ohl
 Girls Basketball.....Chris Guess
 Swimming.....Dan Briggs
 Girls Swimming.....Shelley Twigg
 Baseball.....Dave Dirkx
 Girls Softball.....Carrie Eby
 Wrestling.....Chad Vollmecke
 Football.....Scott Carlson
 Girls Volleyball.....Danielle Kohut Lynch
 Track & Field.....Brent Heitland
 Girls Track & Field.....Matt Pries
 Cross Country.....Terrence Nielsen
 Girls Cross Country.....Abby Schmitz
 Soccer.....Carlos Acebey
 Girls Soccer.....Tony Gabriel
 Bowling.....Steve Bossenberger
 Girls Bowling.....Chris Roberts

Football Cheerleading.....Sarah Rabinowitz
 Basketball Cheerleading.....Tiffany Drucker
 Wrestling Cheerleading.....Tiffany Drucker
 Speech Director.....Jacki Pleggenkuhle
 Band Director.....Jeff Patterson
 Vocal Director.....Jeffrey Knutson

WAUKON

Street Address: 1061 3rd Ave NW
 City: Waukon
 Zip Code: 52172
 Mailing Address: 1061 3rd Ave NW
 City: Waukon
 Zip Code: 52172
 Supt. St Address: 1059 3rd Ave NW
 Supt. City: Waukon
 Supt. Zip: 52172
 County: Allamakee
 Area Code: 563
 School Phone: 568-3466
 HS Fax: 568-3165
 AD Fax: 568-3165
 Web Site: <http://www.allamakee.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Indians
 Conference: Northeast Iowa
 Superintendent.....Jay Mathis
 Phone.....(563)568-3409 x1000
 Email.....jmathis@allamakee.k12.ia.us
 Principal.....Jennifer Garin
 Phone.....(563)568-3466 x2500
 Email.....jgarin@allamakee.k12.ia.us
 Asst/Assoc/Vice-Principal.....Brian Hilsabeck
 Phone.....(563)568-3466 x2501
 Email.....bhilsabeck@allamakee.k12.ia.us
 Athletic Administrator.....Brian Hilsabeck
 Phone.....(563)568-3466 x2501
 Email.....bhilsabeck@allamakee.k12.ia.us
 Co-AD/Assistant.....Luke Steege
 Phone.....(563)568-3466 x2400
 Email.....lsteege@allamakee.k12.ia.us
 Athletic Secretary.....Rachel Burrichter
 Phone.....(563)568-3466 x2503
 Email.....rburrichter@allamakee.k12.ia.us
 Sports Medicine Provider.....Brad Krambeer, LAT
 (Veterans Memorial Hospital)
 Golf.....Tharin Benson
 Girls Golf.....Kathy McMillan
 Basketball.....Jed Hemann
 Girls Basketball.....Greg Criswell
 Baseball.....Shane Schellsmidt
 Girls Softball.....Melissa Ward
 Wrestling.....Mason Berns
 Football.....Chad Beermann
 Girls Volleyball.....Angela Adney
 Track & Field.....Ted Snitker
 Girls Track & Field.....Bob Wasson
 Cross Country.....Tara Stein
 Girls Cross Country.....Brett Egan
 Bowling.....Jerry Keenan
 Girls Bowling.....Jerry Keenan
 Football Cheerleading.....Amy Bieber
 Basketball Cheerleading.....Amy Bieber
 Wrestling Cheerleading.....Amy Bieber
 Speech Director.....Louise Wild
 Student Council.....DJ Scholtes
 Band Director.....JoAnn Knipfer Sherman
 Vocal Director.....Sarah Bieber

WAVERLY-SHELL ROCK

Street Address: 1405 4th Ave SW
 City: Waverly
 Zip Code: 50677
 Mailing Address: 1405 4th Ave SW
 City: Waverly
 Zip Code: 50677
 Supt. St Address: 1415 4th Ave SW
 Supt. City: Waverly
 Supt. Zip: 50677
 County: Bremer
 Area Code: 319
 School Phone: 352-2087
 HS Fax: 352-2098
 AD Fax: 352-0677
 Web Site: <http://www.wsr.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Go-Hawks
 Conference: Northeast Iowa

Superintendent.....Ed Klamfoth
 Phone.....(319)352-3630 x204
 Email.....ed.klamfoth@wsr.k12.ia.us
 Admin Asst.....Sharon Werkman
 Phone.....(319)352-3630 x200
 Email.....sharon.werkman@wsr.k12.ia.us
 Principal.....David Fox
 Phone.....(319)352-2087 x104
 Email.....david.fox@wsr.k12.ia.us
 Asst/Assoc/Vice-Principal.....Brady Weber
 Phone.....(352)352-2087 x105
 Email.....brady.weber@wsr.k12.ia.us
 Athletic Administrator.....David Litterer
 Phone.....(319)352-2087 x162
 Email.....dave.litterer@wsr.k12.ia.us
 Co-AD/Assistant.....Chad Rinehart
 Phone.....(319)352-2087 x175
 Email.....chad.rinehart@wsr.k12.ia.us
 Athletic Secretary.....Chad Rinehart
 Phone.....(319)352-2087 x175
 Email.....chad.rinehart@wsr.k12.ia.us
 Sports Medicine Provider.....Destry Sperfslage, CAT
 (Taylor Physical Therapy)
 Tennis.....John Hubbard
 Girls Tennis.....TBD
 Golf.....Chuck Steckleberg
 Girls Golf.....EaVon Woodin
 Basketball.....Nate Steege
 Girls Basketball.....Greg Bodensteiner
 Baseball.....Casey Klunder
 Girls Softball.....Heather Zajicek
 Wrestling.....Eric Whitcome
 Football.....Mark Hubbard
 Girls Volleyball.....EaVon Woodin
 Track & Field.....Kyle Wood
 Girls Track & Field.....Wende Dawson
 Cross Country.....Kevin Kueker
 Girls Cross Country.....Jason Milke
 Soccer.....Derek Krebsbach
 Girls Soccer.....Lauren Greiner
 Bowling.....Matt Schneider
 Girls Bowling.....Cara Schneider
 Football Cheerleading.....Jane Zehr
 Basketball Cheerleading.....Jane Zehr
 Wrestling Cheerleading.....Lindsey Bienamann
 Speech Director.....Lisa Phylfe
 Student Council.....Beth Burrow
 Band Director(s).....Jim Vowels; Eric Stover
 Vocal Director.....Greg Wessel
 Orchestra Director.....Matt McLellan

WAYNE, CORYDON

Street Address: 102 N DeKalb St
 City: Corydon
 Zip Code: 50060
 Mailing Address: 102 N Dekalb St
 City: Corydon
 Zip Code: 50060
 Supt. St Address: 102 N Dekalb St
 Supt. City: Corydon
 Supt. Zip: 50060
 County: Wayne
 Area Code: 641
 School Phone: 872-2184
 HS Fax: 872-2091
 AD Fax: 872-2091
 Web Site: <http://www.wayne.k12.ia.us>
 School Colors: Black, White & Silver
 Nickname: Falcons
 Conference: Pride of Iowa

Superintendent.....Mike Still
 Phone.....(641)872-2184 x1403
 Email.....mike.still@wayne.k12.ia.us
 Admin Asst.....Cindy Comer
 Phone.....(641)872-2184 x1401
 Email.....cindy.comer@wayne.k12.ia.us
 Principal.....Stacy Snyder
 Phone.....(641)872-2184 x1400
 Email.....stacy.snyder@wayne.k12.ia.us
 Athletic Administrator.....Jeff Whitehall
 Phone.....(641)872-2184
 Email.....jeff.whitehall@wayne.k12.ia.us
 Athletic Secretary.....Nancy Everman
 Phone.....(641)872-2184 x1405
 Email.....nancy.everman@wayne.k12.ia.us
 Golf.....Kim Hicks
 Girls Golf.....Kim Hicks
 Basketball.....Brandon Doughan
 Girls Basketball.....Stacy Snyder
 Baseball.....Jeff Whitehall
 Girls Softball.....Heather Fortune
 Wrestling.....Joe Nekvinda
 Football.....Jeff Whitehall
 Girls Volleyball.....Alyssa Harders
 Track & Field.....Joe Nekvinda
 Girls Track & Field.....Aaron Cooper
 Cross Country.....Rebecca Roberts
 Girls Cross Country.....Rebecca Roberts
 Football Cheerleading.....Desire' Grismore
 Basketball Cheerleading.....Desire' Grismore
 Wrestling Cheerleading.....Desire' Grismore
 Student Council.....Melanie Halferty
 Band Director.....Anne Jaeckel
 Vocal Director.....Anne Jaeckel

WEBSTER CITY

Street Address: 1001 Lynx Ave
 City: Webster City
 Zip Code: 50595
 Mailing Address: 1001 Lynx Ave
 City: Webster City
 Zip Code: 50595
 Supt. St Address: 825 Beach St
 Supt. City: Webster City
 Supt. Zip: 50595
 County: Hamilton
 Area Code: 515
 School Phone: 832-9210
 HS Fax: 832-9215
 AD Fax: 832-9208
 Web Site: <http://www.webster-city.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Lynx

Conference: North Central

Superintendent.....Dr. Amanda Ross
 Phone.....(515)832-9200 x2113
 Email.....mross@webster-city.k12.ia.us
 Admin Asst.....Mary Ellen Draeger
 Phone.....(515)832-9200 x1200
 Email.....mdraeger@webster-city.k12.ia.us
 Principal.....Dan Johnson
 Phone.....(515)832-9210 x2102
 Email.....djohnson@webster-city.k12.ia.us
 Asst/Assoc/Vice-Principal.....Pat Farley
 Phone.....(515)832-9210
 Email.....pfarley@webster-city.k12.ia.us
 Athletic Administrator.....Joe Shanks
 Phone.....(515)832-9210 x2534
 Email.....jshanks@webster-city.k12.ia.us
 Sports Medicine Provider.....Dr. Jim Kumm, Dan Willard
 (North Central Chiropractic)
 Tennis.....Michael Ross
 Girls Tennis.....Mark Fisher
 Golf.....Eric Dawson
 Girls Golf.....Bill Bertran
 Basketball.....Marty McKinney
 Girls Basketball.....Nicole Muhlenbruch
 Baseball.....Adison Kehoe
 Girls Softball.....Jessica Howard
 Wrestling.....Chad Hisler
 Football.....Bob Howard
 Girls Volleyball.....Jessica Howard
 Track & Field.....Chad Hisler
 Girls Track & Field.....Clint Howard
 Cross Country.....Joe Lambert
 Girls Cross Country.....Joe Lambert
 Soccer.....Craig Signorin
 Girls Soccer.....Paul Baedke
 Football Cheerleading.....Kristin Elm
 Basketball Cheerleading.....Monica Trujillo
 Wrestling Cheerleading.....Monica Trujillo
 Speech Director.....Stephanie Pace
 Student Council.....Pam Ryan
 Band Director.....Rachel Daum
 Vocal Director.....Greta Nelson

WEST BEND-MALLARD

Street Address: 300 3rd Avenue SW
 City: West Bend
 Zip Code: 50597
 Mailing Address: PO Box 247
 City: West Bend
 Zip Code: 50597
 Supt. St Address: PO Box 247
 Supt. City: West Bend
 Supt. Zip: 50597
 County: Palo Alto
 Area Code: 515
 School Phone: 887-7831
 HS Fax: 887-7853
 AD Fax: 887-7853
 Web Site: <http://www.west-bend.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Wolverines
 Conference: Twin Lakes

Superintendent.....Amanda Schmidt
 Phone.....(515)887-7821
 Email.....schmidt@west-bend.k12.ia.us
 Admin Asst.....Linda Thul
 Phone.....(515)887-7821
 Email.....lthul@west-bend.k12.ia.us
 Principal.....Paul Peppmeier
 Phone.....(515)887-7831
 Email.....ppeppmeier@west-bend.k12.ia.us

Athletic Administrator.....Tyson Wirtz
 Phone.....(515)887-7831
 Email.....twirtz@west-bend.k12.ia.us
 Athletic Secretary.....Linda Thul
 Phone.....(515)887-7841
 Email.....lthul@west-bend.k12.ia.us
 Sports Medicine Provider.....Jim Lonning
 Golf.....Koy Goodchild
 Girls Golf.....Koy Goodchild
 Basketball.....Jerry Zaugg
 Girls Basketball.....Jim Zinnel
 Baseball.....Jim Zinnel
 Girls Softball.....Ben Hellman
 Wrestling.....Payton Rice
 Football.....Shawn Morris
 Girls Volleyball.....Samantha Comer
 Track & Field.....Jerry Vanderhorst
 Girls Track & Field.....Eldon Mckimmey
 Cross Country.....Ben Hellman
 Girls Cross Country.....Ben Hellman
 Football Cheerleading.....Lisa Bruellman
 Basketball Cheerleading.....Lisa Bruellman
 Student Council.....Paul Peppmeier
 Band Director.....Moni Westling
 Vocal Director.....Moni Westling

WEST BRANCH

Street Address: 900 W Main St
 City: West Branch
 Zip Code: 52358
 Mailing Address: 900 W Main St
 City: West Branch
 Zip Code: 52358
 Supt. St Address: 148 N Oliphant
 Supt. City: West Branch
 Supt. Zip: 52358
 County: Cedar
 Area Code: 319
 School Phone: 643-7216
 HS Fax: 643-2415
 AD Fax: 643-2415
 Web Site: <http://www.west-branch.k12.ia.us>
 School Colors: Red, White, Black
 Nickname: Bears
 Conference: River Valley Conference
 Superintendent.....Marty Jimmerson
 Phone.....(319)643-7213 x101
 Email.....mjimmerson@west-branch.k12.ia.us
 Principal.....Sara Oswald
 Phone.....(319)643-7213
 Email.....soswald@west-branch.k12.ia.us
 Asst/Assoc/Vice-Principal.....Jody Gray
 Phone.....(319)643-7213
 Email.....jgray@west-branch.k12.ia.us
 Athletic Administrator.....Jake Stenberg
 Phone.....(319)643-7216 x304
 Email.....jstenberg@west-branch.k12.ia.us
 Athletic Secretary.....Ruth Farmer
 Phone.....(319)643-7216 x300
 Email.....rfarmer@west-branch.k12.ia.us
 Sports Medicine Provider.....Eastern Iowa Physical Therapy
 Golf.....Randy Sexton
 Girls Golf.....Jan O'Neil
 Basketball.....Jason Kern
 Girls Basketball.....Jarod Tylee
 Baseball.....Andrew Lapel
 Girls Softball.....Chandran Lapel
 Wrestling.....Cody Krumwiede
 Football.....Butch Pedersen
 Girls Volleyball.....Loren Hammerand
 Track & Field.....Taylor Larson
 Girls Track & Field.....Ben Holub

Soccer.....Ted Miller
 Girls Soccer.....Greg Seydel
 Football Cheerleading.....Rhonda Berry
 Basketball Cheerleading.....Rhonda Berry
 Wrestling Cheerleading.....Rhonda Berry
 Student Council.....Abby Noelck
 Band Director.....Spencer Kruse
 Vocal Director.....Chris Reed

WEST BURLINGTON

Street Address: 607 Ramsey St
 City: West Burlington
 Zip Code: 52655
 Mailing Address: 408 W. Van Weiss Blvd
 City: West Burlington
 Zip Code: 52655
 Supt. St Address: 607 Ramsey St
 Supt. City: West Burlington
 Supt. Zip: 52655
 County: Des Moines
 Area Code: 319
 School Phone: 754-6567
 HS Fax: 754-0075
 AD Fax: 754-0075
 Web Site: <http://www.wbschools.us>
 School Colors: Green & White
 Nickname: Falcons
 Conference: SEI Superconference - South
 Superintendent.....Lisa Beames
 Phone.....(319)752-8747
 Email.....lisa.beames@wbschools.us
 Principal.....Bruce Snodgrass
 Phone.....(319)754-6567 x351
 Email.....Bruce.Snodgrass@wbschools.us
 Asst/Assoc/Vice-Principal.....Mike Jones
 Phone.....(319)754-6567
 Email.....Mike.Jones@wbschools.us
 Athletic Administrator.....Jeff Housel
 Phone.....(319)754-6567 x4
 Email.....Jeff.Housel@wbschools.us
 Athletic Secretary.....Vicki Stinimates
 Phone.....(319)754-6567 x1350
 Email.....vicki.stinimates@wbschools.us
 Sports Medicine Provider.....Erin Bush, LAT
 (Great River Health Systems)

Basketball.....Ryan O'Hern
 Girls Basketball.....John Vandenberg
 Baseball.....Pat McKasson
 Girls Softball.....Dave Oleson
 Football.....Jay Eilers
 Girls Volleyball.....Corina Shipp
 Track & Field.....Corey Lamm
 Girls Track & Field.....Mike Gurius
 Bowling.....Lauri Allen
 Girls Bowling.....Lauri Allen
 Football Cheerleading.....Beckie Eilers
 Student Council.....Jenna Amenell
 Band Director.....Mark Eveleth
 Vocal Director.....Annette Siebers

WEST CENTRAL VALLEY, STUART

Street Address: 3299 White Pole Rd
 City: Stuart
 Zip Code: 50250
 Mailing Address: 3299 White Pole Rd
 City: Stuart
 Zip Code: 50250
 Supt. St Address: 3299 White Pole Rd
 Supt. City: Stuart
 Supt. Zip: 50250
 County: Guthrie
 Area Code: 515

School Phone: 523-1313
 HS Fax: 523-2765
 AD Fax: 523-2765
 Web Site: <http://www.wcv.k12.ia.us>
 School Colors: Purple & Black
 Nickname: Wildcats
 Conference: West Central Activities
 Superintendent.....Lance Ridgely
 Phone.....(515)523-2187
 Email.....lridgely@wcv.k12.ia.us
 Admin Asst.....Jennifer Woodson
 Phone.....(515)523-2187
 Email.....jwoodson@wcv.k12.ia.us
 Principal.....Rusty Shockley
 Phone.....(515)523-1313
 Email.....rshockley@wcv.k12.ia.us
 Athletic Administrator.....Dave Doely
 Phone.....(515)523-1313
 Email.....ddoely@wcv.k12.ia.us
 Athletic Secretary.....Deb Doherty
 Phone.....(515)523-1313
 Email.....ddoherty@wcv.k12.ia.us
 Sports Medicine Provider.....Bobby Reisz, LAT
 (Peak Performance)
 Golf.....David Doely
 Girls Golf.....Traca Waddell
 Basketball.....Dave Brumley
 Girls Basketball.....Drew Stonewall
 Baseball.....Nick Weinmeister
 Girls Softball.....Taryn Van Ryswyk
 Wrestling.....Ben Strandberg
 Football.....Shaen Polasky
 Girls Volleyball.....Kaleb Brown
 Track & Field.....Seth Comly
 Girls Track & Field.....David Hammond
 Cross Country.....Dave Hammond
 Girls Cross Country.....Dave Hammond
 Soccer.....Jon Boss
 Girls Soccer.....Mike Krawczyk
 Bowling.....Chad Pote
 Football Cheerleading.....Traca Madren
 Basketball Cheerleading.....Traca Madren
 Speech Director.....Nancy Bauch
 Student Council.....Tiffany Welsh
 Band Director.....Josh Kassmeyer
 Vocal Director.....Michael Gookin

WEST CENTRAL, MAYNARD

Street Address: 305 Pember St
 City: Maynard
 Zip Code: 50655
 Mailing Address: PO Box 54
 City: Maynard
 Zip Code: 50655
 Supt. St Address: PO Box 54
 Supt. City: Maynard
 Supt. Zip: 50655
 County: Fayette
 Area Code: 563
 School Phone: 637-2283
 HS Fax: 637-2294
 AD Fax: 637-2294
 Web Site: <http://www.westcentral.school>
 School Colors: Royal Blue & White
 Nickname: Blue Devils
 Conference: Upper Iowa
 Superintendent.....Fred Matlage
 Phone.....(563)637-2283
 Email.....fmatlage@wc.k12.ia.us
 Admin Asst.....Renae Streitmatter
 Phone.....(563)637-2283
 Email.....rstreitmatter@wc.k12.ia.us

Principal.....Matthew Molumby
 Phone.....(563)637-2283
 Email.....mmolumby@wc.k12.ia.us
 Athletic Administrator.....Steve Milder
 Phone.....(563)637-2283
 Email.....smilder@wc.k12.ia.us
 Athletic Secretary.....Renee Streittmatter
 Phone.....(563)637-2283 x100
 Email.....rstreittmatter@wc.k12.ia.us
 Golf.....Ron Ahrends
 Girls Golf.....Jordan Greco
 Basketball.....Darin Lockard
 Girls Basketball.....Thomas Trainer
 Girls Softball.....Nick Robinson
 Football.....Steve Milder
 Girls Volleyball.....Abby DeGroot
 Track & Field.....Matthew Hageman
 Girls Track & Field.....Randy Fink
 Football Cheerleading.....Kendra Lockard
 Basketball Cheerleading.....Kendra Lockard
 Speech Director.....Matthew Molumby
 Student Council.....Josh Bahr
 Band Director.....Todd Walter
 Vocal Director.....Stacy Fink

WEST DELAWARE, MANCHESTER

Street Address: 605 New St
 City: Manchester
 Zip Code: 52057
 Mailing Address: 605 New St
 City: Manchester
 Zip Code: 52057
 Supt. St Address: 701 New St
 Supt. City: Manchester
 Supt. Zip: 52057
 County: Delaware
 Area Code: 563
 School Phone: 927-3515
 HS Fax: 927-6222
 AD Fax: 927-6222
 Web Site: <http://www.w-delaware.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Hawks
 Conference: WaMaC
 Superintendent.....Dr. Kristen Rickey
 Phone.....(563)927-3515 x401
 Email.....krickey@w-delaware.k12.ia.us
 Admin Asst.....Laurie Buchheit
 Phone.....(563)927-3515 x406
 Email.....lauriebuchheit@w-delaware.k12.ia.us
 Principal.....Tim Felderman
 Phone.....(563)927-3515 x301
 Email.....timfelderman@w-delaware.k12.ia.us
 Asst/Assoc/Vice-Principal.....Matt Weis
 Phone.....(563)927-3515 x302
 Email.....mattweis@w-delaware.k12.ia.us
 Athletic Administrator.....Matt Weis
 Phone.....(563)927-3515 x302
 Email.....mattweis@w-delaware.k12.ia.us
 Athletic Secretary.....Kay La Rosa
 Phone.....(563)927-3515 x305
 Email.....kaylarosa@w-delaware.k12.ia.us
 Golf.....Christi Imsland
 Girls Golf.....Brett Mather
 Basketball.....Matt Uthoff
 Girls Basketball.....Rod Conrad
 Baseball.....Nate Lahr
 Girls Softball.....Tiffany Rave
 Wrestling.....Jeff Voss
 Football.....Doug Winkowitsch
 Girls Volleyball.....Brett Mather
 Track & Field.....Doug Winkowitsch

Girls Track & Field.....Doug Engel
 Cross Country.....Dale Meyer
 Girls Cross Country.....Ben Moser
 Soccer.....Matt Knutson
 Girls Soccer.....Hannah Crumpton
 Bowling.....Bob Morris
 Girls Bowling.....Ken Boesenberg
 Football Cheerleading.....Angie Zehr
 Basketball Cheerleading.....Angie Zehr
 Wrestling Cheerleading.....Molly Brouillette
 Speech Director.....Abby Osborne
 Band Director.....Mark Philgreen
 Vocal Director.....Duane Philgreen

WEST FORK, SHEFFIELD

Street Address: 453 N 5th St
 City: Sheffield
 Zip Code: 50475
 Mailing Address: PO Box 617
 City: Sheffield
 Zip Code: 50475
 Supt. St Address: PO Box 617
 Supt. City: Sheffield
 Supt. Zip: 50475
 County: Franklin
 Area Code: 641
 School Phone: 892-4461
 HS Fax: 892-4335
 AD Fax: 892-4335
 Web Site: <http://www.westforkschool.org>
 School Colors: Black, Red
 Nickname: Warhawks
 Conference: Top of Iowa
 Superintendent.....Mike Kruger
 Phone.....(641)892-4159
 Email.....mike.kruger@westforkschool.org
 Principal.....Bobby Willms
 Phone.....(641)892-4461
 Email.....bobby.willms@westforkschool.org
 Athletic Administrator.....Alex Brayton
 Phone.....(641)892-4461 x1151
 Email.....alex.brayton@westforkschool.org
 Co-AD/Assistant.....Lance Thompson
 Phone.....(641)892-4461
 Email.....lance.thompson@westforkschool.org
 Golf.....Doug Sheriff
 Girls Golf.....Mary Schulz
 Basketball.....Frank Schnoes
 Girls Basketball.....Rodney Huber
 Baseball.....Lance Thompson
 Girls Softball.....Abbee Dickman
 Wrestling.....Jared Arbogast
 Football.....James Perez
 Girls Volleyball.....Abbee Dickman
 Track & Field.....Alex Brayton
 Girls Track & Field.....Ashley Sears
 Cross Country.....Mark Twedt
 Girls Cross Country.....Mark Twedt
 Football Cheerleading.....Jessica Barnes,
 Sheena Petersen
 Basketball Cheerleading.....Jessica Barnes
 Wrestling Cheerleading.....Sheena Petersen
 Speech Director.....Laura Schafer
 Student Council.....Ashley McKee
 Band Director.....Jason Grunklee
 Vocal Director.....Katy Wilson

WEST HANCOCK, BRITT

Street Address: 420 9th Ave SW PO Box 278
 City: Britt
 Zip Code: 50423
 Mailing Address: PO Box 278

City: Britt
 Zip Code: 50423
 Supt. St Address: PO Box 278
 Supt. City: Britt
 Supt. Zip: 50423
 County: Hancock
 Area Code: 641
 School Phone: 843-3863
 HS Fax: 843-4717
 AD Fax: 843-4717
 Web Site: <http://www.whancock.org>
 School Colors: Red & white
 Nickname: Eagles
 Conference: Top of Iowa
 Superintendent.....Wayne Kronemann
 Phone.....(641)843-3863 x102
 Email.....wkronemann@whancock.org
 Principal.....Dan Peterson
 Phone.....(641)843-3863 x305
 Email.....Danpeterson@whancock.org
 Athletic Administrator.....Steve Lansing
 Phone.....(641)843-3863 x392
 Email.....slansing@whancock.org
 Co-AD/Assistant.....Ruth Verbrugge
 Phone.....(641)762-3261 x205
 Email.....rverbrugge@whancock.org
 Sports Medicine Provider.....Athletico Physical Therapy
 Golf.....Melinda Tremmel
 Girls Golf.....Melinda Tremmel
 Basketball.....Brian Peterson
 Girls Basketball.....Paul Sonius
 Baseball.....Josh Eisenman
 Girls Softball.....Ethan Weiss
 Wrestling.....Mark Sanger
 Football.....Bob Sanger
 Girls Volleyball.....Amber Kluver Heimer
 Track & Field.....Bob Sanger
 Girls Track & Field.....Mark Sanger
 Cross Country.....Holly Lang
 Girls Cross Country.....Holly Lang
 Football Cheerleading.....Jordan Smith
 Basketball Cheerleading.....Sharayah Hacker
 Wrestling Cheerleading.....Jordan Smith
 Speech Director.....Robin Kudej
 Student Council.....Holly Lang
 Band Director.....Jennifer Rosin
 Vocal Director.....Stacy Heston

WEST HARRISON, MONDAMIN

Street Address: 410 Pine St
 City: Mondamin
 Zip Code: 51557
 Mailing Address: 410 Pine St
 City: Mondamin
 Zip Code: 51557
 Supt. St Address: 410 Pine St
 Supt. City: Mondamin
 Supt. Zip: 51557
 County: Harrison
 Area Code: 712
 School Phone: 646-2231
 HS Fax: 646-2891
 AD Fax: 646-2891
 Web Site: <http://www.westharrison.school>
 School Colors: Black & White
 Nickname: Hawkeyes
 Conference: Rolling Valley
 Superintendent.....Julie Treppe
 Phone.....(712)646-2231
 Email.....jtreppe@westharrison.school

Principal.....Casey Ring
 Phone.....(712)646-2231
 Email.....cring@westharrison.school
 Athletic Administrator.....Anthony Nunez
 Phone.....(712)646-2231
 Email.....anunez@westharrison.school
 Basketball.....Rowdy Evans
 Girls Basketball.....Kathy Glennie
 Baseball.....Tony Nunez
 Girls Softball.....Jami Sherer
 Wrestling.....Steve Forbes
 Football.....Andrew Steveson
 Girls Volleyball.....Kathy Glennie
 Track & Field.....Andrew Stevenson
 Girls Track & Field.....Steve Forbes
 Cross Country.....Troy Maasen
 Girls Cross Country.....Troy Maasen
 Speech Director.....Gina Birdsall
 Student Council.....Bre Ann Marshall
 Band Director.....Benjamin Work
 Vocal Director.....Benjamin Work

WEST LIBERTY

Street Address: 1103 N. Elm St PO Box 228
 City: West Liberty
 Zip Code: 52776
 Mailing Address: 310 W Maxson Ave
 City: West Liberty
 Zip Code: 52776
 Supt. St Address: 111 W 7th St
 Supt. City: West Liberty
 Supt. Zip: 52776
 County: Muscatine
 Area Code: 319
 School Phone: 627-2115
 HS Fax: 627-2046
 AD Fax: 627-2046
 Web Site: <http://www.wl.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Comets
 Conference: River Valley Conference
 Superintendent.....Dr. Diego Giraldo
 Phone.....(319)627-2116
 Email.....dgiraldo@wl.k12.ia.us
 Admin Asst.....Melissa Kregel
 Phone.....(319)627-2116
 Email.....mkregel@wl.k12.ia.us
 Principal.....Brenda Arthur-Miller
 Phone.....(319)627-2115
 Email.....barthurmiller@wl.k12.ia.us
 Asst/Assoc/Vice-Principal.....Ralph Hughes
 Phone.....(319)627-2115 x5003
 Email.....ralphhughes@wl.k12.ia.us
 Athletic Administrator.....Ralph Hughes
 Phone.....(319)627-2115 x5003
 Email.....ralphhughes@wl.k12.ia.us
 Athletic Secretary.....Veronica Rivera
 Phone.....(319)627-2115
 Email.....vrivera@wl.k12.ia.us
 Golf.....Brittney Boffeli
 Girls Golf.....James Laughlin
 Basketball.....James Laughlin
 Girls Basketball.....Mathew Hoepfner
 Baseball.....Troy Wulf
 Girls Softball.....Chad Libby
 Wrestling.....Ian Alke
 Football.....Jason Iske
 Girls Volleyball.....Ruben Galvan
 Track & Field.....Gus Garcia
 Girls Track & Field.....Michael Hart
 Cross Country.....Melia Larson
 Girls Cross Country.....Michael Hart

Soccer.....Walton Ponce
 Girls Soccer.....Manuel Machado
 Football Cheerleading.....Gretchen Nollman
 Basketball Cheerleading.....Gretchen Nollman
 Speech Director.....Edward Kelly
 Student Council.....Melanie Clark
 Band Director.....Ashley Smith
 Vocal Director.....Mallory Vallentine

WEST LYON, INWOOD

Street Address: 1787 182nd St
 City: Inwood
 Zip Code: 51240
 Mailing Address: 1787 182nd St
 City: Inwood
 Zip Code: 51240
 Supt. St Address: 1787 182nd St
 Supt. City: Inwood
 Supt. Zip: 51240
 County: Lyon
 Area Code: 712
 School Phone: 753-4917
 HS Fax: 753-4928
 AD Fax: 753-4928
 Web Site: <http://www.wl.wildcats.org/>
 School Colors: Blue & White
 Nickname: Wildcats
 Conference: Siouxland
 Superintendent.....Shawn Kreman
 Phone.....(712)753-4917
 Email.....skreman@wl.wildcats.org
 Principal.....Doug Jiskoot
 Phone.....(712)753-4917
 Email.....djiskoot@wl.wildcats.org
 Athletic Administrator.....Jeremy Childress
 Phone.....(712)753-4917
 Email.....jchildress@wl.wildcats.org
 Sports Medicine Provider.....Ryan Brink
 (Orthopedic Institute)
 Golf.....Matt McKenney
 Girls Golf.....Jeff Hoogeveen
 Basketball.....Dan De Jong
 Girls Basketball.....Ryan Brasser
 Baseball.....Koury Kramer
 Girls Softball.....Tony Kerkvliet, Jeremy Childress
 Wrestling.....Ben Caven
 Football.....Jay Rozeboom
 Girls Volleyball.....Darla Grotewold
 Track & Field.....Mark Rentschler
 Girls Track & Field.....Jay Rozeboom
 Cross Country.....Teresa Kerkvliet
 Girls Cross Country.....Teresa Kerkvliet
 Football Cheerleading.....Angie Evans
 Basketball Cheerleading.....April Metzger
 Wrestling Cheerleading.....Jen Kramer
 Speech Director.....Miranda Metzger
 Student Council.....Kim Mulder
 Band Director.....Drew Balta
 Vocal Director.....Jacob Venhuizen

WEST MARSHALL, STATE CENTER

Street Address: 601 3rd St NW
 City: State Center
 Zip Code: 50247
 Mailing Address: PO Box 670
 City: State Center
 Zip Code: 50247
 Supt. St Address: PO Box 670
 Supt. City: State Center
 Supt. Zip: 50247
 County: Marshall
 Area Code: 641

School Phone: 483-2136
 HS Fax: 483-2172
 AD Fax: 483-2665
 Web Site: <http://www.w-marshall.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Trojans
 Conference: North Iowa Cedar League
 Superintendent.....Jacy Large
 Phone.....(641)483-2660
 Email.....jlarge@wmcsd.org
 Admin Asst.....Amanda Veren
 Phone.....(641)483-2660
 Email.....averen@wmcsd.org
 Principal.....Kristian Einsweiler
 Phone.....(641)483-2136
 Email.....keinsweiler@wmcsd.org
 Athletic Administrator.....Dave Shipley
 Phone.....(641)483-2136
 Email.....dshipley@wmcsd.org
 Athletic Secretary.....Megan Toyne
 Phone.....(641)483-2136
 Email.....mtoyne@wmcsd.org
 Sports Medicine Provider.....Brett Hand
 Golf.....Brandon Weisert
 Girls Golf.....Kim Tarbell
 Basketball.....Paul deNeui
 Girls Basketball.....Fred Zeller
 Baseball.....Jerod Brown
 Girls Softball.....Kim Tarbell
 Wrestling.....Todd Kline
 Football.....Cody Hackett
 Girls Volleyball.....Erik Eckhardt
 Track & Field.....Troy Clark
 Girls Track & Field.....Cynthia Hillmean
 Cross Country.....Cynthia Hilleman
 Girls Cross Country.....Cynthia Hilleman
 Football Cheerleading.....Sarah Stone
 Basketball Cheerleading.....Monica Edler
 Wrestling Cheerleading.....Sarah Stone
 Student Council.....Patti Edler
 Band Director.....Drake VanRoekel
 Vocal Director.....Jen Boeding

WEST MONONA, ONAWA

Street Address: 1314 15th St
 City: Onawa
 Zip Code: 51040
 Mailing Address: 1314 15th St
 City: Onawa
 Zip Code: 51040
 Supt. St Address: 1314 15th St
 Supt. City: Onawa
 Supt. Zip: 51040
 County: Monona
 Area Code: 712
 School Phone: 433-2453
 HS Fax: 433-3803
 AD Fax: 433-1142
 Web Site: <http://www.westmonona.org>
 School Colors: Kelly Green, White & Black
 Nickname: Spartans
 Conference: Western Valley Conference
 Superintendent.....Julie Trepas
 Phone.....(712)433-2043
 Email.....julie.trepas@westmonona.org
 Principal.....Tim Chesnut
 Phone.....(712)433-2453
 Email.....tim.chesnut@westmonona.org
 Athletic Administrator.....Josh Vanderflugh
 Phone.....(712)433-9098 x302
 Email.....josh.vanderflugh@westmonona.org

Athletic Secretary.....Janice Blatchford
 Phone.....(712)433-9098 x301
 Email.....janice.blatchford@westmonona.org
 Sports Medicine Provider.....Josh Lander
 Golf.....Beau Hupke
 Girls Golf.....Jeff Pratt
 Basketball.....Nick Holverson
 Girls Basketball.....Kevin Brandt
 Baseball.....Glen Coble
 Girls Softball.....Clint Nichols
 Wrestling.....Blake Moore
 Football.....Drew Potter
 Girls Volleyball.....Larry DeRocher
 Track & Field.....Jeffrey Hamblen
 Girls Track & Field.....Breanna Doorenbos
 Cross Country.....Jeffrey Hamblen
 Girls Cross Country.....Jeffrey Hamblen
 Football Cheerleading.....Darla Mohr
 Basketball Cheerleading.....Gerelene Mackey
 Speech Director.....Randy Stanislav
 Student Council.....Kisa Olson
 Band Director.....Tracy Shaw
 Vocal Director.....Amber Brockman

WEST SIOUX, HAWARDEN

Street Address: 1300 Falcon Dr
 City: Hawarden
 Zip Code: 51023
 Mailing Address: 1300 Falcon Dr
 City: Hawarden
 Zip Code: 51023
 Supt. St Address: 1300 Falcon Dr
 Supt. City: Hawarden
 Supt. Zip: 51023
 County: Sioux
 Area Code: 712
 School Phone: 551-1181
 HS Fax: 551-1514
 AD Fax: 551-1514
 Web Site: <http://www.westsixschools.org/>
 School Colors: Red, White, Blue
 Nickname: Falcons
 Conference: War Eagle
 Superintendent.....Steve Grond
 Phone.....(712)551-1461 x209300
 Email.....sgrond@w-sioux.k12.ia.us
 Principal.....Allyn Coppock
 Phone.....(712)551-1022
 Email.....acoppock@w-sioux.k12.ia.us
 Asst/Assoc/Vice-Principal.....Matt VanVoorst
 Phone.....(712)551-1181
 Email.....mvanvoorst@w-sioux.k12.ia.us
 Athletic Administrator.....Ben Bouza
 Phone.....(712)551-1181
 Email.....bbouza@w-sioux.k12.ia.us
 Athletic Secretary.....Tracie McManaman
 Phone.....(712)551-1181
 Email.....tmcmanam@w-sioux.k12.ia.us
 Sports Medicine Provider(s).....Mike May, Colin Wiggins
 Golf.....Shad Coppock
 Girls Golf.....Shad Coppock
 Basketball.....Jerome Hoegh
 Girls Basketball.....Adam McVay
 Baseball.....Brian Engleman
 Girls Softball.....Kaitlyn Lockhorst
 Wrestling.....Mark Van Oort
 Football.....Ryan Schwiesow
 Girls Volleyball.....Atlanta DeJong
 Track & Field.....Jerome Hoegh
 Girls Track & Field.....Bruce Keizer
 Cross Country.....Ashley Hoegh

Girls Cross Country.....Ashley Hoegh
 Soccer.....Steve Topete
 Girls Soccer.....Ashley Hoegh
 Bowling.....Brian Engleman
 Girls Bowling.....Brian Engleman
 Football Cheerleading.....Madalyn Vlotho, Rylee Negaard
 Wrestling Cheerleading.....Madalyn Vlotho
 Student Council.....Nic Engleman
 Band Director.....Paul McEntaffer
 Vocal Director.....Wyatt Rath

WESTERN CHRISTIAN, HULL

Street Address: 925 5th St
 City: Hull
 Zip Code: 51239
 Mailing Address: PO Box 658
 City: Hull
 Zip Code: 51239
 Supt. St Address: PO Box 658
 Supt. City: Hull
 Supt. Zip: 51239
 County: Sioux
 Area Code: 712
 School Phone: 439-1013
 HS Fax: 439-1407
 AD Fax: 439-1407
 Web Site: <http://www.westernchristianhs.com>
 School Colors: Maroon & White
 Nickname: Wolfpack
 Conference: Lakes
 Superintendent.....Brian Verwolf
 Phone.....(712)439-1013
 Email.....brian.verwolf@westernchristianhs.com
 Principal.....Brian Verwolf
 Phone.....(712)439-1013
 Email.....brian.verwolf@westernchristianhs.com
 Asst/Assoc/Vice-Principal.....Justin Negen
 Phone.....(712)439-1013
 Email.....justin.negen@westernchristianhs.com
 Athletic Administrator.....Travis Kooima
 Phone.....(712)439-1013
 Email.....travis.kooima@westernchristianhs.com
 Athletic Secretary.....Kathy Mouw
 Phone.....(712)439-1013
 Email.....kathy.mouw@westernchristianhs.com
 Sports Medicine Provider(s).....Steve Haveman,
 Leah DeStigter
 Golf.....Derek Keizer
 Girls Golf.....Justin Negen
 Basketball.....Derek Keizer
 Girls Basketball.....Justin Negen
 Baseball.....Trent Roose
 Girls Softball.....Michael DeJong
 Wrestling.....Pete Di Pol
 Football.....Travis Kooima
 Girls Volleyball.....Tammi Veerbeek
 Track & Field.....Travis Kooima
 Girls Track & Field.....Mark Fenchel
 Cross Country.....Dalton Lems
 Girls Cross Country.....Dalton Lems
 Soccer.....Sou Baccam
 Girls Soccer.....Alex Durbin
 Football Cheerleading.....Desiree Coulander
 Basketball Cheerleading.....Desiree Coulander
 Wrestling Cheerleading.....Desiree Coulander
 Speech Director.....Karen Christians
 Student Council.....Lyle Van Ravenswaay
 Band Director.....Lyle Van Ravenswaay
 Vocal Director.....Darren Vant Hul
 Orchestra Director.....Amie Smit

WESTWOOD, SLOAN

Street Address: 1000 Rebel Way
 City: Sloan
 Zip Code: 51055
 Mailing Address: 1000 Rebel Way
 City: Sloan
 Zip Code: 51055
 Supt. St Address: 1000 Rebel Way
 Supt. City: Sloan
 Supt. Zip: 51055
 County: Woodbury
 Area Code: 712
 School Phone: 428-3303
 HS Fax: 428-3246
 AD Fax: 428-3246
 Web Site: <http://www.wvrebels.org>
 School Colors: Blue & Gold
 Nickname: Rebels
 Conference: Western Valley
 Superintendent.....Jay Lutt
 Phone.....(712)428-3355 x327
 Email.....jlutt@wcsdrebels.com
 Principal.....Matt Drees
 Phone.....(712)428-3303 x324
 Email.....mdrees@wcsdrebels.com
 Athletic Administrator.....Cass Burkhart
 Phone.....(712)428-3303 x136
 Email.....cburkhart@wcsdrebels.com
 Athletic Secretary.....Ashlee Worrell
 Phone.....(712)428-3303
 Email.....aworrell@wcsdrebels.com
 Sports Medicine Provider.....CNOS
 Golf.....Tom Thompson
 Girls Golf.....Karley Seuntjens
 Basketball.....Chase Collins
 Girls Basketball.....Vince Johnson
 Baseball.....Chase Collins, Andrew Scott
 Girls Softball.....Dan Thompson
 Wrestling.....Tom Thompson
 Football.....Cass Burkhart
 Girls Volleyball.....Rich Lamoureux
 Track & Field.....Brian Steele
 Girls Track & Field.....Sheryl Book
 Cross Country.....Sheryl Book
 Girls Cross Country.....Sheryl Book
 Football Cheerleading.....Jill Kerr
 Basketball Cheerleading.....Karla Copple
 Wrestling Cheerleading.....Anne Steffens
 Speech Director.....Tammy Williams
 Student Council.....Jill Muenchrath
 Band Director.....Blake Lyon
 Vocal Director.....Tom Gerking

WHITING

Street Address: 606 West St
 City: Whiting
 Zip Code: 51063
 Mailing Address: PO Box 295
 City: Whiting
 Zip Code: 51063
 Supt. St Address: 606 West St
 Supt. City: Whiting
 Supt. Zip: 51063
 County: Monona
 Area Code: 712
 School Phone: 455-2468
 HS Fax: 455-2601
 AD Fax: 455-2601
 Web Site: <http://www.whitingcsd.org>
 School Colors: Red & White
 Nickname: Warriors

Conference: Nebraska Frontier Conf.
 Superintendent..... Randy Collins
 Phone..... (712)568-2616
 Email.....rcollins@akron-westfield.com
 Principal..... Al Laboranti
 Phone..... (712)455-2468
 Email.....alaboranti@whitingcsd.org
 Athletic Administrator..... Alex Lamp
 Phone..... (712)455-2468
 Email.....alamp@whitingcsd.org
 Athletic Secretary..... Tracy Bell
 Phone..... (712)455-2468
 Email.....tbell@whitingcsd.org
 Sports Medicine Provider..... Chad VonScoyk, LAT (CNOS)
 Basketball..... Chris Derry
 Girls Basketball..... Steve Murray
 Baseball..... Brian Steele
 Girls Softball..... Steve Mahlberg
 Football..... Bryce Warner
 Girls Volleyball..... Chris Derry
 Track & Field..... Chris Derry
 Girls Track & Field..... Chris Derry
 Cross Country..... Alex Lamp
 Girls Cross Country..... Alex Lamp
 Football Cheerleading..... Shawna Chapman
 Basketball Cheerleading..... Shawna Chapman
 Wrestling Cheerleading..... TBD
 Speech Director..... Lisa Hoebelheinrich
 Student Council..... Katie Bruening
 Band Director..... Alicia Vande Hoef
 Vocal Director..... Alicia Vande Hoef

WILLIAMSBURG

Street Address: 810 W Walnut St
 City: Williamsburg
 Zip Code: 52361
 Mailing Address: PO Box 120
 City: Williamsburg
 Zip Code: 52361
 Supt. St Address: 810 W Walnut St
 Supt. City: Williamsburg
 Supt. Zip: 52361
 County: Iowa
 Area Code: 319
 School Phone: 668-1050
 HS Fax: 668-9359
 AD Fax: 668-9359
 Web Site: <http://www.williamsburg.k12.ia.us>
 School Colors: Red & White
 Nickname: Raiders
 Conference: WAMAC
 Superintendent..... Chad Garber
 Phone..... (319)668-1059 x225
 Email.....chadgarber@williamsburg.k12.ia.us
 Admin Asst..... Dawn Coffman
 Phone..... (319)668-1059 x226
 Email.....dawncoffman@williamsburg.k12.ia.us
 Principal..... Lynell O'Connor
 Phone..... (319)668-1050 x222
 Email.....lynelloconnor@williamsburg.k12.ia.us
 Asst/Assoc/Vice-Principal..... Brent Zirkel
 Phone..... (319)668-1050 x267
 Athletic Administrator..... Nathan King
 Phone..... (319)668-1050 x269
 Email.....nathanking@williamsburg.k12.ia.us
 Athletic Secretary..... Brenda Van Dee
 Phone..... (319)668-1050 x223
 Email.....brendavandee@williamsburg.k12.ia.us
 Sports Medicine Provider..... Rhianna Freiburger
 Golf..... Brad Schaefer
 Girls Golf..... Todd Subbert

Basketball..... Brad Knoop
 Girls Basketball..... Austin Mullikin
 Swimming..... Margaret Trumpold
 Girls Swimming..... Margaret Trumpold
 Baseball..... Nathan King
 Girls Softball..... Adam Berte
 Wrestling..... Grant Eckenrod
 Football..... Curt Ritchie
 Girls Volleyball..... Amanda Busch
 Track & Field..... Matt Matthes
 Girls Track & Field..... Nick Nordheim
 Cross Country..... Nick Nordheim
 Girls Cross Country..... Nick Nordheim
 Soccer..... Ryan Sauser
 Girls Soccer..... Tim Jones
 Football Cheerleading..... Lori Wells-Adamson
 Basketball Cheerleading..... TBD
 Wrestling Cheerleading..... TBD
 Speech Director..... Amy Degen
 Student Council..... Shannon Musser, Lori Wells-Adamson
 Band Director..... Leah Schmidt
 Vocal Director..... Steven Manning, Katie Berte

WILTON

Street Address: 1002 Cypress St
 City: Wilton
 Zip Code: 52778
 Mailing Address: 1002 Cypress St
 City: Wilton
 Zip Code: 52778
 Supt. St Address: 1002 Cypress St
 Supt. City: Wilton
 Supt. Zip: 52778
 County: Muscatine
 Area Code: 563
 School Phone: 732-2035
 HS Fax: 732-4121
 AD Fax: 732-4437
 Web Site: <http://www.wiltoncsd.org>
 School Colors: Royal Blue & Gold
 Nickname: Beavers
 Conference: River Valley Conference
 Superintendent..... Joe Burnett
 Phone..... (563)732-2035 x250
 Email.....joeburnett@wiltoncsd.org
 Principal..... Marc Snavelly
 Phone..... (563)732-2629 x260
 Email.....marcsnavelly@wiltoncsd.org
 Athletic Administrator..... Ryan Hetzler
 Phone..... (563)732-2629 x232
 Email.....ryanhetzler@wiltoncsd.org
 Co-AD/Assistant..... Jane A. Kreimeyer
 Phone..... (563)732-2035 x228
 Email.....janekreimeyer@wiltoncsd.org
 Athletic Secretary..... Jane Kreimeyer
 Phone..... (563)732-2035 x228
 Email.....janekreimeyer@wiltoncsd.org
 Sports Medicine Provider..... Rock Valley
 Golf..... Nick Dohrmann
 Girls Golf..... Jamie Meyer
 Basketball..... Erik Grunder
 Girls Basketball..... Jake Souhrada
 Baseball..... Jake Souhrada
 Girls Softball..... Kortney Denkman
 Wrestling..... Gabe Boorn
 Football..... Ryan Hetzler
 Girls Volleyball..... Brenda Grunder
 Track & Field..... Mark Patterson
 Girls Track & Field..... Jeremy Putman
 Cross Country..... Nick Dohrmann
 Girls Cross Country..... Nick Dohrmann

Football Cheerleading..... Sara Anderson
 Basketball Cheerleading..... TBD
 Wrestling Cheerleading..... Sarah Bothell
 Speech Director..... Nicole Miller
 Student Council..... Erik Grunder
 Band Director..... Pete Wyatt
 Vocal Director..... Kylie Erickson

WINFIELD-MT. UNION

Street Address: 208 S Olive St
 City: Winfield
 Zip Code: 52659
 Mailing Address: PO Box E
 City: Winfield
 Zip Code: 52659
 Supt. St Address: 208 S Olive St
 Supt. City: Winfield
 Supt. Zip: 52659
 County: Henry
 Area Code: 319
 School Phone: 257-7700
 HS Fax: 257-7714
 AD Fax: 257-7714
 Web Site: <https://wmucsd.org/>
 School Colors: Red & White
 Nickname: Wolves
 Conference: SEI Superconference - North
 Superintendent..... Jeff Maeder
 Phone..... (319)257-7700 x101
 Email.....jeff.maeder@wmucsd.org
 Admin Asst..... Brenda Wade
 Phone..... (319)257-7700 x100
 Email.....brenda.wade@wmucsd.org
 Principal..... Dave Edwards
 Phone..... (319)257-7701 x145
 Email.....dave.edwards@wmucsd.org
 Athletic Administrator..... Jeff Maeder
 Phone..... (319)257-7701 x101
 Email.....jeff.maeder@wmucsd.org
 Co-AD/Assistant..... Mitch Wachs
 Phone..... (319)257-7700 x155
 Email.....mitch.wachs@wmucsd.org
 Athletic Secretary..... Brenda Wade
 Phone..... (319)257-7700 x100
 Email.....brenda.wade@wmucsd.org
 Golf..... Mitch Wachs
 Girls Golf..... Mitch Wachs
 Basketball..... TBD
 Girls Basketball..... Mitch Wachs
 Baseball..... Kenton Klopfenstein
 Girls Softball..... Walt Jackson
 Football..... Scott McCarty
 Girls Volleyball..... Dave Pieart
 Track & Field..... TBD
 Cross Country..... Amanda Hemsworth
 Girls Cross Country..... Amanda Hemsworth
 Football Cheerleading..... Kristyn Delzell
 Student Council..... Kathy Mullin
 Band Director..... Casey Dirksen
 Vocal Director..... Lindsey Pogmore

WINTERSET

Street Address: 624 Husky Dr
 City: Winterset
 Zip Code: 50273
 Mailing Address: 624 Husky Dr
 City: Winterset
 Zip Code: 50273
 Supt. St Address: 110 W Washington
 Supt. City: Winterset
 Supt. Zip: 50273

County: Madison
Area Code: 515
School Phone: 462-3320
HS Fax: 462-2178
AD Fax: 462-2178
Web Site: <http://www.winterset.k12.ia.us>
School Colors: Black & Gold
Nickname: Huskies
Conference: Raccoon River
Superintendent..... Dr. Susie Meade
Phone.....(515)462-2718
Email.....smeade@winterset.k12.ia.us
Principal.....Kent Abrahamson
Phone.....(515)462-3320
Email.....kabrahamson@winterset.k12.ia.us
Asst/Assoc/Vice-Principal.....Jeremy Hilbert
Phone.....(515)462-3320
Email.....jhilbert@winterset.k12.ia.us
Athletic Administrator.....Randy McDonald
Phone.....(515)462-3320
Email.....rmcdonald@winterset.k12.ia.us
Athletic Secretary.....Angie Olson
Phone.....(515)462-3320
Email.....aolson@winterset.k12.ia.us
Sports Medicine Provider.....Mitch (Millenium Therapy)
Golf.....Brett West
Girls Golf.....Barry Vogt
Basketball.....Josh Henry
Girls Basketball.....Jason Darling
Baseball.....Travis Nedved
Girls Softball.....Steve Corkrean
Wrestling.....Ryan Jensen
Football.....Zach Sweeney
Girls Volleyball.....Kalie Schult
Track & Field.....Jason Darling
Girls Track & Field.....Doug Messerschmitt
Cross Country.....Reid Leichty
Girls Cross Country.....Tim Mohs
Soccer.....Cody Sullivan
Girls Soccer.....Seth Woodcock
Football Cheerleading.....Kobie Alcorn
Basketball Cheerleading.....Jayne Ayala
Wrestling Cheerleading.....Stephanie Walker
Speech Director.....Meredith McKay
Student Council.....Jessica Gibbons
Band Director.....Lucas Peterson
Vocal Director.....Jon Barrett

WOODBINE

Street Address: 501 Weare St
City: Woodbine
Zip Code: 51579
Mailing Address: 501 Weare St
City: Woodbine
Zip Code: 51579
Supt. St Address: 501 Weare St
Supt. City: Woodbine
Supt. Zip: 51579
County: Harrison
Area Code: 712
School Phone: 647-2440
HS Fax: 647-2824
AD Fax: 647-2824
Web Site: <http://www.woodbineschools.com>
School Colors: Black & Old Gold
Nickname: Tigers
Conference: Rolling Valley Conference
Superintendent..... Chris Anderson
Phone.....(712)647-2440
Email.....canderson@woodbine.k12.ia.us

Principal.....Samuel Swenson
Phone.....(712)647-2227
Email.....sswenson@woodbine.k12.ia.us
Asst/Assoc/Vice-Principal.....Jill Ridder
Phone.....(712)647-2440
Email.....jridder@woodbine.k12.ia.us
Athletic Administrator.....Sam Swenson
Phone.....(712)647-2440
Email.....sswenson@woodbine.k12.ia.us
Co-AD/Assistant.....Cindy Dickinson
Phone.....(712)647-2440
Email.....cdickinson@woodbine.k12.ia.us
Athletic Secretary.....Cindy Dickinson
Phone.....(712)647-2440
Email.....cdickinson@woodbine.k12.ia.us
Golf.....Tim Marshall
Girls Golf.....Tim Marshall
Basketball.....Kyle Bartels
Girls Basketball.....Ryan Coenen
Baseball.....Jerry Brunow
Girls Softball.....Greg Kolpin
Wrestling.....Dalton Peterson
Football.....Dustin Crook
Girls Volleyball.....Ted Webb
Track & Field.....Ryan Coenen
Girls Track & Field.....Kyle Bartels
Cross Country.....Rod Smith
Girls Cross Country.....Rod Smith
Football Cheerleading.....Kylie Lenz
Basketball Cheerleading.....Kylie Lenz
Speech Director.....Nancy Heistand
Student Council.....Teresa Smith
Band Director.....Andrea King
Vocal Director.....Andrea Feller

WOODBURY CENTRAL, MOVILLE

Street Address: 408 S 4th St
City: Merville
Zip Code: 51039
Mailing Address: 408 S 4th St
City: Merville
Zip Code: 51039
Supt. St Address: 408 S 4th St
Supt. City: Merville
Supt. Zip: 51039
County: Woodbury
Area Code: 712
School Phone: 873-3128
HS Fax: 873-3162
AD Fax: 873-3162
Web Site: <http://www.woodbury-central.k12.ia.us>
School Colors: Royal Blue & White
Nickname: Wildcats
Conference: Western Valley
Superintendent.....Doug Glackin
Phone.....(712)873-3128 x104
Email.....dglackin@wcwildcats.org
Principal.....Dan Bormann
Phone.....(712)873-3128 x106
Email.....dbormann@wcwildcats.org
Athletic Administrator.....Mary Schultz
Phone.....(712)873-3128 x219
Email.....mschultz@wcwildcats.org
Athletic Secretary.....Becky Schultzen
Phone.....(712)873-3128 x102
Email.....bschultzen@wcwildcats.org
Sports Medicine Provider.....CNOS
Golf.....TBD
Girls Golf.....Sam Forrer
Basketball.....Josh Wilkerson
Girls Basketball.....Matthew Jenness

Baseball.....Andy Compton
Girls Softball.....Kati Steffen
Wrestling.....Jake Thomas
Football.....Kurt Bremer
Girls Volleyball.....Kati Steffen
Track & Field.....Karl Bahrke, Scott Bahrke
Cross Country.....Dan Bormann, Dean Harpenau
Girls Cross Country.....Dan Bormann, Dean Harpenau
Football Cheerleading.....Jill Stratton
Basketball Cheerleading.....Brittney Gernhart
Wrestling Cheerleading.....Emily Thomas
Speech Director.....Denise Heiman
Student Council.....Erin Reinders
Band Director.....Noah Hickman
Vocal Director.....Heather Rollison

WOODWARD ACADEMY

Street Address: 1251 334th St
City: Woodward
Zip Code: 50276
Mailing Address: 1251 334th St
City: Woodward
Zip Code: 50276
Supt. St Address: 1251 334th St
Supt. City: Woodward
Supt. Zip: 50276
County: Boone
Area Code: 515
School Phone: 438-3481
HS Fax: 438-3479
AD Fax: 438-3489
Web Site: <http://www.wacademy.com>
School Colors: Navy & White
Nickname: Knights
Conference: West Central Activities Conference
Superintendent.....Shawn Hollenkamp
Phone.....(515)438-3488 x488
Email.....shawn.hollenkamp@sequelyouthservices.com
Executive Coordinator.....Shawn Hollenkamp
Phone.....(515)438-3488
Email.....shawn.hollenkamp@sequelyouthservices.com
Principal.....Jamie Sherley
Phone.....(515)438-3647
Email.....jamie.sherley@sequelyouthservices.com
Asst/Assoc/Vice-Principal.....Lisa Braddock
Email.....lisa.braddock@sequelyouthservices.com
Asst/Assoc/Vice-Principal.....Aric Rush
Email.....aric.rush@sequelyouthservices.com
Asst/Assoc/Vice-Principal.....Mark Moses
Email.....mark.moses@sequelyouthservices.com
Athletic Administrator.....Lorenzo White
Phone.....(515)438-3665
Email.....lorenzo.white@sequelyouthservices.com
Co-AD/Assistant.....Jamie Sherley
Email.....jamie.sherley@sequelyouthservices.com
Basketball.....Dustin Sperling
Baseball.....Carl Fenceroy
Football.....Lorenzo White, Austin Gibbs
Track & Field.....Matt Ruiz
Girls Track & Field.....Matt Ruiz
Cross Country.....Josh Pauley, Taylor Smith
Girls Cross Country.....Josh Pauley, Taylor Smith
Football Cheerleading.....Amber Krueger
Basketball Cheerleading.....Amber Krueger

WOODWARD-GRANGER

Street Address: 306 W 3rd St
City: Woodward
Zip Code: 50276
Mailing Address: 306 W 3rd St
City: Woodward

Zip Code: 50276
 Supt. St Address: 1904 State St
 Supt. City: Granger
 Supt. Zip: 50109
 County: Dallas
 Area Code: 515
 School Phone: 438-2115
 HS Fax: 438-2497
 AD Fax: 438-4329
 Web Site: <http://www.woodward-granger.k12.ia.us>
 School Colors: Forrest Green & Vegas Gold
 Nickname: Hawks
 Conference: West Central
 Superintendent.....Matt Adams
 Phone.....(515)999-8022
 Email.....mattadams@wghawks.school
 Principal.....Robert Boley
 Phone.....(515)438-2115
 Email.....robertboley@wghawks.school
 Asst/Assoc/Vice-Principal.....Jake Mohling
 Phone.....(515)438-4263
 Email.....jakemohling@wghawks.school
 Asst/Assoc/Vice-Principal.....Matt Brummond
 Phone.....(515)999-2357
 Email.....mattbrummond@wghawks.school
 Asst/Assoc/Vice-Principal.....Bekka Maass
 Phone.....(515)438-3240
 Email.....rebeccakamaass@wghawks.school
 Athletic Administrator.....Matt Eichhorn
 Phone.....(515)999-8154
 Email.....matteichhorn@wghawks.school
 Athletic Secretary.....Kathy Walton
 Phone.....(515)438-4263
 Email.....kathywalton@wghawks.school
 Sports Medicine Provider.....Athletico Physical Therapy
 Golf.....David Combs
 Girls Golf.....David Combs
 Basketball.....Brent Achenbach
 Girls Basketball.....Gary Dresback
 Baseball.....Eric Evans

Girls Softball.....Jessica Wyant
 Wrestling.....Dave Smeltzer
 Football.....George Ashman
 Girls Volleyball.....Bailey Hunt
 Track & Field.....George Ashman
 Girls Track & Field.....Tyler Martin
 Cross Country.....Dave Smeltzer
 Girls Cross Country.....Dave Smeltzer
 Football Cheerleading.....Gwendolyn Martin
 Basketball Cheerleading.....Gwendolyn Martin
 Wrestling Cheerleading.....Brande Milosevich
 Speech Director.....Jennifer McDaniel
 Student Council.....Tiffany Kiernan
 Band Director.....Bryan Willer
 Vocal Director.....Jacie Ommen

XAVIER, CEDAR RAPIDS

Street Address: 6300 42nd St NE
 City: Cedar Rapids
 Zip Code: 52411
 Mailing Address: 6300 42nd St NE
 City: Cedar Rapids
 Zip Code: 52411
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Linn
 Area Code: 319
 School Phone: 294-6635
 HS Fax: 294-6712
 AD Fax: 294-6636
 Web Site: <http://www.xaviersaints.org>
 School Colors: Navy Blue & Silver
 Nickname: Saints
 Conference: Mississippi Valley
 Superintendent.....Kim Hermesen
 Phone.....(319)566-2580
 Email.....dbqsup@dbqarch.org
 Executive Coordinator.....Chris McCarville
 Phone.....(319)294-6635 x305
 Email.....chris.mccarville@xaviersaints.org

Principal.....Angela Olson
 Phone.....(319)294-6635 x304
 Email.....angela.olson@xaviersaints.org
 Asst/Assoc/Vice-Principal.....Gerry Miller
 Phone.....(319)294-6635 x303
 Email.....gerry.miller@xaviersaints.org
 Athletic Administrator.....Adam McDonnell
 Phone.....(319)294-6635 x306
 Email.....adam.mcdonnell@xaviersaints.org
 Athletic Secretary.....Pam Barta
 Phone.....(319)294-6635 x302
 Email.....pam.barta@xaviersaints.org
 Sports Medicine Provider.....Misti Thompson, LAT
 (Rock Valley Physical Therapy)
 Tennis.....Jim Potts
 Girls Tennis.....Matt Foxhoven
 Golf.....Tim O'Brien
 Girls Golf.....Julie Kadlec
 Basketball.....Mike Freeman
 Girls Basketball.....Tom Lilly
 Baseball.....Dan Halter
 Girls Softball.....Nikki Gahring
 Wrestling.....Ryan Chambers
 Football.....Duane Schulte
 Girls Volleyball.....Austin Filer
 Track & Field.....Russ Camacho
 Girls Track & Field.....Bryan Jones
 Cross Country.....Nathan Hopp
 Girls Cross Country.....Bryan Jones
 Soccer.....Amir Hadzic
 Girls Soccer.....Chris Higgins
 Bowling.....Russ Camacho
 Girls Bowling.....Russ Camacho
 Football Cheerleading.....Erica Rheinschmidt
 Basketball Cheerleading.....Erica Rheinschmidt
 Wrestling Cheerleading.....Erica Rheinschmidt
 Speech Director.....Scott Davidson
 Student Council.....Darrin Ellsworth
 Band Director.....Kelli Swehla
 Vocal Director.....Matt Walker

FREQUENTLY CALLED NUMBERS

Name _____

Address _____

Phone _____

Name _____

Address _____

Phone _____

Name _____

Address _____

Phone _____

Name _____

Address _____

Phone _____